

Leisure World News

OF MARYLAND

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Due to the dynamic nature of the COVID-19 (coronavirus) pandemic and recommendations of public health authorities, the events, meetings and other activities as well as schedule changes and hours of operation reported in this edition of Leisure World News may have been changed after press time.

Governing at a Distance



The Executive Committee of the Leisure World Community Corporation board of directors meets on March 24 in the Clubhouse I Crystal Ballroom. The Committee discussed an operations briefing from General Manager Kevin Flannery and an upcoming resolution the board then addressed. Attendees sat in chairs at least six feet apart in the open room, abiding by the urging of public health officials that all citizens should avoid close contact. Photo by Leisure World News

Board Delegates its Authority to Executive Committee

by Stacy Smith, Leisure World News

In a near unanimous roll call vote, the Leisure World Community Corporation (LWCC) board of directors passed a resolution delegating its authority to the LWCC executive committee during its regular meeting held via teleconference on March 31. The resolution gives the executive committee the authority to act on behalf of the LWCC board of direc-

tors in matters of health, safety, financial and operational issues to protect the community and its residents, employees and visitors. The meeting's unprecedented format was arranged to protect board members and other attendees from COVID-19's potential spread and to comply with Maryland Gov. Larry Hogan's March 19 executive order limiting gatherings in the state to 10

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Fulfilling Essential Needs While Staying Close to Home

by Leisure World News

Under Gov. Larry Hogan's executive order enacted March 30, Marylanders must stay home unless fulfilling an essential function, such as picking up food or medications or seeking emergency care, reporting to an essential job or engaging in outdoor recreation within a safe distance from others. Residents are urged to heed the order's directive to help slow the spread of COVID-19 (coronavirus) infection, which can cause serious illness or death, especially in the elderly and those with underlying

health conditions. In the coming days and weeks many residents may choose to self-isolate or quarantine in their homes for extended periods of time, or may be directed to do so by medical personnel or government authorities. Staying close to home can make fulfilling essential functions more difficult, but Leisure World and its surrounding community offer several options to help meet residents' basic needs with minimal risk to their health and safety:

- **Grocery Shopping** – Giant Food grocery store



With the golf course now closed to golfing due to the COVID-19 outbreak, residents enjoy a spring walk – at a safe distance from one another – on the golf cart paths behind The Overlook on the afternoon of March 26. Photo by Leisure World News

in Leisure World Plaza reserves daily shopping from 6-7 a.m. for senior citizens age 60 and older and

those with compromised immune systems. For a list of other local grocery stores

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For answers to frequently asked questions about Leisure World's response to COVID-19, **see page 4.**

GOOD TO KNOW:

Four Ways to Stay Connected While Safe at Home

by Stacy Smith, Leisure World News

Most of us are spending the majority of our time at home, which can spell bliss for some and boredom for others. Residents who fall into the latter category need not despair; there are many ways to take advantage of this time and stay connected to others.

Connect with Friends and Family

Check up on family members and friends by giving them a phone call, or consider making it a video call.

FaceTime, Skype, and similar apps allow internet users to connect face-to-face through their smartphone, computer or other device. Here's a quick roundup of some of the most popular apps for staying connected:

- FaceTime – compatible with iOS (Apple) devices, such as iPhones and iPads
- Skype – compatible with iOS and Android devices and most web browsers
- Zoom – compatible with iOS and Android devices and most computer platforms
- WhatsApp – compatible with iOS, Android, Windows Phone, Mac and PC
- Google Hangouts – compatible with iOS and Android devices and most web browsers; must have a Google account



Remote Volunteering

Montgomery County offers several ways to volunteer to help support the COVID-19 relief effort, all while remaining in the comfort and safety of your own home:

- Sew or donate materials to make personal protective equipment such as masks for medical staff. Mail your creations to (SEEC, 8905 Fairview Rd., #300, Silver Spring, MD 20910).
- Help keep loneliness at bay by volunteering to chat with strangers through AARP's new virtual call center. For more information, visit (<https://states.aarp.org/virtual-call-center-volunteer-position>).

For more information on other volunteer opportunities, visit (www.montgomerycountymd.gov/volunteercenter/volunteers/covid19.html) or (www.volunteermatch.org).



Sign Up on Resident Website

Don't forget to sign up as a user on (residents.lwmc.com) for access to timely announcements and updates about the coronavirus and its impact on the community.

Resident and non-resident homeowners can sign up by clicking on "Sign Up Today" on the website's welcome page. Website users also receive regular emails from Leisure World management.

Having trouble signing up or navigating the website? Email (websitesupport@lwmc.com) any time and you'll receive a response during the workweek.



Tune in to TV Channels 972 and 974

Most events and activities in the community are either canceled or have modified their format; some committees and mutual boards, for example, are choosing to meet remotely using one of the aforementioned apps or another teleconferencing service.

Check channels 972 and 974 for updates to these calendar items, which are posted to the channel as they become available.

Tired of Netflix? Also watch the channels for video content that includes The Inter-Faith Chapel's worship services, public service announcements and some new content still in development.



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ATTENTION LEISURE WORLD RESIDENTS:

We are here to help you during the COVID-19 pandemic.

Being the closest gas station and automotive service shop to Leisure World, we recognize how important it is to watch out for each other during these uncertain times. Our job is to serve the community in any way we can, and we are taking all the steps needed to keep our team, and the vehicles we work on, safe and clean.

While it is recommended everyone stay home, we are offering **VEHICLE PICK UP AND DELIVERY AT NO CHARGE WITH AUTO SERVICE**. If you need help or do not feel safe pumping gas, please let us know and we will help you.

We have been serving the community since 1980, and this is our way of helping each other, by duty and by choice. **STAY SAFE, STAY INDOORS**. We will all get through this together.

Maryland State Inspection Station

Leisure World News OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Essentials

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- offering special hours, visit (www.montgomerycountymd.gov/HHS/Resources/Files/COVID19GroceryStores.pdf).
- **Medical Care** – MedStar Health medical center offers free e-Visits during which a resident can consult online with a medical provider who can screen him or her for coronavirus symptoms. For more information, visit (medstar-evisit.com). Residents who feel ill and cannot use the e-Visit service can contact the medical center at (301-598-1590).
 - **Pharmacy** – The pharmacy at MedStar Health medical center offers free prescription delivery (no walk-ins or pickups). Call the pharmacy Monday through Friday, 9 a.m.-5 p.m., at (301-598-1005).
 - **Food Delivery** – The Terrace Room restaurant at Leisure World offers delivery every day between 11 a.m.-7 p.m. for a \$4 surcharge (no minimum order amount). To place an order, call (301-598-1330).



Residents who feel ill can sign up for a free MedStar Health e-Visit at (medstar-evisit.com). Screenshot by Leisure World News

‘All of This is New to Us’ *Connecting Through Worship While Physically Apart*



Rev. Dr. Woodie Rea presides at the March 22 service at The Inter-Faith Chapel. Video still by Leisure World News

by Leisure World News

Although the regular Sunday service in The Inter-Faith Chapel was closed on March 22, Rev. Dr. Woodie Rea, the chapel’s senior minister, nevertheless presided over the weekly celebration of faith as usual.

The pews were empty, but his words were directed to worshippers who were able to “attend” the channel 972 broadcast of the service several days later.

“This is indeed a unique way for us to gather in these unique times, to not see each other as we are facing a virus that we cannot see, but we know is very real,” he said, referring to the ongoing COVID-19 pandemic.

Emphasizing the importance of “physical distancing” as a means of slowing the spread of the virus, Dr. Rea also acknowledged the challenge of staying socially connected.

“So we are continuing to seek to be connected, to be connected spiritually, relationally and emotionally even though we are physically distancing ourselves,” he said.

“Now we find ourselves in our own quarters, but we still gather together to worship,” he said. “All of this is new to us.”

- **Recreation** – Leisure World offers several walking paths, some of which intersect with the golf cart paths. As the golf course is closed, residents are welcome to walk along the cart paths any time of day, being mindful to keep a minimum six feet of distance from others. For a map of Leisure World that includes the walking paths, sign in to (residents.lwmc.com) > Your Community > Leisure World Maps > Leisure World Community Map. A map of the golf course can be found

in > Amenities & Services > Golf Course.

- **Social Services** – The Social Services Department at Leisure World can help provide residents the resources to meet their individual needs and circumstances. For more information, call (301-598-1581) or email (smontgomery@lwmc.com).

For a more complete list of community resources, see page 9.

Board

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people or fewer. The LWCC executive committee consists of just seven members, while the board has 34.

Going forward, the LWCC board’s chairperson will submit all proposed board actions to board members and will have them posted on the residents’ website



From left, Leisure World Community Corporation board secretary Henry Jordan, general manager Kevin Flannery and administrative assistant Kenia Ibanez listen and take notes as the board’s regular meeting is conducted via teleconference on March 31. Photo by Leisure World News

(residents.lwmc.com) prior to the LWCC executive committee taking action on them, according to the resolution. Board members and other residents will have three calendar days to submit comments prior to the executive committee moving forward on a proposed action.

The delegation of authority and its procedures are expected to remain in place until Hogan’s executive order is lifted.

The LWCC executive committee has tentatively planned to meet on Friday, April 17, at 9:30 a.m. in Clubhouse I and it is expected that the meeting will be broadcast via (residents.lwmc.com) > Your Community. Residents who would like to participate during the meeting’s open forum will be asked to phone in to the meeting.

More information about the meeting will be posted to TV channel 972 and (residents.lwmc.com) as it becomes available.

COVID-19 and Leisure World

Frequently Asked Questions

by Stacy Smith, Leisure World News

At a time of concern and uncertainty, many residents are worried about the health and safety of themselves, their loved ones and their community, and they may have questions about COVID-19 (coronavirus) and Leisure World's response to it.

These concerns are understandable, and Leisure World's management team and other departments have received several questions on a variety of coronavirus-related topics. Here is a roundup of answers to some of those most frequently asked.

Q: What should I do if I think I have COVID-19?

A: Residents who are ill should not delay in seeking care from medical professionals. Residents are encouraged to remain in their homes and use MedStar Health's e-Visit, a service that allows a resident to speak to a medical provider via video call. The provider can screen the resident for COVID-19 and direct him or her to the appropriate level of care. MedStar Health has waived the fee for this service at this time. Residents who are unable to access MedStar e-Visit should contact the MedStar Health medical center at (301-598-1590). For more information about e-Visit, visit (medstar-evisit.com).

Q: Can Management ask or find out if a resident has COVID-19?

A: A resident is not required by law to notify Management if he or she has contracted COVID-19. And because of privacy laws, Management cannot ask if a resident has been tested or diagnosed.

Q: Will Leisure World be notified if a resident tests positive for COVID-19?

A: MedStar Health and other healthcare providers cannot disclose the personal health information of their patients but are required by law to report COVID-19 results to the Maryland Department of Health, who would then determine if any additional notification or action would be required.

Q: Has Leisure World taken any added precautions to help stop the spread of COVID-19?

A: Leisure World Management has taken several precautions to help prevent the spread of COVID-19 and to comply with Maryland Gov. Larry Hogan's executive orders. These include:

- Canceling Leisure World Community Corporation governance meetings until further notice
- Strongly urging all clubs, groups and organizations to postpone meetings

- and events (most have done so)
- Closing facilities such as the fitness center and pools and modifying amenities and services' hours of operation
- Working with janitorial contractors to enhance cleaning protocols
- Notifying residents, employees and contractors of the Center for Disease Control and Prevention's recommendations for maintaining personal health
- Providing continual communication to all residents and employees regarding decisions affecting the community

Q: Has the MedStar Health medical center put measures in place to support the community during the COVID-19 pandemic?

A: The team at MedStar Health has put several measures in place to protect residents and staff. These include:

- Screening all patients and visitors for symptoms at the medical center's entryway
- Limiting the number of visitors a patient can bring with him or her to one per visit
- Constantly monitoring inventory of critical supplies
- Offering free prescription delivery
- Implementing telephone and video visits for primary care and specialty providers and seeing select visits that require physical examination.
- Creating a coronavirus web page that provides resources and education for the community. Visit ([MedStar Health.org](https://MedStarHealth.org)) and click on the red banner at the top of the page
- Implementing video visits for physical therapy patients and seeing select urgent visits that require direct patient care
- Providing additional cleaning throughout the medical center to prevent the spread of the disease

Q: Have the mutuals taken additional steps to help protect the community from COVID-19?

A: The mutuals have put several measures in place to protect residents and staff.

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These include:

- Encouraging mutual boards to cancel meetings or hold them via teleconference
- Reducing the number of on-site personnel and largely communicating via phone and email to limit staff and residents' potential exposure to the virus
- Limiting contract work

Q: My home needs maintenance or repair. Will the Physical Properties Department (PPD) send a technician to my home?

A: PPD is only filling emergency service requests at this time to reduce potential COVID-19 exposure to both residents and staff.

Q: Should I check on my neighbor?

A: It's natural to want to help a friend or neighbor in times of need, but we must all be mindful of the importance of social distancing to help prevent the spread of the disease. If you can, call or email your neighbor and direct him or her to Leisure World's Social Services Department, available at (301-598-1581) or (smontgomery@lwmc.com). The social workers can provide your neighbor with a list of resources – everything from grocery delivery companies to county services – and help them determine what they need.

Q: I need groceries and medicine, but I can't leave my home. What should I do?

A: Contact the Social Services Department at (301-598-1581) or (smontgomery@lwmc.com) and a social worker can provide you with a list of resources and work with you to figure out a plan. The list is also available on the (residents.lwmc.com) homepage, along with other COVID-19 related information and updates. The MedStar Health medical center's pharmacy offers free prescription delivery to residents' homes. Delivery of prescription and over-the-counter medications is available Monday through Friday, 9 a.m.-5 p.m. Residents who don't currently use the MedStar pharmacy can have their medications transferred by calling (301-598-1005).

Q: A lot of facilities and amenities in Leisure World are closed or have modified their hours of operation. When will they be available again?

A: Leisure World is following the lead of health experts and state officials regarding COVID-19. Residents can check TV channels 972 and 974 or (residents.lwmc.com) for updates to closings, cancellations and modified hours of operation.

Keep in Mind

The ebb and flow of daily life has temporarily changed at Leisure World and throughout the country, and it can be difficult, at times, to adapt to these changes.

But each of us can do our part to prevent the spread of COVID-19 by taking personal responsibility for our health and following recommended precautions.

Consult resources such as the Centers for Disease Control and Prevention, the World Health Organization and state and local public health authorities. A list of links is available on the (residents.lwmc.com) homepage.

Watch TV channels 972 and 974 on the hour and half hour to see several minutes of public service announcements on preventing the spread of COVID-19, and remember to exercise the basics: wash your hands regularly with soap and water; avoid touching your face; and keep at least six feet away from other people.

LIFE IS BETTER TOGETHER.



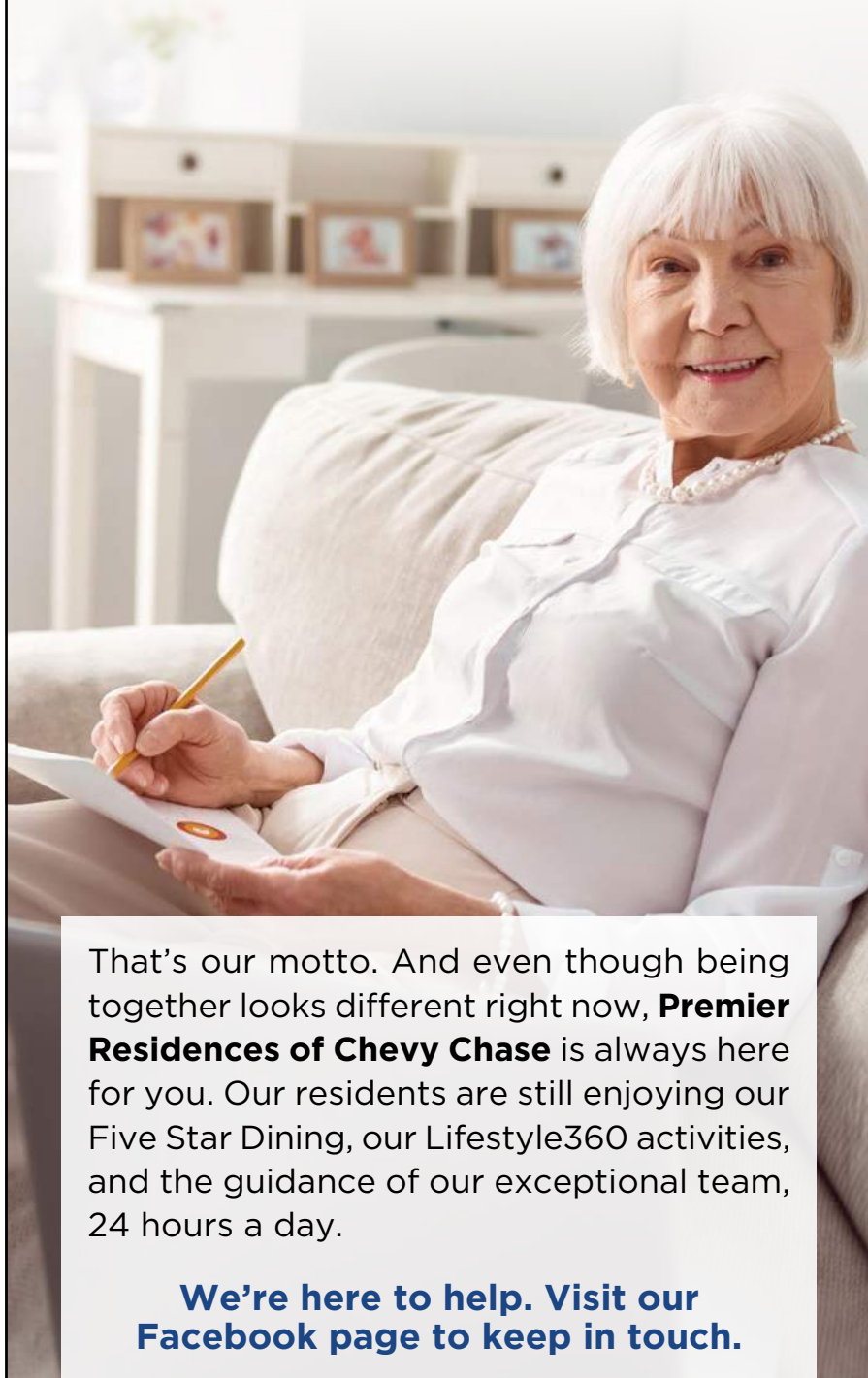
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GOVERNANCE & Information

■ Emergency Preparedness Advisory Committee

Adjusting to Life Under Threat of Coronavirus

by Emily Geller and Theresa Wolfe

Most Leisure World residents are in the age group considered most vulnerable to the effects of COVID-19 infection, with those residents who have underlying medical conditions especially vulnerable.

As this new virus spreads – without a vaccine or treatment available – the only defense against it is to stay at home, away from other people, and try to prevent infection through person-to-person transmission. Advice from state and federal health authorities is to avoid groups of more than 10 people, maintain six feet of distance between individuals at all times and limit trips outside the home to the grocery store or pharmacy.

Because COVID-19 infections are still increasing exponentially

in this country, it is becoming clear that residents have to be prepared to live under these conditions for a long time.

This social isolation, however, creates other problems: Some residents can't get out to obtain needed supplies (which may be in short supply and require extensive shopping), and the lack of contact with other people can lead to profound loneliness.

Community preparedness involves helping all members stay safe. Check on your neighbors, especially those who might have underlying medical conditions. Encourage them to contact the Social Services Department at (301-598-1581) or (smontgomery@lwmc.com) if they need assistance.

Stay in contact with them by phone, email or text messages, and perhaps encourage others to contact them as well.

Dial 301-598-1313
for recorded Daily Events

2020 Governance Meeting Recordings

Executive Committee and Board of Directors meetings are recorded and available to view on (residents.lwmc.com) three business days after the meeting. Click on the website's Your Community dropdown arrow.

Executive Committee Meeting The executive committee is tentatively scheduled to meet on Friday, April 17, at 9:30 a.m. in Clubhouse I.	Board of Directors Meeting No meetings scheduled.
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Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

- The group email addresses are:
- LWMC Management - management@lwmc.com
 - LWCC Board of Directors - board@lwmc.com
 - LWCC Executive Committee - excomm@lwmc.com
 - Administration - administration@lwmc.com
 - Communications - communications@lwmc.com
 - Education and Recreation - recreation@lwmc.com
 - Physical Properties - physicalproperties@lwmc.com
 - Security - security@lwmc.com

Leisure World of Maryland Resales

January through March, 2020

MONTH	RESALES	RESALES FUND FEES COLLECTED
January	35	\$140,792.62
February	26	\$96,206.66
March	29	\$140,500.00
TOTAL	90	\$377,499.28

The buyer of a home in Leisure World of Maryland contributes two percent of the home's selling price to the Resales Fund. Currently, those funds are used exclusively for Facilities Enhancement Plan (FEP) projects, which are selected by the Leisure World Community Corporation board of directors.

Past FEP projects have included the Fitness Center in Clubhouse II and renovations to the restaurant and Maryland Room in Clubhouse I.

Reminder: Get Counted in the 2020 Census

by Leisure World News

All households should have received or be about to receive an invitation to respond to the 2020 U.S. Census. Each household is required to answer several simple questions about its occupants as of April 1 and whether the home is owned or rented.

The Census may be responded to online at (my2020census.gov), by telephone at (844-330-2020) or by sending in a paper form that will be mailed in mid-April to those who have not already submitted answers using one of the other methods. Phone numbers for other languages can be found at (2020census.gov/en/ways-to-respond/responding-by-phone.html).

The Census does not ask for full Social Security numbers, bank or credit card numbers or money. Anyone who asks for this information claiming it is for the Census is a scammer. The return address for the paper form should be 100 Logistics Avenue in Jeffersonville, Indiana.

On Wednesday, May 27, Census takers will begin contacting those who did not respond.

The government uses Census data to ascertain demographics, set voting districts and inform programs, policy and community planning.

Maryland General Assembly Passes Condominium/HOA Legislation

by Ken Muir

The 2020 session of the Maryland General Assembly, which adjourned about three weeks short of its normal ending, passed seven of the 23 bills the Government Affairs Advisory Committee was following. Four of those passed were cross-filed, with both the Senate and House enacting identical bills.

None has yet been signed by Gov. Larry Hogan. Most bills, when signed by the governor, become effective Thursday, Oct. 1, 2020; House bill (HB) 932 (sales tax) becomes effective Wednesday, July 1, 2020.

The following is a summary of the bills adopted:

- HB 25 – SB 293 – Amends both the Condominium and Homeowners Acts to provide an alternative process for notifying mortgage holders if a developer's declaration is amended in certain ways.
- HB 108 – SB 175 – If a condominium owner causes any damage to the common elements or other units, the insurance deductible is increased from \$5,000 to \$10,000. This applies to all policies of property and casualty insurance issued after Oct. 1, 2020.

- HB 932 – This is the so-called 21st Century Economy Sales Tax Act, which "imposes the State sales and use tax on the sale of specified digital products, codes and services," with the revenues going to the newly enacted Blueprint for Maryland's Future Fund (funding for pre-K through grade 12 education). "A digital product is defined as one that is obtained electronically by the buyer or delivered by means other than tangible storage media through the use of technology having electrical, digital, magnetic, wireless, optical, electromagnetic, or similar capabilities." The Government Affairs Advisory Committee recommends that this bill be analyzed by the Special Technology Committee and/or an attorney to determine if it affects Leisure World or its mutuals' projects, such as the automated gate access project.

- SB 472 – Amends both the Condominium and Homeowners Acts to require that the annual budget be adopted at an open meeting of the board and transmitted to owners within 30 days of adoption electronically, on a home

page or by newsletter. If a budget requires an increase of 15 percent or more in the annual assessment, it must be approved at a special meeting of the Council of Unit Owners with not less than 10 days written notice. There is an exception for increases which, if not corrected, could be a threat to the health or safety of unit owners. The bill also amends the Condominium Act to include the same budget categories currently included in the Homeowners Act.

A bill that may be of help to some Leisure World residents was adopted, as follows:

- SB 407 – Creates a Senior and Vulnerable Adult Asset Recovery Unit in the Office of the Maryland Attorney General to protect eligible seniors from financial crimes (under Sec. 8-801 of the Criminal Law Act) and enables its staff to investigate and assist in bringing civil actions. The Government Affairs Advisory Committee recommends that this bill be analyzed by the Special Technology Committee and/or an attorney to determine if it affects Leisure World or its mutuals' projects, such as the automated gate access project.

GOOD TO KNOW: PREVENTING PLUMBING PROBLEMS

As more residents self-isolate at home because of COVID-19 (coronavirus), the Physical Properties Department has noticed an increase in plumbing issues in the community.

To prevent toilet clogs, do not flush paper products other than toilet paper. Wipes and paper towels should go in the trash.

Additionally, food waste should not be disposed of in a sink's garbage disposal.

– Leisure World News



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Closings and Modified Schedules

by Leisure World News

In an effort to protect the community from COVID-19 (coronavirus), several Leisure World facilities and services are closed until further notice or have modified their hours of operation. Check TV channels 972 and 974 and (residents.lwmc.com) for updates to these schedule changes.

ADMINISTRATION BUILDING

Accounting	Payments are accepted via U.S. Mail; include payment coupon or unit address on check
Human Resources	Teleworking
Information Technology	Teleworking
Management	Closed to resident traffic
Montgomery Mutual	Closed to resident traffic
Mutual Assistants (mutual support services)	Teleworking, and staff onsite on rotating basis
Property Transfers/Resales	Staff onsite on rotating basis
Reception Desk	Closed
Security & Transportation	For administrative assistance, phone (301-598-1355)
Trust Assistants	Teleworking

Vendors:

Post Office	Closed to resident traffic
Signal Financial Federal Credit Union	
Open Monday, Wednesday and Friday from 9 a.m.-4 p.m. by appointment only. Phone (301-933-9100).	
Weichert Realtors	Closed until further notice

CLUBHOUSE I (Clubhouse is locked from 7 p.m.-7 a.m.)

Comcast Xfinity	Closed until further notice. Phone (855-638-2855) or email (LW_Comcast@comcast.com)
Communications	Teleworking
Education & Recreation	Teleworking Monday through Friday, 8:30 a.m.-5 p.m. Email (recreation@lwmc.com). All events/activities/clubs suspended until further notice.
Eyre Travel	Closed to resident traffic; phone (301-854-6600)
Leisure World News office	Closed to resident traffic; email (lwnews@lwmc.com)
Library	Closed until further notice
Restaurants	Terrace Room is delivering 11 a.m.-7 p.m. daily. Phone (301-598-1330), or email (perriecateringllc@gmail.com).

CLUBHOUSE II (Clubhouse is locked from 7 p.m.-7 a.m.)

Computer Learning Center	Closed until further notice
Education & Recreation	Teleworking Monday through Friday, 8:30 a.m.-5 p.m. Email (recreation@lwmc.com)
FISH Office	Appointments only; phone (301-598-1345) and leave a message.
Fitness Center	Closed until further notice
Indoor Pools	Closed until further notice
Tennis/Pickleball courts	Closed until further notice

GOLF FACILITIES

Golf Course	Closed until further notice
Pro Shop and Lounge	Closed until further notice

MEDICAL CENTER

MedStar Offices	Open; phone (301-598-1590)
Dr. Carmen DeVries, dentist	Closed until further notice
Pharmacy	Closed to walk-in pick-up; free delivery available
Social Services	Teleworking; no field work until further notice. Call (301-598-1581) or (smontgomery@lwmc.com)

PHYSICAL PROPERTIES DEPARTMENT (PPD)

Customer Service	No resident traffic. Phone (301-598-1500)
Warehouse	No resident traffic
Maintenance	Limited staff, essential maintenance only
Trash	Operating on regular schedule

SOCIAL SERVICES

Teleworking; no field work until further notice. Call (301-598-1581) or email (smontgomery@lwmc.com)	
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TRANSPORTATION

Dial-a-Ride	Closed until further notice
Shuttle Buses	Beginning Saturday, April 4, available Monday-Friday on a modified 2-bus schedule (Saturday route, 9 a.m.-1 p.m.), stops at Medical Center after Clubhouse II
Metrobus	Operating on a modified Sunday schedule until further notice
Mobility Van	Beginning Saturday, April 4, available Monday through Friday, 9 a.m.-1 p.m.



All around Leisure World, signs remind residents that many facilities and services are closed or operating on a modified schedule. Photos by Leisure World News

COVID-19 Resources

Leisure World social workers have a list of community volunteers who can help you place online orders, grocery shop, pick-up prescriptions and make wellness phone calls. If you or a neighbor need assistance call (301) 598-1581 or email smontgomery@lwmc.com.



MEDICAL SUPPLY/HOME CARE

Family and Nursing Care(301) 588-8200
Jessa Medical Supplies.....(301) 990-8706
Olney Medical Supply Center.....(301) 774-8200
The Scooter Shop.....(877) 224-2294



CRISIS SERVICES

Leisure World Social Services.....(301) 598-1581
Montgomery County.....(240) 777-3000
Aging and Disability
Montgomery(240) 777-4000
County Crisis Center
Catholic Charities, Silver Spring.....(301) 942-1790
Montgomery County.....311
Government Services

FREQUENTLY CALLED NUMBERS

Administration.....(301) 598-1300
Main Gate.....(301) 598-1044
Medical Center.....(301) 598-1590
Terrace Room.....(301) 598-1330

To view, print or download a Leisure World phone directory, sign in to (residents.lwmc.com) > Contacts > Resident Directory - Printable.



FOOD SERVICES

Local Restaurant Delivery

Angelos.....(301) 929-1980
China King.....(301) 871-7999
Hunan Delight.....(301) 774-7944
Leisure World Terrace Room(301) 598-1330
Ledo's Pizza.....(240) 560-6354 (\$20 min)

Restaurant Delivery Services

Door Dash.....doordash.com
Grubhub.....grubhub.com
Postmates.....postmates.com
Uber Eats.....ubereats.com

Meal Delivery by Mail

Chef Jess.....(202) 753-2662, chef-jess.com
Fresh n' Lean.....(888) 420-4080, freshnlean.com
Freshly.....(844) 373-7459, freshly.com
Nourish Food.....(205) 708-3973

Low Cost Meal Services

Jewish Social Service.....(301) 816-2639
Kosher Meals on Wheels
Leisure World Terrace Room(301) 598-1330
Meals on Wheels(443) 573-0920
of Central Maryland
Meals on Wheels of Wheaton.....(301) 942-1111
MOM's Meals.....(877) 508-6667, momsmeals.com

Grocery Delivery

Instacart.....(888) 246-7822, instacart.com
MOW Grocery Shopping Service.....(443) 573-0933
Moti's Market (Kosher)(301) 468-0400
Peapod.....(800) 573-2763, peapod.com
Shalom Marker (Kosher).....(301) 946-6500 (thru April 16)
Telegrocers.....(888) 902-7467

THOUGHTS & OPINIONS: *From Our Residents*

A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.

LEISURE WORLD AND THE CORONAVIRUS

By now, everyone is aware of the danger from the coronavirus, especially to those over 60. Gov. Hogan has instructed us to stay in our homes and only leave for important errands like food shopping. Proper handwashing has become an art. However even with the most stringent precautions, it is likely that there will be cases of coronavirus among Leisure World residents. So what should you do if your neighbor is diagnosed with the coronavirus? What if you think you have it?

First of all, it's important to realize that the coronavirus is not a death sentence. Although it can be worse in older people, most people recover. Second, the main reason we're trying to limit the spread of the virus is to mitigate the strain on healthcare facilities. If you've been following the news from New York and Italy, the large number of affected people

has played havoc with their healthcare systems. We don't want that to happen here. But we can expect to have some cases in Leisure World, just like we have cases of the flu every year.

Our Medical Center, along with the MedStar Health organization, has been preparing for this for quite a while. The Medical Center has a protocol for immediately isolating suspected cases so that they are not sitting in the waiting room with other people. They are also able to test people for coronavirus; you need a doctor's order to get tested. The PromptCare facility on Georgia Avenue also can test people and is open on weekends. It is better not to go to the emergency room unless you are acutely sick. If you have symptoms and are concerned that you have it, it is important that you call before going to a healthcare facility so they can instruct you on how to enter the facility without exposing others who are there. Leisure World residents received a letter from MedStar Health

outlining free eVisits during which you can consult a physician or nurse practitioner over the internet. To participate in this program, you have to download an app from the MedStar Health website, Google Play or Apple's App Store. The eVisits are available 24 hours per day, seven days a week. The eVisit providers can give advice on chronic conditions, such as diabetes or high blood pressure, acute conditions such as a stomach virus, or screen a person for coronavirus symptoms.

The Leisure World residents' website (residents.lwmc.com) has a lot of information about the coronavirus, including links to Montgomery County, state and federal coronavirus websites, information on resources gathered by the Leisure World social workers and menus from the Terrace/Stein Rooms for food that is available for takeout or delivery. If you have not registered for the website, there are instructions on how to do it on the first page.

In the meantime, try to enjoy your forced isolation by telephoning or emailing friends and relatives, walking around Leisure World while maintaining social distance, eating food that you like and getting enough sleep. Plan your food shopping so you only have to go once a week or even longer, and wash those hands!

— Sandra McLeskey, RN, PhD,
Health Advisory Committee
Chairperson

OUR NEW NORMAL AT LEISURE WORLD

As I read the March 20, 2020 issue of Leisure World News, I counted eight items

marked "canceled" and 10 marked "postponed." Many of the other news items reported events that will be canceled or postponed, services with reduced hours and offices closed. I admire the fast work of our talented communications team to publicize these dramatic changes in our community life.

One of the pleasures of living here has been the active recreational, educational and social life I find at Leisure World. Mutual support and the services of professional social workers, as well as medical services available on campus are also valuable to me. We live in an interdependent web of mutuality.

Caring for our own health and our neighbors' health requires extraordinary measures during the crisis of COVID-19 (novel coronavirus). The World Health Organization, as well as our national, state and local governments, are acting to limit the spread of this viral disease.

They call upon us to stay home and keep ourselves healthy and safe. I have begun seeing acts of kindness and generosity here at Leisure World that renew my faith in the kindness of strangers: golfers have let me walk around after 5 p.m., many neighbors are sharing useful information about "senior hours" at grocery stores and food delivery services.

I admire the foresight of those who campaigned and contracted successfully for the installation of internet to every household in our community last year. We cannot expect our favorite local newspapers to keep up with the daily – even hourly – updates on the health crisis facing us all. With access to the internet and

SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to (aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, sign in to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

television, we get too much information to keep up with.

At my mutual, we are determined to use our internet resources to help us stay in touch with one another. We are ready to experiment with video conferencing technology to meet online while staying in our own homes. This way, we continue to share information and decision-making.

We can listen to neighbors' complaints and reports about troubles with common areas and equipment. We learn from one another and keep up to date with the best practices other mutuals are finding, as well as the mistakes other mutuals may be making.

I'm never too old to learn something useful, to hear beautiful music or to laugh at a joke. Come to think of it, I've never met anyone who is. Let's learn together and find a way through this crisis.

— Michael Benefiel

TIME TO LOOK OUT FOR EACH OTHER

Our community's residents have been quite responsible in their social distancing, hand washing, and tremendous patience and cooperation with inactivity. That's another reason to be thankful we have those types of neighbors. And these sorts of habits will always be valuable.

But the longer this health situation continues, the more people will likely need and welcome help. I'm speaking of daily living errands or appointments; providing careful social interaction can make a huge impact on those who don't get much of it; Simply providing topical information for those who aren't in tune with the most recent developments can help reduce the anxiety produced by the unknown. In essence, social outreach in light of health precautions is something each of us can do with those around us.

I just encourage everyone to help others in our community.

— Paul Eisenhaur

VIRAL RESPONSE

Yesterday I went out for some fresh air and a walk as I do every afternoon. I live in Turnberry Courts #3. Across the parking lot I saw four women

sitting in lawn chairs enjoying themselves. I walked over laughing and said that I was glad to see that we were all adjusting to our new normal. One of the two older women proudly told me that the younger woman on her left had just flown in from Israel and the young woman on the right had just flown in from Seattle.

So many alarms went off in my head that I couldn't put my thoughts together to voice them so I just said "enjoy your visit" and walked away. Unless these young women both already have had COVID-19 and are immune and can't communicate it, they were certainly putting the older women and, in turn, all of Leisure World at risk! A video visit would have seemed a safer option. At times I have also seen residents caring for, I assume, their out-of-school grandchildren.

My point in telling this story is to ask if the Leisure World Community Corporation board of directors or Emergency Preparedness Advisory Committee are coordinating with the Montgomery County and Maryland task forces to make Leisure World an early testing site for the virus diagnostic test when it becomes readily available. If this virus becomes prevalent within Leisure World, infected residents needing hospitalization could easily overwhelm ICU beds in our area hospitals. This of course would be bad for our residents, and especially so if it is decided that the beds must be reserved for younger people.

It would also be a public relations nightmare for the county and state and a motivation for them to do something here, now. I think that, if we are cross pollinating with people from Israel and Seattle, we should assume that the virus is here, that we have been exposed at some point or other, and we need to do more than just canceling meetings. We need to think strategically and tactically.

Early testing, as available, and possibly a treatment tent, also called triage tent at MedStar Health medical center, would at least provide some degree of comfort and control in dealing with this situation.

We need to be as proactive as possible rather than just wait for this wave to break over our heads.

— Sharon Otto



Hearing is one of the joys of life. **Don't neglect it!**



From left: Kathryn Balestino-Estes, AuD., Dr. Heather Schwartzbauer, M.D., Allyson Bull, AuD., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrosniak, M.D.

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EVENTS & Entertainment

Education and Recreation Department

April E&R Events Canceled or Postponed

In the interest of protecting residents and the community from COVID-19 (coronavirus), the Education and Recreation Department has canceled or postponed the remainder of its events in April and some in May. They include:

- The Rat Pack's Return – rescheduled for Saturday, Aug. 29
- Revivals: The Broadway Cash Cow – canceled
- TransAtlantic Duo – postponed; date to be determined
- "Breakthrough" movie showing – canceled
- Kurzava and Kinsley: Put on a Happy Face – canceled

Residents who've already purchased tickets for these events or who have questions may email (recreation@lwmc.com).

Education and Recreation Department

Flea Market Coming Soon

The semi-annual Leisure World flea market is tentatively scheduled for Saturday, May 16, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom and Maryland Room. More information about the flea market, including details on how to rent vendor space, will be forthcoming.



Sock Hop Group

Sock Hop Dances on Hold

by Abigail B. Murton

The Sock Hop Group regularly holds sock hop dances.

Take 2 Entertainment will spin the tunes in Clubhouse II again soon. The cost to attend these dances is \$5 with soda, water and some snacks provided. Bring your own snacks.

Sock Hop Live, dances held with live band Groove Quest, will also return soon. These dances are held from 7-10 p.m. in the Clubhouse I Crystal Ballroom, with dance lessons provided from 6:30-7 p.m. The cost to attend is \$10, with sodas and water provided. Alcoholic beverages can be purchased at the bar. Dancers may also bring their own snacks.

The Group looks forward to having a good time together after the pandemic is over. Stay safe, friends.

For questions concerning the Sock Hop Group, contact Doug Brasse at (301-448-8708).



Arts in Motion (AIM)

Events Canceled

All Arts in Motion events are canceled until further notice.
– Grace C. Cooper



Ballroom Dance Club

April Dance Canceled

Due to the coronavirus crisis, the Ballroom Dance Club's Saturday, April 25, dance has been canceled.

– Ida Leong



2020 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
May 21, 1 p.m.	What Men Want	May 5
June 11, 1 p.m.	Stan and Ollie	May 19
June 21, 1 p.m.	Vice	June 9
July 16, 1 p.m.	What They Had	June 23
July 26, 2 p.m.	Judy	July 7
Aug. 20, 1 p.m.	The Upside	July 21
Aug. 30, 2 p.m.	Meeting Gorbachev	Aug. 11

Movies are subject to change.

Coming in 2020

The E&R Department is pleased to provide the following programs.

May 16, 9:30 a.m.	Spring Flea Market
May 23, 4:30 p.m.	Duke Ellington School for the Performing Arts
May 30, 2 p.m.	Jones and Haywood Dance School
May 31, 2:30 p.m.	Polyhymnia a Capella Chamber Chorus
June 6, 7 p.m.	Comedian Randy Riggie
June 11, 9:30 a.m.	Community Fair
June 13, 4:30 and 7 p.m.	The Legendary Orioles

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

Check TV channels 972 and 974 and (residents.lwmc.com) for updates to scheduled events.

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"I have always supported the Sitting Judge principle for the election of Circuit Court Judges. That principle ensures integrity, independence, and excellence in our system of justice. I urge you to support the Sitting judges on June 2nd."

— MARYLAND ATTORNEY GENERAL BRIAN FROSH

JUDGE
CHRISTOPHER C.
FOGLEMAN

JUDGE
DAVID A.
BOYNTON

JUDGE
BIBI M.
BERRY

JUDGE
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McAULIFFE

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www.electsittingjudgesmcs.com

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BY AUTHORITY OF ELECT SITTING JUDGES MONTGOMERY COUNTY SLATE, NANCY HOSFORD, TREASURER.

■ Cannabis 101 Club

Club Helps Residents Register Remotely for Medical Cannabis

by Carminetta Verner

The Cannabis 101 Club has initiated a process to help residents register remotely with the Maryland Medical Cannabis Commission (MMCC) during the COVID-19 (coronavirus) pandemic.

Email (Lwcan101@gmail.com) with the information needed to prepare the registration form. The resident will be contacted and asked to take a photo of the front and back of their unexpired driver's license and a 2 x 2" photo of him or herself to be uploaded to the Commission. If possible, use a smartphone to take these photos.



The photo of the resident needs to be current and passport size. A good passport app for the iPhone is "Passport Photo – ID Photo," which is free from the App Store. For Android phones, use the "US 2x2 Photo Editor – Passport Size Photo at Home" app, which is free from Google Play.

To complete the registration process, the MMCC charges \$50 for a Maryland Medical Cannabis ID card. Visa and MasterCard are the only credit cards accepted for payment.

After all of a resident's information is received, the Club will upload it to the Commission. It takes approximately two to four weeks for approval

depending on the MMCC's workload.

A resident approved by the MMCC will receive a patient ID number, which allows him or her to take the next step toward purchasing cannabis, which involves a medical certification by a medical provider registered with the Commission. The Club is investigating the use of telemedicine to visit a medical provider. Using telemedicine avoids face-to-face contact, helping residents remain well and safe.

Residents also have the option of registering with the MMCC on their own at (mmcc.maryland.gov).

To help keep residents safe during the coronavirus outbreak, cannabis dispensaries have initiated special



The Maryland Medical Cannabis Commission's registration form requires the applicant's full name, home address and other personal information. Screenshot by Leisure World News

hours for seniors to visit the store and drive up for curbside pickup for orders placed through Leafly or Weedmaps.

For questions, contact Carminetta Verner at (630-699-1629) after 10 a.m.

■ Lions' Vision Support Group

April 8: Support Group Meets Remotely

by Larry Cohen

The Lions' Vision Support Group plans to hold its

Wednesday, April 8, meeting at 1 p.m., but we will do so using Zoom, a remote conferencing service.

Bridget Doherty, Metro System orientation specialist for the Office of Eligibility Certification and Outreach Department of Access Services, is the meeting's speaker.

To connect to a meeting with Zoom, either download the free app to your smartphone and connect using a 10-digit ID, or dial in to the meeting using a regular telephone number and the same 10-digit ID.

The Group has a system of callers who notify people of upcoming meetings, and they will notify everyone on the list of the April meeting as well as how to connect to the meeting.

If you're not currently being contacted about meetings of the Lions' Vision Support Group and would like to be placed on the Group's calling list, contact Jane Carona at (301-598-2131)

or (jane.e.carona@gmail.com).

Tips for Sheltering in Place

The American Academy of Ophthalmology warns against touching your nose, mouth and eyes as COVID-19 (coronavirus) can be transmitted from fingers. Remember to thoroughly wash your hands.

Now that we are all "in place" and looking for things to do, it's a good time to upgrade our quality of life. Consider pursuing favorite activities such as reading, exercising (jogging, walking, pushups or weights, yoga), sewing or knitting.

For more information about the Lions' Vision Support Group or assistive technology, contact Larry Cohen at (908-770-9111) or (ToPops@aol.com), or Bobby Bobo at (301-879-0103) or (BobbyBobo@gmail.com).



PHYSICIAN HOUSE CALLS
AFFORDABLE AND CONVENIENT

Can't get to the doctor or your doctor can't see you right away?
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He covers Leisure World and surrounding areas.

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FISH Office Closed but Appointments Available by Phone

by Beth Leanza

The FISH office in Clubhouse II is closed to resident traffic because of the COVID-19 pandemic.

Residents who would like to borrow an item from FISH must call (301-598-1345) to make an appointment.

FISH's Mission

FISH volunteers help their neighbors by lending them assistive equipment that is donated to the FISH office. Assistive equipment includes wheelchairs, commodes, shower chairs (aka tub stools) and walkers. FISH lends these items indefinitely to residents.

Unfortunately, FISH is not 501(c)(3), so donations are not eligible for tax deduction. But FISH is grateful for the donations it receives, and many people benefit from them.

Completely staffed by volunteers, FISH members do not usually have any medical training. They urge anyone with questions to speak to a therapist or home health aide, but do strive to make sure the assistive equipment is safe to use.

Other Items Available

Other donations FISH receives are simply given away to anyone who needs them, including caretakers and home health aides. Such items include incontinence supplies and safety rails for toilet and tub. These are kept in the front area of the FISH office.

FISH no longer accepts foot braces, oxygen tank tubes, diabetic equipment or CPAP machines. Residents are asked to not donate household items, and to not leave anything outside the FISH cage.

Help Wanted

FISH is always looking for new members. If interested, contact FISH president Beth Leanza at (301-598-4569). FISH suggests a training/orientation session with a current volunteer.

Other Collections

Some organizations such as Kiwanis and Lions Clubs have collection boxes in the FISH office. Kiwanis helps Ronald McDonald House by collecting can tabs. The Lions collect eyeglasses and hearing aids. If you want to start a collection, even for a short time, contact FISH. Also, be sure to include (on the collection box) your contact information.

FISH also accepts cardboard tubes and calendars. While they are meant for a local elementary school for art projects, we welcome anyone who would like them (can use them) to take them.

Lost and Found

Residents who have lost an item can typically call the E&R office at (301-598-1320), but the office is closed to foot traffic. Instead, call (301-598-1345) and leave a message.

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Health & Fitness In Brief

Several health-related clubs, groups and organizations have canceled or postponed their meetings and events due to COVID-19 (coronavirus). To check on the status of an event or meeting, watch channel 972 or contact the club, group or organization directly.

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

Fitness Center: One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m. Note: blood pressure testing is currently unavailable.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

Living Better with Parkinson's: The Living Better with Parkinson's support group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1-3 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

Steps to help prevent the spread of COVID-19 if you are sick

FOLLOW THE STEPS BELOW: If you are sick with COVID-19 or think you might have it, follow the steps below to help protect other people in your home and community.

Stay home except to get medical care

- **Stay home:** People who are mildly ill with COVID-19 are able to recover at home. Do not leave, except to get medical care. Do not visit public areas.
- **Stay in touch with your doctor.** Call before you get medical care. Be sure to get care if you feel worse or you think it is an emergency.
- **Avoid public transportation:** Avoid using public transportation, ride-sharing, or taxis.



Separate yourself from other people in your home, this is known as home isolation

- **Stay away from others:** As much as possible, you should stay in a specific “sick room” and away from other people in your home. Use a separate bathroom, if available.
- **Limit contact with pets & animals:** You should restrict contact with pets and other animals, just like you would around other people.
 - Although there have not been reports of pets or other animals becoming sick with COVID-19, it is still recommended that people with the virus limit contact with animals until more information is known.
 - When possible, have another member of your household care for your animals while you are sick with COVID-19. If you must care for your pet or be around animals while you are sick, wash your hands before and after you interact with them. See COVID-19 and Animals for more information.



Call ahead before visiting your doctor

- **Call ahead:** If you have a medical appointment, call your doctor’s office or emergency department, and tell them you have or may have COVID-19. This will help the office protect themselves and other patients.



Wear a facemask if you are sick

- **If you are sick:** You should wear a facemask when you are around other people and before you enter a healthcare provider’s office.
- **If you are caring for others:** If the person who is sick is not able to wear a facemask (for example, because it causes trouble breathing), then people who live in the home should stay in a different room. When caregivers enter the room of the sick person, they should wear a facemask. Visitors, other than caregivers, are not recommended.



Cover your coughs and sneezes

- **Cover:** Cover your mouth and nose with a tissue when you cough or sneeze.
- **Dispose:** Throw used tissues in a lined trash can.
- **Wash hands:** Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



Clean your hands often

- **Wash hands:** Wash your hands often with soap and water for at least 20 seconds. This is especially important after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- **Hand sanitizer:** If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.
- **Soap and water:** Soap and water are the best option, especially if hands are visibly dirty.
- **Avoid touching:** Avoid touching your eyes, nose, and mouth with unwashed hands.



Avoid sharing personal household items

- **Do not share:** Do not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people in your home.



CS 316120-A 03/20/2020

cdc.gov/COVID19

SHARE FACTS ABOUT COVID-19

Know the facts about coronavirus disease 2019 (COVID-19) and help stop the spread of rumors.

FACT 1

Diseases can make anyone sick regardless of their race or ethnicity.

Fear and anxiety about COVID-19 can cause people to avoid or reject others even though they are not at risk for spreading the virus.

FACT 2

For most people, the immediate risk of becoming seriously ill from the virus that causes COVID-19 is thought to be low.

Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more serious complications from COVID-19.

FACT 3

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to other people.

For up-to-date information, visit CDC's coronavirus disease 2019 web page.

FACT 4

There are simple things you can do to help keep yourself and others healthy.

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

FACT 5

You can help stop COVID-19 by knowing the signs and symptoms:

- Fever
- Cough
- Shortness of breath

Seek medical advice if you

- Develop symptoms

AND

- Have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

[cdc.gov/COVID-19](https://www.cdc.gov/COVID-19)



CS 315446-A 03/16/2020

CLUBS, GROUPS & Organizations

■ Italian Social and Cultural Club

Events Canceled Until Further Notice

by Flo Merola

Because of the COVID-19 virus, the Italian Social and Cultural Club will not hold any events or board meetings until further notice.

The Club is disappointed to have to make this decision, but the safety and well-being of its membership, as well as all residents of Leisure World, is paramount. The Club is hoping to have a members-only brunch and installation of 2020-2021 officers in late spring. Members will be notified by email and phone if it will take place.

In the meantime, the Club urges its members to follow federal and state health regulations to keep everyone healthy. Buona salute!

■ National Active and Retired Federal Employees (NARFE) Chapter 1143

NARFE Thanks Federal Workers

by John Moens

A crisis such as COVID-19 clears the vision and enables one to focus on what is important.

NARFE Chapter 1143 thanks the congressmen and women who worked together on emergency legislation and voted to pass it. The Chapter also thanks all federal workers, especially those who are working during this crisis.

While we hunker down and wait for the storm to pass, give a few minutes' thought each day to all the people who are out working for all of us.



■ Kiwanis Club

Club Postpones All Activities

Kiwanis Club meetings and Monday night bingo games are postponed until further notice. For more information, contact Jack Colvis at (301-216-5370) or (jack_colvis@comcast.net).

– Jack Colvis



■ Jewish Residents of Leisure World

April Activities Canceled

All Jewish Residents of Leisure World activities are canceled through April.

– Jonas Weiss



■ League of Women Voters

April Meeting Canceled

The League of Women Voters has canceled its meeting planned for Wednesday, April 8.

– Elaine Apter

■ Fun and Fancy Theatre Group

May Show Rescheduled for June

by Hannelte Allen

The COVID-19 pandemic has affected Fun and Fancy in many ways, and the challenge of planning the Group's future shows is one of them.

If the Group has its monthly meeting and show on Wednesday, May 6, it will not be a teaser for the big May show; the entertainment has yet to be determined. More information will be forthcoming.

The Group's banquet is planned for Wednesday, June

3, in the Clubhouse I Crystal Ballroom.

The May show has been rescheduled for June. It will be a straight play (comedy) entitled "The Solid Gold Cadillac." Auditions have been held and roles assigned. Performances will be held on the last two weekends in June:

Friday, June 19, Saturday, June 20, Sunday, June 21, Friday, June 26, Saturday, June 27, and Sunday, June 28.

More information about the banquet and "Cadillac" will be forthcoming.



■ Short Story Group

Traditional Short Stories on Deck for Reading Group

by Beth Leanza

In the past, the Short Story Group has not changed its scheduled stories, but this time coordinator Beth Leanza may decide to resume where the Group left off before the coronavirus pandemic. Cancellations are possible.

The Group is planning to start a new, more traditional collection of short stories in April!

The Group will be reading from "The Oxford Book of English Short Stories" edited by A. S. Byatt. Leanza can order copies, or they can be purchased from Amazon. Either the 2009 or 1998 edition is acceptable. This collection has a lot of famous, almost classic authors.

On Wednesday, April 15, the Group plans to discuss "The Haunted House" by Charles Dickens. On Wednesday, May 6, the Group plans to discuss "Relics of a General Chasse: A Tale of Antwerp" by Anthony Trollope.

The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. For information, call Beth at (301-598-4569).

Responsible Dog Ownership in the Era of COVID-19

by Mali Cruz

The Dog Club has suspended all of its scheduled meetings in compliance with Leisure World administrative directives.

During this time of social distancing, the Club reminds residents of the importance of responsible dog ownership. Keeping the community safe and clean is always a priority, and this is especially true when facing a major health crisis such as COVID-19.

Scoop the Poop

When walking their dogs, most residents remove or clean up

their dog's solid waste. However, some choose to walk away, leaving it behind to blemish and contaminate the environment.

Dog waste attracts flies and other parasites that can be transmitted to other pets and possibly to humans. If not removed, stormwater will carry this waste directly into the community's waterways.

The Club urges all dog owners to clean up their dog's waste. Dog owners with mobility problems that inhibit their ability to bend down and pick up the waste should hire a competent dog walker.



Be Prepared in Case of Illness

According to the Centers for Disease Control and Prevention, there's no evidence (at this time) that companion animals, including dogs, can spread COVID-19. They also have no reports of dogs or other pets becoming sick with COVID-19.

However, if dog owners become ill or need to be hospitalized, they should have a plan for their dogs. Here are a few suggestions:

- Identify a family member or friend who can care

for the dog(s) if you are hospitalized.

- Have extra pet food and supplies on hand (enough for two weeks if possible).
- Keep your dog's vaccines up to date in the event boarding becomes necessary.
- Verify all medications are documented with dosages and administering directions.
- Ensure that your pets are wearing a collar and ID tag.

Let's continue to do all that we can to keep ourselves and our dogs healthy and safe.

■ Center for Lifelong Learning (CLL)

Organization Looks to Its Future and Encourages Resident Participation

by Fred Shapiro

With the coronavirus pandemic taking hold of our lives and the need to stay at home, the Center for Lifelong Learning (CLL) has canceled its programs and classes through April and hopes to begin again in May.

The CLL was founded in 2004 by a group of retired college professors who wished to continue the joy of bringing educational subjects to the public. It is based on a similar program for seniors at many of the nation's colleges, also known in this area as Osher Lifelong Learning Institute.

The CLL's educators are all volunteers, and the organization offers two types of educational formats: classes and one-day programs. The class fee is a minimum of \$15. Longer classes typically charge a higher fee. One-day programs are normally free. The CLL's curriculum committee arranges classes and the events committee arranges one-day programs.

For the most part, CLL classes are taught by residents who have the appropriate credentials. The one-day programs, normally one and a half to two hours long, are typically presented by professionals from outside the commu-

nity who represent organizations that are of particular interest to Leisure World residents.

Resident Participation Needed

Participation by residents is crucial to the future of the CLL's classes and programs.

The CLL's two committees need residents who are willing to make the contacts and help arrange for the classes and programs.

The original CLL instructors were content with a following of 10-15 residents attending classes. Today, CLL classes draw 30-50 registrants.

The one-day programs typically draw 30 to 100 attendees, depending on the program's subject.

Residents who are subject-matter experts or knowledgeable in a given field are encouraged to consider teaching a class or presenting a program. Having residents teaching residents increases participation.

If interested in joining the CLL, attend a meeting of its board and committees, which are held monthly on the first Monday of the month at

10 p.m. in Clubhouse I. For more information, contact CLL president Lewis Reich at (LBReich@alum.mit.edu).



A Center for Lifelong Learning instructor teaches a class. Photo by Fred Shapiro



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Stay Creative and Connected with the Art Guild

by Judy Kirkland

With Rossmoor Art Guild (RAG) classes and events on hold, members miss the encouragement and inspiration that come from sharing what they're working on. The good news is that RAG has a Facebook page that can help its members bridge the gap until they can again connect in person.

In Facebook's search bar, type RAG (Rossmoor Art Guild) and then click the "Join Group" button. Group members can upload photos – post your recent work, ask for input on works in progress, share images that might inspire new paintings and, most of all, let other members see photos of you.

In addition to photos, RAG would love to see posts on how its members are staying creative during this "quiet" time and any questions or information they'd like to share.

Artist Roundup

While RAG further builds up its Facebook group, here's a quick roundup on what a few of its artists are up to as they stay close to home.

Marilyn Davis just completed an acrylic seascape in which sky and water explode with color. Fondly recalling her travels, Ann Bolt has painted a charming watercolor of an Italian man taking in the day from his window. With help from a saucy mermaid, Alexandra Michaels is turning an old board into a magical, decorative accent.

Sandy Greer says painting continues to lift her spirits, especially when news reports seem so dire. She's also enjoying sitting outside in the sunshine, pulling weeds from among her lush stands of flowers.

With so many aspects of her busy life on hold, RAG instructor and nurse Doris Bryant has found more time for her own work. Her love of animals shines through the pastels she's

creating, including one of a regal black cat that literally glows.

Artists who usually participate in Saturday morning Open Studio are at work on new paintings and drawings to reflect the next exhibit's theme, "rain." Laurie Burdick says she'd love to learn how to paint rain in watercolor and hopes RAG will have a workshop or class on that when the schedule resumes.

Contact Information

RAG has a strong arts community within Leisure World. In addition to creativity and a love of learning, members share genuine care for each other. If there's something you need – supplies, encouragement, help of any kind – please let RAG know.

If you don't wish to post a request to the Facebook group, simply reach out to RAG board members. Contact information is on the back page of the member guide, or contact RAG president Judy Kirkland at (301-938-3630) or (Kirkland.JQ@gmail.com).



At top, a seascape painted in acrylic by Marilyn Davis, photo by Marilyn Davis. At bottom, a mermaid painted by Alexandra Michaels turns an old board into a decorative piece. Photo by Alexandra Michaels



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Leisure World Captured by Digital Camera

by Fred Shapiro

With the coronavirus pandemic canceling the Rossmoor Camera Club's meetings and programs, members can make use of the need to limit their travel and contact with others by focusing their cameras and iPhones on the beauty within Leisure World.

Club members have much to see and capture with their digital cameras. They can submit their photographs for exhibitions featured in Clubhouse I and other locations in the community.

The floral displays this time of year make for good close-ups, and the broader landscapes are also inviting. So too are the deer and the geese, as well as other wildlife that one encounters in the gardens, natural areas and the golf course.

To keep in touch with fellow Club members, email some of your photographs to (fshapiro@comcast.net) and they may appear in a future edition of the newspaper.

Camera Modes

Many photographers may ask themselves, "What modes or settings should I use to best capture the natural beauties

of Leisure World?" Many members have their cameras set on automatic.

While this is an acceptable mode for most photos, try out modes that are designed to maximize an aspect of capturing an object or scene. For example, use the landscape mode when taking a scene requiring sharp focus from near and far, or use the close-up mode (flower symbol) for sharp images with an out-of-focus background. Use the sports mode to capture animals and birds. It's best to keep your camera's manual on hand to see what the different modes are all about.

Membership Information

The Club offers two levels of membership. Members who expect to compete in the monthly competitions pay dues of \$25 for the year. Residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of \$15.

Mail checks for dues to Woody Shields at (Rossmoor Camera Club, 3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906). For more information about the Club, visit (www.rossmoorcameraclub.com).



Opportunities to photograph nature and animals abound in Leisure World. Photos by Fred Shapiro



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Enhancing Skills for Dancers at All Levels

by Ida Leong

The Club's Saturday, April 25, dance was to feature the music of Mixed Company, but the coronavirus crisis has forced the cancelation of this event.

Enhancing Our Dance Skills

In the meantime, the Club is exploring long-range possibilities for occasionally offering beginner and refresher ballroom dance classes in Leisure World, conducted by highly experienced instructors.

Contact Club president Jim Leong at (jleong4035@aol.com) to express your preference for the types of dances, such as slow waltz, foxtrot, rumba, tango, cha-cha, East Coast Swing or West Coast swing.

For more in-depth instruction, some Club members have frequented local area centers, including Holiday Park, Margaret Schweinhaut, Jane E. Lawton, Le Papillon Dance, Glen Echo Park, Hollywood Ballroom and Avant Garde Ballroom. Hope-

fully, these centers will resume classes once the coronavirus crisis has passed.

Quarterly Meeting

When circumstances permit, the Club will hold a quarterly meeting. Members will brainstorm dance class possibilities and other ideas for enhancing the monthly dance events.

Membership

Membership in the Ballroom Dance Club is open to all residents.

Residents can simply stop by the membership table at any dance and provide a check for \$10 per person, payable to the Leisure World Ballroom Dance Club (LWBDC), which entitles members to a dance entry fee of \$10 per monthly dance.

The fee for non-residents and guests is \$15 per monthly dance. Members are encouraged to invite their friends, neighbors and relatives to the monthly dances. All are welcome.

About the Dances

Dance to music from all eras including Broadway, country and '30s through current day pop tunes. Attendees are welcome to ask the bands for favorite tunes and if the bands know it, they will play it. A cash bar is available and guests may bring in snacks.

Suggested attire for dances held from September through May is dressy, with jackets and ties for the gentlemen and dressy outfits for the ladies. Warm weather dances held in June through August are more casual, with no ties or jackets required for the men and business casual for the ladies (no jeans).

The Club has two themed dances during the year — the August Hawaiian Dance and the October Halloween Dance.

All dances are held on Saturdays from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Reservations are strongly suggested to ensure a place at a table with friends, old and new.



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Gardening – Now More Than Ever

by Judy Elrod

Being a member of the Garden Plots Group has definite advantages during this uncertain time of isolation and social distancing because of the coronavirus.

It is very easy to maintain a six-foot social distance while working in one's plot. Members can perform their spring tasks in preparation for the growing season, enjoy the fresh air and listen to the calls of the various birds. Working in one's garden can provide a special serenity.

Upcoming Meetings and Activities

The Group is abiding by the guidelines put forth by Leisure World management with respect to club meetings. The Garden Plots Group's next meeting is scheduled for Tuesday, April 14, subject to the status of meetings and availability of Clubhouse I.

All other activities involving groups that had been planned have been canceled until further notice: seed exchange, new gardener orientation, shed master orientation and garden inspector orientation.

The Physical Properties Department began the spring process of preparing to turn the water on in the garden in late March. The process involves checking and replacing faucets and broken pipes, as needed, and connecting the hoses. The Group expects this process to be completed by Wednesday, April 15.

The unusually mild winter has

allowed many members to work on their plots all winter. Group members are seeing new fences, bed preparation and various other activities in preparation for planting.

March Meeting

The Group held its first regular meeting of 2020 on March 10. Nominations were accepted for president and registrar because of the recent resignations of two board members.

Bob Malson, current vice president, was nominated to fulfill the vacant term of president through the end of 2020. Judy Elrod was nominated to fulfill the vacant term of registrar through the end of 2023. Voting for these two offices will take place at the Group's next meeting.

Membership

The Group's objective is to encourage gardening in Leisure World and to provide individual garden plots to those residents who wish to plant vegetables and flowers and enjoy the gardens in peace and harmony with their neighbors.

All residents who support the objectives of the Group are eligible to join. Members are plot renters. A list of available plots will be posted on the bulletin board next to shed 1 in the garden.

To submit an application, sign in to (residents.lwmc.com) and print a copy of the application, which is available at Your Community > Clubs and Organizations Information Pages > Garden Plots Group.

After indicating on your



Preparation for spring begins at the garden plots. Photo by Judy Elrod

application your top three preferences, mail the application and a check, payable to Garden Plots Group, to (Judy Elrod, 15115 Interlachen Dr. #123, Silver Spring, MD 20906). Once the E&R office in Clubhouse I is open to walk-in traffic, all applications should be submitted to there.

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Refund Money Helps Struggling Students

by Patricia Means

LWAAAC members and friends donated \$1,800 of the Mahalia concert refunds to the educational assistance project (EAP).

The Mahalia concert, which was canceled, had been designated as a scholarship fund-raising event and all proceeds would have been provided to the EAP.

The EAP is a component of the community services committee and its purpose

is to financially assist struggling, educationally ambitious students at the James Hubert Blake High School in Silver Spring, Maryland.

Trip Updates

The Arena Stage in Washington, D.C., notified LWAAAC on March 20, that all performances for its 2019/20 season are suspended.

The productions “Seven Guitars” and “Toni Stone” have been postponed to

the 2020/21 season. Judy Robinson, treasurer, will issue refunds to all individuals who purchased tickets for the two productions.

The trip to see “Tina - The Tina Turner Musical” on Wednesday, June 24, in New York City has been canceled.

LWAAAC Information

Although LWAAAC meetings have been suspended during the coronavirus crisis, the operations and maintenance of the organization are

ongoing. When necessary, the board consisting of elected officers and standing committee chairpersons will interact with members via telephone, email and postal service.

Members are reminded to notify LWAAAC of illness, disability, death or other situations affecting a member or that person’s immediate family by contacting Louise Langley, amenities chairperson, at (301-598-3876).

■ New Yorkers and Friends Group

New Yorkers and Friends Stay Positive

by Linda Mahler

With COVID-19 turning our normal lives upside down, some New Yorkers and Friends are finding enjoyable ways to spend their time.

Jackie Stoller, for example,

has been taking tours of old New York neighborhoods and favorite places on YouTube. She has ‘walked’ through Crown Heights, Rego Park, Jackson Heights and Old Bethpage, as well as favorite parks and beaches.

Bob and Mimi Schultz have watched the documentary “If These Knishes Could Talk,” which analyzes the development of the New York accent through its 300 years of mixed immigrant cultures. The documentary is highly recommended to fellow New Yorkers and Friends!

The Group hopes to be able to hold a “getting to know you” meeting in the not too distant future as the Group now totals 80 members and is still growing. The Group also looks forward to Alan Goldstein, Foundation of Leisure World board member

and fellow New Yorker, addressing the Group in the future.

The Group’s thoughts and prayers are with everyone at this time as its members closely watch events unfold daily, including the massive shutdown on members’ home state of New York. The group is New York strong and, as the saying goes, “this too shall pass.” In the meantime, those who have ways of passing the time or some anecdotes for dealing with the situation should continue to share them with fellow members.

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■ Republican Club

Club's Focus Remains Congressional Candidates

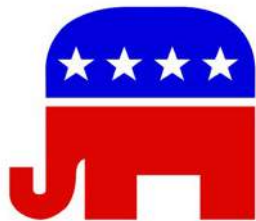
by Fred Seelman

The Republican Club's meeting scheduled for Tuesday, April 21, is canceled. The Club will give its members notice by phone or email regarding any potential future meetings.

If a meeting is held, the Club's program would continue to be about the Republicans running for Congress in Maryland's 8th Congressional District. Presently, the candidates are Gregory Thomas Coll, Patricia Rogers, Nicholas Gladden, Shelly Skolnick, Michael Yadeta and Bridgette L. Cooper. And since President Trump also is on the ballot, members could also raise matters involving him. For

more information, see (www.donaldjtrump.com).

Members who want to circulate their opinions about the candidates among membership or have an idea for a meeting's speaker should contact Club president Fred Seelman at (fseelman@gmail.com).



Members also can help the Club by working on Election Day, now Tuesday, June 2, at one of

Leisure World's three precincts: Clubhouse I, Clubhouse II or The Inter-Faith Chapel.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Seelman at (fseelman@gmail.com), or call first vice president Robert Kammer at (301-847-9820).

■ Democratic Club

Keeping Our Eyes on the 2020 Prize

by Roger Blacklow

Staying indoors because of coronavirus is a good time to write letters encouraging voter turnout, especially in battleground states.

While the Democratic Club doesn't know when its next event will occur, it remains focused on several goals. These include restoring what it believes to be dignity and competence to the White House, making Senate Majority Leader Mitch McConnell part of the minority – or, better yet, defeating him in his upcoming re-election fight, and fighting against voter intimidation and suppression at the state and local levels.

Here are some suggestions from like-minded organizations. First, here is a portal

from "Swing Left" for writing, calling and communicating with fellow Democrats in battleground states: (<https://swingleft.org/take-action>).

Second, the link below takes you to "Indivisible," a progressive, political action group. The Democratic Club has coordinated with them many times. The webpage includes a menu of options, including organizing at a social distance, using "Zoom" (video conferencing) and more: (<https://docs.google.com/document/u/o/d/1jnu4owP3CujkQFlnTDpnqT6cDKtJLYv2Ysqxz8OXvfE/mobilebasic>).

Let's keep working. Let's keep winning. The 2018 midterm elections opened the gate.



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Club Cancels Luncheon and Appeals for Donations

by Carole Mund

It is with regret that due to the ongoing concerns about the coronavirus, NA'AMAT is canceling the annual spiritual adoption luncheon. Needless to say, special caution is necessary to keep residents safe.

The spiritual adoption luncheon is a major fundraiser for the organization. Spiritual adoption is about children in need in Israel. The goal is to "spiritually" adopt a child to enhance his or her life and living conditions. Today we might call it a "virtual adoption." The children are the future and deserve every opportunity to develop their abilities to become responsible and contributing members of society.

Helping Children and Teens

NA'AMAT is the largest provider of childcare in Israel. NA'AMAT not only provides the physical facilities, but also

continues to provide the staff and the necessary supportive services for each child. The early childhood program enhances the lives of 17,000 children in more than 200 daycare centers. The innovative and educational programs recognized worldwide provide a secure environment to meet the individual needs of children.

NA'AMAT welcomes all children, with tuition based on the family's ability to pay. Many are children of recent immigrants who have come to Israel to escape terror and repression in their native countries. Even with this sliding scale, there are children who live below the poverty line and cannot even afford the subsidized fee. NA'AMAT raises funds to support these children. The Club's purpose in Leisure World is to raise additional funds to support or "spiritually adopt" these children.

Another educational aspect essential to NA'AMAT's mission is its focus on teenagers. NA'AMAT's technological network serves some 3,500 students in 20 high schools. Most of the students are at-risk and are unable to function in the traditional classroom setting. These students are given a last chance opportunity to complete their education and become contributing members of the Israeli society.

All of the students are from low-income families who come from marginalized groups. NA'AMAT offers vocational training in photography, communication, mechanical engineering, dental technology and more. Each and every individual deserves the right to reach their genuine potential.

Make a Donation

Children are the hope for the future. As Passover approaches, we recall that it is the responsibility of the adults to set an example for the children. "From generation to generation"

is the underlying theme of the Haggadah service. So, consider making a donation to "spiritually" adopt children who will become our future leaders.

Any amount makes a difference. Mail checks, payable to NA'AMAT RBZ, to Harriet Chaikin at (15101 Interlachen Dr., Apt. 216, Silver Spring, MD 20906).

More Cancellations

The donor luncheon which had been tentatively scheduled for Thursday, May 14, at Manor Country Club is canceled. The trip to Dover Downs Hotel and Casino in Delaware is also canceled.

More Information

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) and Gladys Blank at (301-438-9666). For membership information, contact Harriet Chaikin at (240-560-7487). For tribute cards, call Lenore Kalen at (301-922-4348). For information about the book club, contact Barbara Tahler at (240-669-6961).

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■ Hadassah

Hadassah Cancels Activities Through April

by Barbara Eisen

Hadassah has canceled all of its regular program meetings and the Judaic Study Group discussions in April.

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are \$3 each for one to three cards and \$2.50 each for four or more cards. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards. They will even send them for buyers who add postage costs to the regular fees.

Larelda Gruber, available at (301-598-5922), is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S. If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net), Linda Epstein at (301-847-9650) or (lepstein8@gmail.com) or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

■ Jewish Discussion Group

April 26: Discussion Session Canceled

by Jerome "Jerry" Cohen

Because of the continuing threat of COVID-19, the Sunday, April 26, Jewish Discussion Group session is canceled.

On a date to be determined as circumstances warrant, Paul Bessel will give a presentation in honor of the 72nd anniversary of Israel's Independence Day.

The Group will hold no more regularly scheduled discussion sessions. Group moderator Jerry Cohen may hold future meetings from time to time for special events. The Group's attendance has grown from about 10-12 regular attendees just two and a half years ago, to an estimated 100 attendees at the most recent session held in February. It has been a privilege to serve as the Group's moderator.

A special thanks to Paul Bessel, Judy Friedman, Jerry Leventhal, Leah Weisman and Bernie Zycherman, all of whom have helped out on a regular or occasional basis. And thanks go to the many dedicated attendees who participated in the monthly discussion sessions.

■ The Inter-Faith Chapel

Inter-Faith Chapel Closed but Worship Continues

by Bonnie Bonner

At this time, The Inter-Faith Chapel anticipates further cancelations of worship services and activities during a time when worshippers typically celebrate Easter joyously.

Each week, Sunday services are re-broadcast on Leisure World channel 972 on Wednesdays at 2 p.m. Currently, the Chapel plans to continue broadcasting inspirational messages at that time, either a newly recorded message or a previously recorded seasonal service.

Residents may also visit the Chapel's website at (www.inter-faithchapel.org) for personal devotionals, prayer and Bible study resources. Click on the Spiritual Enrichment tab at the top of the home page.

The Chapel's monthly newsletter, the April Courier, is posted on the website and may be viewed by clicking on View Monthly Newsletter on the home page. The Courier contains personal worship materials for Good Friday and Easter Sunday.

The Chapel is closed to resident traffic. Call (301-598-5312) for assistance.

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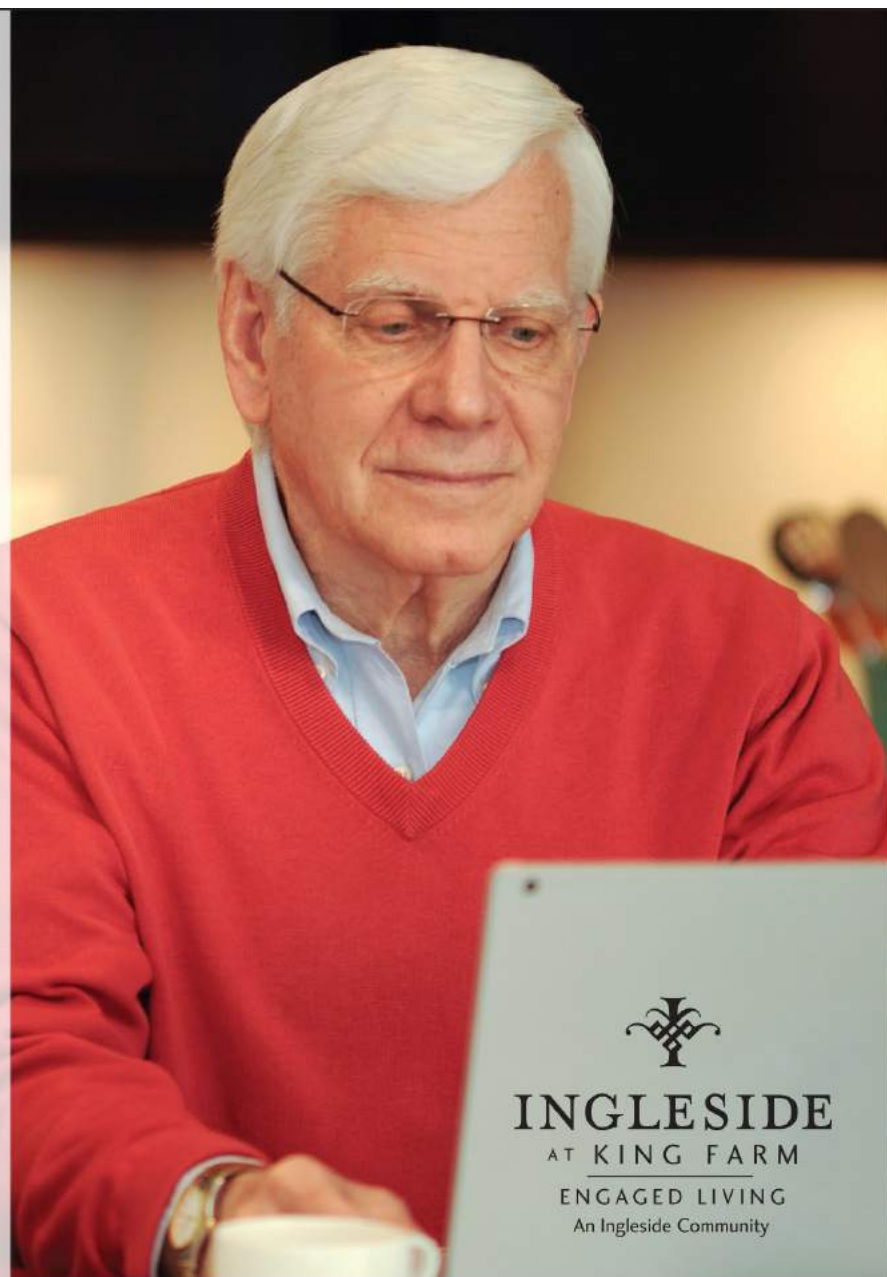
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■ Jewish War Veterans Krieger-Loube Post 567

April 5: Brunch Canceled

by Jerome "Jerry" Cohen

Because of the threat of the COVID-19 (coronavirus), the Sunday, April 5, brunch has been canceled.

Anyone who has mailed in a reservation check may receive credit toward a future Jewish War Veterans (JWV) Post 567 brunch to be held later this year. The status of the scheduled brunches for Sunday, May 3 and June 7 will be confirmed or canceled as circumstances dictate.

Post Information

The Post's name change request to "Jewish War Veterans Krieger-Loube Post 567" was officially approved by the National Executive Committee at their semi-annual meeting held at a conference facility in Crystal City, Virginia in February.

Past Commander of Post 567 Danny Bass was the driving force in initiating and arguing

for the name change in memory of his close friend, Milton "Macky" Loube. For years, Commander Loube and his family provided leadership and performed many of the Post's administrative functions.

Two new categories of regular membership were recently added by the JWV national governing organization. Those who have served in the U.S. Public Health Service Commissioned Corps or in the National Oceanic and Atmospheric Administration Commissioned Officer Corps are legally recognized as veterans and are now eligible and are encouraged to join the Post.

For additional information, questions about membership, to be added to Post 567's email notification and e-newsletter list or to make donations to the Post in honor of or in memory of someone, contact Post Commander Jerry Cohen at (240-970-5024) or (jeromeacohen67@outlook.com).

■ Rossmoor Women's Club

Annual Scholarship Luncheon Tentatively Planned for May

by Marcia L. Elbrand

The Rossmoor Women's Club's (RWC) mission "to foster social interaction, promote volunteerism and support specific charitable organizations" becomes massively more important as community needs increase.

With that in mind, the RWC is tentatively planning to hold its annual scholarship awards luncheon on Wednesday, May 13, at Manor Country Club. The Club awards scholarships to college-bound female high school students from Blake high School.

The luncheon will include a festive Mediterranean buffet featuring classic Greek salad, hummus and grilled pita chips and baked orzo pasta with spinach and feta cheese. Luncheon entrees will include such choices as chargrilled lemon oregano chicken and herb-roasted New York strip loin with red wine au jus. A new dessert, banana chocolate chip bread pudding with vanilla sauce, is planned.

The cost to attend the luncheon will be \$35 per person, and both members and their guests are welcome. In light of current circumstances, those hoping to attend might be wise to wait until closer to the Friday, May 8, reservation deadline to submit checks.

Updated information regarding the luncheon, and other pertinent

information, will be sent by email to RWC members.

Make a Donation

Meanwhile, RWC treasurer Peggy Sullivan reminds readers that in trying times, individuals seeking to do something helpful for the community are welcome to send donation checks, payable to Rossmoor Women's Club, to Peggy Sullivan at (3743 Glen Eagles Dr., Silver Spring, MD 20906).

If you want the gift to support a single charity, note that on the check's memo line, or enclose a note to that effect. Otherwise, the RWC's board will determine the allocation of the unspecified donations.

When the board resumes its open monthly meetings, which are held on the second Monday of the month at 10:30 a.m., it will vote on increasing its budgeted donations to several specific local charities.

The Club provides annual scholarships to college-bound Blake High School senior students, as well as support to Montgomery Hospice/Casey House, the Betty Ann Krahnke Center and the Head Start pre-K class at nearby Harmony Hills Elementary School.

Within Leisure World, the Club helps support social services, the library in Clubhouse I, Fireside Forum and the Committee for the Homeless and Working Poor.



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GIAC Cancels All Activities but Encourages Communication via Phone

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) usually meets every Saturday from 2-4 p.m. in Clubhouse II.

However, because of the seriousness of COVID-19 (coronavirus), the Club is following guidelines and recommendations from federal, state and local government by suspending all activities for the time being and urging Club participants to stay at home for their own health and safety.

While GIAC and other clubs and organizations have suspended activities and can no longer meet in person, Club president Elaine Strass urges GIAC members to use their telephones to stay in touch with friends and neighbors. Studies have indicated that a friendly call can be priceless to

an older person who is home-bound. Meanwhile, may all GIAC members stay informed, stay vigilant, stay home and stay safe until they meet again.

2020 Trips

The Saturday, July 18, through July 25, trip to Montreal, Quebec City and Ottawa, Canada has been canceled and refunds are being made. To learn more, contact trip coordinator Buck Parr at (301-760-8094).

The Wednesday, April 15, trip to see "Love Letters" at Washington County Playhouse in Hagerstown, Maryland, has been postponed until a more appropriate date in the future. For more information, contact Nancy Alderman at (301-598-5614).

The following trips have not been canceled as yet, but are currently "on hold." Individual

reservations/payments will not be accepted until such time in the future when the Club's activities resume:

- Thursday, Aug. 20 – Travel to Harris Crab House and Amish Market for all-you-can-eat Maryland Blue Crabs, steamed shrimp, fried chicken, corn, cole slaw, potato salad, soft drinks, coffee, tea and assorted desserts followed by a stop at an Amish market to shop for fresh fruits and vegetables, gifts, homemade cakes, cookies and much more.
- Wednesday, Oct. 14 – Travel to Harrington Casino, "Where Winners Play," in Kent County, Delaware. A buffet lunch will be offered at a discount. For more information, contact Joe Parker at (301-598-3457).

Armchair Travel

All upcoming armchair travel is canceled. Notice will be provided when it is to resume.

Games

All games are canceled. Notice will be provided when they are to resume.

Membership

The GIAC membership year covers July 1 through June 30 and the fee is a nominal \$8. Because all of the Club's activities have been canceled, membership payments will not be accepted until such time as they have resumed. Notice will be provided to all members when that time comes. Meanwhile, those wishing for more information about membership may contact Elaine Strass at (240-447-2166).

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Walks Continue, But Check Email for Cancellations

by Beth Leanza

Any active, fun-loving adult in Leisure World is welcome to join the Baby Boomer Club. Baby boomers are not limited by their date of birth!

Sometimes the Club gets together to play board games. Other times its members watch movies together in the Clubhouse II auditorium or at a local theater.

Club members also like to walk together. Members who attend events in Clubhouse II are asked to bring snacks to share, and the Club provides water and soda. Because the Club meets in Clubhouse II, members can, if they like, bring their own alcoholic beverages.

A lot of members really enjoy traveling to Toby's Dinner Theatre in Columbia for a delightful buffet meal and a great musical performance.

Join or Renew

Those ready to join the Club can send a check, payable to Baby

Boomer Club, to membership chair Susan Landesberg at (3505 Twin Branches Ct., 37-C, Silver Spring, MD 20906). The dues are \$5 per member.

Be sure to include your email address, as the Club communicates mostly by email. The Club can also get members signed into its Google Group. Current members who wish to renew can also send a check to Susan. She has the 2020 member cards for people who were members in 2019.

Residents who are unsure they want to join can attend a Club activity first. The Club's website is available at (<https://sites.google.com/site/bbclwmd>) and includes a calendar with activity information.

Have you joined but aren't receiving emails? Contact Beth Leanza at (bethlea12020@gmail.com) or (301-598-4569).

Friday Hikes with Joyce

Residents do not have to join

the Baby Boomer Club if they only want to join the Club's walkers. Although the walks' organizers are members, they welcome anyone to join the walks.

Joyce Richardson, available at (301-598-7098) or (777cheekie333@gmail.com), leads walks on Fridays. They meet up at 1:15 p.m. at a local trail. Most walk about three miles, but some walk half-way and return. Carpooling to the walks is not available at this time.

To get directions to walk sites, visit the Club's website at (<https://sites.google.com/site/bbclwmd/calendar>) or use Google Maps.

- April 10 – Swain's Lock (Potomac, MD) Meet in the parking lot at 10:15 a.m. Bring water and a lunch.
- April 17 – Wheaton Regional Park (Silver Spring, MD) Meet near the merry-go-round at 10:15 a.m. Bring water and a lunch.



Sunday Morning Walks

Those who want a three-mile walk continue to meet up on Sundays at 8:30 a.m. during this restricted time as long as weather permits. The group meets at Arden Court (across

from Kelmscot Drive).

In case of rain, the group can no longer move to the Clubhouse II fitness center. Walkers are encouraged to continue their walking routine indoors when the weather is bad. Contact Ted Michos at (Tedmichos@gmail.com) for more information.

Weeknight Walks

For a shorter walk (about one mile), join a group that walks the Broadwalk in Montgomery Mutual. The walkers meet each weeknight at 5:15 p.m. in the Clubhouse I lobby. No one makes an announcement, so look around and introduce yourself!

AVA Walks

One of the Club's members belongs to the AVA and posts their walk information on the Club's website. You do not have to join AVA to make use of this information.

Some AVA walks are done on your own at your convenience, while others are more organized. A number of them are wonderful ways to explore some areas. And the AVA has walks all over the country!

Visit (<https://sites.google.com/site/bbclwmd>) and click on Subpages (1): Walks (below the Boomer Events Calendar).

■ Comedy and Humor Club

Comedy Club Cancels Meetings

by Al Karr

In response to COVID-19, the Comedy and Humor Club and its nearby Bedford Court counterpart have canceled their jokester meetings until further notice.

The Club's meeting cancellations began on March 17. Ordinarily, the Club meets every Tuesday at 1:30 p.m. in Clubhouse II.

Those sitting in the comedy semicircle or standing at the podium in recent meetings included vice president Skip Schoening, Fred Firnbacher, Sunny Levin, Susan Dawson,

Ruth and Wally Becker, treasurer Herb Hodes, Alan Packer, Bernie Patlen, Al Karr, president John Lass and Sam Hack. Here's one of the jokes told at a recent meeting:

- Herb—A Jewish mom sent her five-year old son off to his first day in school. She told him to behave, do what the teacher says and make friends. And she urged, "Learn a lot, Bubbala." On his return home at the end of the day, the boy was asked what he learned in school, and he replied, "I learned that my real name is Irving."

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Doing it by the Book

by John Moens

Brevity – Words are meant to be valued and not frivolously wasted.

The unchallenged apex for brevity was set by a French author and his publisher in the 19th century. The author wrote a letter to find out how the sales of his book were going. When the publisher opened the envelope, he found a small slip of paper with a question mark. The publisher responded with an exclamation point. “Les Misérables” was a hit.

The Writers of Leisure World achieved its own form of brevity by not meeting on March 19.

Lessons of Life

Last year, the Club published a book, “Lessons of Life: Wisdom from an Ageless Generation.”

Each of the book’s 15 authors from diverse backgrounds contributed a chapter covering the joys, sorrows and mysteries of life.

Personal biographies of life-changing events include times of war and peace, death and birth, and crisis and redemption. Poems and essays provide first-person accounts of prejudice, autism, AIDS and the struggle for the equality of the sexes. In stark contrast are inspiring stories exposing the love of people from different cultures across the U.S., South America, India and Asia.

The book begins with the autobiographical “An Extraordinary Life” by Lee Hardy. Joannie Friedlander, an artist and writer, looks back on her life in “My Amazing Life.”

Lithuanian-born Danuta met Carlos Montorfano in medical school in Buenos Aires. Contrary to the prescription that laughter is the best medicine, they make the case for an alternative in two chapters of love poems.

Grace Cooper has published many books and articles. Her selection of poems, each using a minimum of words,

are like viewing abstract art. The reader completes the picture with his or her own experiences and insights.

Gladys Blank reminds the reader that “Remembering the Good Times” is a way to get through the not-so-good times. The story seems very timely as we reflect on the good times way back when (February, was it?).

Pertaining to her native Indian culture, Radha Pillai’s poetry and prose make one imagine. After one ponders a thousand-year-old Banyan tree, get ready for the oft-asked question, “What will heaven be like?” If that does not challenge the soul,

she inquires, “What will we be like?”

World traveler Jane Hawes takes readers camping in San Francisco, tumbling in Japan, for a cold beer at “The Top of the Tang Fang” hotel in Hong Kong, to a junk, a Chinese sailboat, on the South China Sea and navigating crowds in Sri Lanka.

From his pending book “Whitetail Widow,” Woody

Shields provides the answer to one of the great philosophical questions of our time, “Is Deer Hunting Really Better than Sex?”

The final chapter shares the poetry of Bobbie Troy. She published her first poem

at age 62. “Dear Diane,” included in the book, was nominated for the 2010 Pushcart Prize.

The Club’s book is available in the library in Clubhouse I and on (www.amazon.com) in both paperback and eBook formats.

General Information

After the pandemic subsides, the Writers of Leisure World will meet on the first and third Thursday of each month in Clubhouse I. All residents are welcome to attend.

The Club hopes more residents will join to read their work. The Club enjoys all levels of writing and continues to compile essays and poems for its next book.

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During this Time of Social Distancing, Learn How to Use FaceTime and Disinfect Your Devices

by Ron Masi

All LW Apple Club activities are canceled until further notice.

Using FaceTime

At a time when people cannot see family and friends in person, Apple users should learn how to use FaceTime, an Apple device app that allows the user to video talk. Apple uses end-to-end encryption, so the app is very secure; calls are not recorded and no part of a user's calls are sent to or stored by Apple.

FaceTime is easy to use and free when used with a wi-fi/internet connection. Data rates may apply when using cell phone towers. Although other non-Apple apps provide this service such as Skype, the big advantage of FaceTime is its security and, if a user needs help, he or she can call (1-800-MY-APPLE) for tech support.

Here are the basics to get you started. The following information is condensed from an extensive group of videos on (www.YouTube.com) by Tech-Boomers. For more details, go

to (www.YouTube.com) and type "using FaceTime" in the search bar.

If FaceTime is not already set up on your iOS (iPhone or iPad), go to Settings > FaceTime > Toggle "FaceTime" to Green > "Use Your Apple ID for FaceTime" appears – tap on it. If asked, sign in to your Apple account.

For Macs, open the FaceTime app (Cmd + space > start typing FaceTime) or click on icon if in the "dock." If FaceTime is not on, click "turn on."

Enter your Apple ID and

password if asked. Forgot your password? Go to (https://appleid.apple.com).

To make calls on Mac or iOS, ensure the recipient has FaceTime enabled, and then:

1. Open FaceTime > enter their email or phone number
2. Select Video or Audio
3. Connection may take a little longer; be patient.
4. Say hello and enjoy.

Some basic control icons during the call:

- Mic icon: toggles mute on and off
- Red phone icon: ends call

Tip: If you have your FaceTime's recipient in Contacts, you can make the call directly from there. Find them in Contacts and tap the FaceTime icon under their name.

Disinfecting Your Device

Apple users may use a 70 percent isopropyl alcohol wipe or Clorox disinfecting wipe on their Apple product, gently wiping its hard, nonporous surfaces such as the display, keyboard or other exterior surfaces.

Don't use bleach, avoid getting moisture in any opening and don't submerge the Apple product in any cleaning agents. Apple products are made with a variety of materials, and each material might have specific cleaning requirements.

Here are some cleaning tips that apply to all Apple products:

- use only a soft, lint-free cloth
- avoid excessive wiping, which might cause damage
- unplug all external power sources, devices and cables
- keep liquids away
- don't spray cleaners directly onto the product



FaceTime icon, screenshot by Ron Masi





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DARTMOUTH -- Townhouse in Mutual 11, 2 bedrooms, 2 full and 1 half bath, spacious rooms offer both front patio and rear balcony, all new stainless steel kitchen appliances, newer cabinets & counters, includes basic cable, internet/wifi, and utilities (except phone), MOVE IN READY. \$2,130/month.

CABOT -- 3 BR, 2 BA ranch house with attached 2-car garage. Delightful location on Lindsey Lane in Mutual 10, includes basic cable, internet/wifi, and utilities (except phone). MOVE IN READY. \$2,400/month.

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Clubs, Groups & Organizations In Brief

Several clubs, groups and organizations have canceled or postponed their meetings and events due to COVID-19 (coronavirus). To check on the status of an event or meeting, watch channel 972 or contact the club, group or organization directly.

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. Members meet in the Stein Room in Clubhouse I at noon. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Clipper Workshop: Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday from 10 a.m.-2 p.m. in Clubhouse II, or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Windows systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Groups.io: The Leisure World Yahoo Group has become Groups.io. It is like an online bulletin board with issues pertaining only to the Leisure World community. The Group's platform is secure, with strong anti-virus, spam control and privacy features installed. To become a member, email a request with your name and mutual name to the Group's moderator at (paule@lwm10.com).

Hispanos de Leisure World: All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Interfaith Committee for the Homeless and Working Poor: The focus of this committee is to provide opportunities for Leisure World residents to work together to solve some of the problems experienced by homeless and working poor individuals and families in Montgomery County. This coalition is comprised of representatives from the Inter-Faith Chapel, Jewish Residents of Leisure World, Our Lady of Grace Catholic Church, the Unitarian Universalists of Leisure World and the community at-large. If you would like information about participation in ongoing projects of this committee, contact Gwen Raphael at (301-348-8814) or (graphael@verizon.net).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is to be determined. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on the use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

LW Green: LW Green was formed in 2015 by residents who are enthusiastic about becoming better environmental stewards. Meetings are the fourth Wednesdays of the month at 2 p.m. in Clubhouse I. All those who care about the natural resources in Leisure World and the outside communities are urged to join us. For more information, contact Janice McLean at (janicewmclean@gmail.com).

LW LGBTQ Alliance: The group was formed to give members of the LGBTQ community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II, except in July and August. We welcome everyone; being gay is not a prerequisite. The LW LGBTQ Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire Leisure World community. For additional information and events, email us at (lwlgbt@gmail.com). You can also follow us on Facebook at LW LGBT Alliance.

Model Railroad Club: If you have ever had an interest in model trains, the three layouts in the basement of Clubhouse II offer just about anything you could ask for. The largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit Club members on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join members for the monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

Musical Jammers: We gather informally twice a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. The Group already has a record of success helping to make Leisure World even better. Free. Please join the 1,200 plus members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join this Group. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

Quilting Group: Come and join this fun group as members

► to page 34

Clubs, Groups & Organizations In Brief (cont.'d)

work on individual projects. The Group now includes those interested in all needlework and knitting. Members meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). The next meeting is to be determined.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, members meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with others while members learn new skills together. Call Audrey at (301-598-4903).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. Members meet on the first Thursday of each month at 3 p.m. in Clubhouse I. They discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and members hold an auction of their stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: TMO is a movement of residents concerned about governance and management. The Group meets every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administra-

tion building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information email (admin@townmeetingorganization.com) or visit (www.townmeetingorganization.com).

Wood Shop: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. Due to COVID-19, the wood shop is closed until further notice. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join members as they shine a light on the role that women play in serving our country. Members also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. The Group meets every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women's Fun Bunch of Leisure World: The Women's Fun Bunch is for widows living in Leisure World. Members have a good time together and plan different social activities. For inquiries, call Marlene at (301-438-7773).

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Leisure World Club Trips

The next deadline for trip submissions is **Monday, April 6**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

**June
24**

"Tina – The Tina Turner Musical" Lunt-Fontanne Theatre, NYC

Join the **Leisure World Association for African American Culture (LWAAAC)** for this riveting musical that follows Tina Turner from her humble beginnings to her transformation into the global queen of rock 'n' roll and an international musical and award-winning icon. The show is a raw and emotional journey performed by Adrienne Warren, who rocks the rafters as Turner.

The cost is \$230 per person and includes bus transportation, lunch at Negril Village Restaurant in Greenwich Village and admission to the show. The lunch menu includes soup or salad, jerk chicken, jerk salmon or vegetarian pasta, fruit punch, ginger beer, sorrel or soda.

The bus leaves at 7 a.m. from Clubhouse II and returns approximately 9:30 p.m.

To reserve seats, payment (checks only, payable to LWAAAC) must be paid by Wednesday, April 1. Include a telephone number and an email address with payment. At the time of payment, a form indicating your lunch preference must be completed.

For additional information, contact Juanita Sealy-Williams, program committee chairperson, at (301-822-4531).

**June
26**

"Anchors Aweigh" Severn River Cruise, MD

Rossmoor Women's Club (RWC) has planned a river cruise that RWC trips chairperson Carol Freibert describes as "a great opportunity for pure enjoyment."

The six-mile, 90-minute riverboat excursion offers scenic views, including sights of the Annapolis Harbor and the banks of the U.S. Naval Academy. The cost, \$90 per person, includes luxury motor coach transportation from Clubhouse II, cruise and a choice from four different boxed lunches.

The bus departs at 10:30 a.m. from Clubhouse II and returns at approximately 4 p.m. To make a reservation, call (301-598-1599) or (800-321-3973, ext. 4).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.



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3 bedrooms, 2.5
baths, spacious
living room, sep.
dining room, table
space kitchen,
large sunroom,
garage space.
List \$419,000



ACTIVE

Beaverbrook Ct.
1,043 sf. 2 bed-
rooms, 2 baths.
All new paint &
carpet. New stain-
less appliances,
granite counters.
Updated baths.
Enclosed balcony.
List \$170,000



ACTIVE

Vantage East
1,035 sf, 2 bed-
rooms, 2 baths.
Updated kitchen
with stainless appl.
New paint and
new plank flooring.
Large sunroom
with scenic views.
List \$224,500



SOLD

14609 Deerhurst
3 bedrooms,
2 baths. 2 car
garage. Updated
kitchen, silestone
counters. Updated
bathrooms. New
plank flooring
throughout.
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SPORTS, GAMES & Scoreboards

■ Chess Club

Chess Is Not Immune – Members Encouraged to Play via Phone or Email

by Bernie Ascher

During this serious national emergency, with business and school closings; cancelation of sports, entertainment and meetings; and avoidance of crowds and human contact, a dose of comic relief could help, as intended in this article.

Arrival of the coronavirus presents a challenge to hypochondriacs. Now they can perceive that they have a disease no one has

ever had before, but they find it difficult to explain the symptoms.

Hypochondriacs are people who strongly believe they have a particular disease and are excessively and unduly worried about it. Healthcare workers use a new term for this condition: “illness anxiety disorder.”

Generally, doctors treat hypochondriacs with placebos, but sometimes they actually prescribe medicines. Hypochondriacs are not very organized. They have

no support group, such as Hypochondriacs Anonymous. Many famous people have suffered from the disorder, but nobody has ever died from it.

Howard Hughes, the well-known aviator, engineer and billionaire filmmaker, was a notorious hypochondriac. As described in a 2011 blog by Kevin Forde, Hughes “holed himself up in hotel rooms for months on end, just to be on the safe side... He picked up everything with tissues to insulate himself from germs and obsessed over dust and dirt on other people’s clothes, demanding they remove it...When he refused to leave a hotel for fear of going back into the outside world he could simply buy the property.”

Forde also reported that Charles Darwin, who developed the Theory of Evolution, “loved water cures for his perceived ailments. He would take cold baths and wrap himself in wet sheets. He also kept meticulous records of his own flatulence – intestinal gas being a persistent fixation for hypochondriacs through the ages.”

Hans Christian Andersen, the fairy tale storyteller, feared that a small spot above his eye would spread to cover his entire face and that it would rupture.

Adolf Hitler, the Nazi dictator, had mood swings and worried about Parkinson’s disease, gastro-intestinal ailments and skin problems. He always traveled with his doctor, who treated him with cocaine, amphetamines, glucose, testosterone and corticosteroids (e.g., Prednisone).

Joseph Stalin, who ruled the Soviet Union for more than two decades, was concerned about “chronic tonsillitis, psoriasis and rheumatic aches from his [left] arm,” which became deformed after a childhood accident, as noted in Simon Sebag Montefiore’s book “Stalin: Court of the Red Tsar.”

Florence Nightingale, regarded as the founder of modern nursing,



suffered from “nervous fever” and spent most of her later years in bed, according to Sean Lang, author of “British History for Dummies.”

“Russian composer and conductor Pyotr Ilyich Tchaikovsky suffered from hypochondria. He had an extreme fear that if he didn’t hold on to his chin while conducting his head might fall off! He also refused to drink anything not bottled out of fear of catching a disease,” according to an article published by the Welsh National Opera last year at (wno.com.uk).

Several chess players were hypochondriacs. Frank Bundy’s book “End Game” indicates that chess champion Bobby Fischer lost his reputation after 1972 through “hypochondria and failure to play competitive chess” for 20 years thereafter. Another chess champion, Mikhail Tal, a Soviet Latvian, also was a known hypochondriac.

In the diagram on this page, what is Black’s best move?

The solution follows this message that chess players are not immune from disease. In keeping with the practice of “social distancing” to prevent the spread of the coronavirus, regular meetings of the Chess Club in Clubhouse II are canceled until further notice. Members are encouraged to play one another by phone or by email.

SOLUTION: Black moves the Rook to f1. Checkmate!

So, do not wait for testing. Do not wait for a vaccine. Do not wait for a cure. Play chess now! (Remotely, of course.)

■ Pickleball Club

Pickleball Members Can Enjoy the Game Online

by Dee Berkholtz

The past few weeks have been a challenging and stressful time for Pickleball Club members along with the rest of the Leisure World community. The courts at Clubhouse II closed about a week ago, and indoor pickleball is canceled.

The courts are expected to be power washed, repaired and painted during this time.

The Centers for Disease Control and Prevention recommends the following tips for managing anxiety and stress:

- Take care of your body. Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep and avoid alcohol and drugs.

- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others.

Pickleballers still have ways to enjoy the game in the comfort of their own homes. The Club’s website, available at (www.lwpickleball.net), has links to a number of YouTube videos on tips to improve your game as well as recent tournaments featuring truly impressive players. The site even includes links to suggestions on how to use the mirror to improve one’s game when stuck inside. For information about the Pickleball Club, visit (www.lwpickleball.net). Questions can be sent to the Club’s officers via the “Contact” link on the website.

■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

March 11, 2020

1. Marcia Elbrand and Monroe Elbrand, 2,900
2. Helen Montanaro and Jack Carney, 1,800

Wednesday night Chicago bridge is postponed until further notice. Check channel 972 for updates.

Sports, Games & Scoreboards In Brief

Several sports and games have been canceled or postponed due to COVID-19 (coronavirus). To check on the status of a sport or game, watch channel 972 or contact the sport or game leader directly.

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecom-mongame.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron Navarro at (301-598-3870).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708). Note: games have been postponed until further notice.

• **Men's Bridge** seeks players. The group meets Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).

• **Thursday Ladies Bridge** welcomes more card players. If interested, call JoAnn Gellman at (301-351-2391).

Chess: For free chess lessons for beginners or "rusty" players, call Bernie Ascher at (301-598-8577) to schedule an appointment. Regular chess games have been postponed until further notice.

Cribbage: Players meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. in Clubhouse II. There are cards and cribbage boards, and members would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (The group does not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270).

Duckpin Bowling: Join the Duckpin Mixed Bowling League on Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). The group needs bowlers of all skill levels and will welcome you into this enthusiastic group. Members carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

LW Golf Club: The LW men's golf opening day tournament that was scheduled for Wednesday, April 1, has been postponed. The new date has yet to be determined.

Mah-jongg: Learn how to play mah-jongg. Call (301-598-3438).

Mind-Body Exercise Club: Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activities Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

Ping-Pong Club: Get healthy exercise and camaraderie playing ping-pong. The club meets Mondays and Wednesdays from 3-5 p.m. and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email her at (julie12401@netscape.net).

Pinochle Players: Experienced Pinochle players wanted. Members play Mondays beginning at 5 p.m. in Clubhouse II. If interested, call (301-401-3103) or (301-598-6740). If you are interested in learning, you are welcome to observe.

Poker:

• **Poker Game** openings are available at the Greens, Thursdays from 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Mondays and Thursdays from 1 p.m.-4:30 p.m. in the Clubhouse II Game Room. The group plays hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

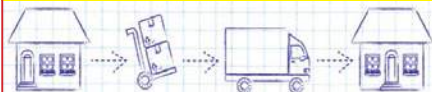
Thursday Night Poker meets every Thursday from 6-9 p.m. in Clubhouse II. Members play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

Scrabble: Please join players at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Indoor Pool Volleyball. If you are a resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Mondays and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com). Note: The indoor pools in Clubhouse II are closed.

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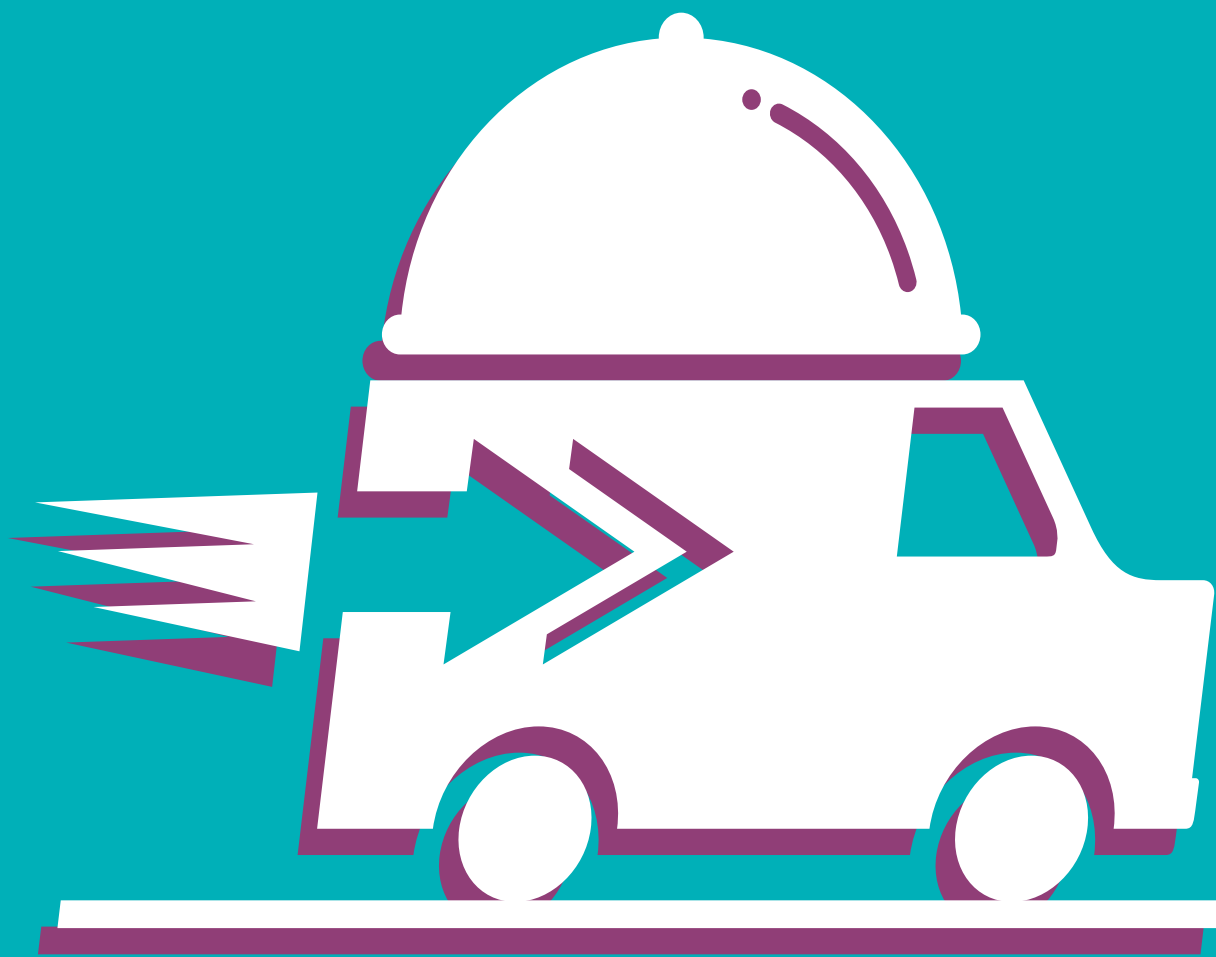
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CLASSES & Seminars



As we enter into the holiest week of Christendom (April 5-12, April 12-19 Orthodox), we are reminded that Easter is, above all, a celebration of Hope, the beginnings of the fulfillment of the Promise of everlasting Life, the Promise of Glory that follows trials and suffering. Especially as we await relief from the effects of the COVID-19 virus, we offer to each other the same promise of Hope, confident in the Maker of that promise.

We also wish grace and peace for all those who will celebrate the Passover April 8-16.

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Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be canceled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EXERCISE

Chair Yoga with Robin, Mondays or Wednesdays:

Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class dates are to be determined.

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**Vantage Point West
"KK" Model + Garage**
2BR, 2FB + Den 1490 sf.



SOLD! \$380,000

"Cabot" Model Patio Home
3 BR 2 FB, Kit, BA & flrs updates
fenced patio 2 car gar. 1193 sf.



LISTING SOLD! \$330,000

Villa Cortese "L" Model
Building 4, 3BR, 2FB,
updated kitchen, 1520 sf.



SOLD! \$285,000

**Vantage Point West
"F" Model + Garage**
2BR, 2BA, 1315 sf.



LISTING SOLD! \$530,000

Overlook "L" w Garage Space
End unit w best view, huge kit w
stainless, fully renovated, 1735 sf.



LISTING SOLD! \$440,000

Villa Cortese New Building "Q"
Luxury 2 BR, den, 2 FB, green
view, garage space incl, 1574 sf.

A note to our readers... In these difficult times, we are here for you today and in the months ahead. We will gladly answer your Real Estate questions and address your concerns via cell, text, or internet conference. Together, we offer you our assistance to help you navigate our new normal.

Stay safe... Rick, Sudha, and Sue



LISTING SOLD! \$715,501

Regency Oak Hill Model - New
hwd flrs, updated BAs, 2 first flr
BRs, two car garage, 3684 sf.



SOLD! \$380,000

**Vantage Point West
"J" Model + Garage**
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LISTING SOLD! \$468,000

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w/FP 2 patios, 2 car gar, 1470 sf.



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Villa Cortese New Building "T"
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Recent Solds "Around the World"!

Address	Subdivision	Structure Type	Beds	Baths	Asked	Got	Subsidy
3310 N Leisure World Blvd #818	FAIRWAYS NORTH	Unit/Flat/Apartment	2	2	\$192,700	\$192,700	\$0
3310 N Leisure World Blvd #1003	FAIRWAYS NORTH	Unit/Flat/Apartment	1	1	\$129,990	\$130,000	\$0
3624 Gleneagles Dr #9-1B	MONTGOMERY MUTUAL COOP	Unit/Flat/Apartment	2	1	\$118,000	\$118,000	\$0
3360 Gleneagles Dr #71-2B	MONTGOMERY MUTUAL COOP	Unit/Flat/Apartment	2	1	\$120,000	\$120,000	\$0
3100 N Leisure World Blvd #703	OVERLOOK	Unit/Flat/Apartment	2	2	\$440,000	\$438,000	\$0
14609 Deerhurst Ter #211-A	ROSSMOOR MUTUAL #10	Twin/Semi-Detached	3	2	\$375,000	\$380,000	\$0
3155 Adderley Ct #248-C	ROSSMOOR MUTUAL #11	Twin/Semi-Detached	3	2	\$305,000	\$280,000	\$0
15004 Eardley Ct #282C	ROSSMOOR MUTUAL #12	Row/Townhouse	2	2.5	\$155,000	\$150,000	\$0
15100 Glade Dr #11-3-G	ROSSMOOR MUTUAL #14	Unit/Flat/Apartment	3	2	\$225,000	\$210,000	\$0
2921 N Leisure World Blvd #1-122	ROSSMOOR MUTUAL #22	Unit/Flat/Apartment	2	1.5	\$130,000	\$130,000	\$0
15115 Interlachen Dr #3-223	THE GREENS	Unit/Flat/Apartment	3	2.5	\$310,000	\$310,000	\$7,750
15107 Interlachen Dr #2-925	THE GREENS	Unit/Flat/Apartment	1	1	\$155,000	\$155,000	\$0
15100 Interlachen Dr #4-1016	THE GREENS	Unit/Flat/Apartment	1	1	\$129,900	\$125,000	\$0
15100 Interlachen Dr #4-517	THE GREENS	Unit/Flat/Apartment	2	2	\$199,900	\$199,900	\$0
15101 Interlachen Dr #1-1009	THE GREENS	Unit/Flat/Apartment	2	2	\$198,943	\$198,943	\$2,489
15100 Interlachen Dr #4-707	THE GREENS	Unit/Flat/Apartment	3	2.5	\$292,000	\$292,000	\$0
3005 S Leisure World Blvd #623	TURNBERRY COURTS	Unit/Flat/Apartment	2	2	\$197,000	\$197,000	\$0
2900 N Leisure World Blvd #212	TURNBERRY COURTS	Unit/Flat/Apartment	1	1	\$150,000	\$150,000	\$0
3200 N Leisure World Blvd #709	VANTAGE POINT EAST	Unit/Flat/Apartment	2	2	\$294,900	\$292,500	\$0



ACTIVE!!!

15107 Interlachen Drive, #2-906

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ACTIVE!!!

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ACTIVE!!!

15115 Interlachen Drive, #3-623

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CALENDAR *of Events*

Please keep in mind that many clubs, groups and organizations are taking precautions against COVID-19 (coronavirus) by canceling or postponing their upcoming meetings and programs. For the latest updates, check TV channels 972 and 974.

Leisure World Mutual Meetings

April 7

Mutual 18 Board

1:30 p.m., Sullivan Room

April 8

Mutual 11 Board

10:00 a.m., Sullivan Room

April 9

Mutual 12 Board

1:00 p.m., Sullivan Room

April 10

Mutual 5 Board

2:00 p.m., Clubhouse I

April 14

Mutual 16 Board

9:30 a.m., Sullivan Room

Mutual 19A Board

9:30 a.m., Clubhouse II

Mutual 7 Board

1:15 p.m., Sullivan Room

Mutual 19A Annual

2:00 p.m., location to be determined

April 15

Mutual 5 Board

9:30 a.m., Sullivan Room

Mutual 11 Annual

6:30 p.m., Clubhouse II

April 16

Mutual 15 Board

9:30 a.m., Sullivan Room

Mutual 14 Annual

3:00 p.m., Clubhouse I

Several mutuals may choose to cancel these scheduled meetings or hold them via teleconference. Check TV channels 972 and 974 and (residents.lwmc.com) for updates.

Dial 301-598-1313
for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Budget and Finance

April 15, 10:00 a.m., Clubhouse I

Communications

April 16, 10:00 a.m., Clubhouse I

Education and Recreation

April 7, 9:30 a.m., Clubhouse I

Health

April 15, 2:00 p.m., Clubhouse I

Landscape

April 9, 9:30 a.m., Clubhouse II

Security and Transportation

April 9, 9:30 a.m., Clubhouse I

Technology

April 7, 10:00 a.m., Sullivan Room

LWCC Executive Committee

April 17, 9:30 a.m., Clubhouse I

Meeting times and locations subject to change.

Several committees may choose to cancel these scheduled meetings or hold them via teleconference. Check TV channels 972 and 974 and (residents.lwmc.com) for updates.



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THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications; that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

HELP WANTED

401K PLAN AUDITORS: Great opportunity for retiree looking to keep skills sharp. We need experienced auditors for the upcoming season. At least 3 years' experience with 401k plan audits or similar audits is desired. Seasonal work, April through October, full- or part- time. Pay \$35 to \$50 per hour. Contact Bernard Bethke at (bbethke@bethkecpa.com) if you are interested and qualified.

WANTED

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other

military history. Call Dave (240-464-0958) or email (david.obal63@gmail.com).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary Roman (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

WANTED! DIABETIC TEST STRIPS. Top dollar paid! Cash on the spot! We need OneTouch, FreeStyle Lite and Accu-Chek, unopened and unexpired. Can pick up. Please call Debbie at (301-598-4862) or (410-279-3342).

Paying cash for **MERCHANDISE PRE-1980s.** Old toys, record albums, silver and coins, Zippo lighters, pocketknives, first-edition books, smoking pipes, advertising items, mid-century furniture, lamps and clocks, Florsheim shoes. If you have old stuff to sell call or text pictures

to Carl. (312-316-7553). Located in Silver Spring.

ESTATE SALES

CASH FOR ESTATES. I buy a wide range of items: jewelry, art, rugs, etc. Buy out/clean up. (theatticllc.com) Gary Roman — (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC — I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wshalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

LEISURE WORLD ESTATE SALE. April 9, 10 and 11. Go to (estatesales.net); look for Leisure World for details. Call Cheryl (301-437-2705) for questions.

REAL ESTATE WANTED

CURRENT RESIDENT in search of a 1-bedroom. Quiet, courteous, clean, respectful of others and property. References upon request. No realtors, please. Prefer to communicate with owner. (301-438-1128) or (boomers4lw@yahoo.com).

NEED 1-BEDROOM with bath in Leisure World. I'm a quiet resident in LW for the past 15 years. Need unit for months of April and May. Contact (301-254-8251) or (LouisKatsouros@gmail.com).

REAL ESTATE FOR RENT

APARTMENT FOR RENT. 3501 Forest Edge Drive, #3F, in Leisure World. 1 bedroom, 1 full bath and a half, patio. Looks out to the woods. \$1,600 negotiable. Contact Samuel or Bernadette at (301-622-4925).

1 BEDROOM with den, one full and one half bath. ADA walk-in shower. Hardwood floors, fresh paint. \$1,475 per month ***2 bedroom and 2 full bath G Model with garage in Fairways North. Hardwood floors, updated kitchen and baths! \$1,975 per month. Douglas Realty (866-987-9397) Call Eve Rados Marinik, (301-221-8867), (evemhomes@gmail.com).

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TRANSPORTATION SERVICES

A-1 SERVICE, call-and-ride — doctors, airport. \$35. Will pick up your groceries. Always on time. Over 250 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

DRIVER WITH CONCIERGE STYLE at regular rates. First, I sanitize the car in your presence before we go to your destination. I am a Leisure World resident and I understand the needs of our community. My service is a four-door Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my absolute dependability and providing any special assistance you may need. Call Ken at (508-612-9647).

LEISURE WORLD RESIDENT with an accident-free record has brand new car to drive seniors to doctors' appointments, grocery or other shopping, the airports, etc. (Experienced medical transcriptionist can take accurate notes during doctor appointments, if needed). Call CPR- and AED-trained Stephanie Sidella at (301-922-5080) or (ssidella@verizon.net).



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Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

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ELDERLY CARE: Over 10 years' experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

OVERNIGHT CAREGIVER with more than 14 years' experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends and clients in facilities to group home members and privately cared-for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. Arafa (240-883-8933), (brownzebra@hotmail.com). Availability: 10 p.m.-7 a.m.

Augusta Obimpeh is my name. Am a CNA/GNA/MED TECH. I have 16 years' experience caring for elderly. I provide long- and short-term care — very affordable companion care, nursing care, housekeeping, etc. Contact me on (240-883-8126), (240-252-0439) or (301-793-3989). (sweetieamae@yahoo.com)

EXCELLENT CAREGIVER AVAILABLE: Highly competent, trustworthy, flexible, and caring — cared for my parents for over five years. Leisure World resident. Highly recommended. (301-509-7234).

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WARM ANGELS ELDER CARE (warmangelseldercare.com) — Reana Robinson, independent certified nursing assistant. A minimum of 2 hours. For information please call (240-360-7783) or email (reanar1@yahoo.com).

CNA/GNA/MED TECH with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available full-time or part-time. Please call (240-252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

CNA/MEDTECH/CPR with First Aid. Licensed. Experienced working with elderly. Have worked with agencies, assisted living in hospitals and also private duty. Am available full-time or part-time, nights and days. Please call (301-793-7090).

CERTIFIED NURSING ASSISTANT. Over 30 years working in Leisure World. Excellent references and

experience. Own transportation. Doctor's appointments, groceries, other errands and light housekeeping. 24 hours. Please call Divina any time (240-463-1199).

AWARD-WINNING PRIVATE DUTY care — Comfort Home Care is a local family-owned business originally established to care for our own parents. We have been helping families in Montgomery County for over 20 years with all the activities of daily living including bathing, dressing, grooming, transferring, medication reminders and continence care. We also provide companionship with fun activities, exercise, meals, as well as transportation to doctors and other appointments. All our aides are CNA or GNA -certified with full RN oversight and follow-up. We have a flexible schedule, back-up staff, and an excellent support team working to provide quality care. There is no up-front retainer. Our certified nursing assistants can be scheduled from 5 hours to 24 hours daily with a minimum of 15 hours per week. For true peace of mind, call Beth on (301-575-7994) or visit (www.choosecomforthome.com).

CERTIFIED NURSING ASSISTANT. Over 12 years' experience working with older adults. Can provide hygiene care, meal prep, laundry, light housekeeping, errands. Available for nights or days. Reference available. Call (240-701-9788).

RELIABLE AND CARING nursing assistant with good reference available for work and can drive. Please call Rebecca at (240-701-8169).

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care for resident. I am a safe driver and will take you out and work any hours you want, morning, evening and night. (240-755-1516).

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8 YEARS’ EXPERIENCE CAREGIVER. One-on-one or companionship. My availability: night shift, Monday-Sunday. Morning is as needed only. Starting payment from \$16 and up. (240-765-4024) Evelyn

CERTIFIED CNA/GNA looking for work. Lots of tender loving care. Honest, hardworking and God-fearing person. 20 years’ experience. I have worked in a hospital for 14 years. Senior living homes–10 years. Nursing agency–seven years. Call Florence (240-595-7971).

ELDERLY CARE: CNA/CMT/nursing student. 11-12 years’ experience in elderly care. Hospital, nursing homes and home care. Duties: ADLs, driving to doctors’ appointments, housekeeping, meal preparation and safety precautions. Great references. Monday-Sunday, 24 hours availability. (301-820-2631), (301-978-6518).

PRIVATE HOME CAREGIVER (starting at \$20/hour). Marie Thorogood, CNA. • Hygiene, cleaning and dressing • Client’s laundry • Daily physical activities • Maintain client’s medical history logs • Meal prep • First Aid/CPR. (301-537-7958), (angietgood42@gmail.com).

CNA/CMT – over 16 years of experience. Very dependable. Excellent references in LW. Have car. Light cooking, doctor’s appts., escort service, errands. Bonded, insured. Call Ana (240-491-8978), (240-277-7403).

CNA. Worked with seniors more than 19 years. Experienced in assisted living, hospital and nursing home. I’m looking for a gentle senior woman or man to take care of or provide company. Please contact me at (240-918-4098). Thank you, Maria Simões.

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JOINED HANDS ASSISTED LIVING, a gorgeous senior living place in Gaithersburg, MD. We chose the art of caring and we do it with passion! Call to schedule a tour: (240-550-5861). Visit us at (www.joinedhand.com).

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KITCHEN and BATHROOM REMODELING – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

SMALL MOVES and TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

M.G.V. PAINTING & DRYWALL – Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 years’ experience. Insured. References in your complex. Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

LANDSCAPING SERVICES: Beautifying LW, one property at a time! Affordable, reliable and experienced! Services include power washing, spring cleanup, mulching, landscaping design, weed removal and planting. Call Greg at (240-994-5258), (gmarinik@gmail.com). References provided.

GUARDIAN ANGEL LAWN SERVICE. Experienced in flowerbeds, mulching, edging, weeding, plowing gardens and repairs. For all your gardening and household needs, please call Robert at (240-477-2158), (301-987-1277).

CABINET FACE LIFT: Tired of your old kitchen and bath cabinets? Need to wow your kitchen for yourself or for resale? We can make them beautiful again for a small fraction of new cabinets! We can change the color just like that, or just freshen them up, saving you thousands of dollars! Give Eve a call for a free estimate and samples. (301-221-8867)

CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA’S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

MARIA’S HOUSE CLEANING, free estimates, strong references, good rates. Experienced worker in LW for eight years. Call Maria (240-694-6547).

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean and dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

MAEXYS CLEANING SERVICE. We have experience in house cleaning, carpet and window cleaning. Good recommendations. We have worked with customers in LW for many years. Free estimates. You can call or txt at (301-742-3130).

HOUSECLEANING. Available Tuesday, Wednesday and Thursday. Very honest. References. Good price. Free estimates. Maria Elena. Call (301-768-7184).

ELECTRONICS HELP

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

COMPUTER LESSONS / SERVICES – Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English – no technical talk! Shopping assistance for electronics and computers. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills

at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

AZ Fix – WE FIX AND RECYCLE all brand consumer electronics. Cell phones, cameras, computers, tablets and TVs. Free diagnosis. In-home services, home pick-up for repair and recycling. Call: (240-560-6779) | Website: (Azfixmd.com) | Address: 2233 Bel Pre Rd.

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don’t let your precious photos be forgotten or fade over time. I’ll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they’re scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with senior care and the care of seniors’ pets. Safe/reliable door-to-door transportation as needed. Assistance with pet care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I’m a 58-year-old semi-retired doctor, Leisure World resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

PERSONAL FINANCIAL SERVICES. Let LJY Solutions provide you with professional cash management and tax preparation services. We take the confusion out of preparing your tax return. We have been servicing the local area since 2004. Reasonable rates, and can come to you. References. Call or email Leon Young today at (301-538-8286) * (leonyoung1507@gmail.com)

NEED SENIOR CARE? LW resident with 14 years of LW experience,

plus years of working in health-related fields, has immediate openings. CPR and AED trained, Stephanie enjoys helping seniors with entertaining companionship, light housework, exercising, cooking, driving, etc. (Experienced medical transcriptionist can take accurate notes during doctor appointments, if needed.) Call Stephanie Sidella at (301-922-5080) or (ssidella@verizon.net).

PHOTO RESTORATION. We restore any black-and-white or color photos that are scratched, damaged or discolored. You will love the final fresh-restored printed pictures. Special discount for repeat Leisure World clients. Call Laura or Ionel at (301-598 2536) for a free estimate.

NOTARIES

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

PET CARE

DOG WALKING SERVICES — Responsible and dependable Leisure World resident who is available to walk your dog. Also, other pet services available. Affordable rates. Please call (301-598-3454) for more information.

In need of **PET SITTING** or **DOG WALKING**? Call Ryan at (301-691-8027). Experienced in giving medication to pets. References available. Email at (costantino.ryan@gmail.com). Thanks!

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to fair market value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) book sale in Gaithersburg, postponed until fall. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids’, cooking, foreign languages, gardening, history, mystery, sci-fi, science, women’s studies, African-American and Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

NO LONGER USING YOUR CAR? Residents with an unused

or unwanted vehicle can donate it to Vehicles for Change. They’ll pick it up for free and you earn a tax deduction for the fair market value. Why VFC? As a nonprofit, they match each donated car with low-income families in need of transportation. Your car could be a family’s ride out of poverty. Donate today at (www.vehiclesforchange.org) or call (855-820-7990).

ACTIVITY OPPORTUNITIES

THE KNIGHTS CORNER. The Knights of Columbus is a fraternal Order of Catholic men who are called to lead with faith, protect our families, serve others and defend values in a busy changing world. In Father Peter Paul Maher Council #6793, you will find that Knights of Columbus membership brings Catholic men together in a powerful way to serve our Church and our Community. If you would like to join today simply go to (KofC.org/joinus) and enter our Council #6793. For local information, please contact Fred Taylor at (301-871-8928) or (taylorwf8@verizon.net).

HELLO! I love classical music! If you share this pastime, please call Louise at (301-598-0987).

“INTRODUCTION TO BUDDHISM” — I am a Leisure World resident and practicing Buddhist for 30 plus years. Would you like to learn more about this ancient religion and visit a local temple for lectures? Please leave a message with your number at (240-605-1512). Also you can visit the website at (nstmyosenji.org).

SINGERS WANTED for Alzheimer’s choir — Interested in supporting persons with Alzheimer’s and dementia by singing with them? Know someone with Alzheimer’s or dementia who could benefit from group singing? Enjoy uplifting pop, jazz and Broadway music? Then the All Primetimers Choir is for you! Research shows music enables sufferers to reconnect, regain social skills and live more fully. We are a community choir that welcomes caregivers and friends as well. Rehearsals at 2 p.m. on Thursdays at the Inter-Faith Chapel in Leisure World. All welcome. No audition required. Register: (primechoir@gmail.com) or Bill Pailen (301-606-8273).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family’s life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference in a child’s life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to

Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

VOLUNTEER TUTORS and FACILITATORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, conversational English classes, and a new GED Program. No experience necessary. We provide materials, training and ongoing support. Sign up for an information session online at (www.lcmcmd.org) or call Raul Marin at (301-610-0030, ext. 211), or email (Raul@lcmcmd.org).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.animalalliesrescue.org). Follow on Facebook. AARF is 501(c)(3) all-volunteer non-profit.

MONTGOMERY HISTORY, a local nonprofit located in downtown Rockville dedicated to collecting, preserving, interpreting and sharing the histories of Montgomery County’s residents, is seeking volunteers in the following areas: museum docents (weekends and holidays); library assistants (weekdays); special events volunteers (weekdays and weekends); and communications and outreach assistants (weekdays only). For a list of volunteer opportunities please visit: (https://montgomeryhistory.org/intern-volunteer-opportunities). Contact Matthew Gagle, outreach and volunteer coordinator, at (mgagle@montgomeryhistory.org) or (301-340-2825).

INTERESTED IN HELPING KIDS learn about giving and service? The Giving Square is a local non-profit which recognizes the power of children to be contributors to their community. Through our work, kids become more empathetic, altruistic and committed to addressing local needs. This is a school-based program which works across 20 schools and organizations, mostly in Montgomery County. We are looking for advisors, classroom volunteers, and sewing support! For more information, please contact Amy at (amy@thegivingsquare.org) or (202-487-3103).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).



NOTICE

Signal Financial branches will be open by appointment only Mondays, Wednesdays and Fridays temporarily due to mounting health and safety concerns over coronavirus (COVID-19).

On Fridays all branches will close at 4 p.m.

This temporary measure is in effect until further notice.

Branch staff will continue working, assisting members over the phone and via email. Our back office and call center staff will be available to assist you during normal business hours. ATMs, mobile and online banking services are fully operational 24 hours a day and 7 days a week.

We apologize for the inconvenience.