

Leisure World News

OF MARYLAND

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Fitness Trainer Helps Bring Out Priest’s ‘Lighter’ Side

by Stacy Smith, Leisure World News

Monsignor Donald Essex knew it was time to get fit about five years ago when just climbing the three steps leading up to his church’s altar was leaving him in pain.

The former pastor of Our Lady of Grace Church was tipping the scales at 300 pounds, and his fellow clergy members were worried about him. That’s when his colleague and friend Sister Christine Kresho began touting the Fitness Center in Clubhouse II.

“There’s a trainer there who you would work well with,” she said to Essex.

That trainer was Sam Ellis, owner of Motivational Fitness, the company that contracts with

Leisure World. “I’ve already talked with Sam and he has an opening,” Kresho said. She encouraged Essex to take it.

Take it he did, and then some. Through twice-weekly, one-hour training sessions with Ellis, along with a healthy diet, portion control and regular exercise six days a week, the 72-year-old lost 120 pounds within a year and a half, and has kept it off ever since.

Training Together

Ellis began working with Essex by tailoring a fitness program designed to meet his individual fitness goals, needs and limitations.

“And he really ate it up,” Ellis says. “He really wanted to see

► to page 4



Monsignor Donald Essex, right, wallops the punching pad that his personal fitness trainer, Sam Ellis, holds for him during their weekly session in the Fitness Center in Clubhouse II Dec. 28. Photo by Stacy Smith, Leisure World News

Ring In 2019



Two friends burst out laughing as they relax and enjoy a catered dinner at the Sock Hop Group’s New Year’s Eve Celebration in the Clubhouse I Crystal Ballroom Dec. 31. Photo by Stacy Smith, Leisure World News

2018 Golf Season Outperforms Years Prior

by Stacy Smith, Leisure World News

Despite one of the wettest years in Maryland on record, golf memberships at Leisure World increased for the first time in 10 years, a notable turnaround for a golf course that had been losing an average of 10 members every year.

PGA pro Richard Rosenthal, who arrived at Leisure World in early 2017, attributes 2018’s success in part to a more inclusive, friendly atmosphere at the course, which last year had

193 total memberships and a growing population of female golfers.

The course’s ongoing daily group discount has encouraged some regular players to bring their friends and family out to the course to try golf for the first time, or to simply rediscover what they loved about the sport in the first place.

“We’ve tried to change the culture of the golf course,” Rosenthal said. “We’ve tried to make it more of a fun experience.”

► to page 3

INSIDE	Governance & Information	8	Sports, Games & Scoreboards	40
	Thoughts & Opinions	10	Classes & Seminars	44
	Events & Entertainment.....	12	Calendar of Events	47
	Movie Schedule	16	Governance Meeting Schedules.....	47
	Health & Fitness	18	Classifieds.....	50
	Clubs, Groups & Organizations	24		
	Club Trips Listing.....	39		

A special committee has outlined strategic planning for Leisure World. For details, **see page 5.**

Spotlight on...

Gem, Mineral and Lapidary Society

by Kimberly Y. Choi,
Leisure World News

With its field trips, talks on the science and culture of stones, and craftwork, the Gem, Mineral and Lapidary Society of Leisure World exercises both the mind and the hands, and the scientific mind and the artistic one.

The first meetings of the Lapidary Club were held in 1976. In 1977, the Club became an official Leisure World group and furnished a room of the Administration Building with lapidary equipment.

Awe of the Earth

Decades later, the Club continues to pursue its stated objective of inspiring interest in geology and geography.

Club members embark on field trips to Maryland's own sites of geological richness. They've collected garnet at a local stream and visited Calvert Cliffs State Park, known for its marine fossils.

Many non-members participate in the Club's activities by attending its talks. Speakers have lectured on topics ranging from meteorites to the history of the wedding ring, to the geological makeup of Leisure World and its environs.

Club president Frank Roddy describes with enthusiasm some of the geographic marvels that



At left, Bill Nagy uses a faceting machine to cut a spinel stone in the likeness of the famous Taylor-Burton Diamond. At right, Lapidary Club president Frank Roddy explains how cabochons are cut to standard sizes, polished and mounted on pendants by lapidary artists. Photos by Kimberly Y. Choi Leisure World News



were subjects of previous talks, such as what happened to the large lake that is now Missoula, Montana, and why seashells can be found high on the Appalachians.

After some of these vivid presentations, visitors are invited for a more direct interaction with rocks and minerals: Club members take them for a tour of the lapidary shop.

The Whirring Room

The lapidary shop, located in Clubhouse II, can be a loud place when its machinery is running. Most crafters use the equipment to make cabochons: rounded, smooth gemstones.

"For a few bucks, you can make these nice Christmas pres-

ents," Roddy says.

The first machine in the process is the slab saw, which crafters use to expose a nice cross-section of the rock or mineral.

Next, they use a trim saw to shape the stone more precisely, usually in one of the standard sizes and shapes so that it will fit onto a pre-made piece of jewelry. Finally, the polishing and grinding machine readies it for mounting. Some Club members further adorn the stone by wrapping wire about it in decorative designs.

One last machine is not used in cabochon making. It is the primary tool of Bill Nagy, the only member who currently practices faceting, or cutting

flat sides into a gem so that the light dazzles off its surfaces. A diamond on a ring, for instance, has been faceted.

The lapidary shop welcomes the curious to see their artisanry and collected specimens, such as a mineral that glows in the dark after exposure to ultraviolet light. And for the interested, shop superintendent Mark Parker, who also maintains the equipment, shows newcomers how to make their first piece of jewelry.

The Gem, Lapidary and Mineral Society meets monthly on the second Wednesday of the month at 7 p.m. in Clubhouse II. For more information, contact Frank at (roddy.frank2014@comcast.net) or (301-598-3698).

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Leisure World News

OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Check Medical Plan Coverage for 2019

by Leisure World News

The MedStar Health medical center reminds its patients to check their medical plan's benefits and prescription coverage and familiarize themselves with changes that take effect in 2019.

For Medicare patients, a new Medicare Advantage open enrollment period runs through Sunday, March 31.

During this period, Medicare patients have the opportunity

to switch to a different Medicare Advantage plan, drop their Medicare Advantage plan and return to Original Medicare (Part A and Part B), or sign up for a stand-alone Medicare Part D Prescription Drug Plan (if returning to Original Medicare).

For questions or for help navigating the Medicare enrollment/disrollment process, contact Leisure World's Social Services Department at (301-598-1581).

Keep Plastic Bags Out of Recycling Bins

Do not include plastic bags or other trash with recyclable items, the Sanitation Department urges residents.

Leisure World sanitation workers have been instructed to not collect either non-recyclable materials mixed together with recyclables, or recyclables left for pickup inside a plastic bag. Montgomery County does not accept plastic bags with recyclables.

Residents may place their recycling in the blue bins, which are picked up on the same day as their trash schedule.



Photo by Leisure World News

Residents who want to recycle their plastic bags may drop them inside the recycling bin that is located just outside the entrance of Giant grocery store in Leisure World Plaza.

— Leisure World News

Toys for Tots 2018 Collection a Success

Weichert, Realtors thanks the Leisure World community for its generosity during the annual Marine Corps Toys for Tots collection. About 210 items were donated.

Donations included coloring books with crayons and pencils; soft, cozy stuffed animals; dolls, many action figures, craft items, footballs, reading books, games, toy cars and trucks, Play-Doh and more. Our collection boxes, which were located inside the Administration Building, were overflowing. Thank you again!



Photo by Marilyn Greggs

— Marilyn Chmielewski

Where In Leisure World?



Two rows of white and gray rocks glint in the sun as they converge to form a point on a patch of Trust property.

Is it a section of parking lot, garden plot or something else? The answer appears in the next edition of Leisure World News. Photo by Leisure World News

Golf

◀ from page 1

New for 2019

The course is looking to host more organized tournaments with residents, Rosenthal said, noting the success of the Lions Club's annual charity tournament, which doubled its number of participants in 2018.

The course's four sold-out par-3 events held on Saturdays last year will resume during the 2019 season. "We get people [who] either haven't played here in a long time, or residents who haven't played but feel intimidated by playing a regulation length course," he said.

The events' shortened course, about 700 yards, allows people of all ability levels to enjoy the game, and also allows participants to form their own teams of up to six players.

The driving range will receive a facelift this year with the addition of new golf balls and mats, and staff continues to stock the Pro Shop with merchandise year-round.

For residents who are curious about golf or who want to practice their swing on a rainy day, the course's clubhouse offers a free indoor golf simulator with 15 different course types to choose

from, as well as a ShufflePutt, a game that is a mix of putting and shuffleboard.

Fresh Perspective

Golf superintendent Frank McLaughlin, hired in September, "has brought experience and a new approach to a course that's over 50 years old," Rosenthal said. Some of McLaughlin's experience includes interning at the U.S. Open, where he set one of the cups on the game's 18th hole.

McLaughlin plans to improve the condition of the course in



PGA Pro Richard Rosenthal demonstrates how to use the indoor golf simulator in the golf course's clubhouse Jan. 1. Photo by Stacy Smith, Leisure World News

2019 by removing fallen tree branches and debris, and will address some drainage issues and speed up the greens to improve the course's overall playability, Rosenthal said.

An Amenity for All

The golf course is open year-round (weather-permitting) to all residents in addition to Golf Club members.

Residents can try out the course using a trial membership, and those who want to play an occasional round of golf can pay a one-time daily fee, much like how some residents use the indoor pool. The course even offers new residents a free round of play.

For more information, call the Pro Shop at (301-598-1570).

Fitness

◀ from page 1

some improvement and was willing to put in the hard work. Right away, I was amazed at the willpower and desire he had. Once we set those goals he was like, ‘I’m going for it.’”

With a combination of cardio, weight training and stretching, Essex is able to break a sweat, without breaking a joint. He even won a “The Biggest Loser”-esque competition that Ellis held for all his clients to see who could lose the most weight.

His hard work has paid off in other ways, too. The self-described “basically shy” priest says the kinetic Ellis, whom he has trained with for over five years, has brought out the more hidden side of his personality. The two have a natural rapport together, sharing an easy laugh between weight-lifting sets, and then returning to ‘serious-mode’ when its time to push through a more difficult routine.

Ellis looks around the gym



At left, Essex lifts a kettlebell. At right, he balances his weight on a BOSU ball as Ellis spot-checks his form. Photos by Stacy Smith, Leisure World News

during their most recent training session, noting how many new faces he sees. “Getting a jump on New Year’s resolutions,” he says, and Essex laughs.

Reaping the Benefits

Now retired, Essex no longer has to climb those three little steps to the church altar, but says he has a much better

quality of life because of improvements in his strength and mobility.

And although he’s reached most of his goals and kept the weight off, he doesn’t see himself discontinuing his training sessions any time soon.

“It’s a joy to work with Sam,” Essex says. “He’s a delightful person to spend a couple of hours a week with.”

“We have a good time,” Ellis agrees.

About the Fitness Center

The Fitness Center in Clubhouse II is open daily from 4 a.m.-9 p.m. and is staffed with certified trainers. Residents who would like to schedule a personal training session are encouraged to stop by the Fitness Center for more information.

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The First Steps in Strategic Planning

by Arthur N. Popper

The outcome of strategic planning is critical for the future of Leisure World and its current residents, as well as for sustaining the value of the community for future residents, the Special Strategic Planning Committee (SSPC) believes.

To that end, the SSPC aims to engage the community in the current year as it moves forward in the planning process.

Laying the Groundwork

On Nov. 27, the Leisure World Community Corporation board of directors voted to move forward with strategic planning for the community.

The SSPC selected George Mason University (GMU) consultants Dr. Terry L. Clower and Dr. Lisa Sturtevant for this project from amongst several bidders because of their broad and outstanding experience in strategic planning, expertise with senior housing and breadth of team experience in a wide range of areas.

The SSPC is working with the GMU consultants to create a timeline for strategic planning, with the goal of completing the project by the end of 2019 or in the first quarter of 2020.

The Committee hopes to keep residents regularly informed through 2019 about its continuing plans, events and results.

First Steps – A Survey

The first step in strategic planning is to develop and implement a survey of residents. The survey's purpose is to develop a broad and deep understanding of residents' views about a variety of issues related to Leisure World.

The SSPC is working with GMU's consultants to identify a wide range of basic information about Leisure World, and then the consultants will develop a draft survey that the SSPC will review.

The survey will be provided to every resident, off-site owner and renter. The SSPC is working to ensure that it has contact information for all "snowbirds" – owners who don't reside at Leisure world during winter months – so they can participate as well. The intent is to provide

the survey in print and electronic form, and to help residents who might have difficulty filling out the survey.

The SSPC strongly encourages all residents to participate in the survey when it becomes available. The goal is to receive a minimum response of 50 percent of residents and owners, although the SSPC believes getting closer to 100 percent would be ideal.

Following the Survey

Following the survey and its analysis, the SSPC will help plan focus groups and town hall-style meetings. The GMU consultants are expert in organizing and managing such events and getting the maximum information from them.

A goal of these events is to test and explore the results of the survey, and move forward by gathering additional information. At the same time, GMU will examine the interests and needs of potential residents.

In a growing and highly competitive market for senior housing, it is imperative that Leisure World moves in a direction that is attractive to future residents so the community maintains a competitive advantage for years to come.

Once data from the survey and meetings are collected, the SSPC plans to convene a one or two-day meeting that will include management, Leisure World governance members and other residents to ensure broad representation of ideas and interests.

This group will examine the results extracted from the collected data, make a "first pass" at reaching conclusions and consensus about what residents want, and set priorities for Leisure World. The entire process will culminate in a strategic plan that helps define Leisure World's future direction.

Contact

Residents who would like to share their thoughts about strategic planning are welcome to contact the SSPC by emailing (sspc@lwmc.com) or writing to (ATTN: Ernest Castillo, 3701 Rossmoor Blvd., Silver Spring, MD 20906).

The SSPC will acknowledge receipt of all inquiries; however, it may take some time to respond to residents. The SSPC will review all communications and share material with the consultants as appropriate.

About the Consultants

Clower, the director of Leisure World's strategic planning project, is Northern Virginia chair and professor of public policy at GMU. He is also director of GMU's Center for Regional Analysis, a program that provides economic, public policy and housing market research services to sponsors in the private, non-profit and public sectors. For more information, see (<http://cra.gmu.edu/>).

Clower has authored or co-authored over 175 publica-

tions reflecting experience in economic and community development, economic and fiscal impact analysis, housing, transportation, land use planning and economic forecasting.

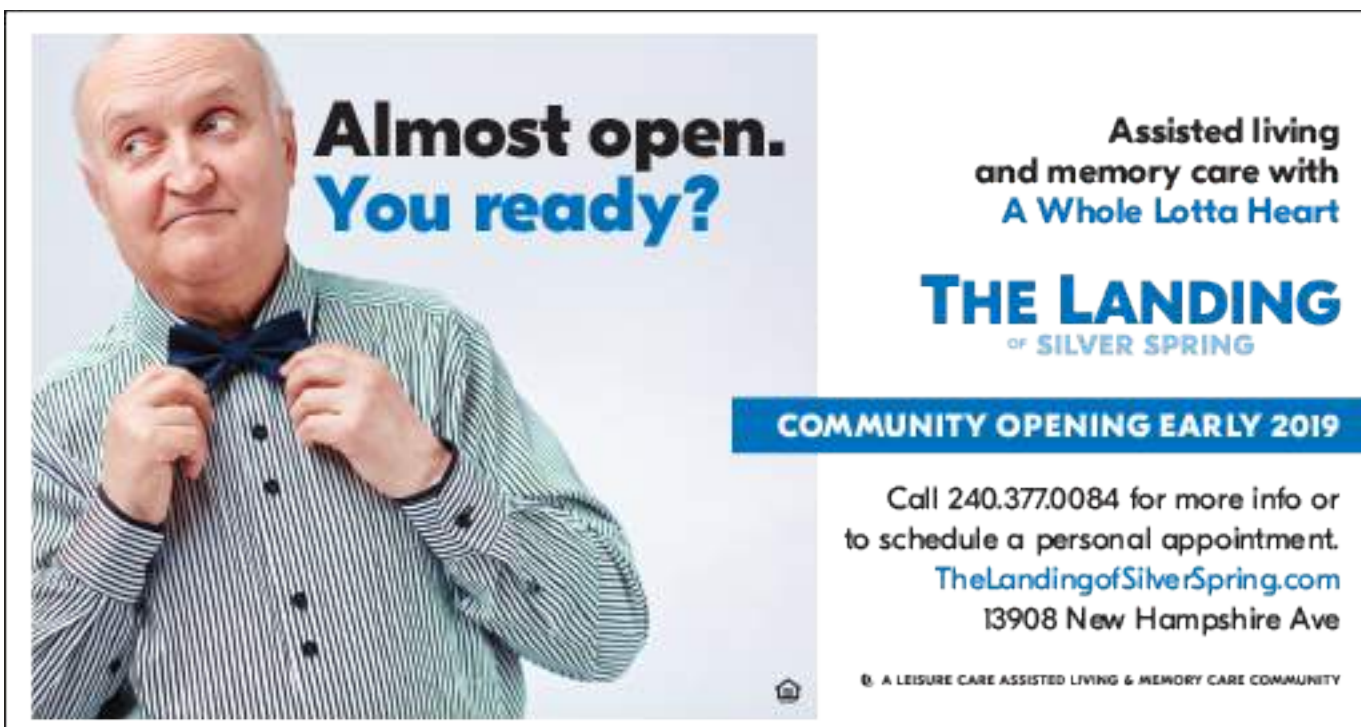
His teaching experience includes regional economic and community development, research methods (including survey research), advanced statistical analysis, data sources and uses and other subject areas.

Sturtevant has been involved in research and analysis on local economic, demographic and housing market conditions and local housing solutions for more than 15 years.

Since the inception of Lisa Sturtevant and Associates, LLC, Sturtevant has led numerous housing studies for local jurisdictions in Virginia, Maryland and others. She has worked on housing-related research projects for many national organizations including AARP and Urban Land Institute.

She also served as deputy director of the Center for Regional Analysis and associate research professor at the GMU's School of Public Policy, where she taught classes in survey methodologies and public policy.

Sturtevant had a leadership role in the recent Montgomery Housing study of housing for aging populations, and is intimately familiar with housing in the area. See (<https://bit.ly/2S9ZhvW>) to learn about the Montgomery Housing study.



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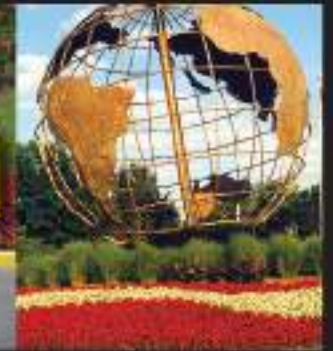
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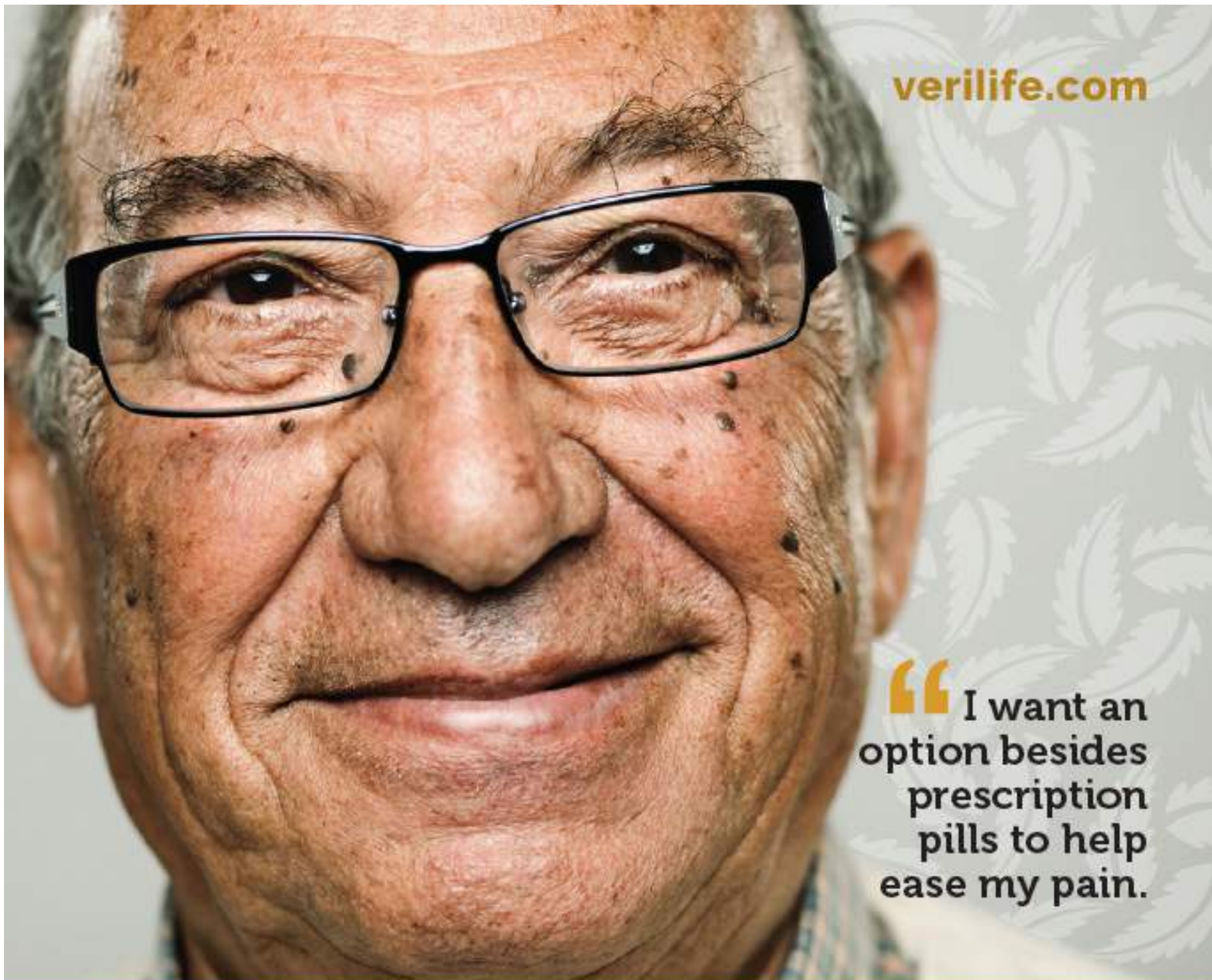
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GOVERNANCE & Information

Resales Fund Makes Strong Showing in 2018

by Leisure World News

Leisure World’s 29 mutuals completed 412 home resales in 2018 that aggregated a total of \$1,613,451.42 for the Resales Improvement Fund (RIF), a slight increase over 2017’s amount of \$1,602,968.22.

The RIF, often referred to as the Resales Fund, collects two percent of the gross sales price of each home resale in Leisure World.

RIF monies are designated for the improvement and expansion of the Trust as outlined in Leisure World of Maryland Corporation’s Trust agreements, documents that explain how mutuals’ individual association fees fund the maintenance and management of individual Trust properties, such as Clubhouse I and II, the Administration Building and security gates.

Currently, these funds are used for Facilities Enhancement Plan (FEP) projects, which are selected by the Leisure World Community Corporation board of directors.

Past projects include the building and renovation of the Clubhouse I Crystal Ballroom and restaurants and, most recently, the fitness center in Clubhouse II.

Leisure World of Maryland 2018 Resales

MONTH	RESALES	RESALES FUND FEES COLLECTED
January	26	\$91,218.80
February	17	\$64,918.00
March	39	\$149,518.00
April	29	\$108,919.60
May	43	\$164,644.02
June	32	\$135,263.70
July	52	\$209,660.02
August	40	\$146,256.00
September	39	\$180,459.68
October	37	\$145,656.00
November	26	\$101,687.60
December	32	\$115,250.00
TOTAL	412	\$1,613,451.42

Jan. 17: MVA Mobile Office Returns

by Leisure World News

Need to do business with Maryland’s Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, Jan. 17.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Services offered include renewal of non-commercial driver’s licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver’s license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

Dial 301-598-1313
for recorded Daily Events

2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting The Jan. 18 meeting airs on Jan. 23, 24 and 25.	Board of Directors Meeting The Jan. 29 meeting airs on Feb. 4, 6 and 8.
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Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com
- Administration - administration@lwmc.com
- Communications - communications@lwmc.com
- Education and Recreation - recreation@lwmc.com
- Physical Properties - physicalproperties@lwmc.com
- Security - security@lwmc.com

Lawsuit Drops to Three Plaintiffs

by Leisure World News

A sixth resident has withdrawn as a plaintiff in a class action lawsuit against Leisure World. The withdrawal of Valerie Williams was included in an amended complaint filed in court Dec. 17.

The original complaint, filed in county court by nine residents July 19, alleges that the Leisure World Community Corporation board of directors is illegally seated. A similar complaint filed by another resident, Sheryl

Katzman, was dismissed by the Commission on Common Ownership Communities Nov. 7.

Richard Thornell, Jordan Harding and Priscilla Read Chenoweth remain as plaintiffs in the lawsuit.

A copy of the amended complaint is available at (residents.lwmc.com). Click on “Documents,” and then click on the “Leisure World Community Corporation Governance” folder. The amended file is located in the “2018 Lawsuit” folder.

LIBRARY HOURS

- Monday 1:00 p.m. - 4:00 p.m.
- Tuesday - Friday 10:00 a.m. - 4:00 p.m.
- Saturday 10:00 a.m. - 1:00 p.m.



AARP Tax-Aide Volunteers Return to Prepare Residents' Tax Returns

by Mark Willen

In time for tax return preparation, AARP Tax-Aide Foundation volunteers will offer an informational session for residents on Friday, Jan. 11, at 10:30 a.m. in Clubhouse I.

The session includes an overview of a new tax law and how it affects residents, as well as some changes to procedures that will be in place at the tax preparation site.

The informational session is free, but registration is required and available by calling (301-598-1300) or stopping by the Clubhouse I E&R office.

Tax Return Prep

Each year, AARP Tax-Aide volunteers prepare tax returns for residents at Leisure World (by appointment only) and at no charge. Residents can schedule an appointment beginning on Tuesday, Jan. 29, at 8:30 a.m. at the Clubhouse I E&R office.

Tax preparation sessions are held on Wednesdays and Fridays from Wednesday, Feb. 6, through Friday, April 12, with the first appointment beginning at 9 a.m. and the last held at 2:15 p.m.

Residents who schedule an appointment at the E&R office will be asked to fill out an intake questionnaire and bring it with them to their appointment. Filling out the form ahead of the appointment is recommended.

What to Bring

To prepare for your appointment, gather all tax-related materials that you will need to bring with you. These include:

- the intake questionnaire available at the E&R office
- a photo ID (mandatory for all taxpayers)
- Social Security card (a copy is acceptable), as well as the Social Security cards of your spouse and any dependents
- a copy of last year's tax return, no matter where it was prepared
- a blank check if you want your refund sent directly to your bank
- 1099 SSA form. This is the end-of-year statement from the Social Security Administration showing how much you received in 2018, which shouldn't be confused with the letter showing what you will receive in 2019.
- all W-2 forms, if you worked
- all 1099 forms from pensions and other retirement accounts
- all 1099 forms showing interest or dividends from all banks and financial institutions
- all 1099 forms showing your stock and bond sales during 2018. (Many brokerage houses issue consolidated statements that include interest, divi-

dends, capital gains and sale of stocks.) Please check your stock statement carefully. If it does not show the basis for the stocks or bonds you sold (what you paid for them), please bring that information. If you don't have it, call your broker or financial institution.

- any 1099-MISC forms and any record of other income received from any source, including gambling winnings, royalties, etc.

If you usually itemize or think you will this year, bring a list of:

- medical expenses, including your insurance premiums, what you paid to doctors and dentists, as well as the cost of medications, eyeglasses, hearing and other health aids
- charitable contributions, both cash and items donated
- real estate taxes
- mortgage interest

Other Reminders

Bring anything else you have that might relate to your tax form, and remove the forms from their envelopes before you arrive to expedite the tax-return process.

Remember that if you are married, your spouse should accompany you to the appointment if at all possible.

Do not come in to do your taxes until you have received all forms. Broker and financial institution forms usually don't arrive until late February. It is a good idea to look over last year's tax return to see that you have received forms from all employers, pension funds and brokers.


If you find you cannot make your scheduled appointment, call and cancel as soon as possible. The volunteers have limited appointment slots available.

When someone fails to show up, it wastes the time of a tax preparer and takes a needed slot away from someone else.



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THOUGHTS & OPINIONS: *From Our Residents*

A Few Things to Remember

Relevance: Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

Brevity: Being concise will ensure that your opinion will have maximum impact.

Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.

Ownership: All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers. **Thoughts and Opinions is maintained by the Communications Advisory Committee.***

Leisure World News

BEWARE OF FREE WI-FI IN CLUBHOUSES (AND ELSEWHERE)

It is very useful to have Wi-Fi in the clubhouses. And it is good that Leisure World “publicizes” this availability with signs in the clubhouses and with notices in Leisure World News (e.g., page 16 of the Dec. 21 issue).

However, residents should be aware that they must be exceedingly cautious when using free Wi-Fi since it is not secure, and secure information can easily be “stolen.”

In contrast, Wi-Fi in your home can (and should) be set up with strong security passwords so that your information cannot be easily hacked.

It is therefore imperative that residents only use the free Wi-Fi at Leisure World,

and anywhere else (e.g., stores, airports) for non-sensitive things like reading the newspaper or looking up information.

Do not do anything on free Wi-Fi that involves use of credit cards, banking or similar sensitive things. Indeed, do not use free Wi-Fi for anything that requires a password.

Being very cautious is important because it is very easy for people with nefarious intents to “listen in” to any free Wi-Fi and gather sensitive information (e.g., passwords) and use it, to the harm of the resident.

It is also imperative that whenever Leisure World “advertises” free Wi-Fi, it reminds residents that free does not mean secure! To this point, Leisure World has not adopted that policy.

– Arthur N. Popper

SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer’s name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer’s name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, login to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.



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EVENTS & Entertainment

■ Fireside Forum

Jan. 6: Unions – They Made America’s Middle Class

by Jonas Weiss

On Sunday, Jan. 6, Roger Blacklow, a union organizer and national legislator/political director, addresses the Fireside Forum on the importance of labor unions.

The contributions of organized labor are indisputable. Where would we be if there weren’t an eight-hour workday, five-day workweek, equal pay for equal work and union wages and benefits, including healthcare, sick leave and vacations?

Yet the history of how the American worker fought for these rights is largely untold. It includes beatings, jailings and lynchings. The police, goon squads and the National Guard were used to break strikes. The American legal system, including the Supreme Court,

rarely sided with workers. Those years are called the “Labor Wars of the 1890s.”

Blacklow will bring attendees up-to-date on changes in financial decisions of companies and how they will affect the future of workers.



Roger Blacklow.
Photo by Fred Shapiro



Blacklow worked nearly 40 years in the union movement, starting as a union organizer and political activist and then as a union lobbyist and political campaign manager. He also worked as a staffer for several labor-friendly members of Congress.

He was also an adjunct professor at the National Labor College in Silver Spring. He is currently president of Leisure World’s Democratic Club.

The program is at 2:30 p.m. in the Clubhouse II auditorium. Fred Shapiro is the host for the speaker.

■ Education and Recreation Department

Jan. 19: ‘Sittin’ on a Rainbow’ – Julie Kurzava and Diane Kinsley



From left, Diane Kinsley and Julie Kurzava. Courtesy photo

Julie Kurzava and Diane Kinsley bring their show “Sittin’ on a Rainbow” to Leisure World on Saturday, Jan. 19, at 4:30 p.m. in the Clubhouse II auditorium.

The duo will revisit a time when a jazz-loving college kid from Bloomington, a cantor’s son from Buffalo and the pride of Savannah landed in New York during the Great Depression, and then moved on to Hollywood.

Kurzava and Kinsley bring musical elegance and humor to favorite songs written by three great writers from the golden age of popular song: Hoagy Carmichael, Harold Arlen and Johnny Mercer. Revel in “Stardust,” “Moon River,” “Over the Rainbow” and more.

Sponsored by the E&R Department, tickets for this show are \$6 and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

About the Performers

Kurzava is a singer, actor, writer and producer living in the Baltimore area. Skilled in both classical and contemporary music, she is a graduate of the Northwestern Univer-

sity School of Music and the Peabody Conservatory.

Her performance skills and encyclopedic knowledge of musical theater history have made her a popular lecturer throughout the Baltimore and Washington, D.C., areas. A seasoned actress, she is cofounder and executive director of New Moon Theater, a professional touring theater for children and family audiences (www.nmtheater.org). In addition to her busy performing schedule, Kurzava teaches voice privately and at Loyola University Maryland.

Colorado native Kinsley earned her master’s of music degree from the Peabody Conservatory, and is currently a member of the piano faculty at Anne Arundel Community College. Widely known as a collaborative artist, Kinsley is also a regular collaborator and performer with area opera companies.

She maintains a private piano studio and is an organist at the U.S. Naval Academy Chapel. She freelances in the Baltimore/Washington, D.C., area, and performs as soloist and ensemble artist throughout the U.S.

■ Education and Recreation Department

Jan. 15: ‘First It Was a Play, Then It Became a Musical’



Steve Friedman, photo by Leisure World News

Steve Friedman returns on Tuesday, Jan. 15, at 1:30 p.m. in Clubhouse I for his continuing series of programs on the history of Broadway. Using song and lecture, he explores how Broadway’s plays were transformed into musicals.

Many musicals started as either drama or comedy before the scripts were re-written and music and lyrics were added to enhance and enrich the story. Well-known examples include “Green Grow the Lilacs,” which emerged as “Oklahoma,” “Liliom” as “Carousel” and “Pygmalion” as “My Fair Lady.” Can you imagine how many more there are? Come find out.

Tickets are \$6 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

■ Sock Hop Group

Jan. 19: Sock Hoppin' into the New Year

The next sock hop dance is on Saturday, Jan. 19, at 7 p.m. in Clubhouse II.

The price of admission is \$5. Sodas and water are provided, but participants can bring their own beverages and snacks. "Take Two Entertainment" continues to provide great dance music. Come relive the fun of high school dances.

For questions, contact Doug Brasse at (301-448-8708).

— Abigail Murton



Musical Performances at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330).

Jan. 16	"All in Good Taste," Great Standards by Lonnie Royster
Jan. 30	Michael Binder, Swing'n on a Star
Feb. 13	"All in Good Taste," Great Standards by Lonnie Royster
Feb. 27	The Night and Day Band with Mike Suser
March 13	"Sax with Mike" Surratt
April 10	The Night and Day Band with Mike Suser

■ Rossmoor Camera Club

Jan. 20: 'Recovered Memory: New York and Paris 1960-1980'

by Fred Shapiro

On Sunday, Jan. 20, noted photographer Frank Van Riper uses a slideshow to discuss his recently published book, "Recovered Memory: New York and Paris 1960-1980" at 3:30 p.m. in the Clubhouse II auditorium.

Van Riper's latest book is a meditation of time and place: before the internet and 24/7 news, when one could visit the Eiffel Tower without seeing police and automatic weapons; when a ride on the New York subway cost 15 cents; when the smell of fresh-baked baguettes wafted over nearly every Parisian neighborhood; and when the Coney Island parachute ride still thrilled thousands.

Van Riper's striking black and white photographs spanning 20 years, coupled with his eloquent text, capture the romance and grit of New York more than a half century ago, and Paris, some 40 years ago.

The Jan. 20 presentation is free and open to all residents.

About the Presenter

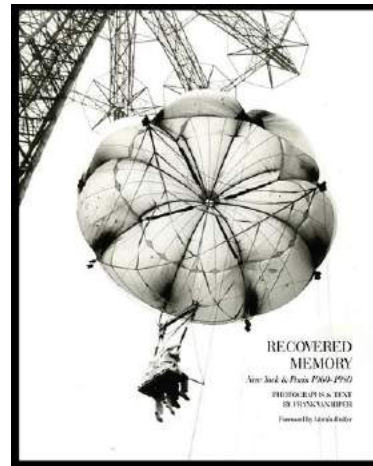
Van Riper and his wife, Judith Goodman, are documentary and fine art photographers whose work has been published internationally. His photography is in the permanent collections of the National Museum of American Art and the National Portrait Gallery in Washington, D.C., as well as the Portland Gallery of Art in Portland, Maine.

His 1998 book of photography and essays, "Down East Maine/A World Apart," was nominated for a Pulitzer Prize and won the silver award for photography from the Art Director's Club of Washington.

Van Riper is on the faculty of PhotoWorks at Glen Echo Park, Maryland. He has lectured widely, including at the Maine Photographic Workshops and the Smithsonian Resident Associate program.



Frank Van Riper and Judith Goodman, courtesy photo



In 2007, he was awarded the Distinguished Achievement Award from the University of Maine at Machias for his

"outstanding career in journalism and photography" and, in 2011, was inducted into the City College of New York Communications Alumni Hall of Fame.

Coming in 2019

The E&R Department is pleased to provide the following programs.

Jan. 15, 1:30 p.m.	Steve Friedman – "First It Was a Play, Then It Became a Musical"
Jan. 19, 4:30 p.m.	"Sittin' on a Rainbow" – Kurzava and Kinsley
Feb. 14, 7 p.m.	Karen Gray Quartet – Valentine's Day Performance
Feb. 15, 10:30 a.m.	KanKouran West African Dance Company
Feb. 23, 7 p.m.	Pam Parker Trio – Tribute to Jazz

Watch Leisure World News for more information on these and other upcoming programs throughout the year.



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■ Ballroom Dance Club

Jan. 26: Dance to The David Cole Trio

by Joyce Hendrix

Dance to the music of The David Cole Trio on Saturday, Jan. 26, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom in the first dance of the new season. Doors open at 7 p.m.

The cost is \$10 per person for members and \$15 for non-members and guests. Residents can become members at this dance by paying annual dues of \$10.

All guests must be invited by a Club member. Make reservations no later than the Thursday prior to the dance, Jan. 24, by contacting Hal Freeman at (bobbihal@aol.com) or (301-438-7513).

If after making your reservation you find you are unable to attend the dance, please call or email Hal again to let him know you have to cancel. The Club's last dance had 18 "no shows," which accounted for two empty tables. It is important that the Club knows the numbers attending in order to set up the ballroom tables for each dance.

■ Lions Club of Leisure World

Feb. 9: Instruments of Praise Makes its Leisure World Debut

by Maxine Hooker

The Instruments of Praise band will soothe your heart and renew your mind during their debut performance at Leisure World on Saturday, Feb. 9, at 4 p.m. in the Clubhouse I Crystal Ballroom. Doors open at 3 p.m.

This moving performance by youth and adults will inspire the spirit with a mix of styles, music, ages and cultures.

Sanders Milligan is the founder and band director of Instruments of Praise. He considers it a privilege to have been given the passion and energy to direct the 40-member band throughout the Greater Washington, D.C., area at various churches, schools and other venues.

Tickets are \$7 per person, (checks only, payable to LW Lions) and are available beginning on Tuesday, Jan. 8, at 8:30 a.m. in the Clubhouse I E&R office. All proceeds go to support Lions' charitable projects.



PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



Feb. 14: The Karen Gray Quartet Performs Well-Loved Tunes for Valentine's Day



From left, vocalist Karen Gray and pianist Wayne Wilentz, courtesy photos

For Valentine's Day, Thursday, Feb. 14, enjoy a festive program of jazz and swing standards, celebrating love in its many wonderful manifestations!

The Karen Gray Quartet, which includes vocalist Karen Gray and pianist and song stylist Wayne Wilentz, will perform well-loved compositions by Cole Porter, Rodgers and Hart, the Gershwins

and more at 7 p.m. in the Clubhouse II auditorium. They are joined at Leisure World for Valentine's Day by their frequent rhythm section, Hugh Johnson on bass and Pete Chauvette on drums.

This Valentine's evening is sponsored by the E&R Department. Tickets for the event are \$7 per person and go on sale Tuesday, Jan. 8, at 8:30 a.m. in both clubhouse

E&R offices. Please bring your Leisure World ID.

About the Performers

For Gray, every performance is an act of love: she loves the songs, she loves the collaboration with fine musicians, and she loves her audience. Washingtonian Magazine described her as a "tip top vocalist."

Gray has performed at area hot spots and events including The Kennedy

Center Millennium Stage, The Smithsonian Jazz Café, the Bethesda Fine Arts Festival, the Silver Spring Jazz Festival and for numerous restaurant dates and private events.

Wilentz is one of the Washington, D.C., area's most in demand musicians with a deep repertoire of gorgeous, fun and evocative tunes. He and Karen have collaborated extensively for almost 20 years.

Check the Directories



Looking for a club or committee meeting? Check the electronic directories in the clubhouse lobbies to find the time and location of that day's meetings. The directories also offer alerts and headline news.



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Feb. 15: KanKouran West African Dance Company



The KanKouran West African Dance Company, courtesy photo

Members of the KanKouran West African Dance Company bring their traditional dance and drumming to Leisure World on Friday, Feb. 15, at 10:30 a.m. in the Clubhouse II auditorium.

This performance is co-sponsored by the Washington Performing Arts (WPA) and the E&R Depart-

ment. The WPA Enriching Experiences program promotes lifelong learning and social engagement for adult audiences through immersive arts experiences. Events include interactive music and dance performances, workshops and intergenerational activities that spark curiosity and self-growth in the arts.

This program is free but tickets, two per household, are required. They are available beginning on Tuesday, Jan. 8, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

About KanKouran

Established in 1983, the company’s mission is to share traditional West African dance and drumming with audiences of all ages, while preserving West African culture and promoting intercultural understanding.

Co-founded by Abdou Kounta (former director of music) and Assane Konte (artistic director), who grew up together in Dakar, Senegal,

KanKouran has become a premier center for the study and performance of traditional West African dancing and drumming.

The company is home to three performance groups: Senior (adults) Company, Junior (teens) Company and Children’s Company. Weekly classes for adults and children are offered and have been a key component of furthering the Company’s mission.

As well, KanKouran’s annual African dance and drum conferences, held in Washington, D.C., are among the largest, longest-running gatherings of student- through master-level African dancers and drummers.

■ Jewish War Veterans

Charles B. Krieger Post 567

Feb. 20: Attend the 2019 Annapolis Advocacy Day

by Fred Shapiro

On Wednesday, Feb. 20, the Jewish Community Relations Council of Greater Washington sponsors a bus ride to Advocacy Day in Annapolis.

Residents are encouraged to attend the event to hear from elected officials and voice their concerns during the early days of the legislative session.

A bus will pick up residents to take them to and from Annapolis. After meeting with elected officials, attendees enjoy a reception with refreshments. Gov. Larry Hogan or Lt. Gov. Boyd Rutherford is expected to brief attendees.

The cost for the bus trip is \$20. To sign up, contact the Jewish Community Relations Council of Greater Washington at (301-770-0881), or RSVP online at (www.jccouncil.org/site/Calendar?view=Detail&id=111761).

Annapolis Advocacy Day is an annual event that has been attended by many residents for the past 10 years. Sign up and be a part of the democratic process in Maryland.



State Capitol in Annapolis, Maryland. Photo by Fred Shapiro

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2019 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Jan. 17, 1 p.m.	RBG	LIMITED
Jan. 27, 2 p.m.	Maudie	Jan. 8
Feb. 10, 2 p.m.	Forever My Girl	Jan. 22
Feb. 28, 1 p.m.	Black Panther	Feb. 5
March 21, 1 p.m.	Book Club	March 5

Movies are subject to change.

■ Leisure World Cannabis 101 Club

Jan 16: 'Weed the People'

by Carminetta Verner

On Wednesday, Jan. 16, the Cannabis 101 Club and Mission Dispensary present the film "Weed the People" (2018, 1 hour 37 minutes, documentary, not rated) at 1 p.m. in the Clubhouse II auditorium.

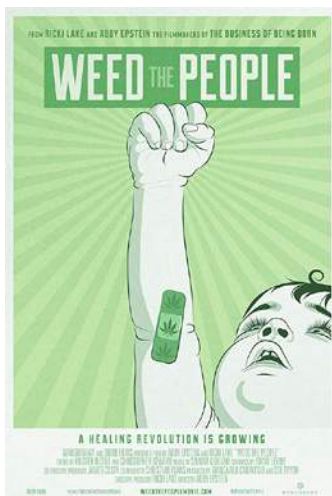
Cannabis has been off-limits to doctors and researchers in the U.S., but recently scientists have discovered its anti-cancer properties.

"Weed the People" explores the use of cannabis for the treatment of cancer in children. It takes an undaunted look at the underground world of herbal medicine, where patients become experts on their own conditions and spend thousands of dollars on illegal medicines that are created in their kitchens.

Directed by Ricki Lake and Abby Epstein, the film looks beyond propaganda and politics to reveal legitimate science behind cannabis medicine and the compelling stories of ordinary people whose lives are caught up in the controversy.

The presentation is free but tickets are required and available in the Clubhouse I E&R office. All residents and their guests are welcome. A question and answer period with cannabis and medical experts follows the movie.

For more information, contact Carminetta Verner at (301-438-0283).



■ Education and Recreation Department

Sunday Afternoon at the Movies

Jan. 27: 'Maudie'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, Jan. 27, the featured film is "Maudie" (2017, 1 hour 15 minutes, biography/drama/romance, PG-13 for some thematic content and brief sexuality).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, Jan. 8, at 8:30 a.m. Please bring your Leisure World ID.

Based on the life of Maud Lewis, this biopic is the story of how she rose above the crippling rheumatoid arthritis that made a social outcast, discovering, along the way, a passion for painting. She became one of Canada's most beloved folk artists.

Her restored painted house is now on permanent exhibit in the Art Gallery of Nova Scotia in Halifax. While in her lifetime her paintings never sold for more than \$7, these now sought after-works fetch in the thousands today.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.



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HEALTH & Fitness

■ Compassion and Choices of Leisure World

Jan. 8: Learn About Physician Aid-in-Dying and the End of Life Option Act

by Rosalind Kipping

Compassion and Choices holds its next meeting on Tuesday, Jan. 8, at 2 p.m. in Clubhouse I.

In January, The End of Life Option Act will be introduced to the Maryland legislature. This legislation would provide terminally ill, mentally competent individuals with the legal option of physician aid-in-dying.

Retired physician Dr. Michael Strauss will present a PowerPoint program at the meeting and respond to questions. Learn why we need this option, how it works and what you can do to support

this legislation. Physician aid-in-dying is now a legal option in seven states and Washington, D.C., but not in Maryland.

About the Speaker

Following medical school, internal medicine training and a master's degree in public health, Strauss returned to the Washington, D.C., area in the mid-1980s as a staff person for a Congressional commission, working on healthcare reimbursement issues.

He later pursued health

policy consulting and, with two colleagues, founded Health Technology Associates, which helped public and private enterprises evaluate and advance new medical technologies. He has published numerous health services research and outcomes studies.

Strauss became an advocate for medical aid-in-dying in part because of his experience caring for terminally ill patients, but also because he watched his 90-year-old mother suffer needlessly at the end of her life, asking for

medical aid-in-dying.

General Information

The Group's resource tables provide information on a wide variety of end-of-life issues.

Annual dues are \$2, and the fiscal year began on Oct. 1, 2018.

To renew a membership or to become a member of Compassion and Choices of Leisure World, bring \$2 to the meeting and receive a high-quality Compassion and Choices shopping sack.

All Compassion and Choices meetings are open to all residents and their guests. Everyone is always welcome.



Dr. Michael Strauss, courtesy photo

■ Low Vision Support Group

Jan. 9: Club Holds First Meeting of 2019

by Larry Cohen

What happens when a group of people has lost or is losing their vision? They gather together as a support group to discuss the life they envision, obstacles they endure and medical information that might help others.

The Group's next meeting is on Wednesday, Jan. 9, at 1 p.m. in Clubhouse I. The Group is seeking more input from its members, so be sure to attend.

Activities

Now that the Low Vision Support Group is growing in numbers, it is able to try new things, such as the successful trip it recently took to the Olney Theater for an audio-described version of "South Pacific."

The Group's next venture is a trip to the National Portrait Gallery with a docent

who will give us an audio described tour of the gallery and paintings and some tactile art that we can touch.

The Group is also working with the Computer Learning Center to help those with low or impaired vision become more tech savvy. With some assistive software and technical aid, there is nothing that you can't do with a computer or smart phone that a fully sighted person can.

Start the year off right by joining the Group – no dues required! For more information, call Larry Cohen at (908-770-9111).

Glaucoma Awareness

January is Glaucoma Awareness Month and is celebrated by Montgomery County with various events and speakers. Glaucoma is one of the leading causes of irreversible blindness in the U.S. – 2.7 million are

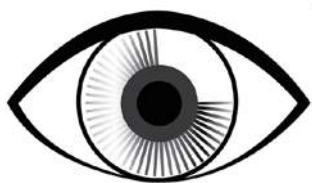
diagnosed in the nation and the same number is believed to have glaucoma but is undiagnosed.

Commonly known as the "silent thief" of sight, glaucoma normally has no noticeable symptoms in early stages and gradually becomes worse over time. Without an eye exam, you may not realize you have lost sight until irreversible impairment has occurred.

Glaucoma is a group of

diseases that damage the optic nerve, which is the cable that connects your eyes to your brain. In primary open-angle glaucoma, the most common form of the disease, pressure builds up in the eye over time causing damage to the nerve. Pressure builds due to blockage in an eye's drainage systems.

For more information, visit (www.glaucoma.org/news/glaucoma-awareness-month.php).



Fitness Center Tours Continue Through Winter



Photo by Leisure World News

One of the Fitness Center's personal trainers will lead a free orientation tour of the Fitness Center on Tuesday, Jan. 8, Feb. 12 and March 12 at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

– Leisure World News

■ Leisure World Cannabis 101 Club

Commission Cancels January Registration

by Carminetta Verner

The Maryland Medical Cannabis Commission (MMCC) will not return to Leisure World this month to register residents for medical cannabis because it will be in legislative session.

The MMCC's Quality Assurance department does not have the staff to register people off site. However, the MMCC

is in the process of hiring an outreach staff to accommodate registration events and will be ready in early spring to start registration events again.

In the meantime, residents can still register online at (www.mmcc.maryland.gov). For questions or help registering, email Carminetta Verner at (msshalla@aol.com) and include your name and phone number.

■ Stroke Support Group

Jan. 15: 'Safety for Seniors' Educational Program

by Vaughn Alex

The Stroke Support Group hosts an educational program, "Safety for Seniors: Protecting Yourself at Home and in the Community," on Tuesday, Jan. 15, at 1 p.m. in Clubhouse II.

A member of the Montgomery County Police Department will provide helpful suggestions regarding topics such as personal safety, identity protection and scams targeting seniors.

This topic should be of interest not only to stroke survivors and their family caregivers, but to all seniors. Anyone who is interested is invited to attend this meeting.

The program is from 1-2 p.m., and the Stroke Support Discussion Group follows from 2-3 p.m. To RSVP for the Jan. 15 meeting, or to learn more about the Stroke Support Group, leave a message with your contact information at (301-681-6272).

Medical Center Services

The MedStar Health medical center bustles with a few dozen generalists and specialists providing healthcare weekdays from 8 a.m.-5:30 p.m.

Several services are open to all residents, including dental, pharmacy and rehabilitation, among others. For more, visit (www.medstarhealth.org/leisure-world/).

— Leisure World News

■ Center for Lifelong Learning (CLL)

Jan. 22: 'The Super-Ager's Guide to an Amazing Brain'

by Fred Shapiro

Maintaining brain fitness is a critical factor in quality of life for older adults. On Tuesday, Jan. 22, lifestyle and wellness strategist and speaker Cathy Richards discusses lifestyle habits that may make the biggest difference in keeping your brain in tip-top shape.

Her program, "The Super-Ager's Guide to an Amazing Brain," is at 2 p.m. in Clubhouse I. The program is free, but residents are asked to register beginning Tuesday, Jan. 8, at 8:30 a.m. by calling (301-598-1300) or stopping by the Clubhouse I E&R office.

What is the role of exercise, nutrition, brain games and so much more? Richards offers key mindset shifts and strategies to motivate you to make important lifestyle changes right now.

She identifies what really matters, what's a myth, and what you can do to improve your memory, cognitive skills and overall quality of life. You'll leave the session motivated to take charge of the factors within your control to nurture and train your amazing brain!

About the Presenter

Richards helps baby boomers and beyond maximize physical health, brain function and energy levels for a fantastic quality of life at any age. Her unique "never too early, never too late" approach merges messages of wellness for all ages.

Richards earned the coveted C. Everett Coop National Health Award, has a master's degree in exercise physiology, is a certified brain fitness facilitator and has more than 20 years' experience as a wellness coach and strategist.

Her passion for healthy living

is contagious, and she is a frequent presenter for 55+ communities and conferences, bringing a rich perspective and lasting impression.

Richards was at Leisure World in August 2018 with her signature presentation, "Strong Body, Sharp Brain, Endless Energy for Baby Boomers and Beyond." She is coming back for a deeper-dive analysis on brain fitness that you won't want to miss.

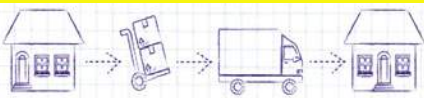
For more information, visit (www.InspiringVitalityNow.com).



Cathy Richards, courtesy photo

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■ FISH (Friends in Sickness and Health)

FISH Has a Special Item Available for Loan

by Beth Leanza

FISH recently received a donated U-Step Stabilizer, a type of walker. It's an older version that hasn't been marketed since 2012.

This version has a special option for Parkinson's patients: a laser light that projects a red line on the floor near where one should walk.

FISH offers this item to anyone who feels he or she may benefit from

it. For more information, call FISH president Beth Leanza at (301-598-4569).



Wheelchairs, walkers and other assistive equipment are available for loan at the FISH office in Clubhouse II. Photo by Leisure World News

FISH Mission

FISH lends assistive equipment, such as wheelchairs, walker, commodes and tub stools, to residents and employees. They may use FISH to try out an item before purchasing it elsewhere.

FISH suggests a loan period of one to three months. Residents and employees who wish to keep an item they have borrowed are asked to contact Beth.

Let other members of your household know that an item came from FISH, so it can be returned when you no longer need it.

While FISH receives mostly assistive equipment, it also receives donations of blood pressure equipment, incontinence items and comfort cushions.

Many of these items are giveaways located in the basement of Clubhouse II.

FISH Office

Volunteers staff the FISH office in Clubhouse II, which is open Monday to Friday from 10 a.m.-4 p.m. (except major holidays).

The office's phone number is (301-598-1345). E&R staff

in Clubhouse II assists residents before or after hours and on weekends.

Lost and Found

The FISH office also houses lost and found items. If you have lost glasses, keys, a hat or sweater, maybe an earring or a phone, drop by the FISH office or call (301-598-1345).

If FISH is closed, tell the E&R staff you are looking for something that may have been turned into the lost and found.

Putting a label on items such as canes and umbrellas can help get them back to you before they end up in the lost and found closet.

Helping Others

FISH is also the place where other organizations can set up a collection box. Some organizations designate a time period for the collection, while others have ongoing collections.

The Lions and the Kiwanis Clubs are always ready to receive glasses, hearing aids and can tabs. St. Jude Ranch is no longer accepting used greeting cards.

Do you have empty prescription bottles? FISH has an address where you can send them. Please note that the sender incurs all postage charges.

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

Essential Tremor Group: The Essential Tremor

Group meets at 10:30 a.m. the first Thursday of the month in Clubhouse I. Try to come to the next meeting on Feb. 7 at 10:30 a.m. to meet other people with Essential Tremor.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or visit (www.alz.org).

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

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- searchable by keyword inquiries
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- governance documents
- your mutual information
- and more!

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In 2018 We Did Over 45 Transactions!

*Dear Reader,
Last year was a busy and productive one. Because of our vast experience, we also list, sell, & consult on properties in the surrounding Metro area for neighbors, past clients, & those moving to the community. Our current listings are detailed in this paper's classifieds under "Real Estate for Sale." Here are some of our outside 2018 listings and consults. Seven properties in Silver Spring, two in Rockville.*

SILVER SPRING

- 14913 McKisson Ct, #3C
- 3306 Castle Ridge Cir, #20
- 21 Locustwood Ct
- 14323 New Hampshire Ave
- 14900 Notley Rd
- 15128 Middlegate Rd
- 1474 Carona Dr

ROCKVILLE

- 15414 Manor House Ter
- 4512 Norbeck Rd

WASHINGTON, DC

- 44 Kennedy St. NE



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15115 Interlachen Dr. #115, #504



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3330 LW Blvd. #512, #323



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#52-3... 32-1H



CO-OP TOWNHOUSES

3393 LW Blvd
3482 Chiswick Ct



VILLA CORTESE

15000 Pennfield Circle, #1
14805 Pennfield Circle, #2



GARDEN APTS.

15300 Forest Edge Dr, 2D
15300 Beaverbrook Ct, 2J, 1C
15311 Beaverbrook, 3G
15301 Pine Orchard, D-2H



TURNBERRY COURT

2904 LW Blvd, #310
3005 LW Blvd, #502, #722, #501



VANTAGE POINT

3200 N. LW Blvd. #704
3210 LW Blvd, #416, #918



CREEKSIDE

2901 LW Blvd,
#309, #320, #415



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For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Museum Loop, DC

Thu., 1/10, 8:40 am-3:00 pm\$35.00 per person
Choose where to go! National Gallery of Art, National Archives Museum or the National Museum of American History. Transportation only.

NEW - Tropicana Atlantic City on MLK Day!

Mon., 1/21, 8:15 am-10:45 pm\$49.00 per person
Transportation only. *Slot play will be determined by casino.*

Congo Mask, Virginia Museum of Fine Art, VA

Mon., 2/4, 7:45 am-7:15 pm\$107.00 per person
The exhibition has original field photographs and footage, audio recordings and a selection of related musical instruments. Self-guided tour. Lunch included in the Marble Hall. Trip includes transportation, admission and lunch.

Museum of the Bible, DC

Mon., 2/11, 9:05 am-3:00 pm\$60.00 per person
Experience the Book that continues to shape history. Transportation only.

"Chicago," Fulton Theatre, PA

Sat., 2/16, 8:45 am-7:00 pm\$97.00 per person
It's the Roaring 20's. Everything is larger than life! Lunch at Plain 'n Fancy Restaurant prior to show. Trip includes lunch, show and transportation.

MGM Grand National Harbor, MD

Mon., 2/18, 9:05 am-3:00 pm\$35.00 per person
Try your luck at the Casino for a day. Transportation only.

"La Cage Aux Folles," Riverside Center, VA

Wed., 2/27, 9:45 am-6:45 pm\$117.00 per person
A feel good musical with heart, brains and sequins! Lunch and show included.

NEW Hollywood Casino, West Virginia

Fri., 3/1, 10:00 am-5:45 pm\$38.00 per person
\$20 Slot Play offer from Casino. Trip includes transportation only.

SuperPops, Meyerhoff, Baltimore

Sun., 3/3, 1:30 pm-6:15 pm\$69.00 per person
Featuring Christina Bianca: Woman of a Thousand Voices. Transportation and admission included.

Back by Popular Demand National Museum of African American History and Culture, DC

Mon., 3/4, 8:45 am-3:30 pm\$45.00 per person
Spend the day at this amazing museum. Included: timed entry tickets and transportation. Lunch is not included.

Philadelphia Flower Show, PA

3/7 or 3/8, 7:45 am-7:45 pm\$86.00 per person
This year's theme is "Flower Power." Transportation and admission included.

Newseum, DC

Sat., 3/9, 9:30 am-3:15 pm \$60.00 per person
You will love this beautifully designed, vibrant, dynamic museum with wonderful views of the Capitol, thought-provoking exhibits, and plenty to keep everyone engaged! Transportation and admission included.

9/11 Memorial & Museum, NYC +

Sat., 3/16, 7:00 am-11:45 pm\$120.00 per person
The Memorial Museum is an educational institution that examines 9/11's global significance. Presenting stories of loss and recovery and artifacts. (Security screening on-site). Includes a \$10 Cracker Barrel gift card.

"The Story of Jesus," Sight & Sound Theatre, PA

Fri., 3/23, 9:45 am-9:15 pm\$159.00 per person
"The Story of Jesus" is the musical stage adventure about the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

Cherry Blossom Tour, DC

Mon., 4/1, 10:00 am-3:15 pm\$79.00 per person
Visit the WWII Memorial, the Franklin Delano Roosevelt Memorial and the Martin Luther King, Jr. Memorial. Enjoy the breathtaking beauty of the cherry blossoms as we drive around the Tidal Basin in Washington, D.C. Relax over a delicious lunch at Carmine's Restaurant, always a local favorite. Transportation and lunch included.

Odyssey Cherry Blossom Luncheon Cruise, DC

Tues., 4/2, 9:00 am-3:45 pm\$110.00 per person
Step aboard the "Odyssey" and experience the elegance and entertainment only a true cruising vessel can provide. Enjoy a fine dining lunch with live entertainment and see the unmatched views of our nation's greatest monuments as they drift past your table.

NEW "Cirque Goes Hollywood"

at the Meyeroff, Baltimore

Sun., 4/7, 1:30 pm-6:15 pm\$69.00 per person
Join the BSO as acrobats, aerialists, jugglers and more dazzle you with their extraordinary athletic artistry set to the music of Hollywood's hottest hits. Trip includes transportation and admission to show.

Spotlight On...

Join Collette Vacations & Eyre in the Maryland Room

Wed., 1/23 1:00-3:00 pm
Featuring the "Oberammergau Passion Play"

MULTI-DAY TRIPS

Charleston and Savannah
March 30-April 4

Wildwood, New Jersey
June 2-5

Dallas
May 21-25 (fly/drive)

Niagara Falls
June 23-26

Journey Around Lake Michigan
July 13-21 (fly/drive)

Maine Lobster Festival
July 31-Aug. 5

Yellowstone, Grand Tetons, and Mt. Rushmore
Aug. 1-9 (fly/drive)

The Colors and Cathedrals of French Canada
Sept. 27-Oct. 4 (fly/drive)

Albuquerque Balloon Fiesta
Oct. 4-9 (fly/drive)

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INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

CLUBS, GROUPS & Organizations

■ Vegetarian Society of Leisure World (VSLW)

Jan. 10: Members-Only Showing of 'What the Health'

by Bob Fenichel

The Group's regular monthly meetings have moved to the second Thursday of the month.

On Thursday, Jan. 10, at 7 p.m. in Clubhouse II, the Group hosts a members-only showing of the movie "What the Health" (2017, 1 hour 37 minutes, documentary, not rated).

This movie is a surprising and, at times, hilarious investigative documentary that is an eye-opener for everybody concerned about the nation's health and how big businesses influence it. The Group may show this movie again for all residents in a few months.

Dues

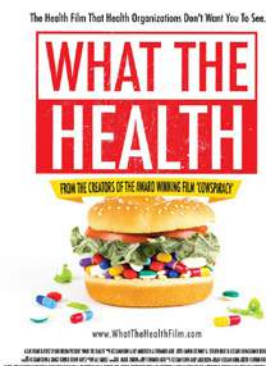
It's time to pay membership dues for the 2019 calendar year. The dues are \$10. Mail a check, payable to VSLW, to treasurer

Helen Gross at (3100 North Leisure World Blvd., #710, Silver Spring, MD 20906), or give her your check at an event.

General Information

Additional information on VSLW activities is available at (www.vslw.org).

All residents are welcome at VSLW activities; you don't have to be a vegetarian to participate. The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."



■ Computer Learning Center

■ Center for Lifelong Learning (CLL)

Feb. 3: Local Students Provide One-on-One Tech Help

by Fred Shapiro

On Sunday, Feb. 3, residents will again have an opportunity to learn how to better use their computers, digital cameras and iPhones when students from the Charles E. Smith Jewish Day School and other local high schools assist them.

Co-sponsored by the Center for Lifelong Learning and the Computer Learning Center, tech sessions are held from 11 a.m.-noon and noon-1 p.m. in Clubhouse II.

Residents are asked to sign up for a one-hour session beginning Tuesday, Jan. 8, at 8:30 a.m. at the Clubhouse II E&R office. Indicate on the sign-in sheet the technology you are interested in



Students from Charles E. Smith Jewish Day School help residents learn how to better use their smart devices. Photo by Fred Shapiro

learning more about and your preferred session time.

The students have become regulars at Leisure World, assisting residents who need that extra bit of help to master their iPhones and computers. At the same time, the students earn service credits at their schools.

Bring your laptop, phone, camera and other technology devices to the session.

■ Unitarian Universalists

Jan. 22: Hear from an 'Eyewitness to the Humanitarian Crisis at the Border'

by Dave Edfors

On Tuesday, Jan. 22, at 2:30 p.m. in Clubhouse II the Unitarian Universalists present a program featuring immigration activist Gail Schmitt, who will speak about and show photographs of her experiences on a pilgrimage to the U.S.-Mexico border.

When the Unitarian Universalist College of Social Justice (UUCSJ) offered a five-day experiential educational visit to southern Arizona in partnership with Tucson-based non-profit Borderlinks, Schmitt joined the 14-member group along with UUCSJ staff; members of the Cedar Lane Unitarian Universalists Church, including their senior

and intern ministers; and a member from the Unitarian Universalist Church of Silver Spring.

The group prepared months in advance following UUCSJ guidelines to support Borderlinks' goal of enabling participants to experience and process firsthand the depth of the immigration crisis.

Schmitt will share details of her emotional and life-changing journey and her views of both injustices and inspiring responses to immigration that she experienced at the border.

Schmitt attends the Unitarian Universalist Congregation of Rockland, is a retired professor of English as a second language, and has

spent more than 40 years interacting closely with people from around the world.

Her lifelong involvement in intercultural relationships has made the humanitarian crisis at the border feel urgent and personal to her.

Join the Unitarian Universalists for this interesting and timely presentation. Light refreshments and conversation follow the program.

General Information

Residents don't have to be a member to attend meetings of the Unitarian Universalists. All residents are welcome.

For information about the Unitarian Universalists,



Gail Schmitt, courtesy photo

contact Helen Pachacek at (301-384-2415) or (helen.pachacek@gmail.com).

Members Look Forward to New Class Season of Painting, Drawing and More



From left, Dee Williams, former exhibitor at Ranazul restaurant; exhibit winner Jeanette Shampian accepts a gift card from Nabiha Zayat of Signal Financial Federal Credit Union; and Nancy Albrecht stands amid her pastels and portraits. Photos by Ann Bolt

by Ann Bolt

Several RAG members recently participated in the 85th Annual International Exhibition of Fine Art in Miniature sponsored by the Miniature Painters, Sculptors & Gravers Society of Washington, D.C.

They include Millie Shott, Genevieve Roberts, Sharon Lee Minor, Dan Ranhart, Ingrid Barnes and Sherry Jose.

The exhibit wraps up Sunday, Jan. 6.

Class Schedule

Classes for the Monday, Jan. 7, to Saturday, Feb. 16, session include:

- Monday, 1-3:30 p.m. – Paintbrush and Knife with Barbara Piegari
- Tuesday, 9:30 a.m.-noon – Any Medium with Ron Erlich
- Tuesday, 1-3:30 p.m. – Pastels with Doris Bryant
- Wednesday, 10 a.m.-12:30 p.m. – Drawing Basics with Ron Erlich
- Wednesday, 1-3:30 p.m. – Oils, Acrylics and Miniatures with Genevieve Roberts
- Thursday, 10 a.m.-12:30 p.m. – Painting is for Everyone, Basic Watercolor with Millie Shott
- Thursday, 1-3:30 p.m. – Oils and Acrylics with Barbara Piegari

- Friday, 10 a.m.-12:30 p.m. – Chinese Brush & Ink Landscape Painting with Bertrand Mao
- Friday, 1:30-3:30 p.m. – Watercolor/Any Level with Firouzeh Sadeghi
- Saturday, 10 a.m.-12:30 p.m. – Open Studio

The class schedule is posted on the Studio door and copies are available in the Studio foyer.

Class Details

Most of RAG's art teachers have studied different mediums and can provide guidance to the novice or accomplished artist.

All residents are welcome to sign up for classes. The cost is \$65 for a six-week session, and \$70 for non-residents.

An annual membership in RAG costs \$15.

Art Tip

RAG's board strongly recommends that students cover the tables in the studio with plastic – large trash bags, an old shower curtain or cut pieces of plastic for a small fee – to prevent paint stains on clothing and tables.

Come join RAG and learn the value of having a can of cleaner handy.

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Feb. 6: Fun and Fancy Goes Classical

by Hannelte Allen

Fun and Fancy Theatre Group, which for the past 50 years has staged Broadway musicals, plays, vintage radio and vaudeville shows, tributes to popular composers, holiday programs and more, presents for the first time a program of classical music on Wednesday, Feb. 6, at 7:30 p.m. in the Clubhouse II auditorium.

Auditions are held on Wednesday Jan. 16, from 7-9 p.m., and Saturday, Jan. 19, from 10 a.m.-noon, in Clubhouse II.

Musical selections can be from grand opera, operettas, art songs, works for piano, strings and/or woodwinds (both solo and ensemble) and ballet. If you require piano accompaniment, please bring an extra copy of your music.

This is an excellent opportunity to share a favorite piece of music with your friends and

demonstrate your talent to an appreciative audience!

Upcoming Shows

To help update your calendar, here are performance dates for the rest of this season:

- Feb. 6 – Classical Music, directed by Vito Sabia
- March 6 – Silly Songs, directed by Steve Bennof and Mary Jane Boyle
- April 3 – Hits of the 1950s, directed by Joan Bowar
- May 1 – Spring Show preview, directed by Allan Okin
- May 10, 11, 12, 17, 18, 19 – Spring Show (music by Irving Berlin), directed by Allan Okin
- June 5 – Fun and Fancy Banquet, program to be determined by the Group's board of directors

Behind the Scenes

Sets for the Group's major productions are constructed backstage, behind the Clubhouse II auditorium, by

a group of people with a wide variety of talents.

Often seen there with tape measures, pencils, cordless drills, screws, metal snips and mat knives are Kevin Wright, Skip Ey, Steve Bennof, John VanDyke and JJ Boulin. For the Group's recent production of "Damn Yankees," Scott Gebhartsbajer, Ed Caglione and Dave Weiss joined in. Some more difficult pieces have even been built at the Wood Shop in Clubhouse I.

But the set building is only part of the job. Maureen Harris, Carol Hillman, Ida Leong, Betty Fenia, and Betty Boulin are seen with tape and chalkline, sketch pencil, drop cloth, paintbrush, sponge and paint bucket, laying out the new design and painting over the previous set.

Each of these women has been seen driving a screw or cutting a board or plywood. And the men often go home with a bit of paint on their hands, shirt and pants, having wielded

a roller, brush and paint pan. Ey has a fine eye with a small brush, and Bob Steward did a beautiful job stenciling wall-paper for "Damn Yankees."

It takes from six to eight weeks working weekends (a number of members still work full time) and several days during the week to get a set constructed, painted, erected, wheeled or flown, decorated and ready for the stage manager and grips to take over.

Many of these same people pitch in when needed to help decorate and produce items for Fun & Fancy's monthly meeting entertainment, held the first Wednesday of each month in the Clubhouse II auditorium. Residents will also find many of them acting, dancing and singing on stage.

Sound interesting? Come join in on the fun, if it fits your fancy. You might revive a skill you haven't thought about in years, or develop a new talent you didn't know you had!

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Jan. 8: Webmaster Discusses How to Navigate Club's Website

by Fred Shapiro

One of the main means of communication and information for the Rossmoor Camera Club is its website, yet some members know little about it or how to use it.

At the Club's meeting on Tuesday, Jan. 8, at 7 p.m. in Clubhouse II, Ron Masi, webmaster, will explain the contents and workings of the Club's website, (www.rossmoorcameraclub.com).

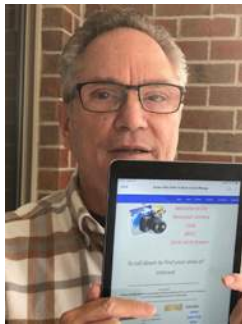
Masi has presented several classes on Apple products at Leisure World, including how to take photos with an iPhone. His approach is to stay away from the "scary photography words" such as f-stops, aperture setting, shutter speed and IOS.

Instead, he focuses on

using the camera's built-in intelligence. Although he uses the iPhone for illustrations, similar features are available on android phones.

Residents are sure to walk away from this class saying, "I didn't know I could do that!"

Masi has been a member of the Camera Club for nine years. He is also webmaster for the Camera Club and LW Apple Club.



Ron Masi, courtesy photo

Competition

The Club meets for its first competition of the year on Tuesday, Jan. 22, at 7 p.m. in Clubhouse II. The competition's judge is experienced photographer and Washington, D.C., native Cynthia L. Keith.

Keith will critique entries and select the winners for this open

competition. Club members are encouraged to enter their best photos on any subject.

Club members can enter two prints and two digital images. The digital images and the titles of the entries should be emailed to (RossmoorLW@gmail.com).

About the Judge

Keith's love of photography started in high school journalism class and, over the years, has led her from Alaska to Maine in search of scenic landscapes.

Her specialty is garden landscape photography, a marriage of her vision for the grand landscape and intimate flower portraits.

Keith has been a member of the North Bethesda Camera Club since 1992 where she

has exhibited, participated in numerous presentations and served on multiple committees.



Photo competition judge Cynthia L. Keith, courtesy photo

Membership

The Club has two levels of membership. Members who expect to compete in the monthly competitions pay dues of \$25 for the year.

Residents who wish to join the Club to learn more about photography, but are not interested in competing pay dues of \$15.

Mail checks for dues to Woody Shields, Rossmoor Camera Club, at (3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906).

Visit the Club's website at (www.rossmoorcameraclub.com) for more information.

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■ Ballroom Dance Club

From Samba to Swing, Club Follows the Ballroom Beat

by Joyce Hendrix

The Ballroom Dance Club was founded in 1972 to promote and encourage residents to learn and participate in monthly dances.

Club members no longer dress in formal gowns and tuxedos, but, during winter months, ladies are encouraged to wear dressy outfits, with jackets and ties encouraged for the gentlemen. Dancers dress a bit more casually in the summer months, June through August.



in the Clubhouse I Crystal Ballroom, with music provided by various musical groups.

A Holly Ball dinner dance sponsored by Perrie LLC is held on the first Saturday of December.

Music is played in strict ballroom tempo with both slow and Viennese waltzes, foxtrot, swing, all the Latin varieties – rumba, samba, tango, merengue, occasionally a salsa – and even a few polkas. Ask the band for your favorite tune, and if they know it, they will play it.

The annual schedule of dances is available at each dance.

January Dance

The first dance of 2019 is on Saturday, Jan. 26, with a musical group new to the Club, The David Cole Trio. See the Events and Entertainment section of this publication for details.

Dances

Dances are usually held from January through November, on the fourth Saturday of each month from 7:30-10:30 p.m.

Make Reservations

The Club strongly suggests making reservations prior to each dance through Hal Freeman at (bobbihal@aol.com) or (301-438-7513) to ensure a seat at the table of your choice. Tables are set up based on prior reservations at each monthly dance, so making a reservation improves your chances of being admitted.

■ Model Railroad Club

Holiday Open House Has Record Turnout



A resident and her grandson check out the trains at the Club's winter open house Dec. 15. Photo by Leisure World News

by Alan J. Goldstein

Nearly 300 people flowed into the Model Railroad Club's winter open house on Dec. 15 in the lower level of Clubhouse II, a record turnout for this popular event.

Attendance was steady from the 10 a.m. opening. The grandchildren of residents, their parents in tow, watched as trains from large layouts in each of three popular gauges climbed over hills and mountains and through towns and villages, hauling passengers and freight to their ultimate destinations.

The Club's largest layout, in HO gauge, offered a number of new features this winter, including a large industrial expansion around the town of Kensington, renamed in honor of the detailed model of the

Kensington Station located a few miles from Leisure World, which was recently installed on the layout.

Two Club members controlled four HO trains using wireless digital controllers, which allow multiple trains to operate independently on the same track segment.

The N gauge layout featured new diesel engines acquired earlier this year, and a trolley that automatically stops to pick up passengers at several locations along its route.

A perennial favorite of youngsters is the Lionel O gauge layout, which thunders along bringing the same excitement residents remember from their youth in the forties, fifties and sixties. As always, children stood in awe as trains roared by carrying freight and passengers through industrial sites and passenger depots.

If you would like to know more about this adventurous Club, drop by a meeting on the second Thursday of the month at 4 p.m. in Clubhouse II, or attend one of the Club's working and operating sessions on Mondays and Wednesdays from 5:30-7 p.m., and Thursday from 2-4 p.m. at the train yards in the lower level of Clubhouse II.

For further information or to join, call Marilyn Chmielewski, president, at (301-438-3259).

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■ Democratic Club

Jan. 10: TV News Reporter Marvin Kalb Addresses Club

by Roger Blacklow

Veteran TV news figure and former “Meet the Press” host Marvin Kalb addresses the Democratic Club at its next meeting on Thursday, Jan. 10, at 7 p.m. in Clubhouse I.

Kalb’s appearance is in conjunction with his latest book, “Trump’s War on the Press, the New McCarthyism and the Threat to American Democracy.”

Van Hollen’s Visit

“That’s not who we are,” said Sen. Chris Van Hollen when asked about taking children from parents at the U.S. border as he addressed a large crowd at Leisure World on Dec. 13.

The Maryland senator answered audience questions

about topics that ranged from current events to future

projections for Congress and the President.

Join or Contact

To join the Democratic Club, send a contribution of \$10 person to Jon Fife at (3200 N. Leisure World Blvd., Apt. 1001, Silver Spring 20906). A contribution automatically gives you a subscription to the Club’s in-house newsletter, the “Donkey Dispatch.”

Contact the Club via email at

(leisureworlddemclub@gmail.com) or online at (www.lwdem.com), or come to a board meeting on the first Thursday of every month in Clubhouse I. General membership meetings are held on the second Thursday of every month.



Veteran journalist Marvin Kalb. Photo courtesy of Brookings Institution



■ National Active and Retired Federal Employees (NARFE) Chapter 1143

Jan. 28: Rep. Jamie Raskin Speaks on New Congress

by John Moens

NARFE Chapter 1143 brought the old year to a close with a luncheon at Bedford Court, and opens the New Year with happiness and goodwill for all.

On Monday, Jan. 28, at 9:30 a.m. in Clubhouse I, NARFE members and all residents are invited to hear Rep. Jamie Raskin speak about the new Congress.



Rep. Jamie Raskin, courtesy photo



Looking Ahead

For some federal workers, both retired and active, 2018 was a tough year. Even with a hopefully more supportive House of Representatives, Chapter 1143 believes

2019 is going to be a challenge.

NARFE continues to work to protect federal workers’ rights and benefits. If you think that is something worth fighting for, contact membership secretary John Lass at (301-288-4210).

Let him know you supported this country with your service and continue to support it with your taxes. Tell him you are ready to add your voice to those insisting that Congress meet its responsibilities.

For more information about the Chapter, visit (NARFE1143.org).

■ Republican Club

Jan. 21: Rev. Martin Luther King Jr. Remembered at Meeting

by Fred Seelman

The Republican Club holds its next meeting on Martin Luther King Jr. Day, Monday, Jan. 21, at 1:30 p.m. in Clubhouse I.

The meeting’s theme is Rev. Martin Luther King Jr. remembered. Come to the meeting and be prepared to talk about his legacy.

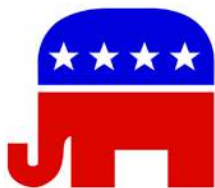
Consider running for Club office. Nominations for Club

office are due at the Jan. 21 meeting. Elections are held in February.

Thank you to Karen Collins, Susan Eisenhower and others for singing, game supervising and attending at the December holiday party.

Send comments or questions about these or any other Club matters or offers to volunteer to

Club president Fred Seelman at (fseelman@gmail.com). Join the Club for another quality event on Jan. 21.



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■ Jewish Discussion Group

Jan. 27: 'Divided Society, Divided Schools' Presentation Explains Israeli Schools

by Jerome "Jerry" Cohen

The Jewish Discussion Group (JDG) has planned a special presentation for its next meeting on Sunday, Jan. 27, at 10:30 a.m. in Clubhouse II.

Moment Magazine sponsors Dr. Laurence Wolff, who will present a talk entitled "Divided Society, Divided Schools." He will provide an interesting overview of Israel's rigidly divided types of elementary and secondary schools and the populations they serve, and the resulting societal ramifications.

Moment Magazine is an independent magazine that provides wide-ranging perspectives on the political, cultural and social issues facing the Jewish commu-

nity. Join the Group for this presentation, with a question and answer session to follow.

At the Dec. 23 meeting, Bernie Zycherman served as guest moderator and turned out quite a crowd. He led lively discussions of various topics. JDG thanks Zycherman for a job well done.

General Information

JDG invites people of all faiths to attend its free discussion group sessions held on the fourth Sunday of each month from 10:30 a.m.-noon in Clubhouse II.

For additional information or to have your email address added to the monthly notification list, call or email group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

■ Jewish Residents of Leisure World

Jan. 20: Brunch with Rabbi Stan Levin

by Jonas Weiss

On Sunday, Jan. 20, at 10 a.m. in Clubhouse I,

Karen Krausen and Joni Sommer bring another entertaining program to the Jewish Residents of Leisure World's (JRLW) brunch. Rabbi Stan Levin will recount Jewish humor and its long history.

To attend, send checks for \$14, payable to JRLW, to Shirley or Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906).

Get your reservations in before Monday, Jan. 14, as these programs sell out and there is no admission at the door without a paid reser-

vation. Payment may have to be converted to a donation to JRLW for late cancellations.



Rabbi Stan Levin. Photo by Bill Kamenjar



Religious Services

Rabbi Gary Fink leads a Conservative service on Friday, Jan. 4, at 7:30 p.m. in The Inter-Faith Chapel.

Cantor Michael Kravitz leads Conservative services on Saturday, Jan. 12, at 9:15 a.m. in Clubhouse II.

Jonas Weiss will give the D'var Torah and Sid Sussan will

chant the Haftorah.

Study Torah and Talmud with Rabbi Moshe Samber on Saturday, Jan. 5, 19 and 26 at 9:15 a.m. in

Clubhouse II.

Donations

For the Torah fund, send checks, payable to JRLW (\$25 minimum), to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

Donations for prayer books go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906). Janet is asking for someone to help her label the prayer books.

Donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor, or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD, 20906).

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Jan 27: Cookbook Author Presents 'Delectable Desserts and Tantalizing Teas'

by Barbara Eisen

On Sunday, Jan. 27, at 2 p.m. in Clubhouse I Hadassah presents "Delectable Desserts and Tantalizing Teas" featuring cookbook author Sheilah Kaufman who wrote "The Turkish Cookbook: Regional Recipes and Stories."

Turkey has made an enduring contribution to the world's cuisine with its diverse and important gastronomic history and classic, simple yet flavorful recipes. Turkish cuisine is a colorful mosaic, enriched by the recipes and techniques of many ancient cultures – Phoenician, Hittite, Roman, Byzantine, Arab, Persian, Chinese and Greek, and the creativity of the cooks and the geography of the regions they lived in.

The cost is \$18 per person. Send a check, payable to Hadassah, to Judy Rumerman

at (1107 Nora Dr., Silver Spring, MD 20904) by Tuesday, Jan. 22. Your check is your reservation. For questions, contact Judy at (judyrumerman@gmail.com) or (301-680-0850) or Bobbi Gorban at (bprem@aol.com) or (301-838-4336).

Judaic Studies Group

Jewish life in El Salvador and South Africa is the topic of the Judaic Studies Group's meeting on Monday, Jan. 21, at 1:30 p.m. in Clubhouse I. The meeting is free and all are welcome. For questions, contact Shari Goldstein at (240-293-6442) or Peri Schuyler at (301-869-2968).

Cards

Jan Bloom sells Hadassah

greeting cards. The cards are \$3 each and displayed and sold at every Hadassah meeting. Call Jan at (301-593-7720) to buy cards between meetings.



Cookbook author Sheilah Kaufman. Photo courtesy of (www.cookingwithsheilah.com)

Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Please send your donations to Larelda at (3200 N. Leisure World Blvd.

#201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social

programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net) or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

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NA'AMAT Has Tribute Cards for All Occasions

by Carole Mund

NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards. Tribute cards are an excellent way to support and maintain NA'AMAT's essential programs as well as attain donor credit

The cost of each card is \$4.50 if purchased and sent by you, or \$5.50 if sent by Lenore Kalen,

tribute card chairperson. There are also "Chai" certificates, which increase in sequences of \$18 (Chai) to honor or celebrate individuals.

Full donor credit is given for each card. For questions, call Lenore at (301-922-4348) or send correspondence to (15100 Interlachen Dr., Apt. 616, Silver Spring, MD 20906).

Donor Credit

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women, services and assistance for new immigrants and centers for the prevention and treatment of domestic violence.

The many activities Club members enjoy not only provide opportunities for socialization, but also serve as fundraisers to support these programs. Donor credit is simply money attributed to each member

over the cost for participating in activities sponsored by NA'AMAT.

For questions about donor credit, contact Theda Rosenblum at (301-598-9105).

Executive Board Meeting

Due to the possibility of inclement weather, there is no general meeting in January or February. However, planning for spring activities continues at the executive board meetings. The next meeting is Tuesday, Jan. 15, at 10:30 a.m. in Clubhouse I.

Any member is welcome to attend and participate. The executive board is open to new ideas and encourages participation by its members. Attending is an excellent way to meet the people that are dedicated to the mission of NA'AMAT.

Fundraisers not only raise money to support the programs NA'AMAT sponsors, but also provide activities for people to enjoy with friends. An organization needs people who are inter-

ested in making these activities happen as well as participating in them.

Spiritual Adoption Luncheon

On Wednesday, April 10, NA'AMAT RBZ holds its annual Spiritual Adoption Luncheon. The speaker for the luncheon is national columnist and commentator Bob Levey.

"Spiritual Adoption" is a virtual adoption supporting scholarships for education of children in Israel. Last year, NA'AMAT RBZ sponsored five scholarships of \$360 each, and donated \$500 to the Ruth Bader Ginsberg Scholarship Fund.

Save the Date

- March 6 – General Meeting
- May 8 – Donor Luncheon at the Argyle Country Club

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).



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Club Collects Winter Accessories for Local Elementary School Students

by Jack Colvis

The Kiwanis Club is collecting new mittens, scarves and caps this month for students at Harmony Hills Elementary School in Silver Spring.

Look for the Kiwanis collection box in the lobby of Clubhouse I.

Bingo games begin on Monday, Jan. 7, at 7 p.m. in the Clubhouse I Crystal Ballroom. The \$500 game winning call will be the 45th number called.

December Goodwill



In late December, little children in the pediatric wards of Holy Cross Hospital and MedStar Montgomery Medical Center received cuddly, stuffed dolls to cheer them up while undergoing serious treatment.

Kiwanis Club members had gathered with a team of local students from Einstein High School and James H. Blake High School, their faculty advisors and seamstresses Rosemarie Suitor and Maureen Harris for a “sewing bee” that produced 21 stuffed dolls for the children.

General Information

Residents who would like to spend some of their time serving the local community and children in small ways should consider joining the Kiwanis Club. Every month features a project activity.

Contact Heather Benjamin-Alexis at (240-433-0948) or Jack Colvis at (301-598-5380) to learn how to become a supporting member.

Residents are encouraged to visit a Club meeting on the first and third Friday of each month in Clubhouse I.

Information about the Kiwanis International organization is available at (www.kiwanisone.org).



Club member Norman Salenger poses with one of the stuffed dolls that were donated to children in local pediatric wards in December. Photo by Jack Colvis

kiwanisone.org).

Kiwanis is an IRS 501(c)(4) non-profit organization.



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Association Plans Uplifting Events for 2019

by Patricia Means

The following new and traditional LWAAAC events are planned for 2019:

- Jan. 21 – Martin Luther King Jr. Brunch
- Feb. 16 – An afternoon with the authors of “For Colored Girls Who Have Considered Politics”
- March 24 – “A Tribute to Mahalia Jackson” dialogue

- and song presentation
- April 6 – Latin Dance Party cosponsored by Hispanos de Leisure World
- May 15 – Fun Night, membership appreciation event
- May 22 – “Jubilee,” a tribute to the Fisk Jubilee Singers at Arena Stage
- June 8 – Annual Picnic
- June 27 – Election Night

Healthful Thursdays return in

April, with specific dates provided later.

National Black Theatre Festival

The LWAAAC trip to the National Black Theatre Festival in Winston-Salem, North Carolina, is Monday, July 29, through Friday, Aug. 2, and is open to all residents. Eyre Travel arranges travel and hotel accommodations.

For additional information, see the Club Trips section of

this publication, or contact Al Holston or Glenne Martin at (301-438-3537) or Verna Denny at (301-598-1418).

Amenities

Members should notify LWAAAC of illness, disability, death or other situations that affect a member or that person’s immediate family by contacting Louis Langley, amenities chair, at (301-598-3876).

■ Going It Alone Club

Going It Alone Traveler Wins Trip to Interactive Murder Mystery Performance

by Elizabeth Brooks-Evans

The winner of the Going It Alone Club’s (GIAC) ticket raffle, Alma Melcher, travels with GIAC on Wednesday, March 27, to take part in a performance of “Murder at Mount Hope Mansion” in Lancaster, Pennsylvania.

This interactive, whodunit

performance includes a four-course meal. As guests arrive at the mansion, they will be invited to visit the bar area for swash-buckler beers, Lancaster County ciders, Mount Hope wines and an assortment of cocktails to enjoy with buttered shrimp, chorizo skewers and deviled eggs.

Then guests convene in the dining area where cope Wines and aHope Wines and anHoast members visit tableside to impart veiled clues to be collected and used to solve the murder mystery. After dessert, the group interrogates the murder suspects and uncovers the guilty party. Get ready for humorous cross-examinations and questioning.

This trip also includes a complimentary raffle with prize for one lucky participant.

in Lancaster, Pennsylvania, on Wednesday, May 15, and Pigeon Forge and Smoky Mountain Show Trip, in Tennessee from Monday, Sept. 16 through Friday, Sept. 20. More detailed information on these trips can be found in the Club Trips section of this publication.

All residents are invited to attend GIAC trips. Sign-ups for trips are from 1:30-3 p.m. in Clubhouse II when a program committee representative is available to receive payments and answer questions. The GIAC News, which also has more trip information, is available for pick-up. Residents may also call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Armchair Travel

On Saturday, Jan. 5, at 2 p.m. in Clubhouse II, armchair travelers go to “England’s Bath and York” to visit the Georgian House and Roman baths with Rick Steves, well-known video travel guide.

Learn even more about this elegant spa town, drop in on the Fashion Museum and the Museum of Bath, and take the bizarre Bath Street theater walk. And then zip over to York to marvel at England’s finest Gothic church, ramble through the wonderfully preserved medieval quarters, meet the Morris dancers and lots more.

On Saturday, Jan. 12, travel with Steves to Dublin, Ireland to explore the town’s foreboding

castle and patriotic jail, plus Trinity College with its Book of Kells. And then party in Temple Bar, awash in Celtic music and Guinness. Take a side-trip to the prehistoric necropolis of Newgrange and the medieval monastery at Glendalough, deep in the scenic Wicklow Mountains.

Games

Games begin every Saturday at 2:30 p.m. in Clubhouse II right after armchair travel. Mexican train dominoes has become so popular that two games run simultaneously in the game room.


An old-fashioned dominoes game is also available, and members play bridge and Rubik’s cube in the lobby. Members are also welcome to bring or suggest other favorite games.

Free bingo is played on the second and fourth Saturdays of the month with new prizes. Pokeno is played with gusto on the first and third Saturdays. On one Saturday of each month, one lucky member wins a door prize. For more information, contact Sylvia at (301-598-5325).

Membership

Residents can join GIAC or learn more at the information table from 1:30-3 p.m. in Clubhouse II when representatives are available to provide information and answer questions about GIAC and its activities.

For more information about membership, call Sylvia at (301-598-5325).



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Writers Recount Sibling Rivalries, Former Friends and Family Ties

by Denise Barker

The rapidly growing Writers of Leisure World members had much to share in December.

Verna Denny wrote of happy Memorial Day weekends at the shore. Grace Cooper read her poem about the holidays, filled with cheery lights and memories of loved ones not here.

Steven P. Marini shared stories from his mystery novel, "Connections."

Woody Shields wrote of becoming a senior citizen, the business of "aging in place" and struggles with Medicare. He told also of the joys of surviving and the trials of transition to retirement.

Jane Hawes wrote a deeply sympathetic portrait of a former friend who, it turned out, hoarded friends as well as trains and tools. Denise Barker wrote about a high school science trip that

convinced her not to become a scientist.

Writing, Take Two

The Group's second meeting of the month brought more wise and caring memoirs and poems.

Grace Cooper wrote of historical encounters and "something familiar, something strange." Bobbie Troy offered two moving poems on life and death.

Radha Pillai wrote of tiny dolls called Muñeca quitapena in Latin America that people tell their troubles to.

Verna Denny wrote of her sister, Bari, and their lifelong competition that resolved after their mother's death. When her sister was born, Verna asked her mother, "When is she going away?"

Viola Stendardi wrote of her amazing grandmother who came from Italy to Arizona to be with her stonecutter husband in 1906. She arrived by stage-

coach with a tiny baby and bravely settled in, tending to her family and anyone in need of help or comfort.

Marion Bedell told of an early date with a boy in New York City, enchanted by the sight of the city from atop a high stone stair. Woody Shields offered a breakdown of deer hunting and outsmarting the game wardens.

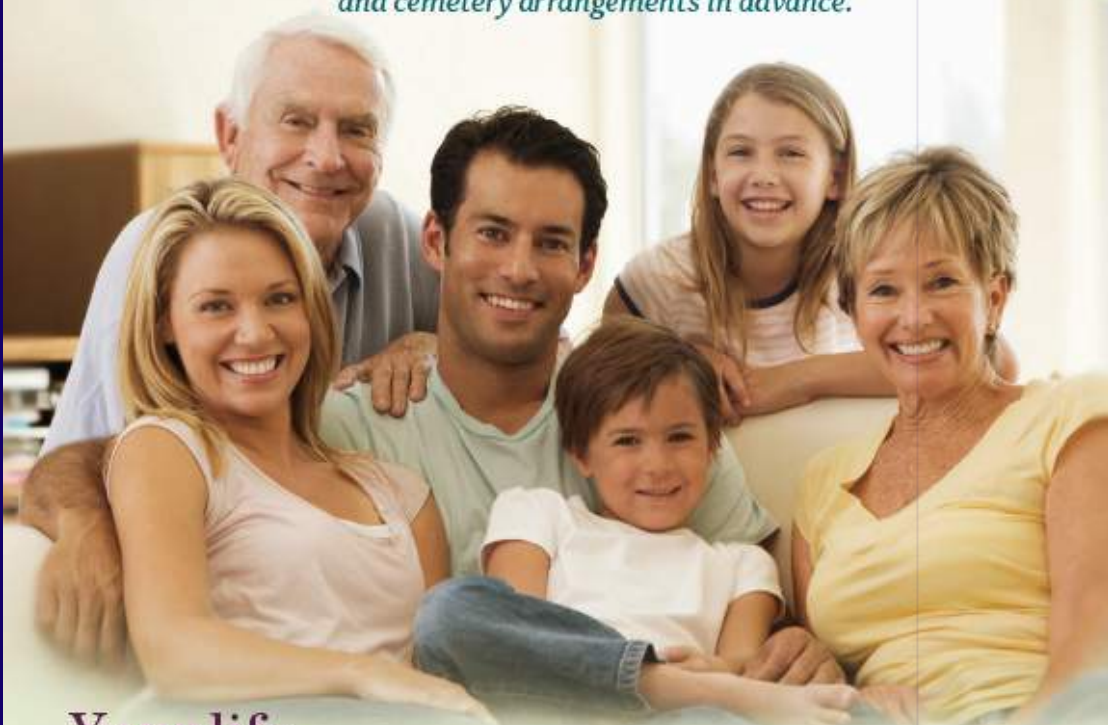
Denise Barker read a poem telling why she doesn't like winter, and Joanie Freidlander offered "Reflections" on life.

PD Wendkos gave an explanation for why he doesn't watch sports, and Steven P. Marini offered a concise essay on the career of Mohammed Ali.

General Information

The Writers of Leisure World meet on the first and third Thursdays of the month at 11 a.m. in Clubhouse I. All residents are welcome.

Join us for a **FREE** seminar on planning your funeral and cemetery arrangements in advance.



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■ Rossmoor Women's Club

Jan. 16: Celebrate the Season at Winter Brunch

by Marcia Elbrand

The Rossmoor Women's Club (RWC) holds its Winter Brunch on Wednesday, Jan. 16, with doors to the Clubhouse I Crystal Ballroom opening at 10:30 a.m.

The popular event includes scrambled eggs, hash browns, bacon, sausage, lox and bagels, spiced apples, fresh fruit, biscuits, assorted Danish and muffins, juices, coffee and tea. The event is open to all members and their guests.

Guest speaker Kemah Gbolokai is the residential coordinator for the Betty Ann Krahne Center, the only emergency domestic violence shelter for women and children in Montgomery County.

The Center is one of more than a dozen charities RWC supports. Program chairperson for the event is Rhoda Lawrence.

RSVP

To attend the brunch, reservation checks (\$25 per person, payable to Rossmoor Women's Club) must be received by Saturday, Jan. 12. Mail checks to Carolyn Thompson at (15000 Pennfield Cir., #202, Silver Spring, MD 20906).

Call Carolyn at (301-806-5383) if you would like to make arrangements to deliver your check to her in-person, or for any other questions. No refunds will be made after Saturday, Jan. 12.

In case of snow on the day of the brunch, please check channel 972, or call the daily events line at (301-598-1313) to obtain the status of the event. If the event goes on as scheduled that day, no refunds will be made.

It's Alchemy

Long ago, alchemists struggled in vain to turn base

metals into gold, but the 100-plus RWC members are succeeding at this task. In December, they managed to turn the proceeds from selling pecans, candy and fruitcakes, plus the profits from their vendors' sales of jewelry, accessories and gifts, into dollars.

Twenty children in the Head Start class at nearby Harmony Hills Elementary School are the happy beneficiaries.

Rita Posner and her dedicated volunteers recently delivered bags of wholesome food for the students' families, and Club vice president Noreen Potter gifted the beginning readers with beautifully wrapped books.

In the spring, RWC will award college scholarships to James Hubert Blake High School seniors and students in the ACES program at Montgomery College who could benefit from additional financial assistance.

Membership

"If you are not currently a member of the Rossmoor Women's Club, it's time to be part of the magic," says membership chairperson Arlene Siller. Membership checks for \$40, payable to Rossmoor Women's Club, should be sent to Siller at (3100 North Leisure World Blvd. #909, Silver Spring, MD 20906).

For questions, contact her at (abs929@yahoo.com) or (301-460-7859).

Upcoming Events

- Feb. 20 – Annual Tea
- March 11 – Vendor Sale—gifts galore—at Bedford Courts
- April 10 – Trip to Dutch's Daughter Buffet in Frederick and Langanore Winecellars in Mt. Airy
- May 15 – Scholarship Luncheon

■ Women's Fun Bunch

Feb. 17: Dessert Valentine Party

by Marlene Golden

Join the Women's Fun Bunch on Sunday, Feb. 17, at 2 p.m. in Clubhouse I for a Dessert Valentine Party.

Attendees are asked to bring a \$10 wrapped gift to exchange and a picture of themselves as a baby or young child.

The Group will exchange gifts, play some games and have dessert.

The cost of the dessert party is \$16 per person. To attend, send a check, payable to Elinor Tattar, to (15300 Pine Orchard Dr., Apt. 3K, Silver Spring, MD 20906).

The deadline to receive checks is Monday, Feb. 11. For more information, call Elinor at (301-438-9299).

The Group is also collecting \$15 for its 2019 dues. This may be included with your check for the Valentine party.

The Group had a great time at its last gathering – a holiday party – and The Capitol Steps were phenomenal.

For more information about the Women's Fun Bunch, call Marlene Golden at (301-438-7773). Join the Group for lots of fun and companionship.

■ Comedy and Humor Club

Club Meeting Features Christmas-Related Humor

by Al Karr

The Comedy Club meets every Tuesday in Clubhouse II, from 1:30-3 p.m. Come join if you're in a fun-loving mood (or would like to be).

At the final meeting of 2018, joke-tellers and laughter included vice president John Lass, Herb Hodes, Skip Schoening, treasurer Sumner Levin, president Sam Hack, Wally Becker and Al Karr. Here a few of the belly-whopping (or tickling) comedy quips they presented:

- John (our frequent leadoff funny man) – What do you call Santa living at the South Pole? A lost Clause; and people afraid of Santa? Claustrophobic. What do you call a kid who doesn't believe in Santa? A rebel without a Clause.
- Why was Santa's helper depressed? Because he lacked elf esteem. A little girl climbed on Santa's lap, and he asked her what she wanted for Christmas. She gasped, "Didn't you get my email?"
- Sumner – A mechanic was working on a cardiologist customer's Lexus. The mechanic removed the engine and did a lot of expert work, including changing the valves, oil and other fixes, and put the engine back together in its proper place. Why, he asked, did the doctor get paid a million dollars for heart surgery, but the mechanic gets peanuts? "Try that with the engine running," the cardiologist replied.
- Sam – A family ordered eggs benedict for Christmas dinner, and the waiter brought the servings on shiny metal dishes. "What goes," they asked. "There's nothing like chrome for the Hollandaise," said the waiter.

Boomers' Activities Accommodate Working Residents' Schedules

by Beth Leanza

Baby Boomers are a social Club, and a great way to meet others, especially if you are still working!

The Club schedules its activities on weekday evenings and weekends so that working members can join in the fun.

Once a month on a Friday, the Club shows a movie at 7 p.m. in the Clubhouse II auditorium. Also once a month on a Saturday, a group of Club members go out to dinner followed by a movie at a local theater. Club members also enjoy the occasional trip to Toby's Dinner Theatre in Columbia.

Saturday nights are also for potluck dinners, often featuring a live band and dancing. On Sunday nights, the Club often holds game night. People bring their favorite games and gather in small groups in Clubhouse II.

In February, the Club welcomes Still Surfin,' a Beach Boys tribute band. Members should watch their email inbox for details.

Membership

The Club's membership is ready and waiting to receive your dues and get you signed up. Send a check for \$5 per member, payable to Baby Boomer Club, to Susan Landesberg at (3503 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

Include your address and phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who does.

Adding the Baby Boomer group email address (bbclw@googlegroups.com) to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder. The Club keeps its emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

The Club's website is available at (<https://sites.google.com/site/bbclwmd>) and includes a calendar with walk information.

Friday Hikes with Joyce

Any resident is welcome to join the Club's walkers without having to join the Club. Joyce Richardson leads walks on Fridays. The group meets at 1:15 p.m. at a local trail. Most walk about three miles, but some walk in halfway and return. If you want to carpool to the trail, contact Joyce at (301-598-7098) or (777cheekie333@gmail.com) by Thursday night.

- Jan. 11 – Rachel Carson Conservation Park (Brookville, MD) Meet in the parking lot near the display map at 1:15 p.m. Bring water. Turn right onto Georgia Avenue, and turn left onto Route 108. Drive approximately two and a half miles, and then turn right onto Zion Road. Drive approximately 3.2 miles, and turn right into the parking lot.
- Jan. 18 – Berma Road (Potomac, MD) Meet in the parking lot across from Old Angler's Inn at 1:15 p.m. Bring water. Drive through the Norbeck Gate and make a left onto Norbeck Road. Norbeck Road becomes First Street for a short distance, and then becomes Wootton Parkway. Turn left onto Falls Road. Falls Road becomes MacArthur Boulevard. Continue on MacArthur Boulevard until you see The Old Angler's Inn on the left.

The Berma Road parking lot is on the right.

Sunday Morning Walks

Meet up on Sundays at 8:15 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. Afterward, join the walkers for breakfast. For more information, email Ted Michos at (Tedmichos@gmail.com).

Weeknight Walks

For an approximate one-mile walk around the Broadwalk, meet

Monday to Friday at 5:15 p.m. in Clubhouse I lobby. No announcement is made; just look for a group forming and introduce yourself.

AVA Walks

One Club member also belongs to the American Volkssport Association (AVA), which holds events and provides guides to local walks of interest. He posts AVA walk information on the Club's website, (<https://sites.google.com/site/bbclwmd>). Click on Walks, below the events calendar.



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B w/Garage Space! – 8th floor in **Overlook** w/panoramic views. Two bedrooms with en suite baths, living room, dining room, table-space kitchen, and enclosed balcony. Freshly painted. And don't forget the garage space! **\$239,900**

H – Located on the 6th floor in Building 2 of **The Greens**, this 2 bedroom, 2 bath apartment has lovely golf course/pond/views. Windows on three sides include the table-space kitchen, formal dining room, and wonderful enclosed balcony! New wall-to-wall carpeting, ready for move-in. **\$185,000**

STAUNTON – **Coming after Thanksgiving!** Very close to Clubhouse I, the "more than an efficiency" has everything you need including assigned parking. Keep looking here for more information!

GG w/Garage Space – 8th Floor in **Bldg. 1 of The Greens**, this two bedroom, two bath apartment is freshly painted with new wall-to-wall carpeting and a lovely view of trees and golf course from all windows and enclosed balcony. And don't forget the garage space! **\$194,500**

B – In Building 1 of **Villa Cortese**. Bright and spacious, fresh paint, and ready for you to move in! Two bedroom, 2 bath apartment very close to Clubhouse I. Living room, dining room, table-space kitchen, enclosed balcony, sunny and bright and priced to sell! **\$215,000**

ELIZABETH – In **Montgomery Mutual**, no-stairs access by side door from enclosed sun room! 2 Bedrooms, 1-1/2 Baths, updated kitchen with beautiful granite, laminate floors throughout. **\$129,900**

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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Boston Group: If you have not yet attended a meeting and are a Bostonian, please let us hear from you. After meeting earlier this month, it was decided that members would arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189 and leave a message).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota “Loty” Goldenberg at (301-598-6869).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Jan. 11. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel’s mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

LW Green: LW Green was formed in 2015 by residents who are enthusiastic about becoming better environmental stewards. Meetings are the fourth Wednesdays of the month at 2 p.m. in Clubhouse I. All those who care about the natural resources in Leisure World and the outside communities are urged to join us. For more information, contact Janice McLean at (janicewmclean@gmail.com).

LW LGBT Alliance: Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, email us at (lwlgbt@gmail.com).

Musical Jammers: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have

fun – no dues, no meetings, no agendas, no committees. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we’ll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our more than 1,000 members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: The Philadelphians will not be meeting during the winter months (December, January, and February), but will regroup in March 2019. For further information, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Jan. 10.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology “The O. Henry Prize Stories 2018,” which contains 20 award-winning stories by various authors. On Wednesday, Jan. 16, John Moens will lead a discussion of “Night in Logar” by Jamil Jan Kochai. On Wednesday, Feb. 6, Gina Hirsch will lead a discussion of “How We Eat” by Mark Jude Poirier. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for “show-and-tell,” and we hold an auction of members’ stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastro-rocco at (301-814-9196).

Town Meeting Organization: (TMO) is a movement of residents concerned about governance and management that meets every month to discuss and schedule community-wide town hall meetings. Topics such as the proposed administration building, funding a strategic plan, community governance and management involvement in mutual elections, are addressed. The town halls are held to inform and involve residents in issues affecting them. TMO meets the third Thursday of each month at 2 p.m. in Clubhouse I. All residents are invited to attend and become active in the movement. For information, email (admin@townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women’s Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Leisure World Club Trips

The next deadline for trip submissions is **Monday, Jan. 7**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

March 27 Murder at Mount Hope Mansion Lancaster, PA

Join the **Going It Alone Club** for an interactive “whodunit” performance and a four-course lunch at the mansion.

The bus departs Clubhouse II at 10 a.m., and returns at approximately 6 p.m.

The cost is \$85 for members, and \$93 for non-members, and includes the show, lunch, tax and gratuities. Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, Feb. 23, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

April 28 A Taste of Italy Baltimore, MD

The **Italian Social and Cultural Club** invites you along on a trip to historic Little Italy in Baltimore for lunch at the world-famous Sabatino’s Italian Restaurant and sightseeing.

The bus departs Clubhouse II at 10:30 a.m., with lunch at Sabatino’s at approximately 11:30 a.m. Following lunch, there will be time to explore Little Italy.

The bus departs for Leisure World at 3:30 p.m., arriving at Clubhouse II at approximately 4:30 p.m.

The cost is \$69 per person and includes transportation and lunch. Lunch features salad with Sabatino’s house dressing; Italian bread and butter; and an entrée choice of lasagna, linguini marinara, tortellini with sauce, cheese ravioli, eggplant parmigiana, chicken alle marche or chicken lynn red, with cake or spumoni for dessert.

To make reservations, call Eyre Tour and Travel at (301-598-1599) or (301-854-6600 extension 4) or drop by the Eyre office in Clubhouse I.

May 15 American Music Theatre Lancaster, PA

Join the **Going It Alone Club** to see the 2019 AMT show, “Ovation – An AMT Pop Orchestra Experience.” The show features tributes to such music greats as Rosemary Clooney, Tony Bennett, Frank Sinatra, Ella Fitzgerald and other pop music greats. The trip also includes lunch at Bird-in-Hand Restaurant. The bus departs Clubhouse II at 9 a.m. and returns at approximately 8 p.m.

The cost is \$85 for members, \$93 non-members, and includes lunch, show, tax and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, April 13, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

7/29-8/2 2019 National Black Theatre Festival, NC

LWAAAC is hosting a five-day/four-night trip to the National Black Theatre Festival in Winston-Salem, North Carolina. The Festival is the 16th biennial event of over 100 theatrical performances, films, workshops, seminars, international conferences, vendors and much more that will saturate the city with an impressive array of entertainment. All residents are invited.

The cost is \$937 per person, double occupancy, or \$1,450 for single occupancy and includes travel, hotel accommodations, breakfast, shuttle service to and from the convention center and a city tour. Call (800-321-3973, extension 4) to reserve a spot. The deposit to Eyre Travel is \$100 per person at the time of booking with the final payment due by Tuesday, May 28. Incremental payments may be arranged, and travel insurance may be purchased.

For details, visit Eyre Travel in Clubhouse I. A fact sheet and the daily itinerary are available from Al Holston or Glenne Martin at (301-438-3537), or Verna Denny at (301-598-1418).

Sept. 16-20 Pigeon Forge and Smoky Mountains Shows, TN

All residents are invited to come with the **Going It Alone Club** on a five-day, four-night trip to Pigeon Forge and the Great Smoky Mountains of Tennessee. The trip includes four breakfasts and four dinners, entrance to the Titanic Museum, five shows, free time in historic downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

The bus departs Clubhouse II at 8 a.m. on Monday, Sept. 16 and returns late afternoon on Friday, Sept. 20

The cost for double occupancy is \$480 per person for Club members; \$488 for non-members; and \$149 additional for single occupancy. A \$200 deposit is due upon sign-up, with the final payment due by July 9.

Travel insurance is available.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 15, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner’s own risk.

SPORTS, GAMES & Scoreboards

■ 10-Pin Bowling League

Half and Half Retains Full Lead

by Rita Mastrorocco

During winter the following bad weather rule is in effect: If Montgomery County schools either close or have a two-hour delay because of snow or icy conditions, the league does not bowl.

The league is based on handicaps with averages ranging from 96 to 175. Even if you have not bowled in years, come out and join the fun.



The top league standings as of Dec. 21, 2018 are: Half and Half in first place; Wild Things in second place; and Huggers in third place.

Top scores for the week of Dec. 14, 2018 are:

- Scratch Game – Wild Things, 614 pins
- Scratch Series – Huggers, 1,746 pins
- Handicap Game –Winners, 880 pins
- Handicap Series – Huggers, 2,535 pins
- High Average Men – Steve Hays, 175 pins
- Scratch Game Men – George Izumi, 200 pins
- Scratch Series Men – Steve Mueller, 521 pins
- Handicap Game Men – Arnie Lerma, 265 pins
- Handicap Series Men – George Izumi, 680 pins

- High Average Women – Chris Porter, 168 pins
- Scratch Game Women – Chris Porter, 186 pins
- Scratch Series Women – Chris Porter, 478 pins
- Handicap Game Women – Betty Roeder, 251 pins
- Handicap Series Women – Betty Roeder, 656 pins

Top scores for the week of Dec. 21, 2018 are:

- Scratch Game – Wild Things, 605 pins
- Scratch Series – Wild Things, 1,795 pins
- Handicap Game – Winners, 881 pins
- Handicap Series – Half and Half, 2,560 pins
- High Average Men – Steve Hays, 175 pins
- Scratch Game Men – Chuck Martinez, 208 pins
- Scratch Series Men – Bill Thomas, 521 pins
- Handicap Game Men –

- Chuck Martinez, 264 pins
- Handicap Series Men – Bill Thomas, 686 pins
- High Average Women – Chris Porter, 168 pins
- Scratch Game Women – Chris Porter, 187 pins
- Scratch Series Women – Jessica Stephens, 532 pins
- Handicap Game Women – Julie Thomas, 242 pins
- Handicap Series Women – Jessica Stephens, 703 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Road in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11. If interested, call Rita at (301-814-9196).

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GOOD TO KNOW: INDOOR POOLS

AVAILABLE YEAR-ROUND

by Leisure World News

Leisure World has an indoor lap pool, social pool and whirlpool, providing residents year-round opportunities for swimming.

Residents may choose to pay an annual (\$150), monthly (\$40) or daily (\$3) fee to use the pools. The cost for one-time use for guests is \$6 for adults and \$3 for children.

Operating Hours

Monday	noon-8 p.m.
Tuesday-Thursday	8 a.m.-8 p.m.
Friday	8 a.m.-7 p.m.
Saturday-Sunday	8 a.m.-6 p.m.

Children aged four-15 may use the social pool weekdays from 10 a.m.-1 p.m. and weekends from 10 a.m.-3 p.m. Adults aged 16 and older may use the lap pool between 10 a.m.-1 p.m.

Patrons who use the whirlpool must have a pool ticket, sign a "Whirlpool Agreement" form, which is available at both E&R offices, and sign in.

The pools are closed on Thanksgiving Day, Christmas Day and New Year's Day. Hours are subject to change. Watch channel 972, call (301-598-1313) or check (residents.lwmc.com) for information.

Photo by Leisure World News

Resolving to Improve Chess Play

by Bernie Ascher

Time is endless and seamless – except on the calendar.

The calendar is a man-made invention, depicting one year of time, subdivided into days and months. This creates opportunities to celebrate the end of a year and the beginning of a new one. Some also celebrate the end of the month and sometimes even the end of each day. Regardless of these celebrations, as a law of nature, time goes marching on.

At the end of the year for most people, it has become customary to party and prepare for the next year by making resolutions, just as the Greeks and Romans did centuries ago to appease their gods. Today’s resolutions usually include eating less, exercising more, watching less television, reading more books and performing good deeds.

According to Forbes magazine, the reason why so many Americans make New Year’s resolutions is their desire for self-improvement, with some estimates claiming more than 40 percent of Americans makes New Year’s resolutions, compared to one-third who watch the Super Bowl.

“Only a tiny fraction” of resolutions are kept, Forbes said, citing University of Scranton research, which suggests that only eight percent of New Year’s goals are achieved.

Another New Year tradition is to make predictions for the following year, despite Yogi Berra’s advice not to make predictions, especially about the future. Looking ahead to next year, we can expect the following:

- More than 87,000 airplane flights will cross the country every day
- The U.S. Postal Service will deliver more than 650 million pieces of mail to as many as 142 million delivery points every day
- More than 120 million cell phones will be in use in the U.S.; more than 220 million in China; and more than 380 million in the rest of the world
- About 50 million people will attend college football games on autumn Saturdays
- On July 4, more than 150 million hot dogs will be eaten in the U.S.
- America will eat more than three billion pizzas (weighing over 250 million pounds) during the year
- Americans will generate more than 4.4 pounds of solid waste per person per day
- Winners of the National and American Leagues’ playoffs will meet each other in baseball’s World Series
- Americans will spend at least \$9 billion on Halloween costumes, candy and other

holiday items

- More than 50 million people will travel over 50 miles from home on the Thanksgiving holiday
- More than one million people will visit Times Square on New Year’s Eve
- More than three million people will visit Mecca during the annual pilgrimage
- Over 10 million people will visit the Great Wall of China
- More than seven million people will visit the Eiffel Tower

Chess players may resolve to not commit blunders and to improve their end game strategies. Perhaps they will win more games. In the game pictured on this page, White can mate in two moves. Do you see it?

The solution follows this message that the Chess Club meets on Mondays, Wednesdays and Fridays from 1-4 p.m. in Clubhouse II. Membership is free. For further information, call Bernie Ascher at (301-598-8577).

SOLUTION: White moves the Rook from



d1 to d8, checking the Black King, and forcing it to move to b7. The White Pawn at c7 then moves to c8, promoting the Pawn to a Queen. Checkmate!

So, do not wait for next year. Do not wait for more resolutions. Do not wait for predictions to come true. Play chess now!

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Tuesday, January 8, 2019

3:00 pm to 4:00 pm

During this seminar,
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- Background information regarding the most common forms of dementia
- Types and stages of dementia
- Physical, emotional and behavioral changes which occur within each type of dementia
- Early warning signs of dementia vs. normal aging memory loss
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■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points. Duplicate Games are Tuesday and Friday evenings at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com). Results also appear on (cuebid.com). If you need a partner for either the Tuesday or Friday game, call Shirley Light at (301-598-6611) at least 24 hours in advance.

Tuesday, Dec. 11, 2018

North-South

Flight A

1. Jerry Miller – Gerald Lerner
2. Shirley Light – Vern Skinner
3. Wendy Morrison – Joel Whitcup
4. Marilyn Udell – Maida Crocicchia

Flight B

1. Shirley Light – Vern Skinner
2. Wendy Morrison – Joel Whitcup
3. Marilyn Udell – Maida Crocicchia

East-West

Flight A

1. Aaron Navarro – Sue Swift
2. Robert Kerr – Jim Anschutz
3. Nadyne Cheary – Saul Penn
4. John Ryan – Alfred Caponiti

Flight B

3. Doug Brasse – Merrill Stern

Friday, Dec. 14, 2018

North-South

1. Leonard Taylor – Lillian Taylor
2. Wendy Morrison – Philip Berman

East-West

1. Robert Kerr – Patti Anschutz
2. Sue Swift – Susan Weiss

Tuesday, Dec. 18, 2018

North-South

Flight A

1. Aaron Navarro – Marlys Moholt
2. Jerry Miller – Gerald Lerner
3. Diane Keiper – Nadyne Cheary
4. Stephen Weiner – Larry Carswell

East-West

Flight A

1. Barry Tash – Howard Tash
2. Robert Kerr – Lorraine Hegel
3. Doug Brasse – Merrill Stern
4. Elaine Conway – Saul Penn

Friday, Dec. 21, 2018

One section only.

Flight A

- | | |
|-----------------------------------|------------------------------------|
| 1. Angela Riani – Nancy Gordon | 3. Sid Lotlikar – Michael Benefiel |
| 2. Wendy Morrison – Philip Berman | 4. Lorraine Hegel – Saul Penn |

■ Wednesday Night Chicago Bridge

Compiled by Abigail B. Murton

Dec. 12, 2018

1. Abigail Murton and Doug Brasse, 3,770
2. Norm Salenger and Linda Mihm, 2,910
3. Dottie Hurley and Dottie Donnelly, 2,140

Dec. 19, 2018

1. Joyce Riseberg and Dick Riseberg, 5,520
2. Dottie Hurley and Dottie Donnelly, 4,940
3. Norm Salenger and Linda Mihm, 3,530

■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Dec. 13, 2018

1. Evelyn Armstrong, 2,340
2. Ruthe Slone, 2,230
3. Judy Lindley, 1,780

Dec. 20, 2018

No game played.

■ Friday Bridge

Compiled by Shirley Rosenhaft

Dec. 7, 2018

1. Mort Faber, 3,320
2. Gloria Kitzler, 2,860
3. Shirley Rosenhaft, 2,210
4. Shirley Griffin, 2,170

Dec. 14, 2018

1. Marc Levin, 4,320
2. Mort Faber, 2,670
3. Irwin Bauman, 2,490
4. Jackie McCarthy, 2,190

Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501).

Bridge:

- **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). Results are also posted on (cuebid.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Nadyne at (301-598-5677).

- The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

- **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

- **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Chess: Free chess lessons for beginners and "rusty" players Monday and Wednesday in Clubhouse II. Call Lark Kellar at (301-219-5955) or Steve Harvith at (301-801-4693) for information. The Chess Club meets every Monday, Wednesday and Friday in Clubhouse II at 1-4 p.m.

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or

regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Mah-jongg: Learn how to play Mah-jongg. Call (301-598-3438).

Ping Pong: Get healthy exercise and camaraderie playing ping pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in Clubhouse II multi-purpose room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email at (julie12401@netscape.net).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

- **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).


- **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

- **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.


Thursday Night Poker meets 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Call Dave at (301-598-7064) for information or just come and join us.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Indoor Pool Volleyball: Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.



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CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



EDUCATION

NEW – Great Decisions in Foreign Policy, a CLL course:

Everyday we are assaulted with descriptions of world events that take away our sense of security and well being as Americans. We are especially concerned this year because the Trump administration is advancing a very different program of relationships with other nations.

The Center for Lifetime Learning (CLL) is presenting the 2019 version of the Foreign Policy Association's Great Decisions series. This year's discussion topics include: (1) Migration, (2) US-Mexico Relations, (3) Cyber-security, (4) Chinese Trade, (5) Nuclear Diplomacy, (6) Middle East Overview, (7) Rising Populism in Europe, and (8) The State of the State Department.

The class may discuss additional emergent topics that may be timely and which the class wants to explore. Participants will share their experiences and knowledge. We will identify significant drivers of these events, for example, sovereignty, resources, ethnicity, ideology, national interests, history, and personalities, and the impact

of these factors on the United States' ability to identify and influence the desired course of events.

Using the text prepared by the Foreign Policy Association (FPA), each topic is discussed in depth using FPA materials and additional experiences and materials brought to the seminars by the participants. The FPA has also prepared a DVD featuring foreign policy experts from academia and the public sector which introduces each session.

The class leader is Leisure World resident David Frager, who is a docent at the Smithsonian National Museum of American History and taught at the National Defense University for three years during a career at the Department of Defense. He led the highly regarded 2010-2018 discussions of Great Decisions and is the instructor for the Building America: Personalities and Perspectives series on American History for the Center for Lifetime Learning. He is also a member of the Creekside Board of Directors and the Board of Directors of Leisure World.

Class meets Thursdays, Feb. 28-May 2 (no class March

21 or April 18), 2-3:30 p.m.

Fee (including text): \$50 per person, \$75 if couple sharing one book. Register at Clubhouse I.

The Convergence of Geography and History – How the Physical World Has Affected Us All, a CLL Class:

Do you remember in elementary school when the teacher would say, "it's, time for some geography" and most of the class would groan, "Oh, no, not geography!" Why did we, as children, express a dislike for geography? And why are many of today's adults geographically challenged?

Tom Conger, the Center for Lifelong Learning's geography lecturer, thinks he knows why. It's the way geography was taught to us. We memorized the state capitals, learned where Africa was on a map, and found out that pineapples came from Hawaii. What we didn't learn is that everything that happens on the surface of the earth has an impact on everything else.

Geography is unique in bridging the social sciences (human geography) with the natural sciences (physical geography), recognizing the great differences in cultures, political systems, economies and landscapes across the world, and the links between them.

In this course, participants delve into what geography is and how it is linked to historical events. And, to end on a humorous note, there will be a look at some geographical bloopers, redundancies and outright "I can't believe that he/she said that" events.

Class meets Tuesdays, Feb. 5-March 12, 1-2 p.m. **Fee: \$15. Register at Clubhouse I.**

Book Discussion: "Just Mercy: A Story of Justice and Redemption," a CLL course:

Author Bryan Stevenson, Harvard Law School graduate, practicing attorney and co-founder of the Equal Justice Initiative, tells the story of Walter McMillan, a black

man who was accused of the murder of a white woman and placed on death row even before his sentence had been determined. In recounting this story, Stevenson exposes weaknesses in the criminal justice system, and raises questions about the death penalty.

This book discussion is led by Paul Levy. Participating students will be doing a close reading and must have completed chapters 1-10 before the first class. The course will focus on several of the stories Stevenson tells as a basis for class discussions on criminal justice reform.

Students must bring their own copy of the book to class. Used and new copies of the unabridged book are available for purchase online (amazon.com, abebooks.com), and a limited number may be available through the Montgomery County Public Library.

Class meets Mondays, Feb. 4 and Feb. 11, from 10-11:15 a.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

NEW – Basic Arabic Language Skills:

Led by Dr. Phil Wendkos, this course will cover basic Arabic language skills that will give you a familiarity for and help you navigate your way in the Arab world.

Participants will learn how to ask for directions, what to say in an emergency, how to address people and typical greetings, how to get around in and call for a taxi, how to describe illnesses to doctors, plus words and expressions to describe foods, educational opportunities, shopping and where to find the American consulate.

Participants will learn the Arabic alphabet and practice elementary readings in Arabic. Bring iPads.

Be brave and sign up. Class meets Fridays, Feb. 1-Feb. 15, 10:30-11:30 a.m. **Fee: \$25. Register at Clubhouse I.**

Journeys and Experiences of The Musical Mind with Dr. Harry N. Dunstan:

Music and engaged listening positively transform our lives like nothing else! These four classes will demonstrate through lectures, recorded examples and live performances how music and perception of sound are perhaps the most life-enhancing activities we pursue as human beings.

The average person experiences at least four hours of music every day and our musical experiences shape our lives in conscious and even subconscious ways! Sound is our most primal and experiential sense: as humans we first experience the world “in utero” through sound and it is the last sense to leave us. Ironically, in today’s modern world, we frequently take for granted our wonderful sense of hearing the world.

These classes will help you lead a more engaged and enhanced life through a greater apprehension of music and sound. These four classes will reveal: (1) How the mind processes words, symbols, and music for deeper meaning; (2) How to hear color in music: we will explore what Van Gogh and Gauguin “heard” in their paintings; (3) How to navigate sonic landscapes: learn how to listen to music soundtracks in film, television and the concert hall and what you should hear and feel; and (4) Whither music: a sweeping history of why music has been one of the greatest survival tools of humanity.

Led by the ever-engaging tenor, musicologist and raconteur Dunstan, from the American Center for Puccini Studies, these classes will help us discover that we are truly human because we are musical!

Class meets Fridays, Jan. 18-Feb. 8, 11 a.m.-noon. **Fee: \$30. Register at Clubhouse I.**

EXERCISE

Move It or Lose It: Enjoy dancing to the rhythm of a beat? These aerobic exercises will keep you moving and up on your feet.

Movements are designed to promote cardiovascular health while having fun. Warm up and cool down are designed to

strengthen and tone.

Questions? Contact Betty Smith, Certified Group Exercise Instructor, at (301-598-4245).

Class meets Wednesdays, Jan. 16-Feb. 13, 4-5 p.m. **Fee: \$29. Register at Clubhouse II.**

Zumba Gold with Denny – Mondays or Fridays: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Jan. 14-March 11 (no class Feb. 18), 10:30-11:30 a.m. or Fridays, Jan. 18-March 15 (no class Feb. 15), 1-2 p.m. **Fee: \$55 for one day; \$100 for two days, \$150 for three days. Register at Clubhouse II.**

Zumba Gold with Denny – Wednesdays. New day and time added to this already popular class.

This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that

are used in the Zumba basic program. Class meets Wednesdays, Jan. 16-March 13 (no class Feb. 20), 10-11 a.m. **Fee: \$55 for one day; \$100 for two days, \$150 for three days. Register at Clubhouse II.**

Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Jan. 7-Feb. 11, and Thursdays (with Sue), Jan. 10-Feb. 14, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Jan. 8-Feb. 12, and Wednesdays, Jan. 9-Feb. 13, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

WATER EXERCISE

Water Exercise with Nancy: Participants will gain strength, stamina and tone from

this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Jan. 8-Feb. 12, and Thursdays, Jan. 10-Feb. 14, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**


Non-impact Fusion Water Exercise with Beth:

This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Jan. 8-Feb. 12, and Thursdays, Jan. 10-Feb. 14, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Jan. 9-Feb. 13, from 1-2 p.m. **Fee: \$36, one day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.**




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Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
3310 N Leisure World Blvd, #103-6	Fairways North	Unit/Flat	1	1	\$112,500	\$110,000	\$1,000
3330 N Leisure World Blvd, #5-203	Fairways South	Other	1	1	\$132,000	\$132	\$450
14807 Lindsey Ln, #227-B	Leisure World	Twin/Semi-Detached	2	1.5	\$239,000	\$241,500	\$6,273
14805 Pennfield Cir, #302	Leisure World	Unit/Flat	2	2	\$299,888	\$326,000	\$0
3314 Chiswick Ct, #62-1E	Leisure World	Unit/Flat	1	1	\$67,900	\$61,000	\$0
3443 Leisure World Blvd, #87-2E	Leisure World	Unit/Flat	2	1	\$110,000	\$113,000	\$0
3005 Leisure World Blvd, #624	Leisure World	Unit/Flat	2	2	\$218,900	\$220,000	\$0
14800 Pennfield Cir, #405	Leisure World	Unit/Flat	2	2	\$215,000	\$200,000	\$0
3650 Gleneagles Dr, #11-1D	Montgomery Mutual Coop	Unit/Flat	2	1.5	\$129,900	\$125,000	\$0
3322 Chiswick Ct, #61-1H	Montgomery Mutual Coop	Unit/Flat	1	1	\$66,000	\$60,000	\$0
3642 Gleneagles Dr, #10-3F	Montgomery Mutual Coop	Unit/Flat	1	1	\$74,000	\$72,000	\$200
15107 Interlachen Dr, #2-710	The Greens	Other	2	2	\$210,000	\$210,000	\$4,200
15100 Interlachen Dr, #4-1017	The Greens	Unit/Flat	2	2	\$179,000	\$165,000	\$0
15115 Interlachen Dr, #3-508	The Greens	Unit/Flat	2	2	\$150,000	\$135,000	\$0
3200 N Leisure World Blvd, #218	Vantage Point East	Unit/Flat	2	2	\$298,500	\$290,000	\$0
14809 Pennfield Cir, #206	Villa Cortese	Unit/Flat	2	2	\$284,900	\$285,000	\$0
14809 Pennfield Cir, #406	Villa Cortese	Unit/Flat	2	2	\$299,000	\$287,000	\$10,000



UNDER CONTRACT!!!

15111 Glade Drive, #12-1F

Updated 1 bedroom, 1.5 bath condo! Living room leads to enclosed porch!



SOLD!!!

3330 N Leisure World Blvd, #5-203

Updated kitchen and baths with granite counters! Amazing view of golf course!



UNDER CONTRACT!!!

3218 Glen Eagles Drive, #109-K

2 BR, 2.5 BA townhome with golf course view! Updated kitchen & bright sun



Scott Keenum

- ✓ Resident of Leisure World & represented Leisure World at the Maryland Senior Olympics winning a Silver Medal in Pickleball
- ✓ U.S. Army Veteran
- ✓ 30 Years of Experience in the Mortgage Industry

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CALENDAR *of Events*

Friday, January 4

Clubhouse I

12:15 p.m. Kiwanis Club
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping-Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
4:00 p.m. Pickleball Club

Saturday, January 5

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. American Needlepoint Guild (ANG)
7:00 p.m. Sock Hop Dance Group
Clubhouse II
9:15 a.m. JRLW Service
2:00 p.m. Going It Alone Club: Social

Sunday, January 6

Clubhouse I

No Scheduled Activities
Clubhouse II
2:30 p.m. Fireside Forum: Roger Blacklow on America’s Labor Unions

Monday, January 7

Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training
10:00 a.m. CLL General Meeting
10:30 a.m. Stretch, Tone and Balance Class
1:00 p.m. Paintbrush and Knife Art Class
1:30 p.m. Leisure World Chorale
7:00 p.m. Bingo
Clubhouse II
9:00 a.m. Senior Sneakers
10:00 a.m. Clipper Workshop
11:00 a.m. Chair Yoga Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Line Dance Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Line Dance Class
3:00 p.m. Ping Pong Club
4:00 p.m. Ba Duan Class
5:30 p.m. Model Railroad Club: Operating Session

Tuesday, January 8

Clubhouse I

9:30 a.m. Any Medium Art Class
11:00 a.m. Art in Motion: Quarterly Meeting
1:00 p.m. Pastels Art Class
1:00 p.m. Amateur Radio Club
1:30 p.m. Book Club Network: Non-Fiction
2:00 p.m. Compassion and Choices: Dr. Michael Strauss, guest speaker
7:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginner and Advance Tai Chi Class
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group: Holiday Party

1:00 p.m. Non-impact Fusion Water Exercise Class
1:30 p.m. Comedy and Humor Club
2:00 p.m. Fitness Center Orientation Tour
3:00 p.m. Parkinson’s Support Group
7:00 p.m. Camera Club

Wednesday, January 9

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Drawing Basics Art Class
1:00 p.m. Oils, Acrylics, Miniatures Art Class
1:00 p.m. Low Vision Support Group
6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
2:00 p.m. Chair Yoga Class
5:30 p.m. Model Railroad Club: Operating Session

Thursday, January 10

Clubhouse I

9:15 a.m. Stretch, Tone & Strength Training Class
10:00 a.m. Painting is for Everyone – Basic Watercolor Art Class
10:30 a.m. LW New Yorkers and Friends Group
10:30 a.m. Stretch, Tone and Balance Class
12:30 p.m. Ladies’ Bridge
1:00 p.m. Oils and Acrylics Art Class
7:00 p.m. Democratic Club: Marvin Kalb, guest speaker
Clubhouse II
9:30 a.m. Beginner & Advanced Tai Chi Class
9:30 a.m. Quilters Group
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. Non-impact Fusion Water Exercise Class
2:00 p.m. Model Railroad Club: Operating Session
4:00 p.m. Tap Dancing in a Chair Class
7:00 p.m. Vegetarian Society movie: “What the Health”

Friday, January 11

Clubhouse I

10:00 a.m. Chinese Brush and Ink Landscape Painting Art Class
10:30 a.m. AARP Tax Aid Information Session
11:00 a.m. Book Club Network: Literary Ladies Who Lunch
1:30 p.m. Watercolor Any Level Art Class
3:00 p.m. Hispanos de LW: Bingo
5:00 p.m. Arts in Motion program: Lou Jerome Blues Band
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
10:00 a.m. Chinese Club

Dial 301-598-1313
for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Budget and Finance

Jan. 16, 10:00 a.m., Clubhouse II

Communications

Jan. 17, 10:00 a.m., Clubhouse I

Community Planning

Jan. 14, 9:30 a.m., Clubhouse I

Education & Recreation

Jan. 7, 1:00 p.m., Clubhouse I

Energy

Jan. 15, 9:30 a.m., Clubhouse I

Government Affairs

Jan. 14, 2:00 p.m., Sullivan Room

Health

Jan. 16, 2:00 p.m., Clubhouse I

Physical Properties

Jan. 8, 9:30 a.m., Clubhouse II

Security and Transportation

Jan. 10, 9:30 a.m., Clubhouse I

Technology

Jan. 8, 1:30 p.m., Clubhouse I

LWCC Board of Directors

Jan. 4, 9:30 a.m., Organizational Meeting, Clubhouse I (not recorded)

Jan. 29, 9:30 a.m., Clubhouse I

The meeting airs on Feb. 4, 6 and 8 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

Jan. 18, 9:30 a.m., Sullivan Room

The meeting airs on Jan. 23, 24 and 25 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change.

Sign in to (residents.lwmc.com) and check the calendar for any changes.

Meetings are open to all residents and absentee owners.

Leisure World Mutual Meetings

January 8

Mutual 16 Board

9:30 a.m., Sullivan Room

Mutual 19A Board

9:30 a.m., Clubhouse II

Mutual 7 Board

1:00 p.m., Sullivan Room

Mutual 18 Board

1:30 p.m., Clubhouse I

Mutual 25 Board

7:00 p.m., Sullivan Room

January 9

Mutual 8 Board

10:00 a.m., Sullivan Room

Mutual 11 Board

11:00 a.m., Sullivan Room

January 10

Mutual 12 Board

1:00 p.m., Sullivan Room

January 15

Mutual 14 Board

9:30 a.m., Sullivan Room

Mutual 13 Board

1:30 p.m., Sullivan Room

January 16

Mutual 5 Board

9:00 a.m., Sullivan Room

January 17

Mutual 15 Board

9:30 a.m., Sullivan Room

Mutual 12 Special Meeting

2:00 p.m., Sullivan Room

Meeting times and locations are subject to change.

Sign in to (residents.lwmc.com) and check the calendar for any changes.

Mutual board meetings are open to respective mutual residents and absentee owners.

1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge

Saturday, January 12

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio

Clubhouse II

9:15 a.m. JRLW Shabbat Service
2:00 p.m. Going It Alone Club: Social

Sunday, January 13

Clubhouse I

No scheduled activities.

Clubhouse II
No scheduled activities.

Monday, January 14
Clubhouse I
9:15 a.m. Stretch, Tone & Strength Training Class
10:00 a.m. Garden and Environmental Club
10:30 a.m. Stretch, Tone & Balance Class
1:30 p.m. LW Chorale
7:00 p.m. Bingo
Clubhouse II
9:00 a.m. Senior Sneakers Class
10:30 a.m. Zumba Gold Class
11:00 a.m. Chair Yoga Class
1:00 p.m. Chess Club
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
3:00 p.m. Ping Pong Club
4:00 p.m. Ba Duan Class
5:30 p.m. Model Railroad Club: Operating Session

Tuesday, January 15
Clubhouse I
9:00 a.m. Blood Pressure Testing
9:30 a.m. Any Medium Art Class
1:00 p.m. Pastels Art Class
1:30 p.m. E&R Event: Steve Friedman – “First It Was a Play, Then It Became a Musical”
7:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Club Clinic
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Exercise Class
1:30 p.m. Stroke Support Group program: “Safety for Seniors”
1:30 p.m. Comedy and Humor Club

Wednesday, January 16
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Drawing Basics Art Class
10:30 a.m. Rossmoor Women’s Club: Winter Brunch
11:00 a.m. Short Story Group
1:00 p.m. Oils, Acrylics, Miniature Art Class
6:45 p.m. Chicago Bridge
Clubhouse II
10:30 a.m. Zumba Gold Class
11:00 a.m. Mild Exercise Class
1:00 p.m. LW Cannabis 101 Club Documentary: “Weed the People”
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
2:00 p.m. Chair Yoga Class
4:00 p.m. Move It or Lose It Class
5:30 p.m. Model Railroad Club: Operating Session
7:00 p.m. Fun and Fancy Theatre Group auditions

Thursday, January 17
Clubhouse I
9:15 a.m. Stretch, Tone and Strength Training Class

10:00 a.m. Painting is for Everyone – Basic Watercolor Art Class
10:30 a.m. Stretch, Tone and Balance Class
11:00 a.m. Writer’s of Leisure World
12:30 p.m. Ladies’ Bridge
1:00 p.m. Oils and Acrylics Art Class
2:00 p.m. JRLW and CLL program: Captioned Telephones for the Hearing Impaired
2:00 p.m. Town Meeting Organization
2:00 p.m. Book Club Network: Thursday Readers
2:00 p.m. Democratic Club Seminar on Legislation
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner and Advanced Tai Chi Class
10:00 a.m. Stitching Group
10:00 a.m. MVA Mobile Office
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. E&R Movie: “RBG”
1:00 p.m. Non-impact Fusion Water Exercise Class
2:00 p.m. Model Railroad Club: Operating Session
4:00 p.m. Tap Dancing in a Chair Class

Friday, January 18
Clubhouse I
10:00 a.m. Chinese Brush and Ink Landscape Painting Art Class
10:00 a.m. Book Club Network: Bookies

10:00 a.m. Book Club Network: Searchers
11:00 a.m. Journeys and Experiences of the Musical Mind Class
12:15 p.m. Kiwanis Club
1:00 p.m. Watercolor Any Level Art Class
3:00 p.m. Hispanos de LW: Bingo
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Zumba Gold Class
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
7:00 p.m. Baby Boomer: Movie

Saturday, January 19
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
Clubhouse II
9:15 a.m. JRLW Services
10:00 a.m. Fun and Fancy Theatre Group auditions
12:00 p.m. LW LGBT Alliance
2:00 p.m. Going It Alone Club: Bingo
4:30 p.m. E&R Event: “Sittin’ on a Rainbow”: Julie Kurzava and Diane Kinsley
7:00 p.m. Sock Hop Dance Group

Sunday, January 20
Clubhouse I
10:00 a.m. JRLW Breakfast Forum: Rabbi Stan Levin, guest speaker
Clubhouse II
3:30 p.m. Camera Club Photo Matinee with Frank Van Riper



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Clubhouse Grille

STARTERS

- * **Fried Oysters**..... \$13
cocktail sauce
- * **Fried Calamari** \$13
marinara
- * **Gravlox** \$12
goat cheese/garlic toast
- * **Fish or Beef Tacos (3)**..... \$12
pico de gallo/avocado
- * **Pei Mussels** \$12
wine and butter sauce /garlic toast
- * **Shrimp Provencal** \$13
jumbo shrimp/garlic butter/mixed greens

FRESH MADE SALADS

- * **Seafood Salad** \$17
market fresh fish/shrimp/mixed greens
- * **Steak Salad** \$17
mixed greens/tenderloin/red onion/egg
- * **Lyonnais Salad** \$14
warm frisee salad/bacon/poached eggs
- * **Poached Pear Salad** \$12
red wine poached pear/bleu cheese/walnuts

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We now feature several dishes of '1855' Beef - a high-end choice product - we think you will enjoy!

- * **Filet Mignon** \$23
scalloped potatoes/roasted rainbow carrots/mushroom cream sauce
- * **Grilled Rib Eye**..... 6 oz. \$16 | 10 oz. \$23
baked potato/roasted brussels sprouts/red wine butter
- * **Beef Short Rib** \$20
orange glaze/mashed potatoes
- * **New York Strip** 6 oz. \$16 | 8 oz. \$21
rainbow fingerling potatoes/mixed green salad
- * **Surf and Turf** \$23
6 oz. New York strip/shrimp/mashed potatoes
- * **New York Strip Chesapeake** \$23
6 oz. cut/crab imperial/hollandaise

ENTREES

- * **Roasted Chicken** \$12
creamy polenta/sauteed green beans/reduction jus
- * **Grilled Lamb Chops** (2) \$16 | (3) \$23
mashed potatoes/roasted rainbow carrots/red wine demi
- * **Chicken Pot Pie**..... \$14
roasted chicken/peas and carrots/mushrooms
- * **Grilled Pork Chop** \$18
sweet potatoes/roasted brussels sprouts
- * **Poached Cod** \$20
artichokes/roasted potatoes
- * **Seared Scallops (5)**..... \$23
butternut squash puree/warm salad
- * **Jumbo Shrimp Risotto** \$20
tomato/mixed veggies
- * **Maryland Crab Cakes** (1) \$15 | (2) \$23
french fries/frisee salad
- * **Shrimp and Grits**..... \$23
five jumbo shrimp/polenta cake/bacon
- * **Grilled Salmon** 6 oz. \$15 | 8 oz. \$22
french fries/frisee salad
- * **Seafood Marmite** \$21
fresh fish/shrimp/scallops/red wine/butter

VEGETARIAN

- * **Mushroom Risotto** \$12
risotto/mushrooms/asparagus
- * **Veggie Plate** \$10
fingerling potatoes/glazed carrots/portabella mushrooms/kale

Menus are also available on (residents.lwmc.com). All menus may be subject to change.

Clubhouse Grille Hours: Tues. – Sat.: 4 p.m. – 10 p.m. | Sundays: 9:30 a.m. – 3:30 p.m.

Stein and Terrace Room Hours: Sunday: 9:30 a.m. – 8 p.m. | Mon.– Tues.: 9 a.m. – 8 p.m. | Wed.– Sat.: 9 a.m. – 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

ESTATE SALES

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ESTATE SALE. Saturday, January 5, 9-3 p.m. and Sunday, January 6, 9-1 p.m., on Prince Frederick Way. Household, jewelry, clothing, decor, collectibles including furnishings, dolls, bears and garage items. See photos at (www.estateliquidatorsmd.com)

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ANNOUNCING A NEW REAL ESTATE PARTNERSHIP, Sue Heyman, Rick Winkler, and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. Our current listings in Retirement Choices are "Coming Soon": 3BR, 2FB 2-car

garage patio home; 2BR. 2FB all-brick co-operative townhome, updated with golf course view; 1BR, 1FB garden apartment, level entry. In Rockville, "Coming Soon": Norbeck 3BR, 2.5FB, 3 finished levels. In Silver Spring, "Active Now": Sherwood Forest, Dutch colonial, 4BR, 2.5FB, exquisite lot, updated! Call with questions about these fine properties and for your free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

APARTMENTS TO SHARE

WANTED: GOLDEN GIRL 55+ to share my condo; private bath and bed. Shared common areas. Use of all Leisure World amenities. Call Kathleen (202-758-9208).

FOR SALE

CLUB CAR (Precedent Electric) 2014. New batteries, new head/tail lights, HD rear springs, new tires, extended top installed, Doorworks Sunbrella with WindSeal kit installed, single-point water system with hand pump, 5-panel rear-view wide mirror, new windshield, turn signals. Bought in February 2018. Not used by this owner. Contact Vinetta (301-598-3248). Come to see and make offer.

RETAIL SALES

SCHAEFFER'S PIANO COMPANY. Founded 1901, Fourth generation family ownership. New Kawai dealer. New and used pianos—Steinway, Kawai, Yamaha, Schaeffer. (schaefferspiano.com). (301-424-1144)

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GATE OF HEAVEN Cemetery Plots. One double crypt, 103, Tier E, patio. Price negotiable. Contact (352-751-0318) or (352-512-8397) or (240-305-6898). Donna or Lennox.

AUTO SALES

2009 CHEVROLET COBALT LT. 1 owner, only 4,680 miles. 4-door, power windows. New battery. MD inspected. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check

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MARIE BAH. Very caring person with 15 years' experience in senior care. Board-certified nursing assistant in both Maryland and Virginia. Love and cherish every single second spent with senior citizens. Very flexible and adapt very easily. Excellent references from families I worked for. (240-694-5950).

CNA —with 25 years' experience. Seeking position to care for sick/elderly. Good references available Monday–Friday and weekends. Days or nights. Full/PT. Have my own transit. Call (301-442-9324).

TRUST HOME CARE, INC. A reliable/affordable home care

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CNA. Over 11 years' experience. Honest. Dependable car. I live 5 minutes' drive from LW. Cooking, cleaning, shopping, drives to doctors' appointments. Reference available. Available anytime, full/part-time. (betfasil@gmail.com), (202-594-1997).

CNA — 25 years' experience. Loving, caring, reliable, looking for full or part-time work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

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doctors/community appointments, light housekeeping, prepares meals, does groceries, etc. Call Florence (240-779-1984).

ASSISTED LIVING

2 RN's ASSISTED LIVING LLC is a small, independent company owned by 2 RN's, licensed, and with 38 years' experience and specializing in elderly care, disabled to meet their special needs; long- and short-term stays, dementia, respite care, hospice care, acute post-hospital care. We focus on health and safety for our residents. We advocate elderly care. Our passion is to provide a high quality, individualized care with caring and loving environment. We do hands-on nursing care. Please contact Pat, RN, for free consultation, at (301-338-4015) or (patyusingco@yahoo.com).

HOME SERVICES

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

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RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

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HOUSE CLEANING – 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

HOUSECLEANING — Sara (240-477-2104) will thoroughly clean your home for a fair price; all supplies included. I am one of Sara's satisfied customers. Call me, Jackie (301-598-3711), for references.

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NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

TRANSLATOR: I reside at LW Fairways South and I am a professional translator of English, Italian and Spanish. I translate

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DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. Assistance with Pet Care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I'm a 57-yr. old semi-retired Doctor, Leisure World Resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at: (301-840-1258)

DONATIONS OF YOUR BOOKS needed for Walter Johnson High School used book sale. Book donation drop off dates: Saturdays, Jan. 12 and 19, and Feb. 2 and 16, 2019 from 8 a.m.-1 p.m. Bring your books, CDs, DVDs, audio books and vinyl records to the WJ Cafeteria. Please no textbooks, magazines or encyclopedias. 6400 Rock Spring Drive, Bethesda, 20814

HELP WANTED

PERSONAL ASSISTANT NEEDED to help visually-impaired LW woman with routine tasks, three to four minimum hours per week. Hourly rate negotiable. Female baby boomer preferred, good computer and communication skills, driver's license helpful. Must have better than average sense of humor and like dogs. (301-598-5988)

ACTIVITY OPPORTUNITIES

MUSICIANS WANTED. Classic rock, rock and roll, and blues band looking for a drummer and second guitarist to join an established band. We are all in our 60s and plan to gig out in public once or perhaps twice a month. Must have own equipment and transportation and be able to practice (close to Leisure World) once a week. Vocal ability preferred. Serious inquiries only. Rich (301-466-0020) or (dcbread57@gmail.com).

WRITING GROUP. Looking for 2 or 3 writers, any skill level, for small writing-together group. If writing for pleasure, therapy, memory, story-telling, this group is

for you. Our primary purpose is to help each other overcome whatever excuses have combined to keep pen from paper, or fingers from keyboard. Call Mary Beth (240-558-4013).

CHAMBER MUSIC. Amateur violinist, member of ACMP, Intermediate+ Level, is interested in playing in a string trio, piano trio, or string quartet. 17 years' experience playing in the same amateur group in South Florida. Available daytime and evenings. Richard Labonski, 15320 Pine Orchard Drive, #3H, telephone (301-598-3407).

DISTINGUISHED FLYING CROSS SOCIETY. The organization's president, Lawrence Goldstein, is a Leisure World resident. He invites any resident who has received the Distinguished Flying Cross to join. Contact Larry (larr914@gmail.com), (301-847-9745).

SCRABBLE CLUB FOR WOMEN—seeking a few new members— Club meets at founder's LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using 'official Scrabble rules' and members bring

snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call ((571-236-1775) in MD in LW).

BOOK CLUB FOR WOMEN—seeking a few "Serious Readers": 15+ year-old club reads award-winning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD—LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD—LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members

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to watch/discuss ‘Bethesda Row’ caliber movies at founder’s LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family’s life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be

interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference in a child’s life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

ENGLISH AND MATH TUTORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www.literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.animalalliesrescue.org). Follow on Facebook. AARF is 501 (c)(3) all volunteer non-profit.

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer

Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

UPCOMING EVENTS

MY FINAL WISHES: Nine Things Every Senior Needs to Know about Funeral Planning. Twinbrook Library, Thursday, Jan. 10. 2-3:30 p.m. Free, no registration.

RUMBLE: The Indians who Rocked the World. MCPL and Maryland Public Television present a free preview screening. This documentary, which discusses the role of Native Americans in popular music history, was the winner of the Special Jury Prize at the Sundance Film Festival in 2017. Twinbrook Library, Saturday, Jan. 12, 2-5 p.m. No registration.

VOLUNTEER FAIR for Montgomery Parks historic sites. Saturday, Jan. 19, drop by between 10:30 a.m.-1:30 p.m. Olney Community Library, 3500 Olney-Laytonsville Rd. Meet volunteers and staff—even a few people from the past—and learn more about our interpretative opportunities. Parks needs your help at these historic sites: Oakley Cabin African American Museum (Olney), Josiah Henson Park (North Bethesda), Woodlawn Manor Cultural Park (Sandy Spring), Kingsley Schoolhouse (Clarksburg) and the Agricultural History Farm Park (Derwood). Free training provided.

DECLUTTER YOUR LIFE. Free program at Kensington Park Library, 4201 Knowles Ave., Kensington, MD 20895. Saturday, Jan. 19, 12-1 p.m. Learn simple ways to get organized, find things easier and tackle the question of “How do I get started?” Presented by Orchestrated Moves, a local organization providing relocating and organizing services.

HONORING OUR PAST, Celebrating the Future: an exhibit of art by students from the Barnesville School inspired by local history. Free. Through Sunday, Feb. 3. Closing reception on Saturday, Feb. 2, 5-7 p.m. Sandy Spring Museum, 17091 Bentley Rd., Sandy Spring, MD 20860. (sandyspringmuseum.org).

COLOR YOUR COMMUNITY: interactive art exhibit at Sandy Spring Museum, 17901 Bentley Rd., Sandy Spring, MD 20860. Opening reception Saturday, Feb. 9, featuring works by Martha Spak and Suzanne Brennan Firstenberg. From Thursday, Feb. 7, drop in and help color a giant mural; all ages and ability. You can submit a selfie to be part of the mural by downloading the Sketch Me! app, using the ‘drawing outline’ filter on a selfie and submitting to (exhibits@sandyspringmuseum.org).

USED BOOK SALE at Walter Johnson High. Saturday, March

2, 9 a.m.-4 p.m. Free, except for exclusive early access 9 a.m.-10 a.m. Sunday, March 3, 9 a.m.-3 p.m. Free. 6400 Rock Spring Dr., Bethesda 20814.

“SEE ME” at the Smithsonian. The experience of looking closely allows us to appreciate beauty, exchange ideas or simply respond to the work in front of us. Smithsonian invites individuals living with dementia, together with their care-partner, to join us for tours highlighting the joy of close-looking. Free; registration required. Contact Smithsonian Accessibility Program at (access@si.edu) or (202-633-2921). Museum of American Art: Wednesdays, Feb. 6, March 6, April 3. Freer|Sackler Gallery: Wednesdays, Jan. 16, Feb. 20, March 20, April 17.

WANTED

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years’ experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers’ check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticlcc.com) Gary (301-520-0755)

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticlcc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

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For more information or to register, contact Toni Davis
at 301-388-7209 or tdavis@bgf.org by January 8.



BUS TRANSPORTATION TO THE EVENT WILL LEAVE **CLUBHOUSE #1** AT **5:30 P.M.**

