

Leisure World News

OF MARYLAND

January 3, 2020 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

Rainbow Connection



A rainbow spans the north sky, arcing over the lawn bowling green and Golf Pro Shop in this view from Clubhouse I on Dec. 30. Photo by Kathleen Brooks, Leisure World News

Comcast Xfinity Corner

by Leisure World News

To prepare for bulk rate cable television and high-speed internet service throughout Leisure World beginning in 2020, Comcast Xfinity has been attempting to install new equipment in every home so all residents can access the services covered in their new monthly fee.

Comcast Xfinity representatives also have been available to provide support and information to all residents as the community transitions to the new services.

Here are some updates:

Installations

As of Dec. 29, high-speed internet service was installed in 87 percent of Leisure World homes, with 799 homes remaining.

On Jan. 5 or Jan. 6, Comcast representatives plan to hang notices on the front door handles of all units that have not yet

scheduled their free installations in a final effort to remind residents to do so.

A free installation can be scheduled by phoning (855-638-2855).



COMCAST

Leisure World Office Hours

Comcast Xfinity representatives are available in the Clubhouse I Harbor Room

to answer residents' questions about their new services. Beginning Monday, Jan. 6, the office hours are Mondays, Wednesdays and Fridays from 10 a.m.-3 p.m.

Workshops

The Comcast Xfinity store in the Aspen Hill Shopping Center is offering workshops to teach residents about using their new cable TV and internet services.

The workshops have limited seating and are scheduled for:

- Wednesday, Jan. 8 – 9:30 a.m., 11 a.m. and 12:30 p.m.
- Thursday, Jan. 9 – 2 p.m., 3:30 p.m. and 5 p.m.

2019 Resales Totals Show Annual Trends

by Leisure World News

Leisure World home resales in 2019 added almost \$1.7 million to the community's Resales Improvement Fund (RIF), an increase of almost \$80,000, or 4.92 percent, over fees collected for the RIF in 2018.

While the number of homes sold annually has decreased each year since 2017, the amount of fees collected for the RIF – two percent of the gross sales price for a home – has increased during that time and for the past several years.

The community's 29 mutuals completed 391 home resales in 2019. Resales were strongest in September, October and June, with 43, 41 and 37 closings, respectively.

Resales in 2018 were strongest in July, May and August, with 52, 43 and 40 closings, respectively.

2014-2019 REALES AND RIF FEES		
YEAR	TOTAL REALES	REALES FUND FEES COLLECTED
2014	399	\$1,324,642
2015	419	\$1,516,853
2016	413	\$1,578,397
2017	421	\$1,602,968
2018	412	\$1,613,451
2019	391	\$1,692,849

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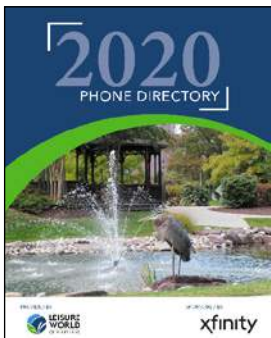
Phone Directory Updated

by Leisure World News

An updated version of the Leisure World phone directory is scheduled to be available on (residents.lwmc.com) beginning Friday, Jan. 3.

To view, download or print the approximately 175-page document, click first on "Contacts" on the website's home page, then on "Resident Directory – Printable" in the dropdown menu.

A limited supply of printed directories will soon be available to residents for \$2 per copy. Residents with a Leisure World ID may purchase a directory beginning on Monday, Jan. 13, at 8:30 a.m. at the Administration Building reception desk and the E&R offices in both clubhouses.



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Reminder: Martin Luther King Jr. Day, Monday, Jan. 20, is a work holiday for Leisure World staff.

Tax Preparation Assistance Begins Feb. 12

by Dennis Kinch

AARP Tax-Aide volunteers will return to Leisure World to prepare tax returns for residents by appointment only and at no charge.

Tax preparation sessions are held on Wednesday and Fridays beginning Wednesday, Feb. 12, with the first appointment of each day at 9 a.m. and the last at 2:15 p.m.

Residents can schedule an appointment beginning on Tuesday, Jan. 7 at 8:30 a.m. by stopping by the Clubhouse I E&R office.

When making their appointment, the E&R office will give residents a questionnaire that must be filled out before prior to the tax preparation appointment, which will cut down on wait time.

Residents who are unable to complete the form or who have questions may bring the blank questionnaire to their appointment, and the volunteer will help them fill it out. More forms will be available at the appointment if needed.

Please note that AARP Tax-Aide is unable to prepare the taxes of those with rental income or foreign bank accounts exceeding \$10,000.

Prepping for the Appointment

To prepare for your appointment, gather the following

tax-related materials to bring to the appointment:

- the questionnaire available at the E&R office
- a photo ID (mandatory for all taxpayers)
- your Social Security card (a copy is acceptable), as well as the Social Security cards of your spouse and any dependents
- a copy of last year's tax return, no matter where it was prepared
- a blank check if you want your refund sent directly to your bank
- your 1099 SSA form. This is the end-of-year statement from Social Security showing how much you received in 2019 and shouldn't be confused with the letter showing what you will receive in 2020.
- all W-2s (if you worked in 2019)
- all 1099 forms from pensions and other retirement accounts
- all 1099s showing interest or dividends from all banks and financial institutions
- all 1099s showing your stock and bond sales during 2019. (This may be consolidated with your interest and dividend forms.) If your stock statement does not show the basis for the stocks or bonds you sold, bring that information.



A volunteer helps a resident prepare income tax forms in 2017. Photo by Leisure World News

If you don't have it, call your broker or financial institution.

- any 1099-MISC forms and any record of other income received from any source
- If you usually itemize or think you will this year, bring a list of your medical expenses, charitable contributions, real estate taxes and mortgage interest.
- anything else you think might relate to your tax form

Reminders

Consider looking over last year's tax return to see that you have received forms from all employers, pension funds and brokers. Residents are asked not to come have their taxes prepared until they have received all forms. Broker and

financial institution forms usually don't arrive until late February.

Remember to remove the forms from their envelopes before arriving at the appointment to expedite the tax-return process.

And keep in mind that if you are married, your spouse should accompany you to the appointment if at all possible.

If you find you cannot make your scheduled appointment, call (301-598-1300) and cancel as soon as possible. The program has limited appointment slots. When someone fails to show up, it wastes the time of a tax preparer and takes a needed slot away from someone else.

For questions, email Dennis Kinch at (dfkinchweb@gmail.com).

Leisure World News OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

Leisure World Staff

Maureen Freeman,
Director of Communications
Stacy Smith, *Senior Editor*
Kathleen Brooks,
Senior Communications Associate
Kimberly Y. Choi, *Communications Associate*
Cassandra Chisholm, *Communications Project Manager*

Editorial: lwnews@lwmc.com

Advertising: lwnewsads@lwmc.com

301-598-1310

Leisure World News of Maryland reserves the right to reject or discontinue any advertisement believed to be not in the best interest of Leisure World.

We will not knowingly permit a dishonest advertisement to appear nor do we guarantee the reliability of advertisers.

Communications Advisory Committee

Alan J. Goldstein, *Chair*
Bernie Ascher, *Vice Chair*
aclwn@lwmc.com

Resident Contributors

Mary Catherine Bibro,
Rincy Pollack, Arthur N. Popper
and Marilyn Boesch

**ASPEN HILL
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Maryland State Inspection Station

Resales

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LEISURE WORLD OF MARYLAND 2019 RESALES		
MONTH	RESALES	RESALES FUND FEES COLLECTED
JANUARY	30	\$118,298
FEBRUARY	16	\$59,410
MARCH	24	\$93,932
APRIL	36	\$163,127
MAY	34	\$155,739
JUNE	37	\$160,014
JULY	36	\$174,137
AUGUST	27	\$116,728
SEPTEMBER	43	\$165,282
OCTOBER	41	\$177,645
NOVEMBER	32	\$141,667
DECEMBER	35	\$166,864
TOTAL	391	\$1,692,849

RIF monies are designated for the improvement and expansion of the Trust as outlined in Leisure World of Maryland Corporation’s Trust agreements, documents that explain how mutuals’ individual association fees fund the maintenance and management of individual Trust properties, such as Clubhouse I and II, the Administration Building and security gates.

Currently, these funds are used for Facilities Enhancement Plan (FEP) projects, which are selected by the Leisure World Community Corporation board of directors.

Recent projects include the construction of the fitness center in Clubhouse II and the renovation of the two restaurants and Crystal Ballroom in Clubhouse I. The next planned project includes further enhancements to Clubhouse I, construction of a replacement Administration Building, and addition of parking near Clubhouse I and landscaping around the parking areas by the Administration Building and Clubhouse I.

For details about resales in the fourth quarter of 2019, see page 8.

Lawsuit Plaintiffs Appeal Court Decision

Three remaining plaintiffs in a lawsuit against Leisure World have filed a notice of appeal of a decision made by a Montgomery County Circuit Court judge in November.

On Dec. 27, residents Richard Thornell, Jordan Harding and Priscilla Chenoweth filed the notice to the court’s Nov. 26 ruling, which favored Leisure World on all counts of the plaintiffs’ third amended class action complaint.

Judge Anne K. Albright said at the Nov. 26 hearing that the plaintiffs’ argument “is based on a flawed reading of the [Maryland] Homeowners Association Act” and that the defendants – Leisure World Community Corporation (LWCC) and Leisure World of Maryland Corporation – “have run Leisure World in a manner that is consistent with [its] governing documents.”

The plaintiffs’ original lawsuit challenging the LWCC board of directors’ authority was filed in July 2018 by nine residents, six of whom dropped out of the case within a few months.

The plaintiffs withdrew their motion for class certification at the close of the Nov. 26 hearing.

— Leisure World News

Time to Renew Golf Memberships

Golfers are reminded that it’s time to renew their annual memberships for 2020.

Membership runs for the calendar year, from Jan. 1 to Dec. 31. Payments are not pro-rated.

Residents can pay for their 2020 membership using credit card, check or cash at the Golf Pro Shop.

Pro Shop hours are 9 a.m.-4 p.m. during January.

Residents may also sponsor a non-resident who wishes to become an associate member. For more information, stop by the Pro Shop, phone (301-598-1570) or check (residents.lwmc.com > Amenities & Services > Golf Course).

Shades of Winter



A deer pauses while foraging at dawn near Building 3 of The Greens on Dec. 27. Photo by Leisure World News

Primary Care Doctor Joins Medical Center

by Leisure World News

A new primary care doctor has recently joined the staff at the MedStar Health medical center.

Dr. Nicholas J. Kohlerman III specializes in internal medicine and the treatment of headache disorders. He sees patient at the medical center on Wednesdays and Fridays.

He is expected to transition to a full-time, on-site medical provider on Monday, Feb. 10, and will then begin seeing patients five days per week.

To schedule an appointment with Dr. Kohlerman, call the medical center’s main line at (301-598-1590), press option 1 to schedule an appointment, and then press 1 to schedule an appointment with Primary Care.



Dr. Nicholas J. Kohlerman III, photo courtesy MedStar Health

Teeming with Toys



Weichert, Realtors thanks the Leisure World community for its generosity during the annual Toys for Tots collection. About 200 donated gifts overflowed three collection boxes placed in the Administration Building. From left, John Radcliffe, Valerie Huffman and Marilyn Chmielewski of Weichert, Realtors. Photo by Jim Higgins

Physical Properties Department: Services and Fees

Rate Charges for Service Department	Cost
Cost Center 42 – Special Projects	\$79 per hour
Cost Center 52 – After Hours	\$98 per hour
Cost Center 53 – Electrical Maintenance	\$103 per hour
Cost Center 54 – Plumbing Maintenance	\$103 per hour
Cost Center 55 – Carpentry Maintenance	\$92 per hour
Cost Center 56 – HVAC Maintenance	\$106 per hour
Cost Center 57 – Appliance Maintenance	\$100 per hour

***The service departments are “zero-based” operations, with the exception of Cost Center 52 – After Hours.

by Leisure World News

The Physical Properties Department (PPD) provides quality, licensed (as required) maintenance to meet today’s household service needs – from major repairs and renovations to basic “handyman” duties such as picture hanging and light bulb replacement.

The fee for residents is covered through an annual service contract with PPD, or paid by residents “à la carte.” For more information about PPD service contracts, sign in to (residents.lwmc.com) and click on “Physical Properties Department” under the Amenities & Services drop-down menu.

Labor time is charged in 15-minute increments. Service calls of 30 minutes or less are

billed a minimum \$47 labor charge.

The special rate to replace a smoke detector battery or a screw-in light bulb is \$20 plus materials. A \$45 cancellation charge is billed for the same-day cancellation of appointments that have two or more hours of scheduled time.

PPD is open Monday through Friday from 8:30 a.m.-4:30 p.m. PPD’s customer service center is closed from noon-1 p.m. daily. For more information about service contracts or to request a service, stop in to the PPD building at 3301 North Leisure World Boulevard or call (301-598-1500).

An after-hours technician is available for emergency service Monday through Friday from 4:30 p.m.-midnight, and on weekends and holidays from 8:30 a.m.-midnight.

This service is charged at the regular hourly labor rate.

Emergency service provided between midnight-8:30 a.m. is charged to the customer at the overtime rate of time and one-half. Please call the Main Gate at (301-598-1044) for emergency and after-hours service.

PPD accepts MasterCard or Visa for payment of work order invoices. All payments must be made in person at the PPD office. Any future refunds will be made by check refund; no credits will be given on credit card accounts.



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2020 Swimming Pool and Fitness Center Rules and Regulations

1. All applicable Montgomery County Department of Recreation swimming pool rules and regulations are in effect.

2. Only residents and their guests may use the pool facilities. Residents and guests must purchase daily tickets or a season pass (residents only) in the Education and Recreation offices during regular business hours and present proof of their Leisure World ID. Swim fees for 2020 are listed in this article. Guests must be accompanied by a resident at all times.

3. Patrons are not permitted to leave locks on lockers overnight unless a locker has been rented. See the E&R office in Clubhouse II for more information.

4. Children age three and under are not permitted on pool decks or in pool areas. Children age six and under must have an adult 16 years old or older in the water with them and within arm's reach. Children age 10 and under entering the pool complex must be accompanied and cared for at poolside by an adult 16 years old or older in swimming attire.

5. Guests may use the pool facilities after 10 a.m. On Mondays, the indoor pool opens at noon.

6. All diving is prohibited.

7. Lap lanes are for continuous lap swimming. Patrons not swimming laps should remain in lanes not reserved for lap swimming. Noodles are prohibited in the lap pool.

8. Children age six and older must change in the locker room assigned to their gender.

9. All patrons in the pool areas must be in proper swimming attire. Street shoes are not permitted on the pool deck. Soft-soled footwear is acceptable if not worn as street shoes. Swimming attire must be appropriately covered in the clubhouses.
10. Showering before entering pools is required by Montgomery County regulations.

11. Patrons with excessive sunburn, open sores or bandages of any kind will not be allowed entry in the pools.

12. Deck chairs and lounges may not be reserved nor brought from outside the pool area and must not block periphery of the pools.

13. Food, drinks (other than water), glass containers and pets (other than a registered service animal) are prohibited in pool areas and locker rooms. Food and drinks may only be consumed in designated areas of the building.

14. Flippers, noodles and boards are permitted at the discretion of the lifeguards. All equipment must be stored in the proper receptacles in the pool area.

15. Lifeguards and E&R staff are not responsible for personal property.

16. Lifeguards and E&R staff have authority to enforce all pool rules. Horseplay is prohibited. Hanging on the ropes is prohibited. Patrons who repeatedly violate pool rules may be asked to leave.

17. E&R staff will schedule any structured activities.

18. Patrons who require assistance preparing to use the pool areas must arrange to have a competent, water-safe person accompany and help them in the locker rooms and in the pool areas.

19. In the event of inclement weather, pools are cleared for 30 minutes from the last thunder heard or lightning seen.
- Outdoor Pool**

The outdoor pool is free for all residents and is open daily from Memorial Day to Labor Day, and then on a weekly basis in September, weather permitting. On the first Sunday of the month, children can swim from 10 a.m.-3 p.m.

Operating Hours

Memorial Day-Labor Day
10 a.m.-7 p.m.
Independence Day
10 a.m.-6 p.m.
Labor Day
10 a.m.-6 p.m.

Hours are subject to change. Watch channel 972, call (301-598-1313) or check (residents. lwmc.com) for information.

Indoor Pool

Children age four-15 may use the social pool weekdays from 10 a.m.-1 p.m. and weekends from 10 a.m.-3 p.m. Adults age 16 and older may use the lap pool between 10 a.m.-1 p.m. The pools are closed on Thanksgiving Day, Christmas Day and New Year's Day.
--

Operating Hours

Monday
noon-8 p.m.
Tuesday-Thursday
8 a.m.-8 p.m.
Friday
8 a.m.-7 p.m.
Saturday-Sunday
8 a.m.-6 p.m.

Hours are subject to change. Watch channel 972, call (301-598-1313) or check (residents. lwmc.com) for information.

Whirlpool

Patrons who use the whirlpool must have a pool ticket, sign a "Whirlpool Agreement" form, which is available at both E&R offices, and sign in.
--

Lockers

Lockers may be rented each calendar year at the E&R office
--

in Clubhouse II. Private locks are permitted. Lockers used daily must have locks removed at closing time.

Designated half-size lockers, \$35
Women's full-size lockers, \$55
Men's full-size lockers, \$65

Fitness Center

The fitness center in Clubhouse II is free for all residents and has cardio and strength training equipment, free weights and a studio room.
<ul style="list-style-type: none">*Open seven days a week, 4 a.m.-9 p.m.*Open Thanksgiving Day and New Year's Day, 8 a.m.-2 p.m. (closed Christmas Day)*Staffed with trainers Monday-Friday, from 7:30 a.m.-3:30 p.m., and Saturday from 7:30 a.m.-11:30 a.m. (Excludes holidays)

**Hours are subject the change. Watch channel 972, call (301-598-1313) or check (residents. lwmc.com) for information.*

Rules and Regulations

1. Those wishing to use the exercise equipment must complete a "Fitness Facility Use Agreement" form (available at the Clubhouse II E&R office) and sign in and out.
2. Guests must be 18 years or older and be accompanied by a resident.
3. There is a time limit of 30 minutes on cardio equipment when others are waiting.
4. Proper shoes must be worn.
5. Equipment should be wiped down after use.
6. Cell phone use is prohibited.

2020 Swim Fees	
All tickets are non-refundable. Annual passes expire Dec. 31, 2020.	
Resident (outdoor pool is free):	
Annual	\$150
Monthly	\$40
Daily	\$3
Guest (both indoor and outdoor pools):	
Daily – Adult	\$6
Daily – Child	\$3

EYRE Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2:00 pm
Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Museum Loop, DC

Mon., 1/13, 8:40 am-3:00 pm\$35.00 per person
Choose to spend the day at the Library of Congress, National Archives Museum or the National Museum of American History. Transportation only.

International Spy Museum, DC

Mon., 1/27, 8:45 am-3:15 pm\$48.00 per person
Trip includes transportation and admission to museum. Lunch on own.

"Murder on the Orient Express," Fulton Theatre, PA

Thurs., 1/30, 8:45 am-7:00 pm.....\$120.00 per person
Trip includes transportation, lunch at Shady Maple Smorgasbord and admission to show.

"Kinky Boots," Toby's Dinner Theatre, Columbia, MD

Wed., 2/5, 10:00 am-4:00 pm.....\$104.00 per person
Winner of six Tony Awards. The exhilarating true story that will lift your spirits to high-heeled heights! Trip includes transportation, admission to show and buffet lunch.

"Wicked," Hippodrome Theatre, Baltimore, MD

Sat., 2/15, 12:00 pm-6:30 pm.....\$185.00 per person
Trip includes transportation and admission to show.

MGM Casino, National Harbor, MD

Mon., 2/17, 9:05 am-3:00 pm\$40.00 per person
Transportation only.

National Portrait Gallery, DC

Tues., 3/3, 10:45 am-3:45 pm\$35.00 per person
Transportation only.

Philadelphia Flower Show, PA

3/5 and 3/6, 7:45 am-7:45 pm.....\$95.00 per person
"Riviera Holiday" — Mediterranean gardens are this year's theme.
Transportation and admission to show included.

"Queen Esther," Sight and Sound Theatre, PA

Fri., 3/20, 9:45 am-9:15 pm\$159.00 per person
Lunch at Hershey Farm prior to the show included.

9/11 Memorial and Museum, NY

Sat., 3/21 7:00 am-11:45 pm\$120.00 per person
Timed entry ticket to Museum and Memorial and a Cracker Barrel gift card for dinner on the way home included.

Cherry Blossom Tea at the National Cathedral, DC

Tues., 3/24, 12:00 pm-6:00 pm.....\$95.00 per person
Experience the beauty of the National Cathedral with a guided tour and finish the day out with a cherry blossom-themed tea. Trip includes motorcoach transportation, admission to Cathedral, guided tour and tea.

NEW Tropicana Atlantic City, NJ

Tues., 3/31 8:45 am-10:15 pm\$60.00 per person
Trip includes transportation and \$25.00 slot play offer from Casino.

Odyssey Cruise on the Potomac River

Wed., 4/1, 9:00 am-3:45 pm.....\$110.00 per person
Cruise down the Potomac while eating lunch and listening to music.

Cherry Blossom Tour, DC

Mon., 4/6, 10:00 am-3:15 pm\$84.00 per person
Trip includes a step-on guide, lunch at Carmine's and transportation.

Shen Yun at the Kennedy Center, DC

Wed., 4/8, 11:30 am-5:30 pm.....\$179.00 per person
Shen Yun's storytelling is all done through classical Chinese dance, which has a unique dance-acting element. By coordinating facial expressions with dance movement, dancers can portray any sort of character or personality. Trip includes transportation and admission to the show.

NEW Stein Mart and Leesburg Outlets, VA

Mon., 4/20, 9:15 am-4:30 pm\$40.00 per person
Transportation only.

"Guys and Dolls," Ford's Theatre, DC

Sat., 4/25, 10:15 am-5:45 pm\$110.00 per person
Lunch at Union Station prior to heading over to Ford's Theatre. Explore the museum prior to the show.

NEW "Murder at Mount Hope Mansion," PA

Sun., 4/26, 9:15 am-7:15 pm\$117.00 per person
Accept this invitation to a sumptuous meal and the opportunity to become a detective! Transportation, meal and show included.

Happy Holidays to one and all!

We look forward to seeing you on trips in 2020, and thank you for traveling with us in 2019.

Note that our office at Leisure World will be closed through Jan. 3. During this time you may call 301-854-6600 x4 to make reservations. This office reopens Jan. 7.

MULTI-DAY TRIPS

Coastal Wilmington, NC
April 19-23

Ocean City Adventure, MD
June 7-10

Niagara Falls, Canada
June 21-24

Charms of the Chesapeake
June 25-26

Cape Cod, MA
July 19-23

Constitution Tour, VA
Aug. 6-8

Yellowstone, Grand Tetons & Mt. Rushmore
Aug. 13-21

Africa and Safari Adventure
Sept. 9-20

Pittsburgh, PA
Sept. 13-14

Vermont and New Hampshire
Oct. 10-15

Iceland – Land of Fire & Ice
Oct. 21-27

Portugal & The Douro River Cruise
Oct. 28-Nov. 7

Tournament of Roses Parade
Dec. 30-Jan. 3, 2021

CRUISES

Carnival Cruise
July 19-26

Seven-night eastern
Caribbean cruise

MSC Seaside out of Ft. Lauderdale
Aug. 15-22
Caribbean Cruise

Royal Caribbean
Sept. 17-26

Nine-night Canada/New
England Cruise

Caribbean Princess
Nov. 15-22
Western Caribbean cruise

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:



Easy Walking



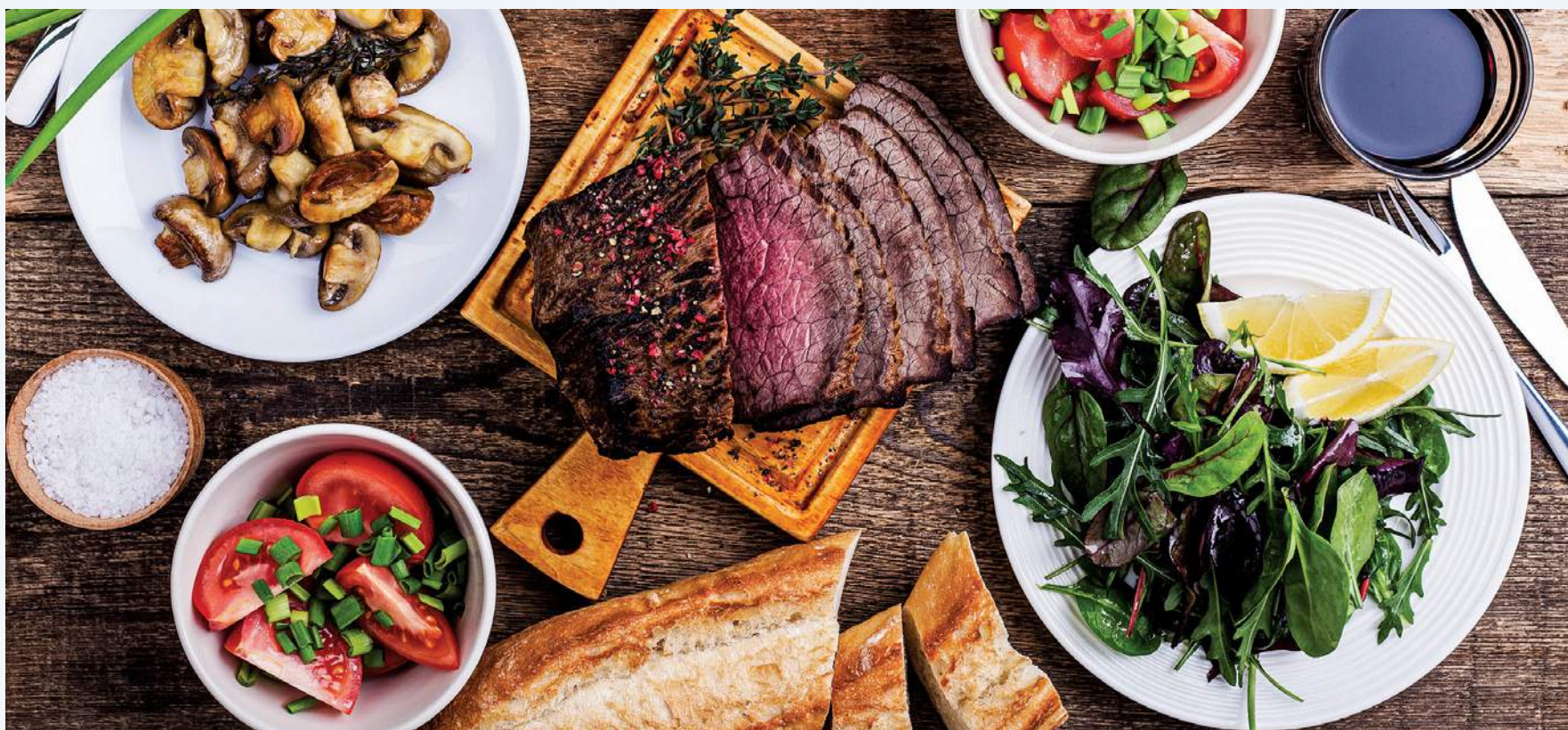
More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years."

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.



Bedford Court Lunch & Learn

Wednesday, January 22 | 12:00 p.m.

Please join us for a delicious lunch and presentation on the benefits of living at Bedford Court, a Continuing Care Retirement Community located next door to Leisure World!. We provide maintenance free living, housekeeping, restaurant style dining, transportation and so much more, all at an exceptional value.

RSVP by calling 301-438-6607 by Friday, January 17, 2020
2020 New Year Moving Special now through February. Call today to inquire!



Bedford Court
3701 International Drive
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BedfordCourtSeniorLiving.com



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COURT**

MONOGRAM COLLECTION BY SUNRISE



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2020 Budget Posted,
Explainer to Come

by Leisure World News

The complete 2020 budget for the Leisure World Community Corporation (LWCC) is posted on (residents.lwmc.com), and a summary of the budget will be published in a forthcoming edition of Leisure World News.
Unit owners have been notified of an increase to the Trust portion of their monthly fees, to \$204 in 2020 from \$174.75 in 2019. Nearly all of the increase is due to the expansion of Leisure World's contract with Comcast Xfinity to include bulk rate high-speed internet service in every Leisure World home beginning in 2020.

The Community Facilities Fee, sometimes referred to as the Trust Fee, also pays for other community services such as bulk rate cable TV, 24-hour security, landscaping and snow removal; as well as continued maintenance of all Trust facilities, such as the clubhouses, Administration Building, medical center, golf course, community streets and parking lots.
The LWCC board of directors approved the final draft of the 2020 budget at its regular meeting in September.
The 160-page budget can be found on (residents.lwmc.com) in the "Documents" section; click on "Financials," then on "2020 Community Budget."

Dial 301-598-1313
for recorded Daily Events

2019-2020 Broadcast Schedule
Channel 974

Due to technical issues, the Leisure World Community Corporation (LWCC) board of directors and executive committee meetings will not be broadcast until further notice. Management is in the process of selecting a new platform on which to broadcast LWCC governance meetings.

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.
Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

- The group email addresses are:
• LWMC Management - management@lwmc.com
• LWCC Board of Directors - board@lwmc.com
• LWCC Executive Committee - excomm@lwmc.com
• Administration - administration@lwmc.com
• Communications - communications@lwmc.com
• Education and Recreation - recreation@lwmc.com
• Physical Properties - physicalproperties@lwmc.com
• Security - security@lwmc.com

Communications Advisory Committee

Committee Requests
Annual Reports from
Other Committees

by Alan J. Goldstein

The Communications Advisory Committee (CAC) at its December meeting concluded that residents would benefit if each advisory committee and special committee appointed by the Leisure World Community Corporation (LWCC) board of directors were to publish an annual report in Leisure World News. The report would not only summarize the committee's work and accomplishments of the previous year, but also include the ideas behind any actions taken by the committee and describe alternatives the committee considered. The CAC believes such reports would provide residents deeper insights into the governance of our community.
The CAC believes submitting annual reports for publication should be voluntary and based on a committee's annual report

to the chair of the LWCC board of directors. It also reminds all LWCC board-appointed committees that they can submit articles to Leisure World News about important committee business throughout the year.
New Charter
At its December meeting the CAC also passed a resolution approving a draft of a revised CAC charter based on recommendations from the LWCC executive committee. It calls for, among other things, an annual review of existing communications guidelines, policies and procedures, followed by the submission of any recommended changes to the board of directors for approval.
The CAC's next meeting is Thursday, Jan. 16, at 10 a.m. in Clubhouse I. It is open to all residents, who have an opportunity to comment on any resolutions the committee is voting on.

Leisure World of
Maryland Resales
October through December, 2019

Table with 3 columns: MONTH, RESALES, RESALES FUND FEES COLLECTED. Rows include October, November, December, and TOTAL.

The buyer of a home in Leisure World of Maryland contributes two percent of the home's selling price to the Resales Fund. Currently, those funds are used exclusively for Facilities Enhancement Plan (FEP) projects, which are selected by the Leisure World Community Corporation board of directors.
Recent FEP projects include the Fitness Center in Clubhouse II and renovations to the restaurant and Maryland Room in Clubhouse I.

HAPPY NEW YEAR!
Leisure World News

2020 Schedule of Fees

The following schedule of fees was approved by the Leisure World Community Corporation board of directors. Annual fees for use of Leisure World Trust Facilities are not refundable, in whole or part, unless upon recommendation of the appropriate standing committee of the board of directors, or the general manager finds that for reasons of health or other special circumstances, the resident will be unable to utilize the facilities during the remainder of the year.

Education & Recreation

Classes

Student fee per class	
Resident	\$15.00 (minimum)
Non-resident, up to 6 weeks	fee + \$10.00
Non-resident, 7 weeks and up	fee + \$20.00
Instructor fee per session	25% of tuition

Tickets

Creating and cutting tickets, up to 300*	\$40.00
Flyer Design*	\$10
*service available only to E&R recognized Clubs, Groups and Organizations	

Special Events

Flea Markets/Craft Shows	
3x6 table	\$18.00
3x3 table	\$9.00
coat rack	\$10.00
July 4 Picnic (per person)	\$1.00

Swimming Pool

OUTDOOR

Guest fees	Children	\$3.00
	Adults	\$6.00

INDOOR

Guest fees	Children	\$3.00
	Adults	\$6.00
Resident fees	Annual	\$150.00
	Monthly	\$40.00
	Daily	\$3.00

LOCKER RENTAL

Indoor-Annual	\$35.00/\$55.00/\$65.00
Outdoor-Season	\$15.00

Golf

Resident	Annual	\$800.00
Associate	Annual	\$900.00
Private Cart Trail Fee	Annual	\$275.00

Daily Greens Fees

WEEKDAYS, WEEKENDS & HOLIDAYS

Resident	9 Holes	\$15.00
Resident	18 Holes	\$24.00
Guest	9 Holes	\$18.00
Guest	18 Holes	\$29.00
Club Storage	Annual	\$75.00
Range Membership, single	Annual	\$250.00

GOLF CART RENTAL

9 Holes, per person/rider		\$10.00
18 Holes, per person/rider		\$16.00
Cart Membership, single	Annual	\$625.00

Lawn Bowling

RESIDENT FEES

Annual	\$50.00
Monthly	\$18.00
Daily	\$3.00

Room Rental

Rooms in the Clubhouses may be rented to residents, only for generally recognized social events. Prices are for a 4-hour period. (Non-commercial/non-solicitation) Res. #46, 10/27/92

CLUBHOUSE I

Annapolis Room	Resident	\$50.00
Ballroom	Resident	\$400.00
Baltimore Room	Resident	\$150.00
Chesapeake Room	Resident	\$175.00
Lanai	Resident	\$200.00
Maryland Room	Resident	\$225.00
Potomac Room	Resident	\$150.00

Fax (per page)

Local Fax	\$1.00
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Supplemental Transportation & Miscellaneous Services

Dial-a-Ride, within community (one-way)

Daily, per person	8 a.m.-8 p.m.	\$4.00
Holidays, per person	9 a.m.-5 p.m.	\$4.00

Reservation for Resident Transport to Leisure World Medical Center

One-way, per person	\$5.00
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Delivery of Prescriptions from Leisure World Medical Center Pharmacy

On Request	\$2.00
Emergency, each attempt of delivery	\$5.00

Unlock dwelling, lost key, etc.

Per house call	\$20.00
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Travel Services

TRANSPORT TRAVELERS AND LUGGAGE

Per person, one way	\$5.00
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MINI BUS SPECIAL SERVICE

Leisure World group or organization, Per hour, minimum of 4 hours	\$75.00
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THOUGHTS & OPINIONS: *From Our Residents*

A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers. **Thoughts and Opinions is maintained by the Communications Advisory Committee.**

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SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to (aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, sign in to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

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EVENTS & Entertainment

■ Fireside Forum

Jan. 5: How ‘Hamilton’ Mixes History and Showbiz

by Jonas Weiss

On Sunday, Jan. 5, Richard Bell, a professor of history at the University of Maryland, will discuss how the Broadway hit “Hamilton” mixes history with show business. He will explain what the production gets right or wrong about Alexander Hamilton, the American Revolution and the birth of the U.S., and why it all matters.

Bell’s research focuses on the history and culture of the United States between 1750 and 1877. He is the author of a recently published book, “Stolen: Five Free Boys Kidnapped into Slavery and Their Astonishing Odyssey Home.” He has received more than a dozen teaching awards, including the prestigious University of Maryland Board of Regents Faculty Award for Excellence in Teaching.

The program begins at 2:30 p.m. in the Clubhouse II auditorium. Juanita Sealy-Williams is the host for the speaker.



Professor Richard Bell, courtesy photo



■ Arts in Motion (AIM)

Jan. 10: Pepe Gonzalez and Band Perform

by Grace C. Cooper

A new year has arrived, and Arts in Motion (AIM) continues its ever-popular concerts and activities to promote the arts in the Washington, D.C., metro area.

Get tickets now for AIM’s Friday, Jan. 10, performance by the ever-popular Pepe Gonzalez and his band. Tickets are \$25 (check only, payable to AIM) and are on sale at the Clubhouse I E&R office.

Snacks are included with the ticket price, and a cash bar will be available. Doors to the Clubhouse I Crystal Ballroom open at 4:45 p.m., and the performance begins at 6 p.m.

AIM provides scholarships to local budding artists and introduces artists to the Leisure World community.

AIM’s next event is its Authors in Mind series. Residents who have published a work of fiction recently and would like to participate in a discussion and book signing are asked to visit (AuthorsinMind.com) and click on “LW Writers” for more information. Also see AIM’s website, (aimarts.net), for other upcoming activities.



■ Chinese Club

Jan 10: Former White House Staffer Reflects on Normalizing Relations with China

by Stella Shaw

On Friday, Jan. 10, the Chinese Club hosts a talk presented by Leisure World resident Robert A. Malson, a retired attorney and former Carter White House domestic policy staff associate director.

His free talk is from 10-11 a.m. in Clubhouse II, and all residents are welcome to attend.

Malson will discuss the closing days of a seven-year long effort begun during the Nixon Administration to normalize formal diplomatic relations with the Peoples Republic of China. He will focus on his perspectives as one of numerous individuals within the Carter Administration who visited China to assist in the normalization process in 1979.

His presentation will emphasize the staff support role in assisting the cabinet-level officials heading those delegations. He will also share memories of his interactions with his Chinese government counterparts in Beijing, Shanghai and Wuxi.

Meeting in Taipei

Malson will round out his talk by discussing how, 27 years later in 2006, he and several alumni of the Clinton

Administration accepted invitations from the Government of Taiwan to visit Taipei and discuss their respective views.

At that time, he was president of the District of Columbia Hospital Association and had been serving as the Chairman of the Metropolitan Washington Council of Governments Bioterrorism Task Force for more than six years. He had led the coordination of the Washington region’s preparation for responding to bioterrorism in the years prior to and following the two anthrax attacks in 2001.

In that capacity, he met with health and medical officials in Taipei in which they shared insights on preparation, coordination and response to bioterrorism attacks. He has made similar presentations on bioterrorism response with government officials in England and Japan.

About the Presenter

Malson is a Harvard Law School graduate and, prior to joining the White House Staff, served as counsel to the U.S. Senate Judiciary Committee. He served two terms as chairman of the board of directors of the United Way of the National Capital Region.

KEEP UP WITH YOUR COMMUNITY



Leisure World of Maryland
is on facebook at:
www.facebook.com/LeisureWorldofMaryland/

Jan. 11: Seth Kibel and the Kleztet

Seth Kibel and the Kleztet (formerly the Alexandria Kleztet) return to Leisure World on Saturday, Jan. 11, for a 7 p.m. performance in the Clubhouse II auditorium.

Exciting and innovative, Kibel and the Kleztet have been combining traditional Eastern European/Jewish music with diverse influences for more than a decade. New arrangements of traditional melodies and original songs by members of the band draw upon jazz,

classical, world beat, rock and other musical genres to create a unique and entertaining sound.

Sponsored by the E&R Department, tickets for this event are \$8 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

About the Performers

Based in the Washington, D.C./Baltimore area, the band has performed throughout the Mid-Atlantic region,

including appearances at the Kennedy Center in Washington, D.C., and regular concerts at the Peabody Institute in Baltimore City.

They began touring internationally in 2007 with a performance at the Semanas Musicales festival in Chile.

Led by woodwind player Seth Kibel, the band includes Helen Haus-

mann, violinist; Bob Abbott, bassist; and Tim Jarvis, percussionist.

The Kleztet has recorded 4 CDs and, over the years, has won 15 Washington Area Music "Wammie" awards in the categories of World Music duo or group, World Music instrumentalist, Jazz instrumentalist, and World Music recording.



Seth Kibel, courtesy photo

■ Rossmoor Camera Club

Jan. 19 Photo Matinee: 'du Pont Country' Features Museum Estates

by Fred Shapiro
and Richard Bambach

On Sunday, Jan. 19, at 3:30 p.m. in the Clubhouse II auditorium, the Rossmoor Camera Club presents a photo matinee by Richard Bambach on the topic "du Pont Country," a visit to three of the museum estates of descendants of E. I. du Pont, the founder of the DuPont chemical company.

The photo matinee is free, and all residents are welcome to attend.

Bambach's photographs feature three exceptional collections and museums in the Wilmington, Delaware, area developed by the du Pont family:

- Hagley Museum, the site of E.I. du Pont's estate and the original du Pont gunpowder mill in the early 1800s. Remnants of the old gunpowder factory along the Brandywine River include water-powered grinding mills and an elaborate water-powered machine shop.
- Winterthur, the garden and estate of Henry Francis du Pont, world-famous for its remarkable collection of American-made antique furniture in the house's 175 rooms. The house was opened to the public in 1951 and an adjacent museum building was added in 1992. It is considered the finest



Eleutherian Mills, Longwood Gardens water lilies, and the Marlboro Room at Winterthur. Photos by Richard Bambach

collection of American-built furniture in the world.

- Longwood Gardens, the great display garden developed by Pierre S. du Pont. Originally an arboretum in the late 1700s, it now features many different garden styles, important

conservatories and a spectacular fountain display. Longwood is a visual treat, one of the finest major gardens anywhere.

Bambach, a Club member since 2007, shot the photographs during his visits to

"du Pont country" in 2017 and 2018. He started taking pictures in junior high school and won the first Alice Deal Junior High photo contest in 1948. He has been president of the Rossmoor Camera Club and regularly gives photo matinees.

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Coming in 2020

The E&R Department is pleased to provide the following programs.

Jan. 11, 7 p.m.	Seth Kibel and The Klextet
Jan. 26, 4:30 p.m.	Karen Gray Quartet
Feb. 15, 7 p.m.	Pam Parker Trio
Feb. 19, 7 p.m.	Kelvin Page
March 6, 2 p.m.	Stephanie Daily
March 17, 7 p.m.	Ocean – Celtic music
March 23, 2 p.m.	Double Play – flute and tuba
April 17, 2 p.m.	Steve Friedman

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

Education and Recreation Department

Jan. 26: Academy Award Winning Songs from the Mid-20th Century

The 2020 Academy Awards show is coming up. Can this year's Best Original Song nominees compare to the jewels of yesteryear?

On Sunday, Jan. 26, at 4:30 p.m., the Karen Gray Quartet will highlight the awards season with selections from 1936 to 1965.

The concert in the Clubhouse II auditorium features compositions by Jimmy Van Heusen, Johnny Mercer, Henry Mancini, Frank Loesser, Rodgers and Hammerstein and others. These are timeless favorites!

Sponsored by the E&R Department, tickets for this exceptional performance are \$8 per person and on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

About the Performers

For vocalist Karen Gray, every performance is an act of love: she loves the songs, she loves the collaboration with fine musicians, and she loves her audience. Washingtonian Magazine described her as a “tip



From left, vocalist Karen Gray and pianist and song stylist Wayne Wilentz, courtesy photos

top vocalist” and Just Jazz Guitar magazine praised her “lovely vocal stylings.”

Gray has performed at area hot spots and events including The Kennedy Center Millennium Stage, The Smithsonian Jazz Cafe, the Bethesda Fine Arts Festival, the Silver Spring Jazz Festival and numerous restaurant dates and private events.

Pianist and song stylist Wayne Wilentz is one of the Washington, D.C., area's most in-demand musicians with a deep repertoire of gorgeous, fun and evocative tunes. He and Gray have collaborated extensively for almost 20 years. They are joined at Leisure World by favorite bandmates, bassist David Jernigan and drummer Dominic Smith.

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Ballroom Dance Club

Jan. 25: Mike Surratt and The Eclectic Coalition Band

by Joyce Hendrix

Music for the first dance of the new year on Saturday, Jan. 25, will be provided by Mike Surratt and The Eclectic Coalition Band.

The dance is from 7:30-10:30 p.m. (doors open at 7:15 p.m.) in the Clubhouse I Crystal Ballroom. Reservations are strongly suggested by contacting Hal Freeman at (bobbihal@aol.com) or (301-438-7513) by the Thursday preceding the dance.



Residents may become Ballroom Dance Club members for \$10 per year. A member is thus admitted for \$10 per

dance, while non-members and guests pay \$15 admission per dance. Residents (Club members and non-members) are encouraged to invite their non-resident relatives or friends as guests to each dance.

Put on your dancing shoes and come dance with us in 2020!

Education and Recreation Department

Feb. 15: Pam Parker Trio: A Tribute to Jazz

The E&R Department brings the Washington, D.C., jazz scene to Leisure World when jazz vocalist Pam Parker returns to take the stage on Saturday, Feb. 15, at 7 p.m. in the Clubhouse II auditorium.

Tickets for this performance are \$9 per person and go on sale on Tuesday, Jan. 7, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.



Pam Parker, courtesy photo

The Washington Post's Express Night Out has described her singing as a blend of "Billie's precision with Aretha's brand of soul" and her voice as a "combination of sweet tone" and "spot-on vibrato."

Parker also co-hosts a women's radio collective called Sophie's Parlor on D.C.'s WPFW 89.3 FM and, to date, has recorded four CDs, including "The Lemonade Project." This CD was inspired by her mom and the adage, "When life give you lemons, make lemonade."

About the Performer

Parker is a frequent performer at Blues Alley and Twins Jazz.

Hadassah

Jan. 15: 'The Powder and the Glory'

by Barbara Eisen

Hadassah shows the documentary film "The Powder and the Glory" (2007, 1 hour 26 minutes, documentary, not rated) on Wednesday, Jan. 15, at 2 p.m. in Clubhouse I.

The film tells the story of the cosmetic entrepreneurs Elizabeth Arden and Helena Rubinstein, who competed against each other for more than 50 years.

It traces the history of the cosmetics industry from the late 1800s to the 1960s and includes many interviews with people directly connected to Arden and Rubinstein. Archival photos and video clips also lend to a story that is fun and easy to follow.

A \$5 fee to attend benefits Hadassah medical research. Pay at the door by cash or check payable to Hadassah. Refreshments will be served, and all residents are welcome to attend.

Education and Recreation Department

Thursday Afternoon at the Movies

Jan. 30: 'The Best of Enemies'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the Clubhouse II auditorium.

On Jan. 30, the presentation is "The Best of Enemies" (2019, 2 hours 13 minutes, biography/drama/history, rated PG-13 for thematic material, racial epithets, some violence and a suggestive reference).

Free tickets, limit two per person, are required and can be obtained beginning Tuesday, Jan. 7, at 8:30 a.m. in either clubhouse E&R office. Please bring your Leisure World ID. In the struggle over school

desegregation in Durham, North Carolina in the 1960s, C.P. Ellis, a Ku Klux Klan member, and Ann Atwater, a poor, black, single mother and

civil rights advocate, come to forge an unlikely friendship.

The film, featuring Taraji P. Henson as Atwater and Sam Rockwell as Ellis, is based on the non-fiction book, "The Best of Enemies: Race and Redemption in the New South," by Osha Gray Davidson.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.



Jewish Residents of Leisure World (JRLW)

Jan. 29: 'Above the Drowning Sea'

by Jonas Weiss

JRLW and the Bender JCC-Coming of Age in Maryland screens "Above the Drowning Sea" (2017, documentary, 1 hour 28 minutes, English and Chinese with English subtitles, unrated) on Wednesday, Jan. 29, at 1:30 p.m. in the Clubhouse II auditorium.

The film tells the story of the dramatic escape of European Jews from Nazi-controlled Europe to Shanghai on the eve of World War II. It recounts the courageous intervention of Ho Fang Shan, the Chinese Council in Vienna, who defied his own government and braved the Gestapo to issue visas to desperate refugees. A discussion will follow the film.

The cost to attend this movie is \$8 per person, checks only (payable to JRLW). Sign up begins on Tuesday, Jan. 7, at 8:30 a.m. at the E&R office in Clubhouse I. All Leisure World residents are welcome.



2020 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Jan. 12, 2 p.m.	Pavarotti	NOW
Jan. 30, 1 p.m.	The Best of Enemies	Jan. 7
Feb. 13, 1 p.m.	Gloria Bell	Jan. 21
Feb. 23, 2 p.m.	Green Book	Feb. 11
March 19, 1 p.m.	Toni Morrison	Feb. 25
March 29, 2 p.m.	Second Acts	March 10

Movies are subject to change.

PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



HEALTH & Fitness

■ Center for Lifelong Learning

Jan. 14: Program on Respite for Seniors' Caregivers

by Fred Shapiro

Are you facing the need for a caregiver for your husband or wife? Are you challenged by the financial burden that may be beyond your means to cover the cost of a caregiver? Then plan to attend a free program sponsored by the Center for Lifelong Learning and Synergy Home Care to be held Tuesday, Jan. 14, at 2 p.m. in in Clubhouse I.

The event is free, but registration is required. Stop by or phone the E&R office in Clubhouse I at (301-598-1300).

The program features Julia Abate of The Arc Montgomery County, a local service organization, who will discuss The Arc's Respite Care for Seniors program.

The challenge of caring for a frail senior citizen who has disabilities is a difficult reality for many Montgomery County families. Caregiving is a demanding job and caregivers need occasional breaks, called "respite," so they can return to their duties refreshed. The Arc's respite program can provide short-term relief for a few hours, a day, a weekend, or sometimes longer. Respite care is not a substitute for ongoing care or adult day care. It's just a way to support families who take care of their loved ones at home. Families can choose from many respite care venues, including the family home, adult medical day programs, and approved respite facilities.

■ Stroke Support Group

Jan. 21: Occupational Therapy After a Stroke

by Amy Boltz

The Stroke Support Group presents a program, "Can You Think and Use Your Hand at the Same Time?" by occupational therapist Chrisopher Gaskins, on Tuesday, Jan. 21, from 1-2 p.m. in Clubhouse II. All residents are welcome to attend.

After the program and light refreshments, the Group's helpful peer support session for stroke survivors and their family caregivers meets from 2-3 p.m.

To RSVP for the Jan. 21 meeting or to learn more about the Group, contact president Amy Boltz at (248-652-0304) or (301-681-6272).

About the Group

The Stroke Support Group meets on the third Tuesday of each month from 1-3 p.m. in Clubhouse II. Meetings feature educational programs by health care professionals who address issues relating to stroke prevention and rehabilitation.

Peer stroke support group discussions enable stroke survivors and their family members and caregivers to learn from and inspire each other. All meetings are free and open to the community.

■ Lions Vision Support Group

New Year Brings New Low Vision Topics

by Larry Cohen

It's a new year, a time to make resolutions to care for oneself. A blueprint for Group members looking for reminders of how to slow vision degradation and look for better assistive technology can be the monthly designations for different health observances through the year.

For example, January is Glaucoma Observance Month, February is Aged Macular Degeneration Month, March is Workplace Eye Safety Month, and so on. The Group will try

to line up speakers and experts in assistive technology who can address each of these issues if they are relevant to us.

The Group's first meeting on Wednesday, Jan. 8, at 1

p.m. in Clubhouse I will start the year by sharing ideas among members, whether about speakers, trips, audio-described theater, and tactile or assistive technology destinations such as museums.

Those who cannot attend the meeting but wish to share their ideas and comments can contact Larry Cohen at (908-770-9111) or (ToPops@aol.com).



■ Center for Lifelong Learning

Jan. 29: Wellness Author on Healthy Living

by Fred Shapiro

The Center for Lifelong Learning presents a talk on living a healthy life on Wednesday, Jan. 29, at 2 p.m. in Clubhouse I. The program is free, but residents who wish to attend need to register beginning on Tuesday, Jan. 7, at 8:30 a.m. at the E&R office in Clubhouse I.

The program features Cathy Richards, whose 2019 self-published book, "Boom," guides readers to make health goals by changing habits for their minds and bodies.

Richards is the owner of Inspiring Vitality and has helped individuals and organizations apply lifestyle and wellness strategies with a "never too early, never too late" approach. She has a master's degree in exercise physiology and more than 20 years of experience as a wellness coach. Her certifications include ACSM certified exercise physiologist, Wellcoaches certified fitness coach, Senior Fitness Association certified senior fitness instructor, long term care instructor, and brain fitness facilitator.



Cathy Richards, courtesy photo

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Jan. 29: Expert Discusses Sleep Disorders

by Sandra McLeskey

So many people have trouble sleeping. Either they can't get to sleep when they go to bed, or they wake up in the middle of the night and then can't get back to sleep.

As people get older, pain from arthritic joints or the need to use the bathroom in the middle of the night may disturb their sleep. Some may have sleep apnea, a disorder in which people stop breathing for a short period during sleep.

Sleep disturbance may be one of the most common complaints medical providers hear about from their patients. People who have sleep disturbance may get up in the morning and still feel tired.

On Wednesday, Jan. 29, Dr. Anne O'Donnell, medical director of the Sleep Disorders Center at Georgetown Univer-

sity Medical Center, will discuss sleep disturbances and how to combat them during a talk at 2 p.m. in Clubhouse I.



Dr. Anne O'Donnell, photo courtesy MedStar Health

She will cover simple things people can do to improve their sleep and also delve into the more complicated issues, such as sleep apnea. She will provide an informative talk for anyone who has sleep problems.

Residents can sign up for this free talk beginning on Tuesday, Jan. 7, at 8:30 a.m. by either calling (301-598-1300) or stopping by the Clubhouse I E&R office.

O'Donnell graduated from Georgetown University School of Medicine and completed her postgraduate training in pulmonary medicine and intensive care at Georgetown University Hospital. She has many years of experience treating sleep disorders.

Feb. 13: Social Anxiety Detection and Intervention

by Fred Shapiro

The Center for Lifelong Learning presents a lecture on "Anxiety in Families: Findings From Brain Research" by Anita Harrewijn, a post-doctoral researcher at the National Institutes for Mental Health, on Thursday, Feb. 13, at 2 p.m. in Clubhouse I.

The program is free, but residents are requested to register with the E&R office beginning on Tuesday, Jan. 7, at 8:30 a.m. in Clubhouse I to ensure adequate seating.

Harrewijn will discuss social anxiety disorder, also called social phobia, in which everyday interactions may cause significant anxiety, fear, self-consciousness and embarrassment due to a fear of being scrutinized or judged by others.

One of her studies investigated whether brain responses to social anxiety run in families, which could lead to early detection and intervention. Social anxiety disorder is a chronic mental health condition, but learning coping skills in psychotherapy and taking medications can help patients gain confidence and improve their ability to interact with others.



Anita Harrewijn, courtesy photo

Harrewijn earned her doctoral degree in developmental psychology at Leiden University in the Netherlands. She currently studies neural and behavioral correlates of anticipatory anxiety and avoidance behavior in children with and without anxiety disorders at the National Institutes of Mental Health.

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FISH to Purge its Lost and Found Items

by Beth Leanza

It's time for the FISH office to clean up its lost and found closet and give away items. Residents who think they've lost something should stop by the FISH office in Clubhouse II as soon as possible.

The closet contains a lot of hats, water bottles and books, including older and religious books. FISH will not give away jewelry, orphan earrings, watches or phones.

The FISH office is open Monday to Friday from 10 a.m.-4 p.m., and residents are welcome to stop in and have a look in the lost and found closet. The office phone number is (301-598-1345).

If FISH is closed, an E&R staff member can let residents into the office to look for an item, or residents can call the Clubhouse II E&R office at (301-598-1320).

The FISH office is closed for major holidays. If Montgomery County schools are delayed because of weather, the morning shift is cancelled. If schools are

closed due to weather, FISH is closed.

About FISH

FISH accepts donated assistive equipment and lends it to residents and employees. Available equipment often includes wheelchairs, walkers, commodes and shower chairs.

Although some people might feel self-conscious using assistive equipment, they might want to remember that a fall that could result in an injury might be far worse.

Consider borrowing an item from FISH to try it out before purchasing. FISH volunteers do their best to make sure the equipment is usable and safe. However, residents want to check with a medical professional before using an item.

Assistive Equipment Only

FISH gives away the following items to anyone who needs them: canes, easy reachers, elevated toilet seats and incontinence items such as mattress pads and Depends.

FISH also accepts some medical items such as diabetic supplies but does not accept oxygen tubes or outdated CPAP machines.

Remember that FISH only accepts assistive equipment. Residents can donate their clothes, sheets, towels, unwanted

greeting cards and other unwanted items to a thrift store.

Volunteer

Residents who are thinking about volunteering with FISH should call Beth Leanza at (301-598-4569) to set up a training session.

■ Cannabis 101 Club

Club Launches New Website

The Cannabis 101 Club has launched its website, (LWcan101.com), to help members and residents learn more about medical cannabis.

As an educational tool, the site will help non-member residents in registering with the Maryland Medical Cannabis Commission (MMCC) and provide educational materials on medical cannabis, including ways to use cannabis without smoking.

The members' side of the website has more in-depth educational materials, including important bulletins issued by the MMCC, PowerPoint presentations, cannabis research and educational resources, such as books, documentaries, magazines and more.

For more information, visit (LWcan101.com).

— Carminetta Verner



Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, call Jim at (301-990-0854).

Fitness Center: One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

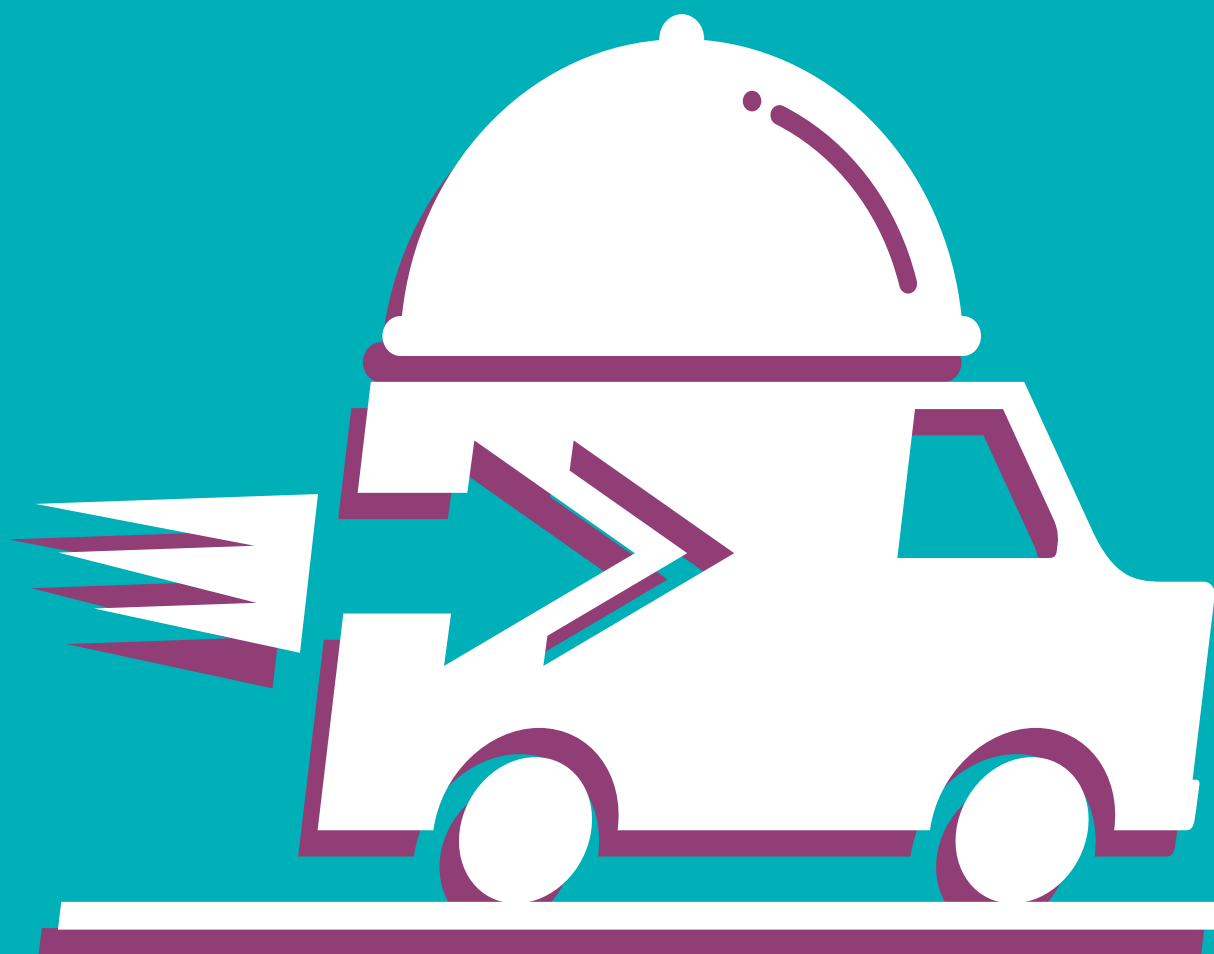
Living Better with Parkinson's: The Living Better with Parkinson's support group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.



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CLUBS, GROUPS & Organizations

■ Groups.io

Yahoo Group Migrates to Groups.io

by Paul Eisenhaur

The Groups.io listserv (formally Yahoo Group) provides informal communication among only Leisure World residents and the opportunity to seek information, post announcements, share photos and files and more.

In effect, Groups.io is like an online bulletin board with issues pertaining only to the Leisure World community.

The Group's platform is secure, with strong anti-virus, spam control and privacy features installed. As a registered member subscriber, you have access to manage only your information.

To become a member of Groups.io, email a request with your name and mutual's name to the Group moderator at (paule@lwm10.com). You will be registered and receive an emailed confirmation.

Users will be prompted to set a password when initially logging in. Once logged in, selecting the subscription tab takes the user to their personal account, where they can select their email delivery and notification frequency preferences.

On the top right of any Groups.io screen is a Help tab, which may be very handy. Clicking on the tab takes the user to a page that has a links to features, FAQs and online help forums. And users can contact the Groups.io moderator with any issue.

■ Sock Hop Group

Get Ready to Dance Through 2020

by Abigail Murton

A great time, great exercise and great social events await those who attend two kinds of sock hops in 2020! Dress is casual, and no, you don't have to dance in your socks.

Live Bands

Sock hops with a live band take place on the first Saturday of the month (usually) in the Clubhouse I Crystal Ballroom. Admission is \$10, and you can bring your own snacks. Enjoy a cash bar and dance the night away to music from the '50s through the '70s.

The 2020 dates are: Jan. 4, Feb. 1, March 7, April 11, May 9, June 6, July 11, Aug. 1, Sept. 5, Oct. 3 and Nov. 7.

Dance to DJs

On the third Saturday of the month (usually), dances are held in the Clubhouse II Activities Room, where resident DJs Karen and Ernie Poland of Take 2 Entertainment spins tunes through the night. Admission is \$5, and you can bring your own snacks and beverages. Soda and water are provided.

The 2020 dates are: Jan. 18, Feb. 15, March 21, April 18, May 16, June 20, July 18, Aug. 15, Sept. 19, Oct. 17, Nov. 28 and Dec. 19.

For more information about the Sock Hop Group, contact Doug Brasse at (301-448-8708).



■ Vegetarian Society of Leisure World (VSLW)

Cooking Comfort Food That's Plant-Based

by Bob Fenichel

The next meeting of the VSLW is on Thursday, Jan. 16, at 7 p.m. in Clubhouse II.

The group will screen a video by Kim Campbell that demonstrates how to convert favorite comfort-food recipes to whole-food plant-based. Campbell is the author of "The Plantpure Nation Cookbook" and several other popular whole-food plant-

based cookbooks.

All residents are welcome at VSLW meetings and activities, and they don't have to be vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

Additional information on VSLW activities can be found on our web page at (www.vslw.org).

■ Trivia Group

And the Answer Is...

by Joe Cook

The Trivia Group begins its fourth season on Tuesday, Jan. 7, at 7 p.m. sharp in the Clubhouse I Crystal Ballroom. We have grown to more than 150 participants and 25 teams. Although we are reaching our capacity, there is still room for some new players and a new team or two – particularly when the "snowbirds" are away for the winter. This is also the best opportunity to consider switching teams.

Every Team a Winner

Over the past season every team placed among the top three at least once. The top winners for the year are the NorthStars with Martin and Susan Urban with nine first places; followed by Ham and Eggs with eight; and Red Menace with seven. Only one team, the AAShamrocks, answered all questions correctly to achieve the only perfect score of the season.

The Trivia Group is led by Jerry Kozelsky, who is very experienced and dedicated to providing interesting new questions every week. In addition to providing the questions, tablets and equipment, he sends a newsletter the next morning with the results and new "mind twister" for interested individuals – with

a list of those who answered the previous one correctly. Email him at (Jerry@rapideast.com) if you want to receive the bulletin.

Benefits of Playing

Trivia provides conditions for meeting and getting to know new people. It's fun, challenging and competitive at the same time. Because of the diversity of questions, in general no individual is capable of doing better than a team with diverse life experiences. The process creates healthy debate among players, promotes group harmony and provides conditions for making new friends.

Wide Range of Topics

General areas often covered include geography, animals, movies, cartoons, dog breeds, human body, musical instruments, idioms, logos, food, quotes, common symbols, Roman numerals, Roaring 20's, TV shows and stars, name that speaker, name that tune and singer, and facts of life. Also, there is a question about someone famous whose birthday is that day.

For information about the Group, phone vice president John Crull of Night Owls at (slapshotwizard@aol.com) or Joe Cook of Red Menace at (202-271-0710).

Grab Your Dancing Shoes

by Joyce Hendrix

The Ballroom Dance Club holds its first dance of the new year on Saturday, Jan. 25, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. For details, see the Events and Entertainment section of this publication.

2020 Dance Schedule

The Club's 2020 dance dates and bands are:

- Jan. 25 – Mike Surratt and The ECBs
- Feb. 22 – The Helmut Licht Group
- March 28 – The Tony Luciano Band
- April 25 – Mixed Company
- May 23 – Mike Surratt and

- The ECBs
- June 27 – The Tony Luciano Band
- July 25 – The Helmut Licht Group
- Aug. 22 – (Hawaiian-themed) Mike Surratt and The ECBs
- Sept. 26 – Mixed Company
- Oct. 24 – The Helmut Licht Group
- Nov. 28 – The Tony Luciano Band

Dances are held from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Reservations are strongly suggested by emailing Hal Freeman at (bobbihal@aol.com) or calling him at (301-438-7513) by the Thursday preceding the dance. Residents may become Ball-

room Dance Club members for \$10 per year. A member is thus admitted for \$10 per dance, while non-members and guests pay \$15 admission. Residents (Club members and non-members) are encouraged to invite their non-resident relatives or friends as guests.

About the Dances

All dances feature live music including slow and Viennese waltzes, foxtrots, rumbas, sambas, tangos, cha chas, merengues, swing, hustle, polkas and quickstep, played in a strict ballroom tempo.

Dance to music from all eras including Broadway, country and '30s through current day

pop tunes. Ask the bands for your favorite, and if they know it, they'll play it.

The dress code for dances held from September through May is dressy for the ladies and jackets and ties for the gentlemen. Warm weather dances held from June through August are more casual – no ties or jackets required for the men and business casual for the ladies (no hats or jeans).

Bring out your Hawaiian shirts and dresses for the Hawaiian-themed dance in August. Costumes are optional for the Halloween dance, with prizes awarded for first and second place singles and couples costumes.



■ Rossmoor Library Guild

Library Seeks Volunteers

by Tony Magri

Congratulations to Liz Warren, the winner of the lap quilt, the prize of our fundraiser. The Guild thanks all participants and the Quilting Group for their beautiful donation.

The library is looking for volunteers. Residents who can contribute at least two days a month are asked to stop by the library in Clubhouse I and let us know.

A couple of reminders: Return puzzle games to the library when finished with them, and all CD recordings must now be signed out with a Leisure World ID.

New Offerings

The Library's recent book purchases and received donations include:

- "The Night Fire" by Michael Connolly
- "Blue Moon" by Lee Child
- "Takes One to Know One" by Susan Isaacs
- "The Quaker" by Liam McIlvanney
- "Skin Game" by Stuart Woods
- "Deep Harbor" by Fern Michaels
- "Olive Again" by Elizabeth Strout
- "The Shape of Night" by Tess Gerritsen

- "Conversation with RBG" by Jeffrey Rosen
- "A Minute to Midnight" by David Baldacci
- "The Cornwalls are Gone" by James Patterson
- "The Dutch House" by Ann Patchett
- "Twisted Twenty-Six" by Janet Evanovich
- "What Happens in Paradise" by Elin Hilderbrand
- "Second Worst Restaurant in France" by A. McCall Smith
- "The Guardians" by John Grisham
- "Giver of Stars" by JoJo Moyes

To check out a book, simply stop by and present your Leisure World ID. If you are not already registered, library volunteers can help with the quick process.

The library also contains reference books, magazines and newspapers throughout the year.

Greeting cards are also available for sale at the library as single cards or boxed sets. In addition to holiday cards, non-seasonal cards are available throughout the year.

For more information about the Guild, contact Tony Magri at (tonyitalian1951@comcast.net).

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Feb. 12: Seminar on Reparations for African-Americans

by Fred Shapiro

The Center for Lifelong Learning (CLL) presents a one-day seminar led by Paul Levy to explore the arguments regarding reparations for descendants of U.S. slaves. The program is on Wednesday, Feb. 12, from

10-11:30 a.m. in Clubhouse I. The presentation is free, but registration is required to ensure adequate seating. To register, stop by the Clubhouse I E&R office or call (301-598-1300) beginning on Tuesday, Jan. 7, at 8:30 a.m. Residents are encouraged to register early, as the number of attendees is limited to 35.

The question of reparations has been around for a while. In 1989, Rep. John Conyers introduced a bill to establish a commission to study the question and reintroduced that bill, HR40, every year thereafter until he retired in 2017.

Since then, Rep. Sheila Jackson-Lee has introduced that same bill in successive sessions of Congress. This year she was joined by Sen. Cory Booker, who introduced the same bill in the Senate.

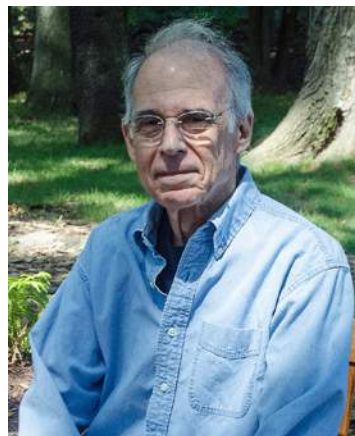
HR40 was never successful until this year, when it did get a hearing in Congress. However, no action followed in the House and action in the Senate is unlikely.

In 2014, Ta-Nehisi Coates wrote an essay for The Atlantic magazine putting forward an argument for reparations for African-Americans. The piece revived interest in the topic and was much debated by advocates and critics.

Reparations emerged again this year in one of the Democratic presidential debates when candidates were asked whether they support reparations.

About the Instructor

Levy is a popular CLL instructor. He holds three degrees from the University of Massachusetts Amherst and has spent 41 years in education as a teacher and school administrator in public and independent schools at the secondary and college levels.



Paul Levy, photo by Fred Shapiro

Levy's undergraduate degree was in political science and that

has remained his principal focus throughout his teaching career.

For information on all CLL courses and lectures, visit (www.cllmd.com).

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Musical Events, from Karaoke to Classical

by Hannette Allen

Wednesday, Jan. 8, is karaoke night at Fun and Fancy! The music will begin following a short meeting at 7:30 p.m. in Clubhouse II.

The Group is planning a different experience this year. If you have been reluctant to sing in the Clubhouse II auditorium, maybe a more casual environment will change your mind.

The meeting is on the second Wednesday of the month so that it will not conflict with the New Year's Day holiday a week earlier.

The karaoke event will have books of song titles available from which to make your song choice. Attendees are asked to arrive at 7 p.m. if they wish to look at the song lists. Phil Soriano will host the evening.

Attendance is free for Fun and Fancy members and \$5

for guests. Refreshments will follow the meeting.

Meeting and Classical Music

For a second consecutive year, Vito Sabio presents a program of classical music performed by Fun and Fancy members. The program is on Wednesday, Feb. 5, after the monthly meeting at 7:30 p.m. in Clubhouse II.

The program will consist of musical compositions from grand opera, operetta, ballet and ensembles, with singers, dancers, piano and string instruments. Sabio plans to include two Italian choral pieces in the show this year. The first is the famous «Libiamo» from «La Traviata», a soprano and tenor duet with chorus. The finale will be a complete choral piece, «Va Pensiero», from the opera «Nabucco.»

Attendance is free for members and \$5 for guests. Refreshments will follow.

Auditions are held in the Clubhouse II auditorium on Thursday, Jan. 9, at 7 p.m. and on Saturday, Jan. 11, at 10 a.m.

Music for both choral pieces will be available, and people can use those or bring a piece of their own choosing. Soloists and duets, trios, etc., should audition with the music they plan to perform in the show.

Rehearsals are held on Wednesday, Jan. 15, 22 and 29, from 7-9 p.m. and on Saturday, Jan. 18 and 25 and Feb. 1, from 10 a.m.-noon.

Fun and Fancy members are invited to participate. For questions, contact Vito at (301-438-7722) or (Svito7@verizon.net).

Ireland in March

Coming Wednesday, March 4, is «A Touch of Ireland», a performance of both new and old Irish music, dance, poetry and humor. It will be directed by Hannette Allen.

Auditions are Thursday, Feb. 6, at 7 p.m. and Saturday, Feb. 8 at 10 a.m.

Rehearsals are Saturday, Feb. 15 and 22, and March 1, at 10 a.m.; Thursday, Feb. 20 and 27 at 7 p.m.; and Monday, March 2, at 7 p.m.

Fun and Fancy members are invited to participate. More details will be forthcoming.

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Standing Room Only at the Winter Open House



At left, A Budd car and a steam driven passenger train on the HO layout. Center, a freight train passing through town on the N scale layout. At right, youngsters watch trains pass by on the O gauge layout. Photos by Alan Goldstein

by Alan J. Goldstein

Over 250 guests packed the lower level of Clubhouse II during the Rossmoor Model Railroad Club's Winter Open House on Saturday, Dec. 14.

The weather was cold and soggy outside, but it was warm inside as the trains worked their way around the Club's three enormous layouts, moving passengers and freight through mountains and past

villages, factories and farms.

Several lucky visitors were given a sneak glimpse under the curtains at the Club's new underground yards, still a work in progress, developed as a terminus for trains on the HO layout bound for destinations in the far west. They joined the original underground yards developed last year on the other side of the layout, which serve trains bound for cities in the south and mid-western states.

Visitors also enjoyed the more traditional above ground features of the HO layout, including a scale model of the Kensington station located just a few miles south of Leisure World, and the surrounding town and light industrial area, which includes a printing plant and grain processing facility.

A perennial favorite, the club's Lionel O gauge trains swept through mountain tunnels and roared past villages, while a trolley ferried passengers to local destinations. Adjacent to that was the large N scale layout, complete with its own passenger and freight service, and its own trolley making regular stops for passengers to board and disembark.

The club welcomes visitors to its semi-annual open house twice a year – on the Saturday of Father's Day weekend and during

the winter holiday season. The club also has a large G gauge layout in the lobby of the Administration Building, which will remain in place through Monday, Jan. 6.

Join the Club

If you find model railroading to be exciting, you may want to consider joining the club. Meetings are on the second Thursday of the month at 2 p.m. in Clubhouse II, with working and operating sessions every Monday and Wednesday from 5:30-7 p.m., and Thursday from 2-4 p.m. at the train yards in the basement of Clubhouse II. Non-members are encouraged to join us during our weekly operating sessions, where they can learn more about this fascinating hobby.

Photos from the open house event are available on the Club's page on (residents. LWMC.com). Click on "Your Community" on the main menu, "Club and Organizations Information Pages" on the drop-down, and scroll down to "Rossmoor Model Railroad Club." Click on "Rossmoor Model Railroad Club" and scroll down to find photos from the open house.

For further information or to join, please call Marilyn Chmielewski, president, at (301-438-3259).



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All Images Welcome in January Competition

by Fred Shapiro

The Camera Club competition scheduled for the Tuesday, Jan. 28, meeting is defined as “open.” This provides members with an opportunity to submit images that are beyond the well-defined subjects in other months and to select their favorite family, nature or travel photos and have them critiqued and possibly awarded by the judge of the month.

Members are encouraged to check their photo files or capture new images to enter in the open competition.

Members may submit up to two entries each in the Print and Digital categories.

Send digital images by Friday, Jan. 24, to the Club email



Bighorn sheep in Colorado, the Milles Sculpture Garden, and Jerusalem shofars. Photos by George Kaye

address, (rossmoorlw@gmail.com).

Print entries should be brought to the Jan. 28 meeting before 6:45 p.m.

Membership

The Rossmoor Camera Club has two levels of membership.

Members who expect to compete in the monthly competitions pay dues of \$25 for the year.

Residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of \$15.

Checks for dues should

be mailed to Woody Shields, Rossmoor Camera Club, at (3200 N Leisure World Blvd, Apt 817, and Silver Spring, MD 20906).

For more information, check out the Camera Club's website at (www.rossmoorcameraclub.com).

■ **Ceramics Club**

Innovative Artist's Work on Display in January

by Meriel Brewer

Sunhae Kim is January's Artist of the Month. Fondly known as Sun, she lights up the ceramics studio with her stunning works of art.

Sun's artistic expression began as a child in Seoul, South Korea, where she enjoyed drawing and the requisite classes in Chinese painting that all South Korean high school students received. She developed her artistic skills in computer graphics classes at Montgomery College and, when she moved to Leisure World, she joined the Ceramics Club to apply those talents.

At first she created her pieces with beauty in mind and presented them to family and friends, but now Sun wants to create work that is more individual and represents deep meaning expressed through form and color.

Many of Sun's pieces begin with pouring slip (liquid clay) into a mold; then, once the greenware is released from the mold, originality is achieved by Sun's masterful decorating of the article.

Using special carving tools and extra slip, she can etch,

scratch or drizzle texture and design on to her items.

The best part of Sun's creations is her imaginative painting after the texture is achieved – using brushes loaded with ceramic paints she liberally applies the color with abandon and artistic flair to produce her final creation.

To view Sun's stunning ceramic pieces during January, stop by the ceramics display case in Clubhouse II.

Some of her items will be for sale in the ceramics studio gift shop just down the hall from



A pair of ceramics creations by featured artist Sunhae Kim. Photos by Janice Handley

the fireplace lobby. Admire the beautiful pieces in January, and maybe purchase one in February!

Anyone interested in learning more about the Ceramics Club should call Beth or Janice at (301-598-1312).

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Discover Visual Journaling in 2020

by Judy Kirkland

Journaling is a wonderful way to explore thoughts, feelings and discoveries throughout the year. Now, on Tuesday, Jan. 14, a Rossmoor Art Guild workshop takes attendees beyond traditional journaling to create a visual

journal that combines written reflections with poems, song lyrics, sketches, collages and more.

Best of all, you don't have to identify yourself as an artist to start exploring your world, yourself and your creativity through the lens of a visual journal.

The workshop, led by Guild instructor Alexandra Michaels, provides everything needed to turn a plain spiral notebook into an exciting visual journal for 2020. In addition to personalizing a journal with multiple media, attendees will create their first journal entry: Step by step, Alex will demonstrate how simple – and fun – it is to capture meaningful moments with words, color, images and different materials. Participants will enjoy creating an entry that will continue to inspire every time they flip back through the pages of the year.

This workshop is open to all residents; RAG membership is not required. The \$25 workshop fee includes all materials plus refreshments. It is held in the Art Studio in Clubhouse I on Tuesday, Jan. 14 from 1:30-3:30 p.m.

To register, pick up a workshop form that can be found in the Studio vestibule. Fill it out and with your check (payable to RAG) give it to any of the instructors, slip it into Locker B4 or mail it to Judy Kirkland at (3623 Tarkington Ln., Silver Spring, MD 20906). Or, contact Guild registrar Marilyn Davis at

(MarilynSDavis@msn.com) or (301-512-8763), and she'll sign you up. Then simply pay on the day of the workshop with \$25 cash or a check made out to "RAG."

The last day to register is Tuesday, Jan. 7, and refunds cannot be made after this date.

Workshop Topic Survey

Our previous workshops – How to Paint an Apple and our Holiday Card Block Printing Party – were big hits. For many, it was their first introduction the Guild and to trying their hand at "art." The visual journaling workshop promises to be equally popular. We've also reserved slots on the Guild's annual calendar for two more workshops before summer.

The Guild recently emailed a survey to its members and is receiving feedback on what types of workshops the Leisure World arts community would value. Topics suggested so far include:

how to paint a landscape or seascape, introduction to collage, painting or drawing from a photograph, sculpture using found objects, and more.

If you haven't yet completed a survey, we'd love to hear what workshop topics interest you. And if you'd like to teach a workshop, let's talk! Contact Guild president Judy Kirkland at (Kirkland.JQ@gmail.com) or (301-938-3630). Or put your completed survey in the suggestion box, located in the Studio vestibule.



At left, a visual journal like the one participants will learn to create in an upcoming workshop. Right, a poem from a visual journal celebrating life. Photos by Alexandra Michaels

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■ Democratic Club

Meet the Ad Genius Behind Obama and Other Democrats

by Roger Blacklow

Mark Putnam is someone whose name you might not know – but it's likely you're very familiar with his work. A national media strategist and ad maker for more than three decades, Putnam was behind images and ads you saw for President Obama in both his 2008 and 2012 presidential campaigns. Putnam is the Club's guest speaker on Thursday, Jan. 9, at 7 p.m. in the Clubhouse I Crystal Ballroom.

Putnam will share some of his vintage and most recent ads and explain the process of creating a political ad: What works? What doesn't? Why? How does a campaign interface with its media and message team? Along with the candidates, the media teams behind them have been described as the most important component to election success.

Putnam, a veteran of eight presidential campaigns and numerous other elections at all levels of government, has won numerous awards and recognitions for both his political and corporated advertising. His discussion is the perfect complement to pollster Fred Yang's dynamic presentation in November. Polling and media work hand-in-glove.

For information about the Club or to become a part of a growing group of legislative activists, email (leisureworlddemclub@gmail.com).



■ Republican Club

Jan. 21: Speaker on County Representation

by Fred Seelman

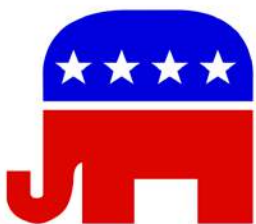
The next meeting of the Republican Club is on Tuesday, Jan. 21, at 1:30 p.m. in Clubhouse I.

The Club will begin the 2020 calendar year with a program about a proposal for making the county council more representative of its residents. The proposal would change the makeup of the Council from five district representatives and four at-large representatives to nine district representatives only, to ensure that council members are more spread out around the county. Ann Hingston, a member of the Montgomery County Republican Central Committee, will be one of the presenters.

Come to the meeting, listen to the presentation and, if you decided to support the proposal, petitions supporting the change will be available for signing.

Members are still expressing their enthusiasm about the buffet style lunch, singing and other highlights of the Club's Christmas-Hanukkah Party.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) or call first vice president Robert Kammer at (301-847-9820).



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■ National Active and Retired Federal Employees (NARFE) Chapter 1143

NARFE Begins the New Year with Great Speaker

by John Moens

The Chapter's next membership meeting on Tuesday, Jan. 21, at 2 p.m. in Clubhouse I features Dr. Sudha Haley, first vice president and legislative director of the NARFE Maryland Federation.

Plans for February include hosting a talk by Montgomery County Councilmember Will Jawando and co-sponsoring a heart health class with the Inter-Faith Chapel.



Although our regular meeting day is the third Monday of each month, members should be alert to date changes to accommodate holidays in January and February.

As NARFE converts to a new system of tracking membership, the Chapter may need to wait several weeks before determining its current number of members. For information about joining, contact the Chapter's recruiting officer, John Lass, at (301-288-4210).

■ League of Women Voters

Men are Allowed, Even Encouraged, to Join the LWV

by Maxine Lewack

Now is a good opportunity for residents – including men! – to make a New Year's resolution to see what the League is like.

In January the League gathers to discuss topics to explore in the year ahead, and it also examines the organization's current positions on various civic issues to see if they should be retained, updated or eliminated.

The next regular meeting is on Wednesday, Feb. 12, at 10:15 a.m. in Clubhouse I. The discussion subject is 2020 legislative priorities for the Maryland General Assembly. All residents are welcome to attend.

Recent topics discussed at meetings included the electoral college, campaign finance in Montgomery County, and the 2020 Census. Topics scheduled for 2020 discussion included conditions in Central America, asylum decision making, and the Affordable Care Act.

The League values the input of all who attend their meetings, and especially encourage men to join in the non-partisan discussions. The group's Rossmore chapter welcomes them and their perspectives on the issues of the day.

For more information, contact Maxine Lewack at (301-847-9527) or mgl@leawack.com.

PEDESTRIAN SAFETY

Pedestrians are reminded to:

- Wear brightly colored clothing when walking before dawn and after dusk.
- Always carry a form of identification that includes their name, address, any medical condition and the name of a person to contact in case of an emergency.
- Be particularly attentive of vehicular traffic when crossing at all intersections and crosswalks.

Members to Vote on Bylaw Amendments at January Meeting

by Patricia Means

The agenda for the January meeting includes membership voting on proposed amendments to the existing bylaws, which were provided to members for final review in November. Only members are entitled to vote on the proposed amendments. An amendment passes with two-thirds vote of the voting members in attendance. Additionally, members of the nominating committee will be announced at the meeting.

All members are encouraged to attend this important meeting on Wednesday, Jan. 8, at 4 p.m. in Clubhouse I.

Reminder

The annual brunch on Martin Luther King Jr. Day

is Monday, Jan. 20, at 11:45 a.m. in the Clubhouse I Crystal Ballroom. The brunch follows the 10 a.m. worship service at The Inter-Faith Chapel.

The brunch is buffet style and includes scrambled eggs, assorted meats, spiced apples, potatoes, salads, pancakes, mini Danish pastries, coffee and tea.

Tickets for the brunch are \$30 per person (checks only, payable to LWAAAC), and on sale through Thursday, Jan. 16, in the Clubhouse I E&R office. Tables of 10 must be reserved at the time of ticket purchase, and a list of table guests must accompany payment. All Leisure World residents are welcome. No tickets will be sold at the door.

For additional infor-

mation, contact Juanita Sealy-Williams, program committee chairperson, at (301-822-4531).

Membership

Beginning Jan. 1, dues for new member enrollment are prorated at \$10 (checks only, payable to LWAAAC) to cover the remaining portion of the fiscal year. Individuals renewing membership are not eligible for prorated enrollment. Renewed membership requires that the full amount for annual dues (\$20) be paid regardless of the time of year.

Payment for membership (checks only, payable to LWAAAC) may be made at meetings, via the LWAAAC mail slot in the Clubhouse I E&R office or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908).

Membership in LWAAAC is open to all Leisure World residents.

A residential address, telephone number and an email address, if available, must be provided at the time of registration.

Membership cards are available from the membership committee at monthly meetings. For more information, contact Alfonso Holston, membership committee chairperson, at (301-438-3537).

Amenities

Members are encouraged to notify LWAAAC of illness, disability, death or other situations affecting a member or that person's immediate family by contacting Louise Langley, amenities chairperson, at (301-598-3876).

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Presented by Sheila Griffith
Alzheimer's Association National Capital Area Chapter

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Wednesday, January 15, 2020

2:00 pm - 3:30 pm

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■ LW Green

Jan. 22: 'The Devil We Know' and Toxic Waste

by Sarna Marcus

LW Green's January program includes a screening of "The Devil We Know" (2018, documentary, 1 hour 35 minutes, unrated), a film that The Hollywood Reporter called "a blood-boiling eco-doc whose story is far from over." The showing is on Wednesday, Jan. 22, at 2 p.m. in the Clubhouse II auditorium. Admission is free and no ticket is required.

The film explores the plight of residents in and near Parkersburg, West Virginia, and participants in a class-action lawsuit against the DuPont corporation, whose use of toxic chemicals in manufacturing Teflon and other products at its Parkersburg factory caused birth defects, cancer and a variety of health ailments.

The film screening follows LW Green's December meeting topic, how pesticides and herbicides can poison both human and wildlife populations.

LW Green is a group of Leisure World residents who are striving to be better stewards of the environment through education and advocacy.



■ Lions Club of Leisure World

The Older The Lion, the Louder the Roar

by Maxine Hooker

Anyone looking for a recognized service organization that continues to transform many lives through service is invited to join the Lions Club of Leisure World. The Club meets on the third Monday of each month at 6 p.m. in Clubhouse II. All levels of service, skills and talents are welcome.

For additional information contact Maxine Hooker at (301-598-0242) or (waxiemaxie@juno.com).



Thelma Wittenberg has a roaring good time at the Lions Club's holiday social. Photo by Al Holston

Holiday Social

At the Lions Club's holiday social in December, one of their dedicated Lions celebrated her 99th birthday. Lion Thelma Wittenberg danced to the tune of "New York, New York" and let out a loud roar



when the rest of the Lions sang "Happy Birthday."

Lions Linda and Bobby Bobo sang holiday melodies, Tom Bickford recited a poem and Terri Nettles sang with the Capitol Swing Quartet.

■ Jewish Discussion Group

Jan 26: A Timely Book Review

by Jerome "Jerry" Cohen

The group's next session is on Sunday, Jan. 26, at 10:30 a.m. in Clubhouse I. The featured speaker, Steve Kline, will discuss and review Deborah Lipstadt's new book, "Antisemitism: Here and Now."

In her book, Lipstadt provides a penetrating and provocative analysis of the hate that will not die, focusing on its current, virulent incarnations on both the political right and left, from white supremacist demonstrators in Charlottesville, Virginia, to mainstream enablers.

Kline served as an assistant district attorney in New York City, a special assistant attorney

general for the State of New York investigating Medicaid fraud, and was also an adjunct associate professor of law and police science for 15 years at the John Jay College of Criminal Justice of the City University of New York.

Wanted: Moderator

The group is currently seeking an assistant moderator who can either share in the responsibilities of overseeing the nine monthly sessions held annually, or assume the position entirely. If interested, please contact Jerry Cohen at (240-970-5024) or

(jeromeacohen67@outlook.com).

Session Format

The format of the group's sessions has changed over the past year resulting in increased attendance. Originally, it featured monthly discussions of contemporary issues facing the Jewish global community with occasional full-session speakers. Then, featured speakers became the norm. A vibrant and accomplished group of featured speakers are currently lined up for the fourth Sunday morning sessions through June 2020.

Group participants are

encouraged to offer suggestions for featured speakers. Also, anyone interested in doing a short- or full-featured presentation on a subject of interest to the group are encouraged to discuss their interest with the moderator.

The Group holds discussion sessions on the fourth Sunday of each month from 10:30 a.m.-noon in Clubhouse I. They are free, and all residents are welcome.

For additional information or to have your email address added to the monthly notification list, contact the group moderator, Jerry Cohen, at (240-970-5024) or (jeromeacohen67@outlook.com).



Steve Kline, courtesy photo

■ Jewish War Veterans Charles B. Krieger Post 567

Post Seeks Volunteer Administrative Assistant

by Jerome "Jerry" Cohen

The Post is seeking a second volunteer administrative assistant to help with the planning of its eight annual Sunday brunch events. The duties include helping record the reservations processing the checks received for each brunch event, or to alternate months in doing so with the current administrative assistant.

Excel spreadsheet skills are required for the position. To apply, contact Post Commander Jerry Cohen at (240-970-5024) or (jeromeacohen67@outlook.com).

membership have been added by the JWV national governing organization. Those who have served in the U.S. Public Health Service Commissioned Corps (PHSCC) or in the National Oceanic and Atmospheric Administration Commissioned Officer Corps (NOAA Corps) are legally recognized as veterans and are now eligible and are encouraged to join the Post.

For those who would like additional infor-

mation, have questions about membership, would like to be added to Post 567's email

notification and e-newsletter list, or who wish to make donations to the Post in honor of or in memory of someone, contact Jerry Cohen at (240-970-5024) or (jeromeacohen67@outlook.com).

Members or others who wish to contribute relevant written content for publication in

the Post's monthly electronic

newsletter are encouraged to email such content to Cohen. All contributing writers will receive attribution for their original content when included in the electronic newsletter.

Winter Break

The Post does not hold brunches during January, February, July or August. Bon voyage to our members, patrons and other event attendees who are snowbirds!

The Post's upcoming spring brunches are moving to the first Sunday of the month and are scheduled for March 1, April 5, May 3 and June 7.



Jerry Cohen presents Toys for Kids to Children's National Hospital. Courtesy photo

Post Information

The Post thanks everyone donated toys to its annual Toys for Kids drive. Three oversized bags of new toys were dropped off at Children's National Hospital in Washington, D.C., and were greatly appreciated.

Members' business meetings are held the first Wednesday of each month from 11 a.m.-12:30 p.m. in Clubhouse I. Because regular scheduling conflicted with New Year's Day, the next meeting will be held on Wednesday, Jan. 8. All regular members and patrons, and those who are considering joining are invited to attend.

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Study Group to Discuss Spinoza

by Barbara Eisen

Hadassah shows the documentary film "The Powder & the Glory" on Wednesday, Jan. 15 at 2 p.m. in Clubhouse I.

All residents are invited to attend. For details, see the Events and entertainment section of this publication.

Jan. 20 Studies Group

The Judaic Studies Group meets on Monday, Jan. 20, at 1:30 p.m. in Clubhouse I. The discussion, led by Peri Schuyler, will focus on the very controversial Baruch Spinoza.

Spinoza was born in Amsterdam in 1632 to a family of Sephardic Jews, Marranos from Portugal. He became one of the most important philosophers of 17th century Enlightenment, and yet, he is most famous – or infamous – for having been excommunicated by the Amsterdam Portuguese-Jewish congregation.

He was a Talmudic scholar who became a major proponent of the rationalist movement and an original thinker whose radical views on religion alienated both the Jewish and the Christian communities. His thoughts and writings express one of the clearest and most compelling

defenses of free speech, democracy, and the dignity of the philosophic life.

Join us and bring your questions, comments, and opinions. All are welcome. For information or questions, contact Peri Schuyler at (301-869-2968) or (perislaptop@aol.com), or Marcia Elbrand at (216-496-6633), or Shari Goldstein at (240-293-6442), or Naomi Kline at (nbk165@comcast.net).

Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are \$3 each for one to three cards and \$2.50 each for four or more cards. Cards are displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber, available

at (301-598-5922), is chair of Youth Aliyah/Children at Risk, a project that helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send your donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational, and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net) or Linda Epstein at (301-847-9650) or (lepstein8@gmail.com) or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

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New York Times Editor Discusses Intolerance

by Jonas Weiss

The Friday, Jan. 3, 7:30 p.m. service in the Inter-Faith Chapel celebrates the Sabbath and remembers the life and contributions of Dr. Martin Luther King Jr., who was a powerful voice against racism and for civil rights. He was also an important ally for the Jewish people in the fight against anti-Semitism and for a secure Israel.

All residents are invited to join JRLW to honor the unfinished work of both Dr. King and Rabbi Abraham Heschel, who joined Dr. King in the struggle for civil rights. Rabbi Gary Fink and Cantor Wendy Gonzales lead the service.

Brunch

On Sunday, Jan. 19, at 10 a.m., in the Clubhouse I Crystal Ballroom, Jonathan Weisman discusses bloodshed at the hands of white suprem-

acists from Pittsburgh to El Paso, the role of nationalism in the rise of intolerance, and what Jews should be doing to confront bigotry.

Weisman is a deputy Washington editor and Congress editor for The New York Times. He is the author of the book “(((Semitism)))”: Being Jewish in America in the age of Trump,” which presaged the rise of violent anti-Semitism and bigotry in America.

To attend, mail checks for \$14 (\$18 for non-members) payable to JRLW to Shirley and Jerry Gordon at (15311 Beaverbrook Court, Apt. 3A, Silver Spring, MD 20906) at least one week in advance.

Saturday services

Cantor Michael Kravitz leads Conservative services on Jan. 11 at 9:15 a.m. in Clubhouse II. Rabbi Moshe Samber and volunteers lead Sabbath services and Torah discussions on Jan. 4, 18 and

25 at 9:15 a.m. in Clubhouse II.

‘Becoming Dr. Ruth’ Trip

JRLW is sponsors a bus trip to a matinee of “Becoming Dr. Ruth” at Theatre J in Washington D.C. on Wednesday, April 1. For details and registration information, see the Club Trip section of this edition.

Donations

The Torah fund is used for the maintenance and repair of our Torahs, and for the possible need for a new one. Send checks payable to JRLW (\$25 minimum), to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

The prayer books fund provides for the purchase of a siddur to remember or honor a loved one. A label acknowledging the donation will be placed in the book. Mail checks payable to JRLW

(minimum of \$25) to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906).

Send donations with checks payable to JRLW for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedakah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

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Questions: contact Fred Shapiro: 301-598 7949

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Group Plans 2020 Events at Jan. 21 Meeting

by Carole Mund

Because of the potential for inclement weather, NA'AMAT does not sponsor any planned activities during the winter. However, the organization continues to meet to plan future events.

All residents are encouraged to participate. By attending you have wonderful opportunity to

have input and to meet women actively involved and committed to the NA'AMAT mission.

The executive board's next meeting is Tuesday, Jan. 21, at 10:30 a.m. in Clubhouse I.

Writer Wanted

NA'AMAT is seeking someone to take over the responsibilities of writing this column beginning in June 2020 when Carole Mund retires after 14 years of providing news and information about the organization. It is a wonderful opportunity to become involved in NA'AMAT. For more information, contact Linda Schoolnick, president, at (301-681-1076).

Tribute Cards

Tribute cards and Memorial cards are the perfect way to acknowledge events of friends and family. The cost of each card is \$3.50, or \$4.50 if you would like it mailed for you.

Sales support and maintain the essential programs NA'AMAT sponsors and are an

easy way for members to attain donor credit.

For more information, contact Lenore Kalen at (301 922-4348).

Mah-jongg Cards

The deadline to order 2020 mah-jongg cards is Wednesday, Jan. 15. NA'AMAT receives a small stipend from the Mah-jongg League for each card sold.

Mah-jongg cards are still \$8 for regular and \$9 for large. Mail checks, payable to NA'AMAT, to Lenore Kalen at (15100 Interlachen Dr., #616, Silver Spring, MD 20906). Make sure all names and addresses are correct. For questions, call Lenore at (301-922-4348).

Book Club Update

NA'AMAT RBZ has a book club that meets the fourth Wednesday of each month to discuss literature chosen by the group. The books for the next scheduled meeting on Wednesday, Jan. 22, is "The Only Woman in the Room"

by Kate Quinn and "The Alice Network" by Marie Benedict. For the meeting time and place, contact Barbara Tahler at (240-669-6961).

Upcoming Events

- March 11 – All are invited to an open meeting. Note it is the second Wednesday in March. Renowned speaker and storyteller Noa Baum shares personal and traditional stories that help us find meaning and connection, whether holiday celebrations or family stories. There is no charge.
- April 21 – Spiritual Adoption Luncheon with special keynote speaker

For more information about NA'AMAT RBZ, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).

For membership information, call Harriet Chaikin at (240-560-7487).



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To schedule your appointment, contact Toni Davis at 301-388-7209 or tdavis@bgf.org.




BROOKE GROVE
RETIREMENT VILLAGE



Boomers Keep Walking Through Winter

by Beth Leanza

Members of the Baby Boomers Club like to get together socially, sometimes to play board games, watch movies, take walks, have picnics at East Norbeck Park and get together for dinners.

The Club holds activities in the evening or on weekends so they're available to as many residents as possible. If you're fun-loving and active, join us no matter what your age!

How to Join

Mail a check for \$5 per person, payable to Baby Boomer Club, to Susan Landesberg at (3503 Twin Branches Ct., 37-C, Silver Spring, MD 20906). Include your email address to receive updates on Club events.

If you want to meet up at a Club activity before deciding to join, you can check our Club calendar and description of activities at our website,

(<https://sites.google.com/site/bbclwmd>).

Emails

Club members who have joined but are not receiving emails should check their email's "spam" and "junk" folders. Also, adding the Baby Boomer Club's email address, (bbclw@googlegroups.com), to your contact list or address book will help to prevent the Club's emails from ending up in these folders.

Still not getting mail? Contact Beth Leanza at (bethlea12020@gmail.com) or (301-598-4569).

Friday Hikes With Joyce

All residents are invited to join the Club on any of its walks.

Joyce Richardson, available at (301-598-7098) or (777cheekie333@gmail.com), leads walks on Fridays. The group meets up at 1:15 p.m. at a local trail. Most walk about

three miles, but some walk halfway and return. To carpool to the trail, contact Joyce at (301-598-7098) by Thursday night.

To get directions to the walk sites, visit the Baby Boomer Club's website at (<https://sites.google.com/site/bbclwmd/calendar>) and go to the calendar page, or use Google Maps.

- Jan. 10 – Crescent Trail (6300 Hillandale Rd., Bethesda) Meet in the Bethesda Swimming Pool parking lot at 1:15 p.m. Bring water.
- Jan. 17 – Rachel Carson Conservation Park (22201 Zion Rd., Brookeville) Meet in the parking lot near the display map at 1:15 p.m. Bring water.

Sunday Morning Walks

Join a group of walkers that meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk

the entire Leisure World Boulevard circle. Sometimes they go out to breakfast after. For more information, contact Ted Michos at (Tedmichos@gmail.com).

Weeknight Walks

For a shorter walk (about one mile), join a group to walk the Broadwalk in Montgomery Mutual. The walkers meet each weeknight at 5:15 p.m. in the Clubhouse I lobby. No one makes an announcement – look around and introduce yourself!

AVA Walks

The American Volkssport Association (AVA) holds events and provides guides to local walks of interest. More information about AVA walks is available on the Club's website at (<https://sites.google.com/site/bbclwmd>). Click on Walks, below the events calendar. You do not have to join AVA to participate.



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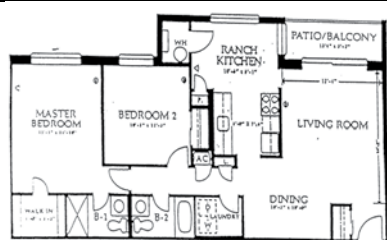


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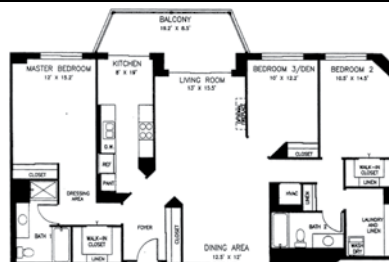
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Longest Standing GIAC Volunteer Retires

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets in Clubhouse II every Saturday beginning with armchair travel at 2 p.m. followed by various games at 2:30pm.

Sylvia Pachenker, a Leisure World resident since 1977 and one of the GIAC's first members, who has served as trip co-coordinator, Bingo caller and member of the publicity committee for many years, has announced that her club status now will be simply "member."

The club views her decision with mixed feelings, but members are very glad that she plans to continue enjoying the trips, games and other activities. Sylvia has been involved with GIAC's activity planning and implementation since she joined in 1991.

Bus Trips

A few trips in 2020 that

GIAC is sponsoring include:

- Wednesday, April 15 - Brush off winter cold and travel to the Washington County Playhouse in Hagerstown, Maryland to experience "Love Letters."
- Wednesday, May 20-21 - overnight trip to Lancaster, Pennsylvania, for an afternoon show, "Queen Esther," and much more
- Saturday, July 18-25 - an eight-day, seven-night bus trip to Montreal, Quebec City and Ottawa, Canada.

More detailed information on these trips can be found in the Club Trips section of this publication.

Sign-ups up for trips takes place during Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II when a representative of the trip committee is available to receive payments and answer questions.

The GIAC newsletter, which

also contains more trip information, is also available at that time.

For questions about trips, contact GIAC president Elaine Strass at (240-447-2166).

Armchair Travel

Sami Demiray, armchair travel coordinator, is currently exploring new and repeat video travel adventures for members to enjoy.

Members are encouraged to visit Sami at the information table during SAL to express their wishes for future travels.

Games

Games begin at 2:30 p.m. right after armchair travel.

Bridge and Rummikub are played in the Clubhouse II lobby, and Mexican train dominoes is played in the Game Room, where an old fashioned dominoes game is also available.

Members are also welcome to bring or suggest other favorite games.

For more information about games, contact Sylvia Pachenker at (301-598-

5325) or Elaine Strass at (240-447-2166).

Membership

Those wishing to either join GIAC or renew their membership are invited to do so every SAL from 1:30-3 p.m.

The membership fee is \$8 per year and can be submitted during SAL, in GIAC's mail slot in the Clubhouse I E&R office or mailed to (GIAC, P.O. Box 12024, Silver Spring, MD 20908).

For more information about membership, contact Elaine Strass at (240-447-2166).



GIAC volunteers prepare to greet members in the Clubhouse II lobby during Saturday Afternoon Live on Saturday, Dec. 14. From left: Sylvia Pachenker, Joe Parker, Elizabeth Brooks-Evans, Buck Parr, Elaine Strass, Nancy Alderman, and Freddie Smith. Photo by Elizabeth Evans

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Lunch Features Social Services Speakers

by Marcia Elbrand

Rossmoor Women's Club (RWC) invites all residents to a taco bar lunch and dessert on Wednesday, Jan. 15, at noon in Clubhouse I.

Guest speakers from Leisure World's Social Services department – director Susan Montgomery, LCSW-C; Sandy Hart, LCSW-C; and Ann Johnson, LCSW-C – will describe the services they provide residents.

Cost of the event is \$15 for RWC members and \$20 for non-members. Checks payable to Rossmoor Women's Club can be placed in the RWC mail slot in the E&R office in Clubhouse I by Saturday, Jan. 11. There will be no refunds after that date.

If there is snow or ice the morning of the event, call the daily events line at (301-598-1313) or check TV channel 972 to confirm that the event will be held as scheduled.

For any further information, contact Carolyn Thompson at (301-806-5383).

Membership Is Ongoing

New members are always welcome to join the Club at any time of year. Both Leisure World residents and non-residents may join. Membership is \$40 per year, and checks, payable to Rossmoor women's Club, can be sent to Aggie Eastham at (3100 North Leisure World Blvd., #126, Silver Spring, MD 20906). For questions, contact Aggie at (aggie.eastham@verizon.net).

Dues and event proceeds support college scholarships, Casey House/Montgomery Hospice, and a local domestic violence center, the Betty Ann Krahne Center. The RWC also supports the Fisher House Foundation, which provides homelike lodging for those visiting hospitalized veterans. RWC volunteers also provide yearlong enrich-

ment to the pre-kindergarten class at nearby Harmony Hills elementary school.

For more information about the group and its goals, contact RWC president Abigail Murton at (abmurton@comcast.net).

February Potluck

A potluck lunch for RWC members only is on Wednesday, Feb. 12, in the Activities Room of Clubhouse II. The event is free, but those planning to attend need to make reservations by Friday, Feb. 7.

A guest speaker will discuss new opportunities for children with physical limitations to participate in camp activities. The RWC's board voted recently to help support programming for children with mobility issues either from birth or after surgery.

Trip to National Cathedral

On Tuesday, March 24, RWC sponsors an afternoon outing to tour the impressive Washington National Cathedral in Washington, D.C, and enjoy a fabulous tea in the building's exquisite seventh floor setting.

For details and registration information, see the Club Trips section in this edition or call Eyre Leisure World Travel at (301-598-1599) or (301-854-6600, #4).

Holiday Jokes Tickle Ribs

by Al Karr

The Club meets every Tuesday from 1:30- 3 p.m. in Clubhouse II. New members keep showing up, and all are invited to come by and see what all the laughter is about.

The Club also is offering a bus trip to see the grand and widely acclaimed musical "Kinky Boots" on Wednesday, March 5. For further information about the trip, phone Ruth Becker at (301-288-4276) any time between 9 a.m.-5 p.m., or see the Club Trips section of this publication.

Here are some examples of jokes shared at recent meetings:

President John Lass – The prisoner told the judge that he (the accused) was charged with doing his Christmas shopping early. How early? asked the judge. The reply: "Before the store opened."

Vice president Skip Schoening – God told Adam that he needed a mate who would always make him feel good, but it would cost him an arm and a leg. Adam asked, "What do I get for a rib?"

Several club members, including Sam Hack and Sunny Levin, told rib-tickers ending with, "There's nothing like chrome for the hollandaise." (You had to be there.)

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Fun with Your Mac, Plus YouTube Tips

by Ron Masi

Our Tuesday, Jan. 28, at 10 a.m. in Clubhouse II, the program “Fun With Your Mac” (they are not just for work) is presented by Club board member Gerald “Jerry” Berman. Jerry will discuss and demonstrate three items he frequently uses to have fun:

- A music visualizer app, already on your Mac device, provides mesmerizing images as you listen to music.
- Free and interesting fonts are available in addition to the rich collection your apps already have; Jerry will show you how to get and use them.
- Quarter-fold greeting cards – without needing an expensive Publisher program – offer the opportunity to make creative designs, images and fonts.

This promises to be a fun-filled session, and Jerry will provide a full set of notes on the things he will cover.

YouTube Tips

- If you ever watch a YouTube video and want to go back or forward a bit, there’s an easy – but not obvious – way to do that. On iOS (iPhone/iPad) just tap the left/right side of the screen. On the Mac/laptop use these keyboard short cuts: L = forward, J = back and K = toggles/pauses.
- Want to speed up or slow the playing speed? In the bottom pop-up bar that shows how far into the video you are, click the icon to the right that looks like a gear. It provides several options, one of which is to increase or decrease the playback speed. Click the speed you want. You may have to try several speeds to determine which works best for you.
- YouTube often suggests other videos that may not interest you. To reduce suggestions of unwanted videos, let YouTube know by clicking the three dots on the right just below



Screenshots by Ron Masi

that video’s time stamp. In the resulting pop-up menu, click “Not Interested.” This should reduce getting that topic again.

Club News

The Club’s board is eager for input and feedback from members as it kicks off the new year. Members are encouraged to let the board know how it can best help them get the most from their Apple products. Which programs, articles or services did you like – or would like to have? What

topics would you like to explore? Email your suggestions to Ron Masi at (masiron@mac.com).

If you receive an Apple product over the holidays, stop by our Apple Clinic for usage tips and help setting it up. Clinics are on Tuesdays (except for the fourth of the month) from 10-11 a.m. in the Computer Learning Center in Clubhouse II.

Visit the Club’s updated website, (mac.computerctr.org), to learn about the Club’s past and future programs.



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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at noon. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Clipper Workshop: Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II, the Computer Learning Center is operated by The Leisure World Computer Center Inc. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Windows systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Interfaith Committee for the Homeless and Working Poor: The focus of this committee is to provide opportunities for Leisure World residents to work together to solve some of the problems experienced by homeless and working poor individuals and families in Montgomery County. This coalition comprises representatives from the Inter-Faith Chapel, Jewish Residents of Leisure World, Our Lady of Grace Catholic Church, the Unitarian Universalists of Leisure World and the community at-large. If you would like information about participation in ongoing projects of this committee, contact Gwen Raphael at (301-348-8814) or (graphael@verizon.net).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Jan. 10. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

LW LGBTQ Alliance: Our group was formed to give members of the LGBTQ community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II, except in July and August. We welcome everyone; being gay is not a prerequisite. The LW LGBTQ Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire Leisure World community. For additional information and events, email us at (lwlgbt@gmail.com). You can also follow us on Facebook at LW LGBTQ Alliance.

Musical Jammers: We gather informally twice a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

New Yorkers and Friends Group: Join fellow New Yorkers and Friends on the second Thursday of each month at 10:30 a.m. in Clubhouse I. The Group offers opportunities to support outreach projects and to engage in a wide range of social activities. The Group's motto is "New Yorkers & Friends Can Make a Difference!" The Group welcomes anyone who has had affiliations with New York (both city or state), or who just likes New Yorkers. For more information, contact Linda (301-288-4367) or Carole (301-598-2768).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Jan. 9.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is currently reading from the anthology "The Short Story Prize: 15 Years of Great Fiction." On Wednesday, Jan. 15, Jane Carona will lead a discussion of "Tenth of December" by George Saunders. On Wednesday, Feb. 5, Laura Rittenberg will lead a discussion of "Something Amazing" by Elizabeth McCracken. The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. In April, the Group will begin reading from "The Oxford Book of English Short Stories," a collection of stories by famous, almost classic, authors, edited by A.S. Byatt. The 2009 or 1998 editions can be ordered from Amazon. For information about the Group or to have a book ordered for you, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: TMO is a movement of residents concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information email (admin@townmeetingorganization.com) or visit (www.townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women's Fun Bunch of Leisure World: The Women's Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquiries, call Marlene at (301-438-7773).

Leisure World Club Trips

The next deadline for trip submissions is **Monday, Jan. 6**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

Jan.

15

"Ol' Blue Eyes: Frank Sinatra" Signature Theatre, VA

Join **NA'AMAT** in the intimate cabaret setting at Signature Theatre to see "Ol' Blue Eyes: Frank Sinatra," a tribute to this iconic crooner. Tables in groups of three or four have been reserved. A light à la carte menu is available for additional cost (on your own).

The bus leaves Clubhouse II at 5:15 p.m. for a 7:30 p.m. performance; the bus will return to Leisure World at approximately 11 p.m.

The cost is \$69 per person and includes bus transportation and tickets to the show. No refunds or exchanges will be made unless inclement weather causes cancellation.

Send reservation checks (payable to NA'AMAT) to Carole Mund at (15101 Interlachen Dr., Apt. 724, Silver Spring, MD 20906). For questions, call Carole at (301-598-2768).

March

4

"Kinky Boots" Toby's Dinner Theatre, Columbia, MD

Join members of the **Comedy and Humor Club** for a matinee performance of this exhilarating, true story that will lift your spirits to high-heeled heights! "Kinky Boots", winner of six Tony awards, including best musical, features a joyous score by Cyndi Lauper.

The bus departs Clubhouse II at 9:30 a.m. and returns at approximately 3:30 p.m.

This trip guarantees a wonderful experience. The cost, \$80 per person, includes bus transportation, buffet lunch, gratuity and tips at the theatre and a remarkable show. The trip also includes a drawing for a surprise gift on the way home.

Payment (check or money order only, made payable to the Comedy and Humor Club of Leisure World) may be left at the E&R office in Clubhouse I. Deadline for reservations is Friday, Jan. 10. There will be no refunds or exchanges. For more information, call Ruth Becker at (301-288-4276) between 9 a.m. and 5 p.m.

March

24

Cherry Blossom Tea Washington National Cathedral

Join the **Rossmoor Women's Club** for an afternoon outing to tour the impressive Washington National Cathedral in Washington, D.C., and enjoy a fabulous tea in the building's exquisite seventh floor setting. The bus departs Clubhouse II at noon and returns at approximately 6 p.m.

The cost is \$95 per person and includes bus transportation, admission to and guided tour of the Cathedral, and tea.

To reserve seats, call the Eyre Leisure World Travel office at (301-598-1599) or drop by the office Tuesday-Thursday, 8:30 a.m.-2 p.m., or call (301-854-6600, #4).

April

1

"Becoming Dr. Ruth" Theatre J, Washington, D.C.

The **JRLW** is sponsoring a bus trip to this matinee show of "Becoming Dr. Ruth" at Theatre J in Washington, D.C. This is a humorous one-woman show of the journey of an orphaned girl who found her unique place in the world.

The bus will depart from Clubhouse II at 10:30 a.m. and return at approximately 3 p.m.

To make your reservation, send a check for \$54 (payable to JRLW) to Natalie Brodsky at 3310 N. Leisure World Blvd., Apt. 509, Silver Spring, MD 20906. Deadline for reservations is Feb. 1. For more information, Call Becky Siman at (609-304-6098).

April

15

"Love Letters," at the Washington County Playhouse, Hagerstown, PA

Get out your hankies! Join the **Going It Alone Club** for a trip to Hagerstown for a traditional American brunch and to see a performance of "Love Letters" at the Washington County Playhouse. Both funny and heartbreaking, "Love Letters" revolves around a man and a woman, who, while marrying and divorcing others, and pursuing careers successfully or not, correspond faithfully for 50 years.

The bus departs from Clubhouse II at 11:30 a.m. and returns at approximately 7 p.m.

The cost is \$75 for members and \$85 for non-members and includes the brunch buffet, show, transportations and tip.

For more information, call Nancy Alderman at (301-598-5614).

April 27-

May 7

Portugal, Spain and Gibraltar

Encouraged by the success of the trip this year to Costa Rica, the **Center for Lifelong Learning (CLL)** planned a trip to Portugal and Spain through Prometour Educational Tours. It is another opportunity for students of Judy Frumkin's Spanish classes to gain practical experience using the language they have been studying. It is also an opportunity for anyone interested in the cultures of these two neighboring countries.

Participants will arrive in Lisbon, Portugal, on Monday, April 27, and will spend four days visiting Lisbon, Sintra, Sagres and Albufeira. Then it is on to Spain and the cities of Sevilla, Cordoba, Granada and Málaga.

Last stops are Gibraltar and the Spanish city of Ceuta, across the strait in North Africa. The trip includes visits to Jewish, Muslim and Christian sites of interest, and time to enjoy local food, shopping and culture.

The base cost of the trip is \$3,934 per person if 20 or fewer people register. If more than 20 register, the price will decrease.

For additional information including a list of the places to be visited and the schedule for payment of the fees, contact Judy at (443-858-2894) or (judyfrumkin@gmail.com).

To register for the trip, call (1-800-304-9446) and mention Leisure World for registration, or contact Judy for information on how to register online.

Leisure World Club Trips (cont.)

May
20-21

Lancaster and Pennsylvania
Dutch Country

Join the **Going It Alone Club** on a two-day trip to Lancaster and Pennsylvania Dutch Country. This trip includes attending the show "Queen Esther" at Sight and Sound Theatre, a visit to Kitchen Kettle Village for authentic Pennsylvania Dutch Country shopping, a stop at the Amish Experience to see the multi-media production "Jacob's Choice" and a visit at Park City Center for more shopping. The trip also includes one night's lodging, one breakfast and one dinner.

The bus leaves Clubhouse II at 8 a.m. on Wednesday, May 20, and returns at approximately 6 p.m. on Thursday, May 21.

The cost is \$213 for members or \$223 for non-members double occupancy (add \$39 for single occupancy) and includes the driver gratuity. An initial payment of \$75 is due at sign-up with the final payment due on Saturday, March 7. No refunds will be made after March 7 unless a replacement is made.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Nancy Alderman at (301-598-5614).

July

18-25

Canada, Oh, Canada

Join the **Going It Alone Club** on a one-week trip to beautiful, verdant Canada, with stopovers in Ottawa, Montreal and Quebec. Local guides will lead the group on tours of locations in each city including the Notre Dame Basilica, the Montreal Underground City, Ottawa's Parliament Hill. Also included is a narrated cruise of the St. Lawrence River and admission to the Montreal Tower.

The bus leaves Clubhouse II at 8:30 a.m. on Saturday, July 18, and returns at approximately 8:30 p.m. on Saturday, July 25.

The cost is \$810 double occupancy, or \$1,090 single occupancy, and includes round-trip bus transportation, seven nights' lodging, 12 meals, local guides on tours.

For more information or to sign up, stop by the GIAC information table at any Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. Or call "Buck" Parr at (301-760-8094).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

LEISURE WORLD

HAS SO MANY WAYS TO KEEP UP WITH COMMUNITY NEWS AND EVENTS:



Leisure World News

- Community News
- Club News
- Calendar of Events
- Calendar of Meetings

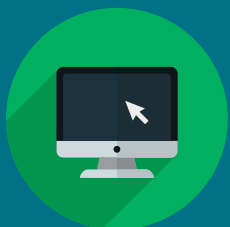


Recorded Daily Events (301-598-1313)

Mobile Access to (residents.lwmc.com)

Social Media

- Twitter | @LeisureWorldMd
- Facebook | Leisure World of Maryland



Resident Website (residents.lwmc.com)

- Community News
- Community Calendar
- News Alerts
- Information about Amenities and Services
- Access to Mutual website portals



TV Channels

- 972 - Daily Events and Announcements
- 974 - Weekly Events and Meeting Broadcasts



**LEISURE
WORLD**
OF MARYLAND



Community Email

- available upon sign up to (residents.lwmc.com)

SPORTS, GAMES & Scoreboards

■ 10-Pin Bowling League

Winners Reach Top of Standings

by Rita Mastrorocco

As winter approaches the following Bad Weather Rule is in effect: If Montgomery County schools are either closed or on a two-hour delay based on snow or icy conditions, we do not bowl!

The league is based on handicaps with averages for the bowlers ranging from 85

to 182. Even if you have not bowled in years, come out and join the fun.

The top League standings as of Dec. 20 are Winners in first place, Huggers in second place, and Hooks N Curves in third place.

Top scores for the week of Dec. 13 are:

Scratch Game – Hooks N Curves, 677 pins

Scratch Series – Hooks N Curves, 1,993 pins
Handicap Game – Pin Busters, 936 pins
Handicap Series – Hooks N Curves, 2,719 pins
High Average Men – Steve Mueller, 181 pins
Scratch Game Men – Bill Barrett, 199 pins
Scratch Series Men – Noel Dysart, 541 pins
Handicap Game Men – Bruce MacDonald and Stu Lillard, 265 pins
Handicap Series Men – Bruce MacDonald, 738 pins
High Average Women – Chris Porter, 162 pins
Scratch Game Women – Ruth Sentelle, 186 pins
Scratch Series Women – Ruth Sentelle, 525 pins
Handicap Game Women – Barbara Raney, 282 pins
Handicap Series Women – Barbara Raney, 748 pins

Top scores for the week of Dec. 20 are:

Scratch Game – Winners, 664 pins
Scratch Series – Huggers, 1,895 pins
Handicap Game – Winners, 943 pins
Handicap Series – Winners, 2,714 pins

High Average Men – Steve Mueller, 182 pins
Scratch Game Men – George Izumi, 217 pins
Scratch Series Men – George Izumi, 574 pins
Handicap Game Men – Kenneth Roberts, 274 pins
Handicap Series Men – George Izumi, 721 pins
High Average Women – Chris Porter, 162 pins
Scratch Game Women – Julia Thomas, 196 pins
Scratch Series Women – Cathy Flinchbaugh, 474 pins
Handicap Game Women – Julia Thomas, 282 pins
Handicap Series Women – Cathy Flinchbaugh, 684 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league will bowl every Friday morning with practice starting at 9:20 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls, and unlimited cups of coffee is only \$11.

If interested in joining, call Rita at (301-814-9196).

■ Pickleball Club

Time to Register for 2020 Pickleball Season

by Dee Berkholtz

The wet, windy and frigid December weather has kept even the most dedicated players off the outdoor pickleball courts for most of the month. As a result, the larger than usual number of players waiting their turn on the indoor court in the Clubhouse II Activities Room resulted in unusually high wait times. Many of the morning “outdoor” players have been able to get their daily pickleball fix by taking advantage of Montgomery County’s Open Gym offering at nearby community recreation centers such as Bauer Drive, Longwood, Wheaton and Mid-County where they meet up with other county pickleball players.

All Club members and those interested in joining are asked to register on the Club’s website, (www.lwpickleball.net). This enables the club to leverage technology to improve communication with club members.

On the website click either “For Members Only” or “Join the Club,” then click on “2020 Registration” and provide the requested information. Once you have submitted the registration, look for an email from (lwpickleballmd@gmail.com). It will confirm your registration and



Dominic Angelo and Anita Fladell play pickleball on the Activities Room indoor court while the other players wait their turns.

Photo by Dee Berkholtz

provide additional information, including where to send your annual \$5 registration fee.

This online registration process is expected to be a one-time occurrence. In subsequent years, members will have the option to update their information but will not be required to submit full registration again.

Residents interested in learning more about pickleball are invited to visit the website, (www.lwpickleball.net) and click on “Links,” then click on “Introduction to Pickleball” to view introductory videos of the sport. For those interested in learning the game, having fun while exercising and making new friends, beginner clinics are held every Tuesday in the Activities Room in Clubhouse II from 4-5:30 p.m. Paddles are provided.

■ Ping-Pong Club

Club Enacts Bylaws and Elects Officers

by Julie Friedman

At its organizational meeting on Dec. 11, the Club passed bylaws and elected officers. The officers for 2019-20 are: Julie Friedman, president; John Gervais, vice president and treasurer; and Elaine Lissit, secretary.

Dues were set at \$5 per year. Among other benefits, each member will receive five three-star ping pong balls. Discussion was held on recruiting and retaining members, and meeting attendees spoke overwhelmingly in support of instructors to help beginners or those who need a little extra help. Any resident or non-resident interested in providing instruction may contact Julie at (julie12401@netscape.net).

The Ping-Pong Club meets for play in Clubhouse II on Mondays and Wednesdays from 3-5 p.m. and Fridays from 1-3 p.m.

Celebrating Chess in 2020

by Bernie Ascher

Continuing the tradition of New Year's predictions, here are some examples of events that people will or will not celebrate in 2020.

Music lovers will celebrate the 250th anniversary of the birth of Ludwig Van Beethoven. Bonn, Germany, his birthplace, planned the opening of a new concert hall (Festspielhaus) in his honor. However, after numerous delays, sponsors withdrew their support of the privately financed project. Bonn cancelled the project and did not build the hall. Beethoven fans will celebrate anyway.

Maine may celebrate the bicentennial of its admission into the Union as the 23rd state. Maine seceded from the Commonwealth of Massachusetts in 1820 after long-standing disagreements over land and settlements. Under the Missouri Compromise, the United States admitted Maine as a "free state" and Missouri as a "slave state," thus maintaining the balance of votes in the Senate. No one will celebrate the anniversary of the Missouri Compromise.

One of the two Constitutional Amendments that took effect in 1920 might be cause for centennial celebration: the Nineteenth Amendment, which gave women the right to vote. Women began fighting for suffrage at the national level in 1848. They were not successful until Aug. 18, 1920, when Tennessee became the 36th state to ratify the Amendment, satisfying the requirement for approval by three-fourths of the states. Florida belatedly ratified in 1969.

The other Amendment, the Eighteenth, established Prohibition of alcoholic beverages, beginning one year after ratification (Jan. 17, 1920), as provided in the Amendment. It declared the manufacture, transport and sale of intoxicating liquors illegal, but did not outlaw the actual consumption of alcohol. In addition to hard liquor, "intoxicating liquor" included beer and wine containing more than 0.5 percent alcohol.

Pressed by the Temperance Movement, many states already had imposed Prohibition prior to ratification of the Eighteenth Amendment. In 1933, the Twenty-first Amendment repealed the Eighteenth, the only Constitutional Amendment ever repealed. Now that Prohibition is over, people can celebrate the centennial of women's voting rights with alcoholic beverages.

Also in 1920, the League of Nations' Executive Council met for the first time in January. Fifty-eight member states joined the League (established by the Treaty of Versailles after World War I). However,

in March 1920, the U.S. Senate refused to ratify the Treaty, dooming the League of Nations. Do not expect a centennial celebration.

Japan has cause to celebrate the 2020 Summer Olympic Games (July 24-Aug. 9), which will be hosted in Tokyo. For the event, Japan built a new National Stadium, seating 60,000 spectators, at a cost of \$1.4 billion. Tokyo last hosted the Summer Olympics in 1956.

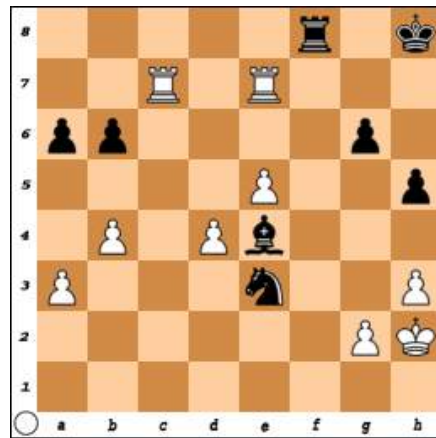
Another celebration might be the 100th anniversary of the "Talking Box" – radio. Pittsburgh station KDKA made the nation's first commercial broadcast on Nov. 2, 1920, a date chosen because it was Election Day. People could hear the results of the Harding-Cox presidential race before they read about it in the newspaper.

Leisure World chess players like celebrations, but need none to enjoy the game. In the diagram on this page, Black has just moved the Rook to f8 to prevent check-

mate. What is White's best move?

The solution follows our reminder that the Chess Club meets on Mondays, Wednesdays and Fridays from 1-4 p.m. in Clubhouse II. Membership is free. For further information, call President Bernie Ascher at (301-598-8577.)

SOLUTION: White moves the Rook to h7, checking the King. The King can only move to g8. White then moves the other Rook from c7 to g7. Checkmate!



So, do not wait for a new concert hall. Do not wait for Constitutional Amendments. Do not wait for more New Year's predictions. Play chess now!

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■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

Dec. 11, 2019

1. Dick Riseberg and Nate Sternberg, 2410
2. Abigail Murton and Doug Brasse, 2400

Dec. 18, 2019

1. Helen Montanaro and Jack Carney, 2530
2. Joyce and Dick Riseberg, 1780

■ Thursday Afternoon Ladies Bridge

Compiled by JoAnn Gellman

Dec. 12, 2019

1. (tie) Shirley Gilmore, 2,920
- (tie) Judy Lindley, 2,920
3. Marilyn Giles, 2,800

Dec. 19, 2019

1. Marilyn Giles, 3,780
2. Sally McGowan, 3,270
3. Elsie Bergamini, 3,020

■ Friday Bridge

Compiled by Shirley Rosenhaft

Dec. 6, 2019

1. Mort Faber, 2,910
2. Sunny Levin, 2,760
3. Jackie McCarthy, 2,500
4. Jerry Weiss, 2020

Dec. 13, 2019

1. Marc Levin, 3,180
2. Belle Lieberman, 2,390
3. Ruth Begley, 1,940
4. Jackie McCarthy 1,900



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■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each less than 1,000 master points. Flight C includes only ACBL member pairs, each less than 500 master points.

Tuesday Dec. 10, 2019

North-South

Flight A

1. Allen Shaw – Patti Anschutz
2. Stephan Billstein – Marcia Fletcher
3. Hanna Schepps – Marlys Moholt
4. Jerry Miller – Gerald Lerner

Flight B

1. Stephan Billstein – Marcia Fletcher

East-West

1. Liz Ferraro – Alan Ferraro
2. Michael Kravitz– Leanna Gipson
3. Nadyne Cheary – Saul Penn
4. Rosmarie Sutor – Shirley Light

Friday Dec. 13, 2019

One Section only

Flight A

1. Alan Ferraro – Liz Ferraro
2. Mark Lavine – Dora Levin
3. Wendy Morrison – Howard Brewer
4. Leanna Gipson – Judy Tankersley

Flight B

2. Wendy Morrison – Howard Brewer
3. Leanna Gipson – Judy Tankersley

Flight C

1. Wendy Morrison – Howard Brewer
2. Leanna Gipson – Judy Tankersley

Tuesday December 17, 2019

North-South

Flight A

1. Stephen Weiner – Larry Carswell
2. Allen Shaw – Patti Anschutz
3. Aaron Navarro – Marlys Moholt
4. Wendy Morrison – Michael Benefiel

Flight B

2. Wendy Morrison – Michael Benefiel

East-West

Flight A

1. Jerry Miller – Gerald Lerner
2. Marcia Fletcher – Robert Kerr
3. Madhav Deshmukh – Beena Deshmukh
4. Alfred Caponiti – Frederic Caponiti

Flight B

1. Marcia Fletcher – Robert Kerr
2. Madhav Deshmukh – Beena Deshmukh

Friday December 20, 2019

North-South

Flight A

1. Mark Lavine – Dora Levin
2. Wendy Morrison – Howard Brewer

Flight B

1. Wendy Morrison – Howard Brewer

East-West

Flight A

1. Nancy Gordon – Sue Swift
2. Rosmarie Sutor – Shirley Light

The next newcomers duplicate bridge session is held on Monday, Jan. 13, at 6:30 p.m. in Clubhouse I. A short lesson will precede the card play.

All Leisure World bridge players who would like to experience duplicate bridge in a more relaxed setting are invited to attend and partner with experienced duplicate players. The fee for non-members of the Duplicate Bridge Club is \$2 per person.

Email (jerroldmiller@yahoo.com) to RSVP or for more information.

Regular duplicate games awarding masterpoints are held Tuesday and Friday at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com).

Residents who need a partner for the Tuesday or Friday game should call Shirley Light at (301-598-6611) at least 24 hours in advance.

CHECK THE DIRECTORIES

Looking for a club or committee meeting? Check the electronic directories in the clubhouse lobbies to find the time and location of that day's meetings.

The directories also offer alerts and headline news.

Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

Bridge:

- **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommon-game.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).

- The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

- **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).

- **Thursday Ladies Bridge** welcomes more card players. If interested, call JoAnn Gellman at (301-351-2391).

Chess: Free chess lessons on Mondays for beginners or "rusty" players. Call Steve Harvith at (301-801-4693) or Lark Keller at (301-219-5955) for appointments. The Chess Club meets every Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free.

Cribbage: We meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

LW Golf Club: The golf course is open all winter long, weather permitting, with an organized "Winter Scramble" every Wednesday. Call the pro shop at (301-598-1570) for times and greens fees.

Mah-jongg: Learn how to play mah-jongg. Call (301-598-3438).

Mind-Body Exercise Club: Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 4-6:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

- **Poker Game** openings are available at the Greens, Thursdays from 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

- **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

- **Play Poker** Mondays and Thursdays from 1 p.m.-4:30 p.m. in the Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Thursday Night Poker meets every Thursday from 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Indoor Pool Volleyball. If you are a LW resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).

PHYSICIAN HOUSE CALLS AFFORDABLE AND CONVENIENT

Can't get to the doctor or your doctor can't see you right away?
Dr. Kinney will come to you.
He covers Leisure World and surrounding areas.

Medicare is accepted for qualified patients; you pay a small trip fee for your house call. Dr. Kinney does family consults, second opinions, medical testing and evaluations.

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There is a Catholic Church in Leisure World!



Our Lady of Grace Roman Catholic Church was founded in 1978 to serve the people of Leisure World.

It moved from celebrating liturgies at the Interfaith Chapel to its present location in 1991, to the right just as you are leaving LW by the Norbeck Road gate.

Masses are held daily at 9:00 AM, weekends at 4:00 PM Saturday, 9:00 and 11:00 AM Sundays.

We welcome all to come worship with us

OUR LADY OF GRACE CHURCH

15661 NORBECK BOULEVARD
SILVER SPRING, MD 20906
301-924-0067
OURLADYOFGRACE@COMCAST.NET

CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



EDUCATION

NEW – Great Decisions in Foreign Policy 2020:

Sponsored by the Center for Lifetime Learning, topics for the 2020 Foreign Policy Association's Great Decisions series include: Climate Change and the Global Order, India and Pakistan, Red Sea Security, Modern Slavery and Human Trafficking, U.S. relations with the Northern Triangle, China's road into Latin America, The Philippines and the U.S., and Artificial Intelligence and Data. The text and DVD used is prepared by the Foreign Policy Association (FPA) and will be the basis for course discussions.

The class may discuss additional emergent topics that the class wants to explore. Participants may also share their experiences and knowledge.

The class leader is Leisure World resident David Frager. He facilitated the 2010-2019 Great Decisions discussions and has been an instructor for CLL. Frager was a docent at the Smithsonian National Museum of American History and taught for three years at the National Defense University during a career at the Department of Defense.

Class meets Thursdays, Feb. 27-April 23 (no class March 26), 2-3:30 p.m. **Fee (includes text): \$50 per person or \$75 if a couple is sharing a book. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

From Generation to Generation: An Introduction to Jewish Genealogy: Seasoned genealogists, Sheila Wexler and Mary-Jane Roth from Jewish Genealogical Society of Greater Washington, will give a thorough introduction to tracing Jewish family history. Crucial resources and key tools to enhance a Jewish genealogy project will be provided. Learn how to enrich personal stories and then participants will share their work in class.

Basic computer skills and the ability to access the internet are required.

This class, sponsored by JRLW and the Bender Jewish Community Center, meets Thursdays, Jan. 9-30, 10:30 a.m.-12:30 p.m. **Fee: \$40. Register at Clubhouse I.**

RELIGION AND PHILOSOPHY

Meditation for Seniors, a CLL course: Led by David Newcomb, Meditation for Seniors is a three-part course designed to help seniors confront aging. Meditation provides a traditional means to explore our innate spirituality, which, in turn, reinvigorates us with new-found perspective and purpose. Meditation is the fastest, simplest inroad to self-discovery.

In this class, we will briefly review the background of meditation, take a close look at the technique, and sit together in meditation as a group. We will analyze our meditation sessions, and consider several supporting activities, such as belonging to a group, keeping a self-introspection diary, and diet, that help our efforts to meditate. Each student will be asked to meditate on his or her own during the week and report back on progress at the next class. No special postures or exercises are used in this class. We will be sitting in chairs the entire time.

For students wanting to continue, we offer an ongoing intermediate level of meditation classes. These will feature longer meditations in class, more detailed study, and more detailed analyses of our own practice. Meditation is a limitless horizon. Once we begin, we can explore these subjects forever.

Class meets Wednesdays, Jan. 15-Jan. 29, 10-11:30 a.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

DANCE INSTRUCTION

NEW – Social and Ballroom Dancing: Led by resident Alan Packer, participants will learn how to dance the fox trot, jitterbug, waltz, rumba, tango, samba, mambo, electric slide, macarena and more.

Class meets Thursdays, Jan. 16-March 19, 7-9 p.m. **Fee: \$15. Register at Clubhouse II.**

Intermediate Tap Class: This class will include warm-up barre exercises, center room exercises (combos and balance), progression steps and a dance routine.

Dance instructor Mary Lou Peters started dancing at the age of three and has continued dancing throughout her life. At age 17, she began dancing professionally, worked on a TV show for NBC for 16 years and has been teaching dancing ever since.

Classes meets Thursdays, Jan. 9-30, 7-8 p.m. **Fee: \$40. Register at Clubhouse II.**

EXERCISE

Very Beginner Yoga with Marilyn Dixon: This class is an introduction to yoga. It includes basic postural awareness, breath awareness, yoga postures, embodied movement, and principles of practice designed for those with no yoga experience. It also includes an introduction to steps on the path of yoga that lead to overall well-being and peace of mind and body.

Please bring a yoga mat to class. Participants should be able to get down to and up from the floor. Chairs are provided for additional support.

Class meets Wednesdays, Jan. 22-March 11, 10:30-11:30 a.m. **Fee: \$56. Register at Clubhouse I.**

Zumba Gold with Denny – Mondays, Wednesdays or Fridays: This program was designed for the older, active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays Jan. 6-Feb. 10, 10:30-11:30 a.m.; Wednesday, Jan. 8-Feb. 12, 10-11 a.m.; or Fridays, Jan. 10-Feb. 14, 1-2 p.m. **Fee: \$45 for one day per week; \$84**

for two days per week; \$120 for three days per week. Register at Clubhouse II.

Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Jan. 6-Feb. 10, and Thursdays (with Sue), Jan. 9-Feb. 13, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$38 for one day per week; \$63 for two days per week. Register at Clubhouse II.**

Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Jan. 7-Feb. 11, and Wednesdays, Jan. 8-Feb. 12, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for two days per week. Register at Clubhouse II.**

Chair Yoga with Robin, Wednesdays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, Jan. 8-March 11 (no class Feb. 5 or 12), 2-3 p.m. **Fee: \$110. Register at Clubhouse II.**

Tummy Terrific with Shirley: Looking for something fun and functional? Why not try the new Tummy Terrific class with Shirley. The exercises in this class strengthen and stretch the entire body with emphasis in toning the abdominal area. Most exercises are performed on the floor using various equipment, including balls, bands and weights.

Class meets Tuesdays, Jan. 7-Feb. 11, 9:30-10:30 a.m. **Fee: \$38 for 1 day per week; \$63 when taken with one day of H2O Fitness and More class. Register at Clubhouse II.**

WATER EXERCISE

Aqua Lite with Shirley: This new water fitness class is low intensity and low impact and will improve your joint flexibility, balance and coordination. For those with arthritis or recovering from injury or surgery, participating in this class will help reduce muscle weakness, pain and stiffness in the upper and lower body.

Class meets Mondays, Jan. 6-Feb. 10, 1-2 p.m. **Fee: \$38 for 1 day per week; \$63 when taken with one day of H2O Fitness and More class. Register at Clubhouse II.**

Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Jan. 7-Feb. 11, and Thursdays, Jan. 9-Feb. 13, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38 for one day per week; \$63 for two days per week. Register at Clubhouse II.**

Non-impact Fusion Water Exercise with Shirley or Sue: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Jan. 7-Feb. 11, and Thursdays, Jan. 9-Feb. 13, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for two days per week. Register at Clubhouse II.**

Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Jan. 8-Feb. 12, from 1-2 p.m. **Fee: \$38 for 1 day per week; \$63 when taken with one day of another water class. Register at Clubhouse II.**

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- No potentially addictive prescription medications.
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CALENDAR *of Events*

**Dial 301-598-1313
for recorded Daily Events**

Friday, January 3

Clubhouse I

3:00 p.m. Hispanos de LW: Bingo
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
1:00 p.m. Ping-Pong Club
4:00 p.m. Pickleball Club

Saturday, January 4

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. American Needlepoint Guild (ANG)
7:00 p.m. Sock Hop
Clubhouse II
9:15 a.m. JRLW Shabbat Service
11:00 a.m. Pickleball Club
2:00 p.m. Going It Alone Club: Social

Sunday, January 5

Clubhouse I

11:00 a.m. JRLW New Member Tea
Clubhouse II
11:30 a.m. Pickleball Club
2:30 p.m. Fireside Forum
6:30 p.m. Baby Boomer Club: Game Night

Monday, January 6

Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class
10:00 a.m. Multi-Media Sampler Art Class
10:00 a.m. CLL General Meeting
10:30 a.m. Stretch, Tone and Balance Class
1:00 p.m. Oils Art Class
1:30 p.m. Leisure World Chorale
7:00 p.m. Bingo
Clubhouse II
9:00 a.m. Senior Sneakers Class
10:00 a.m. Clipper Workshop
10:30 a.m. Zumba Gold Class
11:00 a.m. Chair Yoga Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
1:00 p.m. Aqua Lite Class
1:30 p.m. CLC: Android Help Session
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
3:00 p.m. Ping-Pong Club
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class
5:30 p.m. Model Railroad Club Operating Session

Tuesday, January 7

Clubhouse I

9:00 a.m. Blood Pressure Testing
10:00 a.m. Any Medium I Art Class
6:00 p.m. Fitness Club
7:00 p.m. Duplicate Bridge
7:00 p.m. Trivia Club
Clubhouse II
9:30 a.m. Beginner and Advanced Tai Chi Class
9:30 a.m. Tummy Terrific Class
10:00 a.m. LW Apple Clinic

11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Pickleball Club
12:30 p.m. Scrabble Group
1:00 p.m. Non-Impact Fusion Water Exercise Class
1:30 p.m. Comedy and Humor Club
4:00 p.m. Pickleball Club

Wednesday, January 8

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Any Medium II Art Class
1:00 p.m. Oils and Acrylics II Art Class
1:00 p.m. Lions’ Vision Support Group
4:00 p.m. LWAAAC meeting
6:00 p.m. Volleyball Club
6:45 p.m. Chicago Bridge
Clubhouse II
8:00 a.m. Pickleball Club
10:00 a.m. Zumba Gold Class
10:00 a.m. MVA Bus
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Ping-Pong Club
5:30 p.m. Model Railroad Operating Session
7:30 p.m. Fun and Fancy: Karaoke Night

Thursday, January 9

Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class
10:00 a.m. Watercolor I Art Class
10:30 a.m. Stretch, Tone and Balance Class
10:30 a.m. New Yorkers and Friends Group
10:30 a.m. JRLW course: Generation to Generation: An Introduction to Jewish Genealogy
12:30 p.m. Ladies’ Bridge
1:00 p.m. Drawing - Any Dry Media Art Class
7:00 p.m. Democratic Club
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner and Advanced Tai Chi Class
9:30 a.m. Quilting Group
10:00 a.m. MVA Bus
11:00 a.m. Water Exercise Class
11:30 a.m. Pickleball Club
12:30 p.m. Men’s Bridge
1:00 p.m. Non-Impact Fusion Water Exercise Class
2:00 p.m. Model Railroad Club Operating Session
2:00 p.m. Mind-Body Exercise Club
4:00 p.m. Pickleball Club
4:00 p.m. Friends of India Association
7:00 p.m. Intermediate Tap Class

Friday, January 10

Clubhouse I

10:00 a.m. RAG Open Art Studio
11:00 a.m. Book Club Network: Literary Ladies Who Lunch

Leisure World Mutual Meetings

Jan. 7
Mutual 18 Board
1:30 p.m., Sullivan Room
Mutual 6B Board
2:00 p.m., Clubhouse I

Jan. 8
Mutual 11 Board
10:00 a.m., Sullivan Room
Mutual 8 Board
7 p.m., Sullivan Room

Jan. 9
Mutual 12 Board
1:00 p.m., Sullivan Room

Jan. 14
Mutual 16 Board
9:30 a.m., Sullivan Room

Jan. 14 (cont.)
Mutual 19A Board
9:30 a.m., Clubhouse II
Mutual 7 Board
1:15 p.m., Sullivan Room
Mutual 25 Board
7:00 p.m., Sullivan Room

Jan. 15
Mutual 5 Board
9:30 a.m., Sullivan Room

Jan. 16
Mutual 15 Board
9:30 a.m., Sullivan Room
Mutual 12 Board
4 p.m. Clubhouse I

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Budget and Finance
Jan. 15, 10:00 a.m., Clubhouse II

Communications
Jan. 16, 10:00 a.m., Clubhouse I

Community Planning
Jan. 13, 9:30 a.m., Sullivan Room

Education and Recreation
Jan. 7, 9:30 a.m., Clubhouse I

Golf and Greens
Jan. 3, 9:30 a.m., Clubhouse I

Government Affairs
Jan. 13, 2:00 p.m., Sullivan Room

Health
Jan. 15, 2:00 p.m., Clubhouse I

Landscape
Jan. 9, 9:30 a.m., Clubhouse I

Physical Properties
Jan. 14, 9:30 a.m., Clubhouse II

Restaurant
Jan. 20, 10:00 a.m., Clubhouse I

Security and Transportation
Jan. 9, 9:30 a.m., Clubhouse I

Technology
Jan. 7, 10:00 a.m., Sullivan Room

LWCC Board of Directors
Jan. 3, 9:30 a.m., Organizational Meeting, Clubhouse I
Jan. 28, 9:30 a.m., Clubhouse I

LWCC Executive Committee
Jan. 17, 9:30 a.m., Sullivan Room

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.

1:30 p.m. Watercolor II Art Class
3:00 p.m. Hispanos de LW: Bingo
5:00 p.m. Arts in Motion: The Pepe Gonzalez Afro Cuban Quintet
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
10:00 a.m. Chinese Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
4:00 p.m. Pickleball Club

Saturday, January 11
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. RAG Open Art Studio

Clubhouse II
9:15 a.m. JRLW Shabbat Service
2:00 p.m. Going It Alone Club: Social
7:00 p.m. E&R Event: Seth Kibel and The Kleztet

Sunday, January 12
Clubhouse I
No Scheduled Activities
Clubhouse II
11:30 a.m. Pickleball Club
2:00 p.m. E&R Movie: “Pavarotti”

Monday, January 13
Clubhouse I
9:15 a.m. Stretch, Tone and Strength Training Class

10:00 a.m. Multi-Media Sampler Art Class
 10:30 a.m. Stretch, Tone and Balance Class
 1:00 p.m. Oils Art Class
 1:30 p.m. Leisure World Chorale
 6:00 p.m. Newcomers Bridge
 7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class
 10:30 a.m. Zumba Gold Class
 11:00 a.m. Chair Yoga Class
 12:30 p.m. Pickleball Club
 12:30 p.m. Men's Bridge
 1:00 p.m. Chess Club
 1:30 p.m. CLC: Android Help Session
 2:00 p.m. Chair Yoga Class
 2:00 p.m. Line Dance Class
 3:00 p.m. Ping-Pong Club
 3:00 p.m. Line Dance Class
 4:00 p.m. Ba Duan Class
 5:30 p.m. Model Railroad Club
 Operating Session
 5:30 p.m. Pickleball Club

Tuesday, January 14

Clubhouse I

9:30 a.m. Beginner and Advance Tai Chi Class
 10:00 a.m. Any Medium I Art Class
 12:00 p.m. Amateur Radio Club
 1:30 p.m. Book Club Network: Non-Fiction
 2:00 p.m. CLL program: ARC Respite
 7:00 p.m. Duplicate Bridge Game
 7:00 p.m. Trivia Club

Clubhouse II

9:30 a.m. Tummy Terrific Class
 10:00 a.m. Leisure World Apple Clinic

11:00 a.m. Mild Exercise Class
 11:00 a.m. Water Exercise Class
 12:30 p.m. Pickleball Club
 12:30 p.m. Scrabble Group
 1:00 p.m. Gem, Lapidary and Mineral Society
 1:00 p.m. Non-Impact Fusion Water Exercise Class
 1:30 p.m. Comedy and Humor Club
 3:00 p.m. Living Better with Parkinson's
 4:00 p.m. Pickleball Club
 7:00 p.m. Camera Club meeting

Wednesday, January 15

Clubhouse I

9:00 a.m. Gentle Yoga Class
 10:00 a.m. Any Medium II Art Class
 10:00 a.m. Library Guild meeting
 10:00 a.m. CLL course: Meditation for Seniors
 12:00 p.m. Rossmoor Women's Club Luncheon
 1:00 p.m. Oils and Acrylics II Art Class
 1:00 p.m. Dog Club
 2:00 p.m. Hadassah Movie: "The Powder and The Glory"

Clubhouse II

6:45 p.m. Chicago Bridge
 8:00 a.m. Pickleball Club
 10:00 a.m. Zumba Gold Class
 11:00 a.m. Mild Exercise Class
 1:00 p.m. Chess Club
 1:00 p.m. Aqua Fit Class
 2:00 p.m. Chair Yoga Class
 3:00 p.m. Ping-Pong Club
 5:15 p.m. Pickleball Club
 5:30 p.m. Model Railroad Club

Operating Session
 7:00 p.m. Mindful Meditation

Thursday, January 16

Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class
 10:00 a.m. Watercolor I Art Class
 10:30 a.m. Stretch, Tone and Balance Class
 10:30 a.m. JRLW course: Generation to Generation: An Introduction Jewish Genealogy
 11:00 a.m. Writer's Workshop
 12:30 p.m. Ladies' Bridge
 1:00 p.m. Drawing - Any Dry Media Art Class
 2:00 p.m. Book Club Network: Thursday Readers

Clubhouse II

9:00 a.m. Senior Sneakers Class
 9:30 a.m. Beginner and Advanced Tai Chi Class
 10:00 a.m. Stitching Group
 11:00 a.m. Water Exercise Class
 11:30 a.m. Pickleball Club
 12:30 p.m. Men's Bridge
 1:00 p.m. Non-Impact Fusion Water Exercise Class
 2:00 p.m. Model Railroad Club
 Operating Session
 2:00 p.m. Mind-Body Exercise Club
 4:00 p.m. Pickleball Club
 4:00 p.m. Tap Dancing in a Chair Class
 4:00 p.m. Friends of India Association
 7:00 p.m. Intermediate Tap Class
 7:00 p.m. Vegetarian Society

Friday, January 17

Clubhouse I

10:00 a.m. Open Art Studio
 10:00 a.m. Book Club Network: Bookies
 12:15 p.m. Kiwanis Club
 1:30 p.m. Watercolor II Art Class
 2:00 p.m. Town Meeting Organization
 2:00 p.m. The Washingtonians
 3:00 p.m. Hispanos de LW: Bingo
 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

1:00 p.m. Zumba Gold Class
 1:00 p.m. Chess Club
 1:00 p.m. Friday Bridge
 3:00 p.m. Ping-Pong Club
 4:00 p.m. Pickleball Club
 4:00 p.m. Baby Boomer Club: Movie

Saturday, January 18

Clubhouse I

9:00 a.m. Gentle Yoga Class
 10:00 a.m. RAG Open Art Studio
Clubhouse II
 9:00 a.m. CLL and FIA seminar: Integral Living
 9:15 a.m. JRLW Shabbat Service
 12:00 p.m. LW LGBTQ Alliance
 2:00 p.m. Going It Alone Club: Social
 7:00 p.m. Sock Hop Group

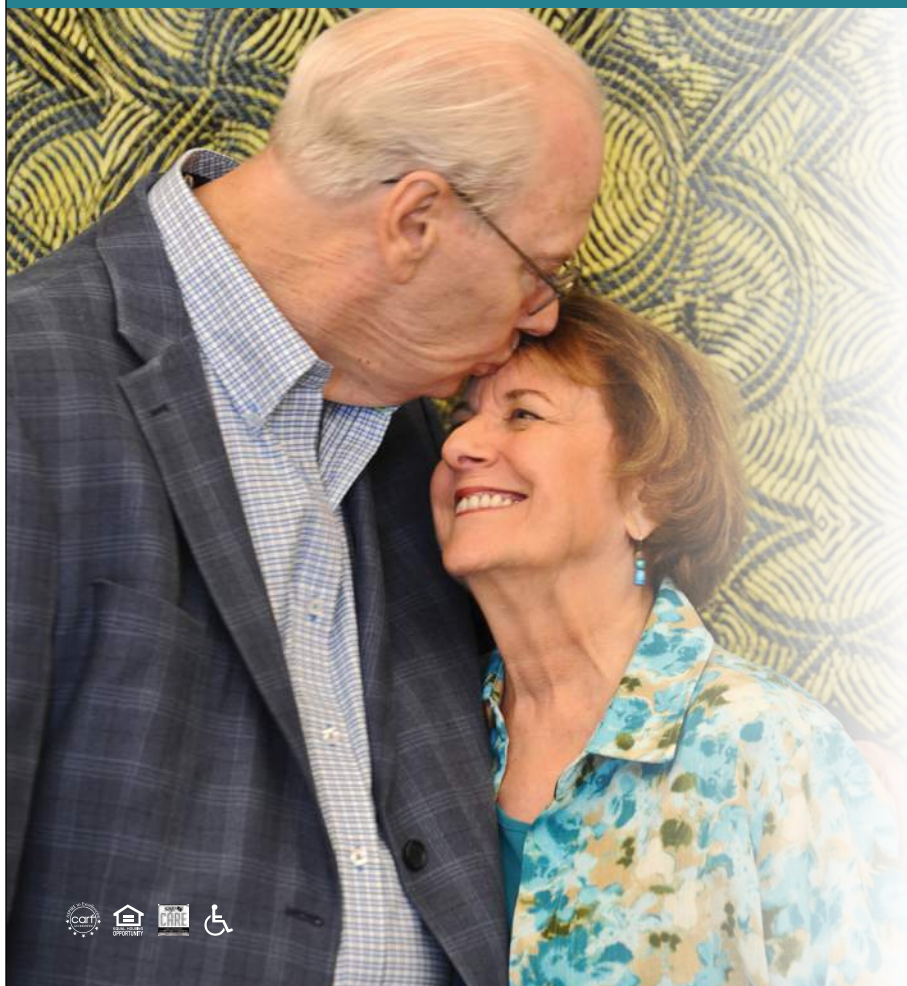
Sunday, January 19

Clubhouse I

10:0 a.m. JRLW Breakfast Forum
Clubhouse II
 11:30 a.m. Pickleball Club
 3:30 p.m. Camera Club Photo Matinee

MEMORY SUPPORT—COME SEE THE DIFFERENCE

For a short time, **Ingleside at King Farm** is offering a one-month complimentary stay in the **Memory Support Assisted Living** residences (limited availability). **Call for more details.**



Ingleside at King Farm now offers **Assisted Living**, with an innovative, person-directed approach to **Memory Care**. Creating an extraordinary service for family members and their loved ones with neurocognitive impairments, including Alzheimer's and other dementias.

Tour our brand new private residences, and learn about the **Ingleside Well Being Philosophy**—where individuals are empowered and fully engaged.

SCHEDULE YOUR PERSONAL VISIT TODAY!



INGLESIDE AT KING FARM
www.ikfmd.org/memorysupport
 240-398-3846

Ingleside at King Farm is a not-for-profit, CARF-accredited, SAGECare-certified, life plan community.



Celebrating

ANOTHER SUCCESSFUL YEAR IN THE COMMUNITY

Weichert
REALTORS



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Former Mont. Co. Teacher
Seniors Specialist
MD RE Licensed
301-580-5556

RICK WINKLER

CPA
RE Licensed
MD & DC
301-404-3105

In 2019 We Did Over 50 Transactions!

*Dear Reader,
Last year was a busy and productive one. Because of our vast experience, we also list, sell, & consult on properties in the surrounding Metro area for neighbors, past clients, & those moving to the community. Our current listings are detailed in this paper's classifieds under "Real Estate for Sale." Here are some of our outside 2019 listings and consults. There were ten properties in Silver Spring, Rockville, Burtonsville and Laurel.*

SILVER SPRING

- 11815 Gordon Road
- 408 Scott Drive
- 1190 Rainbow Drive
- 16005 Wallingford
- 12037 Dalewood

ROCKVILLE

- 16509 George Washington
- 15307 Manor Village

BURTONSVILLE

- 15128 Red Cedar Drive
- 3912 Halton Hall

LAUREL

- 7324 Breckenridge



THE REGENCY

3720 Glen Eagles
Listed and Sold



PATIO HOMES

3221 Ludham #191-A
3423 Island Creek #132-A
14512 Kelmscot #174-A



THE OVERLOOK

3100 N Leisure World Blvd #101
3100 N Leisure World Blvd #116



VILLA CORTESE

14809 Pennfield #403
15000 Pennfield #404
15000 Pennfield #201



VANTAGE POINT WEST

3210 N. Leisure World Blvd #105



CREEKS

2900 Leisure World #234



TURNBERRY COURT

3005 S. Leisure World Blvd #702



FAIRWAYS NORTH AND SOUTH

3330 N. Leisure World #208
3310 N Leisure World
#328, #901, #912, #821



GREENS

15115 Interlachen #704 & #908
15100 Interlachen #602
15101 Interlachen #909



CONDO GARDEN APARTMENTS

3627 Gleneagles #2-2C
15310 Beaverbrook #3F



CO-OP APARTMENTS

3470 Chiswick #43-1F
3322 Chiswick #61-2H
3431 Leisure World #88-2D
3311 Leisure world #99-3B
3408 Chiswick #47-3E



CO-OP TOWN HOUSES

3454 Gleneagles #78-G

CALL US FOR FREE:

CONSULTATION, COMPETITIVE MARKET ANALYSIS,
& COMMUNITY BOOKLETS

Sue Heyman: 301-580-5556 sueheyman@aol.com
Rick Winkler: 301-404-3105 rwinkler@weichert.com
Sudha Baxter: 202-368-8536 sudhabaxter@yahoo.com
Weichert Realtors: 301-681-0550 office

CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

ESTATE SALES

ESTATE SALE: furniture, pictures, accessories. Saturday, Jan. 18. 11 a.m.-3 p.m. 3411 St. Leonard Ct., Leisure World. (301-598-1846). Moving sale. Must downsize.

CASH FOR ESTATES. I buy a wide range of items: jewelry, art, rugs, etc. Buy out/clean up. (theatticllc.com) Gary Roman – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC — I provide honest and confidential estate cleanouts

with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

REAL ESTATE FOR SALE

The number of patio homes for sale is at an all-time low in Leisure World! If you have been thinking of selling, now is the time. \$\$\$\$\$\$\$\$ Douglas Realty (866-987-9397). Call Eve Rados Marinik, (301-221-8867), (evemhomes@gmail.com) for a free market analysis of your home.

CONDO FOR SALE by owner: 3200 North Leisure World Blvd. #203. \$355,000. New flooring and freshly painted, prime 2-bedroom, 2-bath unit with built-ins in both bedrooms and living room area. Includes underground

parking. Close to elevator. Call for appointment. (240- 731-9477).

3 BEDROOMS and 2 FULL BATHS, steps to the elevator, garage space, Extra-large enclosed balcony, hardwood floors, updated kitchen, fresh paint. \$319,000. Douglas Realty (866-987-9397). Call Eve Rados Marinik, (301-221-8867), (evemhomes@gmail.com).

REAL ESTATE FOR RENT

3 BEDROOM, 2 FULL BATH patio home with eat-in kitchen, 1 car garage. Furnished. Utilities included. \$3,950 per month. Call (410-868-1110).

GARDEN TWO-BEDROOM, two-bath condo available for lease the first of January. Premier community of Leisure World for adults 55 plus! This condo features fresh paint, side-by-side washer/dryer and new quartz kitchen countertops. Living room, small enclosed sunroom and outdoor patio with a spectacular view. Call (301-598-6451) to schedule an appointment to see this exceptional home. No smoking! Pets considered, a reserved parking space, utilities and basic cable included.

FOR SALE

PINK DEPRESSION GLASS. About 40 pieces. Different patterns. I live in LW. Come take a look... \$50. My number is (406-925-2075).

AUTO SALES

2016 TOYOTA CAMRY LE. Four-door. MD-inspected, like new. Only 13,500 miles. One owner. \$16,499. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2002 CHRYSLER CONCORDE LIMITED. Loaded with sunroof, leather interior, chrome factory wheels. MD-inspected, only 43,000 miles. Previous LW owner. \$4,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

TRANSPORTATION SERVICES

A-1 SERVICE, call-and-ride — doctors, airport. Will pick up your groceries. Always on time. Over 250 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

DRIVER WITH CONCIERGE STYLE at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a four-door Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any personal assistance you may need. Call Ken at (508-612-9647).

HAVE CAR, WILL TRAVEL. Flat rates to all airports. \$45 to and from Dulles. \$45 to and from BWI. \$45 to and from Reagan National. Union Station, doctors' appointments. Call John Westmoreland (301-536-5801).

DRIVER with 25 years' experience. I am a Leisure World resident. Drive anywhere. Comfortable, smooth, safe. Accident-free record. Clean vehicle. I'm available 24/7. Call or text (703-649-1293).

YOUR PERFECT PRIVATE DRIVER is right here! Lifetime DC Metro resident. Friendly, reliable, competent service. Safe, accident-free record. Comfortable, clean vehicle can seat up to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, festivals, ceremonies, medical appointments... To/from anywhere, including long-distance trips in other states. Reservations are recommended. Call 7 a.m.-10 p.m. with questions or to arrange/guarantee your ride. Available 24/7. Emergency calls, if needed. Steven Saidman. Cell/text (301-933-8899). Email (steve.your.driver@gmail.com).

CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

"A" HOME HEALTH CARE for Senior Citizens — Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).



Showroom Grand Opening for



WWW.YOURSCOOTERSHOP.COM

Call 667.225.0634

or email kat@yourscootershop.com

WE ARE MORE THAN JUST A SCOOTER SHOP!

**Mobility accessories as well as lift recliners, power
heelchairs, rollators and other equipment will be available
to try in store!**

**We will be located on the 2nd floor of the Leisure World
Medical Center. Stay tuned for updates!**

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146).

OVERNIGHT CAREGIVER with more than 14 years' experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends and clients in facilities to group home members and privately cared-for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. Arafa (240-883-8933), (brownzebra@hotmail.com). Availability: 10 p.m.-7 a.m.

ATTENTIVE, COMPASSIONATE CAREGIVER, Jamie, would like to assist you with your daily needs. Jamie has a lot of experience

with elder care as she has been working at the Brooke Grove Nursing Home for quite some time. Please call her at (301-980-8432). Thank you.

Leticia Adu is my name. Am a CNA/GNA/MED TECH. I provide quality and affordable care for elderly. I have 13 years' experience. I give personal care, companionship, housekeeping, shopping, appointments, etc. Please contact me (301-793-3989) or (240-252-0439). Email me on (mumbea2002@yahoo.com).

Augusta Obimpeh is my name. Am a CNA/GNA/MED TECH. I have 16 years' experience caring for elderly. I provide long- and short-term care — very affordable companion care, nursing care, housekeeping, etc. Contact me on (240-883-8126), (240-252-0439) or (301-793-3989). (sweetieamae@yahoo.com)

HIGHLY-DEPENDABLE and extremely compassionate caregiver with 11+ years' extensive experience in providing timely and friendly care to elderly and disabled clients. A warm-hearted individual who performs personal care activities in a manner that maximizes clients' independence and dignity in a safe environment. My core competencies include: • companionship • meal preparation • light housekeeping • bath assistance • general assistance • appointment management • errand-

running • personal care • excellent communication skills (bilingual English/Spanish). (301-646-2132), (monicamanzano585@yahoo.com).

WARM ANGELS ELDER CARE (warmangelseldercare.com) — Reana Robinson, independent certified nursing assistant. A minimum of 2 hours. For information please call (240-360-7783) or email (reanar1@yahoo.com).

GNA, CNA, Maryland Board of Nursing. Assist with bathing, light housekeeping, cooking, doctor appointments, companionship, driving. CPR, First Aid. 24 hours. 30 years of experience. Overnight, 9 a.m.-7 p.m. (434-234-2347) or (301-502-1370), (semaly558@gmail.com).

CNA/GNA/MED TECH with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available full-time or part-time. Please call (240-252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

RELIABLE AND CARING nursing assistant with good reference available for work and can drive. Please call Rebecca at (240-701-8169).

LOVING, CARING PERSON. Have worked in Leisure World for 12 years. I am looking for a full- or part-time job, Monday-Friday. LW

reference. Please call Alice (240-839-0087).

COMPASSIONATE CAREGIVER. 13 years' experience, excellent references, CNA, CPR, First Aid current, good driver. Experience in all areas. Available day or nights. Please contact Berikisu Bright at (240-252-8232).

CNA looking for a job for night or day. Can provide references if interested. Please call Rhona Lawrence at (240-462-6927). Thanks.

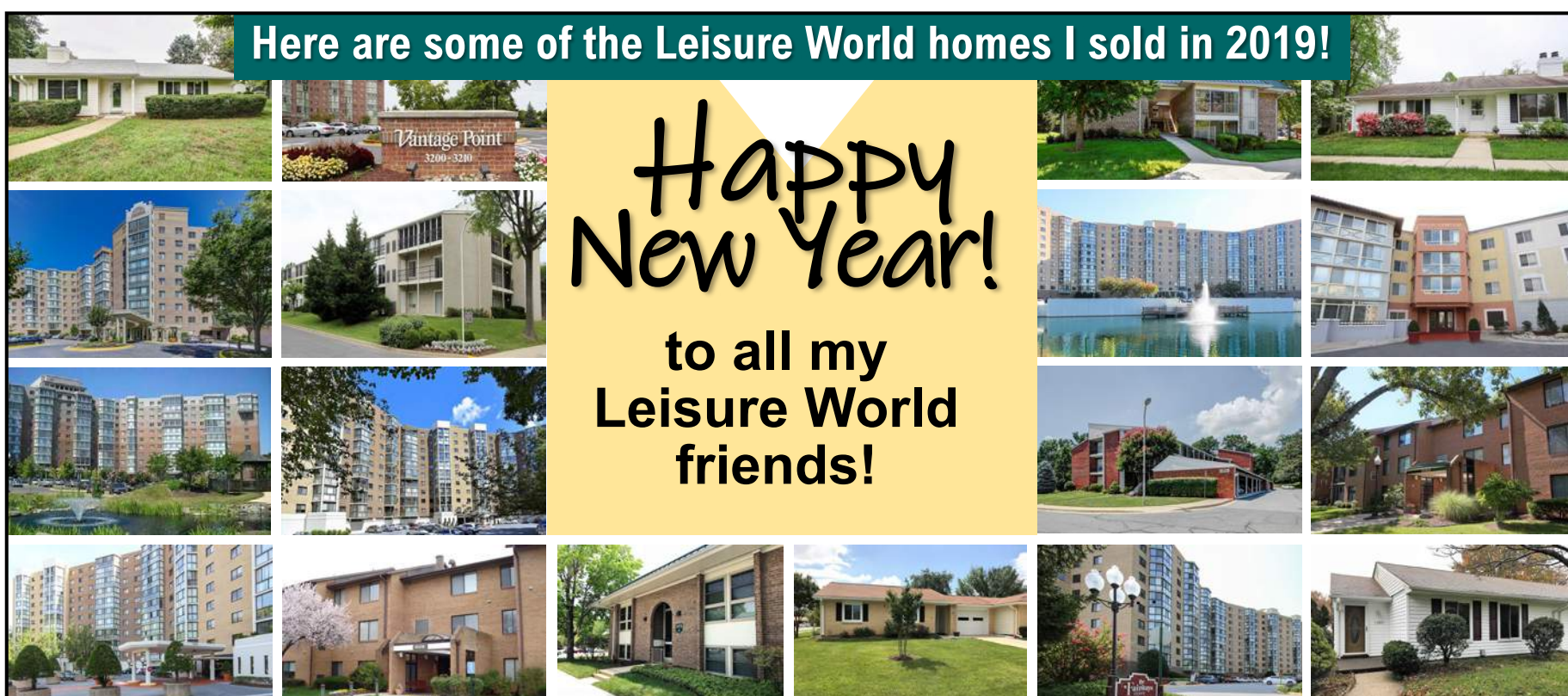
HOME SERVICES

KITCHEN and BATHROOM REMODELING — Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local — long distance — hauling — pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

Here are some of the Leisure World homes I sold in 2019!



Happy New Year!

to all my Leisure World friends!

- Professional Photos & Videos
- Professional Property Brochures
- Home Staging & Repair Coordination
- Weekly Listing Updates
- Licensed Leisure World® Specialist
- One of Weichert's Top Producers
- Extensive Marketing Background



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 www.BarbaraSellsMDhomes.com | email: michaluk@verizon.net



Check out my 5 Star Reviews on zillow.com & google.com

Weichert
REALTORS

POTOMAC WINDOW CLEANING Company — Family-owned and operated for 35 years serving the local area. Careful workmanship. Licensed, bonded and insured. (301-656-9274). The Montgomery family thanks you for your interest.

SMALL MOVES and TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

M.G.V. PAINTING & DRYWALL — Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 years’ experience. Insured. References in your complex. Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA’S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

MARIA’S HOUSE CLEANING, free estimates, strong references, good rates. Experienced worker in LW for eight years. Call Maria (240-694-6547).

FEDERAL CLEANING, LLC has been a trusted cleaning company used by several Leisure World residents over the past year. Call us for your free estimate today. We offer both apartment and home cleaning services. We are extremely flexible—seven days a week to accommodate your schedule. Give us a call at (240-614-1592), (202-710-7426). Hope to hear from you soon!

HOUSE CLEANING – 22 years’ experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

ELECTRONICS HELP

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you

with help. Home, Business. Call David G. (301-642-4526).

COMPUTER LESSONS / SERVICES — Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for electronics and computers. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

COMPUTER HELP: Fix your problem in an hour or less for \$50. Don’t fix it, it’s free. Easy Elder Tech (301-802-6633)

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don’t let your precious photos be forgotten or fade over time. I’ll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they’re scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with senior care and the care of seniors’ pets. Safe/reliable door-to-door transportation as needed. Assistance with pet care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I’m a 58-year-old semi-retired doctor, Leisure World resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

PERSONAL FINANCIAL SERVICES. Let LJY Solutions

provide you with professional cash management and tax preparation services. We take the confusion out of preparing your tax return. We have been servicing the local area since 2004. Reasonable rates, and can come to you. References. Call or email Leon Young today at (301-538-8286) * (leonyoung1507@gmail.com)

NOTARIES

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

PET CARE

DOG WALKING SERVICES — Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Other services include dog or cat companion visits, and feeding at mealtime, if owner is away. Please call (301-598-3454) for more information.

DOG WALKING & DOG SITTING services! Rain or shine, snow or sleet, we are dedicated to taking care of your four-legged friend. Located just five minutes away from your community, our team of dog-lovers offers walks, drop-in visits and dog sitting and boarding services. Call us to schedule a Meet and Greet today! (240-338-7019)

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to fair market value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids’, cooking, foreign languages, gardening, history, mystery, sci-fi, science, women’s studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

NO LONGER USING YOUR CAR? Residents with an unused or unwanted vehicle can donate it to Vehicles for Change. They’ll pick it up for free and you earn a tax deduction for the fair market

value. Why VFC? As a nonprofit, they match each donated car with low-income families in need of transportation. Your car could be a family’s ride out of poverty. Donate today at (www.vehiclesforchange.org) or call (855-820-7990).

JOB OPPORTUNITIES

BICYCLE MECHANIC PART-TIME. Thriving independent bike shop located in nearby Rockville invites applicants for a part-time bicycle mechanic position to begin immediately. Will train the right person with related skills and mechanical abilities. Flexible hours beginning at 15 hours per week through the winter months, possibly expanding to 35 hours in the spring. Pay commensurate with demonstrated skill. Requirements: Must have some experience with bicycles, be a team player, reliable, able to lift 50 pounds and an enthusiastic worker. All tools provided. Great opportunity! Please send résumé and salary requirements to (vcalda@gmail.com). No phone calls please.

ACTIVITY OPPORTUNITIES

SINGERS WANTED for Alzheimer’s choir — Interested in supporting persons with Alzheimer’s and dementia by singing with them? Know someone with Alzheimer’s or dementia who could benefit from group singing? Enjoy uplifting pop, jazz and Broadway music? Then the All Primetimers Choir is for you! Research shows music enables sufferers to reconnect, regain social skills and live more fully. We are a community choir that welcomes caregivers and friends as well. Rehearsals at 2 p.m. on Thursdays starting Jan. 30 at the Inter-Faith Chapel in Leisure World. All welcome. No audition required. Register: (primechoir@gmail.com) or Bill Pailen (301-606-8273).

MAH JONGG = I am an experienced player and am hoping to either join or fill in on a game. I really enjoy playing and am available most days and nights. Please call Roberta (301-598-5453).

MOVIES AND MUNCHIES. Are you looking for something fun to do on a Saturday or Sunday afternoon? How about catching a movie at AMC Wheaton once a month and enjoying a nosh after! No discussion, no analysis, just a fun afternoon at the movies with new friends! If you’re interested, please email me at (susan.krupka@gmail.com) or give me a call at (240-446-0975).

Looking for TENNIS AND/OR PICKLEBALL partner/s for evening hours. I prefer to play at Olney Manor Rec Center with many lighted tennis courts. Please reply to Helen: (HLEE555@gmail.com) or text to (240-817-4213).

SCRABBLE CLUB FOR WOMEN — seeking a few new members

— Club meets at founder’s LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using ‘official Scrabble rules’ and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call ((571-236-1775) in MD in LW).

BOOK CLUB FOR WOMEN — seeking a few “Serious Readers”: 15+ year-old club reads award-winning fiction and meets at founder’s LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder’s LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss ‘Bethesda Row’ caliber movies at founder’s LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family’s life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service.

Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference in a child’s life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

VOLUNTEER TUTORS and FACILITATORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, conversational English classes, and a new GED Program. No experience necessary. We provide materials, training and ongoing support. Sign up for an information session online at (www.lcmcmd.org) or call Raul Marin at (301-610-0030, ext. 211), or email (Raul@lcmcmd.org).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.animalalliesrescue.org). Follow on Facebook. AARF is 501(c)(3) all-volunteer non-profit.

MONTGOMERY HISTORY, a local nonprofit located in downtown Rockville dedicated to collecting, preserving, interpreting and sharing the histories of Montgomery County’s residents, is seeking volunteers in the following areas: museum docents (weekends and holidays); library assistants (weekdays); special events volunteers (weekdays and weekends); and communications and outreach assistants (weekdays only). For a list of volunteer opportunities please visit: (https://montgomeryhistory.org/intern-volunteer-opportunities). Contact Matthew Gagle, outreach and volunteer coordinator, at (mgagle@montgomeryhistory.org) or (301-340-2825).

INTERESTED IN HELPING KIDS learn about giving and service? The Giving Square is a local non-profit which recognizes the power of children to be contributors to their community. Through our work, kids become more empathetic, altruistic and committed to addressing local needs. This is a school-based program which works across 20 schools and organizations, mostly in Montgomery County. We are looking for advisors, classroom volunteers, and sewing support! For more information, please contact Amy at (amy@thegivingsquare.org) or (202-487-3103).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

UPCOMING EVENTS

SEE “KINKY BOOTS,” the musical, with the Comedy and Humor Club! Inheriting his father’s bankrupt shoe factory, Charlie Price finds inspiration in Lola, a fabulous entertainer with wild ideas: a true story! Wednesday, March 4, 9:30 a.m.-3:30 p.m. \$80/person includes transportation, meal and prize drawing, open to all residents. Purchase at E&R, Clubhouse I.

YOGA FOR ALL. Join Becca Thomas, certified yoga instructor, for an all-levels yoga class focused

on alignment to build strength, explore flexibility and connect breath and movement. Options for more advanced poses or transitions. Expect a short meditation at the end of each class. No registration is needed but space is limited. Bring a mat and water and dress in comfortable clothes you can move in. Some blocks and straps will be available for those who choose to use props. Third Monday of every month. 10:30-11:30 a.m. Twinbrook Library, 202 Meadow Hall Dr., Rockville, MD 20851.

WANTED

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years’ experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers’ check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary Roman (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

WANTED: FIREARM COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).

CASH FOR WATCHES – Rolex, Omega, Patek, Vacheron, Audemars, Tudor, Zenith and others. Text/call Brody at (202-320-6380) or email: (dcwatchdc@gmail.com)

The Karen Rollings Team



Karen Rollings



Sherry Felice



Kathy Workman

Berkshire Hathaway HomeServices PenFed Realty

301-924-8200

www.TheKarenRollingsTeam.com



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Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
2901 S LEISURE WORLD BLVD #139	Creekside	Unit/Flat/Apartment	2	2	\$355,000	\$350,000	\$0
2901 S LEISURE WORLD BLVD #211	Creekside	Unit/Flat/Apartment	2	2	\$426,500	\$415,000	\$0
2901 S LEISURE WORLD BLVD S #408	Creekside	Unit/Flat/Apartment	2	2	\$320,000	\$320,000	\$0
2901 S LEISURE WORLD BLVD #409	Creekside	Unit/Flat/Apartment	2	2	\$289,000	\$285,000	\$0
3398 GLENEAGLES DR #73-3C	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1	\$115,000	\$115,000	\$0
3427 S LEISURE WORLD BLVD #89-2B	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1	\$116,900	\$116,900	\$0
14613 DEERHURST TER #212-B	Rossmoor Mutual #10	Twin/Semi-Detached	3	2	\$385,000	\$375,000	\$0
15030 CANDOVER CT #275-B	Rossmoor Mutual #12	Twin/Semi-Detached	3	2	\$260,000	\$265,000	\$5,000
15401 WENTBRIDGE CT #43-C	Rossmoor Mutual #15	Twin/Semi-Detached	3	2	\$419,000	\$420,000	\$0
15310 BEAVERBROOK CT #3F	Rossmoor Mutual #19B	Unit/Flat/Apartment	3	2	\$196,000	\$199,000	\$0
3629 GLEN EAGLES DR #31C	Rossmoor Mutual #7	Unit/Flat/Apartment	2	1.5	\$131,000	\$131,000	\$0
15107 INTERLACHEN DR #2-614	The Greens	Unit/Flat/Apartment	3	2	\$339,000	\$320,000	\$6,000
15100 INTERLACHEN DR #4-208	The Greens	Unit/Flat/Apartment	2	2	\$179,900	\$160,000	\$0
15100 INTERLACHEN DR #4-425	The Greens	Unit/Flat/Apartment	1	1	\$129,000	\$125,000	\$0
2900 N LEISURE WORLD BLVD #507	Turnberry Courts	Unit/Flat/Apartment	2	2	\$199,900	\$199,900	\$7,500
3200 N LEISURE WORLD BLVD #801	Vantage Point East	Unit/Flat/Apartment	3	2	\$489,000	\$489,000	\$0
3210 N LEISURE WORLD BLVD #1003	Vantage Point West	Penthouse Unit/Flat/Apartment	2	2	\$355,000	\$355,000	\$0
3210 N LEISURE WORLD BLVD #820	Vantage Point West	Unit/Flat/Apartment	2	2	\$340,000	\$342,000	\$4,200
15000 PENNFIELD CIR #404	Villa Cortese	Penthouse Unit/Flat/Apartment	2	2	\$450,000	\$440,000	\$0



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ACTIVE!!!

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