



Golfers look on in the distance as an excavator removes sediment from the golf course irrigation pond on Dec. 21. The sediment removal is part of a dredging project to control algae growth. Photo by Leisure World News

2016 Home Resales Fund Shows Increases

by Stacy Smith, Leisure World News

In 2016, Leisure World’s 29 mutuals completed 413 total home resales that aggregated \$1,578,397.04 for the Resales Improvement Fund, or RIF, an increase of more than \$61,000 from 2015.

June and July saw the most resales this year at 50 and 56, respectively, while December saw a dip in sales when compared to the same time last year. Just over a quarter of RIF fees collected in 2016, nearly \$420,000, was grossed in June and July.

Montgomery Mutual had 76 resales in 2016, the most of any mutual.

RIF reserve monies are designated for the improvement, betterment or expansion of the Trust as outlined in Leisure World of Maryland Corporation’s Trust Agreements, documents that explain how mutuals’ individual association fees fund the maintenance and management of the individual trust properties that all residents benefit from, such as the clubhouses, Administration Building and security gates. Sellers are required by law to provide resale buyers a copy of the trust agreements.

Two percent of the gross sales price of each home resale is deposited into the RIF and

➤ to page 8

Golf Course Joins Audubon Program

by Stacy Smith, Leisure World News

The Leisure World golf course is registered to join the more than 2,300 golf courses worldwide that are part of Audubon International’s Audubon Cooperative Sanctuary Program for Golf (ACSP), an environmental education and certification plan that helps fairways protect the environment and conserve resources.

The program, which will take the golf course three to five years to fully implement,

includes “taking stock of the things we’re doing on the golf course, and how we’re doing them,” said Scott Wagner, director of golf operations.

The ACSP helps each golf course evaluate its environmental resources and any potential liabilities, and then develop a plan to fit its unique setting, goals, staff, budget and time, according to the organization’s website, (www.auduboninternational.org).

In March, the golf course met one of six key components required to become

➤ to page 9

Podiatrist, Rehab Director Join MedStar Health Center

by Maureen Freeman, Leisure World News

Two new health care providers have filled vacancies in the MedStar Health center at Leisure World. They began working at the center in mid-December.

Dr. Hetal Kathrotiya-Mago,

a podiatrist, now sees patients at the Leisure World Boulevard location three half-days per week: Monday afternoons, and Wednesday and Thursday mornings.

Dionne Hawkins, MPT, is the new director of the rehabilitation clinic on the center’s second

➤ to page 6

2017 Pool Rules and Fees

There is now an updated list of rules and fees for the pools and fitness center. **See page 11** for details.



INSIDE

Governance & Information ..	10	Sports, Games & Scoreboards	42
Events & Entertainment.....	14	Classes & Seminars	46
Movie Schedule	16	Calendar of Events	49
Health & Fitness	18	Governance Meeting Schedules.....	49
Clubs, Groups & Organizations	22	Classifieds.....	52
Club Trips Listing.....	41		

Spotlight On...

Clipper Workshop

by Stacy Smith, Leisure World News

Stroll past the meeting rooms along the hallway of Clubhouse II on the first or third Monday of the month and you may notice a group of industrious ladies hunched over sewing machines, needles and thread.

These volunteer members of the Clipper Workshop aren't seeking recognition, but the chance to use their skills to spread a little joy. The clown hand puppets they make, averaging 25 a month, are donated to Holy Cross Hospital in Silver Spring, where they are given to children in pediatric and emergency rooms.

Hand puppets assembled from nothing more than fabric, Styrofoam and stuffing lack the gadgetry that gives modern day toys panache, but workshop members say their simple charm has stood the test of time. Hospital staff members have commented that the puppets help calm nervous children before medical procedures.

"There was a time when they couldn't get a little girl calm before an operation, and she was just going ballistic. Then they brought in a puppet, and her attention turned to the puppet and she was able to be calmed," said Joan Mahoney,

long-standing group member.

Mahoney has made hand puppets since her twin daughters were babies 47 years ago, and now enjoys making them for children all over the county.

"We know its making the kids happy, and it distracts them from what they're in there [the hospital] for," she said.

Clipper members meet bimonthly for informal sewing sessions that often extend well into the afternoon. Some are members of the American Sewing Guild, teach others or have simply been sewing handcrafted items since they were children.

Member Phyllis Hansen has been knitting since she learned the craft from a yarn storeowner as a teenager during World War II. She continued making clothing for her children as they grew up and fabric was inexpensive, but stopped when they began to prefer store-bought items.

"The kids didn't want hand-made, knitted things; you know how kids are," she said with a smile.



Clockwise, from top: Clipper Workshop members hand and machine sew puppet pieces together; long-standing member Joan Mahoney sews a puppet body made of colorful, donated fabric; a row of finished puppets are ready to be delivered to Holy Cross Hospital.

Hansen began sewing again when she read that the then Montgomery General Hospital needed knitted hats for babies. The Clipper Workshop was one of the first groups she joined at Leisure World.

"Best thing I ever did," Hansen said.

The Clipper Workshop meets every first and third

Monday in Clubhouse II from 10 a.m.-2 p.m., and is always seeking new members to join in the fun. The group also seeks donations of cotton fabrics, stuffing, thread and iron-on facing. If interested in participating, contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599).

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An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Leisure World News Advisory Committee

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Where in Leisure World?



A cherubic face peeks out from a stone wall stained green from moss. The face, weatherworn and peeling, bows down to look at something enticing. Do you know what it is, and where this impish statue is located? Look for the answer in the Jan. 20 edition of Leisure World News.

Toys for Tots Collection is a Success

Weichert, Realtors thanks everyone at Leisure World for their generosity during its annual Toys for Tots collection. About 126 items that represented a great mixture of age groups were left in boxes in the Administration Building during December.

Many cuddly stuffed animals, puzzles, books, games, dolls, train sets and lots of toys were donated.

- Marilyn Chmielewski



Weichert, Realtors stand by items collected during the 2016 Toys for Tots drive. Photo by Hui Chou



The Blake High School A CAPELLA! Ensemble performed a holiday concert in the Clubhouse I Crystal Ballroom in December. Photo by Leisure World News

Property Manager Tapped for Expanded Role

by Leisure World News

Melissa Pelaez, the Creekside (Mutual 27) property manager, has been selected to transition into the position vacated by the planned 2017 retirement of Tim Coursen, the assistant general manager for community management.

Crystal Castillo was also hired to fill a vacancy in the executive support services in the administration department. She will

start effective Monday, Jan. 30.

Leisure World of Maryland general manager Kevin Flannery announced the appointments on Jan. 3. Recruitment for Pelaez's replacement in Creekside began immediately; the recruitment process will affect the timeline for her transition into her new role.

Additional background on the appointments will be included in the general manager's January report and in the next edition of Leisure World News.

■ Inter-Faith Missions Committee

Jan. 27: Sweater Drive for Interfaith Works

by Bonnie Bonner

The Missions Committee at The Inter-Faith Chapel is sponsoring a sweater drive for clean, gently used sweaters for men, women, and children on Friday, Jan. 27, from 10 a.m.-2 p.m. Donors may drive under the portico at The Chapel to drop off sweaters on this day and time only. Last year, we collected 500 sweaters, and we hope residents will be even more generous in 2017.

All sweaters are donated to Interfaith Works to help local residents in need. Interfaith Works gives clothing each year to more than 13,000 income qualified families. Their stated

mission is to pursue social justice with an emphasis on identifying and meeting the needs of the poor by leading and engaging Montgomery County's faith communities in service, education and advocacy.

Montgomery County is perceived as a very affluent community; however, 72,000 Montgomery County residents live below the federal poverty level.

More than one-third of public school students receive free and reduced price meals. Childhood poverty has more than doubled from 2005 to 2015. The need of many families is great, so please consider contributing sweaters.

Staying in the Driver's Seat

by Stacy Smith, Leisure World News

Driving helps older adults stay mobile and independent but, according to the Centers for Disease Control and Prevention (CDC), a national institute that researches and promotes public health and safety, the risk of being injured or killed in a motor vehicle crash increases as people age.

The CDC estimates that an average of 586 older adults are injured every day in car crashes, although many accidents are preventable. The Department of Motor Vehicles recommends older drivers consider adjusting their driving routines to keep themselves and other drivers safe on the road.

Eyes on the Road

When the sun goes down, roads darken and the glare from other headlights can make it hard to see traffic signs, oncoming cars and pedestrians. Eyesight declines as people age; limiting time spent on the road at night can decrease the chances of having an accident.

The American Optometric Association (AOA), an organization representing approximately 39,000 doctors of optometry and other experts in the field, says the following items may signal that a person's visual or mental acuity is affecting their ability to drive safely:

- Not being able to see road signs as clearly
- Difficulty seeing objects up close, like the car instrument panel or road maps
- Difficulty judging distances and speed
- Changes in color perception
- Difficulty adapting to bright sunlight or seeing objects in low light
- Loss of side vision

The AOA says that after age 60, a number of eye diseases

may develop that can change a person's vision permanently, such as macular degeneration, cataracts and glaucoma. The earlier these problems are detected and treated, the more likely it is that the person will retain good vision.

It's important to keep in mind that the Maryland Motor Vehicle Administration (MVA) conducts vision screenings during drivers' license renewals, and all Mary-

land drivers' license holders must meet certain vision requirements. For more information, visit (<http://www.mva.maryland.gov/>) or call (1-800-950-1682).

In addition to vision testing, the MVA also suggests older drivers taking any medication should consult with their doctor, healthcare provider or pharmacist about any interactions that could affect their ability to drive. Some medications can limit or impair one's ability to drive safely and may cause drowsiness.

Prepping for a Drive

Knowing the best times to be on the road can increase a driver's confidence. The Department of Motor Vehicles (DMV) recommends older drivers consider scheduling appointments, social engagements and other activities in the daytime during hours when traffic is typically lighter.

Giving yourself extra time

to reach your destination, and accounting for poor weather or road delays, may also alleviate the stress and anxiety that can accompany long, unfamiliar or otherwise challenging drives.

The DMV also recognizes the importance of preparing the mind and body before driving. Gently stretching your neck, back and torso improves range of motion, fights off fatigue and reduces tension.

while driving is prohibited, and a police officer can stop any driver they see using a handheld wireless device while operating a vehicle.

- Drivers are required to move away from or slow down around police or emergency vehicles that are stopped on the side of the road.

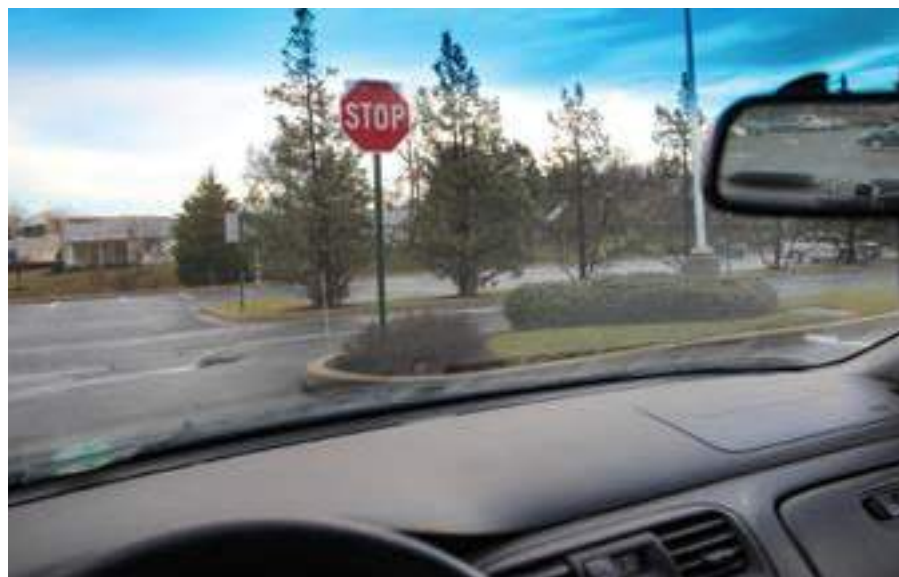
The Maryland Department of Transportation State Highway Administration also recommends the following traffic safety tips:

- When sharing the road with large trucks, avoid traveling in the truck's blind spots (areas beside and behind the truck) and remember that trucks are more difficult to maneuver and need longer distances to stop.
- Signal all turns and lane changes well in advance.
- Use your emergency flashers to alert other drivers whenever they must use unusual care in approaching and/or passing you, such as when you are traveling exceptionally slow and visibility is poor.

Back to School

Making safe driving a priority does not preclude feeling rusty behind the wheel, so consider taking a driver course. AARP frequently offers its Smart Driver Course at Leisure World to both AARP members and non-members for a small fee. Upcoming courses are intermittently detailed on the Governance & Information page of this publication.

The AARP Smart Driver Course is a classroom and online driver safety course designed especially for drivers age 50 and older. Course participants review the current rules of the road, learn defensive driving techniques and become versed in how to operate their vehicle more safely in today's increasingly challenging driving environment.



Take a moment before getting behind the wheel to consider the route you will take, and avoid adding unnecessary distractions to your drive by silencing a cell phone, turning off the radio or avoiding lengthy conversations with passengers.

Dusting Off the Driver's Manual

Rules of the road change over time, and often vary from state to state; so it's important that older drivers familiarize themselves with the rules of the road. In October, a new law took effect that requires drivers in Maryland to possess, or carry in their automobile, a current insurance identification card issued by their insurance carrier. Other recent changes to Maryland driving laws include the following:

- A car's headlights are required to be on if the windshield wipers are on.
- Handheld cell phone use

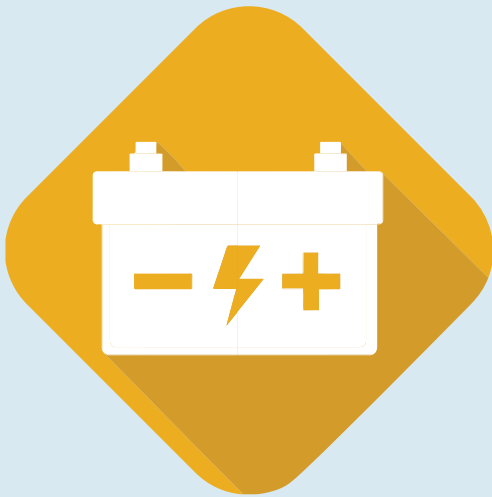
Preparing Vehicles for Winter Weather

Every car handles differently on the road, and that is especially true during snowy and icy conditions. Knowing how your car performs in winter weather can help prevent a breakdown or other emergency.

The National Highway Traffic Safety Administration (NHTSA), a federal agency whose mission is to save lives, prevent injuries and reduce vehicle-related crashes, recommends getting your car serviced before winter to ensure it's performing at optimal condition. The following vehicle elements are especially susceptible to poor driving weather:

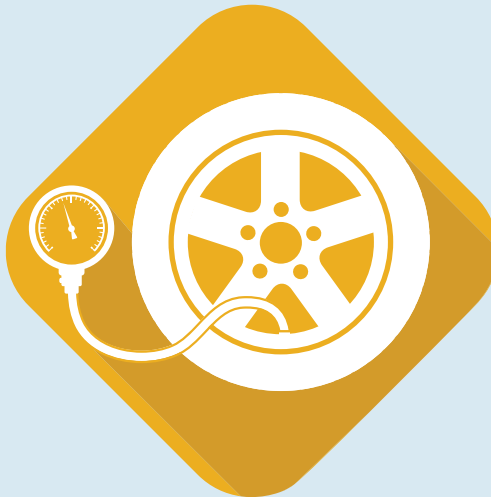
Battery

- When the temperature drops, so does battery power. For gasoline-powered engines, be aware that it takes more battery power to start your vehicle in cold weather than in warm. For hybrid and electric vehicles, the driving range is reduced and the battery systems work better after they've warmed up. Have a mechanic inspect the battery's voltage, charging system and belts.



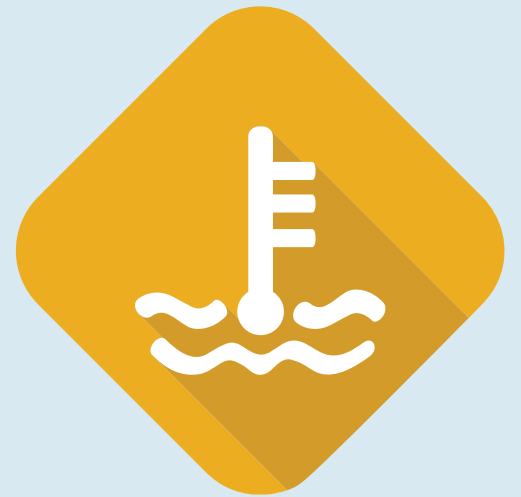
Tires

- When the temperature drops, so does tire pressure. Keep a tire pressure gauge in your vehicle to ensure all tires are properly inflated. Check the age of your tires, including the spare, and replace all tires that have worn or insufficient tread. If you plan to use snow tires, have them installed before snow storms hit. Check out (www.safercar.gov) for tire ratings before buying new ones.



Cooling System

- When coolant freezes, it expands. This expansion can potentially damage a vehicle's engine block. Make sure you have enough coolant in your vehicle, and have a mechanic check the cooling system for leaks.



Watch Your Speed

by Stacy Smith, Leisure World News

Safe traveling depends partly on knowing and following the speed limit, and high speeds are often a contributing factor to fatal motor vehicle crashes, according to a 2015 report by the Insurance Institute for Highway Safety.

High speeds make a crash more likely because it takes longer to stop or slow down. They also make collisions more deadly because of the exponential increase of crash energy when accelerating.

A radar speed sign is one measure that the Transportation and Security Department uses to keep residents safe. The devices, common in school zones and other areas where traffic tends to exceed the speed limit, slow speeders down by alerting them of their speed. The maximum speed limit throughout Leisure World is 30 mph.

“Hopefully it [the sign] encourages people to slow down and reminds them of the speed limit. We generally find it helps people be aware of the speed they’re doing,” said Elisabeth Hamilton, administrative coordinator for the Security and Transportation Department.

Leisure World currently has one radar speed sign that is periodically moved throughout the community; however, that may change.

At a June 2016 meeting, the LWCC board of directors approved the capital equipment proposal for the 2017 budget that includes \$6,000 allotted for the purchase of two additional radar speed signs suggested by the Security & Transportation Advisory Committee.



A car driving past the radar speed sign situated on North Leisure World Boulevard near the Administration Building clocks in at 27 mph on Dec. 21. Photo by Leisure World News



MAYCIE & MILLIE

A little bit of mischief and a whole lot of magic

Two extraordinary women—born many miles apart but brought together by momentous life changes—are testaments to the transformational power of friendship. They met within weeks of moving in to Kensington Park and forged a fast friendship. Maycie came to us grieving the loss of her husband of 60 years and looking to widen her circle of friends. Millie came to us seeking a home close to her husband, who is living in our memory care community. Both share a mischievous twinkle in their eyes, a deep love of family, remarkable resilience and a warm sense of humor. The magical spirit of their friendship helps make change less lonely, and it brightens the mood of all who cross their path. *Come meet Maycie and Millie, and make a new friend at Kensington Park.*



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MedStar

◀ from page 1

floor. She manages a team of two full-time physical therapists, two part-time physical therapists, a part-time occupational therapist and a therapy assistant.

Kathrotiya-Mago is an associate of the Foot and Ankle Specialists of the Mid-Atlantic, and since 2015 she has been practicing with Dr. David Freedman in the professional building at Leisure World Plaza.

A Maryland native, Kathrotiya-Mago completed a three-year foot and ankle surgical residency at Roxborough Memorial Hospital in Philadelphia in 2015. In her final year there, she was chief resident. She earned her doctorate in podiatric medicine in 2012 at the Temple University School of Podiatric Medicine in Philadelphia.

Kathrotiya-Mago is certified by the American Board of Podiatric Medicine and is a member of both the American Podiatric Medical Association and the Maryland Podiatric Medical Association.

She has a particular interest in dermatology, sports medicine, wound care, and is trained to treat lower extremity problems including the mid-calf, ankle and foot.

Hawkins fills the rehabilitation center directorship after seven years working as a physical therapist at an orthopedic clinic in Howard County, six of them as its director. She has been a physical therapist for 12 years.

She earned a master's degree in physical therapy at the State University of New York Upstate Medical University in Syracuse in 2004. In 2011, she received



Dionne Hawkins, photo by Leisure World News



Hetal Kathrotiya-Mago, DPM, courtesy photo

certification in trigger point dry needling, a muscle pain therapy technique in which acupuncture needles are inserted into areas of muscles known as trigger points.

Hawkins said she has completed coursework for certification in orthopedic manual therapy and is studying for the certification exam.

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Cardin Discusses Congress, Seniors' Concerns

by Stacy Smith, Leisure World News

Maryland democratic Sen. Ben Cardin met with residents Dec. 15 in the Clubhouse II auditorium to share his thoughts on the incoming administration and congressional agenda.

He last visited Leisure World in September to celebrate the community's 50th anniversary.

The informal chat covered a broad range of topics, from the crisis in Syria to the President-elect's cabinet picks, and Cardin tailored some of his talk to address potential changes to federal programs directly affecting older Americans, such as Medicare and Social Security, which he argued should both be strengthened.

"Before Social Security and Medicare, senior citizens were the most likely group of Americans to be in poverty," Cardin said.

He added that he and several of his colleagues oppose privatizing Medicare and imposing cuts on Social Security.



Official portrait of Sen. Ben Cardin

Although he admitted to being "extremely disappointed" by the Nov. 8 election results, he said he sees issues that have potential for bipartisan support, such as infrastructure spending.

"I serve in the Senate; I have to be an optimist," Cardin quipped.

After the talk, the floor was opened for residents to ask questions of Cardin and incumbent Maryland State Sen. Roger Manno. Cardin said Americans couldn't afford to neglect engagement in the political process.

"This country is too important to your children and grandchildren," he said. "Let's figure out ways we can make a difference."

First elected to the Senate in 2006, Cardin currently serves as ranking member of the Senate Foreign Relations Committee.

He also served in the House of Representatives from 1987-2006 and was the youngest elected speaker of the Maryland House of Delegates.

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Leisure World News

Resales

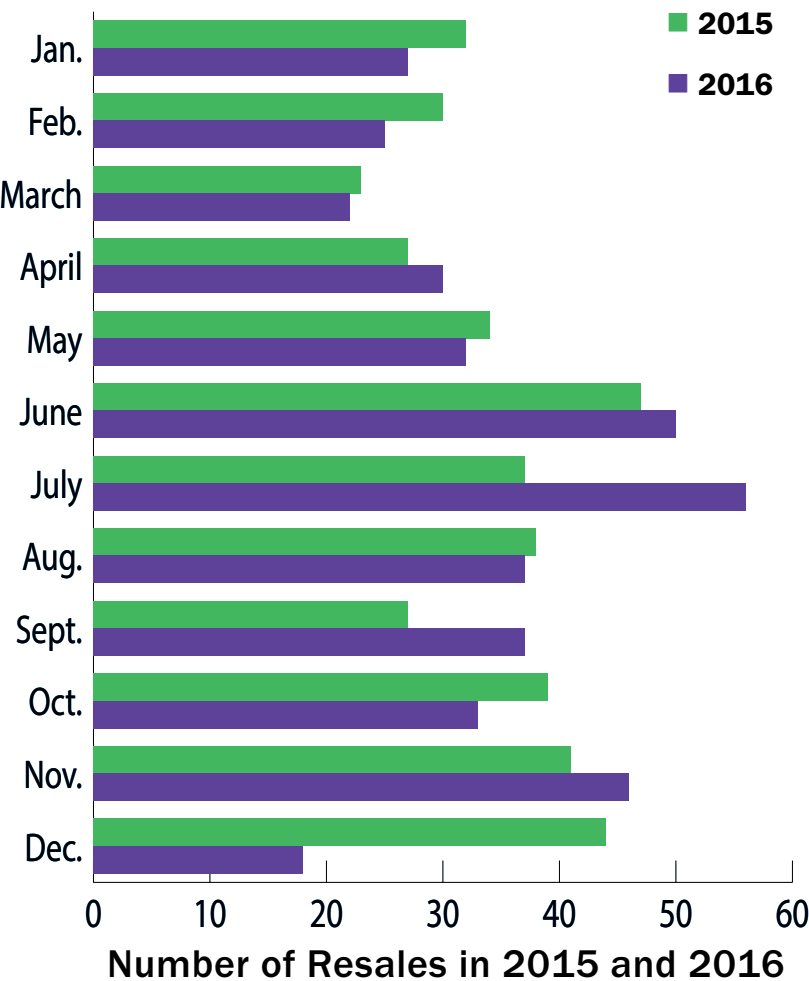
◀ from page 1
is used to fund “everything

common in the community,” said Keela Claggett, resales administrator. Past RIF projects include the building

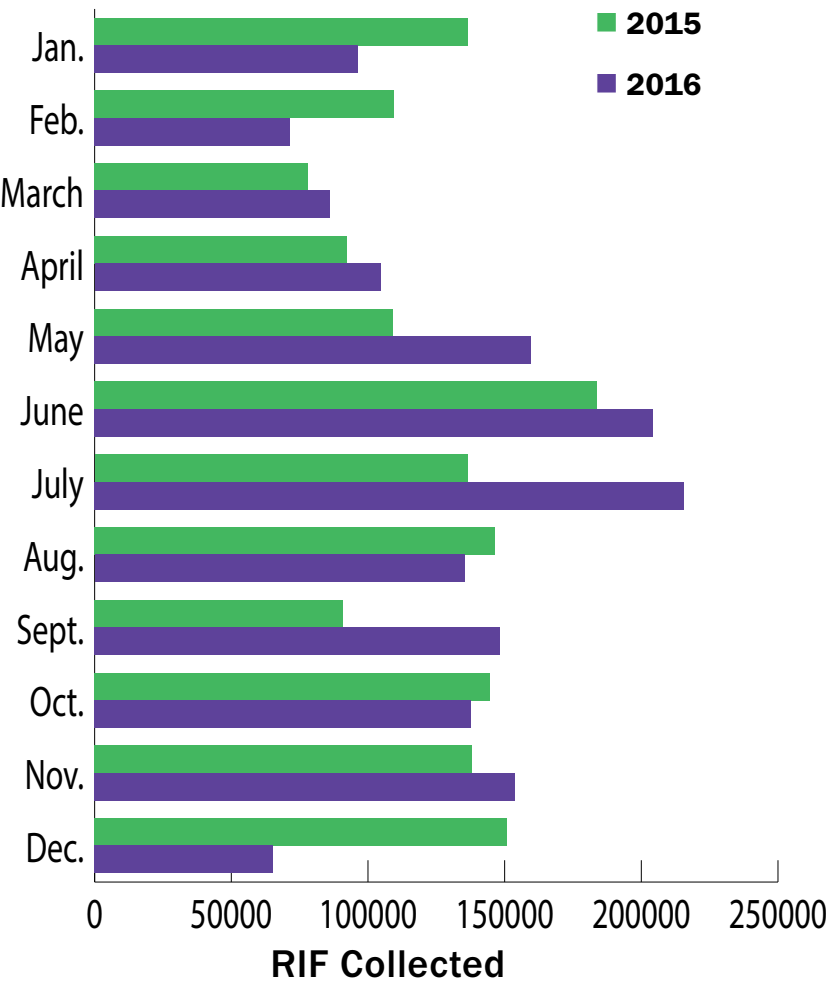
and renovation of the Club-house I Crystal Ballroom and restaurants.
The graphs below compara-

tively illustrate the number of resales and Resales Improvement Funds collected for each month of 2015 and 2016.

2015/2016 Number of Resales



2015/2016 RIF Collected from Resales



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Audubon

◀ from page 1

ACSP certified: environmental planning. Wagner said the changes maintenance staff has already implemented to operations, such as washing mowing equipment with compressed air blowers, has helped the golf course conserve water and meet additional ACSP requirements.

Five other program components the golf course is working to fulfill include wildlife and habitat management, chemical use reduction and safety, water conservation, water quality management and outreach and education.

Visible improvements to the golf course will include flowers and other plantings that provide the nectar that attracts butterflies and hummingbirds, but Wagner said residents aren't likely to notice much difference in their golf experience.

"You're not going to see a drastic change in the golf course," he said, adding that the wildlife that has already made the greens their habitat will stay put. Squirrels, deer, ducks, geese, rabbits, raccoons, foxes and



A view of the golf course in August 2016. Photo by Elizabeth Tremaine

numerous bird species are often spotted along the golf cart paths, wooded areas and creeks that channel through the fairways.

Wagner said improvements made to the golf course for the purpose of becoming ACSP certified are solely funded through the golf course maintenance budget. The certification process includes submitting

reports and photographs that document results, and recertification is required every three years to maintain the Certified Sanctuary designation.

Formed in 1987, Audubon International is a not-for-profit environmental education organization dedicated to sustainable natural resource management.

Restaurants Briefly Close in December

by Leisure World News

The Terrace Room and Stein Room restaurants in Clubhouse I closed the afternoon of Dec. 19 so a leaking kitchen-ceiling pipe could be repaired and the kitchens cleaned and sanitized.

The leak was discovered by an inspector for the Montgomery County Health and Human Services Licensing and Regulatory Services, the department that regularly inspects restaurants and food services in the county.

During the unannounced inspection around 3 p.m., the inspector noted a leak in a fire control pipe above the counter area where food orders are prepared for the Terrace and Stein Rooms. The restaurants stopped taking food orders, and the fire control system contractor repaired the pipe that evening, according to a report Leisure World general manager Kevin Flannery provided to the Leisure World Community Corporation board of directors.

The inspector also noted mice droppings in the kitchen area, as well as in the kitchen of the Clubhouse Grille, which was closed as usual on a Monday. He required both kitchen areas to be cleaned and sanitized, and a plan for correcting and monitoring the problem to be drawn up, before re-opening.

The same inspector returned the next morning, Dec. 20, to re-inspect the facilities and found them in compliance in all categories. The restaurants re-opened for regular hours.

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Jan. 19: MVA Mobile Office Returns

Need to do business with Maryland’s Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, Jan. 19.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Services offered include renewal of non-commercial driver’s licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver’s license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

Making 911 Your Life Line in Emergencies

by Stacy Smith, Leisure World News

Residents experiencing an emergency are urged to call 911, rather than security or the main gate, according to Richard Schultz, director of the Security and Transportation Department.

“The first thing you can do and the best thing you can do is to call 911,” Schultz said.

The security staff at Leisure World, although a dedicated and competent team, is not equipped or trained to successfully resolve all fire and medical emergencies, so calling 911 first is crucial, and could even save a life, said Jim Resnik, a program manager for senior outreach at Training Outreach, LLC and a retired battalion fire chief at Montgomery County Fire Rescue Service.

“Serious fires, sometimes fatal fires – so often one of the contributing causes to that was a delay in calling 911. It’s not

just calling for help, but the call to 911 that’s essential,” Resnik said.

911 dispatchers are well trained, process calls quickly and dispatch fire, police and medical personnel who are able to move furniture, break down doors and windows or lift a person off the ground – all essential emergency response tactics when racing against the clock.

“And the extra manpower can make a huge difference,” Resnik said.

Montgomery County fire and emergency personnel are able to access the community even when the gates are closed, Schultz added.

Once a call to 911 is completed, the resident can contact security, particularly for a medical emergency.

“Our job is to reassure them (residents) that professional help is on the way,” Schultz said.

Post Office Services

Located in the Administration Building, Leisure World’s U.S. Postal Service center is open Monday through Friday, 8 a.m.-2 p.m. Stamps, mailing boxes, and certified and insured mail services are available. Payment is accepted by check or cash only. The post office cannot provide Express or International Business services due to local restrictions.



Dial 301-598-1313
for recorded Daily Events

2017 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting	Board of Directors Meeting
The Jan. 20 meeting will air on Jan. 25, 26 and 27.	The Jan. 6 meetings will air on Jan. 9, 11 and 13.

Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - exccomm@lwmc.com

Drivers Must Yield to Emergency Vehicles

Per State Law: “Authorized emergency vehicles, such as police cars, ambulances and fire engines, have the right-of-way when they are giving a signal, either audible (siren) or visual (flashing light).”

On hearing or seeing such vehicle approaching, you must immediately drive to the curb and stop. Once the emergency vehicle has passed, you may proceed back onto the roadway.

Robo Call Reminder

As the winter season approaches management will use robo calls, along with the closed-circuit information channels 972 and 974, to inform residents of any delays or cancellation of services due to weather conditions.

Robo calls will be made only in emergency-type situations.

Lost and Found Information

The FISH Office in Clubhouse II serves as Leisure World’s Lost and Found. FISH has all sorts of items: car keys, umbrellas, books, jackets and lots of other clothing. If you have lost something, stop by. If you find something, bring it in.

FISH is open Monday through Friday, 10 a.m.-4 p.m.

2017 Swimming Pool and Fitness Center Rules and Regulations

2017 Swim Fees

All tickets are non-refundable and annual tickets expire December 31, 2017.

Resident Fees (outdoor pool is free)	Guest Fees (both pools)
Indoor Annual \$150	Adult Daily \$6
Indoor Monthly \$40	Children \$3
Daily Ticket \$3	
Annual Locker \$35/\$55/\$65	

Rules Applying to ALL Pools:

1. Only residents and their guests may use the pool. Upon presentation of a season pass, Leisure World ID or appropriate ticket, pool staff will sign in residents and accompanied guests. Residents are responsible for guest conduct. Admission tickets are available daily in the E&R offices during regular business hours. Proper identification is required to purchase tickets; prices are listed.
2. Guests may use the pool only after 10 a.m. Children may swim from 10 a.m.-1 p.m.
3. Children ages 4-16 must be accompanied by an adult in swim attire at all times. Children under age 4 are not permitted on pool decks or in pool areas. A child using any flotation device must have an adult within arm's reach at all times.
4. Showering before entering pools is required.
5. Persons having excessive sunburn, open sores or bandages of any kind will not be allowed to enter the pool area.
6. Deck chairs and lounges may not be reserved nor brought from outside the pool area. Chairs and lounges must not block the periphery of the pool.
7. Pets, food, chewing gum or drinks are not allowed on pool decks or in pool areas.
8. The attendants or staff will not accept responsibility for personal property.
9. The lifeguard on duty may limit the number of persons in the pool and pool area.
10. Flippers and boards are permitted at the discretion of the lifeguard on duty.
11. The lifeguard on duty will arbitrate problems that may develop. Horseplay is prohibited. Hanging on the ropes is not permitted. The lifeguard will schedule structured activities.
12. Individuals who require assistance preparing to use or access the swimming pools must arrange to have a competent, water safe person accompany and help them in the locker rooms and pool area.
13. All individuals in the pool area must be in bathing attire. Street shoes are not permitted on the pool deck. Soft-soled footwear is acceptable if not worn as street shoes. Bathing attire must be appropriately covered in the clubhouses.

Applicable Montgomery County Department of Recreation swimming pool rules and regulations are followed as well.

Outdoor Pool:

1. Outdoor pool and locker rooms are open daily Memorial Day to Labor Day, 10 a.m.-8 p.m. Monday through Friday; 10 a.m.-7

p.m. Saturday and Sunday; then on a weekly basis in September, weather permitting. (Hours are subject to change; watch channel 974 for information.)

2. All debris must be placed in proper receptacles in the pool area.
3. Fun noodles are not permitted in the lap lane.



Indoor Pool:

1. Indoor pools are open from noon to 8 p.m. Monday; 8 a.m.-8 p.m. Tuesday through Thursday; 8 a.m.-7 p.m. Friday; 8 a.m.-6 p.m. Saturday and Sunday. (Hours are subject to change; watch channel 972 for information.) The pool is closed on Christmas Day.
2. Children's hours are 10 a.m.-1 p.m. daily, and until 3 p.m. on Saturday and Sunday. Children ages 4-12 may use the social pool only. Children ages 13-16 may use the lap pool between 10 a.m.-1 p.m.
3. Those who use the whirlpool must have a pool ticket, sign a "Whirlpool Agreement" form, and sign in.
4. Designated lockers may be rented each calendar year for \$35, women's full size lockers for \$55, and men's full size for \$65. Information is available in the E&R office in Clubhouse II. Private locks are permitted. Lockers used daily must have locks removed at closing time.



Fitness Center:

1. Those wishing to use the exercise equipment must complete a "Fitness Facility Use Agreement" form and sign in and out.
2. Guests must be 18 years or older and be accompanied by a resident.
3. There is a time limit of 30 minutes on cardio equipment when others are waiting.
4. Proper shoes must be worn.
5. Equipment should be wiped down after use.
6. Cell phone use is prohibited.

Please watch channel 974 or call (301-598-1313) for changes in the schedule in cases of inclement weather.

Residents' FORUM



LETTERS

We Need Decisions Based on Facts

The genesis for a new administration building vs. renovating the existing building traces back to having enough space for staff. The current building was deemed too small to accommodate needed expansion, and the HVAC, electrical, etc. would need extensive updating. So, a new building was chosen as the way forward, but this was decided without doing an engineering study to make an objective cost comparison.

There was also an apparent assumption that a post office and a bank were permanent "appendages" to Leisure World. New facts have dispelled part of this assumption. Bank of America (BOA) made a decision to leave in mid-November because there was simply insufficient business. Sandy Spring Bank came to the same conclusion that there was insufficient potential to warrant relocating a branch within our gates. They already have one of the five banks just outside our property. And, it is a full service facility that includes safe deposit boxes and a drive up window.

In mid-November, residents had to remove the items they stored in their safe deposit boxes at the Leisure World BOA. They have either stored those items in their residence

or rented a safe deposit box at Sandy Spring Bank or another institution. Account holders have less of a problem. They can either use the Aspen Hill branch of BOA or open new accounts at one of the five banks in LW Plaza.

At present, there is no tenant in the bank area of the Administration Building. This presents the opportunity for our hard working and valued support staff to utilize the area to relieve the overcrowded situation many of them face. That space seems basically clean and almost ready to be used.

It would be convenient to have an ATM on the property, but again it would depend on usage. If there is too little activity, it would be removed.

Private communities such as ours generally avoid leasing to businesses unless those businesses are self-sustaining. While lease revenue is nice, if you open up a community to commercial enterprise(s), you erode the concept of a secure "private" community. That is the inescapable trade-off.

The desire for tighter security will only continue to grow. All it takes is one significant event or a series of minor ones to produce dire consequences. What we have now is pretty minimal. For example, some other private communities require a "Visitor Sheet" to be

displayed on the dashboard. We do not! Ours is essentially a "wave through - good faith" system.

What, therefore, should be done? Well, whether an examination takes place internally or an outside group is brought in to develop a strategic plan, one thing should be considered as bedrock. When we are moving "Forward @50," facts should guide Leisure World's decisions.

— Bob Ardike

Reasons to Have a Bank on Site

I have read many opinions concerning the loss of the Bank of America inside the Leisure World gates. For those who think it's so easy to go to Leisure World Plaza, think again. Driving and parking is like participating in a demolition derby at a county fair! It's dangerous!

We have chosen to live here in Leisure World because of the amenities offered, and this includes a bank and a post office. Many feel that it's easy to move to another bank. Just look at how financially connected we are to one bank. Our accounts are set up with our children so they can watch over our finances. Bills are set up to be paid automatically. Our income is direct deposited and is always there on time.

Bank of America will be missed by many of the 8,000 residents, not to mention the rental income of over \$130,000 per year. So, Leisure World should continue to work toward getting a replacement bank or at least an ATM for Bank of America customers. And, it should be done as soon as possible.

— Judy Owen

Residents' Forum Guidelines

from the Leisure World News Advisory Committee

Leisure World News welcomes submissions from its readers. We will publish as many as possible to reflect the widest span of Leisure World community issues. To increase your chances for publication, please follow the guidelines below:

Guidelines for Letter Writers

1. Residents' Forum (RF) submissions must be emailed (aclwn@lwmc.com) or delivered to the LW News Office.
2. RF submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
3. RF submissions must adhere to all General Guidelines, including but not limited to:
 - Material must be of interest and value to the community, respectful and in good taste, clear, concise, accurate, non-repetitive, relevant, and avoid personal attacks.
 - All submissions will be subject to editing. Writers will have the opportunity to approve substantive pre-publication edits.
 - LW News does not guarantee when or if any submission
- will be published.
- Editing is not to be confused with censorship. LW News welcomes constructive criticism (or praise), as long as it is clearly identified as "opinion" and adheres to all other guidelines for LW News.
4. Receipt of RF submissions will be confirmed by email or telephone.
5. If an RF submission refers to another source, such as an article in another publication, a press release, a legal opinion, etc., a copy of that source must be provided for verification and reference.
6. RF submissions are strictly the opinion of the writer.
7. Issues that relate only to a specific resident, a specific Mutual, or a specific club, group or organization are not appropriate for the RF.

See full LW News Guidelines and Board Standing Rules at lwmc.com.

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Events & ENTERTAINMENT

■ Fireside Forum

Spring 2017 Programs

With 2016 behind us, the Fireside Forum looks forward to a slate of informative and interesting programs in the new year:

Jan. 8 – Dr. Scott Taylor, a professor at Georgetown University and director of African Studies at the Edmund A. Walsh School of Foreign Service, lectures on African politics and economics. Taylor specializes in business-state relations, private sector development, governance, and political and economic reform. Nell Taylor, Taylor's mother, is the host for the speaker.

Feb. 5 – The Library of Congress, by David Mao, Acting Librarian

March 5 – Women's History in the Arts, by Cindy Aron



April 2 – The First Capitols and the Image of Congress, by Pamela Scott

May 7 – Babe Ruth and the Black Sox Scandal, by David Stewart

June 4 – Henrietta Lacks: Her Story Revealed, by Dr. Carla Easter of the National Institutes of Health

All programs are held in the Clubhouse II auditorium on Sundays at 2:30 p.m. They are made possible by donations from Leisure World clubs and organizations, and private donations from residents.

The Fireside Forum is a non-profit 501C3 organization. For information about tax-deductible donations, contact Treasurer Michael Benefiel at (240-204-2061).

- Jonas Weiss

■ The Inter-Faith Chapel

■ LW Association for African American Culture (LWAAAC)

Jan. 16: MLK Jr. Celebration

The Inter-Faith Chapel and LWAAAC co-sponsor a Martin Luther King Jr. Day Celebration on Monday, Jan. 16. The program includes "The Legacy of the Freedom Fighters" program at 10 a.m. in the Chapel followed by a brunch at 11:30 a.m. in the Clubhouse I Crystal Ballroom.

Brunch tickets are \$25 per person (checks, made payable to LWAAAC) and are on sale at the Clubhouse I E&R office until Monday, Jan. 12.

Tables are reserved for tickets purchased in blocks of 10 only. No tickets will be sold at the door.

- Patricia Means Photo sourced from NASA



■ Center for Lifelong Learning (CLL)

Jan. 24: Meeting to Feature Slideshow, 'Essential Arkansas'

by Fred Shapiro

The next Center for Lifelong Learning (CLL) meeting is Tuesday, Jan. 24, at 2 p.m. in Clubhouse I. The main presentation is a slideshow, "Essential Arkansas," photographed and produced by Fred Shapiro. Residents are welcome to come and enjoy the meeting and program. Refreshments will be served.

The slideshow is based on a trip with Road Scholar, the educational travel organization, to Little Rock, Arkansas, and features stops at the William J. Clinton Presidential Library; Little Rock Central High School, which was a pivotal site in the battle for civil rights; the Winthrop Rockefeller Foundation; Riverfront Park sculpture garden; the Ozarks and Hot Springs National Park. Throughout the slideshow, viewers see the natural beauty

of the state and its proliferation of flowers. A separate portion of the show is dedicated to the Crystal Bridges Museum of American Art, opened in 2002 to exclusively show art by American artists and paintings of Americans by foreign artists. Video clips in the slide show include folk music performances at the concert in the Ozarks. All the images are accompanied by American music.

The business portion of the meeting will address the plans for classes and programs for the coming semester, as well as the need to seek residents and outside sources to add to

the faculty offerings. The CLL thrives on input from residents with academic or professional backgrounds to conduct one-day programs or multiple session classes. Volunteers are needed

to serve on the committees that handle course scheduling and administrative tasks.

For more information about the CLL or how to join, visit (<http://www.clldm.com>).



Crystal Bridges Museum of American Art in Bentonville, Arkansas. Photo by Fred Shapiro

■ Education and Recreation Department

Jan. 22: Not 2 Cool Jazz on a Cold Winter's Day

The Not 2 Cool Jazz Trio returns once again to perform on Sunday, Jan. 22 at 3 p.m. in the Clubhouse II auditorium.

Warm up to the sway of the Bossa Nova, and the toe-tapping rhythms of Dixieland and Swing music, as well as other timeless melodies from the 1920s through the 1960s.

Known throughout the Baltimore-Washington area, the Not 2 Cool Jazz Trio is led by Michael Grasso on trumpet, Peter Runk, on piano, and Joe Gretz, on bass, round out the trio.

Emulating the West Coast style of cool jazz, the trio focuses on music of a bygone era. Their repertoire includes standards and classic jazz reminiscent of such greats as

Chet Baker and Miles Davis.

The performance is co-sponsored by the E&R Department and the Washington Performing Arts (WPS). WPS has been serving the Metro area for more than 50 years. Its mission is threefold:

- provide the Washington community with performing arts presentations of the highest quality and of varied content and tradition,
- create lifelong learning opportunities through arts education, youth involvement, and community partnerships,
- support and nurture performing artists and their art forms.

Through the WPS Enriching Experiences, this jazz performance is free; a small donation is suggested. Tickets are



Not 2 Cool Jazz Trio performing at historic Savage Mill in Savage, Md.; Michael Grasso on trumpet, Peter Runk on piano, and Joe Gretz on bass. Courtesy photo

required, two per household, and are available in both clubhouse E&R offices beginning

on Tuesday, Jan. 10, at 8:30 a.m. Please bring your Leisure World ID.

■ Education and Recreation Department

Jan. 28: The Musical Plumer Family

The Plumer Family returns on Saturday, Jan. 28 to perform an eclectic musical program at 4 p.m. in Clubhouse II.

Frank and his three children – Antonio, Julia and Cecilia – perform a repertoire that includes four-hand and six-hand piano, and songs in



The Musical Plumer Family, courtesy photo

Italian, Hebrew, Yiddish, French, German, Spanish, Russian and Latin. They present a blend of more serious works and lighter fare that has been entertaining audiences of all ages for many years. This is a show that you, your children and grandchildren can enjoy together.

A musician from the age of four, professional pianist and vocalist Frank Plumer is a versatile and experienced musician. Plumer's extensive musical background and talent have enabled him to become a virtuoso at the piano, accordion and keyboard, as well as a consummate entertainer for all ages.

Plumer performs weekly at the Army Navy Club on Farragut Square and frequently at The Metropolitan Club. Locally, he has also played at the Hay Adams Hotel, the Four Seasons in Georgetown, and the French, Italian and the Finnish embassies. Internationally, he also has performed in Italy and Canada.

Adopted at the age of two

from Bulgaria, Frank's son Antonio, now 16, began piano studies at the age of three. Antonio won second place in the International Protégé Romantic Music Competition and performed at Carnegie Hall when he was 12. He has performed many recitals, working closely with Boris Slutsky and Brian Ganz from Peabody Institute and has travelled from Connecticut to Texas for his performances and studies.

Daughters, Julia, 13 and Cecilia, 12, have sung and played piano since the age of three. Julia also plays violin. Both girls have sung with The Washington National Opera Children's chorus for many years and this past December at Strathmore in Bethesda. Both have performed in operas at the Kennedy Center, including "La Boheme," "Carmen," "Hansel and Gretel" and "The Little Prince."

Sponsored by the E&R Department, tickets, \$7 per person, go on sale in both clubhouses at 8:30 a.m. on Tuesday, Jan. 10. Please bring your Leisure World ID.

■ Jewish Residents of Leisure World

Jan. 11 Movie Matinee: ‘The Green Prince’

by David Firestone

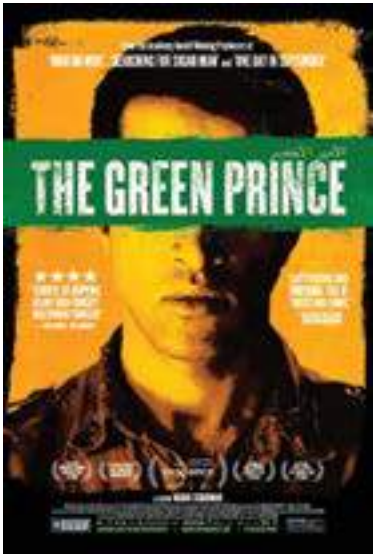
A documentary, “The Green Prince,” (2014, 1 hour 41 minutes, PG-13) will be shown on Wednesday, Jan. 11, at 1:30 p.m. in the Clubhouse II auditorium, with a discussion to follow.

Set against the chaotic backdrop of recent events in the Middle East, Nadav Schuman’s film retraces the details of a highly unprecedented partnership that developed between sworn enemies.

In the style of a tense psychological thriller, this

extraordinary documentary recounts the true story of the son of Hamas leader who emerged as one of Israel’s prized informants, and the Shin Bet agent who risked his career to protect him.

The movie is co-sponsored by the Jewish Residents of Leisure World and the Jewish Community Center of Greater Washington’s Coming of Age Program. Tickets to the movie are \$7 per person (checks only, payable to JRLW), and are available at the E&R office in Clubhouse I.



■ Hispanos de Leisure World

Jan. 13: ‘White Elephant’

The Argentine movie, “White Elephant,” (“Elefante Blanco,” 2012, 1 hour 45 minutes, drama, not rated, in Spanish) will be screened Friday, Jan. 13 at 3 p.m. in Clubhouse I.

While working alongside his long-time friend and colleague (Ricardo Darín as Julián) in building a hospital for the residents of a Buenos Aires shantytown, Nicolás (Jérémie Renier), a troubled priest, finds solace in a young, atheist social worker (Martina Guzmán as Luciana).

Members and residents are welcome to attend. Come early; seating is limited.

Donations are appreciated and refreshments are provided.

- Carlos Montorfano



Leisure World of Maryland Mission Statement

Leisure World of Maryland Corporation is committed to providing professional and courteous management services to the residents of the Leisure World Community.

Coming in 2017

The E&R Department is pleased to provide the following programs.

- Thurs., Jan. 12, 1:30 p.m. Steven Friedman, New York City and the Broadway Musical
- Sun., Jan. 22, 3 p.m. Not 2 Cool Jazz Trio
- Sat., Jan. 28, 4 p.m. The Musical Plumer Family
- Sun., Feb. 12, 7 p.m. Jazz Pianist Jerry Allen

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

2017 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Jan. 19, 1 p.m.	Advanced Style	LIMITED
Jan. 29, 2 p.m.	Southside with You	Jan. 10
Feb. 16, 1 p.m.	The Choice	Jan. 24
Feb. 26, 2 p.m.	Race	Feb. 3

Movies are subject to change.

■ Education and Recreation Department

Sunday Afternoon at the Movies

Jan. 29: ‘Southside with You’

The E&R Department is pleased to present “Sunday Afternoon at the Movies.” The movies are shown in the Clubhouse II auditorium at 2 p.m. On Sunday, Jan. 29, the featured film is “Southside with You” (2016, 1 hour 24 minutes, biography/drama/romance, PG-13 for brief strong language, smoking, a violent image and a drug reference).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, Jan. 10, at 8:30 a.m. Please bring your Leisure World ID.

Chronicling a fateful summer day in 1989 when a Harvard

Law student (Parker Sawyers as Barack Obama) wooed a pretty young attorney (Tika Sumpter as Michelle Robinson) by taking her on a memorable South Side Chicago date, this engaging romantic drama charts the beginnings of Barack and Michelle Obama’s relationship.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend.

Please note that no one will be seated after 2 p.m. Donations to help cover the expenses associated with the presentations are gratefully accepted. A basket will be available for your contribution.





Thank You!

With the arrival of 2017 we want to reflect and thank you for a wonderful past year. Perrie, LLC looks forward to a new year serving the Leisure World Community.

Upcoming holiday events:
Valentine's Day, St. Patrick's Day, Easter & Mother's Day

Happy New Year!

- The Clubhouse Grille
Terrace Room
and Stein Room

Health & FITNESS

■ FISH (Friends in Sickness and Health)

FISH Collects Calendars for Local School

by Beth Leanza

FISH is happy to serve as a place to bring your charitable collections. In particular, the FISH office has a box where residents and employees can donate free calendars that many of us receive this time of year.

A resident gives the donated calendars to a school for student projects. We also collect can tabs for the Kiwanis and eyeglasses and hearing aids for the Lions.

FISH is all-volunteer, and all the items we receive are donated.

We also lend assistive

equipment to residents and employees.

We have wheelchairs, walkers, tub stools, commodes and elevated toilet seats. We also get occasional donations of other equipment, like blood pressure monitors, comfort cushions and incontinence helpers.

Feel free to peruse our closet shelves where we keep many of these items.

The FISH office is in Clubhouse II and is open Monday to Friday, from 10 a.m.-4 p.m., except for major holidays.

Reach us by phone at (301-598-1320). Ask the E&R staffer for the FISH desk.

■ Parkinson's Support Group

Jan. 10: Social Worker Gives Take On Support, Caregivers

by Ray Weil

The next meeting of the Parkinson's Disease Support Group is Tuesday, Jan. 10, at 3 p.m. in Clubhouse II.

Our principal speaker is Susan Montgomery, licensed clinical social worker and a member of the social services staff at MedStar Health.

She will speak on social services of particular interest and potential usefulness to those afflicted with Parkinson's disease, including considerations and issues

that may arise in the search for and retention of quality caregivers.

Following the main presentation, there is a business meeting and open discussion to allow members to raise topics of interest and to discuss their own treatment activities.

As always, the entire meeting is open to all who have an interest in Parkinson's disease.

For further information, contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

■ Stroke Support Group

Jan. 11: 'Get a Grip' on Stroke Support

by Sally MacDonald

The next meeting of the Stroke Support Group is Wednesday, Jan. 11, at 1:30 p.m. in Clubhouse II.

Our speaker is Greg Olivarrio, of the longtime Maryland construction company Get a Grip. This company specializes in helping

disabled people ensure that their homes, equipment, utensils and other items and installations are safe. Physical and occupational therapists often recommend his services to our group.

As always, all are welcome – stroke survivors, caregivers and anyone who is interested in attending.

Stroke Symptoms

The acronym FAST can be used to detect if someone may be having a stroke:

- F is for face - Is one side droopy?
- A is for arms - Is one side lower, weaker?
- S is for speech - Is it slurred?
- T is for time - Call 911

immediately. Recall when symptoms began and tell your doctor.

Some of our members also describe problems with eyesight as an early stroke symptom.

MedStar Montgomery Medical Center in Olney is one of the best primary stroke centers in Maryland.



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SHERWOOD - Fabulous renovation! New wood floors, new kitchen, updated bathrooms, ceramic tile, more! Three bedroom, 2 bath ranch house (modified) in **Mutual Thirteen** with 2-car garage converted to 1-car with den and extra storage.

J - Second floor in **Vantage Point East**. True 3 bedroom apt. has 2 full baths, large climate-controlled encl. balcony, living rm, dining rm, remodeled kitchen w/ warm wood cabinets, granite counters, ceramic tile floor extending from entry foyer, wonderful breakfast space. Engineered hardwood floors in living rm, dining rm & BR #3; new carpeting being installed in master BR & BR #2. **\$392,000**

BERKELEY - Brick, Georgetown-style row house in **Montgomery Mutual**. Two bedrooms and 1-1/2 baths up (shared brand new ceramic tile shower), living room, dining room, kitchen, Florida room, powder room with laundry down. Freshly painted, new wall-to-wall carpeting, hardwood entry foyer. **\$143,900**

RALEIGH - Big one-bedroom apartment in **Montgomery Mutual**. Close to Clubhouse I. **New in 2016** kitchen and bath with white cabinets, granite countertops and backsplash, appliances, ceramic tile tub surround, newer carpeting. Cross-ventilation. **\$95,000**

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Meetings and Information

Members enjoyed the recent annual holiday party by sharing survivor stories and exchanging presents.

Meetings are the second Wednesday of the month.

For more information, contact chairman Sally MacDonald at (240-669-4233).

**Leisure
World News
OF MARYLAND**

Palliative Care Available at MedStar Montgomery

by Mary Ann Johnston

The Patients Rights Council of Leisure World meets on Wednesday, Jan. 11, at 1:30 p.m. in Clubhouse I.

The program features a presentation by a member of the Palliative Care Team at MedStar Montgomery Medical Center.

The team optimizes a patient's quality of life by partnering with the patient, family and healthcare providers to address the patient's physical, intellectual, emotional, social and spiritual needs.

The multidisciplinary team consists of five members, including medical director Dr. Ashlei Lowery, a nurse practitioner, social worker,

pharmacist and chaplain, who provide specialized medical care for hospitalized patients with serious illnesses.

All residents and guests are welcome to attend this valuable presentation and learn how palliative care may help you and your loved ones live well with illness.

We will learn how the team can assist us in the hospital, and about care options upon discharge from the hospital.

2017 Dues

We are now collecting 2017 nominal dues of \$10 from members.

It is not necessary to be a dues paying member to attend our meetings; all are welcome.

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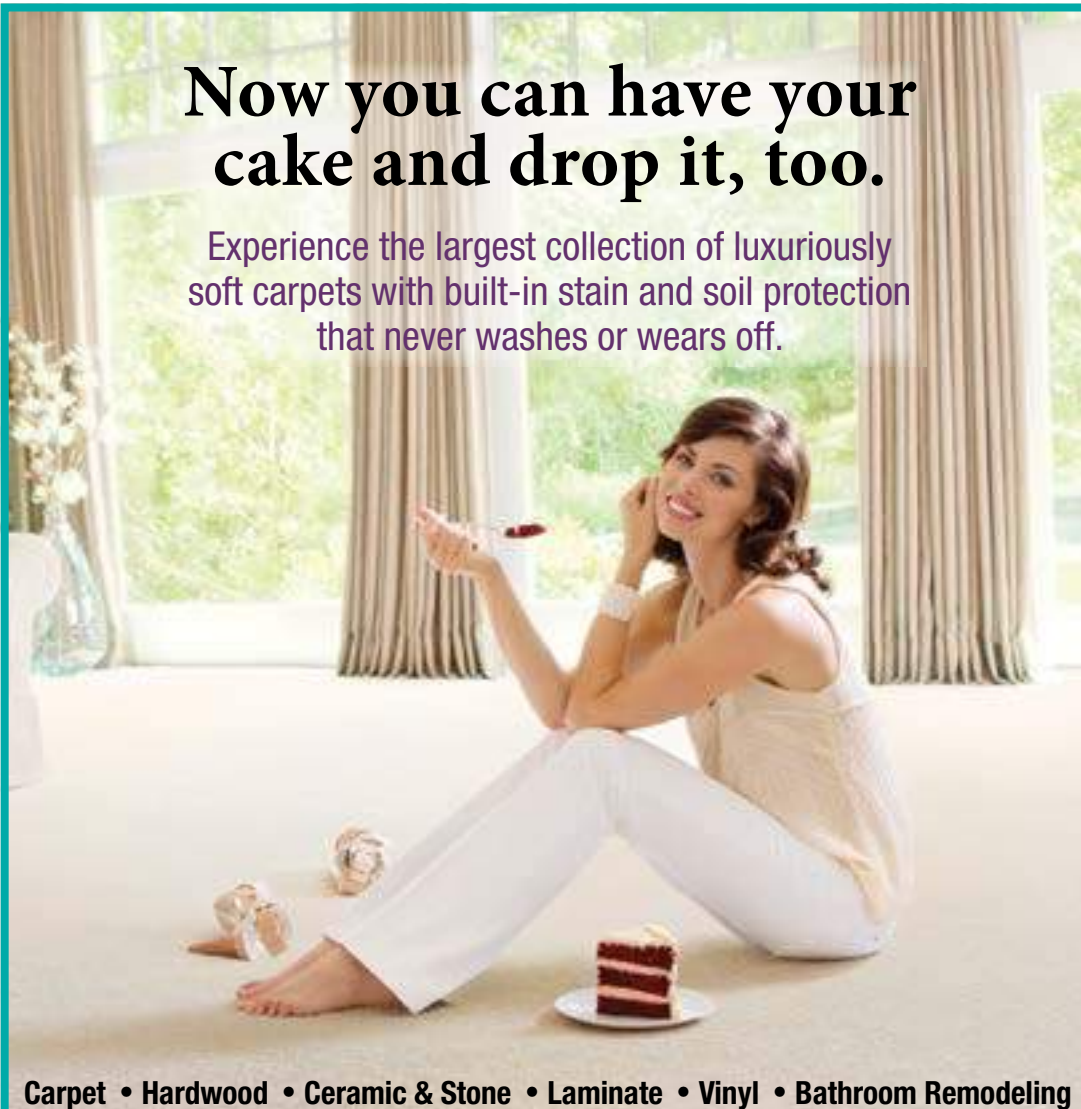
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Group Plans Lobbying Event in Annapolis

by Rosalind Kipping

The End of Life Option Act is expected to be re-introduced to the Maryland state legislature on Wednesday, Jan. 25. If passed, this legislation would permit a terminally ill, mentally competent adult to receive a prescription for life-ending medication to be self-administered if and when the patient desires to do so, currently a legal option in six states.

Compassion and Choices plans a Lobby Day event in Annapolis to demonstrate our support for this legislation.

A free motor coach will depart from Clubhouse II at 7:45 a.m. on Jan. 25 and deliver participants to the Maryland State House.

We will receive hot drinks and nourishment, listen to speeches, and walk the halls of power to deliver literature to the offices of our legislators in both the House and Senate office buildings. A

catered lunch is provided. The motor coach will return to Clubhouse II at approximately 3 p.m.

To participate, contact Rosalind Kipping at (rozkippling@comcast.com).

Jan. 31: 'Being Mortal'

On Tuesday, Jan. 31, at 2 p.m. in the Clubhouse II auditorium, Compassion and Choices shows the documentary "Being Mortal," which follows renowned New Yorker magazine writer and

Boston surgeon Atul Gawande as he explores the relationships doctors have with patients who are nearing the end of life. The film investigates chronic illness and the practice of caring for the dying.

All Compassion and Choices programs are free to residents and their guests. Materials on a wide variety of end-of-life issues are always on our resource tables, so come early and take whatever information you find useful.

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring, MD 20906). For more information, call Bridget (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at 12 noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each

month at 3 p.m. in the Inter-Faith Chapel library. For more information, call Sunny (301-438-2446).

Bereavement Support Group: Have you lost your spouse? Leisure World residents meet as a group to support one another twice a month on Tuesdays, 3-4:30 p.m. Sponsored by the Jewish Social Service Agency (JSSA) Hospice and facilitated by Grace McMillan, LGSW, the group meets in the conference room at MedStar Health (3305 N. Leisure World Blvd.). To register, call Suzanne Adelman, LCSW-C, JSSA Hospice (301-816-2683).

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Montgomery County Department of Police handles between two to four searches a week for individuals with Dementia and Alzheimer's.

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Clubs, Groups & ORGANIZATIONS

■ Italian Social and Cultural Club

A Successful Holiday Party



Angela Bufalo sings at the annual holiday party. Photo by Jim Lopes

The Italian Social and Cultural Club held its annual holiday party in the Clubhouse I Crystal Ballroom on Dec. 11.

Over 90 guests dined and danced to old favorites provided by the Monaldi Duo. It's amazing how two men can sound like a five man band!

January weather can sometimes be treacherous, so the club currently has nothing planned.

In February, however, we plan to hold our annual Italiano Festivale, another fun filled evening of food and entertainment, "Italian-style."

- Florence Merola

■ Rossmoor Art Guild

Jan. 20: New Basic Drawing Class



Sharon Minor, RAG teacher. Photo by Ann Bolt

Rossmoor Art Guild (RAG) teacher Sharon Minor instructs a four-week beginners' Basic Drawing Class starting Friday, Jan. 20, from 10 a.m.-12:30 p.m.

Classes are every Friday, with one session per week. The cost of the class is \$40 (plus \$10 RAG membership dues).

All residents are welcome to learn, refresh and renew their skills. Regular scheduled art classes began Jan. 2, and run for six weeks. For questions, call Maggi Mannarino at (301-598-2016).

- Ann Bolt

■ Rossmoor Camera Club

Jan. 15 Photo Matinee: 'Saguaro Country'



A photo matinee will showcase images from states in the American southwest. Photos by Richard Bambach

by Richard Bambach

The Rossmoor Camera Club presents Richard Bambach's "Saguaro Country," a photo matinee, on Sunday, Jan. 15, at 3:30 p.m. in the Clubhouse II auditorium. Richard, an

advanced photographer with the Rossmoor Camera Club, and his wife Susan, made a trip to western Texas, southern New Mexico, and the Tucson area of Arizona in late January and early February of 2016.

The area from Pecos, Texas, to Southern Arizona includes

parts of the Chihuahuan and Sonoran Deserts and has the greatest amount of sunny weather of any area in the United States.

You will see pictures of Guadalupe Mountains National Park in far Western Texas, White Sands National Monu-

ment in New Mexico, Bisbee and Tombstone, Arizona, and the Tucson, Arizona area, including the Kitt Peak National Observatory, the Arizona-Sonora Desert Museum, Sabino Canyon and Saguaro National Park.

Join us for this entertaining travelogue.

Name, Mission and Project Decided at Next Meeting

by Juanita Sealy-Williams

The next general meeting of the Edmonson Society is Thursday, Jan. 26, at 3 p.m. in Clubhouse I, and all residents are invited to attend. We will vote on an amendment to our name and mission as well as our project for 2017. Due to numerous requests, the trifolds and a limited amount of other materials are available again for your perusal, so come early.

Many people have expressed how impressed they were with the information that was presented at our inaugural event. Those who are history buffs really enjoyed the video of the former residents of the historic town of Norbeck as well as the displays and books that were recommended for further information. Thanks to all who attended and shared their thoughtful comments and sincere feelings with us. Kudos to the program committee led by Sandy Bourne, the archives/history committee led by Ann Nash and the video team of Oliver Wilford and Paul Kirkpatrick.



Gwendolyn Edwards, left, and her cousin, Billie Smith, check out a display on local history at The Edmonson Society's inaugural event. Photo by Fred Shapiro

Organization Elects Officers, Recommits to Goals

by Harry Stoffer

Leisure World Green is entering the new year with two newly elected co-presidents to lead the community environmental group – Janice McLean and Elaine Hurley – chosen at LW Green's annual meeting on Dec. 14.

Founding president Marybeth Ardike said she must step away from day-to-day organizational duties, but LW Green members, citing her "inspirational leadership," elected her to the new position of president emeritus.

LW Green chose co-presidents so that at least one will be available to lead at any given time. McLean has been serving as the organization's founding vice president. Louis Paley is the new secretary, and Rosie Engman will continue as treasurer.

2017 Goals

Besides choosing officers, LW Green members recommitted themselves to the organization's core principles and goals. They will also focus on recruiting more members and cooperating with other organizations that have common interests. The group's main goals include:

- preventing destruction of dozens of trees in the proposed construction zone for a new Administration Building;
- helping residents do more and better recycling;
- doing more to inform residents about environmental issues, mainly with speakers and field trips.

Next Meeting

The organization's next meeting is Wednesday, Jan. 11, at 2 p.m. in Clubhouse I. The group invites everyone interested in the environment to attend.

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Time to Renew Membership; 2017 Dance Dates Announced

by Joyce Hendrix

The Ballroom Dance Club had a very good turnout at its Dec. 6 annual meeting in Clubhouse I.

New officers for 2017 are Joyce Hendrix, president; Irmgard Patrick, vice president; Walt Hendrix, secretary; and Marita Buscher, treasurer.

Our board of directors remains the same, with one open position. Any members interested in serving on the board may contact one of the executive committee members or inquire at the January dance.

To receive our monthly email reminders, contact Irmgard Patrick at (301-598-2984) to be added to the list.

Membership

Annual dues of \$10 per person are collected at the Saturday, Jan. 28, dance. Being a member requires a \$10 per

person admission charge to each dance, and guests pay \$15 per person.

Our bands play all types of ballroom dance music, including various waltzes, foxtrot, swing, polka, merengue, rumba, tango, cha cha, hustle and samba.

Music from all eras is played, including Broadway, country and 40s through current day pop music.

Ask the bands for your favorite song; and if they know it, they'll play it.

If you are a new resident, or if you have wondered what kind of dancing we do, come out and join us. We are a friendly group and are always looking for new members.

We also encourage members to invite their non-resident relatives, friends and neighbors to our monthly dances.

The attire for the September through May dances is dressy: ties and jackets, suits or tuxes for the gentlemen, and dressy

dresses or pantsuits for the ladies.

The June through August dances are more casual – no ties required for the gentlemen.

Bring out your Hawaiian shirts for the August Hawaiian-themed dance!



Upcoming Dances

Saturday, Jan. 28, is the first dance of the season, with music by our most popular band, Mike

Surratt and the ECBs. Here are the dates and performers for our upcoming dances:

- Feb. 25: The Helmut Licht Trio
- March 25: Swing'N On A Star
- April 22: The Tony Luciano Trio
- May 27: The Retro Rockets
- June 24: Mixed Company led by Steve Monaldi
- July 22: Chuck Connor's Esquires
- Aug. 26: Mike Surratt and the ECB's
- Sept. 23: The Tony Luciano Trio
- Oct. 28: Swing'N On A Star
- Nov. 18: Ken Smith and Pocket Change

All dances are held on Saturday evenings in the Clubhouse I Crystal Ballroom from 7:30-10:30 p.m. Our New Year's wish is for more resident participation at our 2017 dances.



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Open House Has Spectacular Turnout



A child looks with wonderment at an O gauge Lionel layout at the Rossmoor Model Railroad Club open house on Dec. 10. Photo by Alan Goldstein.



The model railroad open house has been a longtime favorite for all ages. Photo by Bob Dargel

by Alan J. Goldstein

The Rossmoor Model Railroad Club held its annual winter open house in the lower level of Clubhouse II on Dec. 10. More than 245 guests attended to watch N, HO, and O gauge operating layouts.

Children excitedly pointed at the

trains as they passed by with their diesel sound effects, while their parents and grandparents fondly recalled model trains from their own childhoods.

The Club has layouts in nearly every available gauge, and members and others are helping grow them by adding more space, trains and scenery.

A G scale large gauge layout ran

continuously in the lobby of the Administration Building for the duration of the holidays.

The Club holds open house events twice a year; the next is scheduled for summer some time around Father's Day.

For information about membership, call Marilyn Chmielewski, president, at (301-438-3259).

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January's Featured Ceramicist a Quick Learner of Earthenware Skills

by Gail Bragg

The holidays are over and 2017 is here, so it's time to celebrate another ceramics artist of the month. Dorothy Adelman joined the Ceramics Club in 2011, shortly after she moved to Leisure World. Although she had no prior experience with molding earthenware or clay-based paints, she quickly learned the skills.

She had previously painted with acrylics and oil paints, and as a schoolgirl in New York she did charcoal drawings as she rode the subway! Since joining our club, she has made numerous gifts for family and friends as well as pieces donated to our gift shop. Some of her work can

be seen in our display case in Clubhouse II. Stop by when you can; Dorothy's ceramic pieces will be there for the month of January.

The Ceramics Club's \$10 annual membership fee includes instruction on how to make your own ceramic pieces.

We welcome new members, so drop by our studio in Clubhouse II.

You can also view some of our ceramic pieces in the studio and at our website. It can be reached via the Leisure World site at (www.lwmc.com) or directly at (<http://sites.google.com/site/cccofleisureworld/>). We hope to see you soon.



Dorothy Adelman cleans a greenware basket. Photo by Gail Bragg

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■ Rossmoor Woman's Club

Brunch Features Scam Protection; Hats Spread Holiday Cheer

by Marcia L. Elbrand

The Rossmoor Woman's Club hosts a winter brunch on Wednesday, Jan. 18, at 10:30 a.m. in Clubhouse I.

The guest speaker is Morton Davis, who will highlight ways to protect oneself from scams. The program chairperson is Rhoda Lawrence.

The menu includes scrambled eggs, bacon, hashed brown

potatoes, bagels and creamed cheese.

It will also feature hot salmon cakes, potato pancakes, juices, coffee, and tea. Desserts include cinnamon apples, assorted Danish pastries and fresh fruits.

Woman's Club members and non-members are welcome.

The brunch is \$18 per person. Checks, payable to the Rossmoor Woman's Club, should be sent to Mary Jane Noll at (3100 N. Leisure World Blvd., #504, Silver Spring, MD 20906-8344) no later than Saturday, Jan. 14.

Be sure to include the name(s) of any guests, as well as your telephone number. For questions, call (240-558-3707).

Proceeds from the event help to support a variety of community activities, including college scholarships.

Hats for Students

More than 20 girls and boys in the Head Start program at Harmony Hills Elementary School are sporting warm new hats and scarves this month,

thanks to Rossmoor Woman's Club knitters Ruth Friedman, Patricia Lyddane, Rita Posner and Arlene Siller.

Joining enthusiastically in the project were several non-member friends including Judy Dinitz, Helen Gross, and Ruth Grossman.

Education committee chair Rita Posner delivered the brightly colored accessories to the school in November, packed in transparent plastic bags, so children could select favorite colors.

They like the hats so much, teacher Cathy Green Plotkin reported, that several youngsters wear them to school, then carefully re-bag them to keep them immaculate, before stowing them in their cubbies.

Party Reflections

Nearly 70 members and guests enjoyed the Dec. 14 Rossmoor Woman's Club holiday luncheon at Manor Country Club. One highlight of the event was a program by a string quartet from nearby Blake High School.

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Exciting Programs Planned for 2017



Line dancing at the holiday gala on Dec. 17. Photo by Al Holston

by Patricia Means

The last 2016 event of the Association was the annual holiday celebration on Dec. 17.

Despite the icy weather, the gala was well attended by members, family and friends who wine, dined and danced to the music of Eddie Jones and the Young Bucks Band.

Attendees made non-tax deductible donations to the association's holiday project, Haitian Relief, and their contributions will be provided to the Living Water Church in Silver Spring.

Upcoming Events

- **Jan. 8** – Fireside Forum program at 2:30 p.m. in the Clubhouse II auditorium. Guest speaker Dr. Scott Taylor presents “Africa – the Politics and Economics of a Changing Continent.” Taylor is the son of LWAAAC member, Nell Taylor, who hosts the program.
- **Jan. 16** – A Martin Luther King Jr. celebration, co-sponsored by The Inter-Faith Chapel and LWAAAC, includes “The Legacy of the Freedom Fighters” program at 10 a.m. in the Chapel followed by a brunch at 11:30 a.m. in the Clubhouse I Crystal Ballroom. Brunch tickets are \$25 per person (checks, made payable to LWAAAC) and are on sale at the Clubhouse I E&R office until Jan. 12. Tables are reserved for tickets purchased

in blocks of 10 only. No tickets will be sold at the door.

- **Feb. 17** – Black History program
- **April 1** – A Latin dance and cocktail party co-sponsored by Hispanos de Leisure World and LWAAAC in the Clubhouse I Crystal Ballroom

■ Arts in Motion (AIM)

Jazz and Blues Performances Coming to Café AIM

by York Van Nixon III

AIM's quarterly meeting is on Tuesday, Jan. 10, in Clubhouse I at 11 a.m. You may join or pick up your membership card at that time.

Sharón Clark Quartet

“The first lady of Jazz,” as she is known, makes her second appearance at Café AIM on Friday, Jan. 13. Due to popular demand, tickets are sold out.



Sharón Clark

Robert Penn Blues Band

True jazz aficionados know the blues is the foundation of jazz, America's only classical music. Robert Penn and his Blues Band make their debut performance at Café AIM on Friday, Feb. 10. Tickets are \$15 (checks only, payable to AIM) and go on sale Monday, Jan. 16, at the E&R office in Clubhouse I.

The price includes hors d'oeuvres and snacks. Cocktails begin at 6 p.m., and the show starts at 7 p.m. To join or purchase tickets online, visit our website at (AimArts.net), or call York Van Nixon III at (301-598-3285) for more information.



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↑ "E" Model - Fairways - \$159,000

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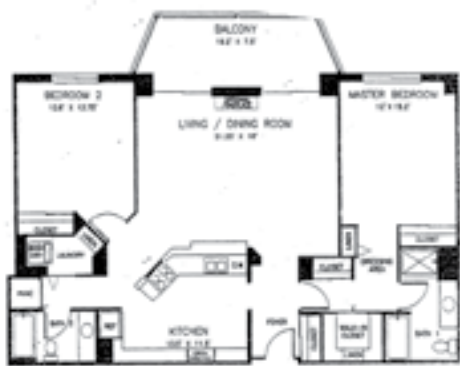
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"A" - Overlook - \$154,950

1 BR, 1.5 BA, 930 sq. ft. Freshly painted, golf course view.



"QQ" Model - Vantage W - \$299,000

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"EE" Mdl-Creekside-\$269,000
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"E" Villa Cortese-\$268,000

2 BR, 2 FB, 1,350 sf + garage

"FF" Vantage Pt. E-\$262,500

2 BR, 2 FB, 1,305 sf

"K" The Greens-\$260,000

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"EE" Overlook-\$255,000

2 BR, 2 FB, 1,242 sf

"S" Fairways-\$234,000

2 BR, 2 FB, 1,460 sf + Garage

"K" Villa Cortese-\$227,500

2 BR, 2 FB, 1,353 sf

"B" Villa Cortese-\$225,000

2 BR, 2 FB, 1,092 sf

"B" Overlook-\$187,500

2 BR, 2 FB, 1,035 sf

"G" Fairways-\$183,000

2 BR, 2 FB, 1,195 sf + Garage

"J" Fairways-\$182,500

2 BR, 2 FB, 1,317 sf + Garage

"G" Fairways-\$182,500

2 BR, 2 FB, 1,195 sf + Garage

"G" Fairways-\$180,000

2 BR, 2 FB, 1,195 sf + Garage

"O" Fairways-\$174,000

2 BR, 2 FB, 1,138 sf + Garage

"F" The Greens-\$170,000

2 BR, 2 FB, 1,120 sf + Garage

"F" The Greens-\$165,000

2 BR, 2 FB, 1,120 sf +

Garage & storage

"J" Fairways-\$163,350

2 BR, 2 FB, 1,317 sf

"J" The Greens-\$160,000

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"J" The Greens-\$159,900

2 BR, 2 FB, 1,317 sf

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Raleigh Model-\$78,000

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■ Computer Learning Center

Center Provides Technical Support

by Dorothy Muse

The Leisure World Computer Center, Inc., a 501(c)(3) non-profit organization that operates the Computer Learning Center located in Clubhouse II, provides technical support to residents.

We are here to help confidentially troubleshoot your Apple iPhones and Androids, iPads, Kindles, laptops and Windows and Macintosh computers. Our intent is to encourage, teach, and troubleshoot computer problems for fellow residents who are at every level of computer competency. We provide confidential, quality and accurate support in areas of system upgrades, system viruses, email, phone and other problems you may be encountering.

Contact us via the E&R office at (301-598-1320) in Club-

house II, and ask about our capable support team.

Training Classes

The Leisure World Computer Center Inc. will soon provide training classes to the community to keep residents knowledgeable and tech savvy.

The Center is routinely staffed with volunteer monitors and board of director members whose expertise can put technophobes at ease as they navigate their technological devices.

During open hours, any resident can come in and check email, print out a boarding pass, print out copies of a resume, research, work on legal documents or just surf the web for fun, keeping up on the latest news and events of the day.

Come check us out, or visit our website at (computerctr.org).

■ The Vegetarian Society of Leisure World (VSLW)

When You're the Only Vegan in the Room

by Bob Fenichel

Our monthly luncheon is on Wednesday, Jan. 11, at 1 p.m., at the Vegetable Garden Restaurant (vegan Chinese) in Leisure World Plaza. RSVP to Lois Kutun at (lkutun@msn.com).

January Meeting

The next monthly meeting is on Tuesday, Jan. 17, at 7 p.m. in Clubhouse II and includes a 20-minute video by Jill McKeever, an amusing vegan chef, discussing how to cope in social situations with family and friends while adhering to a plant-based diet.

McKeever gives suggestions about following the diet and staying on track in an omnivorous world.

A group discussion follows the video.

February Meeting Preview

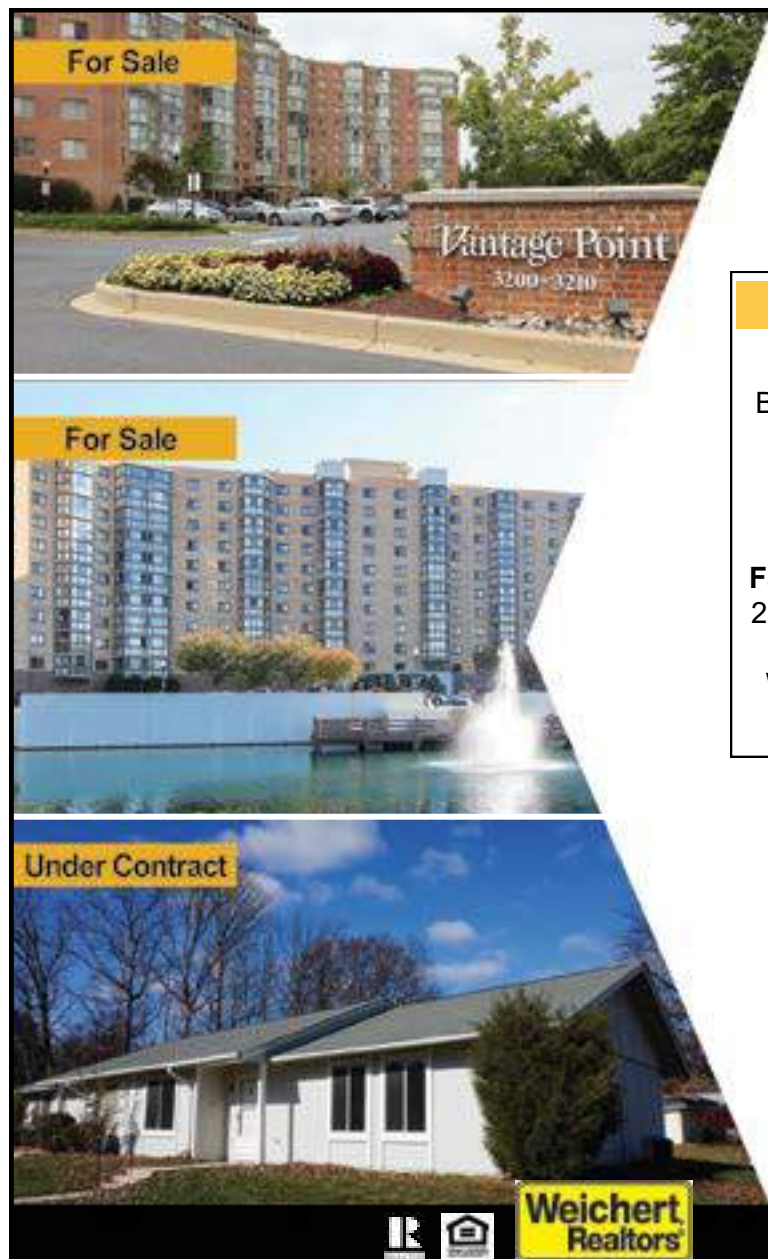
The February meeting features a talk by Brian Bergman, Physicians Committee for Responsible Medicine Food For Life instructor. Bergman has spoken at VSLW meetings in the past and has taught several classes at Leisure World.

General Information

Additional information on VSLW activities can be found on our website at (www.vslw.org).

Please note that everybody is welcome at VSLW activities; you don't have to be a vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."



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■ Democratic Club

Jan. 12: 'Tribute to Leadership and Service'

by Betsy Starks

On Thursday, Jan. 12, the Democratic Club will break from its regular meeting format to host a "Tribute to Leadership and Service" in the Clubhouse I Crystal Ballroom at 7 p.m.

The event honors President Obama's eight years in office, and also gives tribute to Hillary Clinton, who has served the country in many capacities for 30 years. We also salute our own Democratic Club members who worked tirelessly in the 2016 elections.

The evening is a festive occasion, interspersed with brief remarks by our speakers. Former club president Shirley Henderson offers reflections on President Barack Obama as he prepares to leave office.

Del. Bonnie Cullison, a leader of the successful Hillary Clinton Campaign in Maryland, will say a few words about the



Delegate Bonnie Cullison, courtesy photo

Democratic standard-bearer.

The entire Montgomery County political delegation is invited, along with County Executive Isiah Leggett, who will salute the Club.

The event includes socializing, music,



Shirley Henderson, past president of the Democratic Club. Photo by Fred Shapiro

hors d'oeuvres, beverages and a cash bar.

Please come early to get a good seat. For any questions, contact Betsy Starks, editor of the Donkey Dispatch, at (301-438-3884) or (3dede3@gmail.com).

■ Republican Club

The Role of the Media in the 2016 Election and Beyond

by Fred Seelman

The next meeting of the Republican Club is Monday, Jan. 16, at 1:30 p.m. in Clubhouse I. The speaker for the meeting is chairman of the national non-profit organization Accuracy in Media (AIM), Don Irvine, who will discuss the role of the media in our elections.

When the President-elect charged that the election was "rigged," one of his targets was the media. AIM follows the media closely and has been doing so for many years. Come to our January meeting to get an analysis of what AIM believes the media did in the last election and what they may do in future ones.

The Club is electing its officers soon. Offer your services to the Republican Club and spice up your life a bit. Our February meeting is the third Monday of the month, Feb. 20, President's Day.

Send comments or questions about these or any other matters and/or offers to volunteer by emailing our club president, Fred Seelman, at (fseelman@gmail.com) or by calling its first vice president, Ray Spieler, at (301-460-3563). Join us for another quality event on Jan. 16. And enjoy our refreshments.

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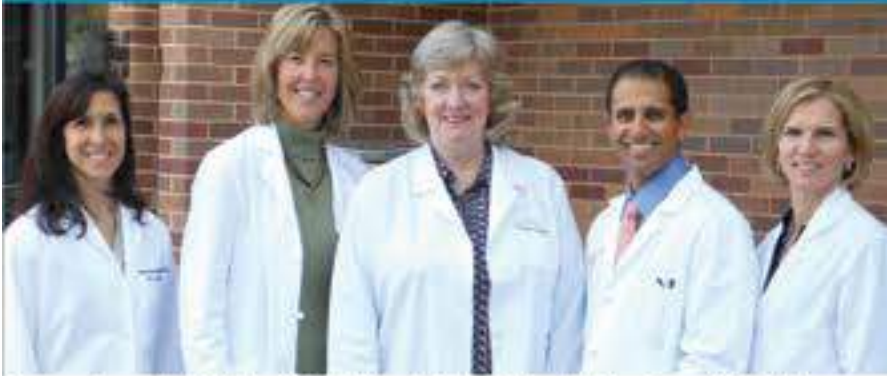
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■ Fun and Fancy Theatre Group

'Boy, the Way Glenn Miller Played...'

by Hannette Allen

Here we are, in a new year of fancy and fun!

Feb. 1: Meeting and Show

Tom Flester presents a Valentine's Day show of popular love songs on Wednesday, Feb. 1 at 7:30 p.m. in the Clubhouse II auditorium, followed by refreshments.

If you would like to perform, come on over to the auditions and try out.

Auditions are on Saturday, Jan. 7 at 10 a.m. in Clubhouse II.

Rehearsals are Jan. 9 at 6 p.m.; Jan. 14, 21 and 28 at 11 a.m.; and Jan. 30 at 6 p.m.

All rehearsals are in Clubhouse II as well.

Contact Tom at (telstar-flstr@aol.com) for a list of the songs.

March 1: Meeting and Show

The show following this meeting promises a change of pace: a radio version of the beloved TV series "All in the Family," staged and adapted by Hannette Allen and produced by Rita Penn.

Have you ever wanted to play Archie, Edith, Mike or Gloria? This is your big chance! We will read the script; no memorization is required.

The episode has parts for the four main characters plus three visitors, two male and one female. A number of fondly remembered vintage commercials, some with

singing, are inserted as if this were a real radio show. So we need lots of performers, plus auxiliary helpers. (Performers may double up on more than one commercial, if needed.)

Auditions are on Tuesday, Jan. 10 at 7 p.m. and Monday, Jan. 23 at 7 p.m., both in Clubhouse II.

Come prepared to read a few lines of the play and maybe sing a little if you want to be in a commercial. Audition materials are provided.

You can try out for more than one part; in fact, that would help us with the casting.

Rehearsals are held Mondays, Feb. 6 through Feb. 27, at 7 p.m. in Clubhouse II. One or two additional rehearsals may be needed in February; the schedule is flexible.

Our previous "radio shows" have been very well received, so we are looking forward to a bang-up performance on March 1, especially considering the wealth of comic talent we have.

If just the idea of this show puts a smile on your face, come and join us at one of the auditions!

And if your preference is to enjoy these shows as an audience member, of course you are very welcome to do so.

As always, meeting, show and refreshments are free to paid-up members (\$8 for the year) or \$3 for one-time attendance.

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Group Plans MGM Casino Trip

by Elizabeth Brooks-Evans

Some of the members of the Going It Alone Group (GIAG) board of directors took an exploratory trip to the newly opened MGM Casino at the National Harbor to determine whether this might be an

entertaining venture to offer club members. Most were impressed with the ambiance as well as the variety of restaurants, stores and casino game choices. GIAG plans to sponsor a day trip to MGM in the near future.

There are several other choice trips to plan for in

2017, including Delaware Park Casino in March, Myrtle Beach in May, and the Sight and Sound Theatre to see “Jonah” in July. Details about these trips are found in the “Club Trips” section on page 42 of the Leisure World News.

Although an individual must be single to become a

club member, married residents and friends are welcome to participate in most activities, including trips.

Club members and friends gather every Saturday afternoon, called Saturday Afternoon Live (SAL) in Clubhouse II beginning at 2 p.m. with a showing of a 30-minute armchair travel video followed by a variety of games starting at 2:30 p.m.

Membership

Anyone who wishes to sign up for membership can do so during SAL from 1-3 p.m.

The fee is a nominal \$7 per year and the income from dues is used to pay club expenses and enhance activities.

Please check to see if you’ve remembered to pay your dues this year.

For more information about membership, contact Marion Callaghan, president, at (301-598-6779).



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What We're Reading

by Verna Denny

The Searchers

"Fortune's Rocks" by Anita Shreve. They gave this long novel, set in 1899, about women's issues, morality and choices, mixed reviews. It is about a young woman who has an affair with an older man, and the problems it creates.

Diversity Strong

"Under the Wide and Starry Sky," a New York Times Best-seller by Nancy Horan, author of "Loving Frank," previously reviewed in this column. The book is a fictionalized account of the life of Robert Louis Stevenson and his wife, Fanny, and how they influenced each other's artistic lives.

The Bookies

"The Ship of Brides" by JoJo Moyes, a historical fictional story about a group of Australian war brides and their journey, in a retrofitted aircraft carrier, to meet their new husbands at the end of World War II. The novel focuses on four women who are roommates on the six-week sea journey. A well-written novel with interesting post-war facts, this book is very different from the other JoJo Moyes novels that "The Bookies" read. It was a perfect summer read.

The African Heritage Book Club

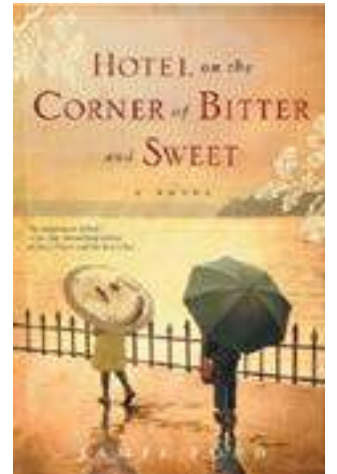
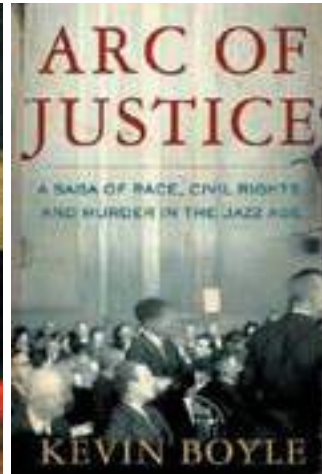
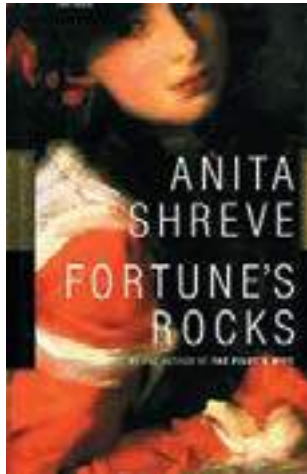
"Arc of Justice: A Saga of Race, Civil Rights, and Murder in the Jazz Age," by Kevin Boyle. Set in the 1920s, it's an historical account of the ordeal of Dr. Ossian Sweet, grandson of a slave, who moves his family to an all-white Detroit neighborhood. When he defends his home against a neighborhood mob, a white man is shot and killed leading to a sensational murder trial. In telling this story the author re-creates the Sweet family's journey from slavery through the Great Migration to the middle class, and puts a spotlight on the racial tensions and climate that led up to the civil rights movement.

Literary Ladies Who Lunch

"A House Full of Daughters" by Juliet Nicolson, a family memoir of seven generations of women. The author discovers details and secrets that shape her vision of the past and challenge the present. An interesting read for those thinking about exploring their own roots.

The Fall Readers

"The Hotel on the Corner of Bitter and Sweet" by Jamie Ford. The story takes place during World War II and is about the roundup of all Japanese resi-



dents who were sent to camps supposedly for their protection and safety. "The Fall Readers" enjoyed the book and gained some knowledge on a subject they knew little about.

The Rose Readers

"My Brilliant Friend" by Elena Ferrante, which is the story of two friends in 1950s Italy. Through their story the author gives a portrait of a country in flux. Despite the wonderful reviews it has received, "The Rose Readers" did not care for this book and

would not recommend it. Not much action!

The Suspensers

"Make Me" by Lee Child, a Jack Reacher thriller. The club did not like the ending because it left the reader wondering what came next, and said the vivid characters were unlikeable. However, the author used short concise sentences, making it an easy read.

For further information about the Book Club Network, contact Verna Denny at (301-598-1418) or (verhd@msn.com).



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A Military Chaplain's Story: Reflection on Service and Faith

By Dave Edfors

On Tuesday, Jan. 24, the Unitarian Universalists of Leisure World welcomes Rev. Rebekah A. Montgomery as guest speaker at 2:30 p.m. in Clubhouse II. She will discuss her experience as an active duty U.S. Army chaplain, including an overseas tour in Afghanistan in 2007.

Rev. Montgomery is a native of Bethesda and comes from a Unitarian Universalist family. She attended Macalester College in St. Paul, Minn., majoring in religious studies with a minor in sociology and women's studies. She then attended Union Theological Seminary in New York and received a master's in divinity and pastoral theology. She completed her clinical pastoral education



Rev. Rebekah A. Montgomery, courtesy photo

at a large hospital in Miami and then served as an intern minister for the Unitarian Universalist congregation in Boca Raton, Fla.

After the events of Sept. 11, 2001, she felt drawn to military chaplaincy. She was ordained a Unitarian Universalist

minister in June 2003 and received her commission as a U.S. Army chaplain three months later. She currently is licensed as a mental health counselor and is working on a doctorate in military chaplaincy at Wesley Theological Seminary, as well as fulfilling her responsibilities as assistant pastor for the Rockville Unitarian Universalist congregation.

Join us on Jan. 24 for an inspiring and enlightening presentation. Light refreshments and conversation will follow the

program. You don't have

to be a member of the Unitarian Universalists to attend our meetings; all residents are welcome.

For information about the Unitarian Universalist organization, please contact Diane Baille at (240-560-7181) or (diane.baillie@gmail.com).

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■ Jewish Residents of Leisure World

Jan 15: Brunch and Bluegrass

by Jonas Weiss

A full crowd loved our December brunch, with an exotic program of women in ceremonial costumes singing songs of Bulgaria. Our next brunch is Sunday, Jan. 15, at 10 a.m. in Clubhouse I and includes entertainment by banjo man Frank Cassel. He is known for playing bluegrass, swing, ragtime, old country and classical music.

To attend this event, send checks of \$10 made payable to JRLW to Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906). In order to plan for seating and meal service we must have reservations at least one week in advance. If you come without a reservation, we will try to seat you, but the price at the door is \$13.

Religious Services

On Friday, Jan. 6, at 7:30

p.m. Rabbi Gary Fink leads a Conservative service in the Inter-Faith Chapel. On Saturday, Jan. 14, Cantor Michael Kravitz leads the Shabbos service in Clubhouse II; Egan Guttman chants the Haftorah and Rabbi Moshe Samber delivers the D'var Torah. Abbreviated religious services continue on all other Saturday mornings in Clubhouse II at 9:15 a.m., with Torah and Talmud discussions led by Moshe Samber.

Donations

For the Torah maintenance fund or for new siddurim or chumushim, send checks made payable to JRLW (\$25 minimum) to Annette Cooper at (15107 Interlachen Dr., Apt. 812, Silver Spring, MD 20906). Donations for Yiskor, Kiddush, an Oneg, or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

■ Hadassah

Brunch Opens 2017 Year of Hadassah

by Barbara Eisen

Hadassah starts off the new year with a catered brunch on Sunday, Jan. 22, from 10 a.m.-1 p.m. in the Clubhouse I Crystal Ballroom. Brunch is a buffet of many delicious items.

Moshe Briel speaks on "My Mother's Hadassah: Five Decades of her Local Experiences." Briel has many anecdotes and pictures to present. He has worked at many firms in Israel and in the U.S. and was president of the Wheaton Kensington Chamber of Commerce from 2008 to 2010. He is multilingual and has had a variety of experiences.

The cost of the event is \$18. Send your check payable to Hadassah to Janet Lazar, (15311 Beaverbrook Ct. #1B, Silver Spring, MD 20906) by Sunday, Jan. 15. Look for an evite online and flyers for further information. If you have any questions, please call Janet Lazar at (301-598-4066). In the event of inclement weather, the brunch is moved to Sunday, Jan. 29.

Lecture

The Greater Washington Region and the JCC of Northern Virginia partner to present an Arlene P. Steinberg Memorial Lecture on Sunday, Jan. 8, from 10 a.m.-2 p.m. at the JCCNV. The lecture includes a panel discussion on "Human Trafficking Right Here at Home." The cost for Hadassah members is \$10. You can register online at www.jccnv.org and use the promo code HADMEM. You can also send a check payable to the JCCNV to (JCCNV, Attn: Carla Rosenfeld, 8900 Little River Turnpike, Fairfax, VA 22031), or call (703-323-0880) to register. If you need a ride or are willing to take others, please call Lynn Berk at (301-847-9104) or Janet Lazar at (301-598-4066).

Judaic Study Group

The Judaic Study Group meets on Monday, Jan. 16, at 1:30 p.m. in Clubhouse I.

Naomi Kline leads part two of the discussion on Zionism that started in November. We invite all who are interested in any aspect of Jewish studies and the relationship of Judaism to our daily lives to attend. Please contact Peri Schuyler at (301-869-2968) or (perislaptop@aol.com) for further information.

Teen Program

The local "Check It Out for Teens" program on breast cancer for high school girls takes place at various Montgomery County high schools from Jan. 25 through March 7. If you want to volunteer to be a staff assistant at the assemblies, contact Phylis Ermann at (301-622-6280) for specific information.

Cards

Jan Bloom is currently handling the sale of Hadassah cards. The prices are \$2.50 each or 5 for \$10. Hadassah greeting cards are displayed and sold at every Hadassah meeting. Please call her at (301-593-7720) if you want to purchase one of our beautiful cards. If any member is willing to share the card duties, please call Jan.

Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1000, made by individual contributions of \$40. Please send your donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational, and social programs in Israel and in the USA. If you are interested in knowing more about Hadassah, contact one of our membership vice presidents, Carole Sonnenborn at (301-288-4902) or (Carole200@comcast.net) or Mimi Meltzer at (301-806-0976) or (Mimi20852@aol.com).



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Mah Jongg, Donor Credit and Cards

by Carole Mund

All are encouraged to join us on Tuesday, Jan. 17 at 10:30 a.m. in Clubhouse I for our next meeting. There are no general meetings in January and February; March will be the next open meeting. However, NA'AMAT RBZ's executive board meets each month to discuss plans for upcoming events and members can learn more about the organization. NA'AMAT is eager to have more people involved in the planning.

Many Thanks

The Annual Game Day was an enormous success. Many thanks to the volunteers who made it happen, and special appreciation goes to the people who made the delicious kugels.

Mah Jongg Cards

NA'AMAT receives a small stipend from the Mah Jongg League for each card sold.

Mah Jongg cards are still \$8 for regular and \$9 for large. Please mail all checks made payable to NA'AMAT to Adele Taurig at (15115 Interlachen Dr., #422, Silver Spring, MD 20906). Please make sure all names and addresses are correct. The payment deadline is Saturday, Jan. 14. Checks received past that date will be returned. For questions, call Adele at (301-598-3977).

Donor Credit

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational day care programs, vocational training, legal aid for women, services and assistance for new immigrants as well as centers for the prevention and treatment of domestic violence.

The many activities we enjoy not only give the opportunities for socialization with our friends and neighbors, but also serve as fundraisers to support the many programs NA'AMAT provides.

Donor credit is simply money attributed to each member over the cost for participating in activities sponsored by NA'AMAT. Contact Theda Rosenblum at (301-598-9105), if you have any questions concerning your donor credit.

Tribute Cards

Tribute cards are an excellent way to support and maintain these essential programs as well as to attain donor credit. NA'AMAT has cards to honor all occasions: from congratulations for a special event to memorial cards. Each card is \$3.50 if purchased and sent by you or \$4.50 if sent by Linda Schoolnick, tribute chairperson. Full donor credit is given for each card. Contact Linda at (301-681-1076) with any questions.

For more information, contact co-presidents Ruth Reid at (301-598-4051) or Trudy Stone at (301-438-0016).

■ The Inter-Faith Chapel

Inter-Faith Film Festival Screens Animated Movies

by Bonnie Bonner

The Inter-Faith Chapel hosts its annual Inter-Faith Film Festival in January, showcasing a unique selection of animated feature films with clear, universal messages.

Each film teaches us something about ourselves, the world around us, and how we connect with one other.

The films are shown each Wednesday in January at 1 p.m. in the fellowship hall.

All residents and friends are invited to these free presentations, and tickets are not required.

Each movie is rated PG and, while lighthearted, is worthy of thoughtful discussion. We invite residents to stay afterward and share comments and questions.

Jan. 11: Secret Life of Pets

What do your pets do when you're not home? When their owners leave for the day, pets from the building gossip with their friends, satisfy their sweet tooth, and throw outrageous parties.



Jan. 18: Finding Dory

From the Academy Award-winning creators of Disney-Pixar's Finding Nemo comes an epic undersea adventure filled with imagination, humor, and heart.

Jan. 25: The Peanuts Movie

Dream big and laugh along with the beloved Peanuts gang in a brand new feature film from Charles M. Schulz and the creators of Ice Age. It's a hilarious and heartwarming adventure that proves every underdog has his day!

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Leisure World News
OF MARYLAND



Free Support App Helps Apple Users

by Ron Masi

Apple has created another way to receive product support.

In mid-December, Apple released a free App called Apple Support.

Once installed, it takes about 45 seconds on your iDevice, and after you sign in with your Apple ID and password, you are presented the main page with images of all your devices registered with Apple.

If you have devices not linked to your Apple ID, the end of this article has a link to a page for linking them. I recommend all your devices be linked.

Instructions

Click on the icon of the device you are having a problem with or question about, and you'll be presented a list of relative areas such as: Battery Power & Charging; Apple ID and Password; Setup and Usage; Repairs and Damage, and a few more.

After selecting a category, you are shown another list relative to your selection. After making that selection

you get the following options:

1. A phone icon stating "Talk to Us Now" with a blue link Get Started.
2. "Schedule a Call" where you tell them when to call you.
3. "Call Us Later" where you confirm your information and set up a time you will call them. It also gives advice on what you should do before you call them, like update your software, reboot, etc.
4. "View All" which brings up the above options plus an option to "Chat" and "Bring in for Repair."

The bottom of the main page continues with several Featured Articles, including How to back up your iPhone, iPad and iPod Touch; Use Messages on your iPhone, iPad or iPod touch; and Take

and Edit Photos with your iPhone and iPod touch.

Clicking on each brings up graphic-heavy, step-by-step procedures that appear very easy to follow. I recommend Apple product users install this free app and try it.

Here's how to get the Apple Support App:

1. From your iPhone or iPad go to the online App Store (blue icon with white compass and ruler in a white circle).
2. In the search box at top right, type Apple Support and it will show up (looks like a blue field with a small Apple logo in the top right corner)
3. Click "Get" and you may be asked for your Apple ID and Password.

It then downloads and the App icon, blue field small apple, appears on your device ready to use.

Today's Tip: Contacts

Options

The following currently only applies to your iMac: In Contacts, don't you wish you could see giant sized phone numbers, and more? Here's how:

1. Open Contacts.
2. Go to any phone number and right click on the number.
3. A drop down window appears with lots of options you may not be aware of such as:
 - Large Type. Selecting this puts the giant numbers across your whole screen.
 - Call a phone number using iPhone. Makes the call through the iPhone associated with your iMac.
 - Face Time, or FaceTime Audio. Opens Face time window and call.
 - Message. Opens Message window.
 - Create New Contact. Creates a new contact in Contacts.
 - Add to Existing Contact. Adds number to a contact you select.

For more information, visit our website at (mac.computerctr.org).



■ National Active and Retired Federal Employees (NARFE) Chapter 1143

Chapter Wraps Up Stellar Year

by John Moens

The next meeting is Thursday, Jan. 19, at 2 p.m. in Clubhouse I.

On Nov. 21, members and non-members gathered to learn from Del. Ben Kramer what Maryland state legislature has done and is doing that potentially impacts residents and senior citizens.

For example:

- Legislation is on the table to make Maryland the first and only state to criminalize the use of "undue influence" in taking money and other assets from the elderly;
- Maryland is becoming one of only two states requiring banks and credit unions to train their employees

in spotting financial elder abuse, and also requires them to report it. Other legislation requires this of wire transfer companies such as Western Union.

- Maryland now requires people convicted of drunk driving to install an ignition-locking device in their car, preventing them from starting their car if they have been drinking.
- Maryland now allows residents up to five days, and senior citizens up to seven days, to cancel without

penalty, a home improvement contract sold door to door, and also requires the contractor to notify the resident in writing of this right.



Maryland State Taxes

Kramer said he does not anticipate any significant reduction in taxes for Maryland residents. He did note there is a "flip side" to the

tax issue. Although states like Pennsylvania do not tax senior citizens, the roads and facilities in Maryland are comparatively better, which, in turn, encourages doctors and other working professionals to live here. Many

members emphasized their concern about the issue, citing difficulties for their incomes to keep up with increases in the cost of living, especially for health care.

General Information

For any questions, suggestions, or offers of support, please contact a member of our executive committee:

President John Moens at (johnjots@outlook.com) or (301-438-3237)

Secretary-Treasurer Maureen Ross at (grantmasterone@gmail.com) or (301- 943-6470)

Vice President Joe Cook at (joec37766@gmail.com) or (202-271-0710)

Service Officer Rich Rothstein at (whobodyelse@aol.com) or (301-598-5760)

■ Baby Boomer Club

Boomers Go the Extra Mile (or Three)

by Beth Leanza

Residents who want to have a good time and meet other active people should consider joining the Baby Boomer Club.

Our events are purely social and include watching movies, participating in potluck dinners followed by a live band and dancing, attending live theater productions and attending meetings that are fun or informative.

If you would like to know more, visit our website on the Leisure World site under Residents Links.

Club dues for the year are \$5 per person. Checks are made payable to Baby Boomer Club. Call Susan Landesberg at (301-613-9031) if interested.

Emails

We need to get your email address so we can keep you up to date with upcoming events. If you joined and are not receiving emails, please contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

Any member can post to the Baby Boomer Google group, but the emails are moderated, as we only want emails about activities relevant to the club.

Movies

We like to watch movies – some in Clubhouse II and some in a theater nearby, preceded by dinner at Gordon Biersch in Rockville.

Friday Hikes with Dawn

Many walkers meet up at the walk site, but if you want to carpool, contact Dawn Carlisle at (301-598-7098) by Thursday evening. Always bring water to each hike.

Jan. 13 – The Audubon Naturalist Society, Woodend Sanctuary (8940 Jones Mill Rd., Chevy Chase). Meet in the parking lot near the gift shop at 1:15 p.m. Go through the Connecticut Avenue gate and continue on Connecticut for approximately five miles. Turn left onto Plyers Mill Road. Take the first right onto Metro-

politan Avenue. Turn right onto Stoneybrook Drive, and continue onto Jones Mill Road. Woodend Sanctuary is on the right.

Jan. 20 – Wheaton Regional Park (2002 Shorefield Rd., Wheaton). Meet in the parking lot at 1:15 p.m. Go through the Connecticut Avenue gate and turn left onto Georgia Avenue. Go approximately three miles to Shorefield Road. Make a left onto Shorefield and continue for several blocks to the parking lot.

Weeknight Walks

A small group of Baby Boomers like to walk in the evenings – from Monday to Friday – meeting in the lobby of Clubhouse I at 5:15 p.m. during the fall and winter. There's no announcement in the lobby, so ask around: Are you the Baby Boomers? The walk is about a mile long around the Broadwalk in Montgomery Mutual.

Sunday Morning Walks

Sundays at 8:30 a.m., Boomers get together for a walk around Leisure World Boulevard, about three miles. Sometimes, the group goes to breakfast afterwards. They meet up at the intersection of Kelmscot Drive, Arden Court and Leisure World Boulevard. Occasionally, the group goes outside Leisure World to another location.

Volkssport Walks

Some Baby Boomers also participate in the local American Volkssport Association (AVA) clubs that hold longer walks, usually three miles. Check the Baby Boomer calendar for un-hosted events, where some of the AVA walks are listed.

If you want to keep up to date with these walks, go to the BBCLWMD site, click on Calendar Un-hosted and sign in. Click on Recent Activity at the bottom of the page. Then click on Subscribe for updates. You will receive emails when it is updated.



FAMILY FOOT & ANKLE ASSOCIATES OF MARYLAND

Family Foot and Ankle Associates of Maryland would like to thank you for over 30 years as your Podiatrists in the Medical Center in the Leisure World community.

As of September 28, 2016, we will no longer be providing Podiatry services at the Medical Center.

We encourage all of our current and previous patients from the Medical Center in the Leisure World community to visit us for their Podiatry care in our other offices just down the road in Kensington, Olney and Silver Spring.

We look forward to continuing our relationship with many of you, Drs. Christopher Farnworth, Michael Frank and Marc Goldberg

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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West (301-598-0137).

Centering Prayer: Join our group of centering prayer practitioners on Wednesdays at 3:30 p.m. (3588 Gleneagles Dr.). Centering prayer is a method of silent meditation, where you rest in God, without saying anything, just happy to be in God's presence. Our intention is to be aware of the presence of God and to welcome the action of God within us. Beginners are welcome, as are people of all faith traditions. For more information, call Eileen (301-438-0422).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney (240-833-2724) or Jane Brinser (301-438-2599) for further information.

Jewish Discussion: Hello to all Jewish residents of Leisure World. A discussion group meets on the last Sunday of every month (except July and August) at 10:30 a.m. in Clubhouse II. Be prepared for lively discussions about Israel and other topics of Jewish interest. Please give us a try; we think you'll like us.

Knitting Corner: Join us the second and fourth Fridays of each month at Inter-Faith Chapel from 10 a.m. to noon. Our next meetings are Jan. 13 and 27. Bring your knitting and enjoy the conversations. We have patterns and yarn for your project. Yarn donations gratefully accepted. Call Joan (240-833-2724) if you have any questions.

LWLGBT Alliance: Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not

a prerequisite. The LWLGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, visit (www.lwlgbt.com).

Quilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough (301-642-2430). Our next meetings are Jan. 12 and 26.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey (301-598-4903).

Short Story Group: On Jan. 18, Beth Leanza is leading a discussion of "The Rats in the Walls" by H.P. Lovecraft. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Sylvia Stoff (301-438-9613).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Mason Goldman (301-598-6749).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).



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Award Winning

Leisure World Club Trips

Next deadline for trip submissions is Monday, Jan. 9

The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R Office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. **E-mail** your trip information to lwnews@lwmc.com.

PLEASE NOTE: Member/Non-Member pricing is at the discretion of the individual clubs.

Delaware Park Casino Tuesday, March 14

Join the **Going It Alone Group** on a trip to the Delaware Park Casino in Wilmington, Delaware. The casino gives \$30 free play to all those showing a government issued ID. Cost is \$24 for members and \$31 for non-members, and includes transportation and driver gratuity. Bus leaves Clubhouse II at 9 a.m. and returns at approximately 5 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse beginning at 1:30 p.m. No refunds will be made after Saturday, Feb. 25, unless a replacement is made.

For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Myrtle Beach, South Carolina May 7-11

Join the **Going It Alone Group** for a 5-day, 4-night trip to Myrtle Beach, South Carolina. Trip includes 4 nights in an oceanfront hotel; 4 breakfasts and 4 dinners, including a southern-style buffet; admission to the Alabama Theater/ a visit to Broadway at the Beach; a guided tour of Charleston; a visit to Barefoot Landing and a visit to Myrtle Beach Water-front Boardwalk and Promenade.

The cost is \$579 for members; \$586 for non-members. The single supplement is an additional \$200. Included in the cost

are hotel taxes, and meal and driver gratuities.

A \$200 deposit is due at sign up and the balance is due no later than April 1. No refunds will be made after March 4 unless a replacement is found. Trip cancellation insurance is available.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. Those who sign up for the trip will receive information on pick up time from Clubhouse II on the day of departure via a telephone call. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

"Jonah" at Sight and Sound Theatre Tuesday, July 18

Join the **Going It Alone Group** to see "Jonah" at the Sight and Sound Theatre in Lancaster, Pennsylvania. This trip includes a smorgasbord lunch at the Bird-in-Hand Family Restaurant and Smorgasbord.

Cost is \$100 for members and \$107 for non-members, and includes taxes, transportation, lunch, show and all gratuities.

Bus will depart from Clubhouse II at 10 a.m. and returns at approximately 8 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. For more information, call Joe Parker at (301-598-3425) or Sylvia Pachenker at (301-598-5325).

Attention, Travelers! All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

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■ Chess Club

Playing Chess, for Auld Lang Syne

by Bernie Ascher

Television broadcasts showing cities around the world ringing in the new year may give the impression that the event is celebrated on the same day and in the same way in all countries. Jan. 1 in the Gregorian calendar is celebrated widely, but dates vary in many places.

When Julius Caesar introduced the Julian calendar in 46 B.C., he named Jan. 1 as the first day of the year, honoring Janus, the Roman god of beginnings. Pope Gregory XIII introduced the Gregorian calendar in 1582; the U.K. and the U.S. did not start observing it until 1752.

Some countries observe New Year's Day on Jan. 1 as an official holiday, even though

their own national or religious holidays (mostly based on the lunar calendar) occur on other days.

In Korea, Thailand and Vietnam, for example, Jan. 1 is an official national holiday. Seollal, the lunar New Year, is also a national holiday in Korea and is celebrated this year on Jan. 27. In Thailand, Songkran is celebrated every April 13; and in Vietnam, Tet is celebrated on Jan. 27.

Some people in China celebrate New Year's Eve on the last day of December, but the biggest holiday is Chinese New Year, also known as Spring Festival, which always falls between Jan. 21 and Feb. 20 on the Gregorian calendar. In 2017 (Year of the Rooster), it starts on Jan. 28.

Chinese New Year is celebrated in countries and

territories with significant Chinese populations, including Hong Kong, Macau, Taiwan, Singapore, Thailand, Cambodia, Indonesia, Malaysia, Mauritius and the Philippines, in addition to Mainland China. Buddhist countries, including Sri Lanka, Cambodia, Myanmar, Thailand, and Laos

have extended three-day New Year celebrations, which are celebrated in April. Tibet celebrates in March.

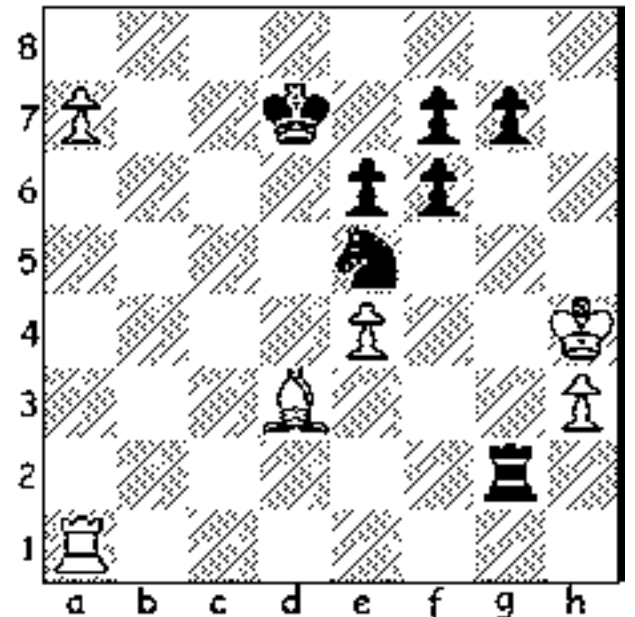
In India, numerous types of New Year's days are celebrated in various regions at various times of the year. For example, Holi is celebrated as New Year's Day in nine of the 29 states, including Madhya Pradesh and Rajasthan. In 2017, Holi begins on the evening of March 12.

In Israel, New Year's Eve is not a national holiday. Jewish New Year, Rosh Hashanah, falls between September and October on the Gregorian calendar. In 2017, it begins Sept. 20 at sundown.

Islamic New Year (Hijri) begins on the first day of Muharram, the first month in the Lunar Islamic calendar. In 2017, it starts on the evening of Sept. 21.

In Saudi Arabia, public celebrations of the Gregorian New Year's Eve are banned by the Committee for the Promotion of Virtue and the Prevention of Vice, regarded as Saudi Arabia's religious police. Nearby Dubai, however, celebrates on Jan. 1 with gigantic firework displays.

These variations may lead to the question of whether an international agreement is needed to standardize the date and the celebration worldwide. Folks wedded to tradition might protest if any holidays



were lost due to worldwide standardization.

New Year's Eve is celebrated in many ways around the world, not just with parties, champagne, confetti, fireworks and resolutions, but by eating 12 grapes (Spain); burning "moon houses" (Korea); parading with dragons and delivering "red envelopes" (China); visiting families and feasting on family dinners (China, Korea); and by tossing brightly colored powders on friends, relatives and others (India).

No country, however, celebrates the New Year with chess games. Many Chess Club members may not be able to resist playing on the holiday. In the game pictured on this page, White has just moved the Pawn to a7, seeking to promote it to a Queen. Can Black prevent it?

The answer will follow this reminder that the Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Club-house II. For further information, call Bernie Ascher at (301-598-8577).

ANSWER: Yes. Black moves the Knight to f3. Checkmate!

So do not wait for a ban on New Year festivities. Do not wait for the date of celebrations to be standardized internationally. Do not wait for integration of the solar and lunar calendars. Play chess now!

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■ 10-Pin Bowling League

Wild Things Place Third

by Rita Mastrorocco

As winter approaches the following bad weather rule is in effect: If Montgomery County schools are either closed or on a two-hour delay based on snow or icy conditions, the league does not bowl.

The league is based on handicaps with averages for the bowlers ranging from 85 to 182. If you have not bowled in years, come out and join the fun.

The top League standings as of Dec. 16 are: Huggers in first place; C.A.S.H. in second place; and Wild Things in third place.

Top scores for the week of Dec. 9 are:

- | | |
|---|--|
| • Scratch Game – Wild Things, 657 pins | • Handicap Game Men – Stu Lillard, 268 pins |
| • Scratch Series – Hooks ‘N’ Curves, 1785 pins | • Handicap Series Men – Steve Mueller, 709 pins |
| • Handicap Game – Wild Things, 949 pins | • High Average Women – Chris Porter, 173 pins |
| • Handicap Series – Wild Things, 2655 pins | • Scratch Game Women – Chris Porter, 200 pins |
| • High Average Men – Steve Mueller, 181.92 pins | • Scratch Series Women – Chris Porter, 570 pins |
| • Scratch Game Men – Steve Mueller, 226 pins | • Handicap Game Women – Carroll Ann Fisher, 282 pins |
| • Scratch Series Men – Steve Mueller, 601 pins | • Handicap Series Women – Carroll Ann Fisher, 719 pins |

Top scores for the week of Dec. 16 are:

- | | |
|---|--|
| • Scratch Game – Hooks ‘N’ Curves, 652 pins | • Handicap Game Men – Lenny Messick, 281 pins |
| • Scratch Series – Hooks ‘N’ Curves, 1911 pins | • Handicap Series Men – Clayton Lewis, 761 pins |
| • Handicap Game – C.A.S.H., 916 pins | • High Average Women – Chris Porter, 172 pins |
| • Handicap Series – C.A.S.H., 2648 pins | • Scratch Game Women – Chris Porter, 187 pins |
| • High Average Men – Steve Mueller, 181.92 pins | • Scratch Series Women – Chris Porter, 469 pins |
| • Scratch Game Men – Lenny Messick, 221 pins | • Handicap Game Women – Rita Mastrorocco, 251 pins |
| • Scratch Series Men – Lenny Messick, 574 pins | • Handicap Series Women – Barbara Raney, 666 pins |

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league will bowl every Friday morning with practice starting at 9:20 a.m. at Bowl America at 1101 Clopper Rd., Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls, and unlimited cups of coffee is only \$10. If you are interested, please call Rita at (301-814-9196).

■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Dec. 8, 2016

First – Bernice Star, 3,780	Third – Elaine Doses, 2,740
Second – Janet Danziger, 3,070	

■ Friday Bridge

Compiled by Jackie Harrell

Dec. 2, 2016

First – Betti Goodman, 3,510	Third – Gloria Kitzler, 2,700
Second – Mort Faber, 2,950	Fourth – Bill Cave, 2,620

■ Tuesday & Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

Tuesday, Dec. 6, 2016

Flight A

North-South

1. Diane Keiper - Ephraim Salins
2. Rosmarie Sutor - Thomas Leahy
3. Marilyn Udell - Maida Crocicchia
4. Lewis Gold - Sharon Strong

East-West

1. Aaron Navarro - Gerald Lerner
2. Susan Weiss - Sue Swift
3. Patti Anschutz - Mary Lafferty
4. (tie) Bernice Felix - Nancy Gordon
4. (tie) Barbara Summers - James Summers Jr.

Flight B

1. Palma Seeger - Sue Swift

Friday, Dec. 9, 2016

North-South

1. Diane Keiper - Patti Anschutz
2. Elly Gotkin - Angela Riani

East-West

1. Sue Swift - Susan Weiss
2. Abigail Murton - Doug Brasse

Tuesday, Dec. 13, 2016

Flight A

North-South

1. Dora Levin - Abigail Murton
2. Aaron Navarro - Sue Swift
3. Alfred Caponiti - John Ryan
4. Leonard Taylor - Lillian Taylor

East-West

1. Gerald Lerner - Jerry Miller
2. Marlys Moholt - Hanna Schepps
3. Doug Brasse - Merrill Stern
4. Susan Weiss - Bernice Felix

Flight B

North-South

2. Diane Keiper - Ephraim Salins

East-West

1. Doug Brasse - Merrill Stern
2. Susan Weiss - Bernice Felix

Friday, Dec. 16, 2016

North-South

1. Leonard Taylor - Lillian Taylor
2. Dora Levin - Mark Lavine

East-West

1. James Cowie - Stephan Billstein
2. Sue Swift - Susan Weiss

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Douglas Brasse

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Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Monday, Wednesday & Friday 8:30 AM-2:00 PM
Reservations can be made Monday through Friday, 8:30 AM-5 PM by calling 301-854-6600 #4
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

"Mamma Mia"

Sat., 1/14, 12:00 pm-6:15 pm.....\$139.00 per person

Trip includes: Orchestra seating at the Hippodrome, motorcoach transportation, and light snack on bus.

"Showboat" at Toby's in Columbia

Wed., 1/18, 10:00 am-4:00 pm.....\$98.00 per person

Trip includes: lunch, bus and show.

Newseum

Mon., 2/13 9:40 am-3:00 pm.....\$56.00 per person

Admission to the museum and transportation included.

"Million Dollar Quartet" at Riverside Theater

Wed., 2/22 9:45 am-6:30 pm.....\$109.00 per person

Go down memory lane with the wonderful music of Elvis, Jerry Lee Lewis, Carl Perkins and Johnny Cash. Trip includes: transportation, served lunch and show.

Udvar Hazy Center, Chantilly, VA

Sat., 3/11 9:05 am-3:05 pm\$48.00 per person

Docent lead "Highlight" tour and transportation included.

"Jonah" at Sight & Sound Theater

Sat., 3/11, 9:45 am-8:30 pm\$152.00 per person

Trip includes: motorcoach transportation, lunch at Hershey Farms and admission to show.

Coffee and Concert At the Kennedy Center

Fri., 3/17, 9:30 am-3:00 pm\$86.00 per person

Join us as Christoph Eschenbach conducts Bruckner's titantic First Symphony on a program that also features NSO Concertmaster Nurit Bar-Josef in Mozart's celebrated Third Violin Concerto. Prior to the concert, a continental breakfast buffet will be available for purchase in the KC Cafe from 10-11:15 a.m.

9/11 Memorial & Museum

Sat., 3/17, 7:00 am-11:45 pm\$120.00 per person

Trip includes admission to Memorial & Museum, transportation and a gift card at Cracker Barrel for dinner.

Dutch Apple Theatre "My Fair Lady"

Wed., 3/29, 9:30 am-6:15 pm.....\$110.00 per person

Trip includes: Buffet lunch, show and motorcoach transportation.

Cherry Blossom Tour

Mon., 4/3 9:55 am-3:00 pm\$75.00 per person

Stop at some memorials in Washington, D.C., while taking in the Cherry Blossoms in bloom! Lunch to follow at Carmine's included.

"Saturday Night Fever" at Riverside Theater

Wed., 4/17, 9:45 am-6:30 pm.....\$109.00 per person

Based on the 1977 hit movie that featured and popularized the disco music of the BeeGees – go back in time with "Stayin' Alive," "You Should be Dancing," "How Deep is Your Love" and many more great hits. Grab your bell bottoms and disco boots and join us for a dancing good time! Meal included.

Kennedy Center & Phillips Collection

Mon., 4/24, 9:30 am-3:05 pm\$59.00 per person

Start your day with a docent lead tour of the Kennedy Center. Lunch on own at the Kennedy Center before heading over to the Phillips Collection for a self-guided tour of this museum.

NEW Wolf Sanctuary

Tues., 4/25 7:15 am-5:15 pm\$99.00 per person

This trip is a guided tour of an amazing Wolf Sanctuary! It will be outdoors and you will meet a pack! Wear comfortable shoes. Trip includes: motorcoach transportation, admission to Sanctuary, guided tour and lunch.

SPOTLIGHT ON...

Philadelphia Flower Show

Thurs., 3/17 or Fri., 3/18, 7:45 am-7:45 pm

\$84.00 per person

The theme of the show is "Holland." Lunch on own.



MULTI-DAY TRIPS

Myrtle Beach "Spring Fling"

March 12-16 (motorcoach)

Charleston, Savannah,
Jekyll Island

April 1-7 (motorcoach)

International Tattoo
April 26-28 (motorcoach)

Mohegan Sun
June 12-15 (motorcoach)

Montreal & Quebec
June 18-24 (motorcoach)

New Orleans

Sept 11-14 (fly-drive)

Discover Switzerland,
Austria and Bavaria
April 26-May 5

Alaska Adventure Cruise
July 16-28

Yellowstone, Grand Tetons
& Mt. Rushmore
Aug. 3-11

Colorado's Historic Trains
Sept. 15-23

CRUISES OUT OF BALTIMORE

Celebrity Summit, Cape Liberty, NJ

Canada & New England

Sept. 10 – 14 nights

We can book any cruise line anywhere you want to cruise.

CASINO TRIPS

Hollywood Casino, Charleston, WV

Friday, Feb. 24, 2017 10:00 am-5:30 pm

\$38.00 per person

\$15.00 slot play offer.

Slot play and promotions come directly from the casino and subject to change.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:



Easy Walking



More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 60 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

Sports, Games & Scoreboards In Brief

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne (301-598-5677).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Trixie Lopes (301-598-1945).

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George (301-598-9747) or Bill (301-598-7270). We look forward to seeing you.

Mah Jongg: Want to learn how to play Mah Jongg? Call (301-598-3438).

Pinochle Players: If you enjoy pinochle, join us at Clubhouse II on Monday evenings, 6:30-8:30 p.m. Call us (301-775-7238) or (301-598-7064).

Poker:

• A few poker game openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Al (301-598-7133).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Poker players wanted** for all variations of poker, with or without wild cards. Come by Clubhouse II Tuesdays and Thursdays at 7:15 p.m. and play until 10 p.m. Spend an enjoyable night with a bunch of good people. Call Andy (240-558-4787).

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free, at your leisure, to work on it.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne (301-438-7442) if you are interested in playing.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White (301-438-7892) or Flora Wolf (301-598-5807) to join as a substitute or regular bowler.

Fitness and Exercise Club (supporting all Leisure World physical activities): Membership is open to any resident interested in attending an existing activity or in creating a new activity. No membership fees. For more information on club activities or to join, email us (LWMDfitness@gmail.com).

Mind-Body Exercise Club: Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Bert Fang, club president (301-871-1694).

Knee Arthritis - "Which Of These 7 Costly Mistakes Will You Make When Trying To Successfully Avoid Surgery...?"

By Knee Pain Relief Specialist, Dr. Brian Paris

PAID ADVERTISEMENT



WASHINGTON, (DC) – If you or someone you know is suffering with knee pain or arthritis, tormented by daily, annoying, chronic pain or swelling, then reading this report could be the most important thing you do this year. It may even help you avoid the dangerous surgery that you currently think is your only option...

What we're talking about here is the type of "ache" and "sharp pain" where you get so nauseated that you feel your only option is to stop what you're doing completely, reach for the painkiller drawer and wonder how long you'll have to rest up for the painkiller drawer and wonder how long you'll have to rest up for this time!

The thing is, all of those painkillers are not good for your stomach – and the long periods of rest you've been talking about, are not likely to be doing your heart and lungs much good either. And if you currently think that your only option is SURGERY, in the form of an even more painful knee replacement, then I urge you to read this report right up until the end...

Over the last 15 years I've been working on a daily basis to help people aged 50+ find relief from daily, annoying, and often severe, chronic knee pain – and what I can tell you is that the cocktail mix of more rest and more pills will do absolutely nothing to get to the root of the cause of most types of chronic knee pain...

And it's because I'm growing increasingly frustrated with the number of people suffering unnecessarily that I've written a 13 page report that details the 7 things that any person can do to relieve pain naturally...and I want to send you this report at no charge.

Now, I don't know if these 7 things will relieve you of your pain completely and I can't promise that what has already worked for most of my patients and clients over the past 15 years, will work for you... However, reading my free report is sure better than spending another day "resting", "accepting it", thinking "it's your age" or worse yet, risking surgery by masking it with harmful and costly pills.

If your knee pain or arthritis is affecting your job and your ability to keep active and it threatens your independence or hinders your family leisure time...then you really need to read my free report. The 7 things I'm going to share with you in my report are not what "THEY" (the prescription pushers or surgeons) want you to hear – simply because my tips are mainly natural and free.

I want you to imagine how life will be years from now if you DON'T get a grip if your knee arthritis now. How will your knee pain affect your job, your mobility or independence? Will you be a fun person to be with? Or live with? It's time to request my report. Call (301)-563-9226. There are limited copies so call today! Or visit us at our website for instant access.

www.iHateKneePain.com/free-report

Sincerely,
Dr. Brian Paris & I Hate Knee Pain

P.S. No one will ask you for money, for anything else when you call to request your free tips report written by one of the country's leading experts on finding relief from knee pain. It's perfect for people with knee arthritis hoping to avoid costly and dangerous surgery.

Call now: (301)-563-9226 (you can leave a message 24 hrs) or visit www.iHateKneePain.com/free-report to get your report sent now!

Classes & SEMINARS

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.*****

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EXERCISE

NEW – Zumba Gold with Denny – Mondays or Fridays: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Feb. 6-March

20 (no class Feb. 20), 10:30 a.m. or Fridays, Feb. 3-March 17 (no class Feb. 17), 1 p.m. **Fee: \$37.50 for one day; \$71 for two days. Register: Clubhouse II.**

NEW – Zumba Gold with Denny – Wednesday evenings: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It

is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Wednesdays, Jan. 18-Feb. 22, 5:30 p.m. **Fee: \$37.50 for one day; \$71 for two days. Register: Clubhouse II.**

NEW – Ba Duan: This is the world's oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

Limited enrollment. Class meets Mondays, Jan. 16-March 20, 4 p.m. **Fee: \$15. Register at: Clubhouse II.**

NEW – Line Dance with Wendy: This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, Jan. 30-March 6, at 2-3 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$24 per session. Register at Clubhouse II.**

NEW – Beginner and Advanced Tai Chi: A must for seniors! Tai Chi builds strength in muscles and bones, promotes a healthy heart, and is fun and easy to do. It improves endurance, flexibility, breathing, and circulation.

The class begins with 30 minutes of stretching and muscle strengthening exercises, which promote greater agility, better posture, and strengthens muscles. This is followed by meditation for 10 minutes and Tai Chi for 20 minutes. Tai Chi is the best way to improve balance and coordination, thereby

decreasing the risk of falling and fractures.

Class meets Tuesdays and Thursdays, Jan. 24-April 13, 9:30-10:30 a.m. For more information, call Maureen McCleary (301-598-1145). **Fee: \$45 for 1 day per week; \$75 for both days. Register: Clubhouse II.**

Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (w/ Shirley), Jan. 9-Feb. 13, and Thursdays (w/Sue), Jan. 12-Feb. 16, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Jan. 10-Feb. 14, and Wednesdays, Jan. 11-Feb. 15, 11-11:45 a.m. You may take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Chair Yoga (with a touch of Chair Tai Chi), Wednesdays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training

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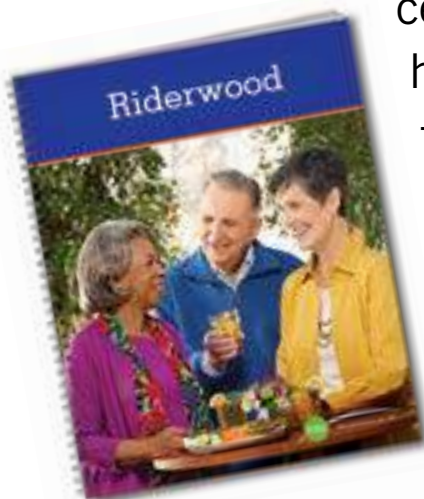
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introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, Jan. 25-March 29 (no class Feb. 15 or 22), 2-3 p.m. **Fee: \$100. Register at: Clubhouse II.**

Argentine Tango for Tango Lovers: This class will teach the fundamentals of Argentine tango. It is for beginners, but is also for those who want to improve their basic elements of the dance. Topics include the embrace, communication, walking with style, and musicality. No partner is required. Dancing

or leather-soled shoes are preferred.

The instructor, Julia Elena, is director of Caminito Amigo, an Argentine tango community.

Class meets Mondays, Jan. 9-Feb. 13, 3-4 p.m. **Fee: \$15. Register: Clubhouse I.**

WATER EXERCISES

Water Exercise with Nancy: Time to start the day off right by enrolling in a water exercise class. Participants will gain strength, stamina, and tone from this cardio class. (Dumbbells are used, although they are not required, and are available for purchase from the instructor.)

Class meets Tuesdays, Jan. 10-Feb. 14, and Thursdays, Jan. 12-Feb. 16, 11 a.m.-12 noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36,**

one day per week; \$60 for both days. Register at Clubhouse II.

Non-Impact Fusion Water Exercise with Beth: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility, and muscle strength.

Class meets Tuesdays, Jan. 10-Feb. 14, and Thursdays, Jan. 12-Feb. 16, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week;**

\$60 for both days. Register at Clubhouse II.

Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics will be done in the lap pool for 30 minutes, focusing on cardio and strength. The class will then move to the social warm water pool and finish up with yoga stretches that will focus on balance and posture.

Class meets Wednesdays, Jan. 11-Feb. 15, 1-2 p.m. **Fee: \$36, 1 day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.**

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes are automatically cancelled. If school openings are delayed, classes are held at the discretion of the instructor.





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SUE'S 2016 TRANSACTIONS – UNDER CONTRACT, SETTLED LISTINGS + SALES

Dear Reader,
Last year was a busy and productive one. I want to share that I also, list, sell, and consult on properties in the Metro area for neighbors, past clients & those moving to the community. Don't hesitate to call with any of your Real Estate questions. Here is some of my "outside" 2016 activity.

15222 Centergate Dr.
Silver Spring, MD 20905

4868 Chevy Chase Dr.
Chevy Chase, MD 20815

2609 Woodedge Rd.,
Silver Spring, MD 20906

Cheers! ★ ★ ★
Sue

 <p>THE GREENS I 15101 Interlachen Dr. # 1015 15107 Interlachen Dr. #802</p>	 <p>THE GREENS II 15115 Interlachen Dr. #704, #1011 15100 Interlachen Dr. #825-82</p>	 <p>THE AIRWAY 3300 LW Blvd. #305, #706, #927 3350 LW Blvd. #408</p>	 <p>TOWNHOUSES (CO-OP & CONDO) 3520 & 3456 Chiswick Ct. 15002 Eardley Ct.</p>
 <p>VILLA COURT 14801 Pennfield Cir. #104</p>	 <p>3BR CAMBRIDGE 3115 Beckenham Ct., 15034 Candover Ct., 3112 Farnborough Ct.</p>	 <p>TURNBERRY COURTS 2900 LW Blvd. #504, 2904 LW Blvd. #401, 3005 LW Blvd #603</p>	 <p>3BR CABOT 3580 Fiske Terrace</p>
 <p>VANTAGE POINT 3200 LW Blvd. #708 3210 LW Blvd. #1006</p>	 <p>GARDEN APARTMENTS 15026 Eardley Ct. 15300 Pine Orchard Dr. #1K</p>	 <p>LARGER PATIO HOMES 15137 Vantage Hill Rd., 3411 Island Creek Ct., 15421 Bassett La.</p>	 <p>THE REGENCY 3730 Glen Eagles Dr. 3732 Glen Eagles Dr.</p>

Visit us at www.lwmc.com/lwnews

Calendar of EVENTS

Friday, January 6 Clubhouse I 12:15 p.m. Kiwanis Club Meeting 1:30 p.m. Watercolors Any Level 3:00 p.m. Hispanos de LW 7:00 p.m. Friday Duplicate Bridge Clubhouse II 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Zumba Gold Class 1:00 p.m. Friday Bridge Club	Saturday, January 7 Clubhouse I 9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio 10:00 a.m. ANG Group Clubhouse II 9:15 a.m. JRLW Religious Service 2:00 p.m. Going It Alone Group: Video, Bingo	Sunday, January 8 Clubhouse I 10:00 a.m. Jewish War Vets Clubhouse II 2:30 p.m. Fireside Forum 7:00 p.m. Baby Boomers Meeting	Monday, January 9 Clubhouse I 9:15 a.m. Stretch & Tone Class 9:30 a.m. Art Class, Any Medium 10:30 a.m. Garden & Environmental Club 10:30 a.m. Beginners Stretch & Tone Class 1:00 p.m. Paintbrush & Knife Class 1:30 p.m. LW Chorale 3:00 p.m. Argentine Tango Class 7:00 p.m. Bingo Clubhouse II 9:00 a.m. Senior Sneakers Class 10:30 a.m. Zumba Gold Class 12:30 p.m. Men’s Bridge 1:00 p.m. Chess Club 2:00 p.m. Line Dance Class 2:00 p.m. Chair Yoga Class 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Exercise Class	Tuesday, January 10 Clubhouse I 9:30 a.m. Art Class, Any Medium 1:00 p.m. Watercolor Techniques Class 1:00 p.m. Amateur Radio Club 7:00 p.m. Duplicate Bridge 7:00 p.m. Trivia Group Clubhouse II 9:30 a.m. Beginner/Advanced Tai Chi 11:00 a.m. Mild Exercise Class 10:00 a.m. Water Exercise Class 1:00 p.m. Scrabble Group 1:00 p.m. Non-impact Fusion Water Class 1:30 p.m. Comedy & Humor 3:00 p.m. Parkinson’s Support Group 6:15 p.m. Move to the Beat Class 7:00 p.m. Camera Club Meeting	Wednesday, January 11 Clubhouse I 9:00 a.m. Gentle Yoga Class 10:00 a.m. Express Yourself Art Class 1:00 p.m. Low Vision Group 1:00 p.m. Oils/Acrylics Class 1:30 p.m. Patients Rights Group 2:00 p.m. LW Green Group
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6:45 p.m. Chicago Bridge Clubhouse II 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Ping Pong Club 1:00 p.m. Aqua Fit Class 1:30 p.m. JRLW: “The Green Prince” 1:30 p.m. Stroke Support Group 2:00 p.m. Chair Yoga Class	Thursday, January 12 Clubhouse I 9:15 a.m. Stretch & Tone Class 10:00 a.m. Painting for Everyone 10:30 a.m. Beginner Stretch & Tone Class 12:30 p.m. Ladies Bridge 1:00 p.m. Oils & Acrylics Class 1:30 p.m. Steve Friedman: New York City and the Broadway Musical 4:00 p.m. Edmonson Society 7:00 p.m. LW Democratic Club Clubhouse II 9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner/Advanced Tai Chi Class 9:30 a.m. Quilters Group 11:00 a.m. Water Exercise Class 12:30 p.m. Men’s Bridge Group 1:00 p.m. Non-impact Fusion Water Class 2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Model Train Group 5:30 p.m. Tap with Gerry Class	Friday, January 13 Clubhouse I 1:30 p.m. Watercolors Any Level 3:00 p.m. Hispanos de LW 5:00 p.m. Cafe AIM 7:00 p.m. Friday Duplicate Bridge Clubhouse II 10:00 a.m. Chinese Club 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Zumba Gold Class 1:00 p.m. Friday Bridge Club	Saturday, January 14 Clubhouse I 9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio Clubhouse II 9:15 a.m. Shabbat Services 2:00 p.m. Going It Alone: Video, Bingo	Sunday, January 15 Clubhouse I 10:00 a.m. JRLW Breakfast Forum Clubhouse II 3:30 p.m. Photo Matinee	Monday, January 16 Clubhouse I 9:30 a.m. Art Class, Any Medium 11:30 a.m. MLK Brunch 12:00 p.m. LW Lions Club Meeting 1:00 p.m. Paintbrush & Knife Class 1:30 p.m. LW Chorale 2:00 p.m. NARFE Group 3:00 p.m. Argentine Tango Class 7:00 p.m. Bingo Clubhouse II 9:00 a.m. Senior Sneakers 10:00 a.m. Clipper Workshop 10:30 a.m. Zumba Gold Class 12:30 p.m. Men’s Bridge 1:00 p.m. Chess Group 2:00 p.m. Line Dance Class
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Dial 301-598-1313
for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees	
Budget & Finance Jan. 18, 10:00 a.m., Clubhouse I	Landscape Jan. 12, 9:30 a.m., Clubhouse II
Energy Jan. 17, 9:30 a.m., Clubhouse I	Leisure World News Jan. 19, 10:00 a.m., Clubhouse I
Foundation Jan. 11, 9:30 a.m., Clubhouse II	Physical Properties Jan. 10, 9:30 a.m., Clubhouse II
Government Affairs Jan. 6, 2:00 p.m., Clubhouse I	Restaurant Jan. 16, 10:00 a.m., Clubhouse I
Health Jan. 18, 2:00 p.m., Clubhouse I	Security & Transportation Jan. 12, 9:30 a.m., Clubhouse I
LWMC Board of Directors Jan. 6, 9:30 a.m., Clubhouse I – Organizational Meeting Jan. 6, 11 a.m., Clubhouse I – Annual Meeting The meetings will air on Jan. 9, 11, and 13 at 4 p.m. and 7 p.m. on channel 974.	
LWCC Executive Committee Jan. 20, 9:00 a.m., Sullivan Room The meeting will air on Jan. 25, 26, and 27 at 4 p.m. and 7 p.m. on channel 974. <i>Meeting times and locations subject to change.</i>	

Leisure World Mutual Meetings	
January 10 Mutual 16 Board 9:30 a.m., Sullivan Room Mutual 19A Board 9:30 a.m., Clubhouse II Mutual 7 Board 1:00 p.m., Sullivan Room Mutual 25 Board 7:00 p.m., Sullivan Room	January 16 Mutual 13 Board 9:00 a.m., Sullivan Room
January 11 Mutual 11 Board 4:00 p.m., Sullivan Room	January 17 Mutual 14 Board 9:30 a.m., Sullivan Room
January 12 Mutual 12 Board 1:00 p.m., Sullivan Room	January 18 Mutual 5 Board 9:30 a.m., Sullivan Room
	January 19 Mutual 15 Board 9:30 a.m., Sullivan Room
	January 23 Mutual 23 Board 10:00 a.m., Party Room Mutual 9 Board 10:00 a.m., Sullivan Room
<i>Meeting times and locations subject to change.</i>	

2:00 p.m. Chair Yoga Class 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Class	1:00 p.m. Non-impact Fusion Water Class 1:30 p.m. Comedy & Humor Club 6:15 p.m. Move to the Beat Class 7:00 p.m. Vegetarian Society Meeting
Tuesday, January 17 Clubhouse I 9:00 a.m. Blood Pressure Testing 9:30 a.m. Art Class, Any Medium 1:30 p.m. Republican Club Meeting 2:00 p.m. Book Club Network 7:00 p.m. Duplicate Bridge 7:00 p.m. Trivia Group Clubhouse II 9:30 a.m. Beginner/Advanced Tai Chi Class 11:00 a.m. Water Exercise Class 11:00 a.m. Mild Exercise Class 1:00 p.m. Scrabble Group	Wednesday, January 18 Clubhouse I 9:00 a.m. Gentle Yoga Class 10:00 a.m. Express Yourself Art Class 10:15 a.m. League of Women Voters 10:30 a.m. Woman’s Club Brunch 11:00 a.m. Short Story Group 1:00 p.m. Oils & Acrylics Class 6:45 p.m. Chicago Bridge Clubhouse II 11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Aqua Fit Class

1:00 p.m. Ping Pong Club
2:00 p.m. Chair Yoga Class
5:30 p.m. Zumba Gold Class

Thursday, January 19
Clubhouse I
9:15 a.m. Stretch & Tone Class
10:00 a.m. Painting for Everyone
10:30 a.m. Beginner Stretch & Tone Class
11:00 a.m. Writers Workshop
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner/Advanced Tai Chi Class
10:00 a.m. Stitchers Group
10:00 a.m. MVA on Wheels
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. Movie: “Advanced Style”
1:00 p.m. Non-Impact Fusion Water Class
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, January 20
Clubhouse I
10:00 a.m. Book Club Network
12:15 p.m. Kiwanis Club
1:30 p.m. Watercolors Any Level
3:00 p.m. Hispanos de L W
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge Club

Saturday, January 21
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
7:00 p.m. LW Lions Club
Clubhouse II
9:15 a.m. JRLW Service
12:00 p.m. LGBT Group
1:00 p.m. Camera Club PSA
2:00 p.m. Going It Alone: Video

Sunday, January 22
Clubhouse I
10:00 a.m. Hadassah Brunch
2:00 p.m. Italian Club Meeting
Clubhouse II
10:30 a.m. Jewish Friendship Group
3:00 p.m. Not 2 Cool Jazz Trio

Monday, January 23
Clubhouse I
9:15 a.m. Stretch & Tone Class
9:30 a.m. Art Class, Any Medium
10:15 a.m. Beginner Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
2:00 p.m. Book Club Network
3:00 p.m. Argentine Tango Class
7:00 p.m. Bingo
Clubhouse II
9:00 a.m. Senior Sneakers Class
12:30 p.m. Men’s Bridge Group
1:00 p.m. Chess Club
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class

Tuesday, January 24
Clubhouse I
9:30 a.m. Art Class, Any Medium
1:00 p.m. Watercolor Techniques Class
2:00 p.m. Book Club Network
2:00 p.m. CLL General Meeting
7:00 p.m. Duplicate Bridge
7:00 p.m. Trivia Group
Clubhouse II
9:30 a.m. Beginner/Advanced Tai Class
10:00 a.m. LW Apple Club
11:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class
1:00 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. Comedy & Humor
2:30 p.m. UU Group
6:15 p.m. Move to the Beat Class

Wednesday, January 25
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Express Yourself Art Class
1:00 p.m. Oils & Acrylics Class
2:00 p.m. LW Green Group
6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Aqua Fit Class
1:00 p.m. Ping Pong Club
2:00 p.m. Chair Yoga Class
5:30 p.m. Zumba Gold Class

Thursday, January 26
Clubhouse I
9:15 a.m. Stretch & Tone Class

10:00 a.m. Painting for Everyone
10:30 a.m. Beginner Stretch & Tone Class
12:30 p.m. Ladies Bridge
1:00 p.m. Oils/Acrylics Class
3:00 p.m. Edmonson Society Annual Meeting
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner/Advanced Tai Chi Class
10:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. Non-impact Fusion Water Class
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, January 27
Clubhouse I
1:30 p.m. Watercolors Any Level
3:00 p.m. Hispanos de LW
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
10:00 a.m. Chinese Club
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge Club

Saturday, January 28
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
7:30 p.m. Ballroom Dance Club
Clubhouse II
9:15 a.m. JRLW Service
2:00 p.m. Going It Alone: Video, Bingo
4:00 p.m. The Musical Plumer Family

Sunday, January 29
Clubhouse I
Have a Happy Day
Clubhouse II
2:00 p.m. Movie: “Southside with You”

Monday, January 30
Clubhouse I
9:30 a.m. Stretch & Tone Class
9:30 a.m. Art Class, Any Medium
10:30 a.m. Beginners Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
3:00 p.m. Argentine Tango Class
7:00 p.m. Bingo
Clubhouse II
10:30 a.m. Zumba Gold Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club Class
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class

3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Class

Tuesday, January 31
Clubhouse I
9:30 a.m. Art Class, Any Medium
1:00 p.m. Watercolor Techniques Class
7:00 p.m. Duplicate Bridge
7:00 p.m. Trivia Group
Clubhouse II
9:30 a.m. Beginner/Advanced Tai Chi Class
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
1:00 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. Comedy & Humor
2:00 p.m. Compassion & Choices Group
6:15 p.m. Move to the Beat Class
7:00 p.m. Camera Club Competition

Wednesday, February 1
Clubhouse I
9:00 a.m. Gentle Yoga Class
9:00 a.m. AARP Income Tax Service
10:00 a.m. Express Yourself Art Class
11:00 a.m. Short Story Group
1:00 p.m. Oils & Acrylics Class
2:00 p.m. Book Club Network
6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Aqua Fit Class
1:00 p.m. Ping Pong Club
2:00 p.m. Chair Yoga Class
4:00 p.m. LWAAAC General Meeting
5:30 p.m. Zumba Gold Class
7:30 p.m. Fun & Fancy Theatre

Thursday, February 2
Clubhouse I
9:15 a.m. Stretch & Tone Class
10:00 a.m. Painting for Everyone
10:30 a.m. Beginner Stretch & Tone Class
10:30 a.m. Essential Tremor Group
11:00 a.m. Writers Workshop
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
3:00 p.m. Stamp Club Meeting
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner/Advanced Tai Chi Class
10:00 a.m. Stitchers Group
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge Club
1:00 p.m. Non-impact Fusion Water Class
1:00 p.m. Gilbert & Sullivan Society
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, February 3
Clubhouse I
12:15 p.m. Kiwanis Club Meeting
1:30 p.m. Watercolors Any Level
3:00 p.m. Hispanos de LW
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club

Saturday, February 4
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. ANG Meeting
10:00 a.m. Open Art Studio
Clubhouse II
9:15 a.m. JRLW Religious Service
2:00 p.m. Going It Alone: Video, Bingo

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CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean & dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back up, and retrieve important data, photos, and music. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES - Need help with your computer? Training, new computer setup, troubleshooting, installation. Lessons at your residence at your convenience. Teach basic computer, email, surfing the web, digital photos, tablets, smartphones, smart TVs, and more. Patient trainer will sit by your side and teach you in plain English - no technical talk! Shopping assistance for all electronic & computer items. Senior specialist since 1996. Senior discount. Call David at (301-762-2570). ComputerTutor

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) Cmor53607@msn.com www.continentalmovers.net.

SMALL JOBS WELCOME! Picture hanging, moving boxes, carpet stretching, bathroom caulking, adjusting bathroom fixtures, hanging curtain rods, resetting closet doors, minor wall patching and painting. Need something else? Please ask Jesse (301-747-5054).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior’s

Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55 yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

CALL & RIDE in a Volvo. Store, doctors, casino, airport. Larry (240-743-8287) or (larrykraft73@yahoo.com).

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don’t let your precious photos be forgotten or fade over time. I’ll transfer your photos, slides, and mementos to a CD so they can be easily shared with friends and family. Once they’re scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services (301-438-3140).

DOG WALKING, CAT SITTING, birds. Daily drop-ins or vacations, overnights by mature animal lover with 10 years experience. Medication or insulin as needed. Call Eileen (301-442-3989).

PRETTY PAWS, in-home small dog grooming by Sue & Tanya, certified groomers. Call (301-538-2761).

CERTIFIED/REGISTERED CHIROPRACTIC and Massage Therapist. I will come to your residence. Special rates for Leisure World/senior rates. Call for appointment only, (240-618-6352). Yeping “Ping” Luo.

HELP WANTED

PERFECT PART-TIME retirement job. Winter Growth, Inc. is looking for part-time van drivers to transport older and disabled adults to our center at Olney, Md. Part-time positions are available. Part-time hours include morning and afternoon shifts. Split Shift: 7-9 a.m. and 3-5 p.m. Must have valid Maryland driver’s license. Duties include: providing excellent customer service, securing passengers safely, and being a safe and courteous driver. Experience driving a 12-passenger van is a plus. \$12.10 - \$13 per hour. Send your resume to (humanresources@wintergrowthinc.org) or call (410-964-9616).

TYPIST – TECHNICAL for various assignments. Call (301-565-2917).

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting,

paying routine bills and keeping track of financial matters. Interested volunteers should contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, 7 day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Training Course starts March 11. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

HELP A CHILD! In just 1-2 hours a week you can make a difference in a child’s life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near

Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

(mortonadavis@comcast.net).

NOTICES

KEEPING SENIORS SAFE- KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or

UPCOMING EVENTS

PHILADELPHIANS! The next gathering of the "Philadelphia Club" is on Sunday, Jan. 15 in Clubhouse II in Meeting Room 2 at 11 a.m. Please join us if you were born, lived, worked or went to school in Philly.

WANTED

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years experience serving Leisure

World. Leave message 24 hours. I will come to you. Cash or cashiers check at your request. I can also help with your new car purchase, any make or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, Weapons, Helmets, Photos, Medals, or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

WANTED: FIREARM COLLECTIONS, one piece or one

hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. Gary (301-520-0755).

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. Gary (301-520-0755).

CASH FOR OLD BICYCLES: 1940's through 2000's, all makes and models. We come to you. We are local and family owned. Vintage restoration also available. Please call Vic (240-602-8752).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

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Recent Solds "Around the World"!



SOLD!

3613 Tarkington Lane #59-B

Our buyers sold their home in Olney and found their perfect new home! Call us TODAY to see how we can help you!



RENTED!

3501 Forest Edge Drive #14-1D

Beautiful 2 bedroom 2 bath condo on the ground floor! Complete with patio!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
3640 GLENEAGLES DR #10-3A	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$65,000	\$65,000	\$0
3100 LEISURE WORLD BLVD #619	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$195,000	\$187,500	\$0
3100 LEISURE WORLD BLVD #817	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$219,000	\$210,000	\$0
3100 LEISURE WORLD BLVD #924	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$290,000	\$285,000	\$0
15001 CANDOVER CT #281-D	ROSSMOOR MUTUAL #12	Townhouse	2	2.5	\$145,000	\$146,500	\$0
15141 VANTAGE HILL RD #8-C	ROSSMOOR MUTUAL #14	Patio Home	3	2	\$418,000	\$405,000	\$400
3556 FISKE TER #146-B	ROSSMOOR MUTUAL #9	Patio Home	2	1	\$234,000	\$205,000	\$0
2921 LEISURE WORLD BLVD #1-414	ROSSMOOR MUTUAL #22	Garden 1-4 Floors	2	1.5	\$95,000	\$95,250	\$0
3005 LEISURE WORLD BLVD S #603	TURNBERRY COURTS	Mid-Rise 5-8 Floors	2	2	\$269,000	\$240,000	\$0
14809 PENNFIELD CIR #406	VILLA CORTESE	Garden 1-4 Floors	2	2	\$299,900	\$292,000	\$8,760



Bob Levey's "Living Leisurely"

As the old song says, little things mean a lot. And if you're looking to buy a home at Leisure World, the old song is truer than ever. Any Realtor can write a contract on a home at Leisure World. Any Realtor can arrange a home inspection. Any Realtor can present a buyer with financing options. But after that, the road forks. To one side: The average agent. To the other: Karen Rollings and her team. Karen Rollings has been one of the leading real estate producers in Montgomery County, MD for more than 30 years. A considerable part of her success has come at Leisure World. She knows the rhythms of the place. She knows the plusses and minuses. As another old song says, she is always willing to climb every mountain, ford every stream. Karen's success can be your success. Karen really earns her reputation when things threaten to come unstuck at the last minute. Many times, at Leisure World and elsewhere, she has read the fine print during settlement and prevented a misunderstanding or a mess. Many times, she has bought extra time so that a deal can hurdle one last bump. It's all about attention to detail. Karen Rollings has been a master of that for a very long time. She and her team are ready to help you through the buying process, whether you're sure you want to move to Leisure World or whether you are just considering it. She can walk you through all the options and all the questions. She is the agent to see if you want a reputable, experienced representative. Karen Rollings and her team are ready to work with you. Please give them a call today.



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5. **ENJOY FIVE STAR SENIOR LIVING TODAY!**

Aspenwood Senior Living makes it easy to keep your resolutions. With Five Star dining, a full calendar of activities and social events, a community of friends to share the day with, and support and care available when needed, you'll feel like every day is a holiday.

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