

Jamming for Joy

Group Gathers for Monthly Jam Session



Group founder Richard Lederman plays the electric guitar while singing “The Sound of Silence” as members of the Musical Jammers join in. Photos by Maureen Freeman, Leisure World News

by Stacy Smith, Leisure World News

At one end of a long conference table in Clubhouse II, a man and a woman strum twin ukuleles side by side. Across the table, two guitar players read music and tune their strings, while another man sandwiched between them sings softly to himself from a lyric sheet.

A woman sitting cater-cornered looks around the table as she squeezes her accordion. Several others have gathered just to listen or to join in the singing from time to time.

Residents lounging by the fireplace or partaking in a card game down the hall might mistake the noise as that of a local band using the meeting room as a place to practice before their next Leisure World gig.

But guitarist and founder of the Musical Jammers, Richard Lederman, says nothing could be further from the truth. He formed the group just a few months ago when he was looking to join up with fellow residents who enjoy playing music with others.

They call themselves “jammers” because “it really is a jam session. We’re not taking this on the road,” Lederman says.

Breaking Into Song

Stragglers enter the room one by one and are warmly welcomed. People chatter amongst themselves, playing their instruments in unison and discussing the particulars of pitch, tempo and chord progression.

Suddenly, a tall man enters the room and swings his bass guitar’s

➤ to page 6

New Website and Brand Promote Life in Leisure World

lwmc.com Becomes residents.lwmc.com

by Leisure World News

Leisure World of Maryland has a new website designed to promote the community and its lifestyle.

Launched this week, the website comprises multiple pages of photographs and information describing the community’s housing options, amenities, services and governance.

“It’s a great opportunity to promote the quality of the community to all,” Leisure World general manager Kevin Flannery said.

The site’s address is (www.leisureworldmaryland.com).

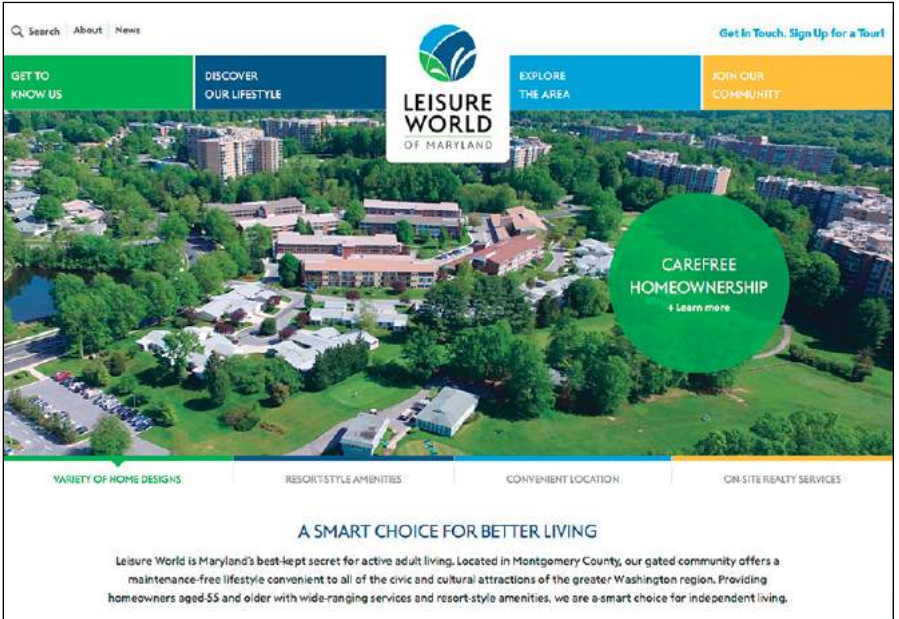
The community’s longtime website, (www.lwmc.com), remains accessible on the

internet, but with a name change to (residents.lwmc.com). The site continues to contain information important to current residents, such as the minutes for board and committee meetings, financial and budget reports, Trust documents and Physical Properties Department service contracts.

The new website incorporates four main subject areas that give viewers an introduction to the community and an invitation to make further inquiries about it.

The homepage opens to a large photograph of a bird’s-eye view that captures a section of the community

➤ to page 4



Leisure World of Maryland’s new website’s homepage. Screenshot by Leisure World News

INSIDE	Governance & Information	8	Sports, Games & Scoreboards	50
	Thoughts & Opinions	10	Classes & Seminars	56
	Events & Entertainment.....	14	Calendar of Events	57
	Movie Schedule	19	Governance Meeting Schedules.....	57
	Health & Fitness	22	Classifieds.....	60
	Clubs, Groups & Organizations	26		
	Club Trips Listing.....	47		

@

New Name, Same Site

Go to **residents.lwmc.com** for internal information about your community.

Community Pollinator Garden Installed

by Stacy Smith, Leisure World News

Landscape contractor McFall & Berry planted and mulched a community pollinator garden April 19 as members of the Landscape Advisory Committee, LW Green and others delighted in the community's new patch of green.

The garden is constructed in a pesticide-free zone at the Gleneagles green parcel Trust property near the intersection of Leisure World Boulevard and Gleneagles Drive.

Pollinator gardens have plants that attract and sustain animal pollinators, including butterflies, honey and bumble bees and hummingbirds. All the plants in Leisure World's pollinator garden are perennials that are native to Maryland, such as aster purple dome, mountain mint and little bluestem, among others, as well as a redbud tree.

"The flowers are very inconspicuous, but that's what the pollinators like," said Joe Seamone, McFall & Berry certified professional horticulturist. "I think people might be surprised. It's not going to be showy, but it's going to attract the pollinators."

Animal pollinators are an essential part of nutritional

food production, but their numbers have depleted worldwide in recent years.

The number of managed honeybee colonies in the U.S. declined from six million colonies (beehives) in 1947 to just 2.5 million today, according to a 2014 press release from The White House's Office of the Press Secretary.

Given the heavy dependence of certain crops on commercial pollination, reduced honeybee populations pose a real threat to domestic agriculture. McFall & Berry is doing their part to increase the pollinator population, having planted several pollinator gardens in recent years in Montgomery County and the Washington, D.C., region.

"By adding these gardens and giving them [animal pollinators] an environment where they can feed and multiply, and basically creating a safe haven for them, we are helping them to pollinate," said Mike Angles, McFall & Berry president of operations.

The garden includes compost made from last autumn's leaves, and its perimeter will be lined with deer netting to keep out would-be pests.

"I think it will be beau-



A pollinator garden is constructed at the Gleneagles green parcel Trust property April 19. Photo by Stacy Smith, Leisure World News

tiful," said Carolyn Oakford, Landscape Advisory Committee member. She visited the garden's unveiling to see what types of plants were chosen.

"I think it will be really great for the community, and I think we should have benches so people can sit," Oakford added.

McFall & Berry donated the garden to the community and are providing its plants, labor and maintenance. In February, the company gave an informative presentation to the community about the importance of pollinators and pollinator gardens.

CORRECTION

In the April 7 edition of Leisure World News, the director of golf operations was misidentified in a caption on page 8. He is Scott Wagner.

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Leisure World News OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Leisure World News Advisory Committee

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Good to Know: Fitness Center Trainers Provide Free Orientation



Personal trainers are available at the fitness center for a free orientation. Photo by Leisure World News

by Stacy Smith, Leisure World News

Residents who are new to the fitness center or who would like to learn more about how to use the equipment can schedule an orientation session with one of three personal trainers available.

An orientation provides a basic introduction to the gym. It also provides an opportunity to receive a general fitness routine.

At an orientation session, a trainer meets with a resident to discuss his or her personal fitness profile and provides recommendations for cardio and strength training. The

trainer also explains how to safely operate the fitness equipment, and develops a basic exercise program for your major muscle groups.

The initial orientation session is not designed as a continuation of physical therapy or as an opportunity to focus on individual health concerns and challenges.

Bring your completed and signed Health and Fitness Profile and Leisure World Waiver Form (both found in the information packet available at the Clubhouse II E&R office) to your orientation.

Wearing supportive flat shoes and loose comfortable clothing is recommended. Residents should remove any loose or dangling jewelry before the session, but keep in mind that the center does not have a secure area to store personal items.

Personal Training

Completing an orientation encourages some residents to hire a personal trainer to work with them one-on-one at the fitness center. Personal training is a fitness session specifically designed for a client based on

Fitness Center Basics

The fitness center in Clubhouse II is open every day from 4 a.m.-9 p.m. (except Dec. 25, Christmas Day). Staff does not monitor the center from 4-7:30 a.m.

Fitness center rules include the following:

- A "Fitness Center Use" Agreement must be read and completed prior to initial use of the center.
- Guests must be 18 years or older and accompanied by a resident who remains in the fitness center while the guest is using the center.
- Appropriate athletic type shoes must be worn.
- Cell phone use is prohibited.
- Residents are required to sign in and out.

his or her goals and physical challenges.

The training is intended to address an individual's unique physical goals, limitations or challenges, and can additionally incorporate exercises suggested by physical therapists upon completion of physical therapy.

For more information, contact Sam Ellis, trainer and founder of Motivational Fitness, at (240-308-2962).

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Kathleen Kane, Assoc. Broker

T – 2 BR/2 BA w/ den in **Bldg 2, Turnberry Courts**, table-space kit. w/ window, enclosed balcony, ready for you to move right in! **\$279,990**

J – **Price Reduced!** 2nd Flr. in **Vantage Point E** is a true 3 BR w/2 baths. Living rm, Dining rm & BR #3 have wood floors, Master BR & BR #2 new carpeting. Ceramic tile runs from entry foyer to nicely updated kit. w/warm wood cabinets, granite counters, wonderful breakfast space. Updated master bath has ceramic tile floor, shower, and tub surround, newer vanity. Separate laundry rm. **\$364,500**

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Eileen Kane, Assoc. Broker

F – In **Bldg 2 of The Greens**, 2 BR & 2 BA, table-space kit., formal dining rm, enclosed balcony, just needs a few touches to make it home. Seller will give a \$3,000 carpet allowance! **\$154,000**

SHERWOOD – COMING IN APRIL. Fab reno incl. new wood flrs, new kit (cabinets, granite, ceramic, most appl), updated baths (vanities, ceramic), MORE! 3 BR, 2 BA ranch in **Mutual 13** w/1-car garage + storage and den.

CABOT – New listing! Located on the "Broadwalk" in **Mutual 10**, this 3 BR, 2 BA ranch has an attached 2-car garage, laminate flrs., updated kit. w/ oak cabinets, & ceramic tile flrs. in kit. & both baths. **\$300,000**

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Website

◀ from page 1

and its golf course. The photograph was captured in 2016 by a drone camera operated by Montgomery Mutual prop-

erty manager Steve Wischmann. Secondary pages describe and present photographs of the community’s two clubhouses, restaurants, golf course, pools and other recreational amenities; shuttle transportation, security, health-

care, religious and other services. Other pages describe Leisure World’s location, accessibility to airports and public transportation, and nearby attractions. Photo galleries show a variety of activities and styles of homes throughout Leisure World.

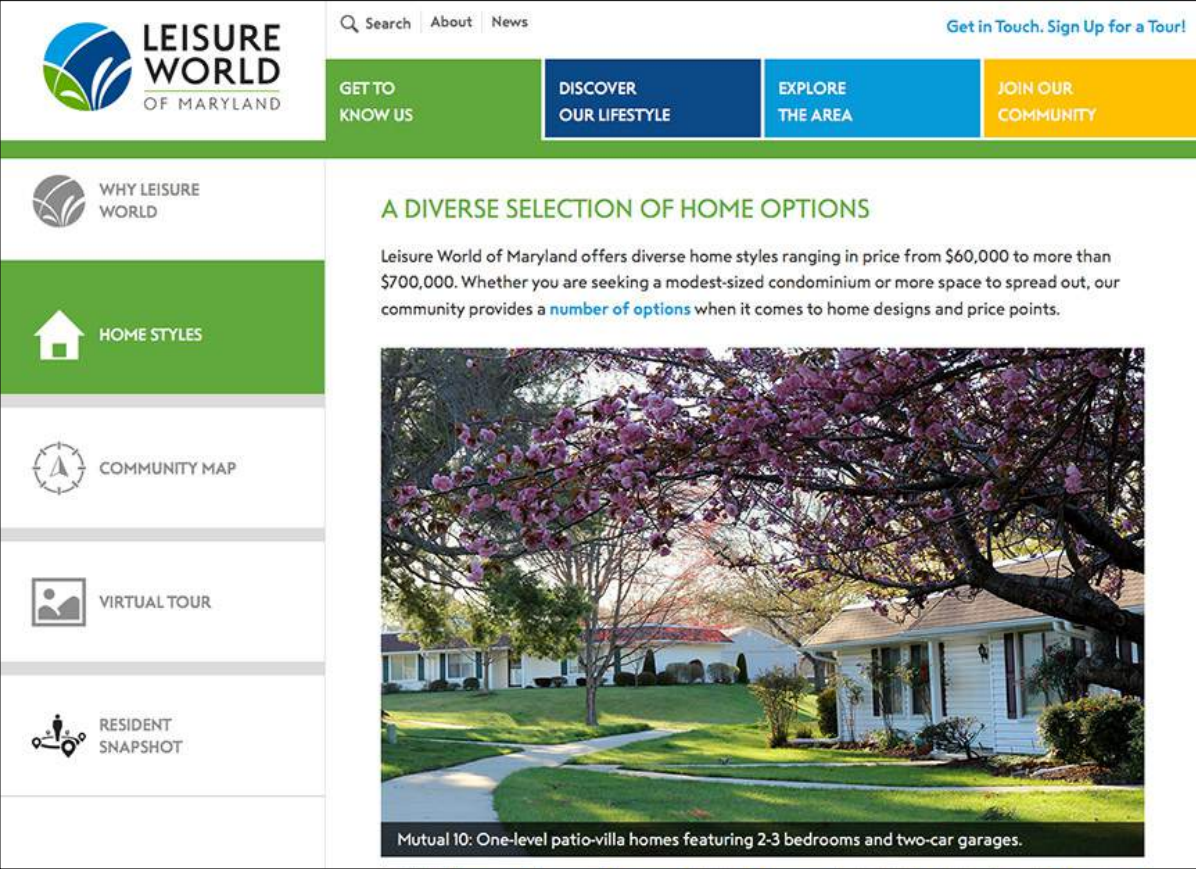
An FAQ (Frequently Asked Questions) page addresses questions commonly asked about the community, such as “What is a mutual?”, “How much are monthly homeowner fees?” and “What is Leisure World’s pet policy?”

Available throughout the site are downloadable PDFs including maps of the community and golf course, quick facts about the mutuals, Leisure World News advertising rates, and recent resales figures.

The website was designed by Jake Group, a Washington, D.C., firm that specializes in graphic and web design.

The firm also designed the new logo for Leisure World of Maryland, which is in the shape of a circle and incorporates green and two shades of blue, creating a dynamic, vibrant design.

The logo appears at the top of each website page and will soon be integrated elsewhere in Leisure World.



A page in the website’s “Get to Know Us” section features a photo gallery of home styles found throughout Leisure World. Screenshot by Leisure World News

- ☐ Emergency Preparedness Advisory Committee
- ☐ Health Advisory Committee

April 26: Personal Preparedness and Injury Prevention Workshop

by Emily Geller

The Emergency Preparedness Advisory Committee and Health Advisory Committee present a workshop on Wednesday,

April 26, from 1-4 p.m. in the Clubhouse I Crystal Ballroom that is designed to protect and enhance the safety and wellbeing of all residents. The workshop aims to educate and remind residents

about essential individual emergency preparedness measures and ways individuals can prevent falls, which often result in life-changing injuries. The workshop features interactive presentations by

two experts: Candice Covin, disaster program manager for the American Red Cross in the National Capital Region; and Darlene Brownlee, nurse practitioner at MedStar Health medical center.

In addition to their individual presentations, both Covin and Brownlee lead smaller discussion groups in which audience members can ask questions and share concerns.

Because of the importance of the topics addressed in this workshop, residents may bring one family member from outside the community.

To register, call the Clubhouse I E&R office at (301-598-1300), and let them know if a guest will attend. Seating is limited at the event. The program starts promptly at 1 p.m.; doors open at 12:30 p.m. The workshop ends with a raffle drawing for door prizes.



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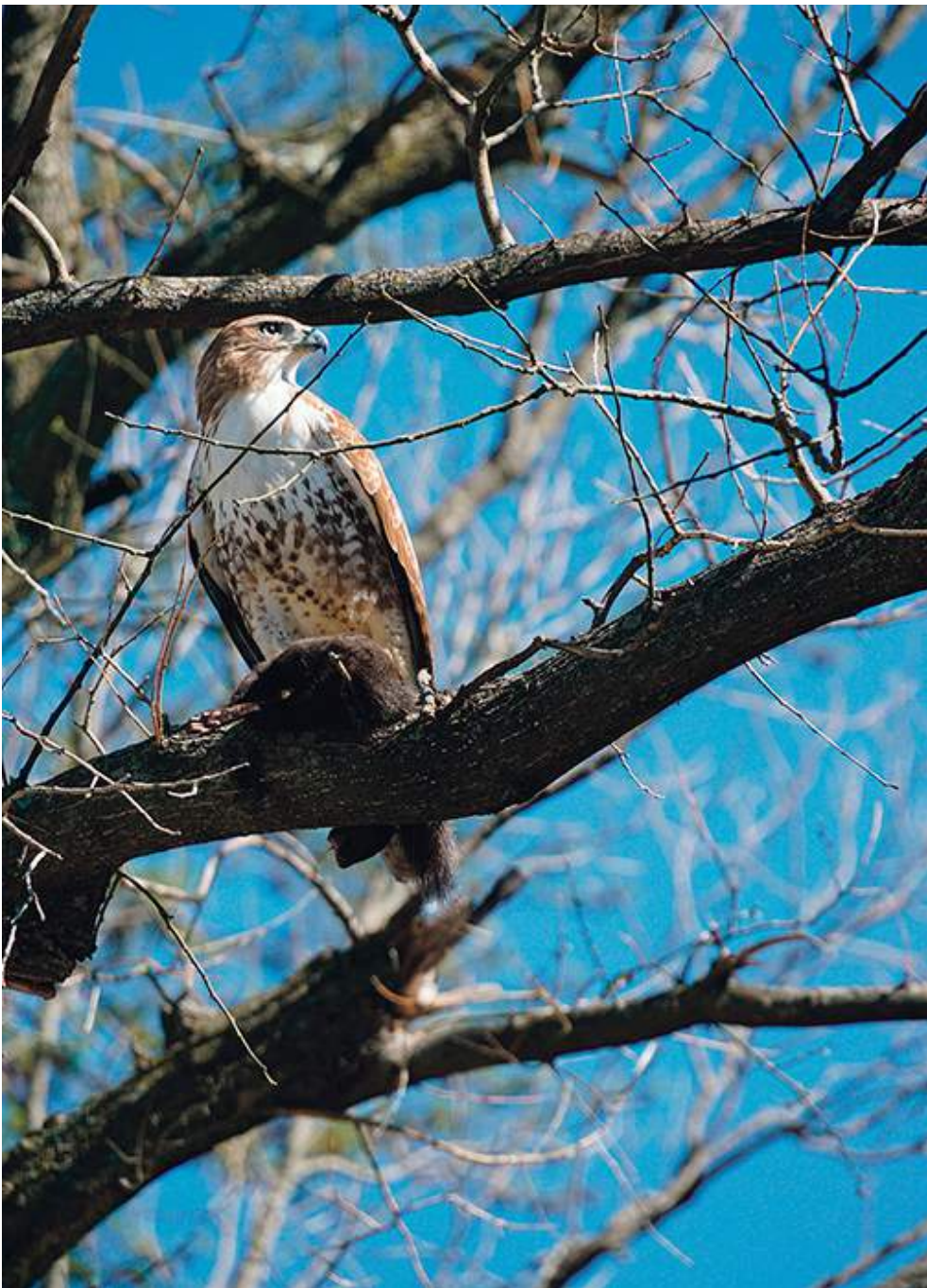
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A red-tailed hawk perches with prey in its talons in a tree above the front entrance of Clubhouse I April 9. Photo by Louis Paley

Flowers Aren't the Only Things Cropping Up in Leisure World

Birds, deer, and other animals are emerging from their winter lairs to greet another sunny and warm spring season. Some of these animals are more difficult than the others to spot. Have you seen any of these creatures along Leisure World Boulevard or in your own backyard?



A nest on the 11th hole of the golf course holds what are soon to be the newest residents of Leisure World. Photo by Leisure World News



A white-tailed deer pauses while grazing on the 6th fairway. Photo by Leisure World News



A Canada goose strolls near the chipping practice area. Photo by Leisure World News

Jammers

◀ from page 1



Gayle Wilson strums his ukulele as bassist Bob Rupp jams in the background.

strap around the back of his neck. He stares at the instrument for a moment, flexes his fingers, and plucks a few deep-sounding chords.

Standing at the front of the room with a black, electric guitar, Lederman stops what he's doing, smiles and looks up.

"Bob's here. We can start," he says cheerfully. "Is everyone in tune?"

Without waiting for an answer, he launches into the arpeggios from "The Sound of Silence," the 1965 Simon and Garfunkel hit.

"I don't know how well I'll do. I do okay on my own," Lederman says. The chord progression builds, along with his confidence. A few members say they've never played the song before.

"The first chord is D minor," he explains. Lederman continues playing a full measure of arpeggios and pauses.

"Hello darkness, my old friend..." he sings, and everyone joins in to play a song likely familiar to many baby boomers.



Annette Crowe, right, shares her smartphone's lyrics with Nadine James.

Drawing Newcomers

Halfway through, a woman in a bright coral sweater walks through the door, flashes a smile at the group and sits down next to singer Nadine James. The woman, who introduces herself later as Annette Crowe, reflexively pulls up the song's lyrics on her smartphone and the two women, strangers just minutes before, begin singing together like old friends.

Lederman hits the high notes from the song's final verse as the accordion flairs out, adding a Parisian twinge to the tune. "... And whispered in the sounds of silence," the group slowly sings as the song winds down.

"Well that wasn't too bad for the first time," Lederman says, and everyone chuckles.

Lederman writes the song's chords on a dry erase board; he seems knowledgeable and personable, like a hip music teacher that wants everyone to have fun while reaching their potential.

"Should we try it one more time?" he asks. The group plays the song once more, and improvements to pitch and rhythm are evident immediately.

"That was pretty good, that wasn't bad," he says. The group stays quiet.

"All right, we're not going pro, guys, just so we understand," he adds, garnering a few belly laughs.

From Yiddish to Folk Anthems

Lederman is a bit of an unlikely rock and roller. In his youth, he played guitar in a klezmer band when he lived in Cleveland, Ohio. Klezmer is a type of music traditional to the Ashkenazi Jews of Eastern Europe. It's heavily featured in the musical, "Fiddler on the

Roof," and is typically performed during weddings and other holidays.

"It wasn't really that satisfying," Lederman admits. "Klezmer music is not really guitar music. I



Guitarist Ed Caglione, left, singer Bob Blair, middle, and guitarist Jack Dunn, right, harmonize their instruments and voices.

just sort of sat near the drummer; so when he hit the drum I would play a chord, like 'boom, chick, boom, chick.'"

Although he learned to play guitar during his teens, he really started to pick it up when his children were born.

"The first song I really learned was the Sesame Street theme song," he says.

The group tries their hand at "Turn! Turn! Turn! (To Everything There Is a Season)," a song written by Pete Seeger in the late '50s and made famous by the American folk rock band The Byrds in 1965.

Lederman stumbles over some lyrics and smiles at his mistake. "... to every purpose under heaven..." the group sings and, without warning, the room's lights go out. Lederman flicks them back on; the dry erase board had accidentally pushed the switch down.

"Do you think that was a sign from everything under heaven?" Lederman asks.

By the fourth go-around the group's singing and playing synchronizes as if by divine intervention.

"That was it! I think we got it," he says excitedly.

When the Spirit Moves

The Jammers meet on the second Monday of every month at 9:30 a.m. to play music and share good times. They play everything from folk to classic country and rock and roll, and take requests from one another.

Lederman is adamant that prior musicianship is not required to participate. "Singers are welcome. It's a

sing-along. It's whatever you want it to be," he says.

While the atmosphere is relaxed and casual, Lederman and other group members share sheet music and lyrics to songs in the hopes that everyone will become familiar with it before the next meeting.



Accordionist Marilyn Davis plays her squeezebox as Caglione leans in to share her music sheet.

Crowe, the lady in coral, points to a sheet of music on the table.

"This ['Greenback Dollar'] is a song I knew, but didn't really know I knew it," Crowe says. "So I'm going to take this home and try to play the chords."

It was Crowe's first time joining the Musical Jammers. She confesses that she didn't know what to expect at first, but says she's now considering pulling out the ukulele that she's kept tucked away for years.

"You know, sometimes you just need a reason to want to learn it," she says. "I've had this thing for a long time but I used to work so much I never had time to do it. This [group] might inspire me to really start."

MAY 2017

UPCOMING SEMINARS & EVENTS

AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

SUPPORT FOR THE CAREGIVER SEMINAR: "MIND AND MOUTH - DENTISTRY AND THE AGING BRAIN"

May 23, 2-3 p.m.

What do your teeth have to do with your brain? Quite a bit, actually. This seminar will focus on the dental challenges faced by older adults and how they may impact cognitive health in those with and without dementia. FREE. Register by May 21.

REHAB CENTER OPEN HOUSE

May 25, 2-5 p.m.

Your community's new Rehab Center is open! Tour our state-of-the-art center and two-story therapy gym. Experience the innovative, revitalizing environment of our healing space. FREE. Register by May 23.

LIVING WELL SEMINAR: "SLEEP FOR HEALTH"

May 24, 1-2:15 p.m.

The average American doesn't get enough sleep, and that can contribute to a variety of health issues. Learn holistic techniques to optimize sleep and your body's innate ability to heal. Offered in partnership with The Spring Yoga and Natural Health Center. Preceded by complimentary lunch at 12:30 p.m. FREE. Register by May 22.

PARKINSON'S EXERCISE CLASSES

Mondays & Wednesdays, 3:30-4:30 p.m.

Our classes aim to improve posture, balance and circulation while also increasing strength, muscle control and mobility of those with Parkinson's or other neurodegenerative diseases.

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GOVERNANCE & Information

Strategic Planning Committee Members Named

by Leisure World News

Five residents have been recommended to be members of a new Strategic Planning Special Committee (SPSC) tasked with updating Leisure World's comprehensive 2010 strategic plan.

Girma Allaro, Richard Fisher, Kathleen Kinsella, Sharon Otto and Arthur Popper have been appointed by David Frager, the chairman of the Leisure World Community Corporation (LWCC) board of directors, for approval at the board's next regular meeting on Tuesday, April 25. Frager also named Fisher as the SPSC chairman.

Within 90 days of the SPSC chair's appointment, the committee is expected to submit a timetable and work plan for developing an updated strategic plan.

The LWCC board also requires the SPSC to deliver an initial report to the board by the end of

November, with budgeting for the project in place starting in 2018 and implementation for a long-term strategic plan beginning in 2019.

The committee's updated strategic plan would address Trust facility upgrades, infrastructure, organizational support, and financial requirements and recommended steps for implementing the plan.

"We have high hopes for that group," Frager told the LWCC executive committee on April 14. He added that the new committee has "great potential to give us that vision we need."

In January, the LWCC board approved a resolution that called for the new committee to be created using a process similar to the one used for establishing the Technology Special Committee in 2015. The Community Planning Advisory Committee's applicant review panel then reviewed nine applications and recommended candidates for the committee.

Dial 301-598-1313
for recorded Daily Events

2017 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Board of Directors Meeting
The April 25 meeting airs on May 1, 3 and 5.

Executive Committee Meeting
The May 19 meeting airs on May 24, 25 and 26.

Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com

General Manager's Report: April 2017

In March, operations realized a surplus of approximately \$4,000, ending the first quarter of the year with a deficit of approximately \$19,500 in contributions.

In the first quarter, 88 total property transfers generated approximately \$331,000 in contributions to the Resales Fund, which, as of the end of the first quarter, has a balance of approximately \$4,387,000.

Administration Building

The next step in the Maryland-National Capital Park and Planning Commission (MNCPPC) submission process is to meet with the lead reviewer and staff to present the project, discuss steps taken to date in accordance with the regulations and determine the required filing documentation.

Based on this meeting, management will finalize the required documentation and submit electronically to MNCPPC.

Submission needs to be within 90 days of the community meeting held March 29. Management intends to file as soon as possible.

Medical Center Update

The operating agreement and lease with MedStar Health was scheduled to be presented to the Health Advisory Committee at their regularly scheduled meeting on April 19.

The committee's recommendation will move forward to the Leisure World Community Corporation Board of Directors for their April meeting.

Insurance Renewal

Leisure World of Maryland Corporation management met with the insurance broker and representatives of the Travelers Insurance on April 5. Renewal premiums will be provided by Wednesday, May 31.

Clubhouse Grille

Spring hours of operation are Wednesday through Saturday, 4-10 p.m. Sunday brunch will be announced later this month.

Clubhouse I/Outdoor Pool

Work on the outdoor pool is scheduled for late April/early May.

Comcast Billing

Comcast has confirmed to Leisure World management

that credits for billing errors will be applied back to the start date of the overcharge. Additional information on this topic will be published in a future General Manager's Report when received from Comcast.

Shredding Day

Community Shredding Day is on Saturday, May 13, from 10 a.m.-1 p.m. in the Administration Building parking lot.

Leisure World
News
OF MARYLAND

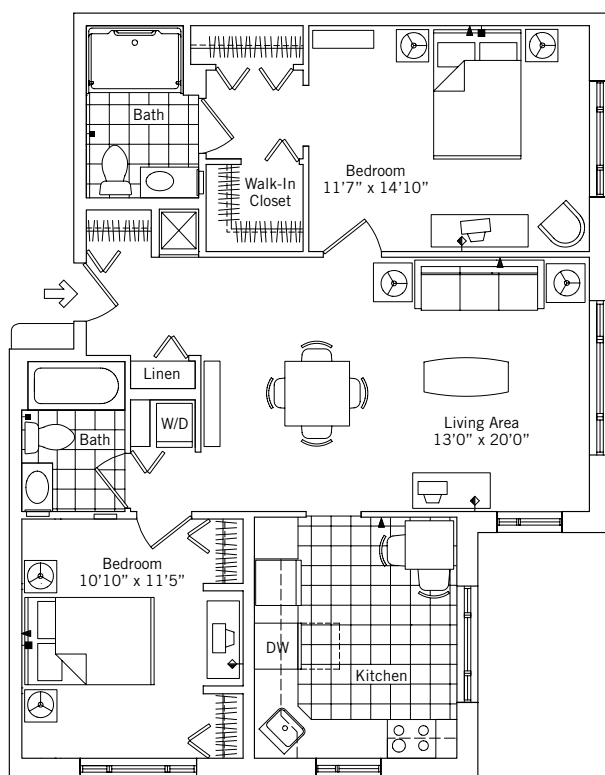
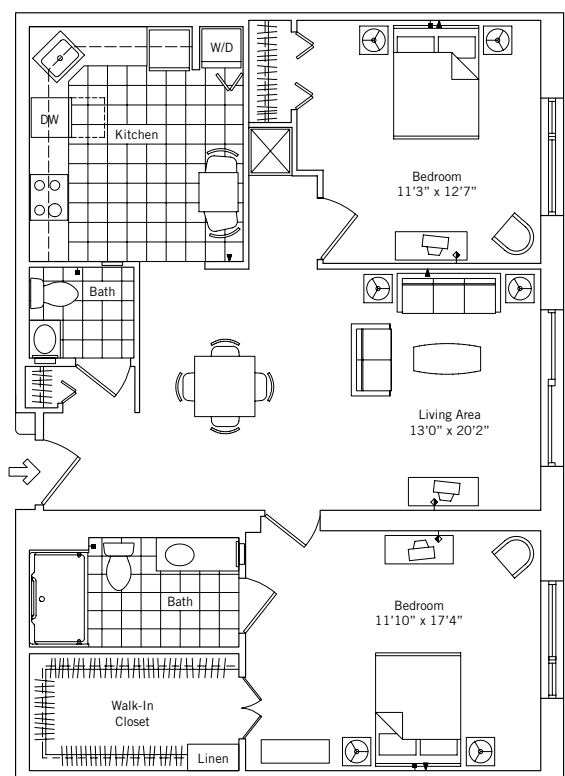
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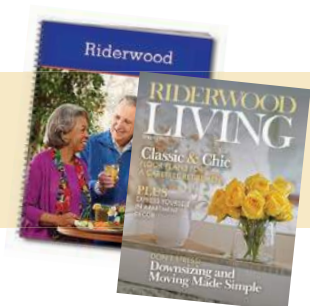


The Jackson

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THOUGHTS & OPINIONS: *From Our Residents*

A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers

LW Residents Deserve Accurate Information

The lead story in the April 7 edition of Leisure World News described a March 29 “Community Meeting Held on Proposed New Building Site Plan” and indicated that the meeting “at times turned contentious.” In my opinion, that is putting it mildly. The open forum portion lasted almost two hours and I observed periods of yelling and booing throughout the meeting. I believe almost everyone who was present at the meeting would testify that the attitude of the audience was decidedly negative. I do not recall a single person from the audience who spoke in favor and many who spoke against it. A sample question, which was similar to many others, was, “Why are you wasting the money of Leisure World residents on this project?”

But more importantly, the

residents who attended the meeting were given some inaccurate information. For example, they were told very clearly that “providing better space for employees was not a factor in the project purpose.” However, according to the February 28, 2017 Board Meeting Agenda packet, three out of the four stated objectives for the Administration Building project were to “provide efficient space utilization for improvements to the work environment,” “allow flexibility of spaces to accommodate changes in work systems” and “attract the highest qualified employees.”

Another example is when I asked what the total cost of the project was estimated to be. I was very careful to avoid any misunderstanding by saying this would include the cost of building the new building, plus the cost of tearing down the old building, plus the cost of improving the parking area, plus the cost of tearing out old trees and planting new trees, plus the cost of every-

thing else connected with this project.

The initial answer was, “That is outside the scope of the meeting.” However, the LW News article stated that part of the purpose of the meeting was to “explain the proposed project” and “address concerns about the impact on the community.” It is reasonable that the cost of the project would be part of the explanation and would have an impact on the community.

The only substantive answer was, “\$5.2 million,” with no explanation. However, according to a document handed out at the September 2016 Board meeting, the total cost was \$7,218,056. And the April 7 LW News article indicated an even higher total cost of \$7,251,056.

As with the Silver Spring Transit Center, which became a total embarrassment for our county, who knows if the \$7.25 million figure for LW’s new Administration Building is even close to being accurate? Apparently, the project cost has already increased by \$33,000 in the past six months.

LW residents deserve accurate information and I’m afraid they did not receive it on March 29.

– Paul M. Bessel

Changes in Bus Rules?

I have noticed with my own eyes and my own ears and have also heard from other regular bus riders that there appears to be a recent change in the rules for LW buses. However, there has been no

announcement to that effect and no signs in the buses, and when I called the Security & Transportation Department, I was told that there had been no changes and that the drivers had not received any new instructions. I find this bizarre!

For example, bus drivers seem to be no longer allowed to talk with the riders. They can say hello and that’s it. Many of the riders have known these drivers for 15 or 20 years and have conversed with them many times. We know family members and histories. To my knowledge, these drivers have not received any tickets or citations for unsafe driving.

Music and news seem to be no longer allowed to be played on the buses. That means that the drivers have to drive their entire shift without deviation. During the holidays, lots of riders would sing along to the carols and that made the ride much more pleasant.

Apparently, now there is a limit of bringing only two packages onto the bus. If you only go to the grocery store once a week you are bound to have more than two bags. I have never seen a person not have a seat on the bus due to someone else’s packages.

The drivers have always been very cordial and helpful – especially to the disabled – and I speak from personal experience. I believe it is important to allow drivers some flexibility to meet special circumstances.

It seems to me that if major changes are going to be made on the LW buses, the riders should be informed fully and timely, and, unless there is a

➤ *continued on page 11*

Submitting an Item to Thoughts & Opinions

1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer’s name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer’s name.
4. LW News cannot guarantee when or if a submission will be published.
5. See LW News Guidelines and Board Standing Rules at lwmc.com.

safety issue, the riders should have a say in what is going on. Maybe a survey is the way to go on this. I welcome all comments.

– Jane Hawes

Progress on Internet Proposals

I appreciate the Leisure World Community Corporation Board of Directors' decision to move towards accepting Comcast's offer to lower our internet rates from high retail prices to low wholesale prices.

The board has authorized "the General Manager to investigate the possibility of bulk purchase of internet service for the residents of Leisure World." (Resolution #6, 1/31/17) While the resolution doesn't specify Comcast, I think it's the only feasible alternative. The general manager confirmed to the Technology Committee that individual internet prices would be reduced by about two-thirds with a Comcast

bulk purchase, which would be about \$30 per month.

It would be simple to merely add \$30 to everyone's Community Facilities Fee, if that is what the board decides. However, as I described in a previous submission to LW News (December 16, 2016), there is a way to make this work for residents who now buy Comcast internet as well as those who can't afford or don't want it.

To summarize the proposal: About half of us get Comcast internet. The other half can't afford or don't want to pay an extra \$30 per month for it. Comcast internet subscribers could cover the cost of the non-subscribers and still save about one-third of their current internet cost.

I realize this sounds complicated, but it eliminates objections from residents who can't afford or don't want broadband internet and still provides a substantial savings.

In my former life, I was a consumer class action lawyer

and founded a web-based consumer advocacy service; I cannot see any technical, financial or legal reasons that would prevent implementing this proposal. This is meant to be a transitional plan, until our contract ends in 2020, when we could try to get

something even better.

Now, all we need is for the general manager and the board to make the deal and we can begin saving a large portion of the millions of dollars we pay to Comcast for internet service.

– Carl Shoolman



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- Quiche
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- and More...



DINNER May 14th. Clubhouse Grille, 4-10 p.m.

All Entrees include a House Garden or Caesar Salad.

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whipped potatoes and vegetable
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rice pilaf and vegetable
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- Surf and Turf\$28
petit filet & 5 oz lobster tail or crab cake
- Grilled Lamb Chops\$24
whipped potatoes and vegetable
- Fresh Halibut\$22
rice pilaf and vegetable
- Grilled New York Strip.....\$21
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EVENTS & Entertainment

■ Education and Recreation Department
■ Foundation of Leisure World

April 22: Brian Choper Jazz Project Celebrates Sinatra

Tickets are still available for the Brian Choper Jazz Project performance on Saturday, April 22, at 7 p.m. in the Clubhouse II auditorium. The band is led by veteran drummer Brian Choper and features tenor Peter Cannella in a tribute to Frank Sinatra. Entitled "Our Way: Celebrating the Music of Frank Sinatra," the tribute includes many of the great legend's most popular songs.



The event is co-sponsored by the Foundation of Leisure World and the E&R Department. Tickets are \$10 per person and are on sale in both clubhouse E&R offices. The Foundation of Leisure World is a 501(c)3 organization that was established for charitable, health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law.



The Brian Choper Jazz Project ensemble, courtesy photo

Coming in 2017

The E&R Department is pleased to provide the following programs.

April 22, 7 p.m.	Brian Choper Jazz Project, Tribute to Frank Sinatra
April 28, 11 a.m.	St. John's Episcopal School Student Performance
May 6, 7:30 p.m.	Greg Harrison Jazz Band and Dance
May 28, 4:30 p.m.	Duke Ellington School of Arts Student Performance
May 30, 1:30 p.m.	Steven Friedman: Broadway Musicals That Have Faded
June 8, 7 p.m.	Jose Sacin Trio, opera
June 21, 7:30 p.m.	Olney Concert Band Summer Concert
June 30, 7 p.m.	Eunbi Kim, pianist

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

■ Ballroom Dance Club

April 22: Dance with The Tony Luciano Band

by Joyce Hendrix

The Club's April dance band is a favorite: The Tony Luciano Band, featuring Luciano on keyboard, Fritz Freter on drums and Norman Seifert on guitar. Come out and dance to their music on Saturday, April 22, from 7:30-10:30 p.m.

We are still in our winter dress mode, with jackets and ties for the gentlemen and dressy dresses or pantsuits for the ladies. Please make your reservations with Irmgard Patrick at (301-598-3038).

Did you know the "ball" in ballroom dance comes from the Latin word, ballare, meaning "to dance?" In much earlier times, social dancing was for the privileged few, while folk dancing was for the lower classes. Over many

years, the differences have melded and many of today's ballroom dances began as folk dances.

If you are new to ballroom dancing, you may not know about some of the standard rules of ballroom dance

etiquette. One is that direction of dancing around the floor is always in the counter-clockwise direction, with the outside edge of the dance floor traveled by the faster dancers.

When dancing a traveling step such as a waltz, foxtrot or tango, the center

of the floor is used by those dancers not traveling, or by couples perhaps practicing a new dance step.

Even when all dancers are traveling in the same direction, it is possible to collide with another couple. Etiquette states that you smile, offer a sincere apology and continue on your way.



■ LW Green

April 22: Roadside Environmental Cleanup

by Harry Stoffer

LW Green sponsors a roadside cleanup event on Saturday, April 22, to honor Earth Day.

Residents and friends who want to participate should gather in the Leisure World Plaza parking lot near M&T Bank by 10 a.m. The event is expected to conclude by noon.

Participants pick up litter and other debris along the sidewalk on the east side of Georgia

Avenue from Rossmoor Boulevard to Norbeck Road. Some may choose to turn the corner and gather some trash along Norbeck Road, headed toward the community gate at Norbeck Boulevard, but extreme caution is necessary because of traffic on Norbeck.

Everyone is encouraged to wear gloves and sturdy boots or shoes. LW Green provides trash bags and collects the filled bags.

The rain date is Sunday, April 23.

April 23: Photo Matinee – from New Mexico and Utah to Hawaii

by Stewart Lillard

On Sunday, April 23, at 3:30 p.m. in the Clubhouse II auditorium, Joanne and Larry Mars continue their tradition of showing the natural beauty of the three states they visited during the past year.

In New Mexico, they photographed thousands of noisy birds (mostly snow geese and sandhill cranes) that inhabit the Bosque del Apache National Wildlife Refuge during the winter months.

The birds vividly contrast with the solitude found at the White Sands National Monument, which is filled with rolling gypsum hills, ripples of sand and stately yucca plants. The Utah Arches National Park is filled with impressive natural arches and monuments, and the Canyonlands National Park is filled with rugged, other-worldly beauty.

Their cameras were kept busy photographing a daredevil who climbed a nearly vertical mountain. They also reached the iconic overlook of the Colorado River in Dead Horse Point State Park.

Their longest and most diverse trip of 2016 was to Hawaii's Big Island and Maui, and their two national parks – Hawaii Volcanoes and Haleakala. Their photographs include remnants of Hawaii's history, lovely beach scenes, waves crashing onto rocks, waterfalls, imposing overlooks, magnificent sunrises and sunsets, fields created from lava flows and a hula dancer in action.



"Haleakala Crater," located in Haleakala National Park on the island of Maui in Hawaii. Photo by Larry Mars

A photo of a lava flow from the active Kilauea Volcano reaching the Pacific Ocean is included, and was taken by professional photographer Daniel Sullivan, who escorted Joanne and Larry for four days on their Hawaiian visit.

In the past, the Mars' have shown audiences striking images from places as disparate as China, Iceland, Tuscany, Northern California and Southwestern U.S. deserts. Their most recent photographic display, set to music, continues the high marks of the past. Following the presentation, the Mars' are happy to answer questions you may have about the show and their travels.



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Adrienne Inger
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Thursday, May 4 • 2pm-5pm • RSVP by April 28

Dr. Stephen Neabore and Adrienne Inger, RDN, LN will explore the role that nutrition plays in the development and prevention of chronic diseases, including arthritis, diabetes, dementia, cancer and Parkinson's. Throughout this comprehensive discussion, get answers to these questions:

- What role does diet play in the development of chronic inflammation?
- What are the best foods to fuel your body for a happy, healthy life?



Leta Blank
Program Coordinator for the State Health Insurance Program (SHIP)
and the Senior Medical Patrol Program (SMP)

Navigating the Medicare Maze with Leta Blank

Thursday, June 1 • 2pm-5pm • RSVP by May 22

Industry expert Leta Blank will help navigate the alphabet of the Medicare maze to make sense of the plan and the process. If you have turned 64 and are approaching age 65, now is the time to start researching your health insurance options so you'll be ready for Medicare when you become eligible. Medicare is complicated and often confusing. Learn how to better understand enrollment, insurance plan details, deadlines and choices for consideration.



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Education and Recreation Department

April 28: OASIS Musical Theater and Jazz Ensembles

Students from St. John's Episcopal School make a joyful return to Leisure World with a free performance by the OASIS Musical Theater Ensemble and the Jazz Ensemble on Friday, April 28, at 11 a.m. in the Clubhouse I Crystal Ballroom.

OASIS students present the medley they recently performed in concert at Disney World. It includes solos, ensemble pieces and choreography.

The concert also features a display of student art that will be entered in the Fine Arts category for the Maryland Area Episcopal School Association Fair, a regional competition for Episcopal schools.

Located in nearby Olney, Maryland, St. John's Episcopal School has celebrated diversity and academic excellence and has graduated students of character for over 50 years.

Tickets are required, up to two per household. They are available in both clubhouse E&R offices. Please bring your Leisure World ID.

Education and Recreation Department

May 6: Greg Harrison Jazz Band

For your listening and dancing pleasure, the E&R Department brings The Greg Harrison Jazz Band to Leisure World on Saturday, May 6, at 7:30 p.m. in the Clubhouse I Crystal Ballroom. This evening of music includes light fare and a cash bar.

The Greg Harrison Jazz Band has performed extensively in the D.C. metro area, playing standard jazz tunes in a swing jazz format based on the small bands of the '20s, '30s, and '40s. The band was

founded and is led by clarinetist Greg Harrison, who was mentored by the incomparable Pete Fountain.

Harrison is joined by Rick

Rowe on guitar and Jay Miles on the upright string bass, both of whom perform with numerous other local bands. They have performed together for about 25 years.

Tickets for this event are \$15 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID



Greg Harrison, courtesy photo

Please, No Cash

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover).

When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



■ Fireside Forum

May 7: The Story of the Babe Ruth Deception

Author David O. Stewart talks about his latest book on the mystery surrounding Babe Ruth's 1918 World Series win for the Boston Red Sox at a Fireside Forum program on Sunday, May 7, at 2:30 p.m. in the Clubhouse II auditorium.

He will explore the corruption of the 1920s, with bootleggers flouting Prohibition, and the Black Sox scandal, which tarnished the great American ballgame. The book is a mystery blending fact and fiction that captures the moral complexity and excitement of an American era.

Stewart is a lawyer who

graduated from Yale College and Yale Law School. He has argued before juries and the U.S. Supreme Court and has written for the American Bar Association Journal, The Washington Post, History News Network, and American Heritage.

As an author, he has written several historical narratives. His books include "Madison's Gift: Five Partnerships That Built America," "The Lincoln Deception" (about the John Wilkes Booth conspiracy) and, in 2016, "The Babe Ruth Deception."

The speaker is hosted by Stu Lillard.

— Jonas Weiss



David O. Stewart, courtesy photo

■ Education and Recreation Department

May 12: Community Spring Walk

Walking is good for you! Friday, May 12, is the date of the semi-annual walkathon in Leisure World sponsored by the E&R Department.

Walkers will assemble in Clubhouse I's Crystal Ballroom at 8 a.m. for a pre-walk stretch and warm-up led by Jate, a personal trainer at the Fitness Center and star of the "Daily Stretches Before and After Exercising" handout available to residents.

The group will then depart to walk the 3.2-mile perimeter road of Leisure

World. Please stop by the E&R office at Clubhouse I to register; the fee is \$1.

A water station will be set up at the halfway mark and the Amateur Radio Club will accompany walkers to assist if needed. The E&R Department will provide healthy refreshments (and a few treats) in Clubhouse I after the walk.

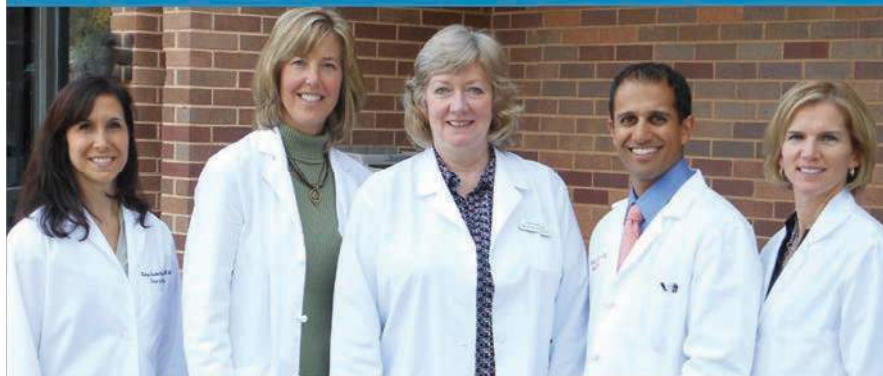
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Photo by Leisure World News



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■ Arts In Motion (AIM)

May 12: 'Real Jazz'



Fred Foss, courtesy photo

by York Van Nixon III

The AIM Café is gearing up for the next two months' performances, which include one of AIM's favorite jazz masters and a Leisure World debut.

Fred Foss

On Friday, May 12, Fred Foss returns to give aficionados an evening of the best "real jazz." Tickets, \$20 apiece, are on sale in the Clubhouse I E&R office. The price includes hors d'oeuvres and snacks. Cocktails begin at 6 p.m., and the show starts at 7 p.m.

Pepe Gonzalez Latin Jazz Orchestra

On Friday, June 9, Afro-Cuban jazz comes to Leisure World for the first time. Pepe Gonzalez brings his 12-piece Latin Jazz band for a night of unforgettable music.

Tickets, \$20 apiece, go on sale Monday, May 15 in the Clubhouse I E&R office. The price includes hors d'oeuvres and snacks. Cocktails begin at 6 p.m., and the show starts at 7 p.m.

Checks only, for both of these performances, should be made payable to AIM.

To join or view upcoming shows, visit our website at (AimArts.net).

■ Lions Club of Leisure World

May 27: Gospel Concert



The Chosen Vessels. Photo by Arthur Hooker

The Chosen Vessels, a hometown gospel group, is back by popular demand to "Lift Your Spirit with Gospel Music" on Saturday, May 27, from 5-8 p.m. in the Clubhouse I Crystal Ballroom.

Invite your family and friends to join us for a wonderful evening of gospel music when The Chosen Vessels fill the room with their harmonious, rich voices.

Tickets for this event, \$20 per person, are on sale in the Clubhouse I E&R office. Make your check payable to LW Lions. All receipts benefit the Lions Club's vision, hearing and youth care programs.

—Maxine Hooker

■ Education and Recreation Department

May 28: Duke Ellington Piano Ensemble

On Sunday, May 28, at 4:30 p.m., students from the Duke Ellington School of the Arts Piano Ensemble present a program featuring a range of musical genres. Selections performed include "Slavonic Dance" by Anton Dvorak, "Sonata for Four Hands" by Poulenc, "Wedding Day at Troldhaugen" by Grieg, as well as some jazz selections.

This past March, the Ensemble attended the WorldStrides OnStage New Orleans Heritage Festival, where the Ensemble received gold in the competition.

The mission of the Duke Ellington School of the Arts in Washington, D.C., is to nurture and inspire a passion for arts and learning

in talented students who might not otherwise have an opportunity to develop their artistic skills.

Students come from every section of the District. Each audition for the opportunity to attend the school and must maintain a satisfactory GPA in regular academic studies to participate in their arts classes.

This performance, sponsored by the E&R Department, promises to be another outstanding program by the Duke Ellington students.

Tickets are \$7 per person, check or credit card (MC, VISA, Discover) if over \$10. They go on sale in both clubhouses at 8:30 a.m. on Tuesday, April 25. Please bring your Leisure World ID.

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■ **LW Association for African American Culture (LWAAAC)**

April 28: ‘Selma’

by Patricia Means

All residents are invited to the showing of “Selma” (2014, 2 hours 28 minutes, drama/history, rated PG-13 for violence and brutality). The film stars David Oyelowo as Dr. Martin Luther King Jr., Carmen Ejogo as Coretta Scott King, and Tom Wilkinson as President Lyndon Johnson.

“Selma” dramatizes three months in early 1965 during King’s heroic and gripping campaign to secure equal voting rights for black citizens, who were continually

confronted, harassed and denied their rights. Despite Washington, D.C., politics and violent opposition, King and the Southern Christian Leadership Conference persevere with a march from Selma to Montgomery, the capital of Alabama, as part of their campaign. Five months later, President Johnson signed the Voting Rights Act.

The movie is shown on Friday, April 28, at 4 p.m. in the Clubhouse II auditorium. Admission is free; tickets are not required. Donations to cover expenses are accepted.



■ **Education and Recreation Department**

Sunday Afternoon at the Movies

May 14: ‘Mother’s Day’

The E&R Department is pleased to present “Sunday Afternoon at the Movies.” The movies are shown at 2 p.m. in the Clubhouse II auditorium. On Sunday, May 14, the featured film is “Mother’s Day” (2016, 1 hour 58 minutes, comedy/drama, PG-13 for language and some suggestive material).

Free tickets, limit two per person, are required and can be obtained from either Clubhouse E&R office beginning Tuesday, April 25, at 8:30 a.m. Please bring your Leisure World ID.

Offering an ensemble tribute to mothers everywhere, this star-studded comedy focuses

on an assortment of moms and their intertwining lives as their annual day of recognition approaches.

The cast includes Jennifer Aniston, Timothy Olyphant, Julia Roberts, Hector Elizondo, Kate Hudson and Robert Pine.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.

Donations to help cover the expenses associated with the presentations are gratefully accepted. A basket will be available for your contribution.



■ **Education and Recreation Department**

May 30: Broadway Musicals That Have Faded Away

Steve Friedman returns to Clubhouse I on Tuesday, May 30, at 1:30 p.m. for this continuing series of programs on the history of Broadway. This time, through song and lecture, he delves into how some Broadway musicals have faded away.

A Washington, D.C., resident, Friedman is a trained classical tenor and has performed many musical theater roles from “Camelot” and “Damn Yankees” to “Sweeney Todd.”

It was through performing in musicals and his love of musical theater that he developed a desire to lecture on the history and development of the Broadway musical.

Tickets are \$5 per person and go on sale on Tuesday, April 25, at 8:30 a.m. in the E&R offices in Clubhouse I and II. Please bring your Leisure World ID.

2017 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
April 30, 2 p.m.	My Big Fat Greek Wedding 2	SOLD OUT
May 14, 2 p.m.	Mother’s Day	April 25
May 25, 1 p.m.	Mr. Church	May 9
June 11, 2 p.m.	Spotlight	May 23
June 29, 1 p.m.	The Light Between Oceans	June 6
July 20, 1 p.m.	Me Before You	June 20
July 30, 2 p.m.	Love and Friendship	July 7

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Health Advisory Committee

April 27: Alzheimer's Workshop

by Sandra McLeskey, RN, PhD

The Health Advisory Committee presents an Alzheimer's Workshop on Thursday, April 27, from 10 a.m.-noon in Clubhouse I.

Lindsey Vajpeyi of the Alzheimer's Association gives a presentation on signs of Alzheimer's disease and how we can distinguish them from the effects on memory of normal aging. She will also touch on risk factors for

dementia, what is involved in getting a diagnosis, the benefits of early detection, planning for the future and participating in clinical trials.

As many as 5.3 million Americans are living with Alzheimer's disease, a figure that is expected to grow to as many as 16 million by 2050. Because of the interactive nature of this presentation, tickets are limited and are available in the E&R office in Clubhouse I.

Low Vision Support Group

May 3: Free Workshop

by Joan Guberman

Be one of the first 20 people to apply for the upbeat, information-packed workshop offered on Wednesday, May 3, from 9:30 a.m.-1 p.m. in Clubhouse II. Take advantage of a free opportunity to master skills that matter.

Expert staff from Blind Services of Maryland (BISM) will be here to teach and learn from residents with low vision.

Complete and submit a sign-up application at the Clubhouse I E&R office. Don't delay in joining us for a workshop chock full of practical tips and hands-on opportunities, such as making your own lunch using ingredients provided by BISM.

Time will be set aside for

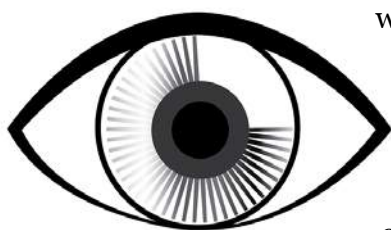
attendees to give BISM staff their ideas for possible future workshops, such as expanded sessions on independent home living and new adaptive technologies.

May Meeting and Summer Break

The Wednesday, May 10, group meeting features Adrienne Wiseman, D.O.,

who speaks on circumventing low vision issues. Come and learn about new opportunities available to you and your ophthalmologist.

There will be no meetings in June, July or August while the Group takes a summer vacation. Meetings resume in September with a presentation by Dr. Reshma Katira of The Retina Group of Washington.



Health Advisory Committee

April 29: Prescription Drug Take Back Day

by Mary Wells

Residents who would like to safely dispose of unused, unwanted, expired or discontinued prescription medications can do so on National Prescription Drug Take Back Day on Saturday, April 29, between 10 a.m.-2 p.m. at the MedStar Health medical center's pharmacy located at 3005 North Leisure World Boulevard.

Unused, expired and discontinued medication can pose a significant health hazard if ingested by accident, misused or found by children and pets. The disposal service is free and anonymous, with no questions asked. Needles, sharps, asthma inhalers and illicit drugs are not accepted at the drop-off location.

The Health Advisory Committee and the MedStar Health medical center's pharmacy worked with the Montgomery County Health

and Human Services Dept. and the Montgomery County Police Dept. to implement this program at Leisure World.

Pharmacy staff, the Health Advisory Committee and a police officer from the Montgomery County Police Dept. will attend the collection and are available to answer questions from residents. Police will transport the medications to an authorized disposal facility.

The National Drug Enforcement Agency implemented the National Prescription Drug Take Back Day in 2010. Each year, two days are designated as Drug Take Back days, one in April and one in October.

Leisure World has been designated as an official site for this event, and we encourage residents to take advantage of this opportunity to dispose of medications that are unused, no longer being used, are expired or discontinued.

Jewish Residents of Leisure World

May 18: Health and Fitness Expo

The annual Health and Fitness Expo is on Thursday, May 18, from 10 a.m.-2 p.m. in Clubhouse I.

More than 50 exhibitors run preventive health screenings and interactive workshops, including yoga, Zumba Gold, meditation to relieve stress, and a study of hidden layers in art works. Attendees can look forward to free massages, a caricaturist, and consultations with several social and community organizations.

Admission to the Expo is

free and includes giveaways and raffle prizes.

At 3 p.m. in Clubhouse II, a grand finale show features the Seth Kibel Quintet performing jazz, swing and klezmer music, and vocalist Jenny Langer.

Pre-register for this show at the E&R in Clubhouse I with a payment of \$7 beginning on Tuesday, April 25 at 8:30 a.m.

The Health and Fitness Expo is co-sponsored by

the JRLW and the Bender Jewish Community Center of Greater Washington's Coming of Age Program.

— Jonas Weiss



Follow us on Twitter at:
@LeisureWorldMd

FISH Holds Annual Meeting May 10

by Beth Leanza

FISH holds its annual meeting on Wednesday, May 10, from 12:30-2:30 p.m. in Clubhouse II. Current and prospective volunteers are encouraged to attend, and former volunteers are welcome.

Come mingle with fellow volunteers over a light lunch. RSVP to Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com) by Monday, May 8, if you are attending.

Club Information

The mission of FISH is to lend donated, assistive equipment to residents and employees.

We lend wheelchairs, walkers, commodes, tub stools and elevated toilet seats. We try to check all donations to make sure they are safe to use. If you have a therapist, it is a great idea to have her or him check out the equipment

too. We also strongly urge any borrowers to clean it before use, and before its returned.

FISH suggests a one to three-month loan period. However, we do not seek out equipment that is kept for longer periods. If you want to keep an item permanently, contact FISH president Beth Leanza at (301-598-4569).

Lost and Found

If you have mislaid something such as keys or an article of clothing, check out the lost and found items that are stored in the FISH office. Bear in mind that it can take a couple of days for an item to make its way from Clubhouse I to Clubhouse II. The found items are stored in the closet and the FISH volunteer can let you look through everything.

Other Donations/Giveaways

FISH also receives donations that we give away, such

as incontinence aids (pads, bed pads, adult diapers), blood pressure equipment, comfort cushions and canes. We store many of these items in the closet on the lowest two shelves. Feel free to ask the volunteer for a look.

Volunteers

Volunteers staff the FISH office. Many of our volunteers have a regular, repeating session scheduled, and a few openings are available. Call Beth if you are interested.

Hours

FISH is open Monday to Friday (except major holidays) from 10 a.m.-4 p.m. FISH can be reached by calling the E&R office at (301-598-1320).

The E&R staff can assist you before or after hours or on weekends. If you need Lost and Found and FISH is closed, be sure to let the E&R staffer know; he or she can check the FISH closet for you.

Helping Other Charities

We are more than happy to assist other charities that are collecting things, like labels, can tabs, and eyeglasses and hearing aids. The collection boxes are in the office. If you are collecting for some organization, we are happy to accommodate you.

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1:00-1:45 PM

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May 25: Memory Café

by Sandra McLeskey, RN, PhD

The Alzheimer's Association is partnering with the Health Advisory Committee to launch a Memory Café on Thursday, May 25 in Clubhouse I.

The Alzheimer's Association Memory Café helps people living in the early-stage of Alzheimer's, other dementias, or mild cognitive impairment remain mentally and socially active.

Memory Cafés offer a fun and comfortable way for people in the early stage of the disease to get out, get active and get connected with one another through commu-

nity-based gatherings.

Participants in Memory Cafés in other locations have indicated a high level of satisfaction and interest in engaging in these types of programs.

They also said the program gave them a feeling of acceptance and a sense of normalcy while focusing on having fun rather than on their illness.

After a pilot funded by MetLife Foundation launched in select markets nationwide, the Alzheimer's Association Memory Cafés are now offered in Montgomery County.

Pre-registration is required. To preregister or for more information, contact

Lindsey Vajpeyi at the Alzheimer's Association at (240-428-1342) or (lvajpeyi@alz.org).

Alzheimer's Association

The Alzheimer's Association continues to assist families in a variety of ways to best meet their needs.

Alzheimer's Association chapters nationwide facilitate more than 4,500 support

groups and conduct 20,000 education programs annually.

The Alzheimer's Association provides consultation to 250,000 people in need each year through its toll-free 24/7 helpline (1-800-272-3900).

The only one of its kind, the helpline is staffed by masters-level counselors and provides information and guidance in more than 170 languages and dialects.

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: Have you lost your spouse? Leisure World residents meet as a group to support one another twice a month on Tuesdays, 3-4:30 p.m. Sponsored by the Jewish Social Service Agency (JSSA) Hospice and facilitated by Grace McMillan, LGSW, the group meets in the conference room at MedStar Health (3305 N. Leisure World Blvd.). To register, call Suzanne Adelman, LCSW-C, JSSA Hospice at (301-816-2683).

Essential Tremor Group: The next meeting of the ET group is Thursday, May 4, at 10:30 a.m. in Clubhouse I. The group meets the first Thursday of the month.


Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers.

The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A.

There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings (except July and August) on the second Wednesday of the month from 1:30-3:30 p.m. in Clubhouse II. Our next meeting is Thursday, Sept. 14. No registration is needed and all are welcome. For more information, contact Sally MacDonald at (240-669-4233) or (sn3macd@aol.com).




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CLUBS, GROUPS & Organizations

■ Arts In Motion (AIM)

POETEST 2017: Teen Poets Compete at Leisure World

by York Van Nixon III

Last year, Arts In Motion (AIM) sent 10 ballet students to study for the summer in Cannes, France. On Saturday, July 1, 10 high school seniors from Montgomery County, the District of Columbia, and Prince George's County present their poetry for prize money in the Clubhouse II auditorium.

Competition judging begins at 2 p.m. The event is free, but

tickets are required and must be picked up from the Clubhouse I E&R office. For more information about the contest, visit our website and click on "POETEST 2017."

Change at 1600 Pennsylvania Ave. often affects the art world. With an expected decrease in funding for the National Endowment for the Arts over the next four years, AIM is continually committed to pursuing its mission statement to promote creativity in tomorrow's leaders.

■ Gilbert and Sullivan Society of Leisure World

'The Sorcerer' Coming to the Stage in August

by Maggi Lindley

Last fall, Society membership voted to perform Gilbert and Sullivan's "The Sorcerer" as its August 2017 production. "The Sorcerer" is one of the first operettas that Gilbert and Sullivan collaborated on, and is their typical topsy-turvy love story told with much humor.

"The Sorcerer" is presented on Friday, Aug. 18, and Saturday, Aug. 19 at 7 p.m. and on Sunday, Aug. 20, at 2 p.m. Tickets go on sale in early August; details are forthcoming.

Auditions are held for the principal roles on Monday, May 15, from 10 a.m.- noon, and Wednesday, May 17, from 7-9 p.m. in Clubhouse II.

The principal roles are: Sir Marmaduke Pointdextre, an elderly baronet (bass-baritone); Alexis of the Grenadier Guards, his son (tenor); Dr. Daly, Vicar of Ploverleigh (lyric baritone); Notary (bass); John Wellington Wells of J.W. Wells and Co.,

Family Sorcerers (comic baritone); Lady Sangazure, a lady of ancient lineage (contralto); Aline, her daughter, betrothed to Alexis (soprano); Mrs. Partlet, a Pew Opener (contralto); Constance, her daughter (soprano); Hercules – a speaking role; and a chorus of villagers.

If you would like to audition for one of these roles, please call Maggi Lindley at (301-758-3889) for an appointment. Auditions for chorus members are not held, but a meeting for choristers is held sometime before the first rehearsals begin.

Performance directors are Elaine Strass and Maggi Lindley, who is also the producer.

Spring Fling

Our annual "Spring Fling" Chinese dinner is on Tuesday, May 16, at 6 p.m. in the Party Room of Fairways South. All members and prospective members are welcome to attend. Admission is annual dues of \$5 per person. We look forward to welcoming you.

■ LW Green

April 30: Environmental Film Festival

by Harry Stoffer

LW Green has completed plans for its Sunday, April 30, Environmental Film Festival, which is open to all residents and their guests free of charge and begins at noon in Clubhouse I.

Members of the environmental club will be on hand to provide directions and respond to questions. Filmgoers can watch whichever of the movies presented interest them.

The film festival schedule is as follows:

Noon – Opening and introductions

12:30 p.m. – "Symphony of the Soil," a highly acclaimed 2013 documentary examining the complex relationships between soil, human activity and other components of the environment

2:30 p.m. – "Racing to Zero," a 2015 documentary about

efforts to eliminate all refuse going to landfills. Carol Ritz of Vice President Al Gore's Climate Reality Project introduces the film.

4 p.m. – "Waterworld," an action-packed 1995 feature film with a strong environ-

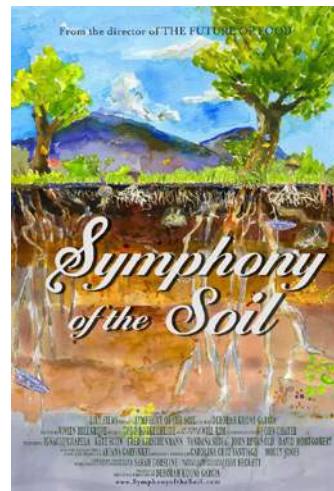
mental message, starring Kevin Costner, Jeanne Tripplehorn and Dennis Hopper.

The film on Butchart Gardens, to be shown at three different times, tells the story of one remarkable woman's work to create a lush garden haven in

and around a former limestone quarry by her family's home, now a popular tourism destination near Victoria, British Columbia.

Next Meeting

The next regular meeting of LW Green is Wednesday, April 26, at 2 p.m. in Clubhouse I. Everyone is welcome to attend.



■ Italian Social and Cultural Club

Members Screen 'Under the Tuscan Sun'

by Florence Merola

The Italian Social and Cultural Club presents the delightful film "Under the Tuscan Sun" on Sunday, April 23, at 2 p.m. in Clubhouse I.

It tells the story of Frances Mayes, played by Diane Lane, who decides to buy a villa in rural Tuscany and struggles to start her life anew amid colorful characters.

Running time is one hour, 50 minutes. Refreshments are served prior to the film. The event is for members only.

The Club also holds a members-only brunch on Sunday, May 21.

– Florence Merola

Leisure World News

April 28: Presentation on Hong Kong

by Stella Shaw

Hong Kong is a great world city: dynamic, exciting, cosmopolitan and full of opportunities. The Hong Kong Economic and Trade Office in Washington, D.C., established in 1987, is the official representative of the Hong Kong Special Administrative Region Government. Its mission is to broaden, deepen and enrich the already strong economic, trade, and cultural ties with the U.S.

The commissioner of this office, Clement C.M. Leung, comes to Leisure World on Friday, April 28, from 10-11 a.m. in Clubhouse I to give a talk on the topic, "An Update on Hong Kong: A Place to Live, Work, Do Business and Have Fun." He will discuss recent developments in Hong Kong, including infrastructure projects, tourism development, arts and culture, creative industries, economic sectors and new busi-

ness opportunities.

If you plan to visit this wonderful city or just want to learn more about it, please come to the presentation on April 28. The event is free for all residents. Please don't miss this opportunity.

The Chinese Club holds two regular monthly meetings on the second and fourth Fridays of each month. Leung's presentation is one of the regular monthly meetings.

Commissioner Leung's Biography

Appointed in 2014 as Hong Kong commissioner for economic and trade affairs to the United States, Leung is the

most senior representative of the Hong Kong Special Administrative Region Government in North America.

As Commissioner, he directs the Hong Kong government's efforts in promoting U.S.-Hong Kong economic and trade ties, and constituency-building activities in the U.S. He also oversees the work of the three Hong Kong Economic

and Trade Offices in Washington, D.C., New York and San Francisco.

Leung joined the Hong Kong Administrative Service in 1987 and has served in many several senior government positions, with responsibilities covering

district administration, telecommunications, internal security, higher education, and public finance, public hygiene services, and trade relations with the U.S. and mainland China.

Leung is a graduate of the Chinese University of Hong Kong and holds a master's degree in business management from Stanford University.



Commissioner Clement C.M. Leung, courtesy photo

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And the Beat Goes On...

by Patricia Means

On Thursday, April 27, LW Association for African American Culture (LWAAAC) holds a members-only Fun Night from 6-9 p.m. in the Clubhouse I Crystal Ballroom.

On Friday, April 28, LWAAAC screens the movie “Selma” at 4 p.m. in the Clubhouse II auditorium. Admission is free for all residents. Check the Events & Entertainment section of this edition of the newspaper for more information.

Latin Dance Party

The Latin Dance Party on April 1 opened with a Latin version of “Autumn Leaves” played by Grupo Quimbao, and dancers exploded with energy on the ballroom floor to the rhythmic beat. The party was a festive event with non-stop hip swaying and pulsating music throughout the evening.

Email Address

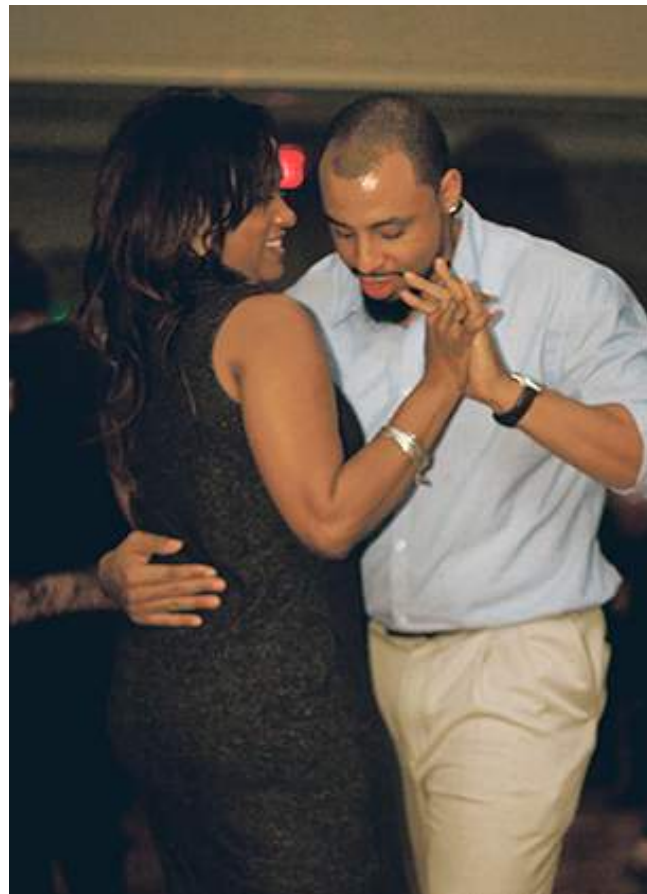
The email address for the Association is (lwaaac1@gmail.com). Send your ideas, opinions and concerns to Juanita Sealy-Williams at this email address.

Robocall Announcements

A robocall system is operated by Technology Solutions Inc. on behalf of LWAAAC. Please do not ignore, delete or block the call



Elizabeth Brooks-Evans, left, and Glenne Martin dance to the rhythm. Photos by Alfonso Holston



Adrienne Boykin, left, and Phillip Sadler V clasp hands as they slow dance.

from Technology Solutions Inc., because it contains an announcement from us. Once you answer the call, there is a momentary lull before the LWAAAC message begins, so don't hang up.

If there are problems with the robocall announcements, please contact Helen VanLowe, membership chair, at (301-438-7159) or (lwaaac1@gmail.com).

Archives Collection

The purpose of the LWAAAC archives is to create a collection that will show



Sade Anderson, left, and Andaiye Scott, right, watch as their mother, Renee Ward Anderson, finds her groove.

and preserve our participation in activities and how the

Association has progressed over the years.

A major key to the success of the archives is the cooperation of past and present Leisure World Community Corporation (LWCC) board of directors.

Documents (meeting minutes, news articles, membership records, flyers, etc.) and photographs generated by the LWCC board of directors should be stored in the archives.

If you have such material, we will gladly pick up the information from you. Contact Patricia Means, archives committee chair, at (301-598-0550) or (lwaaac1@gmail.com).



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Group Set to Celebrate Gay Pride Month

by Pat Ritter and Mike LaPoint

Plans are in the works for celebrating Gay Pride Month in June. In addition to attending the parade and festivities in Washington, D.C., on Saturday, June 11, through Sunday, June 12, the Alliance also hosts a gay movie night in Clubhouse II for the community.

On March 28, a group of LW LGBT members attended an excellent program, “Transgender and Gender Non-Conforming Students’ Rights and the Gavin Grimm Case,” sponsored by the Unitarian Universalists. The guest speakers provided informative, first-hand accounts of the case and issues facing the transgender community in this emerging movement for equal rights.

The LW LGBT Alliance has had a very active month,

including our monthly potluck and meeting, which were well attended and included several new and returning members.

Upcoming Events:

Sunday, April 30 – Monthly Brunch: Our group gathers for good food and lively conversation on the last Sunday of each month.

Saturday, May 6 – Game Night: Bring your favorite board games and a dish to share, and join us for an evening of games and fellowship.

Sunday, May 7 – Gay Day at the National Zoo: We go to this annual event for a leisurely stroll in the zoo.

Thursday, May 18 – Picnic on the Lanai: With the return of milder weather, our weekly picnic group gathers on the Clubhouse I lanai (weather permitting). The picnic is an informal event and a great

opportunity for members to get together and socialize.

Saturday, May 20 – Monthly Club Potluck and Meeting: held on the third Saturday of each month in Clubhouse II.

May/June – Join our group as we visit some of Washington, D.C.’s excellent museums and attractions.

Sunday, June 11, and Monday, June 12 – The Group will head to the colorful D.C. Pride parade and festival.

Saturday, June 24 – Gay Movie Night

Tuesday, July 4 – 4th of July Parade: Our group plans to participate in Leisure World’s parade, followed by lunch on the lanai.

Alliance events are open to members of the LGBT community, our friends, family and allies. Email (celticwomen1@gmail.com) for more information about the Alliance or its events.



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<p>SOLD</p> <p>Berkeley Townhome 1,600 sf End unit 2 bedrooms, 2 baths lam. wood flooring and covered patio. Sold \$145,000</p>	<p>SOLD</p> <p>Vantage West 2 bedrooms +den, 2 baths, new S/S appl., new paint, new carpet and flooring. Sold \$305,000</p>	<p>SOLD</p> <p>Fairways So. 1,138 sf 2 bedrooms, 2 baths Updated kitchen, lam. wood floors, and garage space Sold \$194,750</p>

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'Breaking' and Reshaping the Mold

by Gail Bragg

If you have been to the ceramics studio or read this column, you may already know we are fortunate to have about 2,000 molds. But even with so many molds to choose from, the urge to experiment beyond the limitations of the mold can be irresistible.

Once a piece is removed from the mold, the artist has several options. The soft and flexible greenware (clay not yet fired) can be carefully altered.

Examples of this include twisting or bending the shape of the piece; slowly pulling out the edge of a bowl with wet fingers to make a small pouring spout; applying your own relief decoration (called sprigging or add-ons); dripping, piping, or splashing slightly thickened slip onto the piece; adding a handle, and etching or carving your

own design either on the surface of the piece or all the way through the piece.

Another option usually done on leather hard greenware (dried but not fired clay) is spraying the piece with vinegar.

When the vinegar hits the dry clay, it bubbles and leaves a very textured surface. All of these alterations result in a personalized artistic affect and a one-of-a-kind piece. You should try it!

General Information

The Ceramics Club's \$10 annual membership fee includes instructions on how to make your own ceramic pieces. We welcome new members, so drop by our studio in Clubhouse II.

You can view some of our ceramic pieces in the gift shop in our studio; they are for sale with proceeds going to charity. We hope to see you soon.



A ceramic spring basket by Triscilla Chin started with a mold for a shallow dish. The add-ons include the lacy trim, the flower, and the handle. Photo by Gail Bragg



Excerpt – Roland B. Gittelsohn

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April Showers Bring Flowers to Clubhouse I



"Garden," by Patty Elton. Photos by Ann Bolt

by Ann Bolt

The exhibit hall in Clubhouse I is sprouting with paintings featuring a sampling of poppies, roses, irises, spring flowers and gardens.

Jeanette Schuder, Patty Elton, Loretta Morgan, Donna Ward and Ann Bolt produced these floral interpretations.

Some of the same artists are featured with the Walk Through Life exhibit paintings continuing this month. Other artists' entering paintings include Violet Batkin, Nancy Albrecht, Maria Clark, Barbara McCool and Mari Craig.

The Houston Hancock exhibit in Clubhouse II shows his expertise in rendering landscapes, seascapes and Victorian houses. It continues throughout the month of April.

May Exhibit

Plans for the May exhibit by the Open Studio group includes the theme of food and drink.

All Rossmoor Art Guild (RAG) members are invited to submit their paintings for either the special subject exhibits or general exhibits in Clubhouse I. Paintings need to be ready for hanging by Saturday, May 6, before 9 a.m.



"Roses," by Ann Bolt



"Flowers," by Donna Ward



"Poppies," by Jeanette Schuder

Nearby Exhibits

Several RAG members show their work at nearby exhibits including the Woman's Club of Chevy Chase: Ingrid Barnes, Billie Van Wieren, Mari Craig and RAG instructors Sharon Minor and Millie Shot.

Other RAG members are showing at the Ranazul Gallery in Fulton and the Washington Jewish Center in Rockville.

Spring Fling

Plans are underway for the Spring Fling Open House by RAG for Saturday, May 27, from 2-4 p.m., in the studio. It is a good time to enjoy and show your appreciation to our teachers.

The very versatile Sharon Minor is our featured presenter. All are welcome, and light refreshments are served. The Spring Fling is a good time to find out more about the art program at Leisure World.



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Competition Photos Depict Mist and Fog

by Nina Parish

On March 28, the Rossmoor Camera Club held a competition on photos depicting mists or fogs. Steve Brusa, an exceptional creative photographer, member of the Bowie Camera Club and winner of many photography awards, judged our competition.

In his remarks to us, Brusa told us to think about what we can do to make our images more creative.

We might start off by viewing other arts, such as dance or painting, just to be around other creative people to get our “juices flowing.”

In judging our photos of mists, he looked for images in which the mist was more than just a white space with no tonalities, but one in which we could see some texture.

He also pointed out that when mists is the theme, the image should have the mist as the center of the focus rather than something else with the fog or mist of minor importance.

During his critiques, he pointed out how some images would have been more creative if in post-processing the image

had been flipped. He stated that he always flips every image he intends to enter in a competition to see if it looks better flipped to the other side.

He ended by quoting Ansel Adams, “Every image should

have something near and something far.”

The print and digital winners of the mist and fogs competition are:

Advanced Prints

1st place: Joanne Mars, “Morning in the Smokies”; 2nd place: Joanne Mars, “Minerva Terrace”; 3rd place: Larry Mars, “Yellowstone Basin”; Honorable Mentions: Larry Mars, “Walking in the Mist”; Fred Shapiro, “Mist in LW.”

General Prints

1st place: Steven Kline, “Twin Peaks in Mist and Fog”; 2nd place: Woody Shields, “Morning Fog in Alaska”; 3rd place: Woody Shields, “Morning Fog in the Valley.”

Advanced Digitals

1st place: Fred Shapiro, “Alaskan Mist”; 2nd place: Joanne Mars, “Tuscany Morning”; 3rd place: Stewart Lillard, “Fog Trumps PO Tower”; Honorable Mentions: Richard Bambach, “In the Dolomites”; Jean DeSchriver, “Noelly”; George Kaye, “Panama City Beach in the Fog.”

General Digitals

1st place: Julie Friedman, “Enchanted”; 2nd place: Lou Paley, “Misty at Del River Gap”; 3rd place: Julie Friedman, “Hotel in the Mist”; Honorable Mentions: Frank M. Roddy, “Fog on Columbia”; Woody Shields, “Fog Around the Mountain.”

You can view all of the winning photos by visiting our website at (rossmoorcameraclub.com).



“Alaskan Mist,” by Fred Shapiro



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A First Taste of ‘A Funny Thing’

by Hannette Allen

The Roman Empire at its hilarious best is nearly upon us. Come and enjoy our production of the Tony-winning musical comedy, “A Funny Thing Happened on the Way to the Forum.”

Performances are Friday, May 12; Saturday, May 13; Friday, May 19; and Saturday, May 20, at 7:30 p.m.; and one matinee on Sunday, May 21, at 2 p.m. Reserved seats are \$10 each, payable by cash or check. Ticket sales start on Thursday, April 27, through Friday, May 19, Monday through Friday only, from 11 a.m.-2 p.m. in the Clubhouse II lobby.

Directed by Shelly Horn and produced by Allan Okin and Carol Neckar, with associate producers Karyn Davis and Judy Heir, the musical stars Ernie Poland, Steve Bennof, Doug Brasse, and Pat McConnell. Supporting

players are Beth Youse, Stan Jones, Allan Okin, and Alan Packer.

Upcoming Meeting

Are you curious about “A Funny Thing...” and want a first taste? Our monthly meeting on Wednesday, May 3, at 7:30 p.m. in the Clubhouse II auditorium features some excerpts from the show. Members also vote on the board of directors for the coming season.

Annual Banquet

Entertainment for the Wednesday, June 7, annual banquet show “A Few of Our Favorite Things” reprises some memorable Fun and Fancy acts. This year’s Crystal Ballroom show is in-the-round. Performers move around the space, which is delightful for our audience – up close and personal with no need for craning necks to see over the folks at the table in front of you.

Summer Jam Sessions

Do you play a band instrument, or would you like to learn? Maybe you played in your school band many years ago, and would like to take the instrument up again, or try a new one.

This summer, Tom Flester conducts a music workshop once a week in Clubhouse II for anyone interested in playing

music just for fun. If you are interested in playing the electric bass guitar or any woodwind or brass instrument, Flester can assist you in acquiring one, if desired.

Players on any level are welcome. Contact Flester at (telstarflstr@aol.com).

Dust off the old kazoo and join the fun!

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May 10: 'The Last Ice Age: The Catastrophic Flooding of the Northwestern U.S.

by Mary Beth Mason

Frank Roddy presents a program entitled "The Last Ice Age: The Catastrophic Flooding of the Northwestern United States" at the club's meeting on Wednesday, May 10, at 7 p.m. in Clubhouse II.

Roddy and his wife, Elizabeth, have resided in Leisure World for three years, after returning from the Pacific Northwest where Roddy worked for the Federal government. While living in that region, he became interested in Northwestern geology. Roddy is the club's vice president.

Presentation

Roddy describes the Ice Age floods of more than 11,000 years ago that occurred in the Northwestern U.S. His presentation also includes

pictures of the various consequences and unusual phenomena caused by the floods.

About a century ago, J.

Harlen Bretz, a young geologist on an expedition in the Pacific Northwest, noted some very unusual geologic formations that seemed to defy natural explanations.

Water flowed uphill. Strange boulders were found high on the sides of mountains. Giant ripples appeared in sandy areas. Shelves emerged on the mountain-side overlooking Missoula, Montana.

Many layers of sediment were found high above

rivers. Peculiar hills occurred between mountain ranges. Topsoil was removed from large areas of the Pacific Northwest.



Frank Roddy, vice president of the Gem, Lapidary and Mineral Society of Leisure World. Photo by Elizabeth Roddy

It appeared to Bretz that some sort of geological catastrophe had killed off humans, mammoths, and early relatives of rhinoceros, horses and camels. If Bretz's surmises were true, what cataclysm of nature could have caused these seemingly bizarre consequences?

Until Bretz published his research, scientists had believed that the geology of rivers, such as the Colorado which formed the Grand Canyon, created valleys by slowly eroding the land

over billions of years.

What had happened? That is the question that geologists of Bretz's time wanted answered, and they pummeled him with further questions for most of the remainder of his life. Attend the May 10 meeting to find out the amazing answers.

If you wish, bring an item for show-and-tell, which follows the presentation. Attendees are encouraged to stay seated while others explain about their items.

Refreshments are served before and after the meeting. Following adjournment, our lapidary shop will open for those interested in seeing our set-up and equipment.

For information about the Gem, Lapidary and Mineral Society of Leisure World, contact Chuck Mason at (301-933-3093) or (sugartree2@comcast.net).

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May 11: District 19 General Assembly Wrap-Up

by Emile Milne

Members of the Maryland General Assembly District 19 delegation report on the results of the 2017 legislative session at the Democratic Club's general membership meeting on Thursday, May 11, at 7 p.m. in the Clubhouse I Crystal Ballroom.

State Sen. Roger Manno and Delegates Benjamin Kramer, Bonnie Cullison and Maricé Morales discuss highlights of the 90-day legislative session that ended on April 10. The legislators also take questions from the audience.

During the session, the democratically controlled legislature supported a number of bills that pushed

back against President Trump's agenda in the areas of immigration, education, healthcare, medical marijuana, the environment and others.

A bill requiring employers to provide paid sick leave is threatened by Gov. Hogan's veto. Among the major victories for Democrats was a bill allowing the State Attorney General to sue drug companies for price spikes. The legislation makes the Maryland Attorney General the first attorney general in the nation with that power.

Executive Committee Election

A vote to elect members of the Club's executive committee for the 2018-2019 fiscal year is held during



Left to right: Delegates Maricé Morales, Ben Kramer, Bonnie Cullison, and State Sen. Roger Manno, shown in this May 2016 photo, are set to discuss the 90-day legislative session at the Democratic Club meeting May 11. Courtesy photo

the opening business session of the meeting. A slate of candidates is offered by the nominations and election committee, which is supervising the election.

Members in good standing may offer additional nominations from the members who are present and willing to serve. Club members in good standing are eligible to vote.



Please Join Congressman Jamie Raskin for his Town Hall Meeting on Social Security & Medicare

- WHAT:** A non-partisan town hall meeting to discuss Social Security and Medicare with your Congressman Jamie Raskin and special guests.
- WHEN:** Sunday, April 30, 2017 at 4 p.m.
- WHERE:** Activities Room, Clubhouse Two, Leisure World
3300 North Leisure World Blvd., Silver Spring, MD 20906
- WHO:** Rep. Jamie Raskin, Congressman for Maryland's 8th District
Rep. John Larson, Ranking Member of the House Ways & Means Subcommittee on Social Security
Nancy Altman, Co-Director of Social Security Works & Co-Chair of Strengthen Social Security
- RSVP:** Send an email to: raskin.events@mail.house.gov or call our office at: [301-354-1000](tel:301-354-1000).

www.Raskin.House.Gov

■ Republican Club

2017 Maryland General Assembly Legislative Wrap-Up

by Fred Seelman

The next meeting of the Republican Club is Tuesday, May 16,

at 7 p.m. in Clubhouse I.

The highlight of the meeting is a report about the results of this year's Maryland legislative session. The report covers various

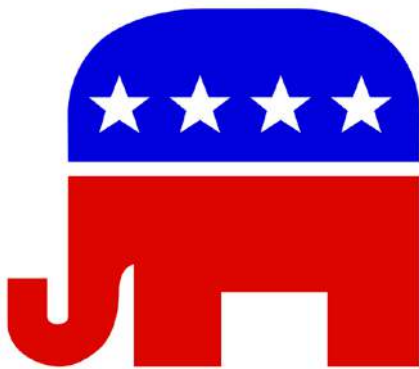
subjects, including fracking, ethics requirements for elected and public officials and lobbyists, immigration, medical marijuana, internet privacy, prescription drugs and opioid abuse.

The Club will have a speaker at the meeting to talk about these and other legislative developments.

Send comments or questions about these or any other Club matters and/or offers to volunteer by emailing our Club president, Fred Seelman, at (fseelman@gmail.com) or by calling its first vice president, Ray

Spieler, at (301-460-3563).

Join us for another quality event on May 16, and catch up on the latest Maryland laws and other legislative happenings. And enjoy our refreshments.



■ National Active and Retired Federal Employees (NARFE) Chapter 1143

Maryland Senate Whip Speaks at Next Chapter Meeting

by Joe Cook

Maryland Sen. Roger Manno, who was recently elected Senate Majority Whip, speaks at our next Chapter meeting on Monday, May 15, in Clubhouse I. The formal meeting begins at 2 p.m., with informal discussions and snacks beginning at 1:30 p.m.

Federal Hiring Freeze

The U.S. Government Accountability Office (GAO) is determining whether to assess the costs and pitfalls of the Administration's current hiring freeze. In 1982, GAO reviewed hiring freezes instituted by Presidents Jimmy Carter and Ronald Reagan.



NARFE believes hiring freezes are based on the false narrative that federal employees are overpaid, underworked, and financially secure. Moreover, we feel it denigrates the hard work and exceptional efforts of retired federal employees, and

could lay the foundation for reductions in compensation and benefits for retired employees.

Legislation Proposed to Improve TSP Withdrawal Options

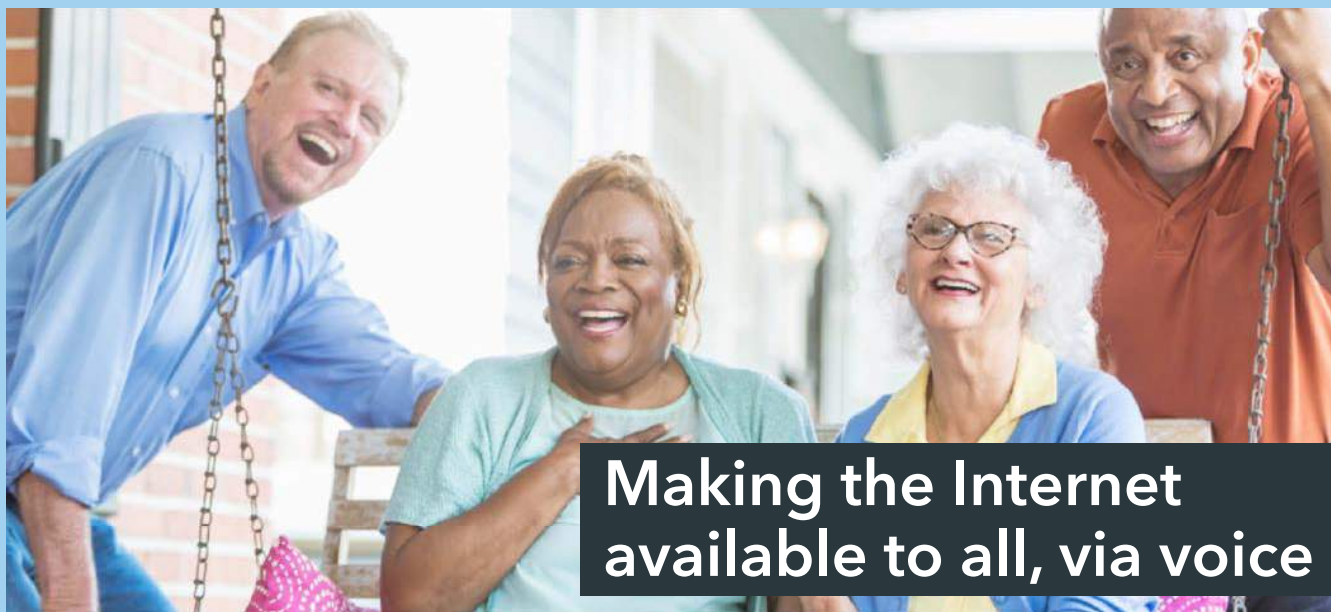
Sens. Rob Portman and Thomas R. Carper introduced the TSP Modernization Act this month, which would provide more flexible withdrawal options for Thrift Savings Plan (TSP) accounts. See the NARFE website at (NARFE.org) for details.

For any questions, suggestions, or answers to how you can be helpful to our chapter, please contact a member of our executive committee:

President John Moens at (johnjots@outlook.com) or (301-438-3237)

Vice President, Legislative Chair Joe Cook at (joec37766@gmail.com) or (202-271-0710)

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April 28: Arbor Day Celebration

by Jean DeSchraver

Residents and guests are invited to join the Garden and Environmental Club as they celebrate National Arbor Day on Friday, April 28, at 10:30 a.m. in Clubhouse I.

Landscaping contractor McFall & Berry Inc. provides the program and refreshments, and has sponsored the event for several years.

After the program, everyone is invited to participate in planting the Bloodgood Japanese maple tree that was purchased by the Garden and Environmental Club with funds from the Annual Spring Tea. The tree will be planted in the grassy area near the Georgia Avenue Gate entrance and Leisure World Boulevard.

Tree Plantings

The Garden and Environmental Club has planted a tree every year since 1988, a total of 30 trees. Three have died and one tree was removed.

The first tree, a dawn redwood, was planted in 1988 not only to celebrate Arbor Day, but also to honor Leisure World as being recognized that year as a "Tree City" by the National Arbor Day Foundation.

The tree is on the corner of the Administration Building parking lot near the pro golf shop. It has a metal placard embedded in a large stone, which gives the botanical name of the tree and recognizes the planting by the Garden and Environmental Club. The tree is pretty bare looking, but in autumn it will turn to a rich mixture of pink and gold.

The Club is in the process of photographing all of the remaining trees and cataloging their information, including the location of each tree. The Club hopes that during the construction of the new Administration Building, the trees planted by the Garden and Environmental Club can be re-located within Leisure World.



A dawn redwood tree planted by the Garden and Environmental Club in 1988 and shown in this September 2016 photo, right, sits at the corner of the Administration Building parking lot near the golf pro shop. It is recognized with a plaque at its trunk base, above. Photos by Jean DeSchraver and Leisure World News

Arbor Day History

National Arbor Day is celebrated on the last Friday of April, though some states have their own dates to better coincide with good tree planting weather. The governor of Nebraska officially proclaimed the first Arbor Day in 1872.

J. Sterling Morton is considered the "father of Arbor Day." He was a journalist and editor of a Nebraska newspaper, which gave him the forum to spread agricultural information and an enthusiasm for trees.

He encouraged schools to have children plant trees, and it is estimated that on the first Arbor Day, approximately one million trees were planted in Nebraska. School children continue to plant trees on Arbor Day and learn about the important role trees play in climate change and global warming.

The National Arbor Day Foundation was founded in 1972 to celebrate the 100th anniversary of Arbor Day. The Foundation has planted over 250 million trees and gives away 10 million seedlings a year.

In 1976, the non-profit organization promoted the Tree City USA program and honored 42 communities in 15 states. Today, more than 3,300 cities and towns are honored as Tree City USA communities.

The Garden and Environmental Club is proud to play a small part in keeping our community a "Tree City."



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Library Stocks O'Reilly's "Killing..." Series

by Barbara Long

Fast-paced action, death or near-death occurrences, and historical figures from the Civil War, World War II, and the 1980s all make Bill O'Reilly's books bestsellers. Writing in collaboration with Martin Dugard, O'Reilly, the conservative talk show host, weaves together history and opinion.

Written in the present tense, the books read like thrillers, livening up famous events and avoiding the tone of dry lessons. They tell history through a new lens, imparting a fresh angle to well-known

events. According to the Barnes & Noble Booksellers blog, the author "never shies away from controversy." The book series includes "Killing Lincoln" (2011), "Killing Kennedy" (2012), "Killing Jesus" (2013), "Killing Patton" (2014), "Killing Reagan" (2015) and "Killing the Rising Sun" (2016).

USA Today says, "Readers have grabbed up the series, but critics have not always been fans." Ray Locker from the

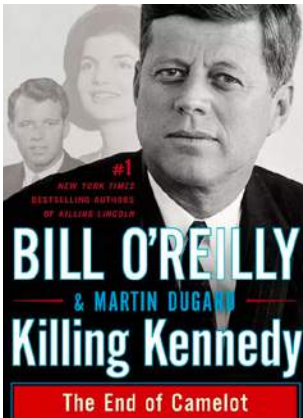
National Review says O'Reilly "makes a mess of history in "Killing Reagan." He refers to the book's theory that the 1981 assassination attempt triggered the president's eventual Alzheimer's disease.

Most of the books have an unusual twist that contradicts known facts and include some speculation by O'Reilly, such as the idea that Stalin orchestrated the murder of General George S. Patton while the latter was hospitalized. George Will, a

conservative columnist and author, sharply criticized the work on Lincoln in an interview with O'Reilly, citing discrepancies.

Negative reviews appear to have had no effect on readership. Many books in the series have been on the New York Times bestseller list for weeks and are exceedingly popular.

Library patrons can borrow one or all books from the series, except for "Killing Kennedy." Will academic inaccuracies dampen your enjoyment of these books, or would you rather grab an action-packed read? Let us hear your thoughts.



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■ Vegetarian Society of Leisure World (VSLW)
‘Food for Life’ Teacher Returns in June

by Iris Wolf

Brian Bergman, a Physicians Committee for Responsible Medicine “Food For Life” teacher, will speak at the June meeting. He will discuss following a vegan diet to help fight cancer. Bergman will also announce the details of his upcoming five-week class related to fighting cancer.

March Meeting
At our March meeting, Donna Copeland reported on

a vegetarian tour of India she recently took. Also, Lois Kutun spoke about her recent experiences keeping vegetarian while touring South Africa.

General Information
Group meetings take place on the third Tuesday of the month at 7 p.m. in Clubhouse II. Additional information on VSLW activities is found on our website at (www.vslw.org). This includes information on some of the numerous nearby vegetarian/vegan meetup groups.

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Political Power Moves and Difficult Choices

by Verna Denny

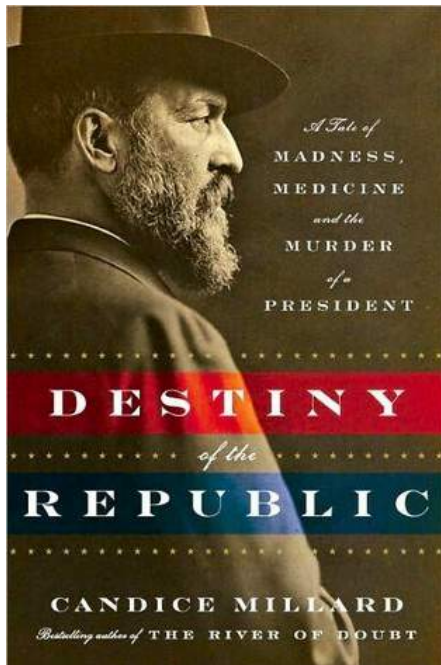
Resident bookworms shared their latest fiction and non-fiction finds, and discussed what they liked and disliked about each.

The Searchers read “Destiny of the Republic: A Tale of Madness, Medicine and the Murder of a President” by Candice Millard. Everyone attending liked the book and highly recommends it.

The book is about the 1881 assassination of U.S. President James Garfield but also covers the politics of the time, the state of the nation and medicine. Members said it was readable and well written as well as interesting and informative.

Diversity Strong read “The Man Without a Shadow” by Joyce Carol Oates, a tale about a neuroscientist who falls in love with her patient, an amnesiac who can’t store or retrieve memories. The story examines issues around ethics and love.

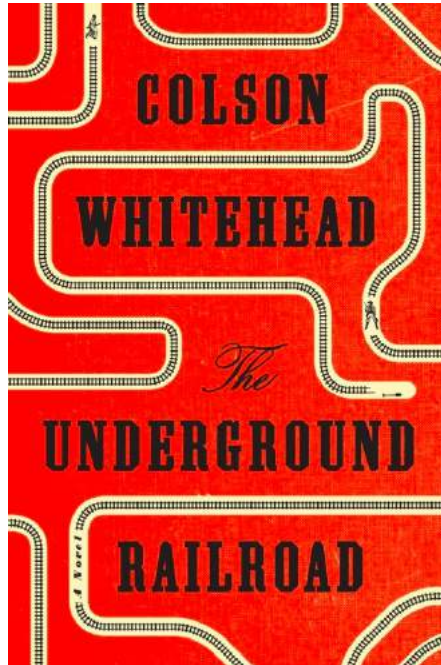
The Bookies enjoyed “A Drop in the Ocean,” a romantic novel by Jenni Ogden, a neurophysicist. The story is set on a tiny island on Australia’s Great Barrier Reef. The protagonist is a middle-aged medical researcher who has to face some very difficult life choices. Members learned things that they didn’t know before, especially about sea turtles and Huntington’s chorea, a genetic disease.



The African Heritage Book Club read Oprah Book Club selection “The Underground Railroad” by Colson Whitehead. Whitehead is a prolific writer and delivers this novel in beautiful and graphic prose using the actual mechanical railroad car as critical to the life of slaves seeking freedom in northern states.

Literary Ladies Who Lunch read “The Commoner” by John Burnham Schwartz, a historical novel about the Japanese imperial family. Haruko, the first nonaristocratic woman to penetrate the Japanese monarchy, lives a difficult, controlled life; yet she persuades a young woman to marry her son, which leads to tragic consequences.

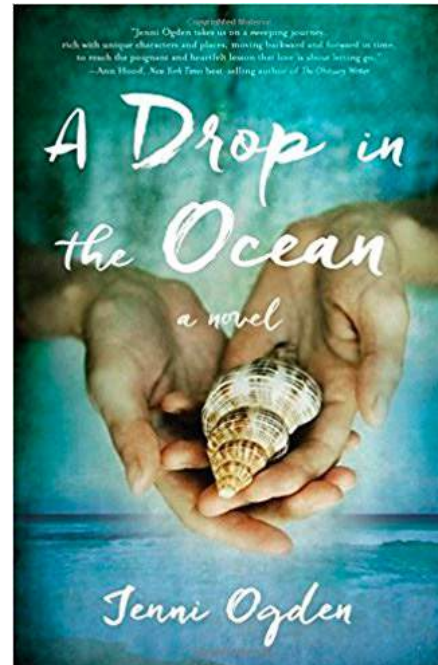
The Fall Readers enjoyed



“The Impeachment of Abraham Lincoln” by Stephen L. Carter. The story supposes that Abraham Lincoln survived the plot to kill him at the Ford Theatre only to later be impeached for his involvement in the Civil War.

The story also introduces a young African-American who was the first woman to graduate from Oberlin College. She goes on to study law and become a member of President Lincoln’s defense team. The Book Club members had a lengthy discussion on the impact of this book and how it reflects today’s political picture.

The Rose Readers read “My Reading Life” by Pat Conroy. The book is an ode to other books and authors that have



shaped Conroy. The book is divided into thematic chapters. Members particularly liked the one about “Gone With The Wind.” An interesting read!

The Suspensers read “Murder Must Advertise” by Dorothy L. Sayers. Lord Peter Wimsey solves the mystery of who pushed a copywriter down a flight of stairs. Members liked the book, but had a hard time getting into the story because of the minutiae and detail of many characters. They felt the style of writing in 1933 was far-fetched, not true to character and somewhat predictable.

For further information about the Book Club Network, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

■ Interfaith Committee for the Homeless and Working Poor

Baby Shower and Books for Kids

by Rae Cooper

On Thursday, April 27, the Interfaith Committee for the Homeless and Working Poor (CHWP) hosts its annual baby shower from 8:30 a.m.-noon in Clubhouse I. CHWP volunteers will be inside and curbside to collect layette items for newborns to a few months old.

All donated items go to the Rockville and Gaithersburg Welcome Baby Program,

sponsored by Montgomery County Interfaith Works Clothing Center. Last year, the committee collected a variety of over 400 items – from diapers, baby wipes and bottles, to lovely hand-knitted caps, blankets and sweaters. CHWP looks forward to making this year’s effort even more rewarding.

Books for Kids

The Books for Kids book drive is Sunday, May 1 through Monday, May 15.

Look for drop-off boxes where residents can bring new and gently used books for students (kindergarten through fifth grade).

The boxes will be located at The Inter-Faith Chapel, the Clubhouse II FISH office, Our Lady of Grace Church and the Clubhouse I library. On Tuesday, May 16, committee members collect the books and take them to Georgian Forest Elementary School. Teachers at the school distribute them to students

who otherwise might not have books for summer reading.

Donations

Should you not be in a position to shop for baby items or books, monetary donations are welcome. Checks payable to The Inter-Faith Chapel and referencing CHWP Baby Shower and/or Books for Kids should either be dropped off or mailed to the Chapel at (3680 S. Leisure World Blvd., Silver Spring, MD 20906).

Fundraising Goal Reached for 'The Tower'

by Barbara Eisen

Ellen Hershkin, the National President of Hadassah, has announced a major milestone: the fundraising campaign for the Sarah Wetsman Davidson Hospital Tower, known as "The Tower," in Israel is complete.

"The Tower" is an ultra-modern complex that rivals the finest hospitals and research facilities anywhere in the world. As a Level 1 Shock Trauma Unit, The Tower is home to specialized medical departments and has a surgical complex that can rapidly convert to a fully functioning, self-sustained hospital.

Although the initial goal has been met, Tower-specific fundraising will continue to ensure that the hospital has all necessary supplies and will obtain any innovations to keep up with the latest medical research.

Judaic Study Group

The Judaic Study Group meets on Monday, May 15, at 1:30 p.m. in Clubhouse I. The topic is the Israeli poets discussion that was canceled in March, and Marcia Elbrand leads the discussion. Please contact Peri Schuyler at (301-869-2968) or (peris-laptop@aol.com) for further information.

Lecture

The Greater Hadassah Region holds a Steinberg Memorial Lecture on Sunday, May 7, from 10:30 a.m.-12:30 p.m. at The Village at Rockville, (9701 Veirs Dr., Rockville). Yoav Gelber, a visiting professor in the history department of American University, speaks on "The 50th Anniversary of the Reunification of Jerusalem."

The Shir Shalom Chapter of Hadassah sponsors the event. Light refreshments are served. The cost is \$10 for Hadassah members and \$15 for

non-members. Call the region office at (301-881-8203) for reservations and to arrange payment.

Greeting Cards

Hadassah greeting cards are available for purchase; prices are \$2.50 each or five for \$10. Cards are displayed and sold at every Hadassah meeting. Call Elaine Schenberg at (301-598-0079) or Jan Bloom at (301-593-7720) if you want to pick up cards or have them mailed for you for an extra postal charge.

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and in the U.S.

If you are interested in knowing more about Hadassah, contact one of our membership vice presidents, Carole Sonneborn at (301-288-4902) or (Carole200@comcast.net) or Mimi Meltzer at (301-806-0976) or (Mimi20852@aol.com).

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■ The Inter-Faith Chapel

May 9: Winning Life's Toughest Battles

by Bonnie Bonner

All residents, family and friends are invited to attend a presentation, "Winning Life's Toughest Battles," on Tuesday, May 9, from 1-2 p.m. in the Chapel fellowship hall. Rev. Bill Neely, chaplain at Brooke Grove Retirement Village and Peak Performance coach, is the presenter.

Neely will explore the distinguishing characteristics of people who survive traumatizing situations and focus on ways to shape or reshape suffering in order to flourish.

The presentation is drawn from the book "Winning Life's Toughest Battles" by Dr. Julius Segal. Segal provides a short and powerful guide for anyone

facing the crises of everyday life.

Strategies include communication, taking control, finding a purpose, shedding guilt, and showing compassion.

Neely worked as an engineer for 10 years before being called to pastoral ministry.

He obtained his master's of divinity from Andrews University in Berrien Springs, Michigan, and then served Seventh-day Adventist churches in the Washington, D.C., metropolitan area for 25 years.

The presentation is free and tickets are not required. If you plan to attend, please RSVP by Friday, May 5, on the Chapel website at (www.inter-faithchapel.org) or by calling the Chapel office at (301-598-5312).

■ NA'AMAT RBZ Club

May 18: Annual Donor Luncheon

by Carole Mund

NA'AMAT RBZ holds its Annual Donor Luncheon on Thursday, May 18, at Norbeck Country Club. The Club honors all the people who have participated in our many activities and fundraisers.

An invitation will be sent to those who have met the individual goal of \$50, and can participate in the luncheon by simply paying plate money. New members who may not have met the donor credit goal are encouraged to attend and just pay plate money.

Not only will you enjoy a delicious lunch and entertainment, but also the Club will announce the Woman of the Year and give an end of the year report.

Donor Credit

NA'AMAT is a charitable organization dedicated to

helping NA'AMAT Israel provide educational day care programs, vocational training, legal aid for women, services and assistance for new immigrants as well as centers for the prevention and treatment of domestic violence.

The many activities we enjoy not only give the opportunities for socialization with our friends and neighbors, but also serve as fundraisers to support the many programs NA'AMAT provides.

Donor credit is simply money attributed to each member over the cost for participating in activities sponsored by NA'AMAT. By now many have received notice of your Donor credit accumulation. Contact Theda Rosenblum at (301-598-9105), with any questions about your donor status.

Tribute Cards

Tribute cards are an excellent way to support and maintain the essential programs NA'AMAT sponsors as well as to attain donor credit. NA'AMAT RBZ has cards to honor all occasions, from congratulations for a special event to memorial cards. Each card is \$3.50 if purchased and sent by you, or \$4.50 if sent by Linda Schoolnick. Full donor credit is given for each card. Contact Linda at (301-681-1076) with any questions.

The executive board meets each month. At these meetings, we discuss plans for upcoming events. It also affords the opportunity to meet the board members and learn more about the organization. NA'AMAT RBZ is eager to have more people involved in the planning and welcomes new ideas for activities. All are encouraged to join us on Tuesday, May 16, at 10:30 a.m. in Clubhouse I for our next meeting.

Trips

The Club is planning a trip to the Kennedy Center for Performing Arts sometime soon. Contact Trudy Stone at (301-438-0016) for trip details or general club information.



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■ Jewish Residents of Leisure World

Holocaust Remembrance and Religious Services

by Jonas Weiss

Jewish Residents of Leisure World (JRLW) presents a program of speakers who have survived the Holocaust, as well as clergy members who will give their thoughts on this terrible era, on Wednesday, April 26, at 2 p.m. in Clubhouse II.

On Wednesday, June 28, JRLW screens the documentary film "Germany and the Jews" and presents guest speaker

Helga Barth, Minister of the German Foreign Office. She will discuss how Germany has dealt with its legacy of the Holocaust and Germany's transformation as a society. More information about tickets is forthcoming.

Upcoming Services

Friday, May 5 – Rabbi Gary Fink leads a Conservative service at 7:30 p.m. in The Inter-Faith Chapel, with an Oneg sponsored by NA'AMAT RBZ.

Saturday, May 13 – Under the guidance of Cantor Michael Kravitz, women conduct most of the religious service at 9:15 a.m. in Clubhouse II.

Other Sabbath morning services continue in Clubhouse II with discussions of the

Torah portion and a bit of the Talmud led by Rabbi Moshe Samber.

Donations

Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906)

accepts checks (\$25 minimum, payable to JRLW) for the Torah maintenance fund.

Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906) accepts checks for new prayer books (\$25 minimum, payable to JRLW).

Donations for Kiddush (\$25 minimum), or an Oneg (\$25 minimum), or Yiskor, or general tzedukah should be mailed to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



■ The Interfaith Committee

Holocaust Survivor to Speak at Yom Hashoah

by Fred Shapiro

The Interfaith Committee presents its annual Yom Hashoah Holocaust memorial service on Wednesday, April 26, at 2 p.m. in the Clubhouse II auditorium.

The principal speaker, provided by the U.S. Holocaust Memorial Museum, is Hungarian survivor Peter Gorog.

He is one of the Jews of Hungary who owe their lives to Swedish diplomat Raoul Wallenberg.

Gorog was born in Budapest, Hungary, in 1941, when increasingly oppressive anti-Semitic laws conscripted his father, Peter, into a labor battalion. His mother, Olga, supported the family through hat-making, until German forces invaded Hungary in 1944. Olga was arrested but escaped two days later, and the family moved into an apartment safeguarded by Wallenberg.

In October 1944, the Arrow Cross party gained control of the Hungarian government and began a reign of terror against the Jews in Budapest. The family fled to the Budapest ghetto, where they lived with family members in a one-bedroom apartment.

In January 1945, the Soviet Army liberated Budapest.

Gorog grew up in communist Hungary and changed his family name in 1962 from Grünwald to Gorog for fear of anti-Semitic discrimination.

He earned a Master of Science degree in electrical engineering and later participated in the design of the first Hungarian-made computer.

He defected to the U.S. in 1980, where he worked on various NASA projects such, as GOES, LANDSAT, Hubble, and the James Webb Space Telescope.

Gorog retired in 2014 and volunteers at the U.S. Holocaust Memorial Museum.



Peter Gorog, courtesy photo



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Club Members Urged to Get Involved

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) board of directors meets on the first Thursday of each month at 3 p.m. in Clubhouse II. Club members are urged to attend to express their thoughts on club activities they like, and those they'd like to see included or changed.

Annual Meeting

The Club's annual meeting is Saturday, July 8, in Clubhouse II right before game time. The meeting is another opportunity for members to share their thoughts and concerns. Members will also elect Club president, vice president, treasurer and secretary for the 2017-2018 year. Members interested in filling any of these positions are encouraged to contact the nominating committee chairperson, Pat Connelly, at (301-598-9369) well in advance of the meeting.

Armchair Travel

Every Saturday, GIAC members spend the afternoon enjoying travel videos in a friendly, relaxing atmosphere. In the coming weeks, the Club tours the highlights and majesty of Spain and Portugal.

If you've visited the places in the armchair videos, the videos can spark memories of the joy and delight the trip brought. Taking the trip with Rick Steves as expert travel guide can be the next best thing to actually visiting a place.

Games

Club membership is expanding; the Club's video travel tours and games of Pokeno, bingo, poker, and bridge games are so popular that another bridge table was added to accommodate the game's enthusiasts.

Bridge players are welcome to come and bring a potential partner. If the person is not a

member, he or she can quickly sign up on the spot for a \$7 annual membership fee. Club president Pat Connelly has been playing bridge with GIAC for about 10 years and she loves the harmonious way in which the players get along.

Trips

In May, June, July, and September, GIAC sponsors trips to Myrtle Beach, South Carolina, MGM Casino at the National Harbor in Maryland, Sight and Sound Theatre in Pennsylvania, and Harris Crab House respectively. Details about these trips can be found in the Club Trips section of this publication.

Membership

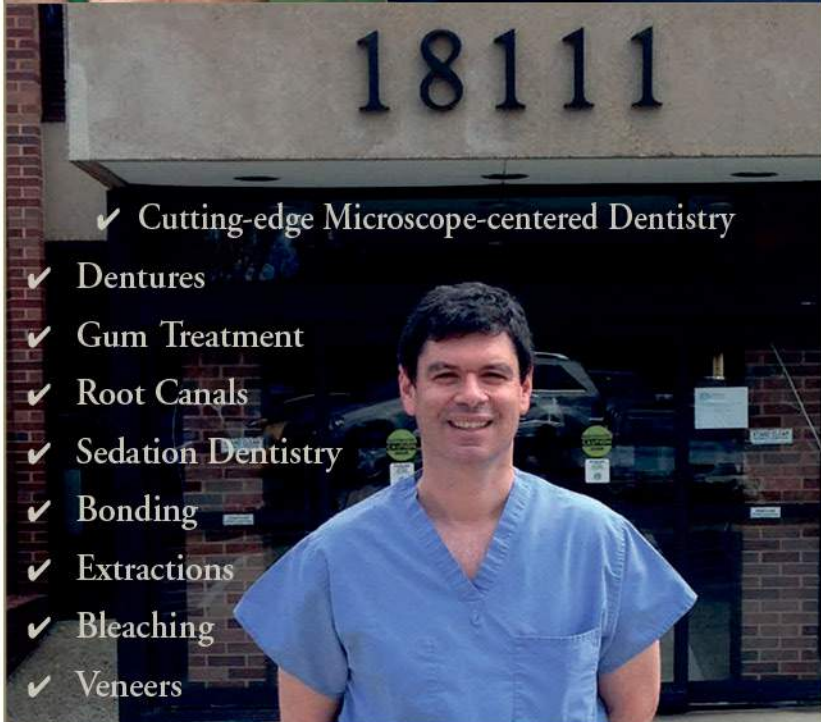
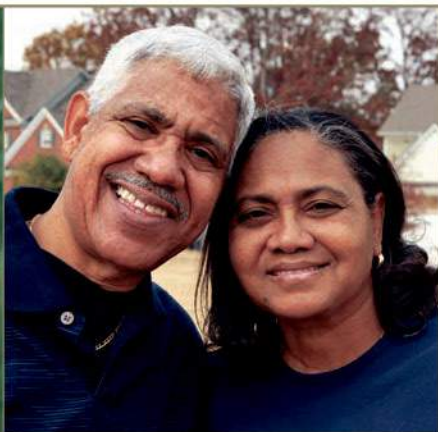

Anyone wishing to sign up for membership can do so during Saturday Afternoon Live (SAL) from 1:30-3 p.m. Now is the time to renew membership for 2017-2018. The fee is a nominal \$7 per year, and the

income from dues is used to pay club expenses and enhance activities.

For more information about membership, contact Marion Callaghan, president, at (301-598-6779). For questions about trips, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

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Weekday Walks Move to Later in Evening

by Beth Leanza

The Baby Boomer Club is a group of residents who like to socialize, dance, eat and listen to music together. In the warmer months, we like to picnic nearby at East Norbeck Park.

Movies

Because of Easter and Passover, there will not be a movie in the auditorium until May. We like to watch movies, some in Clubhouse II and some in a theater nearby, preceded by dinner at Gordon Biersch in Rockville.

Events

Sir Rod, a Rod Stewart tribute performer, was very well attended. More than 125 people enjoyed lots of fun, good snacks and dancing.

Mah Jongg

Boomers who know how to play Mah Jongg met every

Tuesday and Wednesday at 7 p.m. in Clubhouse II.

Friday Hikes with Dawn

During the colder months, the walks start at 1:15 p.m. When the weather gets warmer, they begin at 10:15 am. Many walkers meet up at the walk site, but if you want to carpool, contact Dawn Carlisle at (301-598-7098) by Thursday evening. Always bring water to each hike. Call Dawn or check the Baby Boomer Google site for information about the April 28 and May 5 walks.

Weeknight Walks

Some Boomers like to take a short, one-mile walk around the Broadwalk in Montgomery Mutual in the early evenings, Monday to Friday.

There's no formal announcement in the lobby, so ask around: Are you a Baby Boomer?

On Monday, April 24,

the walks start at 7:15 p.m., instead of 5:15 p.m.

Sunday Morning Walks

On Sunday mornings at 8:30 a.m., a group walks the entire Leisure World Boulevard loop (about three miles). They meet up at the intersection of Kelmscot Drive, Arden Court and Leisure World Boulevard.

Occasionally, the group takes a walk outside of Leisure World, and sometimes goes to breakfast afterward.

Volkssport Walks

One Club member belongs to a walking organization called the American Volkssport Association (AVA). He posts information about their walks on the Baby Boomer Club website.

Emails

Please contact Beth Leanza at (301-598-4569)

or (bethlea12020@gmail.com) if you are not receiving the Baby Boomer emails, or to ask if any emails have been sent out recently. Those without email are advised to keep in touch with a member who does.


We ask that members limit any group emails to information or inquiries about activities that you think other members might be interested in.

Club Information

Check out our website at (<https://sites.google.com/site/bbclwmd>), or Google "bbclwmd," or visit the Leisure World website at (www.lwmc.com), and under Residents, select Residents Links.

If you would like to join the Club, contact membership chair Susan Landesberg at (301-613-9031).

Annual dues are \$5 per person. Make your check payable to Baby Boomer Club of LW.




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 <p>LISTING JUST SOLD! \$146,000 "Berkley" Co-op Townhouse All-new everything from top to bottom - light fixtures, flrs, paint, appliances, cabinets & counters!</p>	 <p>LISTING JUST SOLD! \$270,000 "Cabot" Patio Home Modified 3BR, 2FB, breakfast rm, 1-car garage, lovely gardens, fresh paint, updated flrs & lights!</p>	 <p>BUYER JUST SOLD! \$295,500 Turnberry Courts Hi-Rise "K" 2BR + den, 2FB, over 1,500sf, largest sunroom in community, pleasant view.</p>	 <p>LISTING JUST SOLD! \$370,000 "Royal Aintree" Patio Home Renovated 2BR, 2FB, upscale kit & baths, two LRs, sunroom w/ secluded view, 1-car garage!</p>	 <p>LISTING JUST SOLD! \$395,000 The Overlook Hi-Rise "KK" 2BR + den, 2FB, TS kit, golf course views, over 1500sf+ huge sunroom, garage space!</p>

Love, Rejection Letters and A Special Dress

by Carlos Montorfano

A new Club member, J. Tsou, read an interesting piece about a community and recreation center for Chinese senior citizens, excerpted from his memory book. An old lady fell and hurt her knee at the center, but nobody hurried to help, because you should wait until the extent of the injuries is known. The story reminded him of the importance of Chinese customs like this one.

Grace Cooper read a couple of her beautiful poems, one titled, "Love's Perspective," in which she emphasizes that love helps you feel warm inside, even in winter.

York Van Nixon III read a short story, part of his latest, soon-to-be published book, "Souls Over the Hill." The story tells of a writer, a loner, who moves to live in an apartment whose landlady is a retired copyeditor. But her presence

doesn't help him, because he keeps receiving rejection letters.

Jane Hawes read a piece about bus drivers in a community for seniors who provide an important service for those who need transportation. For some reason, the drivers are no longer allowed to converse with the people they transport or play the radio, which saddens her.

Lee Hardy read a touching remembrance of our fellow writer, Ron Davis, who recently passed away and who, despite a serious physical disability, kept sharing his poems and stories with us.

Verna Denny read "Clothing Vignette," about her memories of buying a special dress for the first day of school. The dress would be worn until it didn't fit her anymore, then given to her younger sister. She also brought a picture of her young, beautiful daughter who became a model for an American Paper

Doll booklet.

Woody Shields, also a new member, impressed us with his knowledge of deer in "Observing White-tailed Deer," teaching us how to identify them. They use the same survival skill to avoid human detection as to evade natural predators.

Bobbie Troy, who says she maintains her sanity and perspective on life through her writings, read a few of her very

deep, short poems.

Danuta Montorfano read "A Spring Day Walk," telling us how much she enjoys her interactions with Mother Nature.

And her husband, Carlos Montorfano, read an "Ode to the Potato," explaining why we like those delicious tubers so much.

The Club meets the first and third Thursdays of the month at 11 a.m. in Clubhouse I. All residents are welcome.

Speed Limit

The Security Department would like to remind all residents that the Leisure World Boulevard is a one-lane roadway in both directions.

The speed limit on the boulevard is **30 mph** and no passing is permitted. Be patient and do not pass.



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Using Added Internet Security

by Brent Malcolm

Many of us use the internet for personal financial business; it is easier and faster than managing your affairs by mail or over the telephone.

However, a major risk of online financial transactions is the possibility of hackers breaking into your account, which could be financially disastrous. Fortunately, many websites –generally the financial sites – have instituted some form of two-step authentication.

Two-step authentication is an added layer of account verification to prove to the site that you have legal login privileges for that account. Users login normally with their login name and a secure password.

The site generates a text message or email to you with a one-time authentication code, generally a four or six digit number. At the same

time, the site displays a new window where you enter the authentication code you’ve received on your phone. Each site has a settings page where you can establish what sort of notification you want, and the phone number and/or email address where the authentication code should be sent.

In addition, many sites now also offer a recovery code which allows you to verify your identification if you have forgotten your password. For example, Apple’s iCloud will generate a recovery code for you in its Security window.

If you later click on “Forgot my Password,” one option Apple offers is to enter your recovery key. Store any recovery codes in a safe place

for the rare occasion when you might need to use one of them. If you use a password manager such as 1Password, you can store those codes there.



We hear about a new security breach almost weekly, and if you are using two-step authentication, you are safer from someone that might have acquired your login credentials. LW Apple Club recommends adding two-step authentication to all accounts that offer the service.

Print the LW News

Let’s say you would like to print a copy of an article in the Leisure World News to send to a friend. It is remarkably simple when done using

the Google Chrome browser.

Open a Google Chrome browser window. Type (www.lwmc.com) in the URL bar. On the left sidebar under the LW News header, click on Current Edition. It will take a minute or two to load, but once it has loaded and your cursor is in the window, you will see a toolbar just above the right side of the LW News. Look for the down-arrow above a horizontal line. Click this and a Save dialog will allow you to save copy of the edition to your desktop or other file.

When you open that image (It will open in Preview), it will look large, but if you print it, it will convert to an 8 ½ x 11-inch format (letter size). You don’t want to print the entire paper; look for the page with the article you want to share and print just that page.

Please visit our website at (<http://mac.computerctr.org>) where you can print this and other LW Apple articles. Just copy and paste them from our website into a Pages document.

Club News

This month, the Club welcomes back Jim Ritz. Ritz is a long-time Apple repair expert who makes house calls. He also co-founded the MacRecycleClinic.

Jim’s subject is, “What do you want to talk about?,” so come and see if you can stump Jim with your questions on Tuesday, April 25, at 10 a.m. in Clubhouse II.

Today’s Tip – Hang Up an iPhone Call

Since the release of iOS 10, the red Hang Up button goes away if you press the Home button for any reason.

So here’s the solution: To hang up, press the Sleep button (the off switch on the side or top of the iPhone). That hangs up the call.

Alternatively, you can tap the person’s name and number at the top to make the red Hang Up button appear.

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- Co-author of, **“Don’t Go Broke in a Nursing Home.”**

WILLS, TRUSTS, POWERS OF ATTORNEY, MEDICAL DIRECTIVES AND MEDICAID PLANNING

Leisure World Club Trips

The next deadline for trip submissions is **Monday, April 24**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R Office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. **Email** your trip information to lwnews@lwmc.com.

PLEASE NOTE: Member/Non-Member pricing is at the discretion of the individual clubs.

May

7-11 Myrtle Beach, South Carolina

Join the **Going It Alone Club** May 7-11 for trip to Myrtle Beach, South Carolina. The trip includes four nights in an oceanfront hotel; four breakfasts and four dinners, including a southern-style buffet; admission to the Alabama Theater; a visit to Broadway at the Beach; a guided tour of Charleston; a visit to Barefoot Landing and a visit to Myrtle Beach Waterfront Boardwalk and Promenade.

The cost is \$579 for members; \$586 for non-members. The single supplement is an additional \$200. Included in the cost are hotel taxes, and meal and driver gratuities.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. Those who sign up for the trip will receive information on pick up time from Clubhouse II on the day of departure via a telephone call. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

June

15 MGM Casino

Join the **Going It Alone Club** on a trip to the MGM Casino. Cost is \$16 for members; \$23 for non-members, and includes transportation and driver gratuity. The bus leaves Clubhouse II at 9:30 a.m. and from the casino at 3:30 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, June 3 unless a replacement is made.

For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

July

18

"Jonah" at Sight and Sound Theatre

Join the **Going It Alone Club** to see "Jonah" at the Sight and Sound Theatre in Lancaster, Pennsylvania. This trip includes a smorgasbord lunch at the Bird-in-Hand Family Restaurant and Smorgasbord.

The cost is \$100 for members and \$107 for non-members, and includes taxes, transportation, lunch, show and all gratuities.

The bus departs from Clubhouse II at 10 a.m. and returns at approximately 8 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. For more information, call Joe Parker at (301-598-3425) or Sylvia Pachenker at (301-598-5325).

Sept.

14

NEW – Harris Crab House and Amish Market

Join the **Going It Alone Club** on a trip to Harris Crab House for all you can eat steamed crabs, steamed shrimp, barbeque chicken, crab soup, corn-on-the-cob, cole slaw and potato salad, plus pies, beverages and draft beer.

Following the crab feast at Harris', we will go to the Amish Market for your shopping delight.

The cost is \$72 for members, \$79 for non-members, and includes tax, dining, tour bus and driver gratuities.

The bus departs from Clubhouse II at 10:30 a.m. and returns at approximately 5:30 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

ATTENTION, TRAVELERS!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Centering Prayer: Join our group of centering prayer practitioners on Wednesdays at 3:30 p.m. (3588 Gleneagles Dr.). Centering prayer is a method of silent meditation, where you rest in God, without saying anything, just happy to be in God's presence. Our intention is to be aware of the presence of God and to welcome the action of God within us. Beginners are welcome, as are people of all faith traditions. For more information, call Eileen at (301-438-0422).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)3 non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Jose Soto, club president, at (240-765-7640) or Carlota "Loty" Goldenberg at (301-598-6869).

Jewish Discussion: Hello to all Jewish residents of Leisure World. A discussion group meets on the last Sunday of every month (except July and August) at 10:30 a.m. in Clubhouse II. Be prepared for lively discussions about Israel and other topics of Jewish interest. Please give us a try; we think you'll like us.

Knitting and Crocheting: Do you like to knit or crochet? Every Sunday, 2-5 p.m., eight or so crafters meet at a LW resident's home (off of Chiswick Court). Beginners to very seasoned are welcome. Snacks/finger foods, soda, coffee and tea are served. If interested, please email a bit about yourself (include a

phone number where you can be reached) to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m. to noon. Our next meeting is Friday, April 28. Bring your knitting and enjoy the conversations. We have patterns and yarn for your project. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

PBS/British TV: Enjoy watching Masterpiece Theater, British mysteries and historic dramas like "Poldark" and "Outlander"? Join like-minded folks at a LW resident's home (off of Chiswick Court) to watch together. Potluck appetizers, wine, soda, coffee and tea are served. If interested, please email a bit about yourself (include a phone number where you can be reached) to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).

Quilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Thursday, April 27.

Serious (Book) Readers Wanted: Serious readers who relish inspired, award-winning fiction meet at the home of a LW resident (off of Chiswick Court) the second Sunday of the month from 5:30-7:30 p.m. for a potluck dinner and an hour-long discussion. (2017 reading list is available.) If interested, please email a bit about yourself (include a phone number where you can be reached) to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: On Wednesday May 3, Beth Leanza leads a discussion of "A Bottle of Milk for Mother" by Nelson Algren. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Mason Goldman at (301-598-6749).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

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Leisure World News
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DAY TRIPS

Springfest in Ocean City MD

Sat., 5/6, 7:45 am-9:00 pm\$60.00 per person
This event is held at Ocean City Inlet and features arts and craft vendors, popular entertainment and a variety of delicious food. Transportation only.

Museum Loop

Tue., 5/9, 9:00 am-3:00 pm \$35.00 per person

Choose where you want to spend your time!

Museum choices are: National Museum of African American History & Culture, National Gallery of Art or Natural History Museum.

Grounds of Sculpture

Tues., 5/23 8:10 am-6:50 pm\$128.00 per person
Nestled in the heart of New Jersey lies Grounds of Sculpture, a magical place where art and nature are always at play. Enjoy a 3-course plated lunch at the incomparable Rat's Restaurant.

NEW MGM Grand Casino

Mon., 6/5, 9:05 am-3:00 pm\$35.00 per person
Try your luck at the newest casino in the area! Transportation only.

9/11 Memorial & Museum

Sat., 6/10, 7:00 am-11:45 pm\$120.00 per person
Trip includes: transportation, admission to the Memorial, admission to the Museum and a \$10 Cracker Barrel gift card for dinner.

Ladew Gardens

Mon., 6/12, 8:30 am-5:30 pm\$93.00 per person
Did you know Architectural Digest named Ladew Gardens one of the "10 incredible topiary gardens around the world?" Guided house tour, self-guided garden tour, lunch and access to the Butterfly House included.

Marvelous Monticello & Michie Tavern

Friday, 6/23, 8:15 am-8:30 pm.....\$109.00 per person
Immerse yourself in an 18th century experience at the home of Thomas Jefferson - Monticello. Tour and a colonial lunch at the historic Michie Tavern est. ca 1784. Guided tour of the home and gardens of this magnificent estate.

African American History & Culture Museum

Mon., 7/10, 8:45 am-3:30 pm\$35.00 per person
Timed tickets to museum and transportation included.

National Museum of Women in the Arts

Wed., 7/12, 8:55 am-2:35 pm.....\$50.00 per person
Visit the only museum in the world dedicated exclusively to the exhibition, preservation, and acquisition of works by women artists. Docent led tour included and lunch on own at Mezzanine Café.

Hollywood Casino

Thu., 7/20, 10:00 am-5:30 pm\$38.00 per person
Try your luck in Charleston West Virginia! \$15 slot play offer from Casino.

Faith & Food

Tues., 7/25, 7:15 am-8:00 pm \$118.00 per person
Travel around Cumberland and enjoy rich colonial and religious history and delicious food from the ethnic roots of the churches visited.

Rail, Sea & Safari

Wed., 7/26, 7:15 am-7:15 pm.....\$129.00 per person
Upon arrival, board a vintage 1920s passenger train for a wonderfully scenic, narrated ride through Swatara Creek Valley. Lunch is served at an 1800s Victorian mansion that's listed on the National Registry. The journey continues with a lazy summer cruise on an authentic paddleboat on the Susquehanna River, and the day ends with a "wild" safari where you will see herds of wild and exotic animals from around the world.

NEW Annapolis Time & Tide Trio Cruise

Thu., 7/27, 8:45 am-4:30 pm\$105.00 per person
Enjoy a leisurely three-hour cruise as a speaker delivers a presentation on the waters of the Chesapeake Bay. Listen to local legends and lore, tales of smuggling, rum running, piracy and the legend of Chessie the Chesapeake Sea Monster. Also a short History of Kent Island with information on its original, native inhabitants. Boxed lunch included.

"Peter Pan" at the Dutch Apple Theatre

Wed., 8/2, 9:15 am- 6:15 pm.....\$110.00 per person
Buffet Lunch and show included in trip.

Baltimore Museum of Industry

Fri., 8/4, 9:00 am-3:00 pm\$88.00 per person
Relive the Industrial Revolution at the Baltimore Museum of Industry. Lunch at the Rusty Scupper also included in this trip.

Ellis Island

Sat., 8/4, 7:15 am-11:00 pm\$113.00 per person
Trip includes: Ferry to Ellis & Liberty island, motorcoach transportation, \$10 Cracker Barrel Gift card.

Spotlight on...

Travel Show

Thursday, 4/27, 2 pm-3 pm in the Crystal Ballroom

Come find out what trips we have planned for the rest of the year and some that we have planned for 2018!
Refreshments and door prizes!

MULTI-DAY TRIPS

Mohegan Sun

June 12-15 (motorcoach)

Montreal & Quebec

June 18-24 (motorcoach)

Train Tracks of West Virginia

June 23-25 (motorcoach)

JFK's Cape Cod

July 16-20 (motorcoach)

Smoky Mountains

August 27-31 (motorcoach)

New Orleans

Sept 11-14 (fly-drive)

Colorado's Historic Trains

Sept. 15-23 (fly-drive)

The Legendary Blue Danube River Cruise

Sept 20-11 days (fly-drive)

Ark Encounter

Oct. 2-5 (motorcoach)

Ocean City Getaway

Oct. 10-13 (motorcoach)

Best of New England

Oct. 13-17 (motorcoach)

Williamsburg "Grand Illumination"

Dec. 2-4 (motorcoach)

Biltmore Estate & Asheville

Dec.11-14 (motorcoach)

CRUISES

Celebrity Summit, Cape Liberty, NJ; Canada & New England

Sept. 10-14, 2017

Grandeur of the Seas Baltimore, MD; South Caribbean

Jan. 20-Feb. 1, 2018

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:  Easy Walking   More Walking    A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 60 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

SPORTS, GAMES & Scoreboards

■ 10-Pin Bowling League

Wild Things Remain at Top of the Heap

by Rita Mastroiocco

The league is based on handicaps with averages for the bowlers ranging from 82 to 183. If you have not bowled in years, come out and join the fun.

The top League standings, as of April 7 are: Wild Things in first place, C.A.S.H. in second place, and Huggers in third place.

Top scores for the week of March 31 are:

Scratch Game –
Hooks ‘N’ Curves, 702 pins
Scratch Series –
Hooks ‘N’ Curves, 2035 pins
Handicap Game –
Hooks ‘N’ Curves, 946 pins
Handicap Series –
Hooks ‘N’ Curves, 2767 pins
High Average Men –
Steve Mueller, 183 pins
Scratch Game Men –
Steve Klopfer, 223 pins
Scratch Series Men –
George Izumi, 640 pins
Handicap Game Men –
Lenny Messick, 274 pins
Handicap Series Men –
George Izumi, 769 pins
High Average Women –
Chris Porter, 171 pins
Scratch Game Women –
Barbara Gould, 210 pins
Scratch Series Women –
Barbara Gould, 518 pins
Handicap Game Women –
Barbara Gould, 289 pins
Handicap Series Women –
Barbara Gould, 755 pins

Top scores for the week of April 7 are:

Scratch Game –
Hooks ‘N’ Curves, 652 pins
Scratch Series –
Hooks ‘N’ Curves, 1863 pins
Handicap Game –
Wild Things, 927 pins

Handicap Series –
Wild Things, 2661 pins
High Average Men –
Steve Mueller, 183 pins
Scratch Game Men –
Steve Klopfer, 212 pins
Scratch Series Men –
Steve Mueller, 573 pins
Handicap Game Men –
Paul Helmke and Bill Barrett, Jr., 249 pins
Handicap Series Men –
Paul Helmke, 698 pins
High Average Women –
Chris Porter, 171 pins
Scratch Game Women –
Judy Callan, 188 pins
Scratch Series Women –
Chris Porter, 538 pins
Handicap Game Women –
Ursula Costa, 267 pins
Handicap Series Women –
Kazue Waller, 705 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, at 1101 Clopper Rd. in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls, and unlimited cups of coffee is only \$10. If you are interested, please call Rita at (301-814-9196)



■ Tennis Club

Tennis Season Has Returned

by Alfonso Holston

Tennis has returned to the courts of Leisure World. The first meeting of the season was April 6.

Topics discussed were activities and events for the upcoming season, such as a day for tennis lessons given by a professional tennis instructor, the annual picnic, pizza night for members and their friends and families, a summer trip to the U.S. Open in New York City and the end-of-season dinner.

A full calendar is planned and all residents are invited to join us. Monthly meet-

ings are held on the first Thursday of each month at 7 p.m. in Clubhouse II.

A reservation for court time is needed between 8-11 a.m. After 11 a.m., the courts are open to all with no reservation needed. To reserve court time, contact Sue Sandler at (suecsandler@comcast.net).

Round robin play has court priority on Tuesdays from 9:30-11 a.m. and Fridays from 9-10:30 a.m. Advance play has priority on Sundays, Wednesdays and Thursdays from 9:30-11 a.m. Please come out and join the crowd.



Regular tennis games are now scheduled on the courts behind Clubhouse II.
Photo by Leisure World News

■ Tuesday & Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

Tuesday, March 28, 2017

North-South

Flight A

1. Hanna Schepps – Marlys Moholt
2. Aaron Navarro – Judith Perrier
3. Arthur Podolsky – Betti Goodman
4. Marilyn Udell – Maida Crocicchia

Flight B

1. Marilyn Udell – Maida Crocicchia

East-West

Flight A

1. Jerry Miller – Margie Coccodrilli
2. Saul Penn – Stephan Billstein
3. Doug Brasse – Merrill Stern
4. Sue Swift – Palma Seeger

Flight B

1. Doug Brasse – Merrill Stern
2. Sue Swift – Palma Seeger
3. Michael Benefiel – Kim Sugimura

Friday, March 31, 2017

North-South

1. Angie Riani – Susan Weiss
2. Aaron Navarro – Pat Haggerty
3. Diane Keiper – Nadyne Cheary

East-West

1. Alan Ferraro – Liz Ferraro
2. Sue Swift – Lori Hegel
3. Shirley Light – Bernice Felix

Tuesday, April 4, 2017

North-South

Flight A

1. Aaron Navarro – Gerald Lerner
2. Ann Ruth Volin – Lea Rochkind
3. Diane Keiper – Nadyne Cheary
4. Rosmarie Suitor – Thomas Leahy

Flight B

1. Rosmarie Suitor – Thomas Leahy

East-West

Flight A

1. Barbara Summers – James Summers Jr.
2. Jerry Miller – Marlys Moholt
3. (tie) Jim Anschutz – Palma Seeger
3. (tie) Merrill Stern – Dora Levin

Flight B

1. (tie) Jim Anschutz – Palma Seeger
1. (tie) Merrill Stern – Dora Levin

Friday, April 7, 2017

North-South

1. Angie Riani – Susan Weiss
2. Aaron Navarro – Pat Haggerty
3. Diane Keiper – Nadyne Cheary

East-West

1. Bob Kerr – Marlys Moholt
2. Kimi Sugimura – Louise Bargamian
3. Steve Billstein – Jim Cowie
4. Jack Schiff – Saul Penn

■ Duplicate Bridge Club

Swiss Team Bridge Tournament Results

The Duplicate Bridge Club held its first Swiss team bridge tournament on April 2.

A Swiss team consists of two pairs of players. Teams compete against each other such that a pair from team A plays North/South against a pair from team B in the East/West direction, and vice versa.

Typically, teams play five to seven hands in a match. At the end of the match, scores are compared per a Victory Point (VP) Scale, with 20 total points divided between the two teams based on the relative cumulative

score over the hands played. The competition continues until each team has played at least four matches.

Eight teams comprising 32 players participated in the April 2 event. Teams competed against one other over four rounds of play. Final ranking was based on the cumulative VP score each team won.

The outcome was still in doubt until the last round, and the team of Jerry Miller, Marlys Moholt, Aaron Navarro and Nadyne Cheary won by the closest of margins.

See you all at the bridge table.

– Aaron Navarro



■ Friday Bridge

Compiled by Betti Goodman

March 17, 2017

(No scores available)

- | | |
|--------------------|-------------------|
| 1. Mark Levin | 3. Betti Goodman |
| 2. Hymie Rosenberg | 4. Barbara Marcus |

March 24, 2017

- | | |
|-------------------------|-------------------------|
| 1. Leonard Bosin, 3,380 | 3. Joyce Fischer, 2,920 |
| 2. Ray Kurlander, 3,040 | 4. Ruth Kean, 2,470 |

March 31, 2017

- | | |
|---------------------------|-----------------------------|
| 1. Ray Kurlander, 3,480 | 3. Shirley Rosenhaft, 2,890 |
| 2. Hymie Rosenberg, 3,020 | 4. Leonard Bosin, 2,730 |

■ Wednesday Night Chicago Bridge

Compiled by Doug Brasse

Feb. 15, 2017

- | | |
|----------------------------------|-----------------------------------|
| 1. Joyce Riseberg, Dick Riseberg | 3. Joyce Fisher, Joan Thomas |
| 2. Sylvia Forman, Saul Houh | 4. Marcia Elbrand, Monroe Elbrand |

March 22, 2017

- | | |
|--------------------------------|-------------------------------|
| 1. Deana Owens, Pat Villareale | 3. Virginia Pace, Joan Bland |
| 2. Anna Pappas, Bob Bridgeman | 4. Joan Joyce, Le Loy Cottrel |

■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

March 30, 2017

- | | |
|--------------------------|---------------------------|
| 1. Penny Dolinger, 5,150 | 3. Dolores Shapiro, 3,690 |
| 2. Elaine Doses, 3,860 | |

April 6, 2017

(Bridge was cancelled.)

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Leisure World News
OF MARYLAND

A Game by Any Other Name

by Bernie Ascher

Are names merely labels that distinguish one person from another, or are they significant in revealing a family’s background, its geographic origin, and an ancestor’s occupation? Perhaps it could be both.

Juliet, for example, asked, “What’s in a name? That which we call a rose by any other name would smell as sweet.” Was she saying that Romeo, although a member of a feuding family, did not smell as bad as the other Montagues? She loved him in spite of his name.

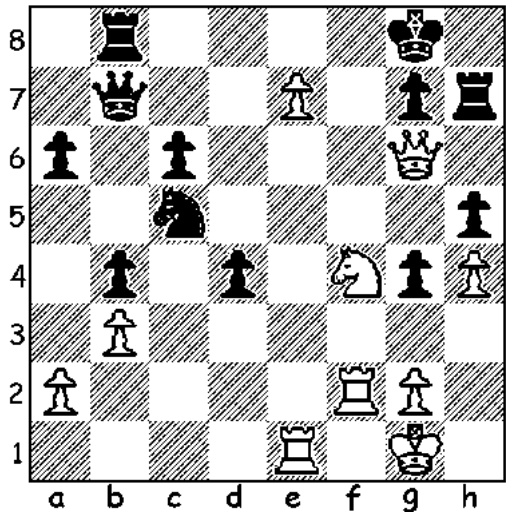
Names were simple in the old days. One name per person was enough in ancient Greece. Everybody knew Plato, Socrates,

Aristotle, and Herodotus by their first names, their only names (mononyms).

Later, however, men in European Mediterranean countries became known by two names – personal or given names, and surnames or family names. Surnames often were based on occupations, such as Smith, Miller, Shepherd and Baker, or places of birth or residents, such as Genovese and Romano.

The upper class Romans, though, used three names as a sign of stature: a combination of praenomen (a forename), nomen (a surname), and a cognomen (an additional surname). Thus, Julius Caesar really was Gaius Julius Caesar and Brutus was Marcus Junius Brutus. The lower class plebeians, or commoners, had only two names.

Monarchs were known on a first-name



basis, and with Roman numerals. Examples include King George V, King Richard III and Emperor Napoleon III. Popes get to choose their own names that are different from their birth names. Generally, they choose first names, such as Pius XIII, Benedict XVI and Francis I), although there are multiple-name exceptions like John Paul I and II.

Some people who are born with multiple names want to be known by single name – a pseudonym, a stage name, a pen name, a nickname or an alias.

Thus, they adopt mononyms or pen names. In France, Molière originally was Jean-Baptiste Poquelin; Voltaire was François-Marie Arouet. In the U.S., O. Henry (William Sydney Porter) and Mark Twain (Samuel Langhorne Clemens) used pen names.

In the art world, Rembrandt Harmenszoon van Rijn was known as Rembrandt; Michelangelo di Lodovico Buonarroti Simoni was known as Michelangelo; and Doménikos Theotokópoulos was “El Greco.”

A number of dictators and authoritarians are known by their surnames, such as Hirohito, Mussolini, Stalin, Sukarno, and Suharto. Some famous rulers are known by epithets: Peter the Great, and Alexander the Great, for example.

Many in entertainment and sports use single names, such as Cher, Adele, Madonna, Beyoncé, Prince, and Pelé; or use nicknames, such as Sting and Bono.

Criminals had colorful nicknames and aliases: Benjamin “Bugsy” Siegel; Charles “Lucky” Luciano; Alphonse Gabriel “Al” Capone; Meyer Lansky (originally Meier Suchowlanski); Frank Costello (Francesco Castiglia); and Joe Bananas (Joseph Bonanno).

Even chess champion Garry Kasparov originally was named Garik Kimovich Weinstein.

So, what do these names reveal about the persons associated with them? Perhaps the name (or label) makes them more memorable, but does it genuinely indicate the qualities or characteristics of the person?

You can play chess at Leisure World regardless of your name. You can get involved in games, such as the one pictured on this page. In this game, it is White’s turn to move. White can win in two moves. Do you see it?

While you are thinking this over, remember that the Chess Club meets Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. For more information, call Club president Bernie Ascher at (301-598-8577).

ANSWER: White moves the Pawn to e8, promoting it to a Queen. Black captures the new Queen with the Rook from b8. White then captures the Rook with the old Queen from g6. Checkmate!

So, do not wait for Romeo to marry Juliet. Do not wait for a pseudonym. Do not wait for a name with a Roman number. Play chess now!

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Did You Know...

Bocce Dates Back to Ancient Egypt

by Stacy Smith, Leisure World News

A hard plastic ball about the size of a grapefruit rolls down a narrow courtyard, barely missing its intended mark, a smaller, white ball that's sometimes referred to as the 'jack' or 'pallina,' the Italian word for 'marble.' Spectators watch the balls nearly collide, and when they don't, erupt into cheers.

Achieving a near miss between the larger and smaller ball is the goal of bocce, a popular sport developed in Italy.

Players seek to place their bocce balls nearer to the jack than their opponent, or displace the opponent's ball and improve their position in relation to the jack. The player whose balls land closest to the jack is awarded points. Bocce games can go on for hours as players strategize each roll of the ball.

Bocce has existed in the

U.S. ever since Italian immigrants created makeshift courts in city streets and alleyways. Leisure World, however, only recently caught the bocce bug with the construction of a court in 2005, and the formation of an official Bocce Club the following year.

The Roman Empire played the version of Bocce most closely resembling its modern iteration, but throwing balls toward a target actually dates to as early as 5000 B.C., when Egyptians played a form of bocce with polished rocks. Graphic representations of figures tossing a ball or polished stone have been recorded as early as 5200 B.C.

Today, there are more than 25,000,000 Bocce enthusiasts throughout the U.S. Next to soccer and golf, Bocce is the third most participated sport in the world, according to the United States Bocce Federation.



Photo by Leisure World News


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*Presented by: Brooke Grove Retirement Village’s
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TUESDAY, MAY 9, 2017 • 1–2 P.M.

THE INTER-FAITH CHAPEL • FELLOWSHIP HALL
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Explore the distinguishing characteristics of those who survive
traumatizing situations and focus on ways in which to shape or
reshape suffering in order to flourish. Based on the book
“Winning Life’s Toughest Battles” by Dr. Julius Segal.

Free. RSVP to the Chapel office at 301-598-5312 by Friday, May 5.

Season Opens With a Hole-In-One

by Rita Molyneaux

Connie Park set the bar high for the 2017 golf season on April 2 by scoring a hole-in-one on the 8th hole, to the delight of her witnesses, Ursula Costa and Kazue Waller.

When queried for details, the slightly abashed Connie confessed that she had used a wood for the shot because of the wet condition of the course.

The 9-Hole and the 18-Hole Ladies' groups kicked off the 2017 season with their traditional Mixed Scramble. Competition was tight, resulting in a tie for first place between two teams:

First – Team Marylee Amato, Young Sook Lee and Barbara Bynum, 39

First – Team Mary Ko, Mary Wells, Florence Merola and Jane Hughes, 39

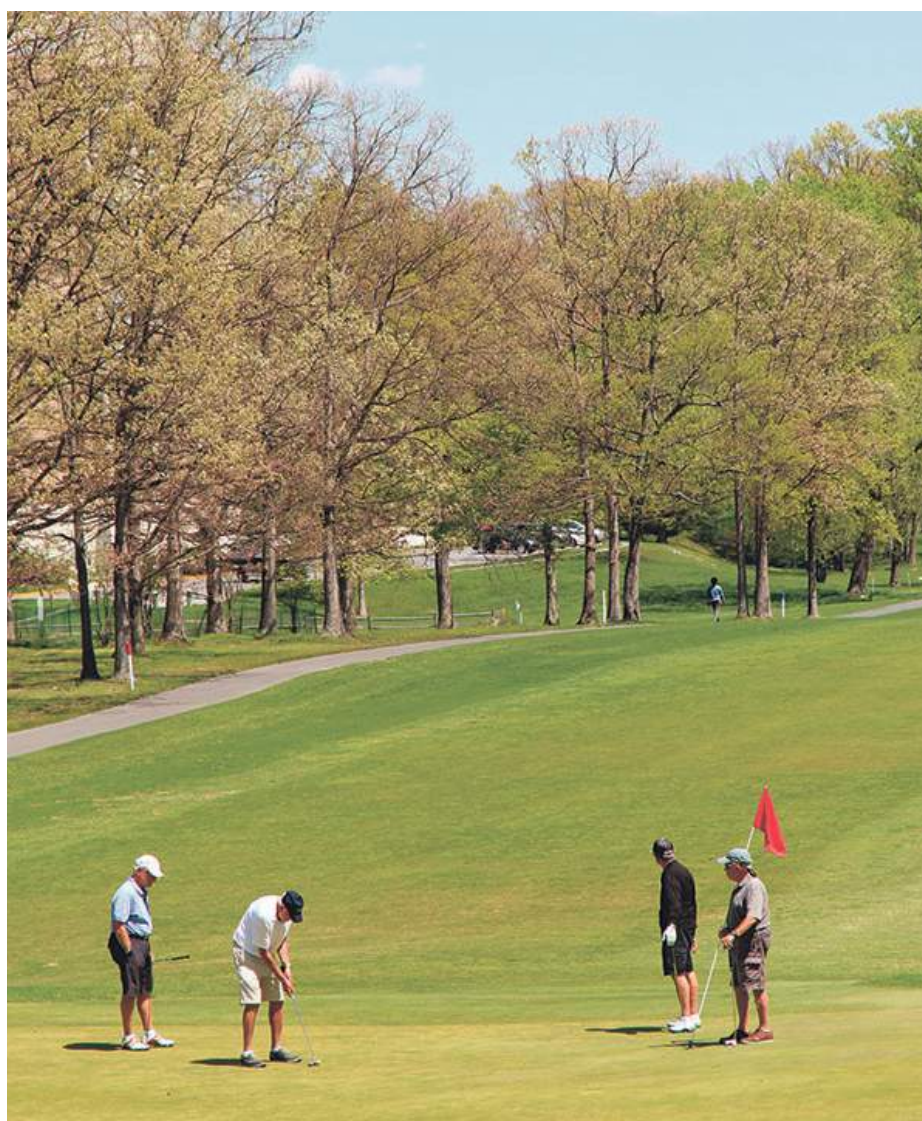
April 5, 2017

Men's Results- Opening Day Scramble

First – Joe Powell, Joe Crocetta, Sperry Storm, Tony Marotta, 61

Second – Walter Knott, Sam Pak, Dick Curtin, Peter Porello, 64

Third – Marty Kreiss, Doug Cornish, Richard Austing, 65



Players putt at the 9th hole April 18. Photo by Leisure World News

Sports, Games & Scoreboards In Brief

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne at (301-598-5677).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

• **Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

• **Mah Jongg:** Want to learn how to play Mah Jongg? Call (301-598-3438).

• **Pinochle Players:** If you enjoy pinochle, join us at Clubhouse II on Monday evenings, 6:30-8:30 p.m. Call us at (301-775-7238) or (301-598-7064).

Poker:

• A few poker game openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Al at (301-598-7133).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Poker players wanted** for all variations of poker, with or without wild cards. Come by Clubhouse II Tuesdays and Thurs-

days at 7:15 p.m. and play until 10 p.m. Spend an enjoyable night with a bunch of good people. Call Andy at (240-558-4787).

• **Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free, at your leisure, to work on it.

• **Scrabble:** Please join us on Tuesdays at 12:30 p.m. in Clubhouse II for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

• **Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League on Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White at (301-438-7892) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

• **Fitness and Exercise Club** (supporting all Leisure World physical activities): Membership is open to any resident interested in attending an existing activity or in creating a new activity. No membership fees. For more information on club activities or to join, email us at (LWMDfitness@gmail.com).

• **Indoor Pool Volleyball:** Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.

• **Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Bert Fang, club president, at (301-871-1694).

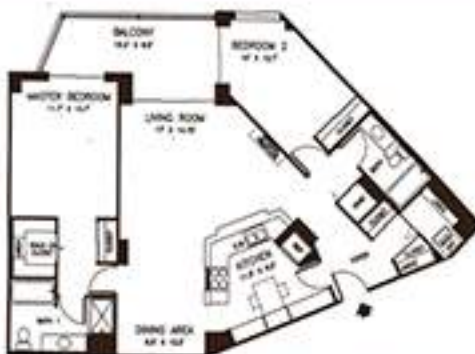


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"EE" Model - Overlook - \$255,000
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"EE" Model - Turnberry - \$274,900
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CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.*****

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

NEW – Intermediate Excel Training: This intermediate Excel training class is not for beginners. This class you will learn how to create a spreadsheet and manage cell data (resize, copy, and fill cells). You will also learn how to insert online or personal photos, set the print area, perform adding and subtracting of cells and, most importantly, how to save and retrieve your data.

Class meets Sunday, May 7 from 3-4:30 p.m. in the Computer Learning Center in Clubhouse II. **Fee: \$15. Register at Clubhouse II.**

EXERCISE

NEW – Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.): Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier, and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands, and balls are provided; and a mat is recommended for some floor

work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, May 15-July 10 (no class May 29), and/or Thursdays, May 25-July 13, 9:15-10:15 a.m. **Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.**

NEW – New Students Only - Stretch, Tone and Strength Training for the Active Adult (10:30 a.m.): The early morning class is filling up! This class is for new students who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier, and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands and balls are provided, and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, May 15-July 10 (no class May 29), and/or Thursdays, May 25-July 13, 10:30-11:30

a.m. **Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.**

Line Dance with Wendy: This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, April 24-June 12, from 2-2:55 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$28 per session. Register at Clubhouse II.**

Chair Yoga with Robin, Mondays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, May 15-July 17 (no class May 29 or July 3), 2-3 p.m. **Fee: \$100. Register at Clubhouse II.**

Tai Chi for Essential Tremor (ET): Essential tremor is associated with hand, limb, head and voice tremor, and may also affect

balance, mobility and daily function. Tai chi for ET is a program focused, specifically, on reducing complications related to ET by increasing balance, calming the body/reducing stress, and increasing functional mobility.

This class is intended for individuals with ET and their spouses or caretakers. It is led by T. Sean Vasaitis, PhD, MS EHS. Vasaitis has been studying tai chi for nearly 20 years. He has taught tai chi at the UM Center for Integrative Medicine since 2005, and directs the Alternative Medicine course at the University of Maryland Eastern Shore School of Pharmacy. He holds degrees in both Pharmacology and Exercise and Health Studies, and focuses on the integration of traditional and modern approaches to health care. His research interests include the mechanisms by which exercise, mind-body medicine, and complementary therapeutics affect mobility and metabolic function.

Class meets Fridays and Sundays, April 28-July 14 (no class May 26 or 28), 3-4 p.m. **Fee: \$15. Register at Clubhouse II.**

Move to the Beat, evenings: Do you hate to exercise? If you do, this is the class for you. For 45 minutes, we move by stretching, walking and dancing to various music (singing along is allowed). You don't have to remember anything; just follow at your own pace. You must keep moving. Doctors tell us we must keep moving for our health. Let's do it together as we “Move to the Beat.” For more information, call Gerry at (301-438-7452).

Class meets Tuesdays, April 25-May 30 (note change of start date), 6:15-7 p.m. **Fee: \$39. Register at Clubhouse II.**

Visit us at
residents.lwmc.com/lwnews

CALENDAR *of Events*

Friday, April 21

Clubhouse I

10:00 a.m. Basic Drawing Class
10:00 a.m. Book Club Network
12:15 p.m. Kiwanis Club
1:30 p.m. Any Level Watercolor Class
2:00 p.m. Book Club Network
3:00 p.m. Hispanos de LW
6:00 p.m. Golf Twi-lite Dinner
7:00 p.m. Friday Duplicate Bridge

Saturday, April 22

Clubhouse I

9:00 a.m. Gentle Yoga Class
9:30 a.m. Flea Market
10:00 a.m. Open Art Studio
7:30 p.m. LW Ballroom Dance Club

Clubhouse II

9:15 a.m. JRLW Religious Service
2:00 p.m. Going It Alone: Video & Bingo
7:00 p.m. Brian Choper Jazz Project: Frank Sinatra

Sunday, April 23

Clubhouse I

10:00 a.m. JRLW Brunch
2:00 p.m. Italian Social & Cultural Club

Clubhouse II

10:00 a.m. Lions Club Celebration
10:30 a.m. Jewish Discussion Group
3:30 p.m. Camera Club Photo Matinee

Monday, April 24

Clubhouse I

9:30 a.m. Stretch & Tone Class
9:30 a.m. Any Medium Art Class
10:30 a.m. Beginners Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
1:30 p.m. Book Club Network
7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class
10:30 a.m. Zumba Gold Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Line Dance Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Class

Tuesday, April 25

Clubhouse I

9:30 a.m. Any Medium Art Class
1:00 p.m. CLL Class: Convergence of Geography & History
1:00 p.m. Watercolor Techniques Class
2:00 p.m. Book Club Network
5:00 p.m. Trivia Group
6:00 p.m. JRLW Annual Meeting
7:00 p.m. Woodshop Group Meeting
7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginner & Advanced Tai Chi Class
10:00 a.m. LW Apple Club
11:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water

Class

1:30 p.m. Comedy & Humor Club
2:30 p.m. Unitarian Universalists
6:00 p.m. Camera Club Photography Clinic
6:15 p.m. Move to the Beat Class
7:00 p.m. Camera Club Competition

Wednesday, April 26

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Express Yourself Art Class
10:00 a.m. Supervised Bridge Class
1:00 p.m. Oils & Acrylics Class
1:00 p.m. Personal Preparedness & Injury Prevention Workshop
1:00 p.m. Diabetes Prevention Class
2:00 p.m. LW Green Group
6:45 p.m. Chicago Bridge

Clubhouse II

10:00 a.m. Computer Security Awareness
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class
2:00 p.m. Yom Hashoah/Holocaust Remembrance

Thursday, April 27

Clubhouse I

9:15 a.m. Stretch & Tone Class
1:30 p.m. Any Level Watercolor Class
10:30 a.m. Exploring Orthodox Life Class
10:30 a.m. Beginner Stretch & Tone Class
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
1:00 p.m. Ladies Golf Lunch
2:00 p.m. Great Decisions in Foreign Policy Class
2:00 p.m. Eyre Travel Show
6:00 p.m. LWAAAC Game Night

Clubhouse II

9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner & Advanced Tai Chi Class
9:30 a.m. Quilters Group
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge Group
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. JRLW Movie: “The Women’s Balcony”
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, April 28

Clubhouse I

10:00 a.m. Chinese Club: An Update on Hong Kong
10:00 a.m. Basic Drawing Class
10:30 a.m. G&E Arbor Day Celebration
11:00 a.m. St. John’s Episcopal School Performance
1:30 p.m. Any Level Watercolor Class
3:00 p.m. Hispanos de LW: Games
7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Chair Yoga Class
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club
3:00 p.m. Tai Chi for Essential Tremor Class
4:00 p.m. LWAAAC Movie: “Selma”

Dial 301-598-1313
for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Community Planning

May 8, 9:30 a.m., Clubhouse I

Education and Recreation

May 2, 9:30 a.m., Clubhouse I

Restaurant

April 24, 10:00 a.m., Clubhouse I

LWMC Board of Directors

April 25, 9:30 a.m., Clubhouse I

The meeting airs on May 1, 3 and 5 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

May 19, 9:00 a.m., Sullivan Room

The meeting airs on May 24, 25 and 26 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change.

Leisure World Mutual Meetings

April 21

Mutual 10 Annual

12:30 p.m., Clubhouse II

April 24

Montgomery Mutual Board

9:30 a.m., Clubhouse I

Mutual 23 Board

10:00 a.m., Party Room

Mutual 9 Board

10:00 a.m., Sullivan Room

Mutual 19A Annual

2:00 p.m., Clubhouse I

April 25

Mutual 17A Board

2:00 p.m., Party Room

Mutual 21 Board

2:30 p.m., Community Room 2

Mutual 13 Annual

3:30 p.m., Clubhouse I

April 26

Mutual 20B Board

9:00 a.m., Community Room 4

Mutual 19B Board

1:00 p.m., Sullivan Room

Mutual 9 Annual

3:00 p.m., Clubhouse I

Mutual 11 Annual

7:00 p.m., Clubhouse I

April 27

Mutual 10 Board

9:30 a.m., Sullivan Room

Meeting times and locations subject to change.

Mutual 20A Board

9:30 a.m., Party Room 2, Bldg. 2

Mutual 6C Board

9:30 a.m., Community Room

Mutual 26 Board

10:30 a.m., Party Room

Mutual 24 Board

1:30 p.m., Community Room

Mutual 14 Annual

3:00 p.m., Clubhouse I

April 28

Mutual 17B Board

10:00 a.m., Party Room

May 2

Montgomery Mutual Annual

1:30 p.m., Clubhouse I

Mutual 18 Board

1:30 p.m., Sullivan Room

Mutual 5 Annual

2:00 p.m., Clubhouse I

Mutual 6B Board

2:00 p.m., Mutual

May 3

Mutual 8 Board

9:30 a.m., Sullivan Room

Mutual 19B Annual

2:00 p.m., Clubhouse I

May 8

Mutual 6A Annual

4:00 p.m., Sullivan Room

Saturday, April 29

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
10:00 a.m. Lions Club Community Day

Clubhouse II

9:15 a.m. JRLW Religious Service
2:00 p.m. Going It Alone: Travel Video

Sunday, April 30

Clubhouse I

12:00 p.m. LW Green Film Festival

Clubhouse II

2:00 p.m. Movie: “My Big Fat Greek Wedding”
3:00 p.m. Tai Chi for Essential Tremor Class
4:00 p.m. Rep. Jamie Raskin Town Hall Meeting

Monday, May 1

Clubhouse I

9:15 a.m. Stretch & Tone Class
9:30 a.m. Any Medium Art Class

10:30 a.m. Beginners Stretch & Tone Class
1:00 p.m. CLL General Meeting
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
2:00 p.m. Book Club Network
7:00 p.m. Bingo
Clubhouse II
9:00 a.m. Senior Sneakers Class
10:00 a.m. Clipper Workshop
10:30 a.m. Zumba Gold Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Line Dance Class
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class

Tuesday, May 2
Clubhouse I
9:00 a.m. Blood Pressure Testing
9:30 a.m. Any Medium Art Class
10:00 a.m. Sharing Stories Class
1:00 p.m. CLL Class: Convergence of Geography & History
1:00 p.m. Watercolor Techniques Class
5:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginner & Advanced Tai Chi
10:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Gilbert & Sullivan Society
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. Comedy & Humor Club
6:15 p.m. Move to the Beat Class

Wednesday, May 3
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Express Yourself Art Class
10:00 a.m. Supervised Bridge Class
11:00 a.m. Short Story Group
1:00 p.m. Oils & Acrylics Class
1:00 p.m. Diabetes Prevention Class
1:30 p.m. Patients Rights Group
2:00 p.m. Book Club Network
6:45 p.m. Chicago Bridge
Clubhouse II
9:00 a.m. Low Vision Seminar
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
1:00 p.m. Zumba Gold Class
2:00 p.m. Chair Yoga Class
4:00 p.m. LWAAAC General Meeting
7:30 p.m. Fun & Fancy Theatre Group

Thursday, May 4
Clubhouse I
9:15 a.m. Stretch & Tone Class
10:00 a.m. Painting for Everyone
10:30 a.m. Exploring Orthodox Life Class
10:30 a.m. Beginner Stretch & Tone Class
10:30 a.m. Essential Tremor Group
11:00 a.m. Writers Workshop
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
1:00 p.m. CLL Economic Impact Seminar
3:00 p.m. Stamp Club Meeting
Clubhouse II
9:00 a.m. Senior Sneakers Class

9:30 a.m. Beginner & Advanced Tai Chi Class
10:00 a.m. Stitches Group
10:15 a.m. Move to the Beat Class
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge Group
1:00 p.m. Non-impact Fusion Water Class
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class
7:00 p.m. Tennis Club Meeting

Friday, May 5
Clubhouse I
10:00 a.m. Basic Drawing Class
12:15 p.m. Kiwanis Club
1:30 p.m. Any Level Watercolor Class
3:00 p.m. Hispanos de LW
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club
3:00 p.m. Tai Chi for Essential Tremor Class

Saturday, May 6
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. American Needlework Guild
10:00 a.m. Open Art Studio
7:30 p.m. Greg Harrison Jazz Band & Dance
Clubhouse II
9:15 a.m. JRLW Religious Service
2:00 p.m. Going It Alone: Travel Video
6:00 p.m. LGBT Alliance: Game Night

Sunday, May 7
Clubhouse I
5:00 p.m. Lions Club: Gospel Performance
Clubhouse II
2:30 p.m. Fireside Forum
3:00 p.m. Tai Chi for Essential Tremor Class
3:00 p.m. Intermediate Excel Training Class

Monday, May 8
Clubhouse I
9:15 a.m. Stretch & Tone Class
9:30 a.m. Any Medium Art Class
10:30 a.m. Beginner Stretch & Tone Class
10:30 a.m. Garden & Environmental Club
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
Clubhouse II
9:00 a.m. Senior Sneakers Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club

2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Class
Tuesday, May 9
Clubhouse I
9:30 a.m. Garden Plot Group
9:30 a.m. Any Medium Art Class
11:30 a.m. Ladies Golf Lunch
1:00 p.m. Amateur Radio Club
1:00 p.m. CLL Class: Convergence of Geography & History
1:00 p.m. Watercolor Techniques Class
2:00 p.m. Book Club Network
5:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginner & Advanced Tai Chi Class
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group
1:30 p.m. Comedy & Humor Club
3:00 p.m. Parkinson’s Support Group
1:00 p.m. Non-impact Fusion Water Class
6:15 p.m. Move to the Beat Class
7:00 p.m. Camera Club
7:00 p.m. Vegetarian Society Meeting

Wednesday, May 10
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Express Yourself Art Class
10:00 a.m. Supervised Bridge Class
10:15 a.m. League of Women Voters
1:00 p.m. Diabetes Prevention Class
1:00 p.m. Oils & Acrylics Class
1:00 p.m. Maryland Interclub Seniors Golf Association Lunch
1:00 p.m. Low Vision Support Group
1:30 p.m. Patients Rights Group
2:00 p.m. LW Green
6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
12:30 p.m. FISH Volunteer Meeting
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
1:30 p.m. Stroke Support Group
2:00 p.m. Chair Yoga Class
7:00 p.m. Lapidary Club

Thursday, May 11
Clubhouse I
10:00 a.m. Painting for Everyone Class
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
7:00 p.m. Democratic Club
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner & Advanced Tai Chi Class
9:30 a.m. Quilters Group
10:00 a.m. MVA on Wheels
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. Non-impact Fusion Water Class
2:00 p.m. Mind-Body Exercise Club
4:00 p.m. Model Railroad Club
5:30 p.m. Tap with Gerry Class

Friday, May 12
Clubhouse I
8:30 a.m. Community Walk
10:00 a.m. Basic Drawing Class
11:00 a.m. Book Club Network
1:30 p.m. Any Level Watercolor Class
3:00 p.m. Hispanos de LW
6:00 p.m. Café AIM: Fred Foss



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58 | Leisure World News April 21, 2017

7:00 p.m. Friday Duplicate Bridge
Clubhouse II
10:00 a.m. Chinese Club
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge Club
3:00 p.m. Tai Chi for Essential Tremor Class
7:30 p.m. Fun & Fancy Production: "A Funny Thing Happened on the Way to the Forum"

Saturday, May 13

Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
Clubhouse II
9:15 a.m. Shabbat Services
2:00 p.m. Going It Alone Club: Bingo
7:30 p.m. Fun & Fancy Production: "A Funny Thing Happened on the Way to the Forum"

Sunday, May 14

Clubhouse I
10:00 a.m. Mother's Day Buffet
Clubhouse II
2:00 p.m. Movie: "Mother's Day"
3:00 p.m. Tai Chi for Essential Tremor Class

Monday, May 15

Clubhouse I
9:15 a.m. Stretch & Tone Class
9:30 a.m. Any Medium Art Class
10:30 a.m. Beginners Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
2:00 p.m. NARFE Meeting
6:00 p.m. Lions Club Meeting
7:00 p.m. Bingo

Clubhouse II
9:00 a.m. Senior Sneakers Class
10:00 a.m. Clipper Workshop
12:30 p.m. Men's Bridge
1:00 p.m. Chess Club
2:00 p.m. Line Dance Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class

Tuesday, May 16

Clubhouse I
9:00 a.m. Blood Pressure Testing
9:30 a.m. Any Medium Art Class
1:00 p.m. Watercolor Techniques Class
2:00 p.m. Book Club Network
5:00 p.m. Trivia Group
7:00 p.m. Republican Club
7:00 p.m. Duplicate Bridge

Clubhouse II
9:30 a.m. Beginner & Advanced Tai Chi Class
11:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. Comedy & Humor Club
6:00 p.m. Camera Club Annual Meeting
6:15 p.m. Move to the Beat Class
7:00 p.m. Vegetarian Society Meeting

Wednesday, May 17

Clubhouse I
10:00 a.m. Express Yourself Art Class
10:00 a.m. Supervised Bridge Class
11:00 a.m. Short Story Group
1:00 p.m. Diabetes Prevention Class
1:00 p.m. Oils & Acrylics Class
2:00 p.m. LW Green

6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class

Thursday, May 18

Clubhouse I
10:00 a.m. Health & Wellness Expo
10:00 a.m. Painting for Everyone
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner & Advanced Tai Chi Class
10:00 a.m. Stitchers Group
11:00 a.m. Writers Workshop
11:00 a.m. Water Exercise Class
12:30 p.m. Men's Bridge
1:00 p.m. Non-impact Fusion Water Class
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, May 19

Clubhouse I
10:00 a.m. Basic Drawing Class
10:00 a.m. Book Club Network
12:15 p.m. Kiwanis Club
1:30 p.m. Any Level Watercolor Class
2:00 p.m. Book Club Network
4:00 p.m. Hispanos General Meeting
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
11:30 a.m. Book Club Network Potluck
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge

3:00 p.m. Tai Chi for Essential Tremor Class
7:30 p.m. Fun & Fancy Production: "A Funny Thing Happened on the Way to the Forum"

Saturday, May 20

Clubhouse I
9:00 a.m. League of Women Meeting & Lunch
9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
Clubhouse II
9:15 a.m. JRLW Religious Service
12:00 p.m. LGBT Alliance
2:00 p.m. Going It Alone: Travel Video
7:00 p.m. Sock Hop Dance Club
7:30 p.m. Fun & Fancy Production: "A Funny Thing Happened on the Way to the Forum"

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THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

ESTATE SALES

ESTATES PURCHASED; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC - I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment Janet Ray (301-384-3198), (wishalot10@aol.com).

MOVING SALE – Greens III, by appointment (301-598-2104). Must sell 2 wall units, several household items, bric-a-brac. Also selling beautiful costume jewelry from a recently closed business, at or below cost. Saturday & Sunday, April 29 & 30, from 10 a.m.-5 p.m.

FOR SALE

JO ANN’S DOLL SALE – Friday, April 28 & Saturday, April 29, 10 a.m.-2 p.m. Dolls, stools, chairs, doll carriages, tea pots, “pee pots”, original paintings, etc. and much more. Prices start at \$1 and go up! Enjoy dolls, friends, and light refreshments. 3509 S. Leisure World Blvd., Bldg. 29-A2. (301-598-3137).

TWO WALL UNITS – one lacquered in red, measuring 110”x76”x18”, lots of space with drawers, doors, etc.; and the other in oak, 97”x72”x16.5”, with two bookcases and cabinet in the center with space for a TV. Both in excellent condition. \$350 each. (301-598-2104).

SET OF GOLF CLUBS, plus “Odyssey 6600” putter (hardly used). Golf bag and pull golf cart “Eagle”. Also gloves (new), balls and tees. \$250 or best offer. Call Larry at (301-598-2006).

1991 FORD F150 XLT Lariat 4x2. One owner, very clean. Only 70,000 original miles. Complete service history. 5-speed, 6-cylinder, power windows and locks, a/c, 8’ bed and liner. \$6,000. I will buy your car even if you don’t buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or

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2002 CHRYSLER PT CRUISER. Power windows, one owner, clean Carfax, like new. MD inspected. Only 67,000 original miles. \$4,999. I will buy your car even if you don’t buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier’s check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

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THINKING OF SELLING your home or that of a relative? Call Sue Heyman of Weichert Realtors, Leisure World Plaza, community resident for over 13 years, Top 1% Nationwide, Senior & Relo Specialist, “Forward@50 Sponsor.” 2016 has been a super year for real estate! Inventory is historically low. Days on the market for our community are less than one month. Prices are going up! Mid-year, I have already had 18 closings, with four additional properties under contract. As sellers, now is the time to take advantage of this fast-paced market. I know all the floor plans and how to price them. Tap into my experience, contractor connections, and marketing to get the best price. My top-quality color brochures, multiple websites, staging techniques, and virtual tours display your home and our community at its best. Call for your free competitive market analysis, 301-681-0550 (o), 301-580-5556 (c).

IF YOU’RE FEELING overwhelmed due to family or financial issues we can help. We are interested in paying cash to purchase your “as is” home in Leisure World. We will work with you to help sort through your belongings. Once you pick the items you wish to keep we will help to pack these items and move them for you. We will buy the entire contents and take care of the sorting, donating and emptying the place out for you. You’ll save time and money and can just walk away! No need to paint, repair, clean, carpet, etc. and you won’t have to pay real estate commissions. If you need our help, just call Debbie (301-204-5067) or Steve (301-275-2560).

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YOU WON’T REGRET HAVING ME! I am a CNA/GNA. More than 9 years experience in assisted living, nursing homes and private duty. Very honest, caring, hardworking, etc. I drive a car and I am from Ethiopia. As a caregiver, I take care all your needs. Please contact me, Tsenat (240-480-1994).

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RELIABLE AND CARING nursing assistant with 15 years experience. Good references available for work and can drive. Please call Rebecca at (240-701-8169).

CAREGIVER available. Have lived and worked in Leisure World. Native English speaker with own car. I have cared for people with cancer, Parkinson’s and Alzheimer’s. PT or FT. Please Call Mary at (202-480-1501).

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PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll transfer

your photos, slides, and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services (301-438-3140).

E'LAN CONCIERGE - The new personal helper is here! Let me help ease any stress and brighten your day. I can help with grocery shopping, cleaning, organizing, chauffeur, the list goes on. Phyllis Roberts (240-277-0881).

ESTATE PLANNING, Living Trusts, Wills, Estates, Powers of Attorney, Medical Directives, Living Wills. Robert E. Richards, Attorney at Law, 30 years experience. House calls and reasonable rates. Call (301-593-6220). Do you want to avoid probate? I can help! Let's discuss your situation.

DOG WALKING, CAT SITTING, birds. Daily drop-ins or vacations, overnights by mature animal lover with 10 years experience. Medication or insulin as needed. Call Eileen (301-442-3989).

HELP WANTED

HOUSEKEEPER WANTED for resident in Montgomery Mutual. Must speak, read and write English, available for housecleaning and driving. To interview, phone Diana at (301-822-4242).

OUT OF THE DARKNESS WALK, Saturday, June 17. Sponsored by the American Foundation for Suicide Prevention, the walk raises money for suicide awareness and prevention. Please help. You do not need to walk; you can volunteer to help in other ways. Or you can make a donation. For more information about the walk, volunteering or making a donation, contact LW resident Mab Cantril, (mabc9988@comcast.net) or (240-669-6436).

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. Interested volunteers should contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, 7 day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Training Course starts March 11. Contact

Wills, Wealth Planning & Trusts



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Estate and tax planning.
I also assist clients in other related matters when they need my help.

(volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

HELP A CHILD! In just 1-2 hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

NOTICES

PORTABLE OXYGEN TANK: Someone left a portable oxygen tank outside the FISH office, located in Clubhouse II, on Monday, April 10. It probably should be returned to the medical supply company from which it was

obtained as Medicare rents them for 36 months.

KEEPING SENIORS SAFE - KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

PRAYER CHANGES THINGS. You are invited to join "Hannah's Prayer Circle" here at LW. For more information, call Evangelist Connie Blake at (301-438-2667).

UPCOMING EVENTS

PHILADELPHIA CLUB: Our next meeting is on Sunday, May 7, at 11 a.m., in Clubhouse II, at the fireplace in the lobby. The club offers former residents of the Greater Philadelphia Area, and the Delaware Valley, the opportunity to meet and share their experiences, and socialize. The group has had monthly meetings and was organized by Ellen Lederman to bring people with mutual interests together. Announcements of meetings appear in this section of the Leisure World News. Further information is available by contacting Jerry Leventhal at (301-598-5078).

WANTED

OWNER LIVING IN GREENS II (15100 Interlachen Dr.) is interested in purchasing/renting two garage spaces in that building. Please contact owner at (301-598-5953). Thank you.

WANTED USED VEHICLE - looking to purchase your used vehicle. Call Debbie (301-204-5067) or Steve (301-275-2560).

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over

43 years experience serving Leisure World. Leave message 24 hours. I will come to you. Cash or cashiers check at your request. I can also help with your new car purchase, any make or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, Weapons, Helmets, Photos, Medals, or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. Gary (301-520-0755)

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. Gary (301-520-0755).

BUYING JEWELRY, antiques. Cash paid for gold, silver, jewelry, coins, watches, firearms, misc. collections. Silver Spring resident. Please call Tom (240-476-3441).

WE BUY VINTAGE: Turn your old into gold! Something in the basement gathering dust? Give us a call; you might be surprised! Phone quotes and home visits when possible. Specializing in anything Hi-Fi or Hi-Fi related. We also repair Hi-Fi equipment. 50 years experience! 301-881-1327 (Please leave a message.)

BUYING VINTAGE BASEBALL & FOOTBALL CARDS. I pay cash for sports cards from 1969 and before. No collection is too big! Please call Brian to discuss your collection, (301-758-5357).

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Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
2901 LEISURE WORLD BLVD #522	CREEKSIDE	Hi-Rise 9+ Floors	2	2	\$425,000	\$415,000	\$0
3330 LEISURE WORLD BLVD #5-603	FAIRWAYS SOUTH	Hi-Rise 9+ Floors	1	1	\$135,000	\$120,000	\$0
3210 LEISURE WORLD BLVD #819	LEISURE WORLD	Hi-Rise 9+ Floors	1	1.5	\$160,000	\$160,000	\$0
3310 LEISURE WORLD BLVD #622-623	LEISURE WORLD	Hi-Rise 9+ Floors	3	3	\$342,900	\$330,000	\$0
3631 LEISURE WORLD BLVD #18-A	LEISURE WORLD	Townhouse	2	1	\$145,000	\$145,000	\$0
3310 LEISURE WORLD BLVD #6-327	LEISURE WORLD	Hi-Rise 9+ Floors	2	2	\$184,999	\$174,000	\$1,000
3330 LEISURE WORLD BLVD #405	LEISURE WORLD	Hi-Rise 9+ Floors	2	2	\$199,500	\$194,750	\$0
3382 CHISWICK CT #51-2C	MONTGOMERY MUTUAL	Garden 1-4 Floors	1	1	\$85,000	\$82,000	\$0
14535 KELMSCOT DR #169	ROSSMOOR MUTUAL #10	Semi-Detached	3	2	\$290,000	\$290,000	\$0
15013 EARDLEY CT #283-E	ROSSMOOR MUTUAL #12	Back-to-Back	1	1	\$94,900	\$85,000	\$0
3422 ISLAND CREEK CT #126-B	ROSSMOOR MUTUAL #16	Duplex	3	2	\$375,000	\$370,000	\$0
15301 PINE ORCHARD DR #2E	ROSSMOOR MUTUAL #19	Garden 1-4 Floors	3	2	\$175,900	\$170,000	\$0
15311 PINE ORCHARD DR #87-3H	ROSSMOOR MUTUAL #19	Garden 1-4 Floors	2	2	\$145,000	\$145,000	\$0
15310 BEAVERBROOK CT #89-1D	ROSSMOOR MUTUAL #19B	Garden 1-4 Floors	2	2	\$125,000	\$115,000	\$0
2921 LEISURE WORLD BLVD #1-115	ROSSMOOR MUTUAL #22	Garden 1-4 Floors	1	1.5	\$98,765	\$97,500	\$0
2900 LEISURE WORLD BLVD #203	TURNBERRY COURTS	Mid-Rise 5-8 Floors	3	2	\$389,000	\$385,000	\$0
2904 LEISURE WORLD BLVD #406	TURNBERRY COURTS	Mid-Rise 5-8 Floors	2	2	\$257,500	\$249,500	\$0
2900 LEISURE WORLD BLVD #415	TURNBERRY COURTS	Mid-Rise 5-8 Floors	2	2	\$259,900	\$250,000	\$0
14800 PENNFIELD CIR #307	VILLA CORTESE	Mid-Rise 5-8 Floors	2	2	\$199,000	\$202,000	\$0
14809 PENNFIELD CIR #411	VILLA CORTESE	Garden 1-4 Floors	3	2	\$309,900	\$285,000	\$0



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Scott Keenum

- ✓ Resident of Leisure World & represented Leisure World at the Maryland Senior Olympics winning a Silver Medal in Pickleball
- ✓ U.S. Army Veteran
- ✓ 30 Years of Experience in the Mortgage Industry



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Saturday, April 22 | 9:30 a.m. to 2 p.m.
Clubhouse I: Crystal Ballroom • Maryland Room

- Jewelry
- Handmade Crafts & Gifts
- New & Used Books
- Contemporary & Vintage Clothing
- Glassware & China
- Toys & Dolls
- Small Appliances & Housewares
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