

Lending a Voice to the Ear

*Reading News to the Visually Impaired
an Expressive Outlet for 'News Junkie'*



Rita Penn reads an article from The New York Times at the Metropolitan Washington Ear Feb. 23. The non-profit organization, where Penn has volunteered for 11 years, provides free services to the blind and visually impaired.

by Stacy Smith, Leisure World News

On an unseasonably warm, February day, when other folks with free time might choose to spend it in the sunshine, resident Rita Penn is sitting at a desk, scanning the front page of The New York Times looking for

stories to read over a special radio frequency to thousands of listeners who are blind or visually impaired.

A self-professed “news junkie,” Penn has volunteered for the past 11 years as a newspaper and magazine reader at the

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Board Nixes Proposal for Building Study

by Maureen Freeman,
Leisure World News

The Leisure World Community Corporation board of directors soundly defeated a motion to suspend all work on a new Administration

Building and conduct a comprehensive, invasive engineering study on the existing building.

With 21 mutuals voting against the motion and two in favor, the board at its

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State of the Community 2017

'Poised to Build on' a 50-Year Legacy

by Kevin B. Flannery,
General Manager and CEO,
Leisure World of Maryland

The Leisure World of Maryland Community celebrated its 50th anniversary in September 2016. The occasion marked a milestone, recognizing the enduring value and beauty of our community and the role residents have played throughout the years in creating its culture. In 2017, we are poised to build on this legacy by continuing to use sound business practices, invest in our infrastructure, and respond to the evolving expectations of residents. This report provides an overview of our current priorities and areas of focus.

Financial Management

Leisure World's financial performance over the past few years has been stable with a positive surplus of about \$112,500 at the end of 2016. This surplus is due to the \$70,000 positive variance in the Physical Properties Department; it is the fourth year in a row that the department has performed well. Even with the excellent performance in 2016, we must remain mindful of the unforeseen expenses that impact financial operations. Although some substantial costs are beyond our control – such as minimum wage increases – we are taking such variables into consideration to minimize resident fee increases.



Kevin B. Flannery. Photo by Leisure World News

Personnel

The success of Leisure World depends upon the 240 full- and part-time staff employed here. Our team ensures Leisure World runs smoothly every day, providing an exceptional experience for residents. Over the past two years, under new leadership, our Human Resources Department has been modifying and improving our hiring and personnel strategies in order to identify, train and support the right talent for the community.

We are grateful to have several long-serving managers and employees whose commitment, experience, and institutional knowledge have been vital to Leisure World, in some cases, for more than three decades. In the coming years, as these valuable employees elect to retire, we will review community and department needs and make staffing decisions to meet the changing demands of the organization.

Over the next five years, this

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Call for Volunteers



The annual Flower and Garden Show needs volunteers to help with this popular August event. For more details, see page 30.

Board

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Feb. 28 meeting continued the November 2014 decision not to hire a firm to examine the structure and mechanical, electrical and plumbing systems of the current building.

The board first acted on creating a new Administration Building in September 2013, when it voted to proceed with the project and include improvements to site accessibility, parking and aesthetics. A board-approved site plan for the project, which now includes additions to Clubhouse I's restaurants and Maryland Room, will be submitted in April for review by the Maryland National Capital Park and Planning Commission. The review should take about 14 to 18 months to complete.

Citing details from a nine-page memo about a potential engineering study from Jolene King, Leisure World's assistant general manager for facilities and services, board members spent about an hour discussing the motion and hearing comments from residents before voting.

King's memo recapped the due diligence followed by the board for decisions made to date and specifically addressed 19 questions from two board members and a member of the Community Planning Advisory Committee about an engineering study's time frame and potential financial cost, potential renovation costs, space needs, building life expectancy

and maintenance needs, and 10 new county and state building codes that renovations would be expected to meet.

The memo also outlined several engineering and structural problems needing \$95,000 in repairs that were uncovered during Clubhouse I renovations in 2016. "It is assumed these issues and others will be present in the Administration Building and will be required to be addressed as part of a renovation," the memo stated.

"The new building is, simply put, the best value and use of our money, period," Montgomery Mutual director Jim Peretta said. He estimated that pausing ongoing plans for the new building could cost \$17,000 to \$21,000 per month, given construction costs' annual escalation of about four to five percent. King's memo estimated a nine-month period for obtaining a final report for an engineering study.

Board members supporting the motion to engage in an engineering study of the existing building expressed reservations about space needs and leasing arrangements. Some residents who spoke in an open forum segment of the meeting said they wanted more input into the board's decision.

"[The board] has made the effort to become well informed about the issue, and voting is based on having made the effort to be informed," board chairman David Frager said. "For many of us that includes going to residents in our mutuals, and getting

Making Headway

Much Anticipated Construction Begins



Heavy equipment has moved into the area behind Clubhouse II, where on Feb. 28 crews ready the ground for construction of a new fitness center. The center is expected to be completed in the late summer. Photos by Stacy Smith, Leisure World News



Leisure World News OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Leisure World News Advisory Committee

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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March 8: Disabled American Veterans Recruitment

The local chapter of the non-profit organization Disabled American Veterans (DAV) seeks to sign up new members during a recruitment drive on Wednesday, March 8, from 10 a.m.-2 p.m. in the Clubhouse I lobby.

A table in the lobby will have informational brochures about the group, and Lee Jones, a resident and senior vice commander of the DAV's Ernie Pyle Chapter 4, which meets monthly in Wheaton, will be on hand to help recruits.

DAV describes itself as "an organization of veterans helping veterans" with a mission of "empowering veterans to lead high-quality lives with respect and dignity."

For more information, contact Lee Jones at (202-604-0277).

— *Leisure World News*

Center Offers Video to DVD Converter Service



Charles Gaumont inserts a DVD into the Computer Learning Center's newly acquired DVD recorder. Photo by Leisure World News

by Stacy Smith, Leisure World News

Don't toss out those obsolete VHS tape cassettes just yet – the Computer Learning Center (CLC) is offering a new service to residents who would like to convert their treasured memories and movies to electronic files on DVD.

The service is free to all residents, barring the cost of a blank DVD. Residents must only be willing to sit with the machine while their videos are converted, a process that takes as long as the tape's viewing time.

Converting VHS to DVD is a fairly easy and straightforward operation, according to resident Charles Gaumont. He recently donated the Panasonic DVD

recorder available for use at the CLC, and provided typed, step-by-step instructions for users to follow.

"A lot of people here, being older, have tapes from back in the '50s, '60s and '70s, and they'd like to have something to keep them halfway current," Gaumont said.

The CLC is generally open from 8:30 a.m.-8:30 p.m., seven days a week, depending on volunteer availability. Residents can call Clubhouse II at (301-598-1320) to check the CLC's hours of operation on any given day, and no appointment is needed to use the DVD recorder.

If you would like information about, or assistance with converting VHS to DVD, contact Charles Gaumont at (603-660-4758).

Where In Leisure World?



Whether she's feeling serene, contemplative, weary or just bored, it's difficult to say. Perhaps you've seen this lady in stone up close, and have an idea.

But where is she located?

The answer will be revealed in the next edition of Leisure World News. Photo by Leisure World News

AARP Volunteers Help with Tax Prep

by Bob Bridgeman

Are 1040s, 1099s, W-9s or Publication 17s getting you down? There's help – free help – available to you here in Leisure World.

Volunteers from the AARP Tax-Aide Program can assist residents with income tax preparation on Wednesdays from 9 a.m.-2:30 p.m. in Clubhouse I through April 12. Appointments for this free service are required and are made in order of availability; residents can sign up through the E&R office in Clubhouse I.

Please bring all tax documents and a copy of last year's tax return to your appointment. If you have stocks or bonds, you may not receive those documents until the end of February, so don't make your appointment too early.

The trained volunteers can prepare most returns, but there

are a few exceptions. The most common item that prevents volunteers from completing a return is a rental real estate income. Also, if you are self-employed and have either a home office or expenses greater than \$25,000, volunteers will not be able to do your return.

If you have moved to Maryland in the past year, volunteers can prepare your federal and both state returns; however, we will need to have the non-Maryland return reviewed by a certified preparer from your prior state, and you will need to return to the tax preparation site the following week to sign the return and receive your copy. An appointment is not required for this follow-up.

Please note that since the previous year's information does not carry forward, preparation time this year will be a little longer as we must enter more information.



About 10 trained volunteers help residents prepare their income tax returns at a February session in Clubhouse I. Photo by Leisure World News

New Course Delves Into Geography's Hidden Impact

by Arthur N. Popper

How often, when we studied geography in school, did our teachers convey how geography has impacted historical events, particularly economic history? For instance, what impact has the Mississippi played in the growth and development of the U.S., both politically and economically? Similarly, how do the Rocky Mountains impact our weather and thus affect such things as farming, and ultimately our economy? And, is the economic impact of the Rockies different than those of the much lower, and older, Smokies?

These kinds of questions have fascinated resident Tom Conger since his early childhood, and over the years he has traveled widely and made geography not only part of his vocation as a city planner, but also his avocation. Over



Instructor Tom Conger. Photo by Fred Shapiro

the past several years he has shared his passion for geography and its impact on society with other residents through a series of Center for Lifelong Learning (CLL) courses.

This year, Conger continues his series of well-received courses with a five-week course, "The Convergence of Geography and History – How the Physical World has

Affected Us," on Tuesdays, April 4 through May 9, at 1 p.m. Registration is required. See the Classes and Seminars section of this publication for fee and registration information.

Conger will discuss how geography bridges the social sciences with the natural sciences, recognizing the great differences in cultures, political systems, economies and landscapes across the world, and the links between them. Conger and the class will delve into what geography is and how it is linked to historical events, paying particular attention to economic geography.

Topics covered include the Little Ice Age's (1550-1850) impact on the economic geography of Northern Europe; rye bread, rye whiskey, beer, and the Stradivarius violin; how weather and climate can affect the viability of the world's economies; emerging Africa

- the economic geography of the world's second-largest continent; the use of conservation easements and other community planning tools to help secure the future of agriculture; and corn ethanol – a boon for the environment or economic boondoggle.

Conger received a Bachelor of Science in geography from the University of Georgia and a master's in the subject from the University of Cincinnati. While in Cincinnati, he also received a master's in city planning. Conger worked as a city planner for 12 years and then ran a small life insurance company for 20 years. Subsequently, while living in Flagstaff, Arizona, Conger taught earth science, then various geography courses at Northern Arizona University. Conger and his wife, Lois, moved to Leisure World in 2011.

For more information about all CLL courses and lectures, visit (www.cllmd.com).

Class to Engage in Book Discussion on 'Hillbilly Elegy'

by Arthur N. Popper

Resident Paul Levy enjoys reading and discussing books of considerable social and political value. As a retired teacher and academic, Levy also values the opportunity to lead classes where he fosters intense and exciting discussions related to the book, its ideas, and the issues that led to the writing of the book. In past classes, Levy has led fascinating discussions related to the works of Ta-Nehisi Coates and James Baldwin, and in another class, discussion focused on the origins of the Civil Rights Movement from the 1940's to the present.

The new class Levy will instruct for the Center for Lifelong Learning (CLL) is a two-session discussion of J.D. Vance's "Hillbilly Elegy." The



Instructor Paul Levy. Photo by Fred Shapiro

book, a current bestseller, was praised by The New York Times as "a compassionate, discerning sociological analysis of the white underclass that has helped drive the politics of rebellion." The book is an autobiographical account of Vance's life in, and escape from, hillbilly culture,

as well as his insights into that culture. The book has become popular because it may help to explain the current U.S. political climate and polarization along economic and social lines.

The seminar runs on consecutive days – a first for CLL courses – and students are required to attend both days. Those who enjoy close reading and substantive discussion are welcome to enroll. Participants must have Vance's book in hand for both sessions. The first session concentrates on the Hillbilly culture as revealed by Vance. The second session focuses on the ramifications of his message for both major political parties.

The seminar is scheduled for Tuesday, April 18, and Wednesday, April 19, from 10-11:30 a.m. in Clubhouse I. Registration is required. See the

Classes and Seminars section of this publication for fee and registration information.

Levy holds a Bachelor of Arts degree in political science from the University of Massachusetts at Amherst. He also holds a master's and doctorate in education.

Levy was a teacher and administrator in public schools for 41 years, taught at a community college and was a visiting associate professor at Temple University. During his career, he taught American history, European history, economics, civics and psychology. He has also taught courses on civil rights and related topics at the Bender Jewish Community Center of Greater Washington and other venues in this area.

For more information about all CLL courses and lectures, visit (www.cllmd.com).

Community

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attrition will bring new opportunities to revitalize our team and broaden our perspectives.

Positive Communications

We continue to expand our capabilities on the communications front. Beginning with the first edition of 2017, Leisure World News is produced entirely in-house. We now employ a full-time graphic designer who is responsible for the layout and design of the newspaper.

The Communications Department now handles Leisure World's social media accounts, and will manage the community's eagerly anticipated website.

This spring, we are introducing a re-designed website that will serve as our chief external communications tool. The site will introduce visitors to our "World," showcasing: information and news and about our community, community history, amenities, services, governance and lifestyle. The website's goal is to provide a tool that can serve as a resource and reference for the public, prospective residents, and current residents. The responsive design will serve users on all devices — desktop computers, laptops, tablets and mobile phones.

The launch of the website marks the official debut of our refreshed logo. A simplified, modern interpretation of the familiar globe symbol, the new logo mark is based on a sphere and references key Leisure World characteristics: community, diversity, natural beauty and an active lifestyle.

As we welcome a new generation of residents, we are proud to introduce a visual identity that represents our exceptional community and the joy experienced by homeowners. Over the next year, we are rolling out the new logo, in phases, throughout the community.

Infrastructure

To preserve the value of our community, we are continuously investing in its development and infrastructure. Since 2013, the Facilities Enhancement Plan (FEP) has guided upgrades and renovations throughout the community. Completed projects include renovation of the Crystal

Ballroom, redevelopment and upgrades to the restaurants and restrooms in the north wing of Clubhouse I, and improvements to the PPD customer service area.

In 2017, the following projects are scheduled or already underway:

- New Fitness Center Addition
- Rehabilitation of Golf Course Pond
- New Administration Building

As we proceed with phase two of the FEP, we are creating a baseline for evaluating the infrastructure and building needs of the community. We envision this Strategic Plan process will be overseen by a special advisory committee and expect to see an initial report in fall 2017.

Technology

Leisure World's infrastructure improvement projects extend beyond brick and mortar to technology advancements designed to improve resident experiences and staff capabilities. In 2015, a fiber optic cable was installed in the community connecting all of the Trust buildings with the capacity to network residential properties. The fiber optic upgrade laid the foundation for the new LWMC telephony system.

Among the benefits of living in Leisure World are the services provided through the Trust. Each household pays a community fee for a variety of services, including bulk, reduced cost cable TV. The board is currently investigating options to incorporate Internet service in the package, a standard service sought by a new generation of homeowners joining our community.

LWMC conducted an information technology assessment of the high-rise Mutuals that resulted in a number of recommendations. Among them, a three-year strategic technology plan to implement cloud-based technology solutions is under consideration.

Safety & Security

Our Security & Transportation Department is available 24 hours a day to assist residents. Providing a safe and secure environment is a top priority and a hallmark of Leisure World's appeal. In order to uphold our standards, we regularly review Security protocols.

Inside our gated enclave, we must remain aware that we are not entirely immune to the outside world. The Security Department continues to emphasize the importance of residents being prudent. Locking homes and cars should be automatic.

When hiring someone to do house cleaning, run errands, or provide other services, residents must do their research and pursue appropriate background information. Residents may also contact Security for helpful guidelines before making a hiring decision.

Residents should look out for neighbors and be vigilant about reporting suspicious behavior in the community. If there is concern about the well-being of a neighbor who may need assistance, contact Social Services.

The LWMC Security team operates our complementary community shuttle system. As a part of our regular maintenance program, we are introducing a new fleet of Leisure World shuttles. The new vehicles will debut this spring, providing safe and convenient transportation for

residents.

Conclusion

Leisure World is big business! Food for thought: Total operating expenses for the community per year are approximately \$65 million; the insurable value of all properties and Trust facilities is \$1.3 billion; the campus consists of 610 acres, 5,659 residential units, and approximately 8,000 residents; the number of vehicles that come through our gates are estimated to be 1.6 million each year. Over the past five years, approximately 2,000 property transfers occurred. This equates to about 3,000 new residents joining the community. Changes in our population equate to evolving expectations from new residents; while still providing service levels expected by residents who have been part of the Community for many years.

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Community to Participate in Worldwide ‘Good Deeds Day’

by Fred Shapiro

Leisure World joins the greater Washington, D.C., community, along with hundreds of thousands of volunteers from around the world, in a day of service on Sunday, April 2.

Annual Food Drive

Sponsored by NA’AMAT, volunteers will collect containers of food on April 2 between 10 a.m.-1 p.m. in Clubhouse I for donation to Manna Food Center. Residents are urged to bring a few cans, jars or cartons of food, or a monetary donation. If you’re interested in volunteering to staff a table during the donation, contact Gladys Blank at (301-438-9666). For more information about Good Deeds

Day, visit (<http://www.good-deeds-day.org/>).

Leisure World has participated in Good Deeds Day for four years. The Jewish Federation of Greater Washington organizes the day locally, with support from a broad range of interfaith and social organizations.

Tech Day

Jewish Day School students will also return for two sessions on April 2 between 11 a.m.-1 p.m. to coach residents about current communication and computer technology in Clubhouse II.

The event is co-sponsored by the Center for Lifelong Learning and the Computer Learning Center (CLC). Students work one-on-one with residents to help them get the most out of their smartphones, tablets,



Students help residents with their technology questions at Tech Day in January. Photo by Fred Shapiro

laptops and other devices, as well as the CLC’s computers. More than 50 residents participated in the last technology session in January.

Interested residents are asked

to sign up at the E&R office in Clubhouse II. Indicate on the sign-in sheet the technology you would like to learn and the session(s) that you would like to attend.

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Topics to be discussed include:

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- Keep your affairs private and OUT of the PROBATE COURTS
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Seating is limited RSVP

Volunteer

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Metropolitan Washington Ear (MWE), a non-profit organization that provides free services to people in the Maryland, D.C., and Virginia area who cannot effectively read print. “The Ear,” as its known locally, is where Penn, a producer of Fun and Fancy Theatre Group plays, can combine her interest in current events with her love of being “on-stage,” albeit behind the scenes.

“I didn’t want to be an actress, but I do like expressing. And the news, I think, is very important. I watch news programs, I read The Post, and so I found it to be something that’s good for me,” she said.

Ironically, she learned of the volunteer opportunity from a help wanted ad published in the classified section of Leisure World News.

“I saw that and I thought, ‘Oh, that sounds interesting.’ So I called and they said, ‘Come on in,’” Penn said.

Every week since then, she has devoted a few hours of her time to The Ear, where she and staff members exchange pleasantries on a first-name basis. It isn’t long, though, before she gets down to business with eyeglasses, pen and newspaper in hand.

“Trump Rescinds Obama Directive on Bathroom Use,” she reads. “Okay, we’ll do that one.”

After a cursory flip through, she chooses another story to read from the front page, this one about planetary discoveries, and several others from the business, fashion and style and letters to the editor sections, which she writes the headlines of on a sheet of paper to keep track of her selections. The headline, “Trump Is Bad for Water and Puppies,” jumps out at her from the opinion pages.

She chooses this one, too. The article’s author, Gail Collins, is one of her favorite op-ed columnists because of her humorous take on current events.

“A move to deport more immigrants...” she mumbles to

herself, and trails off. “I’m trying to find non-Trumpian articles,” she explains, adding that “its not always easy.”

“How to Reduce Wrinkles Without Lasers or Chemicals,” she reads, and chuckles to herself, turning the page.

And so it goes for every session at the Ear. Penn selects the articles she’d like to read, often culled from The Times and The Washington Post, and then settles into a soundproof booth to record herself speaking into a headset.

Penn’s voice is soothing but firm, a sort of journalistic Mary Poppins with just the slightest hint of a Jersey accent. She reads each article as if she were addressing a friend; making sense out of its content in real-time, leaning into words for emphasis and pulling back when the story speaks for itself. If she stumbles over a word or mispronounces someone’s name, she politely apologizes to the listener and carries on with her reading. She allots herself just five or six minutes to read each

article; there’s no time allotted for self-flagellation.

MWE’s listeners use a touch-tone telephone to dial in to hear Penn and recordings by hundreds of other volunteers who read aloud from the morning paper, yesterday’s paper and other selected publications, at any time of day or night, seven days a week.

Penn has been with the organization since it was operating out of the third floor of a church. Even under inauspicious beginnings, volunteer readers had to first pass an audition, she said.

“They don’t just take anybody, and I know people who’ve not made it,” Penn said.

“They look to see if you can pronounce funny-sounding names.”

For the first few years of volunteering, she mostly read from the Christian Science Monitor, until the magazine stopped publishing a print version.

“I don’t know what will happen if newspapers go out of business,” she mused. “I guess maybe by then I’ll retire.”

Knee Arthritis - “Are You Risking Dangerous Knee Surgery By Not Knowing the Warning Signs?”

By Knee Pain Relief Specialist, Dr. Brian Paris

PAID ADVERTISEMENT



WASHINGTON, (DC) – If you or someone you know is suffering with knee pain or arthritis, tormented by daily, annoying, chronic pain or swelling, then reading this report could be the most important thing you do this year. It may even help you avoid the dangerous surgery that you currently think is your only option...

What we’re talking about here is the type of “ache” and “sharp pain” where you get so nauseated that you feel your only option is to stop what you’re

doing completely, reach for the painkiller drawer and wonder how long you’ll have to rest up for the painkiller drawer and wonder how long you’ll have to rest up for this time!

The thing is, all of those painkillers are not good for your stomach – and the long periods of rest you’ve been talking about, are not likely to be doing your heart and lungs much good either. And if you currently think that your only option is SURGERY, in the form of an even more painful knee replacement, then I urge you to read this report right up until the end...

Over the last 15 years I’ve been working on a daily basis to help people aged 50+ find relief from daily, annoying, and often severe, chronic knee pain – and what I can tell you is that the cocktail mix of more rest and more pills will do absolutely nothing to get to the root of the cause of most types of chronic knee pain...

And it’s because I’m growing increasingly frustrated with the number of people suffering unnecessarily that I’ve written a 13 page report that details the 7 things that any person can do to relieve pain naturally...and I want to send you this report at no charge.

Now, I don’t know if these 7 things will relieve you of your pain completely and I can’t promise that what has already worked for most of my patients and clients over the past 15 years, will work for you... However, reading my free report is sure better than spending another day “resting”, “accepting it”, thinking “it’s your age” or worse yet, risking surgery by masking it with harmful and costly pills.

If your knee pain or arthritis is affecting your job and your ability to keep active and it threatens your independence or hinders your family leisure time...then you really need to read my free report. The 7 things I’m going to share with you in my report are not what “THEY” (the prescription pushers or surgeons) want you to hear – simply because my tips are mainly natural and free.

I want you to imagine how life will be years from now if you DON’T get a grip if your knee arthritis now. How will your knee pain affect your job, your mobility or independence? Will you be a fun person to be with? Or live with? It’s time to request my report. Call (301)-563-9226. There are limited copies so call today! Or visit us at our website for instant access.

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Garden of Remembrance

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All you can eat Irish Buffet will feature...

- ❖ Corned Beef and Cabbage
- ❖ Shepherd's Pie
- ❖ Irish Stew
- ❖ Boiled Potatoes and Carrots
- ❖ Fresh Steamed Green Beans
- ❖ Potato Leek Soup
- ❖ Salad Bar and Rolls
- ❖ Homemade Bread Pudding

Call 301-598-1330 for reservations

Easter Dinner

Sunday, April 16th in the Crystal Ballroom
\$25 plus tax and gratuity

Our all-you-can-eat buffet will feature...

- Tender Leg of Lamb
- Sliced Beef Tenderloin
- Fresh Broiled Salmon
- Mashed Sweet Potatoes
- Honey Glazed Carrots
- Roasted Brussels Sprouts
- Assorted Cakes and Pies
- Fresh Roasted Turkey
- Hand Carved Honey Ham
- Whipped Potatoes and Gravy
- Homemade Bread Stuffing
- Green Beans Almandine
- Fresh Seasonal Salad

**Reservations available for 12:30 p.m., 3:00 p.m., or 5:30 p.m.
301-598-1330*



Mother's Day Brunch

Sunday, May 14th in the Crystal Ballroom 10 a.m. until 3 p.m.
\$22 plus tax and gratuity

301-598-1330 for reservations

CLUBHOUSE GRILLE HOURS

Tuesday – Saturday: 3–10 p.m. | Sunday, Monday: Closed

For Clubhouse Grille reservations call 301-598-1330

STEIN AND TERRACE ROOM HOURS

Sunday: 9:30 a.m. – 8 p.m. | Monday – Tuesday: 9 a.m. – 8 p.m. | Wednesday – Saturday: 9 a.m. – 9 p.m.

For Stein and Terrace Room reservations, call 301-598-1331

March 9: MVA Mobile Office Returns

Need to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, March 9. The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m. Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address. If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

March 16: New Resident Orientation

Did you recently move to Leisure World? You'll want to attend the New Resident Orientation on Thursday, March 16, at 3 p.m. in the Clubhouse I Crystal Ballroom. Take the opportunity to meet other new residents, learn about governance in the community, clubs, available services and amenities, and enjoy light refreshments. Leisure World managers and community leaders will attend and be available to answer questions. There will be a general presentation, a Q&A session, and an opportunity before and after the formal program to visit with key staff and representatives of groups and organizations. Residents planning on attending are asked to RSVP to the E&R department in Clubhouse I at (301-598-1320).

Post Office Services

Located in the Administration Building, Leisure World's U.S. Postal Service center is open Monday through Friday, 8 a.m.-2 p.m. Stamps, mailing boxes, and certified and insured mail services are available. Payment is accepted by check or cash only. The post office cannot provide Express or International Business services due to local restrictions.



Robo Call Reminder

As the winter season approaches management will use robo calls, along with the closed-circuit information channels 972 and 974, to inform residents of any delays or cancellation of services due to weather conditions. Robo calls will be made only in emergency-type situations.

Dial 301-598-1313
for recorded Daily Events

2017 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting The March 17 meeting will air on March 22, 23 and 24.	Board of Directors Meeting The Feb. 28 meeting will air on March 6, 8 and 10.
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Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record. Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups. The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excecomm@lwmc.com

- ☐ Emergency Preparedness Advisory Committee
- ☐ Health Advisory Committee

April 26: Personal Emergency Preparedness Workshop

by Emily Geller

On Wednesday, April 26, from 1-4 p.m. in the Clubhouse I Crystal Ballroom, the Emergency Preparedness Advisory Committee and the Health Advisory Committee present a workshop on personal preparedness for emergencies. Candice Covin, a disaster program manager for the American Red Cross, will speak on how individuals should prepare for disasters; another speaker to be determined will speak on how residents can prevent injuries to themselves in their daily lives. In two breakout sessions, the speakers informally demonstrate their topics in smaller groups. In this interactive workshop, audience questions are encouraged throughout the program. Please join us on April 26 for this informative workshop.

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**FRIDAY, MARCH 17TH
5:00-7:00PM**

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at sborowiec@5ssl.com or 301-598-6424.**



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Residents' FORUM



LETTERS

Residents' Forum Guidelines

from the Leisure World News Advisory Committee
See LW News Guidelines and
Board Standing Rules at lwmc.com.

Waste of Money?

Several recent letter writers have shown that the reasons given for spending \$7 million to tear down and replace our beautiful administration building (bank presence, office space, parking, access, code problems, etc.) all have cheaper and simpler solutions. I even did my own walk-through and saw with my own eyes that there is plenty of available space if used properly. Despite this the LW Board voted recently to continue with the project.

I second one writer's call to speak out "before the bulldozers arrive". You can

email the Board of Directors (board@lwmc.com) or you might contact your Mutual's representative. (If necessary, you can call the administration office at (301-598-1000) to find out who that is.)

Remember, it's our money. The "resales fund" came from our pockets when we bought our units.

If this \$7 million were distributed equally among the 5,659 units, it would come to more than \$1,200 per unit. Let them know that we're not happy with spending that kind of money on unneeded projects.

— Rodney Brooks



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Ingleside at King Farm is expanding with the proposed building of 125 new independent living apartments, 32 private assisted living memory support suites, and a Center for Healthy Living subject to approval by the Maryland Department of Aging.





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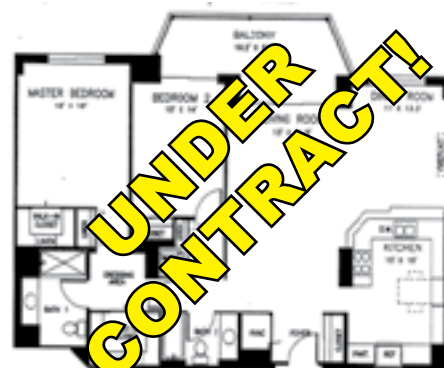
"E" Model - Greens - \$164,900

2 BR, 2 BA, 980 sq. ft., Hardwood flrs throughout, recent appliances, window treatments, pleasant view of trees and park.



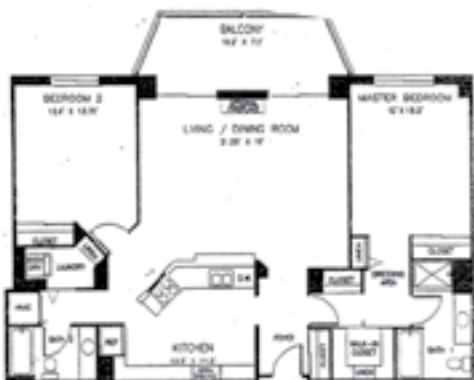
"B" Model - Overlook - \$195,000

2 BR, 2 BA, 1035 sq. ft. Table space kitchen, dining L, golf course view.



"FF" - Overlook - \$329,000

2 BR, 2 BA, 1320 sq. ft. Hardwood floors, table space kitchen, separate dining room, master bedroom with two walk-in closets.



"QQ" Model - Vantage W - \$299,000

2 BR, 2 BA, 1335 sq. ft. Table space kitchen, separate laundry room.



"FF" - Overlook - \$299,950

2 BR, 2 BA, 1320 sq. ft. Updated kitchen, move-in condition.



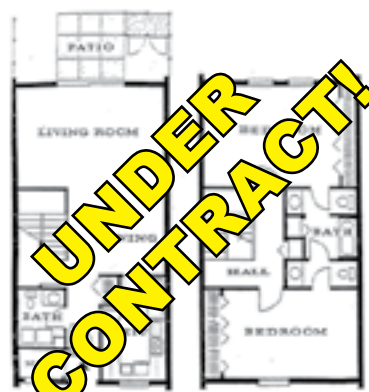
↑"E" Model - Fairways - \$159,000

2 BR, 2 BA, 980 sq. ft. Separate DR, table space kitchen, walk-in closet in master bedroom.



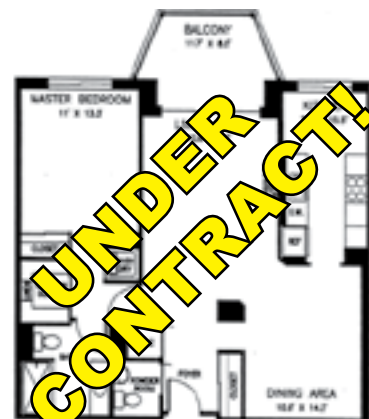
"EE" Model - Turnberry - \$274,900

2 BR, 2 BA, 1255 sq. ft. Table space kitchen, freshly painted recent carpet, golf course view, close to elevator, garage space included.



Berkeley Townhouse - \$139,000

2 BR, 1 FB, 2 HBA, 1600 sq. ft. Freshly painted, patio, extra storage.



"A" - Overlook - \$154,950

1 BR, 1.5 BA, 930 sq. ft. Freshly painted, golf course view.

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Events & ENTERTAINMENT

■ Fireside Forum

March 5: Using Art to Tell Women's Stories

by Jonas Weiss

Cindy S. Aron, an American historian and author with a specialty in the history of women, presents a Fireside Forum program on Sunday, March 5, at 2:30 p.m. in the Clubhouse II auditorium.

Aron will use the artworks in the collection of the Smithsonian American Art Museum to talk about the history of American women. There isn't just one story; the history of women in America encompasses family, politics, sex and work. And these multiple stories vary with region, race and class. She will show the art that can help us to understand what our past looks like when it is refracted through a female lens.

Aron's first book, "Ladies and Gentlemen of the Civil Service: Middle Class Workers in Victorian America," is a story of the first gender-integrated white-collar workplace: the federal bureaucracy civil service in Washington, D.C.

Cindy Aron is an alumna of Brandeis University and of the University of Maryland, and a former professor of history at the University of Virginia.



Cindy S. Aron, courtesy photo

Since retiring, she has been a docent at the Smithsonian American Art Museum, where she enjoys giving tours to groups of adults and school children.

Joan Hecht is the host for the speaker.

■ Upcoming Programs

More Sunday programs with distinguished speakers for this Fireside Forum season include:

April 2 – The First Capitols and the Image of Congress from 1789 to 1830

May 7 – Babe Ruth and the Black Sox Scandal

June 4 – Henrietta Lacks: Her Story Revealed

■ Foundation of Leisure World

March 6: 'Grand Train Tour of Switzerland'

by Bob Stromberg

On Monday, March 6, the Foundation of Leisure World

offers residents a video train tour of Switzerland at 2 p.m. in Clubhouse II.

It's hard to imagine a more exciting destination than the Swiss Alps. The travel video, hosted by Jeff Wilson and using photography by Emmy-award winning photographers, features rides on several classic trains such as the Glacier Express, William Tell Express and the Chocolate Train.



Viewers won't spend all their time enjoying scenery through the train window; the train makes several 'stops' at stunning destinations, including Zurich, St. Moritz, Lucerne, Geneva, and other Swiss cities.

Light refreshments will be served immediately following the video.

There is no charge for residents and their guests. Please note, however, that the Foundation survives only on contributions from residents. We are a 501(c)3 organization, so donations are tax exempt.

■ Education and Recreation Department

March 9: From Hollywood Film to Broadway Musical

Join Steve Friedman on Thursday, March 9, at 1:30 p.m. in Clubhouse I for his continuing series of programs on the history of Broadway.

In the costly world of producing a Broadway musical, tried and true stories are often the best options. To produce a Broadway musical today, producers want material that is known and has a following. Explore classic movies such as "All About Eve" or "Sunset Boulevard" (and some not-so-classic names) that have been made into Broadway musicals, many with great success. Come and learn the stories and backstories of these musical theatre creations.

Live song is part of the presentation.



Steve Friedman, photo by Leisure World News

Tickets are \$5 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

■ Rossmoor Woman's Club

March 13: Vendor Sale

Coming soon: a big day for inexpensive gifts!

On Monday, March 13, the Rossmoor Woman's Club RWC holds its spring vendor sale from 10 a.m.-3 p.m. at nearby Bedford Court, 3701 International Dr., adjacent to Leisure World.

The sale features hundreds of items, all priced at \$6 apiece. Attractive costume jewelry, scarves and accessories for men, woman and children will be available for purchase.

The sale is open to the public, and both cash and credit cards are accepted.

Proceeds from the sale help fund RWC's recipient charities, including local hospices, a woman's shelter, and both high school and college scholarships.

– Marcia L. Elbrand

■ Arts In Motion

Performers Bring Down the House, and Audiences Feel the Glow

by York Van Nixon III

Where can you forget your aches and pains without hopping on a plane? Neighbor, the perfect getaway is closer than you think. Members of Arts In Motion (AIM) have near out-of-body evenings every month. Just ask the next person you meet with a wide smile in Leisure World. Chances are high they still feel the glow from our last Café AIM concert.

Join us at upcoming events:

Shirleta Settles

Few performers at Café AIM have “brought down the house” as Shirleta Settles has; she left the audience cheering for more of her incomparable showmanship here in October 2016.

Settles’s return performance is Friday, March 10.

As a reminder to ticket holders, cocktails begin at 6 p.m., and the show starts at 7 p.m.

Janine Carter

Jazz aficionados will always remember



Shirleta Settles, courtesy photo

songstress and educator Ronnie Wells. Though she left us 10 years ago, her gifts were instilled in singers like Janine Carter. She makes her Café AIM debut Friday, April 14.

Tickets are \$15 (checks only, payable to AIM) and go on sale Monday, March 13, at



Janine Carter, courtesy photo

8:30 a.m. in the E&R office in Clubhouse I. The price includes hors d’oeuvres and snacks. Cocktails begin at 6 p.m., and the show starts at 7 p.m.

To join or purchase tickets online, visit our website at (AimArts.net).

■ Education and Recreation Department

March 17: Join The Brothers Flanagan



The Brothers Flanagan at Nationals Ballpark, courtesy photo

On St. Patrick’s Day, let The Brothers Flanagan put a little Irish in your day! The singing quartet returns to Leisure World on Friday, March 17, for a 7 p.m. performance of Irish and Irish-American favorites in the Clubhouse II auditorium.

The Brothers Flanagan have entertained audiences in the Washington, D.C., area since 1990. The group performs both a cappella and accompanied music

that includes a broad range of styles and genres — everything from show tunes, Americana, and traditional barbershop quartet favorites to patriotic music — throughout the year. But they never forget their roots, and performances around St. Patrick’s Day are the highlight of their season.

Tickets are \$7 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.



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■ Lions Club of Leisure World

March 24: Get ‘Connected’ with the Best Musicals

by Joan Guberman

Get “Connected” with the best of Broadway and movie musicals by joining the Lions Club on Friday, March 24, at 7 p.m. in Clubhouse II for a high-energy show presented by the young stars of Take the Stage Performance Company.

An Opportunity To Hear Tomorrow’s Stars

Take the Stage Performance Company showcases the top young talent from the Washington, D.C., region. Company members have performed on Broadway in such shows as “The Little Mermaid,” “Rent,” “All Shook Up,” “Billy Elliott” and “The Addams Family.”

The directors — Susan Alexander Thompson, Tammy Roberts, Donna Reese, and

Diane Hamilton — have years of experience directing, choreographing and performing in plays produced by regional theaters including the Signature Theatre, John F. Kennedy Center for the Performing Arts, and Wolf Trap National Park for the Performing Arts.

Tickets

Tickets to “Connected” go on sale Tuesday, March 7, at 8:30 a.m. in the E&R office in Clubhouse I. Admission is \$10, and checks should be made payable to the Lions Club.

The performance will generate funds for Lions activities such as Camp Merrick, which provides summer vacations for children with long-term health challenges, and the Leader Dog program for people coping with loss of hearing and vision.


Coming in 2017

The E&R Department is pleased to provide the following programs.

March 9, 1:30 p.m.	Steve Friedman on “From Hollywood Film to Broadway Musical”
March 17, 7 p.m.	St. Patrick’s Day Celebration with The Brothers Flanagan
March 31, 3 p.m.	Washington National Opera’s Domingo-Cafritz Young Artists
April 1, 3 p.m.	Olga Vinokur, pianist

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

TAX SERVICES



We have Leisure World residents as Tax professionals who are available for home visits if needed.

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■ Ballroom Dance Club

March 25: Next Dance Features Swing’N On A Star

by Joyce Hendrix

Swing’N On A Star provides the music for the Saturday, March 25, dance from 7:30- 10:30 p.m. in the Clubhouse I Crystal Ballroom. The musical quartet placed third in the 2016 Leisure World ballroom dance band poll.

Swing’N On A Star has played for weddings, parties and banquets since 1966 and was originally known as the Toronados. They perform rock and roll, Latin, swing, ballroom and even the Hora with equal proficiency.

By day, these musicians are: a certified auditor, an assistant professor, owner and operator of a dental lab, an MBA, a CPA, an actress, members of both the Maryland Symphony Orchestra and the Baltimore Symphony Orchestra, a Best Supporting Actress in a Maryland One Act Play Festival, and a member

of the touring company of the Broadway hit play “Swinging On A Star.”

The group features Michael Binder, leader, saxophone and clarinet; Colton Hammond, keyboards; Matt DeSilvestro, guitar and vocals; Alan Lichtman, drums; and Linda Russell, vocals.

Please make your advance reservations with Irmgard Patrick at (301-598-2984). The suggested dress for the winter dances is dressy dresses or pantsuits for the ladies and jackets and ties for the gentlemen. Admission to the monthly dances is \$10 per person for members and \$15 per person for guests.

Come out to our March dance and let Swing’N On A Star put you in a dancing mood, with some of their swing, rock and roll, Latin, pop-standards, Broadway and perhaps a bit of disco music.

■ Education and Recreation Department

March 31: Opera by ‘Young Artists’

The E&R Department welcomes back performers from Washington National Opera’s esteemed Domingo-Cafritz Young Artist Program. On Friday, March 31, at 3 p.m., they present a concert featuring thrilling scenes and arias from the operatic repertory. This is a performance that can be enjoyed by anyone, not just opera buffs.

The Domingo-Cafritz Young Artist Program is unique in guiding young singers, coach/accompanists, conductors, and stage directors on the verge of international careers. The Program provides intensive study with renowned vocal and drama coaches, and offers voice lessons, language classes, career guidance and master

classes from staff and guest artists. The Young Artists also have the opportunity to perform and cover roles on the main stage of Washington National Opera. This year’s performance features Leah Hawkins, soprano; Daryl Freedman, mezzo-soprano; Frederick Ballentine, tenor; Hunter Enoch, baritone; Timothy J. Bruno, bass; and Michael Sherman, piano. Their program includes classic opera, like “Votre toast” from “Carmen”, and Broadway musical songs, like “If I Loved You” from “Carousel”.

The performance is free, but tickets are required, two per household. They can be picked up at either the Clubhouse I or Clubhouse II E&R office. Please bring your Leisure World ID.

■ **Education and Recreation Department**

April 1: Pianist Olga Vinokur

The E&R Department is pleased to introduce pianist Olga Vinokur to Leisure World. She presents a program of classic and contemporary piano pieces on Saturday, April 1, at 3 p.m. in the Clubhouse II auditorium. Vinokur is an acclaimed pianist and a dynamic performer who is gaining recognition for “the strength and consistency of her artistry” as noted by The New York Times. She has appeared in the U.S. and internationally as a featured artist or soloist at numerous national and international venues. She also is



Olga Vinokur, courtesy photo

an avid chamber musician. Dedicated to new projects, Vinokur is committed to performing the music of today. Known for adventurous and imaginative programming, she has premiered solo and chamber works collaborating with both established and emerging composers. Vinokur has produced four CDs; the most recent, released in November 2016, features Rodrigo music recorded with violinist Eva Leon. Tickets for this private performance are \$6 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

■ **Hispanos de Leisure World**
 ■ **Leisure World Association of African American Culture (LWAAAC)**

April 1: Latin Dance Party

by Patricia Means

Hispanos de Leisure World and LWAAAC are co-hosting a Latin Dance Party on Saturday, April 1, from 6-10 p.m. in the Clubhouse I Crystal Ballroom. Light refreshments and a cash bar will be available during the cocktail hour from 6-7 p.m. Dancing begins at 7 p.m. starring the Grupo Quimbao Latin Band with drums (timbales), congas, piano and vocals, playing salsa, merengue, cumbia, bachata,



Grupo Quimbao Latin Band, courtesy photo

chachacha, bolero, Latin and afro jazz, and Cuban, Mexican and Brazilian music. Grupo Quimbao will keep you on your feet from start to finish. If you love to dance or listen to Latin music, this is the party for you. All residents, their families and friends are invited to this event. Tickets are \$15 per person, checks only, payable to LWAAAC. Reserved tables seating 10 people each may be purchased. Tickets go on sale Tuesday, March 7, at 8:30 a.m. in the Clubhouse I E&R office.

■ **Foundation of Leisure World**
 ■ **Education and Recreation Department**

April 22: Brian Choper Jazz Project Celebrates Sinatra



The Brian Choper Jazz Project ensemble, courtesy photo

The swing jazz ensemble Brian Choper Jazz Project with Peter Cannella comes to Leisure World on Saturday, April 22, at 7 p.m. in the Clubhouse II auditorium. The ensemble concert is a tribute to Frank Sinatra entitled “Our Way: Celebrating the Music of Frank Sinatra” and includes many of the great legend’s most popular songs. The band is led by veteran drummer Brian Choper, who was mentored by legendary jazz drummer Buddy Rich, and features tenor Peter Cannella. While Cannella performs in the style and manner of Sinatra, he also adds his own interpretation to such classics as “Georgia.” The band also features other talented musicians, including a dynamic horn

section, that recreates the classic sound and mood of Sinatra’s music. More information, pictures and video for the ensemble visit: (www.bigshotrecords.com/about-choper-jazz-project-features-peter-cannella). The event is co-sponsored by the Foundation of Leisure World and the E&R Department. Tickets are \$10 per person and go on sale Tuesday, March 7, at 8:30 a.m. in both clubhouse E&R offices. The Foundation of Leisure World is a 501(c)3 organization that was established for charitable, health, educational and cultural purposes. Contributions to the foundation may be claimed as deductions on income tax returns to the extent permitted by law.



Visit us online at

www.lwmc.com/lwnews

■ Hispanos de Leisure World

March 10: ‘I’m So Excited!’

Hispanos de Leisure World presents the Spanish movie “I’m So Excited!” (“Los Amantes Pasajeros,” 2013, 1 hour 30 minutes, comedy, rated R, Spanish with English subtitles) on Friday, March 10, at 3 p.m. in Clubhouse I.

“I’m So Excited!” is a 2013 Spanish comedy film written and directed by Pedro Almodóvar. When a flight bound for Mexico City runs into trouble, the frightened passengers aboard start sharing their deepest secrets, with hilarious results.

Members and all residents are welcome to attend. Come early, as seating is limited. Refreshments are available and donations are suggested.



– Carlos Montorfano

■ Education and Recreation Department

Sunday Afternoon at the Movies

March 26: ‘Nina’

The E&R Department is pleased to present “Sunday

Afternoon at the Movies.” The movies are shown at 2 p.m. in the Clubhouse II auditorium. On Sunday, March 26, the featured film is “Nina” (2016, 1 hour 30 minutes, biography/drama/music, not rated).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, March 7, at 8:30 a.m. Please bring your Leisure World ID.

Tracing jazz singer and pianist Nina Simone’s stormy life and career, this affecting

biopic recounts her astonishing decision to stop recording and the determined efforts of her manager, Clifton Henderson, to restore her passion for music.

Simone is played by Zoe Saldana; Henderson by David Oyelowo.

Sunday movie screenings are for your enjoyment; there is no charge.

Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.

Donations to help cover the expenses associated with the presentations are gratefully accepted. A basket will be available for your contribution.



2017 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
March 26, 2 p.m.	Nina	March 7
April 13, 1 p.m.	Miracles from Heaven	March 21
April 30, 2 p.m.	My Big Fat Greek Wedding 2	April 11
May 25, 1 p.m.	Mr. Church	May 9

Movies are subject to change.

■ Jewish Residents of Leisure World

March 30: ‘Rosenwald’

by David Firestone

Join us for a screening of “Rosenwald” (2015, 1 hour 35 minutes, documentary, not rated) on Thursday, March 30, at 1:30 p.m. in the Clubhouse II auditorium.

Acclaimed documentary filmmaker Aviva Kempner examines the life of Julius Rosenwald, the son of German-Jewish immigrants who rose to become one of the wealthiest men in America as well as a beloved humanitarian. After helping build Sears, Roebuck and Co., he was its president and chairman from 1908-1932.

The film explores Rosenwald’s historic partnership with African-American communities in the South and

his efforts to build schools for them in the early 20th century.

Tickets to the movie are \$7 per person (checks only, payable to JRLW) and are available at the E&R office in Clubhouse I beginning Tuesday, March 7, at 8:30 a.m.

The movie is co-sponsored by the Jewish Residents of Leisure World and the Bender Jewish Community Center of Greater Washington’s Coming of Age Program.



Upcoming Movie

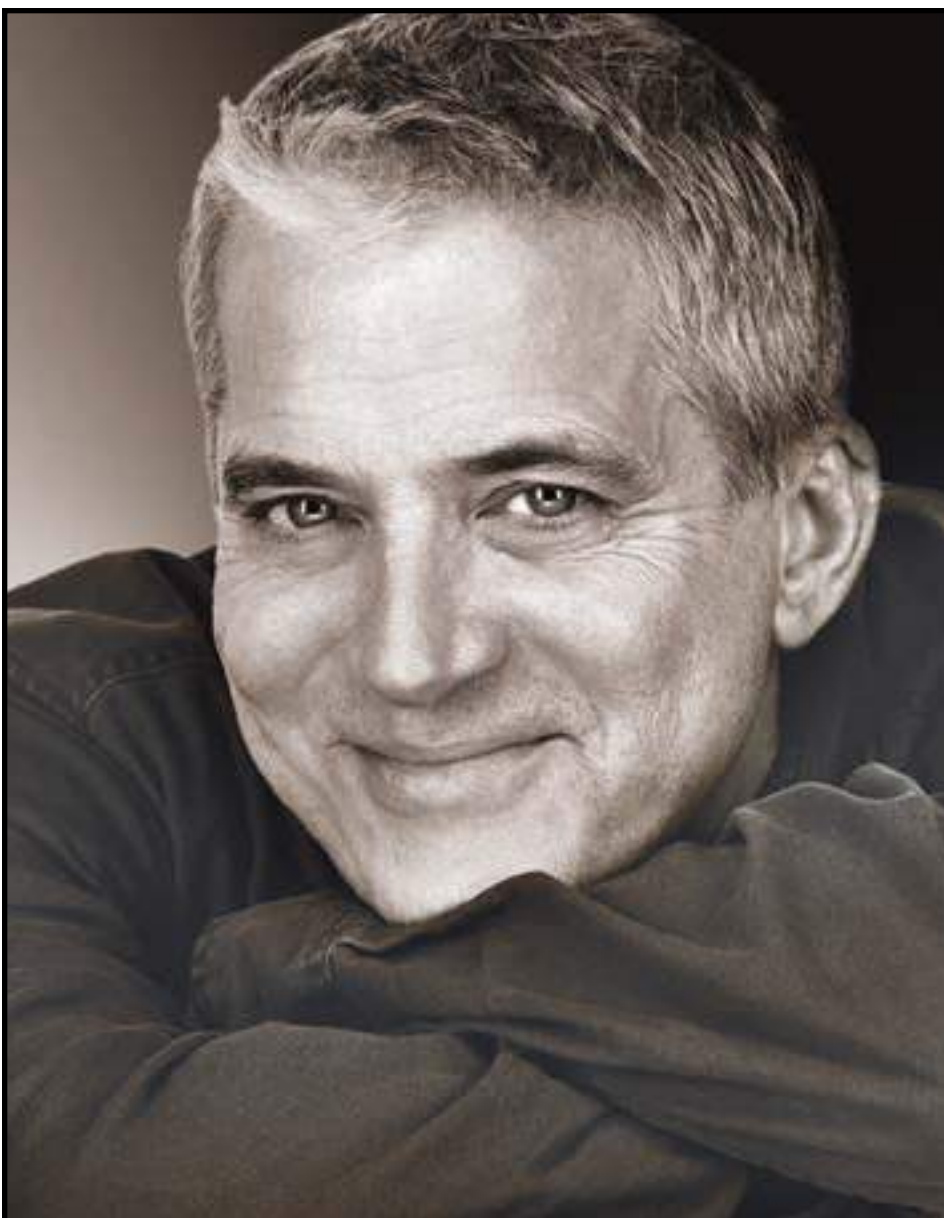
A screening of “The Women’s Balcony,” a comedy/drama set in Jerusalem, is scheduled for Thursday, April 27, at 1:30 p.m. More details and ticket information are forthcoming.

Victorian Lyric Opera Company presents
LA PERICHOLE (in English)
 Friday and Saturday, March 3 & 4 at 8 p.m.;
 Sunday, March 5 at 2 p.m.
 TICKETS: \$28 ADULTS; \$24 SENIORS; \$20 STUDENTS

Glenview Mansion presents
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 Thursdays, March 16, April 20 and May 18 at 7 p.m.
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Rockville Civic Ballet presents
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 Saturday, March 18 at 7:30 p.m.; Sunday, March 19 at 2 p.m.
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Health & FITNESS

■ Stroke Support Group

March 8: Speakers Discuss Pharmacy Supplements, Deliveries

by Sally MacDonald

The next Stroke Support Group meeting is Wednesday, March 8, at 1:30 p.m. in Clubhouse II, the second Wednesday of the month as usual.

The meeting's speakers are the pharmacist and nutritionist from Knowles Apothecary, one of Bethesda's most respected, long-time pharmacies, which provides

patients with a wide range of natural supplements. They will inform us about the possible use of such supplements to replace some medicines.

Knowles is unusual; as a compounding pharmacy, they can make medicines from scratch and in whatever forms are needed, such as replacing large tablets, pills or capsules with easier liquid or chewable forms. We will learn more about substitutions and

possible delivery options within Leisure World.

A number of residents already depend on Knowles for supplements. Plan to attend the next meeting to learn more about their services.

Everyone is welcome to attend Stroke Support Group meetings. Our effort is always to share information, particularly that which might be of help to stroke survivors and their families.

February Meeting

At our last meeting, the group was entertained by the Fun and Fancy Theatre Group – a wonderful treat! We then had a group discussion about transient ischemic attacks, or TIAs – small, transitory strokes that are often overlooked, but may precede and indicate a potential, larger stroke. It is important that people know about these, and the early treatments available for them.

□ Health Advisory Committee

March 8: Dementia Caregiver's Panel

by Sandra McLeskey

When my husband was diagnosed with Alzheimer's disease, I joined the ranks of caregivers with loved ones suffering from dementia. My experiences as a nurse helped me in this role, but there were still many pitfalls. Since Alzheimer's disease is a progressive disease, the situation was always changing. New problems

arose, or previous solutions to old problems stopped working. I was concerned about legal and financial issues. Fortunately, I had resources in the community and among my friends to draw on and was able to cope.

If you are the caregiver of someone with dementia, or if you have a family member who is functioning in that role, you could probably benefit from attending the Caregiver's Panel spon-

sored by the Mental Health Subcommittee of the Health Advisory Committee to be held on Wednesday, March 8, at 2:30 p.m. in Clubhouse I.

The panel will consist of four presenters. I will talk about my caregiving experiences; Agnes Collins, a resident, will talk about resources available from the Alzheimer's Association; Susan Montgomery, a Leisure World social worker, will

talk about resources available in Leisure World and in Montgomery County; and Sonny Grunder, a resident, will talk about the caregivers' support group she facilitates that meets in the Inter-Faith Chapel.

After the presentations, the panel will address questions from the audience.

Tickets for this event are free and are available at the Clubhouse I E&R office.



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■ Low Vision Support Group

March 8: Home Fire Safety Discussion

by Larry Cohen

The next meeting of the Low Vision Support Group is on Wednesday, March 8, at 1 p.m. in Clubhouse I. The speaker is Jim Resnick, the program manager for Montgomery County Senior Outreach Services. He will talk about fire safety in the home, and how he can help you make your home safer with simple fixes for little to no cost.

The group president, Larry Cohen, also will talk about plans for free classes, plus a table of

brochures will be available with information on low vision help in travel, technology and home care.

The group will discuss classes that we would like to start in April for low vision and blind residents to help make life easier when picking out clothes, identifying colors and working with appliances, to name a few everyday activities that might be challenging for those with low vision.

The support group is here to help, so come join us and bring a neighbor, friend or relative who is interested.



March 8: Deacon to Speak on End-of-Life Issues

by Mary Ann Johnston

The next meeting of the Patients Rights Council of Leisure World is Wednesday, March 8, at 1:30 p.m. in Clubhouse I.

The meeting's speaker is Deacon William Heineman from Our Lady of Grace Catholic Church, who will speak to us on end-of-life issues, including a discussion on the consequences of legalizing physician-assisted suicide.

Our Lady of Grace Church and Heineman offer support to the residents of Leisure World, Our Lady of Grace parishioners, and the families of individuals nearing the end of life. He will present several issues of importance that affect us and those we love. All residents are invited

to hear this important discussion on life and death and end-of-life concerns.

Heineman spent his professional life in management within information technology. He was actively involved in his parish for many years before becoming a deacon. During his diaconal formation, he ministered to many people who were in the hospital and also supported elderly family and friends as they dealt with difficult life issues.

Suggestions for amending the Council's by-laws will also be presented at the March meeting, and our treasurer is now accepting \$10 dues for 2017.

End-of-Life Legislation

The Patients Rights Council of Leisure World presents programs on end-of-life issues and also opposes legalizing physician-assisted suicide. The Maryland General Assembly has again introduced bills to legalize physician-assisted suicide in Maryland. The bills this year – HB 370 and SB 354 – are almost identical to those

introduced the past two years that died in committee due to lack of support. The House Health and Government Operations and Judiciary Committees held hearings on HB 370 on Feb. 16, and a broad-based coalition of groups opposed to this bill testified at the hearing. The Senate hearings are on Tuesday, March 7. Members are encouraged to contact Maryland Against Physician Assisted Suicide at (<http://stopassistedsuicidemd.org>) for more information on the bills.

Members and others opposed to physician-assisted suicide are encouraged to contact Montgomery County representatives and express our concerns. Our representatives are State Sen. Roger Manno, (James Senate Office Building, 11 Bladen St. Annapolis, MD 21401) and House delegates Bonnie Cullison, Benjamin Kramer and Maricé Morales (House Office Building, 6 Bladen St. Annapolis, MD 21401). The toll free phone number for both Sen. Manno and House delegates is (1-800-492-7122).

■ Compassion and Choices of Leisure World

Seeking Truth in Treatment Options

by Rosalind Kipping

Compassion and Choices of Leisure World meets on Monday, April 3, at 2 p.m. in Clubhouse I.

Compassion and Choices believes that our healthcare system routinely subjects patients with advanced illness to futile tests and treatments. The side effects can reduce the patient's quality of life and override individual priorities. We think that if a medical assembly line approach is abandoned, then patient care will improve.

Our group believes that everyone should get to choose how they spend their final days. For millions of Americans with life-threatening illnesses, medical decisions that affect their quality of life are made for them. Once on the medical assembly line, it is hard to get off. Learn about end-of-life options and treatments, and how to address them with your physician so that you receive the necessary information to make informed choices.

Supporting materials are distributed at the meeting to help you maintain control of your healthcare. Materials on a wide variety of end-of-life issues are always on our resource tables. Come early and take whatever information you find useful.

Compassion and Choices programs are free to all residents and their guests. For more information, contact Rosalind Kipping at (rozkiping@comcast.net) or (301-598-4171).

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FISH Has Volunteer Slots Available

by Beth Leanza

Many FISH volunteers have a regular session at the FISH desk each month, but some slots opened recently. If interested in volunteering, contact FISH president, Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

Training on Assistive Equipment

Two former therapists will hold sessions to teach people how to properly and safely use assistive equipment. The 15-minute sessions are Monday, March 6, through Friday, March 10, from 1-3 p.m. in Clubhouse II.

They will explain safe usage for walkers, wheelchairs, bath equipment and commodes. No need to pre-register! If you arrive late for one session, you can stay through the next session.

FISH volunteers are encour-

aged to come and learn more about the equipment we lend out. Anyone who uses or helps someone who uses assistive equipment is also encouraged to attend.

Loaners and Giveaways

The mission of FISH is to lend or donate assistive equipment to residents and employees of Leisure World. We lend wheelchairs, walkers, commodes, tub stools and elevated toilet seats. FISH suggests a loan period of one to three months, but longer periods may be allowed. If you want to keep an item permanently, please contact FISH president Beth Leanza at (301-598-4569).

FISH also receives donated items that we give away. We get all kinds of useful things: incontinence aids (pads, bed pads, adult diapers), blood pressure equipment, comfort cushions and canes. To keep the office from getting too messy, we have put a lot of these giveaways in

the closet on the lowest two shelves.

Lost and Found

If you have mislaid something, check out the lost and found items that are stored in the FISH office. It can take a few days for an item to make its way from Clubhouse I to Clubhouse II. Found items are stored in the closet for your perusal.

Helping Other Charities

FISH also assists other charities in collecting things, such

as labels, can tabs, eyeglasses and hearing aids. The collection boxes are in the office. If you are collecting for an organization, we are happy to accommodate you.

Hours

FISH is open Monday to Friday from 10 a.m.-4 p.m. (except major holidays).

E&R staff in Clubhouse II can assist you before or after hours or on week-ends. Our phone number is (301-598-1320).

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door at (15661 Norbeck Blvd., Silver Spring, MD 20906). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers are welcome. (If from outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in the Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: Have you lost your spouse? Leisure World residents meet as a group to support one another twice a month on Tuesdays, 3-4:30 p.m. Sponsored by the Jewish Social Service Agency (JSSA) Hospice and facilitated by Grace McMillan, LGSW, the group meets in the conference room at the MedStar Health medical center at (3305 N. Leisure World Blvd.). To register, call Suzanne Adelman, LCSW-C, JSSA Hospice at (301-816-2683).

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Call Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

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301-598-1022



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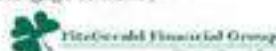
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3310 LEISURE WORLD BLVD #6-728	FAIRWAYS NORTH	Hi-Rise 9+ Floors	3	2.5	\$349,950	\$329,000	\$696
3330 LEISURE WORLD BLVD N #420	LEISURE WORLD	Hi-Rise 9+ Floors	2	2	\$168,500	\$168,500	\$0
3533S LEISURE WORLD BLVD #26-E	LEISURE WORLD	Townhouse	2	2	\$143,900	\$143,900	\$0
3352 CHISWICK CT #57-2G	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	2	1	\$84,000	\$84,000	\$0
3501 FOREST EDGE DR #14-2E	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	2	2	\$114,900	\$114,900	\$3,447
3511 FOREST EDGE DR #17-2G	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	3	2	\$184,900	\$175,000	\$0
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Clubs, Groups & ORGANIZATIONS

■ Rossmoor Library Guild

Check Out Wildlife at the Library

by Barbara Long

Thanks to the generosity of residents, our library has an array of magazines that can be browsed or even taken out for more detailed reading.

One such publication is “Audubon,” the voice of the National Audubon Society, whose mission is “to conserve and restore natural ecosystems, focusing on birds and other wildlife.” What an engrossing read for residents who appreciate the diversity of our natural environment.

In the March/April 2016 edition of the magazine, scientist and birder John Marzluff delves into the life of crows in an engrossing article about these fascinating, sometimes confounding creatures.

But one thing frequently leads to another in our



Photo by Leisure World News

library. A copy of “Welcome to Subirdia” by the very same John Marzluff recently appeared for sale on the used book cart. “Sharing our neighborhoods with wrens, robins, woodpeckers, and other wildlife,” the subtitle calls out.

The softcover, well-written, beautifully illustrated edition focuses on urban and suburban ecology.

There is much to be said for browsing. In the stacks, among the handful of bird books, a vintage treasure can be found:

a thick 1937 leather-bound copy of John James Audubon’s colorful drawings of birds. An item must be 100 years old to be considered an antique, and at 80 years, this volume is well on its way. The research that went into these drawings, along with the artistic skill, is impressive. The book is tucked away in a back corner of the stacks with other nonfiction books in the collection.

Other magazines available in the library include “National Geographic” (who could throw it away?) and a large selection of lighter reading focusing on improving the home and preparing recipes. One never knows what donations will bring.

Volunteers keep the lower shelf of the first aisle up to date, tidy and alphabetized. Recent copies in good condition are welcome, but keep in mind the limited space.

■ Model Railroad Club

Club Celebrates 10 Years Together

by Marilyn Chmielewski

The Rossmoor Model Railroad Club is celebrating its 10th anniversary. The club is located in Clubhouse II on the lower level in a secure space. We started small but have continued to expand.

At the beginning, we had about 500 square feet. We decided to limit our layout to the HO gauge trains in order to have everything we wanted for our passenger and freight trains to operate.

Our plans included a town area, a roundhouse area, commercial areas, mountains, streams, a trestle bridge, people and cars.

Members shared in the design process, and all worked on laying track and installing ballast to keep to keep the tracks stabilized. Some members constructed



Photo by Bob Kaplan

buildings and completed the scenery.

Through the years many residents have donated trains, track, buildings, plywood, and framing pieces (to help get us started). As we were given more space, we

also were able to add an O gauge layout for Lionel trains that many people grew up with.

Later, we added an N gauge layout. One of our newest members is working on a portable Z gauge layout

(one of the smallest). We are continually adding features, plus maintaining the trains and track.

Every summer and winter we have a one-day open house for residents, their families and friends. Shortly after Thanksgiving, the club sets up a display in the Administration Building foyer for about a month.

Meeting Information

Members try to get together on Mondays and Wednesdays from approximately 6-7 p.m. and on Thursdays from approximately 2-3:30 p.m. Meetings are the second Thursday of each month at 4 p.m. in Clubhouse II.

Feel free to stop in during these times. We may not be running trains, but we always love to show off the layouts and talk about model railroading.

■ Ceramics Club

Club Recognizes 36-Year Ceramics Veteran



Ceramic tureen with ladle, by Allyne Ike. Photo by Gail Bragg

by Gail Bragg

Allyne Ike is our featured artist for March. Ike had been doing ceramics for about 13 years before she came to Leisure World and joined the Ceramics Club in 1994 – yes, 23 years ago!

Since 1994, in addition to making a few hundred pieces, she has served as president of the club (more than once) and chaired several committees. Even though she has given many of her ceramic pieces to relatives and friends, she managed to keep a few for herself, and some of them can be seen in our display case all month in the Clubhouse II gallery.

The club's first monthly class was held in February with 12 members attending. They had fun learning to etch in leather-hard clay, and used plates, bowls, vases and plaques for their various designs. The next class is scheduled for March 11, and a sign-up sheet will be posted in the studio. Any interested non-members will need to join the club and complete basic training before that date if they wish to participate.

The Ceramics Club's \$10 annual membership fee includes instruction on how to make your own ceramic pieces. We welcome new members, so drop by our studio in Clubhouse II. You can view some

of our ceramic pieces in the gift shop in our studio (for sale with proceeds going to charity) and at our website, which can be reached via the Leisure World site (www.lwmc.com) or directly at (<http://sites.google.com/site/cccofleisureworld/>). We hope to see you soon.

■ Rossmoor Camera Club

Planned Summer Sessions Will Teach Photo Basics

by Nina Parish

Lou Paley and members of the Rossmoor Camera Club's executive board are planning several photography learning sessions for members of the community. These will probably occur over the upcoming summer months.

The sessions aim to lead participants from informally

learning about their cameras and the basics of good photography, to putting this learning into practice out in the community, to sessions on editing software on PCs or Macs in the Computer Learning Center in Clubhouse II, to, finally, guidance on how to print, matte and frame photos.

These sessions are in the

early stages of development but should prove to be a great experience for residents who want to learn more about how to take better photos on whatever devices they use. Further information is forthcoming.



"Fox Kit," by Lou Paley



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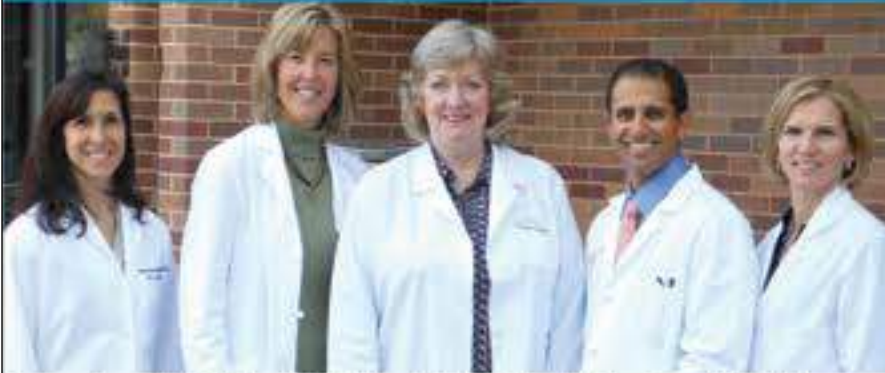
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■ Rossmoor Art Guild

These Boots (and Shoes) Were Made for Exhibiting

by Ann Bolt

Saturday's Open Studio group of the Rossmoor Art Guild (RAG) have borrowed, discovered, remembered, photographed and painted symbolic shoes for their "walk through life" exhibit in Clubhouse I. The exhibit features combat boots, ballerina slippers, high heels and stylish shoes we could never manage to walk in, and it continues through the end of March.

RAG members are invited to participate in a show at the Woman's Club of Chevy Chase on Friday, March 31, and Saturday, April 1. The deadline for registration and fees is Monday, March 13. A champagne reception is held the evening of March 31. Awards will be given out in seven categories: acrylic and pastel, watercolor, oil, portrait; photography; print and drawing; mixed media



Look for a painting of these boots in Clubhouse I. Photo by Ann Bolt

and sculpture; and mini. More details are posted in the studio.

The RAG board of directors invites members to attend their meeting on Wednesday, March 15, at 3:30 p.m. in Clubhouse I. Some brainstorming needs to be done to plan the Spring Fling and other RAG events. Your ideas are welcome.

■ Italian Social and Cultural Club

Un Festival Italiano for Members and Guests

by Florence Merola

The Italian Social and Cultural Club holds its annual Festival Italiano on Sunday, March 26, in the Clubhouse I Crystal Ballroom for its members and guests. Socializing begins at 5 p.m. with a cash bar, followed by a buffet of typical Italian food served at street fairs such as meatballs and spaghetti, sausage and peppers, eggplant parmigiana and lots more.

We are so happy to have the Monaldi Brothers back to entertain us with a variety of Italian standards, polkas, the tarantella and other line dances. The Monaldi Brothers were inducted into the Let's

Dance Social Club's Musician's Hall of Fame in 2013. Those who came to the Festival Italiano last year know what a wonderful evening it was. Those who weren't there won't want to miss it again.

Tickets for this event are \$25 per person (checks only, payable to the Italian Social and Cultural Club) and are available at the Clubhouse I E&R office beginning Tuesday, March 7, at 8:30 a.m. They will be available until Tuesday, March 21.

Table reservations may be requested by attaching a list of names to the checks. For tables of eight or 10, contact Flo Merola at (240-558-3119) or (flobender@aol.com).

March 8: Discussion on Affordable Care Act

by Elaine Apter

At its Wednesday, March 8 meeting at 10:15 a.m. in Clubhouse I, the League examines the future of the Affordable Care Act in an open discussion. We invite residents to come and share ideas and concerns about this important legislation affecting our health care. Since the League is non-partisan but issue-oriented, we look forward to having an interesting and informative dialogue on the subject.

League members who wish to discuss the state consensus topic, the Development Rights and Responsibilities Agreement, on March 8 can find presentations at other meetings around the county. For dates and times, please consult the League's newsletter, *Montgomery Voter*, call the League office at (301-984-9585) or visit our website at (<http://www.lwvmocomd.org/>).

The League thanks Juanita

Sealy-Williams of the Edmonson Historical Society for an excellent presentation on the history of the former Norbeck community. We were very impressed with the research this group has done and thoroughly enjoyed being enlightened on the history of our Leisure World area.

With the Maryland State Legislature now in session, the League publishes a semi-weekly update of the progress of important bills on various subjects. A report from State Circle can be accessed from the website.

The League also publishes a pamphlet entitled "The Elected," which contains contact information for all the elected officials for Montgomery County as well as the U.S. president, members of Congress and state officials. It is already available on our website, and we hope to place printed editions in the Clubhouse I E&R office – or you can contact Elaine at (301-438-8707) for a copy.

We appreciate Gold Castle

Jewelers in Leisure World Plaza for again selling out League calendars.

League meetings are free and open to the whole community.

We meet the second Wednesday of the month at 10:15 a.m. in Clubhouse I. For further information, contact Elaine at (301-438-8707).

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■ Republican Club

Next Meeting Reviews GOP News

by Fred Seelman

The next meeting of the Republican Club is Tuesday, March 21, at 1:30 p.m. in Clubhouse I.

With respect to Republican news, our GOP representatives in Congress are meeting in Washington, D.C., our Republican state legislative representatives and governor are busy in Annapolis and our local party officials are active in Montgomery County. And our new president, Donald Trump, is putting together his administration from all over the country. So, important Republican news is coming from many places. The Club will have a speaker at our next meeting to talk about some of this GOP news.

To follow Maryland

legislative action on your own, go to the Maryland General Assembly's website at (<http://mgaleg.maryland.gov/webmga/frm1st.aspx?tab=home>).

At our February meeting, the Club elected the following officers: president, Fred Seelman; 1st vice president, Ray Spieler; 2nd vice president, Irmgard Patrick; secretary, Donna Reilly; and treasurer, Joan Billerbeck. Mary Ann Johnston, a past club president, conducted election proceedings.

Send comments or questions about Club matters or offers to volunteer to club president Fred Seelman at (fseelman@gmail.com) or vice president Ray Spieler at (301-460-3563).

Join us for another quality event on March 21. And enjoy our refreshments.

■ Democratic Club

Former Gov. Martin O'Malley Speaks at March 9 Meeting



Martin O'Malley, courtesy photo

by Emile Milne

Former Maryland governor and presidential candidate Martin O'Malley will address the general monthly meeting of the Democratic Club on Thursday, March 9, at 7 p.m. in the Clubhouse I Crystal Ballroom.

Dave Kunes, recently elected chair of the Montgomery County Democratic County Committee, will also be introduced.

O'Malley will share his views on policies of the President Donald Trump administration, especially those regarding immigration. After Trump signed an executive order on Jan. 27 to temporarily ban entry to the U.S. by citizens from seven predominantly Muslim countries and all refugees, O'Malley urged resistance, paraphrasing Martin Niemoller's poem, "First They Came for the Trade Unionists."

O'Malley's political career has included terms on the Baltimore City Council, as mayor of Baltimore and as governor of Maryland from 2007 to 2015.

Following the 2008 economic recession, supporters credited O'Malley with restoring job growth, maintaining the state's AAA bond rating, and holding down the cost of college tuition. He also supported and signed marriage equality legislation into law, as well as abolished the death penalty and expanded

opportunities for college education.

In 2015, O'Malley made a brief foray in the campaign for the Democratic nomination for president against Hillary Clinton and Bernie Sanders.

Born in Washington, D.C., O'Malley graduated from the Catholic University of America and earned his law degree from the University of Maryland.

Executive Committee Nominations

The Nominations and Election Committee has been appointed by the president and has elected a chair, John Lass, who will be introduced at the Club's general membership meeting in March.

Club members who wish to nominate themselves or someone else to a position on the executive committee (including president) should contact a member of the Nominations and Election Committee:

Ruth Burgos-Sasser at (Ruth-burgossas@hotmail.com)

John Lass at (Johnmlass@comcast.net)

Sandy Marks at (Sandy-marks1@yahoo.com)

Karen Robinson at (Blinky1@sbcglobal.net)

Barbara Studwell at (Bstudwell@gmail.com)

The deadline for nominations is Friday, April 14. The general membership will elect Club officers at the May meeting.



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■ Garden Plot Group

First Meeting of the Year Set with Much to Do

by Darrelyn Pilgrim

The first 2017 meeting of the Garden Plot Group is Tuesday, March 14, at 9:30 a.m. in Clubhouse II. The meeting's focus is on getting organized and starting the 2017 season.

Club members who want to get involved in our garden community tasks are very welcome to attend.

Although it's another month before our water is

turned on, the Club has business to discuss, and there is much to do. We will talk about our tasks, summer activities, upcoming picnics and more.

The seed exchange is in April; more details are provided at the meeting.

Our monthly meeting is always on the second Tuesday of the month during the gardening season, March through November.

We hope to see you there.



Pauline Yang's garden in mid-February shows the progress of the "spring greens" she planted last fall. They will be ready to harvest in April. Photo by Darrelyn Pilgrim

■ Gem, Lapidary and Mineral Society of Leisure World

March 8 Program Presents 'The History of the Wedding Ring: From reed to Reed'

by Mary Beth Mason

The Gem, Lapidary and Mineral Society holds its first meeting of the new year on Wednesday, March 8, at 7 p.m. in Clubhouse II.

Kate Peterson, our speaker, presents a program titled, "The History of the Wedding Ring: From reed to Reed." The title is a play on the word "reed," a grass-like plant used to make what may be the oldest recorded instance of the exchanging of wedding bands, which occurred in ancient Egypt. The capitalized "Reed" refers to Todd Reed, a renowned designer of contemporary jewelry, including wedding rings.

Archeologists have found evidence that about 4,800 years ago, Egyptians twisted and braided sedges, rushes and reeds to fashion simple rings that symbolized the joining of two lives. To many ancient cultures, the circle represented eternity, with no beginning or end. The hole in the center of the ring symbolized, for these early cultures, a gateway, or door, leading to things and events both known and unknown. Giving a woman a ring signified never-ending and immortal love.

Peterson is a board member of the Diamond Council of America and a training

consultant for the Leading Jewelers of the World. She previously presented several interesting programs to our club, including "Rocks of Ages: Jewelry and Diamonds Through History," "Cameos, a Lapidary Art Form," and "Jewelry: More Than Ornamentation."

Join us on March 8 for a fascinating program. If you wish, bring an item for show-and-tell

time, which follows the presentation. You are encouraged to stay seated while

others explain about their items. Then, after the door prize drawing, attendees may examine others' specimens.

Before and after the meeting, refreshments will be served. Following official adjournment, our lapidary shop will be open for those interested in seeing our

set-up and equipment.

For information about the Lapidary Club, contact Chuck Mason at (301-933-3093) or (sugartree2@comcast.net).



Kate Peterson, courtesy photo

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Flower and Garden Show Calls for Volunteers

by Jean DeSchraver

The Garden and Environmental Club seeks volunteers to help with its annual juried Flower and Garden Show, a Leisure World tradition for almost 50 years.

The 2017 show is tentatively scheduled for Friday, Aug. 11, from 1-8 p.m. and Saturday, Aug. 12, from 10 a.m.-3 p.m.

Volunteers are needed on Thursday, Aug. 10, from 3-5 p.m. to help set up the room and from 6-7:30 p.m. for registration.

On Friday, Aug. 11, from 7:30-9:30 a.m., volunteers are needed for more registration and to help with setting up displays.

On Saturday, Aug. 12, from 10 a.m.-3 p.m., volunteers can help with hospitality and guest assistance.

Anyone who has ever judged a flower or plant show is asked to be a volunteer judge.

The show gives residents an opportunity to share their beautiful houseplants, floral

designs and patio plants. More than 200 residents with garden plots have an opportunity to show their vegetables, herbs and flowers. Residents and their guests each year come to admire beautiful and clever arrangements created by their neighbors and to examine the "fruits of their labor" – all types of common and uncommon vegetables, herbs and flowers – grown in the community.

"We want to continue this wonderful tradition, but we

just don't have the numbers in our club to take on such a big event," Peggy Reynolds,

the club's president, said. "Without help, the garden club members will not be able to sponsor the show this year."

Reynolds asked for interested residents, especially those who tend garden plots, to donate around three hours of their time during the three-day event.

Anyone interested in helping the Garden and Environmental Club sponsor the 2017 Flower and Garden Show may contact a club member, or Mary Ann

Steele, at (301-598-0829).

Annual Spring Tea

Tickets for the Tuesday, March 21, Annual Spring Tea will be sold in the Clubhouse I lobby from Monday, March 13, through Friday, March 17 for \$15 each. You may reserve a table for 10 or purchase individual tickets.

Coffee, tea, scones, tea sandwiches and homemade desserts will be served. There will be a prize table with gift baskets and other new items. Hats are optional but there will be a chapeau contest, with prizes awarded for the most beautiful, most creative, and funniest.

Proceeds from the event are used to purchase a tree to be planted on Arbor Day and help defray the costs involved with the annual Flower and Garden Show.

For more information, contact Spring Tea chair Jean DeSchraver at (301-408-8656).



Photo by Jean DeSchraver

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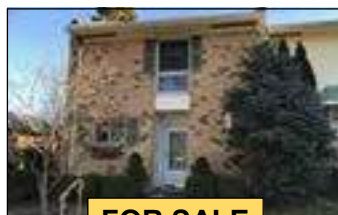
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April Event Switches to an Environmental Film Fest

by Harry Stoffer

No, there won't be any popcorn. But there should be plenty of nourishment for the hearts and minds of residents and guests at an environmental film festival, coming soon to the community.

That is the hope of LW Green, the environmental group planning the film festival. It will be held Sunday, April 30, from 12-6 p.m. in the Clubhouse I Crystal Ballroom.

LW Green members formally decided at their Feb. 8 meeting to sponsor the film festival. Admission is free, but donations will be accepted, the group said.

The expected headliner is "Symphony of the Soil" (2012, 1 hour 44 minutes, documentary, not rated). Filmed on four continents and released in 2013, the documentary "examines our human relationship with soil, the use and misuse of soil in agriculture, deforestation and development, and the latest scientific research on soil's key role in ameliorating the most challenging environmental issues," according to its creators.

Writing for the New York Times, critic Jeannette Catsoulis said of it: "Unfolding with gentle joy and an unexpected beauty, this ode to the miracle of the Earth's topmost layer gives

us a newfound respect for the ground beneath our feet."

LW Green will schedule two other, shorter films for the festival, said Betty Smith, the group member leading the selection process. Residents and guests will be able to attend one, two or all three. There will be breaks between the presentations.

April 30 had been the date when LW Green planned to present its second annual Environmental Festival, featuring exhibitors, speakers and entertainment.

But LW Green members decided to reschedule the broader festival for the fall –

calling it an Indian Summer event – in part so they have more time to make it bigger and better than last year's and to avoid conflicts with other springtime environment programs in the region.

LW Green co-president Elaine Hurley pointed out that autumn is also an important time environmentally – indeed, the best time for planting some species and, coincidentally, for nurturing the soil.

The new festival date is Sunday, Oct. 22.

The next meeting of LW Green is Wednesday, March 8, at 2 p.m. in Clubhouse I. All are welcome to attend.

■ **Vegetarian Society of Leisure World (VSLW)**

Registration Open for Vegetarian Summerfest

by Bob Fenichel

The monthly VSLW luncheon is Wednesday, March 15, at 1 p.m. at the Vegetable Garden restaurant in Leisure World Plaza. RSVP to Helen Gross at (hgross75@verizon.net). Having exact change will facilitate a smooth exit.

March Meeting

The next monthly VSLW meeting is Tuesday, March 21 (the third Tuesday of the month), at 7 p.m. in Clubhouse II. Tentative topics include

future programming for the year and shopping, restaurant meet-up groups and other opportunities available to vegetarians living in Leisure World.

Food For Life Class

Brian Bergman teaches a Food For Life "kickstart" class in Leisure World from Tuesday, March 7, to Tuesday, April 4, from 11 a.m.-1 p.m. in Clubhouse II. See the Classes and Seminars section of this publication for more details.

Vegetarian Summerfest

The Vegetarian Summerfest

is held every summer on the Johnstown Campus of the University of Pittsburgh, Johnstown, about an easy, three and a half hour drive from Leisure World. The five-day event, with a two-day (weekend only) option available, is held Wednesday, July 5 through Sunday, July 9.

Information is available at (www.vegetariansummerfest.org). The deluxe (motel-style) rooms usually sell out some time in March.

The VSLW will work on arranging carpooling for those who are interested.

The maximum cost (a single air-conditioned room with private bath in the main building) is about \$1,000 for the five-day event, all-inclusive.

General Information

Additional information on VSLW activities can be found on our website at (www.vslw.org).

Please note that everybody is welcome at VSLW activities; you don't have to be a vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

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Celebrate, Eat, Pray and Learn

by Jonas Weiss

Put on any costume and come to the Purim celebration on Sunday, March 12, in Clubhouse II. The holiday commemorates the saving of the Jews in the ancient Persian Empire from annihilation. A service begins at 9:15 a.m. with readings of the Megillah (scroll) of Esther and noisy responses to the reading of the name of the villain Haman. Refreshments, like the traditional hamantashen (literally “pocket of seeds”), will be provided.

State’s Attorney at Brunch

Evelyn Dickman consistently brings excellent speakers to our Sunday brunches. After a very popular and informative February program on presidential leadership by Professor Michael Siegel, our next distinguished speaker is Maryland State’s Attorney John McCarthy

for our Sunday, March 19, brunch at 10 a.m. in Clubhouse I.

McCarthy will talk about a newly opened mental health court in Montgomery County that can offer treatment for people with mental health problems who continually get arrested. We may also learn about issues of crime against the County’s senior population and the rising challenge of criminal gangs.

McCarthy has a law degree from the University of Baltimore, and after working in a private practice, he joined the State’s Attorney Office for Prince George’s County, became a public defender in Montgomery County and then became the State’s Attorney for Montgomery County.

Advance reservations for the brunch are required. Tickets are \$10 per person; send checks payable to JRLW to Jerry or Shirley Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906). The deadline

for making reservations is the Wednesday before the brunch, March 15. To reserve a table, send checks all together for 10 people. Entry without a reservation is \$13, if space is available.

Upcoming Services

Friday, March 3 – Rabbi Gary Fink and Ed Laskin’s choir conduct a Conservative service in the Inter-Faith Chapel at 7:30 p.m.

Saturday, March 11 – Cantor Michael Kravitz conducts a Sabbath morning service at 9:15 a.m. in Clubhouse II, with the help of Jerry Miller (preliminary service), Hymie Rosenberg (Haftorah), and Bernice Blumenthal (D’var Torah).

Saturday, March 4, 18 and 25 – Rabbi Moshe Samber leads abbreviated services at 9:15 a.m. in Clubhouse II, with interactive discussions of the Torah portion and the Mishnah.

Tuesday, April 11 – JRLW provides an evening community Passover Seder in Clubhouse I. Details and a reservation form are

available in the JRLW Newsletter.

Saturday, May 13 – A women’s morning service is at 9:15 a.m. in Clubhouse II. A booklet will be printed to honor donors and women you wish to honor. Use the form in the Newsletter to participate, or call Janet Lazar at (301-598-4066).

Donation Procedures

We are using new procedures for donations.

Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906) accepts checks (\$25 minimum, payable to JRLW) for the Torah maintenance fund; she also sends get well cards.

Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906) accepts checks (\$25 minimum, payable to JRLW) for new siddurim.

Donations for Kiddush (\$25 minimum), or an Oneg (\$25 minimum), or Yiskor, or general tzedukah should be mailed to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



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Modified 3BR, 2FB, breakfast rm, 1-car garage, lovely gardens, fresh paint, updated flrs & lights!



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Turnberry Courts Hi-Rise “K”
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JUST SOLD! \$370,000

Royal Aintree Patio Home
Renovated 2BR, 2FB, upscale kit & baths, two LRs, sunroom w/ secluded view, 1-car garage!

Tony Hausner Speaks on 'Jewish Geneology'

by Barbara Eisen

At its Wednesday, March 15, meeting at 2 p.m. in Clubhouse I, Hadassah presents "Jewish Geneology." All residents are welcome to attend.

The speaker, Tony Hausner, spent 30 years as a social scientist in the U.S. Department of Health and Human Services. As a genealogist, he has served for a number of years as the shtetl leader for several town research groups in the Galicia region, Poland, and the Czech Republic. He has particularly focused on the town of Skala Podolskaya, where his mother was born. He has visited all of these towns and written articles about several of them. For Skala, he managed the translation and publication of the town yizkor book. He has also studied holocaust history.

We continue our policy of asking members to bring refreshments. Those whose last names start from H

through N are requested to bring a snack (cookies, chips, pastries, etc.) that will be shared and enjoyed by all.

If you are attending, please RSVP by Friday, March 10, to Janet Lazar at (301-598-4066) or (lazarjl@verizon.net). If you are bringing a snack, please let Janet know what you plan to bring when you RSVP.

'Israel and the Media' Lecture

Hadassah Greater Washington hosts a lecture on "Israel and the Media: Past, Present, and Future Perspectives" on Thursday, March 16, at 7:30 p.m. in the regional office (11900 Parklawn Dr., Suite 350, Rockville, MD 20852).

The speaker is Sean Durns, a research analyst for the Committee for Accuracy in Middle East Reporting in America (CAMERA). He has written research papers on Hezbollah, Palestinian Islamic Jihad, the Palestinian Security Services and pro-regime Iranian lobbying efforts. Dessert and coffee will be served.

The cost is \$10 for members and \$15 for non-members. Please send your check (payable to Hadassah) to the regional office. If you have questions or want to pay by credit card, call the office at (301-881-8203).

Judaic Study Group

The Judaic Study Group next meets on Monday, March 20, at 1:30 p.m. in Clubhouse I. The topic is Israeli poets, particularly early poets emigrating to Israel/Palestine from Europe, poets escaping from the Holocaust, or poets either born in Israel or making aliyah. How did their origins shape these poets? Were they poets of Judaism or poets of the land or both?

Contact Peri Schuyler at (301-869-2968) or (peris-laptop@aol.com) for further information.

6th and I Synagogue Tour

On Tuesday, March 21, Hadassah sponsors a private docent-led tour of the historic 6th and I Synagogue in Washington, D.C. The tour begins at 1:30 p.m. and will last about an hour.

The synagogue is two blocks from the Metro Red Line Gallery Place station.

Parking is available at a PMI lot on Massachusetts Avenue between 6th and 7th Streets, NW.

The building is fully accessible. There will be a small fee, probably under \$5, for the docent. RSVP by Tuesday, March 14, to Judy Rumerman at (judyrumerman@gmail.com) or (301-680-0850).

Cards

Hadassah greeting cards are available for purchase; prices are \$2.50 each or 5 for \$10. Cards are displayed and sold at every Hadassah meeting.

Please call Elaine at (301-598-0079) or Jan at (301-593-7720) if you want to pick up cards or to have them mailed for you for an extra postal charge.

Membership

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and in the U.S.

If you are interested in knowing more about Hadassah, contact one of our membership vice presidents: Carole Sonneborn at (301-288-4902) or (Carole200@comcast.net), or Mimi Meltzer at (301-806-0976) or (Mimi20852@aol.com).

■ The Inter-Faith Chapel

Inter-Faith Chapel Observes Lent Season

by Bonnie Bonner

The Inter-Faith Chapel offers a series of community worship services on Wednesdays during Lent. All are invited to these reflective services that begin with a meditative organ recital at 11:45 a.m. by resident Holly Oberle.

The services are led by community guest ministers and begin at noon. Clergy members include Rev. Bill Neely on March 8, Rev. Ernie Poland on March 15, Rev. Suzette Haynes on March 22, Rev. Jo Grossheim on March 29 and Rev. Ann Moczydlowski on April 5.

For many observant Christians, Lent is the period of 40 days, excluding Sundays, set aside by the church to reflect on the journey of faith. Chris-

tians see it as a time of repentance and spiritual renewal that precedes the resurrection celebration on Easter Sunday. Lent is a season of preparation for Easter that may involve fasting and self-denial, or may include self-examination and reflection. During Lent, many Christians examine their shortcomings, disobedience and rebellion in order to understand the power of Christ's sacrifice.

All guests are encouraged to bring a sandwich and stay after the service for "Our Soup, Your Sandwich" to enjoy lunch and fellowship. Tickets and reservations are not required, but guests are asked to make a voluntary \$2 contribution for the soup. For more information, call the Chapel office at (301-598-5312).



THE INTER-FAITH CHAPEL
A House of Prayer for All People

Join us for Sunday worship services held at 10:00 am during December – March.

We are an inclusive Christian congregation celebrating diversity and seeking unity.

Go to our new website at www.inter-faithchapel.org for more information and upcoming events.

3680 South Leisure World Boulevard | 301-598-5312

March 23: New Member Tea

by Carole Mund

Join NA'AMAT RBZ in welcoming new members on Thursday, March 23, at 2 p.m. in Clubhouse I at the NA'AMAT RBZ's new member tea. Those who have recently joined will receive an invitation, and anyone planning to become a member is encouraged to attend.

Learn more about the organization's mission, meet with

friends and make new ones. For more information, contact Helen Fried at (301-438-3325).

Volunteer Needed

At each event and meeting someone collects money before a prize drawing at the end of the event. NA'AMAT RBZ needs someone to collect the monies and set aside the prize. It is a fun way to meet and greet people and raise much-needed funds to support the

many projects of women and children in Israel.

If interested, contact our volunteer coordinator, Bernice Kisliuk, at (301-438-8455).

Spiritual Adoption Luncheon

The Annual Spiritual Adoption Brunch is Monday, April 3, with guest speaker Leslie Milk. Spiritual Adoption is a fundraiser to "spiritually adopt" and support children in Israel who are in need. Additional information is forthcoming.

Donor Luncheon

NA'AMAT RBZ holds its Annual Donor Luncheon at Norbeck Country Club on Thursday, May 18.

Tribute Cards

Tribute cards are an excellent way to support and maintain our programs as well as to attain donor credit. NA'AMAT RBZ is a charitable organization dedicated

to helping NA'AMAT Israel provide educational day care programs, vocational training, legal aid for women, services and assistance for new immigrants as well as centers for the prevention and treatment of domestic violence.

NA'AMAT RBZ has cards to honor all occasions, from "congratulations" for a special event to memorial cards. Each card is \$3.50 if purchased and sent by you, or \$4.50 if sent by Linda Schoolniok, tribute chairperson. Full donor credit is given for each card. For any questions, contact Linda at (301-681-1076).

Dover Downs Trip

On April 19-20, NA'AMAT RBZ sponsors an overnight trip to Dover Downs Hotel and Casino in Dover, Delaware. Contact Trudy Stone at (301-438-0016) for further details, and refer to the Club Trips section of this publication for more information.



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Boomers Keep Walking, Day and Evening

by Beth Leanza

Our next big event is our April meeting, which features Sir Rod, a Rod Stewart impersonator. And, of course, we will have snacks!

Friday Hikes with Dawn

Many walkers meet up at the walk site, but if you want to carpool, contact Dawn Carlisle at (301-5998-7098) by Thursday evening. Always bring water to each hike.

March 10 – Brookside Gardens (1800 Glenallan Ave., Wheaton). Meet in the visitor's center at 1:15 p.m. Go south on Georgia Avenue and turn left onto Randolph Road. After 0.3 miles, turn right onto Glenallan Avenue. After 0.4 miles, the visitor's center parking lot is on the right.

March 17 – Berma Road (10801 MacArthur Blvd., Potomac). Meet in the parking lot across from the Old Angler's Inn at 1:15 p.m. Go west on

Norbeck Road (Route 28), which becomes First Street, then Wooton Parkway. On Wooton Parkway, turn left onto Falls Road, which becomes MacArthur Boulevard. Continue on MacArthur Boulevard until you see the Old Angler's Inn on the left. The parking lot is on the right.

Weeknight Walks

A small group of Baby Boomers likes to walk in the evenings from Monday to Friday, meeting in the Clubhouse I lobby at 5:15 p.m.

There's no announcement in the lobby, so ask around: Are you the Baby Boomers?

The walk is about a mile long around the Broadwalk in Montgomery Mutual.

Sunday Morning Walks

Sundays at 8:30 a.m., Boomers get together for a walk around Leisure World Boulevard, about three miles. From time to time, the group goes to

breakfast afterwards.

Meet up at the intersection of Kelmscot Drive, Arden Court and Leisure World Boulevard.

Volkssport Walks

Some Boomers also participate in the local American Volkssport Association, or AVA, clubs that hold longer walks, usually three miles. Check the Baby Boomer calendar for un-hosted events, where some of the AVA walks are listed.

Visit the BBCLWMD site, click on the un-hosted calendar and sign in to keep up with walks. Click on Recent Activity at the bottom of the page. Then click on Subscribe to see updates. You will receive emails when it is updated.

Club Information

We are a fun-loving group of people who like to eat, watch movies and dance. Our club is a nice way to meet others here in Leisure World. Most of our activities are in Clubhouse II, but

some are outside.

Anyone can access our website at (<https://sites.google.com/site/bbclwmd>), or Google "bblwmd," or visit the Leisure World website (www.lwmc.com), and under Residents, select Resident Links.

Want to sign up? Just call our membership chair, Susan Landesberg, at (301-613-9031). Annual club dues are \$5 per person.

If you joined and are not receiving emails, please contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

**Leisure World
News**
OF MARYLAND

Visit us at
www.lwmc.com/lwnews



Introducing Ingleside Engaged

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■ Leisure World Association of African American Culture (LWAAAC)

Mixing, Mingling and Dancing Ahead

by Patricia Means

LWAAAC's "Mix and Mingle" event on Saturday, March 18, from 3-6 p.m. in Clubhouse II is open to all residents, their families and friends. Join us for conversation, music, line dancing and light refreshments. Admission is \$5, cash only and payable at the door.

The group is co-hosting a dance party with Hispanos of Leisure World on Saturday, April 1. For more information, see the article in the Events and Entertainment section of this edition of Leisure World News.

When you are in Clubhouse I, step around the corner behind the E&R office and check out the LWAAAC display case. Phyllis Pratt of the public relations committee has a new curtain call exhibit.

Black Images/Black Reflections

Residents from across the community attended the encore performance of "Black Images/Black Reflections" on Feb.



Students from the Kuumba Preparatory School of the Arts perform on Feb. 17. Photo by Juanita Sealy-Williams

17. The program featured Dr. Kelsey E. Collie, an award-winning playwright, and students from the Kuumba Preparatory School of the Arts in Washington, D.C.

The audience enjoyed the dances, songs, monologues, group recitations and depiction of African-Americans' story from slavery through their struggle for freedom and civil rights to accomplishments in equality and justice. Dr. Collie dedicated a performance based on the movie "Sarafina" to Dr. Richard Jackson, the late husband of LWAAAC member Helen Mays Jackson.

■ Rossmoor Woman's Club

Newest Members Get Acquainted Over Tea

by Marcia L. Elbrand

Thirty-one new members have affiliated with the Rossmoor Woman's Club (RWC) in the past nine months. Fifteen of the group's newest members were recognized at the annual tea held in the Clubhouse I Crystal Ballroom.

"I am happy to note that several of the newest members have become really active participants," said Arlene Siller, membership chairperson.



Rossmoor Woman's Club members select from pastry trays at the annual tea on Feb. 15 in the Clubhouse I Crystal Ballroom. Photo by Stacy Smith, Leisure World News

Seeking Gift Sale Volunteers

RWC is seeking volunteers to assist with the Club's Monday, March 13, gift sale set for 10 a.m.-3 p.m. at nearby Bedford Court, 3701 International Dr., adjacent to Leisure World.

Volunteers serve short shifts in which they assist with set up and display of merchandise and help shoppers locate specific gift items. Other volunteers bag purchases and make change.

Those interested in volunteering should contact Doris Zussman at (301-598-1766).

Bus Trip to Frederick Museum

Guests are welcome to join RWC members on a Wednesday, April 26, luxury motorcoach trip to the Frederick County Historical Society Museum. The outing includes an excellent luncheon at the Carriage House Inn in Emmitsburg, Maryland. The trip, organized by Eyre Travel, costs \$85 per person. Call (301-854-6600, ext. 4) on weekdays to make reservations.

■ Going It Alone Club

Taking Virtual Tours of European Destinations

by Elizabeth Brooks-Evans

The Going Alone Club (GIAC) is a social club for single residents of Leisure World.

On Feb. 18, club members were treated to an exciting armchair travel video entitled "Paris: Embracing Life and Art" in which Rick Steves guided them through an open air modern art gallery, an amazing 33-story office building, beautiful city parks, and a few of the 12,000 city cafés not normally experienced by tourists. Upcoming travel videos will explore London, North England's

Lake District, and Durham.

Weekly social gatherings, called Saturday Afternoon Live (SAL), begin at 2 p.m. in Clubhouse II with the showing of the 30-minute travel videos followed by fun games at 2:30 p.m. Members regularly play bridge, Rubik's Cube and poker. Bingo is played on the second and fourth Saturdays, and on other Saturdays, participants enjoy the popular game of Pokeno. Members are also welcome to bring other board games they'd like to play.

GIAC also sponsors popular day and multi-day trips including Delaware Park Casino in March,

Myrtle Beach in May, MGM Casino in June, and Sight and Sound Theatre's "Jonah" in July. Details about these trips are found in the "Club Trips" section of this publication. The trips are open to non-members as well as members on a first come, first serve basis. Trip signup and membership are always available at SAL from 1:30-3 p.m. in Clubhouse II when representatives of the program and membership committees are available to answer questions.

For more information about membership, feel free to contact Marion Callaghan, president, at (301-598-6779).

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**Leisure World
News
OF MARYLAND**

Comedy Dilemma: Super Bowl or Wedding

by Al Karr

Every so often, a joke, skit or comical song presented at a weekly meeting of the Comedy and Humor Club is so funny that we want to share it. So it is with a tale delivered by Comedy Club member Fred Firnbacher at a recent club meeting:

A friend of mine has two box-seat tickets for the 2017 Super Bowl in NRG Stadium, Houston, Texas. He said he paid \$1,700 for each ticket. He didn't realize when he bought

them that Feb. 5 was the same day as his wedding, so now he can't go. If you know someone who would be interested and would like to go in his place, it's at St. Peter's Church in New York City, at 5 p.m. Her name is Darlene, and she'll be the one in the white dress.

On this particular afternoon, we had another good turnout, and trekking to the standup comedy microphone besides Fred, Sam and Levin were Rudy Volin, John Lass, Skip Schoening, Fannie Falk, Bernie Petlan, Al Karr and a visitor named Joe.

John – Some seniors were complaining about their ailments, everything from weak arms to cataracts to an arthritis-ridden neck. "Thank God," a woman chimed in, "we can still drive."

Skip – A football coach had one player he called the tailback. When he tried to get into the game, the coach would yell, "Get your tail back on the bench."

Sam – A bartender said his favorite drink was one third each – gin, absinthe, cognac and vodka. "Isn't that four thirds?" the man

asked. "Depends on the size of the thirds," the bartender explained.

General Information

The Club meets every Tuesday from 1:30-3 p.m. in Clubhouse II to exchange jokes, and we have a rollicking good time. We start each session with a song, but on the last Tuesday of the month president Sam Hack shows a video of an old television comedy series classic. Where else can you get a bargain like a year's camaraderie and entertainment for \$5?

■ **LW Apple Club**

Keyboard Short Cuts Make Things Easier, Faster

by Ron Masi

Many keyboard short cuts can make things easier and faster if you take the time to practice them. Just reading a few of them shown below may make them seem overwhelming, but try practicing a few a day to find your best finger placement. Find the hint in the alpha character used in most of them to help you remember its use. Give it a try.



The Up arrow moves the cursor to the top of document and the Down arrow, to the bottom.

Command + Z will "undo" a previous action.

To put back what you just changed above, use Command + Shift + Z.

To change the appearance of text, select the text using Command + B, to bold; I to italicize; or U, to underline the selected text.

Applications

To open applications, select

Command + Tab (all at the same time). Holding down the command key and the tab key reveals all open applications' icons. If you want to quit any, hit the Tab key until you settle on the one you want to quit. Then hit Q (quit).

Search

Holding down Command + Spacebar immediately opens the Spotlight search window with the cursor positioned for you to type what you're looking for. It will find it almost anywhere, such as a term in your documents or on the internet.

Screenshots

A screenshot captures the image on your screen and places it on your desktop for future use. By holding down Command +

Shift + 3, you can capture the full screen.

To take a screenshot of just a select portion of your screen, hold down Command + Shift + 4, which brings up what looks like a scope site. Hold down your left mouse button and drag over the desired content; when you release your mouse button the content is placed on your desktop. Or, tap the space bar and the crosshair symbol becomes a miniature camera. Hold the camera over a particular window and click. It will take a screen shot of just that window.

With any of these screenshot techniques if you want it to save it to your clipboard to have available for pasting somewhere, just add the Control key to the mix.

Delete and Open

To delete something, select it and hit Command + Delete; in some cases just hitting Delete works.

To close an open window, you do not need to move the mouse pointer to the upper right red ball. Just hit Command W and, to Save, Command S.

Follow us at (mac.Computerctr.org).

For Use in Documents

To find misspelled words in an open document just hold down Command and keep hitting the semicolon (;) to cycle through the misspelled words. Using Command + Colon (Shift + Semicolon) opens the spelling and grammar window.

To find your selected text in a document, calendar, mail and some other places, use Command + F to open the 'find' bar.

If you want or need to quickly hide what's on your screen, use Command + H.

To move the cursor around your open document, try using Command + an Arrow key.

The Left arrow key moves the cursor to the beginning of the line; the Right arrow moves it to the end of the line (not sentence).

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Writers Revel in the Past

by Carlos Montorfano

Lee Hardy started a recent meeting by reading a poem to “Celebrate Sochi,” about the 2014 Winter Olympics, where the athletes’ performances, the crowd’s enthusiasm and the general beauty brought her to tears.

Rhada Pillai read a piece, “Troubled Waters,” about the

current situation of the country, which inspired her to express her deep feelings in poetic form.

Tom Anessi read, as usual with his deep, expressive voice, a short chapter called, “Seduction,” from one his books.

Jim Owens read “Tall Tales,” recalling memories of his youth. His grandfather owned an ice plant that was very helpful in combatting the summer heat during a time before air-conditioning. One of his uncles owned a factory which manufactured precision parts, even one that was used in the mechanism of the atomic bomb. We also learned about his father, a volunteer firefighter, who was initially paid 25 cents per run, then \$2 a run.

Jane Hawes told us of two occurrences in Japan on a trip she took a long time ago. One was about a visit to a special kind of bookstore.

A new member, Douglas Kiessling, read a very interesting

story, “A Musical Hobby,” about his interest in music since an early age, when he was gifted a banjo by an old lady who lived nearby. It was his lucky day when he was offered his first banjo. Playing and club participation became an important part of his life.

Bobbie Troy read several of her beautiful short poems, soon to be published. One is “Traveling. Seeking,” which reads: “we spend our lives/traveling, seeking/answers to unanswered questions/when the road we are traveling/is what’s important.”

Grace Cooper read two of her very nice poems, “Imzadi” (soulmate), and “Downstage Right,” about the steps needed for staging a theatrical performance.

York Van Nixon III read “Nature Calls,” a somewhat surreal telling of a story about a man who realizes one night that he needs to answer Nature’s call,

when robbers invade his home.

Gladys Blank read another of her beautiful essays, “What If,” telling us of feeling down just prior to Valentine’s Day while remembering her significant other, who recently died. She received a bouquet of roses with a card signed by a friend and his daughter, which completely changed her downcast mood.

Danuta Montorfano read “Caring for my Telomeres,” about the short (ends) part of our DNA that seem to hold the secret to our longevity, so it is important to keep them long by exercising.

Carlos Montorfano read “Thanks, Mother Nature,” (or “Compensation”) about putting on weight as we age, which feels is as if life is giving us extra padding as a cushion for her blows.

Meetings take place the first and third Thursday of the month at 11 a.m. in Clubhouse I. All are welcome.

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NARFE Representative to Discuss Efforts for Tax Reductions

by Joe Cook

Our next regularly scheduled meeting is Monday, March 20, the third Monday of the month, at 2 p.m. in Clubhouse I. Informal discussions and snacks begin at 1:30 p.m.

The speaker for our next meeting is Dan Adcock. He is a former legislative director at NARFE and is now director of the National Committee to Preserve Social Security and Medicare, a non-profit advocacy group.

We will also discuss the efforts to influence the Maryland state legislature on a phased reduction of a portion of our state income taxes on Social Security benefits and federal annuities.

NARFE Members

Many of us remember when NARFE stood for the National Association of Retired Federal Employees, and then 'Association' was changed to 'Active,' a change that broadened NARFE's lobbying base by opening up and increasing membership.

While there are many management organizations and unions who formally represent current employees in lobbying Congress on behalf of a broad range of national legislative and regulatory subjects, NARFE has been the preeminent organization representing retired federal employees. NARFE recognizes that many of the issues

federal employees face have a crosscutting impact.

General Information

Come to our chapter meetings and find out more information and how you can get involved.

For any questions, suggestions or offers of support, please contact a member of our executive committee:

- President John Moens at (johnjots@outlook.com) or (301-438-3237)
- Secretary-Treasurer Maureen Ross at (grant-masterone@gmail.com) or (301-943-6470)
- Vice-President, Legislative Chair Joe Cook at (joec37766@gmail.com) or (202-271-0710)
- Service Officer Rich Rothstein at (whobodyelse@aol.com) or (301-598-5760)



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Leisure World Club Trips

The next deadline for trip submissions is **Monday, March 6**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R Office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. **E-mail** your trip information to **lwnews@lwmc.com**.

PLEASE NOTE: Member/Non-Member pricing is at the discretion of the individual clubs.

March

14 Delaware Park Casino

Join the **Going It Alone Club** on a trip to the Delaware Park Casino in Wilmington, Delaware. The casino gives \$30 free play to all those showing a government issued ID. The cost is \$24 for members and \$31 for non-members, and includes transportation and driver gratuity. The bus leaves Clubhouse II at 9 a.m. and returns at approximately 5 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, Feb. 25, unless a replacement is made.

For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

The cost is \$579 for members; \$586 for non-members. The single supplement is an additional \$200. Included in the cost are hotel taxes, and meal and driver gratuities.

A \$200 reservation deposit is due at sign up no later than Saturday, Feb. 4 and the balance is due no later than Saturday, April 1. No refunds will be made after Saturday, March 4 unless a replacement is found. Trip cancellation insurance is available.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. Those who sign up for the trip will receive information on pick up time from Clubhouse II on the day of departure via a telephone call. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

June

15 MGM Casino

Apr. 19-20 Dover Downs Hotel & Casino

Join **NA'AMAT** for its popular overnight stay at Dover Downs Hotel & Casino. The group leaves on Wednesday, April 19 at 10:30 a.m. from Clubhouse II and returns Thursday, April 20 at approximately 4:30 p.m.

The price is \$115 per person, double occupancy, \$165 single occupancy, and includes roundtrip transportation, beautiful hotel accommodations, breakfast buffet, and \$50 play money and a \$10 resort fee to be used anywhere in the hotel or casino.

Send check(s), payable to NA'AMAT, to Trudy Stone, (15101 Interlachen Dr. #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming. If you have special needs, please indicate when you send in your check.

Call Trudy at (301-438-0016) for more information.

Join the **Going It Alone Club** on a trip to the MGM Casino. Cost is \$16 for members; \$23 for non-members, and includes transportation and driver gratuity. The bus leaves Clubhouse II at 9:30 a.m. and from the casino at 3:30 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, June 3 unless a replacement is made.

For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

July

18 "Jonah" at Sight and Sound Theatre

May

7-11 Myrtle Beach, South Carolina

Join the **Going It Alone Club** for a 5-day, 4-night trip to Myrtle Beach, South Carolina. The trip includes 4 nights in an ocean-front hotel; 4 breakfasts and 4 dinners, including a southern-style buffet; admission to the Alabama Theater/ a visit to Broadway at the Beach; a guided tour of Charleston; a visit to Barefoot Landing and a visit to Myrtle Beach Waterfront Boardwalk and Promenade.

Join the **Going It Alone Club** to see "Jonah" at the Sight and Sound Theatre in Lancaster, Pennsylvania. This trip includes a smorgasbord lunch at the Bird-in-Hand Family Restaurant and Smorgasbord.

The cost is \$100 for members and \$107 for non-members, and includes taxes, transportation, lunch, show and all gratuities.

The bus will depart from Clubhouse II at 10 a.m. and return at approximately 8 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. For more information, call Joe Parker at (301-598-3425) or Sylvia Pachenker at (301-598-5325).

ATTENTION, TRAVELERS!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

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For information, email lwnewsads@lwmc.com

Leisure World News
OF MARYLAND



Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet at 1 p.m. in the Stein Room in Clubhouse I. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The Book Club Network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Centering Prayer: Join our group of centering prayer practitioners on Wednesdays at 3:30 p.m. (3588 Gleneagles Dr.). Centering prayer is a method of silent meditation, where you rest in God, without saying anything, just happy to be in God's presence. Our intention is to be aware of the presence of God and to welcome the action of God within us. Beginners are welcome, as are people of all faith traditions. For more information, call Eileen at (301-438-0422).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)3 non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Jewish Discussion: Hello to all Jewish residents of Leisure World. A discussion group meets on the last Sunday of every month (except July and August) at 10:30 a.m. in Clubhouse II. Be prepared for lively discussions about Israel and other topics of Jewish interest. Please give us a try; we think you'll like us.

Knitting Corner: Join us the second and fourth Fridays of each month at the Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Friday, March 10. Bring your knitting and enjoy the conversations. We have patterns and yarn for your project. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

LWLGBT Alliance: Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LWLGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, visit (www.lwlgbt.com).

Quilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Thursday, March 9.

Short Story Group: The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Mason Goldman at (301-598-6749).

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday of the month from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Share the Road

Drivers: Remember to watch for pedestrians and yield to them at crosswalks and intersections so we can all stay safe on the road.



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Sports, Games & SCOREBOARDS

■ Duplicate Bridge Club

Swiss Team Bridge Tournament Set for April

by Aaron Navarro

The Duplicate Bridge Club hosts its first Swiss team event on Sunday, April 2, at 1 p.m. in the Clubhouse I Crystal Ballroom.

A Swiss team consists of two pairs of players. Teams compete against each other such that a pair from team A plays North/South against a pair from team B in the East/West direction, and vice versa. Typically, teams play five to seven hands in a match. At the end of the match, scores are compared per a Victory Point (VP) Scale, with 20 total points divided between the two teams based on the relative cumulative score over the hands played. The competition continues until each team has played at least four matches. Final ranking

is based on the cumulative VP score each team has won.

An ACBL certified director will oversee the event, and masterpoints are awarded to the top teams. The cost is the same as for the regular duplicate game, \$5 per person.

Those who are new to this format and would like to participate may contact Aaron Navarro at (abn123@netzero.net) for a short course on Swiss team competition. Bridge players who are familiar with this format should send Aaron the names of your teammates to register as soon as possible. If you don't have a four-player team, you will be matched with another pair to form your team.

The Duplicate Bridge Club is looking forward to seeing you at this fun event.



Photo by Leisure World News

■ Tuesday & Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

Tuesday, Feb. 7, 2017

North-South Flight A

1. Lorraine Hegel – Robert Kerr
2. Marilyn Udell – Maida Crocicchia
3. Aaron Navarro – Margie Coccodrilli
4. Ann Ruth Volin – Lea Rochkind

East-West Flight A

1. Doug Brasse – Merrill Stern
2. (tie) Saul Penn – Stephan Billstein
- Bernice Felix – Nancy Gordon
4. Mildred Lieder – Shirley Light

Flight B

1. Marilyn Udell – Maida Crocicchia
2. Jim Anschutz – Palma Seeger

Friday, Feb. 10, 2017

North-South

1. Lewis Gold – Arthur Podolsky
2. Aaron Navarro – Pat Haggerty
3. (tie) Abigail Murton – Douglas Brasse
- Angie Riani – Elly Gotkin

East-West

1. Alan Ferraro – Jeanne Ferraro
2. Bernice Felix – Nancy Gordon
3. Monroe Elbrand – Joe Boland

Tuesday, Feb. 14, 2017

North-South Flight A

1. Hanna Schepps – Marlys Moholt
2. Arthur Podolsky – Rae Newman
3. Stephan Billstein – Lewis Gold
4. Patti Anschutz – Robert Kerr

East-West Flight A

1. Jerry Miller – Howard Tash
2. Mary Lafferty – Ann Parrott
3. Nadyne Cheary – Saul Penn
4. Michael Benefiel – Kim Sugimura

Flight B

1. Diane Keiper – Ephraim Salins
2. Alan Ferraro – Liz Ferraro

Flight B

1. Michael Benefiel – Kim Sugimura
2. Rosmarie Sutor – Shirley Light

Friday, Feb. 17, 2017

North-South

1. Aaron Navarro – Judith Perrier
2. Lewis Gold – Arthur Podolsky
3. Sue Swift – Ted Michos
4. Liz Ferraro – Alan Ferraro

East-West

1. Louise Bargamian – Kim Sugimura
2. Nancy Gordon – Bernice Felix
3. Temma Kenowith – Bob Kerr
4. Abigail Murton – Douglas Brasse

■ Wednesday Night Chicago Bridge

Compiled by Doug Brasse

Feb. 8, 2017

- | | |
|-----------------------------------|-------------------------|
| 1. Barbara Bryant, Virginia Pace | 4. Judy Lane, Sue Unger |
| 2. Dottie Donnelly, Dottie Hurley | |
| 3. Helen Montanaro, Joe Vincenzy | |

Feb. 15, 2017

- | | |
|-----------------------------------|----------------------------------|
| 1. Dottie Donnelly, Dottie Hurley | 3. Anna Pappas, Bob Bridgeman |
| 2. Sally McGowen, Joanne Gilmore | 4. Joyce Riseberg, Dick Riseberg |

■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Feb. 9, 2017

- | | |
|------------------------|---------------------|
| 1. Bernice Star, 2,890 | 3. Kay Roach, 2,510 |
| 2. Elaine Doses, 2,580 | |

Feb. 16, 2017

- | | |
|-------------------------|------------------------|
| 1. Bernice Star, 5,730 | 3. Elaine Doses, 2,920 |
| 2. Betti Goodman, 4,910 | |

■ Friday Bridge

Compiled by Betti Goodman

Feb. 3, 2017

- | | |
|------------------------|-------------------------|
| 1. Irwin Bauman, 3,210 | 3. Jerry West, 2,810 |
| 2. Ruth Kean, 3,070 | 4. Joy Stromberg, 2,740 |

Feb. 10, 2017

- | | |
|-------------------------|---------------------------|
| 1. Betti Goodman, 3,320 | 3. Shirley Griffin, 2,750 |
| 2. Marc Levin, 2,800 | 4. Ruth Kean, 2,570 |

P.S. Checkmate

by Bernie Ascher

Forever really isn't forever in the postal service. On Jan. 22, the price of a Forever stamp increased to 49 cents again. The first-class rate had been increased on an emergency basis by two cents to 49 cents for a temporary period (January 2014 to April 2016) to allow the postal service to recoup \$4.6 billion lost during The Great Recession.

The purpose of the latest increase is to generate billions more for the service, which has annual revenues of nearly \$70 billion, delivers over 150 billion pieces of mail each year, has \$15 billion in debt and loses money every year (\$5.6 billion in 2016). As former Illinois Sen. Everett Dirksen used to say in his deep voice, "... a billion here, a billion there, and soon you're talking about *money*."

Except for birthday cards and wedding invitations, people nowadays don't often write messages with pen and paper, address envelopes by hand and buy stamps to pay for delivery. They are too busy keeping up with their cell phones, emails and social media messages. Meanwhile, the postal service is obliged

to deliver mail to 152 million residences from businesses and charities that want your money and are willing to pay for delivery (but not enough to erase that \$15 billion debt).

It is well known that the U.S. Postal Service (USPS) is in financial difficulty. Chess players could be partly responsible for the problem, as they no longer play chess by mail. That's a big loss of potential revenue to the USPS. Think of it.

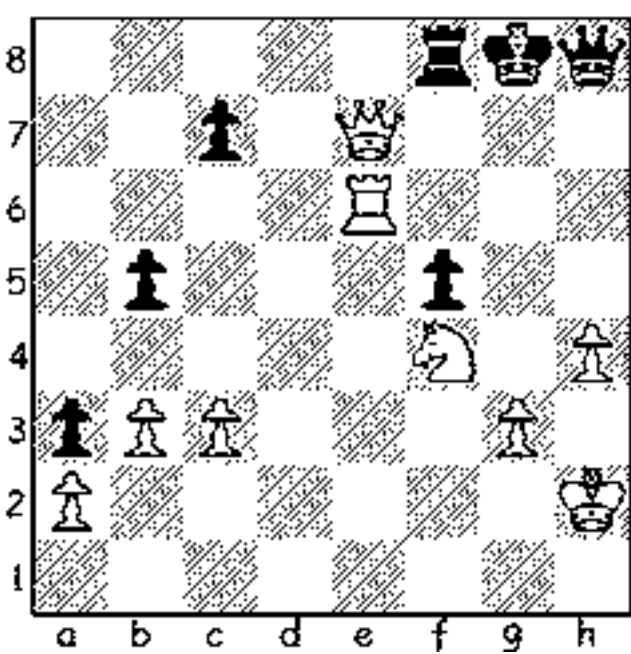
If an average game consists of about 40 moves per person, or 80 moves per game, a single game would generate \$27.20 in postage at 34 cents per postcard (the current rate). (Remember when they cost only a penny a card?) Multiplied by 45 million (the estimated number of chess players in the U.S.), this would produce roughly \$1.2 billion. So, chess correspondence alone could raise more than \$2 billion in revenue, if the government could motivate all chess players to play two games per year by mail.

The government needs to find a way to revive stimulate chess correspondence. To provide an incentive, the government could establish a

million-dollar competition. Players who win the most games or send the most post-cards would be awarded a million-dollar prize. The media might provide free publicity, as they do for lottery jackpot winnings. Otherwise, the government could use the "health insurance" approach and require all chess players to register and to play two games per year by mail, or else pay a hefty fine.

You won't find Leisure World's Chess Club players writing postcards to each other. They are busily absorbed in their games, such as the one shown in the accompanying diagram. In this game, Black is cornered and can be checkmated in two moves. It is White's turn to move. Do you see the check-mate? The answer follows the message below.

Remember that the Chess Club meets on Monday, Wednesday and Friday,



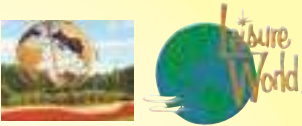
from 1-4 p.m. in Clubhouse II. Membership is free. For more information, call club president Bernie Ascher at (301-598-8577). Stop by and play a "friendly" game or two; you won't have to wait for the mail after each move.

ANSWER: White can move the Rook to g6, checking the King. Black can interpose the Queen at g7, which would then be captured by White's Queen, checkmate!


So, do not wait for the next postcard. Do not wait to hit the jackpot. Do not wait for postal revenues to balance costs. Play chess "in real time" now!

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3 Dearden Dr Place 3BR 2 B 1475 Sq Ft Gathersburg, MD 20878	\$425,000 - Ratified
15115 Interlachen Dr. #3-907 3 BR 2 B 1530 Sq Ft	\$329,000 - Active
3422 Island Creek Ct 3 BR 2 B 1550 Sq Ft	\$375,000 - Active
3362 Gleneagles Dr #1D 1BR 1 B 990 Sq Ft	\$79,900 - Active
3278 Gleneagles Dr #2C 2 BR 1.5 B 1308 Sq Ft	\$125,000 - Coming Soon



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League Standings Hold Steady in February

by Rita Mastrorocco

As winter approaches, the following bad weather rule is in effect: If Montgomery County schools are either closed or on a two-hour delay based on snow or icy conditions, the league does not bowl.

The league is based on handicaps with averages for the bowlers ranging from 82 to 191. If you have not bowled in years, come out and join the fun.

The top League standings, as of Feb. 17 are: C.A.S.H. in first place, Huggers in second place, and Wild Things in third place.

Top scores for the week of Feb. 10 are:

- Scratch Game – Hooks ‘N’ Curves, 678 pins
- Scratch Series – Hooks ‘N’ Curves, 1889 pins

- Handicap Game – Wild Things, 911 pins
- Handicap Series – Hooks ‘N’ Curves, 2631 pins
- High Average Men – Steve Klopfer, 191 pins
- Scratch Game Men – Steve Mueller, 214 pins
- Scratch Series Men – Don Manouelian, 543 pins
- Handicap Game Men – Jim Campbell, 258 pins
- Handicap Series Men – Don Manouelian, 711 pins
- High Average Women – Chris Porter, 172 pins
- Scratch Game Women – Beth Leanza, 173 pins
- Scratch Series Women – Chris Porter, 498 pins
- Handicap Game Women – Beth Leanza, 266 pins

- Handicap Series Women – Beth Leanza, 760 pins
 - High Average Women – Chris Porter, 172 pins
 - Scratch Game Women – Chris Porter, 192 pins
 - Scratch Series Women – Chris Porter, 504 pins
 - Handicap Game Women – Bea Morrissey, 261 pins
 - Handicap Series Women – Harriet Strum, 683 pins
- You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.
- The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Rd. in Gaithersburg.
- The cost for the three games of bowling, the use of bowling shoes and balls, and unlimited cups of coffee is only \$10. If you are interested, please call Rita at (301-814-9196).
- Top scores for the week of Feb. 17 are:**
- Scratch Game – Half and Half, 702 pins
 - Scratch Series – Half and Half, 1868 pins
 - Handicap Game – Half and Half, 963 pins
 - Handicap Series – Half and Half, 2651 pins
 - High Average Men – Steve Klopfer, 191 pins
 - Scratch Game Men – Steve Mueller, 229 pins
 - Scratch Series Men – George Izumi, 593 pins
 - Handicap Game Men – Bill Thomas, 275 pins
 - Handicap Series Men – Bill Thomas, 759 pins

Sports, Games & Scoreboards In Brief

- Bridge:**
- **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne at (301-598-5677).
 - The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).
 - **Men’s Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.
 - **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).
 - **Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.
 - **Mah Jongg:** Want to learn how to play Mah Jongg? Call (301-598-3438).
 - **Pinochle Players:** If you enjoy pinochle, join us on Monday evenings, 6:30-8:30 p.m. in Clubhouse II. Call us at (301-775-7238) or (301-598-7064).
 - **Poker:**
 - A few poker game openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Al at (301-598-7133).
 - **Men’s Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
 - **Poker players wanted** for all variations of poker, with or without wild cards. Come by Clubhouse II Tuesdays and Thurs-

- days at 7:15 p.m. and play until 10 p.m. Spend an enjoyable night with a bunch of good people. Call Andy at (240-558-4787).
- **Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free, at your leisure, to work on it.
 - **Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.
 - **Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White at (301-438-7892) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.
 - **Fitness and Exercise Club** (supporting all Leisure World physical activities): Membership is open to any resident interested in attending an existing activity or in creating a new activity. No membership fees. For more information on club activities or to join, email us (LWMDfitness@gmail.com).
 - **Indoor Pool Volleyball:** Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don’t have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.
 - **Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Bert Fang, club president, at (301-871-1694).

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Classes & SEMINARS

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.*****

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes are automatically cancelled. If school openings are delayed, classes are held at the discretion of the instructor.



EDUCATION

NEW – Book Discussion: “Hillbilly Elegy” by J.D. Vance, a CLL seminar:

This book was a New York Times bestseller in 2016 (Aug. 28) and was named by the Times as one of “six books to help understand Trump’s win.” Vance writes about his own childhood and, in particular, offers insight and explanation into a segment of the culture of those who left the Democratic party and supported Donald Trump. The book has been described as in the genre of “Between the World and Me,” by Ta-Nehisi Coates.

One session will be on the book itself; the second session addresses what the book may say about our political direction.

Instructor Paul H. Levy has a BA, MEd and EdD from the University of Massachusetts-Amherst, and is a retired history and social science teacher. He has previously taught classes for CLL.

Class meets Tuesday, April 18 and Wednesday, April 19, 10-11:15 a.m. **Fee: \$15. Register at Clubhouse I.**

The Convergence of Geography and History, a CLL course:

Instructor Tom Conger discusses how geography is linked with historical events, paying particular attention to economic geography. Topics covered during the five-week course include the human migration out of Africa, the state of California, weather and climate, landform geography and its impact on the economy, land usage, and agriculture’s impact on human longevity.

Class meets Tuesdays, April 4-May 9 (no class April 11), 1 p.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL), visit (www.cllmd.com).

Folk Songs for Our Times, an ALL Class: Do you remember the days when the family sat at the piano or around the radio and sang together? In this workshop, Cantor Karen Webber will take you on a sung journey through melodies that have a rich history only to have become a part of the lexicon of

American Song. We will sing together “Lemon Tree,” “Dona” and many more.

Class meets Thursdays, March 16 and 23, 1-2 p.m.

Fee: \$20. Register at Clubhouse I.

Adult Living and Learning (ALL) programs are co-sponsored by the Jewish Residents of Leisure World (JRLW) and the Bender JCC of Greater Washington.

HEALTH AND NUTRITION

Food for Life – Kickstart Nutrition and Cooking

Program: Sponsored by the Vegetarian Society of Leisure World (VSLW), this is a series of classes that focus on lowering cholesterol, improving diabetes control, lowering blood pressure, warding off chronic disease, and making improvements to energy and mood.

The curriculum is based on the Physicians Committee for Responsible Medicine’s (PCRM) successful 21-day plant-based Kickstart program. Discover which foods are optimal for improving health and weight management, and learn practical cooking skills to help you on your journey to better health.

In the classes, you will enjoy a cooking demonstration and taste healthful dishes in a supportive group setting. You will also receive individualized attention in finding solutions that match your needs.

Instructor Brian Bergman has taught numerous classes in the Washington, D.C., and Maryland area. He is certified in plant-based nutrition by Cornell University and is a nutrition concierge. His is associated with Dr. Neal Barnard’s group, PCRM. For more information, contact Brian at (brian@ahelpingofhealthydc.com) or (301-540-0404).

Class meets Tuesdays, March 7-April 4, 11 a.m.-1 p.m. **Fee (includes lunch): \$95 per person. Register at Clubhouse I.**

EXERCISE

NEW – Tai Chi for Essential Tremor (ET): Essential

tremor is associated with hand, limb, head and voice tremor, and may also affect balance, mobility and daily function. Tai chi for ET is a program specifically focused on reducing complications related to ET by increasing balance, calming the body, reducing stress, and increasing functional mobility.

This class is intended for individuals with ET and their spouses or caretakers. It is led by T. Sean Vasaitis, PhD, MS EHS, who has been studying tai chi for nearly 20 years. He has taught tai chi at the UM Center for Integrative Medicine since 2005, and directs the Alternative Medicine course at the University of Maryland Eastern Shore School of Pharmacy. He holds degrees in both pharmacology and exercise and health studies, and he focuses on the integration of traditional and modern approaches to health care. His research interests include the mechanisms by which exercise, mind-body medicine, and complementary therapeutics affect mobility and metabolic function.

Class meets Fridays and Sundays, March 17-May 5 (no class March 31), 3-4 p.m. **Fee: \$15. Register at Clubhouse II.**

NEW – Zumba Gold with Denny – Mondays or Fridays:

This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, March 27-May 8, 10:30 a.m. or Fridays, March 24-May 5, 1 p.m. **Fee: \$37.50 for one day; \$71 for two days. Register at Clubhouse II.**

NEW – Zumba Gold with Denny – New Day/ New Time: This program was designed for the older active

adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program.

Class meets Wednesdays, March 22-April 26, 1 p.m. **Fee: \$37.50. Register at Clubhouse II.**

NEW – Chair Yoga (with a touch of Chair Tai Chi), Wednesdays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements are done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises are included. It's relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits are discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, April 12-May 31, 2-3 p.m. **Fee: \$100. Register at Clubhouse II.**

Ba Duan: This is the world's oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

Limited enrollment. Class meets Mondays, March 27-May 29, 4 p.m. **Fee: \$15. Register at Clubhouse II.**

Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.): Join our fun exercise class that utilizes a variety of equipment for the active adult. This

dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands and balls are provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser, and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Monday, March 6-May 8 (no class March 20 or April 10), and/or Thursdays, March 9-May 4 (no class April 13), 9:15-10:15 a.m. **Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.**

New Students Only - Stretch, Tone and Strength Training for the Active Adult (10:30 a.m.): The early morning class is filling up! This class is for new students who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier, and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, March 6-May 8 (no class March 20 or April 10), and/or Thursdays, March 9-May 4 (no class April 13), 9:15-10:15 a.m. **Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.**

Line Dance with Wendy: This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and

dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, March 13-April 17, from 2-2:55 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$24 per session. Register at Clubhouse II.**

Argentine Tango for Tango Lovers: This class will teach the fundamentals of Argentine tango. It is for

beginners, but is also for those who want to improve their basic elements of the dance. Topics include the embrace, communication, walking with style, and musicality. No partner is required. Dancing or leather-soled shoes are preferred.

The instructor, Julia Elena, is director of Caminito Amigo, an Argentine tango community.

Class meets Mondays, March 20-April 24, 3-4 p.m. **Fee: \$50. Register at Clubhouse I.**

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Thursday, March 9 | 1:00 p.m.

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Calendar of EVENTS

Friday, March 3

Clubhouse I

10:00 a.m. Basic Drawing Class
12:15 p.m. Kiwanis Club
1:30 p.m. Watercolors Any Level Class
3:00 p.m. Hispanos de LW
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
9:00 a.m. Camera Club
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club

Saturday, March 4

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. ANG Meeting
10:00 a.m. Open Art Studio
Clubhouse II
9:15 a.m. JRLW Religious Service
2:00 p.m. Going It Alone: Video

Sunday, March 5

Clubhouse I

10:15 a.m. Jewish War Vets
Clubhouse II
2:30 p.m. Fireside Forum
7:00 p.m. Baby Boomers

Monday, March 6

Clubhouse I

9:15 a.m. Stretch & Tone Class
9:30 a.m. Art Class, Any Medium
10:30 a.m. Beginners Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:00 p.m. CLL General Meeting
1:30 p.m. LW Chorale
2:00 p.m. Book Club Network
3:30 p.m. Argentine Tango Class
7:00 p.m. Bingo
Clubhouse II
9:00 a.m. Senior Sneakers Class
10:00 a.m. Clipper Workshop
10:30 a.m. Zumba Gold Class
12:30 p.m. Men's Bridge
1:00 p.m. Chess Club
1:00 p.m. Foundation Video: Grand Train Tour of Switzerland
2:00 p.m. Line Dance Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class

Tuesday, March 7

Clubhouse I

9:00 a.m. Blood Pressure Testing
9:30 a.m. Art Class, Any Medium
10:00 a.m. Sharing Stories Class
11:00 a.m. Food for Life Class
1:00 p.m. Watercolor Techniques Class
5:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginning/Advanced Tai Chi
11:00 a.m. Mild Exercise Class
10:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Gilbert & Sullivan Society
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. Comedy & Humor Club
6:15 p.m. Move to the Beat Class

Wednesday, March 8

Clubhouse I

9:00 a.m. Income Tax Service

9:00 a.m. Gentle Yoga Class
10:00 a.m. Express Yourself Art Class
10:15 a.m. League of Women Voters
1:00 p.m. Low Vision Group
1:00 p.m. Oils & Acrylics Class
1:00 p.m. Diabetes Prevention Class
1:30 p.m. Patients Rights Group
2:00 p.m. LW Green Group
6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
1:30 p.m. Stroke Support Group
2:00 p.m. Chair Yoga Class
7:00 p.m. Lapidary Club

Thursday, March 9

Clubhouse I

9:15 a.m. Stretch & Tone Class
10:00 a.m. Painting for Everyone Class
10:30 a.m. Exploring Orthodox Life Class
10:30 a.m. Beginner Stretch & Tone Class
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
1:30 p.m. Steve Friedman: From Hollywood Movie to Broadway Musical
2:00 p.m. Great Decisions in Foreign Policy
7:00 p.m. LW Democratic Club
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginning/Advanced Tai Chi Class
9:30 a.m. Quilters Group
10:00 a.m. MVA on Wheels
10:15 a.m. Move to the Beat Class
11:00 a.m. Water Exercise Class
12:30 p.m. Men's Bridge Group
1:00 p.m. Non-impact Fusion Water Class
2:00 p.m. Mind-Body Exercise Club
4:00 p.m. Model Train Group
5:30 p.m. Tap with Gerry Class

Friday, March 10

Clubhouse I

10:00 a.m. Basic Drawing Class
1:30 p.m. Watercolor Any Level
3:00 p.m. Hispanos de LW: Movie "I'm So Excited"
4:00 p.m. Edmonson Society
6:00 p.m. Café AIM: Shirleta Settles
7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Chinese Club
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club

Saturday, March 11

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
Clubhouse II
9:15 a.m. Shabbat Service
2:00 p.m. Going It Alone: Video & Bingo
7:00 p.m. Baby Boomers: Movie

Sunday, March 12

Clubhouse I

Have a Happy Day

Clubhouse II

9:00 a.m. Purim Services

Dial 301-598-1313
for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Audit March 10, 9:30 a.m., Sullivan Room	Insurance March 20, 2:30 p.m., Sullivan Room
Community Planning March 13, 9:30 a.m., Clubhouse I	Landscape March 9, 9:30 a.m., Clubhouse II
Budget and Finance March 15, 10:00 a.m., Clubhouse II	Leisure World News March 16, 10:00 a.m., Clubhouse I
Education and Recreation March 7, 9:30 a.m., Clubhouse I	Physical Properties March 14, 9:30 a.m., Clubhouse II
Foundation March 8, 9:30 a.m., Clubhouse II	Restaurant March 20, 10:00 a.m., Clubhouse I
Golf and Greens March 10, 9:00 a.m., Clubhouse I	Security and Transportation March 9, 9:30 a.m., Clubhouse I
Health March 15, 2:00 p.m., Clubhouse I	Technology March 7, 10:00 a.m., Sullivan Room
LWMC Board of Directors March 28, 9:30 a.m., Clubhouse I The meeting will air on April 3, 5 and 7 at 4 p.m. and 7 p.m. on channel 974.	
LWCC Executive Committee March 17, 9:00 a.m., Sullivan Room The meeting will air on March 22, 23 and 24 at 4 p.m. and 7 p.m. on channel 974. <i>Meeting times and locations subject to change.</i>	

Leisure World Mutual Meetings

March 7 Mutual 18 Board 1:30 p.m., Sullivan room Mutual 6B Board 2:00 p.m., Mutual	Mutual 19A Board 9:30 a.m., Sullivan Room Mutual 25 Board 7:00 p.m., Sullivan Room
March 8 Mutual 11 Board 4:00 p.m., Sullivan Room	March 15 Mutual 5 Board 9:30 a.m., Sullivan Room
March 9 Mutual 12 Board 1:00 p.m., Sullivan Room	March 16 Mutual 15 Board 9:30 a.m., Sullivan Room
March 14 Mutual 16 Board 9:30 a.m., Sullivan Room Mutual 7 Board 1:00 p.m., Clubhouse II	March 20 Mutual 13 Board 9:30 a.m., Sullivan Room
<i>Meeting times and locations subject to change.</i>	

Monday, March 13

Clubhouse I

9:15 a.m. Stretch & Tone Class
9:30 a.m. Art Class, Any Medium
10:30 a.m. Garden & Environmental Club
10:30 a.m. Beginner Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
3:30 p.m. Argentine Tango Class
7:00 p.m. Bingo
Clubhouse II
9:00 a.m. Senior Sneakers Class
10:30 a.m. Zumba Gold Class
12:30 p.m. Men's Bridge
1:00 p.m. Chess Club

2:00 p.m. Chair Yoga Class
4:00 p.m. Ba Duan Class

Tuesday, March 14

Clubhouse I

9:30 a.m. LW Gardens Plot Group
10:00 a.m. Sharing Stories Class
11:00 a.m. Food for Life Class
1:00 p.m. Amateur Radio Club
2:00 p.m. Book Club Network
5:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginning/Advanced Tai Chi Class
9:30 a.m. Art Class, Any Medium
11:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class

12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Class
1:00 p.m. Watercolor Techniques Class
1:30 p.m. Comedy & Humor Club
3:00 p.m. Parkinson’s Support Group
6:15 p.m. Move to the Beat Class
7:00 p.m. Camera Club

Wednesday, March 15

Clubhouse I

9:00 a.m. Income Tax Service
9:00 a.m. Gentle Yoga Class
9:30 a.m. Express Yourself Painting Class
11:00 a.m. Short Story Group
1:00 p.m. Diabetes Prevention Class
1:00 p.m. Oils & Acrylics Class
2:00 p.m. Hadassah
2:00 p.m. Woman’s Club Tea
6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Aqua Fit Class
1:00 p.m. Ping Pong Club
2:00 p.m. Chair Yoga Class
5:00 p.m. AIM Potluck Dinner
7:00 p.m. Vegetarian Society Meeting

Thursday, March 16

Clubhouse I

9:15 a.m. Stretch & Tone Class
10:00 a.m. Painting for Everyone Class
10:30 a.m. Exploring Orthodox Life Class
10:30 a.m. Beginner Stretch & Tone Class
11:00 a.m. Writers of LW
12:30 p.m. Ladies Bridge
1:00 p.m. Folk Songs for Our Time Class
1:00 p.m. Oils & Acrylics Class
2:00 p.m. Great Decisions in Foreign Policy

Clubhouse II

9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginning/Advanced Tai Chi Class
10:00 a.m. Stitchers Group
10:15 a.m. Move to the Beat Class
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. Non-Impact Fusion Water Class
1:00 p.m. Movie: “Brooklyn”
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, March 17

Clubhouse I

10:00 a.m. Book Club Network
10:00 a.m. Basic Drawing Class
12:15 p.m. Kiwanis Club
1:30 a.m. Watercolor, Any Level Class

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3:00 p.m. Hispanos de LW: Games
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club
7:00 p.m. The Brothers Flanagan St. Patrick’s Day Performance

Saturday, March 18

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
Clubhouse II
9:15 a.m. JRLW Religious Service
12:00 p.m. LWLGBT Alliance
2:00 p.m. Going It Alone: Video
3:00 p.m. LWAAAC: Mix and Mingle

Sunday, March 19

Clubhouse I

10:00 a.m. JRLW Breakfast Forum
Clubhouse II
Have a Happy Day

Monday, March 20

Clubhouse I

9:30 a.m. Art Class, Any Medium
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
2:00 p.m. NARFE Meeting
3:30 p.m. Argentine Tango Class
6:00 p.m. Lions Club Meeting
7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class
10:00 a.m. Clipper Workshop
10:30 a.m. Zumba Gold Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Chair Yoga Class
4:00 p.m. Ba Duan Exercise Class

Tuesday, March 21

Clubhouse I

9:00 a.m. Blood Pressure Testing
9:30 a.m. Art Class, Any Medium
10:00 a.m. Sharing Stories Class
11:00 a.m. Food for Life Class
1:00 p.m. Watercolor Techniques Class
1:00 p.m. Garden & Environmental Club: Spring Tea
1:30 p.m. Republican Club
2:00 p.m. Book Club Network
5:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginning/Advanced Tai Class
11:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-Impact Fusion Water Class
1:30 p.m. Comedy & Humor Club
6:15 p.m. Move to the Beat Class
7:00 p.m. Vegetarian Society

Wednesday, March 22

Clubhouse I

9:00 a.m. Income Tax Service
9:00 a.m. Gentle Yoga Class
10:00 a.m. Express Yourself Art Class
1:00 p.m. Diabetes Prevention Class
1:00 p.m. Oils & Acrylics Class
2:00 p.m. LW Green
6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class

Thursday, March 23

Clubhouse I

9:15 a.m. Stretch & Tone Class
10:00 a.m. Painting for Everyone Class
10:30 a.m. Exploring Orthodox Life Class
10:30 a.m. Beginner Stretch & Tone Class
12:30 p.m. Ladies Bridge
1:00 p.m. Folk Songs for Our Time Class
1:00 p.m. Oils & Acrylics Class
2:00 p.m. Great Decisions in Foreign Policy

2:00 p.m. NA’AMAT: Membership Tea

Clubhouse II

9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginning/Advanced Tai Chi Class
9:30 a.m. Quilt Group
10:15 a.m. Move to the Beat Class
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. Non-Impact Fusion Water Class
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, March 24

Clubhouse I

10:00 a.m. Basic Drawing Class
1:30 p.m. Watercolor, Any Level Class
3:00 p.m. Hispanos de LW: Games
7:00 p.m. Friday Duplicate Bridge
Clubhouse II

10:00 a.m. Chinese Club
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club

Saturday, March 25

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
7:30 p.m. Ballroom Dance Club
Clubhouse II
9:15 a.m. JRLW Religious Service
2:00 p.m. Going It Alone: Video & Bingo
4:00 p.m. LWAAAC Movie

Sunday, March 26

Clubhouse I

2:00 p.m. Italian Club: Festivale Italiano
Clubhouse II
10:30 a.m. Jewish Discussion Group
2:00 p.m. Movie: “Nina”
7:00 p.m. Baby Boomers

Monday, March 27

Clubhouse I

9:30 a.m. Stretch & Tone Class
9:30 a.m. Art Class, Any Medium Class
10:30 a.m. Beginners Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
1:30 p.m. Book Club Network
3:30 p.m. Argentine Tango Class
7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club Class
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Class

Tuesday, March 28

Clubhouse I

9:30 a.m. Art Class, Any Medium
10:00 a.m. Sharing Stories Class
10:00 a.m. 9-Hole Ladies Golf Meeting & Coffee
11:00 a.m. Food for Life Class
1:00 p.m. Watercolor Techniques Class

2:00 p.m. Book Club Network
5:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginning/Advanced Tai Chi Class
10:00 a.m. LW Apple Club
11:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-Impact Fusion Water Class
1:30 p.m. Comedy & Humor Club
2:30 p.m. Unitarian Universalists
6:15 p.m. Move to the Beat Class
7:00 p.m. Camera Club Competition

Wednesday, March 29

Clubhouse I

9:00 a.m. Income Tax Service
9:00 a.m. Gentle Yoga Class
10:00 a.m. Express Yourself Art Class
1:00 p.m. Oils & Acrylics Class
1:00 p.m. Diabetes Prevention Class
2:00 p.m. Book Club Network
6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class

Thursday, March 30

Clubhouse I

9:15 a.m. Stretch & Tone Class
10:00 a.m. Painting for Everyone Class
10:00 a.m. 18-Hole Ladies Golf Meeting & Coffee
10:30 a.m. Exploring Orthodox Life Class
10:30 a.m. Beginner Stretch & Tone Class
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
2:00 p.m. Great Decisions in Foreign Policy

Clubhouse II

9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginning/Advanced Tai Chi Class
10:15 a.m. Move to the Beat Class
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. JRLW Movie: “Rosenwald”
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, March 31

Clubhouse I

10:00 a.m. Basic Drawing Class
1:30 p.m. Watercolor Any Level Class
3:00 p.m. Hispanos de LW: Games
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge Club
3:00 p.m. Washington National Opera Young Artist Performance

Saturday, April 1

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. ANG Meeting
10:00 a.m. Open Art Studio
6:00 p.m. LWAAAC & Hispanos: Latin Dance & Cocktail Party
Clubhouse II
9:15 a.m. JRLW Religious Service
2:00 p.m. Going It Alone: Video
3:00 p.m. Pianist Olga Vinoklur

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DAY TRIPS

Dutch Apple Theatre "My Fair Lady"

Wed., 3/29, 9:30 am-6:15 pm\$110.00 per person
Trip includes: Buffet lunch, show and motorcoach transportation.

Cherry Blossom Tour

Mon., 4/3, 9:55 am-3:00 pm\$75.00 per person
Stop at some memorials in Washington, D.C., while taking in the cherry blossoms in bloom! Lunch to follow at Carmine's included.

"Saturday Night Fever" at Riverside Theater

Wed., 4/5, 9:45 am-6:30 pm\$109.00 per person
Based on the 1977 hit movie that featured and popularized the disco music of the BeeGees – go back in time with "Stayin' Alive," "You Should be Dancing," "How Deep is Your Love" and many more great hits. Grab your bell bottoms and disco boots and join us for a dancing good time! Meal included.

Kennedy Center & Phillips Collection

Mon., 4/24, 9:30 am-3:05 pm\$59.00 per person
Start your day with a docent lead tour of the Kennedy Center. Lunch on your own at the Kennedy Center before heading over to the Phillips Collection for a self-guided tour of this museum.

Wolf Sanctuary

Tues., 4/25, 7:15 am-5:15 pm\$99.00 per person
This trip is a guided tour of an amazing Wolf Sanctuary! It will be outdoors and you will meet a pack! Wear comfortable shoes. Trip includes: motorcoach transportation, admission to Sanctuary, guided tour and lunch.

Rossmoor Woman's Club Fearless Women of Frederick

Wed., 4/26, 9:00am-3:00pm \$85.00 per person
Start the day off at the Frederick Visitor Center. Then take a tour of the Historical Society of Frederick County. This is a guided tour with special exhibits. End the day with a plated lunch featuring a special guest at the Carriage House Inn in Emmitsburg.

Springfest in Ocean City MD

Sat., 5/6, 7:45 am-9:00 pm\$60.00 per person
Think Spring! This event is held at Ocean City Inlet and it features arts and craft vendors, popular entertainment and a variety of delicious food. Transportation only.

African American History & Culture Museum

Mon., 5/8, 8:45 am-3:30 pm\$35.00 per person
Join us for a day of exploring and discovering this recently opened museum. Transportation only.

Ground for Sculpture

Tues., 5/23 8:10 am-6:50pm\$128.00 per person
Nestled in the heart of New Jersey lies Grounds of Sculpture a magical place where art and nature are always at play. Enjoy a 3 course plated lunch at the incomparable Rat's Restaurant.

NEW MGM Grand Casino

Mon., 6/5, 9:05 am-3:00 pm\$35.00 per person
Try your luck at the newest casino in the area! Transportation only.

9/11 Memorial & Museum

Sat., 6/10, 7:00 am- 11:45 pm\$120.00 per person
Trip includes: transportation, admission to the Memorial, admission to the Museum and a \$10.00 Cracker Barrel gift card for dinner.

Ladew Gardens

Mon., 6/12, 8:30 am-5:30 pm\$93.00 per person
Did you know..Architctural Digest named Ladew Gardens one of the "10 incredible topiary gardens around the world?" Guided house tour, self-guided garden tour, lunch and access to the Butterfly House included.

Ellis Island

Sat., 6/24, 7:15 am-11:00 pm\$113.00 per person
Celebrate your heritage and ancestry on this moving experience. \$10 Cracker Barrel Gift Card included.

Rails, Sea & Safari

Wed., 06/28, 7:15 am-7:15 pm\$129.00 per person
Ride a vintage 1920 passenger train. Lunch is served at a Victorian Mansion. Take a lazy summer cruise on an authentic paddleboat and end the day "wild" safari.

National Museum of Women in the Arts

Wed., 07/12, 8:55 am-2:35 pm\$50.00 per person
Visit the only museum in the world dedicated exclusively to the exhibition, preservation, and acquisition of works by women artists. Docent led tour included and lunch on own at Mezzanine Café.

SPOTLIGHT ON...

Museum Loop

Tue., 5/9, 9:00 am-3:00 pm\$35.00 per person
Choose where you want to spend your time!

Museum choices are: National Museum of African History & Culture, National Gallery of Art or Natural History Museum.

MULTI-DAY TRIPS

Mohegan Sun

June 12-15 (motorcoach)

Montreal & Quebec

June 18-24 (motorcoach)

Train Tracks of West Virginia

June 22-25 (motorcoach)

JFK's Cape Cod

July 16-20 (motorcoach)

Alaska Adventure Cruise

July 16-28 (fly-drive)

Yellowstone, Grand Tetons

& Mt. Rushmore

Aug. 3-11 (fly-drive)

Smoky Mountains

August 27-31 (motorcoach)

New Orleans

Sept 11-14 (fly-drive)

Colorado's Historic Trains

Sept. 15-23 (fly-drive)

The Legendary Blue Danube River Cruise

Sept 20-11 days (fly-drive)

Ark Encounter

Oct. 2-5 (motorcoach)

Best of New England

Oct. 13-17 (motorcoach)

CRUISES

Celebrity Summit, Cape

Liberty, NJ, Canada &

New England

Sept. 10 – 14 nights

Grandeur of the Seas

Baltimore, MD Jan. 20-

Feb1, 2018 Southern

Caribbean Cruise

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:



Easy Walking



More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 60 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

Classifieds

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

ESTATE SALES

ESTATES PURCHASED; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC - I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment Janet Ray (301-384-3198), (wishalot10@aol.com).

FOR SALE

CEMETERY LOTS - Fort Lincoln Cemetery, 4 Sites located in Block 18 Lot 1265 Sites 1,2,3,4, extra depth privilege. Asking \$ 4,000 per site Call 703-401-3555 or email cdunnjr@gmail.com.

2007 TOYOTA CAMRY XLE, 6-cylinder, 4-door, all power, leather, sunroof. One owner, like new. MD inspected. Only 29,480 miles. \$12,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2002 VOLKSWAGEN PASSAT, 4-door, loaded, black on black. MD inspected. Like new. All dealer serviced. \$4,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today – 301-674-1288.

THINKING OF SELLING your home or that of a relative? Call Sue Heyman of Weichert Realtors, Leisure World

Plaza, community resident for over 13 years, Top 1% Nationwide, Senior & Relo Specialist, "Forward@50 Sponsor." 2016 has been a super year for real estate! Inventory is historically low. Days on the market for our community are less than one month. Prices are going up! Mid-year, I have already had 18 closings, with four additional properties under contract. As sellers, now is the time to take advantage of this fast-paced market. I know all the floor plans and how to price them. Tap into my experience, contractor connections, and marketing to get the best price. My top-quality color brochures, multiple websites, staging techniques, and virtual tours display your home and our community at its best. Call for your free competitive market analysis, 301-681-0550 (o), 301-580-5556 (c).

REAL ESTATE FOR RENT

GORGEOUS 2 BEDROOM, 2 bath condo available for rent in our Premier Community of Leisure World for adults 55 plus. This condo features new wood flooring, stainless steel appliances, granite counters, decorative glass backsplash, side-by-side washer/dryer, closet organizer, crown molding, chair rail, enclosed sunroom with spectacular, breathtaking view. Call (301-312-3843) to schedule appointment to see this exceptional home. No smoking. No pets. Your own parking space, utilities and cable included in rent.

RENTAL/ROOM WANTED

DEPENDABLE WORKING FEMALE is looking for a 2 bedroom or 1 bedroom w/den. Current long-term resident. Contact: (301-213-3389).

IN SEARCH OF a one bedroom w/kitchen privileges; 6 1/2 year resident; excellent references; quiet, clean and respectable. Voice: (301-438-1128).

HEALTH CARE SERVICES

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants."

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

SPEECH THERAPY AT HOME: Need help to find the words to communicate with the people in your world? Call Yvonne Crooks, M.A. CCC-SLP. Maryland licensed Speech Therapist. Lives in Leisure World. (301-556-3907)

LICENSED CNA. Reliable and loving, caring person providing quality and affordable care. Day or night, 2-4 hours. Call Neema (240-687-7471).

CNA/GNA with more than 10 years experience and have worked in nursing home, assisted living and home care. I do duties like personal hygiene, light housekeeping, laundry, shopping, meal preparation, bathing, dressing errands and transportation to appointments and medication reminders. I am a Filipina, U.S. citizen, can drive and with own car. Honest, dependable, loving and hard worker with excellent references. Please call (240-643-3392 cell), (301-926-2547 home).

CNA, CPR, FIRST AID. Very dependable, hardworking, patient and punctual. 7 days, anytime or live-in. Companionship, light housekeeping & errands. Own transportation. (240-510-7125).

CAREGIVER. Full time or part time, day or night. Own transportation. Reference available. (301-803-9000)

LPN/CNA with CPR and first aid. 18 years experience with family and nursing care. Highly recommended. Short or long hours availability. (301-580-8597)

ELDERLY CARE Nursing assistant with 15 years experience, day or night, long or short hours, I'm available. Great references. Call (240-478-9971).

CERTIFIED NURSING ASSISTANT. Over 30 years working in Leisure World. Excellent references and experience. Own transportation. Doctor's appointments, groceries, other errands and light housekeeping. Day shift, 1-7 p.m. Please call (301-775-4304).

HIGHEST STANDARD OF CARE: CNA, GNA private caregiver licensed and insured. 20 years of experience. Responsible, hardworking, caring, trustworthy. Clean background and driving license. Excellent references. (mireka09@gmail.com), (1-561-222-9804).

CNA –25 years experience. Loving, caring, reliable, looking for full or part-time work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

MALE NURSING ASSISTANT with 20+ years experience in patient care at home. Assist the patient in daily duties, driving, doctors' appointments, meal preparation, etc. References available. Have medical background. Call Koffi at (202-344-6137).

CNA, CPR, FIRST AID. 5 years experience working in private duty and in an assisted living facility. I enjoy being a caregiver. Call Jeniffer (202-386-0110). Can also provide driver services through Uber.

MY PARENTS' CAREGIVERS are available for work. Two loving, caring ladies. Very reliable, honest and hardworking. Doctor's appointments, personal hygiene, grocery shopping, meals, medication, etc., they do it all. You don't have to worry any more. If you need help, call (301-448-2939).

EXPERIENCED CNA caregiver. Light housekeeping, cooking. CPR and first aid. Free Monday through Friday from 12:30 to 5:30 p.m.; Saturday and Sunday anytime. Please call Fanta at (252-288-9509).

LIVELY CAREGIVERS: Two very reliable ladies ready and willing to care for your or your loved on in your own home or our lovely home. Male or female. Day or night, or 24 hours. Call us anytime at (301-448-2939).

CNA/CMT – OVER 16 years of experience. Very dependable. Excellent references in LW. Have car. Light cooking, doctor's appts., errands. Bonded, insured. Hospice patients are welcome. Call Ana (240-491-8978, 301-442-6094).

PROVIDING QUALITY AND AFFORDABLE CARE: Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337).

GENERAL SERVICES

ALTERATIONS - 29 years experience in Leisure World! Men's & woman's garments picked up and dropped off at your convenience. Very competitive prices. Call Mimi (301-990-6468).

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

HOUSE CLEANING – PROUDLY serving the Leisure World community. Weekly, bi-weekly, monthly selections available. Call CC at (301-253-0544).

R & G CLEANING SERVICES –Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807)

HOUSE CLEANING – 20 years experience. Worked in LW for 9 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

QUALITY HOME CLEANING SERVICES: Your choice for quality and affordable cleaning. Leisure World references. Call us today for free consultation! (301-442-7417). \$10 off first time cleaning.

CLEAN HOUSES Experienced. Excellent references, great work. I clean bathrooms, kitchens, dust/vacuum entire house. Additional housekeeping services as you need. Please call me, Ivone (240-476-2574).

UNITED CLEANING GROUP, LLC comes to Leisure World! We're happy to help by offering our cleaning services 7 days a week. Want your home looking spotless? Call United Cleaning Group today at (240-498-2748), (301-498-2748).

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean & dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back up, and retrieve important data, photos, and music. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES - Need help with your computer? Training, new computer setup, troubleshooting, installation. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos, tablets, smartphones, smart TVs, and more. Patient trainer will sit by your side and teach you in plain English - no technical talk! Shopping assistance for all electronic & computer items. Senior specialist since 1996. Senior discount. Call David at (301-762-2570). ComputerTutor

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) Cmoras53607@msn.com, www.continentalmovers.net.

SEMPERFI PAINT. Discount for veterans and seniors. Reference available. Sam (240-274-0929) MHIC Lic. #132655

SMALL JOBS WELCOME! Picture hanging, moving boxes, carpet stretching, bathroom caulking, adjusting bathroom fixtures, hanging

curtain rods, resetting closet doors, minor wall patching and painting. Need something else? Please ask Jesse (301-747-5054).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55 yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

CALL & RIDE - Or we will pick up your groceries for you; airport, doctors, casino. Always on time. Larry Kraft (240-743-8287).

MOBILE TAX PREPARATION: Licensed Maryland tax preparer (License #4720863) specializing in individual returns. I offer affordable rates will travel to client's home for no additional charge. Call Howard at (410-409-1341).

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll transfer your photos, slides, and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life

in a memorable DVD slideshow. Call Kim at Virtual Computer Services (301-438-3140).

LICENSED BEAUTICIAN. It is my pleasure to give you haircuts, color, highlights and perms in your home. Reference available. Please call Silvia (240-277-0890).

DOG WALKING by Leisure World resident, minimum 20-25 minutes for \$12. Twelve years experience in vet office; state certified Master Wildlife Rehabilitator and graduate credits in Animal Science, University of Maryland. Now have an a.m. opening Monday-Friday. References. Call Nancy (301-854-2588).

PRETTY PAWS – small dog grooming by Sue, certified groomer. Call (301-538-2761).

GLORIA'S GARDENING – Does your garden need attention... weeding, pruning, planting, watering, mulching? As an experienced gardener and Leisure World resident, I will give your garden the TLC it needs. (301-980-2867) (ilovegardening1@verizon.net)

GUITAR, PIANO, VOICE Lessons! It is never too late to learn! Beginner and Intermediate welcome! Call Wendy (LW Resident!) at (301-938-4922) or email at (awdmf@aol.com)!

ESTATE PLANNING, Living Trusts, Wills, Estates, Powers of Attorney, Medical Directives, Living Wills. Robert E. Richards, Attorney at Law, 30 years experience. House calls and reasonable rates. Call (301-593-6220). Do you want to avoid probate? I can help! Let's discuss your situation.

HELP WANTED

CLIENT CARE SPECIALIST (part-time): Since 1998, Home Instead Senior Care has provided companionship, meal preparation, laundry/light housekeeping, errands, medication reminders, and personal hygiene assistance to seniors in the Washington, D.C.-metro area. Based in Silver Spring, our office team is fun, dedicated, and committed to

providing superior service to our customers. To learn more about us, visit HomeInstead.com/197. We are seeking a part-time Client Care Specialist (work 8:30 a.m.-5 p.m. three days/week). This individual initially meets with seniors and their families to explain our services, performs a non-medical intake process, and signs them on as clients. Additionally, this position visits clients in their homes every 30 days to ensure services are going smoothly, suggests resources, etc. Requirements: Team player attitude, ability to nurture and cultivate relationships, and computer skills. Please email cover letter, resume, salary history/requirements to patty.mascari@homeinstead.com. No phone calls please.

SHERMAN EARLY CHILDHOOD Center at Har Shalom Congregation is looking for experienced teachers who are creative and enthusiastic to work with our children ages 18 months-5 years old. Ideal candidates are caring, patient, and see all children as capable. Teachers facilitate invitations for learning, collaborate with team members, and communicate with parents daily. He/she will teach a diverse classroom of students and create opportunities for all children to explore and grow. Depending on our staffing needs, we are recruiting for part-time, full-time, and on-call/as needed substitute teachers. Two to three years experience working with toddlers - 5 year olds is ideal. If you are interested in learning more about our job opportunities, please submit cover letter and resume to Shelley Lowinger at SLowinger@harshalom.org.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. Interested volunteers should contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

Services for Seniors

Activities of Daily Living	Support Services
<ul style="list-style-type: none">• Bathing• Dressing• Lifting• Transferring• Personal Care & Hygiene	<ul style="list-style-type: none">• Companionship• Meal Preparation• Medication Reminder• Physical Therapy• Light Housekeeping• Transportation to Appointments

What makes ElderCaring different?

- 2 hour minimum for services – most companies require 4 hours as a minimum
- All caregivers are professionally trained nursing assistants
- The owner of ElderCaring personally meets with you to discuss your needs
- All caregivers are fluent in English
- Personal choice in selection of every caregiver
- Licensed, Bonded, Insured
- 24 Hours Service - 7 Days a Week

Would you like to receive a brochure in the mail, or set up an appointment?





Call 301-949-0060
www.eldercaring2.com

"The quality of care you would want for your parents."

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, 7 day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Training Course starts March 11. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith

Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

HELP A CHILD! In just 1-2 hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

NOTICES

KEEPING SENIORS SAFE- KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

PRAYER CHANGES THINGS. You are invited to join "Hannah's Prayer Circle" here at LW. For more information, call Evangelist Connie Blake at (301-438-2667).

UPCOMING EVENTS

ANNUAL USED BOOK SALE: Walter Johnson H.S., 6400 Rock Spring Dr., Bethesda. Saturday, March 4, 10 a.m.-4 p.m. (\$3 hardbacks, \$1 paperbacks) and Sunday, March 5, 9 a.m.-3 p.m. (\$3 hardbacks, \$1 paperbacks or \$15 box, \$10 bag – all day Sunday only). Thousands of books, CDs and vinyl records. Proceeds benefit the WJHS All-School Booster Club.

PHILADELPHIANS! The next gathering of the "Philadelphia Club" is on Sunday, March 5 in the Clubhouse II Meeting Room 2 at 11 a.m. Please join us if you were born, lived, worked or went to school in Philly.

WOMEN'S HISTORY MONTH – Making a Difference: Montgomery County Women in the 19th & 20th Centuries. "The Little Woman Who Grew Up: A Visit with Louisa May Alcott" Reenactor Candace Ridington portrays Alcott, the author or "Little Women", an abolitionist and nurse in D.C. during the Civil War. Tuesday, March 7, 6:30 p.m., Twinbrook Library, 202 Meadow Hall Dr., Rockville, 20851.

WANTED

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years experience serving Leisure World. Leave message 24 hours. I will come to you. Cash or cashiers check

Chairworks Plus Furniture Service

- Antique Restoration
- Furniture Repair
- Chair Gluing

Serving the
Leisure World Community
for over 30 years



Rick Sussman
301-502-0018
410-795-9147

at your request. I can also help with your new car purchase, any make or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, Weapons, Helmets, Photos, Medals, or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. Gary (301-520-0755)

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

BUYING JEWELRY, antiques. Cash paid for gold, silver, jewelry, coins, watches, firearms, misc. collections. Silver Spring resident. Please call Tom (240-476-3441).

WE BUY VINTAGE: Turn your old into gold! Something in the basement gathering dust? Give us a call; you might be surprised! Phone quotes and home visits when possible. Specializing in anything Hi-Fi or Hi-Fi related. We also repair Hi-Fi equipment. 50 years experience! 301-881-1327 (Please leave a message.)



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Leisure World References

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- Excellent References • Free Estimates

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Rockville Central

Just off East Gude Drive

301-424-3500

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WE WILL COME TO YOU**

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- ⇒ **Free Towing to Shop**
- ⇒ **Free Touch Up Paint**
- ⇒ **Lifetime Warranty on All Repairs**
- ⇒ **Special Discounts for LW Residents**

**We Happily Handle All Insurance
Claims for You**

Ask for Richard or Tony

MARCH - APRIL 2017

UPCOMING SEMINARS & EVENTS

AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus.

Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

SUPPORT FOR THE CAREGIVER SEMINAR: "YOGA DESIGNED FOR THE BRAIN"

March 14, 2-3 p.m.

Discover how simple yoga tools can help caregivers stay calm and focused. Learn breathing and meditation techniques to reduce stress and improve your mood. FREE. Register by March 12.

ALZHEIMER'S SUPPORT GROUP

March 15, 3:30-4:30 p.m.

Sponsored by the Alzheimer's Association, this confidential group provides an opportunity for individuals and families to find support, gain understanding and share caregiving tips. FREE.

SUPPORT FOR THE CAREGIVER SEMINAR: "THE SAVVY CAREGIVER"

April 4, 2-4 p.m.

This is the first in a six-week series offered by the Alzheimer's Association that provides clinical-level training for family caregivers. You'll learn the skills needed to assess the abilities of your loved one, set and alter caregiving goals, and explore strategies to manage activities of daily living. *You're encouraged to return each Tuesday through May 9.* FREE. Register by April 2.

LIVING WELL SEMINAR: "EASY AND HEALTHY COOKING FOR ONE"

March 15, 1-2:15 p.m.

Join Master Chef Bonita Woods for a cooking demo and tips on how to easily "health up" your meals. Seminar preceded by complimentary lunch at 12:30 p.m. FREE. Register by March 13.

THRIVING WITH PARKINSON'S: KICKOFF EVENT

April 5, 7-9 p.m.

Don't face Parkinson's alone. Learn about Brooke Grove's new monthly support group and twice-weekly exercise classes for those with Parkinson's or other neurodegenerative diseases, offered in partnership with the Parkinson Foundation. FREE. Register by April 3.



INDEPENDENT LIVING ASSISTED LIVING REHABILITATION LONG-TERM CARE MEMORY SUPPORT

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