

Leisure World News

OF MARYLAND

September 21, 2018 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

Landscapers Switch to Natural Weedkillers as Part of Efforts to Reduce Environmental Hazards

by Kimberly Y. Choi

A natural herbicide has replaced Roundup on Leisure World’s grounds following a California court ruling against Monsanto, Roundup’s manufacturer. The ruling found Monsanto in error for hiding the possibility that glyphosate, the active ingredient, may cause cancer in workers who spray the popular weedkiller, though scientific findings have been mixed.

“Glyphosate is a strong product, and that’s why it gets such a bad rap,” says Mike Angles, chief operating officer of McFall and Berry,

Leisure World’s landscaping contractor. McFall and Berry now uses the gentler product, Finalsan. The switch was made in mid-August after coordination between McFall and Berry and the Landscape Advisory Committee.

Angles explains that unlike the synthetic glyphosate, Finalsan is derived from fatty acids naturally found in animals. The manufacturer considers it safe for humans and animals to walk in treated areas as soon as the soapy liquid has dried.

Finalsan is less widely produced than Roundup and costs much more. But because weed control makes up only a small portion of McFall and Berry’s services, Leisure World is not currently charged more for landscaping in its common spaces as a result of the switch.

Natural products like Finalsan are also generally less effective than their more potent counterparts, but McFall and Berry tested Finalsan’s effectiveness on its own land. “We found that Finalsan is as effective as Roundup on most weeds and in most applications,” Angles says.

Treating the Rest of the Yard

Finalsan is a non-selective

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Chess player Bobby Bobo has a laugh with his opponent in Clubhouse II on Sept. 14. Bobo, who has been blind since childhood, has played the strategy game for the last 50 years. Photo by Stacy Smith, Leisure World News

Blind Chess Player Uses Forethought to ‘See’ Game

by Stacy Smith, Leisure World News

Bobby Bobo is concentrating. It’s his move on the chessboard. But instead of using his eyes to find the piece he wants to move, he uses his hands.

Bobo, who has been completely blind since childhood, uses a special chessboard designed for the visually impaired. Pointed and smooth tips allow players to distinguish between the white and black pieces, and their pegged bottoms fit neatly into round holes on the board, allowing Bobo’s hands to roam freely over the pieces without disrupting their placement.

Although to the casual observer Bobo’s chessboard

may seem like the key to his success in the game, he says the “real” chessboard is in his mind, just as it is for every other player.

“You have to think moves and moves ahead,” he says. “If I take this bishop or if I allow [my opponent] to take my bishop, what are the consequences down the road?”

His opponent on this day, Chess Club president Bernie Ascher, agrees.

“Bobby has to keep a picture of this in his mind as the game goes along. A lot of the strategy is in thinking five or six moves ahead,” Ascher said.

From Chess to Computers

Bobo has been playing chess

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The Fairways South is one of the first mutuals to have had its plant beds treated with the natural herbicide Finalsan. Photo by Leisure World News

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Residents who want to get involved in the community by joining an advisory committee have until the end of October. For details, **see page 4.**

GOOD TO KNOW:

SIGN UP ON RESIDENT WEBSITE

by Leisure World News

Would you like to be part of the community from the convenience of home? At Leisure World’s login-based resident website, (residents.lwmc.com), users can view and download important documents, search their mutual’s website or simply check out the news alert at the top of the website’s welcome page for the latest news and information about the community. But before residents can access (residents.lwmc.com) to take advantage of its myriad information and resources, they must first sign up as users.

Signing Up

Sign up on the website’s welcome page by clicking on the “Sign Up” link and filling out a four-step, self-explanatory form with their name, address and other basic information.

Password

Users must create their own sign-in names and passwords. Passwords must be a minimum of six characters (letters, numbers, symbols or a combination thereof). For example, “Apple\$75” is a password that meets all the requirements, whereas the password “opal” does not. Choose a sign in name and password that are meaningful and easy to remember.

Once signed up, any user who forgets his or her sign in name or password should navigate to their mutual’s website and select the ‘Forgot Your Sign In Name or Password’ link. Residents who do not know their mutual website address can search for it using the search bar at the top of the page.

Renters

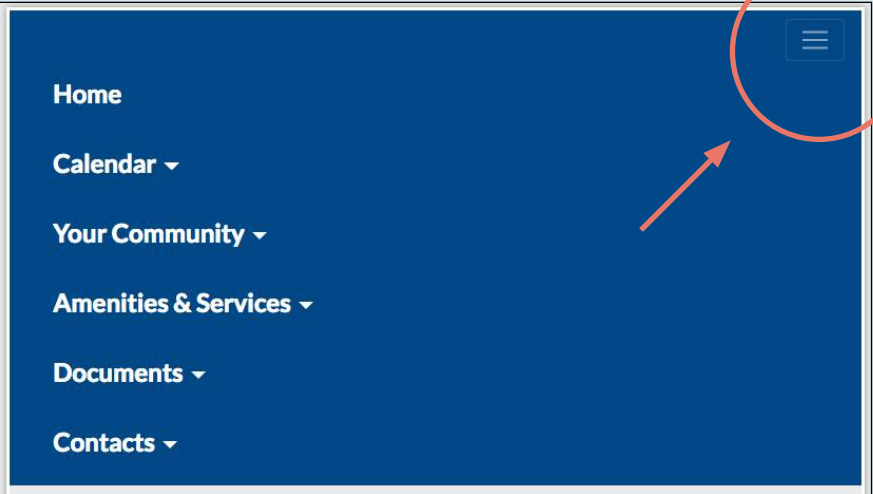
Residents who rent their property at Leisure World, or who have recently acquired their property from a former resident or deceased relative, must contact their mutual’s property manager or mutual assistant to provide proof of occupancy/ownership before they can sign up as a user on the resident website.



Sign In

☒ Remember my sign in name and password the next time I sign in from this device.

Residents can either sign in with their sign in name and password every time they visit the site, or can check the ‘Remember my sign in name and password’ box. Screenshot by Leisure World News



Once signed in to the website, click on the icon featuring the three lines, located in the top right corner of the middle of the screen, to reveal the website’s dropdown menus. Screenshot by Leisure World News

Still Having Trouble?

Residents who need assistance while trying to register as a user, sign in or navigate the website can call the help desk Monday through Friday, between 1-4 p.m., at (301-598-1029). Residents can also receive help by emailing their questions or concerns to (website-support@lwmc.com) any time; they will receive a response during the workweek.

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Leisure World News

OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Chess

from page 1

for 50 years. He learned how to play the game while attending pre-vocational training at Columbia Lighthouse for the Blind in Washington, D.C.

While there, he also discovered what was to become his life's work: helping other blind and visually impaired people learn how to use technology, everything from Windows products to iPhones. His passion is using computers; he even uses them to play chess online.

Bobo has traveled extensively across the country, from Boston to Hawaii, teaching people how to use computer programs.

Even the legendary Stevie Wonder used his services to improve his musical notations.

But Bobo's biggest thrill

.....

“[Chess] doesn't depend on who has the best sight, but who has the best vision.”

– Bobby Bobo

.....

was teaching a member of the military who was blinded in Afghanistan how to use an accessible computer program.

“He cried,” Bobo says. “He said, ‘I thought it was the end of the world for me.’”

He has plans to start

how to use accessible computer products.

Accessibility for All

A relatively new member of the Chess Club, having moved to Leisure World with his wife, who is also blind, just this past

July, Bobo was happy to find a community of folks who love chess as much as he does.

“I'm busier now living here than I was before,” he says.

He's also noticed a growing number of blind and visually impaired residents in the community; his mutual is even considering adding braille to its doors and mailboxes.

And perhaps soon, too, more chess players will find themselves using the type of accessible chessboard that keeps Bobo in the game.

“In the long run, [the game] doesn't depend on who has the best sight, but who has the best vision,” he says.

Landscapers

from page 1

herbicide. While it is suitable to use in spaces such as flowerbeds and curbs where the spray will not come in contact with plants other than weeds, McFall and Berry has been using other environmentally safer substances on Leisure World lawns for 18 years.

A growing portion of McFall and Berry's clients have become interested in less-harmful herbicides. Responding to the increased awareness of chemical hazards, the company started experimenting about seven years ago with a greater variety of alternative products.

In the past five or so years, the company has completely forgone strong chemical-based herbicides in Leisure World's common areas, such as clubhouse and medical center grounds as well as Mutuals 7, 12 and 19A. These areas instead receive treatments with products such as the iron-based Fiesta and the soybean-based Preen.

Another product, Trimtect, causes shrubs and evergreen trees to use their nutrients to strengthen the plant rather

than grow in size. McFall and Berry began testing it in the spring and, having found it effective, will start using it in Leisure World in 2019.

While this product isn't naturally-derived, there are environmental benefits to keeping plants healthier and smaller: they require less fertilizer and insecticide, and less plant waste is generated through pruning. Angles says that as the chemical works on contact, it doesn't escape into the environment, so the effect is limited to plants it has been applied to.

Healthier Insect Control

In addition to weeds, insects that threaten landscape plants can be controlled without dangerous chemicals.

McFall and Berry uses integrated pest management, in which landscapers first inspect plants for unwanted insects and their predators. They then put nature's food chain to work. If there are more predators than pests, the company does not take action.

McFall and Berry tries to swing the numbers in Leisure World's favor by releasing its own predatory insects

in the spring. According to Angles, about 750,000 praying mantises and ladybugs have been released in Leisure World over the years.

Residents have noticed the abundance of these beneficial creatures, and the release of the ladybugs in the community is often a well-attended spectacle.

If a chemical treatment is needed, McFall and Berry uses natural substances, generally soaps and oils, that cause minimal harm and are not dangerous to humans. In March and early April, the contractor may apply an oil to plants that prevents eggs from hatching, and in the summer, use a different type of oil that behaves as an insecticide.

Integrated pest management, according to Angles, has become standard across the industry. McFall and Berry adopts new, safer landscaping practices as the times change.

When Montreal, Canada, introduced a ban on many synthetic landscaping products, McFall and Berry contacted landscaping companies in Montreal to ask what they were using. The company also obtained the lawn herbicide Fiesta from Germany for testing before the product even became available in the U.S.

The elimination of Roundup has simply become the latest manifestation of the drive for safer landscaping.



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CORRECTION

A Foundation of Leisure World article in the Sept. 7 edition erroneously stated that artists must be members of an arts-related Leisure World club or organization to exhibit their work at the Thursday, Nov. 1, art show. Artists are not required to be affiliated with any arts-related club or group.

Artists must pre-register to exhibit, and registration forms are available at both clubhouse E&R offices. The deadline to register is Thursday, Oct. 18.

GOVERNANCE & *Information*

LWCC, LWMC Oppose Complaint Filed to CCOC

by Leisure World News

In response to a resident's complaint filed against them to the Montgomery County Commission on Common Ownership Communities (CCOC), the Leisure World Community Corporation (LWCC) and Leisure World of Maryland Corporation (LWMC) have filed a motion with the CCOC to counter the complaint.

The original complaint, filed Aug. 28 by Sheryl Katzman, claims that LWCC "[failed] to hold election(s) in violation of State of Maryland Homeowners Association Act."

The LWCC maintains its position that its directors are chosen by each mutual in accord with LWCC bylaws, as has been done for about 40 years.

County code requires that while a CCOC complaint is being processed a community association "must not take any action to enforce or implement the association's decision [i.e. the subject of the CCOC complaint]."

Katzman later filed a motion stating the LWCC violated this automatic stay by conducting business at its regular board of directors meeting the morning of Aug. 28.

LWCC and LWMC's responding motion, filed

Sept. 14, requests that the CCOC lift the automatic stay. It also states that "[Katzman's] complaint is predicated on an erroneous understanding of Section 11B-106.1(a) [of the Maryland Homeowners Association Act]."

The CCOC is required to issue a decision to either grant or deny the responding motion by Thursday, Oct. 4.

Katzman's complaint to the CCOC parallels a lawsuit filed by nine residents in July against LWCC that alleges its board of directors is illegally seated. As of Sept. 19, LWCC had not received service of the lawsuit.

In the required "desired actions" section of her CCOC complaint, Katzman requests that the CCOC coordinate with members of an unofficial club, JustUs, to dissolve the LWCC board of directors, reorganize community governance, and prevent current and past LWCC directors from holding a seat on any future LWCC board.

The complete list of the desired actions can be found on the community website, (residents.lwmc.com). Click on the "Documents" dropdown arrow, then "Leisure World Community Corporation Governance." The document is named 2018-08-28 CCOC Complaint - Desired Actions."

**Dial 301-598-1313
for recorded Daily Events**

2018 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting

The Oct. 19 meeting airs on Oct. 24, 25 and 26.

Board of Directors Meeting

The Sept. 25 meeting airs on Oct. 1, 3 and 5.

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com
- Administration - administration@lwmc.com
- Communications - communications@lwmc.com
- Education and Recreation - recreation@lwmc.com
- Physical Properties - physicalproperties@lwmc.com
- Security - security@lwmc.com

Security and Transportation Advisory Committee

Show Up to Represent Your Mutual

by Herman N. Cohen

Woody Allen is often quoted as saying, "80 percent of life is showing up."

But at the Security and Transportation Advisory Committee (STAC), only about half of Leisure World's mutuals have representatives. The STAC does not have representatives from Mutuals 6a, 6b, 7, 8, 10, 11, 13, 16, 22, 24, 25 or 26.

The preferred experience/qualifications for serving on the STAC includes an understanding of the safety and security issues related to Leisure World and experience in riding Leisure World's buses in and outside of the community. Of equal importance for all advisory committees is the willingness to communicate with other residents in a committee environment and an ability to communicate via email.

The STAC meets on the second Thursday of each month at 9:30 a.m. in Clubhouse I.

Join a Committee

by Leisure World News

Residents who would like to request membership on an advisory committee should contact their mutual's board of directors, or visit their mutual's property manager or mutual assistant for a hard copy of the application.

To view or download a digital copy, login to (residents.lwmc.com) and click on the corresponding news alert at the top of the page.

Once filled out, return the application to your mutual assistant or property manager. The deadline to fill out and submit an application is Wednesday, Oct. 31.

Once all applications have been received, a full list is provided to the Leisure World Community Corporation board of directors for approval.

OCTOBER 2018

UPCOMING SEMINARS & EVENTS

AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

ASSISTED LIVING OPEN HOUSE

1635 Hickory Knoll Road
Sandy Spring, MD 20860

TUESDAY, OCTOBER 16
10:30 A.M.–12:30 P.M.

Explore our residential-style homes, gardens and secure walking paths. Discover our innovative approach and programs including those designed to stimulate memory. Meet our staff, trained in assisting those with Alzheimer's and memory loss.

FREE. RSVP by October 14.

LIVING WELL SEMINAR: "TIPPING THE SCALE TO HEALTH"

WEDNESDAY, OCTOBER 17
1–2:15 P.M.

By adopting a few lifestyle changes, you can maintain or improve your health while also shedding extra pounds. Achieve a healthy body through nutrition, exercise and behavioral skills! *Seminar offered in partnership with Family & Nursing Care.*

Preceded by complimentary lunch at 12:30 p.m.

FREE. Register by October 15.

SMOOTH MOVE SEMINAR: "RIGHTSIZING YOUR LIFE"

TUESDAY, OCTOBER 23
11 A.M.–12:30 P.M.

During this engaging presentation, you'll explore a variety of retirement living options and discover how you can have P.E.A.C.E. when deciding if you prefer to age in place or move to a continuing care retirement community. You'll also learn about the local real estate market and gain insights on preparation, market timing and how to sell your home for top dollar.

FREE. Register by October 21.
Check-in & hors d'oeuvres at 10:30 a.m.

INDEPENDENT LIVING OPEN HOUSE

Westbrooke Clubhouse
18310 Slade School Road

THURSDAY, NOVEMBER 1
10 A.M.–1 P.M.

Discover the casual elegance and comfort of our independent living cottages and meet current residents. Explore Westbrooke Clubhouse, its restaurant and fitness center. Enjoy our 220-acre campus of lush pastures and hardwood forest.

FREE. RSVP by October 30.

PARKINSON'S COMMUNICATIONS CLUB

TUESDAYS • 12:30–1:30 P.M.

This weekly wellness and prevention program for individuals with Parkinson's disease and their care partners focuses on the maintenance of communication skills, with an emphasis on strengthening breath support and improving the ability to project and speak loudly enough to be heard in social settings.

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THOUGHTS & OPINIONS: *From Our Residents*

A Few Things to Remember

Relevance: Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

Brevity: Being concise will ensure that your opinion will have maximum impact.

Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.

Ownership: All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.

NEW ADMINISTRATION BUILDING

On Sept. 7, I asked our administration to give us the facts about structural flaws in the Administration



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Building and the cost of repairs before spending \$6 million (\$5.2 million in a 2012 report) for a new one.

I'm pleased to say that I got a prompt response from the Leisure World Community Corporation executive secretary/treasurer Henry Jordan, who sent me a copy of a letter sent to residents earlier this year (although I don't remember getting it).

The letter listed a number of possible code violations, including asbestos and mold issues, safety/fire code requirements, and upgrade of electrical, mechanical and plumbing systems. It also stated that "foundation leaks have been discovered and water has penetrated into the underfloor ducting" and that "in 2017 and 2018 the mold situation has become more

evident."

No other flaws were cited. There was no reliable estimate for the cost of repair, but the letter said that "nearly \$100,000 had to be spent in required...repairs during the recent upgrading/rehabilitation of Clubhouse I...Because Clubhouse I was built at about the same time as the Administration Building, it's reasonable to believe that similar structural problems exist."

Are they really going to spend \$6 million for a new building when repairing the existing one would cost \$100,000, according to their own estimate? Even if the cost of repairs is double or triple that, it still seems foolish.

Of course there are other concerns, such as space and access, but if more space is needed, why not use the space occupied by a real estate firm (which, in my opinion, shouldn't be there in the first place) or by Montgomery Mutual (which could supply its own space as other mutuals do)? The loss of rental income would be a pittance compared to \$6 million. As to access and parking, it has been satisfactory for 50 years, but, if needed, it could surely be improved without tearing down the whole building.

I wonder if part of the reason is the large amount of money in our Resales Fund, which collects two percent of every home sale at Leisure World. As I once said, if you give them the money, they will spend it. Maybe this resale tax should be eliminated, or at least reduced to one percent as it once was, before they spend more. But that's

another issue.

I think we should be very concerned about this \$6 million project. It's our money.

– Rodney Brooks

SILENT MAJORITY SPEAKS UP

When I finished reading the article titled "Board Responds to Lawsuit Challenging Its Authority" in the Sept. 7 edition of the Leisure World News, my first thought was, "Ah-ha, a last ditch effort by a group that's been trying hard to stop the construction of the new Administration Building." This group is probably hoping all future business will stop temporarily because of a pending lawsuit – business that would include embarking on new contracts for building.

I've observed the tactics of this group for some time now. They pretend to righteously speak for us all. This is an arrogant and presumptive stance. It's time for the majority of owners in Leisure World to speak up against a group whose only reason for existing, it seems, is to harass management, attempt to thwart Leisure World Community Corporation board decisions, and now, with this lawsuit, impact all residents by having us fund a defense.

Hopefully the wise men and women of the court and at the Commission on Common Ownership Communities (CCOC) will see right through this group's specious arguments and destructive nature.


– Peggy Salazar

SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, login to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

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EVENTS & *Entertainment*

Ballroom Dance Club

Sept. 22: Dance to The Retro Rockets

by Joyce Hendrix

Dec. 31, New Year's Eve.

On Saturday, Sept. 22, The Retro Rockets, a favorite of the Club's baby boomers, play for members and guests' dancing pleasure from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

For more information and to make reservations for the monthly dances, contact Connie Roby, reservations secretary, at (240-393-9808) prior to each dance. Suggested attire for the September through May dances is always coats and ties for the gentlemen and dressy outfits for the ladies.

Upcoming Dances

On Saturday, Oct. 27, the Club holds a Halloween Dance, costumes optional, with music provided by The Helmut Licht Trio, another of the Club's favorite musical groups. A dinner dance sponsored by Perrie, LLC is held on Monday,

Past Dance

Ninety-nine dancers enjoyed the music of Mike Surratt and the Eclectic Coalition

Band on Aug. 25, the best attended dance of the year to date. Participants included several new residents and invited guests.

Club Information

Residents who have not attended

one of the Club's monthly dances are encouraged to do so. The dances are usually held on the fourth Saturday of each month from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom, January through November, and feature live music.

All types of ballroom dance music, including waltz, foxtrot, samba, rumba, tango, cha cha, polka, merengue, hustle and more are played in strict ballroom tempo.

Put on your dancing shoes and come dance with us!



Education and Recreation Department Foundation of Leisure World

Sept. 29: Randy Riggle – Nostalgia Show

Long before computers, answering machines and cell phones, there were drive-ins instead of drive-thrus. Coke wasn't "Classic"; it came from a soda fountain or its green, glass bottle. And the only survivor series on TV was Gilligan and his crew.

Times have changed, but have we? Do you still remember the first record you owned? How about sitting around the radio instead of the television? And every night was a classic car cruise! Was it really that long ago?

On Saturday, Sept. 29, at 7 p.m. in the Clubhouse II auditorium, stand-up comedian Randy Riggle will lead you down memory lane, through the '40s, '50s, and '60s. You'll be taken back to that fateful day at Pearl Harbor until the first steps are taken on the lunar surface. The trip will be filled with reminiscences, songs and laughs.

Cosponsored by the Foundation of Leisure World and the E&R department, tickets for this show are \$15 per person and on sale in both clubhouse E&R offices. Please bring your

Leisure World ID.

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at (foundation@lwmc.com).



Randy Riggle, courtesy photo

Performer Biography

Riggle began his career as a stand-up comedian at an open mike night at the

Pittsburgh Comedy Club in 1982 and now tours his show nationally. His combination

of innovative style, quick wit and brilliant impressions has made Riggle popular with all audiences.

Besides writing for his own show, he has written for other comedians including

Jay Leno and Joan Rivers, and has opened for such acts as Dennis Miller, Rhonda Shear, Jerry Seinfeld, Ellen DeGeneres and Gallagher. He has appeared nationally on NBC, ABC and CBS and is a regular performer at several of the famous Improv Comedy Clubs and the Las Vegas Strip.



Education and Recreation Department

Sept. 28: Columnist and Best-Selling Author Steve Roberts Rescheduled

The E&R Department has rescheduled the appearance of Steven V. "Steve" Roberts. He will return to Leisure World on Friday, Sept. 28, in the Clubhouse II auditorium at 10 a.m.

Originally scheduled to speak on Friday, Sept. 14, the event was cancelled due to inclement weather.

A popular speaker here, he is known for his astute analysis of the issues and trends that emerge during political campaigns and for his predictions of the possible election outcomes.

Ticket holders are asked to retain their tickets and present them on Sept. 28. Ticket holders who cannot attend Roberts' appearance are asked to return their ticket(s) to either clubhouse E&R office.

GOOD TO KNOW:

Sign-ups for newly advertised E&R events and classes are taken beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign-ups begin at 8:30 a.m. in either Clubhouse I or II, as noted in the event or class description. Please remember to bring your Leisure World ID.

Sept. 29: It's Time for the Fall 2018 Flea Market

Join your friends and fellow residents on Saturday, Sept. 29, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom and Maryland Room for the semi-annual Leisure World Flea Market.

Sign up for market space is filled. A reminder to vendors who signed up to sell: merchandise may not be placed on chairs, next to or in front of tables and racks. Space is limited. Placing items around the rented space impedes traffic and is a major safety concern and therefore is not permitted.

Beginning Saturday, Sept. 29, at 7:30 a.m., numbers are given out to flea market vendors who want help with bringing merchandise into the clubhouse.

Market vendors may begin bringing in their merchandise at 8 a.m. The market opens to

the general public at 9:30 a.m.

Keep in mind that clothing offered for sale at the market must be clean and in good condition.

Vendors are reminded that they must remove all unsold merchandise and debris (boxes, hangers, wrapping materials, etc.) when they leave.

Individuals and organizations are responsible for the collection and payment of sales tax.

You may obtain this sales tax license from the Maryland State Department of Assessments and Taxation at (taxes.marylandtaxes.gov/Business_Taxes/Business_Tax_Types/Sales_and_Use_Tax/).

Remember, the items you are willing to part with may be your neighbor's sought-after treasures.

Join us for a fun-filled day!

Coming in 2018

The E&R Department is pleased to provide the following programs.

Sept. 29, 9:30 a.m.	Flea Market
Sept. 29, 7 p.m.	Randy Riggle – Nostalgia Show
Oct. 5, 8 a.m.	Fall Community Walk
Oct. 6, 4:30 p.m.	Patsy Cline Tribute Show
Oct. 6, 7 p.m.	Patsy Cline Tribute Show
Oct. 17, 2 p.m.	Ziva's Spanish Dance Ensemble
Oct. 31, 7:30 p.m.	Halloween Dance Party with Night Life Band
Nov. 3, 4:30 p.m.	Starvation Army Band

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

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*APY = Annual Percentage Yield. The Leisure World Anniversary Certificates are available only as 2-year (24 month), 3-year (36 month), or 5-year (60 month) certificates with no bump-up option. APYs are 2.85% for a 2-year, 2.95% for a 3-year, and 3.25% for a 5-year certificate. Minimum opening deposit is \$500. The minimum balance to earn the stated APY and to maintain the certificate is \$500. Certificate holder may make additional deposits in increments of \$1,000 or more throughout the term of the certificate. The first withdrawal up to 50% of the principal balance will be penalty-free. If the first withdrawal exceeds 50% of the principal, the balance above 50% will be subject to an early withdrawal penalty of 182 days' dividends. Additional withdrawals will result in a penalty of 182 days' dividends. This promotion starts on August 28, 2018 and ends on October 15, 2018; certificates opened before August 28, 2018 or after October 15, 2018 will not be eligible for the promotion. Certificate rates remain fixed for the term of the certificate. Fees or other conditions could reduce the earnings on the account. Please see the Truth in Savings Disclosure for more information. If you have any questions or need current rate information on your accounts, please call 301-933-9100 ext. 298. Available only to Leisure World residents and employees who are Signal Financial Federal Credit Union members in good standing. Promotional rates and terms are subject to change or end at any time without notice. FEDERALLY INSURED BY NCUA.

Education and Recreation Department

Oct. 5: Community Fall Walk

Walking is good for you! Friday, Oct. 5, is the date of the semi-annual Community Fall Walk in Leisure World.

Co-sponsored by the E&R Department and the Leisure World office of Weichert Realtors, walkers will assemble in Clubhouse I's Crystal Ballroom at 8 a.m. for a pre-walk stretch and warm-up led by Jate, a personal trainer at the Fitness Center and star of the "Daily Stretches Before and After Exercising" handout available to residents. The group then departs to walk the 3.2-mile perimeter road of Leisure World.

A water station will be available at the halfway mark and the Amateur Radio Club will accompany walkers to assist if needed. The E&R Department

will provide healthy refreshments (and a few treats) in Clubhouse I after the walk.

Weichert Realtors is raising money for the American Cancer Society. Proceeds from the walk will be donated to the Society.

Gather a group of friends or come meet some new ones while benefiting the American Cancer Society. Join your friends and neighbors for this healthy social event.

To register, stop by the Clubhouse I E&R office; the \$10 fee includes a \$9 donation to the American Cancer Society and \$1 for event expenses. Registrants have the option of paying just \$1 for expenses. Payment may be made in cash or by check; or credit card (MC, Visa or Discover) if \$10 or more.

Education and Recreation Department Foundation of Leisure World

Oct. 6: Experience 'Memories of Patsy'



Courtney Shayne Karl performs as the legendary country singer Patsy Cline. Courtesy photo

Courtney Shayne Karl brings legendary Patsy Cline back to life in her show "Memories of Patsy." This tribute concert on Saturday, Oct. 6, in the Clubhouse II auditorium takes you on a trip back in time to the days when Cline performed on stages across America. Performances are at 4:30 and 7 p.m.

Cline's songs have become part of the fabric of American music. Expect to hear classic songs like "Crazy," "Walkin' After Midnight," "I Fall to Pieces," "She's Got You," "San Antonio Rose," "Blue Moon of Kentucky," "Sweet Dreams" and many more.

While Karl has been performing in theatre for over 18 years, it was only after she

graduated from Penn State University that she decided to focus on Cline's personal story and her songs.

Co-sponsored by the Foundation of Leisure World and the E&R Department, tickets are \$15 per person and sale in both clubhouse E&R offices. Please bring your Leisure World ID.

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes.

Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at (foundation@lwmc.com).



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Oct. 10: Fire and Life Safety Forum

by Emily Geller

Residential fires can be fast-moving disasters resulting in terrible loss of property and, all too often, serious injuries. A kitchen fire may flare up and burn someone who is cooking, or a resident may be delayed in escaping because of trying to find a pet or grab a cherished object.

Firefighters are committed to getting people out first, if at all possible, before trying to extinguish the fire. Once rescued, survivors may require immediate medical attention to treat burns, smoke inhalation or exacerbation of existing medical conditions, among others.

On Wednesday, Oct. 10, Montgomery County Fire and Rescue Service, along with a

guest speaker, present the Fire and Life Safety Forum at 10 a.m. in the Clubhouse I Crystal Ballroom. The program will stress fire prevention and the critical life-saving attention, both immediate and long-term, needed by survivors.

Speakers include Scott Goldstein, chief of the Montgomery County Fire and Rescue Service (MCFRS); James Resnick, senior outreach coordinator for MCFRS; Dorcus "Dee" Howard Richards, executive officer to the chief of MCFRS and registered nurse Katie Hollowed, outreach education coordinator for the Burn Center at MedStar Washington Hospital Center.

After the speakers' presentations, the audience will separate into two breakout groups and MCFRS personnel will demonstrate high-performance CPR with the LUCAS



Clockwise, from top left: Scott Goldstein, James Resnick, Katie Hollowed and Dorcas "Dee" Howard Richards, courtesy photos

device and automatic external defibrillator CPR. The demonstrators will rotate between the breakout groups, allowing all attendees to view both demonstrations closely.

Although the Fire and Life Safety Program is free and open to all residents and their

guests, registration is required beginning on Tuesday, Sept. 25, at 8:30 a.m. by either calling (301-598-1300) or dropping by the Clubhouse I E&R office.

Residents may bring an outside guest as long as the main gate is notified by calling (301-598-1044) in advance.

Fireside Forum

Oct. 7: Ernest Liotti and the Art Deco Movement

by Jonas Weiss

On Sunday, Oct. 7, Ernest Liotti returns to present a talk on the American art deco movement at 2:30 p.m. in the Clubhouse II auditorium.

The 1925 art deco exhibit in Paris influenced the American art deco movement, but many outstanding American designers created their own vision of the modern style.

An avid collector of American industrial design of the 1930s, Liotti's collection was described in the New York Times in 2007. His art deco-style home was featured in an eight-page article in a 2010 issue of "The Magazine Antiques."

Liotti is a music historian

on the faculty of the Peabody Institute of Johns Hopkins University in Baltimore, Maryland. He has lectured extensively throughout the

Baltimore-Washington, D.C., area on a wide range of topics, including classical music, opera, musicians and film.

He is a popular and sought-after speaker who has traveled across the U.S. and Europe to address audiences on Bernstein's music for theatre, the operas of Giancarlo Menotti and the career of Arturo Toscanini, at and for Brandeis University and Friends of Tanglewood

in Boston, Massachusetts, and Spoleto Festival USA in Charleston, South Carolina.

Suzanne Offit is the host for this speaker.



Ernest Liotti, courtesy photo



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Oct. 17: Ziva's Spanish Dance Ensemble

Ziva's Spanish Dance Ensemble brings the world of Spanish dance to Leisure World on Wednesday, Oct. 17, at 2 p.m. in the Clubhouse II auditorium.

This program, sponsored by the E&R Department, is free, but tickets, limit two per household, are required and available in both clubhouse E&R offices. Please bring your Leisure World ID.

Established in 1995, Ziva's Spanish Dance Ensemble performs captivating Spanish dances that range from the fiery and seductive flamenco of Andalusia to the spirited jota, folk dances of Aragon. The ensemble performance also blends traditional Spanish with modern dance, resulting in unique choreography.

Under the direction of Ziva Cohen, founder and artistic director, the Ensemble has evolved from a handful of flamenco dancers to a group of premier dancers who have diverse and international backgrounds in dance. Members

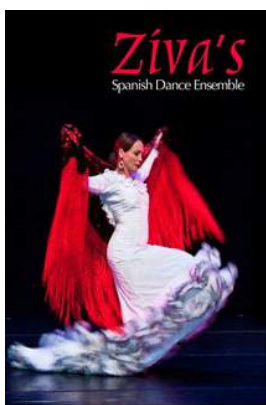
wear traditional costumes to help illustrate the geography of Spain; and through dance and music, along with background images and maps, the group imparts some Spanish history and culture.

The Ensemble has appeared in a variety of venues in the Washington, D.C., area including the Kennedy Center's Millennium Stage, the

Corcoran Gallery of Art, Lisner Auditorium and others.

Cohen is an accomplished flamenco dancer, teacher and choreographer of Spanish dance. An active member of the Washington, D.C., area performing arts community, Cohen was a recipient of the Metro D.C. Dance

Award for "Outstanding Production in Multicultural/World Dance." Additionally, she choreographed work for Yo Yo Ma's "Silk Road Project," which was sponsored by the Washington Performing Arts Society. She also has choreographed dances for the Washington Ballet.



Ziva's Spanish Dance Ensemble, courtesy photo

Oct. 31: Halloween Party and Dance

Join the fun at a Halloween celebration on Wednesday, Oct. 31, in the Clubhouse I Crystal Ballroom.

Co-sponsored by the E&R department and the Foundation of Leisure World, the evening features light refreshments and a cash bar as well as entertainment by the NightLife Band. Attendees are encouraged to wear their finest Halloween costumes and participate in a contest that awards those with the best outfits.

Doors open at 6:30 p.m., and NightLife plays some of your favorite music from 7:30-10 p.m. Tickets are \$25 per person and go on sale in both clubhouse E&R offices at 8:30 a.m. on Tuesday, Sept. 25. Please bring your Leisure World ID.

NightLife is a high-energy band that will keep you on the dance floor. The band's repertoire spans from the pop tunes of the '40s to some of today's more contemporary hits, so you are sure to hear some of your favorites.

The band features two female and one male vocalist, backed by keyboards, drums, congas, electric guitar and saxophone.

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at (foundation@lwmc.com).



Registering Your Car

All Leisure World residents must register their vehicles with the Security office. Car registration days and hours of operation are:

- Monday, 1:30-3:30 p.m.
- Wednesday, 9:30-11:30 a.m.
- Friday, 1:30-3:30 p.m.

Documents needed to register your car include your Leisure World ID card, current

driver's license and vehicle registration (car must be registered to the resident).

The Security office is located in the Administration Building. For questions or if you can't come in person, call the Security office at (301-598-1355).

— *Leisure World News*

Reminder: No Dumping

The dumpsters located near Clubhouse I and II are designated for clubhouse trash disposal; they are not for individuals' trash or other discarded or unwanted items, such as furniture or household items.



NightLife Band, courtesy photo

Foundation of Leisure World

Nov. 1: 'The Art Show'

by Michael Greenberg

The Foundation of Leisure World sponsors a celebration of the art and artists of Leisure World on Thursday, Nov. 1, from 1-3 p.m. in the Clubhouse I Crystal Ballroom.

"The Art Show" showcases art created by residents and/or their spouses. Some works will be offered for sale, and admission to the show is free.

Artist Registration

"The Art Show" is an opportunity for Leisure World's artists to show their talent to neighbors and friends.

Artwork may include ceramics, knitting, lapidary,

needlepoint, paintings and drawings, photographs, quilting, sculpture and woodwork. The work can have been created recently or years ago.

Artists do not have to be a member of an arts-related Leisure World club or organization to exhibit their work.

There is no charge to the artist to participate in the art show, however, he or she

must pre-register, and space is limited. Registration forms and instructions are available at both clubhouse E&R offices. Fill out and return the form to either clubhouse E&R office by Thursday, Oct. 18. Registration is accepted on a first-come basis.



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Education and Recreation Department

Thursday Afternoon at the Movies

Oct. 18: 'Phantom Thread'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the Clubhouse II auditorium.

On Oct. 18, the presentation is "Phantom Thread" (2017, 2 hours 10 minutes, drama/romance, rated R for language).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, Sept. 25, at 8:30 a.m. Please bring your Leisure World ID.

Reynolds Woodstock, played by Daniel Day Lewis,

is a famous dress designer in London that has everything he has ever wanted except

love. His life is soon disrupted when he meets a young woman named Alma who becomes his inspiration and lover.

The film stars Daniel Day Lewis (Reynolds Woodstock), Vicky Krieps (Alma) and Lesley Manville (Cyril).

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend.

Please note: No one will be seated after 1 p.m.



Education and Recreation Department

Nov. 3: The Starvation Army Band



The Starvation Army Band, courtesy photo

The Education and Recreation Department is pleased to welcome The Starvation Army Band back to Leisure World for a performance on Saturday, Nov. 3, at 4:30 p.m. in the Clubhouse II auditorium.

Tickets are \$7 per person and go on sale in both clubhouse E&R offices on Tuesday, Sept. 25, at 8:30 a.m. Please bring your Leisure World ID.

The Starvation Army Band plays an eclectic mix of Dixieland and swing music, as well as some klezmer and novelty tunes, that the band is sure you will enjoy.

Founded in 1989 as an offshoot of the Columbia Concert Band, the band specializes in Dixieland jazz.

Founder Jim Fozard thought that the quirky moniker would elicit amusement and, perhaps, some sympathy from an audience that might not quite know what to expect from the band.

Since then, the band has broadened its repertoire to include klezmer and swing, as well as Dixieland. The band performs throughout the Baltimore-Washington, D.C., area, including regular appearances at the Columbia Lakefront concerts, Columbia Festival of the Arts, Vantage House, the Longfellow July 4 parade and the Hebrew Home of Greater Washington.

All members pursue day jobs along with performing the music they love.

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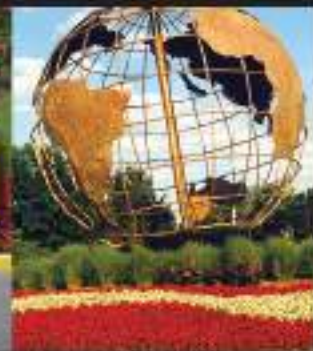
2018 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Sept. 30, 2 p.m.	Churchill	SOLD OUT
Oct. 18, 1 p.m.	Phantom Thread	Sept. 25
Oct. 28, 2 p.m.	The Post	Oct. 9
Nov. 15, 1 p.m.	Dunkirk	Oct. 23
Nov. 25, 2 p.m.	Darkest Hour	Nov. 6
Dec. 20, 2 p.m.	Wonder	Nov. 20
Dec. 30, 2 p.m.	I Can Only Imagine	Dec. 11

Movies are subject to change.



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"K" Model - The Greens - \$249,000
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"P" Model - Fairways - \$325,000
3BR, 2.5 BA, 1530 sq. ft. Freshly painted, garage space, golf course view.



"K" Model - The Greens - \$249,000
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"Raleigh" Model - \$84,000
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"M" Model - Fairways - \$269,900
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DAY TRIPS

Thunderbird Airshow, Baltimore, MD

Sat., 10/6, 11:00 am-5:45 pm\$122.00 per person
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9/11 Memorial & Museum, NY +

Sat., 10/13, 7:00 am-11:45 pm\$120.00 per person
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Philadelphia Museum of Art and Rodin, PA

Sat., 11/3, 7:15 am-6:45 pm\$110.00 per person
The third largest museum in the country's Rodin exhibit is an absolute must-see. Trip includes transportation, admission to museum and a boxed lunch.

"Anything Goes," Arena Stage, DC

Sat., 11/10, 11:30 am-6:15 pm\$169.00 per person
Welcome to the S.S. American, where anything can happen and it unusually does! Trip includes transportation, buffet lunch and admission to show.

Radio City Rockettes, New York City

11/17, 11/30 or 12/14, 7:15 am-11:45 pm ...\$189.00 per person
Take in this holiday tradition Radio City Christmas Spectacular! Trip includes transportation and admission to show.

"The First Noel," American Music Theatre, PA

Sat., 11/24, 8:30 am-8:30 pm\$125.00 per person
Get into the holiday spirit! Trip includes transportation, admission to show and buffet lunch at Shady Maple Smorgasbord.

Holiday Times at Longwood Gardens, PA

Fri., 11/30, 12:15 pm-10:30 pm\$79.00 per person
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"New" Holiday Market, DC

Sat., 12/1, 10:40 am-6:35 pm\$30.00 per person
Explore the 14th Annual Holiday Market in DC. Pick up unique gifts, explore the vendors or indulge in food. Transportation only.

Dining, Guiding and Lighting, DC

Wed., 12/5, 4:30 pm-10:30 pm\$109.00 per person
Dinner at Mrs. K's Tollhouse Restaurant, then a tour of the DC monuments by moonlight. Weather permitting, stop at the National Christmas Tree. Trip includes motorcoach transportation, dinner and step-on guide.

"Rockabilly Christmas," Riverside Center, VA

Fri., 12/7, 9:45 am-6:30 pm\$117.00 per person
Todd Meredith and his band The Rave-Ons celebrate the holiday season with performances of Buddy Holly's greatest hits along with classic Christmas songs like "Rockin' Around the Christmas Tree," "Jingle Bell Rock" and "Run, Run, Rudolph." Before the show enjoy a delicious 3-course luncheon.

"The Story of Jesus," Sight & Sound Theatre, PA

Fri., 12/14, 9:45 am-9:15 pm\$159.00 per person
"The Story of Jesus" is the musical stage adventure about the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

Capitol Steps Political Satire Show, DC

Fri., 1/25, 5:30 pm-10:50 pm\$75.00 per person
Laugh away your winter blues with this Political Satire! Transportation and admission to the show included.

Congo Mask Exhibit, Virginia Museum of Art, VA

Mon., 2/4, 7:45 am-7:15 pm\$107.00 per person
The exhibition has original field photographs and footage, audio recordings and a selection of related musical instruments. Self-guided tour. Lunch included in the Marble Hall. Trip includes transportation, admission and lunch.

Museum of the Bible, Washington, D.C.

Mon., 2/11, 9:05 am-3:00 pm\$60.00 per person
Experience the Book that continues to shape history. Transportation only.

MGM Grand National Harbor, MD

Mon., 2/18, 9:05 am-3:00 pm\$35.00 per person
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La Cage Aux Folles, Riverside Center, VA

Wed., 2/27, 9:45 am-6:45 pm\$117.00 per person
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Superpops at the Myerhoff, Baltimore

Sun., 3/3, 1:30 pm-6:15 pm\$69.00 per person
Featuring Christina Bianca: Woman of a Thousand Voices. Transportation and admission included.

Philadelphia Flower Show, PA

3/7 or 3/8, 7:45 am-7:45 pm\$86.00 per person
The theme this year is "FLOWER POWER." Transportation and admission to the show included.

Spotlight On...

"Sister Act," Dutch Apple Theatre, PA

Wed., 10/10, 9:00 am-6:00 pm
\$112.00 per person

"Sister Act" tells the story of Deloris Van Cartier, a wannabe diva who witnesses a murder. The cops hide her in the last place anyone would think to look. Lunch included

MULTI-DAY TRIPS

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Oct. 9-12

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Oct. 17-19

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Nov. 26-29

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(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

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Sept. 25: Flu Clinics

by Leisure World News

Flu clinics, provided by the MedStar Visiting Nurse Association, are held from 9 a.m.-1 p.m. in the Clubhouse I Crystal Ballroom on the following days: Tuesday, Sept. 25, Thursday, Oct. 4 and 11, and Wednesday Oct. 17 and 31.

Regular and high-dose flu vaccines are available at no cost to residents with traditional Medicare Part B as their primary insurance. Bring your Medicare card, insurance card and photo ID.

Residents without Medicare also can receive a vaccine; the cost is \$30 for a regular dose

vaccine and \$65 for a high-dose vaccine.

If interested in volunteering at one of the flu clinics, please contact MedStar Visiting Nurse Association at (240-965-2972).

Flu vaccines are also available by appointment only Monday through Friday from 9 a.m.-5 p.m. at the pharmacy at MedStar Health medical center located at 3305 North Leisure World Boulevard. The pharmacy accepts Medicare and private insurance plans.

To check your insurance coverage or to make an appointment, call (301-598-1005).

Health Advisory Committee

Sept. 27: Talk on Macular Degeneration

by Sandra McLeskey

Don't forget to sign up for the talk on age-related macular degeneration (AMD) given by Dr. Raza Shah on Thursday, Sept. 27, at 1:30 p.m. in Clubhouse I. AMD is a relatively common retinal problem that can progress to substantial vision loss and affects many

people as they age.

Shah is an ophthalmologist with a special interest in retinal problems, including macular degeneration. He will talk about the risk factors and current treatment for AMD, a topic that may be of interest to many residents.



Dr. Raza M. Shah.
Photo courtesy of
The American Society
of Retina Specialists

The presentation is free, but tickets are required and can be obtained in the Clubhouse I E&R office.

Health Advisory Committee

Sept. 26: Presentation on Mindful Meditation

by Sandra McLeskey

Don't forget to sign up for Terrie Daniels' presentation on mindful meditation, to be given on Wednesday, Sept. 26, at 1 p.m. in Clubhouse I.

People who practice mindful meditation have reported alleviation of distressing emotional symptoms such as anxiety, worry or obsessive thinking. It is believed that meditation helps alleviate these symptoms by

decreasing stress, which possibly could also have physical benefits.

Daniels is the Brooke Grove Retirement Village's senior fitness and wellness specialist.



Terrie Daniels, courtesy
photo

She is trained in mindful meditation and mindfulness-based stress reduction. She will speak about scientific evidence for the benefits of mindful meditation as well as explain the techniques.

Free tickets are required for the presentation and can be obtained at the Clubhouse I E&R office.

Health Advisory Committee

Oct. 2: Learn the Warning Signs of Sepsis

by Sandra McLeskey

Don't forget to sign up for the talk on sepsis to be given by nurse practitioner Allison Karpa on Tuesday, Oct. 2, at 1:30 p.m. in Clubhouse I.

Sepsis is a national public health problem that, according to the Centers for Disease Control and Prevention, leads to the death of one in three people who die in hospitals.

It can start as a small infection anywhere in the body, but when the bacteria enter the bloodstream, sepsis can develop. Because sepsis can lead to multiple organ failure and death, early treatment is crucial.

Karpa chairs the sepsis committee at MedStar Montgomery Medical Center in Olney, Maryland. She will talk about the risk factors, warning signs and treatment of sepsis.

Her presentation is free, but tickets are required and can be obtained in the Clubhouse I E&R office.

Center for Lifelong Learning (CLL)

Oct. 9: Program Considers Cost of Care

The Cost of Care" program, sponsored by the Center for Lifelong Learning and scheduled for Tuesday, Oct. 9, is at 2 p.m., not 10 a.m. as was reported in the Sept. 7 edition of Leisure World News.

The program is free, but residents should register to attend by either stopping by the Clubhouse I E&R office or calling (301-598-1300).



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Oct. 16: 'What Is Meditation? Is it For Me?'

by Fred Shapiro

On Tuesday, Oct. 16, the Center for Lifelong Learning presents meditation practitioner Barbara Fugate, who will expound on the topic, "What Is Meditation? Is It For Me?"

at 2 p.m. in Clubhouse I.

Meditation is the act of engaging in mental exercises, such as concentrating on one's breathing or repeating a mantra, for the purpose of reaching a heightened spiritual awareness, according to Merriam-Webster.

The program is free, however residents are requested to register for it beginning on Tuesday, Sept. 25, at 8:30 a.m. by calling (301-598-1300) or stopping by the Clubhouse I E&R office to assure adequate seating.

Presenter Background

In 2009, Fugate began a series of in-depth courses of meditation, the practice that is at the core of the yoga tradition, with Paul Muller-Ortega, founder of Blue Throat Yoga.

Over the next seven years of practice and study, including nearly two dozen meditation retreats, she saw the benefits of meditation increasing in her own life as she experienced greater

equanimity, increased creativity and more flexibility in dealing with life's challenges.

In 2016, she became an authorized teacher of Neelakantha Meditation as taught in Blue Throat Yoga.

Fugate has been practicing and studying yoga in its many aspects for nearly 40 years. She began taking classes in hatha yoga (physical postures) at an ashram in New Delhi during a two-month stay in India in 1979. Returning to California

to enter law school, she created balance in her life by seeking out yoga classes in Berkeley, California, well before yoga became widespread in the U.S.

During more than 25 years of practicing law in San Francisco, California, and Washington, D.C., Fugate continued to study and practice yoga, becoming an authorized teacher of hatha yoga in 2007 and discovering the richness and depth it provides beyond the physical postures. Over the years she has studied with outstanding teachers in both the U.S. and Canada.

Fugate is enthusiastic about sharing with others the potential steps and approaches to meditation they can take to transform their own lives.



Barbara Fugate, courtesy photo

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Oct. 16: Memory Expert Returns to Leisure World

by Sandra W. McLeskey

Dr. Scott Turner, director of the Memory Disorders Program at Georgetown University Medical Center, returns to Leisure World

to talk about memory loss on Tuesday, Oct. 16, at 2 p.m. in the Clubhouse II auditorium. The Mental Health Subcommittee of the Health Advisory Committee sponsors his talk.

Turner will discuss a wide range of topics pertaining to memory loss, including the difference between normal absent-mindedness and pathological memory problems, genetic influences on memory loss, how a diagnosis of memory loss is made and how it may progress, current and future medications to treat memory loss, future research directions, and techniques for improving

memory. He holds a brief question and answer session at the end of the talk.

Tickets are free and can be obtained beginning on Tuesday, Sept. 25, at 8:30 a.m. in the Clubhouse I E&R office.



Dr. Scott Turner. Photo courtesy of Georgetown University

Presenter Background

Turner holds both a medical degree and doctorate in pharmacology, and is board-certified in neurology and psychiatry. He has been involved in research on cognitive disorders, including

Alzheimer's disease, for many years, and has conducted many clinical studies of dementias and possible treatments.

The mission of the Memory Disorders Program is to prevent and treat Alzheimer's disease and related dementias by conducting innovative research, educating and training healthcare professionals and the public on research advances and offering state-of-the-art clinical care.

Oct. 24: Attend Program to 'Right Size Your Life'

by Fred Shapiro

As people age, they sometimes develop a tendency to collect things or keep them when they are no longer in use. Do you ever feel overwhelmed by your possessions and don't know where to turn?

The Center for Lifelong Learning (CLL) aims to provide the answers with "Right Size Your Life," a program designed by Lori James and Theresa Taylor, two businesswomen who help home-

owners across the Washington, D.C., area de-clutter their homes. They address this issue with Leisure World residents on Wednesday, Oct. 24, at 2 p.m. in Clubhouse I.

The program is free, however, residents are requested to register for it to ensure adequate seating beginning Tuesday, Sept. 25, at 8:30 a.m. by either calling (301-598-1300) or stopping by the Clubhouse I E&R office.

More Information

James, CEO and owner of

Atlas Services, uses her decades of experience to provide insight on strategies to help de-clutter and reclaim your home and peace of mind.

She shares her expertise on proven techniques for maximizing the value of possessions and the steps needed to create a clutter-free home, including

techniques such as making charitable donations and sorting and recycling items in an environmentally conscious way.

Taylor, employed with Keller Williams Capital Properties, has been

a leading realtor in the Washington, D.C., area for almost a decade.

Recognized as a top agent by The Washingtonian magazine, she is an expert in advising senior homeowners' transition into a less stressful lifestyle. She has guided countless seniors from action plan to execution, simplifying homes and eliminating the stress of the process from beginning to end.

Attend the program to hear how to de-clutter and 'right size your life'!



Theresa Taylor, left, and Lori James, courtesy photo

Memory Café Program Helps Those with Early-Stage Memory Loss

by Nooshin Javan

Memory Café is a free social engagement program launched by the Alzheimer's Association and led by trained facilitator and resident Nooshin Javan on the last Thursday of each month from 2-3:30 p.m. in Clubhouse I.

Sponsored by the Health Advisory Committee, Memory Café helps people living in the early-stage of dementia, Alzheimer's or mild cognitive impairment to remain mentally and socially active post-diagnosis.

It is a fun, relaxed way for individuals in the early stages of memory loss to get out, get active and get connected with one another through community-based gatherings and available resources. Facilitated activities are based on the desires and wishes of the participants.

Registration with the Alzheimer's Association is required to participate in the Memory Café program. To register, call the Alzheimer's Association manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900), or visit (www.alz.org).

GOOD TO KNOW: YEAR-ROUND PRESCRIPTION TAKE-BACK

Since it was installed in April 2018, the MedStar Health medical center's prescription drug take-back bin has collected and safely disposed of nine boxes of unused and expired prescription and over-the-counter medications.

Residents can drop off these unwanted medications, including pet medications, inside the green collection bin located in the medical center's waiting room.

The following items are not accepted: Schedule I controlled substances or illegal drugs, thermometers, inhalers, aerosol cans, hydrogen peroxide, lotions, liquids and needles.

Any resident may drop off their prescription medications Monday through Friday, from 8:30 a.m.-5 p.m.; you do not need to be a MedStar Health patient.

— Leisure World News

Free Items Available in Clubhouse II Basement

by Beth Leanza

FISH accepts donations of assistive equipment, which it lends to residents and employees of Leisure World.

However, FISH also receives other donated items, such as incontinence aids, cushions, accessories for oxygen tanks and diabetic equipment, which are placed in the Clubhouse II basement and are free to anyone. Other giveaway items available include canes, elevated toilet seats, crutches and easy-reachers.

FISH Information

FISH's inventory includes wheelchairs (both large and small), walkers, commodes and shower chairs. New equipment is often lighter and has new features that make it more convenient. One of the better things about FISH is borrowers are free to try out something before spending money or committing.

FISH recommends a short loan period – one to three months. Residents who need to keep an

item for longer as asked to call FISH president Beth Leanza at (301-598-4569).

All FISH members are volunteers – most do not have medical training, so be sure to check with a doctor or therapist before using a piece of medical equipment.

Volunteers are in the FISH office Monday to Friday (except for major holidays) from 10 a.m.-4 p.m. The office phone number is (301-598-1345).

FISH is always looking for new members. If interested, contact Beth at (301-598-4569). FISH suggests completing a training/orientation session with a current volunteer.

Charitable Collections

Some organizations, such as the Kiwanis Club and Lions Club, have collection boxes in the FISH office. Kiwanis helps Ronald McDonald House by collecting can tabs. The Lions collect eyeglasses and hearing aids.

Residents or groups who want to start a collection, even for a short time, can contact FISH. Be

sure to include your contact information on the collection box.

Lost and Found

FISH also houses lost and found items. E&R staff members answer calls received before and

after hours and on weekends. Let the staff member know you are looking for Lost and Found. A staff person can check for an item or let residents into the office to have a look.



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Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. Hospice Caring Inc. sponsors group meetings. Registration and a phone conversation with Anne Baker, director of adult bereavement at Hospice Caring Inc., is required before attending. If interested, please call Anne at (301-990-0854).

Essential Tremor Group: Hello to all those with Essential Tremor. We have missed seeing you at our meetings. Where have you been? The Essential Tremor Group meets at 10:30 a.m. the first Thursday of the month in Clubhouse I. There have been some exciting, new developments in research, such as a new tablet that measure the tremors in your hands and possibly the voice, that have been discussed. Try to come to the next meeting on Oct. 4 at 10:30 a.m. to find out about more new research and to meet other people

with Essential Tremor. If you have any questions, please call Marlene Golden at (301-438-7773).

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Grief Support Group: Our Lady of Grace Catholic Church parish provides a grief support group with a Christian focus for those who have experienced losses in their lives. The grief support groups are held on Thursdays, Oct. 4-Nov. 29, from 10-11:30 a.m. (except for Nov. 22, Thanksgiving Day), at the church, located at 15663 Norbeck Blvd., Silver Spring (Norbeck Road entrance). You need not be Catholic to attend. Call the parish office at (301-924-0067) to register.

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

CLUBS, GROUPS & Organizations

LW Green

Sept. 26: Learn About the Relationship Between Trees and Water Quality

by Marybeth Ardi

On Wednesday, Sept. 26, Aubin Maynard, environmental planner for the Metropolitan Council of Governments, speaks on the importance of trees for maintaining good water quality in streams and river tributaries. The meeting is at 2:30 p.m. in Clubhouse I.

All of the streams coursing through Leisure World property flow into Bel Pre Creek, which in turn goes into the Northwest Branch and then into the Anacostia River.

What can residents do to help insure that Leisure World's stream water quality does not negatively affect life further downstream? Come to the LW Green meeting on Sept. 26 to find out!

'Trees in Trouble'

On Aug. 29, LW Green sponsored the showing of a film entitled, "Trees in Trouble." The film focused on one community in Cincinnati, Ohio, that is struggling to preserve its highly acclaimed and admired reputation as a city of trees.

Urban and suburban forests are being threatened by many dangers, including climate change. The film explained that invasive pests, such as the emerald ash borer, are another major threat.

This particular pest is rapidly spreading in the Mid-Atlantic States as well. It has infected many of the ash trees in Leisure World, approximately 95-100 percent according to the grounds and maintenance department.

Many of these may be removed unless they are judged suitable for an injectable insecticide, which, if done quickly enough after initial infestation, is the best chance to save some of the ash trees. A certified arborist or licensed tree expert can make

the diagnosis and direct the treatment.

Following the film, the more than 40 attendees entered into a wide-ranging discussion about trees in Leisure World. Several participants expressed distress over the large numbers of mature trees that have been cut down in recent years.

Some questioned whether there is a current census of trees within Leisure World (both Trust property and that of all mutuals). The grounds and main-

tenance department conducted a census for Trust property trees in 2018.

Another question was whether Leisure World has a certified arborist on site examining the trees on a cyclical basis to determine their health and treat any problems before they might worsen. Currently, Leisure World has a licensed tree expert. Leisure World's landscaping contractor McFall & Berry Inc. has a certified arborist that is on call and available to Leisure World.

Film Follow-up

As a direct follow up to this film, LW Green invited Laura Miller, arborist with Montgomery County Department of Environmental Protection, to speak on Sept. 12.

She discussed county programs that deal with the dangers trees are encountering and what residents can do to increase and preserve the presence of shade trees in the community.

She also explained "Tree Montgomery," an innovative program offered by Montgomery County Department of Environmental Protection that can help residents of multi-family dwellings, (such as mutuals), to plant more canopy trees on their property.

For more information, visit (www.montgomerycountymd.gov/green/trees/tree-montgomery.html).



LW Apple Club

Can't Read Your iPhone? Help Is Here

by Ron Masi

Residents with limited vision may not be able to read this article, but the following information about magnifying iOS devices (iPad and iPhone) screens, when followed and practiced, can make it possible to use their devices again.

Zoom Controller

To set up an iOS device, turn on zoom controller in Settings > General > Accessibility > tap "Zoom", > then tap to turn on (green) the following: Zoom, Follow Focus, Smart Typing and Show Controller.

Return to any screen and look for Zoom Controller on the screen (a circle with a ball in the center surrounded by four solid triangles). To move it around, lightly drag it. Now the user can:

- Zoom in and out – Tap the circle and a menu in black background appears with the following major options.
- Zoom in/out. Selecting "Zoom In" turns the magnifying window on and selecting "Zoom Out" turns it off. This magnifying window will now be visible



on all the device's screens (mail, website, iBooks, etc.). Use the slide bar at the bottom to adjust magnification. To move the magnifying window around the screen, drag it by the small, white, oblong anchor at its bottom center.

- Choose Region – This allows the user to select full screen zoom or window zoom (magnifying glass).
- Resize Lens – This allows the user to make the magnifying window as large as needed by using the anchor points and dragging them.
- Choose Filter – Used mostly for individuals with color-

related vision problems. Experiment to find what's best for you.

Follow Focus

When the magnification window is on, it will also magnify your typing so you can better see what

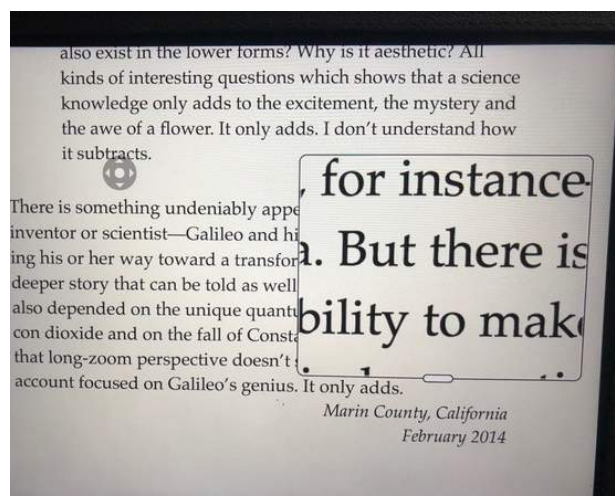
you write. Note: When Follow Focus is enabled, the keyboard does not get bigger.

Apple Clinic

For additional one-on-one assistance with this and any other Apple product issues, bring the device to the LW Apple Club's Apple Clinic,

which is held on the first, second, third and fifth Tuesday of each month from 10-11 a.m. in the Computer Learning Center in Clubhouse II.

For more information, visit (<http://mac.computerctr.org>).



Selecting "Zoom In" turns the magnifying window on. Screenshot by Ron Masi

New Session to Focus on Pastels

by Ann Bolt

Classes for the first fall session are underway at the Rossmoor Art Guild's (RAG) studio in Clubhouse I through Saturday, Oct. 27. Just two days later on Monday, Oct. 29, a new six-week session starts, and students will have an additional class to consider – Doris Bryant's Pastels class.

RAG members are flexible, trying new and different mediums to work in, whether oil, watercolor, mixed media or pastels. Even though RAG has some very talented members who have mastered pastels, this class provides an opportunity to explore and assess the process of using pastels to create something.



At left, Istiklal Avenue in acrylic by Bill Bohrer. At right, grandmas in colored pencil by Phyllis Lowinger. Photos by Ann Bolt

Exhibits

The paintings of Patty Marx, Jeanette Schuder, Bill Bohrer, Allan Okin and Houston Hancock in the Clubhouse I hallway take the viewer to an old Victorian house, a cave and even on a journey to some faraway place with peeling plaster on the houses and cobbled stone streets.

Other artists' paintings depict a more stay-at-home theme, featuring grandmas, dogs, flowers, parks, birds, fall and ceramic objects. The artists include Phyllis Lowinger, Nancy Albrecht, Jeanette Shampain, Ann Bolt,

Diane Blum, Dee Williams and Loretta Morgan.

Shukla Chakrabarty and Maria Hernandez's paintings focus on dignified ladies, and bathers after Picasso's style. Nancy Veit is still using her crinkled paper oil painting to mess with viewers' minds. Is it real?

Open Studio

Open Studio exhibit "Things Pertaining to September or October, obscure as they may be" features paintings by Maria Clark, Marilyn Davis, Jeanette

Shampain, Dee Williams and Ann Bolt.

The next project for Open Studio features fashion, which can include something the artist wore, or a piece of clothing worn by someone in the family, outlandish fads, sentimental costumes, or perhaps even some pair of very ugly gym shorts. These paintings will be hung in early November, giving the artists' two months to

develop their ideas.

Sign Up for Art Show

On Thursday, Nov. 1, the Foundation of Leisure World sponsors an Art Show from 1-3 p.m. in the Clubhouse I Crystal Ballroom. Artists can display up to three works of art. Registration forms are available in both clubhouse E&R offices and are due by Thursday, Oct. 18.

Italian Social and Cultural Club

Club Plans Exciting Events

by Flo Merola

The Italian Social and Cultural Club is dedicated to promoting the knowledge and appreciation of Italian culture, but residents do not have to be Italian to join.

The Club usually meets on the fourth Sunday of each month. Board meetings are held on the first Wednesday of each month and members are encouraged to attend. Club membership is \$12 per person, or \$18 per couple. Mail check, payable to the Italian Social and Cultural Club, to Paul D'Angelo

at (3310 N. Leisure World Blvd., Silver Spring, MD 20906).

For membership information, call Angela Bufalo at (240-669-3909).

Upcoming Events

- Sept. 23 – Café Cinema at 2 p.m. in Clubhouse I
- Oct. 28 – Wine and Cheese Tasting Party at 4 p.m. in Clubhouse II
- Dec. 5 – Holiday Dinner Dance at 5 p.m. in the Clubhouse I Crystal Ballroom

See the Sports in Brief section of this publication for information on the Club's bocce games.

Computer Learning Center

Learn How to Use Your Android Device

by Betty Smith



Donna Copeland, resident and Computer Learning Center monitor, is available on the second and fourth Thursday of each month to help other residents with their Android smartphones and tablets.

The next sessions are Thursdays, Sept. 27 and Oct. 11, from 2:30-4:30 p.m. in The Computer Learning Center in Clubhouse II.

She can help residents learn how to use their devices to send email, surf the internet and many other useful tasks. Get help getting started, learn more about familiar capabilities or learn about new things a device can do.

Bring your device for a one-on-one, hands-on session.

Oct. 3: Meeting Features 'An Evening with The Play Readers Group'

by Hannelle Allen

The entertainment at the Sept. 5 meeting was a multifaceted dance presentation directed by Clydis Kellough. The performers showed off their outstanding talent at this "sold-out" first meeting of the year.

October Meeting

The Group's next meeting is on Wednesday, Oct. 3, the first Wednesday of the month, as always, at 7:30 p.m. in the Clubhouse II auditorium. Members are asked to bring their new membership cards if they have received them.

Paid-up members who have not received their cards yet will receive it the door. New members are welcome, and can pay their \$10 annual dues by cash or check at the door. Guests are also welcome, and can attend a single performance for \$5,

which includes the dessert buffet afterward.

Play Readers Group

At the meeting, Irene Lunenfeld Shaulis presents "An Evening with The Play Readers Group" (TPRG), which consists of two short selections. These small groups of Fun and Fancy members meet at each other's homes to enjoy reading through plays just for fun.

TPRG provides an opportunity for members – both new and seasoned, with or without stage experience – a chance to read plays, exchanging roles with other likeminded members and having lots of laughs in the process.

If you enjoy reading aloud to your children, grandchildren or great-grandchildren, or even to yourself, then this group may be for you. The only requirement to join is to be a paid-up member of Fun & Fancy.

If interested in becoming a



Fun and Fancy's Sept. 5 meeting and performance attract a large audience. Photo by Pat McConnell

play reader, contact Irene at (lis4972@verizon.net) and let her know whether you prefer a day or evening group.

December Meeting

The Wednesday, Dec. 5, monthly show pays homage to holiday music – both secular and sacred, Hanukkah and Christmas – as well as other seasonal tunes. Auditions are held on Wednesday, Oct. 10, from 7-8:30 p.m., and

Sunday, Oct. 14, from 1:30-3 p.m. in Clubhouse II.

Email (NenaM.McMahill@hotmail.com) for information on requested music. Nena has details to help prepare your audition (by duets or groups; no solos in this show).

Baseball Corner

Led by the hitting of Goose Goslin and Sam Rice, and a solid pitching staff headlined by the 36-year-old Walter Johnson the Senators captured their first American League pennant, two games ahead of Babe Ruth and the New York Yankees.

The Senators faced John McGraw's heavily favored New York Giants in the 1924 World Series. RESULTS: Senators 4, Giants 3.

But alas, what a difference 33 years made. The 1957 Washington Senators won 55 games, lost 99, and finished in eighth place in the American League. They were managed by Chuck Dressen and Cookie Lavagetto and played home games at Griffith Stadium. The Senators set a Major League record, which still stands, for the fewest stolen bases by a team in a season, with only 13.

Fun and Fancy invites all residents to come and see what the 'Fun and Fancy Senators' are going to do to those "Damn Yankees." Performances are Friday, Nov. 9 through Sunday, Nov. 11, and Friday, Nov. 16, through Sunday, Nov. 18. Tickets go on sale toward the end of October.

Rehearsals are underway. The Group will keep readers posted as the pennant approaches!

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Oct. 10: Collector Jeff Nagy Talks 'Gold in Maryland'

by Frank Roddy

The Gem, Lapidary & Mineral Society (GLMS) holds its next meeting on Wednesday, Oct. 10, at 7 p.m. in Clubhouse II. The speaker, Jeff Nagy, leads the Club through stories about gold in Maryland.

Who knew that there are many former, but no longer producing, gold mines in Maryland? Don't quit your day job or your favorite Leisure World activities though; the mines were marginal and have been abandoned. However, they still have traces or flecks of real gold! Some are on private property and visitors must have the owner's permission.

Speaker Information

Nagy has been interested in rocks and minerals since he was a child, when his grandparents brought him back mineral samples from Arizona, New Mexico and California in the '60s.

He is a collector of mostly Maryland minerals, and to

a lesser extent, East Coast minerals, especially quartz and copper bearing minerals. Nagy is a member of the GLMS of Montgomery County, the Baltimore Mineral Society and the Mountain Area Gem and Mineral Association in Asheville, North Carolina.

His articles about Maryland mining have appeared in the Maryland Historical Society's quarterly journal and Rock and Mineral magazine. He resides in Damascus, Maryland. His father is Bill Nagy, a resident and member of the GLMS.

Club Information

The GLMS holds monthly meetings on the second Wednesday of the month at 7 p.m. in Clubhouse II. Everyone is welcome. Membership is \$10 per year, with the Club year starting in September.

The Club's lapidary laboratory facilities are extensive and may be used by all who are trained by shop steward Mark Parker. Residents can make their own

jewelry just as many others have done. The annual lab fee is \$15. Contact Parker at (Kb3wuk@gmail.com) or (240-723-5860) for more information.

For questions about membership, contact Frank Roddy, Club president, at (roddy.frank2014@comcast.net) or (301-598-3698).

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Jewish Residents Celebrate Sukkot, the Biblical Agricultural Festival

by Jonas Weiss

Sukkot begins on Sunday, Sept. 23. All residents, family and friends are welcome to a decorated succah available in the parking lot of The Inter-Faith Chapel for the entire holiday.

The succah is a temporary structure reminiscent of the shelters of the Hebrews when they lived in the desert after escaping slavery in Egypt. Join members of the Jewish Residents of Leisure World (JRLW) Monday, Sept. 24, through Friday, Sept. 28, from 2-4 p.m. and for services in the succah on Monday, Sept. 24, and Tuesday Sept. 25, at 6:45 p.m., and Wednesday, Sept. 26, and Thursday, Sept. 27, at 4 p.m.

Sid Sussan reads from the Torah in a mincha service on Saturday, Sept. 29, at

6:45 p.m. in the succah, followed by an evening service including havdalah. On Monday, Oct. 1, the holiday of Shemini Atzeret, Cantor Michael Kravitz conducts a service, including Yiskor prayers, at 9:15 a.m. in Clubhouse II.

On Saturday, Sept. 22 and 29, Rabbi Moshe Samber conducts Sabbath services at 9:15 a.m. in Clubhouse II.



October Brunch

Daryl Davis, an international recording artist, singer, pianist, composer, author, actor and leader of the Daryl Davis Band, entertains the members of JRLW on Sunday, Oct. 21, during a brunch at 10 a.m. in Clubhouse I.

Davis is well known for his American rhythm and blues and has played with Chuck Berry, Jerry Lee Lewis, Bo Diddly and Bill Clinton. For reservations, send checks of \$12 per person,



A succah will be located in The Inter-Faith Chapel's parking lot on Sukkot, Sunday, Sept. 23. Photo by Fred Shapiro

Donations

For the Torah maintenance fund, send checks payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906). Send donations

for prayer books to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906).

Donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring MD, 20906).

payable to JRLW, to Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906). Checks must be received by Monday, Oct. 15.

Jewish Discussion Group

Sept. 23: Discussion Group Open to All Residents

by Jerome "Jerry" Cohen

At the recent summer session, the featured discussion of the writing or speaking of an ethical will, also known as a legacy letter, engendered many interesting opinions and thoughtful ideas as to what to share with family and community.

Other discussion topics included:

- Tisha B'Av – the major day of communal mourning in the Jewish calendar. Many disasters took place on or about this day in Jewish history including the destruction of the First and Second Temples.
- The passing of Israel's Basic Law 15, the Jewish Nation-State Law, what it entails and the domestic and international support and disapproval of this bold new law
- Israel's significant role in the Thai cave rescue operation, where a small Israeli technology company donated \$100,000 worth of highly specialized electronic equipment. This equipment

enabled remote underwater communications that lead to the successful rescue of the entire team.

Next Session

The next session is scheduled for Sunday, Sept. 23, at 10:30 a.m. at Clubhouse II. Attend the group's sessions and partake in the lively discussions of Jewish-related subjects. While attendance at the Group's sessions is steadily increasing, there is still ample room for many more attendees.

Group Information

The Jewish Discussion Group invites everyone to attend its discussion group sessions held on the fourth Sunday of the month from 10:30 a.m.-noon at Clubhouse II. There are featured speakers scheduled for sessions during the fall and winter.

For additional information or to have your email address added to the monthly notification list, call or email group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

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Sept: 26: Meeting Held in Sukkah at Shaare Tefila

by Barbara Eisen

Hadassah is asking members to step up and sponsor the refreshments at its general meetings.

The cost for refreshments per meeting for a single sponsor is \$36, and \$18 per co-sponsor. The \$36 should cover the cost of cake and other munchies, drinks and paper goods. The Group has volunteer shoppers available to purchase items.

Upcoming simcahs, birth-days, anniversaries, bat/bar mitvahs, the birth of a new grandchild, graduation and promotions – the occasions for sponsorship are endless. Let all members share and celebrate in your good fortune. Contact Sandy Stein at (301-384-8739) or (sandy_j_stein@yahoo.com) to make sponsorship arrangements.

Several of Hadassah's future meetings already have sponsors; so don't delay in joining the sponsorship program so that you can coordinate your sponsorship with your congratulatory event.

Next Meeting

On Wednesday, Sept. 26, at 1:30 p.m., Hadassah holds its next meeting in the sukkah at Shaare Tefila, located at 16620 Georgia Avenue in Olney, Maryland.

Rabbi Tirza Schmetzer-Covel speaks on "Women in Judaism." There is no charge for this program, but contact Linda Silverstein at (301-879-2887) or (linjoy357@gmail.com) to RSVP. Residents who need transportation from

Leisure World are encouraged to call Lynn Berk at (301-847-9104).

Judaic Study Group

The Judaic Study Group will not have its usual meeting in September. Instead, members are encouraged to attend the sukkah program at Shaare Tefila on Sept. 26.

Pin Sale

Hadassah continues selling unique pins, handmade by resident fabric artist Bobbi Gorban. The pins are \$18. Order forms are available at each Hadassah meeting and in the Hadassah mail slot at the Clubhouse I E&R office. For questions, contact Judy Rumerman at (judyrumerman@gmail.com) or (301-680-0850). You don't have to be a member to buy a pin.

Card Sale

Elaine Schenberg and Jan

Bloom sell Hadassah greeting cards. The price of the cards is \$3 each. Cards are displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Ruth Temin at (301-288-7387) or (teminar@comcast.net); Lois Fields at (301-585-9804) or (loisfields2@earthlink.net); or Natalie Rosen (301-279-5640) or (bnrosen@comcast.net).

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B w/Garage – In Bldg. 4 of **Villa Cortese**. Two bedrooms, 2 full baths, living room, dining room, table-space kitchen, lovely enclosed balcony. Immaculately clean and ready for occupancy. **\$229,900**

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Oct. 3: Attend the Annual Fashion Show and Brunch

by Carole Mund

On Wednesday, Oct. 3, NA'AMAT RBZ Club holds its annual fashion show and brunch at 11:30 a.m. in the Clubhouse I Crystal Ballroom.

NA'AMAT RBZ Club members will model new fall and winter fashions designed by J. Jill for everyone to wear. J. Jill at Montgomery Mall has clothes for all occasions, and they come in petite, misses and plus sizes.

The cost to attend the fashion show and brunch is \$25 per person, which includes \$5 donor credit. Flyers have been sent out to members, but the event is also open to non-members

To attend, mail a check for \$25, payable to NA'AMAT, to Harriet Chaikin at (15101 Interlachen Dr., Apt. 216, Silver Spring, MD 20906). Please indicate with whom you would like to sit. Last year this event was a sell-out. For

questions, contact Harriet at (240-560-7487).

Mission Statement

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women, services and assistance for new immigrants as well as centers for the prevention and treatment of domestic violence.

NA'AMAT is proud of its 233 daycare centers, that are located throughout Israel, that ensure the safety and security of over 17,000 pre-school children and the 40,000 families that depend on NA'AMAT for social, psychological and economic services.

The many activities NA'AMAT enjoys not only allow for socialization with friends and neighbors, but also serve as fundraisers to support the many programs NA'AMAT provides. To join NA'AMAT, contact Harriet Chaikin at (240-560-7487) for more information.

Volunteers Needed

Esther Goldstein, volunteer coordinator, thanks the members who assisted in the latest mailings. The executive board is eager to have new people participate and bring fresh ideas for activities and programs designed for all to enjoy.

Volunteers are needed to assist in mailings, work on existing committees, as well as initiate new suggestions. If interested, contact Goldstein at (301-847-9215).

Inspiring Presentation

On Sept. 5, NA'AMAT welcomed Rabbi Bruce Kahn of Temple Shalom to speak about theism to atheism. Rabbi Kahn dynamically inspired reflection into our inner selves in an easily understandable presentation of philosophical theorems. It is hoped that the Rabbi can return to continue these amazing discussions about life and death.

Tribute Cards

Tribute cards are an excellent way to support and maintain the essential programs NA'AMAT sponsors as well as to attain donor credit. NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards.

Each card is \$3.50 if purchased and sent by you, or \$4.50 if sent by Lenore Kalen, tribute chairperson. Full donor credit is given for each card. For questions, contact Lenore at (301-922-4348).

Trips

Check the Club Trips section of this newspaper for NA'AMAT sponsored trips to Dover Downs in Dover, Delaware, and Arena Stage in Washington, D.C.

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).

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Oct. 14: Brunch Features Israel Through the Camera Lens

by Fred Shapiro

The Jewish War Veterans Post 567 holds a brunch on Sunday, Oct. 14, at 10:15 a.m. in Clubhouse I. The brunch features Louis Paley's photo tours of Israel this year.

An accomplished photographer, Paley's tour images fall into four broad groups: wildlife, religious sites, ancient architectural ruins and beautiful landscapes. His one-hour presentation includes images from each of these groups, such as wildlife and zoo animals, the Wailing Wall, Christian churches, archaeological digs of Biblical sites and The Dead Sea, Bahai Gardens and the Golan Heights.

The buffet, (\$14 per person, check only) includes eggs, tuna fish, lox, bagels, salad, coffee, Danish and more. Mail a reservation check, payable to JWV 567, to Jerry Cohen at (3330 N. Leisure World Blvd., Apt. 919, Silver Spring, MD 20906). Checks are due by Tuesday, Oct. 9. Cohen is available by email at (jcohen@jccbb.com).

Seating at the brunch is open, so come early and arrange to sit with friends. Friends who wish to sit together may send in one reservation for the group.

Presenter Information

For his 75th birthday, Paley and his wife, Rae, took a pair of back-to-back tours in Israel. During their 22-day stay, they went with a private nature guide, and then continued on a commercial "first-timers" bus tour. Combined, these tours



At left, Lou Paley stands ready with his photography gear. Photo by Donna Zoldi. At right, people pray at the Western Wall in Jerusalem. Photo by Lou Paley



covered the entire country, along with a half-day in Petra, an historic and captivating site in the Kingdom of Jordan. At times, they could see the Israel Defense Forces in training exercises.

An active member of the Rossmoor Camera Club, Paley has been the recipient of many awards for his photographic images. He has also been active in addressing the needs of the Club to appeal to more residents.

Within a month of moving to Leisure World six years ago, Paley attended the Center for Lifelong Learning's "Basic Digital Photography Class," which jump-started his love of photography. He began as a generalist photographer, using an average point-and-shoot camera.

Encouraged by members of the Rossmoor Camera Club and

its activities, his photography now concentrates on wildlife and nature scenes. He upgraded his photo gear to mirrorless interchangeable lens cameras mated with zoom and super zoom lenses.

Paley is a mechanical and environment engineer who worked in the Environmental Protection Agency for over 30 years. He and Rae are from New England and moved to Silver Spring over 40 years ago.

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Club Holds First Authentic Operating Session

by Alan J. Goldstein

The Rossmoor Model Railroad Club has been in existence for about 10 years, and it now features large layouts in HO, N and O gauge, taking up several large cages in the basement of Clubhouse II.

The Club holds two open houses each year, and installs and manages a large G scale display in the Administration Building during the holidays. All this, but its never really had authentic 'operations.'

The toy train layouts of our generation's childhood, and the layouts of many adult modelers,

primarily run trains around in circles. In fact, the Club has always done that during its open houses, and will continue to do so.

Simulating real railroad operations requires knowledge and skill, as do the real railroad operations themselves. It's challenging work, and that's why engineers, conductors, schedulers and other railroad employees are well compensated. True model railroad enthusiasts don't run trains in circles; they operate.

Train Operations

The Club's large HO gauge layout was designed to support

real train operations. Like an actual railroad, it has supplier industries such as mines and factories, and customer industries that use the products of the supplier industries, including manufacturers (needing raw materials) and distributors and retailers, who often depend on delivery from their suppliers by railroad.

While trucking is used extensively for many local and regional deliveries, freight railroads are major factors in distribution of large, heavy goods, particularly over longer distances.

Simulating Railroad Operations

Over the last year, the Club has been working on developing the facilities to fully support simulated railroad operations, including development of hidden yards so that arrival of trains from distant locations can be simulated, thoroughly cataloging the Club's rolling stock (engines and freight cars) and developing manifests and supporting systems. The Club also expanded the layout to include additional industrial destinations.

It all finally came together on Sept. 6, when a number of Club members gathered during the Club's regular hours in the basement of Clubhouse II.

One of the members had prepared manifests the day before, indicating what cars had to be delivered to or picked up from industries along its route and where the cars that were picked up had to be delivered.

Highlights from the Day

The day's operations started with a Great Northern EMD SD7 road-switching engine leaving the storage yards with three boxcars, a refrigerator car (reefer), two cement cars and a caboose in tow.

It traveled many scale miles to its destination, the distant town of Mill Valley. There, it picked up two loaded Great Northern boxcars from Berwick Furniture, a manufacturer, and two additional ones from Atlas Machine works.

It also picked up two empty cement hoppers from Empire Cement (a cement distribution facility) and left two full ones for



Dropping off the refrigerator car at the meatpacking plant. Photo by Alan J. Goldstein

them to unload. It then picked up an empty reefer from an icing plant. It picked up two loaded reefers at the Swift Slaughterhouse for distribution to their customers, and left the empty one from the icing plant.

Finally, some switching was required to get all of the cars behind the engine, with the caboose at the end. Once these maneuvers were complete, the train started on the long journey home.

Scale miles later, it arrived in the yard from which it had departed, depositing cars loaded with goods destined to customers and empty cars ready to be loaded by suppliers. The cars were routed by other trains to their final destinations, mostly represented by the hidden trackage.

Joining the Club

To go beyond the electric trains of youth and learn what real scale model railroading is about, attend one of the Club's working and operating sessions held every Monday and Wednesday from 5:30-7 p.m., and Thursday from 2-4 p.m. at the train yards in the basement of Clubhouse II.

Residents may also attend any of the Club's business meetings, held the second Thursday of the month at 4p.m. in Clubhouse II.

For further information or to join, call Marilyn Chmielewski, president, at (301-438-3259).

Comedy and Humor Club

Oct. 15: Club Holds No-Charge Luncheon

by Al Karr

In an effort to encourage residents to join in on the Comedy and Humor Club's fun, weekly joke telling meetings, the Club holds a jovial, no-charge luncheon for the first 50 residents who sign up (maximum two per household). The luncheon is on Monday, Oct. 15, from 11:30 a.m.-1:30 p.m. in Clubhouse I.

Residents who would like to attend are asked to call (301-598-1300) or drop by the Clubhouse I E&R office to register beginning at 8:30 a.m., on Tuesday, Sept. 25. After the first 50 residents sign up, the luncheon includes a \$20 charge. Any resident who signs up after the 50 free registrations will be contacted by a member of the Comedy and Humor Club regarding payment.

The menu is a deli buffet and includes a humor program. Anyone who would like to tell jokes at the luncheon is welcome to add to the laughter.

Club Information

The Club holds its weekly sessions every Tuesday from 1:30-3 p.m. in Clubhouse II, where members and guests may deliver their jokes, if they wish, or enjoy the quips and jokes

presented by others.

Members taking the standup mike to deliver their jokes at a recent meeting included vice president John Lass, Skip Schoening, Herb Hodes, Fred Firnbacher, Bernie Petlan, Club president Sam Hack and Al Karr.

Here are just a few samples of the humor presented:

- John – A minister, rabbi and priest discussed when life begins. The minister said that those of his faith believe that it's when the heart begins to beat. The priest said that his flock insists that life starts at conception. "It is our belief that it's when the kids move out and the dog dies," said the rabbi.
- Herb – I talk to myself sometimes, when I want an expert opinion.
- Fred – A patient tells his doctor, "When I wake up in the morning, I look in the bathroom mirror and I feel like throwing up." "Your eyesight is good," replied the doctor.
- Sam – A patron kept gulping down scotch and sodas at great speed, and the bartender asked him why. "You would drink fast too if you had what I have," the man said. "What's that?" asked the bartender. "Only two dollars," he replied.

Oct. 4: Healthful Thursdays Program on Chronic Disease and Wellness

by Patricia Means

Beginning on Wednesday, Oct. 3, at 4 p.m., all monthly meetings are held in Clubhouse I. The Association has outgrown the seating capacity in Clubhouse II.

Healthful Thursdays Program

The first session of the program is Thursday, Oct. 4, from 1-3 p.m. in Clubhouse I. The four sessions, conducted by Dr. Ikenna Myers of the Montgomery County Department of Health and Human Services, focus on diabetes, hypertension, heart disease and cancer (prostate, breast, colorectal and lung).

Part one of the session covers a variety of topics within each disease with an overview of the diseases, self-management, medications and preventive

measures. Health screenings are offered for glucose, hemoglobin A1C, blood pressure, Body Mass Index (BMI) and percentage of body fat.

Part two covers vegan-healthy cooking and food sampling. Free diabetes supplies, blood pressure monitors and education on how to use them are available upon completion of the four sessions.

Session two is Thursday, Oct. 25, Session three is Thursday, Nov. 1, and Session four is Thursday, Nov. 15.

Admission is free, but tickets are required for each class. They are available at the Clubhouse I E&R office. For more information, contact Jannifer Woodson, event chair, at (832-259-7064).

Arena Stage Production

All residents are invited to attend the play "Anything Goes" on Wednesday, Nov. 28,

at noon at the Arena Stage in Washington, D.C. Tickets are \$60 per person including bus transportation and on sale Tuesday, Sept. 25 from 10 a.m.-noon in the Clubhouse I lobby.

For additional information, see the Club Trips section of this edition or call Juanita Sealy-Williams at (301-882-4531).

National Black Theater Festival

LWAAAC is planning a trip to The National Black Theater Festival some time between Monday, July 29, to Friday, Aug. 2, 2019 in Winston-Salem, North Carolina. The Festival is a historic event illuminating African-American artistic endeavors that include over 100 theatrical performances, films, poetry, workshops and seminars, international conferences, vendors and much more. More information is forthcoming.

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Walkers Do Not Have to be Boomers

by Beth Leanza

Residents do not have to be a member of the Baby Boomer Club to participate in any of the following walks, but are always welcome to join.

The Club also enjoys watching movies together. The next movie is shown on Friday, Sept. 21, at 7 p.m. in the Clubhouse II audi-

torium. Bring a snack to share after the movie (no food or drink allowed in the auditorium).

A few members enjoy dinner at Gordon Biersch in Rockville, followed by a movie at a local theater.

The musical performances at Toby's Dinner Theatre in Columbia, Maryland, are out of this world, and include a buffet and ice cream. Each performance is in the round – not a bad seat in the house.

Boomers Helping Other Boomers

Recently, the Club received donations to help the daughter of a Club member whose business was destroyed by the flooding in Ellicott City, Maryland.

Friday Hikes with Joyce

Once a week, a group meets for a three-mile walk. Some walkers turn around halfway for a shorter walk. Many walkers meet at the walk site, but to carpool, contact Joyce Rich-

ardson at (301-598-7098) or (777cheekie333@gmail.com) by Thursday evening.

- Sept. 28 – Great Falls Potomac (Potomac) Meet in the Visitor's Center at 10:15 a.m. Bring water and a lunch. Drive through the Norbeck Gate and turn left onto Norbeck Road. Norbeck Road becomes First Street, and First Street becomes Wootton Parkway. Turn left onto Falls Road. Shortly after River Road, there is a sign on the right pointing to the entrance of the park. Turn right into the entrance and continue down to the parking area. Bring a Golden Pass with you; otherwise, there is a cost to enter the park.
- Oct. 5 – Riley's Lock (Darnestown) Turn left onto Norbeck Road, which becomes First Street. After crossing over Rockville Pike (355), bear left onto Wootton Parkway. Turn left onto Falls Road, and then make a right onto River Road. Turn left at the T-intersection

onto Seneca Road; take the first left onto Riley's Lock Road. Drive to the end of the road and park in the parking lot on the left.

Sunday Morning Walks

For a three-mile walk right here in Leisure World, walkers can meet up on Sunday mornings at 8:30 a.m. near the corner of Leisure World Boulevard and Arden Court (across from Kelm-scot Drive). The group walks the entire Leisure World Boulevard circle. Usually, the walkers go out to breakfast after the walk.

Weeknight Walks

For a shorter walk on weekday evenings, meet at 5:15 p.m. in the Clubhouse I lobby. The group walks around the Broadwalk in Montgomery Mutual. No one makes an announcement, so be sure to ask around if new to the group.

Volkssport Walks

One Club member also belongs to the American Volkssport Association (AVA). He posts AVA walk information on (bbclw@googlegroups.com). Click on Walks, below the Calendar.

How to Join

To join the Baby Boomer Club, send a check for \$5, payable to Baby Boomer Club, to membership chair Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

Include your address and phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who does, because the Club mostly communicates by email.

Adding the Baby Boomer group email address, (bbclw@googlegroups.com), to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder.

The Club keeps its emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

Still Have Questions?

The Club's website is available at (<https://sites.google.com/site/bbclwmd>) and includes a calendar with walk information.

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New Club President Seeks Diverse Participation

by Elizabeth Brooks-Evans

Ruth Witt, recently installed president of the Going It Alone Club (GIAC), has been conducting the Club's board meetings and is seeking more male Club participation. She believes all single residents – both female and male – can enjoy the games, activities and socialization the Club has to offer.

Games

GIAC members meet every Saturday afternoon, known as SAL!, to play games at 2:30 p.m. in Clubhouse II.

Mexican Train Dominos and Rubik's cube games are "all the rage" at SAL! and have replaced bingo on the second and fourth Saturdays of every month. Club

members play Pokemo on the first and third Saturdays of the month. Anyone who would like more information about the games should contact Sylvia Pachenker at (301-598-5325).

Armchair Travel

On Saturday, Sept. 22, at 2 p.m. in Clubhouse II, well-known travel guide Rick Steves virtually leads armchair travelers to Vienna, Austria, where they will nibble chocolate cake at an Old World café and marvel at the indomitable Gothic cathedral in the heart of town.

Travelers then tiptoe through Hofburg palace, to be dazzled by the Habsburg crown jewels at the Imperial Treasury, and sniff vinegar

and kraut at the Naschmarkt.

On Saturday, Oct. 6, travelers take in Vienna's wealth of elegant gardens, great art and fine music. Then they'll explore the city's surroundings, with a trip along the romantic Danube River and a hike through the breathtakingly Baroque Melk Abbey.

Trips

GIAC sponsors day trips to the following locations:

- Nov. 7 – Visit Harrington Casino "Where Winners Play" in Kent County, Delaware, where a buffet lunch is offered.
- Dec. 11 – Travel to Frederick, Maryland, for a festive lunch at Dutch's Daughter Restaurant with a stop on the way home at Langanore Winecellars in Mt. Airy, Maryland, where participants learn how wine is made and get to taste a variety of wines.

More detailed information on these trips is found in the

Club Trips section of this publication.

Sign-ups for trips take place during SAL! from 1:30-3 p.m. in Clubhouse II when a representative from the program committee is available to receive payments and answer questions. The GIAC newsletter, which has more trip information, is also available during SAL!

For questions about trips, stop by the SAL! information table or call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Membership

Those wishing to sign up for membership can do so during SAL from 1:30-3 p.m. in Clubhouse II, when representatives can provide information and answer questions about the Club and its activities. Residents may also call Pachenker at (301-598-5325) for more information about membership.

Writers of Leisure World

Writers Share Vacation Memories and Patriotic Stories

by Denise Barker

At the last meeting of the Writers of Leisure World, Radha Pillai shared stories of her summer trip to Antigua, Guatemala, which included two weeks of Spanish immersion studies, strolling the country's narrow streets and looking in awe at the mountains. Verna Denny also told about her time in Antigua while visiting her grandma.

Woody Shields offered an educational essay on the biology of trees and told of watching logrolling and axe throwing. He also told of the Pennsylvania Deer Wars and the recent forest fires out West.

Gladys Blank offered an essay advising how to cope with times that bring bad news and sadness. Lee Hardy wrote of her husband, a doctor and war hero, and how his service on a World War II ship haunted him.

Jean Anessi told a story about a veteran talking to a young boy at a memorial in Washington, D.C. about his friends who are buried there

and about how he speaks with them in his heart. Mary Lalley wrote admiringly about John McCain and his love of country.

Jane Hawes told a riveting tale of her adventure in Sri Lanka – the food (all of it cooked in or soaked in coconut oil), factory tours, ocean, sunsets and the sad and shocking poverty.

Viola Stendardi told about friends who have a "magnitude of spirit and richness of capacity" to support their kindnesses. Joan Friedlander wrote about a daily walk, following a sparrow, and finding friends and memories.

Marion Bedell wrote a poem about a mirror that, "tells all, knows all and reveals all." P.D. Wendkos offered "Advice from a Sage," including, "thy neighbor is thy teacher" and "the dreams of a cat are all about mice."

The Writers of Leisure World meet on the first and third Thursday of each month at 11 a.m. in Clubhouse I. All residents are welcome to share their writings, poems, essays and fiction.



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Democratic Club of Leisure World

Oct. 1: Jealous and Turnbull Hold Forum

by Roger Blacklow

On Tuesday, Sept. 25, the Club holds a “postcard party” and phone banking to get out the vote and register new voters.

The event is from 2-5 p.m. in Clubhouse I and includes refreshments.

Come by and stay as long as you wish; attendance will not be taken. The event is a follow up to June’s highly successful postcard party.



Susie Turnbull, left, and Ben Jealous.
Photo courtesy of (benjealous.com)

is the former chairwoman of the Maryland Democratic Party. Like Jealous, she has a long history of advocacy for civil and women’s rights. She is very active in the area’s Jewish community, serving

on numerous boards and advisory groups.

Recent polls have shown a large number of undecided voters, particularly among Democrats. The Oct. 1 forum is an opportunity to hear the candidates and ask some tough

questions.

For more information on both candidates, visit (www.benjealous.com).

Candidate Marc Elrich

The Democratic Club hosted a forum with Marc Elrich on Sept. 6. Elrich answered questions that ranged in topic from agriculture to zoning.

He identified his three top priorities as closing the achievement gap among students, improving economic development efforts and enhancing quality of life, and restructuring county government to address challenges and make County government more efficient.

For more information about Elrich, visit (www.marcelrich.org).

How to Join

Residents who would like to join the Democratic Club or its program committee are encouraged to attend any of the Club’s events and/or send an email with their name, address and phone number to (leisureworlddemclub@gmail.com). The Club is surging past 600 members.

Republican Club

Oct. 16: Law and Law Enforcement – Two Republican Candidates Speak

by Fred Seelman

The next meeting of the Republican Club is on Tuesday, Oct. 16, at 7 p.m. in Clubhouse I.

Craig Wolf, the Republican candidate for Maryland Attorney General, and Jae Hwang, the Republican candidate for Montgomery County Sheriff, are the speakers. They will give their perspective on law and law enforcement.

Wolf, who lives in Howard County, has served both as a federal prosecutor with the Department of Justice and a Maryland Assistant State’s Attorney. He has also headed a trade association, is a decorated veteran, has been counsel to a Congressional committee and held various military attorney positions, including presently as an International Law Officer. For more information about Wolf, see his website at (<http://wolf4ag.com/>).

Hwang, who resides in Montgomery County, is currently a lieutenant in the Montgomery County Police Department. He also holds the rank of captain in the U.S. Army’s Judge Advocate General’s Corps and has served in the military overseas. For more information about Hwang,

visit his website at (<http://www.jaeforsheriff.com/>).

Election

On Tuesday, Nov. 6, the Club participates in the Maryland general elections. Besides voting, help the Club by working at one of the three Leisure World voting precincts: Clubhouse I, Clubhouse II and The Inter-Faith Chapel. Contact the Club’s president or first vice president to volunteer.

Hogan’s Visit

The Club thanks Leisure World for accommodating the huge crowd that turned out for Gov. Larry Hogan’s visit on Aug. 21. Hogan’s staff took over 100 pictures of attendees, and they are available online for viewing and downloading at (govpics.maryland.gov) or (flickr.com/photos/mdgovpics).

Contact Information

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) or first vice president Ray Spieler at (301-460-3563).

Join the Club for another quality event on Oct. 16, and enjoy its refreshments.



Gov. Larry Hogan greets constituents in the Clubhouse I Crystal Ballroom Aug. 21. Photo courtesy of Gov. Hogan’s office

Visit the League's Website for Election Information

by Maxine Lewack

With the start of the new season, so many important dates fill our calendars that it is easy to overlook those needed to be an engaged citizen. The League of Women Voters (LWV) comes to the rescue!

The LWV's website at (www.vote411.org) has everything people need to know about the Tuesday, Nov. 6, general election, plus local election information.

Upcoming Events and Reminders

The Board of Education Candidates' Forum is on Wednesday, Sept. 26, at 7 p.m. at the Board of Education in Rockville, Maryland. Candidates arrive at 6 p.m. for an informal meet-and-greet

period. After the candidates' presentations, which include questions prepared by the sponsors, questions from the audience are encouraged. This event is always well attended, so come early.

In early October, the Voters' Guide is mailed to all members of the LWV of Montgomery County. Copies are also available in the lobbies of all the high-rises, both clubhouses and the Administration Building. They will also be available at all Montgomery County public libraries.

The Rossmoor chapter of the LWV meets on Wednesday, Oct. 10, at 10:15 a.m. in Clubhouse I. We will be educated about the ballot questions to be voted on in November; what the issue is and what voting yes means and what voting no means. All residents are

invited to attend. Keep in mind that the LWV is political, but non-partisan.

The closing day for voter registration is Tuesday, Oct. 16. Residents who have never registered to vote, or who have recently moved to Leisure World and have not changed their address with the Board of Elections, must do so to vote in the Nov. 6 election.

Early voting runs from Thursday, Oct. 25, through Thursday, Nov. 1. The deadline to request a general election absentee ballot delivered by mail or fax is Tuesday, Oct. 30.

Calendar

The Montgomery County LWV calendar is available for purchase from your friends and neighbors who are League members and the League office

by calling (301-984-9585), but probably most easily, from Gold Castle Jewelers in Leisure World Plaza, one of the busiest outlets for the League's calendar in Montgomery County.

It is more than just a calendar; it includes up-to-date phone numbers and addresses for state and local agencies, email addresses and websites for local elected officials, federal, state and religious school schedules, tax due dates and Montgomery County public libraries' hours of operation. The calendar is printed on paper with a matte finish, making it erasable!

The desk calendar is \$8 and the two-year purse calendar is \$5. The calendars make a great gift, and proceeds from its sale helps to support the activities of the Montgomery County LWV, including publishing the voters' guide.

Rossmoor Women's Club

October Offers Double Header for Rossmoor Women

by Marcia L. Elbrand

On Monday, Oct. 1, thousands of gift items, nearly all priced at \$6 each, are on sale at the Club-sponsored fall vendor sale. It is held from 10 a.m.-3 p.m. at Bedford Court located nearby at 3701 International Drive in Silver Spring. Cash and major credit cards are accepted, and the sale is open to the public.

From costume jewelry to stylish accessories, toys and novelty items, the vendor sale offers shoppers a chance to begin their holiday shopping close to home. RWC volunteers will be on hand to assist shoppers, bag purchases and streamline the checkout process. Members interested in volunteering at the sale should contact Doris Zussman at (301-598-1766) or (thezussmans@comcast.net).

A substantial portion of the sale's profits go directly to the many local charities RWC supports. Annually, the Club awards at least six college scholarships, and assists a Head Start pre-kindergarten class at Harmony Hills Elementary School.

The Club also provides

support to two local hospices and the Montgomery County's only shelter for families seeking refuge from domestic abuse. Benefitting charities also include Fisher House, which provides lodging for families of Wounded Warriors. In addition, RWC contributes to Fire-side Forum and FISH, both at Leisure World, and completes a holiday collection for A Wider Circle.

Fashion Show by Chico's

The RWC holds its autumn luncheon and fashion show on Tuesday, Oct. 23, in Clubhouse I. Social time with a cash bar begins at 11:30 a.m. Lunch begins at noon, and the fashion show starts at 1 p.m.

The event includes current fall fashions, selected by Chico's and modeled by RWC members. The event offers attendees not only an afternoon of socializing, but also a special discount at Chico's for a limited time in late October.

The luncheon menu includes a choice of grilled salmon with dill sauce or boneless stuffed chicken breast Cordon Bleu style. Entrees are accompanied by roasted potatoes, asparagus, a tossed salad with cranberries

and pecans, rolls and butter and coffee, tea or iced tea. Cheese and crackers are served as appetizers and dessert is lemon blueberry cheesecake.

Tickets for the luncheon and fashion show can be purchased by sending a check for \$25, payable to Rossmoor Women's Club, to Carolyn Thompson at (15000 Pennfield Cir., Apt. 202, Silver Spring, MD 20906). Include your phone number and choice of entrée with the check.

The deadline to make a reservation is mid-October, and guests and prospective members are welcome. Contact Thompson at (carolyn2008@verizon.net) for questions, or email RWC membership chairperson Arlene Siller at (abs929@yahoo.com) for an informative membership brochure.

Chilly Days Ahead – Start Knitting

RWC provides both educational and family support to the 20 pre-kindergarten children in the Head Start class at nearby Harmony Hills Elementary School. Under the leadership of education committee chairperson Rita Posner, RWC

volunteers visit the classroom once a month, help with craft projects, and enrich bilingual youngsters' vocabularies by engaging them in English conversation.

Also, the children receive winter hats and scarves knitted by additional volunteers – both members and supportive friends. Residents who enjoy knitting can create scarves four inches wide and 40 inches long. For hats, the pattern is "Bev's Really Basic Knit Hat," size 4-9, found at (www.ravelry.com). For either project, use worsted wool on number eight needles.

In addition, RWC volunteers bring bags of nutritious food to help families at Thanksgiving and during the winter break. Classroom teachers purchase age appropriate books to enrich the students' home libraries using funds donated by RWC.

Individuals interested in contributing money for this worthwhile cause can send checks, payable to Rossmoor Women's Club, to RWC assistant treasurer Peggy Sullivan at (3743 Glen Eagles Dr., Silver Spring, MD 20906). Write "Harmony Hills" on the check's memo line.

Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Boston Group: If you have not yet attended a meeting and are a Bostonian, please let us hear from you. After meeting earlier this month, it was decided that members would arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189 and leave a message).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Sept. 28. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

LW LGBT Alliance: Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, email us at (lwlgbt@gmail.com).

Musical Jammers: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our more than 1,000 members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: We will meet at 11 a.m. near the fireplace in

Clubhouse II on Wednesday, Oct. 3. There will be a brief presentation about interesting recent changes in the city, followed by discussion. All Philadelphians are welcome to attend. For further information, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

Quilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Sept. 27.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The O. Henry Prize Stories 2018," which contains 20 prize-winning stories. On Wednesday, Oct. 3, the group will discuss "The Tomb of Wrestling" by Jo Ann Beard. On Wednesday, Oct. 17, the group will discuss "Counterblast" by Marjorie Celona. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: (TMO) is a movement of residents concerned about governance and management that meets every month to discuss and schedule community-wide town hall meetings. Topics such as the proposed administration building, funding a strategic plan, community governance and management involvement in mutual elections, are addressed. The town halls are held to inform and involve residents in issues affecting them. TMO meets the third Thursday of each month at 2 p.m. in Clubhouse I. All residents are invited to attend and become active in the movement. For information, email (admin@townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women's Fun Bunch of Leisure World: The Women's Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquiries, call Marlene at (301-438-7773).

Interested in advertising in the Leisure World News?

For information: call 301-598-1310 or email lwnewsads@lwmc.com

Leisure World Club Trips

The next deadline for trip submissions is **Monday, Sept. 24**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

Oct.
3

"South Pacific" at Olney Theatre

Join **Low Vision Support Group** for a 2 p.m. performance of the classic musical "South Pacific" at Olney Theatre. This performance is enhanced with audio description for people with impaired vision. Tickets are \$45 per person, checks only (payable to Olney Theatre Center), and can be placed in the mail slot at the Clubhouse I E&R office. To reserve a seat, a \$25 non-refundable deposit must be paid by Friday, Sept. 18. All residents are welcome.

For question or more information, contact Jean Proctor at (240-560-7026) or Bunny Gold at (240-621-7103).

10/31-11/1
2018

Dover Downs Hotel & Casino in Delaware

Return to Dover Downs with **NA'AMAT RBZ Club** on this popular trip with its overnight stay in Dover, Delaware.

The cost is \$115 per person, double occupancy, \$165 single occupancy, and includes round-trip transportation, beautiful hotel accommodations, breakfast buffet plus \$50 play money.

The bus leaves Clubhouse II at 10:30 a.m. on Wednesday, Oct. 31, and returns at approximately 3:30 p.m. on Thursday, Nov. 1.

Send your check(s), payable to NA'AMAT, to Trudy Stone at (15101 Interlachen Dr. #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming. If you have any special needs, indicate what they are with your check. Questions? Call Trudy at (301-438-0016).

Nov.
7

Harrington Casino in Delaware

Join the **Going It Alone Club** on a trip to Harrington Casino, in Harrington, Delaware. The casino provides \$15 in slot play and a \$7 buffet credit (subject to change).

The bus leaves Clubhouse II at 11 a.m. and returns at approximately 7 p.m. If you have a casino card number, you must bring it with you.

The cost is \$25 for Club members and \$32 for non-members. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Oct. 13, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Nov.

26-28

Gaming and Sightseeing in Atlantic City, NJ

Join the **Jewish Residents of Leisure World** for a two-night, three-day trip (Monday-Wednesday) to Atlantic City, New Jersey. For only \$179 per person for double occupancy (\$90 more for single occupancy), you get transportation in a modern bus, two nights lodging in the Tropicana Atlantic City hotel, a dinner and two hot breakfasts, plus a \$20 casino bonus.

On your own in this tourist location, you can also take in a show and enjoy the famous boardwalk. Contact Sue Sandler at (240-242-3742) for more information and a reservation.

Nov.
28

NEW - "Anything Goes" at Arena Stage

LWAAAC is hosting a trip to see the tony award-winning play, "Anything Goes," at noon on Wednesday, Nov. 28, at Arena Stage in Washington, D.C. The play is a Cole Porter musical about a lovelorn guy who has stowed away on a luxury ocean liner to be near his love, but the problem is the lady is on her way to marry a wealthy man. It's musical romance on the high seas filled with unforgettable classic songs and dance performances.

Tickets are \$60 per person and includes Eyre bus transportation (checks only, payable to LWAAAC). Ticket sales are Tuesday, Sept. 25 from 10 a.m. to noon in the Clubhouse I lobby or may be purchased by placing a check in the LWAAAC mail slot in the Clubhouse I E&R office. Include an email address with your payment.

Guaranteed seating at Arena Stage requires that tickets be paid by Monday, Oct. 15. All residents are welcome. For more information, contact Juanita Sealy-Williams at (301-882-4531).

Dec.
11

Holiday Luncheon and Tour and Wine Tasting

Join the **Going It Alone Club** for a holiday luncheon at Dutch's Daughter in Frederick, Maryland. The buffet includes carved beef, Dutch's chicken, baked potatoes, vegetables, salad, dessert with coffee, tea and soda.

After lunch, we travel to Linganore Winecellars in Mt. Airy, Maryland, for a tour and wine tasting.

The bus departs from Clubhouse II at 11 a.m. and returns at approximately 6 p.m.

The cost is \$65 for Club members and \$73 for non-members, and includes luncheon, tour, wine tasting, tax and meal and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Nov. 10, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Dec.
19

NEW - "Anything Goes" at Arena Stage

If you are nostalgic for old-time Broadway musicals, then this **NA'AMAT RBZ Club** trip is for you. NA'AMAT members and friends are going to the matinee performance of "Anything Goes" at Arena Stage. Set on a luxury cruise ship, this classic is a showcase for a host of Cole Porter's inimitable songs.

The bus departs Clubhouse II at 10:30 a.m. and returns at approximately 4 p.m.

The cost of \$89 includes ticket to the performance, bus transportation, gratuities and a donation to NA'AMAT.

For make a reservation, send your check, payable to NA'AMAT, to JoAnn Cadeaux, 2904 N. Leisure World Boulevard, Apt. 502. If you have any questions, call JoAnn at (301-438-0737).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

Give Thanks



Thanksgiving Dinner

.....
in the Crystal Ballroom | Thursday, Nov. 22

Hand Carved Roasted Turkey Breast plus:

- * Sliced Beef Tenderloin Medallions
- * Fresh Broiled Salmon
- * Honey Ham
- * Green Beans Almandine
- * Mashed Potatoes and Gravy
- * Homemade Bread Dressing
- * Roasted Sweet Potatoes
- * Caramelized Brussels Sprouts
- * Steamed Broccoli and Cauliflower
- * Seasonal Salad Station
- * Strawberry Swirl Cheesecake

\$27 plus tax and gratuity
For reservations, call 301-598-1330
Seatings at 12:30 p.m., 3 p.m. and 5:30 p.m.

Breakfast Terrace Room

☼ All You Can Eat Breakfast Buffet ☼

From 9 a.m. - 11 a.m.....\$8

☼ A La Carte ☼

- | | |
|---|---|
| * Two Farm Fresh Large Eggs \$5
<i>Prepared any style with Hash Browns and Toast</i> | * Nova Lox and Bagel \$8.50
<i>Your choice of Plain or Everything Bagel served with Lettuce, Tomato, Red Onion and Cream Cheese</i> |
| * Homemade Blueberry Pancakes \$6.50
<i>Short Stack \$5.50</i> | * Country Fried Steak \$10
<i>Breaded Steak topped with Country Cream Gravy served with Hash Browns</i> |
| * Homemade Buttermilk Pancakes \$5
<i>Short Stack \$4</i> | * Steak and Eggs \$11
<i>New York Strip and Two Eggs served with Hash Browns and Toast</i> |
| * Belgian Waffle \$7
<i>Topped with Powdered Sugar
Cherry or Blueberry Topping \$1.50</i> | * Corned Beef Hash and Eggs \$8
<i>Served with Hash Browns and Toast</i> |
| * Fresh Fruit Plate \$7.50
<i>Cantaloupe and Honeydew served with Cottage Cheese</i> | * Eggs Benedict \$10
<i>Traditional Style</i> |
| * Oatmeal \$5
<i>Ask your server for available flavors</i> | * Crab Cake Benedict \$13
<i>Jumbo Lump Crab Cake topped with an Egg, Ham and Hollandaise</i> |

☼ Fresh Made Omelets ☼

- | | |
|--|-----------------------------------|
| * Cheese \$5.50 | * Western \$8 |
| * Lox and Onion \$8.50 | * Ham and Cheese \$8 |
| * Spinach and Feta \$8.50 | * Veggie \$7 |

All menus may be subject to change.

Clubhouse Grille Hours: Tues. – Sat.: 4 p.m. – 10 p.m. | Sundays: 9:30 a.m. – 3:30 p.m.

Stein and Terrace Room Hours: Sunday: 9:30 a.m. – 8 p.m. | Mon.–Tues.: 9 a.m. – 8 p.m. | Wed.–Sat.: 9 a.m. – 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

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SPORTS, GAMES & *Scoreboards*

Pickleball Club

Players Win at the Delaware Senior Olympics

The Pickleball Club extended their success to the Delaware Senior Olympics, which was a very competitive national qualifying tournament that featured over 300 players from more than 10 states.

Sylvia Bell took home gold in women's doubles and mixed doubles in the 80+ category.

Scott Keenum won silver in men's doubles' 60-64, and Jerry Clark took gold in men's doubles and silver in mixed doubles' 70-74. Susan Crawford took 4th place in the women's singles' 70-74.

– Scott Keenum

Tennis Club

Club Says Farewell for the Season

by Alfonso Holston

On Sept. 6, Sue Sandler, president of the Tennis Club presided over the last monthly meeting of the season, which was also her last as Club president.

Next season, 2019, Laurie Burdick takes the helm as Club president. Club members thank Sandler for all the work she put forward in promoting the Club.

The Club welcomes Becky Siman, new board member. For membership information, contact Philip Wendkos at (301-598-1745).

Year-End Dinner

Club members and friends gather on Sunday, Oct. 7, at 4:30 p.m. at the Bedford Court

for the Club's annual year-end dinner. The cost is \$30 per person. To attend the dinner, send payment, (check only, payable to the Leisure World Tennis Club) to Suzanne Miles at (3200 North Leisure World Blvd., #1017, Silver Spring, MD 20906).

Tennis Play

All residents are still invited to come and join Club members in round robin tennis play on Tuesdays and Fridays from 9:30-11 a.m. Advance play is on Sundays, Wednesdays and Thursdays from 9:30-11 a.m.

We look forward to seeing everyone at the Club's next meeting on Thursday, April 4, 2019.

10-Pin Bowling League

Bowlers Place at Maryland Senior Olympics

by Rita Mastrorocco

The league congratulates its members who participated in the Maryland Senior Olympics. They earned four gold medals, one silver and three bronze, along with five ribbons. The members who won awards in their categories are:

- Chris Porter, gold in doubles
- Bill Garrett, bronze in singles; gold in doubles
- Bill Barrett, gold in doubles; gold in mixed doubles; 4th place ribbon in singles
- George Izumi, silver in mixed doubles; bronze in doubles; 6th place ribbon in singles
- Bill Thomas, bronze in doubles; 5th place ribbon in singles
- Pat Leanza, 4th place ribbon in mixed doubles
- Beth Leanza, 4th place ribbon in mixed doubles

The league is based on handicaps with averages for the bowlers ranging from 88 to 182. If you have not bowled in years, come out and join the fun.

The top league standings as of Sept. 7 are Pin Busters in first place; Wild Things in second place; and Gutter-

snipes in third place.

Top scores for the week of Sept. 7 are:

Scratch Game – Huggers, 659 pins

Scratch Series – Huggers, 1,841 pins

Handicap Game – Just One More, 911 pins

Handicap Series – Huggers, 2,561 pins

High Average Men – Steve

Mueller, 182 pins

Scratch Game

Men – Steve Mueller, 212 pins

Scratch Series Men – Steve Mueller, 546 pins

High Average Women – Chris Porter, 173 pins

Scratch Game Women – Chris Porter, 199 pins

Scratch Series Women – Chris Porter, 521 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Road in Gaithersburg, Maryland. The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is \$11.

If interested in joining, call Rita at (301-814-9196).



GOLF CARTS – RULES OF THE ROAD

Golf carts must be driven on the right hand side of the road nearest the curb. Operators must obey all traffic rules and regulations. Driving golf carts is prohibited outside the community, including the Leisure World Plaza.

Parking or driving carts on any turf areas is prohibited unless areas have been designated for golf cart usage. Golf carts parked in unauthorized areas are subject to towing at the owner's expense.

RECYCLING REMINDER

We Do Recycle Cardboard!

From the
Sanitation Department



Everyone Loves a Chess Player in Uniform

by Bernie Ascher

It is becoming an annual event.

On opening day of the college football season, many colleges unveil new uniforms. This year, the University of Maryland impressed the fashion world again with new, flashy football uniforms, resembling multi-colored slices of the state flag. Fashion critics might call it Picasso's rendition of the Maryland state flag.

The new, bold uniforms are designed by Under Armour, a sports apparel company founded in 1996 by Kevin Plank, a former special teams captain of the University of Maryland football team, when he was 23 years old. The company has a 10-year contract expiring in 2024 to supply the uniforms.

Plank has not forgotten his alma mater. In 2014, he pledged \$25 million to help the University build a Terrapin Performance Center for Maryland sports.

The uniforms are popular because they are made from special sweat-absorbing material and endorsed by star athletes. To market its products in the U.S., Under Armour advertises heavily and pays millions for endorsements.

The company imports shoes and other sports apparel manufactured in several countries, mostly China, Vietnam, El Salvador and Mexico. About 97 percent of clothing sold in the U.S. is imported, according to the American Apparel & Footwear Association. Apparently, the jazzy uniforms have not improved the University's football record; the team has had losing records for the past three years.

Would chess players win more often if they wore uniforms? If so, what is an appropriate uniform for chess?

Some residents may remember the famous chess scene in the movie "To Russia with Love," in which James Bond and his opponent wore tuxedos in an elegant hotel ballroom. Of course, they played brilliant chess.

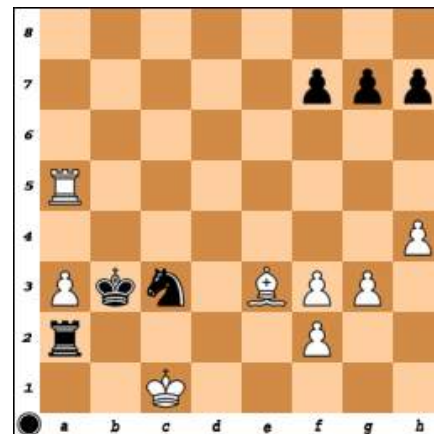
If players wear tuxedos or suits and ties to intimidate their opponents, what happens if both players wear the same uniform? Does that cancel the "intimidation effect?"

Here are some ideas for chess-wear.

- Eyewear – Goggles with blue glass will prevent opponents from discovering that you are sleeping between moves.

- Neckwear – Stuffed pillows will enable players to sit tall while relaxing.
- Gloves – Fingerless gloves will facilitate movement of pieces on the chessboard.
- Jerseys – T-shirts with bright, bold colors (such as those of the Maryland state flag) can cause opponents to strain their eyes, not realizing why their eyesight is weakening during the game.
- Knee-wear – Kneepads will prevent players from banging up their knees when bumping their legs against the table.
- Footwear – Using athletic shoes with spikes to touch the opponent's legs casually under the table will make sure the opponent is unable to take naps between moves.
- Beachwear – Casual clothing, such as beachwear, will make the opponent speed up moves, yearning for a quick end to the game to maximize vacation time.

At the Chess Club, members wear plain street clothes – no helmets, protective kneepads or shoulder pads, and never tuxedos. In the game shown on this page, Black's King is wide open, but it is Black's turn to move. Black can win



by checkmate in two moves. Do you see it?

The solution follows the usual message that the Chess Club meets on Mondays, Wednesdays and Fridays from 1-4 p.m. in Clubhouse II. Membership is free. For beginners' lessons, call Lark Keller at (240-669-6628). For further information about the Club, call Club president Bernie Ascher at (301-598-8577).

SOLUTION: Black moves the Rook at e4 to e1, checking the White King and forcing the King to move to h2. Black then moves the Pawn from g2 to g1, promoting it to a Queen. Checkmate!

So, do not wait for a fashion statement. Do not wait for imported chess uniforms. Do not wait for clothing endorsements by star chess players. Play chess now!

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Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

For regular Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

Tuesday, Aug. 28, 2018

North-South
Flight A

- 1. Aaron Navarro – Stephan Billstein
- 2. Mel Schloss – Wendy Morrison
- 3. Hanna Schepps – Marlys Moholt
- 4. Joy Bloomfield – Betty Hollrah

Flight B

- 1. Joy Bloomfield – Betty Hollrah
- 2. Beena Deshmukh – Madhav Deshmukh

East-West
Flight A

- 1. Patti Anschutz – Mary Lafferty
- 2. Saul Penn – Elaine Conway
- 3. Helen Solomon – Rae Newman
- 4. Norman Salenger – Shirley Light

Flight B

- 1. Helen Solomon – Rae Newman
- 2. Jim Anschutz – Robert Kerr

Friday, Aug. 31, 2018

North-South
Flight A

- 1. Aaron Navarro – Barbara Lebwohl
- 2. Shirley Light – Bernice Felix
- 3. Wendy Morrison – Mel Schloss

Flight B

- 1. Leonard Taylor – Lillian Taylor

East-West
Flight A

- 1. Judy Tankersley – LeAnna Gipson
- 2. Mildred Lieder – Howard Brewer
- 3. Sue Swift – Nancy Gordon

Flight B

- 2. Sue Swift – Nancy Gordon

Tuesday, Sept. 4, 2018

North-South
Flight A

- 1. Diane Keiper – Nadyne Cheary
- 2. Marilyn Rubinstein – Stanley Rosen
- 3. Alfred Caponiti – John Ryan
- 4. Hanna Schepps – Robert Catlett
- 5. Palma Seeger – Jim Anschutz

Flight B

- 1. Marilyn Rubinstein – Stanley Rosen
- 2. Palma Seeger – Jim Anschutz

East-West
Flight A

- 1. Jerry Miller – Marlys Moholt
- 2. Sue Swift – Aaron Navarro
- 3. Barbara Summers – James Summers Jr
- 4. Stephen Weiner – Larry Carswell
- 5. Robert Kerr – Lorraine Hegel

Flight B

- 1. Stephen Weiner – Larry Carswell
- 2. Nancy Gordon – Bernice Felix

Friday, Sept. 7, 2018

North-South
Flight A

- 1. Marilyn Rubinstein – Stanley Rosen
- 2. Aaron Navarro – Dora Levin
- 3. Diane Keiper – Nadyne Cheary
- 4. Lillian Taylor – Leonard Taylor

East-West
Flight A

- 1. Lorraine Hegel – Sue Swift
- 2. Norman Salenger – Shirley Light
- 3. Stephan Billstein – Jim Cowie
- 4. Robert Kerr – Marcia Fletcher

Flight B

- 1. Stephan Billstein – Jim Cowie
- 2. Robert Kerr – Marcia Fletcher

Wednesday Night Chicago Bridge

Compiled by Abigail B. Murton

Aug. 29, 2018

- 1. Marcia Elbrand and Monroe Elbrand, 4,610
- 2. Dottie Donnelly and Dottie Hurley, 4,220
- 3. JoAnn Gellman and Sally McGowen, 3100

Sept. 5, 2018

No game.

Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Aug. 30, 2018

- 1. Mary Jan Noll, 3,110
- 2. Pat Williams, 3,100
- 3. Judith Lane, 2,900

Sept. 6, 2018

- 1. Jo Ann Gellman, 3,250
- 2. Shirley Gilmore, 2,950
- 3. Helen Montanaro, 2,850

Friday Bridge

Compiled by Shirley Rosenhaft

Aug. 24, 2018

- 1. Marc Levin, 3,060
- 2. Bob Stromberg, 2,840
- 3. Bill Cave, 2,830
- 4. Ruth Kean, 2,350

Golf Club

Golf Results

Compiled by Rita Molyneaux

Aug. 28, 2018

9-Hole Ladies

Two Lady Team Net

- 1. Lois Falck, Janet Danziger, 29
- 2. Kazue Waller, Young Sook Lee, 30
- 3. Carole Lee Simms, Janet Jaret, 31
- 4. Ruth Cougnet, Linda Andrews, 32

Aug. 29, 2018

MISGA at Home

- 1. Doug Brasse, Pam Mulcahy, Stephen Sherrod, Tim Miller, 114
- 2. Kathy Frensilli, David Royston, Brian Kimes, 116
- 3. Doug Allston, Ken Katkowsky, Dick Johnson, Laura McDonald, 118
- 4. Jules Gildstein, Joe Riley, Joe Crocetta, 119*

Closest to the Pin #8

Gene King, 15’ 2.5”

Closest to the Pin #16

Kevin Cannady, 21’
*Match of cards

Aug. 30, 2018

18-Hole Ladies

Step Aside Scramble

- 1. KC Choi, Patt Hooper, Veronica Nisbet, 76
- 2. Christa Storm, Pam Mulcahy, Pat O’Connor, Sue Heyman, 76

Sept. 4, 2018

9-Hole Hole Ladies

Step Aside Scramble

- 1. Connie Park, Patt Hooper, Carole Lee Simms, Florence Merola, 44

- 2. (tie) Clara Brincefield, Barbara Rushing, Rachel Wrattan, Rose Arnold, 45
- (tie) Patty Howlin, Kazue Waller, Lois Kutun, 45

Sept. 5, 2018

Ray Lombardi Memorial
Tournament

- 1. Doug Allston, Jules Goldstein, Joe Powell, Richard Sturges, 63
- 2. Gene King, Steve Sherrod, Joe Boland, Steven Moore, 65
- 3. Kirk Lombardi, James Flanagan, Bob J. Brown, Carl Ridenour, 66

Closest to Pin #16

Steve Sherrod, 2’10”

Sept. 6, 2018

18-Hole Women

Beat the Pro

- Leisure World Golf Professional Richard Rosenthal, 73
- 1. Marylee Amato, 62
- 2. Mary Ko, 70
- 3. K.C. Choi, 71



Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501).

Bocce: Games are played on the first and second Fridays of the month at 10 a.m. at the bocce court, located outside of the Clubhouse I Terrace Room restaurant. The game is easy to learn, with no special skills required. There is no sign up; just show up (weather permitting).

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). Results are also posted on (cuebid.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Nadyne at (301-598-5677).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Chess: Free chess lessons for beginners and "rusty" players Monday and Wednesday, Clubhouse II. Call Lark Kellar (301-219-5955) for information. The Chess Club meets every Monday, Wednesday and Friday in Clubhouse II at 1-4 p.m.

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you

into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Mah-jongg: Learn how to play Mah-jongg. Call (301-598-3438).

Ping Pong: Get healthy exercise and camaraderie playing ping pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in Clubhouse II multi-purpose room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email at (julie12401@netscape.net).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

• **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlene at (301-438-7442) if you are interested in playing.

Indoor Pool Volleyball: Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.

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CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

NEW – The Emoluments Clause – What is it? Part 2: Find out what relevance this little-known clause in the U.S. Constitution holds today. Led by Betty Smith, participants will cover some of the more recent events related to this law.

“One of the weak sides of republics, among their numerous advantages is that they afford too easy an inlet to foreign corruption.” The Federalist No. 22, Alexander Hamilton, 1787.

Fee includes pocket-sized edition of the U.S. Constitution. For more information, contact Betty Smith, BS, MLS (301-598-4245).

This two-session class meets Wednesdays, Oct. 17-Oct. 24, 6-8 p.m. **Fee: \$15. Register at Clubhouse I.**

NEW – Strong Body, Sharp Brain, Endless Energy for Baby Boomers and Beyond:

Join us for this follow-up class to the recent CLL presentation. Instructor Cathy Richards helps baby boomers and beyond maximize physical health, brain function and energy levels for an amazing quality of life at any age. Participants will learn in-depth strategies for unlocking key mindset shifts and creating lasting motivation and lifestyle change. Each week will focus on a different sub-topic including: how to select (and stick with) a fitness plan that is right for you (even if you don’t like to exercise), superfood-based healthy eating and weight loss, brain fitness tricks, back pain

prevention, healthy hearing, falls prevention and much more. This class is the total package for healthy, energized living! The small group classroom format will allow for individual questions and personal attention. By the end of the class, each participant will create with a customized blueprint and action plan for achieving his/her personal goals.

For more information, contact Cathy at (301-742-1815) or (cathy@InspiringVitalityNow.com).

Class meets Fridays, Oct. 12-Nov. 16, 11-11:45 a.m. **Fee: \$59. Register at Clubhouse I.**

Voices: Slave Narratives in the Words of Frederick Douglas, Booker T. Washington, W.E.B. DuBois and Ta-Nehisi Coates, a CLL course:

There has been much new scholarship about slavery and its aftermath in recent years.

Instructor Paul Levy intends to challenge attendees to think anew about slavery and its legacy. He will use the voices of selected individuals to explore the history of slavery as is viewed by historians today. Through the words of slaves and enslavers, attendees will gain an understanding of slavery and its aftermath.

The class will look at three historical periods—the Colonial, pre-Civil War, and post-reconstruction years—as a preview to discussing the Atlantic Magazine essay of Ta-Nehisi Coates in which he proposes present-day reparations for Black Americans.

Levy’s classes are usually a mix of a short lecture followed

by discussion. Those who enjoy substantive discussion and are willing to challenge what they have been taught, or have thought, about slavery will enjoy this course.

Class meets Wednesdays, Oct. 3-Oct. 24, 10-11:15 a.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

RELIGIOUS EDUCATION

Exploring Ultra-Orthodox Judaism, an Adult Living and Learning (ALL) class: Led by Ira Weiss, this series will explore the third season of the critically acclaimed series “Srugim.” Discussion and commentary follow each episode.

Class meets Thursdays, Oct. 4-Nov. 15, 10:30 a.m.-noon. **Fee: \$30. Register at Clubhouse I.**

Connecting Through Kabbalah, an Adult Living and Learning (ALL) class: Discover the ancient secrets of Kabbalah and learn how to gain a greater connection to the Divine, to your peers and to your inner soul. Join Rabbi Hillel Shaps from the Greater Washington Kollel on an exploration of this ancient spiritual path.

Class meets Tuesdays, Oct. 9-Oct. 20, 11 a.m.-noon. **Fee: \$25. Register at Clubhouse I.**

Adult Living and Learning (ALL) classes are co-sponsored by JRLW and the Bender JCC of Greater Washington.

DANCE INSTRUCTION

Line Dance with Wendy: This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, Sept. 24-Nov. 26, from 2-2:55 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$40**

per session. Register at Clubhouse II.

EXERCISE

Chair Yoga with Robin, Mondays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included.

Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, Sept. 24-Nov. 19, 11 a.m.-noon or 2-3 p.m. (No class Oct. 8.) Choose the time that suits your schedule. **Fee per session: \$100. Register at Clubhouse II.**

Chair Yoga with Robin, Wednesdays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

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Class meets Wednesdays, Sept. 26-Nov. 14, 2-3 p.m. **Fee: \$100. Register at Clubhouse II.**

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 <p>LISTING UNDER CONTRACT! \$155K</p> <p>"Warfield" Garden Apartment 2BR, 2FB, end. balcony, green view, ranch kit, lge laundry rm, most utilities included, 1043 sf!</p>	 <p>BUYERS JUST SOLD! \$152K-\$155K</p> <p>"Warfield" & "Warfield Deluxe" Garden Apts. 2BR, 2FB (Deluxe w/ den), updated kitchens, end. balcony/patio, 1043-1136 sf!</p>	 <p>LISTING JUST SOLD! \$175,000</p> <p>Fairways South "H" w/ Garage 2BR, 2FB, end unit, multiple exposures, kitchen updated w/ stainless steel, 1220 sf!</p>	 <p>LISTING JUST SOLD! \$220,000</p> <p>"Carvel" Co-op Patio Home 2BR, 1.5BA, level entry, updated shower, FP, enclosed patio w/ shed, close to parking, 1412 sf!</p>	 <p>BUYER JUST SOLD! \$270,000</p> <p>Creekside "G" 2BR, 2FB, large balcony w/ view of greenery & trees, spacious kitchen & laundry rm, 1514 sf!</p>
 <p>LISTING JUST SOLD! \$415,000</p> <p>The Greens "B-H" w/ Garage 3BR + DEN, 3FB, 2 balconies, kit & BA updates, new floors & paint, stunning views, 2167 sf!</p>	 <p>LISTING JUST SOLD! \$445,000</p> <p>Overlook Hi-Rise "K" with Garage 2BR + DEN, 2FB, FP, tiled balcony w/ 2 fans, golf course view, storage rm+cage, 1520 sf!</p>	 <p>BUYERS JUST SOLD! \$415K-\$449K</p> <p>"Barstow" & "Huntington" Patio Home North End, 2 - or 3BR, 2FB, Florida room, updated KIT, 2-car garage, 1320-1410 sf!</p>	 <p>BUYER JUST SOLD! \$520,000</p> <p>The Overlook "L" w/ Garage 3BR, 2.5BA, end unit, golf course views, updated kit, HWDS, sep DR, expansive enclosed balcony!</p>	 <p>LISTING JUST SOLD! \$670,000</p> <p>Regency "Arts & Crafts" Model 13-years young, 2-level, luxury detached home, 4BR, 3FB, great room, gas FP, deck, 2-car garage!</p>

CALENDAR *of Events*

Friday, September 21

Clubhouse I

10:00 a.m. Book Club Network:
Diversity Strong
10:00 a.m. Book Club Network: Bookies
10:00 a.m. Book Club Network:
Searchers
12:15 p.m. Kiwanis Club
1:00 p.m. LWAAAC Program: Medical
Cannabis
1:30 p.m. Any Level Watercolor Art Class
3:00 p.m. Hispanos de LW: Games
6:30 p.m. LW Golf Twilight Dinner
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Zumba Gold Class
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
7:00 p.m. Baby Boomers Club: Movie

Saturday, September 22

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Studio Art Class
7:30 p.m. Ballroom Dance Club

Clubhouse II

9:15 a.m. JRLW Services
2:00 p.m. Going It Alone Club: Social/
Games

Sunday, September 23

Clubhouse I

2:00 p.m. Italian Social and Cultural
Club: Café Cinema
5:30 p.m. Rossmoor Women’s Club 50th
Anniversary

Clubhouse II

10:30 a.m. Jewish Discussion Group

Monday, September 24

Clubhouse I

9:15 a.m. Stretch, Tone and Strength
Training Class
10:00 a.m. Chinese Brush and Ink
Painting Art Class
10:30 a.m. Stretch, Tone and Balance
Class
1:00 p.m. Painting and Knife Art Class
1:30 p.m. LW Chorale
1:30 p.m. Book Club Network: Fall
Readers

7:00 p.m. Bingo

7:30 p.m. Chinese Club

Clubhouse II

9:00 a.m. Senior Sneakers Class
10:30 a.m. Zumba Gold Class
11:00 a.m. Chair Yoga Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Line Dance Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Line Dance Class
3:00 p.m. Ping Pong Club
4:00 p.m. Ba Duan Class

Tuesday, September 25

Clubhouse I

9:00 a.m. Flu Shot Clinic
9:30 a.m. Any Medium Art Class
10:00 a.m. Stepping On Class
10:00 a.m. CLL Course: Habla Connmigo
Part 4
1:00 p.m. CLL Course: Habla Connmigo
Part 3

2:00 p.m. Book Club Network: Suspensers

2:00 p.m. Democratic Club: Postcard Party

5:00 p.m. Lawn Bowling Club

6:30 p.m. Mixed Media Canvas and
Beyond Art Class

7:00 p.m. Duplicate Bridge

7:00 p.m. Trivia Group

Clubhouse II

9:30 a.m. Beginner and Advanced Tai
Chi Class

10:00 a.m. LW Apple Club

11:00 a.m. Mild Exercise Class

11:00 a.m. Water Exercise Class

12:30 p.m. Scrabble Group

1:00 p.m. Non-impact Fusion Water
Exercise Class

1:30 p.m. Comedy and Humor Club

2:30 p.m. Unitarian Universalists

7:00 p.m. Camera Club: Open
Competition

Wednesday, September 26

Clubhouse I

9:00 a.m. Gentle Yoga Class
1:00 p.m. Mental Health Sub-Committee
Program: Mindful Meditation
1:00 p.m. MISGA Lunch
1:00 p.m. Oils and Acrylic Art Class
2:00 p.m. LW Green
5:00 p.m. Crab Feast
6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class
2:00 p.m. Ballet Exercise Class

Thursday, September 27

Clubhouse I

9:15 a.m. Stretch, Tone and Strength
Training Class
10:00 a.m. Painting is for Everyone
Art Class
10:30 a.m. Stretch, Tone and Balance
Class
12:30 p.m. Ladies Bridge
12:30 p.m. 18-Hole Ladies Golf Lunch
1:00 p.m. Oils and Acrylics Art Class
1:30 p.m. Health Advisory Committee
Program: Macular Degeneration
2:00 p.m. Memory Café
6:00 p.m. Lawn Bowling Club

Clubhouse II

9:00 a.m. Senior Sneakers
9:30 a.m. Beginner and Advanced Tai
Chi Class
9:30 a.m. Quilting Group
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. Non-impact Fusion Water
Exercise Class
2:30 p.m. Computer Learning Center:
Android Help Session
4:00 p.m. Tap Dancing in a Chair Class

Friday, September 28

Clubhouse I

1:30 p.m. Watercolor Any Level Art Class
3:00 p.m. Hispanos de LW: Games
6:30 p.m. LW Golf Twilight Dinner
7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. E&R Program: Steve Roberts

Dial 301-598-1313
for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Community Planning

Oct. 8, 9:30 a.m., Clubhouse I

Insurance

Sept. 24, 2:30 p.m., Sullivan Room

Education and Recreation

Oct. 2, 9:30 a.m., Clubhouse I

Technology

Oct. 2, 10:00 a.m., Sullivan Room

Golf and Greens

Oct. 5, 9:30 a.m., Clubhouse I

LWCC Board of Directors

Sept. 25, 9:30 a.m., Clubhouse I

The meeting airs on Oct. 1, 3 and 5 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

Oct. 19, 9:30 a.m., Sullivan Room

The meeting airs on Oct. 24, 25 and 26 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change.
Meetings are open to all residents.

Leisure World Mutual Meetings

Sept. 24

Mutual 23 Board

10:00 a.m., Party Room

Mutual 9 Board

10:00 a.m., Sullivan Room

Sept. 25

Mutual 17A Board

2:00 p.m., Party Room

Mutual 21 Board

2:30 p.m., Community Room 3

Mutual 6A Board

3:30 p.m., Sullivan Room

Sept. 26

Mutual 20B Board

9:00 a.m., Community Room 4

Montgomery Mutual

9:30 a.m., Clubhouse I

Mutual 19B Board

1:00 p.m., Sullivan Room

Mutual 19A Board

7:00 p.m., Clubhouse II

Sept. 27

Mutual 10 Board

9:30 a.m., Sullivan Room

Mutual 20A Board

9:30 a.m., Community Room 1

Mutual 6C Board

9:30 a.m., Community Room

Mutual 26 Board

10:30 a.m., Party Room

Mutual 24 Board

1:30 p.m., Community Room

Sept. 28

Mutual 17B Board

10:00 a.m., Party Room

Oct. 2

Mutual 18 Board

1:30 a.m., Sullivan Room

Oct. 4

Mutual 27 Board

10:00 a.m., Community Room

Meeting times and locations subject to change.
Mutual Board meetings are open to respective mutual residents.

10:00 a.m. Chinese Club

1:00 p.m. Zumba Gold Class

1:00 p.m. Ping Pong Club

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge

Saturday, September 29

Clubhouse I

9:00 a.m. Gentle Yoga Class

9:30 a.m. Fall Flea Market

10:00 a.m. Open Studio Art Class

Clubhouse II

9:15 a.m. JRLW Services

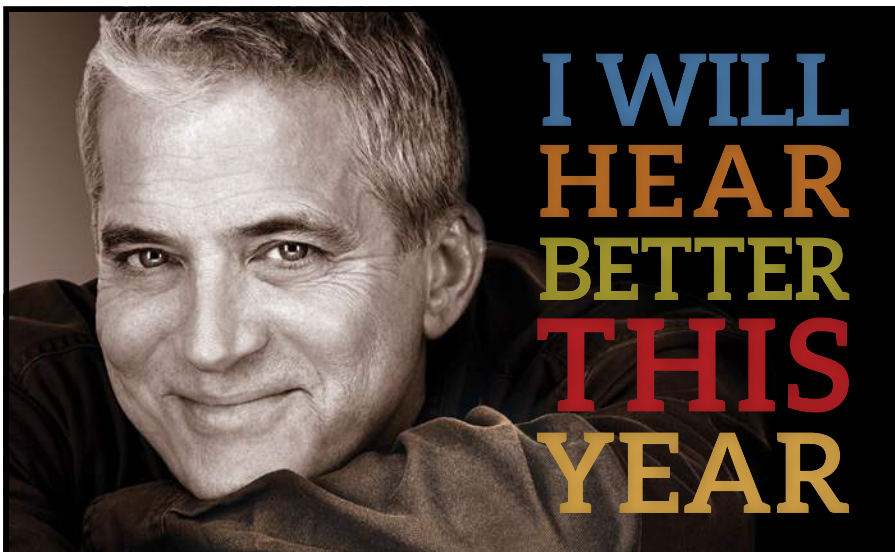
2:00 p.m. Going It Alone Club: Social

7:00 p.m. E&R Program: Comedian
Randy Riggle

Sunday, September 30

Clubhouse I

6:00 p.m. Gilbert and Sullivan Society
Dinner



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Clubhouse II

2:00 p.m. E&R Movie: "Churchill"

Monday, October 1

Clubhouse I

9:15 a.m. Stretch, Tone and Strength
Training Class

10:00 a.m. Chinese Brush and Ink
Painting Art Class

10:30 a.m. Stretch, Tone and Balance
Class

1:00 p.m. Painting and Knife Art Class

1:30 p.m. LW Chorale

7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class

9:00 a.m. Yizkor Services

10:00 a.m. Clipper Workshop

10:30 a.m. Zumba Gold Class

12:30 p.m. Men's Bridge

1:00 p.m. Chess Club

2:00 p.m. Chair Yoga Class

2:00 p.m. Line Dance Class

3:00 p.m. Ping Pong Club

3:00 p.m. Line Dance Class

4:00 p.m. Ba Duan Class

7:00 p.m. Democratic Club: Ben Jealous

Tuesday, October 2

Clubhouse I

9:00 a.m. Blood Pressure Testing

9:30 a.m. Any Medium Art Class

10:00 a.m. CLL Course: Habla Conmigo
Part 4

10:00 a.m. Stepping On Class

10:00 a.m. CLL Course: Habla Conmigo
Part 3

5:00 p.m. Lawn Bowling Club

6:30 p.m. Mixed Media, Canvas and

Beyond Art Class

7:00 p.m. Duplicate Bridge

7:00 p.m. Trivia Group

Clubhouse II

9:30 a.m. Beginner and Advanced Tai
Chi Class

11:00 a.m. Mild Exercise Class

11:00 a.m. Water Exercise Class

12:30 p.m. Scrabble Group

1:00 p.m. Non-impact Fusion Water
Exercise Class

1:30 p.m. Comedy and Humor Club

Wednesday, October 3

Clubhouse I

9:00 a.m. Gentle Yoga Class

10:00 a.m. CLL Course: Voices: Slave
Narratives

11:00 a.m. Short Story Group

12:30 p.m. NA'AMAT RBZ: Fashion
Show Luncheon

1:00 p.m. Oils and Acrylic Art Class

2:00 p.m. Book Club Network: African
Heritage

4:00 p.m. LWAAAC General Meeting

6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class

1:00 p.m. Chess Club

1:00 p.m. Ping Pong Club

1:00 p.m. Aqua Fit Exercise Class

2:00 p.m. Chair Yoga Class

2:00 p.m. Ballet Exercise Class

7:30 p.m. Fun and Fancy Theatre Group

Thursday, October 4

Clubhouse I

9:00 a.m. Flu Shots Clinic

9:15 a.m. Stretch, Tone and Strength
Training Class

10:00 a.m. Painting for Everyone Art Class

10:30 a.m. Essential Tremor Group

10:30 a.m. Stretch, Tone and Balance
Class

10:30 a.m. ALL course: Exploring Ultra-
Orthodox Judaism

11:00 a.m. Writers Workshop

12:30 p.m. Ladies Bridge

1:00 p.m. LWAAAC Program: Healthful
Thursdays

3:00 p.m. Stamp and Coin Club

6:00 p.m. Lawn Bowling Club

Clubhouse II

9:00 a.m. Senior Sneakers Class

9:30 a.m. Beginner and Advanced Tai
Chi Class

10:00 a.m. Stitching Group

11:00 a.m. Water Exercise Class

12:30 p.m. Men's Bridge

1:00 p.m. Gilbert and Sullivan Society

1:00 p.m. Non-impact Fusion Water
Exercise Class

4:00 p.m. Tap Dancing in a Chair Class

7:00 p.m. Tennis Club

Friday, October 5

Clubhouse I

10:00 a.m. Bocce

1:30 p.m. Watercolor Any Level Art
Class

4:00 p.m. Hispanos de LW: Games

7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Computer Learning Center:
Smartphones vs Flip Phones and Data
Rates Plans

1:00 p.m. Zumba Gold Class

1:00 p.m. Ping Pong Club

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge

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Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
3330 LEISURE WORLD BLVD #5-604	FAIRWAYS SOUTH	Hi-Rise 9+ Floors	3	2.5	\$325,000	\$310,000	\$0
3429 LEISURE WORLD BLVD #88-1H	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$56,500	\$56,500	\$0
3444 CHISWICK CT #44-D	MONTGOMERY MUTUAL COOP	Townhouse	2	3	\$159,000	\$155,000	\$0
3382 CHISWICK CT #51-1C	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$89,900	\$89,900	\$0
3100 LEISURE WORLD BLVD N #211	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$315,000	\$315,000	\$0
3100 LEISURE WORLD BLVD #725	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$359,000	\$353,000	\$0
3167 ADDERLEY CT #249	ROSSMOOR MUTUAL #11	Patio Home	3	2	\$219,900	\$220,000	\$2,000
3707 BETHNAL WAY #33A	ROSSMOOR MUTUAL #13	Patio Home	3	2	\$365,000	\$365,000	\$0
15311 PINE ORCHARD DR #87-2D	ROSSMOOR MUTUAL #19	Garden 1-4 Floors	2	2	\$129,000	\$122,550	\$0
15115 INTERLACHEN DR #1008	THE GREENS	Hi-Rise 9+ Floors	2	2	\$179,900	\$160,000	\$0
15107 INTERLACHEN DR #2-324	THE GREENS	Hi-Rise 9+ Floors	2	2	\$189,900	\$185,000	\$500
15101 INTERLACHEN DR #1-504	THE GREENS	Hi-Rise 9+ Floors	2	2	\$249,900	\$244,900	\$7,347
15107 INTERLACHEN DR #2-626	THE GREENS	Hi-Rise 9+ Floors	2	2	\$199,900	\$195,000	\$0
15101 INTERLACHEN DR #1-622	THE GREENS	Hi-Rise 9+ Floors	2	2	\$189,900	\$189,000	\$8,000
15107 INTERLACHEN DR #2-712	THE GREENS	Hi-Rise 9+ Floors	2	2	\$179,000	\$175,000	\$0
15101 INTERLACHEN DR #705	THE GREENS	Hi-Rise 9+ Floors	2	1.5	\$139,999	\$139,999	\$0
3005 LEISURE WORLD BLVD S #502	TURNBERRY COURTS	Hi-Rise 9+ Floors	2	2	\$210,000	\$200,000	\$0
3210 LEISURE WORLD BLVD #204	VANTAGE POINT WEST	Hi-Rise 9+ Floors	2	2	\$310,000	\$310,000	\$0
14809 PENNFIELD CIR #402	VILLA CORTESE	Garden 1-4 Floors	2	2	\$234,500	\$230,000	\$0
14805 PENNFIELD CIR #406	VILLA CORTESE	Garden 1-4 Floors	2	2	\$234,950	\$225,000	\$1,500



SOLD!!!

3382 Chiswick Court, #51-1C

Our buyers found the perfect place to call home!
Call us TODAY to see how we can help YOU!



UNDER CONTRACT!!!

3233 Ludham Drive, #189-A
WENT UNDER CONTRACT IN ONLY 4 DAYS!!



SOLD!!!

15400 Bassett Lane, #46-3D
2 Bedroom, 2 Full Bath unit with carport! Granite counters, updated flooring, and more!



Scott Keenum

- ✓ Resident of Leisure World & represented Leisure World at the Maryland Senior Olympics winning a Silver Medal in Pickleball
- ✓ U.S. Army Veteran
- ✓ 30 Years of Experience in the Mortgage Industry

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CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (atticllc.com) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC – I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

THINKING OF SELLING your home or that of a relative? Call Sue Heyman of Weichert, Realtors, Leisure World Plaza, community resident for over 14 years. Top 1% of Agents Nationwide, Seniors & Relo Specialist, "Forward 50 Sponsor." Inventory is historically low. Days on the market for our community are now hovering at around one month. Prices are going up! As sellers, now is the time to take advantage of this fast-paced market. I know all of the floor plans and how to price them. Tap into my experience, contractor connections, and marketing to get the best price. My top-quality color brochures, twice-monthly statistical reports specific for your property, multiple websites, staging techniques, and visual tours display your home and our community at its best. Call Sue for your free competitive market analysis. Office: (301-681-0550). Direct: (301-580-5556).

CONDO COMING SOON: Apt 112 in Vantage Point East will soon be on the market. This first floor 2BR and 2BA condo has a storage unit and a prime single car parking space (literally as close as you can get to the interior of the building, just on the other side of the door to the garage). Please contact Shannon Lindstrom at (301-233-3386) to inquire about a private sale. Serious inquiries only please. No realtors.

LIST YOUR PROPERTY FOR 3.95%. Call me for any of your real estate needs, whether buying or selling, in Maryland or DC, Gerry Walsh (845-401-1177) or (Gerry@SunPropInc.com).

OPEN 9/23/18 1-4 p.m. 15535 Prince Frederick Way. Huntington Model, over 1,600 sq. ft. Open Floorplan. Fresh paint and carpet, all-new appliances, 4-season sunroom, 2 large bedrooms/2 full baths. Extra-large 2-car garage with storage, private gated courtyard. A must-see. Long and Foster (301-548-9700), Eve Rados Marinik (301-221-8867)

LEISURE WORLD, 3BR, 2FB, PATIO HOME, corner lot, fully renovated kitchen and bathrooms, granite counters, Florida Room, finished garage, oak hardwood flooring and fresh paint throughout, new windows, abundant storage, many extras. \$396,500. Please call (301-233-0093).

REAL ESTATE FOR RENT

FABULOUS/SPACIOUS 1BR/1BA light-filled condo, glass-enclosed balcony in a magnificent midsize building in LW. Rent includes highly sought-after garage parking. Features include open floorplan, w/large formal dining room, tablespace kitchen with window, bedroom w/walk-in double-door closets, washer/dryer in unit, bath w/both shower stall and bathtub, plenty of closets, close to elevator. Gas and Electric separate. Must see to appreciate! No smoking/no pets. Available October 2018. Call (301-312-3843).

FOR SALE

FURNITURE FOR SALE – dining room, living room, bedroom furniture. Also Oriental rugs. Call (301-300-3925). LW resident.

CHAIRLIFT for a Berkeley Model townhouse. Great Condition. 3 years young. \$1,500. Call Lisa (703-300-2668).

RETAIL SALES

SCHAEFFER'S PIANO COMPANY. Founded 1901, Fourth generation family ownership. New Kawai dealer. New and used pianos—Steinway, Kawai, Yamaha, Schaeffer. (schaefferspiano.com), (301-424-1144).

AUTO SALES

2011 CADILLAC STS4. Loaded with sunroof, chrome wheels, GPS, all-wheel drive, 1 owner, only 26,000 miles. Pearl white. MD inspected. \$14,900. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2001 VW BEETLE GLS. Automatic, sunroof, power windows, power locks, cold a/c, aluminum wheels. ONLY 39,000 miles. MD inspected. Like new. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2009 CHEVROLET COBALT LT. 1 owner, only 4,680 miles. 4 door, power windows. New battery. MD inspected. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2009 TOYOTA YARIS. 2-door hatchback, automatic, new tires. One owner. Great gas mileage. MD inspected. \$4,499. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973). Not affiliated with Cherner Bros.

CONVERTIBLE – 2009 MERCEDES 350CLK, midnight blue exterior, beige + wood tone interior, seats 5, dealer-maintained + garage-stored. \$15,000 or best offer. Kathleen (301-383-1056)

CASH FOR CARS – Cherner Bros. 48 years' experience; will buy your car for cash. We come to you. Call Marty B. @ (240-447-0258). Dealer #U2158.

AUTO SERVICES

NEW LEVEL AUTO SERVICE. 716 East Gude Drive, Rockville, MD 20850: Complete auto repair. Specialized in diagnostics, repair & maintenance. –Work all makes and models. –Domestic and imports. –Call us today (301-762-1200). –We have senior discounts and free shuttle to Metro station.

TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER is here: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.–10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text: (301-933-8899). Email: (Steve.Your.Driver@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries.

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Always on time. Over 100 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

DON'T MISS AN APPOINTMENT because of unreliable transport providers! For shopping, family gatherings, medical appointments or airport rides call Reliable Para Transit, a non-emergency medical transport service. We offer door-to-door services. Our drivers are punctual, reliable & courteous. Rates are affordable. Service is our pride. Call (301-529-0710). We'll Take You There!

DMV WHEELCHAIR-ACCESSIBLE TRANSPORT SERVICE. Leisure World resident with nice, clean, comfortable wheelchair-accessible van. Will pick you up at your door and drive you anywhere you want to go. On time, safe and good driving record. For reservations and to schedule your ride: text (571-253-8559) John, or email: (john@dmvwheelchairtransport.com), or visit us at: (www.dmvwheelchairtransport.com).

CAREGIVERS AND HEALTH CARE

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants."

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable

and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146)

ELDERLY CARE: Over 10 years experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

CNA —with 18 years' experience. Seeking position to care for sick/elderly. Good references available Monday–Friday and weekends. Days or nights. Full/PT. Have my own transit. Call (301-442-9324).

EXPERIENCED NURSING ASSISTANT. Offers personal care, companionship, housekeeping, cooking and transportation. Available Days or Nights. Full/PT. Have my own car. Excellent references. Speaks English and French. Parishioner at St. Patrick's Catholic Church. Anastasie (202-203-8573)

CERTIFIED NURSING ASSISTANT, over 20 years' experience. Honest,

dependable care with respect and love. Personal care, cooking, cleaning and doing shopping. References available. Available for work now, days and weekends. Call Yvonne at (240-706-0428).

CERTIFIED NURSING ASSISTANT currently working in assisted living facility. Knows a lot about the special needs of elderly. Professional, courteous service. Basic health care services. Lays out medication for patients, makes sure they take correctly. Accompanies to doctor's appointments. Helps with daily routines/activities. Driver's license. Prisca (202-899-0028).

SKILLED, LOVING CAREGIVER seeking position to provide care for the elderly or person with disabilities. Has references. Call Monica (301-646-2132).

INDEPENDENT CARE CONTRACTING, Reana Robinson. Services we provide: activities of daily living, run errands, escort to and from appointments, prepare meals. Light house duties and provide short and long hours. (240-389-7115), (301-598-7489). Email: (Reanar1@yahoo.com)

CNA — 25 years' experience. Loving, caring, reliable, looking for full or part-time work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

CAREGIVER / MEDICATION TECH. Reliable Caregiver to assist

with activities of daily living at your own home. Dependable, reliable and caring with proven experience with elderly care. Flexible hours. Assist with medication, medical appointments. Certified medication technician. CPR/First Aid. (202-826-8994), (amatrixhealthcare@gmail.com)

AFFORDABLE ASSISTED LIVING in Forest Glen / Silver Spring 20910. MiLo Care Inc. offers: respite, part-time or full-time care. Fully credentialled caregivers and two registered nurses on call 24/7. Call for occupancy rates and tours. Joyce Kroner, RN (301-728-2292), Sharon Hall, RN (301-219-4015).

CNA provides service for the needs of the elderly such as any necessary in-home care, meal preparation, errands and driving. Call (703-389-6180).

FANTASTIC ELDER CARE PROVIDERS: Ruth Wilson (202-460-0302), Aminita (Amy) Diane (240-388-7135). Highly skilled, compassionate in-home care, available for private hire. \$20/hr. Everything from companionship and help with errands and meals, to full bed-bound care. We can't recommend these 2 ladies highly enough. Always on time, always providing quality care with dignity and respect. Recommended by the Lindstrom family.

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Olney Assisted Living Memory Care...nurturing independence and promoting individuality

Specialized programs, designed to stimulate the mind, body and spirit, are integrated into everyday life in our unique, nurturing environment. At Olney Assisted Living, we focus on what our residents can do, not what they cannot.

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the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

BEAUTICIAN: I can do your hair in your own home. Have 45 years' experience styling hair and have worked at Images for 17 years. LW resident. Can use threading for hair removal. Gity (301-642-7281).

PERSONAL ASSISTANT to include: driving to appointments and stores, personal shopper and trainer (fitness and nutrition), information technology specialist, prescription pick-up, light food preparation and house work. Please call Chris at (301-283-1050).

FELLOW LEISURE WORLD resident available for companion (local and travel); transportation: errands, church, social and medical appts.; friendly visitor. Excellent references. Call Kathleen at (202-758-9208).

LICENSED HAIR STYLIST with more than 25 years' experience. Looking for additional income. Will come to your home for haircut & style. Excellent references. Lida (301-467-7331)

LESSONS

ONLINE PIANO AND VIOLIN lessons with Skype. Conservatory graduate with over 34 years of experience as a teacher and performer is now giving online lessons to the Leisure World community. I have performed at the White House, Carnegie Hall, Kennedy Center, the Vatican and all over the world. If you are interested, call Diane at (301-977-1776).

FREE Tennis Lesson for LW residents. Requirements 1. Tennis Racket. 2. Can throw and catch ball across net 10 times. Sept. 30 7-8 a.m. Rain or shine at LW courts. Testing new techniques. World Class coach. First 8 to reply to (tomhowto@gmail.com).

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

LOOKING FOR A WHEELCHAIR donation. If you have one to donate, please give me a call. (240-643-0174). Will pick up.

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books. Art, kids, cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258)

JOB OPPORTUNITIES

Do you enjoy WORKING WITH YOUNG CHILDREN? St. John's Episcopal School in Olney is looking for an Aftercare teacher to supervise Preschool through Grade 2 students Monday-Thursday, 3-6 p.m., and on Fridays, 1:30-5 p.m. The average group size is fewer than 10 children. Please call Sharon Rippen, (301-774-6804) for details.

HELP WANTED

LOOKING FOR SELLERS.

Downsizing house. I am looking for people who can sell my belongings on Amazon, eBay or other sites. Call CLAUDE evenings at (301-288-4972) in Leisure World.

ACTIVITY OPPORTUNITIES

DISTINGUISHED FLYING CROSS SOCIETY. The organization's president, Lawrence Goldstein, is a Leisure World resident. He invites any resident who has received the Distinguished Flying Cross to join. Contact Larry (larr914@gmail.com), (301-847-9745).

BOOK CLUB FOR WOMEN — seeking a few "Serious Readers": 15+ year-old club reads award-winning fiction and meets at founder's LW home the second Sunday of the month 5:30-7:30 pm for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).



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A window of opportunity awaits

Gardenside at Ingleside at King Farm represents the future of extraordinary retirement living. It's time to experience a lifestyle that provides opportunities for growth and adventure. Gardenside features elegantly appointed apartment homes, superior amenities and a Center for Healthy Living. A stylish, engaged lifestyle at its very best!

Gardenside is ALMOST SOLD OUT!
Reserve one of the last apartment homes
before the opportunity is gone.

For more information call 240-398-3846.



*Ingleside at King Farm is a CARF accredited,
not-for-profit, continuing care retirement community.*

701 King Farm Blvd. • Rockville, MD
www.inglesidekingfarm.org



FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10:00 pm. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. E-mail (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training

on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

UPCOMING EVENTS

MY LIFE: MARKS OF A NEEDLE. Over 50 traditional Korean quilted textiles will be on display at the Sandy Spring Museum September 6-23. Work by artist In-Sook Park, inspired by the grief of losing her mother and yearning for the joy of the seasons. Two Korean culture days will include dance and drumming performances and workshops: Wednesday, Sept. 15, 12-4 p.m., and Wednesday, Sept. 22, 1-5 p.m.

MUSIC & HISPANIC HERITAGE MONTH Festival. Saturday, Sept. 22. Free. Morning at Twinbrook Library—launch of Library of Things: Music. Afternoon at Kensington Park Library—1-2 p.m., basic salsa dancing instruction. 1:30-2:30 p.m., make your own egg shaker. 3-4 p.m., percussionist Luis Garay performs classical, jazz and Afro-Latin.

EXPERIENCE living legend JOHNNY MATHIS, honor Heroes and help victims of domestic violence and child abuse! Child Justice Heroes: Gov. Larry Hogan, First Lady Yumi Hogan, Sec. of State John Wobensmith, and Glenn Fueston, Exec. Dir. of the Governor's Office of Crime Control and Prevention. Sept. 23, 2018 at 2:30 p.m. Georgetown University Hotel & Conference Center (Free Parking), 3800 Reservoir Rd NW, Washington, DC 20057. Enjoy delicious drinks & hors d'oeuvres, live auction and intimate concert! Special discount from \$200 for LW residents. Purchase tickets online at (www.child-justice.org) or send checks to: Child Justice, Inc., 8401 Colesville Rd., Suite 300, Silver Spring, MD 20910. Questions? Call (301-996-1175)

AUTUMN FILM SERIES. "Isaac Pope: The Spirit of an American Century." You've never heard of 100-year-old Isaac Pope, grandson of enslaved people and son of sharecroppers, but he's a hero. He yearned toward the American Dream, though he never came near it, but he spent decades helping others do so. Premiere showing in Rockville, Maryland—and meet the filmmakers. NAACP officials will kick off the discussion. Rockville Memorial Library, Sunday, Sept. 23, 2 p.m.

HOMECREST HOUSE HEALTH FAIR. Flu shots, Files of Life, blood pressure screenings, hearing tests, medical equipment, giveaways. Learn about health and wellness services. Wednesday, Sept. 26, 10 a.m.-2 p.m. Moskowitz Social Hall, 14510 Homecrest Road, Silver Spring, MD 20906.

F. SCOTT FITZGERALD FESTIVAL. Thursday, Sept. 27 at 6:30 p.m., Twinbrook Library: National literary experts, authors, conference organizers, and University of Maryland alumni Dr. Eleanor Heginbotham and Dr. Jackson Bryer will discuss the F. Scott Fitzgerald short stories "Winter Dreams" and "Babylon Revisited."

F. SCOTT FITZGERALD FESTIVAL. Saturday, Oct. 6 at 3 p.m., Twinbrook Library: A showing of the movie "Benjamin Button" (inspired by the F. Scott Fitzgerald short story) with a discussion afterwards with members of the F. Scott Fitzgerald Festival planning committee.

PET ADOPTIONS

PEKINGESE PUPS for companion placement. A few pups available 6 months to a year old. All current shots including rabies. Senior Discount \$750. Contact Vincent at (Vince817@yahoo.com) for photos.

WANTED

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973). Not affiliated with Cherner Bros.

WILL BUY MILITARY, WW2, WW1, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755)

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

CASH FOR RECORDS, CDs, and tapes. Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@gmail.com). Will make house calls.

CASH FOR CARS — Cherner Bros. 48 years' experience; will buy your car for cash. We come to you. Call Marty B. @ (240-447-0258). Dealer #U2158.

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