## Leisure World News OF MARYLAND

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## **National Award-Winning Pickleball Player Set to Compete in Maryland Senior Olympics**

by Stacy Smith, Leisure World News

n a Fairways South highrise living room, several of the more than 150 medals Jerry Clark has won playing pickleball and other sports over the years meticulously line the inside of his tall display cabinet.

At front and center is the largest and arguably most impressive of them all – the gold medal he received in the pickleball men's doubles event at the 2017 National Senior Games in Birmingham, Alabama. For that achievement, Clark and his playing partner, Tom Henry, were officially recognized with an award presented by Maryland State Sen. James Brochin on behalf of the State of Maryland.

Clark will test his skills



Clark's National Senior Games gold medal is displayed in a cabinet in his Fairways South home. Photo by Leisure World News

once again when he joins a handful of his fellow Leisure World pickleball players at the Maryland Senior Olympics (MSO), sometimes referred to as the Maryland Senior Games, on Friday, Aug. 24-Sunday, Aug. 26, in Bowie, Maryland, a competition in which he has already won gold in men's doubles for the past three years.

If he wins gold again in his 70-74 age group, he will qualify to compete in the 2019 National Senior Games held in Albuquerque, New Mexico, though he's unsure if he'll be able to attend.

Clark's friend and sometimes partner Scott Keenum, also a Leisure World resident and MSO medal winner, said he recruited Clark to move to Leisure World from Gaithersburg, Maryland, about two months ago because he knew Clark would enjoy all the opportunities to play pickleball and other sports the community offers its residents.

"[Clark's] a very accomplished athlete," Keenum said. 'He's bowled 300 games, made a hole-in-one in golf...we even play bridge together."

A former nationally ranked A- racquetball player, Clark took up pickleball about seven years ago when he walked into a local community center in

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Pastry chef Michael Porru offers up his chocolate mousse cake at the Clubhouse Grille July 17. Photo by Stacy Smith, Leisure World News

## Pastry Chef Adds a Touch of Sweetness to **Clubhouse Grille Menu**

by Stacy Smith, Leisure World News

**R** esidents can find a fix for their sweet tooth at the Clubhouse Grille restaurant in Clubhouse I, where a variety of moderately priced desserts, made in-house, are offered up by new pastry chef Michael Porru.

Restaurant-goers can top off their dinner with a slice of chocolate mousse cake, choose between (or share) two kinds of New York style cheesecakes, or even crack their spoon into the caramelized top of a rich crème brûlée.

All three versions of these popular confections are the creations of Porru, who has been concocting desserts for the restaurant for about a month.

"I like to make what I would expect to see on a dessert menu," Porru said. "We come up with new things all the time."

The restaurant's dessert menu also includes a carrot cake with crushed pineapple, golden raisins and walnuts, slathered in a cream cheese icing; a coconut cake made with a splash of coconut rum; a sour cherry crisp and fresh baked bread pudding,

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Red Wiggler Farm makes its annual stop at Leisure World in August. For details, see page 4.

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## **Putting Pen to Paper: Part Two** From Russian Ambassadors to Nazi Hunters, Writers Explore Broad Range of Topics

by Kimberly Y. Choi



STEWART LILLARD courtesy photo RUSSIAN

wo more resident authors recently made contributions to the worlds of non-fiction and fiction.

"Here Come the Russians" by Stewart Lillard recounts the period from 1790-1922 when the Russian Empire's diplomats lived and worked closely with American governmental officials and the president.

Lillard's curiosity about Russian diplomats began in 2007 when he visited Decatur House in Washington, D.C. His ancestral roots in Decatur, Tennessee, compelled him to visit the former home of the town's namesake.

The house was rented out to several notable people over many years, including the first Russian ambassador to travel to Washington, D.C. Lillard found the scant details about the ambassador unsatisfying, so he used his experience

researching and writing about history to learn more at the National Archives and **Records Administration and** the Library of Congress.

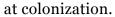
He says archival research requires a familiarity with the subject and the ability to search in other languages.

The book's cover depicts Eduard Stoeckl, the earliest Russian diplomat of whom the Library of Congress had a photo. Lillard also obtained photos from the Decatur House and relied on his own photography skills as president of the Rossmoor Camera Club.

The manuscript was finished 10 years ago. It turned out to be an awkward length for publication – too long for some formats and too short for others – and Lillard could not find a publisher.

When Russia-U.S. relations came up in the news after the 2016 U.S. presidential election, Lillard retrieved his old manuscript and decided to self-publish instead.

He believes the U.S.'s wariness of Russian influence dates back to the 19th century. Many people, he says, don't realize that Russia was one of the primary countries the U.S. had in mind at the time of the Monroe Doctrine, a policy opposing European attempts



"Here Come the Russians" has been catalogued by the Library of Congress and a number of university libraries.



## Race, Religion, Revenge

"Alternative Acts" by York Van Nixon III is a novel about an African-American retired police officer who partners with a Jewish attorney who hunts down Nazi war criminals. Both are pursuing the same killer, a former Auschwitz guard who, driven by bigotry, murdered the protagonist's black fiancée.

The novel explores issues of religion and race, and Van Nixon wrote with a political function in mind. Revenge also features prominently.

He says his story contains "no predetermined outcome" for the reader. His manner of writing, inspired by poetry, can be interpreted in multiple ways, he says.

The novel begins in Washington, D.C., but the characters spend significant time in Leisure

World, with details that may be familiar to residents. He portravs the community the way he sees it: almost "an Elysium," he says – a nigh-perfect place for living and writing in a quiet environment.

He chose this setting after meeting another writer at the Writers of Leisure World group who set her own story at Leisure World. He says readers are drawn to settings they recognize, and that using a real location lends realism to a story that might be otherwise unlikely.

Feeling that not enough contemporary fiction aspires to the literary, Van Nixon fills his prose with wordplay and elegance. His crime-fighting team bears names that pertain to their personalities and situations, and he often writes in various dialects.

He believes well-chosen dialogue, rather than narration, should drive scenes in which characters interact.

"You really hear what's going on inside the person's head," he savs.

To Van Nixon, the novel has "something for everyone." It offers action, complex characters and pleasurable prose.

On July 18, Van Nixon held a book signing at the Book Club Network's African Heritage Book Club. He is also working on a sequel.



## Leisure World Nev

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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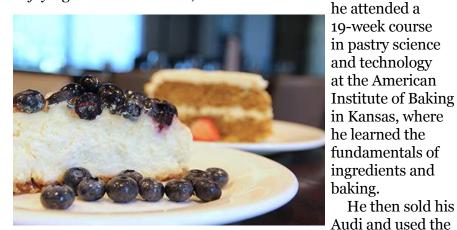
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### among others.

The chocolate mousse cake is a perennial favorite among clientele, Porru said. He is creating a flourless version so that even gluten-intolerant customers can indulge their cravings.

### **Pastry Making**

Long before Porru began spending hours in the kitchen, he was a weekly customer at an Afghan restaurant that a friend of his father's owned in Georgetown, Washington, D.C. While enjoying his kabob dinners, he



New York-style cheesecake with fresh blueberry topping, at front, and cream cheese carrot cake are served at the Clubhouse Grille. Photo by Stacy Smith, Leisure World News

## **Pickleball**

### from page 1

Pennsylvania, where he was living at the time, and saw people playing an "odd-looking sport," as he described it. He said he knew right away that he'd have an aptitude for it.

"It looked like it could benefit from athleticism and energy," he said. "I learned that you could play at a much faster pace if you chose to."

Since then, he has spent much of his retirement traveling up and down the East Coast to compete in more than 20 pickleball competitions and tournaments every year. He plays pickleball five or six days a week.

"You get to learn from people who are better than you, and you kind of teach people who are not as good as you," Clark said.

A former chief financial officer and general manager for a steel fabrication company, Clark said pickleball provides him an outlet for his natural competitiveness, and he enjoys seeing this personality trait come out in his opponents.

school in France. Though affable when playing for fun at Leisure World, when Clark sets foot on the court at a tournament, his focus is on the

He then sold his

Audi and used the

money to study at

Lenôtre, a culinary

struck up a friendship with the

restaurant's maître d', a Swedish

"One thing led to another and

I caught the bug," he said. "I just

got this sort of calling to be a

Porru began purchasing

expensive French cookbooks

pastry recipes he saw.

and attempting to replicate the

"I didn't even know how to

speak French, but I just read the

books and translated key words,

and then I looked at the metric

recipes and I just sort of reverse

His career as a pastry chef

really began to take shape after

engineered it all," he said.

chef."

man named Guido who encour-

aged him to study abroad.

game. 'Becoming ferocious,' I call it," he said. "That's what you need to be.'



Jerry Clark, left, and his playing partner Tom Henry beam with pride after winning the gold medal in men's doubles at the 2017 National Senior Games in Birmingham, Alabama. Courtesy photo

"Walking into the production labs of Lenôtre was like walking into Willy Wonka's [chocolate factory]," he said.

Porru has worked for hotels, catering companies, country clubs, restaurants, wholesale distributors, retail services and even made English muffins for a time at an industrial food company.

In addition to working as the Clubhouse Grille's pastry chef, he creates desserts for

the Terrace Room restaurant in Clubhouse I and caters events at Leisure World with his tiramisu, lemon bars and Bailey's Irish cream cheesecakes.

The Clubhouse Grille is open Tuesdays through Saturdays from 4-10 p.m. and on Sundays from 9:30 a.m.-3:30 p.m. For more information or to make a reservation, call (301-598-1330).

## Did You Know? Leisure World Founder Helped Establish School for Gerontology

Leisure World developer

by Stacy Smith, Leisure World News

n the early 1960s, Leisure World communities became "control groups" for fact-finding

on how people retired and aged in place.

The concept of retirement communities was in its nascent stages, but Leisure World founder Ross Cortese understood that much could be learned from this "experiment."

Ross Cortese. Photo cour-He approached tesy RCC Inc. the University of Southern California (USC) with an idea: create a school to study the aging process.

Thus, in 1964, the Rossmoor-Cortese Institute for the Study of Retirement and Aging was established; it's now known as the USC Leonard Davis School for Gerontology.

Considered the oldest and

## **Registering Your Car**

All Leisure World residents must register their vehicles with the Security office. Car registration days and hours of operation are:

- Monday, 1:30-3:30 p.m.
- Wednesday, 9:30-11:30 a.m.
- Friday, 1:30-3:30 p.m.

Documents needed to register your car include your largest institution of its kind, the school's mission is "to promote healthy aging for diverse individuals, communities and societies through leadership

and innovation in research, education and practice."

It was the first school to offer doctorate, master's and bachelor degree programs in gerontology.

Cortese's vision and philanthropic desire played a crucial role in the school's conception

and, in early June, Cortese was posthumously honored with the unveiling of a plaque installed on a brick wall outside the school.

'We are grateful for his contributions then and for his family's continued support," said Pinchas Cohen, dean of the USC Leonard David School.

Leisure World ID card, current driver's license and vehicle registration (car must be registered to the resident).

The Security office is located in the Administration Building. For questions or if you can't come in person, call the Security office at (301-598-1355). - Leisure World News

## **GOVERNANCE** & Information

## Aug. 2: Red Wiggler Market Returns

by Leisure World News

Cet your taste buds ready;

Red Wiggler Farm returns to Leisure World for five days this summer to sell locally grown and harvested vegetables and fruits.

Sponsored by the Inter-Faith Missions Committee, the market will be located at The Inter-Faith Chapel parking

lot on Thursday, Aug. 2, 9, 16, 23 and 30, from 9-11 a.m. Certified organic vegetables, including squash, tomatoes, beans, beets and peppers, as well as corn, peaches and

fresh-cut flowers, will be available for purchase. Cash and credit cards are accepted.

Red Wiggler is a nonprofit, sustainable 12-acre farm located in Montgomery County where people with and without developmental disabilities come together to work, learn

and grow healthy food.

To learn more about the farm, visit (www.redwiggler. org).

## State Begins Call Check Pilot Program

World News

by Leisure World News

Maryland seniors age 65 years and older can apply for a free telephonic service that makes daily checks on participants.

The program, sponsored by the Maryland Department of Aging, is the first of its kind in the country, according to the Department's website. Any Maryland resident who is 65 or older and has a landline or cell phone can apply.

## How It Works

Every day a telephone call is placed to a participant at a regularly scheduled time. These calls occur some time from 8 a.m.-4 p.m. as close as possible to the one-hour time block preselected by the participant.

If the participant does not answer the first call, they are tried two more times. If those calls go unanswered, additional calls are made to notify an alternate contact person who is selected by the participant during program enrollment.

The participant's alternate contact person, such as an adult child, neighbor or other loved one, is then encouraged to check on the participant's well being. The participant and his or her alternate contact person must not have automated call-blocking technology, or they must disable that phone feature in order to participate.

## How to Apply

Individuals who would like to participate in the program must apply on their own behalf. Information gathered includes the participant's first and last name, county of residence, telephone number, date of birth, name and telephone number of an alternate contact person and a time between 8-10 a.m. or between 2-4 p.m. when the participant prefers to receive a daily telephone call.

Maryland residents can apply for the pilot program by visiting the Department of Aging's website at (http://aging. maryland.gov/Pages/seniorcall-check.aspx) or by calling (1-800-243-3425).

For information about services and programs available to seniors in Montgomery County, call the Aging and Disability Resource Unit at (240-777-3000).

## Dial 301-598-1313 for recorded Daily Events

## 2018 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

**Executive Committee Meeting** The July 20 meeting airs on July 25, 26 and 27. **Board of Directors Meeting** The July 31 meeting airs on Aug. 6, 8 and 10.

## **Group Email Addresses**

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com
- Administration administration@lwmc.com
- Communications communications@lwmc.com
- Education and Recreation recreation@lwmc.com
- Physical Properties physicalproperties@lwmc.com
- Security security@lwmc.com

## Aug. 20: AARP Safe Driving Course

The E&R Department is sponsoring an AARP Safe Driving Course on Monday, Aug. 20, in Clubhouse I from 9:45 a.m.-3 p.m., with a onehour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, \$15 for AARP members and \$20 for non-members, is required at the time of registration. (Please note: AARP members must show a current membership card to receive the AARP discount.) Register in the E&R Office in Clubhouse I beginning at 8:30 a.m. on Tuesday, July 24. The number of participants is limited to 25, so plan to register early.

Participants should bring their driver's license and a pen or pencil to the course. If you have any questions, contact the E&R Office in Clubhouse I at (301-598-1300).

## IN CASE OF EMERGENCY

During an emergency, residents should call 911 for an emergency response from police, fire and emergency medical services; and then call the Main Gate at (301-598-1044).



## **(RE) Leisure World Travel** Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2 pm

Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4 For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

## DAY TRIPS

Baltimore Aquatic Adventure CCCC Wed., 8/8, 8:45 am-6:00 pm......\$95.00 per person Start the day off at the Baltimore Aquarium (admission included). Then you have free time at the Harbor to grab lunch before boarding a Harbor Cruise (included in pricing) to finish out your day!

Museum of the American Revolution, PA SS Tues., 8/21, 7:15 am-6:00 pm ......\$99.00 per person Philadelphia, a crucial hub of the American Revolution, makes its Historic District the perfect place for this all-encompassing museum. It's an absolute treat for American history buffs! Lunch is included at City Tavern.

Museum Loop, Washington, DC 🔊 Mon., 8/27, 8:40 am-3:00 pm .....\$35.00 per person We will drop off at your choice of the Holocaust Memorial Museum (open at 10 a.m.), the National Portrait Gallery (open at 11:30 a.m.), and the American

Indian Museum (open at 10 a.m.). Transportation only. U.S. Tennis Open, New York City

Fri., 8/31, 5:30 am-11:55 pm ....\$159.00 per person Includes transportation and ground passes to all stadiums except Arthur Ashe. "Anything Goes," Arena Stage, DC 🖉

## "A Chorus Line," Riverside Center, VA 🧟

Wed., 9/12, 9:45 am-6:30 pm.....\$117.00 per person Seventeen Broadway dancers auditioning for a spot on a chorus line describe the events and their decision to become dancers. Lunch included.

## Choptank River Cruise "Crab Feast"

Fri., 9/14, 8:45 am-7:15 pm ......\$109.00 per person On your 3-hour cruise aboard the Choptank River Queen, enjoy steamed crabs, Maryland crab soup, fried chicken, clam strips, corn on the cob, coleslaw and desserts as you cruise down the Choptank River.

## Sunfest, Ocean City, MD 🖉 🌮

Sat., 9/22, 7:45 am-9:00 pm ......\$60.00 per person Transportation only to this wonderful festival. Take in the view, food, bands and crafts at Ocean City Inlet.

## Thunderbird Airshow, Baltimore, MD 🖉 🖉

Sat., 10/6, 11:00 am-5:45 pm ......\$122.00 per person On a 3-hour Inner Harbor Cruise, get a glimpse of the amazing skills and capabilities of the U.S. Air Force Thunderbirds. Lunch included.

### "Sister Act," Dutch Apple Theatre, PA 🏼 Wed., 10/10, 9:00 am-6:00 pm......\$112.00 per person

"Sister Act" tells the hilarious story of Deloris Van Cartier, a wannabe diva whose life takes a turn when she witnesses a murder and the cops hide her in the last place anyone would think to look. Lunch included.

## 9/11 Memorial & Museum, NY 🖉 🈂 🖉 +

Sat., 10/13, 7:00 am-11:45 pm ......\$120.00 per person The Memorial Museum is an educational and historical institution that honors and examines 9/11's continued global significance. The museum displays artifacts associated with the events of 9/11 while presenting stories of loss and recovery. (Security screening on-site). Includes a \$10 Cracker Barrel gift card.

## "Les Miserables," Hippodrome Theatre, Baltimore 🌌 Sat, 10/13, 11:45 am-7:00 pm ......\$149.00 per person

Featuring a timeless score and beloved songs, this breathtaking new Broadway production has left both audiences and critics awestruck. Transportation and admission to show included.

## Skyline Drive Trip, VA 🖉 🖉

Fri., 10/19, 8:00 am-4:35 pm ......\$99.00 per person Take in the spectacular views (and photo opportunities) along Skyline Drive! Visit the Warehouse Gallery in Luray and enjoy a delicious buffet lunch at the Mimslyn Inn. Stop at the Byrd Visitor Center. Trip includes: transportation, admission to Skyline Drive, admission to Warehouse Gallery and lunch.

## Western Maryland Scenic Railroad 😹

Sat., 10/20, 8:00 am-6:45 pm ......\$129.00 per person Travel back in time aboard a restored diesel locomotive. A narrator will be onboard to provide you with interesting historical facts. Lunch will be served on the train. Trip includes: transportation, ticket to board train and lunch.

Sat., 10/27, 8:45 am-6:45 pm ......\$82.00 per person Enjoy the day in St. Michaels! Live music, boat rides, retriever demonstrations, oysters and local fare. Transportation and admission to the Festival included.

Philadelphia Museum of Art and Rodin, PA S Sat., 11/3, 7:15 am-6:45 pm ......\$110.00 per person The third largest museum in the country's Rodin exhibit is an absolute mustsee. Trip includes: transportation, admission to museum and a boxed lunch.

### Renwick Gallery, "Art of Burning Man," DC 🌌 Mon., 11/5, 9:00 am-3:00 pm ......\$35.00 per person The large-scale, participatory work from Nevada's Black Rock Desert gathering comes to the nation's capital for the first time. Transportation only.

Sat., 11/10, 11:30 am-6:15 pm ......\$169.00 per person Welcome to the S.S. American, where anything can happen and it unusually does! Trip includes: Transportation, buffet lunch and admission to show.

"The First Noel," American Music Theatre, PA 🔊 Sat., 11/24, 8:30 am-8:30 pm ...... \$125.00 per person Get into the holiday spirit! Trip includes: transportation, admission to show, and buffet lunch at Shady Maple Smorgasbord.

"New" Holiday Market, Washington, DC Sat., 12/1, 10:40 am-6:35 pm ...... \$30.00 per person Explore the 14th Annual Holiday Market in DC. Pick up unique gifts, explore the vendors or indulge in food. Transportation only.

## Spotlight On...

"Radio City Rockettes," New York City 11/17, 11/30 or 12/14, 7:15 am-11:45 pm ... \$189.00 per person Take in this holiday tradition Radio City Christmas Spectacular! Trip includes transportation and admission to show.

## **MULTI-DAY TRIPS**

Oct. 17-19

Nov. 25-29

Dec. 6-7

Dec. 2-4

Pennsylvania Grand Canyon, PA

Biltmore & Asheville, NC

The Dupont Holiday, DE

Greenbrier Resort, WV

Nashville/Opryland, TN

Dec. 11-14 (fly/drive)

The Ark Encounter, KY Sept. 4-7 Hudson Valley, NY Sept. 26-28 Trains & Canaan, WV Oct. 1-3

**Reflections of Italy** Oct. 10-19

Ozark Mountain Spectacular Branson, MO Oct. 24-28 (fly/drive)



**Royal Caribbean South** Caribbean Cruise Feb. 23-March 7

We can book any cruise line anywhere you want to cruise.

•		
Some trips require a certain amount of walking.	The shoe symbol 🖉 provi	ides an indication of how much walking may be involved.
Key: Easy Walking	More Walking	ides an indication of how much walking may be involved.

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

## **THOUGHTS & OPINIONS:** From Our Residents

## A Few Things to Remember

- **Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
  - Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
  - Brevity: Being concise will ensure that your opinion will have maximum impact.
- Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership: All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers

## SUBMITTING AN ITEM **TO THOUGHTS & OPINIONS**

- 1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
- 2. Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- 4. LW News cannot guarantee when or if a submission will be published.
- 5. To view the full Leisure World News Guidelines, login to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

Foot & Ankle Specialists

## Now the preferred podiatry practice at MedStar Health at Leisure World

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## **Keep the Golf** Course

ecently, there have been a **C** couple of opinion articles in the Leisure World News expressing opposition to the Leisure World golf course and associated costs.

I would like to counter those arguments with some relevant facts concerning the positive asset of having a golf course in our community.

From an environmental standpoint, the golf course provides approximately 92 acres of open space, a major asset in any residential development, which we should covet and cherish.

This open space acreage primarily consists of trees and grass, which produce life-sustaining oxygen for all of us.

Further, it provides a beautiful and peaceful landscape



Dinner or Weekend Brunch

Cannot be combined with other offer 15% off, up to max. \$15. Coupon must be presented at the time of purchase, one per table and is a sanctuary for wildlife, from birds to deer.

The U.S. Department of Agriculture provides scientific data that one acre of trees provides oxygen for 18 people annually. Also, one acre of trees absorbs eight tons of carbon dioxide and generates four tons of oxygen annually.

Trees provide us with clean air and water, erosion control for better stormwater management, temperature-reducing shade and effective sound barriers, privacy and screening of unsightly views.

Further, if the golf course were abandoned, what assurance would we have that this acreage would be preserved for recreational use, as one letter suggested?

We also cannot be assured that Leisure World would not build several more high-rise structures and homes in that available space.

Certainly, the Leisure World community, with its over 8,000 residents, is at full capacity for infrastructure and amenities. Severe overcrowding would be a likely outcome.

Lastly, the quoted \$67 per unit annual subsidy to maintain the golf course property comes to 18 cents per day per unit – certainly a sum worth paying for all the aforementioned benefits.

- Carl Schoening

Expires August 15th. 2018

## **LUBAN ANTIQUE GALLERY AUCTION HOUSE**

## \*Appraisal \* Antiques \*Auction \*Estate Sale \*Consignment

- Appraisals-Free Appraisal
- Antique-Antiques Bought and sold
- Auction-Auctions attract Buyers Appraiser-20+ vrs experience
- **Consignment-**Attract buyers and best rate
- **One piece or an Entire Estate**
- Arranging Estate Liquidations
- Pick-Up and Delivery Service



lubanantique@hotmail.com Address: 15229 Display Ct, Rockville, MD20850 高價收購中國古近代名人字畫、明清家具、瓷

器等古董,提供免費鑒定估價及財產拍賣服務。

## Leisure World News

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## REAL SAVINGS REQUIRE REAL INTEREST RATES.

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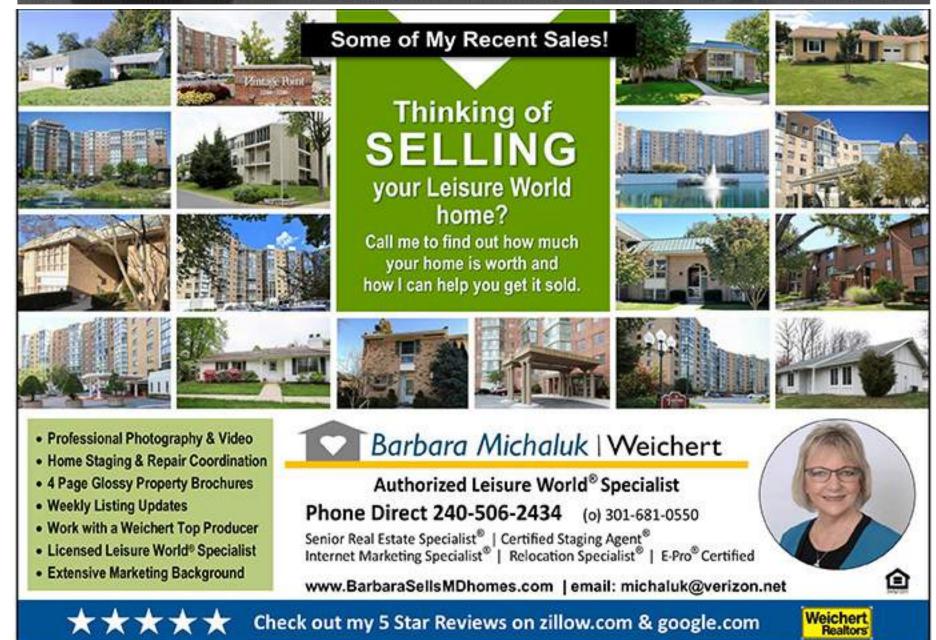
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## **EVENTS** & Entertainment

## Sock Hop Group

## July 21: Boogie Down at the Sock Hop Dance

T he next sock hop dance is on Saturday, July 21, at 7 p.m. in Clubhouse II.

The price of admission is \$5. Sodas and water are provided, but participants can bring their own beverages and snacks.



"Take Two Entertainment" continues to provide great dance music. Come relive the fun of

high school dances. For questions, contact Doug Brasse at (301-448-8708).

Sock hop dances are held on the following Saturdays in 2018: July 21, Aug. 18, Sept. 15, Oct. 27, Nov. 17 and Dec. 15

– Abigail B. Murton

and slacks for the gentlemen.

Residents may become

annually per person, which

entitles them to pay \$10 each

Club members for \$10

## Ballroom Dance Club July 28: Dance to the Music of The Esquires

by Joyce Hendrix

The Ballroom Dance Club invites all members and their guests to dance to the music of The Esquires led by guitarist and vocalist Chuck Conner on Saturday, July 28, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

The Esquires have performed together since the early 1970s and have been playing for Club dances for 20 years.

Make reservations no later than Thursday, July 26, with Connie Roby at (240-393-9808) to ensure that you are seated at the table of your choice. Seating capacity is limited to 12

tables of 10 dancers each. A cash bar is available and attendees are welcome to bring snacks for their table. Suggested dress for summer dances is dressy casual for the ladies and collared shirts

admission to the monthly dances. Non-members and guests pay \$15 per person at each dance. The Saturday, Aug. 25, dance features a Hawaiian theme with music by Mike Surratt and The ECB's.

> **Club Information** Residents new to Leisure World

are encouraged to come to one of the Club's monthly dances to see what the Club is all about. Bands play all types of ballroom dance music, including both slow and fast waltzes, foxtrots, tangos, merengues, cha-chas, sambas, hustles and even a few polkas. The Club dances to the music of seven different live bands from January through November.

## Education and Recreation Department

## Aug. 4: 'Roy Orbison' and the 'Big Bopper' Together

L t's 1960 again. Come take a trip back with your favorite rock'n'roll oldies when music was so special. On Saturday, Aug. 4, at 7 p.m. in the Clubhouse II auditorium, sit back, relax and remember the songs and music of Roy Orbison, Big O, and Jiles Perry "J.P." Richardson Jr., The Big Bopper.

Sponsored by the E&R Department, tickets for this event are \$15 per person and on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

Terry Harris' impersonation of Roy Orbison has been enthralling audiences for nine years. Harris mirrors the image, look and sound of the late, great Orbison, one of America's greatest singer/ songwriters.

Inducted into the Maryland Entertainment Hall of Fame in 2013, he is recognized as one



Terry Harris as Roy Orbison, left, and Gary Baker as The Big Bopper, courtesy photo

of the premier Orbison tribute artists in the country.

Gary Baker has been performing rock'n'roll classics since the 1990s, particularly the songs of The Big Bopper. Although Baker is not trying to look like the real Big Bopper, his signature song is "Chantilly Lace" and he performs in the style of the Bopper.

Locally known as the "King of the Oldies," Baker was inducted into the Maryland Entertainment Hall of Fame in 2014.

## Coming in 2018

*The E&R Department is pleased to provide the following programs.* 

The Bart Department a	s picused to provide the jouowing program
Aug. 4, 7 p.m.	Roy Orbison and The Big Bopper
Aug. 12, 7 p.m.	TransAtlantic Duo
Aug. 18, 4:30 p.m.	Still Surfin', Beach Boys Tribute
Aug. 18, 7 p.m.	Still Surfin', Beach Boys Tribute
Sept. 13, 1:30 p.m.	Steve Friedman – Mary Martin and Other Divas
Sept. 29, 7 p.m.	Randy Riggle – Nostalgia Show
Oct. 5, 8 a.m.	Fall Community Walk
Watch Leisure World N	Iews for more information on these and other

Vatch Leisure World News for more information on these and other upcoming programs throughout the year.

## PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more,

payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



## Aug. 12: TransAtlantic Duo Perform Klezmer to Classical

TransAtlantic Duo, courtesy

You might think that there is not much in common between Bach and Klezmer, or between traditional Russian music and jazz.

Yet the TransAtlantic Duo – Alexander Paperny (balalaika) and Vladimir Fridman (guitar and vocals) – command their instruments with virtuosity to seamlessly bring together these diverse styles in their exploration of the world's musical heritage.

Sponsored by the E&R Department, the Duo returns to Leisure World on Sunday, Aug. 12, and will perform at 7 p.m. in the Clubhouse II auditorium.

Tickets for this event are \$7 per person and on sale in

both clubhouse E&R offices. Please bring your Leisure World ID.

Don't miss your chance to hear them!

The program includes Jewish and Klezmer music, as well as Russian, Brazilian, Argentinean and popular classical pieces.

### About the Musicians Paperny

and Fridman have worked together for many years. In Moscow, Russia, between

photo

1988 and 1998, they played in an eccentric show group,

Jazz Balalaika, with which they toured all over the world and recorded several CDs.

Paperny lives in Hamburg, Germany, while Fridman lives in Gaithersburg Maryland. Yet this distance does not separate these two musicians. Since

2005, the two have annually toured in the U.S. and Europe as the Trans-Atlantic Duo. In the U.S.,

they have performed at the John. F. Kennedy Center for the Performing Arts in Washington, D.C., and many other great venues.

Fridman is a musician with the ability to move flawlessly through classic, jazz and the traditional music of different countries with improvisational spirit, soul and true virtuosity.

Paperny is one of the most famous balalaika musicians in Western Europe. His genuine virtuosity and temperament merge into an unusual combination. He and his instrument carry you away into a magical world of sounds.

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## Aug. 18: Still Surfin': Tribute to the Beach Boys

"Surfin' USA."

These are

the songs Still

Surfin' will have

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This show is

presented by the

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and the Founda-

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hear all your

favorites.

World.

There'll be "Good Vibrations" when Still Surfin' rocks the stage in Clubhouse II on Saturday, Aug. 18 – twice in one day!

Show times are at 4:30 p.m. and 7 p.m. Pick the show that is perfect for you.

Tickets are \$15 per person and on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

Based in Washington, D.C., Still Surfin' is a wellknown Beach Boys tribute and surf band that has been performing together for almost 20 years.

Members are Matthew Grose (lead vocals, guitar); Cal Everett (vocals, Fender bass); Rob Isele (vocals, keyboard); Matt Miller (vocals, drums, percussion); and Jonathan Mudd (vocals,



guitar) and all are huge fans of The Beach Boys. None of the group members

is a career musician, yet each brings a different musical background that has enabled the band to master the five-part harmonies and surprisingly difficult arrangements of

The Beach Boys' music. And while not trying to look like particular members of The Beach Boys, their performance is truly reminiscent of the original live tours.

Remember the first time you heard The Beach Boys on the radio, singing "Little Surfer Girl"?

What about "I Get Around," "California Girls," "Help Me Rhonda" or "God Only Knows." And no one can forget "Barbara Ann" or



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Still Surfin', courtesy photo

permitted by law.

If your club or organization has a need, email the Foundation at (foundation@lwmc. com).

## 2018 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
July 29, 2 p.m.	A United Kingdom	SOLD OUT
Aug. 5, 2 p.m.	The Greatest Showman	July 24
Aug. 23, 1 p.m.	Victoria and Abdul	Aug. 7
Sept. 20, 1 p.m.	Battle of the Sexes	Aug. 21
Sept. 30, 2 p.m.	Churchill	Sept. 11
Oct. 18, 1 p.m.	Phantom Thread	Sept. 25
Oct. 28, 2 p.m.	The Post	Oct. 9
Nov. 15, 1 p.m.	Dunkirk	Oct. 23
Nov. 25, 2 p.m.	Darkest Hour	Nov. 6

Movies are subject to change.



## Sept. 7: Book Signing and Discussion of Jazz in D.C.

by York Van Nixon III

O ne of the founding goals of Arts In Motion (AIM) is to make it easier for aging people to enjoy the best in the arts. The latest addition to AIM's programming,

"Authors in Mind," brings topselling authors to Leisure World for book signings and discussions.

The first discussion and book signing is on Friday, Sept. 7, and features Dr. Maurice Jackson, co-editor of "DC Jazz: Stories of Jazz Music in Washington, DC,"

published by Georgetown University Press.

Jackson will be joined by radio talk show host Rusty Hassan for an exhaustive presentation on the nexus to jazz and the history of our



nation's capital.

"DC Jazz" is a comprehensive history of local American classical music. It is replete with personal stories of the great ones from Washington, D.C., such as Duke Ellington, Shirley Horn, Jelly Roll Morton, Andrew White and

Ruth Brown. The book also includes photos of the aforementioned in downtown venues never seen before by the general public.

This free event is at 5 p.m. in the Clubhouse I Crystal Ballroom. Light snacks and drinks are provided. Copies of

"DC Jazz" will be available for purchase before and after the book signing.

Pepe Gonzalez Latin Jazz Quartet

Imani and Pepe Gonzalez



Imani Gonzalez. Photo courtesy of Pepe Gonzalez



are a marriage made in heaven. Her incredible voice and his peerless virtuosity combine to bring performance above expectations.

They return to Café AIM on Friday, Sept. 14, in the Clubhouse I Crystal Ballroom. Tickets, \$20 per person, (check only, payable to AIM) go on sale beginning Monday, Aug. 13, at 8:30 a.m. in the Clubhouse I E&R office.

Hors d'oeuvres and snacks are included. Cocktails begin at 5 p.m., and the show starts at 6 p.m.

Reserved tables of eight or more are limited to members only.

For more information or to join, visit (AimArts.net).

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## Education and Recreation Department Sunday Afternoon at the Movies Aug. 5: 'The Greatest Showman'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, Aug. 5, the featured film is "The Greatest Showman" (2017, 1 hour 45 minutes, biography/ drama/musical, rated PG-13 for thematic elements including a brawl).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, July 24, at 8:30 a.m. Please bring your Leisure World ID.

The musical film is inspired by P.T. Barnum's creation of

Jewish Residents of Leisure World Aug. 9: 'On the Map'

by Jonas Weiss

n Thursday, Aug. 9, the Jewish Residents of

Leisure World (JRLW) and Coming of Age in Maryland present the movie "On the Map" (2016, 1 hour 25 minutes, documentary, not rated).

The film tells the story of Maccabi Tel Aviv's 1977 European championship against all odds. They won at a time when the Middle East was still reeling from the Yom Kippur War, the 1972 Olympic massacre at Munich and the 1976 hijacking of an Air

## Sign Up for Events and Classes

Sign-ups for newly advertised E&R events and classes are taken beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II, as noted in the event or

began. The movie celebrates the birth of his business and the performers that helped him to become a worldwide sensation. The film stars Hugh

Barnum and Bailey Circus. Hugh Jackman portrays how Barnum's

crazy, yet exciting spectacle all

Jackman as Phineas Taylor "P.T." Barnum, with Michelle Williams as Charity Barnum and Rebecca Ferguson as Jenny Lind. Zac Efron and Zendaya are also

featured.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.

France flight from Tel Aviv. Through the lens of sports, "On the Map" presents a much broader story of how one team

> captured the heart of a nation amid domestic turmoil and global effects of the Cold War.

The movie is shown at 1:30 p.m. in the Clubhouse II auditorium. A discussion follows the film. Tickets, \$7 per person (check only, payable to JRLW), are available beginning on Tuesday, July 24, at 8:30 a.m. in the Clubhouse I E&R office. All residents are welcome.



class description. Please remember to bring your Leisure World ID.

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3330 LEISURE WORLD BLVD #531	FAIRWAYS SOUTH	Hi-Rise 9+ Floors	3	2	\$269,000	\$250,000	\$0
3330 LEISURE WORLD BLVD #5-910	FAIRWAYS SOUTH	Hi-Rise 9+ Floors	1	1.5	\$126,000	\$126,000	\$200
3372 CHISWICK CT #56-2A	LEISURE WORLD	Garden 1-4 Floors	1	1	\$88,000	\$88,000	\$0
15101 INTERLACHEN DR #1-906	LEISURE WORLD	Hi-Rise 9+ Floors	2	2	\$198,900	\$198,900	\$0
3561 S. LEISURE WORLD BLVD S #24-2B	MONTGOMERY MUTUAL COOP	Other	2	1	\$115,000	\$108,000	\$0
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3402 CHISWICK CT #48-1D	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$87,000	\$87,000	\$0
3100 LEISURE WORLD BLVD #312	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$349,000	\$335,000	\$0
15403 SHORT RIDGE CT #41-B	ROSSMOOR MUTUAL #15	Patio Home	2	2	\$369,900	\$355,000	\$0
15525 PRINCE FREDERICK WAY #107-C	ROSSMOOR MUTUAL #16	Semi-Detached	3	2	\$449,900	\$449,000	\$2,500
15300 BEAVERBROOK CT #88-1C	ROSSMOOR MUTUAL #198	Garden 1-4 Floors	2	2	\$159,000	\$155,000	\$0
15311 BEAVERBROOK CT #90-3G	ROSSMOOR MUTUAL #19B	Garden 1-4 Floors	2	2	\$148,000	\$152,551	\$0
15107 INTERLACHEN DR #2-1019	THE GREENS	Hi-Rise 9+ Floors	2	1.5	\$169,900	\$168,000	\$0
15107 INTERLACHEN DR #2-621	THE GREENS	Hi-Rise 9+ Floors	2	2	\$159,500	\$159,900	\$0
15101 INTERLACHEN DR #1-119	THE GREENS	Hi-Rise 9+ Floors	2	1.5	\$149,900	\$147,000	\$2,940
15115 INTERLACHEN DR #3-701	THE GREENS	Hi-Rise 9+ Floors	2	2	\$149,900	\$149,900	\$0
2900 LEISURE WORLD BLVD #402	TURNBERRY COURTS	Mid-Rise 5-8 Floors	2	2	\$269,900	\$260,000	\$0
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## **HEALTH** & Fitness

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FISH Offers Free Items

by Beth Leanza

**F** ISH has walkers and canes to help with walking, wheelchairs to help with transportation and tub stools, also known as shower chairs, and commodes to help with safety in the home. FISH lends these items to residents and employees for free.

Residents thinking of purchasing an item can also borrow it from FISH first to see if it's right for them.

### **Free Items**

FISH tracks certain pieces of equipment, but often gives away other items, such as incontinence items (pads, bed protectors) and pillows, trays for walkers and knee scooters, among others.

FISH stores these items in the Clubhouse II basement outside its storage cage. They are there for anyone to take, including residents and their friends and family members who live outside of Leisure World. FISH recommends checking with a medical professional before using certain items.

### **FISH Information**

The FISH office is open Monday to Friday from 10 a.m.-4 p.m., except for holidays. The phone number is (301-598-1345).

After hours, an E&R staff member answers the call and can accept returns or help with a loan. If you are looking for Lost and Found, be sure to let them know. The found items are stored in the FISH closet.

For more information, contact Beth Leanza, president, at (301-598-4569) or (bethlea12020@gmail.com).



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## Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

**Alcoholics Anonymous (AA):** Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

**Bereavement Support Group:** If your spouse or longterm partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. Hospice Caring Inc. sponsors group meetings. Registration and a phone conversation with Anne Baker, director of adult bereavement at Hospice Caring Inc., is required before attending. If interested, please call Anne at (301-990-0854).

**Essential Tremor Group:** Hello to all those with Essential Tremor. The Group is not meeting in July or August. Meetings resume in September at 10:30 a.m. the first Thursday of the month, Sept. 6, in Clubhouse I. If you have any questions, please call Marlene Golden at (301-438-7773).

**Memory Café:** The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, contact Melissa Barber, manager, at (240-428-1342) or (mebarber@alz.org).

**Parkinson's Support Group:** The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail. com).

**Stroke Support Group:** You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings (except July and August) on the second Wednesday from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

## FREE BLOOD PRESSURE TESTING

Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.



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## **CLUBS, GROUPS** & Organizations

## Rossmoor Camera Club

## Join the Camera Club to Improve Your Digital Photographs



White Rose. Photo by Elaine Selby

## by Fred Shapiro

T he Rossmoor Camera Club is excited for more residents to join the Club and participate in its activities and competitions, as well as learn how to improve their photography skills.

The Club has its first meeting of the season on Tuesday, Sept. 4, at 7 p.m. in Clubhouse II. The Club plans to have members tell how they seek, compose and prepare their photographs for presentation.

Each month, the Club has two meetings. The first is an educational program aimed at delving into how digital photography works and how the photographer can visualize what makes a good image when looking through a camera lens or iPhone. In many ways, the digital age has enabled photographers to become better at what they do.

More people are using iPhones and Androids devices these days to take photographs. The images may never reach print, but often



Iceland Hotel. Photo by Ruthe Kaplan

wind up in emails and on the internet. The Club encourages residents to join the Club and learn more about how to use their devices to take good photos of family, friends or travels.

### Cameras

Many amateur photographers use point and shoot cameras, and more professional photographers often use cameras with changeable lenses and many settings.

Consider the digital camera as similar to the box camera many residents had when they were young – the photographer just had to point and shoot. That is essentially how the digital camera works.

Using the modes and settings built into the camera provide a built in "brain" that changes focus and shutter speed. Learn more about how to use these features by attending Club meetings.

## New Group Forming for Bostonians

A new group is forming for residents who are from the Boston, Massachusetts, area. Those who are interested in meeting up with their fellow Bostonians are asked to contact Rae and Louis Paley at (miltze2@gmail.com).

– Rae Paley

# Leisure World Kiwanis Foundation, Inc. Foundation Awards \$50,000 in Scholarships

by Marian Hayden

**O** n June 29 at the Kiwanis Foundation luncheon, three students received a full tuition scholarship for the first

year of college at a Maryland State supported college, and two students received \$10,000 each to a college of their choice.

Providing some financial freedom for the first year of college is a legacy created by Kiwanis Foundation directors in 1979.

At the luncheon, Montgomery County Executive Isiah Leggett, County Councilman Sidney Katz, philanthropist Ian McDonald and the Assistant Director of Development from the College of Computer, Mathematical and Natural Sciences at the University of Maryland Chie Meadows delivered inspiring messages to the scholarship recipients.

Other guests included the parents of the scholarship recip-



ients, Kiwanis Foundation supporters and members of other Leisure World 501(c)(3) organizations.

The Kiwanis Club of Leisure World, a separate service orga-

nization, also joined in the celebration. The Club presented a \$5,000 scholarship provided by residents' bingo activities.

The Leisure World Kiwanis Foundation, Inc. is a 501(c)(3) nonprofit organization. It is separate from the Kiwanis Club of Leisure World, a 501(c)(4) service organization.

■ Jewish War Veterans Charles B. Krieger Post 567

## Aug. 1: New Leadership Holds Meeting

New Post 567 officers are installed.

by Fred Shapiro

J ewish War Veterans Post 567 holds its first business meeting under its newly installed leadership on Wednesday, Aug. 1, at 11 a.m.

in Clubhouse I. Veterans, spouses of veterans and interested residents are invited to come to the meeting and

Photo by Steve Kline participate in planning for the coming year.

A major effort of Post 567 in the coming months is to form a women's auxiliary under the leadership of Evelyn Sturaza, a veteran. The expectation is that the members of the auxiliary will be active in planning and bringing together speakers and entertainment for the regularly scheduled brunches and programs.

Other committees will

be formed to provide control of the organization and enhance its ability to serve the veterans of all faiths in Leisure World and the

surrounding communities.

Consider joining Post 567 for its next meeting. The Group does not ask for big commitments but needs input to better serve the community.

## July 31: Join the Club for an Evening of Train Talk



Attendees will be able to try their skill at the freight car switching layout July 31. Photo by Alan J. Goldstein

by Alan J. Goldstein

Join the Model Railroad Club on Tuesday, July 31, at 7:30 p.m. in Clubhouse II, when the Club presents an evening of train talks and demonstrations.

The Club hosts the Rockville Society of Model Engineers and offers a demonstration on how the latest E-Z app<sup>®</sup>-equipped Bluetooth locomotives from Bachmann Trains work.

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The Club will have a running locomotive using the E-Z app<sup>®</sup> system and will offer a hands-on experience to anyone that wants to try. The system allows for simultaneous control of multiple locomotives, either in tandem, or as separate units.

At the session, the Club will also give a presentation on the operation of its large HO layout for both a public show and a private operating session, and how each mode of operation differs from the other.

Finally, the Club will have a special freight car switching layout at the session, and a competition to see who can make up and break down trains in the fastest possible time. Refreshments will be served.

**Club Information** The Club holds working and operating sessions every Monday and Wednesday from 5:30-7 p.m., and Thursday from 2-4 p.m. at the train yards in the basement of Clubhouse II, and business meetings the second Thursday of the month in Clubhouse II. All residents are welcome to attend.

For further information or to join, call Marilyn Chmielewski, president, at (301-438-3259).





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## Guild 'Mixes It Up' for Mixed Media Show

by Ann Bolt

▼ he Rossmoor Art Guild (RAG) recently mixed up their usual mediums by making art with shoe polish, glue, rice paper, paper clippings, pastel, acrylic, ink, crayons and glass beads.

Kathy Hopkins, Eileen Dunn, Patty Elton, Nancy Albrecht, Ann Bolt, Carol Edwards, Donna Ward, Dee Williams, Jeanette Shampain and Maria Clark are exhibiting these "experiments" in the mixed media show for open studio.

The art's subject matter ranges from vegetables, chickens and flowers, to a look at the Beatles' history from a shadow box presentation. Patty Marx's painting of a gazebo with doilies is also included in the mixed media category.

The works of art are hanging in the Clubhouse I hall outside of the E&R office.

## **Exhibits**

Clubhouse I's general exhibit includes a spoof on en plein air painting, a glimpse into bubble gum blowing days, landscapes,

hummingbirds and herons. The exhibit has a good sampling of paintings in oils and acrylics with

watercolor and pencil. The exhibit includes abstracts by Barbara McCool and Mari Craig, a cave scene by Nancy Veit and lovely vacation scenes



Phyllis Lowinger stands with her painting, "Spring, Finally," which was antiques, a red fox, recently voted favorite painting at the Credit Union. Photo by Ann Bolt

> by Betty Feniak and Jeanette Schuder. Other exhibitors include Maria Clark, Kathy Hopkins, Ann Bolt, Donna Ward, Loretta Morgan, Jeanette Shampain, Carol Edwards and Phyllis Lowinger.



From left: Diane Blum, Nancy Bullough, Phyllis Lowinger, Ann Bolt, Marilyn Davis and Marvin Sirkis prepare for their Fox 5 interview outside Clubhouse I June 29. Photo by Lorin Luchs

Lowinger's painting, "Spring, Finally," recently won favorite painting at Signal Financial Federal Credit Union in the Administration Building.

A combination of black and white, along with colored paintings by Nancy Bullough, are featured at Clubhouse II through August. It is well worth a trip to check them out. Viewers are invited to leave a kind word in the comment book.

## **Morning Show**

Several RAG members came out to participate in the Fox 5 WTTG "Good Day DC" morning show that was broadcast live from Leisure World on June 29. Members displayed their paintings and discussed their activities in the Guild.

Members Marvin Sirkis, Nancy Bullough, Dee Williams, Mari Craig, Phyllis Lowinger, Marilyn Davis, Dianne Blum, Patty Elton and Nancy Albrecht did a great job supporting Ann Bolt during her interview.

### Reminders

Classes are underway through Saturday, Aug. 18. RAG holds an open house and registration in September, with the date to-be-determined. Residents may donate their art supplies to be included in RAG's art sale at the open house by dropping them off at the studio with their name attached.

Visitors are welcome to check out the RAG studio in Clubhouse I. RAG welcomes former and wannabe teachers and artists. Come paint and enjoy art.



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It all began in July 1968, when 17 residents successfully entertained other residents on the Clubhouse I lanai. Shortly afterward in August, the Fun and Fancy Theatre Group was founded by Jessie Powell and 75 charter members.

At first, the Group offered skits, revues, one-act plays and other shows written and directed by members. Fun and Fancy presented its first three-act play, George Kelly's "The Torchbearers," in 1970.

These early productions were presented in the now Clubhouse I Crystal Ballroom, which had, at the time, a huge fireplace in its center. The Group used a portable stage, and sound and lights were minimal. Proceeds from the productions were used to make improvements to the stage and to build storage units for costumes and props.

### **Outreach Program**

It was during this period that Fun and Fancy's outreach program was born to provide free musical entertainment to the entire community. The Club began providing entertainment for the monthly birthday dinners and for one or two community theatres sponsored by the E&R Department each year.

These were usually one-hour revues, one-act plays, or a combination. Revenue from these shows went directly to the community via the E&R Department. Fun and Fancy also provided free entertainment at functions sponsored by Leisure World organizations and at senior facilities outside of Leisure World.

The outreach program continues to be very active today, providing entertainment both inside and outside of the community.

### **Group Goes Pro**

By 1971, the first attempt at raising money for a permanent theatre began, and admission was charged for productions. Acting and stagecraft workshops taught by professionals were held.

In 1973, the Group hired non-resident, paid director, Billie Jordon. She directed two shows a year until 1976. The Group then hired Carol Hillmann, who remained its director for several years. From then on, the Group has staged two plays a year, usually a Broadway musical in the fall and a comedy or straight play in the spring.

During the 1980's, the Group made contributions to Clubhouse I to purchase stage lights, microphones and a new piano to be used by the whole community. A \$3,000 donation was made to the Foundation of Leisure World to provide equipment for a theatre, which would be part of Clubhouse II when it was built.

In addition, \$5,000 was put into a special savings account to be used when needed for donation purposes. In 1981, the IRS recognized Fun and Fancy Theatre Group as a tax-exempt 501(c)(3) charitable and educational organization to which tax-deductible contributions may be made.

### Fun and Fancy Today

Education and training in the various aspects of theatrical production remains the Group's focus.

Workshops in lighting, sound, make-up, set design, dancing, singing and acting have been offered to members and non-members over the years. Members also learn by participating in monthly meetings and outreach programs.

Revenue from the semi-annual shows, donations and membership dues are used to finance Fun and Fancy's activities. The Group uses these funds, in excess of operating expenses, for the benefit of residents and their education in the performing arts.

Donations have been made to purchase equipment used in both clubhouses and to support community causes. In addition, Fun and Fancy has an ongoing scholarship program to aid deserving students in the performing arts.

### **Help Needed**

More people are needed to assist with refreshment clean up at the end of the Group's Wednesday meetings. Members who can assist or who have questions are asked to contact Group president Nancy Koski at (301-288-7808) or (irishchero@ comcast.net).

### November Musical: "Damn Yankees"

Fun and Fancy's big fall musical, "Damn Yankees," promises to be a blockbuster. Callback auditions are in progress, and casting is nearly completed. Performance dates are:

- Nov. 9, 10, 16, 17 at 7:30 p.m.
- Nov. 11 and 18 at 2 p.m.

Ticket sale information is forthcoming.



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## ■LW Green Plastics, Plastics Everywhere

by Marybeth Ardike and Janice McLean

W hen people shop at grocery stores, they often bring home purchases that are wrapped in some kind of plastic film. How does a person know if the plastic is recyclable or not?

Come to the next LW Green meeting on Wednesday, July 25, at 2 p.m. in Clubhouse I to learn more about recycling plastics.

Resident and chemical engineer Fred Shapiro will answer members' questions about plastics' fabrication and recycling and reuse possibilities.

As a chemist and a technical consultant to the packaging and printing industries, he advised companies on best products, practical usage and environmental issues and compliance.

He has taught about plastics and the environment in many locations in the U.S. and Europe.

This promises to be an interesting presentation that will teach attendees how to increase their recycling and keep recyclable items out of the waste stream.

## **Recycling Tips**

Below is a list of other recycling tips:

- Place only clean bottles, cans and containers into recycling bins.
- Look for the numbers 1, 2, 3, 4, 5, and 7 within the recycle symbol; do not put #6 items in recycling bins.
- Plastic straws cannot be recycled. Keep a package of paper straws in your car and use as needed when out and about. Plastic straws and film products are among the worst offenders in the plastics pollution of waterways and oceans boat propellers get fouled in them, and fish and mammals get tangled in them or mistake them for food. Some birds have fed pieces of plastic film to their babies because, when floating in the

water, they resemble fish. Make every effort to contain all these products in closed recycling bins or in the trash if not recyclable.

- Avoid using Styrofoam and other plastic containers at restaurants by bringing your own container for leftovers.
- Plastic utensils are also big pollution culprits. Wrap and bring a cutlery set or two from home to use at any events where the plastic cutlery is offered.
- Carry your own water bottle with you everywhere. Plastic water bottles are a major cause of plastic pollution, and the vast majority is not recycled. They end up in the waste stream where they can take 450 years to decompose, according to the National Oceanic and Atmospheric

Administration Marine Debris Program.

- Plastics are petroleum products. Residents who want less drilling and fracking for oil
  - should use less plastic.
    Consider driving a fuel-efficient car to reduce demand for oil. Every drop counts.

### **Group Information**

As a group of residents dedicated to becoming better environmental stewards, LW Green is focused on increased recycling,

reducing and reusing in Leisure World through Club articles, environmental education events and working with mutuals to increase awareness of the impact of these environmental protection activities.

LW Green meets on the fourth Wednesday of the month at 2 p.m. in Clubhouse I. All residents are welcome.





Fred Shapiro, courtesy

photo

## Aug. 24: Groups Holds 2nd Annual Jewish Funeral Practices Seminar

by Sharon V. Freedman and Jonas Weiss

T his year's second annual Jewish Funeral Practices Seminar is on Friday, Aug. 24, from 10-11:30 a.m. in Clubhouse II.

Rabbi Gary Fink is the seminar's keynote speaker again and opens the program. Each organization is given six minutes to speak, and the event may include some computer presentations. A question and answer period follows the seminar.

Attendees will receive written information to take home at the end of the program, including planning information and discounts and/or coupons from some of the vendors.

All residents are welcome to attend the seminar. The seminar is free, but residents are asked to register in advance. For additional information or to register, contact Sharon V. Freedman at (skfreedman@yahoo.com) or (301-367-8141).

### **High Holy Days**

Rosh Hashanah begins on the evening of Sunday, Sept. 9, and continues through Tuesday, Sept. 11. Yom Kippur is from Tuesday, Sept. 18, to Wednesday, Sept. 19. Jewish Residents

of Leisure World (JRLW) will have Conservative services in Clubhouse II and Reform services in The Inter-Faith Chapel. A break-the-fast dinner is also scheduled for the evening of Wednesday, Sept. 19.

Tickets for these services and the dinner are required and must be paid for by Monday, Aug. 20. Details and a form to request an honor are in the JRLW newsletter.

The cost for members is \$110 for the services and \$15 for the dinner. Non-members

> must pay \$145 for the services and \$25 for the break-thefast dinner. Send checks, payable to JRLW, to Milli White at (2901 S. Leisure World Blvd. Apt 106, Silver Spring, MD 20906).

### July and August Services

Religious services continue on Saturday, July 21, 28 and Aug. 4 at 9:15 a.m. in Clubhouse II, with Torah and Talmud discussions led by Rabbi Moshe Samber. On Friday, Aug. 3, at 7:30 p.m., Rabbi Gary Fink leads a Reform service in The Inter-Faith Chapel.

### Membership

Payments are now due for the 2018-2019 fiscal year. Send checks of \$20 per person, payable to JRLW, to chairperson Milli White at the aforementioned address. The JRLW newsletter will no longer be mailed to those who have not paid their dues.

### **Donations**

For the Torah maintenance fund, send checks, payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906). Send donations for prayer books, (\$25 minimum) to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906).

Donations for Kiddush, Oneg, (both \$25 minimum) or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

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## **Tribute Cards Help Support Sponsored Programs**

by Carole Mund

**N** A'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women and services and assistance for new immigrants as well as centers for the prevention and treatment of domestic violence.

### **Tribute Cards**

Tribute cards are an excellent way to support and maintain these essential programs as well as to attain donor credit.

NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards. Each card is \$3.50 if purchased and sent by you or (\$4.50) if sent by Lenore Kalen, tribute chairperson. Full donor credit is given for each card.

For questions, contact Lenore at (301-922-4348) or (15100 Interlachen Dr., Apt. 616, Silver Spring, MD 20906).

## NA'AMAT Worldwide

NA'AMAT is an international movement with over 300,000 members in 10 countries. NA'AMAT members are a network of inspirational women dedicated to social justice and equality.

Members raise money to fund crucial support services and educational programs for women, children and families in Israel. In the U.S., NA'AMAT advocates for legislation and participates in coalitions for civil rights and child welfare.

Membership in NA'AMAT and support for its many fundraising activities guarantees the continuation of these vital services and programs.

### NA'AMAT RBZ Needs You

NA'AMAT RBZ is looking for a program chairperson. The position's responsibilities include acquiring speakers for meetings and activities.

Reaching out within and outside the Leisure World community is so important for drawing people to participate and support NA'AMAT. If interested, contact either co-president Linda at (301 681-1076) or Gladys at (301-438-9666).

### **Upcoming Events**

- Sept. 5 NA'AMAT welcomes Rabbi Bruce Kahn to the first open meeting of the new season.
- Oct. 3 Annual Fashion Show (always well attended)

Details about these events are forthcoming.

For more information about NA'AMAT RBZ Club, contact co-presidents Trudy Lind Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).

## Jewish Discussion Group July 22: Discussion on Ethical Wills

by Jerome "Jerry" Cohen

A n ethical will, or legacy letter, is a way for a person to share his or her values, blessings, life's lessons, hopes and dreams for the future and other personal information with family, friends and community.

The ethical will is the featured topic at the next Jewish Discussion Group's meeting on Sunday, July 22, at 10:30 a.m. in Clubhouse II. Ethical wills are not new. References to this tradition are found in both the Hebrew Bible and the Christian Bible and in other cultures.

Today, ethical wills are written by people at turning points and transitions in their lives and when facing challenging life situations. They are usually shared with family and community members while the writer is still alive.

Come and enjoy what is sure to be a lively discussion about ethical wills. Reflect upon the values and life's lessons you wish to pass on and/or share with the Group. Residents and clergy members of all faiths are invited to come and partake in this and in all future Group sessions.

Time permitting, other topics of interest will include discussions of contemporary domestic and international Jewish-related events.

Suggested subject matter experts or clergy members who can present a talk at one of the Group's meetings are welcome.

### **Group Information**

The Jewish Discussion Group meets on the fourth Sunday of most months from 10:30 a.m.-noon in Clubhouse II.

Recently, many new faces have been seen, and the Group looks forward to welcoming even more people to its rapidly growing number of participants.

For additional information or to have your email address added to the monthly notification list, contact group moderator Jerry Cohen at (240-970-5024) or (jcohen@ jccbb.com).





## Aug. 15: New Member Ice Cream Social and Crafts

by Barbara Eisen

Tadassah invites all Tresidents to a new member ice cream social and crafts event on Wednesday, Aug. 15, at 7:30 p.m. in the Clubhouse I Crystal Ballroom.

The event will include all kinds of ice cream, including Lactaid and sugar-free, as well as toppings. Bobbi Gorban will conduct three craft groups. One group will make a felt craft, and the other two will make jewelry.

New and prospective members are admitted for free, and the cost for current members is \$10. Both new and current members must **RSVP** to Janet Lazar at (301 - 598 - 4066).

Current members who have RSVP'd "yes" to the event are asked to send a check for \$10, payable to Hadassah, to Janet at (15311 Beaverbrook Ct. #90-1B, Silver Spring, MD 20906). No walk-ins will be admitted, so RSVP soon.

### **Judaic Study Group**

The Judaic Study Group tackles questions about repentance (teshuvah) at its meeting on Monday, Aug. 20, at 1:30 p.m. in Clubhouse I. The discussion, led by Naomi Kline, will deal with both modern and traditional teachings about repentance and forgiveness.

Come to this free presentation and bring your individual questions and ideas. For questions, contact Naomi Kline at (240-669-7683) or (nbk165@ comcast.net). As always, all residents are welcome.

### **Pin Sale**

Hadassah continues selling unique pins, handmade by resident fabric artist, Bobbi Gorban. The pins are \$18. Order forms are available at each Hadassah meeting or in the Hadassah mail slot at the Clubhouse I E&R office. For questions, contact Judy Rumerman at (judyrumerman@gmail.com) or (301-

680-0850). You don't have to be a member to buy a pin.

### **Greeting Cards**

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are \$2.50 each or five for \$10. Cards are displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

### **Youth Project**

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/ Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

### **General Information**

Hadassah sponsors many activities to further the worthwhile projects it supports in

medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Ruth Temin at (301-288-7387) or (teminar@comcast.net); Lois Fields at (301-585-9804) or (loisfields2@earthlink.net); or Natalie Rosen at (301-279-5640) or (bnrosen@comcast. net).



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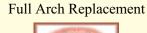
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## National Active and Retired Federal Employees (NARFE) Chapter 1143

## Chapter Plans Next Health Roundtable and Expo

### by John Moens

The appearance of peace and calm in Chapter 1143 belies the mad scramble by Chapter officers to prepare for September, the start of the Chapter's year.

The Chapter seeks a person to handle the purchase and set up of refreshments at meetings. If interested in volunteering, contact John Moens at (301-438-3237).

### **Health Roundtable**

The Chapter is planning its second Health Roundtable and Expo. The first roundtable was a success, and AETNA, BlueCross, the Committee to Preserve Social Security and Medicare and New York Life have already confirmed they will return for the second event.

The Chapter is in the process of inviting other organizations to attend. Suggestions for additional organizations are welcome.

## Award

Margaret Dolbin, granddaughter of the Chapter's service officer, Rich Rothstein and his wife, Phyllis, was selected from over 3,000

applicants for the NARFE Scholarship Award. She is the first family member of a Chapter member to receive this award.

### Organization Information

NARFE members recognize November's elections will have a tremendous impact on the future of retirees, both federal and non-federal. NARFE will enter the fall with new leadership following its recent election of national officers.

The Chapter has a new website to keep members informed, available at (Chapter1143.org). Its webmaster, John Lass, is also the Chapter's recruiting officer.

Residents who are interested in joining NARFE are asked to call John at (301-288-4210).



## Club Holds Board Meeting in August

by Fred Seelman

The next meeting of the Republican Club is a board meeting in August in Clubhouse I, with the date to be determined. There is no general meeting in July.

At the meeting, Club members will plan and strategize for what the Club should do in the year's second half.

The Club will also focus on the November primary elections and its own Club elections.

The Club has had a grand first half of the year covering the

## Town Meeting OrganizationJustUs

Republican primaries. Candidates addressed the Club at each of its monthly meetings.

Club members also worked at all three Leisure World polling places assisting primary election voters in June as well as marched in the 4th of July parade and lunched together on the Lanai afterwards.

Send ideas for meeting topics, speakers and anything else that would be helpful, or offers to volunteer, to Club president Fred Seelman at (fseelman@gmail.com) or first vice president Ray Spieler at (301-460-3563).

## **Groups Debut Websites**

by John Feldmann

The Town Meeting Organization (TMO), which focuses on issues pertaining to Leisure World's governance, and JustUs, a resident advocacy group, have launched websites to help keep residents informed about the groups' undertakings.

JustUs is focused on the Administration Building and Clubhouse I Site Improvement plan and its belief that an engineering study to determine renovation versus replacement costs is needed. JustUs also believes the Leisure World Community Corporation board of directors is an illegally seated body who are appointed versus elected.

For more information about TMO and JustUs, visit (www.townmeetingorganization.com) and (www.justus.group).





## 3 Convenient Locations Minutes from Leisure World

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## Armchair Travelers to Roam Italy's Hill Towns and Amalfi Coast

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday (known as Saturday Afternoon Live – SAL!) beginning with armchair travel at 2 p.m. in Clubhouse II.

GIAC's goal is to enhance the social and emotional wellbeing of its members with games, fellowship opportunities and exciting trips.

Although it's a singles Club, all residents, whether married or single, are welcome to participate in scheduled trips.

Married residents whose spouses are infirm can also join and participate in all Club activities.

### **Armchair Travel**

On Saturday, July 21, armchair travelers will enjoy a widescreen video journey with well-known travel guide Rick Steves to "Italy's Great Hill Towns," from San Gimignano's classic charms to Civita di Bagnoregio's cliff-hanging vistas that sit on lofty stone perches protecting them from the modern world.

On Saturday, July 28, see the best of "Italy's Amalfi Coast" while spending time in Capri, where travelers will visit sights such as the Blue Grotto, Faraglioni and the beautiful Gardens of Augustus.

### Games

Bingo is enjoyed on the second and fourth Saturdays of the month from 2:30-4 p.m. in Clubhouse II. Pokeno is played on non-Bingo Saturdays, and bridge, poker and Rubik's cube are played every Saturday. The games have no charge and participants are free to play as many bingo cards as they can handle. The winner of the last game of the day, known as "blackout," receives a prize.

GIAC needs someone to assist in calling the bingo games. Anyone interested should contact Sylvia Pachenker at (301-598-5325).

### Trips

Trips are scheduled to Harris' Crab House plus the Amish Market on Thursday, Sept. 20, and Harrington Casino on Wednesday, Nov. 7.

More detailed information on available GIAC trips is available in the Club Trips section of this publication.

Sign-ups up for trips take place during SAL! from 1:30-3 p.m. in Clubhouse II when a representative of the program committee is available to receive payments and answer questions.

The GIAC newsletter, which has more trip information, is also available at that time.

For questions about trips, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

### Membership

Those wishing to sign up for GIAC membership or renew their membership are invited to do so every SAL from 1:30-3 p.m. in Clubhouse II.

The fee is a nominal \$7 per year and the income from dues is used to pay Club expenses and enhance activities.

For more information about membership, contact Sylvia Pachenker at (301-598-5325).



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## **Association Reelects Officers**

by Patricia Means

t the LWAAAC meeting on June 28, the following officers were reelected: Juanita Sealy-Williams, president; Alfonso Holston, vice president; Laura Wiltz, treasurer; Elizabeth Brooks-Evans, recording secretary; and Lois Pope Fuller, corresponding secretary.



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Lawrence Traynham conducted the swearing in ceremony.

Officers and committee chairs gave year-end reports for 2017-2018. The president presented the officers and committee chairs with LWAAAC pins for their outstanding LWAAAC members ride in the July 4 parade. support of the Association. Photo by Al Holston

The president also presented orange hats to LWAAAC members who participated in the Health Freedom Inc. Program.

### Membership

All residents are invited to join LWAAAC. For new and renewed membership, dues covering July 1, 2018 through June 30, 2019 are \$20 per person (checks only, payable to LWAAAC).

Payments may be deposited in the LWAAAC mail slot in the Clubhouse I E&R office, or mailed to (LWAAAC, P.O. Box 12316, Silver Spring, MD 20908).



### Play

On Wednesday, Sept. 26, join LWAAAC to see the play "Turn Me Loose" at Arena Stage in Washington, D.C.

Tickets are \$60 per person and include bus transportation (checks only, payable to LWAAAC).

Payment must be received by Friday, Aug. 10, and may be deposited in the LWAAAC mail slot in the Clubhouse I E&R office. All residents and guests are invited.

For more information, see the Club Trips section of this publication or contact Juanita



LWAAAC reelects its officers at its June 28 meeting. Front row, from left: Elizabeth Brooks-Evans, Laura Wiltz and Lois Pope Fuller. Back row, from the left: Juanita Sealy-Williams and Alfonso Holston. Photo by Glenne Martin

Sealy-Williams at (301-822-4531), or at (202-494-5633) from Sunday, July 29, through Tuesday, Aug. 14.

### **Showcase Display**

Photos of 2017-2018 events are displayed in the corridor behind the Clubhouse I E&R office.

Vice president Alfonso Holston provided the photos and Phyllis Pratt arranged the display.

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## Microbes, Mother Nature and Amour

by Woody Shields

t the Group's July 5 meeting, Jane Hawes set the tone with "The Uninvited Visitor," a personal encounter with a giant roach in the middle of the night.

Radha Pillai continued the theme with "Microbes," about how some microbes have a hard time keeping humans safe because they are killed by antibiotics and chemicals.

Denise Barker, a new member, delighted the Group with her box of poems. The rhyme of waiting

for rain in her youth stirred the listener's imagination. The Group looks forward to hearing more.

Viola Stendardi shared "Questions." "Is our love too soft, too small, to stand up to us, and will it simply fall?," she asks.

To neutralize the warmth of summer, Lee Hardy recited "Snow Oh No." "Before a single flake will drop, federal government declares a stop. Next day one can scarcely find a drop, though silly city ground to a stop!"

Woody Shields read another chapter of his book on deer, "Doe to Buck Ratio," about deer population and breeding. Doug Kiessling presented a tutorial on Eli Lilly's discovery and development of the insulin industry to treat diabetes.

Carlos Montorfano inspired the Group with his insightful poems on the lessons of life: "Monosyllabic, Music to My Ears," "Thanks Mother Nature," and "I learned My Lesson."

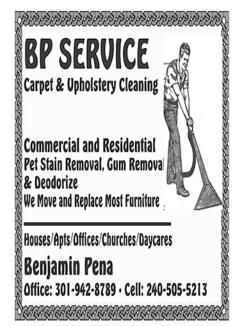
Danuta Montorfano read a lovely poem, "Gifts from Nature," in gratitude for butterflies and fireflies.

Gladys Blank enchanted the Group with her remembrances of past 4th of July fireworks and outdoor picnics. It makes one think about the freedoms Americans have fought for, earned and cherished for over 200 years.

Grace Cooper shared two of her lovely poems – "Peaches" and "Amour." "Etre amoureaux est beaucoup de choses," or "Being in love is a lot of things."

The Writers of Leisure World meet on the first and third Thursday of each month at 11 a.m. in Clubhouse I. All residents are welcome to attend.

The Group hopes more residents will join to read their work, and encourages writers of all skill level to share their poetry, stories and essays.



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## Rossmoor Women's Club 50th Anniversary Dinner Set for Sept. 23

by Marcia L. Elbrand

**Club Activities** 

 ${f R}$  eservations can be made now for Rossmoor Women's Club's (RWC) gala Fiftieth Anniversary celebration.

The event, "Cheers for Fifty Years," is held on Sunday, Sept. 23, in Clubhouse I. The cocktail hour starts at 5 p.m., and a three-course, plated dinner is served at 6 p.m. Entertainment includes music by the Blake High School Jazz Band and a slideshow featuring some of the Club's historic moments.

Noreen Potter, RWC vice president, is chairperson for the golden anniversary celebration.

To reserve a seat at the Gala, send a check for \$40 per person, payable to Rossmoor Women's Club, to Carolyn Thompson at (15000 Pennfield Cir., #202, Silver Spring, MD 20906). Be sure to note on the memo line that the check is for the 50th anniversary dinner.

## **Save the Dates**

- Oct. 1 Vendor Sale at Bedford Court. The sale features gifts, jewelry and accessories, most priced at \$6.
- Oct. 23 Luncheon and Fashion Show. The show features outfits from Chicos, modeled by RWC fashionistas.
- Nov. 12-16 Pecans, Fruitcakes and See's Candies sale.

RWC raises money for nearly a dozen community projects. The Club awards six college scholarships each year, three at Blake High School and three in the ACES program at Montgomery College.

The Club is also accepting donations toward a new scholarship created in memory of past treasurer Patricia Lyddane. It will be awarded to a young woman majoring in finance. Contributions to that scholarship, (noted on memo line, checks payable to RWC), may be sent to Marcia Hahn at (3100 North Leisure World Blvd., #720, Silver Spring, MD 20906).

The Club also donates funds to two local hospices and to the only shelter in Montgomery County for women and children seeking refuge from domestic abuse. Funds raised by the Club provide support to Fisher House Foundation, which offers housing to families visiting Wounded Warriors.

Volunteers provide ongoing assistance and enrichment to a Head Start pre-kindergarten class at nearby Harmony Hills Elementary School, and RWC collects "starting fresh" items each year for clients of A Wider Circle. At Leisure World, the Club contributes to Fireside Forum and FISH (Friends in Sickness and Health).

by Beth Leanza

M ost months, the Baby Boomer Club watches a movie in the Clubhouse II auditorium. Some members also like to go out to dinner followed by a movie in a local theater.

The Club's next picnic is on Sunday, Aug. 12, at noon in East Norbeck Park. For \$10, enjoy hot dogs (some kosher), hamburgers, or turkey or veggie burgers, steak, salad and watermelon. If bringing a salad or dessert, the cost is \$5. The sheltered pavilion keeps the group safe from the elements.

Club members always have a great time at Toby's Dinner Theater in Columbia, Maryland. Each musical performance includes a generous buffet and ice cream bar. The theater is in the round, so every seat is a good one.

### Mah-jongg

A group of residents who know how to play mah-jongg get together on Tuesday or Wednesday nights at 7 p.m. in Clubhouse II. For more information, contact Donna Copeland at (dc@grandmathegeek.com).

### Friday Hikes with Joyce

For a three-mile walk once a week, join Joyce and others. Some walkers turn around half way for a shorter walk. Many walkers meet at the walk site, but those who would like to carpool are asked to contact Joyce Richardson at (301-598-7098) or (777cheekie333@gmail.com) by Thursday evening.

July 27 – Sligo Creek Park (Silver Spring) Meet at 10:15 a.m. in the parking lot near the Shalom Grocery Store. Bring water and a lunch. Drive south on Georgia Avenue and turn left onto Arcola Avenue. Continue until you reach The Kemp Mill Shopping Center. Turn right into the shopping center and park near the Shalom Grocery Store at the end of the center. Club members will walk to the left at



the trail.

Aug. 3 – Matthew Henson Trail (Silver Spring) Meet at the semi-circle of benches near the display map at 10:15 a.m. Bring water and a lunch. Drive south on Georgia Avenue and turn left at the light onto Hewitt Avenue. Turn right into the Global/Korean Mission Church parking lot located at 13421 Georgia Ave. and park in the back.

### **Sunday Morning Walks**

For a three-mile walk right here in Leisure World, walkers can meet up on Sunday mornings at 8:30 a.m. near the corner of Leisure World Boulevard and Arden Court (across from Kelmscot Drive).

The group walks the entire Leisure World Boulevard circle. Usually, the walkers go out to breakfast after the walk.

### Weeknight Walks

For a shorter walk, meeting on weekday evenings at 7:15 p.m. in the Clubhouse I lobby. The group walks around the Broadwalk in Montgomery Mutual.

No one makes an announcement, so be sure to ask around if new to the group.

### Volkssport Walks

One Club member also belongs to the American Volkssport Association (AVA). He posts AVA walk information on (bbclw@googlegroups. com). Click on Walks, below the Calendar.

### How to Join

To join the Baby Boomer Club, send a check for \$5, payable to Baby Boomer Club, to membership chair Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

Include your address and phone number (if they are not on the check) and email address. Members who do not have email should keep in contact with a member who does, because the Club mostly communicates by email.

Adding the Baby Boomer group email address, (bbclw@ googlegroups.com), to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder.

The Club keeps its emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

### **Still Need More Information?**

The Club's website is available at (https://sites.google.com/ site/bbclwmd) and includes a calendar with walk information.



## LW Apple Club The Magic of Contacts: Part Two

by Ron Masi

• he Apple iPhone user has L many more options than just adding a name, phone number and email to a contact card. The user can also add ringtones, addresses, images and notes.

### **Ringtones**

Ever wonder who's calling when your iPhone is ringing

in the other room or at the bottom of your bag. By setting up a different ringtone for frequent callers, the user knows by the sound of the ringtone if he or she wants to answer.

tesy of Ron Masi Here's how: Open Contacts > select individual's card > edit > ringtones > select from over 50 ringtones in the dropdown menu. Click "done."

## Address

Users who have completed an address on a Contact card by clicking the pin icon (right of address) will get a map of the area around that address.

The user can use the map to get directions to that address, or they can use the Hey Siri function. They can also change the map's type between Map, Transit map or Satellite map by clicking the boxes at top right.

By clicking the directions tab at top left, the user can get directions to that address and also specify if they want Walk, Drive or Transit directions. Even traffic information is available at bottom left.

Of course, users don't have those capabilities if their address is not filled out on the Contacts card. Here's how

to add addresses: Contacts > select individual's card > edit > you'll notice gray spaces for Street, City State, Zip and Country. To the left of Street are the Contacts graphic cour-Work, Home, Other

> and Custom option use the tiny up/down arrows to select the appropriate one.

> Then fill in the data in each identified block, but don't be tempted to save time by pasting everything into one category.

### Images

If the user has added an image to a Contact card, it is visible on that card and on incoming emails and messages. An image serves to remind the user who the contact is, the age at which they met the person and other information.

Adding an image can seem more complicated than it really is. The user has many ways to add an image, but here is one that is often used:

First, drag the picture/image from where it is in Photos, Email or other application, to the desktop. Open Contacts > select the individual's card > Edit > drag image from desktop into the gray circle (left of contact's name). A larger image appears in a box. Adjust the LW image to fit the

circle. To zoom in or out: Drag the slider to position picture. Drag it around within the circle. When it fits, select Save > Done.

Other ways to add an image are included in Current, Defaults, Camera and Photos.

### **Birthday/Anniversary**

Have you ever forgotten important dates like birthdays and anniversaries?

There's an easy fix in Contacts. By adding these dates to the individual's Contact card, the user is reminded of the date with a screen message; the date also shows up in the Calendar.

In Contacts, select contact > Edit > select Anniversary/

Birthday/Custom > enter date or event > Done. When done, go to Calendar, select Preferences and then check the Show Birthdays Calendar (near the bottom), and the new birthday will appear on the Calendar.

### Note

Apple

Note is useful for users who want to include something they should remember about

the person, like a pet's name, where and when they met the person – anything the user wants to recall about that person.

In Contacts, select contact, and then at the bottom of the

card, type or paste in the area called Note. Note is the only entry the user can add to or change without first clicking the Edit button.

### **Club Reminders**

The Apple Club is taking the summer off from presentations and meetings. The next meeting is held on Tuesday, Sept. 25, and includes a speaker. The Clinics will go on as usual, first three Tuesdays of each month at 10 a.m. in the Computer Learning Center in Clubhouse II.

Visit the Club at (mac. Computerctr.org).

## Wills, Wealth Planning & Trusts



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## Clubs, Groups & Organizations In Brief

**Amateur Radio Club:** Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

**Book Club Network**: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

**Clipper Workshop:** Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

**Computer Learning Center:** Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

**Hispanos de Leisure World**: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is July 27. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

**The Lapidary Shop:** Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

**LW LGBT Alliance:** Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, email us at (lwlgbt@gmail. com).

**Musical Jammers:** We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our more than 1,000 members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

**The Philadelphians:** We meet in Clubhouse II by the fireplace on the first Wednesday of the month at 11 a.m. Any questions? Call Steve Kane at (301-598-2330).

**The Pittsburghers:** There are no meetings in June, July or August. The club will gather again September, so watch for an announcement about the September meeting.

**Quilt Group:** Come and join our fun group as we work on our individual projects. We now include those interested in all needle-work and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is July 26.

**Stitchers Group:** Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. We are currently reading from "The Oxford Book of American Short Stories," 2nd edition, editor Joyce Carol Oates. On Wednesday, Aug. 1, Pat Leanza will lead a discussion of "Good People" by David Foster Wallace. On Wednesday, Aug. 15, Beth Leanza will lead a discussion of "Mercy" by Pinckney Benedict. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

**Stamp and Coin Club:** Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

**Wood Shop Users Group:** The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

**Women in the Military:** Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

**Women's Fun Bunch of Leisure World:** The Women's Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquires, call Marlene at (301-438-7773).

## Leisure World Club Trips

The next deadline for trip submissions is **Monday**, **July 23**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. **Email** your trip information to **lwnews@lwmc.com**.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

## Sept. Harris Crab House 20 and the Amish Market

Come with the **Going It Alone Club** to the Harris Crab House in Grasonville, Maryland, for an all you can eat feast of crabs, steamed shrimp, fried chicken, corn-on-the-cob, cole slaw, potato salad, dessert, soda, tea and draft beer.

After the feast, we stop at the Amish Market in Annapolis, Maryland, for a little shopping.

The bus leaves Clubhouse II at 10:30 a.m. and returns at approximately 4 p.m.

The cost is \$75 for members, and \$82 for non-members and includes, tax, dining and driver gratuity. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Aug. 18, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## Sept.

## 26 "Turn Me Loose" at Arena Stage

**LWAAAC** is hosting a trip to see the play, "Turn Me Loose," at noon on Wednesday, Sept. 26, at Arena Stage in Washington, D.C. The play is an intimate and no-holds-barred tribute to Dick Gregory's life as a comic genius, civil rights activist and unapologetic provocateur.

Tickets are \$60 per person and includes Eyre bus transportation (checks payable to LWAAAC). Tickets may be purchased by placing a check in the LWAAAC mail slot in the Clubhouse I E&R office. Guaranteed seating at Arena Stage requires that tickets be paid by Friday, Aug. 10. All residents are welcome. For more information, contact Juanita Sealy-Williams at (301-822-4531).

## Nov.

7

## Harrington Casino in Delaware

Join the **Going It Alone Club** on a trip to Harrington Casino, in Harrington, Delaware. The casino provides \$15 in slot play and a \$7 buffet credit (subject to change).

The bus leaves Clubhouse II at 11 a.m. and returns at approximately 7 p.m. If you have a casino card number, you must bring it with you.

The cost is \$25 for Club members and \$32 for non-members. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Oct. 13, unless a replacement if made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## **GOOD TO KNOW:**

Sign-ups for newly advertised E&R events and classes are taken beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign-ups begin at 8:30 a.m. in either Clubhouse I or II, as noted in the event or class description. **Please remember to bring your Leisure World ID.** 

## Nov. Gaming and Sightseeing 26-28 in Atlantic City, NJ

Join the **Jewish Residents of Leisure World** for a two-night, three-day trip (Monday-Wednesday) to Atlantic City, New Jersey. For only \$179 per person for double occupancy (\$90 more for single occupancy), you get transportation in a modern bus, two nights lodging in the Tropicana Atlantic City hotel, a dinner and two hot breakfasts, plus a \$20 casino bonus.

On your own in this tourist location you can also take in a show and enjoy the famous boardwalk. Contact Sue Sandler at (240-242-3742) for more information and a reservation.

## 4/29-5/8 2019 Costa Rica Getaway

The **Center for Lifelong Learning** invites all residents to travel with Spanish instructor Judy Frumkin to Costa Rica to see the sights and practice your ability to speak and understand Spanish. Ability to speak Spanish is not necessary to enjoy this getaway.

Participants depart Washington, D.C. by air on Monday, April 29, and the tour commences in San José. Over the next nine days, the group visits La Guácima, Alajuela, Arenal Volcano, Sarapiquí, Jaco Beach and Manuel Antonio National Park. In addition to sightseeing, the group will have the opportunity to interact with local residents, dance to Spanish music and enjoy the natural wonders of Costa Rica.

The cost of the trip is \$2,501. A payment plan is available through the website. Full payment is due by Friday, Jan. 18, 2019.

Price includes airfare, hotels, local transportation and admissions, nine breakfasts, eight lunches and nine dinners. A local guide will accompany the group. Please note that all information is subject to change.

To register for the trip, visit Prometour at (https://goo.gl/g2TQNw). Temporary Access Code is PM\_7271; Temporary Password is 7271! The U.S. phone number is (1-800-304-9446).

For information and/or questions about the tour, contact Judy Frumkin at (judyfrumkin@gmail.com) or (443-858-2894).

## **Attention, Travelers!**

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/ long-term is at the owner's own risk.

> Find Leisure World of Maryland on facebook at: www.facebook.com/ LeisureWorldofMaryland/

## **SPORTS, GAMES** & Scoreboards

## Pickleball Club

## **Club Serves Up Winners**



From left, pickleballers Susan Crawford, Linda Pluznik, Gary Lyst and Scott Keenum show off their medals won at the First State Pickleball Beach Blast 2018 in Dover, Delaware. Coutesy photos

### by Susan N. Crawford

■ he Pickleball Club's outdoor season is in full swing with scheduled Club playing times every day of the week.

Check the glass enclosed bulletin board at the outdoor pickleball courts for the list of playing days and times.

### **Senior Olympics**

On Saturday, Aug. 18, and Friday, Aug. 24 through Sunday, Aug. 26, many Club members will compete in pickleball singles, men's doubles, women's doubles and mixed doubles at the Maryland Senior Olympics (MSO).

Club members have won numerous medals at the MSO in past years, and they are looking to repeat their success at the

upcoming competition. MSO singles pickleball is played at the Meadowbrook Athletic Center in Ellicott City, Maryland, and MSO doubles pickleball is played at the City of Bowie Gym in Bowie, Maryland. Spectators are welcome. For more information, visit (www.mdseniorolympics.org).

## **Recent Winnings**

Several Club members have competed in and won medals at pickleball tournaments.

Club member Scott Keenum won a bronze medal in men's doubles, and Club member Susan Crawford won a silver medal in women's doubles and a bronze medal in mixed doubles at the First State Pickleball Beach Blast 2018 in Dover, Delaware.



Keenum also won a silver medal in men's doubles at the 2018 Gamma Pickleball Classic in Pittsburgh, Pennsylvania.

New Leisure World resident and Club member Jerry Clark won both silver and bronze medals in men's doubles at the prestigious U.S. Open Pickleball Championships in Naples,

Golf Club

Compiled by Rita Molyneaux

## June 19, 2018 9-Hole Ladies

- 2. (tie) Dee Smiley, 27 (tie)Kazue Waller, 27
- 4. Muriel Peake, 29
- 5. (tie) Clara Brincefield, 30
- 7. Linda Andrews, 31

## **18-Hole Ladies**

1. C. Choi/Kazue Waller, 62 2. Mary Ko/Blind Draw, 65

### June 23, 2018 Men's 2018 CHAMPIONSHIP **Championship Flight**

Winner – Doug Allston Runner Up – Armand Pepin **First Flight Champion** Winner - Marty Kreiss **Second Flight Champion** Winner - Tony Marotta Runner Up – Peter Porrello

June 26, 2018 **18-Hole Ladies** Low Gross and Low Net Tournament Low Gross 1. Mary Ellen Coffey, 70

## Low Net

- 1. Marylee Amato, 31
- 2. Kazue Waller, 32 3. Joan Sumner, 34
- (tie) Barbara Rushing, 34
- (tie) Clara Brincefield, 34
- (tie) Connie Park, 34

Florida, as well as a gold medal in men's doubles and a silver medal in mixed doubles at the Philadelphia Super Senior Pickleball Classic in Lafayette Hill, Pennsylvania.

Leisure World is well known for the prowess of its pickleball players!

June 28, 2018

**18-Hole Ladies** 

**ABCD Scramble** 

Ronnie Nisbet, Sue Heyman, 76

June 29, 2018

Twi-Lite

1. Joe Boland, Mike Boland, Hank

Weiss, Doris DeSantis, 31

Doherty, 34\*

2. Jack Frensilli, Kathy Frensilli,

Patt Hooper, Marvin Tabb, 32

Heiken, Charlie Brotman, Mary

1. Mary Ko, Pam Mulcahy, Nancy

Ferdock, Marylee Amato, 72

2. Christa Storm, Pat O'Connor,

## June and July Results

## Mystery Hole #17

1. Connie Park, 25

- (tie) Janet Danziger, 30

## June 21, 2018

3. Kevin McMahon, Brenda Curtis-Two Lady Odd/Even **Tournament** \*Match of cards #1 handicap hole

June 30, 2018 **Men's Member-Guest** 

**Overall Winner Net** 1. Hank Weiss, Bill Gordon, 54 2. Net Kevin McMahon, Jim Ward, 56

Tournament

## Gross

- 1. Joe Boland, Chuck Scheinost, 67 2. Gross - Doug Brasse, Rick Eisenacher, 69
- Closest To Pin #8 Jack Frensilli, 5'7"
- Long Drive on #15
- Gold Tee Division Doug Allston Sr.
- White Tee Division John Perl

### July 3, 2018 9-Hole Results **Limited Clubs**

1. (tie) Connie Park, 34 (tie) Linda Andrews, 34 3. (tie) Kazue Waller, 35 (tie) Mary Wells, 35

## ■ Tennis Club

## Aug. 17: Potluck Picnic at Norbeck Park

by Alfonso Holston

The Tennis Club ushered in the second half of the tennis season by participating in Leisure World's annual 4th of July parade.

Many friends and relatives came out on this lovely day. The Club's continued its tradition of rewarding those on the sidelines with tennis balls. The Club thanks Aspen Hill Tennis Club for the tennis balls they gifted for the event.

The Club's annual picnic is on Friday, Aug. 17, at Norbeck Park. Members will gather at 9 a.m. for a fun round robin play, and picnic refreshments begin at noon.



Photo by Leisure World News

Each member will bring a dish to share with the Club.

All residents are invited to come out and participate in the Club's round robin play on Tuesdays and Fridays at 9:30 a.m. Advance players play on Sundays, Wednesdays and Thursdays from 9:30-11 a.m.

## Golf Club **Golfers Qualify for** Statewide Tournament

by Sperry Storm

he Leisure World Golf Club hosted the Maryland Interclub Senior

Golf Association's (MISGA) Division IV Annual Past Presidents, ABCD Qualifier on June 27. In a field of 60,

12 Leisure World players participated. Of nine low gross Photo by Leisure World qualifiers, Mark News Parker advanced to low gross score of 75.

Parker also won the 2nd place low gross score prize certificate in his flight.

Of 19 low net qualifiers, Ken Katkowsky (62), Doug Cornish (65), Joe Boland (65), Joe Crocetta (68) and Jack Frensilli (69) all qualified to advance.

Alternate low gross qualifiers

included Joe Powell (88), who won a prize certificate in his flight. Alternate low net qualifiers included Doug Brasse (71), who won a prize certificate in

his flight.

Jack Frensilli won the closest to the pin prize certificate on hole 16 (4'10").

The statewide MISGA Past Presidents (ABCD) Championship is on Thursday, Aug. 9, at

the statewide tournament with a Norbeck Country Club.

Registration begins at 10 a.m., followed by a barbeque lunch, pre-start announcements, and a shotgun start at noon. A field of 100 players is expected.

The entry deadline is Thursday, July 26. For more information, visit (misga.org/ tournaments.htm).

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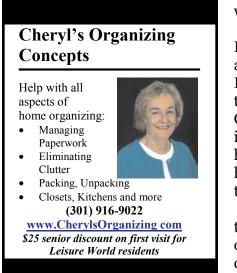


## Chess Club Throwing Checks vs. Calling Checks

by Bernie Ascher

**Stanley Cup**" is not the name of a hockey player. It is the name of the trophy awarded to the champion team in the National Hockey League (NHL).

This year, the Washington Capitals won the Cup for the first time since 1998. It took 20 years for Washington, D.C., to build a top notch winning team. Oddly



enough, they won the championship series against a team that's been in existence for only one year – the Golden Knights of Las Vegas, Nevada.

In the National Sports of Canada Act of 1994, Canada recognizes ice hockey as its national winter sport. Lacrosse is its national summer sport. The regular NHL hockey season begins in October and ends in April, but the playoffs do not end until June, which is not exactly in winter.

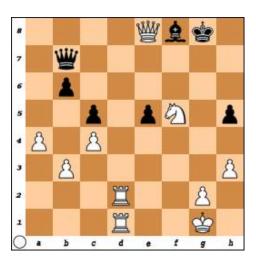
The Stanley Cup is named after Frederick Arthur Stanley, known as Lord Stanley of Preston, a British politician who became the sixth Governor General of Canada in 1888. Stanley became intimately involved in amateur hockey and beginning in 1893, he donated the Cup to Canada's top-ranking ice hockey club.

Over the years, it has become the trophy for the playoff winner of the professional NHL. The current Stanley Cup, made of silver and nickel alloy, stands 35.25 inches and weighs 34.5 pounds, making it a challenge to hold it over your head and skate around the rink with it in celebration.

When the Cup originally was designed, Canada had been a country for only about 20 years. The British Act of North America established Canada as a single Dominion on July 1, 1867, merging three colonies: New Brunswick, Nova Scotia and the Province of Canada (later divided into Ontario and Quebec). Thus, Canada became a self-governing entity within the British Empire.

Eventually, Canada grew from four provinces to 10 and became fully independent in 1982, almost 100 years after creation of the Stanley Cup. Canada celebrates its independence day on July 1. In 1879, Canada named the national holiday Dominion Day. In 1982, Canada renamed the holiday Canada Day.

Some places in Canada celebrate both July 1 and July 4 with



fireworks. Canadians charge that Americans know less about Canada than Canadians know about the U.S. In fact, Americans sometimes accuse Canadians of thinking of its country as the 51st state.

In Leisure World, chess is played on solid ground, usually indoors. No need to wear skates or other equipment. No need for a 35-pound trophy. Players simply seek intellectual stimulation and appreciate the beauty of the game.

The U.S. does celebrate a National Chess Day on the second Saturday of October. President Gerald Ford proclaimed the first National Chess Day in 1976. Chess enthusiasts celebrate by playing chess. Numerous chess tournaments are held on that day.

In the game pictured on this page, White can force checkmate in three moves. Do you see it?

The answer follows this reminder that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free. For further information, call Bernie Ascher at (301-598-8577).

ANSWER: White moves the Rook from d2 to d7, threatening the Black Queen. Black moves the Queen to e4. White then moves the Queen to f7, checking the King. Black's only move for the King is to h8. White's Queen captures the Black Bishop at f8. Checkmate! (If Black's Queen captures White's Rook at d7 instead of moving to a safe square (e4), White still wins by checkmate, capturing the Black Queen at d7 with the same result.)

So, do not wait for a 35-pound trophy. Do not wait for a firework celebration. Do not wait for National Chess Day. Play chess now!

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## Tuesday and Friday Duplicate Bridge

### Compiled by Jerry Miller

For all games, flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

### Tuesday, June 24, 2018

### **North-South** Flight A

### 1. Hanna Schepps – Marlys Moholt

- 2. Palma Seeger Sue Swift
- 3. Ann Ruth Volin Stephan Billstein
- 4. Marilyn Rubinstein Stanley
- Rosen 5. Alfred Caponiti – John Ryan

## Flight **B**

- 1. Palma Seeger Sue Swift
- 2. Marilyn Rubinstein Stanley
- 5. Patti Anschutz Mary Lafferty
- Rosen

### Friday, June 29, 2018

### **North-South** Flight A

1. Diane Keiper – Nadyne Cheary 2. (tie) Mel Schloss – Wendy

### **East-West** Flight A 1. Shirley Light – Bernice Felix

**East-West** 

**Flight A** 

Flight **B** 

1. Jerry Miller – Gerald Lerner

2. Robert Kerr – Jim Anschutz

3. Doug Brasse – Merrill Stern

4. Barbara Summers – James

1. Robert Kerr – Jim Anschutz

2. Joan Marie Thomas – Kathleen

Summers Jr

Hoolev

2. Stephan Billstein – Jim Cowie

Flight B 1. Stephan Billstein – Jim Cowie

## Flight B

(tie) Susan Weiss – Angela Riani

1. Susan Weiss – Angela Riani

Morrison

### Tuesday, July 3, 2018

### North-South **Flight A**

1. Aaron Navarro – Gerald Lerner 2. Ann Ruth Volin – Stephan Billstein 3. Diane Keiper – Nadyne Cheary

4. Norman Salenger – Doris Perschau

## Flight B

1. Marcia Fletcher – Michael Benefiel 2. Leonard Taylor – Lillian Taylor

## North-South Flight A

1. Abigail Murton – Doug Brasse 2. Saul Penn – Lewis Gold 3. Betti Goodman – Helen Montanaro

## Flight B

2. Betti Goodman – Helen Montanaro

2. Patti Anschutz – Mary Lafferty 3. Susan Weiss – Sue Swift

**East-West** Flight A

(tie) Joe Boland – Howard Brewer

2. Nancy Gordon – Bernice Felix

### Friday, July 6, 2018

### **East-West** Flight A

1. Lorraine Hegel – Sue Swift

2. Stephan Billstein – Jim Cowie 3. Susan Weiss – Nancy Gordon

Flight B 1. Jim Cowie – Stephan Billstein

Duplicate games are Tuesday and Friday evenings at 7 p.m. in Clubhouse I. Hand records and results are available after the game at (thecommongame.com). Results are also posted on (cuebid.com).

If you need a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game.

## Wednesday Night Chicago Bridge

Compiled by Abigail Murton

- June 27, 2018
- 1. Abigail Murton and Doug Brasse, 5,370
- 2. Norman Salenger and Linda Mihm, 3,600
- 3. Dottie Donnelly and Dottie Hurley, 3,270
- 4. Joyce Riseberg and Dick Riseberg, 3,050

## Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

### June 28, 2018

July 5, 2018 No game played.

July 4, 2018

No game played.

2. Betty Buttell, 2,200 3. Dolores Shapiro, 2,040

1. Vicky Shaz, 2,440

## Friday Bridge

Compiled by Betti Goodman

4. Bill Cave, 2,170

### June 29, 2018

- 1. Joyce Fischer, 3,549 2. Jackie McCarthy, 3,190 3. Len Bosin, 3,110
- 4. Bill Cave, 2,400

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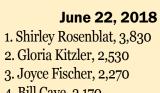


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For information: call 301-598-1310 or email lwnewsads@lwmc.com







4. (tie) Nancy Gordon – Bernice Felix

Flight B

1. Susan Weiss – Sue Swift

1. Saul Penn – Elaine Conway

by Rita Mastrorocco

The league is based on handicaps with averages for the bowlers ranging from 99 to 189. If you have not bowled in years, come out and join the fun.

The top league standings as of July 6 are: Just One More in first place; Pin Busters in second place; and Hooks N Curves in third place.

## Top scores for the week of June 29 are:

Scratch Game – Rolling Rocks, 697 pins

Scratch Series – Rolling Rocks, 1,971 pins

Handicap Game – Half and Half, 945 pins

Handicap Series – Just One More, 2,709 pins

High Average Men – Jerry Clark, 189 pins

Scratch Game Men – Jerry Oslick, 213 pins Scratch Series Men – Jerry Clark, 592 pins Handicap Game Men – Jerry Oslick, 261 pins Handicap Series Men -Chuck Martinez, 730 pins High Average Women -Chris Porter, 173 pins Scratch Game Women -Jessica Stephens, 193 pins Scratch Series Women -Chris Porter, 514 pins Handicap Game Women -Julie Thomas, 252 pins Handicap Series Women -Julie Thomas, 703 pins

## Top scores for the week of July 6 are:

Scratch Game – Hooks N Curves, 690 pins Scratch Series – Hooks N Curves, 2,004 pins

Handicap Game – Hooks N bow

Curves, 932 pins Handicap Series - Hooks N Curves, 2,730 pins High Average Men – Jerry Clark, 189 pins Scratch Game Men – Chuck Martinez, 212 pins Scratch Series Men – Chuck Martinez, 579 pins Handicap Game Men -Chuck Martinez, 281 pins Handicap Series Men -Chuck Martinez, 786 pins High Average Women – Chris Porter, 168 pins Scratch Game Women -Cathy Flinchbaugh, 185 pins Scratch Series Women -Cathy Flinchbaugh, 495 pins Handicap Game Women -Flo Reilly, 267 pins Handicap Series Women -Cathy Flinchbaugh, 699 pins

You do not need to be a good bowler to join. Come and join

us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:50 a.m. at Bowl America, 1101 Clopper Road in Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$10. If interested, call Rita at (301-814-9196).



## Sports, Games & Scoreboards In Brief

**Bid Whist:** Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501).

**Bocce:** Games are played on the first and second Fridays of the month at 10 a.m. at the bocce court, located outside the Clubhouse I Terrace Room restaurant. The game is easy to learn, with no special skills required. There is no sign up; just show up (weather permitting).

## Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne at (301-598-5677).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

**Chess:** Free chess lessons for beginners and "rusty" players Monday and Wednesday, Clubhouse II. Call Lark Kellar (301-219-5955) for information. The Chess Club meets every Monday, Wednesday and Friday in Clubhouse II at 1-4 p.m.

**Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White at (301-438-7892) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

**Mah-jongg:** Learn how to play Mah-jongg. Call (301-598-3438). **Ping Pong**: Get healthy exercise and camaraderie playing ping pong. The club meets every Wednesday and Friday, from 1-3 p.m., in Clubhouse II multi-purpose room. Drop in anytime during that period. Some experience preferred. If interested, call Julie Friedman at (301-598-5424).

**Pinochle Players:** Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

• **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlene at (301-438-7442) if you are interested in playing.

**Indoor Pool Volleyball:** Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol. com) with questions.

.....

#### Sunday Brunch Buffet each Sunday at the Clubhouse Grille from 9:30 a.m.-3:30 p.m. Buffet is \$15 per person

### ⊗ SWEET ∻

- Fruit Danish
- Ricotta Blintzes

Bacon and Sausage

Corned Beef Hash

Chicken Marsala

Potato Pancakes

Pancakes

- DonutsFresh Fruit
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#### French Toast

- Muffins
- Eggs Benedict
- Potato Wedges
- Broiled Salmon
- Linguine and Meatballs

1

Steak and Eggs | \$16 Served with Potato Wedges and Toast

Shrimp and Grits | \$14 Jumbo Shrimp served on Cheese Grits

Please ask your server to see our "Brunch Cocktails Menu!"

## Dessert?

Even if you decide to leave the community for dinner, stop by Clubhouse Grille afterwards for dessert and coffee; maybe even a drink.

#### Enjoy coffee and any dessert for only \$4 after 8 p.m.



#### Also available:

- Irish Coffee \$3
- Grand Marnier \$5

\$3

\$4

\$3

\$4

\$3

- Kahlua
- Drambuie
- Bailey's
- Cointreau
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SALTED CARAMEL CHEESECAKE \$6

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New York Cheesecake with a Fresh Lemon Curd topped with Fresh Blueberries

COCONUT CAKE - \$6

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DARK CHOCOLATE MOUSSE CAKE - \$6

Whipped Cream

FLOURLESS CHOCOLATE NUTELLA MOUSSE CAKE - \$6

ICE CREAM – \$3 Vanilla Bean or Butter Pecan

Clubhouse Grille Hours: Tues. – Sat.: 4 p.m. – 10 p.m. | Sundays: 9:30 a.m. – 3:30 p.m. Stein and Terrace Room Hours: Sunday: 9:30 a.m. – 8 p.m. | Mon.– Tues.: 9 a.m. – 8 p.m. | Wed.– Sat.: 9 a.m. – 9 p.m. For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

## **CLASSES** & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.** 

If required enrollment is not met five days prior to the start date, the class will be cancelled.

\*\*\*Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!** 

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

#### **EDUCATION**

**En avant! French in Action for Beginners:** This class, led by Gilles Gouin, is for beginners or people who have taken French and would like to refresh his/ her knowledge. The focus of the class is to provide basic French grammar so that participants can communicate in the target language (i.e. French) at the survival level.

In addition to learning basic French grammar and vocabulary, course topics include greetings and farewells, family members, numbers, dates, weather, telling time, health, colors, household objects and more.

Class meets Tuesdays, July 31-Sept. 18 (no class Aug. 14), 10-10:50 a.m. **Fee: \$15. Register at Clubhouse I.** 

**En avant! French in Action for Intermediates:** This class, led by Gilles Gouin, is for intermediates who have some solid knowledge of French and want to build on their knowledge in order to sustain some conversation.

The focus of this class is to provide basic French grammar in context so that students are able to communicate more easily in the target language (i.e. French) at a functional level.

In addition to reviewing basic French grammar and vocabulary, this course covers more advanced French grammar in context, and French vocabulary for numbers, weather, dates, time, colors, household objects and more. Students are expected to speak in French most of the time. They will be able to describe a picture or photo, and also express themselves in the present, past and near future.

Class meets Tuesdays, July 31-Sept. 18 (no class Aug. 14), 11-11:50 a.m. **Fee: \$15. Register at Clubhouse I.** 

#### **EXERCISE**

**Move It or Lose It:** Enjoy dancing to the rhythm of a beat? These aerobic exercises will keep you moving and up on your feet.

Movements are designed to promote cardiovascular health while having fun. Warm up and cool down are designed to strengthen and tone.

Questions? Contact Betty Smith, Certified Group Exercise Instructor, at (301-598-4245).

Class meets Wednesdays, July 25-Aug. 22, 4-5 p.m. Fee: **\$29. Register at Clubhouse II.** 

Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, July 24-Aug. 28, and Wednesdays, July 25-Aug. 29, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

**Senior Sneakers:** Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), July 23-Aug. 27, and Thursdays (with Sue), July 26-Aug. 30, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$36, one day per** week; **\$60 for both days. Register at Clubhouse II.** 

Tap Dancing in a Chair with Carol Neckar: This is great way to have fun, learn something new and exercise! If you are an experienced tapper and miss it, or a beginner who always wanted to tap, but your body says "no," this is the class for you. For experienced tappers, this will be a "remember when" and an "ain't this great!" review. For beginners, it will be an easy start with the basics, moving to delightful music that will make your feet want to dance. It's going to be a lot of fun.

Experienced tappers who don't need a chair are welcome to take the class, but all students work from a chair.

No tap shoes are required, but participants must bring a pair of hard sole shoes.

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the Physical Education Department and, in the summer, continued to perform in local theater. While her career took her in another direction, her love affair with dance has never ended.

If you have questions, call Carol at (301-598-5980).

Class meets Thursdays, Aug. 2-Sept. 6, 4-4:45 p.m. Fee: **\$38. Register** at Clubhouse II.

Ballet Exercises for Seniors: Get ready to move like a dancer! No experience required. Enjoy ballet movements at the barre for seniors. These exercises promote balance while improving muscle tone and posture. Have fun and get fit. Low impact; learn the vocabulary of ballet: plié, releve and tendu. For more information, call Betty (301-598-4245).

Class meets Wednesday, July 25-Aug. 22, 2 p.m. **Fee: \$29. Register at Clubhouse II.** 

#### WATER EXERCISE

Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, July 24-Aug. 28, and Thursdays, July 26-Aug. 30, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.** 

Non-impact Fusion with Beth: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, July 24-Aug. 28, and Thursdays, July 26-Aug. 30, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.** 

Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, July 25-Aug. 29, from 1-2 p.m. Fee: **\$36, 1 day per week; \$60,** when taken with one day of another water class. Register at Clubhouse II.

## **CALENDAR** of Events

#### Friday, July 20

Clubhouse I 10:00 a.m. Drawing Clinic Art Class 10:00 a.m. Book Club Network: Diversity Strong 10:00 a.m. Book Club Network: Bookies 12:15 p.m. Kiwanis Club 1:30 p.m. Any Level Watercolor Art Class 3:00 p.m. Hispanos de LW: Games 7:00 p.m. Friday Duplicate Bridge Clubhouse II 10:00 a.m. Chinese Club 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club

1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge 7:00 p.m. Baby Boomer Club: Movie

#### Saturday, July 21

Clubhouse I 9:00 a.m. Gentle Yoga Class 9:00 a.m. American Needlepoint Guild (ANG) 10:00 a.m. Open Art Studio Clubhouse II 9:15 a.m. JRLW Service 12:00 p.m. LW LGBT Alliance 2:00 p.m. Going It Alone Club: Social/ Bingo 7:00 p.m. Sock Hop Dance

#### Sunday, July 22

**Clubhouse I** No Scheduled Activities. Have a Wonderful Day. **Clubhouse II** 10:30 a.m. Jewish Discussion Group

#### Monday, July 23

**Clubhouse I** 9:15 a.m. Stretch, Tone and Strength **Training Class** 10:30 a.m. Beginner Stretch, Tone and Strength Training Class 1:00 p.m. Paintbrush and Knife Art Class 1:30 p.m. LW Chorale 1:30 p.m. Book Club Network: Fall Readers 2:00 p.m. Jewish War Veterans program: Tasting Memories 7:00 p.m. Bingo **Clubhouse II** 9:00 a.m. Senior Sneakers 10:30 a.m. Zumba Gold Class 11:00 a.m. Chair Yoga Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 2:00 p.m. Line Dance Class 2:00 p.m. Chair Yoga Class 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Class

#### Tuesday, July 24 Clubhouse I

9:30 a.m. Any Medium Art Class
9:30 a.m. CLL Course: Habla Conmigo Part III
1:00 p.m. CLL Course: Habla Conmigo Part II
2:00 p.m. Book Club Network: Suspensers
5:00 p.m. Lawn Bowling Club
6:00 p.m. LW LGBT Alliance: Game Day 7:00 p.m. Duplicate Bridge
7:00 p.m. Trivia Group
Clubhouse II
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-Impact Fusion Water Exercise Class
1:30 p.m. Comedy and Humor Club
2:30 p.m. Unitarian Universalists

#### Wednesday, July 25

#### Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Express Yourself in Drawing and Painting Art Class 1:00 p.m. Painting and Miniatures: Oils, Acrylics and Alkyds Art Class 2:00 p.m. LW Green 2:00 p.m. CLL: Stem Cell Seminar 5:00 p.m. Crab Feast 6:00 p.m. LW LGBT Alliance: Game Day 6:45 p.m. Chicago Bridge **Clubhouse II** 11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Ping Pong Club 1:00 p.m. Aqua Fit Class 1:30 p.m. JRLW Movie: "Sammy Davis Jr.: "I've Gotta Be Me" 2:00 p.m. Chair Yoga Class 2:00 p.m. Ballet Exercise Class

#### Thursday, July 26

**Clubhouse I** 9:15 a.m. Stretch, Tone and Strength **Training Class** 10:00 a.m. Painting for Everyone Art Class 10:30 a.m. Beginner Stretch, Tone and Strength Training Class 12:30 p.m. Ladies Bridge 12:30 p.m. Ladies 18-Hole Golf Lunch 1:00 p.m. Oils and Acrylics Art Class 1:30 p.m. Wood Shop Users Group Training 2:00 p.m. Town Meeting Organization 2:00 p.m. Memory Café 6:00 p.m. Lawn Bowling Club **Clubhouse II** 9:00 a.m. Senior Sneakers Class 9:30 a.m. Quilting Group 11:00 a.m. Water Exercise Class 12:30 p.m. Men's Bridge 1:00 p.m. Non-Impact Fusion Water Exercise Class 2:30 p.m. Computer Learning Center: Android Help Session

#### Friday, July 27

Clubhouse I 10:00 a.m. Drawing Clinic Art Class 1:30 p.m. Any Level Watercolor Art Class 3:00 p.m. Hispanos de LW: Games 6:30 p.m. Twilight Golf Dinner 7:00 p.m. Friday Duplicate Bridge

Clubhouse II 10:00 a.m. Chinese Club 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge 1:00 p.m. Zumba Gold Class

### Dial 301-598-1313 for recorded Daily Events

#### Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

**Emergency Preparedness** Aug. 2, 9:30 a.m., Sullivan Room **Technology** Aug. 7, 10:00 a.m., Sullivan Room

**Golf and Greens** Aug. 3, 9:30 a.m., Clubhouse I 7, 10:00 a.m., Sullivan Ro Tennis

Aug. 1, 1:30 p.m., Clubhouse I

**Physical Properties** July 24, 9:30 a.m., Clubhouse II

LWCC Board of Directors

July 31, 9:30 a.m., Clubhouse I The meeting airs on Aug. 6, 8 and 10 at 4 p.m. and 7 p.m. on channel 974.

**LWCC Executive Committee** July 20, 9:45 a.m., Sullivan Room

The meeting airs on July 25, 26 and 27 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change. Meetings are open to all residents.

#### Leisure World Mutual Meetings

July 23 Mutual 9 Board 10:00 a.m., Sullivan Room

July 24 Mutual 13 Board 1:30 p.m., Clubhouse I Mutual 7 Annual 2 p.m., Clubhouse I

July 25 Mutual 19B Board 1:00 p.m., Sullivan Room

July 26 Mutual 10 Board 9:30 a.m., Sullivan Room Mutual 20A Board 9:30 a.m., Party Room 2 Mutual 26 Board 10:30 a.m., Party Room Mutual 24 Board

1:30 p.m., Community Room

10:00 a.m., Party Room July 31 Mutual 17A Board 2:00 p.m., Party Room

Mutual 21 Board 2:30 p.m., Community Room 3

Aug. 1 Mutual 8 Board 10:00 a.m., Sullivan Room

Aug. 2 Mutual 6C Board 9:30 a.m., Community Room Mutual 27 Board 10:00 a.m., Community Room

Monday, July 30

Meeting times and locations subject to change. Mutual Board meetings are open to respective mutual residents.

Saturday, July 28 Clubhouse I 9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio 7:30 p.m. Ballroom Dance Club Clubhouse II 9:15 a.m. JRLW Services 2:00 p.m. Going It Alone Club: Social

#### Sunday, July 29

Clubhouse I No Scheduled Activities. Have A Wonderful Day. Clubhouse II 2:00 p.m. E&R Movie: "A United Kingdom"

**Clubhouse I** 9:30 a.m. Watercolor Drawing **Technique Art Class** 1:00 p.m. Paintbrush and Knife Art Class 1:30 p.m. LW Chorale 7:00 p.m. Bingo **Clubhouse II** 9:00 a.m. Senior Sneakers Class 10:30 a.m. Zumba Gold Class 11:00 a.m. Chair Yoga Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 2:00 p.m. Line Dance Class 2:00 p.m. Chair Yoga Class 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Class

July 27 Mutual 17B Board 10:00 a.m., Party Roor

#### Tuesday, July 31

Clubhouse I 9:30 a.m. Any Medium Art Class 10:00 a.m. CLL Course: Habla Conmigo Part III 10:00 a.m. Beginner En Avant French Class 11:00 a.m. Intermediate En Avant French Class 1:00 p.m. Watercolor Techniques Art Class 1:00 p.m. CLL Course: Habla Conmigo Part II 2:00 p.m. CLL: Alzheimer's Poetry

2:00 p.m. CLL: Alzheimer's Poetry Reading Event5:00 p.m. Lawn Bowling Club

6:00 p.m. LW LGBT Alliance: Game Day 7:00 p.m. Duplicate Bridge
7:00 p.m. Trivia Group
Clubhouse II
9:30 a.m. Beginner and Advanced Tai Chi Class
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-Impact Fusion Water Exercise Class
1:30 p.m. Comedy and Humor Club
7:00 p.m. Model Railroad Club

Wednesday, August 1 Clubhouse I 9:00 a.m. Gentle Yoga Class 10:00 a.m. Express Yourself in Drawing and Painting Art Class 11:00 a.m. Short Story Group 12:30 p.m. NA'AMAT RBZ Club 1:00 p.m. Painting and Miniatures: Oils, Acrylics and Alkyds Art Class 2:00 p.m. Book Club Network -African Heritage 6:00 p.m. LW LGBT Alliance Game Day 6:30 p.m. Kiwanis Club 6:45 p.m. Chicago Bridge **Clubhouse II** 11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Ping Pong Club 1:00 p.m. Aqua Fit Class 2:00 p.m. Ballet Exercise Class 2:00 p.m. Chair Yoga Class

#### TAKE THE STRESS OUT OF YOUR MOVE!

4:00 p.m. Move It or Lose It Class

#### CONTINENTAL MOVERS

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**Clubhouse I** 10:00 a.m. Painting for Everyone Art Class 11:00 a.m. Writers Workshop 12:30 p.m. Ladies Bridge 1:00 p.m. Oils and Acrylics Art Class 1:30 p.m. Wood Shop Users Group Training 2:00 p.m. CLL program: "The Honeymooner's Game" 3:00 p.m. Stamp Club 6:00 p.m. Lawn Bowling Club Clubhouse II 9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced Tai Chi Class 10:00 a.m. Stitching Group 11:00 a.m. Water Exercise Class 12:30 p.m. Men's Bridge 1:00 p.m. Non-Impact Fusion Water **Exercise Class** 1:00 p.m. Gilbert and Sullivan Society 7:00 p.m. Tennis Club

Thursday, August 2

#### Friday, August 3 Clubhouse I

10:00 a.m. Drawing Clinic Art Class
10:00 a.m. Bocce Club
1:30 p.m. Any Level Watercolor Art Class
3:00 p.m. Hispanos de LW: Games
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
1:00 p.m. Zumba Gold Class

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#### SKILLED, LOVING CAREGIVER seeking position to provide care for the elderly or person with disabilities. Has references. Call

Monica (301-646-2132) INDEPENDENT CARE

CONTRACTING, Reana Robinson. Services we provide: activities of daily living, run errands, escort to and from appointments, prepare meals. Light house duties and

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provide short and long hours. (240-389-7115), (301-598-7489). Email: (Reanar1@yahoo.com)

COMPASSIONATE CAREGIVER: 13 years' experience, excellent references, GNA, CPR, and First Aid current. Experience in all areas, activities of daily living: feeding, bathing, errands/ transportation. Prepares meals. Available any time. Please contact me at (240-252-8232).

CNA — 25 years experience. Loving, caring, reliable, looking for full or parttime work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

HAJA, CAREGIVER. Includes short hours, long hours, 24-hour care. Liveout. Transportation available. (240-547-7852). With long-term experience in nursing home, assisted living and hospice care.

PRIVATE HOME HEALTHCARE. I have 20 years' experience. Pat (301-434-2586), (psahadachny@gmail. com).

CERTIFIED NURSE ASSISTANT currently working in assisted living facility. Knows a lot about the special needs of elderly. Professional, courteous service. Basic health care services. Lays out medication for patients, makes sure they take correctly. Accompanies to doctor's appointments. Helps with daily routines/activities. Driver's license. Prisca (202-899-0028) CNA, GERIATRIC NURSING ASSISTANT with 15-year experience working with the elderly, dementia, stroke and Parkinson's patients. I am honest, reliable, caring and trustworthy. I do light housekeeping, med plan, ADL. I am CPR certified and references available. (240-477-3937).

LOOKING FOR A QUALIFIED INDIVIDUAL to care for your loved one at night? I'm a Certified Nursing Assistant with seven years' experience, drive, excellent references. Kindly call me on (202-651-1522)

CAREGIVER. Medical officer in Sri Lanka with 30 years' experience. Has green card and other legal documents. Looking for a job to care for elderly person. Can clean, cook. Also looking for any suitable jobs. (301-979-3872), (irindissanayeka59@gmail.com).

DAYSTAR RESIDENTIAL SERVICE AGENCY has caregivers available to assist clients with activities of daily living. Care duties include live-in, liveout, errands, bathing and grooming, assistance with walking, transfers, eating, laundry, companionship and skilled care. All caregivers are screened and interviewed. This includes background checks, work history and skills. (240-234-7931), (240-838-1707) (daystarhealthservices@gmail. com)

AGING? LIVE YOUR BEST LIFE today! Contact Elderly Love Healthcare at (301-742-5386)—where love is our utmost priority.

#### GENERAL SERVICES

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55-yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

#### HOME SERVICES

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank vou.

STAIR LIFTS: Never walk up steps again! Buy new or certified preowned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn. com) (www.continentalmovers.net).

KOT CONSTRUCTION, family owned and operated, specializing in bathroom and kitchen remodeling. Successfully worked many years with PPD Showroom. Quality work. Many happy customers. Please call Dmitry (443-204-3766). MHIC#93764

M.G.V. PAINTING & DRYWALL — Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 yrs. experience. Insured. References in your complex.

## "Is this thing on?"

Harnessing Humar in Dementia Care

#### **Thursday, September 13th**

11:30 am - 12:30 pm Presentation

Light Refreshments to be Served

Join us for a fun, practical, workshop for caregivers to create joy and connect more based on the rules of improvisation and stand-up comedy. Chris will discuss some of the communication challenges you may be facing and share field-tested techniques for a positive outcome. Learn how to reduce stress, practice the "yes and" principle, how to structure your set list for success, and more. Be prepared to laugh and learn.



RSVP olney@olneymemorycare.com or 301.570.0525 Located at Olney Assisted Living 16940 Georgia Avenue • Olney, Maryland 20832

#### Presented By: Chris Covell, CDP

A once nationally touring stand-up comic and trained improviser at The Second City in Chicago, Chris Covell is a certified dementia practitioner, who believes in the power of the moment. She has managed and presented programs from comedy clubs and cruise ships to assisted living and memory care residences. Chris found the approach to success in all these areas are very much the same—hamessing humor to create joy, connects us more, and creates positive change. Chris has been featured in numerous publications including. The New Yorker and Chicago Tribune and was most recently recognized for her work by The American Healthcare Association. She is founder of Brain Engaging Enterprises.

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Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

NEVER PAY PREMIUM CABLE costs. Only pay \$20 a month and \$350 (\$250 Leisure World residents) for equipment and installation by Leisure World resident-call (301-802-6633). Easy Elder Tech

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**R&G CLEANING SERVICES –** Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES -Good references. Good rate. Once a week or every two weeks. (240-286-3807)

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean & dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

HOUSE CLEANING - 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

ANNA'S MAID SERVICES. 10 years' experience. Free estimates. Satisfaction guaranteed! (240-328-9127), (301-518-3654).

#### **COMPUTER HELP**

**COMPUTER SERVICES – Problems** with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES - Need help with your computer or other digital

devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

#### PERSONAL SERVICES

PRESERVE YOUR FAMILY **MEMORIES!** Don't let your precious photos be forgotten or fade over time. I'll transfer your photos, slides and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

PERSONAL ASSISTANT. I have experience in cooking and a clear driving record. I am a U.S. citizen. I speak English, Spanish and Italian. Looking for any suitable jobs. (301-503-5581), (ranatunga.bandula@ gmail.com).

#### **MUSIC LESSONS**

ONLINE PIANO AND VIOLIN lessons with Skype. Conservatory graduate with over 34 years of experience as a teacher and performer is now giving online lessons to the Leisure World community. I have performed at the White House, Carnegie Hall, Kennedy Center, the Vatican and all over the world. If you are interested, call Diane at (301-977-1776).

#### **ACTIVITY OPPORTUNITIES**

BOOK CLUB FOR WOMEN seeking a few "Serious Readers": 15+ year-old club reads awardwinning fiction and meets at founder's LW home the second Sunday of the month 5:30-7:30 pm for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m, with typically 8-12 crafters (any

needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategiesinc.com) or call (571-236-1775).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10:00 pm. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategiesinc.com) or call (571-236-1775).

#### UPCOMING EVENTS

ZELDA FITZGERALD'S ART, BIRTHDAY. With a style epitomizing the carefree spirit and piquancy of the 1920s, Zelda produced a fanciful visual diary of figures and dancers, paper dolls, children's illustrations, flowers, cityscapes, biblical paintings, and landscapes in watercolor, goche, pencil and oil. Free, no registration. Twinbrook Library, (240-777-0240). Tuesday, July 24, 2-3 p.m.

98TH WOMEN'S BOARD PICNIC and Bazaar. Supporting MedStar Montgomery Medical

### Do You Hear, but Not Always Understand?

Hear the truth about hearing loss and the relationship to misunderstanding speech! Join us next week for a community hearing health open house. Please call (703) 436-1515

AUDIOLOGY & HEARING

MedStar Health at Leisure World

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www.HearingAidDoctors.com Rockville Location

133 Rollins Ave, Suite #2

Rockville, MD 20852

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We hear with our brain. Our ears are just a tool to transfer sound to the brain. Over time, reduced stimulation to the ears and brain can actually impair the brain's ability to process sound and recognize speech. When you can't hear what's going on around you, it contributes to reduced mental sharpness and communication abilities.

Early intervention is the best medicine. Don't ignore the warning signs! If you or your loved one are experiencing any signs of hearing loss please call us at (703) 436-1515 to schedule your consultation\* today!

Schedule your appointment during this special event and receive an in-office technology preview of the NEW Starkey Muse iQ<sup>™</sup> wireless aid, including the revolutionary Surflink® Mobile media streamer. 📥

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With the New Surflink Mobile you can easily listen to the TV or radio with your hearing aids. Letting your family watch at a normal volume. Call for your technology preview of the Muse IQ wireless technology!



#### The latest wireless hearing aids Including completely invisible aids. MSRP off a pair of Starkey iQ Rechargeable. Expires 8/31//2018 metric exam. Most major insurances accepted to cover hearing exa

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Multiple solutions to fit everyone's need and budget.

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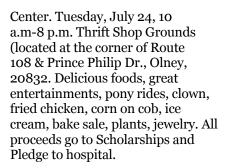


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#### WILL BUY MILITARY, WW2, WW1, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755)

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

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## HEALTHY LIVING

#### EVERYDAY BALANCE

#### July 30 - September 10 MONDAYS & WEDNESDAYS 10-10:30 A.M.

During this class, simple yet effective techniques are used to improve balance and agility and reduce your risk of falls. No props are used, so exercises may easily be performed at home.

Six-Week Session Fee: \$30

#### MINDFUL MEDITATION

#### August 1 - September 10 WEDNESDAYS • 11-11:30 A.M.

Recent scientific studies show that mindful meditation changes the brain in astonishing ways promoting greater focus, reduced anxiety, increased compassion and improved well-being. Experience guided, mindful meditation in a quiet space.

Six-Week Session Fee: \$20

All classes, programs and support groups will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

## THRIVING WITH PARKINSON'S CLASSES AND SUPPORT GROUPS

#### PARKINSON'S COMMUNICATION CLUB

TUESDAYS . 12:30-1:30 P.M.

Led by Susan I. Wranik, board-certified speech-language pathologist and president, Susan I. Wranik Associates, LLC

This weekly wellness and prevention program for individuals with Parkinson's disease and their care partners focuses on the maintenance of communication skills, with an emphasis on strengthening breathsupport and improving the ability to project and speak loudly enough to be heard in social settings.

> FREE with a \$30 annual Parkinson Foundation administrative fee.

#### PARKINSON'S SUPPORT GROUP

#### 2<sup>ND</sup> WEDNESDAY OF EACH MONTH 2-3:15 P.M.

The support group provides an opportunity for individuals and families to find support, gain understanding and share caregiving tips.



www.parkinsonfoundation.org



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Cathy, Google.com Review



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Our creative chefs know that cooking is about more than following a recipe. It's an experience. A passion. An opportunity to bring people together. Now, we're bringing our residents and families new ways to connect over a shared love of food. From new menu items to enhanced dining options, the Five Star Dining Experience is adding more flavor and flexibility to every day.

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