

Leisure World News

OF MARYLAND

February 7, 2020 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

Board Approves Policies for Automated Gate Access Project

by Stacy Smith, Leisure World News

The Leisure World Community Corporation (LWCC) board of directors firmly approved a set of policies for the coming automated gate entrance system at its regular meeting Jan. 28.

The policies mostly apply to residents and non-resident owners and pertain to the new gate entrance system’s implementation, which is expected later this year. For details about these gate access policies, see the “Q&A” on page 8.

The LWCC board meets again on Thursday, Feb. 13, to discuss gate access policies regarding non-residents. The meeting is at 2:15 p.m. in Clubhouse I and all residents are welcome to attend.

Residents who would like to share their thoughts and ask questions about the gate access project can attend an open forum on Sunday, March 1. For details, see page 4.

CPAC and the FEP

The LWCC board passed a resolution directing the Community Planning Advisory Committee (CPAC) to issue a new call for proposals for projects that could potentially be included in the Facilities Enhancement Plan (FEP) list in the second quarter of 2020.

Proposals for potential projects will be submitted to the CPAC for initial consideration and will be reviewed in relation to the final strategic plan, which is expected to be completed later this year.

Since 2013, the LWCC board has used the FEP to plan and execute the renovation of existing Trust facilities, such as the Terrace Room and Cascade Bistro in 2016, and the construction of new facilities, such as the Fitness Center that opened in Clubhouse II in 2017. Remaining FEP projects include the Administration Building and Clubhouse I Site Improvements and renovations to the golf course.

At the meeting, Tom Snyder, assistant general manager of facilities and services, presented projected cash outlay for these remaining FEP projects as well as variations to cost based on a half percent or full percent increase to the Resales Fund contribution amount, which is the Fund that is used to finance FEP projects. The current amount is two percent, which is charged on each resale of property in Leisure World and paid by the buyer.

The LWCC board also approved the CPAC’s recommendation that Trust facilities improvements

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Lunar New Year



Chinese umbrellas take center stage during a traditional dance at the Chinese Club’s New Year celebration Jan. 24. Photo by Stacy Smith, Leisure World News

Sign Up to Help Shape Leisure World’s Future

by Leisure World News

Consultants from George Mason University (GMU) and the Special Strategic Planning Committee (SSPC) are seeking volunteers to sign up to share their views on a number of Leisure World-related topics at one of two community meetings in March.

The information gathered from these meetings, along with the information collected from fall’s

focus groups and summer’s resident survey, will help shape a long-term strategic plan for Leisure World’s future that is expected to be developed in late spring or early summer.

The first community meeting is Tuesday, March 10, from

1-3 p.m. and the second is Monday, March 23, from 10 a.m.-noon.

Both meetings will be held in Leisure World.

Residents are asked to sign up for just one of the two meetings; space



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See page 6 to learn about your monthly homeowner payment and how it helps fuel the community’s budget.

Did You Know...

Bygone Clubs and Organizations

by Kimberly Y. Choi,
Leisure World News

Leisure World’s club offerings certainly change with the times.

Some resident organizations that existed early in the community’s history, such as the Rossmoor Women’s Club, founded in 1968, have remained active over decades. Here are some clubs from earlier eras that have not endured to the present day.

Leisure at Leisure World

Did you know Leisure World used to have a clown club? The Top Banana Clowns were a chapter of the non-profit Clowns of America International. The dates of their founding and disbandment are unknown, but meetings of this mysterious horde can be found in the calendar section of Leisure World News editions from the late 1990s.

In the 2000s, the Antique Club hosted talks such as “Art Deco and Jewelry of the 1930s” and “Why I Love Fenton Glass.” Antique lovers still share their treasures at Leisure World’s annual flea market.

The Animal Companion Club, active at least into the 2000s, hosted activities ranging from advocating for

dog owners in Montgomery County to sharing photos and stories of their animal friends. With the establishment of the Dog Club in 2019, the Animal Companion Club is one bygone club that has to some degree found revival.

Girl Power

In the 1980s The Homemakers Club brought women together at Leisure World; today 57 percent of women find each other at the workplace, according to The Institute of Women’s Policy Research.

And while the Kiwanis Club continues to meet, the Ki-Wives or Kiwaniannes do not. The latter ended when the Kiwanis Club became co-ed; this change was made at Kiwanis International in 1987 and spread to local chapters. Today, 60 percent of the Kiwanis Club of Leisure World are women, according to Club president Jack Colvis.

Finding Roots

Leisure World has several ethnic clubs at present, but the Scots of Rossmoor are no longer among them. In the 1970s, they observed Scottish holidays with music, dance and food and marched in Scottish dress in the community’s annual July 4 parade.

The Genealogy Group once

compiled a list of the family surnames its members were researching, according to an article in the October 18, 1979 edition of Leisure World News. These enthusiasts retained their interest in finding their roots while keeping up with the times: their October 5, 2004 Leisure World News article describes the use of digital applications for presenting family photos and online resources for research.

The Wider World

A still-salient concern was reflected in the educational and activist work of Seniors Against Nuclear Arms, later Seniors for World Security, such as a 1987 presentation on establishing friendship between the U.S. and the Soviet Union. The club may have been pleased to know 2020 has arrived without their fears having come true.

From at least the 1980s to 2000s, the Great Ideas club held discussions on such topics as evolution, immortality and “When does tolerance cease to be a virtue?”



A 1967 edition of Leisure World News features a member of the Interfaith Women showing off two hand puppets the club made for pediatric hospital patients. The Interfaith Women are no longer a club, but they have a successor in today’s Clipper Workshop, an active group that also creates hand puppets for sick children. Screenshot by Leisure World News

And to this day, many veterans of the armed forces live in the community and find recognition and friendship through the Jewish War Veterans and the Women in the Military group and efforts such as the Veterans’ Day luncheon and the resident-led filming of oral histories.

In past decades, veterans groups included the Military Order of the World Wars, which began in 1981 as a chapter of a national organization; the Order of the Ribbon, which comprised wives, widows and female relatives of World War II service members; and the social Military Club, founded in 1973.

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Leisure World News

OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Leisure World News of Maryland reserves the right to reject or discontinue any advertisement believed to be not in the best interest of Leisure World.

We will not knowingly permit a dishonest advertisement to appear nor do we guarantee the reliability of advertisers.

Phone Directories Still Available

A limited supply of printed phone directories is still available for purchase at the Administration Building reception desk and the E&R offices in both clubhouses. The directories are \$2, cash only. Please bring your Leisure World ID.

— Leisure World News

March 11: County Council Holds Town Hall

The Montgomery County Council hosts a senior town hall meeting at Leisure World on Wednesday, March 11, at 9 a.m. (doors open at 8:30 a.m.) in Clubhouse II.

Local representatives will share information on the key issues facing Montgomery County. Come ask questions and express your views on the community and quality of life issues that are important to you.

All residents and their guests are welcome.

— Leisure World News

■ Golf and Greens Advisory Committee

A Good Year for Golf

by Brenda Curtis-Heiken

All the mild weather in January has helped get the 2020 golf season off to a great start. Good weather also meant more golf was played, and revenue increased.

In calendar year (CY) 2019, just under 16,000 rounds of golf were played at the golf course. In addition, golf course revenue is up just under \$40,000 for CY 2019, a direct result of the continued maintenance and upgrading of the course and the Pro Shop by golf pro Richard Rosenthal and golf superintendent Frank McLaughlin.

Tentative plans for 2020 include continued tree trimming at all 18 holes, widening of the fairways, increasing the speed of the greens, continually stocking the Pro Shop with top grade merchandise and participating in more tournaments.

In addition, the 17th tee box has been lengthened, making it a par five for all. The course



A photo taken during Fox 5 DC's 2018 broadcast at Leisure World sits on a table surrounded by merchandise at the Pro Shop. From left: golf pro Richard Rosenthal, Fox 5 DC's Tucker Barnes, Brenda Curtis-Heiken and Doug Brasse. Photo by Leisure World News

will be a par 70, which allows players to compete for more golf tournaments such as Pro-Ams and MISGA finals.

Additionally, all residents are invited to stop by the Pro Shop during February for a sale on clothing, shoes and other merchandise. While there, learn about the game of golf from Rosenthal and his staff, or become a member and test your skills on the course!

The Pro Shop is open Monday through Friday from 9 a.m.-4 p.m. and is available by calling (301-598-1570).

■ Foundation of Leisure World

Foundation Announces Upcoming Information Sessions



Attendees listen in at a recent Foundation of Leisure World information session. Photo by John VanDyke

by Alan J. Goldstein

The Foundation of Leisure World conducted three information sessions during the last quarter of 2019.

The sessions served as a pilot run for a new outreach program, designed to create better awareness of the Foundation and its many contributions to residents in the areas of health, culture and education over the nearly 40 years of its existence.

The sessions were well attended, with well over 100 residents introduced to the workings of the Foundation. As a result of this success, the Foundation's board formally approved 12 additional sessions to be held at participating mutuals this year. In addition, the board authorized quarterly sessions to be held in the clubhouses, open to all residents.

During and after the sessions, Foundation members were excited to hear attendees say 'I had no idea...' after hearing about the Foundation's many activities. Although it has been funding myriad projects and cultural events in Leisure World since 1981, many attendees were not even aware of its existence. These information sessions are designed to change that.

Foundation's Impact

In recent years, the Foundation has funded the computers and equipment in the Computer Learning Center, provided new computers and software for the library in Club-

house I, purchased art tables for the Rossmoor Art Guild and bought equipment for the Gem, Lapidary and Mineral Society and the Wood Shop.

It has supported cultural events including concerts, films and Leisure World's 50th anniversary yearbook, and provided seed money and start-up assistance to the Computer Learning Center, Going It Alone Club and the Center for Lifelong Learning.

The Foundation is a tax exempt 501(c)(3) not-for-profit organization. It is supported entirely through donations from residents and others, and receives no funding from condo fees or from the Leisure World Community Corporation.

Sponsor a Session

To learn more about sponsoring a session at your mutual, contact Marian Altman, Foundation president, at (301-438-1357), or Alan Goldstein, Foundation board member, at (301-847-9215), or email the Foundation at (Foundation@lwmc.com).



GOVERNANCE & Information

HOLIDAY SCHEDULE

Monday, Feb. 17, Presidents Day

Administration Closed

CLUBHOUSE I

Comast Xfinity Office..... Open
Education & Recreation 9 a.m.-7 p.m.
Eyre Travel..... Closed
Rossmoor Library..... Closed
Clubhouse Grille..... Closed
Stein Room 9 a.m.-8 p.m.
Terrace Room 9 a.m.-8 p.m.

CLUBHOUSE II

Education & Recreation 8 a.m.-8 p.m.
FISH Desk..... Closed
Fitness Center 4 a.m.-9 p.m.
Swimming Pool (Indoor)..... noon-8 p.m.

OTHER SERVICES

Golf Course & Pro Shop9 a.m.-4 p.m.*
MedStar Health Open
MedStar Pharmacy Open
Physical Properties Department (PPD) Closed
Post Office Closed
Security Gates Open
Signal Financial Federal Credit Union..... Closed

Shuttle Buses: No shuttle service. Call Main Gate for supplemental transportation.

Trash Collection: No trash or recycling collection. Trash collection will be on the next regular day for your location.

**weather permitting*

Dial 301-598-1313
for recorded Daily Events

2020 Broadcast Schedule Channel 974

Due to technical issues, the Leisure World Community Corporation (LWCC) board of directors and executive committee meetings will not be broadcast until further notice. Management is in the process of selecting a new platform on which to broadcast LWCC governance meetings.

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com
- Administration - administration@lwmc.com
- Communications - communications@lwmc.com
- Education and Recreation - recreation@lwmc.com
- Physical Properties - physicalproperties@lwmc.com
- Security - security@lwmc.com

Feb. 13: Board Meets to Discuss Gate Access Policy



Norbeck Gate, photo by Leisure World News

The Leisure World Community Corporation board of directors holds a special board meeting to discuss non-resident policy regarding the coming automated gate access system on Thursday, Feb. 13, at 2:15 p.m. in Clubhouse I.

The meeting comes after the board voted at its Jan. 28 meeting to approve a set of gate access policies for residents. For more information about the project, see page 8. All residents are welcome to attend the Feb. 13 meeting.

– Leisure World News

March 1: Chairperson Holds Open Forum on Gate Access Project

by Leisure World News



LWCC board chairperson Paul Eisenhour, courtesy photo

Leisure World Community Corporation (LWCC) board chairperson Paul Eisenhour holds an open resident forum on Sunday, March 1, from 4-5:30 p.m. in the Clubhouse I Crystal Ballroom to discuss the coming automated gate access system.

The system, which will use radio-frequency identification (RFID) to grant automatic entry into the community to vehicles that are equipped with an RFID tag, is expected to be operational later this year. Eisenhour will discuss gate access policies that pertain to residents and non-resident owners.

The forum is an opportunity for residents to learn about the project and share their thoughts and ask questions. All residents are welcome to attend the forum; sign-up is not required.

AARP Tax Preparation Now in Session

from the Education and Recreation Department

AARP Tax-Aide volunteers returned to Leisure World Feb. 5 to begin preparing tax returns for residents by appointment only and at no charge.

Tax preparation sessions are held on Wednesdays and Fridays, with the first appointment of each day at 9 a.m. and the last at 2:15 p.m. Residents can schedule an appointment by stopping by the Clubhouse I E&R office.

When making their appointment, residents will receive a questionnaire from E&R that must be filled out prior to the tax preparation appointment, which will cut down on wait time.

Residents who are unable to complete the form or who have questions may bring the blank questionnaire to their appointment, and the volunteer will help them fill it out. More forms will be available at the appoint-

ment if needed.

Please note that AARP Tax-Aide is unable to prepare the taxes of those with rental income or foreign bank accounts exceeding \$10,000.

Prepping for the Appointment

To prepare for your appointment, gather the following tax-related materials to bring to the appointment:

- the questionnaire available at the E&R office
- a photo ID (mandatory for all taxpayers)
- your Social Security card (a copy is acceptable), as well as the Social Security cards of your spouse and any dependents
- a copy of last year's tax return, no matter where it was prepared
- a blank check if you want your refund sent directly to your bank
- your 1099 SSA form. This is the end-of-year statement from Social Security showing how much you received

in 2019 and shouldn't be confused with the letter showing what you will receive in 2020.

- all W-2s (if you worked in 2019)
- all 1099 forms from pensions and other retirement accounts
- all 1099s showing interest or dividends from all banks and financial institutions
- all 1099s showing your stock and bond sales during 2019. (This may be consolidated with your interest and dividend forms.) If your stock statement does not show the basis for the stocks or bonds you sold, bring that information. If you don't have it, call your broker or financial institution.
- any 1099-MISC forms and any record of other income received from any source
- if you usually itemize or think you will this year, bring a list of your medical expenses, charitable contributions, real estate taxes and mortgage

interest.

- anything else you think might relate to your tax form

Reminders

Consider looking over last year's tax return to see that you have received forms from all employers, pension funds and brokers. Residents are asked not to come have their taxes prepared until they have received all forms. Broker and financial institution forms usually don't arrive until late February.

Remember to remove the forms from their envelopes before arriving at the appointment to expedite the tax-return process. And keep in mind that if you are married, your spouse should accompany you to the appointment if at all possible.

Residents who cannot make their scheduled appointment are asked to call (301-598-1300) and cancel as soon as possible.

For questions, email Dennis Kinch at (dfkinchweb@gmail.com).

■ Emergency Preparedness Advisory Committee

EPAC Evaluates Mutuals' Emergency Preparedness

by Emily Geller

Responding to a residential fire, dangerous weather conditions or other type of emergency calls for a plan of action for each of Leisure World's 29 mutuals, and then communicating that plan to residents.

The Emergency Preparedness Advisory Committee's (EPAC) Mutual Readiness Subcommittee has undertaken a program of outreach to mutuals to determine and evaluate each mutual's preparedness and prevention plans for ensuring their residents' safety in case of a disaster.

In the initial phase of this effort, the Subcommittee sent a survey to each of the 29 mutuals seeking to determine levels of preparedness of each. Nineteen mutuals responded to the survey; the Subcommittee subsequently met with the presidents of eight of these mutuals for discussions.

Findings of the survey include a widespread concern that residents may not be prepared or

know what to do in an emergency situation. High-rises have plans, meetings to promote safety and updates in newsletters; mid-rises may have plans but rely on individuals to implement them as necessary; and single-family homes or duplexes typically have no plans.

EPAC is continuing this outreach program by contacting

all mutual managements and working with them to evaluate their existing plans or develop new plans that cover the range of possible threats to which their residents may be exposed. These plans can be enriched by bringing in expert speakers from outside Leisure World who will discuss safety concerns for residents of the mutual.

Any resident who would like to contact EPAC for help in developing or updating their mutual's plan, or in arranging for expert speakers to address their mutual's residents, may do so by visiting the monthly meeting of EPAC held on the first Thursday of every month at 9:30 a.m. in Sullivan Room of the Administration Building.

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Budget Basics

Understanding Your Monthly Homeowner Payment and the Budget That Determines It

by Leisure World News

Prospective Leisure World residents who join one of the monthly visitors' tours often ask, "What is the monthly payment for living here? What does it cover?" Even residents may sometimes wonder how the payments they submit to their mutual every month are determined, and how that money is used. Let's start with an overview that can help answer those questions.

PAYING YOUR SHARE

In any community association, each homeowner is responsible for paying their share to fund the operations and upkeep of their community. At Leisure World, homeowners make a monthly payment (assessment) that funds both their mutual's budget and the broader Leisure World community ("the Trust") budget.

It breaks down like this:

MUTUAL PAYMENT

- Set annually by a mutual's board of directors
- Funds the mutual's operations and reserves
- Amount varies from mutual to mutual
- Amount varies within a mutual; for example, the fee for a small studio would be less than that of a sprawling 3-bed, 3-bath home



TRUST PAYMENT

- Set annually by the LWCC board of directors
- In 2020, this payment is \$204
- Each household, regardless of size or mutual, pays this amount
- Funds the community's operations and reserves
- Includes cable television and high-speed internet service



TOTAL MONTHLY PAYMENT



THE TRUST BUDGET

For now, let's take a closer look at the Trust portion of that monthly payment. It was determined by Leisure World's 2020 budget, which, like any responsible budget, aims to keep a healthy balance of both revenues and expenses. Broadly speaking, revenues come to Leisure World from either residents or non-residents.

Here's a sampling:

REVENUES



FROM RESIDENTS

Monthly assessments - *That's the \$204 portion of your monthly payment*

User fees and service charges

For example, fees charged for:

- Golf course and driving range use
- Property transfers
- Supplemental transportation ("dial-a-ride" service)
- Classes
- Physical Properties Department (PPD) maintenance charges

FROM NON-RESIDENTS

Tenant rental income

- MedStar
- Weichert Realtors
- Signal Financial Federal Credit Union
- Willson Home Renovations
- U.S. Postal Service
- Eyre Travel

Advertising income

- Leisure World News

Reserve account interest - *Money put aside for expected repairs and replacements of major components earns interest while it is in reserve*

EXPENSES



OPERATING

Personnel

- Employee compensation and benefits

Professional services

- several law firms
- USI Insurance

Utilities

- Pepco (electricity)
- Washington Gas (gas)
- WSSC (water and sewer)

Contract services

- McFall & Berry Landscaping
- Stansbury Cleaning
- American Pool Company
- Motivational Fitness
- Comcast Xfinity cable television and internet service

RESERVE

Repair and replacement of major components of the community's common property

Examples can include:

- Replacing an HVAC unit on the Clubhouse I roof
- Annual whitecoating of swimming pools
- Replacing a Security vehicle
- Replacing carpeting in the Medical Center
- Road and sidewalk upkeep



NEEDS VS. WANTS

A responsible community association's annual budget must continually weigh the community's desires against its financial obligations while aiming to keep costs affordable for residents.

Some budget items, such as utilities, simply must be paid to maintain day-to-day operations.

Other items — mandatory line items — are dictated by Leisure World's Trust agreements.

The budget may also include some items that are optional and desired by the community. These are discretionary line items. Those

MANDATORY EXPENDITURES*

- shuttle bus transportation
- security services
- golf course
- garden plots
- medical services
- swimming pools
- tennis courts

**required by Trust agreements*

DISCRETIONARY EXPENDITURES

- cable television and internet services
- adding staff to a department
- enhancing the degree of mandatory expenditures
- introducing a new service

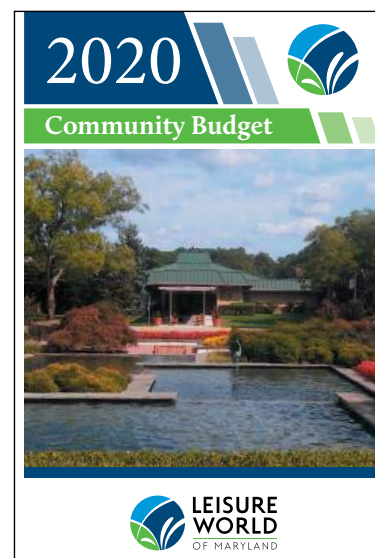
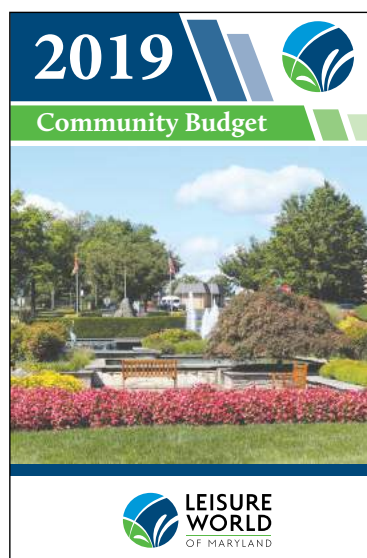
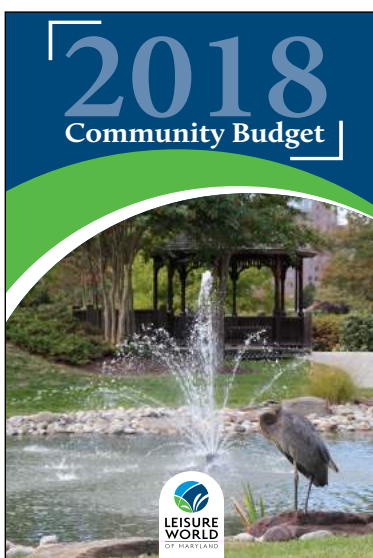
who develop the budget use their discretion when deciding whether to include them.

Above are some examples of mandatory and discretionary budget items.

A LONG, COMPLEX TASK

Creating a balanced, realistic budget for a community such as Leisure World is a complex task that takes many months of effort by LWCC advisory committees, management and the LWCC board of directors.

With 610 landscaped acres, two clubhouses, three gatehouses, golf course, Medical Center, Administration Building, four tennis courts, two restaurants, nearly 12 miles of roads and sidewalks, 24/7 security patrols, and more than 200 full- and part-time employees, there are many budget considerations to ensure the community's quality of life.



BUDGET BASICS: TERMINOLOGY AT A GLANCE

Here are some basic terms for understanding the budget of a community association such as Leisure World of Maryland:

Budget – A financial plan for operating and maintaining a community's common elements for the coming year. Its two main components are revenue and expenses. It is used to determine the amount of a homeowner's monthly payments to the community (Trust).

Revenue – A community association's collective income that is used to pay for common expenses.

Typical revenue sources include:

- Owner assessments
- Interest on the community's cash savings and investments
- Other sources, such as rent from commercial tenants, user fees, profits from events and classes, etc.

Expenses – The costs of goods and services used to operate and maintain a community's common elements.

Typical types of expenses in a community association:

- **Operating expenses** – What's needed to keep day-to-day operations going
- **Reserve account** – These are funds put aside – in reserve – for the planned repair and replacement of major components of the community's common property.

Two more categories of expenses in a community budget:

- **Mandatory line items** – These are the community needs and obligations such as income taxes, repairs and maintenance. There's no getting around them – they must be paid!
- **Discretionary line items** – If the mandatory line items are the "needs," the discretionary line items

are the "wants." These optional items reflect the board's, committees' and homeowners' desires for the community.

Assessment – A homeowner's annual financial obligation to a community association that is calculated according to its annual budget. It is paid in monthly installments.

The community includes both residential and shared community properties.

Leisure World has 29 residential properties ("**mutuals**"): 27 condominium associations, 1 homeowners association and 1 cooperative.

The shared community properties ("**the Trust**") are held in a trust for the benefit of its members, the mutuals.



This is the first article in a short series of articles about understanding the Leisure World Community Corporation budget, how it is developed, what it entails, and how it determines a portion of your monthly payments to your mutual.

The next article will provide a more in-depth explanation of the components of the Trust budget.

The 2020 community budget is available to view or download at (residents.lwmc.com) > Documents > Financials > 2020 Community Budget.

Board

◀ from page 1

and projects, such as those contained in any future FEP, be reviewed by the CPAC prior to such projects being brought to the board for action.

The role of the CPAC is to make recommendations to the LWCC board, ensuring that such project proposals are fully developed, have been considered by all relevant advisory committees and management and are in general conformity with overall Leisure World goals as determined by the LWCC board.

E&R Policy Changes

The LWCC board also approved a revised Education and Recreation (E&R) Department policies and procedures document. The revised policies make clear distinctions between fundraising activity and commercial activity as they relate to Leisure World clubs, groups and organizations.

For-profit commercial activity, defined in the policy as “activity conducted by a non-Leisure World for-profit commercial entity which retains money raised in the activity,” is not permitted in the clubhouses, but the general manager may grant an exception if the activity is in the best interest of the community.

Standing exceptions to the “no for-profit commercial activity” policy include the sale of musical recordings immediately following a performance by the musician or musicians and books or other published materials immediately following a program featuring the author of those books or published materials.

For permitted commercial activity, the sponsoring entity, (typically a Leisure World club, group or organization), must pay the room rental fee.

See the box on page 9 for other noteworthy E&R policy changes and clarifications.

For the full E&R policies and procedures document, visit (residents.lwmc.com) and click on the Education and Recreation folder in the Resource Center.

Research Project

The LWCC board approved the Technology Special Advisory Committee’s recommendation that Leisure World participate in a University of Maryland technology research project.

The project, which is funded by the National Science Foundation, will seek residents’ participation as volunteers. More information about the project will be forthcoming as it becomes available.

Payments

The LWCC board also approved the Budget and Finance Advisory Committee’s recommendation to retroactively approve the use of \$90,000 from the Contingency Fund to pay for:

- collection and disposal of trash and recyclable materials for part of October, November and December 2019 and part of January 2020 in the amount of \$83,755
- unbilled services in the amount of \$7,245

Postponements

The board postponed taking action on a recommendation made by the Budget and Finance Advisory Committee to use \$57,000 from the Capital Equipment Fund to pay for new audio-visual equipment. The board asked management to research and confirm the portability of such equipment to allow its use in the new Administration Building.

The board also postponed taking action on the Budget and Finance Advisory Committee’s recommendation to use \$83,000 from the Contingency Fund to pay for document retention management software. Although many board members felt the software a potentially valuable purchase, several expressed concern at drawing from the Contingency Fund so early in the year.

Bylaws

Two resolutions recommending amendments to the LWCC bylaws failed to pass. The bylaw changes would have allowed advisory committees

to select their own chairpersons and would have enforced a two-term limit on the LWCC board’s directors.

The board ended its regular meeting by voting to enter into a closed session to discuss legal and personnel matters. Board meeting

agenda packets and minutes are available online at (residents.lwmc.com).

The next regular meeting of the LWCC board of directors is on Tuesday, Feb. 25, at 9:30 a.m. in Clubhouse I. Board meetings are open to all residents unless legally closed.

AUTOMATED GATE SYSTEM: WHAT YOU NEED TO KNOW

by Leisure World News

The Leisure World Community Corporation board of directors approved a set of policies for the coming automated gate access system at its Jan. 28 meeting.

Although the new gate system is not planned to be operational until the end of 2020 at the earliest, residents may still want to familiarize themselves with what they can expect regarding gate access for their vehicles.

Q: How will the automated gates work?

A: The new gate access system will use radio-frequency identification (RFID) to identify vehicles that can enter Leisure World automatically. When a resident’s vehicle approaches one of the gates, the RFID system “reads” the transponder that will be installed on the resident’s vehicle by Security.

Q: What’s a transponder?

A: A transponder is a semi-transparent sticker the size of a Band-Aid that will be installed on a vehicle’s headlamp. In rare cases, the transponder may need to be installed on the vehicle’s windshield or bumper.

Q: Will I still be able to enter any of Leisure World’s three gates after the transponder is installed on my vehicle?

A: Yes; vehicles with a transponder will have access to all three gates (Georgia Avenue, Connecticut and Norbeck). The operational hours at the gates are not expected to change.

Q: How many transponders will I receive?

A: A maximum of two free transponders per unit will be issued for vehicles registered to a resident living at a Leisure World address (including renters). A maximum of two additional transponders per unit will be available at a cost of \$20 each for additional vehicles registered to a resident living at a Leisure World address (including renters).

Q: I’m a non-resident owner. Can I receive a transponder?

A: A maximum of one free transponder will be issued to a non-resident owner; one additional transponder will be available at a cost of \$20 each for additional vehicles registered to a non-resident owner.

Q: What will I need in order to receive a transponder(s)?

A: Residents and renters will need to have a current vehicle registration, valid driver’s license and insurance card (all showing a Leisure World address), as well as a Leisure World ID card. Non-resident owners will need a current vehicle registration, valid driver’s license, insurance card and proof of Leisure World unit ownership.

Q: What will happen if I buy a new car or purchase a new headlamp after the transponder is installed?

A: A \$10 fee will be charged for a replacement transponder when a resident’s vehicle or headlamp with a transponder is replaced. Residents with a transponder on their vehicle will be responsible for informing Security when they dispose of that vehicle.

Sign-Up

◀ from page 1

is limited to 100 volunteers per meeting.

Sign-up for the meetings begins Monday, Feb. 10, at 9 a.m. and continues until all volunteer slots and an alternate list are filled. Sign up for a meeting by emailing (sspc@lwmc.com) or calling (240-560-5794) and leaving a message beginning Monday, Feb. 10, at 9 a.m. Include in your email or phone message your full name, home address, name of your mutual, phone number, email address and the session you would like to attend. Messages sent before 9 a.m. on Feb. 10 will not be accepted.

Residents who reserve a spot at one of the meetings will be notified and will receive a ticket in the mail to bring for their admission to the meeting. Ticketholders are also required to bring their Leisure World ID to the meeting. Attendance at the meeting is non-transferable to

anyone outside the resident's household.

About the Meetings

When participants arrive at the meeting, they will be assigned randomly to one of about 10 small groups.

A facilitator will pose a series of Leisure World-related questions to the each group. Developed by consultants from GMU, the questions aim to better understand the information that has already been gathered from the focus groups, resident survey and other data collected in the strategic planning process.

Every volunteer will be strongly encouraged to participate in the discussion, and the GMU anticipates these discussions will be lively.

The community meetings have a few ground rules:

- Any resident living at Leisure World, except for SSPC members and their families, may volunteer to participate.
- Only one person per household may participate.

- Plan on arriving 15 minutes early to the meeting and staying for the whole two-hour session.

Residents who have ques-

tions about the community meetings may email (sspc@lwmc.com) or call (240-560-5794) and leave a message, and someone will respond as soon as possible.

GOOD TO KNOW: E&R POLICY CHANGES AND UPDATES

by Leisure World News

The Education and Recreation Department has made some changes and clarifications to its policies and procedures that residents, particularly those involved in a club, group or organization at Leisure World, may find useful to know. These include:

- **food and alcohol in Clubhouse II** – The policy now includes the words, “Obtaining an appropriate alcohol license when required by Montgomery County for an event is the responsibility of the group sponsoring the event.”
- **recognized Club, Group or Organizations (RCGOs)** – An RCGO must “...promote the well-being of Leisure World residents. [The RCGO] must not conflict with local or national laws.”
- **RCGO membership** – “Non-resident members [of an RCGO] may not invite guests to any RCGO activities.”
- **RCGO meetings** – Meetings open to all of the RCGO's members must also be open to all Leisure World residents in order for the room rental fee to be waived.
- **for-profit commercial activity** – With some exceptions, for-profit commercial activity is not permitted in the clubhouses. For details on this policy, see page 8. RCGO-sponsored fund-raising activity in which money raised is retained by the RCGO or directed to a charitable organization is still permitted in the clubhouses.



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The Doctor Doesn't Know Everything: Who Else You Need to Help You While Caregiving

Presented by Jennifer L. FitzPatrick, MSW, Certified Speaking Professional and Author of *Cruising Through Caregiving: Reducing The Stress of Caring For Your Loved One*, which has been featured in *Forbes* and *U.S. News & World Report*.

Doctors are smart and educated but, if they are your only resource on the caregiving journey, you are missing out. Join us for an eye-opening program on where to find other resources to help you and your loved one. Both you – and your doctor! – will be glad you came.



Jennifer is the founder of Jenerations Health Education, Inc., and a gerontology instructor at Johns Hopkins University. Jennifer helps caregivers reduce stress and make time with their loved one more productive.

Please RSVP by Monday, February 10th

Wednesday, February 12th

5:15 - 6:00 p.m. Registration & Dinner
6:00 - 7:00 p.m. Presentation
7:00 - 7:30 p.m. Book Signing

Being held at
Olney Assisted Living
16940 Georgia Ave.
Olney, MD 20832

To RSVP, or for more information,
please call 240-437-3279 or visit
www.TheArtisWay.com/LeisureWorld



16940 Georgia Ave., Olney, MD 20832



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THOUGHTS & OPINIONS: *From Our Residents*

CLEAN UP DOG WASTE

I am writing to all Leisure World dog owners. I own two dogs. I spend time walking them on our wonderful Broadwalk; most dog owners follow the laws of Maryland and Leisure World.

We have some owners of big dogs who do not pick up after their dogs; some mutuals have even installed trash bins for dog waste, making cleanup by owners easy. But, still, perhaps, some residents forget to pick up their dog's waste.

I am one of the residents who carry a large bag to pick up waste that was not properly picked up by neighbors, morning, afternoon and night. This is unacceptable. It is a health issue and needs to be addressed. This matter cannot be ignored.

I hope this letter serves as an incentive for people who don't pick up dog waste. Let's keep our community clean and healthy.

– Marita Buscher

SMOKING BANS

I am a resident of Leisure World and deeply concerned about mutuals trying to pass smoking bans inside residents' homes. I know their intentions are good, however, an extreme overreach. Federal, state and county law does not regulate smoking inside private homes. This is a slippery slope to other intrusive laws. Our property values could be hurt. I am a non-smoker! Many mutuals meet during daytime hours when some residents are at work, precluding attendance and voicing their opinion.

– Timothy Mills

A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers. **Thoughts and Opinions is maintained by the Communications Advisory Committee.***

SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to (aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, sign in to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

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ad in the Leisure World News.**

GOOD TO KNOW: PLACING A CLASSIFIED AD

by Kathleen Brooks,
Leisure World News

Whether trying to sell something, offering a professional service or looking for some special item, placing a classified ad is quick, easy and economical.

Classified ads are text only, no graphics or borders, and can be submitted via email to (lwnewsads@lwmc.com) at any time, or dropped off at the Leisure World News office in Clubhouse I, Monday through Friday, 9 a.m.-5 p.m.

- Licensed healthcare providers (RN, LPN, CNA, GNA, Med Tech) must provide proof of certification by the Maryland Board of Nursing.

- Other licensed professionals are encouraged to include a Maryland business or professional license number or business affiliation in their ad.
- Estate, moving and/or garage sale ads must have prior approval of the mutual where the sale will be held, LWMC management office and the Security and Transportation office. The Estate/Moving/Garage Sale application form is available at the Administration Building, or by calling (301-598-1355).

For questions about placing a classified ad, contact the Leisure World News office at (lwnewsads@lwmc.com) or (301-598-1310).



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In 2019 We Did Over 50 Transactions!

Dear Reader,

Last year was a busy and productive one. Because of our vast experience, we also list, sell, & consult on properties in the surrounding Metro area for neighbors, past clients, & those moving to the community. Our current listings are detailed in this paper's classifieds under "Real Estate for Sale." Here are some of our outside 2019 listings and consults. There were ten properties in Silver Spring, Rockville, Burtonsville and Laurel.

SILVER SPRING

- 11815 Gordon Road
- 408 Scott Drive
- 1190 Rainbow Drive
- 16005 Wallingford
- 12037 Dalewood

ROCKVILLE

- 16509 George Washington
- 15307 Manor Village

BURTONSVILLE

- 15128 Red Cedar Drive
- 3912 Halton Hall

LAUREL

- 7324 Breckenridge



THE REGENCY

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Listed and Sold



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3423 Island Creek #132-A
14512 Kelmscot #174-A



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3100 N Leisure World Blvd #116



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15000 Pennfield #404
15000 Pennfield #201



VANTAGE POINT WEST

3210 N. Leisure World Blvd #105



CREEKS

2900 Leisure World #234



TURNBERRY COURT

3005 S. Leisure World Blvd #702



FAIRWAYS NORTH AND SOUTH

3330 N. Leisure World #208
3310 N Leisure World
#328, #901, #912, #821



GREENS

15115 Interlachen #704 & #908
15100 Interlachen #602
15101 Interlachen #909



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3627 Gleneagles #2-2C
15310 Beaverbrook #3F



CO-OP APARTMENTS

3470 Chiswick #43-1F
3322 Chiswick #61-2H
3431 Leisure World #88-2D
3311 Leisure world #99-3B
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EVENTS & Entertainment

■ Arts in Motion (AIM)

Feb. 14: Enjoy Jazz with Your Valentine

by Grace C. Cooper

AIM presents the dynamic jazz artist Jeri Frye on Valentine's Day, Friday, Feb. 14, in the Clubhouse I Crystal Ballroom.

Frye performed for AIM this past summer and the audience gave her round after round of standing applause while calling for her to return to Leisure World. What a wonderful concert for this Valen-

tine's evening.

Tickets are \$25 (checks only, payable to AIM) and are on sale at the Clubhouse I E&R office. Tickets include light snacks. AIM members may reserve a table



for eight or 10. Open tables are available for other guests.

Doors open at 4:45 p.m., snacks are served at 5 p.m. and the concert begins at 6 p.m. Get your tickets now.

■ Sock Hop Group

Feb. 15: Come Dance with the Sock Hoppers

Join the Sock Hop Group at its next dance on Saturday, Feb. 15, from 7-10 p.m. in Clubhouse II.

The price of admission is \$5. Sodas and water are provided, but participants can also bring their own snacks and beverages. "Take Two Entertainment" will provide great dance music.

And then come enjoy Sock Hop Live on Saturday, March 7, in the Clubhouse I Crystal Ball-

room. Live band Groove Quest will perform from 7-10 p.m., and dance lessons will be given from 6:30-7 p.m.



The cost is \$10, with sodas and water provided. Alcoholic beverages can be purchased at the bar.

Dancers are welcome to bring snacks. See you there!

For questions concerning the Sock Hop Group, contact Doug Brasse at (301-448-8708).

— Abigail B. Murton

■ Ballroom Dance Club

Feb. 22: Come Dance to the Helmut Licht Trio

by Ida Leong

Dance to the music of Ballroom Dance Club's favorite, The Helmut Licht Group, on Saturday, Feb. 22, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Doors open at 7:15 p.m.

A cash bar is available and guests may bring snacks. The cost to attend is \$10 for Club members and \$15 for non-members and guests.

Suggested attire is dressy, with jackets and ties for the gentlemen and dressy outfits for the ladies. Although the dance is post-Valentine's Day, dancers may want to add a dash of red to their attire.

Make reservations no later than Thursday, Feb. 20, with Hal Freeman at either (bobbihal@aol.com) or (301-438-7513). And then put on your dancing shoes and come out for a fun evening!

■ Education and Recreation Department

Feb. 19: Tenor Performs Classical to Jazz

On Wednesday, Feb. 19, at 7 p.m., in the Clubhouse II auditorium, tenor Kelvin Page presents a program of vocal music from classical works to spirituals to jazz. He is accompanied by William E. Jones.

This performance is co-sponsored by the Washington Performing Arts (WPA) and the E&R Department and is part of the WPA's Enriching



Kelvin Page, courtesy photo

Experiences. Enriching Experiences program promotes lifelong learning and social engagement for adult audiences through immersive arts experiences. Events include interactive music and dance performances, workshops and intergenerational activities that spark curiosity and self-growth in the arts.

Tickets for this performance are \$7 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

About the Performers

Page is a teaching artist for WPA and performs recitals through its Enriching Experiences program. He also performs with local performing arts organizations like the Washington

National Opera and the D.C. Opera Project. As well, he presently serves as president of Ben Holt Memorial Branch

of the National Association of Negro Musicians, is on its national board of directors, and serves as minister of music at Trinity Episcopal Church in Washington, D.C. He holds a bachelor's of arts degree in vocal performance from the University of

the District of Columbia.

Jones frequently has appeared as an accompanist with numerous area performing chorales and choirs. He has taught music and musical theater at Philander Smith College, Howard University, the University of the District of Columbia and the Duke Ellington High School of the Arts; and currently teaches music in Prince George's County Public Schools. He is director of music at Sixth Presbyterian Church in Washington, D.C. and president of the Artist Group of Washington, an arts advocacy organization. Jones has a bachelor's of music degree and master's of music degree in vocal performance from Howard University.

PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



Feb. 25: Reenactments Honor Black History

by Patricia Means

LWAAAC is pleased to present a two-fold event, “The FREED Presentation” and “Harriet Tubman: Defender and Fight for Freedom,” as part of its Black History Month program on Tuesday, Feb. 25, from 2-5 p.m., in Clubhouse II.

Admission is free, but registration is required and is available Tuesday, Feb. 11, through Monday, Feb. 24, by stopping by the Clubhouse I E&R office or by calling the office at (301-598-1300). Free will offerings are accepted at the event.

About the Presentations

“The FREED Presentation” is a revisit to the past with the Female RE-Enactors of Distinction (FREED) donned in period dress and recreating the lives of black women that textbooks have overlooked or forgotten to acknowledge or are unknown.

The cast lends its voices in monologues and dramatic actions as they step back in

time to resurrect the world of women in their African homeland, Middle Passage experience and enslavement in the U.S.

“Harriet Tubman: Defender and Fight for Freedom” is an electrifying and captivating one-woman dramatic performance depicting how a humble but steely, courageous woman sets out against all odds to escape from slavery.

The performance depicts her selfless desire to help others to freedom from the horrible institution of slavery.

Through narrative and song, Eunice Lewis Seagraves as Tubman reveals the Defender’s pain and elation as a determined and formidable leader freeing people from the binds of slavery.

About the Performers

FREED was founded in 2005 as an auxiliary organization of the African American Civil War Museum in Washington,



At left, FREED, photo courtesy the African American Civil War Museum. At right, Eunice Lewis Seagraves as Harriet Tubman, courtesy photo



D.C. The women came together after dressing in period attire at an event commemorating the establishment of the U.S. Bureau of Colored Troops during the Civil War. The group focuses on resurrecting characters from the middle of the 19th century to draw attention to black women’s struggle for freedom.

FREED performers include Christine Bennett as Harriet Ann Jacobs, Patricia A. Tyson as Hallie Quinn Brown and

Bobbie Coles as the Nameless Faceless Woman of the Civil War.

Seagraves made her stage debut with the national touring company of the Broadway play “The Wiz” in the roles of Aunt Em and Glinda, the Good Witch. She has been known for her portrayal of Tubman since 2016 and has performed in the role more than 30 times at local and national stages, churches, universities and 55+ communities.

■ Education and Recreation Department

Feb. 15: Pam Parker Trio: A Tribute to Jazz

The E&R Department brings the Washington, D.C., jazz scene to Leisure World when jazz vocalist Pam Parker returns to take the stage on Saturday, Feb. 15, at 7 p.m. in the Clubhouse II auditorium.

Parker is a frequent performer at Blues Alley and Twins Jazz. The Washington Post’s Express Night Out has described her singing as a blend of “Billie’s precision with Aretha’s brand of soul” and her voice as a “combination of sweet tone” and “spot-on vibrato.”

Parker also co-hosts a women’s radio collective called Sophie’s Parlor on D.C.’s WPFW 89.3 FM and, to date, has recorded four CDs, including “The Lemonade Project,” which was inspired by her mom and the adage,



Pam Parker, courtesy photo

“When life gives you lemons, make lemonade.”

Tickets for this performance are \$9 per person and on sale in both clubhouse E&R offices.

Please bring your Leisure World ID.

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Laminate | Vinyl****■ Fireside Forum****March 1: Female Spies
from the Civil War
to Modern Times**

by Jonas Weiss

On Sunday, March 1, Fred Edwards, a member of the American Humanist Association and a volunteer at the Smithsonian Natural History Museum, returns to Leisure World to tell the stories of female spies.

The program is at 2:30 p.m. in Clubhouse II, and Rosalind Kipping is the host for the speaker.

About the Program

Some female spies have had sexual relations with the enemy, and even carried out assassinations or relayed information that led to battlefield deaths. Such actions are not unique to female spies; they are characteristic of the whole spying enterprise. Edwards will mention how some of these women responded to such ethical questions, but will leave it to the audience to decide where right and wrong lie.

Edwards will cover spies for the Confederacy, the Union and American forces abroad, as well as French, German and Russian spies. He will include a vindication of Mata Hari in World War I and the astonishing story of American-born dancer and singer Josephine Baker in World War II.

He will bring attendees up-to-date with the latest accused Russian spy, Maria Butina, who may have been acting on behalf of Vladimir Putin. His presentation is an interesting exploration of spying in the history of warfare.



Fred Edwards, courtesy photo

**About the Presenter**

Edwards has been executive director of the American Humanist Association, editor of the Humanist magazine and national director of the United Coalition of Reason. As a continuing voice for humanist ideas over the past 40 years, he has appeared on national and local radio and television and has lectured in North America, Europe and India.

Edwards is now a member of the adjunct faculty of the Humanist Institute, the historian of the American Humanist Association, and is on the Broader Social Impacts Committee of Human Origins at the Smithsonian Museum of Natural History. He is also director of planned giving for the Humanist Foundation of the American Humanist Association.

Free Fireside Forum programs are made possible by donations from Leisure World clubs and organizations and individual residents.

Coming in 2020*The E&R Department is pleased to provide the following programs.*

Feb. 15, 7 p.m.	Pam Parker Trio
Feb. 19, 7 p.m.	Kelvin Page, tenor, with William Jones, accompanist
March 6, 2 p.m.	Stephanie Daily – Back to Broadway
March 17, 7 p.m.	Ocean – Celtic music
March 23, 2 p.m.	Double Play – flute and tuba
March 28, 7 p.m.	A Diva Making History
April 17, 2 p.m.	Steve Friedman – Revivals: The Broadway Cash Cow
April 19, 7 p.m.	TransAtlantic Duo with Vladimir Fridman

*Watch Leisure World News for more information on these
and other upcoming programs throughout the year.*

March 5: Ancient and Modern Wonders – Egypt and the Nile

by Fred Shapiro

In November 2019, husband and wife Maurice Zeeman and Dianne Bradley embarked on an epic journey to Egypt, including a weeklong cruise on the Nile River.

The Center for Lifelong Learning (CLL) has scheduled Bradley to present her photos and experiences from the trip on Thursday, March 5, at 2 p.m. in Clubhouse I. The presentation is free, but residents are requested to register beginning Tuesday, Feb. 11, at 8:30 a.m. by either stopping by the Clubhouse I E&R office or calling (301-598-1300).

Through their photos, journey with them as they take you to Cairo where history can be traced back to 5,000 B.C. Take in the fabled Pyramids of Giza and the iconic Sphinx. Travel to Luxor, known in ancient times as Thebes, visiting the vast West Bank necropolis and Valley of the Kings with hundreds of pharaonic tombs and temples and their well-preserved carvings, drawings and hieroglyphics. Visit temples and museums that contain numerous historic treasures.

In addition to delving into Egypt's extensive past, observe everyday Egyptian life unfolding as you "join" them on their visit to Cairo



At left, husband and wife Maurice Zeeman and Dianne Bradley visit the Egyptian pyramids. At right, Bradley rides a camel in Egypt. Photos by Dianne Bradley

and their cruise on the Nile, stopping to visit ancient treasures as well as observing modern-day life in Egypt. Learn about the importance of the Aswan Dam, as well as how shopping, security, housing and transportation differ markedly from the U.S.

About the Photographers

Zeeman and Bradley enjoy traveling both locally and internationally. Their interest in other countries was heightened as they hosted a dozen exchange students over the years from Japan, Germany, Greece, Albania, China and Russia. When they weren't traveling in other countries, they were able to experience and share this country through the eyes of youth from around the world.

Bradley now serves on the Board of Trustees for Youth

for Understanding Intercultural Exchange headquartered in Washington, D.C. Both Bradley and Zeeman have been to all 50 states, and Bradley has been to all seven continents.

If you have never seen the pyramids or traveled down

the Nile, this is your chance to see the ancient marvels as well as the modern changes made in the country by the Egyptians.

For information on all CLL courses and lectures, visit (www.cllmd.com).



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***We will be located on the 2nd floor of the Leisure World Medical Center. Stay tuned for updates!**

March 6: Stephanie Dailey & Company – ‘Back to Broadway’

On Friday, March 6, at 2 p.m., in the Clubhouse I Crystal Ballroom, take a musical walk down memory lane with Stephanie Dailey & Company’s “Back to Broadway” show.

Come hear – and sing along with – songs from famous Broadway musicals you know so well. Vocalist and dancer Stephanie Dailey will be accompanied by jazz pianist Wayne Wilentz, who has performed previously at Leisure World.

Dailey, in costume, will give you the scoop on plot lines and behind-the-scenes tidbits about Broadway musicals and stars

that will surprise you. Also, in recognition of Women’s History Month, the performance will highlight how women have contributed to the Broadway musical genre.

Don’t miss this exciting and fun look at the Broadway stage that will leave you wanting more!

Tickets for the performance are \$6 per person and go on sale on Tuesday, Feb. 11, at 8:30 a.m. in both clubhouse E&R offices.

Please bring your Leisure World ID.

About the Performers

Dailey has been entertaining

audiences in the Washington, D.C., metropolitan area for more than 15 years and has performed multiple one-woman shows at Jojo’s in Washington, D.C., Normandie Farms in Potomac, Maryland, and Cafe Italia in Arlington, Virginia. Her latest CD is “Stephanie Dailey - On the Move.”

Wilentz, a pianist, keyboardist, composer and arranger, is a highly regarded jazz musician who is known for his versatility and vast repertoire as well as his expertise in Brazilian music.



Performer Stephanie Dailey, right, and pianist Wayne Wilentz, left. Courtesy photo

March 17: Quartet Performs Celtic Music for Ancient Moderns

On Tuesday, March 17, at 7 p.m. in the Clubhouse II auditorium, celebrate St. Patrick’s Day with Ocean Celtic Quartet. Ocean, the Washington, D.C., area’s award-winning Celtic ensemble, will present a program of traditional and original music.

Ocean’s soaring vocals, fiery fiddle tunes and rollicking button

accordion will have your spirit soaring and your toes tapping, while you sing along with songs that stretch back for centuries. There be songs from Scotland, Ireland and other Celtic nations, along with award-winning, original compositions by band-leader Jennifer Cutting.

This outstanding performance is co-sponsored by the

Education and Recreation Department and the Foundation of Leisure World. Tickets are \$15 per person and go on sale on Tuesday, Feb. 11, at 8:30 a.m., in both clubhouse E&R offices. Please bring your Leisure World ID.

About the Quartet

Ocean Celtic Quartet members include bandleader Jennifer

Cutting (accordion and piano); Chris Noyes (vocals and guitar); Sean Heely (fiddle); and traditional singer and folklorist Stephen Winick (vocals and percussion).

The Quartet performs at area venues like Black-Rock Center for the Performing Arts in Germantown, Cellar Stage in Baltimore, Strathmore Music Hall in Rockville and at the Southern Maryland Celtic Festival in Prince Frederick.

All members are experienced teachers and have taught at George Washington University

in Washington, D.C., George Mason University in Fairfax, Virginia, and Davis and Elkins College in Elkins, West Virginia.



Ocean Celtic Quartet, left to right: Sean Heely, Christine Noyes, Jennifer Cutting and Stephen Winick, courtesy photo

About the Foundation

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and

cultural purposes.

Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law.

If your club or organization has a need, email the Foundation at (foundation@lwmc.com).



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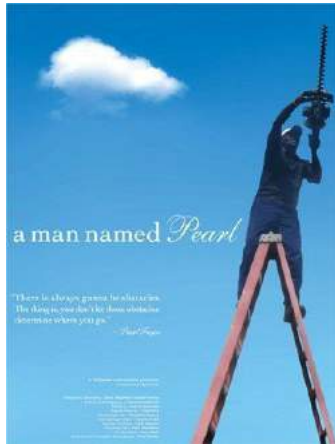
www.MarylandFeet.com

■ Garden and Environmental Club

Feb. 10: 'A Man Named Pearl'

On Monday, Feb. 10, the Garden and Environmental Club shows the award-winning film "A Man Named Pearl" (2006, 1 hour 18 minutes, documentary, rated G) at 10 a.m. in Clubhouse I.

The documentary is an inspiring story about a man whose unlikely rise to prominence began with a bigoted remark about African-Americans and their yards. Coffee, tea and homemade desserts will be served before, during and after the meeting.



— Jean DeSchriver

■ Hispanos de Leisure World

Feb. 14: 'Carancho'

by Carlota Goldenberg

The Hispanos de Leisure World present the film "Carancho" (2010, 1 hour 47 minutes, crime/drama/romance/thriller, Spanish with English subtitles, not rated) on Friday, Feb. 14, at 3 p.m., in Clubhouse I.

A serious car accident places together a doctor and an attorney working with a critically wounded driver. The doctor is trying to save the patient and the attorney has his mind on the patient and the insurance company's money.

The 'carancho' is a bird of prey that attacks and feeds on wounded animals. This is the name given to attorneys that follow and sometimes stage an accident in order to collect



either from the insurance company or the victim.

The movie presentation is free and open to all residents and their guests. Coffee, tea and cookies are available after the movie.

2020 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Feb. 13, 1 p.m.	Gloria Bell	LIMITED
Feb. 23, 2 p.m.	Green Book	Feb. 11
March 19, 1 p.m.	Toni Morrison: The Pieces I Am	Feb. 25
March 29, 2 p.m.	Second Act	March 10
April 16, 1 p.m.	Breakthrough	March 24

Movies are subject to change.

■ Italian Social and Cultural Club

Feb. 23: 'Marriage Italian Style'

by Flo Merola

On Sunday Feb. 23, the Italian Social and Cultural Club shows the film "Marriage Italian Style" (1964, 1 hour 42 minutes, comedy/drama/romance, Italian with English subtitles, not rated) at 2 p.m. in the Clubhouse I Crystal Ballroom.

Filomena (Sophia Loren) was working in a brothel when she first met Domenico (Marcello Mastroianni) and has been his mistress ever since. Upon hearing that he plans to marry a much younger woman, Filomena devises a brilliant scheme to convince him that it is her he should be marrying. A volcanic battle of the sexes ensues.

"Marriage Italian Style" is considered one of the most famous and funniest Italian comedies of all time. The film received Academy Award nominations for best foreign language film and best actress.

Delicious desserts, coffee and tea will be served prior to viewing the film. The film showing is free for members and \$5 for non-members, however; non-members may



attend for free by joining the Club now at the half-year membership rate of \$6.

Advance registration for the film is required. Members can make a reservation by contacting Barbara Kaminski at (301-847-9313) or (bkaminski0064@gmail.com).

Non-members can make their checks payable to the Italian Social and Cultural Club and mail them to Barbara Kaminski at (15107 Interlachen Dr., Apt. 324, Silver Spring, MD 20906). The last day to make or cancel a reservation is Wednesday, Feb. 19.

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Education and Recreation Department

Sunday Afternoon at the Movies

Feb. 23: 'Green Book'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, Feb. 23, the featured film is "Green Book" (2018, two hours 10 minutes, biography/comedy/drama, rated PG-13 for thematic content, language including racial epithets, smoking, some violence and suggestive material).

Free tickets, limit two per person, are required and can be obtained beginning Tuesday, Feb. 11, at 8:30 a.m. in either clubhouse E&R office. Please bring your Leisure World ID.

Based on actual events, the film depicts the road trip of African-American concert and jazz pianist Dr. Donald Shirley and his driver,

Italian American Tony "Lip" Vallelonga, through the Jim Crow south of the 1960s.

As they drive, they use the "Negro Motorist Green Book," a travel guide created

by Victor H. Green, that enabled African-American motorists to find lodgings, restaurants and safe passage through the segregated South. Although from disparate backgrounds, through their shared experience on the concert tour, the two forge

a deep friendship.

Shirley is depicted by Mahershala Ali, and Vallelonga by Viggo Mortensen.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.



Jewish Residents of Leisure World

March 16: 'Love in Suspenders'

by Jonas Weiss

Jewish Residents of Leisure World (JRLW) and the Bender Jewish Community Center's Coming of Age in Maryland program show the film "Love in Suspenders" (2019, 1 hour 33 minutes, comedy/romance, Hebrew with English subtitles, not rated) on Monday, March 16, at 1:30 p.m. in the Clubhouse II auditorium.

There is no fixed age for love. The encounter between two people with different personalities –

Tammy, a widow in her sixties, and Beno, a widower in his seventies – should be

a nightmare. Love, however, has its own rules.

Notwithstanding their differences in lifestyle and personality, and their interfering offspring and neighbors, they do eventually fall in love.

The cost to attend is \$8 per person, checks only (payable to JRLW).

Sign-up begins on Tuesday, Feb. 11, at 8:30 a.m. in the Clubhouse I E&R office.

All residents are welcome.





LEISURE WORLD

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Leisure World News

- Community News
- Calendar of Events
- Calendar of Meetings



Resident Website (residents.lwmc.com)

- Community News
- Community Calendar
- News Alerts



Community Email

- available upon sign up to (residents.lwmc.com)



Recorded Daily Events (301-598-1313)

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TV Channels

- 972 - Daily Events and Announcements
- 974 - Weekly Events and Meeting Broadcasts

■ Compassion and Choices

Feb. 11: Organ, Tissue and Whole Body Donation – Fact vs. Myth

by Rosalind Kipping

All residents are welcome at the Compassion and Choices meeting on Tuesday, Feb. 11, at 2 p.m. in Clubhouse I.

Anna-Maria Roache of the Washington Regional Transplant Community will present a PowerPoint program and talk about the great need for individuals to donate their organs and body tissues for the use of others, when they don't need them anymore. Roache will explain the process and answer attendees' questions. Give the gift of life.

Medical schools and research institutions also need whole body donations. Rosalind Kipping will provide information on how to make a whole body donation. Help

educate our future doctors and move research forward.

The meeting is the first of the 2020-2021 season. The Group's new fiscal year began on Oct. 1, 2019. Annual dues are \$5 and members' support makes possible the materials found on the Group's resource tables.

Residents are not required to be members to receive the Group's benefits, but the Group hopes they will support the end-of-life education effort provided.

Come early to the meeting to review materials on a variety of end-of-life issues provided on the resource tables and take away whatever is of interest to you.

Rosalind Kipping is available at (rozkiping@comcast.net) or (301-598-4171).

Medical Center Onboards Nurse Practitioner

Certified registered nurse practitioner Lemolls Johny has joined the MedStar Health medical center and is seeing patients on weekdays in the specialty area of the building.

Johny specializes in providing primary and long-term care nurse practitioner services to adults.

To schedule an appointment with her, call the medical center's main number at (301-598-1590) and press option 1 to schedule an appointment, and press 1 to schedule an appointment with primary care.



Lemolls Johny,
photo courtesy
MedStar Health

—Leisure World News

■ Center for Lifelong Learning (CLL)

Feb. 26: Nurse Teaches How Diet Can Boost Your Health

by Fred Shapiro

Working with the theme “you are what you eat,” The Center for Lifelong Learning (CLL) presents a program entitled “Seniors Caring For Self” by registered nurse and certified health and wellness coach Gwendolyn C. Jones on Wednesday, Feb. 26, at 2 p.m. in Clubhouse I.

The program is free, but residents are requested to register for it beginning Tuesday, Feb. 11, at 8:30 a.m. by stopping by the Clubhouse I E&R office or by calling (301-598-1300) to assure adequate seating.

Discover how adding phytonutrients – such as those found raw foods and plants – to a meal can help boost health to a level of wellness that leads to a more vibrant and youthful lifestyle, and how making smoothies is a tasty and easy way to achieve this boost. Learn

also how to assist your body to internally balance itself to do the work it was designed to do.

About the Presenter

Jones is a nurse liaison with Jewish Social Service Agency's Premier Homecare and graduated from Institute for

Integrative Nutrition as a certified health and wellness coach in 2014.

Her interest in health and wellness started as a child as she witnessed her grandmother's homemade remedies that kept her family healthy. She is currently writing

wellness books for seniors on healthy lifestyle and aging gracefully.

As a senior herself, Jones is encouraging others to look and feel good about themselves and to lead successful, happier and healthier lives.

For information on all CLL courses and lectures, visit (www.cllmd.com).



Gwendolyn C.
Jones, photo by
Fred Shapiro

Fit Body and Mind



Members of the newly formed Fitness Club learn line dancing steps to strengthen cognition, memory and movement at a meeting on Jan. 22.

The 45 attendees also learned about ‘proprioception,’ or the perception of the position and movement of the body. For more information about the Club or to join, email Pat McConnell at (pmcconnell2@gmail.com). Photo by Pat McConnell

■ Cannabis 101 Club

Feb. 20: Register for Medical Cannabis

by Carminetta Verner

The Maryland Medical Cannabis Commission (MMCC) is the state government agency that approves applications for patients and caregivers to purchase cannabis at licensed dispensaries in Maryland.

As a service to the community, the Cannabis 101 Club registers residents on a periodic basis with the MMCC. The Club's next registration day is Thursday, Feb. 20. The number of applicants that can be registered is limited.

If interested in this service, email Carminetta Verner at (Lwcan101@gmail.com) with your name, phone number and email address as soon as possible to receive further instructions, or call her at (630-699-1629) after 10 a.m.



■ Health Advisory Committee

Boost Drivers' Safety and Longevity

by Sandra McLeskey

As people age, they experience subtle changes in their vision, physical functioning and cognitive skills. These changes may eventually affect the way they drive.

On Tuesday, March 3, at 10:30 a.m. in Clubhouse I, Dr. Gina Pervall, chief of the Medical Advisory Board for the Maryland Department of Transportation Motor Vehicle Administration (MDOT MVA) and Carol Wheatley, occupational therapist and driver rehabilitation specialist at Medstar Health, will discuss age-related changes and some methods to enable people to continue to drive for as long as possible.

The talk is free but sign up is requested to insure adequate seating, beginning on Tuesday, Feb. 11, at 8:30 a.m. in the Clubhouse I E&R office.

Adaptive devices and strategies to increase driving safety can improve a person's ability to control the vehicle. The Motor Vehicle Administration, a division of the Maryland Department of Transportation, has a Driver Wellness and Safety Unit to review drivers who have medical conditions that may impact their capacity to drive.

One possible recommendation is to see a driver reha-

bilitation specialist who can assess a person's driving ability and determine if equipment or training could improve the person's driving. The common goal, for everyone, is to promote the safety of the individual as well as the safety of others on the road.

About the Presenters

Pervall has more than 25 years of clinical experience and is a medical expert in the field of transportation. She serves under appointment of the Secretary of the Department of Transportation (DOT) as chairperson for the Federal Motor Carrier Safety Administration (FMCSA) medical review board.

Her leadership in these positions has been instrumental in developing guidelines and regulations adopted by both MDOT MVA and FMCSA for medical fitness-to-drive and certification of both commercial and non-commercial drivers.

Wheatley has been providing driver rehabilitation services to both novice and experienced drivers for 20 years. She has co-authored a textbook chapter and several journal articles on the topic of driving assessments and training and has presented at numerous local and national driver safety forums.

■ Stroke Support Group

Feb. 18: Memory Game

The Stroke Support Group meeting on Tuesday, Feb. 18, features a presentation by Patricia Dubroof, senior aging specialist from Assisting Hands Home Care.

The meeting is from 1-2 p.m. in Clubhouse II and all residents are welcome. Dubroof will teach attendees how to play a free memory and communication game that they can then personalize to use with their loved ones at home.

To RSVP for the meeting or for more information about the Group, contact president Amy Boltz at (1-248-652-0304).

– Amy Boltz

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

Fitness Center: One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

Living Better with Parkinson's: The Living Better with Parkinson's support group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

CLUBS, GROUPS & Organizations

Religion and Spirituality Discussion Group Forming

by Richard Lederman

Organized religion is on the decline in the U.S., yet surveys show that what is called “spirituality” is not. While religion and spirituality are not topics of most social gatherings, there are plenty of people who would like to talk about their personal spiritual or religious experiences.

What is your understanding of God, the divine, the sacred or the transcendent, and how do you experience it in your life? Does ritual play a role in your life, and if so, how does it enhance or inhibit your experience of God? Do you pray, meditate or engage in religious or spiritual practices? The Religion and Spirituality Discussion Group is meant to be a forum for exploration of these and other topics.

The group meets for the first time informally on Thursday, March 5, at 4:30 p.m. in the lobby of Clubhouse II.

For questions or to share your thoughts, contact Richard Lederman at (ledermanrc@gmail.com) or (240-441-8074), or Jan Skaggs at (janice.skaggs@gmail.com) or (928-699-4345).

Society for the Classical Arts Forming

by Maggi Lindley

Residents who have been wishing for more interaction with the classical arts may have their wish come true in the near future! A group of residents is seeking to start a new club called The Society for the Classical Arts of Leisure World.

The club will be for all art lovers and will cover music, dance, theatre, poetry, painting and even the culinary arts! It will be the only club devoted entirely to the classical arts.

Using the great masterpieces of Western civilization as its foundation, The Society for the Classical Arts will be a cross-cul-

tural collective that explores the universal consciousness found in the arts and promotes a better understanding of the dynamic influence of the arts in our world.

Club events will include engaging lectures and performances by visiting scholars and artists, delicious themed culinary events, exciting field trips, poetry and dramatic readings and enriched evenings of lively discussion on artistic topics.

For information regarding the formation of this club, contact The Society for the Classical Arts at (LW.ARTSGalore@gmail.com) or call Max Eghbal at (301-598-2558).

Attention All Clubs

Are you president of a club at Leisure World or serve in another official role?

Keep in mind that some E&R policies regarding club, group and organization activities have recently changed. See the box on page 9 for more information, or for a full list of E&R policies and procedures, visit (residents.lwmc.com) and click on the Education and Recreation folder in the Resource Center.

– Leisure World News

■ Computer Learning Center

Android Help Available

Donna Copeland, resident and Computer Learning Center monitor, is available each Monday from 2:30-4:30 p.m. in the Computer Learning Center in Clubhouse II to help residents use their Android smartphones and tablets for email, internet and many other useful tasks.

Get help with getting started, learn more about familiar capabilities or learn new things your device can do. Bring your device for one-on-one, hands-on work. Windows help is also available.

– Donna Copeland



Feb. 19: Open Forum Discussion Group Meets

by Laurie Burdick

An open forum discussion group meets on the third Wednesday of the month from 1:30-3 p.m. in Clubhouse II. The next meeting is on Feb. 19.

This lively and at times entertaining discussion group is attended by an eclectic group of seniors interested in social events, politics and the world in general. The format allows attendees to express their opinion without fear of being judged. The group discusses four to five topics over a 90-minute period. Members are always encouraged to bring their own subject to the group, and nothing is off the table.

To attend, just show up or contact Rose Arnold at (301-512-0871) or (rarnold2000@comcast.net), or Laurie Burdick at (240-558-4454) or (Lgburdick@aol.com).

■ Italian Social and Cultural Club

Café Cinema Returns

by Flo Merola

On Sunday, Feb. 23, the Italian Social and Cultural Club shows the film “Marriage Italian Style” starring Sophia Loren and Marcelo Mastroianni. For details, see the Events and Entertainment section of this publication.

It is the time of year for Club members to think about nominations for 2021-2022 board positions, to be filled in May 2020. The current board members have served for several years and are stepping down in May to make room for members with new ideas.

The executive board positions

that are available are president, vice president, secretary and treasurer. Those who would like to be a candidate or have questions should contact membership chair Barbara Kaminski at (301-847-9313) or (bkaminski0064@gmail.com).

All members are invited to attend board meetings.

They are held on the first Wednesday

of the month at 1 p.m. in Clubhouse I.

Future Club events include Festivale Italiano on March 22 at 5 p.m., a performance by tenor Elio Saccio on April 26, at 2 p.m. and a brunch on May 17 at 12:30 p.m. Details will be forthcoming.



March 9: Learn About the ‘History of the Guide Dog Movement in the U.S.’

by Fred Shapiro

Look around Leisure World and you may see a number of residents walking with a dog by their side, guiding them to their destination. The Center for Lifelong Learning (CLL) has asked one of these residents, Jane Carona, to speak about the “History of the Guide Dog Movement in the U.S.”

The program is on Monday, March 9, at 2 p.m. in Clubhouse I. The program is free, but registration is required

and begins Tuesday, Feb. 11, at 8:30 a.m. by either stopping by the Clubhouse I E&R office or calling (301-598-1300).

Hear the fascinating story of how the guide dog movement came to the U.S., and the three larger-than-life personalities that made it happen. Learn what guide dogs actually do and do not do to aid their blind, visually impaired or otherwise disabled partners.

Carona speaks from personal experience; her

guide dog Sailor helps her make her way around the community. He is her sixth guide dog, and they’ve lived in Leisure World together for two years. Carona has been partnered with guide dogs since 1979.

Carona has served for 30 years as the office manager for Guide Dog Users Inc., the world’s largest membership and advocacy organization for people partnered with guide dogs. Since five of her dogs were trained at the Seeing Eye, the nation’s oldest guide dog school, the story of the founding of the Seeing Eye is one that is near and dear to her heart.

Whether you need the services of a guide dog now or may in the future, attend this program to learn just what

the guide dog can do to help you in your hour of need, as explained from a resident who has benefited herself.

For information on all CLL courses and lectures, visit (www.cllmd.com).



Jane Carona and her guide dog, Sailor, courtesy photo

■ Dog Club

Feb. 19: Speaker Talks Pet Bereavement at Meeting

by Pat Duran

The Dog Club hosts Carol Hendler of People. Animals. Love. (PAL) at its next meeting on Wednesday, Feb. 19, at 1 p.m. in Clubhouse I.

Hendler will discuss ways of dealing with grief over the loss of a beloved pet. She presented an overview of the services provided by PAL at the Club’s November meeting.

Come and share in this conversation about an experience universal to pet owners everywhere. Handouts will be available with relevant area resources.

The Club extends its heartfelt condolences to residents who have recently lost an animal companion. They are steadfast friends always there for us with unwavering loyalty and unconditional love.

January Meeting

Alan Chiet, pharmacist and owner of the Knowles Apothecary, treated Club members to a fascinating presentation

at the Jan. 15 meeting.

Knowles Apothecary, an independent full service pharmacy in Kensington, works with area vets and zoos to provide services to pet owners. Chiet explained how prescriptions from veterinarians are prepared, often combining flavors that have “pet appeal” with specific medications, to make the medicine more palatable.

Knowles also offers consultations with nutritionists and clinical herbalists to their customers.

There were plenty of questions from the audience and Chiet answered them with clear and expansive explanations.

Club Information

All residents, whether dog owners or not, are invited to meetings of the Dog Club.

Any resident interested in the Club but unable to attend the Feb. 19 meeting should contact (Jane.e.carona@gmail.com) or (301-598-2131).





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Feb. 14: Highlights of the National Palace Museum in Taipei, Part Two

by Stella Shaw

On Friday, Feb. 14, Dr. Yuan Liu returns to present part two of a talk on the highlights of the National Palace Museum in Taipei. Hosted by the Chinese Club, this free talk is from 10-11 a.m. in Clubhouse II and all residents are welcome.

The National Palace Museum in Taipei is one of the largest museums of Chinese art in the world. It has a permanent collection of nearly 700,000 pieces of ancient artifacts and artworks, which encompasses 8,000 years of Chinese history from the Neolithic age to the modern time. The museum shares its roots with the Palace Museum in the Forbidden City

in Beijing. The collections of these two museums originated from the Chinese imperial collections.

As the National Palace Museum in Taipei's collection is so vast, it is both challenging and overwhelming for visitors to know what to see in the museum – either on a physical visit or an online virtual tour.

If time permits, Liu will also provide information on other museums in Taipei.

About the Presenter

Liu is a neuroscientist and served as the Chief of International Office at one of the Institutes at the National Institutes of Health for many years. She has been invited by several universities in China and many

cultural organizations in the Washington Metropolitan area to deliver seminars focusing on art and world cultures.

Liu has lived in Asia, Europe and the U.S., and has traveled to more than 50 countries on six continents. She is also a writer and photographer who has written many articles on art and cultures, and her recent book, "Touring the Library of Congress – A World of Knowledge," was selected by committees and readers in three "Best Books of the Year" nominations.

Many members of the Chinese Club are familiar with Liu as she was one of the Smithsonian's docents who guided them through the exhibition of the Empresses of



Dr. Yuan Liu, courtesy photo

China last April. Club members were impressed by her bilingual ability and her in-depth knowledge on the artifacts in the exhibition. In addition, she is a great speaker. Don't miss this opportunity to hear her talk.

■ New Yorkers and Friends Group

New Yorkers and Friends Celebrate Diversity

by Linda Mahler

The New Yorkers and Friends is a diverse group, comprising not only people from various parts of New York City, state and surrounding suburbs, but also from a wide range of cultural backgrounds.

On Thursday, Feb. 13, the Group hosts a sold-out deli dinner and movie, "Catskills on Broadway."

Potluck

New York is a place where more than 800 languages are spoken and it is the quintessential melting pot of different people and cultures coming together to merge and mix.

The Group will recognize each other's cultural and ethnic backgrounds through diversified cuisine at an international potluck luncheon on Thursday, March

12. The event is open to all residents and details will be forthcoming.

Making a Difference

The Group's mission reflects a desire to reach out to others in the community, so the Group is involved in various outreach programs and charities.

The Group will collect new household and baby items at the Feb. 13 event to benefit A

Wider Circle, a social services organization in Silver Spring that provides assistance to individuals and families transitioning out of homelessness or fleeing domestic abuse.

The Group has also made a financial donation to the New York-based foundation, Tuesday's Children, a response and recovery organization that offers programs and resources to military families of the fallen, as they did with those affected by Sept. 11.

Volunteer Opportunity

The Group's education coordinator, Ruth Becker, has a team of volunteers who assist with activities at Strathmore Elementary School in Aspen Hill.

Residents who would like to know more about these volunteer opportunities are asked to contact Ruth at (yabobecker@aol.com) or (301-288-4267).

For more information about the Group, contact either co-president Linda Mahler at (301-288-4367) or Carole Mund at (301-598-2768).

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Another Happy Customer

Feb. 11: Wildlife Photographer Presents ‘Stories Behind the Images’



Photos by Irene Hinke-Sacilotto

by Fred Shapiro

The Rossmoor Camera Club’s monthly education program is on Tuesday, Feb. 11, at 7 p.m. in Clubhouse II. Photographer Irene Hinke-Sacilotto will give her presentation, “A Passion for Wildlife Photography, the Stories Behind the Images.”

Hinke-Sacilotto’s talk is based on her more than 35 years’ experience photographing wildlife and covers the knowledge, strategies, techniques and equipment required to capture engaging photos of animals.

All residents are welcome to attend.

Color Competition

Club members are currently preparing for the Tuesday, Feb. 25, competition that will feature photos illustrating the “color” in them – photos in which the main subject is predominantly of one color. Black and white images do not qualify.

Members can submit two each for the print and the digital phases of the competition. Submit entries to (rossmoorlw@gmail.com) by Monday, Feb. 17.

The competition’s judge is highly respected photographer Jill A. Bochicchio, who is ranked among photography’s top professionals and has crafted a reputation for creativity and excellence.

The print and digital winners of the Jan. 28 Open competition are:

Advanced Prints

1st place: George Kaye, “Coming Straight At You”; 2nd place: George Kaye, “Jerusalem Shofars”; 3rd place: Larry Mars, “Red Reflections”; Honorable Mentions: Chuck Bress, “Horses, Fog, Fences”; Brenda Gillum, “Teal Duck”; Joanne Mars, “Lemon Drop”; Joanne Mars, “Barred Owl”; Larry Mars, “Fish Racks.”

General Prints

1st place: Ingrid Masi, “Raking”; 2nd place: Ingrid Masi, “Rest”; 3rd place: Ron Masi, “Lake Louise”; Honorable Mentions: Ann Ferren, “Bay of Fires”; David Mahler, “Cactus Closeup”; Woody Shields, “Eyes of Steel.”

Advanced Digitals

1st place: George Kaye, “Morning After The Storm”; 2nd place: Larry Mars, “Jellyfish”; 3rd place: Brenda Gillum, “Valley of Fire Landscape”; Honorable Mentions: Bob Kaplan, “Benches Flanking Flowers”; Honorable Mentions: Bob Kaplan, “Bow Wave”; Steven Kline, “Brooklyn Bridge from the Heights”; Stewart Lillard, “NYC Welder”; Joanne Mars, “Myrtle Beach at Sunset”; Joanne Mars, “American Bald Eagle.”

General Digitals

1st place: Ingrid Masi, “Room with View”; 2nd place: David Harris, “Toledo Spain Archway”; 3rd place: Nina Parish, “Alhambra Lines”; Honorable Mentions: Ed Boesch, “Rae Lake Sunset”; Ed Boesch, “Flame

Sky”; Julie Friedman, “Burning Bush”; David Mahler, “Navajo Winds”; Ingrid Masi, “Ceiling”; Ron Masi, “RR Bridge”; Trenton Roudabush, “New Hope, PA.”

Membership

The Club has two levels of membership. Members who expect to compete in the monthly competitions pay dues of \$25 for the year. Residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of \$15.

Checks for dues should be mailed to Woody Shields at (Rossmoor Camera Club, 3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906).

For more information about the Camera Club, visit (www.rossmoorcameraclub.com).



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■ Ceramics Club

Mom and Daughter Duo are Ceramicists of the Month

by Meriel Brewer

Ceramicist of the month Marguerite Norris decided to keep herself busy by joining the Ceramics Club. Although she has never attended any art classes, with the guidance of other members and instructors she has developed her own technique and creativity.

Most of Norris' works have become gifts for her 13 grandchildren and 25 great-grandchildren, as well as gifts for Red Hat group members.

Pam Coppage, Marguerite's daughter, did take some ceramics classes 40 years ago, but she hadn't worked on any pieces since that time until she joined the Ceramics Club two years ago.

In addition to the quality time spent working with her mother that the Club affords her, Coppage enjoys the friendship and help of other Club members, and has benefitted greatly from the creativity and techniques



Mother-daughter duo Marguerite Norris and Pam Coppage, photo by Dottie Patch

their assistance provides.

Visit or Join

Come visit the Club's display case located near the E&R office in Clubhouse II during February to view these ladies' ceramics. Viewers, even those with no experience, may be inspired to try their hand at something new.

The Club's \$10 membership fee includes the member's first project with training by Beth or Janice. They can be reached at (301-598-1312). The Studio is located just down the hall from the big fireplace in Clubhouse II.

■ Rossmoor Art Guild

Survey Defines Art Guild's Priorities



A collection of watercolor paintings created by students in Rossmoor Art Guild's three-week introductory class line the art studio's windows in Clubhouse I. Photo by Judy Kirkland

by Judy Kirkland

At the end of 2019, the Rossmoor Art Guild (RAG) surveyed members on a variety of topics. The feedback provided has given RAG clear insights on what matters most to Leisure World's arts community.

RAG's board is preparing an action plan, much of which can be realized at little or no cost.

The plan will address such needs as expanding storage space and upgrading the studio for better teacher demonstrations, still life set-ups, video/online presentations and access to the in-room art library. Also, look for RAG to continue to expand its workshops, speakers, classes, volunteer opportunities and events.

One immediate need flagged by both teachers and members is replacing the hard-to-see chalkboard. RAG's board has already purchased a large whiteboard using proceeds from RAG's successful series of workshops. So, if you've attended any of them — thank you!

A full copy of the survey results was emailed to all members. A printed copy is also available in the foyer of the art studio in Clubhouse I.

Winter II Classes

Pre-registration is already underway for winter II classes that are set to begin Monday, Feb. 24. Residents can find the schedule and class descriptions

in the studio foyer, and sign-up sheets for classes are posted inside the art studio at the front of the room.

Popular classes for oils, acrylics, watercolor and dry media (pencils, pastels, charcoal) will continue this session. Alex Michaels will offer a new class: a three-week introduction to painting with acrylics for beginners.

Beginners who took last session's introduction to watercolor can continue to build their skills with Firouzeh Sadeghi's more advanced watercolor class, or; try Millie Shott's "Art is For Everyone," a free-spirited class for building watercolor skills and exploring your natural creativity through techniques such as collage.

Upcoming Events

Check your email or the art studio foyer for details on these upcoming events:

- general meeting — Tuesday, March 3, 1-2:30 p.m. Attend this free meeting to learn how to prepare for juried shows, deal with galleries and sell your work.
- workshop — Friday, March 27, 1:30-3:30 p.m. Let's paint cherry blossoms! Tuition cost is to be determined.
- spring fling — Tuesday, April 14. Attend this free annual party, with the speaker to be determined.

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March 4: 'A Touch of Ireland'

by Hannette Allen

Directed by Hannette Allen, the show "A Touch of Ireland" is a happy tribute to the Emerald Isle, celebrating its beautiful music, dance and lyrical use of language. The performance is on Wednesday, March 4, at 7:30 p.m. after the regular monthly meeting in the Clubhouse II auditorium.

The show includes singing, dancing, instrumentals and some creaky but funny Irish jokes. In addition to singers and performers, Fun and Fancy members who can read a short piece or a joke with a clear voice are also invited to participate. No memorization is required for the show.

For questions or requests, email either Hannette at (hannetteal@yahoo.com) or Rita Penn at (ritapenn@comcast.net).

Auditions continue Saturday, Feb. 8, at 10 a.m. in

the Clubhouse II auditorium.

The rehearsal schedule is Saturday, Feb. 15, 22 and 29 at 10 a.m., Thursday, Feb. 20 and 27 at 7 p.m. and Monday, March 2 (dress rehearsal), at 7 p.m. The dress rehearsal is required; for all other dates the Group will try to accommodate individual preferences. All rehearsals are in the Clubhouse II auditorium.

The U.S. in Music

A program featuring songs naming U.S. cities and states is performed on Wednesday, April 1, at 7:30 p.m. in the Clubhouse II auditorium following the monthly meeting.

Directed by Bobbie Seidel, auditions are held Thursday, March 5, at 7 p.m. and Saturday, March 7, at 10 a.m.

Contact Bobbie at (301-438-3412) with your choice of song (to avoid duplication), or to get a list of suggestions. Rehearsals are

on Saturdays and Wednesdays in March.

Join the Band

Tom Flester has started a band that meets every Wednesday at 1:30 p.m. in Clubhouse II beginning Feb. 12. Any Fun and Fancy Theatre Group member is welcome to join.

The band has four core members who play on the beginner/intermediate level. The band knows its limitations and keeps it simple, but is good and getting better.

Members are invited to bring their instrument to a session – an excellent time to give your showmanship a try. The band is always looking for new members!

For questions, contact Tom at (301-915-7789) or (tomflstr@gmail.com).



Fun and Fancy members rehearse for "An Evening of Classical Music." Photo by Joan Okin

February Concert

On Feb. 5, Fun and Fancy members presented an evening of classical music for the second consecutive year. Directed by Vito Sabia, the program featured operatic and Broadway selections by soloists, small groups and a full chorus singing two Verdi pieces.

Gifted pianists played beautiful classical music, and the evening included some lovely dancing.

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To schedule your appointment, contact Toni Davis at 301-388-7209 or tdavis@bgf.org.




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It's Not too Late to Join the Ballroom Dancers

by Ida Leong

Dance to the music of the Ballroom Dance Club's favorite, The Helmut Licht Group, on Saturday, Feb. 22, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. For details, see the Events and Entertainment section of this publication.

Occasionally, at the request of the Club, dance instructors will showcase their students with a dance during an intermission. At the Jan. 25 dance, Carol Bartel's students Jeremy Depp and Jenna Raymond performed a beautiful Viennese Waltz followed by an elegant rumba. Bartel also led eight of the ladies in an impromptu tango demonstration.

Membership

The Club had a great first dance of the year and a successful start of the 2020 membership renewal season. Many enthu-

siastic dancers danced the night away.

It's not too late to join the Club. Residents can simply stop by the membership table at the next dance and provide a check for \$10 per person, payable to LWBDC, which entitles members to a dance entry fee of \$10 per monthly dance.

The fee for non-residents and guests is \$15 per monthly dance. Members are encouraged to invite their friends, neighbors and relatives to the monthly dances. All are welcome.

About the Dances

All dances feature live music played in ballroom dance tempo, including slow and Viennese waltzes, fox trot, rumba, samba, tango, cha-cha, merengue, hustle, polka, swing and quickstep.

Dance to music from all eras, including Broadway, country and '30s through

current day pop tunes. Attendees are welcome to ask the bands for favorite tunes and if the bands know it, they will play it. A cash bar is available and guests may bring snacks.

Suggested attire for the dances from September through May is a dressy, with jackets and ties for the gentlemen and dressy outfit for the ladies. Warm weather dances held in June through August are more casual, with no ties or jackets required for the men and business casual for the ladies (no jeans). The Club has two themed dances during the year – the August Hawaiian Dance and the October Halloween Dance.

All dances are held on Saturdays from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Reservations are strongly suggested to ensure a place at a table with friends, old and new.



■ Garden and Environmental Club

Club Plans Movie, Presentation by a Master Gardener and More Throughout Spring

by Jean DeSchraver

On Monday, Feb. 10, the Garden and Environmental (G&E) Club shows the award-winning film "A Man Named Pearl" at 10 a.m. in Clubhouse I. For details, see the Events and Entertainment section of this publication.

The Club has planned several fun and engaging activities from now through May.

On Monday, March 9, master gardener Melissa Siegel will discuss edible plants and provide edible flowers and oils

during an interactive program.

The Club holds its annual spring tea on Tuesday, March 24, at noon in the Clubhouse I Crystal Ballroom. The luncheon is a highlight of the year and includes tea sandwiches, scones, homemade desserts, tea and coffee. Activities include a chapeau contest, a prize table with many gift baskets, gift certificates and new items, and musical entertainment.

Resident Leta Kopp and entomologist Dr. Dennis Kopp present "Insects and Pollinators" on Monday, April 13. Their presentation will concentrate on methods

to attract pollinators into the Leisure World community.

The Club celebrates National Arbor Day on Friday, April 24, with a program and refreshments provided by McFall & Berry Inc. landscaping company.

Club members and others will then plant a tree on Leisure World community property. The tree is purchased with profits from the annual spring tea.

On Monday, May 11, the Club holds a members-only potluck luncheon, which also serves as the last meeting of the year.

Residents and their guests are invited to attend all G&E meetings and events.

New members are always welcome to join the Club. Annual dues are \$10 and can be paid at the meeting or mailed to Club treasurer Vera Grinnalds at (The Fairways South, 3330 N. Leisure World Blvd., Apt. 119, Silver Spring, MD 20906). Make checks payable to G&E Club.



Topiary created by self-taught topiary artist, Pearl Fryar, courtesy photo



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Spanish Courses Offered in Spring

by Fred Shapiro

This spring, residents have the option of participating in an ongoing series of Spanish language courses.

Taught by Judy Frumkin and sponsored by the Center for Lifelong Learning (CLL), residents can sign up for one of two, seven-week courses starting in March. The morning class is for advanced students; the afternoon class addresses those interested in traveling to Spanish-speaking countries.

For details, including registration information, see the

Classes and Seminars section of this publication.

About the Instructor

Frumkin graduated from American University with a major in international relations, specializing in Latin America. She has a master of arts degree in curriculum and instruction from Coppin State University in Baltimore. She also has two certificates of attendance for the two summers she took Spanish for teachers courses at Universidad Menéndez y Pelayo in Santander, Spain.

Frumkin taught Spanish

in New Rochelle, New York and New York City and retired after 30 years in Baltimore City public schools. She also taught Spanish at Sojourner Douglass College and Baltimore City Community College. Before moving to Leisure World, she taught Spanish at the Renaissance Institute, a continuing education program at the Notre Dame of Maryland University.

Residents who wish to enhance their understanding of the second most popular language in the U.S. and converse with locals when



Judy Frumkin, photo by Fred Shapiro

they travel can sign up for the Spanish course of their choice. It will be a learning experience as well as fun.

For information on all CLL courses and lectures, visit (www.cllmd.com).

■ LW Green

Feb. 26: Learn How Planting Native Trees Can Mitigate Climate Change Effects

by Marybeth Ardike

LW Green's next meeting is on Wednesday, Feb. 26, at 2 p.m. in Clubhouse I and will feature an expert on the critical role of trees in reversing much of the worst damage from the climate crisis.

LW Green has, from its inception, been focused on the following missions:

- providing education about the natural environment and climate-related issues to the Leisure World community through presentations, films, speakers and events
- organizing actions to benefit the overall natural environment and mitigate the effects of the current climate crisis

As we enter 2020 with the news of the climate crisis increasing daily, LW Green will concentrate its efforts in two areas simultaneously: continuing efforts to mitigate the global climate emergency while enhancing the natural environment of our community.

Planting Native Trees

Planting native trees is a crucial component in the battle

to mitigate the effects of climate change.

Trees clean the air and water by absorbing and holding greenhouse gasses and, at the same time, they emit oxygen, protecting and improving human health. Importantly, trees

also help to maintain biodiversity.

Leisure World has removed many ash trees in the community to deter the spread of the emerald ash borer – an inva-

sive species killing ash trees in many states.

Think about the land area in your mutual. Are there places that you believe would benefit from the addition of trees? LW Green envisions a community-wide initiative to plant more native canopy trees to bring countless benefits to our own environment.

About LW Green

LW Green is a group of residents striving to be better stewards of the environment through education and advocacy. During the past year, the Group has focused on:

- increasing the tree canopy over Leisure World
- recycling and its benefit
- the challenges and damage

caused by the use of plastic bags

- reasons to support the Healthy Green Maryland amendment
- best ways to respond to the climate crisis
- the ecological damage involved in our choice of toilet tissue
- the health implications of pesticides
- the climate cost of idling vehicles

LW Green has a group of seven or eight folks who gather for coffee and scones one morning a month to come up with program ideas and figure out the best way to make them happen.



Trees on the golf course, photo by Sarna Marcus

For more information, visit (www.lw-green.org) or contact Marybeth Ardike at (240-353-3242) or (marybeth.bob@gmail.com), or Janice McLean at (301-847-9169) or (janicewmclean@gmail.com).

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■ League of Women Voters

League Has Its Eyes on Annapolis: Maryland General Assembly 2020

by Maxine Lewack

The next meeting of the Rossmore League of Women Voters (LWV) is Wednesday, Feb. 12 at 10:15 a.m. in Clubhouse I.

All men and women are invited to join us for an interesting presentation on what the League will promote as the priorities for passage in this legislative session. Coffee, tea and a “nosh” are provided.

This legislature will be

quite different from others in recent years. Leadership at both the House and Senate is new. Bill Ferguson, a former teacher and strong advocate for increased resources for education, is the new Senate President, succeeding Thomas V. Mike Miller who served in that capacity for more than three decades. The new House Speaker is Adrienne Jones,

replacing Michael Busch, who died last April.

As the 2020 session is underway, the League will review the League of Women legislative priorities and will outline the many ways in which League members and citizens can become more actively involved in the legislation that affects all Marylanders.

At the top of the list is redis-

tricting. Among other areas, in no particular order, are public financing laws, laws regarding health, human services and education, DACA and immigration and land use, transportation and natural resources.

2020 LWV calendars are still available by calling the Montgomery County LWV office at (301-984-9585). The cost is \$8 (plus handling and mailing cost) for the desk calendars and \$5 for the pocket calendars.



■ Vegetarian Society of Leisure World (VSLW)

Feb. 20: Learn Benefits of ‘Eating for the Planet’

by Bob Fenichel

The Vegetarian Society of Leisure World’s (VSLW) next meeting is on Thursday, Feb. 20, at 7 p.m. in Clubhouse I. The Group will host a presentation by Dan and Allison Corbett on “Eating for the Planet.”

Eating less carbon-intensive foods such as fruits, vegetables and legumes instead of animals and animal products can radically slash a person’s carbon footprint. The Corbetts will show how to address climate change through both systemic change and personal food choices. Their presentation is open to all residents.

About the Speakers

The Corbetts are active members of the working group that is supporting legislation in the state of Maryland to encourage a reduction in procurement of carbon-intensive foods by the Maryland state government.

Dan has worked in the U.S. Senate Committee on Environment and Public Works. Allison has a certificate in plant-based nutrition from Cornell University. They both now live in Baltimore, Maryland, but previously lived in Olney, Maryland, for several decades.

Upcoming Events

On Saturday, Aug. 8, at 4 p.m., in Clubhouse II,

renowned Dr. Michael Greger will speak to the Group. Greger produces a very popular series of internet videos at (www.nutritionfacts.org). He is also the author of a number of best-selling books including “How Not to Die” and “How Not to Diet.”

Registration for the five-day Vegan Summerfest is now open. This event takes place every year in Johnstown, Pennsylvania in the beginning of July. Johnstown is only a three- to four-hour drive from Leisure World. More information can be found at (<https://summerfest.navs-online.org>).



Dan and Allison Corbett, courtesy photos

Club Information

Additional information on VSLW activities is available online at (www.vslw.org). Everybody is welcome at VSLW activities; residents don’t have to be vegetarian to participate.

The mission statement of VSLW is “to support group members in maintaining a healthy lifestyle by eating a plant-based diet.”

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■ **National Active and Retired Federal Employees (NARFE) Chapter 1143**

Feb. 28: Councilman Will Jawando Speaks at Meeting

by John Moens

Chapter 1143 began the month with a heart health class and will end it with a membership meeting on Friday, Feb. 28, at 2 p.m. in Clubhouse I. Councilman Will Jawando is the speaker.

Thanks to all members and guests who braved the coldest day of the year (this far) to attend the Jan. 21 membership meeting. Sudha Haley, first vice president and legislation director of the Maryland Federation of NARFE, was pleased with the insightful questions and comments.

At the meeting, Haley mentioned that Gov. Larry Hogan is working on legislation to reduce the tax burden on seniors. Seniors are a significant part of the state's economy; there are more seniors in Maryland than school age children according to the Maryland Department of Aging and Maryland school system census data.

One Chapter member noted that because there is a limit on deductions on his federal

return, he gained by not itemizing. But everything he gained was wiped out because the state insists a persons must file the same way they filed their federal return. The President announced that if he is re-elected, the middle class will get a tax break, according to Bloomberg News.



Will Jawando, photo courtesy (www.montgomerycountymd.gov)



Haley noted that NARFE is non-partisan and has joined Ivanka Trump in supporting paid family and medical leave for federal employees. She invited members to become advocates on the Hill for policies that benefit retirees.

She also encouraged members to write a few paragraphs on their government service for the Profiles in Civil Service book that NARFE produces to educate Congress. Anyone interested in either advocating or writing a profile should inform Chapter president John Moens at (301-438-3237).

Those interested in joining the Chapter should contact recruiting officer John Lass at (301-288-4210).

Paper Shredding in Clubhouses

Residents can confidentially dispose of their personal documents in secure, locked shredding consoles in the clubhouses.

Residents are not required to remove the documents' paper clips, staples or binder clips. However, please do not bring items that go in your regular recycling, such as envelopes, newspapers and magazines.

The consoles are emptied twice a week and documents are shredded on-site.



Photo by Leisure World News

■ **Republican Club**

More Candidates File for 8th Congressional District

by Fred Seelman

Three more Republicans have filed as candidates for Maryland's 8th U.S. Congressional District seat: Gregory Thomas Coll, Bridgette L. Cooper and Patricia Rogers.

Coll and Rogers will speak at the Republican Club's meeting on Tuesday, Feb. 18, instead of the first three filers mentioned in the Club's Jan. 17 article. The meeting is at 1:30 p.m. in Clubhouse I. Coll, available online at (www.gregorycoll.com), is a NASA engineer contractor.

The Club is working on speaking dates for the other four candidates. They may speak at

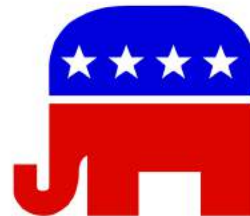
the Club's March or April meetings rather than in February. Come to the Feb. 18 meeting to hear the views of two quality candidates.

The Club participates in the Maryland primary elections on Tuesday, April 28.

Besides voting, residents can help the Club by working at one of Leisure World's three precincts: Clubhouse I, Clubhouse II or The

Inter-Faith Chapel.

Residents who want to volunteer or who have questions or comments about the Club should contact Club president Fred Seelman at (fseelman@gmail.com) or call first vice president Robert Kammer at (301-847-9820).



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■ Jewish Residents of Leisure World

Feb. 16: Brunch with Congressman Jamie Raskin

by Jonas Weiss

On Sunday, Feb. 16, Maryland Congressman and U.S. Constitutional scholar Jamie Raskin will talk about "The Unimpeachable Values of the U.S. Constitution" at a 10 a.m. brunch in the Clubhouse I Crystal Ballroom.

Rep. Raskin serves on the House Judiciary Committee and the Oversight and Reform Committee. To attend the brunch, mail checks for \$14 (\$18 for non-members), payable to JRLW, to Shirley or Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906) at least one week in advance.



Jamie Raskin, courtesy photo

Rabbi Moshe Samber and volunteers lead Sabbath services and Torah and Talmud discussions on Saturday, Feb. 15, 22 and 29, at 9:15 a.m. in Clubhouse II.

Good Deeds Day

On Sunday, March 29, JRLW collects packaged food from 10 a.m.-1 p.m. in the Clubhouse I lobby. Donations will be given to Manna Food Center to be distributed to the needy.



Trip

On Wednesday, April 1, JRLW takes a trip to Theatre J in Washington, D.C., for the show "Becoming Dr. Ruth." This trip is sold out.

Sabbath Services

Rabbi Gary Fink and Cantor Wendy Gonzalez lead services on Friday, Feb. 7, at 7:30 p.m. in The Inter-Faith Chapel. Cantor Michael Kravitz leads Conservative services on Saturday, Feb. 8, at 9:15 a.m. in Clubhouse II.

Donations

Members can sponsor a Kiddush or Oneg in the name of a loved one. Send checks, payable to JRLW (\$25

minimum), to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906). Also send any donations for tzedukah or yiskor to Susan.

Send donations for the Torah fund to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

Donations for prayer books go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906). A label acknowledging a minimum donation of at least \$25 will be placed in the siddur.

FREE WI-FI IN CLUBHOUSES

Free Wi-Fi is available in Clubhouse I and II for residents and visitors who would like to use their laptop computers, tablets and smartphones. To connect to Wi-Fi, just open the device's Wi-Fi settings, select "LW-Guest" and enjoy. The network connection is unsecure, so use caution.

Feb. 17: Attorney Reviews 'Jewish Justices of the Supreme Court'

by Barbara Eisen

The next meeting of the Hadassah Judaic Studies Group is on Monday, Feb. 17, at 1:30 p.m. in Clubhouse I.

Steven Kline will review highlights from the book, "Jewish Justices of the Supreme Court: From Brandeis to Kagan" by David G. Dalin.

Kline is admitted to practice before the Supreme Court Bar and is a member of the Supreme Court Historical Society.

He will guide the Group through the lives, legal careers and legacies of the eight Jews who have served or who currently serve as justices of the Court.

Some justices became close friends and advisors to U.S. presidents. Some faced overt anti-Semitism during their

careers. Some of their written decisions are still affecting people's lives.

Join the Group and bring your questions, comments and opinions. All are welcome.

For information or questions, contact Marcia Elbrand at (216-496-6633), Shari Goldstein at (240-293-6442), Naomi Kline at (nbk165@comcast.net) or Peri Schuyler at (301-869-2968) or (perislaptop@aol.com).

Hadassah is not having a regular program in February in anticipation of bad weather. The next event is a women's seder on Wednesday, March 25, at 2 p.m. in Clubhouse II.

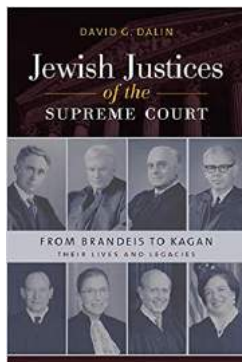
Elaine Schenberg and Jan Bloom sell Hadassah greeting

cards. The prices are \$3 each for one to three cards and \$2.50 each for four or more cards. Cards are displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Larelda Gruber, available at (301-598-5922), is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social

programs in Israel and the U.S. If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net), Linda Epstein at (301-847-9650) or (lepstein8@gmail.com) or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).



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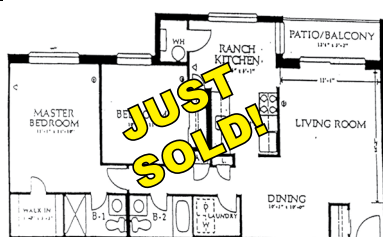
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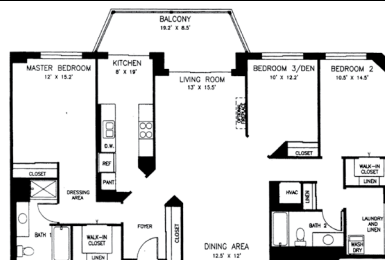


FEB 29

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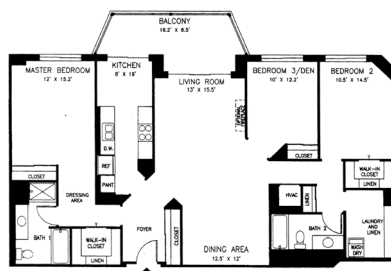
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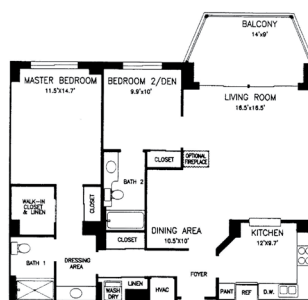
"J" Model - Vantage Point
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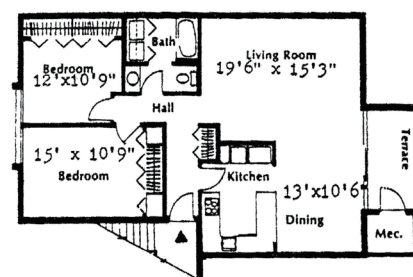
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Feb. 18: Sign Up to Attend Jewish Advocacy Day in Annapolis

by Fred Shapiro

Residents have an opportunity to hear from their elected officials and to voice their concerns about legislation aimed at seniors and the Jewish community during Maryland Jewish Advocacy Day in Annapolis on Tuesday, Feb. 18.

A bus will pick up attendees from Leisure World and travel to the event. For more details and registration information, see the Club Trips section of this publication.

Meeting legislators goes a

long way in helping to ensure they are aware of the issues important to seniors and the Jewish community, and attendees can comment on legislation proposed by Maryland's elected officials.

Among the leading issues are:

- security grants for non-profits and houses of worship – With the increase in hate crimes and deadly attacks nationwide and with anti-Semitism showing its face even here in Maryland, the need for better security for synagogues, churches

and mosques has become a very timely and urgent concern.

- Holocaust teaching in schools – With the passage of time, and efforts by some right-wing groups to wipe the Holocaust from history, a number of legislators including Sen. Ben Kramer have pressed the need to teach the ills of the Holocaust in schools.
- protection of seniors' and veterans' rights and benefits

– a response to mandated and proposed government cuts to medical aid and other types of assistance



The staff at the Jewish Community Relations Council of Greater Washington is working on a more detailed listing of specific issues that will be distributed to attendees at the event.

Attendees may also address their own concerns in meetings with legislators.

■ Jewish Discussion Group

Feb. 23: Noted Holocaust Scholar Discusses New Book on Roosevelt and the Jews

by Jerome "Jerry" Cohen

The Jewish Discussion Group's (JDG) next session is on Sunday, Feb. 23, at 10:30 a.m. in Clubhouse I. Noted Holocaust scholar Dr. Rafael Medoff will discuss his new book, "The Jews Should Keep Quiet: Franklin D. Roosevelt, Rabbi Stephen S. Wise, and the Holocaust."

What were the motives behind President Roosevelt's policy of keeping out Jewish refugees who were fleeing from

Nazi Germany? How did American Jewish leaders respond to FDR's stance? Did the 'Jewish vote' matter in 1944?

These and other compelling subjects will be the focus of Medoff's presentation. His remarks will be followed by a question and answer period.

Medoff is director of The David S. Wyman Institute for Holocaust Studies in Washington, D.C., which focuses on America's response to Nazism and the Holocaust. He is the author of more than 20 books

and hundreds of articles on these topics and the co-editor of the online Encyclopedia of America's Response to the Holocaust.

After his talk, Medoff will sign copies of his book, which will be offered for sale at a special discount rate. Some of his earlier books will also be available.

Moderator Update

The position of moderator is currently transitioning to Paul Bessel, who served quite

capably as a featured presenter and as a guest moderator for the Group.

His passion for, and deep knowledge of, Israel, combined with his many years of experience as an attorney, qualifies him as an ideal candidate to lead the Group.

Session Format

The current monthly format usually features full-session speakers, and occasional sessions will include discussions of contemporary issues facing the Jewish global, domestic or local communities. Comments from attendees are to be limited to one to two minutes so that everyone may have an opportunity to participate.

The Group's participants are encouraged to offer suggestions for featured speakers and to discuss with the moderator the possibility of presenting short or full-featured subject presentations of interest to the Group.

JDG invites residents of all faiths to attend its free discussion Group sessions, which are held on the fourth Sunday of the month from 10:30 a.m.-noon in Clubhouse I.

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'A Fresh Approach to Passover: From the White House to Your House'

by Jerome "Jerry" Cohen

The next Jewish War Veterans (JWV) Post 567 brunch is on Sunday, March 1, at 10 a.m. in the Clubhouse I Crystal Ballroom. Sponsored by Moment Magazine, the featured speaker is Susan Barocas who will present, "A Fresh Approach to Passover: From the White House to Your House."

Barocas will tell behind-the-scenes stories from three years as the guest chef for the Obama's White House seders along with recipes served there and other healthy and tasty foods for the holiday. She will also discuss Passover flavors of Jewish cuisines from around the world.

Barocas is a writer, cook, teacher and speaker. She was the founding director of the innovative project Jewish Food Experience. Her work has appeared in the Washington Post, Huffington Post, Moment and Lilith magazines and in other publications.

Barocas speaks and cooks at locations in the U.S. and abroad and has made many food-related appearances on television and radio. She is a member of Les Dames d'Escoffier International culinary society.

The Post's brunch events are open and available to all residents and their guests; membership in JWV is not required.

The delicious buffet brunch includes eggs, tuna fish, lox, bagels, latkes, blintzes, pastries, fresh fruit, coffee, juices and more. Tables of eight-10 only may be reserved with payment for all tablemates. Include the names of all people attending with the reservation payment. Otherwise, open seating on a first-come, first-served basis will be in effect.

Mail reservations for \$14 per person (check only, payable to JWV 567), to (JWV Post 567, 14030 Connecticut Ave., P.O. Box 9415, Silver

Spring, MD 20906). Checks must be received by Monday, Feb. 24.

The Post's upcoming spring brunches have moved to the first Sunday of the month and are scheduled for March 1, April 5, May 3 and June 7 at 10 a.m.

Post Information

Members' business meetings are held the first Wednesday of each month from 11 a.m.-12:30 p.m. in Clubhouse I. All regular members and patrons and those who are considering joining are invited to attend.

Two new categories of regular membership were


recently added by the JWV national governing organization. Those who have served in the U.S. Public Health Service Commissioned Corps or in the National Oceanic and Atmospheric Administration Commissioned Officer Corps are legally recognized as veterans and are now eligible and encouraged to join the Post.

For those who would like additional information, have questions about membership, would like to be added to Post 567's email notification and e-newsletter list, or who wish to make donations to the Post in honor or in memory of someone should contact



Susan Barocas, courtesy photo

Post Commander Jerry Cohen at (240-970-5024) or (jeromeacohen67@outlook.com).




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NA'AMAT RBZ Club Welcomes Renowned Storyteller Noa Baum

by Carole Mund

On Wednesday, March 11, all residents are invited to a free open meeting that welcomes renowned speaker and storyteller Noa Baum. Refreshments will be served.

Long before the written word, people told stories. Baum will share personal and traditional stories that help us find meaning and connection, whether in our holiday celebrations or our family stories. Baum is an award-winning storyteller and author who has presented internationally to diverse audiences from the World Bank to inner city schools.

Baum's stories have been featured on Public Radio International. She is a winning recipient of the Parents' Choice and Story Telling Awards. Her book, "A Land Twice Promised: An Israeli Woman's Quest for Peace," is

an introspective memoir that reaches into the depths of the chasm between Israeli and Palestinian experiences and how the use of storytelling provides an avenue of therapy and understanding. The book will be on sale for those who would like to delve further into her approach.

Tribute Cards

Tribute cards and memorial cards are the perfect way to acknowledge the events of friends and family. Funds collected from tribute cards support and maintain the essential programs NA'AMAT sponsors.

NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards. Each card is \$3.50 if purchased and sent by you or \$4.50 if sent by Lenore Kalen, tribute chairperson. Full donor credit is given for each card. For questions, contact

Lenore at (301-922-4348).

Spiritual Adoption

Each year, NA'AMAT sponsors a spiritual adoption luncheon to support the children in Israel that are in need of educational programs and support services, including counseling. This year's adoption on Tuesday, April 21, includes keynote speaker Chris Gordon, Emmy award-winning reporter, investigator and columnist for NBC4. Contact Harriet Chaikin at (240-560-7487) for more information.

Book Club

NA'AMAT RBZ has a book club that meets the fourth Wednesday for each month

to discuss literature chosen by club members. The book for the next scheduled meeting on Wednesday, Feb. 26, is "Spying on the South: An Odyssey Across the American Divide" by Tony Horwitz. Contact Barbara Tahler at (240-669-6961) for the meeting's time and place.

Upcoming Events

- May 15 – Donor Luncheon

For more information about NA'AMAT, contact co-presidents Linda Schoolnick at (301-681-1076) and Gladys Blank at (301-438-9666). For membership information, contact Harriet Chaikin at (240-560-7487).



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■ Unitarian Universalists

Feb. 26: Why Is It So Hard to Talk About Racism?

by Dave Edfors

On Wednesday, Feb. 26, the Unitarian Universalists present a program about collective and individual racism in observance of Black History Month. The program is at 2:30 p.m. in the Clubhouse II auditorium.

The program will begin with the showing of two short videos. The first is a conversation entitled "We the People" between Sondra Samuels and Parker Palmer. These participants, one black and one white, are both activists, thinkers and educators who delve into what keeps us and our culture in this deep divide.

The second video is an audio interview of the author Robin DiAngelo by Jennifer Ludden of PBS discussing DiAngelo's latest book, "White Fragility: Why It's So Hard for White People to Talk About Racism."

Without shame or guilt,

the Unitarian Universalists hope to encourage a conversation that will explore white supremacy, white privilege and white bias – how we got here and how we can affect our own self-awareness and the awareness of others to advance our nation to become a more just society.

As the Rev. Dr. Martin Luther King Jr. famously said when he spoke in front of the Lincoln Memorial, "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character." That is a dream worth pursuing.

Join the Unitarian Universalists on Feb. 26 for this provocative and informative presentation. Light refreshments and conversation follow the program. All residents are welcome to attend; they don't need to be members of the Unitarian Universalists.

Black History Month Continues with Historical Reenactments and Powerful Performances

by Patricia Means

The LWAAAC's Black History Month program continues with "The FREED Presentation" and "Harriet Tubman: Defender and Fight for Freedom," on Tuesday, Feb. 25, from 2-5 p.m., in Clubhouse II.

For additional information, see the Events and Entertainment section of this publication or contact Juanita Sealy-Williams, program committee chairperson, at (301-822-4531).

Upcoming Event

LWAAAC is hosting a trip to the Lunt-Fontanne Theatre in New York City for a performance of "Tina – The Tina Turner Musical." For

additional information, see the Club Trips section of this publication or contact Juanita Sealy-Williams, program committee chairperson, at (301-822-4531).

Membership

Beginning in January, dues for new member enrollment are prorated at \$10 (checks only, payable to LWAAAC) to cover the remaining portion of the fiscal year. Individuals renewing membership are not eligible for prorated enrollment. Renewed membership requires that the full amount for annual dues (\$20) be paid regardless of the time of year.

Payment for membership (checks only, payable to LWAAAC) may be made

at meetings or placed in the LWAAAC mail slot in the Clubhouse I E&R office. Membership is open to all residents. A residential address, telephone number and an email address, if available (in print) must be provided at the time of registration.

Amenities

Members should notify LWAAAC of illness, disability, death or other situations affecting a member or that person's immediate family by contacting Louise Langley, amenities chairperson, at (301-598-3876).



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■ Comedy and Humor Club

Club Asks, What's So Funny About Animals?

by Al Karr

Animals are a favorite subject for jokes at meetings of the Comedy and Humor Club, as evidenced in some recent sessions that involved elephants, pigs and alligators.

The Club meets every Tuesday at 1:30 p.m. in Clubhouse II. Come join us; participation has been on the rise lately.

Club members also indulge in a luncheon once in a while. And on Wednesday, March 4, the Club will take a busload of 55 residents to Toby's Dinner Theatre in Columbia, Maryland, to eat lunch and take in the much-praised comedy show, "Kinky Boots." The trip has been sold out for several weeks.

Taking or not taking the microphone to deliver jokes at recent Club meetings were vice president Skip Schoening, Wally and Ruth Becker, Sam Hack, Jerry Udell, Sunny Levin, Susan Dawson, Bernie Patlen and Al Karr.

Here is a sample of their witticisms:

- Sam — The zoomaster offered to sell an elephant to a customer for \$500. The customer asked, "What would I do with an elephant?" The zoomaster said he'd sell two elephants for \$570. "Now you're talking," was the reply.
- Jerry — A woman said she was tired of paying for alligator shoes and went out to get her own alligators. She kept shooting the gators, and when the eighth was lying on the ground, she said, "Oh darn, this one is barefoot, too."
- Skip — Three men were talking about what they would like people to say about them at their funerals. One said, "I want them to say I was a good husband." The second said, "I want them to say I was a hard worker." Said the third, "I want them to say, 'I think he's moving.'"

Heart-Healthy High Tea

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Writers Share Their Musings

by John Moens

The Writers of Leisure World met on Jan. 16. The presenters at the meeting included Grace Cooper, Danuta Montorfano, Joanie Friedlander, Jane Hawes, John Moens and Woody Shields.

Cooper's poem "Teachers' Song" explores the obstacles teachers endure and the reasons they do it. Montorfano read "Man on a Blue Planet," which reminds the readers that our bodies are mostly water. Montorfano dreams that when she departs the blue planet, "Elements of [her] body will linger as a snowflake."

Friedlander took a trip down memory lane with the love ballad "More" sung by Frank Sinatra and later, Bobby Darin. In her journey through life, she eventually did find someone for whom she feels "More."

Truth is stranger than

fiction as evidenced by Hawes's unconventional "My Mentor." At a job interview, she waited an hour and a half and then was virtually ignored by an interviewer who was having his shoes shined. She was outraged and gave him an earful. The interviewer was startled but decided her hutzpah was just what his company needed. They worked closely together for nine years.

In "The Gown," Moens writes of a married couple, passionately in love, who have time for one final dance that one of them will not survive.

In addition to presenting "Advice for First Time Hunters," Shields showed the Group proof copies of his new book, "Whitetail Widow," with its unique ending. The "Advice" story also has

a memorable conclusion: "Always be safe. No mistakes are permitted."

Writer Spotlight

Writers of Leisure World member Jerry Udell was introduced to the power and beauty of the written word in Shortridge High School in Indianapolis, Indiana.

To prepare for the English 6 test, he was required to write almost constantly. His favorite activity in college was writing term papers for his history and government professors.

His writing expertise proved invaluable in his first job as the first intern to newly elected Sen. Birch Bayh of Indiana. Udell wrote statements to be delivered in Congressional Committees and floor debates.

He later wrote political speeches as chief of staff at

the senator's home office. He closed his Senate career by writing speeches for Sen. Mike Gravel of Alaska for several years.

His writing career did not end there. He wrote more than 300 speeches in 17 years as vice president of the American Retail Federation.

The Writers of Leisure World have rekindled his interest in writing and is a highlight of his life at Leisure World. He loves to listen to the writers and is excited about the wide variety of styles.

General Information

The Writers of Leisure World meet on the first and third Thursday of each month in Clubhouse I. All residents are welcome to attend.

The Group hopes more residents will join it to read their work. Group members enjoy all levels of writing, so bring your poetry and essays to the next meeting.



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Securing an iOS Device

by Ron Masi

“Just because you’ve invested in an iPhone that isn’t exposed to quite the same degree of malware and exploit-issues as an Android, that doesn’t mean you can safely ignore good practice when it comes to iPhone security,” said Davey Winder in his article, “How To Secure Your iPhone: 12 Experts Reveal 26 Essential Security Tips,” published Nov. 1, 2019 by Forbes Magazine.

Here are some tips these experts shared for securing an iOS device:

- A passcode is used to unlock a device. Use a unique and different passcode on each of your devices. Users who have a newer device should use the fingerprint or, if available, use Face ID.
- Use a password manager. Did you know that passwords are traded on the dark web? Get a password manager such as 1Password, MyPasslock and others. Apple devices already have one installed called Keychain.
- Have you noted all those charging station at airports, coffee shops and other public places? Here’s the problem: Users plug in their USB to

charge but most USB cable can also carry data, which can be compromised via “juice jacking.” Users who need to charge in such places can spend about \$12 for a “data blocker dongle” that fits between the power supply and USB socket, allowing only power through and not data.

Avoid side-loading (getting apps from sources other than the Apple Store). Apple has strict security requirements on apps they offer. Other sources are “unlikely to conform to

the required levels of security and may have even been designed with malicious intent,” according to Tom Lysemose Hansen, chief technology officer at Promon, a Norwegian firm specializing in In-App protection. “You may unknowingly download malware allowing for the remote extraction of usernames, passwords, credit card details, and other personally-identifiable information.”

- For added security, use Two Factor Authentication: Settings>Password & Security>Two Factor Authentication.
- Use airplane mode or turn off the device when not in use or in public places.
- Keep the device updated. The latest OS version will have the latest security.



they should contact their provider for instructions.

Club News

The LW Apple Club’s program on Tuesday, Feb. 25, is “iPhone, Back to Basics” presented with step-by-step images by Ron Masi. Attendees are sure to learn something new. The presentation is at 10 a.m. in Clubhouse II.

To be a member requires yearly membership dues of just \$5 per household. Sign up at any meeting. Make checks payable to LWCC Inc.

Residents who need one-on-one Apple help can come to a clinic held on the first, second, third and fifth Tuesday of the month from 10-11 a.m. in the Computer Learning Center in Clubhouse II.

Visit (mac.Computerctr.org) for past and scheduled programs as well as past Leisure World News articles and more.



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- Turn off Load Remote Images via Settings>Mail>Load Remote Images. Cybercriminals can gather information about a device by placing hidden images in email, so turn it off. (Besides added security, this allows emails to load faster and use less data, and the battery will last longer). When turned off, bogus senders are limited in getting information from the device. For a trusted sender, just click the image icon to open.
- Users who get an email from what looks like a known sender but with a message that looks strange should immediately forward the message to Apple at (reportphishing@apple.com) and move the message to their email’s Junk folder. Notify the known sender that their mail address may have been compromised and that



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Social Workers Address the Club

by Marcia L. Elbrand

Sandy Hart, LCSW-C, and Ann Johnson, LCSW-C, two social workers in the Leisure World Social Services Department, recently presented to the Rossmoor Women's Club's (RWC) an overview of the services they offer to residents.

More than 65 people

attended the RWC's taco luncheon, and a question and answer period followed the presentations. Beginning this year, RWC is making an annual donation to the Leisure World Social Services Department to augment its resources.

Giving Back

RWC is now in its 51st year

of helping about a dozen local charities. With programming that includes luncheons, trips, vendor sales and the popular pecan and candy sale, the Club raises more than \$10,000 each year, and gives several \$2,000 scholarships to college-bound Blake High School students and to young women in the ACES program at Montgomery College.

RWC also supports the pre-kindergarten Head Start class at nearby Harmony Hills Elementary School, where youngsters receive bags of nutritious foods to assist their families during school breaks. The children also benefit from volunteers who provide in-class tutoring, hands-on help with art projects and funding for field trips and teacher-selected books, as well as hand-knitted hats and scarves created by Club members. Education chair Rita Posner coordinates this undertaking.

RWC members also contribute each year to Fisher House, which offers homelike lodging to families visiting hospitalized veterans. Members donate new toiletries and housewares to clients of A Wider Circle, which provides job search help, appropriate career clothing and serviceable furniture for people starting over.

Membership

Membership in the Rossmoor Women's Club costs \$40 a year, and one can join at any time. At press time, 36 new members had joined in the past several months, boosting the Club's roster to more than 150.

Membership information is available by calling chairman Aggie Eastham at (301-438-8150), or join the RWC by sending a check to her at (3100 N. Leisure World Blvd., #126, Silver Spring, MD 20906).

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Feb. 29: Club Holds Special Event

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets for Saturday Afternoon Live (SAL) every Saturday at 2 p.m. in Clubhouse II.

GIAC's goal is to enhance the social and emotional well-being of its members with games, fellowship and exciting trips.

On Saturday, Feb. 29, there will be a special event at Clubhouse II from 2-4 p.m.

Look for more information about this in the next issue. Meanwhile plan for fellowship, fun, and refreshments!

Armchair Travel

Armchair travel is on Saturdays at 2 p.m. in Clubhouse II. Its coordinator Sami Demiray is exploring new and repeat adventures for members and would like to hear from participants regarding their desires for future videos.

Members are encouraged to visit the information table during SAL to express their wishes.

Games

GIAC members play Rummikub, bridge, Mexican train dominoes, old-fashioned dominoes and other games at 2:30 p.m. after armchair travel.

Trips

Upcoming trips include:

- April 15 – “Love Letters” at Washington County Playhouse in Hagerstown
- May 20-21 – “Queen Esther” at Sight and Sound Millennium Theatre in Lancaster
- July 18-July 25 –bus trip to Montreal, Quebec City and Ottawa, Canada

More detailed information on all these trips can be found in the Club Trips section of

this publication.

Sign up for trips during SAL from 1:30-3 p.m. in Clubhouse II when a representative from the trip committee is available to receive payments and answer questions.

The GIAC newsletter, which also has more trip information, is also available at that time.

GIAC is currently interviewing candidates for the Club's volunteer travel coordinator position.

For more information, see “Volunteer Opportunities” in the Classifieds section of this publication or contact Elaine at (240-477-2166) or Elizabeth Brooks-Evans, publicity chair, at (240-242-4433).

Membership

Stop by SAL on Saturdays between 1:30-3 p.m. to become a GIAC member or renew membership.

The fee is a nominal \$8 per

year and can be submitted in person during SAL, via the mail slot in the Clubhouse I E&R office or mailed to (P.O. Box 12024, Silver Spring, MD 20908).

For more information or questions about GIAC's membership, games or trips, contact Elaine at (240-447-2166).



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Renew Your Membership or Join

by Beth Leanza

The Baby Boomer Club gathers to socialize, share meals, watch movies and musicals and play games, among other activities.

Any active adult is welcome to join the Club.

Membership

Residents who want to either join or renew their membership should send a check for \$5 to membership chair Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

She has the 2020 member cards for people who were members in 2019. Include an email address to receive updates on Club events.

Residents who are unsure they want to join can attend a Club activity first. The Club's website is available at

(<https://sites.google.com/site/bbclwmd>) and includes a calendar with activity information.

Have you joined but aren't receiving Club emails? Contact Beth Leanza at (bethlea12020@gmail.com) or (301-598-4569).

Friday Hikes with Joyce

Residents do not have to join the Baby Boomer Club if they only want to join the walkers.

Although the walks' organizers are Club members, they welcome anyone to join the walks.

Joyce Richardson, available at (301-598-7098) or (777cheekie333@gmail.com), leads walks on Fridays. They meet up at 1:15 p.m. at a local trail.

Most walk about three miles, but some walk in halfway and return. To

carpool to the trail, contact Joyce at (301-598-7098) by Thursday night.

To get directions to the walk sites, visit the Baby Boomer Club's website at (<https://sites.google.com/site/bbclwmd/calendar>) and go to the calendar page, or use Google Maps.

- Feb. 14 – Rachel Carson Conservation Park (Brookville). Meet in the parking lot near the display map at 1:15 p.m. Bring water.
- Feb. 21 – Sligo Creek Park (Silver Spring). Meet in the parking lot near the Shalom grocery store at 1:15 p.m. Bring water.

Sunday Morning Walks

Early risers meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. Sometimes they

go out to breakfast after.

Need more information? Contact Ted Michos at (Tedmichos@gmail.com).

Weeknight Walks

For a shorter walk (about one mile), join a group to walk the Broadwalk in Montgomery Mutual. The walkers meet each weeknight at 5:15 p.m. in the Clubhouse I lobby.

No one makes an announcement – look around and introduce yourself!

AVA Walks

The American Volkssport Association (AVA) holds events and provides guides to local walks of interest.

More information about AVA walks is available on the Club's website at (<https://sites.google.com/site/bbclwmd>). Click on Walks, below the events calendar. You do not have to join AVA to participate.



Have a Conversation

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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. Members meet in the Stein Room in Clubhouse I at noon. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Clipper Workshop: Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Groups.io: The Leisure World Yahoo Group has become Groups.io, an online bulletin board with issues pertaining only to the Leisure World community. The Group's platform is secure, with strong anti-virus, spam control and privacy features installed. To become a member, email a request with your name and mutual name to the Group's moderator at (paule@lwm10.com).

Hispanos de Leisure World: All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Interfaith Committee for the Homeless and Working Poor: The committee provides opportunities for residents to work together to solve some of the problems experienced by homeless and working poor individuals and families in Montgomery County. This coalition is comprised of representatives from The Inter-Faith Chapel, Jewish Residents of Leisure World, Our Lady of Grace Catholic Church, the Unitarian Universalists of Leisure World and the community at-large. For information about participating in ongoing projects of this committee, contact Gwen Raphael at (301-348-8814) or (raphael@verizon.net).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Feb. 14. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on the use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

LW LGBTQ Alliance: The group was formed to give members of the LGBTQ community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II, except in July and August. We welcome everyone; being gay is not a prerequisite. The LW LGBTQ Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire Leisure World community. For additional information and events, email us at (lwlgbt@gmail.com). You can also follow us on Facebook at LW LGBT Alliance.

Model Railroad Club: If you have ever had an interest in model trains, the three layouts in the basement of Clubhouse II offer just about anything you could ask for. The largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit Club members on Mondays and Wednesdays from 5:30-7

p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join members for the monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

Musical Jammers: We gather informally twice a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. The Group already has a record of success helping to make Leisure World even better. Free. Please join the 1,200 plus members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join this Group. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

Quilting Group: Come and join this fun group as members work on individual projects. The Group now includes those interested in all needlework and knitting. Members meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). The next meeting is Feb. 13.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, members meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with others while members learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is reading from the anthology "The Short Story Prize: 15 Years of Great Fiction." On Wednesday, Feb. 19, Sami Demiray will lead a discussion of "Nirvana" by Adam Johnson. The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. In April, the Group will begin reading from "The Oxford Book of English Short Stories" edited by A. S. Byatt. For information about the group or ordering the next anthology, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. Members meet on the first Thursday of each month at 3 p.m. in Clubhouse I. They discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and members hold an auction of their stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: TMO is a movement of residents concerned about governance and management. The Group meets every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information email (admin@townmeetingorganization.com) or visit (www.townmeetingorganization.com).

Wood Shop: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join members as they shine a light on the role that women play in serving our country. Members also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. The Group meets every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women's Fun Bunch of Leisure World: The Women's Fun Bunch is for widows living in Leisure World. Members have a good time together and plan different social activities. For inquiries, call Marlene at (301-438-7773).

Leisure World Club Trips

The next deadline for trip submissions is **Monday, Feb. 10**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to **lwnews@lwmc.com**.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

**Feb.
17**

Annapolis Advocacy Day Annapolis, MD

Participate with members of the **Jewish Residents of Leisure World (JRLW)** on this important day. The Advocacy Day has been an annual event for 10 years and provides an opportunity for residents to meet their Maryland government representatives, voice their opinions and express their wants in the early days of this year's legislative session. It is anticipated that there will be briefings by the Gov. Hogan or Lieutenant Gov. Rutherford. The day also includes a reception sponsored by the Jewish Community Relations Council of Greater Washington (JCRCGW). See page 34 for additional details. The bus departs from Clubhouse II at 3:30 p.m. and returns at approximately 8 p.m. Cost for the bus is \$20 per person. To sign up for the bus, visit the JCRCGW website at (www.jccouncil.org). For questions, contact Janice Rosenblatt of the JCRCGW at (301-770-0881).

**April
15**

"Love Letters," at the Washington County Playhouse, Hagerstown, PA

Join the **Going It Alone Club (GIAC)** for a trip to Hagerstown for brunch and to see a performance of "Love Letters" at the Washington County Playhouse. "Love Letters" revolves around a man and a woman, who, while marrying and divorcing others, and pursuing careers successfully or not, correspond faithfully for 50 years.

The bus departs at 11:30 a.m. from Clubhouse II and returns at approximately 7 p.m. The cost is \$75 for members and \$85 for non-members and includes the brunch buffet, show, transportation and tip. For more information, call Nancy Alderman at (301-598-5614).

**April 27-
May 7**

Portugal, Spain and Gibraltar

Encouraged by the success of the trip this year to Costa Rica, the **Center for Lifelong Learning (CLL)** planned a trip to Portugal and Spain through Prometour Educational Tours. It is another opportunity for students of Judy Frumkin's Spanish classes to gain practical experience using the language they have been studying, as well as for anyone interested in the cultures of these two countries.

Participants will visit Lisbon, Sintra, Sagres and Albufeira in Portugal and Sevilla, Cordoba, Granada and Málaga in Spain. The last stops are Gibraltar and the Spanish city of Ceuta, across the strait in North Africa. The trip includes visits to many sites of interest and time to enjoy local food, shopping and culture.

The base cost of the trip is \$3,934 per person if 20 or fewer people register. If more than 20 register, the price will decrease.

For additional information, contact Judy at (443-858-2894) or (judyfrumkin@gmail.com). To register for the trip, call (1-800-304-9446) and mention Leisure World for registration, or contact Judy for information on how to register online.

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

**May
20-21**

Lancaster and Pennsylvania Dutch Country

Join the **Going It Alone Club (GIAC)** on a two-day trip to Lancaster and Pennsylvania Dutch Country. This trip includes attending the show "Queen Esther" at Sight and Sound Theatre, a visit to Kitchen Kettle Village for authentic Pennsylvania Dutch Country shopping, a stop at the Amish Experience to see the multi-media production "Jacob's Choice" and a visit at Park City Center for more shopping. The trip also includes one night's lodging, one breakfast and one dinner.

The bus leaves on Wednesday, May 20, at 8 a.m. from Clubhouse II, and returns on Thursday, May 21, at approximately 6 p.m.

The cost is \$213 for members or \$223 for non-members double occupancy (add \$39 for single occupancy) and includes the driver gratuity. An initial payment of \$75 is due at sign up with the final payment due on Saturday, March 7. No refunds will be made after March 7 unless a replacement is made.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Nancy Alderman at (301-598-5614).

**June
24**

"Tina – The Tina Turner Musical" Lunt-Fontanne Theatre, NYC

Join the **Leisure World Association for African American Culture (LWAAAC)** on a trip to see this riveting musical that follows Tina Turner from her humble beginnings to her transformation into the global queen of rock 'n' roll and an international musical and award-winning icon. The show is a raw and emotional journey performed by Adrienne Warren who rocks the rafters as Tina Turner.

The cost of \$230 per person includes bus transportation, lunch at Negril Village Restaurant in Greenwich Village and admission to the show. Lunch menu includes soup or salad, jerk chicken, jerk salmon or vegetarian pasta, fruit punch, ginger beer, sorrel or soda. The bus leaves Clubhouse II at 7 a.m. and returns approximately 9:30 p.m.

To reserve seats, payment (checks only, payable to LWAAAC) must be paid by Tuesday, March 4. Payments may be placed in the LWAAAC slot in Clubhouse I E&R office after Monday, Feb. 10. Include telephone number and email address with payment.

For additional information, contact Juanita Sealy-Williams, program committee chairperson, at (301-822-4531).

**July
18-25**

Canada, Oh, Canada

Join the **Going It Alone Club (GIAC)** on a one-week trip to beautiful, verdant Canada, with stopovers in Ottawa, Montreal and Quebec. Local guides will lead the group on tours of locations in each city including the Notre Dame Basilica, the Montreal Underground City and Ottawa's Parliament Hill. Also included is a narrated cruise of the St. Lawrence River and admission to the Montreal Tower. The bus leaves on Saturday, July 18, at 8:30 a.m. from Clubhouse II, and returns on Saturday, July 25, at approximately 8:30 p.m.

The cost is \$810, double occupancy, or \$1,090 single occupancy, and includes round-trip bus transportation, seven nights lodging, 12 meals and local guides on tours.

For more information or to sign up, stop by the GIAC information table at any Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II, or call "Buck" Parr at (301-760-8094).

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Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

MGM Casino, National Harbor, MD

Mon., 2/17, 9:05 am-3:00 pm\$40.00 per person
Transportation only.

National Portrait Gallery, DC

Tues., 3/3, 10:45 am-3:45 pm\$35.00 per person
Transportation only.

Philadelphia Flower Show, PA

3/5 and 3/6, 7:45 am-7:45 pm\$95.00 per person
"Riviera Holiday" — Mediterranean gardens are this year's theme.
Transportation and admission to show included.

9/11 Memorial and Museum, NY

Sat., 3/21 7:00 am-11:45 pm\$120.00 per person
Timed entry ticket to Museum and Memorial and a Cracker Barrel gift card for dinner on the way home included.

NEW Tropicana Atlantic City, NJ

Tues., 3/31 8:45 am-10:15 pm\$60.00 per person
Trip includes transportation and \$25.00 slot play offer from the Casino.

Odyssey Cruise on the Potomac River

Wed., 4/1, 9:00 am-3:45 pm\$110.00 per person
Cruise down the Potomac while eating lunch and listening to music.

Cherry Blossom Tour, DC

Mon., 4/6, 10:00 am-3:15 pm\$84.00 per person
Trip includes a step-on guide, lunch at Carmine's and transportation.

NEW Stein Mart and Leesburg Outlets,

VA   

Mon., 4/20, 9:15 am-4:30 pm\$40.00 per person
Transportation only.

"Guys and Dolls," Ford's Theatre, DC

Sat., 4/25, 10:15 am-5:45 pm\$110.00 per person
Lunch at Union Station prior to heading over to Ford's Theatre. Explore the museum prior to the show.

NEW "Murder at Mount Hope Mansion," PA

Sun., 4/26, 9:15 am-7:15 pm\$117.00 per person
Accept this invitation to a sumptuous meal and the opportunity to become a detective! Transportation, meal and show included.

Springfest Ocean City, MD

Sat., 5/9, 7:45 am-9:15 pm\$65.00 per person
Enjoy the event with unique arts and crafts under four huge big-top tents, plus a variety of delicious food and entertainment. Transportation only.

Longwood Gardens, PA

Mon., 5/11, 7:15 am-6:00 pm\$79.00 per person
From the intricate fountain systems to the meticulous gardens to the architectural grandeur, awe-inspiring discoveries await at every turn. Lunch on own at onsite café. Transportation and admission included.

Strawberry Festival at Peddler's Village, PA

Sat., 5/16, 8:45 am-7:00 pm\$69.00 per person
The festival includes strawberry-themed food, drinks, live music, food trucks and artisans! Transportation only.

Backroads to Freedom: Harriet Tubman,

MD   

Tues., 5/19, 8:15 am-7:30 pm\$135.00 per person
Visit the museum and learn about the Conductor of the Underground Railroad. Lunch included.

"Queen Esther," Sight and Sound Theatre, PA

Fri., 6/12, 9:45 am-9:15 pm\$159.00 per person
Lunch at Hershey Farm prior to the show included.

Ellis Island & Statue of Liberty, NY

Sat., 6/13, 7:15 am-11:00 pm\$113.00 per person
Trip includes ferry tickets, admission and \$10.00 Cracker Barrel gift card.

Severn River Cruise, MD

Fri., 6/26, 10:30 am-4:00 pm\$90.00 per person
If you love the water, you will enjoy this 90-minute cruise on the Severn River. Boxed lunch included.

NEW Mother's Day Out, Peddler's Village,

PA  

Wed., 5/6, 9:00 am-8:15 pm\$93.00 per person
Enjoy lunch at the Kling House Restaurant followed by a wine tasting at Mount Hope Estate Winery.

MULTI-DAY TRIPS

Coastal Wilmington, NC

April 19-23

Ocean City Adventure, MD

June 7-10

Niagara Falls, Canada

June 21-24

Charms of the Chesapeake

June 25-26

Cape Cod, MA

July 19-23

Constitution Tour, VA

Aug. 6-8

Yellowstone, Grand Tetons &

Mt. Rushmore

Aug. 13-21

Africa and Safari Adventure

Sept. 9-20

Pittsburgh, PA

Sept. 13-14

Adirondacks, NY

Sept. 13-17

Vermont and New Hampshire

Oct. 10-15

Iceland – Land of Fire & Ice

Oct. 21-27

Portugal & The Douro River

Cruise

Oct. 28-Nov. 7

Tournament of Roses Parade

Dec. 30-Jan. 3, 2021

CRUISES

Carnival Cruise

July 19-26

Seven-night Eastern

Caribbean cruise

MSC Seaside out of Ft.

Lauderdale

Aug. 15-22

Caribbean cruise

Royal Caribbean

Sept. 17-26

Nine-night Canada/New

England cruise

Caribbean Princess

Nov. 15-22

Western Caribbean cruise

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:



Easy Walking



More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years."

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

SPORTS, GAMES & Scoreboards

■ Ping-Pong Club

Beginner Ping-Pong Lessons Offered

by Julie Friedman

The Ping-Pong Club has beginner instruction on Wednesday, Feb. 12, and Feb. 19, from 3-5 p.m., in the Ping-Pong and Meeting Room in Clubhouse II.

The fee for non-members is \$1 per person, per session. Instruction is at no cost to members. For those who do not have a paddle, the E&R office in Clubhouse II has paddles that residents may borrow. Contact Julie at (julie12401@netscape.net) if you would like to reserve any sessions.

The Ping-Pong Club meets for doubles ping-pong every Monday and Wednesday from 3-5 p.m. and on Fridays from 1-3 p.m. Annual dues are \$5 a year and include five free ping-pong balls.



Gilles Gouin plays ping-pong in Clubhouse II. Photo by Leisure World News

■ Pickleball Club

Pickleball is Popping Up Everywhere

by Dee Berkholtz

The word “pickleball” is popping up all over the place. The sport is growing so rapidly throughout the country and across a wide range of age groups that avid pickleball players are surprised to discover how many people are still unaware of the sport.

The Washington Post Magazine published story on Dec. 30, 2019 about how 20-year-old Ben Johns, a University of Maryland student from Gaithersburg, just became a national champion after playing the sport for only three and a half years.

The story goes on to say, “Today, more than 3.3 million people play the sport in the United States, according to the Sports and Fitness Industry Association. It is often associated with retirees, and about 20 percent of players are 65 or older. But its appeal appears to be broadening.”

Parade Magazine named pickleball as one of the “5 Ways You Can Improve Your Health Wherever You Live” in its Jan. 10, 2020 edition. The sport also received nationwide attention recently when journalist Maria Shriver commented on the Today Show that she has started playing pickleball.

At Leisure World, the increasing popularity of the sport has caused some “growing pains,” with many people wanting to play but limited play times available on the single indoor court in Clubhouse II. As a result, many Club members have found nearby County Recreation Centers as acceptable alternatives when the weather is too cold, wet or windy to play outdoors.

In addition, Club member



From left, Sylvia Bell and Al Desmarais, two of several octogenarians in the Pickleball Club, play to win against their much younger opponents. Photo by Dee Berkholtz

Becky Cathey has arranged with First Alliance Church to allow Club members to play on the two courts in the church’s activity room twice a week. The church is just five miles away on New Hampshire Avenue. The weekly schedule of times and locations to play is kept updated on the Club’s website, (www.LWPickleball.net).

For the past several months, Pickleball Club members led by Club vice president Barb Shavatt have offered free introductory classes to those interested in learning about the sport. At the end of January, these classes were replaced with 30-minute clinics on Tuesday afternoons taught by Club president Scott Keenum, a certified instructor and long-time coach.

These skills clinics are available for all members interested in improving their game. Keenum will conduct 30-minute sessions for four players – \$10 per player/session. Interested residents can contact Scott at (SSKeenum@gmail.com).

For more information about the sport or the Pickleball Club, please visit (www.LWPickleball.net). Interested members can ask questions via the website’s “Contact” link or sign up via the “Join the Club” link.

■ Duplicate Bridge Club

Club President Leads Bridge Course for Beginners

by Aaron Navarro

Bridge is a great card game; it provides immense challenge and enjoyment to a person’s life.

Leisure World resident Aaron Navarro will teach a six-week course on bridge beginning Thursday, March 5, that is intended for newcomers and players who haven’t played the game in years. The course will cover the fundamentals of modern bidding, play of the hand and some defensive principles.

Navarro is a certified bridge teacher, president of the Duplicate Bridge Club and Ruby Life Master.

For registration information, see the Classes and Seminars section of this edition.



Aaron Navarro at the ACBL Championships, courtesy photo

Team Winners Proves Itself in January

by Rita Mastrorocco

The following bad weather rule is in effect: If Montgomery County schools are either closed or on a two-hour delay based on snow or icy conditions, the league does not bowl.

The league is based on handicaps with averages for the bowlers ranging from 85 to 180. If you have not bowled in years, come out and join the fun.

The top league standings, as of Jan. 24 are Winners in first place, Huggers in second place and Lightnin Strikes in third place.

Top scores for the week of Jan. 3 are:

Scratch Game – Huggers, 652 pins
 Scratch Series – Huggers, 1,913 pins
 Handicap Game – Pin Busters, 918 pins
 Handicap Series – Pin Busters, 2,601 pins
 High Average Men – Steve Mueller, 182 pins
 Scratch Game Men – Steve Kloper, 226 pins
 Scratch Series Men – Steve Kloper, 638 pins
 Handicap Game Men – Jack Carney, 276 pins
 Handicap Series Men – Jack Carney, 728 pins

High Average Women – Chris Porter, 163 pins
 Scratch Game Women – Chris Porter, 181 pins
 Scratch Series Women – Chris Porter, 520 pins
 Handicap Game Women – Barbara Martin, 247 pins
 Handicap Series Women – Chris Porter, 676 pins

Top scores for the week of Jan. 10 are:

Scratch Game – Half and Half, 652 pins
 Scratch Series – Huggers, 1,886 pins
 Handicap Game – Half and Half, 925 pins
 Handicap Series – Half and Half, 2,675 pins
 High Average Men – Steve Mueller, 182 pins
 Scratch Game Men – Noel Dysart, 220 pins
 Scratch Series Men – Noel Dysart, 546 pins
 Handicap Game Men – Charles Johnson, 281 pins
 Handicap Series Men – Larry Lull, 717 pins
 High Average Women – Chris Porter, 163 pins
 Scratch Game Women – Chris Porter, 164 pins
 Scratch Series Women – Chris Porter, 473 pins
 Handicap Game Women – Rita Penn, 253 pins
 Handicap Series Women – Rita Penn, 667 pins

Top scores for the week of Jan. 17 are:

Scratch Game – Huggers, 654 pins
 Scratch Series – Huggers, 1,905 pins
 Handicap Game – Gutter-snipes, 890 pins
 Handicap Series – Gutter-snipes, 2,609 pins
 High Average Men – Steve Mueller, 182 pins
 Scratch Game Men – Pat Leanza, 207 pins
 Scratch Series Men – Steve Mueller, 541 pins
 Handicap Game Men – Bruce MacDonald, 256 pins
 Handicap Series Men – Bruce MacDonald, 690 pins
 High Average Women – Chris Porter, 164 pins
 Scratch Game Women – Chris Porter, 208 pins
 Scratch Series Women – Chris Porter, 561 pins
 Handicap Game Women – Chris Porter, 259 pins
 Handicap Series Women – Chris Porter, 714 pins

Top scores for the week of Jan. 24 are:

Scratch Game – Huggers, 646 pins
 Scratch Series – Huggers, 1,832 pins
 Handicap Game – Rolling Rocks, 944 pins

Handicap Series – Rolling Rocks, 2,666 pins
 High Average Men – Steve Mueller, 180 pins
 Scratch Game Men – Bill Barrett, 204 pins
 Scratch Series Men – Stan Galinn, 568 pins
 Handicap Game Men – Jack Carney, 266 pins
 Handicap Series Men – Stan Galinn, 730 pins
 High Average Women – Chris Porter, 164 pins
 Scratch Game Women – Chris Porter, 177 pins
 Scratch Series Women – Chris Porter, 481 pins
 Handicap Game Women – Barbara Martin, 251 pins
 Handicap Series Women – Barbara Martin, 694 pins

You do not need to be a good bowler to join. Come and join the league for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday with practice starting at 9:20 a.m. at Bowl America at 1101 Clopper Road in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11.

If interested in joining, call Rita at (301-814-9196).



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One More Day for Chess Play

by Bernie Ascher

This year has 366 days. It is a leap year and it gives us an extra day to play chess.

The calendar for 2020 adds the extra day to the end of February, which is still the shortest month, even with a 29th day.

A leap year happens every four years to compensate for the imprecision of the Gregorian calendar. The 365-day calendar does not include all of the time it takes the Earth to move around the Sun in a year – 365.24219 days. The 29th day takes care of the fraction left over each year, that is, five hours, 48 minutes and 45 seconds. Every year divisible by four (2000, 2016, 2024) is a leap year; but 1800, 1900 and 2100 are not.

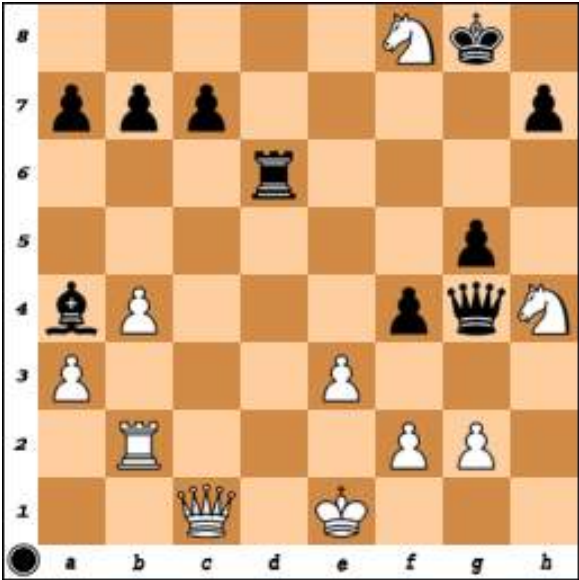
In 1592, Pope Gregory XIII instituted a revision of the Julian calendar. Currently, it is the most popular calendar system in the world for official or administrative purposes.

Some countries use other calendar systems, mostly for religious purposes, alongside the official national calendar.

Modern-day China, for example, relies on the Gregorian calendar, but the traditional Chinese calendar governs the dates for important holidays, such as Chinese Lantern Day. People also use it as a guide for selecting dates for weddings, moving and for starting new ventures.

The Chinese calendar is a lunar calendar of twelve months of 29-30 days with leap months added instead of leap days. Korea, Vietnam and the Ryukyu Islands use variations of the Chinese calendar.

India has an official national calendar (largely Gregorian), but various religious groups use different systems alongside the official one. Hindus use the Vikram Samvat (based on a solar sidereal year with lunar months). A leap month (Adhik Maas) comes about every 32.5 months.



Buddhists use a calendar that adds an extra 30-day month whenever leap year occurs (every seven years within a 19-year cycle). Muslims use a lunar calendar, which does not have a leap day, primarily for religious purposes.

Other calendars include the Solar Hijri or Persian, the Hebrew, the Ethiopian, the Pawukon and the Saka (used in Bali), nearly all of which have leap days or leap months.

In some places, there are leap year traditions. In Ireland, for example, Leap Day is Bachelor's Day, allowing women to initiate dances and propose marriage. The Irish expected that men turning down marriage proposals would buy the woman a silk gown or a fur coat or such.

Likewise, in Al Capp's comic strip "Li'l Abner," on Sadie Hawkins Day in the mythical hillbilly town of Dogpatch, USA, women chased men, who would have to marry them if caught.

In another comic strip, Hal Gray's "Little Orphan Annie," Annie explained how she remained young for many years. She was born on Leap Day and had a birthday only every fourth year.

Chess players at Leisure World appreciate the additional day to play chess. In the game on this page, White's Knight has just captured Black's Rook at f8. What is Black's best move?

The solution follows the usual reminder that the Chess Club meets on Mondays, Wednesdays and Fridays from 1-4 p.m. in Clubhouse II. Membership is free. For further information, call Bernie Ascher at (301-598-8577).

SOLUTION: Black moves the Rook from d6 to d1, checking the King and forcing White's Queen to capture the Rook. Black's Queen then captures the White Queen. Checkmate!

So, do not wait for next leap year. Do not wait for Sadie Hawkins to catch Li'l Abner. Do not wait for the sun to circle the Earth. Play chess now!

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■ **Tuesday and Friday Duplicate Bridge**

Compiled by Jerry Miller
Flight A includes all players. Flight B includes only ACBL member pairs, each less than 1,000 master points. Flight C includes only ACBL member pairs, each less than 500 master points.

Tuesday, Jan. 7, 2020			
North-South Flight A		East-West Flight A	
1. Alfred Caponiti – Frederic Caponiti		1. Dora Levin – Howard Tash	
2. Beena Deshmukh – Madhav Deshmukh		2. Marcia Fletcher – Michael Benefiel	
Flight B		Flight B	
1. Beena Deshmukh – Madhav Deshmukh		1. Marcia Fletcher – Michael Benefiel	
		2. Lorraine Nacson – Judith Lindley	

Friday, Jan. 10, 2020			
North-South Flight A		East-West Flight A	
1. Aaron Navarro – Dora Levin		1. Marcia Fletcher – James Cowie	
2. Alan Ferraro – Liz Ferraro		2. Nadyne Cheary – Jerry Miller	
3. Mark Lavine – Judith Perrier		3. Susan Weiss – Sue Swift	
Flight B		Flight B	
1. Alan Ferraro – Liz Ferraro		2. Susan Weiss – Sue Swift	
2. Stephan Billstein – Angela Riani			

Tuesday, Jan. 14, 2020			
North-South Flight A		East-West Flight A	
1. Wendy Morrison – Vern Skinner		1. Dora Levin – Howard Tash	
2. Rosmarie Sutor – Shirley Light		2. Susan Weiss – Bernice Felix	
3. Marilyn Udell – Maida Crocicchia		3. Madhav Deshmukh – Beena Deshmukh	
4. Stephan Billstein – Marcia Fletcher		4. Jim Anschutz – Robert Kerr	
		Flight B	
		1. Susan Weiss – Bernice Felix	
		2. Madhav Deshmukh – Beena Deshmukh	

Friday, Jan. 17, 2020			
North-South Flight A		East-West Flight A	
1. Mark Lavine – Gail Singer		1. Leanna Gipson – Liz Ferraro	
2. Rosmarie Sutor – Shirley Light		2. Nancy Gordon – Sue Swift	
Flight B			
1. Stephan Billstein – Angela Riani			

■ **Wednesday Night Chicago Bridge**

Compiled by Abigail Murton

Jan. 15, 2020	Jan. 22, 2020
1. Sally McGowan and JoAnn Gellman, 4,460	1. Jack Looney and Bruce McKay, 3,400
2. Helen Montanaro and Jack Carney, 1,670	2. Dottie Donnelly and Dottie Hurley, 2,780
	3. Joyce and Dick Riseberg, 2,600
	4. Helen Montanaro and Jack Carney, 1,700

■ **Tuesday and Friday Duplicate Bridge** *(cont.'d)*

Tuesday, Jan. 21, 2020			
North-South Flight A		East-West Flight A	
1. Stephan Billstein – Bernice Felix		1. Alfred Caponiti – Frederic Caponiti	
2. Allen Shaw – Patti Anschutz		2. Dora Levin – Howard Tash	
3. Gerald Lerner – Jerry Miller		3. Saul Penn – Elaine Conway	
4. Diane Keiper – Nadyne Cheary		4. Marcia Fletcher – Robert Kerr	
		Flight B	
		1. Marcia Fletcher – Robert Kerr	
		2. Liz Ferraro – Alan Ferraro	

Friday, Jan. 24, 2020			
North-South Flight A		East-West Flight A	
1. Aaron Navarro – Charles Dearolf		1. Mark Lavine – Gail Singer	
2. Shirley Light – Stephan Billstein		2. Helen Montanaro – Jack Carney	
3. Alan Ferraro – Liz Ferraro		3. Robert Kerr – Saul Penn	
Flight B		Flight B	
1. Alan Ferraro – Liz Ferraro		1. Leanna Gipson – Judy Tankersley	
2. (tie) Wendy Morrison – Howard Brewer			
2. (tie) Nancy Gordon – Bernice Felix			

The next newcomers duplicate game is Monday, Feb. 24, at 6:30 p.m. in Clubhouse I. Bridge players who are unfamiliar with duplicate will partner with experienced duplicate players in a relaxed setting. A brief lesson on an aspect of bridge will precede the card play. Email (jerroldmiller@yahoo.com) for more information and to RSVP. Regular duplicate games awarding masterpoints are held Tuesday and Friday at 7 p.m. in Clubhouse I. Results and hand records are available at (thecommongame.com). Residents who need a partner for either game should call Shirley Light at (301-598-6611) at least 24 hours in advance.

■ **Thursday Afternoon Ladies Bridge**

Compiled by JoAnn Gellman

Jan. 9, 2020	Jan. 23, 2020
1. Mary Lee Amato, 3,470	1. Helen Montanaro, 3,830
2. Maria Merkowitz, 3,460	2. Mary Jane Noll, 3,290
3. Irene Shaulis, 3,340	3. Judith Lane, 2,940
Jan. 16, 2020	
1. Helen Montanaro, 3,830	
2. Michele Frome, 2,890	
3. Ruthe Slone, 2,430	

■ **Friday Bridge**

Compiled by Shirley Rosenhaft

Jan. 3, 2020	Jan. 17, 2020
1. (tie) Mort Faber, 3,060	1. Ruth Kean, 3,780
2. (tie) Marc Levin, 3,060	2. Shirley Rosenhaft, 3,770
3. Bernice Cohen, 3,040	3. Belle Leiberman, 2,950
4. Janet Danziger, 2,760	4. Jackie McCarthy, 2,830
Jan. 10, 2020	
1. Sunny Levin, 4,030	
2. John Hashim, 3,280	
3. (tie) Jackie McCarthy, 2,620	
4. (tie) Betty Hecht, 2,620	

RECYCLING REMINDER
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Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecom-mongame.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron Navarro at (301-598-3870).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. The group meets Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).

• **Thursday Ladies Bridge** welcomes more card players. If interested, call JoAnn Gellman at (301-351-2391).

Chess: For free chess lessons for beginners or "rusty" players, call Bernie Ascher at (301-598-8577) to schedule an appointment. The Chess Club meets every Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free.

Cribbage: Players meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. in Clubhouse II. There are cards and cribbage boards, and members would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (The group does not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270).

Duckpin Bowling: Join the Duckpin Mixed Bowling League on Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). The group needs bowlers of all skill levels and will welcome you into this enthusiastic group. Members carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

LW Golf Club: The golf course is open all winter long, weather permitting, with an organized "Winter Scramble" every

Wednesday. Call the pro shop at (301-598-1570) for times and greens fees.

Mah-jongg: Learn how to play mah-jongg. Call (301-598-3438).

Mind-Body Exercise Club: Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activities Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

Pinochle Players: Experienced Pinochle players wanted. Members play Mondays from 4-6:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

• **Poker Game** openings are available at the Greens, Thursdays from 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Mondays and Thursdays from 1 p.m.-4:30 p.m. in the Clubhouse II Game Room. The group plays hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Thursday Night Poker meets every Thursday from 6-9 p.m. in Clubhouse II. Members play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

Scrabble: Please join players at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Indoor Pool Volleyball. If you are a resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).

There is a Catholic Church in Leisure World!



Our Lady of Grace Roman Catholic Church was founded in 1978 to serve the people of Leisure World.

It moved from celebrating liturgies at the Interfaith Chapel to its present location in 1991, to the right just as you are leaving LW by the Norbeck Road gate.

Masses are held daily at 9:00 AM, weekends at 4:00 PM Saturday, 9:00 and 11:00 AM Sundays.

We welcome all to come worship with us

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CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



BRIDGE INSTRUCTION

NEW – Bridge for Beginners: This course is intended for newcomers to the game of bridge and those who have not played for years. The class will cover the fundamentals of modern bidding, play of the hand and some defensive principles.

Bridge is challenging and also very enjoyable. So, sign up and begin enjoying the game.

This class is taught by resident Aaron Navarro, who is the president of the Duplicate Bridge Club, a certified bridge teacher and a Ruby Life Master.

Class meets Thursdays, March 5-April 9, 1-3 p.m. **Fee: \$15. Register at Clubhouse I.**

EDUCATION

Great Decisions in Foreign Policy 2020: Sponsored by the Center for Lifelong Learning (CLL), topics for the 2020 Foreign Policy Association's Great Decisions series include: Climate Change and the Global Order; India and Pakistan; Red Sea Security; Modern Slavery and Human Trafficking; U.S. Relations with the Northern Triangle; China's Road into

Latin America; The Philippines and the U.S.; and Artificial Intelligence and Data. The text and DVD used is prepared by the Foreign Policy Association (FPA) and will be the basis for course discussions.

The class may discuss additional emergent topics that the class wants to explore. Participants may also share their experiences and knowledge.

The class leader is resident David Frager. He facilitated the 2010-2019 Great Decisions discussions and has been an instructor for CLL. Frager was a docent at the Smithsonian National Museum of American History and taught for three years at the National Defense University during a career at the Department of Defense.

Class meets Thursdays, Feb. 27-April 23 (no class March 26), 2-3:30 p.m. **Fee (includes text): \$50 per person or \$75 if a couple is sharing a book. Register at Clubhouse I.**

FOREIGN LANGUAGE EDUCATION

NEW – Advanced Conversational Spanish, a CLL course: Discussion

topics will include: what happened yesterday, last week or last year; vacation activities and what was done in the past; activities that occurred in the past; sports; buying clothes; and living in the city. Participants will also discuss the cultural aspects of the Spanish-speaking world.

The class, taught by resident Judy Frumkin, is conversation-based and meets Tuesdays, March 10-April 21, 10-11:30 a.m. **Fee: \$25 (includes materials fee). Register at Clubhouse I.**

NEW – Spanish for Travelers, a CLL course:

This course is geared to those who plan to travel to Spanish-speaking countries and wish to gain more proficiency in Spanish terms to facilitate travel. Topics to be discussed include: greeting and farewells, including introductions; questions words; number and telling time; at the airport; checking into or out of a hotel and problems that could be encountered at a hotel; general terms and phrases about eating and drinking; how to order food and beverages at a restaurant; travelling around; meeting people; shopping; and health and safety.

Participants will role play situations to become more proficient with the material discussed.

The class will also introduce cultural information and specific information about various Spanish-speaking countries.

The class, taught by resident Judy Frumkin, meets Tuesday, March 10-April 21, 1-2 p.m. **Fee: \$25 (includes materials fee). Register at Clubhouse I.**

RELIGION AND PHILOSOPHY

Meditation for Seniors, a CLL course: Led by David Newcomb, this is a continuation of Meditation for Seniors, a course designed to help seniors confront aging. Meditation provides a tradi-

tional means to explore our innate spirituality, which, in turn, reinvigorates us with newfound perspective and purpose. Meditation is the fastest, simplest inroad to self-discovery.

In this class, we will briefly review the background of meditation, take a close look at the technique, and sit together in meditation as a group. We will analyze our meditation sessions, and consider several supporting activities, such as belonging to a group, keeping a self-introspective diary, and diet, that help our efforts to meditate. Each student will be asked to meditate on his or her own during the week and report back on progress at the next class. No special postures or exercises are used in this class. We will be sitting in chairs the entire time.

This session will feature longer meditations in class, more detailed study and more detailed analyses of our own practice. Meditation is a limitless horizon. Once we begin, we can explore these subjects forever.

New participants are welcome.

Class meets Wednesdays, Feb. 26-April 1, 10-11:30 a.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

MUSIC EDUCATION

NEW – Journeys and Experiences of the Musical Mind: Explore how music and engaged listening can positively transform your life like nothing else! Sound is our most primal and experiential sense – the first to awaken and the last to leave us – and music has been one of our greatest human survival tools. The average person experiences at least four hours of music every day and those musical experiences shape our lives in both conscious and subconscious ways.

How does the mind process words, symbols and music? Can you hear color? Learn how to navigate sonic landscapes and more fully experience the music in film, television and the concert hall.

Using lectures, recorded examples, live performances and class participation, musicologist, tenor and redoubtable raconteur Dr. Harry Dunstan will help you discover how to use music as your most life-enhancing activity.

Class meets Mondays, Feb. 24-March 30, 7-8 p.m. **Fee: \$50. Register at Clubhouse I.**

DANCE INSTRUCTION

NEW – Line Dance with Wendy: This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, Feb. 24-April 27, from 2-3 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$45 per session. Register at Clubhouse II.**

NEW – Intermediate Tap with Mary Lou: This class will include warm-up barre exercises, center room exercises (combos and balance), progression steps and a dance routine.

Instructor Mary Lou Peters started dancing at the age of three. At 17, she started dancing professionally, worked on a TV show for 16 years and has been teaching dance ever since.

Class meets Thursdays, March 5-26, 7-8 p.m. **Fee: \$40. Register at Clubhouse II.**

EXERCISE

NEW – Ba Duan: This is the world's oldest exercise for seniors and those who need

to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

Limited enrollment. Class meets Mondays, Feb. 24-April 27, 4-5 p.m. **Fee: \$20. Register at Clubhouse II.**

NEW – Zumba Gold with Denny – Mondays, Wednesdays or Fridays: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays Feb. 24-March 30, 10:30-11:30 a.m.; Wednesday, Feb. 26-April 1, 10 a.m.; or Fridays, Feb. 28-April 3, 1-2 p.m. **Fee: \$45 for one day per week; \$84 for two days per week; \$120 for three days per week. Register at Clubhouse II.**

NEW – Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Feb. 25-March 31, and Wednesdays, Feb. 26-April 1, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for two days per week. Register at Clubhouse II.**

NEW – Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Feb. 24-March 30, and Thursdays (with Sue), Feb. 27-April 2, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$38 for one day per week; \$63 for two days per week. Register at Clubhouse II.**

NEW – Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.) - Advanced: Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, March 2-April 27 and/or Thursdays, March 5-April 23, 9:15-10:15 a.m. **Fee: \$60 for one day per week; \$90 for two days per week. Register at Clubhouse I.**

NEW – Stretch, Tone and Balance for the Active Adult (10:30 a.m.) – Beginner to Moderate: This class is for beginner to moderate exercisers who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, March 2-April 27 and/or Thursdays, March 5-April 23, 10:30-11:30 a.m. **Fee: \$60 for one day per week; \$90 for two days per week. Register at Clubhouse I.**

WATER EXERCISE

NEW – Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Feb. 25-March 31, and Thursdays, Feb. 27-April 2, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38 for one day per week; \$63 for two days per week. Register at Clubhouse II.**

NEW – Non-impact Fusion Water Exercise with Shirley or Sue: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Feb. 25-March 31, and Thursdays, Feb. 27-April 2, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for two days per week. Register at Clubhouse II.**

NEW – Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Feb. 26-April 1, from 1-2 p.m. **Fee: \$38 for one day per week; \$63 when taken with one day of another water class. Register at Clubhouse II.**

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CALENDAR *of Events*

**Dial 301-598-1313
for recorded Daily Events**

Friday, February 7

Clubhouse I

9:00 a.m. AARP Tax Preparation
(Appointment Required)
10:00 a.m. RAG Open Art Studio
10:00 a.m. League of Women Voters
Discussion Group
11:00 a.m. Impressionists, Romantics and
Realists Music Class
1:30 p.m. Watercolor II Art Class
3:00 p.m. Hispanos de LW: Bingo
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Zumba Gold Class
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
1:00 p.m. Ping-Pong Club
3:00 p.m. Indoor Pool Volleyball (Social)
4:00 p.m. Pickleball Club

Saturday, February 8

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. RAG Open Art Studio
Clubhouse II
9:15 a.m. JRLW Shabbat Service
2:00 p.m. Going It Alone Club: Social
1:30 p.m. Women’s Fun Bunch: Ballet and
Deli Dinner
3:00 p.m. Indoor Pool Volleyball (Social)

Sunday, February 9

Clubhouse I

No Scheduled Activities
Clubhouse II
11:30 a.m. Pickleball Club
4:30 p.m. LWAAAC Black History
Program: “A Tribute to Mahalia Jackson”

Monday, February 10

Clubhouse I

9:15 a.m. Stretch, Tone and Strength
Training Class
10:00 a.m. Multi-Media Sampler Art Class
10:00 a.m. Garden and Environmental
Club movie: “A Man Named Pearl”
10:30 a.m. Stretch, Tone and Balance Class
1:00 p.m. Oils Art Class
1:30 p.m. Leisure World Chorale
7:00 p.m. Bingo
Clubhouse II
9:00 a.m. Senior Sneakers
10:00 a.m. Clipper Workshop
10:30 a.m. Zumba Gold Class
11:00 a.m. Chair Yoga Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
1:30 p.m. Computer Learning Center:
Android Help Session
3:00 p.m. Ping-Pong Club
4:00 p.m. Ba Duan Exercise Class
5:30 p.m. Model Railroad Club Operating
Session
6:00 p.m. Indoor Pool Volleyball
(Competitive)

Tuesday, February 11

Clubhouse I

10:00 a.m. Any Medium I Art Class
12:00 p.m. Amateur Radio Club
1:30 p.m. Book Club Network: Non-Fiction

2:00 p.m. Compassion and Choices: Organ,
Tissue and Whole-Body Donation – Fact
vs. Myth
7:00 p.m. Duplicate Bridge
7:00 p.m. Trivia Club
Clubhouse II
9:30 a.m. Beginner and Advanced Tai Chi
Class
10:00 a.m. LW Apple Clinic
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Pickleball Club
12:30 p.m. Scrabble Group
1:30 p.m. Comedy and Humor Club
3:00 p.m. Living Better with Parkinson’s
Support Group
3:00 p.m. Pickleball Club: Conditioning
Class with Scott Keenum
4:00 p.m. Pickleball Club
7:00 p.m. Camera Club

Wednesday, February 12

Clubhouse I

9:00 a.m. AARP Tax Preparation
(Appointment Required)
9:00 a.m. Gentle Yoga Class
10:00 a.m. Any Medium II Art Class
10:00 a.m. CLL: Seminar on Reparations
for African-Americans Featuring Essay by
Ta-Nehisi Coates
10:15 a.m. League of Women Voters: 2020
Legislative Priorities for the Maryland
General Assembly
1:00 p.m. Lions’ Vision Support Group:
Discover Technology that Supports People
with Low Vision
1:00 p.m. Oils and Acrylics II Art Class
6:45 p.m. Chicago Bridge

Clubhouse II

8:00 a.m. Pickleball Club
10:00 a.m. Zumba Gold Class
11:00 a.m. Mild Exercise Class
11:00 p.m. Rossmoor Women’s Club:
Members-Only Potluck
1:00 p.m. Chess Club
1:00 p.m. Aqua Fit Class
1:30 p.m. JRLW Movie: ‘Follow Me: The
Yoni Netanyahu Story’
3:00 p.m. Ping-Pong Club
3:00 p.m. Indoor Pool Volleyball (Social)
5:15 p.m. Pickleball Club
5:30 p.m. Model Railroad Operating
Session

Thursday, February 13

Clubhouse I

9:15 a.m. Stretch, Tone and Strength
Training Class
10:00 a.m. Watercolor I Art Class
10:30 a.m. Stretch, Tone and Balance
Class
12:30 p.m. Ladies’ Bridge
1:00 p.m. Drawing – Any Dry Media Art
Class
2:00 p.m. CLL program: Anxiety in
Families: Findings from Brain Research
7:00 p.m. Democratic Club
7:00 p.m. Social and Ballroom Dancing
Class
Clubhouse II
9:00 a.m. Senior Sneakers Class

Leisure World Mutual Meetings

Feb. 7
Mutual 8 Board
10:00 a.m., Sullivan Room

Feb. 11
Mutual 16 Board
9:30 a.m., Sullivan Room
Mutual 19A Board
9:30 a.m., Clubhouse II
Mutual 7 Board
1:15 p.m., Sullivan Room
Mutual 25 Board
7:00 p.m., Sullivan Room

Feb. 12
Mutual 11 Board
10:00 a.m., Sullivan Room

Feb. 13
Mutual 12 Board
1:00 p.m., Sullivan Room

Feb. 18
Mutual 14 Board
9:30 a.m., Sullivan Room

Feb. 19
Mutual 5 Board
9:30 a.m., Sullivan Room

Feb. 20
Mutual 15
9:30 a.m., Sullivan Room

*Meeting times and locations subject to change. Sign in to (residents.lwmc.com)
and check the calendar for any changes. Mutual board meetings are open to
respective mutual residents and absentee owners.*

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Budget and Finance
Feb. 19, 2:00 p.m., Clubhouse I

Communications
Feb. 20, 10:00 a.m., Clubhouse I

Community Planning
Feb. 10, 9:30 a.m., Sullivan Room

Energy
Feb. 18, 9:30 a.m., Clubhouse I

Golf and Greens
Feb. 7, 9:30 a.m., Clubhouse I

LWCC Board of Directors
Feb. 13, 2:15 a.m., Clubhouse I (special meeting – gate access)
Feb. 21, 10 a.m., Clubhouse I (board chairperson meets with advisory committee
chairpersons)
Feb. 25, 9:30 a.m., Clubhouse I (regular meeting)

LWCC Executive Committee
Feb. 14, 9:30 a.m., Sullivan Room

*Meeting times and locations subject to change. Sign in to (residents.lwmc.com)
and check the calendar for any changes. Meetings are open to all residents and
absentee owners.*

9:30 a.m. Beginner and Advanced Tai
Chi Class
9:30 a.m. Quilting Group
11:00 a.m. Water Exercise Class
11:30 a.m. Pickleball Club
12:30 p.m. Men’s Bridge
1:00 p.m. Non-impact Fusion Water
Exercise Class
1:00 p.m. E&R Movie: “Gloria Bell”
2:00 p.m. Model Railroad Club
Operating Session
2:00 p.m. Mind-Body Exercise Club
4:00 p.m. Friends of India Association
6:00 p.m. Indoor Pool Volleyball
(Competitive)
6:30 p.m. New Yorkers and Friends:
Catskills Comedy and Deli Dinner
7:00 p.m. Intermediate Tap Class

Friday, February 14
Clubhouse I
9:00 a.m. AARP Tax Preparation
(Appointment Required)
10:00 a.m. RAG Open Art Studio
10:15 a.m. League of Women Voters
Discussion Group
11:00 a.m. Impressionists, Romantics and
Realists Music Class
11:00 a.m. Book Club Network: Literary
Ladies Who Lunch
1:30 p.m. Watercolor II Art Class
2:00 p.m. CLL program: ‘Fall in Love’ with
Financial Planning
3:00 p.m. Hispanos de LW movie:
“Carancho”
5:00 p.m. Arts in Motion: Popular
Songstress Jeri Frye

7:00 p.m. Friday Duplicate Bridge
Clubhouse II
10:00 a.m. Chinese Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge Club
1:00 p.m. Ping-Pong Club
3:00 p.m. Indoor Pool Volleyball (Social)

Saturday, February 15

Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. RAG Open Art Studio
Clubhouse II
9:15 a.m. JRLW Service
11:00 a.m. Pickleball Club
12:00 p.m. LW LGBTQ Alliance
2:00 p.m. Going It Alone Club: Social
3:00 p.m. Indoor Pool Volleyball (Social)
7:00 p.m. Sock Hop Group Dance
7:00 p.m. E&R Event: Pam Parker Trio

Sunday, February 16

Clubhouse I
10:00 a.m. JRLW Breakfast Forum: Rep.
Jamie Raskin
Clubhouse II
11:00 a.m. Pickleball Club
3:30 p.m. Camera Club Photo Matinee:
Slideshow Presents the Soulful Side of
'Music City'

Monday, February 17

Clubhouse I
9:15 a.m. Stretch, Tone and Strength
Training
9:45 a.m. AARP Safe Driving Course
10:00 a.m. Multi-Media Sampler Art Class
10:30 a.m. Stretch, Tone and Balance Class
1:00 p.m. Oils Art Class

1:30 p.m. Leisure World Chorale
1:30 p.m. National Active and Retired
Federal Employees (NARFE)
1:30 p.m. Hadassah Judaic Study Group
Book Review

Clubhouse II
10:00 a.m. Clipper Workshop
10:30 a.m. Zumba Gold Class
12:15 a.m. Pickleball Club
12:30 p.m. Men's Bridge
1:00 p.m. Chess Club
2:30 p.m. Computer Learning Center:
Android Help Session
3:00 p.m. Ping-Pong Club
4:00 p.m. Ba Duan Class
5:30 p.m. Model Railroad Club
Operating Session
6:00 p.m. Lions Club
6:00 p.m. Indoor Pool Volleyball
(Competitive)

Tuesday, February 18

Clubhouse I
9:00 a.m. Blood Pressure Testing
1:30 p.m. Republican Club: 8th
Congressional District Candidates to
Speak
2:00 p.m. CLL/JRLW: Examining
the Search for Happiness Through a
Jewish Lens
7:00 p.m. Duplicate Bridge Game
7:00 p.m. Trivia Club
Clubhouse II
9:30 a.m. Beginner and Advanced Tai
Chi Class
10:00 a.m. LW Apple Club Clinic
12:30 p.m. Pickleball Club
12:30 p.m. Scrabble Group
1:00 p.m. Stroke Support Group

1:30 p.m. Comedy and Humor Club
3:00 p.m. Pickleball Club: Skills Clinic
3:00 p.m. Pickleball Club

Wednesday, February 19

Clubhouse I
9:00 a.m. AARP Tax Preparation
(Appointment Required)
9:00 a.m. Gentle Yoga Class
1:00 p.m. LW Dog Club
6:45 p.m. Chicago Bridge
Clubhouse II
8:00 a.m. Pickleball Club
10:00 a.m. Zumba Gold Class
1:00 p.m. Chess Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Ping-Pong Club
3:00 p.m. Indoor Pool Volleyball
(Social)
5:15 p.m. Pickleball Club
5:30 p.m. Model Railroad Club
Operating Session
7:00 p.m. E&R Event: Kelvin Page
– Tenor Performs Classical to Jazz
Music
7:00 p.m. Mindful Meditation Group

Thursday, February 20

Clubhouse I
11:00 a.m. Writers of Leisure World
12:30 p.m. Ladies' Bridge
2:00 p.m. Book Club Network:
Thursday Readers
2:00 p.m. CLL program: Senior
Housing and Care Options
3:00 p.m. New Resident Orientation
7:00 p.m. Intermediate Tap Class
7:00 p.m. Vegetarian Society: "Eating
for the Planet"

Clubhouse II
9:30 a.m. Beginner and Advanced Tai
Chi Class
10:00 a.m. Stitching Group
11:30 a.m. Pickleball Club
12:30 p.m. Men's Bridge
2:00 p.m. Model Railroad Club
Operating Session
2:00 p.m. Mind-Body Exercise Club
4:00 p.m. Pickleball Club
4:00 p.m. Friends of India Association
6:00 p.m. Indoor Pool Volleyball
(Competitive)
7:00 p.m. Social and Ballroom Dancing
Class

Friday, February 21

Clubhouse I
9:00 a.m. AARP Tax Preparation
(Appointment Required)
10:00 a.m. League of Women Voters
Discussion Group
10:00 a.m. Book Club Network: Bookies
11:00 a.m. Impressionists, Romantics
and Realists Music Class
12:15 p.m. Kiwanis Club
2:00 p.m. Town Meeting Organization
3:00 p.m. Hispanos de LW: Bingo
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Zumba Gold Class
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
1:00 p.m. Ping-Pong Club
3:00 p.m. Indoor Pool Volleyball
(Social)
4:00 p.m. Pickleball Club
7:00 p.m. Baby Boomer Club: Movie



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Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
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3310 N LEISURE WORLD BLVD #6-116	FAIRWAYS NORTH	Unit/Flat/Apartment	2	2	\$215,000	\$208,000	\$0
3330 N LEISURE WORLD BLVD #5-611	FAIRWAYS SOUTH	Unit/Flat/Apartment	2	2	\$183,900	\$183,900	\$5,517
3355 S LEISURE WORLD BLVD #96-D	MONTGOMERY MUTUAL COOP	Row/Townhouse	2	2.5	\$169,000	\$169,000	\$0
3301 SOUTH LEISURE WORLD BLVD #99-2H	MONTGOMERY MUTUAL COOP	Unit/Flat/Apartment	1	1	\$76,500	\$72,000	\$0
3100 N LEISURE WORLD BLVD #809	OVERLOOK	Unit/Flat/Apartment	2	2	\$439,900	\$415,000	\$0
3104 BECKENHAM CT #251F	ROSSMOOR MUTUAL #11	Row/Townhouse	2	2.5	\$172,900	\$179,200	\$0
15121 GLADE DR #13-3A	ROSSMOOR MUTUAL #14	Unit/Flat/Apartment	3	2	\$239,000	\$239,000	\$1,200
15316 PINE ORCHARD DR #82-2H	ROSSMOOR MUTUAL #19	Unit/Flat/Apartment	2	2	\$154,900	\$154,900	\$0
3215 S LEISURE WORLD BLVD #101-1-F	ROSSMOOR MUTUAL #5	Unit/Flat/Apartment	2	2	\$169,900	\$150,000	\$0
15101 INTERLACHEN DR #1-506	THE GREENS	Unit/Flat/Apartment	2	2	\$139,900	\$139,900	\$0
15107 INTERLACHEN DR #2-607	THE GREENS	Unit/Flat/Apartment	2	2	\$168,750	\$162,000	\$5,000
15101 INTERLACHEN DR #1-717	THE GREENS	Unit/Flat/Apartment	2	2	\$199,900	\$199,900	\$500
2900 N LEISURE WORLD BLVD #509	TURNBERRY COURTS	Unit/Flat/Apartment	2	2	\$225,000	\$222,500	\$0
2904 N LEISURE WORLD BLVD #303	TURNBERRY COURTS	Unit/Flat/Apartment	3	2	\$345,000	\$325,000	\$0
3200 N LEISURE WORLD BLVD #612	VANTAGE POINT EAST	Unit/Flat/Apartment	2	2	\$327,000	\$315,000	\$0
3210 N LEISURE WORLD BLVD #605	VANTAGE POINT WEST	Unit/Flat/Apartment	3	2	\$388,000	\$380,000	\$0



ACTIVE!!!

15107 Interlachen Drive, #2-906

Warm and inviting 2 bedroom, 2 bath condo with enclosed balcony & golf course views!



SOLD!!!

3394 Chiswick Court, #49-D

Absolutely stunning 2 bedroom, 2.5 bath townhouse! Updated kitchen and patio!



ACTIVE!!!

15310 Beaverbrook Court, #89-1B

1 Bedroom, 1 Bath Rental with patio! All utilities included & 1 reserved parking space!

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CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

ESTATE SALES

ESTATE SALE in LEISURE WORLD, Feb. 14-16. Snow dates Feb. 21-23. Run by Estate Sales by Cheryl, LLC. For more details go to (Estatesales.net) and search Leisure World.

CASH FOR ESTATES. I buy a wide range of items: jewelry, art, rugs, etc. Buy out/clean up. (theatticllc.com) Gary Roman – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC — I provide honest and confidential estate cleanouts with reasonable rates. I assist executors,

family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

REAL ESTATE FOR SALE

Call on our REAL ESTATE PARTNERSHIP, Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in teaching, tax and business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to see our 2019 successes! Here is our latest 2020 community activity: Featured listing: Villa Cortese, fabulous 3 FB, 2FB, reduced to \$339,000! Enjoy large enclosed balcony, one-year-old HVAC system, fresh paint,

flooring updates, renovated kitchen with quartz counters, subway tile backsplash, white cabinets, luxury bath with step-in shower and separate soaking tub, built-ins, enclosed carpeted balcony, short distance to elevator! Listing just sold: Greens GG Model, totally updated, 2BR, 2FB, sold and settled in less than 30 days, \$199,000. Buyer just sold: Vantage Point West J Model, 3BR, 2FB, garage space, superb condition, \$380,000. Listing just sold: Fairways North G Model, fresh paint, all new flooring, some lighting and kitchen updates, \$185,000. Contact us to learn about our current "active" and "coming soon" choices, to see other available properties or to request a free competitive analysis! Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

BIG AND BEAUTIFUL! 3 bedrooms and 2 full baths, steps to the elevator, garage space, extra-large enclosed balcony, hardwood floors, updated kitchen, fresh paint. Low \$300,000s.*** Studio unit, coop ownership, fresh paint, new carpet, beautiful view. Upper \$60,000s.*** Lovely 1-bedroom in Fairways North, updated appliances and HVAC. Enclosed balcony with beautiful view. Close to elevator and

walk to Clubhouse II. \$129,900. Tandem garage space an additional \$30,000.*** Douglas Realty (866-987-9397). Call Eve Rados Marinik, (301-221-8867), (evemhomes@gmail.com).

OPEN HOUSE: Sunday, Feb. 9, 1-3:30 p.m. Berkley Model townhome. 3683 S LW Blvd. \$180,000. Updated kitchen, beautiful floors, lovely flagstone patio, park right out front. Close to Main Gate, Inter-Faith and Clubhouse I. Call Eve Rados Marinik (301-221-8867), (evemhomes@gmail.com). (866-987-3937) Douglas Realty.

REAL ESTATE FOR RENT

APARTMENT FOR RENT. 3501 Forest Edge Dr., #3F, in Leisure World. 1 bedroom, 1 full bath and a half, patio. Looks out to the woods. \$1,600 negotiable. Contact Samuel or Bernadette at (301-622-4925).

3 BEDROOM, 2 FULL BATH patio home with eat-in kitchen, 1 car garage. Furnished. Utilities included. \$3,950 per month. Call (410-868-1110).

GARDEN TWO-BEDROOM, two-bath condo available for lease the first of January. Premier community of Leisure World for adults 55 plus!

Here are just some of the Leisure World homes I sold in 2019!

Thinking of
SELLING
your Leisure World
home?

Call me to find out what
your home is worth and
how I can help you get it sold
for the best price.

- Weichert's Top LW Lister in 2019
- Extensive Marketing Background
- Professional Photos & Videos
- Professional Property Brochures
- Home Staging & Repair Coordination
- Weekly Listing Updates
- Licensed Leisure World® Specialist



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Check out my 5 Star Reviews on zillow.com & google.com

Weichert
REALTORS

This condo features fresh paint, side-by-side washer/dryer and new quartz kitchen countertops. Living room, small enclosed sunroom and outdoor patio with a spectacular view. Call (301-598-6451) to schedule an appointment to see this exceptional home. No smoking! Pets considered, a reserved parking space, utilities and basic cable included.

ADORABLE 1 BR/1 BA at 15101 Interlachen Dr., third floor. Lovely golf course view. Wide-plank dark hardwood floors, stainless appliances, eat-in kitchen, front-load washer/dryer, close to elevator. Available immediately. Contact Marilyn Greggs, Weichert, (301-908-8838).

FOR SALE

Barely used/new condition Serta Perfect LIFT CHAIR comfort recliner. For sale \$575 OBO. Hand-control LED buttons. Brown color, made of leather blend material for comfort and easy cleaning. Contact Michael (301-272-0168).

AUTO SALES

2016 TOYOTA CAMRY LE. Four-door. MD-inspected, like new. Only 13,500 miles. One owner. \$16,499. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2002 CHRYSLER CONCORDE LIMITED. Loaded with sunroof, leather interior, chrome factory wheels. MD-inspected, only 43,000 miles. Previous LW owner. \$4,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

TRANSPORTATION SERVICES

HAVE CAR, WILL TRAVEL. Flat rates to all airports. \$45 to and from Dulles. \$45 to and from BWI. \$45 to and from Reagan National. Union Station, doctors' appointments. Call John Westmoreland (301-536-5801).

DRIVER with 25 years' experience. I am a Leisure World resident. Drive anywhere. Comfortable, smooth, safe. Accident-free record. Clean vehicle. I'm available 24/7. Call or text (703-649-1293).

YOUR PERFECT PRIVATE DRIVER is right here! Lifetime DC Metro resident. Friendly, reliable, competent service. Safe, accident-free record.

Comfortable, clean vehicle can seat up to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, festivals, ceremonies, medical appointments... To/from anywhere, including long-distance trips in other states. Reservations are recommended. Call 7 a.m.-10 p.m. with questions or to arrange/guarantee your ride. Available 24/7. Emergency calls, if needed. Steven Saidman. Cell/text (301-933-8899). Email (steve.your.driver@gmail.com).

NEW: EASY RIDES. Mutual 14 resident. Airport, local, long-distance rides, introductory 10% discount off any estimated quote, Lyft, Uber or others, 24/7. Call Kevin Vincent (301-466-5162), 2016 Kia Soul, or John Carter (301-801-8800), black Cadillac sedan. Over 50 years of driving experience in DC, VA, MD area. Cash or check only.

A-1 SERVICE, call-and-ride — doctors, airport. Will pick up your groceries. Always on time. Over 250 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

DRIVER WITH CONCIERGE STYLE at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a four-door Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any personal assistance you may need. Call Ken at (508-612-9647).

CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

"A" HOME HEALTH CARE for Senior Citizens — Care you can trust and is

affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146).

ATTENTIVE, COMPASSIONATE CAREGIVER, Jamie, would like to assist you with your daily needs. Jamie has a lot of experience with elder care as she has been working at the Brooke Grove Nursing Home for quite some time. Please call her at (301-980-8432). Thank you.

Leticia Adu is my name. Am a CNA/GNA/MED TECH. I provide quality and affordable care for elderly. I have 13 years' experience. I give personal care, companionship, housekeeping, shopping, appointments, etc. Please contact me (301-793-3989) or (240-252-0439). Email me on (mumbea2002@yahoo.com).

Augusta Obimpeh is my name. Am a CNA/GNA/MED TECH. I have 16 years' experience caring for elderly. I provide long- and short-term care — very affordable companion care, nursing care, housekeeping, etc. Contact me on (240-883-8126), (240-252-0439) or (301-793-3989). (sweetieamae@yahoo.com)

HIGHLY-DEPENDABLE and extremely compassionate caregiver with 11+ years' extensive experience in providing timely and friendly care to elderly and disabled clients. A warm-hearted individual who performs personal care activities in a manner that maximizes clients' independence and dignity in a safe environment. My core competencies include: • companionship • meal preparation • light housekeeping • bath assistance • general assistance • appointment management • errand-

running • personal care • excellent communication skills (bilingual English/Spanish). (301-646-2132), (monicamanzano585@yahoo.com).

I am a CNA, MED TECH with a certificate in autism spectrum disorders. I have extensive experience working with a major hospital for more than 15 years, with excellent references. I also worked private duty with many clients in MD and DC. I am available full-time or part-time. Please call Frances (301-943-8828).

WARM ANGELS ELDER CARE (warmangelseldercare.com) — Reana Robinson, independent certified nursing assistant. A minimum of 2 hours. For information please call (240-360-7783) or email (reanar1@yahoo.com).

PROVIDING QUALITY AND AFFORDABLE CARE: Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337).

CNA/GNA/MED TECH with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available full-time or part-time. Please call (240-252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

JOEL'S EXECUTIVE CAR SERVICE

**301-438-9777
301-980-4734 (cell)**

- Airport
- Trains
- Doctor Visits



Get the Royal Treatment
Available 24 hours.

Personal Care Services In The Comfort Of Your Home

Family Owned & Operated
Serving Montgomery County



- Household chores
- Medication reminding
- Daily living and companionship
- Meal planning, preparation and monitoring of eating habits
- Overseeing activities, such as walking, to minimize the risk of accidents
- Shopping for groceries, with or without client
- Bathing and grooming and general personal hygiene
- Help with planning and making decisions
- Nursing services and many more!



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DEDICATED AND LOVING CAREGIVER looking for a position/ job. I will take care of your loved one regardless of gender or age. I'm a certified, geriatric nursing assistant with tender loving care and honesty. I'm experienced in dementia and Parkinson's disease. I've been in this field for over 10 years. My phone is (240-277-2276).

LICENSED CAREGIVER looking to care for your loved ones in the comfort of their home. Does light housekeeping, companionship, bathing, meal preparation, medicine reminders. Compassionate and caring. Please call Blanche Thomas at (240-505-4696).

DEPENDABLE AND EXTREMELY COMPASSIONATE caregiver with years of extensive experience in providing care to the elderly. I do light housekeeping, bath assistance, general assistance, appointments, errands running and personal care, and prepare meals. Augusta (240-423-5916).

ATTENTIVE AND COMPASSIONATE CARE for the elderly with over 10 years of experience in Parkinson's, Alzheimer's and other dementias care. Seeing to personal needs: showering, housekeeping, doctor's appointments, shopping and most of all companionship. Ola Ojo is my name. Please give me a call at (240-354-1487). Email (olawunmiaojo@gmail.com). CPR/First Aid-certified with PPD.

CNA/MEDTECH/CPR with First Aid. Licensed. Experienced working with elderly. Have worked with agencies, assisted living in hospitals and also private duty. Am available full-time or part-time, nights and days. Please call (301-793-7090).

CERTIFIED NURSING ASSISTANT, over 20 years' experience. Honest, dependable care with respect and love. Personal care, cooking, cleaning and doing shopping. References available. Available for work now, days and weekends. Call Yvonne at (240-706-0428).

ELDERLY CARE: CNA/CMT/nursing student. 11-12 years' experience in elderly care. Hospital, nursing homes and home care. Duties: ADLs, driving to doctors' appointments, housekeeping, meal preparation and safety precautions. Great references. Monday-Sunday, 24 hours availability. (301-820-2631), (301-978-6518).

CERTIFIED NURSING ASSISTANT. Over 30 years working in Leisure World. Excellent references and experience. Own transportation. Doctor's appointments, groceries, other errands and light housekeeping. 24 hours. Please call Divina any time (240-463-1199).

My name is Anamary Rutalugamubyemo. I have CNA and GNA certificates. I'm looking for job as PRIVATE CAREGIVER in

Leisure World. I have three years of experience. I offer different services as my client needs: preparing meals, assisting with showers, driving out for different needs like doctor's appointments, grooming, etc. I have MD driving license and own a car. My schedule is flexible. I can work live-in, nights, evenings, morning shift and weekends. I can start working as soon as possible if someone needs me. My phone number is (240-478-0774). Thanks.

AWARD-WINNING PRIVATE DUTY care — Comfort Home Care is a local family-owned business originally established to care for our own parents. We have been helping families in Montgomery County for over 20 years with all the activities of daily living including bathing, dressing, grooming, transferring, medication reminders and continence care. We also provide companionship with fun activities, exercise, meals, as well as transportation to doctors and other appointments. All our aides are CNA or GNA -certified with full RN oversight and follow-up. We have a flexible schedule, back-up staff, and an excellent support team working to provide quality care. There is no up-front retainer. Our certified nursing assistants can be scheduled from 5 hours to 24 hours daily with a minimum of 15 hours per week. For true peace of mind, call Beth on (301-575-7994) or visit (www.choosecomforthome.com).

CAREGIVER. Reliable and loving, caring, patient person providing quality and affordable care. Day or night; part-time or full-time. Drives. CNA license since 2011. Call Mary at (240-264-7296).

I AM A CNA. Licensed in nursing, RN in Philippines. 18 to 20 years' experience as a caregiver. Worked 3.5 years in assisted living, and private duty for more than 15 years. Duties include personal hygiene, light housekeeping, shopping, meal preparation, dressing, errands, cooking, doctor's appointments, medication reminders. Own car. Dependable, loving, hard worker with excellent references. (301-820-0421).

I am Joyce, a NURSING ASSISTANT, with 16 years of experience. I would like to help you throughout your day. I have been working at the Brooke Grove Nursing Home for quite a while; I am certified as a nursing assistant in the state of Maryland. I do laundry, light housekeeping, some cooking, grocery shopping, bathing, etc. Please contact me at (240-421-4159). Thank you.

CERTIFIED CNA, GNA with 20 years of experience working with the elderly. Honest, very flexible, compassionate and caring. Duties include bathing, feeding, housekeeping, cooking and companionship. I can also provide social, physical, mental and spiritual activities to improve the quality of life of my patients. Call Mary (301-412-6001).

EXPERIENCED, PASSIONATE and ENERGETIC group of caregivers are willing to take care of your loved ones in the comfort of your home. Includes errands and entertainment. Please call us at (410-205-3480) or (301-957-0150). Reasonable prices.

ASSISTED LIVING

JOINED HANDS ASSISTED LIVING, a gorgeous senior living place in Gaithersburg, MD. We chose the art of caring and we do it with passion! Call to schedule a tour: (240-550-5861). Visit us at (www.joinedhand.com).

HOME SERVICES

KITCHEN and BATHROOM REMODELING — Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local — long distance — hauling — pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

POTOMAC WINDOW CLEANING Company — Family-owned and operated for 35 years serving the local area. Careful workmanship. Licensed, bonded and insured. (301-656-9274). The Montgomery family thanks you for your interest.

SMALL MOVES and TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

COOPER REFUSE—JUNK REMOVAL. Prices starting as low as \$65. Lifting and loading from wherever the item is located. Donation or recycling of all qualified items. Call today and save (301-996-7704)

CLEANING SERVICES

R&G CLEANING SERVICES — Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES — Good references. Good rate. Once a week or every two weeks. (240-286-3807).

MARIA'S HOUSE CLEANING, free estimates, strong references, good

rates. Experienced worker in LW for eight years. Call Maria (240-694-6547).

FEDERAL CLEANING, LLC has been a trusted cleaning company used by several Leisure World residents over the past year. Call us for your free estimate today. We offer both apartment and home cleaning services. We are extremely flexible—seven days a week to accommodate your schedule. Give us a call at (240-614-1592), (202-710-7426). Hope to hear from you soon!

HOUSE CLEANING — 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

MAEXYS CLEANING SERVICE. We have experience in house cleaning, carpet and window cleaning. Good recommendations. We have worked with customers in LW for many years. Free estimates. You can call or txt at (301-742-3130).

ELECTRONICS HELP

COMPUTER SERVICES — Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

COMPUTER LESSONS / SERVICES — Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for electronics and computers. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

PAYING FOR INTERNET and not using or underusing it? Learn how to use it for: • free video phone calls • sharing pictures • email • getting information • much more. \$50 to train. Or, having problems with your computer? Fix it for \$50 or it's free. Easy Elder Tech (301-802-6633).

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily

shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with senior care and the care of seniors' pets. Safe/reliable door-to-door transportation as needed. Assistance with pet care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I'm a 58-year-old semi-retired doctor, Leisure World resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

PERSONAL FINANCIAL SERVICES. Let LJY Solutions provide you with professional cash management and tax preparation services. We take the confusion out of preparing your tax return. We have been servicing the local area since 2004. Reasonable rates, and can come to you. References. Call or email Leon Young today at (301-538-8286) * (leonyoung1507@gmail.com)

FINANCES UNDER CONTROL? Comprehensive fee-only review. 25 years' experience. Passed Certified Financial Planner exam. \$350 (\$250 Leisure World residents). Satisfaction guaranteed! Easy Elder Finances (301-802-2663)

AZI — MASTER HAIR STYLIST. Avalon Salon in Leisure World Plaza. All services — cut and style, color, highlights, perms, face waxing. Monday, Wednesday, Thursday, Friday, Saturday. Call for appointment (301-598-2000).

COOK PART-TIME. Will also help with groceries, drive to doctors' appointments, errands, light housecleaning, tidying. LW reference. A resident of LW. Call (301-641-5268).

NOTARIES

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

PET CARE

DOG WALKING SERVICES — Responsible and dependable Leisure World resident who is available to walk your dog. Also, other pet services available. Affordable rates. Please call (301-598-3454) for more information.

WHEN ONLY THE BEST for your pet will do!! 15+ years of experience, excellent references, dependable, trustworthy. Offering your pet individual attention and lots of love! Walks, pet sitting, day out with friends, park/exercise, boarding, pet taxi/vet appointments. Available 24/7, next-day service, holidays and weekends. Call Evey at Elite Pet Nannies and Concierge (301-370-2790).

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to fair market value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

NO LONGER USING YOUR CAR? Residents with an unused or unwanted vehicle can donate it to Vehicles for Change. They'll pick it up for free and you earn a tax deduction for the fair market value. Why VFC? As a nonprofit, they match each donated car with low-income families in need of transportation. Your car could be a family's ride out of poverty. Donate today at (www.vehiclesforchange.org) or call (855-820-7990).

ACTIVITY OPPORTUNITIES

SINGERS WANTED for Alzheimer's choir — Interested in supporting persons with Alzheimer's and dementia by singing with them? Know someone with Alzheimer's or dementia who could benefit from group singing? Enjoy uplifting pop, jazz and Broadway music? Then the All Primetimers Choir is for you! Research shows music enables sufferers to reconnect, regain social skills and live more fully. We are a community choir that welcomes caregivers and friends as well. Rehearsals at 2 p.m. on Thursdays starting Jan. 30 at the Inter-Faith Chapel in Leisure World. All welcome. No audition required. Register: (primechoir@gmail.com) or Bill Pailen (301-606-8273).

MOVIES AND MUNCHIES. Are you looking for something fun to do on a Saturday or Sunday afternoon? How about catching a movie at AMC Wheaton once a month and enjoying a nosh after! No discussion, no analysis, just a fun afternoon at the movies with new friends! If you're interested, please email me at (susan.krupka@gmail.com) or give me a call at (240-446-0975).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfelds@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).



THE Lisa Vogel Agency IN-HOME CARE

LISAVOGELAGENCY.COM
301-664-7945

We bill and collect from all long term care insurances.

License No.R2635 Licensed as a residential service agency by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality.

The perfect spot for

- Friends weekends
- Family reunions
- Out of town visitors
- Milestone celebrations
- History buffs

Visitors welcome! Come and see where **FDR** slept and **Churchill** smoked his cigars. (No smoking anymore though 😊). Just one mile from Georgia Ave and 108, RowanLark is the only place to stay in Olney and the *closest lodging to Leisure World*. Rooms start at \$125, Carriage House starts at \$250. Weekends and holidays higher. Weekly rates are available.

Good accessibility, mellow dogs accepted in the Carriage House, family-friendly. Large rooms, private baths, Queen and King sized beds, cots for kids. Hot tub, pool, cable, wi-fi, breakfast included. Guests may invite 2 local friends or family members to share breakfast with advance notice.

Call 301-537-8298 or book on-line at www.RowanLark.com
11 Shallow Brook Court
Olney, MD, 20832

VOLUNTEER OPPORTUNITIES

VOLUNTEER TRAVEL COORDINATOR. Arrange for 4 to 5-day and multi-day trips per year for the Leisure World Going It Alone Club in exchange for free travel and accommodations. Requires being present on site at Clubhouse II on Saturdays from 1:30-3 p.m. to interact with potential travelers, collect payments and record transactions. For more information contact club president, Elaine Strass at (240-447-2166).

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatnrm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference

in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

VOLUNTEER TUTORS and FACILITATORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, conversational English classes, and a new GED Program. No experience necessary. We provide materials, training and ongoing support. Sign up for an information session online at (www.lcmcmd.org) or call Raul Marin at (301-610-0030, ext. 211), or email (Raul@lcmcmd.org).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.animalalliesrescue.org). Follow on Facebook. AARF is 501(c)(3) all-volunteer non-profit.

MONTGOMERY HISTORY, a local nonprofit located in downtown Rockville dedicated to collecting, preserving, interpreting and sharing the histories of Montgomery County's residents, is seeking volunteers in the following areas: museum docents (weekends and holidays); library assistants (weekdays); special events volunteers (weekdays and weekends); and communications and outreach assistants (weekdays only). For a list of volunteer opportunities please visit: (https://montgomeryhistory.org/intern-volunteer-opportunities). Contact Matthew Gagle, outreach and volunteer coordinator, at (mgagle@montgomeryhistory.org) or (301-340-2825).

INTERESTED IN HELPING KIDS learn about giving and service? The Giving Square is a local non-profit which recognizes the power of children to be contributors to their community. Through our work, kids become more empathetic, altruistic and committed to addressing local needs. This is a school-based program which works across 20 schools and organizations, mostly in Montgomery County. We are looking for advisors, classroom volunteers, and sewing support! For more information, please contact Amy at (amy@thegivingsquare.org) or (202-487-3103).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available

to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

UPCOMING EVENTS

CHINESE NEW YEAR celebration with a wonderful presentation by the Kuang Chi Chinese School. Enjoy special performances such as Chinese folk dance, Chinese yo-yo, and the traditional Lion Dance. The event will also feature activities like paper cutting and Chinese calligraphy demonstrations. Saturday, Feb. 8, 1-2 p.m. Rockville Memorial Library.

BLACK VOTING RIGHTS and the role of blacks in politics today. Anita Neal Powell, president of Lincoln Park Historical Foundation and Leroy E. Neal African American Research Center, will talk about the path of the black voting rights movement. Saturday, Feb. 15, 1-2 p.m. Kensington Park Library, 4201 Knowles Ave.

YOGA FOR ALL. Join Becca Thomas, certified yoga instructor, for an all-levels yoga class focused on alignment to build strength, explore flexibility and connect breath and movement. Options for more advanced poses or transitions. Expect a short meditation at the end of each class. No registration is needed but space is limited. Bring a mat and water and dress in comfortable clothes you can move in. Some blocks and straps will be available for those who choose to use props. Third Monday of every month, 10:30-11:30 a.m. Twinbrook Library, 202 Meadow Hall Dr., Rockville, MD 20851.

TRADITIONAL SCANDINAVIAN MUSIC. Come and enjoy a performance of Scandinavian folk tunes used in traditional dances and songs. The musical group, Washington's Spelmanslag, plays stringed acoustic instruments including the Swedish 'nyckelharpa.' Saturday, Feb. 29, 1-2 p.m. Kensington Park Library, 4201 Knowles Ave.

ART DOLLS: Figurative Sculptures Tell a Story. This exhibit features the work of students enrolled in doll making classes at Montgomery College taught by Wendelin Daniels. The students explore mixed media and the human form. Dolls span a range of personae, from portrait dolls of historical figures to fantasy dolls, and everything in between. Through Sunday, March 1. Sandy Spring Museum, 17091 Bentley Rd.

ACTION AND REACTION by Mark Goldman captures the most iconic moments in sports. This photographic exhibition showcases the intensity, athleticism and success behind the action of D.C.-area professional and collegiate-level sports teams, while also revealing the competitiveness, heart and emotion behind each player's

reaction. On exhibit through Sunday, March 1. Sandy Spring Museum, 17091 Bentley Rd.

WANTED

OFF-WHITE RECLINER, not manual, needed as soon as possible. Please call Jan at (301-438-3494). Thanks for your call.

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (david.obal63@gmail.com).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary Roman (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

WANTED: FIREARM COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).

WANTED! DIABETIC TEST STRIPS. Top dollar paid! Cash on the spot! We need OneTouch, FreeStyle Lite and Accu-Chek, unopened and unexpired. Can pick up. Please call Debbie at (301-598-4862) or (410-279-3342).

Paying cash for **MERCHANDISE PRE-1980s.** Old toys, record albums, silver and coins, Zippo lighters, pocketknives, first-edition books, smoking pipes, advertising items, mid-century furniture, lamps and clocks, Florsheim shoes. If you have old stuff to sell call or text pictures to Carl. (312-316-7553). Located in Silver Spring.

PERRIE, LLC PRESENTS

Valentine's Day



IN THE CLUBHOUSE GRILLE

All entrées include a House or Caesar Salad

Surf & Turf

Filet mignon and lobster tail

Steak and Shrimp

10-oz. New York steak and grilled shrimp

Prime Rib au Jus

Slow roasted beef

Grilled Lamb Chops

Served with a red wine reduction

Twin Lobster Crab Cakes

Jumbo crab and lobster chunks

Stuffed Salmon Fillet

Topped with crab imperial and hollandaise

Chicken Chesapeake

Topped with crab imperial and hollandaise

To reserve: 301-598-1330

Also includes a dessert of chocolate-covered strawberries and mini petit fours.

ALL YOU CAN EAT

CRAB FEAST

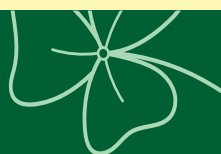
July 29th
August 26th
September 30th
October 28th

Purchase before
February 29
and receive the
discounted rate of
\$45 per ticket!

Feast also includes steamed shrimp, fried chicken, fresh corn, baked beans, green salad, cole slaw, potato salad, rolls and cookies and brownies.

St. Patrick's Day

in the Clubhouse Grille,
Stein and Terrace Rooms
or Crystal Ballroom



\$20 for all-you-can-eat Irish buffet

Tuesday, March 17th • 301-598-1330

- | | |
|-------------------------------|-----------------------------|
| • First Cut Corned Beef | • Fresh Steamed Green Beans |
| • Cabbage | • Potato Leek Soup |
| • Traditional Shepherd's Pie | • Salad Bar and Rolls |
| • Hearty Irish Stew | • Homemade Bread Pudding |
| • Boiled Potatoes and Carrots | |

Clubhouse Grille Hours: Wed.–Sat. 4 p.m. – 9 p.m.

Stein and Terrace Room Hours: Sunday: 9:30 a.m. – 8 p.m. | Mon. – Tues.: 9 a.m. – 8 p.m. | Wed.–Sat.: 9 a.m. – 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

FEBRUARY – MARCH 2020

UPCOMING SEMINARS & EVENTS

AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus.

Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

CAREGIVER CONNECTION: “HEALTHY LIVING FOR YOUR BRAIN AND BODY”

TUESDAY, FEBRUARY 18
2–3 P.M.

The brain and the body are connected, and science provides insights into how lifestyle choices can help keep them healthy. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and how to incorporate these recommendations into a plan for healthy aging.

FREE. Register by February 16.

LIVING WELL SEMINAR: “MINDFUL EATING”

WEDNESDAY, FEBRUARY 19
1–2:15 P.M.

Mindful eating is a technique that encourages you to pay full attention to your experiences, cravings and physical cues as you eat. This helps you to slow down and savor your food. It also promotes weight loss and reduces binge eating for most people. Learn what the latest research has to say about the benefits of mindful eating and try a guided, mindful eating exercise.

Preceded by complimentary lunch at 12:30 p.m.

FREE. Register by February 17.

HEALTHY LIVING CLASS: “CHAIR YOGA”

March 2 through April 8

MONDAYS & WEDNESDAYS
9:45–10:30 A.M.

Chair yoga can improve mobility, increase energy, boost physical function and otherwise enrich your life! Take the road toward better health with this class that is ideal for seniors or those with stiffness or movement limitations.

Six-week Session Fee: \$30

Reservations are requested
by February 28.

HEALTHY LIVING CLASS: “T’AI CHI”

March 4 through April 8

WEDNESDAYS • 11–11:30 A.M.

Often referred to as “meditation in motion,” this series of movements carried out in a slow, focused manner can help to reduce stress while also improving strength, balance and coordination.

Six-week Session Fee: \$20

Reservations are requested
by March 1.

ALZHEIMER’S DISEASE AND DEMENTIA CARE CONSULTATIONS

SECOND WEDNESDAY OF EACH
MONTH • 50-MINUTE SESSIONS

This service is designed to help caregivers — as well as those who are newly diagnosed — cope with the impact of Alzheimer’s and other forms of dementia, enabling participants to better understand the disease, manage care and make informed decisions regarding services and treatments.

FREE. Schedule an appointment at
any time during the dementia journey.



18100 Slade School Road
Sandy Spring, MD 20860

301-260-2320 • www.bgf.org



INDEPENDENT LIVING ASSISTED LIVING REHABILITATION LONG-TERM CARE MEMORY SUPPORT