

# Leisure World News

## OF MARYLAND

May 17, 2019 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

## Exploring the Pleasant Sensation of Needles

### Doctor of Acupuncture Offers Services at the Medical Center

by Kimberly Y. Choi,  
Leisure World News

With five years of postgraduate study in acupuncture, Minh Nguyen, a doctor of acupuncture, brings her practice to the MedStar Health medical center.

Nguyen's patients most commonly approach her seeking relief from pain. She has also seen military veterans with PTSD and other patients with mental disorders.

Leisure World resident Leminh Dinh made an appointment with Nguyen when after three years she had found nothing else to relieve the pain of her knee arthritis. She can only stand for five minutes at a time, making it difficult to cook for herself, and she can no longer exercise or keep a garden.

Today is her third session. While her arthritis is not yet gone, she finds peace in the gentle procedure and plans to continue.

After her first session, Dinh felt feeling return to her feet, which are often numb because of high blood pressure. She says her blood pressure has lowered since beginning treatment, even though she didn't take any new measures to improve the condition.

A new patient recently limped into another of Nguyen's offices with a cane. The next week, after her first acupuncture session, she came back without the cane, saying, "I can walk now." Other

patients were able to stop taking depression medications after a course of treatment.

Many of Nguyen's patients have been seeing her long-term beyond the duration of their symptoms. "At first they come for pain," she says, "but now they come because they want to feel good."

Dinh's daughter, Chauthi Nguyen, sees her mother's reaction to the treatment and wishes more older people knew about acupuncture. "It's very applicable for old age," she says. "Most people don't know, but for us, we think it's helpful."

#### Old Beliefs, Modern Results

Dinh is hopeful that acupuncture will bring her relief. She was recommended acupuncture by her niece, who reports having completed a course of treatment nine years ago and having been free of her arthritic pain since then.

According to Nguyen, acupuncture is said to not only relieve symptoms but also treat their underlying causes.

She explains that piercing the skin stimulates the immune system, similar to how a cut draws white blood cells to the site of the wound, helping the body heal. It also purports to promote circulation, quieten the sympathetic nervous system response, cause the release of endorphins and influence

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## Rewinding 75 Years

### As Americans Prepare to Honor the Fallen on Memorial Day, a Veteran Remembers his Service



In the black and white photo above, Howard Trowern (kneeling, second from left) poses with the only other surviving members of his platoon on V-E Day, May 8, 1945, courtesy photo. Inset: Trowern recounts his memories of World War II. Photo by Stacy Smith, Leisure World News

by Stacy Smith, Leisure World News

Considering the sheer volume of photos that hang in World War II veteran Howard Trowern's Turnberry Courts home, it's possible to miss the one that is most unforgettable.

It pictures Trowern, baby-faced and in combat uniform, bending down alongside the only other men from his platoon who made it out of the war alive – just seven out of 42 soldiers.

The photo was taken on May

8, 1945, known as V-E Day or Victory in Europe Day, when Nazi Germany surrendered to the Allies. Celebrations erupted across the Western World.

Barely out of his teenage years then, an injured Trowern was on the Champs-Élysées, the famous Parisian avenue, "limping along on a beautiful, spring day," when a French girl bounded across the street, kissed him and said, "La guerre est finie" (the war is finished).

Next year marks 75 years since the end of the war. In celebra-

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For an update on the strategic planning process, see page 3.

## Spotlight on...

# Friends of India Association

by Kimberly Y. Choi,  
Leisure World News

One of Leisure World's newest clubs is the Friends of India Association, which, according to Gopal Kukke, gives its members the opportunity to "help others, no matter where they come from, and continue exchanging our cultural habits."

The Association invites all residents to its Spring Festival, which takes place Saturday, June 8, from 5-7 p.m. in the Clubhouse II auditorium. For more information, see the Events and Entertainment section of this publication.

Like Diwali, which members and non-members celebrated in fall 2018, India's Spring Festival has religious origins but is also observed secularly. The Association focuses on the cultural and fun aspects of festivals, so religious belief is not required.

### Activities — and Spices

The Friends of India also plan to hold lectures, host performances and screen Bollywood films, all open to non-members. Last year, they partnered with the Center for Lifelong Learning to invite the prominent spiritual leader Sri M, drawing a sizable audience.

They are also interested in service projects and are open to participating in other clubs' volunteer efforts. "As Indians, we have this ethos of taking care of our family," says vice president Kavita Kapur. "We want to have the same thing here because Leisure World is a big family for us."

When not holding special events, members gather to talk and play games, perhaps over some namkeen, a crunchy, spicy snack, and a cup of hot masala tea.

Kapur tells with a laugh that before the Association began, she and her husband, Pradeep, noticed the smell of delicious coffee emanating from a room of Clubhouse II. They discovered it was Italian coffee made by members of the Italian Club, which sparked the couple's desire for their own cuisine.

"We were thinking we definitely need some Indians coming here!" she says. Now, indeed, she has a group with which to regularly share her own ethnic foods.

"I think food is a great connector," she says. "It's a very strong and very important part of our cultural heritage." She says many Diwali attendees who weren't Indian were enticed by and enjoyed the opportunity to taste something new.



Friends of India Association attendees pass around burfi or peda, a soft sweet made of dried milk, and other snacks.

### Befriending India

Ambassador Pradeep Kapur says the U.S. and India, as two of the most significant democracies in the world, will have many dealings with each other in the decades to follow, so it is important to promote friendship between the nations. He sees the Club as a way to encourage a strong relationship on the personal level.

President Nalini Kukke believes the Association has been successful at this mission. She says Indian cultural events in the U.S. play an important role in fostering understanding, and she was very pleased to see at the Diwali event many people

without Indian heritage who came to learn about the culture.

Part of the culture members speak of is the spirit of helpfulness. Anna Prasad says being in the Association is "like being with family," in that members freely call upon each other outside of meetings for help and companionship, including in times of need.

"We want to take that part of our culture, which we are very proud of, to the mainstream Leisure World," she says.

The Friends of India Association is open to all residents. Its regular meetings are on Thursdays from 4-7 p.m. in Clubhouse II.

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## Leisure World News OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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# Strategic Planning Survey Expected for June

by Arthur N. Popper  
and Phil Marks

Many people have asked about the status of the strategic planning survey since it is, admittedly, a bit overdue.

The delay results from the Special Strategic Planning Committee's (SSPC) attempts to make the survey as useful as possible in order to provide the community with reliable information about itself and enable the community to use the results to position Leisure World as a vibrant and sustainable commu-

nity for years to come.

The SSPC has been working closely with George Mason University consultants to develop the survey, and the Committee anticipates it will be mailed to residents the second week of June (self-addressed, stamped envelope provided for return). It will also be online for those residents who prefer to respond that way.

Remember that the survey is the first step in a multi-part effort to obtain community input. That is, the results of the survey will be used for extended discussions in focus

groups, town hall meetings and a retreat.

The survey will take about 30 minutes to complete. Questions will cover several areas, including: (a) demographics to learn about the make-up of the community; (b) use of current amenities; (c) value of having these amenities available even if the respondent does not use them; (d) amenities that residents would like to see at Leisure World; and (e) questions about general life at Leisure World, including communications, governance, security, accessibility and more.

The survey's final question is open-ended; residents may use it to write about any topic pertaining to Leisure World.

It is imperative that all residents and non-resident owners respond to the survey so the community obtains more information about the interests and needs of residents. This data will allow the community to make decisions for Leisure World based on residents' interests and needs rather than anecdote and speculation.

The SSPC will continue to keep residents informed as the project develops.

## ■ Inter-Faith Missions Committee

# June 10: Bedding Collection for A Wider Circle

by Bonnie Bonner

It's spring cleaning time, which means residents are once again asked to look through their closets and consider what they can donate to A Wider Circle.

The Inter-Faith Missions Committee sponsors its 10th annual bedding collection on Monday, June 10, from 9 a.m.-3 p.m. Residents may drive through the Chapel portico to drop off donations of towels, bed sheet sets, comforters, blankets, kitchen

towels and tablecloths that are in good condition with no rips or stains.

A Wider Circle focuses on providing basic need items, workforce development and long-term support to create lasting change in the lives of the families they serve, which often includes those transitioning out of homelessness, fleeing domestic abuse or otherwise living without the essentials of life. For many, A Wider Circle is the only resource for turning empty spaces into comfortable homes.

A Wider Circle considers the donations as long overdue and well-deserved gifts to the families they serve. When you give items, please think of your donation in the same way. If you were starting your home anew, would you want that item?

A Wider Circle uses the phrase "dignity condition" to describe their minimum standard of no

rips or stains. Consider donating the best of what you have to someone who may have very little.

The Committee's collection drive is for bedding and linens only. Residents who would like to donate furniture or kitchen items should contact A Wider Circle at (301-608-3504) or ([www.awidercircle.org](http://www.awidercircle.org)) to arrange a pickup.

## Golf Lounge Gets Makeover 'Par' Excellence



The golf lounge located between the golf course and pro shop has a new look. Mutual 25 (Creekside) recently donated tables and chairs to the lounge, and new carpet has been installed throughout. Golfers and non-golfers alike are welcome to stop by and have a look. Photo by Leisure World News

## Where in Leisure World?



Though lacking some of her male counterpart's glossy, dark blue sheen that is the trademark of her species, this brown female is nonetheless a noteworthy visitor around Leisure World at this time every year.

But who is she, and whereabouts does she make her home? The answers will appear in the next edition of Leisure World News.

— Leisure World News

# Acupuncture

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neurotransmitters.

The locations of the acupuncture points, which are not necessarily where symptoms are felt, originate from old Chinese beliefs about how the movement of blood affects the body.

With acupuncture's roots in such an old understanding of medicine, not everyone believes in it. "I tell them just give it a chance because there's no side effect," Nguyen says.

She introduces skeptics to a 15-minute sample of acupuncture in which she encourages them to relax and puts needles in the acupuncture points in their ears. "Usually," she says, "they'll be a convert after that treatment."

## Restful Treatment

Dinh comes to each appointment eager for the sense of serenity. She finds the procedure and the atmosphere of Nguyen's office so calming that she falls asleep in the examining chair.

Acupuncture needles are not painful, according to Nguyen;

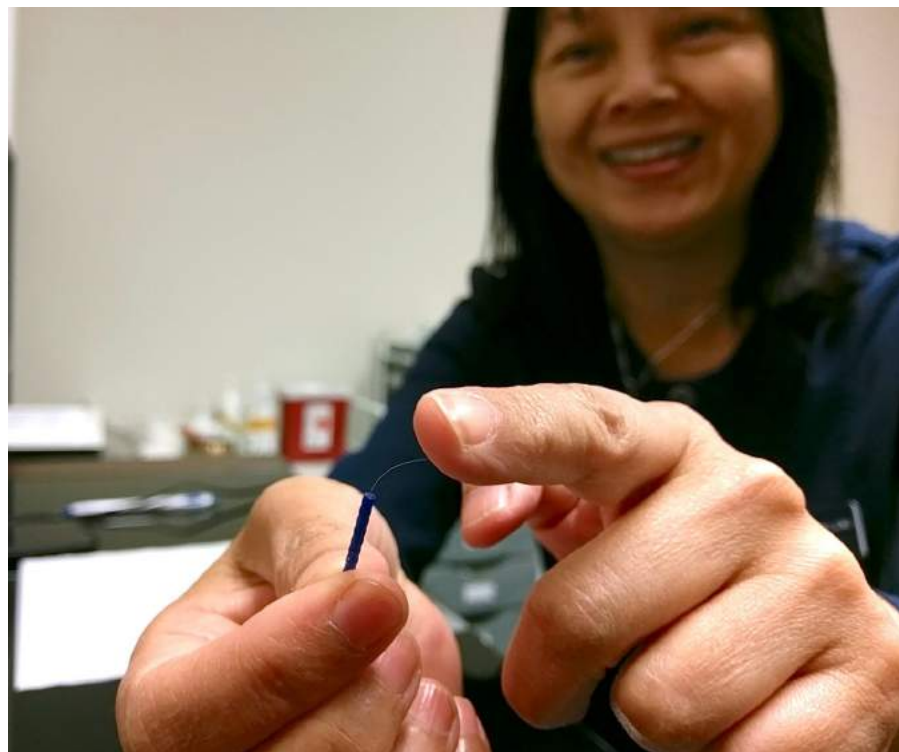
they are thinner than the needles used for injections and feel like little more than a touch.

Still, for those who fear needles, Nguyen sticks to the other ways of stimulating acupuncture points: she may affix a small chia seed to the point, shine a laser at the point or massage it with an essential oil. Essential oils have the additional effect of relaxing patients with their fragrances.

Nguyen also co-founded a clinic named Mindfulness Community Acupuncture based in Suitland, Maryland. The name derives from her belief in the importance of mindfulness, or awareness of the present moment, for happiness.

According to her, mindfulness is ideally a component of an acupuncture session, and exercising mindfulness in life is beneficial to patients' mental well-being.

In addition to applying needles, Nguyen works with patients to improve their holistic health. She may recommend dietary or lifestyle changes, teach breathing techniques or suggest acupuncture points that people can



Dr. Minh Nguyen flexes an acupuncture needle to show patients don't need to be intimidated. The needle is very thin and feels more like a touch than a prick. Photo by Kimberly Y. Choi, Leisure World News

stimulate on their own through massage. She advised Dinh to bathe her feet in hot water to increase circulation.

## Planning for Healing

Nguyen says it takes on average six to eight sessions to treat a problem, but patients often notice improvement after two or three.

Her treatment does not attempt to replace or contradict a patient's conventional therapy. Although some patients seek acupuncture to decrease their dependence on medication, reducing medication is in the purview of their primary doctors.

She characterizes her approach as integrative medicine: she

works with the patient's physician to develop a plan for the patient that works with conventional medicine instead of conflicting with it. She believes patients should be treated with the best knowledge from both conventional and traditional Eastern systems.

Nguyen shares her office in the medical center with fellow acupuncturist Gail Koffman, who began working at Leisure World last year.

To make an appointment, Nguyen can be reached at (240-401-4155) or (minhn@mindfulnessca.org), and Koffman at (301-960-9826). Nguyen accepts several insurance plans.



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# Let Freedom Ring at this Year's July 4 Parade

by Leisure World News

**M**ake plans now to attend the annual July 4 parade and festivities, and be sure to invite friends, family and grandkids – you won't want to miss this one!

This year's program is jam-packed with fun for all ages. Resident DJs Ernie and Karen Poland, perennial music favorites at many Leisure World gatherings, will pump up the crowd as folks mingle and enjoy complementary face paintings, temporary tattoos and photo ops with some of our nation's historical heroes and heroines.

When the parade starts, watch as Leisure World's clubs, groups, organizations and mutuals wind their way down Leisure World Boulevard, and cheer on your favorites. Pet owners who'd like to join in the fun are asked to show off their creatively

costumed pets, with a prize awarded to the most patriotic of the pack.

And long-time football fans are in for a real treat when former Washington Redskins defensive end Dexter Manley, known as "the Secretary of Defense," waves from the parade line and stops by to say hello!

After the parade, join your neighbors and friends in the Veterans Park circle as guest speaker Chris Gordon, reporter for NBC4, takes to the podium.

## Come March With Us

Club, group, organization and mutual board presidents and leaders who would like their group to march in the July 4 parade must fill out an entry form, available at the Clubhouse I E&R office.

Don't delay; the deadline to return completed forms to the Clubhouse I E&R office is Monday, June 10.

# Board to Consider Tentative Comcast Contract

by Leisure World News

**A** draft of a contract for bulk internet service with Comcast will be presented to the Leisure World Community Corporation (LWCC) board of directors in late May for their consideration.

Once management finalizes the terms of the contract, the LWCC board is expected to vote on the agreement at its regular Tuesday, June 25, meeting.

If approved, onsite installation in the community is expected to begin in July, with Comcast technicians likely to begin entering residents' homes to install equipment

this fall.

## In Negotiations

Several services and equipment are being negotiated as part of the agreement, including high-speed internet (400Mbps/10Mbps), high-definition cable television channels, access to video on demand and a wireless gateway modem that allows for voice command and access to "a la carte" services.

Additionally, VoIP telephone service, which would allow for long-distance phone calls to many nations outside the U.S, may be included.

More information will be forthcoming.



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# Service

◀ from page 1

tion of that anniversary, a flyover of the National Mall in Washington, D.C., with World War II-era planes is planned for Friday, May 8, 2020.

Trowern says it's hard for him to believe that so much time has passed, because his memories from the war are just as vivid as they ever were.

## Across the Atlantic

He was just 16 when he enlisted in the Army, but he told the officers he was 18 to ensure they would take him. After training he loaded onto the RMS Queen Elizabeth with 16,000 other British and American servicemen heading from New York City to Britain.

He found himself fighting with the 87th Infantry Division alongside the Scottish regiment, the 51st Highland Division of the Black Watch. Although the Infantry Division was understrength according to Trowern, its troops moved around constantly, giving the German soldiers the impression that they were up against thousands more men than were actually fighting.

He recalls during one attack after the Scottish readied their bagpipes, "the Germans fired three or four shots and ran off. I said, 'Why are they running?' And this one [Scottish] looked at me and smiled and said, 'They remembered our daddies from the first war.'"

Because Trowern speaks German, a language he picked

up from his maternal grandfather, he sometimes served as a liaison between German prisoners of war and the Scottish, though he admits with a chuckle that he often found the Scots' thick brogues more difficult to decipher.

## Same Fight, Different Places

From Scotland, he traveled through France, Holland and Luxembourg and then down to Italy.

"We'd fight every day. We were with [Gen. George S.] Patton's Third Army," Trowern says. "And Patton did not believe in defending; we wanted to attack every day. We got to the point where if we didn't attack, we got concerned. We had a very high casualty rate."

Trowern himself was wounded three separate times throughout the war. One bullet shot clear through his helmet.

"All of a sudden I was lying on the ground and my head hurt. I'd been shot in the head," he says.

When he came to, he was in an open field with shots firing all around him. He considers himself lucky to be alive, and still has the helmet that saved his life.

## 'Go Get Them'

By the end of 1944 Trowern was in Belgium, where he fought



Trowern still has the helmet he was wearing when he was shot; the bullet hole in it is still clearly visible. Photo by Stacy Smith, Leisure World News

in The Battle of the Bulge, the last major German offensive campaign on the Western Front.

"They'd told my battalion we were going to assault The

Rhine, and that my company was going to lead the assault, and I was going to lead the company," he says.

He asked the company commander for the location to attack, and the commander,

not one to lose his sense of humor under pressure, handed Trowern a scrap of paper with a big arrow scribbled on it and the words, "They're up there; go get them!"

The Battle of the Bulge was costly for the U.S. Army, which suffered some 75,000 casualties. But it also marked a turning point in the war. By

the end January 1945, American units had retaken all the ground they had lost, and it was only a matter of time until Germany would admit defeat.

## At War's End

Shortly after Trowern returned to the West Coast to prepare for the invasion of Japan, the U.S. dropped atomic bombs over the Japanese cities of Hiroshima and Nagasaki, effectively ending the war.

Trowern was part of a six-man honor guard that marched down New York City's 5th Avenue in celebration of the U.S.'s victory. Although wounded and in a wheelchair, he can still remember the pride and joy that swelled within him that day.

"I was young, and I didn't have any scarring experiences. I got shot, but a lot of us got shot," he says.

"But at least we knew that we were fighting for something; the country was unified; we wanted to win, and we, well — , Trowern pauses.

"We just got together and did it."

*"I was young, and I didn't have any scarring experiences. I got shot, but a lot of us got shot."*

— Howard Trowern

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# May 25: Outdoor Pool Opens for Summer 2019

from the Education and Recreation Department

The outdoor pool and locker rooms are open daily from Saturday, May 25, through Monday, Sept. 2, Labor Day.

The outdoor pool is free for all residents, but residents are asked to present their Leisure World ID before entering the pool area.

All guests must have passes and be accompanied by a resident.

Daily guest passes for the outdoor pool are \$6 for adults and \$3 for children.

Outdoor pool lockers are available to rent for \$15 for the season.

Children age 4-16 may swim from 10 a.m.-1 p.m. daily and on the first Sunday of the month from 10 a.m.-3 p.m.



Photo by Leisure World News

## Outdoor Pool Hours

Monday-Friday	10 a.m.-8 p.m.
Saturday-Sunday	10 a.m.-7 p.m.

\* Pool closes at 6 p.m. on Thursday, July 4, Independence Day, and Monday, Sept. 2, Labor Day.

## GOOD TO KNOW: POOL PARTICULARS



Photo by Leisure World News

Pool hours are subject to change. Watch Closed Circuit television channel 972, call (301-598-1313) or check (residents.lwmc.com) for schedule changes because of inclement weather.

For more information, including a complete list of pool rules and regulations, visit (residents.lwmc.com)

and click on "Swimming Pools" in the Amenities & Services dropdown menu.

A copy of the pool rules and regulations is also available at both clubhouse E&R offices and is posted at the outdoor and indoor pools.

Still have questions? Call (301-598-1300) or (301-598-1320), or stop by either clubhouse E&R office.

# SPRING ON IN! OPEN HOUSE

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# What You Should Know About the Montgomery County Commission on Common Ownership Communities

Montgomery County recognizes that a substantial proportion of all its citizens now live in condominium, cooperative and homeowner associations, generally called “common ownership communities.” In order to better serve the special needs of these communities, to act as their advocate and to maintain and improve the quality of life in these communities, the County created the Commission on Common Ownership Communities. The Commission operates under the authority of Chapter 10B of the Montgomery County Code.

## The Commission has three basic duties:

**Education:** The Commission provides free information both to members and to governing bodies about their rights and duties under Maryland law, as well as advice on how to properly operate the association and avoid complaints. Among other tools, it offers a “Community Manual and Resource Guide” for boards of directors, and detailed information on such topics as architectural control, assessments and meetings – all of which can be found on the Commission website.

The Commission publishes a newsletter summarizing recent developments affecting common ownership communities.

Commissioners will also speak to communities and their boards on request and welcome invitations to do so.

**Legislation:** The Commission advocates for common ownership communities concerning proposed laws and regulations at the local and state level.

**Dispute resolution:** The Commission can hear and resolve certain disputes between members of the communities and their governing bodies, and its decisions are legally binding on the parties. Copies and easy-to-read summaries of its decisions are posted on its website and reviewed in its newsletter.

The Commission is composed

of 15 volunteers who are appointed for three-year terms. Eight members must be residents of common ownership communities and the other seven must be professionals who work with the communities, such as property managers, lawyers, developers and realtors. Every fall, the County publishes a request for applicants to the Commission to replace those whose terms are due to expire.

For more information on the Commission and its services, visit its website at ([www.montgomerycountymd.gov/ccoc](http://www.montgomerycountymd.gov/ccoc)). If you have questions or need advice, the CCOC prefers to be contacted by email at ([CCOC@montgomerycountymd.gov](mailto:CCOC@montgomerycountymd.gov)).

To sign up for an eSubscription to receive information about CCOC news and events, visit (<https://montgomerycountymd.gov/DHCA/housing/commonownership/index.html>) and scroll to the bottom of the page. Enter your email address in the text bar under “eSubscription,” and follow the prompts.

## The Rights and Responsibilities of Owners in Common Ownership Communities

The Commission on Common Ownership Communities adopted these 12 principles or ‘best practices’ founded on Maryland law and often included in most association bylaws and covenants. Common ownership communities (such as condominiums and homeowners associations) play a valuable role in Montgomery County, Maryland, and generally operate amicably through the voluntary efforts of a board of directors, who are authorized to act in the best interests of the community. The Commission on Common Ownership Communities hopes these principles will assist residents and boards of directors to improve the quality of life and the conduct of self-governance in common ownership communities in Montgomery County and elsewhere.

1. You have the right before buying a home in a common ownership community to be informed of the community’s governing documents, financial condition, assessments and fees, and its rules and regulations. You have the duty to ask for this information from the seller, to read and understand it and to obey these rules if you buy the home.

2. You have the right to be treated with respect by your neighbors and by the directors and managers of your community. You have the duty to treat your neighbors, directors and managers with respect.

3. You have the right to privacy consistent with the law and the reasonable rules of the community. You (and your tenants, if any) have the duty to respect the rights of your neighbors to enjoy their privacy.

4. You have the right to prompt and effective service from your association’s directors or management. You have the duty to pay your assessments on time.

5. You have the right to vote in elections, on the adoption of new rules, and on the assessments, when permitted by law or community rules. You have the duty to inform yourself of the issues and to vote on them.

6. You have the right to fair elections and to run for office. You have the duty to make sure that elections are fair and that candidates for whom you vote are qualified.

7. You have the right to honest and reasonable government from your elected board and the managers it chooses. You have the duty to participate in the affairs of the community by volunteering your time and talent as needed and by informing yourself of the board’s activities.

8. You have the right to be informed of your community’s acts and financial condition and to inspect its books and records. You have the duty to know and understand its rules and to provide to the community any

information required by the rules.

9. You have the right to meet with your fellow owners to discuss the community’s and the board’s conduct. You have the duty to obtain the information necessary to form a fair and balanced opinion and to promote positive solutions for the good of the community.

10. You have the right to fair treatment if you are charged with a violation of the community rules. This includes the right to know what rule is involved and to a fair hearing. You have the duty to respond to any such claim promptly and honestly, and to cooperate in good faith and without resorting to personal verbal attacks in an effort to resolve the dispute.

11. If you are unable to resolve disputes directly with your community, you may have the right to bring your dispute to the Commission on Common Ownership Communities where it can be resolved without the need for expensive litigation. You have the duty first to bring your dispute to the attention of the community’s board of directors and to allow the board a fair opportunity to respond, and to use whatever dispute resolution procedures your community requires. If you bring your dispute to the Commission, you have the duty to cooperate in the Commission’s complaint process and to treat other parties with respect.

12. You have the right to architectural and other rules (such as parking or pets) that are properly adopted and published, that are clear and reasonable and that are fairly and consistently enforced. You have the right to seek changes to any rules that you believe are obsolete or inappropriate. You (and your tenants, if any) have the duty to obey the rules, to follow the proper procedures to obtain permission for the modifications you wish to make and to keep your home clean, attractive, safe and free of trash, pests and other nuisances.

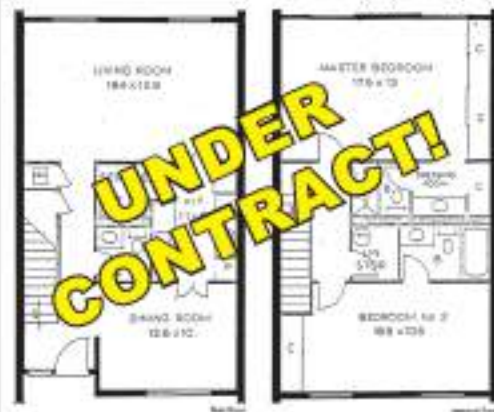




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# GOVERNANCE & Information

## HOLIDAY SCHEDULE

Monday, May 27, Memorial Day

Administration ..... Closed

### CLUBHOUSE I

Education & Recreation ..... 10 a.m.-6 p.m.  
Eyre Travel..... Closed  
Rossmoor Library ..... Closed  
Clubhouse Grille ..... Closed  
Stein Room ..... 9 a.m.-8 p.m.  
Terrace Room ..... 9 a.m.-8 p.m.

### CLUBHOUSE II

Education & Recreation ..... 8 a.m.-8 p.m.  
FISH Desk..... Closed  
Fitness Center ..... 4 a.m.-9 p.m.  
Swimming Pool (Indoor)..... Noon-8 p.m.

### OTHER SERVICES

Golf Course & Pro Shop ..... 8 a.m.-7 p.m.  
MedStar Health ..... Closed  
MedStar Pharmacy ..... Closed  
Physical Properties Department (PPD) ..... Closed  
Post Office ..... Closed  
Security Gates ..... Open  
Signal Financial Federal Credit Union..... Closed

**Shuttle Buses:** No shuttle service. Call Main Gate for supplemental transportation.

**Trash/Recycling Collection:** No trash or recycling collection. Trash collection will be on the next regular day for your location.

## Pay Attention While Driving to Prevent Accidents

from the Security and Transportation Advisory Committee

Residents can probably remember the challenges presented to them when they learned to drive: depress the clutch in order to shift gears (and do it smoothly); struggle with a large steering wheel (with no power assist); and press hard on the brake pedal to stop the car.

While some of the mechanics of driving have changed, one thing that has not is the importance of paying attention to the road and watching out for pedestrians.

Talking or texting on a cell phone, eating or drinking, applying make-up

or shaving or engaging in lengthy conversations with passengers may all result in distracted driving.

Part of paying attention while driving is anticipating what other drivers might, or might not, do. Residents have probably heard the expression, "Expect the unexpected."

This is where those few extra seconds can come in handy. For example, when seeing a pedestrian on the side of the road at the entrance to a crosswalk, think to yourself, "I need to stop to give them the right-of-way."

That's the smart thing to do. Let's all give them a 'brake!'

Dial 301-598-1313  
for recorded Daily Events

## 2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

**Executive Committee Meeting** The June 14 meeting airs on June 19, 20 and 21.  
**Board of Directors Meeting** The May 21 meeting airs on May 27, 29 and 31.

## Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com
- Administration - administration@lwmc.com
- Communications - communications@lwmc.com
- Education and Recreation - recreation@lwmc.com
- Physical Properties - physicalproperties@lwmc.com
- Security - security@lwmc.com

## June 8: Community Shredding Day

by Leisure World News

Time to shred! Leisure World is hosting a Community Shredding Day on Saturday, June 8, from 10 a.m.-1 p.m. Shredding trucks will be located in the parking lot of the Administration Building.

This is a great opportunity to reduce paper clutter in your home and free up space by permanently destroying outdated or unwanted files and documents. You can bring your papers and watch them get destroyed on the truck right in front of you.

**Do not bring the following items:** newspapers, brochures and magazines that go in your regular recycling; batteries; media of any kind; hanging folders; or large metal objects.



Photo by Leisure World News

# County Offers Energy Efficiency Program

by Radha Pillai

At April's Energy Advisory Committee meeting, one of the guest speakers, Derek McDaniels, talked about the Montgomery County Energy Efficiency Program.

Energy efficiency has a number of short- and long-term benefits, including money savings and environmental conservation.

The County's program started in June 2018 with a \$2.4 million budget. So far approximately \$680,000 in efficiency upgrades have

been awarded with about \$1.7 million in efficiency upgrades to be awarded. The anticipated end of the program is July 2020.

Under this program, residents may be eligible for various energy efficiency upgrades throughout their home, including:

- upgrades to major home appliances, such as refrigerators, washers and dryers and dishwashers
- attic insulation
- heating and cooling upgrades
- water heater replacements

- LED light bulbs
- programmable thermostats
- solar powered attic fans
- chimney sealing

**To qualify for the program, residents must:**

- own and occupy the home where the services are requested
- be an individually metered Pepco customer
- have a gross income below \$52,550 for a one-member household and \$7,500 for each additional member

Master-metered residents

are not eligible. McDaniels confirmed that the high-rises qualify because they have individual meters. By that standard, The Regency, Villa Cortese and Creekside should qualify as well.

For an application, visit ([www.habitatmm.org/montgomery-county-energy-efficiency-program/](http://www.habitatmm.org/montgomery-county-energy-efficiency-program/)). For further information, call Gary Christopher, director of weatherization for the Community Action Council of Howard County, at (410-313-6440) or email ([gchristopher@cac-hc.org](mailto:gchristopher@cac-hc.org)).

## ■ Emergency Preparedness Advisory Committee

# May 30: Learn How to Survive a Disaster

by Emily Geller

Disasters take many forms. So far this year, extreme weather – violent tornadoes in the South and uncontrollable wildfires in the West – has caused disastrous losses of homes and property for many Americans.

In Montgomery County during April and May, residents have been warned multiple times of tornadoes after severe thunderstorms and told to take shelter in an interior room or basement within minutes. The six-month-long hurricane season starts on Saturday, June 1, with the possibility of severe flooding during or after a storm. In addition to seasonal disasters, residential fires are a year-round possibility.

With any disaster, a person's home could be so badly damaged that all possessions are lost. A person could find him or herself standing outside with nothing: no purse or wallet, food or other necessities, and completely dependent on emergency assistance from the Red Cross, governmental agencies

and charitable organizations.

Joseph Corona, certified emergency manager and outreach coordinator for the Montgomery County Office of Emergency Management and Homeland Security, will discuss basic steps anyone can take to prepare for a disaster at a program on Thursday, May 30, at 1 p.m. in the Clubhouse I Crystal Ballroom.



Joe Corona, courtesy photo

Members of the Emergency Preparedness Advisory Committee will also present a panel discussion focusing on financial preparedness and preparedness at the mutual level.

Questions from the audience are encouraged, so plan to attend, and bring neighbors and friends. A drawing for door prizes will take place at the end of the program.

The program is free for all residents and their guests; tickets are not required, but residents are asked to register by stopping by the Clubhouse I E&R office or by calling (301-598-1300). Residents may bring outside guests as long as the main gate is notified in advance.

# June 17: AARP Safe Driving Course

by Leisure World News

The E&R Department is sponsoring an AARP Safe Driving Course on Monday, June 17, from 9:45 a.m.-3 p.m. in Clubhouse I, with a one-hour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, \$15 for AARP members and \$20 for non-members, is required at the time of

registration. (Please note: AARP members must show a current membership card to receive the AARP discount.) Register in the E&R Office beginning at 8:30 a.m. on Tuesday, May 21 in Clubhouse I. The number of participants is limited to 25, so plan to register early.

Participants should bring their driver's license and a pen or pencil to the course. If you have any questions, contact the E&R Office in Clubhouse I at (301-598-1300).

# Donate to Signal's Spring Cleaning Drive

Clearing out your closets and pantries this spring? Consider donating your unused and unwanted items to Signal Financial Federal Credit Union's spring cleaning drive.

A green bin is stationed in the Administration Building lobby to collect the following items: toiletries, new socks and undergarments, hats, hospital scrubs, belts, t-shirts, elastic waist shorts, sweatpants, belts, feminine products and bulk coffee.

All donations help support the missions of Thrive DC, Shepherd's Table and Veterans of America. The spring cleaning drive runs through May.



Photo by Nabiha Zayat-Calcutt

– Leisure World News

# THOUGHTS & OPINIONS: *From Our Residents*

## A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.*

### BASKETS FOR LEISURE WORLD BOULEVARD

Should we have waste baskets and pet waste receptacles along Leisure World Boulevard? I think we should. Quite often, I see waste cans, papers and plastics near the Boulevard. Some of us pick them up, but many hesitate, wondering where to place them.

As to pet waste receptacles, I see our residents walk their pet dogs everywhere. Those walking the dogs keep them as lifetime companions. Some, if not many, dog owners think that dogs are better companions than human beings. Besides, if we fail to clean up after dogs, Maryland law can impose a fine of \$25 to \$200.

Considering that so many of us keep dogs as valuable pets in our community, I feel it is about time to place a number of pet waste receptacles as well as waste baskets along Leisure World Boulevard. Just in case you

wonder, pet waste receptacles can have a nice appearance as can be seen on Prince Philip Drive in Olney.

– *Semoon Chang*

### EVGO IS A NO-GO

This is regarding the article titled “Electric Vehicle Charging Stations Available” in the April 19 edition of the Leisure World News.

I called EVgo and was told these charging stations are not meant as a primary means of charging your electric vehicle (EV). It takes several hours to fully charge an EV like the Chevy Bolt or Tesla Model 3 using these EVgo chargers when the charge is at 10 percent. It’s also very expensive, costing 30 cents per minute for the fast charge.

Leisure World needs to install 240 volt EV charging stations within the community such as in the Administration Building or Clubhouse II parking lots.

The EVgo charging facilities in Leisure World Plaza are fairly useless and inconvenient.

– *Alan Schofer*

### INDIVIDUAL CHOICE ON BULK RATE

There are many people here that use an extra \$30 per month for food, medical, gas and other needed items. These costs are rapidly growing. Please be considerate in this decision.

– *Susan Alexander*

### PROPOSED INTERNET PLAN FOR MUTUALS

I am in favor of the bulk Internet amenity being offered by Leisure World. The proposed speeds of 400 down/10 up for \$30-35 per month exceed what I currently receive from Comcast, and my total monthly cost will be reduced by \$50-60. High-speed bulk internet will be attractive to potential buyers.

A small percentage of homeowners will not want this new amenity, according to the survey distributed by Leisure World about internet service. They may also not want any options Comcast may offer, such as phone service. I suggest that each mutual determine the percentage of those owners and divide their fees among the remaining owners. Considering how many people do want bulk internet service, the annual cost would likely be under \$50 per year. Here is how it might work:

- Assume bulk internet costs \$35 per month
- For 100 homes the mutual would pay Leisure World \$3,500 per month
- If 10 percent of the homeowners opt out, the mutual will have a \$350 shortfall

- The other 90 homeowners would pay the mutual a \$3.89 subsidy fee
- The total subsidy fees collected would be \$350.10 (\$3.89 x 90)

Each mutual would use their newsletter or the U.S. mail to solicit requests from owners wishing to opt out of bulk internet service. They would then determine the subsidy fee required from their other homes and add that amount to their monthly HOA fee. Some rules must be established for this to work:

1. Owners who opted out could later have Comcast install internet service at their own expense.

a. Their next and future monthly HOA fees would increase to include the \$35 internet charge.

b. The subsidy fees paid by other owners would not change.

2. Any subsidy money remaining at year’s end would help offset next year’s subsidy fees.

3. New owners would not be permitted to opt out of internet service.

4. When an owner sells their home, no subsidy fees will be refunded to them.

All subsidies would end when the 2020 contract expires or is renewed, which is believed to be in 2027. Any remaining subsidy money would be used to offset the next year’s HOA fees for all owners.

Each mutual would decide whether or not to offer subsidies. If there is disagreement among their homeowners about this plan, then all owners would pay for internet service. If this plan were implemented by a mutual, I would not recommend making any bylaw changes since the need is temporary.

– *Bob Morrisson*

## SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to [aclwn@lwmc.com](mailto:aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer’s name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer’s name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, login to ([residents.lwmc.com](http://residents.lwmc.com)) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

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# EVENTS & Entertainment

## ■ The Inter-Faith Chapel

### May 19: Capital Wind Symphony Returns as Part of Chapel's Concert Series



Capital Wind Symphony, courtesy photo

by Kevin M. Clemens

By popular demand, The Capital Wind Symphony returns to The Inter-Faith Chapel to play a concert for the Chapel's concert series on Sunday, May 19, at 3 p.m.

The performance is free and open to all residents and their guests; tickets are not required. A reception will follow the concert in the Chapel's fellowship hall. Donations will be accepted to offset the cost of the concert series.

#### About the Symphony

The mission of the ensemble is "celebrating and sharing the great American wind band

tradition by presenting diverse and engaging programs and enriching music education by mentoring and inspiring students."

The Capital Wind Symphony, under the direction of George Etheridge, is widely regarded as one of the nation's premier wind symphonies. Based near the nation's capital, the all-volunteer ensemble attracts many of the finest musicians from the District of Columbia, Maryland and Virginia and welcomes new players each session by audition.

Members include military musicians, freelance players, studio teachers and music educators. The

group rehearses weekly from September through June and presents regular concerts in the community, including several programs that serve as educational outreach.

Capital Wind Symphony was formed in 1991 by Etheridge as an all-volunteer ensemble for musicians near the nation's capital who were

committed to playing the finest wind band literature at the highest level.

Soon after the inaugural season, the ensemble was invited to perform at the prestigious Midwest International Band and Orchestra Clinic. After 27 years, the band continues to thrive and support its mission.

## ■ Jewish Residents of Leisure World

### May 23: Don't Miss the Annual Health and Wellness Expo

by Leisure World News

The 10th annual Health and Wellness Expo is on Thursday, May 23, from 10 a.m.-2 p.m. in Clubhouse I.

Co-sponsored by the Jewish Residents of Leisure World (JRLW) and the Bender Jewish Community Center of Greater Washington's Coming of Age in Maryland program, the Expo features more than 75 exhibitors, health screenings, interactive workshops and raffle prizes, including the grand prize – a 45" Samsung HD television.

The keynote speaker, to be announced, will kick off the Expo with a presentation at 9:15 a.m.

A grand finale show, "Broadway in Concert," features Broadway star William Michals, dubbed "America's baritone," to perform a variety of show-

stoppers and romantic classics. The show is from 3-4 p.m. in the Clubhouse II auditorium.

The Expo is free for all residents, but individuals who would like to attend the grand finale show are asked to pre-register at the Clubhouse I E&R office with a payment of \$10 per person (check only, payable to JRLW).

Residents who would like to attend one of the Expo's free workshops listed below are asked to register beforehand to ensure adequate seating by either stopping by the Clubhouse I E&R office or calling (301-598-1300).



Broadway star William Michals.

Photo courtesy (williammichals.com)



#### WORKSHOPS

TIME	EVENT NAME
11-11:45 a.m.	Downsize and De-stress with Susie Danick
Noon-12:45 p.m.	Matzo Ball Fitness: Eat Healthy and Have a "Ball" with Rachel Packer
1-1:40 p.m.	Suffering Is Not a Mitzvah – Consider Medicinal Marijuana with Rabbi Kahn

## ■ Education and Recreation Department

### May 21: Join a Club at the Community Fair

All residents are encouraged to set aside Tuesday, May 21, from 9:30 a.m.-noon to attend the Community Fair in Clubhouse I. This annual fair is an opportunity to receive more information about the nearly 100 active groups, clubs and organizations in Leisure World.

Always loved a particular sport or hobby, but never tried it out? Or maybe you're looking for a group of like-minded folks who share your interests. From arts and crafts and games, to volunteering and charity work, the Community Fair offers something for everyone.

Representatives from all Leisure World groups, clubs and organizations are encouraged to attend, introduce themselves to the community and share what their group is all about. Letters with entry forms have been mailed to all recognized groups, clubs and organizations. The deadline to return the entry form to the Clubhouse I E&R office is Friday, May 17.

If your group, club or organization has not received one, or if you have any questions, contact the E&R Department at (301-598-1300).

## ■ Education and Recreation Department

# May 25: Classical Music Performed by Duke Ellington School of the Arts



Students from the Duke Ellington School of the Arts, courtesy photo

Students from the Duke Ellington School of the Arts return to Leisure World on Saturday, May 25, at 4:30 p.m. in the Clubhouse II auditorium.

This year, they will present with many virtuosic piano solo and ensemble pieces, along with violin, viola, cello and vocalists. The program will include “Transcendental Etudes” by Franz Liszt, “Ballade No. 1” by Frédéric Chopin, the “Waldstein” Sonata by Ludwig van Beethoven, “Piano Quartet No.1” by Wolfgang Amadeus Mozart, “Misty” by Erroll Garner, Italian songs and much more.

This performance, sponsored by the E&R Department, promises to be another exceptional program by students from the Duke Ellington School of the

Arts. Tickets are \$8 per person, check or credit card (MasterCard, VISA, Discover) if over \$10, and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

### About the School

The mission of the Duke Ellington School of the Arts in Washington, D.C., is to nurture and inspire a passion for arts and learning in talented students who might not otherwise have an opportunity to develop their artistic skills.

Students from throughout Washington, D.C., apply and audition for an opportunity to attend the school. Once accepted, a student must maintain a satisfactory GPA in regular academic studies to participate in the arts classes.

## ■ Ballroom Dance Club

# May 25: Dance to Mike Surratt and The ECB

by Joyce Hendrix

Five-time Washington Area Music award winner Mike Surratt and The Eclectic Coalition Band (ECB) play for the Saturday, May 25, dance from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

Surratt and The ECB have been voted the Ballroom Dance Club’s favorite band to perform at Leisure World for the last three years.

Make reservations no later than Thursday, May 23, with Hal Freeman at (bobbinhal@aol.com), or by calling him at (301-438-7513), to ensure a seat at a table with friends. Each table seats 10, with a limit of 12 tables in the Ballroom. As the ballroom dances have become more popular, reservations are necessary.

Admission for members is \$10, and \$15 for non-members and guests. For those who have not yet renewed, the Club is still accepting memberships of \$10 per person for the remaining monthly dances, which are held on the fourth Saturday of each

month from January through November.

The dress code for the May dance is dressy for the ladies and jackets and ties for the gentlemen; jeans and hats are not permitted.

Mixed Company plays at the Club’s next dance on Saturday, June 22.



### General Information

All Club dances feature live musical trios or quartets playing a variety of strict

ballroom tempo dance music, including waltzes, foxtrots, rumba, samba, merengue, tango, mambo and polkas.

Music from all eras is played, including country and Broadway show tunes.

Copies of the 2019 dance schedule are available on the admission table at each dance.

The Club asks dancers to arrive on time so that Club members taking tickets may enjoy dancing for the entire evening. Residents who are unable to honor their reservation are asked to call or email Hal to cancel.

Put on your dancing shoes and come dance with us!



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**Dr. Marc Goldberg**  
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Kensington, MD 20895

(301) 942-8110

### SILVER SPRING

Colewood Centre  
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Silver Spring, MD 20901

(301) 439-0300

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## LW Comedy and Humor Club

*Presents “Flight Over Time”*

*With: Vera-Danchenko-Stern, piano;*

*Susana Poretsky, mezzo-soprano;*

*Musalliance Duo (Anna Kusner, guitar, and*

*Peter Omelchenko, domra)*

**Sunday, June 2, 7 p.m., Club II**

**auditorium;**

**Tickets/\$7.00, at E&R, Club I or Club II**

■ **Foundation of Leisure World**

# May 27: Wreath Laying Ceremony Honors Fallen

by Richard Saunders

The Foundation of Leisure World's annual Memorial Day wreath laying ceremony is on Monday, May 27, at 9 a.m. in Veterans Park, located in front of the entrance to Clubhouse I.

The ceremony is followed by a buffet breakfast at the Stein Room in Clubhouse I. The breakfast is free for all military veterans, but other residents and their guests pay \$12.

All who wish to attend the breakfast must make a reservation. To make a reservation, contact Billie Saunders at (301-822-4116) by Thursday, May 23. Make your reservation early, as space is limited.



## Coming in 2019

The E&R Department is pleased to provide the following programs.

- May 21, 9:30 a.m. Community Fair
- May 25, 4:30 p.m. Duke Ellington School of the Arts Program
- May 30, 2 p.m. Pianist Solomon Eichner
- June 9, 5:30 p.m. Ovation Dinner Theatre's Murder Mystery: "Iceberg, Ho!"
- June 29, 7 p.m. Senior Prom with the Retro-Rockets
- July 13, 7 p.m. Guitarist Richard Miller
- July 17, 7:30 p.m. Olney Concert Band
- July 27, 4 p.m. Beatle Mania
- July 27, 7 p.m. Beatle Mania
- Aug. 3, 7 p.m. Frank Plumer — A Tribute to Doris Day

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

■ **Education and Recreation Department**

# May 30: Concert Pianist Solomon Eichner Returns by Popular Demand

Equally at home with solo, chamber and concerto performances, pianist Solomon Eichner has established himself as an exciting and versatile young artist. By popular demand, Eichner returns on Thursday, May 30, at 2 p.m. in the Clubhouse II auditorium to give another stellar concert.

Eichner is known for his commanding performances of the romantic keyboard repertoire, and this year's concert features works by Chopin, Debussy, Paderewski and Brahms.

Sponsored by the E&R Department, tickets for this performance are \$7 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

### About the Performer

Eichner has competed nationally and internationally, winning the Golden Key Debut International Competition NYC and receiving second in the Miami Music Festival's Concerto Competition in 2016. After winning the Golden Key

at age 27, Eichner made his debut performance at Carnegie Hall in New York City.

He has performed at music festivals and events in the Baltimore-Washington, D.C. area, including at the Sandy Spring Museum's concert series, the Enoch Pratt Library Salon Concert Series in Baltimore and the Afternoon Concert Series at the U.S. State Department in Washington, D.C. Besides performing, Eichner adjudicates other piano competitions.

Originally from Pikesville, Maryland, Eichner studied privately with Virginia Reinecke, Reynaldo Reyes and Irene Kreymer. He graduated with his bachelor's of music degree from the Manhattan School of Music, studying with Arkady Aronov, and received his master's of music degree from the Peabody Conservatory of Johns Hopkins University, studying with Alexander Shtarkman. In 2017, he received his doctor of musical arts degree from the University of South Carolina with his final dissertation on the repressed Jewish composer Samuil Feinberg.



Solomon Eichner, courtesy photo

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■ Fireside Forum

# June 2: Historian Discusses D.C.'s Golden Age of Gay Activism

by Jonas Weiss

On Sunday, June 2, Craig Howell, a gay activist, historian and Washington, D.C., tour guide, talks about the birth of the District's gay political power.

This power may be traced to the unexpectedly strong showing of pioneer gay activist Frank Kameny in the special 1971 election for a non-voting delegate to the U.S. House of Representatives. Howell will explain how the advent of D.C. Home Rule in the 1970's benefited the city's LGBT community.

He will also tell how in 1973 the Gay Activists Alliance, in coalition with many other civil rights groups, successfully lobbied a presidentially-appointed council to enact Title 34, a wide-ranging bill that prohibited discrimination in employment, housing, education and credit on 15

different grounds, including sexual orientation.

The program is at 2:30 p.m. in the Clubhouse II auditorium. Michael LaPoint is the host for the speaker.

**About the Speaker**

Howell is a native Washingtonian with a deep-rooted interest in American history. After graduating from Georgetown University with a degree in economics, he served in the U.S. Army. He then worked for the U.S. Bureau of Labor Statistics.

He joined the Gay Activists Alliance of Washington (now known as the Gay and Lesbian Activists Alliance) in 1973 and has been one of its leaders ever since, twice serving as its president. He is a licensed Washington, D.C., tour guide, specializing in tours of Civil War battlefields and related sites.



Craig Howell, courtesy photo



■ Comedy and Humor Club

# June 2: Flight Over Time Performs

by Maxine Hooker

The Comedy and Humor Club presents a program of multicultural melodies, Flight Over Time, on Sunday, June 2, at 7 p.m. in the Clubhouse II auditorium.

Flight Over Time features renowned performers Susana Poretsky, mezzo soprano; Anna Kusner, guitarist; Peter Omelchenko, domra; and Vera Dan Chenko-Stern, pianist. They have performed within the U. S. and throughout other countries, and have dedicated their lives to music.

The performance is open to all residents. Tickets, \$7 per person, (checks only, payable to Comedy and Humor Club), go on sale Tuesday, May 21, at 8:30 a.m. in both clubhouse E&R offices. If available, tickets will also be sold at the door on the day of the event.

For additional information, contact Sam Hack at (301-438-3929).



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- The importance of environment and approach
- Tips and suggestions to navigate challenging behaviors such as wandering, agitation, repetitive language, and eating difficulties
- And more



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## ■ Friends of India Association

# June 8: Spring Festival Features Indian Song and Dance

The Friends of India Association holds its spring festival on Saturday, June 8, from, 5-7 p.m. in the Clubhouse II auditorium.

The event, which is free and open to all residents, features song and dance performances, including Indian folk and Bollywood. Tickets are required and available beginning Tuesday, May 21, at 8:30 a.m. at the Clubhouse I E&R office.

– Nalini Kukke

## ■ Education and Recreation Department

# June 9: Ovation Dinner Theatre Presents 'Iceberg, Ho!'

The E&R Department brings Ovation Dinner Theatre back for another rollicking show on Sunday, June 9. Join in the fun as Ovation presents its audience-interactive, comedy murder mystery, "Iceberg, Ho!"

Tickets are \$45 per person and on sale in the Clubhouse I E&R office. Make your meal selection (fish, chicken, beef or vegetarian) when purchasing your ticket(s).

If you wish to be seated with friends, all payment must be submitted together. If paying by check, include the meal selection in the memo line. Please bring your Leisure World ID.

### About the Performance

Residents will board the "S.S. Gigantic," the world's largest cruise liner, departing from Port Leisure World on its maiden voyage. The year is 1928. Champagne is flowing and the guest list is brimming with celebrities and movie stars, including "Marilyn Monrovia," "Captain J.P. Rockefeller," "Kennedy Barnes Noble IV," "Natasha Heidi Klum," "James Bondage" and "Sophia Loren-Goldstein," to name a few.



It's all glitz and glamour until someone steals the "Abandon-All-Hope Diamond" from silent screen star "Miss Gloria Swansong." Even worse, all the radar and iceberg detection devices have suddenly failed, and there are "icebergs, straight ahead." But, don't fear; the ship is full of Leisure World's best detectives who will assist the ship's crew to make everything alright!

Doors open at 5:30 p.m. for a social hour (cash bar available), followed by a three-course dinner and show at 6:30 p.m. Make your "acting" debut during this zany dinner theatre production, help solve the mystery and keep the cruise liner from colliding with an iceberg – all while enjoying dinner with friends and neighbors!

■ **Arts in Motion (AIM)**

# June 12: Steve Washington and Quartet Perform

by Grace C. Cooper

On Friday, June 12, jazz artist Steve Washington and his quartet return to Café AIM to enchant concertgoers with engaging song renditions in the Clubhouse I Crystal Ballroom.

Tickets, \$20 per person, (check only, payable to AIM) are on sale in the Clubhouse I E&R office. Hors d'oeuvres and snacks are included. Cocktails begin at 5 p.m., and the show starts at 6 p.m.

Reserved tables of eight or more are limited to members only, but a few others seats are still available. Ticket sales helps fund AIM's student scholarships awarded to local students.

For more information about AIM or to join, visit ([aimarts.net](http://aimarts.net)).



Steve Washington, courtesy photo



■ **Education and Recreation Department**  
 ■ **Fun and Fancy Theatre Group**

# June 21-23: 'Around the World in Leisure World'

by Hannelte Allen

The Community Show, "Around the World in Leisure World," sponsored by the E&R Department and produced by Fun and Fancy, is on Friday, June 21, and Saturday, June 22, at 7:30 p.m. and on Sunday, June 23, at 2 p.m. in the Clubhouse II auditorium.

Tickets (\$10, general admission) go on sale beginning Tuesday, May 21, at 8:30 a.m. in both Clubhouse E&R offices. The show is open to all residents.

**Auditions**

Members of Fun and Fancy and other residents are welcome to audition for the show. Leisure World's cultural clubs and groups are especially encouraged to participate.

Those who want to audition are encouraged to discuss their audition choice in advance with the director, Joan Bowar, by contacting her at ([mjbowar@gmail.com](mailto:mjbowar@gmail.com)) or (301-598-7219). It is possible that many, if not all, selections will be performed with a CD provided by Joan.

Auditions are held on Monday, May 20, at 4 p.m. and on Tuesday, May 21, at 7 p.m., both in the Clubhouse II auditorium.

Rehearsals are held on Wednesday, May 29, at 7 p.m., Saturday, June 1, 8 and 15, at 10 a.m., Monday, June 17, at 7 p.m. (tech and dress) and Wednesday, June 19, at 7 p.m. (final).

## Musical Performances at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330).

- |         |   |
|---------|---|
| May 29  | Michael Binder, Swing'N On A Star                                     |
| June 5  | Motown Classics with The Winstons Duo                                 |
| June 12 | Jules Levine and The Classy Jazz Band                                 |
| June 19 | Michael Binder, Swing'N On A Star                                     |
| June 26 | The Night and Day Band with Mike Suser and vocalist Charlene Cochrane |
| July 19 | Motown Classics with The Winstons Duo                                 |



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■ Education and Recreation Department  
 ■ New Yorkers and Friends Group

# June 29: Get Tickets for 'Blast from the Past' Senior Prom

No matter how long ago your high school senior prom was, the upcoming "Leisure World Seniors Blast from the Past" offers the opportunity to do it again, do it better or do it for the first time. This chance to return to a previous time and place is on Saturday, June 29, at 7:30 p.m. in the Clubhouse I Crystal Ballroom; doors open at 7 p.m.

The "senior prom," themed after decades past from the '20s through the '60s, will feature live music by the Retro-Rockets, hors d'oeuvres, a dance contest for both couples and solo dancers, door prizes, a photo booth and the crowning of prom king and queen. One professional photograph is included in the ticket cost; additional photos may be purchased at the prom.

The event is co-sponsored by

E&R Department and the New Yorkers and Friends Group. All residents, including singles and couples, are invited. Tickets are \$20 per person and are available beginning Tuesday, May 21, at 8:30 a.m. in both

clubhouse E&R offices. Tables for groups of 10 can be reserved. Attendees should don their dressy wear.

The Retro-Rockets bring a repertoire suited for remembering

the good old days. They cover well-known hits in rock 'n' roll, big band, ballads, R&B, country, pop, Motown and swing.

Specializing in the '40s, '50s and '60s, the five seasoned musicians have moved Leisure World audiences to dance since at least 2011.

Come along and party like jukeboxes and drive-in theatres never went out of style!



■ Education and Recreation Department  
 Thursday Afternoon at the Movies

# June 20: 'Viceroy's House'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the Clubhouse II auditorium.

On June 20, the presentation is "Viceroy's House" (2017, 1 hour 46 minutes, biography/drama/history/romance, not rated).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, May 21, at 8:30 a.m. Please bring your Leisure World ID.

An epic chapter in the history of the British Empire is recounted in this period drama that follows the last viceroy of India, Lord Mountbatten, as he oversees the nation's seismic transition to independence in 1947.

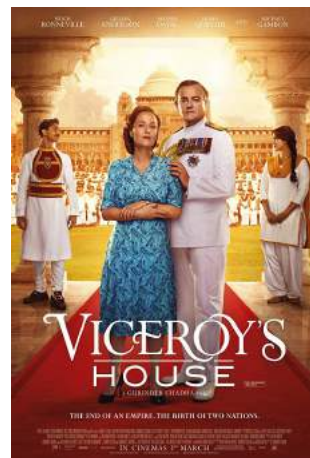
The screenplay is based on two non-fiction books about India's fight for independence: "Freedom at Midnight" by

Larry Collins and Dominique Lapiere, and "The Shadow of the Great Game – The Untold Story of India's Partition" by Narendra Singh Sarila.

Lord Louis Mountbatten is portrayed by Hugh Bonneville, and Lady Edwina by Gillian Anderson.

Viceroy's House was filmed in India at Rashtrapati Bhavan, Delhi (Viceroy's House) and at locations in Rajasthan, a state in northern India.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.



## 2019 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
May 26, 2 p.m.	Won't You Be My Neighbor	NOW
June 20, 1 p.m.	Viceroy's House	May 21
June 30, 2 p.m.	Rebel in the Rye	June 11
July 18, 1 p.m.	Little Italy	June 25
July 28, 2 p.m.	On Chesil Beach	July 9

Movies are subject to change.

## PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



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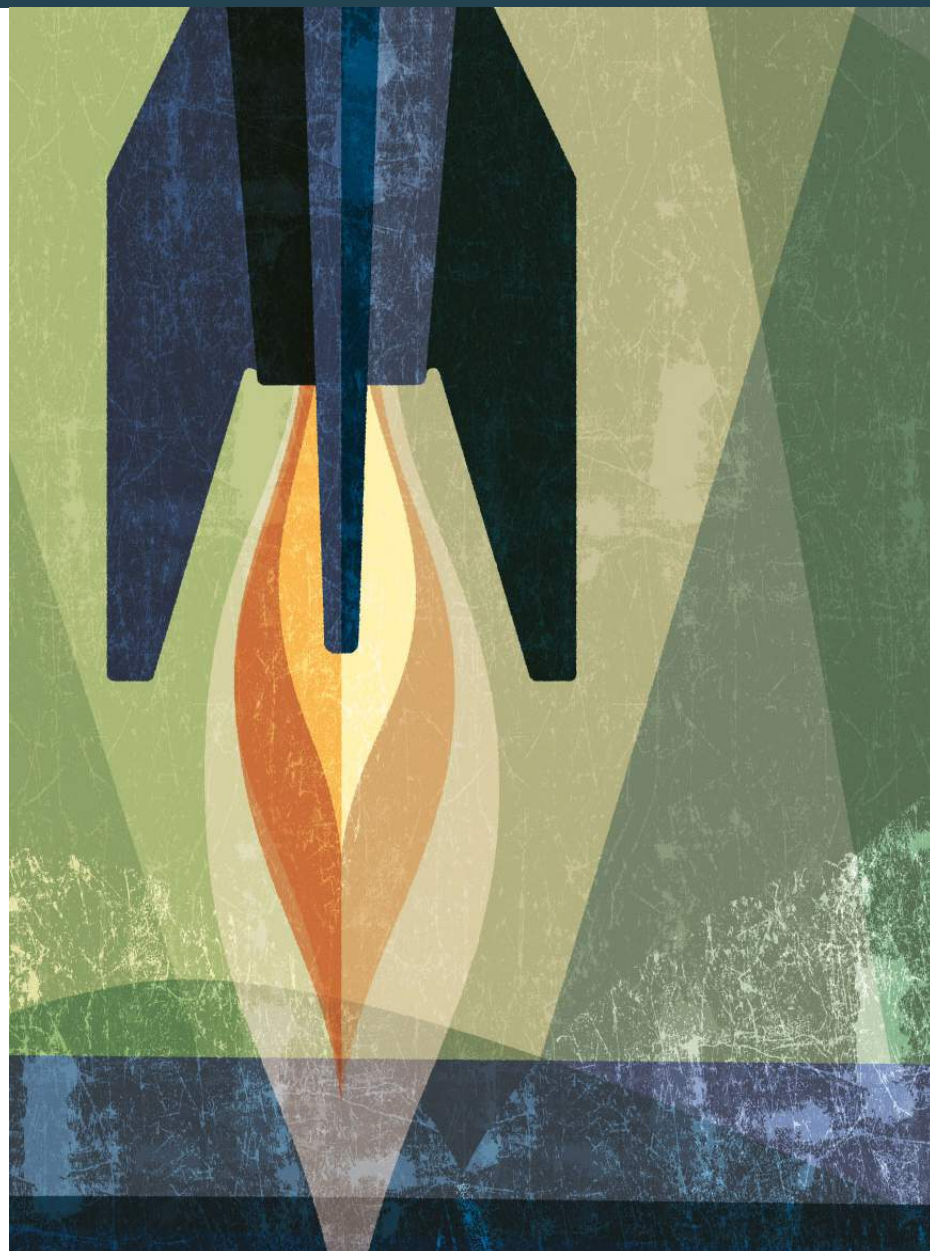
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# HEALTH & Fitness

## May 21: Medical Center Hosts Welcome Event

by Leisure World News

The MedStar Health medical center hosts a welcome event on Tuesday, May 21, from 2-4 p.m. at the medical center, located at 3305 Leisure World Boulevard adjacent to the Physical Properties building.

The event includes an in-depth tour of the facility, presentations regarding resources and services in and surrounding the building, light fare, giveaways and a chance to ask questions at tables set up in the building's conference/break room.

The welcome event is free for all residents – both long-time patients and those who've never visited the medical center – but sign-up is required and available by stopping by the Clubhouse I E&R office or calling (301-598-1300). Don't delay; sign-ups are restricted to 40 residents.



MedStar Health medical center. Photo by Leisure World News

## Primary Care Physician Retires from MedStar

by Leisure World News

Primary care physician Benjamin Avrunin recently retired from the MedStar Health medical center at Leisure World.

Letters have been mailed to Dr. Avrunin's patients informing them of his retirement, and his patients are encouraged to choose a new primary care physician at the medical center.

Medical center doctors Burt Feldman, Charlene Ozanne-Johnson and Elliot Share and certified registered nurse practitioner Darlene Brownlee are all currently accepting new patients. Call the medical center's main number at (301-598-1590) to schedule an appointment.

If patients have difficulty obtaining an appointment, MedStar PromptCare in Wheaton is available to meet patients' urgent care needs. Patients may even save their spot in the waiting room line by visiting (MedStarPrompt

Care.org/Wheaton) or calling (301-942-4505). MedStar PromptCare is located at 11915 Georgia Avenue in Wheaton Park Shopping Center.

Leisure World's Social Service's Department, available by calling (301-598-1581), can also assist in directing patients to community resources if needed.

### Outside MedStar Locations

The following practices may also be able to accommodate non-urgent patient appointments:

- MedStar Medical Group Family Practice at Olney, (301-570-7770)
- MedStar Medical Group at Gaithersburg, (301-926-3096)
- MedStar Medical Group at Olney Professional Park, (301-774-6655)
- MedStar Medical Group at Silver Spring, (301-754-1965)
- MedStar Medical Group at 18111 Prince Philip at Olney, (301-570-8535)

## ■ Cannabis 101 Club

## May 24: Come to Town Hall to Learn About Medical Cannabis

by Carminetta Verner

Do you have questions about medical cannabis? The Cannabis 101 Club hosts a

town hall on Friday, May 24, for an in-depth panel discussion about medical marijuana.

The event is at 2 p.m. in the Clubhouse I Crystal Ballroom.

Residents are invited to email their questions in advance to (lwcan101@gmail.com). The names of people submitting questions through email will not be shared. Also, residents can ask questions at the town hall event, but questions submitted in advance will be given priority.

The Club's panel of experts will help residents find answers to questions they may have. The Club thinks the public town hall forum is the best option to get the facts about medical cannabis.

Panel participants include:

- Rep. Jamie Raskin from Maryland's 8th District, who has a history of supporting medical cannabis legislation in Maryland
- Dawn Marie Steenstra, patient outreach coordinator for Mission Dispensaries and national ambassador for United Patients Group, the nation's leading cannabis patient resource organization



Clockwise, from top row: Rep. Jamie Raskin, Dawn Marie Steenstra, Lauren Rice, Krissy Bernazani and Melinda Toussaint, courtesy photos

- Lauren Rice, national outreach director for Mission Dispensaries
- Krissy Bernazani, medical director for Freestate Grow/Verano Processing and clinical director of Zen Leaf Maryland
- Melinda Toussaint, holistic health practitioner and master herbalist of MariCare Wellness

The event is open to all residents, but tickets are required and available in the Clubhouse I E&R office. You don't want to miss this important town hall that will provide answers to all your questions about medical cannabis, from legalizing to growing and consuming.

## Take a Tour of the Fitness Center

One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

– Leisure World News

# Medical Center Protects Patients' Privacy

by Leisure World News

In an effort to maintain patient privacy and confidentiality and to ensure the safety of all patients and staff members, the medical center has cordoned off some of its clinical areas.

A medical center staff member will now escort patients into these areas of the building.

In addition to protecting patients' medical information, these new security measures will also help medical center staff keep track of everyone in the

building in case of an emergency.

## Entrances

The medical center encourages all patients, except for dental, to enter the building through the main entrance that is adjacent to the garden plots. Dental patients should enter the building's rear entrance, which is adjacent to Leisure World Boulevard.

Additionally, all patients who have an appointment to see a provider, except for dental patients, are asked to wait in the main waiting area, located by the pharmacy.

## Health Advisory Committee

# June 12: Author Speaks on Overcoming Adversity

by Bob Stromberg

Have you ever wondered how to take the mystery out of coping successfully with challenging events?

On Wednesday, June 12, Eileen S. Lenson, author of "Overcoming Adversity:

Conquering Life's Challenges," gives a presentation about how to not only overcome adversity and survive, but to thrive. The presentation is at 11 a.m. in Clubhouse I.

The presentation is free, but registration is requested and can be done by dropping by the Clubhouse I E&R office, or by calling (301-598-1300) beginning on Tuesday, May 21, at 8:30 a.m. All residents and their guests are welcome to attend.

Lenson, a life and business coach, has been working with people in crisis for more than 30 years. "While

everyone is 100 percent guaranteed to experience adversity, not everyone will know how to successfully cope with challenging situations. And it needn't be that way," Lenson says.

"Adversity is complex, but fortunately, people who find

themselves in a painful place can learn how to seek healthy coping options and change their lives for the better," she says.

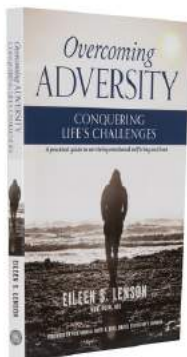
Her presentation concludes with free handouts with suggested exercises and keepsake reminders that will help attendees develop the resourcefulness to not only overcome adversity but to emerge stronger than before.

To learn more about her work, visit her website at ([www.LensonLifeCoaching.com](http://www.LensonLifeCoaching.com)).

A limited number of signed copies of her book, "Overcoming Adversity: Conquering Life's Challenges," will be available for sale.



Author Eileen S. Lenson, courtesy photo



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■ **Lions' Vision Support Group**

# June 12: Learn About Available Library Services

by Larry Cohen

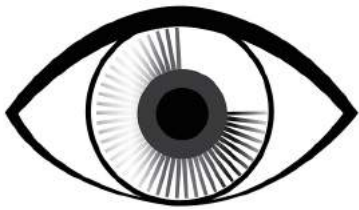
One of the greatest concerns a person often has as he or she loses vision is losing the ability to read. Fortunately, alternative methods of reading can satisfy a person's thirst for books and other written media.

At the Lions' Vision Support Group's next meeting on Wednesday, June 12, Ashley Biggs, outreach librarian from the Maryland State Library for the Blind and Physically Handicapped, explains how to obtain and use a digital talking book player.

She will also explain how the library's services work and how a person can get help downloading books and other media. She will discuss other programs and practices available from the State and National Library Services.

Come to the June 12 meeting to learn about the library, as well as the other programs and trips the Group has planned.

The Lions' Vision Support Group's meetings are always on the second Wednesday of the month at 1 p.m. in Clubhouse I. For more information, call Larry Cohen at (908-770-9111) or email ([topops@aol.com](mailto:topops@aol.com)).



## Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

**Alcoholics Anonymous (AA):** Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

**Bereavement Support Group:** If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

**Free Blood Pressure Testing:** Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

**Memory Café:** The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit ([www.alz.org](http://www.alz.org)).

**Parkinson's Support Group:** The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or ([raywwjr@hotmail.com](mailto:raywwjr@hotmail.com)).

**Stroke Support Group:** You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1-3 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).



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Montgomery Mutual Coop	Row/Townhouse	2	3	\$165,000	\$165,000	\$4,950
Montgomery Mutual Coop	Unit/Flat	2	1.5	\$135,000	\$133,500	\$0
Montgomery Mutual Coop	Unit/Flat	2	1	\$115,900	\$114,000	\$0
Overlook	Unit/Flat	2	2	\$225,000	\$215,000	\$0
Overlook	Unit/Flat	2	2	\$225,000	\$215,000	\$255
Regency	Detached	4	2.5	\$735,000	\$735,000	\$0
Rossmoor Mutual #10	Twin/Semi-Detached	3	2	\$350,000	\$350,000	\$0
Rossmoor Mutual #11	End of Row/Townhouse	3	2	\$166,400	\$159,000	\$0
Rossmoor Mutual #12	Row/Townhouse	3	2	\$312,200	\$300,000	\$500
Rossmoor Mutual #13	Twin/Semi-Detached	3	2	\$288,000	\$271,500	\$0
Rossmoor Mutual #18	Twin/Semi-Detached	2	2	\$329,000	\$324,000	\$1,000
Rossmoor Mutual #22	Unit/Flat	1	1.5	\$123,500	\$123,500	\$0
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# CLUBS, GROUPS & Organizations

## ■ Arts in Motion (AIM)

### May 25: Scholarship Recipients Present Winning Projects

by Grace C. Cooper

AIM's scholarship winners for excellence in the arts present their winning projects on Thursday, May 25, from 1-3 p.m. in the Clubhouse I Crystal Ballroom.

Scholarships are given to graduating area public high school students who have been accepted to study arts in college and who plan a career in the arts. Art projects are

submitted to AIM's scholarship committee, and the committee judges them on several factors. Competition was tight this year, but two winners were finally

chosen to each receive a \$5,000 scholarship.

Tickets for this event are free and available at the Clubhouse I E&R office. Light refreshments will be served.

#### June Performance

Café AIM's next performance is by Steve Washington and his quartet on Friday, June 12, in the Clubhouse I Crystal Ballroom.

For details, see the Events and Entertainment section of

this publication.

For more information about AIM, to view upcoming events or to join, visit AIM's website at ([aimarts.net](http://aimarts.net)).



## ■ Garden Plots Group

### Planting Season has Begun at Garden Plots

by Judy Elrod

Much has been happening among Garden Plot Group members since their first two meetings in March and April. A subcommittee was formed to update the Garden Plot constitution and bylaws.

The revised constitution was approved at the April meeting. In addition, the executive board banned the use of Roundup in the plots due to recent warnings regarding the health risks of this product.

A meet and greet and seed exchange was held on a beautiful but windy Saturday afternoon in April. In between enjoying the camaraderie and refreshments, gardeners worked in their gardens.

After the success of last year's beehive, a second beehive has been delivered. The bees have settled down after reorienting from their warmer South Carolina winter home.

Gardeners are busy preparing for this year's growing season. Leaf mulch, wood chips and sand are available for gardeners' use as well



Vegetables and other plants are sprouting at the garden plots. Photo by Judy Elrod

as sheds full of gardening tools. Some of the Group's gardeners have planted early and have thriving gardens.

#### About the Group

The Garden Plot Group meets the second Tuesday of each month from March to November at 9:30 a.m. in Clubhouse I.

The Group also holds a potluck picnic for the gardeners starting in May on the third Friday of each month at 5:30 p.m., and continuing until September (weather permitting). Gardeners are encouraged to come, bring a dish, beverage or dessert to share, and discuss their gardening ideas.

## ■ Vegetarian Society of Leisure World (VSLW)

### June 5: Ethiopian Luncheon in Silver Spring

by Bob Fenichel

On Wednesday, June 5, at noon, the VSLW will have an Ethiopian food luncheon at the Beteseb Restaurant, located at 8201 Georgia Avenue in downtown Silver Spring.

The Group has arranged for a 10 percent discount on their vegetarian sampler platter. To attend, RSVP to Iris Wolf by Friday, May 31, at ([leonardbwolf@msn.com](mailto:leonardbwolf@msn.com)) or (301-384-1658).

Members up for a little walk can take the Y7 or Y8 Metrobus from Clubhouse I to the Silver Spring Station, and then walk about 10 minutes further south on Georgia Avenue to the restaurant. Otherwise, parking is limited and carpooling is encouraged.

#### Potluck Dinner

On Thursday, June 20, instead of its regular monthly meeting, the Group will have a

potluck dinner at 6 p.m. on the Clubhouse I lanai. RSVP to Iris at ([leonardbwolf@msn.com](mailto:leonardbwolf@msn.com)) or (301-384-1658) by Monday, June 17, with the type of dish you plan to bring (salad, entrée or dessert).

There is no charge for this event. Remember, though, that the dish must be vegan (i.e., contain no animal products at all). Please provide a list of ingredients on a sheet of paper or note card.

#### General Information

Additional information on VSLW activities can be found at ([www.vslw.org](http://www.vslw.org)). Please note that everybody is welcome at VSLW activities, i.e., residents don't have to be vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

## ■ Women's Fun Bunch

### Volunteers Needed to Help Plan Events

by Marlene Golden

The Women's Fun Bunch is a group for widows living in Leisure World. The Group recently enjoyed brunch at Olney Tavern and then attended a glass-blowing demonstration, where they watched as artists created a beautiful vase.

The Group wants to plan events for June and needs volunteers who would like to help plan them. To volunteer or for more information about the Women's Fun Bunch, call Marlene at (301-438-7773).

Ladies who would like to join the Group are asked to send a check for \$15, payable to Elinor Tattar, to Elinor at (15300 Pine Orchard Dr., Silver Spring, MD 20906).

# See the Trains Run at Club's Summer Open House

by Alan J. Goldstein

The Model Railroad Club holds its summer open house on Saturday, June 15, from 10 a.m.-3 p.m. in the lower level of Clubhouse II. The Club's HO layout, encompassing many scale miles of mainlines, local branch lines, yards and industry, has seen major enhancements over the last year. Below grade yards are used to store and sort trains bound for distant areas, including a new one expected to be ready for the open house.

## A Father's Day Tradition

Bring the whole family and enjoy watching the trains run this Father's Day weekend. While you're there, see a scale model of the real Kensington Station, located just a few miles down the road from Leisure World.

Kensington is one of several cities and towns on the layout,

and is located near an industrial complex that includes a grain processing facility, printing plant and a full complement of buildings, pedestrians and auto traffic.

## Simulating Real Railroads

The layout has been transformed over the last year to mimic the operation of real railroads, with scheduled deliveries from industrial suppliers to their customers, and includes extensive rail yards that allow for the makeup and break down of long-haul trains for delivery to and from local industry.

In addition to the expansive HO layout, the Club has a sizeable N scale layout that tunnels through mountainous terrain, passes cities and industrial complexes and includes a trolley that stops

to pick up passengers. As it rumbles along, the Club's O scale Lionel layout is the one that most captivates today's youngsters, as it did their parents and grandparents.

## Interested in Joining?

The Club is currently seeking new members. Residents who think they might like to run the trains themselves, learn more about model railroading, help build new features on the layouts

or simply enjoy the camaraderie of membership, should consider joining.

Meetings are on the second Thursday of the month in Clubhouse II, with working and operating sessions every Monday and Wednesday from 5:30-7 p.m., and Thursday from 2-4 p.m. at the train yards in the basement of Clubhouse II.

For further information, call Marilyn Chmielewski, president, at (301-438-3259).



At left, the new grain processing facility with the town of Kensington in the distance. Photo by Jan Cusey. At right, visitors watch as a train passes the Swift plant and grain silos and heads to a river crossing. Photo by Alan J. Goldstein



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# Come See Beautiful Ceramic Art Pieces Located in the Clubhouse II Showcase

by Maggi Lindley

Consider stopping by the Ceramics Club's showcase in Clubhouse II to see the beautiful pieces crafted and decorated by ceramicist Janice Handley. The showcase is located in the art gallery between the two lobbies.

Before moving to Leisure World, Handley had already learned slip casting by attending many classes and special workshops at various ceramic shops in

Fort Worth, Texas.

She fell in love with her newfound hobby and even purchased her own kiln along with a few molds to make pieces at a more affordable price, as well as make a bit of money to support her hobby.

Family and friends were lucky to receive many of her creations as gifts and, in the process, she was fortunate enough to sell some of her pieces.

Not being completely satisfied with one hobby, she began taking decorative painting classes in the '90s.

"Being a member of this [Ceramics] Club has opened a whole new opportunity for me to not only use my decorative painting techniques but to also apply them to my ceramics pieces," Handley says.

She says she learns something new every time she's in the ceramics studio. Watching others creating their own pieces, sharing ideas and learning in special classes gives her new ideas and sparks her creativity.

The camaraderie among members also makes the Club a real pleasure.

## Ready to Join?

The Club's state-of-the-art studio is located in the back of Clubhouse II just down from the fireplace in the lobby. To join the Club, just visit the studio, talk to one of the instructors and set up an appointment to start your journey.

New members are trained in pouring the mold, cleaning their piece of greenware so it's ready for its first firing, painting it and glazing it for its final firing. Many people are surprised to see what a lovely piece they have produced.

Ceramics equipment is sold right in the studio, including paints, brushes, cleaning tools, glazes and more. Annual dues are \$10.

The studio also has a gift shop containing Club members' works, and residents can purchase items for all sorts of occasions. All money received from the sale of ceramic pieces goes to charity.

The Ceramics Club's members look forward to welcoming neighbors and visitors to the studio.



Ceramic birds by Janice Handley. Photo by Janice Handley

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# Exhibitors Capture the Essence of the Old Line State and Much More



From left, Nancy Albrecht's Maryland Horse Racing, Judy Lessin's Mountain Sunrise and Ann Bolt's ring art. Photos by Ann Bolt

by Ann Bolt

New exhibits at Clubhouse I feature the "Things Relating to Maryland" exhibit and a general exhibit with lions and elephants, black and white portraits and sparkly bits in watercolor and ink paintings.

The Maryland exhibit includes paintings featuring the state's iconic multi-layered Smith Island

cake, horseracing, seagulls, Glen Echo Park, the Chesapeake Bay, beach scenes and a digital about the Edgar Allan Poe poem, "The Raven."

The following artists also shared their Maryland scenes: Violet "Vicky" Batkin, Patty Marx, Nancy Albrecht, Maria Clark, and Kathleen Allen. The media they used include watercolors, and watercolor on Yupo (synthetic

paper), acrylic, colored pencils, charcoal, ink and digital.

RAG members exhibiting in the general category include Marilyn Davis, Shukla Chakrabarty, Jeanette Shampain, Alexandra Michaels, Michael Higgs, Doris Bryant, Judy Kirkland, Marvin Sirkis and Ann Bolt.

### Class Updates

Classes for the next six-week session start the week of Monday, May 27. The Monday classes are postponed until Monday, June 3, because of Memorial Day. All other classes that week continue as scheduled.

Monday afternoons will feature William "Bill" Mapes, guest teacher during Barbara Piegari's absence, to help with the Oils and Acrylics class from 1-3:30 p.m. After graduating from the Philadelphia College of Art with bachelor's of fine arts degree in illustration, Mapes spent 35 years in the commercial art field in the Washington, D.C., region.

He has returned to his love of oil painting and fine art. He has a deep passion for the 1860s Civil War era. Working with graphite media, charcoal and pencil, he specializes in figurative drawing and composition.

Another change in the class schedule includes Doris Bryant teaching a Portrait class on Thursdays, beginning on May 30, from 1-3:30 p.m. Bryant graduated from the University of Kansas with a

degree in fashion illustration. She met with the Lewis and Clark group, which led to numerous commissions of men in character.

She feels that a portrait is more than a likeness of a person; it is a unique blend of one's outward appearance and inward personality. She likes to capture the likeness of the individual, whether human or animal.

### More Spring II Classes

Other classes scheduled for the Spring II session include Any Medium with Ron Erlich on Tuesdays from 9:30 a.m.-noon and Applied Principles in Any Medium, also with Erlich, on Wednesdays from 10 a.m.-12:30 p.m.

Genevieve Roberts holds her Oils, Acrylics and Miniatures class on Wednesdays from 1-3:30 p.m. Millie Shott holds a basic watercolor class called Painting for Everyone on Thursdays from 10 a.m.-2:30 p.m. Doris has the afternoon class on Thursday as described previously. Firouzeh Sadeghi holds a watercolor class for any level on Fridays from 1:30-4 p.m. Saturday is independent study (no teacher) from 10 a.m.-12:30 p.m.

Spring Session II finishes on Saturday, July 13, with a week break to celebrate the nation's birthday. Detailed schedules are available in the studio foyer in Clubhouse I. The summer session begins Monday, July 15.

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# Potluck Luncheon and Book Exchange a Huge Success

by Verna Denny

More than 40 book lovers attended the Book Club Network's third annual members-only potluck luncheon and book exchange on May 3.

Members from all the book clubs, as well as a few people on the Network's waiting list, came together for this social event. In addition to contributing delicious dishes to the food table, participants were asked to bring up to four books to exchange.

It was fun sifting through books that others have read and recommended to find the perfect ones for summer reading. Many of the books were ones that had been assigned reading for clubs, but others were members' favorites. It was a treasure trove for all book lovers.

Members put a quarter in the kitty for each book they chose. The money collected, \$25 in total, was donated to the library in Clubhouse I. Remaining

books were given to the Montgomery Hospital Thrift Store, where two of the Book Club Network's members volunteer.

## About the Network

The Book Club Network is a collection of book discussion groups, small in size — eight to 12 members per group — whose purpose is to provide a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet each month to talk about a specific work chosen by their club.

In addition to creating an atmosphere of learning and helping members stay motivated to read, the Book Club Network provides a social component. The small discussion groups allow for personal and intimate experiences, along with social interaction, and allow each member to have input into the proceedings. Meeting new people with fresh views helps to stimulate the growth of the mind.

Ten small book clubs are currently

part of the Book Club Network: six general interest clubs (Thursday Readers, Sleuths, Searchers, Rose Readers, Fall Readers and Bookies); three topical clubs (The African Heritage Club, the Non-Fiction Book Club and Literary Ladies Who Lunch); and one mystery book club (The Suspensers).

Want to attend this members-only event next year? Join one of the Book Club Network's book clubs. The Book Club Network is open to all residents who love reading.

The general interest clubs currently have one or two openings. Residents are placed on a waiting list when no openings are available. In addition, new clubs are formed on an ongoing basis. When four people express an interest in joining a new club, an organizational meeting is scheduled to form an additional club.

For further information, contact Verna Denny at (verhd@msn.com) or (301-598-1418).



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# Library has Everything from Presidential Biographies to Games and Audiobooks

by Anthony Magri

The library in Clubhouse I has a collection comprising mostly fiction and non-fiction in hardcover and paperback. The library tries to maintain a current list of American bestsellers.

Be sure to visit early to see the complete selection of Father's Day, graduation and other greeting cards at affordable prices.

## Collections

The non-fiction section includes biographies of presi-

dents and notable Americans as well as foreign dignitaries both present and past.

Other books that may be checked out include works on the Holocaust and books by resident authors of Leisure World.

The library also has reference books that cannot be checked out, including a medical dictionary, several American English dictionaries and works by the National Geographic Society, including an atlas of the world and a pictorial book of Sept. 11.

Paperbacks do not need to be checked out; just let someone at the desk know what you are taking. Up to 10 paperback books may be checked out at a time; there is no deadline for their return. Games also do not need to be checked out.

Audiobooks may be checked out by signing the binder

located on the round table across from the audiobooks; and videos may be checked out by signing the binder located on the bookshelf next to the videos.

## Operations

All of the Rossmoor Library Guild's income comes from collecting fees on late returns and selling cards, as well as donations from residents. Residents may also donate books published 2017 and after.

A group of volunteers work together to decide what to keep. Other books are either sold or donated to MedStar Montgomery Medical Center and local nursing homes.

## Hours

The library is open on Mondays from 1-4 p.m., Tuesdays through Fridays from 10 a.m.-4 p.m. and Saturdays

from 10 a.m.-1 p.m. The library is closed on Sundays and holidays.

During inclement weather, the library follows the County's public school policy and may not open at all if roads are too dangerous to navigate.

## Computer System

The library's new computer system acquisition is underway. The library will be closed for about one week during the installment and testing period. More information is forthcoming.

Also, in the near future residents will see more audiobooks and possibly paperbacks and CDs. Exciting and wonderful opportunities are coming your way at the library.

For more information or to ask questions, contact Tony Magri at (tonyitalian1951@comcast.net).



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# Last Few Chances to See 'An American Treasure: The Best of Irving Berlin'

by Hannette Allen

This weekend provides three additional chances to enjoy Fun and Fancy's fond tribute to Irving Berlin.

Remaining performances of "An American Treasure: The Best of Irving Berlin" are on Friday, May 17, at 7:30 p.m., Saturday, May 18, at 7:30 p.m. and Sunday, May 19, at 2 p.m. All performances are in the Clubhouse II auditorium.

Tickets, \$10 apiece, can be purchased at the door starting an hour before each performance.

All seats are reserved, and all sales are final.

## New Board Members

Several new board members were elected at the May 1 general meeting. They

are secretary Maureen Harris and directors Evie Riley-Ey, Abigail Murton and Bobbie Seidel.

## Singing Class

Rachel Leanza teaches a singing class on Saturday, June 1, from 10 a.m.-noon in Clubhouse I.

She will teach singers how to project their voices and possibly increase their vocal ranges. The class is free for all Fun and Fancy members.

To sign up, call Steve Bennof at (301-456-5825).

## June Banquet

The Club's banquet is on Wednesday, June 5, in the Clubhouse I Crystal Ballroom.

The cost is \$35 per person (cash bar included). Doors open at 6:15 p.m., with appetizers and cocktails at 6:30 p.m. and dinner at 7:30 p.m. The entertainment begins at 8:30 p.m.

To make a reservation, call Joan Okin at (301-598-2349).

## Community Show

The Community Show, "Around the World in Leisure World," sponsored by the E&R Department and produced by Fun and Fancy, will be held Friday, June 21, and Saturday, June 22, at 7:30 p.m. and on Sunday, June 23, at 2 p.m. in the Clubhouse II auditorium.

For more information, see the Events and Entertainment section of this publication.

## November Show

Fun and Fancy's November musical is "70, Girls, 70."

Based on the 1958 play "Breath of Spring" by Peter Coke, the musical concerns a group of larcenous old folks who steal furs from various New York City stores with the intent of using the proceeds from their resale to buy their Upper West Side retirement hotel, which is slated to be sold to developers.

The show's producers are looking for an assistant

manager, as well as help with publicity, set construction, lights, makeup and dress.

If interested in volunteering, contact the producers: Gerry Kaufman at (301-438-7452) or (queenger1@aol.com), or Maureen Harris at (301-598-4505) or (michas21791@gmail.com).

If emailing an offer to volunteer, type "70 Girls 70" in the email's subject line.

## Membership

The Club is taking a summer break from regular monthly meetings. They will resume on Wednesday, Sept. 4, at 7:30 p.m. in Clubhouse II.

A \$10 annual membership in Fun and Fancy provides free admission to all the regular monthly meetings, shows and after-show refreshments. Admission for non-members is \$5 for each monthly event.

For admission to the two "big" annual shows (two weekends in May and two weekends in November), tickets must be bought by members and non-members.

Fun and Fancy members who want to pay their dues for next year are asked to mail a check for \$10, payable to Fun and Fancy, to Pat Leanza at (15111 Glade Dr., Apt. 1B, Silver Spring, MD 20906).

New members and those whose contact information has changed as asked to include their name, address, phone, cell phone and email address.

Members will receive their membership card for the 2019-20 Club year by mail in late July or early August.

The old, plastic badge holders can be reused with the new cards, a greener option. New badge holders will be available, if needed, at the Sept. 4 meeting.

Performing is encouraged, but is not a requirement of joining the Group.



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**301-252-2199**  
[brian.willson@yahoo.com](mailto:brian.willson@yahoo.com)



# May 22: Swap Old Light Bulbs for Energy-Efficient LED Bulbs

by Sarna Marcus  
and Janice McLean

LW Green continues to sponsor programs that inform and educate residents about topics related to the environment.

At the Group's next meeting, scheduled for Wednesday, May 22, at 2 p.m. in Clubhouse I, residents will have the opportunity to trade both their incandescent and compact fluorescent light bulbs for free LED bulbs (up to three). LEDs are extremely energy efficient and consume up to 90 percent less power than incandescent bulbs.

The meeting's guest speaker, Larissa Johnson, resident energy program manager of the Department of Environmental Protection of Montgomery County, will describe how the County's energy program works to reduce energy use, switch to clean energy and lower carbon emissions. She will share tips and tricks for using less energy and saving money.

## Zero Waste Presentation

The Group's April meeting featured information about Montgomery County's Zero Waste program. Guest speaker Amy Maron, whose primary focus is Zero Waste for Montgomery County's Sierra Club, emphasized that reducing, reusing and recycling are important components in the



County's effort to reduce the amount of trash generated by residents that then must be incinerated.

Zero Waste is an ambitious goal for the County: the recycling rate is currently 42 percent. Plans developed by the Department of Environmental Protection in conjunction with a Citizen's Task Force include a variety of innovative approaches under review, including composting, "pay-as-you-throw" (PAYT) and holding product manufacturers liable for the products they create for the life of the product.

Examples of the latter include requiring mattress manufacturers handle the recycling of discarded mattresses to ensure their products are recycled. County-wide composting would go far to reduce trash; everything from organic waste from vegetables, fruits and yard trimmings, to food-contaminated paper and cardboard and even dirty diapers can all be composted. The PAYT program stipulates that the more trash a person generates, the more he or she pays for pick-up.

LW Green urges residents to

continue their recycling efforts, to increase that effort where they can and to support Montgomery County's ambitious goal of Zero Waste.

## Ban the Bag Continues

LW Green members Valerie Williams and Sarna Marcus announced a new program to be initiated in the coming months by the Group that further addresses the need to recycle plastic bags.

Since plastic film (used in plastic bags) clogs sorting machines, depositing them with other recycling is forbidden. This program would allow for

the collection of clean plastic bags separate from other recycling and their transfer to collection bins in the area. More details are forthcoming.

## About LW Green

LW Green comprises a group of residents who are striving to be better stewards of the environment through education and advocacy. All interested residents are invited to attend the Group's meetings, held the fourth Wednesday of each month at 2 p.m. in Clubhouse I. For more information, visit ([www.lw-green.com](http://www.lw-green.com)).



LW Green members with Amy Maron, third from right, at the Group's April 24 meeting, courtesy photo

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# May 20: Battle of the Bulge Veteran Speaks at Next Meeting

by Joe Cook

The Chapter's next general membership meeting is on Monday, May 20, at 2 p.m. in Clubhouse I. World War II Battle of the Bulge veteran Howard Trowern is the guest speaker.

John Lass will also highlight the activities of the 44th Biennial Conference of the Maryland Federation of NARFE that he attended earlier this month in Ocean City, Maryland.

Refreshments will be served

starting at 1:30 p.m. All interested residents and guests are invited to attend the meeting.

## Member Appreciation Lunch

On Monday, June 17, Chapter members and spouses are invited to gather at 12:30 p.m. in the Clubhouse Grille for a member appreciation lunch.

The Chapter is covering half the cost of a buffet-style banquet that includes salad, roast turkey and dressing, chicken fettuccine alfredo, pasta primavera,



mashed potatoes, roasted vegetables, rolls, apple cobbler with ice cream, and coffee, tea and soda.

The cost is \$12 for each member and spouse wishing to attend. To attend, mail checks, payable to NARFE Chapter 1143, to Jewel Lee at (3528 Chiswick Ct., Silver Spring, MD 20906), or give them to her in person at the May 20 meeting. For questions, call her at (391-801-4007).

## Join NARFE or Update Your Membership

Dues for Chapter 1143 are \$44 per year or \$38 if deducted monthly from an annuity

payment. For more information contact membership chair John Lass at (johnlass@comcast.net) or (301-288-4210).

For questions and suggestions, or if you would like to support the Chapter in some way, contact one of its officers:

- John Moens – (johnjots@outlook.com) (301-438-3237)
- Joe Cook – (joec37766@gmail.com) (202-271-0710)
- Jewel Lee – (jewelalee@msn.com) (301-801-4007)
- Rich Rothstein – (whobodyelse@aol.com) (301-598-5760)

## ■ Center for Lifelong Learning (CLL)

# June 20: Learn How to Write Your Family History for Coming Generations

by Fred Shapiro

How can people pass their family history on to their grandchildren and future generations? Thelma Austin, founder and president of My Family Voices/Praise Press, will discuss this topic in a presentation, "Writing Your Family History," on Thursday, June 20, at 2 p.m. in

Clubhouse I.

The presentation is free for all residents, but registration is required and available at the Clubhouse I E&R office, or by calling (301-598-1300).

Many family relatives, particularly the eldest, want their life stories recorded. Others, especially the youth, can gain pride, confidence, appreciation and humility by learning about

the faith, challenges, sacrifices, perseverance and successes of older relatives.

By knowing about the lives of loved ones, people can create detailed histories, like a tableau, to help current and future descendants understand, value and benefit from their heritage.

Austin's program will explain how family histories can be captured and placed in a format that can be handed down from generation to generation. Residents can check their drawers for old photographs to scan, and then check their memories for stories their grandparents and



Thelma Austin. Photo by Fred Shapiro

parents told them in their youth. Putting them on paper can help assure these memories will last for generations to come.

## About the Presenter

Austin's company publishes autobiographies of everyday people and books of sermons for clergy to ensure that their legacies and messages will last forever.

She spent her corporate career in brand management and advertising and served as director of development (fundraising) for Howard University's School of Law and School of Social Work in Washington, D.C.

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## ■ Republican Club

# May 21: Resolving Nursing Home and Related Long-Term Care Problems

by Fred Seelman

What do you do if you encounter nursing home, assisted living and/or related long-term care problems? The Club answers this question at its next meeting on Tuesday, May 21, at 7 p.m. in Clubhouse I.

Eileen Bennett, a manager at Montgomery County's Aging and Disability Services Division, will explain how to find and compare nursing homes and pay for nursing home care. She will also discuss nursing home residents' rights and alternatives to nursing home care, and will talk about the Long-Term Care Ombudsman

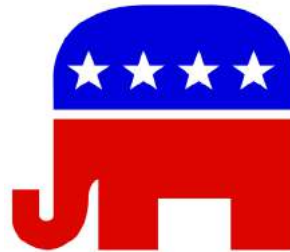
Program, from which seniors and others can get individual help in resolving long-term care problems.

Residents are encouraged to be well informed about the healthcare to which they are entitled. At the May 21 meeting, the Club will provide residents with information about an important facet of their entitlements – long-term care. Come to the meeting to find out what your benefits and protections are.

Also sign up to march with the Club in the 4th of July parade. Sign-up sheets

will be available at the meeting. Club members who cannot make it to the meeting to sign up but want to march in the parade are asked to see below for the Club's contact information.

At the Club's last meeting, Kellia Giambrone, manager of operations at the MedStar Health medical center, wowed attendees with the healthcare services available there.



### Contact Information

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com), or call first vice president Robert Kammer at (301-847-9820).

Join us for another quality event on May 21.

## ■ Democratic Club

# One Delegate Elected, Two Historic Firsts in Annapolis

by Roger Blacklow

For the first time ever, Democrats elected an African-American woman to be the new Speaker of the Maryland House of Delegates. Del. Adrienne A. Jones takes the reins immediately.

Despite Maryland's reputation as a progressive state, it had not had an African-American or woman Speaker in its entire history. Her election follows the death of long-time Speaker Michael Bush.

As Speaker, Jones has a lot of power. She can appoint committee chairs, determine which legislation receives a floor vote and when such a vote takes place. Her stamp of approval often is the difference between a bill being enacted into law or rejected. She has a place at the table with Republican Gov. Hogan and Senate Majority Leader Mike Miller.

The Democratic Club wholeheartedly welcomes her victory and will invite her to come address the Club at her earliest convenience.

### Become a Legislative Activist

Are you concerned about the road-work at the Norbeck Road entrance?



Del. Adrienne A. Jones.  
Photo courtesy (mgaleg.maryland.gov)



How about the school budget or Gov. Hogan's plan to expand the Beltway for \$11 billion, causing destruction of some existing homes and businesses and increased air pollution?

The County Council handles issues that affect people's daily lives. On Tuesday, June 4, the Democratic Club sponsors a training session on how the County Council works and how people can effectively make a difference in its decision-making. The session is at 4 p.m. in Clubhouse I.

Councilmember Sidney Katz's chief of staff, Lisa Mandel-Trupp, will guide attendees through the inner workings of the Council, with an eye toward learning the best ways to lobby members.

### Next Meeting

The next Democratic Club meeting is on Thursday, June 13, at 7 p.m. in the Clubhouse I Crystal Ballroom. The new Club officers will

be sworn in, and a guest speaker will present an exciting program.

Club members will get an email announcement via the Donkey Dispatch. Residents who are not members can join (\$15 per person, per year) at the Club's next event.

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You must be income qualified for this program, Montgomery County homeowner, and a PEPCO customer— Sample income limits range from \$52,550 for a one-person household, \$60,050 for a two-person household, with higher limits for each additional person.

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## **■ Unitarian Universalists**

# May 28: Director of County's Budget Office Explains Budget Process

by Dave Edfors

On Tuesday, May 28, the Unitarian Universalists present a talk by Richard S. Madaleno, Jr., the newly appointed director of the Montgomery County Office of Management and Budget.

The program begins at 2:30 p.m. in Clubhouse II and will be followed by refreshments and conversation. All residents are welcome.

Madaleno will explain how programs and policies decided by the voters through their legislature and county council become a reality through the budget process. He will further speak about the state and county fiscal relationship and Montgomery County's fiscal future, particularly as it applies to educational funding. His talk will be followed by a question and answer period.

### **About the Speaker**

Prior to his current position, Madaleno served 16 years as

a member of the Maryland General Assembly. During his legislative career, he served on committees governing the state budget and pensions. Before serving in the General Assembly

he worked for the Montgomery County Office of Intergovernmental Relations and the Maryland Department of Legislative Services as a fiscal and budget analyst.

He received his bachelor's degree in history and Russian studies and a master's in public administration from Syracuse University.

In 2018, he was a candidate for governor in the Democratic primary election.

Join the Unitarian Universalists on May 28 for this interesting and informative presentation. Residents don't have to be members of the Unitarian Universalists to attend its meetings; all residents are welcome.

For information about Leisure World's Unitarian Universalists, contact Helen Pechacek at (301-384-2415) or ([helenpechacek@gmail.com](mailto:helenpechacek@gmail.com)).



Richard S. Madaleno, Jr., courtesy photo



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## ■ Jewish Discussion Group

# May 26: Catch Up on Contemporary Jewish Discussions

by Jerry Cohen

The Group's next meeting is on Sunday, May 26, at 10:30 a.m. at Clubhouse II. The session will include a discussion of contemporary topics impacting Israel and the communities throughout the diaspora.

Everyone has much to catch up on, as several months have passed since the Group has taken up regular discussions of these topics. Come and express your viewpoint at the May 26 session, and participate in what are sure to be lively and interesting discussions.

Members are welcome to contact the moderator to suggest featured speakers, to discuss doing mini-presentations or to suggest discussion topics that may enrich the monthly sessions.

The Jewish Discussion Group invites people of all faiths to attend its free discussion group sessions held on the fourth Sunday of the month from 10:30 a.m.-noon in Clubhouse II. For additional information or to have an email address added to the monthly notification list, contact group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

## ■ Jewish War Veterans Charles B. Krieger Post 567

# June 2: Post's Officers Installed at Brunch

by Jerry Cohen

The Jewish War Veterans Post 567 brunch on Sunday, June 2, will feature the installation of the Post's new officers for the 2019-2020 year. Incoming officers from Post 692 in Rockville will participate in a joint installation ceremony.

The brunch begins at 10:15 a.m. in the Clubhouse I Crystal Ballroom. The date of the brunch is one week earlier than usual to avoid conflicting with Shavuot holiday.

Retired Col. Erwin Burtnick, Commander of the Department of Maryland Jewish War Veterans, will conduct the installation of officers. Post 567's officers for the coming year are Fred Shapiro, commander; Jerry Cohen, senior vice commander; Larry Barshay, junior vice commander; and Harvey Kaplan, judge advocate.

The incoming officers for Post 692 are Joe Fridling, commander; Walter Gold, senior vice commander; Marshall Sneiderman, junior vice commander; Sheldon Gold-

berg, adjutant; and Bill Landau, quartermaster.

After the installation, Goldberg will introduce and discuss the film "Spirit, Courage and Conviction: A Video Tour of the National Museum of American Jewish Military History." The 27-minute video of the museum summarizes the exhibits covering Jewish military history in the U.S. from the Revolutionary War to the present day, including the founding of the Jewish War Veterans.

The cost of the buffet brunch, which includes eggs, tuna fish, lox, bagels, salad, coffee, Danish and more, is \$14 per person. To attend, mail a reservation check, payable to JWV 567, to Jerry Cohen at (3330 N. Leisure World Blvd., Apt. 919, Silver Spring, MD 20906) by Saturday, May 25. Jerry may be reached at (240-970-5024).

Tables of 10 only may be reserved with payment for all tablemates, and their names are to be included with the reservation. Otherwise, open seating arrangement on a first come first served basis will be in effect.



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# Upcoming Events for the Year Cover Jewish Life in All its Facets

by Barbara Eisen

Hadassah has planned its programs for the rest of the year.

On Tuesday, June 4, Hadassah tours the National Portrait Gallery in Washington, D.C.

## Upcoming Events

Hadassah does not meet in July. On Wednesday, June 26, author David Weinstein speaks on his book, "The Eddie Cantor Story," at 7:30 p.m. More details are forthcoming.

Other upcoming events for the year include:

- Aug. 21 – "The Jewish Influence on Rock 'n' Roll," musical program by Cantor Michael Kravitz
- Sept. 18 – "Life is Rich," movie showing by director

Bonnie Rich

- Oct. 23 – Ambassador Stuart Eizenstat speaks about his new book, "President Carter, The White House Years"
- Nov. 13 – Fashion Show and Speaker on Israeli Fashion
- Dec. 18 – Chanukah Party and Bingo

## Judaic Studies Group

The next meeting of the Judaic Studies Group is on Monday, May 20, at 1:30 p.m. in Clubhouse I.

Naomi Kline guides the group through Jerusalem from 1900 to its unification in 1967.

View the physical beauty of Jerusalem in the setting of the Judean hills together with the rich diversity of its human landscape.

Open your hearts; bring

your personal stories; become a part of Jerusalem.

For questions, contact Naomi Kline at (240-669-7683), Marcia Elbrand at (216-496-6633), Shari Goldstein at (240-293-6442) or Peri Schuyler at (301-869-2968).

All residents are invited to attend.

## Greeting Cards

Jan Bloom sells Hadassah greeting cards. The price of the cards is \$2.50 each or five for \$10.

Cards are displayed and sold at every Hadassah meeting. Call Jan at (301-593-7720) to buy cards between meetings.

## Youth Project

Larelda Gruber, available by phone at (301-598-5922), is chair of Youth Aliyah/

Children at Risk. This project helps disadvantaged children in Israel.

The goal is to create a circle of \$1,000, made by individual contributions of \$40.

Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

## General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net), or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).



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# May 30: Healthful Thursdays Continue with Look at Hypertension and Stress Management

by Patricia Means

**D**r. Ikenna Myers of the Montgomery County Department of Health and Human Services' African American Health Program conducts session 8 of the Healthful Thursdays program on Thursday, May 30, from 1-3 p.m. in Clubhouse I.

The topic is "ways to prevent, manage and reverse hypertension through stress

management, exercise and healthy coping behaviors."

Admission is free, but a ticket is required and available from Clubhouse I E&R office. All residents are welcome.

For more information, contact Jannifer Woodson at (832-259-7063).

## LWAAAC Annual Picnic

The annual picnic is Saturday, June 1, from 4-7 p.m. on the Clubhouse I

lanai, with a food buffet and music by DJ Coley.

Tickets are \$25 per person (checks only, payable to LWAAAC) and available through Thursday, May 30, from the Clubhouse I E&R office.

Tables of 10 are available and the names of attendees must be provided at the time of ticket purchases.

For more information, contact Juanita Sealy-Williams at (301-822-4531).

## Membership

Registration for new and renewed membership covering the period of July 1, 2019 through Tuesday, June 30, 2020 are accepted at meetings on Wednesday, June 5, and Thursday, June 27.

Dues are \$20 per person (checks only, payable to LWAAAC).

Payment also may be placed in the LWAAAC mail slot located in Clubhouse I E&R office or mailed to (LWAAAC, P.O. Box 12316, Silver Spring, MD 20908).

## Amenities

Members should notify LWAAAC of illness, disability, death or other situations that affect a member or that person's immediate family by contacting Louise Langley, amenities chairperson, at (301-598-3876).

## Election of Officers

The slate of nominees compiled by the LWAAAC nominating committee will be mailed to members before Monday, May 27.

The election is held at the annual meeting on Thursday, June 27, at 4 p.m. in Clubhouse I. Only LWAAAC members may vote.

## ■ Jewish Residents of Leisure World

# June 7: Special Service Includes Daven and Deli

by Jonas Weiss

**R**abbi Gary Fink and Cantor and guitarist Wendy Gonzales conduct a special Sabbath religious service on Friday, June 7, at 6 p.m. in Clubhouse II, followed by a delicatessen dinner and discussion.

The special service was a popular event last year, so reservations must be made by Wednesday, May 29, with checks of \$17, payable to JRLW and sent to Phyllis Rand at (15107 Interlachen Dr., Apt. 307, Silver Spring, MD 20906). A convenient reservation form is in the JRLW newsletter.

see the Events and Entertainment section of this publication.

Rabbi Moshe Samber and volunteers conduct Sabbath services with discussions on the Torah portion and rabbinical writings on Saturday, May 18, 25 and June 1, at 9:15 a.m. in Clubhouse II.



Wendy Gonzales, courtesy photo

## Donations

For the Torah fund, mail checks, payable to JRLW (\$25 minimum), to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

Donations for prayer books go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906). Janet is asking for someone to help her label the prayer books.



Donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).


## Upcoming Events


Don't miss the 10th annual Health and Wellness Expo on Saturday, May 18, from 10 a.m. to 2 p.m. in Clubhouse I. For details,

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# NA'AMAT Advocates for and Supports Women's Education and Health

by Carole Mund

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women, services and assistance for new immigrants as well as centers for the prevention and treatment of domestic violence.

## Educational Support for Women

NA'AMAT is a leading advocate for women's rights. NA'AMAT has developed videos to highlight the importance of the rights of women in the home and workplace and has encouraged women to go into fields previously

dominated by men.

To this end, NA'AMAT has created two scholarships to support the advancement of women. Honoring Justice Ruth Bader Ginsberg, who has devoted her life to advancing women's rights and equality, NA'AMAT has created a scholarship specifically directed to encourage woman in the study of law.

The other scholarship honors Rona Ramon, widow of the first Israeli astronaut, who has devoted her energies to STEM (science, technology, engineering and mathematics) research. Donations towards this scholarship support women in STEM graduate studies to further advance their education or conduct research in

these necessary fields.

NA'AMAT's partnership with Arab women goes back to 1954, when the movement started providing sewing, cooking and Hebrew language classes in Arab villages. Over the decades, NA'AMAT has built bridges of understanding and support between Jewish and Arab Israeli women.

Today, NA'AMAT is perhaps more involved in promoting Israeli-Arab women's quality of life than any other organization in Israel.

## Women's Shelters

Statistics show that there are more than 200,000 battered women in Israel and half a million children exposed to domestic violence each year according to (ynet news.com).

In 2017, approximately 14,000 domestic violence applications were processed in the 113 facilities for the prevention and treatment of domestic violence in Israel.

NA'AMAT has developed educational programs to address domestic violence and develop an awareness of the issues connected to it.

## Women's Health Centers

NA'AMAT offers an array of education and counseling

vital to building awareness about common female health issues so that women and girls are able to detect and ultimately prevent illness.

The Women's Health Centers provide educational programs on childbirth, eating disorders, prevention of osteoporosis, family planning, menopause and nutrition.

The Centers also provide individual and group therapy programs for post-natal and menopausal women and support groups for cancer patients and their families.

## Open Board Meeting

The next meeting of NA'AMAT's executive board is Tuesday, May 21, at 10:30 a.m. in Clubhouse I. All planning for events and activities is done at the executive board meetings, and anyone is welcome to attend and participate.

The executive board is open to new ideas and encourages participation by the community.

An organization needs people who are interested in making these activities happen as well as participating in them.

## Volunteers

NA'AMAT is looking for an additional assistant.

If you can help for just five times a year, contact Barbara Rothenberg at (301-438-8260).

## Trips

An exciting new trip has been planned for Saturday, Sept. 14, to see Capitol Steps perform. The trip includes bus transportation and event tickets. More information about the trip is forthcoming.

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).

For tribute cards, call Lenore Kalen at (301-922-4348).



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# Club Gears Up for Annual Pride Celebration

by Michael LaPoint

The Alliance's monthly potluck and meeting, originally scheduled for Saturday, May 18, is cancelled.

As fate would have it, the majority of board members have other commitments for that day.

The Alliance looks forward to seeing everyone at its regularly scheduled meeting on Saturday, June 15, at noon in Clubhouse II.

Bring your favorite dish and join us for the meeting.

## Community Fair

The Alliance will have an information table at the annual Community Fair on Tuesday, May 21, in Clubhouse I, and needs some volunteers to help staff it.

Remember to stop by the table to show your support.

For details about this

event, see the Events and Entertainment section.

## Pride Celebration

The Alliance is currently getting ready for its pride celebration, which takes place on Sunday, June 2.

Renowned LGBT activist and historian Craig Howell will deliver the June Fireside Forum lecture, "The 1970's: Golden Age of Gay Activism in Washington, D.C."

The Alliance hopes to see a great turnout for this historic talk on this topic of direct interest to the LGBTQ community. Plan to attend, and bring along family and friends!

Following Howell's Fireside Forum talk, The LW LGBTQ Alliance will host its Pride Month Reception at approximately 3:30 p.m. in Clubhouse II, across the hall from the auditorium. Refreshments will be served.

Plan to stop by for some munchies and socializing with old friends, and maybe meet some new friends. Feel free to show your pride by wearing rainbow colors.

## Stonewall Anniversary

In celebration of LGBT Pride month and the 50th anniversary of the Stonewall uprising, the Alliance will screen the American Experience documentary, "Stonewall Uprising," at the June 15 potluck and meeting.

Join the Alliance to celebrate the strength of the LGBTQ community and members' friendships in the Alliance.

This uprising, in response to what was at that time a routine police raid on the popular LGBTQ tavern, the Stonewall Inn, is widely seen as a major milestone in the LGBTQ rights movement.

Much has been accom-

plished in the ensuing 50 years, however, a quick review of the evening news gives poignant reminders of the continuing challenges here and abroad.

## Recent Events

On May 8, the Alliance sponsored a tour of the Pentagon – the group in attendance included several of the Group's lesbian veterans of the Armed Services.

## General Information

To learn more about the Alliance or to add your name to the monthly newsletter email list, email (lwlgbt@gmail.com) or, better still, attend the next monthly potluck meeting on June 15.

Also, check out the Alliance's Facebook page to stay connected to current events of interest to the LGBTQ community.

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# Club Members Urged to Get Involved

by Elizabeth Brooks-Evans

The Going It Alone Club's (GIAC) board of directors meets on the first Thursday of each month at 3 p.m. in Clubhouse II.

Club members are urged to attend. Doing so offers a prime opportunity to express their thoughts on Club activities they like and those they'd like to see included or even changed.

## Annual Meeting

The annual meeting is scheduled for Saturday, July 29, at 2:30 p.m. in Clubhouse II and includes the election of officers for the 2019-20 Club year. The position of president will be vacant.

Any members interested in filling that position or nominating a member for the position are encouraged to contact nominating committee chairperson

Elizabeth Brooks-Evans at (240-242-4433) no later than Saturday, May 25.

## Armchair Travel

Club members meet every Saturday in Clubhouse II beginning with armchair travel at 2 p.m. followed by various games at 2:30 p.m.

On Saturday, May 18, "Trace Bulgaria's Complex History" with Rick Steves, well-known video travel guide, who will trace the country's complex history, from ancient Thracian tombs to medieval Orthodox Christian monasteries to Soviet monuments.

Also, enjoy an intimate taste of contemporary culture: the yellow brick road of Sofia, the gregarious craftspeople of the medieval capital, Veliko Tarnovo; and the thriving pedestrian zones of cosmopolitan Plovdiv.

On Saturday, May 25, "Tour Romania's Vibrant Capital,

Bucharest" with Steves as he guides travelers through the "Little Paris of the East," its architecture and lingering reminders of a brutal communist dictator.

Then head into Transylvania to visit fortified churches, cobbled merchant towns like Sighișoara and castles made famous by an imported German king and the real-life Dracula. Finally, explore Maramureș, where everyday life still feels like an open-air folk museum.

## Games

Games begin at 2:30 p.m. and include bridge and Rummikub in the Clubhouse II lobby. Mexican train dominoes and old-fashioned dominoes are played in the Game Room. Members are also welcome to bring or suggest other favorite games.

Free bingo with prizes is sometimes played on the second and fourth Satur-

days of the month. Pokeno is sometimes played on the first and third Saturdays of the month. On one Saturday of each month, one lucky member at SAL receives a door prize.

For more information about games, contact Sylvia Pachenker at (301-598-5325).

## Trips

GIAC trips are open to all Leisure World residents and guests whether single or married. Following are currently scheduled trips for 2019:

- July 16-18 – Casino on the Boardwalk in Atlantic City, New Jersey
- Aug. 22 – Harris Crab House on Maryland's Chesapeake Bay and Amish Market in Annapolis
- Sept. 16-20 – "Pigeon Forge and Smoky Mountains Show Trip" in Gatlinburg, Tennessee

More detailed information on these trips is in the Club Trips section of this publication.

Sign-ups up for trips takes place during Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II when a representative of the program committee is available to receive payments and answer questions.

The GIAC newsletter which also has more trip information is also available at that time. For questions about trips, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## Membership

To join GIAC, visit Clubhouse II on a Saturday any time between 1:30-3 p.m. The membership fee is a nominal \$7 per year.

Beginning Monday, July 1, the membership fee increases to \$8 per year.

The income from dues is used to pay Club expenses and enhance activities. For more information about membership, contact Sylvia Pachenker at (301-598-5325).

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## ■ Rossmoor Women's Club

# Help Wanted for Important Club Roles

by Marcia L. Elbrand

While the Rossmoor Women's Club's (RWC) slate of new officers is complete, three key board positions are vacant – membership chairperson, decorating chairperson and historian.

"We are hoping to find a wonderfully well-organized, computer-savvy dynamo to become our next membership chairperson," said Club president Aggie Eastham. The current membership chairperson, Arlene Siller, will be available to help orient her successor.

Decorating chairperson is responsible for developing

decorating concepts for RWC events and turning them into "something breathtaking," Eastham said.

The third position, historian, is open to someone who enjoys gathering and displaying the photos, programs, posters and news articles that chronicle the RWC's activities.

Any Club member interested in learning more about one of these positions is asked to contact Aggie Eastham at (aggie.eastham@verizon.net) or (301-438-8150).

### Supporting the Community

The RWC raises money to support six college scholarships each year – three at Blake High School and three to

undergraduate women in the ACES program at Montgomery College. The Club also donates funds to a local hospice and the Betty Ann Krahnke Center, the only emergency shelter in Montgomery County for women and children seeking refuge from domestic abuse.

In addition, the RWC provides support to Fisher House Foundation, which offers homelike housing to families visiting wounded warriors. RWC volunteers provide enrichment to Head Start pre-kindergarteners at nearby Harmony Hills Elementary School, and members collect "starting fresh" items each year for clients of A Wider Circle.

At Leisure World, the RWC helps to support FISH (Friends in Sickness and Health) and Fireside Forum.

### Time is Ticking

Membership in the RWC is \$40 per person. To renew an existing membership or to become a new member, mail a check, payable to the Rossmoor Women's Club, to Arlene Siller at (3100 N. Leisure World Blvd., #909, Silver Spring, MD 20906).

Those who renew in the next few weeks will guarantee their inclusion in the Club's annual directory. For questions, contact Siller at (abs929@yahoo.com) or (301-460-7859).

## ■ Comedy and Humor Club

# Sharing Humor Helps Solidify Bonds Between Club Members

by Al Karr

The Comedy and Humor Club of Leisure World is sponsoring a special concert, Flight Over Time, featuring four renowned musicians, on Sunday, June 2, in the Clubhouse II auditorium. For more information, see the Events and Entertainment section of this edition.

The weekly meeting of the Comedy and Humor Club demonstrates how laughter spreads a contagion that forms social bonds. Spreading endorphin-release among groups

promotes a sense of togetherness and safety, according to author David DiSalvo.

Each brain sends "feel-good" signals to other brains. It's like a game of endorphin dominoes; when someone starts laughing, others will laugh, too, even when they're not sure what's so funny.

This aura of camaraderie, as Sumner Levin, the Club's treasurer, calls it, is easy to see at meetings, which are held every Tuesday from 1:30-3 p.m. in Clubhouse II.

Here are a few examples of friendly joke telling during some recent Club meetings:

- Herb Hodes – The Queen was trying to knight valiant, young men, but was stymied by the differing and puzzling responses they gave to her efforts. With a sword, she finally conferred knighthood on Sir Abraham, asking, "Why is this knight different from all other knights?" (a reference to the best known-quote from
- Sam Hack – A woman's eye pops out, and a man across the room catches it. He yells to her, "I'll keep an eye out for you."
- Wally Becker – The police put out an all-points bulletin concerning a 5' 1" fortune teller: "small medium at large."
- Allan Packer sang one of Allan Sherman's ditties, "Camp Granada"

the Pesach Haggadah recited during Passover, "Why is this night different from all other nights?")

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# Avoiding the Mistakes New Mac Owners Make

by Ron Masi

More and more people are spending the extra money to buy a Mac computer, but defeat their purpose by making some early mistakes that are perhaps based on well-intended advice from PC owners.

It is always a good idea to talk with an experienced Mac user before making any changes.

## 1. Don't install add-ons.

People who are used to using PCs may immediately want to add PC programs such as MS Word, Excel, Windows and Chrome to their Mac computer.

But Mac computers already have counterpart programs installed, such as Pages and Numbers, Safari, Photos, Keynote and Mail, among others. They perform the same functions and are intuitive and quickly learned.

These Apple counterparts can open and use PC documents, and then to share the document

the user can, with an extra click, send it in the PC format if necessary.

Keep in mind that Apple makes the computer and also makes the software for it. The software is designed to work on the device. On the other hand, PCs are made by many different companies (Acer, Dell, HP) as is PC software.

Except for some special purposes, there is really no need to spend more money on PC software thereby possibly exposing the Mac to PC viruses and malware.

For questions about an Apple program, users can call (1-800-MY-APPLE) to talk with a live person who will help. And, of course, a member of the LW Apple Club can also help.

## 2. Don't customize (yet).

A Mac can be customized in many ways to meet a user's

specific needs, but it may be best to work with the default configuration as it has been determined to be best for the vast majority users.

Users who start making customizations before they understand the basics will most likely forget they've made modifications, leading to much confusion when interpreting instructions or seeking advice. Hold off customizing for later.

## 3. Don't turn off the computer; let it sleep.

A Mac may still have work to do even after the user stops using it. It does a lot of internal maintenance and housekeeping when you away so as not to slow the user down when he or she is working – such as indexing files, software updates or backups.

It will use minimum electricity.

Shut off and unplug the computer when away for extended periods of time and during storms.

## 4. Don't install maintenance, security or anti-virus software.

Advertisements try to sell this software to Mac users, but Apple has built-in protections.

Generally, unless Apple tells you to install something, don't do it. Users' best protection is keeping their Mac operating systems (OS) up-to-date.

## Club Reminders

Mac clinics are held on the first, second, third and fifth Tuesdays of the month from 10-11 a.m. in the Computer Learning Center in Clubhouse II. The Club has a speaker on the fourth Tuesday of the month from 10 a.m.-noon in Clubhouse II.

Visit the Club's website at ([mac.Computerctr.org](http://mac.Computerctr.org)) to keep up with OS updates, Club activities and past Leisure World News articles.



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# Clubs, Groups & Organizations In Brief

**Amateur Radio Club:** Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

**Clipper Workshop:** Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

**Computer Learning Center:** Located in Clubhouse II, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit ([www.computerctr.org](http://www.computerctr.org)) or contact the E&R office in Clubhouse II at (301-598-1320).

**Hispanos de Leisure World:** All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is May 24. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

**The Lapidary Shop:** Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

**Musical Jammers:** We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to ([www.nextdoor.com/join](http://www.nextdoor.com/join)) and enter the code QHMxcf.

**The Philadelphians:** For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or ([kanens@verizon.net](mailto:kanens@verizon.net)).

**The Pittsburghers:** If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email ([Tania.Iwanowski@yahoo.com](mailto:Tania.Iwanowski@yahoo.com)).

**Quilting Group:** Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is May 23.

**Stitchers Group:** Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The O. Henry Prize Stories 2018," which contains 20 award-winning stories by various authors. On Wednesday, June 5, Mary Ann Chinni will lead a discussion of "Up Here" by Tristan Hughes. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

**Stamp and Coin Club:** Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

**Town Meeting Organization:** TMO is a movement of residents concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information email ([admin@townmeetingorganization.com](mailto:admin@townmeetingorganization.com)) or you visit ([www.townmeetingorganization.com](http://www.townmeetingorganization.com)).

**Wood Shop Users Group:** The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

**Women in the Military:** Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

**Yahoo Group:** The Group is an online forum and email list serve that provides informal, online communication between neighbors. It provides residents an opportunity to seek information, post announcements and share photos and files. This list serve is monitored daily to assure the stated Group rules are followed. To join, visit (<https://groups.yahoo.com/neo>).

# Leisure World Club Trips

The next deadline for trip submissions is **Monday, May 20**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to [lwnews@lwmc.com](mailto:lwnews@lwmc.com).

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

## July 16-18 Casino on the Boardwalk Atlantic City, NJ

Join the **Going It Alone Club** on a trip to Atlantic City, New Jersey. Enjoy two nights, with two breakfasts and one dinner, plus a casino bonus.

The bus departs from Clubhouse II at 8 a.m. on Tuesday, July 16, returning on Thursday, July 18, after breakfast.

The cost is \$250 for members, \$258 for non-members, double occupancy (add \$99 for single occupancy).

A deposit of \$75 is due at sign up with the balance due by Saturday, May 18; no refund will be issued after this date unless a replacement is made. Travel insurance is available.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## Sept. 16-20 Pigeon Forge and Smoky Mountains Shows, TN

All residents are invited to come with the **Going It Alone Club** on a five-day, four-night trip to Pigeon Forge and the Great Smoky Mountains of Tennessee.

The trip includes four breakfasts and four dinners, entrance to the Titanic Museum, five shows, free time in historic downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

The bus departs Clubhouse II at 8 a.m. on Monday, Sept. 16 and returns late afternoon on Friday, Sept. 20.

The cost for double occupancy is \$480 per person for Club members; \$488 for non-members; and \$149 additional for single occupancy. A \$200 deposit is due upon sign-up, with the final payment due by Tuesday, July 9.

Travel insurance is available. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 15, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## July 30 Nationals Baseball Game Washington, DC

Join the **Jewish Residents of Leisure World** on an evening bus trip to see the Washington Nationals play the Atlanta Braves at a home game on Tuesday, July 30.

The cost is \$45 per person and includes bus transportation and ticket to the game. The bus departs Clubhouse II at 5 p.m. and ticket holders will disembark by an elevator that will drop them off near reserved seating.

Seating overlooks the first base line, is under cover and close to restrooms and food concessions.

To reserve seats, send a check (payable to JRLW) to Dottie Chanil at (3829 Glen Eagles Dr., Silver Spring, MD 20906). Or, call Dottie at (301-871-1513) for more information. Tickets will be distributed as participants board the bus.

## Aug. 22 Harris Crab House and Amish Market Grasonville, MD

Join the **Going It Alone Club** for an all-you-can-eat feast of crabs, steamed shrimp, fried chicken, corn-on-the-cob, cole slaw, potato salad, desert, coffee, tea, soda and draft beer at Harris Crab House in Grasonville, Maryland. On the return trip home, we will stop at the Amish Market in Annapolis, Maryland, for some shopping.

The cost is \$83 for members, \$93 for non-members, and includes transportation, taxes, dining and driver gratuity.

The bus departs Clubhouse II at 10:30 a.m. and returns at approximately 5:30 p.m. No refund will be made after July 20 unless a replacement is made.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Joe Parker at (301-5988-3457) or Sylvia Pachenker at (301-598-5325).



### Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

# EYRE Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2 pm  
Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4  
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

## DAY TRIPS

### Top of Philly, PA

Sat., 6/1, 7:00 am-8:45 pm .....\$125.00 per person  
Includes Liberty Observation Deck, National Constitution Center and lunch.

### Longwood Gardens, PA

Sun., 6/2, 7:15 am-6:00 pm.....\$79.00 per person  
Trip includes admission to the gardens and transportation. Café on site for lunch on own.

### Tea Time and Meadowbrook Gourds, PA

Thu., 6/13, 8:15 am-5:45 pm .....\$94.00 per person  
Trip includes transportation, luncheon tea and a guided tour of Meadowbrook Gourds.

### Made in America Factory Tour, PA

Thu., 6/20, 7:30 am-7:15 pm .....\$79.00 per person  
Trip includes transportation, boxed lunch at Brown's Orchard & Farm and Harley Davidson and Utz Factory tours. Closed toe shoes required.\*

### "Hello Dolly" starring Betty Buckley, DC

Sat., 6/22, 11:30 am-6:00 pm .....\$159.00 per person  
Enjoy this classic at the Kennedy Center! Trip includes transportation, ticket to show and bus snack.

### "The Story of Jesus," Sight & Sound Theatre, PA

Sat., 6/22, 9:45 am-9:15 pm .....\$159.00 per person  
"The Story of Jesus" is a musical stage adventure about the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

### Annapolis State House and Severn River Cruise

Fri., 6/28, 8:00 am-4:15 pm .....\$118.00 per person  
House tour of the State House. Step-on guided tour of Annapolis and a boxed lunch while cruising the Severn River included.

### Queens of Egypt Exhibit,

### National Geographic Museum, D.C.

Mon., 7/8, 9:05 am-2:50 pm .....\$60.00 per person  
This exhibition takes you back 3,500 years to ancient Egypt. Learn about legendary queens: Nefertari, Nefertiti, Hatshepsut and Cleopatra VII; see statues, jewelry and sarcophagi; and take a 3-D tour of one of the most well-preserved tombs in the Valley of the Queens. Lunch on own at the on-site cafeteria. Trip includes transportation and admission.

### National Harbor, MD

Fri., 7/19, 9:00 am-4:40 pm .....\$45.00 per person  
You choose where you want to spend the day: Tanger Outlets, MGM Casino or the Harbor! Transportation only.

### African American Museum, DC

Mon., 7/29, 8:45 am-3:30 pm .....\$45.00 per person  
Explore one or all seven floors of this amazing museum! Trip includes transportation and timed entry ticket. Lunch on own – café onsite.

### "South Pacific" at Riverside Center

### for the Performing Arts, Fredericksburg, VA

Wed., 7/31, 9:45 am-6:30 pm.....\$117.00 per person  
Escape the heat of summer and be entertained by this classic show and enjoy a plated lunch. Trip includes transportation, admission to show and lunch.

### Museum Loop, DC

Mon., 8/5, 8:40 am-3:00 pm .....\$35.00 per person  
Transportation provided to the National Museum of the American Indian, American History Museum and the U.S. Bureau of Engraving and Printing. Choose where you want to spend your day! Transportation only.

### Mansions Along the Delaware, PA

Fri., 8/9, 6:15 am-8:15 pm .....\$139.00 per person  
This trip includes guided tours of Andalusia, Glen Foerd and Pennsbury Manor. Lunch at the King George II Inn.

### Ellis Island and Statue of Liberty, NY

Sat., 8/10, 7:15 am-11:00 pm .....\$113.00 per adult  
.....\$99.00 per child  
Trip includes transportation, ferry tickets to Ellis Island and Liberty Island and a \$10.00 Cracker Barrel gift card.

### "The Best Little Whorehouse in Texas,"

### Totem Pole Playhouse, PA

Sat., 8/10, 8:45 am-7:30 pm .....\$120.00 per person  
Rated P-13 for adult humor and situations. Plated lunch prior to show at Gettysburg Hotel.

### "Amazing Grace"

### Museum of the Bible, DC

Fri., 8/16, 9:15 am-5:45 pm .....\$125.00 per person  
Admission to the museum and show tickets included.

## Spotlight On...

### Tony Bennett at Wolf Trap, VA

Sat., 8/17, 5:15 pm-10:40 pm.....\$145.00 per person  
Garnering 19 Grammy Awards over a seven-decade long career interpreting the Great American Songbook, "Bennett vocalizes American popular songs like nobody else can." Transportation and admission to show included.

## MULTI-DAY TRIPS

Wildwood, NJ  
June 2-5

Castles of NY-1000 Islands  
Aug. 26-29

Mackinac Island, MI  
Sept. 2-8

Finger Lakes, NY  
Sept. 22-25

Hudson Valley, NY  
Sept. 25-27

Niagara Falls Canada  
Sept. 16-19

Albuquerque Balloon Fiesta  
Oct. 4-9 (fly/drive)

Ocean City Getaway, MD  
Oct. 15-18

The Wright Experience at  
Fallingwater, PA  
Oct. 22-24

Greenbrier, WV  
Dec. 8-10

Country Christmas at the  
Gaylord Hotel in Nashville, TN  
Dec. 10-13

## CRUISES

Royal Caribbean  
Oct. 31-Nov. 8  
Eight-night Southeast Coast  
and Perfect Day Cruise

Anthem of the Seas, Cape  
Liberty NJ  
Dec. 8-10  
Caribbean Cruise

**We can book any cruise line anywhere you want to cruise.**

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:  Easy Walking  More Walking  A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

**INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.**

# SPORTS, GAMES & Scoreboards

## May 18: Golf Course Hosts Par Three Tournament

The Golf Course holds a 9-Hole Par 3 Tournament on Saturday, May 18, at 4 p.m.

The cost to play is \$15 per player, which includes food and prizes. Residents may bring up to six players, with a total of 54 players permitted for the tournament.

For questions, call the Pro Shop at (301-598-1570).

— Leisure World News

### ■ Tennis Club

## Club Plans French Open Breakfast for June



“Jump Gerry Jump.” Photo by Alfonso Holston

by Alfonso Holston

The Tennis Club held its second meeting of the season on May 2. Plans were made for the season, which include a French Open breakfast on the morning of the men’s final, Sunday, June 9.

Details will be discussed at the Club’s next meeting on Thursday, June 6, at 7 p.m. in Clubhouse II. Plans are also underway for the Club to participate in the annual July 4 parade.

Action on the courts will start to pick up. Players will be coming off of their winter indoor tennis commitments, and the

weather will become more favorable for outdoor tennis play.

Round robin play and advanced play still go on. Round robin play is on Tuesdays and Fridays from 9:30-11 a.m. Advanced players gather on Sundays, Wednesdays and Thursdays from 9:30-11 a.m.

A “Hit Around” program has been initiated by the Club, which allows players to come out and just hit with others who have gathered for the same reason. Players can practice their strokes without the stress of winning a point. The fun takes place on Mondays from 5:30-7 p.m.

### ■ Golf Club

## April and May Results

Compiled by Rita Molyneaux

#### April 23, 2019

##### 9-Hole Results Mystery Hole #4

1. Kazue Waller, 28
2. (tie) Mary Lee Amato and Pat Weingart, 31
4. Doris DeSantis, 32
5. (tie) Barbara Rushing, Lois Kutan, Nickie Lopes, Arillian Navy and Marilyn Zeiberg, 33

#### April 24, 2019

##### MISGA at Beaver Creek Country Club Hagerstown, MD 2-Best Ball Event

Joe Crocetta’s team won 4th place.  
Marti Kreiss’ team won 5th place.  
Sperry Storm won Closest to the Pin on the par 3 hole #7.

#### April 24, 2019

##### MISGA- Rattlewood at Leisure World

1. Semoon Chang, Dave Sloper, Dick Curtin, Alan Wilder, 112
2. Malcolm Caponiti, Robert Kent, Joe Crocetta, Carol Boardman, 117
3. Jerry Clark, Michael McKee, Susan Kim, 118
4. Sperry Storm, Rich Boardman, Richard Falck, 120

Closest to pin #16 – Sperry Storm, 5’  
Closest to pin #8 – Dave Royston, 7’7”  
Ties Broken by back nine score 48 players

#### April 25, 2019

##### 18-Hole Ladies Scramble

1. KC Choi, Patti Howlin, Susan Kim, 82

#### April 30, 2019

##### 9-Hole Results

##### Two Lady Odd and Even

1. Lois Falck, Janet Danziger, 29
2. Kazue Waller, Connie Park, 30
3. Shirley Gilmore, Linda Andrews, 31
4. (tie) Mary Wells, Ruth Hutchins, Kay Heier, Mary Ellen Coffey, 34

#### April 30, 2019

##### MISGA Mixer at Glad Valley Golf Club

Four Leisure World golfers played in the event. A field of more than 70 players representing several member clubs included three ladies.

In the 2-best ball team event, none of the Leisure World players placed to win prizes. Winning scores ranged from 122-126.

#### May 2, 2019

##### 18-Hole Ladies

##### Low Net, Gross and Putts

##### Tournament

##### Low Net

1. Mary Ko, 72

##### Low Gross

1. KC Choi, 90

##### Low Putts

1. Christa Storm, 35

##### MISGA Mixer at Manor Country Club

Twelve Leisure World golfers played in different formats: 2-best balls on par 4 and one best ball on par 3 and par 5.

Leisure World was well represented on each of the three place teams with prizes:

- 1st place team at 21 under par – Doug Cornish
- 2nd place team and 19 under par – Doug Allston
- 3rd place team at 18 under par – Kevin McMahan

Hats off to these players who did well in a field of 44 players and a different format.



Photo by Leisure World News



## ■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each less than 1,000 master points. Flight C includes only ACBL member pairs, each less than 500 master points.

**Tuesday, April 23, 2019**

### North-South

#### Flight A

1. Allen Shaw – Patti Anschutz
2. Aaron Navarro – Stephan Billstein
3. Jerry Miller – Gerald Lerner
4. Palma Seeger – Sue Swift

#### Flight B

1. Palma Seeger – Sue Swift

### East-West

#### Flight A

1. Mildred Lieder – Nancy Gordon
2. Nadyne Cheary – Marcia Fletcher
3. Helen Solomon – Rae Newman
4. Dora Levin – Merrill Stern

#### Flight B

1. Helen Solomon – Rae Newman

**Friday, April 26, 2019**

### North-South

1. Stephan Billstein – Jim Cowie
2. Aaron Navarro – Judy Perrier

### East-West

1. Saul Penn – Murat Berk
2. Michael Benefiel – Sid Lotlikar

**Tuesday, April 30, 2019**

No results available.

**Friday, May 3, 2019**

### North-South

#### Flight A

1. Stephan Billstein – Jim Cowie
2. Diane Keiper – Nadyne Cheary
3. Mark Lavine – Gail Singer

### East-West

#### Flight A

1. Beth Harper – Louise Bargamian
2. Joe Boland – Howard Brewer
3. Leanna Gipson – Judy Tankersley

#### Flight B

2. LeAnna Gipson – Judy Tankersley Deshmukh
4. Saul Penn – Elaine Conway

#### Flight B

1. Madhav Deshmukh – Beena Deshmukh

Duplicate games are played on Tuesdays and Fridays at 7 p.m. in Clubhouse I. Results and hand records are available on ([thecommongame.com](http://thecommongame.com)).

Players who need a partner for either the Tuesday or Friday game can call Shirley Light at (301-598-6611) at least 24 hours in advance.

A reminder to those who've RSVP'd: The next mentor-mentee duplicate bridge game is on Monday, May 20, at 6:30 p.m. in Clubhouse I.

## ■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

**April 25, 2019**

1. Vicky Shaz, 3,740
2. Judy Lindley, 3,880
3. JoAnn Gellman, 3,160

**May 2, 2019**

1. Vicky Shaz, 2,940
2. Helen Montanaro, 2,440
3. Marion Kline, 2,220

## ■ Friday Bridge

Compiled by Shirley Rosenhaft

**April 19, 2019**

1. Jerry Weiss, 3,690
2. Joyce Fischer, 2,540
3. Shirley Rosenhaft, 2,400
4. Irwin Bauman, 1,990

**April 26, 2019**

1. Jerry Weiss, 4,060
2. Shirley Rosenhaft, 3,710
3. Leonard Bosin, 2,760
4. Helen Montanaro, 2,750

## ■ Pickleball Club

# Club Supports Parkinson Foundation

The Pickleball Club hosted "Play Pickleball for Parkinson's" on May 4. The Club is proud to donate \$600 to the Parkinson Foundation of the National Capital Area.

Club president Scott Keenum organized a two-hour instructional clinic featuring several notable instructors. Many members made donations to support their friend, Andy Leighton, husband of Helen White, USA Pickleball Association district ambassador for the Northern Virginia area. Club members are now also members of "Andy's Army" of support.

– Scott Keenum



Photo by Cindy Potts

## GOOD TO KNOW: PGA PRO OFFERS GOLF INSTRUCTION

Residents new to golf or seeking to sharpen their skills can get instruction from Leisure World's Class-A PGA professional, Richard Rosenthal.

A half-hour lesson is \$45, and a series of five lessons includes one free lesson.

If you enjoy the game, consider a three-month trial membership.

For more information, call the Pro Shop at (301-598-1570).



PGA professional Richard Rosenthal takes a swing at the golf course's driving range. Photo by Leisure World News

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## ■ 10-Pin Bowling League

# Join the Summer Bowling League

by Rita Mastrorocco

The summer league begins on Friday, May 17. All bowlers are welcome to join.

The league is based on handicaps with averages for the bowlers ranging from 84 to 175. If you have not bowled in years, come out and join the fun.

The final winter league standings as of May 3, 2019 are:

1. Half and Half
2. Wild Things
3. Huggers
4. Winners
5. Rolling Rocks
6. Hooks N Curves
7. Lightnin Strikes
8. Pin Busters
9. Guttersnipes
10. Optimist
11. Just One More
12. Fighting Irish

### Top scores for the week of April 26 are:

Scratch Game – Wild Things, 662 pins  
Scratch Series – Huggers,

1,890 pins  
Handicap Game – Just One More, 949 pins  
Handicap Series – Huggers, 2,673 pins  
High Average Men – Steve Mueller, 176 pins  
Scratch Game Men – Steve Mueller, 255 pins  
Scratch Series Men – Steve Mueller, 659 pins  
Handicap Game Men – Steve Mueller, 296 pins  
Handicap Series Men – Steve Mueller, 782 pins  
High Average Women – Chris Porter, 168 pins  
Scratch Game Women – Chris Porter, 188 pins  
Scratch Series Women – Chris Porter, 476 pins  
Handicap Game Women – Barbara Raney, 267 pins  
Handicap Series Women – Barbara Raney, 692 pins

### Top scores for the week of May 3 are:

Scratch Game – Wild Things, 659 pins

Scratch Series – Wild Things, 1,888 pins  
Handicap Game – Wild Things, 938 pins  
Handicap Series – Wild Things, 2,725 pins  
High Average Men – Steve Mueller, 175 pins  
Scratch Game Men – Jon Moser, 213 pins  
Scratch Series Men – Jon Moser, 544 pins  
Handicap Game Men – Jon Moser, 278 pins  
Handicap Series Men – Jon Moser, 739 pins  
Most Improved Average Men – Bruce MacDonald, plus 25 pins  
High Average Women – Chris Porter, 168 pins  
Scratch Game Women – Jessica Stephens, 178 pins  
Scratch Series Women – Jessica Stephens, 461 pins  
Handicap Game Women – Rita Mastrorocco and Julie Thomas, 250 pins  
Handicap Series Women – Rita Mastrorocco, 679 pins

Most Improved Average Women – Julie Thomas, plus 19 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11.

If interested in joining, call Rita at (301-814-9196).



## PARKINSON'S POINTERS

### “THE VALUE OF MULTIDISCIPLINARY CARE IN PARKINSON'S DISEASE”

A FREE, LIVESTREAM EVENT FOLLOWED BY A QUESTION-AND-ANSWER SESSION

Presented by Zoltan Mari, MD, director of the Parkinson's and Movement Disorders Program and The Ruvo Family Chair, Cleveland Clinic Lou Ruvo Center for Brain Health

**THURSDAY, JUNE 6 • 6:30–8 P.M.**  
**CHECK-IN & HORS D'OEUVRES • 6 P.M.**

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The complexity and diverse nature of Parkinson's means that no one pill or physician can effectively deal with the myriad of problems it presents.

An alliance of specialists and subspecialists are needed to collaborate and effectively tackle each and every symptom and challenge experienced by patients. During this seminar, Dr. Mari will discuss the benefits, current models and future of multidisciplinary care.

For information or to register, contact Toni Davis,  
301-388-7209 or [tdavis@bgf.org](mailto:tdavis@bgf.org), by June 4.



  
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# The U.S.'s First 'Outsider' President Played Chess

by Bernie Ascher

President Trump considers himself a “fan” of Andrew Jackson, the seventh president of the U.S., according to a March 15, 2017 article in the Washington Post. Trump even had Jackson’s portrait placed on the wall of the Oval Office in the White House.

Like Trump, Jackson won the presidency as an opponent of the establishment. He did not wear a powdered wig and was not a college graduate. He was the first president who was not from Virginia or Massachusetts. He was unconventional and had a bad temper and a wild head of hair. He pictured himself as a representative of the “common man.”

Born in poverty in a log cabin in South Carolina, Jackson became a lawyer, landholder and slave owner. He entered politics in 1796 at the age of 29 when Tennessee became the 16th state in the Union. He served as Tennessee’s first representative to Congress, later as senator, as judge of Tennessee’s superior court and as commander of the state militia.

Jackson gained fame as a duelist (he participated in more than 100 duels, but killed only one man) and as a war hero in the Battle of New Orleans – a battle that took place two weeks after the war officially ended. The U.S. and Britain signed the Treaty of Ghent on Dec. 24, 1814. News did not travel quickly in those days.

John Quincy Adams narrowly defeated Jackson in the presidential election of 1824. The presidential election campaign in 1828 was nasty – the first in which candidates attacked each other personally, charging scandalous behavior.

Jackson supporters charged that Adams, while serving as Ambassador to Russia, had procured an American girl for sexual purposes for the Russian czar, even calling Adams a “pimp.”

Jackson and his wife, Rachel, were accused of adultery; Rachel also was accused of bigamy; and Jackson, of wife-stealing. Jackson had married Rachel in 1791 while she was still married, but separated from her husband. They married again in 1794 after her first husband procured a Kentucky divorce on grounds of abandonment and adultery.

Rachel died of a heart attack in December 1828 before Jackson’s inauguration as President. Jackson blamed his political opponents and the stress of the election for her death.

After his inauguration on March 4, 1829, the White House was open to the public for a reception, serving spiked punch and ice cream. Some called it a wild, unruly mob scene with the destruction of thousands of dollars worth of furniture and china.

Jackson became the leader of the new Democratic Party, using the spoils system for federal jobs to build a united political party. He coined the phrase “To the victor go the spoils.” He expanded the powers of the presidency. People called him “Old Hickory” because of his toughness.

He implemented the Indian Removal Act of 1830, which led to the forced march of Native Americans from Georgia to Oklahoma – the Trail of Tears, during which thousands died.

John Meacham’s 2008 biography of Andrew Jackson, “The American Lion,” describes Jackson as an excellent chess player.

In today’s world, Jackson’s ownership of slaves and his treatment of Native Americans tarnish his legacy. Members of

the Chess Club recognize him more for his picture on the \$20 bill than for his chess-playing skills.

In the game pictured on this page, Black’s Queen has been chasing White’s King, but may be running out of room. What is Black’s best move?



The solution appears after the usual message that the Chess Club meets every Monday, Wednesday, and Friday from 1-4 p.m. in Clubhouse II. For further information, call Bernie Ascher at (301-598-8577).

**SOLUTION:** Knight moves to c5. Checkmate!  
So, do not wait for news of a treaty. Do not wait for an open reception at the White House. Do not wait for a \$20 bill. Play chess now!

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# Sports, Games & Scoreboards In Brief

**Bid Whist:** Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

**Bocce:** Games are played on the first and second Fridays of the month at 10 a.m. at the bocce court, located outside the Clubhouse I Terrace Room restaurant. The game is easy to learn, with no special skills required. There is no sign up; just show up (weather-permitting).

**Bridge:**

- **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). Results are also posted on (cuebid.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).

- The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

- **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).

- **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

**Chess:** Free chess lessons for beginners and "rusty" players on Monday from noon-1 p.m., or by appointment. Call Steve Harvith at (301-801-4693) for information. The Chess Club meets every Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II.

**Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

**Mah-jongg:** Learn how to play mah-jongg. Call (301-598-3438).

**Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

**Ping-Pong Club:** Get healthy exercise and camaraderie playing ping-pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email (julie12401@netscape.net).

**Pinochle Players:** Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

**Poker:**

- **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

- **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

- **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

**Thursday Night Poker** meets 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

**Volleyball for Everyone.** If you are a LW resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).

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# CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

**\*\*\*Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

## DANCE INSTRUCTION

**NEW – Line Dance with Wendy:** This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, June 10-Aug. 12, from 2-2:55 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$45 per session. Register at Clubhouse II.**

## FOREIGN LANGUAGE EDUCATION

**NEW – ¡Habla Conmigo! Intermediate Conversational Spanish, a CLL course:** Using the text, “Spanish is Fun,” participants will learn about Spanish and the culture of the Spanish-speaking world. Discussions will center around the house, food, locations and asking directions, pastimes and holidays, clothing and animals.

The class is taught by Leisure World resident Judy Frumkin and meets Tuesdays, June 18-Sept. 29 (no class July 30), 1-2:30 p.m. **Fee: \$15 plus \$10 materials fee. Register at Clubhouse I.**

**NEW – ¡Habla Conmigo! Advanced Conversational Spanish, a CLL course:** Using the text, “Spanish is Fun,” participants will learn about Spanish and the culture of the Spanish-speaking world. Discussions will center on clothing, animals, past activities, nature, stores, daily activities and sports.

The class is taught by Leisure World resident Judy Frumkin and meets Tuesdays, June 18-Sept. 24 (no class July 30), 10-11:30 a.m. **Fee: \$15 plus \$10 materials fee. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit ([www.cllmd.com](http://www.cllmd.com)).

## EXERCISE

**NEW – Senior Sneakers:** Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your

cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), June 10-July 15, and Thursdays (with Sue), June 13-July 25 (no class July 4), 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**NEW – Mild Exercise with Shirley:** All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, June 11-July 16, and Wednesdays, June 12-July 17, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**NEW – Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.) - Advanced:** Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, June 3-Aug. 12 (no class June 17 or July 29) and/or Thursdays, June 6-Aug. 15 (no class June 20, July 4 or Aug. 1), 9:15-10:15 a.m. **Fee: \$60, one day per week, \$90, two days. Register at Clubhouse I.**

**NEW – Stretch, Tone and Balance for the**

**Active Adult (10:30 a.m.) – Beginner to Moderate:** This class is for beginner to moderate exercisers who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class Mondays, June 3-Aug. 12 (no class June 17 or July 29) and/or Thursdays, June 6-Aug. 15 (no class June 20, July 4 or Aug. 1), 10:30-11:30 a.m. **Fee: \$60, one day per week, \$90, two days. Register at Clubhouse I.**

**Chair Tai Chi with Robin:** This Tai Chi program is a simplified form of nine basic movements that can be repeated and performed with varying levels of complexity sitting or standing.

The program is directed at improving balance; increasing strength, tone and range of motion in ankles, knees, hips and trunk; improving circulation of blood and lymph; promoting a general sense of well-being and energy, and decreasing muscle pain. The program is also good for quieting the mind, soothing anxiety and improving mood.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is a certified holistic health coach, licensed to perform physical therapy in Maryland and certified in Tai Chi for arthritis and Tai Chi for balance. She is available after class to answer questions or can be reached by phone at (240-350-8820).

Class meets Wednesdays, May 22-July 17 (no class July 3), 3:30-4:30 p.m. **Fee: \$110. Register at Clubhouse II.**

**Tap Dancing in a Chair with Carol – a New Approach to Tap:** If you are an experienced tapper and miss it or a beginner who always wanted to tap, but right now your body says, “no,” this is the class for you. For experienced tappers, this will be a “remember when” and a “do I ever love tapping again”; for beginners, you’ll enjoy an easy start with the basics, and before long you’ll feel like a real tapper. (Experienced tappers who don’t need a chair are welcome to take the class, but all students work from a chair.)

Each class is two hours; the first hour will focus on beginning tap terms and combinations, and the second hour on more advanced techniques and dances. Students are welcome and encouraged to participate in either or both hours of instruction.

Carol began taking

tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons and performed in recitals and community theater. In college, she taught dance for the Physical Education Department and, in the summer, continued to perform in local theater. While her career took her in another direction, her love affair with dance has never ended. If you have questions, give Carol a call at (301-598-5980).

Class meets Thursdays, May 30-July 11 (no class July 4), 3-5 p.m. **Fee: \$40. Register at Clubhouse II.**

### WATER EXERCISE

**NEW – Water Exercise with Nancy:** Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, June 11-July 16, and Thurs-

days, June 13-July 25 (no class July 4), 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**NEW – Non-impact Fusion Water Exercise with Shirley or Sue:** This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, June 11-July 16, and Thursdays, June 13-July 25 (no class July 4), 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for both days. Register at Clubhouse II.**

**NEW – Aqua Fit with Shirley:** This unique class blends the best of both

worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, July 12-July 17, from 1-2 p.m. **Fee: \$38, one day per week; \$63, when taken with one day of another water class. Register at Clubhouse II.**

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# CALENDAR *of Events*

**Dial 301-598-1313  
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## Friday, May 17

### Clubhouse I

10:00 a.m. Book Club Network: Bookies  
10:00 a.m. Book Club Network: Searchers  
11:00 a.m. The Most Stunningly Beautiful Music Ever Written and How to Listen to It Class  
12:15 p.m. Kiwanis Club  
1:30 p.m. Watercolor Any Level Art Class  
2:00 p.m. Town Meeting Organization  
2:00 p.m. CLL Seminar: CPR Understood  
5:00 p.m. Hispanos de Leisure World  
7:00 p.m. Friday Duplicate Bridge

### Clubhouse II

9:00 a.m. JRLW: Rabbi Gary Fink on Intermarriage

1:00 p.m. Zumba Gold Class

1:00 p.m. Ping-Pong Club

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge Club

4:00 p.m. Pickleball Club

7:30 p.m. Fun and Fancy Theatre Group – “An American Treasure: The Best of Irving Berlin”

## Saturday, May 18

### Clubhouse I

8:00 a.m. Lions Club Leadership Training  
9:00 a.m. Gentle Yoga Class  
10:00 a.m. Open Art Studio

### Clubhouse II

9:15 a.m. JRLW Shabbat Services  
12:00 p.m. Computer Learning Center: Annual Volunteer Meeting  
12:00 p.m. LW LGBTQ Alliance  
2:00 p.m. Going It Alone Club: Social  
7:00 p.m. Sock Hop Group  
7:30 p.m. Fun and Fancy Theatre Group – “An American Treasure: The Best of Irving Berlin”

## Sunday, May 19

### Clubhouse I

10:00 a.m. JRLW Breakfast Forum: Debbie Feinstein, guest speaker  
12:30 p.m. Italian Social and Cultural Club Brunch

### Clubhouse II

11:30 a.m. Pickleball Club  
2:00 p.m. Fun and Fancy Theatre Group – “An American Treasure: The Best of Irving Berlin”

## Monday, May 20

### Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class  
10:30 a.m. Stretch, Tone and Balance Class  
1:00 p.m. Oils and Acrylics Art Class  
1:30 p.m. Leisure World Chorale  
1:30 p.m. NARFE  
1:30 p.m. Hadassah: Judaic Study Group  
2:00 p.m. CLL Seminar: Cannabis without the High: Medical Benefits of CBD  
6:00 p.m. Mentor-Mentee Duplicate Bridge Game  
6:00 p.m. Lions Club

### Clubhouse II

9:00 a.m. Senior Sneakers Class  
10:00 a.m. Clipper Workshop  
10:30 a.m. Zumba Gold Class

11:00 a.m. Chair Yoga Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Chess Club  
1:30 p.m. Computer Learning Center: Android Help  
2:00 p.m. Chair Yoga Class  
2:00 p.m. Line Dance Class  
3:00 p.m. Ping-Pong Club  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Class  
4:00 p.m. Fun and Fancy Theatre Group – Auditions for the Community Show  
5:30 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club Operating Session

## Tuesday, May 21

### Clubhouse I

9:00 a.m. Blood Pressure Testing  
9:30 a.m. Any Medium Art Class  
9:30 a.m. E&R Event: Community Fair  
10:00 a.m. CLL Course: Advanced Conversational Spanish  
1:00 p.m. CLL Course: Intermediate Conversational Spanish  
5:00 p.m. Lawn Bowls Club  
7:00 p.m. Trivia Club  
7:00 p.m. Duplicate Bridge  
7:00 p.m. Republican Club

### Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class  
10:00 a.m. LW Apple Club Regular Meeting  
11:00 a.m. Mild Exercise Class  
12:30 p.m. Pickleball Club  
12:30 p.m. Scrabble Group  
1:00 p.m. Stroke Support Group  
1:00 p.m. Non-impact Fusion Water Exercise Class  
1:30 p.m. Comedy and Humor Club  
4:00 p.m. Pickleball Club  
7:00 p.m. Fun and Fancy Theatre Group – Auditions for the Community Show

## Wednesday, May 22

### Clubhouse I

9:00 a.m. Gentle Yoga Class  
10:00 a.m. Applied Principles: Any Medium Art Class  
10:00 a.m. Health Advisory Committee: Seminar on Anxiety  
1:00 p.m. Oils, Acrylics and Miniatures Art Class  
2:00 p.m. LW Green  
6:45 p.m. Chicago Bridge

### Clubhouse II

10:00 a.m. Zumba Gold Class  
11:00 a.m. Mild Exercise Class  
11:30 a.m. Hadassah: Game Day  
1:00 p.m. Chess Club  
1:00 p.m. Ping-Pong Club  
1:00 p.m. Aqua Fit Class  
2:00 p.m. Chair Yoga Class  
5:30 p.m. Pickleball Club  
5:30 p.m. Model Railroad Club Operating Session

## Thursday, May 23

### Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class

## Leisure World Mutual Meetings

### May 20

#### Mutual 23 Board

10:00 a.m., Party Room

#### Mutual 9 Board

10:00 a.m., Sullivan Room

### May 21

#### Mutual 14 Board

9:30 a.m., Sullivan Room

#### Mutual 13 Board

1:30 p.m., Sullivan Room

### May 22

#### Montgomery Mutual

9:30 a.m., Clubhouse I

#### Mutual 19B Agenda

1:00 p.m., Sullivan Room

### May 23

#### Mutual 10 Board

9:30 a.m., Sullivan Room

#### Mutual 20A Board

9:30 a.m., Party Room 1

### May 28

#### Mutual 17A Board

2:00 p.m., Party Room

### Mutual 21 Board

2:30 p.m., Community Room 3

### May 29

#### Mutual 20B Board

9:00 a.m., Community Room 3

#### Mutual 19B Board

1:00 p.m., Sullivan Room

### May 30

#### Mutual 6C Board

9:30 a.m., Community Room

#### Mutual 26 Board

10:30 a.m., Party Room

#### Mutual 24 Board

1:30 p.m., Community Room

### May 31

#### Mutual 17B Board

10:00 a.m., Party Room

### June 4

#### Mutual 18 Board

1:30 p.m., Sullivan Room

### June 5

#### Mutual 8 Board

10:00 a.m., Sullivan Room

*Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.*

## Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

### Education and Recreation

June 4, 9:30 a.m., Clubhouse I

### Emergency Preparedness

June 6, 1:30 p.m., Clubhouse I

### Energy

May 21, 9:30 a.m., Clubhouse I

### Golf and Greens

June 8, 9:30 a.m., Clubhouse I

### Restaurant

May 20, 10:00 a.m., Clubhouse I

### Technology

June 4, 10:00 a.m., Sullivan Room

### Tennis and Pickleball

June 5, 1:30 a.m., Sullivan Room

### LWCC Board of Directors

May 21, 9:30 a.m., Clubhouse I

The meeting airs on May 23, 29 and 31 at 4 p.m. and 7 p.m. on channel 974.

### LWCC Executive Committee

June 14, 9:30 a.m., Sullivan Room

The meeting airs on June 19, 20 and 21 at 4 p.m. and 7 p.m. on channel 974.

*Meeting times and locations subject to change.*

*Sign in to (residents.lwmc.com) and check the calendar for any changes.*

*Meetings are open to all residents and absentee owners.*

10:00 a.m. Painting for Everyone Art Class

10:00 a.m. Health and Wellness Expo

10:30 a.m. Beginner Stretch, Tone and Balance Class

12:30 p.m. Ladies’ Bridge

1:00 p.m. Oils and Acrylics Art Class

6:00 p.m. Lawn Bowls Club

### Clubhouse II

9:00 a.m. Senior Sneakers Class

9:30 a.m. Beginner and Advanced Tai Chi Class

9:30 a.m. Quilting Group

11:00 a.m. Water Exercise Class

11:30 a.m. Pickleball Club

12:30 p.m. Men’s Bridge

1:00 p.m. Non-impact Fusion Water Exercise Class

2:00 p.m. Model Railroad Club Operating Session

2:00 p.m. Mind-Body Exercise Club

3:00 p.m. Health and Wellness Expo

Grand Finale: Broadway Star William Michals

4:00 p.m. Pickleball Club

4:00 p.m. Tap Dancing in a Chair Class

4:00 p.m. Friends of India Association

**Friday, May 24****Clubhouse I**

11:00 a.m. The Most Beautiful Music Ever Written and How to Listen to It Class  
 1:30 p.m. Watercolor Any Level Art Class  
 2:00 p.m. Cannabis 101 Club: Town Hall  
 3:00 p.m. Hispanos de LW: Bingo  
 5:00 p.m. Café AIM: Kristine Key  
 7:00 p.m. Friday Duplicate Bridge

**Clubhouse II**

10:00 a.m. Computer Learning Center – Customizing Accessibility Settings Class  
 10:00 a.m. Chinese Club  
 1:00 p.m. Ping-Pong Club  
 1:00 p.m. Chess Club  
 1:00 p.m. Friday Bridge Club  
 1:00 p.m. Zumba Gold Class  
 4:00 p.m. Pickleball Club

**Saturday, May 25****Clubhouse I**

9:00 a.m. Gentle Yoga Class  
 10:00 a.m. Open Art Studio  
 1:00 p.m. Arts in Motion: Awards Scholarship Ceremony  
 7:30 p.m. Ballroom Dance Club

**Clubhouse II**

9:15 a.m. JRLW Shabbat Service  
 11:00 a.m. Pickleball Club  
 2:00 p.m. Going It Alone Club: Social  
 4:30 p.m. E&R Event: Classical Music Performed by Duke Ellington School of the Arts

**Sunday, May 26****Clubhouse I**

No Scheduled Activities.

**Clubhouse II**

10:30 a.m. Jewish Discussion Group  
 11:00 a.m. Pickleball Club  
 2:00 p.m. E&R Movie: “Won’t You Be My Neighbor”

**Monday, May 27****Clubhouse I**

9 a.m. Foundation of Leisure World: Memorial Day Wreath Laying and Breakfast

**Clubhouse II**

10:30 a.m. Zumba Gold Class  
 12:30 p.m. Men’s Bridge  
 1:00 p.m. Chess Club  
 3:00 p.m. Ping-Pong Club  
 4:00 p.m. Ba Duan Exercise Class  
 5:15 p.m. Pickleball Club

**Tuesday, May 28****Clubhouse I**

9:30 a.m. Any Medium Art Class  
 10:00 a.m. CLL Course: Advanced Conversational Spanish Class  
 1:00 p.m. CLL Course: Intermediate Conversational Spanish Class  
 2:00 p.m. Book Club Network: Suspensers  
 5:00 p.m. Lawn Bowls Club  
 7:00 p.m. Trivia Club  
 7:00 p.m. Duplicate Bridge

**Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class  
 10:00 a.m. LW Apple Club  
 11:00 a.m. Mild Exercise Class  
 11:00 a.m. Water Exercise Class  
 11:00 a.m. Pickleball Club  
 12:30 p.m. Scrabble Group  
 1:00 p.m. Non-impact Fusion Water Exercise Class  
 1:30 p.m. Comedy and Humor Club  
 2:30 p.m. Unitarian Universalists: Richard S. Madaleno Jr, guest speaker  
 4:00 p.m. Pickleball Club

**Wednesday, May 29****Clubhouse I**

9:00 a.m. Gentle Yoga Class  
 10:00 a.m. Applied Principles: Any Medium Art Class  
 1:00 p.m. Oils, Acrylics and Miniatures Art Class  
 1:00 p.m. MISGA Luncheon  
 6:45 p.m. Chicago Bridge

**Clubhouse II**

10:00 a.m. Zumba Gold Class  
 11:00 a.m. Mild Exercise Class  
 1:00 p.m. Chess Club  
 1:00 p.m. Ping-Pong Club  
 1:00 p.m. Aqua Fit Class  
 1:30 p.m. JRLW Movie: “King Bibi”  
 2:00 p.m. Chair Yoga with Tai Chi Class  
 3:30 p.m. Chair Tai Chi Class  
 5:30 p.m. Pickleball Club  
 5:30 p.m. Model Railroad Club Operating Session

**Thursday, May 30****Clubhouse I**

9:15 a.m. Stretch, Tone and Strength Training Class  
 10:00 a.m. CLL Course: Understanding Yourself and Others through Process Communication

10:30 a.m. Stretch, Tone and Balance Class

12:30 p.m. Ladies’ Bridge  
 1:00 p.m. Oils and Acrylics Art Class  
 1:00 p.m. LWAAAC Healthful Thursdays  
 1:00 p.m. 18-Hole Ladies Golf Luncheon  
 2:00 p.m. Memory Café  
 6:00 p.m. Lawn Bowls Club

**Clubhouse II**

9:00 a.m. Senior Sneakers  
 9:30 a.m. Beginner and Advanced Tai Chi Class  
 11:00 a.m. Water Exercise Class  
 11:30 a.m. Pickleball Club  
 12:30 p.m. Men’s Bridge  
 2:00 p.m. E&R Event: Pianist Solomon Eichner  
 2:00 p.m. Model Railroad Club Operating Session  
 2:00 p.m. Mind-Body Exercise Club  
 3:00 p.m. Tap Dancing in a Chair Class  
 4:00 p.m. Pickleball Club  
 4:00 p.m. Friends of India Association

**Friday, May 31****Clubhouse I**

11:00 a.m. The Most Stunningly Beautiful Music Ever Written and How to Listen to It Class  
 1:30 p.m. Watercolor Any Level Art Class  
 3:00 p.m. Hispanos de LW: Bingo  
 6:00 p.m. Twilight Golf Dinner  
 7:00 p.m. Friday Duplicate Bridge

**Clubhouse II**

10:00 a.m. Computer Learning Center: Understanding the Future of Healthcare Patient Portal Apps Class  
 10:00 a.m. Computer Learning Center: Learn to Digitize Photographs with ThePhotoStick Class  
 1:00 p.m. Ping-Pong Club  
 1:00 p.m. Chess Club  
 1:00 p.m. Friday Bridge  
 1:00 p.m. Zumba Gold Class  
 4:00 p.m. Pickleball Club

**Saturday, June 1****Clubhouse I**

8:00 a.m. Lions Club Leadership Training  
 9:00 a.m. Gentle Yoga Class

10:00 a.m. Open Art Studio  
 10:00 a.m. American Needlepoint Guild (ANG)  
 11:00 a.m. Fun and Fancy Theatre Group: Singing Class  
 4:00 p.m. LWAAAC Annual Picnic  
 7:00 p.m. Sock Hop Group  
**Clubhouse II**  
 9:15 a.m. JRLW Shabbat Service  
 11:00 a.m. Pickleball Club  
 2:00 p.m. Going It Alone Club: Social

**Sunday, June 2****Clubhouse I**

10:15 a.m. Jewish War Veterans Post 567 Brunch

**Clubhouse II**

11:30 a.m. Pickleball Club  
 2:30 p.m. Fireside Forum: D.C.’s Golden Age of Gay Activism with Historian Craig Howell  
 3:30 p.m. LW LGBTQ Alliance Pride Celebration  
 6:00 p.m. Baby Boomer Club: Game Night  
 6:00 p.m. Comedy and Humor Club: Flight Over Time, a program of multicultural melodies

**Monday, June 3****Clubhouse I**

9:15 a.m. Stretch, Tone and Strength Training Class  
 10:00 a.m. Center for Lifelong Learning General Meeting  
 10:30 a.m. Stretch, Tone and Balance Class  
 1:00 p.m. Oils and Acrylics Art Class  
 1:30 p.m. Leisure World Chorale  
 7:00 p.m. Bingo

**Clubhouse II**

9:00 a.m. Senior Sneakers Class  
 10:00 a.m. Clipper Workshop  
 10:30 a.m. Zumba Gold Class  
 11:00 a.m. Chair Yoga Class  
 12:30 p.m. Men’s Bridge  
 1:00 p.m. Chess Club  
 1:30 p.m. Computer Learning Center: Android Help  
 2:00 p.m. Chair Yoga Class  
 2:00 p.m. Line Dance Class  
 3:00 p.m. Ping-Pong Club  
 3:00 p.m. Line Dance Class  
 4:00 p.m. Ba Duan Class  
 5:30 p.m. Pickleball Club  
 5:30 p.m. Model Railroad Club Operating Session

**Tuesday, June 4****Clubhouse I**

9:00 a.m. Blood Pressure Testing  
 9:30 a.m. Any Medium Art Class  
 10:00 a.m. CLL Course: Advanced Conversational Spanish  
 1:00 p.m. CLL Course: Intermediate Conversational Spanish  
 4:00 p.m. Democratic Club Training: How the County Council Works  
 5:00 p.m. Lawn Bowls Club  
 7:00 p.m. Trivia Club  
 7:00 p.m. Duplicate Bridge

**Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class  
 10:00 a.m. LW Apple Club Regular Meeting  
 11:00 a.m. Water Exercise Class  
 12:30 p.m. Pickleball Club  
 12:30 p.m. Scrabble Group  
 1:00 p.m. Non-impact Fusion Water Exercise Class

1:30 p.m. Comedy and Humor Club  
 4:00 p.m. Pickleball Club

**Wednesday, June 5****Clubhouse I**

9:00 a.m. Gentle Yoga Class  
 10:00 a.m. Applied Principles: Any Medium Art Class  
 11:00 a.m. Short Story Group  
 12:30 p.m. NA’AMAT RBZ Club  
 1:00 p.m. Oils, Acrylics and Miniatures Art Class

2:00 p.m. Center for Lifelong Learning presentation: “Two Legacies” with Pauline Jakobsberg  
 2:00 p.m. Cannabis 101 Club  
 2:00 p.m. Book Club Network: African Heritage  
 6:00 p.m. Fun and Fancy Theatre Group Banquet  
 4:00 p.m. LWAAAC General Meeting  
 6:45 p.m. Chicago Bridge

**Clubhouse II**

10:00 a.m. Zumba Gold Class  
 1:00 p.m. Chess Club  
 1:00 p.m. Ping-Pong Club  
 2:00 p.m. Chair Yoga with Tai Chi Class  
 3:30 p.m. Chair Tai Chi Class  
 5:30 p.m. Pickleball Club  
 5:30 p.m. Model Railroad Club Operating Session

**Thursday, June 6****Clubhouse I**

9:15 a.m. Stretch, Tone and Strength Training Class  
 10:00 a.m. Painting for Everyone Art Class  
 10:30 a.m. Stretch, Tone and Balance Class  
 11:00 p.m. Writers of Leisure World  
 12:30 p.m. Ladies’ Bridge  
 1:00 p.m. Oils and Acrylics Art Class  
 1:00 p.m. Portraits – People and Animals Art Class  
 1:00 p.m. LWAAAC Healthful Thursdays  
 3:00 p.m. Stamp and Coin Club  
 6:00 p.m. Lawn Bowls Club

**Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class  
 10:00 a.m. Stitching Group  
 11:00 a.m. Water Exercise Class  
 11:30 a.m. Pickleball Club  
 12:30 p.m. Men’s Bridge  
 1:00 p.m. Non-impact Fusion Water Exercise Class  
 2:00 p.m. Model Railroad Club Operating Session  
 2:00 p.m. Mind-Body Exercise Club  
 3:00 p.m. Tap Dancing in a Chair Class  
 4:00 p.m. Pickleball Club  
 4:00 p.m. Friends of India Association  
 7:00 p.m. Tennis Club

**Friday, June 7****Clubhouse I**

11:00 a.m. The Most Stunningly Beautiful Music Ever Written and How to Listen to It Class  
 12:15 p.m. Kiwanis Club  
 1:30 p.m. Watercolor Any Level Art Class  
 3:00 p.m. Hispanos de Leisure World: Bingo  
 7:00 p.m. Friday Duplicate Bridge  
**Clubhouse II**  
 12:30 p.m. Friday Bridge Club  
 1:00 p.m. JRLW: Daven and Deli  
 1:00 p.m. Ping-Pong Club  
 1:00 p.m. Chess Club

Perrie, LLC Presents

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**SEPTEMBER 25**

**AUGUST 28**

**OCTOBER 30**

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Clubhouse Grille is now open Tuesday - Saturday: 4 p.m. - 9 p.m.

Clubhouse Grille Hours: Tues. - Sat.: 4 p.m. - 9 p.m.

Stein and Terrace Room Hours: Sunday: 9:30 a.m. - 8 p.m. | Mon. - Tues.: 9 a.m. - 8 p.m. | Wed. - Sat.: 9 a.m. - 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

# CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

## ESTATE SALES

**CASH FOR ESTATES;** whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (theatticllc.com) Gary – (301-520-0755).

**ATTIC TO BASEMENT ESTATE Cleanouts LLC** – I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

**LOOKING TO DOWNSIZE,** move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl,

LLC! Let's get started making you a profit! (301-437-2705)

## REAL ESTATE FOR SALE

**A WISE CHOICE.** Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

**Announcing a NEW REAL ESTATE PARTNERSHIP,** Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to review our current listing choices, to see other available properties and to request a free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

## REAL ESTATE FOR RENT

**FAIRWAYS NORTH,** 1 bedroom, 1.5 bath. Model B. Beautiful, sunny, spacious, newly renovated apartment on sixth floor. Hardwood floors throughout. Ample closet space. Eat-in kitchen with window. Dining room with window. Separate space for washer and dryer. Enclosed glass sunroom. \$1,545, long-term lease. Non-smoker. One cat okay. Available May 2019. Please call (240-888-6942).

**FIRST-FLOOR OCEAN FRONT** beach condo, August weeks available. Everything provided: full-kitchen, all linens, towels, beach chairs, umbrella and toys for children. Two bedrooms and den, cable, wi-fi, two TVs, parking space below; new refrigerator, new microwave, sleeps 8+; you only need to bring your bikini. \$3,000 per week. Sorry, no pets allowed. For more information or to reserve a week call Judy (301-520-1119).

## FOR SALE

**CLUB CAR (Precedent Electric)** 2014. New batteries, new head/tail lights, HD rear springs, new tires, extended top installed, Doorworks Sunbrella with WindSeal kit installed, single-point water system with hand pump, 5-panel rear-view wide mirror, new windshield, turn signals. Bought in February 2018. Not used by this owner. Contact Vinetta (301-598-3248). Come to see and make offer.

**FURNITURE FOR SALE.** Best offer! Will send photos! Glass kitchen table – 4 chairs – \$195. Dresser – wood-framed mirror, \$295. Matching vertical armoire. Mirror-doors. Beautiful wood entertainment center – glass doors – space for TV – \$595. Ladder – \$25. Can arrange shipping. Steve (301-801-4693).

**Inogen 3 PORTABLE OXYGEN Concentrator,** includes 2 batteries, 1 car charger, 2 AC chargers, carrying case. \$2,000. Contact Janet in Leisure World at (202-531-7418).

## RETAIL SALES

**SCHAEFFER'S PIANO COMPANY.** Founded 1901, Fourth generation family

ownership. New Kawai dealer. New and used pianos—Steinway, Kawai, Yamaha, Schaeffer. (schaefferspiano.com). (301-424-1144).

## CEMETERY PLOTS

**GATE OF HEAVEN.** Mausoleum building A, tier B: 24 and 25 companion shutter. 23 and 26 single crypts. Make offer: (941-661-0499).

## AUTO SALES

'97 **CADILLAC.** Sedan DeVille. White/blue leather, factory chrome wheels, MD-inspected, only 52,400 miles, \$5,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

'05 **TOYOTA SOLARA.** 2-door, convertible, V6, SLE, pearl-white, loaded with leather, aluminum wheels, all-power. Like new. MD-inspected. Timing belt and water pump done recently with receipts. \$7,900. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

**FAST CASH FOR USED CARS** – Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashier's check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

**I BUY CARS and trucks.** Licensed dealer. I can come to you to look at the vehicle. Tom (301-806-8140).

## TRANSPORTATION SERVICES

**YOUR PERSONAL DRIVER** is here: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.-10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text (301-933-8899). Email (Steve.Your.Driver@gmail.com).

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Kathleen Kane, Assoc. Broker

## Kathleen and Eileen Kane

**Honored To Serve You For 35+ Years With Cathy Gilmour Real Estate And Proudly Continuing That Same High Level Of Service With Long & Foster**



Eileen Kane, Assoc. Broker

**CORDOBA** – In **Mutual 14**, close to Clubhouse I, this spacious 1 bedroom apartment with en-suite master bath plus powder room has generous-sized rooms, assigned carport parking, and is full of light. You'll love it – it's white-glove and ready for you! **\$128,500**

**ELIZABETH** – In **Montgomery Mutual**, this 2 bedroom and 1.5 bath garden apartment has more than 1,300 square feet of finished living space, pretty, green views from the balcony and bedrooms, plus a window in the kitchen that looks out to the building's atrium. **\$129,900**

**BUYERS** – Inventory is low and things move quickly. Don't get caught short! Let us work with you to find and secure the home that you love.

**ARBOR** – In **The Pines**. This is a sweet one! 1 Bedroom plus Den, 1.5 Baths. Updated kitchen with bright white cabinets, luscious granite countertops, stainless steel appliances. Extra storage, assigned parking. **\$123,500**

**F – New Low Price! Same Fabulous Golf Course View!** In **Bldg. 1 of The Greens**. First floor location w/ enclosed balcony, plus you may walk outside from the back door of the building. Beautifully updated kitchen including installed flat screen TV and fold-down table; wood-look laminate floors living rm, dining rm, kitchen, and hall; newer carpeting both bedrooms; lots of fresh paint. **\$185,000**

**SELLERS** – Inventory is low and buyers are here. Get a jump on the competition by listing your property now. We are experts for you.

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**DRIVER WITH CONCIERGE STYLE** at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a 4-door Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any special assistance you may need. Call Ken at (508-612-9647).

#### CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

**"A" HOME HEALTH CARE** for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

**FLAT RATES, ONE WEEK FREE.** "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146).

**ELDERLY CARE:** Over 10 years' experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

**CNA/COMPANION** over 20 years' experience with the elderly. Available Monday through Friday days, nights or weekends. Full or part-time, live-in/out. Good references. Also available to travel out of state with my clients. Call (301-442-9324). Own transportation.

**CAREGIVER WITH CNA** license and 8 years' experience. Available to work daytime, nighttime and weekends, full-time or part-time. Have own transportation. (240-715-8189).

**CNA WITH CPR LICENSE.** I have been looking after elderly ladies and gentlemen since 1992. I would like a live-in and full-time position. I'm a good person and I smile. Call (202-702-5022).

**CNA/CMT** – over 16 years of experience. Very dependable.

Excellent references in LW. Have car. Light cooking, doctor's appts., escort service, errands. Bonded, insured. Call Ana (240-491-8978), (240-277-7403).

**CNA/GNA/MED TECH** with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available full-time or part-time. Please call (240-252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

**SERVING YOU HOME CARE:** Our family serving your family. License #R4289. We believe in a holistic approach to care: body, mind and emotion to achieve optimal health and wellness. 5-step wellness program: safety, nutrition, mental health, socialization, physical activity. (410-980-3145), (www.servingyouhomecare.com), (info@servingyouhomecare.com).

**LOVING, CARING PERSON.** Have worked in Leisure World for 12 years. I am looking for a full- or part-time job, Monday-Friday. LW reference. Please call Alice (240-839-0087).

**WeSAP NURSING SERVICES.** We support aging in place. Nursing care, personal care and non-skilled care. Services catered to individual needs. Advocate of equality. Call for free consultation

(301-604-4201), (240-286-0778), (wesapllc@gmail.com), (wesapllc.com).

**SPANISH-SPEAKING CAREGIVER** with over 5 years of experience is looking to provide in-home care services (live-in or live-out) for older adults. Preferably in the Leisure World community and in Spanish. Contact me at (301-580-0624).

Looking for an **EXPERIENCED CAREGIVER** for your loved one? Reliable, affordable rates, with excellent references within and outside the Leisure World community. Experience and care settings include 18 years caregiver, companion, hospice care, live-in/live-out. (240-483-8103).

**OVERNIGHT CAREGIVER** with more than 14 years' experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends and clients in facilities to group home members and privately cared-for

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When MedStar Montgomery Medical Center completed construction nearly one hundred years ago, it was built on a foundation of values that still guide us today—service, patient first, innovation, respect, integrity, and teamwork.

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patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. Arafa (240-883-8933), (brownzebra@hotmail.com). Availability: 10 p.m.-7 a.m.

**PROVIDING QUALITY AND AFFORDABLE CARE:** Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337).

**HI, MY NAME IS DENISE.** I have been a caregiver for my mother and father for many years. I am very patient and caring. Very reliable and responsible. Love to talk. I can also clean with a big smile. Please call me: Denise (301-237-8874).

**CNA/CMT with 14 years' experience** in nursing home, home care and supporting individuals with intellectual disabilities. Great driver with good record and familiar with places in Montgomery County. Available any time. (240-603-0866), (naimathomas2@gmail.com).

I've been a **CERTIFIED NURSING ASSISTANT (CNA)** for the last 15 years. Can cook, clean, do laundry, accompany to doctors' appointments, (I drive and have a reliable car), do medication reminders. Have references. (202-492-4616), (JaneKimango62@icloud.com).

**PERSONAL HEALTH CARE AIDE** — CNA with many years of experience. Help with ADLs, driving to doctors, grocery, errands. Good references upon request. Contact Ruth at (240-476-7372).

I'm **MACNOLIA**, CNA-CERTIFIED young and energetic caregiver with 5 years' experience available to assist you and your loved ones. Clean driving record, background check, available weekend shifts. Please call (240-644-7120).

I'm **GIFTER**, CNA/GNA/HHA caregiver with 10+ years of experience ready to care for you and your loved ones. Clean driving record, background check, available for evening and overnight shifts. Call (240-705-3802).

A **BLS (Basic Life Support) -CERTIFIED CAREGIVER/CARETAKER.** Able to complete tasks such as daily motivations, transportation, cooking, cleaning, grocery shopping, organizing, companion care, CPR, landscaping, mechanical

issues, etc. Offering personalized customizable care and assistance as needed for clientele. Depending on amount of tasks and time needed, pricing starts at \$13/hour. Please call Robert Dibble at (301-384-4216) or (301-221-6202) with any questions. If preferred can also send an email at (Cloud500@msn.com). Thank You.

**CNA, MEDTECH.** Available Monday, Tuesday, Wednesday, day and night. Also does errands, light housekeeping, cooking. (Rosina1@comcast.net), (240-551-6468).

#### HOME SERVICES

**KITCHEN AND BATHROOM Remodeling** – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

**STAIR LIFTS:** Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

**CONTINENTAL MOVERS.** Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

**M.G.V. PAINTING & DRYWALL** – Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 years' experience. Insured. References in your complex. Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

**RELIABLE, EXPERT HANDYMAN:** painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

#### CLEANING SERVICES

**R&G CLEANING SERVICES** – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

**HOUSE CLEANING** – 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill.

Call Alice (301-946-5996) or (301-520-0074).

#### COMPUTER HELP

**COMPUTER SERVICES** – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

**A+ COMPUTER SERVICES.** Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

**COMPUTER LESSONS / SERVICES** – Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English – no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Call David at (301-980-5840). **COMPUTERTUTOR**

**FIX YOUR COMPUTER** – LW residents \$50 any problem – Fix it or it's FREE. (301-802-6633) Easy Elder Tech

#### PERSONAL SERVICES

**PRESERVE YOUR FAMILY MEMORIES!** Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

**TIRED OF POLISHING** your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and

their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

**DAHLSTROM SENIOR SUPPORT SERVICES.** Assistance with senior care and the care of senior's pets. Safe/reliable door-to-door transportation as needed. Assistance with pet care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I'm a 57-yr. old semi-retired doctor, Leisure World resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

**HOUSE CALLS LLC.** Beth Albaneze, CTRS, CPRP, owner. We come to your home for your convenience when faced with acute or chronic life issues. All our services are under one umbrella with a variety of professionals to choose from: counselors, advocates, resource experts, life coaches, recovery specialists, recreation therapists, insurance advisers. Contact Beth at (301-346-6732) or (callingonbeth@gmail.com). Web: (www.callingonbeth.net).

#### NOTARIES

**NOTARY**, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

#### PET CARE

**DOG WALKING SERVICE** – Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Please call (301-598-3454) for more information.

#### DONATIONS WANTED

**HOUSING UNLIMITED, INC** is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

**WANTED: CAR DONATIONS.** Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

**BOOK DONATIONS WANTED** for the American Association of the University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and

mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

### JOB OPPORTUNITIES

**FEEL-GOOD PART-TIME JOB.** Are you bored? Want to feel good about what you are doing? Home Instead Senior Care is seeking a part-time Home Intake Coordinator who meets with seniors and their families in their home to explain our services, perform a non-medical intake process, and sign them on as clients. Additionally, the position conducts ongoing quality assurance home visits. Works Mondays and Tuesdays, 8:30 a.m.-5 p.m.; Wednesdays, 8:30 a.m.-noon. Must have flexibility to occasionally work outside of these hours. Requirements: Must love meeting people, be a team player, be resourceful, be computer literate with email and Word, and have a roll-with-the-punches type attitude. Must have your own car. Great training provided! Home services include companionship, meal prep, laundry, light housekeeping, errands, medication reminders, and personal hygiene assistance to seniors who want to age in their own home. Please send resume and salary requirements to (patty.mascari@homeinstead.com). No phone calls please.

### ACTIVITY OPPORTUNITIES

**EXPERIENCED MAH-JONGG** player looking to start a friendly daytime game with flexible hours. Call Diane at (301-706-8141).

**MOVIES AND MUNCHIES.** Are you looking for something fun to do on a Saturday or Sunday afternoon? How about catching a movie at AMC Wheaton once a month and enjoying a nosh after! No discussion, no analysis, just a fun afternoon at the movies with new friends! If you're interested, please email me at (susan.krupka@gmail.com) or give me a call at (240-446-0975).

### VOLUNTEER OPPORTUNITIES

**MAKE A DIFFERENCE** in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatmm.org) or call (301-990-

0014 x 16) if you are interested in volunteering.

**VOLUNTEER WITH REPRESENTATIVE PAYEE!** Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

**VOLUNTEER AS A HOTLINE CALL COUNSELOR** with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

**MUSEUM GUIDES** – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

**MEALS ON WHEELS** is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

**MEALS ON WHEELS (MOW)**, which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

**KOSHER MEALS ON WHEELS**, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

**THE SENIOR CONNECTION** needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery

shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

**HELP A CHILD!** In just one-two hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

**BLANKETEERS** – Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

**ENGLISH AND MATH TUTORS** needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www.literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

**PET FOSTERS.** Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.animalalliesrescue.org). Follow on Facebook. AARF is 501(c)(3) all-volunteer non-profit.

**FREE BOOKSTORE** seeks volunteers, donations. Velocity of Books is opening the first all-free bookstore in Montgomery County at Westfield Wheaton by Hollywood East Café, near Metro entrance. Store open during mall hours. Thousands of books available for kids and adults. To volunteer: (https://volunteersignup.org/7APPQ). Book donations up to five boxes at a time may be brought to the store. Larger donations may be picked up; email (VelocityofBooks@gmail.com).

### NOTICES

**KEEPING SENIORS SAFE** – KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

### UPCOMING EVENTS

**MEDITATION FOR DAILY LIVING.** Kensington Park Library. Wednesday, May 22, 6-7 p.m. Explore the power of meditation to help transform your life. There will be a short meditation sitting led by David Newcomb, long time meditator and Leisure World resident. Free.

### WANTED

**FAST CASH FOR USED CARS** – Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashier's check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

**WILL BUY MILITARY, WW2, WW1, Civil War memorabilia** items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

**CASH FOR JEWELRY:** gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary (301-520-0755).

**TURN YOUR STERLING SILVER** and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

**CASH FOR RECORDS, CDs, and tapes.** Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@gmail.com). Will make house calls.

**BUYING JEWELRY, OLD COINS, antiques, gold, silver, old art, old toys, military items, wristwatches, pocket watches, fountain pens, etc.** Tom (240-476-3441).



# BEDFORD COURT

MONOGRAM COLLECTION BY SUNRISE



## *You're Invited to our Annual Tour of Homes Garden Party!*

*Wednesday, June 12th , 10:30 a.m.—1 p.m.*

Experience life at Bedford Court as our residents welcome you into their Independent apartment homes for a tour! Afterwards, enjoy our Garden Party in the courtyard as you chat with residents, enjoy listening to music and savor the delicious fare prepared by our culinary team.

This is your chance to see the many floor plans we offer at Bedford Court. Both one and two bedroom apartment styles will be available for viewing.

*RSVP by June 7th @301-438-6607*



***Independent Living 1 bedroom apartments available!***

***Assisted Living —We are proud to be deficiency free 2 years running!***

***Limited availability of studios and 1 bedroom apartments.***

**Call 301-598-2900 today for details.**

***Skilled Nursing & Rehabilitation***

If you are planning a surgery or have an unexpected hospital stay, call Bedford Court to inquire about an inpatient rehabilitation stay.

To inquire call Tiernan Andrews at 301-438-6640



Ranked "Highest in Customer Satisfaction" among Senior Living Communities" by J.D. Power in their first-ever 2018 Senior Living Satisfaction

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