Leisure World News

September 15, 2017 • Published Twice a Month • residents.lwmc.com/lwnews

Veteran Throws Pitch at Nationals' Game



Lewis Gold aims his pitch at Nationals Park. Photo courtesy of the Washington Nationals Baseball Club

by Stacy Smith, Leisure World News

he Greens resident Lewis Gold wasn't a likely candidate to throw out the first pitch at a little league game, much less a Washington Nationals baseball game.

"I haven't touched a ball for 70-some years," Gold said.

But that's just what the 99-year-old did at Nationals Park on Aug. 30 surrounded by a cheering crowd. The World War II veteran and Bronze Star Medal recipient took to the field and let the ball rip as a montage of pictures from his life scrolled across the stadium's scoreboard screen

Gold, who frequently uses a wheelchair to help him get around, admitted to being a bit disappointed in his throw.

"One leg sort of gave way and I didn't make such a great pitch, but it's good enough. I guess the idea was making the

effort," he said.

He was honored with the ceremonial first pitch after his friend, Steve Freedman, told the stadium's staff about his distinguished military service. Gold accompanies Freedman, a Washington Nationals season ticket holder, to about five or six games a year.

Prior to his brush with the Major Leagues, Gold hadn't played baseball since he was a 19 or 20-year-old working at a navy yard pre-World War II.

He's received about 15 letters and emails from friends telling him what a good job he did at his Aug. 30 performance. And despite not feeling as comfortable on the ball field as he is at the bridge table (Gold plays four times a week), he relishes those few, brief moments near the mound.

"It was an experience that I wound up feeling good about," he said.

Testing...1...2...

Residents to Test New Website's Software, Web Tools

by Stacy Smith, Leisure World News

pproximately 25 advisory committee members and other residents will have their index fingers poised over mouse pads beginning Thursday, Sept. 21 through Monday, Sept. 25 when they take part in a beta test of the upcoming new website for residents.

The new website will replace the existing version of (residents.lwmc.com), giving it a new design while retaining the content and information currently accessible to residents.

David Merritt, resident and consultant for Leisure World of Maryland Corporation, will provide participants with a list of tasks that test the website's functionality, security and user friendliness.

Testing

Each participant will receive a temporary sign-in name and password to access the site and practice using its web tools, which will include a search of the resident directory, event calendar, documents, user preferences, and pages detailing Leisure World's clubs, organizations and amenities.

Merritt gathered resident testers who possess different levels of computer fluency - from the most proficient user to those with sparse web-browsing experience – to ensure that the maximum numbers of residents are able to use the site once it's available in October.

"We want this website to be a game changer for Leisure

➤ to page 3



The Fitness Center at Clubhouse II is filled with equipment in preparation for its Sept. 14 grand opening. Photo by Stacy Smith, Leisure World News

Governance & Information 4 Thoughts & Opinions......6 Events & Entertainment...... 8 Movie Schedule.....11 Health & Fitness12 Clubs, Groups & **Organizations.....14** Club Trips Listing......30

Sports, Games &	
Scoreboards	32
Classes & Seminars	36
Calendar of Events	39
Governance Meeting	
Schedules	39
Classifieds	42



For details on some star athletes who competed in the 2017 Maryland Senior Olympics, see page 32.

County Programs Keep Seniors Safe

by Maureen Freeman. Leisure World News

wo Montgomery County programs that can benefit seniors are available to them at no cost, and two county officers outlined their details at the **Security and Transportation Advisory Committee meeting** Aug. 10.

ID Bracelets

Montgomery County Police officer Laurie Reyes told the committee about a program that began development more than a decade ago. In 2005, the county noticed an increase of calls to police about "critically at-risk" missing persons, most of them for individuals affected by Alzheimer's disease, autism and Down syndrome.

According to the Alzheimer's Association, in 2015 more than five million Americans age 65 and older had Alzheimer's disease; Reyes said that an estimated 60 percent of them are likely to wander away from their homes.

On average, Montgomery County police search each week for about two to four critically at-risk individuals, but the numbers can be higher. "This week we're on number 11," Reyes said.

Through officer training and community education

and outreach, police have been addressing the problem, stressing "a balance of dignity and safety," she said.

Eight months ago, the county made available special identification bracelets for people prone to wandering. A small panel containing the individual's contact information can be removed from the center portion of the bracelet.

Reves urged family members of people vulnerable to going missing to get a bracelet for their loved ones.

"Half the time police find a wandering person before the family is even aware they are missing," she said.

Anyone who is interested in acquiring a bracelet and wandering safety prevention kit or more information about the dementia/Alzheimer's outreach program can phone program coordinators at (240-773-6525), or visit (www.montgomerycountymd.gov/lifesaver).

Home Meds Program

A free review of medicines by specially trained nurses who can visit patients in their homes is available to county residents who have concerns about their medicines and how to manage them.

Captain Jamie Baltrotsky, a 17-year veteran of Montgomery County Fire and Rescue Services, outlined the county's



Captain Jamie Baltrotsky

Home Meds Management program.

About 7,400 service calls in the county each year are for non-emergency medical concerns, and the program aims to provide patient education and follow-up, she told the committee.

"When we see the same people over and over, we realize there's some unmet need," she said.

In a visit to a patient's home, a nurse and patient discuss any medications and supplements the patient is taking and methods for keeping them organized.

A pharmacist also will review the list of the patient's medicines and work with the patient's doctor to address any problems or side effects.

For more information on



Police officer Laurie Reyes with Security and Transportation Advisory Committee chairperson Herman Cohen.



A bracelet with center compartment helps police identify and assist people who might wander. Photos by Leisure World News

joining the program, contact the Montgomery County Department of Health and Human Services: Tina Purser Langley, senior health and wellness coordinator, at (240-773-8290) or (Tina. Purser Langley@ montgomerycountymd.gov); or Alvine Angon, Home Meds program nurse, at (240-773-8278) or (Alvine.Angon@montgomerycountymd.gov).

ASPEN HILL EXXON 301-871-6777



Auto Care

www.aspenhillexxon.com 14011 Georgia Ave.

Owned and Operated by BENNY Since 1980 "or ask for my son DAN." Friendly, personal and professional service!

Free transportation home and back when you leave your car for service! •Complete Automotive Maintenance Service & Repair • Most Makes & Models • Two Years/24 Month Warranty • Factory Scheduled Maintenance

Auto Service Discounts

Oil Change Service Special - \$29.95

5 Qts of synthetic blend 5W/30 oil Oil Filter & Lube • Multi-Point Inspection

Most cars, plus tax & disposal fee Full Synthetic Extra

Present this Coupon with Incoming Order. Expires September 30, 2017

Maryland State Inspection Station

Leisure World N

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Leisure World News Advisory Committee

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

Leisure World Staff

Maureen Freeman. Director of Communications Stacy Smith, Senior Editor Kathleen Brooks, Publication Associate Cassandra Chisholm, Graphic Designer

Editorial: lwnews@lwmc.com Advertising: lwnewsads@lwmc.com 301-598-1310

Leisure World Communications Advisory Committee

Arthur N. Popper, Chair Bernie Ascher, Vice Chair aclwn@lwmc.com

Resident Contributors

Barbara Braswell, Rincy Pollack and Alan Goldstein

Leisure World News of Maryland reserves the right to reject or discontinue any advertisement believed to be not in the best interest of Leisure World. We will not knowingly permit a dishonest advertisement to appear nor do we guarantee the reliability of advertisers.

Website

✓ from page 1

World residents now and in the future," Merritt said. Testing the site before it launches will help staff troubleshoot any potential issues, he added.

New Website

The new website is similar in look and functionality to the community's promotional website, (www.leisureworld-maryland.com), which debuted in April of this year. The website's comprehensive design also makes it accessible to individuals with disabilities.

The site will allow residents to access community information such as departments' contact information, committee and board meeting minutes, financial reports, Trust documents and Physical Properties Department service contracts.

By logging in, residents can also access their personal information and transactions and will eventually have a direct link to their mutual's website, which will contain documents, bylaws, calendar events, newsletter information, photo gallery and other features that are searchable by keyword(s).

■ Education and Recreation Department

Sept. 16: Fall Flea Market

Join your friends and fellow residents on Saturday, Sept. 16, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom and Maryland Room for the semi-annual Leisure World Flea Market.

As a reminder to flea market vendors, tables, chairs or racks cannot be brought into the sale. (Display racks that fit on top of rented tables are okay.) Merchandise may not be placed on chairs, next to or in front of tables and racks. Space is limited. Placing items around the rented space impedes traffic and is a major safety concern, and is not acceptable.

On Sept. 16, beginning at 7:30 a.m., numbers will be

given out to vendors who want help bringing merchandise into the clubhouse.

Market vendors may begin bringing in their merchandise at 8 a.m. The market opens to the general public at 9:30 a.m.

Clothing offered for sale at the market must be clean and in good condition. Vendors must remove all unsold merchandise and debris (boxes, hangers, wrapping materials, etc.) when they leave. Individuals and organizations are responsible for the collection and payment of sales tax.

The items you are willing to part with may be your neighbor's sought after treasures. Join us for a fun-filled day!

■ Education and Recreation Department

Oct. 6: Fall Community Walk

alking is good for you! Friday, Oct. 6, is the date of the semiannual walkathon in Leisure World sponsored by the E&R Department.

Walkers assemble in the Clubhouse I Crystal Ballroom at 8 a.m. for a pre-walk stretch and warm-up led by Jate, a personal trainer at the Fitness Center and star of the "Daily Stretches Before and After Exercising" handout available to residents.

The group then departs to

walk the 3.2-mile circumference of Leisure World Boulevard. A water station is available at the halfway mark, and the Amateur Radio Club will accompany walkers to assist if needed.

The E&R Department provides healthy refreshments (and a few treats) in Clubhouse I after the walk.

Stop by the E&R office at Clubhouse I to register; the fee is \$1.

Gather a group of friends or come meet some new ones at this healthy social event.



Red Hat Audiology

Audiology & Hearing Aid Services www.redhataudiology.com

If you are missing some of the simple sounds of life, Red Hat Audiology can help.











At Red Hat Audiology we know the impact untreated hearing loss can have on your life. We want to get you back into conversations, and hearing the sounds you love.

FREE 2 WEEK HEARING AID TRIAL

You've talked about hearing aids, you've even thought about them. Call and schedule an appointment now to come in for a Free Hearing Screening, and leave with a pair of hearing aids, programed to your needs and wear them for 2 weeks, FREE!

Gwyneth Newcomb, Au.D., FAAA Mary Adams, Au.D., FAAA

Doctors of Audiology

3804 International Drive Silver Spring,MD 20906

301-476-1705

GOVERNANCE & Information

Sept. 21: MVA Mobile Office Returns

eed to do business with Maryland's Motor Vehicle Administration? The MVA bus returns to Leisure World on Thursday, Sept. 21.

The bus will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

Oct. 16: AARP Safe Driving Course

he E&R Department sponsors an AARP Safe Driving Course on Monday, Oct. 16, in Clubhouse I from 9:45 a.m.-3 p.m., with a one-hour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, \$15 for AARP members and \$20 for non-members, is required at the time of registration. (Please note: AARP members must show a current membership card to receive the AARP discount.)

Register in the E&R Office in Clubhouse I beginning at 8:30 a.m. on Tuesday, Sept. 19. The number of participants is limited to 25, so plan to register early.

Participants should bring their driver's license and a pen or pencil to the course. If you have any questions, contact the E&R office in Clubhouse I at (301-598-1300).

Weigh in on Proposed Metrobus Changes

by Leisure World News

etrobus is proposing service changes to routes Y2, Y7, and Y8 as part of its annual public hearing process to improve service and effectiveness.

Metrobus proposes eliminating Route Y7 service into Leisure World (Leisure World would continue to be served by Route Y8), with some Y2 routes converted to Y8 routes. The proposal would affect weekday service only.

County residents can submit comments on the proposed changes via an online survey at (wmata.com/bus). The survey closes on Monday, Oct. 2, at 9 a.m.

Comments may also be mailed to (Office of the Secretary, Washington Metropolitan Area Transit Authority, 600 Fifth St., NW, Washington, D.C., 20001). Comments will be given to Metro's board of directors for their consideration before any changes are approved. If approved, route Y2, Y7, and Y8 changes will occur in June 2018.

Dial 301-598-1313 for recorded Daily Events

2017 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting
The Sept. 15 meeting airs on
Sept. 20, 21 and 22.

Board of Directors Meeting The Sept. 26 meeting airs on Oct. 2, 4 and 6.

Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com

Protection from Mosquito-Borne Diseases

by Stacy Smith, Leisure World News

Summer is winding down, but threats posed by its ubiquitous mosquito bites still loom over portions of Maryland. West Nile virus and Zika virus, both of which have had reported cases in the state this year, are transmitted via mosquito bites.

Mosquitos can breed in as little as a quarter inch of water. As a proactive measure, the Maryland Department of Agriculture conducts periodic inspections, approximately six to eight times per year in Leisure World – the most recent of which was two weeks ago – to check for any potential mosquito breeding.

If confirmed, department

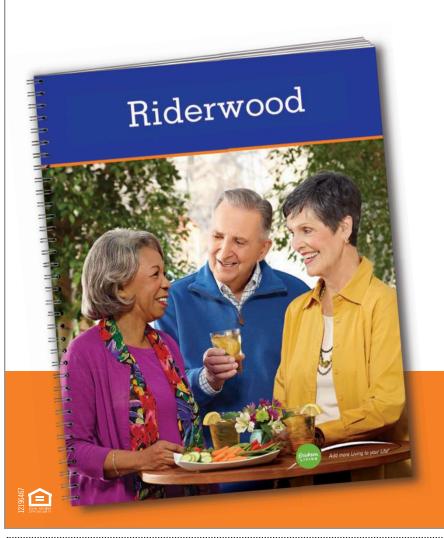
personnel target identified ponds, streambeds and low-lying areas susceptible to standing water, and pre-treat breeding spots with larvicide, a biopesticide with low toxicity to humans, mammals and other animals, according to Jeannine Dorothy, Department of Agriculture entomologist.

Residents can do their part to prevent mosquito-breeding spots by eliminating standing water in and around their homes.

To protect against mosquito bites, the Maryland Department of Health recommends people cover up with long sleeves and pants, limit outdoor activities during peak mosquito times and use an EPA-approved insect repellent containing DEET, picaridin or oil of lemon eucalyptus.

Get the facts about ACTIVE RETIREMENT LIVING at Riderwood.

The comprehensive
Riderwood brochure is
packed with the crucial
information you need—
and the exciting details
you want—about carefree
senior living at Silver Spring's
premier continuing care
retirement community.





Don't waste another moment wondering what retirement would be like at

RIDERWOOD.

Request your FREE brochure today!

Call 1-800-403-2106 or visit RiderwoodCommunity.com.



Add more Living to your Life®

Silver Spring

RiderwoodCommunity.com

FREE 38-PAGE BROCHURE written by the retirement experts.

THOUGHTS & OPINIONS: From Our Residents

A Few Things to Remember

Relevance: Make sure that your submission is relevant to

the LW community as a whole and not to just

one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

Brevity: Being concise will ensure that your opinion will

have maximum impact.

Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but

only if the facts are accurate.

Ownership: All submissions are subject to editing but you

will have the opportunity to approve the edits

before publication.

Opinions are strictly those of the writers

In Defense of the **CCOC Training**

Thoughts & Opinions letter, published in the July 21 edition of Leisure World News, disparaged the Commission on Common Ownership Communities (CCOC) training as "almost useless." I strongly disagree.

The writer points to a few specific "errors" that, in my opinion, mislead the reader. For example:

- 1. The current CCOC training does not conflict with HUD regulations, and does not even mention the Americans with Disabilities Act (ADA). Strictly speaking, the ADA applies only to public spaces and the workplace, but the "spirit" of that law corresponds to the Fair Housing Act, which is referenced in the training. It requires associations to permit members or residents with disabilities to make reasonable modifications to their own dwelling at their own expense and to make reasonable accommodations in rules, policies, practices or services if needed for the disabled person to use the housing.
- 2. The CCOC training recommends (absent bylaw requirements) "best practices." If an association has sufficient volunteers, best practices suggest that members of a nominating committee should not themselves be running for the board

to avoid the appearance of a conflict of interest.

3. Best practices also suggest that motions should be written so they can stand alone and the action taken can be understood without any other documentation. The CCOC training suggests that motions should "include who made the motion, who seconded it, accurate and complete wording for the action dictated by the motion, and a record of the vote showing those in favor, those opposed, and those abstaining," all of which is meant to protect the association should there ever be a question as to what exactly was decided and who voted how. Members also need to know their directors' voting record if they are to hold them accountable.

In my experience people often confuse best practices and Roberts Rules, but there is no conflict because they are two different things. Best practices are guides to the generally accepted method of complying with a legal or ethical course of action, such as who should be on a nominating committee or what should be included in a motion. Roberts Rules of Order is a guide to generally accepted methods for the orderly conduct or "manners" of a meeting. Unless mandated by a mutual's governing documents (LWCC's bylaws require that Roberts Rules be followed), neither of these methods is required and the CCOC training

does not say they are.

The CCOC course was developed under statutory direction and guidance from the County Council. As a current member of the CCOC, I was told that it was fully vetted by CCOC attorneys and staff, the Office of the County Attorney, the staff of the Office of Consumer Protection—as well as by professional community managers and residents—before going online. A lot of ideas and recommendations from a lot of sources were rejected for various reasons throughout the process.

I believe that the goal of the CCOC was achieved: to provide a course that is user friendly, offering useful, actionable information on the fundamentals of community governance, with a quiz at the end of each section that would not discourage the average volunteer. While the results can be manipulated, I think we can presume that it will be undertaken in good faith for the benefit of one's self and one's community.

I am confident that the CCOC realizes that laws, regulations, policies, court decisions and best practices will require change or clarification, and that those changes will be made as, and when, appropriate. In the little more than a year and a half since its debut, I believe the CCOC training course has afforded directors and residents throughout Montgomery County a broader knowledge of how their associations should be run. I don't think any education of this kind should be considered useless.

– Kathy Viney

Please Shower!

he Leisure World indoor pool has large signs posted saying to shower before entering the pool. As a user of the women's locker room, I can say that not all swimmers shower. One lady I observed actually stopped at the water fountain to splash water on her face and arms, presumably to make it look like she had showered.

Maybe people don't understand why showering is important. Chlorine is used to sanitize the water and kill most unwanted microbes and that's a good thing. But it also combines with perspiration, skin cells, hair, oils, and (yes) urine and other proteins and forms "chloramines." These chloramines settle just above the surface of the water, right where swimmers inhale deeply as they swim.

In addition to causing the smell we are all familiar with, chloramines can irritate the skin, and can damage the mucous membranes of the lungs. This can make a person more susceptible to allergens and infections.

As a population of seniors where lung problems may already exist, please do your part by showering! It would also be nice if Leisure World would invest in a system that pulls the air away from the surface of the water. The current method of opening the door and/or turning on the fan are really not sufficient.

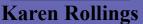
– Gail Bragg

Submitting an Item to **Thoughts & Opinions**

- 1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
- 2. Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- 4. LW News cannot guarantee when or if a submission will be published.
- 5. See LW News Guidelines and Board Standing Rules at www.residents.lwmc.com.

The Karen Rollings Team







Kathy Workman



Sherry Felice

301-924-8200

www.TheKarenRollingsTeam.com







Recent Solds "Around the World"!

Address	Subdivision	Туре	Beds	Baths	Asked	Got	Subsidy
2901 LEISURE WORLD BLVD #103	CREEKSIDE	Mid-Rise 5-8 Floors	2	2	\$234,900	\$234,000	\$0
3310 LEISURE WORLD BLVD #819	FAIRWAYS NORTH	Hi-Rise 9+ Floors	2	2	\$205,000	\$199,500	\$1,200
3310 LEISURE WORLD BLVD #525	FAIRWAYS NORTH	Hi-Rise 9+ Floors	2	2	\$166,500	\$164,000	\$0
3500 FOREST EDGE DR #15-2A	LEISURE WORLD	Garden 1-4 Floors	3	2	\$174,900	\$160,000	\$0
3330 LEISURE WORLD BLVD #5-204	LEISURE WORLD	Hi-Rise 9+ Floors	3	2.5	\$325,000	\$325,000	\$0
3320 CHISWICK CT #61-2C	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	2	1	\$85,000	\$85,000	\$0
3320 GLENEAGLES DR #68-1B	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$85,000	\$83,000	\$0
3370 CHISWICK CT #54-D	MONTGOMERY MUTUAL COOP	Townhouse	2	1.5	\$155,000	\$155,000	\$0
3100 LEISURE WORLD BLVD #202	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$239,000	\$239,000	\$0
3126 BECKENHAM CT #250-C	ROSSMOOR MUTUAL #11	Other	1	1	\$79,000	\$76,000	\$0
15301 WALLBROOK CT #48-3B	ROSSMOOR MUTUAL #15	Garden 1-4 Floors	2	2	\$149,990	\$150,000	\$0
3627 GLEN EAGLES DR #2-1D	ROSSMOOR MUTUAL #7	Garden 1-4 Floors	2	1	\$124,900	\$118,500	\$0
3203 LEISURE WORLD BLVD #100-B	ROSSMOOR MUTUAL #8	Duplex	2	2	\$300,000	\$285,000	\$0
15101 INTERLACHEN DR #1-201	THE GREENS	Hi-Rise 9+ Floors	2	2	\$173,500	\$157,500	\$3,000
15115 INTERLACHEN DR #3-914	THE GREENS	Hi-Rise 9+ Floors	3	2	\$314,900	\$314,900	\$0
15100 INTERLACHEN DR #4-603	THE GREENS	Hi-Rise 9+ Floors	2	2	\$195,000	\$190,000	\$0
15101 INTERLACHEN DR #1-702	THE GREENS	Hi-Rise 9+ Floors	1	1	\$115,000	\$115,000	\$1,100
15100 INTERLACHEN DR #423	THE GREENS	Hi-Rise 9+ Floors	3	2.5	\$175,000	\$193,000	\$0
15115 INTERLACHEN DR #3-310	THE GREENS	Hi-Rise 9+ Floors	2	2	\$174,000	\$174,000	\$0
2900 LEISURE WORLD BLVD #209	TURNBERRY COURTS	Mid-Rise 5-8 Floors	2	2	\$229,000	\$209,000	\$0
3200 LEISURE WORLD BLVD #1014	VANTAGE POINT EAST	Hi-Rise 9+ Floors	2	2	\$189,900	\$180,000	\$2,000
3200 LEISURE WORLD BLVD #714	VANTAGE POINT EAST	Hi-Rise 9+ Floors	1	1	\$245,000	\$245,000	\$0
3210 LEISURE WORLD BLVD #708	VANTAGE POINT WEST	Hi-Rise 9+ Floors	2	2	\$330,000	\$325,000	\$0



4 Fitzhugh Ct, #78-B We sold this amazing rambler in ONE DAY!!!



3480 Gleneagles Dr, #79-C

Two story townhome in the best location! Features 2 bedrooms and lovely patio!



3549 Leisure World Blvd, #22-D

Our buyers found the perfect new place to call home! Call us TODAY to see how we can help





Scott Keenum

Resident of Leisure World & represented Leisure World at the Maryland Senior Olympics winning a Silver Medal in Pickleball

U.S. Army Veteran

30 Years of Experience in the Mortgage Industry



Need New Carpet?

Serving Montgomery County for 30 years! We are the company for all your flooring needs. Carpeting, Hardwood, Laminate, Ceramic, Marble, Commercial, Residential. We do it all! We carry major brand names in carpeting and hard surface flooring.

Trust our experience and knowledge of the industry.

18167 Village Center Drive Olney, MD 20832 (in the Olney Village Center)

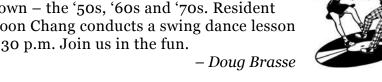
www.carpetandvacuumexpo.com

EVENTS & Entertainment

■ Sock Hop Group

Sept 16: Sock Hoppin'

he Sock Hop Group hosts its next dance on Saturday, Sept. 16, from 7-10 p.m. in Clubhouse II. DJs Ernie and Karen Poland of Take Two Entertainment provide the music of Motown - the '50s, '60s and '70s. Resident Semoon Chang conducts a swing dance lesson at 6:30 p.m. Join us in the fun.



■ Ballroom Dance Club

Sept. 23: Return to Winter Dress with The Tony Luciano Band

by Joyce Hendrix

ne of Leisure World's favorite musical groups, The Tony Luciano Band, performs at the Saturday, Sept. 23, dance from 7-10:30 p.m. in the Clubhouse I Crystal Ballroom, with Tony on keyboard, Fritz on drums and Jeff Byer on guitar.

Be sure to make your reservations with Irmgard Patrick at (301-598-2984) as soon as possible to ensure a seat at a table with friends. The last few dances have almost filled the room and, in the future, the Club may have to turn away dancers who do not have reservations.

All Club dances feature live ballroom music: foxtrot, waltz, rumba, samba, tango, swing

and, occasionally, a polka.

Suggested dress for the September through May dances is jackets and ties for the gentlemen, and dressy dresses or pantsuits for the ladies.

Rate the Dance Band

For the second consecutive year, Mike Surratt and The **Eclectic Coalition Band are** the winners in our Rate the Dance Band poll. The second place musical group is the Tony Luciano Band, also for the second consecutive year.

The Helmut Licht Trio, new to the Ballroom Dance Club this year, is our third place winner, with the Retro Rockets a close runner-up. The Club will welcome back all of these bands in 2018.

■ Education and Recreation Department

Sept. 28: The Creative Genius of Hal Prince

teve Friedman returns on Thursday, Sept. 28, at 1:30 p.m. in Clubhouse I for his continuing series of programs on the history of Broadway. He uses song and lecture to delve into how Broadway musicals have developed over the decades.

The creative genius of Harold "Hal" Prince as a producer led Prince to create some of the greatest musicals of all time. Friedman explores his successes prior to 1970, including how "Pajama Game" became his first hit. Friedman also examines how Prince's partnerships with Leonard Bernstein and Jerome Robbins led to the creation of such masterworks as "West Side Story" and "Fiddler on the Roof."

Tickets are \$5 per person and available at both clubhouse E&R offices. Please bring your Leisure World ID.

■ Fireside Forum

Oct. 1: America's First Ladies: Influence and **Image**

by Jonas Weiss

▼irst Ladies Man" Andrew Och discusses

America's First Ladies and their influence and image from 1789 to 1901 at a Fireside Forum on Sunday, Oct. 1, at 2:30 p.m. in the Clubhouse II auditorium.

Och is a historian, author and speaker who trav-

eled across America to document the lives of every First Lady of the U.S. The C-Span series, "First Ladies: Influence and Image" aired to great acclaim and helped reveal the untold story behind the ladies of the White House.

Och says it is important to be aware of the First Ladies' accomplishments and policies that are still relevant today. He brings a fresh look to an often-overlooked subject in American history.

Och is the author of



Time: On the Road with America's First Ladies." He is an award-winning television and multimedia producer who has traveled the world with his pen, paper and camera. A Andrew Och, courtesy photo storyteller from a young age, he

enjoys the art of communication and will go anywhere in the world for more knowledge, greater understanding and a good story.

Joan Hecht is the host for the speaker.

Och returns next June for the second part of his presentation on "First Ladies, from 1901 to 2018."

■ Education and Recreation Department

Oct. 5: A Jazz Tribute to the Beatles

♦ he Beatles, perhaps the most influential band ever recorded, has sustained an unmatched multigenerational popularity for over 50 years. Karen Lovejoy and The Lovejoy Group offer a jazz tribute to these cultural icons on Thursday, Oct. 5, at 7 p.m. in the Clubhouse II auditorium.

Karen Lovejoy's vocal renderings are artful and always seem to hit the spot – whether capturing the beauty of a tune like "Something" or bringing the groove to a tune like "Help!" With a hip rhythm section, a little bit of history and a lot of music, this show will leave you



Karen Lovejoy, courtesy photo

smiling and singing along. Sponsored by the E&R Department, tickets for this event are \$10 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

Oct. 7: Come Celebrate 'Everybody's Birthday'

by Maxine Hooker and Connie Blake

■ ome celebrate "everybody's birthday" with the Lions Club on Saturday, Oct. 7, from 7-10 p.m. in the Clubhouse I Crystal Ballroom. Whether your birthday is in the winter, spring, summer or fall, come have a ball with Sound & Music 4 U (DJ Freddie).



Light hors o'devours are served. Tickets, \$20, are available beginning Monday, Sept. 18, from 10 a.m.-2 p.m. in both clubhouse lobbies. All proceeds support the Lions' pediatric and youth projects.

■ Education and Recreation Department

Oct. 15: Trio Caliente

n Sunday, Oct. 15, at 7 p.m. in the Clubhouse II auditorium, let Trio Caliente transport you on a musical pan-continental journey that includes Latin jazz, flamenco, bossa nova, salsa and gypsy rumba sung in English, Spanish, Portuguese and Catalan.

With Deborah Brenner (vocals), Michael Bard (guitar) and Amilcar Cruz (guitar), the trio's sound is reminiscent of The Gipsy Kings, Buena Vista Social Club, Strunz & Farah, and Jobim — but with a flavor all their own.

Trio Caliente performs throughout the U.S. as well as in Spain, South and Central America and the Middle East.

Locally, the trio appears at Blue Alley, The Kennedy Center and Wolf Trap, to mention just a few of their venues.

Tickets for this performance, sponsored by the E&R Department, are \$10 each and are on sale at both clubhouse E&R offices. Please bring your Leisure World ID.



Trio Caliente, courtesy photo

Coming in 2017

The E&R Department is pleased to provide the following programs.

Sept. 16, 9:30 a.m. Flea Market

Sept. 28, 1:30 p.m. Steven Friedman on Harold "Hal"

Prince

Oct. 5, 7 p.m. **Lovejoy Group** Oct. 6, 8 a.m. Fall Community Walk

Oct. 15, 7 p.m. Trio Caliente

Halloween Dance with Rise Band & Oct. 27, 7:30 p.m.

Show

Starvation Army Band Nov. 8, 7 p.m.

Nov. 30, 1:30 p.m. Steven Friedman: Broadway Musical

Milestones

Akhmedova Ballet Troupe - The Dec. 9, 7 p.m.

Nutcracker

Olney Big Band Dec. 17, 2 p.m.

Pianist Thomas Pandolfi – Holiday Dec. 18, 7 p.m.

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

Why Would You Need a Massage?

Do You Have Stress? Muscle Tension, Soreness or Stiffness? Trouble Sleeping, Anxiety, Aching Back? Low Energy or Fatigue?

You Can Move, Work and Play Again with the Relief of Therapeutic Massage

Mid-Atlantic Therapeutic Massage, LLC Bob Clipper, LMT

Body, Mind and Spirit Wellness



Phone: 240-535-8085 E-mail: MidAtlanticTM@yahoo.com 15121 Glade Dr, 1C / Silver Spring, MD 20906

Special Pricing for Leisure World Residents \$35 for 1 hour and \$50 for 1.5 hour



Protect your hearing. Improve your life. Find out how at our Educational Seminar on Hearing Health.

Educational Seminar on Risk Factors of Untreated Hearing Loss

September 27 11am-1pm

That's Amore 15201 Shady Grove Rd • Rockville

Complimentary Lunch Provided

Space is limited — call today to RSVP! First-time attendees only.

301.637.7238



Wheaton • 3913 Ferrara Dr Rockville • 2403 Research Blvd, Ste 100

HearingHealthCareInc.com F AudigyCertified®



"Living with Alzheimer's for Early-Stage Caregivers (Part 2)"

Part of our Summer Educational Series

Tuesday, September 19, 2017 2:00 pm to 3:30 pm

Arden Courts

2505 Musgrove Road Silver Spring, MD 20904 (301) 847-3051

To RSVP, call (301) 847-3051 or e-mail SilverSpring@arden-courts.com



Featuring Guest Speaker Diane Vance, MA

Program & Services Manager Alzheimer's Association National Capital Area Chapter

The Living with Alzheimer's series provides practical answers to questions that individuals and families may face as they adjust. Hear from those directly affected and learn how to ease the impact throughout the course of the disease.



■ Education and Recreation Department

Oct. 27: Halloween Celebration

oin the fun at a Halloween celebration on Friday, Oct. 27, in the Clubhouse I Crystal Ballroom. Sponsored by the E&R department and Foundation of Leisure World, the evening features light refreshments and a cash bar as well as entertainment by Rise Band and Show.

Attendees are encouraged to wear their finest Halloween costumes and participate in a contest for the best outfits. Doors open at 6:30 p.m.

Rise Band and Show plays some of your favorite music from 7:30-10 p.m. The eightpiece ensemble performs R&B, Motown, classic oldies, jazz and soul music. The band is joined by energetic vocalist Tennyson Price. Nicknamed the "Entertainer," Price loves to interact with the crowd and keep you on the dance

Trumpet player Ernest Bennett formed the Rise Band in 1975 after he learned to play the song "Rise" that had been recorded by Herb Alpert. Through the years, "Show" was added to the band's name because of the entertainment element that vocalist Price added to the band's performances.

Through the years, some of the ensemble's musicians have shared the stage with such greats as the "Duke of Earl," Gene Chandler; Percy Sledge and Little Sonny Warner as well as opening for a "Temptations Revue."

Bennett says that the biggest highlight of his life was when, while performing at the Capitol Hill Hyatt in Washington, D.C., in 2008 for a Black History celebration, the great jazz legendary trumpet player and historian Wynton Marsalis joined in as they played "Brick House."

When the Rise Band and Show comes to town, it's always a party, so get ready to groove and show off your moves. Tickets are \$20 per person and go on sale on Tuesday, Sept. 19, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

■ Education and Recreation Department

Sunday Afternoon at the Movies

Sept 24: 'Café Society'

♦ he E&R Department is pleased to present "Sunday Afternoon at the

Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium. On Sunday, Sept. 24, the featured film is "Café Society" (2016, 1 hour 36 minutes, comedy/ drama/romance, PG-13 for some violence, a drug reference, suggestive material and smoking).

Reminder: Tickets are required to attend this movie screening.

Setting his sights on the magical kingdom of Hollywood, a young man, Bobby (Jesse

Eisenberg) migrates to Los Angeles in the 1930s and is swiftly drawn into the social

whirlpool of the young and beautiful all pursuing their own visions of success.

The film, written and directed by Woody Allen, also features Steve Carell (Phil Stern, Bobby's uncle) and Kristen Stewart (Vonnie).

Sunday movie screenings are for

your enjoyment; there is no charge.

Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.



■ Education and Recreation Department

Thursday Afternoon at the Movies

Oct. 19: 'I Saw the Light'

"MOT THESE SELECT ORACISE POSITIONING LONGITIES SHARE MILLIAMS AS AN ACTION PROMISED A LEGATED CHIEF TOM MODILISTOR PLUTTING WARE MILLIAMS THE STATE OF COUNTY FAMILY OF COUNTY FAMILY.

he E&R Department is pleased to present "Thursday Afternoon at

the Movies." Films are shown at 1 p.m., in the Clubhouse II auditorium. On Thursday, Oct. 19, the presentation is "I Saw the Light" (2015, 2 hours 3 minutes, biography/drama/music, rated R).

Free tickets, limit two per person, are required and can be obtained from either clubhouse E&R office beginning Tuesday, Sept. 19, at 8:30 a.m. Please bring your

Showcasing the unique

Leisure World ID.

talent and musical influence of country-western artist Hank Williams (Tom Hiddleston),

> this candid biography also sheds light on the legacy of drug abuse and tormented relationships that contributes to the singer's legend.

Directed by Marc Abraham, the film also features Elizabeth Olsen as Audrey Williams and Maddie Hasson as Billie Jean Jones.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.



Hearing is one of the joys of life. Don't neglect it!



From left: Kathryn A. Balestino-Estes, AuD., Cynthia Chrosniak, M.D., Jane Cooke, AuD., Nicholas Mehta, M.D., Heather Schwartzbauer, M.D.

We have a team of audiology doctors and otolaryngology physicians who work together in two convenient locations to help you.

2017 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Sept. 24, 2 p.m.	Café Society	SOLD OUT
Oct. 19, 1 p.m.	I Saw the Light	Sept. 19
Oct. 29, 2 p.m.	Loving	Oct. 10
Nov. 16, 1 p.m.	Fences	Oct. 24
Nov. 26, 2 p.m.	Wild Oats	Nov. 7
Dec. 10, 2 p.m.	Manchester by the Sea	Nov. 21
Dec. 28, 1 p.m.	Rules Don't Apply	Dec. 5
	Movies are subject to change.	



MEET OUR AUDIOLOGISTS

Dr. Jane Cooke and Dr. Kathryn Balestino-Estes

- Comprehensive and personalized evaluations
- The latest digital hearing instruments from leading manufacturers
- Solutions to fit your hearing needs, lifestyle, and budget
- Many insurance plans offer hearing aid benefits
- Financing Plans available

We are conveniently located in the Professional Building in the Leisure World Shopping Center above Sandy Spring Bank.

LEISURE WORLD PLAZA

3801 International Drive Silver Spring, MD 20906, Suite 206

PROFESSIONAL OFFICE BUILDING

18111 Prince Phillip Drive Olney, MD 20832, Suite 224

CALL TODAY TO SCHEDULE AN APPOINTMENT!

301-774-0074

WWW.MONTGOMERYCOUNTYENT.COM

\$300 Off

\$400 Off

pair of digital hearing aids

a pair of digital hearing aids wher



Drs. Chrosniak, Schwartzbauer and Mehta, M.D.

HEALTH & Fitness

Sept. 29: Flu Clinic

lu clinics, provided by the MedStar Visiting Nurse Association, are held in the Clubhouse I Crystal Ballroom from 9 a.m.-12:30 p.m. on the following days: Friday, Sept. 29, Tuesday, Oct. 10, Monday, Oct. 23 and Friday, Nov. 3.

Please bring your Medicare card, insurance card and photo ID.

-Leisure World News

■ Health Advisory Committee

Oct. 4: Coping with Family Relationships

ree tickets for the presentation on coping with family relationships as you age are available at the Clubhouse I E&R office. The presentation is Wednesday, Oct. 4, at 2 p.m. in Clubhouse I.

Social workers Barbara Kane, LCSW-C and Allison Nicolosi, LCSW-C discuss strategies to promote good family relationships between seniors and their children, especially in circumstances in which the children's idea of what their parents need is not in agreement with the parents' wishes.

The presentation should be of interest to many residents.

– Sandra McLeskey

■ FISH (Friends in Sickness and Health)

FISH Thanks Kiwanis for Donation

by Beth Leanza

ISH recently received a donation of three tub stools (also known as shower chairs) from the Leisure World Kiwanis. We are so grateful for their kindness!

FISH is a volunteer organization in Leisure World that lends donated, assistive equipment, such as walkers and wheelchairs, to residents and employees.

In practice, we do not pursue loans. If a person continues to need an item, we are happy to let them keep using it.

However, if you have stored away an item and are no longer using it, we encourage you to return it to FISH.

Please let family and household members know an item is on loan from FISH. FISH items contain a sticker reading, "Property of FISH" and an inventory number.

General Information

The FISH office is open Monday through Friday from 10 a.m.-4 p.m. in Clubhouse II. The staff in the E&R office can assist after hours to lend an item or accept a return or donation.

The office phone number is (301-598-1345). If no one is in the office, the call transfers to the E&R office. If you are calling FISH to find something you lost, tell the E&R staff you are looking for Lost and Found.

Volunteering

If interested in volunteering at FISH, please contact Beth Leanza at (301-598-4569). It is suggested that new volunteers first spend a session at FISH with a trainer.

Current volunteers are encouraged to read and re-read instructions posted on the desk, or on the bulletin board near the desk, as well as the manual.

Health & Fitness In Brief

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be able to participate in a twice-monthly bereavement support group that meets on the first and third Tuesday of the month, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. Beginning Sept. 19, Hospice Caring Inc. sponsors group meetings. Registration is required. If interested, please call Anne Baker at (301-990-0854).

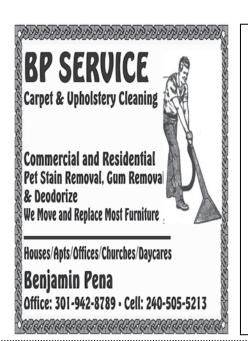
Essential Tremor Group: The next meeting of the ET group is Thursday, Oct. 5, at 10:30 a.m. in Clubhouse I. The group meets the first Thursday of the month.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The next meeting of Memory Café is Thursday, Sept. 28. Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. For more information, contact Lindsey Vajpeyi at (240-428-1342) or (lvajpeyi@alz.org).

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings (except July and August) on the second Wednesday from 1:30-3:30 p.m. in Clubhouse II. No registration is needed and all are welcome. For more information, contact Sally MacDonald at (240-669-4233) or (sn3macd@aol.com).



Olney's Only Bed & Breakfast



FDR Slept here and so can you! 301-537-8298

SIT BACK AND WATCH YOUR BALANCE BLOSSOM.



Certificate of Deposit

1.20%

14-MONTH PROMOTIONAL CD

Whether saving for your dream vacation, retirement nest egg, or a rainy day — our Certificates of Deposit can help you reach your goals. Stop by a community office, call us or visit us online to open an account today. We're Sandy Spring Bank.

From here. For here. And always for you.

410.266.3000 • sandyspringbank.com
PERSONAL | BUSINESS | WEALTH | INSURANCE | MORTGAGE



¹CD minimum opening deposit \$2,500. Maximum deposit \$1,000,000. Penalties for early withdrawal may apply. Annual Percentage Yields (APY) as of 9/6/17. Interest is compounded daily. It is our policy to credit interest monthly to your CD. The annual percentage yield assumes interest is credited monthly and remains on deposit until maturity. A withdrawal of interest will reduce earnings. At maturity your account will automatically renew for an 18 month term from the initial and each succeeding maturity date at the interest rate then being offered by us for your type of account.. • For other provisions applicable to your CD, please see our Deposit Account Agreement and if you are opening an account, your Receipt. • Member FDIC

CLUBS, GROUPS & Organizations

■The Vegetarian Society of Leisure World (VSLW)

Sept. 19: 'How to Transition Successfully to a Whole Food Plant-Based Diet'

by Bob Fenichel

haron McRae, a wellknown local plant-based

lifestyle and health coach (EatWell-StayWell.com), speaks at the monthly meeting on Tuesday, Sept. 19, at 7 p.m. in Clubhouse II.

Her topic is "How to Transition Successfully to a Whole Food Plant-Based Diet."

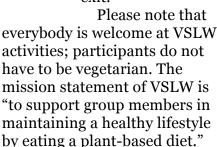
After obtaining a bachelor's degree in biological science and spending 15 years in research and applied microbiology, McRae became certified as a Food For Life instructor for the Physicians Committee for Responsible Medicine.

Attend her talk and learn ways to stay motivated.

Luncheon at Vegetable Garden Restaurant

The monthly VSLW luncheon is on Wednesday,

Sept. 27, at 12:30 p.m. at the Vegetable Garden Restaurant in Leisure World Plaza. Please RSVP to Lois Kutun at (LKutun@msn. com) or (301-598-0298) by Monday, Sept. 25. Having exact change will facilitate a smooth exit.



Additional information on VSLW activities is found at (www.vslw.org).

Tuncheon is

Sharon McRae. Photo by Jeff Kaufman

■ Italian Social and Cultural Club

Sept. 24: First Meeting and Brunch of Season

by Flo Merola

he Italian Social and Cultural Club starts the 2017-2018 season with a meeting and brunch on Sunday, Sept. 24, at 1 p.m. in Clubhouse I.

Long-time members as well as first-time guests will hear about interesting events planned for the year ahead, including the formation of a bocce league, so be sure to bring your ideas along with your appetite.

The buffet brunch includes

eggs, salmon cakes, bacon, sausage, fresh fruit and more.

The cost is \$16 per person. Bring checks, payable to the Italian Social and Cultural Club, to the Clubhouse I E&R office by Thursday, Sept. 21.

Club membership is \$12 per person or \$18 per couple. Mail checks, payable to Italian Social and Cultural Club, to Paul D'Angelo at (3310 North Leisure World Blvd., Apt. 308 Silver Spring, MD 20906).

For more information regarding membership, call Jo Bianchi at (301-598-4501).

■ Rossmoor Art Guild

'Banking' on Good Artwork

by Ann Bolt

Rossmoor Art Guild (RAG) members helped beautify the blank wall space at the Signal Financial Federal Credit Union in the Administration Building with 11 paintings.

Paintings include seascapes and landscapes, and scenes of children, bench sitters and a ladies' drumming group. Paintings reflecting seasons, people and events provide a glimpse of life at Leisure World.

The space will be shared with the photography group in alternate months. Artists who rose to the occasion on short notice include: Loretta Morgan, Phyllis Lowinger, Violet "Vicky" Batkin, Ann Bolt, Nancy Bullough and Maggi Mannarino.

Clubhouse I Gallery

Showing their work this month in Clubhouse I with the Abstract Flower group and others include: Maria Clark, Nancy Bullough, Phyllis Lowinger, Nancy Albrecht, Dee Williams, Jeanette Shampain, Ann Bolt, Vicky Batkin, Maggi Mannarino,



Oil painting, "A Lazy, Hazy Warm Summer Afternoon" by Angela Chang/SYK. Photo by Ann Bolt

Angela Chang/SYK and Kathy Hopkins.

A viewer might conclude that RAG's artists lean more toward realism than abstract art. But it was fun to experiment.

Classes are underway. Students can still slip in and pay their class fees and annual membership dues this week.

The Guild thanks Nancy Bullough for donating exhibit equipment, and others who donated items for the Open House event. It is much appreciated.

■ Edmonson Historical Society

Sept. 27: Quakers Topic of Quarterly Meeting

by Juanita Sealy-Williams

he Edmonson Historical Society holds its quarterly meeting on Wednesday, Sept. 27, at 2 p.m. in Clubhouse I. The group's focus this year is the history of Quakers in Montgomery County.

The meeting is the first for the 2017-2018 program year, and the group will collect dues of \$15. The group will also have a surprise guest visitor, so don't miss the meeting or be late. All residents and their guests are welcome, and refreshments are served.

On Saturday, Oct. 14, Susan Soderberg, a public historian and freelance writer, presents "The Quakers of Montgomery County." Soderberg spoke to the group last year about the Edmonson family and "The Escape on the Pearl."

Shooting Photos in Various Camera Modes

by Fred Shapiro

ow many remember the box camera they had in their youth? All you had to do was point the camera and push the shutter button.

Along came the more sophisticated cameras with speed and shutter controls that required a light meter and some thinking on the part of the photographer. Then came digital photography, which takes the work that the photographer had to do with his or her senses, and handles it within the scope of the camera's internal software.

In other words, the digital camera is a box camera with a brain. Photographers have to know how to manipulate that brain, and then compose, point and shoot. The "brain" is found in the manual under the heading "Modes."

The modes are very specific in the type of conditions in which photographs are to be taken. The camera senses the light and subject, and makes adjustments to the film speed, aperture and shutter speed. Make sure the subject is in focus.

A number of modes cater to very specific subjects and conditions. The camera and its manual explain where to find these modes.

When photographers used film, they selected an ASA

rating; the higher the number, the greater its sensitivity to light. The same feature is found in digital photography; it's called ISO. The higher the ISO number, the greater amount of light is being captured by the digital sensor.

Types of Modes

The basic mode is Automatic, the general setting. It adjusts the settings for speed and aperture, as well as the ISO, based on the general conditions observed. A more sophisticated form of automatic is on newer advanced cameras, called a P mode.

Landscape is the mode that should be used when traveling and taking photos of scenes where depth of field is important. If you want the foreground and the background to be in focus, Landscape uses the smallest aperture and pertinent speed to make sure that everything in sight is in perfect focus. Think of a mountain scene with flowers in the foreground, but something is not sharply focused. Landscape avoids this type of error.

Sports mode is for action, not just for photographing sports. The mode uses high speed to capture moving objects or persons. When taking photos of children or adults at times when they or parts of their bodies are in motion, this mode freezes the

motion and provides a sharp image.

Portrait is another oft-used mode. When taking close-ups of people or flowers, this mode focuses sharply on the subject and puts the background in a softer context. It highlights the major subject, but makes greater impact by slightly diffusing the background.

Check out the various modes and see which ones fit the type of photographs you want to take. Extreme close-ups use Macro. Another mode prevents the use of flash, which could be useful in locations that forbid flash. Don't put the manual in the drawer Use it for guidance.

Both Mac and PC basic computer software has photo-editing software, which enables the photographer to straighten and crop the photo, and improve exposure and contrast, among other items. Check your computer to see what it offers.

Get out there with your camera and shoot image after



slightly diffusing the Lauren Davis at Citi Open 2017. Photo by Fred Shapiro



manual in the drawer.

Garden and fountain at The Overlook. Photo by Lou
Paley

image from different perspectives and with different mode settings. Practice makes perfect.

Then join us at the Rossmoor Camera Club to learn how to improve your skills. Participate in sessions that critique members' photos. Don't be bashful. Submit your photos to the group and learn how to improve.

Special Sale - Buy 1 Meal and get the 2nd Meal Half OFF!

CHEF ON THE RUN

301-990-7727
WE DELIVER!

A HEALTHY ALTERNATIVE WITH OUR NEW MENU ITEMS. Too Tired to Cook? No Time to Cook? Let us prepare delicious meals for you. We deliver fresh food daily, very reasonable rates. No boring food. Only food with a bit of love sprinkled in. Gift certificates are now available. Ask for Dina.

EXPANDED MENU

Errand, shopping and companionship services also available!



JOHN J. FERGUSON, ESQ. FERGUSON & WILPON

ESTATE ADMINISTRATION/PROBATE

WILLS POWERS OF ATTORNEY LIVING TRUSTS

REAL ESTATE MEDICAL DIRECTIVES/LIVING WILLS

CALL JOHN FERGUSON 301-570-3633

3406 Olandwood Court, Ste. 202, Olney, MD 20832 WE CAN MEET IN YOUR HOME OR OUR OLNEY OFFICE

Ceramic Pottery Primer: From Liquid to Gold

by Gail Bragg

eramics can be messy business with lots of steps and cleanup, but the end result – and the fun along the way – is well worth it.

The Club's ceramic pieces start out as liquid clay called slip. The slip is poured into a plaster mold, which absorbs some of the water from the slip.

After about 10-15 minutes, the remaining slip is poured out of the mold, leaving a shell inside the mold. This shell, called greenware, is removed from the mold, dried and cleaned, and then it's off to the kiln.

A ceramic toy soldier with gold epaulets and other gold trim

The first firing in the kiln takes about nine hours, plus another 18 hours for the kiln to cool down so the piece can

be removed. This fired greenware, called bisque, is ready to be painted. The paints, also called underglazes, are clay-based, and three coats are generally required to get full coverage.

Once painted, the bisque is again ready for the kiln. This time it takes only about eight hours to fire to temperature but still

takes around 18 hours to cool. Now the painted bisque is ready for a clear glaze to seal and make the piece food safe. Two coats of clear glaze are applied, and the piece is once again ready for the kiln.

The firing is the same as with painted pieces. Glazes that include color or colored crystals can be used instead of paint and clear glaze, and the firing is the same.

After the glaze firing, the piece can be used as is, or the ceramicist can choose to add a decal, apply a mother-of-pearl luster, or paint on some gold.

The gold is five percent by weight and has the appearance of 18 karat gold jewelry. A two gram vial (28 gm = 1 oz) costs about

\$35, so be careful not to spill it! All of these require a low temperature and, therefore, shorter firing and cooling times.

General Information

The Ceramics Club's \$10 annual membership fee includes instruction on how to make your own ceramic pieces. The Club welcomes new members, so drop by our studio in Clubhouse II. You can view some of our ceramic pieces in the gift shop in our studio; they are for sale with proceeds going to charity. We hope to see you soon!

■ Fun and Fancy Theatre Group

Oct. 4: Next Meeting and 'Who Am I?'

by Hannette Allen

n original musical entitled "Who Am I?" and directed by Jill Lyons is presented on Wednesday, Oct. 4, at 7:30 p.m. in the Clubhouse II auditorium.

Oldies and current music about finding yourself and happiness at any age is used to tell a short story. Dancing, singing and drama come together for this unique approach to connecting with ourselves and the world, and making it a more loving place.

Don't miss this original musical that changes and updates the way our monthly shows are presented.

The price of admission to the monthly meetings and shows is free to members who have paid the \$10 annual membership fee, and \$5 for non-members.

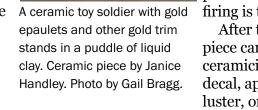
History of the '60s Show

Joan Bowar's revival of "History of the '60s in Song and Dance" is presented Saturday, Oct. 14 and 21, at 7:30 p.m., and Sunday, Oct. 15 and 22, at 2 p.m.

In addition to the songs you loved, there will be some new ones. Tickets, \$10, are sold Monday, Oct. 2, through Friday, Oct. 13, from 10 a.m.-1 p.m. in the Clubhouse I lobby. If interested in helping to sell tickets, please call Aileen Feldman at (301-598-8516).

Play Readers

The Play Readers planners, Elizabeth Brooks-Evans and Irene Shaulis, received a positive response from members who would like to be involved, some of whom are rehearsing for the October shows. The Play Readers expect to hold an opening session at the end of October. They will contact interested individuals directly with details.





Latest Advances in Cataract Surgery including the Restor® & LenSx (Femtosecond)

Treatment of Glaucoma & Macular Degeneration

(Avastin, Lucentis & Eylea Injections)

Complete Exams and Contact Lens Exams

Full Service Optical Shop

Glasses, Sunglasses, Contact Lenses

We offer the latest diagnostic equipment for assessment of retinal disease and glaucoma.

ON PREMISES: Visual Fields, Cirrus HD - OCT, Fluorescein Angiography, Stereo Disc Photographs, Corneal Pachymetry and Topography.



3801 International Drive, Suite 208 Silver Spring, MD 20906 301-598-8500

LEISURE WORLD PLAZA PROFESSIONAL BUILDING

EMERGENCY APPOINTMENTS AVAILABLE

Oct. 11: 'Tiger Eye: A Phenomenal Gemstone'

by Mary Beth Mason

The next meeting of the Gem, Lapidary and Mineral Society (GLMS) of Leisure World is Wednesday, Oct. 11, at 7 p.m. in Clubhouse II. Tony Wilner presents a program entitled "Tiger-Eye: A Phenomenal Gemstone."

Geologically speaking, there are only two colors of naturally occurring tiger-eye: golden and blue. The more common golden type is the oxidized or weathered variety.

All golden tiger-eye begins as blue and evolves over time into the golden color. Commercially, the blue is known as "hawk's eye," and the golden as "tiger-eye."

The primary optical characteristic of this stone is the "chatoyant" (French for cat's

eve) effect caused by light striking the quartz fibers and reflecting back. Depending on the height of a polished cabochon dome, the flashback may

be broadly or narrowly focused.

Α low-domed stone produces a broad flash, while a high-domed stone yields a narrow flash.

Although occurring blue

and gold varieties are considered to be true tiger-eye, it is not unusual to find a rock in which the transition from blue to gold is incomplete. Such a stone can make an attractive

cabochon with true blue and gold intermingled, producing blended colors.

If the group is lucky, Wilner will explain how members can

turn a finished tiger-eve cabochon from golden to red, permanently, right in their own kitchens.

Wilner is a member of the GLMS of Washington, D.C., the Patuxent Lapidary Guild in Annapolis and the Chesapeake

Gem and Mineral Society in Ellicott City. He has been a lapidarist since 1973.

Following the program, a show-and-tell invites others to share their own specimen

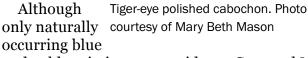
or other object of interest. The Group encourages audience members to remain seated while others explain about their own items. Visitors are able to examine others' artifacts thereafter.

Refreshments are available at the back of the meeting room before the meeting begins and after the presentation ends.

Following adjournment, visitors may tour the lapidary shop located down the hall in Clubhouse II.

Spend the evening of Oct. 11 learning something new, or more about something familiar. Wilner will be on hand to answer questions.

For information about the Lapidary Club, contact president Frank Roddy at (301-598-3698) or (roddy.frank2014@ comcast.net).



■ Kiwanis Club of Leisure World

Club Funds Volunteer Teacher Overseas

by Jack Colvis

n keeping with the **Kiwanis International** mission of "improving the life of one child and one community at a time," Kiwanian Robin Handleman is voluntarily teaching elementary schoolchildren in a local village in Thailand for the next two months.

Handleman received financial support from the Kiwanis Club of Leisure World to help fund her volunteer work. The Club looks forward to welcoming her home again in October and celebrating her successful work.

Donations

The Kiwanis Club donated two banner stands for use by any Leisure World club or organization that may wish to display its banner at an event.

The banner stands are the property of the E&R Department, and may be requested for temporary use. To request to use the banner stands,

contact the Clubhouse I E&R office at (301-598-1300).

In September, the Club donated three new bathtub stools to FISH (Friends in Sickness and Health), a

volunteer organization

in Leisure World that loans equipment and supplies to residents and employees.

The Club thanks residents who purchased and delivered school supplies for the school supplies donation drive. The items were

LW TOP OFFICE PRODUCER
LEISURE WORLD PLAZA MAYNARD E. TUROW AGENT 18 YEARS...LISTINGS, RESALES, NEW SALES

THINKING OF SELLING?? Or Friends-Relatives Buying?

Living in and working in this community, I give you the attention to detail your property needs to sell successfully. I know the marketplace and can bring you excellent results.





FREE BROCHURES, COMPS, LAYOUTS, INFO Direct: 301-518-3834 maynardturow@yahoo.com Website: MaynardTurow.LNF.com

delivered to Harmony Hills Elementary School in Aspen Hill, Maryland.

Club Membership

The Kiwanis Club seeks residents to apply for club membership.

To qualify, an applicant must want to exercise busy hands, spend time as a team serving others, and enjoy improving the lives of children and their communities.

To apply for membership or to learn more about Kiwanis, contact Heather Benjamin-Alexis at (240-433-0948) or Jack Colvis at (301-598-5380).

Wills, Wealth Planning & Trusts

Luann Battersby Leisure World neighbor 3510 Chiswick Ct

Phone: 301-518-0423

Email:

Luann_Battersby@comcast.net Housecall: No charge! www.battersbylawoffice.com Simple will:

\$175/person; \$330/couple Living will/medical directive \$80 Financial power of attorney \$90

Probate: flat fee or hourly, not a percentage of estate.

Estate and tax planning. I also assist clients in other related matters when they need my help.

Saturdays in Ireland

by Elizabeth Brooks-Evans

easoned and new members of the Going It Alone Club (GIAC) are welcome to participate in activities and games to their delight each week during Saturday Afternoon Live (SAL) from 2-4 p.m. in Clubhouse II.

Armchair Travel

On Saturday, Sept. 16, beginning at 2 p.m., well-known travel guide Rick Steves takes armchair travelers on a tour of Ireland's capital and largest city, Dublin, with reminders of its sitting history and rich culture on every corner.

On the following Saturdays, Sept. 23 and 30, Steves leads travelers through "The Best of South Ireland" and "The Best of West Ireland."

Games

A game team is being developed to determine just what



games members want to play. If you have a favorite game you'd like to play during SAL, join the team and make it happen.

Members interested in being a part of the team should contact Marion Callaghan at (301-598-6779).

Trips

The GIAC board is planning some very exciting trips for the coming year. The Tuesday, Dec. 5, holiday luncheon at Dutch's Daughter Restaurant in Frederick, Maryland is followed by a wine tasting tour at Linganore Winecellars in Mt. Airy, Maryland. At the winery, learn about how the wine is made and taste from a variety of styles. Anyone interested in tasting a particular wine can just let the bartender know.

Refer to the Club Trips section of this publication for more details. For questions about trips, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-53125).

A monthly GIAC newsletter, which details games and trips, is available during SAL.

Membership

Anyone wishing to sign up for membership can do so during SAL from 1:30-3 p.m. Now is the time to renew membership for 2017-2018. The fee is a nominal \$7 per year and the income from dues is used to pay club expenses and enhance activities. For more information about membership, contact Marion Callaghan, president, at (301-598-6779).

■ Leisure World Association for African American Culture (LWAAAC)

Upcoming Events for 2017–2018 Session

by Patricia Means

President Juanita Sealy-Williams appointed Elise T. Nicholls as program chair, Mary Turpin as membership chair, and Janice Wallace as public relations chair. Patricia Means remains chair, archives committee, Celebrations II project coordinator, and news contributor.

Schedule of Events

The following traditional events and new initiatives were announced at the executive planning meeting on Aug. 29:

- Thursday, Oct. 19 Fall membership meeting and program
- Wednesday, Dec. 13 "Nina Simone: Four Women,"
 Arena Stage
- Saturday, Dec. 16 Holiday and 25th anniversary celebration
- Monday, Jan. 15, 2018 –
 Martin Luther King, Jr. celebration brunch
- Friday, Feb. 16 Black history program
- Wednesday, Feb. 28 "The Great Society," Arena Stage
- Wednesday, April 18 "Two Trains Running," Arena Stage
- Thursday, April 26 Game Night for members only
- Saturday, June 9 Annual picnic
- Friday, June 29 General election

Family Owned & Operated

Serving Montgomery County

'Nina Simone: Four Women'

"Nina Simone: Four Women" at Arena Stage is the first production in LWAAAC's three-play initiative.

Members may purchase multiple tickets. Place check, \$60 per ticket payable to LWAAAC, in the LWAAAC mail slot in the Clubhouse I E&R office.

Fall Membership Meeting and Program

The fall membership meeting and program on Thursday, Oct. 19, includes guest speaker Donald Wendell. All members are urged to participate and support Association endeavors, so come out and "fellowship" with new and established members. For more information, contact Elise T. Nicholls at (301-384-8937).

Membership

Registration for membership is an ongoing process at every meeting. Membership dues are \$20 per year, checks only, payable to LWAAAC. Help increase membership by bringing new residents and former LWAAAC members to meetings. For more information, contact Mary Turpin at (240-293-6135).

Robocalls

The Association uses a Robocall system to notify members of meetings and events. The Robocall system is maintained and operated by Technology Solutions, Inc. on behalf of LWAAAC.

When the name, Technology Solutions, Inc. appears or is announced via your telephone ID program, please do not ignore, delete, or block it, because it is a LWAAAC announcement. For more information, contact Mary Turpin at (240-293-6135).

Emails

LWAAAC must reduce its postage expense by sending more of its mail and news via email. LWAAAC does not list or provide members' email addresses to the general membership or to other entity. Please send your email address to (lwaaac1@gmail.com).

Personal Care Services In The Comfort Of Your Home



- Household chores
- · Medication reminding
- Daily living and companionship
- Meal planning, preparation and monitoring of eating habits
- Overseeing activities, such as walking, to minimize the risk of accidents
- Shopping for groceries, with or without client
- Bathing and grooming and general personal hygiene
- Help with planning and making decisions
- Nursing services and many more!



Call for a Free Consultation and Assessment • 301.717.2212 • www.bestseniorcare.us

Sept. 23: New Members Orientation and Tea

by Maxine Hooker and Carmiller Dorsey

♦ he Lions Club holds a new members orientation and tea on Saturday, Sept. 23 from 9-11 a.m. in Clubhouse I. Come learn about projects and committees the Lions Club is involved in, and consider ways to help others.

WHERE THERE'S A NEED THERE'S A LION The orientation is open to all new club and branch members. as well as residents who are interested in learning about the Lions Club organization. The complimentary tea begins at 11:30 a.m. If interested, contact membership chair Carmiller Dorsey at (carmillerw7@aol.com).

Where There's a Need, There's a Lion

On Aug. 25, Hurricane

Harvey made its way ashore on the Central Golf Coast of

The nearly 17 million residents in the path of the storm will be dealing with the aftermath for weeks and months to come.

> At the Leisure World Lions Club **Dance Branch** meeting on Sept. 1, a special collection was taken to support the victims of Harvey. The

Dance Branch members and the Stein Room supporters dug deep and raised \$550.

The Leisure World Lions Club has matched this amount by adding \$1,000, and we will continue to accept donations as long as they are needed.

Your donations make it possible for Lions to respond at a moment's notice. As the world's largest service

■ Rossmoor Woman's Club

Oct. 2: Gifts Available at Vendor Sale

Marcia L. Elbrand

et a head start on gift shopping and benefit a worthy cause at the Rossmoor Woman's Club (RWC) vendor sale on Monday, Oct. 2, from 10 a.m.-3 p.m. at nearby Bedford Courts.

Items available include costume jewelry, wallets, socks, scarves and adorable kid's items, most priced at \$6. Cash and credit cards are accepted. Club members are on hand to help shoppers, consult on trends and assist with bagging purchases.

The sale is open to the public. Bedford Courts is the independent senior living facility located at 3701 International Dr., adjacent to Leisure World Plaza. Proceeds from the sale help to fund scholarships awarded annually to high school and college students.

Other groups benefiting from the group's fundraising include Casey House Hospice and

Montgomery Hospice, Fireside Forum, Friends in Sickness and Health (FISH), the Fisher House Foundation which benefits families of wounded warriors, and RWC's newest project, the Head Start pre-kindergarten class at nearby Harmony Hills Elementary School.

To volunteer at the vendor sale, contact Doris Zussman at (thezussmans@comcast.net) or (301-598-1766).

An Upcoming Treat

On Wednesday, Oct. 18, the Club hosts a fall luncheon and fashion show featuring club members modeling Chico's clothing in Clubhouse I. Reservations are due by Saturday, Oct. 14. Club members and guests are welcome. For more information, email Noreen Potter, luncheon chairperson, at (potterscove@comcast.net).

Not an RWC member? Contact membership chair Arlene Siller at (abs929@yahoo.com).

organization, we have 46,000 World Lions and how you clubs and more than 1.4 million members.

If interested in learning more about the Leisure

may help serve your community, contact Carmiller Dorsey at (240-938-1687).

■ LW LGBT Alliance

Sept. 16: Potluck **Meetings Return**

by Mike LaPoint and Pat Ritter

W LGBT Alliance kicks off its fall season on Saturday, Sept. 16, with the return of monthly potluck meetings at noon in Clubhouse II.

Last month, the Club acquired a display case in the Clubhouse I hallway. We will keep the case current with upcoming events, photo recaps of recent activities and items of interest to the LGBT community. Bring any suggestions on future case displays to the monthly meetings.

The Alliance board is enthusiastic about the year ahead and is busy at work planning a variety of fun activities and educational opportunities. The board encourages member input concerning ideas for new and interesting events for the upcoming year.

Over the Summer

Alliance members hosted a variety of outings to museums, gardens, festivals, movies and dining out events this summer. Several members also attended training sessions with the Rainbow History Project on oral histories, to potentially capture and preserve the fascinating and unique life stories of Alliance members interested in participating.

General Information

The Alliance meets on the third Saturday of each month. Attendees bring tasty culinary treats to share as the Alliance provides an update on upcoming activities and business.

To learn more about the group and its events, please attend one of our monthly meetings on the third Saturday of the month at noon in Clubhouse II, or email us at (celticwomen1@gmail. com).



www.footandankle-usa.com

Hadassah Sponsors 'Day on the Hill'

by Barbara Eisen

adassah sponsors a "Day on the Hill" on Tuesday, Oct. 24, to find out what's happening in Washington, D.C.

The day starts at 8:15 a.m. when the group boards a bus in the parking lot of Oer Kodesh Congregation at 8300 Meadowbrook Lane, Bethesda. The bus leaves promptly at 8:45 a.m.

The first stop is a briefing at the State Department at 10 a.m. Next, the group proceeds to the Embassy of Israel at 11:30 a.m. for lunch and a briefing. At 2 p.m., the group meets with Maryland legislators on Capitol Hill. The bus returns to Ohr Kodesh at 3:30 p.m. Some walking is involved.

The trip is an opportunity to learn about political issues in the news and to hear about future plans from different perspectives. The registration fee, including the bus and lunch, is \$72.

Send checks, payable to Hadassah, to Hadassah Greater Washington at (11900 Parklawn Dr., Suite 350, Rockville, MD 20852) by Monday, Oct. 9.

Include your name, address, phone, email, driver's license number, Social Security number, and, if you are not a U.S. citizen, your passport number. Travelers must remember to bring their photo IDs on the day of the event.

Questions? Call Sheila Lebowitz at (301-346-6044). Participation is limited to Hadassah members or associates. If you need a ride or can take others, please call either Janet Lazar at (301-598-4066) or Lynn Berk at (301-847-9104).

Judaic Study Group

The Judaic Study Group meets on Monday, Sept. 18, at 1:30 p.m. in Clubhouse I to discuss "The Hows and Whys of Rosh Hashanah."

Bring a tradition, a curious fact or a bit of history along with questions about the holiday.

Everything from Biblical origins to foods of the festival period are welcome topics. Contact Peri Schuyler at (301869-2968) or (perislaptop@aol. com) for further information.

Pin Sale

Hadassah continues its pin sale, handmade by resident fabric artist Bobbi Gorban. The pins include three types – sunburst, vintage, and flower – at \$18 each. All pins are made to order.

Indicate your main preferred color(s) or any other special requests. Designs and colors are unique and will vary. All pins are approximately three inches in diameter and have pendant clasps. Order several for yourself, family and friends.

Order forms are available at each Hadassah meeting or at the Hadassah mailbox in the Clubhouse I E&R office.

Contact Judy Rumerman at (judyrumerman@gmail.com) or (301-680-0850) with questions.

Cards

Elaine Schenberg (301-598-0079) and Jan Bloom (301-593-7720) sell Hadassah greeting cards. The prices are

\$2.50 each or five for \$10. Cards are displayed and sold at every Hadassah meeting. Please call Elaine or Jan to buy cards between meetings.

Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/ Children at Risk. The project helps disadvantaged children in Israel. The goal is to create a circle of \$1000, made by individual contributions of \$40. Please send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational, and social programs in Israel and in U.S.

If you are interested in knowing more about Hadassah, contact Carole Sonneborn at (301-288-4902) or (carole200@ comcast.net), or Mimi Meltzer at (301-806-0976) or (mimi20852@aol.com).



The Smart Choice for Home Care.

Capital

 $oldsymbol{\mathsf{L}}$ ou are a whole person and we believe that we have the opportunity to make your day a little easier and more meaningful. As one of Maryland's original home care agencies, we have earned the trust of thousands of local families. Call today to arrange care for just a few hours or around the clock.

- Expert matchmaking
 Help with Personal Care
 Companionship
- Transportation to Doctors' visits & appointments Medication reminders
- Meal prep, housekeeping & laundry
 Care supervised by Registered Nurses

Flexible hours - Consistent caregivers - Simple set up - Available 24 hours a day License: MD RSA #399

www.capitalcitynurses.com • 301.652.4344

Oct. 4: Fashion Show by J. Jill

by Carole Mund

A'AMAT hosts a brunch and fashion show on Wednesday, Oct. 4, at 11:30 a.m. in the Clubhouse I Crystal Ballroom.

Join the group for a scrumptious brunch of blintzes, bagels and lox and salads and a fashion show featuring fashions by J. Jill of Montgomery Mall. The clothes are designed to be worn for every type of lifestyle, and NA'AMAT's lovely models will display the new fall fashions and colors.

Participants do not need to be NA'AMAT members. Send checks, \$23, payable to NA'AMAT RBZ, to Harriet Chaikin at (15101 Interlachen Sr. #216, Silver Spring, MD 20906). Include names of people you would like to sit with. Contact Harriet at (240-560-7487) with any questions.

Membership

As we start the new season, it is time to join or renew your membership.

NA'AMAT is a charitable

organization dedicated to helping NA'AMAT Israel provide educational daycare, vocational training, and legal aid for women, services and assistance for new immigrants and centers for the prevention and treatment of domestic violence.

By joining NA'AMAT RBZ, you become a supporter of NA'AMAT Israel. In addition, you are on the mailing list to get information about special events and trips prior to the general public.

Please send a check for dues, \$36 payable to NA'AMAT USA, to Helen Fried at (15101 Interlachen Dr., Apt. 824. Silver Spring, MD 20906).

Book Club

NA'AMAT sponsors a book group that meets on the fourth Wednesday of each month. It is a wonderful opportunity to combine social and educational discussions. Light refreshments are served.

In an organizational meeting

of club participants in June both fiction and non-fiction books are chosen for the year. At each meeting, a small donation of \$2 is collected from each participant. New members are welcome. Contact Bobbye Hertzbach at (301-438-2315) for any questions.

New Year's Cards

NA'AMAT RBZ has a beautiful collection of Jewish New Years cards. Ten cards cost \$10. Full donor credit is given. The holidays are this month. Contact Linda Schoolnick at (301-681-1076) to purchase them.

Tzedakah

"Tzedakah" is a custom of donating loose change each Sabbath to charity. NA'AMAT RBZ has little puskie boxes to encourage members to save and donate. Every penny counts in supporting the many programs NA'AMAT sponsors in servicing women and children.

Carol Milwit is in charge of

coordinating the collection and replacement of the tzedakah boxes. Just drop your extra change or maybe your mah jongg winnings into the box and Carol will gladly collect the box and replace it with a new one. Full donor credit is given. Contact Carol at (301-288-7534) for more information.

Trip

A trip to Dover Downs Hotel & Casino is planned for Wednesday, Oct. 25, to Thursday, Oct. 26. Check the Club Trips section of this publication for more information, or call Trudy Stone at (301-438-0016).

Save the Dates

Dec. 6: Annual card party Dec. 31: New Year's Eve

For more information, contact co-presidents Trudy Stone at (301-438-0016) or Gladys Blank at (301-438-9666).



Sip&Chat with Franklin Richburg

A limited number of assisted living apartments are **now available at Riderwood**—but they're selling quickly.



Don't wait to learn more!
Schedule your visit with
Health Care Counselor
Franklin Richburg to tour the
available homes and discuss

the benefits of assisted living at Riderwood over a delicious mug of apple cider.

Call **301-637-2607** to schedule your visit.

The first 50 callers will receive a free copy of *Cruising through Caregiving* by Jennifer FitzPatrick.

Now offering

expanded hours on Thursdays and Saturdays!



Silver Spring RiderwoodCommunity.com



Sept. 26: 'Reconciling Our Class, Income, and Racial Inequalities'

by Dave Edfors

n Tuesday, Sept. 26, the Unitarian Universalists of Leisure World present a discussion led by fellow member Janeil Stewart on "Reconciling Our Class, Income, and Racial Inequalities."

Stewart has had a long career in the mental health field and has been a Unitarian Universalist since the 1970s. A master's degree in theological studies and a career in private practice provide the underpinnings for her take on a broad range of issues.

The first of the seven principles that all Unitarian Universalists covenant to affirm

and promote is the inherent worth and dignity of every person.

In the U.S., people are becoming more aware of the division, separation and inequality that exists among people based on class, income, race and ethnicity.

Recent bestsellers including J.D. Vance's "Hillbilly Elegy" and Joan C. Williams's "White Working Class" have highlighted many of these inequalities, which run counter to Unitarian Universalists' first principle, and are, they believe, a step in the wrong direction.

How can our nation reverse this trend? During the 19th

century's American Renaissance, Unitarian Universalists participated in the fight to

abolish slavery and established many humanitarian goals. Are they capable of effecting change in the 21st?

Join the Unitarian Universalists on Sept. 26 at 2:30 p.m. in Clubhouse II to participate in this informative and timely discussion.

Light refreshments and conversation follow the program.

Participants don't have to be members to attend the group's meetings; all residents are welcome.

For information about the Unitarian Universalists organization, please contact Mike Benefiel at (240-204-2061) or (mike_benefiel@yahoo.com).



Two things in life that once gone, never come back.

Time and opportunity.

INGLESIDE

ALKING FARM

ENGAGED LIVING

An ingleside Community.

It's time to discover the retirement you deserve. It's time to enjoy a vibrant, fulfilling lifestyle with the security of on-site health services and complete peace of mind for the future. Introducing *Gardenside*, Ingleside at King Farm's upcoming addition. An engaging community for those 62 or better who are planning for a vibrant and secure future. Discover the future you've planned—and the opportunity you've earned!

Janeil Stewart, courtesy

photo

Call us while you can still take advantage of Charter Club benefits and availability!

Reservations are now being accepted! Call 240-398-3846

Ingleside at King Farm is a CARF accredited, not-for-profit, continuing care retirement community.

701 King Farm Blvd. • Rockville, MD www.inglesidekingfarm.org

Ingleside at King Farm is expanding with the proposed building of 121 new independent living apartments, 32 private assisted living memory support suites, and a Center for Healthy Living subject to approval by the Maryland Department of Aging.

Oct. 15: 'Jews in the Great War'

by Fred Shapiro

he Jewish War Veterans Post 567 brunch on Sunday, Oct. 15, features a presentation, "Jews in the Great War," by Lt. Col. (Dr.) Sheldon Goldberg.

The slideshow presentation is at 10:15 a.m. in the Clubhouse I Crystal Ballroom and commemorates the 100th anniversary of World War I.

"Jews in the Great War" discusses how the Jewish community, primarily in New York where half of the U.S. Jewish population of three million resided in 1917, viewed and responded to the War.

It tells of the first appointment of Jewish chaplains as

uniformed officers and the development of their chaplain's badge. The presentation also includes the stories of some of the Jewish heroes who fought in the War, including four Medal of Honor recipients, and the lasting effect the War had on the Jewish population in America.

Goldberg enlisted in the U.S. Air Force in April 1956 and, following five years as a clarinetist in The United States Air Force Band, was accepted to Officer Candidate School and commissioned as second lieu-

tenant in 1961.

Over the next 24
years, he accumulated
more than 5,000 flying
hours as a navigator in
the C-124 Globemaster
II, the C-141 Starlifter
and as a weapon
systems officer in the
F-4 Phantom II and the
F-111 Aardvark.

Following his retirement from the Air Force, Goldberg

worked for a short time as an independent consultant for the Institute for Defense Analyses in Alexandria, Virginia, after which

he began a 16-year career in the CIA, retiring in May 2002.

He earned a doctorate in modern European history from the University of Maryland in May 2012.

The brunch, \$14 per person, includes eggs, tuna fish, lox, bagels, salad, coffee and Danish. Send reservation checks, payable to JWV 567, to Danny Bass at (14805 Pennfield Cir., Apt. 3-209 Silver Spring, MD 20906).



Lt. Col. Sheldon Goldberg, courtesy photo

■ Jewish Residents of Leisure World

Oct. 15: Brunch Featuring 'Hero Dog'

by Jonas Weiss

n Sunday, Oct. 15, Jewish Residents of Leisure World (JRLW) hosts a brunch featuring Barbara Ramundo, deputy director of Hero Dogs Inc., a non-profit corporation that improves the quality of life for veterans by raising, training and placing service dogs with them free of charge.

Ramundo will bring a
Hero Dog to the brunch,
which begins at 10
a.m. in Clubhouse
I. Reservations are
required at least four
days in advance. Send
\$10 checks, payable to
JRLW, to Jerry Gordon at
(15311 Beaverbrook Ct., Apt. 3A).
Admission at the door, if available, is \$13.

On Sunday, Sept. 17, during brunch, Cantor James Perlmutter gives an educational talk about the role and history of the Cantor. The cost is \$13 at the door.

New Member Reception

New members are invited to a reception on Sunday, Oct. 22, from 2-3:30 p.m. at the Clubhouse Grille to meet with JRLW board members and learn about the group's activities and ways to become involved. Contact Phyllis Rand at (301-871-1515) for more information.

Religious Services

High Holy Days start on Wednesday, Sept. 20. Conservative services are in Clubhouse II and Reform services are in The Inter-Faith Chapel. Tickets are required. See the JRLW Newsletter, or call Milli White at (301-438-0211), for more information on High Holy Day tickets or membership.

Rabbi Fink conducts a Reform service on Friday, Oct. 6, at 7:30 p.m. in The Inter-Faith

Chapel, followed by socialization and refreshments at an Oneg.

Cantor Michael Kravitz leads a Conservative service on Saturday, Oct. 14, at 9:15 a.m. in

Clubhouse II. Egon Guttman chants the Haftorah and Bernice Cohen gives the D'var Torah.

On all other Sabbaths, Rabbi Moshe Samber leads an abbreviated religious service with discussions of the Torah portion and a bit of the Talmud at 9:15 a.m. in Clubhouse II.

Donations

For the Torah maintenance fund, send checks payable to JRLW (minimum \$25) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212). Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B) takes care of donations for prayer books (\$25 minimum).

Send donations for Kiddush

or an Oneg (\$25 minimum for either), or Yiskor or general Tzedukah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring,

MD 20906).

Baronessa

Italian Restaurant

(Under new management)

1302 E Gude Dr Rockville MD 20850

(301) 838-9050

15% OFF

Dinner Menu

Cannot be combined with other offer. 15% off, up to max. \$20. Coupon must be presented at the time of purchase.

Expires October 15th. 2017



No one has to do it alone.

Someone who cares will always be here to help you with your funeral needs, in a supportive, caring way.



17 YEARS OF CARING SERVICE AND DEDICATED SUPPORT TO THE JEWISH COMMUNITY OF GREATER WASHINGTON

Call our Help Line today at (301) 428-3000, or visit www.gardenofremembrance.org.



BEN KRAMER

Dear Neighbor,

As you may know, my friend State Senator Roger Manno is running for Congress. As such, I have filed for the vacant Senate seat, to ensure that District 19 residents continue to have a strong voice in the Maryland Senate.

For nearly 12 years, I've had the pleasure of being your delegate and working with the District 19 team to get real results for our community. We've accomplished a lot together, and I look forward to continuing my work with Delegates Bonnie Cullison and Maricé Morales to represent the best interests of the residents of the district.

Over the course of the next year, I'll be meeting with neighbors like you to listen to your concerns and hear what we can do to continue improving the quality of life for all of our residents. I look forward to learning more about your thoughts, concerns and interests.

Thank you for trusting me to serve our community.

Sincerely,

Ben Kramer

District 19 Delegate and State Senate Candidate

FOR STATE SENATE

KEEPING MARYLAND'S SENIORS SAFE

Delegate Kramer has led the charge in Annapolis to ensure Maryland's seniors are safe and protected from financial exploitation:

- ✓ Created Maryland's Silver Alert to find and bring home seniors who are reported missing
- ✓ Established an automated system to check on the welfare of seniors living alone
- ✓ Required financial institutions and their employees to report suspected financial elder abuse
- ✓ Protected senior homeowners from unscrupulous lenders using reverse mortgage products
- Helped senior victims of financial abuse recover lost assets

SUPPORTING THE SPECIAL NEEDS COMMUNITY

Kramer made it easier for differently abled members of our community to be self-sufficient and productive:

- Established program to raise funds for housing and job opportunities for residents with developmental disabilities
- Created tax credit for businesses that hire an individual with a disability

CARING FOR OUR ENVIRONMENT

Delegate Kramer is proud of his record of environmental protections and innovative solutions that:

- Required Maryland road authorities to strictly manage the damaging effects of road salts on our ecosystem
- ✓ Improved energy efficiency by expanding low and no interest loan programs to replace energywasteful equipment

TAKING CARE OF OUR ANIMALS

A true animal lover, Delegate Kramer believes that the way we treat animals speaks volumes about who we are as humans. That's why he:

- ✓ Stopped dog sales from cruel puppy mills and
 "roadside stands"
- ✓ Ended dangerous surgeries by non-veternarians
- ✓ Banned the cruel practice of silencing dogs and cats by severing their vocal chords

PROTECTING CONSUMERS

No one should have their hard-earned money taken from them by bad businesses or high-pressure sales jobs, which is why Kramer:

- Stopped fraudulent charges from being placed on a person's phone bill
- ✓ Created strict standards to protect consumers from high pressure door-to-door sales and made it easier to cancel contracts for unneeded work or unfair pricing

MAKING OUR COMMUNITIES SAFE

Delegate Ben Kramer is committed to the safety of our community and preventing crime:

- ✓ Wrote "Noah's Law," a national model, which requires convicted drunk drivers to install an ignition interlock in their car
- Expanded hate crimes laws to protect women and the disabled
- Wrote the DNA law that has taken sex offenders off of the streets

By Authority: Friends of Ben Kramer, Cynthia Craven, Treasurer.

Sept. 25: Meeting with Rep. Jamie Raskin

by Joe Cook

he group returns from its summer hiatus with two upcoming meetings in September.

The first meeting, held on Monday, Sept. 18, at 2 p.m. in Clubhouse I, is a general membership meeting to discuss progress made over the summer and future plans.

On Monday,
Sept. 25, the group
holds a special
open chapter
meeting with Rep.
Jamie Raskin in
Clubhouse I. Both
meetings have snacks
and informal discussions
at 1:30 p.m., with the formal
meeting starting at 2 p.m.

Phil Muley, the Maryland Veterans Affairs director of service and benefits, speaks at the Monday, Oct. 16, meeting. NARFE chapter 1143 meets on the third Monday of the month. **Budget Proposals**

The NARFE Maryland Federal Legislative Committee identified budget proposals for the fiscal year beginning Oct. 1, 2017 that include cuts in the retirement annuities of both current and future Federal Employees Retirement System (FERS) and Civil Service Retirement System (CSRA) retirees.

The budget calls for the complete elimination

of any more Cost of Living Adjustments (COLAs) for any FERS retirees and calls for a .5 percent reduction of current and future COLAs

for CSRA retirees. The budget would also immediately eliminate all current and future FERS supplements.

NARFE and members across the country have been lobbying their Congressional representatives during their summer recess to support NARFE's legislative agenda and are hopeful that many of these proposals will not be included in this budget cycle.

Flexibility Proposed Savings Account

While most of NARFE's efforts have been to prevent attacks on the federal community, the chapter is pleased with the development of the bipartisan bill – The TSP Modernization Act of 2017 – that would create flexible withdrawal options from TSP (Thrift Savings Plan) accounts.

NARFE believes that the current limited withdrawal options are one of the leading reasons federal workers and retirees transfer their money out of the TSP, which provides sound investment options at a low cost. This bill would implement much needed changes to the withdrawal process of the TSP advocated by NARFE and would grant federal workers and retirees greater control over their retirement savings.

Membership Recruiting Drive

For every new member recruited through the end of

the year, the recruiter receives \$10 and is eligible for monthly prizes throughout the contest as well as the grand prize of an Apple watch.

One of the most cost effective ways to support Federal retirement is to increase NARFE membership and resources. Chapter dues are only \$44 per year, \$40 of which goes to National.

Please contact a member of the executive committee with any questions, suggestions, or requests for information about the membership drive. See (www.narfe.org) for more information.

- President John Moens at (johnjots@outlook.com) or (301-438-3237)
- Vice President, Legislative Chair Joe Cook at (joec37766@gmail.com) or (202-271-0710)
- Treasurer Jewel Lee at (jewelalee@msn.com)
- Secretary Pam O'Dell at (PamandJeff@comcast.net)
- Membership Chair John Lass at (johnmlass@comcast.net)
- Service Officer Rich Rothstein at (whobodyelse@aol.com) or (301-598-5760)

AUTO BODY

Rockville Central
Just off East Gude Drive

301-424-3500

FREE ESTIMATES IF YOU CAN'T COME TO US WE WILL COME TO YOU

SPECIAL OFFER

- ◆ Paintless Dent Removal from \$75
- ◆ Free Pick up & Drop Off
- ◆ Free Towing to Shop
- ◆ Free Touch Up Paint
- Lifetime Warranty on All Repairs
- Special Discounts for LW Residents

We Happily Handle All Insurance Claims for You

Ask for Richard or Tony

■ Republican Club

Sept. 19: Political Reports from Annapolis and D.C.

by Fred Seelman

he next meeting of the Republican Club is Tuesday, Sept. 19, at 7 p.m. in Clubhouse I.

At the meeting, Brian Griffiths and Greg Kline, editors of the Maryland online political newspaper, Red Maryland, provide the Club with the latest news on Maryland politics. They predict what issues the GOP will emphasize in the 2018 Maryland legislative session and election campaign.

Former Montgomery County GOP Committeewoman Josephine Wang also reports on some recent happenings in the Trump Administration and discusses current political concerns, among other things.

Take advantage of this opportunity to learn from people who stay on top of the latest political news by attending the Sept. 19 meeting. And enjoy our refreshments.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) or vice president Ray Spieler at (301-460-3563).

Baby Boomers Enjoy Movies and More

by Beth Leanza

♦ he Baby Boomer Club screens "The Girl on the Train" on Saturday, Sept. 16, at 7 p.m. in the Clubhouse II auditorium, and has one more picnic planned at East Norbeck Park in October.

Baby Boomers are active, social people who may still work, but not necessarily. If you enjoy music of the '50s or '60s, like to dance, watch current movies and eat, then consider joining the Baby Boomer Club.

How to Join

Ready to sign up? Contact membership chair Susan Landesberg at (301-613-9031). Mail \$5 checks, payable to Baby Boomer Club, to Susan Landesberg at (3505 Twin Branches Ct., Apt. 37-C). Be sure to include your email address, as Baby Boomers mostly communicate by email, or write, "no email."

The Club strongly suggests that people without email connect with a member who does have it, so they don't miss out on event announcements. Club members are part of a Google Group. We keep the emails limited to events that may be of interest to Club members. If you already joined and are not receiving Club emails, contact Beth Leanza at (301-598-4569).

The Club has a Google Site that anyone can access. Search: BBCLWMD.

Mah Jongg

If you already know how to play mah jongg, join the group on Tuesday or Wednesday nights at 7 p.m. in Clubhouse II. For information, contact Donna Copeland at (dc@grandmathegeek.com).

Friday Hikes with Dawn

Many walkers meet up at the walk site, but if you want to carpool, contact Dawn Carlisle at (301-598-7098) by Thursday evening. Always bring water to each hike.

Sept. 22 - Seneca Greenway (approximately 18849 N Frederick Ave., Gaithersburg, MD 20879) Meet at the trailhead at 10:15 a.m. Bring water and a lunch. Exit at the Rossmoor Gate. Turn right onto Georgia Avenue. Take the ICC 200 West. Take the I-270 N exit. Use any lane to take Exit 11 for Montgomery Village Avenue. Use the left lane to merge onto Montgomery Village Avenue. Use the left two lanes to turn left onto Frederick Road (Rt. 355). In about one mile, after crossing the Seneca Creek Bridge, make a quick right turn into the trailhead parking lot.

Sept. 29 - Rachel Carson Conservation Park (22201 Zion Rd. Brookville, MD 20833) Meet in the parking lot at 10:15 a.m. Bring water and a lunch. Drive north on Georgia Avenue to Rte. 108. Turn left onto Rte. 108. Drive approximately 2 ½ miles; turn right onto Zion Road. Drive approximately 3.2 miles. Turn right into the parking lot.

Oct. 6 - Sligo Creek Park (1361 Lamberton Dr., Silver Spring, MD 20902) Meet in the parking lot near the Shalom Grocery Store at 10:15 a.m. Bring water and a lunch. Drive south on Georgia Avenue to Arcola Avenue. Turn left onto Arcola Avenue and continue until you reach the Kemp Mill Shopping Center on the right. Turn right into the shopping center and park near the Shalom Grocery Store at the end of the shopping center. We will walk to the left when we reach the trail.

Sunday Morning Walks

For a little longer walk (about three miles) on Sunday mornings, meet up at 8:30 a.m. at Kelmscot Drive (just across from Arden Court). Occasionally, the walkers go out to breakfast nearby.

Weeknight Walks

During the week, from Monday to Friday at 5:15 p.m., a few Boomers meet up in the lobby of Clubhouse I for an approximate one mile walk around Montgomery Mutual's Broadwalk. The group doesn't make any announcements, so be sure to introduce yourself if you are not sure who the other Boomers are.

Volkssport Walks

Local walking clubs, such as American Volkssport Association (AVA) are in the area. One of our Boomers keeps information up to date on our website (https:// sites.google.com/site/bbclwmd/). A calendar lists events and AVA walks.



Meet & Greet With Brian Crider



Wednesday, September 20, 2017 4:00 PM - 7:00 PM

Leisure World – Clubhouse I **Baltimore Room** 3700 Rossmoor Blvd Silver Spring, Maryland 20906

Stop by for a snack and talk with Brian about how we can make Maryland better!

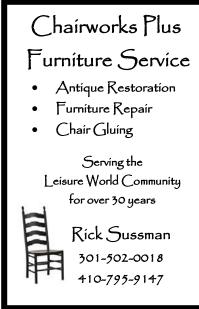
www.delegatebrian.com

Authorized by the People for Brian Crider, Janis Musselman, Treasurer

Club's Humor Reflects Comedic Styles Throughout History

by Al Karr

hen Comedy and **Humor Club** members get together to ply each other with jokes, we of the standup ilk are really reflecting some of the ups and downs of our country's humor over the past two centuries.



U.S. humor started out at a slow-moving pace, with humorists like Mark Twain. Though it was often quite witty, it involved long tales and references to small-town life, Peter McGraw and Joel Warner wrote in a recent description of the evolution of standup comedy, titled "The Humor Code."

The authors noted that Charles Dickens wrote in 1868 that, "Americans...certainly are not a humorous people, evincing a dull and gloomy character."

But things changed in the late 19th and early 20th centuries when America created standup comedy, which sparked a livelier form of joking. Standup comedians used one-liners, for instance. Take a classic line used by Groucho Marx, who got his start in vaudeville: "Behind every successful man is a

woman. Behind her is his wife."

The Comedy and Humor Club meets every Tuesday from 1:30-3 p.m. in Clubhouse II, sharing everything from lengthy tales to sharp one-liners as half a dozen or so brave souls take the standup mike and favor us with good cheer.

Here is a rundown of some of those jokes as told at a few recent meetings:

Rudy Volin, a recent powerhouse addition to club membership, told of a magician doing tricks on a cruise ship for many years. A pesky parrot sits in the back row, figures out the magic and starts giving away the magician's secrets. The magician makes a bouquet of flowers disappear, and the parrot crows, "Behind his back!"

Then one day, the ship springs a leak and sinks. The magician manages to float

on a wood plank, the parrot flies over and sits on the other end, and they drift for three days without speaking. On the fourth day, the parrot says, "Okay, I give up. Where did you hide the ship?"

Treasurer Sumner Levin spun a tale about a woman speeding along at 85 miles an hour, until a highway patrolman stops her. She says she doesn't have a driver's license or car registration and that she stole the car, killed a man and stuffed him into the trunk. The alarmed cop calls for a backup, who arrives promptly.

Her story changes with the new arrival. She takes her license and registration from her purse and hands it to him. She says all that about stealing a car, killing a man and stuffing him in the trunk was nonsense. She adds, "I suppose he told you I was speeding, too."

SEPTEMBER IS FOR SENIORS



September is the best time for seniors to visit the Newseum!

All month, the Newseum is offering a special combo ticket for seniors 65 and over that includes admission to the Newseum, a "Fighting Fake News" class and a free guided highlights tour of the museum (a \$30 value) for just \$19.95, plus tax.

Learn more at newseum.org/seniors

The free classes and tours are available exclusively to seniors age 65 and up on a first-come, first-served basis, Monday through Friday during the month of September (excluding Labor Day, Sept. 4). The free class will be offered at 10:45 a.m., and the free tour will depart from The New York Times Great Hall at 1:30 p.m. To secure your spot, check in at the Newseum admission desk upon your arrival.

NEWSEUM

NEWSEUMED.ORG 555 PENNSYLVANIA AVE., N.W., WASHINGTON, D.C.

TripAdvisor's 2016 Traveler's Choice Top 25 Museums in the U.S.

Taking Great Photos with iPhones: Part 4

by Ron Masi

hen taking photos on an iPhone/iPad camera, follow the steps on the device, and then practice. The following are some more tips on learning how to take great photos.

"Slo-Mo" (Slow Motion) Video

Why: To capture very fast and hard-to-see action, such as a hummingbird, bouncing child or fast-moving water.

LW

Apple

iPhone Camera Setup: Dial SLO-MO (Shutter release turns red with white halo), tap the shutter to start recording and tap again to stop.

Note: A short exposure creates a long video.

Tip: In Apple Photos (post production) when opening a Slo-Mo video, tap Edit and use the slider beneath the video to determine how much of the video appears in slow motion and how much appears at normal speed.

Time-Lapse Video

Why: To show a long process in a few seconds of moving subjects, such as a flower opening, clouds moving across the sky or a setting sun.

How: Camera takes pictures at spaced intervals.

Setup: Dial to Time-Lapse (shutter release turns red with white halo) then tap the shutter to start recording, and tap again

to stop.

Tips: Record for several minutes for decent time-lapse video. For best results, tripod use is recommended.

Filters

Why: To change tone of image; free and non-destructive (easily choose another filter or remove the filter completely).

How: Included and others are available for purchase at the

Apple Store

Setup: Use Photo or Square mode. Tap the Filters Icon (overlapping circles across the screen from the shutter button). A grid appears showing tone options of each available filter. Tap the preferred filter, and then take the picture.

If you don't like the tone and want to revert back to the original or to pick another tone, tap on the picture, then tap edit (3 horizontal lines with circles on them), and tap the filters icon. Select either a new tone or none, and then tap done to save the changes.

Screenshot

Did you ever want to take a screenshot of your iPhone/ iPad screen? While not strictly a camera function, this can be useful if you want to capture an image of anything on your screen for later review or as a reminder.

Set up: The camera does not have to be on. While the selected image is on the screen, simultaneously press the home button and power button; camera clicks and blinks. The image on the screen is captured and added to your photos.

Apple Club News

This month the Club welcomes back Aaron Davis of Apple who will unveil all the new features that are found in the upcoming release of both iOS11 and MacOS 10.13 High Sierra. Join us on Tuesday, Sept. 26 at 10 a.m. in Clubhouse II.

TAKE THE STRESS OUT OF YOUR MOVE!

CONTINENTAL MOVERS

Local & Long Distance • Packing Services • Pianos and Big Objects
Owner Operated since 1982 • References • Best Rates in DC

\$80 x two men • Pickups / Deliveries



2-438-1489 301-34

301-340-0602

PARKINSON'S POINTERS

"BEYOND THE PRESCRIPTION: UNDERSTANDING PD MEDICATIONS"

A FREE, LIVESTREAM EVENT FOLLOWED BY A QUESTION-AND-ANSWER SESSION

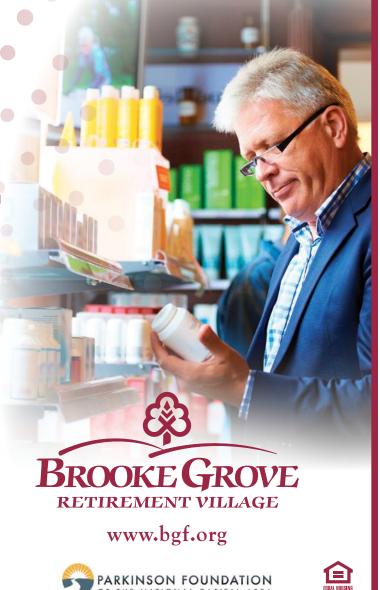
Speaker: Dr. Pritha Ghosh, co-director, Parkinson's Disease and Movement Disorders Program, George Washington University

TUESDAY, SEPTEMBER 19, 2017 6:30-8 P.M.

BROOKE GROVE REHABILITATION AND NURSING CENTER 18131 SLADE SCHOOL ROAD • SANDY SPRING, MD 20860

During this seminar, sponsored by Brooke Grove Retirement Village in partnership with the Parkinson Foundation, you'll learn about medications commonly prescribed for Parkinson's patients, gain an understanding of medication management and discover how to create a practical plan to keep your medication regimen on track should you be hospitalized.

For more information or to register, contact Toni Davis at 301-388-7209 or tdavis@bgf.org by September 17.



Leisure World Club Trips

The next deadline for trip submissions is **Monday**, **Sept. 25**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

Oct. **Dover Downs Hotel** 25-26 & Casino

Return to Dover Downs with NA'AMAT on this popular trip with its overnight stay.

The cost is \$115 per person, double occupancy, \$165 single occupancy, and includes round-trip transportation, beautiful hotel accommodations, breakfast buffet, plus \$50 play money.

The bus leaves Clubhouse II at 10:30 a.m. on Wednesday and returns approximately 4:30 p.m. on Thursday.

Send your check(s), payable to NA'AMAT, to Trudy Stone at (15101 Interlachen Dr., Apt. 801, Silver Spring, MD 20906). Be sure to specify with whom you will be rooming and if you have any special needs when you send your check.

Questions? Call Trudy at (301-438-0016).

Nov.

"Dreamgirls" at Toby's Dinner Theater

Join the **Going It Alone Club** to see "Dreamgirls" and have brunch at Toby's Dinner Theater in Columbia, Maryland.

The cost of the trip is \$74 for members, and \$81 for nonmembers, and includes the show, brunch, transportation, tax and gratuity for the meal and the driver.

The bus departs from Clubhouse II at 9:45 a.m. and returns at approximately 4:30 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refund will be made after Saturday, Sept. 30, unless a replacement is made.

For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Nov.

Gaming and Sightseeing in Atlantic City

Join the Jewish Residents of Leisure World in a two-night, three-day trip (Monday-Wednesday) to Atlantic City. For only \$169 per person for double occupancy (\$80 more for single occupancy), you get transportation in a modern bus, two nights lodging in the Casino Hotel, a dinner, two hot breakfasts and a \$20 casino bonus. On your own in this tourist location, you can take in a show and enjoy the famous Boardwalk.

Reservations and full payment are required by Friday, Sept. 15. Contact Sue Sandler at (240-242-3742) for more information and a reservation.

Dec.

Dutch's Daughter Restaurant and Linganore Winecellars

Join the **Going It Alone Club** on an excursion to Dutch's Daughter Restaurant in Frederick, Maryland, for a buffet lunch, followed by wine tasting tour at Linganore Winecellars, in Mt. Airy, Maryland.

The cost for members is \$60 and for non-members \$67, and includes lunch, wine tasting, transportation, tax and gratuities.

The bus departs from Clubhouse II at 10:45 a.m. and return at approximately 5 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, Nov. 11, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

ATTENTION, TRAVELERS!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.



Baronessa

Italian Restaurant

(Under new management)

1302 E Gude Dr Rockville MD 20850

(301) 838-9050

SATURDAY and SUNDAY 11am -3pm

BRUNCH 15% OFF

Cannot be combined with other offer. 15% off, up to max. \$20. Coupon must be presented at the time of purchase.

Expires October 15th. 2017

Mark C. Wimsatt **Painting** Interior/Exterior

Leisure World References · Affordable Quality

· Excellent References · Free Estimates

WINTER DISCOUNTS!

301-828-6500

Serving Leisure World for over 30 years.

Bonded/Insured MHIC 10165

Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@ msn.com).

Centering Prayer: Join our group of centering prayer practitioners on Wednesdays at 3:30 p.m. (3588 Gleneagles Dr.). Centering prayer is a method of silent meditation, where you rest in God, without saying anything, just happy to be in God's presence. Our intention is to be aware of the presence of God and to welcome the action of God within us. Beginners are welcome, as are people of all faith traditions. For more information, call Eileen at (301-438-0422).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Jewish Discussion: Hello to all Jewish residents of Leisure World. A discussion group meets on the fourth Sunday of every month (except July and August) at 10:30 a.m. in Clubhouse II. Be prepared for lively discussions about Israel and other topics of Jewish interest. Please give us a try; we think you'll like us.

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Sept. 22. Bring your knitting and enjoy the conversations. We have patterns and yarn for your project. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

Musical Jammers Club: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun - no dues, no meetings, no agendas, no committees. Our next meet-up is Monday, Oct. 16, at 10 a.m. in Clubhouse II. All instruments and voices are welcome. Questions? Call Richard Lederman at (301-598-1132).

The Philadelphians: We meet on the first Sunday of the month at 11 a.m. in Clubhouse II by the fireplace. If you were born, raised, went to school or lived in Philly, you are welcome to join us.

Quilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Sept. 28.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday, from 10 a.m.-noon, in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: On Wednesday, Sept. 20, Betsy Stellhorn leads a discussion of "A Late Encounter with the Enemy" by Flannery O'Connor. On Wednesday, Oct. 4, Laura Rittenberg leads a discussion of "The Shawl" by Cynthia Ozick. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Entrance Gates' Telephone Numbers and Hours of Operation

Open 24 hours Main Gate (Georgia Ave.) 301-598-1044

Open 6 a.m. - 9:55 p.m. Norbeck Gate 301-598-1066 **Connecticut Ave. Gate** 301-598-1022

Recycling Reminder

We Do Recycle Cardboard! From the Sanitation Department



SPORTS, GAMES & Scoreboards

■ Pickleball Club

Pickleball Players are Golden...Silver and Bronze, Too

by Susan N. Crawford

he 2017 Maryland Senior Olympics pickleball tournament was held on Aug. 19 and Aug. 25-27, and Club members Sylvia Bell, Massimo Fuggitti, John Gervais, Earl Hearst, Scott Keenum, Donna Leonard and Leroy Salazar took part in the competition.

With the current runaway popularity of pickleball, the competition consisted of premier players from Maryland, as well as from several other states. Bell and Keenum each won three medals.

Bell won gold in women's

singles and mixed doubles, and a silver medal in women's doubles. She captured her women's doubles silver medal playing with Pickleball Club president Donna Leonard.

Keenum took home a gold medal in mixed doubles, a silver in men's doubles and bronze in men's singles.

Congratulations to the winners on their remarkable achievements!

Meeting

The Pickleball Club holds its semi-annual meeting on Friday, Oct. 6, at 10:30 a.m. in Clubhouse I. Club members will elect officers for the coming



Scott Keenum, courtesy photo

year. The current slate of candidates for club offices is: Donna Leonard for president, Susan Crawford for vice pres-



Sylvia Bell and Donna Leonard. Photo by Monica Weaver

ident, and Jimmy Hubbell for secretary-treasurer. Additional nominations may be made from the floor at the meeting.

■10-Pin Bowling League

Rolling Rocks Barrel Down Competition

by Rita Mastrorocco

he league thanks all the bowlers who made the 2017 summer bowling season a great success.

The league was based on handicaps with averages for the bowlers ranging from 89 to 177. If you have not bowled in years, come out and join the fun.

Final Summer League standings are:

- 1. Rolling Rocks
- 2. Huggers
- 3. Half and Half
- 4. Winners
- 5. Lightnin Strikes
- 6. Guttersnipes
- 7. Pin Busters
- 8. Four Chicks
- 9. Just One More
- 10. Pterosaurs
- 11. Fighting Irish
- 12. Optimist

Top scores for the week of Aug. 28 are:

Scratch Game – Rolling Rocks, 599 pins

Scratch Series – Winners, 1699 pins



Handicap Game – Rolling Rocks, 887 pins

Handicap Series – Just One More, 2628 pins

High Average Men – Pat Leanza, 168 pins

Scratch Game Men – George Izumi, 213 pins

Scratch Series Men – George Izumi and Pat Leanza, 544 pins

Handicap Game Men – Bill Garrett, 262 pins

Handicap Series Men – George Izumi and Pat Leanza, 685 pins

Most Improved Average Men
– Bruce MacDonald, +17 pins

High Average Women – Chris Porter, 177 pins

Scratch Game Women – Chris Porter, 218 pins

Scratch Series Women – Chris Porter, 539 pins

Handicap Game Women – Kathy Viney, 282 pins Handicap Series Women – Kathy Viney, 696 pins

Most Improved Average Women – Rita Bienstock, +45 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment. The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Rd. in Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls, and unlimited cups of coffee is only \$10. If you are interested, please call Rita at (301-814-9196).

■ Golf Club

Golf Results

Compiled by Rita Molyneaux

onnie Park set the bar high for the 2017 golf season on April 2 by scoring a hole-in-one on the 8th hole, to the delight of witnesses Ursula Costa and Kazue Waller. When queried for details, the slightly abashed Connie confessed that she had used a wood for the shot because of the wet condition of the course. But who cares, since this is the first such accomplishment by a woman in at least 10 years!

Hole-in-One

Richard Goldberg, Connie Park

Sept. 18, 2017 18-Hole Ladies

Opening Day Scramble

1. (tie) Mary Wells, Mary Ko, Florence Merola, Jane Hughes, Mary Lee Amato, Young Sook Lee, Barbara Bynum, 39

The Honchos

Pat Lyddane, Richard Goldberg, Ruth Cougnet

■Tuesday & Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

Tuesday, Aug. 22, 2017

North-South Flight A

- 1. Diane Keiper Nadyne Cheary
- 2. Stephen Weiner Larry Carswell
- 3. Mel Schloss Arthur Podolsky
- 4. Marilyn Udell Maida Crocicchia

East-West Flight A

- 1. Barbara Summers James Summers Jr.
- 2. Jim Anschutz Bob Kerr
- 3. Susan Weiss Sue Swift
- 4. Mary Lafferty Patti Anschutz

Flight B

2. Marcia Fletcher – Ephraim Salins

Friday, Aug. 25, 2017

North-South

- 1. Marlys Moholt Avinash **Bhagwat**
- 2. Diane Keiper Ephraim Salins
- 3. Lewis Gold Arthur Podolsky

East-West

- 1. Alan Ferraro Liz Ferraro
 - Salenger

Tuesday, Aug. 29, 2017

North-South Flight A

- 1. Marlys Moholt Avinash Bhagwat 1. Patti Anschutz Shirley Light
- 2. Ephraim Salins Marcia Fletcher
- 3. Aaron Navarro Patricia Haggerty
- 4. Alan Ferraro Liz Ferraro

2. (tie) Saul Penn - Mark Levine (tie) Nancy Gordon – Norman

East-West Flight A

- 2. Mary Lafferty Doris Perschau
- 3. Jim Anschutz Merrill Stern
- 4. Saul Penn Howard Tash

Flight B

Flight B

1. Ephraim Salins – Marcia Fletcher 1. Jim Anschutz – Merrill Stern

Friday, Sept. 1, 2017

North-South

- 1. Marlys Moholt Avinash **Bhagwat**
- 2. Diane Keiper Nadyne Cheary
- 3. Patti Anschutz Bob Kerr
- 4. Roz Dixon Victor Stewart

East-West

- 1. Mary Helen Byrnes Helen Montanaro
- 2. Jim Cowie Steve Billstein
- 3. Sue Swift Lori Hegel
- 4. Saul Penn Mel Schloss

LEISURE

55+ "Resort" Community 18 Hole Golf Course Resident \$ 800 Annual Dues (No Green Fees)





Non-Resident \$ 900 Annual Dues (No Green Fees) "Country Club Feel"

2017 To-Date - Aug 21st

Sold: 16

Ratified: 2

Listings: 13

Please put my Winning Strategies to work for you and your Friends, Neighbors or Relatives

Your Referrals are greatly Appreciated

Douglas Brasse Cell: (301) 448-8708 MAIN OFFICE: (301) 681-0550

dbrasse@weichert.com Aspen Hill/ Leisure World Plaza 3816 International Drive Silver Spring, MD 20906 Office Fax: (301) 598-9325 MAIN OFFICE: (301) 681-0550

Office Fax: (301) 598-9325 dougbrasse.com



Authorized Leisure World® Specialist

Leisure World® is a registered trademark owned by RRLH, Inc.
Doug Brasse is authorized by RRLH, Inc. under license to use the

■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

Aug. 23, 2017

- 1. Dottie Donnelly, Dorothy Hurley,
- 2. Barbara Bryant, Virginia Pace,
- 3. Joyce Fisher, Joan Thomas, 4,730
- 4. Janet Danziger, Norm Salenger,
- 5. Abigail Murton, Doug Brasse, 3,870

Aug. 30, 2017

- 1. Virginia Pace, Barbara Bryant, 4,640
- 2. Dottie Donnelly, Dorothy Hurley,
- 3. Marcia Elbrand, Monroe Elbrand, 3,100
- 4. Joyce Riseberg, Dick Riseberg,

■Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Aug. 24, 2017

- 1. Jo Vicenzi, 4,360
- 2. Pat Patton, 3,810
- 3. Elaine Doses, 3,770

- Aug. 31, 2017
- 1. Ruth Kozlow, 3,820
- 2. Pat Paton, 3,450
- 3. Laura Wiltz, 3,200

■ Friday Bridge

Compiled by Jonas Weiss

Aug. 18, 2017

- 1. Barbara Marcus, 3,500
- 2. Ray Kurlander, 2,830 3. Mort Faber, 2,700
- 4. Bob Stromberg, 2,580

- Aug. 25, 2017
- 1. Helene Kurtzman, 3510
- 2. Shirley Rosenhaft, 3010
- 3. Shirley Griffin, 2960
- 4. Bill Cave, 2720

ITALIS HEALTHCARE For Home Care You Can Rely On



At Vitalis HealthCare, your health is vital to you and to us. If given the opportunity we can make your stay at home less stressful and more meaningful. Our services are suitable for a wide variety of individuals such as persons:

- Who are getting older
- · With dementia/ Alzheimer
- Who are chronically ill
- Recovering from surgery
- · Who are disabled

Call today for a FREE Healthcare Assessment, consultant and arrange care for just a few hours or around the clock.

For more Information, call Cynthia Tabetah 202-730-6959

We cover all of the Maryland counties

needs such as:

- Needing Companionship
- Assistance with diet, food & fluid intake
- Help with Activities of Daily Living, lifting and transferring · Meal preparation, housekeeping, laundry and
- Medication Reminders
- · Overseeing activities, such as walking, to reduce the risk of accidents
- · Transportation to doctor visits and appointments

To ensure these needs are met efficiently:

- We provide a FREE Healthcare Assessment, where our Director of Nursing meet with you to develop your own personal "Plan of Care".
- All Caregivers are fluent in English, insured and bonded to ensure our Client's peace of mind.
- Consistent professionally trained CNAs, supervised by our Director of Nursing.
- · Bi-weekly skilled nursing assistance with medicines
- · Regular Director of Nursing supervision of caregivers



Chess: Less Taxing Than Tax Code

by Bernie Ascher

t is tax time again for those who file estimated quarterly taxes.

Many taxpayers dread calculating and filling out tax forms more than they dread paying the taxes. They should be relieved to know, however, that there are over a million tax preparers in the U.S. ready to help.

There are more tax preparers in the country than firefighters and police officers combined, according to a research project ("Face the Facts USA") based at George Washington University: 1.2 million tax preparers compared to 310,400 firefighters and 765,000 police officers.

Evidently, the study counted only career firefighters, and not volunteers. Also, it counted only full-time state and local police officers who can make arrests, not the unsworn, the part-time, and the federal police.

The number of firefighters and police officers may be under-

stated, but the point is well made – the U.S. tax code is extremely complicated and generates lots of work.

Federal tax law has grown from just 400 pages in 1913, to more than 72,000 pages today. The tax code is 3.8 million words long, nearly five times longer than the Bible.

It is also four times larger than the combined works of William Shakespeare. Jay Leno once said, "...if Romeo and Juliet were alive today and tried to do a joint return, they'd probably kill themselves again."

A non-governmental organization reports that since 2001, Congress has made about 5,000 changes to U.S. tax law. Because income tax is so complex and changeable, almost 60 percent of filers pay someone to prepare their tax returns and 30 percent use commercial software for assistance (e.g., Turbotax), according to the IRS.

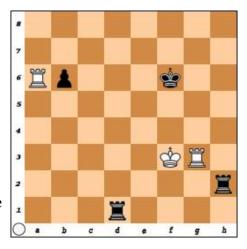
American businesses and individuals spend more than six

billion hours a year to meet tax requirements, the equivalent of three million people working fulltime, year-round. The IRS itself employs 90,000 workers.

Much effort around the world goes into tax collection, but you can escape income tax if you move your permanent residence to one of the following places, where there is no income tax: The Bahamas, Bahrain, Bermuda, Cayman Islands, Hong Kong, Kuwait, Monaco, Oman, Qatar, Saudi Arabia or United Arab Emirates.

Chess can be played anywhere and chess rules are less complicated than the tax code. In the game pictured on this page, both sides have two rooks, but Black has a Pawn as well. It is Black's turn to move. What is Black's best move?

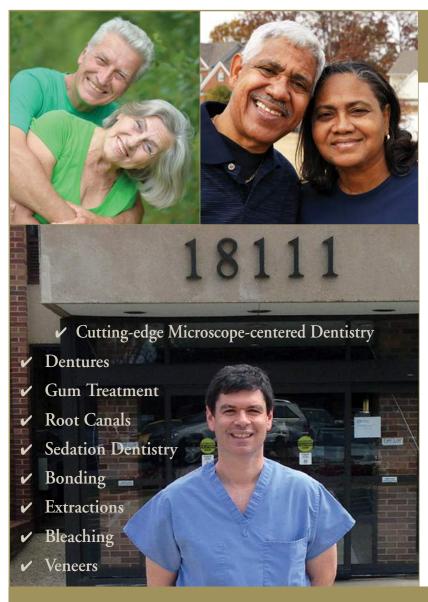
The answer follows this reminder that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free. For further information,



call president Bernie Ascher at (301-598-8577).

ANSWER: Black's best move is King to f5, limiting the spaces where White's King can move. In this game, White followed by capturing Black's Pawn at b6. Black then moved the Rook from d1 to d3. Checkmate! (Note that White could have avoided checkmate, at least temporarily, by moving the Rook from a6 to a3.)

So, do not wait for more tax changes. Do not wait for a permanent change of residence. Do not wait for tax help from firefighters or police officers. Play chess now!



We Cater to Cowards • Same-day Emergencies • Evening Hours
Will File Forms for All PPO Insurance Carriers

Look and feel your best!



\$50 off your first visit

Not valid with third party plans, new patients only

Located at MedStar Montgomery Medical Center
18111 Prince Philip Dr.
Suite T-17
Olney, MD 20832

T: 301-774-7887 • www.OlneyDental.com

Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kiddy, Boston Time, Rise and Fly all mean? If you like the game Bid Whist and would like to play one day per week, contact Jessie at (314-374-4501).

Bridge:

- Tuesday and Friday Duplicate Bridge games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne at (301-598-5677).
- The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).
- **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.
- Thursday Ladies Bridge welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Pinochle Players: If you enjoy pinochle, join us at Clubhouse II on Monday evenings, 6:30-8:30 p.m. Call us at (301-775-7238) or (301-598-7064).

Poker:

• A few poker game openings are available at the Greens,

Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

- **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
- **Poker players wanted** for all variations of poker, with or without wild cards. Come by Clubhouse II Tuesdays and Thursdays at 7:15 p.m. and play until 10 p.m. Spend an enjoyable night with a bunch of good people. Call Andy at (240-558-4787).

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free, at your leisure, to work on it.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White at (301-438-7892) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Indoor Pool Volleyball: Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.



Let Sue Teach You

Choose the Professional with all the Strategic Teaching Aids... Floor Plans, Free Community Booklet, Preferred Riderwood Realtor

Top 1% of Agents Nationwide • #1 Lister in The Regency, Mutual 25
Weichert Top Producer • Seniors Specialist
Community Resident • Former Montgomery County Teacher

Email: sueheyman@aol.com • Website: www.sueheyman.com Office: 301-681-0550







301-580-5556



"Calvert" Co-op Apartment 2BR, 1FB, enclosed balcony, new carpet, all utils included in monthly fee, assigned parking!



The Fairways "E" Model 2BR, 2FB, fresh paint, new carpet, new cabinets & granite in kitchen, overlooks fountain!



The Greens "M," Garage Space 3BR, 2.5BA, large enclosed balcony, fresh paint, carpet, some new lighting & fan, 1530 sf!



The Overlook "M," Garage Spc. Luxury 3BR, 2FB, gas fireplace & heat, balcony w/ tree-top view, fresh paint, extra storage!



"Hampton" Co-op Apartment 2BR, 1FB, full-size w/d in unit, all utils incl in monthly fee, assigned parking!



The Greens "L," Garage Space 3BR, 2FB, supurb kit & BA renov, granite & stainless, all-season sunroom, upgraded HVAC!



BUYER JUST SOLD! \$365K

Turnberry Courts "W" Model

2BR + den, 2FB, almost 1500 sf,
golf course views, enclosed
balcony, garage space!



Easton Patio Home Twin owner's suites, 2FB, tablespace kit., fabulous sunroom w/ green view, two-car garage!



"Barstow A" Patio Home 3BR, 2FB + sitting rm & sunroom, updated kitchen, 2-car garage, close to Norbeck gate, 1500 sf!



Regency "Oak Hill" Model Stunningly updated 4BR, 3FB, two lvls, HWDs, 2-car gar, backs to treed area!

CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

***Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

NEW – Exploring
Ultraorthodox Life in Israel
through "Srugim," an Adult
Living and Learning (ALL)
class: Participants will explore
Israel as we watch the acclaimed
Israeli television series "Srugim."
Instructor Ira Weiss will precede
each episode with a discussion of
this unique perspective of life in
Israel and then follow the episode
with a Q&A.

This class is sponsored by the JRLW and the Bender JCC of Greater Washington. Class meets Thursdays, Oct. 19-Nov. 30 (no class Nov. 23), 10:30 a.m.-noon. Fee: \$32. Register at: Clubhouse I.

Economics and Politics in the Age of Trump, a CLL class: Dr. Elizabeth Hawkins leads this political discussion group, focusing on the impact the current administration is having on the economy. Topics to be covered include: healthcare; jobs, lost and recoverable; immigration; the national budget; the Middle East; the military; and truth in government.

Class meets Thursdays, Oct. 5-Nov. 30 (no class Nov. 23), 2-3 p.m. Fee: \$15. Register at: Clubhouse I.

Biographies of Controversial People, a CLL Class: In this course, Dr. George Birnbaum examines the lives of four individuals, all controversial, who distinguished themselves through

their achievements.

Each week, one individual is discussed. They are: Moses Annenberg, who created a publishing empire but was persecuted by the Roosevelt administration; Walter Annenberg, whom President Nixon appointed as U.S. ambassador to Great Britain; Armand Hammer, who used his meeting with Vladimir Lenin to become a wealthy art dealer; and Menachem Begin, who was first known as a terrorist but became a respected prime minister.

Class meets Tuesdays, Oct. 3-Oct. 24, 2-3 p.m. **Fee: \$15. Register at: Clubhouse I**

The American Presidency, a CLL class: Led by Paul Levy, this class is a study of the institutional presidency. Topics will include its origins, the election of the president, and how presidents have grown the function and powers of the office to legislate, to command our armed forces and to conduct foreign policy. Each class will be a mixture of lecture and discussion.

Class meets Wednesdays, Oct. 4-Nov. 1, 10-11:15 a.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL), visit (www.cllmd.com/)

EXERCISE

NEW – **Move to the Beat, Evenings:** The purpose of this class is to – as your doctor tells you – keep moving!

Muscles are warmed up

before starting, but walking and stretching. Ballet, jazz and Latin moves are incorporated into this fun workout. You do not have to remember anything; just follow Gerry as she leads the moves.

Each student should move at his/her own speed and listen to his/her body. This is no pressure; just have fun as you move. As you move, you can even sing along with the music of the '40s to present. So, grab a friend and join you neighbors, and together Move to the Beat.

Class meets Tuesdays, Oct. 17-Nov. 21, 6:15-7 p.m. **Fee: \$39. Register at: Clubhouse II.**

NEW - Chair Yoga with Robin, Mondays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, Oct. 16-Dec. 18 (no class Oct. 23 or Nov. 17), 11 a.m.-noon. Fee: \$100. Register at Clubhouse II.

NEW - Zumba Gold with Denny - Mondays or Fridays: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Oct. 23-Dec. 18 (no class Nov. 6), 10:30 a.m. or

Fridays, Oct. 13-Dec. 22 (no class Oct. 20, Nov. 10 or 24), 1 p.m. Fee: \$50 for one day; \$95 for two days. Register at Clubhouse II.

NEW – **Move It or Lose It:** Enjoy dancing to the rhythm of a beat? These aerobic exercises will keep you moving and up on your feet.

Movements are designed to promote cardiovascular health while having fun. Warm up and cool down are designed to strengthen and tone.

Questions? Contact Betty Smith, Certified Group Exercise Instructor, at (301-598-4245).

Class meets Wednesdays, Oct. 11-Nov. 18, 4-5 p.m. **Fee: \$29. Register at Clubhouse II.**

NEW - Gentle Yoga -Wednesdays and Saturdays with Marilyn: Yoga is a holistic system that combines movement, posture, breath, and relaxation techniques to improve overall health and well-being physically, mentally, and spiritually. A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide skills to cultivate a peaceful mind in the face of life's stresses and challenges. This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket.

Class meets Wednesdays, Oct. 18-Dec. 20, and/or Saturdays, Oct. 21-Dec. 23, 9-10 a.m. Fee: \$80/1 day, \$140/2 days per week. Register at Clubhouse I.

Pilates, Stretch and Barre Class with Juliet: This one hour class starts with standing stretches, a gentle Pilates chair workout, standing chair-assisted ballet exercises and a relaxing cool down. In this class, you are not required to get up and down off the floor; just wear comfortable clothes and bring water. You will progress at your own speed as you strengthen and tighten your arms and legs, and improve your core muscles through breathing and movement.

Anyone can benefit from Pilates and stretching. In this class you get both. Pilates is linked to better balance in older women with back pain, but most of all it's fun and will make you feel fabulous! Class meets Wednesdays, Oct. 4-Nov. 8, 1:30-2:30 p.m. Fee: \$72. Register at: Clubhouse I.

Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Sept. 25-Oct. 30, and Thursdays (with Sue), Sept. 28-Nov. 2, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Sept. 26-Oct. 31, and Wednesdays, Sept. 27-Nov. 1, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.):

Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier, and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Sept. 18-Nov. 6, and/or Thursdays,

Sept. 28-Nov. 16, 9:15-10:15 a.m. Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.

New Students Only -Stretch, Tone and Strength **Training for the Active Adult (10:30 a.m.):** The early morning class is filling up! This class is for new students who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier, and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work.

Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Mondays, Sept. 18-Nov. 6, and/ or Thursdays, Sept. 28-Nov. 16, 10:30-11:30 a.m. Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.

WATER EXERCISE

Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Sept. 26-Oct. 31, and Thursdays, Sept. 28-Nov. 2, 11 a.m.-noon. Class meets Tuesdays or Thursdays. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

Non-impact Fusion with Beth: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Sept. 26-Oct. 31, and Thursdays, Sept. 28-Nov. 2, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

Aqua Fit with Shirley:

This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Sept. 27-Nov. 1, 1-2 p.m. Fee: \$36, one day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.







Travel & Tour Department • (301) 598-1599 • Monday, Wednesday & Friday 8:30 AM-2:00 PM Reservations can be made Monday through Friday, 8:30 AM-5 PM by calling 301-854-6600 #4 For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

"Creating Camelot" at the Newseum, Washington, DC &

Tues., 10/3, 9:05 am-4:35 pm\$63.00 per person See photographs of the Kennedys that helped create the legend known as "Camelot." Afterwards, peruse other famous exhibits. Lunch is on-own.

9/11 Memorial & Museum, New York Sat., 10/07, 7:00 am-11:45 pm\$120.00 per person *One World Observatory......\$139.00 per person

The Memorial Museum is an educational and historical instituition examing 9/11. *Optional add on to your day: Travel up to One World Observatory. Gift Card for dinner at Cracker Barrel on the way home included.

"Buddy Holly" at the Dutch Apple Theatre Wed., 10/11, 9:00 am-6:15 pm.....\$110.00 per person

Hear the music and relive the life of a legend! Buffet lunch and show included. the gargoyles (112) there!

The Price is Right Live at the American Music Theatre

Sun., 10/15, 9:45 am-8:00 pm \$134.00 per person

Contestants guess the price of various items and win prizes based on how close their estimate is to the actual price. "Come On Down" to win cash and more! Lunch is included at Miller's Smorgasbord.

Skyline Drive

Fri., 10/20, 8:00 am-4:35 pm\$98.00 per person Take in the Fall Foilage – picture opt available. Stop at Dickey Ridge Visitor Center before lunch at Skyland Resort. Trip includes: transportation and lunch.

Ghost & Gourds &

Mon., 10/30, 8:30 am-5:00 pm.....\$89.00 per person Stop at McCutcheon's Apple Store. On the Ghost Tour ride, see and hear about Frederick's haunting past, enjoy lunch at the historic Carriage House and visit Catoctin Mountain Orchard for shopping.

George Washington's Mount Vernon

Fri., 11/3, 8:45 am-6:00 pm\$105.00 per person Tour the mansion and explore the grounds including the Museum and Education Center. Lunch at the Mount Vernon Inn.

Harrington's Casino, DE

Thu., 11/9, 8:00 am-5:45 pm\$48.00 per person Try your luck with a \$15.00 slot play offer from Casino!

American Revolution Museum, Philadelphia

Tues., 11/14, 7:15 am-6:00 pm \$99.00 per person The 118,000 square foot museum holds an expansive collection of art, manuscripts, weaponry and even diaries from the Revolutionary Period. Lunch at the City Tavern - restrooms are on the second floor - no elevator.

Radio City Christmas Spectacular, NYC Sat., 11/18 or Fri. 12/1

7:30 am-11:15 pm\$179.00 per person

Every year, the Rockettes put on a show that's more dynamic and more magical than the last. There is no better show to see this holiday season than the Radio City Christmas Spectacular! Orchestra seating.

Home for the Holidays show, American Music Theater Sat., 11/25, 8:45 am-8:00 pm\$119.00 per person

Home for the Holidays takes place on Christmas Eve and features many of the beloved traditions we look forward to each year. Lunch at Shady Maple Smorgasbord prior to show. Trip includes: lunch, show and transportation.

"Lion King" at the Hippodrome &

Sun., 12/3, 11:15 am-5:30 pm\$159.00 per person

As the curtain comes up on the African savannah, set off on the enthralling African adventure into the heart of the Disney's Classic tale.

Christmas Extravaganza, Riverside Theatre Fredericksburg, VA SS

Wed., 12/6, 9:45 am-6:30 pm.....\$113.00 per person Rekindle your Christmas spirit at Riverside Center. Lunch included.

Christmas Story, Fulton Theatre, PA

Sun., 12/9, 8:30 am-7:45 pm\$139.00 per person

This clever, live musical is a humorous adaptation of the hit film that became an instant classic in the early 80's. Lunch included at the Press Room

Tea & Tour National Cathedral, DC & & &

Wed., 12/13, 12:00 pm-6:00 pm \$79.00 per person

Guided tour of the Cathedral and afternoon tea included. While touring the Cathedral see if you can keep count of the angels (288) and

Miracle of Christmas, Sight & Sound Theater, PA Sat., 12/16 9:45 am-9:15 pm\$159.00 per adult \$99.00 per child

"The Savior is born!" Miracle of Christmas has become a family tradition, so this holiday, take the Eyre bus to the Sight & Sound Theatre in Lancaster, PA, have a family style lunch at Hershey Farms before arriving at the Theatre for "Showtime"!

NEW Christmas Cheer Concert, Baltimore S Sun., 12/17, 11:15 am-6:15pm\$125.00 per person

The Concert Artists of Baltimore present their annual Christmas Cheer Concert with classical and traditional music. Pre-concert brunch and show are presented in the beautiful Engineers Club within the Garrett-Jacobs Mansion.

Museum Loop –Washington DC

Tues., 1/9 8:40am-3:00pm.....\$35.00 per person

Choice of: Natural History Museum, National Archives or National Gallery of Art *special exhibit. Transportation only.

Spotlight on...

An American In Paris-Kennedy Center, DC 🥯

Sat., 1/6, 12:00 pm-5:45 pm...... \$149.00 per person

Get swept up in Broadway's breathtaking, four-time Tony Award winning 2015 musical, An American in Paris. Set in the most romantic city in the world, with unforgettable songs by George and Ira Gershwin. Orchestra seating. Pack a snack or you can purchase food at the Kennedy Center.

MULTI-DAY TRIPS

Williamsburg "Grand Illumination'

Dec. 2-4 (motorcoach)

Greenbrier, WV

Dec. 3-5 (motorcoach)

Biltmore Estate & Asheville, NC Dec.11-14 (motorcoach)

CRUISES

Grandeur of the Seas Baltimore, MD; South Caribbean

Jan. 20-Feb. 1, 2018

Caribbean Princess Panama Canal Cruise out of Ft. Lauderdale

March 8-18, 2018

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol provides an indication of how much walking may be involved.

Key: Easy Walking More Walking A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 60 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

CALENDAR of Events

Friday, September 15 Clubbouse I

10:00 a.m. Book Club Network 10:00 a.m. CLL Program 12:15 p.m. Kiwanis Club

1:30 p.m. Any Level Watercolor Class

3:00 p.m. Hispanos de LW 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

9:00 a.m. Fitness Center: Open House 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Zumba Gold Class

1:00 p.m. Friday Bridge

3:00 p.m. Tai Chi for Essential Tremor Class

Saturday, September 16

Clubhouse I

9:00 a.m. Gentle Yoga Class 9:30 a.m. Flea Market 10:00 a.m. Open Art Studio

Clubhouse II

9:15 a.m. JRLW Service 12:00 p.m. LGBT Alliance 2:00 p.m. Going It Alone Club: Social 7:00 p.m. Sock Hop Group 7:00 p.m. Baby Boomers Movie: The Girl on the Train"

Sunday, September 17

Clubhouse I

10:00 a.m. JRLW Breakfast Forum Clubhouse II

2:30 p.m. Camera Club: Photo Matinee 3:00 p.m. Tai Chi for Essential Tremor

Monday, September 18

Clubhouse I

9:15 a.m. Stretch & Tone Class 10:30 a.m. Beginner Stretch & Tone Class 1:00 p.m. Paintbrush & Knife Class 1:30 p.m. Book Club Network 1:30 p.m. LW Chorale 1:30 p.m. NARFE Meeting 6:00 p.m. LW Lions Club 7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class 10:30 a.m. Zumba Gold Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 2:00 p.m. Chair Yoga Class 2:00 p.m. Line Dance Class 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Class

Tuesday, September 19

Clubhouse I

9:00 a.m. Blood Pressure Testing 9:30 a.m. Any Medium Art Class 10:00 a.m. Beginners Conversational Spanish Class

10:00 a.m. Sermon on the Mount Class 1:00 p.m. Watercolor Techniques Class 2:00 p.m. Book Club Network

5:00 p.m. Lawn Bowls Club

7:00 p.m. Trivia Group

7:00 p.m. Duplicate Bridge

7:00 p.m. Republican Club

Clubhouse II

9:30 a.m. Beginner/Advanced Tai Chi 10:00 a.m. LW Apple Club 12:30 p.m. Scrabble Group 1:30 p.m. Comedy & Humor Club 6:15 p.m. Move to the Beat Class

7:00 p.m. Vegetarian Society

Wednesday, September 20

Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Express $\stackrel{\circ}{\text{Yourself}}$ Art Class 10:00 a.m. Library Guild Meeting 11:00 a.m. Short Story Group 1:00 p.m. Diabetes Prevention Class 1:00 p.m. Maryland Interclub Seniors Golf **Association Lunch** 1:00 p.m. Oils & Acrylics Art Class 6:45 p.m. Chicago Bridge

Clubhouse II

1:00 p.m. Chess Club 1:00 p.m. Ping Pong Club 4:00 p.m. Move It or Lose It Class 6:00 p.m. High Holy Days

Thursday, September 21

9:30 a.m. Beginner/Advanced Tai Chi Class 10:00 a.m. Painting for Everyone Class 11:00 a.m. Writers Workshop 12:30 p.m. Ladies Bridge 1:00 p.m. Oils & Acrylics Class 2:00 p.m. Book Club Network 5:00 p.m. Lawn Bowls Club

Clubhouse II

9:00 a.m. High Holy Days 10:00 a.m. Stitchers Group 12:30 p.m. Men's Bridge 6:00 p.m. High Holy Days

Friday, September 22

Clubhouse I

10:00 a.m. Book Club Network 10:30 a.m. Pickleball Meeting 12:15 p.m. Kiwanis Club 1:30 p.m. Any Level Watercolor Class 3:00 p.m. Hispanos de LW 6:30 a.m. Golf Twilight Dinner 7:00 p.m. Friday Duplicate Bridge

Clubhouse II 9:00 a.m. High Holy Days

10:00 a.m. Chinese Club 1:00 p.m. Ping Pong Club

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge Club 1:00 p.m. Zumba Gold Class

3:00 p.m. Tai Chi for Essential Tremor Class

Saturday, September 23

Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio 7:00 p.m. Ballroom Dance Club

Clubhouse II

9:15 a.m. JRLW Religious Service 2:00 p.m. Going It Alone Club: Bingo, Video

Sunday, September 24

Clubhouse I

1:00 p.m. Italian Social and Cultural Club Clubhouse II

10:30 a.m. Jewish Discussion Group 2:00 p.m. Movie: "Café Society" 3:00 p.m. Tai Chi for Essential Tremor Class

Monday, September 25

Clubhouse I

9:15 a.m. Stretch & Tone Class 10:30 a.m. Beginner Stretch & Tone Class 1:30 p.m. LW Chorale 1:00 p.m. Paintbrush & Knife Class 1:30 p.m. Book Club Network 2:00 p.m. NARFE 7:00 p.m. Bingo

Dial 301-598-1313 for recorded Daily Events

Meetings of the LWCC Board of Directors, **Executive Committee and Advisory Committees**

Budget and Finance

Sept. 20, 10:00 a.m., Clubhouse II

Energy

Sept. 19, 9:30 a.m. Clubhouse I

Government Affairs

Sept. 18, 2:30 p.m., Sullivan Room

Health Sept. 20, 2:00 p.m., Clubhouse I

LWMC Board of Directors

Sept. 26, 9:30 a.m., Clubhouse I The meeting airs on Oct. 2, 4 and 6 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

Sept. 15, 9:00 a.m., Sullivan Room

The meeting airs on Sept. 20, 21 and 22 at 4 p.m. and 7 p.m. on channel 974. Meeting times and locations subject to change.

Leisure World Mutual Meetings

September 19 Mutual 14 Board

9:30 p.m., Sullivan Room

Mutual 13 Board

1:30 p.m., Sullivan Room

September 20 **Mutual 5 Board**

9:30 a.m., Sullivan Room

September 21

Mutual 22 Board 4:00 p.m., Clubhouse II

September 25

Montgomery Mutual 9:30 a.m., Clubhouse I

Mutual 23 Board

10:00 a.m., Party Room

Mutual 9 Board

10:00 a.m., Sullivan Room

Mutual 6A Board

3:30 p.m., Sullivan Room

September 26 **Mutual 17A Board**

2:00 p.m., Party Room

Mutual 21 Board 2:30 p.m., Community Room 3

Insurance

Sept. 25, 2:30 p.m., Clubhouse I

Communications

Sept. 28, 11:30 a.m., Clubhouse I

Restaurant

Sept. 18, 10:00 a.m., Clubhouse I

September 27 **Mutual 19B Board**

1:00 p.m., Sullivan Room

Mutual 20B Board

6:30 p.m., Community Room 3

September 28 Mutual 10 Board

9:30 a.m., Sullivan Room

Mutual 20A Board

9:30 a.m., Party Room 1

Mutual 6C Board

9:30 a.m., Community Room **Mutual 26 Board**

10:30 a.m., Party Room

Mutual 24 Board

1:00 p.m., Community Room

September 29 **Mutual 17B Board**

10:00 a.m., Party Room

Meeting times and locations subject to change.

Clubhouse II

9:00 a.m. Senior Sneakers Class 10:30 a.m. Zumba Gold Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 2:00 p.m. Line Dance Class 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Exercise Class

Tuesday, September 26 Clubhouse I

9:30 a.m. Any Medium Art Class 10:00 a.m. Beginner Conversational Spanish Class 10:00 a.m. Sermon on the Mount Class 1:00 p.m. Watercolor Techniques Class

2:00 p.m. Book Club Network

5:00 p.m. Lawn Bowls Club

5:00 p.m. Crab Feast 7:00 p.m. Trivia Group

7:00 p.m. Duplicate Bridge Clubhouse II

9:30 a.m. Beginner/Advanced Tai Chi Class 10:00 a.m. LW Apple Club 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class 12:30 p.m. Scrabble Group 1:00 p.m. Non-Impact Fusion Water Class 1:30 p.m. Comedy & Humor Club 2:30 p.m. Unitarian Universalists 6:15 p.m. Move to the Beat Class 7:00 p.m. Camera Club

Wednesday, September 27 Clubhouse I

9:00 a.m. Gentle Yoga Class

10:00 a.m. Express Yourself Art Class 1:00 p.m. Diabetes Prevention Class 1:00 p.m. Oils & Acrylics Art Class 1:30 p.m. LW Green Town Hall 6:45 p.m. Chicago Bridge

Clubhouse II

11:00 Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Aqua Fit Class 1:00 p.m. Ping Pong Club 4:00 p.m. Move It or Lose It Class

Thursday, September 28

Clubhouse I

9:15 a.m. Stretch & Tone Class 10:00 a.m. Painting for Everyone Class 10:30 a.m. Beginner Stretch & Tone Class 12:30 p.m. Ladies Bridge 1:00 p.m. Ladies Golf Lunch 1:00 p.m. Oils & Acrylics Art Class 1:30 p.m. Steve Friedman Program: Harold "Hal" Prince 2:00 p.m. Book Club Network 5:00 p.m. Lawn Bowls Club

Clubhouse II

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner/Advanced Tai Chi Class 9:30 a.m. Quilters Group 11:00 a.m. Water Exercise Class 11:00 a.m. Mild Exercise Class 12:30 p.m. Men's Bridge

Friday, September 29

Clubhouse I

9:00 a.m. Flu Clinic 1:30 p.m. Any Level Watercolor Class 3:00 p.m. Hispanos de LW 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Zumba Gold Class 1:00 p.m. Friday Bridge Club 3:00 p.m. Tai Chi for Essential Tremor Class 6:00 p.m. High Holy Days

Saturday, September 30

Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio 6:00 p.m. Break the Fast Supper Clubhouse II

9:00 a.m. High Holy Days 2:30 p.m. Going It Alone Club: Bingo

Sunday, October 1

Clubhouse I

5:30 p.m. Tennis Club Dinner Clubhouse II

2:30 p.m. Fireside Forum: "America's First Ladies"

3:00 p.m. Tai Chi for Essential Tremor Class



Monday, October 2

Clubhouse I

9:15 a.m. Stretch & Tone Class 10:30 a.m. Beginner Stretch & Tone Class 1:00 p.m. CLL General Meeting 1:30 p.m. LW Chorale 1:00 p.m. Paintbrush & Knife Class 7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class 10:00 a.m. Clipper Workshop 10:30 a.m. Zumba Gold Class 2:00 p.m. Chair Yoga Class 4:00 p.m. Ba Duan Class

Tuesday, October 3

Clubhouse I

9:00 a.m. Blood Pressure Testing 9:30 a.m. Any Medium Art Class 10:00 a.m. Beginner Conversational Spanish Class 10:00 a.m. Sermon on the Mount Class 1:00 p.m. Watercolor Techniques Class 2:00 p.m. Book Club Network 2:00 p.m. Biographies of Controversial Famous People Class 5:00 p.m. Lawn Bowls Club 7:00 p.m. Trivia Group 7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginner/Advanced Tai Chi Class

11:00 a.m. Water Exercise Class 11:00 a.m. Mild Exercise Class 12:30 p.m. Scrabble Group 1:00 p.m. Non-Impact Fusion Water Class 1:30 p.m. Comedy & Humor Club 1:30 p.m. Pilates, Stretch & Barre Class 6:15 p.m. Move to the Beat Class 7:00 p.m. Camera Club

Wednesday, October 4

Clubhouse I

9:00 a.m. Gentle Yoga Class $10{:}00$ a.m. Express Yourself Art Class 10:00 a.m. The American Presidency Class 11:00 a.m. Short Story Group 11:30 p.m. NA'AMAT RBZ Fashion Show 1:00 p.m. Oils & Acrylics Art Class 1:00 p.m. Diabetes Prevention Class 1:30 p.m. Pilates, Stretch & Barre Class 2:00 p.m. Book Club Network 2:00 p.m. Economics & Politics in the Age of Trump Class 6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Ping Pong Club 1:00 p.m. Aqua Fit Class 2:00 p.m. Chair Yoga Class 4:00 p.m. LWAAAC General Meeting 4:00 p.m. Move or Lose It Class 7:30 p.m. Fun & Fancy Theatre Group

Thursday, October 5

Clubhouse I

9:15 a.m. Stretch & Tone Class 10:00 a.m. Painting for Everyone Class 10:30 a.m. Beginner Stretch & Tone Class 10:30 a.m. Essential Tremor Group 11:00 a.m. Writers Workshop 12:30 p.m. Ladies Bridge 1:30 p.m. Watercolors Any Level Class 2:00 p.m. Economics and Politics in the Age of Trump Class 3:00 p.m. Stamp Club Meeting 5:00 p.m. Lawn Bowls Club

Clubhouse II

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner/Advanced Tai Chi 10:00 a.m. Stitchers Group 11:00 a.m. Water Exercise Class 12:30 p.m. Men's Bridge 1:00 p.m. Gilbert & Sullivan Society 1:00 p.m. Non-Impact Fusion Water Class 7:00 p.m. Tennis Club Meeting 7:00 p.m. Karen Lovejoy and the Lovejoy Group

Friday, October 6

Clubhouse I

8:00 a.m. Fall Community Walk 12:15 p.m. Kiwanis Club 1:30 p.m. Any Level Watercolor 3:00 p.m. Hispanos de LW 7:00 p.m. Friday Duplicate Bridge Clubhouse II

1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Zumba Gold Class 1:00 p.m. Friday Bridge Club 3:00 p.m. Tai Chi for Essential Tremor Class

Saturday, October 7

Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio 10:00 a.m. American Needlepoint Guild Meeting

7:00 p.m. Lions Club

Clubhouse II

9:15 a.m. Shabbat Services 2:00 p.m. Going It Alone: Bingo

Sunday, October 8

Clubhouse I

10:15 a.m. Jewish War Vets

Clubhouse II

3:00 p.m. Hispanos de LW: Tango Performance 3:00 p.m. Tai Chi for Essential Tremor Class

Monday, October 9

Clubhouse I

9:15 a.m. Stretch & Tone Class 10:00 a.m. Garden & Environmental Club 10:30 a.m. Beginner Stretch & Tone Class 1:00 p.m. Paintbrush & Knife Class 1:00 p.m. CLL General Meeting 1:30 p.m. LW Chorale 7:00 p.m. Bingo Clubhouse II

9:00 p.m. Senior Sneakers Class 10:30 a.m. Zumba Gold Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club Class 2:00 p.m. Chair Yoga Class 4:00 p.m. Ba Duan Class

Tuesday, October 10

Clubhouse I

9:00 a.m. Flu Clinic 9:30 a.m. Garden Plot Group 9:30 a.m. Any Medium Art Class 10:00 a.m. Sermon on the Mount Class 10:00 a.m. Beginner Conversational Spanish Class 11:00 a.m. Arts In Motion (AIM): Annual

Meeting

11:30 a.m. Ladies Golf Lunch 1:00 p.m. Watercolor Techniques Class

1:00 p.m. Amateur Radio Club 2:00 p.m. Book Club Network

2:00 p.m. Biographies of Controversial

Famous People Class 5:00 p.m. Lawn Bowls Club

7:00 p.m. Duplicate Bridge 7:00 p.m. Trivia Group

Clubhouse II

9:30 a.m. Beginner/Advanced Tai Chi Class

11:00 a.m. Water Exercise Class 11:00 a.m. Mild Exercise Class 12:30 p.m. Scrabble Group 1:00 p.m. Non-Impact Fusion Water

1:30 p.m. Comedy & Humor Club 1:30 p.m. Stroke Support Group 3:00 p.m. Parkinson's Support Group 6:15 p.m. Move to the Beat Class

Wednesday, October 11

Clubhouse I

10:00 a.m. Express Yourself Art Class 10:00 a.m. The American Presidency Class

10:15 a.m. League of Women Voters 1:00 p.m. Diabetes Prevention Class 1:00 p.m. Oils & Acrylics Art Class 1:00 p.m. Low Vision Support Group 1:30 p.m. Patients Rights Council 1:30 p.m. Pilates, Stretch & Barre Class 2:00 p.m. LW Green

5:00 p.m. Duplicate Bridge Banquet

6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Ping Pong Club 1:00 p.m. Aqua Fit Class 1:30 p.m. Stroke Support Group 2:00 p.m. Chair Yoga Class 4:00 p.m. Move It or Lose It Class

Thursday, October 12

Clubhouse I

9:15 a.m. Stretch & Tone Class 9:30 a.m. Beginner/Advanced Tai Chi

10:00 a.m. Painting for Everyone Class 10:30 a.m. Beginner Stretch & Tone Class

12:30 p.m. Ladies Bridge 1:00 p.m. Oils & Acrylics Class 1:30 p.m. Watercolors Any Level Class

2:00 p.m. Book Club Network 2:00 p.m. Economics and Politics in the

Age of Trump Class 5:00 p.m. Lawn Bowls Club

7:00 p.m. Democratic Club

Clubhouse II 9:00 a.m. Senior Sneakers Class

9:15 a.m. Yiskor Service 9:30 a.m. Quilters Group

11:00 a.m. Water Exercise Class

11:00 a.m. Mild Exercise Class 12:30 p.m. Men's Bridge

1:00 p.m. Non-impact Fusion Water Class 4:00 p.m. Model Railroad Club

Friday, October 13

Clubhouse I

1:30 p.m. Any Level Watercolor Class 3:00 p.m. Hispanos de LW 6:00 p.m. Café AIM: The Nasar Abadey Ouartet

7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Chinese Club

1:00 p.m. Ping Pong Club 1:00 p.m. Zumba Gold Class 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge Club

3:00 p.m. Tai Chi for Essential Tremor Class

Saturday, October 14

Clubhouse I

10:00 a.m. Open Art Studio 1:00 p.m. Edmonson Society

Clubhouse II

9:15 a.m. Shabbat Services 2:00 p.m. Going It Alone: Bingo

Highly Trained Professionals Committed to Quality Care

ith more than 200 years combined experience in the fields of memory care and senior living, we thoroughly understand the complex needs of individuals suffering from memory loss. Many of us also identify from a personal perspective.

Our team of highly qualified memory care experts utilizes the most advanced and beneficial practices and services. At Olney Assisted Living, our dedication is reflected through exceptional, specialized programs and only surpassed by our compassionate care. We also uniquely staff licensed nurses, who are on-site 24/7 and fully engaged in the health and wellbeing of each resident.

Call (301)570-0525 for a personal tour and to meet our esteemed team of memory care professionals.

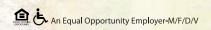




Memory Care by design.

(301) 570-0525 | www.olneymemorycare.com

16940 Georgia Avenue | Olney, Maryland 20832





Carpet • Hardwood • Ceramic • Laminate • Vinyl • Bathroom Remodeling

www.floormax.us.com

The Flooring **Professionals Since 1985**

MHIC #41515

All Leisure World residents receive

in home estimates!

Aspen Hill Shopping Center (301) 460-4100

\$3,000 or more! **HURRY Sale Ends SOON!**

*(Limited time only. Cannot be combined with other offers. Must be presented at time of

CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. atticllc.com Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC - I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment Janet Ray (301-384-3198), (wishalot10@aol. com).

REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

THINKING OF SELLING your home or that of a relative? Call Sue Heyman of Weichert Realtors, Leisure World Plaza, community resident for over 13 years, Top 1% Nationwide, Senior & Relo Specialist, "Forward@50 Sponsor." 2016 has been a super year for real estate! Inventory is historically low. Days on the market for our community are less than one month. Prices are going up! Midyear, I have already had 18 closings, with four additional properties under contract. As sellers, now is the time to take advantage of this fast-paced market. I know all the floor plans and how to price them. Tap into my experience, contractor connections, and marketing to get the best price. My top-quality color brochures, multiple websites, staging techniques, and virtual tours display your home and our community at its best. Call for your free competitive market analysis, (ofc: 301-681-0550), (cell: 301-580-5556).

FOR SALE: 1 Bedroom. 1 full and 1 half bath in Vantage Point West. Cheerful; Fresh paint and Pergo flooring. \$150,000. Studio Coop with enclosed porch addition, \$54,000. Coming Soon, FF model with Garage in Vantage Point East. Open floorplan and stunning views. Call Eve or Greg Marinik at Long and Foster (301-221-8867) or office (301-548-9700).

REAL ESTATE FOR RENT

FOR RENT: 2 bedroom, 2 full bath, unit in low rise elevator building with carport. Full-sized w/d in unit. Carport. All utilities included in the rent. Pets accepted. \$1,600 per month. Call Eve or Greg Marinik at Long and Foster (301-221-8867) or office (301-548-9700).

FOR SALE

POTTERY BARN TOSCANA Fixed Dining Table. Color: Tuscan Chestnut. 70" long, 38" wide, and 30" high. Like new. \$500. Call Nancy (301-518-6023) between the hours of 8 a.m. to 8 p.m.

DINING TABLE – oval, cherry, two leaves and tablecloths; 64" x 42". \$25. Bookcase, oak, three shelves, 60" x 48". \$25. (301-438-0983)

MUST SEE – ANTIQUES! Much jewelry, oriental things, Spode china set, linens, small table, art, dolls, rugs, bric-a-brac. Cash only. (301-598-1698)

FOR FREE

BEAUTIFUL SENIOR CAT free to loving home. Due to family circumstances, we are unable to keep her. She is approximately 13 years old, very loving and very much a lap cat. If you are interested in providing Virga a loving home, please call David at (516-728-2547).

AUTO SALES

2002 LEXUS ES300, like new. One owner. Loaded with leather and sunroof. MD inspected. Only 50,500 miles. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2001 LINCOLN CONTINENTAL. Loaded with leather. Plenty of service records. Only 77,900 miles. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER IS HERE: Lifelong local resident. Reliable, competent service. Comfortable, clean vehicle, can seat from 1 to 6 passengers. Airports, cruiseports, theatres, casinos, appointments... Anywhere, anytime, including long distance trips to other states. Call with questions: Steven Saidman, cell/text (301-933-8899), email (Steve.Your.Driver@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 50 satisfied customers from Leisure World. Larry Kraft (240-743-8287).

DRIVER! Leisure World resident. New 4-door car. Daytime preferred. Local and airports, medical appts. Reasonable rates. Call Don (301-221-4045).

HEALTH CARE SERVICES

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants"

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

ELDERLY CARE: Over 10 years experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

AIDE ASSIST & CARE "Caring for Today for a Brighter Tomorrow." Licensed CNA, CMT, CPR/first aid, food handlers. Services: companionship, errands, dr. appts, cooking, cleaning and everyday care. No job is too big or too small. Please call for further details and pricing. (240-573-6184) E. Scott

CNA –25 years experience. Loving, caring, reliable, looking for full or part-time work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

RELIABLE CAREGIVER/medication technician with CPR training helping clients with their food, laundry, housekeeping, shopping and other errands. Am a fun-loving and Godfearing person. Have a driver's license to help clients get to appointments. References available. Call Prisca at (202-899-0028).

PRIMARY CAREGIVER. Licensed CNA with Med Tech and CPR training. 20 years experience. Available 12 hrs/day. MoCo area. Helping clients with activities of daily living. Livein an option. References available. Trustworthy, honest and caring. Brenda (240-277-0496, call or text).

EXCELLENT, CERTIFIED Nursing Assistant for the elderly. Years of experience; very knowledgeable; gentle touch. Call Michelle at (786-444-7995). (Reference - Peggy, LW resident, at 240-701-5870.)

LICENSED CNA. Reliable and loving, caring person providing quality and

affordable care. Day or night, 2-4 hours. Overnight, flat rate. Call Neema (240-687-7471).

LOVING, CARING PERSON. Have worked in Leisure World for 10 years. I am looking for a part-time job, three-four days/week. LW reference. Please call Alice (240-839-0087).

PROVIDING QUALITY AND AFFORDABLE CARE: Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337).

CERTIFIED CNA/GNA in elderly care. Over 5 years experience. Available to work morning shift and weekends. Call (240-481-1471).

CERTIFIED CNA looking for a fulltime position. Can drive, clean and cook. Call Yvonne at (301-917-4058).

CNA, GNA, MEDICINE AIDE, elderly care. Over 10 years experience. Certified CPR, first aid. Reliable, responsible, loving and caring, respectful. Great references. Good driving record. Day or night shift. Call (301-275-8713).

HOME HEALTH AIDE with over 25 years experience available night or day to help your loved one. Light housekeeping, cooking, shopping and helping with activities of daily living. Non-medical care. Reasonable fees. Live in Leisure World. Call (240-342-1979).

V BEST CARE: Over 20 years of experience in hospitals, nursing homes and private duty. Call Veronique at (240-606-0122).

CNA with over 15 years experience and excellent references looking for 6-10 p.m. or night shift, or every other weekend, days or nights. Please call Barbara (240-426-3661). Thank you.

CAREGIVER WITH CNA license and 8 years experience. Available to work daytime, nighttime and weekends. Have own transportation. Call (240-715-8189).

ASSISTED LIVING

MARYLAND LICENSED ASSISTED LIVING. Annual special! Economize - \$500 discount! Beautiful and clean facilities. Alert, friendly and highly skilled caregivers. Experts in offering active daily adult activities! Call (301-525-8087).

2 RN's ASSISTED LIVING LLC – Care beyond call of duty. Just opened our new Assisted Living. Operated by experienced, registered nurses. Accepting a few new residents. Licensed level care 1, 2, 3. Tel. (301-338-4015) or (240-221-3318). Email: (patyusingco@yahoo.com).

GENERAL SERVICES

ALTERATIONS - 30 years experience in Leisure World! Men's & woman's garments picked up and dropped off at your convenience. Very competitive prices. Call Mimi (301-990-6468).

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified preowned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

FLOORED AT HOME CARPET sales, installation, repairs and buckle removal. Shop at home; we come to you! Family owned and operated; over 28 years experience. Call (240-626-5931) today for a free in home estimate. We are licensed and insured.

CONTINENTAL MOVERS. Local moving services. Free boxes. Local long distance - hauling - pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home

and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door

transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55 yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

CLEANING SERVICES

R & G CLEANING SERVICES -Small, family-owned business

catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES -Good references. Good rate. Once a week or every two weeks. (240-286-3807)

HOUSECLEANING - Sara (240-477-2104) will thoroughly clean you home for a fair price; all supplies included. I am one of Sara's satisfied

Services for Seniors

Activities of Daily Living Support Services

- Bathing
- Dressing
- Lifting
- · Transferring
- Personal Care & Hygiene

- Companionship
- Meal Preparation
- Medication Reminder
- · Physical Therapy
- Light Housekeeping
- Transportation to **Appointments**

What makes ElderCaring different?

- 2 hour minimum for services most companies require 4 hours as a minimum
- All caregivers are professionally trained nursing assistants
- The owner of ElderCaring personally meets with you to discuss your needs
- All caregivers are fluent in English
- Personal choice in selection of every caregiver
- Licensed, Bonded, Insured
- 24 Hours Service 7 Days a Week

Would you like to receive a brochure in the mail, or set up an appointment?



Elder Caring Call 301-949-0060 www.eldercaring2.com

Call 301-949-0060

"The quality of care you would want for your parents."

We Provide Compassionate Urology Care for the Residents of Leisure World.

Chesapeake Urology is conveniently located at 3801 International Drive in Silver Spring, just around the corner from Leisure World.



Lisa N. Hawes. M.D. General Urology and Female Urology



Richard A. Kurnot. M.D. General Urology for Men and



Bernard J. Rogus, M.D. General Urology for Men and



Cheryl Shih, M.D. General Urology for Men and Women: English, Mandarin Chinese, Spanish



Anup A. Vora, M.D. General Urology for Men and Women: English, Hindi, Gujarati, Spanish



The most personal care for life's most personal issues.

301-598-9717

chesapeakeurology.com

Prostate, Bladder and Kidney Cancers and Conditions • Kidney Stones • Erectile Dysfunction • Urinary Tract Infections • Pelvic Pain • Bladder Control Conditions • Enlarged Prostate Female Urinary Incontinence • Pelvic Organ Prolapse • IC/Painful Bladder • Pelvic Pain

customers. Call Jackie for references (301-598-3711).

HOUSE CLEANING - 22 years experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

COMPUTER HELP

COMPUTER SERVICES - Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free inhouse diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back up, and retrieve important data, photos, and music. Have served over 400 clients in leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES - Need help with your computer? Training, new computer setup, troubleshooting, installation. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web,

digital photos, tablets, smartphones, smart TVs, and more. Patient trainer will sit by your side and teach you in plain English - no technical talk! Shopping assistance for all electronic & computer items. Senior specialist since 1996. Senior discount. Call David at (301-762-2570). ComputerTutor

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll transfer your photos, slides, and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow, Call Kim at Virtual Computer Services (301-438-3140).

LICENSED BEAUTICIAN. It is my pleasure to give you haircuts, color and perms in your home. Reference available Please call Silvia, (240-277-

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

PET CARE

DOG WALKING, cat sitting, birds. Daily drop-ins or vacations, overnights by mature animal lover with 10 years experience. Medication or insulin as needed. Call Eileen (301-442-3989).

DOG WALKING and pet sitting services available with Jill. Reasonable rates, insured, and numerous references. (301-233-5251) (jillandrews1@aol.com)

LOVING PET SITTING service, walking dogs and grooming. Transportation available. Call Maria (301-460-4135).

HELP WANTED

RETAIL FLOORING SALES: FLOORMAX, the Metro area's largest independent flooring covering retailer, is seeking bright, organized and energetic inside and outside sales people for our flagship stores in Montgomery and Prince Georges county. Candidate\ must have a minimum of 3 years commissioned sales experience. Flooring experience preferred. A level of PC proficiency is required. Training provided as necessary. Company car and expenses provided for qualified candidate. FT & PT available. Please fax resume to (301-206-2270 attn: Joseph) or email (joseph@floormax.us.com).

NOTICES

CALLING ALL PITTSBURGHERS! If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo. com).

UPCOMING EVENTS

LEARN TO DOWNLOAD e-Books and e-Audio Books at the Twinbrook Library on Saturday, Sept. 23 at 3 p.m. Please bring your device, such as a Kindle, iPad or Smart Phone. Free; no need to register. For more information, call (240-777-0240) or stop by the Twinbrook Library information desk.

WANTED

Owner living in GREENS II, Bldg. 4 (15100 Interlachen Dr.) is interested in purchasing/renting one or two garage spaces in that building. Please contact owner at (301-598-5953). Thank you.

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years experience serving Leisure World. Leave message 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, Weapons, Helmets, Photos, Medals, or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

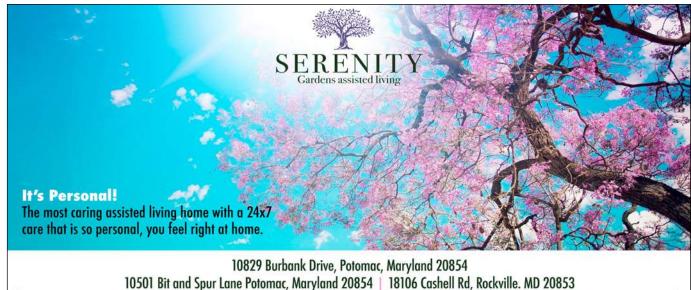
Low interest rates getting you down? Let's talk.

William P Mason IV, AAMS® Financial Advisor

17904 Georgia Ave Ste 107 Olney, MD 20832 301-774-8500

Edward **Iones**

Member SIPC





Kathleen and Eileen Kane

Phone: 301-200-9275 | Fax: 800-521-9231 | www.serenitygardensliving.com | info@serenitygardensliving.com

Honored To Serve You For 35+ Years With **Cathy Gilmour Real Estate And Proudly Continuing That** Same High Level Of Service With Long & Foster



R鱼

A – Sweeping views from the penthouse level in Vantage Point SHERWOOD/STAUNTON – Coming Soon! Big efficiency 1 BR apt. West! Over 900 sq ft of living space in this 1 bedroom, 1½ bath apartment which has living room, dining room, table-space kitchen, and enclosed balcony. Freshly painted; wood floors in foyer, living room, dining room, and bedroom. \$150,000

H - Bldg. 2 of The Greens. New Listing! End unit w/light on 3 sides, table-space kit. w/ windows and formal dining rm, living rm, 2 BR, 2 full baths, enclosed balcony. And it has a garage space and a storage rm! New wall-to-wall carpet, fresh paint, new range and built-in microwave, new (2016) HVAC. Move right in!

in Montgomery Mutual w/ BR, living/dining rm, kit., dressing rm, & BA. Very nice encl. patio, being renovated now. Check bk. $\$54,\!000$ RENTALS: RIVIERA – Big 2 BR, 2 BA, large rms, covered carport pkg w/storage. \$1,650/mo incl. utilities. Call Eve, 301-221-8867. H – 2 BR, 2 BA, light on 3 sides, encl. balc. in Bldg 2 of The Greens

w/tandem garage space & locking storage rm. \$1,650/mo + electric. Call Eileen, 240-460-8647

SELLERS – This is YOUR market! Inventory of homes is low and interest rates remain low. This is the time for you to make the move \$139,900 you've been planning. Contact Kathleen or Eileen to assist you.

Dedication makes the difference!

CHRISTIE'S Residential & Commercial Real Estate • Mortgage • Title • Insurance • Property Management

Direct: 240-460-8647 | Leisure World Plaza Office: 301-598-7500 | Kathe.E.Kane@Gmail.com

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. If you decide to sell, I can buy your

items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

BUYING ANTIQUES, jewelry; cash paid. Also gold, silver, watches, coins, pens, Asian antiques, original art, firearms, old toys, golf. Please call Tom, Silver Spring resident, at (240-476-3441).



Dr. Michael Frank Dr. Marc Goldberg Dr. Adam Lowy

3 Convenient Locations Minutes from Leisure World

OLNEY

Oland Professional Center 3408 Olandwood Ct. Suite 204 Olney, MD 20832 (301) 924-5044

KENSINGTON

Family Foot & Ankle Associates of Maryland (301) 942-8110

SILVER SPRING

Colewood Centre 10801 Lockwood Dr. Suite 260 Silver Spring, MD 20901 (301)439-0300

www.MarylandFeet.com

great reasons to consider buying a home today instead of waiting:

- 1. Prices Will Continue to Rise
- 2. Mortgage Interest Rates are Projected to Increase
- 3. Either Way, You are Paying a Mortgage
- 4. It's Time to Move on with Your Life

If the right thing for you and your family is to purchase a home this year, buying sooner rather than later could lead to substantial savings. Call our office today to speak with one of our knowledgeable agents to assist you in today's marketplace.

LONG & FOSTER

CHRISTIE'S

Long & Foster. For the love of home."



301-598-7500 Office Leisure World Plaza

3836 International Drive Silver Spring, MD 20906

Fall is a great time to sell in Leisure World!

R

I can assist you with every step to prepare and sell your home.



ACTIVE

Beaverbrook Ct. #3H 2 bedrooms, 2 baths, New carpet and new paint. Enclosed balcony. Cathedral Ceilings. List \$144,900



ACTIVE

3342 Chiswick Ct #1B Elizabeth model.1308 sf 2 bedrooms, 2 baths, new paint and carpet. Enclosed balcony. List \$120,000



ACTIVE

Coop 800 sf 1 bedroom, 1 bath. Living room & dining room. Walk-out to outdoor patio. List \$67,000



COMING SOON

Greens G model 1,225 sf, 2 bedrooms, 2 baths, new carpet & paint, garage space & private storage room List \$215,000



CONTRACT

Fairways No. 1,115 sf 2 bedrooms, 2 baths, All new carpet and new paint. View of fountain. With garage space List \$188.500



SOLD

Fairways So. 1,530 sf 3 bedrooms, 2.5 baths, new paint, wood floors, golf course view, garage & golf cart space List \$325,000

for a Free **Market Evaluation** of Your Home

Call

240-506-2434

Barbara Michaluk | Weichert Realtors

Full Service Leisure World® REALTOR Phone Direct 240-506-2434 / (o) 301-681-0550

Authorized Leisure World[®] Specialist / E Pro[®] Certified Senior Real Estate Specialist[®] / Certified Staging Agent[®] Internet Marketing Specialist[®] / Relocation Specialist[®]







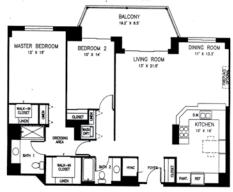
Web: BarbaraSellsMDhomes.com | Email: michaluk@verizon.net

Work with an Authorized Leisure World® Specialist

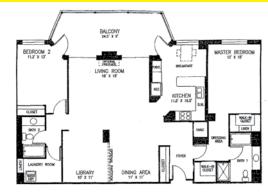


#1 In LISTINGS In Leisure World®

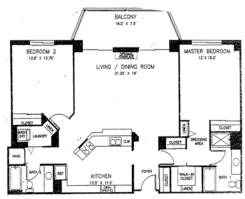
Authorized Leisure World® Specialist



"FF" Model - Overlook - \$269,000 Spacious 2 BR, 2 BA, 1320 sq. ft. New flooring LR, DR, Kit, BAs and balcony. Move in condition, professionally staged.



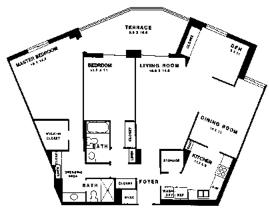
"Q" Model - Overlook - \$425,000 2 BR, 2 BA, den/library, 1520 sq.ft. Like a model, hwd flrs, ceramic in enclosed balcony, stainless appli, cherry cabinets, golf course view, many extras & upgrades.



"QQ" Model - Vantage W - \$289,000 2 BR, 2 BA, 1335 sq. ft. Table space kitchen, separate laundry room.



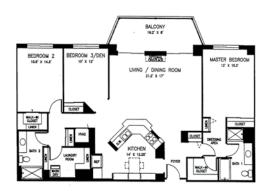
"C" Model - Vantage - \$219,000 2 BR, 2 FB, 1090 sq. ft. Golf course view. close to elevator.



"K" Model - Green -\$229,000 2 BR, 2 FB + den/library, 1480 sq. ft. Garage space included.



Berkeley Townhouse - \$195,000 2 BR, 2 FB, 1600 sq. ft. Hardwood floors throughout, freshly painted, many updgrades and extras



"JJ" Model - Overlook -\$380
3 BR, 2 FB, 1560 sq.ft. Hardwoods, enclosed balcony + terrace overlooking golf course.





"F" Model - Greens - TBD 2 BR, 2 BA, 1115 sq. ft. First floor, freshly painted and garage space inluded.



"S" Model - Fairways -TBD 2 BR, 2 BA, den/library, 1460 sq. ft. Garage space included.

Experience for yourself why Stan is #1 in Leisure World® Call 301-928-3463 and List with Stan Now!



Office: 301-681-0550 Email: stanmoffson38@gmail.com Web: www.stanmoffson.com



SEPTEMBER 2017

AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

HEALTHY LIVING CLASS: EVERYDAY BALANCE

September 11 through October 18

MONDAYS & WEDNESDAYS 10-10:30 A.M.

Learn techniques and exercises to improve balance and reduce your risk of falls.

Six-week Session Fee: \$30 Register by September 8

LIVING WELL SEMINAR: "WALKING: THE MIRACLE EXERCISE"

WEDNESDAY, SEPTEMBER 20 1-2:15 P.M.

Motivate yourself! Learn the health benefits of walking and explore the research behind them. FREE • Register by September 18

ALZHEIMER'S SUPPORT GROUP

WEDNESDAY, SEPTEMBER 20 3:30-4:30 P.M.

SUPPORT FOR THE CAREGIVER **SEMINAR: "UNDERSTANDING** AND RESPONDING TO **DEMENTIA-RELATED BEHAVIOR"**

TUESDAY, SEPTEMBER 26 · 2-3 P.M.

Learn how to decode behavioral messages, identify common behavior triggers and explore strategies to intervene appropriately. FREE • Register by September 24

HEALTHY LIVING CLASS: WALKING CLUB

September 27 through November 1

WEDNESDAYS • 11-11:30 A.M.

A weekly stroll through Brooke Grove's beautiful, 220-acre campus. Six-week Session Fee: \$20 Register by September 24

PARKINSON'S **EXERCISE CLASSES**

MONDAYS & WEDNESDAYS 3:30-4:30 P.M.

Improve posture, balance and circulation while also increasing strength, muscle control and mobility.

PARKINSON'S SUPPORT GROUP

2ND WEDNESDAY OF EACH MONTH 2 P.M.



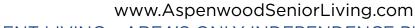
18100 Slade School Road, Sandy Spring, MD 20860

301-260-2320 · www.bgf.org

INDEPENDENT LIVING ASSISTED LIVING REHABILITATION LONG-TERM CARE

MEMORY SUPPORT





INDEPENDENT LIVING • AREA'S ONLY INDEPENDENCE PLUS • ASSISTED LIVING

©2017 Five Star Senior Living

