

# Leisure World News

OF MARYLAND

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## State of the Community 2018

*Examining the Past and Envisioning a Bright Future*



Kevin B. Flannery. Photo by Leisure World News

by Kevin B. Flannery,  
General Manager and CEO,  
Leisure World of Maryland

Key to the success of any institution is its ability to engage in self-examination and continual planning that will chart a course that keeps it viable, vibrant and competitive in its market.

Our community, with its active, independent culture and rich diversity of residents whose ages span nearly five decades, continues to respond to its evolving needs and the changing times. This annual report provides a look at where we stand as we continue to move forward.

To properly evaluate the community’s current status, we need to both examine its recent past and identify a vision for its future.

### 2010 Strategic Plan

In January 2010, a Special Strategic Planning Committee appointed by the Leisure World Community Corporation (LWCC) board of directors began to create a “forward looking, comprehensive, and coherent strategic plan” that would lay the groundwork for the community’s future directions. The committee submitted its report to the board in June 2010.

Two exercises lay the foundation for its strategic plan: interviewing focus groups of Leisure World residents, employees and advisory committee chairs; and conducting an assessment of the Community’s strengths, weaknesses, opportunities and threats (SWOT). These exercises identified three areas – customer (residents), financial and people (employees) – and specific objectives and action plans within each.

These area objectives can be summarized as:

- providing clear and timely information to create a better-informed population
  - conducting an efficiency review of business operations and a strategic review of capital/long-term funding requirements
  - identifying and promoting programs that would attract and retain high-quality staff
- Additionally, the committee’s

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A foursome of golfers catch morning sun at the 7th hole on Wednesday, Feb. 28. Photo by Maureen Freeman, Leisure World News

## Board Considers Building Project’s Timeline

by Stacy Smith, Leisure World News

A motion to do construction on the Administration Building and Clubhouse I Site Improvements plan in phases soundly passed at the Leisure World Community Corporation’s (LWCC) board of directors meeting on Feb. 27.

The motion allows the majority of exterior construction to Clubhouse I to be completed independently of, and before, construction would begin on the new Administration Building.

Expediting improvements to Clubhouse I will provide residents the benefit of sheltered entranceways into the Clubhouse and its expanded Maryland Room, said board member Henry Jordan.

### Updated Site Plan

With presentations on updates to the Administration Building and Clubhouse I Site Improvements plan either completed or scheduled at all 29 mutuels, management is on track to present the results to the LWCC board for approval at its next regular meeting on Tuesday, March 27.

General manager Kevin Flannery and project manager Nicole Gerke are presenting an overview of the project and discussing the most recent updates to the plan at meetings for each mutual, with the final presentation scheduled for Thursday, March 15.

Resident feedback will be

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A special committee provided an overview of the strategic planning process. For details, see page 6.

# Medical Center Provider Offers Massage Therapy

by Stacy Smith, Leisure World News

From the moment a new client steps into massage therapist Beth Armagost's office in the MedStar Health medical center, a respectful and dynamic relationship begins between therapist and client so that healing may occur.

"There's a bond; there's a trust that is set up between client and therapist," she said.

Her massage techniques, which include neuromuscular therapy, craniosacral therapy and myofascial

release, among others, are used to treat everything from migraines to muscle aches, carpal tunnel syndrome to tremors.

Massage therapy can also be used as a simple one-hour "get-away" from the stress of daily living, where the client emerges from a session feeling relaxed and rejuvenated.

"Massage really is about teaching people how to feel better in their own bodies," Armagost said.

"If you can walk down the street with a little less hip

pain, it makes life a little brighter."

Armagost talks with clients about their symptoms to find the underlying causes of physical discomfort, and tailors treatments to suit their needs.

"The better communication you have with your therapist, the better your therapist will be able to assist," she said.

She stresses that massage is non-invasive; many of her clients are fully clothed during treatment, such as the active duty military members she works with twice a month at Walter Reed National Military Medical Center in Washington, D.C.

"It's all fully-clothed, and all still very effective," she said.

"If a client chooses to disrobe, they are completely covered during the session."

Before becoming a massage therapist, Armagost owned and operated a jewelry store that sold Native American-made wares.

Though relatively new to the field, as a professional, she's had an abiding interest in massage and rehabilitation and has worked on family members and friends for more than 35 years.

"Learning about [massage therapy] is enticing. It's a wide open field and the things that we're learning really help."

Armagost

has a master's degree in occupational therapy from Shenandoah University, graduated from the Potomac Massage Training Institute in Silver Spring in 2014 and is a licensed massage therapist in Maryland.

She is available Monday through Friday by appointment only.

To schedule an

appointment, call or text her at (202-306-0894). Residents can also call the main line at MedStar Health medical center at (301-598-1590).

For more information about her services, visit ([riverdance-massage.amtamembers.com](http://riverdance-massage.amtamembers.com)).



Massage therapist Beth Armagost, courtesy photo

"If you can walk down the street with a little less hip pain, it makes life a little brighter."

—Beth Armagost



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## Leisure World News OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

### Leisure World Staff

Maureen Freeman,

Director of Communications

Stacy Smith, Senior Editor

Kathleen Brooks, Publication Associate

Cassandra Chisholm, Graphic Designer

Editorial: [lwnews@lwmc.com](mailto:lwnews@lwmc.com)

Advertising: [lwnewsads@lwmc.com](mailto:lwnewsads@lwmc.com)

301-598-1310

### Communications Advisory Committee

Arthur N. Popper, Chair

Bernie Ascher, Vice Chair

[acwn@lwmc.com](mailto:acwn@lwmc.com)

### Resident Contributors

Barbara Braswell, Rincy Pollack, Alan Gold-

stein, Cheryl Prejean Greaux and Marilyn

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# MedStar Still Looking for Volunteer Greeter

by Leisure World News

**M**edStar Health medical center at Leisure World is seeking a resident volunteer to greet guests as they enter the facility on Wednesdays and Thursdays from 10 a.m.-2 p.m.

The volunteer will be responsible for assisting guests with inquiries, directions and initial questions regarding the facility in a friendly, efficient and courteous manner. Other duties include:

- escorting guests throughout the facility
- engaging guests with personable conversation
- maintaining the cleanliness, comfort and overall appearance of the waiting area
- maintaining current knowledge of facility procedures and guest-related information
- maintaining current knowledge of emergency procedures, situations and safety procedures
- responding to safety hazards according to protocol
- performing other related duties as assigned

He or she is regularly required to stand and walk, must be up-to-date on tuberculosis tests and other required immunizations, and have customer service experience. The volunteer must also sign a HIPAA and confidentiality form.

The medical center is located at 3305 North Leisure World Boulevard adjacent to the Physical Properties Department.

Interested residents are asked to email their resume to Kamran Hassan, manager of operations, at (Kamran.s.hassan@medstar.net).

## March 11: Enjoy More at the Clubhouse Grille

**B**eginning Sunday, March 11, the Clubhouse Grille will serve brunch every Sunday from 9:30 a.m.-3:30 p.m., with an expanded buffet and à la carte menu.

The restaurant will also begin serving dinner every Tuesday at 4 p.m. starting March 13.

— Leisure World News

## March 28: Home Buying and Mortgage Seminar

by Leisure World News

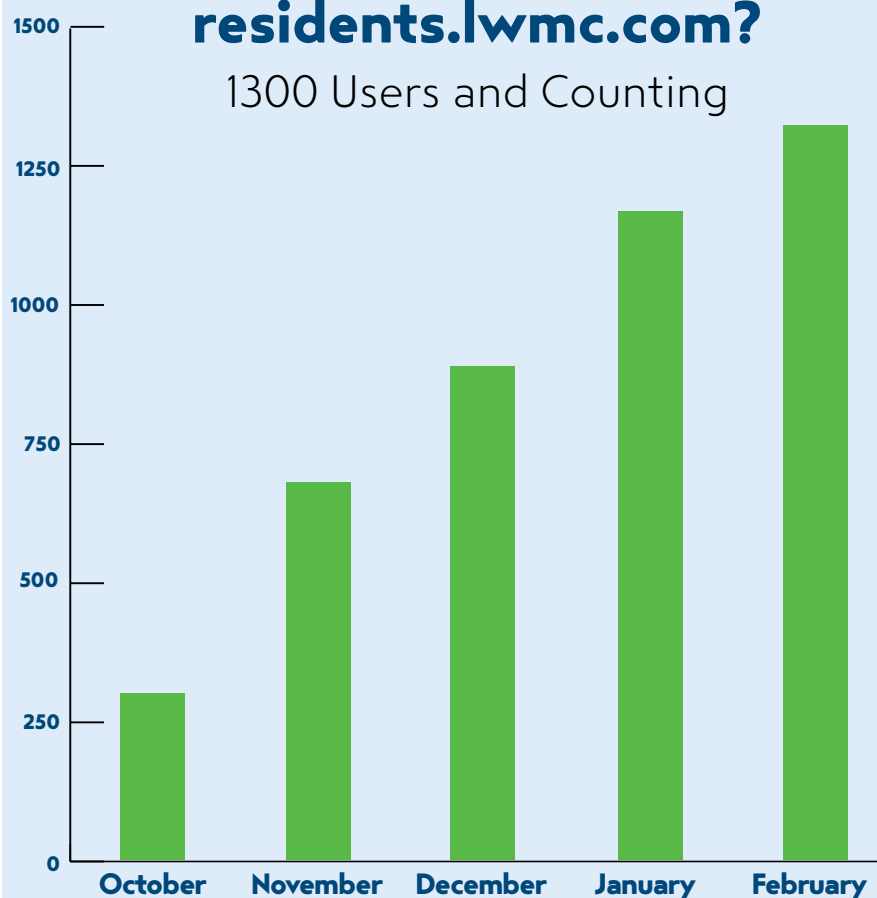
**O**n Wednesday, March 28, Signal Financial Federal Credit Union hosts a free home buying and mortgage seminar for residents and their guests. The seminar is from 1-2 p.m. at the credit union in the Administration Building.

Come learn the ins and outs of buying or selling a home with the help of Signal's mortgage loan team and local real estate agents. Refreshments will be served.

The event is free and open to both credit union members and non-members. Contact branch manager Nabihah Zayat-Calcutt at (nzayat@signalfinancialfcu.org) or (301-933-9100, ext. 320) to reserve a seat.

## Have You Signed Up for residents.lwmc.com?

1300 Users and Counting



## Board

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shared with advisory committees for consideration when making final revisions to the project's plan. Final plans will be submitted to the LWCC board for approval before resubmission to the Maryland-National Capital Park and Planning Commission (M-NCPPC).

M-NCPPC is expected to schedule a second hearing for the Site Plan in March or April, after voting to defer a decision on the project at its hearing last November.

### Strategic Planning

As correspondence to the LWCC board was considered, including a letter from a resident who is unable to attend daytime governance and other meetings, Flannery stressed that much is unknown about the population at Leisure World, including numbers of retirees and workers.

"We really need to gather good, professional data on the population of this community," Flannery said.

The Special Strategic Planning Committee (SSPC) has discussed strategic planning for Leisure World at three recent community forums, and is considering hiring an external consultant to conduct a demographics survey

of the community.

The SSPC will present the results of their forums at the LWCC board meeting in March. For more information about the strategic planning process, see page 6 of this publication.

### Other Action Items and Updates

- Flannery and Leisure World's internet consultant will meet with a subcommittee of the Technology Advisory Committee at the committee's meeting on Tuesday, March 6, to evaluate the opportunity for bulk internet broadband service in the community.
- A motion to amend the Community Planning Advisory Committee's charter passed. The revised charter includes two new areas of responsibility for the committee: assisting other advisory committees in documentation of information requirements for Trust improvement projects, and reviewing and recommending design standards for senior community facilities, among other changes.
- Consideration of a motion to rename the proposed Administration Building to the Resident Services Building was postponed indefinitely.

# April 29: Good Deeds Day

by Fred Shapiro

For a fifth time, Leisure World joins the Greater Washington community, along with hundreds of thousands of volunteers from around the world, in a day of service on Sunday, April 29.

The Jewish Federation of Greater Washington organizes Good Deeds Day in the Washington, D.C., region with support from a broad range of interfaith and community-oriented organizations.

At Leisure World, the day includes a food collection and “tech time” with student volunteers.

## Food Collection

Also on April 29, volunteers collect containers of food for donation to Manna Food Center.

Residents are urged to take a few cans, jars or cartons of food or a monetary donation to Clubhouse I any time between 10 a.m.-1 p.m.

Residents interested in volunteering can contact Miriam Kitty Atkins at (miriamatkin29@gmail.com).

The officers of the Jewish

War Veterans Post 567 are also collecting food donations at a brunch on Sunday, April 8. Attendees are asked to bring food or monetary donations.

## Tech Day

Students from the Charles E. Smith Jewish Day School work one-on-one with seniors to assist them with their smartphones, tablets, laptops, computers and other devices during two one-hour sessions from 10 a.m.-noon in Clubhouse I.

The students have become a regular feature at Leisure World, satisfying many seniors who need that extra bit of help to master their iPhones and computers.

At the same time, the students earn service credits at their schools.

The event is co-sponsored by the Center for Lifelong Learning and the Computer Learning Center.

The event is free, but residents are asked to sign up at Clubhouse II E&R office or by calling (301-598-1320).

Indicate the type of technology you need assistance with and your preferred session time.



Members of the Jewish Residents of Leisure World collect food donations during 2015's Good Deeds Day.



Students from the Charles E. Smith Jewish Day School help residents with their smartphones and other technological devices. Photos by Fred Shapiro

## ■ Center for Lifelong Learning (CLL)

# CLL to Host Election Prep Event

by Ann Nash

The Center for Lifelong Learning (CLL) hosts an election preparation day event on Thursday, April 19, from 10 a.m.-2 p.m., in Clubhouse II.

The event offers residents a variety of opportunities to prepare for the upcoming June local primary election. It is free and open to all residents.

Conducted by officials of the Montgomery County Board of Elections as a service for voters in the three precincts

of Leisure World, the day includes training for those interested in being precinct workers.

A full range of voter registration services is also available, including residents new to Maryland, absentee voting, change of address, adjustments to voting status and more.

Registration services are by walk-in; no sign-up is needed.

## Election Worker Training

The County Board of Elec-

tions is looking to fill the following positions:

- Election Day Positions – chief judge, closing judge (evening), voter operations judges, runner, greeter, roamer, line management and standby judge

- Early Voting Positions – chief judge, voting operations judge, same day registration, provisional judge and line management judge

Bilingual people are strongly urged to participate.



If interested in becoming an election worker, sign up for training in the E&R office in Clubhouse II or call (301-598-1320) beginning Tuesday, March 6 at 8:30 a.m.

## Interested in advertising in the Leisure World News?

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Leisure World News  
OF MARYLAND





# Community

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SWOT analysis identified the following areas as weaknesses:

- Facilities/physical plant/equipment – aging infrastructure, technology and communications lag
- External perception and political advocacy/involvement
- Financial concerns – insufficient reserve funding and increasing operating cost of Medical Services

Informed by the framework of the 2010 strategic plan, we can now use some guiding questions to examine our current status and look to the future:

- What has been accomplished?
- Where is the Community today?
- Where is the Community going and how will the vision be attained?

## Milestones Since 2010

In the years since the LWCC board accepted the 2010 strategic plan, the community has achieved a number of milestones:

- In 2010, the Community entered into a bulk video service contract with Comcast Communications that provided every home a reduced rate for cable television service – approximately 60 percent lower than standard market rates.
- In 2010, the food service vendor was paid \$136,800 in subsidies. In 2017, the cash payment was \$0.
- In 2012, health services was subsidized in the amount of \$906,000. In 2013, the Community contracted with Medstar Health to provide services under a management/operating agreement. In effect, the Community became the landlord and Medstar Health the tenant.
- In 2017, rental payments by Medstar created a surplus of \$176,000. The initial five-year agreement, which expired at the end of 2017, has been extended for an additional five years.
- A portion of the savings

from the health services outsourcing was used to fund a Facilities Replacement Reserve that addresses significant (greater than \$25,000) upgrades and replacements for building and facility components such as heating and air conditioning systems, roofs, and asphalt parking lots for Trust buildings.

- In 2013, Management submitted to the LWCC board a Facilities Enhancement Plan (FEP) consisting of eight major projects. To date, six have been completed, one is in the review process, and one is on hold.

Projects completed include renovation to the Clubhouse I Crystal Ballroom, the customer service area in the Physical Properties building, and the Terrace Room, Clubhouse Grille, Maryland Room and restrooms in Clubhouse I; rehabilitation of and landscaping around the golf course irrigation pond; and construction of the new Fitness Center at Clubhouse II.

Funded by fees collected from property transfers, these projects and improvements have no debt or mortgages associated with them.

- In 2016, a fiber optic “ring” was installed under Leisure World Boulevard, providing the backbone for installing a cloud-based telephony system to all Leisure World of Maryland Corporation offices. This investment of approximately \$390,000 created an annual savings of approximately \$45,000-\$50,000.

In addition, the Corporation replaced or upgraded information technology equipment and network systems.

- In 2017, the Community launched a new outward facing website, ([www.Leisureworldmaryland.com](http://www.Leisureworldmaryland.com)). This new, professionally designed site presents a vibrant, informative view of Leisure World and its lifestyle to the general public, including prospective residents.
- Later in the year, a new

internal website for residents, ([residents.lwmc.com](http://residents.lwmc.com)), was launched, providing information to residents about both the community and their individual mutuals.

- In 2017, the LWCC board approved a re-organization of the Education and Recreation and Communications departments. By consolidating these operations, management envisions improved efficiencies and operating expense savings.

## The Work Ahead

To achieve a “vision,” we – management, staff and community leaders working collaboratively and using residents’ input channeled through advisory committees – must address the work needed to prepare the community for its future.

In November 2018, I will provide the LWCC board a list of future FEP projects for consideration.

We must commit to keeping up-to-date with information technology hardware and system requirements. We have begun the process of evaluating resident and guest entry systems at the community’s gates, and bulk internet service for Leisure World homes.

Additionally, we are exploring new software products for the maintenance division that can improve billing

and scheduling processes, workflow and inventory management.

Operating budgets are challenged by non-discretionary influences, such as minimum wage increases in Montgomery County. Management will continue to seek cost-saving efficiencies and new sources of revenue to offset these challenges.

The Corporation must maintain a competitive position in the labor market. This means providing competitive wage and benefit packages, training and advancement opportunities, and a healthy workplace environment.

In 2018, “communication” is the operative word – communication between LWMC and LWCC and every resident/owner in the community.

All Leisure World owners and occupants are stakeholders in this community. Going forward, it is critical that information is provided in a timely manner, accurately, comprehensively and, most important, respectfully.

As we complete many of the tasks outlined in the community’s 2010 strategic plan, we now collectively focus our attention anew on strategies and plans that will keep Leisure World at its best in the coming years and well into a bright future.

I look forward to the challenges and opportunities 2018 presents.



## THE INTER-FAITH CHAPEL

*You are invited to join us each week for  
Sunday worship services held at 9:00 am and 11:00 am.*

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celebrating diversity and seeking unity.

Visit [www.inter-faithchapel.org](http://www.inter-faithchapel.org)  
for upcoming events.  
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# Strategic Planning Process for Community Introduced at Forums

by Stacy Smith, Leisure World News

In an effort to consider long-range plans for Leisure World's future, the Special Strategic Planning Committee (SSPC) gave a presentation about strategic planning, its process, and why it's of value to the community at three forums last month.

The specially appointed committee, led by chairperson Dr. Richard Fisher and assisted by Dr. Arthur N. Popper, explained that strategic planning gives an organization a strategy, or direction forward.

A strategic plan would provide Leisure World with a 10-year "vision" for using resources to enhance the community for current and future residents, allowing it to continue competing with other active age-restricted communities, according to the SSPC.

"It's not whether you want apple pie or peach pie for lunch," Fisher said. Rather,

strategic planning focuses on determining an organization's big-picture values and goals.

The SSPC stressed the importance of community participation and feedback, which they said would help community leaders and management better understand the community and the environmental factors and trends that affect its growth. The committee is considering a professional survey as part of the strategic planning process.

"You have to kind of look into the collective hearts and minds of people," Fisher said.

Fisher asked attendees at the Feb. 21 forum to consider what the community should be like by 2029 and "how it

can best excel or do better" than it has previously. At the end of each forum, the floor opened to comments and questions from residents.

At the Leisure World Community Corporation (LWCC) board of directors meeting in November 2017, the SSPC

presented a process for strategic planning and development and requested a budget of \$157,000 to support the

plan's development over the next year.

In response, the board tasked the SSPC with conducting community forums to seek resident feedback concerning future strategic planning, prior to moving forward with the planning process.

The SSPC will present a report on its findings and recommendations at the next regular meeting of the LWCC board in March.

If the board approves the SSPC's plan and request for funding, the committee would begin developing a request for proposal to conduct strategic planning that could be sent to potential consultants as early as Friday, June 1.

The SSPC encourages residents to submit questions and suggestions about strategic planning for Leisure World via email at (LWstratplan@gmail.com) or by mail at (SSPC, 3701 Rossmoor Blvd. Attention: K. Ibanez).



Arthur N. Popper, member of the Special Strategic Planning Committee, discusses strategic planning with community members. Photo by Leisure World News

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Saturday, March 17th

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All you can eat Irish Buffet will feature...

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- ✦ Shepherd's Pie
- ✦ Irish Stew
- ✦ Boiled Potatoes and Carrots
- ✦ Fresh Steamed Green Beans
- ✦ Potato Leek Soup
- ✦ Salad Bar and Rolls
- ✦ Homemade Bread Pudding

*Call 301-598-1330 for reservations*

*Reservations available from Clubhouse Grille, Stein and Terrace Rooms*

## Dessert?

Even if you decide to leave the community for dinner, stop by Clubhouse Grille afterwards for dessert and coffee; maybe even a drink.

*Enjoy coffee and any dessert  
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Also available:

- Irish Coffee .....\$3
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- Drambuie .....\$4
- Bailey's Irish Cream ....\$3
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- Amaretto DiSaronno ...\$3



## Happy Hour

Wednesday through Saturday, 4 p.m. - 6 p.m.

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### ALL CALL BRAND COCKTAILS ONLY \$4

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Seagram's VO Scotch Whiskey, Captain Morgan Rum,  
Cutty Sark Scotch*

### ALL TOP SHELF COCKTAILS ONLY \$5

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**Clubhouse Grille Hours:** Wed. – Sat.: 4 p.m. – 10 p.m. | Brunch, last Sunday of each month: 10 a.m. – 3 p.m.

**Stein and Terrace Room Hours:** Sunday: 9:30 a.m. – 8 p.m. | Mon.– Tues.: 9 a.m. – 8 p.m. | Wed.– Sat.: 9 a.m. – 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331



# GOVERNANCE & Information

## March 8: MVA Mobile Office Returns

**N**eed to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, March 8.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards

and vehicle registration.

You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

## March 8: Presentation on Updated Landscape Plan

by Stacy Smith, Leisure World News

**A**t the Landscape Advisory Committee meeting on Thursday, March 8, project manager Nicole Gerke presents an updated landscape plan for the Administration Building and Clubhouse I Site Improvements project.

The updated plan includes the removal of approximately 60 trees, to be replaced by 100 trees that would be planted in various locations around the new building, parking lot and drop off circle area.

The variety of trees proposed by the Landscape Advisory Committee for inclusion in the plan include ginkgos, honey locust, red maple, Okame cherry, Foster holly and Carolina sapphires.

The landscape plan is still in development as changes to the site are discussed at advisory committee meetings and site plan presentations at the community's 29 mutuels.

Gerke will be available to answer questions after the presentation. The meeting is at 9:30 a.m. in Clubhouse II, and all residents are invited to attend.

## March 17: Shuttle Bus Schedule Change

**S**aturday shuttle bus service runs 9 a.m.-1 p.m. beginning Saturday, March 17, to coincide with the beginning of daylight saving time. Saturdays' spring hours remain effective through Nov. 4, 2018. Visit (residents.lwmc.com) for full weekly shuttle bus schedules.



**Dial 301-598-1313  
for recorded Daily Events**

### 2018 Broadcast Schedule - Channel 974

*Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.*

#### Executive Committee Meeting

The March 16 meeting airs on March 21, 22 and 23.

#### Board of Directors Meeting

The March 27 meeting airs on April 2, 4 and 6.

## Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuels or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - [management@lwmc.com](mailto:management@lwmc.com)
- LWCC Board of Directors - [board@lwmc.com](mailto:board@lwmc.com)
- LWCC Executive Committee - [excecomm@lwmc.com](mailto:excecomm@lwmc.com)

## Administration Parking Lot: One-Way Only

**A**ll traffic lanes in the Administration parking lot are one-way. Vehicles must travel from the top of the lot to the bottom. No traffic is permitted to travel towards the Administration building.

Drivers disregarding the established traffic pattern pose a serious risk to both pedestrians and vehicular traffic.



Photo by Leisure World News



# Safety Notice – Motorized Scooters

Residents with motorized scooters are cautioned to operate their scooter only on the sidewalks. Motorized scooters are not roadworthy or designed to be driven on roadways.

Security recognizes that sometimes scooters need to cross at street corners and intersections. Community sidewalks have handicapped ramp cuts to allow scooters access on and off the sidewalks. It is recommended

that scooters use “marked” crosswalks whenever possible.

Pedestrian traffic encountering motorized scooters is encouraged to step aside to all the scooter to pass. This is considerate to your neighbor and prevents a pedestrian from being accidentally struck by the scooter.

Let us all be mindful in sharing the sidewalks and roads in a safe and courteous manner.

## GOOD TO KNOW: CONTACTING ELECTED OFFICIALS

by Stacy Smith, Leisure World News

2018 is a year that has spurred many to political action.

Becoming politically active can often start with a simple phone call or message to your federal, state or local representative.

Constituents can contact an elected official to voice a general opinion or concern, or explicitly support or oppose a piece of legislation.

Contact information for federal, state and county elected officials is available at

(<https://www.montgomery-countymd.gov/Elections/Information/electedofficials.html>).

### Social Media

The new Facebook tool, Town Hall, allows users to contact their elected officials with a single click.

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For more information, visit ([www.facebook.com/townhall](http://www.facebook.com/townhall)).

## Post Office Services

Located in the Administration Building Leisure World's U.S. Postal Service center is open Monday through Friday, 8 a.m.-2 p.m. Stamps, mailing boxes, and certified and insured mail services are available. Payment is accepted by check or cash only. The post office cannot provide Express or International Business services due to local restrictions.



## Lost and Found

The FISH Office in Clubhouse II serves as Leisure World's Lost and Found. FISH has all sorts of items: car keys, umbrellas, books, jackets and lots of other clothing. If you have lost something, stop by. If you find something, bring it in. FISH is open Monday through Friday, 10 a.m.-4 p.m.

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# HEALTH NOTICE:

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SOURCES: <sup>1</sup>[http://www.hopkinsmedicine.org/news/media/releases/hearing\\_loss\\_and\\_dementia\\_linked\\_in\\_study](http://www.hopkinsmedicine.org/news/media/releases/hearing_loss_and_dementia_linked_in_study) | <sup>2</sup>[http://www.hopkinsmedicine.org/news/media/releases/hearing\\_loss\\_accelerates\\_brain\\_function\\_decline\\_in\\_older\\_adults](http://www.hopkinsmedicine.org/news/media/releases/hearing_loss_accelerates_brain_function_decline_in_older_adults) | <sup>3</sup>[http://www.hopkinsmedicine.org/news/media/releases/hearing\\_loss\\_linked\\_to\\_accelerated\\_brain\\_tissue\\_loss](http://www.hopkinsmedicine.org/news/media/releases/hearing_loss_linked_to_accelerated_brain_tissue_loss)

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# THOUGHTS & OPINIONS: *From Our Residents*

## A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers*

## Making Sense of the Administration Building Project

**Q**uestion: What do Pisa, Italy, and Washington, D.C., have in common?

**A**nsWER: They both feature longstanding structures that were damaged. Pisa's leaning tower was damaged by an unfortunate choice during construction. The Washington Monument was damaged by an earthquake.

**Q**uestion: So what?

**A**nsWER: These structures were respected, revered and restored. Not so with Leisure World's Administration Building. While the Administration Building is not on a par with the historic structures noted above, the option of renovating it was never thoroughly investigated before discarding that option.

**Q**uestion: What can Leisure World learn from the State of Alaska? **A**nsWER: The State of Alaska provides an annual payment to its residents from

the excess revenues it collects from the oil industry, known as the "Permanent Fund Dividend." If Leisure World has enough money (no matter the source or original purpose) to demolish a building and build a new one for no legitimate reason, then obviously there is "money to burn."

Let's not burn it. Instead, let's spend a more modest amount renovating the existing Administration Building and making better use of the space in that building and the space in other Leisure World buildings.

Then, we could "rebat" the unused funds to the mutuals or directly to all residents. (I realize it wouldn't be every year, as in Alaska.) I also realize that this notion would require an amendment to the Trust documents, but there have been numerous amendments over time and this would simply be one more.

Alaska's program is based on the idea that the oil belongs to all Alaskans, so the revenues generated like-

wise belong to all Alaskans. Doesn't that idea make sense for Leisure World?

– Brenda Kirkpatrick

## Get the Strategic Planning Process Right

**T**here are many resources available to guide an organization through a process of strategic planning. One process I believe is effective involves four major steps: Listening, Defining, Clarifying and Reflecting, and Implementing.

The Listening phase can include individual interviews, surveys, town halls, and round-table discussions with stakeholders and experts to understand needs and wants, estimate costs, and recognize risk factors.

The Defining phase would include formation of committees and work groups, research, initiation of proposals of vision, values, goals and approaches, more town hall meetings and surveys, validated definitions of vision, values, goals, costs, risks, and approaches, and the designation of a steward for each goal.

Clarifying and Reflecting would include further prioritization, coordination across goal areas, drafting of project plans, coordination with permitting and other planning authorities, continued engagement with stakeholders and experts, and multi-level assessment, re-validation and approval of vision, values, goals, approaches, priorities, risks, costs and plans.

The Implementation

Phase would continue regular engagement with stakeholders and experts as work progresses to minimize disruption of normal activities and provide effective notice and discussion of necessary outages, probable hazardous conditions, and other issues, and evaluate changing conditions and priorities.

It seems that the flaw so far in the Leisure World planning process is that the Listening step was bypassed and delayed until the Implementation phase. Good questions to ask during the Listening phase would have been and are:

- What do residents want Leisure World to provide?
- What do residents want Leisure World to improve?
- What do residents want Leisure World to stop doing?
- Who are other stakeholders, and what do they want Leisure World to provide, improve or stop doing?

These questions would provide solid information for setting strategic goals and plans. My hope now is that Leisure World will begin a strategic planning process to address the future needs of Leisure World, rather than try to build support for plans made without listening.

– David Nachtsheim

## Can Golfers Afford Our Golf Course?

**T**here was an enthusiastic and thoughtful presentation by the Golf and Greens Committee and golf course staff at the Jan. 30 Leisure World Community

## Submitting an Item to Thoughts & Opinions

1. Submissions must be emailed to [aclwn@lwmc.com](mailto:aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. See LW News Guidelines and Board Standing Rules at [www.residents.lwmc.com](http://www.residents.lwmc.com).



Corporation board of directors meeting, and it was both encouraging and troubling.

Not only is the golf course a valuable Leisure World asset for those (few) residents who wish to play, but it is also a terrific visual and environmental feature of great value to all residents. Unfortunately, the upbeat report failed to focus on the imbalance in the cost-benefit analysis of this asset.

The "10-Year Comparison" table included in the written report clearly showed that in 2008, 247 members generated \$285,300, or \$1,155 per golfer, while gaining from all residents \$233,700, or \$946 per golfer. In 2017, 160 golfers generated \$251,100 in revenue, or \$1,569 per golfer, while all residents provided \$300,700, a subsidy of \$1,879 per golfer. Viewed another way, residents paid \$3.47 per unit, in 2008, but \$4.43 per unit in 2017.

I recall that a survey of new residents, conducted several years ago, indicated that the golf course was a very low

factor in attracting Leisure World purchasers. The report to the board offered efforts to increase the number of golfers, but little to decrease its cost. Also, little was said of the Facilities Enhancement Plan golf course plans, which have long been "on hold."

While I wish the Golf and Greens Committee and our paid golf staff well in their efforts, we need to recognize, and carefully consider the magnitude of their task.

— Bob Namovicz

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# EVENTS & Entertainment

## ■ Fireside Forum

### March 4: Trailblazing Women in Science and Engineering

by Jonas Weiss

Dr. Karen Rader, a professor who studies the intellectual, cultural and social history of the modern life sciences in the U.S., discusses women in science and engineering at the Sunday, March 4, Fireside Forum program. Women in these fields are more numerous than ever, but stories of their continued struggles with issues of gender and sexism still abound. Rader provides an overview of various trailblazing figures in these fields and comments on both consistent patterns and new trends in the history of women's experiences in STEM (science, technology, engineering and math).

She also discusses what

philosophers of science once called "the science question in feminism," which remains relevant today.

Rader has master's and doctorate degrees in history and philosophy of science from Indiana University, and has held visiting professorships at the University of Oslo and the Institute for Advanced Study at Lancaster University in the U.K.

She was elected a Fellow of the American Association in History and Philosophy of Science, and has been cited for distinguished contributions to the history of modern life sciences.

The program is at 2:30 p.m. in the Clubhouse II auditorium. Barbara Studwell is the host for the speaker.



Dr. Karen Rader, courtesy photo



## ■ Jewish Residents of Leisure World

### March 9 and 23: Seminars Continue with Obama and Trump Presidencies

by Sharon V. Freedman

The Jewish Residents of Leisure World (JRLW) look forward to the return of Dr. Michael Siegel, who continues his seminar on U.S. presidencies on Friday, March 9 and 23, from 10-11:30 a.m. in Clubhouse II.

This time around, he discusses the Obama and Trump administrations. Attendees will have time to ask questions during the presentation.

Analyzing the leadership skills of our most recent American presidents, professor Siegel seeks to demystify the elements and dynamics of effective presidential leadership, which our democracy has come to depend upon and value.

He argues that leadership in the White House can be explained and assessed by using a consistent set of criteria to analyze presidential performance. Siegel shows that presidential leadership is exercised by real, flawed human beings, and not by superheroes or philosopher-kings beyond the reach of

scrutiny or critique.

The leadership criteria that Siegel uses to evaluate presidents – vision, execution (implementation), management and decision-making – can also be used to guide leaders in the judiciary toward increased effectiveness.

Siegel is a senior education specialist at The Federal Judicial Center in Washington, D.C. He organizes and presents training programs for federal judges and court unit executives on leadership development and negotiation skills.

He also teaches as an adjunct professor at Johns Hopkins and American Universities. He is the author of "The President as Leader" and 15 articles in political science and criminal justice journals.

Tickets, \$20 for both sessions, are check only, payable to JRLW, and available beginning Tuesday, Feb. 20, at 8:30 a.m. in the Clubhouse I E&R office.

Contact Sharon V. Freedman at (skfreedman@yahoo.com) or (301-367-8141) with any questions.



## ■ Education and Recreation Department

### March 8: When Broadway Critics Don't Get it Right

Steve Friedman returns on Thursday, March 8, at 1:30 p.m. in Clubhouse I for his continuing series of programs on the history of Broadway. Using song and lecture, he explains why the critics don't always get it right when it comes to the success of a Broadway show.

The success or failure of a Broadway musical is often dependent on how the critics react. However, even rave

reviews cannot ensure a success, while often unanimous pans of shows, "Cats," for example, do not mean the early death of a musical.

Sometimes, the critics just do not assess the way an audience will react. This lecture looks at flops and hits that the critics did not get quite right.

Tickets are \$6 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

## Coming in 2018

The E&R Department is pleased to provide the following programs.

March 8, 1:30 p.m. Steve Friedman on Broadway's Critics

March 17, 7 p.m. Hurley School of Irish Dance – St. Patrick's Day Performance

March 24, 7 p.m. Ryan and Katz – Death at the Palace Theatre

April 7, 7 p.m. Artemis International Dance Group

April 21, 9:30 a.m. Flea Market

April 22, 5:30 p.m. Ovation Dinner Theatre – 'Til Death Do Us Part

April 28, 7 p.m. The Rat Pack Together Again

Watch Leisure World News for more information on these and other upcoming programs throughout the year.



# March 11: Take the Stage Performance Company Returns with Musical Revue

by Larry Cohen

**T**ake the Stage Performance Company brings Broadway to Leisure World for the third consecutive year on Sunday, March 11, at 2 p.m. in the Clubhouse II auditorium. Join your fellow theater lovers for the 2018 musical revue, “Dynamic,” and enjoy hits from old and new Broadway shows such as “Singin’ in the Rain,” “Carousel” and “Dear Evan Hansen.”

The mix of songs and dances will have you snapping your fingers and singing along with the performers, all of who are local students selected by competitive audition. Dance highlights for the 2018 revue include pieces choreo-

graphed by Chryssie Whitehead, a former Radio City Rockette, and Rachel Leigh Dolan, a nominee for a Helen Hayes Award in choreography.



Susan Thompson, the troupe’s artistic director, and Tammy Roberts, the revue director, have years of experience with regional and local theater companies.

Music directors Bobby McCoy and Paul Rossen and choreographers Donna Reese and Diane Hamilton round out the off-stage talent.

Tickets, \$10 per person, are check only, payable to Lions Club, and on sale at the Clubhouse I E&R office.

Revenue from the performance will help fund Lions Club



Take the Stage Performance Company poses with choreographer and former Radio City Rockette Chryssie Whitehead, center. Courtesy photo

activities such as Camp Merrick, which provides summer vacations to underprivileged children with diabetes and blindness, and the Leader Dog program for people coping with vision loss.

The Club also uses the revenue to help Leisure World’s social workers assist needy residents, as well as homeless people in Montgomery County. The Club also provides glasses for many children and adults.

## ■ Education and Recreation Department

# March 17: Celebrate St. Patrick’s Day with Irish Dance

**T**he E&R Department welcomes dancers from the Hurley School of Irish Dance back to Leisure World on Saturday, March 17, for a special St. Patrick’s Day celebration. Students will perform a variety of Irish dances beginning at 7 p.m. in the Clubhouse II auditorium.

The Hurley School is located in Laytonsville, Maryland, and draws its students from neighboring communities. Along with the experience of learning Irish dance technique, students learn about the culture of traditional Irish dancing.

The school strives to encourage every dancer to work to their potential as well as to enjoy Irish dancing; and offers opportunities to travel and compete. Students also gain significant life skills such as leadership and confidence as they learn to dance and begin to compete.



The Hurley School of Irish Dance, courtesy photo

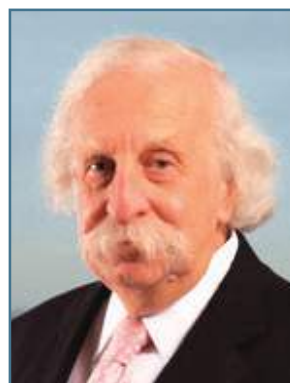
Most dancers attend local competitions and many have reached the regional, national and world level of competition. This March, several Hurley dancers are traveling to the World Championships in Glasgow, Scotland, to compete for a world medal. As well, dancers will perform at venues like Gaithersburg St. Patrick’s Day and the Olney Days parades.

Tickets are \$8 per person and can be purchased at either the Clubhouse I or Clubhouse II E&R office. Please bring your Leisure World ID.

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# Leisure World News

## March 24: 'Death at the Palace Theater'

It's 1932 and backstage at the world-renowned Palace Theater in New York City, a former song and dance team, The Singing Rooneys, reminisce about their almost 40 years in Vaudeville.

Chris Ryan and Jerry Katz portray the married Vaudevillian song and dance team as they perform 29 classic tunes, all published prior to 1933. Many of these songs are still sung today even though they were introduced nearly a 100 years ago, such as "It Had to be You," "Over There," "You're Getting to Be a Habit with Me" and "I Can't Give You Anything but Love, Baby."

Also included in the show are a performance by magician, a numerologist act and a Burns and Allen comedy routine, all performed by Ryan and Katz.



Chris Ryan and Jerry Katz as the Singing Rooneys, courtesy photo

Ryan and Katz have been singing and performing together for eight years and the E&R Department is pleased to bring them back for their performance of "Death at the Palace Theater" on Saturday, March 24, at 7 p.m. in the Clubhouse II auditorium. Tickets are \$8 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

## March 24: Dance to Swing'N On a Star

by Joyce Hendrix

They played for the New Year's Eve dance, and, on Saturday, March 24, Swing'N On A Star returns for the monthly dance.

Doors open at 7 p.m., with music from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

Music is played in strict dance tempo with both slow and Viennese waltzes, foxtrots, swing, rumba, samba, tango, mambo, merengue, and even a quickstep or two.

The dress code for winter dances is dressy outfits for the ladies and jackets and ties for the gentlemen. Please make reservations with Connie Roby

at (240-393-9808) by the Thursday prior to the dance to ensure adequate seating. The cost per dance is \$10 for members, and \$15 for non-members.

Tables are set up based on prior reservations at each monthly dance, so the earlier a reservation is received, the more likely a person is to receive their desired seating arrangement. Let Connie know the names of the people with whom you wish to be seated.

Annual membership is available at \$10 per person, check only, payable to LWBDC.

Put on your dancing shoes and join us at the March 24 dance.



## ■ Leisure World Association for African American Culture (LWAAAC)

## April 6: Latin Dance Party

by Patricia Means

Hispanos de Leisure World and LWAAAC co-host the second annual Latin Dance Party on Friday, April 6, from 6-10 p.m. in the Clubhouse I Crystal Ballroom.

Hors d'oeuvres and a cash bar are available during the cocktail hour from 6-7 p.m. Dancing begins at 7 p.m. with music by the Grupo Quimbao Latin Band.

Last year's party, with its

non-stop drum beat (timbales), congas, piano and vocals, had hip swaying dancers on the floor throughout an enjoyable evening. Other attendees listened and foot-tapped to the Latin sounds.

Tickets, \$20 per person, check only, payable to LWAAAC, are on sale beginning Tuesday, March 6, at 8:30 a.m. in the Clubhouse I E&R office. Ticket sales end on Wednesday, April 4. Reserved tables of 10 may be purchased.



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# April 13: Thad Wilson Jazz Orchestra



The Thad Wilson Jazz Orchestra, courtesy photo

by York Van Nixon III

**F**lip back the pages of your life to the Big Band era. On Friday, April 13, Thad Wilson returns to Café AIM with his 10-piece orchestra, featuring vocalist Steve Washington, for an unforgettable evening of music and song. Tickets are \$25 per person, check only, payable to AIM, and go on sale beginning Monday, March 12, at 8:30 a.m. in the Clubhouse I E&R office.



Admission includes hors d'oeuvres and snacks. Cocktails begin at 5 p.m., and the show starts at 6 p.m. in the Clubhouse I Crystal Ballroom. Reserved tables of eight or more are limited to members only. For more information or to join, visit (AimArts.net).

■ Education and Recreation Department

## April 7: Showcase of International Dance

**W**ith a motto of “using music and dance to build bridges across cultures,” Studio Artemis presents an entertaining and exhilarating show of international dance. Its versatile and multitalented cast members come from Belgium, Italy, Greece, Turkey and the U.S. and will delight in a fun-filled concert on Saturday, April 7, at 7 p.m. in the Clubhouse II auditorium. The dance troupe performs exciting and colorful dances from Spain, Turkey, Egypt, Greece, Argentina, Russia and the U.S. From the sizzling Argentine tango to the swirling skirts of the Russian Romany gypsies, from the tavernas of Greece to the sultan’s palaces of Cairo and Istanbul, from the streets of Spain to the swing clubs of America...East meets West on the stage. Sponsored by the E&R



Studio Artemis dancer, courtesy photo

Department, this performance is free, but tickets are required; limit two per household. Tickets are available beginning Tuesday, March 6, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

■ Education and Recreation Department

## April 22: 'Til Death Do Us Part

**T**he E&R Department presents an Ovation Dinner Theatre murder mystery dinner on Sunday, April 22, in the Clubhouse I Crystal Ballroom. Doors open at 5:30 p.m., dinner is served at 6 p.m. and the show begins at 6:30 p.m.

Be part of the fun in this 1940’s film noire, audience interactive, comedy murder mystery, featuring many of your favorite “film stars.” The production also includes as many as 15 special roles for members of the dining audience.

The plot unfolds as an aging Hollywood icon is mysteriously murdered during a gala, and it’s believed that one of the dinner guests is the murderer! C.B. DeMillstone has lost his diva to murder. Reporters Dame Maggie Thatcher Churchill Downs and Jimmy help guide dinner guests along with clues, as Detective Lime and “EZ” attempt to solve the murder. Who has committed this crime?

The cost of \$42 per person includes a three-course, served dinner and the show. Dinner entrées include beef tenderloin, salmon or chicken Marsala. Entrée selection is made when purchasing tickets. A cash bar is also available.



The cast of Ovation Dinner Theater’s murder mystery, courtesy photo

Tickets go on sale beginning on Tuesday, March 6, at 8:30 a.m. in the Clubhouse I E&R office. If you wish to be seated with friends, all payments must be submitted together. Payment by check should include meal selection on the memo line. Please bring your Leisure World ID.

### 2018 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the I Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
March 15, 1 p.m.	Jackie	SOLD OUT
March 25, 2 p.m.	The Shack	March 6
April 19, 1 p.m.	Queen of Katwe	March 20
April 29, 2 p.m.	The Dressmaker	April 9
May 17, 1 p.m.	Paris Can Wait	April 23
May 27, 2 p.m.	Going in Style	May 7

Movies are subject to change.



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## ■ Compassion and Choices

# March 7: 'Consider the Conversation'

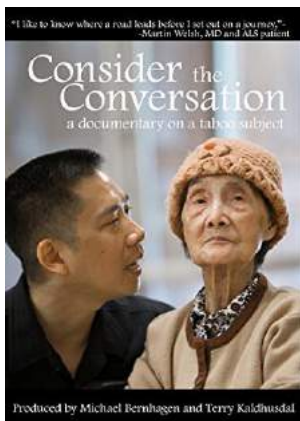
by Rosalind Kipping

Compassion and Choices holds its next meeting on Wednesday, March 7, at 2 p.m. in Clubhouse I. The program includes the video "Consider the Conversation" followed by a discussion about how to break through barriers when adult children refuse to talk with their parents about end-of-life wishes.

Motivated by their personal experiences with loss, two long-time friends – one a hospice worker and the other a State Teacher of the Year – present a powerful and inspiring film on the American struggle with communication and preparation at the

end-of-life.

"Consider the Conversation" examines multiple perspectives on end-of-life care and includes interviews with patients, family members, doctors, nurses, clergy, social workers and national experts from across the country.



The film's goal is to jump-start the conversation between husband and wife, doctor and patient, minister and parishioner, parent and child. This is not a story about death; it's about living life to its fullest up to the very end.

The showing is free for all residents; tickets are not required.

## ■ Hispanos de LW

# March 9: 'Su Excelencia'

by Carlos Montorfano

Hispanos de LW presents the Mexican political satire "Su Excelencia" ("Your Excellency") (1967, 2 hours 13 minutes, comedy/drama, Spanish with English subtitles) on Friday, March 9, at 3 p.m. in Clubhouse I.

In a fictional dystopia, "Red" and "Green" countries are the equivalents of the Cold War socialist and capitalist coun-

tries, which the film satirizes. Comedian Cantinflas portrays Lopito, a chancellor stationed in his country's embassy in the communist country of Pepeslavia, who later ascends to the role of ambassador. He must decide whether to join the Reds or Greens, thus deciding the fate of 100 nations.



Come early, as seating is limited. Refreshments are available. All residents are welcome.

## ■ Leisure World Association for African American Culture (LWAAAC)

# March 10: 'Ghosts of Mississippi'

by Patricia Means

LWAAAC presents the movie "Ghosts of Mississippi" (1997, 2 hours 10 minutes, drama/history, rated PG-13 for some violence and racial dialogue) on Saturday, March 10, at 4 p.m. in the Clubhouse II auditorium.

Admission is free and open to all residents; tickets are not required.

"Ghosts of Mississippi" is a real-life drama covering the

final trial of Byron De La Beckwith, the white supremacist who assassinated civil rights leader Medgar Evers in 1963. De La

Beckwith was tried twice, with both trials ending in hung juries.

In 1989, Evers' widow Myrlie Evers, aided by assistant District Attorney Bobby DeLaughter, were instrumental in bringing De La Beckwith to trial for the third time. In 1994, De La Beckwith was

found guilty and sentenced to life imprisonment, giving justice to the Evers family.



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## PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check, payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover).

When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.





## ■ Education and Recreation Department

### *Sunday Afternoon at the Movies*

## March 25: 'The Shack'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium. On Sunday, March 25, the featured film is "The Shack" (2017, 2 hours 12 minutes, drama/fantasy, PG-13 for thematic material including some violence).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, March 6, at 8:30 a.m. Please bring your Leisure World ID.

Although Mack Phillips is filled with doubts and

still grieving after a family tragedy, he answers when God calls him to a deserted shack in the Oregon wilderness; what Mack finds transforms his life.

Based on the book "The Shack" by William P. Young, Papa (God) is portrayed by Octavia Spencer, with Sam Worthington as Mack Phillips, Avraham Aviv Alush as Jesus and

Sumire as Sarayu.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one is seated after 2 p.m.



## ■ Jewish Residents of Leisure World

## March 28: 'The Ritchie Boys'

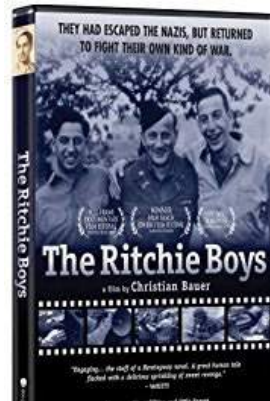
by Jonas Weiss

Jewish Residents of Leisure World (JRLW) and Coming of Age in Maryland present the movie "The Ritchie Boys" (2004, 1 hour 30 minutes, documentary/history/war, not rated) on Wednesday, March 28, at 1:30 p.m. in the Clubhouse II auditorium.

During World War II, the U.S. formed an elite intelligence unit of mostly German-Jewish academics, trained at Camp

Ritchie, Maryland, to enter the war zone and collect information. The surviving members of the group, nicknamed "Ritchie Boys," tell their witty and fascinating stories in this historic documentary. The film captures the insanity of war and the power of refusing to give up a sense of humor.

A discussion follows the presentation. Tickets, \$7 per person, check only, payable to JRLW, are available beginning Tuesday, March 6, at 8:30 a.m. at the Clubhouse I E&R office. All residents are welcome.



## ■ Foundation of Leisure World

## March 26: 'The Silk Road' Travel Video

by Bob Stromberg

The Foundation of Leisure World presents part one of an exciting travel video from the Globe Trekker Around the World series – "The Silk Road: Xi'an to Kashgar," on Monday, March 26, at 2 p.m. in the Clubhouse II auditorium. Part two is shown on Monday, April 9, also at 2 p.m. in the Clubhouse II auditorium.

The Silk Road was a number of ancient trade routes connecting East and West. Although silk was a major item traded, many other goods passed between different cultures and civilizations along the routes.

In Part I, host Megan McCormick travels along a section of China's Silk Road, exploring the country's ancient past.

She begins in the ancient capital city, Xi'an, visiting the Terracotta Warriors, continuing through Gansu

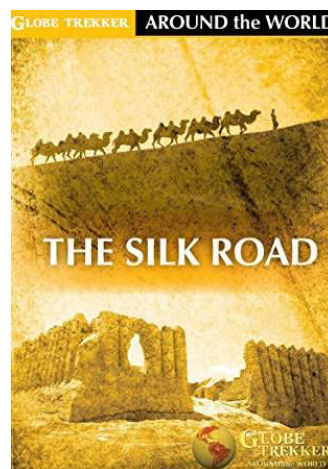
Province, and visiting the oasis towns of Jiayuguan and Dunhuang.

She camel rides across Dunhuang's sand dunes into Xinjiang, and then digs for jade in Khotan before visiting the livestock market in Kashgar. Her journey ends in the stunning Pamir

Mountains at China's Western border.

This event is free and open to all residents and their guests. Light refreshments immediately follow the program.

The Foundation of Leisure World



is a 501(c)(3) organization that was established for health, educational and cultural purposes.

Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law.



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# HEALTH & Fitness

## ■ Compassion and Choices

### March 7: When Children and Parents Talk

by Rosalind Kipping

Compassion and Choices holds its next meeting on Wednesday, March 7, at 2 p.m. in Clubhouse I.

The program includes the video "Consider the Conversation," about end-of-life conversations. See the Events and Entertainment section of this publication for more information.

A discussion about how to break through barriers when adult children refuse to talk with their parents about end-of-life wishes follows the movie.

The group's resource tables

provide information on a wide variety of end-of-life issues. Several new items are available, as well as the most recent issue of the Compassion and Choices magazine.

Annual dues are \$2. To renew membership or to become a member, bring \$2 to the next meeting. Members receive a high quality Compassion and Choices shopping sack.

All Compassion and Choices' meetings are open to all residents and their guests. Everyone is always welcome.

Rosalind Kipping is available at (rozkippling@comcast.net) or (301-598-4171).

## ■ Low Vision Support Group

### March 14: Coping with Visual Impairment

by Larry Cohen

When a person starts to lose their vision, panic ensues. He or she may slowly go through the stages of grief, as when one mourns a friend or family member. It is imperative to talk it out with someone knowledgeable who may think outside the box.

At the next meeting of the Low Vision Support Group on Wednesday, March 14, at 1 p.m. in Clubhouse I, Amy Crouse, program manager/rehabilitation teacher with Blind Indus-

tries and Services of Maryland (BISM), discusses successful coping strategies for people with visual impairment.

BISM can come to a visually impaired person's home when needed to make the house easier to live in, with suggestions for improved lighting and special markings for home items, helping folks adjust to their new lives.

All Low Vision Support Group meetings are on the second Wednesday of the month. Join the group on March 14 to set up a home visit with Crouse, or attend one of several seminars.



## ■ Patients Rights Council of Leisure World

### March 14: Social Workers Discuss Resident Services

by Mary Ann Johnston

The Patients Rights Council of Leisure World meets on Wednesday, March 14, at 1:30 p.m. in Clubhouse I.

Sandra Hart and Ann Johnson, clinical social workers at Leisure World's Social Services Department, inform the group about services available to residents, and discuss some of their experiences in palliative and hospice care. All services provided by the Social Services Department are free and available to all residents.

Hart received bachelor's and master's degrees from the University of Maryland. Before coming to Leisure World in 2015, she worked in a skilled rehabilitation facility that focused on geriatric health, including hospice and palliative care.

She was there for 18 years and was the director of social services for the last five years.

Johnson received her bachelor's in sociology/gerontology from Towson State University and her master's in social work with a concentration in aging from the University of Maryland.

She worked for Johns Hopkins Home Care Group in Baltimore from 1983 to 1998 and then at Holy Cross Home Care, until she joined the staff at Leisure World in July. She enjoys working with seniors and has a special interest in hospice care.

All residents and guests are welcome at the group's meetings, and are encouraged to attend its informative programs and browse its literature. The Council's treasurer is accepting \$10 dues for 2018.

## ■ Stroke Support Group

### Group Seeks New Chairperson

The Stroke Support Group is looking for a new chairperson. Interested residents are asked to contact former chairperson Sally MacDonald at (240-669-4233) or (sn3macd@aol.com).

The Stroke Support Group invites stroke survivors and caregivers to its monthly meetings (except July and August) on the second Wednesday of the month, from 1:30-3:30 p.m. in Clubhouse II. No registration is needed and all are welcome.

— Sally MacDonald

## □ Health Advisory Committee

### March 15: 'Depression in Older Adults'

by Sandra McLesley

Don't forget to pick up tickets to Amy Fier's talk, "Depression in Older Adults," which she presents on Thursday, March 15, at 10:30 a.m. in Clubhouse I.

Fier is a clinical social worker with Everymind, a non-profit organization that promotes mental wellness in the Maryland-D.C. region. She explores myths about depression, causes and treatments.

Although depression can be related to chronic illness, grief or loss, or a change in living circumstances, sometimes, it has no apparent reason for onset. However, it can nearly always be effectively treated in most people by medication, psychotherapy or a combination of both.

This is an important presentation for anyone who has suffered from depression or who has had a loved one with depression. Free tickets are available in the Clubhouse I E&R office.



## March 28: Audiologists Discuss Tinnitus

by Leisure World News

The Health Advisory Committee sponsors a presentation on tinnitus on Wednesday, March 28, at 10 a.m. in Clubhouse I.

Dr. Julie Boiano Ambrose, audiologist at Ascent Audiology and Hearing at the MedStar Health medical clinic, and Dr. Ryan Horan, also an audiologist, explain what the condition is and how it is treated, and answer questions from the audience.

Tinnitus – the perception of sound when no actual sound is present – is a condition that affects 50 million Americans. Some people develop acute tinnitus as a result of an illness, medication or exposure to loud music, while others live with chronic tinnitus.

All residents are also

welcome to schedule a free tinnitus evaluation and consultation with Ascent Audiology and Hearing by calling (301-468-7670). For more information, visit ([www.hearingaid doctors.com](http://www.hearingaid doctors.com)).

Ambrose received a bachelor's degree in communication sciences and disorders from James Madison University and a doctorate degree in audiology from Towson University. She is certified by the American Speech-Language-Hearing Association.

Horan graduated from Gettysburg College and his Doctor of Audiology from Salus University. Both have extensive clinical experience.

The March 28 presentation is free for residents and their guests. Tickets are not required, but residents are asked to sign up at the Clubhouse I E&R office.

## FISH Says Yes to Short Term Loans

by Beth Leanza

FISH is a volunteer organization at Leisure World that lends assistive equipment such as wheelchairs, walkers, commodes and tub stools to residents and employees.

Although FISH usually offers loans for up to three months, shorter-termed loans are also acceptable.

Borrowers may also ask to keep an item for longer than three months. Why rent if you can borrow for free?

Borrowers are welcome to take FISH's wheelchairs, walkers and other equipment with them when they travel

outside of Leisure World.

Residents may also borrow equipment for a visitor, such as a friend or relative.

Residents who are considering volunteering for

FISH are asked to call Beth Leanza, FISH president, at (301-598-4569).

After a training session with a current volunteer most people are ready to step in as a sub.

The FISH office is in

Clubhouse II and is open Monday to Friday from 10 a.m.-4 p.m., except for major holidays. The office phone number is (301-598-1345).

An E&R staff member can assist callers when a volunteer is not in the office.



Photo by Leisure World News

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## Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

**Alcoholics Anonymous (AA):** Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

**Bereavement Support Group:** If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. Hospice Caring Inc. sponsors group meetings. Registration and a phone conversation with Anne Baker, director of adult bereavement at Hospice Caring Inc., is required before attending. If interested, please call Anne at (301-990-0854).

**Essential Tremor Group:** Hello to all those with Essential Tremor. We have missed seeing you at our meetings. Where have you been? The Essentials Tremor Group meets at 10:30 a.m. the first Thursday of the month in Clubhouse I. There have been some exciting, new developments in research, such as a new tablet that measure the tremors in your hands and possibly the voice, that have been discussed. Come to the next meeting on April 5 at 10:30 a.m. to find out about more new research and to meet other people with Essential Tremor. If you have any questions, please call Marlene Golden at (301-438-7773).

**Free Blood Pressure Testing:** Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

**Memory Café:** The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, contact Diane Vance at (240-428-1342) or (dvance@alz.org).

**Parkinson's Support Group:** The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).



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MARCH 2018

# UPCOMING SEMINARS & EVENTS

## AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or [tdavis@bgf.org](mailto:tdavis@bgf.org).

### CAREGIVER CONNECTION SEMINAR: "THE LATEST ADVANCES IN DEMENTIA DIAGNOSIS AND PREVENTION"

TUESDAY, MARCH 13 • 2-3 P.M.

The Alzheimer's Association International Conference attracted researchers from around the world to share discoveries that will lead to improvements in diagnosis, prevention and treatment of those with Alzheimer's and other dementias. Join Dr. Tabassum Majid, who attended that event, for an enlightening discussion on those developments.

FREE. Register by March 11.

### LIVING WELL SEMINAR: "TIPPING THE SCALE TO HEALTH"

WEDNESDAY, MARCH 21  
1-2:15 P.M.

By adopting a few lifestyle changes, you can maintain or improve your health while also shedding extra pounds. Get started toward achieving a healthy body through nutrition, exercise and behavioral skills! Seminar offered in partnership with Family & Nursing Care.

Preceded by complimentary lunch at 12:30 p.m.

FREE. Register by March 19.

### INDEPENDENT LIVING OPEN HOUSE

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FREE. RSVP by March 25.

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### PARKINSON'S SUPPORT GROUP

WEDNESDAY, MARCH 14  
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### ALZHEIMER'S SUPPORT GROUP

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# CLUBS, GROUPS & Organizations

## ■ Italian Social and Cultural Club

### March 11: Festivale Italiano

by Flo Merola

The Italian Social and Cultural Club invites all members, their guests and all residents to enjoy its annual Festivale Italiano on Sunday, March 11, at 4 p.m. in the Clubhouse I Crystal Ballroom.

The Monaldi Brothers, Mario and Angelo, return to entertain festival-goers with a variety of Italian standards, as well as polkas, line dances and the ever-exciting tarantella. Sing along, tap your toes, get up and dance or just sit back and enjoy the music.

The event includes a buffet of typical Italian fare consisting of antipasto, spaghetti and

meatballs, sausage and peppers, eggplant parmigiana and chicken marsala. Be sure to save some room for dessert. And if this weren't enough, everyone gets a complimentary glass of wine.

The cost is \$28 per person, check only, payable to the Italian Social and Cultural Club. Brings checks to the Clubhouse I E&R office no later than Tuesday, March 6. To be seated with friends, place all checks in the same envelope and include a list of names. For tables of eight or 10, call Angelo Bufalo at (240-669-3909).

Don't hesitate; only a few days are left to reserve a place at this fun-filled Festivale Italiano!

## ■ The Vegetarian Society of Leisure World (VSLW)

### March 13: Meeting and Buffet Dinner

by Bob Fenichel

Back by popular demand, the Tuesday, March 13, meeting includes a buffet dinner at 5:30 p.m. in Clubhouse II. The food is from the Vegetable Garden Restaurant (Vegetarian Chinese) in Leisure World Plaza.

The meeting and dinner provides attendees an opportunity to socialize and meet new people.

The cost is \$10 per person for members and \$15 for non-members. Send checks, payable to VSLW, to treasurer

Helen Gross at (3100 North Leisure World Blvd. #710) no later than Tuesday, March 6. Be sure to include a telephone number and email address with the check.

Additional information on VSLW activities can be found at ([www.vslw.org](http://www.vslw.org)). Please note that everybody is welcome at VSLW activities; you don't have to be a vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

## ■ Pittsburghers Club

### March 14: Meeting to Organize Pittsburghers

Residents are invited to an organizational meeting of the new Pittsburghers Club on Wednesday, March 14, at 6 p.m. in Clubhouse I. At the meeting, the group will select officers and develop its bylaws.

The Pittsburghers Club

welcomes as members residents who were born, raised or have lived in Pittsburgh or the Greater Pittsburgh area. For more information, contact Tania Iwanowski at (301-598-2278) or ([Tania.Iwanowski@yahoo.com](mailto:Tania.Iwanowski@yahoo.com)).

— Tania Iwanowski

## ■ Computer Learning Center

### Learn How to Use Androids, Smartphones and Tablets

Donna Copeland, resident and Computer Center board member, is available on the second Thursday of each month from 2-4 p.m. in the Computer Learning Center to help residents learn how to better use their androids, smartphones, tablets and other devices. The next session is Thursday, March 8.

Learn more about a device's newest capabilities, or familiarize yourself with its most-used features. Bring your device for a one-to-one, hands-on session.

Registration is free but required. Visit the Computer Learning Center in Clubhouse II to reserve a space.

— Betty Smith



## ■ Garden and Environmental Club

### March 27: Annual Spring Tea

by Jean DeSchraver

The Garden and Environmental Club invite residents and their guests to attend the Annual Spring Tea on Tuesday, March 27, in the Clubhouse I Crystal Ballroom. Doors open at 12:30 p.m., and the tea begins at 1 p.m.

Tickets are sold Thursday, March 15, through Friday, March 16, and Wednesday, March 21, through Friday, March 23, from 10 a.m.-2 p.m. in the Clubhouse I lobby. Tickets are \$15 per person, check only, payable to Garden and Environmental Club.

Coffee, tea, tea sandwiches, scones and delicious homemade desserts are served. Pianist Elaine O'Leary provides the entertainment throughout

the afternoon.

The tea includes a chapeau contest with prizes for the categories of Most Beautiful, Most Creative and Most Whimsical. Guests are eligible for the prize table's themed baskets and new items.

For more information or to donate to the prize table, contact Jean DeSchraver, tea chair, at (240-669-6169) or ([jdeschraver@aol.com](mailto:jdeschraver@aol.com)).



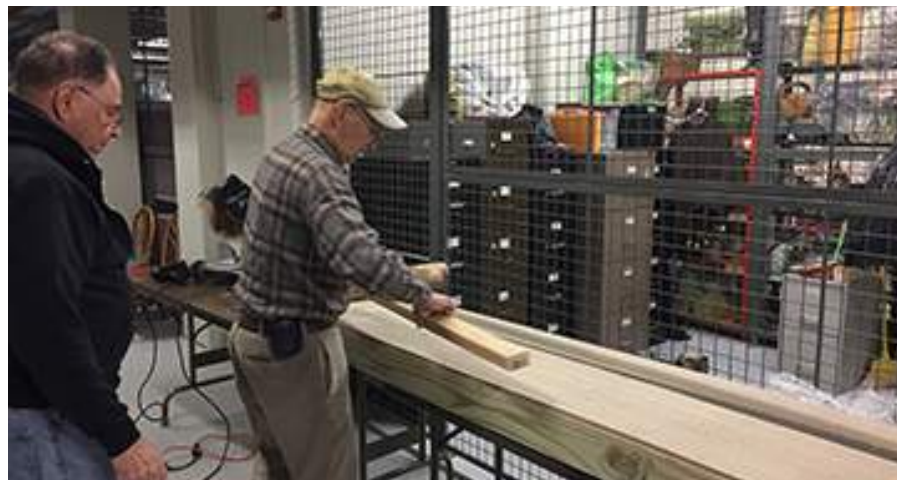
Three umbrellas sit amongst other prizes at the 2017 Annual Spring Tea's chapeau contest, courtesy photo



# Model Railroad Club Extending HO Layout



An industrial extension is affixed to the layout. Photo by Robert Kaplan



An additional industrial area is under construction. Photo by Alan J. Goldstein

by Alan J. Goldstein

The large HO gauge model railroad layout in the lower level of Clubhouse II is still growing.

With the addition of a new industrial area near the town of St. George, the Rossmoor Model Railroad Club is expanding its HO layout to include a grain-processing complex, a printing plant and several smaller industrial buildings.

The new facilities, just below the town's railway station, will increase the opportunity for point-to-point operations. The Club has been gearing up since last fall for operations consistent with those of real railroads, complete with manifests and schedules for delivering raw materials to processing industries and manufacturers, then on to distributors and end users.

Hidden HO scale yards tucked unobtrusively beneath the N scale layout, and completed late last year, facilitate the storage of equipment

and cars destined for distant cities such as Atlanta and Cleveland.

The new industrial facilities are scheduled for completion in early March, at which time point-to-point railway operations will commence during regularly scheduled weekly

operating sessions.

If the challenge of delivering goods on schedule from producers to customers via scale model railway operations seems exciting, please feel free to join. Meetings are on the second Thursday of the month in Clubhouse II, with working

and operating sessions every Monday and Wednesday from 5:30-7 p.m., and Thursday from 2-4 p.m. at the train yards in the basement of Clubhouse II.

For further information or to join, call Marilyn Chmielewski, president, at (301-438-3259).

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## ■ Fun and Fancy Theatre Group

# March 7: Meeting and Show

by Hannelte Allen

The next monthly meeting of the Fun and Fancy Theatre Group on Wednesday, March 7, includes a Grand Old Opry presentation directed by Stan Jones.

The show and meeting begin at 7:30 p.m. in the Clubhouse II auditorium. Admission is free for members, \$5 for non-members, and includes refreshments after the show.

### Big Spring Production

"Broadway Musicals of the Sixties," Fun and Fancy's spring production, is well into pre-rehearsal mode. Working with choreographer Gerry Kaufman and musical director Elaine O'Leary, the cast is polishing up their dancing and singing before rehearsals start later this month.

From the opening number, "Cabaret," to the grand finale from "Hello Dolly," the Group promises its audiences smashing musical numbers from the decade when Broadway houses were standing room only!

Tickets, \$10 per person for reserved seating, are on sale Monday through Friday from 11 a.m.-2 p.m. in the Clubhouse I lobby, beginning on Monday, April 2. Tickets are also available on Saturday, April 14, from 11 a.m.-2 p.m. in Clubhouse II.

Performance dates are Friday, April 13, Saturday, April 14, Saturday, April 21, and Sunday, April 22.

### Drummer Wanted

The Group is looking for a drummer for the April show. Persons who can assist are asked to call Elaine O'Leary at (301-438-2195).

## ■ Gem, Lapidary and Mineral Society of Leisure World

# March 14: A Visit to Idar-Oberstein

by Chuck Mason

Kate Peterson takes attendees on a visit to Idar-Oberstein at the Lapidary Club's next meeting on Wednesday, March 14, at 7 p.m. in Clubhouse II.

Idar-Oberstein is a small town situated in the Hunsrück Mountains in the south west of Germany. Despite its small size, the town became one of the leading gem-cutting centers of the world, with a history of mining and lapidary dating back hundreds of years.

By the end of the nineteenth century, gems from around the world – amethyst, citrine, tourmaline, topaz and others – were being shipped to Idar-Oberstein for cutting by its famous artisans.

Many of the artisans and their families have carried on the tradition through the generations, and today Idar-Oberstein is still famous for the finest agate and gemstone carving in the world.

Join the group for an evening of beauty, history and exploration – and lots of pictures from Peterson's two recent visits to the gem cutters and dealers in Idar-Oberstein. Globe-trekkers are welcome to bring their own tales of Idar-Oberstein. Those



Photos courtesy of Kate Peterson.

who haven't been there will see some amazing sights and some even more amazing gemstones!

All residents are invited to attend the Club's meetings and to visit its lapidary shop in Clubhouse II after meetings. For more information about the shop, call shop steward Mark Parker at (240-723-5860).

For information about the Club or its meeting, contact president Frank Roddy at (301-598-3698) or (roddy.frank2014@comcast.net).

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# The Birds and the Bears Appear in Solo Show

by Ann Bolt

Forget the lions and lambs for the month of March. Birds and bears are settling in at Clubhouse II for Diane Blum's solo art show.

Blum was a mathematics teacher turned artist after her 30-year plus career. She enrolled in classes at Boca Raton Museum Art School as a student of Miles Laventhall. During that time, she dabbled in painting landscapes, wildlife and stilllife in watercolor and acrylics.

Since 2015, she has taken Guild classes with Ron Erlich. Her work was exhibited at an invitational show at the Lee Library in Lee, Massachusetts, and at juried shows in Boca Raton Museum School of Art in Boca Raton, Florida. Her show at Leisure World runs through April.

## Education Program

Teresa Milne presents "A History of European Art" on Thursday, March 8, at 3:30 p.m. in Clubhouse I, with refreshments beginning at 3 p.m. All residents and their guests are welcome.



An oil painting of reflections of a lake by Marcie Burroughs. Photo by Ann Bolt

## Open Studio

Back in the studio, winter classes are getting started with the usual buzz of drawing, painting and exploring. Open Studio features paintings with reflections, and the general exhibit offers a varied and intriguing array of subjects. Marci Burroughs gives a glimpse of a calm lakeside reflection that is guaranteed to sooth anyone's daily stresses.



Diane Blum and the birds migrate to Clubhouse II. Photo by Bernard Blum.

## Upcoming Events

Other Rossmoor Art Guild (RAG) members are preparing for juried shows and exhibits at Sandy Spring Museum, Brookside Gardens, restaurants and women's centers. The RAG board is preparing for the annual Spring Fling with a featured speaker on Thursday, April 19, in the Studio. All are welcome.

## ■ Ceramics Club

# Club Showcases Exciting Work of Experienced Ceramicist

by Reese Barnett

March is here and the Ceramics Club is marching on.

The Club's featured artist, Kathy Viney, is an experienced ceramicist. She has exhibited for many years in art and craft venues. The Club is privileged to have her serve as its treasurer and contributor to the gift shop.

Residents and guests can view her work through March in the display cabinet located in Clubhouse II, as well as purchase some of her pieces in the ceramic studio.

The studio, located in Clubhouse II at the end of the hallway adjacent to the E&R office, is both workshop and sales room. All proceeds from the gift shop are donated to charity. Friendly resident artists are happy to answer any and all questions concerning the Ceramics Club.

To make their art, Club members do what is commonly called slip casting, which is pouring liquid clay into a mold for an intended piece of art. Artists remove the clay from the mold when it hardens just enough, and then proceed from there. It is fired in a kiln and painted with paints created especially for ceramics.

Anyone wishing to join the Club can do so by paying a \$10 annual membership fee, which includes instruction and materials on how to make your own ceramic pieces. Visit the Club's website at (<http://sites.google.com/site/cccofleisureworld/>).

See you soon in the ceramic studio.



Ceramic pitcher designed and painted by Kathy Viney. Photo by Susan Curow

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# March Events Include a Slideshow Matinee, Competition and Exhibition

The Camera Club is seeking to attract new members, who are welcome to use both their cameras and iPhones to take photos.

The Club's Tuesday, March 13, educational program is at 7 p.m. in Clubhouse II and features Irene Hinke-Sacilotto, leader of Osprey Photo Workshops and Tours. She will speak about garden photography.

Since 1979, Hinke-Sacilotto has led numerous tours under the auspices of Osprey Photo Workshops and Tours, and has conducted many photographic workshops for zoos, nature centers and organizations, such as the National Wildlife Federation and the Assateague Island Alliance.

## Photo Matinee

The Club holds a photo matinee on Sunday, March 18, at 3 p.m. in the Clubhouse II auditorium. The featured presentation is "Annual Photo Essay 2018," produced by members of the North Bethesda Camera Club. The show includes an essay by Joanne and Larry Mars entitled "Sculpted Landscapes."

## Signal Financial Exhibit

Club members are partic-



At left, photo exhibition winner Gaby Dusan with her photo, "Veterans Day Hero." Photo by Nabiha Zahat. At center, "Rainbow in Iceland" by Jim Cooper and at right, "LW Red Berry" by Joanne Whitney



icipating in a photo exhibit at Signal Financial Federal Credit Union in the Administration Building. The theme for March is "Spring is Here." The photos are on display through March.

Residents are welcome to stop by and vote for their favorite. The previous exhibition winner, Gaby Dusan, was awarded a gift card prize for her photo, "Veterans Day Hero."

## March Competition

The monthly competition featuring Garden photographs is on Tuesday, March 27. April's

competition is a "best of the best" among award winners from the previous year's competitions, with photo of the year selected in each of the print and digital categories.

## Massi Presentation

In keeping with the objective of attracting new members, the Camera Club co-sponsored a program with the Center for Lifelong Learning, featuring Ron Massi.

He discussed how to take better photographs using the smartphone's camera and offered

18 tips for taking better photos.

## Bulletin Board

In addition to the pictures hanging in the Credit Union and the hallway in Clubhouse I, members are asked to submit 4x6 or 5x7 photo prints for posting on the Club's bulletin board in Clubhouse I.

Prints can be left for Fred Shapiro at the Clubhouse I E&R office. Digital images can be sent to Fred at (fshapiro@comcast.net) for possible use within the bulletin board and future articles.

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# Introduction to Dancing for the Hesitant Beginner

by Arthur N. Popper

Dancing is fun, great exercise and a wonderful social time. Indeed, there are many opportunities to dance at Leisure World.

Still, many residents who might be interested in participating in this great activity may have forgotten how to dance, or were never very good at it and so don't feel comfortable trying now.

Recognizing that dancing is such great fun, resident and avid dancer Semoon Chang offers a series of classes for the Center for Lifelong Learning (CLL) that are designed to motivate and encourage residents to start dancing.

The course, "Introduction to Dancing for the Hesitant Beginner," is for residents who

are interested in exploring dancing but who may be too shy or nervous to participate in other dancing opportunities at Leisure World.

The class covers a variety of dance steps, but the approach stresses sock hop-style dancing that does not require a partner. In addition to teaching basic dancing, Chang will explain how to progress from the classroom to ballroom dance lessons. Moreover, students who complete the class will

be prepared to continue their dancing at the monthly sock hop and ballroom dances at Leisure World.

Class size is limited to 15, so sign up early. Chang is relatively new to

dancing since he started only about 10 years ago. He considers himself an average dancer and continues to take lessons near Leisure World to improve his style.

While not trained as a dance teacher, Chang is highly experienced as a teacher, having retired as professor of economics from the University of South Alabama. He also teaches dancing for the monthly Sock Hop Dance Group

and has written several articles about dancing for the "Korea Times," available at ([https://www.koreatimes.co.kr/www/opinion/2018/02/652\\_234270.html](https://www.koreatimes.co.kr/www/opinion/2018/02/652_234270.html)).

For course registration details, see the Classes and Seminars section of this publication.

For more information about all CLL courses and lectures, see ([www.clcmd.com](http://www.clcmd.com)).



Dance instructor Semoon Chang dances with Anne Martin, courtesy photo



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<sup>2</sup> Residents of Leisure World of Maryland who are members of Signal Financial Federal Credit Union are eligible for this promotional rate offer of a 0.50% higher APY than the standard APY. This promotional offer applies to any share certificate term and any deposit amount over the minimum required to open the certificate. Contact Member Services (301-933-9100, ext. 298) or the Leisure World branch (301-933-9100, ext. 320). Federally insured by NCUA.



# Become a Member of the ‘Three-R’ Alliance: Reduce, Reuse and Recycle

by Marybeth Ardiike

LW Green hosted an informative slideshow and presentation on suggested ways residents can each incorporate the motto “reduce, reuse and recycle” into their lives.

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member Radha Pillai pointed out a variety of simple methods she uses to reduce trash accumulation. The presentation was followed by a vibrant and fruitful discussion among the approximately 20 attendees.

Below are some ideas and suggestions offered by Pillai and other participants:

- Instead of buying a plethora of cleaning products, most of which are sold in plastic bottles, try to rely on baking soda and vinegar for many cleaning tasks. Enter an internet search for “cleaning with baking soda and vinegar” to find many recipes for using these inexpensive, environmentally safe products.
- Reduce the use of paper towels by keeping a supply of clean rags within reach. On laundry day, add the

soiled ones to a load so they can be reused.

## Plastic Pollution

The threat of plastic pollution was highlighted. The first global analysis by U.S. academics of all mass-produced plastics has found that plastics have outstripped most other man-made materials, threatening a “near permanent contamination of the natural environment,” according to a July 2017 article in The Guardian newspaper.

So, what can Leisure World residents do to stop contributing to this problem? Participants suggested many possible actions:

- Styrofoam is indestructible and harms the environment when it decomposes. Refuse to purchase items packaged in it.
- When ordering a take-out meal, instruct the restaurant

to not include any plastic cutlery.

- Tell restaurant wait staff not to bring a straw with the beverage.
- Discontinue the use of purchasing water in plastic bottles. Instead, bring a personal drink container.
- Always carry several reusable bags when out shopping.

Adopt just one or two of these suggestions and you, too, will be a proud member of the 3R Alliance!

## Recycling Center Reminder

On Thursday, March 8, some Club members and other residents visit Montgomery County’s recycling center for an eye opening experience. Attendees are asked to meet at 10:15 a.m. in the Clubhouse I lobby. Carpools form from there and leave Leisure World at 10:30 a.m.

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# March 30: Passover Begins

by Jonas Weiss

The Passover holiday begins on the evening of Friday, March 30. Fred Firnbacher leads a kosher for Passover's second Seder on Saturday, March 31, at 6 p.m. in Clubhouse I.

Reservation forms are available in the JRLW newsletter, with spaces to indicate food choice (chicken or salmon) and names of at least eight people if reserving a table. Send checks, \$38 per person, payable to JRLW, to Milli White at (2901 South Leisure World Blvd., Apt. 106, Silver Spring, MD 20906) by Thursday, March 15.

## Brunch

At the Sunday, March 18, brunch,

## ■ The Inter-Faith Chapel

# Chapel Observes Lent with Worship Services

by Bonnie Bonner

The Inter-Faith Chapel offers a series of community worship services on Wednesdays at noon during Lent.

For many observant Christians, Lent is the period of 40 days, excluding Sundays, set aside by the church to reflect on the journey of faith. Christians see it as a time of repentance and spiritual renewal that precedes the resurrection celebration on Easter Sunday.

All are invited to these reflective services, which begin with a meditative organ recital at 11:45 a.m., performed by resident Holly Oberle.

Rev. Bill Neely, chaplain at Brooke Grove Retirement Village, leads the first service on Wednesday, March 7. Rev. Ernie Poland, a Leisure World resident, leads the service on Wednesday, March 14, and Rev. Barbara McKenzie, director of pastoral care at Suburban Hospital, is guest minister on Wednesday, March 21.

All guests are encouraged to bring a sandwich and stay after the service for "Our Soup, Your Sandwich" to enjoy lunch and fellowship. Tickets and reservations are not required. Guests are asked to make a voluntary \$2 contribution for the soup. For more information, call The Inter-Faith Chapel's office at (301-598-5312).

Dr. Jason Weise, a doctor of pharmacy, discusses the use of medical marijuana (cannabis). Weise has a Maryland dispensary license for cannabis, which he uses as an alternate option instead of prescribing opioids for treating pain.

He also established a consulting company to educate physicians, patients and dispensary agents about the benefits of medical cannabis. Weise describes the Maryland medical program and how to find a physician and dispensary. He also addresses the misconceptions that people have about the use of this treatment.

To attend the March 18 brunch, send checks of \$12, payable to JRLW, to Shirley or Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906). Admission at the door without a reservation is \$15 if a seat is available.

## Religious Services

Rabbi Fink conducts a conservative service on Friday, March 2, at 7:30 p.m. in The Inter-

Faith Chapel.

Cantor Michael Kravitz leads a conservative Sabbath service on Saturday, March 10, at 9:15 a.m. in Clubhouse II. Sid Sussan chants the Haftorah, and Phil Wendkos gives the D'var Torah.

Abbreviated Sabbath services with Rabbi Moshe Samber continue on Saturday,

March 3, 17 and 24 at 9:15 a.m. in Clubhouse II, with discussions of the Torah portion as well as study of rabbinical writings.

## Donations

For the Torah maintenance fund, send checks, made payable to JRLW (\$25 minimum), to Carol Wendkos at (14805 Pennfield Cir., Apt. 212,

Silver Spring, MD 20906). Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B) receives donations for prayer books (\$25 minimum).

Donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor, or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



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# March 7: Library of Congress Exhibitor Speaks on Courtroom Art

by Carole Mund

All are welcome to an open meeting on Wednesday, March 7, to hear former Assistant District Attorney Steven Kline speak. The meeting is at 12:30 p.m. in the Clubhouse I Crystal Ballroom, and refreshments are served.

Courtrooms have traditionally not allowed cameras; it was the artists' drawings that brought the image of the participants to the public's eye. At the March 7 meeting, Kline shares a video presentation of his Library of Congress exhibit, "Drawing Justice."

Kline is a Guild Certified Master Tour Guide for Washington, D.C., and a docent at the Library of Congress. He was a Special Assistant Attorney General for Medicaid Fraud as well as an Administrative Law Judge for the New York City Department of Education.

## Spiritual Adoption Luncheon

NA'AMAT is excited to have Doreen Gentzler, news anchor at WRC-TV (NBC4), speak at the annual Spiritual Adoption Luncheon on Wednesday, April 18. Gentzler is familiar to many who watch WRC-TV news. All are invited to join NA'AMAT in welcoming her to the Leisure World community.

Spiritual adoption has a special meaning to NA'AMAT. One of the missions of the NA'AMAT organization is to provide daycare programs and other support services to children in Israel. When residents attend the luncheon and/or donate, the funds are used to directly provide programs that meet the needs of children. So, in essence, the individual "spiritually adopts" or sponsors the care of children in need.

## Executive Board Welcomes All Members

NA'AMAT is a charitable organization dedicated to help NA'AMAT Israel provide educational daycare, vocational training and legal aid for women, services and assistance for new immigrants, and centers for the prevention and treatment of domestic violence. The organization was formally known as Pioneer Women.

By getting involved, volunteers have the opportunity to meet new friends and connect with an organization that makes a difference in the lives of so many. Attend the next executive board meeting on Tuesday, March 20, at 10:30 a.m. in Clubhouse I, and become more active to make a difference.

## Tribute Cards

Tribute cards are an excellent way to support and maintain the essential programs

NA'AMAT supports, as well as to attain donor credit. NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards.

Each card is \$3.50 if purchased and sent by you, or \$4.50 if sent by Linda Schoolnick, tribute chairperson. Full donor credit is given for each card. Contact Linda at (301-681-1076) with any questions.

## Upcoming Trips/Events

- A cruise to Bermuda is scheduled for April. Check the Club Trips page in this publication for more information.
- May 10 – Donor Luncheon at Norbeck Country Club

For more information about the Club, contact co-presidents Trudy Stone at (301-438-0016) or Gladys Blank at (301-438-9666).



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# March 18: Special Seder Recognizes Women's Role

by Barbara Eisen

**H**adassah presents a women's Seder led by Rabbi Tirza Schmelzer-Covel on Sunday, March 18, at 2 p.m. in Clubhouse II. This special Seder ceremony recognizes the role of women in the Passover story and in contemporary Jewish life.

Attendees also discuss newer rituals, such as Miriam's cup and the orange on the Seder plate. In addition to matzah and grape juice, homemade Passover desserts are served. Attendees are welcome to bring their own special holiday desserts.

The cost is \$7, and registration is required. To register, send checks, payable to Hadassah, to Janet Lazar at (15311 Beaverbrook Ct. #1B, Silver Spring, MD 20906) by Monday, March 12. No checks are taken at the door. Contact Janet at (301-598-4066) or (lazarjl@verizon.net) for questions. All are welcome to attend.

## Judaic Studies Group

The Judaic Studies Group

meets on Monday, March 19, at 1:30 p.m. in Clubhouse I.

The guest speaker is cantor Rebecca Pohl Apt, cantor at Shaare Tefilah Congregation in Olney.

Born and raised in Olney, Apt grew up as the daughter of a Conservative Rabbi (and the granddaughter of the group's own Ruth Temin). Apt's topic is "The Music of Naomi Shemer." Shemer was a leading Israeli musician and songwriter, hailed as the "first lady of Israeli song and poetry."

In 1967, she wrote the patriotic song, "Yerushalayim Shel Zahav" (Jerusalem of Gold) for the Israeli Music Festival. After Israel's victory in the Six-Day War that year, she added another verse celebrating the reunification of Jerusalem. The song became an informal second national anthem.

Please join the group for what promises to be a most enjoyable meeting. Everyone is welcome.

## Upcoming Events

- March 6 – The Club travels to the Dennis and Phillip Ratner Museum at 10:30 a.m. See the Club Trips section of this publication for more information.
- July 18 – The Club screens the film "Loving Leah" at 2 p.m. in Clubhouse I

## Pin Sale

Hadassah continues selling unique pins, handmade by resident fabric artist, Bobbi Gorban. The pins are \$18. Order forms are available at each Hadassah meeting or in the Hadassah mail slot at the Clubhouse I E&R office. For questions, contact Judy Rumerman at (judyrumerman@gmail.com) or (301-680-0850). You don't have to be a member to buy a pin.

## Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are \$2.50 each or five for \$10. Cards are displayed and sold at every

Hadassah meeting. Please call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

## Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Please send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S. If interested in knowing more about Hadassah, contact one of the membership vice presidents: Ruth Temin at (301-288-7387) or (teminar@comcast.net); Lois Fields at (301-585-9804) or (loisfields2@earthlink.net); or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

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# April 8: Brunch Addresses the Jewish Image in Film

by Fred Shapiro

Jewish War Veterans Post 567 holds its next brunch on Sunday, April 8, at 10:15 a.m. in the Clubhouse I Crystal Ballroom. The brunch features guest speaker Rabbi Stan Levin, whose presentation addresses the Jewish image in film.

The Jews did not invent movies - credit goes to Edison and the Lumiere Brothers. However, what the early Jewish moguls created was the Hollywood film industry.

With so many Jewish writers, directors, composers and actors, it is surprising how few films deal with Jewish characters. However, when the decision is made to make a character or story Jewish, there is a purpose.

During his talk, Levin looks

at the evolving image of Jews in the movies and explores why a character is Jewish, and examines if or when Jewish motifs are hidden in plain sight.

Levin is a native Washingtonian with a degree in dramatic literature, theater history and cinema from New York University. He also studied theater at the graduate level at the Catholic University of America in Washington, D.C.

He was a documentary filmmaker for the U.S. Department of Agriculture, field producer for A&E's Biography of Larry King, and has written and produced radio and TV commercials and government public service announcements.

Over the years, he has also

been a nationally syndicated film critic for Tribune Broadcasting, appeared locally as the film critic on Montgomery Cable TV News, and has written for The Washington Globe newspaper.

Levin co-hosted the Screening Room for Montgomery Cable TV, a half-hour show covering movies available on videotape. He was a board member and frequent moderator for Cinema Arts Bethesda, and has spoken extensively in the Washington, D.C., area on contemporary films, movie history and American culture.

He conducted the film study group for the Brandeis University National Women's Club for 19 years. He teaches different aspects of movie history at the Osher Lifelong Learning Institute of Johns Hopkins University.

Levin began his rabbinical studies in 2001 while employed by the U.S. government. After he retired

following 30 years of federal service, he became ordained as a rabbi and serves at Riderwood, a senior living facility in Silver Spring.

Post 567 joins other Montgomery County organizations in dedicating the day's events - in this case, the April brunch - to Good Deeds Day. Attendees are encouraged to bring donations of food in their original containers or checks payable to MANNA. MANNA is highly recommended for its service to the needy and homeless members of the community. Members who are not attending the brunch can still stop by to deliver a contribution.

The buffet is \$14 and includes eggs, tuna fish, lox, bagels, salad, coffee, Danish and more. Mail checks, payable to JWV 567, to Danny Bass at (14805 Pennfield Cir., Apt. 3-209, Silver Spring, MD 20906). The deadline to receive checks is Monday, April 2.



Rabbi Stan Levin, courtesy photo

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## ■ Democratic Club

# March 8 and 15: Hear From the County Council Candidates

by Rita Penn

The Democratic Club meets on Thursday, March 8 and 15, to host the nearly 30 Democratic applicants running for the four At-Large seats on Montgomery County's County Council.

At each meeting, the candidates debate at 7 p.m. in the Clubhouse I Crystal Ballroom.

The following candidates are scheduled to appear on March 8: Gabe Alborno, Rosemary Arkoian, Charles Barkley, Cherri Branson, Evan Glass, Richard Gottfried, Seth Grimes, Ashwani Jain, Melissa McKenna, Hans Riemer, Chris Wilhelm,

Paul Geller and Loretta Garcia.

On March 15, the Club hears from Marilyn Balcombe, Shruti Bhatnagar, Brandy H.M. Brooks, Bill Conway, Hoan Dang, Neil Greenberger, Danielle Meitiv, Mohammad Siddique, Michele Riley, Steve Solomon, Craig Carozza-Caviness and David Lipscomb.

Three other candidates – Ron Colbert, Will Jawando and Darwin Romero – have not yet committed to either date. Candidate Lorna Phillips Forde is not attending.

The meeting's moderator is Elliot Chabot, who moderated last month's debate. Come to the next two meetings to learn more about the candidates.



## ■ Republican Club

# March 20: Learn Even More About the Candidates

by Fred Seelman

The Republican Club returns to its regular Tuesday schedule, holding its next meeting on Tuesday, March 20, at 1:30 p.m. in Clubhouse I.

At the meeting, the Club continues to introduce its Republican candidates for 2018.

One or more state and/or local Republican candidates speak about their candidacies.

Members can also participate in the Club's upcoming elections. Contact Club president Fred Seelman at (fseelman@gmail.com) or vice president Ray Spieler at

(301-460-3563) if interested in becoming a candidate.

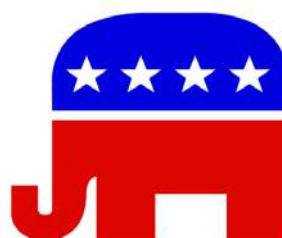
### Last Meeting

At the February meeting,

two GOP candidates spoke: Anjali Reed Phukan for Maryland Comptroller and Penny Musser for County Council At-Large.

Offers to help may be sent to Phukan by visiting (<https://mscomptroller.weebly.com/>), and to Penny Musser by emailing her at (pennymusser79@gmail.com).

Join the Club on March 20 for another quality event. And enjoy our refreshments.



## ■ National Active and Retired Federal Employees (NARFE) Chapter 1143

# March 19: Meeting Features Top NARFE Leaders

by Jewel A. Lee

The next chapter meeting is on Monday, March 19, in Clubhouse I. Refreshments are served at 1:30 p.m., and the meeting begins at 2 p.m.

The meeting's guest speakers are Dr. Gary Roundtree, president of NARFE Maryland Federation, and Susan Hayley, NARFE legislative director. All residents are invited to attend.

### NARFE Headquarters

NARFE representatives regularly testify before Congress and submit written testimony on issues affecting the pay and benefits of the federal community. Congressional testimony is an important way NARFE ensures the voices of federal employees and retirees are heard in Congress.

NARFE national president Richard G. Thissen issued a statement following the release of President Trump's fiscal year

2019 (FY19) budget request to Congress. NARFE objects to several elements of the budget proposal, which amount to \$152.5 billion in cuts to earned federal benefits.

### General Information

Contact a member of the chapter's executive committee with any

questions of suggestions, or if you would like to become a member or show your support. Visit the NARFE website at (narfe.org) for more information.

President John Moens at (johnjots@outlook.com) or (301-438-3237)

Vice President, Legislative Chair Joe Cook at (joec37766@gmail.com) or (202-271-0710)

Treasurer Jewel Lee at (jewelalee@msn.com) or (301-801-4007)

Secretary Pam O'Dell at (PamandJeff@comcast.net) or (240-461-4007)

Membership Chair John Lass at (johnmllass@comcast.com) or (301-871-6734)

Service Officer Rich Rothstein at (whobodyelse@aol.com) or (301-598-5760)



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# Armchair Travel Visits Germany and Iran

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday (known as Saturday Afternoon Live - SAL!) beginning with armchair travel at 2 p.m. in Clubhouse II.

GIAC's goal is to enhance the social and emotional wellbeing of its members with games, fellowship opportunities and exciting trips. Although it's a singles club, all residents, whether married or single, are welcome to participate in scheduled trips.

## Armchair Travel

On Saturday, March 3, well-known travel guide Rick Steves leads the armchair travelers through Frankfurt and Nurnberg, Germany. Frankfurt's modern energy, fueled in part by the entrepreneurial spirit of its immigrant communities, makes it

a unique and entertaining city that's well worth a look.

Nurnberg (Nuremberg in English) is known for its glorious medieval architecture, important Germanic history museum, haunting Nazi past and famous Christmas market (Germany's largest).

On Saturday, March 10, Steves introduces Iran as the most surprising land he's ever visited. He'll help travelers get to know and better understanding this amazing country by showing their schools, traffic, family life, worship traditions and other daily living activities.

## Games

Right after travel, Bingo is played on the second and fourth Saturdays and Pokeno on alternate Saturdays from 2:30-4 p.m.

Bridge, Rubik's Cube and Scrabble begin at 2:30 p.m. every Saturday.

## Trips

GIAC sponsors the following trips, open to all Club members, other residents and guests:

- May 22 – Partake in “High Tea” at Camellia’s Sin Tea Parlor, which also includes side trips to Meadow-brooke Gourds in Carlisle, Pennsylvania, and a stop at Baugher’s Farm Market in Westminster, Maryland (40 person limit).
- June 4-8 – Enjoy “Cape Cod and the Islands,” an exciting five-day trip to Martha’s Vineyard, and more. This trip is full; wait list only.
- July 24 – Experience Sight and Sound Theater in Pennsylvania to see the musical “Jesus” after a smorgasbord lunch at the Bird-In-Hand Restaurant.

Details about these trips are in the Club Trips section of this publication.

Sign-ups for trips take place during Saturday Afternoon Live (SAL!) from 1:30-3 p.m. in Clubhouse II, when members Joe Parker and Sylvia Pachenker are available to receive payments and answer questions.

The GIAC newsletter, which has more trip information, is also available at SAL.

For more information on trips, call Parker at (301-598-3457) or Pachenker at (301-598-5325).

## Membership

Those wishing to sign up for membership can do so during SAL! from 1:30-3 p.m. in Clubhouse II, when representatives can provide information and answer questions about the club and its activities.

For more information about membership, call club president Marion Callaghan at (301-598-6779).



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## ■ Rossmoor Woman's Club

# Sign Up for Spring Trip

by Marcia L. Elbrand

The Rossmoor Woman's Club takes a trip on Wednesday, April 25, to Thomasville, Pennsylvania, to have High Tea at the Old Farm House. The trip is open to all residents. For more information, see the Club Trips section of this publication.

### Next Chance to Make a Difference

All residents have a chance to support worthwhile local charities by shopping at the Club's vendor sale on Monday, March 26, between 10 a.m.-3 p.m. at nearby Bedford Court, located at 3701 International Drive.

Shoppers will find thousands of accessories and gift items, nearly all priced at

\$6 each. Scarves, well-made costume jewelry, wallets, sox, flashlights, tote bags and children's items are sold, and cash and major credit cards are accepted. The sale is open to the public. Club members will assist shoppers by bagging items and offering friendly fashion tips.

### Membership Reaches New High

A total of 36 new members have joined Rossmoor Woman's Club in the past seven months, an all-time record, according to membership chairperson Arlene Siller.

At the Club's tea in February, several new members cited the opportunity to volunteer and fundraise in the community and at Leisure World as a major reason for joining.

## ■ Leisure World Association for African American Culture (LWAAAC)

# Group Anticipates a Dance Party, Movie and Play

by Patricia Means

On Saturday, March 10, LWAAAC screens the movie "Ghosts of Mississippi" at 4 p.m. in the Clubhouse II auditorium.

Hispanos de Leisure World and LWAAAC co-host the second annual Latin Dance Party on Friday, April 6, from 6-10 p.m. in the Clubhouse I Crystal Ballroom.

For details about these upcoming events, see the events and entertainment section of this publication.

### Additional Activities

Remember to get tickets for the play, "Two Trains Running," shown on Wednesday, April 18, at noon at the Arena Stage in Washington, D.C. Tickets are available from Juanita Sealy-Williams at (301-822-4531). For more information,

see the Club Trips section of this publication.

Don't miss the April edition of "The Drumbeat." To receive the publication, send your email address to (lwaaac1@gmail.com). If you do not have access to email, let the Association know by dropping a note in the LWAAAC mail slot in the Clubhouse I E&R office.

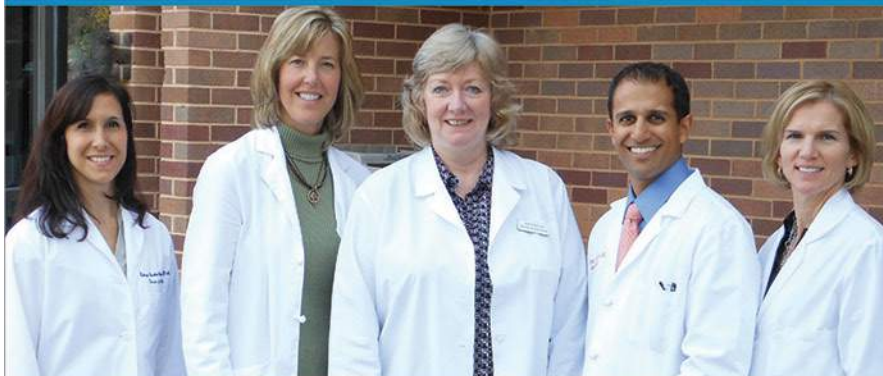
Celebrations II is in the final production stage.

### Membership

The 2017-2018 mid-term membership is \$10 between Jan. 1-June 30, 2018 for new members (not applicable to returning members). Submit payment, check only, payable to LWAAAC, during a meeting, via the LWAAAC mail slot in the Clubhouse I E&R office, or by mailing it to (LWAAAC, PO Box 12316, Silver Spring, MD 20908).



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# Boomers Relive Rock's Glory Days

by Beth Leanza

Active residents who love to listen or dance to music (mostly of the '50s and '60s) are welcome to come and join the Club. The Club also likes to watch movies and play board games.

About once a month, a group of members goes out to dinner, followed by a movie in a local theater. And at other times, Club members get together to watch a movie in the Clubhouse II auditorium.

The next movie is scheduled for Friday, March 16, at 7 p.m., with the movie title to be determined.

About 20 Club members are going to Sherwood High School on Sunday, March 11, for "Rock and Roll Revival." And some members are seeing a live production of "Newsies" at Toby's Dinner Theater in April.

Each month, the Sock Hop Club (an offspring of the Baby Boomer Club) holds a dance. Bring snacks, a small fee to pay the DJ, and your own beverage.

## Join Us

Send Club dues, \$5 per person, checks preferred, payable to Baby Boomer Club, to membership chair Susan Landesberg at (3505 Twin Branches Ct. 37-C).

Be sure to include your email address as the Club mostly communicates by email with reminders and invites to activities. Include also a phone number and address if not on the check.

Emails are limited to activities – both Club-related and otherwise – that Club members might like. Residents who do not have email are asked to write "no email" on the check.

The Club strongly encourages these folks to connect with a Club member who does use email, so as not to miss out on activities.

## Not Getting Emails?

Residents who joined the Club but are still not receiving emails are asked to contact

Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

Some email servers think emails sent to large groups are spam and automatically put them into a "Spam" or "Junk" folder. To help prevent that, add the Club's email address, (bbclw@googlegroups.com), to your address book or contact list.

## Friday Hikes with Dawn

Many walkers meet up at the walk site, but if you want to carpool, contact Dawn Carlisle at (301-598-7098) by Thursday evening. Always bring water to each hike.

- March 9 – Crescent Trail (Bethesda). Meet and park in the Bethesda Swimming Pool parking lot at 1:15 p.m. Bring water. Drive through the Connecticut Gate and, at the traffic light, cross Bel Pre Road to continue onto Connecticut Avenue. Drive south for 8.7 miles. Turn right onto Bradley Lane,

and drive for 1.1 miles. Turn left onto Hillandale Road, and drive for 0.4 miles. Turn right onto Little Falls Parkway, and drive for 233 feet.

- March 16 – The Audubon Naturalist Society, Woodend Sanctuary (Chevy Chase). Meet in the parking lot near the gift shop at 1:15 p.m. Bring water. Drive through the Connecticut Gate and at the traffic light, cross Bel Pre Road to continue south on Connecticut Avenue for approximately five miles. Turn left onto Plyers Mill Road. Take the first right onto Metropolitan Avenue. Turn right onto Stoneybrook Drive and continue onto Jones Mill Road for .6 miles. Woodend Sanctuary is on the right.

## Sunday Morning Walks

Early birds who like a longer walk are invited to join up with Boomers on Sundays at 8:30 a.m. at the corner of Leisure World Boulevard and Arden Court (across from Kelmscot Drive). The walkers usually go out to breakfast afterward.

## Weeknight Walks

A smaller group of walkers meet Monday through Friday, at 5:15 p.m. in the Clubhouse I lobby. They walk approximately one mile around the Broadwalk in Montgomery Mutual. If new to the group, ask around – they don't make an announcement.

## Volkssport Walks

One Club member is also a member of the American Volkssport Association. He posts their walk information on the Baby Boomer Club website, available at (bbclw@googlegroups.com). Under Calendar, click on "Walks."

## Mah Jongg

Experienced mah jongg players can join a group that meets on Tuesday and Wednesday nights at 7 p.m. in Clubhouse II. Email Donna Copeland at (dc@grand-mathegeek.com) for more information.

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# Learn Your iPhone Using a Collection of Tips

by Brent Malcolm

The Tuesday morning clinics in the Computer Learning Center often have visitors with a new iPhone who have only limited knowledge of all the many functions the device can perform.

This is not their fault; Apple simply doesn't provide a user manual with their phone.

However, Apple does supply a little-noticed app called Tips that is a collection of just that – tips for how to use the iPhone.

The Tips app is supplied as part of the iOS operating system. The Tips icon has a yellow background containing a white bulb shape containing a yellow "T."

Users who can't find it can swipe down in any screen and enter "tips" in the search box,

and the Tips icon will appear.

Opening the icon reveals a collection of tips: What's New in iOS11, Featured, Everyday Essentials, Fantastic Photos, Mastering Messages, iCloud and You, and Apple Music.

The What's New section contains a description and instructions for using five new functions added with iOS11: Customizable Control Panel; Files App; Safer Driving; Live Photo Effects and Your Personal DJ.

In addition, a link to Apple shows a multitude of new functions for both the iPhone and iPad.

The Featured section contains approximately 13 tricks that can enhance the use of the iDevice. Examples include Track a Flight; Quick Access to Punctuation; Share Your Location in Messages; Ask Siri to Translate and Scan QR Codes. This list changes from time to time.

Everyday Essentials has tips such as Remove Webpage Clutter (similar to Reader View in macOS); Take a Screenshot; Talk Instead of Type and Type Accented Characters.

Fantastic Photos provides seven tips showing how users can improve their picture-taking and editing skills.

iCloud and You gives basic instructions on how to incorporate iCloud into the user's normal workflow with his or her iPhone or iPad.

For more detailed information on operating the iDevice, download an actual User Guide.

Open the iBook app, and then touch the search icon in the dock at the bottom of the screen. Begin typing "iphone" or "ipad" and a list of guides appears.

Touch the listing and a series of guides appear. Choose the guide needed, and touch "Get."

## Today's Tip – Easily Send an iPhone Call to Voicemail

When a call comes in and a

user is not logged in, he or she does not see the red Decline button.

But users can still decline the call easily and quickly by clicking the Sleep/Wake button twice; it's either on the top or the side of the phone, depending on the model.

For more information about LW Apple Club, visit (<http://mac.computerctr.org>).



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## Comedy and Humor Club

# Steven Wright's Wry Humor Carries the Day

by Al Karr

When it comes to tickling the fancy of Comedy and Humor Club members, standup jokesters may elect to present a potpourri of the comedy of one famous comic or another, usually from the past.

So, it was at a recent Club meeting, when Rudy Volin entertained members with a rundown of the wry (to say the least) humor of Steven Wright. This ingenious comic, as Volin put it, had a mind that sees things more differently than most.

Volin relayed several of Wright's comedic gems, including, "I'd kill for the Nobel Peace Prize, "Half the people you

know are below average" and "How do you tell when you're out of invisible ink?"

The Club meets every Tuesday at 1:30 p.m. in Clubhouse II. Residents who would like to laugh at some jokes or funny antics are welcome to join in.

Others who showed up at the microphone were Bernie Petlan, new member Wally Becker, Fred Firnbacher, Skip Schoening, Mercedes Bautista, Sam Hack, treasurer Sumner Levin and Al Karr.

Here is a sampling of the jokes told by members:

- Bernie – A demanding husband left his wife a note telling her to wake him at 5:30 a.m. the next day so he could catch an early flight. When he finally woke up, around 7 a.m., he found a note by his bedside that read, "It's 5:30; wake up."
- Fred and Skip recited the old Jack Webb/Johnny Carson dialogue about a crime called "The Copper Clapper Caper," full of "C" and "Cl" words.
- Betty – Where there's a will, there's a relative
- Mercedes described beautiful tiered rice fields on a mountain in the Philippines, her homeland – not funny, but a nice image.

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# Clubs, Groups & Organizations In Brief

**Amateur Radio Club:** Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

**Book Club Network:** The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

**Clipper Workshop:** Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

**Computer Learning Center:** Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit ([www.computerctr.org](http://www.computerctr.org)) or contact the E&R office in Clubhouse II at (301-598-1320).

**Girls of Fun Bunch (Widows):** We will meet again on Sunday, March 25, at noon for lunch in the Terrace Room in Clubhouse I. Then, at 1 p.m., we will move to the Potomac Room in Clubhouse I for trivia games. This event should be a lot of fun and, while there, we will discuss other new fun things to do in the near future. We hope to see you there. Please RSVP to Marlene at (301-438-7773) so we can get a count of people coming for the lunch and for the trivia game event. Don't forget to bring pen and paper with you, and a snack. Thanks, and let's have some fun!

**Hispanos de Leisure World:** We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

**Jewish Discussion:** Hello to all Jewish residents of Leisure World. A discussion group meets on the fourth Sunday of every month (except July and August) at 10:30 a.m. in Clubhouse II. Be prepared for lively discussions about Israel and other topics of Jewish interest. Please give us a try; we think you'll like us.

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is March 9. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

**LW Discussion Group:** The group meets the third Wednesday of each month at 1:30 p.m. in Clubhouse II. Various members lead discussions on hot topics and current events. For more information

on this, at times, provocative and always enlightening group, please contact Phil Wendkos at (301-598-0109) or ([pwendkos@gmail.com](mailto:pwendkos@gmail.com)).

**LW LGBT Alliance:** Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, email us at ([lwlgbt@gmail.com](mailto:lwlgbt@gmail.com)).

**Musical Jammers:** We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no commitments. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 780 members. Go to ([www.nextdoor.com/join](http://www.nextdoor.com/join)) and enter the code QHMXCF.

**The Philadelphians:** We meet in Clubhouse II by the fireplace on the first Wednesday of the month at 11 a.m. Any questions? Call Steve Kane at (301-598-2330).

**Quilt Group:** Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is March 8.

**Stitchers Group:** Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. We are currently reading from "The Oxford Book of American Short Stories," 2nd edition, editor Joyce Carol Oates. On Wednesday, March 7, Roy Saltman will lead a discussion of "Hunters in the Snow" by Tobias Wolff. On Wednesday, March 21, Beth Leanza will lead a discussion of "The Things They Carried" by Tim O'Brien. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

**Stamp and Coin Club:** Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

**Wood Shop Users Group:** The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

**Women in the Military:** Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

# Leisure World Club Trips

The next deadline for trip submissions is **Monday, March 5**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. **Email** your trip information to **lwnews@lwmc.com**.

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

## March 6 Dennis and Phillip Ratner Museum

**Hadassah** invites you to join our visit to the Dennis and Phillip Ratner Museum on Tuesday, March 6, at 10:30 a.m. The museum is located at 10001 Old Georgetown Rd., Bethesda, Maryland, at the corner of Old Georgetown Road and Lone Oak Drive.

The donation to Hadassah is only \$5 and can be paid at the museum. During the visit, you will meet artist Phillip Ratner and become acquainted with the permanent collection of Phillip Ratner's art including sculpting, drawing, painting and graphics plus the works of established and emerging artists.

Off-street parking is available at the museum. Carpooling is encouraged. The building is fully accessible. RSVP to Judy Rumerman at (judyrumerman@gmail.com) or (301-680-0850) to join the tour.

There are many restaurants nearby, if you would like to have lunch after your visit.

## March 22 Harrington Casino in Delaware

Come with the **Going It Alone Club** on a trip to Harrington Casino. At the discretion of the casino, receive \$15 in slot play and a \$7 buffet credit.

The cost is \$25 for Club members and \$32 for non-members.

Sign up at Saturday Afternoon Live (SAL!) from 1:30-3 p.m. in Clubhouse II. If you have a casino card number, bring it with you at sign up.

No refunds will be made after Saturday, Feb. 24, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## April 8-15 Bermuda Cruise

Join **NA'AMAT** on a seven-night cruise to Bermuda on the Carnival Pride, leaving from Baltimore.

Cabin prices are: balcony \$1,897 per person, double occupancy; outside \$1,562 per person, double occupancy; inside \$1,472 per person, double occupancy. Pricing includes transportation to/from pier, insurance, gratuities, cruise fare, taxes and fees. Passport required.

Call Jill, Eyre Leisure World Travel, to reserve your cabin, at (301-598-1599) or (301-854-6600 x 3225). Questions? Call Trudy Stone at (301-438-0016).

## April 25 "Two Trains Running" at Arena Stage

Join **LWAAAC** at a noon performance of the play, "Two Trains Running," on Wednesday, April 18, at Arena Stage in Washington, D.C.

From playwright August Wilson comes this masterpiece drama about everyday lives in Pittsburgh, Pennsylvania, during the Civil Rights Movement.

Tickets, \$65 per person, include transportation, and must be purchased by Saturday, March 10. Place a check, payable to LWAAAC, in the LWAAAC mail slot in the Clubhouse I E&R office. Email addresses should accompany checks. For additional information, call Juanita Sealy-Williams at (301-822-4531).

## April 25 High Tea at the Old Farm House

Join members of the **Rossmoor Woman's Club** on an excursion to Thomasville, Pennsylvania, to have High Tea at the Old Farm House. Built in 1863, the Old Farm House features antiques and collectibles. On the way back to Leisure World, the group stops at Brown's Orchard and Farm Market for a bit of shopping.

The cost is \$78 per person and reservations can be made by calling Eyre at (301-598-1599) or (301-854-6600, ext. 4) or by stopping by the Eyre office in Clubhouse I.

## May 22 Camellia's Sin Tea Parlor and Meadowbrooke Gourds

Join the **Going It Alone Club** for High Tea in Carlisle, Pennsylvania. The tea includes salad, scones, petite sandwiches, desserts and seasonal teas. Then it's off to Meadowbrooke Gourds for a demonstration of crafting gourds into works of art. On the way home, we stop at Baugher's Farm Market in Westminster, Maryland, for a little shopping.

The cost is \$68 for Club members and \$75 for non-members. The bus leaves Clubhouse II at 10 a.m. and returns at approximately 8 p.m.

Sign up at Saturday Afternoon Live (SAL!) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, April 21, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## June 4-8 Cape Cod & the Islands, Massachusetts

Join the **Going It Alone Club** for an excursion that includes Cape Cod, Martha's Vineyard, plus guided tours of Hyannis, Sandwich, Provincetown and Chatham, along with visits to the JFK Museum, the Sandwich Glass Museum and the Eastham Windmill.

The cost is \$460 for Club members and \$467 for non-members, double occupancy (\$135 additional for single occupancy). A \$200 reservation deposit is due at sign up with the balance due by Saturday, March 31. Wait list only. Trip cancellation insurance is available at sign up.

Sign up at Saturday Afternoon Live (SAL!) from 1:30-3 p.m. in Clubhouse II. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## July 24 "Jesus" at Sight & Sound Theatre

Come with the **Going It Alone Club** to see the musical, "Jesus" at the Sight & Sound Theatre in Lancaster, Pennsylvania. Also enjoy a smorgasbord lunch at the Bird-in-Hand Restaurant.

The cost is \$110 for Club members and \$117 for non-members, and includes lunch, show, transportation, tax and driver and restaurant gratuities.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 30, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.





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## Upcoming Courses & Events

**Habla conmingo by Judy Frumkin** (each class is limited to 30)  
Part 1

Tuesdays March 6 - May 29, 2018 1 - 2:30 PM FEE \$15.00

Part 2

Tuesdays March 6 - May 29, 2018 10 - 11:30 AM FEE \$15.00

**How Hearing Loss Affects Your Brain by Dr. Julie Ambrose**

Tuesday March 13, 2018 1:30 PM FREE

**A Unique Tool for Communication by Diane Bradley**

Tuesdays March 13, 20, & 27, 2018 10 - 11:15 AM FEE - \$15.00

**Genetics and Hearing by Helen Maunsell, NIH**

Friday March 16, 2018 2:00 PM FREE

**Election Preparation Day**

Thursday April 19, 2018 10AM - 2PM. Clubhouse II Activities Room.

**Ballroom Dancing - Basics by Semoon Chang**

Fridays March 30 - April 20, 2018 10 - 11 AM FEE \$15.00

**Aging in Place by Pazit Aviv**

Tuesday April 3, 2018 2:00 PM FREE

**Reflective Writing by Martha Witebsky**

Tuesdays April 17 - May 22, 2018 2 - 3:30 PM FEE \$15.00

**American Architectural History by Bill Lebovitch**

Monday April 23, 2018 2:00 PM FREE

**Good Deeds Tech Day at the Computer Center**

JDS Students

Sunday April 29, 2018 11 AM - 1 PM FREE

**Coping With Digital Photography by Fred Shapiro**

Thursdays May 3 - June 7, 2018 1 - 2:30 PM FEE \$20.00

**What Now! Discover Your Strengths by Connie Inuikai**

Monday May 14, 2018 2:00 PM FREE

**Join Me in Antarctica by Diane Bradley**

Tuesday May 15, 2018 11:15 AM FREE

For more details about the above courses and events, see the ***Classes & Seminars*** section in this edition, and inquire and register at **E & R office in Clubhouse I**. For the Digital Photography class, register at **Clubhouse II**

If you would like to teach a course or help with the management of CLL, please call:

**Fred Shapiro at 301-598-7949 or Lynne Margolies at 301-822-3162**

### **CLL ANNUAL MEETING MAY 7, 2018**

**Business and Social 1:00 PM**

**Maintain an Active Pain-Free Life in Spite of Arthritis 2:00 PM**

# SPORTS, GAMES & Scoreboards

## ■ Chess Club

### Intangible Culture, Tangible Chess

by Bernie Ascher

**W**e live in a disposable world. We don't take care of old things or fix them. We throw them away and get new ones to replace them. We are accustomed to living this way.

Bucking the trend is difficult, but there is an international organization dedicated to protecting beloved old cultural and natural sites – UNESCO.

The organization's World Heritage Committee manages the program and maintains lists of these sites based on a 1972 international convention, ratified by 193 countries. The objective is to conserve historic sites for posterity by protecting them from commercialization, decay and destruction.

Since 1975, when the convention came into force, 1,073 sites in 167 countries have been registered (as of July 2017). Italy has the greatest number of registered sites (53), but China is a close second with 52. The U.S. is tenth with 23.

Italy's sites include historic centers of Florence, Naples and Rome (including the Holy See), Venice and its Lagoon, and Pisa. China's include the Great Wall and

the Ming Tombs. The U.S.' includes the Grand Canyon, the Statue of Liberty and, most recently, the Alamo.

Listing a site on the register confers official status to the site as a protected zone. In addition to buildings, monuments and other physical sites, UNESCO began maintaining a list of intangible cultural heritage in 2001 to raise awareness of customs and traditions and to encourage local communities to protect them.

These intangibles include national cuisines (French, Mexican and Japanese); dances, such as flamenco (Spain), tango (Argentina, Uruguay) and rumba (Cuba); bullfighting (Spain); beer (Belgium) and Yoga (India).

Can chess be far behind? As a matter of fact, in 2014, the presidents of the European Chess Union and the French Chess Federation met with UNESCO's Director-General to discuss recognition of chess as an intangible world heritage. Evidently, no action has been taken since then.

However, the German chess village of Ströbeck is recognized by the German Commission for UNESCO, which maintains its own Inventory of Intangible Cultural Heritage. Chess has

been at the heart of Ströbeck life since the year 1011. The village developed its own rules, including special moves, additional pieces, cryptic commands and a board with 96 squares.

Beginning in 1823, chess education has been mandatory in primary schools. Prospective grooms are required to play chess against the mayor in order to win their bride. One groom who lost to the mayor had to pay 70 euros to the chess club to marry his bride. UNESCO is likely to add this pre-wedding tradition to its registry some day.

Cultures can also be removed from the list, as in the case of Viennese balls, an Austrian tradition and a highlight of the social calendar, where eligible bachelors waltz with glamorous debutantes during the first months of the year.

An Austrian culture committee, in 2012, recommended removal due to public pressure from critics who claim that the Ball des Wiener Korporationsrings, known as the WKR-Ball attracts neo-Nazis from across Europe.

Chess players at Leisure



World are keeping the game alive without UNESCO protection. In the game pictured on this page, Black is threatening to promote a Pawn to a Queen at f1. What is White's best move?

The answer follows this reminder that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free. For further information, call Club president Bernie Ascher at (301-598-8577).

**ANSWER:** White captures the Black Rook at a8 with the Bishop. Now, no matter what Black does (Queen the Pawn or capture the White Bishop), he/she cannot prevent check-mate by the Rook at c8.

So do not wait for an international convention. Do not wait to play a game with the mayor. Do not wait for UNESCO recognition. Play chess now!



Kathleen Kane, Assoc. Broker

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Eileen Kane, Assoc. Broker

**J – SORRY! It's under contract!** But keep checking, there will be others! Fabulous "J" model with garage in Building Two of **The Greens**. **\$200,000**

**Q w/ GARAGE – In Creekside. COMING SOON!** First floor with walkout patio, hardwood floors, ceramic tile, granite, stainless steel kitchen appliances. Everything first class. Convenient garage space location. **\$449,000**

**B – In Turnberry Courts, Building 3** on the 5th floor, two bedrooms, two baths, living room, dining room, table-space kitchen, enclosed balcony, light and bright. **\$188,900**

**RENTALS:** 2 BR, 2 Bath in **Fairways South** w/ garage space, \$1,750/month + electric; **ARBOR in The Pines**, 1 BR + Den, 1 full & 1 half baths, \$1,350/month + electric.

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**BUYERS –** With low inventory and still very low interest rates, now is the time to put your house on the market and join us in the wonderful community of Leisure World!

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## ■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

### Tuesday, Feb. 6, 2018

#### North-South

##### Flight A

1. Marlys Moholt – Jerry Miller
2. Diane Keiper – Nadyne Cheary
3. Alfred Caponiti – John Ryan
4. Lorraine Hegel – Robert Kerr

##### Flight B

1. Rosmarie Sutor – Thomas Leahy
2. Palma Seeger – Jim Anschutz

#### East-West

##### Flight A

1. Gerald Lerner – Aaron Navarro
2. (tie) LeAnna Gipson – Michael Kravitz
- (tie) Joe Boland – Howard Brewer
4. Beth Harper – Sharon Strong

##### Flight B

1. LeAnna Gipson – Michael Kravitz
2. Beth Harper – Sharon Strong

### Friday, Feb. 9, 2018

#### North-South

1. Aaron Navarro – Judith Perrier
2. Angela Riani – Elly Gotkin
3. Susan Weiss – Sue Swift

##### Flight B

1. Susan Weiss – Sue Swift

#### East-West

1. Wendy Morrison – Saul Penn
2. James Cowie – Stephan Billstein
3. Nancy Gordon – Joan Marie Thomas

##### Flight B

1. James Cowie – Stephan Billstein

### Tuesday, Feb. 13, 2018

#### North-South

1. Diane Keiper – Marshall Kramer
2. Marilyn Udell – Maida Crocicchia
3. Aaron Navarro – Sue Swift
4. Shirley Light – Rosmarie Sutor

#### East-West

1. Nadyne Cheary – Saul Penn
2. Merrill Stern – Doug Brasse
3. Ann Parrot – Mary Lafferty
4. Dora Levin – Abigail Murton

### Friday, Feb. 16, 2018

#### North-South

##### Flight A

1. James Cowie – Stephan Billstein
2. Rosmarie Sutor – Shirley Light
3. Ann Ruth Volin – Roberta Jainchill

#### East-West

##### Flight A

1. Lorraine Hegel – Saul Pen
2. Ted Michos – Sue Swift
3. Norman Salenger – Linda Mihm

##### Flight B

1. Ted Michos – Sue Swift
2. Norman Salenger – Linda Mihm

## ■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

### Feb. 7, 2018

1. Joyce and Dick Riseberg, 5,050
2. Sally McGowan and Joann Gellman, 3,850
3. Marcia and Monroe Elbrand, 3,720

### Feb. 14, 2018

1. Ann and Joe Boland, 4,560
2. Joyce and Dick Riseberg, 4,310
3. Sally McGowan and Joann Gellman, 3,710
4. Joyce Fischer and Joan Thomas, 3,240

## ■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

### Feb. 8, 2018

1. Vicky Shaz, 3,550
2. Shirley Gilmore, 2,990
3. Jo Ann Gellman, 2,660

### Feb. 15, 2018

1. Helen Montanaro, 3,620
2. Dolores Shapiro, 3,020
3. Ellen Reitkopp, 3,010

## ■ Friday Bridge

Compiled by Betti Goodman

### Feb. 2, 2018

1. Betti Goodman, 5,140
2. Shirley Rosenhaft, 3,930
3. Jerry Weiss, 3,750
4. Mort Faber, 2,830

### Feb. 9, 2018

1. Betti Goodman, 5,270
2. Shirley Griffin, 3,710
3. Helene Kurtzman, 3,040
4. Len Bosin, 3,010

## GOLF CARTS: RULES OF THE ROAD

Golf carts must be driven on the right hand side of the road nearest the curb. Operators must obey all traffic rules and regulations. Driving golf carts is prohibited outside the community, including the Leisure World Plaza!

Parking or driving carts on any turf areas is prohibited unless areas have been designated for golf cart usage. Golf carts parked in unauthorized areas are subject to towing at the owner's expense.



Photo by Leisure World News

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# Half and Half Makes One Full Lead

by Rita Mastrorocco

The following bad weather rule is in effect for winter: If Montgomery County Public Schools are either closed or on a two-hour delay based on snow or icy conditions, the league does not bowl.

The league is based on handicaps with averages for the bowlers ranging from 93 to 177. If you have not bowled in years, come out and join the fun.

The top League standings as of Feb. 16 are: Half and Half in first place; Wild Things in second place; and Winners in third place.

**Top scores for the week of Feb. 9 are:**

Scratch Game – Wild Things, 732 pins

Scratch Series – Wild Things, 2,019 pins

Handicap Game – Wild Things, 956 pins

Handicap Series – Wild Things, 2,691 pins

High Average Men – Steve Hays, 176 pins

Scratch Game Men – Chris Shaffer, 208 pins

Scratch Series Men – Steve Mueller, 534 pins

Handicap Game Men – Chris Shaffer, 275 pins

Handicap Series Men – Don Manouelian, 695 pins

High Average Women – Chris Porter, 162 pins

Scratch Game Women – Jessica Stephens, 202 pins

Scratch Series Women – Jessica Stephens, 531 pins

Handicap Game Women – Rita Mastrorocco, 275 pins

Handicap Series Women – Jessica Stephens, 696 pins

**Top scores for the week of Feb. 16 are:**

Scratch Game – Hooks N Curves, 675 pins

Scratch Series – Wild Things, 1,922 pins

Handicap Game – Hooks N Curves, 917 pins

Handicap Series – C.A.S.H., 2,653 pins

High Average Men – Steve Hays, 177 pins

Scratch Game Men – Chuck Martinez, 221 pins

Scratch Series Men – Steve Mueller, 608 pins

Handicap Game Men – Chuck Martinez, 268 pins

Handicap Series Men – Steve Mueller, 740 pins

High Average Women – Chris Porter, 163 pins

Scratch Game Women – Chris Porter, 193 pins

Scratch Series Women – Chris Porter, 522 pins

Handicap Game Women – Myra Galinn, Kazue Waller and Chris Porter, 245 pins

Handicap Series Women – Barbara Martin, 700 pins

and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Rd., in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$10.

If interested, please call Rita at (301-814-9196).



You do not need to be a good bowler to join. Come

## Leisure World News

### Sports, Games & Scoreboards In Brief

**Bid Whist:** Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse I Pantry Room. Questions: Call Jessie at (314-374-4501).

**Bridge:**

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne at (301-598-5677).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

**Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White at (301-438-7892) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

**Mah Jong:** Learn how to play Mah Jong. Call (301-598-3438).

**Ping Pong:** Get healthy exercise and camaraderie playing ping pong. The club meets every Wednesday and Friday, from 1-3 p.m., in Clubhouse II multi-purpose room. Drop in anytime during that period. Some experience preferred. If interested, call Julie Friedman at (301-598-5424).

**Pinochle Players:** Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

**Poker:**

• A few poker game openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Poker** – play Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

**Indoor Pool Volleyball:** Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.



# The Karen Rollings Team



**Karen Rollings**



**Kathy Workman**



**Sherry Felice**

## 301-924-8200

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Olney, MD 20832  
301-260-7700



## Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
3386 CHISWICK CT #50-2D	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	2	1	\$124,900	\$124,900	\$3,747
3335 LEISURE WORLD BLVD #97-D	MONTGOMERY MUTUAL COOP	Townhouse	2	2.5	\$159,900	\$150,000	\$2,500
3457 CHISWICK CT #72-A	MONTGOMERY MUTUAL COOP	Duplex	2	1.5	\$250,000	\$241,000	\$0
3123 FARNBOROUGH CT #259-B	ROSSMOOR MUTUAL #11	Patio Home	3	2	\$177,500	\$174,000	\$1,500
3619 CHORLEY WOODS WAY #7	ROSSMOOR MUTUAL #13	Patio Home	2	2	\$254,900	\$250,000	\$0
3511 FOREST EDGE DR #17-1G	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	3	2	\$214,900	\$213,000	\$1,500
15111 GLADE DR ##12-3 E	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	2	2	\$139,000	\$133,000	\$0
3510 FOREST EDGE DR #16-3E	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	2	2	\$139,950	\$134,000	\$0
15301 BEAVERBROOK CT #2C	ROSSMOOR MUTUAL #19B	Garden 1-4 Floors	2	2	\$144,900	\$148,000	\$0
15201 ELKRIDGE WAY #93-3E	ROSSMOOR MUTUAL #19B	Garden 1-4 Floors	3	2	\$199,000	\$185,000	\$0
15100 INTERLACHEN DR #126	THE GREENS	Hi-Rise 9+ Floors	2	2	\$179,000	\$168,000	\$0
15101 INTERLACHEN DR #1-706	THE GREENS	Hi-Rise 9+ Floors	2	2	\$144,900	\$144,900	\$3,000
3005 LEISURE WORLD BLVD #718	TURNBERRY COURTS	Hi-Rise 9+ Floors	2	2	\$213,000	\$200,000	\$0
2900 LEISURE WORLD BLVD #314	TURNBERRY COURTS	Mid-Rise 5-8 Floors	2	2	\$305,000	\$300,000	\$0
3210 LEISURE WORLD BLVD #619	VANTAGE POINT WEST	Hi-Rise 9+ Floors	1	1.5	\$157,000	\$157,000	\$0



**ACTIVE!!!**

### 15107 Interlachen Drive, #2-507

2 Bedroom, 2 Full Bath condo with enclosed balcony w/ awesome view of the golf course!!



**UNDER CONTRACT!!!**

### 3459 Chiswick Court, #74-D

Updated appliances in Kitchen. Enjoy relaxing on your private fenced in patio!



**SOLD!!!**

### 15407 Prince Frederick Way, #98-C

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### Scott Keenum

- ✓ Resident of Leisure World & represented Leisure World at the Maryland Senior Olympics winning a Silver Medal in Pickleball
- ✓ U.S. Army Veteran
- ✓ 30 Years of Experience in the Mortgage Industry



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# CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

**\*\*\*Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

## Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



### EDUCATION

#### NEW – Beginner Bridge:

Topics of play include point count, opening bidding, responding and play of hand. Topics vary according to the level of participants.

This class, led by Roz Dixon, meets Fridays, March 9-April 20 (no class April 13), 2:30-4:30 p.m. **Fee: \$36. Register at Clubhouse I.**

#### NEW – Intermediate

**Bridge:** Topics of play include NT, Stayman, transfers, Smolen, play of hand, opening leads and defense. Topics vary according to the level of participants.

This class, led by Roz Dixon, meets Wednesdays, March 7-April 11, 2:30-4:30 p.m. **Fee: \$36. Register at Clubhouse I.**

#### NEW – En avant! French in Action for Beginners:

This class, led by Gilles Gouin, is for beginners or people who have taken French and would like to refresh his/her knowledge. The focus of the class is to provide basic French grammar so that participants can communicate in the target language (i.e. French) at the survival level.

In addition to learning basic French grammar and vocabulary, course topics include greetings and farewells, family members, numbers, dates, telling time, health, colors, household objects, and more.

Class meets Tuesdays, April 24-June 12, 10-11 a.m. **Fee: \$15. Register at Clubhouse I.**

#### NEW – En avant! French in Action for Intermediates:

This class, led by Gilles Gouin, is for intermediates who have some solid knowledge of French and want to build on their knowledge in order to sustain some conversation.

The focus of this class is to provide basic French grammar in context so that students are able to communicate more easily in the target language (i.e. French) at a functional level.

In addition to reviewing basic French grammar and vocabulary, this course covers more advanced French grammar in context, and French vocabulary for numbers, weather, dates, telling time, health, colors, household objects and more.

Students are expected to speak in French most of the time. They will be able to describe a picture or photo, and also express themselves in the present, past and

near future.

Class meets Tuesdays, April 24-June 12, 10-11 a.m. **Fee: \$15. Register at Clubhouse I.**

#### NEW – Reflective Writing: Finding Your True Voice, a

**CLL course:** Reflective writing uses a process based on the book, "Writing the Mind Alive: The Proprioceptive Method for Finding Your Authentic Voice" by Linda Trichter Metcalf and Tobin Simon.

In the first session instructor Martha Witebsky explains the technique and gives some written examples. Participants gather around a table to write as baroque music plays, and then may choose to share their writing with the group.

The objective is to explore thoughts that have been repressed and, perhaps, have kept a person from functioning well. The practice is different from meditation in that individuals explore their thoughts rather than free their mind of them. This approach liberates the individual from the power these unexplored thoughts have had upon them.

Class meets Tuesdays, April 17-May 22, 2-3:30 p.m. **Fee: 15. Register at Clubhouse I.**

#### ¡Habla Connmigo! a CLL

**course:** Participants will develop an appreciation and understanding of Spanish and the Spanish-speaking world and will be able to use Spanish in conversation on topics covered. Students will use the text, "Spanish is Fun."

The class is taught by Leisure World resident Judy Frumkin and meets Tuesdays, March 6-May 29, 1-2:30 p.m. **Fee: \$15. Register at Clubhouse I.**

#### ¡Habla Connmigo! Part II,

**a CLL course:** Using the text, "Spanish is Fun," participants will continue the study they started in September 2016. The class will cover further chapters of the book and will talk about the culture of Spanish-speaking countries.

The class is taught by Leisure World resident

Judy Frumkin and meets Tuesdays, March 6-May 29, 10-11:30 a.m. **Fee: \$15. Register at Clubhouse I.**

*For more information about the Center for Lifelong Learning (CLL) and its instructors, visit ([www.cllmd.com](http://www.cllmd.com))*

#### NEW – Exploring Ultra-Orthodox Judaism,

**an ALL course:** Join scholar Ira Weiss in this exploration of the ultra-orthodox community in Israel as portrayed in the acclaimed Israeli television series "Srugim." Weiss introduces each episode and leads a follow-up discussion.

Class meets Thursdays, April 12-June 7 (no class May 24), 10:30 a.m.-noon. **Fee: \$27. Register at Clubhouse I.**

*Adult Living and Learning (ALL) programs are co-sponsored by the Jewish Residents of Leisure World (JRLW) and the Bender JCC of Greater Washington.*

**The "Emoluments Clause" – What is it?** Find out what relevance this little-known clause in the Constitution of the United States holds today.

"One of the weak sides of republics, among their numerous advantages is that they afford too easy an inlet to foreign corruption." The Federalist No. 22, Alexander Hamilton, 1787.

Fee includes pocket-sized edition of the Constitution of the United States. For more information, contact Betty Smith, BS, MLS at (301-598-4245).

This two-session class meets Wednesdays, March 21 and 28, 6-8 p.m. **Fee: \$15. Register at Clubhouse I.**

### EXERCISE

#### NEW – Line Dance with

**Wendy:** This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.



Class meets Mondays, April 2-June 4, from 2-2:55 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$40 per session. Register at Clubhouse II.**

**NEW – Tennis for Beginners:** Learn basic strokes: forehand, backhand, volley and serve. Students will be able to play a game of tennis. The instructor is Tom Meyer.

Class meets Sundays, April 1-April 22, 1-2 p.m. **Fee: \$35. Register at Clubhouse II.**

**Move It or Lose It:** Enjoy dancing to the rhythm of a beat? These aerobic exercises will keep you moving and up on your feet.

Movements are designed to promote cardiovascular health while having fun. Warm up and cool down are designed to strengthen and tone.

Questions? Contact Betty Smith, Certified Group Exercise Instructor, at (301-598-4245).

Class meets Wednesdays, March 21-April 18, 4-5 p.m. **Fee: \$29. Register at Clubhouse II.**

**Move to the Beat, Evenings:** This class is for those who do not like to exercise but, as the doctors tell you, you have to keep moving. So, grab a friend and let's have fun as we move by walking, stretching and dancing to music from the '40s on. (Singing along is allowed!)

All you have to do is follow Gerry as she leads you through your moves. Your moves are a little ballet, a little jazz, a little salsa, and more. Remember, your moves should always be done at a pace that is comfortable for you.

Sign up now for this fun, no pressure class. For more information, call Gerry at (301-438-7452). Class meets Tuesdays, March 20-April 24, 6:15-7 p.m. **Fee: \$39. Register at Clubhouse II.**

**Introduction to Dancing for the Hesitant Beginner, a CLL course:** This course is designed for residents who may be too shy or timid to participate in dancing, but want to learn more about dancing and to be introduced to dancing opportunities within the community.

The emphasis of the course is

to encourage and guide students toward greater participation in dance opportunities, like the Sock Hop Group, in the community. No partner is required in order to take this course.

The instructor is resident Semoon Chang, who is a member of the Sock Hop Group and the Leisure World Ballroom Dance Club, as well as an occasional

instructor of basic dance steps at the monthly Sock Hops.

Class meets Fridays, March 30-April 20, 10-11 a.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit ([www.cllmd.com](http://www.cllmd.com))



## FAMILY FOOT & ANKLE ASSOCIATES OF MARYLAND

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**Sue Heyman 301-580-5556**



**JUST LISTED! \$138,900**

**Garden Apartment Condo**  
2BR, 2FB, fresh paint, new fridge & faucet, lge laundry rm, wooded view, most utilities incl!



**JUST LISTED! \$159,900**

**Fairways Hi-Rise "E"**  
2BR, 2FB, fresh paint, new carpet and cabinets, granite counters, view of fountain & ponds, 980 sf!



**COMING SOON! \$175,000**

**"Berkley" Co-op Townhouse**  
2BR, 1FB, 2HB, contemporary renovation top to bottom, open kit w/ quartz, stainless steel!



**COMING SOON! \$180,000**

**Vantage Point Hi-Rise "B"**  
Luxury bldg, 2BR, 2FB, traditional floor plan, kit pass-thru to DR, owner's BR w/ step-in shower!



**UNDER CONTRACT! \$439,900**

**Creekside Mid-Rise "H"**  
Garage spc, 2BR + den, 2FB, end unit, multiple exposures, HWD flrs, exquisite kit w/ granite!



**LISTING JUST SOLD! \$99,000**

**"Hampton" Co-op Apartment**  
2BR, 1FB, full-size w/d in unit, all utilities included in monthly fee, assigned parking!



**LISTING & BUYER SOLD! \$254,900**

**English Village Condo Patio Home**  
2BR, 2FB, 2-car gar, enclosed patio w/ low-maintenance fence & gate, all electric, utilities included.



**LISTING & BUYER SOLD! \$269,900**

**The Greens "M" w/ Garage**  
Best value in The Greens, 3BR, 2.5BA, large enclosed balcony, fresh paint, carpet & lighting!



**BUYER JUST SOLD! \$520,000**

**The Overlook "L" w/ Garage**  
3BR, 2.5BA, end unit, golf course views, updated kit, HWDS, sep DR, expansive enclosed balcony!



**LISTING JUST SOLD! \$670,000**

**Regency "Arts & Crafts" Model**  
13-years young, 2-level, luxury detached home, 4BR, 3FB, great room, gas FP, deck, 2-car garage!





# #1 In LISTINGS In Leisure World®

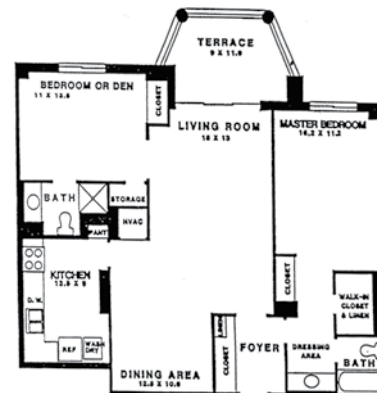
## Authorized Leisure World® Specialist



**"M" Fairways - \$279,000**  
2 BR, 2 FB, 1530 sq. ft. Rough for half bath, golf course view, garage space.



**"S" Model - Fairways - \$269,000**  
2 BR, 2 BA, den/library, 1460 sq. ft. Freshly painted and garage space included.

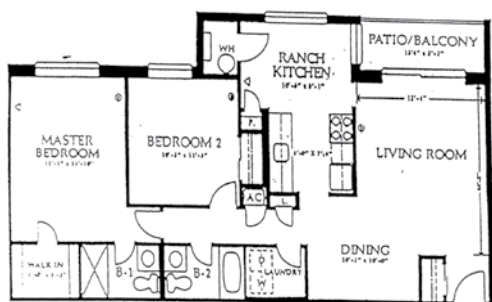


**"F" Model - Greens - \$159,000**  
2 BR, 2 BA, 1115 sq. ft. First floor, freshly painted and garage space included.

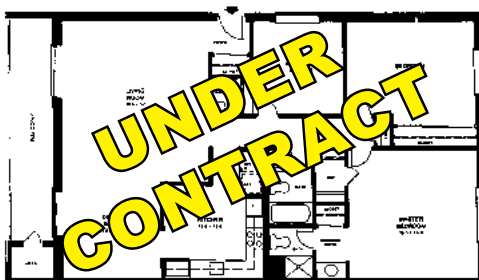
## COMING SOON



**"F" Model- Greens - TBD**  
2 BR, 2 FB, 1115 sq. ft. Patio enclosure + outside patio, golf course view, close to elevator.



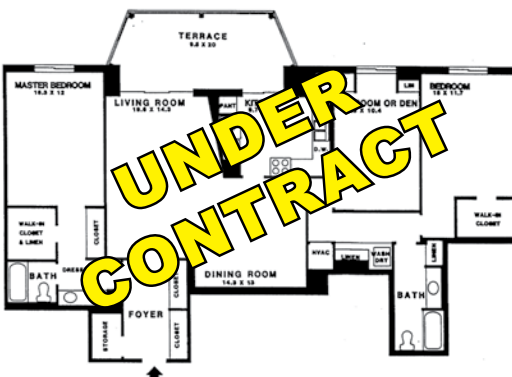
**"Warfield" Model - TBD**  
2 BR, 2 FB, 1043 sq. ft. updated kitchen with table space and large window, freshly painted, separate laundry room and reserved parking.



**"Capri" Model - \$189,000**  
3 BR, 2 FB, 1415 sq. ft. Freshly painted, carport, balcony, plush carpet, eat-in kitchen



**"H" Model - Greens - \$215,000**  
2 BR, 2 FB, 1210 sq. ft. Freshly painted, new carpet, tiled bathrooms, golf course view, garage space included.



**"L" Model - Greens - \$310,000**  
3 BR, 2 FB, 1630 sq. ft. Freshly painted, new carpet, golf course view, separate storage room, garage space included.



**"K" Model - Greens - \$205,000**  
2 BR, 2 FB, den/library, 1480 sq. ft. Freshly painted, new carpet, garage space.

Experience for yourself why Stan is #1 in Leisure World®

**Call 301-928-3463 and ASK for STAN!**



Email: stanmoffson38@gmail.com Office: 301-681-0550  
Web: www.stanmoffson.com





# CALENDAR *of Events*

## Friday, March 2

### Clubhouse I

10:00 a.m. Drawing Clinic Art Class  
12:15 p.m. Kiwanis Club  
1:30 p.m. Any Level Watercolor Art Class  
2:30 p.m. Beginner Bridge Class  
3:00 p.m. Hispanos de LW: Games  
7:00 p.m. Friday Duplicate Bridge

### Clubhouse II

1:00 p.m. Ping Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
1:00 p.m. Zumba Gold Class  
7:30 p.m. A Musical Tribute to WWII Veterans

## Saturday, March 3

### Clubhouse I

9:00 a.m. Gentle Yoga Class  
9:00 a.m. American Needlepoint Guild (ANG)  
9:00 a.m. Lions Club Orientation  
10:00 a.m. Open Studio

### Clubhouse II

9:15 a.m. JRLW Service  
2:00 p.m. Going It Alone Club: Social/Video

## Sunday, March 4

### Clubhouse I

Have a Wonderful Day

### Clubhouse II

2:30 p.m. Fireside Forum  
6:30 p.m. Baby Boomer: Oscar Night

## Monday, March 5

### Clubhouse I

9:15 a.m. Stretch and Tone Class  
10:30 a.m. Beginner Stretch and Tone Class  
10:00 a.m. CLL General Meeting  
1:00 p.m. Paintbrush and Knife Art Class

1:30 p.m. LW Chorale

7:00 p.m. Bingo

### Clubhouse II

10:00 a.m. Clipper Workshop  
10:30 a.m. Zumba Gold Class  
11:00 a.m. Chair Yoga Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Chess Club  
2:00 p.m. Line Dance Class  
2:00 p.m. Chair Yoga Class  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Class

## Tuesday, March 6

### Clubhouse I

9:00 a.m. Blood Pressure Testing  
9:30 a.m. Any Medium Art Class  
10:00 a.m. CLL Class: Hablo Commingo Part II  
1:00 p.m. CLL Class: Hablo Comingo Part I  
1:00 p.m. CLL Class: Fluvial Geography: Rivers of the World  
1:00 p.m. Watercolor Techniques Art Class  
7:00 p.m. Duplicate Bridge  
7:00 p.m. Trivia Group

### Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class  
11:00 a.m. Mild Exercise Class  
11:00 a.m. Water Exercise Class  
12:30 p.m. Scrabble Group

1:00 p.m. Non-Impact Fusion Water Exercise Class

1:30 p.m. Comedy and Humor Club

6:15 p.m. Move to the Beat Class

7:00 p.m. Jewish War Veterans: Celebration of Israel

## Wednesday, March 7

### Clubhouse I

8:45 a.m. Income Tax Service  
9:00 a.m. Gentle Yoga Class  
10:00 a.m. Express Yourself in Drawing and Painting Art Class  
11:00 a.m. Short Story Group  
12:30 p.m. NA’AMAT RBZ Club  
1:00 p.m. Painting and Miniatures: Oils, Acrylics and Alkyds Art Class  
2:00 p.m. Compassion and Choices  
2:00 p.m. Book Club Network – African Heritages  
2:30 p.m. Intermediate Bridge Class  
6:45 p.m. Chicago Bridge

### Clubhouse II

1:00 p.m. Chess Club  
1:00 p.m. Ping Pong Club  
1:00 p.m. Aqua Fit Class  
2:00 p.m. Chair Yoga Class  
4:00 p.m. LWAAAC General Meeting  
7:00 p.m. Fun and Fancy Theatre Group

## Thursday, March 8

### Clubhouse I

9:15 a.m. Stretch and Tone Class  
10:00 a.m. Painting is for Everyone Art Class  
10:30 a.m. Beginner Stretch and Tone Class  
12:30 p.m. Ladies Bridge  
1:00 p.m. Oils and Acrylics Art Class  
1:15 p.m. ALL Class: Aspects of Israel: Complex and Beautiful  
1:30 p.m. Steve Friedman Program  
2:00 p.m. CLL Class: Great Decisions in Foreign Policy  
3:00 p.m. Art Guild Educational Program  
7:00 p.m. Democratic Club

### Clubhouse II

9:00 a.m. Senior Sneakers Class  
9:30 a.m. Beginner and Advanced Tai Chi Class  
9:30 a.m. Quilters Group  
11:00 a.m. Water Exercise Class  
11:00 a.m. Mild Exercise Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Non-Impact Fusion Water Exercise Class  
2:00 p.m. Model Railroad Club

## Friday, March 9

### Clubhouse I

10:00 a.m. Drawing Clinic Art Class  
1:30 p.m. Any Level Watercolor Art Class  
2:30 p.m. Beginner Bridge Class  
3:00 p.m. Hispanos de LW: Movie: “Su Excelencia”  
5:00 p.m. Café AIM: Kristine Key  
7:00 p.m. Friday Duplicate Bridge

### Clubhouse II

10:00 a.m. Chinese Club  
10:00 a.m. JRLW Speaker Dr. Michael Seigel  
1:00 p.m. Ping Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
1:00 p.m. Zumba Gold Class

Dial 301-598-1313

for recorded Daily Events

## Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

### Community Planning

March 12, 9:30 a.m., Clubhouse I

### Education and Recreation

March 6, 9:30 a.m., Clubhouse II

### Golf and Greens

March 2, 9:30 a.m., Clubhouse I

### Government Affairs

March 12, 2:00 p.m., Sullivan Room

### Landscape

March 8, 9:30 a.m., Clubhouse II

### LWCC Board of Directors

March 27, 9:30 a.m., Clubhouse I

The meeting airs on April 2, 4 and 6 at 4 p.m. and 7 p.m. on channel 974.

### LWCC Executive Committee

March 16, 9:30 a.m., Sullivan Room

The meeting airs on March 21, 22 and 23 at 4 p.m. and 7 p.m. on channel 974.

*Meeting times and locations subject to change.*

## Leisure World Mutual Meetings

### March 6

#### Mutual 18 Board

1:30 p.m., Clubhouse I

#### Mutual 6B Board

2:30 p.m., Sullivan Room

### March 7

#### Mutual 8 Board

11:00 a.m., Sullivan Room

### March 8

#### Mutual 12 Board

1:00 p.m., Sullivan Room

### March 13

#### Mutual 16 Board

9:30 a.m., Sullivan Room

### Mutual 19A Board

9:30 a.m., Clubhouse II

### Mutual 7 Board

1:00 p.m., Sullivan Room

### Mutual 25 Board

7:00 p.m., Clubhouse I

### March 14

#### Mutual 11 Board

9:30 a.m., Clubhouse I

### March 15

#### Mutual 15 Board

9:30 a.m., Clubhouse I

*Meeting times and locations subject to change.*

## Saturday, March 10

### Clubhouse I

9:00 a.m. Gentle Yoga Class  
10:00 a.m. Open Studio

### Clubhouse II

9:15 a.m. Shabbat Services  
2:00 p.m. Going It Alone Club: Social  
4:00 p.m. LWAAAC Movie: “Ghosts of Mississippi”

## Sunday, March 11

### Clubhouse I

10:00 a.m. Jewish War Vets  
4:00 p.m. Italian Club: Festivale Italiano

### Clubhouse II

2:00 p.m. Lions Club Program: Take the Stage Performance Company

## Monday, March 12

### Clubhouse I

10:00 a.m. Garden and Environmental Club  
1:00 p.m. Paintbrush and Knife Art Class  
1:30 p.m. LW Chorale  
7:00 p.m. Bingo

### Clubhouse II

9:00 a.m. Senior Sneakers Class  
10:30 a.m. Zumba Gold Class  
11:00 a.m. Chair Yoga Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Chess Club  
2:00 p.m. Line Dance Class  
2:00 p.m. Chair Yoga Class  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Class

## Tuesday, March 13

### Clubhouse I

9:30 a.m. Any Medium Art Class  
9:30 a.m. Garden Plots Group  
10:00 a.m. CLL Class: A Unique Tool for Effective Communication  
10:00 a.m. CLL Class: Hablo Commingo Part II  
1:00 p.m. Amateur Radio Club  
1:00 p.m. CLL Class: Hablo Comingo Part I  
1:00 p.m. CLL Class: Fluvial Geography: Rivers of the World

1:00 p.m. Watercolor Techniques Art Class  
 1:30 p.m. CLL Audiology Program  
 7:00 p.m. Duplicate Bridge  
 7:00 p.m. Trivia Group  
**Clubhouse II**  
 9:30 a.m. Beginner and Advanced Tai Chi Class  
 11:00 a.m. Mild Exercise Class  
 11:00 a.m. Water Exercise Class  
 12:30 p.m. Scrabble Group

1:00 p.m. Non-Impact Fusion Water Exercise Class  
 1:30 p.m. Comedy and Humor Club  
 3:00 p.m. Parkinson's Support Group  
 5:30 p.m. Vegetarian Society  
 6:15 p.m. Move to the Beat Class  
 7:00 p.m. Camera Club  
**Wednesday, March 14**  
**Clubhouse I**  
 8:45 a.m. Income Tax Service  
 9:00 a.m. Gentle Yoga Class

10:00 a.m. Express Yourself in Drawing and Painting Art Class  
 10:15 a.m. League of Women Voters  
 1:00 p.m. Low Vision Support Group  
 1:00 p.m. Painting and Miniatures: Oils, Acrylics and Alkyds Art Class  
 1:30 p.m. Patients' Rights  
 2:00 p.m. LW Green  
 3:00 p.m. New Resident Orientation  
 2:30 p.m. Intermediate Bridge Class  
 6:45 p.m. Chicago Bridge  
**Clubhouse II**  
 1:00 p.m. Chess Club  
 1:00 p.m. Ping Pong Club  
 1:00 p.m. Aqua Fit Class  
 1:30 p.m. Stroke Support Group  
 2:00 p.m. Chair Yoga Class  
 7:00 p.m. Lapidary Club

2:00 p.m. CLL Class: Great Decisions in Foreign Policy  
 7:00 p.m. Democratic Club  
**Clubhouse II**  
 9:00 a.m. Senior Sneakers Class  
 9:30 a.m. Beginner and Advanced Tai Chi Class  
 10:00 a.m. Stitching Group  
 11:00 a.m. Water Exercise Class  
 11:00 a.m. Mild Exercise Class  
 12:30 p.m. Men's Bridge  
 1:00 p.m. Non-Impact Fusion Water Exercise Class  
 1:00 p.m. Movie: "Jackie"

**Friday, March 16**  
**Clubhouse I**  
 10:00 a.m. Drawing Clinic Art Class  
 10:00 a.m. Book Club Network – Diversity Strong  
 10:00 a.m. Book Club Network – Bookies  
 12:15 p.m. Kiwanis Club  
 1:30 p.m. Any Level Watercolor Art Class  
 2:00 p.m. CLL: Genetics and Hearing NIH Program  
 2:30 p.m. Beginner Bridge Class  
 3:00 p.m. Hispanos de LW: Games  
 7:00 p.m. Friday Duplicate Bridge  
**Clubhouse II**  
 1:00 p.m. Ping Pong Club  
 1:00 p.m. Chess Club  
 1:00 p.m. Friday Bridge  
 1:00 p.m. Zumba Gold Class  
 7:00 p.m. Baby Boomer Movie

**Thursday, March 15**  
**Clubhouse I**  
 9:15 a.m. Stretch and Tone Class  
 10:00 a.m. Painting is for Everyone Art Class  
 10:30 a.m. Beginner Stretch and Tone Class  
 10:30 a.m. Mental Health Sub-Committee: Depression and the Older Adult  
 11:00 a.m. Writers Workshop  
 12:30 p.m. Ladies Bridge  
 1:00 p.m. Oils and Acrylics Art Class  
 1:15 p.m. ALL Class: Aspects of Israel: Complex and Beautiful  
 2:00 p.m. Book Club Network  
 2:00 p.m. Town Meeting Organizations



**We Can Help!**

Do you know someone who is home-bound? We deliver nutritious, freshly cooked meals in Leisure World, Silver Spring, Kensington & Wheaton.

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*Award Winning*

# Leisure World News




## “THE LATEST ADVANCES IN DEMENTIA DIAGNOSIS AND PREVENTION”

Presented by Tabassum Majid, PhD,  
 executive director, The Integrace  
 Institute at Copper Ridge

# CAREGIVER CONNECTION

ALZHEIMER'S AND  
 DEMENTIA SEMINAR SERIES






**TUESDAY, MARCH 13 • 2–3 P.M.**

BROOKE GROVE REHABILITATION AND NURSING CENTER  
 18131 SLADE SCHOOL ROAD • SANDY SPRING, MD 20860

The Alzheimer's Association International Conference, held in London in June 2017, attracted researchers from around the world. Join Dr. Majid, who attended that event, for an enlightening discussion on recent discoveries that will lead to improvements in diagnosis, prevention and treatment of those with Alzheimer's and other dementias.

**Free. RSVP to Toni Davis at 301-388-7209 or [tdavis@bgf.org](mailto:tdavis@bgf.org) by Sunday, March 11.**



# EYRE Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2 pm  
Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4  
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

## DAY TRIPS

### 9/11 Memorial & Museum, New York

Sat., 3/17, 7:00 am-11:45 pm ..... 120.00 per person  
One World Observatory\* ..... 139.00 per person  
Includes a \$10 Gift Card to Cracker Barrel. \*Optional add-on to your day -  
Travel up to One World Observatory for an additional \$19.00 per person.

### Orchid Exhibit at Hillwood

Tues., 3/20, 10:15 am-4:45 pm ..... \$90.00 per person  
Marjorie Merriweather Post had the greenhouse constructed to house  
her orchid collection. Enjoy a tour and learn its history. Lunch at the café.

### National Museum of Jewish History, PA "Leonard Bernstein: The Power of Music"

Wed., 3/21, 7:45 am-6:40 pm ..... \$105.00 per person  
Admission covers two exhibits: the core exhibit (docent lead) and "Leonard  
Bernstein: The Power of Music," celebrating the centennial birthday of one of  
the 20th century's most influential cultural figures. Boxed lunch provided.

### Hagerstown Outlets

Thurs., 3/22, 9:00 am-4:15 pm ..... \$35.00 per person  
Shop 'til you drop! Transportation only.

### "The Hunchback of Notre Dame," Riverside Center for the Performing Arts, Fredericksburg, VA

Wed., 3/28, 9:45 am-6:45 pm ..... \$117.00 per person  
As the bells of Notre Dame resound through the famed cathedral in 15th-  
century Paris, Quasimodo, the deformed bell-ringer who longs to be "Out  
There" observes all of Paris reveling in the Feast of Fools. Lunch included.

### Cherry Blossom Tour, DC

Mon., 4/2, 10:00 am-3:15 pm ..... \$79.00 per person  
Driving tour of DC with stops at WWII Memorial, FDR Memorial and Martin  
Luther King Jr. Memorial. Lunch at Carmine's included.

### Odyssey Cherry Blossom Luncheon Cruise, DC

Tues., 4/3, 9:00 am-3:45 pm ..... \$105.00 per person  
Step aboard the "Odyssey" and enjoy a luxurious cruise. Dine on a fine lunch  
with live entertainment while our greatest monuments drift past.

### Boston Pops Orchestra at Strathmore, MD

Sun., 4/8, 1:00 pm-5:15 pm ..... \$148.00 per person  
It's a Jazz Age jubilee with conductor Keith Lockhart and the Boston Pops.  
Ticket to show and motorcoach transportation included.

### Murder Mystery Theater

Tues., 4/10, 7:15 am-5:45 pm ..... \$117.00 per person  
Take part in an interactive, who-done-it at Mount Hope Mansion in Manheim,  
PA. Enjoy a sumptuous four course meal, become a detective – interrogate  
the suspects, put the clues together and uncover the truth!

### Barn Quilts, Antrim 1844 & Baughers, MD

Wed., 4/18, 7:45 am-5:00 pm ..... \$104.00 per person  
The Barn Quilt Trail is an homage to the county's agrarian history, installing  
quilt blocks on scenic barns throughout the county. Lunch is included at  
the infamous Antrim 1844. After lunch, a stop will be made at Baugher's  
Restaurant that features country cooking and fresh baked goods for purchase.

### Backroads to Freedom-Harriet Tubman, MD

Sat., 4/21, 8:15 am-7:30 pm ..... \$115.00 per person  
A historical guided tour of the new Harriet Tubman Underground Railroad  
State Park through the Blackwater National Wildlife Refuge. Hear stories of  
the Network to Freedom Highway. Lunch at the Suicide Bridge Restaurant.

### Old Farm House Tea & Brown's Orchard, Thomasville, PA

Wed., 4/25, 9:00 am-5:00 pm ..... \$78.00 per person  
Join Rossmoor Woman's Club for a delicious High Tea at the Old Farm House  
and, before ending your day, we will make a stop at Brown's Orchard & Farm  
Market. Trip includes: Motorcoach transportation and High Tea.

### National Museum of African American History & Culture, DC

Mon., 4/30, 9:00 am-3:15 pm ..... \$45.00 per person  
Admission and transportation included in trip.

### Springfest Ocean City, MD

Sat., 5/5, 7:45 am-9:00 pm ..... \$60.00 per person  
Enjoy great food, music and crafts while being on the inlet in Ocean City!  
Transportation only to the festival.

### Hershey for Mother's Day PA

Sat., 5/12, 8:00 am-7:45 pm ..... \$109.00 per person  
Start your day with a little shopping trip at Hershey Chocolate World before  
heading to the Hotel Hershey, a historical landmark, for lunch. Enjoy an  
elegant buffet lunch in the Circular Dining Room - no corners! After lunch,  
wander through the Gardens that started over 75 years ago as a nice garden  
of roses and has blossomed into 23 acres of botanical beauty.

### "Grease" the Musical at Dutch Apple Theatre, PA

Wed., 5/16, 9:00 am-6:00 pm ..... \$112.00  
Dust off your leather jackets, pull on your bobby-socks and take a trip to a  
simpler time! Transportation, show and lunch included.

## Spotlight On...

### Wolf Sanctuary, PA

Thurs., 4/26, 7:15 am-5:45 pm ..... \$99.00 per person  
Guided tour of different packs of Wolves. Lunch included at Shady  
Maple Smorgasbord. This trip is outdoors, so dress appropriately, and  
there is uneven terrain.

## MULTI-DAY TRIPS

### Best of Israel & Jordan

March 21, Oct. 3 or Nov. 7  
12 days (fly/drive)

### Chihuly at the Biltmore, NC & The Smoky Mountains, TN

May 20-24

### A Trolley, A Train & Patsy Cline's Winchester

May 23-25

### All the Presidents Homes, VA

June 3-5

### Cape Cod, MA

July 22-26

### Nova Scotia & Canada's Maritimes

Aug. 10-18

### Castles of New York-1000 Islands

Aug. 26-29

### A Taste of Tuscany

Sept. 2-9

### The Ark Encounter

Sept. 4-7

### Mystical Peru

Sept. 11-17

## CRUISES

### Princess Cruise Alaska on the Golden Princess (land/cruise)

Aug. 14-25

### Princess Cruise Alaska on the Golden Princess (cruise only)

Aug. 18-25

### Royal Caribbean Canada & New England

Sept. 27- Oct. 6

**We can book any cruise line anywhere you want to cruise.**

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:



Easy Walking



More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in  
airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

**INCLEMENT WEATHER POLICY:** Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip  
is cancelled, you will also receive a phone call from us once the office is open.

# CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers. For information on placing advertisements in the Leisure World News, visit [leisureworldmaryland.com](http://leisureworldmaryland.com) or call (301-598-1310).

## ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. ([atticllc.com](http://atticllc.com)) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC - I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment Janet Ray (301-384-3198), ([wishalot10@aol.com](mailto:wishalot10@aol.com)).

## REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

THINKING OF SELLING your home or that of a relative? Call Sue Heyman of Weichert, Realtors, Leisure World Plaza, community resident for over 14 years. Top 1% of Agents Nationwide, Seniors & Relo Specialist, "Forward 50 Sponsor." Inventory is historically low. Days on the market for our community are now hovering at around one month. Prices are going up! As sellers, now is the time to take advantage of this fast-paced market. I know all of the floor plans and how to price them. Tap into my experience, contractor connections, and marketing to get the best price. My top-quality color brochures, twice-monthly statistical reports specific for your property, multiple websites, staging techniques, and visual tours display your home and our community at its best. Call Sue for your free competitive market analysis. Office: (301-681-0550). Direct: (301-580-5556).

RENOVATED PATIO HOME w/ wood-like flooring in main rooms, fresh paint, kitchen w/granite and new appliances, 3BR w/fresh carpet, hall and owners' BAs. Private patio w/garden area. Two car garage w/remote. Sliders from DR to patio. Call Peg at (301-996-5953) for more info.

## REAL ESTATE FOR RENT

BEAUTIFULLY RENOVATED 1 Bed/1 Bath with great golf course views on the 7th floor of Fairway South available for Rent. Please call David at (301-996-8333).

GARDEN TWO BEDROOM, two bath condo available for lease now. Premier community of Leisure World of Maryland for adults 55 plus! This condo features new flooring, fresh paint, side-by-side washer/dryer. Living room and patio with spectacular view. Call (301-598-4850) to schedule an appointment to see this exceptional home. No smoking! Pet considered, a reserved parking space, utilities and basic cable included.

## APARTMENTS TO SHARE

LARGE MASTER SUITE with private, full bath and walk-in closet. Share living room, dining room and kitchen. Unit also has a balcony! Just \$600 per month includes utilities, basic cable and full-size washer/dryer. Call Bob at (301-257-9376) or email at ([rmgoldfinger@yahoo.com](mailto:rmgoldfinger@yahoo.com)). Available March 1.

## FOR SALE

ETHAN ALLEN GEORGIAN COURT Cherry 5-piece bedroom suite. Suite includes: triple dresser, tri-fold beveled mirror for the dresser, armoire, night stand, and queen rice carved poster bed. Please call Phyllis at (301-806-5928). Best Offer.

NEW TOBI, removes wrinkles and odor. Saves on dry cleaning and safe for all fabrics. Originally \$120; selling for \$20. NEW three-speed phonograph, \$20. Call Kathy (301-717-6644).

DINING ROOM TABLE and six chairs, \$125. Mahogany desk, leather top, \$175. Small dresser, three-drawer and mirror, \$60. Sleep sofa, good condition, \$95. Bookcase, \$25. Mirror, \$35. Call Laverne (301-438-8389).

## CEMETERY PLOTS

KING DAVID MEMORIAL GARDENS: Two Burial Plots, side-by-side, in block #23. The asking price is \$4,800 each or best offer. Please contact Audrey Sirignano at (239-248-4074).

## AUTO SALES

2008 GRAND MARQUIS loaded with leather. MD inspected. Like new. Only 25,000 miles \$12,0000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

1986 OLDSMOBILE CUTLASS SUPREME, 4-door, V-8, a/c. Like new. Only 33,000 original miles. \$5,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2009 TOYOTA YARIS, Automatic, air conditioning, two-door hatchback. MD inspected. \$4,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

## TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER IS HERE: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere...including long distance trips to other states. Reservations available 24/7. Call 7 a.m.-10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text: (301-933-8899). email: ([Steve.Your.Driver@gmail.com](mailto:Steve.Your.Driver@gmail.com)).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 50 satisfied customers from Leisure World. Larry Kraft (240-743-8287).

## HEALTH CARE SERVICES

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants."

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

ELDERLY CARE: Over 10 years experience. Great reference.

Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

HOME HEALTH CARE/Caregiver: Senior citizens, CNA. Work 10 years in LW. Grad, BSN (Filipina nurse). Roman Catholic. Culinary grad in Europe. Speak different languages. Schooling for nutrition. Work long/short term. Call Connie at (240-449-6362).

CNA –25 years experience. Loving, caring, reliable, looking for full or part-time work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

EXPERIENCED, CARING CNA with CPR certificate seeks live-out position, Monday-Friday, 8-12 hours a day. Call Millie at (301-742-5386).

LICENSED CNA. Reliable and loving, caring person providing quality and affordable care. Day or night, 2-4 hours. Overnight, flat rate. Call Neema (240-687-7471).

LPN, CNA, CPR, first aid. Compassionate caregiver. Skills: personal care, meds administration, wound care, BLS checks, insulin administration, G-tube, tracheostomy care, clients with dementia or stroke. Great reference. Roseline (301-466-3186).

CNA with over 10 years experience helping older adults with dementia remain safely in the home. Live-in or -out. Please call Rose (240-855-2994).

CNA/CMT – OVER 16 years of experience. Very dependable. Excellent references in LW. Have car. Light cooking, doctor's appts., errands. Bonded, insured. Hospice patients are welcome. Call Ana (240-491-8978, 301-442-6094).

CERTIFIED NURSING ASSISTANT, bonded, insured. Private service for seniors only. Fourteen years experience and good references. Assist with walking, bathing, dressing, prepare meals. Monitor food expiration dates. Engage in physical and mental exercises. Engage in activities (games, memory books). Medication reminders. Light housekeeping. Escort on appointments (hair salon, physical therapy, etc.) Call Sapphire at (214-714-5938).

CERTIFIED NURSING ASSISTANT with 10 years experience working in Leisure World. Available (Mondays-Fridays), weekends overnight. Owns a car and excellent at providing basic care and assistance with activities of daily living, hospital appointments and grocery. Background check available. Please call Ms. Mildred (240-706-1203).

CERTIFIED NURSING ASSISTANT. Over 25 years experience. Proficient in elder care and hospice care.



Skilled in listening and paying attention to my clients' needs. Honest, trustworthy. Have reliable transportation. Call Florence (202-805-6212) or (240-714-3657).

CAREGIVER WITH CNA license and 8 years experience. Available to work daytime, nighttime and weekends, fulltime or part-time. Have own transportation. Call Aleka (240-715-8189).

LOOKING FOR CARE/companionship for your loved one? I am here. Experienced, loving, responsible, caring, reliable with good references. Call (240-552-4222).

CNA/HOUSEKEEPING/SHOPPING. Professional, licensed CNA with CPR and First Aid who loves to care for your loved ones in the comfort of their home. Also do light housekeeping, shopping and cooking. Love to care for people and do it with care, love and compassion. Reasonable and affordable. Call Florence (240-779-1984).

#### ASSISTED LIVING

ASSISTED LIVING SERVICES - Go to (www.wellnesstouch.biz). A safe, economical, peaceful and clean home in the Olney - Cloverly area. MD licensed since 2010. For a consumer report, view (Caring.com). Ask about our 1st year discount. Call (301-525-8087).

2 RN's ASSISTED LIVING LLC - Care beyond call of duty. Just opened our new Assisted Living. Operated by experienced, registered nurses. Accepting a few new residents. Licensed level care 1, 2, 3. Tel. (301-338-4015) or (240-221-3318). Email: (patyusingco@yahoo.com).

#### GENERAL SERVICES

ALTERATIONS - 30 years experience in Leisure World! Men's & woman's garments picked up and dropped off at your convenience. Very competitive prices. Call Mimi (301-990-6468).

KITCHEN AND BATHROOM Remodeling - Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carolos Gomez (301-305-4727).

CONSIDER IT DONE: Got a problem? Call Mr. Mike - Consider it Done is your solution! I'm here to help you to paint or restore furniture, paint or replace kitchen cabinets, interior painting, clean

out and organize garage, landscape and plant, unpack and assemble furniture, or general help around the house. Mr. Mike is a well-loved and trusted native of Montgomery County and can provide references upon request. Call today to get those tasks done that you've been putting off. Spring is just around the corner! (240-793-4342) Consider it Done.

STAIR LIFTS: Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local - long distance - hauling - pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55-yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

#### CLEANING SERVICES

R&G CLEANING SERVICES - Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES - Good references. Good rate. Once a week or every two weeks. (240-286-3807)

HOUSE CLEANING - 22 years experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

HOUSECLEANING - Sara (240-477-2104) will thoroughly clean your home for a fair price; all supplies included. I am one of Sara's satisfied customers. Call Jackie for references (301-598-3711).

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean & dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

#### COMPUTER HELP

COMPUTER SERVICES - Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back up, and retrieve important data, photos, and music. Have served over 400 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES - Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English - no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Senior discount. Call David at (301-980-5840). COMPUTERTUTOR

#### PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll transfer your photos, slides, and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services (301-438-3140).

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents.

**Custom Drapery**  
**Valance, Cornice, Sheers,**  
**Blinds, and Shades**

**30% off**

Free in Home  
Consultation

Authorised Dealer of  
Graber  
&  
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**301-871-6454**

**13808 Georgia Ave. 1 mile south of LW.**

Can come to your home if needed. (301-379-9694).

FELLOW LEISURE WORLD resident available for companion (local and travel); transportation: errands, church, social and medical appts.; friendly visitor. Excellent references. Call Kathleen at (202-758-9208).

MUSIC LESSONS

GUITAR, PIANO, VOICE lessons! It is never too late to learn! Beginner and intermediate welcome! Call Wendy (LW Resident!) at (301-938-4922) or email at (awdmf@aol.com).

LEARN GUITAR from a patient and experienced professional in the comfort of your home! I make learning this beautiful instrument fun and easy while giving you the ability to make music in many different styles such as flamenco, jazz, rock, Latin or classical! The first lesson is half-price and I offer discounts for groups (if I look familiar it might be because I performed with my award-winning group Trio Caliente at Leisure World back in October). Please text/call (301-728-9045) or email me at (1sologuitarist@gmail.com) to schedule your 50 percent-off trial lesson. Samples of my playing available at http://amilcacruzmusic.com/book-an-event.html. Thanks for reading!

PET CARE

DOG WALKING and sitting, cat sitting. Drop-ins, mid-day, overnights, vacations, trips, medicine administered, 15 years experience. (301-455-5344). Other pet services are professional pet photography at your residence or outside. Contact Bill Owen Pet Photography and visit, (www.mansbestfriend.org), (301-455-5344), (BillVisual@gmail.com). I love dogs and cats and birds and horses – all creatures great and small. I treat your pet like he/she was mine.

DONATIONS WANTED

USED BOOKS NEED for Book Sale! The American Association of University Women (AAUW-Gaithersburg) will hold its annual, huge book sale in March. Proceeds of the sale support scholarships for women; and mentoring and advocacy programs for girls and women. AAUW is seeking book donations. If you would like to donate gently used books, contact Liz at (301-840-1258) or (booksale@meral.com).

JOB OPPORTUNITIES

EARN MONEY in Your Spare Time – Work from home and set your own hours! A few personable, mature individuals wanted to make calls to list businesses for sale. Commission

only, substantial sums may be earned. Contact call lists will be provided. Meetings and training to be held in Leisure World. Call Jerry Cohen, (301-721-0003). Feel free to visit (www.capitalbusinessadvisors.net).

CAREGIVERS NEEDED: Are you a caregiver looking for work? Reciprocare partners with home care agencies who are looking for you now! If you’re a CNA, GNA, Med Tech, HHA, or companion, we can connect you with employers looking to hire you. To get started, call us or visit our website. English fluency is required to apply. Call: (240-560-3554). Visit: (www.tryreciprocare.com).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family’s life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. E-mail (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton,

Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference in a child’s life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

NOTICES

KEEPING SENIORS SAFE - KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

UPCOMING EVENTS

BOOK SALE: Walter Johnson High School annual book sale, Saturday, March 3, 9 a.m.-4 p.m. and Sunday, March 4, 9 a.m.-3 p.m. Thousands of books, CDs and vinyl records. All proceeds benefit the All School Booster Club. Donations still being collected Saturday, Feb. 17 and Sunday, Feb. 25, 9 a.m.-noon in the school cafeteria. The school is located at 6400 Rock Spring Dr., Bethesda, Maryland.

AAUW ANNUAL BOOK SALE, Thursday, March 22 and Friday, March 23, 9 a.m.-8 p.m.; Saturday, March 24 (Bag Day), 9 a.m.-4 p.m. 30,000 books sorted into 60+ categories. Held at the Rosborough Center Community Rooms, Bldg. 409, Asbury Methodist Village. Sponsored by the American Association of University Women, Gaithersburg branch, in cooperation with Asbury Methodist Village. Proceeds support scholarships for women, and mentoring and advocacy programs for girls and women. Call (301-840-1258) for more information.

WANTED

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years experience serving Leisure World. Leave message 24 hours. I will come to you. Cash or cashiers’ check at your request. I can also help with your new car purchase, any make or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755).

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

WANTED: FIREARM COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).



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