# Leisure World News

OF MARYLAND

March 15, 2019 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

# When the 'Dixies' Go Marching In



Members of the Dixieland Express of Maryland open the community's annual Mardi Gras/Fat Tuesday celebration by playing "Just a Little While to Stay Here" as they march into the Clubhouse I Crystal Ballroom March 5. Photo by Stacy Smith, Leisure World News

# MedStar Dermatologist Advises on Skin Care

by Kimberly Y. Choi, Leisure World News

Dr. Lacartia Best, the MedStar Health medical center's dermatology provider, offers advice for looking after one's skin and determining when it's time to see a dermatologist.

#### **Dry Skin**

A very common problem Best sees in cold weather is dry skin, which can cause itching, bleeding and flare-ups of conditions such as eczema.

Patients can prevent or improve dry skin at home

by using a humidifier in the bedroom; wearing cotton socks, which help trap moisture close to the skin; or applying skin cream, which is more effective than lotion because of its oil content.

Immersing the skin in water, as when taking a bath or washing dishes, removes some of the natural oils in the skin and can contribute to drying. Best suggests wearing gloves to wash dishes if dry hands are a problem.

Skin drying from the shower can be reduced by avoiding

# County to Hold Hearing on Building's Site Plan

by Stacy Smith, Leisure World

The Maryland-National Capital Park and Planning Commission's (M-NCPPC) Montgomery County planning board's public hearing on the Administration Building and Clubhouse I Site Improvements project's site plan, which was tentatively planned for earlier in March, has been scheduled for Thursday, March 28.

The hearing is expected to take place in the afternoon at the planning board's building located at 8787 Georgia Avenue in Silver Spring, with the exact time of the meeting to be determined.

The project, which is the final in a series of projects that began as part of the Facilities Enhancement Plan in 2013, includes a new, bi-level Administration Building with increased square-footage for residents and employees and a reconfigured parking lot and drop-off area at Clubhouse I, along with related stormwater management and land-scaping improvements.

The planning board approved a deferral on the site plan at the request of Leisure World's attorney at a public hearing on Nov. 30,

Three of the planning

board's commissioners recommended that the site plan request be deferred to allow Leisure World time to revise the site plan's design and meet with residents to resolve some issues raised by speakers at the meeting, according to the meeting's approved minutes, which are posted and archived on the planning board's website, available at (www. montgomeryplanningboard. org).

Since that time, Leisure World management has made presentations to all 29 mutuals regarding the project. The presentations provided residents an update on the status of the site plan and explained the plan's process of review, development and evaluation within Leisure World.

More than 800 residents attended these presentations and participated in the discussions, and management provided answers to residents' questions concerning the project's history, design, process and cost.

The Leisure World Community Corporation (LWCC) board of directors approved a final site plan in May 2018, which included some design modifications that were recommended by several advisory committees. Management subsequently

➤ to page 2

## ➤ to page 2

INSIDE	Governance & Information.	4
	Thoughts & Opinions	6
	Events & Entertainment	8
	Movie Schedule	14
	Health & Fitness	16
	Clubs, Groups &	
	Organizations	22
	Club Trips Listing	37

Sports, Games &	
Scoreboards	40
Classes & Seminars	46
Calendar of Events	49
Governance Meeting	
Schedules	49
Classifieds	52



The Special Strategic Planning Committee seeks volunteers to assist with a resident survey. For details, see page 3.

# Skin Care

✓ from page 1

too-hot water, choosing gentle soap and showering no more than once per day.

Some skin products can aggravate dry skin, such as hand sanitizer, witch hazel, astringents and toners. Best recommends showering after a soak

in the swimming pool or whirlpool tub, as chlorine and chemicals used in hot tubs can dry the skin as well.

## **Preventing and Treating Skin** Cancer

Patients who spend a lot of time outdoors sometimes come to Best with

insect bites and dermatitis from plants. However, a particularly serious outdoor threat to skin health is sun exposure, which can lead to skin cancer.

Dr. Lacartia Best. Photo

courtesy (medstarhealth.

She recommends patients apply sunscreen with SPF 30 or higher when they plan to spend significant time outdoors, even on cloudy days, regardless of the time of year.

Best cautions against the advice that people should expose themselves to sunlight daily for vitamin D. It is safer for those with vitamin D

deficiency to take nutritional supplements.

It is important for patients to see a dermatologist if they notice skin abnormalities. Skin cancer doesn't always appear as a spot; it can manifest in strange conditions such as a sore that doesn't heal or a pimple that persistently bleeds for a

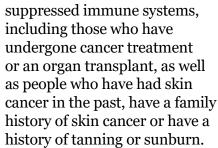
couple of weeks.

Not all abnormalities are cause for anxiety, though. Some of Best's patients have presented with prurigo nodularis, better known by its nickname, picker's nodules, a harmless condition caused by scratching too much that resolves on its

Best performs biopsies on flesh that is possibly cancerous. The procedure is not difficult for the patient. The area is numbed with an anesthetic, and the dermatologist takes a small sample of skin for testing.

According to Best, people 55 and older should check their skin for suspicious conditions monthly and visit their primary care doctor for a checkup annually.

For some populations, she recommends seeing a dermatologist annually as well. These include patients with



Best says skin cancer is increasingly treatable, but it is important to start treatment early.

She invites patients who have further questions about skin health to make an appointment.

"It's best that if people have questions that they [come in for] one visit, because a lot of the time they go off these myths," she says.

The MedStar Health medical center is open weekdays from 8 a.m.-5:30 p.m. and is located at 3305 North Leisure World Boulevard, adjacent to the Physical Properties Department building. To schedule an appointment with Best, call the medical center at (301-598-1590).

# Hearing

✓ from page 1

submitted the final engineered site plan to the M-NCPPC for approval.

Prior to the LWCC board's approval on the final site plan, eight advisory committees reviewed design concepts with design consultants over a four-year period, and 246 open advisory committee meetings were held in which the project was discussed in detail.

If approved, funding for the project's estimated \$7.2 million cost will be provided by the Resales Fund, which collects two percent of the gross sales price of each home resale in Leisure World.

### Resources

The March 28 planning board meeting's agenda will be posted on the

M-NCPPC website at (http:// montgomeryplanning board.org/agendas/) some time next week.

The planning board's hearings are webcast live at (http://montgomeryplanning board.org/meetings/ watch-online/), and a live audio stream of the proceedings is available via (http:// montgomeryplanningboard. org/meetings/listen/).

For information about the Administration Building and Clubhouse I Improvements project, sign in to (residents. lwmc.com), and in the "Resource Center" click on the "FEP Administration and Clubhouse I Site Improvements" folder.

The library in Clubhouse I also houses a binder entitled "Administration Building and Clubhouse I Site Plan Improvements Project Information" that is available for all residents to review in the library.

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# Leisure World Ne

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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# Volunteers Needed to Help with Resident Survey

by Arthur N. Popper

major focus of the strategic Aplanning process is to gather data about residents' demographics and views on, and use of, existing amenities and services, as well as solicit input on what they would like to see changed – for themselves and for future residents.

Data will be gathered through a survey of all residents beginning sometime in April. The purpose of the survey is to get a comprehensive understanding of Leisure World's demographics and other broad topics of interest.

The goal is to have maximum resident participation in the survey. Accordingly, surveys will be sent to all residents to fill in and mail back to strategic planning consultants from George Mason University (GMU). An envelope with pre-paid postage will be provided with the survey. Alternatively, residents may fill out the survey online.

Identifying information about the survey responders will be confidential – no one at Leisure World will ever know who responded. Moreover, the consultants from GMU will remove identifying information before surveys are analyzed, and this information will be kept secure and, ultimately, destroyed.

#### **Volunteers Needed**

While most residents are likely to fill out the survey themselves, some may benefit from assistance. A resident seeking help may have questions regarding the purpose of the survey, its confidentiality and the meaning of specific questions because of a language barrier or impairment.

To accommodate these residents, volunteers will be stationed at designated support centers in a clubhouse or highrise mutual at designated times to aid residents on an individual basis.

The Special Strategic Planning Committee (SSPC) is seeking a small number of residents to volunteer to work in the support centers. Volunteers will be obligated to work perhaps 6-10 hours (over several days) to help residents at assigned locations.

In preparation for helping residents, volunteers will be required to:

- Take online training in ethical principles for surveys. There is no cost for the training, and it takes about two hours.
- Participate in one training session (about one hour) with the consultants from GMU. The training session will familiarize volunteers with the questionnaire and

provide guidance on how to help other residents.

Potential volunteers are also asked to:

- · have an interest in the survey and in strategic planning
- be patient in responding to residents' questions and concerns
- take the greatest care not to influence residents' survey answers in any way
- avoid making any assumptions about the age, gender, race or other demographic information of a resident
- understand the survey's questions and be able to explain their meaning to other residents

If interested in volunteering. email the SSPC at (SSPC@lwmc. com) or leave a message at (240-560-5794) and someone from the committee will get back to you.

# Did You Know...

Registry for Pesticide-Sensitive Residents

by Leisure World News

aryland is one of 10 states that permits pesticidesensitive residents to apply for registry in a notification program, according to the Maryland Department of Agriculture (MDA).

To register for the program in Maryland, a resident must fill out and submit an application, signed by a physician, to the MDA.

Once a registrant in Leisure World is approved, McFall & Berry Inc., the community's landscaping contractor, is notified by the state and required to give the registrant prior notice of certain scheduled pesticide

applications made to properties adjacent or contiguous to the registrant's residence, so that he or she can make arrangements to avoid exposure.

This regulation does not restrict the use of pesticides, but is simply a notification of

A PDF information sheet with details about the program is available from the MDA online at (mdehn.org/wp-content/ uploads/2017/10/MDA-Pest icide-Sensitive-Individual-Regis tration-FORM-171005.pdf).

For a copy of the program's application, visit (https://mda. maryland.gov/plants-pests/ Documents/Sensitive%20 Form\_Updated.pdf).

# March 29: Credit Union **Hosts Art Show Meet** and Greet

**S** ignal Financial Federal Credit Union hosts The James T. Lawrence Art Show on Friday, March 29, from 1-2 p.m. at their branch located in the Administration Building.

Residents are invited to enjoy wine and cheese refreshments as



Photo by Leisure World News

they mingle with each other and enjoy Lawrence's artwork, which is on display at the credit union through March. The event also provides an opportunity for residents to get to know Lawrence and hear his perspective on the art.

Residents and their guests who would like to attend are asked to RSVP by calling the credit union at (301-933-9100, ext. 256).

– Leisure World News



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# GOVERNANCE & Information

# March 19: Restaurant Resumes Full Schedule

The Clubhouse Grille restaurant in Clubhouse I resumes its full operating schedule beginning on Tuesday, March 19, at 4 p.m., and will be open every Tuesday through Saturday from 4-9 p.m.

- Leisure World News

# **April 15: AARP Safe Driving Course**

by Leisure World News

The E&R Department is sponsoring an AARP Safe Driving Course on Monday, April 15, in Clubhouse I from 9:45 a.m.-3 p.m., with a one-hour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, \$15 for AARP members and \$20 for non-members, is required at the time of registration. (Please note: AARP members must show a current membership card to receive the AARP discount.) Register in the E&R Office in Clubhouse I beginning on Tuesday, March 19, at 8:30 a.m. The number of participants is limited to 25, so plan to register early.

Participants should bring their driver's license and a pen or pencil to the course. If you have any questions, contact the E&R Office in Clubhouse I at (301-598-1300).

# Updated Phone Directory Available

by Leisure World News

A n updated, printable community phone directory is now available at (residents.lwmc.com).

Residents and owners who are signed up on the website can print the directory or download and save it to their tablets, smartphones or computers.

To access the directory, sign into (residents.lwmc. com) and click on the dropdown arrow next to "Contacts," and then click on "Resident Directory - Printable."

Residents who would like their information updated or changed in the directory should contact their mutual management office or mutual assistant.

In addition to providing resident phone numbers and

### Contacts -

Contacts

**Emergency Numbers** 

Frequently Called Numbers

**Governance Contacts** 

LW Emergency Notification System

Resident Directory - Online

Resident Directory - Printable

Help Desk

Screenshot by Leisure World News

home addresses, the directory also includes emergency contact information for police, fire and rescue services, contact information and hours of operation for Leisure World's departments, services and amenities, and a street index and map with their coordinates.

## Dial 301-598-1313 for recorded Daily Events

## 2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting
The March 15 meeting airs on
March 20, 21 and 22.

**Board of Directors Meeting** The March 26 meeting airs on April 1, 3 and 5.

# **Group Email Addresses**

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com
- Administration administration@lwmc.com
- Communications communications@lwmc.com
- Education and Recreation recreation@lwmc.com
- Physical Properties physical properties@lwmc.com
- Security security@lwmc.com

# Saturday Bus Shifts to Spring Schedule

B eginning Saturday, March 16, Saturday shuttle bus service begins running from 9 a.m.-1 p.m. to coincide with the beginning of daylight saving time. Saturday spring hours remain effective through Saturday, Nov. 2.

For a complete list of full weekly shuttle bus schedules, visit



Photo by Leisure World News

(residents.lwmc.com) and click on "Shuttle Bus" under the "Amenities & Services" drop-down menu.

The March 1 edition of Leisure World News incorrectly stated that the spring hours for Saturdays' shuttle buses are 10 a.m.-2 p.m.

- Leisure World News



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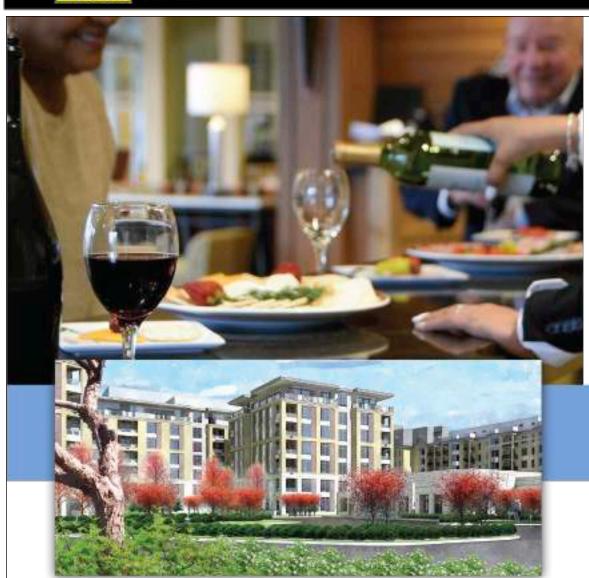
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# THOUGHTS & OPINIONS: From Our Residents

# A Few Things to Remember

Relevance: Make sure that your submission is relevant to the LW community as a whole and not to just

one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

**Brevity:** Being concise will ensure that your opinion will

have maximum impact.

**Accuracy:** Document all factual assertions. Opinions that

are backed up with facts are more powerful, but

only if the facts are accurate.

Ownership: All submissions are subject to editing but you

will have the opportunity to approve the edits

before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee

## THANKS TO ALL **VOLUNTEERS**

fter the recent and sad Apassing of a long-time volunteer in our community, I was reminded of the value of volunteerism and the need to thank those people.

This community is enhanced by all those who volunteer their time to make Leisure World a better place to live. Whether the efforts are in governance, clubs, organizations or any other capacity - visible or not - it all matters. Each volunteer is like a 'cog' in the functioning 'wheel' of Leisure World. Any effort that supports the greater welfare of this community is greatly appreciated. And if your effort is just being a good neighbor,

that's great. So, thanks to all of

- Paul Eisenhaur

## SAFE DRIVING IN **LEISURE WORLD**

■ have put much thought into Lsafe driving in Leisure World since moving to Fairways North in 2010. I joined the Security and Transportation Advisory Committee (STAC) a few years ago. I, myself, had an accident recently, which forced me to analyze my driving habits and how I could have avoided the accident.

I looked at where the accident happened at the driveway of Fairways North, 3310 North Leisure World Boulevard. I was attempting to turn left towards

# SUBMITTING AN ITEM **TO THOUGHTS & OPINIONS**

- 1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
- 2. Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- 4. LW News cannot guarantee when or if a submission will be published.
- 5. To view the full Leisure World News Guidelines, login to (residents. lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

Clubhouse I, which meant I had to be sure there was no traffic from either direction. I looked both ways twice for pedestrians, cyclists, scooters and vehicles. But I still had an

I have taken several of the AARP safe driving courses in my life and one suggestion that is repeatedly given is to avoid left turns, which are high-risk because there is traffic coming in both directions.

Residents of Fairways North have often encountered drivers coming from either direction and driving too fast to allow the driver to safely exit. About a year ago our mutual, Fairways North, had requested a sign: "Hidden Driveway, Caution!" It took a lot of effort since we were rejected twice by the STAC. Regardless of the STAC's decision, our mutual's board took the request to the Leisure **World Community Corporation** (LWCC) board of directors. After the second attempt, the LWCC board of directors authorized the sign based on our "persistence."

When looking at Leisure World Boulevard there are at least two of these signs, and they are both on the "inner loop." The Boulevard has many driveways that are what could be considered "highrisk" due to the blind curve and limited line of sight when exiting. I personally drove and reviewed the inner loop and found that there are many driveways and streets that present a "risk" when entering the Boulevard.

The Leisure World map shows the design of Leisure World, which is laid out beautifully so that we can appreciate the nature, curves in the neighborhoods and trees, shrubs, etc. Unfortunately, it also presents many high-risk areas on the inner loop since there are many blind curves. When approaching the blind curves, drivers should use caution in these areas and those that are exiting those driveways, if possible, should make "right" turns. Left turns across two lanes

present risks to drivers, cyclists and pedestrians since no one can see at a distance that is safe. The outer loop is designed so that a driver can see quite a distance to safely make any turns.

If Leisure World was designed with streets on a North/South-East/West grid there would be much better line of sight for every street, and it would make it safer to turn onto any street.

In 2003 Leisure World had an outside engineering company perform a "Traffic Study," which I read. The study speaks to the high-risk areas and gave suggestions to management to increase safety. One of the suggestions was to reduce the amount of the speed limit signs. I totally disagree! Within Leisure World there are two speed limits on the roads. The Leisure World Boulevard speed limit sign states 30 mph.

I would like to see all of the roads have a speed limit of 25 mph. I've been told that its too difficult to drive 25 mph. My concern is not about how difficult it is but about how safe we all are. My preference for 25 mph is that if there is any type of collision the speed would be less likely to kill a person, whether it be another driver, pedestrian, scooterist or cyclist.

I've seen people driving much faster than the 30 mph. You are in a 55+ community where life is "geared down" to a much slower environment and pace. Adjust your brain and speed and give us all a chance for improved safety in our home and community. If you have difficulty driving 30 mph because your schedule is so busy, you need to plan your day better and give more time for driving.

This is a residential community and we'd like to keep people safe. Once entering the community, slow your car down. There is no need for you to demonstrate your ability to take the curves and turns like you are at Daytona International Speedway, Watkins Glen International or any other racetrack.

When you are navigating

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streets here in Leisure World please consider that anyone that you may collide with might be a good friend or neighbor.

– Joyce Temple

## **BULK INTERNET**

Istrongly disagree with the Leisure World **Community Corporation** board of directors' decision to negotiate a bulk internet plan for our community. We do not need a bulk plan that forces all residents to subscribe to a single internet provider, in this case, Comcast. This plan may result in a significant increase in our monthly fees totaling hundreds of dollars per year. Every resident will be required to pay these costs regardless of whether they use the internet, or even own a computer!

Right now any resident can get internet access at the speed they need, at a cost they can afford, from the provider they want. That choice is about to be taken away from us. Instead, the board will decide what the terms of our access will be and at what cost. And that information

will not be shared with us until after the contract is signed.

The end result will be that many residents will be forced to switch from the provider they chose and are quite happy with, and will lose the savings they have with any phone/ internet bundling plans. Some residents may have to pay a penalty to their current provider upon being forced into this bulk plan. Under this plan, a small percentage of residents will have the high-speed service they want subsidized by their neighbors who do not need the higher speed, and by those who do not have nor want a computer.

For these reasons, a bulk internet plan is a bad idea.

– Pat Duran

## INTERNET FOR ALL OF **LEISURE WORLD**

was unable to attend the ▲ March 6 Chat with the Chair at which the idea of internet for all of Leisure World was discussed.

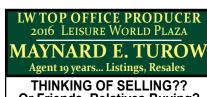
I do believe that anyone who objects because "they don't use internet" should

have it explained to them that some day, someone will be attempting to sell their unit. And at that time, it's possible that a prospective buyer will love the idea that internet is included!

I have a couple of hopes for this contract:

- 1. I hope we aren't limited to the slowest speed.
- 2. I hope the free Wi-Fi available now in the clubhouses will be secure with a password, much like our resident website, (residents.lwmc.com), is secure.

– Beth Leanza



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# **EVENTS** & Entertainment

## **■** Education and Recreation Department

# March 17: Celebrate St. Patrick's Day with The **Brothers Flanagan**

et The Brothers Flanagan → put a little Irish in your day! The singing quartet returns to Leisure World on St. Patrick's Day, Sunday, March 17, for a 7 p.m. performance of Irish and Irish-American favorites in the Clubhouse II auditorium.

The group is looking forward to returning to Leisure World, one of their favorite venues. Tickets for this fun evening are \$9 per person and are on sale in both Clubhouse E&R offices. Please bring your Leisure World

This year, the quartet is joined by a special guest artist, Sister Nell Rumbaugh and will perform songs largely from an Irish-American repertoire, including such favorites as "When Irish Eyes are Smiling," "How are Things in Glocca Mora," "The Irish Blessing," "Lida Rose" and "Tourah Lourah - an Irish Lullaby."

Robert Bunning founded the group to focus on Irish music, but over the years their repertoire has grown along

> with their popularity. The group performs both a cappella in classic barbershop style and accompanied by piano, and encompasses a broad range of genres everything from show tunes, Americana and traditional barbershop quartet favorites to patriotic music.



The Brothers Flanagan, left to right: Robert Bunning, Nell Rumbaugh, Chuck Hoag, Stephen Spriggs and Doug Smith, courtesy photo

The Brothers Flanagan have entertained audiences in the Washington, D.C., area for over 25 years. Notable performances have included

an appearance before 30,000 baseball fans at Nationals Park and twice for Anne Anderson, Ireland's first woman ambassador to the U.S.

## **■** Unitarian Universalists

**■** Edmonson Historical Society

# March 26: Program on the History of the Talbot Avenue Bridge

by Dave Edfors

n Tuesday, March 26, the **Unitarian Universalists** and the Edmonson Historical Society co-sponsor a program about the history of the Talbot Avenue bridge, constructed over railroad tracks in 1918, which connected the predominately African-American community of Lyttonsville with the white communities of North Woodside and Rosemary Hills in Silver Spring.

The program is at 2:30 p.m. in Clubhouse II, and is followed by light refreshments and conversation. The program is free and open to all residents and their guests.

A century after it was first constructed, the one-lane bridge has been deemed structurally unsafe, and plans have been made to replace the old bridge with a two-lane version that also includes a pedestrian path. Work is to begin this year.

A centennial commemorative celebration was held in September last year marking 100 years of history of a bridge that, at first, was a symbol of the division, racial segregation and exclusion that existed under Maryland law and customs. Over the years, the bridge has borne witness to Montgomery County's evolving history from segregation to desegregation, and improvements in racial inclu-



The Talbot Avenue bridge. Photo courtesy Wikipedia

sion, tolerance and diversity.

The Talbot Avenue bridge is an important part of the history of the region's economy and social culture and as a metaphorical bridge between past and present. As its demolition date nears, neighborhoods that once were segregated but are now ethnically diverse have embraced the bridge as part of their shared history.

Participating in this presentation will be Patricia Tyson and Charlotte Coffield, residents of Lyttonsville; Anna White of North Woodside; Joel Teitelbaum of Rosemary Hills; and bridge historian Dave Rotenstein of Silver Spring.

## **About UULW**

Residents don't have to be members of the Unitarian Universalists to attend its meetings. All residents are welcome. For information about the organization, contact Helen Pechacek at (301-384-2415) or (hmays11@ verizon.net).

## ■ Ballroom Dance Club

# March 23: Dance **Features Pocket Change** with Ken Smith

by Joyce Hendrix

ong-time Ballroom Dance Club favorite, Pocket Change led by Ken Smith, plays at the next dance on Saturday, March 23, from 7:30 to 10:30 p.m. in the Clubhouse I Crystal Ballroom.

The cost for members is \$10, and non-members and guests pay \$15 per person for entry into the Ballroom. All guests must be invited by a resident.

Reservations are strongly

encouraged to ensure a seat at the table of your choice, and they may be made with Hal Freeman no later than Thursday, March 21, by

emailing (bobbinhal@ aol.com) or calling (301-438-7513).

The dress code for winter dances is dressy for the ladies and jackets and ties for the gentlemen no hats or jeans.

The Club is still collecting annual dues for 2019 of \$10 per resident member, with checks payable to LWBDC.

## ■ Italian Social and Cultural Club

# March 24: 'Joey and Gina's Italian Comedy Wedding'

by Flo Merola

oin Club members on Sunday, March 24, at 5 p.m. in the Clubhouse I Crystal Ballroom as Joey and Gina celebrate their special wedding day.

Attendees won't believe their eyes and ears as they, the wedding guests, become part of the wedding and reception. Admission for this audience-interactive show and full Italian buffet with four entrees, sides,

salad and dessert is \$46 per person. A cash bar will be available.

To attend, bring checks, payable to the Italian Social and Cultural Club, to the Clubhouse I E&R office no later than Wednesday, March 20. Include names of party with payment.

You don't want to miss this fun-filled event that will have you singing, dancing and partying the night away.

## ■ Education and Recreation Department

# March 30: Pianist **Performs Everything** 'From Great Romantics to American Favorites'

**♦** he E&R Department welcomes pianist Olga Vinokur back to Leisure World. She presents a program, "From **Great Romantics to American** Favorites," on Saturday, March 30, at 4:30 p.m. in the Clubhouse II auditorium.

Tickets for this private performance are \$6 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

### **About the Performer** Vinokur is an

acclaimed pianist and

Pianist Olga Vinokur, a dynamic performer courtesy photo who is gaining recognition for "the strength and consistency of her artistry" as noted by The New York Times. She has appeared in the U.S. and internationally as a featured artist or soloist at numerous national and international venues. She also is

Dedicated to new projects, Vinokur is committed to performing the music of today. Known for adventurous and

an avid chamber musician.

imaginative programming, she has premiered solo and chamber works collaborating with both established and emerging composers.

Vinokur has produced four CDs; the most recent, released in November 2016, features

> Rodrigo music recorded with violinist Eva Leon.

> A native of Russia, Vinokur began her piano studies at age six, and at 12 she was awarded first prize in the National Young Artist Piano Competition in Russia. Since then, she has been a recipient of numerous

awards and prizes, including first prize in the Prokofiev Piano Competition in Russia.

After moving to Israel, she received her bachelor's degree and artist's diploma with honors from the Rubin Academy of Music at Tel Aviv University. She then pursued her master's and doctoral degrees in musical art at the Manhattan School of Music in New York City.



■ Leisure World Association for African American Culture (LWAAAC)

# **April 6: Groove on Down** to the Third Annual **Latin Dance Party**

by Patricia Means

**¬** he Hispanos de Leisure World and LWAAAC co-host the third annual Latin Dance Party on Saturday, April 6, from 6-10 p.m. in the Clubhouse I Crystal Ballroom.

The charismatic Joe Falero and the Latin Jazz All-Star Band, one of the best Latin dance bands in the region, will ignite the evening with lively rhythms and spirited mixtures of Latin, Afro-Cuban and jazz music for mambo, cha-cha, merengue, salsa, cumbia and bachata dancing, and more.

Hors d'oeuvres and a cash bar will be available during the cocktail hour from 6-7 p.m. Dancing



Joe Falero and the Latin Jazz All-Star Band. Photo courtesy Joe Falero via Facebook

begins at 7 p.m. All residents are invited to spice up the dance floor or sit and groove with the sounds.

Tickets are \$20 per person, checks only (payable to LWAAAC), and reserved tables of 10 may be purchased. Tickets are sold through Thursday, April 4, in the Clubhouse I E&R

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## ■The Inter-Faith Chapel

# April 7: The Chesapeake **Chorale Chamber** Singers Perform

by Kevin Clemens

**¬**he Chesapeake Chorale The Chesapeake Chesapeake Chamber Singers present

a concert entitled, "What Does My Heart Indite" on Sunday, April 7, at 3 p.m. in The Inter-Faith Chapel. The program includes selections from George Frideric Handel's "Chandos Anthems" and "Coronation Anthems."

The choral music

of Herbert Howells, Thessin of The Chesa-Handel, courtesy of Jane Peteris Vasks and peake Chorale Ralph Manuel is also included in the program. The Chamber Singers are a small, soprano, alto, tenor and bass (SATB) ensemble, selected from singers within the larger Chesapeake

Following the concert, a reception will be held in the Fellowship Hall to meet the performers. A free-will offering will be taken at the doors of The Inter-Faith Chapel.

## **About the Chorale**

Chorale.

The Chesapeake Chorale is an auditioned SATB chorus of singers from Prince George's and Anne Arundel counties. Dr. Jesse Parker is the

artistic director of The Chesapeake Chorale and Chamber Singers.

Parker and the Chorale

have enjoyed a composers.

Parker has been active in the Washington, D.C., area for over 20 years holding conducting positions in churches and with a number of community

Composer George Frideric

highly successful collaboration. Together, they have presented a wide range of repertoire including music by Brahms, Bach, Haydn, Mozart, Bernstein, Vivaldi, Bloch and Poulenc, as well as by numerous contemporary pop and Broadway

Susan Ricci Rogel is the accompanist for the chamber singers and chorale. She is a highly sought after collaborative pianist, teacher and vocal coach in the Washington, D.C., area. Rogel has performed throughout the U.S. and Northern Germany, collaborating in recital programs and master classes. She is also the pianist for the vocal quartet Classical FX, with whom she has concertized in the U.S. and Mexico.



*The E&R Department is pleased to provide the following programs.* 

March 17, 7 p.m. Brothers Flanagan – Celebrate St.

Patrick's Day

March 30, 4:30 p.m. Pianist Olga Vinokur Spring Flea Market April 13, 9:30 a.m.

April 13, 4:30 p.m. The Musical Plumer Family

Steven Friedman – "Musicals My April 16, 1:30 p.m.

Grandchildren Should See"

April 27, 7:30 p.m. Susan Winter – "Rise Up Singing"

April 30, 7 p.m. Pianist Eric Abrahamson

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

## **■** Fireside Forum

# April 7: Duo Speaks on the Ethnic Integration of Baseball

by Jonas Weiss

On Sunday, April 7, Phil Hochberg and Jerome Nelson present a program exploring the history of the ethnic integration of baseball.

Nelson is a retired federal administrative Photo by Fred Shapiro

law judge and now serves as an arbitrator in the securities industry. He is a lifelong baseball fan, having grown up in Boston rooting for the

Boston Red Sox. He is now a Baltimore Orioles season ticket holder. His daughter has worked for the Orioles' public relations department.

Hochberg has a Washington, D.C., law practice specializing in the representation of professional and collegiate sports leagues and teams in regulatory matters and legislation. He also does public address announcing at sporting

events. He was an announcer for the Washington Senators



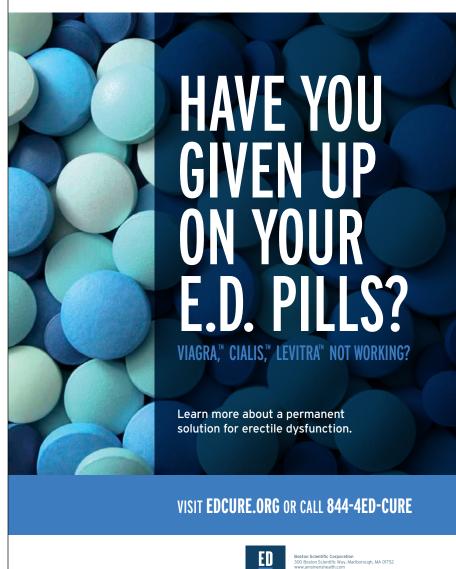
and the Baltimore Orioles, and spent 38 years with the Washington Redskins. In 2013, Hochberg was inducted into the Wash-

> ington, D.C., Sports Hall of Fame at Nationals Park.

For several years both Nelson and Hochberg taught baseball courses for the Osher Lifelong Learning Institute in

Rockville and Columbia. They have also given presentations at meetings of the Society for American Baseball Research.

Their program is at 2:30 p.m. in the Clubhouse II auditorium. Rosalind Kipping is the host for the speakers.



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# **April 13: The Musical Plumer Family Returns**

The Plumer Family returns on Saturday, April 13, to perform an eclectic musical program at 4:30 p.m. in the Clubhouse II auditorium.

Frank Plumer and his three children – Antonio, Julia and Cecilia – perform four hand and six hand piano, violin and songs sung in Italian, Hebrew, Yiddish, French, German, Spanish, Russian and Latin. They present a blend of more serious works and lighter fare to entertain audiences of all

Sponsored by the E&R Department, tickets, \$6 per person, are on sale in both clubhouses. Please bring your Leisure World ID.

#### **About the Performers**

A musician from the age of four, professional pianist, accordionist and vocalist Frank Plumer performs at the Metropolitan Club as the principal pianist and frequently at the Army Navy Club. He has

played at the Hay Adams Hotel, the Four Seasons Hotel in Georgetown, and at the Italian, French, Finnish, Spanish and Uruguayan embassies, as well as performing in Italy and Canada.

Plumber has also entertained many celebrities and Washington luminaries including Hillary Clinton, George W. Bush, Michelle Obama and former Maryland governor Martin O'Malley, among others.

Son Antonio, 18, began piano studies at the age of three. Adopted at the age of two from Bulgaria, Antonio won second place in the International Protégé Romantic Music Competition and performed at Carnegie Hall when he was 12. He placed second at the annual Steinway Piano Competition and performed at the Embassy of

In 2018, he was a finalist at the Washington International Piano Festival held at the Kennedy Center. Recently, he won the annual concerto competition at Catholic University and will be performing Shostakovich's Piano Concerto No. 2 on May 4, 2019 with the Catholic University Symphony Orchestra, where he is also a percussionist.

Daughters Julia and Cecilia have been playing piano and singing since the age of three. Julia is also in her third year of playing violin with the Peabody Youth Orchestra. Both daughters have sung with The Washington National Opera Children's Chorus for many years, performing at Strathmore in Bethesda, Maryland, and in the operas "La Bohème," "Carmen," "Hansel and Gretel" and "The Little Prince" at the Kennedy Center.



The Musical Plumer Family, courtesy photo

In fall 2018, the sisters performed "La Bohème" at George Mason University with the Fairfax Symphony Orchestra. This month, Julia and her father will have the honor of playing for Daniel Mulhall, Irish ambassador to

## **■** Lions Club of Leisure World

# **April 16: Lions Celebrate** 40th Anniversary

by Larry Cohen

elp the Lions Club of Leisure World celebrate its 40th anniversary at a seated luncheon on Tuesday, April 16, from 11:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom.

The luncheon includes a speaker and great entertainment. Tickets are \$25 per person (check only, payable to the Lions Club) and for sale on Saturday, March 16, from 10 a.m.-2 p.m. in the Clubhouse I lobby. Tables must

be reserved, and tables of 10 are available upon request.

#### **About the Lions**

The Lions Club at Leisure World signed its charter on April 23, 1979, and the rest is beautiful history – a history of raising tens of thousands of dollars to help visually

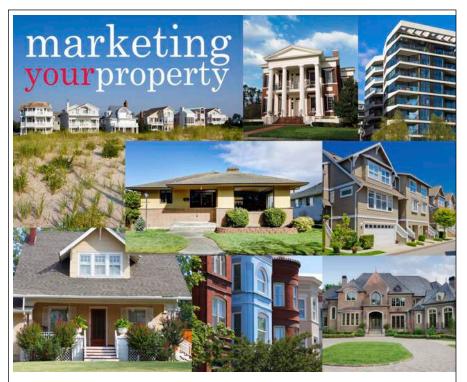
impaired children and adults in Montgomery County and around the world.

The Club has also provided food for the needy, money for disaster relief, camps and education for diabetics, blind and deaf children and their families, and aid to infant cancer patients, among others.

It has been 40 years of helping others, and every dollar raised has gone toward helping those in need. Take a few minutes out of your day to help the

Club celebrate these past 40 years by attending the program, or take out a business card-sized ad for \$25 in the event's 40th anniversary program book.

For questions or more information, contact Maxine Hooker at (Waxiemaxie@ juno.com) or (301-598-0242).



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3836 International Dr. Silver Spring, MD 20906.





# It's Time for the Spring 2019 Flea Market

oin your friends and fellow residents on Saturday, April 13, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom and Maryland Room for the semi-annual Leisure World Flea Market

Sign up for market space in the E&R office in Clubhouse I, beginning Tuesday, March 19, at 8:30 a.m., through Friday, April 5, or until space is filled. April 5 is also the last day to cancel and receive a full refund.

Residents only are eligible to rent vendor space at the market and a resident must be present at the table at all times.

To accommodate the greatest number of residents and groups, space is limited to a maximum of 12 feet of space (the equivalent of two 3x6' tables or one 3x6' table and one rack) per rental. Tables can be rented at \$18 for 3x6' and \$9 for 3x3'.

One chair is provided for a 3'x3' table, and two for a 3'x6' table. The fee for extra chairs is \$1 each. A limited number of clothing racks are available to rent for \$10

Payment can be made by check, payable to Leisure World of Maryland Corporation, or by MasterCard, Discover or VISA.

Tables, chairs or racks cannot be brought into the sale. (Display racks that fit on top of rented tables are acceptable).

Merchandise may not be placed on chairs, next to or in front of tables and racks. Space is limited. Placing items around

the rented space impedes traffic and is a major safety concern and therefore is not permitted.

Beginning Saturday, April 13, at 7:30 a.m., numbers will be given out to flea market vendors who want help bringing merchandise into the clubhouse.

Market vendors may begin bringing in their merchandise at 8 a.m. The market will open to the general public at 9:30 a.m.

Keep in mind that clothing offered for sale at the market must be clean and in good condition.

Vendors are reminded that they must remove all unsold

merchandise and debris (boxes, hangers, wrapping materials, etc.) when they leave.

Individuals and organizations are responsible for the collection and payment of sales tax. You may obtain this sales tax license from the Maryland State Department of Assessments and Taxation at (taxes. marylandtaxes.gov/Business Taxes/Business\_Tax\_Types/ Sales\_and\_Use\_Tax/).

Remember, the items you are willing to part with may be your neighbor's sought after treasures.

Join us for a fun-filled day!

## **■** Education and Recreation Department

# April 16: 'Musicals My Grandchildren Should

# See'

**S** teve Friedman returns on Tuesday, April 16, at 1:30 p.m. in Clubhouse I for his continuing series of programs on the history of Broadway. Using song and lecture, he explores how Broadway's plays were transformed into musicals.

Your grandchildren all know about recent Broadway shows like "Dear Evan Hansen" and "Hamilton," but the gems of our era of musical theatre may be a mystery to them.

If you want to provide them a great roadmap so they know what they should see when the opportunity arises, then this is a lecture for you.

This will not just be a list of "see this" or "see that," but will include the reasons why certain musicals can have an impact on young people today. These great musicals offer a different vantage point and lessons that can be learned.

Come share with anecdotes and songs from some of the greatest musicals ever staged, and why they are relevant for today's younger crowd.

Tickets are \$6 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

## ■ Sock Hop Group

# April 27: Take Two **Entertainment DJs Next** Sock Hop

by Abigail Murton

**¬** he next sock hop dance is on Saturday, April 27, from 7-10 p.m. in Clubhouse II.

The price of admission is \$5 and attendees are asked to bring their own snacks and beverages. Take Two Entertainment will provide great dance music.

And then on Saturday, June 1, the Group presents "Sock Hop

Live," with live music performed by the band Groove **Ouest from** 7-10 p.m. in the Clubhouse I Crystal Ballroom.

The price of admission is \$10. Come relive the fun of high

school dances. For questions about either dance, contact Doug Brasse at (301-448-8708).

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# **Musical Performances** at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330).

April 10 The Night and Day Band with Mike Suser and Vocalist Charlene Cochrane

April 24 Motown Classics with The Winstons Duo "Sax with Mike" Surratt May 15

May 29 Michael Binder, Swing'N On A Star Jules Levine and The Classy Jazz Band June 12

# April 27: Jazz Vocalist Performs 'Rise Up Singing'

The E&R Department and the Foundation of Leisure World are pleased to introduce jazz vocalist Susan Winter to Leisure World. Winter brings her show, "Rise Up Singing," to the Clubhouse II auditorium on Saturday, April 27, at 7:30 p.m.

We live in a time of political, social and economic turmoil and feel a need for healing. Winter believes that music is that healer

Working with musical director Alex Rybeck, Winter presents a program that reminds one that music, used as political, social and cultural

> commentary, is also a vehicle that can enlighten and uplift.

Directed by Barry Kleinbort, "Rise Up Singing" features songs that draw on diverse

and distinct material from movies and Broadway, folklore, Yiddish theater and contemporary artists.

go on sale beginning Tuesday, March 19, at 8:30 a.m. in both clubhouse E&R offices. Please

bring your Leisure World ID.

#### **About the Performer**

An award-winning veteran of New York City's cabaret scene. Winter now calls Florida her home base. By age 14, Winter was singing at a restaurant for tips and dinner.

As a teen she toured with Bob Carroll and, in her 20s, while teaching full time, was a regular at Catch a Rising Star Comedy Club.

She continued to regularly perform cabaret until she felt her two sons took precedence. Then in 2008, after a 30-year plus hiatus, she returned to

Tickets are \$15 per person and her cabaret roots. A year later, in 2009, Winter produced her CD, "Love Rolls On...Live!", recorded at the Metropolitan

> Club in New York City, and won the Bistro Award for "Outstanding Vocalist." Winter continues to hone her shows to keep them relevant.

## About the **Foundation**

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at

(foundation@lwmc.com).



Susan Winter, courtesy photo

## ■ Jewish Residents of Leisure World

# March 28: 'Laces'

by Jonas Weiss

**¬**he Jewish Residents of Leisure World and the Bender Jewish Community Center's Coming of Age in Maryland program presents the

Israeli film "Laces" (2018, 1 hour 38 minutes, drama/ comedy, Hebrew with English subtitles, not rated) on Wednesday. March 28, at 1:30 p.m. in the Clubhouse II auditorium.

The film is about a complicated

relationship between an aging father and his special-needs son whom he abandoned while he was still a young boy. Reuben's kidneys are failing and his son, Gadi, wants to donate one of his own kidneys. Gadi must fight for his right to save his father's life.

The film's portrayal of a relationship full of love, rejection and co-dependency sheds light on the importance

> of human life and human connection.

A discussion follows the film. Tickets, \$10 per person (checks only, payable to JRLW) are available in the Clubhouse I E&R office. All residents are welcome.



# 2019 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	<b>Tickets Available</b>
March 21, 1 p.m.	Book Club	SOLD OUT
March 31, 2 p.m.	Marshall	LIMITED
April 14, 2 p.m.	Mamma Mia!	March 19
	Here We Go Again	
April 24, 1 p.m.	Whitney	April 9
May 16, 1 p.m.	Pope Francis: A Man of His Word	April 23

Movies are subject to change.

## **■** Education and Recreation Department

Sunday Afternoon at the Movies

# April 14: 'Mamma Mia! Here We Go Again'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, April 14, the featured film is "Mamma Mia! Here We Go Again" (2018, 1 hour 58 minutes, comedy/ musical/romance, rated PG-13 for some suggestive material).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, March 19, at 8:30 a.m. Please bring your Leisure World ID.

A pregnant Sophie (Amanda Seyfried) is now managing the family villa on Kalokariri, and worried about facing motherhood without her mom, Donna's, guidance. But Donna's best friends reassure Sophie with tales of her mother's experiences and exploits.

Reprising their rolls from "Mamma Mia!" are Meryl Streep, Julie Walters, Christine Baranski, Pierce Brosnan, Colin Firth and Stellan Skarsgård. Joining the cast are Cher as Ruby Sheriday and Andy Garcia as Fernando Cienfuegos.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.

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LISTING SOLD! \$305K

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# HEALTH & Fitness

## ■ Vegetarian Society of Leisure World (VSLW)

# March 21: Meeting's Video Presents Doctor-**Approved Recipes**

by Bob Fenichel

The next meeting of the VSLW is on Thursday, March 21, at 7 p.m. in Clubhouse II.

The Group presents a video by Dr. Joel Fuhrman, who will prepare several recipes as he talks about the importance of eating fresh fruits and vegetables for good health.

Fuhrman is the author of six New York Times bestselling books on diet and health and has been featured on several PBS television special programs. After the

☐ Health Advisory Committee

video, several VSLW officers will prepare simple snacks to sample.

#### **About the Group**

VSLW meets on the third Thursday of every month. Additional information on VSLW activities is available at (www. vslw.org).

All residents are welcome at VSLW activities; they don't have to be vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet.'



Dr. Joel Furhman, courtesy

☐ Health Advisory Committee

# March 26: Learn 'Positive Strategies for Dementia Caregivers'

by Sandra McLeskey

on't forget to sign up for the talk by Wendy Johnson on "Positive Strategies for Dementia Caregivers" held on Tuesday, March 26, at 1 p.m. in Clubhouse I.

Johnson is a member of the Alzheimer's **Association Speakers** Bureau. She will offer pragmatic tips on how to cope with disruptive

or distressing behaviors that many patients with dementia exhibit. Her presentation also includes ways to comfort a patient or defuse anger without

confrontation.

This type of caregiving can be a little counterintuitive for people, but once they adopt it, things often go more smoothly.

The talk is free, but space is limited. Residents are asked to sign up by stopping by the

Clubhouse I E&R office or by calling (301-598-1300).

# March 25: Orthopedic **Surgeon Speaks About Knee Arthritis**

by Sandra McLeskey

nyone who has arthritis in

A his or her knees will benefit from attending a talk given by orthopedic surgeon Dr. Ryan Macdonell on Monday, March 25, at 4 p.m. in Clubhouse I.

Fifty-five percent of people will develop symptomatic knee osteoarthritis in their lifetime. In more than Dr. Ryan Macdonell. half of these people, the knee arthritis will progress to the point where they are eligible for total

Health's website

the Arthritis Foundation. Macdonell is a MedStar Health physician who special-

izes in knee and hip problems and comes to see patients at the Leisure World's medical center once a week. He will talk about surgical and nonsurgical therapies for arthritic knees.

The talk is free, but residents are beforehand by dropping by the

Clubhouse I E&R office or by calling (301-598-1300).

## **■ Lions' Vision Support Group**

# April 10: Rehab Teacher Speaks at Meeting

Wendy Johnson, cour-

tesy photo

by Larry Cohen

The next meeting of the Lions' Vision Support Group is on Wednesday, April 10, at 1 p.m. in Clubhouse I. The meeting's speaker is Amy Crouse, training director at Blind Industries and Services of Maryland.

Blind Industries and Services of Maryland is a non-profit company that hires and trains visually impaired people to work

for them in government contracts. As part of their contract, they often train people to function at home and away with everyday tasks, such

as using the white cane, cooking, tech use, housecleaning and more.

### **About the Group**

The Group has speakers at its meetings who are experts in their fields and help make members' loss of vision easier to cope with. Join the Group at its monthly meetings, held on the second Wednesday of every month at 1 p.m. in Clubhouse I.

The Group discusses new ways to 'see' an appliance's settings or read a book or newspaper, and shows members new modes of transportation and ways of viewing movies, theatre performances and museums. Group members also discuss ways to cope with loss and how to support each other. The

Group has no dues.

The Group is planning trips for those with impaired vision to museums, art galleries, theatres

and more, which will include audio description and/or tactile supplemental aids.

The Group's mantra is that "We can all do what we did before; we just have to find a new way to do it." For more information about the Lions' Vision Support Group, call Larry Cohen at (908-770-9111) or email (topops@aol.com).



Photo courtesy MedStar asked to sign up

knee replacement, according to

# **Medical Center Welcomes** Two New Providers

by Leisure World News

rogynecology nurse practitioner Cindy Nevara joined the MedStar Health medical center on March 8 and sees patients every Friday between 8 a.m.-4 p.m.

Nevara specializes in the treatment of conditions affecting the pelvic floor, including urinary and fecal incontinence, pelvic organ prolapse, defecatory dysfunction, fistulae and other complications from childbirth.

She joined the medical center from MedStar Washington Hospital Center's National Center for Advanced Pelvic Surgery.

To schedule an appointment with Nevara, call (301-598-1590), press option 1 to schedule an appointment, and then hold for the next available associate.

And beginning in April, Dr. Malini Narayanan, board-certified neurosurgeon, will see





From left, nurse practitioner Cindy Nevara and Dr. Malini Narayanan, courtesy photos

patients at the medical center on Fridays. She specializes in the treatment of conditions affecting the spine, neck and back, with expertise in minimally invasive spine surgery.

Narayanan was named a Washingtonian Top Doctor of 2015 and has her own medical practice, National Neurosurgery Solutions.

To schedule an appointment with Narayanan, call (240-670-0612), email (myneurosurgeon@ nnss.com) or visit (www. national neurosurgery solutions. com).

## ■ FISH (Friends in Sickness and Health)

# **FISH Looks Ahead** to 50th Anniversary

by Beth Leanza

ISH celebrates 50 years in Leisure World at its next annual meeting and lunch, held on Wednesday, June 12, at 1 p.m. in Clubhouse II. FISH volunteers, both past and present, are invited.

Details about the event are forthcoming. For questions or to RSVP, contact Beth Leanza at (301-598-4569).

#### **About FISH**

FISH is a volunteer organization that lends assistive equipment, such as wheelchairs, walkers and commodes, to residents and employees at Leisure World. FISH also helps collect items for the Lions and Kiwanis Clubs. FISH welcomes any charity that wants a place to receive donations.

The FISH office located in Clubhouse II is open Monday to Friday from 10 a.m.-4 p.m.,

except on national holidays. The phone number is (301-598-1345). If the office is closed, or the volunteer has stepped out, the call forwards to the E&R office. The office is closed when Montgomery County public schools are closed.

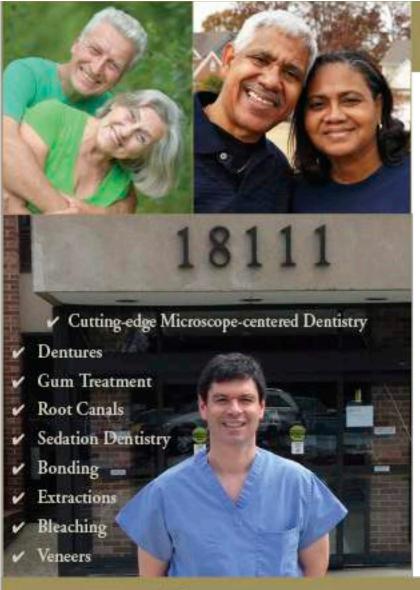
#### **Lost and Found**

The FISH office is where lost and found items are housed. If vou've lost an item, have a look around the office's closet, or call the office and the volunteer will look for you.

When the FISH office is closed, the call forwards to the E&R office.

#### Join Us

Residents interested in volunteering with FISH are asked to contact Beth Leanza at (301-598-4569). FISH suggests that new volunteers participate in a training session with a current volunteer.



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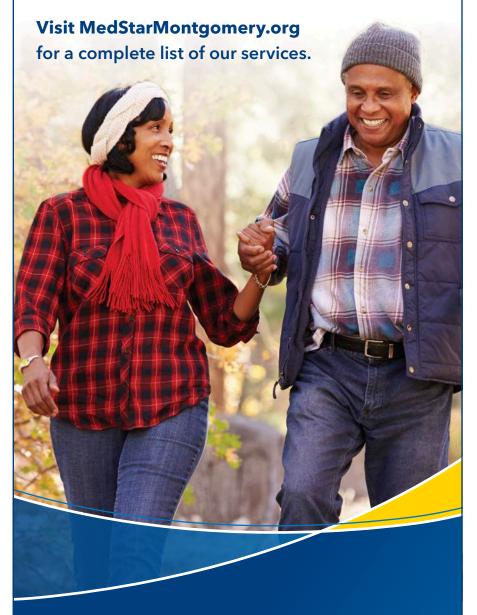
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# Take a Tour of the **Fitness Center**

ne of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

– Leisure World News

# Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or longterm partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at Caring-Matters, is required before attending. If interested, please call Jim at (301-990-0854).

**Essential Tremor Group:** The Essential Tremor Group meets at 10:30 a.m. the first Thursday of the month in Clubhouse I. Try to come to the next meeting on April 4 at 10:30 a.m. to find out about more new research and to meet other people with Essential Tremor.

**Free Blood Pressure Testing:** Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

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# RKINSON'S POI

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Presented by Zachary Levine, MD, FAANS, National Capital Neurosurgery

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With 20 years of experience in Deep Brain Stimulation (DBS) and 30 years of Parkinson's research in his arsenal, Dr. Levine is a leader and innovator in the neuromodulation/DBS community worldwide. During this seminar, he will share his expertise on the past, present and future of DBS as well as procedure eligibility, new technology and more.

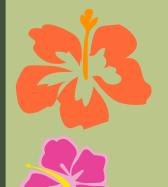
> For more information or to register, contact Toni Davis at 301-388-7209 or tdavis@bgf.org by April 2.











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Ruth.dehart@andersencorp.com







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# CLUBS, GROUPS & Organizations

## **■** Open Forum

# March 20: Group Meets for Engaging Discussion

by Laurie Burdick

O pen Forum is a lively and, at times, entertaining discussion group attended by an eclectic group of seniors interested in social events, politics and the world in general.

The meetings are conducted in a format in which one can express his or her opinion without fear of judgment. The Group discusses four to five topics over a 90-minute period, keeping opinions to two to three minutes. Members are always encouraged to bring

their own subject to the Group, and no subject is off the table.

This discussion Group is not for everyone, but residents who want to participate in an enlightening and always provocative discussion will enjoy Open Forum. Open Forum meets on the third Wednesday of the month from 1:30-3 p.m. in Clubhouse II. The Group's next meeting is on March 20.

To attend, just show up, or contact Rose Arnold at (301-512-0871) or (rarnold2000@ comcast.net), or Laurie Burdick at (240-558-4454) or (Lgburdick@aol.com).

## ■ Rossmoor Library Guild

# Library Offers Holiday Greeting Cards

**B**e sure to come and visit the library in Clubhouse I early for a complete selection of Passover and Easter greeting cards offered at affordable prices.

The library is open on Mondays from 1-4 p.m., Tuesdays through Fridays from 10 a.m.-4 p.m., and Saturdays from 10 a.m.-1 p.m. The library is closed on Sundays and holidays.

For more information, contact Tony Magri at (tonyitalian1951@comcast.net).

– Anthony Magri



Passover and Easter cards are available at the library in Clubhouse I. Photo by Leisure World News

## ■ Center for Lifelong Learning (CLL)

# April 3: Learn About 'An Army of Educators'

The Center for Lifelong Learning (CLL) presents a two-part program, "An Army of Educators," that explains post-Civil War changes in education for people of color living in the South and other parts of America.

Presented by history buff and photographer Marvin Tupper Jones, the two-part program is on Wednesday, April 3 and 10, at 11 a.m. in Clubhouse I.

For registration details, see the Classes and Seminars section of this publication. For information about all CLL courses and lectures, visit (www.cllmd.com).



Marvin Tupper Jones, courtesy photo

– Fred Shapiro

## ■ Jewish Residents of Leisure World

# Upcoming Course Asks, 'Who Are Arab-Israelis?'

by Jonas Weiss

The Jewish Residents of Leisure World (JRLW) and the Bender Jewish Community Center Coming of Age in Maryland program co-sponsor a six-week course entitled "Who Are Arab-Israelis?" that begins on Thursday, March 28.



Ira Weiss, a retired neurophysiologist who collects Israeli cinema and TV shows, and who has lectured frequently at Leisure

World, presents a look at the life of Arab-Israelis through the lens of "Avodah Aravit," an award-winning Israeli comedy series often compared to "All in the Family."

For more details and registration information, see the Classes and Seminars section of this publication.

# ■ Interfaith Committee for the Homeless and Working Poor

# Helping Those In Need

The Interfaith Committee for the Homeless and Working Poor has planned several upcoming events that will help provide much needed assistance to the community, including the following:

May 1-31
Books for Kids
May 2
Baby Shower for Interfaith Works
Aug. 15
School Supplies for Teachers
Oct. 1-31
Caps for Kids
Oct. 17-18
Coat Drive

Details about these events are forthcoming.

– Rae Cooper

# **Exhibit Features 'Bugs** and Buds and Other Things Found in the Garden'







From left, a watercolor painting of the viserioni beetle by Ann Bolt; Jeanette Schuder stands by her exhibit in Clubhouse II; and Judy Kirkland, left, receives a gift card from the Credit Union's Nabiha Zayat-Calcutt. Photos by Ann Bolt and Erika Rivera Davila

by Ann Bolt

eanette Schuder's solo exhibit in Clubhouse II celebrates her love for painting the outdoors.

Her artistic genes can be attributed to her grandmother, Lillian Wagner Heintz, who studied at the Corcoran School of Arts in the 1890s.

Schuder took art classes in the 1980s from Joan Zwack and George Johnson. She had her own dress design business and was a department head in local retirement villages.

Today she is enrolled in art classes at the Rossmoor Art Guild (RAG) under the guidance of teacher Barbra Piegari. Schuder's exhibit runs through April.

General exhibits at Clubhouse I include many subjects, such as studies in faces, along with an exhibit featuring "Bugs and Buds and Other Things Found in the Garden."

### **Spring Fling**

While some members of RAG, such as Schuder, have reached the point of having their own exhibit, others are waiting for the inspiration needed to get there, and what better way to find it than by attending the Spring Fling on Saturday, April 13, in the Clubhouse I Art Studio? The

time of the Fling is yet to be determined.

Returning as a presenter is Linda Ely, who at a past Spring Fling surprised onlookers by ripping in half a watercolor painting she wasn't happy with.

However, some teachers use bits of an old painting for the fronts of greeting cards or for other paper projects. So rather than let all those so-so paintings accumulate in a drawer, under the bed or in the locker, reuse them.

The Spring Fling is open to all residents. Light refreshments will be served.

#### **Signal Winner**

Judy Kirkland recently exhibited paintings at the Signal Financial Federal Credit Union in the Administration Building and garnered enough votes to be the recipient of their gift card. She's been painting for about two years under the guidance of Ron Erlich.

### **Other Updates**

Teachers Genevieve Roberts, Millie Shott and Firouzeh Sadeghi prefer that prospective art students come to the first class and a supply list will be explained in detail.

The next RAG board meeting is on Wednesday, March 20, at 3:30 p.m. in the Art Studio in Clubhouse I.



# Dementia Caregiver Support Group

Facilitated by Wendy Johnson, MS, CSA Owner, Senior Helpers

## Held the First Tuesday of Each Month 2:30 pm to 4:00 pm

Caring for a loved one living with Alzheimer's disease or a related dementia can be very challenging and can often leave you feeling overwhelmed. Arden Courts of Silver Spring wants to let you know that you are not alone.

#### **OBJECTIVES**

- Discover how other family members and caregivers have addressed challenging situations
- Find out valuable caregiving tips from other caregivers
- Get the extra guidance and support you may need from others who are in a similar situation
- Decrease your caregiving stress and improve your well-being

## WHO SHOULD ATTEND

Caregivers, family members or friends of those who are living with Alzheimer's disease or a related dementia are invited to attend.

# Call (301) 847-3051 or e-mail SilverSpring@arden-courts.com for more information.

In the event of inclement weather, if the Montgomery County Schools are closed, our group will not meet.



Memory Care Community

2505 Musgrove Road Silver Spring, MD 20904 (301) 847-3051

SilverSpring@arden-courts.com



# March 26: Meeting and Nature Competition

by Fred Shapiro

The Rossmoor Camera Club holds its meeting and nature competition on Tuesday, March 26, at 7 p.m. in Clubhouse II. Steve Bruza serves as the competition's judge.

The print and digital photos submitted for the competition are expected to be taken outdoors and display natural elements, such as landscapes, wildlife, bodies of water, plants,

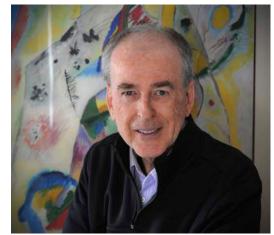


Photo competition judge Steve Bruza, courtesy photo

mountains, skies and deserts. The photographs may not include people or man-made items, such as walls, fences, roads and trails.

Every member is entitled to submit two print and two digital photographs to be judged on the basis of subject, composition, lighting and message delivered by the image. Email digital photos and their titles to (RossmoorLW@gmail.com).

#### **About the Judge**

Bruza's serious camera work began as photographer and photo editor for his college newspaper when there was only 35mm film and wet darkrooms. Covering campus news and sports taught him to capture images that would tell a story.

Much later in life digital photography reignited his creative photography interest, and he attended workshops and joined camera clubs as an outlet to learn and apply new skills.

He has been a member of Bowie-Crofton Camera Club since 2002 and achieved fivestar awards and masters level in their competitions. He was their vice president of Photo Talk for three terms.

He is currently an organizer of Creative Exposure Baltimore's MeetUp group and is on the Board of Directors of the Maryland Photography Alliance. Bruza's newest passion is acquiring vintage lenses to use on Sony mirrorless cameras.

Bruza finds competition as one of the most beneficial ways to develop as a creative fine-art photographer. He regularly competes in Baltimore Sun Sunday SunShots and has won first or second place on numerous occasions. His photo of "Bubbles on Flowers" was selected as one of five Best

of the Best for their year-end edition.

Bruza believes criticism is a necessary element of judging and so concentrates on making specific and constructive comments. He focuses on a photographer's mastery of techniques and if the photographer added something extra of him or herself in the photo.

## Membership

Members who expect to compete in the monthly competitions pay dues of \$25 for the year, and residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of \$15.

Mail checks for dues, payable to Rossmoor Camera Club, to Woody Shields at (Rossmoor Camera Club, 3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906). Visit the Club's website at (www. rossmoorcameraclub.com).

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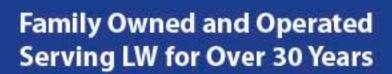
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# April 3: Enjoy a Trip Down Musical Memory Lane

by Hannette Allen

The Group meets on Wednesday, April 3, at 7:30 p.m. in the Clubhouse II auditorium.

Following a short meeting, Club members and attendees will be treated to a smorgasbord of musical delights from the 1950's, including "Love Letters in the Sand," "Unforgettable," "Love Me Tender," "Sugartime," "Chantilly Lace," "Splish Splash," "I Walk the Line," "Who's Sorry Now" and others. Joan Bowar directs the performance.

Just reading that list of songs is enough to make a person nostalgic. Admission is free for paid-up members of Fun and Fancy, and \$5 for guests. Refreshments follow the performance.

#### **Irving Berlin Production**

Auditions for Fun and Fancy's spring production, "An American Treasure: The Best of Irving Berlin," have concluded. The Group has selected a cast of about 30 talented people who enjoy performing.

The productions co-directors are Stan Jones and Allan Okin, and vocal directors are Mary Jane Boyle and Beth Youse. The producers are Elizabeth Evans, Stan Jones

and Abigail Murton, and the concept is by Allan Okin.

Behind the scenes, the Group has engaged the talents of J.J. and Betty Boulin (set design, construction and decoration). Joan Okin (stage management), Euclid Coukoumu (sound design), Mike Hayman (lighting design) and Carol Neckar (costume coordination).

Each of these folks will need assistance to bring audiences well-designed musical entertainment, so contact these cast Hannette Allen members if you wish to assist them.

Tickets for reserved seats for the six performances (Friday, May 10, Saturday, May 11, Sunday, May 12, Friday, May 17, Saturday, May 18 and Sunday, May 19)

are expected to go on sale in late April. More information will be forthcoming.

Opening night, May 10, includes a "Meet the Cast" wine and cheese recep-

> tion, and a special champagne and cake reception for the Mother's Day matinee on Sunday, May 12.

### **Stage Presence**

Fun and Fancy member Ernie Poland gives a presentation on stage presence on Saturday, April 20, from 1:30-3:30 p.m. in the Clubhouse II auditorium.

His presentation includes lessons on stage geography (upstage vs. downstage), working with other performers, projecting your voice and using

your body effectively (never turn your back to the audience).

To sign up, call Steve Bennof at (301-456-5825). This presentation is only for Fun and Fancy members.



Costumed members have fun backstage. Photo by

## ■ Ballroom Dance Club

# **Club Enjoys Monthly Dances**

by Joyce Hendrix

ong-time Club favorite, Pocket → Change led by Ken Smith, plays at the next dance on Saturday, March 23, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

For details, see the Events and Entertainment section of this publication.

## **February Dance**

The Mardi Gras-themed dance on Feb. 23 was a great success. Eightyseven dancers enjoyed the strict ballroom tempo music of The Helmut Walt Hendrix Licht Trio.

Mardi Gras beads were given to all dancers as they entered the ballroom, and doughnuts and coffee were served at intermission.

### **About the Dances**

All dances feature live music, including slow and Viennese waltzes, foxtrots. rumbas, sambas, tangos, merengues, hustle, polkas, swing and quicksteps.

The music played is from all eras and includes Broadway tunes, country, old standards and pop music from the '30s through the current day. Ask the bands for your favorites, and if they know it, they will play it.



Ida Leong offers Mardi Gras beads to Mary Wells and Milan Karlan at the Club's dance on Feb. 23. Photo by

Residents that are new to the community or who have wondered what kind of dancing the Club does are encouraged

> to attend a dance or join. The Club is a friendly group that is always looking for new members.

Residents are encouraged to invite their non-resident friends, relatives and neighbors to the Club's monthly dances, usually held on the fourth Saturday of each month, from January through November.

#### **Next Dance**

The Spring Fling is on Saturday, April 27, and features The Tony Luciano Band. Put on your dancing shoes and come join us.



# March 22: Meeting on Site Plan Hearing

by Janice McLean, Tom Conger and John Feldman

**▼**he Town Meeting Corganization (TMO) holds a meeting on Friday, March 22, at 1:30 p.m. in Clubhouse I. The meeting's topic is how residents can defeat approval of the proposed new Administration Building and Clubhouse I site

The Montgomery County

Planning Board's commissioners deferred a decision on the submitted Leisure World site plan at its Nov. 30, 2017 meeting.

Members of TMO have met with Planning Board staff and examined the five large binders of documents submitted by Leisure World management. One of the binders contained a 12-page document titled "Summary of Administration Building/CH

1 Site Plan Presentation to Mutuals."

During these presentations to mutuals, numerous residents asked general manager Kevin Flannery why he is not asking for resident consensus. He responded that the Leisure World Community Corporation board of directors has not instructed him to gain consensus, and that there is no formalized, mandated process.

Be sure to attend TMO's meeting so that your voice can be heard. Residents will learn what steps they may take to ready themselves for the Planning Board hearing scheduled for Thursday, March 28, such as sending emails, providing testimonial and planning to attend in-person.

For more information about TMO, email (admin@ townmeetingorganization. com).

### **■ LW Green**

# March 27: Group Gives Talk on County's Zero **Waste Program**

by Janice McLean

W Green's next meeting is on Wednesday, March 27, at 2 p.m. in Clubhouse I. The Group will present a talk on Montgomery County's planned Zero Waste program currently being developed by the County's Food Council.

## **Call to Action**

At the Feb. 27 meeting, members and guests heard a call to action regarding climate change along with suggestions as to how to take that action.

Leslie Wharton and Frances

Stewart, representatives from Elder Climate Action (ECA), talked about the ECA's activities throughout the U.S. Their motto is "preserving a livable planet for our grandchildren and all life."

Using the principle that there is power and strength in numbers, the ECA is working with a variety of other groups to encourage "elder" voters to support candidates and policies that produce effective steps to decrease the concentration of atmospheric greenhouse gases.

ECA has organized lobbying campaigns at the local, state

and national level, including training on how to lobby effectively as an individual and as an organization.

LW Green plans to implement some of ECA's suggested actions to influence local and state representatives to acknowledge climate change and endorse policies to address its consequences. LW Green and ECA encourage all residents to become active in this effort "to create a planet where life continues to thrive."

For more information about the ECA, visit (www. eldersclimateaction.org).

## **Ban The Bag**

LW Green continues to publicize its campaign, "Ban the Bag." Members have distributed flyers to various buildings and mutuals.

Electronic PDF versions of

the flyer are available from its designer, Sarna Marcus, at (sarnamarcus@gmail. com) and Valerie Williams at (val2stamp@gmail.com). Residents are encouraged to post these flyers in all appropriate places.

## **About LW Green**

LW Green meetings are open to all residents and their guests. LW Green members are not environmental experts, but rather, are a group of residents who have taken on the task of growing people's understanding of the many challenges and solutions that exist in achieving a greener, healthier climate.

For further information about LW Green and its activities, contact Janice McLean via email at (janicewmclean@ gmail.com), or visit (www. lw-green.org).

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Edward **Jones**' MAKING SENSE OF INVESTING

# March 18: NARFE's National President Speaks at Meeting

by Jewel A. Lee

hapter 1143's next meeting is scheduled for Monday, March 18, at 2 p.m. in Clubhouse I. Refreshments are served at 1:30 p.m.

The Chapter invites residents and their guests to attend and participate in the discussions.

## **About the Speaker**

NARFE national president Kenneth Thomas is the meeting's guest speaker. Thomas' priorities are building the business of NARFE, creating efficiencies, making tough deals and carefully considering divergent viewpoints.

He is committed to listening to members' comments and suggestions, initiating projects focused on membership recruiting and retention, restructuring the Association, using technology to enhance growth and marketing and advertising NARFE.

#### **NARFE's Focus**



Kenneth Thomas. courtesy photo

NARFE members should understand the concerns of today and the issues impacting tomorrow.

The U.S. budget deficit increases when U.S. government spending is higher than its revenue; the deficit is now 18 percent greater than

last year, according to the U.S. National Bureau of Economic Research.

> NARFE is concerned about how this deficit, along with the 2017 tax cuts and President Trump's Executive Order freezing

federal employee salary rate increases, will impact active and retired federal employees.

#### Join NARFE

The Chapter welcomes additional NARFE members. If interested in joining, contact John Lass, Chapter 1143 membership chair, at (301-871-6734) or (johnmlass@comcast. net). When an individual joins NARFE, he or she strengthens every message sent to Congress and fortifies NARFE's national outreach.

For more information about NARFE, visit its national (www. NARFE.org) and state (www. mdnarfe.org) websites.

#### **Theatre Tickets**

All residents and guests are invited to join the Chapter on Wednesday, April 17, at 2 p.m. at Olney Theatre Center's production of "A Comedy of Tenors," Ken Ludwic's Tony Award-winning comedy set in 1936 Paris.

Tickets are \$40 each. To purchase tickets, mail checks, payable to NARFE Chapter 1143, to Jewel Lee at (3528 Chiswick Ct., Silver Spring, MD 20906). Pick up tickets at 'will-call' on April 17. For additional information, contact Jewel Lee at (301-801-4007) or (jewelalee@msn.com).

## **Income Tax Preparation**



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## ■ Democratic Club

# March 21: New Chair of Maryland Democratic **Party Visits**

by Roger Blacklow

r. Maya Rockeymoore Cummings, the new chair of the Democratic Party of Maryland, is the Club's guest at a

tea and meeting on Thursday, March 21, from 2-4 p.m. in the Clubhouse I Crystal Ballroom.

She will address the Party's plans for the upcoming 2020 national election and the 2022 Maryland state elections. She also will answer attendees' questions

and listen to their thoughts. Her principal goal, she said, is uniting the party, which lost the gubernatorial election, while increasing its hold at the state and local levels.

Rockeymoore Cummings holds a doctorate in political science from Purdue University. Her husband, Rep. Elijah Cummings, chairs the House Oversight and Reform Committee, which recently heard testimony from President Trump's former lawyer Michael Cohen.



Maya Rockeymoore Cummings. Photo courtesy of The Washington Post



# March 19: Club Hears from Speakers on Legislative Issues

by Fred Seelman

The next meeting of the) Republican Club is on Tuesday, March 19, at 1:30 p.m. in Clubhouse I. The Maryland Legislature

is in session until Monday, April 8, and, at its March meeting, the Republican Club will cover two of the legislature's major issues: immigration and abortion rights.

Brad Botwin, director of

Help Save Maryland, one of Maryland's major immigration organizations, or his designee,

will address Club members about sanctuary states and cities and other immigration matters.

Ted Patterson,

Members are encouraged to come to the March 19 meeting to listen and express their

> views on these and other immigration and pro-life concerns.

#### Contact

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@

gmail.com). Join the Club for another



## **■** League of Women Voters

# March 25: Are Open or **Closed Primaries Better** for Maryland?

by Maxine Lewack

Maryland uses a coordinate primary election system. aryland uses a closed Only registered Republicans can vote for Republican candidates and only registered Democrats can vote for Democratic candidates.

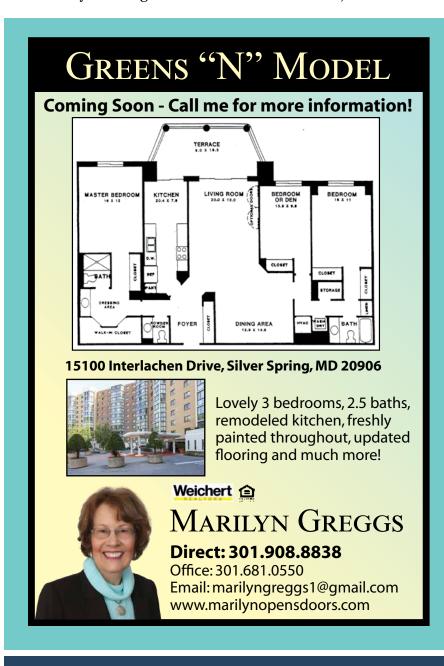
An increasing number of voters choose to register as Unaffiliated with any party and can only vote for the non-partisan Board of Education in the primary election.

What are the advantages and disadvantages of closed and open primaries? What are the different types of open primaries, and what types of primary election systems do other states have?

Elaine Apter, member of the Rossmoor League of Women Voters and co-president of the League of Women Voters of Maryland (LWVMD) and John Willis, professor of government and public policy at the College of Public Affairs, University of Baltimore, address these questions in a presentation on Monday, March 25, at 6:45 p.m. at the Rockville Library located at 21 Maryland Ave., in Rockville.

Apter was a member of the 2015-2017 LWVMD study committee on primaries in Maryland. Willis has conducted extensive research on Maryland political history, elections and demographics and was Maryland Secretary of State from 1995 to

The U.S. League will be signing on to an amicus brief to be submitted to the Supreme Court on the Maryland gerrymander case, as reported in the Montgomery County league's newsletter, Montgomery Voter.



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# Healthful Thursdays Program on Chronic Disease and Wellness Returns

by Patricia Means

In April, the Healthful Thursdays Program is conducted by Dr. Ikenna Myers of the African American Health Program of the Montgomery County Department of Health and Human Services.

The overall program focuses on health and wellness by targeting major health areas, such as cancer, diabetes, hypertension and heart disease and mental health. The program includes nutrition information with limited food samples and guest presenters.

The first session is Thursday, April 4, followed by session two on Thursday, April 11, session three on Thursday, April 18, and session four on Thursday, April 25. All sessions are from 1-3 p.m. in Clubhouse I.

The program is free, but tickets are required for each session. Tickets (four-session package) are available for pick up beginning on Tuesday, March 19, at 8:30 a.m. in the Clubhouse I E&R office.

For more information, contact Jannifer Woodson, event chair, at (832-259-7063).

## **Latin Dance Party**

All residents have a chance to bust out their party moves at the third annual Latin Dance Party co-hosted by Hispanos de Leisure World and LWAAAC. The dance is on Saturday, April 6, from 6-10 p.m. in the Clubhouse I Crystal Ballroom.

For more information, contact Juanita Sealy-Williams, event co-chair, at (301-822-4531), or see the Events and Entertainment section of this publication.

#### **Cancellation of Event**

The Mahalia Jackson Tribute scheduled for Sunday, March 24, is canceled.

## **Nominating Committee**

The nominating committee is seeking candidates for the 2019 election of the board of directors. LWAAAC members will receive telephone calls from the nominating committee to solicit nominees for the forthcoming election.

The members of the nominating committee are Jeanette Dibble, Pat Freshley, Louise Langley, Sharon Waugh Lee, Millie Spenser and chair Dee Dee Spriggs.

Article 4., Section 4.3 of the LWAAAC bylaws states that no officer shall serve more than three consecutive terms in the same

Accordingly, the current officers who have completed three consecutive terms in the same

position cannot be re-elected to that position.

#### **Robocalls**

LWAAAC is using the One Call Now robocall system. Under this system, telephone messages are directly from President Juanita Sealy-Williams, and her name and telephone number, (301-822-4531), are displayed or announced via a resident's caller identification system.

Members who are not receiving LWAAAC telephone messages, are asked to inform president Juanita Sealy-Williams by calling her at (301-822-4531).

#### **Amenities**

Members should notify LWAAAC of illness, disability, death or other situations that affect a member or that person's immediate family by contacting Louise Langley, amenities chair, at (301-598-3876).

## ■ Jewish Discussion Group

# March 24: Artist Gives Presentation on 'Two Legacies'

courtesy photo

by Jerome "Jerry" Cohen

The Group's next meeting is on Sunday, March 24, at 10:30 a.m. at Clubhouse II. Artist and printmaker Pauline Jakobsberg presents a talk entitled "Two Legacies."

Using artwork and stories,

she will retell her late husband's journey from Nazi Germany to Bolivia and then to the

She will also tell of her own humble background growing up in the garment center of New York and how it influenced her present-day career as an artist.

Jakobsberg will further discuss the art of printmaking, with emphasis on hand pulled print, which has been her medium of expression for more than 40 years. She will bring artifacts for all to view and to handle that will eventually go

to the United States Holocaust Memorial Museum in Washington, D.C.

Some of her artwork is currently on display in several private collections in Europe, and she recently exhibited her artwork at the Holocaust Museum in Houston, Texas.

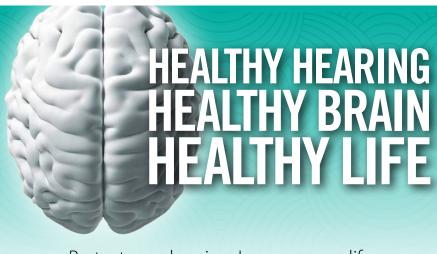
> Come and participate in what is sure to be an educational session and a visual delight.

## **About the Group**

The Group invites people of all faiths to Pauline Jakobsberg, attend its free discussion group sessions held on the fourth Sunday of

> each month from 10:30 a.m.noon in Clubhouse II.

For additional information or to have your email address added to the monthly notification list, call or email group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb. com).



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# April 3: Presentation on Benefits and Opportunities for Military Veterans

by Fred Shapiro

ewish War Veterans Post 567 sponsors a presentation by retired Col. Erwin A. Burtnick, a commissioner on the Maryland Veterans Commission, about the benefits and programs available to military veterans.

The presentation is on Wednesday, April 3, at 2 p.m. in Clubhouse I, and all veterans in Leisure World are invited to attend.

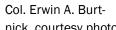
During his presentation, Burtnick will explain the opportunities and benefits provided to military veterans through such organizations as the

Charlotte Hall Veterans Home, the Cemetery and Memorial Program, the Outreach and Advocacy Program, the Service and Benefits program and The Maryland Veterans Trust Fund.

**About the Speaker** 

37 years on active duty and in

the Army National Guard and



nick, courtesy photo Burtnick served more than

the Army Reserve. He is the commander of the Department of

Maryland, Jewish War Veterans of the USA.

Active in numerous veteran and military organizations, Burtnick is a general staff officer of the Military Order of the World Wars and is on the board of directors of the Maryland Military

Coalition. He also serves on the Fort Meade Retiree Council. He is the recipient of 24

decorations, service medals and ribbons, including the Legion of Merit. He held numerous positions throughout his military career, commanding the 165th IMA Detachment in support of the Army Deputy Chief of Staff for Personnel at The Pentagon. As a civilian, he retired as the assistant comptroller of the City of Baltimore. Subsequent to his retirement, he served as the forensic auditor for the Maryland State Prosecutor's office investigating cases of public corruption throughout the State of Maryland.

## ■ Hadassah

# Hadassah Looks Ahead to Spring Leadership Conference

by Barbara Eisen

adassah holds its Mid-Atlantic Spring Leadership Conference on Sunday, April 28, at 1 p.m. through noon on Monday, April 29, at the Hard Rock Hotel in Atlantic City, New Jersey. The Conference's theme is "Reimagine, Revitalize and Reinvent."

The featured speakers are Ellen Hershkin, Hadassah's national president; Siggy

Flicker, former star of "Real Housewives of New Jersey; and Rabbi Rebecca Sirbu, director of Hadassah's member and unit services division.

The cost is \$136 for both days and \$75 for Sunday only. Kosher-style food will be served, and all meals are included. The deadline to register is Friday, March 25. For more information about registration and hotel arrangements, call Lynn Berk at (301-847-91040).



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### **Judaic Studies Group**

The Judaic Studies Group meets on Monday, March 18, at 1:30 p.m. in Clubhouse I.

The guest speaker is Debbi Perkul, author of "Winds Over Jerusalem," the story of Rae Landy, who was one of two Hadassah nurses who pioneered modern health-care in Palestine in 1913. Perkul is Landy's greatgreat niece.

The presentation is free and open to all members and residents. For further information, contact planning committee members Naomi Kline at (240-669-7683) or (nbk165@ comcast.net); Peri Schuyler at (301-869-2968) or (perislaptop@ aol.com); Shari Goldstein at (240-293-6442); or Marcia Elbrand at (216-496-6633) or (marciaelbr@ gmail.com).

### **Purim Carnival**

Hadassah's Purim Carnival on Wednesday, March 20, is at 2 p.m. in Clubhouse I. The cost is \$5 plus a \$5 contribution to Hadassah breast cancer research. Attendees can pay at the door with one \$10 check, payable to Hadassah, or with cash.

Activities include the acting of the Purim story, making of masks, filling bags with goodies and a silent auction to sell hidden treasures. Refreshments will include hamantaschen. For questions, call Sandy at (301-384-8739).

#### **Greeting Cards**

Jan Bloom sells Hadassah greeting cards. The price of the cards is \$2.50 each or five for \$10. Cards are displayed and sold at every Hadassah meeting. Call Jan at (301-593-7720) to buy cards between meetings.

### **Youth Project**

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/ Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

### **General Information**

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net) or Natalie Rosen at (301-279-5640) or (bnrosen@comcast. net).

# April 10: Attend the Spiritual Adoption Luncheon

by Carole Mund

piritual adoption is a virtual adoption Supporting scholarships for the education of children in Israel. Last year, NA'AMAT RBZ sponsored five scholarships of \$360 each, and donated \$500 to the Ruth Bader Ginsberg Scholarship Fund.

This year's spiritual adoption luncheon is on Wednesday, April 10, at 11:30 a.m. in the Clubhouse I Crystal Ballroom. The speaker is Bob Levey, a national political columnist and commentator.

All residents are invited to join the NA'AMAT RBZ Club at this luncheon that supports a commitment to the needs of children in Israel; a resident does not need to be a Club member to attend.

The luncheon, \$26 per person, includes a plated salad and dessert. To attend, send checks, payable to NA'AMAT RBZ Club, to Linda Schoolnick at (33 Kinsman View Cir., Silver Spring, MD 20901). Please list names for your table on the back. For questions, contact Harriet Chaikin at (301-502-3303).

## **Executive Board Meeting**

NA'AMAT needs you! All the planning for events and activities is done at the executive

board meetings. All members are welcome to attend and participate.

The executive board is open to new ideas and encourages participation by its members. It is an excellent way to meet individuals who are dedicated to the mission of NA'AMAT. Fundraisers not only raise funds to support NA'AMAT's essential programs, but also

provide activities to enjoy with friends. An organization needs individuals who are interested in making these activities happen as well as participating in them. The next meeting is Tuesday, March 19, at 10:30 a.m. in Clubhouse I.



Tribute cards and memorial cards are the perfect way to acknowledge the special events of friends and family. Funds collected

from tribute cards help support and maintain the essential educational, social and financial programs and services NA'AMAT sponsors and are an easy way to attain donor credit.

NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards. Each card is \$4.50 if purchased and sent by you or \$5 if sent by Lenore Kalen, tribute chairperson. Full donor credit is given for each card. For questions, contact Lenore at (301-922-4348).



Bob Levey, photo courtesy The Washington Post

#### **Donor Credit**

The many activities Club members enjoy not only provide opportunities for socialization with friends and neighbors, but also serve as fundraisers to support the many programs NA'AMAT provides.

Donor credit is simply money attributed to each member over the cost for participating in activities sponsored by NA'AMAT. Contact Theda Rosenblum at (301-598-9105) for any questions concerning your donor credit.

### **Save the Date**

- May 8 Donor Luncheon at Argyle Country Club
- May 15 Overnight Trip to Dover Downs, Delaware, including a show commemorating Cher. For details, see the Club Trips section in this edition or call Trudy Stone at (301-438-0016)

For more information about the NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).

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### **Donations**

in Clubhouse II.

Silver Spring, MD 20906).

**Religious Services** 

For the Torah fund, send checks payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

services with discussions on

ical writings on Saturday,

the Torah portion and rabbin-

Donations for prayer books should go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906). Janet is asking for someone to help her label the prayer books.

minimum), an Oneg (\$25 minimum), Yiskor or general tzedukah should go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

## ■ Jewish Residents of Leisure World

# Celebrate the Holiday of Purim

by Jonas Weiss

n Thursday, March 21, JRLW celebrates Purim with a service that includes readings of the megillah (scroll) of Esther, plus refreshments, beginning at 9:15 a.m. in Clubhouse II. Costumes are optional.

The holiday of Purim commemorates the deliverance of the Jews of the ancient Persian Empire from annihilation.

#### **Brunch**

On Sunday, March 31, Herb Herb Mintz, courtesy Mintz, a lawyer and history buff, photo presents a talk on Jewish Supreme Court Justices entitled "Against All Odds: Brandeis, Cardozo and Frankfurter, the First Jewish Supreme Court Justices."

Mintz is retired from a long career in patent litigation and is especially interested in stories of people who have impacted history. To attend the brunch, reservations should be made by Sunday, March 24. Mail checks for \$14 per person, payable to JRLW, to Shirley or Jerry



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# Become More Involved in Club by Joining its **Executive Committee**

by Carole Mund

The Rossmoor Women's Club (RWC) provides an environment in which to make a difference in and around the community, as well as

an opportunity to meet new people.

Membership in the RWC is open to residents and non-residents. Membership affords the opportunity to attend all meetings and trips. New members

are welcome to become more active in the Club.

Executive board members meet monthly and are involved in planning the Club's activities. The board's assistant treasurer and chairperson for membership positions are open. Anyone interested in these positions is asked to contact Aggie Eastham at (301-438-8150).

**Fundraising** 

Many of the Club's activities incorporate fundraising to support charities, while other activities include directly volunteering on behalf of the Club. The RWC has established annual college scholarships for high-achieving local high school and Montgomery College ACES students with documented financial need.

Funds and volunteer support services have been donated to a variety of charities, including A Wider Circle, Head Start, The Fisher House Foundation, which provides housing for families of wounded soldiers, and The Betty Krahnke Center for Domestic Violence, which supports women and children affected by domestic violence.

### **How to Join**

Membership dues are \$40 per person. Mail checks, payable to the Rossmoor Women's Club, to Arlene Siller at (Rossmoor Women's Club, 3100 N. Leisure World

Blvd., #909, Silver Spring, MD 20906). For questions or additional information, contact Arlene at (abs929@yahoo. com).

#### **Annual Scholarship Luncheon**

The RWC holds its annual scholarship luncheon on Wednesday, May 15, at Manor Country Club.

Each year the RWC awards scholarships to three high students from Blake High School as well as three students at Montgomery College who have displayed high academic achievement and demonstrate financial need. RWC's educational chairperson Rita Posner and her committee in conjunction with the educational counselors at each site identify the scholarship recipients.

The RWC's new officers will also be installed at the luncheon. More details about the event are forthcoming.

## **Annual Tea**

In spite of the change in date because of snow, The New Members' Tea was well attended. All who were there enjoyed a delicious "High Tea" with tea sandwiches, scones and other delicious desserts.

Each of the new members was introduced and afforded time to share a short biographical sketch. Many have moved to Leisure World to be closer to their children. Each expressed an interest in becoming part of the community by joining the RWC.



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# Members Look Forward to Meeting and Potluck and a St. Patrick's Day Buffet

by Mike LaPoint

The next monthly meeting and potluck is on Saturday, March 16, at noon in Clubhouse II.

At the meeting, members will conduct annual elections for Alliance board members and officers for the coming year. All offices are up for election. Anyone with a desire to serve

is encouraged to add his or her name to the ballot.

The meeting's special guest speaker is Tina Lunson, who will talk about her work in wildlife rescue and rehabilitation. Lunson has long been a wildlife advocate, as many species face ever-increasing dangers from human encroachment into their habitat.

Lunson is currently involved with Owl Moon Raptor Center

and Second Chance Animal Rescue, which both serve Montgomery County. All residents are welcome and encouraged to attend. The Alliance will also discuss upcoming events and community news.

#### **Buffet**

On Sunday, March 17, the Alliance will have a table reserved in the Clubhouse I Crystal Ballroom for the annual St. Patrick's Day buffet. Anyone interested in joining the Alliance's table is welcome to do so by sending an RSVP to (lwlgbt@gmail.com).

#### **LGBT Travel**

Special guest Ariel Giraldi of The Travel Place spoke at the Alliance's Feb. 16 monthly meeting. Giraldi described her services as a travel advisor who specializes in customizing trips for LGBT travelers.

She explained the many

advantages of using a travel advisor when making travel plans. And, she noted that contrary to the commonly held belief, using a travel advisor often results in more economical rates than self-booking.

Members discussed the possibility of having Giraldi plan a trip to New York City for those interested in attending the 50th anniversary celebrations of the Stonewall Inn protests against police abuse, and LGBT Pride month.

## **About the Alliance**

To learn more about the Alliance or to add your name to its monthly newsletter email list, email (lwlgbt@gmail. com) or, better still, attend the next meeting and potluck on March 16. Also check out the Alliance's Facebook page to stay connected to current events of interest to the LGBTQ community.

## ■ Comedy and Humor Club

# Monthly Comedy Videos Spark Laughter

by Al Karr

The exchange of jokes is the Club's basic menu for laughter, but it also offers delicious desserts on the last Tuesday of each month at 1:30 p.m. in Clubhouse II – the fun of watching and recalling past television comedy videos.

Club president Sam Hack presents these delectable bites along with the regular weekly exchange between Club members of jokes, quips and an occasional mini-skit. Residents are invited to stop by and savor some of this delightful entertainment, maybe even chipping in with a joke or two of their own.

This welcome change of pace helps remind Club members of how the professional comedians did it. At the Club's Feb. 26 get-together, members were treated to a video on the life and times of the great Bob Hope. Previous presentations featured the likes of Robin Williams, Carol Burnett and her talented crew, Jerry Seinfeld and Victor Borge. They exhibit some of the major ways that laughter is the best medicine.

Members who stepped up to the microphone at the Feb. 19 session included Wally Becker, Rudy Volin, Al Karr, Skip Schoening, Sumner Levin and Bernie Petlan. Enjoy these two jokes told by Schoening:

- It's hard to make a comeback if you've never been anywhere.
- A day without sunshine is like a day in Seattle.

# Black Memorabilia, Fine Art & Crafts Show April 6 & 7, 2019

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# March 16: Club Holds Member Feedback and Fellowship Meeting

by Elizabeth Brooks-Evans

**¬**he Going It Alone Club (GIAC) meets every Saturday (known as Saturday Afternoon Live – SAL!) beginning with armchair travel at 2 p.m. in Clubhouse II.

The GIAC board of directors invites all current and former members to a special meeting on Saturday, March 16, to solicit feedback on issues such as how well the Club is meeting their socialization desires; what other activities and trips they would like to experience; and whether other timing of the meetings would work for them.

The meeting is at 2:30 p.m. in Clubhouse II. Fellowship will be encouraged and refreshments will be served during the meeting.

#### **Armchair Travel**

On Saturday, March 16, at 2 p.m., armchair travelers visit "Stockholm and Helsinki." Guided by Rick Steves, travel to Stockholm, Sweden's capital, which glitters with souvenirs from the day when it ruled as a superpower. From pondering gilded royal staterooms to sampling gourmet reindeer and sipping vodka in an ice bar, experience the city's cultural highlights.

Sail the archipelago for the prettiest island hopping in northern Europe. A little later, travel to Finland's capital, Helsinki, one of the most stylish cities in Europe, wasting no time in exploring its best bits – from mixology bars to farm-to-table food and upcycled fashion.

And then on Saturday, March 23, travel with Steves and his wife as they introduce their kids to the broader world of Europe, which reminds Steves of the wide-eyed wonder he experienced when traveling with his own parents on his first schoolboy trip in 1969.

#### **Games**

Games are not played on March 16 due to the special membership meeting. However, on Saturday, March 23, games

begin at 2:30 p.m. in Clubhouse II right after armchair travel as usual.

Some members play Mexican train dominoes or old-fashioned dominoes, while others enjoy bridge and Rubik's cube. Members are also welcome to bring or suggest other favorite games.

Free bingo is sometimes played on the second and fourth Saturdays of the month with prizes awarded, and Pokeno is sometimes played on the first and third Saturdays of the month. On one Saturday of each month, one lucky member at SAL wins a door prize.

For more information about games, contact Sylvia Pachenker at (301-598-5325).

#### **Trips**

- May 15 Ovations American Music Theater in Lancaster, Pennsylvania
- July 16-18 Gaming at Atlantic City, New Jersey
- Sept. 16-20 Pigeon Forge and Smoky Mountains Show Trip to Gatlinburg, Tennessee

More detailed information on these trips can be found in the Club Trips section of this publication. Sign-ups up for trips take place during SAL from 1:30-3 p.m. in Clubhouse II when a representative of the program committee is available to receive payments and answer questions.

The GIAC newsletter, which also has more trip information, is also available at that time. For questions about trips, call Joe Parker at (301-598-3457) or Sylvia at (301-598-5325).

## **Membership**

Those wishing to sign up for GIAC membership or to renew their membership are invited to do so every SAL from 1:30-3 p.m. The fee is a nominal \$7 per year and the income from dues is used to pay Club expenses and enhance activities.

For more information about membership, contact Sylvia at (301-598-5325).

# March 22: Boomers Take Walk Along Rock Creek Trail Together

by Beth Leanza

R etired and working residents are equally welcome by the Baby Boomer Club. The Club's events are in the evenings and on weekends - mostly Friday or Saturday nights, and on Sundays during the summertime.

Club members are active residents who enjoy spending time together watching movies, seeing plays and musicals and, during the warmer months, holding barbeques and picnics at nearby East Norbeck Park.

A few members are trying out bowling – both ten-pin and duckpin – at local bowling alleys, and some members get together to take walks.

## Friday Hikes with Joyce

Joyce Richardson leads walks on Fridays. During the winter the group of walkers meet up at 1:15 p.m. at a local trail. Most members walk about three miles, but some walk halfway and return.

Walkers who want to carpool to the trail should contact Joyce at (301-598-7098) or (777cheekie333@ gmail.com) by Thursday night.

- March 22 (Rock Creek Trail) Meet in the circular parking lot at 1:15 p.m. Bring water. Drive through the Connecticut gate and stay on Connecticut Avenue. Turn right onto Aspen Hill Road, and then turn right onto Baltic Avenue. Travel about 0.2 miles and then turn right into the parking lot.
- March 29 (Audubon Naturalist Society Woodend Sanctuary) Meet in the parking lot at 1:15 p.m. near the gift shop/bird store. Bring water. Drive through the Connecticut gate and continue on Connecticut Avenue for approximately five miles. Turn left onto Plyers Mill Road and then make a right on Metropolitan Avenue. Turn right onto Stonybrook Drive. (Caution: speed bumps). Continue onto Jones Mill Road for 0.6 miles. The Woodend Sanctuary is on the right.
- April 5 (Rachel Carson Conservation Park) Meet in the parking lot near the display map at 1:15 p.m. Bring water. Drive north on

Georgia Avenue and turn left onto Route 108. Drive approximately two and a half miles, and then turn right onto Zion Road. Drive approximately 3.2 miles on Zion Road. Turn right into the parking lot.

## **Sunday Walkers**

Join a group of walkers that meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle.

Afterward, join the walkers for breakfast. For more information, email Ted Michos at (Tedmichos@gmail.com).

#### **Weeknight Walks**

For a shorter walk (about one mile), join up with some Boomers in the lobby of Clubhouse I at 5:15 p.m. No announcement is made; just look for a group forming and introduce yourself.

## **AVA Walks**

The American Volkssport Association (AVA) holds events and provides guides to local walks of interest.

More information about AVA walks is available on the Club's website at (https://sites. google.com/site/bbclwmd).

Click on Walks, below the events calendar.

#### Ready to Join?

The Club's membership is ready and waiting to receive dues and get you signed up. Send a check for \$5 per member, payable to Baby Boomer Club, to Susan Landesberg at (3503 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

Include your address and phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who does.

Adding the Baby Boomer group email address (bbclw@ googlegroups.com) to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder. The Club keeps its emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

The Club's website is available at (https://sites.google. com/site/bbclwmd) and includes a calendar with walk information.





Call today: (301) 598-0130

# Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.

Boston Group: If you have not yet attended a meeting and are a Bostonian, please let us hear from you. Members arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189) and leave a message.

Clipper Workshop: Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www. computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Enriched Encounter Group: The Group meets the second and fourth Friday of the month at Clubhouse II at 10:30 a.m. The group discusses all subjects with the exception of politics. Meetings have been very exciting and stimulating. For additional information call Wally Becker at (301-288-4276).

Hispanos de Leisure World: All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is March 22. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

Model Railroad Club: If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

Musical Jammers: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun - no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

New Yorkers and Friends Group: Join fellow New Yorkers and Friends on the second Thursday of each month at 10:30 a.m. in Clubhouse I. The Group offers opportunities to support outreach projects and to engage in a wide range of social activities. The Group's motto is "New Yorkers & Friends Can Make a Difference!" The Group welcomes anyone who has had affiliations with New York (both city or state), or who just likes New Yorkers. For more information, contact Connie at (301-438-2667).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to (www.nextdoor.com/ join) and enter the code QHMXCF.

The Philadelphians: The Philadelphians will regroup this month. For further information, contact Steve Kane at (301-598-2330) or (kanens@ verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo. com).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is March 28.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The O. Henry Prize Stories 2018," which contains 20 award-winning stories by various authors. On Wednesday, March 20, Laura Rittenberg will lead a discussion of "An Amount of Discretion" by Laura Alwan. On Wednesday, April 3, Meg McGarrah will lead a discussion of "Queen Elizabeth" by Brad Fever. The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women's Fun Bunch of Leisure World: The Women's Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquires, call Marlene at (301-438-7773).

# Leisure World Club Trips

The next deadline for trip submissions is Monday, March 25. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

March

## **Murder at Mount Hope Mansion** Lancaster, PA

Join the Going It Alone Club for an interactive "whodunit" performance and a four-course lunch at the mansion. The bus departs Clubhouse II at 10 a.m., and returns at approximately 6 p.m.

The cost is \$85 for members, and \$93 for non-members, and includes the show, lunch, tax and gratuities. Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

April 28

A Taste of Italy Baltimore, MD

The Italian Social and Cultural Club invites you along on a trip to historic Little Italy in Baltimore for sightseeing and lunch at the world-famous Sabatino's Italian Restaurant.

The bus departs Clubhouse II at 10:30 a.m., with lunch at Sabatino's at approximately 11:30 a.m. Following lunch, there will be time to explore Little Italy. The bus departs for Leisure World at 3:30 p.m., arriving at Clubhouse II at approximately 4:30 p.m.

The cost is \$69 per person and includes transportation and lunch. Lunch features salad with Sabatino's house dressing, Italian bread and butter and an entreé choice of lasagna, linguini marinara, tortellini with sauce, cheese ravioli, eggplant parmigiana, chicken alle marche or chicken lynn red, with cake or spumoni for dessert. To make reservations, call Eyre Tour and Travel at (301-598-1599) or (301-854-6600, Ext. 4), or drop by the Eyre office in Clubhouse I.

May

15

## **American Music Theatre** Lancaster, PA

Join the **Going It Alone Club** to see the 2019 AMT show, "Ovation – An AMT Pop Orchestra Experience." The show features tributes to such music greats as Rosemary Clooney, Tony Bennett, Frank Sinatra, Ella Fitzgerald and other pop music greats. The trip also includes lunch at Bird-in-Hand Restaurant. The bus departs Clubhouse II at 9 a.m. and returns at approximately 8 p.m.

The cost is \$85 for members, \$93 non-members, and includes lunch, show, tax and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, April 13, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

May

## **Dover Downs Hotel and Casino** Dover, DE

Return to Dover Downs with NA'AMAT RBZ Club on this popular trip with its overnight stay in Dover, Delaware.

The cost is \$120 per person, double occupancy; \$170 single occupancy. The package includes round trip transportation, beautiful hotel accommodations, breakfast buffet, plus \$50 play money. As a special treat. this trip also includes a tribute show to Cher. So please make your reservations early.

The bus leaves Clubhouse II at 10:30 a.m. on Wednesday, May 15 and returns at approximately 2:30 p.m. on Thursday, May 16. Send your check(s), payable to NA'AMAT, to Trudy Stone at 15101 Interlachen Dr., #801, Silver Spring, MD 20906. Be sure to indicate with whom you will be rooming. If you have any special needs, indicate what they are with your check. Questions? Call Trudy at (301-438-0016).

## Casino on the Boardwalk Atlantic City, NJ

Join the Going It Alone Club on a trip to Atlantic City, New Jersey. Enjoy two nights, with two breakfasts and one dinner, plus a casino bonus. The bus departs from Clubhouse II at 8 a.m. on Tuesday, July 16, returning on Thursday, July 18, after breakfast.

The cost is \$250 for members, \$258 for non-members, double occupancy (add \$99 for single occupancy). A deposit of \$75 is due at sign up with the balance due by Saturday, May 18; no refund will be issued after this date unless a replacement is made. Travel insurance is available. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## **National Black Theatre** Festival, NC

**LWAAAC** is hosting a five-day/four-night trip to the National Black Theatre Festival in Winston-Salem, North Carolina. The Festival is the 16th biennial event with over 100 theatrical performances, films, workshops, seminars, international conferences, vendors and much more that will saturate the city with an impressive array of entertainment. All residents are invited.

The cost is \$937 per person, double occupancy, or \$1,450 for single occupancy and includes travel, hotel accommodations, breakfast, shuttle service to and from the convention center and a city tour. Call (800-321-3973, extension 4) to reserve a spot. The deposit to Eyre Travel is \$100 per person at the time of booking with the final payment due by Tuesday, May 28. Incremental payments may be arranged, and travel insurance may be purchased.

For details, visit Eyre Tour and Travel in Clubhouse I. A fact sheet and the daily itinerary are available from Al Holston or Glenne Martin at (301-438-3537), or Verna Denny at (301-598-1418).

# Pigeon Forge and Smoky Mountains Shows, TN

All residents are invited to come with the **Going It Alone Club** on a five-day, four-night trip to Pigeon Forge and the Great Smoky Mountains of Tennessee. The trip includes four breakfasts and four dinners, entrance to the Titanic Museum, five shows, free time in historic downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

The bus departs Clubhouse II at 8 a.m. on Monday, Sept. 16 and returns late afternoon on Friday, Sept. 20.

The cost for double occupancy is \$480 per person for Club members; \$488 for non-members; and \$149 additional for single occupancy. A \$200 deposit is due upon sign-up, with the final payment due by July 9.

Travel insurance is available.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 15, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

#### **Attention, Travelers!**

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

# KEE Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2 pm Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4 For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

#### **DAY TRIPS**

#### Museum Loop, DC

Mon., 3/18, 8:40 am-3:00 pm ......\$35.00 per person You choose where you want to spend your day! The museums we are dropping off at are: National Archives, National Gallery of Art and the National Museum of American History.

## Cherry Blossom Tour, DC

Mon., 4/1, 10:00 am-3:15 pm ......\$79.00 per person Visit the WWII Memorial, the FDR Memorial and the Martin Luther King, Jr. Memorial. Enjoy the cherry blossoms as we drive around the Tidal Basin in D.C. Enjoy lunch at Carmine's Restaurant. Transportation and lunch included.

Our Lady of Grace Goes to the Bible Museum, DC & Tue, 4/2, 9:45 am-4:00 pm.....\$60.00 per person Docent led tour, admission and transportation included.

Odyssey Cherry Blossom Luncheon Cruise, DC 🥯 Tues., 4/2, 9:00 am-3:45 pm .....\$110.00 per person

Step aboard the "Odyssey" and experience the elegance only a true cruising vessel can provide. Enjoy a fine dining lunch with live entertainment and see the unmatched views of our nation's monuments as they drift past your table.

#### Wolf Sanctuary, PA & & &

Thu., 4/25, 7:15 am-5:45 pm ......\$99.00 per person Enjoy this outdoor guided tour that will introduce you to wolves. This is a more relaxed walk over natural grass, stones and dirt. Please wear good walking shoes. Lunch at Good 'N Plenty, admission and tour, and transportation included. \*Not recommended for guests with limited mobility.

Murder Mystery Dinner Theatre, Manheim, PA S Sat., 4/27, 9:15 am-7:15 pm ......\$117.00 per person

Upon arrival in the historic Mount Hope Mansion in Manheim, PA, you will be introduced to the cast of characters and will quickly discover that there is a mystery that needs solved! Enjoy a four-course dinner and solve the mystery.

Sabatino's Restaurant in Little Italy, Baltimore 🥯 Sun., 4/28, 10:30 am-4:30 pm ......\$69.00 per person Explore Little Italy! Trip includes lunch and transportation.

Sat., 5/4, 7:45 am-9:15 pm ......\$60.00 per person Transportation only to inlet. Explore the arts and crafts. Listen to the entertainment and enjoy delicious food.

Getaway to Gettysburg, PA & & &

Sat., 5/4, 8:00 am-7:00 pm ......\$115.00 per person Explore the Gettysburg Visitor Center and cyclorama, the Shriver House and lunch at Farnsworth House.

Guinness Brewery Tour, Baltimore, MD & S Thurs., 5/9, 11:30 am-7:15 pm......\$89.00 per person

Open Gate Brewery & Barrel House is the first Guinness brewery on American soil since 1954, and serves as a world-class visitor center. Tour the brewery and learn about the storied history of Guinness and ask questions about the brewery and beers on tap. Afterwards, enjoy a tasting of Guinness products. Prior to the tour enjoy lunch at Ram's Head Tavern in Savage Mill.

Nemours Mansion & High Tea, DE

Sat., 5/11, 10:15 am-7:45 pm ......\$110.00 per person Trip includes admission to the Mansion and Gardens (self-guided), High Tea at the Hotel Dupont and transportation.

\*Back by popular demand\* Grounds for Sculpture, Hamilton, NJ

Tues., 5/14, 7:45 am-7:45 pm ......\$135.00 per person See art and nature at play in the Grounds for Sculpture! Trip includes transportation, admission and lunch at Rat's Restaurant.

Thu., 5/16, 7:50 am-6:05 pm ......\$95.00 per person Visit the Quecreek Mine rescue site museum - guided tour. Lunch at Oakhurst Grill included as well. End the day at the Flight 93 National Memorial in Shanksville, PA.

Go Safari at Lake Tobias Park, PA 🥯 📽

Thu., 5/30, 7:15 am-5:30 pm .....\$87.00 per person Guide will share knowledge about various species and their habitats Transportation, admission and snack included. Trip is not recommended for guests in wheelchairs or limited mobility.

Top of Philly, PA 🍩

Sat., 6/1, 7:00 am-8:45 pm ......\$125.00 per person Trip includes One Liberty Observation Deck, National Constitution Center and

Longwood Gardens, PA

Sun., 6/2, 7:15 am-6:00 pm.....\$79.00 per person Trip includes admission to the gardens and transportation. Café on site for lunch on own.

# Spotlight On...

Join us for the Eyre Travel Show Wed., March 27, 1:00 - 2:30 pm

Refreshments and door prizes!

## MULTI-DAY TRIPS

Wildwood, NJ June 2-5

Journey Around Lake Michigan

July 13-21 (fly/drive)

Ark Encounter, KY July 14-17

National Black Theatre Festival, NC

July 29-Aug. 2 Pigeon Forge, TN

Aug. 25-29 \*new shows and stops

Castles of NY-1000 Islands Aug. 26-29

Mackinac Island, MI

Sept. 2-8

Finger Lakes, NY Sept. 22-25

Hudson Valley, NY Sept. 25-27

The Colors and Cathedrals of French Canada

Sept. 27-Oct. 4 (fly/drive)

Albuquerque Balloon Fiesta Oct. 4-9 (fly/drive)

**Coastal Trains for New** England Oct. 15-18

The Wright Experience at Falling Water, PA

Oct. 22-24

## **CRUISES**

#### Royal Caribbean

Oct. 31-Nov. 8

Eight-night Southeast Coast and Perfect Day Cruise

We can book any cruise line anywhere you want to cruise.

#### (All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol provides an indication of how much walking may be involved.



Key: Easy Walking More Walking A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

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## Connect<sup>4</sup>

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66 Thanks to the Connect Bundle, I get rewarded for doing everyday things like buying groceries, I then use my points for gift cards for restaurants and presents for my kids! 37

-Milke, 61

With the discount I got on my car loan, I can put away a little extra every month for my granddaughter, Those savings are growing even faster with the Direct Money Market, I plan to help her open a membership too, 33

-tucy 66

# Premium<sup>e</sup>

For the serious sovers. and financial fanatics, bountiful benefits are only natural.



- Doniet, 78

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  6 \$25 monthly maintenance fee walved when member maintains a minimum combined \$25,000 average monthly balance in share accounts (excluding share certificates) OR has an open Signal Financial FCU mortgage product (mortgage or home equity). Average monthly balance is calculated by taking the sum of the daily end of day balances in the calendar month and dividing the sum by the number of days in the month. Note: If the primary member is under the age of 18, account maintenance fees will not be charged. See Membership Disclosure for credit union membership qualifications and eligibility. Federally Insured by NCUA. Equal Housing Lender.

# SPORTS, GAMES & Scoreboards

# ■ 10-Pin Bowling League

# Wild Things Hold on to Top Spot

by Rita Mastrorocco

he league is based on L handicaps with averages for the bowlers ranging from 94 to 174. If you have not bowled in years, come out and join the fun.

The top league standings as of March 1 are: Wild Things in first place; Half and Half in second place; and Huggers in third place.

#### Top scores for the week of Feb. 22 are:

Scratch Game - Winners, 649

Scratch Series – Huggers, 1,849 pins

Handicap Game - Winners,

963 pins

Handicap Series - Winners, 2,674 pins

High Average Men – Steve Mueller, 173 pins

Scratch Game Men – George Izumi, 232 pins

Scratch Series Men – Steve Mueller, 604 pins

Handicap Game Men – George Izumi, 288 pins

Handicap Series Men - George Izumi, 737 pins

High Average Women – Chris Porter, 168 pins

Scratch Game Women - Chris Porter, 219 pins

Scratch Series Women - Chris Porter, 549 pins

Handicap Game Women -Chris Porter, 266 pins

Handicap Series Women -Chris Porter, 690 pins

#### Top scores for the week of March 1 are:

Scratch Game - Winners, 629 pins

Scratch Series - Wild Things, 1,779 pins

Handicap Game – Winners, 922 pins

Handicap Series - Winners, 2,647 pins

High Average Men – Steve Mueller, 174 pins

Scratch Game Men – Steve Mueller, 200 pins

Scratch Series Men – Steve Mueller, 549 pins

Handicap Game Men – Charles Johnson, 257 pins

Handicap Series Men – Charles Johnson, 715 pins High Average Women - Chris

Porter, 169 pins

Scratch Game Women - Chris Porter, 199 pins

Scratch Series Women - Chris Porter, 537 pins

Handicap Game Women -Cathy Flinchbaugh, 246 pins Handicap Series Women – Julie Thomas, 678 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11.

If interested in joining, call Rita at (301-814-9196).



#### **■ Tennis Club**

# **April 4: Club Holds** First Meeting of Season

by Al Holston

¬he Tennis Club's first ■ meeting of the season is on Thursday, April 4, at

5:30 p.m. in Clubhouse II.

The meeting begins with wine. hors d'oeuvres and a brief talk by Dr. Warren Ferris, a MedStar Photo by Leisure World News Health expert

on bones, joints and all that ails tennis players. It's always exciting for Club members to

see their fellow tennis players and anyone who is interested in playing the game.

Round robin play is on Tuesdays and Fridays from

> 9:30-11 a.m. Advanced players meet on Sundays, Wednesdays and Fridays from 9:30-11 a.m.

For more information about the

Club, contact Laurie Burdick at (240-558-4454) or (Lgburdick@aol.com).





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### **■** Duplicate Bridge Club

# March 18: Club Holds **Mentor-Mentee Session**

by Jerry Miller

n Monday, March 18, the **Duplicate Bridge Club** holds its first session in which experienced players will partner with less experienced bridge players as mentors. The game begins at 6:30 p.m. in Clubhouse I, with a short review of scoring in duplicate bridge.

Mentors will be regular duplicate players at the Club's Tuesday and Friday night games, and will have hundreds or even thousands of masterpoints (which are awarded for good performance in sanctioned bridge games and tournaments).

The mentors will offer on-thespot lessons in both bidding and play. In addition, a printout with analysis of the hands by a worldclass expert will be provided at the end of play.

RSVP to Aaron Navarro at (abn123@ netzero.net) to ensure that a sufficient number of experienced players will be available. A fee of \$2 per person will be collected at the game.

#### **Club Information**

Duplicate games are Tuesday and Friday evenings at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com). Results also appear on (cuebid.com).

Players in need of a partner for either the Tuesday or Friday game are asked to call Shirley Light at (301-598-6611) at least 24 hours in advance.

#### ■Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points. Flight C includes only ACBL member pairs, each with less than 500 master points.

#### Tuesday, Feb. 19, 2019

#### **North-South** Flight A

- 1. Jerry Miller Gerald Lerner
- 2. Diane Keiper Nadyne Cheary
- 3. Marilyn Udell Maida Crocicchia
- 4. Alan Ferraro Liz Ferraro

#### Flight B

- 1. Alan Ferraro Liz Ferraro
- 2. Beena Deshmukh Madhav Deshmukh

#### Flight C

1. Wendy Morrison – Vern Skinner

#### **East-West** Flight A

- 1. Marlys Moholt Aaron Navarro
- 2. Martin Reed Howard Tash
- 3. Mildred Lieder Nancy Gordon
- 4. Susan Weiss Sue Swift

#### Flight B

- 1. Susan Weiss Sue Swift
- 2. Doug Brasse Merrill Stern

#### Flight C

1. Doug Brasse – Merrill Stern

#### Friday Feb. 22, 2019

#### **North-South** Flight A

- 1. Diane Keiper Nadyne Cheary
- 2. Beth Harper Kimi Sugimura
- 3. Alan Ferraro Liz Ferraro

#### **East-West** Flight A

- 1. Michael Benefiel Sid Lotlikar
- 2. Sue Swift Susan Weiss
- 3. Robert Kerr Lorraine Hegel

#### Flight B

1. Alan Ferraro – Liz Ferraro

#### Tuesday, Feb. 26, 2019

#### **North-South** Flight A

- 1. Aaron Navarro Stephan Billstein
- 2. Wendy Morrison Vern Skinner
- 3. Jerry Miller Gerald Lerner
- 4. Allen Shaw Patti Anschutz

# 4. Doug Brasse – Merrill Stern

#### Flight B

1. Beena Deshmukh – Madhav Deshmukh

#### **East-West** Flight A

- 1. Robert Kerr Jim Anschutz
- 2. Saul Penn Elaine Conway
- 3. Norman Salenger Shirley Light

#### Flight B

2. Abigail Murton – Dora Levin

#### Flight C

1. Abigail Murton – Dora Levin

#### Friday, March 1, 2019

#### **North-South** Flight A

- 1. Aaron Navarro Beth Harper
- 2. Beena Deshmukh Madhav Deshmukh
- 3. Stephan Billstein Jim Cowie
- 4. Mark Lavine Dora Levin

#### Flight C

1. Stephan Billstein – Jim Cowie

#### **East-West** Flight A

- 1. Gerald Lerner Eliot Borinsky
- 2. Lynn Boardman Allen Shaw
- 3. Judith Perrier Saul Penn
- 4. Robert Kerr Nabil Copty

#### Flight B

- 2. Judith Perrier Saul Penn
- 3. Robert Kerr Nabil Copty
- 4. LeAnna Gipson Judy Tankersley

#### Flight C

- 2. Robert Kerr Nabil Copty
- 3. LeAnna Gipson Judy Tankersley

### ■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

Feb. 20. 2019

Feb. 28, 2019

No game played.

No game played.

## ■Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Feb. 21, 2019

Feb. 28, 2019

No game played.

1. Vicki Shaz, 3,410

2. Michele Frome, 3,400

3. Linda Lynley, 3,100

### ■ Friday Bridge

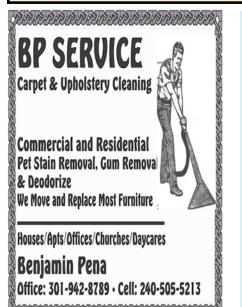
Compiled by Shirley Rosenhaft

#### Feb. 15, 2019

- 1. Sunny Levin, 3,210
- 2. Betty Hecht, 2,950
- 3. Bob Stromberg, 2,880 4. Bernice Cohen, 2,600

#### Feb. 22, 2019

- 1. Mort Faber, 2,820
- 2. Ruth Kean, 2,720
- 3. Helen Montanaro, 2,620
- 4. John Hashim, 2,220



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# Chess, the Real Deal

by Bernie Ascher

mitation may be the sincerest form of I flattery, but not in the case of counterfeit goods. The U.S. and many other countries have passed laws against selling counterfeit merchandise.

Such sales violate "intellectual property rights" of the owners of patents, trademarks and copyrights, and may deceive unwary consumers into buying fake copies of branded merchandise.

Selling copies of Louis Vuitton handbags, Pierre Cardin apparel, Nike shoes, Rolex watches, Chanel cosmetics and other branded merchandise is big business, but difficult to quantify. Estimates vary.

For example, the Paris-based Organization for Economic Cooperation and Development (OECD) estimated that internationally traded counterfeits amounted to \$461 billion in 2013.

In a more comprehensive view (adding pirated digital films and books), Business Action to Stop Counterfeiting and Piracy,

Chamber of Commerce, counted as much as \$775 billion for the same period, and projects a possible total of \$1.9 trillion of counterfeits by 2022.

In another more recent report, Markets and Research, a private marketing research firm, estimates that global brand counterfeiting already has reached \$1.2 trillion.

Enforcement is a monumental task, considering that each year, more than 11 million maritime containers arrive at 300 seaports in the U.S., another 10 million by truck and three million by rail across our land borders; an additional quarter billion more shipments arrive by air carriers, including mail and express delivery packages, according to U.S. Customs.

Enforcement requires intergovernmental cooperation of the producing and consuming countries. International efforts to prevent

goes back to 1883, when 11 countries signed the Paris Treaty of 1883: Belgium, Brazil, El Salvador, France, Guatemala, Italy, the Netherlands, Portugal, Serbia, Spain and Switzerland.

Because of constitutional questions, the U.S. was unable to join immediately, but acceded to the agreement in 1887, subject to

reservations.

8

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The World Intellectual **Property Organization** (WIPO), a specialized agency of the U.N. established by convention in 1967, administers the 1883 agreement and its numerous revisions. Currently, 191 countries are parties to the agreement.

Since 1995, the World Trade Organization has administered the agreement

on Trade-Related Aspects of Intellectual Property Rights (TRIPS), which aims to protect intellectual property (trademarks, copyrights and patents). The TRIPS agreement is the most comprehensive multilateral agreement on intellectual property inasmuch as it specifies enforcement procedures, remedies and dispute settlement procedures.

Annually since 2011, the United States Trade Representative (USTR) has published a "List of Notorious Markets." The latest report "highlights 25 online markets and 18 physical markets around the world that are reported to be engaging in and facilitating substantial copyright piracy and trademark counterfeiting.'

The List, a name-and-shame device, aims to encourage the national governments in those markets to stop the practices that are illegal in the U.S.

Included on the list is the popular Toronto area shopping center Pacific Mall in Markham – one of the world's worst offenders. It is "the largest Chinese mall in the western world...a well-known market for the sale of counterfeit and pirate goods for over a decade," according to the USTR report. Many customers shop there knowingly to obtain look-alike products at bargain prices.

In Leisure World, chess players use only genuine chess sets for games. They vow not to use counterfeits. In the game pictured on this page, it is White's turn to move. What is White's best move?

The solution follows our message that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. For information, call Bernie Ascher at (301-598-8577).

SOLUTION: White's Queen moves to c7. Checkmate!

So, do not wait for government action. Do not wait for international agreements. Do not wait for name-and-shame reports. Play chess now!

# an organization created by the International or penalize counterfeiting of merchandise FREDRICK A. ISAACS, M.D., P.C., FACS

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**EMERGENCY APPOINTMENTS AVAILABLE** 

# Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501).

**Bocce:** Games are played on the first and second Fridays of the month at 10 a.m. at the bocce court, located outside the Clubhouse I Terrace Room restaurant. The game is easy to learn, with no special skills required. There is no sign up; just show up (weather-permitting).

#### **Bridge:**

- Tuesday and Friday Duplicate Bridge games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). Results are also posted on (cuebid.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).
- The Wednesday Night Chicago Bridge Group is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).
- Men's Bridge seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).
- Thursday Ladies Bridge welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Chess: Free chess lessons for beginners and "rusty" players on Monday from noon-1 p.m., or by appointment. Call Steve Harvith at (301-801-4693) for information. The Chess Club meets every Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II.

**Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Mah-jongg: Learn how to play Mah-jongg. Call (301-598-3438).

Mind-Body Exercise Club: Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to

study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

Ping-Pong Club: Get healthy exercise and camaraderie playing ping-pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email at (julie12401@netscape.net).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

#### Poker:

- Poker Game openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).
- Men's Poker is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
- Play Poker Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

**Thursday Night Poker** meets 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Trivia Club: Train your brain and hone your social skills! Twenty teams vie for attention by answering easy, medium and some tough questions. New players are always welcome. You can bring a team of your own (four-six players) or join an existing one. You don't need to be a genius or a trivia master, but you have to enjoy working with a group to figure out answers. Even if you don't get them right, you'll learn something new. The club meets Tuesday nights at 7 p.m. in the Clubhouse I Crystal Ballroom.

Volleyball for Everyone. If you are a LW resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).



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# UPCOMING SEMINARS & EVEN

## AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

#### PARKINSON'S POINTERS LIVESTREAM SEMINAR: "THE ABCs OF DBS"

THURSDAY, APRIL 4 · 6:30-8 P.M.

With 20 years of experience in Deep Brain Stimulation (DBS) and 30 years of Parkinson's research in his arsenal, neurosurgeon Zachary Levine, MD, is a leader and innovator in the neuromodulation/DBS community worldwide. During this seminar, he'll share his expertise on the past, present and future of DBS as well as procedure eligibility, new technology and more.

Presented in partnership with the Parkinson Foundation.

Register by April 2. Check-in begins and hors d'oeuvres served at 6 p.m.

#### CAREGIVER CONNECTION: "A CAREGIVER RETREAT"

TUESDAY, APRIL 16 • 1-4 P.M.

Experience an hour of relaxation, far away from the stresses of caregiving! You're invited to the spa and salon in Brooke Grove's new rehab center, where you'll be treated to hand and seated massages, a manicure/pedicure and other opportunities for pampering.

Appointments are available from 1-4 p.m.

FREE. RSVP by April 14.

#### LIVING WELL SEMINAR: "SPRING CLEAN YOUR DIET"

WEDNESDAY, APRIL 17 1-2:15 P.M.

Would you like to know more about how you can optimize your day-to-day food choices in order to positively impact your health? If so, this seminar is for you! Explore meal planning, diet modifications and food labeling tips that will help you look and feel your best.

Preceded by complimentary lunch at 12:30 p.m.

FREE. Register by April 15.

#### HEALTHY LIVING CLASS: "CHAIR YOGA"

April 24 through June 5 MONDAYS & WEDNESDAYS 9:45-10:30 A.M.

Chair yoga can improve mobility, increase energy, boost physical function and otherwise enrich your life! Take the road toward better health with this class that is ideal for seniors or those with stiffness or movement limitations.

Six-week Session Fee: \$30

Reservations are requested by April 21.

#### SMOOTH MOVE SEMINAR: "TOO MUCH STUFF: IT ISN'T THE MOVE, IT'S THE STUFF!"

TUESDAY, MAY 7 10:30 A.M.-12 P.M.

During this seminar, you'll gain tips and ideas for downsizing by efficiently sorting through the contents of your home. A simple decision-making model will help you decide what to gift, sell, donate, recycle or throw away.

Reservations are requested by May 5. Check-in begins and hors d'oeuvres served at 10 a.m.



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# CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.** 

If required enrollment is not met five days prior to the start date, the class will be cancelled.

\*\*\*Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!** 

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

# **Community Classes Policy for Inclement Weather**

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



#### **EDUCATION**

# Book Discussion: "Democracy in America":

Join the conversation around this classic. "De La Démocratie en Amérique" ("Democracy in America") was written by the Frenchman, Alexis de Tocqueville, following his trip to the U.S. in 1831, and was published in 1835. Many of his observations concerning the merits and demerits of the former colonies' experiments in democratic governance ring true today in the digital age of 2019.

The book "Democracy in America" will be the basis of weekly readings and discussions.

Class is taught by Betty Smith and meets Wednesdays, March 27-April 24, 1-3 p.m. Fee: \$49, includes book. Register in Clubhouse I.

Who Are Arab-Israelis? an ALL course: Led by Dr. Ira Weiss, participants will view life of the Arab-Israelis through the lens of "Avodah Aravit" (Arab Labor), an award-winning Israeli comedy series that is often compared to "All in the Family." The series was created by journalist/author Sayed Kashua, an Arab-Israeli of Palestinian descent.

The shows were filmed primarily in Arabic with Hebrew subtitles. For this presentation, the shows will include the original Arabic and Hebrew soundtrack, with English subtitles for all the dialogue. Discussion precedes each show with an opportunity to ask question after each screening.

Weiss is a retired neurophysiologist. He is active in organizations dedicated to Israeli-Palestinian coexistence and an avid collector of cinema related to Jews and Israel.

Class meets Thursdays, March 28-May 9 (no class April 18), 10:30 a.m.-12:30 p.m. **Fee: \$30. Register at Clubhouse I.** 

Adult Living and Learning (ALL) programs are co-sponsored by the Jewish Residents of Leisure World (JRLW) and the Bender JCC of Greater Washington.

An Army of Educators, a CLL course: In this two-session series, Marvin Tupper Jones, historian, lecturer and founder of the Chowan Discovery, will describe the results of his historic research on the area in eastern North Carolina known as the

Winton Triangle, particularly with respect to the expansion of education throughout the area after the Civil War. During the first session, Jones will give an overview of the people and organizations that propagated education among people of color and how this also benefited Southern whites. His second session will focus on the Pleasant Plains school that was formed a year after the Civil War ended. Lectures will be illustrated with images and documents of the era.

Long before the Civil War, the Winton Triangle area was already populated by free people of color who owned property, farmed the land and ran businesses. The purpose of Jones' own research into the area where he grew up, and the mission of the Chowan Discovery, is to continue to research, document, preserve and present the history of the Winton Triangle and its surrounding area.

Class meets Wednesday, April 3 and April 10, 11 a.m.noon. Fee: \$15. Register at Clubhouse I.

Founding Our Nation's Capital, a CLL course: In

a three part series, resident Stewart "Stu" Lillard describes the people who settled around the area that would become the District of Columbia; the evolution of port towns and the design and layout of towns such as Bladensburg, Maryland and George Washington's choice of location the new capital city; development and building in the city and its blossoming social life, ending with the return to Virginia in 1846 of the 31 square miles the state had ceded to the capital city in 1789.

Lillard is a retired academic librarian who has researched and written on a variety of historical topics, including a self-published book "Lost in the District, Lost in the Federal Territory" about the early days of Bladensburg, Maryland.

Class meets Wednesdays, April 3-17, 1:30-3 p.m. **Fee: \$15. Register at Clubhouse I.** 

Basics of Digital Photography with Fred Shapiro, a

**CLL course:** Did you buy a new digital camera or get one as a gift? Are you confused by all the little mode icons.

This four-session course is designed for owners of point-and-shoot digital or digital reflex cameras who would like to understand the features offered and learn how to get the most out of their camera.

Topics covered include: 1) the basic features of the point-and-shoot digital camera; 2) portraits, close-ups and landscapes; 3) action photography, night scenes and the variety of built-in modes and 4) the video clip mode.

Participants should bring their camera and its manual to each class session. Not all digital cameras are created equal, but the working elements are consistent from one manufacturer to another. Participants will want to explore their own camera's features so that they may benefit from the discussions and assignments.

Each session will include one hour in which the topic of the session will be discussed, with additional time provided for participants to show photos they've taken that illustrate the previous session's topic. Preferably, participants will take photographs in Leisure World.

Class meets Mondays, April 1-22, 2-3:30 p.m. **Fee: \$15. Register at Clubhouse I.** 

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

#### **DANCE INSTRUCTION**

Line Dance with Wendy:
This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, March 25-June 3 (no class May 27), from 2-2:55 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. Fee: \$40 per session. Register at Clubhouse II.

NEW – Zumba Gold

#### **EXERCISE**

with Denny – Mondays, **Wednesdays or Fridays:** This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, April 29-June 17, 10:30- 11:30 a.m.; Wednesdays, May 1-June 19, 10-11 a.m.; or Fridays, May 3-June 21, 1-2 p.m. Fee: \$55 for one day; \$100 for two days; \$150 for three days.

Pilates Mix: Enjoy a blend of mild floor and standing exercises that tone

Register at Clubhouse II.

and strengthen core muscles, creating balance that improves posture and body alignment. All done while listening to relaxing music.

For more information, contact Betty Smith at (301-598-4245). Class meets Wednesdays, March 27-April 24, 4-5 p.m. Fee: \$39. Register at Clubhouse II.

Chair Yoga with Robin, Mondays: Age well. Prevent or diminish the chronic degen-

erative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT,

PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified voga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, April 1-June 3 (no class April 22 or May 27), 11 a.m.-noon or 2-3 p.m. Choose the time that suits your schedule. Fee per session: \$110. Register at Clubhouse II.



# Kathleen and Eileen Kane

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plus powder room! Sip your morning coffee by the window in your table-space kitchen and relax on your enclosed balcony. \$149,000 STAUNTON – In Montgomery Mutual, very close to Clubhouse I, the "more than efficiency" has a no-steps side entrance and a patio looking out to the Broadwalk. Everything you need, including assigned parking. \$68,000

F – <u>Fabulous Golf Course View!</u> In **Bldg. 1 of The Greens**. First floor location with enclosed balcony plus you may walk outside from the back door of the building. Beautiful updated kitchen, woodlook Pergo floors Living Room, Dining Room, Kitchen, Hall. Newer carpeting both bedrooms. Lots of fresh paint. \$196,500

A – In Villa Cortese. Perfectly-sized one bedroom with full bath ARBOR – In The Pines. This is a sweet one! 1 Bedroom plus Den, 1-1/2 Baths. Updated kitchen with bright white cabinets, luscious granite countertops, stainless steel appliances. Extra storage, assigned parking.

> **RENTALS** F – Located in Fairways South. 2 Bedrooms, 2 Baths, updated kitchen; updated bath cabinets, freshly painted, new window blinds, enclosed balcony with lovely view. Call Andrea Essex at 202-744-6770 \$1,700 + electricity

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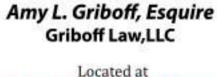
Kathleen.Kane@LNF.com



# Thursday, March 28th

12:00 pm - 1:30 pm

Elder law attorney, Amy L. Griboff, uses her personal and legal experiences to make sure your legal documents work for you. Find out why your advance directive might not work and what you can do about it. Also, she will discuss why you might need the MOLST (Medical Orders for Life-Sustaining Treatment).



Presented by:

Olney Assisted Living 16940 Georgia Avenue Olney, Maryland 20832

## RSVP

olney@olneymemorycare.com or 301.570.0525 Respite Care available



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Creating positive partnerships the Artis way









Sunday, April 21st in the Clubhouse I Crystal Ballroom \$28 plus tax and gratuity

#### Our off-year-one and hadden will feature.

- Fresh Seasonal Salada
- Roomed Brussels Sprouts
- + Tender Leg of Lamb
- . Honey Glosed Corrots
- \* Sticed Best Tendericia
- . Whipped Sweet Potatoes
- · Honey Hom
- · Green Bean Almondine

- Whipped Paratoes and Gravy
- · Fresh Roosted Turkey
- Honemode Bread
- Stuffing
- Fresh Broiled Solmon
- Assorted Cakes, Pies and Cabblers

'Available for 12:00 p.m., 8:00 p.m., or 6:00 p.m. Call 801-598-1880 to make reservations

# Mother's Day

Mather's Day Breech Reflet on Standay, May 12 from 18:00 n.m. -3:00 p.m. In the Chickness I Cryptel Ballroom, Reflet is \$25 per person

Scrambled Eggs

Bacon and Sausage

Fresh Fruit Display

Assorted Danish, Croissants and Muffins

Donuts and Cinnamon Rolls

Corned Beef Hash and Cream Chipped Beef

Ricotta Cheese filled Blintnes with Toppings

Broiled Fresh Salmon

Chicken Marsala and Rice Pilaf

Sliced Beef Tenderloin

Biscuits, Cheese Grits, Quiche and more ...

Coffee, Ice Tea, and Juices

Call 301-598-1830 to make recervations

177 M



Clubhouse Grille is now open Tuesday - Saturday: 4 p.m. - 9 p.m.

Children Colle Brance Tree. - Sec. 4 per. - Spec.

Saint and The complete the Control of the Control o

Ber California Calle Researcher, and 201-228-1228 | New York and Toronto Research and additional Calle Calle

# CALENDAR of Events

# Dial 301-598-1313 for recorded Daily Events

#### Friday, March 15

#### Clubhouse I

9:00 a.m. AARP Tax Preparation (Appointment required)

10:00 a.m. Chinese Brush and Ink Landscape Painting Art Class

10:00 a.m. Book Club Network: Bookies 10:00 a.m. Book Club Network: Searchers

11:00 a.m. The Ultimate Puccini **Experience Class** 

12:15 p.m. Kiwanis Club

1:00 p.m. Watercolor Any Level Art Class

3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge

#### **Clubhouse II**

1:00 p.m. Zumba Gold Class 1:00 p.m. Ping-Pong Club

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge

4:00 p.m. Pickleball Club

7:00 p.m. Baby Boomer Club: Movie

#### Saturday, March 16

#### **Clubhouse I**

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio

#### **Clubhouse II**

9:15 a.m. JRLW Service 12:00 p.m. LW LGBTQ Alliance: Tina Lunson, guest speaker

2:00 p.m. Going It Alone Club: Social and Bingo

#### Sunday, March 17

#### **Clubhouse I**

No Scheduled Activities.

#### **Clubhouse II**

11:00 a.m. Pickleball Club 3:30 p.m. Camera Club Photo Matinee: North Bethesda Camera Club Photo

7:00 p.m. E&R Event: Brothers Flanagan St. Patrick's Day Performance

#### Monday, March 18

#### Clubhouse I

9:15 a.m. Stretch, Tone and Strength **Training Class** 

10:30 a.m. Stretch, Tone and Balance

1:00 p.m. Oils and Acrylics Art Class

1:30 p.m. Hadassah Judaic Study Group

1:30 p.m. Leisure World Chorale

1:30 p.m. NARFE: Kenneth Thomas,

national president, guest speaker

6:00 p.m. Lions Club

6:30 p.m. Duplicate Bridge Mentor-

Mentee Session

7:00 p.m. Bingo

#### **Clubhouse II**

9:00 a.m. Senior Sneakers

10:00 a.m. Clipper Workshop

10:30 a.m. Zumba Gold Class

11:00 a.m. Chair Yoga Class

12:30 p.m. Men's Bridge

1:00 p.m. Chess Club

2:00 p.m. Chair Yoga Class

2:00 p.m. Line Dance Class

3:00 p.m. Ping-Pong Club

3:00 p.m. Line Dance Class

4:00 p.m. Ba Duan Class 5:15 p.m. Pickleball Club

5:30 p.m. Model Railroad Club Operating

7:00 p.m. Fun and Fancy Theatre Group

#### Tuesday, March 19

#### **Clubhouse I**

9:00 a.m. Blood Pressure Testing 9:30 a.m. Any Medium Art Class 10:00 a.m. Stepping On Program

10:00 a.m. CLL Course: Advanced Conversational Spanish

1:00 p.m. CLL Course: Intermediate

Conversational Spanish 1:30 p.m. Republican Club

7:00 p.m. Trivia Club

7:00 p.m. Duplicate Bridge

#### **Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi

10:00 a.m. LW Apple Clinic

11:00 a.m. Mild Exercise Class

11:00 a.m. Water Exercise Class

12:30 p.m. Pickleball Club 12:30 p.m. LW Scrabblers

1:00 p.m. Non-impact Fusion Water

Exercise Class

1:30 p.m. Comedy and Humor Club 1:30 p.m. Stroke Support Group

4:00 p.m. Pickleball Club

#### Wednesday, March 20

#### **Clubhouse I**

9:00 a.m. AARP Tax Preparation (Appointment required) 9:00 a.m. Gentle Yoga Class 10:00 a.m. Drawing/Painting Basics Art

11:00 a.m. Short Story Group

2:00 p.m. Hadassah: Purim Carnival 6:45 p.m. Chicago Bridge

#### **Clubhouse II**

10:00 a.m. Zumba Gold Class

11:00 a.m. Mild Exercise Class

1:00 p.m. Chess Club

1:00 p.m. Aqua Fit Class

1:00 p.m. Ping-Pong Club

2:00 p.m. Chair Yoga Class

5:15 p.m. Pickleball Club

5:30 p.m. Model Railroad Club Operating Session

#### Thursday, March 21

#### **Clubhouse I**

10:00 a.m. Painting is for Everyone Art Class

11:00 a.m. Writers of Leisure World

12:30 p.m. Ladies Bridge

1:00 p.m. Oils and Acrylic Art Class

1:30 p.m. Wood Shop Users Group Class 2:00 p.m. Democratic Club: "Suffragette

2:00 p.m. Book Club Network: Thursday Readers

#### **Clubhouse II**

9:00 a.m. JRLW Purim Services 9:30 a.m. Beginner and Advanced Tai Chi 10:00 a.m. Stitching Group

## Leisure World Mutual Meetings

#### March 19 **Mutual 14 Board**

9:30 a.m., Sullivan Room Mutual 13 Board 1:30 p.m., Sullivan Room

#### March 20 **Mutual 5 Board**

9:00 a.m., Sullivan Room Mutual 19B Agenda

1:00 p.m., Sullivan Room

#### March 21

Mutual 15 Board 9:30 a.m., Sullivan Room

#### March 25

Mutual 23 Board 10:00 a.m., Party Room Mutual 9 Board 10 a.m., Sullivan Room

#### March 26

#### **Mutual 17A Board**

2:00 p.m., Party Room

Mutual 21 Board 2:30 p.m., Community Room 3

#### March 27

#### **Mutual 20B Board**

9:00 a.m., Community Room 3 **Montgomery Mutual Board** 

9:30 a.m., Clubhouse I

#### Mutual 19B Board 1:00 p.m., Sullivan Room

#### March 28 **Mutual 10 Board**

9:30 a.m., Sullivan Room **Mutual 20A Board** 

9:30 a.m., Party Room 1

**Mutual 6C Board** 

9:30 a.m., Community Room

**Mutual 26 Board** 

10:30 a.m., Party Room **Mutual 24 Board** 

1:30 p.m., Community Room

#### March 29 **Mutual 17B Board**

10:00 a.m., Party Room

#### April 2 Mutual 18 Board

1:30 p.m., Sullivan Room

Mutual 6B Board 2:00 p.m., Mutual

#### April 3 **Mutual 8 Board**

10:00 a.m., Sullivan Room

# Mutual 22 Board

4:00 p.m., Clubhouse I

Meeting times and locations are subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. *Mutual board meetings are open to respective mutual residents* and absentee owners.

# Meetings of the LWCC Board of Directors, Executive Committee and **Advisory Committees**

#### **Budget and Finance**

March 20, 10:00 a.m., Clubhouse II

Communications March 21, 10:00 a.m., Clubhouse I

## **Education and Recreation**

April 2, 9:30 a.m., Clubhouse I

#### **Emergency Preparedness**

April 4, 9:30 a.m., Sullivan Room

Energy March 19, 9:30 a.m., Clubhouse I

#### March 18, 10:00 a.m., Clubhouse I **Technology**

Health

March 20, 2:00 p.m., Clubhouse I

Insurance

March 25, 2:30 p.m., Sullivan Room

Restaurant

April 2, 10:00 a.m., Sullivan Room

#### **LWCC Board of Directors**

March 26, 9:30 a.m., Clubhouse I

The meeting airs on April 1, 3 and 5 at 4 p.m. and 7 p.m. on channel 974.

#### **LWCC Executive Committee**

March 15, 9:30 a.m., Sullivan Room

The meeting airs on March 20, 21 and 22 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.

11:00 a.m. Water Exercise Class 11:30 a.m. Pickleball Club 12:30 p.m. Men's Bridge

1:00 p.m. E&R Movie: "Book Club"

1:00 p.m. Non-impact Fusion Water Exercise Class 2:00 p.m. Model Railroad Club Operating 2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Tap Dancing in a Chair Class 7:00 p.m. Vegetarian Society

#### Friday, March 22

Clubhouse I

9:00 a.m. AARP Tax Preparation (Appointment required) 10:00 a.m. Chinese Brush and Ink Landscape Painting Art Class 11:00 a.m. The Ultimate Puccini Experience Class

1:30 p.m. Town Meeting Organization 1:30 p.m. Watercolor Any Level Art Class 3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge

**Clubhouse II** 

10:00 a.m. CLC Class: Sport Trackers Buying Guide-10:00 a.m. Chinese Club

1:00 p.m. Zumba Gold Class 1:00 p.m. Ping-Pong Club 1:00 p.m. Chess Club

1:00 p.m. Friday Bridge 4:00 p.m. Pickleball Club

#### Saturday, March 23

#### **Clubhouse I**

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio 7:30 p.m. Ballroom Dance Club

#### **Clubhouse II**

9:00 a.m. Camera Club 9:15 a.m. JRLW Services  $2\!:\!00$  p.m. Going It Alone Club: Social

#### Sunday, March 24

#### **Clubhouse I**

5:00 p.m. Italian Social and Cultural Club: "Joey and Gina's Italian Comedy Wedding"

#### Clubhouse II

10:00 a.m. Jewish Discussion Group 11:00 a.m. Pickleball Club

#### Monday, March 25

#### **Clubhouse I**

11:30 a.m. Kiwanis Club 1:00 p.m. Oils and Acrylics Art Class 1:30 p.m. Leisure World Chorale 1:30 p.m. Book Club Network: Fall Readers 2:00 p.m. CLL Presentation: "Common Hand and Wrist Problems" 4:00 p.m. Health Advisory Committee: Presentation on Knee Arthritis

7:00 p.m. Bingo

#### **Clubhouse II**

9:00 a.m. Senior Sneakers Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club

2:00 p.m. Line Dance Class 3:00 p.m. Ping-Pong Club

3:00 p.m. Line Dance Class

4:00 p.m. Ba Duan Class

5:15 p.m. Pickleball Club 5:30 p.m. Model Railroad Club Operating Session

#### Tuesday, March 26

#### **Clubhouse I**

9:30 a.m. Any Medium Art Class 10:00 a.m. Stepping On Program 10:00 a.m. CLL Course: Advanced Conversational Spanish

1:00 p.m. CLL Course: Intermediate Conversational Spanish

1:00 p.m. Garden and Environmental Club: Spring Tea

1:00 p.m. Health Advisory Committee: "Positive Strategies for Dementia

2:00 p.m. Book Club Network: Suspensers

7:00 p.m. Trivia Club 7:00 p.m. Duplicate Bridge

#### **Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Club 11:00 a.m. Mild Exercise Class

11:00 a.m. Water Exercise Class

12:30 p.m. LW Scrabblers 1:00 p.m. Non-impact Fusion Water Exercise Class

1:30 p.m. Comedy and Humor Club 2:30 p.m. Unitarian Universalists and Edmonson Historical Society Program: Talbot Avenue Bridge

7:00 p.m. Camera Club Competition: Nature

#### Wednesday, March 27

#### Clubhouse I

9:00 a.m. AARP Tax Preparation (Appointment required) 9:00 a.m. Gentle Yoga Class 10:00 a.m. Drawing/Painting Basics Art Class

1:00 p.m. Book Discussion: "Democracy in America"

1:00 p.m. Eyre Travel Show 2:00 p.m. LW Green Program: Zero Waste

6:45 p.m. Chicago Bridge

#### **Clubhouse II**

11:00 a.m. Mild Exercise Class

1:00 p.m. Chess Club

1:00 p.m. Ping-Pong Club

1:00 p.m. Aqua Fit Class

2:00 p.m. Chair Yoga Class 4:00 p.m. Pilates Mix Class

5:15 p.m. Pickleball Club

5:30 p.m. Model Railroad Club Operating Session

#### Thursday, March 28

#### **Clubhouse I**

10:00 a.m. Painting is for Everyone Art Class

10:30 a.m. ALL Class: Who Are Arab-Israelis?

12:30 p.m. Ladies' Bridge

1:00 p.m. Oils and Acrylics Art Class 1:30 p.m. Wood Shop Users Group Class 2:00 p.m. CLL Course: Great Decisions in

Foreign Policy

2:00 p.m. Memory Café

#### **Clubhouse II**

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced Tai Chi Class

9:30 a.m. Quilting Group

11:00 a.m. Water Exercise Class

11:30 a.m. Pickleball Club

12:30 p.m. Men's Bridge

1:00 p.m. Non-impact Fusion Water Class

1:30 p.m. JRLW Movie: "Laces"

2:00 p.m. Model Railroad Club Operating Session

2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Tap Dancing in a Chair Class

#### Friday, March 29

#### **Clubhouse I**

9:00 a.m. AARP Tax Preparation (Appointment required) 10:00 a.m. Chinese Brush and Ink Landscape Painting Art 11:00 a.m. Health Advisory Committee: Mindfulness Workshop 11:00 a.m. The Ultimate Puccini Experience

1:30 p.m. Watercolor Any Level Art Class

3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge

#### Clubhouse II

10:00 a.m. CLC Class: Internet vs. Web and Net Neutrality Laws 1:00 p.m. Zumba Gold Class

1:00 p.m. Ping-Pong Club 1:00 p.m. Chess Club

1:00 p.m. Friday Bridge 4:00 p.m. Pickleball Club

## Saturday, March 30

#### Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio

#### Clubhouse II

9:15 a.m. JRLW Service 11:00 a.m. Pickleball Club 2:00 p.m. Going It Alone Club: Social 4:30 p.m. E&R Event: Pianist Olga Vinokur

#### Sunday, March 31

#### Clubhouse I

10:00 a.m. JRLW Breakfast Forum

#### Clubhouse II

11:00 a.m. Pickleball Club 2:00 p.m. E&R Movie: "Marshall"

#### Monday, April 1

#### Clubhouse I

10:00 a.m. CLL General Meeting 1:00 p.m. Oils and Acrylics Art Class 1:30 p.m. Leisure World Chorale 2:00 p.m. CLL Course: Basics of Digital Photography with Fred Shapiro 7:00 p.m. Bingo

9:00 a.m. Senior Sneakers Class

#### Clubhouse II

10:00 a.m. Clipper Workshop 11:00 a.m. Chair Yoga Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 2:00 p.m. Chair Yoga Class 2:00 p.m. Line Dance Class 3:00 p.m. Ping-Pong Club 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Class 5:15 p.m. Pickleball Club 5:30 p.m. Model Railroad Club Operating

#### Tuesday, April 2

#### Clubhouse I

Session

9:00 a.m. Blood Pressure Testing 9:30 a.m. Any Medium Art Class 10:00 a.m. Stepping On Program 10:00 a.m. CLL Course: Advanced Conversational Spanish 12:00 p.m. 9-Hole Ladies Golf Luncheon 1:00 p.m. CLL Course: Intermediate Conversational Spanish 5:00 p.m. Lawn Bowls Club 7:00 p.m. Trivia Club 7:00 p.m. Duplicate Bridge Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Clinic 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class 12:30 p.m. Pickleball Club

12:30 p.m. LW Scrabblers

1:00 p.m. Non-impact Fusion Water Exercise Class

1:30 p.m. Comedy and Humor Club 4:00 p.m. Pickleball Club

#### Wednesday, April 3

#### Clubhouse I

9:00 a.m. AARP Tax Preparation (Appointment required)

9:00 a.m. Gentle Yoga Class 10:00 a.m. Drawing/Painting Basics Art

11:00 a.m. CLL Course: An Army of Educators

12:30 p.m. NA'AMAT RBZ Club 1:00 p.m. Oils, Acrylics and Miniatures Art

1:00 p.m. Book Discussion: "Democracy in

1:30 p.m. CLL Course: Founding Our Nation's Capital

2:00 p.m. Jewish War Veterans: Veterans Affairs Seminar with Col. Erwin Burtnick 2:00 p.m. Book Club Network: African Heritage

4:00 p.m. LWAAAC General Meeting 6:45 p.m. Chicago Bridge

#### Clubhouse II

11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Aqua Fit Class 1:00 p.m. Ping-Pong Club 2:00 p.m. Chair Yoga Class 4:00 p.m. Pilates Mix Class 5:15 p.m. Pickleball Club

5:30 p.m. Model Railroad Club Operating

5:30 p.m. The Pittsburghers Pizza Party 7:30 p.m. Fun and Fancy Theatre Group: Musical Numbers from the 1950's

#### Thursday, April 4

#### Clubhouse I

10:00 a.m. Painting is for Everyone Art Class 10:30 a.m. Essential Tremor Support Group 10:30 a.m. ALL Course: Who Are Arab-Israelis?

11:00 a.m. Writers of Leisure World 12:30 p.m. Ladies Bridge 1:00 p.m. Oils and Acrylics Art Class

1:00 p.m. LWAAAC Healthful Thursdays 2:00 p.m. CLL Course: Great Decisions in Foreign Policy

3:00 p.m. Stamp and Coin Club 6:00 p.m. Lawn Bowls Club

#### Clubhouse II

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. Stitching Group 11:00 a.m. Water Exercise Class 11:30 a.m. Pickleball Club 12:30 p.m. Men's Bridge 1:00 p.m. Gilbert and Sullivan Society 1:00 p.m. Non-impact Fusion Water

**Exercise Class** 2:00 p.m. Model Railroad Club Operating

2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Tap Dancing in a Chair Class

#### Friday, April 5

#### Clubhouse I

9:00 a.m. AARP Tax Preparation (Appointment required) 10:00 a.m. Chinese Brush and Ink Landscape Painting Art Class 11:00 a.m. The Ultimate Puccini Experience Class 12:15 p.m. Kiwanis Club 1:30 p.m. Watercolor Any Level Art Class

2:00 p.m. Cannabis 101 Seminar

3:00 p.m. Hispanos de LW: Bingo

7:00 p.m. Friday Duplicate Bridge Clubhouse II

1:00 p.m. Ping-Pong Club 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge 4:00 p.m. Pickleball Club

# The Karen Rollings Team





Berkshire Hathaway HomeServices PenFed Realty 301-924-8200

www.TheKarenRollingsTeam.com



# Recent Solds "Around the World"!

Address	Subdivision	Туре	Beds	Baths	Asked	Got	Subsidy
3310 N Leisure World Blvd, #328	Fairways North	Unit/Flat	3	2.5	\$305,000	\$305,000	\$0
3310 N Leisure World Blvd, #223	Fairways North	Unit/Flat	2	2	\$189,900	\$175,000	\$0
3330 N Leisure World Blvd, #5-219	Fairways South	Other	2	2	\$190,000	\$190,000	\$0
3330 N Leisure World Blvd, #5-703	Fairways South	Unit/Flat	1	1	\$125,000	\$123,000	\$0
3330 Leisure World Blvd, #5-801	Fairways South	Unit/Flat	3	2.5	\$289,000	\$289,000	\$700
3651 S Leisure World Blvd, #16-2A	Leisure World	Unit/Flat	1	1	\$89,999	\$83,500	\$0
15101 Interlachen Dr, #1-824	Leisure World	Other	2	2	\$195,000	\$195,000	\$0
14617 Kelmscot Dr, #185-A	Leisure World	Twin/Semi-Detached	3	2	\$329,000	\$322,000	\$6,500
3100 N Leisure World Blvd, #816	Leisure World	Unit/Flat	2	2	\$239,900	\$240,000	\$5,000
15107 Interlachen Dr, #2-910	Leisure World	Unit/Flat	2	2	\$199,900	\$200,000	\$500
3486 Gleneagles Dr, #79-D	Leisure World	Row/Townhouse	2	3	\$152,500	\$150,000	\$100
15115 Interlachen Dr, #3-125	Leisure World	Unit/Flat	1	1	\$129,000	\$122,500	\$0
15301 Pine Orchard Dr, #86-1F	Rossmoor Mutual #19	Unit/Flat	3	2	\$190,000	\$188,200	\$0
2921 N Leisure World Blvd, #1-124	Rossmoor Mutual #22	Unit/Flat	1	1.5	\$109,000	\$110,000	\$0
3629 Glen Eagles Dr, #3-1D	Rossmoor Mutual #7	Other	2	1.5	\$130,000	\$123,000	\$1,200
15111 Glade Dr, #12-1F	Rossmoor Mutual #8	Unit/Flat	1	1.5	\$115,000	\$110,000	\$1,100
3503 Fiske Ter, #155	Rossmoor Mutual #9	Row/Townhouse	2	1	\$250,000	\$238,000	\$2,100
15115 Interlachen Dr, #3-504	The Greens	Unit/Flat	2	2	\$299,000	\$290,000	\$0



3005 S Leisure World Blvd, #106 Updated 2 bedroom, 2 full bath condo! Custom tile work in kitchen!



UNDER CONTRACT!!! 3342 Chiswick Court, #59-2B

Updated 2 BR, 1 FBA Elizabeth model co-op! Bright and beautiful sunroom!



#### 15111 Glade Drive, #12-1F

Updated 1 bedroom, 1.5 bath condo! Living room leads to enclosed porch!

## Need New Carpet?

Trust our experience and knowledge of the industry

only for purchases over \$1000. Offer not valid with any other offe



www.carpetandvacuumexpo.com

# **CLASSIFIEDS**

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

#### **ESTATE SALES**

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (atticllc.com) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC — I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol. com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

#### **REAL ESTATE FOR SALE**

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a NEW REAL ESTATE PARTNERSHIP, Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to review our current listing choices, to see other available properties and to request a free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-

BOYNTON BEACH, FLORIDA-3BR/2BA/2-car garage, upgrades galore, 1,828 A/C SF. Eat-in kit (New granite tops) opens to Great Room overlooking screened-in patio/serene lake. Large MBRsitting area. MBa w/New granite tops, his/her sinks, Roman tub. SE exposure. Resort-style, \$6MM, 25,000 SF Clubs+Fitness Ctr. (opens Spring '19), 3-htd pools, Har-Tru tennis courts, ballroom, café! 24/7 manned gates. Shopping/beach nearby. Original owner; 55+ community. Selling privately. Pristine. Call Michael (410-484-2373).

BEAUTIFUL BERKLEY. Updated kitchen and baths. Freshly painted with new carpet and flooring. All new lighting. Lovely backyard with private patio. Long and Foster (301-548-9700). Call Eve Marinik (301-221-8867) or Greg Marinik (240-994-5258). \$169,900.

#### **REAL ESTATE FOR RENT**

FANTASTIC OPPORTUNITY to rent this gorgeous 2BR/2BA condo in the

Premier Community of Leisure World. This luxury condo features an open floorplan, glass-enclosed sunroom with a spectacular view in a midsize building, along with newer wood flooring, stainless steel appliances, lots of cabinets, granite counters, decorative glass backsplash, sideby-side washer/dryer, lots of closet space, crown moulding, chair rail, plenty of windows with own luxury blinds, and your own parking with ample visitor parking. No smoking/no pets. Utilities/cable included in rent. Call (301-312-3843) for additional information on this "welcome home condo."

2 BEDROOM, 2 BATH in the Greens. E model with 980 sq. ft. Great view, newer appliances, lots of closets, \$1,575 per month. Roberta Campbell, Weichert Realtors, (301-681-0550) office, (301-801-7906) mobile.

#### **FOR SALE**

27" APPLE THUNDERBOLT DISPLAY model A1407. 4 years old with power cord and connector. \$350, paid \$999. Call or text (301-598-2357).

CLUB CAR (Precedent Electric) 2014. New batteries, new head/tail lights, HD rear springs, new tires, extended top installed, Doorworks Sunbrella with WindSeal kit installed, single-point water system with hand pump, 5-panel rear-view wide mirror, new windshield, turn signals. Bought in February 2018. Not used by this owner. Contact Vinetta (301-598-3248). Come to see and make offer.

#### RETAIL SALES

SCHAEFFER'S PIANO COMPANY. Founded 1901, Fourth generation family ownership. New Kawai dealer. New and used pianos—Steinway, Kawai, Yamaha, Schaeffer. (schaefferspiano.com). (301-424-1144)

Family Owned & Operated

Serving Montgomery County

#### **CEMETERY PLOTS**

PARKLAWN CEMETERY— MENORAH GARDENS in Rockville, MD. One double memorial site (for 2) worth \$4,000. Selling for \$2,000. Call Len at (301-438-2875). In Leisure World.

#### **AUTO SALES**

2009 MAZDA CX9, touring edition. Loaded with leather. 7-passenger. MD-inspected. \$5,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

#### 1986 OLDSMOBILE

CUTLASS. 4-door, V-8, new tires, air conditioning, white/light blue cloth. Like new. MD-inspected. Only 33,000 miles. \$7,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

#### TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER is here: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.-10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text: (301-933-8899). Email: (Steve.Your.Driver@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 100 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

DRIVER WITH CONCIERGE STYLE at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a 4-door Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any special assistance you may need. Call Ken at (508-612-9647).

# **Personal Care Services In The Comfort Of Your Home**



- Household chores
- Medication reminding
- Daily living and companionship
- Meal planning, preparation and monitoring of eating habits
- Overseeing activities, such as walking, to minimize the risk of accidents
- Shopping for groceries, with or without client
- Bathing and grooming and general personal hygiene
- Help with planning and making decisions
- Nursing services and many more!



Call for a Free Consultation and Assessment • 301.717.2212 • www.bestseniorcare.us

#### **CAREGIVING AND HEALTHCARE**

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

"A" HOME HEALTH CARE for Senior Citizens - Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146).

ELDERLY CARE: Over 10 years' experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-

HELLO, IT'S ROSE. CAREGIVER with over 10 years' experience. Certified as a CNA and in first aid, CPR. Have clean background check, tuberculosis screening. Worked with agencies, Montgomery Hospital, private duty. Full-time or part-time, live-in or -out. Please call if you need help with your loved one (240-855-2994) any time. Thank you.

CNA —with 25 years' experience. Seeking position to care for sick/ elderly. Good references available Monday-Friday and weekends. Days or nights. Full/PT. Have my own transit. Call (301-442-9324).

CNA WITH CPR LICENSE. I have been looking after elderly ladies and gentlemen since 1992. I would like a live-in and full-time position. I'm a good person and I smile. Call (301-646-8859).

**CNHS: Comfort Nursing** & Healthcare Services Inc. Bringing nursing to the comfort of your home by RN/LPN and aides. 8115 Maple Lawn Blvd Ste 350, Fulton, Maryland 20759. For more information, call (240-701-9855) or email (comfortnursinghealthcare1@gmail. com) Monday-Friday, 9 a.m.-5 p.m. (comfortnursinghealthcare.com)

I AM CNA/GNA with more than 15 years' experience and worked in nursing home, assisted living and home care. Duties include personal hygiene, light housekeeping, laundry, shopping, meal preparation, bathing, dressing, errands, transportation to appointments and medication reminders. Filipina, U.S. citizen, can drive and with own car, honest, dependable, loving and hard worker, with excellent references. Please call

(240-643-3392) cell, (301-926-2547) home. (salardaluzviminda@yahoo. com)

CNA/COMPANION. Filipino, over 15 years of elderly care, hospital and nursing home experience. CNA+CPR. Have own transportation. Very professional, well-trained. Please call (240-426-5661). Available Friday, Saturday, day or night shift.

CERTIFIED NURSING ASSISTANT (CNA)/companion/caregiver. CNA license with 14 years' experience in the hospital, assisted living and nursing home. CPR, BLS, AED certified. Please call (443-756-4747).

ARE YOU LOOKING for a caregiver/ companion for your loved one? I am available Tuesdays, Wednesdays, Fridays and Saturdays. Caring, loving, responsible and reliable person with good refs and rates. (240-552-4222).

CNA with CPR LICENSE. I care about my patients! 10 years' experience. Activities of daily living, bathing, light cleaning, cooking, laundry, companionship. Weekdays, day/night. Price negotiable. References. Germaine (202-387-5262), (germaine.g.abc@ gmail.com).

LPN and GREAT CAREGIVER with CPR. More than 14 years' experience. Trustworthy, loving and caring lady. Live-in or live-out, full-time. I have great references, reasonable rates. Please call (301-768-3039). Thanks.

HELLO. MY NAME IS MARIA. I am a very loving and caring CNA with over 13 years' experience, mostly hospice. Excellent reference. CPR certified. Available 24/7. Will perform personal care, meds, housekeeping, shopping, doctor visits and errands. Have own transportation. (240-409-7573).

CNA-25 years of experience. Available in day or night at Leisure World. Does errands, doctor's appointments, prepares meals, groceries, gives baths, showers, and light housekeeping. Ms. Henry (301-232-7105).

CERTIFIED NURSING ASSISTANT, competent and compassionate with 13 years' experience. Great references and drives. Cell phone (240-393-1625).

CNA/GNA. Takes care of elderly people—if you need help, call me. Full-time, live-out, own car. Can drive to doctor's appointments, errands, gives showers, cooks, everyday care. Responsible, honest. (240-722-8499).

MALE HOME HEALTH AIDE and Med/tech available nights, Monday through Saturday and daytime on Monday and Wednesdays...Works now in LW...Call Salieu (301-768-5219).

CNA/CMT - over 16 years of experience. Very dependable. Excellent references in LW. Have car. Light cooking, doctor's appts., escort

service, errands. Bonded, insured. Call Ana (240-491-8978), (240-277-7403).

CNA, GNA, MEDICINE AIDE, elderly care. Over 10 years experience. Certified CPR, first aid. Reliable, responsible, loving and caring, respectful. Great references. Good driving record. Day or night shift. Call (301-275-8713).

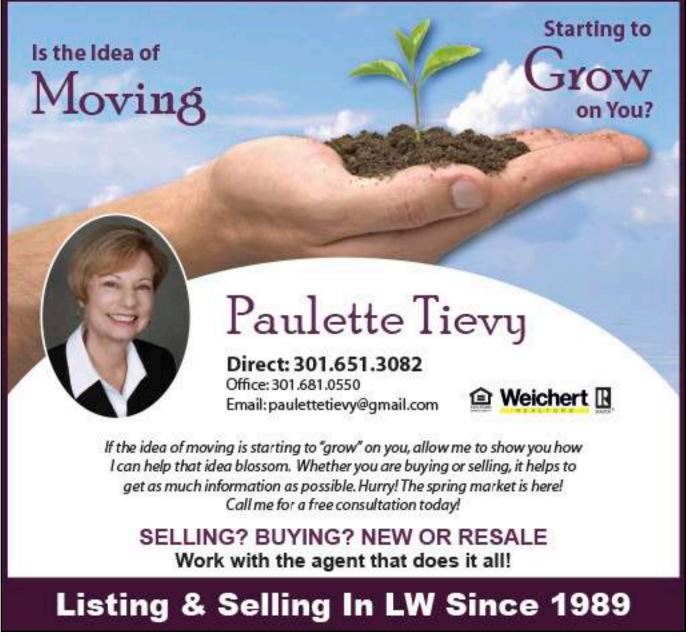
SPECIALIZING IN ELDER CARE for over 21 years. I have all my credentials updated. I have my own car. Looking for full-time work. Run errands, prepare meals, assist with meds, light housekeeping. (240-280-6776).

HI, IT'S DORA. CNA/GNA/first aid and CPR license. That's all I've done for a living for 25 years. Ready to assist with all your needs. Looking for livein or full-time. Worked for Arlington County agency and Fairfax Area Agency on Aging, and nursing homes in Maryland. Very good references and background check. Drives, own a car. (703-867-2121).

#### **HOME SERVICES**

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified preowned stair lifts at reduced prices.



Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local — long distance — hauling — pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

M.G.V. PAINTING & DRYWALL — Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 years experience. Insured. References in your complex. Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

SMALL MOVES AND TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

GUARDIAN ANGEL LAWN SERVICE. Experienced in flowerbeds, mulching, edging, weeding, plowing gardens and repairs. For all your gardening and household needs, please call Robert at (240-477-2158), (301-987-1277).

#### **CLEANING SERVICES**

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

HOUSE CLEANING SERVICES — reliable, honest and fair pricing. 18 years' local experience with four years here at LW. References upon request. Please call Delia for free estimate (240-441-5456).

#### **COMPUTER HELP**

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES.
Free in-house diagnostic of your computer, printer, or basic set-ups.
A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES — Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

FIX YOUR COMPUTER — LW residents \$50 any problem — Fix it or it's free. (301-802-6633) Easy Elder Tech

#### PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. Assistance with Pet Care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I'm a 57-yr. old semi-retired Doctor, Leisure World Resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

CLUTTER BUSTING—Need help getting your space and papers in order? You can't scare me with your mess. Expert with compassionate and forward-moving approach. Granddaughter of former LW resident. Call (301-852-3330). \$40/hour, 2-hour minimum.

TRY ONLINE DATING — Dating coach for seniors will come to your residence in Leisure World (LW) (or within 20 miles of LW). In a one-hour session will get you online. Will take pictures, write profile, suggest free and paid sites and let you know the most effective ways to answer ads. \$100 (LW residents \$49.99). Easy Elder Tech (301-802-6633).

#### **NOTARIES**

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

#### **PET CARE**

DOG WALKING SERVICE— Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Please call (301-598-3454) for more information.

#### **DONATIONS WANTED**

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

#### **ACTIVITY OPPORTUNITIES**

WRITING GROUP. Looking for 2 or 3 writers, any skill level, for small writing-together group. If writing for pleasure, memory, story-telling, this group is for you. Our primary purpose is to help each other overcome whatever excuses have combined to keep pen from paper, or fingers from keyboard. Call Mary Beth (240-558-4013).

DISTINGUISHED FLYING CROSS SOCIETY. The organization's president, Lawrence Goldstein, is a Leisure World resident. He invites any resident who has received the Distinguished Flying Cross to join. Contact Larry (larr914@gmail.com), (301-847-9745).

SCRABBLE CLUB FOR WOMEN—seeking a few new members— Club meets at founder's LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using 'official Scrabble rules' and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call ((571-236-1775) in MD in LW).

BOOK CLUB FOR WOMEN—seeking a few "Serious Readers": 15+ year-old club reads award-winning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year-old club meets every Sunday, 2-5 p.m, with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc. com) or call (571-236-1775 (in MD–LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

#### **NOTICES**

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

#### **UPCOMING EVENTS**

MINDFULNESS MEDITATION. Join Bubba Pflantzbaum for an hour of letting go of the concerns of daily living. Learn simple suggestions for posture, meditation and attitude. No experience needed. All are welcome. Wednesday, March 20, 6-7 p.m. Kensington Park Library, 4201 Knowles Avenue, Kensington, MD 20895.

BLUEPRINT FOR FINANCIAL SUCCESS. The presenter, from New York Life Insurance, will provide valuable information, tips and tools to help build a strong financial foundation. Managing debt, building savings and protecting against risk and unexpected events. Free. Wednesday, March 27, 6:30-7:45 p.m. Kensington Park Library, 4201 Knowles Avenue, Kensington, MD 20895.

CENSUS INFORMATIONAL SESSION. The session will consist of a brief history of the Census, what the gathered data is used for and the employment opportunities available, and how to apply for a job as a Census Taker. Free, all are welcome, no registration needed. Thursday, March 28, 11 a.m.-12:30 p.m., Twinbrook Library.

SKY ABOVE CLOUDS: a creative view of aging. Author talk with Wendy Miller based on the book "Sky Above Clouds: Finding Our Way through Creativity, Aging and Illness." Free. Thursday, March 28, 6:30-7:45 p.m. Kensington Park Library, 4201 Knowles Avenue, Kensington, MD 20895.

**BOOK SALE and DONATIONS** WANTED. You are invited to the American Association of University Women (AAUW), Gaithersburg's Annual Spring Book Sale at Asbury Methodist Village bldg. 409, 301 Odendhal Avenue, Gaithersburg, MD 20877. March 28-29, 9 a.m.-8 p.m., March 30, 9 a.m.-4 p.m. Support scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs, art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American and Jewish interests, etc. Pickups for donations can be arranged in Leisure World. For more information call Liz at (301-840-1258).

"SEE ME" at the Smithsonian. The experience of looking closely allows us to appreciate beauty, exchange ideas or simply respond to the work in front of us. Smithsonian invites individuals living with dementia, together with their care-partner, to join us for tours highlighting the joy of close-looking. Free; registration required. Contact Smithsonian Accessibility Program at (access@ si.edu) or (202-633-2921). Museum of American Art: Wednesday, April 3. Freer | Sackler Gallery: Wednesdays, March 20, April 17.

#### **WANTED**

OWNER LIVING IN GREENS II (15100 Interlachen Dr.) is interested in renting or purchasing a garage space in that building. Please contact owner at (301-598-5953). Thank you.

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five

percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

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