

Leisure World News

OF MARYLAND

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Mutually Yours

Four mutual websites receive 'A' rating for content and creativity

by Stacy Smith, Leisure World News

Each of Leisure World's 29 mutuals has its own website with a portal that is connected to the community's resident website (residents.lwmc.com), and four of them have recently been commended for their outstanding quality.

The mutual websites for Turnberry Courts (Mutual 21), Creekside (Mutual 27), Fairways South (Mutual 17A) and Vantage Point West (Mutual 23) have all received "A-" ratings or better from Dave Merritt, senior

business/systems analyst for Leisure World of Maryland Corporation.

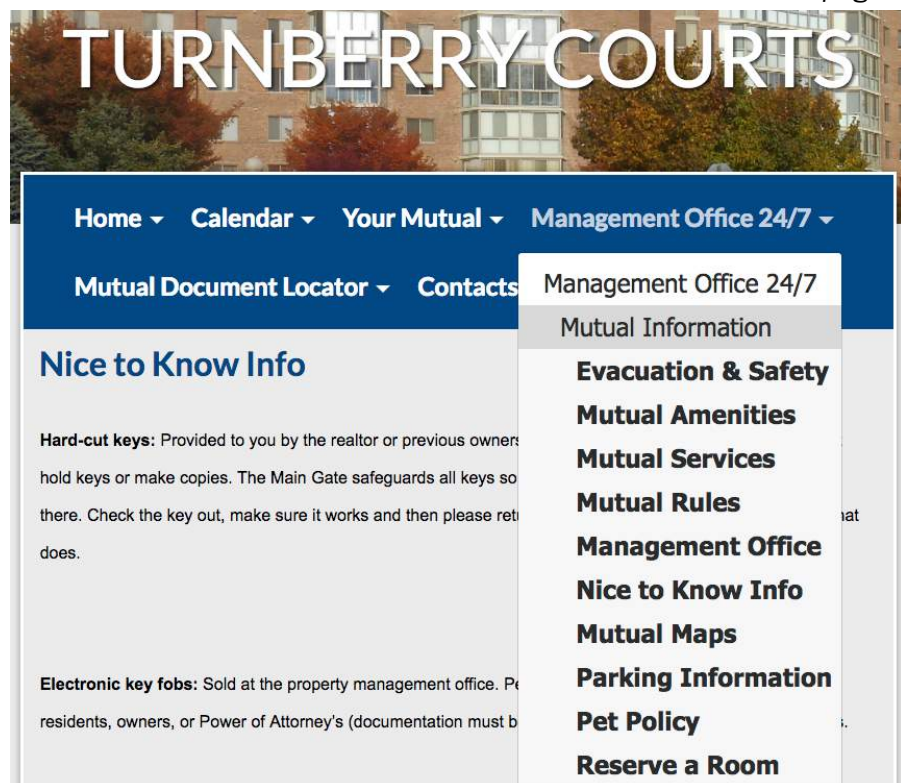
"The mutuals have really grasped [the technology] that's there and have taken advantage of it," Merritt said.

In addition to providing basic information about their mutuals, the sites offer creative features that provide residents the option of requesting forms or completing applications and documents online rather than in person or over the phone.

Website Features

Liz Armato, Creekside's

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Turnberry Court's mutual website features a "Management Office 24/7" drop down menu that provides residents with information on everything from emergency evacuation plans to front entry instructions. Screenshot by Leisure World News

Learning Their Way Around, One Paw Step at a Time

by Stacy Smith, Leisure World News

Jane Carona was too excited and too proud to pay attention to obstructions in her walkway on the day last December when she fell and broke her arm.

Carona, who is blind, was in Morristown, New Jersey, walking outside with her guide dog, a two-year-old black Labrador retriever named Sailor.

"I was trucking down South Street showing off with my new, wonderful, fast dog," she said. "Pride goeth before a fall, and I did. I tripped over something."

After the incident, the nation's oldest guide dog school, The Seeing Eye, decided that Sailor needed a bit more training, and continued working with him in New Jersey. Meanwhile, Carona returned home to Maryland to "lick her wounds" and heal without the company of the dog she had waited months to meet.

But Carona took the setback in stride. She returned to the school a few months later, completing her training with Sailor on Feb. 22, and then brought him home to her new apartment at Leisure World about a month ago to fine-tune the skills he had already learned.

Other residents may have seen the pair out and about



Jane Carona walks to Clubhouse I guided by her Seeing Eye dog, Sailor, March 13. Photo by Stacy Smith, Leisure World News

on their frequent walks to the Leisure World Plaza and Clubhouse I. Carona worked with a mobility instructor to get a feel for the area after moving here Jan. 29 from her three-story home near Plaza del Mercado in Silver Spring.

"It's really nice here, because if you stay along Leisure World Boulevard if you're going to Clubhouse I or the shopping center, you know where you are," she said.

Sailor is a professionally-trained guide dog taught to lead Carona around

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Special Committee would like to hear from residents. For details, **see page 3.**

The Scooter Shop Delivers Mobility Equipment

by Stacy Smith, Leisure World News

A new, cushy brown armchair sits in a corner of a room in the MedStar Health medical center. It looks like a cozy spot found in any typical living room, the kind of chair where Super Bowl fans perch and lazy Sunday afternoon naps are taken.

But this is no ordinary armchair as Jim Luttrell, owner and operator of The Scooter Shop, points out. Luttrell pushes a button and suddenly the empty chair lifts up and dips forward, allowing an occupant with limited mobility a firm, two-footed landing onto the floor.

Located in the medical center, The Scooter Shop offers mobility and durable medical equipment available for purchase, such as lift chairs, scooters, canes, walkers, rollator walkers, bath equipment and manual and power wheelchairs.

The company not only sells the item at a competitive cost, but will also deliver it to a resident, complete with full set-up and instructions on how to use it.

"We can get it to [a resident] fast and provide excellent customer service," Luttrell said.

The company also rents out scooters and manual and

power wheelchairs, which he said comes in handy for residents taking a trip or cruise with Eyre Travel.

The company even repairs residents' mobility equipment, both those items purchased from The Scooter Shop and from other locations. The Shop accepts cash, check and credit card payment; it does not operate through insurance companies or Medicare.

"I have a lot of customers call me who got their power chair or scooter through Medicare, and they just want it fixed now," he said. "They don't want to mess around with the paperwork and the company giving them a run-around."

Based out of Ellicott City, Maryland, the growing company has been in operation for more than two and a half years and has witnessed a growing need for their services due to an aging population and cutbacks to Medicare.

"Years ago if you had a little trouble walking, you could use a cane. You might be able to get a scooter. Now? No; it's very, very strict," Luttrell said.

The Scooter Shop's equipment and services are available to all residents, not just MedStar Health patients.

"It's very rewarding to see



people that struggle with mobility – to be able to find the right product for them, deliver it to them and see them very happy," Luttrell said.

"Their faces light up when they're trying it." The Scooter Shop is located in the MedStar Health medical center and is available by appointment only, Monday through Friday, from 8:30 a.m.-5 p.m., by calling (877-224-2294). Appointment times are available Monday through Friday, from 10 a.m.-3 p.m.

For more information, visit (www.yourscootershop.com), or email (info@yourscootershop.com).



Don Eisen tests out his new power wheelchair with The Scooter Shop owner Jim Luttrell in the lobby of his Vantage Point East home March 5. Photos by Stacy Smith, Leisure World News

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Leisure World News OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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March 28: Signal Financial Presents Home Buying and Mortgage Seminar

by Leisure World News

On Wednesday, March 28, Signal Financial Federal Credit Union hosts a free home buying and mortgage seminar for residents and their guests. The seminar is from 1-2 p.m. at the credit union in the Administration Building.

Come learn the ins and outs of buying or selling a home with the help of Signal's mortgage loan team and local real estate agents. Refreshments will be served.

The event is free and open to Credit Union members and non-members. Contact branch manager Nabiha Zayat-Calcutt at (nzayat@signalfinancialfcu.org) or (301-933-9100, ext. 320) to reserve a seat.

Special Strategic Planning Committee Wants to Hear from You

by Leisure World News

What do you value about life at Leisure World? How would you like to see the community evolve in the next 10 years?

The Special Strategic Planning Committee (SSPC) is seeking resident input regarding strategic planning for Leisure World's future.

In April 2017, the SSPC was tasked by the Leisure World Community Corporation (LWCC) board of directors with the development of a long-range strategic plan to address Trust facility upgrades, infrastructure,

organizational support and financial requirements and the recommended steps for implementing the plan.

For more about the SSPC and strategic planning, including a PowerPoint presentation given by the committee during three recent community forums, visit (residents.lwmc.com).

Under the Resident Documents drop down menu, click on Resident Document Locator, and then click on the Advisory and Special Committees folder. "Community Forum Presentation" is found in the 2018 Strategic Planning Special Committee folder.

Flashback

3 Tie For First In Golf Tourney

Sam Rice Finishes Second

Seventy-seven-year-old Sam Rice, a member of Baseball's Hall of Fame, gave the "youngsters" a tough run for the money in the Red Cross Blood Donor Golf Tournament at Rossmore Maryland June 1. Rice, who kept his shoes straight and true during the 18-hole tourney, wound up firing a blazing 73 over the par-70 course.

3 WAY TIE
Sponsored by the Bethesda Kiwanis Club and co-hosted by Rossmore's Kiwanis club and Red Cross unit, the tournament ended in a three-way tie for first place. Co-winners with rounds of 72 were David McDowell of Silver Springs; William Farrison and Irv Letsel, both of Rockville.

Rice and two other Washington, D.C. area celebrities were on hand for the event, Tuffy Lemans, former George Washington University football star, and Jim Gibbons, local television sports announcer. At the last minute, Gibbons was unable to play.

GAVE BLOOD
"Price of admission" to the tourney was one pint of blood donated to the Bethesda service club.

Lemans toured the Rossmore course in 40-40 for an 80, a score duplicated by Felix Vidal, administrator in Rossmore Maryland. Rice scored rounds of 36-37.

Free food and refreshments were served by the



In a 1967 edition of Leisure World News, three men watch on bended knee as golfer Dave McDowell shows off his tournament-winning putting form.

Screenshot by Leisure World News

Today the golf course is still used for tournaments and recreation by Golf Club members and long-time players, but any resident can play a round of golf for a single, one-time fee.

For about the cost to see a movie in theaters – \$15 – any resident can play nine holes of golf, and for \$22, he or she can play the entire 18-hole championship golf course.

Friends and family members who live outside of Leisure World can get in on the act, too. Daily greens fees

for guests are \$18 for a round of 9-hole golf and \$25 for 18 holes.

Residents who'd rather practice their stroke at the driving range can also pay a single, one-time fee. A flat fee of \$5 buys a small bucket of golf balls, and \$7 covers a large bucket.

The golf course is open for play from 9 a.m.-6 p.m. through March. Starting Sunday, April 1, tee time begins at 8 a.m. For more information, contact the Pro Shop at (301-598-1570).

SHARE YOUR THOUGHTS

The SSPC encourages all residents to submit suggestions for strategic planning via email at:

(LWstratplan@gmail.com)

or by mail at:

(SSPC, 3701 Rossmore Blvd. Attention: K. Ibanez).

March 22: Joint Meeting of Advisory Committees on Site Plan Traffic Flow

by Leisure World News

A special joint meeting of several advisory committees will address traffic flow in the updated Administration Building and Clubhouse I Site Improvements plan.

The meeting is scheduled for Thursday, March 22, at 9:30 a.m. in Clubhouse I.

Members of the Security and Transportation, Community Planning, Education and Recreation, and Restaurant Advisory Committees will discuss the plan's traffic flow options in the proposed parking areas near Clubhouse I and the Administration Building. A final recommendation will be forwarded to the Leisure World Commu-

nity Corporation (LWCC) board of directors.

The meeting comes a week after presentations to each mutual giving an overview of the site plan and its updates are expected to be completed. Leisure World general manager Kevin Flannery and site plan project manager Nicole Gerke have since late January given presentations to regular and special meetings of all 29 mutuals. Their final presentation was scheduled for March 15.

Presentations were given to each of the four advisory committees in February.

Management expects to report to the LWCC board of directors on the results of the mutual meetings at the board's March 29 meeting.

April 23: American Architectural History

by Fred Shapiro

Travel around the U.S. and one is overwhelmed by the variety of architectural styles, both historic and contemporary.

On Monday, April 23, the Center for Lifelong Learning (CLL) presents Bill Lebovich's "American Architectural History." The program is at 2 p.m. in Clubhouse I.

Admission is free, but residents are requested to register beginning Tuesday, April 10, at 8:30 a.m. in the Clubhouse I E&R office.

The program covers American architectural history from the 1600s to current day, with an emphasis on late 19th century through the 20th century. The program also includes discussion on photography's role in preserving the images of these various architectural designs.

American architectural history is a series of European architectural revival styles that changed approximately every 20 to 50

years, until the mid-20th century. And then, instead of revivals, American architects turned to current European architecture for inspiration.

Looking at American architecture is a way of understanding how Americans have changed the images of themselves and the country over time.

Lebovich has a bachelor's degree in anthropology from Brandeis University. He also has a master's and an ABD in American history and architectural history from Boston University.

For 15 years, he worked at the National Park Service (NPS) as an architectural historian in the National Register of Historic Places and the Historic American Buildings Survey/Historic American Engineering Record in Washington, D.C. While at NPS, he completed two exhibits and a book on America's city halls.

Since leaving, he has worked as an independent architectural historian and architectural photographer with assignments



National Building Museum. Photo by Bill Lebovich

in California, Massachusetts, New York City, and the Middle Atlantic states.

Lebovich has written and photographed a book on accessible design. He has taught part-time at George Washington University and has been a tour guide.

He wrote a chapter on architectural photography for "Recording

Historic Structures," part of a heritage documentation project with the National Park Service.

His architectural photographs have been published in Progressive Architecture and NPS historic preservation publications. He wrote and photographed for his book, "Design for Dignity," published by John Wiley and Son.



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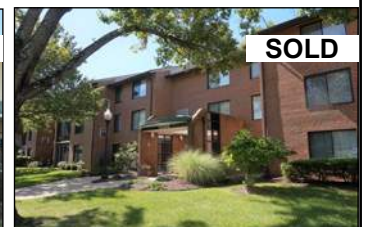
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Seeing Eye Dog

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obstacles, a job that requires his full attention. Passers-by, though well intentioned, should never try to pet, speak to, make eye contact with or feed a guide dog while it's working.

Carona and Sailor often work as a team. Sailor finds the crosswalk for her, and

Carona listens for the sound of cars before crossing. If a car cuts in front of her, Sailor takes action.

"[He] will do what's called a traffic check, where he will either stop me or back me up, depending on how close the car is. That's probably the most amazing thing that these dogs are taught to do," she said.

It's a skill that Carona doesn't take for granted. Her third dog, Waffle, used the technique one day when a car swerved so close to Carona that its side mirror hit her elbow.

"Waffle jerked me back really quick," Carona said. "She saved my life that day."

When not working though, guide dogs are just like other dogs. Sailor can often be found tossing around or chewing any number of the large stash of toys Carona keeps for him in a toy box in her spare room.

She describes Sailor's bipolarity as "sort of like Clark Kent and Superman;" adding that when the harness is on him, "he gets very serious and very stable."

It's something she especially values about him when out in crowded public areas.

"When you go somewhere and you get up to leave, the best reward you can have is for people around you to say, 'My God, I didn't know there was a dog under [the table].' That's what you want. You don't want your dog to be obvious," she said.

Although Sailor works hard at being a good boy for his new mom, Carona has had to have some "discussions" with

him about behaviors that tip the naughty scale, such as playing tug-of-war with blankets that are meant for sleeping. Still, she insists he's doing a really good job.

"He's a good dog; he really is. He's got so much puppy in him still," she said.

Guide Dog School

Sailor and other guide dogs are usually raised by puppy raiser families for the first 18 months of their lives. When old enough, they spend about four months training at one of the 14 guide dog schools in the nation.

"It's sort of like Clark Kent and Superman. When you put the harness on, [Sailor] gets very serious and very stable."

-Jane Carona

At The Seeing Eye, where Sailor was instructed, the dogs are trained in a variety of rural, suburban and urban environments. They are taught to guide with a combination of repetition and praise, and clicker training is used to enhance the dogs' skill in targeting specific objects.

At the end of four months, instructors go on a blind-folded walk with each dog to test its ability and ensure it is ready to be paired with a handler.

The first guide dog schools used high-energy breeds such as the German shepherd, but by the '70s, many schools had switched to using the Labrador retriever due to its gentle but willing temperament.

The Seeing Eye School was founded after a young man named Morris Frank read an article about how dogs were being trained as guides for blinded veterans of World War I. Frustrated by his own lack of mobility as a blind person, Morris wrote the article's author for help.

He began work with Dorothy Harrison Eustis, an American who was training German shepherd police dogs in Switzerland. Frank proved the dogs' abilities in 1928 when he successfully navigated a dangerous street crossing in New York City aided by his guide dog, Buddy.



New resident Jane Carona relaxes with her two-year-old Labrador retriever, Sailor, inside her apartment in Mutual 14 on March 12. Sailor has been working as Carona's guide dog for less than a month. Photo by Stacy Smith, Leisure World News.

Buddy proved herself time and time again, most notably during an incident at a hotel when Frank attempted to board an elevator. Buddy refused to follow his command.

Exasperated, Frank released the harness and stepped forward, but Buddy ran in front of him and pushed him back.

"The elevator was not there; it was an empty shaft," Carona

said. "She saved his life,"

By February 1929, The Seeing Eye had graduated its first class of instructors and dogs like Buddy. Carona has used guide dogs since 1978.

"Whether it's just finding your home again after you've been out and about, or saving you from being hit by a car or stopping you from falling down an elevator shaft, these dogs do amazing things," she said.

Wills, Wealth Planning & Trusts



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Mutual Sites

◀ from page 1

administrative assistant, said she's noticed an increase in the volume of residents submitting forms and documentation via the mutual's website.

"I have a lot of people that just log on to the website from their phone and submit a notice of absence form," she said, adding that the website has saved the mutual time and money by eliminating the need to print copies of their resident directory.

Residents can also find current and back issues of their mutual's newsletters, flyers detailing upcoming special events and answers to frequently asked questions informing residents of everything from what they can do if they misplace their home keys, to who they can call when having a pest problem.

"Residents can log in and get flyers and other forms that they might have misplaced rather than coming by the office," Armato said. "It's especially good for people

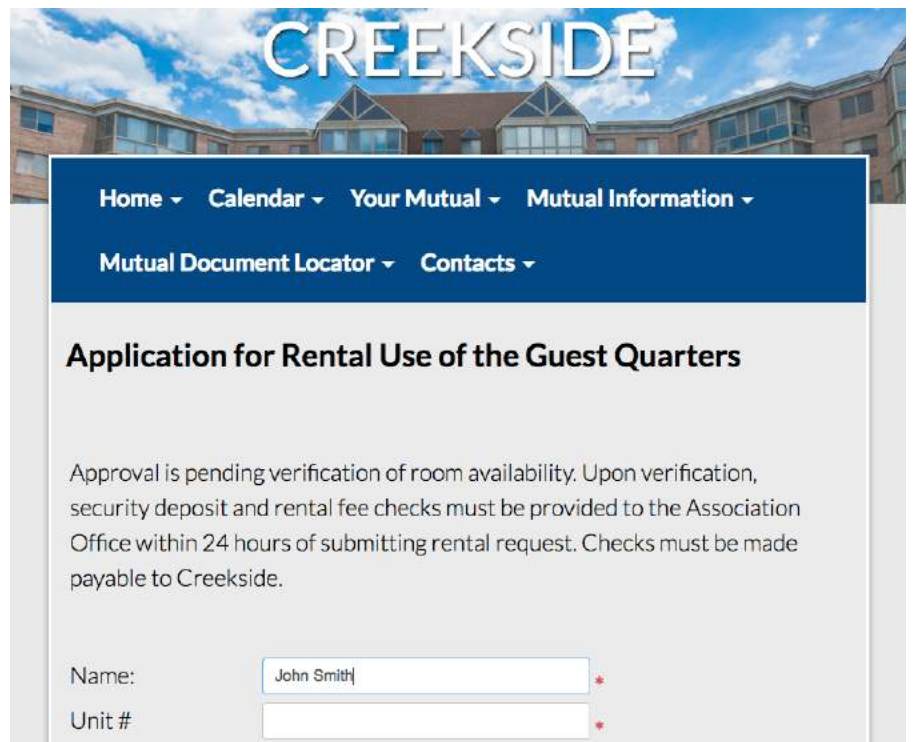
with mobility issues."

Turnberry Court's website features a "24/7 Management Office" drop down menu that acts as a "one-stop shop" where residents can go to find their mutual's policies and procedures during off-hours.

The "Engineer On Call Calendar" lets residents know which staff member to contact on any given day if something should break down or need repair.

On The Fairways South website, residents can "meet" their mutual's staff members, apply to rent a private party room or read updated rental requirements for landlords. The site also features a resource center that houses the mutual's board of directors' meeting minutes and agendas and governing documents.

Vantage Point West's website has a mutual calendar listing activities and meetings that residents can attend, and copies of the mutual newsletter and a vibrant photo gallery keep residents abreast of what is happening in their community.



At Creekside's mutual website, residents have the option of applying online to rent a community room for gatherings or a small efficiency suite to accommodate their out-of-town guests. They can also use a monthly calendar to check the suite's availability for any given day. Screenshot by Leisure World News

Accessing the Site

Residents who would like access to their mutual's website must first sign up as a user on the resident website by visiting (residents.lwmc.com).

After creating a user account and logging in, residents can type in the name

of their mutual in the search bar located at the top left corner of the page to be redirected to their mutual's site.

Residents who have questions regarding their mutual's website are encouraged to contact their mutual's board of directors or property manager.

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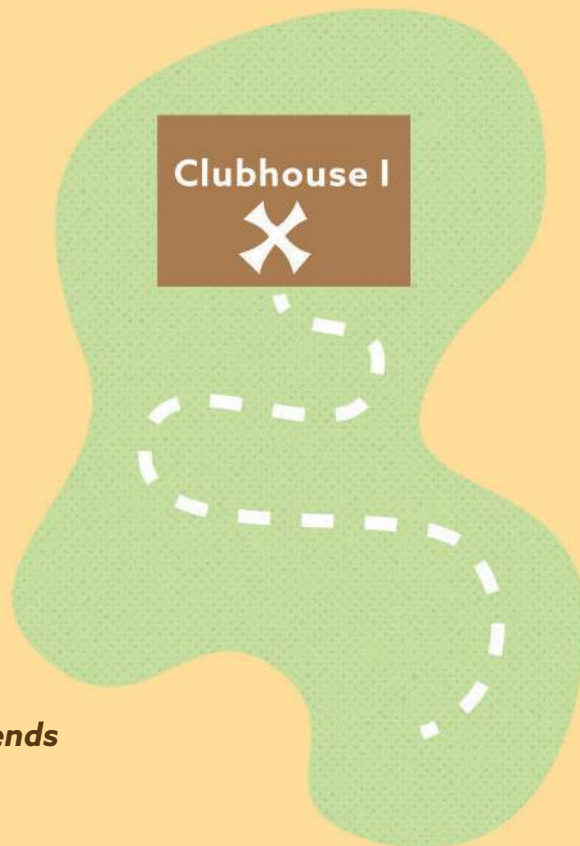
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Saturday, April 21 | 9:30 a.m. to 2 p.m.
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Clubhouse I



GOVERNANCE & Information

Shuttle Bus Schedule Change

Saturday shuttle bus service runs 9 a.m.-1 p.m. beginning Saturday, March 17, to coincide with the beginning of daylight saving time. Saturdays' spring hours remain effective through Nov. 4, 2018. Visit (residents.lwmc.com) for full weekly shuttle bus schedules.

April 23: AARP Safe Driving Course

The E&R Department is sponsoring an AARP Safe Driving Course on Monday, April 23, in Clubhouse I from 9:45 a.m.-3 p.m., with a one-hour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, \$15 for AARP members and \$20 for non-members, is required at the time of registration. (Please note: AARP members must show a current membership card to receive the AARP discount.) Register in the E&R Office in Clubhouse I beginning at 8:30 a.m. on Tuesday, March 20. The number of participants is limited to 25, so plan to register early.

Participants should bring their driver's license and a pen or pencil to the course. If you have any questions, contact the E&R Office in Clubhouse I at (301-598-1300).

Shredding Availability

Consumer fraud and identity theft are an epidemic.

Therefore, management has contracted with the Shred-It Company to provide residents with a safe and secure manner by which they may have their personal documents destroyed. This service is available on site, free of charge, on a regular basis.

Secure, locked consoles are located in the lobbies of the Administration Building, both clubhouses and PPD. The consoles have a slot that is capable of accepting up to 400 pieces of paper at a time. Once papers are deposited, they fall into a blue bag, which cannot

be removed except by unlocking the console.

Twice a week, a Shred-It representative picks up the blue bags from inside the consoles, seals them and transports them to a mobile shredding truck in the Leisure World parking lot. The bags are emptied behind a locked security screen into a shredding hopper, which shreds everything into fine confetti.

Please note that staples, paper clips, and binder clips do not need to be removed. However, please do not bring items that go in your regular recycling, such as envelopes, newspapers and magazines.

Post Office Services

Located in the Administration Building Leisure World's U.S. Postal Service center is open Monday through Friday, 8 a.m.-2 p.m. Stamps, mailing boxes, and certified and insured mail services are available. Payment is accepted by check or cash only. The post office cannot provide Express or International Business services due to local restrictions.



Dial 301-598-1313
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2018 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting

The March 16 meeting airs on March 21, 22 and 23.

Board of Directors Meeting

The March 27 meeting airs on April 2, 4 and 6.

Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com

GOOD TO KNOW: ELECTRIC VEHICLE CHARGING STATION

Conveniently located between the Burger King and Sun Trust Bank in Leisure World Plaza, a car charging station is available for owners of electric-powered vehicles to recharge their car's batteries.

The station has three connectors available for use and is open 24 hours, seven days a week. An EVgo network subscription and key fob are required.

For more information, call (1-855-509-5581) or visit (support@evgo.com).

– Leisure World News



Photo by Leisure World News

Leisure World's Walking Paths

by Leisure World News

From watching the sun set over the Golf Course, to spotting a family of deer as they graze at dawn, Leisure World's walking paths offer residents scenic views of the community throughout the year.

Walkers and joggers can get in their daily dose of exercise, safe in the knowledge that a shady spot or bench for resting is right around the bend.

Grab your favorite pair of athletic shoes and take a stroll around one of these four walking paths.



Scenic views are spotted along each of Leisure World's four major walking paths. Photos by Leisure World News

The Broadwalk:

- nearly one-mile loop in Montgomery Mutual
- bordered by Leisure World Boulevard and Gleneagles Drive
- walkers should park their cars in the main lot or on South Leisure World Boulevard, not in the courts

Mutual 9:

- roughly 0.6-mile of pathway that stretches between The Inter-Faith Chapel and Connecticut Avenue
- grazes the backyards of single-family homes
- slight inclines and plenty of shade; an excellent choice for residents who want to comfortably enjoy the outdoors with minimal exertion
- walkers can park their cars along South Leisure World Boulevard, or use The Inter-Faith Chapel's parking lot if no events are scheduled at that time

Mutual 10:

- roughly 0.9-mile loop located just south of Leisure World Boulevard and sandwiched between Connecticut Avenue and Kelmscott Drive
- cuts between single-family homes, personal gardens and manicured lawns

The Greens I and II:

- nearly 0.9-mile course encircling the mutual's first three buildings
- offers scenic views of the golf course
- more than 15 benches along the pathways provide walkers plenty of respite

For more information about the walking paths in and near Leisure World, visit the Clubhouse I E&R office to pick up a walking path booklet created by the Foundation of Leisure World.



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THOUGHTS & OPINIONS: *From Our Residents*

A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers

Times Have Changed and Leisure World Needs to Change

How many public telephone booths are available there? Is there a good golf course? Are there any tall buildings with views of the golf course? Is there good reception for my new 18-inch TV? Are there clubhouse facilities (like restaurants)? Is access to Leisure World limited with guarded access gates? Is there a full-service bank on site? Is there a medical facility on site?

In my view, these are some of the questions prospective buyers may have asked about the “new” Leisure World 51 years ago. Golf was a high priority (I doubt there were more than a few, if any, public golf courses available). They weren’t concerned about cable TV (there wasn’t any). They didn’t think about access to their work site (I suspect few considered moving here until after retirement). Cell phone reception wasn’t considered (there were no cell phones). They weren’t concerned about disability access (If they were entering at age 55, they probably wouldn’t contemplate such a need). They weren’t looking for easy access to a great exercise facility (I believe few sought exercise facilities in the mid-1960s). They probably didn’t worry about walking up a steep hill from the parking lot (if they were 55 and entering an active adult community). And, it is doubtful they were concerned about “gas guzzling security

patrols” (I suspect few worried about air pollution or consuming \$.30 per gallon gas).

In the mid-1960s, Leisure World was a great option for those approaching 55, and at that time, life expectancy was shorter. But times have changed – much more so than Leisure World of Maryland has changed.

A proposal is under consideration to undertake a strategic plan that might rethink the entire basis of our residential community. Some people are concerned that such an undertaking is too expensive and little needed.

In my view, the cost under consideration is actually too low. For example, how much does it cost to hire professionals for a year? (Nowadays, GS-13 Federal employees start at \$96,970 and GS-15s start at \$134,789 per year!)

The need is great, and long overdue. We need to proceed now with effective strategic planning – even if it costs two or three times the modest proposed expense of \$156,000!

– Bob Namovicz

Gut or Build New – Apples to Apples

Leisure World has yet to do an apples to apples analysis of whether and what to do about our current Administration Building. Based on the data we have, it seems that two options were not fully considered: a “gut” renovation (down to the studs), and a gut plus a second story.

Gutting includes all new HVAC, electrical, and plumbing systems, and would directly compare to new construction. At my mutual meeting, Leisure World management confirmed that both would be equally energy efficient and all of the asbestos/mold mitigation has to occur regardless of the option chosen. The main differences are cost, avoiding the loss of trees, saving a more than \$1 million asset, and management/staff would need to work out of (nice) trailers for 9-12 months. Some of the parking lot changes could still occur, including more handicapped spaces. We were told that the option of gutting plus a second story is not feasible, but without a partial structural engineering study, we don’t really know.

Our Leisure World general manager stated that a new Administration Building is a “selling point” to buyers. Really? I feel that potential buyers, more and more of whom are interested in the environment and high-grade amenities, will see that we care little about those things. They will see our employees in new digs, while residents are left with old buildings being patched and poorly updated and with an entirely outdated auditorium.

Related are the “renovations” that have occurred in both clubhouses. In Clubhouse II, because attention was not paid to a healthy carpet upgrade, some of us cannot use those spaces, and those who do might be inhaling large amounts of volatile organic compounds. It might even be considered a partially “sick” building, if tested.

Then, there are the recent renovations to the Crystal Ballroom and Terrace Restaurant, portions of which had to be done over. And there is still no noise proofing in the restaurants. Yet, I believe the same architectural firm is slated to do the new building. Why?

Maybe there was some level of groupthink or wanting to “go along to get along” involved.

What I can say for sure is that there was a fatal flaw in the prior strategic planning process. As a member of the current Special Strategic Planning Committee says, it is a “living” process and must include continuing community engagement. But there wasn’t, and still isn’t, real community engagement. At our mutual meeting, Leisure World management presented updates, but didn’t ask questions or survey us. So, what “resident feedback” are they going to “share with advisory committees and the Leisure World Community Corporation board of directors?”

I believe that tearing down and building new is 1960’s thinking and that, if this community had been fully engaged since 2010, we would likely be of a different mind. Also, if the new Special Strategic Planning Committee is not allowed to consider a huge, expensive undertaking such as the Administration Building project, the process is fatally flawed from the start.

It doesn’t need to be this way. We can be more thoughtful and do much better.

– Sharon S. Campbell

Submitting an Item to Thoughts & Opinions

1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer’s name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer’s name.
4. LW News cannot guarantee when or if a submission will be published.
5. See LW News Guidelines and Board Standing Rules at <http://bit.ly/2oHHKPd>

In the Interest of Fairness

I have attended three town hall meetings and one mutual meeting regarding the Administration Building and Clubhouse I Site Improvements project. I eventually realized that the more I learned about this project, the less I really knew, especially when I was presented with a fact sheet at my mutual meeting.

After the first town hall, I was upset because of what was revealed to me. In hindsight, it seems that what was revealed may have been an incomplete presentation of material fact. For example, the Leisure World Community Corporation (LWCC) board of directors' decision was presented as if it had been made without any accepted input from the residents – i.e., it is a “done deal” and no additional discussion is needed. During the second town hall, the emphasis appeared to be more of a personal criticism of the LWCC board and LWMC staff and less of a discussion of a new Administration Building project.

The most recent town hall on March 1 again focused on the Administration Building issue with the emphasis on opposition to the project, and I considered it fortunate that the LWCC board chair was present. However, I was concerned that misinformation was still being presented, such as the cost estimate for the building and the year of that estimate. Also, there was an emphasis on spending “my money” during some expressed criticisms of the project. I kept thinking that it really was a matter of “our money” and that the LWCC board members are Leisure World residents, too. In my opinion, no one knowingly commits to spending money to his or her own detriment.

At my mutual meeting, the fact sheet provided an unbelievable amount of information that I had not known before. It was explained that the cost estimates included a cost overrun addition (just in case), and that final figures cannot be known until actual bids are submitted.

And, according to the fact sheet, three architectural firms had been consulted regarding the project. This was the first time that I had become aware of this. It further mentioned

that there had been 80 open meetings of the LWCC board and committees regarding the project from September, 2012 through November, 2017, eight community meetings held between April 7, 2013 and September 27, 2017, and that between June, 2013 and September, 2013, 138 comments from 24 individuals were posted on the Leisure World website.

There is also an offered explanation as to why a majority of the LWCC board did not approve the invasive engineering study. While one may disagree with that explanation, it's not true that the LWCC board had no reason for refusing to conduct the study.

I do think that the LWCC board could do a better job of communicating with residents. I realize that this might be repetitive but, with new residents every month, it might be helpful to publish an article about the Administration Building project in every edition or every other edition of the Leisure World News. I certainly believe that printing the fact sheet in the newspaper would be beneficial, and I feel strongly that this kind of information is needed to counter misinformation, rumor and innuendo regarding a controversial subject.

– Peter La Lena

They Paved Paradise and Put Up a Parking Lot

The 2012 A. R. Meyers “space needs assessment” included estimates for renovating the existing

Administration Building, renovating with expansion, and new construction. The assessment identified \$5.2 million to construct and relocate a new building.

That 2012 estimate is the same figure that was referred to by Leisure World at the March 29, 2017 pre-submission meeting held in the Clubhouse II auditorium. Common sense tells me that in five years, those estimates are out of date and unreliable. Renovating the existing Administration Building, with all the bells and whistles and including an addition, would save Leisure World millions of dollars, which is not “chump change.”

According to a Feb. 14, 2018 Interplan “ballpark” estimate, an engineering study for the existing Administration Building could be conducted for approximately \$25,000. Even if the work envisioned by Interplan is not identical, the estimate is a far cry from the \$150,000 estimate provided by Leisure World staff, which I believe influenced the vote against the study.

The Montgomery County Planning Board held a public hearing on Nov. 30, 2017, and voted to defer a decision on Leisure World's application. But for the fact that the project did not have Leisure World owner consensus prior to submission, it might have been approved. Without residents making their objections known, in a packed room with approximately 20 residents speaking against the project (including a building with

many steps and an incline ramp), it might have been approved. Without almost 1800 names on petitions calling for a resident referendum on the type of project desired, it might have been approved. So, I want to thank all my fellow residents who showed up, spoke up or signed a petition. I truly feel they made a big difference.

I'm not saying, “Do nothing.” I'm in favor of renovating and expanding the existing Administration Building and restructuring the parking lot to accommodate our disabled residents and guests – estimated at half the cost of the currently approved project and saving over 60 mature trees. As for our employees temporarily working in trailers, the school-children do this all the time, often for more than a year when their schools are being renovated. If Montgomery County's children can do it, so could LW employees.

I fail to see the beauty or logic in this proposed construction and relocation of a new Administration Building. I don't think a single person will base their decision to purchase a home in this community because of this one commercial building. In fact, if all they see is what someone referred to “as a vast sea of asphalt” (parking lot) upon entering, they might just keep moving on. As the song says, “Don't it always seem to go/that you don't know what you've got till it's gone/they paved paradise and put up a parking lot!”

– Diane Knott

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EVENTS & Entertainment

■ Rossmoor Camera Club

March 18: A Visit from North Bethesda Camera Club



At left, Mesa Verde National Park in Colorado. At right, the scenic sandstone Valley of the Gods in Utah. Below, right: the Bisti Wilderness in New Mexico. The three images are featured in the Camera Club's photo matinee on Sunday, March. 18. Photos by Joanne and Larry Mars

by Fred Shapiro

Rossmoor Camera Club's monthly slideshow matinee presents Photo Essay Day featuring photographs

taken by members of the North Bethesda Camera Club. The program is on Sunday, March 18, at 3:30 p.m. in the Clubhouse II auditorium. This program marks the

32nd year that the North Bethesda Camera Club has presented slideshows in the Montgomery County community. A number of Leisure World residents are active members of the club.

Photo essays are comparable to mini-movies that illustrate stories with photos taken by the presenter. Photos depicting travel locales, nature and landscapes and culture and art are heavily featured in this year's show.

Photo Essay Day attendees will see "Exotic Morocco," "The Canals of Venice," "Wild Namibia," "Farm Life of Western Maryland," "The Many Faces of Love (In Dance)," and "Baltimore's HONfest." Rossmoor Camera Club members Joanne and Larry Mars have contributed "Sculptured Landscapes of the Southwest."

Club Information

Rossmoor Camera Club's mission is to bring its members and other residents interesting and entertaining slideshows, as well as encourage residents to join the Club and develop their photography skills.

Club members also participate in educational programs to develop their digital photography skills, hang photos in community exhibitions and enter their work in monthly competitions.



■ Education and Recreation Department

March 24: 'Death at the Palace Theater'

It's 1932 and, backstage at the world-renowned Palace Theater in New York City, a former song and dance team, The Singing Rooneys, reminisce about their almost 40 years in Vaudeville.

Chris Ryan and Jerry Katz portray the married Vaudevillian song and dance team as they perform 29 classic tunes, all published prior to 1933. Many of these songs are still sung today even though they were introduced nearly a 100 years

ago, such as "It Had to be You," "Over There," "You're Getting to be a Habit with Me" and "I Can't Give You Anything but Love."

Also included in the show are a performance by a magician, a numerologist act and a Burns and Allen comedy routine, all performed by Ryan and Katz.



Chris Ryan and Jerry Katz at the Singing Rooneys, courtesy photo

Ryan and Katz have been singing and performing together for eight years and the E&R Department is pleased to bring them back for their performance of "Death at the Palace Theater" on Saturday, March 24, at 7 p.m., in the Clubhouse II auditorium. Tickets are \$8 per person and on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

■ Ballroom Dance Club

March 24: Spring Arrives with Swing'N On A Star

by Joyce Hendrix

The Ballroom Dance Club welcomes Swing'N On A Star to play at its first spring dance on Saturday, March 24, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

The band is an eclectic group of performers that includes a touring cast member of the Broadway hit play, "Swinging On A Star," a Best Supporting Actress in a Maryland One Act Play Festival and a finalist in a Billie Holiday competition.

In addition to being excellent musicians, by day these band members are an MBA, CPA, member of the Baltimore Symphony Orchestra, and owner and operator of a dental lab.

Make reservations by

Thursday, March 22, with Connie Roby at (240-393-9808) to ensure a seat at your favorite table. Attire for the March dance is dressy for the ladies and jackets and ties for the gentlemen. Doors open at 7 p.m., with music from 7:30-10:30 p.m.

The Club is still renewing memberships for residents at \$10 per person, which guarantees \$10 admission per dance. Guests and non-members pay \$15.

The music at Club dances ranges from country to Broadway, but always includes slow waltzes, foxtrots, Viennese waltzes, rumbas, sambas, merengues, cha chas, tangos and maybe a quickstep or polka.

Make reservations, put on your dancing shoes and come dance with us on March 24.



■ Leisure World Association for African American Culture (LWAAAC)

April 6: Come to the Latin Dance Party

by Patricia Means

Hispanos de Leisure World and LWAAAC co-host the second annual Latin Dance Party on Friday, April 6, from 6-10 p.m. in the Clubhouse I Crystal Ballroom.

Hors d'oeuvres and a cash bar will be available during the cocktail hour from 6-7 p.m. Dancing begins at 7 p.m. with music by the Grupo Quimbao Latin Band.

Last year's party, with its non-stop drum beat (timbales), congas, piano and vocals, had hip swaying dancers on the floor throughout an enjoyable evening. Other attendees

listened and foot-tapped to the Latin sounds.

Tickets, \$20 per person, check only, payable to LWAAAC, are on sale in the Clubhouse I E&R office. Ticket sales end on Wednesday, April 4. Reserved tables of 10 may be purchased.



Grupo Quimbao Latin Band, courtesy photo

■ Education and Recreation Department

April 7: Showcase of International Dance

With a motto of "using music and dance to build bridges across cultures," Studio Artemis presents an entertaining and exhilarating show of international dance.

Its versatile and multitalented cast members come from Belgium, Italy, Greece, Turkey and the U.S. and will delight in a fun-filled concert on Saturday, April 7, at 7 p.m. in the Clubhouse II auditorium.

The dance troupe performs exciting and colorful dances from Spain, Turkey, Egypt, Greece, Argentina, Russia and the U.S. From the sizzling Argentine tango to the swirling skirts of the Russian Romany gypsies, from the tavernas of Greece to the sultan's palaces of Cairo and Istanbul, from the streets of Spain to the swing clubs of America...East meets West on the stage.



Studio Artemis dancer, courtesy photo

Sponsored by the E&R Department, this performance is free, but tickets are required; limit two per household.

Tickets are available in both clubhouse E&R offices. Please bring your Leisure World ID.

EDUCATION AND RECREATION DEPARTMENT

Phone Numbers and Hours of Operation

CLUBHOUSE I – 301-598-1300

Monday-Friday: 8:30 a.m.-9 p.m.

Saturday-Sunday: 10 a.m.-8 p.m. and some holidays

Closed Christmas, Thanksgiving and New Year's Day

CLUBHOUSE II – 301-598-1320

Monday-Friday: 7:30 a.m.-8 p.m.

Saturday-Sunday: 8 a.m.-8 p.m. and some holidays

Closed Christmas, Thanksgiving and New Year's Day

Updates to, or changes in, hours of operation (such as weather-related closings) can be found on TV channel 972, at (residents. lwmc.com) or by calling (301-598-1313).

RECYCLING REMINDER



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From the Sanitation Department

■ Fireside Forum

April 8: The African-American Experience as Told Through Artwork

by Jonas Weiss

Cindy S. Aron, an American historian, author and docent at the Smithsonian American Art Museum in Washington, D.C., presents a Fireside Forum program on Sunday, April 8, at 2:30 p.m. in the Clubhouse II auditorium.

Aron's talk highlights artwork by African-American artists, while exploring the African-American experience. It follows the story through

slavery, the Civil War, Jim Crow and the Civil Rights movement. She closes with an exploration of works by contemporary African-American artists.



Cindy S. Aron, courtesy photo

Aron is an alumna of Brandeis University and the University of Maryland, and a former professor of history at the University of Virginia. She enjoys giving tours to groups of adults and school children at the Smithsonian American Art Museum.

Joan Hecht is the host for the speaker.

■ The Inter-Faith Chapel

April 8: Piano Concert at the Chapel

by Marian Hayden

On Sunday, April 8, The Inter-Faith Chapel's music program presents a piano concert by resident Dr. Charles Garner.

Garner, along with other musicians, performs his piano compositions and a variety of piano classics. The concert also features a bass baritone.

Garner holds a bachelor's of music in piano from Cleveland Institute of Music, a master's in composition and theory from Boston University; and a doctorate in education from Teachers College at Columbia University.

He is the recipient of many honors and awards, including the prestigious Ditson Award from Yale University.

His compositions are published by G.I.A. Publishers, Chicago, Illinois.

The concert is at 3 p.m. in The Inter-Faith Chapel and all residents and their guests are welcome to attend. A reception immediately follows the concert.

The event is free; tickets are not required.

For more information, contact Kevin M. Clemens, director of music, at (k.clemens@inter-faithchapel.org) or (301 598-5312).

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■ AIM (Arts in Motion)

April 13: Thad Wilson Jazz Orchestra



The Thad Wilson Jazz Orchestra, courtesy photo

by York Van Nixon III

Café AIM rivals the expensive venues of Georgetown and Bethesda, Maryland. For the price of parking, residents hear the same headline entertainment as those who are not lucky enough to call Leisure World home.

When the concert is over, instead of spending an hour in traffic, residents can choose to stroll home. And because the price of admission includes all-you-can-eat hors d'oeuvres and snacks during the cocktail hour, performance-goers can just relax when they get home and think about all there is to do in their community tomorrow.

Thad Wilson Jazz Orchestra

On the heels of engagements at The Kennedy Center, Bethesda Blues and Jazz Supper Club, and Blues Alley, the Thad Wilson Jazz Orchestra returns to Café AIM on Friday, April 13.

Wilson brings his 13-piece orchestra with vocalist Steve Washington. Tickets for this must-see event are \$25 per person, check only, payable to AIM, and on sale at the Clubhouse I E&R office.



Vocalist Steve Washington, courtesy photo

Admission includes hors d'oeuvres and snacks. Cocktails begin at 5 p.m., and the show starts at 6 p.m.

Reserved tables of eight or more are limited to members only. For more information or to join AIM, visit (AimArts.net).



Coming in 2018

The E&R Department is pleased to provide the following programs.

- March 17, 7 p.m. Hurley School of Irish Dance – St. Patrick's Day Performance
- March 24, 7 p.m. Gerry Katz – Death at the Palace Theatre
- April 7, 7 p.m. Artemis International Dance Group
- April 21, 9:30 a.m. Spring Flea Market
- April 22, 7 p.m. Ovation Dinner Theatre – Murder Take 2
- April 28, 7 p.m. The Rat Pack Together Again
- May 14, 2 p.m. Concert Pianist Solomon Eichner

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

It's Time for the Spring 2018 Flea Market

Join your friends and fellow residents on Saturday, April 21, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom and Maryland Room for the semi-annual Leisure World Flea Market.

Sign up for market space in the Clubhouse I E&R office beginning 8:30 a.m. on Tuesday, March 20, through Friday, April 13, or until space is filled.

Residents only are eligible to rent vendor space at the market and a resident must be present at the table at all times.

To accommodate the greatest number of residents and groups, space is limited to a maximum of 12 feet of space (the equivalent of two 3x6 tables or one 3x6 table and one rack) per rental. Tables can be rented at \$18 for 3x6 and \$9 for 3x3.

One chair is provided for a 3x3 table, and two for a 3x6

table. The fee for extra chairs is \$1 each. A limited number of clothing racks are available to rent for \$10 each.

Payment can be made by check, payable to Leisure World of Maryland Corporation, or by MasterCard, Discover or VISA.

Tables, chairs or racks cannot be brought into the sale. (Display racks that fit on top of rented tables are okay).

Merchandise may not be placed on chairs, next to or in front of tables and racks. Space is limited. Placing items around the rented space impedes traffic and is a major safety concern and therefore is not permitted.

Beginning Saturday, April 21, at 7:30 a.m., numbers are given out to flea market vendors who want help with bringing merchandise into the clubhouse.

Market vendors may begin

bringing in their merchandise at 8 a.m. The market opens to the general public at 9:30 a.m.

Keep in mind that clothing offered for sale at the market must be clean and in good condition.

Vendors are reminded that they must remove all unsold merchandise and debris (boxes, hangers, wrapping materials, etc.) when they leave.

Individuals and organiza-

tions are responsible for the collection and payment of sales tax.

You may obtain this sales tax license from the Maryland State Department of Assessments and Taxation at (taxes.marylandtaxes.gov/Business_Taxes/Business_Tax_Types/Sales_and_Use_Tax/).

Remember, the items you are willing to part with may be your neighbor's sought-after treasures.

Join us for a fun-filled day!



You're Invited!



Come meet **Sidney Katz** District 3 Councilmember running for re-election!

Thursday, May 17
6:30 pm
Ballroom, Leisure World

Please email info@sidneykatz.com with questions and visit sidneykatz.com to learn more

By Authority of Friends of Sidney Katz, Allen J. Katz, Treasurer

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■ Education and Recreation Department

April 22: 'Til Death Do Us Part



The cast of Ovation Dinner Theater's murder mystery dinner, courtesy photo

The E&R Department presents an Ovation Dinner Theatre murder mystery dinner on Sunday, April 22, in the Clubhouse I Crystal Ballroom. Doors open at 5:30 p.m., dinner is served at 6 p.m. and the show begins at 6:30 p.m.

Be part of the fun in this 1940's film noir, audience interactive, comedy murder mystery, featuring many of your favorite "film stars." The production also includes as many as 15 special roles for members of the dining audience.

The plot unfolds as an aging Hollywood icon is mysteriously murdered during a gala, and it's believed that one of the dinner guests is the murderer! C.B. DeMillstone has lost his

diva to murder. Reporters Dame Maggie Thatcher Churchill Downs and Jimmy help guide dinner guests along with clues, as Detective Lime and "EZ" attempt to solve the murder. Who has committed this crime?

The cost of \$42 per person includes the show and a three-course dinner. Entrées include beef tenderloin, salmon, or chicken Marsala. Entrée selection is made when purchasing tickets. A cash bar is also available.

Tickets are on sale in the Clubhouse I E&R office. If you wish to be seated with friends, all payments must be submitted together. Payment by check should include meal selection on the memo line. Please bring your Leisure World ID.

■ Education and Recreation Department

■ Foundation of Leisure World

April 28: The Rat Pack Together Again

This toast to The Rat Pack takes you on a musical journey that features some of the greatest hits from the legendary Frank Sinatra, Dean "Dino" Martin and Sammy Davis Jr.

Tony Sands as Sinatra sings "Old Blue Eyes" classics like "Come Fly with Me," "My Way" and "New York, New York."

He is joined by Johnny Pettillo as "Dino" crooning "Everybody Loves Somebody" and Geno Monroe as the dynamic Sammy Davis Jr. with renditions of his "Mr. Bojangles" and "Candy Man."

The trio's songs and comedy will have you thinking that you have

stepped back in time, a time when The Rat Pack was in its heyday.

Sponsored by the Foundation of Leisure World and the E&R Department, the show is on Saturday, April 28, at 7 p.m. in the Clubhouse II auditorium.

Tickets are \$15 per person and are on sale beginning Tuesday, March 20, at 8:30 a.m. in both clubhouse E&R offices.

Please bring your Leisure World ID.

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law.



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March 26: 'The Silk Road' Travel Video

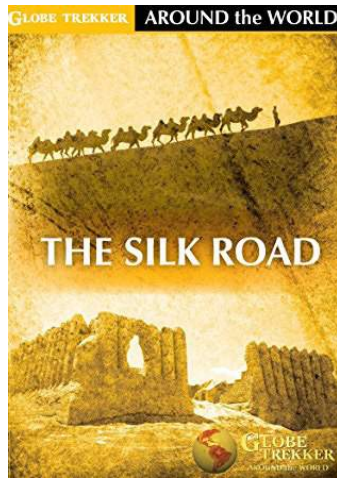
by Bob Stromberg

The Foundation of Leisure World presents part one of an exciting travel video from the Globe Trekker Around the World series, "The Silk Road: Xi'an to Kashgar," on Monday, March 26, at 2 p.m. in the Clubhouse II auditorium. Part two is shown on Monday, April 9, also at 2 p.m. in the Clubhouse II auditorium.

The Silk Road was a number of ancient trade routes connecting East and West. Although silk was a major item traded, many other goods passed between different cultures and civilizations along the routes.

In Part I, host Megan McCormick travels along a section of China's Silk Road, exploring the country's ancient past. She begins in the ancient capital city, Xi'an, visiting the Terracotta Warriors, continuing through Gansu Province, and visiting the oasis towns of Jiayuguan and Dunhuang.

She camel rides across Dunhuang's sand dunes



into Xinjiang, and then digs for jade in Khotan before visiting the livestock market in Kashgar. Her journey ends in the stunning Pamir Mountains at China's Western border.



This event is free and open to all residents and their guests. Light refreshments immediately follow the program.

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes.

Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law.

2018 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
March 25, 2 p.m.	The Shack	NOW
April 19, 1 p.m.	Queen of Katwe	March 20
April 29, 2 p.m.	The Dressmaker	April 10
May 17, 1 p.m.	Paris Can Wait	April 24
May 27, 2 p.m.	Going in Style	May 8
June 10, 2 p.m.	Lions	May 22

Movies are subject to change.

PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.

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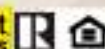
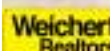
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"We have been amazed by Leo's dedication to helping us find the right place..." Gordon Smith

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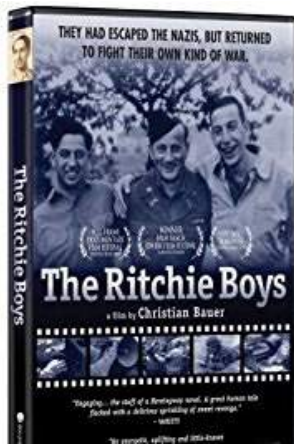
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■ **Jewish Residents of Leisure World**

March 28: JRLW Screens 'The Ritchie Boys'

by Jonas Weiss

Jewish Residents of Leisure World (JRLW) and Coming of Age in Maryland present the movie "The Ritchie Boys" (2004, 1 hour 30 minutes, documentary/history/war, not rated) on Wednesday, March 28, at 1:30 p.m. in the Clubhouse II auditorium.



During World War II, the U.S. formed an elite intelligence unit of mostly German-Jewish academics at Camp Ritchie, Maryland, where they were trained to enter war zones to collect information. The surviving members of the group, nicknamed "Ritchie Boys," tell their witty and fascinating stories in this historic documentary. The film captures the insanity of war and the power of refusing to give up a sense of humor.

A discussion follows the presentation. Tickets, \$7 per person, check only, payable to JRLW, are available at the Clubhouse I E&R office. All residents are welcome.

■ **Education and Recreation Department**

Thursday Afternoon at the Movies

April 19: 'Queen of Katwe'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the Clubhouse II auditorium.

On April 19, the presentation is "Queen of Katwe" (2016, 2 hours 40 minutes, biography/drama/sport, rated PG for thematic elements, an accident scene and some suggestive material).


"Queen of Katwe" is based on the vibrant, true story of a Ugandan girl, Nakku Harriet, whose life is forever changed when she discovers she has an amazing talent for chess.

This Disney production, directed by Mira Nair, features Lupita Nyong'o as Nakku Harriet and David Oyelowo as Robert Katende, and was filmed on location in Uganda and South Africa.



Free tickets, limit two per person, are required and can be obtained beginning Tuesday, March 20, at 8:30 a.m. in either clubhouse E&R office. Please bring your Leisure World ID.


Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.







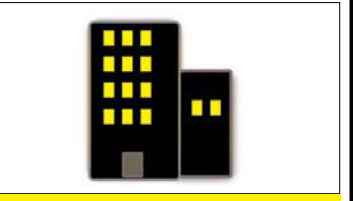





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 <p>LISTING JUST SOLD! \$99,000 "Hampton" Co-op Apartment 2BR, 1FB, full-size w/d in unit, all utilities included in monthly fee, assigned parking!</p>	 <p>LISTING & BUYER SOLD! \$254,900 English Village Condo Patio Home 2BR, 2FB, 2-car gar, enclosed patio w/ low-maintenance fence & gate, all electric, utilities included.</p>	 <p>LISTING JUST SOLD! \$439,900 Creekside Mid-Rise "H" Garage spc, 2BR + den, 2FB, end unit, multiple exposures, HWD flrs, exquisite kit w/ granite!</p>	 <p>BUYER JUST SOLD! \$520,000 The Overlook "L" w/ Garage 3BR, 2.5BA, end unit, golf course views, updated kit, HWDS, sep DR, expansive enclosed balcony!</p>	 <p>LISTING JUST SOLD! \$670,000 Regency "Arts & Crafts" Model 13-years young, 2-level, luxury detached home, 4BR, 3FB, great room, gas FP, deck, 2-car garage!</p>

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Easter SUNDAY Dinner!



Sunday, April 1st in the Crystal Ballroom
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- Tender Leg of Lamb
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- Fresh Broiled Salmon
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- Roasted Brussels Sprouts
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- Assorted Cakes and Pies

**Available for 12:30 p.m., 3:00 p.m., or 5:30 p.m.
Call 301-598-1330 to make reservations*

Dessert?

Even if you decide to leave the community for dinner, stop by Clubhouse Grille afterwards for dessert and coffee; maybe even a drink.

Enjoy coffee and any dessert for only \$4 after 8 p.m.

Also available:

- Irish Coffee\$3
- Grand Marnier\$5
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ALL BEER AND HOUSE WINES ONLY \$3

Clubhouse Grille Hours: Tues. – Sat.: 4 p.m. – 10 p.m. | Sundays: 9:30 a.m. – 3:30 p.m.

Stein and Terrace Room Hours: Sunday: 9:30 a.m. – 8 p.m. | Mon.– Tues.: 9 a.m. – 8 p.m. | Wed.– Sat.: 9 a.m. – 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

Health Advisory Committee

Volunteer Nurses Needed for Blood Pressure Readings

by Sandra McLeskey

Do you have high blood pressure? Did you know that residents can have their blood pressure taken on the first and third Tuesday of each month in Clubhouse I?

For years, residents who are nurses have provided this valuable service to other residents, most recently under the sponsorship of the Health

Advisory Committee. But lately, some of the nurses have had to stop participating, so more volunteers are needed.

Residents who are nurses and would like to donate their time to help others are asked to call Muriel Brenner at (301-598-4523).

Free blood pressure testing is available on the first and third Tuesdays of the month from 9-11 a.m.

Emergency Preparedness Advisory Committee

Health Advisory Committee

April 11: Personal Preparedness and the Hazards of Clutter

by Emily Geller

On Wednesday, April 11, emergency and social services personnel present a workshop on “Personal Preparedness and the Hazards of Clutter” from 1-4 p.m. in the Clubhouse I Crystal Ballroom.

The Emergency Preparedness and Health Advisory Committees have joined forces to present multiple speakers who are experienced in disaster rescue, the hazards of clutter and working with people to reduce clutter.

Speakers include Candice Covin, disaster program manager for the American Red Cross; Dee Howard Richards, assistant chief of communications for the Montgomery County Fire and Rescue Services; Richard Merck from the Montgomery County Fire Marshal’s office;

Susan Montgomery, director of Social Services at Leisure World; and Donna Eichelberger, founder of Graceful Transitions, an organization that helps seniors reduce clutter and cope with life transitions.

After the speakers’ presentations, the audience is separated into breakout sessions, where attendees are able to share experiences and ask questions. Refreshments are served during intermission and door prizes are awarded at the end of the program.

The workshop is free, but residents are asked to register by calling the Clubhouse I E&R office at (301-598-1300) beginning on March 20 at 8:30 a.m.

Residents may each bring a guest from outside Leisure World. Notify the main gate in advance by calling (301-598-1044) and providing the guest’s name.

Health Advisory Committee

March 28: Audiologists Discuss Tinnitus

by Leisure World News

The Health Advisory Committee sponsors a presentation on tinnitus on Wednesday, March 28, at 10 a.m. in Clubhouse I.

Dr. Julie Boiano Ambrose, audiologist at Ascent Audiology and Hearing at the MedStar Health medical clinic, and Dr. Ryan Horan, also an audiologist, explain what the condition is and how it is treated, and answer questions from the audience.

Tinnitus – the perception of sound when no actual sound is present – is a condition that

affects 50 million Americans. Some people develop acute tinnitus as a result of an illness, medication or exposure to loud music, while others live with chronic tinnitus.

All residents are also welcome to schedule a free tinnitus evaluation and consultation with Ascent Audiology and Hearing by calling (301-468-7670). For more information, visit (www.hearingaidDoctors.com).

The March 28 presentation is free for residents and their guests. Tickets are not required, but residents are asked to sign up at the Clubhouse I E&R office or call (301-598-1300).

Health Advisory Committee

April 13: ‘Self-Care Through Mindfulness’

by George Stricker

The Mental Health Subcommittee of the Health Advisory Committee sponsors a lecture presented by Dr. Patrice Alvarado entitled “Self-Care Through Mindfulness” on Friday, April 13, at 11 a.m. in Clubhouse I.

Alvarado discusses how mindfulness – bringing nonjudgmental awareness to one’s experience in the present moment – decreases stress and promotes better self-care.

Participants learn mindfulness practices that reduce distress and increase well-being on their own, as well as ways to bring mindfulness to all self-care practices, such as diet and exercise, to increase their effectiveness.

Alvarado is a licensed clinical psychologist in private practice in Manassas, Virginia, where she provides psychotherapy services to adults, children, teens and families.

She conducts mindfulness therapy groups, programs and daylong retreats for adults and teens, and provides training for graduate students and professionals in mindfulness-based psychotherapy.

Alvarado is also a part-time adjunct professor in a clinical psychology doctoral program. She has been teaching and practicing mindfulness for more than two decades.

The presentation is free, but tickets are required and can be obtained beginning Tuesday, March 20, at 8:30 a.m. at the Clubhouse I E&R office. The Committee looks forward to a large crowd for this stimulating offering.



Dr. Patrice Alvarado, courtesy photo

FISH Lends Assistive Equipment

by Beth Leanza

FISH lends various types of assistive equipment, such as wheelchairs, walkers, commodes and tub stools, to residents and employees of Leisure World.

The volunteer organization is here to help when life offers lemons. Volunteers can't turn them into lemonade, but they can try to make them a little less sour!

FISH suggests a loan period of one to three months for the assistive equipment. Many times the need is temporary, but residents

who wish to keep a borrowed item can contact FISH president Beth Leanza at (301-598-4569). Let household members know that an item

came from FISH so that it can be returned when no longer needed.

The office also receives other medical items such as incontinence pads, blood pressure equipment and comfort cushions.

Items not listed in the office's inventory are given away to residents.

A lot of these giveaways are in the FISH office's closet on the lowest two shelves, and residents are welcome to come and have a look for items they need.

Charity

FISH is also the place where other organizations can set up a collection box. Some organizations just have a short period for the collection, while others have ongoing collections.

The Lions and Kiwanis Clubs are always ready to receive glasses, hearing aids and can tabs.

St. Jude's Ranch for Children is no longer accepting used greeting cards. The FISH office has an address where residents can donate their empty prescription bottles.

The sender incurs all postage charges.

General Information

Staffed by volunteers, the FISH office is open Monday to Friday from 10 a.m.-4 p.m. (except major holidays). The phone number is (301-598-1345).

E&R staff in Clubhouse II can assist residents before or after hours or on weekends.

FISH also houses lost and found items.

FISH is an acronym that stands for Friends in Sickness and Health.

Other FISH organizations exist around the world, but they all act independently of each other and make up their own definitions for the acronym.



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- club information
- governance documents
- your mutual information

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. Hospice Caring Inc. sponsors group meetings. Registration and a phone conversation with Anne Baker, director of adult bereavement at Hospice Caring Inc., is required before attending. If interested, please call Anne at (301-990-0854).

Essential Tremor Group: Hello to all those with Essential Tremor. We have missed seeing you at our meetings. Where have you been? The Essential Tremor Group meets at 10:30 a.m. the first Thursday of the month in Clubhouse I. There have been some exciting, new developments in research, such as a new tablet that measure the

tremors in your hands and possibly the voice, that have been discussed. Try to come to the next meeting on April 5 at 10:30 a.m. to find out about more new research and to meet other people with Essential Tremor. If you have any questions, please call Marlene Golden at (301-438-7773).

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, contact Diane Vance at (240-428-1342) or (dvance@alz.org).

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings (except July and August) on the second Wednesday from 1:30-3:30 p.m. in Clubhouse II. No registration is needed and all are welcome. For more information, contact Sally MacDonald at (240-669-4233) or (sn3macd@aol.com).

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Leisure World News is also available on residents.lwmc.com under "Your Community"

The Karen Rollings Team



Karen Rollings



Kathy Workman



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3330 LEISURE WORLD BLVD #5-922	FAIRWAYS SOUTH	Hi-Rise 9+ Floors	1	1.5	\$129,900	\$129,900	\$3,450
15107 INTERLACHEN DR #209	LEISURE WORLD	Hi-Rise 9+ Floors	2	2	\$155,000	\$141,000	\$0
3630 GLENEAGLES DR #8-3A	MONTGOMERY MUTUAL	Garden 1-4 Floors	1	1	\$74,900	\$70,000	\$0
3501 LEISURE WLD BLVD #31-1C	MONTGOMERY MUTUAL	Garden 1-4 Floors	2	1.5	\$125,000	\$129,000	\$0
3599 LEISURE WORLD BLVD S #20-A	MONTGOMERY MUTUAL	Townhouse	2	3	\$169,000	\$169,000	\$0
3441 LEISURE WORLD BLVD #84-2B	MONTGOMERY MUTUAL	Garden 1-4 Floors	2	1	\$104,900	\$105,000	\$0
3510 FOREST EDGE DR #16-2A	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	3	2	\$189,000	\$175,900	\$0
15101 GLADE DR #10-2F	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	1	1.5	\$86,500	\$86,500	\$0
15407 PRINCE FREDERICK WAY #98-C	ROSSMOOR MUTUAL #16	Patio Home	3	2	\$449,000	\$437,000	\$0
3242 GLENEAGLES DR #102-1E	ROSSMOOR MUTUAL #5	Garden 1-4 Floors	2	2	\$169,900	\$169,900	\$0
3536 FISKE TER #149-A	ROSSMOOR MUTUAL #9	Patio Home	2	1	\$239,000	\$236,500	\$0
2900 LEISURE WORLD BLVD #314	TURNBERRY COURTS	Mid-Rise 5-8 Floors	2	2	\$305,000	\$300,000	\$0
3200 LEISURE WORLD BLVD E #308	VANTAGE POINT EAST	Hi-Rise 9+ Floors	2	2	\$274,000	\$255,000	\$0
3210 LEISURE WORLD BLVD #619	VANTAGE POINT WEST	Hi-Rise 9+ Floors	1	1.5	\$157,000	\$157,000	\$0
14809 PENNFIELD CIR #212	VILLA CORTESE	Garden 1-4 Floors	2	2	\$218,000	\$212,000	\$0



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CLUBS, GROUPS & Organizations

■ Garden and Environmental Club

Buy a Ticket for the Annual Spring Tea

by Jean DeSchraver

Residents and their guests are invited to attend the Garden and Environmental Club's Annual Spring Tea on Tuesday, March 27, 1-3 p.m. in the Clubhouse I Crystal Ballroom. Doors open at 12:30 p.m. to allow time for guests to peruse the prize table.

Tickets are sold on Friday, March 16, and Wednesday, March 21, through Friday, March 23, in the Clubhouse I lobby. Tickets are \$15 per person, checks and cash accepted, and must be purchased in advance. No tickets are sold at the door. Make checks payable to Garden and Environmental Club.

Besides tea, the menu includes tea sandwiches, scones and delicious homemade desserts.

Hats are not required, but guests are encouraged to wear one to enter the

chapeau contest. Prizes are awarded for the Most Beautiful Hat, the Most Creative Hat and the Most Whimsical Hat.

Proceeds from the Annual Spring Tea are used to purchase a tree, to be planted on Arbor Day, Friday, April 27, at Leisure World.

The Club has planted a tree every year for the past 30 years. All but four are still growing, and have markers which identify the tree with its Latin and common name.

The Garden and Environmental Club members look forward to welcoming residents, their guests and other Club's members to its Annual Spring Tea. Groups may reserve a table for their guests.

For more information, contact tea chair Jean DeSchraver at (301-408-8656) or (jdeschraver@aol.com).



A Kwanzan cherry tree, planted by the Garden and Environmental Club in 2008, grows near the golf pro shop. Proceeds from the Club's Annual Spring Tea have been used to purchase a tree for planting every Arbor Day for the past 30 years. Photo by Jean DeSchraver

■ Rossmoor Library Guild

'God, Country and Self-Interest: A Social History of the World War II Rank and File'

by Barbara Long

The book "God, Country and Self-Interest: A Social History of the World War II Rank and File" by Toby Terrar tells the story of two persons – a young, Catholic native of Kansas who joined the Navy and his soon to be bride, a Navy nurse, Southerner and Methodist.

Their individual stories combine into a tale of military service, travel and history during a time of upheaval in the U.S. and overseas.

The man, the author's father, and the woman, his mother, create a family saga that includes institutional, social and military history. The author draws on a rich volume of personal letters, photographs and interviews, all written in meticulous detail.

Edward Terrar, Sr. became

a Navy carrier pilot, and saw combat in the South Pacific. His wife, a Navy nurse, was stationed in several locations in California.

The effects of separation, such as raising a child alone as a working mother, were part of the war. Their stories are told in careful detail, reflecting how the rank and file made the best of a war not of their making.

What did "For God and Country" actually mean in everyday working life? What did patriotism and the golden rule mean for America's working people?

This book focuses on the war in a way that runs counter to such works as Brokaw's "Greatest Generation."

Terrar's meticulous detail to the lives of working people brings the period of World War II alive. The book is available for checkout in the library in Clubhouse I.

■ The Vegetarian Society of Leisure World (VSLW)

April 10: Learn About Vegetarian Health

by Bob Fenichel

The VSLW monthly meeting on Tuesday, April 10, at 7 p.m. in Clubhouse II features a one-hour video on vegetarian health.

The video's title will be announced in advance by email to members on the VSLW Google group. To be added to the group's email list, contact secretary Iris

Wolf at (leonardbwolf@msn.com).

Additional information on VSLW activities is at (www.vslw.org). Please note that everybody is welcome at VSLW activities; you don't have to be a vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

March 27: Gardens Photo Competition

by Fred Shapiro

The monthly competition of the Rossmoor Camera Club is on Tuesday, March 27, at 7 p.m. in Clubhouse II. The competition's subject is Gardens.

It is the last competition that specifies a photographic subject, and artist and resident Ann Bolt is its judge.

Bolt spent time in the darkroom at the University of Missouri and discovered some of the tricks to manipulating a photo. She has always taken photos for the groups she belongs to and during her travels. She sometimes uses reference photos in preparation for her next painting at the art studio.

She has judged artwork at county fairs and local photography contests. More often, she's on the receiving end of critiques at some of the Rossmoor Art Guild's art classes.

Bolt has had cameras stolen in Washington, D.C., dropped them on the stones of Edinburgh Castle in Scotland and misplaced them in the backs of drawers, but still, a camera is usually at hand.

April Competition

Club members, who were selected for awards at previous competitions this year, will prepare for the final competition to determine Photograph of the Year. Club members are asked to review their winning entries and submit them for the competition. The competition is on Tuesday, April 24, at 7 p.m. in Clubhouse II.

Exhibitions

All residents are invited to see the work of Club photographers at both The Inter-Faith Chapel and the Signal Financial Federal Credit Union in the Administration Building during March and April.

The Chapel's theme is "Gardens and Flowers," and the Credit Union's is "Spring Is Here." Take the opportunity to vote for your favorite photograph hanging in the Credit Union.

Competition Winners

The print and digital winners of the interior buildings-themed competition are:

Advanced Prints

1st place: Elaine Selby, "Concert Hall"; 2nd place: Steven Kline, "Corridors at Art Museum"; 3rd place: Jon Fife, "City Chambers, Glasgow"; Honorable Mentions: Joanne Mars, "Theater Ceiling"; Joanne Mars, "Minerva of Peace".

General Prints

1st place: Nina Parish, "Inside the Guggenheim, Bilbao"; 2nd place: Ruth Kaplan, "Netherlands Synagogue"; 3rd place: Gaby Dusan, "Orthodox Cathedral"; Ann Ferren, "Hermitage Museum"; Ruth Kaplan, "Sri Lanka Restaurant."

Advanced Digital

1st place: Larry Mars, "Lighting the Kiva"; 2nd place: Joanne Mars, "Gothic Church"; 3rd place: Brenda Gillum, "Mansion Interior"; Honorable Mentions: Jean DeSchrive, "Vancouver"; Honorable Mentions: Brenda Gillum, "New York Church"; George Kaye,



Rossmoor Art Guild president Ann Bolt hangs artwork in Clubhouse II. Bolt judges the Camera Club's next competition on Tuesday, March 27. Photo by Fred Shapiro

"Mezquita Cordoba Spain"; Stewart Lillard, "Ochs Temple Window Chattanooga"; Larry Mars, "Capitol Rotunda."

General Digital

1st place: Bob Kaplan, "Reflecting Pool"; 2nd place: Nina Parish, "Guggenheim, Bilbao"; 3rd place: Ann Ferren,

"Budapest Museum"; Honorable Mentions: Gaby Dusan, "St. Matthews Cathedral"; Gaby Dusan, "Altar in Baltimore"; Ruth Kaplan, "Iceland Hotel"; Ruth Kaplan, "Burmese Temple"; Nina Parish, "Sagrada Familia"; Woody Shields, "Baltimore Entrance"; Woody Shields, "Gaylord Chandelier."

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■ **Fun and Fancy Theatre Group**

Players Rehearse for Broadway Tribute Show

by Hannelle Allen

A cast of over 40 Fun and Fancy entertainers are gleefully rehearsing “Broadway Melodies of the 60’s.”

Major highlights include tributes to such hit ‘60s shows as “Oliver!,” “Funny Girl,” “Hello Dolly” and “Cabaret.”

Composing teams like Charles Strauss and Lee Adams, Harvey Schmidt and Tom Jones and Anthony Newley and Leslie Bricusse are honored for their artistic virtuosity.

Six club members make their “big show” debut, and several familiar favorites stretch their talents in roles that will surprise audiences.

Reserved seating tickets, \$10 per person, are on sale Monday through Friday beginning April 2, from 11 a.m.-2 p.m. in the Clubhouse I lobby. Tickets are also sold on Saturday, April 14, in the Clubhouse II lobby.

Remaining tickets are sold one hour before show time at each performance.

Performances are on Friday, April 13, Saturday, April 14, and Saturday, April 21, at 7:30 p.m., and Sunday, April 22, at 2 p.m. All performances are in the Clubhouse II auditorium.

The Group’s meeting on Wednesday, April 4, offers preview glimpses of this show.

Play Readers

The three play readers groups are going along full steam ahead. All are planning to present short samples at the monthly Fun and Fancy meeting on Wednesday, May 2.

In the meantime, Irene Lunenfeld Shaulis has received several requests to join play readers.

Residents thinking of becoming a member of one of Fun and Fancy’s groups or becoming part of a new group are asked to contact Irene at (Lis4972@verizon.net) to indicate their interest.

Poetry Reading

A wealth of poetry has been written through the ages, expressing joy, sadness and the many other facets of life.

There is something stirring about reading a favorite poem out loud, but it’s even more meaningful when the reader can see the words affect others.

Contact Irene at (Lis4972@verizon.net) to share the words of known and unknown poets at an upcoming poetry reading. Residents must be a member of Fun and Fancy to participate.



Fun and Fancy Theatre Group performers rehearse their upcoming show, “Broadway Melodies of the 60’s,” in the Clubhouse II auditorium. Photo by Fred Shapiro

■ **Gem, Lapidary and Mineral Society of Leisure World**

April 11: Geological Forces that Shaped U.S. Landscape

by Chuck Mason

How did the scenery that Americans enjoy during cross-country trips evolve? Come to the Lapidary Club’s meeting on Wednesday, April 11, at 7 p.m. in Clubhouse II and hear Richard Bambach explain how it all happened over millions and millions of years.



Richard Bambach. Photo by Fred Shapiro

How did that majestic mountain range come to be? How was that spectacular canyon formed? And those magnificent plains – what explains them?

They all have a story to tell, and Bambach tells their tale April 11. He takes attendees to some of the places where he has traveled with camera in hand, and shows their beauty and grandeur while explaining the geological forces and processes that brought them into being.

Bambach taught geology at Smith College for a short time and then joined the faculty of Virginia Tech in

Blacksburg, Virginia, where he taught geology for over 30 years. After retiring, he taught part-time at Harvard

University for another four years.

He has had a long relationship with the Smithsonian Institution where he has specialized in the study of marine fossils, and in prehistoric life, or paleontology.

Bambach is a resident of Leisure World, where he

has been active as a member and past president of the Rossmoor Camera Club.

All residents are welcome to attend the Club’s meetings. Refreshments are available before the meeting is called to order, and the program follows a short business meeting. The Club’s lapidary shop is opened for visitors after the meeting.

For information about the lapidary shop, contact shop steward Mark Parker at (240-723-5860). For information about Club meetings and other activities, contact president Frank Roddy at (301-598-3698).



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'Reflecting' on this Month's Exhibit



Wood Shop Users Group member Gary Weiner, left, anchors the mat cutting board in the Studio; Violet "Vicky" Batkin, center, and her winning colored pencil drawing, "Joey Love," is recognized by Signal Financial Federal Credit Union last month; and at right, a few recent paintings done by RAG members include "Reflections" by Maggi Mannarino, artwork by Patty Elton and Kathleen Hopkins and paintings by Ann Bolt and Violet "Vicky" Batkin, front. Photos by Ann Bolt

by Ann Bolt

A lot is happening at Rossmoor Art Guild (RAG). The Floridian students are returning, and the votes for favorite artist/painting at Signal Financial Federal Credit Union's exhibit have been tallied. Congratulations to Violet "Vicky" Batkin for her painting, "Joey Love."

A new Clubhouse II exhibit by Diane Blum features birds and bears. The winter session is underway in spite of the changeable weather. And Wood Shop Users Group member Gary Weiner helped anchor RAG's mat cutting board.

Clubhouse I Exhibit

The new exhibit in Clubhouse I, themed "Reflection," includes Open Studio paintings featuring lakes, harbors and boats. Some artists are stretching their talents by trying a different medium, others just enjoy painting water scenes, and still others never even saw the ocean until they were 40 years old.

Water-lovers in a "reflective" mood include Violet "Vicky" Batkins, Ann Bolt, Marcie Burroughs, Al Temin, Patty Elton, Maria Clark, Annette Crowe, Nancy Albrecht and Kathy Hopkins. Maggi Mannarino catches the reflection off blue and tan glass, and Dee Williams' "Reflections" gives onlookers a bit of the bright and lively.

General Exhibit

The General exhibit, with no particular theme, includes first-time exhibitor Odette Levesque, showing off her work in oil. Gehan Elgamal, another first time exhibitor at RAG, shows off her clever ideas in the library.

Other exhibitors for March include Ingrid Barnes, Donna Ward, Faith Chin, Patricia Elton, Kathy Hopkins, Patty Marx, Jeanette Champain, Jeanette Schuder, Donna Leonard, Ron Sirkis, Ann Bolt and Nancy Veit. The exhibit is on display in Clubhouse I.

Spring Fling Presenter

With great anticipation, RAG invites Bertrand Mao to be guest presenter at the Spring Fling on Saturday, April 21. He is a master Chinese ink brush painter and calligrapher.

If oil and watercolor

painting are losing their spark for some folks, they can try applying a few brush strokes in the Chinese manner. He covers everything from brushes, inks and how to hold the brush, which should give local artists a few challenges.

Mao is an artist in residence at VisArts in Rockville, Mary-

land. All are welcome.

Classes

The six-week session ends Saturday, March 31. After a week break, the Spring session begins the week of Monday, April 9. RAG holds so many opportunities to bring that inner artist to the fore; join us.

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'Biographies of Controversial Famous People'

by Fred Shapiro

The Center for Lifelong Learning (CLL) presents a series of classes that delve into the biographies of people who were not necessarily on the right side of public opinion.

George Birnbaum explores the backgrounds and personalities of four men with controversial histories in a series of classes that begin Friday, May 4.

During four classes, Birnbaum analyzes the lives of four unusual men with considerable achievements under their belts, including Moses Annenberg, Walter Annenberg, Armand Hammer and Menachem Begin.

Moses Annenberg arrived in the U.S. as a child and created a publishing empire. He was convicted of income tax evasion. Walter Annenberg avoided jail and expanded his father's business. His friend President Nixon sent him to London to be the U.S. Ambassador to the U.K.

Hammer exploited his meeting with

Lenin to become a wealthy art collector and dealer. Later he outmaneuvered his competitors to create a major oil company. Begin was a terrorist who became an internationally respected prime minister of Israel.

Birnbaum himself brings a very unusual background to the class. He was born in Krakow, Poland, and survived the Holocaust in Poland and Hungary. After World War II he lived in Vienna, Austria, and finished secondary school. In 1952, Birnbaum immigrated to New York. He studied chemistry at Columbia University and earned a doctorate degree.

His subsequent research career included five years at the Columbia Medical Center researching molecular biology. He then spent 30 years working at the National Research Council in Ottawa, Canada, centered on structural chemistry and structural biology.

Twenty years ago, Birnbaum moved to Maryland where he became involved in seminars at the Bender Jewish Community



George Birnbaum. Photo by Fred Shapiro

Center of Greater Washington in Rockville, Maryland, as a student, lecturer and currently as a member of the continuing education committee. He has been an instructor at Leisure World for several years.

For course registration details, see the Classes and Seminars section of this publication. For more information about all CLL courses and lectures, see (www.clld.com).

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'Reflective Writing: Finding Your True Voice'

by Arthur N. Popper

Many residents enjoy writing – some do it professionally, while others write to share experiences, ideas and stories with their friends, families and others.

What people often do not write about, however, are deeply personal and perhaps painful events in their lives that “haunt” them. Often, those experiences are buried in the subconscious, and writing about them can be

difficult. But writing about such events may actually be a path to healing.

Learning to write about difficult events often requires help and guidance to develop the ability to share the ideas, even with oneself. Indeed, one way of healing the wounds is to write about these experiences in an open, nonjudgmental environment away from the heat of the moment. This writing method, called reflective writing, provides an opportunity to examine crucial past experiences.

Reflective writing is the focus of a new course from the Center for Lifelong Learning (CLL) that is given by resident Martha Witebsky. “Reflective Writing: Finding Your True Voice” is not a class in the conventional sense. The approach prompts the writer to explore thoughts as they flow through the mind by asking the question, “what do I mean by...?”

In the first session, scheduled for Tuesday, April 17, Witebsky explains the technique of reflective writing and gives some written examples. And then the class gathers around a table to write for 25 minutes, followed by class members voluntarily sharing what they wrote.

The objective is to explore thoughts that have been repressed and, perhaps, have kept the writer from functioning as well as she or he could. The practice is different from meditation in that the class explores thoughts, rather than freeing them from the mind. The five

remaining sessions follow the same format, but the introduction is much shorter and related to the material from previous sessions.



Martha Witebsky, courtesy photo

Witebsky was born in Cologne, Germany, during World War II and came to the U.S. when she was 16. She moved to Maryland, where she did undergraduate work at the University of Maryland to study languages.

Witebsky taught French in Montgomery County schools, worked as an indexer of foreign articles at The National Institutes of Health, became a trained translator, and then worked for Voice of America. She

finally retired from a position translating patents from French and German into English.

Her interest in reflective writing started many years ago, and she has taught classes similar to those she will teach at

Leisure World.

For course registration and details, see the Classes and Seminars section of this publication.

For more information about all CLL courses and lectures, see (www.clmd.com).

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■ Unitarian Universalists of Leisure World

Brown Bag Stories: Where Art and Storytelling Meet

by Dave Edfors

On Tuesday, March 27, the Unitarian Universalists present a talk by fellow resident Diane Yarbro Swift. She is a retired Montgomery County teacher who has reinvented herself as an artist-storyteller.

As a youngster, Swift showed an interest in art and her mother, unable to afford expensive art media supplies, provided the young girl with brown grocery shopping bags, encouraging her to pursue her talents using the means at hand.

Old or new brown paper bags have become her canvas for combining art and storytelling, creating memorable

moments for all ages. Swift has been sharing her art and stories to groups both young and old for the past eight years.

Join the Unitarian Universalists on March 27 in Clubhouse II for this interesting and entertaining presentation. The program begins at 2:30 p.m., followed by light refreshments and conversation. Attendees don't have to be members of the Unitarian Universalists to attend meetings; all residents are welcome.

For information about Leisure World's Unitarian Universalist organization, contact Mike Benefiel at (240-204-2061) or (mike_benefiel@yahoo.com).

■ The Inter-Faith Chapel

Easter Week Worship Schedule Features Special Musical Guests

by Bonnie Bonner

All residents, their families and friends are invited to attend special services during Easter week at the Inter-Faith Chapel. Guest musicians and special music are featured at each of the Chapel services during this season.

Holy Week begins with Palm Sunday services at 9 a.m. and 11 a.m. on Sunday, March 25. Palm Sunday recalls Jesus' triumphant entry into Jerusalem as the people waved palms. A hand-woven African palm cross is given to each person who attends the service. Villagers near Masasi, Tanzania, earn wages to support their families by weaving these crosses from palm leaves.

Special music on Palm Sunday includes guest violinist Heather Haughn. Haughn is on the faculty of Goucher College and the Duke Ellington School of the Arts. She currently plays with a diverse group of regional orchestras, including the Maryland Symphony Orchestra and the National Philharmonic.

On Thursday, March 29, the Chapel holds a Maundy Thursday service that celebrates Holy Communion at 7 p.m. The word Maundy is derived from the Latin word for "command." Jesus commanded

his disciples that they should love and serve each other.

The Chancel Choir provides music, along with guest clarinetist, Santana Moreno. A graduate of The Peabody Conservatory of Baltimore with a master's degree in clarinet performance, Moreno also plays the prelude and postlude for the service.

Good Friday, the day of Jesus' crucifixion, is observed on Friday, March 30, with a noon service. The Chancel Choir provides the music, and Noelle Drewes performs on oboe and English horn.

Drewes holds master's of music and doctorate of musical arts degrees from the University of Maryland. She has performed with groups as diverse as the National Symphony Orchestra and the United States Naval Academy Band.

Easter Sunday, April 1, is celebrated with Holy Communion at 9 a.m. and 11 a.m. services. The Chancel Choir sings "Christ Is Risen! Alleluia!" by Wayne Bisbee, accompanied by Danny Gouker on the trumpet.

The Chancel Choir also sings "Hallelujah Chorus (Mount of Olives)" by Ludwig von Beethoven. Gouker performs the prelude, hymns and postlude on the trumpet. Gouker holds a master's degree from New York University.



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Group Members Find Fitting Apparel

by Barbara Eisen

The Hadassah breakfast buffet and fashion show on Feb. 25 was a great success. The models were Caryl Rothberg, Helen Rosenblum, Barbara Eisen, Diane Kramer, Elaine Schenberg, Judy Rumerman, Jan Bloom, Esther Goldstein and Larelda Gruber.

Taylor Marie Apparel narrated the show with interesting information about the models' outfits. After the show, attendees had the opportunity to purchase items, with some of the proceeds going toward Hadassah.

Judaic Studies Group

The Hadassah Judaic Studies Group meets on Monday, March 19, at 1:30 p.m. in Clubhouse I.

The guest speaker is cantor Rebecca Pohl Apt, cantor at Shaare Tefilah Congregation in Olney.

Born and raised in Olney, Apt grew up as the daughter of a Conservative Rabbi, and is the

granddaughter of Hadassah's own Ruth Temin. Apt's topic is "The Music of Naomi Shemer." Shemer was a leading Israeli musician and songwriter, hailed as the "first lady of Israeli song and poetry."

In 1967, she wrote the patriotic song, "Yerushalayim Shel Zahav" (Jerusalem of Gold) for the Israeli Music Festival. After Israel's victory in the Six-Day War that year, she added another verse celebrating the reunification of Jerusalem. The song gained status as an informal second national anthem.

Please join the group for what promises to be a very enjoyable meeting. Everyone is welcome.

Pin Sale

Hadassah continues selling unique pins, handmade by resident fabric artist Bobbi Gorban. The pins are \$18. Order forms are available at each Hadassah meeting, or pick one up in the Hadassah mail slot at the Clubhouse I E&R office. For ques-

tions, contact Judy Rumerman at (judyrumerman@gmail.com) or (301-680-0850). You don't have to be a member to buy a pin.

Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are \$2.50 each or five for \$10. Cards are displayed and sold at every Hadassah meeting. Please call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).



Hadassah members pose together after a brunch and fashion show, courtesy photo

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S. Those interested in knowing more about Hadassah may contact one of its membership vice presidents: Ruth Temin at (301-288-7387) or (teminar@comcast.net); Lois Fields at (301-585-9804) or (loisfields2@earthlink.net); or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

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■ Jewish Residents of Leisure World

March 31: Passover Seder

by Jonas Weiss

The holiday begins on the evening of Friday, March 30. Fred Firnbacher leads a kosher for Passover second Seder on Saturday, March 31, at 6 p.m. in Clubhouse I.

Brunch

At the brunch on Sunday, March 18, Dr. Jason Weise, a Doctor of Pharmacy, discusses the use of medical marijuana (cannabis).

Weise has a Maryland dispensary license for cannabis that he uses as an alternate option to prescribing opioids for treating pain.

He also established a consulting company to educate physicians, patients and dispensary agents about the benefits of medical cannabis.

Weise describes the Maryland medical program and how to find a physician and dispensary. He also addresses the misconceptions that people have about

the use of this treatment. Admission at the door without a reservation is \$15 if seating is available.

Religious Services

Abbreviated Sabbath services with Rabbi Moshe Samber continue on Saturday, March 17, and Saturday, March 24, at 9:15 a.m. in Clubhouse II.

Services include discussions of the Torah portion as well as study of rabbinical writings.

Donations

For the Torah maintenance fund, send checks, payable to JRLW, (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

Janet Lazar receives donations for prayer books (\$25 minimum) at (15311 Beaverbrook Ct., Apt. 1B). Donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor, or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



■ Jewish Residents of Leisure World

■ The Inter-Faith Chapel

■ Unitarian Universalists

April 12: Yom Hashoah Program

by Fred Shapiro

The Inter-Faith Holocaust Memorial Service Yom Hashoah takes place on Thursday, April 12, at 2 p.m. in Clubhouse II.

The principal speaker is provided by the U.S. Holocaust Memorial Museum in Washington, D.C.

The memorial program includes clergy from The Inter-Faith Chapel and

Lady of Grace Catholic Church, as well as members of the Jewish Residents of Leisure World and the Unitarian Universalists.

Resident survivors light candles for the victims of the Holocaust.

Rev. Woodie Rea and Fred Shapiro organized the

program, with assistance from Susan Weiss.

Join the community as it says, "never again!"



■ NA'AMAT RBZ Club

April 18: News Anchor Speaks at Spiritual Adoption Luncheon

by Carole Mund

NA'AMAT is excited to have Doreen Gentzler, news anchor at WRC-TV (NBC4), speak at its annual Spiritual Adoption Luncheon on Wednesday, April 18.

Gentzler is familiar to many who watch the 6 or 11 p.m. news on WRC-TV. All are invited to join NA'AMAT in welcoming her to the Leisure World community.

The brunch includes several different salads, individually served. Contact Harriet Chaikin at (240-560-7487) with questions.

Spiritual Adoption has a special meaning to NA'AMAT. One of the missions of the NA'AMAT organization is to provide daycare programs and other support services to children in Israel.

When residents attend the luncheon and/or donate, the funds are used to directly provide programs that meet the needs of children. So, in essence, the person "spiritually adopts" or sponsors the care of children in need.

Executive Board Welcomes All

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare, vocational training and legal aid for women, and services and assistance for new immigrants and centers for the prevention and treatment of domestic violence. It was formally known as Pioneer Women.

By getting involved, volunteers have the opportunity to meet new friends and connect with an organization that makes a difference in the lives of so many.

So plan to attend the next executive board meeting on Tuesday, March 20, at 10:30 a.m. in Clubhouse I, and become more active and make a difference.

Tribute Cards

Tribute cards are an excellent way to support and maintain NA'AMAT Israel's essential programs, as well as to attain donor credit.

NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards.

Each card is \$3.50 if purchased and sent by you, \$4.50 if sent by Linda Schoolnick, tribute chairperson. Full donor credit is given for each card.

Contact Linda at (301-681-1076) with any questions.

Donor Credit

The many activities Club members enjoy are not only opportunities for socialization, but also serve as fundraisers to support the many programs NA'AMAT provides.

Donor Credit is simply money attributed to each member over the cost for participating in activities sponsored by NA'AMAT. Donations, tzedakah and tribute cards are credited in full.

Contact Theda Rosenblum, donor credit chairperson, at (301-598-9105) for any questions about your donor status.

Upcoming Trips/Events

- May 10 – Donor Luncheon at Norbeck Country Club
- An overnight trip to Dover Downs is scheduled for Wednesday, May 16 through Thursday, May 17. Check the Club Trips page in this publication for more information.

For more information about the Club, contact co-presidents Trudy Stone at (301-438-0016) or Gladys Blank at (301-438-9666).

Leisure World News

'The Holocaust – Become a Witness'

by Jerome "Jerry" Cohen

On Sunday, March 25, at 10:30 a.m. in Clubhouse II, U.S. Holocaust Memorial Museum docent Bill Sumner presents his captivating program entitled, "The Holocaust – Become a Witness."

Sumner and other docents provide this program for school groups and law enforcement agencies. He also presents highlights of his regular museum tours. His presentation and question and answer session are scheduled for the first part of the meeting session.

Judy Frumkin and Lyle Wolinsky present a brief, firsthand report of the American Israel Public Affairs Committee (AIPAC) Policy Conference 2018. The AIPAC Conference took place March 4-6 at the Washington, D.C., Convention Center.

Over 18,000 people,

including many politicians from Capitol Hill, attended the conference. AIPAC promotes pro-Israeli policies on behalf of a coalition of American-Jewish organizations.

February Meeting

The Feb. 25 meeting discussions were lively and included discussions on U.S.-Palestinian relations, Israeli-Iranian relations and transgenderism.

Bernice Cohen's heartfelt, superbly written article concerning her grandchild was met with thunderous applause following its reading, and it spurred a frank discussion of sexual identity issues within families.

The Group also enjoyed Ed Cohen's well-researched book report on "Trotsky and the Jews," by Joseph Nedava. Leon Trotsky (Leiba Bronstein) played a leading role

in the Bolshevik Revolution of 1917. He met his demise at the hands of an assassin in 1940.

Discussions

The group's discussion meetings feature short readings of worldwide, Jewish current events and issues, and are followed by lively discussions. Responses are limited to two minutes, which allows everyone who wishes to, an opportunity to voice his or her opinion.

Residents who have a subject of interest they would like to talk about or a presentation they would like to make are asked to contact the moderator in advance of the meetings.

The Group invites people of all faiths to attend its free morning discussion group sessions, held on the fourth Sunday of the month from 10:30 a.m.-noon in Clubhouse II. The Group has seen

many new faces recently and looks forward to welcoming even more people to its rapidly growing discussion group.

For additional information or to present a special report of interest at one of the meetings, contact Jerry Cohen, group moderator, at (240-970-5024) or (jcohen@jccbb.com).

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—Jamle Raskin

March 19: Chapter Hears from NARFE Leadership

by John Moens

On Monday, March 19, the chapter meets at 2 p.m. in Clubhouse I, with refreshments at 1:30 p.m.

Because of their busy schedules, the Club rarely has the opportunity to meet with Sudha Haley, NARFE legislative chair, and Gary Roundtree, its new regional president. Perhaps the blue moon that occurred recently is an omen; the group is lucky to have both of them speak at this meeting.

BIG Organization

On Feb. 26, Gregory Jackson, federal worker, retired Marine master sergeant and president of the Blacks in Government (BIG) chapter of the Department of Energy, addressed the chapter.

The chapter recognizes that retired black workers are not only an important part of U.S. history, but also essential to NARFE's survival and continued growth.

Membership in BIG is open to all and it shares many common goals with NARFE. BIG works to protect the jobs, benefits and pensions of government workers and retirees. In addition, BIG supports the homeless through coat drives, participates in the Christmas Angel Program, assists job seekers with their resumes, organizes retirees to protect their rights and works with Congress' Black Caucus.

Leisure World does not

have a BIG chapter, but anyone interested in forming one is encouraged to learn more at their website, available at (<http://www.bignet.org/>).

Also at the meeting, membership secretary John Lass introduced the chapter's new website, available at (<http://narfe1143.org>). Vice president Joe Cook passed out a handout he wrote about Maryland taxes, and treasurer Jewel Lee discussed what the chapter is doing to ensure security of its funds.

General Information

Contact a member of the chapter's executive committee

with any questions or suggestions, or if you would like to become a member or show your support. Visit the NARFE website at (narfe.org) for more information.

- President John Moens at (johnjots@outlook.com) or (301-438-3237)
- Vice President, Legislative Chair Joe Cook at (joec37766@gmail.com) or (202-271-0710)
- Treasurer Jewel Lee at (jewelalee@msn.com) or (301-801-4007)
- Secretary Pam O'Dell at (PamandJeff@comcast.net) or (240-461-4007)
- Membership Chair John Lass at (johnmlass@comcast.com) or (301-871-6734)
- Service Officer Rich Rothstein at (whobodyelse@aol.com) or (301-598-5760)



■ Republican Club

March 20: Introducing Two More Republican Contenders

by Fred Seelman

The Republican Club next meets on Tuesday, March 20, at 1:30 p.m. in Clubhouse I.

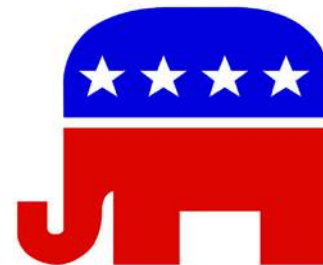
At the meeting, the Club introduces two more of the 2018 Republican candidates: Robert Dyer and Shelly Skol-

nick. Both are running for one of the four At-Large seats on the Montgomery County Council.

Dyer, a life-long resident of Montgomery County, is the founder and publisher of Suburban News Network, a network that covers Montgomery County. He

is a community activist on transportation development and disability access issues and has served on the Montgomery County Republican Central Committee. For more information, visit his website at (www.robertdyer.net).

A Silver Spring resident, Skolnick is a local lawyer



and veteran of six political campaigns. He is seeking improvements in transportation and education, among other things. Contact him at (shelly.skolnick@starpower.net).

Come to the Club's March meeting to hear from these two GOP candidates, and enjoy our refreshments.

Club members interested in becoming a candidate in the Club's upcoming elections are asked to contact Club president Fred Seelman at (fseelman@gmail.com) or vice president Ray Spieler at (301-460-3563). They also accept comments, questions and offers to volunteer.



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■ Rossmoor Woman's Club

Spring Trip, Vendor Sale and Volunteer Opportunities

by Marcia L. Elbrand

Residents who would like to join Rossmoor Woman's Club's (RWC) bus trip to have High Tea at an 1863 Old Farm House in Thomasville, Pennsylvania, are asked to sign up by Thursday, March 29.

The Farm House menu includes a fresh fruit medley, garden salad, scones with Devonshire cream, fresh breads, steaming soup, petite tea sandwiches, Victorian desserts, tea and juices.

Travelers also stop at Brown's Orchard and Farm Market's gift shop, wine shop and bakery in Loganville, Pennsylvania.

Specialties include fudge, apple cider, homemade fruit

pies, dumplings, and jams and jellies, including sugar-free options.

Eyre Travel, which handles the arrangements, must have a minimum of 30 people signed up by March 29 in order to proceed with trip plans.

Contact the Eyre Travel office in Clubhouse I by calling (301-598-1599), on Tuesday through Thursday, or call their main office any weekday at (301-854-6600, ext. 4).

For more information about the trip, see the Club Trips section of this publication.

Vendor Sale

Six dollar items, from wallets to attractive bracelets, umbrellas to sox, are on sale Monday, March 26, when RWC

hosts a vendor sale at nearby Bedford Court, less than two blocks from Leisure World's main gate. The sale runs from 10 a.m.-3 p.m., cash and credit cards are accepted and the public is welcome.

Proceeds support local charities and organizations, from hospices to Fireside Forum and FISH.

Great Chance to Tutor

RWC members interested in the group's programs on behalf of the Head Start class at nearby Harmony Hills Elementary School should contact Rita Posner, education chair, at (ritaposner@gmail.com).

Volunteers may assist by knitting winter hats and scarves, providing funding for

holiday groceries for the children's families or joining once-a-month classroom activities.

Scholarship Luncheon

RWC's Scholarship Luncheon is on Wednesday, May 16, at Manor Country Club.

Luncheon attendees will meet the 2018 college scholarship winners from James Hubert Blake High School in Montgomery County and the ACES program at Montgomery College.

Both the luncheon and RWC's other fundraisers help raise more than \$10,000 per year, all donated to local causes.

Luncheon details and reservation information is forthcoming.

■ Town Meeting Organization

Club Holds First Meeting, Seeks More Membership

by S. L. Katzman and John Feldmann

Born from the desire to provide residents a forum at which their voices and opinions are heard, the newly formed Town Meeting Organization (TMO) held its first meeting on March 1 in the Clubhouse I Crystal Ballroom.

Residents viewed a video of the current Administration Building's interior space, the surrounding mature trees and the parking lot site plan area, where new construction would remove approximately 60 trees.

Leisure World Community Corporation (LWCC) board of

director chair Paul Eisenhour spoke about the history of the Administration Building and Clubhouse I Site Improvements project and the strategic plan concept.

Several TMO members voiced their opposition to the project. Attendees were asked to raise their hands if they wanted a referendum vote about the new Administration Building. The majority of attendees raised their hands.

TMO president Sheryl Katzman also addressed the democratic rights afforded HOA member/unit owners under county and state laws regarding

representation by a board of directors.

After the speakers presented, residents were given the floor without time limit restrictions imposed. Upon request, TMO is available to show the presentation at mutuels and provide time for residents' questions and comments.

The Town Meeting Organization meets every third Thursday of the month at 2 p.m. in Clubhouse I to discuss community issues and decide the topics for regularly scheduled town hall meetings.

All residents are invited to attend and join TMO.



Members of the Town Meeting Organization raise their hands in favor of a referendum vote about the new Administration Building. Photo by Fred Shapiro

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New Member Livens Comedy Fare

by Al Karr

Residents who have ever had the urge to march to the standup microphone and deliver some rib-tickling jokes should consider joining the Comedy and Humor Club.

The Club meets every Tuesday from 1:30-3 p.m. in Clubhouse II. Come give it a try. It's a hoot.

Since the Club was founded 30 years ago, many newcomers have had lots of fun grabbing that mike and peppering the audience with jokes, skits or songs, and chortling at the jokes told by

others.

Wally Becker, a resident who joined the Club's ranks about six weeks ago, has been launching multiple jokes at each meeting, bringing his own style of entertainment to the gathered masses. Becker led off the merriment at the Club's Feb. 20 meeting.

Others doing the standup comedy bit at the meeting were wandering troubadour Fred Firnbacher, Bernie Patlen, Skip Schoening, president Sam Hack, John Lass, treasurer Sumner Levin and Al Karr.

Here's a sampling of their

joke fare at the joke fair:

- Fred – Some snippets eulogizing the death of the Pillsbury Doughboy: He was a roll model for millions of pastries; death caused by too much poking in the belly; buried in a lightly basted coffin; and funeral conducted at 360 degrees for 20 minutes.
- John – A woman gets into a taxi and says, "To the maternity hospital." The driver speeds away, and the woman says, "Not so fast! I just work there."
- Skip – Forrest Gump

answers St. Peter's questions in Heaven. There are 12 seconds in a year: Jan. 2, Feb. 2, etc., and God's first name is Andy, as witnessed in the hymn: "Andy walks with me, Andy talks with me..."

- Sumner – A Catholic man plans a trip to Italy, but his barber says the flight and hotel there are lousy, and he'll never get to see the Pope. But when the man returns, he says that when he kneeled to kiss the Pope's ring, the Pope asked, "Who's your barber? Your haircut is lousy."

■ LW LGBT Alliance

March 17: Election and St. Patrick's Day Buffet

by Mike LaPoint and Pat Ritter

With March comes the LW LGBT Alliance's election of board members for the coming year.

Elections are held at the monthly potluck meeting on Saturday, March 17, at noon in Clubhouse II. The group will also discuss upcoming events and activities.

Later that evening, the Alliance celebrates St. Patrick's Day at the always-fabulous buffet in the Clubhouse I Crystal Ballroom, which is

sponsored by Perrie, LLC. Some Alliance members are of Irish descent; so green will certainly be the color of the day! Those interested in joining in are asked to RSVP by email to (lwlgbt@gmail.com).

Game Nights

The Alliance's weekly Wednesday game nights are growing in popularity and attendance. On any given Wednesday night, residents can find Alliance members engaged in rousing games of

dominoes, cards, charades, Scrabble and lots of other board games.

The Alliance is always open to any other games that players might want to bring. Join members any Wednesday at 6:30 p.m. in Clubhouse II.

Appreciation Brunch

On Sunday, April 8, the Alliance hosts a members' appreciation buffet brunch. All members are invited to join.

Details are provided in the Alliance's next monthly member newsletter with a request for RSVP.

The Alliance always welcomes new members. Anyone who joins before Saturday, March 31, is eligible to attend the members' appreciation brunch.

Recent Events

On March 4, several members attended "Looking Back, Living Forward – Multigenerational Dialogue and Brunch" hosted by the Human Rights Campaign of Greater Washington, D.C., (HRC). The HRC is the largest LGBT civil rights advocacy group in the U.S.

The event brought LGBT people of different generations together to meet and talk over brunch. Its purpose was to increase awareness of issues affecting the LGBT community from the perspectives of people from different generations and life experiences.

On March 10, Iona Senior Services and the GW Cancer Center hosted a community presentation called "Let's Love Longer: Cancer Self-Advocacy in the LGBTQI Community."

Since March is Women's History Month, it was fitting that the presentation was geared toward women's issues. The presentation was informative and included a brunch and raffle with door prizes.

To learn more about the LW LGBT Alliance, email (lwlgbt@gmail.com) or, better still, attend the next monthly potluck meeting on March 17.



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■ Going It Alone Club

GIAC Looks Forward to Election of Officers

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) holds its election of officers during the annual membership meeting each June. In preparation for the meeting, a nominating committee has been established to create a slate of officers.

The nominating committee is seeking volunteers to fill the positions of president, vice president and treasurer. Any interested members should contact Elizabeth Brooks-Evans at (240-242-4433), or Pat Connelly at (301-598-9369).

Armchair Travel

The Club meets every Saturday (known as Saturday Afternoon Live – SAL!) beginning with armchair travel at 2 p.m. in Clubhouse II.

On Saturday, March 17, well-known travel guide Rick Steves traces Bulgaria's complex history, from ancient Thracian tombs to medieval Orthodox Christian monasteries to Soviet monuments. He'll also wander with armchair travelers around the cities of Sofia, Veliko Tarnovo, and Plovdiv.

On Saturday, March 24, Steves leads a tour through Romania's vibrant capital, Bucharest, before heading into Transylvania and Maramures to visit fortified churches, legendary castles and places where every day feels like living in an open-air folk museum.

Games

Bridge, Rubik's cube and Scrabble begin at 2:30 p.m. Bingo is played on the second and fourth Saturdays of the month, and Pokeno on the alternate Saturdays from 2:30-4 p.m.

GIAC's long-time bingo caller, Sylvia Pachenker, is looking for a member to assist her with that task. Anyone interested should call her at (301-598-5325).

Trips

GIAC sponsors the following trips, open to all Club members, other residents and guests:

- March 22 – Visit Harrington Casino, "Where Winners Play,"

in Kent County, Delaware. This trip is full, however there is a waiting list.

- May 22 – Partake in "High Tea" at Camellia's Sin Tea Parlor, which also includes side trips to Meadowbrooke Gourds in Carlisle, Pennsylvania, and a stop at Baugher's Farm Market in Westminster, Maryland (40 person limit).
- June 4-8 – Enjoy "Cape Cod and the Islands," an exciting five-day bus trip to Martha's Vineyard, and more. This trip is full; wait list only. Those who have made a down payment are asked to submit the balance due no later than Saturday, March 31, or their reservation will be cancelled and the seat will go to someone on the wait list.
- July 24 – Experience Sight and Sound Theater in Pennsylvania to see the musical, "Jesus" after a smorgasbord lunch at the Bird-In-Hand Restaurant.

Details about these trips are in the Club trips section of this publication.

Sign-ups for trips take place during Saturday Afternoon Live (SAL!) from 1:30-3 p.m. in Clubhouse II, when Club members Joe Parker and Sylvia Pachenker are available to receive payments and answer questions.

The GIAC newsletter also has trip information and is available at SAL! For more information about trips, call Parker at (301-598-3457) or Pachenker at (301-598-5325).

Membership

The membership period is from July 1 through June 30 each year. New members can register to join, and current members are welcome to renew as early as April.

Those wishing to sign up for membership can do so during SAL! from 1:30-3 p.m. in Clubhouse II, when representatives provide information and answer questions about the Club and its activities.

Interested residents are also invited to call Pachenker at (301-598-5325) for more information about membership.



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From left: Kathryn A. Balestino-Estes, AuD., Cynthia Chrosniak, M.D., Jane Cooke, AuD., Nicholas Mehta, M.D., Heather Schwartzbauer, M.D.

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Boomers Invite Residents of All Ages to Join Club

by Beth Leanza

Whatever their age, residents who want to meet people socially – watching movies together in Leisure World or at a local theater, eating together, playing board games or dancing to the music of the '50s and '60s – are encouraged to join the Baby Boomer Club.

Activities

Each month, the Sock Hop Club, an offspring of the Baby Boomer Club, holds a dance. Bring snacks, a small fee to pay the DJ and your own beverage.

Upcoming Club events include:

- April 6 – “Newsies” at Toby’s Dinner Theater
- April 14 – Potluck Dinner and Dance from 7-10 p.m. Doors open at 5 p.m.

- April 20 – Movie at 7 p.m. in the Clubhouse II auditorium

Join Us

Send Club dues, \$5 per person, checks preferred, payable to Baby Boomer Club, to membership chair Susan Landesberg at (3505 Twin Branches Ct. 37-C).

Be sure to include your email address as the Club mostly communicates by email with reminders and invites to activities. Include also a phone number and address if not on the check.

Emails are kept limited to activities – both Club-related and otherwise – that Club members might like. Residents who do not have email are asked to write “no email” on the check.

The Club strongly encourages these folks to connect with a Club member who does use email, so as not to miss out on activities.

Not Getting Emails?

Residents who joined the Club but are still not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

Some email servers think emails sent to large groups are spam and automatically put them into a “Spam” or “Junk” folder. To help prevent that, add the Club’s email address, (bbclw@googlegroups.com), to your address book or contact list.

Friday Hikes with Dawn

Many walkers meet up at the walk site, but if you want to carpool, be sure you contact Dawn Carlisle at (301-598-7098) by Thursday evening. Always bring water to each hike.

- March 23 – Rock Creek Trail (Rockville) Meet in the lower circular parking lot at 1:15 p.m. Bring water. Drive through the Connecticut Gate and continue onto Connecticut Avenue. Turn right onto Aspen Hill Road, and then turn right onto Baltic Avenue. Travel a short distance, and then turn right into the parking area.
- March 30 – Berma Road (Potomac) Meet in the parking lot across from Old Angler’s Inn at 1:15 p.m. Bring water. Drive through the Norbeck Gate and make a left onto Norbeck Road. Norbeck Road becomes First Street for a short distance, and then becomes Wootton Parkway. Turn left onto Falls Road. Falls Road becomes MacArthur Boulevard. Continue on MacArthur Boulevard; Old Angler’s Inn will be on the left. The Berma Road parking lot is on the right.

- April 6 – Lake Needwood (Redland) Meet in the parking lot near the hiker/biker trail at 1:15 p.m. Bring water.

Exit through the Norbeck Gate and turn left onto Norbeck Road, or exit through the Georgia Avenue Gate, and make a left turn onto Norbeck Road. Turn right onto Muncaster Mill Road. Make a left at the light onto Needwood Road. Continue to the entrance of the park and turn left. Drive several miles to the parking lot.

Sunday Morning Walks

Early birds who like a longer walk are invited to join up with Boomers on Sundays at 8:30 a.m. at the corner of Leisure World Boulevard and Arden Court (across from Kelmscot Drive). The walkers usually go out to breakfast afterward.

Weeknight Walks

A smaller group of walkers meet Monday through Friday, at 5:15 p.m. in the Clubhouse I lobby. They walk approximately one mile around the Broadwalk in Montgomery Mutual. If new to the group, ask around – they don’t make an announcement.

Volkssport Walks

One Club member is also a member of the American Volkssport Association. He posts their walk information on the Baby Boomer Club website, available at (bbclw@googlegroups.com). Under Calendar, click on “Walks.”

Mah Jongg

Experienced mah jongg players can join a group that meets on Tuesday and Wednesday nights at 7 p.m. in Clubhouse II.

Email Donna Copeland at (dc@grandmathegeek.com) for more information.

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iOS Control Center: Part 3

by Ron Masi

In the first two parts of this series, Control Center was identified and used as the vehicle for exploring iOS device features that people may be unaware of. To review earlier articles, visit (mac.Computerctr.org) and click on the “In the News” section at the top of the page.

Tap the Calculator icon and it appears like a pocket calculator. By holding it vertically, users have a standard calculator. When turned sideways, it becomes a scientific calculator.

If the calculator is opened from the Control Center, users can hold down the icon to “Copy Last Result,” showing the result. It’s helpful if a user gets interrupted. Tapping a blank portion of the calculator provides the option of speaking to it or copying.

The Magnifier looks like a magnifying glass with a plus sign (+) in it. Tap it to open. The

icon can do much more than just make items look bigger. The yellow slider allows users to zoom in and out, the lightning bolt turns on the light and the three inter-locking rings adjust color balance: (none, white/blue, yellow/blue, grayscale, yellow/black and red/black balance).

The icon featuring a symbol that has a filled and empty box with arrows reverses colors. The slider can lighten or darken the image. All these settings allow adjustment for those with visual impairments, and users can experiment with it to find what works best for them.

Sometimes, it may be difficult to keep the magnification focused and steady to read the material, so here’s a solution to focus-freeze it: Capture the

image on the screen by tapping the Freeze button (the big circle in the bottom center of the screen that looks like the camera shutter release). Users can now magnify, using the yellow slider to zoom in and out. To return to the magnifier, tap the Freeze button again (it’ll turn from yellow back to white). Note: the image is not a photo and is not saved.



The Notes icon looks like a tablet with a pencil on it. Press and hold it down to receive four options: New Note, New Check List, New Photo and New Sketch. Tap it and it’s ready for a new note; just start typing.

Above the keyboard, from left to right, are icons for inserting a table, formatting text and creating a checklist, as well as a plus sign (+) for scanning documents, taking a photo or

video, opening the photo library or adding a sketch.

Users may notice that Notes is an underappreciated and powerful app overlooked by many. Users can also use it to capture a quick thought, create checklists, sketch ideas, take dictation and more.

The Voice Memo icon looks like a frequency graph. With Voice Memo, users can leave themselves voice notes and record conversations, lectures, TV and radio shows and more. Press and hold the icon for options that include making a new recording and pulling up a list of previous recordings.

To record, tap the red button to start, press it again to pause, and again to continue. When finished, tap Done and, when prompted, enter a title; and then save. The record will be added to the recording list in Voice Memo. To delete a recording, swipe its title to the left and tap the red exposed Delete, just like mail.



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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Windows systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Girls of Fun Bunch (Widows): We will meet again on Sunday, March 25, from 2-5 p.m. for High Tea. Cost is \$16 per person. Deadline to make your reservation and payment is Tuesday, March 20. Send checks only, payable to Elinor Tattar, to 15300 Pine Orchard Dr., 3K, Silver Spring, MD 20906. For more details or questions, call Marlene at (301-438-7773).

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is March 23. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

LW Discussion Group: The group meets the third Wednesday of each month at 1:30 p.m. in Clubhouse II. Various members lead discussions on hot topics and current events. On March 21, Barbara Hudson facilitates a discussion on the impact of removing flags, insignias and monuments. David Shaw introduces the topic, "Theories of Creation and Their Relevance in Today's World." For more information on this, at times, provocative and always enlightening group, please contact Laurie Burdick at (240-558-4454) or (lgburdick@aol.com).

Musical Jammers: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 780 members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: We meet in Clubhouse II by the fireplace on the first Wednesday of the month at 11 a.m. Any questions? Call Steve Kane at (301-598-2330).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

Quilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is March 22.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. We are currently reading from "The Oxford Book of American Short Stories," 2nd edition, editor Joyce Carol Oates. On Wednesday, March 21, Beth Leanza will lead a discussion of "The Things They Carried" by Tom O'Brien. On Wednesday, April 4, Pat Leanza will lead a discussion of "The Reach" by Stephen King. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastro-rocco at (301-814-9196).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Leisure World Club Trips

The next deadline for trip submissions is **Monday, March 26**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. **Email** your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

April 8-15 Bermuda Cruise

Join **NA'AMAT** on a seven-night cruise to Bermuda on the Carnival Pride, leaving from Baltimore.

Cabin prices are: balcony \$1,897 per person, double occupancy; outside \$1,562 per person, double occupancy; inside \$1,472 per person, double occupancy. Pricing includes transportation to/from pier, insurance, gratuities, cruise fare, taxes and fees. Passport required.

Call Jill, Eyre Leisure World Travel, to reserve your cabin, at (301-598-1599) or (301-854-6600 x 3225). Questions? Call Trudy Stone at (301-438-0016).

April 25 High Tea at the Old Farm House

Join members of the **Rossmoor Woman's Club** on an excursion to Thomasville, Pennsylvania, to have High Tea at the Old Farm House. Built in 1863, the Old Farm House features antiques and collectibles. On the way back to Leisure World, the group stops at Brown's Orchard and Farm Market for a bit of shopping.

The cost is \$78 per person and reservations can be made by calling Eyre at (301-598-1599) or (301-854-6600, ext. 4) or by stopping by the Eyre office in Clubhouse I.

May 16-17 NEW – Dover Downs Hotel & Casino

Come back to Dover Downs with **NA'AMAT** on this popular trip with an overnight stay. The cost is \$115 per person, double occupancy, \$165 single occupancy, and includes round trip transportation, beautiful hotel accommodations, breakfast buffet, plus \$50 play money.

The bus leaves Clubhouse II at 10:30 a.m. on Wednesday and returns at approximately 3:30 p.m. on Thursday.

Send your check(s), payable to NA'AMAT, to Trudy Stone at (15101 Interlachen Dr., #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming. If you have any special needs, include what they are with your check. Questions? Call Trudy at (301-438-0016).

May 22 Camellia's Sin Tea Parlor and Meadowbrooke Gourds

Join the **Going It Alone Club** for High Tea in Carlisle, Pennsylvania. The tea includes salad, scones, petite sandwiches, desserts and seasonal teas. Then it's off to Meadowbrooke Gourds for a demonstration of crafting gourds into works of art. On the way home, we stop at Baugher's Farm Market in Westminster, Maryland, for a little shopping.

The cost is \$68 for Club members and \$75 for non-members. The bus leaves Clubhouse II at 10 a.m. and returns at approximately 8 p.m.

Sign up at Saturday Afternoon Live (SAL!) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, April 21, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

July 24 "Jesus" at Sight & Sound Theatre

Come with the **Going It Alone Club** to see the musical, "Jesus" at the Sight & Sound Theatre in Lancaster, Pennsylvania. Also enjoy a smorgasbord lunch at the Bird-in-Hand Restaurant.

The cost is \$110 for Club members and \$117 for non-members, and includes lunch, show, transportation, tax and driver and restaurant gratuities.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 30, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Sept. 20 NEW – Harris Crab House and the Amish Market

Come with the **Going It Alone Club** to the Harris Crab House for an all-you-can-eat feast of crabs, steamed shrimp, fried chicken, corn-on-the-cob, cole slaw, potato salad, dessert, soda, tea and draft beer. After the feast, we stop at the Amish Market for a little shopping.

The bus leave Clubhouse II at 10:30 a.m. and returns at approximately 4 p.m.

The cost is \$75 for members, and \$82 for non-members and includes, tax, dining and driver gratuity. Sign up at Saturday Afternoon Live (SAL!) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Aug. 18, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

SPORTS, GAMES & Scoreboards

■ 10-Pin Bowling League

League Standings Remain Unchallenged

by Rita Mastrocco

The league is based on handicaps with averages for the bowlers ranging from 93 to 178. If you have not bowled in years, come out and join the fun.

The top League standings as of Feb. 23 are: Half and Half in first place; Wild Things in second place; and Winners in third place.

Top scores for the week of Feb. 23 are:

Scratch Game – Wild Things, 740 pins

Scratch Series – Wild Things, 2,065 pins

Handicap Game – Wild Things, 960 pins

Handicap Series – Wild Things, 2,725 pins

High Average Men – Steve Hays, 178 pins

Scratch Game Men – Steve Mueller and Steve Hays, 222 pins

Scratch Series Men – Steve Mueller, 590 pins

Handicap Game Men – Stu Lillard, 277 pins

Handicap Series Men – Stu Lillard, 774 pins

High Average Women – Chris Porter, 163 pins

Scratch Game Women – Jessica Stephens, 197 pins

Scratch Series Women – Jessica Stephens, 588 pins

Handicap Game Women – Beth Leanza, 261 pins

Handicap Series Women – Jessica Stephens, 720 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Rd. in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$10.

If interested, call Rita at (301-814-9196).



■ Chess Club

How to Dress for Chess

by Bernie Ascher

Fashion has not yet corrupted the chess world. Fashion designers are missing out on a potentially large, untapped market.

Just think of all the business that could be generated by convincing chess players that they need three wardrobe changes a day to be stylish.

Hollywood has projected a false image of chess. In "From Russia with Love," for example, two men (who are actually spies) are dressed elegantly in custom-tailored black tuxedos with black ties to compete in a chess match.

They are seated at a table on a raised circular platform in the center of a ballroom in a swanky hotel, underneath a magnificent chandelier. The tile floor itself is configured as a giant chessboard.

The audience packed around the sides of the room sees a wall-length board that displays the position of the pieces. Guests in the audience wear fine, formal attire: ladies in gowns, men in tuxedos. They sip from cocktail glasses, anxiously awaiting the next move.

After each move, an attendant, dressed immaculately in

black tie and tails, moves the pieces on the magnetic wall-board to reflect the current status of the game.

In real life, players in chess tournaments generally prefer casual clothing to suits and ties or tuxedos. Players feel more relaxed in casual clothes and better able to think clearly.

On the other hand, players in casual clothes may feel intimidated by opponents wearing elegant outfits. So formal wear might give a psychological edge to some chess players.

The European Chess Union specifies dress rules for chess players during tournaments. Generally, the rules allow almost anything appropriate to be worn as long as it does not show "excessive wear or holes" and is "free of body odor."

Beachwear is not appropriate, but national costumes can be worn "as long as they are not indecent or offensive to others."

Men must wear socks and shoes or sneakers, and a sport coat, if appropriate. Glasses and neckties can be worn, but not caps or hats, except for religious purposes.

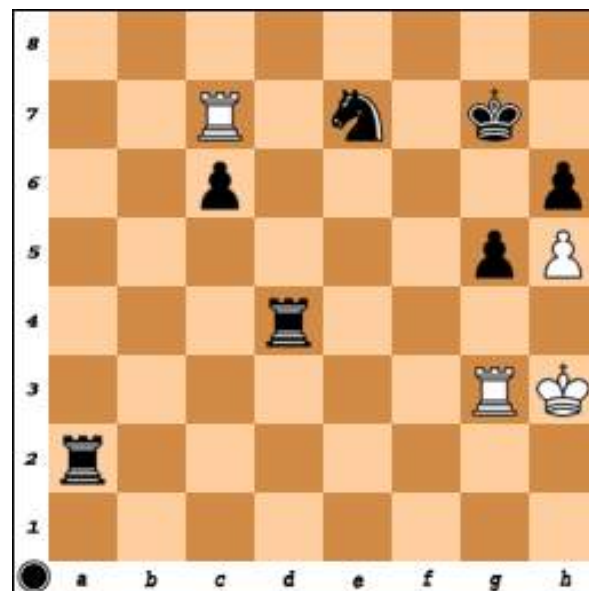
Women may wear sneakers,

boots, flats or high-heel shoes. "A jacket vest or sweater, as well as jewelry (earrings, necklace, etc.) coordinated to the outfit may be worn." Nevertheless, there is no official dress code for non-tournament chess, particularly on a weekday afternoon in Clubhouse II.

From their fierce battles on the chessboard, one might expect Leisure World players to wear protective clothing, perhaps a suit of armor and a metallic shield, or at least helmets, shoulder pads and shin guards. However, this is not the case.

It is safe to play chess without armor, as all the action takes place on the chessboard and in the minds of the combatants.

Despite the suggested glamour of the game, Leisure World chess players are usually seen wearing casual attire, such as jeans, slacks and short-sleeved shirts, sweaters, even shorts, polo shirts, and occasionally, Redskin sweatshirts. No uniforms are required.



In the game shown on this page, White is threatening to capture Black's Knight, checking the King. It is Black's turn to move. What is Black's best move?

The answer follows the usual message that the Chess Club meets Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. For further information, call Bernie Ascher at (301-598-8577).

ANSWER: Black moves the Rook from d4 to h4. Checkmate!

So, do not wait for Hollywood. Do not wait for next year's fashions.

Do not wait for uniforms. Play chess now!

■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with fewer than 1,000 master points.

Tuesday, Feb. 20, 2018

North-South Flight A

1. Alfred Caponiti – John Ryan
2. Aaron Navarro – Marlys Moholt
3. Jerry Miller – Gerald Lerner
4. Diane Keiper – Nadyne Cheary

East-West Flight A

1. Abigail Murton – Dora Levin
2. Doug Brasse – Merrill Stern
3. Patti Anschutz – Shirley Light
4. Susan Weiss – Sue Swift

Flight B

1. Marilyn Udell – Maida Crocicchia

Flight B

3. Susan Weiss – Sue Swift

Friday, Feb. 23, 2018

North-South

1. Stephan Billstein – James Cowie
2. Thomas Leahy – Doris Perschau
3. Aaron Navarro – Deborah Cobb

East-West

1. Susan Weiss – Sue Swift
2. Shirley Light – Bernice Felix
3. Sid Lotlikar – Michael Benefiel

Flight B

1. Susan Weiss – Sue Swift

Tuesday, Feb. 27, 2018

North-South Flight A

1. Jerry Miller – Gerald Lerner
2. Hanna Schepps – Marlys Moholt
3. Diane Keiper – Nadyne Cheary
4. Aaron Navarro – Patricia Haggerty

East-West Flight A

1. Sandra True – Rae Newman
2. Patti Anschutz – Mary Lafferty
3. Susan Weiss – Bernice Felix
4. (tie) Abigail Murton – Dora Levin
(tie) Joe Boland – Howard Brewer

Flight B

2. Susan Weiss – Bernice Felix
3. Abigail Murton – Dora Levin

■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

Feb. 21, 2018

1. Joanne Bland and Virginia Pace, 5,130
2. Sally McGowan and Joanne Gellman, 3,680
3. Shirley Griffin and Judith Lane, 3,510
4. Marcie and Monroe Elbrand, 3,490

Feb. 28, 2018

1. Doug Brasse and Pradeep Kapur, 7,340
2. Dottie Donnelly and Dottie Hurley, 5,460
3. Virginia Pace and Joanne Bland, 5,430
4. Jack Looney and Bruce McKay, 4,970

■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Feb. 22, 2018

1. Bernice Star, 3,750
2. Vicky Shaz, 3,540
3. Jo Ann Gellman, 2,240

March 1, 2018

1. Bernice Star, 4,280
2. Jo Ann Gellman, 3,780
3. Michele From, 3,040

■ Friday Bridge

Compiled by Betti Goodman

Feb. 17, 2018

1. Bettie Goodman, 3,850
2. Mark Levin, 3,460
3. Ray Kurlander, 3,450
4. Mort Faber, 3,340

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The designated pickup area for such riders is in front of Clubhouse I or the parking lot of the Administration Building.

Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501).

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne at (301-598-5677).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• **Thursday Ladies' Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White at (301-438-7892) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Mah Jong: Learn how to play Mah Jong. Call (301-598-3438).

Ping Pong: Get healthy exercise and camaraderie playing ping pong. The club meets every Wednesday and Friday, from 1-3 p.m., in Clubhouse II multi-purpose room. Drop in anytime during that period. Some experience preferred. If interested, call Julie Friedman at (301-598-5424).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

• **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Indoor Pool Volleyball: Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.

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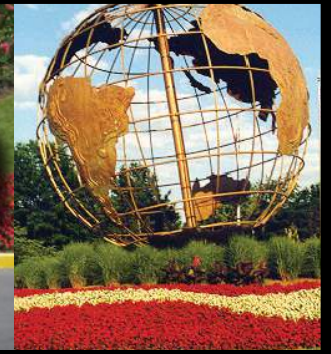
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Stan Moffson

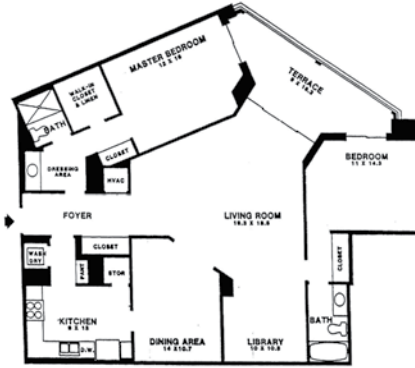


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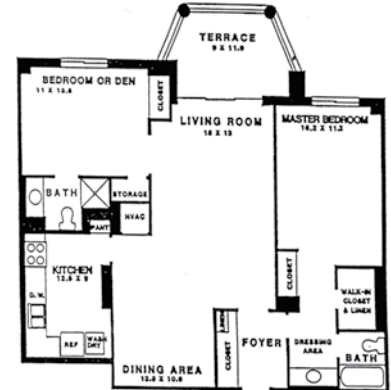
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2 BR, 2 FB, 1530 sq. ft. Rough for half bath, golf course view, garage space.



"S" Model - Fairways - \$269,000
2 BR, 2 BA, den/library, 1460 sq. ft. Freshly painted and garage space included.

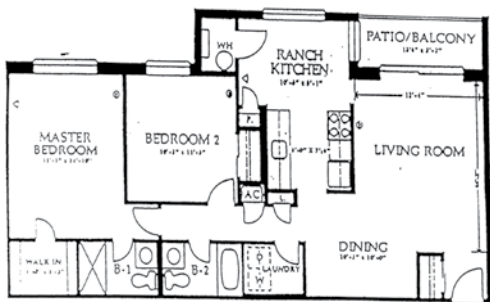


"F" Model - Greens - \$159,000
2 BR, 2 BA, 1115 sq. ft. First floor, freshly painted and garage space included.

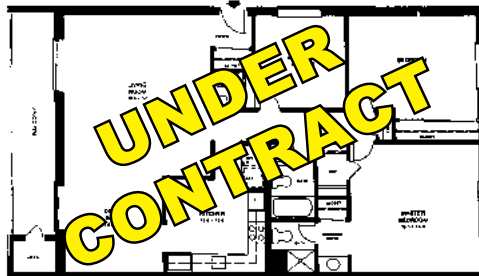
COMING SOON



"F" Model - Greens - TBD
2 BR, 2 FB, 1115 sq. ft. Patio enclosure + outside patio, golf course view, close to elevator.



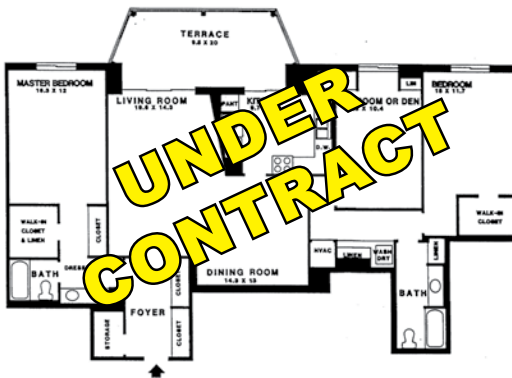
"Warfield" Model - TBD
2 BR, 2 FB, 1043 sq. ft. updated kitchen with table space and large window, freshly painted, separate laundry room and reserved parking.



"Capri" Model - \$189,000
3 BR, 2 FB, 1415 sq. ft. Freshly painted, carport, balcony, plush carpet, eat-in kitchen



"H" Model - Greens - \$215,000
2 BR, 2 FB, 1210 sq. ft. Freshly painted, new carpet, tiled bathrooms, golf course view, garage space included.



"L" Model - Greens - \$310,000
3 BR, 2 FB, 1630 sq. ft. Freshly painted, new carpet, golf course view, separate storage room, garage space included.



"K" Model - Greens - \$205,000
2 BR, 2 FB, den/library, 1480 sq. ft. Freshly painted, new carpet, garage space.

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Email: stanmoffson38@gmail.com Office: 301-681-0550
Web: www.stanmoffson.com



CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



EDUCATION

NEW – The Art of Basic Parliamentary Procedures: A Leadership Development Series: Puzzled by Parlipro? Tongued-tied by motions? Perplexed by whether a motion is debatable or amendable?

Here is a chance to learn a thing or two about bylaws, rules for conducting meetings, minutes, ranking motions, amendments, debates, voting and quorums and other parliamentary procedures.

This two-session class will help your meetings run orderly, smoothly and productively. Fee includes parliamentary procedures booklets and pamphlets. For more information, contact Yolande Campbell at (240-970-5980). Class meets Mondays, April 23 and 30, 2-4 p.m. **Fee \$30. Register at Clubhouse I.**

NEW – Coping with Your Digital Camera and Computer, a CLL course: The object of this course is to explain how a digital camera works; how the built-in software enables the novice to select a mode that will make the decisions, other than composition and focus, to get better photo-

graphs; and to demonstrate how images are transferred from the camera to the computer, and modified to improve and strengthen the message of the photograph and the technical quality of the images for printing or presentations.

Topics include: digital photography basics and digital cameras; the basics for good photography and using the modes in the digital camera to enhance images; additional modes are available; how to transfer to and organize images on the computer; how to print and present photos; and how to prepare slideshows and DVDs, including music tracks, with PowerPoint and typical software used for editing.

Students are encouraged to bring samples of their photos on a flash drive so they can be shown and critiqued by the class.

Fred Shapiro is the course instructor. Class meets Thursdays, May 3-June 7, 1-2 p.m. **Fee: \$20. Register at Clubhouse II.**

NEW – Biographies of Controversial People, a CLL course: In this course, Dr. George Birnbaum examines

the lives of four individuals, all controversial, who distinguished themselves through their achievements.

Each week, one individual is discussed. They include Moses Annenberg, Walter Annenberg, Armand Hammer and Menachem Begin.

Class meets Friday, May 4-May 25, 11 a.m.-noon. **Fee: \$15. Register at Clubhouse I.**

Reflective Writing: Finding Your True Voice, a CLL course: Reflective writing uses a process based on the book, "Writing the Mind Alive: The Proprioceptive Method for Finding Your Authentic Voice" by Linda Trichter Metcalf and Tobin Simon.

In the first session, instructor Martha Witebsky explains the technique and gives some written examples. Participants gather around a table to write as baroque music plays, and then may choose to share their writing with the group.

The objective is to explore thoughts that have been repressed and, perhaps, have kept a person from functioning well. The practice is different from meditation in that individuals explore their thoughts rather than free their mind of them. This approach liberates the individual from the power these unexplored thoughts have had upon them.

Class meets Tuesdays, April 17-May 22, 2-3:30 p.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.clld.com)

En avant! French in Action for Beginners: This class, led by Gilles Gouin, is for beginners or people who have taken French and would like to refresh his/her knowledge. The focus of the class is to provide basic French grammar so that participants can communicate in the target language (i.e. French) at the survival level.

In addition to learning basic French grammar and vocabulary,

course topics include greetings and farewells, family members, numbers, dates, telling time, health, colors, household objects and more.

Class meets Tuesdays, April 24-June 12, 10-11 a.m. **Fee: \$15. Register at Clubhouse I.**

En avant! French in Action for Beginners, a CLL course: This class, led by Gilles Gouin, is for intermediates with some solid knowledge of French and want to build on their knowledge in order to sustain some conversation.

The focus of this class is to provide basic French grammar in context so that students are able to communicate more easily in the target language (i.e. French) at a functional level.

In addition to reviewing basic French grammar and vocabulary, this course covers more advanced French grammar in context, and French vocabulary for numbers, weather, dates, telling time, health, colors, household objects and more.

Students are expected to speak in French most of the time. They will be able to describe a picture or photo, and also express themselves in the present, past and near future.

Class meets Tuesdays, April 24-June 12, 11:15 a.m.-12:15 p.m. **Fee: \$15. Register at Clubhouse I.**

Exploring Ultra-Orthodox Judaism, an ALL course: Join scholar Ira Weiss in this exploration of the ultra-orthodox community in Israel as portrayed in the acclaimed Israeli television series "Srugim." Weiss introduces each episode and leads a follow-up discussion.

Class meets Thursdays, April 12-June 7 (no class May 24), 10:30 a.m.-noon. **Fee: \$27. Register at Clubhouse I.**

Adult Living and Learning (ALL) programs are co-sponsored by the Jewish Residents of Leisure World (JRLW) and the Bender JCC of Greater Washington.

The “Emoluments Clause” – What is it? Find out what relevance this little-known clause in the U.S. Constitution holds today.

“One of the weak sides of republics, among their numerous advantages is that they afford too easy an inlet to foreign corruption.” The Federalist No. 22, Alexander Hamilton, 1787.

Fee includes pocket-sized edition of the U.S. Constitution. For more information, contact Betty Smith, BS, MLS (301-598-4245).

This two-session class meets Wednesdays, March 21 and 28, 6-8 p.m. **Fee: \$15. Register at Clubhouse I.**

EXERCISE

NEW – Chair Yoga with Robin, Mondays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve

breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, April 9-June 18, 11 a.m.-noon or 2-3 p.m. (No class May 7, May 28 or June 11.) Choose the time that suits your schedule. **Fee per session: \$100. Register at Clubhouse II.**

NEW – Ba Duan: This is the world’s oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

Limited enrollment. Class meets Mondays,

April 9-June 18, 4-5 p.m. **Fee: \$20. Register at Clubhouse II.**

NEW – Tap Dancing in a Chair with Carol Neckar:

This is great way to have fun, learn something new and exercise! If you are an experienced tapper and miss it, or a beginner who always wanted to tap, but can no longer do so, this is the class for you. For experienced tappers, the class is a review. For beginners, the class starts with the basics and progresses to more advanced combinations. It’s going to be a lot of fun!

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the Physical Education Department and, in the summer, continued to perform in local theater. While her career took her in another direction, her love affair with dance has never ended.

If you have questions, call Carol at (301-598-5980).

Class meets Thursdays, April 26-May 31, 4-4:45 p.m. **Fee: \$38. Register at Clubhouse II.**

NEW – Gentle Yoga – Wednesdays and Saturdays with Marilyn: Yoga is a holistic system that combines movement, posture, breath, and relaxation techniques to improve overall health and well-being physically, mentally, and spiritually. A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide skills to cultivate a peaceful mind in the face of life’s stresses and challenges.

This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class.

Class meets Wednesdays, April 11-June 13 and/or Saturdays, April 7-June 9, 9-10 a.m. **Fee: \$80/1 day, \$140/2 days per week. Register at Clubhouse I.**

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NEW – Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), April 16-May 21, and Thursdays (with Sue), April 19-May 24, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

NEW – Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, April 17-May 22, and Wednesdays, April 18-May 23, 11-11:45 a.m. You can take the class on Tuesdays or Wednes-

days, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Line Dance with Wendy: This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, April 2-June 4, from 2-2:55 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$40 per session. Register at Clubhouse II.**

Tennis for Beginners: Learn basic strokes: forehand, backhand, volley and serve. Students will be able to play a game of tennis. The instructor is Tom Meyer.

Class meets Sundays, April 1-April 22, 1-2 p.m. **Fee: \$35. Register at Clubhouse II.**

Move It or Lose It: Enjoy dancing to the rhythm of a beat? These aerobic exercises will keep you moving and up on your feet.

Movements are designed to promote cardiovascular health while having fun. Warm up and cool down are designed to strengthen and tone.

Questions? Contact Betty Smith, Certified Group Exercise Instructor, at (301-598-4245).

Class meets Wednesdays, March 21-April 18, 4-5 p.m. **Fee: \$29. Register at Clubhouse II.**

Move to the Beat, Evenings: This class is for those who do not like to exercise but, as the doctors tell you, you have to keep moving. So, grab a friend and let's have fun as we move by walking, stretching and dancing to music from the '40s on. (Singing along is allowed!)

All you have to do is follow Gerry as she leads you through your moves. Your moves are a little ballet, a little jazz, a little salsa, and more. Remember, your moves should always be done at a pace that is comfortable for you.

Sign up now for this fun, no pressure class. For more information, call Gerry at (301-438-7452). Class meets Tuesdays, March 20-April 24, 6:15-7 p.m. **Fee: \$39. Register at Clubhouse II.**

Introduction to Dancing for the Hesitant Beginner, a CLL course: This course is designed for residents who may be too shy or timid to participate in dancing, but want to learn more about dancing and to be introduced to dancing opportunities within the community.

The emphasis of the course is to encourage and guide students toward greater participation in dance opportunities, like the Sock Hop Group, in the community. No partner is required in order to take this course.

The instructor is resident Semoon Chang, who is a member of the Sock Hop Group and Ballroom Dance Club, as well as an occasional instructor of basic dance steps at the monthly Sock Hops.

Class meets Fridays, March 30-April 20, 10-11 a.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com)

WATER EXERCISE

NEW – Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, April 17-May 22, and Thursdays, April 19-May 24, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

NEW – Non-impact Fusion with Beth: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, April 17-May 22, and Thursdays, April 19-May 24, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

NEW – Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, April 18-May 23, from 1-2 p.m. **Fee: \$36, 1 day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.**

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CALENDAR *of Events*

Friday, March 16

Clubhouse I

10:00 a.m. Drawing Clinic Art Class
 10:00 a.m. Book Club Network – Diversity Strong
 10:00 a.m. Book Club Network – Bookies
 12:15 p.m. Kiwanis Club
 1:30 p.m. Any Level Watercolor Art Class
 2:00 p.m. CLL: Genetics and Hearing NIH Program
 2:30 p.m. Beginner Bridge Class
 3:00 p.m. Hispanos de LW: Games
 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

1:00 p.m. Ping Pong Club
 1:00 p.m. Chess Club
 1:00 p.m. Friday Bridge
 1:00 p.m. Zumba Gold Class
 7:00 p.m. Baby Boomer Movie

Saturday, March 17

Clubhouse I

9:00 a.m. Gentle Yoga Class
 9:00 a.m. American Needlepoint Guild (ANG)
 10:00 a.m. Open Studio
 4:00 p.m. St. Patrick's Day Buffet, reservation required

Clubhouse II

9:15 a.m. JRLW Service
 12:00 p.m. LGBT Alliance
 2:00 p.m. Going It Alone Club: Social
 7:00 p.m. Hurley School of Irish Dancers Performance
 7:00 p.m. Sock Hop

Sunday, March 18

Clubhouse I

10:00 a.m. JRLW Breakfast Forum

Clubhouse II

2:00 p.m. Hadassah Women's Passover Seder
 3:30 p.m. Camera Club Photo Matinee

Monday, March 19

Clubhouse I

9:15 a.m. Stretch and Tone Class
 10:30 a.m. Beginner Stretch and Tone Class
 1:00 p.m. Paintbrush and Knife Art Class
 1:30 p.m. NARFE
 1:30 p.m. Hadassah Judaic Study Group
 1:30 p.m. LW Chorale
 6:00 p.m. Lions Club
 7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers
 10:00 a.m. Clipper Workshop
 10:30 a.m. Zumba Gold Class
 12:30 p.m. Men's Bridge
 1:00 p.m. Chess Club
 2:00 p.m. Chair Yoga Class
 4:00 p.m. Ba Duan Class

Tuesday, March 20

Clubhouse I

9:00 a.m. Blood Pressure Testing
 9:30 a.m. Any Medium Art Class

10:00 a.m. CLL Course: Habla Conmigo Part II

10:00 a.m. A Unique Tool for Effective Communication Class

1:00 p.m. CLL Course: Habla Conmigo Part I

1:00 p.m. Watercolor Techniques Art Class

1:30 p.m. Republican Club

2:00 p.m. Jewish War Veterans: Changing Alliance in the Middle East

7:00 p.m. Duplicate Bridge

7:00 p.m. Trivia Group

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class

11:00 a.m. Mild Exercise Class

11:00 a.m. Water Exercise Class

12:30 p.m. Scrabble Group

1:00 p.m. Non-Impact Fusion Water Class

1:30 p.m. Comedy and Humor Club
 6:15 p.m. Move to the Beat Class

Wednesday, March 21

Clubhouse I

8:45 a.m. Income Tax Service
 9:00 a.m. Gentle Yoga Class
 10:00 a.m. Express Yourself in Drawing and Painting Art Class

11:00 a.m. Short Story Group

11:00 a.m. Book Club Network – Raspbian Readers

1:00 p.m. Painting and Miniatures: Oils, Acrylics and Alkyds Art Class

6:00 p.m. Class: The "Emolument Clause" – What is it?

6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class

1:00 p.m. Chess Club

1:00 p.m. Ping Pong Club

1:00 p.m. Aqua Fit Class

2:00 p.m. Chair Yoga Class

4:00 p.m. Move It or Lose It Class

Thursday, March 22

Clubhouse I

9:15 a.m. Stretch and Tone Class
 10:00 a.m. Painting is for Everyone Art Class

10:30 a.m. Beginner Stretch and Tone Class

12:30 p.m. Ladies Bridge

1:00 p.m. Oils and Acrylics Art Class

1:15 p.m. CLL Course: Aspects of Israel: Complex and Beautiful

Clubhouse II

9:00 a.m. Senior Sneakers Class
 9:30 a.m. Beginner and Advanced Tai Chi Class

9:30 a.m. Quilters Group

11:00 a.m. Water Exercise Class

12:30 p.m. Men's Bridge

1:00 p.m. Non-Impact Fusion Water Exercise Class

Friday, March 23

Clubhouse I

10:00 a.m. Drawing Clinic Art Class
 1:30 p.m. Any Level Watercolor Art Class

3:00 p.m. Hispanos de LW: Games
 7:00 p.m. Friday Duplicate Bridge

Dial 301-598-1313
for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Budget and Finance

March 21, 10:00 a.m., Clubhouse II

Health

March 21, 2:00 p.m., Clubhouse I

Communications

March 22, 10:00 a.m., Clubhouse I

Insurance

March 26, 2:30 p.m., Sullivan Room

Energy

March 20, 9:30 a.m. Clubhouse I

Restaurant

March 19, 10:00 a.m., Clubhouse I

LWCC Board of Directors

March 27, 9:30 a.m., Clubhouse I

The meeting airs on April 2, 4 and 6 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

March 16, 9:30 a.m., Sullivan Room

The meeting airs on March 21, 22 and 23 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change.

Leisure World Mutual Meetings

March 20

Mutual 14 Board

9:30 a.m., Sullivan Room

Mutual 13 Board

1:30 p.m., Sullivan Room

March 21

Mutual 5 Board

9:30 a.m., Sullivan Room

Mutual 19B Agenda

1:00 p.m., Sullivan Room

March 22

Mutual 10 Board

9:30 a.m., Sullivan Room

Mutual 20A Board

9:30 a.m., Party Room 1

March 23

Mutual 17B Board

10:00 a.m., Party Room

March 26

Montgomery Mutual Board

9:30 a.m., Clubhouse I

Mutual 23 Board

10:00 a.m., Party Room

Mutual 9 Board

Meeting times and locations subject to change.

10:00 a.m., Sullivan Room

March 27

Mutual 17A Board

2:00 p.m., Party Room

Mutual 21 Board

2:30 p.m., Community Room 3

March 28

Mutual 20B Board

9:00 a.m., Community Room 3

Mutual 19B Board

1:00 p.m., Sullivan Room

Mutual 22 Board

4:00 p.m., Clubhouse II

March 29

Mutual 6C Board

9:30 a.m., Community Room

Mutual 26 Board

10:30 a.m., Party Room

Mutual 24 Board

1:30 p.m., Community Room

Clubhouse II

10:00 a.m. Chinese Club

10:00 a.m. JRLW Speaker Dr. Michael Seigel

1:00 p.m. Ping Pong Club

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge

1:00 p.m. Zumba Gold Class

Saturday, March 24

Clubhouse I

10:00 a.m. Open Studio

10:00 a.m. Lions Club Training

7:30 p.m. Ballroom Dance Club

Clubhouse II

9:15 a.m. JRLW Services

2:00 p.m. Going It Alone Club: Social

7:00 p.m. "Death at the Palace Theatre"

Sunday, March 25

Clubhouse I

2:00 p.m. Girls of Fun Bunch

2:00 p.m. Italian Club General Meeting

Clubhouse II

10:00 a.m. Jewish Friendship Group

2:00 p.m. Movie "The Shack"

Monday, March 26

Clubhouse I

1:00 p.m. Paintbrush and Knife Art Class

1:30 p.m. Book Club Network – the Fall Reader

1:30 p.m. LW Chorale

7:00 p.m. Bingo
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 10:30 a.m. Zumba Gold Class
 11:00 a.m. Chair Yoga Class
 12:30 p.m. Men's Bridge
 1:00 p.m. Chess Club
 2:00 p.m. Chair Yoga Class
 2:00 p.m. Foundation of LW Movie
 "The Silk Road: Xi'An to Kashgar"
 4:00 p.m. Ba Duan Class

Tuesday, March 27

Clubhouse I
 9:30 a.m. Any Medium Art Class
 10:00 a.m. CLL Course: A Unique
 Tool for Effective Communication
 10:00 a.m. CLL Course: Habla
 Conmigo Part II
 11:00 a.m. Garden & Environmental
 Spring Tea
 1:00 p.m. CLL Course: Habla
 Conmigo Part I
 1:00 p.m. Watercolor Techniques
 Art Class
 2:00 p.m. Book Club Network –
 Suspensers
 7:00 p.m. Duplicate Bridge
 7:00 p.m. Trivia Group
Clubhouse II
 9:30 a.m. Beginner and Advanced
 Tai Chi Class

10:00 a.m. LW Apple Club
 11:00 a.m. Mild Exercise Class
 11:00 a.m. Water Exercise Class
 12:30 p.m. Scrabble Group
 1:00 p.m. Non-Impact Fusion Water
 Exercise Class
 1:30 p.m. Comedy and Humor Club
 2:30 p.m. Unitarian Universalists
 6:15 p.m. Move to the Beat Class
 7:00 p.m. Camera Club

Wednesday, March 28

Clubhouse I
 8:45 a.m. Income Tax Service
 9:00 a.m. Gentle Yoga Class
 10:00 a.m. Express Yourself in
 Drawing and Painting Art Class
 10:00 a.m. Health Advisory
 Committee Program–Tinnitus
 1:00 p.m. Painting and Miniatures:
 Oils, Acrylics and Alkyds Art Class
 2:00 p.m. LW Green
 6:45 p.m. Chicago Bridge
Clubhouse II
 11:00 a.m. Mild Exercise Class
 1:00 p.m. Chess Club
 1:00 p.m. Ping Pong Club
 1:00 p.m. Aqua Fit Class
 1:30 p.m. JRLW Movie "The Ritchie
 Boys"
 2:00 p.m. Chair Yoga Class
 4:00 p.m. Move It or Lose It Class

Thursday, March 29
Clubhouse I
 10:00 a.m. Painting is for Everyone Art
 Class
 10:00 a.m. Ladies 18-Hole Golfers
 12:30 p.m. Ladies Bridge
 1:00 p.m. Oils and Acrylics Art Class
 2:00 p.m. Health Advisory Committee-
 Memory Café
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 9:30 a.m. Beginner and Advanced Tai
 Chi Class
 11:00 a.m. Water Exercise Class
 12:30 p.m. Men's Bridge
 1:00 p.m. Non-Impact Fusion Water
 Exercise Class

Friday, March 30

Clubhouse I
 10:00 a.m. CLL Course: Introduction to
 Dancing for Hesitant Beginners
 10:00 a.m. Drawing Clinic Art Class
 1:30 p.m. Any Level Watercolor Art Class
 7:00 p.m. Friday Duplicate Bridge
Clubhouse II
 1:00 p.m. Ping Pong Club
 1:00 p.m. Chess Club
 1:00 p.m. Friday Bridge
 1:00 p.m. Zumba Gold Class

Saturday, March 31

Clubhouse I
 10:00 a.m. Open Studio
 6:00 p.m. JRLW Passover
Clubhouse II
 9:15 a.m. JRLW Service
 2:00 p.m. Going It Alone Club: Social/
 Video

Sunday, April 1

Clubhouse I
 12:30 p.m. Easter Buffet
 3:00 p.m. Easter Buffet
 5:30 p.m. Easter Buffet
Clubhouse II
 1:00 p.m. Tennis for Beginners

Monday, April 2

Clubhouse I
 9:15 a.m. Stretch and Tone Class
 10:30 a.m. Beginner Stretch and Tone
 Class
 1:30 p.m. NARFE
 1:30 p.m. Hadassah Judaic Study Group
 1:30 p.m. LW Chorale
 6:00 p.m. Lions Club
 7:00 p.m. Bingo
Clubhouse II
 9:00 a.m. Senior Sneakers
 10:00 a.m. Clipper Workshop
 10:30 a.m. Zumba Gold Class

12:30 p.m. Men's Bridge
 1:00 p.m. Chess Club
 2:00 p.m. Chair Yoga Class
 4:00 p.m. Ba Duan Class

Tuesday, April 3

Clubhouse I
 9:00 a.m. Blood Pressure Testing
 10:00 a.m. CLL Course: Habla
 Conmigo Part II
 1:00 p.m. CLL Course: Habla
 Conmigo Part I
 2:00 p.m. CLL Program-Neighbors
 Helping Neighbors Aging In Place
 Seminar
 7:00 p.m. Duplicate Bridge
 7:00 p.m. Trivia Group
Clubhouse II

9:30 a.m. Beginner and Advanced
 Tai Chi Class
 11:00 a.m. Mild Exercise Class
 11:00 a.m. Water Exercise Class
 12:30 p.m. Scrabble Group
 1:00 p.m. Non-Impact Fusion
 Water Exercise Class
 1:30 p.m. Comedy and Humor
 Club
 6:15 p.m. Move to the Beat Class
 7:00 p.m. Camera Club

Wednesday, April 4

Clubhouse I
 8:45 a.m. Income Tax Service
 11:00 a.m. Short Story Group
 2:00 p.m. Book Club Network –
 African Heritage
 6:45 p.m. Chicago Bridge
Clubhouse II
 11:00 a.m. Mild Exercise Class
 1:00 p.m. Chess Club
 1:00 p.m. Ping Pong Club
 1:00 p.m. Aqua Fit Class
 2:00 p.m. Chair Yoga Class
 4:00 p.m. LWAAAC General
 Meeting
 4:00 p.m. Move It or Lose It Class
 7:30 p.m. Fun and Fancy Theatre
 Group

Thursday, April 5

Clubhouse I
 10:30 a.m. Essential Tremor Group
 11:00 a.m. Writers Workshop
 12:30 p.m. Ladies Bridge
 12:30 p.m. Ladies Golf Lunch
 3:00 p.m. Stamp Club
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 9:30 a.m. Beginner and Advanced
 Tai Chi Class
 11:00 a.m. Stitching Group
 11:00 a.m. Water Exercise Class
 12:30 p.m. Men's Bridge
 1:00 p.m. Non-Impact Fusion
 Water Exercise Class
 1:00 p.m. Gilbert and Sullivan
 7:00 p.m. Tennis Club

Friday, April 6

Clubhouse I
 10:00 a.m. CLL Course:
 Introduction to Dancing for
 Hesitant Beginners
 12:15 p.m. Kiwanis Club
 6:00 p.m. LWAAAC and Hispanos
 de LW Latin Dance Party
 7:00 p.m. Friday Duplicate Bridge
Clubhouse II
 1:00 p.m. Ping Pong Club
 1:00 p.m. Chess Club
 1:00 p.m. Friday Bridge
 1:00 p.m. Zumba Gold Class

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Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

"The Hunchback of Notre Dame," Riverside Center for the Performing Arts, Fredericksburg, VA

Wed., 3/28, 9:45 am-6:45 pm.....\$117.00 per person
As the bells of Notre Dame resound through the famed cathedral in 15th-century Paris, Quasimodo, the deformed bell-ringer who longs to be "Out There" observes all of Paris reveling in the Feast of Fools. Lunch included.

Cherry Blossom Tour, DC

Mon., 4/2, 10:00 am-3:15 pm \$79.00 per person
Driving tour of DC with stops at WWII Memorial, FDR Memorial and Martin Luther King Jr. Memorial. Lunch at Carmines' included.

Odyssey Cherry Blossom Luncheon Cruise, DC

Tues., 4/3, 9:00 am-3:45 pm\$105.00 per person
Step aboard the "Odyssey" and enjoy a luxurious cruise. Dine on a fine lunch with live entertainment while our greatest monuments drift past.

Boston Pops Orchestra at Strathmore, MD

Sun., 4/8, 1:00 pm-5:15 pm\$148.00 per person
It's a Jazz Age jubilee with conductor Keith Lockhart and the Boston Pops. Ticket to show and motorcoach transportation included.

Murder Mystery Theater

Tues., 4/10, 7:15 am-5:45 pm\$117.00 per person
Take part in an interactive, who-done-it at Mount Hope Mansion in Manheim, PA. Enjoy a sumptuous four course meal, become a detective – interrogate the suspects, put the clues together and uncover the truth!


Barn Quilts, Antrim 1844 & Baughers, MD

Wed., 4/18, 7:45 am-5:00 pm.....\$104.00 per person
The Barn Quilt Trail is an homage to the county's agrarian history, installing quilt blocks on scenic barns throughout the county. Lunch is included at the infamous Antrim 1844. After lunch, a stop will be made at Baugher's Restaurant that features country cooking and fresh baked goods for purchase.

Backroads to Freedom-Harriet Tubman, MD

Sat., 4/21, 8:15 am-7:30 pm\$115.00 per person
A historical guided tour of the new Harriet Tubman Underground Railroad State Park through the Blackwater National Wildlife Refuge. Hear stories of the Network to Freedom Highway. Lunch at the Suicide Bridge Restaurant.

Old Farm House Tea & Brown's Orchard,

Thomasville, PA 
Wed., 4/25, 9:00 am-5:00 pm.....\$78.00 per person
Join Rossmoor Woman's Club for a delicious High Tea at the Old Farm House and, before ending your day, we will make a stop at Brown's Orchard & Farm Market. Trip includes: Motorcoach transportation and High Tea.

Wolf Sanctuary, PA

Thurs., 4/26, 7:15 am-5:45 pm.....\$99.00 per person
Guided tour of different packs of wolves. Lunch included at Shady Maple Smorgasbord. This trip is outdoors with uneven terrain, dress appropriately.

National Museum of African American History & Culture, DC

Mon., 4/30, 9:00 am-3:15 pm\$45.00 per person
Admission and transportation included in trip.

Springfest Ocean City, MD

Sat., 5/5, 7:45 am-9:00 pm\$60.00 per person
Enjoy great food, music and crafts while being on the inlet in Ocean City! Transportation only to the festival.

Hershey for Mother's Day PA

Sat., 5/12, 8:00 am-7:45 pm\$109.00 per person
Start with a little shopping at Hershey Chocolate World before heading to the Hotel Hershey for lunch. Enjoy an elegant buffet lunch in the Circular Dining Room. Then, wander through the Gardens that started over 75 years ago as a nice garden of roses and has blossomed into 23 acres of botanical beauty.

(All Trips depart from Clubhouse II)

"Grease" the Musical at Dutch Apple Theatre, PA

Wed., 5/16, 9:00 am-6:00 pm.....\$112.00
Dust off your leather jackets, pull on your bobby-socks and take a trip to a simpler time! Transportation, show and lunch included.

Land, Sea & Safari, PA

Wed., 5/30., 7:15 am-8:45 pm.....\$119.00 per person
Trip Includes: Guided tour of the Pennsylvania Capitol building, Lunch at Old Country Buffet, Paddle Boat Cruise on the Susquehanna River, and a three hour visit at the Lake Tobias Wilderness Park.

National Harbor & MGM Casino, MD

Mon., 6/4, 9:00 am-4:30 pm\$42.00 per person
Transportation only! You choose where you want to spend your day: Waterfront, Casino or Outlets (shuttle service available to purchase).

US Naval Academy & Harbor Cruise, MD

Tues., 6/12, 8:45 am-5:35 pm\$115.00 per person
A 90-minute walking tour of Naval Academy, lunch at Drydock Restaurant, Free time in Annapolis City Dock area before boarding the Harbor Queen.

Let's Play Ball! Battle of the Beltway Nationals vs Orioles, DC

Wed., 6/20, 4:45 pm-11:45 pm\$89.00 per person
Transportation and tickets to the game included in pricing.

Spotlight On...

Grounds For Sculpture, NJ

Wed., 5/23, 7:45 am-7:45 pm.....\$129.00 per person
Nestled in the heart of New Jersey lies Grounds For Sculpture, a magical place where art and nature are always at play. It's a feast for the senses! And speaking of feasts...a three-course plated lunch at the incomparable Rat's Restaurant is included.

MULTI-DAY TRIPS

Best of Israel & Jordan
March 21, Oct. 3 or Nov. 7
12 days (fly/drive)

Chihuly at the Biltmore, NC & The Smoky Mountains, TN
May 20-24

Cape Cod, MA
July 22-26

Nova Scotia & Canada's Maritimes
Aug. 10-18

Castles of New York-1000 Islands
Aug. 26-29

A Taste of Tuscany
Sept. 2-9

The Ark Encounter
Sept. 4-7

Mystical Peru
Sept. 11-17

Hudson Valley, NY
Sept. 26-28

Trains & Canaan, WV
Oct. 1-3

CRUISES

Princess Cruise Alaska on the Golden Princess (land/cruise)
Aug. 14-25

Princess Cruise Alaska on the Golden Princess (cruise only)
Aug. 18-25

Royal Caribbean Canada & New England
Sept. 27- Oct. 6

We can book any cruise line anywhere you want to cruise.

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:  Easy Walking  More Walking  A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

For information on placing advertisements in the Leisure World News, visit leisureworldmaryland.com or call (301-598-1310).

ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (atticllc.com) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC - I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment Janet Ray (301-384-3198), (wishalot10@aol.com).

REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

THINKING OF SELLING your home or that of a relative? Call Sue Heyman of Weichert, Realtors, Leisure World Plaza, community resident for over 14 years. Top 1% of Agents Nationwide, Seniors & Relo Specialist, "Forward 50 Sponsor." Inventory is historically low. Days on the market for our community are now hovering at around one month. Prices are going up! As sellers, now is the time to take advantage of this fast-paced market. I know all of the floor plans and how to price them. Tap into my experience, contractor connections, and marketing to get the best price. My top-quality color brochures, twice-monthly statistical reports specific for your property, multiple websites, staging techniques, and visual tours display your home and our community at its best. Call Sue for your free competitive market analysis. Office: (301-681-0550). Direct: (301-580-5556).

REAL ESTATE FOR RENT

BEAUTIFULLY RENOVATED 1 Bed/1 Bath with great golf course views on the 7th floor of Fairway South available for Rent. Please call David at (301-996-8333).

AUTO SALES

2008 GRAND MARQUIS loaded with leather. MD inspected. Like new. Only 25,000 miles \$12,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

1986 OLDSMOBILE CUTLASS SUPREME, 4-door, V-8, a/c. Like new. Only 33,000 original miles. \$5,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER IS HERE: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere...including long distance trips to other states. Reservations available 24/7. Call 7 a.m.-10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text: (301-933-8899). email: (Steve.Your.Driver@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 50 satisfied customers from Leisure World. Larry Kraft (240-743-8287).

HEALTH CARE SERVICES

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants."

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

ELDERLY CARE: Over 10 years experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

EXPERIENCED, CARING CNA with CPR certificate seeks live-out position, Monday-Friday, 8-12 hours a day. Call Millie at (301-742-5386).

LPN, CNA, CPR, first aid. Compassionate caregiver. Skills: personal care, meds administration, wound care, BLS checks, insulin administration, G-tube, tracheostomy care, clients with dementia or stroke. Great reference. Roseline (301-466-3186).

CNA with over 10 years experience helping older adults with dementia remain safely in the home. Live-in or -out. Please call Rose (240-855-2994).

CERTIFIED NURSING ASSISTANT. Over 25 years experience. Proficient in elder care and hospice care. Skilled in listening and paying attention to my clients' needs. Honest, trustworthy. Have reliable transportation. Call Florence (202-805-6212) or (240-714-3657).

CERTIFIED CNA/GNA looking for work. Lots of tender loving care. Honest, hardworking and God-fearing person. 18 years experience. I have worked in a hospital for 10 years. Senior living homes – 10 years. Nursing agency – seven years. Call Florence (240-595-7971).

PROVIDING QUALITY AND AFFORDABLE CARE: Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337).

CERTIFIED NURSING ASSISTANT and a caregiver with CPR and First Aid. I am looking to care for your loved one in their home. I love what I do. I do the care with love and compassion. I am reasonable and affordable. All ages are welcome to call me. Florence at (240-779-1984).

EXPERIENCED, TRUSTED and kind Filipina caregiver seeking a live-in job within Leisure World or close by locations. Good references. Please call (240-606-1683) or (301-412-4725) for more information and interviews.

CNA/GNA, pharmacy technician, patient care technician, medication technician, CPR, first aid trained. Over 20 years experience in home and hospice care services. Passionate about caring for people. Flexible hours. (240-422-9266)

ASSISTED LIVING

ASSISTED LIVING SERVICES - Go to (www.wellnesstouch.biz). A safe, economical, peaceful and clean home in the Olney - Cloverly area. MD licensed since 2010. For a consumer report, view (Caring.com).

Ask about our 1st year discount. Call (301-525-8087).

2 RN's ASSISTED LIVING LLC – Care beyond call of duty. Just opened our new Assisted Living. Operated by experienced, registered nurses. Accepting a few new residents. Licensed level care 1, 2, 3. Tel. (301-338-4015) or (240-221-3318). Email: (patyusingco@yahoo.com).

GENERAL SERVICES

ALTERATIONS - 30 years experience in Leisure World! Men's & woman's garments picked up and dropped off at your convenience. Very competitive prices. Call Mimi (301-990-6468).

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carolos Gomez (301-305-4727).

STAIR LIFTS: Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. If you do not drive, I will come to your home and give you a free evaluation. If you decide to sell, I can buy your items at that time, but there is no obligation. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. Licensed with both

Maryland and Montgomery County (lic. #2327). Call Bob, (240-938-9694). Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910.

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55-yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807)

HOUSE CLEANING – 22 years experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

HOUSECLEANING – Sara (240-477-2104) will thoroughly clean your home for a fair price; all supplies included. I am one of Sara's satisfied customers. Call Jackie for references (301-598-3711).

COMPUTER HELP

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back up, and retrieve important data, photos, and music. Have served over 400 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES - Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your

convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English - no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Senior discount. Call David at (301-980-5840). **COMPUTERTUTOR**

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll transfer your photos, slides, and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services (301-438-3140).

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

HAIR DRESSER plus manicure, pedicure and wax. We come to you in the comfort of your home. Lots of references. Call Rosa (240-731-5248).

MUSIC LESSONS

GUITAR, PIANO, VOICE lessons! It is never too late to learn! Beginner

and intermediate welcome! Call Wendy (LW Resident!) at (301-938-4922) or email at (awdmf@aol.com).

HELP WANTED

CLIENT CARE SPECIALIST (part-time): Since 1998, Home Instead Senior Care has provided companionship, meal preparation, laundry/light housekeeping, errands, medication reminders, and personal hygiene assistance to seniors in the Washington, DC-metro area. Based in Silver Spring, our office team is fun, dedicated, and committed to providing superior service to our customers. To learn more about us, visit HomeInstead.



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Gardenside at Ingleside at King Farm represents the future of extraordinary retirement living. It's time to experience a lifestyle that provides opportunities for growth and adventure. Gardenside features elegantly appointed apartment homes, superior amenities and a Center for Healthy Living. A stylish, engaged lifestyle at its very best!

For more information call 240-398-3846.



Ingleside at King Farm is a CARF accredited, not-for-profit, continuing care retirement community.

701 King Farm Blvd. • Rockville, MD
www.inglesidekingfarm.org

Ingleside at King Farm is expanding with the proposed building of 121 new independent living apartments, 32 private assisted living memory support suites, and a Center for Healthy Living, subject to approval by the Maryland Department of Aging.



com/197. We are seeking a part-time Client Care Specialist (work 8:30am-5pm three days/week). This individual initially meets with seniors and their families to explain our services, performs a non-medical intake process, and signs them on as clients. This position will also attend marketing events and stop by facilities to drop off brochures, etc. Requirements: Team player attitude, ability to nurture and cultivate relationships and computer skills. Please email cover letter, resume, salary history/requirements to patty.mascari@homeinstead.com. No phone calls please.

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. E-mail (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@

mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

NOTICES

KEEPING SENIORS SAFE - KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

UPCOMING EVENTS

ALL THE WRITE STUFF WORKSHOP, March 17, 10 a.m.-5 p.m. at Kensington Park Library, 4201 Knowles Ave, Kensington, MD 20895. Grab your pens and pads for a free writing workshop taught by featured authors of the 2019 Kensington Day of the Book Festival. Designed for writers of all levels. Space limited. Call 301-351-7045 to reserve your space.

SWINGIN' SOUNDS FOR SENIOR CITIZENS, presented by Tri-M Music Honor Society Chapter 4407, Montgomery Blair High School. Sunday, March 18, 2-4 p.m. Free, but RSVP to Michelle_Roberts@mcpsmd.org. Enjoy the music of Sinatra, Goodman, Cole Porter and more! Located at 51 University Blvd. East, Silver Spring, MD 20901.

MEET THE AUTHOR: Armiger Jagoe, April 5, 2-3 p.m., at Twinbrook Library, 202 Meadow Hall Dr., Rockville, MD 20851. Are you a senior interested in living your best life? Then this

event is for you! Jagoe discusses his book, "I Love Being Old" – a book written to convince his fellow seniors that the last phase of life can be the best.

WANTED

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years experience serving Leisure World. Leave message 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. atticllc.com Gary (301-520-0755)

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. atticllc.com Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your home and give you a free evaluation of what I can pay. If you decide to sell, I can buy your items at that time, but there is no obligation. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. Licensed with both Maryland and Montgomery County (lic. #2327). 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910. Call Bob, (240-938-9694).

WANTED: FIREARM COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).

Personal Care Services In The Comfort Of Your Home



- Household chores
- Medication reminding
- Daily living and companionship
- Meal planning, preparation and monitoring of eating habits
- Overseeing activities, such as walking, to minimize the risk of accidents
- Shopping for groceries, with or without client
- Bathing and grooming and general personal hygiene
- Help with planning and making decisions
- Nursing services and many more!

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APRIL 2018

UPCOMING SEMINARS & EVENTS

AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

HEALTHY LIVING CLASS: “EVERYDAY BALANCE”

April 9 through May 16

MONDAYS & WEDNESDAYS
10–10:30 A.M.

Six-week Session Fee: \$30

During this class, simple yet effective techniques are used to improve balance and agility and reduce your risk of falls. No props are used, so exercises may easily be performed home.

Reservations are requested by April 6. Check-in begins at 9:30 a.m. on April 9, and the class fee is due at that time.

HEALTHY LIVING CLASS: “MINDFUL MEDITATION”

April 11 through May 16

WEDNESDAYS • 11–11:30 A.M.

Six-week Session Fee: \$20

Recent scientific studies have shown that mindful meditation changes the brain in astonishing ways—promoting greater focus, reduced anxiety, increased compassion and improved well-being. Experience guided, mindful meditation in a quiet space.

Reservations are requested by April 8. Check-in begins at 10:30 a.m. on April 11, and the class fee is due at that time.

LIVING WELL SEMINAR: “EVERYTHING YOU NEED TO KNOW ABOUT LONG-TERM CARE INSURANCE”

WEDNESDAY, APRIL 18 • 1–2:15 P.M.

Find the answers to all your questions about long-term care (LTC) insurance from a consumer perspective. “What are the pros and cons of buying LTC insurance? What do Medicare and Medicaid cover? What if I need assisted living or nursing home care? What’s the best way to shop for this product? What constitutes a good policy and price? How do I access benefits?”

Preceded by complimentary lunch at 12:30 p.m.

FREE. Register by April 16.

SMOOTH MOVE SEMINAR: “HOW TO SELL YOUR HOME FOR TOP DOLLAR”

TUESDAY, APRIL 24
11 A.M.–12:30 P.M.

In this highly engaging presentation, you’ll get the inside scoop on how to sell your home for top dollar. Learn about the local real estate market and gain insights on how to approach the sale of your home, including tips on timing, pricing, sorting through your possessions and home improvements with the best rate of return.

Reservations are requested by April 22. Check-in begins and hors d’oeuvres served at 10:30 a.m.



18100 Slade School Road
Sandy Spring, MD 20860

301-260-2320

www.bgf.org

CAREGIVER CONNECTION: “VISITING THE DOCTOR: HOW TO MAKE THE MOST OF YOUR TIME TOGETHER”

TUESDAY, APRIL 17 • 2–3 P.M.

As a caregiver for someone with memory issues, you are a vital partner in their medical care. Planning ahead for a doctor’s appointment can go a long way toward effectively addressing your loved one’s needs. Learn what problems to watch for and how to communicate most efficiently with their physician.

FREE. Register by April 15.



INDEPENDENT LIVING ASSISTED LIVING REHABILITATION LONG-TERM CARE MEMORY SUPPORT

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AT

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