

Pass Him the Microphone

Resident Will Continue Announcing Inaugural Parade

by Stacy Smith, Leisure World News

A presidential 'all-star' has found his footing again. Charles Brotman, a Leisure World resident who has served as inaugural parade announcer since Dwight D. Eisenhower's second swearing-in, was recently hired by NBC4, the NBC station in Washington, D.C., to announce the Friday, Jan. 20 festivities on live television.

The announcement comes a few weeks after the 89-year old received an email from President-elect Donald Trump's inauguration committee informing him that his time as announcer had come to an end. Brotman said he initially felt "destroyed" by the news but is looking forward to his new gig.

"Now, I'm all young and excited again," Brotman told The Washington Post. "It's a new day. Instead of talking to a few thousand people, I'm talking to a few million people."

A spokesperson for the station said Brotman would be part of its inauguration coverage, and would draw from his extensive knowledge and experience with presidential parades to entertain viewers, The Post reported.

Brotman said his time on-air will include reminiscences about inaugurations past.

"When they said, 'we'd like you to be on our team,' I'm like, 'Wow, now I'm excited again. Here's somebody whose



Charlie Brotman with his notes from parades past. Photos by Leisure World News



making me come back again and do my thing. That felt good."

Each inauguration, a handful of announcers dot the parade route along Pennsylvania Avenue, but only one serves as announcer to the president. Washington-based freelance announcer Steve Ray, who has

worked with the Washington Nationals baseball team, will replace Brotman in this role.

The Trump team extended Brotman an invitation to attend the inauguration and offered him the title of Announcer Chairman Emeritus, a distinction that Brotman is honored

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Fitness Center Construction Expected to Resume in Late January

by Stacy Smith, Leisure World News

Foundation drilling at the new fitness center at Clubhouse II is expected to continue at the end of January after an approximate two-month hiatus due to soil compaction issues, said Jolene King, assistant general manager for facilities and services.

While foundation work was underway in November, 22

soil locations were found to have insufficient compaction, and did not meet bearing capacities as expected based on the original geotechnical testing that was completed as part of the required permitting process.

In December, workers spent 45 days reinforcing the soil by pumping a concrete slurry mix into the ground to achieve the necessary

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Restaurants Move Forward with Action Plan

by Maureen Freeman, Leisure World News

A Jan. 10 inspection of the Terrace Room, Stein Room and Clubhouse Grille by county inspectors found the Clubhouse I restaurants in compliance with all inspection categories' standards after several minor on-site corrections were made.

It was the second such inspection by Montgomery County Health and Human Services after the Terrace Room and Stein Room were

briefly closed on Dec. 19. An inspection report that day required a leaking kitchen-ceiling pipe to be repaired, both kitchens cleaned and sanitized, and an action plan drawn up in response to the discovery of mouse droppings.

A follow-up county inspection on Dec. 20 found the facilities compliant in all categories, and the restaurants re-opened.

Since Dec. 19, Leisure World management; Kenny Welch, the county's environmental

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2017 Executive Committee

See who the members of the executive committee of the LWCC board of directors are on page 8.



Classes Take on Global Issues, Story Telling

by the Center for Lifelong Learning

The new year promises a thought-provoking set of classes in the Center for Lifelong Learning’s schedule. Here are two to get things started.

2017 Great Decisions

After one of the most divisive elections in memory, our nation must formulate and execute a foreign policy that will maintain our position in the world. This is vital to protect our citizens and maintain our prosperity. It will also have a significant impact on our allies and our enemies.

As citizens, it is our responsibility to understand the consequences of events worldwide that affect our welfare, and to interact with our public officials to secure the peace.

We also interact with one another – and need to be aware of worldwide issues – to conduct an intelligent conversation.

The Center for Lifelong Learning (CLL) presents the 2017 version of the Foreign Policy Association’s Great Decisions series.

Titles of this year’s discussion topics include: The Future of Europe, Trade and Politics, Conflict in the South China Sea, Saudi Arabia in Transition, U.S. Foreign Policy and Petroleum, Latin America’s Political Pendulum, Prospects for Afghan-

istan and Pakistan, and Nuclear Security.

The class may discuss additional emergent topics that may be timely and which the class wants to explore. Participants will share their experiences and knowledge. We will identify significant drivers of these events, for example, sovereignty, resources, ethnicity, national interests, and personalities, and the impact of these factors on the United States’ ability to identify and influence the desired course of events.

A text prepared by the Foreign Policy Association (FPA) is the basis for course discussions. Each topic is discussed in depth using FPA materials and additional experiences and materials brought to the seminars by the participants.

The FPA has also prepared a DVD featuring foreign policy experts from academia and the public sector to introduce each session.

The class leader is David Frager, a resident who is a docent at the Smithsonian National Museum of American History and taught for three years at the National Defense University during a career at the Department of Defense.

He led the highly regarded discussions of Great Decisions since 2010 and is the instructor for the Building America: Person-

alities and Perspectives series on American history for the Center for Lifetime Learning.

He is also the chairman of the Leisure World Community Corporation board of directors and president of the Creekside board of directors.

The class meets Thursdays from 2-3:30 p.m. March through April. Registration is required. See Community Classes and Seminars on page 38 for cost and registration information.

Sharing Stories

In another CLL class, instructor John Clarke provides selected short tales, poems and excerpts from other stories for the course participants to hear and read at the start of each session. In the middle of each session participants are given time to quietly contemplate the story with optional writing, sometimes with accompanying music or art. Then the class gathers for optional sharing of their responses to the stories, or of how they may relate to their personal stories. The course format makes room for a wide range of issues, depending upon participants’ interests.

General themes and stories for the six sessions in this spring’s course include:

- a Native American song about one person’s feeling about where they are in the world

- an Isaac Bashevs Singer tale about a storyteller and friend’s fate
- two William Stafford poems that give a friends assurance and advice for the long run
- memories across time and space from Stanley Kunitz and Kenneth Rexroth)
- selections by Sandra Cisneros and Jane Kenyon that explore different ways happiness comes to us
- memories of family from Robert Hayden and Galway Kinnell
- William Stafford and Czeslaw Milosz pieces that examine questions and thanks in our lives.

Participants’ questions or suggestions about any aspect of the course are always welcome. Clarke has led groups at the Library of Congress and many other venues with participants of various ages and walks of life who share their own responses to stories and poems they read and hear in the session and relate them to their own stories.

The class meets Tuesdays from 10-11 a.m. from February to April. Registration is required. See Community Classes and Seminars on page 38 for cost and registration information.

For more information about the Center for Lifelong Learning (CLL), visit (www.cllmd.com).

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Leisure World News

OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Leisure World News Advisory Committee

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Announcer

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Charles Brotman is pictured with past U.S. presidents. Clockwise from top left: Richard Nixon, Gerald Ford and Ronald Reagan, Bill Clinton, and Lyndon Johnson.

by, but turned down due to his NBC commitment, he told The Post.

His presidential announcing streak began when he met then President Dwight D. Eisenhower at Griffith Stadium, where the 34th president threw out the season's ceremonial first pitch at a Washington Senators baseball game. Brotman was in his first year working as the stadium announcer, and part of his responsibilities included introducing celebrities and presidents to the ball players.

His brief encounter with the president turned into a career opportunity spanning 60 years. Eisenhower was so impressed with Brotman's work that day that he selected him to be the announcer at his 1957 second-term inauguration.

"[Afterwards] I thought, 'well that's the end of that. Boy, what an exciting adventure,'" he said.

But it was only the beginning for Brotman. Four years later, President John F. Kennedy's staff selected him for the job as well, but a nor'easter struck the night before and threatened to shut down the inaugural parade. Brotman said civilians and military worked all night to clear the snow.

"The next morning, Pennsylvania Avenue was open and ready for business," he said.

Brotman has announced the last 15 consecutive inaugural parades – from Eisenhower to Obama – 11 presidents alto-

gether. His home is filled with candid photos of his moments with celebrities, athletes and politicians – from actress Elizabeth Taylor to legendary golfer Arnold Palmer – many of whom he still considers friends. A keepsake baseball signed, "Best Wishes, Charlie. Dick Nixon," sits atop a table.

News of his controversial dismissal from the announcer's chair caused a flurry of media reports to surround the Washington, D.C., native since the beginning of January, an unusual state of affairs for a self-proclaimed "ordinary guy."

Brotman has been a Leisure World resident for a year and a half.

He will share his take on presidential inaugurations past and present live on NBC4 on Friday, Jan. 20, from 1-6 p.m.

Last Call for LW History Book

The Leisure World Foundation has some 50th Anniversary History Books left from its one and only printing.

We have some hardback copies at \$35, and about 25 soft-back copies at \$25.

If you would like to purchase a copy, please call Billie Saunders at (301-598-3437). Checks are made payable to Leisure World Foundation.

Previously purchased copies are held at the Clubhouse I E&R office until Wednesday, Feb. 15.

Contact Foundation president Marian Altman at (301-439-1357) if you are picking up a book after Feb. 15.

– Marian Altman



Where in Leisure World?



The cherubic statue featured in the Jan. 6 edition of Leisure World News can be found near the entrance of The Inter-Faith Chapel. He is reaching down to embrace a lamb, an animal that is often depicted in various religious traditions as a symbol of peace, innocence or sacrifice.



Antenna rods poke out from a rooftop on a bright winter's day, but its wires are not receiving or transmitting television signals. Do you know where it is, and what it's used for? Look for the answer in the Feb. 3 edition of the Leisure World News.

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Fitness Center

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compaction. The soil reinforcement option is considered the least costly and time-consuming, King said.

After soil reinforcement was completed, the soil was retested in the five least compacted areas and was resubmitted to the Montgomery County Department of Permitting Services to confirm that soil reinforcement is a viable solution.

The construction plan includes five soil borings, four in the foundation's corners and one in the middle, and 48 piers.

If the remaining foundation testing is proven satisfactory at the end of January, foundation installation will continue, followed by the erection of the structure in February, building enclosure

in March and interior fit out for completion in June.

The fitness center's new amenities will include secured access to the center, a 20-person private studio workout room for classes, direct access to locker rooms and restrooms, wireless access to TV and music, and direct access to an outdoor plaza area.

The soil reinforcement option is considered the least costly and time-consuming, King said.

The fitness center is part of the Leisure World Facilities Enhancement Plan that began with a renovation of the Clubhouse

I Crystal Ballroom in 2015 and encompasses such projects as the Administration Building, the Terrace Room, the Clubhouse Grille, and several others.

Funding for all Facilities Enhancement Plan projects is derived from the Resale Fund, which collects two percent of the sale price when existing units are transferred.

Dermatologist, Orthopedic Surgeon Join MedStar at Leisure World

by Leisure World News

Two more health care providers have joined the team at MedStar Health Medical Center in Leisure World. They will begin examining patients in the coming weeks.

Dr. LaCartia Best, dermatologist, will see patients on Mondays, Wednesdays and Thursdays, from 8:30 a.m.-4:30 p.m. Best received her medical

degree from Georgetown University School of Medicine and has been in practice for more than 20 years.

Best's arrival comes after more than a year of searching for a dermatologist to serve the community.

Dr. James Ryan Macdonell is a provider at the Department of Orthopaedic Surgery at MedStar Montgomery Medical Center in Olney, and will be available for appointments at Leisure World's MedStar site on Monday afternoons and Thursday mornings beginning in February.

Macdonell practices general orthopedics with a focus on hip and knee replacement. He also earned his medical degree from Georgetown University School of Medicine.



Photo by Leisure World News

Restaurants

◀ from page 1

health director; and Perrie LLC, which has operated the restaurants since 2009, have collaborated to develop an action plan to ensure continued compliance. The plan includes a mid-February temporary closure of the main kitchen, which serves the Clubhouse Grille, to make repairs and improvements in the kitchen and storage areas.

"The health and well-being

of our customers has always been a priority for us. It always will be," Perrie LLC co-owner Ed Richardson told the Restaurant Advisory Committee at their Jan. 16 meeting after the committee was briefed on the inspections and action plan.

Perrie LLC currently has three certified food managers that have met all county testing and paperwork requirements. Several additional employees are scheduled to do so in the near

future, Richardson said. He emphasized to the committee Perrie LLC's commitment to food service certification and continuing education among its staff.

In a follow-up memo to Leisure World Food Services about the Dec. 19 inspection, Welch cited that, although the three food managers present had up-to-date certification, they did not have their photo identification with them.


"Restaurant inspections are very tough," Richardson said.

"We adjust when they find a violation; we take care of it."

Leisure World general manager Kevin Flannery outlined for the committee the roles and shared responsibilities of both management and the restaurant operators in the future. For example, the Physical Properties Department will complete repairs it had begun in early December; he and committee members suspected that fixing gaps between the floor and walls would diminish the ability of mice to enter the facility seeking warmer environs during winter.


He also stated that the kitchens would engage in weekly in-house and possibly additional independent inspections. "Large food service operators do that," he said.

Welch's memo, Flannery and Richardson each indicated a stronger collaboration was in the offing between the restaurant and other groups at Leisure World, including the Physical Properties Department, E&R Department, trash service, pest control maintenance and grounds crews.



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AARP Program Helps with Tax Prep

by Bob Bridgeman

A tax preparation site is available every Wednesday beginning Feb. 1 in Clubhouse I. Appointments for this free service are mandatory and signup begins Tuesday, Jan. 24, in the E&R office in Clubhouse I.

Please bring all tax documents and a copy of last year's tax return to your appointment. If you have stocks or bonds, you may not receive those documents until the end of February, so don't make your appointment too early.

Volunteers from the AARP Tax-Aide Program can prepare most returns, but there are a few exceptions. The most common item that prevents volunteers from completing a return is a rental real estate income. Also, if you are self-employed and have either a home office or expenses greater than \$25,000, we will not be able to do your return.

If you have moved to Maryland in the past year, we can prepare your federal and both state returns; however, we will need to have the non-Maryland return reviewed by a certified preparer from your prior state, and you will need to return to the tax preparation site the following week to sign the return and receive your copy. An appointment is not required for this follow-up.

Tax preparers are currently undergoing training so that they can pass the IRS certification tests; all those who prepare or check returns must be certified every year, and must also pass a Maryland test. This year, in addition to receiving updates on any tax law changes, volunteers are learning a new software package.

Please note that since the previous year's information does not carry forward, preparation time this year will be a little longer as we must enter more information.

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Considerations for Replacing a Cooling and Heating System

by Joseph Halpin and Norman Eisenberg

When older heating and air conditioning systems develop problems, resident homeowners face questions about what action to take, specifically whether to repair or replace. Let’s examine considerations for dealing with both all-electric and mixed electric and natural-gas systems that could present this dilemma.

Repair or Replace?

If a system fails and the repair cost is high, replacement could be the likely choice. But what if the system is working well but is older (more than 15 years, for example)? In that case, a pre-emptive replacement prior to failure might be prudent.

The homeowner can consider a few more things, including the likelihood of failure in the near term; any cost savings that could come from a new,

higher-efficiency system; and any financial incentives offered to those who purchase high-efficiency systems. Keep in mind that replacement parts for older systems may become unavailable, expensive, or difficult to find.

Financial Incentives

Various agencies might offer credits or rebates with the purchase of a qualifying new heating or cooling system. Note, however, that these incentives could change.

In 2016, offerings included a \$250 tax credit that appeared in the homeowner’s Montgomery County property tax bill, and a \$300 rebate from Washington Gas for gas-heated homes. Pepco offered a rebate in the \$450 to \$1125 range to homeowners with an individual-home, electric meter, but only with qualifying contractors and equipment that met Pepco’s energy efficiency standards. Rebates for homes on

the master meter are calculated on the tonnage of the system.

To be eligible for these credits and rebates, the new system must meet the Department of Energy’s current minimum-energy conservation standards. In 2016, they were, for an air conditioning system, a seasonal energy efficiency ratio (SEER) greater than or equal to 14, and a 12:2 energy efficiency ratio (EER). For an air-source heat pump (HP), the standards were a heating seasonal performance factor (HSPF) greater or equal to 8.2, and 14 SEER.

Whether your home has individual meters or is on the Leisure World master meter, an Energy-Star rated system that meets these standards could save additional money on regular utility bills.

Contractors

A qualified and helpful contractor can help a homeowner better understand the

tradeoffs in price, efficiency and features. It is prudent to obtain proposals from at least three contractors before making any final decisions.

A knowledgeable contractor can help determine whether to replace the AC alone, or go for the green approach of a high-efficiency HP and eliminate the low-efficiency, baseboard heat that some residents have.

The Washington Consumer’s Checkbook, which can be found in Montgomery County public libraries, is a good source of qualified AC/HP contractors. Remember, though, that to take advantage of the Pepco incentives, a homeowner must use one of Pepco’s qualified contractors.

A more in-depth version of this article, with web links and telephone numbers, is available on the Energy Advisory Committee page of the (lwmc.com) website. Or, see it at (<https://goo.gl/nFLcMP>).

Knee Arthritis - “Which Of These 7 Costly Mistakes Will You Make When Trying To Successfully Avoid Surgery...?”

By Knee Pain Relief Specialist, Dr. Brian Paris

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WASHINGTON, (DC) – If you or someone you know is suffering with knee pain or arthritis, tormented by daily, annoying, chronic pain or swelling, then reading this report could be the most important thing you do this year. It may even help you avoid the dangerous surgery that you currently think is your only option...

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Over the last 15 years I’ve been working on a daily basis to help people aged 50+ find relief from daily, annoying, and often severe, chronic knee pain – and what I can tell you is that the cocktail mix of more rest and more pills will do absolutely nothing to get to the root of the cause of most types of chronic knee pain...

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Now, I don’t know if these 7 things will relieve you of your pain completely and I can’t promise that what has already worked for most of my patients and clients over the past 15 years, will work for you... However, reading my free report is sure better than spending another day “resting”, “accepting it”, thinking “it’s your age” or worse yet, risking surgery by masking it with harmful and costly pills.

If your knee pain or arthritis is affecting your job and your ability to keep active and it threatens your independence or hinders your family leisure time...then you really need to read my free report. The 7 things I’m going to share with you in my report are not what “THEY” (the prescription pushers or surgeons) want you to hear – simply because my tips are mainly natural and free.

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Governance & INFORMATION

LWCC Board Elects 2017 Officers and Executive Committee



The Leisure World Community Corporation board of directors selected its officers and at-large executive committee members at its organizational meeting on Jan. 6.

The board officers for 2017 are, top row from left: chairman, David Frager; vice chairman, Paul Eisenhauer; and secretary/treasurer, Henry Jordan.

The at-large members of the executive committee are, bottom row from left: Phil Marks, Bob Tropp, David Polinsky and Jim Olsen.

The executive committee's first meeting in 2017 is Friday, Jan. 20, at 9:20 p.m. Photos by Leisure World News

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2017 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting

The Jan. 20 meeting will air on Jan. 25, 26 and 27.

Board of Directors Meeting

The Jan. 31 meeting will air on Feb. 6, 8 and 10.

Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com

New Administration Hires Bring Experience

by Leisure World News

As she prepares to assume her responsibilities as director of mutual services, Melissa Pelaez brings nearly 22 years of experience working at Leisure World to her new role.

She has been the Creekside (Mutual 27) property manager since it opened in July 2006, and when her replacement is found she will complete the transition into her next position.

Pelaez came to Leisure World in 1995, when she began working in Physical Properties Department customer service and doing billing for several mutual and Trust properties.

In 1999, she joined the Administration Department, as a board secretary

– currently called a mutual assistant – for several mutuals. She also provided property maintenance services to three mutuals.

About a year and a half after Vantage Point East (Mutual 24) opened, Pelaez became its property manager.

She accumulated a breadth of experience that she took with her as she progressed, she said, including handling work orders, billing, insurance and working with different departments at Leisure World.

“I picked up the hows and whys of how things are done,” she said.

Pelaez has certification as an assistant management specialist and manager of community associations from the Community Associations Institute, and she said she intends to work toward



Crystal Castillo, left, and Melissa Pelaez. Photos by Leisure World News

certification as a professional community association manager.

Crystal Castillo begins her Administration Department position as executive coordinator for support services on Jan. 30.

She managed apartment communities in Maryland and Virginia for eight years with Legum and Norman Inc.,

then managed condo associations and homeowners associations in Maryland, Virginia and Washington, D.C., for almost eight more years with FirstService Residential. She continued to manage properties and property managers, most recently with Sigma Real Estate Services.

“She’s a fantastic caregiver. Even my cat likes her, and he hates everybody.”



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Residents' FORUM



LETTERS

Leisure World's Gift to Residents

Are you at your wits end? Did you know that Leisure World has a safety net that any of its residents may need at one time or another? It is the Leisure World Medical Center social services office, and they are ready to help. It might be something as simple as learning to face the fact of growing older, or maybe it's something that's not so simple.

Life is an adventure that provides many challenges, some of which interrupt our lives, and we all might need some help to guide us through the tough times. The social services team tries to untangle those complications in your life. They evaluate the problem in the office or even in

your home and suggest possible solutions. They really can unload some of your anxieties.

I have had wonderful outcomes with this excellent service. Subsequently, I recommended it to needy friends and neighbors as a valuable resource to make their lives more enjoyable. They, too, achieved rewarding results by consulting with knowledgeable and concerned certified social workers.

Residents pay for Leisure World social services through the community facilities budget and, unlike the golf course or the indoor pool, there is no additional user fee. So, if you have need of their services, please don't hesitate to call. The social services office can be reached at 301-598-1581.

They really try to bring some sunlight into your life.

— Millie Perlow

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Residents' Forum Guidelines

from the Leisure World News Advisory Committee

Leisure World News welcomes submissions from its readers. We will publish as many as possible to reflect the widest span of Leisure World community issues. To increase your chances for publication, please follow the guidelines below:

Guidelines for Letter Writers

1. Residents' Forum (RF) submissions must be emailed (aclwn@lwmc.com) or delivered to the LW News Office.
2. RF submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
3. RF submissions must adhere to all General Guidelines, including but not limited to:
 - Material must be of interest and value to the community, respectful and in good taste, clear, concise, accurate, non-repetitive, relevant, and avoid personal attacks.
 - All submissions will be subject to editing. Writers will have the opportunity to approve substantive pre-publication edits.
 - LW News does not guarantee when or if any submission will be published.
4. Receipt of RF submissions will be confirmed by email or telephone.
5. If an RF submission refers to another source, such as an article in another publication, a press release, a legal opinion, etc., a copy of that source must be provided for verification and reference.
6. RF submissions are strictly the opinion of the writer.
7. Issues that relate only to a specific resident, a specific Mutual, or a specific club, group or organization are not appropriate for the RF.

See full LW News Guidelines and Board Standing Rules at lwmc.com.

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Events & ENTERTAINMENT

■ Education and Recreation Department

Jan. 28: The Musical Plumer Family

The Plumer Family returns on Saturday, Jan. 28, to perform an eclectic musical program at 4 p.m. in Clubhouse II.

Frank and his three children – Antonio, Julia and Cecilia – perform a repertoire that includes four-hand and six-hand piano, and songs in Italian, Hebrew, Yiddish, French, German, Spanish, Russian and Latin.

They present a blend of more serious works and lighter fare that has been entertaining audiences of all ages for many years.

This is a show that you, your children and grandchildren can enjoy together.

Sponsored by the E&R Department, tickets, \$7 per person, are still available at the offices in both clubhouses. Please bring your Leisure World ID.



The Musical Plumer Family, courtesy photo

■ Education and Recreation Department

Jan. 22: Not 2 Cool Jazz on a Cold Winter's Day

The Not 2 Cool Jazz Trio returns once again to perform on Sunday, Jan. 22 at 3 p.m. in the Clubhouse II auditorium.

The trio – Michael Grasso on trumpet, Peter Runk on piano, and Joe Gretz on bass – will play many of the well know melodies from the 1920s through the 1960s including Bossa Nova, Dixieland and Swing music. They will make you will forget that it is January and cold

outside.

The performance is co-sponsored by the E&R Department and the Washington



Not 2 Cool Jazz Trio performing at historic Savage Mill in Savage, Md.; Michael Grasso on trumpet, Peter Runk on piano, and Joe Gretz on bass. Courtesy photo

Performing Arts (WPS). Through the WPS Enriching Experiences, this jazz performance is free.

However, tickets are required, two per household.

Tickets are

still available in both clubhouse E&R offices.

Please bring your Leisure World ID.

■ Fireside Forum

Feb. 5: The Library of Congress with David Mao

by Jonas Weiss

David S. Mao, deputy librarian of Congress, discusses the Library's service to the Congress and to the American people at a Fireside Forum program on Sunday, Feb. 5, at 2:30 p.m. in the Clubhouse II auditorium.

The Library of Congress is the research library that serves the U.S. Congress and is the de facto national library for our country. The Library's collections are the largest in the world and include research materials from all parts of the world. Mao talks about how we might use this institution and enjoy its valuable resources, as well as how the Library adapts to the current electronic

environment.

Located in Washington, D.C., the Library is open to the public and can be toured with a docent. It is worth a trip just to see the architecture of the main building.

Before becoming acting librarian and then deputy librarian, David Mao was the law librarian of Congress and managed the operation and policy administration of the Law Library. He is a graduate of George Washington University, where he majored in international affairs. He has a law degree from Georgetown University and a master's in library science from The Catholic University of America.

Steve Kline is the host for the speaker.



David Mao, courtesy photo

Coming in 2017

The E&R Department is pleased to provide the following programs.

Sun., Jan. 22, 3 p.m.	Not 2 Cool Jazz Trio
Sat., Jan. 28, 4 p.m.	The Musical Plumer Family
Sun. Feb. 12, 7 p.m.	Jerry Allen, pianist
Tues., Feb. 28, 7:30 p.m.	Mardi Gras with the Dixieland Express

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

2017 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Jan. 29, 2 p.m.	Southside with You	SOLD OUT
Feb. 16, 1 p.m.	The Choice	Jan. 24
Feb. 26, 2 p.m.	Race	Feb. 7
March 16, 1 p.m.	Brooklyn	Feb. 21

Movies are subject to change.

■ Ballroom Dance Club

Jan. 28: First Dance of 2017 and Membership Renewal

by Joyce Hendrix

Five-time Washington Area Music Award “Wammie” winner Mike Surratt and The E.C.B. (Eclectic Coalition Band) provide the music for our first dance of the 2017 season on Saturday, Jan. 28, in the Clubhouse I Crystal Ballroom.

In addition to being named Wammie’s Best World Vocalist in the world music category, the multi-talented bandleader’s group was also chosen as the favorite ballroom dance band in the Club’s 2016 poll.

The community knows Surratt as a keyboard player, but he is also proficient on accordion and writes much of his own music.

Fifteen years ago, the group had their first ballroom dance gig right here at Leisure World. Mike Surratt and his “Continental” were also a mainstay at Blob’s Park prior to its closing in 2015. Blob’s Park was known for almost a century as Maryland’s largest dance hall, famous for its polka lessons and weekend family dances.

Surratt’s groups also provide dance music at Glen Echo Ballroom, Holiday Park Senior Center and many other venues in the Pennsylvania and Delmarva area.

February Dance

The Helmut Licht Trio returns to the Crystal Ballroom for the Saturday, Feb. 25, dance. We welcome their return and look forward to dancing to their music again.

Membership

The new year is the time to renew your membership. This year’s membership has increased from \$6 to \$10 per person. Member cost per dance remains

at \$10 per person, and the guest cost is still \$15 per person. All residents, friends and guests are invited to our dances. Membership in the dance club is for residents only.



General Information

The winter dress code, from September through May, is coats and ties for the gentlemen and dressy dresses or pantsuits for the ladies.

Dances are from 7:30-10:30 p.m., and are usually on the

fourth Saturday of each month, from January through November. Please check the dance schedule flyer; copies are available at all of our dances and posted on most of the high-rise buildings’ bulletin boards as well as on the E&R board and channel 974.

We strongly suggest that attendees make reservations prior to the dance with Irmgard Patrick at (301-598-2984) so we know how many tables to set up. Let her know with whom you wish to be seated, 10 dancers per table. We also ask that dancers arrive on time so that the volunteers that man the ticket desk may also enjoy dancing.

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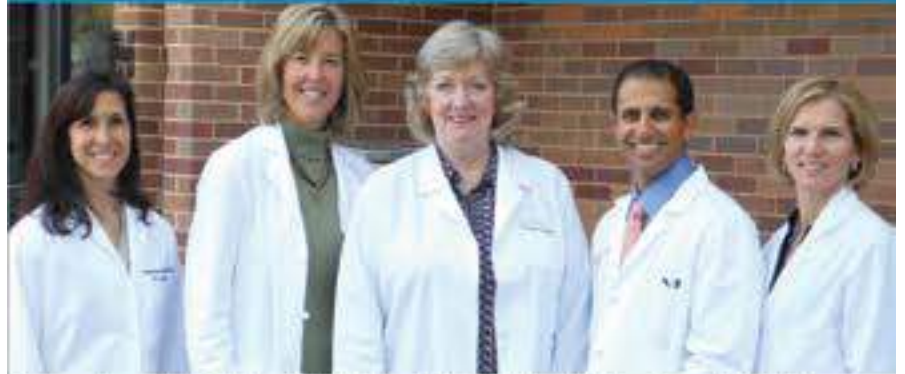
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■ Arts in Motion (AIM)

Blues and More Coming to Café AIM

by York Van Nixon III

In the coming months, Café AIM features first a debut, then a return performance.

Robert Penn Blues Band

True jazz aficionados know the blues is the foundation of America's only classical music.

Robert Penn takes us back to the roots of one of this country's greatest ambassadors. He and his Blues Band make their debut performance at Café AIM on Friday, Feb. 10.

Tickets are \$15 (checks only, payable to AIM) and are on sale in the E&R office in Clubhouse I. The price includes hors d'oeuvres and snacks.

Cocktails begin at 6 p.m., and the show starts at 7 p.m.

Shirleta Settles

Few performers at Café AIM have "brought down the house" like Shirleta Settles; she left the audience cheering for more of her incomparable showmanship here in October 2016.

Settles's return performance is Friday, March 10.

Tickets are \$20 (checks only, payable to AIM) and will go on sale Tuesday, Feb. 14, in the E&R office in Clubhouse I.

The price includes hors d'oeuvres and snacks.

Cocktails begin at 6 p.m. and the show starts at 7 p.m.

To join AIM or purchase tickets online, visit our website at (AimArts.net), or call York Van Nixon III at (301-364-6445) for more information.

■ Education and Recreation Department

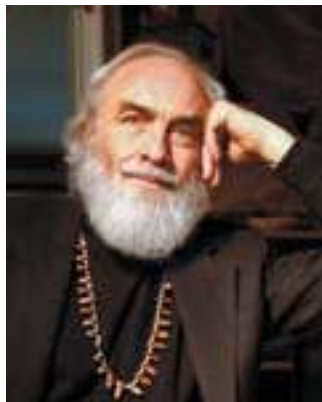
Feb. 12: Highlights from the Great American Songbook

The E&R Department is pleased to welcome back jazz pianist Jerry Allen. He returns to Leisure World on Sunday, Feb. 12, at 7 p.m. to perform on stage in the Clubhouse II auditorium.

Jerry Allen is known for his in-depth explorations of individual composers of the Great American Songbook. His program for Feb. 12 gives a taste of two of these composers—George Gershwin and Jimmy Van Heusen. George Gershwin composed some of America's most popular songs, as well as piano pieces and works for piano and orchestra. The music was written for Broadway musicals such as "Lady Be Good,"

"Oh, Kay," "Funny Face," "Girl Crazy" and "Of Thee I Sing," with his brother Ira Gershwin providing the lyrics, and for

the history-making opera, "Porgy and Bess," with lyrics by DuBose Heyward and Ira Gershwin. Many of these musicals and the opera were later adapted for film and television. Their style was influenced by American jazz as well as by early 20th century



French composers, notably Maurice Ravel, and they have been performed by a long list of notable singers while also becoming a part of the standard jazz repertoire.

For Gershwin, Allen presents a selection of some of the best known and most enduring of these songs in his own jazz-influenced piano arrangements. One of the most accomplished of American songwriters, Jimmy Van Heusen made his way through Tin Pan Alley, wrote for Harlem's Cotton Club and Benny Goodman, and became famous for songs written for his friends Frank Sinatra and Bing Crosby. He began motion picture work at Paramount with lyricist Johnny Burke, and eventually received four Academy Awards. He was inducted into the Songwriters Hall of Fame in 1971. Among his well-known songs are his first hit, "Darn that Dream," "Polka Dots and Moonbeams," "Come Fly with Me," "Here's That Rainy Day" and "Call Me Irresponsible."

Allen presents a selection of Van Heusen's songs that is sure to bring memories of the performers and films that made them famous.

On Feb. 12, follow your dinner with a relaxing evening listening to the music of Gershwin and Van Heusen. Tickets for this performance are \$8 per person and are available in the E&R office in both clubhouses beginning at 8:30 a.m. on Tuesday, Jan. 24. Please bring your Leisure World ID.



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■ Jewish Residents of Leisure World

Feb. 23 Movie Matinee: 'Fabulous Fashionistas'

by David Firestone

Sue Bourne, "Fabulous Fashionistas" director, explores the art of aging in the company of six extraordinary women. What they have in common is a determination to squeeze the most out of life and keep going, look fabulous and have fun.

The film's women also

convey the message that their interest in fashion is more than just looking cool. They enjoy dressing with style, being active and living with a care for fashion at any age.

The movie screening, on Thursday, Feb. 23, at 1:30 p.m. in the Clubhouse II auditorium, is co-sponsored by the Jewish Residents of Leisure World and the Jewish Community Center

of Greater Washington's Coming of Age Program.

Tickets are \$7 per person (checks only, payable to JRLW), and are available at the E&R office in Clubhouse I beginning Tuesday, Jan. 24.



■ Education and Recreation Department

Thursday Afternoon at the Movies

Feb. 16: 'The Choice'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown in the Clubhouse II auditorium at 1 p.m. On Thursday, Feb. 16, the presentation is "The Choice" (2016, 1 hour 51 minutes, drama/romance, rated PG-13 for sexual content and some thematic issues).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, Jan. 24, at 8:30 a.m. Please bring your Leisure World ID.

Bachelor Travis Parker (Benjamin Walker) is enjoying the single life in his

seaside North Carolina town when the beguiling Gabby Holland (Teresa Palmer) moves in next door. Almost immediately, the two fall in love despite a host of obstacles – including Gabby's boyfriend. The film is based

on the novel "The Choice" by bestselling author Nicholas Sparks.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.

Donations to help cover the expenses associated with the presentations are gratefully accepted in the available contribution basket.



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Feb. 28, Fat Tuesday: Dixieland Express Celebrates Mardi Gras, New Orleans-Style

The E&R Department brings back the Dixieland Express to perform for its annual Fat Tuesday performance, Tuesday, Feb. 28. Doors to the Clubhouse I Crystal Ballroom open at 6:30 p.m. with music and dancing from 7:30-9 p.m.

The Express plays true traditional jazz Dixieland sound with authentic six instrumentation plus vocals and piano. Most members of the band also frequent New Orleans, the mecca for Dixieland music for not only the country, but also the world. Several members of the band have also sat in with such well-known venues as Preservation Hall and Fritzels, and with the Dukes of Dixieland on the Steamship Natchez.

The Dixieland Express has recently been featured at the Potomac River Jazz Club (PRJC). Last year, the band also did a Mardi Gras gig for the PRJC and will again this winter. Most members of the band are also members of the PRJC, which supports traditional jazz for the Washington area. Visit (prjc.org) for more information. The music played by the band is very popular with PRJC members and residents. The band is very versatile, playing more than

just traditional jazz, including many numbers suitable for dancing as well as listening.

The Dixieland Express is led by resident and trombonist John Stewart with Les Elkins on cornet and vocals, Kirt Vener on clarinet, Merle Biggin on tuba and Joel Albert on drums. Rick Elridge is perhaps the most versatile member of the band, performing banjo, piano, vocals and sometimes an instrument he invented just for this band: the Klaxophone! All members of the band are regulars, meaning that they play with the same group of musicians that allows for a more cohesive, traditional jazz sound.

The band has some surprises for the audience and will have the crowd dancing and marching to the sound of New Orleans-style Dixieland music from beginning to end. Be sure to wear your beads and colorful attire, and bring handkerchiefs to twirl to the music!

Tickets for this event are \$15 per person.



Front row, from left: Merl Biggin on tuba; Joel Alpert on drums; Rick Eldridge on banjo, vocals, and klaxophone (the klaxophone is not pictured). Back row, from left: Les Elkins on cornet; resident John Stewart on trombone and Kirt Verner on clarinet. Photo by Joel Albert

Cost includes light hors d'oeuvres; a cash bar will also be available. So, join your friends and celebrate Fat Tuesday together.

Tickets are available in both clubhouse E&R offices beginning at 8:30 a.m. on Tuesday, Jan. 24. Please bring your Leisure World ID.

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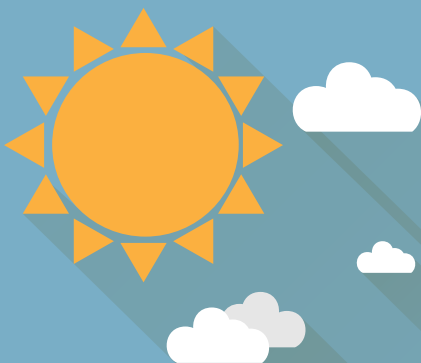
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CLUBHOUSE GRILLE HOURS

Tuesday – Saturday: 3–10 p.m. ☾ Sunday, Monday: Closed
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For Stein and Terrace Room reservations, call 301-598-1331

Health & FITNESS

■ The Inter-Faith Chapel

Jan. 25: Memory Awareness Seminar

by Bonnie Bonner

How's your memory? Do you need a little assistance remembering names, facts and figures? If you do, come learn about the myths of our memory at a workshop on Wednesday, Jan. 25, at 10:30 a.m. in the Inter-Faith Chapel.

Attendees learn three easy mnemonic techniques to improve their memory of items such as groceries, to-do tasks, or clothes to pack for a trip. Memory is also improved through art and dance, and exercises to improve short and long-term memory are explained.

The workshop is led by

Paul Williams, a resident and certified idea-mapping trainer for more than 13 years.

Williams has trained over 3,000 people of all ages and has been a judge at the annual USA Memory Championship in New York City.

The workshop includes allotted time for questions, and handouts are provided at the end of the session.

The workshop is free and open to all residents and friends.

RSVP by Sunday, Jan. 22, by visiting (www.inter-faith-chapel.org) and clicking on Memory Awareness Seminar on the homepage, or by calling the Chapel at (301-598-5312).

■ Compassion and Choices of Leisure World

Group to Hold Lobby Day in Support of End of Life Option Act

by Rosalind Kipping

The End of Life Option Act is expected to be re-introduced to the Maryland state legislature on Wednesday, Jan. 25, which would permit a terminally ill, mentally competent adult to receive a prescription for life-ending medication to be self-administered if and when the patient desires to do so. The option is currently legal in six states, but not in Maryland.

Compassion and Choices holds a Lobby Day event in Annapolis on Jan. 25 to demonstrate support for the proposed legislation. A free motor coach departs from Clubhouse II at

7:45 a.m. to deliver participants to the Maryland House office building. Hot drinks and go-alongs are provided.

After speeches, the group will walk the halls of power to deliver literature to legislators' offices in both the House and Senate office buildings. A catered box lunch is provided. The motor coach returns participants to Clubhouse II at approximately 3 p.m. To participate in this event, contact Rosalind Kipping at (rozkiping@comcast.net).

Jan. 31: 'Being Mortal'

On Tuesday, Jan. 31, at 2 p.m. in the Clubhouse II auditorium, Compassion and Choices shows the PBS Frontline documentary "Being Mortal," which follows renowned New Yorker writer and Boston surgeon Atul Gawande as he explores the relationships doctors have with patients who are nearing the end of life. The film investigates the practice of caring for the dying, and shows how doctors discuss chronic illness and death with their patients.

All Compassion and Choices programs are free to all residents and their guests. Materials on a variety of end-of-life issues are always on our resource tables, so come early and take whatever information you find useful.



FAMILY FOOT & ANKLE ASSOCIATES OF MARYLAND

Family Foot and Ankle Associates of Maryland would like to thank you for over 30 years as your Podiatrists in the Medical Center in the Leisure World community.

As of September 28, 2016, we will no longer be providing Podiatry services at the Medical Center.

We encourage all of our current and previous patients from the Medical Center in the Leisure World community to visit us for their Podiatry care in our other offices just down the road in Kensington, Olney and Silver Spring.

We look forward to continuing our relationship with many of you, Drs. Christopher Farnworth, Michael Frank and Marc Goldberg

OLNEY OFFICE

Oland Professional Center
3408 Olandwood Ct. Suite 204
Olney, MD 20832
Phone: (301) 924-5044
Fax: (301) 924-5933

KENSINGTON OFFICE

Family Foot & Ankle Associates of Maryland
3930 Knowles Ave Suite 202
Kensington, MD 20895
Phone: (301) 942-8110
Fax: (301) 942-8530

SILVER SPRING OFFICE

Colewood Centre
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The Eyes Have It: Technology Round Up

by Joan Guberman

The next club meeting is Wednesday, Feb. 8, at 1 p.m. in Clubhouse I.

Adaptive or assistive technologies are devices that can be hard to locate and evaluate. The following resources can help those with low vision find the best equipment and software for them. The list is not exhaustive; share your tips about additional resources with Larry Cohen by contacting him at (908-770-9111) or (topops@aol.com).

American Foundation for the Blind (AFB)

Up-to-date information and product evaluations are available through the monthly online technology newsletter, Access World. The AFB also offers a searchable database of assistive technology and independent living products and tips on selecting and using everyday technology. For more information, check out (www.afb.org). An email contact form and organization phone numbers are listed on the site.

Blind Industries and Services of Maryland (BISM)

BISM offers a comprehensive selection of aids and appliances that include both

adaptive technology and other devices. Computer classes are available. For more information, visit (www.bism.org) or contact (410-737-2600) or (info@bism.org).

Columbia Lighthouse for the Blind (CLB)

CLB's low vision center is just a bus ride away on Georgia Avenue to Silver Spring. To learn more, visit (<http://www.clb.org/low-vision-services/>), call (301-589-0894) or email (info@clb.org). For information specifically about adaptive technologies, call (240-737-5100).

Low Vision Center

Club members are invited to make appointments to visit the Center's demonstration area in Bethesda to examine low vision aids, including magnifiers, closed circuit television, or CCTV, Zoom Text, and non-optical adaptive aids. The organization also sells a select group of low vision aids and magnifiers. For more information, visit their website (<http://www.lowvisioninfo.org>), call (301-951-4444) or email

(LowVisionCtr@aol.com).

Montgomery County Public Library (MCPL)

MCPL's adaptive technology software for use at the branches includes JAWS screen-reading and ZoomText screen-magnification. In addition,

branch photocopiers can enlarge documents. The only branches that currently do not have adaptive technologies are the

Gaithersburg Interim Branch and Lakeforest Mall. Most branches offer closed caption videos and large-print books, audiobooks, and downloadable e-books; these resources can be transferred among branches.

The Rockville Memorial Library

The library offers additional adaptive technologies, primarily CCTV and magnifiers in a variety of strengths and models. The Rockville branch also holds a monthly book club for people of all ages who use talking books. For more information about the branches and their adaptive technologies, visit (<http://www.montgom->

marycountymd.gov/library/) or call (240-777-0002).

National Federation of the Blind (NFB)

Examples of relevant applications for daily living are included in the NFB's free, electronic newspaper service available by calling (866- 504-7300). Their KNFB Reader recently won AppleVis's 2016 Best Assistive iOS App Award. Just snap the smart phone camera, and virtually any print is read aloud in clear synthetic speech. More about this app for iOS and Android is available at (www.nfb.org/knfbreader). For general information about NFB, call (410-659-9314) or visit their website, (<https://nfb.org/contact-us>).

The National Library Service for the Blind (NLS)

NLS provides recreational reading materials and the playback machines needed to read them at no charge. In addition, talking books and magazines may be downloaded through the NLS Braille and Audio Reading Download service. Accessories, such as amplified headphones, also are available as needed. For more information call (888-NLS-READ) or visit (www.loc.gov/nls).



Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring, MD 20906). For more information, call Bridget (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in the Inter-Faith Chapel library. For more information, call Sunny (301-438-2446).

Bereavement Support Group: Have you lost your spouse? Leisure World residents meet as a group to support one another twice a month on Tuesdays, 3-4:30 p.m. Sponsored by the Jewish Social Service Agency (JSSA) Hospice and facilitated by Grace McMillan, LGSW, the group meets in the conference room at MedStar Health (3305 N. Leisure World Blvd.). To register, call Suzanne Adelman, LCSW-C, JSSA Hospice (301-816-2683).

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Call Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings (except July and August) on the second Wednesday from 1:30-3:30 p.m. in Clubhouse II. Our next meeting is Sept. 14. No registration is needed and all are welcome. For more information, contact Sally MacDonald (240-669-4233) or (sn3macd@aol.com).

Clubs, Groups & ORGANIZATIONS

■ Democratic Club

Attorney General Brian Frosh to Speak on Feb. 9

by Emile Milne

On Thursday, Feb. 9, Maryland Attorney General Brian Frosh addresses the monthly meeting of the Democratic Club at 7 p.m. in the Clubhouse I Crystal Ballroom.

Among a variety of issues, Frosh discusses his decision to launch a hate crimes hotline to report incidents directed at racial, ethnic and religious minorities, women, immigrants and the LGBT

community.

In a November statement from his office, Frosh said the hotline was an attempt to address an alarming increase in reported hate crimes in the state.

The Attorney General's office is one of the most powerful agencies in Maryland state government, employing 400 lawyers serving as legal counsel to virtually every state agency, the legislature and governor's office.

■ Republican Club

The Role of the League of Women Voters in the Political Process

by Fred Seelman

The next meeting of the Republican Club is President's Day, Monday, Feb. 20, at 1:30 p.m.

A representative from the League of Women's Voters addresses the Club on the League's role in the political process and what it wants to change.

For years the League has been a major force in a number of areas, including increasing the number of voters and explaining policy issues.

It arose out of the women's suffrage movement.

Come to our February meeting and learn what one of the leading political organizations in the U.S. sees as problems that need to be solved, and ways to solve them.

Send comments or questions about these or any other Club matters and/or offers to volunteer to club president Fred Seelman, at (fseelman@gmail.com) or by calling vice president Ray Spieler, at (301-460-3568).

Join us for another quality event on Feb. 20. And enjoy our refreshments.

■ The Edmonson Society

Group Holds Quarterly Meeting

The Edmonson Society holds its quarterly meeting on Thursday, Jan. 26, at 3 p.m. in Clubhouse I. All residents and their friends are welcome to attend. We will amend the organization's name and mission and decide on our 2017 historical project.

The historical trifolds that were exhibited at our inaugural event will be displayed for those who have requested to continue reading them. Come early so that you may review them.

A few copies of the video are still available for purchase. Light refreshments will be served.

- Juanita Sealy-Williams

■ Rossmoor Woman's Club

Feb. 15: Tea Time

by Marcia L. Elbrand

The Rossmoor Women's Club holds a tea and lunch on Wednesday, Feb. 15, at 2 p.m. in Clubhouse I. The event features a variety of tea sandwiches, including spring chicken salad, cucumber and creamed cheese, and salmon salad. Freshly baked scones with strawberry preserves, cookies, brownies, and coffee will also be among the delicacies.

Members who have joined since May 1, 2016 are recognized at the event. Club president Aggie Eastham encourages members and non-members to attend and get to know one another. Co-chairs for this event are Arlene Siller and Noreen Potter.

Send checks for \$15 per person, made payable to Rossmoor Woman's Club, to Mary Jane Noll, (3100 N. Leisure

World Blvd., #504, Silver Spring, MD 20906).

Reservations should be made by Saturday, Feb. 11. Include your name, phone number and names of any guests with payment.

For further information, contact Noll at (240-558-3707).

Membership

The Club, whose goals include making a philanthropic difference in the community, is currently accepting new members.

"We offer a wonderful opportunity to help support local hospices, Fireside Forum, FISH, Fisher House Foundation, which houses families of Wounded Warriors, and the Betty Ann Krahne Center, a shelter for those affected by domestic violence," Club member LeLoy Cottrell said.

For further details, contact Arlene Siller at (301-460-7859) or (abs929@yahoo.com).



■ Italian Social and Cultural Club

Members Hear Il Volo

by Florence Merola

All members of the Italian Social and Cultural Club are invited to watch an amazing video recorded live concert by Il Volo, entitled "Notte Magica: A Tribute to the Three Tenors," featuring Plácido Domingo.

In the performance, which took place in July 2016 in Florence, Italy's Piazza Santa Croce before an audience of

6,000, the three young tenors of Il Volo perform some of the repertoire sung by the original Three Tenors – Jose Carreras, Plácido Domingo and Luciano Pavarotti – at their 1990 concert in Rome. Domingo conducts the orchestra and joins the group in song.

The screening is Sunday, Jan. 22, at 2 p.m. in Clubhouse I. Coffee and desserts are served after the concert. This free event is for members only.

Speaker Kickstarts Healthy Eating in 2017

by Bob Fenichel

The next VSLW meeting, on Tuesday, Feb. 21, at 7 p.m. in Clubhouse II features a talk by Food for Life instructor Brian Bergman from the Physicians Committee for Responsible Medicine. Bergman has spoken at VSLW meetings in the past and has taught several classes in Leisure World.



VSLW members celebrated the holidays at The Vegetable Garden in December. Photo by Bob Fenichel

Food For Life Class Coming in March

In addition to speaking at our February meeting, Bergman teaches a “kickstart” Food For Life class March 7 to April 4 from 11 a.m.-1 p.m. in Clubhouse II. More information is provided at the next meeting, so plan to attend. See Community Classes and Seminars on page 38 for more details and registration information.

Holiday Party

Twenty-three people attended the Dec. 10 holiday party at The Vegetable Garden restaurant in Leisure World Plaza. Door prizes included kitchen utensils, gift cards to Roots Market, and a delicious soup recipe. Dottie Chanil won the grand prize, a \$25 gift certificate donated by the Vegetable Garden restaurant.

General Information

Additional information on VSLW activities can be found on our website at (www.vslw.org).

Please note that everybody is welcome at VSLW activities; you don't have to be a vegetarian to participate. The mission statement of VSLW is “to support group members in maintaining a healthy lifestyle by eating a plant-based diet.”

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Presented by Linda V. Williams

Coordinator, Diversity Outreach Programs
and Services Manager

Alzheimer's Association® National Capital
Area Chapter

Join us and learn:

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- The many forms of dementia
- The life expectancy of someone with Alzheimer's
- What doctors you should see to get diagnosed
- The symptoms of Alzheimer's
- And more!

Co-hosted by:

Arden Courts 
Memory Care Community



alzheimer's association 
National Capital Area Chapter



Sgraffito, Not Graffiti

by Gail Bragg

On the second Saturday of each month, beginning Saturday, Feb. 11, various club members hold classes on their favorite techniques to use on either greenware or bisque. Join the Club and learn the basics to participate in these classes.

Class topics include, but are not limited to, adding texture to greenware; adding a piece onto greenware; carving designs on the surface of a ceramic piece; carving a design through the piece; using shading to enhance the beauty of a drawing, and sgraffito (Google it!).

The classes are fun and the charge is minimal, usually around 50 cents to a couple of dollars.



Clockwise from top by various artists: clay leaves added to vase, bells carved in greenware, sgraffito on vase, yarn bowl with carving and add-on owls. Photo by Gail Bragg

A sign-up sheet is posted in the studio each month, so let us know if you can make it.

The Ceramics Club's \$10 annual membership fee includes instruction on how to make your own ceramic pieces.

We welcome new members, so drop by our studio in Clubhouse II.

View some of our ceramic pieces for sale (with proceeds going to charity) in our studio gift shop and on our website.

It can be reached via the Leisure World site (www.lwmc.com) or directly at (<http://sites.google.com/site/cccofleisureworld/>).

We hope to see you soon.



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JK House of Grace is a privately owned and operated assisted living residence. We provide personal care and support services to seniors who need help with daily living as a result of physical or cognitive disabilities.



Maria Khader, Owner, RN/CM/DN, "My life long passion has been to open an assisted living facility where all aspects of the residents' lives - mind, body, and spirit - are cared for and cared about. I welcome the opportunity to share my passion with our loved one."

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Entrance Gates' Telephone Numbers and Hours of Operation

Main Gate
301-598-1044
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7 days a week

Norbeck Gate
301-598-1066

Connecticut Ave. Gate
301-598-1022
Open 6 a.m. – 9:55 p.m.
7 days a week

■ Rossmoor Art Guild

The Waiting Game



From left: "Woodpeckers" by Loretta Morgan; above, "The First Snow" by Teresa Milne; "The Last of the Cone Flowers" by Ann Bolt; "Mannie at the Door" by Nancy Albrecht. Photos by Ann Bolt

by Ann Bolt

Humans are an impatient lot. We can't wait to get the car fixed; we can't wait to move on from one season to the other. We can't wait for the first snowfall and we can't wait for the last one.

Some of the paintings for the January exhibit illustrate this impatience. Teresa Milne captures the first snow scene in black and white. Loretta Morgan gives us a glimpse of a woodpecker on a spring day. Vicky Batkin has a swan preening and profiling. Waiting by the door in pastel is one of artist Nancy Albrecht's appealing animals. Ann Bolt's painting expresses the futility in waiting, and Allan Okin solves the whole thing with the upcoming grape harvest painting.

About a dozen artists entered the exhibit and offer a range of subjects – portraiture, still life and landscape, done in watercolor, colored pencil, or oils.

Some are created under the tutelage of teachers Millie Shott, Ron Erlich and Barbara Piegari.

Other artists exhibiting their work include: Maria Clark, Marvin Sirkis, Mari Craig, Patricia Elton and Dee Williams.

Put Your Best Foot Forward

Saturday's open studio offers a chance to show your walk through life with footwear – ballet, track shoes, basketball, marching band boots, high heels, slippers, work boots, flip flops and others.

The exhibit is expected to be ready by March. Drawings or paintings need to be original and show a variety of footwear in any medium. The usual drill on matting, framing and wiring is expected.

How many different kinds of footwear have you worn? Possibly roller skates, combat boots, moccasins, holey socks, to name but a few.

The Year Begins with Competitions and Critiques

by Stewart Lillard

The first competition meeting of 2017 is Tuesday, Jan. 31, at 7 p.m. in Clubhouse II. The meeting is open topics, meaning photographs on all subjects will be judged equally. Marti Belcher of the Northern Virginia Camera Club is the judge; members should inspect her fine works on the internet to see how she approaches her award-winning photographs.

The competition deadline for digital entries is Saturday, Jan. 28, at midnight. All digital and print images must be recorded in an email message to (RossmoorLW@gmail.com), and the digital photographs should be labeled with category, submitter, and very short title. Example: General, Stu Lillard, My Front Lawn.

Please arrive at the competition meeting a few minutes early so that the judge has time to inspect the print entries before the judging starts.

An executive board meeting is on Tuesday, Feb. 7, at 7 p.m. in Clubhouse II.

February Critique Meeting

The next regular club meeting is Tuesday, Feb. 14, at 7 p.m. in Clubhouse II, and is a critique of prints and digital entries, similar to the fall critique.

Members send in works that they wish to have evaluated by Denise Silva and others.

The deadline for this critique email message to (RossmoorLW@gmail.com) is Saturday, Feb. 11, at midnight. Send in some “loveable” works of art and photography for our Valentine’s Day event.



Philipsburg Manor is one of the old New Amsterdam Dutch Colony plantation homes along the Hudson River at Sleepy Hollow, New York, where Washington Irving wrote his “Legend of the Headless Horseman” short story. Photo by Stewart Lillard

All themes are critiqued, but the digital works and prints should be labeled Critique 1, Critique 2, or Critique 3. Please

do not include names or titles; comments and suggested improvements are given anonymously.



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SUE'S 2016 TRANSACTIONS – UNDER CONTRACT, SETTLED LISTINGS + SALES

Dear Reader,
Last year was a busy and productive one. I want to share that I also, list, sell, and consult on properties in the Metro area for neighbors, past clients & those moving to the community. Don't hesitate to call with any of your Real Estate questions. Here is some of my "outside" 2016 activity.

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Silver Spring, MD 20905

4868 Chevy Chase Dr.
Chevy Chase, MD 20815

2609 Woodedge Rd.,
Silver Spring, MD 20906

Cheers!
Sue



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15107 Interlachen Dr. #802



THE GREENS II

15115 Interlachen Dr. #704, #1011
15100 Interlachen Dr. #825-82



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3BR CABOT

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3210 LW Blvd. #1006



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3732 Glen Eagles Dr.

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Feb 17: Black History Program

by Patricia Means

The February Black History Program is "Black Images/Black Reflections," a Black History Chronicle written and performed by award-winning playwright Kelsey E. Collie.

This year's program contains the same title as the 2016 arrangement but has updated material presented through Collie's vignettes and songs, which are accompanied by music and dances by students of the Kuumba Academy Charter School in Washington, D.C.

The program takes audience members on a journey from enslavement until present day, highlighting the many

trials and contributions of African-Americans.

The program is Friday, Feb. 17, at 4 p.m. in the Clubhouse II auditorium. Admission is free for all residents.

Haiti Relief Project

The monetary donations collected for the Haiti Relief Project were provided to the Living Water Church in Silver Spring and a letter of appreciation was received from the Church. The money will be used for restoration of a Haitian church and school.

Meetings

There was a great turnout for the holiday gala in December

and members and residents are encouraged to continue participating in activities, including our meetings.

The board of directors meets on the first Wednesday of each month, normally at 4 p.m. in Clubhouse II, to discuss and report on activities. The meetings are informative and open to all members and interested residents. There is an open forum at the end of the executive session.

January to June dues for new members are prorated at \$10.

Nominees and Ideas Needed

Cheryl Prejean Greaux is the chair of the nominating committee, and the election is held in June.

Members who want to be a candidate or who would like to submit the name of another member for a position should contact Cheryl Prejean Greaux at (301-438-3119).

A correspondence secretary is needed; members interested in this position should contact president Juanita Sealy-Williams at (301-822-4531).

Jeanne Markray, program committee chair, wants recommendations for new programs and activities. Members with ideas to contribute are encouraged to contact Jeanne Markray at (301-598-3836). Recommendations also may be submitted via the LWAAAC mail slot in the Clubhouse I E&R office.

■ Fun and Fancy Theatre Group

Love is in the Air at Feb. 1 Meeting

by Hannette Allen

We are pleased to announce that a well-known director in the metropolitan area, Shelly Horn, is eager to direct the spring musical, the selection of which is pending. Co-producers Carol Neckar and Allan Okin are assisted by associated producers Karyn Davis and Judy Heir.

Call for Performers

The outreach committee entertains at various local assisted living facilities and nursing homes and although we have an enthusiastic group of players,

more are needed. Performances are normally once or twice per month, but players do not have to participate each month.

Performances are extremely rewarding and enjoyable for those who participate, as well as the very appreciative audiences.

Auditions for new soloists are scheduled for Thursday, Jan. 26, at 4 p.m. in the Clubhouse II auditorium. Please call Nancy Koski at (301-288-7808) if you are interested in participating in the program.

Feb. 1 Show: 'Popular Love Songs'

At our next Wednesday, Feb.

1 meeting and performance at 7:30 p.m. in the Clubhouse II auditorium, Tom Flester presents a romantic potpourri of oldies but goodies such as "If I Were a Carpenter," "I've Never Been in Love Before," "It's Magic," "My Funny Valentine," "On the Street Where You Live" and many others.

The singers are Fun and Fancy members; accompanists are Maxine Lewack on the piano and Tom Ross on the guitar; and assistants to the director are Karen Brooks and Carol Neckar.

Also, Tom Flester is searching for residents with or without experience who wish to play

in a band. Please contact him at (telstarflstr@aol.com) if interested.

March 1 Show: 'All in the Family'

The group is planning a "radio show" based on the familiar, beloved sitcom about Archie, Edith, Gloria and Mike. Players read from scripts; no memorization is required. Well-recognized commercials of that era are included. Hannette Allen directs the show, and Rita Penn is the producer. The act showcases the considerable comic talent we have within the group.

A second open audition is scheduled for Monday, Jan. 23, at 7 p.m. in Clubhouse II. No advance notice is required for the auditions; everyone who wants to try out is welcome.

Rehearsals are Mondays at 7 p.m. beginning Feb. 6, plus a few additional rehearsals as needed. People who are in the commercials will not have to attend all rehearsals (though they may want to, as they are going to be a lot of fun!).

As always, the monthly meetings, entertainment, and refreshments are free to members who have paid their annual \$8 membership fee; attendance at each event is \$3 for non-members.



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Eileen Kane, Assoc. Broker

SHERWOOD - Fabulous renovation! New wood floors, new kitchen, updated bathrooms, ceramic tile, more! Three bedroom, 2 bath ranch house (modified) in **Mutual Thirteen** with 2-car garage converted to 1-car with den and extra storage.

J - Second floor in **Vantage Point East**. True 3 bedroom apt. has 2 full baths, large climate-controlled encl. balcony, living rm, dining rm, remodeled kitchen w/ warm wood cabinets, granite counters, ceramic tile floor extending from entry foyer, wonderful breakfast space. Engineered hardwood floors in living rm, dining rm & BR #3; new carpeting being installed in master BR & BR #2. **\$392,000**

BERKELEY - Brick, Georgetown-style row house in **Montgomery Mutual**. Two bedrooms and 1-1/2 baths up (shared brand new ceramic tile shower), living room, dining room, kitchen, Florida room, powder room with laundry down. Freshly painted, new wall-to-wall carpeting, hardwood entry foyer. **\$143,900**

RALEIGH - Big one-bedroom apartment in **Montgomery Mutual**. Close to Clubhouse I. **New in 2016** kitchen and bath with white cabinets, granite countertops and backsplash, appliances, ceramic tile tub surround, newer carpeting. Cross-ventilation. **\$95,000**

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■ Comedy and Humor Club

Club Has One of Its Funniest Sessions Ever

by Al Karr

Sparkling humor is common at meetings of the Comedy and Humor Club, but at a recent get-together the flow of delightful jokes was especially brisk, proving that there's still life in the 30-year-old comedy troupe. Continued life, that is; it's not a still-life painting.

As usual, we started off the funfest with a song, "Smile (Though Your Heart Is Breaking)." The club voted 11-1 in favor of continuing to sing at every meeting.

We recently watched a TV comedy classic video presented by president Sam Hack, which featured Victor Borge, the Danish piano-quipster.

The meeting continued onto the really humorous succession of jokes by leadoff joker Skip Schoening; vice president Gloria Horwitz; wandering, all-purpose troubadour and man of all jokes Fred Firnbacher; Al Karr; John Lass; Jim Owen; Bernie Patlen; treasurer Sumner Levin; Sam and Mike (Hey Hey) Heyman.

We hope the humor continues to improve.

Here's just a small sampling of our recent belly busters:

Fred – Entertained us with a reprise of the song, "The Streets of Miami," a Jewish-slanted parody of "The Streets of Laredo."

John – Only two things are infinite, the universe and stupidity, and I'm not sure about the former. (Albert Einstein)

Al – Just because I'm paranoid doesn't mean they aren't out to get me.

Mike – Wearing a Harvard University t-shirt and asked if he graduated there, a man replies, "Would you rather pay \$120,000 for a Harvard education or \$5.95 for a t-shirt?"

Sam – Seeing that some hikers wear little bells to warn away grizzly bears, the park ranger said their droppings, which contain little bells, identify the grizzlies.

The Comedy and Humor Club meets every Tuesday from 1:30-3 p.m. in the Clubhouse II exercise room.

■ Writers of Leisure World

New Year, New Stories to Tell

by Carlos Montorfano

On our first meeting of the year, attendance was sparse but we have hopes for a better turnout in the new year.

The first to read was Rhada Pillai, who read a delightful poem, "Listen," in which she imagines listening to many sounds originating in nature, such as water and wind, and other natural sounds such as our breath, coughs, sneezes and other forceful bursts. She concluded, "Try to live in the moment and you will live forever."

Lee Hardy read a rhyming verse about the celebration of Hanukkah, describing the preparation on the days prior to the feast, such as thinking of the menu, buying and preparing the dishes, choosing the wine, and then the enjoyment of being together with relatives and friends.

James Owens, always interested in the impact of electronics in our modern life, read an informative piece especially for residents.

Gladys Blank read, "Tucson, Here I Come," in which she reminisced about holidays of years long past, and thought of holidays that lie ahead. She told us of the many different places she has lived or visited with her husband and children. Now that she is alone, she continues to think of new adventures, shared with old friends, and the opportunity to make new ones.

Danuta Montorfano read a beautiful poem, "My New Year's Eve," about the special meaning of the holiday, preparing a delicious meal, and enjoying the company of her husband. Having both recently become octogenarians, they shared a kiss and tango at midnight.

Carlos Montorfano read an old doggerel about the dangers of drug abuse, which he believes may provide a few moments of ecstasy, but is likely to shorten people's lives.

Meetings take place on the first and third Thursday of the month at 11 a.m. in Clubhouse I. All are welcome.

■ Going It Alone Club

Group Tours World from Seats

by Elizabeth Brooks-Evans

Every Saturday at 2 p.m., the Going It Alone Club (GIAC) features a free 30-minute video that allows viewers to sit back, relax and experience travel to various exciting locations around the globe.

On Saturday, Jan. 28, we'll explore "Rome: Ancient Glory" with visits to the Colosseum, the Pantheon, and a bicycle tour of the Appian Way. Then, on Saturday, Feb. 4, we'll ramble through the heart of Rome, including St. Peter's Basilica as well as the city's piazzas and fountains.

The videos are segments from a series "Rick Steves' Europe Through the Back

Door," produced by Back Door Productions and published by Avalon Publishing. Steves, a well-known author and television personality, serves as tour guide and narrator throughout the videos.

GIAC members and residents are invited to "travel" along and then stay around to play a fun game or engage in fellowship from 2:30-4 p.m. Some of the games played are bingo, poker, Pokeno and bridge. Bingo is played for free on the second and fourth Saturdays of the month.

Upcoming Trips

In March, May, June and July, GIAC will sponsor paid trips to Delaware Park Casino, Myrtle Beach, MGM Casino

at National Harbor, and Sight and Sound Theatre in Pennsylvania, respectively. Details about these trips are found in the Club Trips section on page 32.

Please note that the deadline for down payment on the Myrtle Beach Trip is Saturday, Feb. 4, which is required to ensure spaces are reserved. Full payment for the Delaware Park trip is due by Saturday, Feb. 25.

All payments may be made during Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. when a representative of the membership committee will be available to answer questions.

Although an individual must be single to become a

club member, married residents and friends are welcome to participate in most activities, including trips.

For further information about trips, contact Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Membership

Anyone wishing to sign up for membership can do so during SAL from 1:30-3 p.m. The fee is a nominal \$7 per year and the income from dues is used to pay club expenses and enhance activities.

For more information about membership, contact Marion Callaghan, president, at (301-598-6779).

Hadassah Screens the Movie ‘Dough’

by Barbara Eisen

Hadassah screens the movie “Dough” (2015, 1 hour 34 minutes, comedy/drama, unrated) on Wednesday, Feb. 15, in Clubhouse I.

An old Jewish baker struggles to keep his business afloat until his young Muslim apprentice drops cannabis in the dough and sends sales sky high.

The film is a warmhearted and gently humorous story about overcoming prejudice and finding redemption in unexpected places.

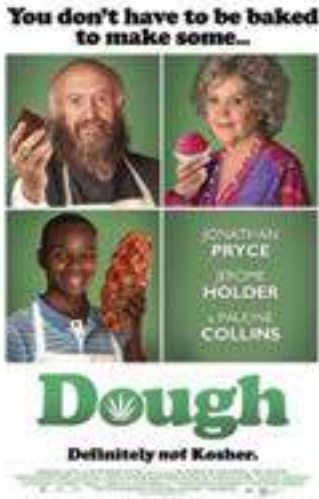
Refreshments are ready at 1:30 p.m. and the movie starts after a short business meeting. All residents are welcome to attend. If you have any ques-

tions, please call Janet Lazar at (301-598-4066).

Study Group

The Judaic Study Group meets on Monday, Feb. 20 at 1:30 p.m. in Clubhouse I. We invite all

who are interested in any aspect of Jewish studies and the relationship of Judaism to our daily lives to attend. Please contact Peri Schuyler at (301-869-2968) or (peris-laptop@aol.com) for further information.



Cards

Elaine Schenberg volunteered to share the Hadassah card

project with Jan Bloom. The prices of the cards are \$2.50 each or five for \$10. Hadassah greeting cards are displayed and sold at every Hadassah meeting. Please call Elaine at (301-598-0079) or Jan at (301-593-7720)

if you want to pick up cards or have them mailed for you for an extra postal charge.

Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/ Children at Risk. The project helps disadvantaged children in Israel.

The goal is to create a circle of \$1,000, made by individual contributions of \$40.

Please send your donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational, and social programs in Israel and in the U.S.

If you are interested in knowing more about Hadassah, contact one of our membership vice presidents, Carole Sonneborn at (301-288-4902) or (Carole200@comcast.net) or Mimi Meltzer at (301-806-0976) or (Mimi20852@aol.com).

■ Jewish Residents of Leisure World

Government Professor Discusses Presidents at Brunch

by Jonas Weiss

Services, a brunch with a featured speaker, and trips to Annapolis and Nationals Park are on our schedule for the coming weeks:

Saturday, Jan. 21, 28, and Feb. 4 – Abbreviated religious services at 9:15 a.m. in Clubhouse II, with Torah and Talmud discussions led by Rabbi Moshe Samber.

Friday, Feb. 3 – Religious service at 7:30 p.m. in The Inter-Faith Chapel, led by Rabbi Gary Fink.

Saturday, Feb. 11 – Religious service at 9:15 a.m. in Clubhouse II, led by Cantor Michael Kravitz.

Tuesday, Feb. 7 – See the Club Trips section on page 32 for information about a meeting with our legislators in Annapolis.

Sunday, Feb. 19 – Brunch at 10 a.m. in Clubhouse I. Dr. Michael Siegel, an adjunct professor of government at American University and Johns Hopkins University, discusses his new book, “The President as a Leader.”

Siegel reviews the experiences and decisions of recent presidents, with a systematic analysis of their leadership strengths and weaknesses.

He also uses a consistent set of leadership criteria to assess the

performances of Jimmy Carter, Ronald Reagan, George W. H. Bush, Bill Clinton and George W. Bush, and offers his evolving ideas on the Obama presidency.

Siegel offers copies of his book at a discount and will sign them. Note that the next day, Monday, Feb. 20, is President’s Day!

Advanced reservations for the brunch are required. Send checks of \$10, made payable to JRLW, to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906). If seats are available, the cost at the door is \$13.

Thursday, May 11 – Trip to Nationals Park to see the Nationals play the Orioles. Call Neil Ross at (240-560-6242) for more information. Saturday, May 13 – Woman’s Service. Contact Janet Lazar at (301-598-4066) to participate.

Donations

For the Torah maintenance fund or for new prayer books, send checks, made payable to JRLW (\$25 minimum) to Annette Cooper at (15107 Interlachen Dr., Apt. 812, Silver Spring, MD 20906).

Donations for Yiskor, Kiddush, an Oneg, or general tzedukah should go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

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■ NA'AMAT RBZ Club

Meeting Speaker Shares the History of Washington, D.C., Neighborhoods

by Carole Mund

Join NA'AMAT in welcoming Jane Freundel Levey, consulting curator at George Washington University Museum and managing editor of the Washington History magazine.

While many think of Washington, D.C., as a transient place, historian and native Washingtonian Levey knows that is not true. Washington neighborhoods have a rich and fascinating history that Levey shares with us as our guest speaker.

Drawing on an array of historical photographs, maps, and prints, she looks back at our neighborhoods and their current revival, with new housing, retail,

restaurants and theater.

All are invited to join us on Wednesday, March 1, at 12:30 p.m. in the Clubhouse I Crystal Ballroom.

April Brunch

The Annual Spiritual Adoption Brunch is Wednesday, April 5. Leslie Milk is the guest speaker.

Spiritual Adoption is a fundraiser to "spiritually adopt" and support children in Israel who are in need.

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women, services and assistance for new immigrants as well as centers for the prevention and

treatment of domestic violence. Additional information is forthcoming.

Donor Luncheon

It is not too early to think about accumulating donor credit to receive an invitation at our annual donor luncheon. This year, the luncheon is on Thursday, May 18, at the Norbeck Country Club.

The many activities we enjoy not only give the opportunity for socialization with our friends and neighbors, but also serve as fundraisers to support the many programs NA'AMAT provides. Donor credit is simply money attributed to each member over the cost for participating in activities sponsored by NA'AMAT.

Contact Theda Rosenblum at

(301-598-9105) if you have any questions concerning your donor credit.

Dover Downs Trip

On April 19-20, NA'AMAT sponsors an overnight trip to Dover Downs. Contact Trudy Stone at (301-438-0016) and refer to the Club Trips section on page 32 of this publication for more information.

For more information about NA'AMAT, contact co-presidents Ruth Reid at (301-598-4051) or Trudy Stone at (301-438-0016). For information about tribute cards for all occasions, contact Linda Schoolnick at (301-681-1076).

■ Baby Boomer Club

Be a Social Butterfly with Boomers

by Beth Leanza

Want to know more about the Baby Boomer Club?

Anyone can access our website, (<https://sites.google.com/site/bbclwmd>), by visiting the Leisure World website and clicking Resident Links under Current Residents.

The club has two calendars: an official one, called Hosted and another called Unhosted. The Unhosted calendar primarily features walking opportunities. We also have a list (names only) of our members.

Club events are purely social and include playing games, watching movies, dancing to live music and sharing good food. The Club recently had a wine tasting with snacks and is planning another potluck and live band for its February meeting on Saturday, Feb. 11. We also plan to get together to watch the Super Bowl on Sunday, Feb. 5!

Call membership chair Susan Landesberg at (301-613-9031) if you are interested in joining. Club dues for the year are \$5 per person.

Mah Jongg

Boomers who know how to play Mah Jongg meet every Wednesday at 7 p.m. in Clubhouse II. On the first week of the month, they meet on Tuesday also at 7 p.m. For information, contact Donna Copeland at (240-433-0391) or (dc@grandmathegeek.com).

Emails

The Club needs members' email addresses to keep them informed and updated. If you joined the Club and are not receiving emails, contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com). Those without email are advised to keep in touch with a member who does.

Any member can post to the Baby Boomer Google group, but the emails are moderated, as we only want emails about activities relevant to the club.

Movies

We like to watch movies – some in Clubhouse II and some in a theater nearby, preceded by dinner at Gordon Biersch in Rockville.

Friday Hikes with Dawn

Many walkers meet up at the walk site, but if you want to carpool, contact Dawn Carlisle at (301-598-7098) by Thursday evening. Always bring water to each hike.

Jan. 27 – Matthew Henson Trail (3421 Georgia Ave., Silver Spring). Meet at the semi-circle of benches near the display map at 1:15 p.m. Go south on Georgia Avenue to Hewitt Avenue; at the light turn left onto Hewitt Avenue. Turn right into the Global/Korean Mission Church (13421 Georgia Ave.) parking lot and park in the back.

Feb. 3 – Rock Creek Trail (5014 Baltic Ave., Rockville). Meet in the lower circular parking lot. Go west on Aspen Hill Road to Baltic Avenue. Turn right onto Baltic Avenue. Travel a short distance and then turn right into the parking area.

Sunday Morning Walks

Sundays at 8:30 a.m., Boomers get together for a walk around Leisure World Boulevard, about three miles. From time to time, the group goes to breakfast afterwards.

Meet up at the intersection of Kelmscot Drive, Arden Court

and Leisure World Boulevard. Occasionally, the group goes outside Leisure World to another location.

Weeknight Walks

A small group of Baby Boomers like to walk in the evenings – from Monday to Friday – meeting in the lobby of Clubhouse I at 5:15 p.m. during the darker evenings of the year.

There's no announcement in the lobby, so ask around: Are you the Baby Boomers?

The walk is about a mile long around the Broadwalk in Montgomery Mutual.

Volkssport Walks

Some Baby Boomers also participate in the local American Volkssport Association, or AVA, clubs that hold longer walks, usually three miles. Check the Baby Boomer calendar for un-hosted events, where some of the AVA walks are listed.

Visit the BBCLWMD site, click on calendar Un-hosted and sign in to keep up with walks. Click on Recent Activity at the bottom of the page. Then click on Subscribe to updates. You will receive emails when it is updated.

What Siri Can Do For You

by Brent Malcolm

Siri, a computer program that works as a personal assistant, can do a multitude of things. Here is a look at some of the not-so-ordinary functions that Siri can do that users might have overlooked.

1. Make calculations: Say, "What's 85 plus 24.5 plus 39?"
2. Convert measurements and currencies: Say, "How many Euros in \$500," or "What is 100 kilometers per hour in miles per hour?"
3. Make decisions easier: Say, "Flip a coin" or "Roll the dice" or "Pick a number." The latter defaults to the range of 1-100, but users can specify any range.



4. Find movies playing: Say, "What movies are playing?" to get times and nearby locations.
5. Identify songs: "What song is playing?"
6. Launch applications: "Launch mail" or "Launch Safari."
7. Create and edit calendar events: "Make a lunch appointment with Jon for 2 p.m. on Thursday" or "Change my Thursday lunch to 1:30 p.m."
8. Create reminders: "Remind me to wash the car when I get home."
9. Play a specific song: "Play Beethoven's 5th Symphony."
10. Send text messages: "Send message to Steve that I'll be late." Users can add punctuation by saying, "comma,"

- "period," etc.
11. Make calls: "Call my wife" or "Call Fred." Users can also make FaceTime calls: "FaceTime Joe."
12. Make speakerphone calls: "Call Sam using speakerphone."
13. Search for photos: To find photos of a particular place or time, "Show me photos from Rehoboth Beach last September."
14. Make restaurant reservations: "Make a dinner reservation for four at 7 p.m." Siri will show a list of restaurants, and users select one. If a user has the OpenTable app installed, then Siri will make the reservation.
15. Find sports information: "Who do the Redskins play next?"
16. Check stock prices: "What is the price of Apple stock?"
17. Find the owner of a lost iPhone or iPad: If the user of the device allows Siri from the lock screen, say, "Who does this iPhone belong to?" The owner's contact information is displayed.
18. Set an alarm or timer: "Wake me tomorrow at 6:30 a.m." or, "Set the timer for 30 minutes."
19. Turn on or turn off Bluetooth and Wi-Fi.
20. Adjust screen brightness: "Make the screen brighter." Siri will do your bidding and also show a slider to make more adjustments.
21. Use Wolfram Alpha, a fact-filled website: "What planes are overhead?" or, "How many calories are in an apple?"

Club News

The next scheduled meeting is on Tuesday, Jan. 24, when we welcome back Aaron Davis from Apple. Davis's last visit ran well over the allotted time and left many members unable to ask questions. So he's back for an encore visit devoted mainly to questions. See you at 10 a.m. in Clubhouse II. For further information, please visit our website at (<http://mac.computerctr.org>).

Today's Tip: Quick Camera Access

Before iOS 10, if a user wanted to take a photo, he or she had to get past the lock screen by either using a finger or thumb to enter the access code – a real pain if a user wants to take a picture in a hurry, but not anymore. iOS 10 allows users to just tap the home button to wake the phone and swipe to the left, and the camera appears.

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Chapter Discusses Election's Potential Impact

by Joe Cook

The chapter's next meeting is President's Day, Monday, Feb. 20 at 2 p.m. in Clubhouse I. Informal discussions and snacks begin at 1:30 p.m. We will discuss how legislation proposed by the new administration and Congress may impact federal employees and retirees.

At the Jan. 19 meeting, representatives from the Senior Connection and from the Mid Atlantic Reserve spoke to chapter members. They provided examples of how residents can assist others, and discussed services available.

Legislative Training Conference

Chapter representatives are attending the 2017 NARFE Legislative Training Conference. If you are a member or would like to be a member and have experience with the legislative process, lobbying Congress, or grassroots organizing, please contact us to consider participating in this forum. Participants learn more about NARFE's legislative priorities and how to take action.

The conference is Sunday through Wednesday, March 12-15, in Alexandria,

Virginia, at the Hilton Mark Center. It includes training, national speakers and the opportunity to network with fellow NARFE grassroots activists. The conference culminates in a visit to Capitol Hill and includes meetings with legislators.



Holman Rule

The House of Representatives recently reinstated the Holman Rule, which had not been used since the 1980s. Under the Holman Rule, an amendment may be offered during floor debate on an appropriations bill to do any of the following: reduce the number of employees at a federal agency; reduce the salaries

of those employees, or one particular employee; or eliminate one particular federal position.

The reinstatement of this rule could have major consequences for the executive branch. Our Chapter's executive board discussed the potential politicization and threats to the federal workforce and the erosion of due process in personnel decisions that could adversely impact federal programs.

The National and local chapters are closely monitoring any potential use and impact of this rule.

General Information

For any questions, suggestions or offers of support, please contact a member of our executive committee:

- President John Moens at (johnjots@outlook.com) or (301-438-3237)
- Secretary-Treasurer Maureen Ross at (grantmasterone@gmail.com) or (301-943-6470)
- Vice President; Legislative Chair Joe Cook at (joec37766@gmail.com) or (202-271-0710)
- Service Officer Rich Rothstein at (whobodyelse@aol.com) or (301-598-5760)

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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West (301-598-0137).

Book Club Network: The Book Club Network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Centering Prayer: Join our group of centering prayer practitioners on Wednesdays at 3:30 p.m. (3588 Gleneagles Dr.). Centering prayer is a method of silent meditation, where you rest in God, without saying anything, just happy to be in God's presence. Our intention is to be aware of the presence of God and to welcome the action of God within us. Beginners are welcome, as are people of all faith traditions. For more information, call Eileen (301-438-0422).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney (240-833-2724) or Jane Brinser (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Jewish Discussion: Hello to all Jewish residents of Leisure World. A discussion group meets on the last Sunday of every month (except July and August) at 10:30 a.m. in Clubhouse II. Be prepared for lively discussions about Israel and other topics of Jewish interest. Please give us a try; we think you'll like us.

Knitting Corner: Join us the second and fourth Fridays of each month at Inter-Faith Chapel from 10 a.m. to noon. Our next meetings are Jan. 27 and Feb. 10. Bring your knitting and enjoy the conversations. We have patterns and yarn for your project. Yarn donations gratefully accepted. Call Joan (240-833-2724) if you have any questions.

LWLGBT Alliance: Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LWLGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, visit (www.lwlgbt.com).

Quilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough (301-642-2430). Our next meetings are Jan. 26 and Feb. 9.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey (301-598-4903).

Short Story Group: On Feb. 1, Barbara Bowers is leading a discussion of "Blood Burning Moon" by Jean Toomer. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Mason Goldman (301-598-6749).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

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For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Newseum

Mon., 2/13 9:40 am-3:00 pm\$56.00 per person
Admission to the museum and transportation included.

"Million Dollar Quartet" at Riverside Theater

Wed., 2/22 9:45 am-6:30 pm\$109.00 per person
Go down memory lane with the wonderful music of Elvis, Jerry Lee Lewis, Carl Perkins and Johnny Cash. Trip includes: transportation, served lunch and show.

Udvar Hazy Center, Chantilly, VA

Sat., 3/11 9:05 am-3:05 pm\$48.00 per person
Docent lead "Highlight" tour and transportation included.

"Jonah" at Sight & Sound Theater

Sat., 3/11, 9:45 am-8:30 pm\$152.00 per person
Trip includes: motorcoach transportation, lunch at Hershey Farms and admission to show.

Philadelphia Flower Show

Thurs., 3/17 or Fri., 3/18, 7:45 am-7:45 pm
\$84.00 per person
The theme of the show is "Holland." Lunch on own.

Coffee and Concert At the Kennedy Center

Fri., 3/17, 9:30 am-3:00 pm\$86.00 per person
Join us as Christoph Eschenbach conducts Bruckner's titantic First Symphony on a program that also features NSO Concertmaster Nurit Bar-Josef in Mozart's celebrated Third Violin Concerto. Prior to the concert, a continental breakfast buffet will be available for purchase in the KC Cafe from 10-11:15 a.m.

Dutch Apple Theatre "My Fair Lady"

Wed., 3/29, 9:30 am-6:15 pm\$110.00 per person
Trip includes: Buffet lunch, show and motorcoach transportation.

Cherry Blossom Tour

Mon., 4/3 9:55 am-3:00 pm\$75.00 per person
Stop at some memorials in Washington, D.C., while taking in the Cherry Blossoms in bloom! Lunch to follow at Carmine's included.

Odyssey Cherry Blossom Cruise

Tues. 4/4 9:15 am-3:15 pm\$105.00 per person
Enjoy a leisurely luncheon onboard the Odyssey for a cruise along the Potomac River viewing the world famous Cherry Blossoms. Transportation and lunch on the cruise included.

"Saturday Night Fever" at Riverside Theater

Wed., 4/5, 9:45 am-6:30 pm\$109.00 per person
Based on the 1977 hit movie that featured and popularized the disco music of the BeeGees – go back in time with "Stayin' Alive," "You Should be Dancing," "How Deep is Your Love" and many more great hits. Grab your bell bottoms and disco boots and join us for a dancing good time! Meal included.

Kennedy Center & Phillips Collection

Mon., 4/24, 9:30 am-3:05 pm\$59.00 per person
Start your day with a docent lead tour of the Kennedy Center. Lunch on own at the Kennedy Center before heading over to the Phillips Collection for a self-guided tour of this museum.

"NEW" Wolf Sanctuary

Tues., 4/25 7:15 am-5:15 pm\$99.00 per person
This trip is a guided tour of an amazing Wolf Sanctuary! It will be outdoors and you will meet a pack! Wear comfortable shoes. Trip includes: motorcoach transportation, admission to Sanctuary, guided tour and lunch.

Springfest in Ocean City MD

Sat. 5/6 7:45 am-9:00 pm\$60.00 per person
Think Spring! This event is held at Ocean City Inlet and it features arts and craft vendors, popular entertainment and a variety of delicious food. Transportation only.

SPOTLIGHT ON...

"New" African American History and Culture Museum

Mon. 5/8 9:15 am-3:30 pm\$35.00 per person
Join us for a day of exploring and discovering this recently opened museum. Transportation only.



MULTI-DAY TRIPS

Myrtle Beach "Spring Fling"
March 12-16 (motorcoach)

Charleston, Savannah, Jekyll Island
April 1-7 (motorcoach)

International Tattoo
April 26-28 (motorcoach)

Discover Switzerland, Austria and Bavaria
April 26-May 5

Mohegan Sun
June 12-15 (motorcoach)

Montreal & Quebec
June 18-24 (motorcoach)

Train Tracks of West Virginia
June 22-25

Alaska Adventure Cruise
July 16-28

Yellowstone, Grand Tetons & Mt. Rushmore
Aug. 3-11

Smoky Mountains
August 27-31

New Orleans
Sept 11-14 (fly-drive)

Colorado's Historic Trains
Sept. 15-23

Best of New England
Oct. 13-17

CRUISES OUT OF BALTIMORE

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Sept. 10 – 14 nights

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CASINO TRIPS

Hollywood Casino, Charleston, WV
Friday, Feb. 24, 2017 10:00 am-5:30 pm
\$38.00 per person
\$15.00 slot play offer.

Slot play and promotions come directly from the casino and subject to change.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:



Easy Walking



More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 60 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

Leisure World Club Trips

The next deadline for trip submissions is **Monday, Jan. 23**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R Office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. **E-mail** your trip information to **lwnews@lwmc.com**.

PLEASE NOTE: Member/Non-Member pricing is at the discretion of the individual clubs.

Feb. 7 NEW – Jewish Advocacy Day in Annapolis

Join the **Jewish Residents** on a trip to Annapolis to meet with state lawmakers, including our District 19 delegation, to learn about pending legislation and to advocate in support of policies on behalf of the Jewish community.

A reception hosted by the Jewish Community Relations Council of Greater Washington (JCRC), the Baltimore Jewish Council and the Federation of Howard County follows the meeting. Kosher hors d'oeuvres are served.

The only charge is \$20 for the bus, which picks up registered residents in front of Clubhouse II at 3 p.m. and returns them at about 9:30 p.m.

Contact Meredith Weisel, director of community relations at JCRC, at (301-770-0881) for more information and to register for the trip.

March 14 Delaware Park Casino

Join the **Going It Alone Club** on a trip to the Delaware Park Casino in Wilmington, Delaware. The casino gives \$30 free play to all those showing a government issued ID. The cost is \$24 for members and \$31 for non-members, and includes transportation and driver gratuity. The bus leaves Clubhouse II at 9 a.m. and returns at approximately 5 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, Feb. 25, unless a replacement is made.

For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Apr. 19-20 NEW – Dover Downs Hotel & Casino

Join **NA'AMAT** for its popular overnight stay at Dover Downs Hotel & Casino. The group leaves on Wednesday, April 19 at 10:30 a.m. from Clubhouse II and returns Thursday, April 20 at approximately 4:30 p.m.

The price is \$115 per person, double occupancy, \$165 single occupancy, and includes roundtrip transportation, beautiful hotel accommodations, breakfast buffet, and \$50 play money and a \$10 resort fee to be used anywhere in the hotel or casino.

Send check(s), payable to NA'AMAT, to Trudy Stone, (15101 Interlachen Dr. #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming. If you have special needs, please indicate when you send in your check.

Call Trudy at (301-438-0016) for more information.

May 7-11 Myrtle Beach, South Carolina

Join the **Going It Alone Club** for a 5-day, 4-night trip to Myrtle Beach, South Carolina. The trip includes 4 nights in an ocean-front hotel; 4 breakfasts and 4 dinners, including a southern-style buffet; admission to the Alabama Theater/ a visit to Broadway at the Beach; a guided tour of Charleston; a visit to Barefoot Landing and a visit to Myrtle Beach Waterfront Boardwalk and Promenade.

The cost is \$579 for members; \$586 for non-members. The single supplement is an additional \$200. Included in the cost are hotel taxes, and meal and driver gratuities.

A \$200 reservation deposit is due at sign up no later than Feb. 4 and the balance is due no later than April 1. No refunds will be made after March 4 unless a replacement is found. Trip cancellation insurance is available.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. Those who sign up for the trip will receive information on pick up time from Clubhouse II on the day of departure via a telephone call. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

June 15 NEW – MGM Casino

Join the **Going It Alone Club** on a trip to the MGM Casino. Cost is \$16 for members; \$23 for non-members, and includes transportation and driver gratuity. The bus leaves Clubhouse II at 9:30 a.m. and from the casino at 3:30 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, June 3 unless a replacement is made.

For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

July 18 "Jonah" at Sight and Sound Theatre

Join the **Going It Alone Club** to see "Jonah" at the Sight and Sound Theatre in Lancaster, Pennsylvania. This trip includes a smorgasbord lunch at the Bird-in-Hand Family Restaurant and Smorgasbord.

The cost is \$100 for members and \$107 for non-members, and includes taxes, transportation, lunch, show and all gratuities.

The bus will depart from Clubhouse II at 10 a.m. and return at approximately 8 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. For more information, call Joe Parker at (301-598-3425) or Sylvia Pachenker at (301-598-5325).

ATTENTION, TRAVELERS!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.



Artist rendering.
Projected opening date 2019/2020.

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Sports, Games & SCOREBOARDS

■ Chess Club

Robotic Chess

by Bernie Ascher

As we learned from the 2016 presidential election, some voters believe that American jobs have been lost because of trade and immigration. However, another culprit is on the rise: robots.

The word "robot" comes from a science fiction play, which premiered on Jan. 25, 1921. By 1923, the word had been translated into 30 languages. The play, written by Karel Capek, was named "R.U.R.," which stands for Rossum's Universal Robots.

According to the Oxford English Dictionary, a robot is "a machine capable of carrying out a complex series of actions automatically, especially one programmable by a computer."

Optimists believe that robots will change the manner in which work is done and will assist

humans in doing their jobs better. The production and servicing of robots will create jobs, including some that do not yet exist. They believe that more jobs will be created than lost, resulting in a net gain in human employment.

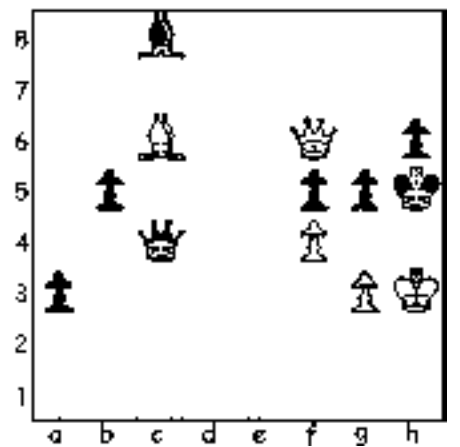
Pessimists, on the other hand, believe that just the opposite will happen. Robots can perform almost any job, and eventually those jobs will become obsolete for humans. For instance, this year 60,000 workers in China were laid off and replaced by robots at the Foxconn factory, which manufactures and assembles cell phones and similar products for Apple, Samsung and other brands.

Many jobs are vulnerable to replacement by robots. In the medical field, robots already are assisting doctors in performing surgery. In the automobile industry, robots paint cars and

install windshields and other parts. Moreover, cars and trucks can now drive themselves through robotic engineering. In hospitals, robots deliver trays of food and drugs, clean linens and cart away trash. In pharmacies, robots dispense drugs and medicines.

Amazon employs 30,000 robots in its distribution centers around the world and produces its own robots, having acquired Kiva Robotics in 2012 for \$775 million.

In Nagasaki, Japan, with a staff of only 10 humans, Henn-na Hotel is run almost entirely by robots, some speaking five languages. Yotel in New York City uses robots to handle luggage. In Cupertino, California, Starwood's Aloft Hotel introduced robotic butlers, responsible for delivering amenities to guest rooms, navigating hallways and using elevators without human assistance. Robot bartenders mix and serve



drinks on some Royal Caribbean cruise ships. Eventually, they may take away all jobs from humans, except repairing and servicing robots, at least, until we develop a robot that can do that.

Robots are not new to chess enthusiasts, who already play chess against computers. In 1996, a chess-playing computer named "Deep Blue," developed by IBM, won a six-game match against reigning world champion Garry Kasparov.

Chess is not played by robots or computers in Leisure World, only by humans, as illustrated by the diagram on this page. In this game, Black is ahead in Pawns and has just moved the Queen to c4 to cover the f7 square, thus preventing White's Queen from moving to that square to check-mate the Black King. It is White's turn to move. What is White's best move?

While you are examining the possibilities, please be reminded that if you are looking for a stimulating game of chess, just drop by Clubhouse II on Monday, Wednesday or Friday between 1-4 p.m. Membership is free and open to all. For more information, call Club president Bernie Ascher at (301-598-8577).

ANSWER: White can move the Bishop from c6 to e8, checking the King. Black can interpose the Queen, which then can be captured by White's Queen or Bishop, resulting in checkmate!

So, do not wait for a robot to take your job. Do not wait for a robot to mix your drinks. Do not wait to converse with a robot in five languages. Play chess now!



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■ Wednesday Night Chicago Bridge

Compiled by Doug Brasse

Dec. 28, 2016

First – Anna Pappas, Bob Brasse
Bridgeman
Second – Abigail Murton, Doug Montanaro

Dec. 21, 2016

First – Marsha Elbrand, Monroe
Elbrand
Second – Joyce Riseberg, Dick
Riseberg
Third – Betti Goodman, Helen
Montanaro
Fourth – Anna Pappas, Bob
Bridgeman

Dec. 14, 2016

First – Abigail Murton, Doug
Brasse
Second – Sylvia Foreman,
Virginia Pace
Third – Ginny Wilson, Lois Flack
Fourth – Deanna Owens & Pat
Villareale

Dec. 7, 2016

First – Sylvia Forman, Lenore
Kuptzin
Second – Ann Boland, Joe Boland
Villareale
Third – Anna Pappas, Bob
Bridgeman
Fourth – Deanna Owens & Pat
Villareale

Oct. 30, 2016

First – Abigail Murton, Doug
Brasse
Second – Bruce McKay, Jack
Looney
Third – Helen Montanaro, Betti
Goodman
Fourth – Anna Pappas, Bob
Bridgeman

■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Jan. 5, 2017

First – Delores Shapiro, 3770
Second – Bernice Star, 3,650
Third – Pat Patton, 3,550

■ Friday Bridge

Compiled by Jackie Harrell

Dec. 9, 2016

First – Shirley Rosenhaft, 3,610
Second – Betti Goodman, 3,310
Third – Marc Levin, 3,210
Fourth – Mort Faber, 3,020

Dec. 16, 2016

No game played.

Dec. 23, 2016

First – Marc Levin, 3,140
Second – Hymie Rosenberg,
2,460
Third – Mort Faber, 2,360
Fourth – Len Bosin, 2,320

Dec. 30, 2016

First – Jerry Weiss, 2,830
Second – Irwin Bauman, 2,370
Third – Hymie Rosenberg, 2,360
Fourth – Helene Kurtzman,
2,260

■ Tuesday & Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

Tuesday, Dec. 20, 2016

North-South

Flight A

1. Jerry Miller - Gerald Lerner
2. Aaron Navarro - Marlys Moholt
3. Rosemarie Suitor - Thomas Leahy
4. Lorraine Hegel - Robert Kerr

East-West

Flight A

1. Nathan Tash - Howard Tash
2. Ephraim Salins - Bernice Felix
3. Doris Perschau - Mildred Lieder
4. Joe Boland - Howard Brewer

Flight B

1. Rosemarie Suitor - Thomas Leahy

Flight B

1. Ephraim Salins - Bernice Felix
2. Jim Anschutz - Shirley Light

Friday, Dec. 30, 2016

North-South

1. Joann Quinn - Betty Brawley
2. Angie Riani - Susan Weiss
3. Diane Keiper - Nadyne Cheary

East-West

1. Temma Kanowith - Bob Kerr
2. Jim Cowie - Steve Billstein
3. Saul Penn - Ephraim Salins

Tuesday, Jan. 3, 2017

North-South

Flight A

1. Ephraim Salins - Lewis Gold
2. Lorraine Hegel - Robert Kerr
3. Aaron Navarro - Gerald Lerner
4. Diane Keiper - Nadyne Cheary

East-West

Flight A

1. Mildred Lieder - Shirley Light
2. Howard Tash - Robin Tash
3. Doug Brasse - Merrill Stern
4. Saul Penn - Stephan Billstein

Flight B

1. Alan Ferraro - Liz Ferraro
2. Rosemarie Suitor - Thomas Leahy

Flight B

1. Doug Brasse - Merrill Stern

Friday, Jan. 6, 2017

North-South

1. Lewis Gold - Saul Penn
2. Aaron Navarro - Judith Perrier
3. Betti Goodman - Helen
Montanaro
4. Howard Brewer - Ephraim Salins

East-West

1. Allen Lord - Shirley Light
2. Jim Cowie - Steve Billstein
3. Joe Boland - Monroe Elbrand
4. Sue Swift - Lori Hegel



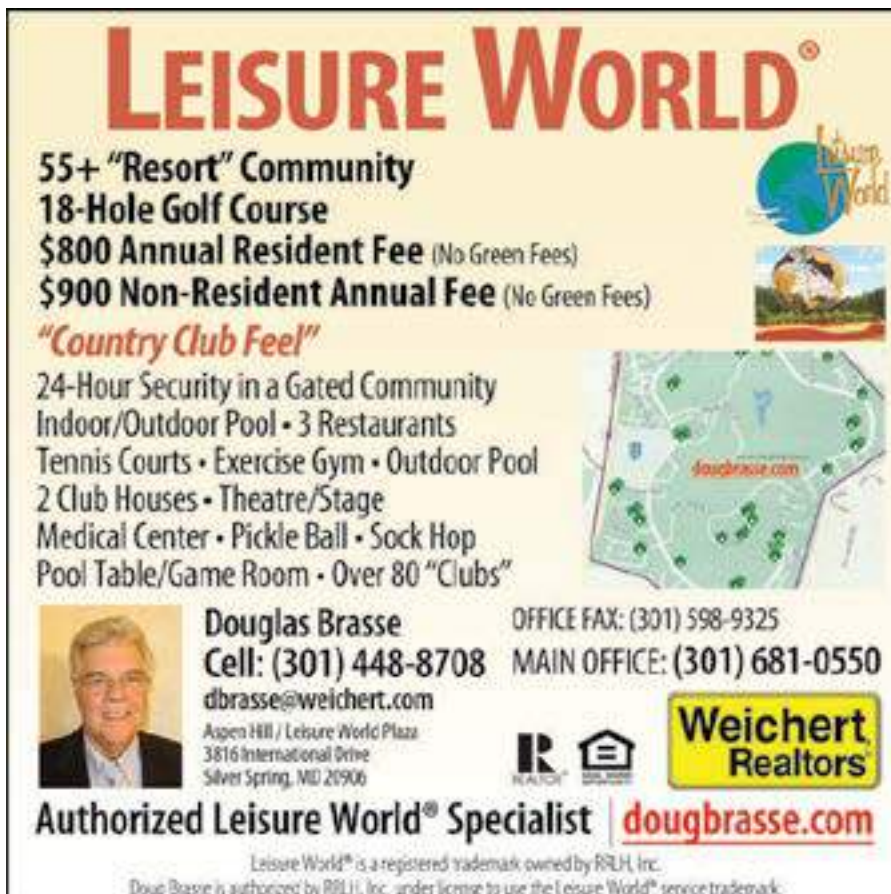
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C.A.S.H. Flows to Top

by Rita Mastrorocco

As winter approaches the following bad weather rule is in effect: If Montgomery County schools are either closed or on a two-hour delay based on snow or icy conditions, the league does not bowl.

The league is based on handicaps with averages for the bowlers ranging from 82 to 185. If you have not bowled in years, come out and join the fun.

The top League standings as of Jan. 7 are: C.A.S.H. in first place, Huggers in second place, and Wild Things in third place.

Top scores for the week of Dec. 23 are:

- Scratch Game – C.A.S.H., 662 pins
- Scratch Series – C.A.S.H., 1793 pins

- Handicap Game – C.A.S.H., 937 pins
- Handicap Series – Winners, 2625 pins
- High Average Men – Steve Mueller, 183 pins
- Scratch Game Men – George Izumi, 214 pins
- Scratch Series Men – Steve Mueller, 591 pins
- Handicap Game Men – Don Manouelian, 268 pins
- Handicap Series Men – George Izumi, 712 pins
- High Average Women – Chris Porter, 174 pins
- Scratch Game Women – Chris Porter, 232 pins
- Scratch Series Women – Chris Porter, 602 pins
- Handicap Game Women – Chris Porter, 275 pins
- Handicap Series Women –

Chris Porter, 735 pins

Top scores for the week of Jan. 6 are:

- Scratch Game – C.A.S.H., 643 pins
- Scratch Series – Wild Things, 1832 pins
- Handicap Game – Sliders, 931 pins
- Handicap Series – Sliders, 2710 pins
- High Average Men – Steve Klopfer, 185 pins
- Scratch Game Men – Steve Klopfer, 221 pins
- Scratch Series Men – Steve Klopfer, 655 pins
- Handicap Game Men – Bill Barrett Jr., 269 pins
- Handicap Series Men – Steve Klopfer, 760 pins
- High Average Women –

Chris Porter, 173 pins

Scratch Game Women – Chris Porter, 184 pins

Scratch Series Women – Chris Porter, 484 pins

Handicap Game Women – Harriet Strum, 239 pins

Handicap Series Women – Harriet Strum, 679 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America at 1101 Clopper Rd. in Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls, and unlimited cups of coffee is only \$10. If you are interested, please call Rita at (301-814-9196).

Sports, Games & Scoreboards In Brief

Bridge:

- **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne (301-598-5677).
- **The Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug (301-448-8708).
- **Men’s Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.
- **Thursday Ladies Bridge** welcomes more card players. If interested, call Trixie Lopes (301-598-1945).
- **Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George (301-598-9747) or Bill (301-598-7270). We look forward to seeing you.
- **Mah Jongg:** Want to learn how to play Mah Jongg? Call (301-598-3438).
- **Pinochle Players:** If you enjoy pinochle, join us at Clubhouse II on Monday evenings, 6:30-8:30 p.m. Call us (301-775-7238) or (301-598-7064).
- **Poker:**
 - A few poker game openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Al (301-598-7133).
 - **Men’s Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
 - **Poker players wanted** for all variations of poker, with or without wild cards. Come by Clubhouse II Tuesdays and Thursdays

- at 7:15 p.m. and play until 10 p.m. Spend an enjoyable night with a bunch of good people. Call Andy (240-558-4787).
- **Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free, at your leisure, to work on it.
- **Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne (301-438-7442) if you are interested in playing.
- **Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White (301-438-7892) or Flora Wolf (301-598-5807) to join as a substitute or regular bowler.
- **Fitness and Exercise Club** (supporting all Leisure World physical activities): Membership is open to any resident interested in attending an existing activity or in creating a new activity. No membership fees. For more information on club activities or to join, email us (LWMDfitness@gmail.com).
- **Indoor Pool Volleyball:** Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don’t have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.
- **Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Bert Fang, club president (301-871-1694).

The Karen Rollings Team



Karen Rollings



Kathy Workman



Sherry Felice

301-924-8200

www.TheKarenRollingsTeam.com



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15400 BASSETT LN #46-2B	LEISURE WORLD	Garden 1-4 Floors	2	2	\$125,000	\$125,000	\$5,000
3386 CHISWICK CT #50-2C	MONTGOMERY MUTUAL	Garden 1-4 Floors	2	1.5	\$99,000	\$97,000	\$0
3640 GLENEAGLES DR #10-3A	MONTGOMERY MUTUAL	Garden 1-4 Floors	1	1	\$65,000	\$65,000	\$0
3650 GLENEAGLES DR #11-2A	MONTGOMERY MUTUAL	Garden 1-4 Floors	1	1	\$89,900	\$85,000	\$0
3100 LEISURE WORLD BLVD #121	OVERLOOK	Hi-Rise 9+ Floors	3	2.5	\$520,000	\$490,000	\$0
14642 KELMSCOT DR #238-B	ROSSMOOR MUTUAL #10	Patio Home	3	2	\$289,000	\$285,000	\$0
3313 DENSMORE CT #201-B	ROSSMOOR MUTUAL #10	Patio Home	3	2	\$240,000	\$241,000	\$0
3115 BECKENHAM CT #254-D	ROSSMOOR MUTUAL #11	Duplex	3	2	\$188,000	\$165,000	\$0
15022 WESTHOLM CT #269-A	ROSSMOOR MUTUAL #12	Patio Home	3	2	\$194,000	\$190,000	\$0
15111 GLADE DR #3G	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	3	2	\$210,000	\$210,000	\$10,000
15141 VANTAGE HILL RD #8-C	ROSSMOOR MUTUAL #14	Patio Home	3	2	\$418,000	\$405,000	\$400
15421 BASSETT LN #23-B	ROSSMOOR MUTUAL #15	Patio Home	2	2	\$370,000	\$370,000	\$0
15201 ELKRIDGE WAY #93-3J	ROSSMOOR MUTUAL #19B	Garden 1-4 Floors	2	2	\$149,900	\$148,000	\$3,100
2921 LEISURE WORLD BLVD N #1-106	ROSSMOOR MUTUAL #22	Mid-Rise 5-8 Floors	2	1.5	\$119,900	\$119,900	\$1,850
15100 INTERLACHEN DR #4-810	THE GREEN	Hi-Rise 9+ Floors	2	2	\$179,000	\$179,000	\$400
3005 LEISURE WORLD BLVD S #603	TURNBERRY COURTS	Mid-Rise 5-8 Floors	2	2	\$269,000	\$240,000	\$0
3200 LEISURE WORLD BLVD #717	VANTAGE POINT EAST	Hi-Rise 9+ Floors	3	2	\$385,000	\$376,000	\$0
14809 PENNFIELD CIR #406	VILLA CORTESE	Garden 1-4 Floors	2	2	\$299,900	\$292,000	\$8,760



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Scott Keenum

- ✓ Resident of Leisure World & represented Leisure World at the Maryland Senior Olympics winning a Silver Medal in Pickleball
- ✓ U.S. Army Veteran
- ✓ 30 Years of Experience in the Mortgage Industry



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Classes & SEMINARS

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions. *****

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

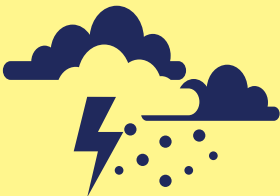
NEW – 2017 Great Decisions, a CLL course: E&R and the Center for Lifetime Learning (CLL) present the 2017 Foreign Policy Association’s (FPA) Great Decisions series. This year’s discussion topics include the future of Europe; trade and politics; conflict in the South China Sea; Saudi Arabia in transition; U.S. foreign policy

and petroleum; Latin America’s political pendulum; prospects for Afghanistan and Pakistan, and nuclear security. We identify significant drivers of these issues and the impact they have on the U.S.’ ability to identify and influence a desired course of events. The class may discuss additional timely topics, and participants share their experiences and knowledge.

The course uses an FPA text

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes are automatically cancelled. If school openings are delayed, classes are held at the discretion of the instructor.



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and DVD featuring foreign policy experts from academia and the public sector as the basis for in-depth course discussions.

The class leader is David Frager, chairman of the LWCC board of directors and discussion leader of the Great Decisions since 2010.

Class meets Thursday, March 9 through Thursday, April 27, from 2-3:30 p.m. **Fee (includes one book): \$50 single; \$75 couple, if sharing one book. Register at Clubhouse I.**

NEW – Sharing Stories, our responses to selected short tales and poems, a

CLL course: Instructor John Clarke provides selected short tales, poems and excerpts for course participants to hear and read, then time for participants to contemplate the story, with optional writing. The class shares their responses to tales of memory, family, happiness self-reflection and others over the course of six sessions.

Participants’ questions or suggestions about any aspect of the course are always welcome.

Clarke has led groups at the Library of Congress and many other venues, with participants of various ages and walks of life, who share their own responses to stories and poems they read and hear in the session and relate them to their own stories.

Class meets Tuesdays, Feb. 28-April 4, 10-11 a.m. **Fee: \$20. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL), visit (www.clldmd.com).

HEALTH AND NUTRITION

NEW – Food for Life – Kickstart Nutrition and Cooking Program: Sponsored by the Vegetarian Society of Leisure World (VSLW), this is a series of classes that focus on lowering cholesterol, improving diabetes control, lowering bold pressure, and warding off chronic disease, as well as making improvements to energy and mood.

The curriculum is based on

the Physicians Committee for Responsible Medicines (PCRM) successful 21-day plant-based Kickstart program. Discover which foods are optimal for improved health and weight management, and learn practical cooking skills to help you on your journey to better health.

In the classes, you will enjoy a cooking demonstration and taste healthful dishes in a supportive group setting. You will also receive individualized attention in finding solutions that match your needs.

Instructor Brian Bergman has taught numerous classes in the DC/MD area. He is certified in plant-based nutrition from Cornell University and is a nutrition concierge. He is associated with Dr. Neal Barnard’s group, PCRM. For more information, contact Brian at (brian@ahelpingofhealthydc.com) or (301-540-0404).

Class meets Tuesdays, March 7-April 4, from 11 a.m.-1 p.m. **Fee (includes lunch): \$95 per person. Register at Clubhouse I.**

NEW – Make a Change for Life – Prevent or Delay Type 2 Diabetes: Are you

interested in healthy eating and weight loss? Do you have prediabetes, high blood pressure, high cholesterol or a family history of diabetes? Are you overweight? If so, you might be at risk for diabetes, but that risk can be reversed.

Join an evidence-based year-long CDC-recognized diabetes prevention lifestyle change program to help prevent or delay type 2 diabetes. The program can also lower your risk of having a heart attack or stroke, improve your health overall, and help you feel more energetic.

The class is lead by Certified Holistic Health Coach Jen Weil and meets for a full year: weekly for four months, bi-monthly for two months, and then monthly after that. See the CDC website at (<https://llwww.cdc.gov/diabetes/preventionindex.html>) for more information about this National Diabetes Prevention Program.

Class meets selected Wednes-

days, Feb. 22, 2017-Feb. 21, 2018. **Fee: \$60. Register at: Clubhouse I.**

EXERCISE

NEW – Tap with Gerry, Evening: Did you always wish you could tap dance? Now you can! Join Gerry as you “Tap Your Troubles Away” and “Shuffle off to Buffalo.” A fun way to exercise. The first half of the class is devoted to beginners where they learn basic steps of tap. The second half of class is devoted to dancers who already have a knowledge of tap. This is a way for the “performers” to add “tap” to their resume.

For more information, call Gerry (301-438-7452).

Class meets Thursdays, Feb. 23-March 30, 5:30 p.m. **Fee: \$45. Register at Clubhouse II.**

NEW – Move to the Beat, evenings: Do you hate to exercise? If you do, this is the class for you. For 45 minutes, we move by stretching, walking and dancing to various music (singing along is allowed). You don't have to remember

anything; just follow at your own pace. You must keep moving. Doctors tell us we must keep moving for our health. Let's do it together as we “Move to the Beat.” For more information, call Gerry (301-438-7452).

Class meets Tuesdays, Feb. 28-April 4, 6:15-7 p.m. **Fee: \$39. Register at: Clubhouse II.**

NEW – Argentine Tango for Tango Lovers: This class will teach the fundamentals of Argentine tango. It is for beginners, but is also for those who want to improve their basic elements of the dance. Topics include the embrace, communication, walking with style, and musicality. No partner is required. Dancing or leather-soled shoes are preferred.

The instructor, Julia Elena, is director of Caminito Amigo, an Argentine tango community.

Class meets Mondays, March 20-April 24, 3-4 p.m. **Fee: \$50. Register: Clubhouse I.**

Zumba Gold with Denny – Mondays or Fridays: This program was designed for the older active adult, a person who

has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Feb. 6-March 20 (no class Feb. 20), 10:30 a.m. or Fridays, Feb. 3-March 17 (no class Feb. 17), 1 p.m. **Fee: \$37.50 for one day; \$71 for two days. Register: Clubhouse II.**

Line Dance with Wendy: This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, Jan. 30-March 6, at 2-3 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based

on your experience. **Fee: \$24 per session. Register at Clubhouse II.**

Chair Yoga (with a touch of Chair Tai Chi), Wednesdays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, Jan. 25-March 29 (no class Feb. 15 or 22), 2-3 p.m. **Fee: \$100. Register at: Clubhouse II.**



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Calendar of EVENTS

Friday, January 20

Clubhouse I

10:00 a.m. Book Club Network
12:15 p.m. Kiwanis Club
1:30 p.m. Watercolors Any Level
3:00 p.m. Hispanos de LW
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge Club

Saturday, January 21

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
7:00 p.m. LW Lions Club

Clubhouse II

9:15 a.m. JRLW Service
12:00 p.m. LGBT Group
1:00 p.m. Camera Club PSA
2:00 p.m. Going It Alone: Video

Sunday, January 22

Clubhouse I

10:00 a.m. Hadassah Brunch
2:00 p.m. Italian Club Meeting

Clubhouse II

10:30 a.m. Jewish Discussion Group
3:00 p.m. Not 2 Cool Jazz Trio

Monday, January 23

Clubhouse I

9:15 a.m. Stretch & Tone Class
9:30 a.m. Art Class/Any Medium
10:15 a.m. Beginner Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
2:00 p.m. Book Club Network
3:00 p.m. Argentine Tango Class
7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class
12:30 p.m. Men's Bridge Group
1:00 p.m. Chess Club
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class

Tuesday, January 24

Clubhouse I

9:30 a.m. Art Class, Any Medium
1:00 p.m. Watercolor Techniques Class
2:00 p.m. Book Club Network
2:00 p.m. CLL General Meeting
5:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginning/Advanced Tai Class
10:00 a.m. LW Apple Club
11:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. Comedy & Humor
2:30 p.m. UU Group
6:15 p.m. Move to the Beat Class

Wednesday, January 25

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Express Yourself Art Class
1:00 p.m. Oils & Acrylics Class
2:00 p.m. LW Green Group
6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class

1:00 p.m. Chess Club
1:00 p.m. Aqua Fit Class
1:00 p.m. Ping Pong Club
2:00 p.m. Chair Yoga Class
5:30 p.m. Zumba Gold Class

Thursday, January 26

Clubhouse I

9:15 a.m. Stretch & Tone Class
10:00 a.m. Painting for Everyone
10:30 a.m. Beginner Stretch & Tone Class
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
3:00 p.m. Edmonson Society Annual Meeting

Clubhouse II

9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner/Advanced Tai Chi
9:30 a.m. Quilters Group
10:00 a.m. Water Exercise Class
12:30 p.m. Men's Bridge
1:00 p.m. Non-impact Fusion Water Class
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, January 27

Clubhouse I

10:00 a.m. Basic Drawing Class
1:30 p.m. Watercolors Any Level Class
3:00 p.m. Hispanos de LW
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
10:00 a.m. Chinese Club of LW
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge Club

Saturday, January 28

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
7:30 p.m. LW Ballroom Dance
Clubhouse II
9:15 a.m. JRLW Service
2:00 p.m. Going It Alone: Video, Bingo
4:00 p.m. The Musical Plumer Family

Sunday, January 29

Clubhouse I

Have a Happy Day

Clubhouse II

2:00 p.m. Movie: "Southside with You"

Monday, January 30

Clubhouse I

9:30 a.m. Stretch & Tone Class
9:30 a.m. Art Class, Any Medium
10:30 a.m. Beginners Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
3:00 p.m. Argentine Tango Class
7:00 p.m. Bingo

Clubhouse II

10:30 a.m. Zumba Gold Class
12:30 p.m. Men's Bridge
1:00 p.m. Chess Club
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Class

Tuesday, January 31

Clubhouse I

9:30 a.m. Art Class, Any Medium
1:00 p.m. Watercolor Techniques Class

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Meetings of the Lwcc Board of Directors, Executive Committee and Advisory Committees

Emergency Preparedness

Feb. 2, 1:30 p.m., Clubhouse I

LWCC Board of Directors

Jan. 31, 9:30 a.m., Clubhouse I

The meeting will air on Feb. 6, 8 and 10 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

Jan. 20, 9:00 a.m., Sullivan Room

The meeting will air on Jan. 25, 26 and 27 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change.

Leisure World Mutual Meetings

January 23

Mutual 23 Board

10:00 a.m., Party Room

Mutual 9 Board

10:00 a.m., Sullivan Room

January 25

Mutual 20B Board

9:00 a.m., Community Room 3

Mutual 19B Board

1:00 p.m., Sullivan Room

January 26

Mutual 10 Board

9:30 a.m., Sullivan Room

Mutual 20A Board

9:30 a.m., Bldg. 1, Party Room

Mutual 27 Board

10:00 a.m., Community Room

Mutual 26 Board

10:30 a.m., Party Room

Mutual 24 Board

1:30 p.m., Community Room

January 27

Mutual 17B Board

10:00 a.m., Party Room

January 31

Mutual 21 Board

2:30 p.m., Community Room

Feburary 1

Mutual 8 Board

9:30 a.m., Clubhouse I

Meeting times and locations subject to change.

Thursday, February 2

Clubhouse I

9:15 a.m. Stretch & Tone Class
10:00 a.m. Painting for Everyone
10:30 a.m. Beginner Stretch & Tone Class
10:30 a.m. Essential Tremor Group
11:00 a.m. Writers Workshop
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
3:00 p.m. Stamp Club Meeting
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner/Advanced Tai Chi
10:00 a.m. Stitchers Group
11:00 a.m. Water Exercise Class
12:30 p.m. Men's Bridge Group
1:00 p.m. Non-impact Fusion Water Class
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, February 3

Clubhouse I

10:00 a.m. Basic Drawing Class
12:15 p.m. Kiwanis Club Meeting
1:30 p.m. Watercolors Any Level Class
3:00 p.m. Hispanos de LW
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club

Saturday, February 4
Clubhouse I
 9:00 a.m. Gentle Yoga Class
 10:00 a.m. ANG Meeting
 10:00 a.m. Open Art Studio
Clubhouse II
 9:15 a.m. JRLW Religious Service
 2:00 p.m. Going It Alone: Video, Bingo

Sunday, February 5
Clubhouse I
 Have a Happy Day
Clubhouse II
 2:30 p.m. Fireside Forum
 7:00 p.m. Baby Boomer Club: Super Bowl Party

Monday, February 6
Clubhouse I
 9:15 a.m. Stretch & Tone Class
 9:30 a.m. Art Class, Any Medium
 10:30 a.m. Beginners Stretch & Tone Class
 1:00 p.m. Paintbrush & Knife Class
 1:30 p.m. LW Chorale
 2:00 p.m. Book Club Network
 3:00 p.m. Argentine Tango Class
 7:00 p.m. Bingo
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 10:00 a.m. Clipper Workshop
 10:30 a.m. Zumba Gold Class
 12:30 p.m. Men's Bridge
 1:00 p.m. Chess Club
 2:00 p.m. Line Dance Class
 2:00 p.m. Chair Yoga Class
 3:00 p.m. Line Dance Class

4:00 p.m. Ba Duan Exercise Class

Tuesday, February 7
Clubhouse I
 9:00 a.m. Blood Pressure Testing
 9:30 a.m. Art Class, Any Medium
 1:00 p.m. Watercolor Techniques Class
 5:00 p.m. Trivia Group
 7:00 p.m. Duplicate Bridge
Clubhouse II
 9:30 a.m. Beginner/Advanced Tai Chi
 11:00 a.m. Mild Exercise Class
 10:00 a.m. Water Exercise Class
 12:30 p.m. Scrabble Group
 1:00 p.m. Non-impact Fusion Water Class
 1:30 p.m. Comedy & Humor
 6:15 p.m. Move to the Beat Class

Wednesday, February 8
Clubhouse I
 9:00 a.m. Income Tax Service
 10:00 a.m. Express Yourself Art Class
 1:00 p.m. Low Vision Group
 1:00 p.m. Oils & Acrylics Class
 1:30 p.m. Patients Rights Group
 2:00 p.m. LW Green Group
 6:45 p.m. Chicago Bridge
Clubhouse II
 11:00 a.m. Mild Exercise Class
 10:00 a.m. Water Exercise Class
 1:00 p.m. Chess Club
 1:00 p.m. Ping Pong Club
 1:00 p.m. Aqua Fit Class
 1:30 p.m. Stroke Support Group
 2:00 p.m. Chair Yoga Class
 5:30 p.m. Zumba Gold Class

Thursday, February 9
Clubhouse I
 9:15 a.m. Stretch & Tone Class
 10:00 a.m. Painting for Everyone
 10:30 a.m. Beginner Stretch & Tone Class
 12:30 p.m. Ladies Bridge
 1:00 p.m. Oils & Acrylics Class
 7:00 p.m. LW Democratic Club
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 9:30 a.m. Beginner/Advanced Tai Chi
 9:30 a.m. Quilters Group
 10:00 a.m. MVA on Wheels
 11:00 a.m. Water Exercise Class
 12:30 p.m. Men's Bridge Group
 1:00 p.m. Non-impact Fusion Water Class
 2:00 p.m. Mind-Body Exercise Club
 4:00 p.m. Model Train Group
 5:30 p.m. Tap with Gerry Class

Friday, February 10
Clubhouse I
 10:00 a.m. Basic Drawing Class
 1:30 p.m. Watercolors Any Level
 3:00 p.m. Hispanos de LW
 6:00 p.m. Café AIM
 7:00 p.m. Friday Duplicate Bridge
Clubhouse II
 10:00 a.m. Chinese Club of LW
 1:00 p.m. Ping Pong Club
 1:00 p.m. Chess Club
 1:00 p.m. Zumba Gold Class
 1:00 p.m. Friday Bridge Club

Saturday, February 11
Clubhouse I
 10:00 a.m. Open Art Studio
 7:00 p.m. Lions Club Cabaret
Clubhouse II
 9:15 a.m. Shabbat Services
 2:00 p.m. Going It Alone: Video, Bingo
 5:30 p.m. Baby Boomer Club: Potluck Dinner

Sunday, February 12
Clubhouse I
 Have a Happy Day
Clubhouse II
 7:00 p.m. Jerry Allen Program

Monday, February 13
Clubhouse I
 9:00 a.m. Stretch & Tone Class
 10:30 a.m. Garden & Environmental Club
 10:30 a.m. Beginner Stretch & Tone Class

1:30 p.m. LW Chorale
 3:00 p.m. Argentine Tango Class
 7:00 p.m. Bingo
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 10:30 a.m. Zumba Gold Class
 12:30 p.m. Men's Bridge
 1:00 p.m. Chess Club
 2:00 p.m. Line Dance Class
 3:00 p.m. Line Dance Class
 4:00 p.m. Ba Duan Class

Tuesday, February 14
Clubhouse I
 1:00 p.m. Amateur Radio Club
 2:00 p.m. Book Club Network
 5:00 p.m. Trivia Group
 7:00 p.m. Duplicate Bridge
Clubhouse II
 9:30 a.m. Beginner/Advanced Tai Chi
 11:00 a.m. Water Exercise Class
 11:00 a.m. Mild Exercise Class
 12:30 p.m. Scrabble Group
 1:00 p.m. Non-Impact Fusion Water Class
 1:30 p.m. Comedy & Humor Club
 3:00 p.m. Parkinson's Support Group
 6:15 p.m. Move to the Beat Class
 7:00 p.m. Camera Club Meeting

Wednesday, February 15
Clubhouse I
 9:30 a.m. Income Tax Service
 10:15 a.m. League of Women Voters
 11:00 a.m. Short Story Group
 11:30 a.m. Hadassah Group
 2:00 p.m. Woman's Club Tea
 6:45 p.m. Chicago Bridge
Clubhouse II
 11:00 a.m. Mild Exercise Class
 1:00 p.m. Chess Club
 1:00 p.m. Aqua Fit Class
 1:00 p.m. Ping Pong Club
 5:30 p.m. Zumba Gold Class

Thursday, February 16
Clubhouse I
 9:15 a.m. Stretch & Tone Class
 10:30 a.m. Beginner Stretch & Tone Class
 11:00 a.m. Writers Workshop
 12:30 p.m. Ladies Bridge
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 9:30 a.m. Beginner/Advanced Tai Chi
 10:00 a.m. Stitchers Group
 11:00 a.m. Water Exercise Class
 12:30 p.m. Men's Bridge
 1:00 p.m. Non-Impact Fusion Water Class
 1:00 p.m. Movie: "The Choice"
 2:00 p.m. Mind-Body Exercise Club
 5:30 p.m. Tap with Gerry Class

Friday, February 17
Clubhouse I
 10:00 a.m. Book Club Network
 12:15 p.m. Kiwanis Club
 3:00 p.m. Hispanos de LW
 7:00 p.m. Friday Duplicate Bridge
Clubhouse II
 1:00 p.m. Ping Pong Club
 1:00 p.m. Chess Club
 1:00 p.m. Friday Bridge Club

Saturday, February 18
Clubhouse I
 No Scheduled Activities
Clubhouse II
 9:15 a.m. JRLW Service
 12:00 p.m. LGBT Group
 2:00 p.m. Going It Alone: Video
 7:00 p.m. Baby Boomer Club: Movie

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Classifieds

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

ESTATE SALES

ESTATES PURCHASED; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. Gary – (301-520-0755).

FOR SALE

PRIDE-GO mobile electric chair and charger. Barely used. User too handicapped. Giving 25 percent discount. Price is \$1,650. Call Len at (301-598-1700).

NEW POWER LIFT CHAIR, RECLINER, Golden Technologies, Maxi-Comfort model PR-505, small (fits 5' - 5' 3"), pearl color. Remote provides micro adjustments plus various reclining positions including zero gravity, sleep, TV, Trendelenburg. Battery backup. Purchased for \$1,400; only used a few days. Asking \$900 OBO. (301-789-8404)

KING DAVID MEMORIAL GARDENS. 4 convenient plots. Cemetery rates \$7,100. Block 17, lot 278. Asking \$2,300. Call (301-384-4026).

2007 TOYOTA CAMRY XLE, 6-cylinder, 4-door, all power, leather, sunroof. One owner, like new. MD inspected. Only 29,480 miles. \$12,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2001 VOLKSWAGEN BEETLE, automatic, sunroof, power windows, power locks. 1 owner. Very nice care. MD inspected. ONLY 19,000 original miles. \$4,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today – 301-674-1288.

THINKING OF SELLING your home or that of a relative? Call Sue Heyman of Weichert Realtors, Leisure World Plaza, community resident for over 13 years, Top 1% Nationwide, Senior & Relo Specialist, "Forward@50 Sponsor." 2016 has been a super year for real estate! Inventory is historically low. Days on the market for our community are less than one month. Prices are going up! Mid-year, I have already had 18 closings, with four additional properties under contract. As sellers, now is the time to take advantage of this fast-paced market. I know all the floor plans and how to price them. Tap into my experience, contractor connections, and marketing to get the best price. My top-quality color brochures, multiple websites, staging techniques, and virtual tours display your home and our community at its best. Call for your free competitive market analysis, 301-681-0550 (o), 301-580-5556 (c).

CONDO IN LEISURE WORLD, Greens 3: Spectacular view of golf course and fountain. Model M, 3 bedrooms, 2 1/2 baths, with garage space. 1530 SF. Asking \$375K. Contact George Prince at (301-598-2104).

REAL ESTATE FOR RENT

GORGEOUS 2 BEDROOM, 2 bath condo available for rent in our Premier Community of Leisure World for adults 55 plus. This condo features new wood flooring, stainless steel appliances, granite counters, decorative glass backsplash, side-by-side washer/dryer, closet organizer, crown molding, chair rail, enclosed sunroom with spectacular, breathtaking view. Call (301-312-3843) to schedule appointment to see this exceptional home. No smoking. No pets. Your own parking space, utilities and cable included in rent.

RENTAL APARTMENT AVAILABLE — fully renovated two bedroom, two bath apartment with lovely view in high rise building; granite countertops, eat-in kitchen, master bedroom with walk-in closet, glass enclosed sunroom and separate storage unit. If interested call (301-767-5901) or email sinnedco@aol.com.

RENTALS WANTED

VALUE NOT THERE YET? Try renting to a current long term resident as your property value increases. Dependable working female is looking for a 2 bedroom. Contact: (301-213-3389).

LW RESIDENT would like to rent in home/apartment. Very quiet, clean, and respectable. Require kitchen privileges. Excellent references. Voice: (301-438-1128).

HEALTH CARE SERVICES

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants."

LOVING HOME CARE – "Care you can trust and afford." Companionship, hygiene care, meal preparation, housekeeping, errands, appointments. Loving, reliable, well-vetted caregivers for FT/PT or Live-in. Flat rate for live-in care. Reasonable hourly rates. Call (301-490-1146).

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

SPEECH THERAPY AT HOME: Need help to find the words to communicate with the people in your world? Call Yvonne Crooks, M.A. CCC-SLP. Maryland licensed Speech Therapist. Lives in Leisure World. (301-556-3907)

LICENSED CNA. Reliable and loving, caring person providing quality and affordable care. Day or night, 2-4 hours. Call Neema (240-687-7471).

CAREGIVER. Full time or part time, day or night. Own transportation. Reference available. (301-803-9000).

CNA/GNA with more than 10 years experience and have worked in nursing home, assisted living and home care. I do duties like personal hygiene, light housekeeping, laundry, shopping, meal preparation, bathing, dressing errands and transportation to appointments and medication reminders. I am a Filipina, U.S. citizen, can drive and with own car. Honest, dependable, loving and hard worker with excellent references. Please call (240-643-3392 cell), (301-926-2547 home).

CNA, CPR, FIRST AID. Very dependable, hardworking, patient and punctual. 7 days, anytime or live-in. Companionship, light housekeeping & errands. Own transportation. (240-510-7125).

ELDERLY CARE. 28 years experience. Looking for live-in/out. Referrals from Leisure World resident. Light housekeeping, shopping. Own car. Call Kathy (240-535-6497).

LPN/CNA with CPR and first aid. 18 years experience with family and nursing care. Highly recommended.

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CNA/CMT – OVER 16 years of experience. Very dependable. Excellent references in LW. Have car. Light cooking, doctor’s appts., errands. Bonded, insured. Hospice patients are welcome. Call Ana (240-491-8978, 301-442-6094).

ELDERLY CARE Nursing assistant with 15 years experience, day or night, long or short hours, I’m available. Great references. Call (240-478-9971).

I AM SEEKING elderly care for weekends. Drive and will cook and light housekeeping. CPR certified and Alzheimer’s specialty. Call JP at (301-598-3627).

PRIMARY CAREGIVER. Licensed CNA with Med Tech and CPR training. 20 years experience. Available 12 hrs/day. MoCo area. Helping clients with activities of daily living. Live-in an option. References available. Trustworthy, honest and caring. Brenda (240-277-0496, call or text).

CNA, CPR, FIRST AID. 5 years experience working in private duty and in an assisted living facility. I enjoy being a caregiver. Call Jeniffer (202-386-0110). Can also provide driver services through Uber.

PROVIDING QUALITY AND AFFORDABLE CARE: Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337).

SEEKING COMPANION CAREGIVER position: Can do grocery shopping, appointments, run errands, take care of clients and clean house. I’m already working in Leisure World. Available Monday, Tuesday and Thursday mornings. Contact Sandra (240-482-9152).

MALE NURSING ASSISTANT with 20+ years experience in patient care at home. Assist the patient in daily duties, driving, doctors’ appointments, meal preparation, etc. References available. Have medical background. Call Koffi at (202-344-6137).

MORNING SUN HOME CARE, LLC. Let our team of licensed and experienced aides, nurses and nurse assistants help to care for your loved ones wherever they live. We provide long and short term services 24/7 to assist with your activities of daily living. Everyone needs a break sometimes and we help to make it happen. Call us on (301-625-3333) or (240-573-8151).

NEED A PERSONAL ASSISTANT? Call Angel! I can help you

with running errands, grocery shopping light housekeeping, pet walking/feeding, companion care, transportation, make dr. appointment’s more. Overnight assistance can be arranged with advance notice. Assisting Leisure World Community for over 12 years! Just call (240-644-8799) and ask for Angel!

CARE OF THE HIGHEST STANDARD. A warm-hearted individual who performs personal care activities in a compassionate and friendly manner that maximizes residents’ independence and dignity in a home-like environment. Please call (240-715-5925).

CERTIFIED NURSING ASSISTANT. Over 30 years working in Leisure World. Excellent references and experience. Own transportation. Doctor’s appointments, groceries, other errands and light housekeeping. Day shift, 1-7 p.m. Please call (301-775-4304).

GENERAL SERVICES

ALTERATIONS - 29 years experience in Leisure World! Men’s & woman’s garments picked up and dropped off at your convenience. Very competitive prices. Call Mimi (301-990-6468).

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

HOUSE CLEANING – PROUDLY serving the Leisure World community. Weekly, bi-weekly, monthly selections available. Call CC at (301-253-0544).

ALICIA’S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807)

R & G CLEANING SERVICES –Small, family-owned business

catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

HOUSE CLEANING – 20 years experience. Worked in LW for 9 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

QUALITY HOME CLEANING SERVICES: Your choice for quality and affordable cleaning. Leisure World references. Call us today for free consultation! (301-442-7417). \$10 off first time cleaning.

UNITED CLEANING GROUP, LLC comes to Leisure World! We’re happy to help by offering our cleaning services 7 days a week. Want your home looking spotless? Call United Cleaning Group today at (240-498-2748), (301-498-2748).

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back up, and retrieve important data, photos, and music. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) Cmor53607@msn.com www.continentalmovers.net.

COMPUTER LESSONS / SERVICES - Need help with your computer? Training, new computer setup, troubleshooting, installation. Lessons at

your residence at your convenience. Learn basic computer, email, surfing the web, digital photos, tablets, smartphones, smart TVs, and more. Patient trainer will sit by your side and teach you in plain English - no technical talk! Shopping assistance for all electronic & computer items. Senior specialist since 1996. Senior discount. Call David at (301-762-2570). ComputerTutor

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TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior’s Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/ vet appointments. I am a 55 yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

CALL & RIDE in a Volvo. Store, doctors, casino, airport. Larry (240-743-8287) or (larrykraft73@yahoo.com).

Services for Seniors

Activities of Daily Living	Support Services
<ul style="list-style-type: none">• Bathing• Dressing• Lifting• Transferring• Personal Care & Hygiene	<ul style="list-style-type: none">• Companionship• Meal Preparation• Medication Reminder• Physical Therapy• Light Housekeeping• Transportation to Appointments

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PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll transfer your photos, slides, and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services (301-438-3140).

DOG WALKING by Leisure World resident, minimum 20-25 minutes for \$12. Twelve years experience in vet office; state certified Master Wildlife Rehabilitator and graduate credits in Animal Science, University of Maryland. Now have an a.m. opening Monday-Friday. References. Call Nancy (301-854-2588).

CERTIFIED/REGISTERED CHIROPRACTIC and Massage Therapist. I will come to your residence. Special rates for Leisure World/senior rates. Call for appointment only, (240-618-6352). Yeping "Ping" Luo.

HELP WANTED

TYPIST – TECHNICAL for various assignments. Call (301-565-2917).

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. Interested volunteers should contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhmc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, 7 day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Training Course starts March 11. Contact (volunteer@mhmc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in

the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

HELP A CHILD! In just 1-2 hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

NOTICES

KEEPING SENIORS SAFE- KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

PRAYER CHANGES THINGS. You are invited to join "Hannah's Prayer Circle" here at LW. For more information, call Evangelist Connie Blake at (301-438-2667).

UPCOMING EVENTS

SISTER-TO SISTER Valentine Tea, Saturday, Feb. 25, 1-3 p.m.,

in Leisure World's Clubhouse I. Sponsored by the East-West Montgomery Unit Church Women United. Cost for the tea buffet- \$15. Reservations required; call LW resident Connie Blake at (301-438-2667). Toiletries for needy women and children will be collected.

WANTED

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years experience serving Leisure World. Leave message 24 hours. I will come to you. Cash or cashiers check at your request. I can also help with your new car purchase, any make or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, Weapons, Helmets, Photos, Medals, or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

WANTED: FIREARM COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. Gary (301-520-0755).

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. Gary (301-520-0755).

CASH FOR OLD BICYCLES: 1940's through 2000's, all makes and models. We come to you. We are local and family owned. Vintage restoration also available. Please call Vic (240-602-8752).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

BUYING JEWELRY, antiques. Cash paid for gold, silver, jewelry, coins, watches, firearms, misc. collections. Silver Spring resident. Please call Tom (240-476-3441).

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2 BR, 2 BA, 1320 sq. ft. Hardwood floors, table space kitchen, separate dining room, master bedroom with two walk-in closets.



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2 BR, 2 BA, 1255 sq. ft. Table space kitchen, freshly painted recent carpet, golf course view, close to elevator, garage space included.



↑"E" Model - Fairways - \$159,000

2 BR, 2 BA, 980 sq. ft. Separate DR, table space kitchen, walk-in closet in master bedroom.



"FF" - Overlook - \$299,950

2 BR, 2 BA, 1320 sq. ft. Updated kitchen, move-in condition.



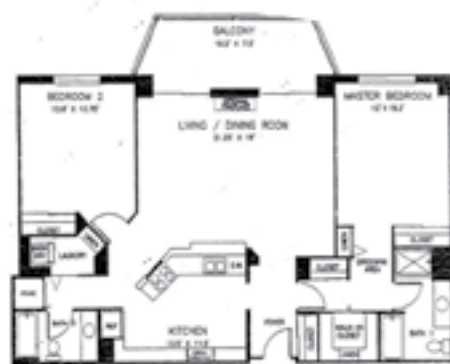
"B" Model - Overlook - \$195,000

2 BR, 2 BA, 1035 sq. ft. Table space kitchen, dining L, golf course view.



"A" - Overlook - \$154,950

1 BR, 1.5 BA, 930 sq. ft. Freshly painted, golf course view.



"QQ" Model - Vantage W - \$299,000

2 BR, 2 BA, 1335 sq. ft. Table space kitchen, separate laundry room.



"GG" Model - Greens - \$169,000

2 BR, 2 BA, 1195 sq. ft., freshly painted, tb kitchen, marble foyer, ceramic floor in both bath, golf course view.



Berkeley Townhouse - \$139,000

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