# Leisure World News

OF MARYLAND

January 18, 2019 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

# All in a Day's Snowstorm

# Crew Works to Keep Roadways and Sidewalks Clear

by Stacy Smith, Leisure World News

Not many jobs require people to dress for a snowstorm. But for McFall & Berry Inc.'s crew of 100-plus snowplowers and shovelers, every snow day is a workday.

The landscaping contractor company was out in full force last weekend – treating, clearing and, in many cases, manhandling more than half a foot of wet, heavy snow that blanketed the community and its surrounding areas.

It was the type of snow that's great for building snowmen, but isn't so easy to plow or shovel, said Bob Rieck, who oversees McFall & Berry Inc.'s snowplowing operations.

The early weather reports

indicated last weekend's storm would head south, Rieck said.

But his years of experience working in the Virginia and Washington, D.C. regions, combined with his knowledge of the community's topography, has taught him that Leisure World is often the exception to the rule.

Leisure World "will typically pick up anywhere from one to a couple of inches [of snow] more than the average location," he said.

#### **Before It Hits**

When wintry weather is expected, Rieck and Gustavo Zamora, who manages snow shovel operations, work with the Grounds Maintenance

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A McFall & Berry Inc. snowplow clears a road in Mutual 18 Jan. 14. Photo by Stacy Smith, Leisure World News

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# **Digging Out**



The Greens resident Lorin Beehler clears the snow from his SUV on Jan. 14 before leaving Leisure World to spend time with his grandchildren. Well over six inches of snow fell around some parts of the Washington, D.C. area last weekend, marking Maryland's first snowfall of the year. Photo by Stacy Smith. Leisure World News

# Comprehensive Print and Online Phone Directory Coming in February

by Stacy Smith, Leisure World News

Residents eager for a paper copy of the phonebook are in luck; a print directory is expected to be available for pick-up at all property manager and mutual assistants' offices and at the Administration Building beginning at the end of February.

In addition to residents' phone numbers, home addresses, unit numbers and mutual numbers, the print directory will include local fire, medical and other emergency and non-emergency phone numbers and information.

A list of frequently called numbers within Leisure World is available in the directory for quick reference, along with departments and services' hours of operations. Included also is a map of the community and a street index with all Leisure World street names, map coordinates and mutuals or Trust properties indicated.

An online directory of residents' names, home addresses and phone numbers is also available only for residents and absentee owners who have signed up

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The LWCC board of directors elected its officers and at-large members for the new year. **See** page 7 for details.

### **Directories**

from page 1

Department to make decisions and discuss the plan going forward.

"We try really hard to be out in front of the incoming storm," Rieck said. "We have people already on the property in every case, and it doesn't matter if [weather reports are] calling for a quarter inch or just a dusting."

The team considers everything from the time precipitation is expected to begin falling and anticipated traffic volumes in and around Leisure World, to whether or not the temperature is expected to warm up the ground in the days afterward.

Rieck even has access to a

Montgomery County camera that allows him to continually monitor conditions around the area.

### **Executing the Plan**

Before a storm hits, roads are often pre-treated with a bulk salt product that won't damage

the asphalt, and sidewalks are typically treated with a less aggressive product made of magnesium, which does not degrade the sidewalks' appearance.

Snowplow operators can work up to 16-18 hours per shift, driving through the community to first clear a path for emergency vehicles, and then start on the main throughways and traffic hubs, including the entrance and exit gates, North and South Leisure World Boulevard and Rossmoor Boulevard.

And if a storm continues through the night, Rieck

"We have people

already on the property

in every case, and

it doesn't matter if

[weather reports are]

calling for a quarter

inch or just a dusting."

said the crew tries not to leave more than an inch or two on the ground at any given time.

"So we're kind of actively out there plowing all night long, and we'll shift plow operators," he said.

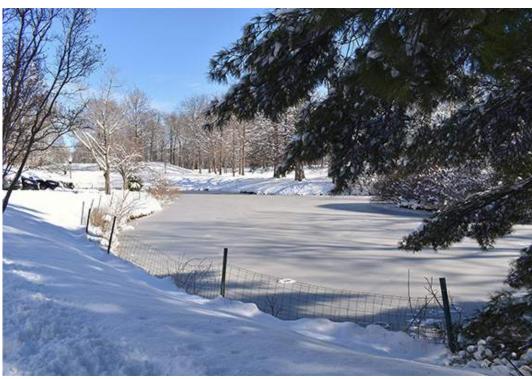
If needed, the crew will

even relocate snow.

- Bob Rieck,

McFall & Berry Inc.

When the operators and snow shovelers need a break,



Temperatures hover around freezing, leaving the pond situated between the golf course and The Greens layered in a sheet of ice Jan. 14. Photo by Stacy Smith, Leisure World News

those who live locally can go home to their families and come back later, while others who live farther away can grab a hot drink, warm up or even take a cat nap in McFall & Berry Inc.'s office located in the Physical Properties Department building.

Rieck says some residents have even brought hot cocoa or coffee out to the snow shovelers to show their appreciation, though he doesn't recommend folks walk around when the ground is icy.

#### **Preparing Ahead**

More wintry weather has been forecasted for this

weekend, but not to worry – the crew is on it.

"We're constantly monitoring [the weather]," Rieck said. "No two storms are alike."

Residents who have a comment or concern about snow removal operations are asked to contact the Grounds Maintenance Department at (301-598-1314).

To view, download or print Leisure World's snow removal plan, visit (residents. lwmc.com) and click on the dropdown arrow next to Amenities & Services, and then click on "Physical Properties Department."

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# Leisure World News

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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# Clubhouse Grille **Introduces New Hours**

o better serve the L community, the Clubhouse Grille restaurant has reduced its operations for the next few months.

The restaurant is open for full dinner service with live music on the following Wednesdays: Jan. 30, Feb. 13, Feb. 27 and March 13.

The Grille's bar is also open with a limited menu every Friday and Saturday through mid-March from 4-10 p.m.

– Leisure World News



Photo by Leisure World News

# Showroom Reopens as Willson's Leisure World

### Renovations



Willson's Leisure World Renovations. Photo by Leisure World News.

he showroom at the Physical Properties Department reopened Jan. 1 as Willson's Leisure World Renovations. Residents who are thinking of renovating or remodeling their home are welcome to stop by the showroom on weekdays any time between 8:30 a.m.-3:30 p.m., where they can discuss projects with owner Brian Willson and his staff, and peruse a variety of available cabinetry, counters, flooring, fixtures, hardware and other accessories.

Willson has completed renovations and other construction projects locally for over 42 years; the company contracted with Leisure World in spring 2018. The Showroom is located at 3301 North Leisure World Boulevard. For more information, call (301-598-1348).

#### **CLARIFICATION**

The article "The First Steps in Strategic Planning" which appeared on page 5 of the Jan. 4 edition of Leisure World News stated that LWMC management would attend the Special Strategic Planning Committee's (SSPC) one- or two-day meeting regarding strategic planning. It is yet to be determined who would be in attendance, as the contract between Leisure World and the strategic planning consultants has not been signed at the time of publication.

#### **Ping-Pong Club**

# Jan. 23: Check Out the **New Ping-Pong Room**

by Julie Friedman

n Wednesday, Jan. 23, from 1-4 p.m., the Ping-Pong Club will celebrate the opening of the new Ping-Pong and Meeting Room in Clubhouse II with a free ping-pong ball for the first 50 visitors. Light refreshments will also be served.

The event also features the unveiling of a plaque dedicated to Gilles Gouin volleys the ball back to the memory of outstanding pingpong player Ernie Lichtenstein.

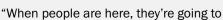
All residents are welcome to attend.



his opponent during the Ping-Pong Club's first practice in the new Ping-Pong Room in Clubhouse II Jan. 4. Photo by Leisure World News

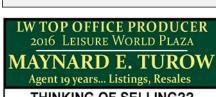
### Where In Leisure World?

The patch of rocks featured in the Jan. edition of Leisure World News is part of a beautification project that sits on an incline adjacent to the Pro Shop. The landscaped rocks spell out the words "LW Golf" and are visible from Leisure World Boulevard.









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#### **Directories**

on the resident website, (residents.lwmc.com).

#### **Opting Out**

Residents and absentee-owners who do not want their contact information included in either or both the print and online phone directories are asked to opt out their information by contacting their mutual assistant (MA) or property manager (PM) by Friday, Feb. 15.

Residents who wish to opt out are encouraged to refer to the chart below and

Mutual Name/

Number

6B, 8, 12 and 22

10, 15, 16, 19B

Montgomery Mutual | Steve Wischmann

6C

17B

20A

20B

21

23

24

26

27

5, 6A, 7 and 19A Jennifer Quinteros

11 and 18 | Monica Tejada

13, 14, 25 | Kelly Barton



Figure 1, screenshots by Leisure World News

contact their MA or PM,

Monday through Friday

Residents and absen-

tee-owners who do not opt

out of the print directory will

**Phone** 

(301-598-1080)

(301-598-1369)

(301-598-1031)

(301-598-1335)

(301-598-1370)

(301-598-1316)

(301-598-1371)

(301-598-1338)

(301-598-1540)

(301-598-1520)

(301-598-1505)

(301-598-1530)

(301-598-1337)

(301-598-1050)

(301-598-1075)

(301-598-5800)

(301-598-1534)

8:30 a.m.-5 p.m.

**Mutual Assistant/** 

**Property Manager** 

Alicia Drummond

Wendy Bethke

Kenia Ibanez

Roberta Carter

Catherine Seger

Marina Talavera

JoAnn Mauzy

Lynn House

Sandy Abram

Alisia Madariaga

Elizabeth Schultz

Carol Koendarfer

Cristian Juarez

during regular business hours,

automatically have their name, home address and phone number also added to the online directory on (residents. lwmc.com).

Residents and absentee owners can make some or all of their contact information on the online directory private, or add or change their contact information, by signing into (residents.lwmc. com) and following a few key steps.

Residents can sign into the mutual's website, click on "Profile" at the top of the homepage, and then click on Figure 1 above.

In their profile, residents can set all of their contact information to either public (visible to residents and property owners who are registered on the website and office staff), or private (visible only

To make this selection, residents can click on the "Edit" button next to their name as

Contacts John Smith (Renter)



Figure 2



Figure 3

#### **Public vs. Private Information**

"Edit My Profile," as shown in

to themselves and office staff).

shown in Figure 2 above.

To make their information public, residents should check the box that says, "Check this box for Public," as shown in Figure 3 above.

To make the information private, deselect this checkbox.

#### **Editing Profile Information**

Residents also have the option of making portions of their information private and other portions, public.

In "Edit My Profile," residents can select the "Edit" button next to their name. Under the "How to keep in touch" heading, enter or change an email address and/ or work and home phone numbers as needed by typing them into the text fields, and then selecting which to make public or private by checking or unchecking the corresponding boxes, as shown in Figure 4 below.



Figure 4

When finished, make sure to click on the save button at the top.



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GG w/Garage Space – 8th Floor in Bldg. 1 of The Greens, this two bedroom, two bath apartment is freshly painted with new wallto-wall carpeting and a lovely view of trees and golf course from all windows and enclosed balcony. And don't forget the garage

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# **GOVERNANCE** & Information

#### **HOLIDAY SCHEDULE**

#### Monday, Jan. 21, Martin Luther King Jr. Day

#### **CLUBHOUSE I**

Education & Recreation	9 a.m3 p.m.
Eyre Travel	
Rossmoor Library	Closed
Clubhouse Grille	
Stein Room	9 a.m8 p.m.
Terrace Room	

#### **CLUBHOUSE II**

Education & Recreation	8 a.m8 p.m.
FISH Desk	Closed
Fitness Center	4 a.m9 p.m.
Swimming Pool (Indoor)	

#### **OTHER SERVICES**

Golf Course & Pro Shop	8:30 a.m4 p.m.
MedStar Health	Open
MedStar Pharmacy	Open
Physical Properties Department (PPD)	Closed
Post Office	Closed
Security Gates	Open
Signal Financial Federal Credit Union	Closed

**Shuttle Buses:** No shuttle service. Call Main Gate for supplemental transportation.

**Trash/Recycling Collection:** No trash or recycling collection. Trash collection will be on the next regular day for your location.

**Emergency Preparedness Advisory Committee** 

# Make an Emergency Plan

by Emily Geller

A new year is an ideal time to resolve to become better prepared for a true emergency.

In a natural disaster or residential fire, for example, it is essential to have a plan, especially if phone lines and other forms of communication are compromised.

It is important to think about such things before a disaster, rather than during an event – in other words, to make an emergency plan.

#### **How to Plan**

Joseph Corona, community outreach coordinator for the Montgomery County Office of Emergency Management and Homeland Security, has outlined what is involved in making a personal emergency plan.

He recommends starting with a Montgomery County

community preparedness workbook, available online in multiple languages in the County resource library at (www.montgomerycountymd. gov/oemhs/resourcelibrary/index.html).

Print the form and answer its questions, such as: Who is in your support network? Do you have a meeting place where you will meet family and friends after an emergency? How will you stay in touch with them?

Plan what you would do and the things you would need if you had to evacuate or shelterin-place at a moment's notice.

Corona plans to post a different preparedness topic on (nextdoor.com) each month to help Montgomery County residents become better prepared for emergencies, and the Emergency Preparedness Advisory Committee plans to bring his advice to the attention of residents.

#### Dial 301-598-1313 for recorded Daily Events

#### 2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting
The Jan. 18 meeting airs on
Jan. 23, 24 and 25.

Board of Directors Meeting The Jan. 29 meeting airs on Feb. 4, 6 and 8.

# **Group Email Addresses**

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com
- Administration administration@lwmc.com
- Communications communications@lwmc.com
- Education and Recreation recreation@lwmc.com
- Physical Properties physical properties@lwmc.com
- Security security@lwmc.com

# Tax Volunteers Are Here to Help

ARP Tax-Aide volunteers will return to Leisure World to prepare tax returns for residents (by appointment only) and at no charge.

Tax preparation sessions are held on Wednesdays and Fridays from Wednesday, Feb. 6, through Friday, April 12, with the first appointment beginning at 9 a.m. and the last held at 2:15 p.m.

Residents can schedule an appointment beginning on Tuesday, Jan. 29, at 8:30 a.m. by stopping by the Clubhouse I E&R office or calling (301-598-1300).

– Leisure World News

### Robo Call Reminder



M anagement will use robo calls, along with the closed-circuit information channels 972 and 974, to inform residents of any delays or cancellation of services due to weather conditions.

Robo calls will be made only in emergency-type situations.

#### **GOOD TO KNOW:** KEEPING UP WITH THE BOARD OF DIRECTORS

by Leisure World News

eisure World is a self-**⊿** governed community, so several discussions and decisions occur at its monthly Leisure World Community Corporation (LWCC) board of directors meetings that residents may find informative.

Comprising residents who represent each of the 29 mutuals, the LWCC board of directors is a voting body that establishes the annual budget, makes decisions regarding major contracts and projects and determines Trust policies, programs and services.

Each mutual sends at least one representative from its board to sit on the LWCC board of directors. Board members volunteer their time and leadership to sustain the community.

Every resident has the option to stay abreast of the community's governance activities.

#### **Attend a Board Meeting**

The LWCC board of directors meetings are open to all residents. The next meeting is scheduled for Tuesday, Jan. 29, at 9:30 a.m. in Clubhouse I.

Residents may attend to listen to the proceedings or to comment on agenda items upon which no action was taken, community policies or the operations of the LWCC facilities during the meeting's open forum section.

Residents may also comment on an agenda item before the board votes on it. Residents who cannot attend may have their say by sending an email to (board@lwmc. com).

Correspondence between residents and the board is included in the agenda packet of the following board of directors meeting.

Upcoming board of directors meeting dates, times and locations are listed on:

 the Governance Meeting Schedules section on the Calendar of Events page of the Leisure World News

- the resident website (residents.lwmc.com) community calendar
- Channel 972 and 974's broadcast calendars

#### **Agendas and Minutes**

Meeting agendas and minutes are also available at (residents.lwmc.com). Click on the dropdown arrow next to the "Documents" tab, and then click on "Documents." In the Resource Center, click on the "Board of Directors" folder, and then on the "Board of Director Meeting Agendas and Minutes" folder. Therein are located the meeting agendas and minutes for 2019 and previous years, which may be downloaded, printed or viewed online. An upcoming meeting's agenda is typically posted on the website a few days before the meeting is held.

Residents who have not signed up on (residents. lwmc.com) can still receive a hard copy of an agenda, minutes or other documents by contacting their mutual's manager or assistant, or by inquiring at the Administration Building.

#### **Video Broadcast**

Residents who are unable to attend a meeting can catch its playback on channel 974 the following week. Board of directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

#### **Get to Know Your Board** Representative

Residents can contact their board representative by email, letter, phone or in-person. Residents can find the name and contact information for the board of director of their mutual by contacting their mutual manager or assistant, or by calling (301-598-1000).

Elected board members represent their mutual's constituents and should be happy to address their concerns or questions.

# **Board Elects 2019 Officers** and At-Large Members















Top row, from left: Paul Eisenhaur, Robert Tropp, Henry Jordan. Bottom row, from left: Phil Marks, David Polinsky, Ken Muir and Linda Wacha. Photos by Leisure World News

by Leisure World News

he Leisure World **■** Community Corporation (LWCC) board of directors selected its officers and at-large executive committee members at its organizational meeting Jan. 4.

The board officers for 2019 are, top row from left: chairman, Paul Eisenhaur; vice chairman, Robert Tropp; and executive secretary-treasurer, Henry Jordan.

The at-large members of the executive committee are, bottom row from left: Phil Marks, David Polinsky, Ken Muir and Linda Wacha.

The next meeting of the LWCC board of directors is Tuesday, Jan. 29, at 9:30 a.m. in Clubhouse I.



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# THOUGHTS & OPINIONS: From Our Residents

# A Few Things to Remember

Relevance: Make sure that your submission is relevant to the LW community as a whole and not to just

one person, mutual, or organization.

**Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

**Brevity:** Being concise will ensure that your opinion will

have maximum impact.

Accuracy: Document all factual assertions. Opinions that

are backed up with facts are more powerful, but

only if the facts are accurate.

Ownership: All submissions are subject to editing but you

will have the opportunity to approve the edits

before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.

#### HOLIDAY GLOBE

t's too late for this year, but Let's decorate the globe next year. We can project red and green lasers onto the globe. With computer assistance we can project a Christmas tree

and a menorah. We can buy a MegaWatt amplifier and blast my favorite Christmas song, "Have Yourself a Merry Little Christmas" and alternate with "I Have a Little Dreidel."

For Easter we could project a bunny and a matzah ball. We could blast "Here Comes Peter Cottontail" and "Chad Gadya (an only kid)." Think of the endless possibilities for other holidays.

If you don't like these ideas, how about offering to donate the globe to the National Geographic Society to place in front of their building, providing of course they pay for the removal.

– Joel Katz

#### DANCING AT **LEISURE WORLD**

ancing opportunities within Leisure World during 2019 are summarized for residents who enjoy

dancing, want to dance, or dream. Our Leisure World is truly blessed with so many dancing opportunities that all welcome newcomers with no hesitation. If you have any doubt, all you need to do is to show up at one of these events.

If you are too shy to dance, you can at least enjoy the music. Those of you who never danced or danced a long time ago may contact groups such as the Sock Hop Group, Ballroom Dance Club or the Center for Lifelong Learning for possible presentation of beginner's classes. Having a dancing partner is not a requirement for any of these events. The worst you can do is to sit in your room and sulk.

You can check the dance schedules at each dance group's Club page, or the Leisure World News.

- Semoon Chang

#### SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

- 1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
- 2. Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- 4. LW News cannot guarantee when or if a submission will be published.
- 5. To view the full Leisure World News Guidelines, login to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.



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# In 2018 We Did Over 45 Transactions!

Dear Reader,

Last year was a busy and productive one. Because of our vast experience, we also list, sell, & consult on properties in the surrounding Metro area for neighbors, past clients, & those moving to the community. Our current listings are detailed in this paper's classifieds under "Real Estate for Sale." Here are some of our outside 2018 listings and consults. Seven properties in Silver Spring, two in Rockville.

#### SILVER SPRING

- 14913 McKisson Ct, #3C
- 3306 Castle Ridge Cir, #20
- 21 Locustwood Ct
- 14323 New Hampshire Ave
- 14900 Notley Rd
- 15128 Middlegate Rd
- 1474 Carona Dr

#### ROCKVILLE

- 15414 Manor House Ter
- 4512 Norbeck Rd

#### WASHINGTON, DC

44 Kennedy St. NE



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15101 Interlachen Dr. #211-212 3310 LW Blvd. #1007, #628, #103 15115 Interlachen Dr. #115, #504

3330 LW Blvd. #512, #323

3 LW Blvd 82 Chiswick Ct



15000 Pennfो 14805 Pennfiel



15311 301 Pirì\ ard, D-2H



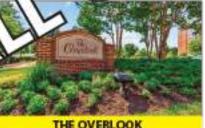
TURNBERRY COURT

VANTAGE POINT

3200 N.LW Blvd.#704 3210 LW Blvd, #416, #918



2901 LW Blvd, #309, #320, #415



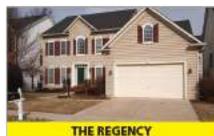
3100 N.LW Blvd #626

**PATIO HOMES** 

2904 LW Blvd, #310

3005 LW Blvd, #502, #722, #501

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Weichert Realtors: 301-681-0550 office

# **EVENTS** & Entertainment

#### The Inter-Faith Chapel

# Jan. 21: Next Generations Reflect on MLK's Legacy

by Rev. Dr. Ramonia Lee

The national holiday to honor the life of Rev. Dr. Martin Luther King Jr. is on Monday, Jan. 21.

Young people played a vital role in King's movement, but does his legacy remain an inspiration for today's millennials (those born between 1981 and 1996) and Generation Z (those born in 1997 or later)?

Come join the community's annual Martin Luther King Jr. worship service on Monday, Jan. 21, at 10 a.m. in The Inter-

Faith Chapel and hear how millennials and Generation Z are seeking to embrace and live out the key principles of King's legacy of human rights for all.

The service features three dynamic speakers who will educate residents on the new civil rights challenges the next generations face, and how King might have addressed the social issues and pursuits of justice they confront.

Speakers include 16-year-old Elijah J. Isaac, a junior at School Without Walls in Washington, D.C., and the grandson of Chapel and LW Association for African American Culture (LWAAAC) member Maureen Harris; Adjua Pryo, a first year law student at Georgetown University Law School and the granddaughter of Juanita Sealy-Williams; and Rev. Chaim "C.J." Abramowitz Rodriguez, a professional educator, ordained minister in the Christian Church (Disciples of Christ), social justice advocate, pastor of Iglesia Cristiana Nacional (Discípulos de Cristo), a worshiping community at National City Christian Church, and the minister for young adult activism for the Disciples Center for Public Witness.

Everett Williams, minister of music and the arts at Asbury United Methodist Church in Washington, D.C., is the guest organist. The Leisure World Chorale, under the direction of Connie Graber, will also provide music.

LWAAAC and The Inter-Faith Chapel co-sponsor this event. All residents and their guests are invited to join us as we recommit to the cause of justice and freedom, and remember those in the Civil Rights Movement whose sacrifices make even such a gathering possible.

The Inter-Faith Chapel is located at 3680 South Leisure World Boulevard.

#### **Sock Hop Group**

# Jan. 19 and Feb. 2: Sock Hoppin' Through the Winter

by Abigail Murton

The next sock hop dance is on Saturday, Jan. 19, from 7-10 p.m. in Clubhouse II.

The price of admission is \$5. Sodas and water are provided, but participants can bring their own beverages and snacks. "Take Two Entertainment" continues to provide great dance music. Come relive the fun of high school dances.

Then head over to the Clubhouse I Crystal Ballroom for another sock hop dance on Saturday, Feb. 2, featuring live music performed by the band, "Groove Quest."

The dance is from 7-10 p.m., and the price of admission is \$10. A cash bar will be available.

For questions about either dance, contact Doug Brasse at (301-448-8708).



#### **Ballroom Dance Club**

# Jan. 26: Dance to The David Cole Trio

by Joyce Hendrix

D ance to the music of The David Cole Trio on Saturday, Jan. 26, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom – the first dance of the new season. Doors open at 7 p.m.

Admittance is \$10 per person for members and \$15 for non-members and guests. Residents can become members at this dance by paying annual dues of \$10.

All guests must be invited by a Club member or resident.

To attend, make reservations no later than the

Thursday, Jan. 24, with Hal Freeman at (bobbinhal@aol.com) or (301-438-7513).

Tables are set up based on prior reservations at each monthly dance, so by not making a reservation you are taking a chance that you will be admitted.

Put on your dancing shoes and come dance with us on Jan. 26.

#### Fireside Forum

# Feb. 3: Chocolate – the World's Favorite Flavor

by Jonas Weiss

All residents and their guests who attend the Fireside Forum on Sunday, Feb. 3, are in for a treat. Howard Bayewitz, a history professor and Washington, D.C., tour guide, discusses the rich history of chocolate.

Chocolate and its history have a kind of mystery, excitement and wickedness that are not associated with any other food.

Bayewitz, a Leisure World resident, taught courses in European and world history as part of the National Advanced Placement curriculum and has a master's degree in Asian studies. He has lectured at professional conferences and educator workshops, and on cruise ships.

The program is at 2:30 p.m. in the Clubhouse II auditorium. Rosalind Kipping is the host for the speaker.



Howard Bayewitz. Photo by Fred Shapiro



# Feb. 8: Jazz Master Fred **Foss Returns**

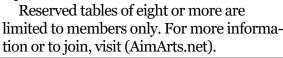
by York Van Nixon III

red Foss comes to Café AIM on Friday, Feb. 8, in the Clubhouse I

**C**rystal Ballroom. Leisure World's aficionados have been waiting for the return of AIM's favorite jazz master.

A saxophonist and flutist, Foss promises to deliver a special evening of in-the-moment music sure to rival any venue in the Washington-Metropolitan area.

Tickets, \$20 per person, (checks only, payable to AIM) are on sale at the Clubhouse I E&R office. Hors d'oeuvres and snacks are included. Cocktails begin at 5 p.m., and the show starts at 6 p.m.





Fred Foss, courtesy photo



#### Lions Club of Leisure World

# Feb. 9: Instruments of **Praise Band Performs**

by Maxine Hooker

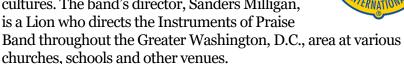
embers of the **■** Instruments of Praise Band bring a moving jazz and R&B performance by youth



Instruments of Praise Band, courtesy photo

and adults to Leisure World on Saturday, Feb. 9, at 4 p.m. in the Clubhouse I Crystal Ballroom. Doors open at 3 p.m.

The 40-person band inspires audience members with its mix of styles, music, ages and cultures. The band's director, Sanders Milligan, is a Lion who directs the Instruments of Praise



The Feb. 9 performance is sponsored by the Lions Club of Leisure World. Tickets are \$7 per person, (checks only, payable to LW Lions) and are available in the Clubhouse I E&R office. All proceeds go to support the Lions Club's charitable projects.

#### **Musical Performances** at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330).

Jan. 30 Michael Binder, Swing'N On A Star

"All in Good Taste," Great Standards by Lonnie Feb. 13

The Night and Day Band with Mike Suser Feb. 27

"Sax with Mike" Surratt March 13

April 10 The Night and Day Band with Mike Suser

# Feb. 14: The Karen Gray **Quartet Performs Well-Loved Tunes**

**About the Performers** 

For vocalist Karen Gray,

love: she loves the songs, she

every performance is an act of

fine musicians and

she loves her audi-

ence. Washing-

tonian Magazine

described her as a

"tip top vocalist."

performed at area

events including

Center Millennium

Stage, The Smith-

sonian Jazz Café,

the Bethesda Fine

Arts Festival, the

Silver Spring Jazz

numerous restau-

Festival and for

rant dates and

private events.

Gray has

hot spots and

The Kennedy

**F**or Valentine's Day, Thursday, Feb. 14, enjoy a festive program of jazz and swing standards, celebrating love in its many wonderful

manifestations! The Karen Grav Quartet performs well-loved compositions by Cole Porter, Rodgers and Hart, the Gershwins and more at 7 p.m. in the Clubhouse II auditorium. Vocalist Karen Gray and pianist Wayne Wiletz are joined by their frequent rhythm section, Hugh Johnson on bass and Pete Chauvette on drums.

This Valentine's evening is sponsored by the courtesy photos E&R Department.

Tickets for the event are \$7 per person and are available at both clubhouse E&R offices. Please bring your Leisure World ID.





From top, vocalist Karen Gray and pianist Wayne Wilentz,

Pianist and song stylist Wayne Wilentz is one of the Washington, D.C., area's most in

demand musicians with a deep repertoire of gorgeous, fun and evocative tunes. He and Gray have collaborated extensively for almost 20 years.



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# Feb. 15: KanKouran West African Dance Company

Members of the KanKouran West African Dance Company bring their traditional dance and drumming to Leisure World on Friday, Feb. 15, at 10:30 a.m. in the Clubhouse II auditorium.

This performance is co-sponsored by the Washington Performing Arts (WPA) and the E&R Department. The WPA Enriching Experiences program promotes lifelong learning and social engagement for adult audiences through immersive arts experiences. Events include interactive music and dance performances, workshops and intergenerational activities that spark curiosity and selfgrowth in the arts.

This program is free but tickets, two per household, are required and are available in both clubhouse E&R offices. Please bring your Leisure World ID.

#### **About KanKouran**

Established in 1983, the company's mission is to share traditional West African dance and drumming with audiences of all ages, while preserving West African culture and promoting intercultural understanding.

Co-founded by Abdou
Kounta (former director of
music) and Assane Konte
(artistic director), who grew
up together in Dakar, Senegal,
KanKouran has become a
premier center for the study
and performance of traditional
West African dancing and
drumming.

The company is home to three performance groups: Senior (adults) Company,



African culture and The KanKouran West African Dance Company, courtesy photo

Junior (teens) Company and Children's Company. Weekly classes for adults and children are offered and have been a key component of furthering the Company's mission.

As well, KanKouran's annual African dance and drum conferences, held in Washington, D.C., are among the largest, longest-running gatherings of student- through master-level African dancers and drummers.

### Coming in 2019

The E&R Department is pleased to provide the following programs.

Jan. 19, 4:30 p.m. "Sittin' on a Rainbow" – Kurzava and

Kinsley

Feb. 14, 7 p.m. Karen Gray Quartet – Valentine's Day

Performance

Feb. 15, 10:30 a.m. KanKouran West African Dance

Company

Feb. 23, 7 p.m. Pam Parker Trio – Tribute to Jazz March 5, 7 p.m. Dixieland Express – Mardi Gras/Fat

**Tuesday Dance Party** 

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

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# Feb. 16: Women of Color Speak About Shifting the **Balance of Power in Politics**

by Patricia Means

Residents don't need to be persons of color or a minority to grasp the spirited talk about political activism and the Democratic Party that the authors of "For Colored Girls Who Have Considered Politics" present on Saturday, Feb. 16.

With deep respect and affection, four high-profile political experts - Donna Brazile, Yolanda Caraway, Rev. Leah Daughtry and Minyon Moore – known collectively as the "Colored Girls," will share their stories of working behind the scenes in the Democratic Party and administrations, and their significant influence on politics in America. Their talk is at 2 p.m. in the Clubhouse II auditorium.

The four women have decades of political campaigning, conventions, deal-making, policy-shaping and voter-

courting marked by hard work, discipline, strength of character, humility, flaws and criticisms, solidarity, successes and milestones.

Presidential campaigns and elections have been common threads in their lives beginning with Jesse Jackson and onward with Walter Mondale, Michael Dukakis, Bill Clinton, Al Gore, Barack Obama and Hillary Rodham Clinton.

Ultimately, with their latest book, the "Colored Girls" aim to inform and inspire sociallyconscious individuals, and offer a roadmap for women with political ambitions.

The cost of the event. which includes ticket, book and refreshments, is \$25 per person (checks only, payable to LWAAAC). Tickets and books are available for purchase from Tuesday, Jan. 22, through Saturday, Jan. 26, from 10 a.m.-3 p.m. in the Clubhouse I lobby. A reception and book signing session follow the presentation in Clubhouse II.

#### **About the Presenters**

Brazile is a veteran Democratic political strategist, adjunct professor at Georgetown University, author, television political commentator and former interim chair of the Democratic Party.

Caraway is the founder of The Caraway Group, a nationally recognized public relations firm, and has played a major role in shaping the goals and objectives of the Democratic Party for over 30 years.

Daughtry is a nationally recognized teacher, preacher, speaker, organizer, political strategist and was CEO of the 2008 and 2016 Democratic National Conventions.









Clockwise, from top left: Donna Brazile. Minyon Moore, Yolanda Caraway and Rev. Leah Daughtry. Courtesy photos

Moore is partner of the Dewey Square Group, was formerly CEO of the Democratic National Committee, assistant to the President of the U.S. and director of the White House Office of Public Liaison, and director of White House political affairs under President Bill Clinton.

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"I got my glasses at selection and service."



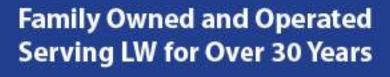
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# Feb. 17: Explore Africa with the Kaplans

by Fred Shapiro

Robert and Ruthe Kaplan highlight their African adventures at a photo matinee on Sunday, Feb. 17, at 3:30 p.m. in the Clubhouse II auditorium. They will present photos of animals and other sights from their two trips to the continent.

Their first trip included a private game preserve adjacent to Kruger National Park and National Parks in Botswana, the Caprivi Strip in Namibia, and Zimbabwe. Their second trip, to Tanzania, included Ngorongoro Crater and the Tarangire and Serengeti National Parks.

The Feb. 17 presentation is free and open to all residents. Join them to appreciate the scenery and life that they experienced in their two trips to Africa.

#### **About the Presenters**

The Kaplans enjoy taking



Ruthe and Bob Kaplan pose with their guide, Makenda, during a trip to Tanzania. Courtesy photo

photos as they travel within the U.S. and abroad, and have both broadened their photographic skills over the years.

Their interest in photography started casually while they were dating in the 1960s. Bob branched off into railroad photography in the 1970s and has had many photos published in railroad magazines.

The Camera Club provides them the opportunity to learn from the competitions' judges and the monthly programs. They are active competition participants and have won numerous honors. **Education and Recreation Department** 

# Feb. 23: Pam Parker and Company Perform Jazz

The E&R Department brings the Washington, D.C., jazz scene to Leisure World when jazz vocalist Pam Parker takes the stage on Saturday, Feb. 23, at 7 p.m. in the Clubhouse II auditorium.

Parker is a frequent performer at Blues Alley and Twins Jazz. The Washington

Post's Express Night Out has described her singing as a blend of "Billie's precision with Aretha's brand of soul" and her voice as a "combination of sweet tone" and "spot on vibrato."

Parker also co-hosts a women's radio collective called Sophie's Parlor on D.C.'s WPFW 89.3 FM and, to date, has recorded four CDs, including "The Lemonade Project." This CD was inspired by her mom and the adage, "When life gives you lemons, make lemonade."

For this performance she is joined by Brian Kooken (guitar), Dave March (bass) and Robert Shadid (drums).

Tickets for this performance are \$9 per person and go on sale beginning Tuesday, Jan. 22, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

#### **About the Performers**

Kooken, a Maryland-based Jazz guitarist, has played everywhere from Blues Alley to the Lionel Hampton Jazz Club in Paris, France. He has

> led his own band, as well as led music for the Greg Hatza Organization and the fabulous Marva Wright. Kooken also teaches jazz guitar and has released and/ or recorded several CDs.

Marsh, a D.C. native and a graduate of the Duke Ellington School for the Arts,

plays both the electric and acoustic bass. He was the bassist in the faculty jazz quartet at George Washington University and has performed all over the world with Gil Scott Heron and many other greats.

Shahid, a Philadelphia native, is master drummer. He is also a Baltimore radio personality on 88.9 WEAA FM. In addition, Shahid plays regularly with both local and national ensembles.



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# Jan. 25: 'Buenos Aires 100 KM'

by Samuel Sánchez

Tispanos de Leisure **1** World Club presents the

film "Buenos Aires 100 KM," (2004, 1 hour 33 minutes, Spanish with English subtitles, drama, not rated) on Friday, Jan. 25, at 3 p.m. in Clubhouse I.

An Argentine "Stand By Me," "Buenos Aires 100 KM" is a touching story about five friends growing from childhood into adolescence. The small, quiet town they live in doesn't have much to offer and can't fulfill their curiosity.

> Directed by Pablo José Mesa, the movie has garnered international awards, nominations and other recognitions.

The movie screenings is for your enjoyment; there is no charge. Seating is limited, so come early. Coffee, tea and

cookies will be available after the movie.



#### Jewish Residents of Leisure World

# Jan. 31: '1945'

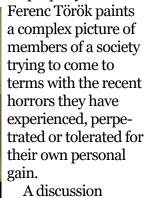
by Jonas Weiss

**¬** he Jewish Residents of Leisure World (JRLW) and Coming of Age in Maryland

present the film "1945" (2017, 1 hour 31 minutes, drama, not rated) at 1:30 p.m. in the Clubhouse II auditorium.

The movie, in suspenseful black and white, is about a confrontation in a small village in Hungary at the end of World War II. An Orthodox Jewish man and his son arrive as the villagers are preparing for the wedding of the town clerk's son. Some of the townspeople are suspicious and fearful, while others are remorseful or cunning.

Why have the Jews come to their village? Have they returned to claim their property? Director



follows the film. Tickets, \$8 per person (checks only, payable to JRLW), are available for purchase at the Clubhouse I E&R office. All residents are welcome.



### 2019 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

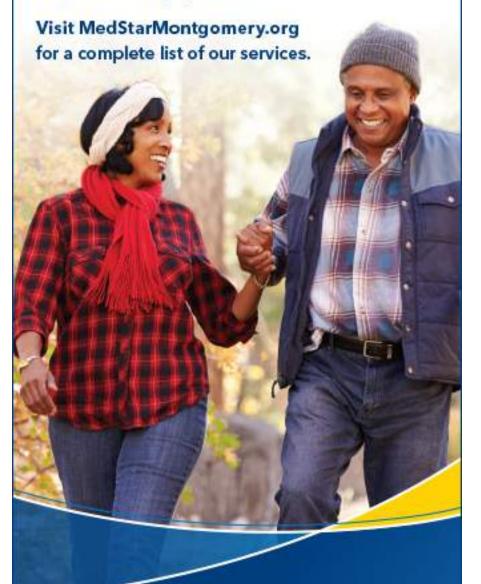
Show Date & Time Tickets Available Movie SOLD OUT Jan. 27, 2 p.m. Maudie Feb. 10, 2 p.m. Forever My Girl Jan. 22 Feb. 28, 1 p.m. **Black Panther** Feb. 5 **Book Club** March 21, 1 p.m. Feb. 19 Marshall March 31, 2 p.m. March 5

Movies are subject to change.

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#### **Education and Recreation Department**

Sunday Afternoon at the Movies

# Feb. 10: 'Forever My Girl'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the

Clubhouse II auditorium.

On Sunday, Feb. 10, the featured film is "Forever My Girl" (2018, 1 hour 44 minutes, drama, rated PG for thematic elements including drinking and language).

Free tickets,

limit two per person, are required and can be obtained beginning Tuesday, Jan. 22, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

A high school gridiron star

with sky-high ambitions, Liam Page jilts his fiancée and leaves his hometown in the dust.

Ten years later, he's a

country music star, but he misses the home and the woman he left behind – and he's come back to claim them.

Based on the novel by Heidi McLaughlin, the film features Alex Roe as Liam and Jessica Rothe as Josie, his jilted fiancée.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend.

Please note that no one will be seated after 2 p.m.

#### Italian Social and Cultural Club

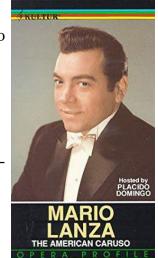
# Feb. 24: Café Cinema Returns with 'Mario Lanza: The American Caruso'

by Flo Merola

By popular demand, the Italian Social and Cultural Club presents the film "Mario Lanza: The American Caruso" (1983, 1 hour 30 minutes, documentary, rated G) at its next Café Cinema on Sunday, Feb. 24, at 2 p.m. in Clubhouse I.

Narrated and hosted by Plácido Domingo, the film features interviews, rare footage and vintage recordings chronicling Lanza's life from his childhood and meteoric rise as an opera singer and film actor, to his tragic death.

Cake and coffee or tea will be served prior to the film. Seating is limited, and walk-ins are not permitted.



The cost is \$10 for members and \$12 for non-members. To attend, mail a check, payable to the Italian Social and Cultural Club, to Paul D'Angelo at (3310 North Leisure World Blvd. Apt. 308, Silver Spring, MD 20906) by Thursday, Feb. 21.

# Keep Your Loved One Safe this Winter Season



Caring for someone with Alzheimer's or another form of dementia comes with unique challenges. As the weather turns cold, there are additional factors to consider such as, minimizing fall risks in parking lots and preventing confusion and fear during a winter storm. These seasonal changes are only some of the possible stressors your loved one may face in the coming months.

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#### MGM Grand National Harbor, MD

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#### "La Cage Aux Folles," Riverside Center, VA 🧬

Wed., 2/27, 9:45 am-6:45 pm.....\$117.00 per person A feel good musical with heart, brains and sequins! Lunch and show included.

#### \*NEW\* Hollywood Casino, West Virginia 🍣

Fri., 3/1, 10:00 am-5:45 pm .....\$38.00 per person \$20 Slot Play offer from Casino. Trip includes transportation only.

#### SuperPops, Meyerhoff, Baltimore

Sun., 3/3, 1:30 pm-6:15 pm ......\$69.00 per person Featuring Christina Bianca: Woman of a Thousand Voices. Transportation and

#### \*Back by Popular Demand\* National Museum of African American History and Culture, DC

Mon., 3/4, 8:45 am-3:30 pm ......\$45.00 per person Spend the day at this amazing museum. Included: timed entry tickets and transportation. Lunch is not included.

#### Philadelphia Flower Show, PA & & &

3/7 or 3/8, 7:45 am-7:45 pm.............\$86.00 per person This year's theme is "Flower Power." Transportation and admission included.

#### Newseum, DC

Sat., 3/9, 9:30 am-3:15 pm ...... \$60.00 per person You will love this beautifully designed, vibrant, dynamic museum with wonderful views of the Capitol, thought-provoking exhibits, and plenty to keep everyone engaged! Transportation and admission included.

#### 9/11 Memorial & Museum, NYC & +

Sat., 3/16, 7:00 am-11:45 pm ......\$120.00 per person The Memorial Museum is an educational institution that examines 9/11's global significance. Presenting stories of loss and recovery and artifacts. (Security screening on-site). Includes a \$10 Cracker Barrel gift card.

## 

"The Story of Jesus" is the musical stage adventure about the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

#### Cherry Blossom Tour, DC

Mon., 4/1, 10:00 am-3:15 pm ......\$79.00 per person Visit the WWII Memorial, the FDR Memorial and the Martin Luther King, Jr. Memorial. Enjoy the cherry blossoms as we drive around the Tidal Basin in D.C. Enjoy lunch at Carmine's Restaurant. Transportation and lunch included.

#### Odyssey Cherry Blossom Luncheon Cruise, DC 😂 Tues., 4/2, 9:00 am-3:45 pm ......\$110.00 per person

Step aboard the "Odyssey" and experience the elegance only a true cruising vessel can provide. Enjoy a fine dining lunch with live entertainment and see the unmatched views of our nation's monuments as they drift past your table.

#### \*NEW\* "Cirque Goes Hollywood", Joseph Meyeroff Symphony Music Hall, Baltimore 🧬 Sun., 4/7, 1:30 pm-6:15 pm ......\$69.00 per person

Join the BSO as acrobats, aerialists, and jugglers dazzle you with their athletic artistry set to the hottest hits. Trip includes transportation and admission.

#### Dutch's Daughter & Linganore Winecellars, MD Wed., 4/10, 10:15 am-3:30 pm.....\$87.00 per person

Buffet lunch at Dutch's Daughter Restaurant in Frederick and wine tasting at Linganore Winery included.

#### "The Color Purple," Riverside Center for the Performing Arts, Fredericksburg, VA 🥯

Wed., 4/17, 9:45 am-6:25 pm.....\$117.00 per person

From Alice Walker's Pulitzer Prize-winning novel and Steven Spielberg's Oscarnominated film comes a stage musical with a score of jazz, ragtime, gospel and blues. This stirring family chronicle follows the inspirational Celie as she journeys through joy, anguish and hope to discover the power of love and life. Lunch and transportation included.

#### 

Thu., 4/25, 7:15 am-5:45 pm .....\$99.00 per person Enjoy this outdoor guided tour that will introduce you to wolves and answer questions. This is not a power walk, but a more relaxed walk over natural grass, stones and dirt (sometimes mud). Please wear good walking shoes. Lunch at Good 'N Plenty, admission and tour, and transportation included. \*Not recommended for guests in wheelchairs and others with limited mobility.

#### Sabatino's Little Italy, Baltimore 🥯

Sun., 4/28, 10:30 am-4:30 pm ......\$69.00 per person This trip includes lunch and transportation. You will have some time to explore Little Italy!

#### **Spotlight On...**

#### Join Collette Vacations & Eyre in the Maryland Room

Wed., 1/23 ......1:00-3:00 pm Featuring the "Oberammergau Passion Play"

#### **MULTI-DAY TRIPS**

Wildwood, New Jersey June 2-5

Niagara Falls June 23-26

Journey Around Lake Michigan

July 13-21 (fly/drive)

Maine Lobster Festival July 31-Aug. 5

Yellowstone, Grand Tetons, and Mt. Rushmore Aug. 1-9 (fly/drive)

The Colors and Cathedrals of French Canada

Sept. 27-Oct. 4 (fly/drive) Albuquerque Balloon Fiesta

Oct. 4-9 (fly/drive)

#### CRUISES

#### Royal Caribbean

Oct. 31-Nov. 8

Eight night Southeast Coast and Perfect Day Cruise

We can book any cruise line anywhere you want to cruise.

#### (All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol provides an indication of how much walking may be involved.





Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

# **HEALTH** & Fitness

Leisure World Cannabis 101 Club

# Feb. 12: Presentation on **Medical Cannabis Home** Delivery

by Carminetta Verner

R esidents will soon be able to get medical cannabis delivered to their home.

On Tuesday, Feb. 12, Mission Dispensary provides a presentation on home delivery service, which includes a safe, secure way to shop at home and have your medicine delivered.

The presentation is at 2 p.m. in the Clubhouse I Crystal Ballroom.

Mission Dispensary, located

at 12355 Georgia Avenue in Silver Spring, will provide an exclusive, free delivery service to all residents.

The presentation is free, but tickets are required and available beginning Tuesday, Jan. 22, at 8:30 a.m. in the Clubhouse I E&R office.

All residents and their guests are welcome. Get your tickets early; a "sell-out" is expected.

For more information, contact Carminetta Verner at (630-699-1629) after 10 a.m.

#### **Low Vision Support Group**

# Feb. 13: Come Meet Others Who Are Visually **Impaired**

by Larry Cohen

7ith most people living longer these days, they sometimes suffer certain ailments that go along with aging. One of these ailments is impaired vision.

Vision impairment often starts around age 40 with presbyopia, when people find themselves moving a book

or newspaper further away from

their eyes.

But more serious ailments such as macular degeneration and glaucoma can cause loss of, or impaired, vision. Other eye maladies that can impair vision include accidents, traumatic brain

injury, birth defects and various genetic diseases.

#### Join Us

If you are visually impaired, think about joining the Group at its meetings held on the and Wednesday of every month at 1 p.m. in Clubhouse I.

Group members pay no dues and have no commitments; just come and meet other residents who are also struggling with, and often, overcoming, the effects of vision loss.

#### **More Information**

The Group's next meeting is on Wednesday, Feb. 13, at 1 p.m. in Clubhouse I. Start your year off right by joining the Group. For more information, call Larry Cohen at (908-770-9111).

Vegetarian Society of Leisure World (VSLW)

# Feb. 14: Instructor **Discusses Improving Health Through Food Choices**

by Bob Fenichel

**¬**he Group's next The Grown meeting is on Thursday, Feb. 14, at 7 p.m. in Clubhouse II. Certified Food for Life **Instructor Robina Barlow** will discuss improving health outcomes through food choices.

In addition to being certified as a Food for Life instructor by the **Physicians Committee** for Responsible Medicine, she is also certified in plant-based nutrition by the Center for Nutrition Studies at Cornell University.

Interested in learning how to prepare food that is healthful to eat? YouTube has numerous videos available on this topic. Two presenters worth checking out are Tami of "Nutmeg Notebook" and Michael of "Monson Made This."

#### **Dues**

It's time to pay dues for the 2019 calendar year. Mail a check for \$10, (payable to VSLW) to treasurer Helen



Robina Barlow, courtesy photo

Gross at (3100 North Leisure World Blvd., #710, Silver Spring, MD 20906), or give her your check at an event.

#### **General Information**

Additional information on VSLW activities is available at (www.vslw.org). All residents are welcome at VSLW activities; you don't have to be a vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

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# **Fitness Center Tours Continue Through** Winter and Beyond



Photo by Leisure World News

ne of the Fitness Center's personal trainers will lead a free orientation tour of the Fitness Center on Tuesday, Feb. 12, March 12 and April 9 at 2 p.m.

Learn how to use the equipment and facilities. Registration is not required.

– Leisure World News

# **Upcycle Your Calendars** at the FISH Office

by Beth Leanza

In addition to lending assistive equipment and other items, FISH is also the place where a number of organizations collect items for charity.

The Lions Club has a box in the FISH office that collects eyeglasses, hearing aids and their batteries.

The Kiwanis Club collects can tabs and sends them to Ronald McDonald House, a place that provides housing to parents whose children are receiving medical treatment for life-threatening illnesses.

One resident is currently collecting calendars and cardboard tubes for a local elementary school's art projects.

Don't recycle your 2018 calendar, but rather, upcycle it by sending it to a local school.

#### **FISH Inventory**

FISH is a volunteer organization that accepts donations of assistive equipment to lend to residents and employees.

FISH has wheelchairs, walkers (some with seats), commodes that can be used bedside or placed over the

toilet, and tub stools (shower chairs) that allow a person to sit in the bath or shower, helping to minimize the chance of a fall.

FISH also receives the occasional blood pressure monitor, comfort cushion or incontinence product.

These items are located in the basement of Clubhouse II and are free for anyone to take.

#### **FISH Office**

The FISH office in Clubhouse II is open Monday to Friday from 10 a.m.-4 p.m., except for major holidays. FISH can be reached by calling (301-598-1345).

If the office is closed or the volunteer has stepped out momentarily, the call transfers to the E&R office.

The E&R staff accepts equipment returns and can assist callers who are looking for an item in the Lost and Found.

If interested in volunteering with FISH, contact the president Beth Leanza at (301-598-4569). FISH suggests completing a practice session with a volunteer before signing up.

#### Wills, Wealth Planning & Trusts



**Luann Battersby** Leisure World neighbor 3510 Chiswick Ct

Phone: 301-518-0423

Email:

Luann\_Battersby@comcast.net Housecall: No charge! www.battersbylawoffice.com Simple will:

\$175/person; \$330/couple Living will/medical directive \$80 Financial power of attorney \$90

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### Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

**Alcoholics Anonymous (AA):** Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or longterm partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. Caring-Matters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

**Essential Tremor Group:** The Essential Tremor Group meets at 10:30 a.m. the first Thursday of the month in Clubhouse I. Try to come to the next meeting on Feb. 7 at 10:30 a.m. to find out about more new research and to meet other people with Essential Tremor.

**Free Blood Pressure Testing:** Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

**Grief Support Group:** Our Lady of Grace Catholic Parish provides a grief support group with a Christian focus for people who have experienced losses in their lives. If you are feeling emotional pain from loss of someone important in your life or from some other significant loss, know that the Lord sees your suffering and wants to heal you. Our Lady of Grace Parish holds its next grief support group at the parish at the Norbeck Road entrance on Thursday mornings from 10-11:30 a.m. beginning on Thursday, Feb. 7, and running through Thursday, March 28. You need not be Catholic to attend. Please call the Parish office at (301-924-0067) to register.

**Memory Café:** The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or(raywwjr@ hotmail.com).

**Stroke Support Group:** You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

# Clubhouse Grille

The Clubhouse Grille will be open for full dinner service with live music on the following dates:

JANUARY 16 "All in Good Taste"

Great standards by Lonnie

Royster

JANUARY 30 "Swing'N On a Star"

with Michael Binder

FEBRUARY 13 "All in Good Taste"

Great standards by Lonnie

Royster

FEBRUARY 27 The Night and Day Band

with Mike Suser

MARCH 13 "Sax with Mike" Surratt

Effective through mid-March, the

Clubhouse Grille's hours of operation will be reduced to Fridays and Saturdays, 4:00-10:00 p.m.

We sincerely appreciate your patronage and value our guests tremendously.

Please be aware that all of your favorite

servers and bartenders will be working fulltime in the Stein and Terrace Rooms during the winter months and several of The Grille's Dinner Menu items will

also be available.

- Perrie, LLC

Monte are also available on (unidents from corn). All memo may be subject to change.

Children Callellane Rei - Sat - Aprel - 10 per.

Sain and Thermallianne Sandry: 5200 a.m.—Byrn. | Minn.—Tenn: 5 a.m.—Syrn. | West.—Sat.: 5 a.m.—5 p.m. | The California Calle Respectives, and 201-1998-1998 | The State and Thermallianness Saturday, and 201-1998-1993

### MARYLAND LYRIC OPERA



# CLUBS, GROUPS & Organizations

Leisure World Association for African American Culture (LWAAAC)

# Jan. 21: Attend the Annual MLK Jr. Brunch

by Patricia Means

The Martin Luther King Jr. Brunch is on Monday, Jan. 21, at 11:45 a.m. in the Clubhouse I Crystal Ballroom.

Tickets are \$25 per person (checks only, payable to LWAAAC) and are available in the Clubhouse I E&R office. Tickets are not sold at the door.

#### **Meeting and Event**

LWAAAC's next meeting is Wednesday, Feb. 6, at 4 p.m. in Clubhouse I. Membership dues are reduced to \$10 and cover the period of January through June 2019 for new members. This semi-annual provision is not applicable to membership renewals.

LWAAAC presents a talk about political activism and the Democratic Party by the authors of "For Colored Girls Who Have Considered Politics" on Saturday, Feb. 16.

For details, see the Events and Entertainment section of this publication.

#### Gem, Lapidary and Mineral Society

# Feb. 12: Valentine's Party at the Clubhouse Grille







From left, citrine necklace, photo by Billy Nagy; amethyst necklace, photo by Trish Brooks; purple agate, photo by Frank Roddy

by Frank Roddy

The Gem, Lapidary and Mineral Society's Valentine's Day luncheon party is held on Tuesday, Feb. 12, at 11 a.m. in the Clubhouse Grille in Clubhouse I.

The meals will be ordered individually from the menu. Contact Frank Roddy at (roddy. frank2014@comcast.net) or (301-598-3698) so that the Group has a head count for setting up places at the tables.

The dinner is for Club members and their guests only. Traditionally, the Group does not have a meeting with a presentation during February, so the party is in lieu of that.

#### **Jewelry-Making**

Hopefully, some attendees at the Valentine's Day party will wear jewelry made by Group members, such as those shown above. Samples of jewelry made by Group members are shown during January and February in the display case near the fireplace in Clubhouse II.

You, too, can learn how to make your own jewelry by contacting Mark Parker, lapidary lab supervisor, at (240-723-5860) or (kb3wuk@gmail.com).

Mineral and fossil specimens are also shown in the display case during January and February. Italian Social and Cultural Club

# Café Cinema, an Italian Wedding and a Trip to Little Italy

by Flo Merola

The Italian Social and Cultural Club presents the film "Mario Lanza: The American Caruso" (1983, 1 hour 30 minutes, documentary, rated G) at its next Café Cinema on Sunday, Feb. 24, at 2 p.m. in Clubhouse I.

For details, see the Events and Entertainment section of this publication. The presentation includes a short meeting for Club members to voice suggestions and ideas regarding future events.

#### **Comedy Wedding**

All residents and their guests are invited to attend Ovation Dinner Theater's production of "Joey and Gina's Italian Comedy Wedding" on Sunday, March 24, at 5 p.m. in the Clubhouse I Crystal Ballroom.

The production includes audience participation in which everything and anything that can go wrong, does! Guests will be dancing, acting and laughing as Joey and Gina try to keep their special day from becoming a complete disaster.

The production includes an Italian buffet dinner that features sausage and peppers, linguini with meat sauce, chicken Marsala, eggplant parmigiana, antipasto salad and more

The cost for this evening of food and fun is \$46 per person. To attend, bring a check, (payable to the Italian Social and Cultural Club) to the Clubhouse I E&R office by Wednesday, March 20, at the latest. Guests wishing to sit together must have all checks in one envelope with a list of names included.

#### Little Italy

Now is the time to sign up for the bus trip to Little Italy in Baltimore on Sunday, April 28. For more information, see the Club Trips section of this publication or call Eyre Tour and Travel at (301-598-1599) or (301-854-6600, Ext. 4).

#### AIM (Arts In Motion)

# **Baffling Bards**

by York Van Nixon III

For some, gleaning the meaning of a poem can be as daunting as solving a Rubik's or known cube. Poetry can be as varied and faceted as human personality.

But, what if you had the spinner of verses to answer questions about his or her work? Well, welcome to "Poets Cornered," an offshoot of AIM's Authors in Mind.

Published poets from the Washington, D.C., metropolitan area are being invited to Leisure World for question and answer sessions. Residents will have the rare opportunity to ask them about the personal meaning behind their poetry.

If you are a published poet or know one, visit (AimArts.

net) and click on "Poets Cornered." Residents may also contact York Van Nixon III

at (301-364-6445) for more information.

#### **Fred Foss Quartet**

Fred Foss comes to Café AIM on Friday, Feb. 8, at the Clubhouse I Crystal Ballroom. For more information, see the Events and Entertainment section of this publication.

# Feb. 26: Competition Focuses on Iconic Sights

by Fred Shapiro

The Club's next photo competition **⊥** is on Tuesday, Feb. 26, at 7 p.m. in Clubhouse II. The competition will focus on photos of well-known iconic sights.

Well-known iconic sights are defined in this competition as immediately recognizable images of man-made structures, such as famous memorials, buildings, bridges, landmarks or statues.

Examples of iconic sights include the Lincoln Memorial, the Sphinx at Giza, Mayan or Egyptian Pyramids, the Leaning Tower of Pisa, the Sydney Opera House, portions of the Great Wall of China, the Brooklyn Bridge and Michelangelo's Statue of David.

The majority of people in the Washington, D.C., area should reasonably be expected to recognize the sight. The photographer should strive to produce a unique perspective of the sight.

Club members may enter two prints and two digital images. Submit the digital images







From left, the ferris wheel at Disneyland, a tourist with a statue of Marilyn Monroe and the State Capitol building. Photos by Fred Shapiro

and the titles of the entries to the Club by email at (RossmoorLW@gmail.com).

Photographers who do not have something in their files that fits this description still have plenty of time to get out and take photos of the many iconic sights in the Washington, D.C., area that qualify for this competition.

#### **Membership**

For residents interested in joining the Club and learning how to improve their photographs, there are two levels of membership.

Members who expect to compete in the monthly completions pay dues of \$25 for the year. Residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of

Mail checks for dues (payable to RCC) to Woody Shields at (Rossmoor Camera Club, 3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906). For more information about the Club, visit (www. rossmoorcameraclub.com).

#### **Rossmoor Art Guild**

# Portraits of Youngsters Exhibit **Continues Through February**

by Ann Bolt

Vinter classes are teaching Rossmoor Art Guild (RAG) students how to be creative and productive. The fruits of their labor are reflected in the exhibits in the Clubhouse I hallways and at Signal Financial Federal Credit Union in the Administration Building.



At left, James Fleet, new staff member at Signal Financial Federal Credit Union, helps hang RAG members' latest show at the credit union. At right, portraits of babies and children using colored pencils, pastels, and watercolors. Photos by Ann Bolt

Baby and child portraits completed as part of the self-guided, Open Studio project includes works by Vicky Batkin, Eileen Dunn Lange, Jeanette Shampain, Ann Bolt, Patty Elton, Nancy Albrecht, Deidre Williams and Annette Crowe.

The general exhibit in the Clubhouse I hallways features gardens, pets, portraits and landscapes. Beginners and experienced painters include Kathy Hopkins, Maria Clark, Marvin Sirkis, Patty Marx, Patty Elton, Ann Bolt, Judy Kirkland, Paul Ganz and Eileen Dunn Lange.

Many of the same artists also have paintings in the Credit Union. Residents are invited to view the exhibit and vote for their favorite painting or artist. The exhibit will continue through February.

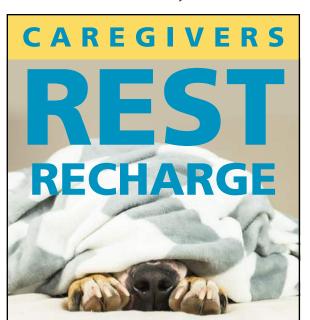
#### **RAG Board**

RAG is guided by a governing board that meets on the third Wednesday of every month at 3:30 p.m. in the Studio. If members have a concern, please plan to attend and the agenda will allow time for discussion.

The board includes the following volunteers: Ann Bolt, Marilyn Davis, Phyllis Lowinger, Nancy Albrecht, Marion Jones, Deidre Williams, Maria Clark and new volunteer Judy Kirkland. All RAG members are welcome.

#### **Open Studio**

The Open Studio project for March and April will feature creepy crawly things from the garden – spiders, insects, worms and other creatures that dart around among the leaves and dirt.



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# Group Announces Spring Musical Revue – 'An American Treasure: The Best of Irving Berlin'

by Hannette Allen

The Fun and Fancy Theatre Group's 2019 spring musical revue is "An American Treasure: The Best of Irving Berlin."

Performances are at 7:30 p.m. on Friday, May 10; Saturday, May 11; Friday, May 17; and Saturday, May 18. Matinee performances are on Sunday, May 12 and 19 at 2 p.m. All performances are in the Clubhouse II auditorium.

The show has a creative team that began work on this production once the successful run of "Damn Yankees" ended. Elizabeth Brooks-Evans, Stan Jones, Abigail Murton and Allan Okin are using five decades' worth of the prolific Berlin's music as the basis for this show. They promise a "fancy" production that will make the old ballads new again!

#### **Auditions**

Auditions for "An American

Treasure" begin on Friday, March 1. More information is forthcoming; check the fliers in the Group's display boxes in each clubhouse. Residents who can sing and/or dance are encouraged to audition.

It is helpful if you have a penchant for sounding like performers who introduced Berlin's songs, or made them top the charts, such as Al Jolson, Eddie Cantor, Ethel Merman, Judy Garland, Fred Astaire, Ethel Waters, Rudy Vallee, Kate Smith, Alice Faye, Dick Powell, Ella Fitzgerald, Ruth Etting and Georgia Gibbs. Residents who have a physical resemblance to Irving Berlin are also encouraged to audition.

Residents who are members of Fun and Fancy but prefer not to perform should consider joining the backstage crew, lending their talents to stage design, costumes, ticket sales or publicity. All are needed and welcome.

#### **February Meeting and Show**

The Group's regular meeting on Wednesday, Feb. 6, at 7:30 p.m. in the Clubhouse II auditorium features classical music performed by residents who have vocal, instrumental or dancing talent. This will be an exciting change of format for the Club; come and enjoy the music!

#### **March Meeting and Show**

Tired of hearing the same old songs? The Fun and Fancy meeting and show on Wednesday, March 6, directed by Steve Bennof and Mary Jane Boyle, offers an evening of silly songs. The show is at 7:30 p.m. in the Clubhouse II auditorium.

When was the last time you heard "Lydia the Tattooed Lady," "Flushed From the Bathroom of Your Heart" or "Don't Call Me Trailer Trash"?

Auditions for the show are on Saturday, Feb. 9, at 10:30 a.m. and on Monday, Feb. 11, from

7-9 p.m. If you have a song in mind, bring the sheet music with you; otherwise, Fun and Fancy has a collection of books from which you can select a song.

If you would like to look for a song ahead of time, call Steve Bennof at (301-456-5825). The Group will arrange a one-time opportunity for those interested to peruse the collection. Please keep in mind that the Group is looking for unusually funny songs.

#### **April Meeting and Show**

The Wednesday, April 3, show is "Popular Songs of the '50s," directed by Joan Bowar. Auditions are on Friday, March 8, from 4-6 p.m. and on Saturday, March 9, from 10 a.m.-noon. If planning to audition, contact Joan at (301-598-7219) or (mjbowar@gmail.com), as there are some songs and artists that she would like to have represented in the show.

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# David Cole and Helmut Licht Trios Provide Music for Next Dances

by Joyce Hendrix

The first dance of 2019 is on Saturday, Jan. 26. For details, see the Events and Entertainment section of this publication.

#### 2019 Dance Schedule

- Jan. 26 The David Cole Trio
- Feb. 23 The Helmut Licht Trio
- March 23 Pocket Change
- April 27 The Tony Luciano Band
- May 25 Mike and the ECB's
- June 22 Mixed Company
- July 27 Swing'N On A Star
- Aug. 24 Mike and the ECBs (Hawaiian-themed dance)

• Sept. 28 – The Retro Rockets

- Oct. 26 The Helmut Licht Trio
- Nov. 23 The Tony Luciano Band

The 2019 annual schedule of dances is available at each upcoming dance.

#### Reservations

The Club strongly suggests making reservations prior to each dance by contacting Hal Freeman at (bobbinhal@aol.com) or (301-438-7513) to ensure a seat at the table of your choice.

Tables are set up based on prior reservations at each monthly dance, so by not making a reservation you are taking a chance that you will be admitted.

#### **About the Dances**

Music is played in strict ballroom tempo with both slow and Viennese waltzes, foxtrot, swing, all the Latin varieties, rumba, samba, tango, merengue, occasionally a salsa and even a few polkas. Ask the band for your favorite tune, and if they know it, they will play it.

#### **Membership**

Club members can renew their membership for the New Year at the Jan. 26 dance.

Membership is \$10 per person, checks preferred, payable to LWBDC or LW Ballroom Dance Club.

The cost of each monthly dance remains at \$10 for members, \$15 for non-members and guests. Guests must be invited by a resident or Club member.

Put on your dancing shoes and come dance with us in 2019.

#### LW Green

# **Elders Climate Action Rep** to Discuss Climate Change

by Janice McLean

W Green's next regularly scheduled meeting is on Wednesday, Jan. 23, at 2 p.m. in Clubhouse I.

To emphasize the importance of recycling in Leisure World, the meeting's topic is "The Five Myths of Recycling" as recently reported by the National Geographic Society. The Group will also discuss how Leisure World residents can support Montgomery County's recycling goal of 10 percent by 2020.

In an effort to promote awareness of climate change and its related issues, the Group hosts a presentation by a member of Elders Climate Action on Wednesday, Feb. 27, at 2 p.m. in Clubhouse I.

Elders Climate Action is an organization devoted to building a vibrant elder movement to address climate change throughout the area.

All residents and their guests are welcome to attend any of the group's programs.

#### **Recycling Tour**

In support of its mission to achieve an environmentally green community through education and advocacy and its goal of increasing recycling in Leisure World, the Group's recent program included a tour of the Montgomery County Recycling Depot in Gaithersburg.

Participants were impressed with the hard work that is carried out at the facility in the sorting and preparation of paper, plastic, glass and metal items for recycling. This was LW Green's third annual tour of the Recycling Depot.

This year's participants learned several important facts to be remembered when deciding what items should be recycled and which ones should be placed in the trash.

The following items cannot be recycled at the present time:

- prescription bottles less than two inches in diameter
- ammonia, bleach and motor oil containers

All caps should be screwed onto the container and then placed in the recycling (no loose bottle caps). Soda can pull tabs should be left on the can and not recycled separately.

#### **General Information**

LW Green members are not environmental experts. It is a group of residents who have taken on the task of growing their understanding of the many challenges and solutions that exist in achieving a greener, healthier climate.

All interested residents are invited to attend and join in the Group's educational and advocacy efforts.



# League Marks 100-Year Anniversary of Women's Right to Vote

by Maxine Lewack

The U.S. Congress, in January 1918, reintroduced the Susan B. Anthony Constitutional Amendment that proposed giving women the right to vote.

With the backing of President Woodrow Wilson, it passed both houses of Congress. However, it would still require ratification by three-quarters of the states before becoming part of the Constitution.

The League of Women Voters was founded in 1920 to educate these new voters about government and civic engagement.

General membership meet-

Blvd., Apt. 1001, Silver

Spring, MD 20906). A

This goal is still a vital part of the League, although its efforts to educate now include all voters.

One hundred years after the amendment was passed in Congress, not only are women voting, but they also are mayors, governors and legislators at all levels of government, and participants in all facets of political life.

#### Redistricting

The League of Women Voters presents a Trending Topics presentation on "Activate MD/ Redistricting" on Monday, Jan. 28, at 12:15 p.m. at Rockville Memorial Library, located

at 21 Maryland Avenue.

The League of Women Voters of Maryland was awarded a Redistricting Project Grant from the national League of Women Voters for \$8,000 to educate Marylanders on redistricting reform, helping to accomplish redistricting before the 2020 census.

The League will delve into the workings of the current power structure and help local Leagues gain support among local elected officials and their constituents.

The League believes advocacy for this reform is best when coming from a process that honors a diversity of views.

#### **Democratic Club**

# Journalist's Take on 'Enemy of the People'

by Roger Blacklow

arvin Kalb, the former host of "Meet the Press" and an internationally known journalist,

was the guest speaker at the Democratic Club's meeting on Jan. 10.

Kalb talked about his start in the news business at the behest of Edward R. Morrow and his time as a journalist in Russia and the U.S. He spent time talking about the perilous course that he feels President Trump has taken, particularly in calling the media an "enemy of the people," a phrase which Kalb noted was the pet phrase of Joseph Stalin. It is also the title of Kalb's latest book.



To join the Club, send a contribution of \$10 per person to Jon Fife at (3200 N. Leisure World

**General Information** 

contribution automatically provides members with a subscription to the

Veteran journalist Marvin Kalb addresses the Club at its meeting Jan. 10. Photo by John

Club's in-house newsletter, "Donkey Dispatch." To learn more about the Club or to make an inquiry, email the Club at (leisureworlddemclub@ gmail.com), visit the Club online at (www.lwdem.

> Thursday of every month in Clubhouse I.

com) or come to a board

meeting, held on the first

Republican Club

# Jan. 21: Martin Luther **King Day Program**

by Fred Seelman

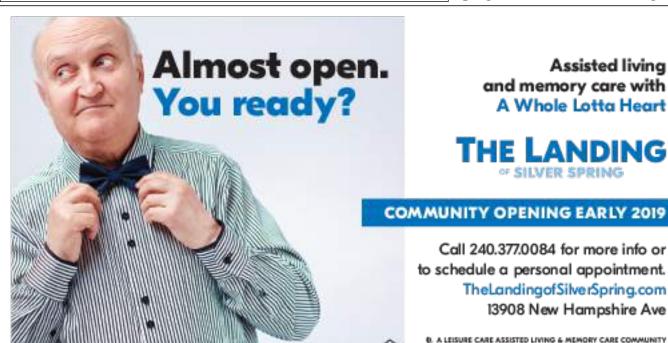
The Republican Club focuses L on Martin Luther King Jr. at its next meeting. It has changed its January meeting date to the national holiday for King, Monday, Jan. 21, at 1:30 p.m. in Clubhouse I.

Black Republicans of Montgomery County, a county Republican club, presents a program at the meeting about Martin Luther King Jr. The program will cover the civil rights activist's legacy and issues of special interest to Maryland black Republicans, among other topics.

Energized by all the political activity around you? Channel that

> energy into the Republican Club by running for Club office. Nominations are due at the January meeting, and elections are held in February.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@ gmail.com). Join the Club for another quality event on Jan. 21.





# Jan. 28: Rep. Jamie Raskin Speaks on New Congress

by Jewel A. Lee

Napter 1143's next meeting is rescheduled for Monday, Jan. 28, at 9:30 a.m. in Clubhouse I. Refreshments are served at

All residents and guests are invited to attend to hear Rep. Jamie Raskin discuss the implications of the changes in party leadership in the newly formed 116th U.S. House of Representatives.

Raskin has worked diligently for government employees and Maryland civilians for many decades. He is an outstanding listener

and communicator, and this meeting is a unique opportunity for residents to give their input.

With the federal shutdown continuing, Raskin will be able to provide insight regarding this and other important issues affecting federal employees and U.S. citizens. Today NARFE relies on the 116th Congress to bring responsible legislation to the floor in order to provide a more equitable lifestyle for those who make America the richest country in the world.

In addition to drafting legislation, performance of Congress' oversight duties is critical to a healthy democracy. This includes regulatory compliance and ensuring

> compliance with the Standards of Ethical Conduct applicable to all federal employees.

> > As active and

retired federal employees, Chapter members' earned benefits are necessary for future security.

#### Join Us

Consider joining NARFE

to ensure a voice in today's government. For more information, contact John Lass, membership chair, at (301-288-4210).

#### **Tickets**

Tickets are available for Olney Theatre Center's production of "Once," the Tony Award-winning musical set in Dublin, Ireland. The production is on Wednesday, Feb. 13, at 2 p.m.

Tickets, \$45, are available to residents and NARFE members. Contact Jewel at (jewelalee@msn.com) or (301-801-4007). Visit (NARFE1143. org) for more information.

#### **Jewish Discussion Group**

# Jan. 27: 'Divided Society, Divided Schools' Presentation Explains Israeli Schools

by Jerome "Jerry" Cohen

**T**he Jewish Discussion Group (JDG) has planned a special presentation for its next meeting on Sunday, Jan. 27, at 10:30 a.m. in Clubhouse II. Moment Magazine sponsors Dr. Laurence Wolff, who will present a

photo

Dr. Laurence Wolff, courtesy

talk entitled "Divided Society, Divided Schools."

Wolff will provide an interesting overview of Israel's

rigidly divided elementary and secondary schools,

the population segments they serve and the resulting societal ramifications.

Moment Magazine is an independent magazine that provides wide-ranging perspectives on the political, cultural and social issues facing the Jewish

community. Join the Group

for this presentation, with refreshments to follow.

At the Dec. 23 meeting, Bernie Zycherman served as the guest moderator and turned out quite a crowd. He led lively discussions of various topics that included:

- New York Times enabling novelist Alice Walker to recommend a book by accused anti-Semite David Icke, and its ramifications
- U.N. inaction regarding Hezbollah tunnels from Lebanon into Israel the rise in European anti-Semitism,

and Belgian soccer fans mocking the Holocaust

• being Jewish during Christmas

JDG invites people of all faiths to attend its free group discussions held on the fourth Sunday of every month from 10:30 a.m.-noon in Clubhouse II. For additional information or to have your email address added to the monthly notification list, contact group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).



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# Feb. 18: Brunch with Kenneth Feinberg

by Jonas Weiss

n Sunday, Feb. 17, JRLW hosts a brunch with Kenneth Feinberg, one of the nation's leading experts on alternate dispute resolution, at 10 a.m. in the Clubhouse I Crystal Ballroom.

#### **Religious Services**

Rabbi Gary Fink leads a Reform service on Friday, Feb. 1, at 7:30 p.m. in The Inter-Faith Chapel. Study Torah and Talmud with Rabbi Moshe Samber on Saturday, Jan. 19, and 26 at 9:15 a.m. in Clubhouse II.



Kenneth Feinberg, courtesy photo

#### **Donations**

For the Torah fund, send checks payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver

Spring, MD 20906). Send donations for prayer books to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906). Janet is asking for someone to help her label the prayer books.

Donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor, or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

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#### New Neighbors. Same Neighborhood.



Jewish War Veterans Charles B. Krieger Post 567

# Feb. 21: 'Israel - State of the Art'

by Fred Shapiro

ewish War Veterans Post 567 hosts a program featuring Oren Ben-Yosef, director of Cultural Affairs of the Embassy of Israel, on Thursday, Feb. 21, at 2 p.m. in the Clubhouse II auditorium. The program is entitled "Israel - State of the Art."

The program is free, but resi-

dents are asked to sign up to attend beginning Tuesday, Jan. 22, at 8:30 a.m. in the Clubhouse I E&R office.

Israel is a diverse society, with a culture rooted in a blend of traditions from around the world. The constant search

for cultural identity is expressed by a dynamic creativity in every art form, appreciated and enjoyed by a great many people, not just a privileged few.

Israeli artists continually push the boundaries of their art forms. They inspire self-reflective and communal examination and spark social change, while expressing the essence of the

people and the land of Israel. Ben-Yosef will share some examples of Israeli art and short movies during the program.

#### **About the Presenter**

Ben-Yosef is director of Cultural Affairs of the Israeli Embassy in Washington, D.C., Virginia and Maryland, a role he assumed in July 2018. He brings

> Israel's energetic and innovative performance, visual and cinematic artists to organizations in the local community.

Ben-Yosef holds a bachelor's degree in political science from Haifa University and a master's degree in business administration from Manchester Univer-

sity, as well as an academic certification in mediation settlement of disputes in a corporate business environment from Tel Aviv University.

Attend this program to learn more about the creative life in Israel and the artists and performers who will be visiting the Washington, D.C., region.



Oren Ben-Yosef, director of Cultural Affairs of the Embassy of Israel. Courtesy photo



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# Hadassah Opens New Office in Washington, D.C.

by Barbara Eisen

Hadassah has just opened a government relations office in Washington, D.C. The new office will give Hadassah "a base from which to educate, activate and mobilize" its membership, according to a story featured on (www. hadassah.org).

"Advocacy and political activism have always been core components of the work we do at Hadassah," said Hadassah National President Ellen Hershkin. "There has always been a need and a reason for Hadassah to have a voice in Washington, D.C."

#### **Dessert Program**

Reservations are still available for the Hadassah program, "Delectable Desserts and Tantalizing Teas," held on Sunday, Jan. 27, at 2 p.m. in Clubhouse I.

Sheilah Kaufman, author of "The Turkish Cookbook,"

is the program's speaker, and Hadassah will provide the desserts and tea. Guests and prospective members are welcome to attend this delicious program.

The cost is \$18. To attend, mail checks, (payable to Hadassah) to Judy Rumerman at (1107 Nora Dr., Silver Spring, MD 20904) by Tuesday, Jan. 22. Your check is your reservation. For questions, contact Judy at (judyrumerman@gmail.com) or (301-680-0850), or Bobbi Gorban at (bprem@aol.com) or (301-838-4336).

#### **Judaic Studies Group**

Jewish life in El Salvador and South Africa are the topics of the Judaic Studies Group meeting on Monday, Jan. 21, at 1:30 p.m. in Clubhouse I. The meeting is free and all residents and their guests are welcome. For further questions, contact Shari Goldstein at (240-293-6442) or Peri Schuyler at (301-869-2968).

#### **Greeting Cards**

Jan Bloom sells
Hadassah greeting
cards. The price of
the cards is \$3 each.
Cards are displayed
and sold at every
Hadassah meeting.
Call Jan at (301-5937720) to buy cards
between meetings.

#### **Youth Project**

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged

children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

#### **General Information**

Hadassah sponsors many activities to further the worth-



Karen Paikin Barall, director of government relations, affixes a mezuzah to the wall of Hadassah's new Government Relations Office in Washington, D.C. Courtesy photo

while medical, educational and social programs it support in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net), or Natalie Rosen at (301-279-5640) or (bnrosen@comcast. net).



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### Become a Member of NA'AMAT USA

by Carole Mund

A'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare, vocational training, and legal aid for women, services and assistance for new immigrants and centers for the prevention and treatment of domestic violence.

NA'AMAT is also vigilant in supporting groups that confront anti-Semitism in the U.S. and abroad. By joining NA'AMAT RBZ, residents become supporters of NA'AMAT Israel. They also are added to a mailing list to receive information about special events and trips prior to others in and outside the community.

New and former members should mail a check for dues (\$36, payable to NA'AMAT USA) to Harriet Chaikin, membership chair, at (15101 Interlachen Dr., Apt. 1-216, Silver Spring, MD 20906).

All renewals should go through NA'AMAT's local chapter, and should not be sent to NA'AMAT headquarters in California. This applies even to those who have received their notices.

#### **Convention in Israel**

Experience firsthand the many programs NA'AMAT sponsors in Israel. The convention convenes in Tel Aviv from Monday, Nov. 4 through Monday, Nov. 11, 2019.

Visit a daycare center, a vocational high school and a shelter for abused women and children; tour the Negav and travel to Jerusalem to participate in a ceremony at the Western Wall; visit the Knesset and meet Israeli dignitaries; and sightsee at the many historical sites.

After the convention, extend

your visit to Northern Israel.

For additional information and to register, call NA'AMAT USA headquarters at (818-431-2200).

#### **Executive Board**

Due to the possibility of inclement weather, there are no general meetings during January and February. However, planning for spring activities continues at the executive board meetings.

All members are welcome to attend and participate. The executive board is open to new ideas and encourages participation by its members. Attending the executive board meetings are an excellent way to meet individuals who are dedicated to the mission of NA'AMAT.

Fundraisers not only raise funds to support the necessary programs NA'AMAT sponsors, but also provide activities for people to enjoy with friends. An organization needs people who are interested in making these activities happen as well as participating in them.

The executive board's next meeting is Tuesday, Feb. 19, at 10:30 a.m. in Clubhouse I.

#### **March Meeting**

Jerry Cohen hosts the Wednesday, March 6, meeting in the same way he moderates the Jewish Discussion Group: by bringing up issues of interest to Jews worldwide. He comes well prepared with articles he has collected from various newsletters, Jewish Week, newspapers, etc., and then encourages the audience to comment.

#### **Spiritual Adoption Luncheon**

On Wednesday, April 10, NA'AMAT RBZ holds its annual Spiritual Adoption Luncheon. The speaker is Bob Levey, a national columnist and political commentator. "Spiritual Adoption" is a virtual adoption that supports scholarships for children in Israel.

Last year, NA'AMAT RBZ sponsored five scholarships of \$360 each, and donated \$500 to the Ruth Bader Ginsberg Scholarship Fund.

#### **Save the Date**

 May 8 – Donor Luncheon at Argyle Country Club

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666). For tribute cards, contact Lenore Kalen at (301-922-4348).

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# Jan. 22: 'Eyewitness to the Humanitarian Crisis at the Border'

by Dave Edfors

n Tuesday, Jan. 22, at 2:30 p.m. in Clubhouse II the Unitarian Universalists present a program featuring immigration activist Gail Schmitt, who will speak about and show photographs of her experiences on a pilgrimage to the U.S.-Mexico border.

When the Unitarian Universalist College of Social Justice (UUCSJ) offered a five-day experiential educational visit to southern Arizona in partnership with Tucson-based non-profit Borderlinks, Schmitt joined the 14 member group along with UUCSJ staff; members of the Cedar Lane Unitarian

Universalists Church, including their senior and intern ministers; and a member from the Unitarian Universalist Church of Silver Spring.

The group prepared months in advance following UUCSJ guidelines to support Borderlinks' goal of enabling participants to experience and process firsthand the depth of the immigration crisis.

Schmitt will share details of her emotional and lifechanging journey and her views of both injustices and inspiring responses to immigration that she experienced at the border.

Schmitt attends the

Unitarian Universalist Congregation of Rockland, is a retired professor of English as a second language, and has spent more than 40 years interacting closely with people from around the world. Her lifelong involvement in intercultural relationships has made the humanitarian crisis at the border feel urgent and personal to her.

Join the Unitarian Universalists for this interesting and timely presentation. Light refreshments and conversation follow the program. You don't have to be a member to attend our meetings. All residents are welcome.

For information about

the Unitarian Universalists, contact Helen Pachacek at (301-384-2415) or (helenpachacek@gmail.com).



Gail Schmitt, courtesy photo

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# Jan. 19: Club Holds Monthly Potluck and Meeting

by Mike LaPoint

The Alliance's first monthly meeting and potluck of the New Year is on Saturday, Jan. 19, at noon in Clubhouse II. In addition to a nice meal, fellowship and a preview of upcoming events, the Alliance will have a special guest speaker.

Initiatives and activities for the New Year will also be discussed at the meeting. Annual membership dues will be collected and nominations for the Alliance's annual election of new board members will be accepted. All residents are invited and encouraged to attend.

To learn more about the Alliance, or to add your name to its monthly newsletter email list, email (lwlgbt@gmail.com) or,

better still, attend the monthly potluck on Jan. 19. Also check out the Group's Facebook page to stay connected to current events of interest to the LGBT community.

#### **Past Events**

The Alliance celebrated the holidays on Dec. 13 with a potluck dinner, socializing and a Yankee gift exchange. The Group surpassed its goal of raising \$300 for the purchase of holiday gifts for children in foster care, and the money was presented to Court Appointed Special Advocates.

Other recent activities have included an evening of games and snacks, trips to Washington, D.C., to see the movies "Buddies" and "Boy Erased," and Saturday brunch at a local restaurant.

Rossmoor Women's Club

# Feb. 20: Annual Tea Time with Rossmoor Women

by Marcia L. Elbrand

The Rossmoor Women's Club (RWC) hosts an Annual Tea on Wednesday, Feb. 20, in the Clubhouse I Crystal Ballroom.

Doors open at 1:45 p.m. for the 2 p.m. start time. The menu includes an assortment of petite tea sandwiches, freshly baked scones with strawberry preserves, mini desserts, coffee and tea.

"While the centerpiece of the event will be the opportunity to honor new members, it also is a fine time to become better acquainted with everyone who attends," said Aggie Eastham, Club president.

Reservations must reach Carolyn Thompson by Saturday, Feb. 16. No refunds can be made after that date. To attend, mail a check for \$25, (payable to Rossmoor Women's Club) to Carolyn Thompson at (15000 Pennfield Cir., #202, Silver Spring, MD 20906), or call her at (301-806-5383) to arrange to deliver your check to her in person.

In the event of inclement weather, check channel 972 or call the daily events line at (301-598-1313) to find out the status of the event. If the event goes on as scheduled that day, no refunds will be made.

While only a modest profit

results from each RWC event, collectively the funds raised help to provide six college scholarships each year, and support for two local hospices, a residence for family members and friends visiting wounded military personnel, and the only shelter in Montgomery County for women and children seeking refuge from domestic violence, said Club treasurer Peggy Sullivan.

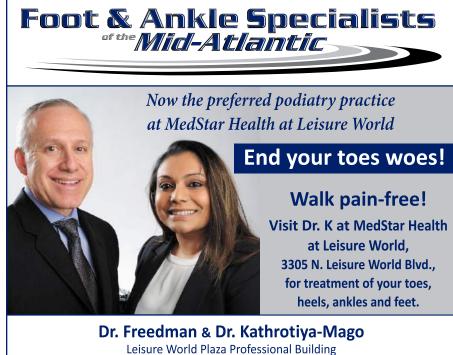
#### Membership

Membership in the RWC is open to any woman living at Leisure World, and its roster also includes a substantial number of non-residents (up to the community's 10 percent limit) "who simply believe in what we do," said membership chairperson Arlene Siller.

To join, contact Arlene at (abs929@yahoo.com), or mail a check for \$40 to her at (3100 North Leisure World Blvd. #909, Silver Spring, MD 20906). For further details, call Arlene at (301-460-7859).

"If you agree that supporting students, from Head Start children in pre-kindergarten to college girls juggling school, jobs and tuition is worth doing, you will want to help our worthwhile local group," said Rita Posner, education committee chair.





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### Club Offers Armchair Travelers Views of Ireland

by Elizabeth Brooks-Evans

On Saturday, Jan. 19, at 2 p.m. in Clubhouse II, armchair travelers experience "The Best of South Ireland" with Rick Steves, well-known travel guide.

Viewers start at the Hook Head Lighthouse, which claims to be the oldest operating lighthouse in Europe, and then visit the Waterford Crystal factory and watch the world's top glass craftsmen at work.

Stop by a roadside vegetable stand where Irish girls sell bags of "English Queens," or new potatoes, and, before leaving, possibly improve your luck by kissing the Blarney Stone!

On Saturday, Jan. 26, join Steves to visit the Gaelic-speaking west coast to see "The Best of West Ireland" where the rugged villages have changed little over the generations. After exploring the remote Aran Islands,

visit Galway, chase a friendly dolphin and delve into the scenic Dingle Peninsula.

Ringing with music from its rustic pubs and dotted with prehistoric forts, this region is really something special. If you're to fall in love with Ireland, chances are it'll happen right here.

#### **Games**

Games begin every Saturday at 2:30 p.m. right after armchair travel. Mexican train dominoes has become so popular that two games run simultaneously in the Game Room in Clubhouse I.

An old-fashioned dominoes game is also available, and bridge and Rubik's cube are played in the lobby. Members are also welcome to bring or suggest other favorite games. Free bingo is sometimes played on the 2nd and 4th Saturdays, with new prizes, and Pokeno is sometimes played on the 1st and 3rd Saturdays of the month.

During one Saturday of each month, one lucky member at SAL wins a door prize. For more about games, contact Sylvia Pachenker at (301-598-5325).

#### **Trips**

The Club's takes its next trip on Wednesday, March 27, to Lancaster, Pennsylvania, to participate in "Murder at Mount Hope Mansion," an interactive whodunit performance that includes a four-course meal.

Other upcoming trips include The American Music Theatre in Lancaster, Pennsylvania on Wednesday, May 15, and Pigeon Forge and Smoky Mountain Shows in Tennesee from Monday, Sept. 16 through Friday, Sept. 20.

Each of this year's trips includes a complementary raffle and prize for one lucky participant.

More detailed information on these trips is in the Club Trips section of this publication. All residents are invited to attend the Club's trips. Sign-ups are on Saturdays during SAL from 1:30-3 p.m. in Clubhouse II, where a representative from the Club's program committee is available to receive payments and answer questions.

The GIAC News, which also has more trip information, is available for pick up during SAL. For questions about trips or to pick up flyers, stop by the SAL information table, or call Joe Parker (301-598-3457) or Sylvia at (301-598-5325).

#### Membership

Those wishing to sign up for membership can do so at the information table during SAL at 1:30-3 p.m. in Clubhouse II, when representatives can provide information and answer questions about the Club and its activities. Residents are also invited to call Sylvia at (301-598-5325) for more information about membership.



# Boomers Welcome Tribute Band in February

by Beth Leanza

**B** aby Boomers get together for parties with food and live music, and enjoy having meals and watching movies together.

Sometimes Club members get together to play board games while snacking, while other members enjoy going out to dinner followed by a movie at a theater in Rockville. In the summer, the Club holds barbecues at East Norbeck Park. The Club also takes trips to Toby's Dinner Theatre in Columbia.

The Club schedules its activities in the evenings and on the weekends so that working members can join in the fun.

#### **Tribute Band**

In February, the Club will do something a little different –Still Surfin', a Beach Boys tribute band, will perform in the Clubhouse I Crystal Ballroom. Members should watch for an email with specifics.

#### Ready to Join?

The Club's membership is ready and waiting to receive your dues and get you signed up. Send a check for \$5 per member, (payable to Baby Boomer Club) to Susan Landesberg at (3503 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

Include your address and phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who does.

Adding the Baby Boomer group email address (bbclw@googlegroups.com) to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder. The Club keeps its emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

The Club's website is available

at (https://sites.google.com/site/bbclwmd) and includes a calendar with walk information.

#### Friday Hikes with Joyce

Any resident is welcome to join the Club's walkers without having to join the Club. Joyce Richardson leads walks on Fridays. The group meets at 1:15 p.m. at a local trail. Most walk about three miles, but some walk in halfway and return. If you want to carpool to the trail, contact Joyce at (301-598-7098) by Thursday night.

- Jan. 25 Lake Needwood (Redland, MD) Meet in the parking lot near the hiker/biker trail at 1:15 p.m. Bring water. Exit through the Norbeck Gate and turn left onto Norbeck Road. Turn right onto Muncaster Mill Road. At the traffic light, turn left onto Avery Road. Turn right onto Needwood Lake Drive. Turn left at the "T" intersection onto Beach Drive, and follow it around the hiker/biker trail. Note: Obey stop signs in the park.
- Feb. 1 Swain's Lock (Potomac, MD)
  Meet in the parking lot. Bring water.
  Exit through the Norbeck Gate and
  turn left onto Norbeck Road. Norbeck
  Road becomes First Street, and First
  Street becomes Wootton Parkway.
  Turn left onto Falls Road, and turn
  right onto River Road. A sign for
  Swain's Lock appears on the right side
  of the road. Turn left onto Swain's
  Lock Road and drive to the parking
  lot.

#### **Sunday Walkers**

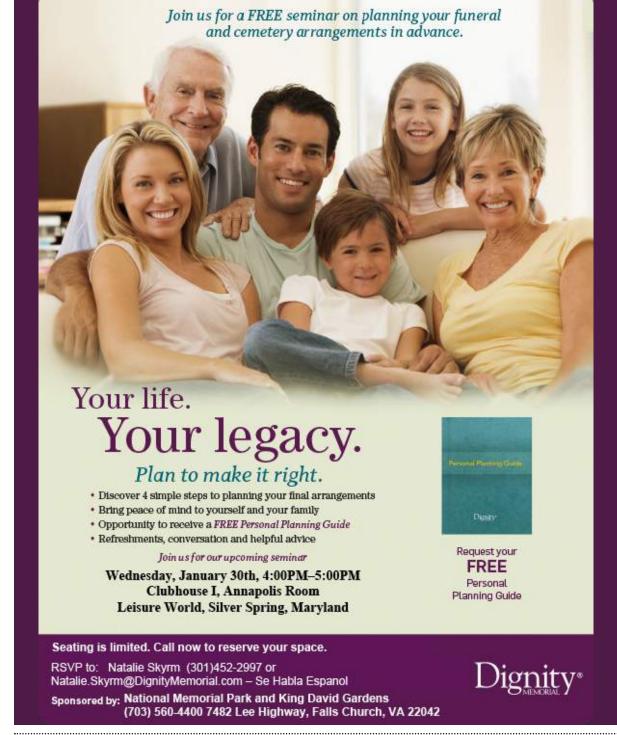
Join a group of walkers that meet up on Sundays at 8:15 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. Afterward, join the walkers for breakfast. For more information, email Ted Michos at (Tedmichos@gmail.com).

#### **Weeknight Walks**

One group completes a shorter walk (about one mile) on the Broadwalk in Montgomery Mutual on weeknights (Monday to Friday), leaving at 5:15 p.m. from the Clubhouse I lobby. No announcement is made; just look for a group forming and introduce yourself.

#### **AVA Walks**

The American Volkssport Association (AVA) holds events and provides guides to local walks of interest. More information about AVA walks is available on the Club's website at (https://sites.google.com/site/bbclwmd). Click on Walks, below the events calendar.



# Hams Hold First **Operating Session of 2019**

by Alan J. Goldstein

▶ he Amateur Radio Club has initiated weekly operating sessions on Mondays at 10 a.m. in the ham shack in the lower level of Clubhouse I, near the entrance to the outdoor pool.

The first session, which took place on Jan. 7, had eight attendees, about all that could fit into the Club's modest operations center. Contacts made were as far away as



Paul, W3HGT, mike in hand, is on the air. Photo by Alan J.

the Canary Islands, located 80 miles off the coast of Morocco.

Club members had an opportunity to sharpen their skills during the operating session. The session also allowed members to evaluate various pieces of Club equipment and to familiarize themselves with their operation.

Amateur radio is an exciting hobby, with 'hams' (amateur radio operators) from all over the world conversing with each other, both locally and over very long distances. An operator must be licensed by the Federal Communications Commission in order to communicate unsupervised over the air, after passing exams covering radio theory and operation.

Club members are happy to point prospective hams to readily available resources to help them prepare for a license exam. However, residents do not have to be licensed to join the Club or to operate under the supervision of someone who is.

The Club meets at 1 p.m. on the second Tuesday of the month for lunch in the Stein Room in Clubhouse I. For further information or to join, call Bryan West, K2BW, Club president, at (301-873-0175).



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# Make Lists Using the Reminders App

by Ron Masi

**D**o you find yourself forgetting things? Do you hate repeatedly making paper shopping lists?

An app available on Apple devices can help; it is appropriately called Reminders.

Using Reminders is easy – users never have to repeat an entry, they always have the list with them (assuming they always

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\$25 senior discount on first visit for Leisure World residents carry their iPhone) and are always able to decipher what they wrote.

To get started, open the Reminders app, and then create Categories (check lists) used the most, such as a weekly grocery list.

To create a list, pull down from the top of the screen to reveal the search field, and then tap the plus (+) button on the far right. The user is presented options to create new reminder or a list; tap list. Then type in the name of the list and select a color option.

There is no limit to the number of lists users can create, but it's best to start small. Select Done, and then tap the name of the new list to return to all lists.

To add items to a list, use the plus sign (+) on the left under the name of your list, and after each item entered, tap Done to be taken to the next line. Continue adding items until the list is completed, and then tap Exit at the top right of the app. Users can always add more later and create as many categories as needed.

When grocery shopping, for

example, users can open Reminders to read their grocery list. Instead of crossing out what they bought, the app displays a circle that, when tapped, changes color indicating that the user got the item. The

next time the user goes to the grocery store, he or she can open the list and tap the circles of all the items they need to purchase again — no retyping required.

At the bottom of the lists it reads, "Show Completed" and "Hide Completed." Users may have to toggle through these two options to get a feel for them.

Users can create "to-do" lists when going away on a trip; they can list their medications for their next doctor's appointment; or can create a list of people they'd like to invite to their next party – the options are endless.

For Siri's help, say something





The Reminders app icon

like, "Add laundry detergent to the Groceries list."

#### **Club Information**

Tuesday Clinics are every first, second, third and fifth Tuesday of the month. Just stop into the Computer Learning Center in Clubhouse I with your Apple question any time between 10-11 a.m.

The Club has a general meeting on the 4th Tuesday of the month in the Exercise Room located directly across from the Fitness Center in Clubhouse II.

For more information about the Club, visit (mac.computer ctr.org).





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#### Bedford Court's Downsizing Seminar & Chocolate Festival

Wednesday, February 13th, 10-11:30 a.m.

Presented by TAD Relocation, specialist in downsizing, move planning and design. Learn tricks of the trade on downsizing and organizing, as well as pointers on how to take the stress out of moving.

Afterwards, enjoy a Valentines celebration of chocolate and enjoy scrumptious treats!

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## Group Publishes Collection of Essays, Stories and Poems

by Denise Barker

The Writers of Leisure
World began the New
Year with talk of their
forthcoming book, a collection
of essays, stories and poems
by members of the group.
The book, called "Lessons of
Life: Wisdom from an Ageless
Generation," will be published
in January.

Woody Shields, who has edited and prepared the book for publishing, read from the official description of the book: It "captures the life experiences of 15 talented authors from diverse backgrounds, provoking emotions from laughter to tears. Personal biographies of life changing events include times of war and peace, death and birth, and crisis and redemption."

The Group also celebrated and congratulated member

Verna Denny, who has a new book just published. Entitled "Shadow of Youth," it is a psychological thriller pitting senior citizens against Millennials, set in a retirement community. The book is available on Amazon.

Lee Hardy read an essay on the adventure of visiting the mall as a senior citizen. Gladys Blank remembered singing "Auld Lang Syne" at past New Year's Eve celebrations. She told the history of the song, an old Scottish folk song first written down by poet Robert Burns.

Bobbie Troy offered a poetic lament for "When the Poetry has Gone," and emptiness remains.

Marian Bedell offered metaphors of her childhood: a room decorated with beautiful wall paintings, a joyful escape during World War II, and a wall papered over with abstract flowers.

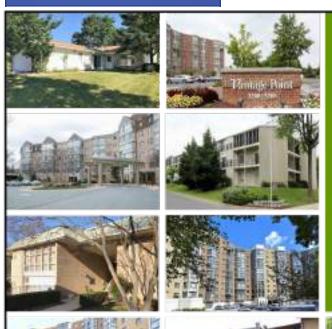
Grace Cooper brought a poem about Christmas and its hurry and celebration, with people ignoring a poor child, huddled and hungry "with a nail mark at each hand."

P.D. Wendkos shared thoughts on the many opportunities at Leisure World to learn and broaden our minds, and encouraged participation.

Joannie Friedlander read from a children's book she wrote with her daughter about a magical room where the toys come alive, including a bunny and a bear.

Tom Anessi read from his memoir about the memory of a remarkable 60-year friendship that began during his military days.

The Writers of Leisure World meet on the first and third Thursdays of the month at 11 a.m. in Clubhouse I. All residents are welcome.



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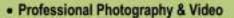












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## Clubs, Groups & Organizations In Brief

**Book Club Network**: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

**Boston Group:** If you have not yet attended a meeting and are a Bostonian, please let us hear from you. After meeting earlier this month, it was decided that members would arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189 and leave a message).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Windows systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Jan. 25. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

**Model Railroad Club:** If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

**Musical Jammers:** We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun — no dues, no meetings, no agendas, no committees. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our more than 1,000 members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

**The Philadelphians:** The Philadelphians will not be meeting during the winter months (December, January, and February), but will regroup in March 2019. For further information, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

**The Pittsburghers:** If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

**Quilters Group:** Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Jan. 24.

**Stitchers Group:** Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The O. Henry Prize Stories 2018," which contains 20 award-winning stories by various authors. On Wednesday, Feb. 6, members will have a discussion of "How We Eat" by Mark Jude Poirier. On Feb. 20 Sami Demiray will lead a discussion of "Deaf and Blind" by Lara Vapnya. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: (TMO) is a movement of residents concerned about governance and management that meets every month to discuss and schedule community-wide town hall meetings. Topics such as the proposed administration building, funding a strategic plan, community governance and management involvement in mutual elections, are addressed. The town halls are held to inform and involve residents in issues affecting them. TMO meets the third Thursday of each month at 2 p.m. in Clubhouse I. All residents are invited to attend and become active in the movement. For information, email (admin@townmeetingorganization.com).

**Wood Shop Users Group:** The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

**Women's Fun Bunch of Leisure World:** The Women's Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquires, call Marlene at (301-438-7773).

## Leisure World Club Trips

The next deadline for trip submissions is **Monday**, **Jan. 21**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are open to all residents, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

March

#### Murder at Mount Hope Mansion Lancaster, PA

Join the **Going It Alone Club** for an interactive "whodunit" performance and a four-course lunch at the mansion.

The bus departs Clubhouse II at 10 a.m., and returns at approximately 6 p.m.

The cost is \$85 for members, and \$93 for non-members, and includes the show, lunch, tax and gratuities. Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, Feb. 23, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

#### A Taste of Italy 28 Baltimore, MD

The **Italian Social and Cultural Club** invites you along on a trip to historic Little Italy in Baltimore for lunch at the world-famous Sabatino's Italian Restaurant and sightseeing.

The bus departs Clubhouse II at 10:30 a.m., with lunch at Sabatino's at approximately 11:30 a.m. Following lunch, there will be time to explore Little Italy.

The bus departs for Leisure World at 3:30 p.m., arriving at Clubhouse II at approximately 4:30 p.m.

The cost is \$69 per person and includes transportation and lunch. Lunch features salad with Sabatino's house dressing; Italian bread and butter; and an entreé choice of lasagna, linguini marinara, tortellini with sauce, cheese ravioli, eggplant parmigiana, chicken alle marche or chicken lynn red, with cake or spumoni for dessert.

To make reservations, call Eyre Tour and Travel at (301-598-1599) or (301-854-6600 extension 4) or drop by the Eyre office in Clubhouse I.

May

#### **American Music Theatre** Lancaster, PA

Join the **Going It Alone Club** to see the 2019 AMT show, "Ovation – An AMT Pop Orchestra Experience." The show features tributes to such music greats as Rosemary Clooney, Tony Bennett, Frank Sinatra, Ella Fitzgerald and other pop music greats. The trip also includes lunch at Bird-in-Hand Restaurant. The bus departs Clubhouse II at 9 a.m. and returns at approximately 8 p.m.

The cost is \$85 for members, \$93 non-members, and includes lunch, show, tax and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, April 13, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

#### **National Black Theatre** Festival, NC

**LWAAAC** is hosting a five-day/four-night trip to the National Black Theatre Festival in Winston-Salem, North Carolina. The Festival is the 16th biennial event with over 100 theatrical performances, films, workshops, seminars, international conferences, vendors and much more that will saturate the city with an impressive array of entertainment. All residents are invited.

The cost is \$937 per person, double occupancy, or \$1,450 for single occupancy and includes travel, hotel accommodations, breakfast, shuttle service to and from the convention center and a city tour. Call (800-321-3973, extension 4) to reserve a spot. The deposit to Eyre Travel is \$100 per person at the time of booking with the final payment due by Tuesday, May 28. Incremental payments may be arranged, and travel insurance may be purchased.

For details, visit Evre Tour and Travel in Clubhouse I. A fact sheet and the daily itinerary are available from Al Holston or Glenne Martin at (301-438-3537), or Verna Denny at (301-598-1418).

## Pigeon Forge and Smoky Mountains Shows, TN

All residents are invited to come with the Going It Alone Club on a five-day, four-night trip to Pigeon Forge and the Great Smoky Mountains of Tennessee. The trip includes four breakfasts and four dinners, entrance to the Titanic Museum, five shows, free time in historic downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

The bus departs Clubhouse II at 8 a.m. on Monday, Sept. 16 and returns late afternoon on Friday, Sept. 20.

The cost for double occupancy is \$480 per person for Club members; \$488 for non-members; and \$149 additional for single occupancy. A \$200 deposit is due upon sign-up, with the final payment due by July

Travel insurance is available.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 15, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).



#### **Attention, Travelers!**

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

## SPORTS, GAMES & Scoreboards

10-Pin Bowling League

## Wild Things 'Unhook' **Second Place Spot**

by Rita Mastrorocco

The following particle is in effect: If he following bad weather **Montgomery County schools** are either closed on a twohour delay based on snow or icy conditions, the league does not bowl.

The league is based on handicaps with averages for the bowlers ranging from 94 to 175. If you have not bowled in years, come out and join the fun.

Top league standings as of Jan. 4 are: Half and Half in first place; Wild Things in second place; and Huggers in third place.

#### Top scores for the week of Jan. 4, 2019 are:

Scratch Game - Wild Things, 612 pins Scratch Series - Wild Things, 1,719 pins Handicap Game - Wild Things, 897 pins Handicap Series – Wild

Things, 2,574 pins

High Average Men – Steve Hays, 175 pins

Scratch Game Men - Bill Thomas, 185 pins

Scratch Series Men - Steve Mueller, 464 pins

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Handicap Game Men -Chris Shaffer, 249 pins

Handicap Series Men -Chris Shaffer, 670 pins

High Average Women -Chris Porter, 167 pins

Scratch Game Women -Chris Porter, 175 pins

Scratch Series Women -Jessica Stephens, 479 pins Handicap Game Women -

Bea Morrisey, 244 pins Handicap Series Women -Beth Leanza, 681 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America located at 1101 Clopper Road in Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11.

If interested, call Rita at (301-814-9196).



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www.mddcattorney.com www.raegroup.com email: j.lazrus@yahoo.com **Duplicate Bridge Club** 

## Feb. 1: Duplicate Bridge Club Plays Open Game

by Marcia Fletcher

uplicate bridge players welcome guests from outside the community to a special open game on Friday, Feb. 1, at 7 p.m. in Clubhouse I.

On this occasion, guests will not be required to play with partners who are Club members.

The decision to open this game to the public was approved at a called meeting of the Club membership on Dec. 18.

The Club will offer the open game on the first Friday for several months to determine if there is enough interest to make the game permanent, according to Club president Aaron Navarro.

The American Contract Bridge League (ACBL) sanctions all bridge games offered by the Club. Most games at this Club are invitational, and guests who do not meet the residency requirements of the Club can play only as partners of members.

The decision to offer an open game eliminates this requirement, making it possible for non-resident partnerships to compete for master points, which are awarded more generously in open games.

To accommodate different skill levels, duplicate bridge players are ranked for scoring purposes according to the number of master points



they have earned. All games offered by the Club are stratified as follows: Flight A – includes players with 1,000 or more points; Flight B – players with 500-1,000 points; Flight C – players with 0-500 points.

Club members also approved a proposal at the Dec. 18 meeting to invite five guest players who do not meet the Leisure World residency requirements to full Club membership. The new members were chosen by lottery on Jan. 15.

#### **General Information**

The Duplicate Bridge Club promotes duplicate bridge in Leisure World. ACBL-sanctioned games are played on Tuesdays and Fridays at 7 p.m. throughout the year. New players are welcome, and the Club helps prospective players find partners.

For more information. contact Aaron Navarro at (301-598-3870).

#### Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Dec. 27, 2018

- 1. Judy Lindley, 2,830
- 2. Evelyn Armstrong, 2,430
- 3. Shirley Gilmore, 2,330

Jan. 3, 2019

- 1. Judith Lane, 4,160
- 2. Mary Lee Amato, 3,580
- 3. Judy Lindley, 3,400

#### Friday Bridge

Compiled by Shirley Rosenhaft

Dec. 28, 2018

- 2. Bob Stromberg, 2,720

1. Sue Unger, 2,760

3. Gloria Kitzler, 2,510 4. Shirley Rosenhaft 2,500

Deadline February 9

## Chess Fleet 'Drops Anchor' at Clubhouse II

by Bernie Ascher

018 was a big year for Lbig ships. Big ships bring economies of scale. Spreading the costs of fuel and crew among a larger number of shipments can bring lower rates and eventually lower costs for consumers.

The International Maritime Organization estimates that container ships carry 90 percent of the world's non-bulk cargo. During 2018, the world container fleet grew 5.6 percent, as shipbuilders launched new ships with greater carrying capacity, according to Alphaliner, a maritime magazine.

Anticipating further growth in international trade, shipbuilders currently are constructing super post-Panamax ships that can hold more than 20,000 containers.

New vessels launched in 2018 added 1.49 million units of capacity to the world's containership fleet, according to Londonbased shipbroker Braemar ACM. The world container ship fleet now consists of more than 5,200 ships with carrying capacity of roughly 22.6 million containers.

Expansion of the Panama Canal also has spurred competition among U.S. East Coast ports to attract cargo away from the West Coast now that giant ships can move from Asia across the Pacific to the Atlantic.

Big ships need big ports, though. They need deep and wide channels, and they need specialized equipment at the terminal - heavy-lifting cranes (even camera-assisted, remote-controlled cranes), and increased electric power to accommodate the huge vessels.

They also need space to hold outgoing cargo while the arriving vessel is unloaded. Ports are investing billions of dollars in major infrastructure improvements.

New York-New Jersey, for example, spent \$1.6 billion to raise the Bayonne Bridge to 215-foot elevation to accommodate massive, highly stacked containerships. The Port Authority spent an additional \$3.1 billion on dredging, rail access and other projects, and terminal operators spent another \$2 billion on cranes and other equipment, according to the Journal of Commerce.

Other East Coast ports are planning to spend hundreds of millions of dollars to deepen their ports and upgrade their facilities, Virginia expects to spend \$670 million for Norfolk; and South Carolina, \$525 million for Charleston. Georgia needs \$700 million to deepen the Savannah

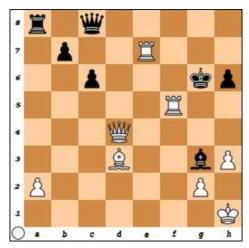
project completed in 2015, still cannot accommodate the largest ships. Timing is the problem, port director Juan Kuryla told the Miami Herald in July 8, 2018.

"The \$205 million project, which began dredging in 2013, was based on a study completed in 2004 and authorized by Congress in 2007. Since then, cargo ships have outgrown original size projections nearly 50 percent." Thus, Miami may need to spend even more.

At Leisure World, the Chess Club has an inventory of chess sets and a small library of chess instruction books for use by its members, which are "docked" in the basement of Clubhouse II. The Club needs no new infrastructure and equipment.

In the game pictured on this page, White's Rook is under attack by the Queen at c8, but it is White's turn to move. What is White's best move? (Note: there are two solutions.)

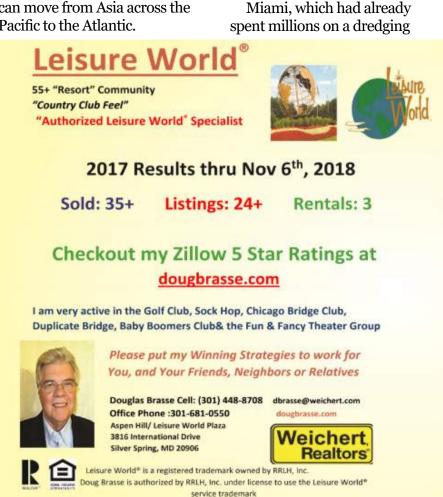
The solutions follow the usual message that the Chess



Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free. Beginners and "rusty" players are welcome. For further information, call Bernie Ascher at (301-598-8577).

SOLUTIONS: White can move the Queen at d4 to g4 or f6. Checkmate!

So, do not wait for a feasibility study. Do not wait for Congressional approval. Do not wait for bigger ships. Play chess now!





## Sports, Games & Scoreboards In Brief

**Bid Whist:** Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501).

#### **Bridge:**

- Tuesday and Friday Duplicate Bridge games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). Results are also posted on (cuebid.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Nadyne at (301-598-5677).
- The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).
- **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.
- Thursday Ladies Bridge welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

**Chess:** Free chess lessons for beginners and "rusty" players Monday and Wednesday in Clubhouse II. Call Lark Kellar at (301-219-5955) or Steve Harvith at (301-801-4693) for information. The Chess Club meets every Monday, Wednesday and Friday in Clubhouse II at 1-4 p.m.

**Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

**Mah-jongg:** Learn how to play mah-jongg. Call (301-598-3438).

**Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises

under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

**Ping-Pong Club**: Get healthy exercise and camaraderie playing ping-pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email at (julie12401@netscape.net).

**Pinochle Players:** Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

#### Poker:

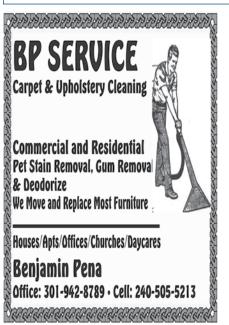
- **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).
- **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
- **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

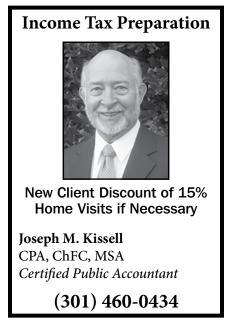
**Thursday Night Poker** meets 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Call Dave at (301-598-7064) for information or just come and join us.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

**Trivia Group:** Train your brain and hone your social skills! Twenty teams vie for attention by answering easy, medium and some tough questions. New players are always welcome. You can bring a team of your own (four-six players) or join an existing one. You don't need to be a genius or a trivia master, but you have to enjoy working with a group to figure out answers. Even if you don't get them right, you'll learn something new. The club meets Tuesday nights at 7 p.m. in the Clubhouse I Crystal Ballroom.

Indoor Volleyball for Everyone: If you are a resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).









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C" Model - Overlook - \$235,000 2 BR, 2 FB, 1090 sq. ft. Hardwood floors, freshly painted, garage space included.



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## **CLASSES** & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.** 

If required enrollment is not met five days prior to the start date, the class will be cancelled.

\*\*\*Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!** 

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

## **Community Classes Policy for Inclement Weather**

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



#### **EDUCATION**

**NEW - Shaping Our** Towns and Cities - A Roundtable Discussion, a CLL course: Join Jeff Prudhomme and Ieva Notturno from the Interactivity Foundation (IF) for two exploratory discussions about things shaping our towns and cities. Participants will explore questions like: Why do we live where we do? What attracts us to certain towns or neighborhoods? Why are our communities designed the way they are? What might the future hold in store? What is your vision of a good community, a good place to call home? How might we focus our efforts at community design and development?

Led by the facilitators, participants will also explore different visions for the future of various communities.

Established in 1965, the non-partisan IF works to engage citizens in the exploration and development of possibilities for public policy through small group discussions.

Discussion groups meet Mondays, March 4-18, 1-3 p.m. **Fee: \$15. Register at Clubhouse I.** 

## Great Decisions in Foreign Policy, a CLL

course: Everyday, we are assaulted with descriptions of world events that take away our sense of security and well being as Americans. We are especially concerned this year because the Trump administration is advancing a very different program of relationships with other nations.

The Center for Lifelong
Learning (CLL) is presenting
the 2019 version of the Foreign
Policy Association's Great
Decisions series. This year's
discussion topics include: (1)
Migration, (2) U.S.-Mexico
Relations, (3) Cyber-security,
(4) Chinese Trade, (5) Nuclear
Diplomacy, (6) Middle East
Overview, (7) Rising Populism
in Europe, and (8) The State of
the State Department.

The class may discuss additional emergent topics that may be timely and which the class wants to explore. Participants will share their experiences and knowledge. We will identify significant drivers of these events, for example, sovereignty, resources, ethnicity, ideology, national interests, history, and personalities, and the impact of these factors on the U.S.' ability

to identify and influence the desired course of events.

Using the text prepared by the Foreign Policy Association (FPA), each topic is discussed in depth using FPA materials and additional experiences and materials brought to the seminars by the participants. The FPA has also prepared a DVD featuring foreign policy experts from academia and the public sector which introduces each session.

The class leader is resident David Frager, who is a docent at the Smithsonian National Museum of American History and taught at the National Defense University for three years during a career at the Department of Defense. He led the highly regarded 2010-2018 discussions of Great Decisions and is the instructor for the **Building America: Personalities** and Perspectives series on American History for the Center for Lifelong Learning. He is also a member of the Creekside Board of Directors and the Leisure World Community Corporation board of directors.

Class meets Thursdays, Feb. 28-May 2 (no class March 21 or April 18), 2-3:30 p.m. Fee (including text): \$50 per person, \$75 if couple sharing one book. Register at Clubhouse I.

**Book Discussion: "Just Mercy: A Story of Justice** and Redemption," a **CLL class:** Author Bryan Stevenson, Harvard Law School graduate, practicing attorney and co-founder of the Equal Justice Initiative, tells the story of Walter McMillan, a black man who was accused of the murder of a white woman and placed on death row even before his sentence had been determined. In recounting this story, Stevenson exposes weaknesses in the criminal justice system, and raises questions about the death penalty.

This book discussion is led by Paul Levy. Participating students will be doing a close reading and must have completed chapters 1-10 before the first class. The course will focus on several of the stories Stevenson tells as a basis for class discussions on criminal justice reform.

Students must bring their own copy of the book to class. Used and new copies of the unabridged book are available for purchase online (amazon. com, abebooks.com), and a limited number may be available through the Montgomery County Public Library.

Class meets Mondays, Feb. 4 and Feb. 11, from 10-11:15 a.m. **Fee: \$15. Register at Clubhouse I.** 

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

**Basic Arabic Language** Skills: Led by Dr. Phil Wendkos, this course will cover basic Arabic language skills that will give you a familiarity for and help you navigate your way in the Arab world. Participants will learn how to ask for directions, what to say in an emergency, how to address people and typical greetings, how to get around in and call for a taxi, how to describe illnesses to doctors, plus words and expressions to describe foods, educational opportunities, shopping and where to find the American consulate.

Participants will learn the Arabic alphabet and practice elementary readings in Arabic. Bring iPads.

Be brave and sign up. Class meets Fridays, Feb. 1-Feb. 15, 10:30-11:30 a.m. **Fee: \$25. Register at Clubhouse I.** 

#### **EXERCISE**

NEW – Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.) - Advanced: Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Jan. 28-March 18 and/or Thursdays, Jan. 24-March 14, 9:15-10:15 a.m. Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.

#### **NEW – Stretch, Tone** and Balance for the Active Adult (10:30 a.m.) - Beginner to Moderate:

This class is for beginner to moderate exercisers who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Class meets Mondays, Jan. 28-March 18 and/ or Thursdays, Jan. 24-March 14, 10:30-11:30 a.m. Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.

#### NEW - Beginner and **Advanced Tai Chi with** Steve: A must for seniors! Tai Chi builds strength in muscles and bones, promotes a healthy heart, and is fun and easy to do. It improves endurance, flexibility, breathing and circulation.

The class begins with 30 minutes of stretching and muscle strengthening exercises that promote greater agility, better posture and strengthen muscles. This is followed by meditation for 10 minutes and Tai Chi for 20 minutes. Tai Chi is the best way to improve balance and coordination, thereby decreasing the risk of falling and fractures.

Class meets Tuesdays and Thursdays, Feb. 5-April 25, 9:30-10:30 a.m. The instructor is Steve McCleary.

For more information, call Maureen McCleary at (301-598-1145). **Fee: \$45** for 1 day per week; \$75 for both days. Register at Clubhouse II.

**NEW - Gentle Yoga** - Wednesdays and Saturdays with Marilyn: Yoga is a holistic system

that combines movement,

A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide skills to cultivate a peaceful mind in the face of life's stresses and

posture, breath, and relax-

physically, mentally, and

spiritually.

challenges.

ation techniques to improve

overall health and well-being

This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a voga mat or blanket to the first class.

Class meets Wednesdays, Feb. 13-April 17 and/ or Saturdays, Feb. 9-April 13, 9-10:15 a.m. Fee: \$80/ one day, \$140/two days per week. Register at Clubhouse I.

## WILLSON'S

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## THANK YOU, Senator Ben Kramer



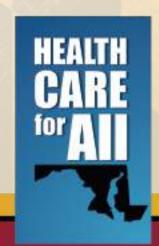
# for being a co-sponsor in 2018 of the Health Insurance Down Payment Plan!

Our health care costs too much. One reason is that people without health coverage often get medical care in the most expensive way possible—in emergency rooms. It's called uncompensated care, and those unpaid costs drive up everyone's insurance premiums.

That's why Senator Kramer and dozens of other Maryland legislators got behind a proposal called the "Down Payment Plan" which helps expand the insurance pool. People get the care they need while the state shrinks uncompensated care, holding down insurance costs for everyone.

For more information, see www.HealthCareForAll.com

Paid for by the Maryland Citizens' Health Initiative Education Fund



## CALENDAR of Events

#### Friday, January 18 Clubhouse I

10:00 a.m. Chinese Brush and Ink **Landscape Painting Art Class** 10:00 a.m. Book Club Network: **Bookies** 

10:00 a.m. Book Club Network: Searchers

11:00 a.m. Journeys and Experiences of The Musical Mind Class 12:15 p.m. Kiwanis Club

1:00 p.m. Any Level Watercolor Art

3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge Clubhouse II

1:00 p.m. Zumba Gold Class

1:00 p.m. Ping-Pong Club

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge

7:00 p.m. Baby Boomer: Movie

#### Saturday, January 19

#### **Clubhouse I**

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio **Clubhouse II** 

9:15 a.m. JRLW Services 12:00 p.m. LW LGBT Alliance 2:00 p.m. Going It Alone Club: Social and Bingo

4:30 p.m. E&R Event: Julie Kurzava and Diane Kinsley - Sittin' on a Rainbow

7:00 p.m. Sock Hop Group

#### Sunday, January 20

#### **Clubhouse I**

10:00 a.m. JRLW Breakfast Forum **Clubhouse II** 

3:30 p.m. Camera Club Photo Matinee with Frank Van Riper

#### Monday, January 21 **Clubhouse I**

11:45 a.m. LWAAAC: Martin Luther King Jr. Brunch

1:00 p.m. Paintbrush and Knife Art Class

1:30 p.m. Leisure World Chorale 1:30 p.m. Republican Club

1:30 p.m. Hadassah: Judaic Studies Group

7:00 p.m. Bingo

#### **Clubhouse II**

9:00 a.m. Senior Sneakers 10:00 a.m. Clipper Workshop 11:00 a.m. Chair Yoga Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 2:00 p.m. Line Dance Class 2:00 p.m. Chair Yoga Class 3:00 p.m. Line Dance Class 3:00 p.m. Ping-Pong Club 4:00 p.m. Ba Duan Class 5:30 p.m. Model Railroad Club

#### Tuesday, January 22 **Clubhouse I**

Operating Session

9:30 a.m. Any Medium Art Class 11:00 a.m. Arts in Motion: Quarterly Meeting 1:00 p.m. Pastels Art Class

1:00 p.m. Amateur Radio Club

1:30 p.m. Book Club Network: Suspensers

2:00 p.m. CLL Program: Brain Fitness with Cathy Richards

7:00 p.m. Trivia Group 7:00 p.m. Duplicate Bridge

7:00 p.m. Lions Club

#### **Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Club

11:00 a.m. Mild Exercise Class

11:00 a.m. Water Class

12:30 p.m. Scrabble Group 1:00 p.m. Non-impact Fusion Water

**Exercise Class** 

1:30 p.m. Comedy and Humor Club 2:30 p.m. Unitarian Universalists:

Immigration Activist Gail Schmitt, guest speaker

7:00 p.m. Camera Club Competition: Open

#### Wednesday, January 23

#### Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Drawing Basics Art Class 1:00 p.m. Oils, Acrylics and **Miniatures Art Class** 1:00 p.m. Eyre Travel Mini Show 6:45 p.m. Chicago Bridge

**Clubhouse II** 10:00 a.m. Zumba Gold Class 11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Ping-Pong Club

2:00 p.m. Chair Yoga Class 4:00 p.m. Move It or Lose It Class 5:30 p.m. Model Railroad Club **Operating Session** 

#### Thursday, January 24 **Clubhouse I**

9:15 a.m. Stretch, Tone and Strength **Training Class** 

10:00 a.m. Basic Watercolor Art Class 10:30 a.m. Stretch, Tone and **Balance Class** 

12:30 p.m. Ladies' Bridge

1:00 p.m. Oils and Acrylics Art Class **Clubhouse II** 

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced

Tai Chi Class 9:30 a.m. Quilters Group

11:00 a.m. Water Exercise Class 12:30 p.m. Men's Bridge

1:00 p.m. Non-impact Fusion Water **Exercise Class** 

2:00 p.m. Model Railroad Club Operating Session

2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Tap Dancing in a Chair Class

#### Friday, January 25 Clubhouse I

10:00 a.m. Chinese Brush and Ink **Landscape Painting Art Class** 11:00 a.m. Journeys and Experiences of The Musical Mind Class 1:30 p.m. Any Level Watercolor Art

Class

3:00 p.m. Hispanos de LW: "Buenos Aires 100 KM"

#### Dial 301-598-1313 for recorded Daily Events

#### Meetings of the LWCC Board of Directors, Executive Committee and **Advisory Committees**

Jan. 18, 2:30 p.m., Sullivan Room

**Government Affairs** 

Jan. 28, 2:00 p.m., Sullivan Room

#### **Emergency Preparedness**

Feb. 7, 9:30 a.m., Sullivan Room

#### Restaurant

Jan. 28, 10:00 a.m., Clubhouse I

#### **LWCC Board of Directors**

Jan. 29, 9:30 a.m., Clubhouse I The meeting airs on Feb. 4, 6 and 8 at 4 p.m. and 7 p.m. on channel 974.

#### **LWCC Executive Committee**

Jan. 18, 9:30 a.m., Sullivan Room The meeting airs on Jan. 23, 24 and 25 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change.

Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.

#### Leisure World Mutual Meetings

Jan. 23

**Montgomery Mutual** 

9:30 a.m., Clubhouse I Mutual 19B Agenda

1 p.m., Sullivan Room

#### Jan. 24

**Mutual 10 Board** 

9:30 a.m., Sullivan Room

**Mutual 20A Board** 

9:30 a.m., Community Room 1

#### Jan. 25

**Mutual 17B Board** 10:00 a.m., Party Room

Jan. 28

**Mutual 23 Board** 

10:00 a.m., Party Room **Mutual 9 Board** 

10:00 a.m., Sullivan Room

Jan. 29 Mutual 17A Board

2:00 p.m., Party Room

Mutual 21 Board

2:30 p.m., Community Room 3

Jan. 30 **Mutual 20B Board** 

9:00 a.m., Community Room 3 Mutual 19B Board

1:00 p.m., Sullivan Room

Jan. 31

**Mutual 6C Board** 

9:30 a.m., Community Room **Mutual 26 Board** 

10:30 a.m., Party Room

**Mutual 24 Board** 1:30 p.m., Community Room

Meeting times and locations are subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.

7:00 p.m. Friday Duplicate Bridge **Clubhouse II** 

10:00 a.m. Chinese Club 1:00 p.m. Zumba Gold Class

1:00 p.m. Ping-Pong Club 1:00 p.m. Chess Club

1:00 p.m. Friday Bridge

#### Saturday, January 26

#### **Clubhouse I**

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio 7:30 p.m. Ballroom Dance Club **Clubhouse II** 

9:15 a.m. JRLW Services

2:00 p.m. Going It Alone Club: Social

#### Sunday, January 27

Clubhouse I

2:00 p.m. Hadassah Tea **Clubhouse II** 

2:00 p.m. E&R Movie: "Maudie"

#### Monday, January 28

#### **Clubhouse I**

8:30 a.m. NARFE Speaker: Rep. Jamie Raskin 9:15 a.m. Stretch, Tone and Strength **Training Class** 

10:00 a.m. Garden and **Environmental Club** 10:30 a.m. Stretch, Tone and **Balance Class** 

1:00 p.m. Paintbrush and Knife Art Class

1:30 p.m. LW Chorale 1:30 p.m. Book Club Network: Fall Readers

7:00 p.m. Bingo

#### **Clubhouse II**

9:00 a.m. Senior Sneakers Class 10:30 a.m. Zumba Gold Class 11:00 a.m. Chair Yoga Class 1:00 p.m. Chess Club 2:00 p.m. Chair Yoga Class 2:00 p.m. Line Dance Class 3:00 p.m. Line Dance Class 3:00 p.m. Ping-Pong Club 4:00 p.m. Ba Duan Class

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Expires February 15th. 2019

5:30 p.m. Model Railroad Club **Operating Session** 

#### Tuesday, January 29

Clubhouse I 9:30 a.m. Any Medium Art Class 1:00 p.m. Pastels Art Class

7:00 p.m. Trivia Group

7:00 p.m. Duplicate Bridge

#### **Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Club Clinic 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class 12:30 p.m. Scrabble Group

1:00 p.m. Non-impact Fusion Water **Exercise Class** 

1:30 p.m. Comedy and Humor Club

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#### Wednesday, January 30 Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Drawing Basics Art Class 11:00 a.m. Short Story Group 1:00 p.m. Oils, Acrylics and Miniature

6:45 p.m. Chicago Bridge

#### **Clubhouse II**

10:30 a.m. Zumba Gold Class 11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Ping-Pong Club 2:00 p.m. Chair Yoga Class 4:00 p.m. Move It or Lose It Class 5:30 p.m. Model Railroad Club Operating Session

#### Thursday, January 31

#### **Clubhouse I**

9:15 a.m. Stretch, Tone and Strength **Training Class** 

10:00 a.m. Basic Watercolor Art Class 10:30 a.m. Stretch, Tone and Balance

12:30 p.m. Ladies' Bridge 1:00 p.m. Oils and Acrylics Art Class 2:00 p.m. Memory Café

#### Clubhouse II

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced Tai Chi Class

11:00 a.m. Water Exercise Class 12:30 p.m. Men's Bridge 1:00 p.m. Non-impact Fusion Water **Exercise Class** 

1:30 p.m. JRLW Movie: "1945" 2:00 p.m. Model Railroad Club **Operating Session** 

2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Tap Dancing in a Chair Class

#### Friday, February 1 **Clubhouse I**

10:00 a.m. Chinese Brush and Ink Landscape Painting Art Class 11:00 a.m. Journeys and Experience of The Musical Mind Class 12:15 p.m. Kiwanis Club 3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge

**Clubhouse II** 1:00 p.m. Zumba Gold Class 1:00 p.m. Ping-Pong Club 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge

Saturday, February 2

#### **Clubhouse I**

10:00 a.m. Open Art Studio 10:00 a.m. American Needlepoint Guild (ANG)

7:00 p.m. Sock Hop Group

#### **Clubhouse II**

9:15 a.m. JRLW Service 2:00 p.m. Going It Alone Club: Social

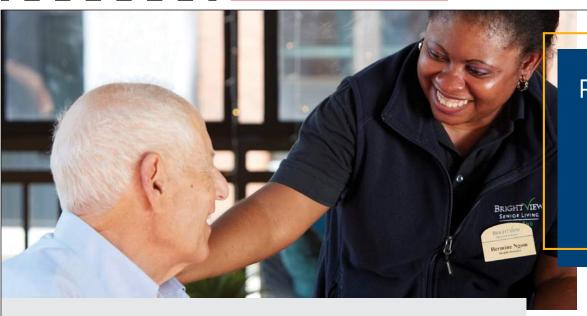
#### Sunday, February 3

#### **Clubhouse I**

No scheduled activities. Have a wonderful day.

#### **Clubhouse II**

11:00 a.m. CLL Tech Day 2:30 p.m. Fireside Forum: Chocolate the World's Favorite Flavor 6:00 p.m. Baby Boomer Club



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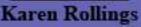
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### Recent Solds "Around the World"!

Address	Subdivision	Туре	Beds	Baths	Asked	Got	Subsidy
2901 S Leisure World Blvd, #108	Creekside	Unit/Flat	2	2	\$374,900	\$355,000	\$0
3310 N Leisure World Blvd, #103-6	Fairways North	Unit/Flat	1	1	\$112,500	\$110,000	\$1,000
3330 N Leisure World Blvd, #5-203	Fairways South	Other	1	1	\$132,000	\$132	\$450
3702 Finsbury Park Dr, #52-B	Leisure World	Unit/Flat	3	2	\$399,900	\$375,000	\$0
14807 Lindsey Ln, #227-B	Leisure World	Twin/Semi-Detached	2	1.5	\$239,000	\$241,500	\$6,273
14805 Pennfield Cir, #302	Leisure World	Unit/Flat	2	2	\$299,888	\$326,000	\$0
3445 S Leisure World Blvd, #87-2C	Leisure World	Unit/Flat	1	1	\$85,000	\$85,000	\$0
3650 Gleneagles Dr, #11-1D	Montgomery Mutual Coop	Unit/Flat	2	1.5	\$129,900	\$125,000	\$0
3640 Gleneagles Dr, #10-2B	Montgomery Mutual Coop	Unit/Flat	1	1	\$77,000	\$77,000	\$0
14708 Bigby Ct, #230-B	Rossmoor Mutual #10	Twin/Semi-Detached	3	2	\$329,900	\$309,000	\$0
15030 Haslemere Ct, #264-F	Rossmoor Mutual #12	Row/Townhouse	1	1	\$91,000	\$85,000	\$0
3708 Finsbury Park Dr, #518	Rossmoor Mutual #13	Row/Townhouse	2	2	\$249,900	\$249,900	\$7,497
15301 Wallbrook Ct, #48-3F	Rossmoor Mutual #15	Unit/Flat	1	1.5	\$139,000	\$139,000	\$3,000
15535 Prince Frederick Way, #108-B	Rossmoor Mutual #16	Twin/Semi-Detached	2	2	\$399,000	\$399,900	\$6,000
3603 Glen Eagles Dr, #6-2C	Rossmoor Mutual #7	Unit/Flat	2	1	\$124,900	\$118,000	\$0
3218 Glen Eagles Dr, #109-K	Rossmoor Mutual #8	End of Row/Townhouse	2	2.5	\$199,999	\$199,999	\$10,000
15115 Interlachen Dr, #3-508	The Greens	Unit/Flat	2	2	\$150,000	\$135,000	\$0
15100 Interlachen Dr, #4-606	The Greens	Unit/Flat	2	2	\$165,000	\$163,000	\$4,890
3210 Leisure World Blvd, #705	Vantage Point West	Unit/Flat	3	2	\$359,000	\$345,000	\$0



3218 Glen Eagles Drive, #109-K 2 BR, 2.5 BA townhome with golf course view! Updated kitchen & bright sun



15111 Glade Drive, #12-1F Updated 1 bedroom, 1.5 bath condo! Living room leads to enclosed porch!



3330 N Leisure World Blvd, #5-203 Updated kitchen and baths with granite counters! Amazing view of golf course!





#### Scott Keenum

Resident of Leisure World & represented Leisure World at the Maryland Senior Olympics winning a Silver Medal in Pickleball

U.S. Army Veteran

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For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

#### **ESTATE SALES**

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (atticllc.com) Gary – (301-520-0755).

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LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

#### **REAL ESTATE FOR SALE**

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a NEW REAL ESTATE PARTNERSHIP, Sue Heyman, Rick Winkler, and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. Our current listings in Retirement Choices are "Coming Soon": 3BR, 2FB 2-car garage patio home; 2BR. 2FB allbrick co-operative townhome, updated with golf course view; 1BR, 1FB garden apartment, level entry. In Rockville, "Coming Soon": Norbeck 3BR, 2.5FB, 3 fin levels. In Silver Spring, "Active Now": Sherwood Forest, Dutch colonial, 4BR, 2.5FB, exquisite lot, updated! Call with

questions about these fine properties and for your free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

BEAUTIFUL, MODERNIZED 2BR, 2BA first-floor condo in soughtafter Vantage Point East. Dedicated garage parking space (no shoveling snow or walking outside in the rain). The space is literally directly on the other side of the lobby door. You can't get any closer! Openconcept living between kitchen and living room, including barheight counter. Corian countertops. Brand new black stainless-steel appliances. Fresh paint throughout. New carpet, upgraded padding. New, luxury Core-Tech flooring in kitchen and sunroom. Sunroom/ enclosed balcony area has sliding door access from both bedrooms and the living area. Storage galore including walk-in closet and 6 additional closets throughout the unit, plus dedicated garage storage unit. Separate laundry area, also with new Core-Tech flooring. HVAC recently serviced and ready for winter. Condo fee \$636/month. Located at 3200 N. Leisure World Blvd, Unit 112. Call Leanne to find out more. (301-452-1629). Listing price: \$320K.

FAIRWAYS NORTH, #223. Open Sunday 1/20/19 1-3:30 p.m. Lovely and open "H" model. 2 bedrooms and 2 full baths, extra-large enclosed balcony, windows galore! Fresh paint, new carpet, hardwood floors. A must-see! \$189,900. Call Eve Rados Marinik, Realtor (301-221-8867), L&F office (301-548-9700), Greg Marinik, Realtor (240-994-5258)

VILLA CORTESE, #208, adorable and just right 1 bedroom with 1.5 baths. Lovely enclosed balcony. Table spaced kitchen with windows too! Master suite includes tub and separate shower. Lots of closets and storage. A must-see. \$149,000. Call Eve Rados Marinik, Realtor (301-221-8867), L&F office (301-548-9700), Greg Marinik, Realtor (240-994-5258).

#### **REAL ESTATE FOR RENT**

GORGEOUS 2BR/2BA light-filled condo in the Premier Community of Leisure World. Features include glass-enclosed sunroom with spectacular view in a magnificent midsize building along with newer wood flooring, stainless steal appliances, granite counters, decorative glass backsplash, side-by-side washer/dryer, closet organizers, crown molding, chair rail, and your own parking space w/ ample visitor parking, and plenty of windows with their own luxury blinds. This is a must-see condo coming April 2019. NO SMOKING/

NO PETS. Utilities/cable included in rent. Call (301-312-3843) for additional information on this upcoming impressive condo.

FAIRWAYS NORTH, #327, Open "O" Model. 2 bedrooms and 2 full baths. Hardwood floors, enclosed balcony, and table spaced kitchen with window. \$1,750 per month. Call Eve Rados Marinik, Realtor (301-221-8867), L&F office (301-548-9700), Greg Marinik, Realtor (240-994-5258)

#### **APARTMENTS TO SHARE**

WANTED: GOLDEN GIRL 55+ to share my condo; private bath and bed. Shared common areas. Use of all Leisure World amenities. Call Kathleen (202-758-9208).

#### **FOR SALE**

CLUB CAR (Precedent Electric) 2014. New batteries, new head/tail lights, HD rear springs, new tires, extended top installed, Doorworks Sunbrella with WindSeal kit installed, single-point water system with hand pump, 5-panel rear-view wide mirror, new windshield, turn signals. Bought in February 2018. Not used by this owner. Contact Vinetta (301-598-3248). Come to see and make offer.

SCOOTER, less than six months old. Four wheels. Side mirrors. \$350. (301-598-2010).

54" ROUND DINING ROOM table, attractive decorative bookcase 46x72x18, white metal daybed (pristine condition), Sharp upright vacuum cleaner, living room side chair, rocking chairs, plated silverware for 10, luggage all sizes like new. Call (301-598-4144).

AMERICAN INDIAN POTTERY, dated 1975–1985. Leisure World owner is moving soon. Joyce (301-598-2186).

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GATE OF HEAVEN Cemetery Plots. One double crypt, 103, Tier E, patio. Price negotiable. Contact (352-751-0318) or (352-512-8397) or (240-305-6898). Donna or Lennox.

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HELLO, IT'S ROSE. CAREGIVER with over 10 years' experience. Certified as a CNA and in first aid, CPR. Have clean background check, tuberculosis screening. Worked with agencies, Montgomery Hospital, private duty. Full-time or part-time, live-in or -out. Please call if you need help with your loved one (240-855-2994) any time. Thank you

CAREGIVER/COMPANION. CNAs, Jeannette or Magda, offering personalized care, medication reminders, meal preparation, shopping, errands, light housekeeping. Over 10 years' experience in Leisure World area. Background check and references available. Minimum 4 hours. (301-675-1383), (240-604-1212).

MARIE BAH. Very caring person with 15 years' experience in senior care. Board-certified nursing assistant in both Maryland and Virginia. Love and cherish every single second spent with senior citizens. Very flexible and adapt very easily. Excellent references from families I worked for. (240-694-5950).

CNA —with 25 years' experience. Seeking position to care for sick/ elderly. Good references available Monday-Friday and weekends. Days or nights. Full/PT. Have my own transit. Call (301-442-9324).

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part-time work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

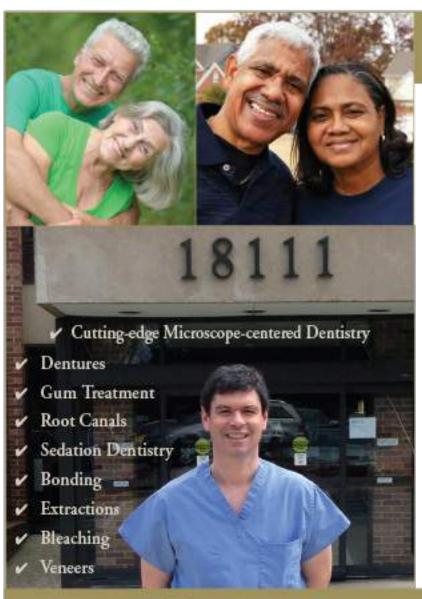
CAREGIVER WITH CNA license and 8 years' experience. Available to work daytime, nighttime and weekends, full-time or part-time. Have own transportation. Aleka (240-715-8189).

CNA with 25 years' experience in healthcare and home care. CPR, BLS and AED. Management of clients' personal care: bathing, dressing, feeding, oxygen therapy, PT, WC, prescription oversight and companionship. Own my transportation. Available all hours. Price negotiable. (240-277-2452).

CERTIFIED NURSING ASSISTANT looking to care for your loved one in the comfort of your home. Companionship, transportation to doctors/community appointments, light housekeeping, prepares meals, does groceries, etc. Call Florence (240-779-1984).

CNA WITH CPR LICENSE. I have been looking after elderly ladies and gentlemen since 1992. I would like a live-in and full-time position. I'm a good person and I smile. Call (301-646-8859).

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CNA, CMT. Trudy Ahey-many call me Goldenjoy. My goal is to provide extraordinary care to the elderly. Also CPR and First Aid-certified, over 10 years' experience in senior care. Very dedicated, compassionate, energetic, honest, patient and enthusiastic. Worked with residents/clients in assisted living, retirement homes and in the comfort of own homes doing private duty care. Worked with geriatrics with disabilities, acute and chronic illness (stroke, Alzheimer's/ dementia, hospice, etc.), persons with medical and non-medical needs. Assisted seniors with activities of daily living, light housekeeping, meal preparation. Looking forward to knowing your family and offering the best care possible. Thank you! (240-467-4442)

LICENSED CNA. 20+ years of experience. Looking for live-in position. Honest, caring. \$15/hour for first 16 hours. For more information call (512-635-0252).

I AM CNA/GNA with more than 15 years' experience and worked in nursing home, assisted living and home care. Duties include personal hygiene, light housekeeping, laundry, shopping, meal preparation, bathing, dressing, errands, transportation to appointments and medication reminders. Filipina, U.S. citizen, can drive and with own car, honest, dependable, loving and hard worker, with excellent references. Please call (240-643-3392) cell, (301-926-2547) home. (salardaluzviminda@yahoo. com).

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2 RNs ASSISTED LIVING LLC is a small, independent affordable home owned by 2 RN's, licensed, and with 38 years' experience and specializing in elderly care, disabled to meet their special needs; long- and short-term stays, dementia, respite care, hospice care, acute post-hospital care, postrehabilitation. We focus on health and safety for our residents. We advocate elderly care. Our passion is to provide a high quality, individualized care with caring and loving environment. We do hands-on nursing care. Please contact Pat, RN, for free consultation, at (301-338-4015) or (patyusingco@ yahoo.com).

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COOPER REFUSE—JUNK REMOVAL. Prices starting as low as \$65. Lifting and loading from wherever the item is located. Donation or recycling of all qualified items. Call today and save (301-996-7704)

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ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807)

HOUSE CLEANING – 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

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HOUSECLEANING — Sara (240-477-2104) will thoroughly clean your home for a fair price; all supplies included. I am one of Sara's satisfied customers. Call me, Jackie (301-598-3711), for references.

HOUSE CLEANING SERVICES — reliable, honest and fair pricing. 18 years' local experience with 4 years here at LW. References upon request. Please call Delia for free estimate (240-441-5456).

#### **COMPUTER HELP**

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES.
Free in-house diagnostic of your computer, printer, or basic set-ups.
A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World.
Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES — Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English - no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

FIX YOUR COMPUTER — LW residents \$50 any problem — Fix it or it's FREE. (301-802-6633) Easy Elder Tech

#### PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an

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Household chores

· Medication reminding

- Daily living and companionship
- Meal planning, preparation and monitoring of eating habits
- Overseeing activities, such as walking, to minimize the risk of accidents
- Shopping for groceries, with or without client
- Bathing and grooming and general personal hygiene
- Help with planning and making decisions
- Nursing services and many more!



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additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. Assistance with Pet Care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I'm a 57-yr. old semi-retired Doctor, Leisure World Resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

FINANCIAL PLANNER. Get control of your finances. LW resident. 30 years' experience. Bachelor's degree: accounting; master's degree: business. Passed Certified Planner exam. One hour session \$250 (LW residents \$199). Will let you SLEEP at night. Tomhowto: (301-802-6633), (tomhowto@hotmail.com).

#### **PET CARE**

PET FRIEND MD. Ligia Flores. Reliable and affordable pet care services. Over 15+ years of veterinary experience. References available upon request. Email: (petfriendmd@ gmail.com), phone: (240-353-8221). Please leave voicemail or text/email.

#### **DONATIONS WANTED**

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and nonfiction, hardback and paperback, audio books. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure

World. For more information call Liz at: (301-840-1258)

DONATIONS OF YOUR BOOKS needed for Walter Johnson High School used book sale. Book donation drop off dates: Saturdays, Jan. 12 and 19, and Feb. 2 and 16, 2019 from 8 a.m.-1 p.m. Bring your books, CDs, DVDs, audio books and vinyl records to the WJ Cafeteria. Please no textbooks, magazines or encyclopedias. 6400 Rock Spring Drive, Bethesda, 20814

#### **ACTIVITY OPPORTUNITIES**

WRITING GROUP. Looking for two or three writers, any skill level, for small writing-together group. If writing for pleasure, memory, storytelling, this group is for you. Our primary purpose is to help each other overcome whatever excuses have combined to keep pen from paper, or fingers from keyboard. Call Mary Beth (240-558-4013).

CHAMBER MUSIC. Amateur violinist, member of ACMP, Intermediate+ Level, is interested in playing in a string trio, piano trio, or string quartet. 17 years' experience playing in the same amateur group in South Florida. Available daytime and evenings. Richard Labonski, 15320 Pine Orchard Drive, #3H, telephone (301-598-3407).

DISTINGUISHED FLYING CROSS SOCIETY. The organization's

president, Lawrence Goldstein, is a Leisure World resident. He invites any resident who has received the Distinguished Flying Cross to join. Contact Larry (larr914@gmail. com), (301-847-9745).

SCRABBLE CLUB FOR WOMEN seeking a few new members-Club meets at founder's LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using 'official Scrabble rules' and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@careerstrategies-inc.com) or call ((571-236-1775) in MD in LW).

BOOK CLUB FOR WOMENseeking a few "Serious Readers": 15+ year-old club reads awardwinning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m, with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at



## A window of opportunity awaits

Gardenside at Ingleside at King Farm represents the future of extraordinary retirement living. It's time to experience a lifestyle that provides opportunities for growth and adventure. Gardenside features elegantly appointed apartment homes, superior amenities and a Center for Healthy Living. A stylish, engaged lifestyle at its very best!

Reservations for our Gardenside Wait List are now being accepted!

For more information call 240-398-3846.



Ingleside at King Farm is a CARF accredited, not-for-profit, continuing care retirement community.

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(pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10:00 pm. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

#### **VOLUNTEER OPPORTUNITIES**

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. E-mail (alena. biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@ mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@ mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just onetwo hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

ENGLISH AND MATH TUTORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www. literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www. animalalliesrescue.org). Follow on Facebook. AARF is 501 (c)(3) all volunteer non-profit.

#### **NOTICES**

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department

Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

#### **UPCOMING EVENTS**

**VOLUNTEER FAIR for Montgomery** Parks historic sites. Saturday, Jan. 19, drop by between 10:30 a.m.-1:30 p.m. Olney Community Library, 3500 Olney-Laytonsville Rd. Meet volunteers and staff-even a few people from the past—and learn more about our interpretative opportunities. Parks needs your help at these historic sites: Oakley Cabin African American Museum (Olney), Josiah Henson Park (North Bethesda), Woodlawn Manor Cultural Park (Sandy Spring), Kingsley Schoolhouse (Clarksburg) and the Agricultural History Farm Park (Derwood). Free training provided.

DECLUTTER YOUR LIFE. Free program at Kensington Park Library, 4201 Knowles Avenue, Kensington, MD 20895. Saturday, Jan. 19, noon-1 p.m. Learn simple ways to get organized, find things easier and tackle the question of "How do I get started?" Presented by Orchestrated Moves, a local organization providing relocating and organizing services.

COMEDY NIGHT AT SHAARE TEFILA— 'Night of Sweet Laughter' eighth annual event at 8 p.m., Saturday, Feb. 2. Professional comedians performing: Irwin Loring (host), Buddy Fitzpatrick (headliner), also Missy Grynkiewicz Hall and Hedi Sandberg. Contact Sara at (301-593-3410, x104) or (smiller@shaaretefila. org).

HONORING OUR PAST, Celebrating the Future: an exhibit of art by students from the Barnesville School inspired by local history. Free through Sunday, Feb. 3. Closing reception on Saturday, Feb. 2, 5-7 p.m. Sandy Spring Museum, 17091 Bentley Rd., Sandy Spring, MD 20860. (sandyspringmuseum.org).

TALK BY AUTHOR of "Number One Chinese Restaurant." Tuesday, Feb. 5, 7 p.m., at the Bender JCC of Greater Washington, 6125 Montrose Rd., Rockville. Author talk, book signing, and light kosher snacks provided by Holy Chow restaurant. \$15 tickets may be purchased at (benderjccgw.org) or in-person at the JCC. We are selling the book for \$22, tax included, in the JCC lobby, on Feb. 5, starting at 6 p.m.

COLOR YOUR COMMUNITY: interactive art exhibit at Sandy Spring Museum, 17901 Bentley Rd., Sandy Spring, MD 20860. Opening reception Saturday, Feb. 9 featuring works by Martha Spak and Suzanne Brennan Firstenberg. From Thursday, Feb. 7, drop in and help color a giant mural; all ages and ability. You can submit a selfie to be part of the mural by downloading the Sketch Me! app, using the 'drawing outline' filter on a selfie and submitting to (exhibits@sandyspringmuseum.org).

USED BOOK SALE at Walter Johnson High. Saturday, March 2, 9 a.m.-4 p.m. Free, except for exclusive early access 9 a.m.-10 a.m. Sunday, March 3, 9 a.m.- 3 p.m. Free. 6400 Rock Spring Dr., Bethesda 20814.

"SEE ME" at the Smithsonian. The experience of looking closely allows us to appreciate beauty, exchange ideas or simply respond to the work in front of us. Smithsonian invites individuals living with dementia, together with their care-partner, to join us for tours highlighting the joy of close-looking. Free; registration required. Contact Smithsonian Accessibility Program at (access@si.edu) or (202-633-2921). Museum of American Art: Wednesdays, Feb. 6, March 6, April 3. Freer|Sackler Gallery: Wednesdays, Feb. 20, March 20, April 17.

#### **WANTED**

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755)

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

CASH FOR RECORDS, CDs, and tapes. Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@gmail. com). Will make house calls.

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