Leisure World News

October 20, 2017 • Published Twice a Month • residents.lwmc.com/lwnews

Mutuals Find a Home on Updated Resident Website

by Stacy Smith, Leisure World

ith more than 100 residents already signed up to use the renovated resident website (resident. lwmc.com), where they are able to explore all things Leisure World, new and prospective users have yet another feature to look forward to: access to their mutual's website.

Beginning Monday, Oct. 30, residents who are signed up as a (residents.lwmc.com) user can also access a link on the site that opens to their mutual's website, where they will find a host of information about their mutual.

Each of the 29 mutuals' websites includes information, news and upcoming events that are specific to that particular mutual.

Residents can expect information added in the coming months to include bylaws and governing documents, board and committee agendas and minutes, monthly newsletters, photo galleries and more.

Any user can pass freely between the resident website

The Inter-Faith Chapel's pastor Dr. Woodie Rea prays over Buster at a Blessing of the Animals service Oct. 7. Photo by Maureen Freeman, Leisure World News. For the story, see page 2.

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Gardens at Leisure World Help Conserve Chesapeake Bay Watershed



A sign at the bioswale in Pennfield Park reminds the Grounds crew to take caution when mowing. Photo by Stacy Smith, Leisure World News

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by Stacy Smith, Leisure World News

collection of landscaping Aprojects and gardens at Leisure World is helping Montgomery County do its part to preserve and protect the Chesapeake Bay watershed, the largest estuary in the U.S.

The first of a series of bioretention swales, or bioswales as they're sometimes called, was developed in September in Pennfield Park, a grassy section of Trust property located near the intersection of the Main Gate entrance and Rossmoor Boulevard.

Made of a compost-soil mix, the bioswale is planned to connect to a handful of others in a kind of cascading design – with stormwater runoff running from one into the next – helping to collect, clean and slowly release the filtered runoff into storm drains and waterways that

lead into the Bay.

"What we're trying to do is recharge the groundwater systems by placing [swales] in proper locations to capture stormwater runoff of impervious areas, such as roofs, sidewalks and parking lots," said Bob Rieck, landscape designer and manager for Leisure World's landscaping contractor, McFall & Berry

A bioswale is constructed in low or hollow areas of land where it can more easily catch runoff. Piled rocks act as "check dams" that pool and slow the water's flow, reducing erosion. The bioswale absorbs the water quickly – within 24-48 hours ensuring that mosquitos don't have enough time to breed in it.

Soil and plants native to Maryland that are planted in and around the bioswale help filter and break down the

Faithful Friends Celebrated at Chapel

by Maureen Freeman. Leisure World News

c itting quietly on her person's lap when the prayer of blessing began, Susie, as if on cue, looked up at his face, then gently placed her tiny paw near his shoulder. Her person, Jack, smiled down at her, and her tail began daintily twitching like a feather duster.

Susie was one of about a dozen pets who came with their people to the annual Blessing of the Animals service at The Inter-Faith Chapel on Oct. 7.

Joining her were Gracie, the tiny black service dog who spent the hour looking blissful in the crook of her person's elbow; George and Ringo, a pair of orange cats who let out occasional mews from inside their enclosed stroller; and Foxy, whose person, Lorraine, said, "He's my life now."

Although the event did not include absolutions for sins. some people offered a confession of sorts – albeit tinged with pride – on behalf of their four-legged companions. Bailey, a beagle, has a nose that gets

> her into trouble. Another pooch once ate a stick of butter and a cake.

But during the service, officiated by the Chapel pastor, Dr. Woodie Rea, and his wife, Dr. Sharon Stanley, all seemed

to be on their best behavior after some initial squirming and jingling of ID tags. At the conclusion of the hymn, "All Creatures of Our God and King," Buster let out a hearty, welltimed bark.

"Thank you for the 'Amen,"

Stanley told him from across the room.

The Blessing of the Animals celebrates the Oct. 4 feast day of Saint Francis of Assisi, a Christian patron saint of animals and the environment. "These pets

are also instruments of peace, just as we are called to be," Rea said to the assembly, alluding to The Prayer of St. Francis.

For the blessing itself,

attendees were invited to bring their pet or a favorite token forward. One approached Rea holding the collar of her longtime Labrador companion, who had died just weeks earlier at

The ceremony closed with a

These pets are

also instruments

of peace, just as

we are called

to be.

..... benediction: "Go out with joy: with shouts, and bow-wows, and meows of praise! Strive to live in harmony with -Dr. Woodie Rea all of God's creation.'

Attendees

also enjoyed refreshments set out on tables in baskets and plastic dishes brimming with goodies. "Make sure you eat from the proper ones," Stanley advised. For the pets, there were biscuits and "party mix" chicken and salmon treats.

And for the humans? Goldfish and animal crackers, of course.



Residents and members of The Inter-Faith Chapel congregation gathered Oct. 7 to celebrate the companionship and cherished memories of their pets. Photos by Maureen Freeman, Leisure World News





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Leisure World N

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Leisure World News Advisory Committee

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Gardens

✓ from page 1

absorbed water's sediment and pollutants. Common pollutants found in stormwater include oil, fertilizer, pesticides, litter, animal waste and metals.

The plants have the added benefit of attracting bees, butterflies, hummingbirds and other pollinators, providing a wildlife habitat for them. Bioswales also control the flow and volume of stormwater runoff, reducing the potential for flooding, Rieck said.

RainScapes

Two rain gardens, one in Mutual 7 and the other in Mutual 11, and four conservation gardens, one in Mutual 7, two in Daffodil Park and one in Magnolia Park, also help collect and filter runoff.

A rain garden is similar to a bioswale in its intended goal, but is typically a smaller system. Conservation gardens, in addition to conserving and cleaning water, also conserve energy, reduce waste and use minimal pesticides and fertilizers.

The rain and conservation

gardens are part of Montgomery County's Department of Environmental Protection's RainScapes program. The program offers rebates, based on square footage, to communities that install RainScapes techniques, such as rain gardens, rain barrels, conservation landscaping and other approved projects that help control stormwater.





Above left, a rain garden in Mutual 7 helps manage stormwater runoff. Above right, porous pavement in Daffodil Park reduces stormwater runoff. Photos by Stacy Smith, Leisure World News

Where in Leisure World?

The tunnel shown in the Oct. 6 edition of Leisure World News crosses under the north end of Interlachen Drive, creating a crossroads of sorts for a few key parts of the community. On one side of the tunnel



sits the 3rd hole of the golf course, and on the other side, the tee-off for the 4th hole. The driver of the car crossing over the tunnel in the photo below will see Clubhouse II just ahead on the left, and the Vantage Point West high-rise on the right. Photos by Leisure World News



CORRECTION

In the Oct. 6 edition of Leisure World News, vascular surgery was listed on page 3 as a service offered by Leisure World's MedStar Health medical center. The facility no longer offers this specialty.

How to Recycle Yard Waste and Christmas Trees

by Leisure World News

As the leaves begin to fall and the holiday season approaches, residents may find that they have more yard waste than usual. Yard waste includes all organic matter, such as raked leaves and branches and holiday decorations, such as evergreen wreathes and Christmas trees.

All yard waste must be in a paper bag and weigh no more than 25 pounds per bag. Plastic bags are not accepted and are not picked up by the Grounds Department. Yard waste should not contain any plastic or other inorganic materials. Sticks, branches and brush that cannot be placed in a paper bag must be tied in a bundle with yarn.

Place all yard waste, including Christmas trees, on the nearest parking lot curb in your mutual, in a visible location. Residents who live in a high-rise or mid-rise building are asked to place their Christmas trees next to the dumpster, not in the dumpster, and call the Grounds Department at (301-598-1314).

Yard waste is picked up on Mondays and Thursdays only. Residents who need a yard waste pick up must call the Grounds Department. Please leave your name, address and phone number.

The yard waste and Christmas trees that are disposed of in Leisure World are placed into a dumpster and taken to an offsite recycling center to be ground and made into mulch as part of Montgomery County's recycled mulch program.



Photo by Leisure World News

'Why and How We Hear, and Why We Don't (As We Get Older)'

by Fred Shapiro

A ttend any event in the Clubhouse II auditorium or the Clubhouse I Crystal Ballroom, and one will see people stretching to hear the speaker and motioning to have the volume turned up.

To help residents learn more about hearing, Dr. Arthur N. Popper, a four-year resident of Leisure World, gives a lecture on Tuesday, Nov. 14, on why and how we hear, and why and how hearing changes as we get older

The program, sponsored by the Center for Lifelong Learning (CLL), is Tuesday, Nov. 14 at 2 p.m. in Clubhouse I.

The sense of hearing provides humans and other animals with a "view" of the world that is unlike that provided by any other sense. Unlike vision, hearing works in the dark, and provides infor-

mation all around the listener, rather than just in the direction he or she is facing.

Unlike taste and smell, hearing provides information about things happening a good distance from the body. As a consequence, loss of hearing can have profound effects on animals and humans since a great deal of important information about the world is no longer available.

The lecture spends time on the structure of the auditory system and how it detects sound, with a digression into the auditory systems of other animals, including fish and, perhaps, whales.

The talk also considers what we hear and the auditory system's amazing capabilities to discriminate between sounds, tell direction and extract sounds (such as speech) in noisy environments (such as restaurants). It also



Dr. Arthur Popper. Photo by Fred Shapiro

focuses on the changes that take place in the auditory system, some due to aging and some due to other factors (such as loud music).

Popper is professor emeritus and research professor of biology at the University of Maryland (www.popperlab.

umd.edu). His continuing research career has focused on the evolution of hearing and the effects on aquatic animals of man-made noise, including those produced during offshore exploration for oil and gas and the construction of offshore wind farms.

He is editor of the magazine Acoustics Today (www. acousticstoday.org) and founder and editor of a series of more than 60 books on hearing called the Springer Handbook of Auditory Research.

Popper comes from New York City and received his bachelor's in biology from New York University (the old University Heights campus) and doctorate from City University of New York, where he did his research at the American Museum of Natural History.

He and his wife Helen then moved to Hawaii, where Popper was on the University of Hawaii faculty for nine years. He then joined the Department of Anatomy at Georgetown University School of Medicine and finally, in 1987, moved to the University of Maryland as chair of the Department of Zoology (now Biology).

There is no charge to attend the program, but tickets are required. Registration begins Tuesday, Oct. 24, at 8:30 a.m. in the Clubhouse I E&R office.

For more information about all CLL courses and lectures, see (www.cllmd.com).



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Website

✓ from page 1

and their mutual's website as long as the user is signed in to either.

Each user will have access to only his or her mutual's website, rather than all of Leisure World's mutual websites.

Both the resident website and the mutual websites support all mobile devices, such as cellphones, tablets and laptops. All mutual websites are accessible to individuals with visual disabilities, and all 2017 and future documents are ADA compliant.

Resident Website Sign Up

Residents who wish to access the resident website for the first time should visit (residents.lwmc.com) and sign up on the welcome page one of two ways – by clicking on either "sign in" in the center

of the page or "resident sign in" at the top of the page.

Choosing either option takes users to a Sign In page, where they click on "Sign Up Today" and fill out a four-step, self-explanatory form with their name, address and other basic information.

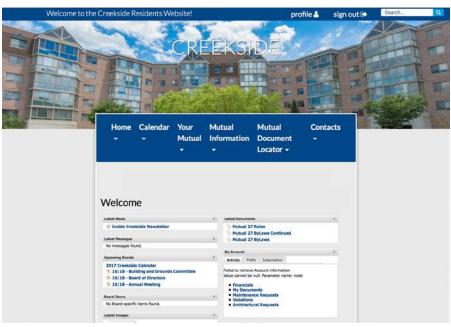
User Assistance

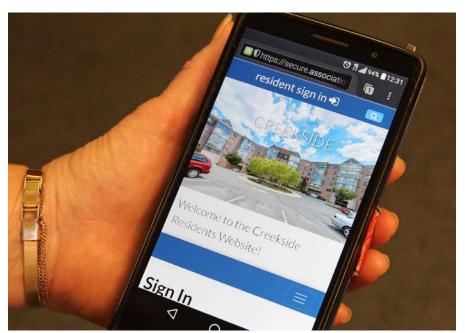
Residents who need assistance while trying to register as a user, sign in to either the resident or mutual website,

or navigate them, can call the help desk Monday through Friday, any time between 1-4 p.m., at (301-598-1029). The help desk is available through Monday, Nov. 13.

Residents can also receive help by emailing their questions or concerns to (websitesupport@lwmc.com).

The communications department will offer help sessions in the coming weeks for anyone who needs hands-on assistance.





Above left, Creekside's forthcoming website will be available to residents of Mutual 27. Above right, Creekside's welcome page is accessed via mobile device. Screenshot illustration and photo by Leisure World News

Introducing RowanLark, the Bed & Breakfast in Olney



What were we thinking? We're at that age when you think you don't want a day job any more, but you can't quite imagine not working. Your kids are launched, maybe you should move to a smaller house and start travelling... or maybe you should buy an historic mansion in Olney, turn it into a B&B and hope people want to stay there. Anyway, that's what we did.

My mother had a B&B for twenty years, which possibly made us think we knew what we were doing. If she were still living, Mom would probably say, "You don't like to cook," (to Sue) and "you don't like to get up early" (to Nancy). At least we were smart enough to do a 6-month trial of Airbnb in our Silver Spring home before taking the leap. It's sort

of like babysitting for a weekend and then ordering your own children on Monday morning.

We nearly bought two other houses before we learned that **Harold Ickes's** home, where **FDR stayed** and **Winston Churchill visited**, the largest **Sears home** in the country, was on the market. It seemed perfect, with four large guest rooms in the main house and a

two-bedroom carriage house, but we weren't sure about the location. "Oh, you have to get it!" one of our Olney friends exclaimed, "There's no place to stay in Olney and I

t et ey so

need a place for my mother-in-law."

So we bought the mansion, added a couple

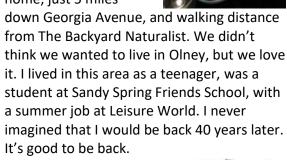


of new bathrooms, replaced the roofs, and rehabbed the huge pool. People who find us on-line book rooms for

visiting grandparents, children and grandchildren. Sometimes every space is booked for a family reunion, wedding party or other celebration. Some guests are travelling for business, others just want a

quick get-away.
RowanLark must be a magnet for **nice people** because only nice people stay here.

We are a **smoke-free**, **small-dog friendly** home, just 5 miles





Sue and Nancy Eynon Lark * 301-537-8298 * 11 Shallow Brook Court, Olney, MD, 20832 * www.RowanLark.com

GOVERNANCE & Information

☐ Emergency Preparedness Advisory

Oct. 24: MCFRS Fire Safety Forum and Live Demonstration

by Emily Geller and David Darr

n Tuesday, Oct. 24, at 10 a.m. in Clubhouse II, residents have the opportunity to learn from the experts about fire prevention and protection, and how to best protect themselves against the ravages of fire.

The Fire Safety Forum is presented by the Emergency Preparedness Advisory Committee, the Montgomery County Fire and Rescue Service (MCFRS), and the State Fire Marshal.

Speakers include Brian
Geraci, Maryland State fire
marshal; Scott Goldstein,
MCFRS fire chief; Dorcas "Dee"
Howard-Richards, director of
the Fire/Rescue Public Safety
Communications Center at
MCFRS; Jim Resnick, battalion
chief (retired) and program
manager of Senior Outreach
and Education at MCFRS,
and Dr. James Munger of the
National Fire Academy.

The program's finale, held in

the parking lot of Clubhouse II, is a dramatic demonstration of the efficacy of installed sprinklers to douse residential fires.

A new product, Automist by Plumis, can serve as an alternative to sprinklers for homes that do not have sprinklers.

Residents may ask questions of the speakers immediately after their presentations. Attendees can also pick up handouts to help in their own fire safety planning.

The Fire Safety Forum is free, although tickets are required. Tickets are available at the Clubhouse I E&R office. Residents are invited to bring a family member from outside the community.

Remember that for entrance into Leisure World, either the guest must have a guest pass, or the resident must call the Main Gate at (301-598-1044) in advance of the event, to give the guest's name. And, of course, the resident should obtain an additional ticket for the guest.

Oct. 28: Community Shredding Day

It's time to shred. Leisure World is hosting a Community Shredding Day on Saturday, Oct. 28, from 10 a.m.-1 p.m. Shredding trucks will be located in the Administration Building parking lot.

This is a great opportunity to reduce paper clutter in your home and free up space by permanently destroying outdated or unwanted files and documents. You can bring your papers and watch them get destroyed on the truck right in front of you.

Do not bring the following items: newspapers, brochures and magazines that go in your regular recycling; batteries; media of any kind; hanging folders; or large metal objects.

For more information, contact the E&R office in Clubhouse II at (301-598-1320).

Dial 301-598-1313 for recorded Daily Events

2017 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting
The Oct. 20 meeting airs on
Oct. 25, 26 and 27.

Board of Directors Meeting The Oct. 31 meeting airs on Nov. 6, 8 and 10.

Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com

■ Foundation of Leisure World

Foundation Seeks New Board Member

by Bob Stromberg

The Foundation of Leisure World has a vacancy on its board of directors and is requesting applications from residents who would like to serve.

If interested, please submit a letter and a short biography to the Clubhouse I E&R office by Friday,

Dec. 1. Please include your activities within Leisure World, such as participation in clubs, organizations or governance. Interviews will be arranged.

The Foundation of Leisure World is a 501(c)(3) organization that was established for charitable, health, educational and cultural purposes. It helps

subsidize other organizations and events at Leisure World, such as Fireside Forum, and has purchased items for the community, including a grand piano and audio-visual equipment.

Contributions to the foundation may be claimed as deductions on income tax returns to the extent permitted by law.

Interested in advertising with us? Email lwnewsads@lwmc.com for information

Committee Seeks More Members

by Kathy Viney

The Insurance Advisory Committee would like more residents to join the committee.

The Insurance Advisory
Committee meets quarterly
to review and consider issues
of claims, costs and coverage
under Leisure World of
Maryland's master insurance
policy, and, where appropriate, to make recommendations to the Leisure World
Community Corporation
(LWCC) board of directors.

A proposal that the committee's charter add "general business experience and experience in condominium and HOA management" as a preferred qualification for members is pending before the Leisure World Community Corporation LWCC board of directors.

Residents who are willing to serve and believe their experience could be an asset to the committee are asked to pick up an advisory committee nomination form from their mutual assistant and submit it to their mutual's president before Friday, Oct. 27.

Residents' Insurance

The Leisure World master policy provides coverage for, among other things: wind-driven rain, land-scaping, back up of sewers and drains, and "boiler and machinery", which covers of pressure-driven, mechanical, and electrical equipment (including street lights and elevators).

The master policy also provides "all-in" coverage, a less common type of policy covering not only the general and limited common elements throughout the community and the basic structure inside units, but also the additions, alterations, improvements and betterments installed inside units at the unit owner's expense.

The committee suggests

that residents relay this information to their personal homeowner's insurance agent because it can affect the policy's extent of coverage, and may lower costs.

Insurance Presentations

Who pays for what after a leak, fire, or other event is a difficult consideration for many mutuals, and sometimes the most misunderstood and contentious.

Residents who think their mutual's board or membership would benefit from a presentation conducted by USI agents on basic insurance coverage, mutual versus resident responsibilities, or some other specific topic, are asked to have a board member from their mutual or their property manager contact Theresa Melson at (703-205-8753) or (Theresa.melson@usi.com).

T-Mobile Reception Gets Boost

Those who use T-Mobile as a cellphone service provider may have noticed improved connectivity in their calls in recent weeks.

In early October, reception was boosted with the completion of a project to install antennas and connected cables on the roof of Vantage Point East.

In February 2016, a study of cellphone reception within Leisure World found pockets of poor connectivity for some providers.

– Leisure World News

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THOUGHTS & OPINIONS: From Our Residents

A Few Things to Remember

Relevance: Make sure that your submission is relevant to

the LW community as a whole and not to just one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

Brevity: Being concise will ensure that your opinion will

have maximum impact.

Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but

only if the facts are accurate.

Ownership: All submissions are subject to editing but you

will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers

Five Decades of Leisure World

eisure World was still ✓ very much a work in progress in 1975, when I got one of my first summer jobs - cleaning house for a retired couple. I had no idea that my intermittent association with this community would continue over the next four decades. I returned to Leisure World in the late 1980's as

a hospice nurse. I visited patients all over Montgomery County for about twenty years and there was a wide diversity among my patients.

Some lived in very wealthy neighborhoods while others lived much more modestly. Some areas felt safe in the middle of the night, others didn't. However, my Leisure World patients told me that they always felt safe. And I always felt welcome.

Guards at the gates knew the hospice teams and we entered expeditiously. Our patients seemed well supported and, without exception, the families I worked with said they were happy that they made the choice to live in Leisure World.

This past July I bought a condo in Leisure World where my sister now lives. It's been nearly four decades since we've been able to see each other on such a regular basis.

In August, two other friends moved to Leisure World and another friend has a move planned for spring of 2018. I haven't worked as a nurse in several years, but I find Leisure World just as welcoming, just as safe.

My sister, who has limited mobility, has more freedom at Leisure World than she has had in ages.

Instead of narrowing her world, as one might expect, Leisure World has opened it and given her independence she did not have in a traditional condominium setting. Whether it's by shuttle bus or her new scooter, she can get to the supermarket or clubhouses without fear of being run over on a busy street. She has met many of her new neighbors and some have even given her rides.

In 1975 Leisure World was still full of muddy, unfinished construction sites and I was in denial that "old age" would ever happen to me.

Now I am rubbing elbows with 60, and Leisure World has matured into a beautiful community.

Although my partner and I don't live in Leisure World (yet), we do feel that we are becoming a part of the community – having dinner at the clubhouse, hosting out-of-town families and visiting friends.

We'd both just like to say thanks for being there.

– Sue Eynon Lark

Leisure World News

Submitting an Item to **Thoughts & Opinions**

- 1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
- **2.** Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- **4.** LW News cannot guarantee when or if a submission will be published.
- 5. See LW News Guidelines and Board Standing Rules at www.residents.lwmc.com.





OCTOBERFEST

OCTOBER 20TH CRYSTAL BALLROOM 5 PM \$35

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The Annual Fally (Bal)

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- 5:00 p.m. Doors open; cash bar available
- Dinner with a choice of Beef • 5:30 p.m.

tenderloin or Crab cakes

• 6:30-9:30 p.m. Dancing

\$68.00 per couple and \$34.00 for singles. Reservations are required to attend and are accepted through November 15 by Billie Saunders at:

(301-822-4116) or at (jbsaun2@aol.com)

Make checks payable to: Perrie LLC

Mail to: Billie Saunders

15100 Glade Drive, Apt. 11-2A

Silver Spring, 20906

THANKSGIVING DINNER

CRYSTAL BALLROOM

Thursday, November 23

\$27 plus tax and gratuity:

- hand-carved roasted turkey breast
- sliced beef tenderloin medallions
- fresh broiled salmon
- hand carved honey ham
- fresh steamed green beans almandine
- mashed potatoes and

For reservations, please call: 301-598-1330

Seating times: 12:30 pm

3:00 pm 5:30 pm

- homemade traditional bread dressing
- whipped sweet potatoes
- caramelized brussels sprouts
- fresh steamed broccoli and cauliflower
- seasonal salad station
- assorted cakes and pies



(New Year's Eve 2017

Crystal Ballroom

MICHAEL BINDER AND SWING'N ON A STAR



Buffet dinner and ballroom dancing appetizers, dessert, and champagne toast

\$45 per ticket Stop by the restaurants to purchase tickets at your convenience

Clubhouse Grille Hours: Wednesday – Saturday: 4 p.m. – 10 p.m. | Brunch, last Sunday of each month: 10 a.m. – 3 p.m. Stein and Terrace Room Hours: Sunday: 9:30 a.m. – 8 p.m. | Monday – Tuesday: 9 a.m. – 8 p.m. | Wednesday – Saturday: 9 a.m. – 9 p.m. For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

EVENTS & Entertainment

- Education and Recreation Department
- Foundation of Leisure World

Oct. 27: Halloween Celebration



Rise Band and Show, courtesy photo

Join the fun at a Halloween celebration on Friday, Oct. 27, in the Clubhouse I Crystal Ballroom. Sponsored by the E&R department and the Foundation of Leisure World, the evening features light refreshments and

a cash bar as well as entertainment by Rise Band and Show.

Attendees are encouraged to wear their finest Halloween costumes and participate in a contest to award those with the best outfits. Doors open at 6:30 p.m.

Rise Band and Show plays some of your favorite music from 7:30-10 p.m. The eight-piece ensemble performs R&B, Motown, classic oldies, jazz and soul music. The band is joined by energetic vocalist Tennyson Price. Nicknamed the "Entertainer," Price loves to interact with the crowd and keep you on the dance floor.

Trumpet player Ernest
Bennett formed the Rise Band
in 1975 after he learned to
play the song "Rise" that had
been recorded by Herb Alpert.
Through the years, "Show"

was added to the band's name because of the entertainment element that vocalist Price added to the band's performances.

Some of the ensemble's musicians have shared the

the "Duke of Earl,"
Gene Chandler;
Percy Sledge and
Little Sonny
Warner as well
as opening for
a "Temptations
Revue."

Bennett says that the biggest highlight of his life was when, while performing at the Capitol Hill Hyatt in Washington, D.C., in 2008 for a Black History celebration, the great jazz legendary trumpet player and historian Wynton Marsalis joined in as they played "Brick House."

When the Rise Band and Show comes to town, it's always a party, so get ready to groove and show off your moves. Tickets are \$20 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

Refreshments are provided by the Foundation of Leisure World. ■ Ballroom Dance Club

Oct. 28: Halloween Dance with The Helmut Licht Trio

by Joyce Hendrix

The Saturday, Oct. 28, dance is 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Due to a scheduling conflict, The Helmut Licht Trio will replace Swing'N On A Star.

Licht, a former Arthur Murray dance instructor, and his musicians were voted one of the top three favorite 2017 musical groups by the Ballroom Dance Club. Their music is played in strict ballroom dance tempo.

Come in a Halloween costume if you wish.
Prizes will be awarded for the top individual and couples costumes. For those not wearing a costume, the dress code remains jackets and ties for the gentlemen and dressy outfits for the ladies.

The cost per dance is \$10 for members, \$15 for guests. Guests must be residents or invited by a Club member.

Please make your reservations with Irmgard Patrick at (301-598-2984) prior to the dance to ensure a seat at the table of your choice.

General Information

All ballroom dances feature live music playing all types of strict ballroom tempo dance

music, including waltz, fox trot, swing, rumba, samba, tango and occasionally a polka or two. Dances are usually held on the fourth Saturday of the month, January through November, from 7:30-10:30 p.m.

Perrie, LLC sponsors a ballroom dance on

Saturday, Dec. 2, with music by The Tony Luciano Band, and a New Year's Eve dance. Both dances require prepaid reservations. See the restaurant ad in this edition for details. Drop by one of the restaurants or call (301-598-1330) or (301-598-1331) to make your reservations.

Coming in 2017

The E&R Department is pleased to provide the following programs.

Oct. 27, 7:30 p.m. Halloween Dance with Rise Band and Show

Nov. 8, 7 p.m. Starvation Army Band

Nov. 18, 9 a.m. Holiday Arts & Crafts Fair Nov. 30, 1:30 p.m. Steven Friedman: Broadway Musical

Milestones
Dec. 1, 6 p.m. Academy of Music Student Piano and

Vocal Recital

Dec. 2, 5 p.m. Academy of Music Student Piano and Vocal Recital

Dec. 3, 6 p.m. Academy of Music Student Piano and

Vocal Recital
Dec. 8, 10 a.m.
St. John's Episcopal School – Holiday

Concert

Dec. 9, 7 p.m.

Akhmedova Ballet Troupe – The

Dec. 9, 7 p.m. Akhmedova Ballet Troupe – The Nutcracker

Dec. 17, 2 p.m. Olney Big Band
Dec. 18, 7 p.m. Pianist Thomas Pandolfi – Holiday

Concert

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

Leisure World News

■ Fireside Forum

Nov. 5: The FDA and the Safety of Our Food Supply

by Jonas Weiss

In the 19th century, food was commonly adulterated with various dangerous materials to

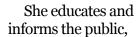
mask spoilage, impart colors or incorporate cheaper materials. The U.S. currently has a much safer food supply, thanks in large part to the U.S. Food and Drug Administration.

At a Sunday, Nov. 5,
Fireside Forum program,
Victoria Donnelly, an
FDA public affairs specialist,
discusses the basics of
the FDA's role in food
safety, including inspections, imports, recalls,
response to the outbreak
of foodborne illness, and
the impact of the Food Safety
Modernization Act.

Victoria Donnelly,
courtesy photo

Donnelly provides communications assistance, responding to consumer and media inquiries, speaking and exhibiting on behalf of the FDA at outreach

events, and strengthening relationships with local media, federal, state and local partners to advance and disseminate public health messages and information.



regulated industries, trade media and underserved communities about FDA activities

regarding food, drugs and other products that it regulates. The program is at 2:30

p.m. in the Clubhouse II auditorium. Rosalind Kipping is the host for the speaker.



Nov. 8: The Starvation Army Band

The Education
and Recreation
Department is pleased to
welcome The Starvation
Army Band to Leisure
World for a performance
on Wednesday, Nov. 8, at
7 p.m. in the Clubhouse
II auditorium.

For Leisure World,
The Starvation Army
Band plays an eclectic mix of
Dixieland and swing music,
as well as some klezmer and
novelty tunes, that the band is
sure you will enjoy.

The Starvation Army Band (SAB) was founded in 1989 as an offshoot of the Columbia Concert Band, and specializes in Dixieland jazz. Its founder, Jim Fozard, thought that the quirky moniker would elicit amusement, and perhaps some sympathy from an audience that might not quite know what to expect from the band.

Since then, the band has



The Starvation Army Band at the Howard County Historical Society Museum. Courtesy photo

broadened its repertoire to include klezmer and swing. The band performs throughout the Baltimore-Washington area, including regular appearances at the Columbia Lakefront concerts, Columbia Festival of the Arts, Vantage House, the Longfellow July 4 parade, and the Hebrew Home of Greater Washington. All members pursue day jobs along with performing the music they love.

Tickets are \$7 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.



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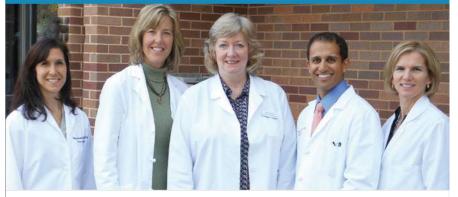
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From left: Kathryn A. Balestino-Estes, AuD., Cynthia Chrosniak, M.D., Jane Cooke, AuD., Nicholas Mehta, M.D., Heather Schwartzbauer, M.D.

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■ Arts In Motion (AIM)

Nov. 10: Sharón Clark Quartet

by York Van Nixon III

¬ afé AIM's favorite lady of jazz returns Friday, Nov. 10. "You can't underestimate the transformation of what seems like an ordinary song when an interpreter like Sharón Clark tears it apart and peers inside," wrote Stephen Holden in a 2013 New York Times music review.

Tickets are \$20, checks only, payable to AIM, and are on sale at the Clubhouse I E&R office. The price includes hors d'oeuvres and snacks. Cocktails begin at 6 p.m., and the show starts at 7 p.m.

Winter Solstice Party

Café AIM closes out 2017 with a meal and concert on Friday, Dec. 8, at 5 p.m. in the Clubhouse I Crystal Ballroom. Tickets, \$20, are available daily beginning Monday, Nov. 13, between 10 a.m.-2 p.m. in the Clubhouse I lobby.

The price includes dinner, champagne and the Bob Murad Quartet.

People reserving tables must provide the names of their



Sharón Clark, courtesy photo

guests. Reserved tables of eight or more are limited to members

Only those who are on the dinner list will be admitted to the Ballroom between 5-6:45 p.m. Tickets are not transferable. For more information, contact York at (301-364-6445).

To join or view upcoming shows, visit AIM's website at (AimArts.net).

■ Education and Recreation Department

Nov. 30: Broadway Musical Milestones

S teve Friedman returns on Thursday, Nov. 30, at 1:30 p.m. in Clubhouse I

for his continuing series of programs on the history of Broadway. He uses song and lecture to delve into how **Broadway musicals** have developed over the decades.

Certain musicals changed things in their times and had an impact on

the future of the Broadway musical. Friedman demonstrates how these special musicals influenced our culture and vision of what a Broadway

musical could be.

A Washington, D.C., resident, Friedman is a trained

classical tenor and has performed many musical theater roles. It was through performing in musicals and his love of musical theater that he developed a desire to lecture on the history and development of the Broadway musical.

Tickets are \$5 per person and go on sale on Tuesday, Oct. 24, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.



Steve Friedman. Photo by Leisure World News

Nov. 9: 'Above and Beyond'

by Jonas Weiss

ewish Residents of Leisure World (JRLW) and Coming

of Age in Maryland present the movie "Above and Beyond" (2014, 1 hour 30 minutes, documentary, not rated) on Thursday, Nov. 9, at 1:30 p.m. in the Clubhouse II auditorium. A discussion follows the screening.

In 1948, three years after the liberation of the

Nazi death camps, a group of Jewish-American pilots answered a call for help. In secret and at great personal risk, they smuggled planes out of the U.S., trained behind the Iron Curtain in Czechoslovakia, and flew to Israel to join in the country's War of

Independence.

This ragtag band of brothers turned the tide of the war and embarked on personal journeys of renewed Jewish pride. Their story is a fascinating, little-known tale filled with heart, heroism and high-flying chutzpah.

Tickets, \$7 per person, are available beginning

Tuesday, Oct. 24, at 8:30 a.m., at the Clubhouse I E&R office. Checks, only, should be made payable to JRLW. All residents are welcome.

■ Education and Recreation Department

Thursday Afternoon at the Movies

Nov. 16: 'Fences'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the

Clubhouse II auditorium. On Nov. 16, the presentation is "Fences" (2016, 2 hours 19 minutes, drama, PG-13 for thematic elements, language and some suggestive references).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, Oct. 24, at 8:30 a.m. Please bring your Leisure World ID

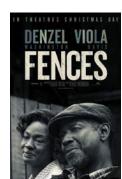
Working as a trash collector in

1950s Pittsburgh, Troy Maxson (Denzel Washington) struggles to raise his family while trying to transcend the bitter experience

> of being a talented baseball player denied the opportunity to play in the majors because of his race.

Based on the play "Fences" by August Wilson, the film also features Viola Davis as Rose and Jovan Adepo as Cory.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.



PLEASE, NO CASH

ABOVE AND BEYOND

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover).

When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



2017 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available					
Oct. 29, 2 p.m.	Loving	SOLD OUT					
Nov. 16, 1 p.m.	Fences	Oct. 24					
Nov. 26, 2 p.m.	Wild Oats	Nov. 7					
Dec. 10, 2 p.m.	Manchester by the Sea	Nov. 21					
Dec. 28, 1 p.m.	Rules Don't Apply	Dec. 5					
Movies are subject to change.							



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HEALTH & Fitness

■ Low Vision Support Group

Group to Offer Free Bone Builder Classes

by Larry Cohen

World.

As people age, their bones become more brittle.

That is why the Low Vision Support Group has teamed up with Montgomery County to bring free bone builder classes for visually-impaired people to Leisure

The classes were developed by Tufts University to strengthen bones, stretch muscles and improve flexibility and balance.

The class works on both the upper and lower body, but

attendees may skip any exercise that is uncomfortable or violates a medical restriction.

Class meets twice a week for one hour. In the fall, the group hopes to make these low impact exercise

classes available to all residents.

Number of classes and their size depends on resident interest. The

group needs as many interested people as possible to make the classes a success.

If interested, please call Larry Cohen at (301-288-7616) or Jane Sheehan at (301-598-2131).

■ Health Advisory Committee

Pain Management, Fall Prevention and Men's Health Issues

by Sandra McLeskey

n Wednesday, Oct. 25, Dr. Fariba Shah, a physiatrist at MedStar Health medical center, speaks on pain management at noon in Clubhouse I.

On Thursday, Oct. 26, Dionne Hawkins MPT, director of the MedStar NRH Rehabilitation Network at the medical center, gives an interactive presentation on fall prevention at 1:30 p.m. in Clubhouse I.

Free tickets are available for both presentations, but Hawkins' presentation is limited to 35 participants because of its interactive nature

Men's Health

On Monday, Nov. 6, at 1 p.m. in Clubhouse I, urologist Dr. Anup Vora speaks on benign prostatic hyperplasia and erectile dysfunction – two problems that affect many older men.

Benign prostatic hyperplasia is a condition in which the prostate gland enlarges as a man ages, which in many cases can lead to obstruction of urine outflow and/or incontinence.

According to the National Institutes of Health, some degree of benign prostatic hyperplasia is present in 80-90 percent of men age 70 and older.

Erectile dysfunction is a condition that can have many causes, but which can have a profound effect on a man's quality of life.

Vora is a board-certified urologist who treats many male urologic problems, including bladder control issues, benign prostatic hypertrophy, erectile dysfunction and urologic cancers.

Oct. 23, Nov. 3: MedStar Holds Final Flu Clinics

by Leisure World News

F lu clinics, provided by the MedStar Visiting Nurse Association, are held in the Clubhouse I Crystal Ballroom from 9 a.m.-12:30 p.m. on Monday, Oct. 23 and Friday, Nov. 3.

Regular and high-dose flu vaccines are available at no cost to seniors with traditional Medicare Part B as their primary insurance.

Please bring your Medicare card, insurance card and photo ID. Residents without Medicare also can receive a vaccine, \$30 for a regular dose vaccine and \$65 for a high-dose vaccine.

Pneumonia vaccines are also available at the clinics and are covered by Medicare. The cost for residents without Medicare ranges from \$100-200, depending on the type of vaccine. A prescription is not necessary, but residents should discuss with their physicians which pneumonia vaccine would be appropriate for them to receive.

■ Health Advisory Committee

Oct. 28: Prescription Drug Take Back Day

by Mary Wells

F or the safety and convenience of its residents and guests, Leisure World has been designated as an official site for National Prescription Drug Take Back Day.

The next Prescription Drug Take Back Day is Saturday, Oct. 28, from 10 a.m.-2 p.m. at MedStar Health medical center's pharmacy (3305 North Leisure World Blvd.).

Residents who have discontinued, outdated or unused medications are encouraged to safely dispose of them at the pharmacy's drop-off location.

Medications can pose a significant health hazard if ingested by accident or misused.

The disposal service is free and anonymous with no questions asked. Keep in mind that needles, sharps, asthma inhalers and illicit drugs are not accepted at the drop-off location.

Members of the Health Advisory Committee, pharmacy staff and an officer from the Montgomery County Police Dept. are in attendance during the collection. The police transport the medications to an authorized disposal facility.

Leisure World's first official Drug Take Back Day was held in April, and the response from residents far exceeded expectations. The Health Advisory Committee hopes to have a similar response at the fall collection.

The Health Advisory
Committee and the MedStar
Pharmacy worked with the
Montgomery County Health
and Human Services Dept.
and the Montgomery County
Police Dept. to implement
the Prescription Drug Take
Back Program at Leisure
World.

The National Drug Enforcement Agency implemented a National Prescription Drug Take Back Day in 2010. Each year, two days are designated as drug take back days – one in April and one in October.

■ Patients Rights of Leisure World

Nov. 8: 'The One Who Has Hope Lives Differently'

by Mary Ann Johnston

The next meeting of the Patients Rights Council of Leisure World is on Wednesday, Nov. 8, at 1:30 p.m. in Clubhouse I.

The speaker is Mary Forr, Director of Life Issues for the Archdiocese of Washington. She discusses end-of-life issues during her presentation, "The One Who Has Hope Lives Differently."

Forr spoke to the Council in September about physician-assisted suicide, its effects, and the misconceptions about it.

Forr has stated that

assisted suicide means a deliberate act to end one's life; assisted suicide does not mean the refusal of burdensome treatment, utilizing pain management and palliative care or allowing natural death to take its course.

She received a bachelor's in political science and philosophy and a master's in education from the University of Notre Dame.

All residents and guests are welcome and encouraged to attend the Council's informative talks. Please visit the Council's table at the Community Fair on Wednesday, Oct. 25.

■ Stroke Support Group

Nov. 8: Vascular Neurologist Speaks at Meeting

by Sally MacDonald

The next meeting of the Stroke Support Group is on Wednesday, Nov. 8, at 1:30 p.m. in Clubhouse II. The speaker is Dr. Bilaal Sirdar, vascular neurologist at MedStar Montgomery Medical Center (MMMC).

Sirdar works in the emergency room and throughout the hospital, which takes a comprehensive approach to stroke diagnosis, treatment and rehabilitation and is certified as a Primary Stroke Center in Maryland. Sirdar was unable to attend the Group's September meeting as four emergency stroke cases arrived at MMMC just as the meeting was due to begin.

The Group looks forward to welcoming Sirdar on Nov. 8, as usual, the second Wednesday of the month.

One strength of the Stroke Support Group is the sharing of experiences, useful and interesting, such as one member's startling account of her stroke-induced aphasia (lack of ability to speak), which seemed to be ameliorated by a second stroke.

All residents are welcome to attend the group's meetings. For more information, contact chairwoman Sally MacDonald at (240-669-4233).

■ Compassion and Choices of Leisure World

Nov. 14: Emergency Medical Services Program



A new ambulance at Station 25 in Aspen Hill. Courtesy photo

by Rosalind Kipping

C ompassion and Choices of Leisure World holds its next meeting on Tuesday, Nov. 14, at 2 p.m. in Clubhouse I. The program is provided by the Montgomery County Fire and Rescue Service (MCFRS).

Come learn about the laws and rules governing MCFRS, such as standard procedures of care, medic training and 911 operations. A question and answer period follows the presentation.

MCFRS has received several awards and recognitions this year, including the prestigious Congressional Fire Services Institute and Masimo Excellence in Fire Service award.

MCFRS provides some of the best equipment and apparatus available. Several new ambulances are at Station 25 (Aspen Hill) and other stations near Leisure World.

Information on a wide variety of end-of-life issues is always available at meetings. Come early to review the resource tables and take away whatever you find useful. The new issue of the Compassion and Choices magazine is available.

Annual dues are \$2, and the group's new fiscal year began on Oct. 1. To renew membership or become a member, please bring \$2 to the Nov. 14 meeting, and receive a high-quality Compassion and Choices shopping sack.

All Compassion and Choices meetings are open to residents and their guests. Everyone is always welcome.

Rosalind Kipping is available at (rozkipping@comcast. net) or (301-598-4171).



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FISH Houses Lost and Found

ISH lends donated medical and assistive equipment to residents and employees of Leisure World. FISH urges people to clean equipment and have a therapist check it out.

We try not to accept broken equipment.

Lost and Found

FISH also houses the

community's lost and found. Bear in mind that some of the mutuals, especially those with an office on site, may also have found items.

Misplaced keys frequently turn up at the FISH office, so volunteers recommend placing a tag on your key or key ring with your name and phone number listed.

Another good tip is to put an address sticker on your

umbrella, cane or anything you might accidentally leave behind.

Club Information

FISH is an all-volunteer organization. The office is located in Clubhouse II and open Monday to Friday, from 10 a.m.-4 p.m. The office is closed on major holidays.

The office number is (301-598-1345). If no one is in the office, the phone call forwards

to the E&R office, and a staff member there can often help.

Want to Help?

Residents considering volunteering for FISH are encouraged to come in for a session with one of FISH's trainers. Once volunteers feel comfortable, they are added to the sub list. For more information, call Beth Leanza, president, at (301-598-4569).

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Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be able to participate in a twice-monthly bereavement support group that meets on the first and third Tuesday of the month, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. Hospice Caring Inc. sponsors group meetings. Registration is required. If interested, please call Anne Baker at (301-990-0854).

Essential Tremor Group: The next meeting of the ET group is Thursday, Nov. 2, at 10:30 a.m. in Clubhouse I. The group meets the first Thursday of the month.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The next meeting of Memory Café is Thursday, Oct. 26. Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. For more information, contact Lindsey Vajpeyi at (240-428-1342) or (lvajpeyi@alz.org).

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Leisure World News is available at leisureworldmaryland.com

The Karen Rollings Team







Kathy Workman



Sherry Felice

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3500 FOREST EDGE DR #15-2A	LEISURE WORLD	Garden 1-4 Floors	3	2	\$174,900	\$160,000	\$0
3310 LEISURE WORLD BLVD #317	LEISURE WORLD	Hi-Rise 9+ Floors	2	2	\$188,500	\$185,000	\$0
3184 ADDERLEY CT #240-F	LEISURE WORLD	Townhouse	2	2.5	\$150,000	\$152,500	\$4,575
3673 LEISURE WORLD BLVD S	MONTGOMERY MUTUAL	Townhouse	2	3	\$149,900	\$147,000	\$0
3486 CHISWICK CT #41-H	MONTGOMERY MUTUAL COOP	Townhouse	2	3	\$158,900	\$147,700	\$0
3320 GLENEAGLES DR #68-1B	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$85,000	\$83,000	\$0
3376 CHISWICK CT #52-1B	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$54,900	\$54,000	\$0
3378 CHISWICK CT #52-1H	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$54,900	\$56,000	\$0
3360 GLENEAGLES DR #71-2B	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	2	1	\$99,500	\$95,000	\$0
3309 DENSMORE CT #202-A	ROSSMOOR MUTUAL #10	Duplex	3	2	\$334,900	\$325,000	\$0
3126 BECKENHAM CT #250-C	ROSSMOOR MUTUAL #11	Other	1	1	\$79,000	\$76,000	\$0
15100 GLADE DR #11-1F	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	1	1	\$125,000	\$115,000	\$0
3500 FOREST EDGE DR #15-1C	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	2	2	\$139,900	\$140,000	\$0
3204 GLEN EAGLES DR #109-C	ROSSMOOR MUTUAL #8	Townhouse	2	2.5	\$175,000	\$175,000	\$0
2921 LEISURE WORLD BLVD #1-201	ROSSMOOR MUTUAL 22	Mid-Rise 5-8 Floors	1	1.5	\$103,000	\$103,000	\$200
15101 INTERLACHEN DR #1-201	THE GREENS	Hi-Rise 9+ Floors	2	2	\$173,500	\$157,500	\$3,000
15107 INTERLACHEN DR #2-1005	THE GREENS	Hi-Rise 9+ Floors	2	1.5	\$149,500	\$149,000	\$0
15101 INTERLACHEN DR #1-904	THE GREENS	Hi-Rise 9+ Floors	2	2	\$235,000	\$230,000	\$0
15100 INTERLACHEN DR #917	THE GREENS	Hi-Rise 9+ Floors	2	2	\$190,000	\$189,000	\$0
15107 INTERLACHEN DR #2-618	THE GREENS	Hi-Rise 9+ Floors	2	2	\$229,000	\$226,000	\$0
3200 LEISURE WORLD BLVD #309	VANTAGE POINT EAST	Hi-Rise 9+ Floors	2	2	\$299,990	\$275,000	\$0
3200 LEISURE WORLD BLVD #804	VANTAGE POINT EAST	Hi-Rise 9+ Floors	2	2	\$332,000	\$332,000	\$2,000
3210 LEISURE WORLD BLVD #202	VANTAGE POINT WEST	Hi-Rise 9+ Floors	2	2	\$219,000	\$190,000	\$0
14809 PENNFIELD CIR #314	VILLA CORTESE	Garden 1-4 Floors	1	1.5	\$149,000	\$135,000	\$0



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CLUBS, GROUPS & Organizations

■ Amateur Radio Club

Club Provides Logistical Support for Community Walk

by Alan J. Goldstein

The fall community walk took place on Oct. 6, with the Amateur Radio Club providing logistical support, as well as manning the water station at the halfway mark.

Walkers assembled in Clubhouse I, and after a 15-minute pre-walk stretch, left to walk the 3.2 miles around the length of Leisure World Boulevard.

Club members manned positions along the route. One Club member kept ahead of the walkers on bicycle, two were in cars, while others joined the walkers on foot.

Keeping in Touch by Radio

Club members kept in constant contact using hand held transceivers on the amateur two-meter band, and kept each other posted on the positions of the walkers. As one might expect, several participants were well ahead of the pack, while most were in a tight crowd in the middle, with a few stretched out in the rear.

With Club members at many positions, both fixed and mobile, everyone was kept apprised on the positions of all walkers. Fortunately, the walk was without incident, and many participants gathered in Clubhouse I at its conclusion.

In addition to providing assistance with the spring and fall community walks, the Amateur



Walkers pass by the entrance to The Overlook during the community walk Oct. 6. Photo by Alan J. Goldstein

Radio Club assists with other events, including the July 4 parade.

General Information

The Amateur Radio Club meets on the second Tuesday of each month at 1 p.m. in the Clubhouse I Stein Room. The Club has a fully equipped ham shack in the basement of Clubhouse I, and several antennas towering over the roof.

Whether you are a licensed amateur radio operator or an aspiring one, or just interested in learning about this exciting hobby, please call Bryan West, K2BW, president, at (301-598-0137).



Amateur Radio Club members monitor the water station. Photo by Alan J. Goldstein

New Conversation Group Forming

by Laurie Burdick

A new discussion group is forming with the purpose of discussing pertinent and current topics of the day.

Though in its infancy, some guidelines are in place: this is not a debating group or a format for members to bring anything but information to their peers. Topics will focus on principles of any given subject, from "should all American citizens serve in the armed forces," to "the purpose of the Electoral College."

The group meets on Wednesday, Oct. 25, at 1:30 p.m. in Clubhouse II. If you enjoy delving deeper into issues and have a yearning to understand a miscellany of topics, then this group is for you!

For more information, contact Phil Wendkos at (pwendkos@gmail.com).

■ Arts In Motion (AIM)

Group Is More Than Just Jazz Music

by York Van Nixon III

When someone hears "AIM," he or she usually thinks of Café AIM, namely the group's monthly concerts featuring some of the best jazz musicians in the business. But, Arts In Motion (AIM) is more than the community's impresario.

AIM members reach out to the community to encourage and promote all genres of the arts. Visit the group's website at (AimArts. net) to learn about POETEST 2017, a poetry contest for high school seniors.

Become a member and receive regular updates on the Arts In Motion Scholarship Fund. AIM provides tuition assistance to deserving students enrolled in fine arts programs.

See the Events and Entertainment section of this publication to check out the latest musical offerings from Café AIM.

■ LW Chorale

Tickets Still Available for Chorale Performance

Don't forget to get tickets for the LW Chorale performance on Saturday, Nov. 4, at 7 p.m. in the Clubhouse II auditorium. The Chorale performs a repertoire of popular show tunes and favorites from earlier years, including selections from "South Pacific" and "Les Misérables."

The performance also includes several solo performances by accomplished vocalists. The Chorale is conducted by Connie Graber and accompanied by Elaine O'Leary on piano. Tickets are \$5 and can be obtained at the Clubhouse I E&R office and, if still available, at the door. Payment is by check only, payable to the LW Chorale.

– Sandra McLeskey

Transportation Takes Competition Spotlight

¬he monthly competition of the Rossmoor Camera Club takes place on Tuesday, Oct. 24, at 7 p.m. in Clubhouse II. The contest theme is transportation.

Judge Wayne Wolfsberger will judge images depicting modes of transportation in action in both the general and advanced categories - prints and digitals. Wolfsberger is an ecologist-naturalist, educator and well-respected professional nature photographer in the Washington, D.C.,

His photographic expertise was honed while working for a D.C., area commercial photography firm, the U.S. Navy Photographic Center, and during his 14 years working in Yellowstone National Park, as well as during his involvement in numerous professional seminars and workshops.

Wolfsberger is a member of the North American Nature Photography Association, the National Association for Photoshop Professionals, the Vienna Photographic Society and the Northern Virginia Photographic Society, for which he served as vice president and president.

Wolfsberger has delivered numerous and varied photographic programs for many local groups in the Washington metropolitan area, the Southern Appalachians, and internationally in the U.K. and Australia. Many of his images have appeared in local, national and international magazines, on calendars and postcards, and exhibited and sold as fine art prints.



"Big Bird, Little Bird" by Paul Lipson

November Meeting and Competition

At the Club's meeting on Tuesday, Nov. 14, Marie Joabar presents an educational program on DSLR photography basics.

Joabar is a founder of the Capital Photography Center. Owners of digital single lens reflex cameras will discover more about the features that provide automatic cameras with the settings that help them obtain near perfect images. Learn what to use in the camera or on the computer to improve the image.

The November competition theme centers on the exteriors of religious buildings - churches, synagogues and mosques as well as those of other religious beliefs. You do not have to look far from Leisure World to find just about every religious faith and the houses in which they worship. Remember to take



"Who, Me?" by Woody Shields

photos from the outside of the building, not inside.

Membership

The Club's board would like to attract new members. Attend the meetings and let the officers know what you would like to get from membership. Check the Club website at (www.rossmoorcameraclub.

Club members are asked renew their memberships by sending their \$20 dues to treasurer George Kaye at (3210 North Leisure World Blvd., Apt. 306). Paid-up membership is essential for entering photos in the monthly competitions.

■ Italian Social and Cultural Club

Oct. 22: 'That's Amore!'

by Florence Merola

¬he Italian Social and L Cultural Club is dedicated to promoting the knowledge and appreciation of Italian culture. In keeping with its mission statement, the Club screens "That's Amore" on Sunday, Oct. 22, at 2 p.m. in Clubhouse I.

While munching on homemade Italian pastries and sipping espresso, the romantic strains of Perry Como, Jerry Vale, and other Italian singers from the past may bring on a wave of nostalgia. Singing and dancing are allowed!

Meetings

The Club usually meets on the fourth Sunday of the month. Because of the Thanksgiving holiday, the Club will not meet in November.

Upcoming Events

Tuesday, Dec. 12 – The Club hosts an evening extraordinaire commencing with cocktails and canapés, followed by an elegant dinner and capping off the evening with a live opera concert of Puccini's "La Rondine" performed by the American Center for Puccini Studies.

Sunday, March 11 – The Club holds its annual Festivale Italiano. Imagine your favorite street fair with live music, great Italian food, mixing, mingling, dancing and singing, and you know what to expect at the Festivale Italiano.



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Leisure World News

Imitating the Masters

by Ann Bolt

O ctober's Rossmoor Art Guild (RAG) exhibit honors the autumn season with herons and rabbits, landscapes and weather changes. Eighteen paintings grace the walls of Clubhouse I, along with the remaining abstract flowers.

Exhibitors include Patricia Elton, Nancy Albrecht, Kathy Hopkins, Angela Chang, Allan Okin, Carol Edwards, Donna Ward, Ann Bolt, Houston Hancock, Marvin Sirkis, Maria Clark and Nancey Viets. RAG teachers include Millie Shott, Ron Erlich, Barbara Piegari and Firouze Sadeghi.

Picking Water Lillies

A St. Louis native transplanted to Washington, D.C., Viets was a very active member of RAG a few years ago and liked to imitate the masters by studying and copying their works. Residents can view her painting, "Picking Water Lilies," painted in the manner of Charles Courtney Curran and hanging near the Clubhouse Grille.

A 26-year resident, Viets is a woman of many talents and endeavors. Her art began in Calvin Coolidge High School and continued through the University of Georgia and back to Montgomery College for an associate degree.

At age 50, she was sent by her work force to learn a more technical and schematic approach to designing everything from nightclubs to submarines. She drew with a pen and transferred it to a

computer. She is emphatic on painting for her own pleasure, mostly portraits and landscapes.



"Picking Water Lilies" by Nancey Viet, copied in the manner of artist Charles Courtney Curran's 1889 painting, "Lotus Lillies." Photo by Ann Bolt

Sincerest Flattery

Copying the masters is a great way to learn how someone else paints. A whole long list of characteristics can be amassed when considering the color, composition, brush strokes, values and format.

Commissions came from the people who

knew people. She painted only in oil and

liked to sometimes paint in the trompe l'oeil manner. Viets had a solo exhibit at

Clubhouse II a few years ago.

To step lightly away from forgery and fakery, it is best to be clear and sign the painting, "Copied after" and the name of the artist, or a "copy of," or "Copied in the manner of" and the name of the artist. Then sign your name.

Make your copy a different dimension from the original painting. U.S. copyrights expire 70 years after the artist's death. Meanwhile, learn from the masters and identify your interpretation of their work.

Art Classes and a Local Exhibit

The second session of fall art classes begins the week of Monday, Oct. 23. Paint something engaging to give away, display or enter into a show.

About 10 RAG members entered paintings in the Olney Art Association Juried show. The show is held Monday, Oct. 23 through Monday, Dec. 11, at the Kentland Mansion in Gaithersburg, Maryland, with a reception on Thursday, Nov. 16, in the evening.

Members who submitted paintings to be juried included Elinor Tattar, Barbara McCool, Sherry Jose, Carol Edwards, Loretta Morgan, Ann Bolt, Lana Ogram, Kathy Hopkins, Ingrid Barnes, Jean Perretta and RAG teachers Genevieve Roberts and Sharon Minor.

RAG thanks Hamil Tavernier for her art book donation.

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En Avant!: French in Action

by Arthur N. Poppel

Many residents grew up in school systems that required several years of language study, often Spanish or French, but may only remember a few words of phrases by the time they reach adulthood.

Learning or relearning a language is beneficial for maintaining cognitive function as one ages.

To support residents who want to learn – or relearn – one of the most beautiful of languages, French, CLL presents a course in conversational French given by a resident who was born, raised and educated in Paris – Monsieur Gilles Gouin.

"En avant! French in Action," is for people wanting to learn French for the first time, or those who took French many years ago and want to brush up on their skills. The focus of the class is grammar in context.

Students will have
the opportunity to Monsieur G
speak, read and write by Fred Sha
French, with the
intent that by the end of the class
they will be able to hold simple

conversations – perhaps even



Monsieur Gilles Gouin. Photo communities as by Fred Shapiro well as at Holida

cruise through southern France!
Gilles taught

during a visit to Paris or a river

French to parents of children in the French Immersion Program of Montgomery County Public Schools. Since his retirement, he has volunteered teaching adults in several retirement communities as well as at Holiday Park Senior Center.

Gilles graduated from the Arcueil Army Academy as an engineer and a lieutenant in the French Army. In 1973, he became assistant to the Naval Attaché at the French Military Mission in Washington, D.C. In 1979, Gilles left the French government, and became professor of French with the Foreign Service Institute.

In 1982, after becoming a U.S. citizen, Gilles joined the U.S. Intelligence Community as a program management engineer and retired in 2009 as a senior program management engineer.

See the Classes and Seminars section of this publication for class registration information. For more information about all CLL courses and lectures, see (www.cllmd.com).

■ Center for Lifelong Learning (CLL)

Living with a Star, Our Home in the Solar System

by Arthur N. Popper

S pace, and space exploration, has been part of residents' lives since the day in October 1957 when we awoke to hear the "beep" from Sputnik. Just a few

weeks later, Sputnik 2 carried the dog Laika into orbit.

Not only did Sputnik open the minds of most Americans to space, but it also had an almost immediate impact on American education. Fascination with

"the final frontier"
continues to this
day. To help explore
this fascination, the
Center for Lifelong Learning
(CLL) presents a two-lecture
series by noted astrophysicist Dr.

Continues To Lifelong Dr. Richard Fisher. Photo by
Fred Shapiro
magnetic
dynamic a
and the en

Richard "Dick" Fisher.
Fisher recently retired from a long career at NASA where he was involved with numerous space missions, but his research focus has been the sun and our solar system.

Fisher's lectures, entitled "Living with a Star, Our Home in the Solar System," provide attendees with a basic understanding of the scientific concepts and variations of our solar system, with the goal of

helping the audience understand where we live as a space-based civilization in the 21st century.

The two presentations focus on how the sun-Earth combination forms an interdependent system where physical

processes of the sun have terrestrial consequences. In the first session, Fisher discusses the discoveries that changed human perception of how life and society are embedded in the outer regions of the sun's atmosphere.

The second lecture is about Earth's protective

magnetic shield, short-term dynamic activity on the sun, and the emerging field of space weather, a topic unknown until the 20th century.

A rich collection of images and illustrations of the physical characteristics of this system, collected by researchers since the dawn of space exploration in 1957, are used to illustrate this description of our home in space.

Fisher has been a resident for the past two years. He retired from NASA in 2012, but continues as scientist emeritus at the Goddard Space Flight Center. He was born in Wichita, Kansas, received his undergraduate degree from Grinnell College, and his doctorate in astrogeophysics from the University of Colorado.

Fisher was the first director of the heliophysics division of NASA. (heliophysics is a topic of a six-part CLL course Fisher will give in early 2018.)

During his career, Fisher designed and placed into operation instrument systems at five ground-based astronomical observatories and participated in research done on numerous space missions. An expert in astronomical instrumentation, his background extends over both robotic and human space-flight missions.

See the Classes and Seminars section of this publication for course registration information.

For more information about all CLL courses and lectures, see (www.cllmd.com).





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Improving Your Digital Photographs

by Arthur N. Popper

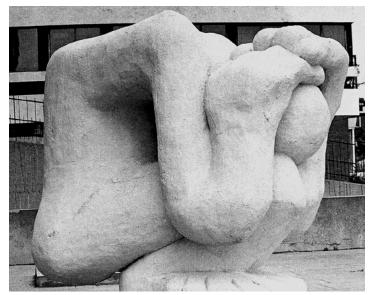
▼echnology has moved digital photography ahead by leaps and bounds. Some people may not realize what their cameras and computers can do for them.

Given the latest technology in both the least costly camera and the most basic computer software, one can take a good image of a subject and then improve it to give a greater impact.

Resident and photographer Fred Shapiro covers these subjects in his "Improving Your Digital Photographs" course.

The digital camera, from the least to most expensive, contains basic tools to help take photos, making it, in effect, a box camera with a brain.

The camera's software helps select a mode that suits the subject and occasion, and does the thinking and calibrating for the photographer. Learning what the modes are and how they affect the photo subject is



A sculpture sits outside a Toronto art museum. Photo by Fred Shapiro

discussed, and the more popular modes are explained in depth.

Once the camera has captured the image, some basic editing can be done right there and then, including exposure modifications and cropping. Further editing, not manipulation, can be done using basic computer software.

Students are encouraged to

bring their laptop computers, cameras and a flash drive loaded with some of their photos so that hands-on editing can be done in class. Each student will have an opportunity to show his or her photos to the class and have them critiqued to identify ways of improving their photography.



"Sailing North of Vilnius" by Fred Shapiro

Fred Shapiro is well known around Leisure World for his photography. He has given several courses on photography for CLL.

See the Classes and Seminars section of this publication for class registration information.

For more information about all CLL courses and lectures, see (www.cllmd.com).



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Poetry for Poetry Lovers and Avocational **Poets**

by Arthur N. Popper

¬he great English poet Matthew Arnold once said, "Poetry is simply the most beautiful, impressive, and

widely effective mode of saying things, and hence its importance."

Poems can tickle one's funny bone, show one's patriotism, or reveal one's romantic inclination. And, while poetry is something that is part of most everyone's lives, not everyone knows how to read or write

Marcia L. Elbrand, a resident who has lived much of her life teaching poetry, brings her knowledge and

love for the subject to a course offered by

the Center for Lifelong Learning (CLL). Elbrand's course, "Poetry—For Poetry Lovers and Avocational Poets," is an opportunity to enjoy accessible poems by 20th century writers from Maya Angelou and Gwendolyn Brooks to Yehuda Amichai, Dan Pagis and Marge Piercy.

Since one of the goals of the course is the simple enjoyment of poetry, the

class will also read snippets of Ogden Nash and Judith Viorst. The class tackles some profound questions raised by poets from Langston Hughes and Carl Sandburg to Robert Frost, and focuses on why a particular poem "works."

If participants choose to bring along some of their own original poetry, Elbrand will review the work privately and, when appropriate, bring copies to subsequent class sessions

for either "gentle workshopping" or simple applause.

Elbrand and her husband, Monroe, moved to Leisure World in 2016 from Cleveland where she was born and raised. She received a bachelor's in English at Case Western Reserve University, a master's in education at Kent State and taught speech for 11 years at Cuyahoga Community College in Cleveland.

She has also taught English, journalism and ancient history at other schools. She has participated in poetry workshops at Case and, locally, in Kensington. During more than 40 years in classrooms, Elbrand has mentored more than a dozen now-published authors and helped inspire a score of Reform Jewish rabbis.

See the Classes and Seminars section of this publication for class registration information. For more information about all CLL courses and lectures, see (www. cllmd.com).



Marcia L. Elbrand, courtesy photo

■ Ceramics Club

Nov. 12-13: Annual Holiday Open House

by Gail Bragg

n Sunday, Nov. 12, and Monday, Nov. 13, the Ceramics Club holds its annual Holiday Open House from 11 a.m.-3 p.m. in the Clubhouse II ceramics studio.

The studio's shelves are always stocked with a variety of ceramic pieces for all occasions. But with the holiday season fast approaching, the Club displays even more items. This year, the Club is adding some tree ornaments to its usual holiday inventory of trees, Santas, menorahs and candleholders.

Come by the studio; the Club always looks forward to seeing old friends and making new ones. Club members will also give tours and show visitors how to make their own gifts.

General Information

The Ceramics Club's \$10 annual membership fee includes instruction on how to make your own ceramic pieces. We



Floral platter by Terri Fiscella, candle gift box by Jenny Wong and ornaments by Gail Bragg. Photo by Gail Bragg

welcome new members, so drop by our studio in Clubhouse II. You can view some of our ceramic pieces in the studio gift shop; they are for sale with proceeds going to charity. We hope to see you soon!



■ Book Club Network

Thursday Readers Group Has Openings

by Verna Denny

B e sure to stop by the Book Club Network's table at the Community Fair on Wednesday, Oct. 25. Find out about the book clubs, pick up a complimentary bookmark or put your name on the Network's waiting list.

The Network currently has a few openings in its most recent club, Thursday Readers, which meets on the third Thursday of the month at 2 p.m.

General Information

The Book Club Network is a collection of book discussion groups, small in size—eight to 12 members per group—whose purpose is to provide a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet each month

to talk about a specific work chosen by their club.

Ten small book clubs are currently part of the network: six general interest clubs (Bookies, Diversity Strong, Fall Readers, Rose Readers, The Searchers and Thursday Readers), two topical clubs (The African Heritage Book Club and Literary Ladies Who Lunch) and two mystery book clubs (The Sleuths and The Suspensers).

New clubs are formed on an ongoing basis, and prospective members are put on a waiting list. When four people express an interest in joining a new club, an organizational meeting is scheduled to form an additional club.

For further information, contact Verna Denny at (301-598-1418) or (verhd@msn. com).

■ Garden and Environmental Club

Garden Optional for Club Membership

by Jean DeSchriver

M embers of the Garden and Environmental Club will participate in the community fair on Wednesday, Oct. 25.

The Club is always looking for new members and looks forward to providing attendees with information about the educational, environmental and social activities the Club offers.

Many residents have the false notion that one must be a gardener or have a garden plot to belong to the Garden and Environmental Club. Some members do belong to the Garden Plot Group, but that is separate organiza-

tion. Most Club members are former gardeners who enjoy socializing with other former gardeners.

Membership chair Gwen Raphael is volunteering at the Garden and Environmental Club's fair table and will gladly sign up new members and collect annual \$10 dues. She will provide brochures and information about the Club's activities, which include the spring tea, Arbor Day tree planting and the Fourth of July parade.

Next Meeting

The next Club meeting is on Monday, Nov. 13, at 10 a.m. in Clubhouse I. Ruth Bortz, master gardener, speaks about houseplants.

A community plant swap follows the presentation. Members and guests may bring and/or take houseplants. Members are encouraged to scan their homes for any plants they would like to swap.



Garden and Environmental Club members Vivienne Burke, left, Gwen Raphael and Chie Colvis prepare for the community fair. Photo by Jean DeSchriver

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Oct. 21-22: The '60s Comes to Life

by Hannette Aller

F un and Fancy Theatre Group is in the midst of its big autumn musical, Joan Bowar's "The 60's in Song and Dance," with performances on Saturday, Oct. 21, and Sunday, Oct. 22, at 2 p.m. Tickets are available at the door for \$10 each, cash or check.

Come revisit the Beatles, the Supremes, Elvis, Sonny and Cher, and dozens of other remarkable performers of that era, as presented by Fun and Fancy's talented cast.

The songs are stirring, funny, tender and sweetly nostalgic; and the dancers are incredible. The show is similar to its predecessor, but not identical. Cast substitutions and additions make the show feel new and fresh.

November Meeting

The Fun and Fancy Theatre Group's performance on Wednesday, Nov. 1, is a typical outreach program. Outreach committee chair Nancy Koski directs the show and all performers are those who enjoy visiting nursing homes, rehab centers and assisted living facilities.

Admission is free to Group

members with payment of \$10 annual dues, and payable at the door for new members. For guests, admission is \$5 for this meeting only. Admission includes a brief meeting, show and reception with refreshments.

Members are asked to please wear their membership cards. Members who joined the Group last month will find their cards waiting at the door.

Auditions

The Fun and Fancy
Theatre Group's monthly
show on Wednesday, Dec.
6, is a radio-style version
of Charles Dickens' "A
Christmas Carol," performed
with actors playing more than
30 multiple roles, live sound
effects, and carolers performing
with an audience sing-along.

Auditions are held on Wednesday, Oct. 25, at 7 p.m. and Saturday, Oct. 28, at 3 p.m., both in Clubhouse II. Come on either day; the audition consists of cold readings only.

Co-directors M.J. Boyle and Steve Bennof plan to have five rehearsals in November and a final rehearsal on Monday, Dec. 4. British accents are



Fun and Fancy Theatre Group members perform "Battle Hymn of the Women" during a performance of "The 60s in Song and Dance" Oct. 14. Photo by Fred Shapiro

not required, but having the Christmas spirit is. Don't end up like Scrooge!

Play Readers

The first meeting of the Play Readers is on Saturday, Oct. 28, from 10:30 a.m.-noon in the Clubhouse II auditorium.

The Readers will discuss the groups' structure, and members are asked to fill out a form that lists their expectations for the group, prior experiences and any plays they'd like to perform.

Members who wish to be included in a Play Readers group should send an email with the subject, "Fun & Fancy Play Readers" to Irene Lunenfeld Shaulis at (lis4972@ verizon.net). To be included, 2017-2018 yearly membership dues must be paid to Fun and Fancy Theatre Group.

Looking for a fun opportunity to do some acting, without the stress of actually performing on a stage? Give Play Readers a try!

■ Gilbert and Sullivan Society of Leisure World

Magic and Mischief in 'The Sorcerer'

by Todd Hubley

The comic operetta "The Sorcerer" by Gilbert and Sullivan was performed in August. It made fun of the notion held in Victorian England that only men and women of equivalent rank should marry, and that romantic love was unimportant.

The protagonist, Alexis (Steve Bennof) is a romantic young man, the son of a wealthy aristocrat, Sir Marmaduke (Ed Caglione). Alexis is betrothed to Aline (Beth Youse), the daughter of Lady Sangazure (Hannette Allen). To complicate things, Lady S. is a former love of Sir Marmaduke!

Constance (Maggi Lindley), the daughter of Mrs. Partlett (Maureen Harris), has a crush on the elderly vicar, Dr. Daly (Phil Soriano).

Alexis unleashes what he thinks is a foolproof plan by bringing in a sorcerer, John Wellington Wells (Jack Melnick), to administer a love potion to both principals and villagers, hoping that the results will show that love overcomes all barriers of class. Of course, the plan backfires.

The potion makes everyone fall asleep, and when they waken, fall in love with the first person they see, with the hilarious result of totally incompatible matches. Aline ignores Alexis, but falls for the stuffy old vicar. It takes

the Sorcerer's magic to solve things in a surprise ending.

Filling out the cast were Alan Packer and Poppy Traunfeld. Many thanks also go to the "Chorus of Villagers" for their work and dedication: Anna Pappas, Maria Hidalgo, Audrey Lodsin, Joyce Hamaty, Aileen Feldman, Ida Leong, Louanne Wheeler, Bob Blair, Bob Bridgeman, Todd Hubley, and Vito Savia.

Three separate audiences gave positive remarks about the outstanding cast and chorus, stage set, costumes, visual aids and special effects.

Piano accompanist Rafael Javadov and violinist Viktor Khodyko added enjoyable music. Special kudos goes to director Elaine Strass, and to those assisting her, Beth Youse and Bob Bridgeman, as well as to producer Maggi Lindley.



Nov. 8: 'Morocco: A Fossil Collector's Paradise'

¬ he next meeting of the Gem, Lapidary, and Mineral Society (GLMS) of Leisure World is on Wednesday, Nov. 8, at 7 p.m. in Clubhouse II.

Dr. Bob Farrar's topic is "Morocco: A Fossil Collector's Paradise." He presents an overview of the country's major fossil localities, and discusses some of the issues associated with the trade.

Morocco is world famous for its fossil resources. No other country its size has such a diversity and abundance of fossils. It is a major source of dinosaur, trilo-

bite and shark fossils collected for sale in today's commercial marketplace.

Among several types of dinosaur fossils found in Morocco is the Afrovenator ("African hunter"), a megalosaurid theropod from the Middle

Jurassic period. Jobaria, another dinosaur, was named by the Tuareg people after a mythical giant beast, Jobar, whose bones the ancient Tuaregs believed the fossils to be.

> Ouranosaurus ("brave lizard" or "sky lizard" after the primordial Greek god, Ouranos) is a herbivorous iguanodont dinosaur that lived during the early Cretaceous period; two nearly complete fossils of this dinosaur were found in nearby Niger in 1965 and 1972.

Unfortunately, practices of some in Morocco's fossil industry have led to condemnation from environmentalists and has attracted criticism from human rights organizations. Such complaints include the marketing of fake fossils and credible reports of poor working

Farrar is a longtime collector of fossils, minerals and gemstones. He is active in several

local clubs and has traveled extensively in pursuit of his hobby. He also participates as a dealer in Washington, D.C. area club shows.

He holds a doctorate in entomology and works for the U.S. Department of Agriculture in Beltsville, Maryland. Farrar has published more than 25 articles in Rock & Gem Magazine, which, since 1971, has been the leading magazine for gem, mineral and

lapidary enthusiasts.

Join the group on Nov. 8 to hear another fascinating program. Residents are invited to bring their own specimen or other object of interest for showand-tell. Following adjournment, vistors may tour the lapidary shop.

For information about GLMS, contact president Frank Roddy at (301-598-3698) or (roddy. frank2014@comcast.net).

■ Vegetarian Society of Leisure World (VSLW)

Nov. 21: Buffet Dinner and Meeting

by Bob Fenichel

t the group's Oct. 17 A meeting, Bob Fenichel gave a presentation on the Instant Pot 9-in-1 cooker. A versatile cooking device, it is extremely popular among vegetarians because of its stainless steel inner liner and set-it-and-forgetit ease of operation.

VSLW will participate for the first time in the Community Fair on Wednesday, Oct. 25. Please stop by and say hello.

November Meeting

The next VSLW meeting is Tuesday, Nov. 21, at 5:30 p.m. in Clubhouse II. It includes a

buffet dinner from the Vegetable Garden restaurant in Leisure World Plaza. The cost is \$10 per person. Mail checks, payable to treasurer Helen Gross, to (3100 No. Leisure World Blvd. #710) no later than Tuesday, Nov. 14.

General Information

Please note that everybody is welcome at VSLW activities; you don't have to be a vegetarian to participate. The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

Additional information on VSLW activities can be found at (www.vslw.org).







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Oct. 24: Panelists Discuss the Rights of Refugees and Immigrants

by Dave Edfors

n Tuesday, Oct. 24, at 2:30 p.m. in Clubhouse II the Unitarian Universalists of Leisure World present a panel discussion on the controversial issue of advocacy for the rights of refugees, immigrants and displaced persons.

The panelists, Rev. Dr. Sharon Stanley-Rea, director of Refugee and Immigration Ministries, Christian Church (Disciples of Christ) and Ben Shnider, vice chair of the Rockville Human Rights Commission, bring both faith-based and secular perspectives to their advocacy.

In many states, refugees, asylum-seekers and immigrants have long-established families,

productive working lives and face deep uncertainties during the Trump Administration. The panelists will discuss the balance between human rights



Rev. Dr. Sharon Stanley-Rea, courtesy photo

and law enforcement.

As caring people who seek to both respect our laws and

protect those who seek to live in the community as productive, law-abiding neighbors, how do

> we respond to the polarizing public debate? What lessons about civil disobedience and public advocacy have the panelists

Ben Shnider, courtesy photo

Join the Unitarian Universalists of Leisure World for this informative and timely discussion. Light refreshments

learned?

and conversation follow the program.

All who bring open minds and speak with respect and civility are welcome to join the discussion. You don't have to be a member of the Unitarian Universalists of Leisure World to attend meetings. All residents are welcome.

The Unitarian Universalists of Leisure World is a faith-based organization associated with the Unitarian Universalist Association of Congregations in Boston, Massachusetts.

For more information, visit (www.UUA.org) or contact (mike_benefiel@yahoo.com).

■ Hadassah

Nov. 15: 'Jewish Composers Go to the Movies, Part 3'

by Barbara Eisen

n Wednesday, Nov. 15, at 2 p.m. in Clubhouse I, Cantor Michael Kravitz presents a musical program entitled, "Jewish Composers Go to the Movies, Part 3."

The presentation is a continuation of his two previous programs and includes film clips. His programs are always entertaining and offer new and interesting historical insights.

If attending the meeting, please RSVP by Friday, Nov. 10, to Janet Lazar at (301-598-4066) or (lazarjl@verizon.net). Attendees, whose names start from Q through Z, are asked to please bring a snack to share. Let Janet know what you are bringing when you RSVP. All residents are welcome.

Judaic Study Group

The Judaic Study Group meets on Monday, Nov. 20, at 1:30 p.m. in Clubhouse I. The discussion is centered on influential women. Contact Peri Schuyler at (301-869-2968) or (perislaptop@aol. com) for further information.

Pin Sale

Hadassah is selling unique pins, handmade by resident

fabric artist Bobbi Gorban. The pins are \$18 each and include three types: sunburst, vintage, and flower. All pins are made to order. Indicate your main preferred color(s) or any other special requests. Designs and colors are unique and will vary. All pins are approximately three inches in diameter and have pendant clasps.

Order several for yourself, family members and friends. Order forms are available at each Hadassah meeting, or pick one up in the Hadassah mailbox in the Clubhouse I E&R office. For questions, please contact Judy Rumerman at (judyrumerman@ gmail.com) or (301-680-0850). You don't have to be a member to buy a pin.

Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are \$2.50 each, or five for \$10. Cards are displayed and sold at every Hadassah meeting. Please call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/ Children at Risk. The project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Please send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worth-

while projects it supports in medical, educational and social programs in Israel and the U.S. If interested in knowing more about Hadassah, contact membership vice presidents Carole Sonneborn at (301-288-4902) or (carole200@comcast.net), or Mimi Meltzer at (301-806-0976) or (mimi20852@aol. com).



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Nov. 1: Guest Speaker Rabbi Johanna Potts

by Carole Mund

A ll residents are invited to join NA'AMAT RBZ in welcoming Rabbi Johanna Potts on Wednesday, Nov. 1, at 12:30 p.m. in the Clubhouse I Crystal Ballroom.

Rabbi Potts shares her passion for learning with a view toward empowering individuals to create meaningful lives through the understanding the underlying principles of Judaism. She is a titan of Jewish education.

Potts' most recent roles are CEO of the Partnership for Jewish Life and Learning, director of education for Temple Shalom (Chevy Chase) and Solel (Bowie), director of the primary school at Washington Hebrew Congregation and middle school director at Gesher Jewish Day School.

In community life, Potts has served as vice president of the former Board of Jewish Education as well as chair of the Educator's Council of Greater Washington

Her enthusiasm is contagious. Refreshments are served.

Volunteers Needed

The executive board is eager to have new people participate and bring fresh ideas for activities and programs that are designed for all to enjoy. Volunteers are needed to assist in mailings, work on existing committees and initiate new suggestions.

By getting involved, volunteers have the opportunity to meet new friends and connect with an organization that makes a difference in the lives of so many.

NA'AMAT is a charitable organization dedicated to help NA'AMAT Israel provide educational day care, vocational training and legal aid for women and services and assistance to new immigrants and centers for the prevention and treatment of domestic violence.

The next executive board meeting is Tuesday, Nov. 21. Contact volunteer coordinator Bernice Kisliuk at (301-438-8455).

Mah Jongg Cards

NA'AMAT receives a small stipend from the Mah Jongg League for each card sold. Mah jongg cards are still \$8 for regular and \$9 for large. Natalie Cohen is the new coordinator collecting card funds, assisted by Roberta Jaskulski.

Please mail all checks, payable to NA'AMAT, to Natalie Cohen at (15107 Interlachen Dr., #108, Silver Spring, MD 20906). The cards are sent to each individual purchasing, so please make sure all names and addresses are correct. For questions, call Natalie at (301-438-2663).

Fashion Show

The fashion show was a huge success. In fact, people were turned away because the Clubhouse I Crystal Ballroom had reached capacity. The brunch was delicious and the models and the clothes were lovely.

Many thanks go to J.Jill of Montgomery Mall for supplying the outfits and to Harriet Chaikin for coordinating this special event.

Trips

A trip to Dover Downs Hotel & Casino is planned for Wednesday, Oct. 25, to Thursday, Oct. 26. A cruise to Bermuda is planned for next spring. Call Trudy Stone at (301-438-0016) for more information. See Club Trips in this edition for details.

Save the Dates

Dec. 6: Annual Card Party Dec. 31: A New Year's Eve celebration includes a trip to Signature Theatre in Arlington, Virginia and dessert in Clubhouse I. See Club Trips in this edition for details.

For more information about NA'AMAT RBZ Club, contact co-presidents Trudy Stone at (301-438-0016) or Gladys Blank at (301-438-9666). For tribute cards, contact Linda Schoolnick at (301-681-1076).



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Nov. 3: Shnider Speaks at Veterans Service

by Fred Shapiro

The Jewish War Veterans Post 567 celebrates Veterans Day on Nov. 3 with

the Jewish Residents of Leisure World at Friday night services in The Inter-Faith Chapel.

The principle speaker is Ben Shnider, who will reflect on his grandfather's service in World War II.

Female members, who either served or offered strength and support when their husbands served in the military, will read portions of the evening service.

A Montgomery County native, Shnider graduated from the Charles E. Smith Jewish Day School. He earned his bachelor's from Emory University and his Executive Master of Public Management from the University of Maryland, College Park.

As a field organizer for then-Senator Barack

Obama's historical presidential campaign in 2008, he brought together communities in Atlanta and Detroit for an unprecedented voter turnout. As political director for the pro-Israel, pro-peace group J Street, Shnider helped build a national movement in favor of prioritizing diplomacy over war in the Middle East.

He also launched the political arm of the advocacy organization Bend

the Arc, where he fought for a wide range of progressive priorities in Congress, from comprehensive immigration reform to racial and economic justice.

As a member of the board for the Montgomery County Action Committee for Transit, Shnider pushed for expanded and improved transit in the County's most underserved neighborhoods. He currently serves as the vice chair of Rockville's Human Rights Commission, where he has advocated for the rights of immigrant and refugee communities.

Brunch

The Post holds its brunch on Sunday, Nov. 12, at 10:15 a.m. in Clubhouse I Crystal Ballroom. Rep. Jamie Raskin is the speaker. The buffet is \$14 and includes eggs, tuna, lox, bagels, salad, coffee, Danish and more.

Mail reservation checks, payable to JWV 567, to Danny Bass at (14805, Pennfield Cir. Apt. 3-209, Silver Spring, MD 20906).



Ben Shnider, courtesy

■ Jewish Residents of Leisure World

Fall Lineup Features a Brunch and Seminar

by Jonas Weiss

N ew members of Jewish Residents of Leisure World (JRLW) are invited to a reception on Sunday, Oct. 22, from 2-3:30 p.m. at the Clubhouse Grille.

Meet with JRLW board members and learn about activities and possibilities for getting involved. Contact Phyllis Rand at (301-871-1515) for more information.

Brunch

At the brunch on Sunday,
Nov. 19, Daryl Davis, author of
"Klan-Destine Relationships,"
explores his work with Ku Klux
Klan members, seeking to improve
race relations. His work was documented in the film, "Accidental Courtesy."
Davis hopes to leave his audiences empowered
to overcome their fears and confront their own
prejudices.

The brunch is at 10 a.m. in Clubhouse I. Reservations are required at least four days in advance. Mail \$10 checks, payable to JRLW, to Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A). Admission at the door, if available, is \$13.

Seminar

The JRLW education committee sponsors a two-part seminar, "Presidents as Leaders – From Carter to Trump" by popular speaker Dr. Michael Siegel.

The first seminar is on Friday, Nov. 17, at 10 a.m. and covers Presidents Jimmy Carter, George H.W. Bush, and Bill Clinton. The second seminar is on Friday, Dec. 1, at 10 a.m. and covers Presidents George W. Bush, Barack Obama and Donald Trump. Each seminar is 90 minutes and located in Clubhouse I.

Siegel analyzes each president's leadership skills, seeking to de-mystify the elements and dynamics of effective presidential leadership – vision, execution, management and decision-making, which Americans depend upon.

> A discussion period follows each session. All residents are welcome. Tickets,

\$20 for both sessions, are check only and payable to JRLW. Drop off checks in the JRLW mail slot in the Clubhouse I E&R office. For more information, contact Sharon Freedman at (301-367-8141).

Religious Services

Rabbi Fink conducts a Conservative service in The Inter-Faith Chapel on Friday, Nov. 3, at 7:30 p.m., to be followed by socialization and refreshments at an Oneg. Cantor Michael Kravitz leads a Conservative service on Saturday, Nov. 11, at 9:15 a.m. in Clubhouse II.

On all other Sabbaths, Rabbi Moshe Samber leads an abbreviated religious service, with discussions of the Torah portion and a bit of the Talmud, at 9:15 a.m. in Clubhouse II.

To learn more about JRLW, come to the Community Fair on Wednesday, Oct. 25.

Donations

For the Torah maintenance fund, send checks, \$25 minimum and payable to JRLW, to Carol Wendkos at (14805 Pennfield Cir. Apt. 212). Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B) takes care of donations for prayer books (\$25 minimum). Send donations for Kiddush or an Oneg (\$25 minimum for either), or Yiskor or general Tzedukah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



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■ National Active and Retired Federal Employees (NARFE) Chapter 1143

Nov. 20: Health Roundtable

by John R. Moens

n Monday, Nov. 20, the chapter hosts its biggest event ever – a health roundtable – from 1:30-4 p.m. in the Clubhouse I Crystal Ballroom. All residents are invited.

The roundtable includes speakers from AETNA, CareFirst Blue Cross/Blue Shield, Kaiser Permanente, MedStar Health, the National Committee to Preserve Social Security and Medicare, AARP, New York Life and the Senior Health Insurance Program, a state program to inform seniors about their rights and

Sign up for free hearing tests in Clubhouse I and learn about acupuncture and savings on hearing aids. The Nov. 20 event includes a lot, so don't miss out.

benefits under Medicare.

Please contact a member of the executive committee with any questions, suggestions or requests for information about the membership drive. See (www.narfe.org) for more information.

• President John Moens at (johnjots@outlook.com)

or (301-438-3237)

• Vice President, Legislative Chair Joe Cook at (joec37766@ gmail.com) or (202-271-0710)

• Treasurer Jewel Lee at (jewelalee@ msn.com)

- Secretary Pam O'Dell at (PamandJeff@comcast. net)
- Service Officer Rich Rothstein at (whobodyelse@aol. com) or (301-598-5760)

Phil Munley of the Maryland Veterans Bureau was scheduled to address NARFE Chapter 1143 on Oct. 16. Details are forthcoming.

■ Republican Club

Club to Participate in Community Fair

by Fred Seelman

The Republican Club will participate in the Community Fair on Wednesday, Oct. 25, from 9:30 a.m.-noon in Clubhouse I.

The Club invites

all residents to its
Community Fair
location. Membership is well over
1,000, and Club officers are
especially looking forward to
welcoming Republicans who
have not been able to attend

the Club's monthly meetings.
Come and meet Leisure
World's Republican leadership
and share your concerns. With
President Donald Trump and

Gov. Larry Hogan in office, the Republican Party leads both the nation and the state, and is interested in finding out ways to improve both.

> The Club will have printed materials at its location, and Club officials will be available all morning to answer questions.

Send comments or questions about

these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com), or call vice president Ray Spieler at (301-460-3563).

Join us at the Club's next meeting on Tuesday, Nov. 21.

■LW Green

Climate Event Kicks Off New Year of Environmental Action

by Grazina Narkus-Kramer and Harry Stoffer

W Green invites all residents and guests to attend a special program on climate change on Sunday, Oct. 22, at 2 p.m. in the Clubhouse I Crystal Ballroom.

The program's main feature is a slideshow presentation and speech by Phil Jakobsberg, trained as a volunteer advocate on climate change by former Vice President Al Gore's Climate Reality Project. Attendees are welcome to stay for discussion and light refreshments.

Attendees will also have the opportunity to sign up as citizen lobbyists seeking solutions. A group called Citizens' Climate Lobby will have sign-up material at the event.

Citizens' Climate Lobby seeks to enlist people from all walks of life to work on solutions, especially legislation, to put a fee on the carbon content of fuels, thereby creating incentives for less harmful energy sources.

Citizens' Climate Lobby, with about 85,000 members in 400 chapters, "can always use more supporters to create the political will for a livable world," said Sabrina Fu, the group's mid-Atlantic region co-coordinator.

The climate event marks the re-launch of LW Green's activities following a summer hiatus and reassessment of its role in the community.

Its mission is "promoting the care and conservation of natural resources through education and advocacy within our community and beyond its gates."

LW Green will also engage interested residents at the community fair on Wednesday, Oct. 25.

Administration Building

Most urgently, LW Green reminds residents to get involved and stay active on issues that surround plans for a new administration building and Clubhouse I site improvements, expected to cost approximately \$7.2 million.

The Montgomery County Planning Board is scheduled to consider development plans for the building on Thursday, Nov. 30, at planning headquarters at (8787 Georgia Ave., Silver Spring). The board is part of the Maryland-National Capital Park and Planning Commission.

The Planning Board will accept verbal testimony at the Nov. 30 hearing. Written comments may be submitted in advance to board chairman Casey Anderson at (MCP-Chair@mncppc-mc. org) or (Montgomery County Planning Board, 8787 Georgia Ave., Silver Spring, MD 20910). Comments must be received by Wednesday, Nov. 29, at 5 p.m.

Since its inception in 2015, LW Green has opposed the building on the grounds that many trees would be destroyed or damaged and the demolition of the existing administration building would create new environmental burdens.

LW Green and its allies support a thorough engineering study of the existing building to see if it can be renovated to meet the needs of administration and staff.

The group applauds the hundreds of residents who attended town hall meetings, sponsored by LW Green and JustUs, in July and September, focusing largely on the administration building.

Kiwanis Give to Disaster Relief

by Jack Colvis

A combination of Club members, bingo patrons and other residents collected and delivered two carloads of donated school supplies to Harmony Hills Elementary School in late August and early September.

Disaster Relief

Kiwanis donated \$2,000 from its community service funds to relieve the victims of the recent disasters in Texas, Florida, Puerto Rico and Mexico (\$500 to each of the four). The donations were given to the American Red Cross and UNICEF

to help relieve the desperate needs of men, women and children affected in these areas.

Bingo

The Club is licensed by Montgomery County to provide bingo to the community. Each Monday evening throughout the year, several hundred

> dollars are paid out to winners who play bingo in the Clubhouse I Crystal Ballroom.

Kiwanis Monday Night Bingo games paid out over \$1,400 in September. Net earnings from the games

earnings from the games fund the Club's scholarships and other community service programs.

Membership

Residents with skill in arts and crafts, writing, photography, planning and organization, public speaking and leadership are all encouraged to join the Club, as these skills can be applied toward nurturing the development of children and satisfying the needs of the community. Contact Heather Benjamin-Alexis at (240-433-0948) or Jack Colvis at (301-598-5380).

Residents are encouraged to visit the Kiwanis Club booth at the Community Fair on Wednesday, Oct. 25, to learn more. Inquiries regarding the Kiwanis International organization may be



Harmony Hills Elementary School staff collects school supplies donated by Kiwanis club members. Photo by Jack Colvis

viewed online at (www.kiwanisone.org).

■ Leisure World Association for African American Culture (LWAAAC)

District 19 Candidate Visits LWAAAC

by Patricia Means

Marlin Jenkins, who serves on the Montgomery County Democratic Central Committee, attended the group's meeting on Oct. 4 and announced that he is a democratic candidate for a delegate seat in District 19.

Jenkins plans to run an aggressive campaign because he is committed to helping people and believes in opportunity, community, volunteering, diversity and inclusivity. The group believes he is keenly aware of the needs and concerns of the community and prizes his ability to listen to the constituents.

Community Fair

LWAAAC will participate in the Community Fair on Wednesday, Oct. 25. If interested in assisting with this event, contact Janice Wallace, public relations chair, at (301-288-4565).

Celebrations II

A letter was sent to membership on Sept. 30 inviting members to become patrons or sponsors of the 2018 Celebrations II book. If you did not receive the letter or need additional information, contact Patricia Means, project coordinator, at (301-598-0550).

Display Case

While visiting Clubhouse

** LWAAC

***Control World Alexander

**Control World Alexander

**Control

LWAAAC's festive display case in Clubhouse I provides news about Association meetings and events. Photo by Leisure World News

I, check out the LWAAAC presentation in the display case located in the hallway behind the E&R office.
Janice Wallace, public relations chair, prepared the arrangement.

Membership

New membership and renewal registration is an ongoing process at every meeting. Dues are \$20, checks only, payable to LWAAAC, and cover the period of July 1, 2017 through June 30, 2018.

Payment also may be submitted via the LWAAAC mail slot in the Clubhouse I E&R office or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908). For additional information, contact Mary Turpin, membership chair, at (240-203-6135).

REMEMBER THIS: FREE events addressing crucial topics in dementia and memory care for professional and community caregivers.



Wednesday, November 1, 2017

How Heart Health Affects Brain Health Rebecca Gottesman, MD, PhD

Associate Professor of Neurology, with a joint appointment in Epidemiology at the Johns Hopkins Bloomberg School of Public Health



Wednesday, November 29, 2017

Alzheimer's Disease: What does age have to do with it?

Marie A. Bernard, MD

Deputy Director of the National Institute on Aging (NIA) at the National Institutes of Health (NIH)

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Charles E. Smith Life Communities

Oct. 21: Potluck Brunch and Meeting

by Michael LaPoint and Pat Ritter

s we move into autumn, there Ais a wide array of upcoming activities and events. The monthly potluck brunch and meeting is on Saturday, Oct. 21, at noon in Clubhouse II.

After enjoying a nice meal, the Alliance will discuss upcoming events and any other topics of interest. Anyone who would like to learn more about the Alliance and its activities is encouraged to attend a monthly meeting.

Upcoming Activities

The Alliance hosts a Halloween party on Saturday, Oct. 28, at the home of a member. Members look forward to greeting all the ghosts and goblins and sharing an evening of appetizers, desserts and Halloween fun.

On Monday, Nov. 13, Alliance members will carpool to Sibley Memorial Hospital for a screening of a new documentary, "Gen Silent." The film follows six older adult LGBTQ citizens and shares their special concerns as they age.

Many older LGBTQ citizens are so afraid of bullying by caregivers or others that they decide to hide their orientation, or are reluctant to ask anyone to help care for them. Alliance members look forward to watching this groundbreaking film that addresses an important and timely topic.

Game nights resume on Wednesday, Nov. 15, at 6 p.m. Gamers are encouraged to bring their favorite games. Attendees will decide the games they want to play on the night of the event.

An "interests survey" will be emailed to members in the near future. The survey results will help in planning future events based on the interests of the membership.

For any questions about the Alliance, please email (celticwomen1@gmail.com).

■ Rossmoor Woman's Club

Nov. 13-18: Fruitcakes, Pecans and See's **Chocolates**

by Marcia L. Elbrand

Rossmoor Woman's Club's (RWC) annual sale of fruitcakes, pecans and See's chocolates is Monday, Nov. 13, through Saturday, Nov. 18, from 10 a.m.-3 p.m. in Clubhouse I.

"They are delicious and perfect as hostess gifts," chairwoman Abigail Murton said.

The Club suggests that shoppers come early because popular items sell out quickly.

Cash and checks are accepted. Profits from the sale directly benefit the charities the Club supports, which include Montgomery Hospice, Casey House, the Betty Ann Krahnke Domestic Violence Shelter and Fisher House Foundation.

The Club also donates scholarships to James Hubert Blake High School in Silver Spring and Montgomery College's ACES program, and helps support a Head Start class at Harmony Hills Elementary School. Support also goes to Fireside Forum and Friends in Sickness and Health (FISH).

Club Member Lauded

Club board member Ingrid Masi's photographs are displayed on RWC's bulletin board in Clubhouse I, and are expected to appear on the group's soon-to-debut website. "We are so grateful to her for sharing her talent," president Aggie Eastham said.



Abigail Murton, front left, signs up prospective volunteers to help at the Club's forthcoming sale of holiday fruitcakes, pecans and See's chocolates. Photo by Ingrid Masi

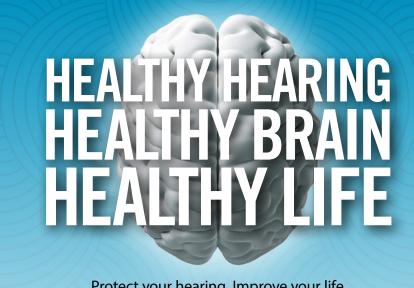
New Members Welcomed

Twenty-two new members recently joined RWC. "We welcome them, and are looking forward to each one finding her way to satisfying participation," Eastham said.

Koffee Kickoff

In September, RWC sponsored a successful "Koffee Kickoff" event, coordinated by vice president Noreen Potter. Attendees heard Ashley Estill, a representative from Fisher House Foundation, tell how families of wounded warriors receive homelike hospitality in attractive facilities adjacent to veterans' hospitals.

The Foundation is one of several charities RWC helps to support.



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Club Plans 30th Anniversary Lunch

by Al Karr

The Club is set to celebrate its long-delayed 30th anniversary. Paid-up members will enjoy a luncheon on Tuesday, Oct. 24 at 12:30 p.m. at the Nova Europa restaurant (1130 Lamberton Dr., Silver Spring).

The event concludes the Club's luncheon trifecta. The other two recent luncheons celebrated member Fannie Falk's 100th birthday and president Sam Hack's 90th.

The Comedy and Humor Club is one of the only clubs in Leisure World that meets every week, with dues that work out to just 10 cents a week. Brother and sister, can you spare a dime for some belly laughs?

Members grabbing the microphone and delighting one another with jokes in recent weeks include Jack, Sam, Fannie, John Lass, Bernie Patlen, Skip Schoening, Herb Hodes, Al Karr, Fred Firnbacher, treasurer Sumner Levin, vice president Gloria Horwitz, Alan Packer and Allan

Miller

What follows is sampling of some of their humor-laden offerings:

John wrapped up the acclaimed Lena and Ole series – At Christmas, Ole kept singing "Leon...Leon..."
The worshipper next to him whispered, "You're holding the songbook upside down."

Fannie – A woman complained to the parking garage dispatcher that someone had broken into her car and stolen everything. He replied that no, she had climbed into the second seat by mistake. Bernie – A man complains that his carburetor is flooded and the car won't start. "Where's the car," the mechanic asks? "In the lake," says the man.

Skip – No-respect Rodney Dangerfield asked his dad how to get his kite in the air. Dad responded, "Run it off a cliff."

Alan – A woman asked that she be cremated and that her ashes be spread over Bloomingdale's, so that her daughter would visit her on specials weeks.

■ Going It Alone Club

Club Opens Membership to Residents with Absent Spouses

by Elizabeth Brooks-Evans

B ecause one of the goals of the Going It Alone Club (GIAC) is "to enhance the social and emotional well-being of residents of Leisure World living without spouses," the Club's board of directors has voted to accept residents with spouses who are incapacitated in some way or residing outside of Leisure World.

The board of directors meets the first Thursday of each month at 3 p.m. in Clubhouse II. All members are welcome to attend. The GIAC weekly gathering takes place on Saturdays from 2-4 p.m. in Clubhouse II.

Armchair Travel

On Saturday, Oct. 21, at 2

p.m., members are treated to a thrilling tour with Rick Steves through Edinburgh, the historical, cultural and political capital of Scotland.

On the following Saturday, ride along with Steves on the sun speckled canals of Venice, Italy, the completely man-made environment rising from the sea.

Games

Following travel, the games begin at 2:30 p.m. Bingo is played on the second and fourth Saturdays of the month, and Pokeno is played on alternate Saturdays. Lively games of Rummikub are played every Saturday, as well as bridge and poker.

Games finish at about 4 p.m., when members are invited to get together for dinner at the Terrace Room or some other nearby restaurant.

Anyone interested in being a part of the game team should contact Marion Callaghan at (301-589-6779).

Trips

GIAC-sponsored trips are open to all residents, whether single or not, and the costs are reasonable. Trips scheduled for the remainder of 2017 include a trip on Sunday, Nov. 5, to Toby's Dinner Theatre in Columbia, Maryland to see "Dreamgirls" and a trip on Tuesday, Dec. 5, to Dutch's Daughter restaurant in Frederick, Maryland, with a side trip to Linganore Wincellars after brunch. See the Club Trips section of this publication for details.

The first trip in 2018 is to Harrington Casino in Kent County, Delaware on Thursday, March 22. A "High Tea" at Camellia's Sin Tea Parlor is scheduled for Tuesday, May 22, and on Tuesday, July 24, the group travels to Sight and Sound Theater in Pennsylvania to see "Jesus." Details are forthcoming.

For questions about trips, call Sylvia Pachenker at (301-598-5325) or Joe Parker at (301-598-3457).

Membership

Anyone wishing to sign up for membership or trips can do so during Saturday's gathering from 1:30-3 p.m. For more information about membership, contact Marion Callaghan, president, at (301-598-6779).





Caste System, 'The Nutcracker,' and A First Date

by Carlos Montorfano

Radha Pillai described the caste system in India, which she said was created a few thousand years ago by Aryan people who spoke Sanskrit. They lived according to a hierarchical system in which priests were at the top, then warriors, merchants, service

people beneath them, and "untouchables" at the bottom.

People could marry only within their own caste and, although that system was abolished within the last century, she said that it still thrives, especially in arranged marriages.

Kimi Sugimura read a rhyming verse about a woman who had a flat tire and was pleasantly surprised when a young man helped fix that tire, at no cost. She then thought how nice it would be if somebody, some day, did the same for that young man's mom.

Susie Hooper Billstein read a beautiful prose poem about the first time she was taken to see "The Nutcracker" as a five-year-old. The experience changed her life and she even went to ballet school.

Verna Denny told the group about going on her first date as a 12-year-old. Her mother not only allowed it, but also helped with her clothes, lipstick and hairdo to make it an unforgettable experience.

Diane Swift told about Mexico's Day of the Angels, celebrated on Nov. 1, followed by The Day of the Dead, which is not a morbid occasion, but one of peace and happiness.

Woody Shields explained how the legend of deer

hunting is filled with mystical folklore passed along from the active imagination of our forefathers during quiet reflection in the woods.

Tom Anessi read the story of "Party Nite," a celebration for those serving in Vietnam who found out they were being discharged or returning home soon. It included a lot of hugging, singing and drinking.

Jane Anessi read a piece called "Underground," about the experience of hiding in a dark, damp cave where, "You are surrounded by emptiness, darkness, insects and other unknown inhabitants of that secret hiding place."

Danuta Montorfano, on finding out that a lifelong friend had died, felt guiltridden and decided that, "In her life, no more, no more postponing."

Meetings are every first and third Thursday of the month at 11 a.m. in Clubhouse I. All are welcome.

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Free. RSVP to the Inter-Faith Chapel office at 301-598-5312 by Monday, October 30.



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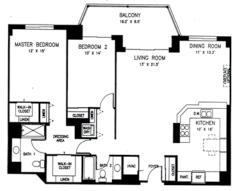
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Group Enjoys Walks Through Scenic Locales

by Beth Leanza

▼he Club is changing the movie night to Friday to avoid conflicting with other activities Boomers may be interested in.

The next movie, "Going in Style," is screened on Friday, Oct. 20, at 7 p.m. in the Clubhouse II auditorium.

Friday Hikes with Dawn

Many walkers meet up at the walk site, but if you want to carpool, contact Dawn Carlisle at (301-598-7098) by Thursday evening. Always bring water to each hike.

Oct. 27 – Lake Needwood (Lake Needwood, Derwood, MD) Meet in the parking lot near the hiker/biker trail at 1:15 p.m. Bring water. Go west on Norbeck Road to Muncaster Mill Road (Two options: either exit the Norbeck gate and turn left onto Norbeck Road, or exit the Georgia Avenue gate, turn right on Georgia, then turn left

onto Norbeck Road). Turn right onto Muncaster Mill Road, going north on Muncaster Mill Road to Needwood Road. Make a left at the light onto Needwood Road. Continue to the entrance of the park and turn left. Travel several miles to the parking lot.

Nov. 3 – Rock Creek Trail (5013 Baltic Ave., Rockville) Meet in the lower circular parking lot at 1:15 p.m. Bring water. Exit at the Connecticut Avenue gate. Continue on Connecticut Avenue to Aspen Hill Road. Turn right onto Aspen Hill Road and travel to Baltic Avenue. Turn right onto Baltic Avenue. Travel a short distance and then turn right into the parking area.

Sunday Morning Walks

On Sundays at 8:30 a.m., another group walks three miles around Leisure World Boulevard, occasionally going outside of Leisure World.

They meet up at the corner

of Leisure World Boulevard and **Arden Court across** from Kelmscot **Drive. Sometimes** they go out for breakfast after the walk.

Weeknight Walks

From Monday to Friday at 5:15 p.m., a few Boomers meet in the Clubhouse I lobby to walk the one-mile around

the Broadwalk in Montgomery Mutual. Announcements are not made, so introduce yourself.

Volkssport Walks

One Club member belongs to the local American Volkssport Association (AVA) and he updates the Club's website with information on various walks. Some walks are preset (get information about them from a local "walk box"), and other walks are group events.

You don't have to be a member, but AVA does encourage members with awards.

For more information, visit (https://sites.google.com/ site/bbclwmd/) and click on "Walks" below the Calendar.

Mah Jongg

If you already know how to play mah jongg, join the group on Tuesday or Wednesday at 7 p.m. in Clubhouse II.

For information, contact Donna Copeland at (dc@grandmathegeek.com).

Club Information

Residents who would like to connect with an active, social group, should come to a Baby Boomer event.

While the intent of the Club was to find the younger set, we do not draw a line. Club

'50s and '60s, watch movies, play games, and share food.

Baby boomers take a jaunt through Great Falls in

Maryland Oct. 1. Photo by Ruth Cougnet

For more information about the Club, visit the Club's website by searching for "BBCLWMD," or typing (https://sites.google.com/site/ bbclwmd/).

The calendar lists Club events and information on various walking opportunities.



Residents who would like to join are asked to sign up at a Club event or send dues to president Pat Leanza at (15111 Glade Dr. 1B).

Dues are \$5 per person, checks preferred, payable to Baby Boomer Club. For questions, contact Beth at (301-598-4569).

Include your email address with the check as Baby Boomers mostly communicate by email, or write, "no email."

The Club keeps its email limited to activities that members might like.

Email

Don't have email? The Club strongly suggests connecting with another member who does.

Contact Beth Leanza at (301-598-4569) or (bethlea12020@ gmail.com) if you have email members enjoy the music of the but have not received anything.

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GOOD TO KNOW:



Sign-ups for newly advertised E&R events and classes will be taken beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II, as noted in the event or class description.

Please remember to bring your Leisure World ID.

Leisure World Club Trips

The next deadline for trip submissions is **Monday, Oct. 23**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to **lwnews@lwmc.com**.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

Dover Downs Hotel & Casino

Return to Dover Downs with **NA'AMAT** on this popular trip with its overnight stay.

The cost is \$115 per person double occupancy, \$165 single occupancy, and includes round-trip transportation, beautiful hotel accommodations, a breakfast buffet, plus \$50 play money.

The bus leaves Clubhouse II at 10:30 a.m. on Wednesday and returns approximately 4:30 p.m. on Thursday.

Send your check(s), payable to NA'AMAT, to Trudy Stone at (15101 Interlachen Dr., Apt. 801, Silver Spring, MD 20906). Be sure to specify with whom you will be rooming and if you have any special needs when you send your check.

Questions? Call Trudy at (301-438-0016).

Nov.

Gaming and Sightseeing in Atlantic City

Join the **Jewish Residents of Leisure World** in a two-night, three-day trip (Monday-Wednesday) to Atlantic City. For only \$169 per person for double occupancy (\$80 more for single occupancy), you get transportation in a modern bus, two nights lodging in the Casino Hotel, a dinner, two hot breakfasts and a \$20 casino bonus.

On your own in this tourist location, you can take in a show and enjoy the famous Boardwalk.

Reservations and full payment are required. Contact Sue Sandler at (240-242-3742) for more information and a reservation.

Dec.

Dutch's Daughter Restaurant and Linganore Winecellars

Join the **Going It Alone Club** on an excursion to Dutch's Daughter Restaurant in Frederick, Maryland, for a buffet lunch, followed by wine tasting tour at Linganore Winecellars, in Mt. Airy, Maryland.

The cost for members is \$60 and for non-members \$67, and includes lunch, wine tasting, transportation, tax and gratuities.

The bus departs from Clubhouse II at 10:45 a.m. and return at approximately 5 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, Nov. 11, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Dec. 31

NEW - New Year's Eve Celebration Show and Dessert

NA'AMAT invites residents to join them in welcoming in the New Year. NA'AMAT starts the celebration by going to Signature Theater in Arlington, Virginia, to see the award-winning musical comedy "Crazy for You." This musical features some of George and Ira Gershwin's best-loved songs along with stunning choreography.

After the performance, the group returns to Clubhouse I for a delicious dessert reception.

The cost is \$105 per person and includes theater tickets, the reception, transportation, all tips and a donation to NA'AMAT.

The bus leaves from the parking lot adjacent to the Administration Building at 5:30 p.m. and returns at approximately 10:30 p.m.

NA'AMAT's New Year's Eve celebrations always sell out, so make your reservations early! For further information, call JoAnn at (301-438-0737).

April

8-15 NEW - Bermuda Cruise

Join **NA'AMAT** on a seven-night cruise to Bermuda on the Carnival Pride, leaving from Baltimore. Enjoy the charm of Bermuda's warm breezes and pink sand beaches!
Cabin prices are: balcony \$1,897 per person, double occupancy; outside \$1,562 per person, double occupancy; inside \$1,472 per person, double occupancy. Pricing includes transportation to/from pier, insurance, gratuities, cruise fare, taxes and fees. Passport required.

Call Jill, Eyre Leisure World Travel, today to reserve your cabin, at (301-598-1599) or $(301-854-6600 \times 3225)$. This ship will fill up, so please reserve early.

Questions? Call Trudy Stone at (301-438-0016).

ATTENTION, TRAVELERS!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

NO PICK UP OR DROP OFF OF RIDERS AT THE MAIN GATE

To prevent endangering yourself and to reduce risk liability, the Leisure World of Maryland Transportation Service does not transport any individual to or from the Main Gate.

The designated pickup area for such riders is in front of Clubhouse I or the parking lot of the Administration Building.

SHARE THE ROAD

Drivers: Remember to watch for pedestrians and cyclists. Pedestrians and cyclists have the right of way.

Yield to them at crosswalks and intersections so we can all stay safe on the road.



Clubs, Groups & Organizations In Brief

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at

Jewish Discussion: Hello to all Jewish residents of Leisure World. A discussion group meets on the fourth Sunday of every month (except July and August) at 10:30 a.m. in Clubhouse II. Be prepared for lively discussions about Israel and other topics of Jewish interest. Please give us a try; we think you'll like us.

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is 27. Bring your knitting and enjoy the conversations. We have patterns and yarn for your project. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

Musical Jammers Club: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 780 members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: We meet on the first Sunday of the month at 11 a.m. in Clubhouse II by the fireplace. If you were born, raised, went to school or lived in Philly, you are welcome to join us.

Ouilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Thursday, Oct. 26.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday, from 10 a.m.-noon, in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. We are currently reading from "The Oxford Book of American Short Stories," 2nd edition, editor Joyce Carol Oates. On Wednesday, Nov. 1, Moshe Samber leads a discussion of "The Persistence of Desire" by John Updike. On Wednesday, Nov. 15, Barbara Levin leads a discussion of "Defender of the Faith" by Philip Roth. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery, which celebrates its 20th anniversary in November. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.



Find Leisure World of Maryland on facebook at: www.facebook.com/ LeisureWorldofMaryland/



or follow us on Twitter at: @LeisureWorldMd



Travel & Tour Department • (301) 598-1599 • Monday, Wednesday & Friday 8:30 AM-2:00 PM Reservations can be made Monday through Friday, 8:30 AM-5 PM by calling 301-854-6600 #4 For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Harrington's Casino, DE

Thu., 11/9, 8:00 am-5:45 pm\$48.00 per person Try your luck with a \$15.00 slot play offer from Casino!

American Revolution Museum, Philadelphia Tues., 11/14, 7:15 am-6:00 pm \$99.00 per person

The 118,000 square foot museum holds an expansive collection of art, manuscripts, weaponry and even diaries from the Revolutionary Period. Lunch at the City Tavern - restrooms are on the second floor - no elevator.

Radio City Christmas Spectacular, NYC & &

Sat., 11/18 or Fri. 12/1

7:30 am-11:15 pm\$179.00 per person

Every year, the Rockettes put on a show that's more dynamic and more magical than the last. There is no better show to see this holiday season than the Radio City Christmas Spectacular! Orchestra seating.

Home for the Holidays show, American Music Theater Sat., 11/25, 8:45 am-8:00 pm\$119.00 per person

Home for the Holidays takes place on Christmas Eve and features many of the beloved traditions we look forward to each year. Lunch at Shady Maple Smorgasbord prior to show. Trip includes: lunch, show and transportation.

Christmas Extravaganza, Riverside Theatre Fredericksburg, VA S

Wed., 12/6, 9:45 am-6:30 pm.....\$113.00 per person Rekindle your Christmas spirit at Riverside Center. Lunch included.

Christmas Story, Fulton Theatre, PA S

Sun., 12/9, 8:30 am-7:45 pm\$139.00 per person This clever, live musical is a humorous adaptation of the hit film that became an instant classic in the early 80's. Lunch included at the Press Room Restaurant.

Tea & Tour National Cathedral, DC

Wed., 12/13, 12:00 pm-6:00 pm \$79.00 per person Guided tour of the Cathedral and afternoon tea included. While touring the Cathedral see if you can count of the angels (288) and the gargoyles (112)!

Miracle of Christmas, Sight & Sound Theater, PA Sat., 12/16 9:45 am-9:15 pm\$159.00 per adult \$99.00 per child

"The Savior is born!" Miracle of Christmas has become a family tradition. Take the Eyre bus to the Sight & Sound Theatre in Lancaster, PA, have a family-style lunch at Hershey Farms before arriving at the Theatre for "Showtime"!

NEW Christmas Cheer Concert, Baltimore 🧬 Sun., 12/17, 11:15 am-6:15 pm\$125.00 per person

The Concert Artists of Baltimore present their annual Christmas Cheer Concert with classical and traditional music. Pre-concert brunch and show are presented in the beautiful Engineers Club within the Garrett-Jacobs Mansion.

An American in Paris, Kennedy Center, DC 🧬 Sat., 1/6, 12:00 pm-5:45 pm...... \$149.00 per person

Get swept up in Broadway's breathtaking, four-time Tony Award winning 2015 musical, "An American in Paris". Set in the most romantic city in the world, with unforgettable songs by George and Ira Gershwin. Orchestra seating. Pack a snack or you can purchase food at the Kennedy Center.

Museum Loop, Washington DC

Tues., 1/9 8:40 am-3:00 pm.....\$35.00 per person

Choice of: Natural History Museum, National Archives or National Gallery of Art *special exhibit. Transportation only.

Brunch & Basilica Washington, DC & & &

Sun., 2/4, 10:15 am-4:15 pm\$95.00 per person

Enjoy a leisurely brunch at the Mad Hatter and a guided tour of the Basilica.

Riverdance-20th Anniversary Tour

Friday, 2/9\$156.00 per person

The international Irish dance phenomenon is back by popular demand in Riverdance at the American Music Theatre in Lancaster, PA. Lunch is included at Shady Maple Smorgasbord.

NEW The Bible Museum, Washington, DC 🥯 🥯 Wed., 2/28, 9:05 am-3:00 pm.....\$65.00 per person

The Museum of the Bible is the most technologically advanced museum in the world, allowing you to explore the history, narrative and impact of the Bible on a docent-led tour. Lunch on-own in the museum restaurant or cafe.

Philadelphia Flower Show

Thur., 3/8 or Fri., 3/9

7:45 am-7:45 pm\$86.00 per person

This years theme is Waterworks! Lunch on own.

NEW National Museum of Jewish History, PA "Leonard Bernstein: The Power of Music" Wed., 3/21, 8:15 am-6:00 pm.....\$105.00 per person

Your admission covers two exhibits. The core exhibit (docent lead) & Leonard Bernstein: The Power of Music, organized by NMAJH, celebrating the centennial birthday of one of the 20th century's most influential cultural figures. Boxed Lunch provided.

Hagerstown Outlets

Thurs., 3/23 9:00 am-4:45 pm.....\$35.00 per person Shop till you drop! Transportation only.

Spotlight on...

Orchid Exhibit at Hillwood

Tues., 3/20, 10:15am-4:45pm \$90.00 per person

Marjorie Merriweather Post had the greenhouse constructed to house her extensive collection of exotic orchids. Enjoy a guided tour of the greenhouse and learn about its history. Lunch at the café.

MULTI-DAY TRIPS

Williamsburg "Grand Illumination"

Dec. 2-4 (motorcoach)

Greenbrier, WV

Dec. 3-5 (motorcoach)

Myrtle Beach & Charleston, SC

March 18-22, 2018

Best of Israel & Jordan March 21, October 3 or Nov.

7 -12 days (fly drive)

St. Augustine, Amelia Island & Jacksonville, FL

April 8-14, 2018

Sedona's Red Rocks & the Grand Canyon

April 15-20, 2018

A Trolley, A Train & Patsy Cline's Winchester May 23-25, 2018

Caribbean Princess Panama Canal Cruise out of Ft. Lauderdale

March 8-18, 2018 Carnival Pride Bermuda

Cruise April 8-15, 2018 Princess Cruise Alaska on the **Golden Princess** Land/Cruise Aug. 14-25, 2018 Princess Cruise Alaska on the

Golden Princess (cruise only)

Aug. 18-25, 2018

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol provides an indication of how much walking may be involved.

Easy Walking More Walking

A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 60 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

SPORTS, GAMES & Scoreboards

■ Chess Club

A Game By Any Other Name

by Bernie Ascher

ames are important to individuals. It is their identity, both personally and professionally. So when women marry, should they be required to take their husband's surname?

It has been the custom or law for many years, that when a woman marries, she changes her surname to that of her husband, and their children bear the father's surname. In recent years, however, there is a trend toward equality of treatment of family names.

In some places, women are not required or expected to take their husband's name. In some places, it is even forbidden. In Quebec, for example, a Provincial law requires people to keep their birth names for life. The law is based on a 1976 Charter of Rights, which extends gender equality to names.

Greece adopted a similar law in 1983 during a wave of feminist legislation. Women, thus, use their maiden name after marriage. Iran has a similar system.

In France, a law on the books since 1789 requires that people not use a name besides the one on their birth certificate. Although women cannot legally change their surname after marriage, both husband and wife can accept the other's surname for social purposes.

Similar laws apply in
Italy, The Netherlands, and
Belgium. In Spain, Chile,
Malaysia, and Korea, it is
local custom for women to
keep their maiden names. In
Japan, married couples are
required to take one of the
spouses' family names; nearly
all married women assume
their husband's last name.

The European Union has been active in eliminating gender discrimination. A 1978 declaration by the Council of Europe requires member governments to take measures to adopt equality of rights in the transmission of family names. Such measures were taken by Germany, Sweden, Denmark and Spain.

In 2005, France adopted a measure that permits parents to give children the family name of the father, the mother, or a hyphenation of both. Previously, the law required children to take the surname of the father.

In 1979, the U.N. got into the naming act, establishing the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW). The Feminist Majority Foundation, a non-profit organization headquartered in Virginia, considers CEDAW to be the most comprehensive and detailed international agreement seeking the advancement of women.

With regard to surnames, the treaty states that wife and husband shall have equal rights to choose a family name. This is part of a long list of women's rights or gender equality rights specified in the treaty.

Although the U.S. was active in drafting the convention, it has not ratified the CEDAW, which has been ratified by 187 countries. President Carter signed the treaty in 1980, but Congress has not acted on it. Beside the U.S., six other countries have not ratified it – the Pacific Island nations of Tonga and Palau, Iran, Somalia, South Sudan and Sudan.

In the U.S., more women in recent years have opted to keep their maiden names. According to The New York Times, 30 percent now keep their maiden names, compared to 14 percent in the 1980s and 18 percent in the 1990s.

Chess players are indifferent to names. They will play anyone, regardless of their name.
They will even play anonymously against an opponent on the Internet. In the game pictured on this page, it is White's move. White can capture the Black Knight on d5. Does White have a better move?

The answer follows this reminder that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. For further information, contact Bernie Ascher at (301-598-8577).

ANSWER: Yes. Queen to a8.



Checkmate!

So, do not wait for a marriage. Do not wait for an international convention. Do not wait for equality. Play chess now!

■Tennis Club

Club Installs 2018 Officers

by Alfonso Holston

Tennis Club members and their invited guests ended the 2017 tennis season with an annual club dinner on Oct. 1.

The main event was the installation of the club's officers for the 2018 season. They are: Sue Sandler, president; Philip Wendkos, vice president; Sheila Harnik, treasurer; and Joyce Garner, secretary.

Tennis will continue as long as weather permits. Please continue to come out on Tuesdays and Fridays at 9:30 a.m. for round robin play. On Sundays, Wednesdays and Thursdays, advance play begins at 9:30 a.m.

The first club meeting of the next season is Wednesday, April 4, 2018 at 7 p.m. in Clubhouse II. Have a good off-season!



From left, new club officers Sue Sandler, president; Philip Wendkos, vice president; Sheila Harnik, treasurer and Joyce Garner, secretary. Photo by Alfonso Holston

Half and Half Rises to the Top

The league is based on handicaps with averages for the bowlers ranging from 80 to 184. If you have not bowled in years, come out and join the fun.

The top league standings as of Oct. 6 are: Half and Half in first place; Lightnin Strikes in second place; and Rolling Rocks in third place.

Top scores for the week of Sept. 29 are:

Scratch Game - Hooks N Curves, 727 pins Scratch Series - Hooks N

Curves, 2076 pins Handicap Game – Hooks N

Curves, 975 pins Handicap Series - Hooks N Curves, 2820 pins

High Average Men – Steve Mueller, 175 pins

Scratch Game Men – Lenny Messick, 235 pins

Scratch Series Men – Lenny Messick, 628 pins

Handicap Game Men -Lenny Messick, 301 pins Handicap Series Men -

Lenny Messick, 826 pins High Average Women -Chris Porter, 168 pins

Scratch Game Women -Kazue Waller, 193 pins

Scratch Series Women – Kazue Waller, 511 pins Handicap Game

Women - Kazue Waller, 262 pins Handicap Series Women -Wanda Garrett,

Top scores for the week of Oct. 9 are:

736 pins

Scratch Game - Hooks N Curves, 655 pins

Scratch Series - Hooks N Curves, 1933 pins

Handicap Game – Lightnin Strikes, 896 pins

Handicap Series - Half and Half, 2614 pins

High Average Men – Chuck Martinez, 184 pins

Scratch Game Men – Chuck Martinez, 221 pins

Scratch Series Men - Chuck Martinez, 613 pins

Handicap Game Men -George Spangler, 279 pins

> Handicap Series Men -George Spangler, 739 pins

High Average Women – Chris Porter, 167 pins Scratch Game Women – Chris Porter, 187 pins Scratch Series Women – Chris Porter, 503 pins

Handicap Game Women -Bea Morrisey, 245 pins Handicap Series Women -Julie Thomas, 657 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no

long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Rd. in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls, and unlimited cups of coffee is only \$10. If you are interested, please call Rita at (301-814-9196).





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Creekside "H" Model, Garage 2BR, 2FB, HWDs, exquisite kit w/granite open to DR, both kit+DR w/ windows!



LISTING WUNDER CONTRACT! \$86K

"Calvert" Co-op Apartment 2BR, 1FB, enclosed balcony, new carpet, all utils included in monthly fee, assigned parking!



Regency "Arts & Crafts" Model 12-year young, 2-level, luxury detached home, 4BR, 3FB, great room, gas FP, deck, 2-car garage



"Hampton" Co-op Apartment 2BR, 1FB, full-size w/d in unit, all utils incl in monthly fee,

assigned parking!



The Fairways "E" Model 2BR, 2FB, fresh paint, new carpet, new cabinets & granite in kitchen, overlooks fountain

LISTING JUST SOLD! \$335K

The Greens "L," Garage Space

3BR, 2FB, supurb kit & BA renov,

granite & stainless, all-season

sunroom, upgraded HVAC!



3BR, 2.5BA, large enclosed balcony, fresh paint, carpet, some new lighting & fan, 1530 sf!



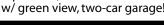
Easton Patio Home Twin owner's suites, 2FB, tablespace kit., fabulous sunroom



The Overlook "M," Garage Spc. Luxury 3BR, 2FB, gas fireplace & heat, balcony w/ tree-top view, fresh paint, extra storage!



"Barstow A" Patio Home 3BR, 2FB + sitting rm & sunroom, updated kitchen, 2-car garage, close to Norbeck gate, 1500 sf!



■Tuesday & Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

Tuesday, Sept. 26, 2017

North-South Flight A

- 1. Mel Schloss Arthur Podolsky
- 2. Maida Crocicchia Marilyn Udell
- 3. Ann Ruth Volin Sandra Jacobs
- 4. Palma Seeger Sue Swift
- 5. Donald Jacobs Saul Penn

Flight B

- 1. Maida Crocicchia Marilyn Udell 1. Dora Levin Merrill Stern
- 2. Palma Seeger Sue Swift

East-West Flight A

- 1. Gerald Lerner Jerry Miller
- 2. Judith Perrier Aaron Navarro
- 3. Barbara Summers James Summers Jr.
- 4. Dora Levin Merrill Stern
- 5. Mildred Lieder Nancy Gordon

Flight B

- 2. (tie) Norman Salenger Shirley (tie) Sandra True – Rae Newman

Friday, Sept. 29, 2017

No Game

Tuesday, Oct. 3, 2017

North-South Flight A

- 1. Marilyn Rubinstein Stanley Rosen
- 2. Doris Perschau Norman Salenger
- 3. Diane Keiper Nadyne Cheary
- 4. Barbara Summers James Summers Jr
- 5. Betty Brawley Betty Hollrah
- 6. Rosmarie Suitor Thomas Leahy

East-West Flight A

- 1. Aaron Navarro Gerald Lerner
- 2. Marlys Moholt Jerry Miller
- 3. Ephraim Salins Al Levin
- 4. Palma Seeger Mary Lafferty
- 5. Susan Weiss Sue Swift
- 6. Lorraine Hegel Robert Kerr

Flight B

2. Betty Brawley – Betty Hollrah

Flight B

1. Susan Weiss - Sue Swift

Friday, Oct. 6, 2017

North-South

- 1. Diane Keiper Nadyne Cheary
- 2. Marilyn Rubinstein Stan Rosen
- 3. Lewis Gold Arthur Podolsky
- 4. Mary Lafferty Walter Lafferty

East-West

- 1. Aaron Navarro Barbara Lebwohl
- 2. Sue Swift Lori Hegel
- 3. Bob Kerr Marlys Moholt
- 4. Jim Cowie Steve Billstein

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Your Referrals are greatly Appreciated



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■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

Sept. 27, 2017

- 1. Ann Boland, Joe Boland, 4660
- 2. Virginia Pace, Joanne Bland, 4390
- 3. Anna Pappas, Bob Bridgeman,
- 4. Joyce Riseberg, Dick Riseberg,

Oct. 4, 2017

- 1. Sylvia Forman, Betty Hollrah,
- 3680
- 2. Betty Goodman, Helen
- Montanaro, 3150
- 3. Joanne Bland, Virginia Pace, 2990

■Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Sept. 28, 2017

- 1. Vicky Shaz, 4,210
- 2. Evelyn Armstrong, 3,580
- 3. Anne Marschall, 3,200

Oct. 5, 2017

- 1. Pat Patton, 3,200
- 2. Bernice Star, 3,150
- 3. Evelyn Armstrong, 3,130

■ Golf Club

Golf Results

Compiled by Rita Molyneaux

Sept. 26, 2017 9-Hole Ladies

Red & Gold Tournament

- 1. Kazue Waller, 25
- 2. Janet Danziger, 28
- 3. Mary Wells, 30
- 4. Marilyn Sebastian, 31
- 5. Carol Lee Simms, 32
- 6. Lois Falck, 34

Sept. 27, 2017 Men's Fall Classic **First Round Results Low Gross**

Joe Powell, Bob Hudson, 73

Low Net

Kevin McMahon, Harold Steinman, 55

Sept. 28, 2017 **18-Hole Ladies Step Aside Scramble**

- 1. Mary Ko, Pam Mulcahy, Mary Lee Amato, Judy Moffson, 76
- 2. Christa Storm, Sue Heyman, Pat Lyddane, 80

Oct. 4, 2017 **Fall Classic Second Round Results Low Gross**

Kevin McMahon, Harold Steinman, 74

Gross

Sam Choi, Thomas Moriarty, 156

Overall Champions Net

Kevin McMahon, Harold Steinman, 116

Low Net

Sam Pak, Joe Genovese, 58* *Match of cards using back nine score

Oct. 5, 2017 **18-Hole Ladies** Mystery Hole #13

- 1. (tie) K.C. Choi, Christa Storm, 62
- 3. Susan Kim, 65

Oct. 20, 2017

2017 Most Improved Golfers 9-Hole Ladies – Flo Merola, 35.2 to 32.5 18-Hole Ladies - K.C. Choi, 26.1 to 24.2 Men – Bob Rauner, 38.7 to 34.5

2017 Champions

9-Hole Ladies – Mary Ellen Coffey 18-Hole Ladies – K.C. Choi Men – Mike Makfinsky Mixed Team – Doug Allston, Brenda Curtis-Smiley Two Lady Team 9-Hole Ladies – Arillain Navy, Dee Smiley 18-Hole Ladies – Nancy Ferdock, Pat Lyddane Men's – Jack Frensilli, Joe Crocetta Men's Member/Guest – Sperry Storm, Earl Miller

Holes-in-One – Semoon Chang, Robert Dibble, Pat Lyddane, Pam Mulcahy, Connie Park, Christa Storm

Gala Honors Winners



Hanna Schepps, left, and Marlys Moholt receive the championship trophy at the Duplicate Bridge Club's gala dinner Oct. 11. Photo by Aaron Navarro

by Aaron Navarro

The Duplicate Bridge
Club held its annual gala
dinner on Oct. 11 to celebrate
a great year of bridge, and
to announce the winners
of its annual tournament
championship.

More than 70 club members and guests were in attendance, enjoying the festivities, entertainment, good food, and dancing.

Emcees Marlys
Moholt and
Aaron Navarro
presented the
championship
trophy to Hanna
Schepps and
Marlys Moholt.
Finishing

second was Saul Penn and Lou Gold, with Sue Swift and Aaron Navarro placing third. Door prizes were also given to a number of lucky winners.

All in all, it was a fun evening to be remembered until next year. See you all at the bridge table.

GOOD TO KNOW: LEISURE WORLD GOLF MEMBERSHIPS



by Leisure World News

Trial Golf Membership

- Leisure World resident
- no previous Leisure World golf membership
- three-months, \$200
- · can be extended
- eligibility for Golf Club and MISGA events (after paying appropriate dues)
- more information: Pro Shop at (301-598-1570)

Associate Golf Membership

- at least 21 years old
- sponsored by resident or current associate
- \$900 annual fee
- eligibility for Golf Club and MISGA events (after paying appropriate dues)
- same golf privileges and restrictions as regular members
- more information: Pro Shop at (301-598-1570)



Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kiddy, Boston Time, Rise and Fly all mean? If you like the game Bid Whist and would like to play one day per week, contact Jessie at (314-374-4501).

Bridge:

- Tuesday and Friday Duplicate Bridge games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne at (301-598-5677).
- The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).
- **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.
- Thursday Ladies Bridge welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Pinochle Players: If you enjoy pinochle, join us at Clubhouse II on Monday evenings, 6:30-8:30 p.m. Call us at (301-775-7238) or (301-598-7064).

Poker:

• A few poker game openings are available at the Greens,

Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

- **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
- **Poker players wanted** for all variations of poker, with or without wild cards. Come by Clubhouse II Tuesdays and Thursdays at 7:15 p.m. and play until 10 p.m. Spend an enjoyable night with a bunch of good people. Call Andy at (240-558-4787).

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free, at your leisure, to work on it.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White at (301-438-7892) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Indoor Pool Volleyball: Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.

Check out the newspaper online at leisureworldmaryland.com

CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

***Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

How to Write a Novel:

Have you ever dreamed of writing your own novel? Or a collection of short stories, a memoir, or other creative writing? Whether your ideas are based on real-life events or pure imagination, now is the perfect time to start your book project.

Learn the fiction techniques of successful authors from HarperCollins author Kathryn Johnson, lecturer for the Smithsonian Associates programs and instructor at The Writer's Center in Bethesda.

This class is an exciting learning experience for writers and readers alike.

Class meets Fridays, Oct. 27-Nov. 17, 10-11:30 a.m. Fee: \$49. Register at Clubhouse I.

NEW – Improving Your Digital Photographs, a CLL class: Instructor Fred Shapiro will demonstrate how, by using any digital camera and basic computer software, one can enhance a digital photograph.

Each participant should bring his/her own laptop computer, camera and a flash drive of images.

Topics include: understanding how the camera's features and software affect the image taken; editing basics – straightening, cropping, adjusting exposure and strengthening the image; essentials of good photography – composition, exposure, focus, stop action; using an edited photo – in print, slide show, video.

This is a hands-on class. Participants will edit their own photos, which will then be critiqued to identify ways to improve the images.

Class meets Thursdays, Nov. 2-Nov. 30 (no class Nov. 23), 2-3:30 p.m. in the Computer Learning Center. Fee: \$20. Register at Clubhouse II.

Living with a Star, Our Home in the Solar System, a CLL class: This two-part series is designed to provide the interested viewer with a basic understanding of the scientific concepts that outline our present understanding of where we live as a space-based civilization of the 21st century. The basic, factual, information of the nature of the Sun (our Star) and its connection to the Earth (our home planet) are described and illustrated with the rich collection of images and illustrations of the physical characteristics of this system gathered by researchers since the dawn of space exploration.

These lectures are designed for a general audience and do not require a detailed technical background. The lecturer is Richard "Dick" Fisher.

Class meets Wednesdays, Oct. 25 and Nov. 1, 2-3:30 p.m. Fee: \$15. Register at Clubhouse I.

En avant! French in Action, a CLL class: This class, led by Gilles Gouin, is for beginners or people who have taken French in the past and would like to refresh and improve their skills. The focus of the class is grammar in context.

Topics covered include: pronunciation, greetings and farewells, family members, household objects, activities and actions, numbers, telling time, description using personal characteristics and colors, health, dates, the body, and weather.

Class meets Tuesdays, Oct. 24-Dec. 12, 11 a.m.noon. Fee: \$15. Register at Clubhouse I.

Poetry for Poetry
Lovers and Avocational
Poets, a CLL class: Poems
can tickle one's funny bone,
show one's patriotism,
or reveal one's romantic
inclination. In this class,
participants will read aloud
and discuss poetry by 20th
century poets from Maya
Angelou and Yehuda Amichai
to Marge Piercy and Ogden
Nash. The focus is on "What
makes this poem effective?"

If any participants wish to bring one or more original poems for "gentle workshopping," the instructor, Marcia Elbrand, will make sufficient copies for analysis by peers beginning in the second week.

Class meets Tuesdays, Nov. 7-Dec. 5, 2-3:30 p.m. Fee: \$15. Register at Clubhouse I.

For more information about the Center for Lifelong Learning (CLL), visit (www. cllmd.com)

EXERCISE

NEW – Ba Duan: This is the world's oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

Limited enrollment. Class meets Mondays, Nov. 6-Jan. 22, 2018 (no class Dec. 25 or Jan. 1), 4-5 p.m. Fee: \$15. Register at Clubhouse II.

NEW – Argentine

Tango: In this class, led by Julia Elena, director of Caminito Amigo, participants learn the fundamentals of Argentine tango. While primarily for beginners, the class is also open to those who want to improve their basic elements of Argentine tango.

Topics include the embrace, communication, and walking with style and musicality.

No partner is required. Dancing or leather soled shoes are preferred.

Class meets Thursdays, Nov. 16-Dec. 28 (no class Nov. 23), 3-4 p.m. **Fee: \$50. Register at Clubhouse I.**

NEW - Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upperbody strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Nov. 13-Dec. 18, and Thursdays (with Sue), Nov. 9-Dec. 21 (no class Nov. 23), 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

NEW – Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Nov. 14-Dec. 19, and Wednesdays, Nov. 8-Dec. 20, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

Chair Yoga with Robin, Monday afternoon: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga

therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, Oct. 30-Jan. 8, 2018 (no class Nov. 25, Dec. 25 or Jan. 1), 2-3 p.m. Fee: \$100. Register at Clubhouse II.

Zumba Gold with Denny - Mondays or Fridays: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Oct. 23-Dec. 18 (no class Nov. 6), 10:30 a.m. or Fridays, Oct. 13-Dec. 22 (no class Oct. 20, Nov. 10 or 24), 1 p.m. Fee: \$50 for one day; \$95 for two days. Register at Clubhouse II.

WATER EXERCISE

NEW - Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Nov. 14-Dec. 19, and Thursdays, Nov. 9-Dec. 21 (no class Nov. 23), 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

NEW – Non-impact Fusion with Beth: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

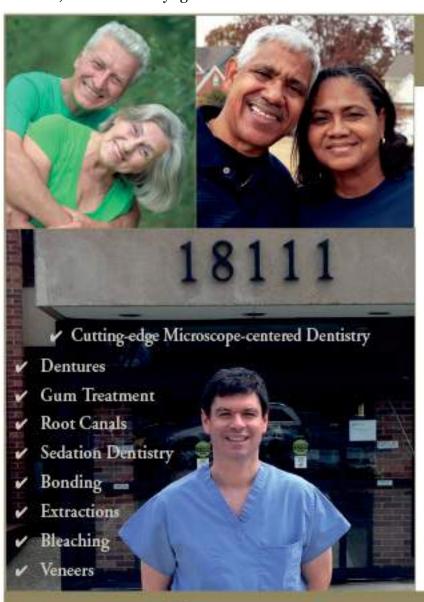
Class meets Tuesdays, Nov. 14-Dec. 19, and Thursdays,

Nov. 9-Dec. 21 (no class Nov. 23), 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

NEW - Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Nov. 8-Dec. 20 (no class Nov. 22), 1-2 p.m. Fee: \$36, 1 day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.

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*Carefully read the Residence and Care Agreement for the conditions that must be satisfied before the Provider is required to pay the Entrance Fee Refund.

CALENDAR of Events

Friday, October 20

Clubhouse I

10:00 a.m. Book Club Network 12:15 p.m. Kiwanis Club 1:30 p.m. Any Level Watercolor Class

3:00 p.m. Hispanos de LW 5:00 p.m. Octoberfest

7:00 p.m. Octoberiest 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Chinese Club 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge 3:00 p.m. Tai Chi for Essential Tremor Class

7:00 p.m. Baby Boomer Club: Movie "Going in Style"

Saturday, October 21 Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio

9:15 a.m. JRLW Religious Service 12:00 p.m. LW LGBT Alliance 2:00 p.m. Going It Alone Club:

7:30 p.m. Fun & Fancy Production: History of the '60s in Song and Dance

Sunday, October 22

Clubhouse I

Clubhouse II

9:00 a.m. LW Green: Environmental Speaker 2:00 p.m. Italian Club: Movie "That's Amore!"

Clubhouse II

10:30 a.m. Jewish Discussion Group

2:00 p.m. Fun & Fancy Production: History of the '60s in Song and Dance

3:00 p.m. Tai Chi for Essential Tremor Class

Monday, October 23 Clubhouse I

9:00 a.m. Flu Clinic 9:15 a.m. Stretch & Tone Class

9:45 a.m. AARP Driving Class 10:30 a.m. Beginner Stretch &

Tone Class

1:30 p.m. LW Chorale

1:00 p.m. Paintbrush & Knife Class 1:30 p.m. Book Club Network: Fall Readers

7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class 10:30 a.m. Zumba Gold Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 2:00 p.m. Line Dance Class 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Exercise Class

Tuesday, October 24

Clubhouse I

9:30 a.m. Any Medium Art Class 10:00 a.m. Beginner Conversational Spanish Class 10:00 a.m. Sermon on the Mount Class

11:00 a.m. En Avant! French in Action Class

1:00 p.m. Watercolor Techniques Class

1:30 p.m. Book Club Network 2:00 p.m. Biographies of

Controversial People Class 5:00 p.m. Lawn Bowls Club

5:00 p.m. Crab Feast

7:00 p.m. Trivia Group

7:00 p.m. Duplicate Bridge **Clubhouse II**

10:00 a.m. EPAC Program: Fire Safety Forum

10:00 a.m. LW Apple Club 11:00 a.m. Mild Exercise Class

11:00 a.m. Water Exercise Class 12:30 p.m. Scrabble Group

1:00 p.m. Non-impact Fusion Water Class

1:30 p.m. Comedy & Humor Club 2:30 p.m. Unitarian Universalist Meeting

6:15 p.m. Move to the Beat Class 7:00 p.m. Camera Club Meeting

Wednesday, October 25 Clubhouse I

9:00 a.m. Gentle Yoga Class 9:30 a.m. Community Fair Day 10:00 a.m. Express Yourself Art

10:00 a.m. American Presidency Class

10:00 a.m. Supervised Bridge Class 12:00 p.m. HAC Program: Pain Management

1:00 p.m. Diabetes Prevention Class

1:00 p.m. Oils & Acrylics Class

1:00 p.m. Bocce

2:00 p.m. LW Green

2:00 p.m. Living with a Star, Our Home in the Solar System Class

2:00 p.m. Hadassah

3:00 p.m. Pilates, Stretch & Barre Class

6:45 p.m. Chicago Bridge Clubhouse II

11:00 Mild Exercise Class

1:00 p.m. Chess Club

1:00 p.m. Aqua Fit Class

1:00 p.m. Ping Pong Club

 $4{:}00~\mathrm{p.m.}$ Move It or Lose It Class

Thursday, October 26 Clubhouse I

9:15 a.m. Stretch & Tone Class 10:00 a.m. Painting for Everyone Class

10:30 a.m. Exploring Ultra-Orthodox Judaism Class

10:30 a.m. Beginner Stretch & Tone Class

12:30 p.m. Ladies Bridge 1:00 p.m. HAC Program: Fall

Prevention 1:00 p.m. Oils & Acrylics Class

1:00 p.m. Oils & Acrylics Class 1:00 p.m. Ladies Golf Lunch

2:00 p.m. Book Club Network 2:00 p.m. Economics & Politics in

the Age of Trump Class 2:00 p.m. Memory Cafe

3:00 p.m. Pilates, Stretch & Barre Class

5:00 p.m. Lawn Bowls Club **Clubhouse II**

9:00 a.m. Senior Sneakers Class

Dial 301-598-1313 for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Emergency Preparedness

Nov. 2, 9:30 a.m., Sullivan Room

Strategic Planning

Nov. 1, 2:00 p.m., Sullivan Room

Golf and Greens

Nov. 3, 9:30 a.m., Clubhouse I

LWCC Board of Directors

Oct. 31, 9:30 a.m., Clubhouse I

The meeting airs on Nov. 6, 8 and 10 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

Oct. 20, 9:00 a.m., Sullivan Room

The meeting airs on Oct. 25, 26 and 27 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change.

Leisure World Mutual Meetings

October 23

Montgomery Mutual

9:30 p.m., Clubhouse I

Mutual 9 Board 10:00 a.m., Sullivan Room

October 25

Mutual 20B Board

9:00 a.m., Community Room 4

Mutual 19B Board

1:00 p.m., Sullivan Room October 26

Mutual 10 Board 9:30 a.m., Sullivan Room

Mutual 20A Board

9:30 a.m., Party Room 2

Mutual 6C Board

9:30 a.m., Community Room

Mutual 26 Board

10:30 a.m., Party Room

Mutual 24 Board

1:30 p.m., Community Room

October 27
Mutual 17B Board

10:00 a.m., Party Room

October 31 Mutual 17A Board

2:00 p.m., Party Room

Mutual 21 Board

2:30 p.m., Community Room 3

November 1 Mutual 8 Board

11:00 a.m., Sullivan Room

November 2 Mutual 27 Board

10:00 a.m., Community Room

Meeting times and locations subject to change.

9:30 a.m. Quilters Group 11:00 a.m. Water Exercise Class 11:00 a.m. Mild Exercise Class 12:30 p.m. Men's Bridge 1:00 p.m. Non-impact Fusion Water Class

Friday, October 27 Clubhouse I

10:00 a.m. How to Write a Novel Class

1:30 p.m. Any Level Watercolor Class

3:00 p.m. Hispanos de LW 7:00 p.m. Friday Duplicate Bridge

7:00 p.m. Halloween Party with Rise Band & Show

Clubhouse II

10:00 a.m. Chinese Club 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club

1:00 p.m. Zumba Gold Class 1:00 p.m. Friday Bridge

3:00 p.m. Tai Chi for Essential Tremor Class

Saturday, October 28 Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio 7:30 p.m. Ballroom Dance Club

Clubhouse II

9:00 a.m. JRLW Service 2:30 p.m. Going It Alone Club: Bingo

7:30 p.m. Sock Hop Group: Halloween Dance

Sunday, October 29 Clubhouse I

Have a Happy Day Clubhouse II

2:00 p.m. Movie: "Loving" 3:00 p.m. Tai Chi for Essential Tremor Class

Monday, October 30 Clubhouse I

9:15 a.m. Stretch & Tone Class 10:30 a.m. Beginner Stretch & Tone Class

1:00 p.m. Paintbrush & Knife Class

1:30 p.m. LW Chorale

7:00 p.m. Bingo **Clubhouse II**

9:00 a.m. Senior Sneakers Class 10:00 a.m. Clipper Workshop 10:30 a.m. Zumba Gold Class 11:00 a.m. Chair Yoga Class 2:00 p.m. Chair Yoga Class 2:00 p.m. Line Dance Class 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Class

Tuesday, October 31 **Clubhouse I**

9:30 a.m. Any Medium Art Class 10:00 a.m. Beginner **Conversational Spanish Class** 10:00 a.m. Sermon on the Mount Class

11:00 a.m. En Avant! French in Action Class

1:00 p.m. Watercolor Techniques Class

5:00 p.m. Lawn Bowls Club 7:00 p.m. Trivia Group 7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginner/Advanced Tai Chi Class

11:00 a.m. Water Exercise Class 11:00 a.m. Mild Exercise Class 12:30 p.m. Scrabble Group 1:00 p.m. Non-impact Fusion Water Class

1:30 p.m. Comedy & Humor Club 6:15 p.m. Move to the Beat Class

Wednesday, November 1 **Clubhouse I**

9:00 a.m. Gentle Yoga Class 10:00 a.m. Express Yourself Art Class

10:00 a.m. Supervised Bridge Class 10:00 a.m. American Presidency Class

12:30 p.m. NA'AMAT RZB Club 11:00 a.m. Short Story Group 1:00 p.m. Oils & Acrylics Class 1:00 p.m. Bocce

2:00 p.m. Living with a Star, Our Home in the Solar System Class 2:00 p.m. Book Club Network 3:00 p.m. Pilates, Stretch & Barre

6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club

1:00 p.m. Ping Pong Club 1:00 p.m. Aqua Fit Class 2:00 p.m. Chair Yoga Class 4:00 p.m. LWAAAC General Meeting

4:00 p.m. Move or Lose It Class 7:30 p.m. Fun & Fancy Theatre Group

Thursday, November 2 Clubhouse I

9:15 a.m. Stretch & Tone Class 10:00 a.m. Painting for Everyone Class

10:20 a.m. Exploring Ultra-Orthodox Judaism Class 10:30 a.m. Beginner Stretch & **Tone Class**

10:30 a.m. Essential Tremor Group 11:00 a.m. Writers Workshop 12:30 p.m. Ladies Bridge 1:30 p.m. Watercolors Any Level Class

2:00 p.m. Economics & Politics in the Age of Trump Class 3:00 p.m. Stamp Club Meeting 5:00 p.m. Lawn Bowls Club

Clubhouse II

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner/Advanced Tai Chi Class

10:00 a.m. Stitchers Group 11:00 a.m. Water Exercise Class 12:30 p.m. Men's Bridge 1:00 p.m. Gilbert & Sullivan Society

1:00 p.m. Non-impact Fusion Water Class

2:00 p.m. Improving Your Digital **Photographs Class**

Friday, November 3 **Clubhouse I**

9:00 a.m. Flu Clinic 10:00 a.m. How to Write a Novel Class

12:15 p.m. Kiwanis Club 1:30 p.m. Any Level Watercolor Class

3:00 p.m. Hispanos de LW 7:00 p.m. Friday Duplicate Bridge

Clubhouse II 1:00 p.m. Ping Pong Club

1:00 p.m. Chess Club 1:00 p.m. Zumba Gold Class

1:00 p.m. Friday Bridge

3:00 p.m. Tai Chi for Essential **Tremor Class**

Saturday, November 4 **Clubhouse I**

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio 10:00 a.m. American Needlepoint **Guild Meeting**

Clubhouse II

9:15 a.m. JRLW Services 2:00 p.m. Going It Alone Club: Social

7:00 p.m. LW Chorale Performance

Sunday, November 5

Clubhouse I Have a Happy Day

Clubhouse II

2:30 p.m. Fireside Forum: The FDA and the Safety of Our Food Supply

6:30 p.m. Baby Boomers: Game Night

Monday, November 6 Clubhouse I

9:15 a.m. Stretch & Tone Class 10:30 a.m. Beginner Stretch & Tone Class

1:00 p.m. Paintbrush & Knife Class 1:00 p.m. Paintbrush & Knife Class 1:00 p.m. CLL General Meeting 1:00 p.m. HAC Program: Men's

1:30 p.m. LW Chorale 6:30 p.m. Duplicate Bridge for Newcomers

7:00 p.m. Bingo

Clubhouse II

10:30 a.m. Zumba Gold Class 11:00 a.m. Chair Yoga Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club Class 2:00 p.m. Chair Yoga Class 2:00 p.m. Line Dance Class 3:00 p.m. Line Dance Class

4:00 p.m. Ba Duan Class

9:00 a.m. Blood Pressure Testing 9:30 a.m. Any Medium Art Class 10:00 a.m. Beginner

11:00 a.m. En Avant! French in **Action Class**

11:30 a.m. Ladies Golf Lunch 1:00 p.m. Watercolor Techniques

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2:00 p.m. Book Club Network

2:00 p.m. Poetry for Poetry Lovers & Advocational Poets Class 5:00 p.m. Lawn Bowls Club 7:00 p.m. Duplicate Bridge 7:00 p.m. Trivia Group

Clubhouse II

9:30 a.m. Beginner/Advanced Tai Chi Class

12:30 p.m. Scrabble Group 1:30 p.m. Comedy & Humor Club 6:15 p.m. Move to the Beat Class

Wednesday, November 8 **Clubhouse I**

9:00 a.m. Gentle Yoga Class 10:00 a.m. Meditation Seminar 10:00 a.m. Express Yourself Art

10:00 a.m. Supervised Bridge Class 10:15 a.m. League of Women Voters 1:00 p.m. Oils & Acrylics Class 1:00 p.m. Low Vision Support Group

1:30 p.m. Patients Rights Council 2:00 p.m. LW Green

3:00 p.m. Pilates, Stretch & Barre Class

6:45 p.m. Chicago Bridge

Clubhouse II

Paradise"

11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Ping Pong Club 1:00 p.m. Aqua Fit Class 2:00 p.m. Chair Yoga Class 4:00 p.m. Move it or Lose It Class 7:00 p.m. Starvation Army Band

Performance 7:00 p.m. Lapidary Club: "Morocco: A Fossil Collector's

Thursday, November 9 **Clubhouse I**

9:15 a.m. Stretch & Tone Class 10:00 a.m. Painting for Everyone Class

10:30 a.m. Exploring Ultra-Orthodox Judaism Class 10:30 a.m. Beginner Stretch & **Tone Class**

12:30 p.m. Ladies Bridge 1:00 p.m. Oils & Acrylics Class 2:00 p.m. Book Club Network 2:00 p.m. Economics & Politics in

the Age of Trump Class 5:00 p.m. Lawn Bowls Club 7:00 p.m. LW Democratic Club

Clubhouse II

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner/Advanced Tai Chi Class

9:30 a.m. Quilters Group 11:00 a.m. Water Exercise Class 11:00 a.m. Mild Exercise Class 12:30 p.m. Men's Bridge

1:00 p.m. Non-impact Fusion Water Class

1:30 p.m. JRLW: Movie "Above and Beyond"

2:00 p.m. Improving Your Digital **Photographs Class**

4:00 p.m. Model Railroad Club

Friday, November 10 **Clubhouse I**

10:00 a.m. How to Write a Novel Class

1:30 p.m. Any Level Watercolor Class

3:00 p.m. Hispanos de LW 6:00 p.m. Café AIM: Sharón Clark 7:00 p.m. Friday Duplicate Bridge

Tuesday, November 7 Clubhouse I

Conversational Spanish Class

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Clubhouse II

10:00 a.m. Chinese Club 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge

Saturday, November 11 Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Lions Club 10:00 a.m. Open Art Studio 11:00 a.m. Veterans Day Luncheon

Clubhouse II

9:15 a.m. Shabbat Services 2:00 p.m. Going It Alone Club: Bingo

6:30 p.m. Baby Boomers: Movie

Sunday, November 12 Clubhouse I

10:15 a.m. Jewish War Vets: Brunch with Rep. Jamie Raskin **Clubhouse II**

7:00 p.m. Kristallnacht Service

Monday, November 13 Clubhouse I

10:00 a.m. Garden &
Environmental Club: Ruth Bortz,
master gardener
1:00 p.m. Paintbrush & Knife
Class

1:30 p.m. LW Chorale 7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers 10:00 a.m. Clipper Workshop 10:30 a.m. Zumba Gold Class 11:00 a.m. Chair Yoga Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 2:00 p.m. Chair Yoga Class 2:00 p.m. Line Dance Class 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Class

Tuesday, November 14 Clubhouse I

9:30 a.m. Any Medium Art Class 9:30 a.m. Garden Plots Group 11:00 a.m. En Avant! French in Action Class

1:00 p.m. Watercolor Techniques Class

1:00 p.m. Amateur Radio Club 2:00 p.m. Compassion & Choices Group

2:00 p.m. CLL: Hearing Seminar 2:00 p.m. Poetry for Poetry Lovers & Advocational Poets Class

5:00 p.m. Lawn Bowls Club 7:00 p.m. Trivia Group 7:00 p.m. Duplicate Bridge **Clubhouse II**

9:30 a.m. Beginner/Advanced Tai Chi Class

11:00 a.m. Water Exercise Class 11:00 a.m. Mild Exercise Class 12:30 p.m. Scrabble Group 1:30 p.m. Comedy & Humor Club 3:00 p.m. Parkinson's Support Group

6:15 p.m. Move to the Beat Class 7:00 p.m. Camera Club

Wednesday, November 15 Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Express Yourself Art Class 10:00 a.m. Supervised Bridge Class 11:00 a.m. Short Story Group 1:00 p.m. Oils & Acrylics Class 1:00 p.m. Bocce 1:00 p.m. Diabetes Prevention Class

2:00 p.m. Hadassah : Jewish Composers Go to the Movies 6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club

1:00 p.m. Ping Pong Club

1:00 p.m. Aqua Fit Class

1:30 p.m. Stroke Support Group 2:00 p.m. Chair Yoga Class

4:00 p.m. Move it or Lose It Class

Thursday, November 16 Clubhouse I

9:15 a.m. Stretch & Tone Class 10:00 a.m. Painting for Everyone Class

10:30 a.m. Exploring Ultra-Orthodox Judaism Class 10:30 a.m. Beginner Stretch & Tone Class

11:00 a.m. Writers Workshop 12:30 p.m. Ladies Bridge 1:00 p.m. Oils & Acrylics Class 2:00 p.m. Book Club Network 2:00 p.m. Economics & Politics in the Age of Trump Class 3:00 p.m. Argentine Tango Class 5:00 p.m. Lawn Bowls Club

Clubhouse II

9:00 a.m. Senior Sneakers 9:30 a.m. Beginner/Advanced Tai Chi Class

10:00 a.m. Stitchers Group

11:00 a.m. Water Exercise Class
12:30 p.m. Men's Bridge Group
1:00 p.m. Movie: "Fences"
1:00 p.m. Non-impact Fusion
Water Class
2:00 p.m. Improving Your Digital
Photographs Class

Friday, November 17 Clubhouse I

10:00 a.m. Book Club Network 10:00 a.m. How to Write a Novel Class

10:00 a.m. JRLW Seminar:
"Presidents as Leaders: From
Carter to Trump"
12:15 p.m. Kiwanis Club
1:30 p.m. Any Level Watercolor

Class

3:00 p.m. Hispanos de LW 7:00 p.m. Friday Duplicate Bridge **Clubhouse II**

1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Zumba Gold Class 1:00 p.m. Friday Bridge Club 7:00 p.m. Chinese Club: Program

Saturday, November 18 Clubhouse I

9:00 a.m. Gentle Yoga Class 9:30 a.m. Arts & Crafts Fair 10:00 a.m. Open Art Studio

Clubhouse II

9:15 a.m. JRLW Services 12:00 p.m. LW LGBT Alliance 2:00 p.m. LWAAAC: Movie "Rosenwald"

2:00 p.m. Going It Alone Club: Social

7:00 p.m. Sock Hop Group

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CAMBRIDGE PATIO HOME, 1225 sq. ft., 3 BDR, 2 baths, marble fireplace, new plush carpeting and floors, luxury custom verticals. Freshly painted, all done in cream and white. New recessed lighting and fans, all done on dimmers; electric outlets replaced. Screened porch - enjoy fox, deer, chipmunks and more in this rare private setting with your own gardens. This home was my mom's delight and now can be yours. \$249,900. Shown by appointment. moonbeampaps@ yahoo.com or (479-997-5679). No agents, please.

AUTO SALES

2002 LEXUS ES300, like new. One owner. Loaded with leather and sunroof. MD inspected. Only 50,500 miles. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2001 LINCOLN CONTINENTAL. Loaded with leather. Plenty of service records. Only 78,100 miles. \$7,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

AUTO SERVICES

ARE YOUR HEADLIGHTS
YELLOW, dull and hazy? Have you
noticed your headlights aren't as
bright as they used to be? Does your
car look older than it is? Repair.
Don't replace. Replacing headlight
assemblies can be very costly and
in most cases unnecessary. Call
Mr. Headlight, (301-370-6983);
we come to you. LW references
available upon request.

TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER
IS HERE: Lifelong local
resident. Reliable, competent
service. Comfortable, clean
vehicle, can seat from 1 to 6
passengers. Airports, cruiseports,
theatres, casinos, appointments...
Anywhere, anytime, including long
distance trips to other states. Call
with questions: Steven Saidman, cell/
text (301-933-8899), email (Steve.
Your.Driver@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 50 satisfied customers from Leisure World. Larry Kraft (240-743-8287).

CARRY-OUT PICK UP & delivery of your dinner, 3-7 p.m. Pizza, spaghetti, Market chicken, hams, or other carry-out meals. Call Larry Kraft. Will pick up for \$15 when needed. (240-743-8287).

HEALTH CARE SERVICES

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants."

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

ELDERLY CARE: Over 10 years experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

AIDE ASSIST & CARE "Caring for Today for a Brighter Tomorrow." Licensed CNA, CMT, CPR/first aid, food handlers. Services: companionship, errands, dr. appts, cooking, cleaning and everyday care. No job is too big or too small. Please call for further details and pricing. (240-573-6184) E. Scott

PRIMARY CAREGIVER. Licensed CNA with Med Tech and CPR training. 20 years experience. Live-in preferred. \$4,000 per 5 days and 2 nights (Saturday and Sunday) for non-smoking client. MoCo area. English speaking. References available. Trustworthy, honest and caring. Brenda (240-277-0496, call or text).

EXCELLENT, CERTIFIED Nursing Assistant for the elderly. Years of experience; very knowledgeable; gentle touch. Call Michelle at (786-444-7995). (Reference - Peggy, LW resident, at 240-701-5870.)

CNA, GNA, MEDICINE AIDE, elderly care. Over 10 years experience. Certified CPR, first aid. Reliable, responsible, loving and caring, respectful. Great references. Good driving record. Day or night shift. Call (301-275-8713).

HOME HEALTH CARE/Caregiver: Senior citizens, CNA. Work 10 years in LW. Grad, BSN (Filipina nurse). Roman Catholic. Culinary grad in Europe. Speak different languages. Schooling for nutrition. Work long/ short term. Call Connie (240-449-6362).

NEED A MALE CAREGIVER? Looking night shift. Certified CNA/GNA; 17 years experience. Have worked in and know well LW. Please call Daniel B. at (240-970-2481). Thanks. CNA CAREGIVER. Caring hands, loving and compassionate CNA will care for your love ones, part-time days and full-time nights. Honest reliable and hardworking with over 35 years of experience, excellent references. Please call Hazel (301-792-4610).

COMPETENT CERTIFIED NURSING ASSISTANT with 12 years experience. Great references and drives. Cell phone (240-393-1625).

GNA, CNA, CPR, first aid, HHA state certified. Reliable and flexible. I do light housekeeping, food preparation, etc. Available from 1:30 p.m. to 8 p.m. (240-462-7951)

LOVING CARE and good companionship: CNA with Med Tech certification, CPR and first aid. 20 years experience. Good cook, cleaning and driving. Call Que (240-602-5011).

NICE ELDERLY CARE. CNA with over 15 years experience. Great reference. Available for long days or nights. Can drive, cook, clean, doctors' appointments. Call (703-867-7034).

CNA. I speak English and Italian and grew up in Rome. Have experience working with seniors. Will help with light housekeeping, cooking, laundry. References available. Call Tigist at (240-481-3883).

LOVING, CARING PERSON. Have worked in Leisure World for 10 years. I am looking for a Full-time job, Monday-Friday. LW reference. Please call Alice (240-839-0087).

AFFORDABLE HOMECARE for senior citizens. Service you can trust: companionship, light housekeeping, personal care, shopping and cooking. Please call Tola at (240-394-2382).

ASSISTED LIVING

MARYLAND LICENSED ASSISTED LIVING. Annual special! Economize - \$500 discount! Beautiful and clean facilities. Alert, friendly and highly skilled caregivers. Experts in offering active daily adult activities! Call (301-525-8087).

INSURANCE

DO YOU HAVE QUESTIONS about your final expense burial insurance? Then, I have a solution! "No Risk To Listen™" to a free presentation about funeral planning and funding. At the end of the presentation, you will be very knowledgeable about how burial insurance paid in cash will cover your funeral expenses, cemetery property, and more. In addition, free Family Support Services provide your loved ones' peace

of mind by providing assistance at the time of planning your final arrangements. Call Tanya Lyles at (240-277-4214) to set up your presentation without obligation! Lincoln Heritage Funeral Advantage.

GENERAL SERVICES

ALTERATIONS - 30 years experience in Leisure World! Men's & woman's garments picked up and dropped off at your convenience. Very competitive prices. Call Mimi (301-990-6468).

KITCHEN AND BATHROOM Remodeling - Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

SMALL JOBS WELCOME! Picture hanging, moving boxes, carpet stretching, assembling furniture (example: IKEA), adjusting bathroom fixtures, hanging curtain rods, resetting closet doors, general painting. Need something else? Please ask Jesse (301-747-5054).

"STAIR LIFTS: Never walk up steps again! Buy new or certified preowned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

FLOORED AT HOME CARPET sales, installation, repairs and buckle removal. Shop at home; we come to you! Family owned and operated; over 28 years experience. Call (240-626-5931) today for a free in home estimate. We are licensed and insured.

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling - pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www. continentalmovers.net).

TB WINDOW CLEANING. Still cleaning windows on a limited basis. Please call Thomas Brown at (240-370-0076).

LW TOP OFFICE PRODUCER
LEISURE WORLD PLAZA MAYNARD E. TUROW AGENT 18 YEARS...LISTINGS, RESALES, NEW SALES

THINKING OF SELLING?? Or Friends-Relatives Buying?

Living in and working in this community, I give you the attention to detail vour property needs to the marketplace and can bring you excellent results.



FREE BROCHURES, COMPS, LAYOUTS, INFO Direct: 301-518-3834 maynardturow@yahoo.com Website: MaynardTurow.LNF.com

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/ vet appointments. I am a 55 yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

CLEANING SERVICES

R&G CLEANING SERVICES -Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES -Good references. Good rate. Once

a week or every two weeks. (240-286-3807)

HOUSECLEANING – Sara (240-477-2104) will thoroughly clean you home for a fair price; all supplies included. I am one of Sara's satisfied customers. Call Jackie for references (301-598-3711).

COMPUTER HELP

COMPUTER SERVICES - Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back up, and retrieve important data, photos, and music. Have served over 400 clients in leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES - Need help with your computer? Training, new computer setup, troubleshooting, installation. Lessons at

your residence at your convenience. Learn basic computer, email, surfing the web, digital photos, tablets, smartphones, smart TVs, and more. Patient trainer will sit by your side and teach you in plain English - no technical talk! Shopping assistance for all electronic & computer items. Senior specialist since 1996. Senior discount. Call David at (301-762-2570). ComputerTutor

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll transfer your photos, slides, and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services (301-438-3140).

BEAUTICIAN: I can do your hair in your own home. Have 45 years of experience styling hair and have worked at Images for 17 years. LW resident. Call Gity at (301-642-7281).



Kathleen and Eileen Kane

Honored To Serve You For 35+ Years With Cathy Gilmour Real Estate And Proudly Continuing That Same High Level Of Service With Long & Foster



A – Sweeping views from the penthouse level in Vantage Point enclosed balcony, light and bright. West! Over 900 sq ft of living space in this 1 bedroom, 1½ bath apartment which has living room, dining room, table-space kitchen, and enclosed balcony. Freshly painted; wood floors in foyer, living room, dining room, and bedroom. \$150,000

F – In Villa Cortese, Building 2 on the 4th floor, 2 bedrooms, 2 full baths, den, living room, formal dining room, table-space kitchen, enclosed balcony. Large garage space! California closets! Engineered wood floors! \$345,000

B – In **Turnberry Courts**, Building 3 on the 5th floor, two bedrooms, two baths, living room, dining room, table-space kitchen, time to put your house on the market and move to Leisure World.

\$188,900 RENTALS: J with Garage – 4th floor in Villa Cortese. 2 BR, 2 bath, new laminate floors, other updates, close to the action. \$1,750/ month plus gas & electric.

F with garage - In Fairways South. Panoramic view, updated kitchen. \$1,650/month plus electric.

SELLERS – This is YOUR market! Inventory of homes is low and interest rates remain low. This is the time for you to make the move you've been planning. Contact Kathleen or Éileen to assist you.

Dedication makes the difference!

LONG & FOSTER REAL ESTATE, INC. Residential & Commercial Real Estate · Mortgage · Title · Insurance · Property Management

 \mathbb{R} CHRISTIE'S

Direct: 240-460-8647 | Leisure World Plaza Office: 301-598-7500 | Kathe.E.Kane@Gmail.com

Services for Seniors

Activities of Daily Living Support Services

- Bathing
- Dressing
- Lifting
- Transferring
- Personal Care & Hygiene
- Companionship
- Meal Preparation
- Medication Reminder
- · Physical Therapy
- Light Housekeeping • Transportation to

Appointments

What makes ElderCaring different?

- 2 hour minimum for services most companies require 4 hours as a minimum
- All caregivers are professionally trained nursing assistants
- The owner of ElderCaring personally meets with you to discuss your needs
- All caregivers are fluent in English
- Personal choice in selection of every caregiver
- Licensed, Bonded, Insured
- 24 Hours Service 7 Days a Week

Would you like to receive a brochure in the mail, or set up an appointment?



Call 301-949-0060 www.eldercaring2.com

"The quality of care you would want for your parents."



NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

THE GENTLE YOGI, Cheryl Kravitz, RYT200. Contact me about classes at local studios or private lessons. Yoga for Stiff Bodies, Yoga for Caregivers or people with dementia. (301-580-8905) or (crkyoga@gmail.com).

FELLOW LEISURE WORLD resident available for companion (local and travel); transportation: errands, church, social and medical appts.; friendly visitor. Excellent references. Call Kathleen at (202-758-9208).

PET CARE

DOG WALKING, cat sitting, birds. Daily drop-ins or vacations, overnights by mature animal lover with 10 years experience. Medication or insulin as needed. Call Eileen (301-442-3989).

EXCELLENT GROOMER. References. Will pick up and deliver dog. Cynthia (240-429-5369).

K-9 CARE! Rachel Kravitz (daughter of Cantor Michael Kravitz) will walk your dog. References provided. Call (301-456-6235) or e-mail (crk725@aol. com).

HELP WANTED

RETAIL FLOORING SALES: FLOORMAX, the Metro area's largest independent flooring covering retailer, is seeking bright, organized and energetic inside and outside sales people for our flagship stores in Montgomery and Prince Georges county. Candidate must have a minimum of 3 years commissioned sales experience. Flooring experience preferred. A level of PC proficiency is required. Training provided as necessary. Company car and expenses provided for qualified candidate. FT & PT available. Please fax resume to (301-206-2270 attn: Joseph) or email (joseph@floormax.

VOLUNTEER OPPORTUNITIES

MUSICIANS WANTED! The Olney Concert Band offers an opportunity to play a variety of concert band music in a collegial environment. The band performs at local venues and at Maryland Community Band Day. So, dust off your brass or woodwind instrument, unpack your drumsticks and tambourine, and join in the fun. Rehearsals are on most Wednesday evenings at Blake High School, 7:30-9:30 p.m. No auditions required, but some band experience preferred. Visit www. olneyconcertband.org for more information.

VOLUNTEER! A college tuition assistance nonprofit is starting and needs volunteers to serve on the board of directors. Is your background in education, legal, finance or grant applications? Or do you just have a heart for teens and adults struggling to pay for college? (240-620-6590) or (VolunteerForBoard@gmail.com).

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. Interested volunteers should contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

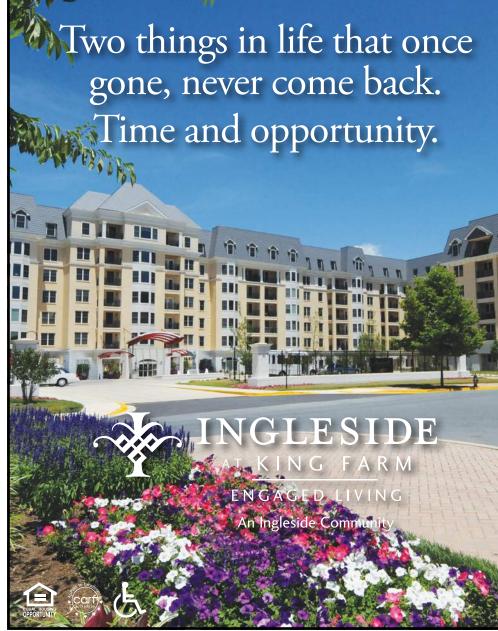
VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, 7 day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Training Course starts March 11. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in



It's time to discover the retirement you deserve. It's time to enjoy a vibrant, fulfilling lifestyle with the security of on-site health services and complete peace of mind for the future. Introducing *Gardenside*, Ingleside at King Farm's upcoming addition. An engaging community for those 62 or better who are planning for a vibrant and secure future. Discover the future you've planned—and the opportunity you've earned!

Call us while you can still take advantage of Charter Club benefits and availability!

Reservations are now being accepted! Call 240-398-3846

Ingleside at King Farm is a CARF accredited, not-for-profit, continuing care retirement community.

701 King Farm Blvd. • Rockville, MD www.inglesidekingfarm.org

Ingleside at King Farm is expanding with the proposed building of 121 new independent living apartments, 32 private assisted living memory support suites, and a Center for Healthy Living subject to approval by the Maryland Department of Aging.

Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@ seniorconnectionmc.org) to learn

HELP A CHILD! In just 1-2 hours a week vou can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@ AccessJCA.org).

NOTICES

KEEPING SENIORS SAFE - KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer

Resource Section, Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

PRAYER CHANGES THINGS. You are invited to join "Hannah's Prayer Circle" here at LW. For more information, call Evangelist Connie Blake at (301-438-2667).

CALLING ALL PITTSBURGHERS! If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo. com).

WORKING WOMEN of Leisure World (and friends) - Looking to create a circle of friendship and mutual support. As a relatively new resident of Leisure World (1 year), not yet ready for retirement and still adjusting to the combination of life changes that brought me here, I suddenly realized that there must be others like me: similarly uprooted from former circles of support, looking for constructive connections, and totally unavailable during peak weekday hours for LW's many clubs and interest groups. If that describes you, and you'd like to explore possibilities for connecting during mutually convenient evening or weekend hours, I'd love to hear from you! Please email Jo Ann: (JoAnn. WWLW@gmail.com).

UPCOMING EVENTS

HEART OF MARYLAND CHORUS presents "Let Freedom Ring!", in honor of our Veterans, 1 p.m., Saturday, Nov. 11, at the F. Scott Fitzgerald Theatre in Rockville. Tickets \$15. To book, call (240-314-8690) or online (www.rockvillemd. gov/theatre).

KNOW YOUR NEWS, Nov. 14, 7-8 p.m. at Twinbrook Library: Ever wonder if the news you read is true? Have you been fooled by a news story someone shared with you via social media? In this program, trained librarians will discuss several strategies for evaluating news stories and provide you with a toolbox to take with you on the go. No matter where you are, you'll have the resources you need to Know Your News! Free; registration is encouraged but not required. Go to: montgomerycountymd.gov/library, click on Calendar of Events, click on November 14.

WANTED

OWNER living in GREENS II, Bldg. 4 (15100 Interlachen Dr.) is interested in purchasing/renting one or two garage spaces in that building. Please contact owner at (301-598-5953). Thank you.

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years experience serving Leisure

World. Leave message 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, Weapons, Helmets, Photos, Medals, or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. atticllc.com Gary (301-520-0755).

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. atticllc.com Gary (301-520-0755).

BUYING ANTIQUES, jewelry; cash paid. Also gold, silver, watches, coins, pens, Asian antiques, original art, firearms, old toys, golf. Please call Tom, Silver Spring resident, at (240-476-3441).

See My Client REVIEWS on Zillow.com

This is the fifth home I've sold in my life, and Barbara Michaluk is probably the best realtor I've ever had. Her market research was thorough and accurate, she gave us great advice on how to spruce up the home and assisted with finding and coordinating contractors, so we could get the home on the market quickly. She was available whenever we needed to talk. I highly recommend Barbara for anyone seeking an experienced, energetic and results oriented realtor!

—Tim Williamson

Call Me for a Free Market Evaluation for Your Home!

I offer you the highest level of <u>personalized service</u> and <u>expertise</u>.



ACTIVE

Patio Home 1,251 sf, 3 bedrooms, 2 baths, all new paint, lam.floors, large Florida room, 3 garage spaces List \$392,500



ACTIVE

Greens GG model 1,210 sf, 2 bedrooms, 2 baths, new carpet and flooring, separate laundry closet List \$172,995



ACTIVE

Greens G model 1,225 sf, 2 bedrooms, 2 baths, new carpet & paint, garage space, private storage room List \$215,000



ACTIVE

3468 Chiswick Ct. Coop 990 sf, Raleigh, 1 bedroom, 1 bath. Living room, dining room and balcony. List \$85,000

Barbara Michaluk | Weichert Realtors

Phone Direct 240-506-2434 / (o) 301-681-0550 Web: BarbaraSellsMDhomes.com | Email: michaluk@verizon.net

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October Events

<u>Fall Open House—Saturday, October 28th 10am—12pm</u> Visit and tour of our Independent Living & Assisted Living Neighborhoods while enjoying refreshments.

RSVP by calling: 301-438-6607

Independent Living—Gorgeous 1 bedrooms apartments available. Limited availability on 2 bedroom apartments!

Assisted Living-Limited Studio Apartments available.

Moving Special

Reserve your apartment and move in by the end of 2017 and receive up to \$1,500 towards your moving costs.

Call today for details!

Call 301-598-2900 today for details and to set up a personal tour!

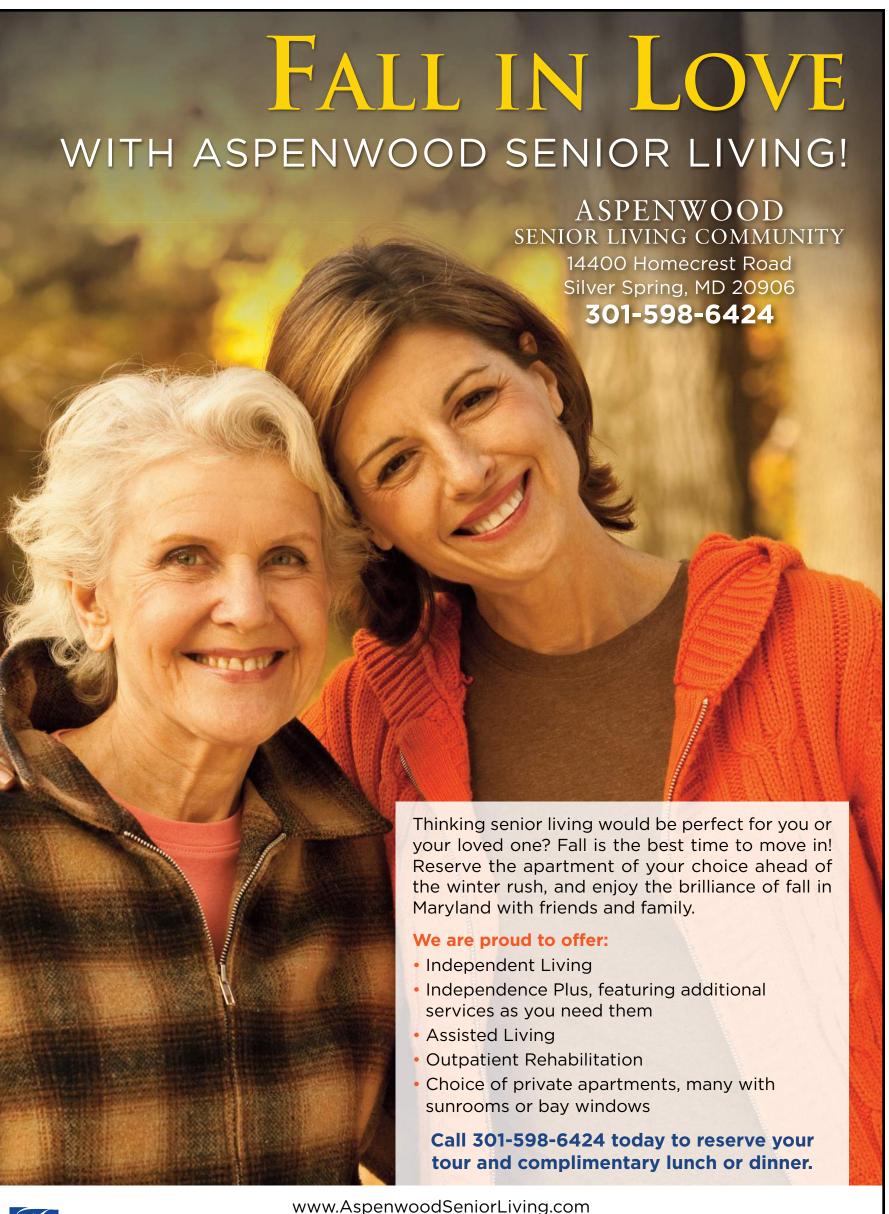
3701 International Drive Silver Spring, MD 20906

Bedford Court Nursing & Rehabilitation

We are proud to announce our partnership with Medstar Hospital Group at Bedford Court!

- Doctors onsite 3 days a week
- Nurse Practitioner onsite 5 days a week
 - Therapy 7 days a week

Rehab at Bedford Court... Be the best that you can be! Call Melissa Edmunds, Admissions Director at 301-438-6640 for information





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COMING SEMINARS & FVFN

AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

LIVING WELL SEMINAR: "MEDICARE 2018: WHAT YOU NEED TO KNOW TO **GET THE BEST BENEFITS**"

WEDNESDAY, NOVEMBER 8 1-2:15 P.M.

Find the answers to questions such as: "What do Medicare A and B cover? How does Medicare Part D work? Do I need Part C? What state and federal programs am I eligible for? Medicare doesn't pay for everything, so what else do I need?"

FREE. Preceded by complimentary lunch at 12:30 p.m.

Register by November 6.

HEALTHY LIVING CLASS: MINDFUL MEDITATION

November 13 through December 18

MONDAYS • 10-10:30 A.M.

Experience guided, mindful meditation in a quiet space. Sessions promote greater focus, reduce anxiety, increase compassion and improve well-being.

Six-week Session Fee: \$20 Register by November 10

SUPPORT FOR THE CAREGIVER **SEMINAR: "CARING FOR THE CAREGIVER**"

TUESDAY, NOVEMBER 14 • 2-3 P.M.

Join in a discussion on the importance of self-care, pinpoint strategies to reduce the burden of caregiving and review steps to take when caring for your loved one at home is no longer an option.

FREE. Register by November 12.

PARKINSON'S SUPPORT GROUP

WEDNESDAY, NOVEMBER 8 2-3:15 P.M.

ALZHEIMER'S SUPPORT GROUP

WEDNESDAY, NOVEMBER 15 3:30-4:30 P.M.

PFNCA EXERCISE FOR PARKINSON'S CLASSES

MONDAYS & WEDNESDAYS 3:30-4:30 P.M.

Improve posture, balance and circulation while also increasing strength, muscle control and mobility.

FREE with a \$20 annual Parkinson Foundation registration fee.





18100 Slade School Road, Sandy Spring, MD 20860 301-260-2320 · www.bgf.org

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MEMORY SUPPORT