

Board of Directors to Participate in Management Hiring

by Leisure World News

The Leisure World Community Corporation (LWCC) board of directors approved several resolutions and postponed action on several others at its July 25 regular meeting.

Approved Resolutions

- Beginning Aug. 1, LWCC board members and advisory committee chairs participate in the recruitment and hiring of senior management by reviewing applications and interviewing finalists for the positions. They will provide feedback to the general manager, who will make final decisions on candidates.
- The board authorized retaining the services of a professional personnel recruitment

organization, or headhunter, to fill an assistant general manager position if no candidate is selected by Thursday, Aug. 31. The position was left open by the departure of Jolene King in mid-July. The expense would be paid by the contingency fund.

- The organic garden area at the corner of Gleneagles Drive and South Leisure World Boulevard is now named Pollinator Park.
- An updated Physical Properties Advisory Committee charter includes a Community Services cost center.
- An updated Restaurant Advisory Committee charter adds two responsibilities – reviewing regulatory agency inspection reports and license requirements, additions consistent with policies

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A path in Mutual 10 and the Broadwalk in Montgomery Mutual are the focus of the second installment of an exploration of Leisure World’s walking paths. **See pages 8-9** for more. Photo by Leisure World News



New Garden, New Name

Residents walk their dogs across newly named Pollinator Park on a sunny mid-afternoon Aug. 1. At its July 25 meeting, the Leisure World Community Corporation board of directors approved giving the name to the parcel of Trust property located at the corner of Gleneagles Drive and South Leisure World Boulevard. The parcel of land is a pesticide-free zone in the community where new plants and trees have been added in recent months. In April, Leisure World’s landscaping contractor, McFall & Berry Inc., planted and mulched a pollinator garden in the center of the parcel. The garden’s plants include perennials native to Maryland such as aster purple dome, mountain mint and little bluestem. They are attractive to animal pollinators – butterflies, honey and bumble bees, other insects and hummingbirds – that play a crucial role in maintaining flora and agricultural plant populations. Photo by Leisure World News

Open Forum: 2018 Leisure World Budget

Wednesday, Aug. 9, at 2 p.m.

Residents have an opportunity to make comments and ask questions about the proposed 2018 budget for Leisure World of Maryland in advance of final budget approval by the Leisure World Community Corporation board of directors. All residents are welcome to attend an open forum on Wednesday, Aug. 9, at 2 p.m. in Clubhouse I. Budget and Finance Advisory Committee chairman Phil Marks hosts the program. He and Leisure World general manager Kevin Flannery will answer audience questions. For an explanation of the proposed budget and what it means for residents, **see pages 6-7.**

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New Fitness Center Takes Shape

For more on the construction progress of the new center in Clubhouse II, **see page 4.**

Romeos Without Their Juliets

Retirees Enjoy Weekly Get-Together at Local Restaurant

by Stacy Smith, Leisure World News

Two lawyers, a pharmacist, psychologist, physicist and an economist walk into a restaurant together...

If there is a punch line, it's that these six gentlemen, all residents of Creekside for more than 10 years, are truly the best of friends – no joke.

The fellows meet every Tuesday night to enjoy dinner and lighthearted banter at a local restaurant.

They call themselves the ROMEOs (Retired Old Men Eating Out), but do not claim the name as theirs alone.

In fact, a cursory Google search finds that several ROMEO clubs have cropped up throughout the country, all with the simple purpose of joining together retired men for commitment-free fun.

On one Tuesday evening in July, the boys head to one of their favorite local spots, Villamaya Restaurant, for Mexican cuisine.

They sit at a round table at the center of the place and quickly order drinks, more chips and salsa, "and don't forget the pico de gallo," someone calls to a waiter.

Discussion drifts from baseball – bemoaning Washington

National's pitcher Stephen Strasberg's benching ("He's always hurting himself."), to the political landscape, to then comparing physical ailments ("That sounds like a rotator cuff. I only use five-pound weights.")

They even debate the proper pronunciation of "Roosevelt" and "Coolidge," some preferring the long "O" sound, others, the short.

No topic seems off-limits, and for good reason. Two of Leisure World's ROMEOs have known each other since their formative years at Roosevelt High School in Washington, D.C., two others have played tennis together for years, and still another two share grandchildren – their son and daughter are married to each other.

When asked which of them would take home the title of "World's Greatest Grandpa," Gerry Wolf doesn't miss a beat. "I win, hands down," Wolf says, deadpanning.

All of the men moved to



The ROMEOs (Retired Old Men Eating Out) toast to their friendship during a dinner outing to Villamaya Restaurant July 25. Left to right: Gerald Wolf, David White, Jack Rothmel, Norm Jacobs, Richard Riseberg and Bernie Ascher. Photo by Stacy Smith, Leisure World News

Creekside around the same time 11 years ago, when the condominium homes were newly built.

Discovering that they all lived just paces apart from each other was an experience akin to college.

"My daughter calls and asks me how life is in the dorms," Bernie Ascher said, smiling.

"But we were more mature when we got out of college than we are now," Norm Jacobs chimes in with, and all the guys laugh. "Now we have discipline; and they're called spouses."

The ROMEOs began meeting on the evenings when their wives were busy playing bridge and canasta together.

Gathering together for a meal out of the house held vastly more appeal than cooking for themselves, they admitted.

The food arrives just as the guys begin reminiscing about their first days at Leisure World. Refried beans, rice, extra avocado – too many plates for one table – are passed around; and the ROMEOs share bites and barbs as the smell of sizzling fajitas wafts through the air.

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An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Leisure World News Advisory Committee

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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By the Numbers

August is National Immunization Awareness Month.

1 MILLION

Number of cases of shingles reported each year in the U.S., half among people older than 60. Shingles is caused by a reactivation in the body of the same virus that causes chickenpox.

75

Percentage of Americans age 60 and older who don't receive a shingles vaccine to protect themselves from the virus. Shingles can cause rashes over the face and body and stinging pain that can last weeks or months.

90

Percentage of seniors age 65 and older targeted by the Healthy People national initiative to receive the influenza vaccine in 2020. Healthy People 2020 was launched in 2010 by the Department of Health and Human Services to promote healthy living across the life span.

65

Age at which the pneumonia vaccine is recommended once for people who have not received it previously.

4

Number of immunizations that the National Institutes of Health recommends people age 50 and older consider. They include: influenza, shingles, tetanus/diphtheria/whooping cough, as well as a series of two different vaccines for pneumococcal disease.

Sources: nihseniorhealth.gov, www.cdc.gov, www.pbs.org

GOOD TO KNOW: ALTERNATE GOLF COURSE MEMBERSHIPS

by Leisure World News

Want to play some golf on Leisure World's championship 18-hole course, but not yet sure if you want to commit to annual greens fees? Or, do you know someone outside Leisure World who'd like to become a Golf Course member? Special memberships are available in both cases.

Trial Membership

Residents who have never had a membership at the Golf Course may join for a three-month trial period for a \$200 fee. Residents enrolled in a trial membership are eligible to play in dozens of Golf Club events and Maryland Interclub Senior Golf Association (MISGA) mixers if they pay appropriate dues.

If those three months of teeing off, ambling across fairways and celebrating sunken putts leave you wanting to continue through the end of the year, the additional cost is \$67 times the number of months remaining in the calendar year. The past couple of years have provided lengthy golf seasons that stretched nearly year-round, so players should have ample opportunity to take advantage of their full membership.

Associate Membership

A Leisure World resident or current associate can sponsor a non-resident for Golf Course associate membership. The sponsor is responsible for the actions and conduct of the associate, who must be at least 21 years old. The annual fee is \$900, and the number of associate memberships is limited.

Associate members are entitled to unlimited golf and use of all golfing facilities—course, lounge, driving range, and practice chipping, sand trap and putting areas. They may reserve tee times and play with no restrictions, just as resident members do.

Associates over age 55 also may participate in dozens of Golf Club and MISGA events after paying appropriate dues.

Where in Leisure World?



The signage featured in the July 21 edition of Leisure World News is found near an entrance to Leisure World Plaza, to the right of Leisure World's main gate exit. Pedestrians who walk to the shopping plaza can push the sign's button for access, which is monitored by the security gate employees. Photos by Leisure World News

Signal Financial Prepares for Opening



With a redesign of its new office space underway, Signal Financial Federal Credit Union is aiming for a late August opening of its new branch in the Administration Building. Plans also include installing an ATM in the building lobby, just outside Signal's entrance, during the second or third week of August. Photo by Leisure World News

Getting in Shape for September Opening



Partial lighting shines down on construction workers near the interior entrance of the new fitness center. Photos by Leisure World News

by Leisure World News

Major construction on the new fitness center in Clubhouse II is expected to be completed in early August, about a month before its anticipated mid-September grand opening.

A report provided to the Leisure World Community Corporation board of directors at its July 25 meeting indicated that the exterior wall finish and storefront is complete, the HVAC is operating, and interior

walls are installed. In progress were the installation of electrical, ductwork and sprinkler pipe above the ceiling.

The report was part of an update on Facilities Enhancement Plan projects, which also include irrigation pond rehabilitation and Administration Building and Clubhouse I Site Improvements.

At more than 5,000 square feet, the new fitness center more than doubles the area of the current fitness center in Clubhouse II.



Workers pour and smooth out concrete along the southern side of the building.



A worker enters the area that will hold fitness equipment. Floor-to-ceiling windows provide a view of the indoor pools, sunroom and outdoor patio.

Board

◀ from page 1

adopted by the board earlier in 2017.

- Malvin Riggins + Company P.C. will continue to provide auditing services to Leisure World for 2017 and 2018.

- The board supported continuing the current practice of providing nominal administrative support and use of space in Trust property to the Foundation of

Leisure World. The Foundation is a 501(c)3 non-profit organization created by Leisure World in 1981 as a vehicle to receive donations and support programs that benefit its residents.

On Hold

- A proposal to set the new fitness center's hours of operation at 7 a.m.-9 p.m. daily was referred back to the E&R Advisory Committee for more information about its potential impact.

The current fitness center opens at 4 a.m., and some board members asked about how the later opening hours would affect residents who use the facility early in the morning. The E&R Advisory Committee chair, Yolanda Hunt, said the committee had concerns about safety and security with no staff on duty during the early morning. The new fitness center, scheduled to open in mid-September, will have a closed circuit television feed to the main gate and E&R office in Clubhouse II.

- The board asked for further review of proposed community rules regarding solicitation, petitioning and similar activities on Trust property. Some members asked for clarification about their compatibility with existing Leisure World rules and regulations.

- The board postponed a resolution seeking a waiver of the residency requirement for a board representative from Mutual 22 until a complaint to the county's Commission on

Common Ownership Communities about the mutual's election is resolved.

Tribute

LWCC board chairman David Frager spent a few minutes at the opening of the board meeting to speak about Jim Owen, a former member of the Special Information Technology Advisory Committee whose efforts in recent months raised community awareness about overcharges by its cable television provider, Comcast. Owen died in mid-July.

"I think the whole community has benefitted from his work," Frager said. "Many people were seeing considerable reductions in their cable bills because of mistakes that Comcast had made. And Jim was most adamant in ensuring that we were only billed for the things that were needed."

In May, Comcast offered credit refunds to multiple residents who had been overcharged – Owen was not among them – with some refunds amounting to many hundreds of dollars.

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Woodshop Offers AED Classes to Its Members

by Stacy Smith, Leisure World News

The woodshop in Clubhouse I recently received an automated external defibrillator (AED) device, and several group members have already received training in how to effectively use it in case of a heart event.

Approximately 16 Woodshop Users Group members received the free training in July, which was taught by Margaret Fowke of the Silver Spring Volunteer Fire Department. Fowke is a certified

American Heart Association CPR instructor.

Attendees also learned how to perform CPR and how best to respond during a heart event or other medical emergency.

An AED is a lightweight, portable device that delivers an electric shock through the chest to the heart. The shock can potentially stop an irregular heartbeat, known as arrhythmia, and allow a normal rhythm to resume following sudden cardiac arrest.

"The actual use of the AED

is simple and straightforward," said Bob Namovicz, a Woodshop Users Group member. "It's very automated."

Once the AED is powered on, the device provides voice and screen prompts that give the user step-by-step instructions.

"It also interacts with the patient, in the sense that once you apply the connections, it keeps track of the heart rate, and let's you know whether its working or not – whether more CPR is needed," Namovicz said.

The device, which was purchased for \$1,067 by the Foundation of Leisure World, makes it possible for more people to respond to a medical emergency when defibrillation is required.



Woodshop member Bob Namovicz explains how the woodshop's new AED device would help save someone during cardiac arrest. Photo by Stacy Smith, Leisure World News

The AED's user-friendly design allows for non-medical personnel and bystanders to use it.

Another AED class is scheduled for Saturday, Sept. 16, and is open to woodshop members and their spouses. Other residents who might like to attend the class, or who are interested in learning more, are encouraged to contact the woodshop at (301-598-1308).

■ Center for Lifelong Learning (CLL)

Beginners Conversational Spanish

by Arthur N. Popper

A growing body of scientific evidence shows that people who learn multiple languages in their youth and continue to use them as adults reap cognitive benefits.

Many of these same benefits accrue if one learns and uses a second language as an adult, and even as a senior citizen. Thus, a great way to "exercise" the brain is to learn (or relearn) to speak another language.

For those who want to learn (or relearn) Spanish, the Center for Lifelong Learning (CLL) is sponsoring "¡Habla Conmigo! Beginners Conversational Spanish," taught by resident Judy Frumkin.

The course is open to beginners as well as those with some prior knowledge of Spanish. The only things participants need are enthusiasm and a quest for knowledge and fun.

For students who must miss a class during this 13-week course, Frumkin will work out ways to help people catch up, perhaps by handouts or meetings with small groups from time to time.

Frumkin has been a resident

for about a year. Prior to coming to Leisure World, she taught Spanish for more than 40 years in public and private schools, most recently for 30 years in the Baltimore City public school system.



Judy Frumkin. Photo by Lyle Wolinsky

She also taught at several colleges in the Baltimore area and has conducted many exchange programs with students in Spanish-speaking countries. After retiring, Frumkin taught Spanish in lifelong learning classes at

the Renaissance Institute located at Notre Dame of Maryland University in Baltimore.

Frumkin was born in Connecticut but raised in Takoma Park, Md. She fell in love with Spanish during high school and enjoys sharing her knowledge with others. She received a Bachelor of Arts from American University and a Master of Education from Coppin State University in Baltimore.

For more details on this class and information on registering for it, see Community Classes and Seminars in this edition.

For more information about all CLL courses and lectures, see (www.clldmd.com).

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Explanation of the 2018 Leisure World Annual Budget

by the Budget and Finance Advisory Committee

Residents of Leisure World of Maryland (LW) pay monthly fees for the upkeep of the community. Therefore, it might be helpful to have a basic understanding of what’s in the budget, because that’s what the fees are based on.

There are two budgets that affect each homeowner: (1) the Leisure World Community Corporation (LWCC) budget, and (2) the budget of each resident’s mutual. “Mutuals” are the 29 individual common ownership communities – 27 condo associations, a co-op, and a homeowners association – which the Leisure World Trust comprises.

The LWCC budget contains the income and expenses of the common, or “Trust,” property, including the clubhouses, Administration Building, golf course and other properties. Similarly, each mutual budget covers its own operating expenses, such as landscaping and painting.

To handle the day-to-day work in Leisure World, LWCC created the Leisure World of Maryland Corporation (LWMC), which currently has about 230 full-and part-time employees. LWMC is headed by a general manager (GM), who is accountable to the LWCC board of directors.

LWMC has also been hired by each of the 29 mutuals to be its agent, so LWMC works for your individual mutual as well as for the LW Trust.

Each year, the GM and his staff prepare a proposed budget for LWMC. The LWMC proposed budget is reviewed by many of the LWCC advisory committees such as the Physical Properties Department (PPD) Advisory Committee, Education and Recreation (E&R) Advisory Committee, and the Security and Transportation (S&T) Advisory Committee.

The Budget and Finance Advisory Committee also

reviews the proposed budget, and a forum is held for resident input. The LWMC budget is then submitted to the LWCC board of directors for approval.

Likewise, the proposed budgets for the individual mutuals are submitted for approval to each mutual’s board of directors. Of course, each mutual budget is different from all the others, so each mutual’s monthly fees vary, as well.

The LW budget is made up of a Community Facilities (CF) component and a Mutual Operating (MO) component.

CF includes services provided directly to the residents, and fees are charged on a per unit basis, so each unit owner pays the same amount, regardless of the size, age or location of their unit.

MO includes services that are provided to the mutuals, and fees are charged based on a contract with each mutual. The “Revenue Components” section of this article provides further details.

The operations of Leisure World are divided into “cost centers” such as E&R and PPD. Each of these cost centers usually has some source of income and some expenses. For example, PPD should take in as much in revenue as it pays out in employee salaries and equipment, but that doesn’t always work in practice.

Therefore, each resident has to pay a share of the PPD net loss, if any. The same is true for the cost of LW administration, the golf course and all the other facilities in the community.

LEISURE WORLD OF MARYLAND 2018 BUDGET			
A summary of proposed gross total expenses incurred and the sources of revenue for 2018 are as follows:			
	2018 Budget	2017 Budget	2016 Actual
Revenue:			
Community Facilities Fees	11,578,245.00	11,305,474.00	8,900,712.00
Mutual Operating Fees	6,146,100.00	5,930,304.00	5,679,630.00
PPD Services	4,903,465.00	4,884,915.00	4,876,990.00
Other Service Fees	1,981,440.00	2,048,010.00	2,035,614.00
	\$24,609,250.00	\$24,168,703.00	\$21,492,946.00
Expenses by Department:			
Administration	4,189,950.00	4,081,626.00	4,089,855.00
E & R	1,973,165.00	1,902,182.00	1,883,732.00
Food Services	58,500.00	58,250.00	76,273.00
Medical Services	389,650.00	371,986.00	369,538.00
Community Services	3,223,121.00	3,145,713.00	2,957,391.00
Cable Service	2,185,950.00	2,105,000.00	2,007,401.00
PPD	4,242,208.00	4,196,912.00	4,191,749.00
Security & Transportation	2,113,386.00	2,111,485.00	2,023,776.00
Golf Course & ProShop	702,462.00	695,604.00	704,540.00
Reserve Contributions	2,019,595.00	2,076,745.00	
Salary Adjustments	246,250.00	246,250.00	
Mutual Management	3,265,013.00	3,176,950.00	3,076,129.00
	\$24,609,250.00	\$24,168,703.00	\$21,380,384.00
Surplus			\$112,562.00

Careful monitoring of the cost centers is critical to the budget process.

The LW budget and the mutual budgets are extremely important to review and understand. Each resident has a say in what should be included in the budgets—acting through mutual or advisory committee representatives and/or attending meetings and expressing opinions directly to the decision makers. The more that is included, such as a proposal to add something new, the higher monthly resident fees must be. The more that is either eliminated or streamlined—or that increases income, such as higher user fees for the indoor swimming pools—the lower resident monthly fees could be.

REVENUE COMPONENTS
Community Facilities Fees: The Leisure World Community Facilities Fees and

Expenses amount to \$170.50 per unit, per month in 2018. The chart at the top of page 7 shows the breakdown for 2017 and proposed amount for 2018 as a percent of the total and the allocation per unit, per month.

Again, keep in mind that this represents the net revenue required to fund that category, so if there is income (such as golf course greens fees or pool fees), it has already been deducted.

A specific example would be the indoor swimming pool fees expected to be collected in 2018; all fees collected are used to reduce costs for that cost center (in this case, the E&R part of the budget). Total expenses in excess of the revenues are the residents’ cost. This cost is divided by the number of billing units and included in the Community Facilities Fee portion of your monthly mutual payment.

COMMUNITY FACILITIES FEES						
	2018 Budget	% of Total	\$ Per Unit Per Month	2017 Budget	% of Total	\$ Per Unit Per Month
Cable Services	2,185,951.00	18%	32.21	2,105,000.00	19%	31.00
Administration	2,165,430.00	18%	31.89	2,065,233.00	18%	30.42
Planned Property Maintenance	1,514,595.00	13%	22.30	1,514,595.00	13%	22.31
Education & Recreation	1,508,565.00	13%	22.21	1,477,982.00	13%	21.77
Security	1,595,345.00	14%	23.49	1,601,634.00	14%	23.59
Refuse/Recycling	535,060.00	5%	7.88	528,071.00	5%	7.78
Transportation	345,641.00	3%	5.09	337,451.00	3%	4.97
Replacement Reserve	415,000.00	4%	6.11	415,000.00	4%	6.11
Grounds	469,299.00	4%	6.91	451,009.00	4%	6.64
Golf Course	350,002.00	3%	5.15	350,794.00	3%	5.17
Salary Fund	176,250.00	2%	2.60	176,250.00	2%	2.60
Street Lights	184,000.00	2%	2.71	176,000.00	2%	2.59
Community Call System	36,000.00	0%	0.53	36,000.00	0%	0.53
Food Service	58,500.00	1%	0.86	58,250.00	1%	0.86
Snow and Storm	60,000.00	1%	0.88	80,000.00	1%	1.18
New Equipment Purchase Fund	-	0%	-	37,150.00	0%	0.55
Contingency Funds	30,000.00	0%	0.44	30,000.00	0%	0.44
PPD Management	54,937.00	0%	0.81	41,069.00	0%	0.60
Medical Services	(106,330.00)	-1%	(1.57)	(176,014.00)	-2%	(2.59)
	\$11,578,245.00	100%	170.50	\$11,305,474.00	100%	166.50

PERSONNEL			
Department:	2018	2017	2016
Administration	38.05	37.56	36.90
E&R	13.87	13.94	12.94
Medical Services	2.64	2.60	2.60
PPD	48.81	48.61	47.61
Community Services	10.97	11.18	10.35
Security & Transportation	35.88	36.36	36.36
Golf	9.87	9.87	9.74
Mutual Management	48.20	48.20	48.00
Total:	208.29	208.32	204.50
There is one employment contract in the Personnel group, that of the general manager.			

Once again, this Community Facilities Fee is only part of a resident’s monthly mutual fee. The remainder of the monthly fee is made up of direct mutual costs.

Mutual Operating Fees: This revenue is generated from direct expenses charged to the mutuals based on their Management and Operating Agreements with LWMC. It included such costs as payroll and overhead costs incurred by LWMC in their work for the mutuals.

It also includes such items as lawn mowing and snow removal. The fees for each mutual vary, depending on the services used.

PPD Services: This represents fees earned by the PPD from direct charges to residents and mutuals for work performed. It includes such things as maintenance agreement contracts with residents, and specific work requested by a mutual or resident.

Other Service Fees: This category includes revenue generated by other fees such as golf course greens fees, indoor swimming pool fees and registration fees for classes.

Employees: Personnel expense is the largest single expense associated with managing the community (employees are those retained by LWMC, not by any outside contractors). The chart above summarizes personnel in each department. The employee numbers are expressed in

FTEs (full-time equivalents), meaning part-time employees are added together and converted to equivalent full-time positions.

Contracts with Outside Vendors: A number of significant contracts for rental income or for work done in and around the community are worth noting. The amounts listed are based on the 2018 budget. They include:

Contracted Revenue (Annual Rent):
 Signal Financial: \$54,000
 Weichert Realtors: \$52,000
 U.S. Post Office: \$10,000
 Eyre Travel: \$5,000
 MedStar: \$495,980

Contracted Services (Cost Per Year):
 Landscaping – McFall and Berry: \$1,444,071
 Cable – Comcast: \$2,185,951
 Pool services – Community Pools: \$155,100
 Fitness services – Motivational Fitness: \$59,365
 Bus leasing– CEC Leasing, Inc.: approximately \$145,690
 Auditor services – Malvin Riggins & Co., PC: \$48,500
 Janitorial services – Stansbury Cleaning: \$467,287
 Fitness Center equipment maintenance – \$10,000

More specifics can be found in the detailed budgets. In some cases, individual mutuals use the same contractors, but are charged directly for those services.

This article was designed to provide Leisure World residents with a simplified and concise explanation of the budget process and a brief summary of projected revenue and expenses for the coming year.

Each of the line items has multiple supporting documents showing details, and a copy of the full budget is available on the Leisure World of Maryland residents’ website (residents.lwmc.com).

Printed copies for review only are available in the Administration Building, in the E&R offices of both clubhouses, and in the Rossmoor Library in Clubhouse I.

Residents with questions or comments about the budget are encouraged to attend an open forum on Wednesday, Aug. 9, at 2 p.m. in Clubhouse I.

In addition, residents may address questions about the budget to LWMC management at (management@lwmc.com) or to the LWCC board of directors at (board@lwmc.com).

Leisure World's Walking Paths, Part Two

by Leisure World News

The final installment of a two-part visual tour of Leisure World's walking paths features a path in Mutual 10, just south of Leisure World Boulevard across Connecticut Avenue; and the Broadwalk, a nearly one-mile loop bordered by Leisure World Boulevard and Gleneagles Drive.

Like the walking path in Mutual 9, the Mutual 10 path cuts between single-family homes, personal gardens and

manicured lawns. A shady spot is never hard to find, as trees with plentiful overhang abound along the pathway.

The Broadwalk, arguably Leisure World's most popular walking path, is a roughly 0.9-mile loop through Montgomery Mutual that gives walkers scenic views of the diverse plant and tree life at Leisure World, along with the potential for deer sightings.

Dog walkers and others may find this path particularly enjoyable as it is

mostly 'tucked away' from the major thoroughfares.

Surrounded by large trees, the soft murmur of nature sounds, and with no fewer than 15 benches, the Broadwalk can make walkers feel as if they've stumbled upon a 'staycation.'

For more information about the walking paths in and near Leisure World,

visit the Clubhouse I E&R office to pick up a walking path booklet created by the Foundation of Leisure World.



Leaving the lanai area and crossing over Leisure World Boulevard, walkers find one of two main entrances into the Broadwalk. Photos by Stacy Smith, Leisure World News



A whimsical toadstool sculpture is surrounded by vine in a center patch of the path.



A bridge connects the Broadwalk to Mutual 8.



As walkers near the end of the loop, they come upon a bench seated near a large, flat rock – perhaps the glacial erratic kind.



An American holly tree's nametag is almost 'swallowed' by a growth on the tree's trunk. Several trees throughout the Broadwalk are labeled by genus, showcasing the diversity of tree life throughout Leisure World.



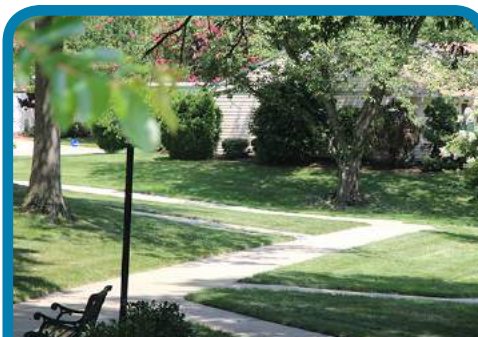
A resident strides with her little Havanese. The Broadwalk makes an excellent locale for dog walking.



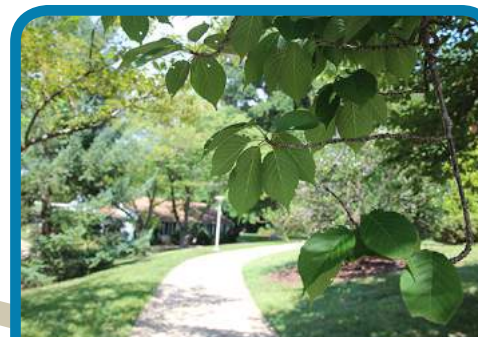
The more daring of two fawns dashes toward the Broadwalk, but not without first stealing a curious glance at the camera. Whether morning, noon or night, walkers are likely to see deer grazing along the Broadwalk.



A patch of black-eyed Susans, Maryland's official state flower, peeks out from behind a rock.



Several walkways leading from homes and cul-de-sacs meet up with the main path.



The overhang of a branch partially frames the final leg of path that lies ahead.



Shade dapples the sidewalk at the path's Connecticut Avenue entrance.



An abundance of evergreen trees along the path imbues the air with a slight pine fragrance.



To the left of the path, a giant oak tree stands tall, its branches spanning across a sun white sky.



After a stretch of cool shade, walkers can look to their left to see bright, fuchsia hibiscus flowers growing in a yard.



A bench, one of several along the path, is sandwiched between two hedges for a bit of privacy.

GOVERNANCE & Information

Telephone Spoofing Scam Detected

A number of Montgomery County area residents have recently been targeted by a telephone spoofing scam.

Several county residents have reported receiving calls from scammers who are fraudulently using county government telephone numbers (240-773-xxxx) and (240-777-xxxx). The last four digits of the phone numbers vary.

Many calls are left without a message, which has prompted affected residents to call back. When the resident calls back the county number, the county employee answering the call has been unaware that anyone else is using their telephone number.

County officials are inves-

tigating and would like to hear from residents who have received these calls to assist their efforts in addressing the problem.

If you receive a call from a county government telephone number that is suspicious, report it by calling (311) or (240-777-0311), Monday through Friday from 7 a.m.-7 p.m., or by visiting (www.mc311.com).

Residents may also report any suspicious calls to the Montgomery County Police Department's non-emergency line at (301-279-8000).

For computer support information and the do's and don'ts of cyber security, call the Computer Learning Center at (301-598-1306).

— *Leisure World News*

Aug. 15: MVA Mobile Office Returns

Need to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Tuesday, Aug. 15.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards

and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

Drivers Must Yield to Emergency Vehicles

Per State Law: "Authorized emergency vehicles, such as police cars, ambulances and fire engines, have the right-of-way when they are giving a signal, either audible (siren) or visual (flashing light)."

On hearing or seeing such vehicle approaching, you must immediately drive to the curb and stop. Once the emergency vehicle has passed, you may proceed back onto the roadway.

Dial 301-598-1313
for recorded Daily Events

2017 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting

The Aug. 18 meeting airs on Aug. 23, 24 and 25.

Board of Directors Meeting

The Aug. 29 meeting airs on Sept. 4, 6 and 8.

Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - execcomm@lwmc.com

Aug. 21: AARP Safe Driving Course

The E&R Department is sponsoring an AARP Safe Driving Course on Monday, Aug. 21, from 9:45 a.m.-3 p.m. in Clubhouse I, with a one-hour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, \$15 for AARP members and \$20 for non-members, is required at the time of

registration. (Please note: AARP members must show a current membership card to receive the AARP discount.) Register in the E&R Office in Clubhouse I. The number of participants is limited to 25, so plan to register early.

Participants should bring their driver's license and a pen or pencil to the course. If you have any questions, contact the E&R Office in Clubhouse I at (301-598-1300).

Robo Call Reminder



Management will use robo calls, along with the closed-circuit information channels 972 and 974, to inform residents of any delays or cancellation of services due to weather conditions. Robo calls will be made only in emergency-type situations.

REHABILITATION

YOUR COMMUNITY'S NEW, STATE-OF-THE-ART REHAB CENTER IS NOW OPEN

Brooke Grove Rehabilitation and Nursing Center's innovative, new place to heal and revitalize is simply different from any other option in the region. Imagine the best therapies and equipment—in a beautiful environment that rejuvenates and restores. Physical therapy spaces bathed in sunlight. Fireside gathering places and restaurant-style dining with sunset views over the lake. The quiet comfort of a garden walk or a relaxing massage.

A NEW, STATE-OF-THE-ART REHAB CENTER

Fully dedicated to short-term rehab • Two-story physical therapy gym • Innovative therapies for faster healing • Expansive guest rooms with luxury bathrooms • Covered porches, courtyard and walking trails • Salon • Spa with massage room and soaking tub

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THOUGHTS & OPINIONS: *From Our Residents*

A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers

We Need Fair and Equitable User Fees

I am writing in response to an article published in the July 7 edition of Leisure World News, “Board Passes 2018 Budget Assumptions.” One of the motions made by the Budget and Finance Advisory Committee (BFAC) at the June 27 Leisure World Community Corporation board of directors meeting was to add an annual fee of \$100 for residents who use the new Leisure World fitness center in 2018. According to the article, the motion was defeated because the board believed that fewer residents would use the new \$2 million facility if a fee were imposed.

At the time when the motion was being discussed, BFAC members were struggling with preliminary budget assumptions furnished by the Leisure World of Maryland Corporation that initially targeted all residents with a 4-4.5 percent increase in assessments. The BFAC relentlessly pursued management to lower those

preliminary assumptions and, in my opinion, the committee was successful to some extent.

In making their recommendations, BFAC members set a goal of reducing the increase in assessments to no more than 3 percent and considered a number of options to accomplish this goal. One option involved imposing what a majority of the BFAC members believed to be a reasonable annual fitness center fee. However, in addition to reducing the increase in Leisure World assessments, the recommendation hoped to address Leisure World’s inconsistent policy in charging fees for some community amenities but not for others. This important factor was discussed at the board meeting, but it was not mentioned in the Leisure World News article.

I use the fitness center without cost, but some of my neighbors use the indoor pool and are charged an annual fee of \$150. Why charge them and not me? The BFAC motion may have started as a way to reduce the increase in our Leisure World assessments, but it

progressed into something that I think is much more important—determining a fair and equitable fee policy for all users of amenities in Leisure World.

—Bernie Zycherman

My View of Leisure World’s Governance

I’m writing to supplement the excellent article, “The Lowdown on Leisure World’s Governance” published in the June 16 edition of Leisure World News, and to take issue with the headline “Leisure World Decision Making is Undemocratic” published in the July 7 Thoughts & Opinions section. I believe that Leisure World is a self-governing community that represents the majority of its residents.

My understanding of Leisure World’s governance structure is that the individual “mutual” is the basic unit of government, in that all Leisure World residences are in one of the community’s 29 mutuals. Each mutual is self-governing, with residents electing a board of directors that makes rules and policies on behalf of the unit owners.

The parts of Leisure World that are not owned by mutuals are “Trust properties”—buildings, streets, golf course, etc. These properties are operated and maintained by the Leisure World of Maryland Corporation (LWMC). It employs over 200 people to provide services to the Trust properties and to the mutuals, as desired. LWMC has a president, but its policies are set by the Leisure World Community Corporation (LWCC) board of directors.

The LWCC board of directors

is composed of a representative appointed by each mutual, although the three largest mutuals have more than one representative. Whenever the board votes on Leisure World business, there must be a “double” majority—that is, a majority of the “mutual” vote and a majority of the “weighted” vote. The mutual vote is one vote for each mutual, even those with multiple representatives. The weighted vote is the number of residential units in each mutual.

Leisure World has 5,659 residences. So, for example, the smallest mutual has 7/5659 of the weighted vote but a larger mutual has 300/5659 of the weighted vote. Thus, the vote of each LWCC representative reflects that mutual’s number of residences in making decisions about Leisure World. It is proportional representation.

Some residents who disagree with spending millions on a new administration building have begun a petition campaign and are said to have obtained more than 2,000 signatures. That’s an impressive number, but petitions are not the way that Leisure World’s governing documents call for making decisions. I believe that those who oppose the way that the LWCC has been voting should meet with their mutual board and their LWCC representative to exchange views and facts about the issue.

LWCC’s bylaws describe Leisure World as an incorporated membership organization and its board has representatives from each mutual in the community. I believe the voting procedures used by the Leisure World board help to assure that the majority of residents’ views are represented in decision-making about Trust properties and all other issues.

—Ken Muir

Submitting an Item to Thoughts & Opinions

1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer’s name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer’s name.
4. LW News cannot guarantee when or if a submission will be published.
5. See LW News Guidelines and Board Standing Rules at www.residents.lwmc.com.

EYRE Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Monday, Wednesday & Friday 8:30 AM-2:00 PM
Reservations can be made Monday through Friday, 8:30 AM-5 PM by calling 301-854-6600 #4
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Mansions Along the Delaware

Fri., 8/11, 6:15 am-8:45 pm\$129.00 per person

Embark on an elegant bus tour with a guide who will accompany you on your journey as you tour three centuries of gracious living! Lunch included.

"Time" for Ice Cream

Sat., 8/12, 7:15 am-7:30 pm\$109.00 per person

Visit a Clock & Watch Museum. Step on guide for local touring. Lunch at Bully's Pub. Finish the day creating your own flavor of ice cream at Turkey Hill.

Gadsby's Tavern Old Town Alexandria

Tue., 8/15, 8:30 am-4:45 pm\$92.00 per person

Since 1770, Gadsby's has been a Landmark. Guided tour of the museum and lunch in the Tavern with time to explore Old Town.

Crab Feast on the Choptank River Queen

Thu., 8/24, 8:45 am-7:15 pm\$109.00 per person

Enjoy an all-you-care-to-eat crab feast while cruising on the Choptank River aboard an authentic paddle wheel boat. On your 3-hour cruise enjoy steamed crabs, Maryland crab soup, fried chicken, clam strips, corn on the cob, coleslaw and dessert.

US Tennis Open

Friday, 9/1, 5:30 am-11:55 pm\$155.00 per person

Ground pass to all stadiums (except the Arthur Ashe).

Taste of Annapolis

Thu., 9/7, 7:45 am-5:45 pm\$125.00 per person

Come taste Annapolis with 3 classic food stops, historic venues, and a guide with you all day.

Museum Loop

Tues., 9/12, 8:40 am-3:00 p.m.\$35.00 per person

Choose which museum you want to visit for the day! Your choices are Holocaust Memorial Museum, National Museum of Natural History or the National Gallery of Art. Trip includes transportation only.

Harriet Tubman Underground Railroad

Fri., 9/15, 8:15 am-7:30 pm\$115.00 per person

The Harriet Tubman Museum is full of exhibits that reveal the life and work of Harriet Tubman. Enjoy a plated lunch at Suicide Bridge Restaurant before visiting Linchester Mill. Guided tour and so much more!

Sunfest in Ocean City, MD

Sat., 9/23, 7:45 am-9:00 pm\$60.00 per person

This event features arts & crafts vendors, popular entertainment and a variety of delicious food. Transportation only.

"Creating Camelot" at the Newseum

in Washington, DC

Tues., 10/3, 9:05 am-4:35 pm\$63.00 per person

See the exhibit of photographs of the Kennedys that helped create the legend of known as "Camelot." After the exhibit, spend your time perusing the other famous objects and exhibits. Lunch is on-own.

"Buddy Holly" at the Dutch Apple Theatre

Wed., 10/11, 9:00 am-6:15 pm\$110.00 per person

See the man, hear the music and relive the life of a legend! Buffet lunch and show included in the trip.

Western Scenic Maryland Railroad Cumberland

Maryland

Sat., 10/14, 8:00 am-6:45 pm\$129.00 per person

It's time for some leaf peeping! This round trip excursion from Cumberland is an exciting mix of mountain-top scenery and rich transportation history. Lunch included on board.

The Price is Right Live

at the American Music Theatre

Sun., 10/15, 9:45 am-8:00 pm\$134.00 per person

The Price Is Right Live is a live show based off of the popular TV show by the same name. Contestants guess the price of various items and win prizes based on how close their estimate is to the actual price. "Come On Down" to win cash and more! Lunch is included at Miller's Smorgasbord.

Skyline Drive

Fri., 10/20, 8:00 am-4:35 pm\$98.00 per person

Take in the Fall Foliage – picture opt available. Stop at Dickey Ridge Visitor Center before lunch at Skyland Resort. Trip includes: transportation and lunch.

Ghost & Gourds

Mon., 10/30, 8:30 am-5:00 pm\$89.00 per person

Stop at McCutcheon's Apple Store. On the Ghost Tour ride, see and hear about Frederick's haunting past, enjoy lunch at the historic Carriage House and visit Catoctin Mountain Orchard for shopping.

George Washington's Mount Vernon

Fri., 11/3, 8:45 am-6:00 pm\$105.00 per person

Tour the mansion and explore the grounds including the Museum and Education Center. Lunch at the Mount Vernon Inn.

Harrington's Casino - Delaware

Thu., 11/9, 8:00 am-5:45 pm\$48.00 per person

Try your luck with \$15.00 slot play offer from Casino!

Home for the Holidays show at American Music Theater

Sat., 11/25, 8:45 am-8:00 pm\$119.00 per person

Home for the Holidays takes place on Christmas Eve and features many of the beloved traditions we look forward to each year. Lunch at Shady Maple Smorgasbord prior to show. Trip includes: lunch, show and transportation.

Spotlight on...

Our Leisure World Office will be closed Aug. 28 - Sept. 1

We will be in Tennessee celebrating 70 years in business!
Please call 301-854-6600 extension 4. 8:30 a.m. to 5:00 p.m. to make your reservations. Thank you for 70 wonderful years in business!

MULTI-DAY TRIPS

Colorado's Historic Trains
Sept. 15-23 (fly-drive)

The Legendary Blue Danube
River Cruise
Sept. 20-11 days (fly-drive)

Ocean City Getaway
Oct. 10-13 (motorcoach)

Best of New England
Oct. 13-17 (motorcoach)

Wright Experience, PA
Oct. 24-26 (motorcoach)

Williamsburg "Grand
Illumination"
Dec. 2-4 (motorcoach)

Greenbrier, WV
Dec. 3-5 (motorcoach)

Biltmore Estate & Asheville, NC
Dec. 11-14 (motorcoach)

CRUISES

Grandeur of the Seas
Baltimore, MD; South
Caribbean
Jan. 20-Feb. 1, 2018

Caribbean Princess
Panama Canal Cruise out of
Ft. Lauderdale
March 8-18, 2018

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:  Easy Walking   More Walking    A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 60 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

EVENTS & Entertainment

■ Education and Recreation Department

Aug. 12: An Evening of Comedy Cabaret

Get ready for an evening of sidesplitting fun on Saturday, Aug. 12, at 7 p.m. in the Clubhouse II auditorium. The husband and wife team of Richard and Sandy Riccardi perform an original, all comedy cabaret act, with Sandy singing as Richard plays piano, that will have you laughing out loud. Cabaret Scenes Magazine calls their show “A Musical Saturday Night Live...One helluva rib-tickling night out!”

This special evening is co-sponsored by the E&R Department and the Foundation of Leisure World. Tickets are still available. They are \$10 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.



Sandy and Richard Riccardi, courtesy photo



The Foundation of Leisure World is a 501(c)3 organization that was established for charitable, health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law.

■ Inter-Faith Committee for the Homeless and Working Poor

Aug. 17: School Supply Donation Drive

by Bonnie Bonner

On Thursday, Aug. 17, from 8:30 a.m.-noon, volunteers from the Inter-Faith Committee for the Homeless and Working Poor are collecting school supplies. Residents may drop off donations curbside or in Clubhouse I.

All donated supplies will be given to the teachers at Georgian Forest Elementary School (GFES). The Montgomery County Public School system's budget allocates money for essential instructional supplies. However, the funds are considered by some to be insufficient, particularly for serving students in low-income communities.

When school funds are depleted, teachers often spend their own money to buy supplies for students.

According to a 2012-2013 survey released by the National School Supply and Equipment Association, the nation's teachers spend \$1.6 billion annually out of their own pockets for supplies and instructional materials.

Nearly all teachers – 99.5 percent – reported covering the cost of some classroom materials.

The average teacher spent \$485 in personal funds during the academic year.

Let's help these hard working professionals who care so much for our students.

GFES has a particular need for pens, pencils, three ring notebooks, notebook filler paper, markers, erasers, paper clips, glue sticks, rulers and scissors. Zipper quart and gallon-sized bags, paper towels, hand sanitizers and cleaning wipes are also appreciated.



Coming in 2017

The E&R Department is pleased to provide the following programs.

Aug. 12, 7 p.m.	Sandy & Richard Riccardi, Comedy Cabaret
Aug. 26, 4:30 & 7 p.m.	The Fabulous Hubcaps
Aug. 31, 7 p.m.	Frank Plumer Jazz Trio
Sept. 9, 7 p.m.	Four Seasons Dancers
Sept. 13, 7 p.m.	Peabody Ragtime Ensemble
Sept. 28, 1:30 p.m.	Steven Friedman: The Musicals of Harold Prince
Oct. 6, 8 a.m.	Fall Walkathon
Oct. 15, 7 p.m.	Trio Caliente
Oct. 27, 7:30 p.m.	Halloween Dance with Rise & Show Band
Nov. 8, 7 p.m.	Salvation Army Band
Nov. 30, 1:30 p.m.	Steven Friedman: More on the History of Broadway
Dec. 17, 2 p.m.	Olney Big Band
Dec. 18, 7 p.m.	Pianist Thomas Pandolfi – Holiday Concert

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

■ Sock Hop Group

Aug. 19: A Rockin' Good Time

The Sock Hop Group hosts its next dance on Saturday, Aug. 19, from 7-10 p.m. in Clubhouse II. For your listening and dancing pleasure, DJ's Ernie and Karen Poland of Take Two Entertainment are providing the music of Motown – the '50s, '60s and '70s. Join us in the fun.

Admission is only \$5 per person. Feel free to bring your own beverages and snacks. Any questions? Contact Doug Brasse at (301-448-8708) or (dbrasse@weichert.com).



Aug. 26: The Fabulous Hubcaps

Get ready folks, the E&R Department and the Foundation of Leisure World are proud to present The Fabulous Hubcaps, one of America's favorite oldies show bands, on Saturday, Aug. 26, in the Clubhouse II auditorium.

Performing together since 1974, this band's flair for capturing the true likeness of the artist, Harvey Hubcap, will make you want to rock the night away. With classic sounds from the early days of rock 'n' roll, The Hubcaps will take you on a musical journey you won't forget!

The group has been inducted into the Southern Legends Entertainment and Performing Arts Hall of Fame and the Maryland Entertainment Hall of Fame, which named them the 2015 "Vocal Group of the Year." Hubcaps' performances are legendary for wowing audiences all over the country.

Joining the 2017 tour on bass, keyboards and vocals is Dennis "Denny" Cook, an original member of Harvey Hubcap and the Do Ron Ron. So, buckle up and get ready to have a blast traveling back in time with The Fabulous Hubcaps!



The Fabulous Hubcaps, courtesy photo

Because of the expected popularity of this group, there are two show times, at 4:30 p.m. and 7 p.m.

Tickets are \$15 per person, with a limit of two per household, and are on sale in the E&R offices in Clubhouse I and II. Please bring your Leisure World ID. If tickets are still available after Saturday, Aug. 19, residents may purchase

additional tickets for their family and friends.

The Foundation of Leisure World is a 501(c)3 organization that was established for charitable, health, educa-

tional and cultural purposes.

Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law.



Join us

for **Game Day at Ring House**
Wednesday, August 23

10:00 a.m. - 3:00 p.m.

1801 East Jefferson Street | Rockville, MD 20852

Featuring **Mah Jongg, Canasta, Bridge, Scrabble** and more. All levels of experience welcome. **Lunch, \$5.** Free bus transportation from Leisure World departing at 9:30 a.m.

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■ Ballroom Dance Club

Aug. 26: Hawaiian-Themed Dance

by Joyce Hendrix

One of the Ballroom Dance Club's favorite musical trios, Mike Surratt and The Eclectic Coalition Band, provides the music for the Saturday, Aug. 26, Hawaiian-themed dance.

The Club asks that everyone planning to attend make reservations prior to the dance with Irmgard Patrick at (301-598-2984) to ensure seating with friends.



The suggested dress for the Aug. 26 dance is Hawaiian. So, gentlemen: get out those lovely flowered shirts. Ladies: if you have a Hawaiian dress in your closet, it's time to wear it one more time before summer is over!

Doors open at 7:30 p.m., and dancing continues until 10:30 p.m. A cash bar is available with your favorite beverages.

Dancers are welcome to bring snacks for their table.

PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover).

When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



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■ Education and Recreation Department

Aug. 31: The Frank Plumer Jazz Trio



The Frank Plumer Jazz Trio, courtesy photo

The E&R Department is pleased to welcome Frank Plumer back to Leisure World, this time coming as part of a trio.

On Thursday, Aug. 31, at 7 p.m. in the Clubhouse II auditorium, the trio of Plumer (piano and vocals), his son Antonio "Tony" (drums) and Derek Wiegmann (bass) will play well known American standards including those by Gershwin, Rodgers and Berlin, to name just a few.

Plumer is the consummate entertainer, performing throughout the Washington, D.C. area. He is comfortable performing almost any genre of music as a soloist, with his three children or his trio, and even as part of the comedic Planet Washington and its political satire. Plumer currently performs at the Army and Navy Club, the Metropolitan Club, the Hay-Adams

Hotel and the Congressional Club.

Tony began his piano studies when he was only three years old. He won second place in the International Protégé Romantic Music Competition and performed at Carnegie Hall when he was 12.

Tony has performed many recitals over the years and has added drum set to the instruments he plays.

Wiegmann is a freelance bassist from Baltimore. He received his bachelor's degree in jazz and commercial performance from Towson University and has performed throughout the mid-Atlantic and in Montreal, Canada.

Wiegmann plays in a variety of local groups, including the Phil Cunneff New Trio and the Bachelor Boys Band.

Tickets are \$7 per person and are on sale in the E&R offices of both clubhouses. Please bring your Leisure World ID.

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Sept. 9: The Four Seasons Dancers Celebrate World Cultures

The E&R Department is pleased to introduce The Four Seasons Dancers. The troupe performs on Saturday, Sept. 9, at 7 p.m. in the Clubhouse II auditorium.

The Four Seasons Dancers celebrates more than a decade of performing in the Washington, D.C., metropolitan area with a repertoire of over 30 complex choreographed numbers featuring global influences that reach from Bollywood to Broadway, Israel to Ireland, Armenia to Uzbekistan and even to the Arctic. All dances are original choreography and performed in spectacular costumes.

Elena Indrokova Jones is director of the company as well as its principal choreographer and costume designer.

Trained at one of the premier academic ballet schools in Russia, Jones danced with several leading companies in Russia. When she moved to the U.S. and settled in Montgomery County, she founded The Four Seasons Dancers with a mission of “promoting and communicating an understanding, appreciation and celebration of world cultures through dance.”

As well as directing The Four Seasons Dancers, Jones offers classes in ballet and



The Four Seasons Dancers, courtesy photo

ballet performance at the close by Aspen Hill Club.

In addition to annual concerts at the Montgomery College Cultural Arts Center, The Four Seasons Dancers participate in many community events and festivals including productions with Bel Cantanti Opera and performances at the Velocity DC Dance Festival, World

Dance Showcase, International Monetary Fund Spring meetings and the 2016 National Christmas Tree. This September, the troupe performs at the U.N.

Tickets for this event are \$8 per person and go on sale in both clubhouse E&R offices at 8:30 a.m. on Tuesday, Aug. 8. Please bring your Leisure World ID.

■ Arts In Motion (AIM)

Sept. 8: Kristine Key

by York Van Nixon III

Kristine Key makes her debut performance at Café AIM on Friday, Sept. 8. Members at the Fred Foss concert heard her sing one song and begged for more. She promises to deliver an evening of tonality and phrasing likened to the best ever to step on the jazz stage.

Tickets, \$20, go on sale Monday, Aug. 21, in the Clubhouse I E&R office; checks only, payable to AIM. The price includes hors d’oeuvres and snacks. Cocktails begin at 6 p.m., and the show starts at 7 p.m.

Reserved tables of eight or more are limited to members only. To join or view upcoming shows, visit our website at (AimArts.net).

Nasar Abadey Quartet

Jazz aficionados are in for a treat. The Nasar Abadey Quartet performs on Friday, Oct. 13, at 7 p.m. in the Clubhouse I Crystal Ballroom. Abadey, besides being a jazz professor at the Peabody Institute of the



Kristine Key, courtesy photo

Johns Hopkins University, is one of the most sought after drummers in the business.

Known for his lyrical style and innovative rhythms, Abadey has become an institution around the globe.

Tickets are \$20, check only, payable to AIM, and go on sale in the Clubhouse I E&R office beginning Monday, Sept. 11.

The price includes hors d’oeuvres and snacks. Cocktails begin at 6 p.m., and the show starts at 7 p.m.

Reserved tables of eight or more are limited to members only. To join or view upcoming shows, visit our website at (AimArts.net).

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Sept. 13: Peabody Ragtime Ensemble

C o-sponsored by the Foundation of Leisure World and the E&R Department, the Peabody Ragtime Ensemble returns to Leisure World on Friday, Sept. 13, at 7 p.m.

Despite the "Ragtime" moniker, the Baltimore-based Peabody Ragtime Ensemble evolved from its 1974 student roots

into a professional jazz ensemble that performs an eclectic line-up of traditional jazz—ragtime, Dixieland, big band, swing, novelties and vocals. The seven-piece ensemble presents a quirky concert program of musical selections interspersed with "edu-taining" commentary that places the music in its historical context, reflecting

the virtuosity, scholarship (and humor!) of its various members.

The Ensemble features performers on flute, piccolo and tenor sax; clarinet doubling on soprano and alto sax; trumpet and cornet; trombone; tuba; piano; percussion; and vocals. Music director is Ed Goldstein, also on tuba.

Over the years, the Ensemble has performed with and opened for stars such as Roberta Flack, Louie Bellson, the Smothers Brothers, Eubie Blake, Alberta Hunter, Aaron Copland and the Preservation Hall Jazz Band.

The ensemble has produced four CDs: "Ragtime, Dixieland and All

That Jazz;" "Ragtime Band, featuring the music of Scott Joplin and Eubie Blake;" "Tiger By The Tail" and "Live At The Homecoming" recorded for the ensemble's 25th anniversary.

Tickets are \$10 per person and go on sale in both clubhouse E&R offices on Tuesday, Aug. 8, at 8:30 a.m. Please bring your Leisure World ID.

The Foundation of Leisure World is a 501(c)3 organization that was established for charitable, health, educational and cultural purposes.

Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law.



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■ Hispanos de Leisure World

Aug. 11: 'Clandestine Childhood'

by Carlos Montorfano

Hispanos de Leisure World present the movie "Clandestine Childhood" ('Infancia Clandestina,' 2011, 1 hour, 52 minutes, drama, not rated, with English subtitles) on Friday, Aug. 11, at 3 p.m. in Clubhouse I.

Based on director Benjamín Ávila's formative years, the film tells the story of a young boy who returns to Argentina in 1979 with his family – after years in exile – to live under an assumed alias.

His parents and uncle take part in revolutionary action to overthrow the ruling military dictatorship.

Members and all residents are welcome to attend. Come early, as seating is limited. Refreshments are available.



■ The Inter-Faith Chapel

Aug. 14: 'The Shack'

by Bonnie Bonner

The Inter-Faith Chapel offers free summer movies on the second Monday of the month through September, at 1 p.m. Tickets are not required.

Each movie is a story of inspiration and faith. On Monday, Aug. 14, the Chapel screens "The Shack" (2017, 2 hours 12 minutes, drama, rated PG 13).

Based on the New York Times best-selling novel "The Shack," the film takes us on a father's uplifting spiritual journey. After suffering a family tragedy, Mack Phillips (Sam Worthington) spirals into a deep depres-

sion causing him to question his innermost beliefs.

Facing a crisis of faith, he receives a mysterious letter urging him to an abandoned

shack deep in the Oregon wilderness.

Despite his doubts, Mack journeys to the shack and encounters an enigmatic trio of strangers led by a woman named Papa (Octavia Spencer).

Through this meeting, Mack finds important truths that

transform his understanding of his tragedy and change his life forever.

Directed by Stuart Hazeldine, the movie stars Sam Worthington, Octavia Spencer and Tim McGraw.



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■ Education and Recreation Department

Thursday Afternoon at the Movies

Aug. 17: 'Florence Foster Jenkins'

The E&R Department is pleased to present "Thursday Afternoon

at the Movies." Films are shown in the Clubhouse II auditorium at 1 p.m. On Aug. 17, the presentation is "Florence Foster Jenkins" (2016, 1 hour 51 minutes, biography/comedy/drama, PG-13 for brief suggestive material).

Reminder: Tickets are required to attend this movie screening.

Despite her horrid singing voice, New York City heiress

Florence Foster Jenkins (Meryl Streep) is certain she can become an opera star. Her

partner and manager, St. Clair Bayfield (Hugh Grant), does all he can to shield Florence from the truth, but his task may prove impossible.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick

up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.



■ Education and Recreation Department

Sunday Afternoon at the Movies

Aug. 27: 'Hello, My Name Is Doris'

The E&R Department is pleased to present "Sunday

Afternoon at the Movies."

The movies are shown at 2 p.m. in the Clubhouse II auditorium. On Sunday, Aug. 27, the featured film is "Hello, My Name Is Doris" (2016, 1 hour 30 minutes, comedy/drama/romance, rated R for language).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, Aug. 8, at 8:30 a.m. Please bring your Leisure World ID.

Inspired by insights gained through a self-help seminar,

60-year-old Doris Miller (Sally Fields) brazenly steps forward to pursue the affections of a much younger co-worker, John (Max Greenfield), and inadvertently becomes a hit with his hipster cohorts.

Sunday movie screenings are for

your enjoyment; there is no charge.

Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.



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Aug. 31: ‘Let Yourself Go’

On Thursday, Aug. 31, Jewish Residents of Leisure World (JRLW) present the screwball comedy “Let Yourself Go” (“Lasciati Andare,” 2017, 1 hour 47 minutes, comedy, Italian with subtitles) at 1:30 p.m. in the Clubhouse II auditorium.

The film, directed by Francesco Amato, is about a psychoanalyst named Elia who goes to the gym and meets a personal trainer who changes his life.

Tickets, \$7, are available beginning Tuesday, Aug. 8, at 8:30 a.m. in the Clubhouse I E&R office. Checks only, payable to JRLW.



– Jonas Weiss

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2017 Movie Schedule

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Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Aug. 17, 1 p.m.	Florence Foster Jenkins	SOLD OUT
Aug. 27, 2 p.m.	Hello, My Name Is Doris	Aug. 8
Sept. 14, 1 p.m.	Sully	Aug. 22
Sept. 24, 2 p.m.	Café Society	Sept. 6
Oct. 19, 1 p.m.	I Saw the Light	Sept. 19
Oct. 29, 2 p.m.	Loving	Oct. 10
Nov. 16, 1 p.m.	Fences	Oct. 24
Nov. 26, 2 p.m.	Wild Oats	Nov. 7
Dec. 10, 2 p.m.	Manchester by the Sea	Nov. 21
Dec. 28, 1 p.m.	Rules Don't Apply	Dec. 5

Movies are subject to change.

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by Stacy Smith, Leisure World News

If the next time you visit a doctor and he or she has the credentials “D.O.” after his or her name, rest assured that you are in capable hands.

A D.O., or doctor of osteopathic medicine, is a fully trained physician who provides patients with a full range of services, from prescribing medications to performing surgery, and who uses the latest tools in medical treatment.

“D.O.s have been practicing for over 100 years. They’re fully licensed physicians who practice in all 50 states and all medical specialties,” said Dr. Elliot Share, D.O.

Share is a board certified internist at MedStar Medical health center at Leisure World of Maryland. He works side-by-side with his M.D. colleagues to provide patients with the same standard of care and treatment.

“We cover for each other, take calls for each other, and are regarded as equals in terms of privileges; and we respect each other as practitioners,” Share said.

D.O.s receive four years of medical schooling followed by a three to seven year

residency, just like their M.D. counterparts. But while in school, D.O.s also receive special training in the musculoskeletal system, the bodies interconnected system of nerves, muscles and bones.

“There’s a philosophy with osteopathic medicine, and it’s treating the person as a whole.

[It’s] not just looking at a certain body part or organ system, but looking at the body as interrelated, and trying to not just treat a symptom, but treating the underlying condition,” Share said.

D.O.s sometimes practice Osteopathic

Manipulative Treatment (OMT), a type of hands-on care. Using OMT, an osteopathic physician may move a patient’s muscles and joints using techniques including stretching, gentle pressure and resistance, according to the American Osteopathic Association’s website.

Dr. Share’s office hours are Monday and Wednesday through Friday, from 8:30 a.m.-4:30 p.m.

He is accepting new patients. Residents can call (301-598-1590) or (301-598-1510) to schedule an appointment.



Dr. Elliot Share, D.O., courtesy photo

Low Vision Support Group

Group Gears Up for New Season

by Joan Guberman

The Low Vision Support Group is gearing up for an exciting fall full of dynamic presentations spanning topics from advances in vision technology to cooking skills.

The September leadoff speaker, Dr. Reshma Katira of The Retina Group of Washington, will speak about the dilated eye exam. In addition to pinpointing visual problems, the exam may detect symptoms of cancers, blood disorders and neurological problems.

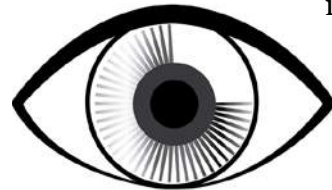
Other events being planned include free “bone builder” exercise classes sponsored by Montgomery

County and tailored for people with low vision.

Free Monthly Meetings

Residents with low vision and their friends and families are invited to join the Group’s meetings. Meetings are always held on the second Wednesday of the month at 1 p.m. in Clubhouse I. The first meeting for the new season is Wednesday, Sept. 13.

The Group exists solely to help those with low vision. Group members share knowledge and strength and learn from others in similar situations. “Together, we can better cope with the changes we face and continue to find joy in daily life,” said Larry Cohen, Group president.



Parkinson’s Support Group

Sept 12: Next Meeting

by Ray Weil

The Parkinson’s Support Group is an organization established to create opportunities for those with the disease to access technical and research development, and to share treatment experiences with others.

The focal point for each meeting is usually a presentation or talk by an outside speaker with expertise in a topic that may have beneficial effects on the symptoms of Parkinson’s disease (PD), show promise for the search for a cure, or simply be of interest to members.

Just as importantly, the Group helps caregivers, family and friends appreciate

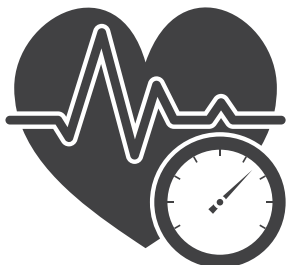
the challenges and complexities of living with PD.

Meeting attendance extends beyond the membership to all of those who are interested. It is important for all involved to understand that no one need be alone in the struggle against PD.

Meetings

The Parkinson’s Support Group typically meets on the second Tuesday of each month from September through May, at 3 p.m. in Clubhouse II. The next meeting is on Tuesday, Sept. 12.

Meetings usually last about 90 minutes, including discussion on topics of interest. Light refreshments are served. For further information, contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).



Free Blood Pressure Testing

Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

FISH Houses Lost and Found Items – and Maybe Your Keys!

by Beth Leanza

The FISH office is the place where E&R stores found items after they are turned in at one of the clubhouses. It may take a few days for the found item to get to FISH, so call back if it is not there right away.

Some mutuals have their own lost and found departments, so if you think you may have lost or left it in or near a mutual, check there, too.

What We Do

FISH lends assistive equipment to residents and employees of Leisure World.

If you are thinking of purchasing equipment, you may want to “test drive” it through FISH first. We lend wheelchairs, walkers with wheels, commodes and tub stools. The items are used donations, and we try to check it all out for safety. We also strongly urge borrowers to clean the item first, and we also ask that you clean it before returning.

FISH suggests a loan period of one to three months for the assistive equipment. If you really need it longer, that is okay with us. If you wish to keep an item you have borrowed, contact FISH pres-

ident, Beth Leanza, at (301-598-4569). Let family members know that an item came from FISH, so it can be returned when you no longer need it.

Donations / Giveaways

FISH also receives donated items that we give away instead of lending. We receive all kinds of useful things, including incontinence aids (pads, bed pads, adult diapers), blood pressure equipment, comfort cushions, canes, easy-reachers, elevated toilet seats and walkers without wheels.

To keep the office from getting too messy, we have put a lot of these giveaways in the closet on the lowest two shelves. Feel free to ask the volunteer to let you look there to see what you may want.

Helping Other Charities

FISH is also the place where other organizations can set up a collection box. The Lions Club and the Kiwanis Club are always ready to receive glasses, hearing aids and can tabs.

Other Ways of Donating

FISH has instructions for donating to St. Jude's Ranch, but the person donating incurs any postal charge. FISH also has an address to send empty prescription bottles.

Volunteers

Volunteers staff the office. Many of our volunteers have a regular, repeating session scheduled, but substitutes are called when a volunteer cannot complete his or her regularly scheduled shift. Call Beth if you are interested in volunteering.

General Information

FISH is open Monday to Friday from 10 a.m.-4 p.m. (except major holidays). The phone number is

(301-598-1345).

The E&R staff in Clubhouse II can assist you before or after hours or on weekends.

If you are looking for a lost item, tell the staff member you want Lost and Found. Found items are in the closet.

FISH is an acronym that stands for Friends in Sickness and Health. Other FISH organizations exist around the world, but they all act independently and make up their own definitions for the acronym.



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Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be able to participate in a twice-monthly bereavement support group that meets on Tuesdays, 3-4:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. The group is sponsored by the Jewish Social Service Agency (JSSA) Hospice and facilitated

by Annette Waaler Volk, LGSW. Registration is required, and three months must have passed since the death before attending the group. If interested, please call Suzanne Adelman, LCSW-C, JSSA Hospice, at (301-816-2683).

Essential Tremor Group: The next meeting of the ET group is Thursday, Sept. 7, at 10:30 a.m. in Clubhouse I. The group meets the first Thursday of the month.

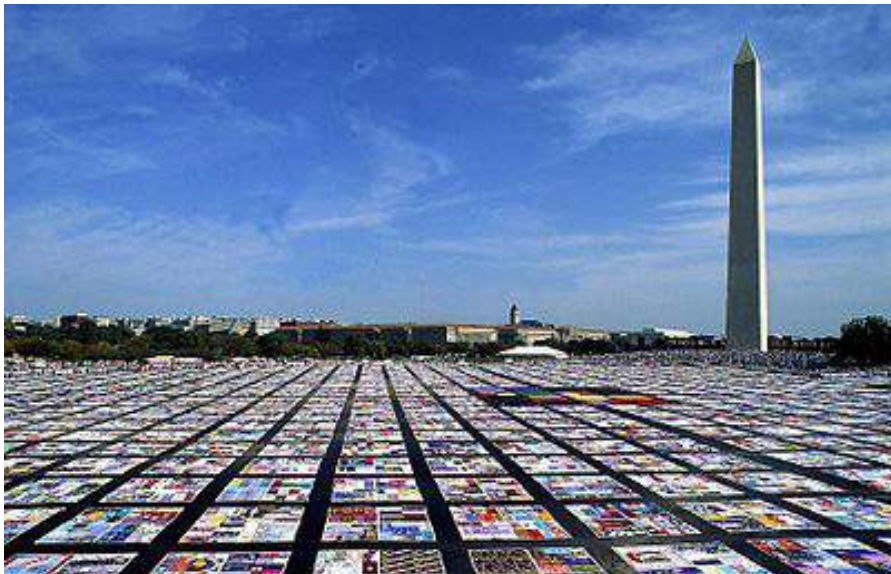
Memory Café: The next meeting of Memory Café is Thursday, Aug. 31. Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. For more information, contact Lindsey Vajpeyi at (240-428-1342) or (lvajpeyi@alz.org).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings (except July and August) on the second Wednesday from 1:30-3:30 p.m. in Clubhouse II. No registration is needed and all are welcome. For more information, contact Sally MacDonald at (240-669-4233) or (sn3macd@aol.com).

CLUBS, GROUPS & Organizations

■ Rossmoor Library Guild

Remembering Their Names



The NAMES Project AIDS Memorial Quilt on The National Mall in Washington, D.C. Photo via Wikimedia Commons

by Barbara Long

In June, the Clubhouse I library received a donated copy of “The Quilt: Stories from the Names Project” by Cindy Ruskin. The book tells the saga of the AIDS pandemic, and the response that created the largest work of folk art in America.

Readers interested in civil rights, history or quilting will want to see this collection of stories and letters, in addition to full color pages

of the premier viewing of the Quilt on The National Mall in Washington, D.C.

“The Quilt: Stories from the Names Project” reflects the timelessness of love, friendship, and heartache.

Parents, friends, and lovers all share their experiences in designing panels for those lost to AIDS. The book includes many photos of individual panels, and of the unveiling. A work that began in grief has become a work of art.

■ Book Club Network

Mystery Book Club Looking For New Members

by Verna Denny

“The Suspensers” book club has a few openings for new members.

“The Suspensers” is one of two mystery book clubs in the Book Club Network. If you enjoy detective fiction and thrillers and like reading about mysterious deaths and crimes to be solved, then this is the club for you.

“The Suspensers” meet on the fourth Tuesday of the month at 2 p.m. If you are interested in joining this Club, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

The Book Club Network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together monthly with other avid readers to read and discuss their favorite books.

■ Ballroom Dance Club

Club Still Accepting New Members

by Joyce Hendrix

The Ballroom Dance Club is still accepting annual memberships, at \$10 per person, for the remainder of the season through November. Membership entitles you to pay \$10 per person per dance, with non-members and guests paying \$15 per person for each dance.

The Saturday, Sept. 23, dance features another Club favorite, The Tony Luciano Band, with Tony, Fritz and Norman.

In September, the Club returns to suggested attire of jackets and ties for the

gentlemen and dressy dresses or pantsuits for the ladies.

If you are new to the Leisure World community, please come to one of our monthly dances to see what the Club is all about. All dances feature live bands that play strict ballroom tempo music.

The Club dances to the music of seven different groups from January through November. Perrie, LLC sponsors a New Year’s Eve dance.

The next dance is Saturday, Aug. 26. Details are found in the Events and Entertainment section of this publication. Put on your dancing shoes and join us.

■ Hispanos de Leisure World

Hispanos Celebrate Annual Summer Picnic

by Samuel Sánchez

Hispanos de Leisure World had their annual summer picnic July 30.

Members, nonmembers, and other residents attended, with many bringing their cultural dishes to share with everyone. Some danced to the Spanish music that was played, and one member serenaded the other attendees.

The annual picnic is an opportunity for members to share their summer plans, discuss current issues, and bond. The delicious food served included two different rice pudding dishes, each from a different Latin American country.

Club officers introduced themselves to new members,

assuring a successful 2017 with many activities. The Club welcomes all residents to attend events and consider joining. Socializing and helping each other is a core practice of the Club and its leadership.

For membership information, call Lourdes Martinez at (301-802-5229) or email (mzzlulu@gmail.com).



Lourdes Martinez and her daughter, Maria Negron, enjoy refreshments on the Clubhouse I lanai. Photo by Samuel Sánchez

Photo Exhibits Feature Community Happenings

by Fred Shapiro

August brings two Rossmoor Camera Club photo exhibitions to the Clubhouse I library and The Inter-Faith Chapel.

The subject for both is “Doings in Leisure World,” featuring photos of residents participating in various activities in the community.

The Chapel exhibit hangs through September, to be followed by another show featuring the theme, “Travels – Here and Abroad.” The library’s exhibit hangs through August.

Club members’ photos also hang along the hallway leading to the restaurants in Clubhouse I.

Club members participating in the current show include Jean DeSchraver, Jon Fife, Lou Paley, Stu Lillard and Fred Shapiro.

The Club alternates with the Art Guild on a monthly basis to show off members’ work. Members are encouraged to participate.

Members are also looking forward to the September meetings and planning for the first open competition, which allows any and all subject matter.

With the many club events and programs scheduled at



A view of the golf course during wintertime. Photo by Jon Fife

Leisure World, members have interesting subjects to capture.

One only has to walk through the Clubhouse I hallways to see the photos that capture residents in action.

Whether observing residents playing cards, attending a veterans’ luncheon, participating in a program or exercising in a sports activity, there are many opportunities to take photos in the community.

To learn more about the club, contact president Jon Fife at (jfife213@gmail.com),

and check its website at (www.rossmoorcameraclub.com).

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■ Ceramics Club

Piles of Tiles

by Gail Bragg

Visitors are in for a surprise this month when they come to Clubhouse II and see the Ceramics Club display case. The Club's artist for August, Barbara Z. Miller, has displayed some of the tiles she has painted and glazed over the years.

"These are the easiest and most fun pieces to create," Miller said.

The tiles are already bisque (they have been fired in the kiln once), so they provide the perfect flat, hard, smooth surface upon which to design, draw and paint.

The Club has hundreds of glazes and paints, and many different stencils, rubber stamps, and ideas for free-hand compositions.

With just a little help, anyone and everyone becomes a unique "artiste." Another great thing about tiles and trivets is their versatility when traveling: they fit neatly into a suitcase or box (for mailing) at holiday time

or for birthdays and other occasions.

Family and friends will enjoy displaying them, using them and admiring them all year round, Miller said.

The Ceramics Club's \$10 annual membership fee includes instruction on how to make your own ceramic pieces.

We welcome new members, so drop by our studio in Clubhouse II. You can view some of our ceramic pieces in the gift shop in our studio; they are for sale with proceeds going to charity. We hope to see you soon!



Tile painted by Barbara Z. Miller. Photo by Gail Bragg

■ Vegetarian Society of Leisure World

Vegetarians to Hold Potluck in August

by Bob Fenichel

Vegetarian Society of Leisure World (VSLW) is having a potluck dinner on Tuesday, Aug. 15, at 5:30 p.m. at the Clubhouse I lanai. Please RSVP to Lois Kutun at (LKutun@msn.com) or (301-598-0298). All items must contain no animal products (vegan), and items that include no salt, oil or sugar (SOS-free) are encouraged.

The monthly VSLW luncheon is on Thursday, Aug. 24, at 12:30 p.m. at the Vegetable Garden

Restaurant in Leisure World Plaza. Please RSVP to Iris Wolf at (leonardbwolf@msn.com) or (301-384-1658) by Tuesday, Aug. 22. Having exact change will facilitate a smooth exit.

Additional information on VSLW activities is found on the group's website at (www.vslw.org).

Everybody is welcome at VSLW activities; you don't have to be a vegetarian to participate. The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

Celebrating 2017 with Awards and Annual Potluck Dinner



Chinese melon vines grow across their canopied structures. Photos by Darrelyn Pilgrim

by Darrelyn Pilgrim

On Thursday, Aug. 17, from 6-8:30 p.m. in Clubhouse II, the Group celebrates with its annual potluck and garden contest awards.

The meal, which is a private dinner for the gardeners, often features the garden's produce.

The garden plots were judged at the end of July based on three categories: Best Flower Garden, Best Vegetable Garden, and Best Combination Garden. The three winners will be announced at the potluck, and each will receive a certificate.

New Bees and Hives Update

The Group is grateful for Mary Lalley, July gardener of the month, for finding a new beekeeper, Leon Vandenberg, through her affiliation with

Brookside Gardens.

She discussed the garden's pollination situation with Vandenberg, who then said to her, "I'm your bee man!" He immediately set out, generously and graciously, acquiring beehives for us.

He continues to work with the hives and share his expertise in establishing and maintaining the two new beehives, and plans to set up a third hive on the opposite side of the garden plots, nearer to the entrance.

Gardener of the Month

Group president Betty Kontaxis announces the August gardener of the month, registrar Susan Curow.

Thank you for a difficult job well done!



High above gardeners' heads, the melons' buds are silhouetted against a blue sky.

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Abstracting the Flower

by Ann Bolt

Rossmoor Art Guild (RAG) members are dodging raindrops and heat waves and still managing to try their hands at new and different things.

Jargon floating around the art world includes en plein air, contour drawing, gesture drawing, abstract painting, collage, grisaille, and chiaroscuro. Open Studio invites students to paint an abstract of flowers. The concept of “abstract” has as many definitions as there are people asking and answering.

Comments on abstract work range from “there’s something off” to “man, that’s a really bad drawing” and “I wouldn’t have thought to paint it that way.” Basically, the artist is playing with and modifying the reality of the subject. In this case, the subject modified is flowers.

The results are exhibited just in time for RAG Open House on Thursday, Sept. 7, from 1-3 p.m. in the Clubhouse I studio. Open Studio is meant to be an independent project outside of the class.

The art program’s school year starts in September, so Open House is an excellent time to meet the teachers and find what fits each student’s interests. Sign up for classes and enjoy exploring art for the next six weeks.

Light refreshments are served

and art supplies are available for sale for new students and students who want to try another medium. The Guild thanks Dan Ranhart, former Open Studio monitor, for his donation of art supplies.

Animal Exhibits

The animal exhibits in both clubhouses remain through August.

Members are leaping beyond Leisure World to submit their art in several outside shows. Some of teacher Firouze Sadeghi’s students are entering paintings in The Washington Metropolitan Artists’ Society at Brookside Gardens, open from 9 a.m.-5 p.m. until Monday, Aug. 28.

Other members are entering their paintings at the Sandy Spring Museum through the Olney Art Association, exhibited through Saturday, Sept. 2. The theme is Celebrating Our Neighborhood.



Phyllis Lowinger’s “Turtles,” inching along, done in watercolor and colored pencil. Lowinger will also exhibit her work at The Washington Metropolitan Artists’ Society show at Brookside Gardens. Photo by Ann Bolt

What’s Next?

The Guild is thinking of ways to accommodate the working artists in the community, and is proposing scheduling an evening class. Open House is a good time to make your wishes known.

Although the weather lately has not been optimal for painting outside, the Guild would also like to schedule en plein air events for members. Many lovely views at Leisure World offer intriguing subjects to paint.

RAG board meetings are the

third Thursday of the month at 3:30 p.m. in Clubhouse I, where member can chime in and offer ideas.

Guild volunteers plan exhibits, hold board positions, and experience the satisfaction of clearing out the storage room, keeping the refrigerator fresh and keeping track of who rented which locker. The Guild affords residents the opportunity to meet and make friends and enjoy the fellowship of other creative souls around Leisure World.



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Award Winning

■ Gilbert and Sullivan Society of Leisure World

Aug. 18-20: 'The Sorcerer' Performances

by Maggi Lindley

The cast and crew of "The Sorcerer" are working hard and preparing for the production on Friday, Aug. 18, and Saturday, Aug. 19, at 7:30 p.m. and Sunday, Aug. 20, at 2 p.m.

The cast is determined to make this a delightful, happy show for all to see, and we hope that residents will honor us with their presence as we sing, act and dance our way through the mixed up world of sorcery and love that only Gilbert and Sullivan could create.

Tickets are on sale and available for purchase on the following days and times:

Tuesdays and Wednesdays from 10 a.m.-2 p.m. in the Clubhouse I lobby, and Thursdays and Fridays from 10 a.m.-2 p.m. in Clubhouse II. Tickets are a bargain at \$8 each, and seating is on a first come, first served basis.

J.J. and Betty Boulin have worked with producer Maggi Lindley to design a delightful setting for the "The Sorcerer" to work his magic, only to have the spell go terribly wrong.

Will the story turn out to everyone's liking in the end? Will Sir Marmaduke Pointdextre end up with Mrs. Partlet or Lady Sangazure? Will Alexis end up with Aline or step aside for the Vicar? Come to a performance to find out!

■ Fun and Fancy Theatre Group

Sept. 6: 'A Bob Hope 1940's USO Show'

by Hannette Allen

"A Bob Hope 1940's USO Show," directed by Nancy Koski, is on Wednesday, Sept. 6, at 7:30 p.m. in the Clubhouse II auditorium.

The last day of auditions is Saturday, Aug. 5, at 10 a.m. in the Clubhouse II auditorium.

For a list of songs for the show, contact Nancy at (irishchero@comast.net). You can audition with any song, but please bring a copy of the sheet music for the accompanist.

If audition dates have passed and you still would like to be in the show, contact Nancy.

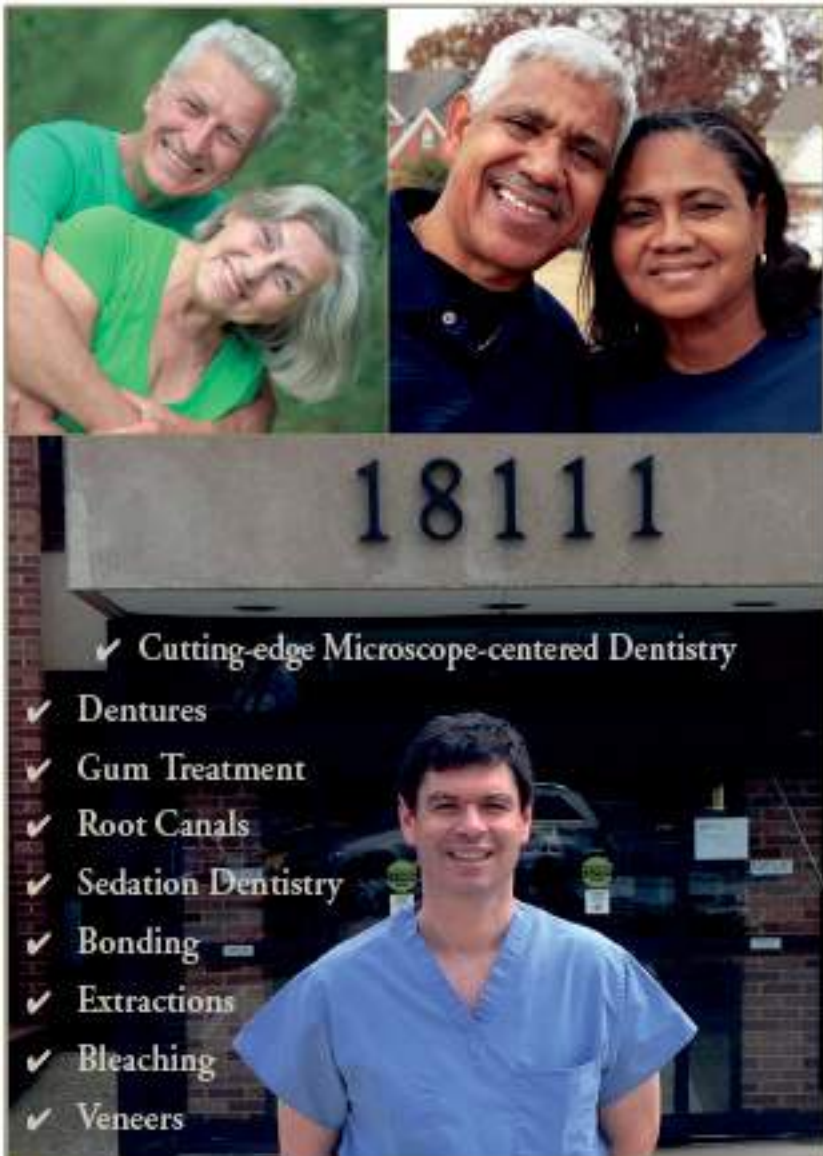
Coming in October

At the Wednesday, Oct. 4, monthly show, Jill Lyons presents "I Am What I Am," a musical skit about finding and being yourself.

Auditions are scheduled for Tuesday, Aug. 15, at 6:30 p.m. in Clubhouse II, and Saturday, Aug. 19, at 10 a.m. If you would like to audition but can't make either date, call Jill at (240-970-5163) for a private audition.

Accompaniment is provided. In addition, you will be asked to do some simple movement and singing (nothing difficult; songs will be chosen for you).

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Upcoming Events for Summer and Beyond

by Jonas Weiss

Friday, Aug. 4 – Rabbi Gary Fink leads a Reform religious service at 7:30 p.m. in The Inter-Faith Chapel, to be followed by some social time with refreshments at an Oneg.

Friday, Aug. 11 – This is the deadline for the submission of an application to have names of loved ones included in the new Yiskor Memorial Booklet before it goes to the printer. You can find an application in the JRLW newsletter.

Saturday, Aug. 12 – Cantor Michael Kravitz leads a Conservative Shabbat service at 9:15 a.m. in Clubhouse II. Egan Guttman chants the Haftorah and Phil Wendkos delivers the D’var Torah.

A Kiddush and social time follow the service. Rabbi Moshe Samber leads an abbreviated service with Torah and Talmud study every other Shabbat at 9:15 a.m. in Clubhouse II.

Thursday, Aug. 31 – A screwball comedy movie, “Let Yourself Go,” is shown at 1:30 p.m. in the Clubhouse II auditorium. See the Events and Entertainment section of this publication for more information.

Thursday, Sept. 7 – Jewish Residents of Leisure World (JRLW) presents a seminar on funeral practices with

Rabbi Fink and speakers from four funeral homes at 10 a.m. in Clubhouse I.

Sunday, Sept. 17 – JRLW hosts a brunch with cantor James Perlmutter at 10 a.m. in Clubhouse I. He gives an educational talk about the role and history of the cantor. Reservations are required several

days in advance, with checks of \$10 payable to JRLW and sent to Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A). Admission at the door, if available, is \$13.

Sept. 20-22 and 29-30 – JRLW observes High Holy

Day Conservative and Reform services. The JRLW newsletter has an application for tickets and honors.

Sunday, Oct. 22 – JRLW holds a new member reception at 2 p.m. in the Clubhouse Grille.

Donations

Donations for the Torah maintenance fund (minimum \$25, checks payable to JRLW) should go to Carol Wendkos at (14805 Pennfield Cir., Apt. 212). Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B) handles donations for prayer books (\$25 minimum).

Send donations for Kiddush or an Oneg (\$25 minimum for either), or Yiskor or general Tzedukah, to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring MD, 20906).



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Sept. 6: Open Meeting with Guest Speaker Del. Ben Kramer

by Carole Mund

NA'AMAT is proud to announce the start of its new season, with many informative and entertaining activities planned. The first open meeting is on Wednesday, Sept. 6, at 11:30 a.m. in the Clubhouse I Crystal Ballroom.

The meeting's guest speaker is State Del. Ben Kramer, who represents Montgomery County. Kramer has sponsored many bills to protect the interest of senior citizens. He is the creator and author of the Senior Call-Check Service and Notification Program, a free service to assure the health and safety of seniors.

Come and learn more about the legislation he sponsored that protects seniors from scams and fraud. Kramer will respond to audience questions and concerns about issues affecting seniors. Residents do not need to be members of NA'AMAT to attend this meeting.

Tribute Cards

Tribute cards are an excellent way to support and maintain essential programs sponsored by NA'AMAT, as well as to attain donor credit. NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards.

Each card is \$3.50 if purchased and sent by you, or \$4.50 if sent by Linda Schoolnick, tribute chairperson. Full donor credit is given for each card.

Unfortunately, the list of purchases for May and June has been misplaced. If you purchased tribute cards during that time, please contact Linda to receive proper credit. Contact Linda at (301-681-1076) with any questions.

Tzedakah - New Chairperson

Tzedakah is a custom of donating loose change each Sabbath to charity. Newly designed pushke boxes have arrived to encourage members

to save and donate. Every penny counts in supporting the many programs NA'AMAT sponsors in servicing women and children.

Carol Milwit, Tzedakah chairperson, coordinates the collection and replacement of the tzedakah boxes. Just drop your change or maybe your mah jongg winnings in the box, and Carol will gladly collect the box and replace it with a new one. Full donor credit is given. Contact Carol at (301-288-7534) for more information.

Executive Board Meeting

The executive board meets each month to discuss plans for upcoming events. Meetings also afford the opportunity to meet

with board members and learn more about the organization. NA'AMAT is eager to have more people involved in the planning. All are encouraged to join us on Tuesday, Aug. 15, at 10:30 a.m. in Clubhouse I for our next meeting.

Trips

The club is hosting a new trip to the Delaware Art Museum and High Tea on Wednesday, Aug. 23. Fliers about the trip will sent to members, or check for additional information in Club Trips section of this publication. Make your reservation early so you do not miss this terrific experience.

A trip to Dover Downs Hotel & Casino is scheduled

for Wednesday, Oct. 25 to Thursday, Oct. 26. See the Club Trips section of this publication for more information, or call Trudy Stone at (301-438-0016). Fliers will be sent out shortly.

Upcoming Events

Oct. 4 – Fashion Show

It may seem early, but with so many taking vacations, it is worth setting aside the date of NA'AMAT's annual fashion show.

Dec. 6 – Annual Card Party

Dec. 31 – New Year's Eve Celebrations

For more information, contact co-presidents Trudy Stone at (301-438-0016) or Gladys Blank at (301-438-9666).



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Judaic Study Group Discusses ‘Wandering Jews,’ Jewish Diaspora

by Barbara Eisen

The Judaic Study Group meets on Monday, Aug. 28, at 1:30 p.m. in Clubhouse I. The topic is “Wandering Jews.”

We think of Jews in the Diaspora as a consequence exile: after the fall of Jerusalem in 586 B.C., after the fall of the Second Temple in 70 A.D., after the Spanish expulsion in 1492 A.D.

But there is perhaps another factor and that is, in times of peace and tolerance, the right to travel freely.

Regardless of the reasons, by force or by choice, how far did these travels extend? When did they begin? Where did Jews settle? How did they live? Were

they absorbed into existing populations or were they – and have they always been – strangers in a strange land?

Ice Cream Social

There is still time to RSVP for our Ice Cream Social meeting on Wednesday, Aug. 16, at 7 p.m. in Clubhouse I. Delicious toppings are served with the ice cream. The cost is only \$10 per person and the event honors new members. Each current member should try to bring a friend to become a new member. A Hadassah video will be shown.

Checks, payable to Hadassah, should be sent to (Janet Lazar, 15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906) by Friday, Aug. 11. For questions,

contact Janet at (301-598-4066) or (lazarjl@verizon.net). All residents are welcome to attend.

Greeting Cards

Hadassah greetings cards are available for purchase; prices are \$2.50 each or five for \$10. Cards are displayed and sold at every Hadassah meeting.

Call Elaine Schenberg at (301-598-0079) or Jan Bloom at (301-593-7720) if you want to pick up cards or to have them mailed for you for an extra postal charge.

Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. The project helps disadvantaged children in Israel. The goal is to create

a circle of \$1,000, made by individual contributions of \$40. Please send your donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational, and social programs in Israel and in the U.S.

If you are interested in knowing more about Hadassah, contact one of our membership vice presidents, Carole Sonnenborn at (301-288-4902) or (carole200@comcast.net), or Mimi Meltzer at (301-806-0976) or (mimi20852@aol.com).

■ Rossmoor Woman’s Club

Sept. 13: Free ‘Kickoff Koffee’

by Marcia L. Elbrand

On Wednesday, Sept. 13, at 10 a.m. in Clubhouse I, the Rossmoor Woman’s Club (RWC) hosts a free “Fall Kickoff Koffee.” All current members and anyone considering joining should plan to come.

On that day, chair people of

our various fundraising activities will sign up volunteers to work at future events. The “Kickoff Koffee” will feature beverages, fruit and light pastries.

The event affords attendees the chance to meet many active RWC members, and learn what the Club does to raise more than \$10,000 each year, all donated to local charities and scholar-

ships for young women.

During the past club year, the group provided support to FISH (Friends in Sickness and Health) and Fireside Forum, as well as money to two local hospices, a shelter for victims of domestic violence, and the Fisher House Foundation (for housing families of Wounded Warriors).

RWC also provided scholarships to Blake High School seniors and female students at Montgomery College, and gave vacation groceries, classroom library books, hand-knitted winter mittens, and volunteer classroom help to a PreK/Head Start class at nearby Harmony Hills Elementary School. Education committee chairperson, retired educator Rita Posner, leads the project.

“And all of this was done by about 130 of us,” said RWC treasurer Pat Lyddane. “Imagine how much more we could accomplish if we had an even bigger membership!”

Upcoming Events

Monday, Oct. 2—Vendor Sale at Bedford Court— nearby opportunity to buy stocking stuffers and handsome gifts,

nearly all priced at \$6 each. Cash or credit cards accepted. Featured items include well-made costume jewelry, imported stoles, socks, wallets and accessories.

Wednesday, Oct. 18—Luncheon and Fashion Show features Club members modeling the latest Chico’s fashions and accessories. The mistress of ceremonies is Chico’s fashion consultant. Members and guests attending will receive follow-up discounts for future purchases.

Monday, Nov. 13 through Saturday, Nov. 18—Sale of pecans, fruitcakes, and See’s Chocolates in Clubhouse I. Cash, checks and credit cards are all accepted. Purchasing at the sale is an easy way to plan ahead for making the holidays sweeter, without fighting crowds at the malls.

Wednesday, Dec. 6—Holiday Luncheon at Manor Country Club—Elegant, affordable. Plan to bring a favorite niece, neighbor, former colleague or other guest.

Monday, Dec. 18—Vendor Sale in the Clubhouse I Crystal Ballroom. Great opportunity for last minute holiday shopping.

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Sept. 18: Kickoff Meeting for Federal Employees

by Joe Cook

The first chapter meeting after our summer recess is on Monday, Sept. 18, at 2 p.m. in Clubhouse I. Informal discussion and snacks begin at 1:30 p.m.

The executive committee has been meeting regularly throughout the summer, planning and organizing for this fall. We cannot confirm our guest speaker at this time.

Unprecedented Proposals

The executive committee discussed the President's FY 2018 budget that includes many proposals that would reduce federal retirement, including:

- reducing all future proposed Cost of Living Adjustments (COLAs) for civil service retirees by 0.5 percent
- eliminating COLAs for current and future federal retirees
- increasing federal retirement contributions up to six percent to equal the government's contribution, with no increase

in benefits eliminating the Federal Employee Annuity Supplement beginning in 2018. In addition, legislation was recently introduced to make federal workers "at-will" employees, meaning they could be removed or suspended from their jobs, without notice or right to appeal.

Support Emerging

In the recent executive committee meeting, it was noted that most of our local Congressional representatives oppose proposals in the President's budget that would make significant changes to the federal retirement system.

However, recently nine Congressional Republicans signed a June 17 letter to House and Senate leadership stating: "Our strongest objection is how the proposals break a promise to employees and retirees who have based career planning on longstanding promised benefit calculations. They and their families don't deserve to be treated in

this cavalier manner."

In discussing these issues, the executive board noted that any reductions that would be passed for current employees would no doubt be used as justification for reducing retirees in the near future. NARFE believes it's in the best interest of the organization to oppose reductions in pay and benefits for current federal employees.

For more information, visit (www.narfe.org).

NARFE Membership

While there are many ways to defend your federal retirement benefits, retirees, their spouses and beneficiaries who join Leisure World's NARFE Chapter contribute in a significant way to these efforts.

We are delighted with the support of Pam O'Dell, the chapter's new secretary, and John Lass, new chairman of the membership committee. Jewel Lee has accepted the position as chapter treasurer, as former treasurer Bob Kessler turns over the

reins and the books.

The chapter is formally adopting and implementing new internal controls, and updating the chapter's constitution and by-laws. Lee has already taken the initiative to procure and set up refreshments for chapter meetings.

General Information

For any questions, suggestions, or answers to how you can join or be helpful to the chapter, contact a member of the executive committee:

- President John Moens at (johnjots@outlook.com) or (301-438-3237)
- Vice President, Legislative Chair Joe Cook at (joec37766@gmail.com) or (202-271-0710)
- Acting Treasurer Bob Kessler at (rhkess@aol.com)
- Secretary Pam O'Dell at (PamandJeff@comcast.net)
- Membership Chair John Lass at (johnmlass@comcast.com)
- Service Officer Rich Rothstein at (whobodyelse@aol.com) or (301-598-5760)

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■ Writers of Leisure World

Of Color, Odors and Aromas

by Carlos Montorfano

At our recent gathering, Radha Pillai read a thoughtful piece – a study in ethics, morality and civics – asking whether they still matter anymore.

Woody Shields, continuing the theme of sport hunting, mentioned that deer hunting is by far the most regulated sport in the world, with a confounding maze of laws, regulations and ordinances. He believes that, given that hunting laws are so expansive, every hunter is likely guilty of something.

Bobbie Troy brought two more of her small but meaningful poems. “Making

Memories” says that when we’re young, “the actions of our daily life / become the memories of older years.”

Gladys Blank read “Decisions-Decisions-Decisions,” describing a recent unfortunate accident that resulted in the loss of her treasured car. She didn’t feel the loss for a while because Leisure World has many available means of transportation.

However, thinking of her independence, she decided to look for a similar automobile that was used but in good condition. She put off the decision for a while, but good sense won, and she bought a Camry.

Susie Hooper Billstein read “Approaching Seventy,” a

touching autobiographical story about her life changing at 70. Having grown up as an adopted only child, she found out through an ancestry study that she actually has several brothers and sisters, plus many other blood relatives.

Jane Hawes related a story of a long ago business trip she took to Colombo, Sri Lanka, while four months pregnant. While the business went well, she did not enjoy the coconut oil used in most food dishes.

Grace Cooper read “Knit one-Purl two” and then a touching poem, “Three A.M.,” which starts, “Reach for a hand / Find a pillow instead.”

Joe Brand brought three of

his ekphrastic poems, written in response to photographs sent to him by a friend.

Danuta Montorfano read “In Praise of the Crepe Myrtle,” a timely poem given that these beautiful bushes and trees are adding their color to Leisure World Boulevard.

Diane Swift read “The Story of my Life,” in which she talks about forming a writing group for seniors at a community college, using brown paper bags for writing. Her story was published in The Washington Post in 1993.

Meetings take place on the first and third Thursday of the month at 11 a.m. in Clubhouse I. All residents are welcome.

■ Comedy and Humor Club

Learning How the Ford AC Control Buttons Were Named

by Al Karr

Among the many humor genres, the shaggy-dog story of how some tradition came to be is often trotted out when jokesters get together.

Such stories are frequently told at the standup microphone of the weekly meeting of the Comedy and Humor Club.

Bernard Patlen relayed such a joke about the four

Goldberg brothers—Lowell, Norman, Hiram and Maxwell—invented the first automobile air conditioner.

On July 17, 1946, as Detroit sweltered under 97-degree summer heat, the four asked Henry Ford to come out to the parking lot to their car.

He got into the car, where it was about 130 degrees, they turned on the air conditioner, and the air was cooled off almost immediately. Ford was so excited that he offered

the brothers \$3 million for the patent. They said they would settle for \$2 million but wanted a label, “The Goldberg Air Conditioner,” on every car with the AC system.

Ford said, “No way;” they haggled for two hours, and finally agreed on \$4 million deal, with their first names displayed on the AC control panel. And to this day, all Ford air conditioners show: Lo, Norm, Hi and Max.

Club Meetings

Club meetings provide a wonderful means to relax and have fun – a pastime that is not only enjoyable but also healthy, both mentally and physically.

In recent weeks, those wending their wicked way to the standup mike included Sam, Bernard Patlen, club treasurer Sumner Levin, Jack Melnick, Rudy Volin, John Lass, Mike Heyman, Skip Schoening, Al Karr, Fred Firnbacher, Herb Hodes and Fannie Falk.

Among Other Offerings:

Herb – Time flies like an arrow. Fruit flies like a banana.

Sumner – They told me I’m gullible, and I believed them.

Mike – When a woman said she couldn’t solve a jigsaw puzzle, a friend told her to put the cornflakes back in the box.

Sam – The principal fired a cross-eyed teacher because she couldn’t control her pupils.

John – A neighbor is a real philosopher. He says, “Life is uncertain. Eat dessert first.”



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T – 2 BR/2 BA w/ den in **Bldg 2, Turnberry Courts**, table-space kit. w/ window, enclosed balcony, ready for you to move right in! **\$259,900**

CABOT – 3 bedroom ranch in **Mutual 10**. Modified floor plan includes updated and remodeled kitchen with newer cabinets, counters, and ceramic tile. Wood floors, fenced flagstone patio, 1-car garage with extra storage. **\$299,000**

F – Nestled in the treetops with a view of the golf course. In **Bldg. 3 of The Greens**, two bedrooms, two baths, newer kitchen with updated cabinets, granite counters, new stainless steel appliances, wood floors, new HVAC. **\$189,000**

SHERWOOD – NOW ON MARKET! Three bedroom ranch in **Mutual 13** boasts a fabulous renovation! New wood floors, new kitchen (including cabinets, granite counters, ceramic tile floors, all new stainless steel appliances). New baths include new porcelain tub, new ceramic tile shower and floors, new vanities w/ granite tops. Modified 1-car garage plus den and extra storage. **\$329,000**

H – Bldg. 2 of **The Greens**. New Listing! End unit w/ light on 2 sides, table-space kit. w/ windows and formal dining rm, living rm, 2 BR, 2 full baths, enclosed balcony. **And it has a garage space and a storage rm!** New wall-to-wall carpet, fresh paint, new range and built-in microwave, new (2016) HVAC. Move right in! **\$249,900**

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Baby Boomers Are Young at Heart

by Beth Leanza

Baby Boomer Club members are people young in spirit who like to eat, enjoy the music of the 60's and 70's, and dance.

The Club also likes to watch movies once a month in the Clubhouse II auditorium, and once a month at an outside movie theater, after eating together.

The Club's next game night is Sunday, Aug. 6, starting at 6:30 p.m. in Clubhouse II. Bring games or join in someone else's game. And, of course, we bring snacks to share.

The next picnic at East Norbeck Park is Sunday, Aug. 27, starting at noon. The one after that is in October.

Upcoming movies shown in the Clubhouse II auditorium at 7 p.m. include:

Aug. 5 – Hacksaw Ridge
Sept. 9 – The Girl on the Train

Friday Hikes with Dawn

Many walkers meet up at the walk site, but if you want to carpool, contact Dawn Carlisle at (301-598-7098) by Thursday evening. Always bring water to each hike.

Aug. 11 – Northwest Branch Trail (Nature Center, 1400 Glenallan Ave., Wheaton)
Meet at the Brookside Gardens Nature Center at 10:15 a.m. Bring water and a lunch.

Go through the Connecticut Avenue gate and turn left onto Bel Pre Road. Take Bel Pre Road to Layhill Road. Turn right

onto Layhill Road and continue for two miles. Turn left onto Glenallan Road. The Nature Center is on the right in approximately one mile.

Aug. 18 – The Audubon Naturalist Society, Woodend Sanctuary (8940 Jones Mill Rd., Chevy Chase). Meet in the parking lot near the gift shop at 10:15 a.m. Bring water and a lunch.

Go through the Connecticut Avenue gate. Go south on Connecticut for approximately five miles. Turn left onto Plyers Mill Road, then take the first right onto Metropolitan Avenue/Route 192. At the end of the road, turn right onto Stonybrook Drive. Continue onto Jones Mill Road for 0.6 miles. Woodend Sanctuary is on the right.

Sunday Morning Walks

If a longer walk is more your style, you can meet up on Sunday morning at 8:30 a.m. for a walk around Leisure World

Boulevard. Participants meet up at Kelmscot Drive, just across from Arden Court. Occasionally, they go out to breakfast nearby.

Weeknight Walks

Are shorter walks taken more often your preference? Some Boomers meet up at 7:15 p.m. in the Clubhouse I lobby. Participants don't make an announcement; so if you are there, ask around. They walk the Broadwalk in Montgomery Mutual (about one mile) and return to Clubhouse I.

Volkssport Walks

Some members participate in local walking clubs such as the American Volkssport Association. One Boomer keeps their information up to date on our website at (<https://sites.google.com/site/bbclwmd/>), which also includes an event calendar.

Mah Jongg

If you already know how to play mah jongg, join the group

on Tuesday or Wednesday nights at 7 p.m. in Clubhouse II. For information, contact Donna Copeland at (dc@grandmathegeek.com).

How to Join

Club dues are only \$5 per person for a year. Membership chair Susan Landesberg (901-613-9031) is ready to sign you up. Make checks payable to Baby Boomer Club.

If you are sending a check to Landesberg, write your email address on the memo line, or write "No Email." If you do not use email, we strongly suggest connecting with a member who does, so you don't miss out.

Members are part of a Google Group that communicates by email. We keep the emails limited to events that may be of interest to the Club members.

Not Getting our Emails?

Did you join, but are not receiving Club emails? Contact Beth Leanza at (301-598-4569).

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Thursday, August 17th

"Living with Alzheimer's for Early-Stage Caregivers (Part 1)"

The Living with Alzheimer's series provides practical answers to questions that individuals and families may face as they adjust. Hear from those directly affected and learn how to ease the impact throughout the course of the disease.

Tuesday, September 19th

"Living with Alzheimer's for Early-Stage Caregivers (Part 2)"

The Living with Alzheimer's series provides practical answers to questions that individuals and families may face as they adjust. Hear from those directly affected and learn how to ease the impact throughout the course of the disease.

All events will take place from 2:00 p.m. to 3:30 p.m.

**RSVP for these events by calling
(301) 847-3051 or e-mailing
SilverSpring@arden-courts.com**

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Silver Spring, MD 20904

(301) 847-3051



■ LW Apple Club

Protecting Your MacOS

by Brent Malcolm

Many people move from Windows to macOS because they are fed up with the hassles of having their PCs infected with viruses and other malware.

They may also be tired of the miseries of the tools that allegedly fix those problems. Mac users do not need anti-malware software, but they must take advantage of Apple's built-in protection.

The first safety net, XProtect, runs constantly in the background on macOS machines. It's installed by default, runs without your intervention, and even updates automatically. XProtect matches files and applications that have been downloaded to your Mac against a list of known vulnerabilities. If it catches a malicious file, you'll be notified immediately, usually with a message stating that "the file may damage your computer," the type of malware or virus it caught, and a warning to move the file to Trash immediately.

Gatekeeper is another handy tool that's watching out for you. Have you ever downloaded an app from somewhere other than the Apple Store and then when trying to use it, received a message that said something like, "App can't be opened because it was not downloaded from the Mac App Store" or "App can't be opened because it is from an unknown developer"?

That's Gatekeeper at work. Gatekeeper can be set up to provide various levels of "gate-keeping." Set up is done by launching System Preferences > Security & Privacy > General, and then selecting one of the available choices. There's no mention of Gatekeeper in that tab, but that is what you are controlling.

Other actions can be taken to fully use the protections provided by Apple. First, enable the Firewall. The firewall monitors the traffic from the Internet

to prevent digital attacks. Turn it on in System Preferences > Security & Privacy > Firewall.

Next, keep your applications and operating system up-to-date. Almost every application or operating system update made by Apple or third-party developers includes security updates.

Curiously, many people still forgo updating their operating system or apps to the latest versions. If you are nervous about the stability of new software, wait a few days. By then any possible flaws will have been fixed, and

you can confidently download and install the update.

Lastly, if you feel that some sort of anti-malware software will help you sleep better, Malwarebytes is recommended by Apple and is free. Download it at (<https://www.malwarebytes.com/mac/>).

Apple Club News

This month's meeting is devoted to examining your digital legacy. Almost every one of us has files, photos, email, online accounts, and other digital items that must be dealt with by relatives or by an executor when neither may know anything about your digital life.

So how can we best resolve this dilemma? Washington Apple Pi's Jay Castillo tells the group how to prepare our digital legacy so that it can be passed on without the usual angst on the part of survivors. Join the Club on Tuesday, Aug. 22, at 10 a.m. in Clubhouse II.

Visit the Club's website at (<http://mac.computerctr.org>).

Today's Tip – Caller ID

Have your iPhone announce your caller. It turns out that the iPhone can do this just as many wireless home phones can. Open Settings > Phone > Announce Calls.

You can choose when the phone announces the caller's name when it rings: Always, Never, Headphones Only, or Headphones and Car.



Leisure World Club Trips

The next deadline for trip submissions is **Monday, Aug. 7**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R Office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. **Email** your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

Aug.

23

Delaware Art Museum

Join **NA'AMAT** on a trip to the Delaware Art Museum. Spend the day with a guide see the exhibits until it is time for High Tea served at the museum.

The museum is providing 10 percent off items purchased at the gift shop. Cost of the trip, including High Tea, is \$79.

The bus leaves from Clubhouse II at 10:30 a.m., arriving at approximately 12:30 p.m. and departing the museum at 3:30 p.m., with an estimated return to Leisure World by 5:30 p.m.

Call Adele Taurig at (301-598-3977) for more trip information.

Sept.

14

Harris Crab House and Amish Market

Join the **Going It Alone Club** on a trip to Harris Crab House on Maryland's Eastern Shore for all you can eat steamed crabs, steamed shrimp, barbeque chicken, crab soup, corn-on-the-cob, cole slaw and potato salad, plus pies, beverages and draft beer.

Following the crab feast at Harris', visit the Amish Market for shopping.

The cost is \$72 for members, \$79 for non-members, and includes tax, dining, tour bus and driver gratuities.

The bus departs from Clubhouse II at 10:30 a.m. and returns at approximately 5:30 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m.

For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Nov.

5

"Dreamgirls" at Toby's Dinner Theater

Join the **Going It Alone Club** when members go to see "Dreamgirls" and have brunch at Toby's Dinner Theater in Columbia, Maryland.

The cost of the trip is \$74 for members, and \$81 for nonmembers, and includes the show, brunch, transportation, tax and gratuity for the meal and the driver.

The bus departs from Clubhouse II at 9:45 a.m. and returns at approximately 4:30 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refund is made after Saturday, Sept. 30, unless a replacement is made.

For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Nov.

6-8

Gaming and Sightseeing in Atlantic City

Join the **Jewish Residents of Leisure World** in a two-night, three-day trip (Monday-Wednesday) to Atlantic City. For only \$169 per person for double occupancy (\$80 more for single occupancy), you get transportation in a modern bus, two nights lodging in the Casino Hotel, a dinner, two hot breakfasts and a \$20 casino bonus.

On your own in this tourist location, you can take in a show and enjoy the famous Boardwalk.

Reservations and full payment are required by Tuesday, Aug. 1.

Contact Sue Sandler at (240-242-3742) for more information and a reservation.

Dec.

5

NEW – Dutch's Daughter Restaurant and Linganore Winecellars

Join the **Going It Alone Club** on an excursion to Dutch's Daughter Restaurant in Frederick, Md., for a buffet lunch, followed by wine tasting tour at Linganore Winecellars, in Mt. Airy, Md.

The buffet lunch includes carved beef, honey glazed salmon, Dutch's chicken, plus a variety of vegetables and baked potato, tossed salad, dessert, coffee, tea and soda.

The cost for members is \$60 and for non-members \$67, and includes lunch, wine tasting, transportation, tax and gratuities.

The bus departs from Clubhouse II at 10:45 a.m. and return at approximately 5 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, Nov. 11, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

ATTENTION, TRAVELERS!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

Leisure World News

Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Centering Prayer: Join our group of centering prayer practitioners on Wednesdays at 3:30 p.m. (3588 Gleneagles Dr.). Centering prayer is a method of silent meditation, where you rest in God, without saying anything, just happy to be in God's presence. Our intention is to be aware of the presence of God and to welcome the action of God within us. Beginners are welcome, as are people of all faith traditions. For more information, call Eileen at (301-438-0422).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Jewish Discussion: Hello to all Jewish residents of Leisure World. A discussion group meets on the fourth Sunday of every month (except July and August) at 10:30 a.m. in Clubhouse II. Be prepared for lively discussions about Israel and other topics of Jewish interest. Please give us a try; we think you'll like us.

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Aug. 11. Bring your knitting and enjoy the conversations. We have patterns and yarn for your project. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

LW LGBT Alliance: Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, email us at (celticwomen1@gmail.com).

Musical Jammers Club: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. Our next meet-up is Monday, Aug. 14, at 10 a.m. in Clubhouse II. All instruments and voices are welcome. Questions? Call Richard Lederman at (301-598-1132).

The Philadelphians: No meeting in August. We usually meet on the first Sunday of the month at 11 a.m. in Clubhouse II by the fireplace. If you were born, raised, went to school or lived in Philly, you are welcome to join us.

Quilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Aug. 10.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: On Wednesday, Aug. 16, Beth Leanza leads a discussion of "There Will Come Soft Rains" by Ray Bradbury. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).



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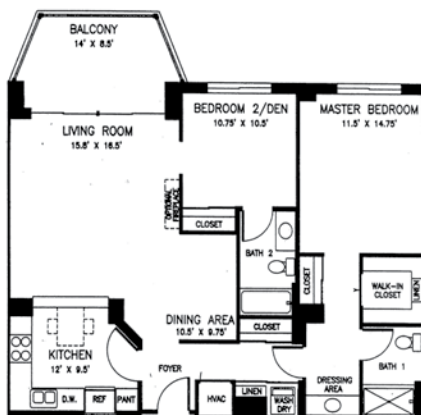


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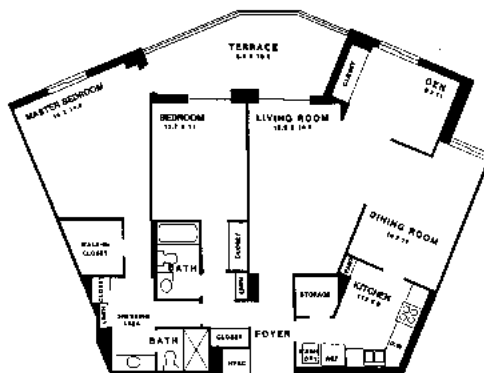


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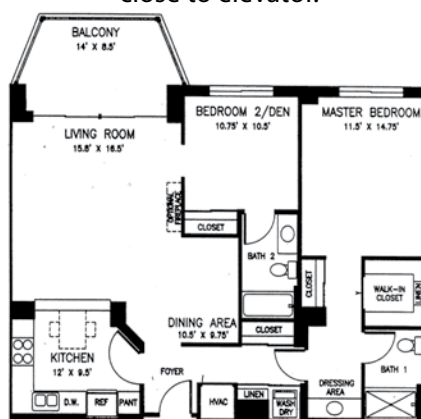
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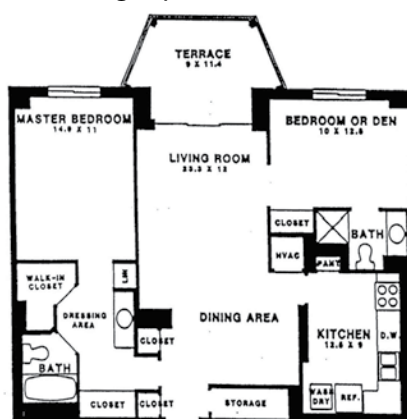
"C" Model - Vantage - \$219,000
2 BR, 2 FB, 1090 sq. ft. Golf course view.
close to elevator.



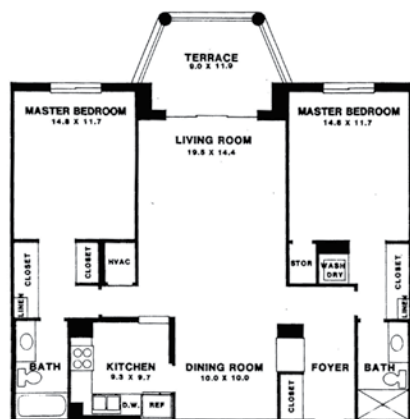
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2 BR, 2 FB + den/library, 1480 sq. ft.
Garage space included.



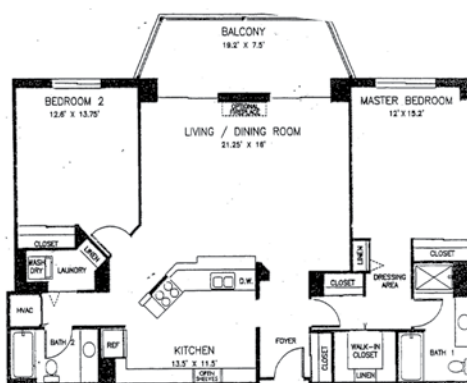
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2 BR, 2 FB, 1090 sq. ft. Table space kitchen,
move-in condition, golf course view.



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2 BR, 2 BA, 980 sq. ft. Freshly painted and
new carpet.

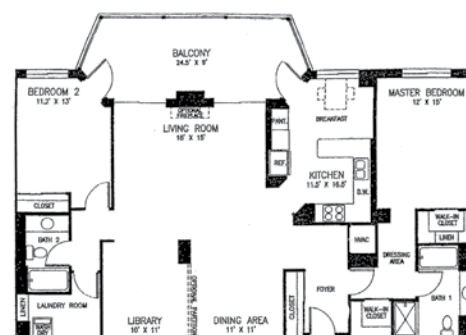


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2 BR, 2 BA, 1195 sq. ft. Freshly painted,
new carpet and garage space included.

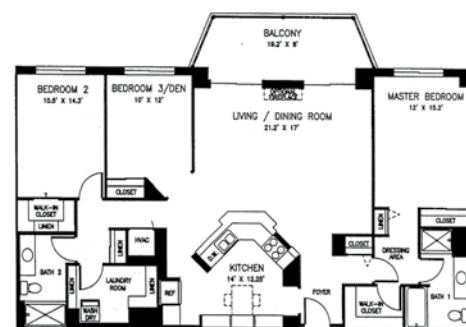


"QQ" Model - Vantage W - \$289,000
2 BR, 2 BA, 1335 sq. ft. Table space kitchen,
separate laundry room.

COMING SOON



"Q" Model - Overlook - \$425,000
2 BR, 2 BA, den/library, 1520 sq. ft.
Like a model, hwd flrs, ceramic in enclosed
balcony, stainless appli, cherry cabinets, golf
course view, many extras & upgrades.



"JJ" Model - Overlook - TBD
3 BR, 2 FB, 1560 sq. ft. Hardwoods, enclosed
balcony + terrace overlooking golf course.



"S" Model - Fairways - TBD
2 BR, 2 BA, den/library, 1460 sq. ft.
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SPORTS, GAMES & Scoreboards

■ Tennis Club

Picnic and Tennis Drills

by Alfonso Holston and Phil Wendkos

On Saturday, Aug. 5, the Club's annual picnic is held from 12:30-2:30 p.m. at Olney Recreational Park.

On Sunday, Aug. 13, at 3:30 p.m. come join other tennis players for tennis drills given on the tennis courts by a professional tennis instructor. The cost of the session is \$10 per person and limited to eight players. Contact Natalie Brodsky at (301-598-2813) to make reservations.

After taking the lessons, come out to round robin and advance play sessions. Round robin takes place on Tuesdays from 9:30-11 a.m. and on Fridays from 9-10:30 a.m. Advance play is on Sundays, Wednesdays and Thursdays from 9:30-11 a.m.

The Value of Playing Tennis

The Tennis Club is bonded together with one uniform purpose: to maintain or improve our skills as we age gracefully at Leisure World. The Club includes about 80 members in all. The majority of us play in the mornings – Sundays through Fridays – from April through October, if the weather permits. Usually two sets are sufficient,

playing doubles against the other two partners.

Some arrive at the courts by 8 a.m., and most at 9:30 a.m. for serious but friendly matches. Sometimes we are critical of one another or of ourselves because of unforced errors or lack of focus. But more often we are elated and feel like children when we make good and clever shots.

There is an intrinsic social value in playing tennis with others since it affords us all an opportunity to cooperate and team with one another.

Tennis is an excellent way of maintaining our weight and physical dexterity through exercise. Some of our regular players are in their nineties. During and following the sets, we joke around and enjoy one another's company. If we wake up in a bad mood, we quickly turn our gloom into fun. Over the years, we have formed great relationships and friendships. We are all interconnected on line.

For more information about Tennis Club, contact president Sue Sandler at (suesandler@comcast.net), Sue Weiss at (weissjs2@gmail.com) or Al Holston at (ljgbmwg@gmail.com).

Aces at the 8th

by Stacy Smith, Leisure World News

Pat Lyddane and Connie Park, both members of the 18-Hole Ladies Group, each recently sunk a hole-in-one at the golf course's 8th hole, a par-3.

The shots were each woman's first hole-in-one at Leisure World. Lyddane and Park have more than 50 years of combined playing experience, but neither admits to being an exceptional golfer.

"Just lucky," Park said.

"I'm not a very good golfer but miraculously, I

hit it, and the ball disappeared into the hole," Lyddane said.

According to Lyddane, president of the 18-Hole Ladies Group, the last member to make a hole-in-one shot was the late Wilma Kennedy in 2003.



Pat Lyddane, left, and Connie Park. Photos by Leisure World News

■ Golf Club

Golf Results

Compiled by Rita Molyneaux

July 11, 2017

9-Hole Results

Step Aside Scramble

1. Marylee Amato, Marilyn Zeiberg, Ruth Cought, Shirley Gilmore, 42

2. Alice Parker, Kazue Waller, Lenore Conenello, Janet Danziger, 44*

*Match of cards

July 10, 2017

MISGA State Championship

Qualifying Round at Norbeck

A Flight – 3rd Low Net, Mark Parker

B Flight – 2nd Low Net, Hank Weiss

C Flight – 2nd Low Gross, Doug Brasse, 2nd Low Net, Joe Powell

D Flight – 3rd Low Gross, Sperry Storm

2nd Low Net, Joe

Boland

July 12, 2017

Leisure World Men

Flag Day

1. George Doboski, third hole complete

2. Joe Genovese, second hole green

3. (tie) Pete Porrello, second hole fairway

3. (tie) Mark Parker, second hole fairway

July 13, 2017

18-Hole Ladies

Flag Day

First Hole Fairway

1. Pam Mulcahy, 100 yards to green

2. Marylee Amato, 130 yards to green

3. Pat Lyddane, 260 yards to green

July 15, 2017

Men's Member Guest

Overall Winner

1st Net

Sperry Storm, Earl Miller, 54

1st Gross

Mike Makfinsky, Shin Muramoto, 68

2nd Net

Doug Allston, Sr., Doug Allston, Jr., 57

2nd Gross

Joe Crocetta, Tom Jackman, 71*

Closest To Pin

#8 – Doug Allston, Sr., 3' 7.75"

Long Drive #15

Red Tee Div. – Doug Allston, Jr.

White Tee Div. – Shin Muramoto

*Match of Cards (Back Score)

July 18, 2017

18-Hole Ladies

1st Round Championship

Mary Ellen Coffey, 50

Lois Falck, 52

Kay Heier, 52

Brenda Curtis-Heiken, 53

Ruth Cought, 55

Alice Paker, 57

Dee Smiley, 58

Arillian Navy, 59

Joan Sumner, 59

Mary Wells, 61

Shirley Gilmore, 63

Lenore Conenello, 66

Flo Merola, 77

Nickie Lopes, 90

Men's Tennessee Waltz

Tournament

1st – 115

Mark Parker

George Doboski

Dick Curtin

Bob J. Brown

2nd – 119

Kevin McMahon

Gene King

Joe Genovese

Pete Porrello

*Congrats to Mark Parker for his career round today of 67!

July 20, 2017

18-Hole Ladies

Two Lady Scramble

1st – 25

Nancy Ferdock

Patricia Lyddane

2nd – 27

K. C. Choi

Marylee Amato

No Vacation from Chess

by Bernie Ascher

Seemingly, nothing ever happens in August. Everybody goes on vacation. In European countries, governments close down for the full month. In Rome, the local population goes elsewhere and leaves the city entirely to tourists. It is a slow, hot month.

In the U.S, August is a slow news month. Congress is not in session. There are no national holidays to celebrate. It is too hot for Halloween costumes, Valentine candies, Easter eggs and even Santa Claus. It is too hot for serious work.

August is time for vacation; time for immersing oneself in water at beaches and swimming pools to cool down; time for smearing one's body with lotions to protect against the sun.

August is a quiet month. "Vacation" itself is a quiet word. It comes from the Latin word, vacare, which means free or open. It is also the origin of the words vacate, vacant, vacuum and vacation. (Where would English be without Latin?)

In the original Roman calendar, the month of August was called Sextilis because it was the sixth month of the year. After January and February were added to the calendar, it became the eighth month of the year.

At that time, the month had only 29 days. Two days were added, however, when Julius Caesar created the Julian calendar in 45 B.C., giving the month 31 days. The month was later renamed Augustus in honor of the first emperor of Rome, Caesar Augustus, and to recognize that many of his greatest triumphs occurred during the month.

Some historic events did take place in August. Most notable were the beginning of World War I (1914) and the dropping of atomic bombs on Japan toward the end of World War II (1945).

Joseph Priestley discovered oxygen (1774). Christopher Columbus sailed from Spain (1492). Thomas Edison patented the kinetograph (camera) (1897). Mona Lisa was stolen from the Louvre (1911) (and was recovered two years later).

The first telegraph message to circle the earth was sent by the New York Times (1911). Hawaii became the 50th State (1959). The Berlin Wall came into existence (1961). Martin Luther King Jr. made his "I Have a Dream" speech in Washington, D.C. (1963).

Throughout history, many famous people were born in August, including King Louis XVI, Napoleon Bonaparte, Fidel Castro, Queen Elizabeth, and Mother Theresa. Also born in August were Orville Wright, both explorers Lewis and Clark (Meriwether Lewis and William Clark) former U.S. Presidents Benjamin Harrison, Herbert Hoover, Lyndon Johnson, William Clinton and Barack Obama; and Sen. John McCain.

Many celebrities from sports (Cal Ripken,

Ted Williams, Roger Federer, Sonny Jurgensen); entertainment (Leonard Bernstein, Claude Debussy, Charles Boyer, Ingrid Bergman); literature (Leo Tolstoy, Herman Melville, Alex Haley) and business (Warren Buffett, Malcolm Forbes, Steve Case, George Soros) were also born in August.

Some famous people also died in August, including Marilyn Monroe, Elvis Presley, Babe Ruth, Neil Armstrong, Truman Capote, Alexander Graham Bell, Andrew Carnegie, Warren Harding, and Princess Diana.

At Leisure World, it is not too hot to play chess in August. Chess is played regularly in the air-conditioned comfort of Clubhouse II. In the game diagram on this page, it is White's turn to move. What is White's best move?

The answer follows this reminder that the Chess Club meets on Mondays, Wednesdays and Fridays from 1-4 p.m. in Clubhouse II. Membership is free. For further information, call president Bernie Ascher at (301-598-8577).

ANSWER: White captures Black's Pawn



at h7, double-checking the King. The Black King captures the White Pawn at h7, whereupon White's Queen moves to g7. Checkmate!

So, do not wait for the summer heat to subside. Do not wait for a more eventful August. Do not wait for the end of vacation. Play chess now!

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■ Tuesday & Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

Tuesday, July 11, 2017

North-South

Flight A

1. Diane Keiper – Ephraim Salins
2. Aaron Navarro – Sue Swift
3. Palma Seeger – Angela Riani
4. Ted Michos – Carole Ruth Cougnet

Flight B

2. Palma Seeger – Angela Riani

East-West

Flight A

1. Patti Anschutz – Robert Kerr
2. Gerald Lerner – Jerry Miller
3. Mildred Lieder – Nancy Gordon
4. Nadyne Cheary – Saul Penn

Flight B

1. Doug Brasse – Merrill Stern
2. Susan Weiss – Bernice Felix

Friday, July 14, 2017

North-South

1. Lillian Taylor – Leonard Taylor
2. Mel Schloss – Bob Kerr
3. Elly Gotkin – Angie Riani

East-West

1. Saul Penn – Lori Hegel
2. Steve Billstein – Jim Cowie
3. Susan Weiss – Sue Swift

Tuesday, July 18, 2017

North-South

Flight A

1. Saul Penn – Murat Berk
2. Donald Jacobs – Robert Catlett
3. Marcia Fletcher – Betti Goodman
4. Temma Kanowith – Lewis Gold

Flight B

1. Marcia Fletcher – Betti Goodman
2. Marilyn Rubinstein – Stanley Rosen

East-West

Flight A

1. Ted Michos – Carole Ruth Cougnet
2. Robert Kerr – Lorraine Hegel
3. Norman Salenger – Doris Perschau
4. Ephraim Salins – Bernice Felix

Flight B

2. Ephraim Salins – Bernice Felix

Friday, July 21, 2017

North-South

1. Joann Quinn – Betty Brawley
2. Lewis Gold – Arthur Podolsky
3. Diane Keiper – Ephraim Salins
4. Marilyn Rubinstein – Stan Rosen

East-West

1. Mel Schloss – Bob Kerr
2. Shirley Light – Rosmarie Sutor
3. Douglas Brass – Abigail Murton
4. Aaron Navarro – Patricia Haggerty

■ Wednesday Night Chicago Bridge

Compiled by Doug Brasse

June 28, 2017

1. Abigail Murton, Doug Brasse
2. Ann Boland, Joe Boland
3. Joyce Fischer, Joan Thomas
4. Joan Joyce, Le Loy Cottrell

July 5, 2017

1. Virginia Pace, Joanne Bland
2. Anna Pappas, Bob Bridgeman
3. Sally McGowan, JoAnn Gellman
4. Joyce Fischer, Joan Thomas

July 12, 2017

1. Abigail Murton, Doug Brasse
2. Ann Boland, Joe Boland
3. Bruce McKay, Jack Looney
4. Marcia Fletcher, Monroe Fletcher
5. Dottie Hurley, Dottie Donnelly

July 19, 2017

1. Abigail Murton, Doug Brasse
2. Dottie Hurley, Dottie Donnelly
3. Joyce Riseberg, Dick Riseberg
4. (tie) Sylvia Forman, Barbara Hollrah
4. (tie) Joyce Fischer, Joan Thomas

■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

July 13, 2017

Game cancelled. No scores.

July 20, 2017

1. LaVerne Pychock, 4,610
2. Jackie Harrell, 4,580
3. Penny Dolinger, 3,640

■ Friday Bridge

Compiled by Betti Goodman

July 7, 2017

1. Syd Puteska, 3,280
2. Bill Cave, 2,470
3. Shirley Rosenhaft, 2,110
4. Gloria Kitzler, 1,900

July 14, 2017

1. Barbara Marcus, 3,810
2. Syd Puteska, 3,320
3. Mort Faber, 3,260
4. Ray Kurlander, 3,160

■ Duplicate Bridge Club

Introduction to Duplicate Bridge, Part 2

by Jerry Miller

The Duplicate Bridge Club holds a second free mentored duplicate bridge game on Thursday, Aug. 31, at 6:45 p.m. in the Clubhouse I Crystal Ballroom.

The first session had a great turnout of 43 people who all enjoyed the experience. They are invited to return to this second session, together with any bridge players who missed the first one and want to experience duplicate bridge. A passing knowledge of bridge is required.

As a reminder, duplicate bridge is a variation of contract or rubber bridge. It is called duplicate because the same bridge hands are played at each table with scoring based on relative performance.

The competition is with the others playing the same cards, so it makes little difference

whether you get good or poor hands, as your competitors hold the same cards. In this way, the element of skill is emphasized over luck.

Final scores are calculated by comparing each pair's result with other pairs who played the same hands.

As with the first session, experienced duplicate bridge players will be present as mentors to answer questions and provide assistance in the bidding and play.

After all the hands have been played, a print-out showing the hands you just played will be available for you to take with you and study.

Bring a partner if possible, but if you come alone, we will try to match you up with one.

To help in planning, RSVP to either Nadyne Cheary at (slamfan105@aol.com) or Aaron Navarro at (abn123 at netzero.net).

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Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kiddy, Boston Time, Rise and Fly all mean? If you like the game Bid Whist and would like to play one day per week, contact Jessie at (314-374-4501).

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne at (301-598-5677).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Mah Jongg: Want to learn how to play Mah Jongg? Call (301-598-3438).

Pinochle Players: If you enjoy pinochle, join us at Clubhouse II on Monday evenings, 6:30-8:30 p.m. Call us at (301-775-7238) or (301-598-7064).

Poker:

• A few poker game openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Poker players wanted** for all variations of poker, with or without wild cards. Come by Clubhouse II Tuesdays and Thursdays at 7:15 p.m. and play until 10 p.m. Spend an enjoyable night with a bunch of good people. Call Andy at (240-558-4787).

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free, at your leisure, to work on it.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White at (301-438-7892) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Indoor Pool Volleyball: Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.

Mind-Body Exercise Club: Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes, club president, at (301-847-6943).



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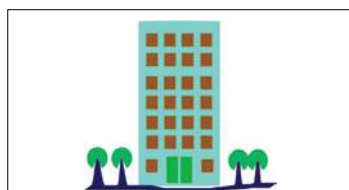
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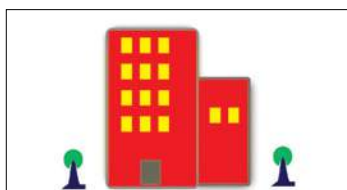
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COMING SOON! \$160K

The Fairways "E" Model
2BR, 2FB, fresh paint, new carpet, kitchen updates, overlooking the fountain!



COMING SOON! \$275K

The Greens "M," Garage Space
3BR, 2.5BA, large enclosed balcony, fresh paint, carpet & more updates underway, 1530 sf!



JUST LISTED! \$400K

The Overlook "M," Garage Spc.
Luxury 3BR, 2FB, gas fireplace & heat, balcony w/ tree-top view, fresh paint, extra storage!



LISTING UNDER CONTRACT! \$334,900

The Greens "L" Model + Gar
3BR, 2FB, superb kit & BA renov, granite & stainless, all season sunroom/upgraded HVAC!



LISTING UNDER CONTRACT! \$425K

"Barstow A" Patio Home
3BR, 2FB + sitting rm & sunroom, updated kitchen, 2-car garage, close to Norbeck gate, 1500 sf!



LISTING JUST SOLD! \$99K

"Hampton" Co-op Apartment
2BR, 1FB, full-size w/d in unit, all utils incl in monthly fee, assigned parking!



LISTING JUST SOLD! \$173K

The Overlook Hi-Rise "A"
Luxury 1BR, 1.5 BA, table-space kitchen w/window, gorgeous view, garage space!



BUYER JUST SOLD! \$365K

Turnberry Courts "W" Model
2BR + den, 2FB, almost 1500 sf, golf course views, enclosed balcony, garage space!



LISTING JUST SOLD! \$389K

Easton Patio Home
Twin owner's suites, 2FB, table space kit, fabulous, sunroom w/ green view, two car garage!



LISTING SOLD! \$715K

Regency "Oak Hill" Model
Stunningly updated 4BR, 3FB, two lvs, HWDs, 2-car gar, backs to treed area!

CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.*****

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

NEW – ¡Habla Conmigo! Beginners Conversational Spanish, a CLL class: This class is for those who want to learn (or relearn) Spanish, and is taught by resident Judy Frumkin. The class is based on conversation and culture, although some grammar will be covered. Topics to be covered include: pronunciation and comparison with Spanish and English, greetings and farewells, family members, household objects, activities and actions, numbers, telling time, description using personal characteristics and colors, health, dates, the body and weather.

Class meets Tuesdays, Sept. 5-Nov. 28 (no class on Nov. 14), 10-11 a.m. Recommended textbook: "Spanish is Fun: Book 1," available used on Amazon. The course is limited to 25 students. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL), visit (www.cllmd.com)

EXERCISE

NEW – Move It or Lose It: Enjoy dancing to the rhythm of a beat? These aerobic exercises will keep you moving and up on your feet.

Movements are designed to promote cardiovascular health while having fun. Warm up

and cool down are designed to strengthen and tone.

Questions? Contact Betty Smith, Certified Group Exercise Instructor, at (301-598-4245).

Class meets Wednesdays, Aug. 30-Oct. 4, 4-5 p.m. **Fee: \$29. Register at Clubhouse II.**

NEW – Ba Duan: This is the world's oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

Limited enrollment. Class meets Mondays, Aug. 21-Oct. 30, 4-5 p.m. **Fee: \$15. Register at Clubhouse II.**

NEW – Chair Yoga with Robin, Wednesdays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits are discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of

Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, Aug. 30-Nov. 8 (no class Sept. 20, 27, or Oct. 25), 2-3 p.m. **Fee: \$100. Register at Clubhouse II.**

Tai Chi for Essential Tremor (ET): Essential tremor is associated with hand, limb, head and voice tremor, and may also affect balance, mobility and daily function. Tai chi for ET is a program focused, specifically, on reducing complications related to ET by increasing balance, calming the body/reducing stress, and increasing functional mobility.

This class is intended for individuals with ET and their spouses or caretakers. It is led by T. Sean Vasaitis, PhD, MS EHS. Vasaitis has been studying tai chi for nearly 20 years. He has taught tai chi at the UM Center for Integrative Medicine since 2005, and directs the Alternative Medicine course at the University of Maryland Eastern Shore School of Pharmacy. He holds degrees in both Pharmacology and Exercise and Health Studies, and focuses on the integration of traditional and modern approaches to health care. His research interests include the mechanisms by which exercise, mind-body medicine, and complementary therapeutics affect mobility and metabolic function.

Class meets Fridays and Sundays, Aug. 4-Nov. 13 (no class Sept. 1, 3, 8 or 10), 3-4 p.m. **Fee: \$15. Register at Clubhouse II.**

Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights

and work at your own pace.

Class meets Mondays (w/ Shirley), Aug. 7-Sept. 18 (no class Sept. 4), and Thursdays (w/Sue), Aug. 10-Sept. 14, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Aug. 8-Sept. 12, and Wednesdays, Aug 9-Sept. 13, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Zumba Gold with Denny – Mondays or Fridays: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Aug. 28-Oct. 9 (no class Sept. 4), 10:30 a.m. or Fridays, Sept. 1-Oct. 6, 1 p.m. **Fee: \$40 for one day; \$75 for two days. Register at Clubhouse II.**

Gentle Yoga – Wednesdays and Saturdays with Marilyn: Yoga is a holistic system that combines movement, posture, breath, and relaxation techniques to improve overall health and well-being physically, mentally, and spiritually. A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide skills to cultivate a peaceful mind in the face of life's stresses and challenges. This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner.

Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class.

Class meets Wednesdays, Aug. 16-Oct. 4 and/or Saturdays, Aug. 19-Oct. 7, 9-10 a.m. **Fee: \$64/1 day, \$120/2 days per week. Register at Clubhouse I.**

Gentle Yoga – Thursday Evenings: End your day the yoga way. Research has shown that yoga practice can improve digestion and enhance your ability to have a good night's sleep. A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide skills to cultivate a peaceful mind in the face of life's stresses and challenges.

This class, led by Marilyn Dixon, is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class.

Class meets Thursdays, Aug. 17-Oct. 5, 6-7 p.m. **Fee: \$64. Register at Clubhouse I.**

Line Dance with Wendy:

This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, Aug. 7-Sept. 25, from 2-2:55 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$32 per session. Register at Clubhouse II.**

Chair Yoga with Robin,

Mondays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training

introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, Aug. 7-Oct. 16 (no class Sept. 4 or 25), 2-3 p.m. **Fee: \$100. Register at Clubhouse II.**

WATER EXERCISE

Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Aug. 8-Sept. 12, and Thursdays, Aug. 10-Sept. 14, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

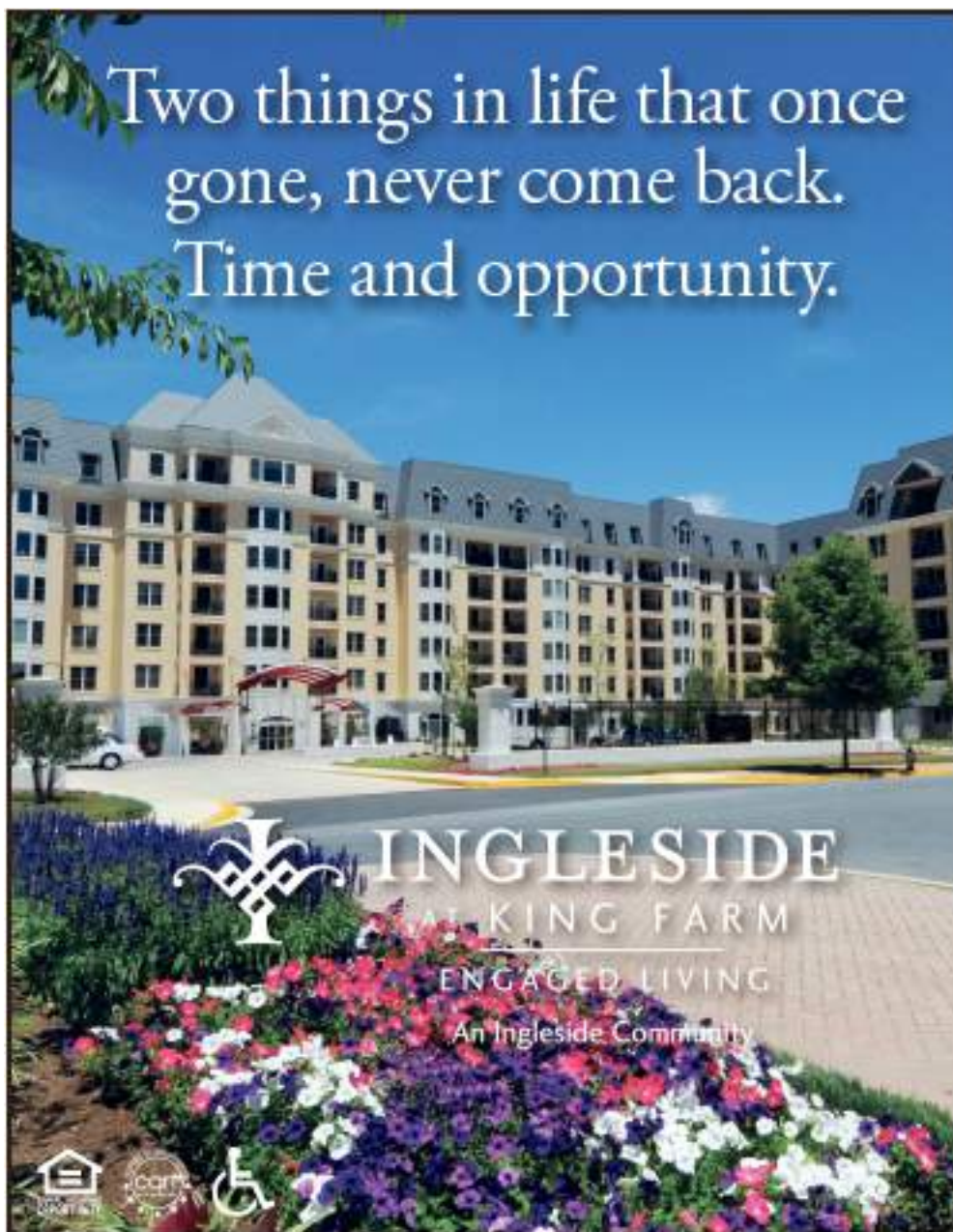
Non-impact Fusion with

Beth: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Aug. 8-Sept. 12, and Thursdays, Aug. 10-Sept. 14, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics will be done in the lap pool for 30 minutes, focusing on cardio and strength. The class will then move to the social warm water pool and finish up with yoga stretches that will focus on balance and posture.

Class meets Wednesdays, Aug. 9-Sept. 13, 1-2 p.m. **Fee: \$36, 1 day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.**



Two things in life that once gone, never come back.
Time and opportunity.

INGLESIDE
AT KING FARM
ENGAGED LIVING
An Ingleside Community

At the bottom left of the advertisement, there are three circular icons: a house, a person in a wheelchair, and a person with a cane.

It's time to discover the retirement you deserve. It's time to enjoy a vibrant, fulfilling lifestyle with the security of on-site health services and complete peace of mind for the future. Introducing *Gardenside*, Ingleside at King Farm's upcoming addition. An engaging community for those 62 or better who are planning for a vibrant and secure future. Discover the future you've planned—and the opportunity you've earned!

Call us while you can still take advantage of Charter Club benefits and availability!

Reservations are now being accepted!
Call 240-398-3846

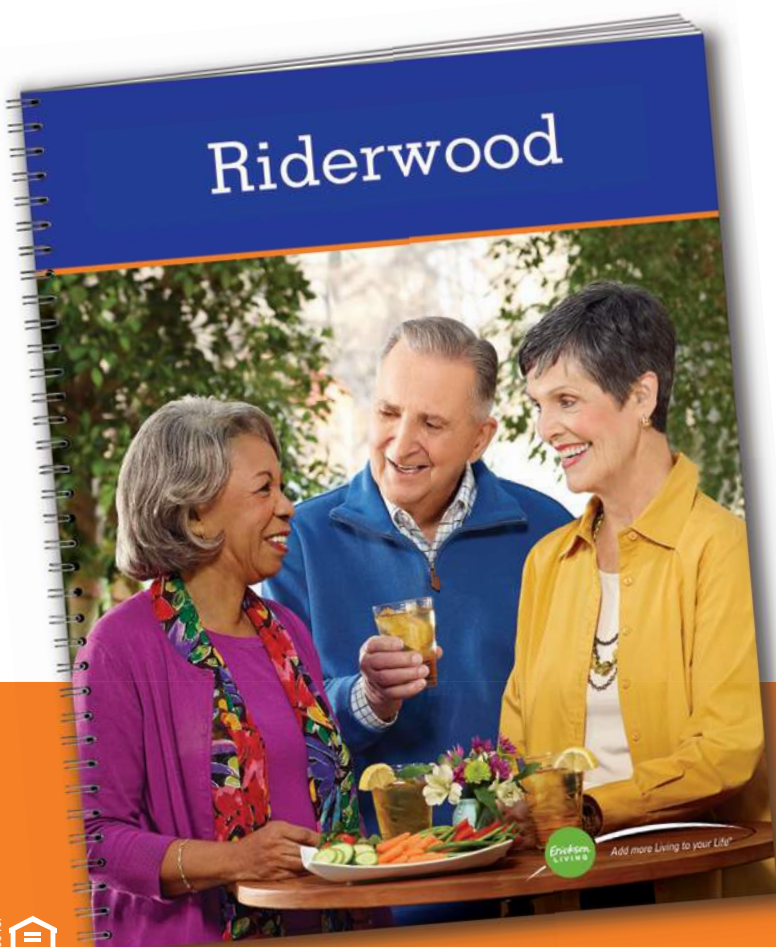
Ingleside at King Farm is a CARF accredited, not-for-profit, continuing care retirement community.

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www.inglesidekingfarm.org

Ingleside at King Farm is expanding with the proposed building of 125 new independent living apartments, 32 private assisted living memory support suites, and a Center for Healthy Living, subject to approval by the Maryland Department of Aging.

Get the facts about **ACTIVE RETIREMENT LIVING** at Riderwood.

The comprehensive Riderwood brochure is packed with the crucial information you need—and the exciting details you want—about carefree senior living at Silver Spring's premier continuing care retirement community.



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FREE 38-PAGE BROCHURE
written by the retirement experts.

CALENDAR *of Events*

Friday, August 4

Clubhouse I

12:15 p.m. Kiwanis Club
1:30 p.m. Any Level Watercolor Class
3:00 p.m. Hispanos de LW: Games
7:00 p.m. Friday Duplicate Bridge

Clubhouse II

1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club

Saturday, August 5

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
10:00 a.m. American Needlepoint
Guild Meeting

Clubhouse II

9:15 a.m. JRLW Service
2:00 p.m. Going It Alone: Bingo &
Video

Sunday, August 6

Clubhouse I

Have a Happy Day

Clubhouse II

3:00 p.m. Tai Chi for Essential
Tremor Class
6:30 p.m. Baby Boomers: Game Night

Monday, August 7

Clubhouse I

9:15 a.m. Stretch & Tone Class
10:30 a.m. Beginner Stretch & Tone
Class
1:00 p.m. Paintbrush & Knife Class
1:00 p.m. CLL General Meeting
1:30 p.m. LW Chorale

Clubhouse II

7:00 p.m. Bingo
9:00 a.m. Senior Sneakers Class
10:00 a.m. Clipper Workshop
10:30 a.m. Zumba Gold Class
12:30 p.m. Men's Bridge
1:00 p.m. Chess Club
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class

Tuesday, August 8

Clubhouse I

9:30 a.m. Any Medium Art Class
9:30 a.m. Garden Plot Group
11:30 a.m. Ladies Golf Lunch
1:00 p.m. Watercolor Techniques Class
1:00 p.m. Amateur Radio Club
2:00 p.m. Book Club Network
5:00 p.m. Lawn Bowls Club
7:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginner/Advanced Tai Chi
Class
11:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water
Class
1:30 p.m. Comedy & Humor Club

Wednesday, August 9

Clubhouse I

10:00 a.m. Express Yourself Art Class
1:00 p.m. Diabetes Prevention Class
1:00 p.m. Oils & Acrylics Class

1:00 p.m. Low Vision Support Group

1:30 p.m. Patients Rights Group

1:30 p.m. Men's Golf Lunch

6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class

1:00 p.m. Chess Club

1:00 p.m. Ping Pong Club

1:00 p.m. Aqua Fit Class

1:30 p.m. Stroke Support Group

2:00 p.m. Chair Yoga Class

4:00 p.m. Move It or Lose It Class

Thursday, August 10

Clubhouse I

9:15 a.m. Stretch & Tone Class
10:30 a.m. Beginner Stretch & Tone
Class
10:00 a.m. Painting for Everyone
Class

11:00 a.m. Writers Workshop

12:30 p.m. Ladies Bridge

1:00 p.m. Oils & Acrylics Class

1:00 p.m. Ladies Golf Lunch

2:00 p.m. NA'AMAT Tea

5:00 p.m. Lawn Bowls Club

Clubhouse II

9:00 a.m. Senior Sneakers Class

9:30 a.m. Beginner/Advanced Tai Chi

Class

9:30 a.m. Quilters Group

11:00 a.m. Water Exercise Class

12:30 p.m. Men's Bridge

1:00 p.m. Non-impact Fusion Water

Class

4:00 p.m. Model Railroad Club

Friday, August 11

Clubhouse I

1:30 p.m. Any Level Watercolors Class

4:00 p.m. Hispanos de LW Movie:

"Clandestine Childhood"

7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Chinese Club

1:00 p.m. Ping Pong Club

1:00 p.m. Chess Club

1:00 p.m. Zumba Gold Class

1:00 p.m. Friday Bridge Club

Saturday, August 12

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
Clubhouse II
9:15 a.m. Shabbat Services
2:00 p.m. Going It Alone Club: Bingo
7:00 p.m. Sandy & Richard Riccardi
Comedy Cabaret

Sunday, August 13

Clubhouse I

Have a Happy Day

Clubhouse II

Have a Happy Day

Monday, August 14

Clubhouse I

9:15 a.m. Stretch & Tone Class
10:30 a.m. Beginner Stretch & Tone
Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
7:00 p.m. Bingo

Clubhouse II

10:30 a.m. Zumba Gold Class
12:30 p.m. Men's Bridge

Dial 301-598-1313

for recorded Daily Events

Meetings of the LWCC Board of Directors,
Executive Committee and Advisory Committees

Budget and Finance Aug. 16, 10:00 a.m., Clubhouse II	Leisure World News Aug. 17, 10:00 a.m., Clubhouse I
Community Planning Aug. 14, 9:30 a.m., Clubhouse I	Physical Properties Aug. 8, 9:30 a.m., Clubhouse II
Energy Aug. 15, 9:30 a.m. Clubhouse I	Restaurant Aug. 21, 10:00 a.m., Clubhouse I
Golf and Greens Aug. 4, 9:30 a.m., Clubhouse I	Security and Transportation Aug. 10, 9:30 a.m., Clubhouse I
Landscape Aug. 10, 9:30 a.m., Clubhouse II	Special Strategic Planning Aug. 9, 2:00 p.m., Sullivan Room Aug. 16, 2:00 p.m., Sullivan Room
LWCC Executive Committee Aug. 18, 9:00 a.m., Sullivan Room The meeting airs on Aug. 23, 24 and 25 at 4 p.m. and 7 p.m. on channel 974.	
LWMC Board of Directors Aug. 29, 9:30 a.m., Clubhouse I The meeting airs on Sept. 4, 6 and 8 at 4 p.m. and 7 p.m. on channel 974.	

Leisure World Mutual Meetings

August 8 Mutual 16 Board 9:30 a.m., Sullivan Room Mutual 19A Board 9:30 a.m., Clubhouse II Mutual 7 Board 1:00 p.m., Sullivan Room	August 15 Mutual 14 Board 9:30 a.m., Sullivan Room Mutual 13 Board 1:30 p.m., Sullivan Room
August 9 Mutual 11 Board 9:30 a.m., Sullivan Room	August 16 Mutual 5 Board 9:30 a.m., Sullivan Room
August 10 Mutual 12 Board 1:00 p.m., Sullivan Room	August 17 Mutual 15 Board 9:30 a.m., Sullivan Room

Meeting times and locations subject to change.

1:00 p.m. Chess Club Class

2:00 p.m. Chair Yoga Class

2:00 p.m. Line Dance Class

3:00 p.m. Line Dance Class

4:00 p.m. Ba Duan Class

Tuesday, August 15

Clubhouse I

9:00 a.m. Blood Pressure Testing
9:30 a.m. Any Medium Art Class
1:00 p.m. Watercolor Techniques
Class
1:00 p.m. Amateur Radio Club
2:00 p.m. Book Club Network
5:00 p.m. Lawn Bowls Club
7:00 p.m. Duplicate Bridge
7:00 p.m. Trivia Group

Clubhouse II

9:30 a.m. Beginner/Advanced Tai
Chi Class
11:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water
Class

1:30 p.m. Comedy & Humor Club

6:15 p.m. Move to the Beat Class

7:00 p.m. Vegetarian Society

Wednesday, August 16

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Express Yourself Art Class
11:00 a.m. Short Story Group
1:00 p.m. Diabetes Prevention Class
1:00 p.m. Oils & Acrylics Class
1:00 p.m. Maryland Interclub
Seniors Golf Association Lunch
6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class
4:00 p.m. Move It or Lose It Class

Thursday, August 17

Clubhouse I

9:00 a.m. Interfaith School Supplies
Drive

9:15 a.m. Stretch & Tone Class
 10:00 a.m. Painting for Everyone
 10:30 a.m. Beginner Stretch & Tone Class
 11:00 a.m. Writers Workshop
 12:30 p.m. Ladies Bridge
 1:00 p.m. Oils & Acrylics Class
 1:30 p.m. Any Level Watercolors Class
 2:00 p.m. Book Club Network
 5:00 p.m. Lawn Bowls Club
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 9:30 a.m. Beginner/Advanced Tai Chi Class
 10:00 a.m. Stitchers Group
 11:00 a.m. Water Exercise Class
 12:30 p.m. Men's Bridge Club
 1:00 p.m. Facebook Class
 1:00 p.m. Movie: "Florence Foster Jenkins"
 1:00 p.m. Non-impact Fusion Water Class
 2:00 p.m. Mind-Body Exercise Club
 4:00 p.m. Model Railroad Club
 6:00 p.m. Garden Plot Potluck Dinner

Friday, August 18

Clubhouse I
 10:00 a.m. Book Club Network
 12:15 p.m. Kiwanis Club
 1:30 p.m. Any Level Watercolor Class
 3:00 p.m. Hispanos de LW
 6:00 p.m. Café AIM: Thad Wilson Jazz Orchestra
 7:00 p.m. Friday Duplicate Bridge
Clubhouse II
 10:00 a.m. Chinese Club

1:00 p.m. Ping Pong Club
 1:00 p.m. Chess Club
 1:00 p.m. Zumba Gold Class
 1:00 p.m. Friday Bridge Club
 7:30 p.m. Gilbert & Sullivan Society Production: "The Sorcerer"

Saturday, August 19

Clubhouse I
 10:00 a.m. Open Art Studio
Clubhouse II
 9:15 a.m. Shabbat Services
 2:00 p.m. Going It Alone: Video
 7:30 p.m. Gilbert & Sullivan Society Production: "The Sorcerer"

Sunday, August 20

Clubhouse I
 Have a Happy Day
Clubhouse II
 2:00 p.m. Gilbert & Sullivan Society Production: "The Sorcerer"
 3:00 p.m. Tai Chi for Essential Tremor Class

Monday, August 21

Clubhouse I
 9:15 a.m. Stretch & Tone Class
 9:45 a.m. AARP Driving Course
 10:30 a.m. Beginner Stretch & Tone Class
 1:30 p.m. Book Club Network
 1:30 p.m. LW Chorale
 6:00 p.m. LW Lions Club
 7:00 p.m. Bingo
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 10:30 a.m. Zumba Gold Class
 12:30 p.m. Men's Bridge
 1:00 p.m. Chess Club
 2:00 p.m. Chair Yoga Class

2:00 p.m. Line Dance Class
 3:00 p.m. Line Dance Class
 4:00 p.m. Ba Duan Class

Tuesday, August 22

Clubhouse I
 2:00 p.m. Book Club Network
 5:00 p.m. Lawn Bowls Club
 7:00 p.m. Trivia Group
 7:00 p.m. Duplicate Bridge
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 9:30 a.m. Beginner/Advanced Tai Chi Class
 10:00 a.m. LW Apple Club
 11:00 a.m. Mild Exercise Class
 11:00 a.m. Water Exercise Class
 12:30 p.m. Scrabble Group
 1:00 p.m. Non-impact Fusion Water Class
 1:30 p.m. Comedy & Humor Club
 7:00 p.m. Vegetarian Society
 7:00 p.m. Camera Club

Wednesday, August 23

Clubhouse I
 9:00 a.m. Gentle Yoga Class
 1:00 p.m. Diabetes Prevention Class
 6:45 p.m. Chicago Bridge
Clubhouse II
 11:00 a.m. Mild Exercise Class
 1:00 p.m. Chess Club
 1:00 p.m. Ping Pong Club
 1:00 p.m. Aqua Fit Class
 2:00 p.m. Chair Yoga Class
 4:00 p.m. Move It or Lose It Class

Thursday, August 24

Clubhouse I
 9:15 a.m. Stretch & Tone Class

10:30 a.m. Beginner Stretch & Tone Class
 12:30 p.m. Ladies Bridge
 5:00 p.m. Lawn Bowls Club
 6:00 p.m. Gentle Yoga Class
Clubhouse II
 9:00 a.m. Senior Sneakers Class
 9:30 a.m. Beginner/Advanced Tai Chi Class
 9:30 a.m. Quilters Group
 11:00 a.m. Water Exercise Class
 12:30 p.m. Men's Bridge
 1:00 p.m. Non-impact Fusion Water Class
 2:00 p.m. Mind-Body Exercise Club

Friday, August 25

Clubhouse I
 3:00 p.m. Hispanos de LW
 6:30 p.m. Golf: Twilight Dinner
 7:00 p.m. Friday Duplicate Bridge
Clubhouse II
 10:00 a.m. Chinese Club
 1:00 p.m. Ping Pong Club
 1:00 p.m. Chess Club
 1:00 p.m. Friday Bridge Club
 1:00 p.m. Zumba Gold Class
 3:00 p.m. Tai Chi for Essential Tremor Class

Saturday, August 26

Clubhouse I
 9:00 a.m. Gentle Yoga Class
 7:00 p.m. Ballroom Dance Club
Clubhouse II
 9:15 a.m. JRLW Religious Service
 2:00 p.m. Going It Alone: Bingo, Video
 4:30 p.m. The Fabulous Hubcaps
 7:00 p.m. The Fabulous Hubcaps

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MHIC #41515

Sunday, August 27**Clubhouse I**

Have a Happy Day

Clubhouse II

10:30 a.m. Jewish Discussion Group
2:00 p.m. Movie: "Hello, My Name is Doris"
3:00 p.m. Tai Chi for Essential Tremor Class

Monday, August 28**Clubhouse I**

9:15 a.m. Stretch & Tone Class
10:30 a.m. Beginner Stretch & Tone Class
1:30 p.m. LW Chorale
7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class
10:30 a.m. Zumba Gold Class
12:30 p.m. Men's Bridge Group
1:00 p.m. Chess Club
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class

Tuesday, August 29**Clubhouse I**

5:00 p.m. Lawn Bowls Club
5:00 p.m. Crab Feast
7:00 p.m. Trivia Group
7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginner/Advanced Tai Chi Class
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Class

1:30 p.m. Comedy & Humor Club
6:00 p.m. Camera Club: Open House

Wednesday, August 30**Clubhouse I**

9:00 a.m. Gentle Yoga Class
10:00 a.m. Basic Photography Class
1:00 p.m. Diabetes Prevention Class
1:00 p.m. Maryland Interclub Seniors Golf Association Lunch

2:00 p.m. Book Club Network
6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
2:00 p.m. Chair Yoga Class
4:00 p.m. Move It or Lose It Class

Thursday, August 31**Clubhouse I**

9:15 a.m. Stretch & Tone Class
10:30 a.m. Beginner Stretch & Tone Class
12:30 p.m. Ladies Bridge
1:00 p.m. Ladies Golf Lunch
5:00 p.m. Lawn Bowls Club
6:00 p.m. Gentle Yoga Class

Clubhouse II

9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner/Advanced Tai Chi Class
12:30 p.m. Men's Bridge
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. JRLW Movie: "Let Yourself Go"
2:00 p.m. Mind-Body Exercise Club
7:00 p.m. Frank Plumer Jazz Trio

Friday, September 1**Clubhouse I**

12:15 p.m. Kiwanis Club
3:00 p.m. Hispanos de LW
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club

3:00 p.m. Tai Chi for Essential Tremor Class

Saturday, September 2**Clubhouse I**

9:00 a.m. Gentle Yoga Class
10:00 a.m. American Needlepoint Guild Meeting
Clubhouse II
9:15 a.m. JRLW Service
2:30 p.m. GIAC Social

**Kitchen & Bath Remodeling****301-598-8400***SERVING LEISURE WORLD SINCE 1988***Cabinetry, countertops, tile, custom carpentry.****Safety First- Tub to Shower Conversions.****Price match guarantee on all projects.****MHIC# 36674****Memory Care at Olney Assisted Living****Feels Like HOME**

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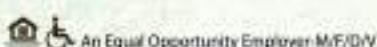
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THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. atticllc.com Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC - I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment Janet Ray (301-384-3198), (wishalot10@aol.com).

BEAUTIFUL ROLL-TOP DESK with matching wooden chair and a Kawai upright piano, bench and music. Both in excellent condition. Give us an offer we can't refuse. Also, a variety of items from an estate, kitchenware, china, some clothing. Drop by to see everything we're offering. Sale is Aug. 5 from 9:30 a.m.-3 p.m. at 15400 Bassett Lane # 1-D.

REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

THINKING OF SELLING your home or that of a relative? Call Sue Heyman of Weichert Realtors, Leisure World Plaza, community resident for over 13 years, Top 1% Nationwide, Senior & Relo Specialist, "Forward@50 Sponsor." 2016 has been a super year for real estate! Inventory is historically low. Days on the market for our community are less than one month. Prices are going up! Mid-year, I have already had 18 closings, with four additional properties under contract. As sellers, now is the time to take advantage of this fast-paced market. I know all the floor plans and how to price them. Tap into my experience, contractor

connections, and marketing to get the best price. My top-quality color brochures, multiple websites, staging techniques, and virtual tours display your home and our community at its best. Call for your free competitive market analysis, (ofc: 301-681-0550), (cell: 301-580-5556).

CAMBRIDGE PATIO HOME, 1225 sq. ft., 3 BDR, 2 baths, marble fireplace, new plush carpeting and floors, luxury custom verticals. Freshly painted, all done in cream and white. New recessed lighting and fans, all done on dimmers; electric outlets replaced. Screened porch – enjoy fox, deer, chipmunks and more in this rare private setting with your own gardens. This home was my mom's delight and now can be yours. \$249,900. Shown by appointment. moonbeampaps@yahoo.com or (479-997-5679). No agents, please.

FOR SALE

RAGDOLL KITTEN, registered, Makes a wonderful companion for your lap. Female, \$650. Contact (DiamondDollsoo7@yahoo.com), (479-997-5679).

ANTIQUE, Circa 1900. Victorian, high back, quartersawn oak bedroom set. Headboard is 54' wide and 80 inches long. In excellent condition. There is also a Door Chest Dresser - 47" inch. Asking \$1600.00 (obo) for both pieces. Call (301-598-0431); ask for Winnie.

NEW UNASSEMBLED U-SHAPE DESK: Realspace Broadstreet desk # 475994 with 92" length in cherry finish. \$250, check. Boxes located in Vantage Point West resident's storage. Call Woody's cell (832-660-8878).

FURNITURE - Dark brown vegan leather bar stools (2) \$100, Dining chairs (4) shabby chic \$300 set, oak and glass side table \$60, men's 21 speed bike \$50. Martin (561-305-2599).

NEW ROLLATOR WALKER, which was only used one time, for sale. Asking \$50. Contact Mab Cantril at (240-669-6436) if interested.

CEMETERY PLOTS

TWO PREMIERE PARKLAWN Cemetery plots. Located in Section 4, on top a gentle hill, in a quiet wooded setting, and near the Veirs Mill Road entrance. \$7,500 each or two for \$14,000. Call Doug (301-908-3220).

AUTO SALES

2004 LEXUS ES330, 4-door. Loaded with sunroof, heated

leather seats. One owner, like new. MD inspected. Only 112,000 miles. \$8,900. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2000 HONDA CIVIC 4-door, automatic, cold a/c. Timing belt and water pump just done, with receipt. Like new. MD inspected. ONLY 37,400 miles. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2012 HONDA CIVIC LX SEDAN, automatic, silver-blue, gray fabric interior; 75K+ miles; new brakes, battery and tires. Excellent condition, a few dings on front bumper. \$10,000 or best offer. Available last week of September. LW resident: (301-288-7033).

2007 VOLKSWAGEN JETTA, Wolfsburg Edition, 4-door, 5-speed manual. Loaded: sunroof, leather, double black. One owner; like new. 64,000 miles. All service performed by Volkswagen dealer. \$7,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

AUTO SERVICES

ARE YOUR HEADLIGHTS YELLOW, dull and hazy? Have you noticed your headlights aren't as bright as they used to be? Does your car look older than it is? Repair. Don't replace. \$50 per car and we come to you. Replacing headlight assemblies can be very costly and in most cases unnecessary. Call Mr. Headlight, (301-370-6983). LW references available upon request.

YOUR CAR CONCIERGE: I will facilitate the maintenance for your car(s), from scheduling to taking the car in, waiting, and returning it to your doorstep. With years of experience, I will provide excellent service at a very reasonable hourly rate. Please call Paul Maloni at (301-385-4919).

TRANSPORTATION SERVICES

YOUR PERFECT DRIVER: Leisure World resident. Lifelong local native. Reliable, competent, friendly. Clean, roomy vehicle. To/from airports, doctors, anywhere, anytime. I'm driving your neighbors...I'm here for you.

Let's talk: Steven Saidman (301-933-8899).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 50 satisfied customers from Leisure World. Larry Kraft (240-743-8287).

HEALTH CARE SERVICES

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants."

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

ELDERLY CARE: Over 10 years experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

CNA, GNA, MEDICINE AIDE, elderly care. Over 10 years experience. Certified CPR, first aid. Reliable, responsible, loving and caring, respectful. Great references. Good driving record. Day or night shift. Call (301-275-8713).

AIDE ASSIST & CARE "Caring for Today for a Brighter Tomorrow." Licensed CNA, CMT, CPR/first aid, food handlers. Services: companionship, errands, dr. appts, cooking, cleaning and everyday care. No job is too big or too small. Please call for further details and pricing. (240-573-6184) E. Scott

CERTIFIED CNA/GNA in elderly care. Very caring. Drives. References available. Please call Florence (240-277-4053).

CNA –25 years experience. Loving, caring, reliable, looking for full or part-time work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

CNA/GNA, MED TECH. Looking for an experienced, caring, trustworthy and patient lady? You can have pieces of mind; I will handle the well being for your loved ones who need help. Please call Sylvie at (240-390-5396).

DEDICATED CNA, GNA and Med Tech with over 5 years experience. Available to work day shift and weekends. Also have own care. Contact Cornelius at (240-760-8301).

CNA, CPR, First Aid. 8 years experience. Available weekdays, day or night; weekends, nights. Reliable and punctual. Great references. Call Sharon at (240-447-6223).

CNA, MED TECH. Elderly care, over 15 years experience. Alzheimer's, dementia and Parkinson's certificate, CPR, first aid. Very reliable, responsible, loving and caring. Great references. Day or night. Run some errands and doctors' appointments. Have own care and good driving record. Have worked in Leisure World. Available immediately. Please call Connie (240-425-2221), (caconnie3@gmail.com).

GENERAL SERVICES

ALTERATIONS - 30 years experience in Leisure World! Men's & woman's garments picked up and dropped off at your convenience. Very competitive prices. Call Mimi (301-990-6468).

KITCHEN AND BATHROOM Remodeling - Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

SMALL JOBS WELCOME! Picture hanging, moving boxes, carpet stretching, assembling furniture (example: IKEA), adjusting bathroom fixtures, hanging curtain rods, resetting closet doors, general painting. Need something else? Please ask Jesse (301-747-5054).

FLOORED AT HOME CARPET sales, installation, repairs and buckle removal. Shop at home; we come to you! Family owned and operated; over 28 years experience. Call (240-626-5931) today for a free in home estimate. We are licensed and insured.

CONTINENTAL MOVERS. Local moving services. Free boxes. Local - long distance - hauling - pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain

independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55 yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

CLEANING SERVICES

R & G CLEANING SERVICES - Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES - Good references. Good rate. Once a week or every two weeks. (240-286-3807)

HOUSECLEANING - Sara (240-477-2104) will thoroughly clean your home for a fair price; all supplies included. I am one of Sara's satisfied customers. Call Jackie for references (301-598-3711).

HOUSE CLEANING - 22 years experience. Worked in LW for 10 years. Reliable, honest, great

references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean & dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

COMPUTER HELP

COMPUTER SERVICES - Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back up, and retrieve important data, photos, and music. Have served over 400 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER SERVICES: Has your computer been hacked? Printer or internet problems? Need help with software installation or data backup? Need help with your smartphone or iPads? Call John at (443-604-1421) or Dot at (301-678-



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COMPUTER LESSONS / SERVICES - Need help with your computer? Training, new computer setup, troubleshooting, installation. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos, tablets, smartphones, smart TVs, and more. Patient trainer will sit by your side and teach you in plain English - no technical talk! Shopping assistance for all electronic & computer items. Senior specialist since 1996. Senior discount. Call David at (301-762-2570). ComputerTutor

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll transfer your photos, slides, and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services (301-438-3140).

LICENSED BEAUTICIAN. It is my pleasure to give you haircuts, color and perms in your home. Reference available Please call Silvia, (240-277-0890).

DOG WALKING, CAT SITTING, birds. Daily drop-ins or vacations, overnights by mature animal lover with 10 years experience. Medication or insulin as needed. Call Eileen (301-442-3989).

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

HELP WANTED

DOG SITTER WANTED: A dog sitter is wanted for occasional short periods (a few days) and long (up to a month), for a 12-year-old, well behaved Papillon. Please call Phyllis, at (301-830-1727) for potential dates, etc. No cages, your house, we will provide the food.

RETAIL FLOORING SALES: FLOORMAX, the Metro area's largest independent flooring covering retailer, is seeking bright, organized and energetic inside and outside sales people for our flagship stores in Montgomery and Prince Georges county. Candidate must have a minimum of 3 years commissioned sales experience. Flooring experience preferred. A level of PC proficiency is required. Training provided as necessary. Company car and expenses provided for qualified candidate. FT & PT available. Please fax resume to (301-206-2270 attn: Joseph) or email (joseph@floormax.us.com).

VOLUNTEER OPPORTUNITIES

MUSICIANS WANTED! The Olney Concert Band offers an opportunity to play a variety of concert band music in a collegial environment. The band performs at local venues and at Maryland Community Band Day. So, dust off your brass or woodwind instrument, unpack your drumsticks and tambourine, and join in the fun. Rehearsals are on most Wednesday evenings at Blake High School, 7:30-9:30 p.m. No auditions required, but some band experience preferred. Visit www.olneyconcertband.org for more information.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client

who needs help with budgeting, paying routine bills and keeping track of financial matters. Interested volunteers should contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, 7 day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Training Course starts March 11. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

HELP A CHILD! In just 1-2 hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

NOTICES

KEEPING SENIORS SAFE - KSS. Morton A. Davis, coordinator and resident of Leisure World is available

to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

PRAYER CHANGES THINGS. You are invited to join "Hannah's Prayer Circle" here at LW. For more information, call Evangelist Connie Blake at (301-438-2667).

UPCOMING EVENTS

SENIOR CITIZENS DAY, Montgomery County Agricultural Fair, Tuesday, Aug. 15. Free admission for seniors age 62+ between 10 a.m. and 5 p.m. The fairgrounds are located at 501 Perry Parkway. Free parking and a free shuttle bus is available at the Lakeforest Mall parking lot. For more information about the fair, visit mcagfair.com/.

WANTED

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years experience serving Leisure World. Leave message 24 hours. I will come to you. Cash or cashiers check at your request. I can also help with your new car purchase, any make or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, Weapons, Helmets, Photos, Medals, or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. atticllc.com Gary (301-520-0755).

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. atticllc.com Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

Wills, Wealth Planning & Trusts

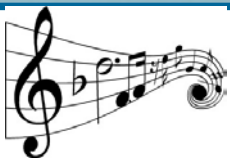
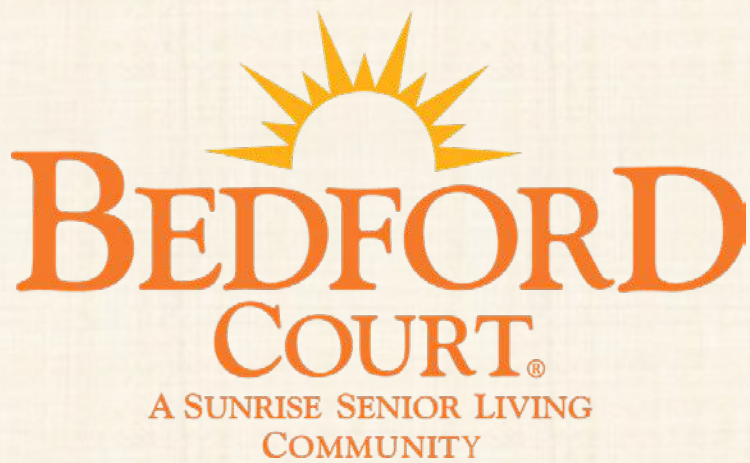


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Probate: flat fee or hourly, not a percentage of estate.

Estate and tax planning.
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*Bedford Court proudly presents:
Summer 2017 Courtyard Concert Series*

- *August 17th— Daryl Davis Band*
- *September 14th— Groove Quest Band—50's-70's Rock & Roll*

Please RSVP with number of attendees at 301-438-6607.

Concerts begin at 6:30 p.m.

- ♦ *The concert is complimentary*
- ♦ *Refreshments will be available to purchase*
- ♦ *All proceeds from refreshments will benefit The Alzheimer's Association*
- ♦ *Seating will be limited, lawn chairs are suggested*
- ♦ *Friends & Family of all ages are invited*



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**Saturday August 26th
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