

# Leisure World News

OF MARYLAND

April 19, 2019 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

## Dedicated Neighbors Deliver the News

by Kimberly Y. Choi,  
Leisure World News

In another age, George Stephens was a paperboy. A child of 10, he made money delivering newspapers to Washington, D.C., homes — four different publications. He’s not sure anyone else even remembers one of those papers, The Shopping News, anymore.

Decades later, after a more gratifying career, he jokes, “I’m a paperboy. 84 years old, I’m a boy.”

Back then, taking the paper around was a chore for him, especially on Sundays, but now, as a volunteer dropping off the Leisure World News in his part of Montgomery Mutual, he finds it pleasant.

While residents elsewhere in the community pick up their newspapers in their apartment lobby or mailbox,

those living in Leisure World’s houses have their papers delivered to their door by Stephens and other volunteers.

Stephens’ knee prevents him from going running these days, so he appreciates the exercise he gets from these steady, peaceful walks. He fixes folded and crooked doormats — the result of leaf-blowers, he says — as he goes about from house to house.

He knows a bit about most of the inhabitants of those houses. He can point to houses and say which neighbor speaks five languages, which is spending time in the Carolinas for the winter, and which is getting ready to retire.

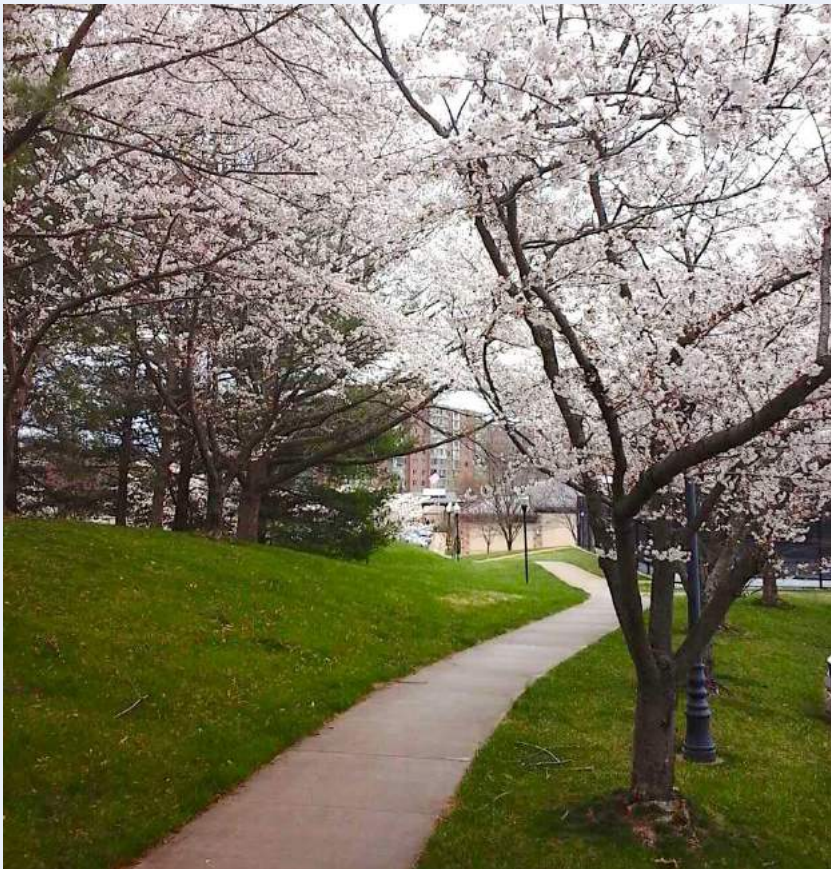
Along his route today, he sees his neighbor Linda walking her dog. He knows the name of the dog, too: Lexi.

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Montgomery Mutual resident George Stephens finds himself with an extra copy of the Leisure World News after delivering the rest of the papers to his neighbors. Photo by Kimberly Y. Choi, Leisure World News

## Season in Bloom



Pink blossoms line a walkway in Fairways North, heralding spring’s arrival. Photo by Jim Rodgers

## Rescue Signal

### Credit Union Helps Couple Remain in Beloved Apartment Building

by Stacy Smith, Leisure World News

Beverly and Earl Pallas once thought they’d be forced to leave their Montgomery Mutual home, along with the neighbors they’d come to call good friends.

Earl’s medical conditions made it too difficult for him to climb the stairs of their mid-rise apartment building. But with a mortgage loan and some assistance from Signal Financial Federal Credit Union earlier this

year, the couple was able to sell their second story home and close on the first-floor apartment right below it.

“[The Pallas] have several accounts with us, plus they show up to everything we do. It’s nice to know that they trust us,” says Nabihah Zayat-Calcutt, branch manager at the Credit Union.

If not for the Credit Union’s help, “I would have had to take a lot of CDs out or go into my 401k,” Pallas says.

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**See page 5** to learn about personal homeowners insurance and Leisure World’s master insurance policy.



Spotlight on...

Short Story Group

by Kimberly Y. Choi,  
Leisure World News

The Short Story Group is a place for not only reading short stories, but for having one’s interpretation of a story challenged and bent out of shape and, sometimes, ending with a curious, new appreciation for it.

Members come to each meeting having read the agreed-upon short story, and one volunteer leads the discussion. The leader introduces the work and provides background on the author. Today’s leader, Pat Leanza, has prepared for the meeting by reading reviews and critiques of the story.

The conversation usually begins with the leader asking who likes the story and who doesn’t, and then proceeds to cover the story in greater depth.

The Group is currently reading from “The O. Henry Prize Stories 2018.” The prize, which is awarded to meritorious stories chosen for an annual anthology, is named after the American short story writer known as “O. Henry,” who was revered for his witty narrative and surprise endings.

Generally, an anthology

such as this one is chosen by the Group and read from front to back.

The Group has recently brought up the possibility of reading a collection by a single author, but members decided they prefer a mixture of authors.

Contemporary fiction is the most common genre read by the Group, but readings have come from other centuries as well.

A Crossing of Interpretations

Beth Leanza, the Group’s president, believes the short story is a “higher form of art” than the novel.

“It has to be so compact, and everything has to fit together just right,” she says. “There has to be a reason for everything that’s in there.”

With how ripe short stories are for analysis, Leanza appreciates the Group’s love of literature and Group members’ ability to look deeply into a story and its themes.

A wealth of different perspectives informs the Group’s readings. One member, George Stricker, understands characters’ motivations using his expertise in psychology.

The Group includes book editors and students and

teachers of literature; others do not have an academic background in literature, but simply love reading and interpreting text.

The Group feels that the best sessions come from disagreement. Members recall, for instance, an unsettling Joyce Carol Oates story that some members really liked and others didn’t, but it led to an excellent discussion nevertheless because it was rich with points to debate.

Member Mary Ann Chinni says sometimes she would read a story that doesn’t do much for her, but after attending the meeting and hearing others’ interpretations, she finds herself much more interested in it and wants to reread it when she gets home.

Despite the disagreement, Group members agree to remain respectful toward one another. “We may come from different planets, from different backgrounds, but we hear each other,” says Group member Alisa Samber. “Many times it instructs us to think:

‘Yes, we didn’t see this,’ or ‘why did they feel that way?’”

According to member Betsy Starks, respect and the capacity to gain new insight from others were widely said to be hallmarks of the Group as far back as 2005, when she joined.

“I just love hearing what other people can see in [a story]. It may frustrate me, it may upset me, but it’s never boring,” Samber says.

The Short Story Group meets on the first and third Thursdays of each month at 11 a.m. in Clubhouse I.



Members of the Short Story Group read and interpret stories. Photo by Kimberly Y. Choi, Leisure World News

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An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.  
Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Delivery

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They stop to chat for a little while in the fresh spring air, and then each moves on.

Area Representative and Friend

Elsewhere in Montgomery Mutual, Marita Buscher, an early riser, checks before 8:30 a.m. whether the papers are available for her to pick up. She likes to deliver papers on the same day they come out. Her schedule is busy, and “The people are always happy when they have the paper before the weekend,” she says. Buscher knows everyone in her area, so the people behind the mail slots are all familiar to her. As a Montgomery Mutual representative, she meets the new residents to help acquaint them with the community. With her self-described affable personality, she finds it a joy to visit all her neighbors twice a month. “If their door’s open, they always say, ‘Come on in,’” she says.

Daughterly Neighbor

A few months after Lois Fuller moved in to Mutual 8, she noticed out her kitchen window her aged neighbor delivering papers on a windy day. The woman reminded her of her mother, and Fuller went out to ask whether she could walk with her. Fuller found her neighbor a “lovely lady.” She accompanied Ann Guerin on further delivery trips. Being fairly new to Leisure World, Fuller was glad to get to know someone else at her mutual. Fuller offered to take over the responsibility of delivering the paper if the weather was wet or Guerin was tired. Guerin called her on occasion to take her offer, and eventually she passed her the delivery duty entirely. During her first year in the community, Fuller got acquainted with her neighbors who were home when she came by with the paper. She says paper delivery is a good opportunity for newcomers to introduce themselves. “It’s a great little task that needs to be done, and I enjoy doing it,” she says. “I’m proud to do it.” To her, delivering papers fulfills a responsibility to her mutual as well as continues



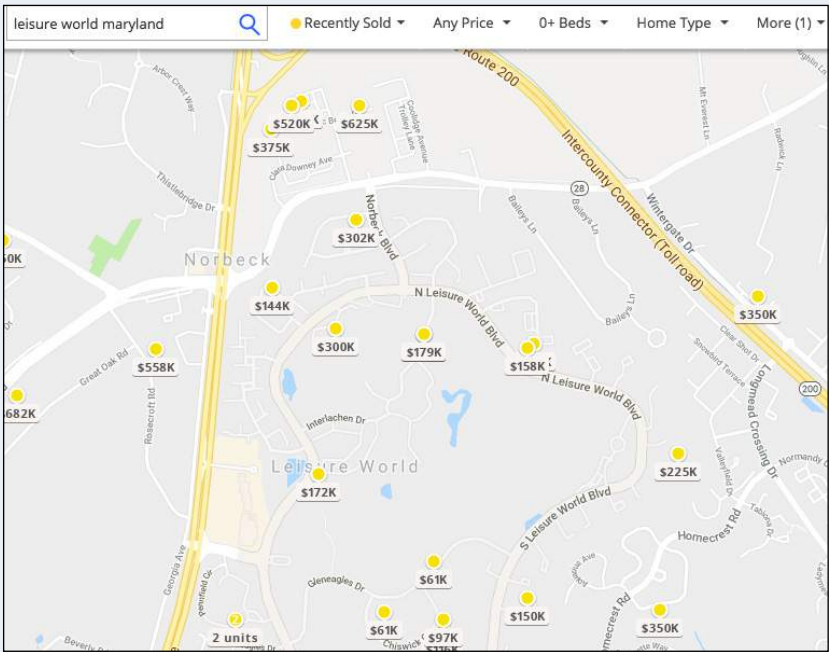
Stephens likes to make his volunteer newspaper delivery trips a bit more personal; he puts the newspaper in the mail slot instead of on the doorstep and even fixes the doormat. Photo by Kimberly Y. Choi, Leisure World News

Guerin’s legacy. The companionship that came of her volunteering has lasted as well: Guerin no longer walks the paper route with her, but the two remain friends and share baked goods during the holidays. When delivery volunteer opportunities become available, they are published in the Leisure World News and posted on television channel 972.

GOOD TO KNOW: INFORMATION ON RECENTLY SOLD HOMES AVAILABLE ONLINE

by Leisure World News

Leisure World typically sees an uptick in home sales during the summer months. Are you curious about the homes in your neighborhood that have recently been on the real estate market? Visit (www.zillow.com/homes/recently\_sold/) to see a map with the locations of the latest homes in Leisure World that have been purchased and how much they sold for.



Screenshot by Leisure World News

Type “Leisure World Maryland” into the website’s search bar, or narrow the search field by typing a zip code. Residents can also narrow their search using the various dropdown menus; for instance, click on the dropdown arrow next to “More” to refine your search’s time frame. Once you’ve narrowed your search fields, click on one of the yellow dots on the map for more information about that particular home, including its address, features and how much it sold for.

On the Market

To see a list of homes in Leisure World that are currently available on the market, visit Leisure World’s public website, (leisureworldmaryland.com), and then click on the “Join Our Community” tab near the top of the page. Click on “Find A Realtor” on the side bar, and then click on “Click HERE to view current realtor listings” to see the list of homes via (www.realtor.com), which is continually updated.

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# Signal

◀ from page 1

The Credit Union also worked with the couple to accommodate their time frame for moving, as well as helped them abide by the Mutual's rules regarding vacating a property.

## Moving

When the Pallases decided to list their second-floor apartment, it sold after just one day on the real estate market, Beverly says.

They are set to move into their first-floor home after Easter weekend. Their new apartment allows for easy access from the sidewalk to a glass door entrance along the patio.

The Pallases have lived in the building since moving to Leisure World in 2002 and say they couldn't imagine living anywhere

else. They often host game nights for their neighbors and friends, playing the card game Tripoley and passing a bottle of Bailey's around the table.

Their new place is slightly smaller, so Beverly is trying to offload records, DVDs and CDs to someone who can use them.

"Do you have a DVD player?," Beverly asks Zayat-Calcutt, who has worked closely with the Pallases during this transitional period in their lives and has come to visit them in their home.

"She's like a sister," Beverly says of Zayat-Calcutt. "She'll do anything for you."

## Like Old Friends

Beverly shows Zayat-Calcutt around her home and explains not to mind the boxes and clutter, the fallout from preparing for the move.

"It's so spacious; I might move in soon," Zayat-Calcutt quips.

The two ladies sit together in the living room and chat like old friends. They talk about their lives, and Beverly shows Zayat-Calcutt the pink blanket she's making for her great-granddaughter.

"She's always doing nice things for others," Zayat-Calcutt says, and then she turns to Earl.

"How are you doing, partner?," she says, and suddenly Beverly's subdued husband lights up like a Christmas tree.

"[Nabiha] can always get him



Beverly Pallas smiles as Nabiha Zayat-Calcutt, branch manager at Signal Financial Federal Credit Union, greets her with a fruit basket at her Montgomery Mutual home April 15. The Pallases just closed on their new home, located just one floor below in the same building. Photo by Stacy Smith, Leisure World News

to smile," Pallas says.

The couple recently attended the Credit Union's art show, and say they always try to stop by events the Credit Union holds to show their appreciation to its staff.

## Personal Touches

Bill, Zayat-Calcutt's supervisor, eventually joins the conversation via speakerphone to thank the couple for their 35-plus years of customer loyalty.

It's these personal touches that make Signal Financial such an attractive financial services option, especially for seniors who often need extra help filling out paperwork, Pallas says.

"Seniors forget their account numbers; we forget things,"

Pallas says. But when residents walk into the Credit Union, "they're all there to take care of you," she says. "You don't get that anyplace else." The Credit Union's loan officer Rob Cohen even drove Beverly to her settlement on April 16.

The Pallases joined Signal Financial Federal Credit Union so many years ago that it was then known as the Washington Telephone Federal Credit Union. Over the years, they've opened accounts at conveniently located banks, but never experienced the level of service they have with the Credit Union.

"I was so glad when [the Credit Union] came [to Leisure World]. I never met a credit union that was so pleasant and helpful," Pallas says.

## Electric Vehicle Charging Stations Available

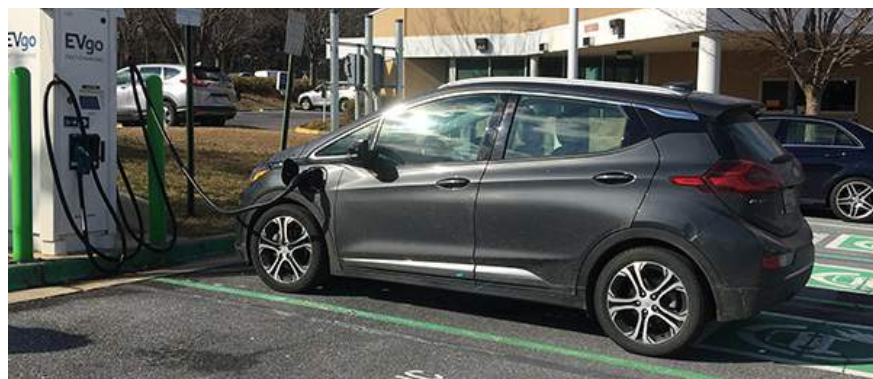


Photo by Leisure World News

Located between the Burger King and Sun Trust Bank in Leisure World Plaza, a car charging station is available for owners of electric-powered vehicles to recharge their car's batteries.

The station has three connectors available for use and is open 24 hours, seven days a week. An EVgo network subscription and key fob are required.

For more information, call (1-855-509-5581) or visit (support@evgo.com).

— Leisure World News

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# Getting the Lowdown on Homeowners Insurance Coverage

by Leisure World News

**H**aving personal homeowners insurance provides the security of knowing you are covered in the event that your home or belongings are damaged or stolen.

But do you know what your coverage includes, or the steps to take in the event of a fire, flood, theft or other incident in your home?

Personal homeowners

insurance isn't always just for improbable emergencies. Even damage caused by a broken dishwasher hose or overflowing toilet may be covered in a policy.

While Leisure World's master insurance policy covers damages to the interior and exterior of a home, such as its walls, floors or ceilings, the policy's \$5,000 deductible means the unit owner is responsible for the first \$5,000 worth of damage,

and the policy doesn't cover replacing clothes, furniture or other personal belongings.

Montgomery Mutual is the one exception to this rule; as a cooperative, the mutual covers the first \$5,000 worth of damages before the master insurance policy kicks in, except in the event that the unit owner is negligent.

## Prepare Ahead

Customers shouldn't wait until something bad happens to contact their personal homeowners insurance company with questions.

Homeowners in Leisure World are encouraged to call their personal homeowner's insurance and explain that they will report any future incidents to them, and ask

their insurance agent these questions:

- If an incident takes place during non-business hours, what number do I call?
- If an incident involves water damage, do you send a water extraction remediation company to my home? (If the answer is no, residents can call the Main Gate for assistance, but will be responsible for payment to the vendor.)
- Does my current insurance cover out-of-pocket expenses?

Remember that it's each unit owner's responsibility to contact his or her personal homeowners insurance if the home or any personal belongings are damaged.

## GOOD TO KNOW: PETS NOT PERMITTED IN CLUBHOUSES



Photo courtesy of Jake Group

**T**aking your four-legged friend for a walk?

Animals can make great companions, but please remember that they are not permitted in either Clubhouse I or II, except for service animals, such as sighted guide dogs. Keeping the clubhouses a pet-free zone helps all residents enjoy the facilities.

— Leisure World News



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# Leisure World News



# Call of the Wild

The animals that live throughout the community are awakening to the sights, sounds and smells of spring. From birds chirping through the trees to the buzz of bees in pursuit of nectar, the community abounds with life anew. Photos by Lou Paley. Paley’s photos of wildlife in Leisure World will be exhibited in the hallways of Clubhouse II from Sunday, May 5, through June.

—Leisure World News



A bumblebee suckles from a flower, partially camouflaged by its yellow petals.



A red-winged blackbird calls from an evergreen tree.



A blue jay adds a pop of color to a patch of stale grass.



A pair of turtles looks out together near water’s edge.



A white-tailed doe peeks out over a thicket.



An Eastern bluebird perches on a branch.





# BEDFORD COURT

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## *Bedford Court Upcoming Events*

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### *Independent Living Lunch & Learn*

*Wednesday, May 8th at 12:00 noon*

*Registration begins at 11:30 a.m.*

*RSVP by May 3rd @ 301-438-6607*

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### *Tour of Homes Garden Party*

*Wednesday, June 12th , 10:30 a.m.—1 p.m.*

Experience life at Bedford Court as our residents welcome you into their Independent apartment homes for a tour! Enjoy our Garden Party in the courtyard as you chat with residents, enjoy listening to music and savor the lite fare prepared by our culinary team.

*RSVP by June 7th @301-438-6607*

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# GOVERNANCE & *Information*

## ■ Government Affairs Advisory Committee

### ‘Bingo Bill’ Passes Maryland General Assembly

by Ken Muir

The Maryland General Assembly adjourned April 8, and three bills passed that may affect the lives of some Leisure World residents.

The Government Affairs Advisory Committee was a proponent of Bill (HB 564), which permits a Montgomery County over-55 community to conduct bingo games. Mutuals’ activities committees may now hold bingo games in their own building. State law has restricted bingo sponsorship solely to charitable organizations.

For the past two years, the bingo bill had been held up in the State Senate by objections from the Senate President. This year, with direct lobbying from Sen. Ben Kramer, recently elected State Senator, the bill passed and goes into effect Monday, July 1.

The bill limits bingo games to once a week, forbids charging any fee other than for the price of a card or refreshments and limits the total amount of money or tokens to \$1,000 in a 24-hour period.

#### Sales Tax and Insurance

Bill (SB 283), sponsored by Sen. Kramer at the request of the Leisure World administration, forbids the state from charging sales tax for cleaning the common areas of a building used by a common ownership community or retirement community. This bill, which will help keep down residents’ monthly fees, goes into effect immediately.

Bill (SB 46) may benefit some owners of long-term care (LTC) insurance. The bill permits LTC owners who bought a policy before April 1, 2003 and who have paid premiums since to stop paying, but retain the insurance value of their past payments if their carrier raises rates after Saturday, June 1, 2019.

Some LTC providers are finding other ways to help owners maintain or reduce premiums, but usually with some change in benefits. Policyholders should consult their insurance broker to see if they could benefit.

**Dial 301-598-1313  
for recorded Daily Events**

#### 2019 Broadcast Schedule - Channel 974

*Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.*

##### Executive Committee Meeting

The April 19 meeting airs on April 24, 25 and 26.

##### Board of Directors Meeting

The April 30 meeting airs on May 6, 8 and 10.

### Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - [management@lwmc.com](mailto:management@lwmc.com)
- LWCC Board of Directors - [board@lwmc.com](mailto:board@lwmc.com)
- LWCC Executive Committee - [excomm@lwmc.com](mailto:excomm@lwmc.com)
- Administration - [administration@lwmc.com](mailto:administration@lwmc.com)
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### Stop for Pedestrians at Crosswalks

from the Security and Transportation Advisory Committee

The Security and Transportation Advisory Committee is concerned about the number of complaints it has received from residents who are afraid of being hit by a car while in a crosswalk.

The crosswalks are well marked, and signs have been added reminding motorists that state law requires them to stop when a pedestrian is within a crosswalk.

When driving on Leisure World Boulevard and approaching a crosswalk, be sure to stop for pedestrians who are in or about to enter the crosswalk. Pedestrians are your friends and neighbors, so please show respect by allowing them to cross safely to the other side of the road.



Photo by Leisure World News

### Resident Survey Coming Soon

by Leisure World News

The Special Strategic Planning Committee’s (SSPC) development of an anonymous resident survey is in the home stretch, and the survey is expected to be mailed out to each unit in Leisure World in May.

Survey questions will gather data about residents’ demographics and the

community’s amenities and services.

An envelope with pre-paid postage will be provided with the survey. Alternatively, residents will be able to fill out the survey online.

The results of the survey will help the SSPC as it collaborates with consultants from George Mason University on the development of a five-10 year strategic plan for the community.





# Sidewalk Construction in Progress Along Norbeck Road Near Gate Entrance

by Steven B. Kline

Sidewalk construction has begun outside Norbeck Gate along the north (Bradford's Landing) side of Norbeck Road that may extend into the summer, according to Kwesi Woodroffe, regional engineer at the State Highway Administration (SHA).

The developer of Bradford's Landing, the housing development located across from Norbeck Gate, is constructing a 10-foot wide, asphalt "shared use path" for pedestrians and bikes along the frontage of their property at Norbeck Crossing and Bradford's Landing.

Construction of the shared use path is expected to extend to Bailey's Lane and East Norbeck Road at a later

date, according to Woodroffe. A SHA inspector is monitoring the project.

The SHA is also scheduled to build a five-foot wide concrete sidewalk for pedestrians along the south (Leisure World) side of Norbeck Road that will extend from Norbeck Gate to Bailey's Lane.

## ADA Traffic Signals

An ADA-compliant push-button and countdown signal for pedestrians will be added to the current signal at the Norbeck Boulevard/MD-28 intersection.

The addition of a crosswalk at this intersection will enable pedestrians and bikers to safely cross Norbeck Road.

A second ADA-compliant traffic signal will be built at Bailey's Lane and



Workers build a shared use path on the north side of Norbeck Road. Photo by Leisure World News


Norbeck Road with a crosswalk to allow pedestrians and bikers to cross safely into East Norbeck Park.

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# THOUGHTS & OPINIONS: *From Our Residents*

## A Few Things to Remember

**Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.

**Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

**Brevity:** Being concise will ensure that your opinion will have maximum impact.

**Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.

**Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.*

## SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to [aclwn@lwmc.com](mailto:aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, login to ([residents.lwmc.com](http://residents.lwmc.com)) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

## 'NO' TO BULK

I agree with the letter "Bulk Internet" published in the March 15, 2019 edition of Leisure World News! I am one of the many who does not have a computer, nor do I want one.

Our fees are surpassing our cost of living and we have to pay for most conveniences in Leisure World. I see no need to increase our fees for internet I'll never use.

– Lena Graves

## INTERNET FOR LEISURE WORLD

Neighbors, we are currently considering adding internet to our resources here at Leisure World.

I would greatly appreciate having internet available through a bulk contract. We all pay for the common good of ourselves and our neighbors, and very few of us use all amenities offered here. I do not golf, do not/cannot swim and use home exercise equipment rather than the Fitness Center.

I am a minimal viewer of cable TV, and could give that up in a heartbeat. I had no cable at all for five years

before moving to Leisure World and never missed it.

But, I will not complain about our included amenities since they add to the value of our homes and make this a fuller community.

– Mary Cate Bibro

## SHOULD WE ABIDE BY THE LAW OR REJECT IT?

Leisure World of Maryland has been sued because its governing body, the Leisure World Community Corporation (LWCC) board of directors (BOD), has not been elected as allegedly required by Montgomery County's Commission on Common Ownership Communities (CCOC). It is the primary contention of the suit that no decisions by the BOD, since passage of the CCOC, have been made by a proper authority.

The BOD contends that since mutual directors are elected, and these directors appoint one of their elected members to the BOD, the BOD has been operating under the CCOC. An upcoming court hearing will make the first decision about the matter.

## Wills, Wealth Planning & Trusts



Luann Battersby  
Leisure World neighbor  
3510 Chiswick Ct

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Email:

[Luann\\_Battersby@comcast.net](mailto:Luann_Battersby@comcast.net)

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While mutual directors are indeed elected by the residents living in the mutual, mutual elections do not coincide with the elections of officers of the BOD. For example, my mutual held its election for directors on April 16, as is customary. But the officers of the BOD were elected, as is customary, last January.

This creates a potential problem: currently, the chair of the BOD is an individual who was elected as a director of a mutual.

While not at the end of term on that mutual board, he could be. If not re-elected by residents in that mutual, that mutual board would immediately select its officers, including representative on the BOD. What would happen to the BOD chairmanship?

In fact, there is no requirement in many mutual bylaws, stating that its representative to the BOD be an elected director! In fact, any mutual board could designate a non-elected resident to the BOD!

Apparently neither of these possibilities has ever happened, but either could. This possibility should be recognized by Leisure World of Maryland residents, the BOD and by the judge considering the lawsuit.

There is a solution that could be imposed by the court, or voluntarily. This is for each mutual to elect its representative to the BOD. This could be accomplished in either of two ways: First, mutuals could modify their bylaws to require that residents elect its BOD representative at the same time its elections of directors takes place. While this would continue the disconnect between mutual elections and BOD elections, it would at least yield conformance with the CCOC.

Another solution would be for each mutual to hold a separate election of its BOD representative; this could occur by paper ballot, thereby avoiding the need for a second annual meeting. It would also make it possible for newly elected directors

to recommend their mutual's BOD representative, and even allow one of the mutual officers to assume this role. Election of BOD officers could still happen as it does now. Were it held in November or December, the two elections would coincide appropriately.

The court could impose such a solution; or the BOD could take necessary steps; or mutuals could change their bylaws.

— Bob Namovicz

## FATE OF THE GOLF COURSE

There is controversy on the fate of the golf course at Leisure World. As a practicing economist, I see environmental assets such as our golf course as having two sets of value: use and non-use value.

Use value, in turn, has direct and indirect value. Direct is monetary value of golfers, approximated by gross revenues of the golf club.

Indirect value is pleasure that residents derive from the course. These include those whose homes face the course, all who walk around the course and those who watch lake fountains. Indirect value is generated by residents who enjoy the surroundings, even if they do not play golf.

Non-use value also has option and bequest value. Option V is generated by non-golfing residents and refers to value placed on the

ability of residents to play golf in the future.

Bequest, or existence value, is never used by current residents, but derived from satisfaction of preserving the course for future residents. At least in principle, all these values can be calculated.

What will happen if we close the golf course? There may be construction of new high-rise condominiums that could look like Hong Kong and other large cities. If the place remains vacant, it may quickly become messy with animal wastes and trash. I do not think either is what opponents of the golf course want.

Just relax, and be happy that we have the beautiful course right in the middle of our community. We all moved in here knowing that we have the course. Why change?

— Semoon Chang

## BULK INTERNET FEEDBACK

I am writing in response to the comments made in the April 5 edition of Leisure

World News regarding the likely selection of Comcast as our bulk internet provider. As the incumbent service provider, Comcast indeed has a distinct advantage over any competing provider. Plus, I would argue that their Xfinity technology is superior to any likely competitor. For example, Comcast Xfinity Hotspots are ubiquitous in the MVA, giving subscribers Wi-Fi access on their mobile devices far beyond (and within) the confines of Leisure World.

At a proposed \$30/month for 60 Mbps download speed, selection of Comcast would seem to be a “no-brainer.”

My monthly Comcast bill is \$62 for internet and an additional \$20 for TV (I own my own modem/router, so no additional equipment fees). With the possibility of a 50 percent savings, I would be open to using a reasonable portion of this savings to subsidize non-participating residents if such a scheme can be worked out.

— Maurice Wildgen

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# Easter SUNDAY Dinner!



Sunday, April 21st  
in the Clubhouse I Crystal Ballroom  
\$28 plus tax and gratuity

*Our all-you-can-eat buffet will feature...*

- Fresh Seasonal Salads
- Roasted Brussels Sprouts
- Tender Leg of Lamb
- Honey Glazed Carrots
- Sliced Beef Tenderloin
- Whipped Sweet Potatoes
- Honey Ham
- Green Bean Almondine
- Whipped Potatoes and Gravy
- Fresh Roasted Turkey
- Homemade Bread
- Stuffing
- Fresh Broiled Salmon
- Assorted Cakes, Pies and Cobblers

*\*Available for 12:00 p.m., 3:00 p.m., or 6:00 p.m.  
Call 301-598-1330 to make reservations*

## Mother's Day Brunch

*Mother's Day Brunch Buffet on Sunday, May 12 from 10:00 a.m. – 3:00 p.m.  
in the Clubhouse I Crystal Ballroom. Buffet is \$25 per person*

- |   |  |
|---|--|
| Scrambled Eggs                          | Ricotta Cheese filled Blintzes with Toppings |
| Bacon and Sausage                       | Broiled Fresh Salmon                         |
| Fresh Fruit Display                     | Chicken Marsala and Rice Pilaf               |
| Assorted Danish, Croissants and Muffins | Sliced Beef Tenderloin                       |
| Donuts and Cinnamon Rolls               | Biscuits, Cheese Grits, Quiche and more...   |
| Corned Beef Hash and Cream Chipped Beef | Coffee, Ice Tea, and Juices                  |

*Call 301-598-1330 to make reservations*



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# EVENTS & *Entertainment*

## ■ Unitarian Universalists

### April 23: Educator Presents Program About Recovering Family History

by Dave Edfors

On Tuesday, April 23, the Unitarian Universalists present a program by Dr. Myrna Teck about the search for our ancestors and family histories. The program is at 2:30 p.m. in Clubhouse II.

Like many people, Teck wondered where her family came from and what future generations would like to know about them. As the Russian proverb goes: “You live as long as you are remembered.”

Teck embarked on a search for her own family history last

summer. Her trip to Poland and Belarus combined attendance at an International Genealogical Conference with a trip to her ancestral villages.

The neglected and sad state of the Jewish cemetery in Goniadz, her grandmother’s Polish village, prompted her to spearhead an effort to restore its dignity and have it function as a resource for learning.

Goniadz was a village of 4,500 before World War II, but its population declined after the Holocaust and is now just 2,000. The cemetery is the only evidence that Teck’s



Goniadz Jewish Cemetery in Poland. Photo by Myrna Teck

family ever lived in that area before the war.

For more photographs and details about this recovery project, visit ([www.jewishheritagepoland.org](http://www.jewishheritagepoland.org)) and click on “Goniadz” under “Towns.”

Join the Unitarian Universalists on April 23 for this informative and inspiring presentation, which will be

followed by light refreshments and conversation.

Residents don’t have to be members of the Unitarian Universalists to attend its meetings. All residents are welcome.

For information about the organization, contact Helen Pechacek at (301-384-2415) or ([helenpechacek@gmail.com](mailto:helenpechacek@gmail.com)).

## ■ Sock Hop Group

### April 27: Dance the Night Away

by Abigail Murton

On Saturday, April 27, shimmy down to Clubhouse II for a sock hop dance, with great dance music provided by Take Two Entertainment.

The dance is from 7-10 p.m., with a \$5 price of admission. Attendees may bring their own snacks



and beverages. Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).

The sock hop dance planned for Saturday, May 11, has been cancelled so as not to conflict with Fun and Fancy Theatre Group’s production, “An American Treasure: The Best of Irving Berlin.”

## Coming in 2019

The E&R Department is pleased to provide the following programs.

April 27, 7:30 p.m.	Susan Winter – Rise Up Singing
April 30, 7 p.m.	Pianist Eric Abrahamson – History of Ragtime and Tin Pan Alley
May 4, 5 p.m.	Kentucky Derby Party – Gregg Harrison Jazz Band
May 14, 1:30 p.m.	La Serenata
May 21, 9:30 a.m.	Community Fair
May 25, 4:30 p.m.	Duke Ellington School of the Arts Program
May 30, 2 p.m.	Pianist Solomon Eichner
June 9, 5 p.m.	Ovation Dinner Theatre – Murder Mystery

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

## ■ Ballroom Dance Club

### April 27: The Tony Luciano Band Is Back

by Joyce Hendrix

Celebrate spring by dancing to the music of The Tony Luciano Band on Saturday, April 27, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

Make reservations no later than Thursday, April 25, with Hal Freeman by email at ([bobbinhal@aol.com](mailto:bobbinhal@aol.com)) or by calling him at (301-438-7513). This trio is one of the most requested musical groups to play for the Club, so be sure to make reservations early to ensure a seat at the table of your choice.

Suggested attire for this dance is dressy outfits for the ladies and jackets and ties for

the gentlemen – no jeans or hats.

All ballroom dances feature live music playing all types of strict tempo ballroom dance music including both slow and Viennese waltzes, foxtrot, swing, quickstep, rumba, samba, merengue, tango, cha cha, hustle and polkas.

Residents may still sign up for membership in the Club for \$10 per person, which entitles members to pay \$10 per person for entry to each monthly ballroom dance sponsored by the Club. Non-members and guests pay a \$15 entry fee for each dance.

The May 25 dance will feature Mike Surratt and the ECBs. Put on your dancing shoes and come dance with us.





## April 27: Jazz Vocalist Performs ‘Rise Up Singing’

The E&R Department and the Foundation of Leisure World are pleased to introduce jazz vocalist Susan Winter to Leisure World. Winter brings her show, “Rise Up Singing,” to the Clubhouse II auditorium on Saturday, April 27, at 7:30 p.m.

We live in a time of political, social and economic turmoil and feel a need for healing. Winter believes that music is that healer.

Working with musical director Alex Rybeck, Winter presents a program that

reminds one that music, used as political, social and cultural commentary, is also a vehicle that can enlighten and uplift.

Directed by Barry Kleinbort, “Rise Up Singing” features songs that draw on diverse and distinct material from movies and Broadway, folklore, Yiddish theater and contemporary artists.

Tickets are \$15 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.



Susan Winter, courtesy photo

### About the Performer

An award-winning veteran of New York City’s cabaret scene, Winter now calls Florida her home base. By age 14, Winter was singing at a restaurant for tips and dinner. As a teen she toured with Bob Carroll and, in her 20s, while teaching full time, was a regular at Catch a Rising Star Comedy Club.

She continued to regularly perform cabaret until she felt her two sons took precedence. Then in 2008, after a 30-year plus hiatus, she returned to her cabaret roots. A year later, in 2009, Winter produced her CD, “Love Rolls On...Live!”

recorded at the Metropolitan Club in New York City, and won the Bistro Award for “Outstanding Vocalist.” Today, Winter continues to hone her shows to keep them relevant to the world around us.



### About the Foundation

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at ([foundation@lwmc.com](mailto:foundation@lwmc.com)).

## ■ Rossmoor Camera Club

## April 28: Couple Presents Matinee Photo Essays of Their Travels

by Joanne and Larry Mars

On Sunday, April 28, Joanne and Larry Mars, members of the Rossmoor and North Bethesda Camera Clubs, continue their photographic tradition of displaying the natural and man-made beauty they find in the many places they visit.

Their matinee, presented at 3:30 p.m. in the Clubhouse II auditorium, includes two shows of dramatically diverse scenery – the seascapes and landscapes of the Lofoten Islands of Norway and the multi-varied and imposing imagery found in Utah, Arizona and Nevada.

As always, the photo essays are accompanied by beautiful

music, and all residents are invited to attend.

### Travel Locales

The Lofoten Islands of Norway lie north of the Arctic Circle. They are dotted with colorful fishing villages, boats, harbors and beaches with towering mountain peaks. Also shown are birds of the Lofotens as well as the famous midnight sun.

The Mars’ also visited photo-rich national and state parks in Utah, Arizona and Nevada. The highlight of this scenic journey came in White Pocket, Arizona, with its unbelievably, other-worldly rock formations. The couple believes that this locale should be on every photographer’s bucket list.



Gannet Colony in Norway. Photo by Joanne and Larry Mars



White Pocket, Arizona. Photo by Joanne and Larry Mars

## Check the Directories



Looking for a club or committee meeting? Check the electronic directories in the clubhouse lobbies to find the time and location of that day’s meetings.

The directories also offer alerts and headline news.



# May 4: Run for the Roses at Kentucky Derby Party

On Saturday, May 4, get all gussied up (optional) in all your derby finery – with hats and fascinators, bowlers and boaters – and join the fun in the Clubhouse I Crystal Ballroom as you cheer for your favorite Kentucky Derby horse. Try your luck at picking the race winner, and maybe be the one who'll take home a bouquet of roses!

Doors open at 5 p.m. Snacks and hors d'oeuvres will be available, as well as a cash bar with specialty drinks just for the occasion.

Listen and dance to the music of the Greg Harrison Jazz Band, beginning at 5:30 p.m. until race time and again after the race.

The race will be streamed



live on a wide-screen TV. The racehorses' walk from the barn to the Paddock begins at 6:06 p.m., with the call for "Riders Up!" at 6:31 p.m. Join in the singing of "My Old Kentucky Home" and, at 6:50 p.m., watch what may be the most exciting two minutes in sports as the announcer proclaims, "They're off!"

When arriving at the Ballroom, each attendee receives a ballot on which to enter their top three picks for Derby

winner, plus selects a "blind" pick for any horse in the race. With two "betting tickets" in hand, each person has a shot at winning a bouquet of red roses – in keeping with Kentucky Derby tradition!

In addition, after the race a winner for the 'best derby hat' in the Ballroom will be announced.

Tickets are \$25 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

### About the Band

The Greg Harrison Jazz Band will play favorites from the '20s, '30s, '40s era swing and New Orleans jazz. The group has performed in the Washington, D.C., Metro area for more than 30 years and is a regular at several local restaurants, including Mon Ami Gabi in Bethesda.

Bandleader and founder Greg Harrison knew at the age of 12 that he wanted to follow in the footsteps of famed jazz clarinetist Pete Fountain. And he had the good fortune to meet Fountain when he was 25. Fountain became his mentor and friend, and today Harrison still strives to honor his mentor's unique sound and style with every performance.

## 2019 Movie Schedule

*Sponsored by the E&R Department*

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
April 25, 1 p.m.	Whitney	LIMITED
May 16, 1 p.m.	Pope Francis: A Man of His Word	April 23
May 26, 2 p.m.	Won't You Be My Neighbor	May 7
June 20, 1 p.m.	Viceroy's House	May 21
June 30, 2 p.m.	Rebel in the Rye	June 11

*Movies are subject to change.*



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## ■ Education and Recreation Department

# April 30: Performer Presents a History of Ragtime and Tin Pan Alley

Pianist Eric Abrahamson explores the history of Ragtime and early Tin Pan Alley on Tuesday, April 30, at 7 p.m. in the Clubhouse II auditorium.

Abrahamson plays a variety of rags and songs—some familiar and some not so familiar—setting each selection in its historical and musical context and taking the audience on an engaging journey through the America of 1890-1920. The music written during these decades became the foundation for the American music that was to follow.

Sponsored by the E&R department, tickets, \$8 per person, are on sale in both clubhouses. Please bring your Leisure World ID.

### About the Performer

Abrahamson, a lifelong

resident of California, is a composer, arranger, orchestrator, musical, director and teacher. He's composed a musical, and his original music has been used in television shows, commercials and amusement parks. He

spends much of his time traveling throughout the U.S. playing concerts. "For me, the pleasure of performing comes from forming a connection with my audience and providing a memorably entertaining experience," he says.

When Abrahamson is not travelling, he can be found directing music for Cedar Point amusement parks, teaching piano or composition and composing or playing ragtime piano on Main Street at Disneyland. He has also produced a CD, "Eric Abrahamson Plays Scott Joplin."



Pianist Eric Abrahamson, courtesy photo



## ■ Fireside Forum

# May 5: Producer Discusses Environmental and Wildlife Filmmaking

by Jonas Weiss

Chris Palmer, a wildlife and environmental film producer, will show film clips and talk about the adventures and challenges involved in making films about wild and potentially dangerous animals at the next Fireside Forum program on Sunday, May 5.

Palmer has swum with dolphins and whales, come face to face with sharks and Kodiak bears, camped with wolf packs and waded through the Everglade swamps. He served as a professor at American University (AU) and as distinguished film producer in residence.



Chris Palmer, courtesy photo

Palmer founded AU's Center for Environmental Filmmaking, which seeks to inspire a new generation of filmmakers to create informative work that will make a difference.

Palmer also created "Classroom in the Wild," which takes students to wilderness areas, as well as many other programs. In addition to the courses he taught on environmental filmmaking, he created a highly popular free course called "Design Your Life for Success."

The program is at 2:30 p.m. in the Clubhouse II auditorium. Rosalind Kipping is the host for the speaker.



## ■ AIM (Arts in Motion)

# May 10: Songstress Kristine Key Returns

by Grace C. Cooper

Have you gotten your ticket for AIM's May jazz concert?

On Friday, May 10, the beautiful songstress Kristine Key returns to the Clubhouse I Crystal Ballroom to capture audiences with her heartfelt performance. She interprets the emotions of her songs in a way that pulls her listeners into the lyrics.

Tickets, \$20 per person, (check only, payable to AIM) are on sale in the Clubhouse I E&R office. Hors d'oeuvres and snacks are included. Cocktails begin at 5 p.m., and the concert begins at 6 p.m.

Reserved tables of eight or more are limited to members

only. All sales are final. For more information about AIM or to join, visit (aimarts.net).

### Scholarship Awards

AIM presents this year's arts scholarship winners at a program on Saturday, May 25, from 1-3 p.m. in the Clubhouse I Crystal Ballroom.

Winners will each receive a \$5,000 scholarship. Zaria S. Hawkins, a dance student at Duke Ellington School of the Arts, and Jenny Choi, a visual artist from Wootton High School, will show their talents during the program.

Admission is free, but tickets are required and available beginning Tuesday, April 23, at 8:30 a.m. at the Clubhouse I E&R office.



Kristine Key, courtesy photo



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# May 14: La Serenata Performs Opera's Love Duets

**L**a Serenata lights your fire with some of the most thrilling operatic love duets ever written! The dynamic husband-wife duo of tenor Harry Dunstan and soprano Kay Krekow bring their thrilling voices to Leisure World on Tuesday, May 14, at 1:30 p.m. in the Clubhouse I Crystal Ballroom.

Dunstan and Krekow have made a career of performing some of opera's most exciting, romantic music. They will recreate Verdi's haunting Nile Scene from "Aida" and the tender dialogue of "Otello" to his Desdemona; Puccini's divine "Tosca" and her jealousy and passion, and the fragile fragrance of a new romance in "Madame Butterfly." This music is why people go to the opera!

Tickets for this performance are \$6 per person and go on sale on Tuesday, April 23, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID

## About the Performers



Harry Dunstan, courtesy photo

A tenor, musicologist, accompanist, translator, stage director, lecturer and independent scholar, Dunstan is the founding artistic director of The American Center for Puccini Studies and one of the world's leading authorities on the art and life of Puccini.

He serves as a consultant to opera companies, conductors and musicians and has been a musical advisor to renowned movie producer Peter Jackson. As well, Dunstan presents seminars on music and the emotional brain in the field

of neuroaesthetics and is a member of the Society for Music Perception and Cognition.

Dr. Dunstan received a doctorate degree "with distinction" in historical musicology from Catholic University and holds a master's degree in vocal performance from The Catholic University of America, and a bachelor's degree in music history from Old Dominion University.

A soprano and accompanist, Krekow is the managing director of The American Center for Puccini Studies and an internationally acclaimed interpreter of the operatic heroines of Giacomo Puccini.

She has sung world premieres and standard operatic and oratorio repertoire at

The Kennedy Center, Carnegie Hall and The National Cathedral, as well as in Germany, Italy and the Czech Republic. She is also a specialist in the vocal music of women composers.

A graduate of Stephens College, Krekow received a bachelor's degree in vocal performance with a minor in music education and organ.

Together they have led two popular classes at Leisure World – "Journeys and Experiences of the Musical Mind" and "The Ultimate Puccini Experience."

This spring they will offer a course on "The Most Stunningly Beautiful Music Ever Written and How to Listen to It." For more information on the class and how to register, see the Community Classes and Seminars section of this edition.



Kay Krekow, courtesy photo

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## May 25: Classical Music Performed by Duke Ellington School of the Arts

Students from the Duke Ellington School of the Arts return to Leisure World on Saturday, May 25, at 4:30 p.m. in the Clubhouse II auditorium.

This year, they will present with many virtuosic piano solo and ensemble pieces, along with violin, viola, cello and vocalists. The program will include “Transcendental Études” by Franz Liszt, “Ballade No. 1” by Frédéric Chopin, the “Waldstein” Sonata by Ludwig van Beethoven, “Piano Quartet No. 1” by Wolfgang Amadeus Mozart, “Misty” by Erroll Garner, Italian songs and much more.

This performance, sponsored by the E&R Department,

promises to be another exceptional program by students from the Duke Ellington School of the Arts.

Tickets are \$8 per person, check or credit card (MasterCard, VISA, Discover) if over \$10, and go on sale beginning on Tuesday, April 23, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

### About the School

The mission of the Duke Ellington School of the Arts in Washington, D.C., is to nurture and inspire a passion for arts and learning in talented students who might not otherwise have an opportunity to develop their artistic skills.

Students from throughout



Students from the Duke Ellington School of the Arts, courtesy photo

Washington, D.C. apply and audition for an opportunity to attend the school. Once accepted a student must

maintain a satisfactory GPA in regular academic studies to participate in his/or her arts classes.

## May 30: Concert Pianist Solomon Eichner Returns by Popular Demand

Equally at home with solo, chamber and concerto performances, Solomon Eichner has established himself as an exciting and versatile young artist.

By popular demand, Eichner returns on Thursday, May 30,

at 2 p.m. in the Clubhouse II auditorium to give another stellar concert.

Eichner is known for his commanding performances of the romantic keyboard repertoire, and this year's concert features works by

Chopin, Debussy, Paderewski and Brahms.

Sponsored by the E&R Department, tickets for this performance are \$7 per person and go on sale beginning on Tuesday, April 23, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

### About the Performer

Eichner has competed nationally and internationally, winning the Golden Key

Debut International Competition NYC and receiving second in the Miami Music Festival's Concerto Competition in 2016.

After winning the Golden Key at age 27, Eichner made his debut performance at Carnegie Hall in New York City.

He has performed at music festivals and events in the Baltimore-Washington, D.C. area, including at the Sandy Spring Museum's concert series, the Enoch Pratt Library Salon Concert Series in Baltimore and the Afternoon Concert Series at the U.S. State Department in Washington, D.C. Besides performing, Eichner adjudicates other piano competitions.

Originally from Pikesville, Maryland, Eichner studied privately with Virginia Reinecke, Reynaldo Reyes and Irene Kreymer. He graduated with his bachelor's of music degree from the Manhattan School of Music,

studying with Arkady Aronov, and received his master's of music degree from the Peabody Conservatory of Johns Hopkins University, studying with Alexander Shtarkman.

In 2017, he received his doctor of musical arts degree from the University of South Carolina with his final dissertation on the repressed Jewish composer Samuil Feinberg.



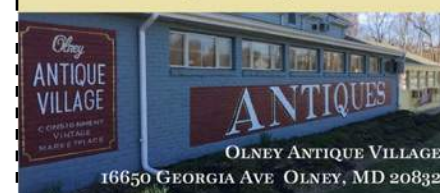
Solomon Eichner, courtesy photo

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## ■ Leisure World Association for African American Culture (LWAAAC)

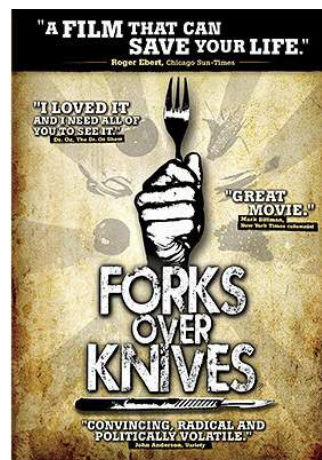
# April 24: 'Forks Over Knives'

by Patricia Means

LWAAAC presents the film "Forks Over Knives" (2011, 97 minutes, documentary/special interest/fitness, rated PG for some thematic elements and incidental smoking) on Wednesday, April 24, at 1 p.m. in the Clubhouse II auditorium.

Written and directed by Lee Fulkerson "Forks Over Knives" examines the profound claim that most, if not all, of the degenerative diseases

that afflict us can be controlled, or even reversed, by rejecting animal-based and processed foods.



The film records the experiences of patients with chronic conditions through their adoption of a whole foods, plant-based diet as the primary approach to treat their ailments, and reveals the challenges and triumphs of their journeys.

The presentation is free and open to all residents; tickets are not required.

## ■ LW LGBTQ Alliance

# April 28: 'Gen Silent'

by Mike LaPoint

On Saturday, April 28, the LW LGBTQ Alliance partners with the group, Older Wiser Lesbians, for a presentation of the film, "Gen Silent" (2011, 1 hour 10 minutes, documentary/biography/history, not rated).

The free presentation is at 2 p.m. in Clubhouse II, and all residents and their guests are welcome.

The film is a critically acclaimed documentary that follows six LGBT seniors and asks whether they will hide their friends, spouses – their entire lives – to survive potential harassment and discrimination in the healthcare system.

Following the film, Paula M. Neira, clinical program director at Johns Hopkins Center for Transgender Health, will discuss issues facing LGBTQ people in the healthcare system, followed by a question and answer session.



## Musical Performances at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330).

- |          |                                       |
|----------|---------------------------------------|
| April 24 | Motown Classics with The Winstons Duo |
| May 15   | "Sax with Mike" Surratt               |
| May 29   | Michael Binder, Swing'N On A Star     |
| June 5   | Motown Classics with The Winstons Duo |
| June 12  | Jules Levine and The Classy Jazz Band |



## ■ Jewish Residents of Leisure World

# April 29: 'El Último Traje'

by Jonas Weiss

The Jewish Residents of Leisure World (JRLW) and the Bender JCC Coming of Age Program in Maryland show the Spanish film "El Último Traje" or "The Last Suit" (2017, 1 hour 31 minutes, drama, Spanish with English subtitles, rated TV-14) on Monday, April 29, at 1:30 p.m. in the Clubhouse II auditorium.

Abraham, an 88 year old Jewish tailor, leaves Buenos Aires to go to Poland to find a friend who saved his life in World War II. After seven decades with no contact, Abraham will try to keep his promise to return to see his old friend.

The film is both comedic and poignant and is shown with a light touch that illuminates this serious story.

A discussion will follow the film. Tickets, \$8 per person (checks only, payable to JRLW), are available at the Clubhouse I E&R office. All residents are welcome.



## ■ Education and Recreation Department

### Thursday Afternoon at the Movies

# May 16: 'Pope Francis: A Man of His Word'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." The movies are shown at 1 p.m. in the Clubhouse II auditorium.

On Thursday, May 16, the featured film is "Pope Francis: A Man of His Word" (2018, 1 hour 36 minutes, documentary/biography, rated PG for thematic material, including images of suffering).

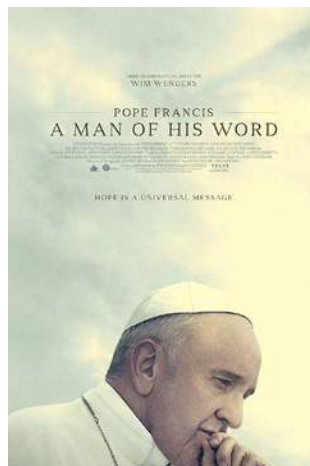
Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II beginning Tuesday, April 23, at 8:30 a.m. Please

bring your Leisure World ID.

The film is a rare co-production with the Vatican. Pope Francis' ideas and his message are central to this

documentary, which sets out to present his work of reform and his answers to today's global questions about death, social injustice, immigration, ecology, wealth inequality, materialism and the role of the family.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 1 p.m.



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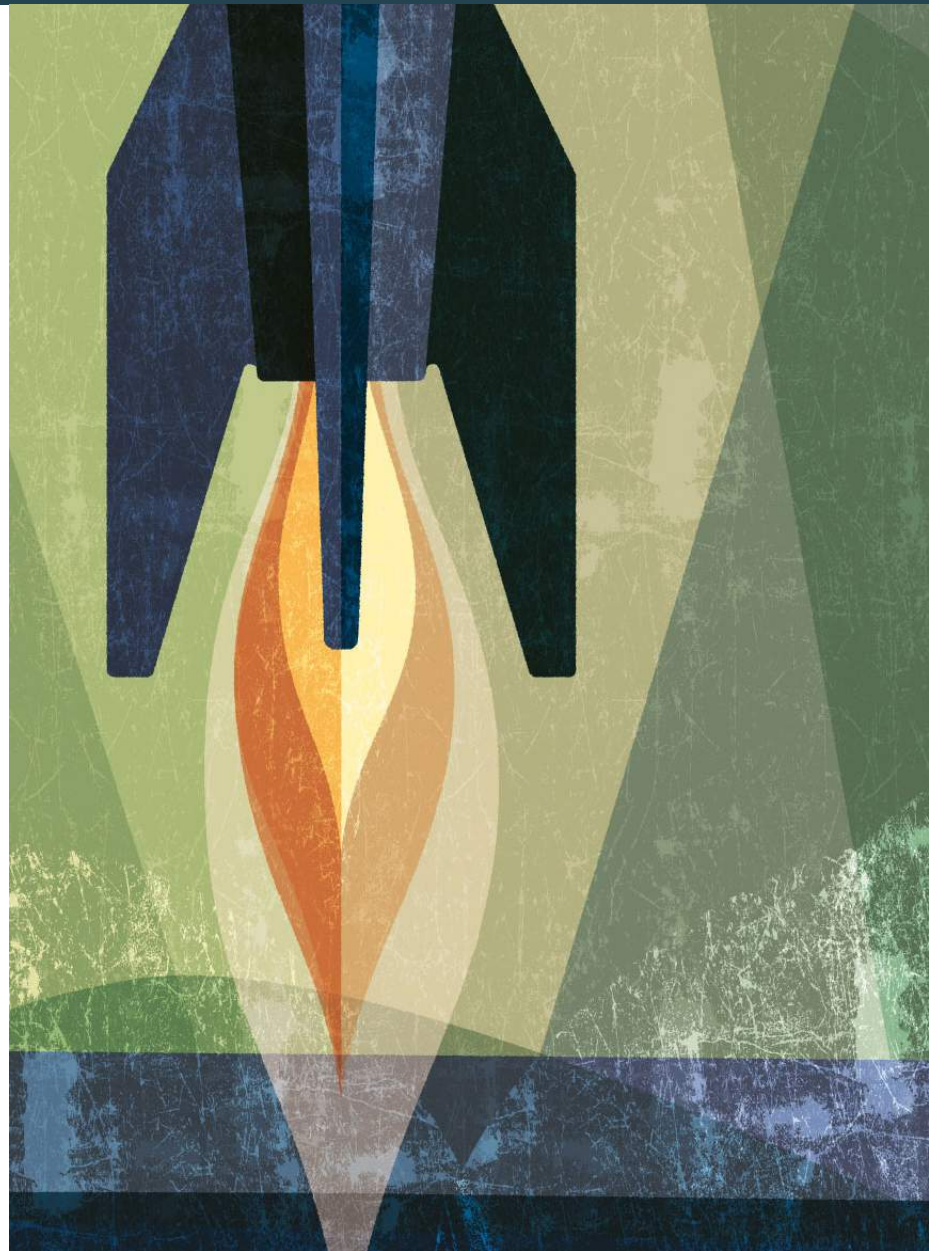
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# HEALTH & Fitness

## Health Advisory Committee

### April 24: Learn How Social Workers Can Help

As residents age, many may require some sort of assistance to stay safe and independent.

On Wednesday, April 24, Leisure World's four licensed clinical social workers present a panel discussion that includes information and education about their services, as well as resources available in the community. They will provide attendees with multiple handouts.

The free discussion is from 10:30 a.m.-noon in Clubhouse I. Don't forget to sign up to attend by either stopping by the E&R office in Clubhouse I, or by calling (301-598-1300).

— Sandra McLeskey

## Health Advisory Committee

### April 27: Prescription Drug Take Back Day

by Mary Wells

The biannual National Prescription Drug Take Back Day is held on Saturday, April 27.

Leisure World has been designated an official site for this event and, on this day, holds its third Prescription Drug Take Back event in which residents may turn in discontinued, outdated or unused medications at the MedStar Health medical center pharmacy, located at 3305 North Leisure World Boulevard.

The Health Advisory Committee and medical center pharmacy have also established an ongoing Prescription Drug Take Back program in which residents may dispose of their discontinued, outdated or unused medications year-round.

A green collection bin is located in the medical center's waiting room, and residents may drop off medications Monday through Friday from 8:30 a.m. to 5 p.m. The disposal service is free and anonymous. Keep in mind that needles, illicit drugs, thermometers, inhalers, aerosol cans, hydrogen peroxide, lotions and liquids are not accepted.

This service is provided for the safety and convenience of residents. Medications that may be



A prescription drug take back bin is located in the lobby of the MedStar Health medical center year-round.

Photo by Leisure World News

ingested by accident or misused pose a health hazard to residents, children and pets.

The Committee and the medical center have received an overwhelming response from residents at its past two Drug Take Back Day events and hope to have a similar response for this event. All residents are encouraged to safely dispose of their medications.

The National Drug Enforcement Agency implemented a National Prescription Drug Take Back Day in 2010. Each year, two days are designated as drug take back days – one in April and one in October.

## Hadassah

### April 24: Eldercare Expert Presents 'Brain Health As You Age'

Barbara Eisen

On Wednesday, April 24, Hadassah presents eldercare expert Jodi Lyons to speak on her book, "Brain Health as You Age: A Practical Guide to Maintenance and Prevention."

The program is at 7 p.m. in Clubhouse I and is open to all residents and their guests. Lyons will share useful, achievable actions people can take to reduce their risk of brain function decline, and she will describe important tools in separating myth from reality.

Lyons helps older adults and persons with special needs find necessary care throughout the country. She is a graduate of Brandeis University

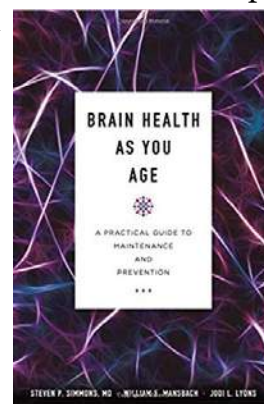
and a former president of the University's Washington, D.C., alumni association. She was on the executive committee of the Alzheimer's Association, National Capital Area, and was an Alzheimer's Association ambassador to Capitol Hill.

The program is co-sponsored

by home healthcare service, Lifematters. A \$5 charge will be collected at the door to support Hadassah's research on Alzheimer's disease. Cash or check, payable to Hadassah, is accepted.

If planning to attend, RSVP to either Judy Rumerman at (301-

680-0850) or (judyrumerman@gmail.com), or Bobbi Gorban at (301-838-4336) or (bpem@aol.com).



## Health Advisory Committee

### April 25: Cardiologist Speaks on Atrial Fibrillation

by Sarah Hirschfield

On Thursday, April 25, Dr. Reed Shnider, medical director of cardiac, rehab and wellness service at the MedStar Heart and Vascular Institute, speaks about atrial fibrillation (AFib) and other cardiac rhythm disorders at 2 p.m. in Clubhouse I.

The presentation is free, but registration is required and can be done by dropping by the Clubhouse I E&R office, or by calling (301-598-1300).

When we say our heart "skips a beat," we call it "falling in love." Shnider calls it AFib, a condition many residents have

and want to learn more about. AFib is a quivering or irregular heartbeat that can lead to blood clots, stroke and other heart-related complications.

Shnider will discuss AFib and other heart disturbances using a holistic approach. He takes into account the whole person and uses nutrition, exercise, stress management and lifestyle changes in addition to traditional medicine.

Shnider is a graduate of the Hebrew University and the Georgetown Medical School. He is dedicated to helping people lead a heart healthy life, and his presentation on April 25 is sure to be a well attended.



## ■ Compassion and Choices of Leisure World

# May 6: Retired Surgeon Shares 'Dying Wish'

by Rosalind Kipping

Compassion and Choices holds its next meeting on Monday, May 6, at 2 p.m. in Clubhouse I.

The meeting includes a presentation of the video, "Dying Wish," which is the legacy of Michael Miller, a retired surgeon dying of end-stage pancreatic cancer who chooses to avoid the hospital at all costs.

He believes that voluntary stopping eating and drinking (VSED) will ease his suffering and result in a peaceful, more natural death. The half-hour video documents his 10-day dying process in hopes of allaying the fears of others who may want to choose VSED to hasten their dying process.

In the video, medical ethicists speak about patients' rights, and hospice staff members share their own, similar experiences of others

who have made this choice. A discussion and opportunity to share experiences will follow the presentation.

Compassion and Choices has prepared material to distribute to those wanting information about VSED, which will be available at resource tables along with other information on a wide variety of end-of-life issues.

### Join Compassion and Choices

Annual dues are \$2. To renew membership or to become a member, bring \$2 to the May 6 meeting. Funds received are exclusively used to keep the resource tables full of useful information.

All meetings of Compassion and Choices are open to all residents and their guests. President Rosalind Kipping may be contacted at (rkipping@comcast.net) or (301-598-4171).

## ■ Lions' Vision Support Group

# May 8: Retina Specialist Speaks at Meeting

by Larry Cohen

Do you ever wonder if your friends and family understand how you feel about losing your vision, or do you worry how losing your vision will affect your life? The Lions' Vision Support Group can help.

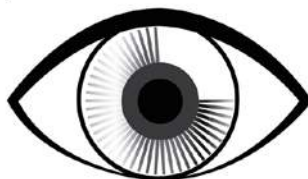
The Group's next meeting is on Wednesday, May 8, at 1 p.m. in Clubhouse I. The meeting's speaker, Dr. Reshma Katira, is a retina specialist who is not only a knowledgeable and compassionate doctor, but is also a good speaker who will explain the retina – the thin layer of tissue that lines the back of the eye.

The most common problems of the retina include retinal detachments, diabetic retinopathy, epiretinal membrane, macular hole, macular degeneration and retinitis pigmentosa, among others.

The Group hopes to see everyone at its next meeting on May 8. Meetings are always on the second Wednesday of the month at 1 p.m. in Clubhouse I. For more information, call Larry Cohen at (908-770-9111) or email him at (topops@aol.com).



Dr. Reshma Katira. Photo courtesy (www.rgw.com)



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# May 20: ‘Cannabis Without the High: Medical Benefits of CBD’

by Fred Shapiro

Medical cannabis has become a much talked about subject in Leisure World and outside the community. On Monday, May 20, speakers from Greenhouse Wellness discuss “Cannabis Without the High: Medical Benefits of CBD” at 2 p.m. in Clubhouse I.

Although admission is free, residents are asked to register to assure proper seating by stopping by the Clubhouse I E&R office beginning Tuesday, April 23, at 8:30 a.m., or by calling (301-598-1300).

Cannabidiol, or CBD as many now know it, is one of the most prevalent of the 113 cannabinoids found in the cannabis plant. Unlike its equally popular counterpart, THC, CBD doesn’t produce psychoactive effects; patients who use it don’t experience a “high” feeling. Therefore, CBD is an effective choice for those looking for relief from anxiety, movement disorders and pain without experiencing any disorienting effects, the speakers believe.

During the presentation, medical director and founder of Greenhouse Wellness Gina Dubbe, Dr. Leslie Apgar and certified regis-

tered nurse practitioner (CRNP) Lauren Corsiglia will explain how to get started, and will recommend specific CBD products their patients find useful.

Since opening as one of Maryland’s first medical dispensaries in December 2017, Greenhouse Wellness has served more than 3,000 patients. Their primary focus is the safety and treatment of their patients.

Register to attend and receive answers about the value of medical cannabis.

## About the Presenters

Prior to starting Greenhouse Wellness, Dubbe co-founded TheraPearl, a company that produced revolutionary hot and cold compresses filled with gel beads. TheraPearl provided a reusable, drug-free way of relieving pain and inflammation associated with muscle strains and sprains, swelling from surgery, spa treatments and allergies, and a host of other pain-producing conditions.

Apgar has more than 17 years of experience



From left, Gina Dubbe, Dr. Leslie Apgar and CRNP Lauren Corsiglia, courtesy photos

in direct patient care, and routinely counsels patients and sees the various, sometimes devastating, conditions that can cause the need for alternative therapies.

Corsiglia, CRNP of Natural Solutions Rx, can help attendees get certified for the medical cannabis card. She has worked in hospice and palliative care at several area hospitals. Her passion for geriatric health-care lead her to pursue a master’s of science degree from the University of Maryland School of Nursing, where she graduated cum laude. She is board certified in adult-gerontology primary care by the American Academy of Nurse Practitioners.

## GOOD TO KNOW: FROM NEUROLOGY TO PODIATRY, MEDSTAR HEALTH MEDICAL CENTER HAS RESIDENTS COVERED HEAD TO TOE

by Leisure World News

Adjacent to the Physical Properties Department, the MedStar Health medical center bustles with a few dozen generalists and specialists providing healthcare weekdays from 8 a.m.-5:30 p.m.

Several of the healthcare offerings are open to all residents; you do not have to be a MedStar patient to use their services. They are:

- Acupuncture (301-960-9826)
- Audiology/Hearing (301-468-7670)
- Dental (301-598-1015)
- Durable Medical Equipment (877-224-2294)
- Family and Nursing Care (301-588-8200)
- Laboratory Services (301-598-1045)
- Massage Therapy (202-306-0894)
- Rehabilitation (physical therapy) (301-438-6280)
- Pharmacy (301-598-1548)
- Social Services (301-598-1581)

MedStar Health patients also have access to providers in many other specialties. Call the medical center’s main line at (301-598-1590) to schedule an appointment with a provider from any of the specialties listed below, unless a separate phone number is indicated:

- Internal Medicine (Primary Care)
- Cardiology
- Dermatology
- Dietary/Nutrition
- Endocrinology
- Neurology



The MedStar Health medical center located at 3305 North Leisure World Boulevard contains an array of medical and health care providers. Photo by Leisure World News

- Ophthalmology
- Orthopaedics (301-774-8958)
- Physiatry/Pain Management (301-438-6280)
- Podiatry (301-598-0130)
- Psychiatry
- Psychotherapy
- Rheumatology
- Urogynecology

More information about services available at the medical center can be found at ([medstarhealth.org/LW](http://medstarhealth.org/LW)). For a complete list of provider names, visit ([residents.lwmc.com](http://residents.lwmc.com)) and click on Medical Center under the Amenities and Services dropdown menu.



# Take a Tour of the Fitness Center



Photo by Leisure World News

One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

— Leisure World News

## ■ FISH (Friends in Sickness and Health)

# FISH Seeks a Volunteer Handyworker

by Beth Leanza

FISH could use a handyman or woman – or two. Sometimes FISH receives equipment that could use some repair, such as wheelchairs that need wheels, or bolted armrests that need some elbow grease. If interested in volunteering, contact Beth Leanza at (301-598-4569).

The Tennis Club recently donated tennis balls to FISH to place on the bottoms of walkers, and members of the woodshop cut the tennis balls to fit correctly.

### Try Before You Buy

Residents and employees are invited to borrow from FISH to try out equipment before purchasing.

FISH is also the ideal place to go for those who are in temporary need of a wheelchair, walker or other assistive equipment. For instance, borrowing a walker or transport chair for the day is a great way to go sightseeing with family and not exhaust one's self.

Residents who have borrowed FISH equipment they are no longer using are kindly asked to return the item to the FISH office.

### About FISH

FISH is a volunteer organization that lends assistive equipment to residents and employees of Leisure World. FISH equipment is all donated, and volunteers try to make sure it is safe and usable.

The FISH office located in Clubhouse II also houses found items turned in to E&R. The office is available at (301-598-1345), and is open Monday through Friday, from 10 a.m.-4 p.m. (holidays excluded). The E&R staff is also available to help outside of those hours.

The office could use volunteers to substitute for a regular volunteer, or to perhaps accept a regular/repeating session at the FISH office. A friendly smile and a little filing are the only skills required! If interested, call Beth at (301-598-4569).

## Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

**Alcoholics Anonymous (AA):** Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

**Bereavement Support Group:** If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

**Free Blood Pressure Testing:** Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

**Memory Café:** The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit ([www.alz.org](http://www.alz.org)).

**Parkinson's Support Group:** The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or ([raywwjr@hotmail.com](mailto:raywwjr@hotmail.com)).

**Stroke Support Group:** You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

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# CLUBS, GROUPS & Organizations

## ■ Garden and Environmental Club

### April 26: Arbor Day Celebration and Tree Planting

by Jean DeSchraver

Residents and guests are invited to join the Garden and Environmental (G&E) Club on Friday, April 26, for its annual Arbor Day celebration at 10 a.m. in Clubhouse I. Check the directory in the lobby for meeting location.

Representatives of McFall & Berry Inc., Leisure World's landscaping contractor, and the Grounds Maintenance

Department will be on hand to provide coffee, tea and refreshments. After the social and a short program, the Club will plant a tree in the pollinator garden, located on the corner of Leisure World Boulevard and Gleneagles Drive. The Club purchased the tree with proceeds from its annual Spring Tea.

#### Trees

Due to disease and old age,

Leisure World's Trust property has lost many canopy trees. Therefore, the Club has chosen the legacy sugar maple tree, which can grow up to 30 feet tall.

Legacy is a fast growing, densely branched shade tree. Its thick, waxy, dark green leaves have a definite sheen and are resistant to tattering from frequent wind storms and burning during summer drought.

In the fall, the entire tree transforms to bright red with touches of pink, orange and golden yellow. The tree to be planted is organic

and has never been treated with pesticides or other chemicals, making it ideal for the pollinator garden.



A legacy sugar maple tree. Photo courtesy (newportarboretum.org)

#### About the Club

The tree planting concludes the G&E Club's meetings for the season. The next meeting is in September.

New members are always welcome. Residents do not need to be gardeners or even

have houseplants to join. The meetings are entertaining, educational and a great opportunity to meet residents who share similar interests.

## ■ Jewish War Veterans

Charles B. Krieger Post 567

### Veterans Sell 'Poppies' for Memorial Day

In keeping with the national Memorial Day practice, the Jewish War Veterans (JWV) Post 567 will sell paper poppies on Friday, May 24, Sunday, May 26, and Monday, May 27, in front of Giant in Leisure World Plaza.

Donations will be used to provide programs in Leisure World for veterans and their spouses. In addition, attendees at the JWV brunch on Sunday, May 5, will receive a raffle ticket when they purchase poppies. The owner of the drawing's winning ticket will receive a gift card for a local restaurant.

Support your veterans by buying a poppy in May.

— Fred Shapiro



Photo by Fred Shapiro

## ■ Friends of India Association

### Group Meets Every Thursday for Games and Socializing

by Nalini Kukke

The Leisure World Friends of India Association (LWFIA) meets every Thursday from 4-7 p.m. in Clubhouse II. LWFIA members are welcome to assemble for meetings, games and other activities.

The LWFIA welcomes Dr. Madhav Deshmukh as its new secretary. The Group appreciates previous secretary Jayanthi

Sambashivan's dedication and service.

For further information or if interested in an annual membership, contact one of these members: Nalini Kukke at (301-646-2440), Kavita Kapur at (301-821-0074), Madhav Deshmukh at (716-783-0801) or Thomas Isac at (716-812-8157).

Residents may also email the Group at (lwfia2018@gmail.com).

## ■ League of Women Voters

### April 29: 'Climate Change – a Maryland Update'

by Maxine Lewack

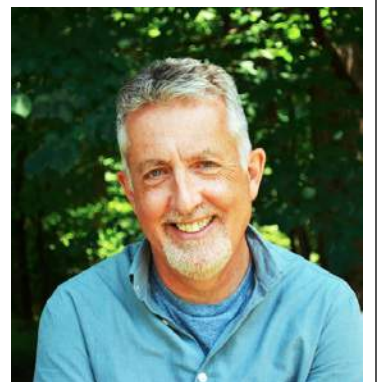
The League of Women Voters' next Trending Topic discussion is on Monday, April 29, at 6:45 p.m. at Rockville Library located at 21 Maryland Avenue in Rockville. The topic is "Climate Change – a Maryland Update."

It has been predicted that in less than 100 years one third of Maryland could be under water because of climate change. How else might Maryland residents be affected? Are there actions that could be taken to ameliorate climate change's effect?

Mike Tidwell, founder and director of Chesapeake Climate Action Network (CCAN), as well as an author and filmmaker, will share his insights and concerns about the seriousness of global warming.

In 2002, Tidwell left his position as a journalist to found CCAN, a grassroots non-profit organization dedicated to raising awareness about the impacts and solutions associated with global warming in Maryland, Virginia and Washington, D.C. His 2004 documentary, "We Are All Smith Islanders," vividly depicts the dangers of global warming in Maryland.

He will also update attendees on any relevant 2019 mandates and actions by the Maryland General Assembly as well as other upcoming state activities.



Mike Tidwell. Photo courtesy (chesapeakeclimate.org).



# April 23: Club's Final Competition Names Photographer of the Year

by Fred Shapiro

All eyes will be focused on Judge Jill A. Bochicchio at the April competition – the last competition of the year – on Tuesday, April 23, at 7 p.m. in Clubhouse II.

Bochicchio, a master photographer, will view and award honors to the winners of the previous month's competitions.

Residents are encouraged to join Club members to see the best works of the past year. At the end of the judging, a member will have the honor of being named Photographer of the Year.

## About the Judge

Bochicchio is ranked among photography's top professionals. She has crafted a reputation for creativity and excellence. The Maryland Professional Photographer's Association named her Photographer of the Year for five consecutive years.

Kodak Corporation honored her with five Gallery Awards for Photographic Excellence.

Her photography business specializes in portraiture. She loves photographing for competitions. Her subjects, besides portraits, include landscapes, waterscapes, flowers and animals, among others.

## Competition Winners

The March competition's theme was Nature. The following photos were awarded by judge Steven Bruza:

## Advanced Prints

1st place: George Kaye, "Western Grebe Ballet Company"; 2nd place: Joanne Mars, "Uttakleiv Beach"; 3rd place: Chuck Bress, "Foxy #1"; Honorable Mentions: Brenda Gillum, "Splashing Whistling Duck"; George Kaye, "Great Horned Owl in Flight"; Larry Mars, "Mountain of Swirls"; Larry Mars, "Fly Over In Bosque"; Elaine Selby, "Ice Thaw."

## General Prints

1st place: Woody Shields, "Sealed with a Kiss"; 2nd place: Kathy Tsai, "One



Photos by Jill A. Bochicchio

Bad Apple"; 3rd Bob Kaplan, "Zebras Everywhere"; Honorable Mentions: Julie Friedman, "Newfoundland Shoreline"; Bob Kaplan, "Big Stretch"; Ruthe Kaplan, "Lilac-Breasted Roller"; Nina Parish, "Creosote Seed, AZ."

## Advanced Digitals

1st place: Brenda Gillum, "Roseate Spoonbill Landing"; 2nd place: Larry Mars, "Landing at the Colony"; 3rd place: Joanne Mars, "White Pocket"; Honorable Mentions: Richard Bambach, "Water Lily"; Richard Bambach, "Heron"; Jon Fife "Oregon Pacific Coast"; Brenda Gillum, "Bird On A Reed"; George Kaye, "Mount Pilatus Mountain Goat"; Joanne Mars, "Proud Heron."

## General Digitals

1st place: Ed Boesch, "Ross Glacier Ice"; 2nd place: Ann Ferren, "Gorilla Family"; 3rd place: Ed Boesch, "GC Buttes &

Clouds"; Honorable Mentions: Ann Ferren, "Mountain Mist"; Bob Kaplan, "Pelican Reflection"; Ruthe Kaplan, "Desert Flower"; Debra MacNealy, "Orange Beach"; Nina Parish, "Baboon, Etosha SA"; Frank M. Roddy, "Hurricane Ridge"; Donna Zoldi, "Butterfly."

## Membership

The Camera Club has two levels of membership. Members who expect to compete in the monthly competitions pay dues of \$25 for the year. Residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of \$15.

Mail checks for dues to Woody Shields at (Rossmoor Camera Club, 3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906).

For more information about the Club, visit its website at ([www.rossmoorcameraclub.com](http://www.rossmoorcameraclub.com)).

## ■ **Vegetarian Society of Leisure World (VSLW)**

# May 2: Luncheon at Yuan Fu Restaurant

by Bob Fenichel

The Vegetarian Society of Leisure World (VSLW) will have a luncheon at Yuan Fu Restaurant on Thursday, May 2, at 1 p.m.

Yuan Fu is a vegan Chinese restaurant located at 798 Rockville Pike in Rockville.

To get there, drive west on Norbeck Road and turn right on Rockville Pike. The restaurant is about 200 feet up Rockville Pike on the right. To attend, RSVP to Iris Wolf by Monday, April 29, by either emailing her at ([leonardbwolf@msn.com](mailto:leonardbwolf@msn.com)) or by calling (301-384-1658).

VSLW's next regular monthly meeting is on Thursday, May 16,

at 7 p.m. in Clubhouse II. The program includes a healthful-eating video of approximately one hour in length. After the video, samples of some favorite recipes will be provided by several of the VSLW's officers.

## About VSLW

Additional information on VSLW activities is available online at ([www.vslw.org](http://www.vslw.org)). Everybody is welcome at VSLW activities; residents don't have to be a vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."



# Peruse the Paintings in Clubhouse I, or Sign Up for the Apple Painting Workshop

by Ann Bolt

The hallway of Clubhouse I is ‘purring’ with paintings of adorable kittens and cats created by Nancy Albrecht and Judy Kirkland. More than 15 artists presented their works for this general exhibit, which also includes portraits, flowers, places and Picasso-esque artwork.

Other Rossmoor Art Guild (RAG) members exhibiting their work include Marvin Sirkis, Patty Marx, Jeanette Shampain, Alexandra Michaels, Ann Bolt, Sandy Greer, Maria Hernandez, Violet “Vicky” Batkin, Donna Leonard, Bill Bohrer, Patty Elton and new exhibitor Kathleen Allen.

Greer’s painting of a young child reminds one of Mary Cassatt’s-style. Leonard’s painting, “Stop and Smell the Flowers,” hangs near the Clubhouse Grille. RAG invites all residents to come enjoy these paintings.

## Apple Workshop

The Apples into Art Creative Workshop is on Tuesday, May 7, at 1 p.m. in the art studio in Clubhouse I. Art supplies will be provided, and participants are guaranteed to go home with something good, whether an apple painting or a piece of apple pie.

Learn a few painting techniques with your art friends. To reserve a spot at the workshop, mail a check for \$20, payable to RAG, to Judy Kirkland at (3623 Tarkington Ln., Silver Spring, MD 20906) or give the check to any RAG teacher. Reservations must be received by Tuesday, April 30. Application forms are in the foyer of the art studio in Clubhouse I.

Attend the May 7 workshop, and practice the motto, “painting an apple a day keeps the doctor away.”

Other RAG members have expressed an interest in workshops or classes on portraits, en plein air (outdoor) painting and abstracts. If you have a preference for a workshop, tell your teacher, or email Judy Kirkland at (kirkland.JQ@gmail.com). RAG strives to provide instruction in the traditional manner as well as experimental approaches with mixed media to enhance artwork, and a little of everything in between.

## Other Exhibitors

RAG member Mike Higgs exhibited his works at the Bowie Center for the



At left, Donna Leonard’s oil painting, “Stop and Smell the Flowers.” At right, one of Nancy Albrecht’s many pastel drawings of animals. Photos by Ann Bolt



Performing Arts in Bowie, Maryland. In March, he participated in a program for veterans and won three blue ribbons. If Higgs isn’t in the woodshop at Leisure World, he’s in the art studio painting.



Mike Higgs in the Art studio. Photo by Ann Bolt

Jeanette Schuder’s solo exhibit at Clubhouse II continues this month. Stop by and write a note in the artist’s comment book. She is a student of Barbara Piegari, much-admired, long-term RAG teacher who uses her gentle guidance and gutsy business sense to help

RAG artists present their finished paintings to the public.

## Class Update

Bertrand Mao’s Chinese brush and ink landscape painting class is taking a break this session, but plans are underway for a trip to the National Mall to view other Chinese paintings to see the different techniques used in painting them.

The class has explored ways to paint bamboo, plum blossoms, landscapes and birds, to name just a few subjects rendered in ink. Mao has provided his students with the history, symbolism and philosophy of Eastern approach to art. Most of the students say they wish they’d had this knowledge earlier in their artistic endeavors.



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# 'Best of Irving Berlin' Performances Begin in May

by Hannette Allen

**F**un and Fancy Theatre Group's upcoming spring musical, "An American Treasure: The Best of Irving Berlin," is generating much excitement.

Berlin is widely considered one of the greatest songwriters in American history. During a career that spanned 60 years, he wrote an estimated 1,500 songs, including the scores for 20 original Broadway shows and 15 original Hollywood films, with his songs nominated for Academy Awards eight times.

Fun and Fancy will present three dozen Berlin songs, along with ballroom, tap and swing dancing and eight performers making their big debuts, plus many of the regular players residents know and love.

Take a trip with Berlin from Russia, to Ellis Island and the Lower East Side, and then from Tin Pan Alley, Broadway and Beekman Place as he and his siblings remember the highs and lows of his life and loves. Buy tickets now for Fun and Fancy's spring spectacular!

## Tickets

Tickets for the show cost \$10 apiece (cash or check only), and all sales are final. All seats are reserved.

From now through Friday, May 17, tickets are sold on Mondays, Wednesdays and Fridays from 11 a.m.-2 p.m. in the Clubhouse I lobby. Tickets are also sold on Saturdays through May 11 from noon-3 p.m. in the Clubhouse II lobby.

Additional sales dates include:

- Mondays and Tuesdays, 5-7 p.m., Clubhouse I lobby
- Wednesday, May 1, before and after the preview meeting at 7:30 p.m., Clubhouse II lobby
- Tuesday, April 9, 8-10 a.m., Clubhouse I lobby
- Tuesday, April 23, 8-10 a.m., Clubhouse I lobby

If available, tickets will be sold starting one hour before show-time on each performance date at the Clubhouse II auditorium.

## Performance Dates

- Friday, May 10, at 7:30 p.m. ("Meet the Cast" wine and cheese reception)

- Saturday, May 11, at 7:30 p.m.
- Sunday, May 12, at 2 p.m. (Champagne and cake reception)
- Friday, May 17, at 7:30 p.m.
- Saturday, May 18, at 7:30 p.m.
- Sunday, May 19, at 2 p.m.

All performances are in the Clubhouse II auditorium.

## Community Show

The Community Show, "Around the World in Leisure World," sponsored by the E&R Department and produced by Fun and Fancy, is on Friday, June 21, and Saturday, June 22, at 7:30 p.m. and Sunday, June 23, at 2 p.m. in the Clubhouse II auditorium. Ticket information is forthcoming.

Auditions for the show are held on Monday, May 20, at 4 p.m. and Tuesday, May 21,

at 7 p.m. in the Clubhouse II auditorium. Auditions are open to all residents. However, residents are encouraged to discuss their audition choice in advance with the director, Joan Bowar, by contacting her at (mjbowar@gmail.com) or (301-598-7219). It is possible that many, if not all, selections will be performed with CD music provided by Bowar.

Members of Fun and Fancy

and any other music or dance performance groups at Leisure World are encouraged to participate.

Rehearsals are held on Wednesday, May 29, at 7 p.m., and Saturdays, June 1, 8 and 15 at 10 a.m. A tech and dress rehearsal is held on Monday, June 17, at 7 p.m. The final rehearsal is on Wednesday, June 19, at 7 p.m.



The cast of "An American Treasure: The Best of Irving Berlin" take direction while rehearsing in the Clubhouse II auditorium. Photo by Pat McConnell


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# Gilbert and Sullivan Season Gets Underway

by Maggi Lindley

After hibernating for the winter months it's time for Gilbert and Sullivan (G&S) thespians to dust off the mothballs and prepare for their next production, "A Gilbert and Sullivan Christmas Carol."

This year, the Society is branching out to present known G&S tunes with a twist! "A Gilbert and Sullivan Christmas Carol" is an operetta cleverly written by New Yorker Gayden Wren, who has merged Charles Dickens' "A Christmas Carol" with music from all 13 of the G&S operettas.

The result is a humorous, entertaining and fun-filled production that has received great reviews in the U.S. and abroad. The G&S Society is privileged to have permission to present this operetta to the residents of Leisure World and is sure that they will know many of the tunes featured throughout.

Auditions for the operetta are held on Tuesday, April 23, and Wednesday, April 24, from 7-9 p.m. in Clubhouse II. The operetta has a fairly large cast of principals and also several chorus groups. Bring audition music with you, and be prepared to sing a few lines of one of the operetta's songs.

Performances of "A Gilbert and Sullivan Christmas Carol" are on Friday, Aug. 23, and Saturday, Aug. 24, at 7 p.m., and on Sunday, Aug. 25, at 2 p.m. All performances are in the Clubhouse II auditorium. Beth Youse directs the production, with Elaine O'Leary as music director and Maggi Lindley as producer.

## Spring Fling

The Society's annual "Spring Fling" for members and prospective members of G&S is on Wednesday, May 22, at 6 p.m. in the party room of Fairways South. Dues of \$10

will be collected at the door. This year, the menu offers Chinese food.

## Rehearsals

Between auditions and the start of rehearsals on Tuesday, June 4, G&S hopes to have at least one read-through and a sing-a-long for members of the cast to get acquainted with the libretto and music.

As always, rehearsals are on Tuesdays and Thursdays in June and July. At the end of July, Monday rehearsals will also be added until the week of Monday, Aug. 19, when the cast will be required on Wednesdays for Tech Week.

During Tech Week, the lighting and sound technicians work their magic, and the week concludes with a dress rehearsal on Friday, Aug. 23, the day before opening night. More details will be forthcoming as the season progresses.

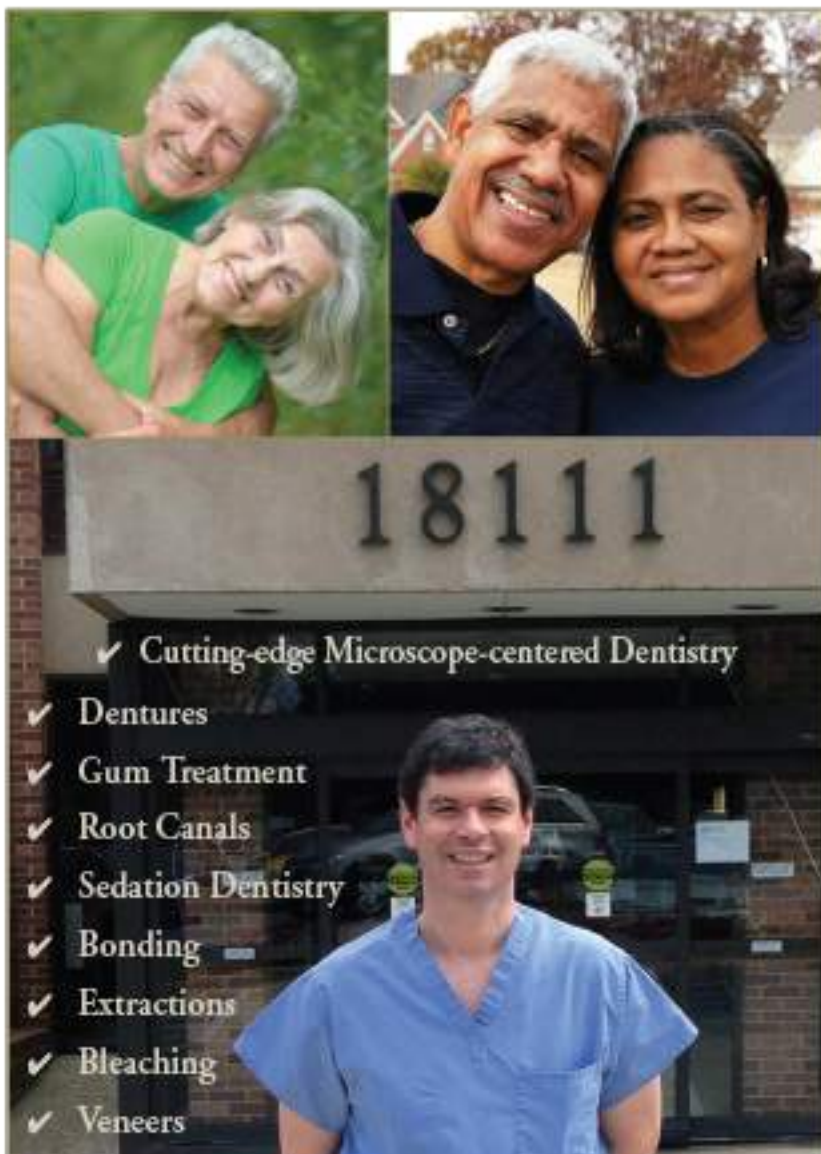
## About G&S

The Gilbert and Sullivan Society of Leisure World began in 2009 by resident Jack Melnick who is still active with the Group today. In 2010, Melnick directed and produced the Society's first production of "HMS Pinafore," and the Group has produced a different G&S operetta each year since.

Residents do not need to sing to join the G&S Society. The Group has many other jobs behind the scenes that are available, such as ticket sellers, ushers, makeup, costumes, scenery and more.

The Society would also love to have some instrumentation to accompany the piano, so residents who play violin, cello or another instrument are asked to attend a meeting or email Maggi at (magzjlindley@gmail.com).

The Society meets on the first Thursday of every month at 1 p.m. in Clubhouse II.



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# April 24: Meeting Includes Expert's Presentation on Zero Waste

by Tina Lunson

At LW Green's next meeting on Wednesday, April 24, Maryland Sierra Club's Zero Waste expert Amy Maron reports on the rapid developments in Montgomery County's waste handling processes.

The meeting is at 2 p.m. in Clubhouse I.

Maron will discuss County composting, single-use plastics, waste reduction methods and best practices for all operations.

Her program promises to provide an eye-opening view of this topic and what we can hope for in the near future to reduce waste and live cleaner.

Come to the meeting to find out how the County's Zero Waste policy can eliminate numerous threats to people, animals and the planet.

## About Zero Waste

How often do you think about what people throw away and where it goes – everything from food leftovers to “disposable” razors, toothbrushes and plastic utensils?

Montgomery County recycles paper, plastic containers and metal cans. But what happens to the other stuff that goes into the regular trashcans?

Zero Waste does not have a single definition, but rather, is a set of materials management strategies and sustainable practices that includes avoiding waste creation, recycling, reusing and repurposing. It also includes composting a wide range of organic matter. In addition, Zero Waste means the creation of energy that doesn't result in hazardous byproducts.

Many organizations have made important contributions to defining Zero Waste, including the Zero Waste International Alliance, which states that Zero Waste means designing and managing products and processes to systematically avoid and eliminate the volume and toxicity of waste and materials, and conserve and recover all resources rather than burning or burying them.

“Implementing Zero Waste will eliminate all discharges to land, water or air that are a threat to planetary, human, animal or plant health,” according to (<http://zwia.org>).

“Implementing Zero Waste will eliminate all discharges to land, water or air that are a threat to planetary, human, animal or plant health,” according to (<http://zwia.org>).

## May Meeting Reminder

At the Wednesday, May 22, meeting, attendees can swap

out their old incandescent light bulbs for fresh LED bulbs, and meet Larissa Johnson, residential energy program manager for Montgomery County.

## About LW Green

LW Green is a grassroots group of residents working to realize a greener and healthier environment. Monthly meetings are held on the fourth Wednesday of each month at 2 p.m. in Clubhouse I. Residents don't have to be members to attend. For more information, visit ([www.lw-green.org](http://www.lw-green.org)).



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# May 9: Meeting Provides ‘Delegation Debriefing’ on General Assembly Bills

by Roger Blacklow

Find out which bills passed, failed or were made law at the recent General Assembly at the Democratic Club’s annual “Delegation Debriefing” on Thursday, May 9, at 7 p.m. in the Clubhouse I Crystal Ballroom.

Sen. Ben Kramer and Delegates Charlotte Crutchfield, Bonnie Cullison and Vaughn Stewart have been invited to attend.

Members who haven’t paid their dues for the upcoming year are asked to bring a check for \$15 per person, payable to the Democratic Club of Leisure World, to the meeting, or to mail it to Jon Fife at (3200 N. Leisure World Blvd., Apt. 1001, Silver Spring, MD 20906). Join now and membership runs through Friday, May 31, 2020.

## Club Elections

The Club also holds its biennial election of officers at the May 9 meeting. All residents are invited to attend, but only Club members are allowed to cast a vote. Residents who are not members but want to participate in the election should begin their membership no later than Friday, April 26.

Be sure to include an email address; membership dues include a subscription to the Club’s electronic newsletter, the Donkey Dispatch. Remember to check in at the meeting to receive your voting card.

The following members have been selected/nominated by the Club’s nominations and elections committee:

- Roger Blacklow, president – Blacklow is currently the Club’s president and is experienced in union legislative and political organizing. He taught political science at the National Labor College.
- Judy Frumkin, 1st vice president – Frumkin currently serves on the Club’s program committee and has experience in teachers’ unions and Baltimore politics.
- Sandy Zimmet, 2nd vice president – Zimmet is currently a member at-large and serves on the Club’s program committee. She has been involved in Montgomery County politics for many years.
- Karen Brooks, secretary – Brooks



currently serves as the Club’s secretary and is on the steering committee for many Democratic candidate campaigns.

- Jon Fife, treasurer – Fife is currently serving as the Club’s treasurer and has streamlined the Club’s financial reports. He also serves on the bylaw committee.

- Arthur Blair, Pat Duran and Jane Greene, members at-large – Blair is experienced in justice reform and works with the Center for Popular Democracy and Fed Up (educating Federal Reserve Board). Duran is experienced in adult training and forming discussion groups.

Greene is currently serving as a member at-large and is editor of the Donkey Dispatch. She has experience in public libraries and internet technology.

Nominations will also be heard from the floor by any Club member at the May 9 meeting. After a second to the nomination by a member and an introduction of the candidates, the vote will be taken for each office.

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## ■ Republican Club

# May 21: Meeting Looks at Healthcare Insurance

by Fred Seelman

The next meeting of the Republican Club is on Tuesday, May 21, at 7 p.m. in Clubhouse I.

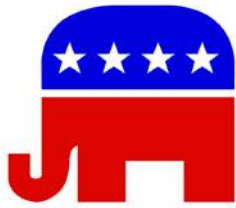
The meeting's speaker is Al Redmer, the Commissioner of the Maryland Insurance Administration. He will talk about healthcare and other Maryland insurance services in the context of the insurance industry.

The Club's recent programs

on healthcare and aging services involving Riderwood and MedStar Health were well received, so come to the May meeting and hear how insurance also impacts on these services.

Send comments or questions about these or any other Club matters

and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com), or call first vice president Robert Kammer at (301-847-9820).



## ■ National Active and Retired Federal Employees (NARFE) Chapter 1143

# Join NARFE to Protect Federal Workers' Benefits

by Joe Cook

The Chapter's next meeting is on Monday, May 20, at 2 p.m. in Clubhouse I, with refreshments served at 1:30 p.m. World War II veteran Howard Trovern is the planned speaker. The meeting is open to all residents and guests.

The Chapter's board recently discussed how it believes continued attacks on federal employment and due processes is having a corroding effect on government service and operations.

The Chapter has not been able to directly identify a way of communicating more detailed information to other federal retirees, employees and beneficiaries in Leisure World who are not currently members. However, the Chapter has a continuing interest in reaching the estimated 1,300 residents who would benefit from their association with NARFE.

### Membership

Join and recruit others to join NARFE to help protect the retirement, benefits and dignity of the American people. Dues for NARFE Chapter 1143 are \$44 per year or \$38 if deducted monthly from annuity payment (less than \$3.20 per month).

For more information, contact membership chair John Lass at (johnmlass@comcast.net) or (301-288-4210).

Residents with questions, suggestions or offers of support are asked to contact one of the Chapter's officers:

- John Moens at (johnjots@outlook.com) or (301-438-3237)
- Joe Cook at (joec37766@gmail.com) or (202-271-0710)
- Jewel Lee at (jewelalee@msn.com) or (301-801-4007)
- Rich Rothstein at (whobodyelse@aol.com) or (301-598-5760)



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# April 28: Technion Rep Presents ‘From Visionary Education to a World of Impact’

by Jerome “Jerry” Cohen

The Jewish Discussion Group’s (JDG) next session is on Sunday, April 28, at 10:30 a.m. at Clubhouse II and features a special presentation.

Irv Elenberg, director of development for the Wash-

ington, D.C., metropolitan area chapter of American Technion Society, will give a talk entitled, “From Visionary Education to a World of Impact.”

The Technion-Israel Institute of Technology is a major source of innovation and brain-power that drives the Israeli economy and is a key to Israel’s reputation as the world’s “startup nation.” Technion’s people, ideas and inventions make immeasurable contributions to the world in the areas of medicine, energy, computer science, water conservation and nanotechnology.

As Technion celebrated its cornerstone centennial in 2012, Technion City had become a modern miracle – a thriving world center of research and teaching, with 12,850 students and 80 graduate programs trailblazing excellence in research and teaching for the

benefit of humanity.

Join the JDG on April 28 for this educational talk, and participate in what is sure to be a lively question and answer session following the presentation.

## About the Group

The JDG invites all residents to attend its free discussion sessions held on the fourth Sunday of every month from 10:30 a.m.-noon in Clubhouse II. For additional information or to have your email address added to the

monthly notification list, contact group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).



Irv Elenberg, courtesy photo

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## ■ Interfaith Committee for the Homeless and Working Poor

# Springtime Brings May Baby Shower and Books for Kids

by Rae Cooper

On Thursday, May 2, Committee volunteers will be in Clubhouse I and curbside from 8:30 a.m.-noon to receive layette items for the Annual Welcome Baby Program, sponsored by Montgomery County Interfaith Works Clothing Center, which serves over 13,000 residents annually.

Items needed include disposable diapers, clothing, onesies, sleepers, bibs, blankets, wash clothes, towels, diaper bags, lotions and baby washes. The Knitting Corner members never fail to donate beautifully handmade sweaters, blankets, booties and hats.

Last year, thanks to generous support from residents, the Committee collected more than 700 baby items for over 539 moms in need.

## Books for Kids

From Wednesday, May 1, through Friday, May 31, the Committee is accepting children’s books at drop-off

boxes located at the FISH office in Clubhouse II, the library in Clubhouse I, The Inter-Faith Chapel and Our Lady of Grace Catholic Church.

The Committee accepts new and gently used books for kindergarten through fifth grade. The goal is to provide a book for every child at Harmony Hills Elementary School to take home this summer.

Residents who cannot shop for baby items or books but want to give may make a monetary donation. Cash or checks, payable to The Inter-Faith Chapel (referencing “CHWP Baby Shower” and/or “Books for Kids”), may be dropped off or mailed to the Chapel at (3680 S. Leisure World Blvd., Silver Spring, MD 20906).

The Chapel is open Monday through Friday, from 9 a.m.-3 p.m. The phone number is (301- 598-5312).

The Committee thanks residents in advance for their continued support.

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# May 3: NA'AMAT Joins the Jewish Residents of Leisure World for Shabbat Services

by Carole Mund

NA'AMAT joins the Jewish Residents of Leisure World (JRLW) at a family service on Friday, May 3, at 7:30 p.m. in The Inter-Faith Chapel. NA'AMAT members will participate in the service.

NA'AMAT RBZ recognizes the many wonderful services and activities JRLW does in support of the Jewish community in Leisure World.

The traditional Friday night oneg will be sponsored by NA'AMAT. It is a great opportunity to join the community in prayer and celebration.

## Donor Luncheon

Each year NA'AMAT holds a donor luncheon to celebrate the members who have supported the activities and fundraisers for the many programs NA'AMAT USA provides. The luncheon

also honors the executive board, and includes installation of the new officers for 2019-2020.

This year's luncheon is on Wednesday, May 8, at 11:30 a.m. at Argyle Country Club.

Choice of entrée includes tilapia, mushroom ravioli or vegetarian salad. The luncheon also includes a choice of dessert: fresh berries, fried apple pie or vanilla ice cream.

Carol Higgins will provide musical entertainment, and door prizes provided by local merchants will be awarded.

The many activities Club members enjoy not only provide opportunities for socialization with friends and neighbors, but also serve as fundraisers to support the many programs NA'AMAT provides.

Donor credit is simply money attributed to each member over the cost for participating in activities sponsored by NA'AMAT.

The cover charge for the luncheon is \$35 plus the \$50 donor credit earned or contributed. To attend, send checks to Theda Rosenblum at (3330 N. Leisure World Blvd. #117, Silver Spring, MD 20906). For questions, contact Theda at (301-598-9105).

## Executive Board Meeting

All planning for events and activities is done at the Club's executive board meetings, and anyone is welcome to attend and participate.

The executive board is open to new ideas and encourages participation by the community. The next meeting is on Tuesday, May 21, at 10:30 a.m. in Clubhouse I.

Attending these meetings is an excellent way to meet the people that are dedicated to the mission of NA'AMAT.

Fundraisers not only raise

funds to support necessary programs, but also provide activities for people to enjoy with friends. An organization needs people who are interested in making these activities happen as well as participating in them.

## Trip

- May 15 – Overnight trip to Dover Downs, Delaware, that includes a show commemorating the entertainer, Cher. For details, call Trudy Stone at (301-438-0016) or see Club Trips.

## General Information

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).

For tribute cards, call Lenore Kalen at (301-922-4348).

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# May 5: Brunch Features Discussion on FBI and Military Counterterrorism Efforts

by Fred Shapiro

The Jewish War Veterans Post 567's next brunch is on Sunday, May 5, and will feature a discussion by retired FBI supervisory special agent Mitch Stern on the topic, "Where the FBI and Military Meet in Counterterrorism."

The brunch is at 10:15 a.m. in the Clubhouse I Crystal Ballroom. The date of the brunch is one week earlier than usual to avoid conflicting with Mother's Day.

The cost of the delicious brunch buffet, which includes eggs, tuna fish, lox, bagels, salad, coffee, Danish and

more, is \$14 per person.

Mail a reservation check, payable to JWV 567, by Sunday, April 28, to Jerry Cohen at (3330 N. Leisure World Blvd., Apt. 919, Silver Spring, MD 20906). Cohen can be reached at (240-970-5024).

## About the Speaker

Stern served for 20 years in the FBI where he specialized in bringing innovative programs from conception to operational readiness. He worked

as part of the FBI Weapons of Mass Destruction (WMD) Directorate and, in 2007, originated the position of division special assistant.

Stern was then seconded to the Interpol General Secretariat in 2010, where he started the Chemical, Biological, Radiological, Nuclear and Explosives Sub-Directorate. Back at the FBI, Stern originated the position of WMD Directorate chief of staff, and was

further seconded to the U.S. Intelligence Community and

then the staff of the Assistant Secretary of Defense for Nuclear, Chemical and Biological Defensive Programs, originating both positions.

## About Post 567

Post 567 endeavors to provide programs and services for all military veterans in Leisure World.

Residents who are veterans or who are simply interested in providing ideas are encouraged to attend Post 567's monthly business meeting, held on the first Wednesday of the month at 11 a.m. in Clubhouse I.

Join Post 567 as it strives to improve life for veterans in Leisure World.



Retired FBI agent Mitch Stern, courtesy photo

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# May 15: Jewish Organizations Celebrate 71st Anniversary of Israel

by Fred Shapiro

Leisure World's Jewish Organizations celebrate "71 Years of the State of Israel" on Wednesday, May 15, with a presentation by Miriam Duffy, a young American woman who served in the Israel Defense Forces, and entertainment by local youth groups.

Coordinated by the Jewish War Veterans Post 567, the event is at 7 p.m. in the Clubhouse I Crystal Ballroom.

Admission is free, but attendees are asked to consider a charitable donation to one or more of three charities in Israel: 360 Degree Campaign for Hadassah Hospital, NA'AMAT Women's Health Center and American Friends of Magen David Adom. The Group will collect checks and/or cash donations at the entrance.

## About the Program

Duffy returned to Maryland to continue her studies at the University of Maryland after serving in the Israel Defense Forces (IDF), emerging as a 1st lieutenant.

She will talk about her experiences in – quite literally – the middle of the Israeli-Palestinian conflict, and how they continue to shape how she thinks about the world and Israel.

After her discussion, students in the Yesodot and Kesem Israel dance troupes and Shir Madness a capella group from the Charles E. Smith Jewish Day School will entertain the audience.

After the program, attendees can enjoy refreshments as they check out Israeli-made products such as Sababa Jerusalem Products, Shirley Waxman, Tamah Graber, Heitzi Epstein and Bobbi Gorban.

The event is co-sponsored by Hadassah, NA'AMAT RBZ Club, the Jewish Discussion Group, the Jewish Residents of Leisure World and the Jewish War Veterans Charles B. Krieger Post 567.

## About the Speaker

Duffy enlisted in the IDF in September 2011 and joined a unit called the Civil Administration of Judea and Samaria. After completing basic training and a civil affairs training course, she served in Beit El, outside of Jerusalem.

As a non-commissioned officer, Duffy focused on international organizations operating in the West Bank. Soon after, she enlisted in officers' training

course, and then served as a Civil Affairs Officer in Nablus in the center of the West Bank. Her job was to coordinate IDF activity in English,

Hebrew and Arabic with international organizations, the Settlement Community, and officials from the Palestinian Authority.



From left, Miriam Duffy and Shir Madness a capella group. Courtesy photos

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# May 19: Brunch Includes Talk on Domestic Violence Prevention

by Jonas Weiss

The Jewish Residents of Leisure World's (JRLW) next brunch is on Sunday, May 19, at 10 a.m. in the Clubhouse I Crystal Ballroom.

Debbie Feinstein, Chief of the Special Victims Division and Senior Assistant State's

Attorney for the Montgomery County State's Attorney Office, will speak about what people can teach others about domestic violence prevention.

The Special Victim's Division is responsible for the prosecution of child abuse, domestic violence, sexual assault, senior or vulnerable adult abuse and child exploitation.

The price of the brunch is \$14, and reservations must be received by Sunday, May 12, so that JRLW can notify the caterer on the number of guests attending.

To attend, send checks, payable to JRLW, to Shirley or Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906). To reserve a table for 10 people,

payment for all 10 must be sent together.

## Baseball

Neil Ross and Dottie Chanil have arranged a bus trip to a Nationals vs. Braves night game on Tuesday, July 30. To attend, send checks (payable to JRLW) for \$45 per person to Chanil at (2829 Glen Eagles Dr., Silver Spring, MD 20906).

For any questions, call her at (301-871-1513).

## Religious Services

Cantor Michael Kravitz conducts Sabbath services with Yiskor prayers on the last day of Passover, Saturday, April 27, at 9:15 a.m. in Clubhouse II.

Rabbi Gary Fink conducts Conservative services on Friday,

May 3, at 7:30 p.m. in The Inter-Faith Chapel.

Rabbi Moshe Samber and volunteers conduct Sabbath services with discussions on the Torah portion and rabbinical writings on Saturday, April 20 and May 4 at 9:15 a.m. in Clubhouse II.

## Donations

For the Torah fund send checks, payable to JRLW (\$25 minimum), to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906). Donations for prayer books go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906). Janet is asking for someone to help her label the prayer books.

Send donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedukah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



Debbie Feinstein, courtesy photo



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# Author and Speaker Gives Practical Advice to Maintain Brain Health

by Barbara Eisen

On Wednesday, April 24, Hadassah presents eldercare expert Jodi Lyons to speak on her book, "Brain Health As You Age: A Practical Guide to Maintenance and Prevention."

The program is open to all residents. For details, see the Health and Fitness section of this publication.

## Game Day

Hadassah hosts a Game Day on Wednesday, May 22, at 11 a.m. in Clubhouse II. All board games will be played, and a dairy buffet lunch and snacks will be served. Details are forthcoming

## Greeting Cards

Jan Bloom sells Hadassah greeting cards. The price of the cards is \$2.50 each or five for \$10.

Cards are displayed and sold at every Hadassah meeting. Call Jan at (301-593-7720) to buy cards between meetings.

## Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel.

The goal is to create a circle of \$1,000, made by individual contributions of \$40.

Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

## About Hadassah

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of

its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net)

or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).



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# April 20: Social Worker Talks Mental Health at Potluck Meeting

by Mike LaPoint

The Alliance's next monthly potluck and meeting is on Saturday, April 20, at noon in Clubhouse II.

In addition to enjoying food and fellowship, the Alliance will welcome a guest speaker – licensed clinical social worker Kate Wissman.

Wissman has been a clinical social worker for 23 years and will speak on the causes of anxiety, depression or simply feeling nervous or “down in the dumps.” She will present and demonstrate a toolkit of techniques to address and relieve these conditions and promote improved mental health and wellness.

In addition to meditation, exercise and social connections, she will discuss techniques such as the arts, music and dance. All residents and friends are invited to attend.

## 'Gen Silent'

On Saturday, April 28, the Alliance partners with the group, Older Wiser Lesbians, for a screening of the documentary film, “Gen Silent.”

For details, see the Events and Entertainment section of this publication.

## County Forum

The last month has been a busy one for the LW LGBTQ Alliance. On March 19, members of the Alliance attended the Montgomery County Commission on Aging's public forum on “Older Adults in the County's Diverse Racial, Ethnic and LGBTQ Community.”

The forum included a panel discussion with community representatives and numerous

exhibitors from local agencies and service providers. Sarna Marcus of the LW LGBTQ Alliance sat on the panel as a representative of the LGBTQ senior community and gave

a very moving and well received account of issues in aging that are of unique concern to members of the LGBTQ community.

## Alliance News

Plans are underway for the Alliance's third annual LGBTQ Pride month celebrations at Leisure World. A calendar of events will be provided in the coming weeks.

Annual board elections were held at the March 16 monthly meeting, and the Alliance has a dedicated and

enthusiastic team to lead the group into the upcoming year.

Also at the meeting, certified wildlife rehabber Tina Lunson spoke about her many experiences saving animal's lives – from orphaned baby opossums to massive 6-foot bald eagles. She answered questions and presented options for getting involved locally in this important endeavor.

## General Information

To learn more about the Alliance or to add your name to its monthly newsletter email list, email the Alliance at (lwlgbt@gmail.com) or, better still, attend the monthly potluck and meeting on April 20. Also, check out the Alliance's Facebook page to stay connected to current events of interest to the LGBTQ community.



Kate Wissman, courtesy photo



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# May 22: Group Attends ‘Jubilee’ at Arena Stage

by Patricia Means

A group of LWAAAC members and other residents will attend the production “Jubilee” on Wednesday, May 22, at the Arena Stage in Washington, D.C.

“Jubilee” is an a capella tribute to the Jubilee Choir of Fisk University who organized in 1871 to tour and raise funds for the University.

## Members-Only ‘Fun Night’

An appreciation event for members-only is held on Wednesday, May 8, from 6-9 p.m. in the Clubhouse I Crystal Ballroom.

Light refreshments will be served, and a cash bar opens at 6 p.m., with showtime at 7 p.m.

The evening’s entertainment includes illusionist Don Juan,

who will impress the audience with a magical performance. Trivia games will be played after the show, with prizes for the winners.

This members-only event is free, but tickets are required and available through Monday, May 6, at the Clubhouse I E&R office.

For more information, contact Lois Fuller, event chair, at (240-242-3711).

## Election of Board of Directors

The LWAAAC nominating committee is continuing to accept nominations for the 2019-2020 election. The deadline for submitting nominations is Thursday, April 25.

Nominations may be provided to Glenne Martin, nominating committee chair, by calling her at (301-438-3537).

## Movie Presentation

The documentary film “Forks Over Knives” is presented on Wednesday, April 24, at 1 p.m. in the Clubhouse II auditorium. The film explores the possibility that so-called “diseases of affluence,” such as heart disease, can be reversed by adjusting diets to include less processed and animal-based foods. For more information, see Events and Entertainment section of this publication, or call event chair Jannifer Woodson at (832-259-7063).

## Healthful Thursdays

Healthful Thursdays Session 4 is on Thursday, April 25, and covers stress management and goal setting. The session is from 1-3 p.m. in Clubhouse I. The session is free, but a ticket is required and available at the Clubhouse I E&R office.

The sessions continue in May:

- May 2 – hypertension 101 and heart disease and their relationship to diabetes
- May 9 – complications of hypertension and risk factors
- May 16 – cholesterol and its effect on health
- May 30 – ways to prevent, manage and reverse hypertension; stress management, exercise and healthy coping behaviors

For more information, contact Jannifer Woodson, event chair, at (832-259-7063).

## Amenities

Members should notify LWAAAC of illness, disability, death or other situations that affect a member or that person’s immediate family by contacting Louise Langley, amenities chair, at (301-598-3876).

## ■ Italian Social and Cultural Club

# Club Plans Members-Only Brunch

by Flo Merola

As the Italian Social and Cultural Club closes for the summer with a special members-only brunch on Sunday, May 19, at 1 p.m. in Clubhouse I.

The price is only \$10 per person for a full brunch of scrambled eggs, bacon, French toast, hash browns, salmon cakes, fruit and more! The Club’s treasury is subsidizing part of the cost as a way of saying “thank you” for a highly successful year.

Seating is limited, so reserve early to ensure a place. To attend, send a check for \$10, payable to the Italian Social and Cultural Club, to Paul D’Angelo at (3310 North Leisure World Blvd. Apt. 308, Silver Spring, MD 20906).

## Election and Meeting

All board positions are currently available, and they include president, vice president, secretary and treasurer.

The Club welcomes members to self-nominate for any position by calling Rene Fecteau at (202-308-8181) by Wednesday, May 1.

Voting and installation of officers takes place at the brunch on May 19.

The next board meeting is on May 1 at 1 p.m. in Clubhouse I. All members are encouraged to attend and participate in planning next year’s events. The Club looks

forward to another year dedicated to promoting knowledge and appreciation of Italian culture.

## Bocce

Bocce returns on Friday, May 3, and continues on the first and second Fridays of each month, weather permitting. The group meets at 10 a.m. on the bocce court outside Clubhouse I and plays for one hour. It’s fun and easy to learn.

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Enjoy some refreshments while learning about how to tidy up and ensure that trusted contacts, financial account summaries, insurance policies, and estate planning documents are in order, as well as consolidating your investment accounts and donating through qualified charitable donations and required minimum distributions.

**Call Zach Bachman at 1-800-341-5516, or email zach.bachman@troweprice.com to register. RSVP REQUIRED.**  
*Registration limited to first 75 attendees.*





# May 15: Club Holds Annual Scholarship Luncheon at Manor Country Club

by Marcia L. Elbrand

The Rossmoor Women's Club (RWC) holds its annual scholarship luncheon on Wednesday, May 15, at noon at nearby Manor Country Club, located at 14901 Carrolton Road in Rockville.

The luncheon includes a choice of three entrees: Caesar salad with grilled salmon, Cobb salad with grilled chicken breast, or a Mediterranean quinoa salad with arugula, chickpeas, cherry tomatoes, roasted artichoke, cucumber, olive oil poached redskin potatoes, Kalamata olives and lemon-herb vinaigrette dressing.

In addition, all lunches will include chef's choice soup, warm rolls and butter, iced tea, lemonade and the Country Club's popular warm

brownie sundae for dessert.

Students from Blake High School and the ACES program at Montgomery College will be presented with scholarships based on both academic achievement and need. Education committee chairperson Rita Posner will introduce the selected students.

The RWC's newly elected officers will also be installed at the luncheon. They will serve from June 2019 through Mat 2021.

## Donate

Luncheon attendees are encouraged to bring donations for the Betty Ann Krahne Center, the only emergency domestic violence shelter for women and children in Montgomery County.

The Center's wish list includes retail store gift

cards, disposable diapers, baby wipes, new bathrobes, full-sized toiletries and suitcases or wheeled tote bags. Club members have volunteered to deliver the donated goods to the Center's collection office following the luncheon.

## Make Reservations

Tickets for the scholarship luncheon are \$35 per person, (checks only, payable to Rossmoor Women's Club), and reservations must be made by Friday, May 10. Guests are welcome to attend.

To make reservations, mail a check to Carolyn Thompson at (15000 Pennfield Cir., #202, Silver Spring, MD 20906).

Include your menu selection and phone number with the check.

No refunds will be made after the May 10 deadline, and no additional reservations can be accepted. For questions, contact Carolyn at (301-806-5383).

## Save a Stamp – Renew in Person

Annual membership in the RWC is \$40 per person, and renewal checks may either be sent now to membership chairperson Arlene Siller at (3100 N. Leisure World Blvd., #909, Silver Spring, MD 20906), or brought to the May 15 luncheon to save the postage. New members are always welcome, and those joining in late spring will receive a few months free because their membership will extend until June 2020.

Monies raised by the Club provide the aforementioned college scholarships and help to support several local charities, including Fireside Forum and FISH at Leisure World, Casey House Hospice, A Wider Circle and the Head Start program at Harmony Hills Elementary School, and helps provide an annual gift to Fisher House, a service that gives lodging to out-of-towners visiting hospitalized veterans.



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## ■ Writers of Leisure World

# The Apocalypse, a Family Dog and Adventures in Dating

by Denise Barker

The Writers of Leisure World Group gathered on April 4 to share pieces of their creative writing.

Gladys Blank told of the joys of summer, family visits and trips, and making the best of each day. Grace Cooper shared a powerful poem based on an apocalypse that includes dictatorship, war, famine and death.

Jane Hawes made the Group laugh with her tale of a pet cat that was named "Puppy" because he would

bark instead of meow. Denise Barker reminisced poetically about a favorite family dog.

Viola Stendardi mused about the emotions brought about by anniversaries, and

Joanie Friedlander shared funny stories about dating. Phil Wendkos read his interesting essay on the history of Israel.

The Writers of Leisure World meet on the

first and third Thursday of each month at 11 a.m. in Clubhouse I. All residents are welcome and encouraged to come and share their varied writings.





# Armchair Travelers Visit Europe and Holy Land

by Elizabeth Brooks-Evans

**O**n Wednesday, May 15, the Going It Alone Club (GIAC) sponsors a daytrip to the American Music Theater in Lancaster, Pennsylvania.

Other upcoming trips include gaming in Atlantic City, New Jersey from Tuesday, July 16, through Thursday, July 18, and “Pigeon Forge and Smoky Mountains Show Trip” in Gatlinburg, Tennessee from Monday, Sept. 16, through Friday, Sept. 20. For more detailed information about these trips, see the Club Trips section of this publication.

Sign-ups up for trips takes place during Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II when a representative of the program committee is available to receive payments and answer questions. The GIAC newsletter, which also has more trip information, is also available at that time.

For questions about trips, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## Armchair Travel

GIAC meets every Saturday beginning with armchair travel at 2 p.m. in Clubhouse II, followed by various games at 2:30 p.m.

On Saturday, April 20, armchair travel presents “Travel Skills, Part 3: Swiss Alps, Paris and London.” Well-known video travel guide Rick Steves shows how to experience great cuisine, the best value accommodations and more, spending less while traveling around big cities and enjoying European cuisine.

On Saturday, April 27 and May 4, watch “The Holy Land - Israelis and Palestinians Today.” Steves is joined by Palestinian, Jewish and Christian tour guides as he leads travelers to enjoy great culture and people while sorting

through some complicated issues in a troubled part of the world.

## Games

Games begin at 2:30 p.m. and include bridge and Rummikub in the Clubhouse II lobby. Mexican train dominoes and old-fashioned dominoes are played in the Game Room. Members are also welcome to bring or suggest other favorite games.

Free bingo with prizes is sometimes played on the second and fourth Saturdays of the month. Pokeno is sometimes played on the first and third Saturdays of the month. On one Saturday of each month, one lucky member at SAL receives a door prize.

For more information about games, contact Sylvia Pachenker at (301-598-5325).

## Membership

To become a member of GIAC or to renew membership,

visit SAL any time between 1:30-3 p.m. in Clubhouse II. The membership fee is a nominal \$7 per year. Beginning Monday, July 1, 2019, the membership fee increases to \$8 per year.

The income from dues is used to pay Club expenses and enhance activities. For more information about membership, contact Sylvia Pachenker at (301-598-5325).

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# Take a Spring Walk with the Boomers

by Beth Leanza

The Baby Boomer Club is comprised of a group of residents who like to get together socially to watch movies, dance to the music of their high school years, go out to see musicals and plays and picnic together.

Because many residents continue to work, the Club's events are in the evenings and on the weekends.

Club members watch a movie once a month in the Clubhouse II auditorium, and sometimes go out to dinner in Rockville, followed by a movie at a local theater. The Club also has game nights and, in the summer, has barbecues at nearby East Norbeck Park.

A group of Club members will soon head to a Washington Nationals vs. San Diego Padres baseball game. For details about this trip, call Pat Leanza at (301-598-4569).

## Ready to Join?

The Club's membership is ready and waiting to receive dues and get you signed up. Send a check for \$5 per member, payable to Baby Boomer Club, to Susan Landesberg at (3503 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

Include your address and phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who does.

Adding the Baby Boomer group email address (bbclw@

googlegroups.com) to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder. The Club keeps its emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

The Club's website is available at (<https://sites.google.com/site/bbclwmd>) and includes a calendar with walk information.

## Friday Hikes with Joyce

Anyone is welcome to join the walks led by Joyce Richardson on Fridays. Most walk about three miles, but some walk halfway and return. To carpool to the trail, contact Joyce at (301-598-7098) or (777cheekie333@gmail.com) by Thursday night.

- April 26 – Berma Road (Potomac) Meet in the parking lot across from Old Angler's Inn at 1:15 p.m. Bring water. Drive through the Norbeck Gate and make a left onto Norbeck Road. Norbeck Road becomes First Street for a short distance, and then becomes Wootton Parkway. Follow Wootton Parkway to Falls Road, and turn left onto Falls Road. Falls Road becomes MacArthur Boulevard. Continue onto MacArthur Boulevard until you see The Old Angler's Inn on the left. The Berma Road parking lot is on the right.
- May 3 – Crescent Trail (Bethesda). Meet in the Bethesda swimming pool parking lot at 10:15 a.m. Bring water and a lunch. Drive through the Connecticut Gate and continue on Connecticut Avenue for about 8.7 miles. Turn right onto Bradley Lane and drive for 1.1 miles. Turn left onto Hillandale Road and drive for 0.4 miles. The outdoor swimming pool is on the right.

## Sunday Walkers

Join a group of walkers that meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. Afterward, join the walkers for breakfast. For more information, email Ted Michos at (Tedmichos@gmail.com).

## Weeknight Walks

For a shorter walk (about one mile) around the Broadwalk in Montgomery Mutual, meet on weeknights at 7:15 p.m. in the lobby of Clubhouse I. No announcement is made; just look for a group forming and introduce yourself.

## AVA Walks

The American Volkssport Association (AVA) holds events

and provides guides to local walks of interest. More information about AVA walks is available on the Club's website at (<https://sites.google.com/site/bbclwmd>). Click on Walks, below the events calendar.



A group of walkers meet along a row of cherry trees in Mutual 10 on April 7. Photo by Ted Michos

## ■ Comedy and Humor Club

# Club Focuses on Link Between Laughter and Endorphins

by Al Karr

The Comedy and Humor Club seeks to produce and enjoy the fruits of humor, embodied in the saying, "laughter is the best medicine."

Laughter produces endorphins in the brain, which induce a happy feeling. Endorphins have a number of physiological functions. Among other things, they reduce pain by activating the body's opiate receptors, causing an analgesic effect.

With or without knowing it, that's what Club members are doing by sharing jokes and friendly jibes every Tuesday at 1:30 p.m. in Clubhouse II. These meetings are supplemented with videos of past TV comedy classics, presented on the last Tuesday of the month by Club president Sam Hack.

David DiSalvo, science writer and book author, has written about happy brains on his internet website and blog, and for numerous publications. He suggests, "laughter induces euphoria not unlike a narcotic."

At a recent Club meeting, laughter stimulators included Herb Hodes, Wally Becker, Bernie Petlan, Skip Schoening, Rudy Volin, Chris Sinclair, Sam Hack and Al Karr. Here are examples of their jokes:

- Herb Hodes – A jumper cable walks into a bar, and the bartender warns, "Don't start anything."
- Bernie Petlan – Winston Churchill got an invitation to a play's opening night with a note: "Bring a friend, if you have one." He replied, "I'll come the second night, if there is one."

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## DAY TRIPS

### Wolf Sanctuary, PA

Thu., 4/25, 7:15 am-5:45 pm .....\$99.00 per person  
Enjoy this outdoor guided tour that will introduce you to wolves. This is a more relaxed walk over natural grass, stones and dirt. Please wear good walking shoes. Lunch at Good 'N Plenty, admission and tour, and transportation included. \*Not recommended for guests with limited mobility.

### Springfest in Ocean City, MD

Sat., 5/4, 7:45 am-9:15 pm .....\$60.00 per person  
Transportation only to inlet. Explore the arts and crafts. Listen to the entertainment and enjoy delicious food.

### Getaway to Gettysburg, PA

Sat., 5/4, 8:00 am-7:00 pm .....\$115.00 per person  
Explore the Gettysburg Visitor Center and cyclorama, the Shriver House and lunch at Farnsworth House.

### Guinness Brewery Tour, Baltimore, MD

Thu., 5/9, 11:30 am-7:15 pm .....\$89.00 per person  
Open Gate Brewery & Barrel House is the first Guinness brewery on American soil since 1954, and serves as a world-class visitor center. Tour the brewery and learn about the storied history of Guinness and ask questions about the brewery and beers on tap. Afterwards, enjoy a tasting of Guinness products. Prior to the tour enjoy lunch at Ram's Head Tavern in Savage Mill.

### \*Back by popular demand\* Grounds for Sculpture, Hamilton, NJ

Tues., 5/14, 7:45 am-7:45 pm .....\$135.00 per person  
See art and nature at play in the Grounds for Sculpture! Trip includes transportation, admission and lunch at Rat's Restaurant.

### Heroes & Legends, PA

Thu., 5/16, 7:50 am-6:05 pm .....\$95.00 per person  
Visit the Quecreek Mine rescue site museum – guided tour. Lunch at Oakhurst Grill is included as well. End the day at the Flight 93 National Memorial in Shanksville, PA.

### Go Safari at Lake Tobias Park, PA

Thu., 5/30, 7:15 am-5:30 pm .....\$87.00 per person  
Guide will share knowledge about various species and their habitats. Transportation, admission and snack included. Trip is not recommended for guests in wheelchairs or with limited mobility.

### Top of Philly, PA

Sat., 6/1, 7:00 am-8:45 pm .....\$125.00 per person  
Includes Liberty Observation Deck, National Constitution Center and lunch.

### Longwood Gardens, PA

Sun., 6/2, 7:15 am-6:00 pm .....\$79.00 per person  
Trip includes admission to the gardens and transportation. Café on site for lunch on own.

### Ellis Island & Statue of Liberty, NY

Sat., 6/8 7:15 am-11:00 pm .....\$113.00 per adult  
.....\$99.00 per child  
Trip includes transportation, ferry tickets to Ellis and Liberty Island and a \$10 Cracker Barrel Gift Card

### Tea Time and Meadowbrook Gourds, PA

Thu., 6/13, 8:15 am-5:45 pm .....\$94.00 per person  
Trip includes transportation, luncheon tea and a guided tour of Meadowbrook Gourds

### Made in America Factory Tour, PA

Thu., 6/20, 7:30 am-7:15 pm .....\$79.00 per person  
Closed toe shoes required.\* Trip includes transportation, boxed lunch at Brown's Orchard & Farm, Harley Davidson and Utz Factory tours.

### "Hello Dolly" starring Betty Buckley, DC

Sat., 6/22 11:30 am-6:00 pm .....\$159.00 per person  
Enjoy this classic at the Kennedy Center! Trip includes transportation, ticket to show and bus snack.

### "The Story of Jesus", Sight & Sound Theatre, PA

Sat., 6/22, 9:45 am-9:15 pm .....\$159.00 per person  
"The Story of Jesus" is the musical stage adventure about the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

### Annapolis State House and Severn River Cruise

Fri., 6/28, 8:00 am-4:15 pm .....\$118.00 per person  
House tour of the State House. Step-on guided tour of Annapolis and a boxed lunch while cruising the Severn River included.

### National Harbor, MD

Fri., 7/19, 9:00 am-4:40 pm .....\$45.00 per person  
You choose where you want to spend the day: Tanger Outlets, MGM Casino or the Harbor! Transportation only.

## Spotlight On...

### Queens of Egypt Exhibit, National Geographic Museum, D.C.

Mon., 7/8, 9:05 am-2:50 pm .....\$60.00 per person  
This exhibition takes you back 3,500 years, to ancient Egypt. Learn about legendary queens: Nefertari, Nefertiti, Hatshepsut, and Cleopatra VII; see statues, jewelry, and sarcophagi; and take a 3-D tour of one of the most well-preserved tombs in the Valley of the Queens. Lunch on own at the on-site cafeteria. Trip includes transportation and admission.

## MULTI-DAY TRIPS

Wildwood, NJ  
June 2-5

Journey Around Lake Michigan  
July 13-21 (fly/drive)

Ark Encounter, KY  
July 14-17

Pigeon Forge, TN  
Aug. 25-29 \*new shows and stops

Castles of NY-1000 Islands  
Aug. 26-29

Mackinac Island, MI  
Sept. 2-8

Finger Lakes, NY  
Sept. 22-25

Hudson Valley, NY  
Sept. 25-27

The Colors and Cathedrals of French Canada  
Sept. 27-Oct. 4 (fly/drive)

Niagara Falls Canada  
Sept. 16-19

Albuquerque Balloon Fiesta  
Oct. 4-9 (fly/drive)

The Wright Experience at Fallingwater, PA  
Oct. 22-24

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# Clubs, Groups & Organizations In Brief

**Amateur Radio Club:** Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

**Book Club Network:** The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

**Boston Group:** If you have not yet attended a meeting and are a Bostonian, please let us hear from you. Members arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189) and leave a message.

**Clipper Workshop:** Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

**Computer Learning Center:** Located in Clubhouse II, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit ([www.computerctr.org](http://www.computerctr.org)) or contact the E&R office in Clubhouse II at (301-598-1320).

**Enriched Encounter Group:** This is a non-political conversational group that meets on the second and fourth Friday of the month at Clubhouse II at 10:30 a.m. The group discusses all subjects with the exception of politics. Previous topics have included: What is your favorite activity? and How can Leisure World be improved? Meetings have been very exciting and stimulating. For questions or additional information, call Wally Becker at (301-288-4276).

**Hispanos de Leisure World:** All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota “Loty” Goldenberg at (301-598-6869).

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is April 26. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel’s mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

**The Lapidary Shop:** Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop’s equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

**Model Railroad Club:** If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

**Musical Jammers:** We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the

second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we’ll sing it. Questions? Call Richard Lederman at (301-598-1132).

**New Yorkers and Friends Group:** Join fellow New Yorkers and Friends on the second Thursday of each month at 10:30 a.m. in Clubhouse I. The Group offers opportunities to support outreach projects and to engage in a wide range of social activities. The Group’s motto is “New Yorkers & Friends Can Make a Difference!” The Group welcomes anyone who has had affiliations with New York (both city or state), or who just likes New Yorkers. For more information, contact Connie at (301-438-2667).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to ([www.nextdoor.com/join](http://www.nextdoor.com/join)) and enter the code QHMXCF.

**The Philadelphians:** For information about the group and its activities, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

**The Pittsburghers:** If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

**Quilting Group:** Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is April 25.

**Stitchers Group:** Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology “The O. Henry Prize Stories 2018,” which contains 20 award-winning stories by various authors. On Wednesday, May 1, Alisa Samber will lead a discussion of “More or Less Like a Man” by Michael Powers. On Wednesday, May 15, Beth Leanza will lead a discussion of “The Earth, Thy Great Exchequer, Ready Lies” by Jo Lloyd. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

**Stamp and Coin Club:** Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for “show-and-tell,” and we hold an auction of members’ stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

**Town Meeting Organization:** TMO is the Leisure World resident movement of those concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. Town halls are held to inform and involve the community about the issues affecting all residents. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information, email ([admin@townmeetingorganization.com](mailto:admin@townmeetingorganization.com)) or visit ([www.townmeetingorganization.com](http://www.townmeetingorganization.com)).

**Wood Shop Users Group:** The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

**Women in the Military:** Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women’s Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

**Women’s Fun Bunch of Leisure World:** The Women’s Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquires, call Marlene at (301-438-7773).



# Leisure World Club Trips

The next deadline for trip submissions is **Monday, April 22**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to [lwnews@lwmc.com](mailto:lwnews@lwmc.com).

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

May  
7

## Edmonson Sisters Statue Alexandria, VA

The **Edmonson Historical Society** is sponsoring a trip to visit the Edmonson Sisters statue in Alexandria, Virginia, on Tuesday, May 7. The cost is \$40 per person and tickets may be purchased from E&R in Clubhouse I from Tuesday, April 9 to Friday, May 3, checks only, payable to Edmonson Historical Society.

The trip includes a tour of the Alexandria Black History Museum, as well as the Freedom House Museum, with a two-hour break for lunch or shopping. Lunch at the waterfront is on your own (brown bag or restaurant). Some nearby Old Town Restaurants include Blackwall Hitch, Chart House, Vola's Dockside Grill, Fish Market, Il Porte Ristorante, Landini Brothers, Mia's Italian Kitchen, Urbano, The Wharf, Daniel O'Connell's Irish Restaurant and Virtue Feed & Grain. Making a reservation in advance for 12:15 p.m. is strongly recommended.

The bus departs from Clubhouse II at 9 a.m. and returns at approximately 4 p.m. This trip is open to all Leisure World residents as well as to Riderwood residents and members of The People's Community Baptist Church. For more information, call Juanita at (301-822-4531).

May  
15

## American Music Theatre Lancaster, PA

Join the **Going It Alone Club** to see the 2019 AMT show, "Ovation – An AMT Pop Orchestra Experience." The show features tributes to such music greats as Rosemary Clooney, Tony Bennett, Frank Sinatra, Ella Fitzgerald and other pop artists. The trip also includes lunch at Bird-in-Hand Restaurant.

The bus departs Clubhouse II at 9 a.m. and returns at approximately 8 p.m.

The cost is \$85 for members, \$93 non-members, and includes lunch, show, tax and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

May  
15-16

## Dover Downs Hotel and Casino Dover, DE

Return to Dover Downs with **NA'AMAT RBZ Club** on this popular trip with its overnight stay in Dover, Delaware.

The cost is \$120 per person, double occupancy; \$170 single occupancy. The package includes round trip transportation, beautiful hotel accommodations, breakfast buffet, plus \$50 play money. As a special treat, this trip also includes a tribute show to Cher. So please make your reservations early.

The bus leaves Clubhouse II at 10:30 a.m. on Wednesday, May 15 and returns at approximately 2:30 p.m. on Thursday, May 16. Send your check(s), payable to NA'AMAT, to Trudy Stone at (15101 Interlachen Dr., #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming. If you have any special needs, indicate what they are with your check. Questions? Call Trudy at (301-438-0016).

July

16-18

## Casino on the Boardwalk Atlantic City, NJ

Join the **Going It Alone Club** on a trip to Atlantic City, New Jersey. Enjoy two nights, with two breakfasts and one dinner, plus a casino bonus.

The bus departs from Clubhouse II at 8 a.m. on Tuesday, July 16, returning on Thursday, July 18, after breakfast.

The cost is \$250 for members, \$258 for non-members, double occupancy (add \$99 for single occupancy). A deposit of \$75 is due at sign up with the balance due by Saturday, May 18; no refund will be issued after this date unless a replacement is made. Travel insurance is available.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Sept.

16-20

## Pigeon Forge and Smoky Mountains Shows, TN

All residents are invited to come with the **Going It Alone Club** on a five-day, four-night trip to Pigeon Forge and the Great Smoky Mountains of Tennessee.

The trip includes four breakfasts and four dinners, entrance to the Titanic Museum, five shows, free time in historic downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

The bus departs Clubhouse II at 8 a.m. on Monday, Sept. 16 and returns late afternoon on Friday, Sept. 20.

The cost for double occupancy is \$480 per person for Club members; \$488 for non-members; and \$149 additional for single occupancy. A \$200 deposit is due upon sign-up, with the final payment due by Tuesday, July 9.

Travel insurance is available. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 15, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

### Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.



# SPORTS, GAMES & *Scoreboards*

## ■ Tennis Club

### May 6: ‘Hit Arounds’ Program Begins

by Alfonso Holston

A new Monday evening program called “Hit Arounds” begins on Monday, May 6, and runs from 5:30-7 p.m. at the tennis courts. The hit around will give players, especially those who work during the day, a time to practice their strokes without the pressure of scoring a point.

Participants are asked to arrive any time between 5:30-6:30 p.m. and may stay as long as they like. The program is free, and reservations are not required.

#### Club News

Court times and reservations for all other events will be posted in the cabinet outside of the courts. To make reservations, call Sue Sandler at (240-242-3742). Keep in mind that all four tennis

courts may be used by the Pickleball Club when there is a special event.

All residents are invited to come out for round robin play on Tuesdays and Fridays from 9:30-11 a.m. Advanced play is on Sundays, Wednesdays and Thursdays from 9:30-11 a.m.



Photo by Leisure World News

#### First Meeting

The Tennis Club held its first meeting of the 2019 season on April 4. The evening began with a happy hour. Members conversed with each other and enjoyed good food and music.

Preceding the meeting was a talk from Dr. Warren Ferris, a rheumatologist at MedStar Health medical center in Leisure World. Ferris gave advice about warming up the body before playing tennis, and demonstrated some exercises.

## ■ Golf Club

Compiled by Rita Molyneaux

April 3, 2019

### Men’s Opening Day ABCD

1. Bob Kent, Jules Goldstein, Sperry Storm, Sam Choi, 122
2. Jerry Clark, Joe Powell, Joe Genovese, 124
3. Kevin McMahon, Clifton West, Joe Crocetta, Bob Rauner, 125



A golfer putts on the green. Photo by Leisure World News

## ■ 10-Pin Bowling League

### Wild Things Maintain Winning Streak

by Rita Mastrorocco

The league is based on handicaps with averages for the bowlers ranging from 80 to 175. If you have not bowled in years, come out and join the fun.

The top league standings as of April 5 are: Wild Things in first place; Half and Half in second place; and Huggers in third place.



#### Top scores for the week of March 29 are:

- Scratch Game – Huggers, 692 pins
- Scratch Series – Huggers, 1,846 pins
- Handicap Game – Huggers, 953 pins

Handicap Series – Winners, 2,676 pins

High Average Men – Steve Mueller, 175 pins

Scratch Game Men – Steve Mueller, 221 pins

Scratch Series Men – Steve Mueller, 561 pins

Handicap Game Men – Steve Mueller, 262 pins

Handicap Series Men – Bill Garrett, 727 pins

High Average Women – Chris Porter, 168 pins

Scratch Game Women – Chris Porter, 206 pins

Scratch Series Women – Chris Porter, 559 pins

Handicap Game Women – Barbara Raney, 260 pins

Handicap Series Women – Chris Porter, 700 pins

#### Top scores for the week of April 5 are:

Scratch Game – Wild Things, 647 pins

Scratch Series – Wild Things, 1,895 pins

Handicap Game – Pin Busters, 957 pins

Handicap Series – Gutter-snipes, 2,663 pins

High Average Men – Steve Mueller, 175 pins

Scratch Game Men – Chuck Martinez, 213 pins

Scratch Series Men – Chuck Martinez, 569 pins

Handicap Game Men – Chuck Martinez, 269 pins

Handicap Series Men – Jerry Oslick, 746 pins

High Average Women – Chris Porter, 168 pins

Scratch Game Women – Kazue Waller, 191 pins

Scratch Series Women – Chris Porter, 527 pins

Handicap Game Women – Kazue Waller, 263 pins

Handicap Series Women – Kazue Waller, 703 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday with practice beginning at 9:20 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg.

The cost for three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is \$11.

If interested in joining, call Rita at (301-814-9196).



**Tuesday and Friday Duplicate Bridge**

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each less than 1,000 master points. Flight C includes only ACBL member pairs, each less than 500 master points.

Duplicate games are played on Tuesdays and Fridays at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com). Results also appear on (cuebid.com).

Players who need a partner for either the Tuesday or Friday game should call Shirley Light at (301-598-6611) at least 24 hours in advance.

Tuesday, March 26, 2019

North-South  
Flight A

1. Jerry Miller – Gerald Lerner
2. Palma Seeger – Sue Swift
3. Diane Keiper – Marshall Kramer
4. Marlys Moholt – Hanna Schepps

East-West  
Flight A

1. Doug Brasse – Merrill Stern
2. Howard Brewer – Joe Boland
3. (tie) Karleen Heller – Rae Newman  
(tie) Abigail Murton – Dora Levin

Flight B

1. Palma Seeger – Sue Swift

Friday, March 29, 2019

North-South  
Flight A

1. Stephan Billstein – Jim Cowie
2. Aaron Navarro – Judith Perrier

East-West  
Flight A

1. LeAnna Gipson – Judy Tankersley
2. Mildred Lieder – Howard Brewer

Tuesday, April 2, 2019

North-South  
Flight A

1. Alan Ferraro – Liz Ferraro
2. Rosmarie Sutor – Maida Crocicchia
3. Sym Gallucci – Raymond Gallucci
4. Stephan Billstein – Angela Riani

East-West  
Flight A

1. Jerry Miller – Marlys Moholt
2. Hanna Schepps – Lynn Boardman
3. Dora Levin – Merrill Stern
4. Patti Anschutz – Allen Shaw

Flight B

3. Stephan Billstein – Angela Riani

Flight B

1. Helen Solomon – Rae Newman

Flight C

1. Stephan Billstein – Angela Riani

Friday, April 5, 2019

North-South  
Flight A

1. Diane Keiper – Nadyne Cheary
2. Allen Shaw – Lorraine Hegel
3. Aaron Navarro – Marlys Moholt

East-West  
Flight A

1. Murat Berk – Saul Penn
2. (tie) Norman Salenger – Shirley Light  
(tie) Sid Lotlikar – Michael Benefiel

Flight B

1. Stephan Billstein – Jim Cowie

Flight B

1. Sid Lotlikar – Michael Benefiel

**Wednesday Night Chicago Bridge**

Compiled by Abigail Murton

March 27, 2019

1. Joyce and Dick Riseberg, 4,890
2. Abigail Murton and Doug Brasse, 4,260
3. Dottie Hurley and Dottie Donnelly, 3,930

April 3, 2019

No game played.

**Thursday Afternoon Ladies Bridge**

Compiled by Jackie Harrell

March 28, 2019

1. Mary Lee Amato, 3,920
2. JoAnn Gellman, 3,190
3. Judy Lindley, 3,150

April 4, 2019

1. Marion Klein, 3,120
2. Vicky Shaz, 2,950
3. Helen Montanaro, 2,400

**Friday Bridge**

Compiled by Shirley Rosenhaft

March 22, 2019

1. Janet Danziger, 3,970
2. Sunny Levin, 3,530
3. Shirley Rosenhaft, 3,230
4. Bob Stromberg, 2,910

March 29, 2019

1. Mort Faber, 3,950
2. Shirley Griffin, 3,620
3. Sunny Levin, 2,820
4. Sue Unger, 2,740

Free Round of Golf  
for New Players

Never played golf at Leisure World, but want to try out the course?

Residents can have their greens fee waived for one round of golf by calling or stopping by the Pro Shop and mentioning the names of Golf and Greens Advisory Committee Chair Brenda Curtis-Heiken or Golf Club president Doug Brasse.

This one-time-only offer only applies to residents who have never played on the golf course before and expires on Sunday, June 30.

For more information or to schedule a tee time, contact the Pro Shop at (301-598-1570).

– Leisure World News



The landscaped “LW Golf” sign is freshly mulched. Photo by Richard Rosenthal

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# No Embargo Against Chess

by Bernie Ascher

Cuba may become a more popular destination for American tourists. After all, the U.S. supported Cuba's drive for independence from Spain in 1898 – how ironic that the two countries are not on better terms now.

Problems arose following Fidel Castro's revolution in 1959, which turned Cuba into a communist country with strong ties to Russia. The U.S. imposed trade and travel sanctions on Cuba, cutting off direct air transportation, mail and telecommunications between the two countries.

Even with these restrictions, Americans continued to visit Cuba illegally. The U.S. estimated 20-30,000 per year. Cuba estimated 60,000. Nevertheless, U.S. restrictions drastically reduced tourism to Cuba. American tourists had provided

90 percent of Cuba's tourists prior to the sanctions, according to Cuba's Tourism Ministry. Although eased, restrictions remain in effect today. Removal requires an act of Congress.

To send pictures from Cuba to the U.S., NBC News had to transmit the pictures from Havana to Prague by Russian satellite, then to Frankfurt for transmission to New York by American satellite, a 6,000-mile journey from a country only 90 miles off the U.S. coast.

U.S. mail had to go through third countries, such as Panama, Mexico and Canada. Delays were common. Cubans had to go through other countries to visit relatives in the U.S. U.S. carriers could not make direct phone calls to Cuba and had to use a non-U.S. carrier for the final connection.

After five decades, President Barack Obama eased the sanctions in December 2014,

announcing that the U.S. and Cuba would begin a process to normalize relations between the two countries.

Thus, in February 2015, the U.S. and Cuba reached an agreement to exchange international, long-distance telephone traffic and later, agreed on regularly scheduled air passenger and cargo service and direct mail between the two countries.

In August 2015, Secretary of State John Kerry presided at a ceremony raising the U.S. flag and reopening the U.S. embassy in Havana, and in March 2016, Obama became the first U.S. President to visit Cuba since 1928.

The situation changed again in September 2017, when mysterious, invisible attacks harmed U.S. government personnel in Havana. The U.S. reduced personnel at the embassy by 60 percent, imposed new travel



restrictions, placing more than 180 military-run hotels and restaurants "off limits" to Americans, and issued a travel warning urging all Americans to stay away from Cuba.

Americans may be curious to see how 11 million people live in a nearby communist country on an average monthly salary of \$30. The closeness of the island, the music, the weather, the rum, the cigars and the 1950s autos should attract many Americans.

In recent years, millions of Americans already have visited other communist countries, including Russia and China.

About 600,000 Americans visited Cuba each year in 2017 and 2018, up from 300,000 in 2016, according to reports from the Cuban Tourism Ministry. Most arrived on cruise ships. A recent study reported in the Miami Herald expects two million American visitors by 2025.

There are no restrictions on chess in Cuba. In fact, chess classes are compulsory in Cuban schools, from elementary to high school. The Chess Club at Leisure World knows no restrictions either.

In the game pictured on this page, Black's Bishop is threatening White's Queen. What is White's best move?

The solution follows the usual message that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free. For information, call Bernie Ascher at (301-598-8577).

**SOLUTION:** White's Queen moves to g6. Checkmate!

So, do not wait for removal of sanctions. Do not wait for a cruise ship. Do not wait for a revolution. Play chess now!

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# Sports, Games & Scoreboards In Brief

**Bid Whist:** Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-Purpose Room. Questions: Call Jessie at (314-374-4501).

## Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). Results are also posted on (cuebid.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

**Chess:** Free chess lessons for beginners and "rusty" players on Monday from noon-1 p.m., or by appointment. Call Steve Harvith at (301-801-4693) for information. The Chess Club meets every Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II.

**Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

**Mah-jongg:** Learn how to play mah-jongg. Call (301-598-3438).

**Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

**Ping-Pong Club:** Get healthy exercise and camaraderie playing ping-pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email her at (julie12401@netscape.net).

**Pinochle Players:** Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

## Poker:

• **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

**Thursday Night Poker** meets 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

**Volleyball for Everyone.** If you are a resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Mondays and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).



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# CLASSES & *Seminars*

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

**\*\*\*Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

## EDUCATION

### Understanding Yourself and Others through Process Communication, a CLL

**course:** Do the responses of your significant other baffle you? Why doesn't your daughter appreciate your advice? Does your cousin realize her criticisms hurt your feelings? If your grandson would only do his homework in an organized way, he could do it in half the time. Why is it so hard to get alone time?

If any of these are familiar thoughts and feelings to you, consider joining this class. By learning the simple Process Communication Model, you will be better able to understand not only others in your life but will also get to know yourself better.

After becoming familiar with the six personality types identified in the Process Communication Model, you will be able to communicate more effectively with friends, significant others, grandchildren and others with whom you come in contact.

During the class sessions, the six personality types will be demonstrated and described through cartoons, theatrics and lecture. Participants will learn the needs and communication styles of each type and practice communication skills in a fun and non-threatening way using realistic scenarios. The class will be a combination of lecture, demonstration and discussion.

This course is led by Dianne Bradley, a certified trainer in

the Process Communication Model and co-author of two books and several journal articles on this topic. Class meets Thursdays, May 2-May 16, 10-11:15 a.m. **Fee: \$15. Register at Clubhouse I.**

*For more information about the Center for Lifelong Learning (CLL) and its instructors, visit ([www.cllmd.com](http://www.cllmd.com)).*

## MUSIC EDUCATION

**NEW – The Most Stunningly Beautiful Music Ever Written and How to Listen to It:** Journeys and Experiences of the Musical Mind continue! Are you ready to experience music in a new way? Did you know that the human mind is, above all, designed to *experience* music? The overwhelming scientific evidence tells us that listening, playing, and experiencing music is one of the greatest things we can do for our mental and physical health. Simply experiencing beautiful music can improve our physical and mental condition and our emotional life, and is the single greatest agent to fight loneliness and depression.

Dr. Harry N. Dunstan, the ever-engaging and entertaining raconteur and music historian, will guide you through the most stunningly beautiful musical masterpieces in Western Civilization. You'll learn how to fully appreciate and apprehend the great musical works from each of the six major epochs of music

history: Medieval, Renaissance, Baroque, Classical, Romantic and the 20th and 21st centuries.

And even if you think you've never liked classical music, you'll *love* this class! With your new listening skills, you'll discover new worlds of stunning sonic beauty that are waiting just for you!

Class meets Fridays, May 17-June 21, 11 a.m.-noon. **Fee: \$50. Register at Clubhouse I.**

## EXERCISE

### NEW – Chair Yoga with Robin (with a little Tai Chi):

Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, May 15-July 10 (no class July 3), 2-3 p.m. **Fee: \$110. Register at Clubhouse II.**

**NEW – Beginner and Advanced Tai Chi:** A must for seniors! Tai Chi builds strength in muscles and bones, promotes a healthy heart and is fun and easy to do. It improves endurance, flexibility, breathing and circulation.

The class begins with 30 minutes of stretching and muscle strengthening exercises that promote greater agility, better posture and strengthened muscles. This is followed by meditation for 10 minutes and tai chi for 20 minutes. Tai chi is the best way to improve balance and coordination, thereby decreasing

the risk of falling and fractures.

Class meets Tuesdays and Thursdays, April 30-July 25 (no class July 2 or July 4), 9:30-10:30 a.m. The instructor is Steve McCleary.

For more information, call Maureen McCleary at (301-598-1145). **Fee: \$45 for one day per week; \$75 for both days. Register at Clubhouse II.**

**Ba Duan:** This is the world's oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

**Limited enrollment.** Class meets Mondays, May 13-July 15, 4-5 p.m. **Fee: \$20. Register at Clubhouse II.**

**Gentle Yoga – Wednesdays and Saturdays with Marilyn:** Yoga is a holistic system that combines movement, posture, breathing and relaxation techniques to improve overall health and well-being – physically, mentally and spiritually. A consistent yoga practice has been shown to increase mobility, strength and flexibility, and to provide skills to cultivate a peaceful mind in the face of life's stresses and challenges.

This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class.

Class meets Wednesdays, May 8-July 10 and/or Saturdays, May 4-July 6, 9-10:15 a.m. **Fee: \$84, one day per week; \$145, two days per week. Register at Clubhouse I.**

**Mild Exercise with Shirley:** All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, April 23-May 28, and Wednesdays, April 24-May 29, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$38, one day per week;**



**\$63 for both days. Register at Clubhouse II.**

**Senior Sneakers:** Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow, low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), April 22-May 27, and Thursdays (with Sue), April 25-May 30, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**Zumba Gold with Denny – Mondays, Wednesdays or Fridays:** This program is designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and

Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, April 29-June 17, 10:30-11:30 a.m.; Wednesdays, May 1-June 19, 10-11 a.m.; or Fridays, May 3-June 21, 1-2 p.m. **Fee: \$55 for one day; \$100 for two days; \$150 for three days. Register at Clubhouse II.**

## WATER EXERCISE

**Water Exercise with Nancy:** Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, April 23-May 28, and Thursdays, April 25-May 30, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**Non-impact Fusion Water**

**Exercise with Beth:** This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, April 23-May 28, and Thursdays, April 25-May 30, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**Aqua Fit with Shirley:** This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, April 24-May 29, from 1-2 p.m. **Fee: \$38, one day per week; \$63, when taken with one day of another water class. Register at Clubhouse II.**



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# ALZHEIMER'S DISEASE AND DEMENTIA CARE CONSULTATIONS

*One-on-one assistance from Diane Vance, programs and services manager of the Alzheimer's Association National Capital Area Chapter*

## 2<sup>ND</sup> WEDNESDAY OF EACH MONTH COMPLIMENTARY 50-MINUTE SESSIONS

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This service is designed to help caregivers — as well as those who are newly diagnosed — cope with the impact of Alzheimer's and other forms of dementia, enabling participants to better understand the disease, manage care and make informed decisions regarding services and treatments. Consultant Diane Vance can assess current needs, help develop a care plan, address behavioral and communication concerns, share coping techniques, discuss care options, provide resources and more. Care consultations may be scheduled at any time during the dementia journey.

To schedule your appointment, contact Toni Davis  
at 301-388-7209 or [tdavis@bgf.org](mailto:tdavis@bgf.org).



  
**BROOKE GROVE**  
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# SON OF DAVID CONGREGATION PRESENTS:

## FAITH AFTER AUSCHWITZ: BELIEVING IN A GOOD G-D AFTER THE HOLOCAUST

***Dr. Michael Rydelnik***



Dr. Rydelnik is Professor of Jewish Studies and Bible at Moody Bible Institute. The son of Holocaust survivors, he was raised in an observant Jewish home in Brooklyn, New York.

Michael trusted in Yeshua (Jesus) the Messiah in high school and began teaching the Bible almost immediately. He graduated from Moody Bible Institute, Azusa Pacific University, Dallas Theological Seminary, and Trinity Evangelical Divinity School, where his doctoral research focused on the messianic hope of the Hebrew Bible.

This event is free and open to the public. There will be a time for questions and answers at the end of the seminar as well as a book table with Dr. Rydelnik's recent literature for purchase. There will also be light refreshments served.

May 2, 2019  
7:30 p.m.  
Crystal Ballroom

For questions, please call: (240) 342-2403



# CALENDAR *of Events*

**Dial 301-598-1313  
for recorded Daily Events**

**Friday, April 19**

**Clubhouse I**

10:00 a.m. Book Club Network: Bookies  
10:00 a.m. Book Club Network: Searchers  
12:15 p.m. Kiwanis Club  
1:30 p.m. Watercolor Any Level Art Class  
3:00 p.m. Hispanos de LW: Bingo  
7:00 p.m. Friday Duplicate Bridge  
7:00 p.m. Democratic Club: Election Debate

**Clubhouse II**

1:00 p.m. Ping-Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
4:00 p.m. Pickleball Club

**Saturday, April 20**

**Clubhouse I**

10:00 a.m. Open Art Studio  
1:30 p.m. Fun and Fancy Theatre Group: Stage Presence Class

**Clubhouse II**

9:15 a.m. JRLW Service  
11:00 a.m. Pickleball Club  
12:00 p.m. LW LGBTQ Alliance: Potluck Dinner and speaker  
2:00 p.m. Going It Alone Club: Social

**Sunday, April 21**

**Clubhouse I**

No Scheduled Activities.

**Clubhouse II**

11:00 a.m. Pickleball Club

**Monday, April 22**

**Clubhouse I**

9:15 a.m. Stretch, Tone and Strength Training Class  
10:30 a.m. Beginner Stretch, Tone and Balance Class  
1:00 p.m. Oils and Acrylics Art Class  
1:30 p.m. Leisure World Chorale  
1:30 p.m. Book Club Network: Fall Readers

7:00 p.m. Bingo

**Clubhouse II**

9:00 a.m. Senior Sneakers Class  
12:30 p.m. Men's Bridge  
1:00 p.m. Chess Club  
1:30 p.m. Computer Learning Center: Android Help  
2:00 p.m. Line Dance Class  
3:00 p.m. Ping-Pong Club  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Class  
5:30 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club Operating Session

**Tuesday, April 23**

**Clubhouse I**

9:30 a.m. Any Medium Art Class  
10:00 a.m. CLL Course: Advanced Conversational Spanish  
11:00 a.m. Arts in Motion – Quarterly Meeting

1:00 p.m. CLL Course: Intermediate

Conversational Spanish

2:00 p.m. Book Club Network:

Suspensers

5:00 p.m. Lawn Bowls Club

7:00 p.m. Trivia Club

7:00 p.m. Duplicate Bridge

**Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Club

11:00 a.m. Mild Exercise Class

12:30 p.m. Pickleball Club

12:30 p.m. Scrabble Group

1:30 p.m. Comedy and Humor Club

2:30 p.m. Unitarian Universalists:

speaker Dr. Myrna Teck

4:00 p.m. Pickleball Club

7:00 p.m. Camera Club

7:00 p.m. Gilbert and Sullivan

Society auditions

**Wednesday, April 24**

**Clubhouse I**

10:00 a.m. Applied Principles-Any Medium Art Class

1:00 p.m. Oils, Acrylics and

Miniatures Art Class

2:00 p.m. Leisure World Green:

speaker Amy Maron on Zero Waste

6:45 p.m. Chicago Bridge

6:00 p.m. JRLW Seder

7:00 p.m. Hadassah book discussion: “Brain Health As You Age”

**Clubhouse II**

11:00 a.m. Mild Exercise Class

1:00 p.m. Chess Club

1:00 p.m. LWAAAC movie: “Forks Over Knives”

1:00 p.m. Ping-Pong Club

1:00 p.m. Aqua Fit Class

2:00 p.m. Chair Yoga Class

5:30 p.m. Pickleball Club

5:30 p.m. Model Railroad Club Operating Session

7:00 p.m. Gilbert and Sullivan Society auditions

**Thursday, April 25**

**Clubhouse I**

9:15 a.m. Stretch, Tone and Strength Training Class

10:00 a.m. Painting is for Everyone Art Class

10:30 a.m. Beginner Stretch, Tone and Balance Class

10:30 a.m. ALL Course: Who Are Arab-Israelis?

12:30 p.m. Ladies' Bridge

1:00 p.m. Ladies' 18-Hole Golf Luncheon

1:00 p.m. Oils and Acrylics Art Class

1:00 p.m. LWAAAC Healthful Thursdays

2:00 p.m. CLL Course: Great Decisions in Foreign Policy

2:00 p.m. Health Advisory Committee: Cardiologist Dr. Reed Shnider on Atrial Fibrillation

## Leisure World Mutual Meetings

**April 22**

**Mutual 9 Board**

10:00 a.m., Sullivan Room

**Mutual 14 Annual**

3:00 p.m., Clubhouse I

**April 23**

**Mutual 13 Annual**

3:30 p.m., Clubhouse I

**April 24**

**Mutual 20B Board**

9:00 a.m., Community Room 4

**Montgomery Mutual Board**

9:30 a.m., Clubhouse I

**Mutual 19B Board**

1:00 p.m., Sullivan Room

**April 25**

**Mutual 10 Board**

9:30 a.m., Sullivan Room

**Mutual 20A Board**

9:30 a.m., Party Room 2

**Mutual 26 Board**

10:30 a.m., Party Room

**Mutual 24 Board**

1:30 a.m., Community Room

**Mutual 9 Annual**

3:00 p.m., Clubhouse I

**April 26**

**Mutual 17B Board**

10:00 a.m., Party Room

**April 29**

**Mutual 23 Board**

10:00 a.m., Party Room

**April 30**

**Mutual 17A Board**

2:00 p.m., Party Room

**Mutual 21 Board**

2:30 p.m., Community Room 3

**May 1**

**Mutual 8 Board**

10:00 a.m., Sullivan Room

**May 2**

**Mutual 22 Board**

4:00 p.m., Clubhouse I

**May 7**

**Mutual 18 Board**

1:30 p.m., Sullivan Room

**Mutual 6 Board**

2:00 p.m., Mutual

*Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.*

## Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

**Education and Recreation**

May 7, 9:30 a.m., Clubhouse I

**Emergency Preparedness**

May 2, 9:30 a.m., Clubhouse I

**Golf and Greens**

May 3, 9:30 a.m., Clubhouse I

**Technology**

May 7, 10:00 a.m., Sullivan Room

**Tennis and Pickleball**

May 1, 1:30 p.m., Sullivan Room

**LWCC Board of Directors**

April 30, 9:30 a.m., Clubhouse I

The meeting airs on May 6, 8 and 10 at 4 p.m. and 7 p.m. on channel 974.

**LWCC Executive Committee**

April 19, 9:30 a.m., Sullivan Room

The meeting airs on April 24, 25 and 26 at 4 p.m. and 7 p.m. on channel 974.

*Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.*

2:00 p.m. Memory Café

6:00 p.m. Lawn Bowls Club

6:00 p.m. LWAAAC Fun Night (members-only event)

**Clubhouse II**

9:00 a.m. Senior Sneakers Class

9:30 a.m. Beginner and Advanced Tai

Chi Class

9:30 a.m. Quilting Group

11:00 a.m. Water Exercise Class

11:30 a.m. Pickleball Club

12:30 p.m. Men's Bridge

1:00 p.m. E&R Movie: “Whitney”

1:00 p.m. Inter-Faith Missions

Committee: Yom HaShoah Holocaust Remembrance Program

2:00 p.m. Model Railroad Club Operating Session

2:00 p.m. Mind-Body Exercise Club

4:00 p.m. Tap Dancing in a Chair Class

4:00 p.m. Friends of India Association

**Friday, April 26**

**Clubhouse I**

10:00 a.m. Garden and Environmental Arbor Day Celebration



1:30 p.m. Watercolor Any Level Art Class  
 2:00 p.m. Cannabis 101 Club program: Cannabis Dosing and Journaling  
 3:00 p.m. Hispanos de LW: Bingo  
 7:00 p.m. Friday Duplicate Bridge  
**Clubhouse II**  
 10:00 a.m. Computer Learning Center class: Understanding Social Media Basics  
 10:00 a.m. Chinese Club  
 1:00 p.m. Ping-Pong Club  
 1:00 p.m. Chess Club  
 1:00 p.m. Friday Bridge  
 4:00 p.m. Pickleball Club

#### Saturday, April 27

**Clubhouse I**  
 9:00 a.m. Cannabis 101 Club  
 10:00 a.m. Open Art Studio  
 7:30 p.m. Ballroom Dance Club  
**Clubhouse II**  
 9:15 a.m. JRLW Yizkor Service  
 2:00 p.m. Going It Alone Club: Social  
 7:00 p.m. Sock Hop Group  
 7:30 p.m. E&R Event: Jazz Vocalist Susan Winter – “Rise Up Singing”

#### Sunday, April 28

**Clubhouse I**  
 2:00 p.m. LW LGBTQ Alliance Movie: “Gen Silent”  
**Clubhouse II**  
 10:30 a.m. Jewish Discussion Group: speaker Irv Elenberg  
 11:00 a.m. Pickleball Club  
 3:00 p.m. Camera Club: Photo Matinee

#### Monday, April 29

**Clubhouse I**  
 9:15 a.m. Stretch, Tone and Strength Training Class  
 10:30 a.m. Beginner Stretch, Tone and Balance Class  
 1:00 p.m. Oils and Acrylics Art Class  
 1:30 p.m. Leisure World Chorale  
 7:00 p.m. Bingo  
**Clubhouse II**  
 9:00 a.m. Senior Sneakers Class  
 10:30 a.m. Zumba Gold Class  
 11:00 a.m. Chair Yoga Class  
 12:30 p.m. Men’s Bridge  
 1:00 p.m. Chess Club  
 1:30 p.m. JRLW Movie: “The Last Suit”  
 1:30 p.m. Computer Learning Center: Android Help  
 2:00 p.m. Chair Yoga Class  
 2:00 p.m. Line Dance Class  
 3:00 p.m. Ping-Pong Club  
 3:00 p.m. Line Dance Class  
 4:00 p.m. Ba Duan Class  
 5:15 p.m. Pickleball Club  
 5:30 p.m. Model Railroad Club Operating Session

#### Tuesday, April 30

**Clubhouse I**  
 9:30 a.m. Any Medium Art Class  
 5:00 p.m. Lawn Bowls Club  
 7:00 p.m. Trivia Club  
 7:00 p.m. Duplicate Bridge  
**Clubhouse II**  
 9:30 a.m. Beginner and Advanced Tai Chi Class  
 10:00 a.m. LW Apple Club  
 11:00 a.m. Mild Exercise Class  
 11:00 a.m. Water Exercise Class  
 11:00 a.m. Pickleball Club  
 12:30 p.m. Scrabble Group

1:30 p.m. Comedy and Humor Club  
 4:00 p.m. Pickleball Club  
 7:00 p.m. E&R Event: Eric Abrahamson, Ragtime Pianist

#### Wednesday, May 1

**Clubhouse I**  
 9:00 a.m. Gentle Yoga  
 10:00 a.m. Applied Principles-Any Medium Art Class  
 11:00 a.m. Short Story Group  
 12:30 p.m. NA’AMAT RBZ Club  
 1:00 p.m. Oils, Acrylics and Miniatures Art Class  
 2:00 p.m. LWAAAC General Meeting  
 6:45 p.m. Chicago Bridge  
**Clubhouse II**  
 10:00 a.m. Zumba Gold Class  
 11:00 a.m. Mild Exercise Class  
 1:00 p.m. Chess Club  
 1:00 p.m. Ping-Pong Club  
 1:00 p.m. Aqua Fit Class  
 2:00 p.m. Chair Yoga Class  
 5:15 p.m. Pickleball Club  
 5:30 p.m. Model Railroad Club Operating Session  
 7:30 p.m. Fun and Fancy Theatre Group

#### Thursday, May 2

**Clubhouse I**  
 8:00 a.m. Interfaith Missions Committee for the Homeless and Working Poor: Baby Shower  
 9:15 a.m. Stretch, Tone and Strength Training Class  
 10:00 a.m. Painting is for Everyone Art Class  
 10:00 a.m. CLL course: Understanding Yourself and Others through Process Communication  
 10:30 a.m. Beginner Stretch, Tone and Balance Class

10:30 a.m. ALL Course: Who Are Arab-Israelis?  
 11:00 a.m. Writers of Leisure World: Publishing Party and Book Signing  
 12:30 p.m. Ladies’ Bridge  
 1:00 p.m. Oils and Acrylics Art Class  
 1:00 p.m. LWAAAC Healthful Thursdays  
 2:00 p.m. CLL Course: Great Decisions in Foreign Policy  
 3:00 p.m. Stamp and Coin Club  
 6:00 p.m. Lawn Bowls Club  
**Clubhouse II**  
 9:00 a.m. Senior Sneakers Class  
 9:30 a.m. Beginner and Advanced Tai Chi Class  
 10:00 a.m. Stitching Group  
 11:00 a.m. Water Exercise Class  
 11:30 a.m. Pickleball Club  
 12:30 p.m. Men’s Bridge  
 1:00 p.m. Gilbert and Sullivan Society  
 2:00 p.m. Model Railroad Club Operating Session  
 2:00 p.m. Mind-Body Exercise Club  
 4:00 p.m. Tap Dancing in a Chair Class  
 4:00 p.m. Friends of India Association  
 7:00 p.m. Tennis Club

#### Friday, May 3

**Clubhouse I**  
 12:15 p.m. Kiwanis Club  
 1:30 p.m. Watercolor Any Level Art Class  
 3:00 p.m. Hispanos de LW: Bingo  
 7:00 p.m. Friday Duplicate Bridge  
**Clubhouse II**  
 10:00 a.m. Book Club Network: Potluck  
 10:30 a.m. Zumba Gold Class  
 1:00 p.m. Ping-Pong Club  
 1:00 p.m. Chess Club  
 1:00 p.m. Friday Bridge  
 4:00 p.m. Pickleball Club



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TAKE US OUT FOR A *spin*.

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**"B" Model - Overlook - \$225,000**  
2 BR, 2 FB, 1035 sq. ft. Freshly painted, wood floors, new carpet both BR, garage space.



**"M" Model - Fairways - \$269,900**  
2 BR, 2 FB, 1530 sq. ft. Rough-in for half bath, golf course view, garage space.



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1 BR, 1 FB, 800 sq. ft. Freshly painted, patio.



**"C" Model - Overlook - \$235,000**  
2 BR, 2 FB, 1090 sq. ft. Hardwood floors, freshly painted, garage space included.



**"K" Model - The Greens - \$249,000**  
2 BR+ library, 2 FB, 1520 sq. ft. Garage space and storage room. Sold as is.

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Experience Counts

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**STAN MOFFSON**  
#1 Listing Agent  
In Leisure World  
**301-928-3463**

OR  
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They will get  
the job done!



**"B" Model - The Greens - \$129,000**  
1BR, 1FB, 950 sq. ft. Tablespace kitchen, enclosed balcony, move-in condition.



**"G" Model - Overlook - \$359,000**  
2 BR, 2 FB, 1325 sq. ft. Freshly painted.

Experience for yourself why Stan is #1 in Leisure World®  
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Web: www.stanmoffson.com





# CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

### ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (theatticllc.com) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC – I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let’s get started making you a profit! (301-437-2705)

### REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we’ll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a NEW REAL ESTATE PARTNERSHIP, Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to review our current listing choices, to see other available properties and to request a free competitive analysis. Office (301-681-0550), Sue (301-580-5556),

Rick (301-404-3105), Sudha (202-368-8536).

TOWNHOUSE FOR SALE. Spacious end unit with private patio. Features two large bedrooms, two baths. Open floorplan, walk out to peaceful patio. Call listing agent to view – Kelly Corbey (301-404-9132) (Rory S. Coakley Realty, Inc). Price: \$179,000.

NEWER BUILDING in LEISURE WORLD offers 2 fabulous condos for sale in popular Creekside. 2 bedroom + den with huge open kitchen with walls of windows, sunroom, new flooring and 1775 sq. ft. Another new listing with 2 bedroom and 2 full baths in model condition, 1325 sq. ft. Call for a private tour. Susan Cohen, Weichert Realtors (301-651-5923).

BERKLEY MODEL, \$169,900. 2 bedrooms, 2 full and 1 half bath. Lovely backyard. Park right out front! Many updates include: new lighting, flooring, fresh paint, updated kitchen and baths. A must-see! L&F (301-548-9700). Call Eve Rados Marinik (301-221-8867) or Greg Marinik (240-994-5258).

PERFECT GARAGE SPACE in Fairways South. Large and second from the door! A must-see! Call Eve Rados Marinik (301-221-8867) for details.

COMING SOON! L MODEL in the Greens with garage! Very large 3-bedroom with hardwood floors and updated kitchen. Extra-large enclosed balcony with lovely view. On the 2nd floor! A must-see! L&F (301-548-9700). Call Eve Rados Marinik (301-221-8867) or Greg Marinik (240-994-5258).

### REAL ESTATE FOR RENT

A BEAUTIFULLY UPDATED, 2 bed/2 full bath condo with sunny, large balcony on fifth floor in Greens II. \$1,800/month. Minimum 2 years lease. (301-966-3086).

FAIRWAYS NORTH, 1 bedroom, 1.5 bath. Model B. Beautiful, sunny spaces, newly renovated. Apartment on sixth floor. Hardwood floors throughout. Ample closet space. Eat-in kitchen with window. Separate space for washer and dryer. Enclosed glass sunroom. \$1,575, long-term lease. Non-smoker. One cat okay. Available May 2019. Please call (240-888-6942).

2 BR, 2 BA nice and clean apt. is available starting April 16, 2019. Monthly rent: \$1,700. New carpet, new paint, updated kitchen with new appliances, granite countertop with lots of closets. Washer, dryer in the unit, additional extra storage in the building. Other amenities: golf course, indoor,

outdoor swimming pools, party room, gym, shopping, groceries, bank, etc. are some of the features of this gated and secured community. If interested, please call (301-431-7564) or (240-893-0464).

### FOR SALE

CLUB CAR (Precedent Electric) 2014. New batteries, new head/tail lights, HD rear springs, new tires, extended top installed, Doorworks Sunbrella with WindSeal kit installed, single-point water system with hand pump, 5-panel rear-view wide mirror, new windshield, turn signals. Bought in February 2018. Not used by this owner. Contact Vinetta (301-598-3248). Come to see and make offer.

FURNITURE FOR SALE. All negotiable. Will send photos! Six-foot high entertainment center and bookcase with glass doors and room for large TV, \$795 b/o. Three-piece matching bedroom set: four-post bed, new mattress; dresser with mirror; armoire with mirror, \$395 each, \$995 b/o for three. Dining room table, seats six, plush upholstered chairs, \$450 b/o. Steve Harvith (301-801-4693). Texting is preferable. Prices are negotiable.

### RETAIL SALES

SCHAEFFER’S PIANO COMPANY. Founded 1901, Fourth generation family ownership. New Kawai dealer. New and used pianos—Steinway, Kawai, Yamaha, Schaeffer. (schaefferspiano.com). (301-424-1144)

ORGANIC mattresses! Adjustable beds! Low low prices – Make offer, experts, warranty, highest quality latex or non-latex, GOTS-certified, delivery, non-pressure showroom. Treasure Barn Mattresses & Collectibles, 16650 Georgia Ave., Olney, (301-750-4164).

### CEMETERY PLOTS

PARKLAWN CEMETERY–MENORAH GARDENS in Rockville, MD. One double memorial site (for 2) worth \$5,500. Selling for \$3,000. Call Len at (301-438-2875). In Leisure World.

### AUTO SALES

’97 CADILLAC. Sedan DeVille. White/blue leather, factory chrome wheels, MD-inspected, only 52,400 miles, \$5,000. I will buy your car even if you don’t buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier’s check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

’05 TOYOTA SOLARA. 2-door, convertible, V6, SLE, pearl-white,

loaded with leather, aluminum wheels, all-power. Like new. MD-inspected. Timing belt and water pump done recently with receipts. \$7,900. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier’s check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS – Big dollars paid for your used car! Over 43 years’ experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers’ check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

I BUY CARS and trucks. Licensed dealer. I can come to you to look at the vehicle. Tom (301-806-8140).

### AUTO SERVICES

NEW LEVEL AUTO SERVICE. European, domestic and Asian cars. Complete auto repair, electrical problems, computer diagnostic. ASE certified technicians with more than 15 years of experience will service your car at a reasonable price in the area. Call us today (301-762-1200). Ask for Christian. 716 East Gude Drive, Rockville, MD 20850. We have senior discount and 30-point free inspection in your car, any service. Maryland vehicle state inspection for only \$79. (www.newlevelautoservice.com)

### TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER is here: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.-10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text (301-933-8899). Email (Steve.Your.Driver@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 100 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

TRANSPORT YOUR CAR. Auto transport to and from the D.C. metro area to Florida. Call Haley’s Auto Transport LLC for appointment (540-683-1174).

### CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license



from the Maryland Board of Nursing to include “certified” or “licensed” in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

**“A” HOME HEALTH CARE** for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

**FLAT RATES, ONE WEEK FREE.** “Care You Can Trust and Afford.” Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146).

**ELDERLY CARE:** Over 10 years’ experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

**CNA** —with 25 years’ experience. Seeking position to care for sick/elderly. Good references available Monday–Friday and weekends. Days or nights. Full/PT. Have my own transit. Call (301-442-9324).

**CAREGIVER WITH CNA** license and 8 years’ experience. Available to work daytime, nighttime and weekends, full-time or part-time. Have own transportation. (240-715-8189).

**ARE YOU LOOKING** for a caregiver/companion for your loved one? I am available Tuesdays, Wednesdays, Fridays and Saturdays. Caring, loving, responsible and reliable person with good refs and rates. (240-552-4222).

**HELLO. MY NAME IS MARIA.** I am a very loving and caring CNA with over 13 years’ experience, mostly hospice. Excellent reference. CPR certified. Available 24/7. Will perform personal care, meds, housekeeping, shopping, doctor visits and errands. Have own transportation. (240-409-7573).

**CNA/GNA/MED TECH** with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available full-time or part-time. Please call (240-252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

**SERVING YOU HOME CARE:** Our family serving your family. License #R4289. We believe in a holistic approach to care: body, mind and emotion to achieve optimal health and wellness. 5-step wellness

program: safety, nutrition, mental health, socialization, physical activity. (410-980-3145), (www.servingyouhomecare.com), (info@servingyouhomecare.com).

**LOVING, CARING PERSON.** Have worked in Leisure World for 12 years. I am looking for a full- or part-time job, Monday-Friday. LW reference. Please call Alice (240-839-0087).

**WeSAP NURSING SERVICES.** We support aging in place. Nursing care, personal care and non-skilled care. Services catered to individual needs. Advocate of equality. Call for free consultation (301-604-4201), (240-286-0778), (wesapllc@gmail.com), (wesapllc.com).

**I AM A CNA.** Licensed in nursing, RN in Philippines. 18 to 20 years’ experience as a caregiver. Worked 3.5 years in assisted living and private duty for more than 15 years. Duties include: personal hygiene, light housekeeping, shopping, meal preparation, dressing, errands, cooking, doctor’s appointments, medication reminders. Own car. Dependable, loving, hard worker with excellent references. (301-820-0421).

**SPANISH-SPEAKING CAREGIVER** with over 5 years of experience is looking to provide in-home care services (live-in or live-out) for older adults. Preferably in the Leisure World community and in Spanish. Contact me at (301-580-0624).

**CERTIFIED NURSING ASSISTANT,** competent and compassionate with 6 years’ experience doing private duty and in a nursing home. CPR, BLS, AED, CMT certified. Please call (301-316-8465).

**CERTIFIED NURSING ASSISTANT.** 9 years’ experience. Very dependable, trusting and loving person. Have a car. Light housekeeping, doctor appointments and escort. Please call (301-204-4020).

**LICENSED CNA and CMT;** CPR and First Aid certified — My goal is to provide extraordinary care to the elderly. Over 11 years of experience in senior care. I’ve worked with residents, clients in assisted livings, retirement homes and in the comfort of their own homes as a private aide (hourly/live-in). Assisted seniors with their ADLs, light housekeeping, meal preparation, etc. I’m very dedicated, compassionate, energetic and patient. Looking forward to offering best care possible. Thank you! Professional reference upon request. Gertrude Ahey (240-467-4442)/(goldenjoy555@gmail.com).

Looking for an **EXPERIENCED CAREGIVER** for your loved one? Reliable, affordable rates,

with excellent references within and outside the Leisure World community. Experience and care settings include 18 years caregiver, companion, hospice care, live-in/live-out. (240-483-8103).

**OVERNIGHT CAREGIVER** with more than 14 years’ experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families’ needs. I have taken care of many people from family members, friends and clients in facilities to group home members and privately cared-for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. Arafa (240-883-8933), (brownzebra@hotmail.com). Availability: 10 p.m.-7 a.m.

**PROVIDING QUALITY AND AFFORDABLE CARE:** Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed,

insured and bonded. Call for free consultation (240-510-8337).

#### HOME SERVICES

**KITCHEN AND BATHROOM** Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

**STAIR LIFTS:** Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

**M.G.V. PAINTING & DRYWALL** — Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 yrs. experience. Insured. References in your complex. Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

**RELIABLE, EXPERT HANDYMAN:** painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

**CONTINENTAL MOVERS.** Local moving services. Free boxes. Local – long distance – hauling

# AUTO BODY

*Rockville Central*

**Just off East Gude Drive**

**301-424-3500**

**FREE ESTIMATES  
IF YOU CAN'T COME TO US  
WE WILL COME TO YOU**

#### SPECIAL OFFER

- ❖ **Paintless Dent Removal from \$75**
- ❖ **Free Pick up & Drop Off**
- ❖ **Free Towing to Shop**
- ❖ **Free Touch Up Paint**
- ❖ **Lifetime Warranty on All Repairs**
- ❖ **Special Discounts for LW Residents**

**We Happily Handle All Insurance  
Claims for You**

**Ask for Richard or Tony**



– pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

SMALL MOVES AND TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

COOPER REFUSE — JUNK REMOVAL. Prices starting as low as \$65. Lifting and loading from wherever the item is located. Donation or recycling of all qualified items. Call today and save (301-996-7704).

GUARDIAN ANGEL LAWN SERVICE. Experienced in flowerbeds, mulching, edging, weeding, plowing gardens and repairs. For all your gardening and household needs, please call Robert at (240-477-2158), (301-987-1277).

CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA’S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

HOUSE CLEANING – 22 years’ experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

SPRING CLEANING. It’s that time of year... Contact Castle Cleaners LLC for sparkling cleaning service, using eco-friendly products. Also available: move-in/move-out services, closet, basement, attic, garage cleaning and organizing. (347-731-1802). Free quotes.

COMPUTER HELP

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES — Need help with your computer or other digital

devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don’t let your precious photos be forgotten or fade over time. I’ll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they’re scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior’s Pets. Safe/Reliable door-to-door transportation as needed. Assistance with Pet Care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I’m a 57-yr. old semi-retired Doctor, Leisure World Resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

NOTARIES

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

PET CARE

DOG WALKING SERVICE — Affordable rates. Responsible and

dependable Leisure World resident who is available to walk your pet. Please call (301-598-3454) for more information.

WELLNESS

WELLNESS CONSULTANT. Having health challenges such as fibromyalgia, lupus, asthma, allergies, acid reflux and more? Our wellness products are placed in health professional practices. For a free consultation contact Lisa (301-928-1188), (lisagallowaygonow@yahoo.com).

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids’, cooking, foreign languages, gardening, history, mystery, sci-fi, science, women’s studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

JOB OPPORTUNITIES

FEEL-GOOD PART-TIME JOB. Are you bored? Want to feel good about what you are doing? Home Instead Senior Care is seeking a part-time Home Intake Coordinator who meets with seniors and their families in their home to explain our services, perform a non-medical intake process, and sign them on as clients. Additionally, the position conducts ongoing quality assurance home visits. Works Mondays and Tuesdays, 8:30 a.m.-5 p.m.; Wednesdays, 8:30 a.m.-noon. Must have flexibility to occasionally work outside of these hours. Requirements: Must love meeting people, be a team player, be resourceful, be computer literate with email and Word, and have a roll-with-the-punches type attitude. Must have your own car. Great training provided! Home services include companionship, meal prep, laundry, light

housekeeping, errands, medication reminders, and personal hygiene assistance to seniors who want to age in their own home. Please send resume and salary requirements to (patty.mascari@homeinstead.com). No phone calls please.

HELP WANTED

CAT LOVER/COMPANION. Wanted April 22-May 8. Ericka is a black and white sweet-natured 2-year-old cat who would be flexible to stay with a person in their home, or they can come to my home (at least 4 hours a day). Volunteer plus small stipend. Please call for details (240-970-5200). Turnberry resident.

ACTIVITY OPPORTUNITIES

DISTINGUISHED FLYING CROSS SOCIETY. The organization’s president, Lawrence Goldstein, is a Leisure World resident. He invites any resident who has received the Distinguished Flying Cross to join. Contact Larry (larr914@gmail.com), (301-847-9745).

SCRABBLE CLUB FOR WOMEN—seeking a few new members— Club meets at founder’s LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using ‘official Scrabble rules’ and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call ((571-236-1775) in MD in LW).

BOOK CLUB FOR WOMEN—seeking a few “Serious Readers”: 15+ year-old club reads award-winning fiction and meets at founder’s LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775) in MD—LW.

KNITTING AND NEEDLECRAFTS GROUP: 10+ year-old club meets every Sunday, 2-5 p.m, with typically 8-12 crafters (any needlework is fine) at founder’s LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 in MD—LW.

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss ‘Bethesda Row’ caliber movies at founder’s LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.



com) or call (571-236-1775) in MD–LW.

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family’s life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs

volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference in a child’s life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

ENGLISH AND MATH TUTORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www.literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.animalalliesrescue.org). Follow on Facebook. AARF is 501 (c)(3) all volunteer non-profit.

FREE BOOKSTORE seeks volunteers, donations. Velocity of Books is opening the first all-free bookstore in Montgomery County at Westfield Wheaton by Hollywood East Café, near Metro entrance. Store opens March 2 and will be open during mall hours. Thousands of books available for kids and adults. To volunteer: (https://volunteersignup.org/7APPQ). Book donations up to five boxes at a time may be brought to the store. Larger donations may be picked up; email (VelocityofBooks@gmail.com).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

UPCOMING EVENTS

HISTORY HOUR: Woodlawn Manor hosts a bi-monthly history hour. Every other month local historians, professors, and authors share their knowledge of regional history. April lecture discusses the life of Frederick Douglass. \$8 Admission. April 24 at 7 p.m. Register at (www.ActiveMontgomery.org). For details on lecture subjects visit (www.WoodlawnManor.org), call (301-929-5989) or email (mcp-woodlawnprograms@montgomeryparks.org).

MEDITATION FOR TOTAL WELLNESS. Twinbrook Library, Thursday, May 2, 6:30-7:45 p.m. Meditation is a means of creating a more positive, healthy lifestyle. It is an invaluable tool helping people reduce stress, gain a deeper sense of fulfillment in life as well as foster greater physical, emotional and spiritual well-being. Join David Newcomb, long-time meditator and resident of Leisure World, as he connects meditation and spiritual development to important aspects of our lives. He will offer a practical technique of meditation that can positively impact your life. (https://bit.ly/2IgBhpo).

WOODLAWN WHISPERS: a night of living history — Woodlawn Manor tour guides will introduce visitors to Woodlawn’s 19th-century residents and guests in their new living history program. Learn about the impact of slavery and quest for freedom. Program takes place outdoors (indoors during inclement weather), visitors should dress appropriately. Appropriate for ages 8 and up. \$8 Admission. Timed tours on May 4 start at 6 p.m., 6:45 p.m. and 7:45 p.m. Advance registration required by May 2. Tickets not sold day of program. To register (www.ActiveMontgomery.org). For more information visit (www.WoodlawnManor.org) call (301-929-5989), or email (mcp-woodlawnprograms@montgomeryparks.org).

THINK SPRING: Auxiliary plant sale. The Village at Rockville Lutheran Home, 9701 Veirs Drive, Rockville, MD 20850. Saturday, May 4, 9:30-1. Plants, jewelry, baked goods. All proceeds go

to programs and activities for assisted living residents.

WANTED

CLUB CAR WANTED for purchase. Batteries should be in good condition. Please contact John at (240-271-2821).

OWNER LIVING IN GREENS II (15100 Interlachen Dr.) is interested in renting or purchasing a garage space in that building. Please contact owner at (301-598-5953). Thank you.

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years’ experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers’ check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

CASH FOR RECORDS, CDs, and tapes. Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@gmail.com). Will make house calls.

BUYING JEWELRY, OLD COINS, antiques, gold, silver, old art, old toys, military items, wristwatches, pocket watches, fountain pens, etc. Tom (240-476-3441).



# The Karen Rollings Team



**Karen Rollings**



**Kathy Workman**

Berkshire Hathaway HomeServices PenFed Realty

**301-924-8200**

[www.TheKarenRollingsTeam.com](http://www.TheKarenRollingsTeam.com)



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## Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
3330 N LEISURE WORLD BLVD, #5-312	Fairways South	Unit/Flat	2	2	\$149,000	\$145,000	\$0
3005 S LEISURE WORLD BLVD, #717	Leisure World	Unit/Flat	2	2	\$349,900	\$415,000	\$0
3503 SOUTH LEISURE WORLD BLVD, #1B	Leisure World	Unit/Flat	2	1.5	\$129,900	\$127,500	\$0
3352 CHISWICK CT, #57-2G	Montgomery Mutual Coop	Unit/Flat	2	1	\$97,000	\$97,000	\$0
3312 CHISWICK CT, #2B	Montgomery Mutual Coop	Unit/Flat	2	1	\$115,000	\$115,000	\$0
3408 CHISWICK CT, #47-3E	Montgomery Mutual Coop	Unit/Flat	1	1	\$74,000	\$74,000	\$0
3312 CHISWICK CT, #62-2C	Montgomery Mutual Coop	Unit/Flat	2	1	\$118,000	\$115,750	\$0
3215 LUDHAM DR, #192-A	Rossmoor Mutual #10	Twin/Semi-Detached	3	2	\$279,000	\$240,000	\$0
3201 LUDHAM DR, #194-B	Rossmoor Mutual #10	Twin/Semi-Detached	3	2	\$324,500	\$324,500	\$1,460
3142 ADDERLEY CT, #243-B	Rossmoor Mutual #11	Row/Townhouse	2	2	\$149,900	\$149,900	\$0
15300 WALLBROOK CT, #47-2D	Rossmoor Mutual #15	Unit/Flat	2	2	\$140,000	\$144,500	\$4,335
3602 TARKINGTON LN, #75-B	Rossmoor Mutual #18	Twin/Semi-Detached	2	2	\$305,000	\$301,500	\$0
15107 INTERLACHEN DR, #2-223	The Greens	Unit/Flat	2	2	\$159,000	\$160,000	\$0
15107 INTERLACHEN DR, #2-415	The Greens	Unit/Flat	2	2	\$179,900	\$182,000	\$1,500
15101 INTERLACHEN DR, #1-908	The Greens	Unit/Flat	2	2	\$190,000	\$192,500	\$1,500
3005 S LEISURE WORLD BLVD, #616	Turnberry Courts	Unit/Flat	3	2	\$359,900	\$359,999	\$0
14800 PENNFIELD CIR, #208	Villa Cortese	Unit/Flat	1	1.5	\$149,000	\$149,000	\$5,000



**ACTIVE!!!**

**15115 Interlachen Drive, #3-121**

Updated 3BR 2.5BA Condo! Fresh paint and new carpet! Fountain and golf course view!



**UNDER CONTRACT!!!**

**3480 Chiswick Court, #41-E**

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**UNDER CONTRACT!!!**

**3005 S Leisure World Blvd, #106**

Updated 2 bedroom, 2 full bath condo! Custom tile work in kitchen!

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