

# Leisure World News

OF MARYLAND

May 3, 2019 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

## Tree Time



Members of the Garden and Environmental Club and other residents help plant an organic sugar maple tree in Pollinator Park on April 26 in honor of Arbor Day. At full maturity, this landscape standout will grow to 60-75 feet tall. Photo by Stacy Smith, Leisure World News

## Court Rules on Lawsuit *Judge Sides with Leisure World on Governance, but New Complaint Filed*

by Leisure World News

The Leisure World Community Corporation (LWCC) board of directors’ selection process does not violate the Maryland Homeowners Association Act, the Montgomery County Circuit Court ruled April 22. Judge Anne K. Albright granted Leisure World’s

motion for summary judgment on Count I of a second amended lawsuit that was filed on April 16 by residents Richard Thornell, Jordan Harding and Priscilla Read Chenoweth challenging Leisure World’s governance structure. Albright denied the plaintiffs’ request to delay a ruling

► to page 2

## Board Adopts Design Principles for Trust Properties

by Stacy Smith, Leisure World News

The Leisure World Community Corporation (LWCC) board of directors passed a motion at its regular meeting on April 30 approving the adoption of design principles for Leisure World’s Trust facility projects as recommended by the Community Planning Advisory Committee (CPAC). The LWCC board also approved directing CPAC and management to review specific plans with architects, planners

and advisory committees at the initial design stage to determine when a project may be enhanced to comply with these design principles that are intended to better serve the needs of all residents. The design principles, which will apply to all new, remodeled and/or repurposed Trust facility projects, consider energy efficiency, effective use of space, safety and accessibility, especially for residents with limited mobility or difficulty hearing.

► to page 2

## Bulk Internet Contract in Final Negotiations

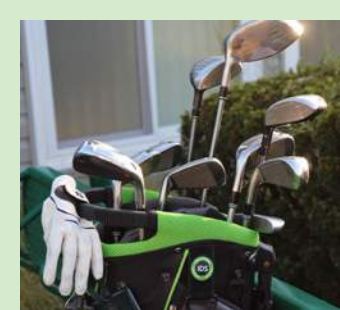
by Leisure World News

Management is in the process of negotiating a contract with Comcast for bulk internet service at a reduced rate for Leisure World residents. The service is anticipated to begin on Wednesday, Jan. 1, 2020. Under this new contract, internet service will be provided to all homes in Leisure World under a bulk agreement. Instead of sending a check or money payment directly to Comcast or another internet provider, residents will

pay for internet service via their monthly community services payment to their mutuals. In preparation for this new service agreement, residents who currently use an internet provider other than Comcast are encouraged to contact that provider to learn about the terms of cancellation. Residents are also advised to hold off on entering into a contract for internet service with another provider. More information about the bulk internet service agreement will be forthcoming after the contract has been finalized.



INSIDE	Governance & Information ....	4	Sports, Games & Scoreboards .....	42
	Thoughts & Opinions .....	6	Classes & Seminars .....	46
	Events & Entertainment .....	8	Calendar of Events .....	49
	Movie Schedule .....	14	Governance Meeting Schedules .....	49
	Health & Fitness .....	18	Classifieds .....	52
	Clubs, Groups & Organizations .....	20		
	Club Trips Listing .....	41		



Demo Days return to the Pro Shop. For details, **see page 3.**



# Board

◀ from page 1

Past Trust facility projects include the Fitness Center in Clubhouse II and the Crystal Ballroom in Clubhouse I.

## 2018 Fiscal Year Deficit

The board approved the LWCC executive committee's recommendation to have the 2018 fiscal year deficit of \$12,301 carried forward and charged against the 2020 budget and not charged back to the mutuals.

"Last year, we went into the final quarter with a surplus and then incurred two unanticipated deductibles for legal expenses of \$25,000 each," which turned the surplus into a deficit, said general manager Kevin Flannery, adding that a surplus can be "put aside" and used in the event of an unforeseen expense such as this.

## Audit Report

The board approved the Audit Advisory Committee's recommendation to accept the 2018 audit report of the Leisure World Trust performed by the CPA firm of Malvin, Riggins & Company.

Although the board accepted the report, some members and attendees around the room expressed dissatisfaction with this year's audit process, and expressed interest in hiring a different CPA firm in 2020.

## Capital Purchase

The board approved the recommendation of the Budget and Finance and Physical Properties Advisory Committees and management to approve the purchase of a replacement rear loader hopper refuse truck for \$173,000 this year. The Capital Equipment Fund will cover the cost of the vehicle.

The custom-built vehicle, which measures 20x3 cubic yards, is expected to take three to four months to construct, and will replace the truck currently used for trash pick-up by the Physical Properties Department.

The truck currently used was scheduled for replacement in 2020; however, its condition has deteriorated to an extent that it may not pass its next inspection.

## Site Plan

Montgomery County approved the revised site plan for the Administration Building and Clubhouse I Site Improvements project on March 28, with the condition that pedestrian crosswalk safety standards at a cul-de-sac turn-around and a truck-loading docking area outside the restaurant be met, said Tom Snyder, assistant general manager of facilities and services.

Management and CPAC are also in the process of procuring a new architect, as Streetsense will no longer be involved in the project. A request for proposal will be released to qualified

architectural firms in the coming weeks.

The board voted to enter a closed session at the end of the regular meeting to discuss legal matters and the pending bulk internet contract.

The next regular meeting of the LWCC board of directors is scheduled for Tuesday, May 21, at 9:30 a.m. in Clubhouse I. LWCC board meetings are open to all residents unless legally closed.

# Lawsuit

◀ from page 1

on the motion, asserting that the material facts of the case are not in dispute and further discovery would not change the court's ruling. The summary judgment closes the case on this part of the lawsuit, originally filed by nine residents in July 2018.

With the lawsuit's original complaint against Leisure World's governance structure now settled, the second amended complaint requests the Court invalidate Leisure World's two percent resale fee, the resale administrative fee and the monthly assessment that Leisure World's mutuals pay LWCC, and claims Leisure World has breached fiduciary duty and the Maryland Consumer Protection Act.

The Court did not rule on Leisure World's request to limit the scope of discovery for the second amended complaint and instead instructed attorneys to attempt to resolve their differences on the matter out of Court by Wednesday, May 22.

The Court denied Leisure World of Maryland Corporation's (LWMC) request to be dismissed from the case given the expanded scope of the second amended complaint, which also adds the 33 members of the LWCC board of directors as defendants in the case.

Leisure World has paid a \$25,000 Travelers insurance policy deductible toward legal fees related to the lawsuit, which was subtracted from the community's Contingency Fund and amounts to \$4.42 per residential unit in Leisure World. The remainder of these expenses is covered by Travelers' Directors and Officers insurance policy.

The second amended complaint is available to view or download on (residents.lwmc.com). Click on the dropdown arrow next to Documents, and then click on "Resident Document Locator."

In the Resource Center, click on "Leisure World Community Corporation Governance," and then click on the "2018 Lawsuit" folder. The document is titled "2019/04/16 Complaint v. LWCC & LWMC Second Amended."

ASPEN HILL

EXXON

301-871-6777

www.aspenhillexxon.com

14011 Georgia Ave.

Owned and Operated by BENNY Since 1980 "or ask for my son DAN."

Friendly, personal and professional service!

Free transportation home and back when you leave your car for service!

• Complete Automotive Maintenance Service & Repair • Most Makes & Models

• Two Years/24 Month Warranty • Factory Scheduled Maintenance

Auto Service Discounts

Oil Change Service Special - \$29.95

5 Qts of synthetic blend 5W/30 oil

Oil Filter & Lube ♦ Multi-Point Inspection

Most cars, plus tax & disposal fee

Full Synthetic Extra

Present this Coupon with Incoming Order. Expires May 31, 2019

Maryland State Inspection Station

Leisure World News

OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

Leisure World Staff

Maureen Freeman,

Director of Communications

Stacy Smith, Senior Editor

Kathleen Brooks,

Senior Communications Associate

Kimberly Y. Choi, Communications Associate

Cassandra Chisholm, Graphic Designer

Editorial: lwnews@lwmc.com

Advertising: lwnewsads@lwmc.com

301-598-1310

Communications Advisory Committee

Alan J. Goldstein, Chair

Bernie Ascher, Vice Chair

aclwn@lwmc.com

Resident Contributors

Mary Catherine Bibro,

Rincy Pollack, Arthur N. Popper

and Marilyn Boesch

Leisure World News of Maryland reserves the right to reject or discontinue any advertisement believed to be not in the best interest of Leisure World.

We will not knowingly permit a dishonest advertisement to appear nor do we guarantee the reliability of advertisers.



# Donate to Signal's Spring Cleaning Drive

Clearing out your closets and pantries this spring? Consider donating your unused and unwanted items to Signal Financial Federal Credit Union's spring cleaning drive.

A green bin is stationed in the Administration Building lobby to collect the following items: toiletries, new socks and undergarments, hats, hospital scrubs, belts, t-shirts, elastic waist shorts, sweatpants, belts, feminine products and bulk coffee.

All donations help support the missions of Thrive DC, Shepherd's Table and Veterans of America. The spring cleaning drive runs through May.



Photo by Nabihah Zayat-Calcutt

— Leisure World News

# May 3 and 8: Pro Shop Offers Demo Days

by Leisure World News

On Friday, May 3, and Wednesday, May 8, residents can test out some of the latest golf clubs and equipment available on the market from 3-6 p.m. at the Golf Course driving range, adjacent to the Pro Shop.



Photo by Leisure World News

The May 3 demo features Cleveland Golf and Srixon clubs and equipment, and then on May 8, test out the latest from Taylormade Golf Company.

Swing some clubs and see

what you like; the Pro Shop will order golf equipment for any resident and match advertised prices on non-closeout clubs.

All residents are invited. For questions, call the Pro Shop at (301-598-1570).

# May 21: Medical Center Hosts Welcome Event

by Leisure World News

The MedStar Health medical center hosts a welcome event on Tuesday, May 21, from 2-4 p.m. at the medical center, located at 3305 Leisure World Boulevard adjacent to the Physical Properties building.

The event includes an in-depth tour of the facility, presentations regarding resources and services in and surrounding the building, light fare, giveaways and a chance to ask questions at tables set up in the building's conference/break room.

The welcome event is free for all residents – both long-time patients and those who've never visited the medical center – but sign-up is required and available beginning Tuesday, May 7, at 8:30 a.m. in the Clubhouse I E&R office, or by calling (301-598-1300). Don't delay; sign-ups are restricted to 40 residents.

# June 8: Community Shredding Day

by Leisure World News

Time to shred! Leisure World is hosting a Community Shredding Day on Saturday, June 8, from 10 a.m.-1 p.m. Shredding trucks will be located in the parking lot of the Administration Building.

This is a great opportunity to reduce paper clutter in your home and free up space by permanently destroying outdated or unwanted files and documents. You can bring your papers and watch them get destroyed on the truck right in front of you.

**Do not bring the following items:** newspapers, brochures, and magazines that go in your regular recycling; batteries; media of any kind; hanging folders; or large metal objects.



Photo by Leisure World News

# Sign Up to Participate in the July 4 Parade

by Leisure World News

Break out the banners and get ready to fly those flags high – Leisure World's July 4 parade and festivities return once again and, this time around, some new, kid-friendly additions are included in the day's lineup!

All Leisure World clubs, groups, organizations and mutuals are invited to show off their civic pride and community spirit by marching down Leisure World Boulevard as their neighbors, friends and family cheer them on.

And the community's four-legged friends, always an enjoyable part of each year's parade, are encouraged this year to "formally" participate in the event, as guest judges search for the most patriotic pet among the pack.

Club, group, organization and mutual board presidents and leaders who would like their group to march in the July 4 parade have been asked to fill out an entry form, available at the Clubhouse I E&R office. Group members who'd like to have their group join the parade are asked to contact their president or leader to let them know.

Don't delay; the deadline to return completed forms to the Clubhouse I E&R office is Monday, June 10.



Photo by Leisure World News

## CORRECTION

The April 19 edition's Spotlight on Short Story Group misstated the Group's meeting day as Thursday. The Group meets on the first and third Wednesday of the month. The meeting information in the Clubs, Groups and Organizations In Brief section is correct.

# GOVERNANCE & Information

## May 6-7: Indoor Pools Closed for Repairs

From Monday, May 6, through Tuesday, May 7, the lap, social and spa pools in Clubhouse II will be closed during piping repairs. The pools are anticipated to re-open on Wednesday, May 8.

– Leisure World News

**Dial 301-598-1313  
for recorded Daily Events**

## 2019 Broadcast Schedule - Channel 974

*Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.*

<b>Executive Committee Meeting</b> The May 10 meeting airs on May 15, 16 and 17.	<b>Board of Directors Meeting</b> The May 21 meeting airs on May 27, 29 and 31.
--	---

## Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - [management@lwmc.com](mailto:management@lwmc.com)
- LWCC Board of Directors - [board@lwmc.com](mailto:board@lwmc.com)
- LWCC Executive Committee - [excomm@lwmc.com](mailto:excomm@lwmc.com)
- Administration - [administration@lwmc.com](mailto:administration@lwmc.com)
- Communications - [communications@lwmc.com](mailto:communications@lwmc.com)
- Education and Recreation - [recreation@lwmc.com](mailto:recreation@lwmc.com)
- Physical Properties - [physicalproperties@lwmc.com](mailto:physicalproperties@lwmc.com)
- Security - [security@lwmc.com](mailto:security@lwmc.com)

## May 9: MVA Mobile Office Returns

by Leisure World News

Need to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, May 9.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return



Photo by Leisure World News

tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

## Emergency Preparedness Advisory Committee

## May 30: Learn What to Do Before a Disaster Hits by Attending Program and Panel Discussion

by Emily Geller

In recent months, Americans have seen the tragic results of severe weather across the country, from violent tornadoes in the South to unchecked wildfires in the West.

In Montgomery County, residents were urgently warned about a tornado from a severe thunderstorm and advised to take shelter immediately, two days before Easter.

In addition to bad weather, other emergencies, such as fires and floods, are an ever-present possibility.

Imagine you have survived

a disaster with nothing but your life – no purse or wallet, food or other necessities, and completely dependent on assistance, which may be slow to arrange.

### Emergency Prep and Panel

Anyone can take basic steps to prepare for a disaster. Joseph Corona, a certified emergency manager and outreach coordinator for the Montgomery County Office of Emergency Management and Homeland Security, will discuss disaster preparedness at a program on Thursday, May 30, at 1 p.m. in the Clubhouse I Crystal Ballroom.

Members of the Emergency Preparedness Advisory Committee will also present a panel discussion focusing on financial preparedness and preparedness at the mutual level.

Audience questions are encouraged, so plan to attend, and bring neighbors and friends. A drawing for door prizes will take place at the end of the program.

The program is free for all residents and their guests; tickets are not required, but residents are asked to register by stopping by the Clubhouse I E&R office, or by calling (301-598-1300)



beginning on Tuesday, May 7, at 8:30 a.m.

Residents may bring outside guests as long as the main gate is notified in advance.





# Stan Moffson

## #1 In LISTINGS In Leisure World®

### Authorized Leisure World® Specialist



**"B" Model - Overlook - \$225,000**  
2 BR, 2 FB, 1035 sq. ft. Freshly painted, wood floors, new carpet both BR, garage space.



**"M" Model - Fairways - \$269,900**  
2 BR, 2 FB, 1530 sq. ft. Rough-in for half bath, golf course view, garage space.



**"Burgess" Model - \$78,500**  
1 BR, 1 FB, 800 sq. ft. Freshly painted, patio.



**"C" Model - Overlook - \$235,000**  
2 BR, 2 FB, 1090 sq. ft. Hardwood floors, freshly painted, garage space included.



**"B" Model - The Greens - \$129,000**  
1BR, 1FB, 950 sq. ft. Tablespace kitchen, enclosed balcony, move-in condition.



**"G" Model - Overlook - \$359,000**  
2 BR, 2 FB, 1325 sq. ft. Freshly painted.



**"K" Model - The Greens - \$249,000**  
2 BR+ library, 2 FB, 1520 sq. ft. Garage space and storage room. Sold as is.

**When  
Experience Counts**

CALL  
**STAN MOFFSON**  
#1 Listing Agent  
In Leisure World  
**301-928-3463**

OR  
**JANICE FIFE**  
**301-254-5825**

**They will get  
the job done!**

**Experience for yourself why Stan is #1 in Leisure World®**  
**Call 301-928-3463 and ASK for STAN!**



**Email:** stanmoffson38@gmail.com **Office:** 301-681-0550  
**Web:** www.stanmoffson.com





# THOUGHTS & OPINIONS: *From Our Residents*

## A Few Things to Remember

**Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.

**Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

**Brevity:** Being concise will ensure that your opinion will have maximum impact.

**Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.

**Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.*

**ADVERTISEMENTS SUPPORT THE NEWSPAPER.**

**When you patronize businesses, tell them you saw their ad in the Leisure World News.**

## SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to [aclwn@lwmc.com](mailto:aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, login to (residents. [lwmc.com](http://lwmc.com)) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

## Interested in advertising in the Leisure World News?

For information:

call 301-598-1310

or

email [lwnewsads@lwmc.com](mailto:lwnewsads@lwmc.com)



Check out my 5 star reviews on [zillow.com](http://zillow.com) and [google.com](http://google.com)

**Springtime  
is here and  
homes are  
selling fast!**

**Call me to learn what  
your Leisure World  
home is worth  
Phone 240-506-2434**



- Free Professional Photos
- Free Home Staging
- Weekly Listing Updates
- Weichert Top Producer
- Leisure World® Specialist
- Comprehensive Marketing Plan



### ACTIVE

15301 Beaverbrook  
Rarely available  
Warfield Deluxe  
model. 2 bed-  
rooms plus bonus  
sitting room off  
master bedroom.  
2 baths. Table  
space kitchen.  
List \$155,000



### ACTIVE

3210 Leisure World  
Blvd. #505, 1,489 sf  
plus indoor garage  
space. 3 bedrooms,  
2 baths. Spacious  
living room and  
dining room. New  
paint, new carpet,  
new granite coun-  
ters. List \$369,900



### ACTIVE

15115 Interlachen  
1,210 sf, H model.  
2 bedrooms and  
2 baths. Laminate  
wood floors thru-  
out. Table space  
kitchen with win-  
dow. Separate  
dining room.  
List \$185,000



### SOLD

14501 Fiske Dr.  
1,193 sf. 3 bed-  
rooms, 2 baths  
plus sunroom  
addition. Updated  
kitchen and baths.  
Laminate wood  
floors, 2-car garage  
with lots of storage.  
List \$345,000



**Barbara Michaluk | Weichert**

**Call me direct 240-506-2434** (o) 301-681-0550

[www.BarbaraSellsMDhomes.com](http://www.BarbaraSellsMDhomes.com) / Email: [michaluk@verizon.net](mailto:michaluk@verizon.net)

Authorized Leisure World® Specialist / E-Pro® Certified  
Senior Real Estate Specialist® / Certified Staging Agent®  
Internet Marketing Specialist® / Relocation Specialist®



**It Pays to Work with an Authorized Leisure World® Specialist**



MAY – JUNE 2019

# UPCOMING SEMINARS & EVENTS

## AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or [tdavis@bgf.org](mailto:tdavis@bgf.org).

### CAREGIVER CONNECTION: “CHANGING BATTLES INTO LAUGHTER”

TUESDAY, MAY 14 • 2–3 P.M.

Alzheimer’s and dementia patients often seem to live in a different world. Discover how to engage by using the basic improv principal of “yes, and.” This will give you a chance to play — rather than battle — with the realities experienced by your loved one, while also helping them to feel heard and accepted.

FREE. Register by May 12.

### LIVING WELL SEMINAR: “STRETCHING: HOW, WHY AND WHERE”

WEDNESDAY, MAY 15 • 1–2:15 P.M.

Flexibility training is important for everyday functioning, pain relief and injury prevention. It can improve your golf swing, tennis game or other leisure activities you enjoy! Learn when you should stretch and identify moves that can be carried out seated or standing — anytime, anywhere.

Preceded by complimentary lunch at 12:30 p.m.

FREE. Register by May 13.

### HEALTHY LIVING CLASS: “MINDFUL MEDITATION”

June 12 through July 17

WEDNESDAYS • 11–11:30 A.M.

Recent scientific studies show that mindful meditation changes the brain in astonishing ways — promoting greater focus, reduced anxiety, increased compassion and improved well-being. Experience guided, mindful meditation in a quiet space.

Six-week Session Fee: \$20

Reservations are requested by June 9.



18100 Slade School Road  
Sandy Spring, MD 20860

301-260-2320 • [www.bgf.org](http://www.bgf.org)

### HEALTHY LIVING CLASS: “EVERYDAY BALANCE”

June 10 through July 17

MONDAYS & WEDNESDAYS  
10–10:30 A.M.

During this class, simple yet effective techniques are used to improve balance and agility and reduce your risk of falls. No props are used, so exercises may easily be performed at home.

Six-week Session Fee: \$30

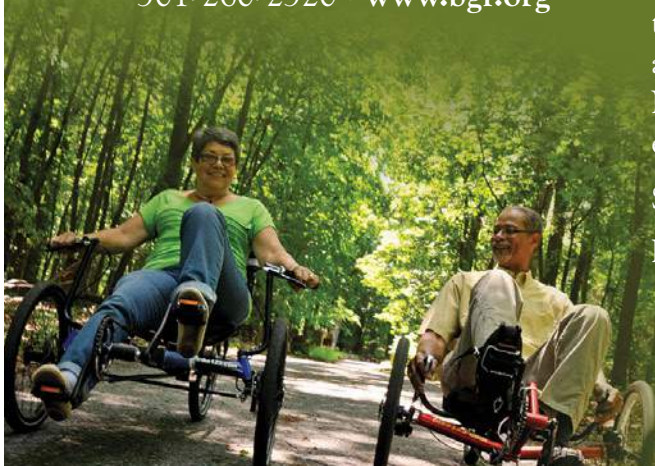
Reservations are requested by June 7.

### ALZHEIMER’S DISEASE AND DEMENTIA CARE CONSULTATIONS

SECOND WEDNESDAY  
OF EACH MONTH  
50-MINUTE SESSIONS

This service is designed to help caregivers — as well as those who are newly diagnosed — cope with the impact of Alzheimer’s and other forms of dementia, enabling participants to better understand the disease, manage care and make informed decisions regarding services and treatments.

FREE. Schedule an appointment at any time during the dementia journey.



INDEPENDENT LIVING   ASSISTED LIVING   REHABILITATION   LONG-TERM CARE   MEMORY SUPPORT

# EVENTS & Entertainment

## ■ Fireside Forum

### May 5: Adventures of a Wildlife Filmmaker

by Jonas Weiss

Chris Palmer, a teacher, speaker, author and environmental wildlife film producer, will talk about the adventures and challenges of making films about wild and potentially dangerous animals and show film clips at a Fireside Forum program on Sunday, May 5.

Palmer has swum with dolphins and whales, come face to face with sharks and Kodiak bears, camped with wolf packs and waded through the Everglade swamps. He founded American University's Center for Environmental Film-making, which seeks to inspire a new generation of filmmakers to create informative work that will make a difference. Palmer also created "Classroom in the Wild" and a popular free course called "Design Your Life for Success."

The program is at 2:30 p.m. in the Clubhouse II auditorium. Rosalind Kipping is the host for the speaker.



Chris Palmer, courtesy photo



## ■ Education and Recreation Department

### May 14: La Serenata Performs Love Duets

**L**a Serenata Lights your fire with some of the most thrilling operatic love duets ever written! The dynamic husband-wife duo of tenor Harry Dunstan and soprano Kay Krekow bring their

thrilling voices to Leisure World on Tuesday, May 14, at 1:30 p.m. in the Clubhouse I Crystal Ballroom.

Dunstan and Krekow have made a career of performing some of opera's most exciting romantic music. They will recreate Verdi's haunting Nile Scene from "Aida" and the tender dialogue of "Otello" to his Desdemona; Puccini's divine "Tosca" and her jealousy and passion, and the fragile fragrance of a new romance in "Madame Butterfly." This music is why people go to the opera!

Tickets are \$6 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

#### About the Performers

A tenor, musicologist, accompanist, translator, stage director, lecturer and independent scholar, Dunstan is the founding artistic director of The American Center for Puccini Studies, and one of the world's leading authorities on the art and life of Puccini.

He serves as a consultant to opera companies, conductors, and musicians and has been a musical advisor to renowned movie producer Peter Jackson. As well, Dunstan presents seminars on music and the emotional brain in the field of neuroaesthetics and is a member of the



Harry Dunstan and Kay Krekow, courtesy photos

Society for Music Perception and Cognition.

Dr. Dunstan received a doctorate degree "with distinction" in historical musicology from Catholic University and holds a master's degree in vocal performance from The Catholic University of America, and a bachelor's degree in music history from Old Dominion University.

A soprano and accompanist, Krekow is the managing director of The American Center for Puccini Studies and an internationally acclaimed interpreter of the operatic heroines of Giacomo Puccini. She has sung world premieres and standard operatic and oratorio repertoire at The Kennedy Center, Carnegie Hall and The National Cathedral, as well as in Germany, Italy and the Czech Republic. She is also a specialist in the vocal music of women composers.

A graduate of Stephens College, Krekow received a bachelor's degree in vocal performance with a minor in music education and organ.

Together they have led two popular classes at Leisure World – "Journeys and Experiences of the Musical Mind" and "The Ultimate Puccini Experience." This spring they will offer a course on "The Most Stunningly Beautiful Music Ever Written and How to Listen to It."

## ■ Chinese Club

### May 10: Zen – The Art of Personal Mastery

by Stella Shaw

**T**he Chinese Club hosts Winston Pao to discuss the art of Zen on Friday, May 10, from 10-11 a.m. in Clubhouse II. The event is free and all residents are welcome to attend.

A fundamental precept in life is that all happiness requires skills, that all skills require mastery and that all mastery requires learning. It's a strategy so deeply submerged in our unconscious that few bother to think about it, and fewer still are aware of the foundational principles behind it.

So when things go wrong, resolving the problem may become difficult because the person does not understand what is blocking them. The problem can compound itself as a vicious circle – what Buddhists call Samsara, when the short cuts used

end up resulting in more problems.

Zen approaches the question of happiness using a process of inversion – by understanding the causes of unhappiness and removing them. If enlightenment is the awareness of barriers, and Zen is the process of removing barriers, then nirvana is a state of mind in which the barriers have been removed. This is the Zen and the art of personal mastery.

Pao is neither a guru nor a renowned scholar, and has not written any books. But he is full of humor and has an intense interest in different problem-solving techniques. He came to the Chinese Club last December to give a talk on meditation that was well received.

Club members and other residents asked for his return, so be sure not to miss it on May 10.



■ Education and Recreation Department

# Kentucky Derby Party Canceled

The Kentucky Derby Party scheduled for Saturday, May 4, has been canceled. The E&R Department will refund all ticket holders.

– Leisure World News

■ Sock Hop Group

# May Sock Hop Cancelled

The sock hop dance planned for Saturday, May 11, is cancelled so as not to conflict with Fun and Fancy Theatre Group’s performance of “An American Treasure: The Best of Irving Berlin.”

– Abigail Murton



■ Jewish Residents of Leisure World

# May 23: Annual Health and Wellness Expo

by Leisure World News

The 10th annual Health and Wellness Expo is on Thursday, May 23, from 10 a.m.-2 p.m. in Clubhouse I.

Co-sponsored by the Jewish Residents of Leisure World (JRLW) and the Bender Jewish Community Center of Greater Washington’s Coming of Age in Maryland program, the Expo features more than 75 exhibitors, health screenings, interactive workshops and raffle prizes, including the grand prize – a 45” Samsung HD television.

A keynote speaker, to be announced, will kick off the Expo with a presentation at 9:15 a.m.

A grand finale show, “Broadway in Concert,” features Broadway star William Michals, dubbed “America’s baritone,” to perform a variety of showstoppers and romantic classics. The show is from 3-4 p.m. in the Clubhouse II auditorium.

The Expo is free for all residents, but individuals who would like to attend the grand finale show are asked to pre-register at the Clubhouse I E&R office with a payment of \$10 per person (check only, payable to JRLW).

Residents who would like to attend one of the Expo’s free workshops listed below are asked to register beforehand to ensure adequate seating by either stopping by the Clubhouse I E&R office or calling (301-598-1300) beginning Tuesday, May 7, at 8:30 a.m.



Broadway star William Michals. Photo courtesy (williammichals.com)



## WORKSHOPS

TIME	EVENT NAME
11-11:45 a.m.	Downsize and De-stress with Susie Danick
Noon-12:45 p.m.	Matzo Ball Fitness: Eat Healthy and Have a “Ball” with Rachel Packer
1-1:40 p.m.	Suffering Is Not a Mitzvah – Consider Medicinal Marijuana with Rabbi Kahn

■ Education and Recreation Department

# May 21: Join a Club at the Community Fair

All residents are encouraged to set aside Tuesday, May 21, from 9:30 a.m.-noon to attend the Community Fair in Clubhouse I.

This annual fair is an opportunity to receive more information about the nearly 100 active groups, clubs and organizations in Leisure World.

Always loved a particular sport or hobby, but never tried it out? Or maybe you’re looking for a group of like-minded folks who share your interests. From arts and crafts and games, to volunteering and charity work, the Community Fair offers something for everyone.

Representatives from all Leisure World groups, clubs and organizations are encouraged to attend, introduce themselves to the community and share what they’re all about. Letters with entry forms are being mailed to all recognized groups, clubs and organizations. The deadline to return the entry form to the Clubhouse I E&R office is Friday, May 17.

If your group, club or organization has not received one, or if you have any questions, contact the E&R Department at (301-598-1300).

■ Ballroom Dance Club

# May 25: Dance to Mike Surratt and The ECB

by Joyce Hendrix

The Eclectic Coalition Band (ECB) led by Mike Surratt play for the Saturday, May 25, dance from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Surratt is a five-time Washington Area Music Award winner and a Ballroom Dance Club favorite.

Make reservations no later than Thursday, May 23, with Hal Freeman by emailing (bobbinal@aol.com) or calling (301-438-7513) to ensure a seat at a table with friends. Each table seats 10, with a limit of 12 tables in the Ballroom. As the dances are getting more popular, reservations are necessary.



Admission for members is \$10, and \$15 for non-members and guests. For those who have not yet renewed, the Club is still accepting memberships of \$10 per person for the remaining monthly dances, held on the fourth Saturday of each month from January through November.

The dress code for the May

dance is dressy for the ladies and jackets and ties for the gentlemen – no jeans or hats allowed.

Mixed Company provides the music at the Club’s next dance on Saturday, June 22.

**About the Dances**

All dances feature live musical trios or quartets playing a variety of strict ballroom tempo dance music, including waltzes, foxtrots, rumba, samba, merengue, tango, mambo and polkas. Music from all eras is played, from country to Broadway show tunes. Copies of the 2019 dance schedule are available on the admission table at each dance.

The Club asks dancegoers to arrive on time so that Club members taking tickets may enjoy dancing for the entire evening. Residents who find after making reservations that they are unable to attend are asked to call or email Hal Freeman to cancel the reservation.

Put on your dancing shoes and come dance with us!



# May 25: Classical Music Performed by Duke Ellington School of the Arts

Students from the Duke Ellington School of the Arts return to Leisure World on Saturday, May 25, at 4:30 p.m. in the Clubhouse II auditorium.

This year, they will present with many virtuosic piano solo and ensemble pieces, along with violin, viola, cello and vocalists.

The program will include “Transcendental Etudes” by Franz Liszt, “Ballade No. 1” by Frédéric Chopin, the “Waldstein” Sonata by Ludwig van Beethoven, “Piano Quartet No.1” by Wolfgang Amadeus Mozart, “Misty” by Erroll Garner, Italian songs and much more.

This performance, sponsored by the E&R Department, promises to be another exceptional program by students from the Duke Ellington School of the Arts.

Tickets are \$8 per person, check or credit card (MasterCard, VISA, Discover)

if over \$10, and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

## About the School

The mission of the Duke Ellington School of the Arts in Washington, D.C., is to nurture and inspire a passion for arts and learning in talented students who might not otherwise have an opportunity to develop their artistic skills.

Students from throughout Washington, D.C., apply and audition for an opportunity to attend the school.

Once accepted, a student must maintain a satisfactory GPA in regular academic studies to participate in the arts classes.



Students from the Duke Ellington School of the Arts, courtesy photo

### In-Home or Office Computer Help

PC - Mac - Tablet - Smartphone



Hardware - Software - Network  
Wireless Troubleshooting  
Virus - Spyware Removal  
Data Recovery

## 301-495-3390

Press "2" if urgent

**Bob Mann**  
watzanetwork.com  
helpme@watzanetwork.com



**Watza?**  
Serving the Leisure World community 10+ years  
5,000+ customer appointments!

MasterCard VISA • Insured

WatzaNetwork? is a service of Watza, LLC

## Coming in 2019

The E&R Department is pleased to provide the following programs.

May 14, 1:30 p.m.	La Serenata
May 21, 9:30 a.m.	Community Fair
May 25, 4:30 p.m.	Duke Ellington School of the Arts Classical Music Program
May 30, 2 p.m.	Pianist Solomon Eichner
June 9, 5:30 p.m.	Ovation Dinner Theatre's Murder Mystery, "Iceberg, Ho!"
June 29, 7 p.m.	Retro Rockets Rock 'n' Roll – Senior Prom
July 13, 7 p.m.	Guitarist Richard Miller
July 17, 7:30 p.m.	Olney Concert Band
July 27, 7 p.m.	Beatle Mania
Aug. 3, 7 p.m.	Frank Plumer – A Tribute to Doris Day

Watch Leisure World News for more information on these and other upcoming programs throughout the year.



## Indoor Yard Sale!

**St. Francis of Assisi Parish**  
Muncaster Mill Road, Derwood, MD

**SATURDAY, MAY 11th, 8:00 - 12:00**

└ Furniture, Toys, Books, Clothing,  
└ Household Items and much more...

**301-840-1407**



# May 30: Concert Pianist Solomon Eichner Returns by Popular Demand

Equally at home with solo, chamber and concerto performances, pianist Solomon Eichner has established himself as an exciting and versatile young artist. By popular demand, Eichner returns on Thursday, May 30, at 2 p.m. in the Clubhouse II auditorium to give another stellar concert.

Eichner is known for his



Solomon Eichner, courtesy photo

commanding performances of the romantic keyboard repertoire, and this year's concert features works by Chopin, Debussy, Paderewski and Brahms.

Sponsored by the E&R Department, tickets for this performance are \$7 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

## About the Performer

Eichner has competed nationally and internationally, winning the Golden Key Debut International Competition NYC and receiving second in the Miami Music Festival's Concerto Competition in 2016. After winning the Golden Key at age 27, Eichner made his debut performance at Carnegie Hall in New York City.

He has performed at music festivals and events in the Baltimore-Washington, D.C.

area, including at the Sandy Spring Museum's concert series, the Enoch Pratt Library Salon Concert Series in Baltimore and the Afternoon Concert Series at the U.S. State Department in Washington, D.C. Besides performing, Eichner adjudicates other piano competitions.

Originally from Pikesville, Maryland, Eichner studied privately with Virginia Reinecke, Reynaldo Reyes and Irene Kreymer. He graduated with his

bachelor's of music degree from the Manhattan School of Music, studying with Arkady Aronov, and received his master's of music degree from the Peabody Conservatory of Johns Hopkins University, studying with Alexander Shtarkman. In 2017, he received his doctor of musical arts degree from the University of South Carolina with his final dissertation on the repressed Jewish composer Samuil Feinberg.

## ■ Friends of India Association

# June 8: Spring Festival

by Nalini Kukke

The Leisure World Friends of India Association holds its Spring Festival on Saturday, June 8, from 5-7 p.m. in the Clubhouse II auditorium.

Come and enjoy this cultural extravaganza with your family and friends! All residents are welcome. More information is forthcoming.

# 10th Annual "TO LIFE" HEALTH & WELLNESS EXPO

## HIGHLIGHTS

- 75+ Exhibitors
- Health Screenings
- "Head-to-toe" Massages
- Raffle Prizes
- Grand Prize: 45" Samsung HD Television
- Photo Favors

## Premier Sponsors



## Benefactor Sponsor

★ TORCHINSKY ★  
HEBREW FUNERAL HOME



Charles E. Smith  
Life Communities



Presented by the Bender JCC's Coming of Age in Maryland (CoA)  
Co-Sponsored by the Jewish Residents of Leisure World

FREE  
ADMISSION!

**Thursday, May 23, 2019**

Expo: 10:00 AM-2:00 PM

Pre-Expo Keynote 9:15-10:00 AM

Leisure World | Clubhouse 1

FANTASTIC  
PRIZES!



## GRAND FINALE CONCERT

Leisure World | Clubhouse 2

**3:00-4:00 PM | Fee: \$10** (in advance)  
\$12 at the door

## Broadway In Concert

**Presenting Broadway Star, William Michals**  
**Dubbed "America's Baritone"**

A concert of show-stoppers & romantic classics!  
Michals' stunning voice still rings in my ear!  
Leaves the audience breathless!



To Pre-Purchase concert tickets:  
Leisure World Residents: Buy at E&R

General Public: Go to [benderjccgw.org](http://benderjccgw.org) or call CoA at 301.348.3832.

## ENTERTAINING, INFORMATIVE & INTERACTIVE WORKSHOPS

**11:00 AM - 11:45 AM**

- Downsize & De-stress  
With Susie Danick

**12:00 - 12:45 PM**

- Matzo Ball Fitness:  
Eat Healthy & Have  
a "Ball" With  
Rachel Packer

**1:00 - 1:40 PM**

- Suffering Is Not a  
Mitzvah - Consider  
Medicinal Marijuana  
With Rabbi Kahn







**YOUR FLOORING PROFESSIONALS SINCE 1985**



**Whole House of Carpet**  
**INSTALLED** (Includes **FREE** delivery & pad.)  
 Up to 750 sq. ft.  
 Starting at **ONLY \$1999\***  
 (\*See store for details and selection.)

**FREE**

- In-home consultation
- Pad upgrade
- Standard furniture moving

**Water-Proof Wood-Look Flooring**  
 with attached cushion for extra warmth, comfort and quiet!  
 4 Stylish Colors In-Stock for Immediate Installation!  
 Any Room up to 12' x 12'  
 (Includes **FREE** delivery & installation)  
 Starting at **ONLY \$999\***  
 (\*See store for details and selection.)

**Aspen Hill Center**  
 13629 Connecticut Ave.  
**(301) 460-4100**  
[WWW.FLOORMAX.US.COM](http://WWW.FLOORMAX.US.COM)

**GUARANTEE 110%\***  
  
 \*See store for details

**\$250 OFF!**  
 \*Any Purchase of \$3000 or More!  
 \*Limited time only, cannot be combined with any other offer. Must be presented at time of purchase.

**Carpet | Hardwood | Ceramic | Laminate | Vinyl**

## ■ Education and Recreation Department

# June 9: Ovation Dinner Theatre Presents 'Iceberg, Ho!'

The E&R Department brings Ovation Dinner Theatre back for another rollicking show on Sunday, June 9. Join in the fun as Ovation presents its audience-interactive, comedy murder mystery, "Iceberg, Ho!"

Residents will board the "S.S. Gigantic," the world's largest cruise liner, departing from Port Leisure World on its maiden voyage. The year is 1928. Champagne is flowing and the guest list is brimming with celebrities and movie stars, including "Marilyn Monrovia," "Captain J.P. Rockefeller," "Kennedy Barnes Noble IV," "Natasha Heidi Klum," "James Bondage" and "Sophia Loren-Goldstein," to name a few.

It's all glitz and glamour until someone steals the "Abandon-All-Hope Diamond" from silent screen star "Miss Gloria Swansong." Even worse, all the radar and iceberg detection devices have suddenly failed, and there are "icebergs, straight ahead." But, don't fear; the ship is full of Leisure World's best detectives who will assist the ship's crew to make everything alright!

Doors open at 5:30 p.m.



for a social hour (cash bar available), followed by a three-course dinner and show at 6:30 p.m. Make your "acting" debut during this zany dinner theatre production, help solve the mystery and keep the cruise liner from colliding with an iceberg – all while enjoying dinner with friends and neighbors!

Tickets are \$45 per person and go on sale beginning Tuesday, May 7, at 8:30 a.m. in the Clubhouse I E&R office. Make your meal selection (fish, chicken, beef or vegetarian) when purchasing your ticket(s).

If you wish to be seated with friends, all payment must be submitted together. If paying by check, include the meal selection in the memo line. Please bring your Leisure World ID.

## Wills, Wealth Planning & Trusts



**Luann Battersby**  
 Leisure World neighbor  
 3510 Chiswick Ct

Phone: 301-518-0423  
 Email: [Luann\\_Battersby@comcast.net](mailto:Luann_Battersby@comcast.net)  
 Housecall: No charge!  
[www.battersbylawoffice.com](http://www.battersbylawoffice.com)  
 Simple will:  
 \$175/person; \$330/couple  
 Living will/medical directive \$80  
 Financial power of attorney \$90

Probate: flat fee or hourly, not a percentage of estate.

Estate and tax planning.  
 I also assist clients in other related matters when they need my help.



## ■ Hispanos de Leisure World

# May 10: 'Alamar'

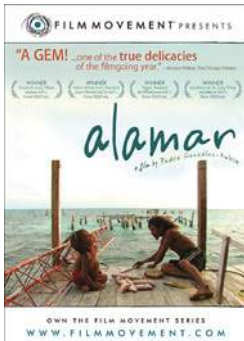
by Loty Goldenberg

Hispanos de Leisure World

present the semi-documentary Mexican film "Alamar" (2009, 1 hour 13 minutes, Spanish with English subtitles, not rated) on Friday, May 10, at 3 p.m. in Clubhouse I.

"Alamar" is the story of a father and his young son who spend time together at the Banco Chinchorro, an atoll reef, before the boy goes to a foreign country with his mother. The father and

son, joined by the son's grandfather, spend the days fishing and enjoying adventure.



The film's director, Pedro Gonzalez-Rubio, is also its writer and producer. "Alamar" won best picture and the audience award at the seventh Morelia International Film Festival.

Tickets are not required, and all residents and their guests are welcome to attend.

Coffee, tea and cookies are available after the movie.

## ■ Education and Recreation Department

### Sunday Afternoon at the Movies

# May 26: 'Won't You Be My Neighbor'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, May 26, the featured film is "Won't You Be My Neighbor" (2018, 1 hour 34 minutes, documentary/biography, rated PG-13 for some thematic elements and language).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, May 7, at 8:30 a.m. Please bring your Leisure World ID.

For over 30 years, Fred Rogers,

an unassuming minister, puppeteer, writer and producer, was beamed daily into homes across America. In his beloved television program, "Mr. Rogers' Neighborhood," Rogers and his cast of puppets and friends spoke directly to young children about some of life's weightiest issues in a simple, direct fashion. There hadn't been anything like "Mr. Rogers' Neighborhood" on television and there hasn't been since.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.



## Musical Performances at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330).

May 15	"Sax with Mike" Surratt
May 29	Michael Binder, Swing'N On A Star
June 5	Motown Classics with The Winstons Duo
June 12	Jules Levine and The Classy Jazz Band
June 19	Michael Binder, Swing'N On A Star



### IS NOW THE TIME TO SELL YOUR HOME?

Contact a Long and Foster Real Estate Agent at **301-598-7500. Leisure World Plaza Office,**

**3836 International Dr. Silver Spring, MD 20906.**



**877.224.2294**

**www.yourscootershop.com**

Now located inside the MedStar Medical Center at Leisure World. Call today to schedule an appointment with our sales and service staff for new equipment, rentals, or repairs. We provide in-home evaluations and repairs.

Hours of Operation: Monday - Friday 10am - 3pm  
APPOINTMENT ONLY PLEASE, No Walk-Ins





Hearing is one of the joys of life. Don't neglect it!



From left: Kathryn Balestino-Estes, AuD., Dr. Heather Schwartzbauer, M.D., Allyson Bull, AuD., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrosniak, M.D.

We have a team of audiology doctors and otolaryngology physicians who work together in two convenient locations to help you.

#### MEET OUR AUDIOLOGISTS

Dr. Kathryn Balestino-Estes and Dr. Allyson Bull

- Comprehensive and personalized evaluations
- The latest digital hearing instruments from leading manufacturers
- Solutions to fit your hearing needs, lifestyle, and budget
- Many insurance plans offer hearing aid benefits
- Financing Plans available

We are conveniently located in the Professional Building in the Leisure World Shopping Center above Sandy Spring Bank.

**LEISURE WORLD PLAZA**  
3801 International Drive  
Silver Spring, MD 20906,  
Suite 206

**PROFESSIONAL OFFICE BUILDING**  
18111 Prince Phillip Drive  
Olney, MD 20832, Suite 224

CALL TODAY TO SCHEDULE AN APPOINTMENT!

**301-774-0074**

[WWW.MONTGOMERYCOUNTYENT.COM](http://WWW.MONTGOMERYCOUNTYENT.COM)

**\$300 Off**

a pair of digital hearing aids

**\$400 Off**

a pair of digital hearing aids when you upgrade your existing aids



**Montgomery County ENT**  
EAR, NOSE AND THROAT SPECIALISTS

Drs. Chrosniak, Schwartzbauer and Mehta, M.D.

## ■ Jewish Residents of Leisure World

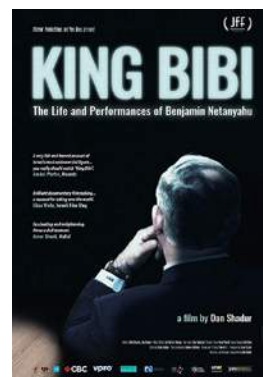
# May 29: 'King Bibi'

by Jonas Weiss

The Jewish Residents of Leisure World (JRLW) and the Bender Jewish Community Center of Greater Washington's Coming of Age in Maryland program show the film "King Bibi" (2018, one hour 27 minutes, documentary, not rated) on Wednesday, May 29, at 1:30 p.m. in the Clubhouse II auditorium.

The film tells the remarkable story of Israel's longest serving prime minister, Benjamin Netanyahu. His rise to power is reflected in four decades of public appearances. Like President Trump, he discovered the political benefits of distancing himself from the media and communicating with the public directly. "King Bibi" explores the role American-style politicking has played in shaping Netanyahu's legacy.

A discussion will follow the film. Tickets are \$8 (check only, payable JRLW) and available at the Clubhouse I E&R office beginning on Tuesday, May 7, at 8:30 a.m. All residents are welcome.



## 2019 Movie Schedule

*Sponsored by the E&R Department*

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
May 16, 1 p.m.	Pope Francis: A Man of His Word	NOW
May 26, 2 p.m.	Won't You Be My Neighbor	May 7
June 20, 1 p.m.	Viceroy's House	May 21
June 30, 2 p.m.	Rebel in the Rye	June 11
July 18, 1 p.m.	Little Italy	June 25

*Movies are subject to change.*

## Foot & Ankle Specialists of the Mid-Atlantic



*Now the preferred podiatry practice  
at MedStar Health at Leisure World*

**End your toes woes!**

**Walk pain-free!**

Visit Dr. K at MedStar Health  
at Leisure World,  
3305 N. Leisure World Blvd.,  
for treatment of your toes,  
heels, ankles and feet.

**Dr. Freedman & Dr. Kathrotiya-Mago**

Leisure World Plaza Professional Building

3801 International Dr. • Suite 204 • Silver Spring, MD 20906

[www.footandankle-usa.com](http://www.footandankle-usa.com)

**Call today: (301) 598-0130**



MARYLAND LYRIC OPERA

AN EVENING OF

# Verdi

Excerpts from *Il Trovatore*,  
*La traviata*, & *Rigoletto*

THE MARYLAND LYRIC OPERA ORCHESTRA



JAVIER ARRET



HYEONMI KIM



YONGXI CHEN



SARAH FRIEDMAN



RACHEL SCHATZ



LOUIS SALEMNO



MARCO CAMMAROTA

MAY 18, 2019 7:30PM  
MAY 19, 2019 2:00PM

KAY THEATRE | Clarice Smith Performing Arts Center  
College Park, MD

VISIT [WWW.MDLO.ORG](http://WWW.MDLO.ORG) FOR TICKETS  
OR CALL 301.405.2787

## An Evening of Puccini

Excerpts from  
*La bohème*, *Madama Butterfly*, *Tosca*

THE MARYLAND LYRIC OPERA ORCHESTRA



SEUNGHYEON BAEK



YONGXI CHEN



YOUNA  
HARTCRAVES



LOUIS SALEMNO



MAURICIO MIRANDA



MARIA NATALE



MARCO  
CAMMAROTA



CATHERINE MARTIN

JUNE 7, 2019 7:30PM  
JUNE 9, 2019 2:00PM

KAY THEATRE | Clarice Smith Performing Arts Center  
College Park, MD



Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2 pm  
Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4  
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

## DAY TRIPS

### **\*Back by popular demand\* Grounds for Sculpture, Hamilton, NJ**

Tues., 5/14, 7:45 am-7:45 pm .....\$135.00 per person  
See art and nature at play in the Grounds for Sculpture! Trip includes transportation, admission and lunch at Rat's Restaurant.

### **Heroes & Legends, PA**

Thu., 5/16, 7:50 am-6:05 pm .....\$95.00 per person

Visit the Quecreek Mine rescue site museum – guided tour. Lunch at Oakhurst Grill is included as well. End the day at the Flight 93 National Memorial in Shanksville, PA.

### **Go Safari at Lake Tobias Park, PA**

Thu., 5/30, 7:15 am-5:30 pm .....\$87.00 per person

Guide will share knowledge about various species and their habitats. Transportation, admission and snack included. *Trip is not recommended for guests in wheelchairs or with limited mobility.*

### **Top of Philly, PA**

Sat., 6/1, 7:00 am-8:45 pm .....\$125.00 per person  
Includes Liberty Observation Deck, National Constitution Center and lunch.

### **Longwood Gardens, PA**

Sun., 6/2, 7:15 am-6:00 pm .....\$79.00 per person  
Trip includes admission to the gardens and transportation. Café on site for lunch on own.

### **Tea Time and Meadowbrook Gourds, PA**

Thu., 6/13, 8:15 am-5:45 pm .....\$94.00 per person  
Trip includes transportation, luncheon tea and a guided tour of Meadowbrook Gourds.

### **Made in America Factory Tour, PA**

Thu., 6/20, 7:30 am-7:15 pm .....\$79.00 per person  
Trip includes transportation, boxed lunch at Brown's Orchard & Farm and Harley Davidson and Utz Factory tours. Closed toe shoes required.\*

### **"Hello Dolly" starring Betty Buckley, DC**

Sat., 6/22, 11:30 am-6:00 pm .....\$159.00 per person  
Enjoy this classic at the Kennedy Center! Trip includes transportation, ticket to show and bus snack.

### **"The Story of Jesus," Sight & Sound Theatre, PA**

Sat., 6/22, 9:45 am-9:15 pm .....\$159.00 per person  
"The Story of Jesus" is a musical stage adventure about the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

### **Annapolis State House and Severn River Cruise**

Fri., 6/28, 8:00 am-4:15 pm .....\$118.00 per person  
House tour of the State House. Step-on guided tour of Annapolis and a boxed lunch while cruising the Severn River included.

### **Queens of Egypt Exhibit,**

### **National Geographic Museum, D.C.**

Mon., 7/8, 9:05 am-2:50 pm .....\$60.00 per person  
This exhibition takes you back 3,500 years to ancient Egypt. Learn about legendary queens: Nefertari, Nefertiti, Hatshepsut and Cleopatra VII; see statues, jewelry and sarcophagi; and take a 3-D tour of one of the most well-preserved tombs in the Valley of the Queens. Lunch on own at the on-site cafeteria. Trip includes transportation and admission.

### **National Harbor, MD**

Fri., 7/19, 9:00 am-4:40 pm .....\$45.00 per person  
You choose where you want to spend the day: Tanger Outlets, MGM Casino or the Harbor! Transportation only.

### **African American Museum, DC**

Mon., 7/29, 8:45 am-3:30 pm .....\$45.00 per person  
Explore one or all seven floors of this amazing museum! Trip includes transportation and timed entry ticket. Lunch on own – café onsite.

### **Museum Loop, DC**

Mon., 8/5, 8:40 am-3:00 pm .....\$35.00 per person  
Transportation provided to the National Museum of the American Indian, American History Museum and the U.S. Bureau of Engraving and Printing. Choose where you want to spend your day! Transportation only.

### **Mansions Along the Delaware, PA**

Fri., 8/9, 6:15 am-8:15 pm .....\$139.00 per person  
This trip includes guided tours of Andalusia, Glen Foerd and Pennsbury Manor. Lunch at the King George II Inn.

### **Ellis Island and Statue of Liberty, NY**

Sat., 8/10, 7:15 am-11:00 pm .....\$113.00 per adult  
.....\$99.00 per child  
Trip includes transportation, ferry tickets to Ellis Island and Liberty Island and a \$10.00 Cracker Barrel gift card.

## Spotlight On...

### **Join us for "South Pacific" at Riverside Center for the Performing Arts, Fredericksburg, VA**

Wed., 7/31, 9:45 am-6:30 pm .....\$117.00 per person  
Escape the heat of summer and be entertained by this classic show and enjoy a plated lunch. Trip includes transportation, admission to show and lunch.

## MULTI-DAY TRIPS

### **Wildwood, NJ**

June 2-5

### **Journey Around Lake Michigan**

July 13-21 (fly/drive)

### **Ark Encounter, KY**

July 14-17

### **Pigeon Forge, TN**

Aug. 25-29 \*new shows and stops

### **Castles of NY-1000 Islands**

Aug. 26-29

### **Mackinac Island, MI**

Sept. 2-8

### **Finger Lakes, NY**

Sept. 22-25

### **Hudson Valley, NY**

Sept. 25-27

### **The Colors and Cathedrals of French Canada**

Sept. 27-Oct. 4 (fly/drive)

### **Niagara Falls Canada**

Sept. 16-19

### **Albuquerque Balloon Fiesta**

Oct. 4-9 (fly/drive)

### **The Wright Experience at Fallingwater, PA**

Oct. 22-24

## CRUISES

### **Royal Caribbean**

Oct. 31-Nov. 8

Eight-night Southeast Coast and Perfect Day Cruise

**We can book any cruise line anywhere you want to cruise.**

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol provides an indication of how much walking may be involved.

Key:



Easy Walking



More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

**INCLEMENT WEATHER POLICY:** Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.



# The Karen Rollings Team



**Karen Rollings**



**Kathy Workman**

Berkshire Hathaway HomeServices PenFed Realty

**301-924-8200**

[www.TheKarenRollingsTeam.com](http://www.TheKarenRollingsTeam.com)



3410 N High St  
Olney, MD 20832  
301-260-7700



## Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
3310 N LEISURE WORLD BLVD #912	Fairways North	Unit/Flat	2	2	\$158,000	\$155,000	\$0
3310 N LEISURE WORLD BLVD #310-6	Fairways North	Unit/Flat	1	1.5	\$134,500	\$134,500	\$4,535
3346 CHISWICK CT #58-1A	Montgomery Mutual Coop	Other	1	1	\$88,000	\$88,000	\$0
3673 S LEISURE WORLD BLVD #15-D	Montgomery Mutual Coop	Row/Townhouse	2	3	\$165,000	\$165,000	\$4,950
3642 GLENEAGLES DR #10-2G	Montgomery Mutual Coop	Unit/Flat	2	1	\$115,900	\$114,000	\$0
3100 N LEISURE WORLD BLVD #804	Overlook	Unit/Flat	3	2	\$419,900	\$410,000	\$0
3700 LIVERPOOL PL #38-A	Rossmoor Mutual #13	Twin/Semi-Detached	3	2	\$325,000	\$340,000	\$0
3604 BERKENHEAD CT #18-A	Rossmoor Mutual #13	Twin/Semi-Detached	3	2	\$288,000	\$271,500	\$0
3613 GLENEAGLES DR #1	Rossmoor Mutual #7	End of Row/Townhouse	2	1.5	\$179,000	\$175,000	\$200
14501 FISKE DR #158-B	Rossmoor Mutual #9	Twin/Semi-Detached	3	2	\$345,000	\$345,000	\$2,500
3548 FISKE TER #147-A	Rossmoor Mutual #9	Twin/Semi-Detached	3	2	\$335,000	\$330,000	\$0
15115 INTERLACHEN DR #3-517	The Greens	Unit/Flat	2	2	\$249,000	\$249,000	\$0
15115 INTERLACHEN DR #3-806	The Greens	Unit/Flat	2	2	\$149,500	\$147,250	\$600
15101 INTERLACHEN DR #1-503	The Greens	Unit/Flat	2	2	\$189,000	\$189,000	\$1,000
3005 S LEISURE WORLD BLVD #401	Turnberry Courts	Unit/Flat	2	2	\$235,000	\$235,000	\$0
3005 S LEISURE WORLD BLVD #106	Turnberry Courts	Unit/Flat	2	2	\$186,500	\$180,500	\$0
3210 N LEISURE WORLD BLVD #915	Vantage Point West	Unit/Flat	1	1.5	\$145,000	\$145,000	\$0



**ACTIVE!!!**

**3100 N Leisure World Blvd, #1026**  
Spacious & updated 2 BR, 2 FBA condo!  
Enclosed balcony with incredible view!



**UNDER CONTRACT!!!**

**3480 Chiswick Court, #41-E**  
Gorgeously updated 2 level co-operative!  
Stainless steel appliances and granite counters!



**ACTIVE!!!**

**15115 Interlachen Drive, #3-121**  
Updated 3BR 2.5BA Condo! Fresh paint and  
new carpet! Fountain and golf course view

## Need New Carpet?

Serving Montgomery County for 30 years! We are the company for all your flooring needs. Carpeting, Hardwood, Laminate, Ceramic, Marble, Commercial, Residential. We do it all! We carry major brand names in carpeting and hard surface flooring.

**Trust our experience and knowledge of the industry.**

**301-924-7331**

18167 Village Center Drive  
Olney, MD 20832  
(in the Olney Village Center)

[www.carpetandvacuumexpo.com](http://www.carpetandvacuumexpo.com)

CARPET & VACUUM  
**EXPO**

**\$100**  
**off installation!**  
**301-924-7331**

only for purchases over \$1000. Offer not valid with any other offers.



# HEALTH & Fitness

## ■ Compassion and Choices of Leisure World

### May 6: Retired Surgeon Offers Hope with Video

by Rosalind Kipping

Compassion and Choices holds its next meeting on Monday, May 6, at 2 p.m. in Clubhouse I.

The meeting includes a presentation of the 30-minute video, "Dying Wish," which is the legacy of Michael Miller,

a retired surgeon dying of end-stage pancreatic cancer.

Miller is determined to avoid the hospital at all costs. He believes that voluntary stopping eating and drinking (VSED) will ease his suffering and result in a peaceful, more natural death.

Miller made this video of

his 10-day dying process in hope of allaying the fears of others who may want to choose VSED to hasten their dying process. Medical ethicists speak about patients' rights, and hospice staff share their own, similar experiences of others who have made this choice.

Discussion and an opportunity to share experiences follow the presentation. Compassion and Choices has prepared material to distribute to those wanting information about VSED, which will be available on the

Group's resource tables along with other information on a wide variety of end-of-life issues.

#### Membership

To renew membership or to become a member of the Compassion and Choices, bring annual dues of \$2 to the meeting. Funds received are used only to keep the resource tables full of interesting information.

All meetings of Compassion and Choices are open to all residents and their guests. Everyone is always welcome.

## ■ Health Advisory Committee

### May 22: Therapist Speaks About Anxiety

by Sandra McLeskey

Everyone experiences anxiety from time to time. Some may remember feeling anxious before a test at school or before a public speaking obligation.

These feelings are normal and a part of life. However, according to the Mayo Clinic, abnormal anxiety may involve intense, excessive and persistent worry and fear about everyday situations. In other cases, sudden anxiety is triggered by a specific situation and, in the worst case, leads to a panic attack.

Sometimes, the anxiety may be crippling and prevent the person from enjoying their life. Frequently, anxiety is accompanied by depression.

Jim Gilmore, supervisory therapist at the Montgomery County Crisis Center, will speak about anxiety on Wednesday, May 22, at 10 a.m. in Clubhouse I. He will elaborate on problems people experience with anxiety that interfere with a good quality of life.

Modes of treatment, including treating underlying depression, will be discussed. He will also familiarize the audience with the Montgomery County Crisis Center and its services.

The presentation is free for all residents, but sign-up is required and available beginning on Tuesday, May 7, at 8:30 a.m. by stopping by the Clubhouse I E&R office or calling (301-598-1300).

## ■ Lions' Vision Support Group

### May 8: Ophthalmologist Speaks to Group About Eye Diseases

by Larry Cohen

At the Lions' Vision Support Group's next meeting on Wednesday, May 8, local ophthalmologist Dr. Reshma Katira speaks to the Group about retina and other eye diseases. The meeting is at 1 p.m. in Clubhouse I.

Katira is one of the few female ophthalmologists practicing full-time in the Washington metropolitan area. As an eye doctor, she diagnoses and treats diseases, injuries and trauma of the eye, such as glaucoma, aged macular degeneration and retinitis pigmentosa, to name a few. She will explain these eye diseases and answer questions.



Dr. Reshma Katira.  
Photo courtesy (www.rgw.com)



and may visit some museums in Washington, D.C. if there is enough interest.

Other suggested destinations include Woodlawn Manor Cultural Park and Museum, the National Capital Trolley Museum, the Cambodian

Buddhist Temple, Sandy Spring Museum, the National Museum of Health and Medicine, the Agricultural History Farm Park, Sandy Spring Slave Museum and the Sandy Spring Quaker Meeting House.

Join the Group's meetings to not only share your trip preference, but to also make friends that share and understand low vision.

#### General Information

The Group's meetings are always held on the second Wednesday of the month at 1 p.m. in Clubhouse I.

For more information, call Larry Cohen at (908-770-9111) or email (topops@aol.com).

#### Upcoming Trips

The Group is planning trips in the Silver Spring/Olney area



ATTEND THIS FREE TALK

### Cannabis Without the High: Medical Benefits of CBD

FEATURING DR. LESLIE APGAR AND GINA DUBBE, FOUNDERS OF GREENHOUSE WELLNESS

MAY 20TH  
2-4 PM

HOSTED AT LEISURE WORLD,  
CLUBHOUSE ONE

 greenhouse  
WELLNESS



# May 24: Town Hall Event on Medical Cannabis

by Carminetta Verner

**D**o you have questions about medical cannabis? The Cannabis 101 Club hosts a town hall on Friday, May 24, at 2 p.m. for an in-depth expert panel discussion about medical marijuana.

Residents are invited to send their questions in advance to (lwcan101@gmail.com). The names of people submitting questions will be kept anonymous. Residents may also ask questions at the town hall event, but questions submitted in advance will be given priority.

The town hall's panel of experts includes Rep. Jamie Raskin, who has a history of supporting medical cannabis legislation in Maryland; Dawn Marie Steenstra, patient outreach coordinator for Mission Dispensaries and licensed practical nurse; Lauren Rice, national outreach director for Mission Dispensaries; Melinda Toussaint, holistic health practitioner and master herbalist of MariCare Wellness; and Krissy Bernazani, medical director

for Freestate Grow/Verano Processing and clinical director of Zen Leaf Maryland.

The event is free for all residents, but tickets are required and available beginning on Tuesday, May 7, at 8:30 a.m. at the Clubhouse I E&R office. You don't want to miss this important town hall that will provide answers to all your questions about medical cannabis, from legalization to growing and consuming.

## ■ FISH (Friends in Sickness and Health)

### Sign Up to Attend Volunteer Lunch

by Beth Leanza

**F**ISH has been in Leisure World for 50 years! To celebrate, FISH will have its annual meeting on Wednesday, June 12, at 1 p.m. in Clubhouse II.

Former FISH volunteers are cordially invited to come and celebrate with the group. To attend, call Beth Leanza at (301-598-4569). Or, if you prefer, sign up at the FISH office. The Group needs an accurate head count to ensure enough food is purchased.

#### About FISH

FISH is a volunteer organization that accepts donated assistive equipment – such as wheelchairs, walkers and canes – and lends these items to residents and employees of Leisure World. Volunteers try to make sure the equipment is in good, working condition.

The FISH office in Clubhouse II is also the place where residents can drop off donations. The Lions Club collects eyeglasses and hearing aids and the Kiwanis Club

collects can tabs for the Ronald McDonald House.

Residents can also upcycle cardboard tubes by bringing them to FISH; a resident takes them to a local elementary school for art projects.

#### Lost and Found

Residents who have mislaid an item may check with FISH to see if it's been turned in. Come into the office and look around the closet, or call the office at (301-598-1345).

A volunteer is available in the FISH office Monday through Friday from 10 a.m.-4 p.m. (except major holidays). E&R staff can assist residents when the office is closed.

#### Volunteer

Residents who are thinking about helping FISH are asked to call Beth at (301-598-4569) and set up a time to sit in with another volunteer for a training session.

FISH's office tasks are not difficult, but it does help to have a general idea of what to expect before manning the desk on your own.

## Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

**Alcoholics Anonymous (AA):** Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

**Bereavement Support Group:** If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

**Free Blood Pressure Testing:** Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

**Memory Café:** The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit ([www.alz.org](http://www.alz.org)).

**Parkinson's Support Group:** The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or ([raywwjr@hotmail.com](mailto:raywwjr@hotmail.com)).

**Stroke Support Group:** You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

## Take a Tour of the Fitness Center

**O**ne of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

– Leisure World News



Photo by Leisure World News



# CLUBS, GROUPS & Organizations

## ■ New Yorkers and Friends Group

### May 9: Group Celebrates Mothers and Honors Older Americans

by Linda Mahler

The New Yorkers and Friends Group celebrated National Poetry Month in April by sharing a wide range of poems read by several members. Poems included self-published works, haikus, poems from childhood and favorite authors, among others.

The Group's next meeting on Thursday, May 9, promises to be equally inspiring as it not only will honor mothers and mother figures in celebration of Mother's Day, but will also observe Older Americans Month by sharing the stories of seniors in and outside the community who are making a difference. The meeting is at 10:30 a.m. in Clubhouse I.

Attendees are invited to bring unwrapped toiletry items to the meeting, which will be distributed to women in

Montgomery County shelters and in Leisure World. The meeting is open to all residents, and those wishing to can join Group members for a self-paid lunch in the Clubhouse Grille in Clubhouse I following the meeting. RSVP to Connie or Linda by Monday, May 6, if planning to stay for lunch.

#### Looking Ahead

The Group's future plans include a Father's Day and birthday celebration on the lanai in June and a one-day trip to New York City in the fall.

The New Yorkers and Friends Group will proudly be celebrating its upcoming one-year anniversary. The Group cares, connects and contributes to the community, and it welcomes new members. Contact Connie at (connie.blake1@verizon.net) for more information.

## ■ Vegetarian Society of Leisure World (VSLW)

### May 16: Speaker Shares his Health Success Story

by Bob Fenichel

The VSLW's next regular monthly meeting is on Thursday, May 16, at 7 p.m. in Clubhouse II.

In place of the video that had been planned, the VSLW has arranged a presentation by Eric O'Grey entitled, "It's Time to Become the Extraordinary Person You Are Meant to Be."

Very briefly in 2010 at age 51, O'Grey was 340 pounds at 5'10," had type-2 diabetes and a cholesterol level of almost 400 and was taking 15 different medications. O'Grey's recovery is a major success story and can be

found on his website at (<https://ericandpeety.com/about-eric-o-grey/>).

After the presentation, Jan Woodson will prepare a healthful salad dressing and provide samples to Group members.

#### General Information

Additional information on VSLW activities is available on the Group website, ([www.vslw.org](http://www.vslw.org)).

Everybody is welcome at VSLW activities; residents don't have to

be vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."



Eric O'Grey, courtesy photo

## ■ Rossmoor Library Guild

### Stop by the Library for Your Summer Reading

The Rossmoor Library Guild reminds residents that the library in Clubhouse I is open on Saturdays as well as during the week. The hours are: Mondays, 1-4 p.m.; Tuesdays through Fridays, 10 a.m.-4 p.m.; and Saturdays, 10 a.m.-1 p.m.

The library has fiction and non-fiction books as well as magazines, videos and audiotapes. New books arrive regularly. Stop in and browse the shelves; the library's volunteers can help residents find something to read as they sit by the pool or vacation this summer.

— Denise Barker



## ■ Computer Learning Center

### May 18: Center Holds Annual Meeting for Volunteer Monitors

by Betty Smith

The Computer Learning Center's board of directors met for its monthly meeting on April 17 and finalized plans for the annual volunteer monitors meeting, which is held on Saturday, May 18, at 1 p.m. in Clubhouse II. All volunteers and their guests are welcome.

For residents interested in volunteering, stop by the

Computer Learning Center and request a volunteer application, or visit the Center's website at ([computerctr.org](http://computerctr.org)).

The Center's hours of operation are posted on its door in Clubhouse II.

The Center is currently staffed by 40 monitors and several additional volunteers

who assist with maintenance of the hardware and software. The Center thanks all of its board members and volunteers who help keep the facility open.





# May 10: Group Debuts 'Best of Irving Berlin'

by Hannette Allen

**F**un and Fancy's spring musical, "An American Treasure: The Best of Irving Berlin," opens on Friday, May 10.

"Irving has no 'place in American music.' He is American music," said American composer Jerome Kern. During his career, which started at the age of 18, Berlin wrote more than 1,900 songs for Vaudeville, Broadway and Hollywood.

Some of Berlin's songs have been part of our lives since childhood, while others are not as well known. Songs in the show include "Puttin' on the Ritz," "Alexander's Ragtime Band," "The Girl That I Marry," "Anything You Can Do," "There's No Business Like Show Business," and "God Bless America," among many others.

The cast includes ballroom and tap dancers, actors and singers, and the costumes depict Berlin's long career.

## Performance Dates

- Friday, May 10, at 7:30 p.m. ("Meet the Cast" wine and cheese reception)
- Saturday, May 11, at 7:30 p.m.
- Sunday, May 12, at 2 p.m. (champagne and cake reception)
- Friday, May 17, at 7:30 p.m.
- Saturday, May 18, at 7:30 p.m.
- Sunday, May 19, at 2 p.m.

## Tickets

Tickets for the show are \$10 (cash and check only), and all sales are final. All seats are reserved. Tickets are sold on Mondays, Wednesdays and Fridays from 11 a.m.-2 p.m. in the Clubhouse I lobby until Friday, May 17.

Tickets are also sold on Saturdays from noon-3 p.m. in the Clubhouse II lobby until Saturday, May 11, and on Mondays and Tuesdays from 5-7 p.m. in the Clubhouse I lobby.

If available, tickets will be sold at the Clubhouse II auditorium starting one hour before showtime on each performance date.

## Webpage

Club information and updates are now available through the resident website, (residents.lwmc.com). Sign into the website and

click on the "Your Community" dropdown arrow, and then click on "Clubs and Organizations Information Pages."

Leisure World's Clubs and Organizations are listed in alphabetical order; scroll down and click on "Fun & Fancy" for membership information, news, photos, links to recent performances and more! The Group will regularly update the information.

For questions or suggestions, contact Patricia McConnell at (pmcconnello2@gmail.com).

## Community Show

The Community Show, "Around the World in Leisure World," co-sponsored by the E&R Department and produced by Fun and Fancy, is held on Friday, June 21, and Saturday, June 22, at 7:30 p.m. and on Sunday, June 23, at 2 p.m. in the Clubhouse II auditorium.

Members of Fun and Fancy and other clubs and groups are encouraged to partici-



Ernie Poland presents his class on stage presence. Photo by Karen Poland

pate. Auditions are open to all residents, however, residents are encouraged to discuss their audition choice in advance with the director Joan Bowar by contacting her at (mjbowar@gmail.com) or (301-598-7219). Many, if not all, selections will be performed with a CD provided by Joan.

Auditions are held on Monday, May 4 and 20, at 4 p.m., and Tuesday, May 21, at 7 p.m. in the Clubhouse II auditorium. Rehearsals are on

Wednesday, May 29, at 7 p.m., Saturdays, June 1, 8 and 15 at 10 a.m., Monday, June 17, at 7 p.m. (tech and dress) and Wednesday, June 19, at 7 p.m.

## Acting Class

Member Ernie Poland conducted a class on acting techniques on April 20. More classes of this type will be scheduled as the Group's educational program develops under the leadership of Steve Bennof.

Is the Idea of

# Moving

Starting to

# Grow

on You?





## Paulette Tievy

**Direct: 301.651.3082**  
 Office: 301.681.0550  
 Email: paulettetievy@gmail.com

*If the idea of moving is starting to "grow" on you, allow me to show you how I can help that idea blossom. Whether you are buying or selling, it helps to get as much information as possible. Hurry! The spring market is here!*

*Call me for a free consultation today!*

**SELLING? BUYING? NEW OR RESALE**  
**Work with the agent that does it all!**

## Listing & Selling In LW Since 1989





# Sweeten Your Tuesday by Registering to Attend the Apples to Art Workshop

by Ann Bolt

Artists and artists-to-be have been signing up for Rossmoor Art Guild's (RAG) Apples to Art workshop, held on Tuesday, May 7, from 1-3:30 p.m. in the art studio in Clubhouse I.

The workshop is a good opportunity to dabble in a new medium or revisit an old medium, or work fast and try both. Students will select any medium – acrylics, watercolors, pastels or pencils – to create their own work of art that features any kind of apple – whole, sliced or bitten and red, green or yellow. Experienced RAG members will be there to guide new students.



At left, Linda Ely discusses working with paintings, yarn and felt to create works of art to her own satisfaction at the Rossmoor Art Guild's Spring Fling. At right, John Wieben and RAG instructor Ron Erlich, right, discuss Erlich's painting. Photos by Ann Bolt



The workshop fee is \$20 and art materials are provided. Residents who haven't already registered are asked to bring a check to the workshop. Refreshments include apple pie. If attending, let Judy Kirkland know by calling her at (301-938-3630).

## Reminder

The Open Studio's Maryland themed paintings and general topic paintings are due by Friday, May 3. The exhibit begins on Saturday, May 4, and is located in the hallways of Clubhouse I.

## Classes

The current class session ends on Saturday, May 25, and the Spring II session runs from Monday, May 27, through Saturday, July 13.

Current classes include Oils and Acrylics taught by Barbara Piegari on Mondays and Thursdays; Any Medium taught by Ron Erlich on Tuesdays; Oils, Acrylics and Miniatures taught by Genevieve Roberts on Wednesdays and Watercolor taught by Firouzeh Sadeghi on Fridays. Open Studio is on Saturdays.

Upcoming classes include portraits, abstracts and Bertrand Mao's Chinese brush and ink landscape painting class. Upcoming workshops include framing and en plein air.

Summer classes run from Monday, July 15, through Saturday, Aug. 24. The cost is \$65 for residents and \$70 for non-residents. RAG's membership fee is \$15. Friendships come free.

## Spring Fling

RAG members and guests enjoyed hearing Linda Ely's lively presentation at the Spring Fling. By using more internal guidance than external rules, artists learned the importance of charting their own passage to success.

That doesn't mean, however, that the masters of old can't shed some light on the subject, but an artist needs to trust his or her own inspiration.

The audience left with determination to rethink their paintings, or release and start over, and seem to be enjoying a new level of energy and shot of confidence regarding their creative efforts.



# GALAXY PAINTING

COMMERCIAL & RESIDENTIAL PAINTING & RENOVATION

Since 1976

**CUSTOM PAINTING**

**PLASTERING**

**CARPENTRY**

**INSURANCE**

**WATER DAMAGE**

**MASONRY/**

**CERAMIC**

**INDUSTRIAL**

**RENOVATION**

**CONDOMINIUMS**

DC. LIC. # 39601168

MHIC LIC. # 31079

VA. LIC. # 2705034376

- **COMMERCIAL & RESIDENTIAL**
- **EVENINGS & WEEKENDS**
- **GREEN & LOW VOC**
- PAINT PRODUCTS**

FREE

REMOVAL/DISPOSAL

OF YOUR OLD PAINT

CANS THROUGH

PROPER HAZMAT

PROCEDURE

**FREE**

**ESTIMATES**

**BONDED**

**INSURED**

**LICENSED**

Members:









301-530-2600

www.galaxypainting.com



# May 8: Frank Roddy Speaks About the Dinosaur National Monument Museum

by Frank Roddy

The Gem, Lapidary and Mineral Society (GLMS) of Leisure World holds its next meeting on Wednesday, May 8, at 7 p.m. in Clubhouse II. The meeting's speaker, Frank Roddy, will describe the Dinosaur National Monument museum in Utah.

Normally, scientists find fossils and move them to a museum. The Dinosaur National Monument is such an astounding collection of fossils in one place that they moved the museum to the fossils.

## Museum's Origins

When the dinosaurs died off in a mass extinction 66 million years ago, their carcasses were washed into a riverbed at what is now the border between Colorado and Utah. Sediment covered them and the bones were slowly turned into stone fossils.

The riverbed was later geologically tilted up at about a 60-degree angle. Scientists discovered fossils in the area in the early 1900s, sent them to museums, cleaned them up and displayed them at those museums. They kept finding so many fossils in the tilted riverbed that they decided to make the riverbed itself a museum, with the tilted rock strata as one wall of the museum.

## About the Museum

The Dinosaur National Monument museum is perhaps the largest collection of fossils in one place anywhere in the world. The fossils already removed from the rock strata are on display. However, thousands of fossils are half cut out of the rock but are still imbedded in the "wall" as bas-relief fossils.



From left, the skeleton of a baby camarasaurus and an allosaurus skull. Photos courtesy Frank Roddy

Contrary to many museums, visitors are encouraged to touch the fossils themselves while standing on the first floor. The second floor of the museum is cantilevered out so that visitors can look with a panoramic view at the fossils higher up on the wall.

A computerized system with touch screens allows visitors to identify and locate each type of dinosaur and their fossil

remains everywhere on the wall. A booklet identifies and locates each type of dinosaur on the wall. Both media help show how the bone structure

in the dinosaurs is similar yet different from humans.

## About GLMS

Roddy is the president of the GLMS of Leisure World and has given talks on ice-age floods and unusual geological formations out West.

The GLMS of Leisure World holds meetings on the second Wednesday of every month at 7 p.m. in Clubhouse II. All residents are welcome. Membership is \$15 per year, with the Group's year starting in September.

Lapidary laboratory facilities are extensive and for use by all members trained by shop steward Mark Parker. Members can make their own jewelry just as many others have done. The annual lab fee is \$15 for residents. For more

information, contact Mark at (Kb3wuk@gmail.com) or (240-723-5860).

For questions about membership, contact Frank at (roddy.frank2014@comcast.net) or (301-598-3698).



Frank Roddy, courtesy photo

## Pain Control

- Acupuncture - Acu Massage

- Auto & Work injury

We accept Health Insurance

SENIOR DISCOUNTS!

**301-592-1234**

CALL DR. LEE OR DR. MA SHA

EAST - WEST  
ACUPUNCTURE AND HERB CLINIC LLC  
東西漢醫院

11120 New Hampshire Ave, Suite 409  
Silver Spring, MD, 20904

[www.acupuncture-drs.com](http://www.acupuncture-drs.com)

## WILLSON'S

Leisure World Renovations

Providing renovation services exclusively for residents of Leisure World!

**Our Showroom at  
Physical Properties is Now Open!**

Come see our impressive selections of:  
**Kitchen Cabinets • Stone Tops  
Vanities • Flooring • Windows**

**Full Time Staff On Site**  
Visit us today!

Call our showroom  
**301-598-1348**

or call me directly  
**Brian Willson**

President  
**301-252-2199**  
[brian.willson@yahoo.com](mailto:brian.willson@yahoo.com)



# May 14: Photo Slideshow and Election of Officers

by Fred Shapiro

The Camera Club traditionally schedules its May meeting with a social and business agenda, a time for members to relax and enjoy the endeavors of the past year.

This year, the meeting is held on Tuesday, May 14, at 6 p.m. in Clubhouse I. The meeting includes a photo slideshow and Club officer elections.

Each member may order take-out dinner from the Stein Room in Clubhouse I soon after 6 p.m. There is no fee for the event, so any food ordered will be paid by the member.

Before the meal, Club members will view a slideshow of photographs that were entered as digitals in the competitions of 2018-2019. After the meal, the Club will hold a short business meeting to elect officers for the next two years, 2019-2021.

The nominees are Stuart Lillard for president, Jon Fife for first vice president, Fred Shapiro for second vice president, Woody Shields for treasurer and Frank Roddy for secretary.

The meeting will conclude with a showing of the Photographic Society of America's winning images from its 2018 Chapter Showcase Competition. Residents interested in joining the Club are welcome to attend the social and meeting.

The print and digital winners of the Club's final competition are:

## Advanced Prints

1st place: George Kaye, "Western Grebe Ballet Company"; 2nd place: George Kaye, "Dutch Canal"; 3rd place: Joanne Mars, "Freedom Tower";

Honorable Mentions: Chuck Bress, "Peace Museum"; Jon Fife, "Cyclist in Stockholm"; George Kaye, "Amish Buggy"; Joanne Mars, "Diana"; Larry Mars, "Flyer in Bosque"; and Elaine Selby, "Vietnam Women's Memorial."

## General Prints

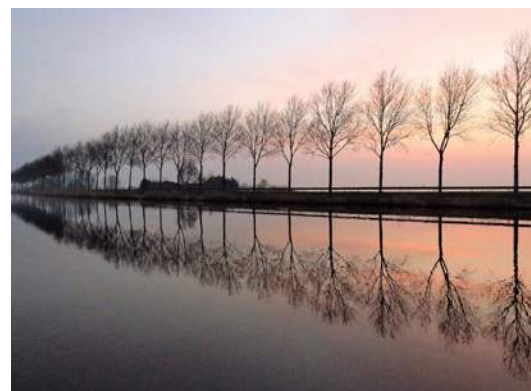
1st place: Ann Ferren, "Safari"; 2nd place: Ruthe Kaplan, "Cuban Musician"; 3rd place: Nina Parish, "Basket Seller, Mexico"; Honorable Mentions: Ruthe Kaplan, "Anchorage Museum Staircase"; Nina Parish, "Bridge in Spain"; Woody Shields, "Pennsylvania Statehouse"; Woody Shields, "Sealed with a Kiss."

## Advanced Digitals

1st place: Joanne Mars, "Andy"; 2nd place: Joanne Mars, "White Pocket"; 3rd place: Brenda Gillum, "Roseate



From left, Advanced Prints honorable mention "Amish Buggy" and Advanced Prints second place winner "Dutch Canal." Photos by George Kaye



Spoonbill"; Honorable Mentions: Jean DeSchraver, "Capitol"; Jean DeSchraver, "Bethsteel"; Brenda Gillum, "Green Winged Teal"; Stewart Lillard, "Heavenly Spheres"; Joanne Mars, "Dalia"; Fred Shapiro, "Seagull in Flight."

## General Digitals

1st place: Debra MacNealy, "Orange Beach"; 2nd place:

Ruthe Kaplan, "Desert Flower"; 3rd place: Ann Ferren, "Mountain Mist"; Honorable Mentions: Gaby Dusan, "Garden Gate"; George Jones, "Saint Peter's Basilica"; Debra MacNealy, "Backyard Snow"; David Mahler, "Sultana Mast"; Ron Masi, "Twelve Panes"; Kathy Tsai, "Chinese Lanterns"; Donna Zoldi, "Dandelion Repurposed."

## ■ Arts In Motion (AIM)

# AIM Continues Raising Awareness and Support for the Arts

by Grace C. Cooper

Arts In Motion's (AIM) Scholarship awards presentation is on Saturday, May 25, at 1-3 p.m. in Clubhouse I Crystal Ballroom.

Scholarships will be awarded to high school seniors who plan to major in one of the arts in college.

AIM's scholarship committee gave many hours and much thought to reviewing the applications and selecting the winners from many talented applicants this year. The winners of the \$5,000 scholarships will present their work at the event.

The presentation is free and open to all residents, but tickets are required and can be obtained at the Clubhouse I E&R office.

## Upcoming Events

Tickets are still available for

AIM's next concert on Friday, May 10, featuring singer Kristine Key and her quartet. Concerts are on the second Friday of each month.

Other upcoming concerts include jazz singer Steve Washington and his quartet on Friday, June 14, blues singer

Lou Jerome and his band on Friday, July 12, and the popular jazz group, The Shirleta Settles

Quartet, on Friday, Aug. 9.

Concert tickets, which are \$20 apiece and include snacks, are available on the Monday following each concert beginning at 10 a.m. in the Clubhouse I E&R office. AIM members may reserve tables of eight-10.

Remember that those who attend AIM's activities provide the money for its scholarships and other awards. See AIM's website at (aimarts.net) to keep up with its concerts and other activities.



**FAMILY FOOT & ANKLE ASSOCIATES OF MARYLAND**

**Dr. Michael Frank  
Dr. Marc Goldberg  
Dr. Adam Lowy**

**3 Convenient Locations  
Minutes from Leisure World**

### OLNEY

Oland Professional Center  
3408 Olandwood Ct. Suite 204  
Olney, MD 20832

(301) 924-5044

### KENSINGTON

Family Foot & Ankle Associates of Maryland  
3930 Knowles Ave Suite 202  
Kensington, MD 20895

(301) 942-8110

### SILVER SPRING

Colewood Centre  
10801 Lockwood Dr. Suite 260  
Silver Spring, MD 20901

(301) 439-0300

**www.MarylandFeet.com**



# June 5: Art for Remembering Loved Ones' Legacies

by Fred Shapiro

People often use photographs to recall the history of loved ones. Pauline Jakobsberg takes a different approach in remembering her husband. Entitled "Two Legacies,"

Jakobsberg's presentation shows how art can be used to capture the past.

The Center for Lifelong Learning (CLL) brings this presentation to Leisure World on Wednesday, June 5, at 2 p.m. in Clubhouse I. The presen-

tation is free for all residents, but registration is required and available at the Clubhouse I E&R office, or by calling (301-598-1300) beginning at 8:30 a.m. on Tuesday, May 7.

Using art and story, Jakobsberg will take residents through her late husband's journey from Nazi Germany to Bolivia and America. In contrast, residents will hear of her own humble background growing up in the garment center of New York City and its influence on her present career.

Determined to create a permanent impression on her audience, Jakobsberg's presentation is full of tenderness and pathos for her relatives' legacy from a virulent period in history. Residents will also learn a bit about the art of printmaking and will handle artifacts that may eventually be placed in the U.S. Holocaust Memorial Museum.

## About the Presenter

Jakobsberg's printmaking methods suit her goal of recreating the complexity of the past, and give substance to memories. The hand-pulled print has been her medium of expression for the last 40 years.

She is co-founder of the Washington Printmakers Gallery in Washington, D.C., and founder of the Graphic Workshop, an environmentally-friendly studio for visiting artists and students.

Her works are in several private collections throughout Europe and the U.S., including two solo exhibitions at the

Franz Kafka Gallery and Terezín Museum in Prague, Czech Republic.

Most recently she exhibited at the Holocaust Museum in Houston. This month, several of her prints are part of an exhibition, "Making Our Mark," at St. John's College in Annapolis.



Pauline Jakobsberg, courtesy photo

## ■ Edmonson Historical Society

# Group Journeys to See Historic Sisters' Statue

by Juanita Sealy-Williams

For the past few years since its inception, the Edmonson Historical Society has talked about and dreamed of visiting the Edmonson sisters' statue in Alexandria, Virginia. At last the dream will become a reality when members and other residents take a trip there on Tuesday, May 7.

Tickets for the trip are \$40 and still available for purchase in the Clubhouse I E&R office. For further details, see the Clubs Trip page of this publication.

Emily and Mary Edmonson were the teenage daughters of Paul Edmonson, a freed black man who owned a 40-acre farm on what is now a part of Leisure World property.

On April 15, 1848, Emily and Mary were among the 77

enslaved people from Washington, D.C., and Montgomery County, Maryland, who tried to escape to freedom on the schooner named The Pearl. Unfortunately, they were caught and brought back, eventually being held in the slave market pens in Alexandria.

The brother of writer and abolitionist Harriet Beecher Stowe rescued the sisters from slavery, and Harriet paid for their education at Oberlin College. The sisters went on to travel around the North at abolitionist meetings with Frederick Douglass.

The city of Alexandria commissioned sculptor Erik Blome to create a 10 ft. bronze statue to commemorate the sisters. It was installed in May 2010 near the location where they were held prior to their sale.

## WE'RE EXPANDING!



Dr. Akanksha Joshi

We are excited to announce that **ANOTHER NEW ASSOCIATE HAS JOINED OUR TEAM!**

**AKANKSHA JOSHI, DMD, BDS** is a very gentle and detail oriented dentist who delivers excellent comprehensive dental care. She loves dentistry because she can apply science and art at the same time to offer functional and cosmetic services to her patients.

### PROUDLY OFFERING THESE SERVICES:

- Children's Dentistry
- Crowns & Bridges
- Dental Emergencies
- Dental Implants
- Invisalign™
- Orthodontics
- Partial & Full Dentures
- Periodontal (Gum) Evaluation
- Teeth Whitening
- TMD/TMJ Treatment
- Tooth Colored Fillings
- Veneers & Laminates



### LIMITED TIME NEW PATIENT SPECIAL!

**Comprehensive Exam, X-rays & Cleaning ONLY \$130**

Value of \$338. Expires 5/31/19.

Call today to **SCHEDULE YOUR APPOINTMENT.**

**301-368-6112**

*New Smiles Warmly Welcome!*

17902 Georgia Ave., Ste. 200 | [OlneyDentalCenter.com](http://OlneyDentalCenter.com)

## Weichert Realtors Aspen Hill/Leisure World Announces The Top Producer for 2018



**Want quick results? Call John!**



**John H. Radcliffe**  
Office: 301-681-0550  
Cell: 301-233-0093  
[jradrltr@aol.com](mailto:jradrltr@aol.com)



# June 18: Learn to Relieve Stress by Practicing Transcendental Meditation

by Fred Shapiro

As seniors advance in age and issues arise in their lives, stress can take its toll. Relieving this kind of pressure is the goal of transcendental meditation (TM).

On Tuesday, June 18, the Center for Lifelong Learning (CLL) hosts a presentation to explore this simple, effortless technique for improving all areas of life, given by certified transcendental meditation instructor Andrew Wilkes.

The presentation is at 2 p.m. in Clubhouse I and is free to all residents, though registration is required to assure adequate seating. Registration begins on Tuesday, May 7, at 8:30 a.m. at the Clubhouse I E&R office or by calling (301-598-1300).

## About Transcendental Meditation

During TM, the active,

thinking mind settles down naturally to a state of pure consciousness, where the mind is silent yet fully alert. At the same time, the body gains a profound state of rest and relaxation.

This unique state of “restful alertness” enhances brain functioning and eliminates accumulated stress and fatigue. The experience is the basis for the increased creativity and intelligence and improved health reported by people who practice TM.

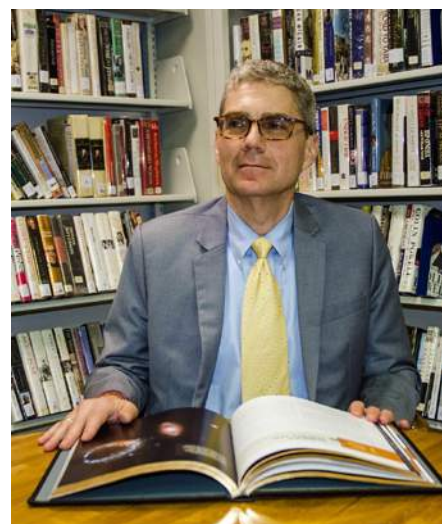
TM does not require a change in lifestyle. Introduced by Maharishi Mahesh Yogi more than 60 years ago, the TM technique has now been learned by more than five million people of all ages, nationalities and religions. TM practitioners report that the reduced stress and increased clarity of mind resulting from the practice have helped them to appreciate life more fully

and, for religious people, to follow their religions more faithfully.

More than 675 scientific studies on the benefits of TM have been conducted at 250 independent universities and research institutions, including Harvard University, Cornell University, The University of Michigan and UCLA’s medical schools.

Many comprehensive meta-analyses of published studies on meditation and stress-reduction techniques show that TM induces health benefits not produced by other techniques, including marked reductions in high blood pressure, anxiety, depression, insomnia and other stress-related disorders.

Wilkes assures that being skeptical of TM is typical and okay. Participants can be 100 percent skeptical in the TM technique, and it will work just



Andrew Wilkes. Photo by Fred Shapiro

fine, he says. Join Wilkes on June 18 to learn more about this technique.

## About the Presenter

Wilkes graduated from the International Transcendental Meditation Teacher Training Course 2019. He is based out of the Bethesda Transcendental Meditation Center, and has practiced TM for more than 40 years.

18111

- ✓ Cutting-edge Microscope-centered Dentistry
- ✓ Dentures
- ✓ Gum Treatment
- ✓ Root Canals
- ✓ Sedation Dentistry
- ✓ Bonding
- ✓ Extractions
- ✓ Bleaching
- ✓ Veneers

We Cater to Cowards • Same-day Emergencies • Evening Hours  
Will File Forms for All PPO Insurance Carriers

*Look and feel your best!*



**COMPREHENSIVE FAMILY  
& COSMETIC DENTISTRY**

**\$50 off your first visit**

Not valid with third party plans, new patients only.

Located at MedStar Montgomery Medical Center  
18111 Prince Philip Dr.  
Suite T-17  
Olney, MD 20832

**T: 301-774-7887 • [www.OlneyDental.com](http://www.OlneyDental.com)**



# Foundation Seeks Additional Directors

by Alan J. Goldstein

**B**ecause of expansion and retirement, the Foundation of Leisure World's board of directors is seeking candidates for three director positions.

The organization is at an exciting juncture. After providing crucial support over several decades to enhance the well-being of members of the community, the Foundation is in the final stages of developing a new strategic plan which includes enhanced components for both grant-making and fundraising.

Interviews and work sessions were held with numerous clubs and organizations throughout the community to assess and understand their needs. A vision statement has been developed

and accepted by the board along with strategic goals for the upcoming two years.

A funding guide is in process, which will help potential grant recipients understand the Foundation's guidelines and assist them in preparing grant requests. A formal fundraising plan is under development,

which includes the organization's first annual fund campaign and a formal mechanism to honor donors, except those that wish to remain anonymous.

Activities such as funding a pilot program for additional transportation during evening hours and improved audio-visual capabilities in the Clubhouse II auditorium and meeting rooms are under consideration for the 2019-2020 period.



At left, a baby grand piano donated by the Foundation of Leisure World is often used at events, courtesy photo. At right, nearly all equipment in the Computer Learning Center was donated by the Foundation. Photo by Alan J. Goldstein



In addition, the Foundation will provide ongoing support for the arts, including guaranteed funding for new and innovative E&R programs, as well as sponsoring the annual Art Show. Past activities have included funding for nearly all the equipment in the Computer Learning Center and providing residents with a baby grand piano, lapidary equipment, defibrillators and much more.

Although it would be an asset, candidates for the open director positions are not required to have prior experi-

ence with not-for-profits. Other useful qualifications include revenue generation or profit and loss responsibility within a commercial organization and/or a marketing background.

The board meets on the second Wednesday of the month at 9:30 a.m. in Clubhouse II. For further information or to join, call Foundation president Marian Altman at (301-438-1357), or place a resume and a short cover letter in the Foundation's mailbox located in the Clubhouse I E&R office.

## ■ **Lions Club of Leisure World**

# Lions Celebrate Charter Day and 40 Years of Service

by Maxine Hooker

**T**he Lions Club of Leisure World was chartered on April 23, 1979, and the Club celebrated 40 years of service on April 16 with an event themed "We Serve."

The Lions Club empowers volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through service. The event's guest speaker was attorney David Pasti, who spoke on "Committed Service and How It Impacts Our Youth and the Community."

Three of the Club's past presidents – Louis Kornhauser, David Weiss and Larry Cohen – were recognized for their vision, leadership and dedicated service to the Club over the years. They were joined by Beltsville Lions Club president Ervin Whitehead and Washington Ft. Stevens Lions Club president Spain Musgrove.

The Lions Club extends its heartfelt thanks to members and friends who supported the celebration as the Club continues to transform many lives through service.



The Lions Club celebrates 40 years of service at an event on April 16. Back row, from left: Ervin Whitehead, David Weiss and Spain Musgrove. Front row, from left: Louis Kornhauser and Larry Cohen. Photo by Al Holston



## Avalon Salon & Nail Spa

is conveniently located in Leisure World Shopping Center next to Lido Pizza.

We have been in business in **2011** and we are dedicated to giving the highest level of service to our clients.

**Mon - Sat**  
**10:00-7:00pm**

3846 International Drive  
Silver Spring, MD 20906

[info@avalon.biz](mailto:info@avalon.biz)  
**301.598.5780, 301.598.2000**  
[www.avalonleisureworld.com](http://www.avalonleisureworld.com)

## SERVICES



**SENIOR CITIZEN**  
**HAIR CUT PRICE**  
**SPECIAL \$20**

**NEW CLIENT ONLY**  
VALID WITH STYLIST EKTA  
AND GLORIA ONLY



# May 8: Group Gives Presentation on 'Populism in the U.S. and Worldwide'

by Maxine Lewack

The Rossmoor League of Women Voters meets on Wednesday, May 8, at 10:15 a.m. in Clubhouse I. The subject of the meeting is "Populism in the U.S. and Worldwide."

A person can hardly pick up a newspaper or turn on the evening news without hearing

a reference to populism – the populist rise, the populist challenge, the populist threat to our current world order.

Politicians from Bernie Sanders to President Trump, as well as a variety of European politicians, from right to left, have been labeled "populist." But no one seems to have settled on a uniform definition of populism, how it operates

or why some think it is bad for democracy.

The Manchester Guardian called it simply a "zeitgeist one-word explanation of everything" from troubling times to political upsets. A two-year study conducted by the League of Women Voters' International Relations Committee explores the historical background of the populist surge, a brief rundown

on how it is manifested on both sides of the Atlantic and how it is affecting U.S. foreign policy.

All residents are welcome to attend what is sure to be a spirited presentation and discussion. As this is the last meeting of the 2018-19 season, members and others attending the meeting who wish to have lunch together will gather in the Terrace Room in Clubhouse I.

## ■ National Active and Retired Federal Employees (NARFE) Chapter 1143

# May 20: WWII Veteran Speaks at General Membership Meeting

by Joe Cook

The Chapter's next general membership meeting is on Monday, May 20, at 2 p.m. in Clubhouse I. In honor of Memorial Day, which is the following Monday, World War II veteran Howard Trowern who served under Gen. Patton, is the Chapter's guest speaker.

Refreshments will be served starting at 1:30 p.m. All interested residents and guests are invited to attend.

### Upcoming Events

John Lass, the Chapter's

membership chair, is attending the 44th Biennial Conference of the Maryland Federation of NARFE from Sunday, May 5, through Tuesday, May 7, in Ocean City, Maryland, and will share highlights from his trip at the Chapter's next general membership meeting.

On Monday, June 27, at 12:30 p.m., Chapter members and their spouses will gather in the Clubhouse Grille for the Chapter's Member Appreciation Lunch. The Chapter is covering half the cost of the

lunch. Members wishing to attend should mail their check for \$12 per person (payable to NARFE Chapter 1143) to Jewel Lee at (3528 Chiswick Ct., Silver Spring, MD 20906).



### Legislative Congress

Chapter president John Moens attended the recently held NARFE Legislative Congress. The Congressional representatives in attendance were confident that there would be no cuts to the earned benefits of retirees in the immediate future.

A study was cited that showed that salaries of government employees' lag behind the private sector by 31.8 percent for similar jobs and responsibilities. However, the recently intro-

duced Fair COLA for Seniors Act amends the cost of living adjustments for federal and military annuities, Social Security benefits and veterans' benefits, which are currently based on the Consumer Price Index for Urban Wage Earners and Clerical Workers.

The Fair COLA for Seniors Act would require the calculation of these COLAs to be based on the CPI for the Elderly, which more accurately measures costs of consumer goods experienced by individuals age 62 and older that relies more on medical care, the pricing of which has far outpaced the price increases for other consumer goods.

### Membership

Dues for Chapter 1143 are \$44 per year or \$38 if deducted monthly from an annuity payment (less than \$3.20 per month). For more information, contact John Lass at (johnlass@comcast.net) or (301-288-4210).

For questions and suggestions, or if you would like to support the Chapter in some way, contact one of its officers:

- John Moens – (johnjots@outlook.com), (301-438-3237)
- Joe Cook – (joec37766@gmail.com), (202-271-0710)
- Jewel Lee – (jewelalee@msn.com), (301-801-4007)
- Rich Rothstein – (whobodyelse@aol.com), (301-598-5760)



## Kitchen & Bath Remodeling

**301-598-8400**

*SERVING LEISURE WORLD SINCE 1988*

**MAY SPECIAL- free 'Comfort Height' toilet with any Tub to Shower Conversion.**

**Price match guarantee on all projects.**



**MHIC# 36674**



## JOEL'S EXECUTIVE CAR SERVICE

**301-438-9777  
301-980-4734 (cell)**

- Airport
- Trains
- Doctor Visits



**Get the Royal Treatment**  
Available 24 hours.



■ Democratic Club

# May 9: Senator and Delegates Update Club Members on Legislative Action

by Roger Blacklow

Gov. Hogan vetoed raising the minimum wage to \$15 an hour, but what legislation was signed into law that affects Leisure World residents, or the greater Maryland community?

State Sen. Ben Kramer and Delegates Bonnie Cullison and Vaughn Stewart will give the Democratic Club a rundown and answer questions at the next meeting on Thursday, May 9, at 7 p.m. in the Clubhouse I Crystal Ballroom.

The Democratic Club's officers will also be elected



that evening. A slate will be offered, but nominations of qualified candidates (must be a Club member and a registered Democrat) will also be taken from the floor. The Club was also hold a drawing.

This annual event always draws a big crowd, so be on time. Club members who have not recently renewed their memberships are asked to bring a check for \$15, payable to the Democratic Club of Leisure World.

## Lobby Training

The County Council handles many issues that are important to residents. But how does the



From left, Sen. Ben Kramer, photo courtesy (mymcmmedia.org), Del. Bonnie Cullison, photo courtesy (mgaleg.maryland.gov), and Del. Vaughn Stewart, photo courtesy (citizensregenerationlobby.org)

County Council work, and how can people effectively lobby it? The Democratic Club's legislative action team will hold a training session on this topic in the near future. For more information, email (leisureworldldemclub@gmail.com).

## Volunteers Needed

Can you write or help with the Club's out-of-date website? The Club plans to vastly improve its communications efforts.

If interested in helping, email (leisureworldldemclub@gmail.com).

■ Republican Club

# May 21: Learn About the Long-Term Care Ombudsman Program

by Fred Seelman

The next meeting of the Republican Club is on Tuesday, May 21, at 7 p.m. in Clubhouse I. The meeting will focus on aging services, but the topic has changed from insurance to long-term care.

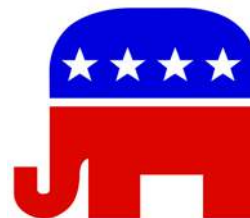
The meeting's speaker, Eileen Bennett, will discuss the Long-Term Care (LTC) Ombudsman Program. Sponsored by the federal and state governments, this program promotes quality of life and care for seniors and

other residents living in long-term care facilities. It also helps to resolve problems within the long-term care environment.

Bennett is program manager II and a certified LTC Ombudsman of Montgomery County's Aging and Disability Services Division. She will address the Club on what the LTC Ombudsman program does and who is eligible for its services.

Bennett will also present healthcare and aging services information similar to those provided by the Club's recent speakers from Riderwood and MedStar Health. Come to the meeting and hear how the LTC Ombudsman Program impacts on healthcare and aging services.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com), or call first vice president Robert Kammer at (301-847-9820). Join the Club for another quality event on May 21.





## Mark C. Wimsatt Painting

Interior  
Free Estimates

Leisure World References  
\* Special Discounts \*  
for Moving in or Moving out

## SENIOR DISCOUNTS!

## 301-828-6500

Serving Leisure World for  
over 35 years.

MHIC 10165      Insured



## Kathleen and Eileen Kane

Honored To Serve You For 35+ Years With  
Cathy Gilmour Real Estate And Proudly Continuing That  
Same High Level Of Service With Long & Foster

Kathleen Kane, Assoc. Broker



Eileen Kane, Assoc. Broker

**CORDOBA** – In **Mutual 14**, close to Clubhouse I, this spacious 1 bedroom apartment with en-suite master bath plus powder room has generous-sized rooms, assigned carport parking, and is full of light. You'll love it – it's white-glove and ready for you! **\$128,500**

**ELIZABETH** – In **Montgomery Mutual**, this 2 bedroom and 1.5 bath garden apartment has more than 1,300 square feet of finished living space, pretty, green views from the balcony and bedrooms, plus a window in the kitchen that looks out to the building's atrium. **\$129,900**

**BUYERS** – Inventory is low and things move quickly. Don't get caught short! Let us work with you to find and secure the home that you love.

**ARBOR** – In **The Pines**. This is a sweet one! 1 Bedroom plus Den, 1.5 Baths. Updated kitchen with bright white cabinets, luscious granite countertops, stainless steel appliances. Extra storage, assigned parking. **\$123,500**

**F – Fabulous Golf Course View!** In **Bldg. 1 of The Greens**. First floor location with enclosed balcony plus you may walk outside from the back door of the building. Beautiful updated kitchen, wood-look Pergo floors Living Room, Dining Room, Kitchen, Hall. Newer carpeting both bedrooms. Lots of fresh paint. **\$196,500**

**SELLERS** – Inventory is low and buyers are here. Get a jump on the competition by listing your property now. We are experts for you. **Free Notary Services By Appointment w/ Eileen. Call 240-460 8647**

*Dedication makes the difference!* **LONG & FOSTER REAL ESTATE, INC.®**  
Residential & Commercial Real Estate • Mortgage • Title • Insurance • Property Management

**Direct: 240-460-8647 | Leisure World Plaza Office: 301-598-7500 | Kathleen.Kane@LNF.com**





# May 8: Club Holds Annual Donor Luncheon

by Carole Mund

The Club's annual donor luncheon is on Wednesday, May 8, at 11:30 a.m. at Argyle Country Club. This nearby venue is a new one for the organization.

Each year, NA'AMAT holds a luncheon to celebrate the members who have supported the Club's activities and fundraisers that help provide NA'AMAT USA programs. The Club also honors the executive board and installs new officers for 2019-2020.

Attendees have a choice of entrée: tilapia or mushroom ravioli. Dessert choices include berries, ice cream and apple pie. Carol Higgins provides musical entertainment and the luncheon also includes door prizes from local merchants.

Members who have collected a door prize should contact Trudy Stone at (301-438-0016). A list of merchants who donated door prizes will be included in the luncheon program.

The many activities Club members enjoy not only provide

opportunities for socialization with friends and neighbors, but also serve as fundraisers to support the many programs NA'AMAT provides. Donor credit is simply money attributed to each member over the cost for participating in activities sponsored by NA'AMAT.

The cost of the luncheon is \$35, plus the \$50 donor credit earned or contributed. For questions, contact Theda Rosenblum at (301-598-9105).

## Mission Statement and Scholarships

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women, services and assistance for new immigrants and centers for the prevention and treatment of domestic violence.

To this end, NA'AMAT has created two new scholarships to support the advancement of women. In honor of Justice Ruth Bader Ginsberg, who has devoted

her life to advancing women's rights and equality, NA'AMAT has created a scholarship specifically directed to encourage women in the study of law.

NA'AMAT's other scholarship honors Rona Ramon, the widow of the first Israeli astronaut, who has devoted her energies to STEM (Science, Technology, Engineering and Mathematics) research. Donations toward this scholarship fund support women in graduate studies who pursue STEM careers and research fields.

Because of the overwhelming number of contributions provided at the spiritual adoption luncheon, NA'AMAT RBZ Club is able to sponsor four daycare scholarships and two scholarships for technological and vocational training for teenagers at risk.

## Open Board Meeting

The Club's next executive board meeting is on Tuesday, May 21, at 10:30 a.m. in Clubhouse I. All planning for events and activities is done at executive board meetings.

Anyone is welcome to attend and participate. The executive board is open to new ideas and encourages participation by the community.

Attending these meetings is an excellent way to meet the people that are dedicated to the mission of NA'AMAT. An organization needs people who are interested in making these activities happen as well as participating in them.

## Trips

Exciting new trips are being planned, which include:

- Aug. 11 – Cirque du Soleil
- Sept. 14 – Capitol Steps

Both trips include bus transportation and event tickets. See the Club Trips section of this publication for details about the trip to see Cirque du Soleil. Information on the trip to see Capitol Steps is forthcoming.

For more information about the Club, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666). For tribute cards, call Lenore Kalen at (301-922-4348).

## Celebrating a Century of Advancing Health Together

When MedStar Montgomery Medical Center completed construction nearly one hundred years ago, it was built on a foundation of values that still guide us today—service, patient first, innovation, respect, integrity, and teamwork.

Since then, MedStar Montgomery has been grateful to call this community home. As we've evolved, what remains the same is our vision to be the trusted leader in caring for people, with a mission to enhance our community's health and well-being by offering high quality, compassionate, and personalized care. Olney, thank you for allowing us to care for you.



MedStar Montgomery  
Medical Center

Stay up-to-date with content, announcements,  
and events related to **#MMC100** on Facebook  
at **Facebook.com/MedStarMontgomery**

**100<sup>th</sup>**  
ANNIVERSARY



# May 22: Join Game Day in Clubhouse II

by Barbara Eisen

**H**adassah presents Game Day on Wednesday, May 22, at 11 a.m. in Clubhouse II. Join the Group for mah-jongg, Scrabble, canasta, bridge, Rummikub and more. Feel free to bring guests and other games.

Individual players will be seated at a table of their choosing. A dairy buffet lunch will be served along with snacks. The cost is \$25 per person, with \$10 of that amount going to Hadassah projects.

To attend, send checks, payable to Hadassah, to Sandy Stein at (607 Cannon Rd., Silver Spring, MD 20904) by Thursday, May 16. If multiple people wish to sit together, include all checks in the same envelope and a note with everyone's names and phone numbers.

Registration flyers about game day will be emailed to those on Hadassah's mailing list, or pick one up in the Hadassah mailbox in the Clubhouse I E&R office. For questions, call Sandy at (301-384-8739).

## Judaic Studies Group

The next meeting of the Judaic Studies Group is on Monday, May 20, at 1:30 p.m. in Clubhouse I. Naomi Kline guides the Group through Jerusalem from 1900 to its unification in 1967. View the physical beauty of Jerusalem in the setting of the Judean hills together with the rich diversity of its human landscape. Open your hearts; bring

your personal stories; become a part of Jerusalem.

Contact Naomi Kline at (240-669-7683), Marcia Elbrand at (216-496-6633), Shari Goldstein at (240-293-6442) or Peri Schuyler at (301-869-2968) for any questions.

## Greeting Cards

Jan Bloom sells Hadassah greeting cards. The price of the cards is \$2.50 each or five for \$10. Cards are displayed and sold at every Hadassah meeting. Call Jan at (301-593-7720) to buy cards between meetings.

## Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

## General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net), or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

**Low interest rates getting you down? Let's talk.**

**William P Mason IV, AAMS®**  
Financial Advisor

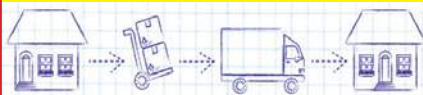
17904 Georgia Ave Ste 107  
Olney, MD 20832  
301-774-8500  
[www.edwardjones.com](http://www.edwardjones.com)

**Edward Jones®**  
MAKING SENSE OF INVESTING

Member SIPC

## BEST RATES IN DC

\$80 x Two Men- 2 or 3 Hours Minimum  
• Pickups / Deliveries



## CONTINENTAL MOVERS

Professional Movers Who Really Care

Owner Operated Since 1982  
References - Local & Long Distance  
Packing Services - Pianos & Big Objects



Call for a **FREE Quote**

**202.438.1489 • 301.340.0602**  
[www.continentalmovers.net](http://www.continentalmovers.net)

# SPRING ON IN!

## OPEN HOUSE

**Saturday, May 18th**  
**11:00 AM - 2:00 PM**

ASPENWOOD  
SENIOR LIVING COMMUNITY  
14400 Homecrest Road  
Silver Spring, MD 20906  
**301-598-6424**

Come see what's new this spring at **Aspenwood Senior Living!** We're welcoming you over for a tour of our beautiful community, and the chance to win some great raffle prizes. See what's blooming at Aspenwood this spring.

**Kindly RSVP to 301-598-6424.**

[www.AspenwoodSeniorLiving.com](http://www.AspenwoodSeniorLiving.com)

INDEPENDENT LIVING • ASSISTED LIVING  
OUR VERY OWN INDEPENDENT LIVING 24 HR.  
ENHANCED HOME CARE SERVICES



©2019 Five Star Senior Living





# May 15: Celebrate 71 Years of the State of Israel

by Fred Shapiro

The Jewish organizations in Leisure World celebrate 71 years of the state of Israel on Wednesday, May 15, at 7 p.m. in the Clubhouse I Crystal Ballroom. The event includes a speaker and entertainment by youngsters from the local Jewish community.

Admission is free, but attendees are asked to consider a charitable donation to one or more of three charities in Israel – Hadassah Hospital Fund, NA'AMAT Women's Health Center and American Friends of Magen David Adom. Containers will be set up at the entrance to collect checks and cash donations.

Following the presentation by former Israel Defense Forces Lt. Miriam Duffy, students from the Kesem and Yesodot Israel Dance Troupes and Shir Madness a capella group from the Charles E. Smith

Jewish Day School will entertain the audience.

After the program, attendees can enjoy refreshments as they check out Israel-made products from Sababa Jerusalem Products, Shirley Waxman, Tamah Graber, Heitzi Epstein and Bobbi Gorban

Coordinated by the Jewish War Veterans Post 567, other sponsors for the event include Hadassah, NA'AMAT RBZ Club, the Jewish Discussion Group and the Jewish Residents of Leisure World.

## About the Performers

Yesodot and Kesem are Israeli dance troupes comprising middle and high school teenagers from the Washington, D.C. area. They pride themselves in their ability to share Jewish culture with

Jews and non-Jews through the medium of folk dance.

Their costumes, music, choreographies and pre- and post-performance dialogue help audiences understand more about the land of Israel and the diverse backgrounds of the Jewish people.

They perform at many religious schools, senior communities and local and national Jewish and multi-ethnic folk festivals in the Baltimore-Washington, D.C., area.

Shir Madness is a locally recognized group known for its long history, and is the place where many young Jewish singers get their start before moving on to collegiate and other a cappella groups.

With songs ranging from American secular music to Israeli liturgical and pop, Shir Madness brings a breadth of talent and voices. Shir Madness participated in the Jewish War Veterans' 2018 celebration and was well received.



From left, the Kessem and Yesodot Israel dance troupes, courtesy photos



Active, engaged, and forever curious. These are the remarkable residents of *Ingleside at King Farm*—a community for people who simply love life. Here you will find the most exciting, joyful, and fulfilling experience you can imagine.

Ingleside's new addition, *Gardenside*, will be open soon. These homes combine spacious and thoughtfully designed floorplans with elegant and sophisticated common areas. First-class programs at *Gardenside* will engage you in an active, vibrant lifestyle, with the security that comes with a full continuum of on-site health care.

*Experience life in balance, and call 240-398-3846 for a personal tour today!*



**INGLESIDE**  
AT KING FARM  
ENGAGED LIVING  
An Ingleside Community

701 King Farm Boulevard, Rockville, MD 20850  
240-398-3846 | [www.ikfmd.org](http://www.ikfmd.org)

INGLESIDE AT KING FARM IS A NOT-FOR-PROFIT, CARF ACCREDITED, CONTINUING CARE RETIREMENT COMMUNITY.



INDEPENDENT LIVING | ASSISTED LIVING | MEMORY SUPPORT | LONG-TERM CARE | REHABILITATION | SOCIAL DAY PROGRAM | HOME CARE



# Religious Services, Brunch and Membership Renewal

by Jonas Weiss

**R**abbi Gary Fink conducts a Conservative Sabbath service on Friday, May 3, at 7:30 p.m. in The Inter-Faith Chapel.

Rabbi Moshe Samber and volunteers conduct Sabbath services with discussions on the Torah portion and rabbinical writings on Saturday, May 4, 18 and 25 at 9:15 a.m. in Clubhouse II. And then on Saturday, May 11, the women of JRLW, with assistance from Cantor Michael Kravitz, lead a women's Sabbath service at 9:15 a.m. in Clubhouse II.

Rabbi Gary Fink leads a discussion on intermarriage on Friday, May 17, at 10 a.m. in Clubhouse II. The discussion will explore questions of how people can reconcile support for children and grandchildren with concern for the future of Judaism, and how intermarriage may affect the Jewish religion and the Jewish community. All residents are welcome to attend this free program.

## Brunch

Debbie Feinstein, chief of the Special Victims Division and senior assistant state's attorney for the Montgomery County State's Attorney's Office, speaks about domestic violence prevention at a brunch on Sunday, May 19, at 10 a.m. in the Clubhouse I Crystal Ballroom.

The cost of the brunch is \$14 and reservations must be received by Sunday, May 12, so that JRLW can notify their caterer of the number of guests to accommodate. To attend, send checks, payable to JRLW, to Shirley or Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906). To reserve a table for 10 people, payment for all 10 must be sent together.

The Special Victims Division is responsible for the prosecution of child abuse, domestic violence, sexual assault, senior or vulnerable adult abuse and child exploitation.



## Health and Wellness Expo

JRLW co-sponsors an annual free Health and Wellness Expo with Coming of Age in Maryland on Thursday, May 23, from 10 a.m.-2 p.m. in Clubhouse I. For details, see the Events and Entertainment section of this publication.

## Membership

It's time to join JRLW, or to renew membership for the 2019-20 fiscal year. Send checks of \$20, payable to JRLW, to Marsha Bernstein at (3210 N. Leisure World Blvd., Silver Spring, MD 20906). Including a phone number and email address is encouraged. A convenient membership form is in the JRLW newsletter.

## Donations

For the Torah fund, mail checks, payable to JRLW, (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212,

Silver Spring, MD 20906). Send donations for prayer books to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906). Janet is asking for someone to help her label the prayer books.

Send donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedukah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD, 20906).

**NOTARY & AGENT**  
CALL FOR APPOINTMENT  
**MAYNARD E. TUROW**  
Agent 20 years... Listings, Resales

**THINKING OF SELLING??  
Or Friends-Relatives Buying?**

Area resident 21 years working "exclusively" the senior market. No one knows this community better. I know how to get you the best price. I do it better because I know more.



**LONG & FOSTER**  
REAL ESTATE, INC.

(O) 301-598-7500



Free brochures, Comps, Layouts, Info  
Direct: 301-518-3834  
maynardturow@yahoo.com  
Website: [www.MaynardTurow.LNF.com](http://www.MaynardTurow.LNF.com)

## We Provide Compassionate Urology Care for the Residents of Leisure World.

*Chesapeake Urology is conveniently located at 3801 International Drive in Silver Spring, just around the corner from Leisure World.*



**Richard A. Kurnot, M.D.**  
General Urology for Men and Women



**Cheryl Shih, M.D.**  
General Urology for Men and Women: English, Mandarin Chinese, Spanish



**Vik Uberoi, M.D.**  
General Urology for Men and Women: English, Hindi, Spanish



**Anup A. Vora, M.D.**  
General Urology for Men and Women: English, Hindi, Gujarati, Spanish

**Chesapeake**  
**UROLOGY**

*The most personal care for life's most personal issues.*

**301-598-9717      chesapeakeurology.com**

Prostate, Bladder and Kidney Cancers and Conditions • Kidney Stones • Erectile Dysfunction • Urinary Tract Infections • Pelvic Pain • Bladder Control Conditions • Enlarged Prostate  
Female Urinary Incontinence • Pelvic Organ Prolapse • IC/Painful Bladder • Pelvic Pain



# June 1: LWAAAC Holds its Annual Picnic

by Patricia Means

LWAAAC's annual picnic is on Saturday, June 1, from 4-7 p.m. on the Clubhouse I lanai, with a food buffet and music by DJ Coley.

Tickets are \$25 per person (checks only, payable to LWAAAC) and available for purchase from Tuesday, May 7, through Thursday, May 30, at the Clubhouse I E&R office. Tables of 10 are available and the names of attendees must be provided at the time of ticket purchases. All residents are welcome.

## Fun Night

An appreciation event for members-only is on Wednesday, May 8, from 6-9 p.m. in the Clubhouse I Crystal Ballroom. The evening's entertainment is illusionist Don Juan, followed by trivia games with prizes for the winners. Light refreshments will be

served, and a cash bar opens at 6 p.m., with showtime at 7 p.m.

This members-only event is free, but tickets are required and available through Monday, May 6, from the Clubhouse I E&R office. For more information, contact Lois Fuller, event chair, at (240-242-3711).

## Healthful Thursdays

Healthful Thursday's session 6, "Complications of Hypertension and Risk Factors," is on Thursday, May 9, from 1-3 p.m. in Clubhouse I. Session 7, "Cholesterol and its Effects on Health," is on Thursday, May 16, from 1-3 p.m. in Clubhouse I.

Admission to these sessions is free to all residents, but a ticket is required and available from the Clubhouse I E&R office. For more information about Healthful Thursdays, contact Jannifer Woodson at (832-259-7063).

## Trip Reminder

The LWAAAC trip to see "Jubilee" on Wednesday, May 22, at Arena Stage in Washington, D.C., is sold out. The bus departs from Clubhouse II at 10:30 a.m. Participants should arrive at 10 a.m. for boarding. The bus returns to Leisure World at approximately 4 p.m. For more information, contact Juanita Sealy-Williams at (301-822-4531).

## Election of Officers

The deadline for submitting 2019-2020 officer nominees to the LWAAAC nominating committee was April 25. The election will be held at the annual meeting on Thursday, June 27, at 4 p.m. in Clubhouse I. Members will receive a notice prior to the meeting, including the slate of nominees and their biographical sketches.

## ■ Jewish War Veterans Charles B. Krieger Post 567

# June 2: Brunch Features Installation of Officers and a Film About Jewish Military History

by Fred Shapiro

The Jewish War Veterans Post 567 brunch on Sunday, June 2, will feature the installation of the Post's new officers for the upcoming year 2019-2020. Incoming officers from Post 697 will participate in a joint ceremony.

The brunch begins at 10:15 a.m. in the Clubhouse I Crystal Ballroom. The date of the brunch is one week earlier than usual to avoid conflicting with Shavuot holiday.

Retired Col. Erwin Burtneck, Commander of the Department of Maryland Jewish War Veterans, will conduct the installation of officers. Post 567's officers for the coming year are Fred Shapiro, Commander; Jerry Cohen, Jr., senior vice commander; Larry Barshay, vice commander; and Harvey Kaplan, judge advocate.

The incoming officers for Post 697 are Joe Fridling, commander; Walter Gold, Jr., senior vice commander; Marshall Sneiderman, vice commander; Sheldon Goldberg, adjutant; and Lou Landau, quartermaster.

After the installation, Goldberg will introduce the film "Spirit, Courage and Conviction: A Video Tour of the National Museum of American Jewish

Military History." The 26-minute video of the museum summarizes the exhibits covering Jewish military history in the U.S. from the Revolutionary War to the present day, including the founding of the Jewish War Veterans.

Goldberg is the moderator in the video and will discuss it at the brunch. The video is available on YouTube at (<https://youtu.be/9vn7N2YjO4M>).

The cost of the buffet brunch, which includes eggs, tuna fish, lox, bagels, salad, coffee, Danish and more, is \$14 per person. To attend, mail a reservation check, payable to JWV 567, to Jerry Cohen at (3330 N. Leisure World Blvd., Apt. 919, Silver Spring, MD 20906) by Saturday, May 25. Jerry can be reached at (240-970-5024).

## May 5 Brunch

Members may still sign up for the Sunday, May 5, brunch. With the publication of the Mueller report, guest speaker Mitch Stern is now free to discuss the contents of the investigation during his presentation, "Where the FBI and Military Meet in Counterterrorism."

Members who want to attend should contact Jerry Cohen as soon as possible by calling (240-970-5024).

# AUTO BODY

*Rockville Central*

Just off East Gude Drive

## 301-424-3500

**FREE ESTIMATES  
IF YOU CAN'T COME TO US  
WE WILL COME TO YOU**

**SPECIAL OFFER**

- ❖ **Paintless Dent Removal from \$75**
- ❖ **Free Pick up & Drop Off**
- ❖ **Free Towing to Shop**
- ❖ **Free Touch Up Paint**
- ❖ **Lifetime Warranty on All Repairs**
- ❖ **Special Discounts for LW Residents**

**We Happily Handle All Insurance  
Claims for You**

**Ask for Richard or Tony**



## ■ Jewish Discussion Group

# May 26: Attend Session to Catch Up on Contemporary Discussions

by Jerome "Jerry" Cohen

The Group's next meeting is on Sunday, May 26, at 10:30 a.m. at Clubhouse II. The session will include a discussion of contemporary topics impacting Israel and the communities throughout the diaspora.

Everyone has much to catch up on, as several months have passed since the Group has taken up regular discussions of these topics. Come and express your viewpoint at the May 26 session, and participate in what are sure to be lively and interesting discussions.

Members are welcome to contact the moderator to

suggest featured speakers, to discuss doing mini-presentations or to suggest discussion topics that may enrich the monthly sessions.

### About the Group

The Jewish Discussion Group invites people of all faiths to attend its free discussion group sessions held on the fourth Sunday of the month from 10:30 a.m.-noon in Clubhouse II.

For additional information or to have an email address added to the monthly notification list, contact group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

## ■ Italian Social and Cultural Club

# Club to Sponsor Member Appreciation Brunch

by Flo Merola

Members of the Italian Social and Cultural Club are invited to attend a brunch on Sunday, May 19, at 1 p.m. in Clubhouse I.

The cost is \$10 per person

and includes eggs, bacon, French toast, salmon cakes, potatoes, fruit, pastries, juice, coffee and tea.

The Club's treasury is subsidizing part of the cost as a way of saying thank you for a successful year.

Seating is limited. Reserve early to ensure a place.

To attend, mail a check, payable to The Italian Social

and Cultural Club, to Paul D'Angelo at (3310 N. Leisure World Blvd. Apt. 308, Silver Spring, MD 20906).

Voting and installation of officers will take place at the brunch. Any member may run for the board by contacting

Rene Fecteau at (202-308-8181).

### Bocce

Bocce resumes on Friday, May 3, at 10 a.m. on the bocce court located

outside Clubhouse I, and continues on the first and second Fridays of the month (weather permitting).

There is no sign-up; just show up. Bocce games are free for all residents.



Riderwood offers more than just senior living—we offer stylish living! Choose from dozens of spacious floor plans designed to fit your taste and budget. Every residence includes elegant fixtures and finishes, plus open and airy layouts. Best of all, each apartment home is free from standard maintenance. Spend less time worrying about repairs and more time enjoying the things you love to do!



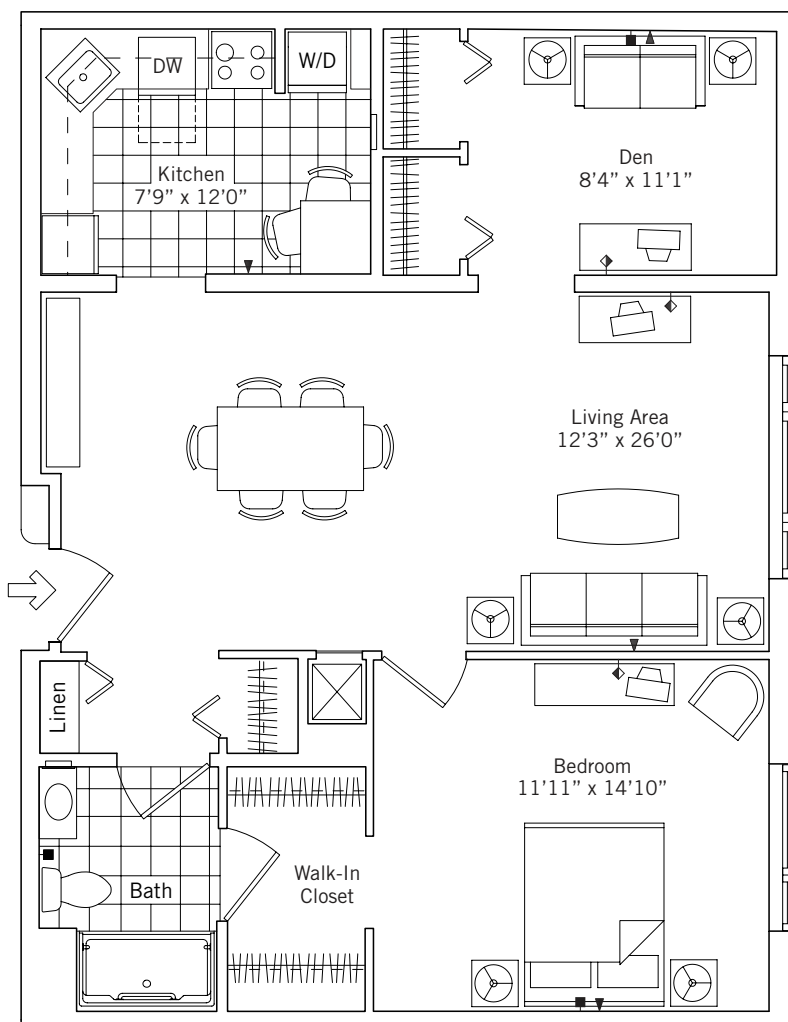
Call 1-844-309-2787 for your free brochure.



Silver Spring | RiderwoodCommunity.com

## The GILBERT

Extra large one bedroom with den





# Club Takes Three-Day Trip to Atlantic City

by Elizabeth Brooks-Evans

**T**he Going It Alone Club (GIAC) meets every Saturday beginning with armchair travel at 2 p.m. in Clubhouse II, followed by games at 2:30 p.m. GIAC trips are open to all residents and guests whether single or married.

## Trips

From Tuesday, July 16,

## Physician House Calls are back !

**Dr. Stephen L Kinney comes to your home !**

**Board Certified  
Family Practice  
202-368-6820**

Flu Shots now available

Why go out in the rain or snow?

Medicare accepted for qualified patients

[www.metrodcmed.com](http://www.metrodcmed.com)

through Thursday, July 18, GIAC adventures in Atlantic City, New Jersey, where visitors will enjoy the sun, sand, ocean and a resort hotel.

And then from Monday, Sept. 16, through Friday, Sept. 20, GIAC is in Gatlinburg, Tennessee for its "Pigeon Forge and Smoky Mountains Shows Trip," which includes five spectacular shows and a guided tour in Great Smoky Mountain National Park.

More detailed information about these trips can be found in the Club Trips section of this publication.

Sign-ups for trips take place during Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II when a representative of the program committee is available to receive payments and answer questions.

The GIAC newsletter, which also has more trip information, is also available

at that time.

For questions about trips, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## Armchair Travel

On Saturday, May 4, experience part two of "The Holy Land – Israelis and Palestinians Today."

Palestinian, Jewish and Christian tour guides join Rick Steves as he leads travelers through the Holy Land's culture and people while sorting through some complicated issues in a troubled side of the world.

## Games

Games begin at 2:30 p.m. and include bridge and Rummikub in the Clubhouse II lobby. Mexican train dominoes and old-fashioned dominoes are played in the Game Room.

Members are also welcome to bring or suggest other

favorite games.

Free bingo with prizes is sometimes played on the second and fourth Saturdays of the month. Pokeno is sometimes played on the first and third Saturdays of the month.

On one Saturday of each month, one lucky member at SAL receives a door prize.

For more information about games, contact Sylvia Pachenker at (301-598-5325).

## Membership

To join GIAC, visit SAL any time between 1:30-3 p.m. in Clubhouse II.

The membership fee is a nominal \$7 per year. Beginning Monday, July 1, 2019, the membership fee increases to \$8 per year.

The income from dues is used to pay Club expenses and enhance activities.

For more information about membership, contact Sylvia Pachenker at (301-598-5325).



"Eyeland helped me with a very complex Rx. Very pleased."



"I got my glasses at Eyeland and paid \$180 less than what my doctor charged."



"Just go to Eyeland! I couldn't be happier with my glasses."



"Eyeland is a family business that cares."



"Bob went out of his way to find the exact frame I wanted."



"Eyeland made my glasses the next day and I saved almost \$200 over my doctor's."



"I got my glasses at Eyeland and love the selection and service."



"Eyeland is great. Bob is knowledgeable and friendly."



"I have been getting glasses from Eyeland for almost 20 years. Always satisfied."



"Most optical stores really bite except for Eyeland."



"Bob has been around for 30 years, hasn't disappointed me yet."



"I have never been in a store with a larger variety of frames."



"Great glasses, great services, great price."



"Great place to shop."

**TRUST Your Doctor  
With Your Eyes  
TRUST Eyeland  
With Your Eyewear**

**\$150 OFF**  
**A PAIR OF  
PRESCRIPTION GLASSES**  
**eyeland**  
**301-871-6454**

**13808 Georgia Ave.  
1 mile south of LW**



# May 15: Club Holds Annual Scholarship Luncheon

by Marcia L. Elbrand

**F**riday, May 10, is the final deadline to make reservations for the Rossmoor Women's Club's (RWC) annual scholarship luncheon. The luncheon is on Wednesday, May 15, at noon at nearby Manor Country Club, located at 14901 Carrolton Road in Rockville.

Tickets are \$35 per person for members and guests. Choose from three entrées: Caesar salad topped with grilled salmon, a Cobb salad topped with grilled chicken breast or a plant-based Mediterranean quinoa salad with arugula, chick peas, cherry tomatoes, roasted artichoke, cucumbers, olive oil-poached redskin potatoes, Kalamata olives and lemon-herb dressing.

All lunches include chef's choice soup, warm rolls and butter, iced tea and lemonade and, for dessert, a perennial favorite – a warm brownie sundae.

To reserve a spot, a check

for \$35 per person, payable to the Rossmoor Women's Club, must reach Carolyn Thompson at (15000 Pennfield Cir., #202, Silver Spring, MD 20906) by the May 10 deadline.

Rather than be disappointed by slow postal service, it's advisable to contact Carolyn at (301-806-5383) to arrange a drop-off.

Each reservation should include a telephone number and menu selection from the three lunch salad options. After May 10, no refunds will be available, nor will any additional reservations be accepted.

## Giving Back

One highlight of the May 15 luncheon program is the chance to meet several of the young women who have been named scholarship winners.

Scholarships are awarded based on both academic achievement and documented need. Three of the winners are seniors graduating from Blake High School, and the other three are

in the A.C.E.S. program at Montgomery College. Often the collegiate winners are the first in their family to have the opportunity to go to college.

People attending the luncheon are also encouraged to bring items requested by the staff of the Betty Ann Krahnke Center, the only emergency domestic violence shelter for women and children in Montgomery County.

Suggested gift items include retail store gift cards in any amount, disposable diapers, baby wipes, new bathrobes for women and full-sized toiletries for women and children. Gently used suitcases or wheeled tote bags are also needed. Members of the RWC's executive board will take the donated items to the shelter's collection office after the luncheon.

## Annual Dues

Nearly half of the Club's members have already sent their \$40 checks, renewing their membership until May 31, 2020.

More than 20 new members were welcomed at the Club's February 2019 tea. Prospective members are welcome to join year-round, but joining now guarantees inclusion in the Club's annual directory, published every summer.

For questions, contact Arlene Siller at (abs929@yahoo.com) or (301-460-7859). Feeling extra thrifty? Save a postage stamp, and bring your check, payable to Rossmoor Women's Club, to the May 15 scholarship luncheon.

## Leadership Positions Available

Two positions for the Club's two-year term ahead are still available. Individuals interested in becoming the Club's assistant treasurer or being appointed as the membership chairperson should contact Club president Aggie Eastham at (aggie.eastham@verizon.net). Both positions involve maintaining computerized records, and current chairpeople will assist in the orientation of new officeholders.

## Rediscover Our Assisted Living

For almost two decades, Marian Assisted Living has provided focused, personalized senior care. And our award-winning community continues with this mission. Nestled in the heart of the vibrant Brookeville neighborhood of the Reserves at Manor Oaks, we're here for today's needs and tomorrow's. **Learn more, call or visit us today.**

**New Neighbors. Same Neighborhood.**

**Marian Assisted Living**  
Minutes from Leisure World  
19109 Georgia Avenue  
Olney/Brookeville  
301-570-3190



Victory Housing  
Is A Non-Profit  
Organization  
Serving Seniors  
for More Than  
30 Years



VHLWN0718C

**Exclusive  
Leisure World  
Special!**

**VictoryHousing.org**

# WARNING

Side effects of better hearing  
may include *greater quality of  
life and stronger relationships.*

Join us for our **BETTER  
HEARING EVENT**  
**MAY 14-16**

*Space is limited — call today  
to schedule your appointment!*

**301.637.7238**



**Hearing HealthCare, Inc.**  
*Doctors of Audiology*

*Serving the community since 1996*

**WHEATON • 3913 Ferrara Dr**

**ROCKVILLE • 2403 Research Blvd, #100**

**HearingHealthCareInc.com**





# May 10: Walkers Gather at Lake Needwood

by Beth Leanza

It doesn't matter what age you are. If you like to watch movies, dance or listen to the music of the '50s and '60s or get together for meals and picnics, then you would probably like to join the Club.

Once a month, Club members watch a movie in the Clubhouse II auditorium and, other times, they go out to dinner in Rockville and see a movie at a local theater. Sometimes the Club has potluck dinners and, in summer, members picnic at East Norbeck Park. Because a number of members are still working, the Club schedules its activities in the evenings and on weekends.

## Ready to Join?

The Club's membership is ready and waiting to receive dues and get you signed up. Send a check for \$5 per member, payable to Baby Boomer Club, to Susan Landesberg at (3503 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

Include your address and

phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who does.

Adding the Baby Boomer group email address (bbclw@googlegroups.com) to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder. The Club keeps its emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

The Club's website is available at (<https://sites.google.com/site/bbclwmd>) and includes a calendar with walk information.

## Friday Hikes with Joyce

Anyone is welcome to join the walks led by Joyce Richardson on Fridays. Most walk about three miles, but some walk halfway and return. To carpool to the trail, contact Joyce at (301-598-7098) or (777cheekie333@gmail.com) by Thursday night.

- May 10 – Lake Needwood (Derwood) Meet on the hiker/biker trail at 10:15 a.m. Bring water and a lunch. Drive through the Norbeck Gate and turn left onto Norbeck Road. Cross over Georgia Avenue and, at the next light, veer off to the right onto Muncaster Mill Road. Drive to the next light and turn left onto Avery Road. Turn right onto Lake Needwood Lake Drive. Turn left at the "T" intersection onto Beach Drive. Follow Beach Drive around to the hiker/biker trail parking lot.
- May 17 – Wheaton Regional Park (Silver Spring) Meet near the merry-go-round at 10:15 a.m. Bring water and a lunch. Drive through Connecticut Gate and continue on Connecticut Avenue. Turn left onto Georgia Avenue and drive for a few miles. Turn left onto Shorefield Road and continue to the end where it splits off to the right into a large parking lot. Park near the merry-go-round.

## Sunday Morning Walks

Join a group of walkers that meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. Afterward, join the walkers for breakfast. For more information, email Ted Michos at (Tedmichos@gmail.com).

## Weeknight Walks

For a shorter walk (about one mile) around the Broadwalk in Montgomery Mutual, meet on weeknights at 7:15 p.m. in the lobby of Clubhouse I. No announcement is made; just look for a group forming and introduce yourself.

## AVA Walks

The American Volkssport Association (AVA) holds events and provides guides to local walks of interest. More information about AVA walks is available on the Club's website at (<https://sites.google.com/site/bbclwmd>). Click on Walks, below the events calendar.

## ■ Writers of Leisure World

# Notre-Dame, Agent Orange and an Unusual Cat

by Denise Barker

The Writers of Leisure World met on April 18 to share their writings with each other.

Gladys Blank wrote of the fire

at Notre-Dame Cathedral, and how we all deal with the ending of things we love "by making the most of each day and doing our best to live thoughtful and meaningful lives."

Lee Hardy wrote of her

career at Ft. Detrick, where Agent Orange was developed, and how it caused her doubt and worry. Radha Pillai shared a story of a man who was happily shoveling snow but suffered a medical disaster

shortly thereafter.

Woody Shields wrote about his much loved dog, Arrow, a Wheaton terrier Irish farm dog who enjoys interacting with deer, geese, rabbits and foxes in Leisure World. He also discussed the problems that affect the trees in Leisure World.

Tom Anessi shared a chapter of his book, "To Know You Care," about his time in Vietnam. Denise Barker read two short poems, one about the laundromat and one about mail.

The Group laughed loudly at Jane Hawes' story about her cat, BoyBoy, who barked like a dog and liked to lie in a draining bathtub with his tail down the drain.

The Writers of Leisure World meet on the first and third Thursday of each month at 11 a.m. in Clubhouse I. All residents are welcome to attend.

## Personal Care Services In The Comfort Of Your Home



- Household chores
- Medication reminding
- Daily living and companionship
- Meal planning, preparation and monitoring of eating habits
- Overseeing activities, such as walking, to minimize the risk of accidents
- Shopping for groceries, with or without client
- Bathing and grooming and general personal hygiene
- Help with planning and making decisions
- Nursing services and many more!

Family Owned & Operated  
Serving Montgomery County



Call for a Free Consultation and Assessment • 301.717.2212 • [www.bestseniorcare.us](http://www.bestseniorcare.us)



# Deactivating Your Facebook Account

by Ron Masi

Users who have deactivated their Facebook account may still have their data tracked by the company, according to an article posted on the technology website CNET on April 11 by Jason Cipriani titled, "CNET Discovered That Simply Deactivating Your Account Doesn't Go Far Enough."

Even after deactivating, the social network will still collect information about what former users are doing online, and that information is tied back to their Facebook account, according to CNET. Here are a few tips to consider:

Deleting a Facebook account also deletes Facebook Messenger. Users should notify those they message, as well as their Facebook friends, that they are leaving Facebook, and tell friends how to contact them going forward.

Don't forget about other logins. For example Spotify, Foursquare and some other third party apps let users log in using their Facebook accounts. When the user leaves Facebook, this sign-in method will no longer work. They have to change their login for each app.

To find which apps are linked to Facebook login, sign in to Facebook > Settings > Apps and Websites. For further help, contact the app's customer service.

## Removing Facebook

CNET provides instructions for users who want to further sever themselves from Facebook:

Delete the Facebook app from your phone. Users can still access Facebook via their browser and other apps they may have that use Facebook to log in.

Download all of your Facebook data before doing anything else:

- Log into Facebook via a browser such as Safari or Google Chrome
- Go to Settings > Your Facebook Information
- Click View next to Download Your Information
- Leave all of the boxes checked

under the Your Information section

- Leave the date range to All of my data
- Leave the format set to HTML – doing so puts your data in an easy-to-navigate format

Users may still have some photos and videos in their Facebook account that they don't have copied somewhere else, so CNET recommends changing the media quality from Medium to High. Users can click Create File and then wait for Facebook to email them. Read through Facebook's final advice before deleting the account.

## Deleting Your Account

The final step is to delete the Facebook account. To do so, visit ([www.facebook.com/login.php?next=https%3A%2F%2Fwww.facebook.com%2Fhelp%2Fdelete\\_account](http://www.facebook.com/login.php?next=https%3A%2F%2Fwww.facebook.com%2Fhelp%2Fdelete_account)) and sign into your account.

Facebook provides a few tools on the account deletion page, including the option to begin the download process for the user's data before he or she deletes the account and a reminder to add an administrator for any Facebook Pages the user is the sole administrator for. Otherwise, when the user deletes their account, that Facebook Page will also disappear.

Click Delete Account, enter

your password and click Continue. Finally, click Delete Account again.

Facebook gives users 30 days to cancel their deletion. It takes the company up to three months to remove all of a user's data and, during the first 30 days, users can sign in to cancel their request for deletion by logging into their Facebook account and clicking the Cancel Deletion button.

Facebook will take up to 90 days to delete all of a user's account data from its servers.

For the first 30 days of that, users can still sign in and cancel their deletion request, and it will be as if they never left.

CNET provides help for dealing with "the emotional side of the breakup" with Facebook at ([www.cnet.com/news/how-to-delete-your-facebook-account-once-and-for-all/](http://www.cnet.com/news/how-to-delete-your-facebook-account-once-and-for-all/)).

## Club Information

Don't forget to visit the Club's website, (<http://mac.computerctr.org>), for the Club's past news articles and other information. To contact the Club with questions, suggestions or offers of help, email ([lwmacclub@gmail.com](mailto:lwmacclub@gmail.com)).



**NATURAL PAIN RELIEF**

Be Smart.  
Go Natural.

**NOXICARE™**  
NATURAL PAIN RELIEF

**HELPS ALLEVIATE:**

- Neuropathy
- Arthritis
- Fibromyalgia
- Muscle Aches
- Inflammation
- Nerve Pain
- Carpal Tunnel Syndrome

**Noxicare.com • 888-3867-9898**  
Save 10% - Code: **EASTERSALE** - Expires 5/31/19

## Services for Seniors

Activities of Daily Living	Support Services
• Bathing	• Companionship
• Dressing	• Meal Preparation
• Lifting	• Medication Reminder
• Transferring	• Physical Therapy
• Personal Care & Hygiene	• Light Housekeeping
	• Transportation to Appointments

**What makes ElderCaring different?**

- 2 hour minimum for services – most companies require 4 hours as a minimum
- All caregivers are professionally trained nursing assistants
- The owner of ElderCaring personally meets with you to discuss your needs
- All caregivers are fluent in English
- Personal choice in selection of every caregiver
- Licensed, Bonded, Insured
- 24 Hours Service - 7 Days a Week

**Would you like to receive a brochure in the mail, or set up an appointment?**

**Call 301-949-0060**  
**[www.eldercaring2.com](http://www.eldercaring2.com)**

*"The quality of care you would want for your parents."*



# Clubs, Groups & Organizations In Brief

**Amateur Radio Club:** Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

**Book Club Network:** The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

**Boston Group:** If you have not yet attended a meeting and are a Bostonian, please let us hear from you. Members arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189) and leave a message.

**Clipper Workshop:** Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is May 10. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

**LW Green:** LW Green was formed in 2015 by residents who are enthusiastic about becoming better environmental stewards. Meetings are the fourth Wednesdays of the month at 2 p.m. in Clubhouse I. All those who care about the natural resources in Leisure World and the outside communities are urged to join us. For more information, contact Janice McLean at (janicewmclean@gmail.com).

**LW LGBTQ Alliance:** Our group was formed to give members of the LGBTQ community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBTQ Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire Leisure World community. For additional information and events, email us at (lwlgbt@gmail.com).

**Model Railroad Club:** If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

**Musical Jammers:** We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. We already have a record of success helping

make Leisure World even better. Free. Please join our 1,200 plus members. Go to ([www.nextdoor.com/join](http://www.nextdoor.com/join)) and enter the code QHMXCF.

**The Philadelphians:** For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or ([kanens@verizon.net](mailto:kanens@verizon.net)).

**The Pittsburghers:** If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email ([Tania.Iwanowski@yahoo.com](mailto:Tania.Iwanowski@yahoo.com)).

**Quilting Group:** Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is May 9.

**Stitchers Group:** Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The O. Henry Prize Stories 2018," which contains 20 award-winning stories by various authors. On Wednesday, May 15, Beth Leanza will lead a discussion of "The Earth, Thy Great Exchequer, Ready Lies" by Jo Lloyd. On Wednesday, June 5, Mary Ann Chinni will lead a discussion of "Up Here" by Tristan Hughes. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

**Stamp and Coin Club:** Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

**Town Meeting Organization:** TMO is a movement of residents concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in Clubhouse I. All residents are invited to attend and become active in the movement. For information email ([admin@townmeetingorganization.com](mailto:admin@townmeetingorganization.com)) or visit ([www.townmeetingorganization.com](http://www.townmeetingorganization.com)).

**Wood Shop Users Group:** The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

**Women in the Military:** Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

**Women's Fun Bunch of Leisure World:** The Women's Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves.



# Leisure World Club Trips

The next deadline for trip submissions is **Monday, May 6**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to [lwnews@lwmc.com](mailto:lwnews@lwmc.com).

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

May  
7

## Edmonson Sisters Statue Alexandria, VA

The **Edmonson Historical Society** is sponsoring a trip to visit the Edmonson Sisters statue in Alexandria, Virginia, on Tuesday, May 7. The cost is \$40 per person and tickets may be purchased from E&R in Clubhouse I through Friday, May 3, checks only, payable to Edmonson Historical Society. The bus departs from Clubhouse II at 9 a.m. and returns at approximately 4 p.m. This trip is open to all Leisure World residents. For more information, call Juanita at (301-822-4531).

May  
15

## American Music Theatre Lancaster, PA

Join the **Going It Alone Club** to see the 2019 AMT show, "Ovation – An AMT Pop Orchestra Experience." The show features tributes to such music greats as Rosemary Clooney, Tony Bennett, Frank Sinatra, Ella Fitzgerald and other pop artists. The trip also includes lunch at Bird-in-Hand Restaurant. The bus departs Clubhouse II at 9 a.m. and returns at approximately 8 p.m.

The cost is \$85 for members, \$93 non-members, and includes lunch, show, tax and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

May  
15-16

## Dover Downs Hotel and Casino Dover, DE

Return to Dover Downs with **NA'AMAT RBZ Club** on this popular trip with its overnight stay in Dover, Delaware. The cost is \$120 per person, double occupancy; \$170 single occupancy. The package includes round trip transportation, beautiful hotel accommodations, breakfast buffet, plus \$50 play money. This trip also includes a tribute show to Cher.

The bus leaves Clubhouse II at 10:30 a.m. on Wednesday, May 15 and returns at approximately 2:30 p.m. on Thursday, May 16. Send your check(s), payable to NA'AMAT, to Trudy Stone at (15101 Interlachen Dr., #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming. If you have any special needs, indicate what they are with your check. Questions? Call Trudy at (301-438-0016).

July  
16-18

## Casino on the Boardwalk Atlantic City, NJ

Join the **Going It Alone Club** on a trip to Atlantic City, New Jersey. Enjoy two nights, with two breakfasts and one dinner, plus a casino bonus. The bus departs from Clubhouse II at 8 a.m. on Tuesday, July 16, returning on Thursday, July 18, after breakfast.

The cost is \$250 for members, \$258 for non-members, double occupancy (add \$99 for single occupancy). A deposit of \$75 is due at sign up with the balance due by Saturday, May 18; no refund will be issued after this date unless a replacement is made. Travel insurance is available.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

July  
30

## Nationals Baseball Game Washington, DC

Join the **Jewish Residents of Leisure World** on an evening bus trip to see the Washington Nationals play the Atlanta Braves at a home game on Tuesday, July 30.

The cost is \$45 per person and includes bus transportation and ticket to the game. The bus departs Clubhouse II at 5 p.m. and ticket holders will disembark by an elevator that will drop them off near reserved seating. Seating overlooks the first base line, is under cover and close to restrooms and food concessions.

To reserve seats, send a check (payable to JRLW) to Dottie Chanil at (3829 Glen Eagles Dr., Silver Spring, MD 20906). Or, call Dottie at (301-871-1513) for more information. Tickets will be distributed as participants board the bus.

Aug.  
11

## Cirque du Soleil: 'VOLTA'

Cirque du Soleil is coming to Tysons Corner in Springfield, Virginia, this summer. Come along on an adventure with **NA'AMAT RBZ Club** members on Sunday, Aug. 11, to see a matinee performance of "VOLTA." This spectacular show is performed under an enormous big top and is not to be missed!

The bus departs from Clubhouse II at 11 a.m. and returns at approximately 4 p.m. The cost is \$89 person and includes Eyre bus transportation and ticket to the show. For more information or to reserve a seat, contact Gladys at (301-438-9666) or ([gladysblank@verizon.net](mailto:gladysblank@verizon.net)).

Sept.

16-20

## Pigeon Forge and Smoky Mountains Shows, TN

All residents are invited to come with the **Going It Alone Club** on a five-day, four-night trip to Pigeon Forge and the Great Smoky Mountains of Tennessee.

The trip includes four breakfasts and four dinners, entrance to the Titanic Museum, five shows, free time in historic downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

The bus departs Clubhouse II at 8 a.m. on Monday, Sept. 16 and returns late afternoon on Friday, Sept. 20.

The cost for double occupancy is \$480 per person for Club members; \$488 for non-members; and \$149 additional for single occupancy. A \$200 deposit is due upon sign-up, with the final payment due by Tuesday, July 9.

Travel insurance is available. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 15, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.



# SPORTS, GAMES & Scoreboards

## ■10-Pin Bowling League

### May 17: Summer Bowling League Begins

by Rita Mastrorocco

The summer league begins on Friday, May 17. All bowlers are welcome to join.

The league is based on handicaps with averages for the bowlers ranging from 83 to 174. If you have not bowled in years, come out and join the fun.

The top league standings as of April 19 are: Half and Half in first place; Wild Things in second place; and Huggers in third place.

#### Top scores for the week of April 12 are:

Scratch Game – Huggers, 647 pins  
Scratch Series – Huggers, 1,822 pins  
Handicap Game – Just One More, 992 pins  
Handicap Series – Just One

More, 2,674 pins  
High Average Men – Steve Mueller, 175 pins  
Scratch Game Men – Pat Leanza, 223 pins  
Scratch Series Men – Stan Galinn, 535 pins  
Handicap Game Men – Pat Leanza, 281 pins  
Handicap Series Men – Stan Galinn, 721 pins  
High Average Women – Chris Porter, 169 pins  
Scratch Game Women – Chris Porter, 191 pins  
Scratch Series Women – Chris Porter, 538 pins  
Handicap Game Women – Barbara Raney, 247 pins  
Handicap Series Women – Arlene Gers, 680 pins



#### Top scores for the week of April 19 are:

Scratch Game – Lightnin Strikes, 629 pins  
Scratch Series – Winners, 1,746 pins  
Handicap Game – Just One More, 971 pins  
Handicap Series – Just One More, 2,697 pins  
High Average Men – Steve Mueller, 174 pins  
Scratch Game Men – Pat Leanza, 234 pins  
Scratch Series Men – Pat Leanza, 572 pins  
Handicap Game Men – Pat Leanza, 292 pins  
Handicap Series Men – Pat Leanza, 746 pins  
High Average Women – Chris Porter, 169 pins  
Scratch Game Women – Chris Porter, 190 pins

Scratch Series Women – Chris Porter, 508 pins  
Handicap Game Women – Rita Mastrorocco, 244 pins  
Handicap Series Women – Kathy Viney, 677 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is \$11.

If interested in joining, call Rita at (301-814-9196).

## ■Lawn Bowls Club

### Let the Games Begin



Photo by Leisure World News

Members of the Lawn Bowls Club held their first game of the season on April 16. Two teams competed in a rousing game with a closing score of 8-6. Everyone enjoyed being out on the green during a crisp, sunny day.

The Club is seeking to recruit new members who enjoy playing a friendly game of bowling outdoors (weather permitting). For more information, come out on Tuesdays at 5 p.m. or Thursdays at 6 p.m. at the bowling area across from the Clubhouse I restaurants. All are welcome.

– Betty Smith

## ■Golf Club

### April Results

Compiled by Rita Molyneaux

#### April 9, 2019

##### 9-Hole Results

##### Step Aside Scramble

- Joan Sumner, Mary Lee Amato, Muriel Peake, Janet Danziger, 40
- (tie) Clara Brincefield, Adrienne Tobin, Carol Lee Simms, Florence Merola, Mary Ellen Coffey, Kazue Waller, Ruth Cagnet, Nickie Lopes, Connie Park, Brenda Curtis-Heiken, Mary Wells, Doris DeSantis, Bev Haass, Barbara Rushing, Jane Hughes, Rose Arnold, 43

#### April 10, 2019

##### MISGA at Montgomery Country Club

##### Two Best Balls

Sam Choi's team took 3rd place.

#### April 16, 2019

##### 9-Hole Results

##### Low Net and Low Putts Low Net

- Connie Park, 32
- Mary Lee Amato, 34
- Adrienne Tobin, 36

#### Low Putts

- (tie) Lois Falck, Kay Heier, Nancy Ferdock, 16 putts

#### April 17, 2019

##### MISGA at Rattlewood Golf Course

##### Two Best Ball Event Included 10 Leisure World Members

Sperry Storm's team won 2nd/Score 122.

Doug Allston's team won 4th/Score 124.

Special recognition to Marty Kreiss for shooting a low gross score of 77 – a remarkable feat considering the difficult course played.

#### April 18, 2019

##### 18-Hole Ladies

##### Two Best Ball of Four (Shamble)

- Marylee Amato, KC Choi, Clara Brincefield, Susan Kim, 119

**Note to golfers:** Remember to post a score for day's play. MISGA Mixer scores are not "T" tournament scores. If you need a score to post, let Sperry know.



## ■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Duplicate games are Tuesday and Friday evenings at 7 p.m. in Clubhouse I. Results and hand records are available on ([thecommongame.com](http://thecommongame.com)). Results also appear on ([cuebid.com](http://cuebid.com)).

Flight A includes all players. Flight B includes only ACBL member pairs, each less than 1,000 master points. Flight C includes only ACBL member pairs, each less than 500 master points.

Players who need a partner for either the Tuesday or Friday game should call Shirley Light at (301- 598-6611) at least 24 hours in advance.

### Tuesday, April 9, 2019

#### North-South Flight A

1. Ann Ruth Volin – Joyce Fischer
2. Marilyn Udell – Maida Crocicchia
3. Wendy Morrison – Vern Skinner
4. Lorraine Hegel – Michael Watts

#### Flight B

1. Stephan Billstein – Marcia Fletcher
2. Alan Ferraro – Liz Ferraro

#### East-West Flight A

1. Abigail Murton – Dora Levin
2. Aaron Navarro – Sue Swift
3. Robert Kerr – Patti Anschutz
4. Mildred Lieder – Nancy Gordon

### Friday, April 12, 2019

#### North-South Flight A

1. Wendy Morrison – Howard Brewer
2. Saul Penn – Lorraine Hegel

#### East-West Flight A

1. LeAnna Gipson – Judy Tankersley
2. Susan Weiss – Sue Swift

### Tuesday, April 16, 2019

#### North-South Flight A

1. Lorraine Hegel – Robert Kerr
2. Rosmarie Suitor – Maida Crocicchia
3. Ann Ruth Volin – Joyce Fischer
4. Wendy Morrison – Vern Skinner

#### Flight B

1. Palma Seeger – Jim Anschutz

#### East-West Flight A

1. Jerry Miller – Gerald Lerner
2. Patti Anschutz – Allen Shaw
3. Madhav Deshmukh – Beena Deshmukh
4. Saul Penn – Elaine Conway

#### Flight B

1. Madhav Deshmukh – Beena Deshmukh

## ■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

### April 11, 2019

1. Vicky Shaz, 2,900
2. Judy Lindley, 2,690
3. JoAnn Gellman, 2,660

### April 18, 2019

1. Helen Montanaro, 4,080
2. Michele Frome, 2,880
3. Marion Klein, 2,730

## ■ Friday Bridge

Compiled by Shirley Rosenhaft

### April 5, 2019

1. Betty Hecht, 3,180
2. Shirley Griffin, 3,030
3. Joyce Fischer, 3,020
4. Irwin Bauman, 2,790

### April 12, 2019

1. Jerry Weiss, 3,690
2. Joyce Fischer, 2,540
3. Shirley Rosenhaft, 2,400
4. Irwin Bauman, 1,990

## ■ Duplicate Bridge Club

# May 20: Mentor-Mentee Duplicate Bridge Game

by Jerry Miller

The next mentored duplicate bridge session, sponsored by the Duplicate Bridge Club, is on Monday, May 20, at 6:30 p.m. in Clubhouse I.

Bridge players who are new to duplicate will partner with experienced duplicate bridge players, who will be available to answer questions and provide assistance in the bidding and play. A short discussion of one element

in bridge will precede the card play.

A printout showing the hands just played, along with a brief analysis of some of the hands, will be distributed at the end. A fee of \$2 per person will be collected at the game.

To help in planning, and to ensure the presence of a sufficient number of experienced players, RSVP to ([jerr-oldmiller@yahoo.com](mailto:jerr-oldmiller@yahoo.com)) or (301-438-3444) by Thursday, May 16.



## ■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

### April 10, 2019

1. Dottie Hurley and Dottie Donnell
2. Linda Mihm and Norm Salinger
3. Joyce and Dick Riseberg

### April 17, 2019

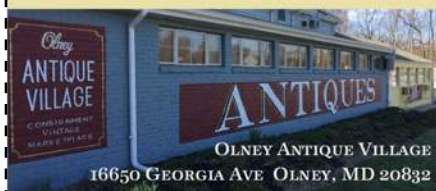
1. Marcia and Monroe Elbrand
2. Joyce and Dick Riseberg

Bring This Ad In & Receive  
10% Off Today!

Antiques \* Vintage \* Gifts \* Jewelry  
Women's & Children's Clothing Consignment  
Collectibles \* Furniture \* Yoga \* Essential Oils  
Records \* Moving & Storage \* Appraisals  
Much, Much More!  
Come Out & See for yourself! We Buy & Sell!

#### Village Hours

Monday, Thursday & Friday: 11-5  
Tuesday & Wednesday: CLOSED  
Saturday & Sunday: 11-6



## IMAGES SALON Leisure World Plaza

3810 International Drive  
Silver Spring, MD 20906  
Monday thru Saturday  
8:00-7:00  
Sunday 10:00-5:00

Come on out and meet our friendly and talented Team. We provide the best technical hair skills. We value what we do and have over 30 years' experience. We specialize in foil highlighting, trendy colors and updos. You name it, we do it! Our prices are very affordable and we go above and beyond to please our guests. We promise you that you will leave very happy and satisfied with our excellent technical skills and great customer service.



## Leisure World®

55+ "Resort" Community

"Country Club Feel"

"Authorized Leisure World® Specialist"



55Places.com

### Top 10 Best Value Communities

## #1 Leisure World, MD

Since 2017 Results

Sold: 39+ Listings: 27+ Rentals: 4

Checkout my Zillow 5 Star Ratings at

[dougbrasse.com](http://dougbrasse.com)

Please put my Winning Strategies to work for  
You, and Your Friends, Neighbors or Relatives



Douglas Brasse Cell: (301) 448-8708 [dbrasse@weichert.com](mailto:dbrasse@weichert.com)  
Office Phone :301-681-0550 [dougbrasse.com](http://dougbrasse.com)  
Aspen Hill/ Leisure World Plaza  
3816 International Drive  
Silver Spring, MD 20906



Leisure World® is a registered trademark owned by RRLH, Inc.  
Doug Brasse is authorized by RRLH, Inc. under license to use the Leisure World® service trademark



# Giving a Roman Thumbs Up for Chess

by Bernie Ascher

Roman amphitheaters featured gladiator fights, wild animal hunts and public executions. Many gladiators were slaves, criminals or prisoners of war who fought for their freedom.

People fought to the death against each other and against animals. These events, though bloody and barbaric, allowed spectators to escape their own troubles, at least for a day, and gained popular support for the emperor.

Amphitheaters made Romans proud of their engineering and artistic skills. Archeologists and historians have found about 230 of these round or oval, open-air structures, stretching across the Mediterranean, including dozens in France, England, Spain, Libya and Tunisia.

The largest – a classic tourist attraction – is the Colosseum built in the center of Rome, standing about 150 feet high over six acres and seating roughly 50,000. More than four million tourists visit the

Colosseum each year, one of 51 places in Italy recognized as world heritage sites by UNESCO.

Historians cite it as a “focal point of Roman society.” Seating arrangements reflected social status: the lower tier for the emperor and the most elite (the royal family, senators, nobles, and priests); the second tier for equites or knights (14 sections of marble seats) and wealthy plebeians; and the third tier for poor plebeians or ordinary Roman citizens.

During its 390 years of use, the Colosseum saw the loss of more than 400,000 people and about one million animals. Thousands of Jewish slaves built the Colosseum in 10 years (72-80 AD). Estimates of the number of Jewish slaves extend to as many as 60,000, according to (around rometours.com). Emperor Titus brought the slaves to Italy after destruction of the Temple in Jerusalem.

Transportation of 60,000 people, in itself, would have been a great feat, considering that the Romans did not have access



to the 6,000-passenger cruise ships of today.

Rome had a heavy slave population of its own. According to some estimates, 30-40 percent of the entire Roman population was slaves at the time – millions. Parents would sometimes sell their children into slavery because they could not support them.

As forerunners of today’s sports stadiums, people may wonder whether amphitheaters had adequate parking space for horses and chariots, tailgate parties and long lines to the ladies’ rooms.

About 50 million Americans attend college football games each year. Stadium owners sell naming rights to advertisers. Mercedes-Benz, for example, is paying \$324 million to use its name for the new stadium in Atlanta for 27 years, according to CBS News. Emperor Titus would have probably appreciated this moneymaking concept.

Chess players, clad in armor, did not play games in the middle of the Colosseum while animals ran wild around them. Chess has not yet proven its value as a spectacle for mass entertainment in the way football has.

Meanwhile, at Leisure World, chess matches continue in Clubhouse II. In the diagram pictured on this page, Black’s Rook is threatening White’s Queen. What is White’s best move?

The solution follows this message that the Chess Club meets on Mondays, Wednesdays and Fridays from 1-4 p.m. in Clubhouse II. Membership is free. For information, call Bernie Ascher at (301-598-8577).

**SOLUTION:** White’s Rook checks the King at d8 and is captured by Black’s Rook from a8, but White’s Rook at d1 then captures Black’s Rook. Checkmate!

So, do not wait for horses and chariots. Do not wait for gladiators and wild animals. Do not wait for the naming of a new stadium. Play chess now!

**DENTAL CENTER**  
ASPEN HILL

Keep Your Teeth For a Lifetime!

**MEET OUR DENTISTS**  
Dr. Cyrus Allafi and Dr. Sara Saba D.D.S.

- Comprehensive and personalized evaluations
- Emergency care offered
- Same day pain relief
- Comfortable tooth removal
- Most insurance plans accepted
- Financing plans available
- Our caring staff are always happy to help

**NEW PATIENT SPECIAL OFFER**

**\$99**  
(a \$310 value)

Includes Comprehensive Examination,  
Necessary X-rays, and Routine Cleaning\*

\*In absense of periodontal disease

**CALL TODAY AND SCHEDULE AN APPOINTMENT!**

**301-871-6660**  
www.aspenhilldds.com

13975 Connecticut Ave.  
Silver Spring, MD 20906  
Suite 302, Third Floor

**THE Lisa Vogel Agency**

**IN-HOME CARE**

---

**LISAVOGELAGENCY.COM**

**301-664-7945**

We bill and collect from all long term care insurances.

License No.R2635 Licensed as a residential service agency by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality.



# Sports, Games & Scoreboards In Brief

**Bid Whist:** Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

## Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). Results are also posted on (cuebid.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

**Chess:** Free chess lessons for beginners and "rusty" players on Monday from noon-1 p.m., or by appointment. Call Steve Harvith at (301-801-4693) for information. The Chess Club meets every Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II.

**Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

**Mah-jongg:** Learn how to play mah-jongg. Call (301-598-3438).

**Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

**Ping-Pong Club:** Get healthy exercise and camaraderie playing ping-pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email (julie12401@netscape.net).

**Pinochle Players:** Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

## Poker:

• **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

• **Thursday Night Poker** meets 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

**Volleyball for Everyone.** If you are a LW resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).



JOHN J. FERGUSON, ESQ.  
FERGUSON & WILPON

ESTATE ADMINISTRATION/PROBATE

WILLS POWERS OF ATTORNEY LIVING TRUSTS

REAL ESTATE MEDICAL DIRECTIVES/LIVING WILLS

CALL JOHN FERGUSON  
301-570-3633

3406 Olandwood Court, Ste. 202, Olney, MD 20832  
WE CAN MEET IN YOUR HOME OR OUR OLNEY OFFICE

## THE INTER-FAITH CHAPEL

*A House of Prayer for all People*



*You are invited to join  
us each week for  
Sunday worship  
services held at  
9:00 am and 11:00 am.*

**We are an inclusive  
Christian congregation  
celebrating diversity  
and seeking unity.**

Visit **www.inter-faithchapel.org**  
for upcoming events.  
**3680 South Leisure World Boulevard  
301-598-5312**



# CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

**\*\*\*Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

## EXERCISE

**NEW – Chair Tai Chi with Robin:** This Tai Chi program is a simplified form of nine basic movements that can be repeated and performed with varying levels of complexity by either sitting or standing. The program is directed at improving balance; increasing strength, tone and range of motion in ankles, knees, hips and trunk; improving circulation of blood and lymph; promoting a general sense of well being and energy, and decreasing muscle pain. The program is also good for quieting the mind, soothing anxiety and improving mood.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is a certified holistic health coach, licensed to perform physical therapy in Maryland and

certified in Tai Chi for arthritis and Tai Chi for balance. She is available after class to answer questions or can be reached by phone at (240-350-8820).

Class meets Wednesdays, May 22-July 17, 3:30-4:30 p.m. **Fee: \$110. Register at Clubhouse II.**

**NEW – Tap Dancing in a Chair with Carol – a New Approach to Tap:** If you are an experienced tapper and miss it or a beginner who always wanted to tap, but right now your body says, “no,” this is the class for you. For experienced tappers, this will be a “remember when” and a “do I ever love tapping again”; for beginners you’ll enjoy an easy start with the basics, and before long you’ll feel like a real tapper.

(Experienced tappers who don’t need a chair are welcome to take the class, but all students work from a chair.)

Each class is two hours; the first hour will focus on beginning tap terms and combinations, and the second hour on more advanced techniques and dances. Students are welcome and encouraged to participate in either or both hours of instruction.

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the Physical Education Department and, in the summer, continued to perform in local theater. While her career took her in another direction, her love affair with dance has never ended. If you have questions, give Carol a call at (301-598-5980).

Class meets Thursdays, May 30-July 11 (no class July 4), 3-5 p.m. **Fee: \$40. Register at Clubhouse II.**

**Chair Yoga with Robin (with a little Tai Chi):** Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing.

Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, May 15-July 10 (no class July 3), 2-3 p.m. **Fee: \$110. Register at Clubhouse II.**

**Ba Duan:** This is the world’s oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

**Limited enrollment.** Class meets Mondays, May 13-July 15, 4-5 p.m. **Fee: \$20. Register at Clubhouse II.**

**Gentle Yoga – Wednesdays and Saturdays with Marilyn:** Yoga is a holistic system that combines movement, posture, breath, and relaxation techniques to improve overall health and well-being physically, mentally, and spiritually. A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide skills to cultivate a peaceful mind in the face of life’s stresses and challenges.

This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class.

Class meets Wednesdays, May 8-July 10 and/or Saturdays, May 4-July 6, 9-10:15 a.m. **Fee: \$84, one day per week; \$145, two days per week. Register at Clubhouse I.**



**NOW TOURING!**

## Assisted Living and Memory Care with a whole lotta heart.

In other words, The Landing has a whole bunch of heartfelt help and care. But don't take our word for it, come see for yourself. Please call 240.377.0084 now to schedule a tour. And bring a friend. Or come meet a few new ones.

**THE LANDING**  
OF SILVER SPRING

13908 New Hampshire Ave • Silver Spring  
240.377.0084 • TheLandingofSilverSpring.com

A LEISURE CARE ASSISTED LIVING & MEMORY CARE COMMUNITY



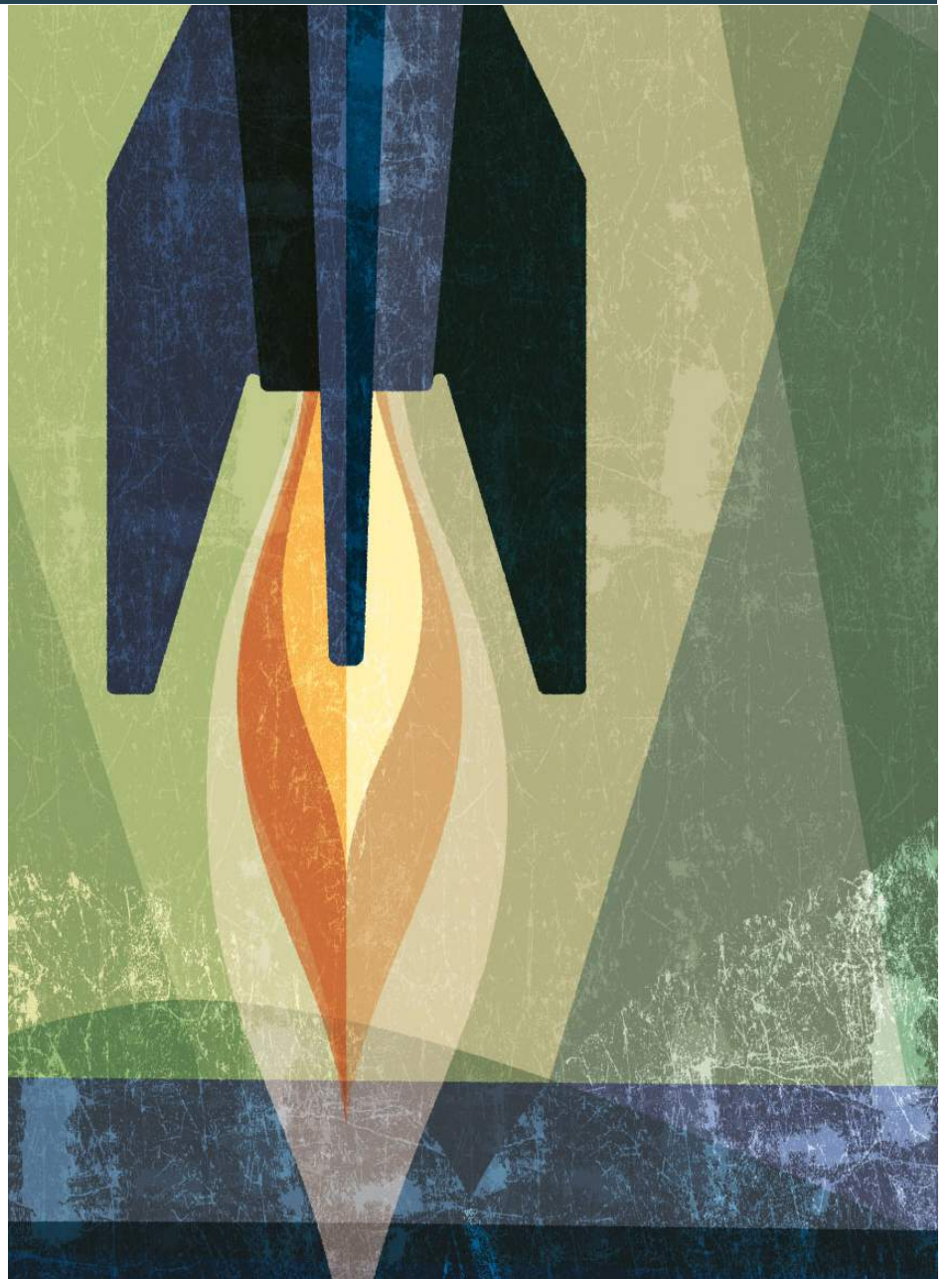
# Experience cannabis in the best way possible. That's our Mission.

Our knowledgeable and informed staff specialize in compassionate and uniquely-tailored cannabis solutions for you.

Come in or call us today to speak with a trained cannabis consultant or visit our website for more information.

## **Mission Glenmont offers:**

- **15% off** discount for members of the Leisure World Cannabis 101 Club
- A Cannabis and Wellness Fair on June 21st at Leisure World showcasing different wellness tools and how cannabis can support your wellness goals. There will be refreshments, fun giveaways and representatives to answer your questions.
- Close proximity to Glenmont Metro
- Easy home delivery service, with deliveries on the first and last Friday of each month
- Ordering over the phone at 833.768.4357 daily from 10am - 7pm or online at [www.missiondeliveries.com](http://www.missiondeliveries.com)



## **MISSION MEDICAL DISPENSARIES GLENMONT**

12355 GEORGIA AVE  
SILVER SPRING, MD 20906

**833.768.4357**

**[missiondispensaries.com](http://missiondispensaries.com)**

SERVING PATIENTS DAILY  
MONDAY THRU SUNDAY  
**10 AM – 7 PM**

# mission



# PARTNERING FOR SUCCESS

Enjoy the benefits of our combined strengths  
to lead you through a smooth and winning transaction!

Specializing in  
Retirement Living

Ask us about our  
Metro Expertise too!



Over 14 Million  
Settled in  
Listings and Sales  
in 2018!

**Weichert**

## SUDHA BAXTER

RE Licensed  
MD & DC  
202-368-8536

## SUE HEYMAN

Former Mont. Co. Teacher  
Seniors Specialist  
MD RE Licensed  
301-580-5556

## RICK WINKLER

CPA  
RE Licensed  
MD & DC  
301-404-3105

**Weichert Award Winning Top Producers • Community Resident and Community Investors**  
**Expanded Coverage for Buyers and Sellers in DC and MD • Awarded for Excellent Client Service**  
**Sue is #1 Lister in the Regency Mutual 25 • Top 1% of Agents Nationwide**



**LISTING COMING SOON!**

**Villa Cortese New Building "T"**  
3 BR, 2 FB, upgraded appliances  
& floors, Garage space, 1560 sf.



**NEW LISTING! \$159,000**

**Berkley Townhouse**  
2BR, 1FB, 2HB, Laminate HWD,  
new carpet & fresh paint.



**NEW LISTING! \$225,000**

**Fairways South "GG" Model**  
Garage spc, 2BR, 2FB, lower flr,  
contemporary updates, 1195 sf.



**NEW LISTING! \$299,990**

**Greens "K" Remodeled + Gar**  
2BR, Den, 2FB, stunning kit. &  
BAs, exceptional views, 1480 sf.



**LISTING UNDER CONTRACT!**

**Blair Model CO-OP**  
1BR, 1FB, new carpet,  
fresh paint, no steps, 800 sf.



**SOLD! \$155,000**

**Fairways "E" Model**  
2BR, 2FB, new carpet,  
fresh paint 980 sf.



**SOLD! \$350,000**

**"Cabot" Model Patio Home**  
3BR, 2FB, kit & BA updates, turn-  
key, fenced patio, 2 car garage.



**LISTING SOLD! \$305,000**

**Fairways "P" Model**  
3BR, 2.5BA, enclosed balcony,  
1,530 sf.



**LISTING SOLD! \$163,000**

**The Greens Model "E"**  
2BR, 2FB, kit, bath + lighting  
updates, ceramic tile flrs, 980 sf.



**SOLD! \$415,000**

**The Greens "B-H" Model**  
Garage, 3BR + den, 3FB, two  
balconies, new floor, 2167 sf.



**SOLD! \$445,000**

**Overlook Hi-Rise "K" w/ Garage**  
2BR + den, 2FB, FP, golf course  
view, storage room, 1520 sf.



**SOLD! \$719,000**

**The Regency "Falconcrest"**  
4BR, 3.5BA, new carpet & paint,  
granite & SS appliances, 3322 sf.

## CALL US FOR FREE:

**CONSULTATION, COMPETITIVE MARKET ANALYSIS,  
& COMMUNITY BOOKLETS**

**Sue Heyman: 301-580-5556 sueheyman@aol.com**  
**Rick Winkler: 301-404-3105 rwinkler@weichert.com**  
**Sudha Baxter: 202-368-8536 sudhabaxter@yahoo.com**  
**Weichert Realtors: 301-681-0550 office**



# CALENDAR *of Events*

**Dial 301-598-1313  
for recorded Daily Events**

**Friday, May 3**

**Clubhouse I**

12:15 p.m. Kiwanis Club  
1:30 p.m. Watercolor Any Level Art Class  
3:00 p.m. Hispanos de LW: Bingo  
7:00 p.m. Friday Duplicate Bridge

**Clubhouse II**

10:00 a.m. Book Club Network Potluck  
1:00 p.m. Ping-Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
4:00 p.m. Pickleball Club

**Saturday, May 4**

**Clubhouse I**

9:00 a.m. Gentle Yoga Class  
10:00 a.m. Open Art Studio  
10:00 a.m. American Needlepoint Guild (ANG)

**Clubhouse II**

9:15 a.m. JRLW Sabbath Service  
11:00 a.m. Pickleball Club  
2:00 p.m. Going It Alone Club: Social

**Sunday, May 5**

**Clubhouse I**

10:00 a.m. Jewish War Veterans Post 567  
Brunch: Mitch Stern, speaker

**Clubhouse II**

11:00 a.m. Pickleball Club  
2:30 p.m. Fireside Forum: Chris Palmer, Environmental Film Producer  
6:00 p.m. Baby Boomer Club

**Monday, May 6**

**Clubhouse I**

9:15 a.m. Stretch, Tone and Strength Training  
10:00 a.m. Center for Lifelong Learning General Meeting  
10:30 a.m. Stretch, Tone and Balance Class  
1:00 p.m. Oils and Acrylics Art Class  
1:30 p.m. Leisure World Chorale  
2:00 p.m. Compassion and Choices of Leisure World Video Presentation: “Dying Wish”  
7:00 p.m. Bingo

**Clubhouse II**

9:00 a.m. Senior Sneakers Class  
10:00 a.m. Clipper Workshop  
10:30 a.m. Zumba Gold Class  
11:00 a.m. Chair Yoga Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Chess Club  
1:30 p.m. Computer Learning Center: Android Help Session  
2:00 p.m. Chair Yoga Class  
2:00 p.m. Line Dance Class  
3:00 p.m. Ping-Pong Club  
3:00 p.m. Line Dance Class  
5:30 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club Operating Session

**Tuesday, May 7**

**Clubhouse I**

9:00 a.m. Blood Pressure Testing  
9:30 a.m. Any Medium Art Class  
5:00 p.m. Lawn Bowls Club  
7:00 p.m. Trivia Club  
7:00 p.m. Duplicate Bridge

**Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class  
10:00 a.m. LW Apple Club Regular Meeting  
11:00 a.m. Mild Exercise Class  
12:30 p.m. Pickleball Club  
12:30 p.m. Scrabble Group  
1:30 p.m. Comedy and Humor Club  
4:00 p.m. Pickleball Club  
7:00 p.m. Gilbert and Sullivan Society: Auditions

**Wednesday, May 8**

**Clubhouse I**

9:00 a.m. Gentle Yoga Class  
10:00 a.m. Applied Principles - Any Medium Art Class  
10:15 a.m. League of Women Voters Meeting  
1:00 p.m. Oils and Acrylics Miniatures Art Class  
1:00 p.m. MISGA Luncheon  
6:00 p.m. LWAAAC Fun Night  
6:45 p.m. Chicago Bridge

**Clubhouse II**

10:00 a.m. Zumba Gold Class  
11:00 a.m. Mild Exercise Class  
1:00 p.m. Chess Club  
1:00 p.m. Ping-Pong Club  
1:00 p.m. Aqua Fit Class  
5:30 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club Operating Session  
7:00 p.m. Gilbert and Sullivan Society: Auditions

**Thursday, May 9**

**Clubhouse I**

9:15 a.m. Stretch, Tone and Strength Training Class  
10:00 a.m. Painting is for Everyone Art Class  
10:00 a.m. CLL Course: Understanding Yourself and Others through Process Communication  
10:30 a.m. Stretch, Tone and Balance Class  
10:30 a.m. ALL Course: Who Are Arab-Israelis?  
10:30 a.m. Leisure World New Yorkers and Friends Group  
12:30 p.m. Ladies’ Bridge  
1:00 p.m. Oils and Acrylics Art Class  
1:00 p.m. LWAAAC Healthful Thursdays  
6:00 p.m. Lawn Bowls Club  
7:00 p.m. Democratic Club General Meeting

**Clubhouse II**

9:00 a.m. Senior Sneakers Class  
9:30 a.m. Beginner and Advanced Tai Chi Class  
9:30 a.m. Quilting Group  
10:00 a.m. MVA Mobile Office  
11:00 a.m. Water Exercise Class  
11:30 a.m. Pickleball Club  
12:30 p.m. Men’s Bridge  
1:00 p.m. Non-impact Fusion Water Exercise Class  
2:00 p.m. Model Railroad Club Operating Session  
2:00 p.m. Mind-Body Exercise Club  
4:00 p.m. Tap Dancing in a Chair Class  
4:00 p.m. Friends of India Association Meeting

## Leisure World Mutual Meetings

**May 7**

**Mutual 18 Board**  
1:30 p.m., Sullivan Room  
**Montgomery Mutual Annual**  
1:30 p.m., Clubhouse I  
**Mutual 6B Board**  
2:00 p.m., Clubhouse I

**May 8**

**Mutual 11 Board**  
10:00 a.m., Sullivan Room  
**Mutual 8 Annual**  
5:00 p.m., Clubhouse I

**May 9**

**Mutual 12 Board**  
1:00 p.m., Sullivan Room  
**Mutual 15 Annual**  
2:00 p.m., Clubhouse I

**May 13**

**Mutual 6A Annual**  
4:00 p.m., Sullivan Room

**May 14**

**Mutual 19A Board**  
9:30 a.m., Clubhouse II

**Mutual 18 Annual**

11:00 a.m., Clubhouse I  
**Mutual 7 Board**  
1:00 p.m., Sullivan Room  
**Mutual 25 Annual**  
7:00 p.m., Sullivan Room

**May 15**

**Mutual 5 Board**  
9:30 a.m., Sullivan Room  
**Mutual 19B Agenda**  
1:00 p.m., Sullivan Room  
**Mutual 11 Annual**  
2:00 p.m., Clubhouse I

**May 16**

**Mutual 15 Board**  
9:30 a.m., Sullivan Room  
**Mutual 16 Annual**  
2:00 p.m., Clubhouse II

**May 20**

**Mutual 23 Board**  
10:00 a.m., Party Room  
**Mutual 9 Board**  
10:00 a.m., Sullivan Room

*Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.*

## Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

**Audit**

May 16, 2:00 p.m., Sullivan Room

**Budget and Finance**

May 15, 10:00 a.m., Clubhouse II

**Communications**

May 16, 10:00 a.m., Clubhouse I

**Community Planning**

May 13, 9:30 a.m., Sullivan Room

**Education and Recreation**

May 7, 9:30 a.m., Clubhouse I

**Energy**

May 21, 9:30 a.m., Clubhouse I

**Golf and Greens**

May 3, 9:30 a.m., Clubhouse I

**Health**

May 15, 2:00 p.m., Clubhouse I

**Landscape**

May 9, 9:30 a.m., Clubhouse II

**Physical Properties**

May 14, 9:30 a.m., Clubhouse II

**Restaurant**

May 20, 10:00 a.m., Clubhouse I

**Security and Transportation**

May 9, 9:30 a.m., Clubhouse I

**Technology**

May 7, 10:00 a.m., Sullivan Room

**LWCC Board of Directors**

May 21, 9:00 a.m., Clubhouse I  
The meeting airs on May 27, 29 and 31 at 4 p.m. and 7 p.m. on channel 974.

**LWCC Executive Committee**

May 10, 9:30 a.m., Sullivan Room  
The meeting airs on May 15, 16 and 17 at 4 p.m. and 7 p.m. on channel 974.

*Meeting times and locations subject to change.  
Sign in to (residents.lwmc.com) and check the calendar for any changes.  
Meetings are open to all residents and absentee owners.*

**Friday, May 10**

**Clubhouse I**

11:00 a.m. Book Club Network: Literary Ladies Who Lunch  
1:30 p.m. Watercolor Any Level Art Class  
3:00 p.m. Hispanos de LW movie: “Alamar”

5:00 p.m. Arts in Motion: Kristine Key  
7:00 p.m. Friday Duplicate Bridge  
**Clubhouse II**  
10:00 a.m. Computer Learning Center: Online Job Websites Class  
10:00 a.m. Chinese Club



1:00 p.m. Ping-Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge Club  
1:00 p.m. Zumba Gold Class  
4:00 p.m. Pickleball Club  
7:30 p.m. Fun and Fancy Theatre Group: “An American Treasure: The Best of Irving Berlin”

Saturday, May 11

**Clubhouse I**  
9:00 a.m. Gentle Yoga Class  
10:00 a.m. Open Art Studio  
**Clubhouse II**  
9:15 a.m. JRLW Shabbat Services  
2:00 p.m. Going It Alone Club: Social  
7:30 p.m. Fun and Fancy Theatre Group: “An American Treasure: The Best of Irving Berlin”

Sunday, May 12

**Clubhouse I**  
No Scheduled Activities.  
**Clubhouse II**  
11:00 a.m. Pickleball Club  
2:00 p.m. Fun and Fancy Theatre Group: “An American Treasure: The Best of Irving Berlin”

Monday, May 13

**Clubhouse I**  
9:15 a.m. Stretch, Tone and Strength Training Class  
10:00 a.m. Garden and Environmental Club  
10:30 a.m. Stretch, Tone and Balance Class  
1:00 p.m. Oils and Acrylics Art Class  
1:30 p.m. Leisure World Chorale  
2:00 p.m. CLL Seminar: The Art of Keeping Your Money and Your Sanity-  
7:00 p.m. Bingo

**Clubhouse II**  
9:00 a.m. Senior Sneakers Class  
10:30 a.m. Zumba Gold Class  
11:00 a.m. Chair Yoga Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Chess Club  
1:30 p.m. Computer Learning Center: Android Help Session  
2:00 p.m. Chair Yoga Class  
2:00 p.m. Line Dance Class  
3:00 p.m. Ping-Pong Club  
3:00 p.m. Line Dance Class  
5:15 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club Operating Session

Tuesday, May 14

**Clubhouse I**  
9:30 a.m. Any Medium Art Class  
9:30 a.m. Garden Plot Group  
10:00 a.m. CLL Course: Advanced Conversational Spanish  
11:30 a.m. 9-Hole Ladies Golf Lunch  
1:00 p.m. CLL Course: Intermediate Conversational Spanish  
1:00 p.m. Amateur Radio Club  
1:30 p.m. E&R Event: La Serenata Performs Opera’s Love Duets  
1:30 p.m. Book Club Network: Non-Fiction  
5:00 p.m. Lawn Bowls Club  
6:00 p.m. Camera Club: Social and Business Meeting  
7:00 p.m. Trivia Club  
7:00 p.m. Duplicate Bridge  
**Clubhouse II**  
9:30 a.m. Beginner and Advanced Tai Chi Class  
10:00 a.m. LW Apple Club  
11:00 a.m. Mild Exercise Class  
11:00 a.m. Water Exercise Class  
11:00 a.m. Pickleball Club

12:30 p.m. Scrabble Group  
1:00 p.m. Non-impact Fusion Water Exercise Class  
1:30 p.m. Comedy and Humor Club  
2:00 p.m. Fitness Center Orientation Tour  
3:00 p.m. Parkinson’s Support Group  
4:00 p.m. Pickleball Club

Wednesday, May 15

**Clubhouse I**  
9:00 a.m. Gentle Yoga Class  
10:00 a.m. Applied Principles - Any Medium Art Class  
10:00 a.m. Rossmoor Library Guild General Meeting  
11:00 a.m. Short Story Group  
1:00 p.m. Oils, Acrylics and Miniatures Art Class  
3:00 p.m. New Resident Orientation  
6:45 p.m. Chicago Bridge  
7:00 p.m. Jewish War Veterans: Celebration of Israel  
**Clubhouse II**  
10:00 a.m. Zumba Gold Class  
11:00 a.m. Mild Exercise Class  
1:00 p.m. Chess Club  
1:00 p.m. Ping-Pong Club  
1:00 p.m. Aqua Fit Class  
2:00 p.m. Chair Yoga with Tai Chi Class  
5:15 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club Operating Session

Thursday, May 16

**Clubhouse I**  
9:00 a.m. Cannabis 101 Club: Clinic  
9:15 a.m. Stretch, Tone and Strength Training Class  
10:00 a.m. Painting is for Everyone Art Class  
10:00 a.m. CLL Course: Understanding Yourself and Others through Process Communication  
10:30 a.m. Stretch, Tone and Balance Class  
11:00 a.m. Writers of Leisure World  
12:30 p.m. Ladies’ Bridge  
1:00 p.m. Oils and Acrylics Art Class  
1:00 p.m. LWAAAC Healthful Thursdays  
1:00 p.m. Cannabis 101 Club  
2:00 p.m. CLL Seminar: America’s Abandonment of the Jews during the 1930s and 1940s  
2:00 p.m. Book Club Network: Thursday Readers  
6:00 p.m. Lawn Bowls Club  
**Clubhouse II**  
9:00 a.m. Senior Sneakers  
9:30 a.m. Beginner and Advanced Tai Chi Class  
10:00 a.m. Stitching Group  
11:00 a.m. Water Exercise Class  
11:30 a.m. Pickleball Club  
12:30 p.m. Men’s Bridge  
1:00 p.m. E&R Movie: “Pope Francis: A Man of His Word”  
2:00 p.m. Model Railroad Club Operating Session  
2:00 p.m. Mind-Body Exercise Club  
4:00 p.m. Pickleball Club  
4:00 p.m. Tap Dancing in a Chair Class  
4:00 p.m. Friends of India Association Meeting  
7:00 p.m. Vegetarian Society Meeting

Friday, May 17

**Clubhouse I**  
10:00 a.m. Book Club Network: Bookies  
10:00 a.m. Book Club Network: Searchers  
11:00 a.m. The Most Stunningly Beautiful Music Ever Written and How to Listen to It Class  
12:15 p.m. Kiwanis Club  
1:30 p.m. Watercolor Any Level Art Class  
2:00 p.m. Town Meeting Organization  
2:00 p.m. CLL Seminar: CPR Understood  
5:00 p.m. Hispanos de LW General Meeting  
7:00 p.m. Friday Duplicate Bridge  
**Clubhouse II**  
9:00 a.m. JRLW Discussion: Inter marriage and Judiasm  
1:00 p.m. Zumba Gold Class  
1:00 p.m. Ping-Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge Club  
4:00 p.m. Pickleball Club  
7:30 p.m. Fun and Fancy Theatre Group: “An American Treasure: The Best of Irving Berlin”

FREDRICK A. ISAACS, M.D., P.C., FACS  
BOARD CERTIFIED OPHTHALMOLOGIST

Latest Advances in Cataract Surgery including the Restor® & LenSx (Femtosecond)  
Treatment of Glaucoma & Macular Degeneration  
(Avastin, Lucentis & Eylea Injections)  
Complete Exams and Contact Lens Exams

Full Service Optical Shop  
Glasses, Sunglasses, Contact Lenses

We offer the latest diagnostic equipment for assessment  
of retinal disease and glaucoma.

ON PREMISES: Visual Fields, Cirrus HD - OCT,  
Fluorescein Angiography, Stereo Disc Photographs,  
Corneal Pachymetry and Topography.



3801 International Drive, Suite 208  
Silver Spring, MD 20906  
301-598-8500  
LEISURE WORLD PLAZA PROFESSIONAL BUILDING

EMERGENCY APPOINTMENTS AVAILABLE



# Perrie, LLC Presents

## Mother's Day Brunch

*Mother's Day Brunch Buffet on Sunday, May 12 from 10:00 a.m. – 3:00 p.m.  
in the Clubhouse I Crystal Ballroom. Buffet is \$25 per person*

- Scrambled Eggs
- Bacon and Sausage
- Fresh Fruit Display
- Assorted Danish, Croissants and Muffins
- Donuts and Cinnamon Rolls
- Corned Beef Hash and Cream Chipped Beef
- Ricotta Cheese filled Blintzes with Toppings
- Broiled Fresh Salmon
- Chicken Marsala and Rice Pilaf
- Sliced Beef Tenderloin
- Biscuits, Cheese Grits, Quiche and more...
- Coffee, Ice Tea, and Juices

*Call 301-598-1330 to make reservations*



Clubhouse Grille is now open Tuesday – Saturday: 4 p.m. – 9 p.m.

**Clubhouse Grille Hours:** Tues. – Sat.: 4 p.m. – 9 p.m.

**Stein and Terrace Room Hours:** Sunday: 9:30 a.m. – 8 p.m. | Mon. – Tues.: 9 a.m. – 8 p.m. | Wed. – Sat.: 9 a.m. – 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331



# CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

## ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (theatticllc.com) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC — I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

## REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a NEW REAL ESTATE PARTNERSHIP, Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to review our current listing choices, to see other available properties and to request a free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

## REAL ESTATE FOR RENT

FAIRWAYS NORTH, 1 bedroom, 1.5 bath. Model B. Beautiful, sunny, spacious, newly renovated apartment on sixth floor. Hardwood floors throughout. Ample closet space. Eat-in kitchen with window. Dining room with window. Separate space for washer and dryer. Enclosed glass sunroom. \$1,545, long-term lease. Non-smoker. One cat okay. Available May 2019. Please call (240-888-6942).

## FOR SALE

CLUB CAR (Precedent Electric) 2014. New batteries, new head/tail lights, HD rear springs, new tires, extended top installed, Doorworks Sunbrella with WindSeal kit installed, single-point water system with hand pump, 5-panel rear-view wide mirror, new windshield, turn signals. Bought in February 2018. Not used by this owner. Contact Vinetta (301-598-3248). Come to see and make offer.

FURNITURE FOR SALE. Best offer! Will send photos! Glass kitchen table — 4 chairs — \$195. Dresser — wood-framed mirror, \$295. Matching vertical armoire. Mirror-doors. Beautiful wood entertainment center — glass doors — space for TV — \$595. Ladder— \$25. Can arrange shipping. Steve (301-801-4693).

Inogen 3 PORTABLE OXYGEN Concentrator, includes 2 batteries, 1 car charger, 2 AC chargers, carrying case. \$2,000. Contact Janet in Leisure World at (202-531-7418).

## RETAIL SALES

SCHAEFFER'S PIANO COMPANY. Founded 1901, Fourth generation family ownership. New Kawai dealer. New and used pianos— Steinway, Kawai, Yamaha, Schaeffer. (schaefferspiano.com). (301-424-1144)

ORGANIC mattresses! Adjustable beds! Low low prices — Make offer, experts, warranty, highest quality latex or non-latex, GOTS-certified, delivery, non-pressure showroom. Treasure Barn Mattresses & Collectibles, 16650 Georgia Ave., Olney, (301-750-4164).

## CEMETERY PLOTS

GATE OF HEAVEN. Mausoleum building A, tier B: 24 and 25 companion shutter. 23 and 26 single crypts. Make offer: (941-661-0499).

## AUTO SALES

'97 CADILLAC. Sedan DeVille. White/blue leather, factory chrome wheels, MD-inspected, only 52,400

miles, \$5,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

'05 TOYOTA SOLARA. 2-door, convertible, V6, SLE, pearl-white, loaded with leather, aluminum wheels, all-power. Like new. MD-inspected. Timing belt and water pump done recently with receipts. \$7,900. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

## TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER is here: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.-10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text (301-933-8899). Email (Steve.Your.Driver@gmail.com).

CALL & RIDE — Doctors, airport, casino. Will pick up your groceries. Always on time. Over 100 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

DRIVER WITH CONCIERGE STYLE at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a 4-door Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any special assistance you may need. Call Ken at (508-612-9647).

## CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not

limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

“A” HOME HEALTH CARE for Senior Citizens — Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. “Care You Can Trust and Afford.” Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146).

ELDERLY CARE: Over 10 years' experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

CNA — with 25 years' experience. Seeking position to care for sick/elderly. Good references available Monday–Friday and weekends. Days or nights. Full/PT. Have my own transit. Call (301-442-9324).

CNA/COMPANION over 20 years' experience with the elderly. Available Monday through Friday days, nights or weekends. Full or part-time, live-in/out. Good references. Also available to travel out of state with my clients. Call (301-442-9324). Own transportation.

CAREGIVER WITH CNA license and 8 years' experience. Available to work daytime, nighttime and weekends, full-time or part-time. Have own transportation. (240-715-8189).

CNA WITH CPR LICENSE. I have been looking after elderly ladies and gentlemen since 1992. I would like a live-in and full-time position. I'm a good person and I smile. Call (202-702-5022).

ARE YOU LOOKING for a caregiver/companion for your loved one? I am available Tuesdays, Wednesdays, Fridays and Saturdays. Caring, loving, responsible and reliable person with good refs and rates. (240-552-4222).

CNA/GNA/MED TECH with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available full-time or part-time. Please call (240-252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

SERVING YOU HOME CARE: Our family serving your family. License



#R4289. We believe in a holistic approach to care: body, mind and emotion to achieve optimal health and wellness. 5-step wellness program: safety, nutrition, mental health, socialization, physical activity. (410-980-3145), ([www.servingyouhomecare.com](http://www.servingyouhomecare.com)), ([info@servingyouhomecare.com](mailto:info@servingyouhomecare.com)).

**WESAP NURSING SERVICES.** We support aging in place. Nursing care, personal care and non-skilled care. Services catered to individual needs. Advocate of equality. Call for free consultation (301-604-4201), (240-286-0778), ([wesapllc@gmail.com](mailto:wesapllc@gmail.com)), ([wesapllc.com](http://wesapllc.com)).

**I AM A CNA.** Licensed in nursing, RN in Philippines. 18 to 20 years' experience as a caregiver. Worked 3.5 years in assisted living and private duty for more than 15 years. Duties include personal hygiene, light housekeeping, shopping, meal preparation, dressing, errands, cooking, doctor's appointments, medication reminders. Own car. Dependable, loving, hard worker with excellent references. (301-820-0421).

**SPANISH-SPEAKING CAREGIVER** with over 5 years of experience is looking to provide in-home care services (live-in or live-out) for older adults. Preferably in the Leisure World community and in Spanish. Contact me at (301-580-0624).

**CERTIFIED NURSING ASSISTANT,** competent and compassionate with 6 years' experience doing private duty and in a nursing home. CPR, BLS, AED, CMT certified. Please call (301-316-8465).

**CERTIFIED NURSING ASSISTANT.** 9 years' experience. Very dependable, trusting and loving person. Have a car. Light housekeeping, doctor appointments and escort. Please call (301-204-4020).

**LICENSED CNA and CMT;** CPR and First Aid certified — My goal is to provide extraordinary care to the elderly. Over 11 years of experience in senior care. I've worked with residents, clients in assisted livings, retirement homes and in the comfort of their own homes as a private aide (hourly/live-in). Assisted seniors with their ADLs, light housekeeping, meal preparation, etc. I'm very dedicated, compassionate, energetic and patient. Looking forward to offering best care possible. Thank you! Professional reference upon request. Gertrude Ahey (240-467-4442)/([goldenjoy555@gmail.com](mailto:goldenjoy555@gmail.com)).

Looking for an **EXPERIENCED CAREGIVER** for your loved one? Reliable, affordable rates, with excellent references within and outside the Leisure World community. Experience and care

settings include 18 years caregiver, companion, hospice care, live-in/live-out. (240-483-8103).

**OVERNIGHT CAREGIVER** with more than 14 years' experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends and clients in facilities to group home members and privately cared-for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. Arafa (240-883-8933), ([brownzebra@hotmail.com](mailto:brownzebra@hotmail.com)). Availability: 10 p.m.-7 a.m.

**PROVIDING QUALITY AND AFFORDABLE CARE:** Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337).

**HI, MY NAME IS DENISE.** I have been a caregiver for my mother and father for many years. I am very patient and caring. Very reliable and responsible. Love to talk. I can also clean with a big smile. Please call me: Denise (301-237-8874).

**CNA/CMT** with 14 years' experience in nursing home, home care and supporting individuals with intellectual disabilities. Great driver with good record and familiar with places in Montgomery County. Available any time. (240-603-0866), ([naimathomas2@gmail.com](mailto:naimathomas2@gmail.com)).

I've been a **CERTIFIED NURSING ASSISTANT (CNA)** for the last 15 years. Can cook, clean, do laundry, accompany to doctors' appointments, (I drive and have a reliable car), do medication reminders. Have references. (202-492-4616), ([JaneKimango62@icloud.com](mailto:JaneKimango62@icloud.com)).

**PERSONAL HEALTH CARE AIDE — CNA** with many years of experience. Help with ADLs, driving to doctors, grocery, errands. Good references upon request. Contact Ruth at (240-476-7372).

I'm **MACNOLIA, CNA-CERTIFIED** young and energetic caregiver with 5 years' experience available to assist you and your loved ones. Clean driving record, background check, available weekend shifts. Please call (240-644-7120).

I'm **GIFTER, CNA/GNA/HHA** caregiver with 10+ years of experience ready to care for you and your loved ones. Clean driving record, background check, available for evening and overnight shifts. Call (240-705-3802).

**TEAM OF PROFESSIONAL,** qualified home health providers available 24/7. Mature, compassionate, kind and loving. For your loved ones—in the comfort of your home. Specialized in personal care, companionship, ADL, errands, light housekeeping and meal preparations. Call (410-205-3480).

A **BLS (Basic Life Support) -CERTIFIED CAREGIVER/CARETAKER.** Able to complete tasks such as daily motivations, transportation, cooking, cleaning, grocery shopping, organizing, companion care, CPR, landscaping, mechanical issues, etc. Offering personalized customizable care and assistance as needed for clientele. Depending on amount of tasks and time needed, pricing starts at \$13/hour. Please call Robert Dibble at (301-384-4216) or (301-221-6202) with

any questions. If preferred can also send an email at ([Cloud500@msn.com](mailto:Cloud500@msn.com)). Thank You.

#### HOME SERVICES

**KITCHEN AND BATHROOM Remodeling —** Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

**STAIR LIFTS:** Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

**CONTINENTAL MOVERS.** Local moving services. Free boxes. Local — long distance — hauling — pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) ([Cmora53607@msn.com](mailto:Cmora53607@msn.com)) ([www.continentalmovers.net](http://www.continentalmovers.net)).

**M.G.V. PAINTING & DRYWALL —** Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 years' experience. Insured. References in your complex. Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

**RELIABLE, EXPERT HANDYMAN:** painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

**SMALL MOVES AND TRASH-OUTS.** Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

#### CLEANING SERVICES

**R&G CLEANING SERVICES —** Small, family-owned business catering to you and your household needs. Friendly, reliable and



*Providing Private Duty Nursing Care...  
generation to generation*

(301) 890-7575  
3508 Greencastle Road  
Burtonsville, MD 20866-1940

[A1ActionNursingCare.com](http://A1ActionNursingCare.com)



trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

**ALICIA'S CLEANING SERVICES** – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

**HOUSE CLEANING** – 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

**MARIA'S HOUSE CLEANING**, FREE estimates, strong references, good rates. Experienced worker in LW for eight years. Call Maria (240-694-6547).

**CARE DRY CARPET CLEANING**. Experience the difference. Host dry extraction system. Green, clean and dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

**SPRING CLEANING**. It's that time of year... Contact Castle Cleaners LLC for sparkling cleaning service, using eco-friendly products. Also available: move-in/move-out services, closet, basement, attic, garage cleaning and organizing. (347-731-1802). Free quotes.

**CARPET CLEANING**. Reliable. All days of the week. Call Carlos (301-275-2757).

**HOUSEKEEPING AND ERRANDS**. Offering my services Monday to Saturday mornings. Reliable! Maria (202-340-5728).

#### COMPUTER HELP

**COMPUTER SERVICES** – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

**A+ COMPUTER SERVICES**. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

**COMPUTER LESSONS / SERVICES** – Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English – no technical talk! Shopping assistance

for all electronic and computer items Senior specialist since 1996. Call David at (301-980-5840). **COMPUTERTUTOR**

#### PERSONAL SERVICES

**PRESERVE YOUR FAMILY MEMORIES!** Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

**TIRED OF POLISHING** your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

**DAHLSTROM SENIOR SUPPORT SERVICES**. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. Assistance with Pet Care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I'm a 57-yr. old semi-retired Doctor, Leisure World Resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

#### NOTARIES

**NOTARY**, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

#### PET CARE

**DOG WALKING SERVICE** – Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Please call (301-598-3454) for more information.

#### DONATIONS WANTED

**HOUSING UNLIMITED, INC** is a non-profit organization that provides housing for people in mental health recovery. We accept

furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

**WANTED: CAR DONATIONS**. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

**BOOK DONATIONS WANTED** for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

#### JOB OPPORTUNITIES

**FEEL-GOOD PART-TIME JOB**. Are you bored? Want to feel good about what you are doing? Home Instead Senior Care is seeking a part-time Home Intake Coordinator who meets with seniors and their families in their home to explain our services, perform a non-medical intake process, and sign them on as clients. Additionally, the position conducts ongoing quality assurance home visits. Works Mondays and Tuesdays, 8:30 a.m.-5 p.m.; Wednesdays, 8:30 a.m.-noon. Must have flexibility to occasionally work outside of these hours. Requirements: Must love meeting people, be a team player, be resourceful, be computer literate with email and Word, and have a roll-with-the-punches type attitude. Must have your own car. Great training provided! Home services include companionship, meal prep, laundry, light housekeeping, errands, medication reminders, and personal hygiene assistance to seniors who want to age in their own home. Please send resume and salary requirements to (patty.mascari@homeinstead.com). No phone calls please.

#### ACTIVITY OPPORTUNITIES

**EXPERIENCED MAH-JONGG** player looking to start a friendly daytime game with flexible hours. Call Diane at (301-706-8141).

#### NOTICES

**KEEPING SENIORS SAFE** — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is



Ask for the  
**LEISURE  
WORLD  
PACKAGE**  
and receive a free gift  
**301.296.6864**

Pre-Paid arrangements available

<b>Just a Simple Graveside Funeral</b> (Winston 20 Gauge casket included)  <b>\$3595</b>	<b>Just a Simple Cremation</b>  <b>\$1595</b>
---	---

Other Package Plans Available



- Convenient
- Simple
- Dignified
- Affordable

**www.valuechoicebrand.com**  
1091 Rockville Pike | Rockville, MD 20852 | Email: info@valuechoicebrand.com  
Operating out of Sagal Bloomfield Danzanity Goldberg Funeral Care, Inc. Rockville, MD



part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

#### UPCOMING EVENTS

**THINK SPRING:** Auxiliary plant sale. The Village at Rockville Lutheran Home, 9701 Veirs Drive, Rockville, MD 20850. Saturday, May 4, 9:30 a.m.-1 p.m. Plants — jewelry — baked goods. All proceeds go to programs and activities for assisted living residents.

**ASIAN AMERICAN AUTHOR PANEL.** Saturday, May 4, 2-3:30 p.m., first-floor meeting room of Rockville Memorial Library, 21 Maryland Ave. Ginny Gong — "From Ironing Board to Corporate Board: My Chinese Laundry Experience in America," Jennifer Lin — "Shanghai Faithful: Betrayal and Forgiveness in a Chinese Christian Family," Scott Tong — "A Village with My Name: Family History of China's Opening to the World." Discussion, question-and-answer period, book sale, signing. Free.

**USED BOOK SALE** at Aspen Hill Library, Saturday, May 4 (International Star Wars Day), 10 a.m.-4 p.m., Aspen Hill Library, 4407 Aspen Hill Road. Over 8,000 books organized into over 35 subjects, ranging from science fiction to theater to history and politics, and everything in between. Lots of kids' books too. DVDs and music CDs also

available. Most of the stock has been received since our last book sale. Book, CD and DVD donations are welcome at the sale. For more information, call (301-871-1113) or email (aspenhill@folmc.org).

**GIANT CHESS** at Kensington Park Library. Saturday, May 4, 1 p.m. Find us in the parking lot, weather permitting, or in downstairs meeting room. 4201 Knowles Ave., Kensington, MD 20895.

**SONGS OF AFRICA.** Enjoy and actively participate in the "Songs of Africa." World renowned artist and educator Dr. Devonna B. Rowe will show us the game songs, story songs, and recreational songs of Ghana and Zimbabwe. Participants in the program will also take part in these songs and games. Free. All ages. Twinbrook Library, Saturday, May 11, 2-3 p.m.

**NIH CHAMBER SINGERS:** "Stories in Song." Hear the NIH Chamber Singers, a group of 17 musicians under the direction of Dwight Brock, as they present "Stories in Song". This spring concert of choral music will be enjoyable for both singers and listeners alike. The selections cross many styles, subjects and times, but each presents music in its best form. Free. All are welcome. Twinbrook Library, Tuesday, May 14, 6:30-7:45 p.m.

**MEDITATION FOR DAILY LIVING.** Kensington Park Library.

Wednesday, May 22, 6-7 p.m. Explore the power of meditation to help transform your life. There will be a short meditation sitting led by David Newcomb, long time meditator and Leisure World resident. Free.

#### WANTED

**CLUB CAR WANTED** for purchase. Batteries should be in good condition. Please contact John at (240-271-2821).

**OWNER LIVING IN GREENS II** (15100 Interlachen Dr.) is interested in renting or purchasing a garage space in that building. Please contact owner at (301-598-5953). Thank you.

**FAST CASH FOR USED CARS** — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

**WILL BUY MILITARY, WW2, WW1, Civil War memorabilia** items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

**CASH FOR JEWELRY:** gold, silver, costume, diamonds, coins (including

foreign), watches, stamp collections. (theatticllc.com) Gary (301-520-0755).

**TURN YOUR STERLING SILVER** and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

**CASH FOR RECORDS, CDs, and tapes.** Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@gmail.com). Will make house calls.

**BUYING JEWELRY, OLD COINS, antiques, gold, silver, old art, old toys, military items, wristwatches,**

## A World-class partnership.



### Leisure World trusts Family & Nursing Care as a premier resource for in-home care services.

Our relationships with residents and consistent top honors for integrity and great service earned us Leisure World's trust and endorsement.

Come meet Kelly Salb in our **new office in the Medical Center** and learn how you can benefit from home care now or in the future.



3305 N. Leisure World Blvd. [familynursingcare.com](http://familynursingcare.com) (301) 588-8200



# “Unlimited” in more ways than one

For cash back credit card enthusiasts, the Signature Visa<sup>®1</sup> card from Signal Financial delivers.



**5%** unlimited cash back on home-related purchases for the first 12 months<sup>2</sup>

**2%** unlimited cash back on all purchases, every day<sup>3</sup>

— EVEN MORE REASONS TO LOVE THE SIGNATURE VISA CARD —

**Introductory 0% APR<sup>4</sup> on all purchases, cash advances, and new balance transfers for the first 6 months after card activation.** After 6 months, the standard variable rate, 12.00% – 14.00% APR, will apply.

**Introductory \$0 fee<sup>5</sup> on new balance transfers & cash advances for the first 6 months after card activation.** After the intro period, a fee of 2.5% or \$10 will apply.

**No annual fee.**

**No foreign transaction fee.**

**Ongoing 0% APR<sup>5</sup> on new balance transfers & cash advances for the first 6 months after transfer/advance** with a fee of 2.5% or \$10, whichever is greater. After 6 months, the standard variable rate, 12.00% – 14.00% APR, will apply.

## Apply today

[signalfinancialfcu.org/signaturevisa](https://signalfinancialfcu.org/signaturevisa)

  
**signalfinancial**  
Federal Credit Union

<sup>1</sup> Member must meet credit guidelines to be approved for the Signature Visa credit card. Annual Percentage Rate (APR) for the Signature Visa credit card may vary and not all applicants will qualify for the lowest rate. The interest rate for purchases and cash advances is determined by the Prime Rate published in the Money Rates section of the Wall Street Journal. If the prime rate has changed on the last day of the quarter, your APR will change within the first fifteen (15) days of the next quarter. Minimum interest rate for the Signature Visa is 12.00%; maximum interest rate is 14.00%. Interest rates for the Signal Visa Signature consist of the Prime Rate + margin and depend on the member's creditworthiness. Rates, benefits, and fees are subject to change at any time without notice. Cash back benefits apply only to purchases made with the member's Signature Visa credit card. Member must be in good standing to receive cash back benefits. Cash back will be removed from the member's account if the qualifying purchase is returned/refunded. Cash back is credited to the member's credit card account at the end of each billing cycle.

<sup>2</sup> Promotional 5% cash back offer available on new Signal Financial FCU Signature Visa credit cards for the 12 months after card activation. For existing cards, offer is available from April 8, 2019 to April 7, 2020. After 12 months, the cash back returns to the standard cash back rate of 2% for all purchases. 5% cash back will be given for purchases made at qualifying merchants in the categories of home improvement, home decor, and home repair. Call 301-933-9100 if you have questions about qualifying purchases.

<sup>3</sup> 2% cash back is a standard feature of the Signature Visa credit card and applies to all valid purchases made with a Signature Visa credit card, subject to other restrictions.

<sup>4</sup> APR=Annual Percentage Rate. 0% APR on all purchases, balance transfers, and cash advances for the first 6 months after card activation. Rate for any remaining purchase, transfer, or cash advance balance will revert to the standard variable rate, 12%–14% depending on creditworthiness, after the first 6 months. Refer to your most recent statement for your current standard variable rate. No balance transfer fee or cash advance fee will be charged for the first 6 months after card activation. For any new balance transfers or cash advances initiated 6 months or more after card activation, a fee of \$10 or 2.5% of the transfer/advance (whichever is greater) will apply.

<sup>5</sup> APR=Annual Percentage Rate. 0% APR on all balance transfers and cash advances for the first 6 months after the transfer/advance. Rate for any remaining transferred/advanced balance will revert to the standard variable rate, 12%–14% depending on creditworthiness, after the first 6 months. Refer to your most recent statement for your current standard variable rate. No balance transfer fee or cash advance fee will be charged for the first 6 months after card activation. For any new balance transfers or cash advances initiated 6 months or more after card activation, a fee of \$10 or 2.5% of the transfer/advance (whichever is greater) will apply.

Federally insured by NCUA.