Leisure World News

OF MARYLAND

August 16, 2019 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

Produce Pickin' COMMUNITY FARM OF THE PRODUCT OF

Residents purchase fresh produce from the Red Wiggler Community Farm market in The Inter-Faith Chapel's parking lot on Aug. 8. Residents have two more opportunities to check out this summertime vendor in Leisure World.

For details, see page 3. Photo by Stacy Smith, Leisure World News

Comcast Bulk Rate Agreement Signed

Management Working with Company to Implement Installation Plan

Lisigned a contract with Comcast telecommunications company in early August on behalf of the Leisure World Community Corporation (LWCC) that will provide bulk rate internet and cable TV service to every home in Leisure World.

eisure World management

Beginning Tuesday, Sept. 3, a Comcast representative will be available in Clubhouse I to provide education on Comcast services and equipment and to field residents' questions.

In the meantime, residents who have questions or who would like to know more about Comcast's services and products are welcome to stop by the Xfinity store in the Aspen Hill Shop-

ping Center on Wednesday, Aug. 28, any time between 10 a.m.-7 p.m., when Comcast

➤ to page 3

Proposed 2020 Annual Budget Available for Viewing

by Stacy Smith, Leisure World News

Printed copies of Leisure World's proposed 2020 annual budget are available in the Administration Building at the front desk, both clubhouse E&R offices and the library in Clubhouse I, and a digital copy is available on the resident website, (residents.lwmc.com).

The proposed budget places the Community Facilities Fee at approximately \$204 per unit per month, an increase over 2019's Fee of \$174.75. The newly signed Comcast bulk internet and cable TV agreement largely accounts for the increase.

Budget Process

The proposed 2020 budget has been provided to the Budget and Finance Advisory Committee, which is expected to make a recommendation on it to the Leisure World Community Corporation (LWCC) board of directors at its open meeting on Wednesday, Aug. 21, at 10 a.m. in Clubhouse II.

The LWCC board, in turn, is expected to vote on the final approval of the budget at its regular meeting in September.

But before the board takes that vote, residents have an opportunity to make comments and ask questions about the proposed budget at an open forum scheduled for Wednesday, Sept. 18, at 3:30 p.m. in Clubhouse I.

Budget and Finance Advisory Committee chairperson Phil Marks will host the forum, and Leisure World general manager Kevin Flannery will also attend to answer residents' questions.

All residents are welcome to attend the open forum; sign-up is not required.

In addition, residents may address questions about the budget to Leisure World of Maryland Corporation management at (management@ lwmc.com) or to the LWCC board of directors at (board@ lwmc.com).

On the Website

To view, download or print a copy of the proposed 2020 budget from (residents.lwmc. com), sign in to the website and under the "Documents" dropdown arrow, click on "Resident Document Locator." In the "Financials" folder, click on the "2020 Community Budget" folder.

A comprehensive explanation of the budget that includes a breakdown of its revenue components and expenses will be forthcoming.

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For a list of Leisure World's hours and closings for Monday, Sept. 2, Labor Day, see page 6.

Garden and Environmental Club

by Kimberly Y. Choi, Leisure World News

The Garden and Environmental Club hopes to attract both gardeners and non-gardeners as their new season begins next month.

Too many people have a misconception that the Club is only for gardening enthusiasts, according to Jean DeSchriver, the Club's former vice president. In fact, the Club's scope is much wider than just gardening. Speakers for the coming season are covering topics as diverse as entomology, flower arranging and wildlife rehabilitation.

The Club has members such as Arnold Litman, known by the Club for having attended the meetings regularly for years, who has gardened since he was five. He went from mitigating the problem of bulging tree roots in his father's yard to being called "Mr. Tomato" at Leisure World.

He says he continues to attend the Club's meetings because, while medical conditions prevent him from tending his tomatoes, he would still like to remember the joy of gardening and keep up with recent agricultural practices. Former Club president
Peggy Reynolds doesn't
consider herself a gardener.
She joined when her friend
told her that the nicest people
in Leisure World were in
the Garden and Environmental Club. Members aren't
necessarily gardeners, but
simply tend to be people who
"have some association with
nature," says Club historian
Gwen Raphael.

Patches of Green

The Club does not engage in political advocacy or deal with controversial topics. Rather, it seeks to educate about the environment and to encourage care for the ecosystem on a personal scale.

"As much as I enjoy being outdoors and nature, I just never thought about how fragile our environment is and how it affects us," Raphael says.

Participation in the Club gave her a greater awareness of the environment and its relationship to daily life. She stopped using pesticides in her plot, and she and DeSchriver both started practicing a no-till method of readying the soil for planting.

The Club contributes to Leisure World's tree canopy

with its annual Arbor Day plantings. Those who enjoy walks in the community may be familiar with a number of these trees, such as some of the specimens in Magnolia Park, a maple by The Overlook's pond and the redbud by the lawn bowls court.

The dawn redwood at the north end of the Administration Building parking lot marks also the "dawn" of the Club's Arbor Day tradition in 1988.

Lush Offerings

The funds for the tree plantings come from the Club's Spring Tea, a well-attended function rather far removed from dirt and shovels. Guests dress up in formal attire — a "chapeau contest" being one of the highlights of the day — and enjoy tea and scones and a drawing of garden-themed prizes.

The event evolved from an earlier Club tradition of playing cards over tea, but the arrangement became unwieldy as turnout grew. The Spring Tea now brings more than 100 attendees to the Crystal Ballroom. Raphael says the Club has gained new members from these Teas, with guests remarking how friendly the group was.



Garden and Environmental Club past president Peggy Reynolds plants a tree on Arbor Day. Photo by Jean DeSchriver

Other major annual Club activities include a houseplant swap and marching in the Leisure World July 4 parade with a wagon of fresh flowers. In December, members make decorations from greens pruned from Leisure World's pines.

The Garden and Environmental Club holds events that are open to all residents during its season, which lasts from September to May. Its next program is one on Ikebana, or Japanese floral arrangement, on Monday, Sept. 9 at 10 a.m. in Clubhouse I.



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Leisure World News

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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We will not knowingly permit a dishonest advertisement to appear nor do we guarantee the reliability of advertisers.

Final Days to Take Part in Resident Survey for Strategic Planning

by Kimberly Y. Choi, Leisure World News

The opportunity to complete the resident survey for strategic planning closes on Wednesday, Aug. 21. Taking the survey helps researchers gain an accurate understanding of Leisure World's population.

As more residents participate, the Special Strategic Planning Committee (SSPC) and George Mason University consultants become aware of a broader range of resident needs and opinions.

To make the deadline, paper surveys must be postmarked no later than Aug. 21. Online surveys must be submitted before midnight on Thursday, Aug. 22.

To complete the survey online, sign into (residents.lwmc.com) and click on "The Strategic Planning Survey" under the "Your Community" dropdown arrow.

If needed, replacement copies of the paper survey are available at the front desk in the Administration Building or the E&R office in either clubhouse. Residents who need to pick up a copy must present their Leisure World ID and a photo ID.

For assistance filling out the survey, call (240-560-5794) and leave a message. Your call will be returned by the next business

When the surveys are in, the SSPC can proceed to holding focus groups as the next step in the process of designing the community's future.

For questions about the strategic planning process, contact the SSPC at one of the following:

- Email (sspc@lwmc.com)
- Phone (240-560-5794)
- Mail (SSPC attn.: Ernesto Castillo, 3701 Rossmoor Blvd., Silver Spring, MD 20906)

Utility Company Raises Water Rates

by Leisure World News

The Washington Suburban Sanitary Commission (WSSC), which provides safe drinking water and wastewater treatment for Montgomery and Prince George's Counties, adopted a new rate structure for customers along with a five percent rate increase effective July 1, 2019.

Households such as Leisure World's that typically have one or two members using the average amount of water daily will likely see a substantial increase in their water bill, while larger households using the average amount of water daily will probably see a decrease, according to an article published by The Washington Post on June 20.

The Maryland Public Service Commission, an independent administrative agency within the state government which regulates public utilities, determined in 2017 that the WSSC's old rate structure was unfair to customers who use greater than average amounts of water.

The five percent rate increase will be used to fund system maintenance and repairs, according to an article published online by WTOP on July 6.

Leisure World management is communicating with representatives from WSSC to possibly schedule a forum at Leisure World so that WSSC can address residents' questions and concerns about the new rate structure and rate increase.

Comcast

✓ from page 1

service representatives will offer product demonstrations, giveaways and refreshments. The store is located at 13529 Connecticut Avenue.

At Your Doorstep

Equipment installation in residents' homes is expected to begin in late September, and management is working closely with Comcast to develop a schedule and timeline for implementing the plan and providing this information to residents.

Once available, more information will be provided to all residents via the community's communication outlets. Check Closed Circuit television channels 972 and 974 and (residents.lwmc.com) for information and updates.

About the Agreement

The terms of this eight-year agreement, which the LWCC board of directors authorized general manager Kevin Flannery to enter into at a special meeting on July 16, officially begin on Wednesday, Jan. 1, 2020. However, significant

upgrades to the cable and internet infrastructure of the common areas of the Trust and throughout the community have already begun.

Leisure World residents will receive both internet and cable TV service for \$55** per month (see below).

monthly charge per home CURRENT NEW RATE \$29* (cable TV and internet)

- The contract contains an annual increase of three percent.
- ** Montgomery County franchise fees, PEG charges and taxes add an additional \$3.50 per unit per month.

Up to four digital converter boxes, two of which are high definition, and a modem are included in this rate.

The Comcast internet service provided for in the contract is high-speed internet at 400 Mbps down and 10 Mbps up.

Residents will have a cable TV channel lineup similar to what is included in the current bulk contract, and will be able to retain any premium channels or other a la carte items that they already subscribe to with Comcast outside of the bulk agreement.

Red Wiggler Community Farm Sells Produce



Photo by Leisure World News

R ed Wiggler Community Farm will sell locally grown and certified organic vegetables at Leisure World on Thursday, Aug. 22 and 29, from 9-11 a.m. in The Inter-Faith Chapel parking lot.

Squash, tomatoes, beans, beets and peppers, as well as corn, peaches and fresh-cut flowers will be available for purchase. Cash is preferred, but credit cards are accepted.

The event is sponsored by the Inter-Faith Missions Committee. To learn more about the Red Wiggler Farm, visit (www.redwiggler.org).

– Leisure World News

GOOD TO KNOW:

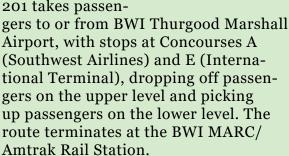
STATE OFFERS
BUS TO BWI AIRPORT

by Leisure World News

Residents who wish to hop a flight to their summer vacation destinations

but don't want to drive or park their cars at the airport are in luck.

The Intercounty Connector (ICC) Park and Ride's commuter bus route 201 takes passen-



The ICC Park and Ride is located at 16000 Georgia Avenue, about a five-minute drive from Leisure World. The ICC commuter bus route 201 offers daily service from 4-12:25 a.m.

The commuter bus is wheelchair accessible and seating is on a first-

come basis. For ticket information, call (410-697-2212).

For more information about the

mation about the commuter bus including schedules and maps, visit (https://mta.maryland.

gov). Click on "Commuter Bus" under "Routes and Schedules, and then click on Route 201.

County Council Approves Radio Towers for New Emergency Communications System

by Stacy Smith, Leisure World News

The Montgomery County Council approved a plan July 30 to install 10 new radio towers in the county as part of a new emergency communications system that will replace the current 20-year-old network.

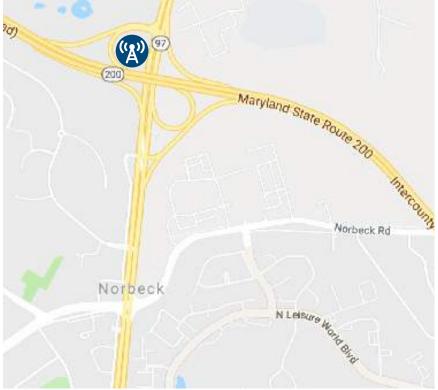
The \$45 million project includes 22 radio towers total, one of which will be built on nearby Georgia Avenue near the Intercounty Connector, less than a mile from Leisure World.

The new system is expected to go

live in the fall of 2020, County Councilmember at-large Hans Riemer wrote to his constituents in an email from his office dated Aug. 10.

"Firefighters, rescue and police officers need a new radio network. The current one is failing," Riemer wrote.

Concerns about the aging radio network were renewed a few months ago when 75 of the radio channels used by dispatchers and first responders went down during a 14-hour-long



One of 10 new radio towers for an upgraded emergency communications system will be situated at the MD 97/MD 200 cloverleaf, less than a mile from Leisure World. Graphic by Leisure World News

outage in Montgomery County over Mother's Day weekend.

Police used their in-car computers and switched to alternate radio channels to speak with dispatchers and other officers, and no major public emergencies were reported, according to an article that appeared in the May 26 edition of The Washington Post.

Even still, county officials began sounding the alarm on the urgency of the problem.

Montgomery County Fire and Rescue Chief Scott Goldstein talked to Montgomery Community Media during a Montgomery Talks podcast about the Mother's Day outage, stating "[Network] reliability is critical for public safety responders."

Protests by some county residents temporarily put project plans on hold as government officials scrambled to locate alternative locations for some of the towers, but in a letter sent in June to County Executive Marc Elrich, all nine Montgomery County councilmembers advocated for the project to move forward.

Even Gov. Larry Hogan weighed in on the project in a series of tweets that expressed displeasure over potential delays in the radio network upgrade.

"Reliable communications can mean the difference between life and death," Hogan tweeted.



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GOVERNANCE & Information

HOLIDAY SCHEDULE

Monday, Sept. 2, Labor Day

AdministrationClosed

CLUBHOUSE I

Education & Recreation	10 a.m6 p.m.
Eyre Travel	Closed
Rossmoor Library	Closed
Clubhouse Grille	Closed
Stein Room	9 a.m8 p.m.
Terrace Room	9 a.m8 p.m.
Swimming Pool (Outdoor)	10 a.m8 p.m.

CLUBHOUSE II

Education & Recreation	8 a.m8 p.m.
FISH Desk	Closed
Fitness Center	4 a.m9 p.m.
Swimming Pool (Indoor)	

OTHER SERVICES

Golf Course & Pro Shop	7:30 a.m7 p.m
MedStar Health	
MedStar Pharmacy	Closed
Physical Properties Department (PPD).	Closed
Post Office	Closed
Security Gates	Open
Signal Financial Federal Credit Union	Closed

Shuttle Buses: No shuttle service. Call Main Gate for supplemental transportation.

Trash/Recycling Collection: No trash or recycling collection. Trash collection will be on the next regular day for your location.

■ Emergency Preparedness Advisory Committee (EPAC)

Sept. 5: Learn to Prepare

by Emily Geller

National Preparedness Month is recognized each September to promote family and community disaster and emergency planning now and throughout the year. This year's

theme is "Prepared, not scared. Be ready for disasters."

On Thursday, Sept. 5, Joseph Corona, certified emergency manager with the Montgomery County Office of **Emergency Manage**ment and Homeland Security, will discuss

disaster and emergency planning for residents at 1 p.m. in Clubhouse I.

Corona will talk about, and show photos of, disasters that have occurred in Montgomery County in recent years, and the ways residents can prepare for disasters and emergencies of all

The program will include a video showing how to protect one's self from an active shooter. Questions from the

audience will be welcome.

The event is free, and all residents are welcome, but registration is required. To register, stop by the Clubhouse I E&R office or call (301-Joseph Corona, photo by 598-1300) beginning Tuesday, Aug. 20, at 8:30 a.m.

> Residents are welcome to bring guests from outside of Leisure World, but must provide the guest's name to the main gate in advance by calling (301-598-1044).



Leisure World News

Dial 301-598-1313 for recorded Daily Events

2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting The Aug. 16 meeting airs on Aug. 21, 22 and 23.

Board of Directors Meeting The Aug. 27 meeting airs on Sept. 2, 4 and 6.

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com
- Administration administration@lwmc.com
- Communications communications@lwmc.com
- Education and Recreation recreation@lwmc.com
- Physical Properties physical properties@lwmc.com
- Security security@lwmc.com

Outdoor Pool Season Coming to a Close



Photo by Leisure World News

he outdoor pool is scheduled to close for the season on Monday, Sept. 2, Labor Day, at 8 p.m.

Check Closed Circuit television channel 972 or sign in to (resi dents.lwmc.com) for pool notifications and updates.

- Leisure World News

Sept. 20: Free Seminar Explains How to Spot and Avoid Financial Fraud

by Herman N. Cohen

The Security and
Transportation Advisory
Committee (STAC) and the
Financial Industry Regulatory
Authority, Inc. (FINRA)
Investor Education Foundation
host a free seminar and threecourse dinner on Friday,
Sept. 20, at 5:30 p.m. in the
Clubhouse I Crystal Ballroom.

The seminar will explain how to spot and avoid financial fraud. Experts from the FINRA Foundation will explain how to:

- recognize your vulnerabilities and their impact on your financial decisions;
- recognize the red flags of financial scams;
- slow down decision-making; and
- learn about the resources available at no charge

Admission is free but limited to the first 200 people who register. Residents can register for the event beginning on Tuesday, Aug. 20, at 8:30 a.m. by stopping by the Clubhouse I E&R office. Please bring your Leisure World ID and receive up to two tickets per person.

For questions or more information, contact Herman Cohen at (cyberpi@msn.com).

Financial Fraud

Anyone can be a victim of financial fraud. Fraud criminals are masters of persuasion, tailoring their pitches to match the psychological profiles of their targets.

They ask seemingly benign questions about their target's health, family, political views, hobbies or prior employers to make an emotional connection and identify the best ways to separate victims from their money.

This kind of persuasion, combined with investors' biases, can open up a person to fraud. Common investing biases include:

- unrealistic optimism about future financial wealth;
- relying on the first piece of information offered when making a decision; and
- the "halo effect," which is assuming that people who have one important quality have other unrelated qualities, such as trust.

The seminar is presented by the FINRA Investor Education Foundation. The seminar is an educational program; no sales presentations will be made during the program or on the premises. Members of the Montgomery County Police Keeping Seniors Safe Program will also be on hand to answer other fraud-related questions.

Join STAC on Sept. 20 to learn more about the common biases and sophisticated tactics investment fraud criminals use – and how you can protect yourself.

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Have You Filled Out Your Strategic Planning Survey?

Deadline extended to August 21, 2019

There are two ways to fill out the survey:

- Fill out and mail in the paper copy of the survey you received in the mail.
- Fill out the survey online by signing in to residents.lwmc.com, selecting the "Your Community" menu item, and then selecting "The Strategic Planning Survey." The survey link is located at the bottom of the web page.

Need help filling out the survey?

Call (240) 560-5794 and someone will call you back within the next business day.

Did not receive the survey or misplaced it?

Copies of the survey are available at the front desk in the Administration Building and the E&R offices in both clubhouses. Bring your Leisure World ID and a photo ID.

THOUGHTS & OPINIONS: From Our Residents

A Few Things to Remember

Relevance: Make sure that your submission is relevant to the LW community as a whole and not to just

one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

Brevity: Being concise will ensure that your opinion will

have maximum impact.

Accuracy: Document all factual assertions. Opinions that

are backed up with facts are more powerful, but only if the facts are accurate.

Ownership: All submissions are subject to editing but you

will have the opportunity to approve the edits

before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee

OUTREACH TO NON-INTERNET USERS

The new Comcast contract has been approved and should have a positive financial impact for most residents who use the internet. However, there are a significant number of residents not using the internet and they should know that organized efforts are being developed by the Technology Advisory Committee and myself, Leisure World Community Corporation board of directors' chair, to help learn some basics of useful tasks online.

Nobody wants to know how a clock works when they ask for the time. With computers, often times just knowing which button to push is all one wants to know. The effort to help learn will take the approach that the user has little to no internet experience. They just want to know how to get done what they need.

The goal is for all the non-users to have an opportunity to learn how to get what they want from the internet, without a big learning curve. Once this program is developed, residents will be informed of details.

– Paul Eisenhaur

HOMEOWNERS' CLASS ACTION

Disclosure: As a homeowner and retired consumer class action lawyer, I am helping the homeowners who are bringing this class action.

A principle of all homeowners associations is that its homeowners can elect the people who make its decisions. It is my opinion that homeowners cannot elect those who make decisions in Leisure World. We can vote to choose the board members of our mutual, but do not directly vote for members of the Leisure World Community Corporation (LWCC) board of directors. I feel if elected by all community homeowners, they may be more responsive to the needs and priorities of the entire community.

The lawsuit's plaintiffs believe a state law requires these elections. Three homeowners now have a class action asking the court to agree.

The homeowners are asking for an election in which all community homeowners can vote for all board members of our community homeowners association.

LWCC concedes that it is a homeowners association: plaintiffs believe state law allows direct election. That contention runs counter to the whole purpose and structure of the Maryland Homeowners Association Act.

This class action enables

people to join together with a legal claim. If it succeeds, the court can have the defendant pay the legal fees. The case is brought on behalf of essentially all Leisure World homeowners. Associate Judge Anna Albright will decide the issue. If so, homeowners will have the option to withdraw. Each class member could comment on the settlement. A judge will decide the key issue – does the law require direct elections of LWCC board of directors?

Now we wait; let the court process play out. Even if the LWCC board of directors persists in refusing to allow us to vote for future members, we now have a path to exercise our right to vote.

- Carl Shoolman

LEISURE WORLD GOVERNANCE

Suppose there were three persons so dissatisfied with the governance structure of Leisure World that they would file lawsuits against the Leisure World Community Corporation and Leisure World Management Corporation.

It would seem to me that they should sell their property and move on to another retirement community in Montgomery County.

There are many of them. None, however, include the many activities that Leisure World offers. The monthly fees might be significantly higher than Leisure World, but these persons might better enjoy the governance of any one of those retirement communities.

– Roman Novak

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SUBMITTING AN ITEM **TO THOUGHTS & OPINIONS**

- 1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
- 2. Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- 4. LW News cannot guarantee when or if a submission will be published.
- 5. To view the full Leisure World News Guidelines, login to (residents. lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

REHABILITATION

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EVENTS & Entertainment

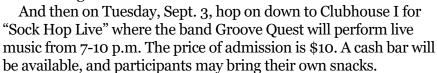
■Sock Hop Group

Aug. 17: Sock Hoppin'

by Abigail Murton

The next sock hop dance is on Saturday, Aug. 17, with Take Two Entertainment providing great dance music from 7-10 p.m. in Clubhouse II, and karaoke from 6-7 p.m.

The price of admission is \$5. Sodas and water are provided, but participants may bring their own beverages and snacks.



Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).

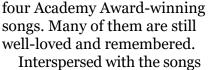
■ Education and Recreation Department

Aug. 17: 'Our Huckleberry Friend' – The Music of Johnny Mercer

n Saturday, Aug. 17, at 7:30 p.m. in the Clubhouse II auditorium, the duo of Chris Ryan and Jerry Katz return to Leisure World with another of their popular cabaret-style shows, this time about Johnny Mercer.

The American lyricist, song-

writer and singer is best known for his catchy lyrics and upbeat tunes. Opening with "Jeepers Creepers" and closing with "Accentuate the Positive," Ryan and Katz will bring the music of Mercer to life as they perform many of his classic pieces, including his



Interspersed with the songs will be video of other singers, composers he collaborated with and movie segments that feature his music to illustrate Mercer's 46-year career and the movie music and lyrics he created.

Presented by the E&R Department, tickets for the show are \$8 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

About the Performers

Ryan has been involved in music since she was in third grade and sang a solo in the school play. She produced and

directed school
musical productions, fostering in
her students the
thrill of being on
stage singing and
dancing in some of
Broadway's biggest
hits. Later, she
began performing at
Washington, D.C.area piano bars and
recorded three CDs
with Tom Saputo

with Tom Saputo.
For more than 35 years,
using magic, song and humor,
Katz has entertained while
educating students and
teachers on energy topics.
However, he decided to step
away from teaching and turn
his own energy to producing
unique and entertaining
cabaret shows that, with his
partner Ryan, he performs
throughout the Washington

metropolitan area.



American lyricist Johnny Mercer, photo courtesy (commons.wikimedia.org)

■ Ballroom Dance Club

Aug. 24: Hawaiian Dance with Mike Surratt and The ECB

by Joyce Hendrix

Crystal Ballroom.

The annual Hawaiianthemed dance featuring Mike Surratt and The Eclectic Coalition Band is held on Saturday, Aug. 24, from 7:30-10:30 p.m. in the Clubhouse I

Since the Club's most recent dances have reached capacity, the Club strongly suggests making reservations as early as possible with Hal Freeman at (bobbinhal@aol.com) or (301-438-7513) and no later than Thursday, Aug. 22.

The Club can't guarantee

entry to this much-awaited and always well-attended dance without prior reservations.

The Club's summer dress code is a more relaxed business casual with collared shirts

and slacks for the gentlemen and dressy casual outfits for the ladies – no hats or jeans. Bring out those Hawaiian shirts and dresses from the back of your closet and dress for the occasion.

The Aug. 24 dance is the last casual

dress dance of the year. In September, the Club returns to dressy outfits for the ladies and jackets and ties for the gentlemen.

Coming in 2019

The E&R Department is pleased to provide the following programs.

Aug. 17, 7:30 p.m. Jerry Katz and Chris Ryan – Our

Huckleberry Friend

Sept. 7, 4:30 p.m. The Rolling Stones Tribute
Sept. 7, 7 p.m. The Rolling Stones Tribute

Sept. 14, 7:30 p.m. An Evening Under the Stars with the

Dixieland Express

Sept. 15, 7 p.m. Artemis Dance Group

Sept. 17, 1:30 p.m. La Serenata

Sept. 19, 1:30 p.m. "A Taste of Argentina"

Oct. 3, 2 p.m. Bill "Bat Boy" Turner and Ed "Boy in

the Scoreboard" Baruch on the 1956 Washington Senators Baseball Season

Oct. 5, 9:30 a.m. Fall Flea Market

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

Musical Performances at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330). A \$5 cover charge applies.

Aug. 21 Michael Binder, Swing'N On A Star

Aug. 28 "Sax with Mike" Surratt Sept. 4 The History of Elvis Live

Sept. 11 Motown Classics with The Winstons Duo Sept. 18 The Night and Day Band with Mike Suser and

vocalist Charlene Cochrane

Sept. 7: 'Satisfaction' Rocks Like The Rolling Stones

On Saturday, Sept. 7 comes the show the Washington E&R offices. Please bring your Leisure World ID. Post calls "a spot-on portrayal of the Rolling Stones." "Satisfaction/The

International **Rolling Stones** Show" is performed twice that day at 4:30 p.m. and 7 p.m. in the Clubhouse II auditorium. The show is cosponsored by the

E&R Department and the Foundation of Leisure World.

Tickets cost \$15 and are available at both clubhouse

About the Show

"Satisfaction" was founded



mances and toured internationally. The show demands of its performers adherence to their characters in look,

sound and stage presence.

In 2005, the group was the first to represent the Rolling Stones in the renowned

Las Vegas tribute show "Legends in Concert." It was also chosen to promote the 2008 Stones biography "Shine a Light."

The group's other projects include "A Symphony for the Devil," in which it travels and plays with local symphony orchestras, and shows performed jointly with a Beatles tribute band.

Video and audio samplings

■ AIM (Arts in Motion)

o you like the blues? AIM's jazz concerts are

AIM's concert on Friday,

Sept. 13, features the return

Gold. At his initial appearance at Leisure World, he

laughed, cried, applauded

and ended the concert with a

of blues singer Memphis

proved a great hit! The audience often sang along,

very popular, but now and

by Grace Cooper

of music.

Sept. 13: Memphis Gold

of "Satisfaction" can be found on (rollingstoneshow.com).

About the Foundation

The Foundation of Leisure World is a 501(c)(3)organization that was established for health, educational and cultural purposes.

Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at (foundation@lwmc.com).

■ Fireside Forum

Sept. 8: General Talks Women Leadership in the Military

TRIBUTE SHOW

by Jonas Weiss

n Sunday, Sept. 8, retired Maj. Gen. Gale S. Pollock will talk about how she and other women

overcame obstacles to become military leaders.

Pollock became a certified nurse anesthetist soon after her graduation from the University of Maryland. She has a master's degree in healthcare administration, a master's degree in business and a master's degree in national security and strategy. She received an honorary doctorate from the University of Maryland.

Commander of the U.S. Army Command and as the Acting Surgeon of the Army, the first woman and non-physician to have this role in any of the military services. She was the 22nd Chief of the Army Nurse Corps. Pollock established the Louis Fox Center for Vision Restoration

and became a Harvard University Fellow in their Advanced Leadership Initiative program.

Pollock serves on many advisory boards and is a Fellow in the American College of Healthcare Executives, and the American

Academy of Nursing. Her passion is improving the quality of lives of those with vision

She is an active hiker, biker and kayaker with her husband and guide dog.

The program is at 2:30 p.m. in the Clubhouse II auditorium. Rosalind Kipping is the host for the speaker.



Maj. Gen. Gale S. Pollock, courtesy photo





Memphis Gold, courtesy photo

standing ovation and requests for his return. Tickets are \$20 each (check only, payable to AIM) and available in the Clubhouse I E&R office. Hors d'oeuvres and snacks are included.

Cocktails begin at 5 p.m., and the show starts at 6 p.m. in the Clubhouse I Crystal Ballroom.

Members, have you paid your dues for this season? Reserved tables for eight or more guests are available to members only. Some unreserved tables are available, but seats fill up quickly.

Member dues and proceeds from concerts help AIM



support the arts in the Washington metropolitan area in addition to providing a forum for artists and offering scholarships and other awards to area art students.

Come enjoy the shows and help keep the arts alive in the community. Upcoming shows include:

- Oct. 11 Lavenia Nesmith
- Nov. 8 Sharon Clark
- Dec. 13 Lou Jerome
- Jan. 10 Pepe Gonzalez
- Feb. 14 Jeri Frye
- March 13 Steve Washington



Pollock served as the

Sept. 14: Enjoy an Evening Under the Stars with the Dixieland Express



Dixieland Express, photo by Anita Franklin

n Saturday, Sept. 14, from 7:30-10 p.m. on the Clubhouse I lanai, enjoy a pleasant evening under the stars with the Dixieland Express. This is a chance to enjoy the end of summer weather before the cooler temperatures of fall.

The evening will feature well-known local jazz musician Henning Hoehne, who plays clarinet and soprano

sax and sings ever-popular tunes such as "Give Me a Kiss to Build a Dream On" and "It's a Wonderful World." In addition to Hoehne on the reeds and vocals, the band includes the full traditional Dixieland instrumentation of cornet, trombone, tuba, banjo and drums, plus other band vocalists.

The band will also play

favorite Dixieland music such as "Bourdon Street Parade," "Do You Know What It Means to Miss New Orleans" and "Way Down Yonder in New Orleans,' to name just a few. These are the tunes that one would expect to hear in New Orleans. Many of the band members have also played with bands in the Big Easy.

The Dixieland Express, which is managed by Leisure World resident and trombonist John Stewart, also performs at the E&R Department's

annual Mardi Gras event in the Clubhouse I Crystal Ballroom.

Light snacks will be provided. A cash bar will be available and a waitress will be on hand to take your order for any food you wish to purchase (on your own) from the restaurant.

Come join the fun and dance, march or just listen to the sounds of the Dixieland Express. Tickets are \$15 per person and are on sale at both clubhouse E&R offices. Please bring your Leisure World ID.

■ Lions Club of Leisure World

Sept. 14: Hometown **Gospel Groups Perform**

by Maxine Hooker

¬he Chosen Vessels and the Spiritual Jubilees of D.C., two hometown gospel groups, return by popular demand to lift your spirit with gospel music on Saturday, Sept. 14, at 5 p.m. in the Clubhouse II auditorium.

Invite family and friends to join the Club for a wonderful evening when these two dynamic gospel groups fill the room with their harmonious, rich voices. Come on out to clap your hands and pat your feet to D.C., courtesy photos the spiritual beat!

Above, Chosen Vessels; below, Spiritual Jubilees of

Tickets for this event are \$20 (check only, payable to LW Lions) and are on sale in the Clubhouse I E&R office. All receipts benefit the Lions Club of Leisure World's vision, hearing

and other humanitarian programs.



The Club will host a '70s and '80s Dance Party to celebrate and thank those who served our country on Saturday, Nov. 9, from 7-10 p.m. in the Clubhouse I Crystal Ballroom. More information is forthcoming.



Sept. 15: East Meets West in Multicultural Dance Performance

The Studio Artemis dancers return to Leisure World on Sunday, Sept. 15, to present a delightful show that spans the globe! The performance

is at 7 p.m. in the Clubhouse II auditorium.

This versatile, multi-talented cast's fun-filled dance concert features exciting and colorful dances from Spain, Turkey, Egypt, Greece, India and the U.S. From the Smokey

Tavernas of Greece Studio Artemis dancer, courto the Sultan's tesy photo palaces of Cairo

and Istanbul, from the streets of Spain to the disco clubs of America...East meets West on stage! The troupe's performers hail from Italy, Greece, Turkey, Kurdistan and the U.S.

The event is free, but tickets are required. A limited number are still available at both clubhouse E&R offices. Please bring your Leisure World ID.

Performances

Sicilian American dance artist Bonita Oteri perform a joyful Greek-style belly dance as well as a contemporary Bollywood dance from India. She will also dance a smoldering interpretation of "Besame Mucho."

New York-based performer

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and dance historian June Seaney will perform the Guajira, a beautiful Spanish fan dance that has Cuban origins. Seaney will also present a Turkish-style

> oriental dance to "Bazalika" by Laço Tayfa.

Kurdish American Keylan Qazzaz will perform a dance of exuberant determination and love to the Greek song "Mantissa." She will also offer an exciting fusion dance to the rollicking Celtic song, "Rockhill," by Beltaine. Zywa and

Darbuka Boy, a couple in real life, will perform a playful and charming duet. The audience will enjoy the interplay as it sees why the family that plays together, stays together!

Together the Studio Artemis dancers will perform the most popular folk dance from southern Spain, the Sevillanas; a classical Egyptian belly dance choreographed by Zywa; and an improvised, fun-filled, finger cymbal, group number set to the sizzling Latin pop song, "Havana."

For the finale, the troupe will dance to the popular Tina Turner song, "Proud Mary," as Irma G lip syncs in the role of Turner.



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From left: Kathryn Balestino-Estes, AuD., Dr. Heather Schwartzbauer, M.D., Allyson Bull, AuD., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrosniak, M.D.

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Sept. 17: La Serenata Performs Even More Smokin' **Hot Love Duets**

Back by popular demand – La Serenata lights your fire with more of the most thrilling operatic love duets ever written!

The dynamic husband-wife duo of tenor Dr. Harry Dunstan and soprano Kay Krekow, who awed its Leisure World audience last spring, returns on Tuesday, Sept. 17, at 1:30 p.m. in the Clubhouse I Crystal Ballroom.

Dunstan and Krekow have made a career of performing opera's most exciting romantic music. Toast to the thrill of love-at-firstsight with the exhilarating "Brindisi" from Verdi's "La Traviata;" be enchanted by the hauntingly mysterious duet from Puccini's little-known masterpiece, "Edgar;" share in the tragedy of forbidden love in Verdi's "Un Ballo in Maschera;" and bring the fire extinguisher for a love too-hotto-handle in Puccini's "Manon

Lescaut." This is why people go to the opera!

Tickets for this performance are \$6 per person and are on sale at both clubhouse E&R offices. Please bring your Leisure World

About the Performers

A tenor, musicologist, accompanist, translator, stage director, lecturer and independent scholar, Dunstan is the founding artistic director of The American Center for Puccini Studies, and one of the world's leading authorities on the art and life of Giacomo Puccini.

He serves as a consultant to opera companies, conductors and musicians and has been a musical advisor to renowned movie producer Peter Jackson. As well, Dunstan presents seminars on music and the emotional brain in the field of neuroaesthetics and is a member of the Society for Music Perception and Cognition.

Dunstan received a doctorate

degree with distinction in historical musicology from Catholic University and holds a master's degree in vocal performance from The Catholic University of America, and a bachelor's degree in music history

from Old Dominion University.

A soprano and accompanist, Krekow is the managing director of The American Center for Puccini Studies and an internationally acclaimed interpreter of the operatic heroines of Puccini. She has sung world premieres and standard operatic and oratorio repertoire at The Kennedy Center, Carnegie Hall and The National Cathedral, as well as in Germany, Italy and the Czech Republic. She is also a





Kay Krekow and Harry Dunstan, courtesy photos

specialist in the vocal music of women composers.

A graduate of Stephens College, Krekow received a bachelor's degree in vocal performance with a minor in music education and organ.

Together they have led several popular classes at Leisure World – "Journeys and Experiences of the Musical Mind," "The Ultimate Puccini Experience" and "The Most Stunningly Beautiful Music Ever Written and How to Listen to It."

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Sept. 19: 'A Taste of Argentina'

The E&R Department is pleased to bring

"A Taste of Argentina" to Leisure World on Thursday, Sept. 19, from 1:30-2:30 p.m. in the Clubhouse II auditorium. This is a unique opportunity to learn about the culture, history and mystique behind the Argentine tango.

Using a multimedia presentation, tango artists Tate Di Chiazza and Karen Jaffe will explain



Tate Di Chiazza and Karen Jaffe dance the tango. Courtesy photo

some of the intricacies of the dance as they

demonstrate the styles that have evolved.

As the audience listens to the beautiful and complex tango music, Di Chiazza and Jaffe will introduce the audience to the bandoneon, a type of concertina. They will demonstrate how it is played and

explain why it is the essential

instrument on which to play tango music.

Be transported by Di Chiazza and Jaffe from tango times long past to the tango of today.

Tickets for this program are \$6 per person and go on sale beginning on Tuesday, Aug. 20, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

The Performers

Di Chiazza is an international artist visiting from Buenos Aires, Argentina. Since his teens, he has studied with masters and now teaches and performs Argentine tango in Buenos Aires. He has traveled

extensively around the world as an instructor and performer of the tango. He toured with the famous show "Tanguera" from 2002-2009. For more information about Di Chiazza, visit (www.tatetango.com).

Jaffe lives near Asheville, North Carolina. In her 20 plus years of involvement with tango, she has supported dancers by offering weekly classes and social dances and has organized dozens of events. She has also traveled extensively to continue her own education and to teach. For more information about Jaffe, visit (www.tangogypsies. com).

■ Education and Recreation Department

Oct. 3: Batters Up! — Baseball in 1956

n Thursday, Oct. 3, at 2 p.m. in Clubhouse I, return to Washington, D.C., for the 1956 American League baseball season and the All-Star Game between the American and National Leagues that was played at Griffith Stadium on July 10.

Bill "Bat Boy" Turner and Ed "Boy in the Scoreboard" Baruch will share their up-close and personal experiences and memories of the 1956 Washington Senators' baseball season, including the 1956 All-Star Game.

The presentation includes rare film clips; secrets and insights into the dugout, bullpen, clubhouse and on-the-field experiences. Relive the excitement of the 1956 All-Star Game, which included Ted Williams and Mickey Mantle and Yogi Berra, among others, playing for the American League. Recall with Turner and Baruch the Life Magazine story as well.

Their story has been featured on WRC-TV, Good Day DC on WJLA, Washington Nationals MASN TV pre-game show, Let's Talk Live on News Channel 8 and on WETA TV. Join "Bat Boy" and the "Boy in the Scoreboard" for a nostalgic look at an exciting season of baseball in Washington,

Sponsored by the Education and Recreation Department, tickets for the program are \$6 per





Bill "Bat Boy" Turner, left, and Ed "Boy in the Scoreboard" Baruch, courtesy

person and go on sale beginning on Tuesday, Aug. 20, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World



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■ Education and Recreation Department

Thursday Afternoon at the Movies

Sept. 12: 'Indivisible'

he E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the Clubhouse II auditorium.

On Thursday, Sept. 12, the presentation is "Indivisible" (2018, 1 hour 59 minutes, drama/ war, rated PG-13 for some thematic material and war violence).

Free tickets, limit two per person, are required and can be obtained beginning on Tuesday, Aug. 20, at 8:30 a.m. in either clubhouse

E&R office. Please bring your Leisure World ID.

This faith-based film is based on true events. While Army Chaplain Darren Turner deployed to Iraqi counseling soldiers in crisis, he and his wife

Heather try to cope with the strain of separation and the stresses of war. And after Turner returns from serving in Iraq, the couple face an even more difficult time as their faith in God is tested as they struggle to save their marriage.

Thursday movie screenings are for your

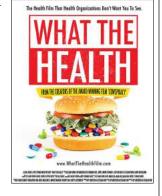
enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.

■ Vegetarian Society of Leisure World (VSLW)

Sept. 19: Meeting **Includes Documentary** Film Showing

t the next meeting of the Vegetarian A Society of Leisure World (VSLW) on Thursday, Sept. 19, VSLW shows the movie "What the Health" (2017, 1 hour 37 minutes, documentary, not rated) at 7 p.m. in Clubhouse II.

The documentary critiques the health impact of meat and dairy product consumption and questions the practices of the leading health and pharmaceutical organizations. The film advocates for a plant-based diet.



The movie showing is free and all residents are welcome to attend.

- Bob Fenichel

2019 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Aug. 22, 1 p.m.	First Man	LIMITED
Sept. 12, 1 p.m.	Indivisible	Aug. 20
Sept. 29, 2 p.m.	The Wife	Sept. 10
Oct. 17, 1 p.m.	Chappaquiddick	Sept. 24
Oct. 27, 2 p.m.	At Eternity's Gate	Oct. 8
	Movies are subject to change.	

CENTER FOR LIFELONG LEARNING - Fall 2019 Courses & Events (www.cllmd.org)

Indian Classical Dance (Kuchipudi) by Kalanidhi Dance Thursday, August 22, 11:00 AM FREE

CLL End of Summer Celebration

Friday, August 30, 1:00-3:00 PM FREE

What Seniors Need to Know About Funerals by Michelle Armstead Tuesday, September 10, 2:00 PM FREE

Vision Loss: Assistive Technologies and Training by Christine Ling Thursday, September 12, 2:00 PM FREE

Sound Advice for Securing Your Financial Future by Clark Kendall Thursday, September 19, 2:00 PM FREE

Montgomery County Library for Seniors by Julie Dina Monday, September 23, 2:00 PM FREE

Haiti: The Revolution and The Civil War by Marvin Jones Tuesday, September 24, 11:00 AM & Wednesday, September 25, 10:00 AM. Fee \$15.00

Your Body and Urology by Dr. Melissa Melendez. Thursday, September 26, 2:00 PM FREE

Diabetes and Genetics by Dr. Prahana Ganguly. Friday, October 4, 2:00 PM FREE

Protecting Your Assets by Mindy Felinton Monday, October 7, 2:00 PM FREE

Minorities in America by Arnold Sherman Thursday, October 10, 2:00 PM FREE

The Right to Vote by Paul Levy Wednesdays 10:00 AM Starting October 16. Fee \$15.00

Options for Senior Living Thursday, October 24, 2:00 PM

Journals of a Geographer by Tom Conger Wednesdays 1:00 PM Starting November 6. Fee \$15.00

Understanding Your Digital Camera by Fred Shapiro Thursday, November 14, 2:00 PM FREE

As upcoming events draw nearer, more information about them will be found in the Leisure World News. All registrations, unless otherwise noted, are at the **Clubhouse I E&R office**.

If you would like to teach a course or help with the management of CLL, please call: **Fred Shapiro at 301-598-7949** or **JoAnn Gellman at 301-359-2391**.



HEALTH & Fitness

Aug. 20: Medical Center Hosts Welcome Event

by Leisure World News

The MedStar Health medical center hosts a welcome event on Tuesday, Aug. 20, from 2-4 p.m. at the medical center, located at 3305 Leisure World Boulevard adjacent to the Physical Properties building.



Photo by Leisure World News

The event includes an

in-depth tour of the facility, presentations regarding resources and services in and surrounding the building, light fare, give-aways and a chance to ask questions at tables set up in the building's conference/break room.

Come discover what the medical center has to offer.

For a full list of the medical center's providers and services, visit (residents.lwmc.com) and select "Services and Amenities," and then select "Medical Center" from the dropdown menu or call (301-598-1590).

■ Stroke Support Group

Aug. 20: Program Helps Understand and Prevent Strokes

by Amy Boltz and Mark Cornell

The Stroke Support Group meets on the third Tuesday afternoon of the month from 1-3 p.m. in Clubhouse II.

Peer support group discussions enable stroke survivors and their family members and caregivers to learn from and inspire each other. Educational programs by healthcare professionals expand our understanding of stroke prevention and rehabilitation. Meetings are free and open to the community.

On Tuesday, Aug. 20, the Group will be provide an educational program about strokes that may be of interest to all residents.

Guest speaker registered nurse Katharina "Kat" Villanueva will present a comprehensive PowerPoint program from 1-2 p.m. in Clubhouse II that covers topics such as types of stroke, important risk factors that can be controlled to prevent strokes, signs and symptoms of a stroke, plus the urgent need to call 911 to report a stroke and the newest methods of treating an acute stroke in the hospital emergency room.

Villanueva is the owner of Nest and Care Home Care Agency and has an extensive background treating stroke survivors.

Light refreshments will be provided. The helpful peer support group session for stroke survivors and their family caregivers will meet from 2-3 p.m.

To RSVP or obtain more information about the Stroke Support Group or this meeting, contact Amy Boltz, Group president, at (248-652-0304) or Mark Cornell at (301-438-1220).

■ Health Advisory Committee

Aug. 29: Doctor Discusses Hearing Loss and Cognitive Decline

by Sandra McLeskey

Don't forget to attend the talk by Dr. Julie Rorrer, an audiologist with Ascent Audiology & Hearing, with offices in the MedStar Health medical center.

The talk is on Thursday, Aug. 29, at 10 a.m. in Clubhouse I and is open to all residents and their guests. Tickets are required and available at the E&R office in Clubhouse I.

Rorrer will explain the connection between hearing loss and cognitive decline and the measures that can be taken to counteract it. Many residents have some degree of hearing loss. Others have "ringing in the ears," known scientifically as tinnitus, which impairs their hearing.

■ Lions' Vision Support Group

Sept. 11: Expert Shares Eye Research

by Larry Cohen

The Lions' Vision Support Group's next meeting on Wednesday, Sept. 11, will feature Dr. Catherine Cukras, head of clinical investigation of retinal disease at the National Eye Institute (NEI). The meeting is from 10 a.m.-noon in the Clubhouse II auditorium.

Cukras will share current research information and will explain how members can participate in the NEI's research efforts. Joining Cukras will be a physical therapist from NRH Rehabilitation Network located at the MedStar Health medical center in Leisure World. The physical therapist will explain ways to protect oneself from falling through simple exercises.

Fall Awareness

The annual Falls Prevention Awareness Day is Monday, Sept. 23. While the inner ear is a major cause of falls due to imbalance and dizziness, the eyes are also a major cause. Low vision can cause loss of balance and disorientation.

Some of the more prevalent low vision issues that may cause

falls include retina disorders, such as detached retina, retinitis pigmentosa, macular degeneration and glaucoma; incorrect fitting/prescriptions of eyeglasses or contacts; and lazy eye; to name a few.

Eye exams by reputable retinologists, ophthalmologists and optometrists are critical to saving a person's sight. If you are visually impaired and have low vision or are legally

blind, a visit to a low vision specialist may help. A reputable low vision doctor cannot heal your vision, but they can take your

available vision and maximize its effectiveness.

About the Group

Join the Lions' Vision Support Group to learn more about great doctors, available phone and computer applications and assistive technology to make your life more accessible.

Meetings are usually held on the second Wednesday of every month. All residents and their guests are welcome. For more information, call Larry Cohen, Group facilitator, at (301-244-8004).

Sept. 26: Urological Surgeon Presents 'Your Body and Urology'

by Fred Shapiro

s a follow-up to previous presentations As a follow-up to provide a by physicians from Chesapeake Urology, the Center for Lifelong Learning

(CLL) has arranged for Dr. Melissa Mendez to speak on "Your Body and Urology" on Thursday, Sept. 26, at 2 p.m. in Clubhouse I.

The presentation is free for all residents, but registration is required. To register for this presentation, call the E&R office in Clubhouse I at (301-598-1300) or drop by the office beginning on Tuesday, Aug. 20, at 8:30 a.m.

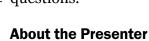
Urologists specialize in the male and female urinary tract and male reproductive organs. Urologic organs include the kidneys, adrenal glands,

bladder, urethra and the male reproductive organs.

Urology patients may have bladder or prostate cancer, kidney stones, urinary tract infections and other genitourinary

> disorders. Urologists may have additional sub-disciplinary training on conditions that affect other parts of the body as

Mendez will elaborate on these conditions' symptoms and how they should be addressed. Following the presentation, she will be available to address personal concerns and Dr. Melissa Mendez, cour- questions.



Mendez will join Chesapeake Urology in September after pursuing a fellowship with Dr. Rafael Carrion at Tampa General Hospital in Florida.

She has a special interest in treating sexual dysfunction and urinary incontinence for both men and women, as well as Peyronie's disease, post-traumatic/surgical/ aesthetic genital reconstruction, male factor infertility, andrology and vaginal prolapse.

Through top-notch surgical training, research and involvement in health policy and hospital boards, Mendez has developed professionally into a comprehensive care urological surgeon dedicated to improving patient's quality of life and safety.

Mendez is a graduate of the University of Maryland School of Medicine and completed a urology residency at Duke University Hospital. She has created presentations for the American Urological Association and Duke University.

For more information on all CLL courses and lectures, visit (www.cllmd.com).



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FISH May Soon Donate Lost and Found Items

by Beth Leanza

F ISH is considering donating all lost and found clothes and books in its office, but will not give away phones, watches or other jewelry.

Residents who have lost a personal item can stop into the FISH office in Clubhouse II and look through the items there. Also, some mutuals may have their own lost and found departments. Residents also may want to check for an item at their mutual's office, too, especially if the item was lost in or near that location.

FISH encourages residents to place an address label on personal items such as canes and umbrellas so that they are traceable.

About FISH

FISH is a volunteer organization that accepts donations of assistive equipment to lend out to residents and employees.

Available items often include wheelchairs, commodes, walkers and shower chairs.

Borrowing an item is a great way to test it out before deciding whether or not to purchase it.

FISH also accepts some other assistive items that it

gives away, such as canes, easy reachers, elevated toilet seats, baskets for some walkers and incontinence products. All of these items are kept in the front corner of the FISH office and are available to anyone.

FISH does not accept donations of oxygen tank tubes, blood pressure items, diabetic items or any kind of foot brace.

Residents are asked to bring all donations to the FISH office so volunteers can keep the basement near the storage area clutter-free.

Contacting FISH

The FISH office can be reached at (301-598-1345). Volunteers are there Monday to Friday from 10 a.m.-1 p.m. (except major holidays).

To leave a message at the FISH office, don't forget to press the pound sign (#) button when finished. If FISH is closed and you are looking for a lost and found item, call (301-598-1320) and an E&R staff member can assist you.

Want to Help?

Residents who would like to volunteer with FISH should can Beth Leanza at (301-598-4569) to set up a training session.

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Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

Fitness Center: One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).



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CLUBS, GROUPS & Organizations

The Kiwanis Club has

collection box in the

lobby of Clubhouse I.

Photo by Leisure World

placed a school supplies

■ Kiwanis Club

Aug. 20: Come Help Sort and Pack School Supplies

by Jack Colvis

Harmony Hills Elementary School students will soon return to school for the fall semester.

These students will need school supplies, so the Club has set up a collection box in the lobby of Clubhouse I.

On Tuesday, Aug. 20, Club members will need additional help to sort and pack the items in preparation for delivery in late August. All residents are invited to lend a hand anytime between 10 a.m.-noon in Clubhouse I. Pre-training is not needed. Residents who enjoy this kind of volunteer work are encouraged to come out and help.

Contacts

For questions about this event or about the Kiwanis Club, contact Heather Benjamin-Alexis at (240-433-0948), Susan Leshner at (240-558-3110) or Jack Colvis at (301-598-5380).

Rossmoor Library Guild

Library Reopens with New Books

by Anthony Magri

The library in Clubhouse I officially reopened on July 29 with new computers and a software system for cataloguing and checking out books.

The library thanks the Foundation of Leisure World for funding the new equipment, the E&R Department for funding the software and Dave Merritt for helping to install it.

The following is a list of 10 books that recently became available for checkout at the library:

- "The Road Home" by Richard Paul Evans
- "Redemption" by David Baldacci
- "The Big Kahuna" by Janet Evanovich
- "The Cast" "The Good Fight" and "Blessings in Disguise" by Danielle Steele

- "Queen Bee" by Dorothea Benton Frank (regular and large print editions)
- "Shooting in the Wild: An Insider's Account of Making Movies in the Animal Kingdom" and "Confessions of a Wildlife Filmmaker: The Challenges of Staying Honest in an Industry Where Ratings Are King" by Chris Palmer

The library also has 35 volumes of Agatha Christie's books permanently displayed on the new books shelf, plus nine large print versions of Christie's work. Author Sophie Hannah is writing more Hercule Poirot mysteries, and the library has three books from this series in its collection.

For more information about the library, contact Tony Magri at (tonyitalian1951@comcast. net).

■ Garden and Environmental Club

Sept. 9: Learn About Ikebana, the Japanese Art of Flower Arrangement

by Jean DeSchriver

The Garden and Environmental Club kicks off its new season with a program about flower arranging on Monday, Sept. 9, at 10 a.m. in Clubhouse I.

Mitsuko Otani will demonstrate and explain the basics of Ikebana – the Japanese art of beautifully arranging cut stems, leaves and flowers in a vase or other container. The art form has evolved in Japan over seven centuries. Its aim is to bring out the inner qualities of flowers and other live materials and express emotion.

Club members will have the opportunity to volunteer to participate in creating arrangements, and these will be awarded during a raffle drawing at the end of the meeting.

All residents and guests are invited to attend the program. New members are always welcome. Coffee, tea and delicious homemade desserts will be served before, during and after



Mitsuko Otani, courtesy photo

the meeting.

About the Club

One does not need to be a gardener to join the Garden and Environmental Club. The Club's mission is to foster interest in and communicate to the public all aspects of horticulture and its implicit connection to the environment by sponsoring meetings and activities to benefit Leisure World.

For more information, contact membership chair Gwen Raphael at (301-598-7653) or (graphael@verizon.net).

■The Pittsburghers

Sept. 18: Enjoy Dinner and a Movie

by Tania Iwanowski

Calling all Pittsburghers! Club members will gather on Wednesday, Sept. 18, at 6 p.m. in

Clubhouse II for dinner and a movie.

The served dinner includes pierogi, beef cabbage rolls and potato salad. Attendees may bring their own beverages.

The cost to attend the dinner and film is \$10 per person (checks only, payable to Tania Iwanowski). Checks may be dropped off at the Clubhouse I E&R office beginning on Tuesday, Aug. 20, at 8:30 a.m. The deadline for submitting checks is Wednesday,

Sept. 4, by 4 p.m.

After dinner, there will be a showing of the film, "Things That Are Still Here," about the hidden gems of living in western Pennsylvania.

For questions or more information, call Tania at (301-598-2278) or email (Tania.

Iwanowski@yahoo.com).

Sept. 10: Photography – A Lifelong Love Affair







From left, "Whirling Dervishes" by George Kaye; "White Pocket" by Joanne Mars; and "Chicago Skyline" by Jean DeSchriver

by Fred Shapiro

The Rossmoor Camera Club's first L meeting of the new season is on Tuesday, Sept. 10, at 7 p.m. and will feature a program that should interest members and non-members.

Club members Joanne Jackson Mars, George Kave and Jean DeSchriver will discuss how they came to photography and what they look for when taking photographs, showing attendees that photography is not a "one shot" deal.

Prior to the panel, Stu Lillard and Richard Bambach will explain and clarify the changes in the competition rules, which are intended to make the competitions more meaningful to the participants and encourage more members to participate.

About the Photographers

Mars is one of the Club's top award winners. As an avid potter, she wanted to take professional level images of her pieces for consideration in juried pottery shows. She attended a workshop on nature photography where she met her husband, Larry Mars, who has helped her develop her photography skills.

Kaye never shot a picture seriously until he and his wife started traveling. He joined the Camera Club and has learned a great deal about what makes for good photographs. He considers himself a traveler who takes photos for the memories, rather than a photographer who has to travel to get "that picture."

DeSchriver got her first camera, a Kodak Brownie, when she was about 12 years old. She bought her first "real" camera after joining the Rossmoor Camera Club and attending a class offered by Fred Shapiro. She has learned the most about the art of photography from the critiques provided at the Club's competition meetings.

Exhibit

Following the meeting, check the

exhibit, "Traveling with the Shapiros," which is in the Clubhouse II gallery through October.

About the Club

The Rossmoor Camera Club encourages residents to join and learn how to improve and enjoy their photographs.

The Club has two levels of membership. Members who expect to compete in the

monthly competitions pay \$25 annual dues. Residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of

Mail checks for dues to Woody Shields at (Rossmoor Camera Club, 3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906). Visit the Club's website at (www.



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Changes, They Are A-Comin'

by Ann Bolt

¬he exhibits in Clubhouse I are changed every month with the exception of the Open Studio projects, which stay for two months. The exhibit in Clubhouse II is changed every two months.

Exhibits at the Signal Financial Federal Credit Union in the Administration Building and the library in Clubhouse I are changed every two months, but this also may change. Exhibits may be up for two months at all these places – better for residents to see and enjoy them.

The newest exhibit in Clubhouse I features dogs and cows, bald eagles and little kids. Paintings include colorful dress, knitters and those that walk home from church or wander around Veterans Park. Seventeen artists have shared their talents in this exhibit. Most exhibitors have painted in the recognizable, realistic style.

But this may change, too. Rossmoor Art Guild (RAG) teacher Hija Yu is teaching an impromptu class on abstract painting. She has had several solo exhibits and uses photography to enhance her response to nature. She's painted some in-your-face flower paintings in a huge scale, almost inviting the viewer to crawl into the painting. Her class will invite students to use their favorite







From left, "Zebras" by Phyllis Lowinger; "Knitting" by Sandra Greer; and "After Church" by John Kyle, photos by Ann Bolt

medium while creating abstract works, and it will be offered during the fall, too.

Signal Exhibit

Half a dozen artists will "corral" a collection of dogs and cats, owls and chickens at the Credit Union during the month of August in an exhibit entitled "Rossmoor Art Guild Presents Pets and Paint.'

Check it out, cast a vote for your favorite painting and see if you can walk away without uttering, "Ah, isn't that cute?" Artists include Nancy Bullough, Nancy Albrecht, Ann Bolt, Phyllis Lowinger, Judith Lessin and Maria Clark.

Open House

Fall enrollment will be available at RAG's open house on Thursday, Sept. 12, from 1-3:30 p.m. in the art studio in Clubhouse I. It is a great opportunity to meet the teachers, be with other artists and plan your creative journey in an art class.

Annual RAG membership is \$15. Residents pay \$65 per class; non-residents pay \$70. Lockers are available for a nominal fee for members who don't want to haul their art supplies to and fro.

The RAG board encourages artists to bring something to protect the tops of the studio's tables from harsh paints and mediums. Some of the studio's well-used tables and desks will be replaced with new ones, thanks to a recent grant from the Foundation of Leisure World.

To make it easier for tenta-

tive students to switch from one medium to another, RAG welcomes any gently used art supplies – paper, paints, brushes – to be sold during the open house. Residents are asked to mark their boxes and bundles with "Rossmoor Art Guild sale" or "RAG sale."

If you haven't exercised your artistic and creative side for decades, come talk to the teachers at the open house, pick up a class schedule and get lost in creating your own beautiful, humorous and bright world. A beginner's drawing class is planned for the fall, so no more of the "I can't draw a straight line" excuse.

■ Ballroom Dance Club

Give Ballroom Dancing a Try

by Joyce Hendrix

₹he annual Hawaiian-L themed dance featuring Mike Surratt and The Eclectic Coalition Band is held on Saturday, Aug. 24, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. For details,

see the Events and **Entertainment section** of this publication.

Residents new to the community are encouraged to attend a monthly dance to see what the Club is all about. The band plays strict ballroom tempo music from all eras and all types of ballroom, including waltzes, both fast and slow, foxtrots, rumbas, tangos, merengues, polkas, quickstep and sambas.

A cash bar is provided at the dances, and members and guests may feel free to bring snacks for their tables.

The Club is accepting annual memberships from residents through September

at \$10 per person for the balance of the calendar year. Non-members and guests pay \$15 entry to each dance, while members pay \$10 each to enter.

The Saturday. Sept. 28, dance will feature The Retro Rockets. In addition to their usual rock 'n' roll music, they will also play waltzes, foxtrots and Latin music. Make your reservations, put on your dancing shoes and come dance with us.

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Sept. 4: Season Opens with Meeting and Performance

by Hannette Allen

7un and Fancy Theatre Group's season opening is on Wednesday, Sept. 4, at 7:30 p.m. in the Clubhouse II auditorium. "Color My World" is the show's title, with a short meeting preceding the presentation. Residents who have not sent in their \$10 membership dues may do so at the door. Come early if you are paying at the door, or have not received your membership card in the mail. New members are always welcome. As always, admission to a single meeting/show is \$5 for non-members.

This show, directed by the ever-talented Pat McConnell, has been cast and will not disappoint. "Color My World" features song and dance with a "colorful" array of entertainment from our community performers. See you there!

Acting Classes

Ernie Poland will present

a series of classes on the various aspects of performing, with the first class to be held on Saturday, Aug. 17, from 10 a.m.-noon in Clubhouse I. He will begin with the subject, preparing for auditions.

The classes are open to Fun and Fancy members only and are free, but registration is required and can be done by calling Steve Bennof at (301-456-5825).

'70, Girls, 70'

Fun and Fancy is looking forward to its big November musical, "70, Girls, 70." Casting is complete, and rehearsals begin in September.

Watch out for the two brassy waitresses at the Cornucopia Café, played by Annette Crowe and Beth Youse. What's their opinion of coffee in a cardboard cup?

As they sing in the musical: The trouble with the world today, it's plain to see/ Is everything is hurry up. / It's rush it

through, and don't be slow,/ And BLT on rye to go,/ With coffee (I think she said)/ Coffee (I know she said)/ Coffee in a cardboard cup. (lyrics by Fred Ebb).

And, most intriguing, can

Sadie, the fur salon owner (Robin Tash) convince Ida (Pat McConnell) to buy chinchilla instead of mink, or is Ida at the store for another reason? The plot thickens in "70, Girls, 70."



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Cool Off from the Heat with 'Christmas in August'

by Maggi Lindley

Who said we can't have Christmas in August? Not the Gilbert and Sullivan (G&S) Society!

G&S has been working hard at perfecting its production of Gayden Wren's "A Gilbert and Sullivan Christmas Carol" in the hopes that it will be an entertaining and funny operetta that residents will fall in love with as much as G&S has.

G&S has only one more week in which to perfect its performance for the community. "A Gilbert and Sullivan Christmas Carol" will be presented for two evening performances on Friday, Aug. 23, and Saturday, Aug. 24, at 7:30 p.m. and a matinee on Sunday, Aug. 25, at 2 p.m.

Tickets are cash or check only

(payable to Gilbert and Sullivan Society) and are on sale on the following days:

- Aug. 16 10 a.m.-2 p.m. in Clubhouse II
- Aug. 17 10 a.m.-2 p.m. in Clubhouse I
- Aug. 19 and 21 -10 a.m.-2 p.m. in Clubhouse I
- Aug. 20 10 a.m.-2 p.m. in Clubhouse II
- Aug. 21 10 a.m.-2 p.m. in Clubhouse I
- Aug. 22 10 a.m.-2 p.m. in Clubhouse II

Tickets can also be purchased at the door before each performance. Tickets cost \$10 each and seating is on a first come, first serve basis.

About the Operetta

The operetta is based on

Charles Dickens' classic story about the transformation of Ebenezer Scrooge from "the meanest old skinflint ever" to a philanthropist of the highest

The ghost of Scrooge's former business partner, Jacob Marley, visits him and explains that he will be visited by the Ghosts of Christmas Past, Present and Future. Each, in turn, presents Scrooge with the painful fact that if he does not change his ways, he will end up in a pauper's grave with no one to mourn him. Scrooge's transformation ends up surprising everyone.

All of your favorite "Christmas Carol" characters are in the operetta, from the Scroogiest Scrooge ever, played by Jack Melnick, to Tiny Tim, played by Ida Leong, and the entire Cratchit family,



Mrs. Kindheart (Mary Jane Boyle) tells Mr. Goodman (Bob Bridgeman) exciting news while Bob Cratchit (Steve Bennof) listens in the background. Photo by Maggi Lindley

along with the three ghosts played by Florence Campi (Past), Maureen Harris (Present) and Anna Pappas (Future) and many other unforgettable characters.

The story is made even better when paired with music from all 14 of Gilbert and Sullivan's operettas. Theatregoers will recognize many of the tunes and are welcome to sing along. Just remember to look at the words above the stage as they are not the usual G&S words.

"A Gilbert and Sullivan Christmas Carol" is directed by Beth Youse, with musical direction by pianist extraordinaire Elaine O'Leary. Maggi Lindley is the producer. G&S is also fortunate to have a terrific technical team that provides the lighting, sound and set design.

G&S is sure theatregoers will love this out-of-season production and guarantees you will leave the theater with at least one song from the production humming in your head. So come one, come all and let us welcome you to Christmas in August!

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Sept. 19: 'Sound Advice for Securing Your Financial Future'

by Fred Shapiro

The Center for Lifelong Learning (CLL) hosts personal finance expert Clark Kendall on Thursday, Sept. 19, at 2 p.m. in Clubhouse I for his presentation, "Sound Advice for Securing Your Financial Future."

As adults age and approach retirement, they may have numerous concerns about their savings and investments. Kendall will discuss such topics as Social Security benefits, managing retirement income, planned giving and managing healthcare and long-term care costs in retirement.

The program is free, but residents are asked to register by either stopping by the Clubhouse I E&R office or calling (301-598-1300) beginning on Tuesday, Aug. 20, at 8:30 a.m. to ensure seating.

Veneers

About the Presentation

Millionaires aren't as rare as they used to be, but saving for the future can be a tough and

intimidating venture, often leaving those in the middle class feeling frustrated with the state of their savings. Kendall's book,

"Middle Class Million-

aire: Surprisingly
Simple Strategies to
Grow and Enjoy Your
Wealth" has the tips
and insider information
needed in order to feel
financially secure and
ease the stress that comes with
managing savings. Kendall
delivers thorough yet accessible
advice for those who aspire to
be, or already are, "middle class
millionaires."

Clark Kendall, courtesy photo
tesy photo

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The phrase "middle class" means different things to different people and surprisingly,

so does the term "millionaire." The middle class makes up most of the population, partly because it's defined in such

vague terms. It's typically defined as households earning a yearly income that hits above the poverty line but falls shy of the upper class.

The middle class comes from all walks of life, holding various types of jobs and leading vastly different lives. Despite these differences, there is

one thing that middle-classers have in common: they work hard to live well and without realizing it, they may very well be on the path toward becoming millionaires.

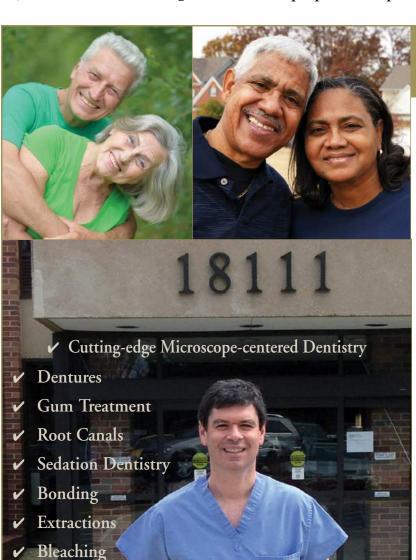
Kendall will discuss his book, focusing on the section entitled, "How to Transition into Retirement and Beyond," and will answer residents' questions.



Kendall has more than 30 years of domestic and international investment and wealth management experience, focused on serving "middle class millionaires." He holds a bachelor's of business administration degree in finance and economics from James Madison University and is a former equity seat holder on the New York Stock Exchange.

Kendall is the founder and CEO of Kendall Capital in Rockville, Maryland, and a member of the Washington Society of Chartered Financial Analysts. He is also an accredited estate planner and certified financial planner.

For more information about all CLL courses and lectures, visit (www.cllmd.com).



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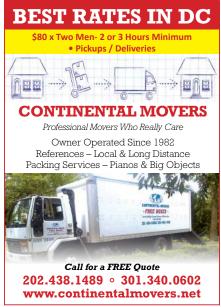
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Two-Part Class Educates Students on 'Haiti: the Revolution and the Civil War'

by Fred Shapiro

Tistory can make strange Legislation bedfellows. Such is the case of the revolution in Haiti against French colonial rule and its impact on abolitionists here in the U.S. during the Civil War.

These events are the



subject of a two-session class sponsored by the Center for Lifelong Learning (CLL). Instructor Marvin Jones presents "Haiti: the Revolution and the Civil War" on Tuesday, Sept. 24, and Wednesday, Sept. 25, at 11 a.m. For more details about the class, see the Classes and Seminars section of this publication.

In 1976, Jones started documenting one of the tallest forts in the world, the 13-story, 450-footlong Citadelle Laferrière in northern Haiti. The Citadelle and 30-some other forts represented Haiti's resolve to remain an independent nation.

Over 12 years, Jones documented the Citadelle from its neglected state to its near-restoration in 1989. Almost two years ago,

Mobility

he revisited the still well-preserved fort and will return

this December. What he learned during this period is the basis of his class in Leisure World.

About the Instructor

It was during the years between his trips to Haiti that Jones pondered over personal project ideas he could

carry out in Washington, D.C., and his native northeastern North Carolina.

He began scanning photographs of hometown families in the late '90s, which lead to founding the Chowan Discovery Group, whose mission is to research, document, preserve and present the 432-year-old history of

> his home community along the Chowan River.

Since its founding 10 years ago, Chowan **Discovery Group** has produced lectures and articles and radio appearances: has erected seven North Carolina highway historical markers; has put on one stage production

and has received a state and a national award. For more information, visit (www. chowandiscovery.org).

For more information on all CLL courses and lecutures, visit (www.cllmd.



Marvin Jones, courtesy



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Rollators

Sept. 23: Presentation on County's Library Resources

by Fred Shapiro

iving in Montgomery **∠**County provides many services to seniors, among

which are those provided by public libraries. Outreach library associate Julie Dina will discuss just what these services are during a program sponsored by the Center for Lifelong Learning (CLL) on Monday, Sept. 23, at 2 p.m. in Clubhouse I.

The program is free, but residents are asked to register by stopping by the Clubhouse I E&R office or by calling (301-598-1300) beginning on Tuesday, Aug. 20, at 8:30 a.m. to ensure adequate seating.

Dina will elaborate on new resources for seniors that are available at Montgomery County public libraries

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(MCPL), including health and consumer information as well as guides on topics ranging from transportation and legal issues to employment and

assisted living.

Dina's presentation will also cover how to stream movies and access digital magazines, audiobooks, music and tutorials, as well as the programs and courses offered by MCPL.

MCPL's services and resources are all

free for those residents with a library card. Do not miss this exciting learning opportunity.

About the Presenter

Dina started working with MCPL as a part-time circulation staff in 1997 while she was still attending college in the University of the District of Columbia.

Upon receiving a bachelor's

in mass media and communications, she left the library system to work full-time with the U.S. Senate in their Education and Training Department with the Sergeant at Arms.

After realizing that she loved and missed working at the library, she returned to work with the information staff as a part-time library associate. By then she had completed her

degree at the Library Associate Training Institute. She recently accepted a full-time position as an outreach library associate so that she can continue to spread the good news on resources and services provided by MCPL.

For more information on all CLL courses and lectures, visit (www.cllmd.com).





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Julie Dina, courtesy photo

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Sept. 12: Join Democrats to Rally With Raskin

by Roger Blacklow

Nongressman and former constitutional law professor Rep. Jamie Raskin is headlining the Democratic Club's meeting on Thursday, Sept. 12, at 7 p.m. in the Clubhouse I Crystal Ballroom.

Raskin is well known for his accessibility to Leisure World residents and his sincere interest in residents' concerns.

His constitutional law expertise and his seats on the judiciary and oversight committees make him a photo courtesy highly visible, pivotal player in the (commons.wikimedia. ongoing investigations of the pres- org) ident and of election interference



Rep. Jamie Raskin,

may be time for questions and answers. The rally will include sign-up sheets for

> the Club's "Dump Trump in 2020" campaign, which begins this fall. Sign-up sheets will be available for the Club's postcard parties, EMOCRATIC CIE phone banking and other 2020 political activities.

Don't miss this chance to hear Raskin's thoughts on the investigations and the upcoming elections. Come rally with the Democrats for 2020!

Join the Club

Membership in the Demoby Russia. His availability is limited, but there cratic Club is \$15 per person per year and

runs until Monday, June 1, 2020. This year, renew your membership and bring a friend or two into the Club.

Members get a big bang for their buck: members of Congress, the Annapolis delegation and other interesting

> speakers such as Marvin Kalb and State Democratic Chair Maya Rockeymore-Cummings frequently attend Club meetings.

To join, send a check for \$15, payable to DCLW, to Jon Fife at (3200 N. Leisure World Blvd.,

Apt. 1001, Silver Spring MD 20906). Be sure to include an email address because dues automatically provide members with a subscription to the Club's in-house newsletter, the Donkey Dispatch.

■ National Active and Retired Federal Employees (NARFE) Chapter 1143

Sept. 16: Chapter Holds First Meeting of New Season

F ollowing a summer hiatus, the Chapter's first regular meeting is on Monday, Sept. 16 – the third Monday of the month – at 2 p.m. in Clubhouse I. Refreshments will be served at 1:30 p.m. The name of a surprise speaker will be forthcoming.

Upcoming Events

Alan Bersin, former "Border Czar" under President Clinton and President Obama, will speak at a special program initiated by the Chapter on Friday, Sept. 27, at 7 p.m. in the Clubhouse II auditorium.

In October, the Chapter will once again sponsor a Federal Health

Open Season Roundtable in the Clubhouse I Crystal Ballroom. In November, the Chapter will discuss the Checkbook review of these

programs. One message taken from previous years is that there is no one plan best for everyone and the individual plans, costs and risks do not remain the same.

Federal Service

Over the summer, the Chapter's execu-

tive board has discussed what it believes are the increasing attacks on federal service through shutdowns, proposed U.S. agency and Office of Personnel Management reorganizations and relocation of key scientific and oversight organizations and personnel,

forcing retirements and job loss

for federal personnel.

NARFE believes that current federal employment is being denigrated by insults on the career and senior intelligence and scientific organizations who are qualified and nonpartisan in carrying out the rule of law and regulation.

At the same time, less qualified and even unqualified people are often being hired and appointed to acting positions devoid of traditional accountability,

which may make career civil service less attractive for recruitment and cause more turnover and thus providing a basis for cuts in earned benefits of retired federal employees.



Chapter treasurer Jewel Lee has finalized the order for a Chapter-specific mug that will be available for \$4. Mugs can be purchased at the Sept. 16 meeting.

The Chapter wants the experiences and insights of more retired federal civilian and military employees not yet associated with NARFE. Dues for Chapter 1143 are only \$44 per year or \$38 from a federal annuity payment that's spread over 12 months.

For more information, contact membership chair John Lass at (johnmlass@ comcast.net) or (301-288-4210). For questions and suggestions, or if you would like to support the Chapter in some way, contact one of the Chapter's officers:

- John Moens (johnjots@outlook.com), (301-438-3237)
- Joe Cook (joec37766@gmail.com), (202-271-0710)
- Jewel Lee (jewelalee@msn.com), (301-801-4007)
- Rich Rothstein (whobodyelse@aol. com), (301-598-5760)



Kathleen and Eileen Kane

Chapter 1143 mug,

photo by Joe Cook

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■ Republican Club

Sept. 17: Secretary of Maryland's Department of Aging Speaks at Meeting

by Fred Seelman

n Tuesday, Sept. 17, the Republican Club opens its 2019 fall season with an address by the Secretary of Maryland's Department of Aging (MDOA) Rona Kramer describing MDOA's programs and services for seniors.

The meeting is at 7 p.m. in Clubhouse I. Kramer will describe programs and services such as Elder Abuse Prevention, Elder Financial

Exploitation, the Senior

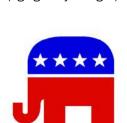
Medicare Patrol and the Senior Call Check Program.

Secretary Rona Kramer, photo courtesy (aging.maryland.gov)

Aging and the government's involvement in it is an important issue for seniors and the Republican Party. Come to the Club's meeting and join in a discussion of various aging concerns.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail. com), or call first vice

president Robert Kammer at (301-847-9820).



■ Jewish Residents of Leisure World

Aug. 18: Jewish Residents **Host Meet and Greet**

by Judy Frumkin

ewish Residents of Leisure World (JRLW) invites residents to mix and mingle with current members at a Meet and Greet on Sunday, Aug. 18, from 2-4 p.m. in Clubhouse II.

Prospective members can meet JRLW's officers and board members and see a PowerPoint presentation about the organization. Refreshments will be served and door prizes will be awarded.

Everyone attending will receive one raffle ticket, and those bringing a potential member and those joining the organization will receive an additional chance to win a door prize. Prizes will include wine, gift cards and gift certificates to Corned Beef King.

JRLW Membership

Membership benefits include reduced prices on High Holiday tickets, subscription to JRLW's in-house publication and the

> ability to join with other Jewish members of the community.

For further membership information, contact one of JRLW's membership co-chairs:

- Judy Frumkin (judy frumkin@gmail.com), (443-858-2894)
- Leah Weisman (leahe weisman@gmail.com), (301-288-4267)

Also, check out JRLW's website at (www.jrlwmd.org), which includes a calendar of activities and a list of current board members.

■ Jewish Discussion Group

Rabbi to Address Group at September Meeting

by Jerome "Jerry" Cohen

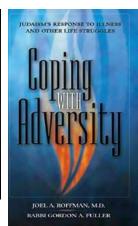
S pecial guest speaker Rabbi Gordon Fuller will discuss his book, "Coping with Adversity: Judaism's Response to Illness and Other Life Struggles," at the Jewish Discussion Group's (JDG) next meeting on Sunday, Sept. 22, at 10:30 a.m. in Clubhouse I.

What situations have you faced in your life or are currently facing that feel challenging? Come and hear how Fuller's book uses values from Judaism's time-tested, 3,500vear history to help people deal with adversity in their lives. He brings the experience of a social worker, educator and pulpit rabbi to these sensitive issues.

"Combining the medical experience of a cardiologist with the Judaic knowledge of a rabbi, 'Coping with Adversity' draws on the practical wisdom of ancient Jewish teachings and scripture to help people of all faiths. The advice, inspiration and comfort from the vast stores of Judaic heritage uplift the spirit and give encouragement to those facing illness, mental anguish and uncer-



Rabbi Gordon Fuller, courtesy photo



tainty," according to (www. amazon.com).

After his talk, Fuller will be happy to sign copies of his book, which will be sold at the special price of \$10 per copy.

General Information

The Group will not hold discussion sessions in August and November. JDG invites people of all faiths to attend these free discussion group sessions held on the fourth Sunday of every month from 10:30 a.m.-noon in Clubhouse II.

For additional information or to have your email address added to the monthly notification list, call or email group moderator, Jerry Cohen, at (240-970-5024) or (jcohen@ iccbb.com).



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Aug. 21: Jewish Influence on Rock 'n' Roll Era'

by Barbara Eisen

Cantor Michael Kravitz will speak to Hadassah on Wednesday, Aug. 21, at 2 p.m. in Clubhouse I on "The Jewish Influence on the Rock 'n' Roll Era," a new and exciting topic residents are sure to enjoy.

The cost is \$5 by either a check payable to Hadassah or cash. The fee will be collected at the door and will go toward

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The meeting is open to everyone. However, residents are asked to RSVP to either Judy Rumerman at (judy rumerman@gmail.com) or (301-680-0850), or Bobbi Gorban at (bprem@aol.com) or (301-838-4336). RSVPing ensures Hadassah can provide enough seating. Bring your spouses and friends to this enjoyable afternoon program.

Judaic Study Group

Hadassah's Judaic Study Group meets on Monday, Aug. 19, at 1:30 p.m. in Clubhouse I. Shari Goldstein will be the moderator.

Hadassah Magazine provides information about the best meals to prepare, graphic novels to read and interesting places to visit, along with medical breakthroughs that Hadassah Hospital researchers are sharing with the world.

Bring your most recent copies of Hadassah Magazine

with you as the Group will focus on interesting articles from the May/June 2019 and the July/August 2019 issues.

As always, all residents are welcome. For questions, contact Shari Goldstein at (240-293-6442); Marcia Elbrand at (marciaelbr@gmail.com) or (216-496-6633) or Peri Schuyler at (301-869-2968).

Trip

Check the Club Trips section of this publication for details about Grand Slam Sunday on Sept. 15 – a trip to see an afternoon baseball game between the Washington Nationals and the Atlanta Braves.

Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are \$2.50 each or five for \$10. Cards are displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber, available at (301-598-5922), is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@ earthlink.net), or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

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Sept. 4: Cantor Presents 'A Program of Jewish Songs'

by Carole Mund

n Wednesday, Sept. 4, NA'AMAT RBZ Club will have its first open meeting of the season, at which Cantor Michael Kravitz will present "A Program of Jewish Songs" at 12:30 p.m. in Clubhouse I. The event is free and open to all residents.

Kravitz is known to many in the Washington, D.C., area. Spend an enjoyable afternoon mingling with NA'AMAT members and other residents. Refreshments will be served.

Become a Member

Join the Leisure World chapter of NA'AMAT USA. Support programs that help women and children in Israel. NA'AMAT USA sponsors 17 vocational training high schools in Israel.

Help a student like Yael who has dyslexia and had difficulty learning, according to a bulletin released by the NA'AMAT USA organization. She rarely

attended classes and was bullied by her classmates. At NA'AMAT 's Petach Tikva high school, she was diagnosed and provided a program that fits her needs. She has slowly been able to turn her life around and will be able to take her place in the Israeli army and ultimately take an active place in Israeli society.

Membership enables these types of programs to continue. To join, mail checks for \$36, payable to NA'AMAT USA, to membership chairperson Harriet Chaikin at (15101 Interlachen Dr., Apt. 1-216, Silver Spring, MD 20906). Contact Harriet at (240-560-7487) with any questions.

Executive Board Meetings

Residents, as well as those living outside the community, are welcome to attend the Club's executive board meetings.

The executive board is open to new ideas and encourages participation by the community. It is an excellent way to meet the people that are dedicated to the mission of NA'AMAT. Following the meeting, the group has lunch at the Terrace Room in Clubhouse I.

The next meeting is on Tuesday, Aug. 20, at 10:30 a.m. in Clubhouse I.

Book Club Update

NA'AMAT RBZ Club has a book club that meets on the fourth Wednesday of each month. This active group meets to discuss literature chosen by the group. The book chosen for August is "Waking Lions" by Avelet Gundar-Goshen.

Contact Barbara Tahler at (240-669-6961) for the meeting time and place.

Upcoming Events

- Sept. 14 The Capitol Steps show is sold out. For further information, contact Esther Goldstein at (301-847-9215).
- Oct. 16 a fashion show and luncheon featuring fashions by J. Jill

- Oct. 30 overnight trip to Dover Downs hotel and casino. Check the Club Trips section of this publication for more information.
- Nov. 6 notable documentary, "Heading Home: The Tale of Team Israel" about a team of nice Jewish baseball players who take on the world
- Nov. 13 Eyre Bus, Tour & Travel travels to Riverside Theatre to see "Annie." Mention NA'AMAT and the organization will receive a stipend and you will receive donor credit.
- Dec. 3 annual game day with specially homemade kugels and refreshments

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) and Gladys Blank at (301-438-9666). For tribute cards, contact Lenore Kalen at (301-922-4348).

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*2018 Holleran Community Engagement Survey 📑 🔼 in 🚉 🕹



Sept. 15: Brunch Features Musician Extraordinaire Darryl Davis

by Jonas Weiss

On Sunday, Sept. 15, Jewish Residents of Leisure World (JRLW) will have a brunch featuring Darryl Davis, a popular pianist who played for Chuck Berry for 32 years.

Davis will take brunchgoers on a musical stroll down rock 'n' roll memory lane with his presentation, "Jews Who Sit at the Table of Rock 'n' Roll." The program is at 10 a.m. in the Clubhouse I Crystal Ballroom.

Reservations are required no later than Monday, Sept. 9. To make a reservation, mail a check for \$14, payable to JRLW, to Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906).

To reserve a table for 10, send all 10 checks together to Jerry Gordon.

Rosh Hashanah

The Rosh Hashanah holiday begins on the evening of

Sunday, Sept. 29.
Tickets for the High
Holy Day services
should be purchased
from JRLW treasurer
Marsha Bernstein at
(3210 N. Leisure World
Blvd., Apt. 921, Silver
Spring, MD 20906).

A convenient form with details is in the JRLW newsletter. The cost is \$110 for members and \$146 for non-members. Make checks payable to JRLW and enclose a stamped, self-addressed envelope to receive your tickets by mail.

To join or renew membership for the 2019-2020 fiscal year, send checks for \$20 per person, payable to JRLW, to Marsha Bernstein at the aforementioned address.

Save the Dates

- Aug. 18 Meet and greet party for current and prospective members. For details, see page 31.
- Sept. 10 Rabbi Seth Bernstein's free lecture on "Jewish Communities in the Aftermath of Crises" at 7 p.m. in Clubhouse I. Contact Rebecca Leavey at (301-770-4787) to make a reservation.
- Sept. 18 JRLW/Bender Jewish Community Center

- lecture on artist Marc Chagall at 10:30 a.m. in Clubhouse I.
- Oct. 11 Dr. Ira Weiss' six-week course on Israeli Cinema. Information on registering for this course is forthcoming.
- Oct. 21 JRLW brunch with Montgomery County Sheriff Darren Popkin
- Nov. 2 Havdalah Sabbath evening service with Wendy Gonzalez, and a Malava Malka light meal
- Nov. 18 JRLW brunch with Richard Bell and "How Alexander Hamilton Remixes History and Show Business" at 10 a.m. in Clubhouse I

Book of Remembrance

A new Yiskor Book of Remembrance will be published soon and will be used at the Yom Kipper service and at other major holidays.

To have your deceased loved ones' names memorialized in this booklet, send donations of \$6 per name for members and \$8 for non-members (checks only, payable to JRLW) to Barbara Cohen at (3210 N. Leisure World Blvd., Apt. 1006, Silver Spring, MD 20906). The deadline for submissions is Sunday, Sept. 1.

Join Rabbi Moshe Samber and volunteers to hold abbreviated Sabbath services and discuss Torah and Mishnah on Saturday, Aug. 17, 24 and 31 at 9:15 a.m. in Clubhouse II.

Donations

For the Torah maintenance fund, send checks payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906). Donations for prayer books should go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906).

Send donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedukah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

■ Vegetarian Society of Leisure World (VSLW)

Sept. 19: Meeting Includes Documentary Film Showing

by Bob Fenichel

The next meeting of the Vegetarian Society of Leisure World (VSLW) is on Thursday, Sept. 19, at 7 p.m. in Clubhouse II. The Group will show the movie "What the Health." For details, see the Events and Entertainment section of this publication.

Big news for vegetarians

– Burger King launched a
vegan version of the Whopper
nationwide on Aug. 8. The fast
food restaurant will be using

vegan "Impossible Burgers" made by Impossible Foods. Check out (https://impossible foods.com/burgerking/) for more information.

Additional information on VSLW activities is available at (www.vslw.org). Please note that everybody is welcome at VSLW activities; residents don't have to be vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."





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Membership Has Many Perks

by Flo Merola

ecoming a member of **B** the Italian Social and Cultural Club costs only \$12 per person, and the membership year is from Sunday, Sept. 1, 2019, to Monday, Aug. 31, 2020.

The membership year includes many fun events in which the cost for members is less than for non-members. Pick up a membership form in the mail slot in the Clubhouse I E&R office.

Mail a completed form

along with a check, made payable to the Italian and Social Club, to Paul D'Angelo at (3310 North Leisure World Blvd. Apt. 310, Silver Spring, MD 20906).

For questions, contact Barbara Kaminski, membership chairman, at (301-847-9313) or (bkaminski0064@ gmail.com). (That's zero,

The Club's next board meeting is on Wednesday, Sept. 11, at 1 p.m. in Clubhouse I. All members are encouraged to attend.

Café Cinema

The Club's first event of the new season is the ever-popular Café Cinema on Sunday, Sept. 22, at 2 p.m. in the Clubhouse I Crystal Ballroom. This event is open to all residents.

The Club will present three, full-length and commercial-free episodes from the hilarious award-winning "I Love Lucy" series: "Lucy Gets Homesick in Italy," "Lucy's Italian Movie" and "Lucy's Bicycle Trip." Dessert and coffee will be served. The cost

is \$10 for members and \$12 for non-members.

Mail checks, payable to the Italian Social and Cultural Club, to Paul D'Angelo at (3310 North Leisure World Blvd., Apt. 310, Silver Spring, MD 20906). Checks should arrive no later than Thursday, Sept. 19. You, too, can join the Ricardos and the Mertzes when they visit Italy!

Until then, join us on the bocce court located near Clubhouse I on the first and second Fridays of the month at 10 a.m. Bocce is free to all residents. No need to sign up; just show up.

■ Rossmoor Women's Club

Sept. 18: Rossmoor Women Host 'Wine and Friends' Event

by Marcia L. Elbrand

¬he Rossmoor Women's Club (RWC) hosts a welcome back party on Wednesday, Sept. 18, from 3-5 p.m. in the Clubhouse I Crystal Ballroom. The event is themed, "Good Wine and Good Friends Make a Good Blend.'

The festive event will feature heavy hors d'oeuvres and a cash bar. Additionally, each paid attendee will receive a ticket for a complimentary glass of wine. Club members and prospective members are invited to attend.

"We hope that women, both from Leisure World and nearby communities, who endorse our purpose of supporting local educational institutions and charities, will come to this afternoon event and take a first-hand look," said Club president Abigail Murton.

To attend, mail or deliver a check for \$25, payable to Rossmoor Women's Club, to Peggy Sullivan at (3743 Glen Eagles Dr., Silver Spring, MD 20906) no later than Friday, Sept. 13. No refunds will be available after that date.

Volunteer Opportunities

Chairpersons from each of

the Club's major fundraising activities will be on hand at the Sept. 18 event to discuss volunteering opportunities the Club offers, which include serving on the Club's education committee, supporting A Wider Circle's efforts to end poverty and volunteering at the RWC's annual November "Pecan, See's Candy and Fruitcake" sale and the thrice-yearly vendor sales.

RWC also donates annually to Casev House Hospice, Fisher House Foundation, which provides lodging for visitors to wounded military, and the Betty Ann Krahnke Center, which provides shelter and career training for domestic violence survivors.

RWC, now in its 51st year at Leisure World, annually awards college scholarships to seniors at Blake High School. Rossmoor Women volunteers also provide classroom enrichment to the Head Start pre-school class at Harmony Hills Elementary School in Silver Spring.

For any questions specific to the Sept. 18 event, contact planning committee chair Noreen Potter at (301-674-5237).

■ Writers of Leisure World

Sharing Even More Childhood Memories

by Denise Barker

The writers World met on The Writers of Leisure July 8 and shared more of their work based on childhood memories.

Joanie Friedlander shared her childhood feelings about the loss of her father when she was eight years old, and how praying in school brought her peace the next day.

She recalled a list of small pets she had, which included a canary, turtle, goldfish, puppy and baby duck. She also remembered the joys of Girl Scout camp and songs around the campfire.

Viola Stendardi remembered a relative who spent his life with the fire department and was still fighting blazes when he was 80 years old. He saved the lives of many people, as well as a deer that fell through ice and nine cats.

Janie Carmona told about baking a dump cake, in which the baker mixes the solid ingredients and then throws in water.

Grace Cooper shared memories of visiting her grandma. She recalled the sadness of hearing about

Pearl Harbor and her grandma's treasures: bagpipes, a windup phonograph and a grand piano.

Woody Shields wrote a eulogy to his dad, who he described as a "rock of stability" and a soulmate

> to his mother. He loved the outdoors and taught Woody and his sister to fish and hunt, as well as how to play poker.

Denise Barker shared a poem about summer

heat waves and another about standing in low tide at the beach, writing "I can only stand still by moving, the earth does not tolerate inertia."





New Club President Plans a 'Knit and Chat' Group

by Elizabeth Brooks-Evans

¬he Going It Alone Club ■ (GIAC) meets every Saturday (known as Saturday Afternoon Live - SAL!) beginning with armchair travel at 2 p.m. in Clubhouse II.

GIAC's goal is to enhance the social and emotional well-being of its members with games, fellowship opportunities and exciting trips.

The Club's new president, Elaine Strass, plans to start a knitting group during SAL beginning on Saturday, Aug. 17. Whether you are an advanced knitter, a beginner or somewhere in between, you are welcome to bring knitting materials to the Clubhouse II lobby to knit and chat with each other from 2:30-4 p.m.

For more details, contact Elaine at (301-598-2169).

Armchair Travel

On Saturdays, Aug. 17 and Aug. 24, GIAC presents parts one and two of "Discovering Italy," a travel video that indulges in the passion of Italy from trendy Milan to the tranquil isle of Capri.

See the Leaning Tower of Pisa and ride through the streets of Sienna in the legendary Palio di Siena horse race. Meet Tuscan winemakers and enjoy colorful regional festivals. Ride a gondola past Piazza San Marco and tour the opulent Doges Palace in Venice.

Step back in time at the Forum in Rome. Then toss a coin in the Trevi Fountain to ensure your return to this rich and romantic land. At a festival in Venice. watch modern-day boaters compete against each other in one of the city's oldest and most exciting events that races past uniquely romantic sites.

Games

Games begin at 2:30 p.m. right after armchair travel. Bridge and Rubik's cube are played in the Clubhouse II lobby, and Mexican train dominos

is played in the Game Room, where an old-fashioned dominos game is also available. Members are also welcome to bring or suggest other favorite games.

Anyone interested in more information about games can contact Sylvia Pachenker at (301-598-5325).

Trips

GIAC will take a trip on Wednesday, Dec. 11, to have dinner at Carmine's Italian Restaurant in downtown Washington, D.C., followed by a bus tour for sightseeing holiday decorations and lights in the nation's Capital. More details about this trip are in the Club Trips section of this edition.

All residents, whether married or single, are welcome to participate in scheduled trips. Sign up for trips takes place during Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II when a Club representative is available to receive

payments and answer questions.

The GIAC newsletter, which has more trip information, is also available at that time. For questions about trips, call Joe Parker (301-598-3457) or Nancy Alderman at (301-598-5614). Nancy would like to form a travel committee of members interested in planning future trips; contact her directly for more details.

Membership

GIAC members who missed the opportunity to renew their \$8 membership dues during the annual meeting can still do so during SAL from 1:30-3 p.m. They may also leave their dues (checks only, payable to GIAC) in GIAC's mail slot at the Clubhouse I E&R office, or mail them to Club president Elaine Strass at (15107 Interlachen Dr., Unit 216, Silver Spring, MD 20906).

For more information about membership, contact Elaine at (301-598-2169).

■ Comedy and Humor Club

Laughter Is the Best Medicine

by Al Karr

omedy and Humor Club members feel that laughter is indeed the best medicine, a point that is verified by health programs at hospitals such as the University of Texas' MD Anderson Cancer Center, at Houston, and the Swedish Covenant Hospital, in Chicago, to name two hospitals widely

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renowned for their exceptional care of cancer patients.

Additionally, MD Anderson has been named one of the two top U.S. cancer hospitals every year by U.S. News Report since 1990 and recently was named No. 1 in the Report's 2019-2020 national rankings of Best Hospitals by Specialty.

The two hospitals are finding that programs that induce laughter, whether the patient wants to laugh or not, are important health tools. At MD Anderson, for example, patients in the laughter classes show a reduction in stress, depression, pain, blood pressure and anxiety, according to Stephen Findley, the hospital's chaplain and director of laughter treatment.

Which, among other benefits, makes chemotherapy treatment more effective, by reducing harmful stress. And the patients just feel better, Findley said, adding that they have a more positive attitude toward

life, despite their cancer.

The classes use yoga-like breathing, stretching, clapping, sometimes meditation - and induced laughter (which often turns into spontaneous laughs), to achieve its goals.

Typically, the instructor leads the patients in talk, for example like "oh-ha ha ha" ending with participants throwing their arms above their heads and shouting "yay!"

"Even if you do not feel like laughing, if you don't even have a sense of humor, it doesn't matter," Findley said. "You could actually do a fake laugh and pretty soon – your body doesn't know the difference pretty soon you will begin to spontaneously begin to laugh on your own."

"Laughter yoga is suited for cancer patients because it allows them to release their tension through something that is very basic," Findley said. Laughter has become a vital part of MD Anderson's Integrative Medicine approach, which is far broader than typical hospital health programs.

Laughter yoga was started in India by Dr. Madan Kataria about 15 years ago, after he found himself waking up at 5 a.m. and laughing every time.

Before long, he was finding that sustained laughter improves one's physical condition, increases oxygen intake, lowers calories and is all-around therapeutic in much shorter exercise sessions than cardio or other physical workouts. Sports groups and company employees are engaging in the fun activity.

Major news organizations have reported on these gains in the U.S., and The Discovery Channel has featured laughter yoga clubs.

The Comedy and Humor Club meets on the first three Tuesdays of the month at 1:30 p.m. in Clubhouse II.

Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Clipper Workshop: Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Windows systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Aug. 23. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

LW Green: LW Green was formed in 2015 by residents who are enthusiastic about becoming better environmental stewards. Meetings are the fourth Wednesdays of the month at 2 p.m. in Clubhouse I. All those who care about the natural resources in Leisure World and the outside communities

are urged to join us. For more information, contact Janice McLean at (janicewmclean@gmail.com).

Interfaith Committee for the Homeless and Working Poor: The focus of this committee is to provide opportunities for Leisure World residents to work together to solve some of the problems experienced by homeless and working poor individuals and families in Montgomery County. This coalition is composed of representatives from The Inter-Faith Chapel, Jewish Residents of Leisure World, Our Lady of Grace Catholic Church, the Unitarian Universalists of Leisure World and the community at-large. If you would like information about participation in ongoing projects of this committee, contact Gwen Raphael at (301-598-7653) or (graphael@verizon.net).

LW LGBTQ Alliance: Our group was formed to give members of the LGBTQ community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II, except in July and August. We welcome everyone; being gay is not a prerequisite. The LW LGBTQ Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire Leisure World community. For additional information and events, email us at (lwlgbt@gmail.com). You can also follow us on Facebook at LW LGBT Alliance.

Model Railroad Club: If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

Musical Jammers: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

New Yorkers and Friends Group: Join fellow New Yorkers and Friends on the second Thursday of each month at 10:30 a.m. in Clubhouse I. The Group offers opportunities to support outreach projects and to engage in a wide range of social activities. The Group's motto is "New Yorkers & Friends Can Make a Difference!" The Group welcomes anyone who has had affiliations with New York (both city or state), or who just likes New Yorkers. For more information, contact Connie at (301-438-2667).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Aug. 22.

(continued on page 38)

Clubs, Groups & Organizations In Brief (continued)

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multi purpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The Short Story Prize: 15 Yeas of Great Fiction." On Wednesday, Aug. 21, we will discuss "The Book of Miracles" by Edwidge Danticant. On Wednesday, Sept. 4, Beth Leanza will lead a discussion of "The Postman's Cottage" by Patrick O'Keefe. The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "showand-tell," and we hold an auction of members' stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: TMO is a movement of residents concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each

month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information, email (admin@townmeetingorganization.com) or visit (www. townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women's Fun Bunch of Leisure World: The Women's Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquires, call Marlene at (301-438-7773).

Yahoo Group: The Group is an online forum and email list serve that provides informal, online communication between neighbors. It provides residents an opportunity to seek information, post announcements and share photos and files. This list serve is monitored daily to assure the stated Group rules are followed. To join, visit (https://groups.yahoo.com/neo).

Barbara Sells Leisure World of Maryland



I am so happy to have discovered and worked with Barbara Michaluk. From the initial interview through the final sale, Barbara displayed a sophisticated knowledge of the local real estate market, complimented by her upbeat personality. Barbara provided proven strategy and expert guidance every step of the way. I am most grateful to have worked with Barbara and am happy to offer my unqualified recommendation to any prospective Leisure World clients.

-Harold C.

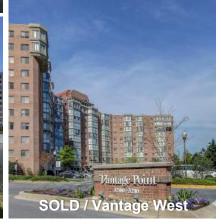
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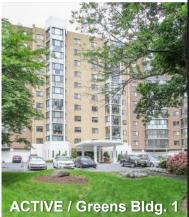












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Leisure World Club Trips

The next deadline for trip submissions is **Monday**, **Aug. 26.** The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are open to all residents, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

Aug. 31

National Book Festival Washington, D.C.

Join the **Book Club Network** on a trip to the National Book Festival at the D.C. Convention Center in Washington, D.C. on Saturday, Aug. 31, Labor Day weekend.

This annual event, sponsored by The Library of Congress, brings the nation's top authors together to discuss their work. The bus departs Clubhouse II at 9 a.m. and returns to Leisure World at 4 p.m. The cost is \$35 a person for transportation only. Lunch is on your own.

Purchase tickets from the Eyre Office in Clubhouse I or by calling (800-321-3973, Option 4). For more information, contact Verna Denny at (verhd@msn.com) or (301-598-1418).

Sept.

15

Nationals Baseball Game Washington, D.C.

On Sunday, Sept. 15, Hadassah invites all residents to attend the 5th Annual Grand Slam Sunday sponsored by The Jewish Federation of Greater Washington, Hadassah Greater Washington and the Greater Washington Jewish community at Nationals Park. The Washington Nationals will play the Atlanta Braves.

Let's make this a Hadassah community event. Bring your family, children, grandchildren and neighbors. Pre-game fun begins at noon in the picnic area behind sections 142 and 143. There will be food and lots of fun. The first pitch is scheduled for 1:35 p.m.

Tickets are \$19 each and can be ordered online at (shalomdc.org/ gss2019hadassah). The seats are in the Scoreboard Pavilion in sections 237-245. Tickets will be mailed from the Greater Washington Hadassah Office. For details contact Greta Clark at (gclark@hadassah.org) or (301-881-8203). Transportation is not included.

A portion of each ticket purchased will support significant projects in the Greater Washington area, in Israel and around the world.

Dover Downs Hotel and Casino Dover, DE

Return to Dover Downs once again with NA'AMAT RBZ Club on this popular trip with its overnight stay in Dover, Delaware. The cost is \$120 per person, double occupancy; \$170 for single occupancy. The package includes round-trip transportation, beautiful hotel accommodations and breakfast buffet, plus \$50 play money.

The bus leaves Clubhouse II at 10:30 a.m. on Wednesday, Oct. 30 and returns at approximately 2:30 p.m. on Thursday, Oct. 31.

Send your check(s), payable to NA'AMAT, to Trudy Stone at (15101 Interlachen Dr., #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming.

If you have any special needs, indicate what they are with your check. Questions? Call Trudy Stone at (301-438-0016).

Gaming and Sightseeing Atlantic City, NJ

Join the **Tennis Club** in a two-night/three-day trip (Monday-Wednesday) to Atlantic City, New Jersey. For only \$205 per person double occupancy (\$90 more for single occupancy), you will get transportation in a modern bus, two nights' lodging in the casino hotel, one dinner, two hot breakfasts and a casino bonus.

On your own in this tourist location, you can take in a show and enjoy Atlantic City's famous boardwalk.

Contact Sue Sandler at (240-242-3742) for more information and to make a reservation.

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"To Kill a Mockingbird" **New York City, NY**

All residents, family and friends are welcome to join the **LWAAAC** bus trip to see "To Kill a Mockingbird" on Wednesday, Nov. 20, at the Schubert Theater in New York City, NY.

Orchestra seating and transportation is \$185 per person. Make checks payable to LWAAAC and place in the LWAAAC mail slot in Clubhouse I E&R office beginning on Tuesday, Aug. 6. Include your telephone number and email address with payment. To reserve theater seats, all tickets must be paid by Tuesday, Aug. 20.

The bus departs from Clubhouse II at 7:30 a.m. and returns at approximately 9:30 p.m. For more information, contact Juanita Sealy-Williams at (301-822-4531).

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NEW - Holiday Lights and Decorations Washington, D.C.

Join the Going It Alone Club for a family-style Italian dinner at Carmine's Restaurant. Carmine's is renowned for its extra-large portions of antipastos and pastas, seafood and meat entrées, which are meant to be shared.

After dinner, enjoy a bus tour of downtown Washington, D.C., to see the city's holiday decorations, including the Capitol and White House Christmas trees, the holiday decorations on Embassy Row and much more.

The bus departs from Clubhouse II at 2 p.m. and returns approximately 9 p.m.

The cost is \$70 for members and \$80 of non-members and includes dinner, tax, transportation and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Nov. 23, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

SPORTS, GAMES & Scoreboards

■10-Pin Bowling League

Huggers Keep Hold on First Place

by Rita Mastrorocco

The winter bowling league will begin on Friday Sept. 6, with practice starting at 9 a.m.

The league is based on handicaps with averages for the bowlers ranging from 94 to 176. If you have not bowled in years, come out and join the fun. The top league standings as of Aug. 2, 2019 are the Huggers in first place, the Winners in second place and the Pin Busters in third place.

Top scores for the week of July 12, 2019 are:

Scratch Game – Half and Half, 653 pins

Scratch Series – Half and Half, 1,876 pins

Handicap Game – Half and Half, 918 pins

Handicap Series – Half and Half, 2,671 pins

High Average Men – Don Manloueian, 167 pins

Scratch Game Men – Don

Manloueian, 236 pins

Scratch Series Men – Don Manloueian, 594 pins

Handicap Game Men – Don

Manloueian, 287 pins

Handicap Series Men – Don Manloueian, 747 pins

High Average Women – Chris Porter, 176 pins

Scratch Game Women – Kazue Waller, 166 pins

Scratch Series Women –

Kazue Waller, 424 pins Handicap Game Women – Kazue Waller, 244 pins

Handicap Series Women – Rita Penn, 672 pins

Top scores for the week of July 19, 2019 are:

Scratch Game – Huggers, 680 pins

Scratch Series – Huggers, 1,951 pins

Handicap Game – Huggers, 946 pins

Handicap Series – Huggers, 2,749 pins

High Average Men – Don Manouelian, 167 pins

Scratch Game Men – Pat Leanza, 219 pins Scratch Series Men – Pat Leanza, 554 pins

Handicap Game Men – Pat Leanza, 275 pins

Handicap Series Men – Jerry Oslick, 744 pins

High Average Women – Chris Porter, 176 pins

Scratch Game Women – Jessica Stephens, 183 pins

Scratch Series Women – Ruth Sentelle, 505 pins

Handicap Game Women – Julie Thomas, 257 pins

Handicap Series Women – Ruth Sentelle, 712 pins

Top scores for the week of July 26, 2019 are:

Scratch Game – Winners, 678 pins

Scratch Series – Winners, 1,862 pins

Handicap Game – Winners, 956 pins

Handicap Series – Winners, 2,696 pins

High Average Men – Don Manloueian, 167 pins

Scratch Game Men – George Izumi, 207 pins

Scratch Series Men – George Izumi, 549 pins

Handicap Game Men – Larry Lull, 268 pins

Handicap Series Men – George Izumi, 708 pins

High Average Women – Chris Porter, 178 pins

Scratch Game Women – Chris Porter, 240 pins

Scratch Series Women – Chris Porter, 593 pins

Handicap Game Women – Chris Porter, 279 pins

Handicap Series Women – Tina Moser, 724 pins

Top scores for the week of Aug. 2, 2019 are:

Scratch Game – Huggers, 670 pins

Scratch Series – Huggers, 1,832 pins

Handicap Game – Huggers, 918 pins

Handicap Series – Winners, 2,579 pins

High Average Men – Bill Thomas, 166.55 pins

Scratch Game Men – Bruce MacDonald, 197 pins Scratch Series Men – Chuck Martinez, 488 pins

Handicap Game Men – Bruce MacDonald, 266 pins

Handicap Series Men – Bruce MacDonald, 672 pins

High Average Women – Chris Porter, 176 pins

Scratch Game Women – Cathy Flinchbaugh, 192 pins

Scratch Series Women – Jessica Stephens, 515 pins

Handicap Game Women – Beth Leanza, 276 pins Handicap Series Women –

Tina Moser, 712 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:50 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is \$11.

If interested in joining, call Rita at (301-814-9196).



■ Golf Club

July Results

Compiled by Rita Molyneaux

July 22, 2019 MISGA DIV IV 2 Man Championship and Qualifiers at Argyle Country Club

This very competitive tournament was scheduled for July 8 but held after a rain postponement. Leisure World fielded six 2-Man teams.

Leisure World players Doug Allston and Kevin McMahon won 3rd low net with a 62; Clifton West and Joe Boland won 5th Low Net after a match of cards with a score of 62.

Both of these teams qualified to advance to the MISGA State 2-Man Championship at Holly Hills Country Club on Aug. 5.



Photo by Leisure World News

July 25, 2019 18-Hole Ladies ABCD Step Aside Scramble

Christa Storm, Kathy Fensilli,
 Yoneko Ramsey, Susan Kim, 76

July 30, 2019 9-Hole Ladies Low Net Tournament

1. Ruth Hutchins, 30

2. (tie) Ruth Cougnet, 31

(tie) Lois Kutan, 31

4. (tie) Connie Park, 32

(tie) Muriel Peake, 32

6. Mary Lee Amato, 33

July 31, 2019 Leaders (9-Hole Ladies Championship Qualifying Leaders) Front Nine

Mary Ellen Coffey, 47 Adrienne Tobin, 53 Ruth Cougnet, 54 Lois Falck, 54

July 31, 2019 Men's Member/Member

 James Flanagan, Joe Boland, 59
 Jules Goldstein, Doug Cornish, 59*

3. Bob Dibble, Skeeter West, 60 *Tie breaker – USGA method

Silencing Opera with Chess

by Bernie Ascher

pera is not dead or dying, but it sure is struggling. Costs are high. Ticket prices are high (10 times the cost of a movie), but not enough to cover costs.

The actors do not speak to each other; they sing – and in a foreign language. Without subtitles, it is difficult to tell what is going on. Only the elite can understand and appreciate it.

Yet the opera house presents a certain glamour and sense of social status. It is a special place to see celebrities and to be seen oneself. It helps to create a festive occasion with live performances that can thrill and exhilarate.

A live opera production involves hundreds of people: a cast with five or six principal singers, a chorus of 40 or more, an orchestra of 80 or more and dozens of staff and technicians to care for sets, props, costumes and lighting.

In some cases, the orchestra and conductor account for half the total cost. Often, however, the big-name stars are the greatest expense.

Annual subscriptions used to be the main source of finance for opera companies, but now most depend upon government funding of the arts or private philanthropy. Heavy government subsidies support opera companies in European countries.

In the U.S., many opera companies in various cities have closed or downsized in recent years. New York's Metropolitan Opera, the largest performing arts organization in the country, has an annual budget of roughly \$300 million with 4,000 seats to fill.

In the 1990s, "the Met regularly took in more than 90 percent of its potential box-office income," the New York Times reported recently. Four years ago, however, the Met sold only 66 percent of its seats. Current sales are running at about 75 percent of capacity. Ticket prices range from \$25 to \$480, but the average is

People do not want to pay

\$150 for a bad seat at a bad show. As opera impresario Sol Hurok once said, "If the audience doesn't want to come, nothing will stop them."

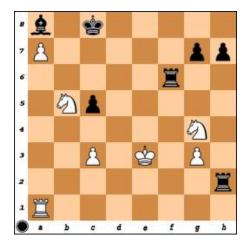
Opera houses are having difficulty attracting younger audiences. Opera suffers from meager new material, lack of new stars and competition from television, sports and other forms of entertainment.

Of the 40,000 operas ever written, most are lost and forgotten; only a few dozen are memorable. Some are staged repeatedly each year, such as the so-called ABCs: "Aida," "La Bohème" and "Carmen," along with "La traviata," which are the four most performed works in the history of the Met, according to Brian Wise, an opera expert.

Ranked by number of performances by (www.operabase. com), an online opera database, these are the 10 most popular operas in the world:

- 1. "La traviata" ("The Fallen Woman") by Giuseppe Verdi
 - 2. "Carmen" by Georges Bizet
- 3. "Die Zauberflöte" ("The Magic Flute") by Wolfgang **Amadeus Mozart**
- 4. "La Bohème" by Giacomo Puccini
- 5. "Tosca" by Giacomo Puccini
- 6. "Il barbiere di Siviglia" ("The Barber of Seville") by Gioachino Rossini
- 7. "Le nozze di Figaro" ("The Marriage of Figaro") by Wolfgang Amadeus Mozart
- 9. "Don Giovanni" by Wolfgang Amadeus Mozart
- 10. "Madama Butterfly" by Giacomo Puccini

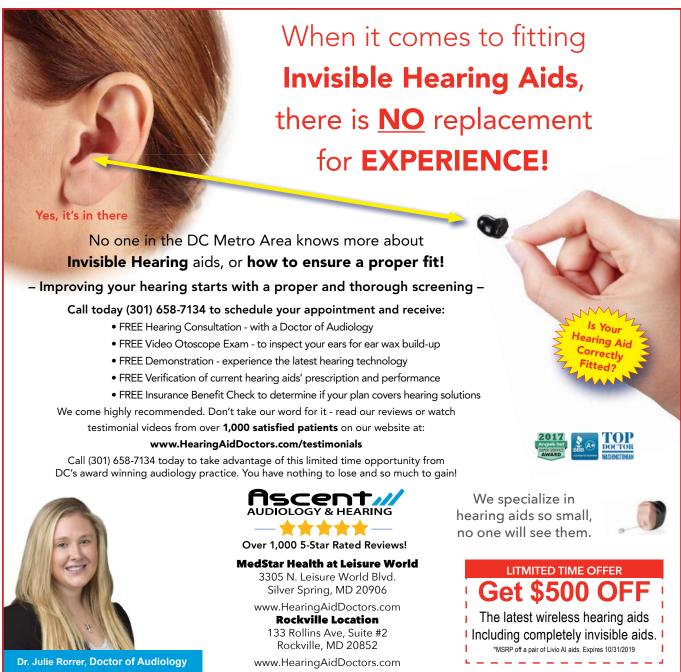
Chess players do not have to sing to each other. Silence is preferred during games. In the game pictured on this page, the White Knight has just moved to g4, forking both of Black's Rooks. What is Black's best move?



The solution follows the usual message that the Chess Club meets Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. For further information, call Bernie Ascher at (301-598-8577).

SOLUTION: Black moves the Rook from f6 to f3. Checkmate!

So, do not wait for more operas. Do not wait for a \$25 ticket to the Met. Do not wait for the fat lady to sing. Play chess



*Assessment includes screening, but does not include comprehensive audiometric exam. Most major insurances accepted to cover hearing exam. 30-day money back guarantee, deposit re

■Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each less than 1,000 master points. Flight C includes only ACBL member pairs, each less than 500 master points.

Tuesday, July 23, 2019

North-South Flight A

- 1. Ann Ruth Volin Angela Riani
- 2. Allen Shaw Patti Anschutz
- 3. Aaron Navarro Stephan Billstein
- 4. Marilyn Udell Maida Crocicchia

Flight B

- 1. Wendy Morrison Vern Skinner
- 2. Beena Deshmukh Madhav Deshmukh

East-West Flight A

- 1. Jerry Miller Howard Tash
- 2. Saul Penn Elaine Conway
- 3. Norman Salenger Shirley Light
- 4. Abigail Murton Dora Levin

Flight B

- 1. Norman Salenger Shirley Light
- 2. Abigail Murton Dora Levin
- 3. Howard Brewer Joe Boland

Flight C

- 1. Abigail Murton Dora Levin
- 2. Howard Brewer Joe Boland

Friday, July 26, 2019 **One Section Only**

Flight A

- 1. Leanna Gipson Judy Tankersley
- 2. Michael Benefiel Sid Lotlikar
- 3. (tie) Aaron Navarro Allen Shaw (tie) Mark Lavine – Dora Levin

Tuesday, July 30, 2019

North-South Flight A

- 1. Allen Shaw Patti Anschutz
- 2. Diane Keiper Nadyne Cheary
- 3. Stephan Billstein Shirley Light
- 4. Aaron Navarro Jerry Miller

Flight B

- 1. Marilyn Rubinstein Stanley Rosen
- 2. Wendy Morrison Vern Skinner

Flight C

1. Wendy Morrison – Vern Skinner

East-West Flight A

- 1. Hanna Schepps Marlys Moholt
- 2. Helen Solomon Rae Newman
- 3. Saul Penn Elaine Conway
- 4. Abigail Murton Dora Levin

Flight B

- 1. Helen Solomon Rae Newman
- 2. Abigail Murton Dora Levin

Flight C

1. Abigail Murton – Dora Levin

Friday, Aug. 2, 2019

North-South Flight A

- 1. Diane Keiper Nadyne Cheary
- 2. Saul Penn Ann Ingram
- 3. Aaron Navarro Judith Perrier

East-West Flight A

- 1. (tie) Doug Brasse Bernice Felix (tie) Patricia Williams – Chuck
- 3. Mildred Lieder Angela Riani

Duplicate games are Tuesday and Friday evenings at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com).

Players who need a partner for either the Tuesday or Friday game should call Shirley Light at (301-598-6611) at least 24 hours in advance.

The next newcomers duplicate game is on Monday, Aug. 19, at 6:30 p.m. in Clubhouse I. Bridge players who are unfamiliar with duplicate will partner with an experienced duplicate player. Email (jerroldmiller@yahoo.com) to RSVP and for more information.

■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

July 24, 2019

- 1. Abigail Murton and Doug Brasse,
- 2. Joyce and Dick Riseberg, 4,820
- 3. Marcia and Monroe Elbrand, 2,340
- 4. Linda Mihm and Norman Salenger, 2,170

July 31, 2019

- 1. Joyce and Dick Riseberg, 3,190
- 2. Howard Brewer and Mel Schloss,
- 3. (tie) Marcia and Monroe Elbrand,
 - (tie) Dottie Hurley and Dottie Donnelly, 2,620

■Thursday Afternoon Ladies Bridge

Compiled by JoAnn Gellman

July 25, 2019

- 1. Judy Lindley, 3,350
- 2. Elsie Bergamine, 3,310
- 3. Vicky Shaz, 2,760

- Aug. 1, 2019
- 1. Michele Frome, 4,050
- 2. Vickie Shaz, 2,940
- 3. Shirley Gilmore, 2,880

■ Friday Bridge

Compiled by Shirley Rosenhaft

July 19, 2019

- 1. Belle Lieberman, 2,380
- 2. Ruth Kean, 2,120
- 3. Shirley Rosenhaft, 2,100
- 4. Shirley Griffin, 1,910

- July 26, 2019
- 1. Mort Faber, 4,550
- 2. John Hashim, 3,580
- 3. Jerry Weiss, 3,560
- 4. Sunny Levin, 3,160

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For information: call 301-598-1310

or email lwnewsads@lwmc.com



Realtors*

Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

Bridge:

- Tuesday and Friday Duplicate Bridge games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).
- The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).
- **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).
- Thursday Ladies Bridge welcomes more card players. If interested, call JoAnn Gellman at (301-351-2391).

Chess: Free chess lessons on Mondays for beginners or "rusty" players. Call Steve Harvith at (301-801-4693) or Lark Keller at (301-219-5955) for appointments. The Chess Club meets every Monday, Wednesday, and Friday from 1-4 p.m. in Clubhouse II. Membership is free.

Cribbage: We meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: The new season of the Duckpin Mixed Bowling League begins on Monday, Sept. 9, at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). More details will be in the Sept. 6 edition of Leisure World News, or call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Golf Club: August Golf Club events include a Men's Member-Guest tournament on Saturday, Aug. 17, with 9 a.m. shotgun; a Par 3 Golf Mixer on Saturday, Aug. 24, with a 4 p.m. shotgun and a MISGA tournament at home on Wednesday, Aug. 28, with a 9 a.m. shotgun. To participate in the member-guest event or the MISGA tournament, you must be a Golf Club member. Participation in the mixer is open to residents and no golf handicap is necessary. Refreshments follow in the golf lounge. For more

information about these and other golf events, call the Pro Shop at (301-598-1570).

Mah-jongg: Learn how to play mah-jongg. Call (301-598-3438).

Mind-Body Exercise Club: Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

Ping-Pong Club: Get healthy exercise and camaraderie playing ping-pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Contact Julie at (301-598-5424) or (julie12401@netscape.net).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

- **Poker Game** openings are available at the Greens, Thursdays from 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).
- **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
- **Play Poker** Mondays and Thursdays from 1 p.m.-4:30 p.m. in the Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Thursday Night Poker meets every Thursday from 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Volleyball for Everyone. If you are a resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).

NOTIFICATION TO SECURITY OF EXPECTED VISITORS

The Security Department appreciates your assistance in easing the entry of your guests into the community.

Residents are reminded to contact the main gate at (301-598-1044) when expecting guests. All guests must have authorization from a resident or a valid guest pass to gain entry.

If you are expecting more than five guests at any one time, please fill out the form titled, "Notification of Guests/Visitors Expected," available from the Security office in the Administration Building, or visit (residents.lwmc.com) and click on the Incoming Visitor Form on the Security and Transportation page. Print, fill out and return the form to the Security office, or email it to (security@lwmc.com). This notification will help to alleviate any possible delays at the gate.



A series of 6 programs covering everything you need to know about divorce in Maryland

Thursdays, September 12 - October 17 7:00 - 9:00 PM

Where:

Montgomery County Maryland Bar Foundation 27 West Jefferson Street Rockville, MD 20850

Pay at the door:

\$10 per session / \$50 all 6 sessions

RSVP Required:

NewBCarol@verizon.net or 301-924-4101

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CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

***Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

NEW – Haiti: The Revolution and the Civil War, a **CLL course:** Led by returning lecturer Marvin Jones, this class will cover the Haitian Revolution, a successful antislavery and anti-colonial uprising by self-liberated slaves against French colonial rule. Jones will discuss how the end of French rule and the abolition of slavery led to successful defense of long-held European beliefs about alleged black inferiority. His lecture will cover the enslaved and abolitionists who, during the Civil War, were encouraged to bring freedom to people of color. He will show how Haiti set the tone for American leaders, who wrote and spoke of why Haiti was so important, and inspired many, including Frederick Douglass, to fight for freedom in America.

Jones, a documentary photographer and filmmaker, is the owner of Marvin T. Jones and Associates, a visual communications firm specializing in corporate photography and videography. His love for his native Hertford County, North Carolina, led him to found Chowan Discovery Group to document the mixedrace history of the state's "Winton Triangle." In addition, he has documented communities in the Caribbean, South America and East Africa.

This two-session course

meets Tuesday, Sept. 24-Wednesday, Sept. 25, 11 a.m.noon. **Fee: \$15. Register at Clubhouse I.**

FOREIGN LANGUAGE EDUCATION

NEW – Intermediate Conversational Spanish, a CLL course: Using the text, "Spanish is Fun," participants will learn about Spanish and the culture of the Spanish-speaking world. Discussions will center around the house, food, locations and asking directions, pastimes and holidays, clothing and animals.

The class is taught by Leisure World resident Judy Frumkin and meets Tuesdays, Sept. 17-Dec. 17 (no class Oct. 1, Nov. 19, Nov. 26 or Dec. 3), 1-2:30 p.m. **Fee: \$25. Register at Clubhouse I.**

NEW – Advanced Conversational Spanish, a CLL course: Using the text, "Spanish is Fun," participants will learn about Spanish and the culture of the Spanish-speaking world. Discussions will center on clothing, animals, past activities, nature, stores, daily activities and sports.

The class is taught by Leisure World resident Judy Frumkin and meets Tuesdays, Sept. 17-Dec. 17 (no class Oct. 1, Nov. 19, Nov. 26 or Dec. 3), 10-11:30 a.m. Fee: \$15 plus \$10 materials fee. Register at Clubhouse I.

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

TECHNOLOGY

NEW – Internet of
Things: How the Internet
Affects You: This is the first
in a series of one-day classes
that will meet bi-monthly
beginning in September.
These classes will focus on
how to best stay connected
with family, friends and health
providers using a computer,
mobile device, smart home
device, wearable tracker and
while on a social media site or
watching television.

This lecture provides an overview of the vast world of the internet of things and discusses best practices for keeping a computer and mobile device secure (privacy and security). Participants will learn how consumer devices communicate with each other across Wi-Fi and the internet and which of these devices are part of the internet of things. Participants will also learn what a password book is and about the technology that is fueling smart homes and smart

Bring your mobile phone, pad/tablet, or laptop to class.

For more information, contact Yolande Campbell at (202-689-4207) or email (clc yodavid2018@gmail.com).

Class meets Friday, Sept. 13, 10 a.m.-noon. **Fee: \$15. Register at Clubhouse II.**

DANCE INSTRUCTION

NEW – Line Dance with Wendy: This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of

fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, Sept. 9-Nov. 11, from 2-3 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$45 per session. Register at Clubhouse II.**

EXERCISE

NEW - Zumba Gold with Denny - Mondays, Wednesdays or Fridays: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program.

Class meets Mondays
Sept. 9-Oct. 28, 10:30-11:15 a.m.;
Wednesday, Sept. 11-Oct. 30,
10-10:45 a.m.; or Fridays,
Sept. 13-Nov. 1, 1-1:45 p.m. Fee:
\$60 for one day per week;
\$107 for two days per week;
\$160 for three days per week.
Register at Clubhouse II.

NEW – Lower Impact/ Chair Zumba Gold – Thursdays: Did you try taking a Zumba Gold class and enjoyed the music but your body could not keep up? Are you currently taking Zumba Gold and realize that you need to start slowing down a bit? Would you still like to enjoy the music and class but at a much slower pace? Well, this is the class for you.

Come participate in a Lower Impact Zumba Gold class that is taught as a combination slower and lower impact, and then finishes as a Chair Zumba Gold class. Don't let the low impact or chair fool you; you will still get a great workout while enjoying the music that participants have come to love!

Class meets Thursdays, Sept. 12-Oct. 31, 10:30-11:15 a.m. **Fee: \$60. Register at Clubhouse II.**

NEW - Chair Yoga with Robin, Mondays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered voga teacher and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, Sept. 23-Nov. 25, 11 a.m.-noon or 2-3 p.m. (no class Sept. 30 or Oct. 7). Choose the time that suits vour schedule. Fee per session: \$110. Register at Clubhouse II.

Tap Dancing in a Chair with Carol – a New Approach to Tap: If you are an experienced tapper and miss it or a beginner who always wanted to tap, but right now your body says, "no," this is the class for you. For experienced tappers, this will be a "remember when" and a "do I ever love tapping again"; for beginners you'll enjoy an easy start with the basics, and before long you'll feel like a real tapper. (Experienced tappers who don't need a chair are welcome to take the class, but all students work from a chair.)

Each class is two hours; the first hour will focus on beginning tap terms and combinations, and the second hour on more advanced techniques and dances. Students are welcome and encouraged to participate in either or both hours of instruction.

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the physical education department and, in the summer, continued to perform in local theater. While her career

took her in another direction, her love affair with dance has never ended. If you have questions, give Carol a call at (301-598-5980).

Class meets Thursdays, Sept. 5-Oct. 3, 3-5 p.m. Fee: \$40. Register at Clubhouse II.

Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.) -Advanced: Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strengthtraining class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Aug. 26-Oct. 14 (no class Sept. 3) and/or Thursdays, Aug. 22-Oct. 10, 9:15-10:15 a.m. Fee: \$60 for one day per week; \$90 for two days per week. Register at Clubhouse I.

Stretch, Tone and **Balance for the Active** Adult (10:30 a.m.) -**Beginner to Moderate:**

This class is for beginner to moderate exercisers who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Aug. 26-Oct. 14 (no class Sept. 3) and/or Thursdays, Aug. 22-Oct. 10, 10:30-

11:30 a.m. **Fee: \$60 for one** day per week; \$90 for two days per week. Register at Clubhouse I.

Therapeutic Yoga with Robin: This movement class on the floor will facilitate greater ease of movement and comfort in the body. Inspired by the work of Moshe Feldenkrais, Joseph Pilates, yoga, Robin McKenzie and others, the class will include slow stretching, repetitive movements and breath awareness.

Participants should bring a mat, blanket and small pillow or folded towel (depending on how comfortable the participant is in putting their head on the floor when lying down). Participants should also dress in layers as the floor may be cold; air temperature in the room can be adjusted as needed to keep participants warm.

Explore your own body and movement patterns to increase your range of motion and ease in movement to reduce pain. Try it! It can change your life.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT,

PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Fridays, Aug. 23-Oct. 25 (no class Aug. 30 or Oct. 11). 3-4 p.m. Fee: \$110. Register at Clubhouse II.

WATER EXERCISE

NEW – Aqua-Fit Ballet Water Exercise with Betty: This class is designed to

promote balance and strength while toning the entire body. Learn the language of ballet – plié, tendu, relevé – and keep your cool in the round pool.

Instructor Betty Smith is AFAA certified in Pilates, yoga and group exercise. She has trained with the Maryland Youth Ballet and is an experienced Aqua-Fit instructor (YMCA and LA Fitness).

Class meets Wednesdays, Sept. 4-Oct. 23, 10-11 a.m. Fee: \$49. Register at Clubhouse II.



Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Tuesday & Thursday 8:30 am-2:00 pm Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4 For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

EYRE TRAVEL SUMMER HOURS

Tuesdays & Thursdays, 8:30 am-2:00 pm

Travel Show featuring Mayflower Tours

Mon., 9/9, 10:00 am-12:00 pm

In the Maryland Room of Clubhouse I.

Library of Congress National Book Festival, DC

Sat., 8/31, 9:00 am-4:00 pm\$35.00 per person

Held at the Walter E. Washington Convention Center. Transportation only. Expect enhanced safety and security measures when entering the Convention Center.

DC Wharf

Mon., 9/16, 8:45 am-3:15 pm.....\$39.00 per person Explore the DC Wharf! Shops, museums and more! Transportation only.

Maryland Wine Festival, Carroll County, MD

Sat., 9/21, 9:45 am-4:30 pm\$69.00 per person

Bring your taste buds! Enjoy the Maryland Wine Festival at the Carroll County Farm Museum complex. Transportation and admission to the festival included.

Sunfest at the Inlet, Ocean City, MD

Sat., 9/21, 7:45 am-9:00 pm\$60.00 per person

Held at the Ocean City Inlet, this event is enjoyed by the whole family with arts and crafts vendors and a variety of delicious food, including Eastern Shore favorites. Enjoy nationally known entertainers all day. All the entertainment is free with the exception of the headline acts. Transportation only.

Museum Loop, DC

Thur., 10/3, 8:40 am-3:00 pm\$35.00 per person

Choose to spend the day at the Holocaust Museum, Natural History Museum or the National Gallery of Art. Transportation only.

9/11 Memorial & Museum, NY

Sat., 10/12, 7:00 am-11:45 pm\$120.00 per person

\$10 Cracker Barrel gift card included.

Bay Lighthouse Cruise, Annapolis

Wed., 10/23, 9:15 am-4:30 pm.....\$110.00 per person

Pass by three lighthouses in the Chesapeake Bay. Narrated by a costumed lighthouse keeper. Boxed lunch served on board.

Glenstone Museum, Potomac, MD

Thurs., 10/24, 10:15 am-4:00 pm\$40.00 per person

Enjoy your day inside and outside at this unique museum! Transportation only.

International Horse Show, DC

Thu., 10/24, 5:10-11:00 pm\$85.00 per person

More than 500 top horses and riders come to D.C. from all over the globe to jump for more than a half a million dollars in prize money. Trip includes transportation and admission.

Skyline Drive, VA

Fri., 10/25, 8:00 am-4:35 pm\$99.00 per person

It's time for leaf peeping! Includes lunch at Skyland Restaurant.

Western Maryland Scenic Railroad

Sat., 10/26, 8:00 am-6:45 pm\$129.00 per person

Three-hour rail excursion from Cumberland to Frostburg. Lunch included.

Apple Festival, Peddlers Village, PA

Sat., 11/2, 8:15 am-7:30 pm\$65.00 per person

Sample apple dishes, listen to live music and browse arts and crafts.

Costuming "The Crown" Exhibit, Winterthur, DE

Fri., 11/8, 8:00 am-5:45 pm\$99.00 per person Costumes from the Netflix series on the reign of Queen Elizabeth II. Lunch

voucher included.

Notorious RBG

The Life and Times of Ruth Bader Ginsburg, National Museum of American Jewish History, Philadelphia, PA

Sat., 11/9, 7:45 am-6:40 pm\$85.00 per person

This exhibition explores RBG's legacy—including her days as a student, her pioneering work as a lawyer and advocate for women's rights and her precedent-setting role on our nation's highest court. Lunch on own.

National African American Museum, DC

Mon., 11/11, 8:45 am-3:30 pm.....\$45.00 per person Timed entry tickets and transportation included.

"Annie" at Riverside Center, Fredericksburg, VA 🥯

Wed., 11/13, 9:45 am-6:45 pm.....\$120.00 per person Transportation, plated lunch and admission to show included.

National Harbor, MD

Sat., 11/16, 9:00 am-4:40pm\$45.00 per person

National harbor has so much to offer! MGM, Tangier Outlets, ICE, Gaylord Hotel. Transportation only.

NEW TRIP!

Radio City Christmas Spectacular!

11/16 & 12/13, 7:15 am-11:45 pm......\$199.00 per person

The Big Apple is calling with this holiday tradition!

Trip includes transportation and admission to show.

MULTI-DAY TRIPS

Ocean City Getaway, MD

Oct. 15-18

The Wright Experience

at Fallingwater, PA

Oct. 22-24

Jamestown

& Williamsburg, VA

Oct. 29-31 (motorcoach)

A Victorian Holiday, Cape May, NJ

Dec. 1-3

Greenbrier, WV

Dec. 8-10

Country Christmas at the Gaylord Hotel in Nashville, TN

Dec. 10-13

CRUISES

Royal Caribbean

Sept. 17-26, 2020 Nine-night Canada/New

England Cruise

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol provides an indication of how much walking may be involved.

Easy Walking More Walking A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

CALENDAR of Events

Dial 301-598-1313 for recorded Daily Events

Friday, August 16

Clubhouse I

10:00 a.m. Book Club Network: Bookies 11:00 a.m. More of the Most Stunningly Beautiful Music Ever Written and How to Listen to It Class

12:15 p.m. Kiwanis Club

1:30 p.m. Watercolor Any Level Art Class

2:00 p.m. Town Meeting Organization

3:00 p.m. Hispanos de LW: Bingo

7:00 p.m. Friday Duplicate Bridge

Clubhouse II

1:00 p.m. Zumba Gold Class 1:00 p.m. Ping-Pong Club

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge Club

4:00 p.m. Pickleball Club

7:00 p.m. Baby Boomer Club: Movie

Saturday, August 17

Clubhouse I

9:00 a.m. Gentle Yoga Class 9:30 a.m. Fun and Fancy Acting Class 10:00 a.m. RAG Open Studio 11:00 a.m. Men's Member-Guest Golf **Tournament Lunch**

Clubhouse II

9:15 a.m. JRLW Service 11:00 a.m. Pickleball Club 1:00 p.m. Going It Alone Club 7:00 p.m. Sock Hop Group 7:30 p.m. E&R Event: Chris Ryan and Jerry Katz – Our Huckleberry Friend

Sunday, August 18

Clubhouse I

No Scheduled Activities.

Clubhouse II

11:30 a.m. Pickleball Club 2:00 p.m. JRLW Meet and Greet

Monday, August 19

Clubhouse I

1:00 p.m. Oils and Acrylics Art Class 1:30 p.m. Hadassah Judaic Study Group 6:30 p.m. Newcomers Duplicate Bridge 7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class 10:00 a.m. Clipper Workshop 10:30 a.m. Zumba Gold Class 11:00 a.m. Chair Yoga Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club

1:30 p.m. Computer Learning Center:

Android Help Session 2:00 p.m. Chair Yoga Class

3:00 p.m. Ping-Pong Club 4:00 p.m. Ba Duan Exercise Class

5:00 p.m. Garden Plots Group Year-End

Potluck

5:30 p.m. Pickleball Club

5:30 p.m. Model Railroad Club Operating Session

6:00 p.m. Lions Club

Tuesday, August 20

Clubhouse I

9:00 a.m. Blood Pressure and Hearing

9:30 a.m. Any Medium Art Class

10:00 a.m. Kiwanis Club: Packaging School Supplies

10:00 a.m. CLL Course: Advanced Conversational Spanish

1:00 p.m. CLL Course: Intermediate

Conversational Spanish

1:00 p.m. RAG Open Studio 5:00 p.m. Lawn Bowls Club

7:00 p.m. Trivia Club

7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi

11:00 a.m. Mild Exercise Class

11:00 a.m. Water Exercise Class

12:30 p.m. Pickleball Club

12:30 p.m. Scrabble Group

1:00 p.m. Stroke Support Group 1:00 p.m. Non-impact Fusion Water

1:30 p.m. Comedy and Humor Club

4:00 p.m. Pickleball Club

Wednesday, August 21

Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Applied Principles - Any Medium Art Class 10:00 a.m. Library Guild

11:00 a.m. Short Story Group 1:00 p.m. Oils and Acrylics Art Class

2:00 p.m. Hadassah

6:45 p.m. Chicago Bridge

Clubhouse II

10:00 a.m. Zumba Gold Class 11:00 a.m. Mild Exercise Class

1:00 p.m. Chess Club

1:00 p.m. Ping-Pong Club

1:00 p.m. Aqua Fit Class

2:00 p.m. Chair Yoga Class 5:15 p.m. Pickleball Club

5:30 p.m. Model Railroad Club Operating

Thursday, August 22

Clubhouse I

9:15 a.m. Stretch, Tone and Strength **Training Class**

10:00 a.m. Painting Is for Everyone Basic Watercolor Art Class

10:30 a.m. Stretch, Tone and Balance

10:30 a.m. New Yorkers and Friends

Group

12:30 p.m. Ladies' Bridge

1:00 p.m. Portraits, People and Animals

6:00 p.m. Lawn Bowls Club

Clubhouse II

9:00 a.m. Senior Sneakers

9:30 a.m. Beginner and Advanced Tai Chi

9:30 a.m. Quilting Group

11:00 a.m. Center for Lifelong Learning and Friends of India Association:

Kalanidhi Dance

11:30 a.m. Pickleball Club

12:30 p.m. Men's Bridge

1:00 p.m. Non-impact Fusion Water **Exercise Class**

1:00 p.m. E&R Movie: "First Man"

Leisure World Mutual Meetings

Aug. 21 Mutual 5 Board

9:30 a.m., Sullivan Room

Aug. 22

Mutual 10 Board

9:30 a.m., Sullivan Room

Mutual 20A Board

10:00 a.m., Party Room 2

Mutual 13 Board

1:30 p.m., Sullivan Room

Aug. 23

Mutual 17B Board

10:00 a.m., Party Room

Aug. 26

Mutual 23 Board

10:00 a.m., Party Room

Mutual 9 Board 10:00 a.m., Sullivan Room

Aug. 27

Mutual 17A Board

2:00 p.m., Party Room

Mutual 21 Board 2:30 p.m., Community Room 3

Aug. 28 **Mutual 20B Board**

9:00 a.m., Community Room 4 **Montgomery Mutual Board**

9:30 a.m., Clubhouse I

Mutual 19B Board

1:00 p.m., Sullivan Room

Aug. 29

Mutual 6C Board

9:30 a.m., Community Room

Mutual 26 Board

10:30 a.m., Party Room

Mutual 24 Board 1:30 p.m., Community Room

Sept. 3

Mutual 18 Board

1:30 p.m., Sullivan Room

Sept. 4

Mutual 8 Board 11:00 a.m., Sullivan Room

and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.

Meeting times and locations subject to change. Sign in to (residents.lwmc.com)

Meetings of the LWCC Board of Directors, Executive Committee and **Advisory Committees**

Budget and Finance

Aug. 21, 10:00 a.m., Clubhouse II

Community Planning

Sept. 9, 9:30 a.m., Sullivan Room

Education and Recreation

Sept. 3, 9:30 a.m., Clubhouse I

Aug. 20, 9:30 a.m., Clubhouse I

Golf and Greens

Sept. 6, 9:30 a.m., Clubhouse I

Government Affairs

Sept. 9, 2:00 p.m., Sullivan Room

Health Aug. 21, 2:00 p.m., Clubhouse I

Technology

Sept. 3, 10:00 a.m., Sullivan Room

Tennis and Pickleball Sept. 4, 1:30 a.m., Sullivan Room

LWCC Board of Directors Aug. 27, 9:30 a.m., Clubhouse I

The meeting airs on Sept. 2, 4 and 6 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

Aug. 16, 9:30 a.m., Sullivan Room

The meeting airs on Aug. 21, 22 and 23 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.

2:00 p.m. Model Railroad Club

Operating Session 2:00 p.m. Mind-Body Exercise Club

3:00 p.m. Tap Dancing in a Chair Class 4:00 p.m. Pickleball Club

4:00 p.m. Friends of India Association

Friday, August 23 Clubhouse I

1:30 p.m. Watercolor Any Level Art Class 3:00 p.m. Hispanos de LW: Bingo

7:00 p.m. Friday Duplicate Bridge **Clubhouse II**

1:00 p.m. Ping-Pong Club

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge

1:00 p.m. Zumba Gold Class

3:00 p.m. Therapeutic Yoga Class 4:00 p.m. Pickleball Club

7:30 p.m. Gilbert and Sullivan Society Performance: "A Gilbert and Sullivan

Christmas Carol'

Saturday, August 24

Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. RAG Open Studio 10:00 a.m. Lions Club 7:30 p.m. Ballroom Dance Club

Clubhouse II

9:15 a.m. JRLW Service 11:00 a.m. Pickleball Club 2:00 p.m. Going It Alone Club: Social 7:30 p.m. Gilbert and Sullivan Society Performance: "A Gilbert and Sullivan Christmas Carol"

Sunday, August 25

Clubhouse I

No Scheduled Activities.

Clubhouse II

11:00 a.m. Pickleball Club 2:00 p.m. Gilbert and Sullivan Society Performance: "A Gilbert and Sullivan Christmas Carol"

Monday, August 26

Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class 10:00 a.m. CLL- and Friends of India

Association-sponsored Course: The
Underlying Unity of Eastern Philosophical
Thought – Vedanta

10:30 a.m. Stretch, Tone and Balance Class 1:30 p.m. Book Club Network: Fall Readers

7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class
10:30 a.m. Zumba Gold Class
11:00 a.m. Chair Yoga Class
12:30 p.m. Men's Bridge
1:00 p.m. Chess Club
1:30 p.m. Computer Learning Center:
Android Help Session
2:00 p.m. Chair Yoga Class

3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Class

5:30 p.m. Pickleball Club 5:30 p.m. Model Railroad Club Operating

Session

Tuesday, August 27 Clubhouse I

10:00 a.m. CLL Course: Advanced Conversational Spanish 1:00 p.m. CLL Course: Intermediate Conversational Spanish 1:00 p.m. Amateur Radio Club 2:00 p.m. Book Club Network: Suspensers 5:00 p.m. Lawn Bowls Club

7:00 p.m. Trivia Club 7:00 p.m. Duplicate Bridge Game **Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class

12:30 p.m. Pickleball Club 12:30 p.m. Scrabble Group 1:30 p.m. Non-impact Fusion Water Exercise Class

4:00 p.m. Pickleball Club

Wednesday, August 28 Clubhouse I

9:00 a.m. Gentle Yoga Class 1:00 p.m. Maryland Interclub Seniors Golf Association (MISGA) Lunch 2:00 p.m. LW Green 5:00 p.m. Crab Feast 6:45 p.m. Chicago Bridge

Clubhouse II

10:00 a.m. Zumba Gold Class 11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Ping-Pong Club 1:00 p.m. Aqua Fit Class 2:00 p.m. Chair Yoga Class 5:15 p.m. Pickleball Club 5:30 p.m. Model Railroad Club Operating Session

Thursday, August 29

Clubhouse I

Kitchen & Bath Remodeling

301-598-8400

SERVING LEISURE WORLD SINCE 1988

August SPECIAL- free Comfort Height toilet

with any Tub to Shower Conversion.

Price match guarantee on all projects.

MHIC# 36674

Dementia Program

9:15 a.m. Stretch, Tone and Strength Training Class 10:00 a.m. Health Advisory Committee: Hearing Loss and 10:30 a.m. Stretch, Tone and Balance

12:30 p.m. Ladies' Bridge 1:00 p.m. 18-Hole Ladies' Golf Lunch 2:00 p.m. Memory Café

6:00 p.m. Lawn Bowls Club

Clubhouse II

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced Tai Chi Class

11:00 a.m. Water Exercise Class 11:30 a.m. Pickleball Club 12:30 p.m. Men's Bridge

1:00 p.m. Non-impact Fusion Water Exercise Class

2:00 p.m. Model Railroad Club Operating Session

2:00 p.m. Mind-Body Exercise Club 3:00 p.m. Tap Dancing in a Chair Class

4:00 p.m. Pickleball Club 4:00 p.m. Friends of India Association

Friday, August 30

Clubhouse I

1:00 p.m. Center for Lifelong Learning: Presentation on Yoga for Strength Building 3:00 p.m. Hispanos de LW: Bingo

3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

1:00 p.m. Zumba Gold Class 1:00 p.m. Ping-Pong Club 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge Club 4:00 p.m. Pickleball Club

Saturday, August 31

Clubhouse I

9:00 a.m. Gentle Yoga Class

Clubhouse II

9:15 a.m. JRLW Service 11:00 a.m. Pickleball Club 2:00 p.m. Going It Alone Club: Social

Sunday, September 1

Clubhouse I

No Schedule Activities.

Clubhouse II

11:30 a.m. Pickleball Club 6:30 p.m. Baby Boomer Club: Game Night

Monday, September 2 Clubhouse I

10:00 a.m. Center for Lifelong Learning General Meeting

7:00 p.m. Bingo **Clubhouse II**

10:00 a.m. Clipper Workshop 10:30 a.m. Zumba Gold Class

11:00 a.m. Chair Yoga Class

12:30 p.m. Men's Bridge

1:00 p.m. Chess Club

1:30 p.m. Computer Learning Center:

Android Help Session

2:00 p.m. Chair Yoga Class 3:00 p.m. Ping-Pong Club

4:00 p.m. Ba Duan Exercise Class

-.00 p.m. Diaklahall Club

5:30 p.m. Pickleball Club

5:30 p.m. Model Railroad Club Operating Session

Tuesday, September 3 Clubhouse I

9:00 a.m. Blood Pressure and Hearing Testing

10:00 a.m. CLL Course: Advanced Conversational Spanish

1:00 p.m. CLL Course: Intermediate Conversational Spanish 5:00 p.m. Lawn Bowls Club 7:00 p.m. Trivia Club 7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Clinic 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class 12:30 p.m. Pickleball Club

12:30 p.m. Scrabble Group 1:00 p.m. Non-impact Fusion Water Exercise Class

1:30 p.m. Comedy and Humor Club 4:00 p.m. Pickleball Club

Wednesday, September 4 Clubhouse I

9:00 a.m. Gentle Yoga Class 11:00 a.m. Short Story Group 12:30 p.m. NA'AMAT RBZ Club 2:00 p.m. Book Club Network: African Heritage

4:00 p.m. LWAAAC General Meeting

6:45 p.m. Chicago Bridge

Clubhouse II

10:00 a.m. Zumba Gold Class
10:00 a.m. Aqua Fit Ballet Class
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping-Pong Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class
5:30 p.m. Model Railroad Club
Operating Session
7:30 p.m. Fun and Fancy Theatre

Group Monthly Show

Thursday, September 5

Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class

10:30 a.m. Stretch, Tone and Balance Class

11:00 a.m. Writers of Leisure World 12:30 p.m. Ladies' Bridge 1:00 p.m. EPAC: Discussion on

Disaster Planning

3:00 p.m. Stamp and Coin Club 6:00 p.m. Lawn Bowls Club

Clubhouse II

9:00 a.m. Senior Sneakers 9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. Stitching Group 11:00 a.m. Water Exercise Class

11:30 a.m. Pickleball Club 12:30 p.m. Men's Bridge

1:00 p.m. Non-impact Fusion Water Exercise Class

1:00 p.m. Gilbert and Sullivan Society 2:00 p.m. Model Railroad Club

Operating Session 2:00 p.m. Mind-Body Exercise Club

3:00 p.m. Tap Dancing in a Chair Class

4:00 p.m. Pickleball Club

4:00 p.m. Friends of India Association 7:00 p.m. Tennis Club

Friday, September 6 Clubhouse I

3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

1:00 p.m. Ping-Pong Club 1:00 p.m. Chess Club

1:00 p.m. Friday Bridge

1:00 p.m. Zumba Gold Class

3:00 p.m. Therapeutic Yoga Class 4:00 p.m. Pickleball Club

4:00 p.m. Pici



#1 In LISTINGS In Leisure World®

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"KK" Model - Overlook - \$424,900 2 BR + den, 2 FB, 1510 sq. ft., garage space and storage included.



"F" Model - Villa Cortese - \$395,000 2 BR + den, 2 FB, 1510 sq. ft., 24 ft. enclosed balcony, table space kitchen, garage space.



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> > **They will get** the job done!



'C" Model - Overlook - \$235,000 2 BR, 2 FB, 1090 sq. ft. Hardwood floors, freshly painted, garage space included.



B" Model - Overlook - \$225,000 2 BR, 2 FB, 1035 sq. ft. Freshly painted, wood floors, new carpet both BR, garage space.



"G" Model - Fairways - \$219,000 2 BR, 2 FB, 1195 sq. ft., Garage space included, immaculate condition.



"G" Model - Overlook - \$359,000 2 BR, 2 FB, 1325 sq. ft. Freshly painted.

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THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured)

For information on placing advertisements in the Leisure World News, email (Iwnewsads@) lwmc.com) or call (301-598-1310).

ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/ clean up. (theatticllc.com) Gary -(301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC — I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and

hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a NEW REAL ESTATE PARTNERSHIP, Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to review our current listing choices, to see other available properties and to request a free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

REAL ESTATE SERVICES -Leisure World resident real estate agent Gerry Walsh. Sunshine Properties – I can list your home for 3.95%. (845-401-1177)

The number of patio homes for sale is at an ALL TIME LOW! If you have been thinking of selling, now is the time. \$\$\$\$ Douglas Realty (866-987-9397). Call Eve Rados Marinik (evemhomes@gmail. com) for a free market analysis of your home. (301-221-8867)

FOR SALE: 2 bedroom with 2 full baths and garage space (99) in the Overlook. Fresh paint, new flooring, beautiful view! \$245,000. Coming soon: The Greens, 3 bedrooms and 2 full baths, garage, close to elevator, hwf, updated kitchen, low \$300,000s. Coming soon: Berkley townhouse, 2 bedrooms, 2 full baths and one 1/2 bath. Hardwood floors, new carpet, updated kitchen. Douglas Realty (866-9879397). Call Eve Rados Marinik. (301-221-8867) (evemhomes@gmail.

CREEKSIDE — newest LW high-rise. Bright, spacious unit, meticulous condition. Gourmet tablespace kitchen, granite counters, sliding drawer kitchen cabinets, enclosed balcony connects to both living room and breakfast area, large laundry storage room, high ceilings, two master bedroom suites with walk-in closets, beautiful views of trees and greens, walk-in linen closet in bath, garage parking near elevator included, over 1,300 sq. ft. Freshly painted and plush carpeting. Real beauty with golf, tennis, pools, clubhouses, new exercise room, restaurants and adjacent shopping center. \$349,000. Call Maynard Turow (301-518-3834).

REAL ESTATE FOR RENT

3 BEDROOM, 2 FULL BATH patio home with eat-in kitchen, 1 car garage. FURNISHED. Utilities included. \$3,950 per month. Call (410-868-1110).

BEAUTIFUL AND WELL-MAINTAINED 2BR, 2BA + Library. 1460 sq. ft. condo available for rental on September 1. Located in Fairways North, this type-S unit includes garage space and enclosed balcony with ceiling fans. \$2,200/month. Call Allen at (301-252-7663).

RENTAL WANTED

I would like to purchase or rent a GOLF CART SPACE in the Greens #1 (15101 Interlachen Drive). I would prefer G-6 but would be interested in any in this building. I can be contacted at Timothy Mills (301-252-2547) or (timbowled@aol.com).

My name is John Whitney. I am looking to RENT A GUEST BEDROOM somewhere in Leisure

World. I am a 62-year-old male. I am currently renting a room from Dennis Evans in The Greens, Building 1. If you have a room that vou would like to rent, contact Dennis and/or me at any of the following: (John.justin.whitney@ gmail.com) or (410-548-2140), (Devans162@comcast.net) or (240-560-6277) or (703-307-8353) or (240-228-6916).

FOR SALE

BOULES game for sale. Complete 8-ball set in case. \$35. Call (301-598-0803).

AUTO SALES

2016 TOYOTA CAMRY LE. Fourdoor. MD-inspected, like new. Only 13,500 miles. One owner. \$17,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2005 TOYOTA SOLARA. Two-door, convertible, V6, SLE, pearl-white, loaded with leather, aluminum wheels, all-power. Like new. MDinspected. Timing belt and water pump done recently with receipts. \$6,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

TRANSPORTATION SERVICES

CALL & RIDE - Doctors, airport, casino. Will pick up your groceries. Always on time. Over 250 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

DRIVER WITH CONCIERGE STYLE at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a four-door Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any personal assistance you may need. Call Ken at (508-612-9647).

DRIVER with 25 years' experience. I am a Leisure World resident. I am working as an Aide Nurse. Drive

WILLSON'S

Leisure World Renovations

Providing renovation services exclusively for residents of Leisure World!

Our Showroom at Physical Properties is Now Open!

Come see our impressive selections of:

Kitchen Cabinets • Stone Tops **Vanities • Flooring • Windows**

Full Time Staff On Site

Visit us today!

Call our showroom 301-598-1348

or call me directly **Brian Willson**

President 301-252-2199 brian.willson@yahoo.com anywhere. Comfortable, smooth, safe. Accident-free record. Clean vehicle. I'm available 24/7. Call or text (703-649-1293).

YOUR PERSONAL DRIVER is here: Lifelong local resident. Reliable, competent service. Safe, accidentfree driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.-10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text (301-933-8899). Email (Steve.Your.Driver@ gmail.com).

CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

"A" HOME HEALTH CARE for Senior Citizens - Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/ part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, livein, overnight or weekend. Call today: (301-490-1146).

ELDERLY CARE: Over 10 years' experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-

CNA/COMPANION over 20 years' experience with the elderly. Available Monday through Friday on days, nights or weekends. Full or part-time, live-in/out. Good references. Also available to travel out of state with my clients. Call (301-442-9324). Own transportation.

CNA/GNA/MED TECH with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available fulltime or part-time. Please call (240-252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

SERVING YOU HOME CARE: Our family serving your family. License #R4289. We believe in a holistic approach to care: body, mind and emotion to achieve optimal health and wellness. Five-step wellness program: safety, nutrition, mental health, socialization, physical activity. (410-980-3145), (www. servingyouhomecare.com), (info@ servingyouhomecare.com).

WeSAP NURSING SERVICES. We support aging in place. Nursing care, personal care and non-skilled care. Services catered to individual needs. Advocate of equality. Call for free consultation (301-604-4201), (240-286-0778), (wesapllc@gmail.com), (wesapllc.com).

OVERNIGHT CAREGIVER with more than 14 years' experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends and clients in facilities to group home members and privately caredfor patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. Arafa (240-883-8933), (brownzebra@hotmail. com). Availability: 10 p.m.-7 a.m.

PROVIDING QUALITY AND AFFORDABLE CARE: Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337).

I AM CNA/GNA with more than 15 years' experience and worked in nursing home, assisted living and home care. Duties include personal hygiene, light housekeeping, laundry, shopping, meal preparation, bathing, dressing, errands, transportation to appointments and medication reminders. Filipina, U.S. citizen, can drive and with own car, honest, dependable, loving and hard worker, with excellent references. Please call (240-643-3392) cell, (301-926-2547) home. (salardaluzviminda@yahoo. com)

HI, MY NAME IS DENISE. I have been a caregiver for my mother and father for many years. I am very patient and caring. Very reliable and responsible. Love to talk. I can also clean with a big smile. Affordable, parttime. Please call me: Denise (301-237-8874).

Hello. I provide SHORT- or LONG-TERM CARE with over 10 years' experience caring for cancer, Alzheimer's, dementia, as well as stroke clients. My goal is to help clients achieve the best quality of life possible, which enables me to tailor a care plan that maximizes the client's independence and dignity. (301-291-1205), (SFthecaregiver@gmail.com).

CERTIFIED AND BONDED Nursing Assistant with over 20 years' experience. Excellent references, drives. Looking for 6 p.m. to 10 p.m., or 7 p.m. to 7 a.m. Please call Barbara, (240-426-3661).

CNA/MEDTECH/CPR with First Aid. Licensed. Experienced working with elderly. Have worked with agencies, assisted living in hospitals and also private duty. Am available full-time



BEDFORD COURT

MONOGRAM COLLECTION BY SUNRISE

Call 301-598-2900 today for details and to schedule a tour!



Bedford Court....Right Next Door!

Thinking of moving to a Continuing Care Retirement Community, but would like to stay within your same neighborhood?

Then call Bedford Court, your Leisure World neighbor.

Independent Living—1 Bedroom Apartments Available

Assisted Living— Limited selection of studios and a one bedroom apartment

and we are proud to be deficiency free 2 years in a row!

Inpatient Rehabilitation and Skilled Nursing—

If you are planning a surgery or have an unexpected hospital stay, call to inquire about an inpatient rehabilitation stay.



Ranked "Highest in Customer Satisfaction" among Senior Living Communities" by J.D. Power in their first-ever 2018 Senior Living Satisfaction Study



or part-time. Please call (301-793-

CMT with CPR. Working towards a caregiver certificate. Am passionate about caring for elders. Over two years' experience. Duties available: personal hygiene, light housekeeping, shopping, meal preparation, dressing, errands, cooking, doctors' appointments, medication reminders. (240-367-3729).

PRIVATE DUTY CAREGIVER for hire. Over 10 years of experience caring for Leisure World residents and over 15 years of experience in geriatrics and clinical conditions. Highly qualified foreign nurse with bachelor's degree credentials backed by CGFNS International — ID# 4640928. Bilingual, responsible, with references from Leisure World residents. If interested, please call (301-339-4460).

COMPASSIONATE

CAREGIVER. 13 years of experience. Excellent references, CNA, CPR, First Aid current, good driver, experience in all areas. Available day or nights. Please contact Berikisu Bright at (240-252-8232).

OVER 20 YEARS' experience full/ part-time or live-in caring for babies, Alzheimer's, elderly and terminal patients. Excellent driver, reliable trustworthy, dependable. References. Gloria (240-660-7937).

ATTENTIVE, COMPASSIONATE CAREGIVER, Jamie, would like to

assist you with your daily needs. Jamie has a lot of experience with elder care as she has been working at the Brooke Grove Nursing Home for quite some time. Please call her at (301-980-8432). Thank you.

LETICIA ADU is my name. Am a CNA/GNA/Med Tech. I provide quality and affordable care for elderly. I have 13 years' experience. I give personal care, companionship, housekeeping, shopping, appointments, etc. Please contact me (301-793-3989) or (240-252-0439). Email me on (mumbea2002@yahoo.

CNA/GNA/MED TECH. CPR and First Aid license. Experience working with elderly. I have worked with agencies, nursing homes and private duty for 17 years. Am available full-time, part-time or live-in. Please call (301-213-5912) or email (ewambugu13@yahoo.com).

I AM CNA/GNA with CPR and First Aid license. Have over 15 years' experience with elderly and working in assisted living, nursing home, hospital, also private duty. A caretaker that is reliable, trustworthy and takes great pride in caring for the elderly. Available full-time or part-time. Contact: (240-437-6694) or email (darlingkristol@yahoo.com). Own transportation.

ELDERLY CARE: CNA/CMT/ nursing student. 11-12 years' experience in elderly care. Hospital, nursing homes and home care. Duties: ADLs, driving to doctors' appointments, housekeeping, meal preparation and safety precautions. Great references. Monday-Sunday, 24 hours availability. (301-820-2631), (301-978-6518).

CNA with more than 5 years' experience with great references. Can drive, own vehicle. Seeking private duties Monday-Friday. Assist with all ADLs. Have worked in Leisure World. (443-985-7018).

AUGUSTA OBIMPEH is my name. Am a CNA/GNA/Med Tech as well as LPN. I have 16 years' experience caring for elderly. I provide long- and short-term care — very affordable companion care, nursing care, housekeeping, etc. Contact me on (240-883-8126), (240-252-0439) or (301-793-3989). (sweetieamae@ vahoo.com)

MARIE BAH. Very caring person with 15 years' experience in senior care. Board-certified nursing assistant in both Maryland and Virginia. Love and cherish every single second spent with senior citizens. Very flexible and adapt very easily. Excellent references from families I've worked for. (240-480-6692).

My name is FATOU SINGHATEH. I am 45 years of age. I have been a CNA/ GNA for over 18 years. I'm energetic, trustworthy, kind, patient and dependable. I have clean background check and driving records and own

a clean car. Willing to help with your assisted daily living, housekeeping and meal preparation as well as meds. (240-421-7286)

HOME SERVICES

KITCHEN AND BATHROOM Remodeling - Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified preowned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

LANDSCAPING SERVICES: Beautifying LW, one property at a time! Affordable, reliable and experienced! Shrubbery trimming, weed removal, mulching, design and planting. Houseplant services also available. Call Greg at (240-994-5258), (gmarinik@gmail.com). References provided.

GUARDIAN ANGEL LAWN SERVICE. Experienced in



EXPERIENCE A NEW APPROACH TO

Memory Support

Ingleside at King Farm has added even more choices to our engaged living community, and now offers the area's newest Memory Support Assisted Living. Through an innovative persondirected approach that emphasizes each person's abilities, we celebrate life through diversity and engagement in a place where character and compassion coexist. Brand new residences are now available for immediate occupancy in Memory Support.

For over a decade, Ingleside at King Farm has provided exceptional living in a community with an unmistakable sense of well-being.

Be one of the first to tour this exceptional addition, and call 240-398-3846 today!

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY SUPPORT | LONG-TERM CARE | REHABILITATION | SOCIAL DAY PROGRAM | HOME CARE

flowerbeds, mulching, edging, weeding, plowing gardens and repairs. For all your gardening and household needs, please call Robert at (240-477-2158), (301-987-1277).

CLEANING SERVICES

R&G CLEANING SERVICES -Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES -Good references. Good rate. Once a week or every two weeks. (240-286-3807).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past three years. Call us for your free estimate today! We offer both apartment and home cleanings. garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

MARIA'S HOUSE CLEANING, free estimates, strong references, good rates. Experienced worker in LW for eight years. Call Maria (240-694-6547).

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean and dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

CARLA'S HOUSE CLEANING - I will concentrate on what is important to you. I will adjust my hours to your satisfaction. Outstanding references and work with free estimates. Call or text (240-551-2707).

MY CLEANING LADY needs more jobs in Leisure World. She is hardworking, dependable, honest and very pleasant. She has worked for me 12 years. Please call Irene (301-929-6395).

COMPUTER HELP

COMPUTER SERVICES - Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

COMPUTER LESSONS / SERVICES — Need help with vour computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English no technical talk! Shopping assistance for electronics and computers. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow, Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private homebased business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with senior care and the care of seniors pets. Safe/reliable door-todoor transportation as needed. Assistance with pet care. Dog walking and pet sitting as needed. Transportation for grooming/ vet appointments. I'm a 57-yearold semi-retired doctor, Leisure World resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

LICENSED BEAUTICIAN. It is my pleasure to give you haircuts, color and perms in your home. Reference available. Please call Silvia, (240-277-0890).

HOUSE CALLS LLC. Beth Albaneze, CTRS, CPRP, owner. We come to your home for your convenience when faced with acute or chronic life issues. All our services are under one umbrella with a variety of professionals to choose from: counselors, advocates, resource experts, life coaches, recovery specialists, recreation therapists, insurance advisers. Contact Beth at (301-346-6732) or (callingonbeth@ gmail.com). Web: (www. callingonbeth.net).

KOMPANION KARE has openings! After 13 years of helping

seniors, LW resident Stephanie Sidella has current openings for new clients. Need companionship, driving, light housework or cooking help? This Wellness Consultant has years of experience with First Aid, CPR and understanding medical terminology. Contact Stephanie at (301-922-5080) or (ssidella@ verizon.net).

PAYYOURNURSE! Do you employ a private nurse or caregiver for your loved one? At PAYYOURNURSE, we assist families in navigating the Federal and State payroll tax laws. From paycheck calculations to quarterly and annual tax returns, we have a service plan that will fit your needs. For more information, please call (703-819-9796); or email (byudd@payyournanny.com). "We're Here to Help Families."

LIFE STORY LEGACY VIDEOS - Tell stories about your family and your life journey on video. The video will feature your most treasured photos of grandparents, parents, relatives, friends, and special events. Preserve the legacy of your experiences for family, friends and future generations. Research indicates that reflecting on and sharing your life journey has lasting benefits. Learn more at (www. lifestorylegacyvideos.com) or contact Bryon at (301-685-3300).

NOTARIES

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

PET CARE

DOG WALKING SERVICE -Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Please call (301-598-3454) for more information.

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids', cooking, foreign languages,

gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

HELP WANTED

WEB DESIGNER needed to build a simple website for the promotion of a book. If you have this experience and my project piques your imagination, please contact me. Diane Reynolds. Call or email (415-407-9743), (deeperl@yahoo.com).

DRIVER NEEDED. LW to Olney area. One-way rides. \$15. Occasional rides: For Wednesday or Thursday mornings. References needed and must be dependable. Call (301-278-2189); leave a message.

ACTIVITY OPPORTUNITIES

MOVIES AND MUNCHIES. Are you looking for something fun to do on a Saturday or Sunday afternoon? How about catching a movie at AMC Wheaton once a month and enjoying a nosh after! No discussion, no analysis, just a fun afternoon at the movies with new friends! If you're interested, please email me at (susan.krupka@gmail. com) or give me a call at (240-446-0975).

Looking for TENNIS AND/ OR PICKLEBALL partner/s for evening hours. I prefer to play at Olney Manor Rec Center with many lighted tennis courts. Please reply to Helen: (HLEE555@gmail.com) or text to (240-817-4213).

EXPERIENCED MAH-JONGG player looking to start a friendly daytime game with flexible hours. Call Diane at (301-706-8141).

SCRABBLE CLUB FOR WOMEN

- seeking a few new members - Club meets at founder's LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using 'official Scrabble rules' and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@careerstrategies-inc.com) or call ((571-236-1775) in MD in LW).

BOOK CLUB FOR WOMEN seeking a few "Serious Readers": 15+ year-old club reads awardwinning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder's

LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc. com) or call (571-236-1775 (in MD–LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc. com) or call (571-236-1775 (in MD—LW)).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@ mhamc.org) or (301-424-0656, ext. 541) if interested.

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just onetwo hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@ AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

ENGLISH AND MATH TUTORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www.literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www. animalalliesrescue.org). Follow on Facebook. AARF is 501(c)(3) allvolunteer non-profit.

FREE BOOKSTORE seeks volunteers, donations. Velocity of Books opened the first all-free bookstore in Montgomery County at Westfield Wheaton by Hollywood East Café, near Metro entrance. Store open during mall hours. Thousands of books available for kids and adults. To volunteer: (https://volunteersignup.org/7APPQ). Book donations up to five boxes at a time may be brought to the store. Larger

donations may be picked up; email (VelocityofBooks@gmail.com).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

UPCOMING EVENTS

MARYLAND LYRIC OPERA presents a magnificently rarified double bill of two of the most celebrated oneact operas! Puccini's "Il Tabarro" followed by Mascagni's "Cavalleria Rusticana." Susan Bullock, Mark Delayan, Jonathan Burton, Jill Gardner, Yi Li, and more return after their triumphs in "La Fanciulla del West" last season. The international principal cast, 78-member MDLO Orchestra, and 80-member MDLO Chorus are all conducted by MDLO Music Director Louis Salemno. Tickets start at \$35. Sept. 14 at 7:30 p.m. and Sept. 15 at 2 p.m. The Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda, MD. For tickets visit (www. Strathmore.org) or call (301-581-5100).

Event on ALZHEIMER'S RESEARCH. Film screening of the new documentary "Turning Point: The Quest for a Cure." Following the film, we will host a panel discussion with local experts to talk about the film, the latest research and available local resources. Light refreshments. Wednesday, Aug. 28, 6-8:30 p.m. Cultural Arts Center, Montgomery College, 7995 Georgia Avenue. Free, but advance registration required at (www.leadershipmontgomerymd. org/events) or (301-881-3333).

THE ABCs of SELF-PUBLISHING. Is your draft novel or memoir gathering dust on the shelf? Are you still waiting for an agent to return your call? Join writer, editor and first-time author Amit Janco, as she leads you on a journey through the process of self-publishing. Free, no registration, all are welcome. Twinbrook Library. Thursday, Sept. 5, 6-7 p.m.

HISTORY HOUR: Woodlawn Manor hosts a bi-monthly history hour. Every other month local historians, professors and authors share their knowledge of regional history. Admission: \$8. Series held April 24, June 26, Aug. 28 and Oct. 30. Register at (www.ActiveMontgomery. org). For details on lecture subjects email (mcp-woodlawnprograms@montgomeryparks.org).

PORTRAITS OF CREATIVE PEOPLE: "CreativitY, with a capital WHY?" Photographer Larry Marc Levine captures creative people at work. On exhibit Thursday, Sept. 5 to Sunday, Nov. 24. Reception on Sunday, Sept. 15, 1-4 p.m., featuring demonstrations by six individuals whose portraits are on exhibit. Sandy Spring Museum, 17091 Bentley Road.

WANTED

FAST CASH FOR USED CARS—Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

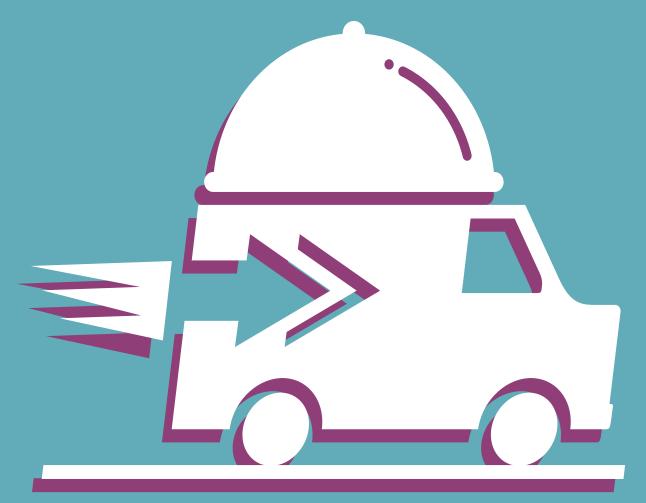
CASH FOR RECORDS, CDs, and tapes. Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@gmail.com). Will make house calls.

BUYING JEWELRY, OLD COINS, antiques, gold, silver, old art, old toys, military items, wristwatches, pocket watches, fountain pens, etc. Tom (240-476-3441).

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Recent Solds "Around the World"!

Address	Subdivision	Туре	Beds	Baths	Asked	Got	Subsidy
3310 N LEISURE WORLD BLVD #6-305	Fairways North	Unit/Flat/Apartment	2	2	\$222,500	\$230,010	\$0
	•	· ·					•
3310 N LEISURE WORLD BLVD #1024	Fairways North	Unit/Flat/Apartment	2	2	\$219,000	\$215,000	\$0
3330 N LEISURE WORLD BLVD #5-915	Fairways South	Unit/Flat/Apartment	2	2	\$159,000	\$152,500	\$0
3360 GLENEAGLES DR #71-1A	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1	\$115,000	\$115,000	\$0
3400 GLENEAGLES DR #73-2G	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1	\$124,900	\$115,000	\$0
3600 GLENEAGLES DR #7-3C	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1	\$120,000	\$120,000	\$0
3100 N LEISURE WORLD BLVD #620	Overlook	Unit/Flat/Apartment	2	2	\$299,000	\$285,000	\$0
3100 N LEISURE WORLD BLVD #1002	Overlook	Penthouse Unit	2	2	\$233,000	\$233,000	\$0
3100 N LEISURE WORLD BLVD #1026	Overlook	Penthouse Unit	2	2	\$440,000	\$440,000	\$0
3501 FOREST EDGE DR #14-2F	Rossmoor Mutual #14	Unit/Flat/Apartment	1	1.5	\$115,000	\$102,000	\$0
2921 N LEISURE WORLD BLVD #1-327	Rossmoor Mutual #22	Unit/Flat/Apartment	2	2	\$130,000	\$135,000	\$2,010
3612 EDELMAR TER #127-A	Rossmoor Mutual #9	Twin/Semi-Detached	2	1	\$241,500	\$241,500	\$0
15100 INTERLACHEN DR #4-124	The Greens	Unit/Flat/Apartment	2	2	\$140,000	\$140,000	\$0
15101 INTERLACHEN DR #1-108	The Greens	Unit/Flat/Apartment	2	2	\$170,000	\$165,000	\$0
15115 INTERLACHEN DR #3-811	The Greens	Unit/Flat/Apartment	1	1	\$134,900	\$137,000	\$2,740
15115 INTERLACHEN DR #3-708	The Greens	Unit/Flat/Apartment	2	2	\$210,000	\$210,000	\$0
15100 INTERLACHEN DR #317	The Greens	Unit/Flat/Apartment	2	2	\$175,000	\$175,000	\$2,625
15101 INTERLACHEN DR #1-414	The Greens	Unit/Flat/Apartment	3	2	\$289,899	\$280,000	\$0
15107 INTERLACHEN DR #2-309	The Greens	Unit/Flat/Apartment	2	2	\$160,000	\$160,000	\$0



3100 N Leisure World Blvd, #1002

Updated kitchen and enclosed balcony overlooks golf course, pond, & tree tops!



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Gorgeously updated 2 level co-operative! Stainless steel appliances & granite counters!



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