Board of Directors Approves 2020 Budget

by Stacy Smith, Leisure World News

The Leisure World Community Corporation (LWCC) board of directors firmly adopted the 2020 community facilities budget of $11,769,753 as recommended by the Budget and Finance Advisory Committee and management at its regular meeting on Sept. 24.

The 2020 Community Facilities Fee for residents is $204 per unit per month, an increase of $29.25 from 2019's fee.

The Community Facility Fee's increase for 2020 includes the Comcast bulk rate internet and upgraded cable TV service and the Washington Suburban Sanitary Commission’s change in rate structure, which has increased Leisure World’s water bills.

Sometimes referred to as the Trust Fee, the Community Facilities Fee provides for the maintenance and upkeep of Leisure World’s Trust properties, which includes, but is not limited to, Clubhouse I and II, the golf course, the medical center and three security gatehouses.

Funding for an electronic gate access system was officially added to the 2020 budget at the Sept. 24 board meeting, a proposed project that’s been considered since at least 2018 when the Security and Transportation Advisory Committee recommended funding for it be included in the 2019 budget.

The board also adopted the 2020 schedule of fees, a complete listing of fees charged to a resident for communal amenities and services, which includes everything from the cost of an annual indoor swimming pool pass to daily golf greens fees.

The full 2020 operating budget will soon be available to view on, or download from, (residents.lwmc.com).

Building Architects

In a 29-2 vote, the board accepted the Community Planning Advisory Committee’s (CPAC) recommendation to retain the services of RLPS Architects to complete the Administration Building and Clubhouse I Site Improvements project.

The motion authorizes Leisure World’s general manager to sign the contract with the company for an amount not to exceed $450,000. Funding is to come from the Resales Fund, a money reserve that collects two percent of the selling price on each Leisure World home.

RLPS Architects was chosen by CPAC based on several factors, such as the firm’s strong credentials and experience working within senior communities and its demonstrated ability to integrate architectural, engineering and interior and exterior design.

Two other companies had submitted proposals for architectural services, and a CPAC subcommittee and Tom Snyder, assistant general manager of facilities and services, interviewed all three companies during the selection process.

Comcast Xfinity Representatives Offer Appointment Slots

Walk-ins Still Welcome at Designated Times

by Stacy Smith, Leisure World News

Residents who miss the window to meet with a Comcast Xfinity representative in the Harbor Room of Clubhouse I via walk-in can now schedule an appointment one of three ways.

They can either send an email to (Comcast_leisure world@comcast.com); write their name, phone number and desired appointment time on a sign-up sheet located on the door of the Harbor Room in Clubhouse I; or stop by the Clubhouse I E&R office and add their name to a list.

Representatives from Comcast Xfinity have been stationed in the Harbor Room for about a month, fielding residents’ questions about the new internet and upgraded cable TV service and providing information about billing and other products Comcast Xfinity offers.

Just a Pinch

Marion Wittenberg receives a flu shot from student pharmacist Jeeyon Shon at the MedStar Health medical center’s pharmacy on Oct. 1. For details about the flu clinic, see page 3. Photo by Stacy Smith, Leisure World News
Residents Randomly Selected for Focus Groups
Letters Mailed to Some Leisure World Households Next Week
from the Special Strategic Planning Committee

The first stage of strategic planning, the resident survey, is now complete, and the Special Strategic Planning Committee (SSPC) will share its results with the community as soon as they are ready.

The response rate to the survey was very high (45.6 percent), and the SSPC greatly appreciates the level of participation by residents. (See page 4 of the Sept. 6 edition of Leisure World News for details.)

The next step in strategic planning is to facilitate several focus groups. This article is to let residents know about these focus groups and participation in them.

The SSPC will use focus groups since, while the survey provides a great deal of information about the interests and thoughts of residents, the focus groups allow the SSPC to get more in-depth information and understand why residents had particular views.

The focus groups will also allow the SSPC to explore other issues that may have arisen in response to the open-ended question in the survey.

It is important to understand, however, that since focus groups involve comparatively deep conversations (and are costly and time-consuming to conduct, as well as to analyze their results), the SSPC can only host six groups.

Each group will have a maximum of 12 individuals to facilitate conversation and ensure that every participant is able to fully share her or his ideas.

Randomized Selection
The SSPC is also taking steps to make the process of recruiting participants as random and as fair as possible. Therefore, the SSPC’s consultants from George Mason University (GMU), who will organize and run the focus groups, will use a randomized selection process of all Leisure World households to be invited to the focus groups. (Members of the SSPC and non-resident owners are not eligible to be in the focus groups.)

There are several important features of this process that the SSPC asks all residents to note.

One resident from each selected household may join the focus group. Residents will not be able to assign someone from another household to attend the focus group sessions in their place.

While the SSPC will use a randomized process, it will create the kind of random process that ensures there is some representation from the smaller mutuals. The SSPC does this since, in a completely random process, it would be possible, even likely, that none of the smaller mutuals would be included in the selected group of focus group participants.

Invitation Letter
After the SSPC has randomly selected the households for invitation to participate in the focus groups, it will send a letter of invitation.

This letter, which will be inside a white business envelope with Special Strategic Planning Committee as the return address, will be mailed sometime between Monday, Oct. 7, and Tuesday, Oct. 14, 2019 from Leisure World (to help ensure timely delivery).

Residents who receive this invitation should be sure to read it right away – it is very time-sensitive!

The invitation will list the schedule of the focus group sessions. Each session will last about 90 minutes and will be held in the early or late afternoon.

The selected households will be requested to RSVP to the letter of invitation by phone and select the specific focus group session they would like to attend.

The SSPC and its consultants are looking forward to engaging residents to gain a deeper understanding of the issues important for Leisure World’s future.

Be sure to watch your mailbox for the SSPC’s invitation letter, read it carefully and respond to it as soon as it comes.

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Oct. 23: Fire Safety Day at Leisure World

by Emily Geller

On Wednesday, Oct. 23, the Montgomery County Fire and Rescue Service (MCFRS) hosts the 2019 Fire Safety Symposium at Leisure World. Its slogan is “Your Fire Safety Is So Important That We Are Dedicating A Full Day to It!”

The symposium will include speakers and demonstrations as part of three different sessions all tailored to residents’ concerns.

All sessions are free, but residents are asked to register beginning Tuesday, Oct. 8, at 8:30 a.m. by calling the Clubhouse I E&R office at (301-598-1300).

Residents are welcome to bring guests from outside Leisure World if the guest names are given to the main gate, available at (301-598-1044), in advance.

Session Speakers

MCFRS fire chief Scott Goldstein, the morning session’s keynote speaker, will discuss “Interactions Between MCFRS and the Citizens of Leisure World” from 10 a.m.-noon in Clubhouse I. He will talk about fire, emergency medical service and other all-hazard responses, what residents should expect of MCFRS and what residents can do to improve the services that MCFRS delivers.

The afternoon session’s keynote speaker Brian Geraci, Maryland State fire marshal, will discuss changes to fire codes and building construction and what this means for Leisure World; the types of construction at Leisure World and fire and life safety features, building construction and modification requirements and considerations to improve fire safety in the home. The session is from 1-3 p.m. in Clubhouse I.

The evening session, held from 6-7:30 p.m. in Clubhouse II, will consider the topic, “Who Are the First Responders Who Come to Leisure World?” Kensington Volunteer Fire Department chief Jamie Hefflin and/or Sandy Spring Volunteer Fire Department chief Mitch Dinowitz will talk about local fire rescue departments and their volunteers, training, education and experience.

James Resnick, MCFRS senior outreach and education manager, will serve as coordinator and master of ceremonies for all three sessions.

From left, Montgomery County Fire and Rescue Service (MCFRS) fire chief Scott Goldstein, Maryland State fire marshal Brian Geraci, Kensington Volunteer Fire Department chief Jamie Hefflin, Sandy Spring Volunteer Fire Department chief Mitch Dinowitz and MCFRS senior outreach and education manager James Resnik. Photos courtesy MCFRS

Medicare Part D (Prescription) Open Enrollment

from the Social Services Department

The Medicare open enrollment period runs through Dec. 7, 2019. During this time, anyone enrolled in Medicare can change his or her prescription plan (Part D).

It is important those enrolled evaluate their Medicare Part D every year as formularies, prices and their medications can change. And, this can be done by researching the current plans on the (www.medicare.gov) website.

Residents who need assistance finding the appropriate Medicare Part D have two ways to get help. One is to contact their local Senior Health Insurance Information Program (SHIIP) office at (301-590-2819) and ask for a Part D worksheet, or pick up a worksheet at the MedStar Health medical center in Leisure World.

Another option for residents is to contact the Leisure World Social Services Department at (301-598-1559) to have a Part D worksheet sent to them. The social workers can then assist the resident in finding the right plan for them.

Also, be aware that the State of Maryland has a program called Maryland Senior Prescription Drug Assistance Program (SPDAP) that helps people pay the premium for their Part D program. A resident whose total gross income is below $37,470 (single) or $50,730 (married) might be eligible for this program.

The program is available throughout the year. Assistance and applications are available at the Social Services Department in the medical center, located at 3305 North Leisure World Boulevard.

Medicare Part D (Prescription) Open Enrollment

Flu Shot Offered at the Medical Center

by Leisure World News

People age 65 and older who contract the flu are at risk for more serious complications, according to the Centers for Disease Control and Prevention. Getting a seasonal flu vaccine each year by the end of October is the best protection.

A flu shot walk-in clinic is available to all residents on Tuesdays from 9:30 a.m.-4:30 p.m. at the pharmacy in the MedStar Health medical center building. Bring a photo ID and insurance card.

Residents can also schedule a flu shot with the pharmacy on another weekday by calling (301-598-1005).

Pneumonia, shingles and tetanus vaccines are also offered on clinic days or by appointment.

And patients who have an upcoming appointment with their primary care provider (Dr. Feldman, Dr. Ozanne-Johnson or Dr. Share) can receive a flu shot during their scheduled appointment.

Residents who are 65 years and older will receive the FLUAD vaccine, and residents who are younger than 65 will receive the FluLaval vaccine. FLUAD adds an additional ingredient to boost the immune response and increase the vaccine’s effectiveness. The pharmacy’s flu clinic replaces the flu clinic that was typically provided once a year to residents in Clubhouse I by the MedStar Visiting Nurse Association.

The medical center is located at 3305 North Leisure World Boulevard, adjacent to the Physical Properties Building. Residents coming to the medical center for a flu shot should enter through the main entrance, located at the rear of the building and facing the garden plots.
Comcast

Hours
Comcast Xfinity’s office in the Harbor Room is open Monday, Tuesday and Thursday from 10 a.m.-6 p.m., Wednesday from 10 a.m.-7 p.m. and Friday from 10 a.m.-3 p.m.

Walk-ins are welcome Monday through Friday from 10-11 a.m. and Monday through Thursday from 4-5:30 p.m. All other open times require an appointment.

The office is closed for lunch Monday through Thursday from 1-2 p.m. Hours and times are subject to change.

Installation
With phase I of the Comcast Xfinity internet and upgraded cable TV equipment installation now complete, technicians have moved to homes in The Overlook, Creekside, Mutual 19B and Villa Cortese.

Residents still unsure about when installation begins in their mutual can check the installation schedule available at the Administration Building reception desk or either clubhouse E&R office, or by signing in to (residents.lwmc.com) and clicking on Comcast in the Amenities & Services drop-down menu.

A postcard from Comcast Xfinity will be sent to a resident’s home about two weeks before installation is set to begin in his or her mutual. It contains instructions on how the resident can schedule a home installation appointment with Comcast Xfinity.

Installations are expected to continue through most of December 2019.

The terms of Leisure World’s eight-year bulk agreement with Comcast Xfinity officially begin Wednesday, Jan. 1, 2020.

Demo Days
Comcast will soon host a series of “demo days” to provide residents with hands-on instructions for using their TV remote controls and other product features. More information is forthcoming.

For more details about Comcast Xfinity’s services and installation at Leisure World, including the installation schedule and a list of frequently asked questions about internet and cable installation, sign in to (residents.lwmc.com) and click on “Comcast” under the Services and Amenities drop-down menu.

Board

Engineering and Landscape
The board approved CPAC’s recommendation to retain Stantec for civil engineering and landscape design services to complete the project’s construction documents for the Administration Building and Clubhouse I Site Improvements project.

The resolution is for an amount not to exceed $101,500, plus additional permit application and review fees with a budget of $28,500. Funding is to come from the Resales Fund.

Stantec managed the initial site plan approval work on this project, and it is appropriate to retain them for this next phase of construction document preparation in order to maintain consistency and ensure both efficiency and effectiveness in completing the work necessary for permitting and approvals of the project, according to the rationale for the resolution.

Building Tenants
The board approved a resolution authorizing the general manager to investigate the possibility of having one or more professional services as tenants in the new Administration Building after it opens.

The resolution came after board members discussed the community’s need for additional revenue streams.

The next meeting of the LWCC board of directors is on Tuesday, Oct. 29, at 9:30 a.m. in Clubhouse I. Board meetings are open to all residents unless legally closed.

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HOLIDAY SCHEDULE

Monday, Oct. 14, Columbus Day
Administration ......................... Closed

CLUBHOUSE I
Education & Recreation ..................... 10 a.m.-6 p.m.
Eyre Travel .................................. Closed
Rossmoor Library .......................... Closed
Clubhouse Grille .......................... Closed
Stein Room .................................. 9 a.m.-8 p.m.
Terrace Room .............................. 9 a.m.-8 p.m.

CLUBHOUSE II
Education & Recreation ..................... 8 a.m.-8 p.m.
FISH Desk .................................. Closed
Fitness Center ............................. 4 a.m.-9 p.m.
Swimming Pool (Indoor) ................... noon-8 p.m.

OTHER SERVICES
Golf Course & Pro Shop ................... 8 a.m.-6:30 p.m.
MedStar Health ............................. Open
MedStar Pharmacy ........................ Open
Physical Properties Department (PPD) ... Closed
Post Office ................................. Closed
Security Gates ............................ Open
Signal Financial Federal Credit Union ... Closed

Shuttle Buses: No shuttle service. Call Main Gate for supplemental transportation.

Trash/Recycling Collection: No trash or recycling collection. Trash collection will be on the next regular day for your location.

Oct. 14: AARP Safe Driving Course
by Leisure World News

The E&R Department sponsors an AARP Safe Driving Course on Monday, Oct. 14, from 9:45 a.m.-3 p.m. in Clubhouse I, with a one-hour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, $15 for AARP members and $20 for non-members, is required at the time of registration. (Please note: AARP members must show a current membership card to receive the AARP discount.)

Register for the course by stopping by the Clubhouse I E&R office. The number of participants is limited to 25, so plan to register early.

Participants should bring their driver’s license and a pen or pencil to the course. If you have any questions, contact the E&R office in Clubhouse I at (301-598-1300).

Group Email Addresses
Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. However, any email sent to these email groups that does not control should also not be sent to these groups. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The email addresses are:
- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - execcomm@lwmc.com
- Administration - administration@lwmc.com
- Communications - communications@lwmc.com
- Education and Recreation - recreation@lwmc.com
- Physical Properties - physicalproperties@lwmc.com
- Security - security@lwmc.com

Leisure World of Maryland Resales
July through September, 2019

<table>
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<th>MONTH</th>
<th>RESALES</th>
<th>RESALES FUND FEES COLLECTED</th>
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<tr>
<td>July</td>
<td>36</td>
<td>$174,137.80</td>
</tr>
<tr>
<td>August</td>
<td>27</td>
<td>$116,728.18</td>
</tr>
<tr>
<td>Sept</td>
<td>43</td>
<td>$165,282.88</td>
</tr>
<tr>
<td>TOTAL</td>
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<td>$465,148.86</td>
</tr>
</tbody>
</table>

The buyer of a home in Leisure World of Maryland contributes two percent of the home’s selling price to the Resales Fund. Currently, those funds are used exclusively for Facilities Enhancement Plan (FEP) projects, which are selected by the Leisure World Community Corporation board of directors.

Past FEP projects have included the Fitness Center in Clubhouse II and renovations to the restaurant and Maryland Room in Clubhouse I.
Join a Committee

Residents who would like to request membership on a Leisure World advisory committee should contact their mutual’s board of directors, or visit their mutual’s property manager or mutual assistant for a hard copy of the application. To view or download a digital copy, sign in to (residents.lwmc.com) and click on the corresponding news alert at the top of the homepage. Once filled out, return the application to your mutual assistant or property manager. The deadline to fill out and submit an application is Thursday, Oct. 31. Once all applications have been received, a full list will be provided to the Leisure World Community Corporation board of directors for approval.

Parkaing Reminder

The portion of the Clubhouse I drop-off circle that is not a fire lane is 10-minute parking only. Violators may be ticketed by the Security and Transportation Department. Residents and visitors to Clubhouse I may park in the Administration Building parking lot, adjacent to the side of Clubhouse I.

Keep Plastic Bags Out of Recycling Bins

Do not include plastic bags or other trash with recyclable items, the Sanitation Department urges residents. Leisure World sanitation workers have been instructed to not collect either non-recyclable materials mixed together with recyclables, or recyclables left for pickup inside a plastic bag. Montgomery County does not accept plastic bags with recyclables, as they can jam up the sorting machinery at the Recycling Depot. Residents may place their recycling in the blue bins, which are picked up on the same day as their trash schedule.

Residents who want to recycle their plastic bags have the option of dropping them inside the recycling bin that is located just outside the entrance of Giant grocery store in Leisure World Plaza.
THOUGHTS & OPINIONS: From Our Residents

A Few Things to Remember

Relevance: Make sure that your submission is relevant to the LW community as a whole and not just one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

Brevity: Being concise will ensure that your opinion will have maximum impact.

Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.

Ownership: All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.

SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer’s name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer’s name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, sign in to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

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EVENTS & Entertainment

■ Sock Hop Group

Oct. 5: Sock Hop Dance the Night Away

The next sock hop dance is on Saturday, Oct. 5, from 7-10 p.m. in Clubhouse I. Groove Quest will rock the dance floor with live music.

The price of admission is $10. A cash bar will be available, and dancers are welcome to bring their own snacks.

And then on Saturday, Oct. 26, “Take Two Entertainment” provides the music from 7-10 p.m. in Clubhouse II. The price of admission for this dance is $5. Participants are welcome to bring their own beverages and snacks.

Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).

— Abigail B. Murton

■ Education and Recreation Department

Oct. 5: Find Your Treasure at the Flea Market

Join your friends and fellow residents on Saturday, Oct. 5, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom and Maryland Room for the semi-annual Leisure World Flea Market.

Items on sale will include jewelry, handmade crafts and gifts, new and used books, contemporary and vintage clothing, glassware and china, toys and dolls, small appliances and housewares, bric-a-brac and collectibles and more.

Bring your friends and family and come join in the fun!

■ Education and Recreation Department

Oct. 6: Bob Levey Presents ‘Issues of Journalism Today’


Levey has recently published a novel, “Larry Felder, Candidate,” about an award-winning journalist who has quit his Washington, D.C., newspaper job to run for Congress in Maryland. The book will be available for sale after the program.

The discussion is at 2:30 p.m. in the Clubhouse II auditorium. Jonas Weiss is the host for the speaker.

November Forum

And then on Sunday, Nov. 3, author Garrett Peck returns to Leisure World to talk about the Smithsonian Castle and the Seneca Quarry.

The Seneca Quarry is a storied but “lost” Montgomery County site right along the C&O Canal. It was the source of the distinctive red sandstone for the Smithsonian Castle and many other buildings around Washington, D.C.

The presentation is at 2:30 p.m. in the Clubhouse II auditorium. Joan Hecht is the host for the speaker.

■ Education and Recreation Department

Oct. 10: Experience ‘Rhythms of the Soul’

Do you like to dance like no one is watching? Sing like no one is listening? Play hand instruments like a maestro? Then join in on the fun with other Leisure World friends for a creative, hands-on workshop led by Lady Renee Anderson on Thursday, Oct. 10, at 2 p.m. in the Clubhouse I Crystal Ballroom.

This workshop will offer African drumming, dancing, singing and the use of percussion instruments. No prior experience is required, just the willingness to explore your inner creativity! Participants should also bring a scarf and dress comfortably for movement.

A Leisure World resident, Anderson is CEO/founder, and artistic director for Imani Productions & Associates. Imani Productions is a collaborative project with more than 35 years of experience working with adults and youth in cultural education. This collaborative uses performing arts to inspire positive self-esteem, spiritual motivation and multicultural education.

Sponsored by the E&R Department, tickets are $5 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

Coming in 2019

The E&R Department is pleased to provide the following programs.

Oct. 5, 9:30 a.m. — Fall Flea Market
Oct. 10, 2 p.m. — Rhythms of the Soul with Renee Anderson
Oct. 18, 9:30 a.m. — Community Fair
Oct. 19, 7 p.m. — Four Seasons Dancers
Oct. 31, 7:30 p.m. — Halloween Dance Party
Nov. 16, 9:30 a.m. — Holiday Arts and Crafts Fair
Dec. 8, 4:30 p.m. — The Platters Tribute
Dec. 8, 7 p.m. — The Platters Tribute

Watch Leisure World News for more information on these and other upcoming programs throughout the year.
Oct. 18: Join a Club at the Community Fair

All residents are encouraged to set aside Friday, Oct. 18, from 9:30 a.m.-12:30 p.m. to attend the Community Fair in Clubhouse I.

This semi-annual fair is an opportunity to receive more information about the nearly 100 active groups, clubs and organizations in Leisure World.

Always loved a particular sport or hobby, but never tried it out? Or maybe you're looking for a group of like-minded folks who share your interests. From arts and crafts and games, to volunteering and charity work, the Community Fair offers something for everyone.

Representatives from all Leisure World groups, clubs and organizations are encouraged to attend, introduce themselves to the community and share what their group is all about.

Letters with entry forms have been mailed to all recognized groups, clubs and organizations. The deadline to return the entry form to the Clubhouse I E&R office is Wednesday, Oct. 16.

If your group, club or organization has not received one, or if you have any questions, contact the E&R Department at (301-598-1300).

Oct. 19: Four Seasons Dancers Celebrate World Cultures

The E&R Department welcomes back The Four Seasons Dancers (FSD). The troupe performs on Saturday, Oct. 19, at 7 p.m. in the Clubhouse II auditorium.

FSD is bringing a dazzling new show that will take you on a dancing trip around the world. Travel from Spain to Italy, China to Russia, Austria to Romania, and beyond. No passport or suitcases needed; just get a ticket to the show and get ready to be whisked away!

The company will perform a passionate Spanish flamenco, a gliding Russian circle dance, a joyous Italian tarantella, a whirling gypsy dance, an elegant Austrian waltz, a mysterious Chinese fan dance and more. The show is a mosaic of genres, from classical ballet to folk dancing, and infectious melodies, from the Klezmer music to Latin beats.

Based in nearby Aspen Hill, FDS celebrates the world of dance and performs locally and nationally. The company’s 15 dancers are women of different ages and backgrounds who work in various professional roles and sectors by day and, in the evening, rehearse at the dance studio, mastering intricate dancing steps of the 40 plus dances of the FSD repertoire.

Elena Indrokov-Jones is director of the company as well as its principal choreographer and costume designer. Trained at one of the premier academic ballet schools in Russia, Jones danced with several leading companies there. When she moved to the U.S. and settled in Montgomery County, she founded FDS with a mission of “promoting and communicating an understanding, appreciation and celebration of world cultures through dance.”

To learn more about the FSD, visit (www.fourseasons_dancers.com).

Tickets for this event are $10 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.
The Inter-Faith Chapel

Oct. 20: Concert Series Returns with The Howard University Chorale

by Kevin M. Clemens

The Howard University Chorale opens The Inter-Faith Chapel’s Concert Series with a performance on Sunday, Oct. 20, at 3 p.m. in the sanctuary of The Inter-Faith Chapel.

The Howard University Chorale is the university’s music department’s concert and touring choir for which auditions are required. Auditions are open to all students and the University community. Eric O. Poole directs the Chorale.

Upcoming Concerts

On Sunday, Nov. 10, at 3 p.m. the Dominion Brass Quartet performs for the concert series. The Quartet is a Washington, D.C.-based chamber ensemble inspired by traditions of the British brass style popular in the U.K. and Europe. Members perform in premier Washington, D.C., military bands, professional symphony orchestras and championship tier brass bands across the U.S. The Westminster Ringers ring a concert on Sunday, Dec. 15, at 3 p.m.

Formed in 1997, The Ringers provide gifted area musicians the opportunity to play advanced handbell repertoire at the highest possible level of musical sensitivity and technical clarity. In addition, the ensemble seeks to advance the knowledge, awareness and viability of the art of handbell ringing beyond what is normally available to members of volunteer church or school groups. Larry Henning directs the Westminster Ringers.

2020 Concerts

The Chesapeake Chorale Chamber Singers perform on Sunday, April 19, at 3 p.m. The Chamber Singers is a soprano, alto, tenor and bass ensemble that performs choral music of many traditions, eras and cultures. The ensemble is directed by Jesse Parker and draws singers from Prince George’s County. Members are auditioned and selected singers from the Chesapeake Chorale. Pianist Susan Ricci Rogel accompanies the singers.

On Sunday, May 31, at 3 p.m., the National Chamber Winds plays a program of music written for woodwinds and French horns. Conductor Robert Ambrose, bassoonist Daniel Bowlds and oboist Sarah Schram-Borg created the ensemble in early 2017.

The three recruited many of the finest woodwind players in the greater Washington, D.C., area, and on May 6, 2017 the National Chamber Winds performed their inaugural concert for an enthusiastic audience.

About the Concerts

All concerts are held in the sanctuary of The Inter-Faith Chapel with a reception following each concert in the fellowship hall. A free will offering is taken at the doors of the Chapel before and after the concerts.

Residents who would like to become a benefactor, patron, sponsor or friend of The Inter-Faith Chapel’s concert series should contact the Chapel at (301-598-5312), and the Chapel will send them a brochure.
**Unitarian Universalists**

**Oct. 22: Program Commemorates Philanthropist’s Legacy**

*by Dave Edfors*

On Tuesday, Oct. 22, the Unitarian Universalists present a program commemorating the legacy of Julius Rosenwald. The program is at 2:30 p.m. in Clubhouse II.

Rosenwald, the son of Jewish immigrants who, after achieving great wealth leading Sears, Roebuck and Company, partnered with African-American communities across the South to build schoolhouses for children who otherwise would have had extremely limited access to the public education to which they were entitled.

Between 1913 and 1932, Rosenwald provided partial funding for 5,357 schools and related buildings. African-Americans provided land, labor, materials and additional funding.

These buildings — many of them one or two room schoolhouses on country roads — were a source of pride and affection in their communities. The schools educated one-third of the African-American children of the South in the years before the legal end to segregation.

Motivated by the traditional Jewish teaching of tzedakah — the importance of treating every human being with both righteousness and justice — and after reading the book “Up from Slavery” and meeting its author, Booker T. Washington, Rosenwald enthusiastically embraced the idea of partnering with African-American communities in the South to build schoolhouses that state school systems were not providing.

The imaginative and far-reaching philanthropy of Julius Rosenwald is an inextricable part of the American story in the 20th century as the nation, wrestling with the legacy of slavery and continuing inequality, reached for ways of achieving a more perfect union.

The program will be presented by Stephanie Deutsch, a writer and critic living in Washington, D.C. She is the author of “You Need a Schoolhouse: Booker T. Washington, Julius Rosenwald and the Building of Schools for the Segregated South.” Deutsch has written for the New York Times, the Weekly Standard, (themillions.com), the Washington Times and neighborhood newspapers.

Join the Unitarian Universalists to attend the informative presentation. Light refreshments and conversation will follow the program. Residents don’t have to be a member of the Unitarian Universalists to attend the Group’s meetings. All are welcome.

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**Ballroom Dance Club**

**Oct. 26: Halloween Dance with The Helmut Licht Trio**

*by Joyce Hendrix*

Dance to the music of The Helmut Licht Trio on Saturday, Oct. 26, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

Doors open at 7:15 p.m. Costumes are optional, but encouraged for this dance.

Dancers will be entertained at intermission with a showcase by a hula dance group, followed by a parade of Halloween-attired dancers. Prizes will be awarded for best single costume and best couples costumes. Get started on those costumes! Cider and donuts will be served.

Make reservations with Hal Freeman at (bobbinhal@aol.com) or (301-438-7513) no later than Thursday, Oct. 24, to ensure a seat at the table of your choice. The Club’s recent dances have reached capacity, so without a reservation, dancers may be turned away at the door.

Admittance is $10 for members and $15 for guests, payable in cash at the door, or by check payable to LWBDC.

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**Musical Performances at the Clubhouse Grille**

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330). A $5 cover charge applies.

**Oct. 9**

Motown Classic with The Winstons Duo

**Oct. 16**

The Night and Day Band with Mike Suser and vocalist Charlene Cochrane

**Oct. 23**

Swing N On A Star with Michael Binder

**Oct. 30**

“Sax with Mike” Surratt
A New Year Begins for AIM

by Grace C. Cooper

Arts In Motion (AIM)

A new year begins a new year of its support for the arts in the Washington Metropolitan area by providing awards and scholarships to local artists and by showcasing performers at Leisure World.

AIM members are reminded that the Club’s annual meeting is on Tuesday, Oct. 8, at 11 a.m. in Clubhouse I.

Lavenia Nesmith

AIM’s next concert is on Friday, Oct. 11, at 5 p.m. in the Clubhouse I Crystal Ballroom and features the dynamic and beautiful singer Lavenia Nesmith.

Tickets are $20 each (check only, payable to AIM), and are available for purchase at the Clubhouse I E&R office. Tickets include snacks. Cocktails begins at 5 p.m. in the Clubhouse I Crystal Ballroom, and the show is from 6-8 p.m. Reserved table for eight to 10 are available to AIM members only.

Eric Byrd Trio

On Friday, Nov. 8, the Eric Byrd Trio comes to Leisure World. This versatile group, composed of pianist/vocalist Eric Byrd, bassist Bhagwan Khalsa and drummer Alphonse Young, call themselves “ambassadors of gospel, blues, and jazz.”

They have performed for enthralled audiences all over the world, including Europe, the Caribbean, the Middle East, South America and the Washington Metropolitan area.

Tickets are $25 each (check only, payable to AIM) and are available beginning Tuesday, Oct. 15, at 8:30 a.m. in the Clubhouse I E&R office. Snacks and cash bar will be available at 5 p.m. in the Clubhouse I Crystal Ballroom, and the concert begins at 6 p.m. Reserved table for eight to 10 are available to AIM members only.

Details about AIM’s upcoming winter solstice concert and dinner, as well as its jazz concert starring popular songstress Sharon Clarke, will be forthcoming.

Check AIM’s Facebook page at (facebook.com/aimartsmd) and AIM’s website, (aimarts.net), for more information about its upcoming events.

Educational and Recreation Department

Oct. 31: Halloween Party and Dance

Join the fun at this year’s Halloween celebration on Thursday, Oct. 31, in the Clubhouse I Crystal Ballroom. NightLife Band returns to provide the music.

Sponsored by the E&R department, the evening also features light refreshments and a cash bar. Attendees are encouraged to wear their finest Halloween costumes and participate in a contest that awards those with the best outfits.

Doors open at 6:30 p.m., and NightLife plays some of your favorite music from 7:30-10 p.m. Tickets are $25 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

NightLife is a high-energy dance band that has been performing locally and internationally for the past 20 years. With a repertoire spanning over three decades, this band will surely have you on the dance floor all night!

Mark C. Wimsatt Painting

Leisure World References

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We Need to Talk: Family Conversations with Older Drivers

According to the Federal Highway Administration, in 2017, there were approximately 28 million licensed drivers age 70 and older in the U.S. And while there has been a decline in fatal accidents caused by older drivers, functional impairments (physical, cognitive and visual), along with medications associated with aging can interfere with one’s ability to drive, and increases the risk of a crash, according to the Insurance Institute for Highway Safety. Yet a person’s desire to maintain his or her independence keeps the older driver on the road.

This three-session course, sponsored by AARP Driver Safety, guides families in determining when it is time for their loved ones to hang up the keys. While knowing when the time is right can be hard, surveys show that more than half of the older drivers whose family asked them to retire from driving said they listened to and followed the suggestion of others.

The sessions are on Friday, Nov. 1 and Nov. 15, and Monday, Nov. 18, from 2-3:30 p.m. in Clubhouse I. The course will offer practical tips and advice on:
- The Meaning of Driving – Find out what driving means to older adults and the emotions they may face when having to give it up
- Observing Driving Skills – Learn to observe your loved one’s driving skills objectively and talk about alternatives to driving.
- Planning Conversations – Discover how to have “the talk” while encouraging independence. It is a difficult conversation to initiate, but with the right tools, you can really make a difference in the life of an older driver.

The course is free, but registration is required and begins on Tuesday, Oct. 8, at 8:30 a.m. in the Clubhouse I E&R office. Space is limited, so plan on registering early. Please bring your Leisure World ID.

From left: Kathryn Balestino-Estes, Au.D., Dr. Heather Schwartzbauer, M.D., Allyson Bull, Au.D., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrsoniak, M.D.

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EARNOSETHROAT SPECIALISTS

Drs. Chrsoniak, Schwartzbauer and Mehta, M.D.
Nov. 12: In the Footsteps of George Grant, First Photographer for the National Park Service

by Fred Shapiro

Anyone who visits the National Parks is overwhelmed by the beauty of their natural sights and awed by the photographs they inspire.

The Center for Lifelong Learning (CLL) and the Rossmoor Camera Club co-sponsor a presentation by authors Ren and Helen Davis about the first photographer for the National Park Service (NPS), George Alexander Grant.

The presentation is on Tuesday, Nov. 12, at 2 p.m. in Clubhouse I. Admission is free, but registration is required and begins on Tuesday, Oct. 8, at 8:30 a.m. Call (301-598-1300) or stop by the Clubhouse I E&R office to register.

The Davises presentation is based on a book they have researched and written entitled, “Landscapes for the People: George Alexander Grant, First Chief Photographer of the National Park Service.”

The oversize book includes a biography of Grant and more than 170 iconic black and white images taken during his career with the NPS, and is the culmination of three years of research in the Park Service photographic archives, the Western Archaeological Conservation Center, the National Archives, the Center for Creative Photography and other sites.

Grant’s photographs were often mistaken for the work of his better known contemporary and colleague, Ansel Adams; yet Grant remained an ‘unknown elder’ in the field of American landscape photography as nearly all of his published images were simply credited, ‘National Park Service.’

The book was released in September 2015 to coincide with the 2016 Park Service Centennial commemoration. As freelance writers and photographers, the Davises have co-authored seven guidebooks and more than 100 magazine and newspaper articles. In June 2016, ‘Landscapes’ received the American Library Association’s IndieFab gold medal as the most outstanding photography book published in 2015 by an independent or academic press.

For more information about the Davises, visit (www.davisters.com).
Hispanos de Leisure World

Oct. 11: ‘Everybody Knows’

by Carlota Goldenberg

Hispanos de Leisure World presents the psychological thriller “Everybody Knows” (2018, 2 hours 13 minutes, crime/drama/mystery, Spanish with English subtitles, rated R for some language) on Friday, Oct. 11, at 3 p.m. in Clubhouse I.

The movie tells the story of Laura, a Spanish woman living with her husband and children in Buenos Aires, who decides to take her son and daughter to Spain for her sister’s wedding. She looks forward to seeing an old friend there, but unexpected events bring family secrets into the open.

The movie presentation is free and open to all residents and their guests. Coffee, tea and cookies are available after the movie.

Education and Recreation Department

Sunday Afternoon at the Movies

Oct. 27: ‘At Eternity’s Gate’

The E&R Department is pleased to present “Sunday Afternoon at the Movies.” The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, Oct. 27, the featured film is “At Eternity’s Gate” (2018, 1 hour 51 minutes, biography/drama, rated PG-13 for some thematic content).

Free tickets, limit two per person, are required and can be obtained beginning Tuesday, Oct. 8, at 8:30 a.m. in either clubhouse E&R office. Please bring your Leisure World ID.

The film portrays the Dutch painter Vincent van Gogh’s life in self-imposed exile in Arles and Auvers-sur-Oise, France.

Even as he develops his unique, colorful style of painting, he grapples with his feelings towards religion, his mental illness and his friendship with French artist Paul Gauguin. He begins to focus on his relationship with eternity rather than confront the pain the non-acceptance of his paintings causes him.

Willem Dafoe stars as van Gogh, with Rupert Friend as his brother Theo and Oscar Isaac as Paul Gauguin.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.

Interested in advertising in the Leisure World News?

For information:
call 301-598-1310
or email lwnewsads@lwmc.com

NA’AMAT RBZ Club

Nov. 6: ‘Heading Home: The Tale of Team Israel’

by Carole Mund

On Wednesday, Nov. 6, NA’AMAT shows the film “Heading Home: The Tale of Team Israel” (2018, 1 hour 27 minutes, documentary/comedy/drama, not rated) at 12:30 p.m. in the Clubhouse I Crystal Ballroom. All residents are welcome.

Both men and women will enjoy this film that traces the creation of a team to represent Israel in the World Series of Baseball. Learn about the process of gathering players with Jewish heritage from all over the world.

Following the movie there will be a brief discussion to share reactions and thoughts. Refreshments will be served. The cost is $5 per person at the door.

Be sure to mark your calendars to share in the pride of the team that represented Israel.

2019 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

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TUESDAY, OCTOBER 22, 2019
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LISTING COMING SOON! $195,000
Greens “GG”
2 BR, 2 FB, garage space, fresh paint, new SS appliances, 1195 sf.

SOLD! $300,000
LISTING COMING SOON! $195,000
Greens “GG”
2 BR, 2 FB, garage space, fresh paint, new SS appliances, 1195 sf.

SOLD! $148,000
Hampton Deluxe
Totally renovated 2 BR, 2 FB, CONDO garden apt. 1200 sf.

SOLD! $539,000
Overlook “L” w Garage Space
End unit w panoramic exposures, best views, huge kit w stainless, fully renovated, 1735 sf!

LISTING SOLD! $212,500
Turnberry “C” Model
2 BR, 2 FB Fresh paint, new flooring, high ceilings, gas heat, open kitchen, 1093 sf.

LISTING SOLD! $485,000
Villa Cortese New Building “T”
3 BR, 2 FB, upgraded appliances & floors, garage space, 1560 sf.

LISTING SOLD! $215,000
Fairways South “GG” Model
Garage spc, 2 BR, 2 FB, lower flr, contemporary updates, 1195 sf.

LISTING SOLD! $215,000
Fairways South “GG” Model
Garage spc, 2 BR, 2 FB, lower flr, contemporary updates, 1195 sf.

LISTING SOLD! $468,000
Elegant, Updated Patio Home
Turnkey, 2 BR, 2 FB, family room w/FP 2 patios, 2 car gar, 1470 sf.

SOLD! $300,000
Greens “K” Remodeled + Gar
2 BR, Den, 2 FB, stunning kit & BAs, exceptional views, 1480 sf.

LISTING SOLD! $559,000
Regency Single Family Home
Oak Hill Model - Beautiful new hwd flrs, updated BAs, 2 first flr BRs, two car garage. 3,700 sf.

LISTING COMING SOON! $195,000
Greens “GG”
2 BR, 2 FB, garage space, fresh paint, new SS appliances, 1195 sf.

SOLD! $699,000
LISTING COMING SOON! $195,000
Greens “GG”
2 BR, 2 FB, garage space, fresh paint, new SS appliances, 1195 sf.

SOLD! $148,000
Hampton Deluxe
Totally renovated 2 BR, 2 FB, CONDO garden apt. 1200 sf.

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LISTING SOLD! $530,000
“Cabot” Model Patio Home
3 BR, 2 FB, kit & BA updates, fenced patio, 2 car gar. 1193 sf.

LISTING SOLD! $468,000
Villa Cortese New Building “T”
3 BR, 2 FB, upgraded appliances & floors, garage space, 1560 sf.

LISTING SOLD! $530,000
“Cabot” Model Patio Home
3 BR, 2 FB, kit & BA updates, fenced patio, 2 car gar. 1193 sf.

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Oct. 14: Learn About the MOLST Medical Order Form

by Rosalind Kipping

All residents are welcome at the Compassion and Choices meeting on Monday, Oct. 14, at 2 p.m. in Clubhouse I. The Maryland Order for Life Sustaining Treatment (MOLST) is a portable and enduring medical order form covering options for CPR and other life-sustaining treatments. The medical orders are based on a patient’s wishes about medical treatments.

The document is completed by a physician or licensed nurse practitioner in consultation with you, the patient. Physicians almost never introduce this conversation, and wait for the patient to bring up the conversation about MOLST. All attendees will receive the MOLST document and information about CPR and what the likely outcome of having CPR is. With enough information, a person can be prepared to have an intelligent conversation about MOLST, knowing the questions he or she wants to ask.

The Oct. 14 meeting is the first meeting for the 2019-2020 season. The Group’s new fiscal year began on Oct. 1. Annual dues are $5, and members’ support makes possible the materials on the Group’s resource tables. Consider renewing membership or becoming a new member of the Group.

Come to the meeting early to review materials on a variety of end-of-life issues provided on the resource tables and take away whatever is of interest to you.

Rosalind Kipping is available at (rkipping@mindspring.com) or (301-598-4171).

Oct. 15: Author Speaks on Overcoming Adversity

by Bob Stromberg

On Tuesday, Oct. 15, board certified coach Eileen Lenson, author of “Overcoming Adversity: Conquering Life’s Challenges,” will talk about how to overcome adversity to not only survive, but to thrive. Her discussion is at 11 a.m. in Clubhouse I.

“While everyone is 100 percent guaranteed to experience adversity, not everyone will know how to successfully cope with challenging situations. And it needn’t be that way,” Lenson says. “Adversity is complex, but fortunately, people who find themselves in a painful place can learn how to seek healthy coping options and change their lives for the better.”

Lenson explains that there is a paradox in rebuilding one’s life after a traumatic event, that getting to the other side of adversity isn’t about locking the door behind you or being done without difficulty. Rather, it is about realizing that even though life as you know it may never be the same again, you can, and must, move forward with your life.

The presentation will provide in detail how you can push past obstacles and create changes to your situation. She shares practical ways to calm the brain, manage feelings, experience choices, implement changes and find the courage to go forward, in spite of the uncertainties in life.

Lenson’s professional background includes treating people in crisis for more than 30 years as a licensed psychotherapist and now a life and business coach. To learn more about her work, visit (www.LensonLifeCoaching.com).

Her presentation concludes with free handouts with suggested exercises and keep-sake reminders that will help attendees develop the resourcefulness to not only overcome adversity but to emerge stronger than before.

Although the talk is free, residents are asked to sign up by stopping by the Clubhouse I E&R office or by calling (301-598-1300). Residents and their guests are welcome to arrive early and enjoy complimentary refreshments prior to the presentation.
GOOD TO KNOW: STAY SAFE WITH FILE OF LIFE
by Leisure World News

File of Life is a fill-in-the-blank card that folds to about the size of an index card and fits inside a red magnetic pouch. A person fills out the card with his or her basic medical information as well as details about known allergies, current medications, emergency contacts, health insurance information and healthcare decisions.

Once it is completed, the card and pouch can be stuck to the refrigerator. In the event of a fire or medical emergency, first responders know to look for it there and can refer to it for the patient’s medical history, health conditions and other pertinent information.

Residents can obtain a free File of Life card by calling Montgomery County Fire and Rescue Safety Information at (240-777-2430). Don’t forget to update the card or request a new one as changes to your medical information occur.

File of Life is a non-profit organization that promotes emergency preparedness. For more information, visit (www.folife.org).

Oct. 15: Learn About Changes After Stroke and Aphasia
by Amy Boltz

The Stroke Support Group meets on third Tuesday of the month from 1-3 p.m. in Clubhouse II. Educational programs by healthcare professionals address issues relating to stroke prevention and rehabilitation as well as other wellness topics.

Peer support group discussions enable stroke survivors and their family members and caregivers to learn from and inspire each other. Meetings are free and open to all members of the Leisure World community.

On Tuesday, Oct. 15, the Group’s program from 1-2 p.m. features Kristin Slawson from the University of Maryland’s Hearing and Speech Clinic. She will discuss changes after stroke and aphasia and will explain the stroke studies and therapy services provided at the College Park location.

Light refreshments will be provided. The helpful peer support group session for stroke survivors and their family caregivers will meet from 2-3 p.m. after the program.

To RSVP or to obtain more information about the Stroke Support Group or its Oct. 15 meeting, contact Amy Boltz, president, at (248-652-0304).

Oct. 23: ‘Voices of Grief, Honoring the Sacred Journey’
by Sandra McLeskey

On Wednesday, Oct. 23, Jim Rossi, a retired physician who specializes in grief counseling, presents the film “Voices of Grief, Honoring the Sacred Journey” (2016, 40 minutes, documentary, not rated) at 1:30 p.m. in Clubhouse I, followed by a talk about grieving.

Many people in Leisure World have lost loved ones, including spouses, family members, friends and neighbors. It’s one of the disadvantages of growing old.

Sometimes people speak or think of the departed fondly and smile at remembrances of them. But sometimes grief is all encompassing and prevents people from enjoying life.

“Voices of Grief” is a compelling film that captures personal stories of grieving adults as well as nationally renowned experts offering their insight with a solutions-based approach. The film has been shown all over the U.S. and Canada to help people deal with their disabling grief.

Rossi is the director of adult bereavement for CaringMatters, an organization that seeks to support people facing a life-threatening illness or grieving for a lost loved one.

Sponsored by the Mental Health Subcommittee of the Health Advisory Committee, the event is free, but sign-up is required and available beginning, Tuesday, Oct. 8, at 8:30 a.m. in the Clubhouse I E&R office.
Oct. 30: Panel Explores Alternative Pain Therapies
by Sandra McLeskey

Every Leisure World resident probably knows someone who is bothered by chronic pain, or maybe has chronic pain himself or herself. It’s a very common problem.

People can have back pain from arthritis or ruptured discs, or arthritis pain in the knees and hips. No one likes to be in pain. It can limit a person’s ability to enjoy life, or even carry on normal activities.

But with the opioid crisis, it can be difficult for patients to get adequate pain control from pain-killing medications, as doctors are limiting the amounts they prescribe. For some kinds of pain, such as neuropathic pain, opioid painkillers are not very effective.

On Wednesday, Oct. 30, a panel of medical practitioners who treat pain on a daily basis will explore treatments for pain that can complement or even replace opioid painkillers. The event is at noon in Clubhouse I.

The panel includes Dr. Fariba Shah, a physiatrist (specialist in physical medicine); Gail Koffman, acupuncturist; Beth Armagost, massage therapist; and Dionne Hawkins, physical therapist and director of the National Rehabilitation clinic at the MedStar Health medical center in Leisure World.

Kellia Giambrone, manager of operations at the medical center, will moderate the panel. All of the persons on the panel have offices in the medical center.

The panel discussion is free, but sign-up is required and available beginning Tuesday, Oct. 8, at 8:30 a.m. by calling (301-598-1300) or stopping by the Clubhouse I E&R office.

Health Advisory Committee

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Nov. 13: Symposium on Diabetic Eye Disease
by Larry Cohen

The Lions’ Vision Support Group continues to “countdown to 2020” on Wednesday, Nov. 13, when Group members will learn how research and progress is helping to win the war on diabetic eye disease, and how people with vision loss can help.

This free symposium, which is at 1:30 p.m. in Clubhouse I, will help attendees gain the power to take charge of their vision health and physical health! All residents are welcome, but sign-up is required and available beginning Tuesday, Oct. 8, at 8:30 a.m. by calling (301-598-1300) or stopping by the Clubhouse I E&R office.

About 90 percent of vision loss from diabetes is preventable, according to the Center for Disease Control and Prevention. Studies show that 60 percent of folks with diabetes are not getting the exams their doctors recommend.

People living with diabetes or who are pre-diabetic are at risk for macular edema and diabetic retinopathy, and are twice as likely to get glaucoma.

Join the Group for its regular meeting on Nov. 13, at 1 p.m. in Clubhouse I. For more information, contact Larry Cohen at (908-770-9111) or (topops@aol.com).
Lost Something? Check with FISH
by Beth Leanza

The FISH closet is getting very full with found items: jackets, sweaters, lots of hats, some books and orphaned earrings. Drop in to the FISH office in Clubhouse II and claim your stuff.

Residents who’ve lost an item can also call the FISH office at (301-598-1345) and FISH volunteers will check the closet for it. FISH is open Monday to Friday from 10 a.m.-4 p.m., except for major holidays.

Residents looking for an item when the FISH office is closed should call the E&R department at (301-598-1320), and a staff member can help you.

FISH volunteers will check the collection box for lost items. Volunteers check it out every morning to see if there are any items that should be passed on to FISH.

Most FISH volunteers do not have medical training, so they strongly suggest that a borrower check with a doctor or therapist. The volunteers do their best to make sure the equipment is safe to use.

Residents donating items are asked not to leave any items outside the FISH area in the Clubhouse I basement, but to bring the items to the FISH office.

Volunteering
FISH is always looking for new members. Residents interested in becoming a FISH volunteer should contact president Beth Leanza at (301-598-4569). FISH suggests a training/orientation session with a current volunteer. Volunteers do a little record keeping – nothing difficult.

Helping Other Causes
FISH is happy to help other organizations, such as the Lions and Kiwanis Clubs, by being the place to donate items for good causes. Collection boxes currently in the FISH office are for residents to drop off eyeglasses, hearing aids and can tabs.

Clubs and individual residents who want to start a collection, even for a short time, should contact FISH. Be sure to include contact information on the collection box.

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer’s Caregivers Support: The Alzheimer’s Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

Fitness Center: One of the Fitness Center’s personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer’s Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

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Vegetarian Society of Leisure World (VSLW)

Oct. 17: Vegan Buffet Returns by Popular Demand

by Bob Fenichel

On Thursday, Oct. 17, a vegan buffet dinner returns to Leisure World by popular demand at 6 p.m. Clubhouse II. Vegetable Garden Restaurant will provide the food.

The cost is $12 for members and $16 for non-members. Those joining the VSLW now ($10 per year) will have membership through the end of 2020. Send checks to treasurer Helen Gross at (3100 North Leisure Blvd., #710, Silver Spring, MD 20906), no later than Friday, Oct. 13.

About VSLW

Additional information on VSLW activities is available at (www.vslw.org). Everybody is welcome at VSLW activities; residents don’t have to be vegetarian to participate.

The mission statement of VSLW is “to support group members in maintaining a healthy lifestyle by eating a plant-based diet.”

Garden and Environmental Club

Oct. 14: Club Holds Annual Plant Swap

by Jean DeSchriver

All residents are invited to the Garden and Environmental Club’s annual plant swap on Monday, Oct. 14, at 10 a.m. in Clubhouse I.

Participants may take home plants, seeds and supplies without donating anything. They may also donate without taking anything. Those who bring plants are asked to label them if possible. Containers and pots are welcome, but do not bring florist vases.

Books, decorations, stones and supplies are possible. Containers and ask to label them if who bring plants are taking anything. Those donating anything. They may also donate without donating anything. They

The Group holds a meeting on Thursday, Oct. 10, at 10:30 a.m. in Clubhouse I.

Founded last year, the Group is off to a great new start with plans in the works for a “smorgasbord” of activities (think: New York Deli) – something for everyone. Events will be interspersed throughout the year, and members will have a chance to get better acquainted with fellow New Yorkers and Friends.

The Group is open to anyone who has an affiliation with New York (city or state) or who just likes New Yorkers and Friends. Come out and share old memories, and let’s make some great new ones together!

For more information, contact either co-president Linda Mahler at (301-288-4367) or Carole Mund at (301-598-2768).

Open House Hosts Nearly 100 Creative Folks

by Judy Kirkland

Autumn is off to a brilliant start for the Rossmoor Art Guild (RAG). Maria Clark’s root beer floats were a huge hit at the recent open house and annual art supply sale, which welcomed almost 100 people.

Fourteen first-time artists are off to a great start in new teacher Alex Michaels’ basic drawing class, one of nine art classes offered in this fall II session.

Before the open house, the RAG board provided a delicious brunch for the Guild’s teachers and recognized retiring president Ann Bolt. Along with “retirement” gifts, Bolt received a certificate of appreciation citing her leadership, years of tireless service and major achievements in raising the level of the Guild’s programs, exhibits and financial strength.

But don’t worry; she is still very much involved in RAG – she’ll just have a little more time to paint!

Upcoming Events

• Oct. 9 – Pre-registration begins for fall II classes
• Nov. 12, 1-2:30 p.m. – RAG meeting and framing presentation
• Nov. 18 – Eyre Bus, Tour & Travel day trip to Richmond, Virginia, for the Edward Hopper exhibit
• Nov. 19, 1-3:30 p.m. – block printing workshop to make holiday cards
T
he speaker for the Gem, Lapidary and Mineral Society’s (GLMS) meeting on Wednesday, Oct. 9, is Casper Voogt from the Montgomery County GLMS. He will talk about a “Namibian Mineral and Wildlife Adventure” at 7 p.m. in Clubhouse II.

Voogt will describe his 2018 Namibian mineral and wildlife adventure, in which he bought an aquamarine from local miners that was encrusted with black deposits, making it appear rather drab. Once he got home, Voogt cleaned off the stone judiciously, revealing an astoundingly beautiful set of aquamarine crystals. While in Namibia, he saw and photographed myriad African wildlife and desert scenes. He met many interesting local people and bargained with them for their mineral specimens.

He will also explain some of the logistics involved with air and ground transportation, and how to get minerals back home.

Voogt is a globetrotting mineral collector and photographer. He has traveled to more than 50 countries and has been mineral collecting in exotic places such as Morocco, Madagascar, Myanmar, Russia, Germany and around the U.S. For his day job, he runs Pletcher Design, a web design company.

Come join the Group for an interesting presentation with beautiful African scenery, wildlife and minerals!

About GLMS

The GLMS of Leisure World holds meetings on the second Wednesday of every month at 7 p.m. in Clubhouse II. All residents are welcome. Membership is $15 per year with the Club year starting in September.

Lapidary laboratory facilities are extensive and for use by all members trained by shop steward Mark Parker. Residents can use the lab to make their own jewelry, just as many others have done. The annual lab fee is $15 for residents. Mark is available at (Kb3wuk@gmail.com) or (240-723-5860).

Questions concerning membership should be directed to Frank Roddy, president, at (roddy.frank2014@comcast.net) or (301-598-3698).

Class Presents ‘Journals of a Geographer’

With concern over changing weather patterns and its effect on the geographical features of the Earth growing, geographer Tom Conger will conduct a series of classes for the Center for Lifelong Learning (CLL) entitled, “Journals of a Geographer.”

The class runs from Wednesday, Nov. 6, through Wednesday, Dec. 11. The class size is limited to 40 students, so don’t delay. See the Classes and Seminars section of this publication for more details.

Features of the Earth’s crust are temporary forms in a long sequence of change that began when the planet originated billions of years ago and continues to this day.

Conger seeks to understand these changes, or physical processes, as he takes the class through his observations from his travels using his journals and photographs. He will ask the class to join him with their own journals and photos from their travels and share the impact their observations have had on their lives.

Conger will set the stage by taking the class back to his time spent growing up in Miami, Florida, and will explain what made that place so special. Over the years, he has traveled and lived in many places in the U.S. and abroad where he has noted changes, or physical processes, as he takes the class through his observations from his travels using his journals and photographs. He will ask the class to join him with their own journals and photos from their travels and share the impact their observations have had on their lives.

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The Rossmoor Camera Club holds an educational program on Tuesday, Nov. 12, at 7 p.m. in Clubhouse II. Photographer and Club member Brenda Gillum will provide tips on photographing nature.

One of the leading photographers in the Club and in the Photographic Society of America’s (PSA) local chapter, Gillum spends much of her time outdoors tracking animals and birds, looking for the right setting and waiting for the ideal time to shoot her photos.

Residents are invited to join Club members on Nov. 12 to learn how they, too, can catch that memorable image with their cameras.

About the Presenter
Gillum began her journey as an amateur nature photographer out of an interest in birding that developed from the wide variety of birds in her backyard, which bordered a creek along the Mississippi flyway.

Besides birding, she also enjoyed astrophotography using a Pentax K1000 film camera, slide film and a Meade telescope. Gradually, her interest in birding combined with an interest in photography.

Over time, her photography skills improved from reading photography books and magazines, listening to photo-related podcasts, practicing various photo-taking techniques, attending photo critiques and entering her best images in non-profit competitions.

Most of her photographs are taken in various parks around the country, with an emphasis on taking the best images she can at the time of capture. Many are displayed at the PSA annual international conference.

Gillum plans and researches her photography trips beforehand, and she will discuss this aspect of her life as a photographer along with sharing tips on photo-taking.

September Competition
Winners from the Club’s Sept. 24 competition are:

 Advanced Prints

 General Prints

 General Digitals
1st place: Nina Parish, “Kusama Art”; 2nd place: Gaby Dusan, “Falling Through Space”; 3rd place: Debra MacNealy, “Welcome to Chestertown”

 Advanced Digitals

Join the Club
After hearing Gillum speak, residents may want to join the Rossmoor Camera Club to learn more about photography and how to capture memorable images.

The Club has two levels of membership. Members who expect to compete in the monthly competitions pay dues of $25 for the year. Residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of $15.

To join, mail checks for dues to Woody Shields at (Rossmoor Camera Club, 3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906).

For more information about the Club, visit (www.rossmoorcameraclub.com).
Nov. 14: ‘Understanding Your Digital Camera’ with Fred Shapiro

by Fred Shapiro

The built-in software in digital cameras accomplishes many of the adjustments photographers used to make manually. But some digital camera owners do not know about all the camera’s features.

To enlighten residents on the use of their digital cameras, Fred Shapiro will teach a one-day program, “Understanding Your Digital Camera,” on Thursday, Nov. 14, at 2 p.m. in Clubhouse I.

The program is free but registration is required and begins Tuesday, Oct. 8, at 8:30 a.m. by either calling (301-598-1300) or stopping by the Clubhouse I E&R office. The program will have a maximum of 20 participants, so plan to register early.

Participants are encouraged to bring to the program their digital camera and the camera’s instruction manual.

About the Program

While the built-in software is comparable from the least to most expensive digital camera, the terminology and features’ location on the camera differs by manufacturer.

In the days of film, the photographer had to use a separate light meter to measure the scene, enabling him or her to select the appropriate lens aperture and speed based on the ASA sensitivity of the film.

But even the most inexpensive digital cameras of today house software that enables the photographer to automatically tailor the photographs according to the subject of the scene, action and lighting.

Each variation in subject is encompassed in what is called a mode, or a programmed category that automatically considers the lighting, action and depth of field particular to the subject. Modes are used to properly capture the image in all types of situations.

In considering the purchase of a digital camera, residents should be aware of the differences in the built-in software, mainly expressed in the cost of the camera, and what is required for their particular type of photography.

Typical family and travel photos do not require the more expensive cameras. They have adequate ability to capture many different images. However, residents looking to capture photos of sports or wildlife from a distance require a camera with different accessories and built-in features.

In addition, many cameras now have a limited amount of in-house editing that can be done to improve some of the basic features of the photo.

Shapiro’s program will provide time for one-on-one instruction, as well as the opportunity for residents to show their photos for critique by other participants.

About the Instructor

Shapiro has been photographing anything and everything since he was a teenager and has been active in the education about digital photography since its inception.

He has been a member of the Rossmoor Camera Club since moving to Leisure World in 2003.

For information on all CLL lectures and courses, visit (www.cllmd.com).
Club Celebrates Halloween and Mexican Holiday
El Día de los Muertos

by Meriel Brewer

Halloween is derived from an ancient Celtic festival celebrated over 2,000 years ago to mark the end of harvest and the beginning of the new year. They paid tribute to departed souls of near and dear ones. Families’ ancestors were invited home — spirits of the dead returned to Earth. To ward off evil spirits, they donned costumes and masks to disguise themselves and concluded the festivities with bonfires, food and drink.

In the 16th century, Scotland was the first country to celebrate Christian “All Hallows’ Eve” on Oct. 31 on the eve of All Saints’ and All Souls’ Day. The town of Anoka, Minnesota, was the first in America to celebrate Halloween on that date in 1921. The tradition of trick-or-treating evolved from the English/Irish tradition of All Hallows’ Eve.

The Mexican holiday known as El Día de los Muertos is sometimes confused with Halloween. Despite the masks and skulls, it is not spooky, but rather a joyous celebration of those loved ones who are gone and missed. Families welcome back the souls of their deceased relatives for a brief reunion that involves food, drink and celebration.

The tradition dates back 3,000 years to the Aztecs. Originally a harvest celebration, it survived through the 16th century when the Spanish conquistadores arrived in Central Mexico. They found the tradition to be sacrilegious, but instead of abolishing it, the tradition evolved to incorporate elements of Christianity. With the Catholic influence in Latin America, the holiday was combined with All Saints’ Day, Nov. 1, and All Souls’ Days, Nov. 2.

The Ceramics Club’s Halloween and El Día de los Muertos items are on view through October in the Club’s display case in Clubhouse II. Come see the Club’s interesting collection of scarecrows, witches and pumpkins.

And the Club’s favorite spooker-in-residence, Kevin Bond, has taken on El Día de los Muertos with some unique skulls and other treats to peruse.

The Club’s annual $10 fee includes an initial project and training. Call (301-598-1320) to make an appointment with Beth or Janice.

Fun and Fancy Theatre Group

‘70, Girls, 70’ Takes the Stage in November

by Hannette Allen

Excitement is building for November’s big, brassy and tuneful show, “70, Girls, 70.” Here is a snippet from one of the musical’s songs:

“I went down to the tennis courts/Lookin’ good in pleated shorts/The girl I played was 23./But not at all a match for me/I gave a backhand, then a slice/I aced her once, then aced her twice/She staggered through the clubhouse door/I stayed and played for three sets more...(and she is 70, Girls, 70)!

The cast is learning and improving with every rehearsal, enjoying the expert guidance of director Duane Monahan, musical director Arielle Bayer and choreographer Trish Baker.

“Rehearsals have been terrific,” said producers Gerry Kaufman and Maureen Harris.

“The cast is delighted; the music is peppy and the toes are ’tappy.’ This is a show everyone will enjoy.”

Set design and construction is underway with the leadership of JJ and Betty Boulin. Costumer Joan Bowar is rounding up costumes, and the stage manager and stage crew, props people, lighting designer and staff, sound designer, ticket sales people and program designer are all hard at work.

Fun and Fancy thanks Ida Leong for running extra dance practice sessions in between rehearsals.

Performance Dates

Performances for “70, Girls, 70” are:

- Friday, Nov. 15, at 7:30 p.m. (includes opening night party)
- Saturday, Nov. 16, at 7:30 p.m.
- Sunday, Nov. 17, 2 p.m.
- Friday, Nov. 22, at 7:30 p.m.
- Saturday, Nov. 23, at 7:30 p.m.
- Sunday, Nov. 24, at 2 p.m.

Ticket Sales

Tickets will be sold on the following days and times:

- Monday, Nov. 4, through Friday, Nov. 8, from 11 a.m.-2 p.m. in the Clubhouse I lobby
- Wednesday, Nov. 6, after the monthly Fun and Fancy meeting and show in the Clubhouse II lobby
- Saturday, Nov. 9, from 10 a.m.-1 p.m. in the Clubhouse II lobby

Tickets will also be sold 45 minutes before each performance outside of the Clubhouse II auditorium. Cash or checks, payable to Fun and Fancy, are accepted.

The Nov. 15 admission includes a special opening night party with the cast after the show. Tickets for that night only are $15 (for both show and party). Tickets for all other performances are $10.
Striving for an Idle-Free Maryland

by Valerie Williams

Everyone can play a part in helping to clean Maryland's air. Vehicle idling results in emissions of carbon dioxide, particulate matter and nitrogen oxide – all pollutants that harm the environment, according to the Maryland Department of the Environment. Additionally, idling represents a significant health issue for children and senior citizens with existing respiratory issues such as asthma and emphysema.

What is Idling?

Idling is when a vehicle is left running unnecessarily while stopped. It occurs when an engine is on, but the vehicle is not otherwise in use or operation. In Maryland, drivers are not legally allowed to idle longer than five minutes. Engines can benefit from being turned off after just 10 seconds. Since idling emits pollutants that are harmful to lungs, the less a driver idles, the better.

Effect on Environment

More than three million people die each year from the effects of air pollution, according to the Earth Policy Institute.

Tailpipe emissions that form ground level ozone can lead to a variety of serious health conditions. That’s why it’s important to be aware of how idling impacts those around us; turn off the engine at every opportunity. Car and truck exhaust contains air pollutants that can cause cancer, respiratory issues, reproductive effects, birth defects and other serious illnesses.

Idling also has an environmental impact. It doesn’t just affect air quality; it puts the entire ecosystem at risk. Related pollution impacts streams, rivers, lakes, bays and coastal waters. If everyone in Maryland eliminated unnecessary idling, local ecosystems would be healthier, too.

Each gallon of fuel burned emits about 20 pounds of carbon dioxide and introduces varying levels of nitrogen into the atmosphere. Over the course of one year, one car idling for just five minutes a day can emit as many as 25 pounds of harmful air pollutants and about 260 pounds of carbon dioxide.

Excess nitrogen can fuel the growth of algae blooms in the bay, which can block sunlight from reaching underwater grasses and create low oxygen “dead zones” that suffocate marine life. About one third of the nitrogen in the Chesapeake Bay comes from the air. Airborne nitrogen is one of the largest sources of pollution affecting the bay and its tributaries. Poor water quality affects bay grasses, blue crabs, oysters and fish species.

Effect on Cars

People are not likely to knowingly purchase a vehicle that guzzles gas while getting zero miles to the gallon, yet that’s what happens when they idle their vehicles. It’s wasteful and unnecessary; it’s also harder on engines and less fuel-efficient than driving.

Idling leaves residue on spark plugs, increases fuel consumption by up to five percent and can reduce the life of a car’s exhaust system. Excessive idling can also damage an engine and add as much as $2,000 per year in maintenance costs. It also consumes up to a gallon of fuel an hour and wastes about six billion gallons of fuel each year. Idling for more than 10 seconds consumes more fuel than restarting an engine.

Pay attention to your own idling patterns and make lifestyle changes to avoid idling. For instance, don’t use drive-thru windows; go inside instead. Shut off the engine when picking up and dropping off passengers, and loading or unloading the vehicle. Consider the economic impact of idling, as well as the health risks and effect on the ecosystems.

Take the Pledge

Maryland’s Department of the Environment is asking all residents to take the pledge to be idle free. It’s important to know how to recognize and reduce idling so everyone can help keep Maryland communities thriving. For more information, check out (https://mde.maryland.gov/programs/Air/MobileSources/idlefreeMD/Pages/index.aspx).

About LW Green

LW Green is a group of residents who strive to be better stewards of the environment through education and advocacy. Members don’t have to be experts; the Group brings the experts to its members!

All interested residents are invited to attend LW Green’s meetings, which are held on the fourth Wednesday of each month at 2 p.m. in Clubhouse I. For more information, visit the Group’s website at (www.lw-green.com).

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From Swing to Salsa
by Joyce Hendrix

Dance to the music of The Helmut Licht Trio on Saturday, Oct. 26, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Halloween costumes are optional but encouraged.

For details, see the Events and Entertainment section of this publication.

Upcoming Events
The Tony Luciano Band will be featured at the Saturday, Nov. 23 dance. At the Club’s annual meeting on Wednesday, Dec. 11, Club members will vote for a new slate of officers and discuss plans and changes for the new year of dance parties.

December Dances
The Holly Ball on Saturday, Dec. 7, and New Year’s Dance on Tuesday, Dec. 31, are sponsored by Perrie, LLC, and require prepaid reservations. Both of these dinner dances are held in the Clubhouse I Crystal Ballroom.

For more information or to make reservations, call (301-598-1330) or (301-598-1331).

About the Dances
Dances are held from January through November on the fourth Saturday of each month from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom, with music provided by various live musical groups.

Music is played in strict ballroom tempo with both slow and Viennese waltzes, foxtrot, swing, hustle, all the Latin varieties, rumba, samba, tango, merengue, an occasional salsa and a few polkas for good measure.

The annual schedule is available at each dance. The 2020 schedule will be forthcoming.

Oct. 16: Club for Dog Lovers Holds Organizational Meeting
by L. Mali Cruz

The newly formed club for dog lovers holds its organizational meeting on Wednesday, Oct. 16, at 1 p.m. in Clubhouse I

This meeting will provide an opportunity to introduce interim Club officers, gather ideas, discuss dues, work out a meeting schedule and consider the development of a website.

The fundamental goal of the Club is to promote and protect dogs in the Leisure World community. The Club aspires to give canine enthusiasts a place to gather, educate each other and share information.

The Club also plans to explore topics on responsible dog ownership, including obedience training, maintaining canine health, socialization, adoption and other subjects of interest to Club members.

The Club’s activities will include inviting speakers to present on such useful and interesting topics as living with a canine, the role of service dogs, care and grooming, potential for a Leisure World dog park and others.

Club members will also share relevant news; organize “doggie” playdates; explore educational programs, including documentaries and films; and investigate the feasibility of mobile veterinary and grooming services.

All residents are welcome to join, including those who don’t have a canine companion. Residents who are interested in the Club but cannot attend the meeting should contact (eileen1415@gmail.com).

 Writers Meet Monthly
by Denise Barker

The Writers of Leisure World met on Sept. 19 to share some of their work and their experiences as writers.

Grace Cooper wrote of her first car, a VW Bug that had a problem with hills. After parking it on the top of the hill, she would find it at the bottom when she returned. She eventually left it at the gas station with a note that read, “you can have this car.”

Jerry Udell wrote “Mom and Me” about his late mom, explaining how she had belonged to an organization to look into after-death experiences. She’d admitted to Udell that she’d had such an experience when giving birth to him.

John Moens wrote “Practical Advice to Men on Dating,” which included one man’s embarrassing experience while out on a date.

Woody Shields wrote “Worst of Times” about how the ‘60s caused much consternation among parents, and how the present generation is having similar worries:

Each generation is responsible to raise the next generation of barbarism.”

The Writers of Leisure World meets on the first and third Thursdays of the month at 11 a.m. in Clubhouse I. All residents are welcome.

Garden Plot Group
Oct. 8: Group Nominates Officers for 2020
by Judy Elrod

Nominations for the positions of Garden Plot Group president, vice president, secretary, treasurer, registrar and field supervisor will be accepted at the Tuesday, Oct. 8, meeting at 9:30 a.m. in Clubhouse I.

All nominees must be present at the Oct. 8 meeting to state they will serve if elected. If a nominee is not present, a statement of willingness to serve signed by the nominee must be sent to the Club’s executive committee via the club secretary at (judyelrod@comcast.net) prior to Friday, Nov. 1.

The election of officers takes place at the Tuesday, Nov. 12, meeting in Clubhouse I. The Group strongly encourages all members to attend these two important meetings.

Plot Renewal
Garden plot renewals and new applications for 2020 are now being accepted.

Pick up the 2020 garden rules and regulations and the application form at the Clubhouse I E&R office or sign in to the resident website, (residents. lwmc.com), and print a copy. The completed application should be submitted to the Clubhouse I E&R office by Sunday, Dec. 1.

Get Involved
The Group’s meetings are held on the second Tuesday of the month at 9:30 a.m. in Clubhouse I. Members are encouraged to attend as the Group prepares for 2020.
With Election Year Approaching, Club has Many Ways to Get Involved in Democratic Process

by Roger Blacklow

The Democratic Club has heard from several of its members that they are not receiving their “Donkey Dispatch” even though they’ve paid their dues. The Club considers it a top priority that paid members receive its e-newsletter.

Members who aren’t receiving it, or those who are unsure if they’re paid-up members, should send an email to (leisureworlddemclub@gmail.com). Members who need a dues application should also send the Club an email. The Club has some future events to which paid members will get priority.

Get Involved

Want to get involved in the world of elections? The Club is actively engaged in the 2019 state elections in Virginia and is focused on 2020. Club members write personal notes to allies in battleground states.

The September letter-writing afternoons were a big success; more than 90 people turned out and nearly 1,500 personalized letters were sent to fellow Democrats in Virginia, urging them to vote on Tuesday, Nov. 5, and to Pennsylvania to get Democrats registered to vote.

The Club often hears, “We want to do something” so it has planned two more letter-writing events, because so many of its members are disgusted with President Trump and his Administration. The Club can satisfy your need to be active and educated with the following events:

- Oct. 10 – County Executive Marc Elrich answers questions at 7 p.m. in the Clubhouse I Crystal Ballroom
- Oct. 16 – letter-writing party from 7-9 p.m. in Clubhouse I
- Oct. 22 – Toni Van Pelt, president of the National Organization for Women, will discuss turning Virginia Democratic on Tuesday, Nov. 5, as the final piece of a puzzle to pass the Equal Rights Amendment (ERA) and other issues. Come and show your support for the ERA and a better future. The event is from 2-4 p.m. in Clubhouse I
- Oct. 24 – voter registrar training from 2-4 p.m. in Clubhouse I. Learn how you can register new voters in Leisure World and the vicinity
- Oct. 30 – letter-writing party from 2-4 p.m. in Clubhouse I

Brunch with Raskin

On Sunday, Nov. 3, the Club hosts an informal brunch with Rep. Jamie Raskin from 10 a.m.-noon in the Clubhouse I Crystal Ballroom. This is a ticketed event with a cover charge for refreshments. More details will be forthcoming.

Raskin was unable to attend the Club’s September meeting because of a scheduling conflict.

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Oct. 18: Chapter's Health Roundtable and Expo

World War II veteran Major Anderson II speaks about his time as a Tuskegee Airmen at a recent NARFE event. Photo by Jewel Lee

John R. Moens

On Monday, Oct. 21, Chapter 1143 holds its third and largest annual health roundtable and expo at 2 p.m. in the Clubhouse I Crystal Ballroom.

Member or not, Chapter 1143 invites all residents and their guests to hear its guest speakers present on exciting topics at its meetings.

Recent Events

On Sept. 27, members and non-members gathered to hear Al Bersin, the “Border Czar” under Presidents Clinton and Obama, discuss the immigration situation. The Chapter’s new “Proud to Be a Retired Federal Employee” pins, purchased by treasurer Jewel Lee, were distributed at this meeting.

And on Sept. 16, the Chapter welcomed a large and enthusiastic crowd to listen to Major Anderson II of the Tuskegee Airmen in a meeting co-sponsored by the Leisure World Association for African American Culture.

Anderson is the second World War II veteran to address the Chapter this year. More than one third of federal employees are veterans. The fighter pilots of the Tuskegee Airmen earned the respect of white Bomber crews by constantly putting their lives on the line to protect them from attacking planes. Their performance persuaded the Army Air Corps to form another segregated unit, the 477th Bombardment Group, but the war ended before they could enter combat.

An online search of Anderson’s name and the word “Tuskegee Airmen” yields a video of Anderson and four other Tuskegee Airmen being presented the Congressional Gold Medal in a ceremony presided over by President Obama.

Oct. 15: Speakers Discuss Issues Affecting Seniors

by Fred Seelman

The next meeting of the Republican Club is on Tuesday, Oct. 15, at 7 p.m. in Clubhouse I. Representatives from two well-known senior organizations, Association of Mature American Citizens and 60 Plus, will speak about political issues that are getting the attention of seniors and the Republican Party.

Come to the meeting and receive reports from speakers on the issues the Republican Party and seniors are working on together.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) first vice president Robert Kammer at (301-847-9820).

Join the Club for another quality event on Oct. 15.

Oct. 16: What You Need to Know About the Census

by Maxine Lewack

The next meeting of the Rossmoor League of Women Voters Discussion group is on Wednesday, Oct. 16, at 10:15 a.m. in Clubhouse I.

The group will discuss how the 2020 census will differ from 2010, the costs, who is privy to the information obtained and what April 1, National Census Day, means, among other topics.

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Thursday, October 24th | 4:00–8:00 pm

All are welcome. We hope you will join us!
The Jewish War Veterans (JWV) Post 567 brunch is on Sunday, Oct. 13, at 10 a.m. in the Clubhouse I Crystal Ballroom and will feature the fabulous Voices of Vets, Inc. led by professional vocalist Kassie Sandacz.

Voices of Vets’ performance on Oct. 13 will be their second appearance at Leisure World. The group’s performance earlier this year received a standing ovation, and this performance is not to be missed. Post 567 invites all veterans living in Leisure World to attend this event.

The non-profit mission of Voices of Vets is to honor veterans through live performances showcasing tunes from the ’40s, ’50s and ’60s, as well as patriotic songs. Its goal is to visit every veteran home in the U.S. to show their appreciation for the great sacrifices the veterans made for this country.

The delicious buffet brunch includes eggs, tuna fish, lox, bagels, latkes, blintzes, pastries, fresh fruit, coffee, juices and more. Tables of eight-10 only may be reserved with payment for all tablemates. Include the names of all people attending with the reservation payment. Otherwise, open seating on a first-come, first-served basis will be in effect.

Mail reservations for $14 per person (check only, payable to JWV 567), to Andrea Goldberg at (15107 Interlachen Dr., Apt. 106, Silver Spring, MD 20906). Checks must be received by Monday, Oct. 7.

Post 567’s brunch events are open and available to all residents; membership in JWV is not required.

JWV Information

Members’ business meetings are held on the first Wednesday of each month from 11 a.m.–12:30 p.m. in Clubhouse I. All regular and patron members and those considering joining are invited to attend. A new and faster-paced meeting format has been implemented, and all participants will be given an opportunity to offer their input and program suggestions.

Join now and take advantage of the final month of the Post’s special pricing for new regular and patron memberships. New members will receive 15 months of membership for the regular cost of 12 months.

For those who would like additional information, have questions about membership or would like to be added to Post 567’s email notification and e-newsletter list, contact Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

Donate Caps and Coats this Month

With fall and winter weather approaching, the Committee is holding its annual caps for kids drive through Thursday, Oct. 31. Residents who knit or crochet are asked to make some caps for kids, but purchased caps are fine, too. Drop-off boxes are located at the FISH office in Clubhouse II, in the Clubhouse I lobby, the Inter-Faith Chapel and Our Lady of Grace Catholic Church. Caps will be delivered to the Interfaith Works Clothing Center.

Coat Drive

The Committee holds its annual coat drive on Thursday, Oct. 17, and Friday, Oct. 18, from 9 a.m.–noon. Volunteers will be outside.

The Inter-Faith Chapel portico is the drop-off location for residents’ clean and gently used or new coats for all ages and sizes. All coats will be donated to Interfaith Works Clothing Center.

Giving Spirit

Thanks to the generosity of residents, the Committee’s August annual teacher supply drive was stellar. Harmony Hills Elementary School teachers and students are enjoying 1,861 essentials this school year.

Monetary donation is also much needed and appreciated. Make checks payable to Inter-Faith Chapel with “CHWP” written on the memo line. Checks can be mailed to, or dropped off at, (The Inter-Faith Chapel, 3680 S. Leisure World Blvd., Silver Spring, MD 20906).
Oct. 20: Brunch with Sheriff Darren Popkin

by Jonas Weiss

On Sunday, Oct. 20, JRLW hosts a brunch featuring Montgomery County Sheriff Darren Popkin. He will discuss the role and responsibilities of the Sheriff’s Office, as well as legislative matters such as the Maryland law that allows authorities to take guns from people who may pose a threat to themselves or others.

The program is at 10 a.m. in the Clubhouse I Crystal Ballroom. Reservations are required no later than Sunday, Oct. 13. Mail checks for $14 (members) or $18 (non-members), payable to JRLW, to Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906). To reserve a table for 10, send all 10 checks together to Gordon.

Sukkot

The holiday of Sukkot begins on the evening of Sunday, Oct. 20. Come to the Sukkah in The Inter-Faith Chapel parking lot during the holiday for some prayers, refreshments and socialization.

On Saturday, Oct. 19, at 5:30 p.m., JRLW holds a service with Havdalah prayers in the Sukkah. Cantor Kravitz will lead a service, including Yiskor, on the Eighth day (Shemini Atzeret) of the holiday on Monday, Oct. 21, at 9:15 a.m. in Clubhouse II.

Religious Services

Rabbi Fink leads a Friday evening Reform service on Oct. 4 at 7:30 p.m. in The Inter-Faith Chapel. Cantor Kravitz leads a Conservative service on Saturday, Oct. 12, at 9:15 a.m. in Clubhouse II.

Rabbi Samber and volunteers lead Sabbath services and Torah discussions on Saturday, Oct. 19, and 26, at 9:15 a.m. in Clubhouse II.

Havdalah

On Saturday, Nov. 2, at 6 p.m., come to a Havdalah Sabbath evening service with cantor/guitarist Wendy Gonzalez and enjoy a Malava Malka light meal in Clubhouse II. Make a reservation by mailing a $14 check payable to JRLW to Phyllis Rand at (15107 Interlachen Dr., Apt. 307, Silver Spring, MD 20906).

Donations

For the Torah maintenance fund, mail checks, payable to JRLW ($25 minimum), to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906). Mail donations for prayer books to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906).

Donations for Kiddush ($25 minimum), an Oneg ($25 minimum), Yiskor or general tzedakah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring MD 20906).

Oct. 27: Group Discusses Israel’s General Election

by Jerome "Jerry" Cohen

The Jewish Discussion Group’s (JDG) next meeting is on Sunday, Oct. 27, at 10:30 a.m. in Clubhouse I. The session will feature a discussion of contemporary topics impacting Israel and the communities throughout the diaspora.

Will it be determined who Israel’s prime minister is, or will a third general election be required in accordance with parliamentary rules? The Group has much to catch up on since the Group has discussed these topics.

No session will be held in November because of the scheduling conflict with the Thanksgiving holiday weekend.

September Session

Rabbi Gordon’s Fuller’s Sept. 22 talk concerning his book, "Coping with Adversity: Judaism’s Response to Illness and Other Life Struggles," engendered interesting comments concerning life’s issues and challenges that many of us have faced or will face. A record attendance was achieved for the second session in a row.

About the Group

JDG invites all residents to attend its free Sunday morning discussion group sessions held on the fourth Sunday of the month from 10:30 a.m.-noon in Clubhouse I.

The Group’s participants are encouraged to offer suggestions for featured speakers and suggest short subject presentations of interest to the Group. Individuals who may care to serve as guest moderators to substitute from time-to-time in leading the Group’s monthly sessions are encouraged to contact the moderator as well.

For additional information or to have your email address added to the monthly notification list, call or email group moderator Jerry Cohen at (240-970-5024) or jcohen@jcebb.com.
Attend Club’s Annual Fashion Show and Brunch
by Carole Mund

On Wednesday, Oct. 16, NA’AMAT RBZ holds its annual fashion show and brunch featuring fashions by J. Jill of Montgomery Mall and modeled by NA’AMAT RBZ Club members.

J. Jill clothes are stunning and are designed to fit all shapes and sizes. The event begins at 11:30 a.m. in the Clubhouse I Crystal Ballroom. The cost is $26, with a $5 donor credit for members. Send checks, payable to NA’AMAT RBZ, to Harriet Chaikin at (15101 Interlachen Dr., Apt. #216, Silver Spring, MD 20906). If you choose to sit together with friends, send the checks together. Contact Harriet at (240-560-7487) for any questions.

Notable Documentary
On Wednesday, Nov. 6, NA’AMAT RBZ will show the documentary film “Heading Home: The Tale of Team Israel” at 12:30 p.m. in the Clubhouse I Crystal Ballroom. All residents are welcome. For more details, see the Events and Entertainment section of this publication.

Game Day
On Tuesday, Dec. 3, NA’AMAT hosts an annual card and mah-jongg party. Games begin at 11:30 a.m. in the Clubhouse I Crystal Ballroom. Specially homemade kugels will be served with other refreshments. The Club is looking for people to assist with the event’s planning and to bake kugels. If able to assist, contact Barbara Rothenberg at (301-438-8260).

Book Club
NA’AMAT RBZ has a book club that meets on the fourth Wednesday of each month. This active group meets to discuss literature chosen by the group. Everyone is talking about the best-seller chosen for October—“Educated: A Memoir” by Tara Westover. Contact Barbara Tahler at (240-669-6961) for the next meeting’s time and place.

Tribute Cards
Tribute cards and memorial cards are the perfect way to acknowledge the events of friends and family. Funds collected from tribute cards support and maintain the essential programs NA’AMAT sponsors and are an easy way to attain donor credit. NA’AMAT has cards to honor all occasions: from congratulations for a special event to memorial cards. Each card is $3.50 if purchased and sent by you, or $4.50 if sent by Lenore Kallen, tribute chairperson. Full donor credit is given for each card. For questions, contact Lenore at (301-922-4348).

Upcoming Events
• Oct. 30 – Take an overnight trip to Dover Downs, Delaware. Check the Club Trips section of this publication for more information.
• Nov. 13 – Eyre Bus, Tour & Travel has a trip scheduled to Signature Theatre to see “Ol’ Blue Eyes: Frank Sinatra.” More information about this trip is forthcoming.

About NA’AMAT
NA’AMAT is a charitable organization dedicated to helping NA’AMAT Israel provide educational daycare programs, vocational training, legal aid for women and services and assistance for new immigrants as well as centers for the prevention and treatment of domestic violence.

For more information about NA’AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) and Gladys Blank at (301-438-9666). For membership information, contact Harriet Chaikin at (240-560-7487).

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Oct. 23: Former Ambassador Gives Insight into Carter Administration

by Barbara Eisen

The Leisure World Ruach Chapter of Hadassah will be joined by the Neshama Chapter to present former Ambassador Stuart Eizenstat, who will speak on his book, “President Carter: The White House Years” on Wednesday, Oct. 23, at 2 p.m. in the Clubhouse II auditorium.

Eizenstat has held a number of key senior positions in three U.S. presidential administrations – Carter, Clinton and Obama. He was President Carter’s Chief Domestic Policy Adviser and Executive Director of the White House Domestic Policy Staff.

He was the U.S. Ambassador to the European Union from 1993 to 1996. He currently serves as the White House Special Advisor for Holocaust Issues.

His book presents an insider’s view of the government at its highest levels and has received unanimous acclaim from across the political spectrum. He will discuss the momentous Camp David Accords and offer views as a presidential insider about Israel and American politics. Books will be available to purchase.

The cost of this fundraising program is $18, and the proceeds will benefit Hadassah’s cancer research and treatment. To attend, send a check, payable to Hadassah, to Bobbi Gorban at (10402 Sandringham Ct., Potomac, MD 20854) by Tuesday, Oct. 15. Your check is your reservation.

All residents are welcome, but they must send a check to attend. If paying for other individuals, list the names of the persons that are included. Bring your spouse and friends to this informational afternoon program.

For questions, contact Bobbi Gorban at (bprem@aol.com) or (301-838-4336). Refreshments will be served after the presentation.

More Programs

The Hadassah Judaic Study Group will not have an October meeting because of the Jewish holidays. Mark your calendars for the last two programs of the year.

On Wednesday, Nov. 13, at 2 p.m., TaylorMarie’s Apparel presents a fashion show in Clubhouse II with members as the models. Contact Bobbi Gorban at (bprem@aol.com) or (301-838-4336) if you want to be a model. The show also includes a speaker on Israeli fashions.

On Wednesday, Dec. 18, at 2 p.m., Hadassah will install its new officers and play Chanukah bingo in Clubhouse II while eating holiday refreshments.

Hadassah is holding a socks and scarfs sale at its October, November and December meetings. Fall and winter are coming, so it’s time to protect your feet, hands, neck and shoulders from the chill.

Hadassah is selling novelty socks, gloves, scarfs and ponchos. All items will be available at the meetings. Buy something for yourself or for friends and relatives. All proceeds fund research at Hadassah hospitals.

Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are $3 each for one to three cards and $2.50 each for four or more cards.

Cards are displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804), or (loisfields2@earthlink.net), or Natalie Rosen at (301-279-5640) or (hnrosen@comcast.net).

Wills, Wealth Planning & Trusts

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Oct. 24: Chico’s Luncheon and Fashion Show

by Carole Mund

The Rossmoor Women’s Club (RWC) invites all Leisure World women to join it for a fabulous afternoon of friendship, fashion and food when Chico’s previews its must-have apparel and accessories for the fall and upcoming holiday season.

The luncheon and fashion show is on Thursday, Oct. 24, in the Clubhouse I Crystal Ballroom. The luncheon is from 12:15-1 p.m. and the fashion show begins at 1:15 p.m. Outfits will be modeled by RWC members.

The luncheon menu includes salad greens garnished with feta, pecans, cranberries and cucumbers, and drizzled with raspberry vinaigrette dressing. The main course is a choice of salmon with lemon herb sauce, beef medallions with mushroom sauce or stuffed chicken breast with feta and spinach.

Roasted potatoes and honey glazed carrots with be served with your selection. A breadbasket, coffee, iced or hot tea and sodas are provided. A cash bar will be available.

Make a reservation by mailing a check for $35, payable to RWC, to Carolyn Thompson at (15000 Pennfield Cir., #202, Silver Spring, MD 20906). Include your luncheon selection on the check’s memo line. Attendees can also drop their check in the Club’s mail slot at the Clubhouse I E&R office. The deadline for the RWC to receive reservations is Friday, Oct. 18.

If you have a group of 10 and would like to reserve a table, include all 10 checks in one envelope to reserve a table. Otherwise, the RWC cannot honor the request.

Invite friends and join the RWC on Oct. 24 for a fun afternoon, and help support the Club’s charitable organizations. A special Chico’s discount will be offered to luncheon attendees! Don’t miss this wonderful event.

Vendor’s Sale

On Monday, Oct. 7, all residents are encouraged to come to Bedford Court to shop for bargains at the RWC’s vendor sale. The sale is held between 10 a.m.-2:30 p.m., and almost everything is $6.

The few items more than $6 will be clearly marked. The merchandise varies from jewelry and hats and scarves, to children’s toys, flashlights and tools. For questions, contact Doris Zissman at (301-598-1766).

Club’s Mission

On Sept. 18, members gathered to meet some of the Club’s newest members and share opportunities to volunteer and support fundraising for local charities. Chairpersons and signup sheets were available to explain the activities and encourage participation.

The RWC’s mission is to foster social interaction and promote volunteerism as well as support specific charitable organizations.

New Charities

This year, the RWC has added a new project to its yearly event schedule. On Wednesday, Nov. 20, it hosts a hands-on project – making snowmen and reindeer bags for the MedStar Montgomery Medical Center’s pediatric emergency room.

These fun bags will be distributed to children during their visit to the emergency room throughout the winter months. All members are invited to join the RWC at noon in the Clubhouse I Crystal Ballroom to spend a fun afternoon of friendship, laughter and good deeds – no crafting experience needed!

And on Wednesday, Feb. 12, 2020, RWC members will gather to fill backpacks for children participating in Camp No Limits, for children with limb loss.

Membership

Membership in the RWC is open to residents and non-residents. Membership affords the opportunity to attend all meetings and events – no crafting experience needed!

Rossmoor Women’s Club members old and new gather to socialize and discuss the Club’s charitable and volunteer opportunities on Sept. 18. Photo by Carole Mund

Rossmoor Women’s Club invites all Leisure World women to join it for a hands-on project – making snowmen and reindeer bags for the MedStar Montgomery Medical Center’s pediatric emergency room. These fun bags will be distributed to children during their visit to the emergency room throughout the winter months. All members are invited to join the RWC at noon in the Clubhouse I Crystal Ballroom to spend a fun afternoon of friendship, laughter and good deeds – no crafting experience needed!

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Oct. 26: Meet and Greet Other Members at LWAAAC’s Open House

by Patricia Means

The LWAAAC open house is on Saturday, Oct. 26, from 3-7 p.m. in Clubhouse I. The event replaces the annual fall membership meeting and program, an annual October event.

The event is an informal affair for interacting with potential, new and current members. LWAAAC members are asked to bring new residents and their non-LWAAAC neighbors to the event.

The membership committee will be available for individuals wishing to register as new members or renew their membership. The dues are $20 per person (checks only, payable to LWAAAC) and cover the period of July 1, 2019 through Tuesday, June 30, 2020.

The event is free, but sign-up is required. To sign up, visit or call the Clubhouse I E&R office at (301-598-1300) any time from Tuesday, Oct. 8, through Monday, Oct. 21.

For more information, contact Lois Pope Fuller, event chairperson, at (240-242-3711).

Healthful Thursdays

Sessions 5, 6, and 7 are on Thursday, Oct. 10, 17 and 24, respectively. All sessions are on Thursdays from 1-3 p.m. in Clubhouse I. Topics for the sessions will be forthcoming via LWAAAC robocalls.

The sessions are free, but sign-up is required. To sign up, visit or call the Clubhouse I E&R office at (301-598-1300). For more information, contact Jannifer Woodson, event chairperson, at (832-259-7063).

Membership

Membership in LWAAAC is open to all residents. Payment may be made at meetings, via the LWAAAC mail slot in the Clubhouse I E&R office or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908). A telephone number and an email address should be included with payment. For more information, contact Alfonso Holston, membership chairperson, at (301-438-3537).

Amenities

Members should notify LWAAAC of illness, disability, death or other situations affecting a member or that person’s immediate family by contacting Louise Langley, amenities chairperson, at (301-598-3876).

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Italian Social and Cultural Club

Oct. 27: Come Enjoy Even More Lucy in Italy

by Flo Merola

More than 50 members and guests enjoyed delicious desserts while watching Italian-themed episodes of “I Love Lucy” from the ’50s. The room was filled with laughter.

The event was so successful that the Club will present two more “I Love Lucy” episodes on Sunday, Oct. 27, at 5 p.m. in the Clubhouse I Crystal Ballroom:

• “The Black Wig” – Ricky forbids Lucy to get a new Italian haircut
• “Visitor from Italy” – Lucy makes pizza

The Club will provide pizza and soft drinks. The cost is $12 for members and $15 for non-members. Mail checks, payable to the Italian Social and Cultural Club, to Paul D’Angelo at (3310 North Leisure World Blvd., Apt. 308 Silver Spring, MD 20906). Checks must be received by Wednesday, Oct. 23.

The last day to play bocce this season is Friday, Oct. 11, at 10 a.m. The courts are located outside Clubhouse I. After the game, the players will gather for lunch in the Terrace Room.

Upcoming Events

The Club has new and exciting events planned for this year:

• Dec. 15 – Holiday dinner featuring songs of the season with La Serenata
• Feb. 23 – Café Cinema: “Marriage Italian Style”
• March 22 – Festivale Italiano featuring dinner and dancing with music provided by the Monaldi Duo
• April 26 – Cafe Musica tenor Elio Scaccio performs
• May 17 – Club members’ brunch

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Going It Alone Club

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday (known as Saturday Afternoon Live - SAL) beginning with armchair travel at 2 p.m. in Clubhouse II.

GIAC’s goal is to enhance the social and emotional well-being of its members with fellowship opportunities, exciting trips and games.

Special Game Night

GIAC holds a special members-only game night on Thursday, Oct. 24, from 4-6 p.m. in the Clubhouse II. The event is an opportunity to meet the Club’s new president, Elaine Strass, and to enjoy fellowship, refreshments and fun games.

Boomers Gather for Walks, Movies and More

by Beth Leanza

Fun-loving and happy to socialize, the Baby Boomers get together for movies, picnics and game nights, and usually share some food!

All Baby Boomer Club events are held on the weekends and evenings to accommodate working residents. The Club does not discriminate by age; any fun-loving resident is welcome to join.

Friday Hikes with Joyce

All residents are invited to join the Club on any of its walks.

Joyce Richardson leads walks on Fridays. They meet up at 1:15 p.m. at a local trail. Most walks about one mile, but some walk halfway and return. To carpool to the trail, contact Joyce at (301-598-7098) or (777checkie333@gmail.com) by Thursday night.

To get directions to the walk sites, visit the Baby Boomer Club’s website at (https://sites.google.com/site/bbclwmd/) and go to the calendar page, or use Google Maps.

• Oct. 11 – Wheaton Regional Park (Silver Spring, MD)

Meet in the parking lot near the merry-go-round at 1:15 p.m. Bring water.

• Oct. 18 – Black Hills Regional Park Visitor’s Center, (Boysts, MD). Meet at the visitor’s center at 1:15 p.m. Bring water.

Sunday Walks

Join a group of walkers that meet up on Sundays at 8:30 a.m. near Arden Court (across from Kemscott Drive) to walk the entire Leisure World Boulevard circle. For more information, contact Ted Michos at (Tedmichos@gmail.com).

Weeknight Walks

For a shorter walk (about one mile), join a group to walk the Broadwalk in Montgomery Mutual. The walkers meet each weeknight at 5:15 p.m. in the Clubhouse I lobby. No one makes an announcement – look around and introduce yourself.

AVA Walks

The American Volkssport Association (AVA) holds events and provides guides to local walks of interest. More information about AVA walks is available on the Club’s website at (https://sites.google.com/site/bbclwmd/). Click on Walks, below the events calendar. You do not have to join AVA to participate.

Ready to Join?

Just mail a check for $5 per person, payable to Baby Boomer Club, to Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906). Include an email address to received updates on Club events.

If you’re not sure you want to join, then come meet up at a Club activity first. The Club’s website is available at (https://sites.google.com/site/bbclwmd) and includes a calendar with activity information.

Not Getting Emails?

Club members who have joined but are not receiving emails are asked to check their email’s “spam” and “junk” folders.

Also, adding the Baby Boomer Club’s email address, (bbclw@googlegroups.com), to your contact list or address book will help to prevent the Club’s emails from ending up in these folders.

Still not getting email? Contact Beth Leanza at (bethle12020@gmail.com) or (301-598-4569).

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Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0157).

Book Club Network: The network brings together eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Clipper Workshop: Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to make a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Briner at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II, the Computer Learning Center is operated by The Leisure World Computer Center Inc. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Windows systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-3259).

Hispanos de Leisure World: All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota “Lotty” Goldberg at (301-598-8686).

Knitting Corner: Join us the second and fourth Fridays of each month at the Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Oct. 11. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel’s mission. Yarn donations gratefully accepted. Contact Joan at (240-833-2724) or if you have any questions.

LW LGBTQ Alliance: Our group was formed to give members of the LGBTQ community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II, except in July and August. We welcome everyone; being gay is not a prerequisite. The LW LGBTQ Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire Leisure World community. For additional information and events, email us at lwlg@gmail.com. You can also follow us on Facebook at LW LGBTQ Alliance.

Model Railroad Club: If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, contact Marilyn Chmielewski, president, at (301-438-3259).

Musical Jammers: We gather informally twice a month with other amateur musicians, singers and lovers of music to sing, play music and have fun—no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to (www.nextdoor.com) and join and enter the code QHMXCF.

The Philadelphians: For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburgers: If you were born, raised, or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydes Kellough at (301-642-2430). Our next meeting is Oct. 10.

Stickers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for “show-and-tell,” and we hold an auction of members’ stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are $5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: TMO is a movement of residents concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information email (admin@townmeetingorganization.com) or visit (www.townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Glenegales Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women’s Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women’s Fun Bunch of Leisure World: The Women’s Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquiries, call Marlene (301-438-7773).

Yahoo Groups: The Group is an online forum and email list serve that provides informal, online communication between neighbors. It provides residents an opportunity to seek information, post announcements and share photos and files. This list serve is monitored daily to assure the stated Group rules are followed. To join, visit (https://groups.yahoo.com/neo).
The next deadline for trip submissions is **Monday, Oct. 7**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

**Dover Downs Hotel and Casino**

Return to Dover Downs once again with **NA'AMAT RBZ Club** on this popular trip with its overnight stay in Dover, Delaware. The cost is $120 per person, double occupancy; $170 single occupancy. The package includes round-trip transportation, beautiful hotel accommodations and breakfast buffet, plus $50 play money.

The bus leaves on Wednesday, Oct. 30, at 10:30 a.m. from Clubhouse II and returns on Thursday, Oct. 31, at approximately 2:30 p.m.

Send your check(s), payable to NAAMAT, to Trudy Stone at (15101 Interlachen Dr., #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming.

If you have any special needs, indicate what they are with your check. Questions? Call Trudy Stone at (301-438-0016).

**Gaming and Sightseeing**

Join the **Tennis Club** in a two-night/three-day trip (Monday-Wednesday) to Atlantic City, New Jersey. For only $205 per person double occupancy ($90 more for single occupancy), you will get transportation in a modern bus, two nights' lodging in the casino hotel, one dinner, two hot breakfasts and a casino bonus.

On your own in this tourist location, you can take in a show and enjoy Atlantic City's famous boardwalk.

Contact Sue Sandler at (240-242-3742) for more information and to make a reservation.

**Holiday Lights and Decorations**

Join the **Going It Alone Club** for a family-style Italian dinner at Carmine's Restaurant. Carmine's is renowned for its extra-large portions of antipastos and pastas, seafood and meat entrées, which are meant to be shared.

After dinner, enjoy a bus tour of downtown Washington, D.C., to see the city’s holiday decorations, including the Capitol and White House Christmas trees, the holiday decorations on Embassy Row and much more.

The bus departs from Clubhouse II at 2 p.m. and returns approximately 9 p.m.

The cost is $70 for members and $80 for non-members and includes dinner, tax, transportation and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Nov. 23, unless a replacement is made.

For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

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International Horse Show, DC
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More than 500 top horses and riders come to D.C. from all over the globe to win more than half a million dollars in prize money. Trip includes transportation and admission.

Skyline Drive, VA
Fri., 10/25, 8:00 am-4:35 pm $99.00 per person
It's time for leaf peeping! Includes lunch at Skyland Restaurant.

Notorious RBG
Sat., 11/9, 7:45 am-6:40 pm $85.00 per person
This exhibition explores RBG’s legacy as a student, lawyer, women’s rights advocate and precedent-setting role on the Supreme Court. Lunch on own.

National Museum of African American History and Culture, DC
Mon., 11/11, 8:45 am-3:30 pm $45.00 per person
Timed entry tickets and transportation included.

“Annie,” Riverside Center, Fredericksburg, VA
Wed., 11/13, 9:45 am-6:45 pm $120.00 per person
Transportation, plated lunch and admission to show included.

National Harbor, MD
Sat., 11/16, 9:00 am-4:40 pm $45.00 per person
National Harbor has so much to offer! MGM, Tangier Outlets, ICE, Gaylord Hotel. Transportation only.

Edward Hopper Exhibit at Virginia Museum of Fine Arts, Richmond, VA
Mon., 11/18, 7:45 am-7:15 pm $107.00 per person
Admission, audio tour, lunch in the Marble Room and transportation included.

Hollywood Casino, Charles Town, WV
Wed., 11/20, 10:00 am-5:45 pm $38.00 per person
$20 slot play-determined by Casino. Transportation only.

Mount Hope Holiday Dinner Theatre, Lancaster, PA
Sat., 11/23, 9:15 am-7:15 pm $117.00 per person
Christmas tales, caroling and dining blend together for the annual Mount Hope Holiday Dinner Theater. Trip includes transportation, show and meal.

Irving Berlin’s “Holiday Inn,” Dutch Apple Theatre, Lancaster, PA
Wed., 11/27 9:00 am-6:15 pm $122.00 per person
Trip includes transportation, admission to theatre and lunch.

Christmas at Longwood Gardens, Kennett Township, PA
Fri., 11/29, 12:15 pm-10:30 pm $82.00 per person
Enjoy this winter wonderland display! Trip includes transportation and admission to the gardens.

“Joy to the World,” American Music Theatre, PA
Sun., 12/1, 8:45 am-8:30 pm $139.00 per person
Trip includes lunch at Plain N’ Fancy, admission to show and transportation.

Dining, Guiding & Lighting, DC
Wed., 12/4, 4:00 pm-10:30 pm $112.00 per person
Dinner at Mrs. K’s Tollhouse prior to heading down to DC for a guided tour of the monuments.

Mount Vernon by Candlelight, VA
Sat., 12/7, 3:30 pm-10:15 pm $135.00 per person
Trip includes Candlelight Tour of Mount Vernon, dinner at the Mount Vernon Inn and motorcoach transportation. *uneven terrain-outside and in the dark*

"Miracle of Christmas," Sight & Sound Theatre, Lancaster, PA
Sat., 12/14, 9:45 am-9:15 pm $159.00 per person
“Miracle of Christmas” has become a family tradition, so this holiday, take the Eyre bus to the Sight & Sound Theatre in Lancaster, PA, and have a family-style lunch at Hershey Farms before arriving at the theatre for “Showtime”!

Radio City “Christmas Spectacular,” NYC
Fri., 12/13, 7:15 am-11:45 pm $199.00 per person
Trip includes transportation and admission to show.

Museum Loop, DC
Mon., 1/13, 8:40 am-3:00 pm $35.00 per person
Choose to spend the day at the Library of Congress, National Archives Museum or the National Museum of American History. Transportation only.

International Spy Museum, DC
Mon., 1/27, 8:45 am-3:15 pm $48.00 per person
Trip includes transportation and admission to museum. Lunch on own.

“Murder on the Orient Express” at the Fulton Theatre, PA
Thurs., 1/30, 8:45 am-7 pm
Trip includes transportation, lunch at Shady Maple Smorgasbord and admission to show.

Greenbrier, WV
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April 19-23, 2020
Ocean City Adventure, MD
June 7-10, 2020
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June 21-24, 2020
Cape Cod, MA
July 19-23, 2020
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Pittsburgh, PA
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Some trips require a certain amount of walking. The shoe symbol provides an indication of how much walking may be involved.

Key: Easy Walking More Walking A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing “Excellence in Travel for 70 Years”.

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.
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Team Gets its ‘Hooks’ into First Place

by Rita Mastrorocco

The league is based on handicaps with averages for the bowlers ranging from 90 to 183. If you have not bowled in years, come out and join the fun.

The top league standings as of Sept. 20 are Hooks N Curves in first place, Winners in second place and Rolling Rocks in third place.

Top scores for the week of Sept. 13 are:
- Scratch Game – Huggers, 662 pins
- Scratch Series – Huggers, 1,936 pins
- Handicap Game – Gutter-snipes, 937 pins
- Handicap Series – Gutter-snipes, 2,748 pins
- High Average Men – Pat Leanza, 177 pins
- Scratch Game Men – Chuck Martinez, 203 pins
- Scratch Series Men – Steve Mueller, 534 pins
- Handicap Game Men – Arnie Lerman, 265 pins
- Handicap Series Men – Ted Murphy, 721 pins
- High Average Women – Chris Porter, 169 pins
- Scratch Game Women – Chris Porter, 196 pins

Scratch Series Women – Chris Porter, 568 pins
Handicap Game Women – Chris Porter, 259 pins
Handicap Series Women – Chris Porter, 757 pins

Top scores for the week of Sept. 20 are:
- Scratch Game – Huggers, 703 pins
- Scratch Series – Huggers, 2,005 pins
- Handicap Game – Huggers, 952 pins
- Handicap Series – Huggers, 2,752 pins
- High Average Men – Steve Mueller, 183 pins
- Scratch Game Men – Steve Mueller, 235 pins
- Scratch Series Men – Steve Mueller, 618 pins
- Handicap Game Men – Steve Mueller, 278 pins
- Handicap Series Men – Steve Mueller, 747 pins
- High Average Women – Chris Porter, 169 pins
- Scratch Game Women – Darlene MacDonald, 179 pins
- Scratch Series Women – Chris Porter, 511 pins
- Handicap Game Women – Barbara Gould, 266 pins
- Handicap Series Women – Barbara Gould, 691 pins

Serve’s Up – Volleyball Club Forming

by Jody Bonn

The community’s volleyball players announce the formation of an official volleyball club of Leisure World.

For more than 15 years, volleyball play has been happening daily at the outdoor pool during the summer and regularly each week at the indoor pool once the outdoor pool closes.

The group has grown from a bunch to a crowd! It’s organized its participants for casual games that are played on Wednesday, Friday and Saturday after-

———

Lawn Bowls Rolls Along

Leisure World lawn bowlers compete in a Maryland Senior Olympics event held at Leisure World Sept. 21. Courtesy photo

Fall Brings Beginner Clinics and Tournaments

by Dee Berkholz

With everyone back from their summer vacations, the Pickleball Club is ramping up its fall activity schedule. The first of four pickleball beginner clinics was held on Sept. 14, and was attended by 11 enthusiastic Leisure World residents.

These beginner clinics provide an introduction to this fun and easy-to-learn sport as well as basic stroke fundamentals, unique terminology and safety considerations. The remaining fall beginner clinics are held on Saturday, Oct. 12 and Oct. 26, at 9 a.m. on the courts outside Clubhouse II.

For those more experienced pickleball players, two tournaments have been planned for October. The competition will include women’s doubles, men’s doubles and mixed doubles teams. Spectators are welcome to come and watch the matches on Saturday, Oct. 12 and 26, starting at 10 a.m. at the courts outside Clubhouse II.

For more information about the Pickleball Club or to register for a clinic, contact Steve Van Albert at (steve.vanalbert@gmail.com).
**Golf Course Holds Par 3 Mixer**

On Saturday, Oct. 12, the golf course hosts a par 3 mixer (nine holes) with a 4 p.m. shotgun start. The event is open to all residents, and a golf handicap is not required. The cost to participate is $15 per person and includes snacks after golf play. Make up your own team or sign up as a single. Call the Pro Shop at (301-598-1570) for details.

– Jack Frensilli

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**Golf Club**

**September Golf Results**

Compiled by Rita Molyneaux

**Sept. 10, 2019**

**9-Hole Ladies Step Aside Scramble**
1. Clara Brincefield, Sue Heyman, Janet Danziger, Flo Merola, 40
2. Julie Repeta, Young Sook Lee, Wendy Flannery, 41
4. (tie) Mary Lee Amato, Christine Petersen, Doris DeSantis, 43

**Sept. 11, 2019**

**Men’s Age Group Tournament Results**

**Group A: 60-75**
Kevin McMahon, 64
Jules Goldstein, 69*

**Group B: 77-84**
Jack Frensilli, 64
Pete Porrello, 66

**Group C: 85-95**
Richard Sturges, 71
Joe Boland, 72*

Closest to Pin #7 – Kevin McMahon, 11’4”
Closest to Pin #8 – Bill Heyman, 11’8”
Closest to Pin #16 – Kevin McMahon, 17’4”
*Tie broken by back nine score

**Sept. 12, 2019**

**18-Hole Ladies Beat the Pro – Leisure World Golf Professional**

Richard Rosenthal, 77
Mary Ko, 64
K.C. Choi, 68
Susan Kim, 68
Christa Storm, 70
Ivy Holsey, 71
Mary Lee Amato, 72

**Sept. 17, 2019**

**Two-Lady Team Championship**

**Gross**
1. Plaque and Trophy – Clara Brincefield, Patti Howlin, 47
2. Young Sook Lee, Connie Park, 48

**Net**
1. Barbara Peters, Kazue Waller, 29
2. (Match of Cards) Mary Lee Amato, Christine Petersen, 32

**Sept. 18, 2019**

**MISGA with University of Maryland-Montgomery-Tantallon-Timbers of Troy**

1. Bill Heyman, Doug Cornish, Christa Storm, Mike Suranno, 112*
2. Doug Allston, Kevin Driscoll, Susan Kim, Dick Taylor, 112*
3. Jack Frensilli, Kathy Frensilli, Bob Dibble, Lloyd Stinson, 113
4. Alan Wilder, Doug Brasse, David Harris, Leo Goff, 115

Closest to pin #8 – Jules Goldstein, 12’5”
Closest to pin #16 – Leo Goff
*Ties broken by back nine score

**Sept. 19, 2019**

**18-Hole Ladies Mystery Hole #9**
1. Susan Kim, 63
2. Mary Ko, 64

**Sept. 27, 2019**

**Twi-Lite Results**
1. Sperry Storm, Christa Storm, Joe Boland, K.C. Choi, 35
2. Richard Falck, Lois Falck, Doug Brasse, Jenny Wilson, 36
3. Bill Heyman, Sue Heyman, Michael Chang, Jenny Chang, 37

*Cards matched on the ninth hole.

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**Photo by Leisure World News**
Tuesday and Friday Duplicate Bridge
Compiled by Jerry Miller
Flight A includes all players. Flight B includes only ACBL member pairs, each less than 1,000 master points. Flight C includes only ACBL member pairs, each less than 500 master points.

Tuesday, Sept. 10, 2019
North-South
Flight A
1. Martin Reed – Howard Tash
2. Beena Deshmukh – Madhav Deshmukh
3. Aaron Navarro – Judith Perrier
4. Marilyn Rubinstein – Stanley Rosen
5. Mel Schloss – Alice Miller
6. Stephan Billstein – Marcia Fletcher

Flight B
1. Beena Deshmukh – Madhav Deshmukh
2. Marilyn Rubinstein – Stanley Rosen

East-West
Flight A
1. Garry Grossman – Paul Chassy
2. Jerry Miller – Gerald Lerner
3. Nadine Cheary – Saul Penn
4. Joan Marie Thomas – Kathleen Hooley
5. Hanna Schepps – Marlys Moholt
6. Rosmarie Suito – Shirley Light

Flight B
1. Sue Weiss – Bernice Felix
2. Joan Marie Thomas – Kathleen Hooley
3. Abigail Murton – Dora Levin
4. Liz Ferraro – Alan Ferraro

Flight C
1. Joan Marie Thomas – Kathleen Hooley
2. Abigail Murton – Dora Levin

Friday Bridge
Compiled by Shirley Rosenhaft
Sept. 6, 2019
1. Mort Faber, 3,820
2. Bob Stromberg, 3,100
3. John Hashim, 3,060
4. Joyce Fischer, 2,700

Sept. 13, 2019
1. Joyce Fischer, 3,710
2. Leonard Bosin, 2,740
3. John Hashim, 2,710
4. Bob Stromberg, 2,630

North-South
Flight A
1. Wendy Morrison – Vern Skinner
2. Doug Brasse – Merrill Stern
3. Aaron Navarro – Marlys Moholt
4. Alan Ferraro – Liz Ferraro

Flight B
1. Wendy Morrison – Vern Skinner
2. Doug Brasse – Merrill Stern
3. Aaron Navarro – Marlys Moholt
4. Alan Ferraro – Liz Ferraro

East-West
Flight A
1. Madhav Deshmukh – Beena Deshmukh
2. Jerry Miller – Gerald Lerner
3. Stephen Weiner – Larry Carswell
4. Susan Weiss – Sue Swift

Flight B
1. Stephen Weiner – Larry Carswell
2. Stephen Weiner – Larry Carswell

Tuesday, Sept. 17, 2019
North-South
Flight A
1. Wendy Morrison – Vern Skinner
2. Doug Brasse – Merrill Stern
3. Aaron Navarro – Marlys Moholt
4. Alan Ferraro – Liz Ferraro

Flight B
1. Alan Ferraro – Liz Ferraro
2. Stephen Weiner – Larry Carswell

East-West
Flight A
1. Madhav Deshmukh – Beena Deshmukh
2. Jerry Miller – Gerald Lerner
3. Stephen Weiner – Larry Carswell
4. Susan Weiss – Sue Swift

Flight B
1. Doug Brasse – Bernice Felix
2. Kimi Sugimura – Beth Harper

Friday, Sept. 20, 2019
North-South
Flight A
1. Michael Benefiel – Sid Lotlikar
2. Mark Lavine – Aaron Navarro

East-West
Flight A
1. Doug Brasse – Bernice Felix
2. Kimi Sugimura – Beth Harper
Playing Chess Without Words
by Bernie Ascher

To the delight of schoolteachers in America, Dictionary Day will be here again on Wednesday, Oct. 16. This is the day to celebrate the birthday of Noah Webster, best known as the author of the American Dictionary of the English Language.

Readers can celebrate Dictionary Day by learning more about Webster and the English language. Webster accomplished many things during his lifetime. In addition to writing dictionaries and schoolbooks, he fought for copyright laws, a strong federal government, universal education and the abolition of slavery.

Born on Oct. 16, 1758, in West Hartford, Connecticut, he was the fourth son of five children of Noah and Mercy Steele Webster. He entered Yale College at the age of 16. Military service interrupted his college career, even though he was only 18 years old during the Revolutionary War. He graduated from Yale in 1778.

In 1783, Webster published the “blue-backed speller” for schoolchildren, which sold millions of copies and influenced early copyright law.

According to the 2011 book “The Forgotten Founding Father: Noah Webster’s Obsession and the Creation of an American Culture” by Joshua Kendall, “Webster hobnobbed with various Founding Fathers and was a young confidant of George Washington and Ben Franklin. He started New York’s first daily newspaper, predating Alexander Hamilton’s New York Post.”

With respect to the English language, he believed that the U.S. should develop a brand of English with its own vocabulary, pronunciation and style.

Webster “complained that the English language had been corrupted by the British aristocracy which set its own standard for proper spelling and pronunciation...The people-at-large must control the language,” according to a 2011 article in the Journal of the Copyright Society of the U.S.A.

He was 49 years old when he published his first dictionary in 1807. It contained American words (skunk, hickory and chowder) and American spellings (music instead of musick; center instead of plough). Some of his spelling changes were not accepted, such as changing “tongue” to “tung” and “women” to “wimmen.”

He then began an expanded version, which he published 21 years later. It contained 70,000 words, of which 12,000 had never appeared in a dictionary before, according to the online edition of Webster’s 1828 dictionary. Several biographies indicate that Webster learned 26 languages to write his dictionary, including Old English, German, Greek, Latin, Italian, Spanish, French, Hebrew, Arabic and Sanskrit.

All of this raises the question: When did he have time to have nine children (six girls, two boys and one son who died in infancy)?

In 1847, the Merriam brothers George and Charles, who owned a book publishing and selling operation in Springfield, Massachusetts, bought the rights to Webster’s magnum opus from this estate, along with the right to create revised editions of the work. Over the years, Merriam-Webster has published several editions of the American dictionary.

Unlike Scrabble players, chess opponents can play without a dictionary. Chess players need no words at all. In the game pictured on this page, White can win on the next move by Queenning (moving the Pawn on f7 to f8 results in checkmate)! However, it is Black’s turn to move.

What is Black’s best move?

The solution follows the reminder that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. For further information, call Bernie Ascher at (301-598-8577).

SOLUTION: Black’s Queen captures the Pawn at f2, checking the King. White’s only move is to h1. Black then moves the Rook to c1. Checkmate!

So do not wait for next year’s Dictionary Day. Do not wait for nine children. Do not wait for control of the English language. Play chess now!
**Sports, Games & Scoreboards**

**Bid Whist:** Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

**Bridge:**
- **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-1777).
- **The Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).
- **Men’s Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).
- **Thursday Ladies Bridge** welcomes more card players. If interested, call JoAnn Gellman at (301-351-2391).
- **Chess:** Free chess lessons on Mondays for beginners or “rusty” players. Call Steve Harvith at (301-801-4693) or Lark Keller at (301-219-5955) for appointments. The Chess Club meets every Monday, Wednesday, and Friday from 1-4 p.m. in Clubhouse II. Membership is free.
- **Cribbage:** We meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.
- **Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group.
- **Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse I Activity Room to observe. Questions: Call Jessie at (314-374-4501).

**LW Golf Club:** Come join the Golf Club members at the Golf Clubhouse every Tuesday and Friday at 11 a.m. for a pick up game. All residents are welcome. A current golf handicap is required. There will be a par 3 mixer (nine holes) with a 4 p.m. shotgun on Saturday, Oct. 12. For details, see page 47.

**Mah-jong:** Learn how to play mah-jong. Call (301-598-3438).

**Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a $5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

**Ping-Pong Club:** Get healthy exercise and camaraderie playing ping-pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email her at (julie2401@netscape.net).

**Pinochle Players:** Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

**Poker:**
- **Poker Game** openings are available at the Greens, Thursdays from 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).
- **Men’s Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
- **Play Poker** Mondays and Thursdays from 1-3 p.m. in the Clubhouse II Game Room. We play hi/lo with or without wild cards, dealer’s choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

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**GOLD TO KNOW:**

**GOLF INSTRUCTION AVAILABLE FROM PGA PRO**

 Residents new to golf or seeking to sharpen their skills can get instruction from Leisure World’s Class-A PGA professional, Richard Rosenthal.

A half-hour lesson is $45, and a series of five lessons includes one free lesson.

And if you enjoy playing golf, consider a three-month trial membership or annual membership, or simply pay as you play.

For more information, call the Pro Shop at (301-598-1770).
October 4, 2019

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<td>14809 PENNFIELD CIR #215</td>
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Selling Montgomery County for 30 years! We are the company for all your flooring needs. Carpeting, Hardwood, Laminate, Ceramic, Marble, Commercial, Residential. We do it all! We carry major brand names in carpeting and hard surface flooring.

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SOLD!!!

3100 N Leisure World Blvd, #1002
Updated kitchen and enclosed balcony overlooks golf course, pond, & tree tops!

RENTED!!!

2901 S Leisure World Blvd, #204
Our client found the perfect rental unit to call home! Call us today so we can help you too!

SOLD!!!

3100 N Leisure World Blvd, #1026
Spacious & updated 2 BR, 2 FBA condo! Enclosed balcony with incredible views!
### CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on Tuesday following the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. Please bring your Leisure World ID.

If required enrollment is not met five days prior to the start date, the class will be cancelled.

***Please note fees for non-residents: add $10 for 1-6 session classes and $20 for classes of 7 or more sessions.***

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks must be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

### EDUCATION

**NEW – Journals of a Geographer, a CLL course:** Geography is the study of places and the relationships between people and their environments. Geographers explore both physical processes and human processes that occur on the Earth’s surface. Geography seeks to understand where things are found, why they are there and how they develop and change over time.

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<tr>
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**Internet of Things: Understanding Basics of Our Connections to Cell Phones and Smartphones:** If you are curious about cell phones, smartphones versus flip phones or data rate plans, what they do and why they have become so popular, this is the lecture for you. The instructors will compare the pros and cons of the two popular operating systems – Android and Apple iOS – and customize (vision, hearing and control center) your computer/phone setting just for you. Participants will learn about popular cell and smartphones on the market, plus buying guide tips and things to consider.

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### RELIGION AND PHILOSOPHY

**NEW – Prayers in Judaism, Islam and Christianity:** The three-session course on basic prayers in Judaism, Islam and Christianity will deal with theological concepts inherent in the prayers. Discussions will follow for 15 minutes at the end of each session. Participants are encouraged to bring their own prayer books.

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### EXERCISE

**NEW – Chair Yoga with Robin, Wednesdays:** Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements are done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

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Moderate: Balance for the Active Adult

day per week; $90 for two days, Oct. 2. Modification can be made for the work. Bring a bottle of water. Recommended for some floor are provided; and a mat is control of “usable strength.”

Get stronger, steadier and more move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Steve McCleary.

For more information, call Maureen McCleary at (301-598-1145). Fee: $45 for one day per week; $75 for two days per week. Register at Clubhouse I.

NEW – Beginner and Advanced Tai Chi: A must for seniors! Tai Chi builds strength in muscles and bones, promotes a healthy heart and is fun and easy to do. It improves endurance, flexibility, breathing and circulation.

This class begins with 30 minutes of stretching and muscle strengthening exercises that promote greater agility, better posture and strengthen muscles. This is followed by meditation for 10 minutes and tai chi for 20 minutes. Tai chi is the best way to improve balance and coordination, thereby decreasing the risk of falling and fractures.

Class meets Tuesdays and Thursdays, Oct. 22-Jan. 23 (no class Nov. 26, Nov. 28, Dec. 24 or Dec. 26), 9:30-10:30 a.m. The instructor is Steve McCleary.

For more information, call Maureen McCleary at (301-598-1145). Fee: $45 for one day per week; $75 for two days per week. Register at Clubhouse I.

NEW – Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.) - Advanced: Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Oct. 21-Dec. 9 and/or Thursdays, Oct. 24-Dec. 12 (no class Nov. 28, Thanksgiving), 10:30-11:30 a.m. Fee: $60 for one day per week; $90 for two days per week. Register at Clubhouse I.

NEW – Chair Exercises for Strength and Mobility: This class offers innovative new ways to exercise from a chair. Participants will use weights, rubber tubing and balls. Anyone who wants to exercise strictly from a chair is welcome.

There are many ways to overcome mobility restrictions and to reap the benefits of physical, mental and emotional rewards of exercise. So, bring yourself, a bottle of water for hydration and join new friends for motivation! Remember, muscle knows no age, so it is never too late to become the best you!

Led by Linda Ginsburg, class meets Mondays, Oct. 21-Dec. 9 and/or Thursdays, Oct. 24-Dec. 12 (no class Nov. 28, Thanksgiving), noon-1 p.m. Fee: $60 for one day per week; $90 for two days per week. Register at Clubhouse I.

NEW – Tap Dancing in a Chair with Carol – a new approach to Tap: If you are an experienced tapper and miss it or a beginner who always wanted to tap, but right now your body says, “no,” this is the class for you. For experienced tappers, this will be a “remember when” and a “do I ever love tapping again”; for beginners you’ll enjoy an easy start with the basics, and before long you’ll feel like a real tapper.

(Experienced tappers who don’t need a chair are welcome to take the class, but all students work from a chair.)

Each class is two hours; the first hour will focus on beginning tap terms and combinations, and the second hour on more advanced techniques and dances. Students are welcome and encouraged to participate in either or both hours of instruction.

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the physical education department and, in the summer, continued to perform in local theater. While her career took her in another direction, her love affair with dance has never ended. If you have questions, give Carol a call at (301-598-5980).

Class meets Thursdays, Oct. 24-Dec. 5 (no class Nov. 28, Thanksgiving), 3-5 p.m. Fee: $40. Register at Clubhouse I.

Gentle Yoga – Wednesdays and Saturdays with Marilyn: Yoga is a holistic system that combines movement, posture, breath, and relaxation techniques to improve overall health and well-being physically, mentally and spiritually. A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide skills to cultivate a peaceful mind in the face of life’s stresses and challenges.

This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class. Class meets Wednesdays, Oct. 9-Dec. 18 and/or Saturdays, Oct. 5-Dec. 11, 9-10:15 a.m. Fee: $93 for one day per week, $160 for two days per week. Register at Clubhouse I.

Gentle Pilates and Therapeutic Vinyoga for Individuals with Arthritis: Everybody can benefit from Pilates moves and from correct breathing, and in this class you will get both. This is a simple therapeutic class that everyone can do and benefit from. Pilates is linked to better balance in older adults with back pain. Pilates was inspired by Vinyoga. The class will begin with some simple stretching followed by a gentle Pilates workout that is chair- and wall-assisted, and ending with a relaxing cool down.

This class is structured to insure progress at an individual speed as each person strengthens and tightens his/her arms and legs, while improving core muscles. But most of all it’s fun and it will make you feel absolutely fabulous!

Participants should wear comfortable clothing, and bring a blanket, two 3” yoga blocks, a yoga strap (or an old scarf or old tie) and a bottle of water. Participants must be able to get up and down from the floor at least once during the class.

Class meets Mondays, Oct. 14-Dec. 2, 4-5 p.m. Fee: $150. Register at Clubhouse II.

Body and Brain Chair Yoga with Christine: All yoga helps one to feel better physically, relieve stress and have more energy. So, what’s different about Body and Brain Korean Yoga? It focuses on gentle fluid movements instead of holding poses, so it makes fewer demands on one’s balance and strength. This makes it easier and more fun for many individuals to achieve the results they want. One can start to experience benefits from the very beginning.

Participants will also learn traditional Asian healing principles and movements and how to use the brain to improve the body. With practice, a participant can enhance the quality of his or her health and become a stronger and happier person.

As a special bonus, try a non-surgical facelift – At the end of class, the instructor will share the five components of facial yoga to get a smoother, lifted look by relaxing and stimulating the facial muscles.

Class meets Wednesdays, Oct. 23-Dec. 18, 6-7:10 p.m. Fee: $96. Register at Clubhouse I.
You’re invited to an Introductory Lunch & Learn

Wednesday, October 23rd @ 12p.m.
Registration begins @ 11:30 a.m.

If you are considering moving to a retirement community, please join us for a delicious lunch and presentation on the benefits of living at Bedford Court, a Continuing Care Retirement Community located next door to Leisure World!. We provide maintenance free living, housekeeping, restaurant style dining, transportation and so much more, all at an exceptional value.

Join us to see why so many Leisure World residents have chosen Bedford Court as their home!

On The Menu
Salad with Mixed Baby Greens, Dried Cranberries, Pears, and Candied Pecans tossed with a Lemon Sage Vinaigrette
Grilled Chicken Breast Stuffed with Apple Cornbread Stuffing
Wild Rice and Sautéed Green Beans
Pumpkin Cheesecake

Seating is Limited
RSVP by Friday, October 18th
Call 301-438-6607

Independent Living - limited availability on 1 and 2 bedroom apartments
Assisted Living —We are proud to be deficiency free 2 years running!
Limited availability of studios and 1 bedroom apartments.
Call 301-598-2900 today for details.

Skilled Nursing & Rehabilitation
If you are planning a surgery or have an unexpected hospital stay, call Bedford Court to inquire about an inpatient rehabilitation stay.
To inquire call Tiernan Andrews at 301-438-6640

3701 International Drive, Silver Spring MD 20906
Independent Living * Assisted Living * Nursing & Rehabilitation

Ranked “Highest in Customer Satisfaction” among Senior Living Communities by J.D. Power in their first-ever 2018 Senior Living Satisfaction
Dial 301-598-1313
for recorded Daily Events

Clubhouse I
10:00 a.m. Abstract Any Medium Art Class
11:00 a.m. Who Are the Great Composers? Class
12:30 p.m. Watercolor II Art Class
1:00 p.m. Chess Club
1:30 p.m. Friday Bridge
3:00 p.m. Therapeutic Yoga Class
4:00 p.m. Pickleball Club

Clubhouse II
1:00 p.m. Zumba Gold Class
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
3:00 p.m. Intermediate Art Class
4:00 p.m. Pickleball Club

Clubhouse III
9:30 a.m. Gentle Yoga Class
9:30 a.m. Pickleball Club
11:30 a.m. Pickleball Club
2:30 p.m. Fitness Forum: Bob Levey Discusses Issues of Journalism Today
6:30 p.m. Bingo

Clubhouse IV
9:30 a.m. Senior Sneakers Class
10:00 a.m. Clipper Workshop
10:30 a.m. Zumba Gold Class
11:00 a.m. Chair Yoga Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class
5:30 p.m. Pickleball Club
5:30 p.m. Model Railroad Club Operating Session

Clubhouse V
9:30 a.m. Garden Plot Group
10:00 a.m. CLL Course: Advanced Conversational Spanish
11:00 a.m. Arts in Motion Annual Meeting
11:30 a.m. 9-Hole Ladies Golf Luncheon
1:00 p.m. Open Art Studio
1:00 p.m. CLL Course: Intermediate Conversational Spanish
1:00 p.m. Amateur Radio Club
1:30 p.m. Book Club Network: Non-Fiction
5:00 p.m. Lawn Bowls Club
7:00 p.m. Trivia Club
7:00 p.m. Duplicate Bridge

Clubhouse VI
9:30 a.m. Beginner and Advanced Tai Chi Class
10:00 a.m. LW Apple Club: Clinic
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Pickleball Club
12:30 p.m. Scramble Group
1:00 p.m. Non-impact Fusion Water Exercise Class
1:30 p.m. Comedy and Humor Club
2:00 p.m. Fitness Center Orientation Tour
3:00 p.m. Living Better with Parkinson’s Support Group
6:00 p.m. JRLW: Yom Kippur Service

Clubhouse VII
9:00 a.m. Gentle Yoga Class
9:00 a.m. Any Medium II Art Class
10:00 a.m. Lion’s Vision Support Group: New Technology for the Visually Impaired
1:00 p.m. Oils and Acrylics II Art Class
6:45 p.m. Chicago Bridge
7:30 p.m. JRLW: Break-the-Fast Supper Clubhouse II
9:15 a.m. JRLW: Yom Kippur Service
10:00 a.m. Zumba Gold Class
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Aqua Fit Class
2:15 p.m. Pickleball Club
5:30 p.m. Model Railroad Club Operating Session
7:00 p.m. Gem, Lapidary and Mineral Society

Clubhouse VIII
9:15 a.m. Stretch, Tone and Strength Training
10:00 a.m. Basic Drawing Art Class
10:00 a.m. CLL General Meeting
10:30 a.m. Stretch, Tone and Balance Class
1:00 p.m. Oils and Acrylics Art Class
1:30 p.m. Leisure World Chorale
2:00 p.m. CLL program: Protecting Your Assets
7:00 p.m. Bingo

Clubhouse IX
9:00 a.m. Senior Sneakers Class
10:00 a.m. Clipper Workshop
10:30 a.m. Zumba Gold Class
11:00 a.m. Chair Yoga Class
12:30 p.m. Men’s Bridge
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5:30 p.m. Pickleball Club
5:30 p.m. Model Railroad Club Operating Session

Clubhouse X
9:30 a.m. Any Medium Art Class

Leisure World Mutual Meetings
Oct. 7 Mutual 25 Board
7:00 p.m., Sullivan Room

Oct. 8 Mutual 16 Board
9:30 a.m., Sullivan Room
Mutual 19A Board
9:30 a.m., Clubhouse II
Mutual 7 Board
1:00 p.m., Sullivan Room

Oct. 10 Mutual 27 Board
10:00 a.m., Community Room
Mutual 12 Board
1:00 p.m., Sullivan Room

Oct. 15 Mutual 14 Board
9:30 a.m., Sullivan Room

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Budget and Finance
Oct. 16, 10:00 a.m., Clubhouse II

Communications
Oct. 17, 10:00 a.m., Clubhouse I

Community Planning
Oct. 15, 9:30 a.m., Clubhouse I

Energy
Oct. 15, 9:30 a.m., Clubhouse I

Golf and Greens
Oct. 4, 9:30 a.m., Clubhouse I

Government Affairs
Oct. 21, 2:00 p.m., Sullivan Room

Health
Oct. 16, 2:00 p.m., Clubhouse I

Landscape
Oct. 16, 9:30 a.m., Clubhouse II

Physical Properties
Oct. 8, 9:30 a.m., Clubhouse II

Security and Transportation
Oct. 11, 9:30 a.m., Clubhouse I

Technology
Sept. 7, 10:00 a.m., Sullivan Room

LWCC Board of Directors
Oct. 29, 9:30 a.m., Clubhouse I
The meeting airs on Nov. 4, 6 and 8 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee
Oct. 18, 9:30 a.m., Sullivan Room
The meeting airs on Oct. 23, 24 and 25 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.
See Things DIFFERENTLY

Ingleside at King Farm introduces a different approach to serve those with neurocognitive impairments, including Alzheimer’s and other dementias. This person-directed program goes far beyond just providing care—it opens up a new world of connections for family members and their loved ones.

Memory Support residences include brand new, private suites, beautiful common areas, open-kitchen dining area, a full calendar of entertainment, programs and events, and opportunities for socialization and enrichment.

Find out how Ingleside at King Farm can help you and your loved one try this innovative program.

240-398-3846 // www.ikfmd.org/memorysupport
UPCOMING SEMINARS & EVENTS
AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

CAREGIVER CONNECTION: “NINE TO NINETY”
TUESDAY, OCTOBER 15 • 2–3 P.M.
Nine to Ninety is the love story of Phyllis and Joe Sabatini, who at age 89 and 90 live in the home of their daughter, son-in-law and young granddaughter. As the family struggles to make ends meet and Joe’s health problems escalate, Phyllis becomes determined to free her daughter from the burden of caretaking. Their surprising decisions ignite bigger conversations on how to age with dignity.
FREE. Register by October 13.

LIVING WELL SEMINAR: “HOW TO IMPROVE YOUR HEALTH BY STRENGTHENING YOUR CORE”
WEDNESDAY, OCTOBER 16 • 1–2:15 P.M.
All movement stems from — or moves through — your core. So, it’s not surprising that a strong core can provide a variety of health benefits, such as pain relief and improved posture and balance. Determine why a strong core is key to living a vibrant life, and learn specific, senior-friendly exercises that you can do at home to keep you moving.
Preceded by complimentary lunch at 12:30 p.m.
FREE. Register by October 14.

ASSISTED LIVING OPEN HOUSE
1635 Hickory Knoll Road, Sandy Spring, MD 20860
TUESDAY, OCTOBER 22
10:30 A.M.–12:30 P.M.
Explore our residential-style homes, gardens and secure walking paths. Discover our innovative approach and programs including those designed to stimulate memory. Meet our staff, trained in assisting those with Alzheimer’s and memory loss.
FREE. RSVP by October 20.

PARKINSON’S COMMUNICATIONS CLUB
TUESDAYS • 12:30–1:30 P.M.
This weekly wellness and prevention program for individuals with Parkinson’s disease and their care partners focuses on the maintenance of communication skills, with an emphasis on strengthening breath support and improving the ability to project and speak loudly enough to be heard in social settings.
FREE with a $30 annual Parkinson Foundation registration fee.
RETAILERS. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we’ll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a NEW REAL ESTATE PARTNERSHIP, Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to review our current listing choices, to see other available properties and to request a free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

REAL ESTATE SERVICES – Leisure World resident real estate agent Gerry Walsh. Sunshine Properties – I can list your home for 3.95% (843-401-1177)

Get more MONEY FOR YOUR HOME with free staging, 1/4-page display advertising and open house. Carolyn Thompson, Real Estate Search and Sale. Call today: (301-674-3056)

The number of PATIO HOMES for sale is at all-time low! If you have been thinking of selling, now is the time. $$$$$$$ Douglas Realty (866-997-9397). Call Eve Rados Marinik (301-221-8867)

PENTHOUSE w/ two master bedrooms and spectacular views. Updated bathrooms and kitchen w/ granite counter-tops and stainless appliances. Model GG. Call Carolyn Thompson, Real Estate Search and Sale. Call today: (301-674-3056)

COMING SOON: THE GREENS, 2 bedrooms and 2 full baths, garage, close to elevator, HWF, updated kitchen, low $300,000. Douglas Realty (866-987-9397). Call Eve Rados Marinik, (301-221-8867), (evenhomes@gmail.com).

REAL ESTATE FOR RENT


$1,800: 2 BEDROOM, 2 FULL BATH in Fairways South. Garage space included. Ground floor. Coming soon: 1 bedroom in Fairways North, $1,450.00, 3rd floor. Douglas Realty (866-987-9397). Call Eve Rados Marinik, (301-221-8867)

RENTAL WANTED

My name is John Whitney. I am looking to RENT A GUEST BEDROOM somewhere in Leisure World. I am a 62-year-old male. I am currently renting a room from Dennis Evans in The Greens, Building 1. If you have a room that you would like to rent, contact Dennis and/or me at any of the following: (John,justin.whitney@gmail.com) or (410-548-2140), (Devans626@comcast.net) or (240-560-6277) or (703-975-8353) or (240-228-6516).

FOR SALE


AUTO SALES


2002 CHRYSLER CONCORDE LIMITED. Loaded with sunroof, leather interior, chrome factory wheels. MD-inspected, only 43,000 miles. Previous LW owner. $7,000. I will buy your car even if you don’t buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier’s check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS – Big dollars paid for your used car! Over 43 years’ experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers’ check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

I BUY CARS and trucks. Fast and courteous service. Licensed dealer. I will come to you to look at the vehicle. Tom (301-866-8140).

2013 MERCEDES-BENZ SLK250 Roadster. 19,779 miles, just broken in. Retractable hardtop. Panoramic roof. 8,9-liter turbo, 201 horsepower. Silver metallic exterior, Sahara beige interior. Automatic 7 speed, with steering wheel gearshift paddles. Original owner, garage kept. A great holiday gift. $24,000 or best offer. Call Thomas Li (301-598-0370) or email (tmcbli@comcast.net).

TRANSPORTATION SERVICES

DRIVER WITH CONCIERGE STYLE at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a four-door Mercedes-Benz sedan with all the comforts of a leather seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability.
Leisure World trusts Family & Nursing Care

As a premier resource for in-home care services, Family & Nursing Care helps families rest easy, knowing their loved ones are well supported. From that first cup of coffee in the morning to a sacred bedtime ritual to an unexpected need in the middle of the night, we are here for you.

To learn more, come meet Kelly and Jeff in our office in the Leisure World Medical Center.
EXCELLENT CAREGIVER AVAILABLE: Highly competent, trustworthy, flexible, and caring — cared for my parents for over five years. Leisure World resident. Highly recommended. (301-509-7234).

CERTIFIED NURSING ASSISTANT over 20 years’ experience. Honest, dependable care with respect and dignity. Personal grooming, bathing, cleaning and doing shopping. References available. For work now, days and weekends. Call Yvonne at (240-706-0428).

CERTIFIED NURSING ASSISTANT. Over 30 years working in Leisure World. Excellent references and experience. Own transportation. Doctor’s appointments, groceries, other errands and light housekeeping. 24 hours. Please call Divina any time (240-463-1199).


SPECIALITY IN PRIVATE DUTY cases, 20 years’ home health services experience. - Light housekeeping, running errands, special needs, doctors’ appointments, ADLs, companionship, meal preparation, medication reminders and more! Bebe (240-481-7055), (kmabintay78@yahoo.com).

HIGHLY-DEPENDABLE and extremely compassionate caregiver with 31+ years’ extensive experience in providing timely and friendly care to elderly and disabled clients. A warm-hearted individual who performs personal care activities in a manner that maximizes clients’ independence and dignity in a safe environment. My core competencies include: • companionship • meal preparation • light housekeeping • bath assistance • general assistance • appointment keeping • running errands • personal care • excellent communication skills (bilingual English/Spanish). (301-646-2132), (micomanzana5085@yahoo.com).

I AM A CNA. Licensed in nursing, RN in Philippines. 18 to 20 years’ experience as a caregiver. Worked 3.5 years in assisted living, and full-time duty for 7.5 years. Duties include personal hygiene, light housekeeping, shopping, meal preparation, dressing, errands, cooking, doctor’s appointments, medication reminders. Own car. Dependable, loving, hard worker with excellent references. (301-820-0421).

CNA/MEDTECH/CPR with First Aid. Licensed. Experienced working with elderly. Have worked with agencies, assisted living in hospitals and also private duty. Am available full-time or part-time. Please call (301-793-7090).

HOME SERVICES


STAIR LIFTS: Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-48-5254).


LANDSCAPING SERVICES: reliable, affordable and experienced. Fall cleanup and trimming. Shrubbery trimming, weed removal, mulching, design and planting. Houseplant services also available. Beautifying LW, one property at a time! Call Greg at (240-994-5258), (gmarink@gmail.com). References provided.

CABINET REFACING AND KITCHEN REMODELING – Kitchen Saver has been making kitchens accessible for safe independent living for over 30 years. Quality workmanship by our own company-employed installers (no subcontractors), superior materials and innovation have been our watchwords. As a multiple Angie’s List Super Service Award winner, we will exceed your expectations. For a free consultation contact us at (844-437-0108) or visit our website at (www.KitchenSaver.com) and prepare to be impressed!

CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate upon appointment. Call (301-422-5032).

ALICIA’S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

MARIA’S HOUSE CLEANING, free estimates, strong references, good rates. Experienced worker in LW for eight years. Call Maria (240-694-6547).

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean and dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

CARLA’S HOUSE CLEANING – I will concentrate on what is important to you. I will adjust my hours to your satisfaction. Outstanding references and work with Free estimates. Call or text (240-551-2707).

COMPUTER HELP


COMPUTER LESSONS / SERVICES — Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence or mine. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for electronics and computers. Senior specialist since 1996. Call David at (301-980-6540). COMPUTERTUTOR

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, backup, and retrieve important data, photos, and music. Have served over 790 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

INTERNET FOR ALL LW residents is coming! Get personalized help in connecting your phone, tablet or computer. We also sell easy-to-use computers. Our price is $50 to fix your problem within 1 hour or it’s free. Easy Elder Tech (301-802-6633).

PERSONAL SERVICES

PRESEVE YOUR FAMILY MEMORIES! Don’t let your precious photos be forgotten or fade over time. I’ll digitize your photos and videos and organize them so they can be easily shared with friends and family. Once they’re scanned, I can label the photos to identify the people in them, or background music and put them in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealer. A Maryland licensed precious metals dealer, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).


HOUSE CALLS LLC. Beth Albanese, CTRS, CPRF, owner. We come to your home for your convenience when faced with acute or chronic life issues. All our services are under one umbrella with a variety of professionals to choose from: counselors, therapists, advocates, resource experts, life coaches, recreation specialists, therapists, insurance advisers. Contact Beth at (301-346-0732) or (callingon@b of.net). Web: www.callingon@b of.net.

PAYYOURNURSE! Do you employ a private nurse or caregiver for your loved one? At PAYYOURNURSE, we assist families in navigating the Federal and State payroll tax laws. From paycheck calculations to quarterly and annual tax returns, we have...
a service plan that will fit your needs. For more information, please call (703-819-9796); or email (byudd@payournanny.com). "We're Here to Help Families."

LIFE STORY LEGACY VIDEOS — Tell stories about your family and your life journey on video. The video will feature your most treasured photos of grandparents, parents, relatives, friends, and special events. Preserve the legacy of your experiences for family, friends and future generations. Research indicates that reflecting on and sharing your life journey has lasting benefits. Learn more at (www.lifestorylegacyvideos.com) or contact Bryon at (301-685-3300).

NEED ASSISTANCE with appointments, shopping, scheduling, errands, medication reminders, meal-planning and preparation, downsizing, decluttering or organizing? Years of experience in non-medical companion care. Currently studying Universal Design and Home Modification for accessibility. Clean background, don’t drink or smoke, excellent driver’s record and get along with most pets. Instructor in CPR/AED and First Aid. Reliable, punctual, efficient with a great attitude. Bonded and Insured. (www.gatekeepercompanionscare.com) (301-371-2210).

A HELPER: very reliable lady works half-day shifts. Helps with light work, gourmet cooking and driving. Call (301-792-0002).

HOUSEKEEPING, TAKING CARE of older people, cleaning services, 10 yrs of experience. Loving and kind. Dorothy Moore (240-510-4603).

Hi! I’m Kathy! I’m trustworthy and friendly. I can: • be a COMPANION FOR THE ELDERLY, • cook delicious food, • shop for you, • take care of your home while you’re gone, • light drinking & snacks provided for you. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS.
Support MCPS students by donating your car. Write off to Fair Market Value (www.Carsdonate.org) or (240-740-2950).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs, Art, kids’, cooking, foreign languages, gardening, history, mystery, sci-, science, women’s studies, African-American & Jewish history, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

NO LONGER USING YOUR CAR? Residents with an unused or unwanted vehicle can donate it to Vehicles for Change. They’ll pick it up for free and you earn a tax deduction for the fair market value. Why VFC? As a nonprofit, they match each donated car with low-income families in need of transportation. Your car could be a family’s ride out of poverty. Donate today at (www.vehiclesforechange.org) or call (855-820-7990).

FRONT DESK. Part-time, one to two days a week in Rockville podiatry office. No experience necessary. (301-980-9717), (raymerkin@msn.com).

CUSTOMER SERVICE/BRAND AMBASSADOR — Tired of being retired? Kitchen Saver is looking for Brand Ambassadors to represent us at events. Perfect for those who are outgoing and passionate about helping others. If you are looking to supplement your retirement goals in a flexible environment, contact Tish today at (443-789-6956).

HELP WANTED

PRO BONO, anyone? Have “airtight” case against a couple of “bullies.” Need help from a good “retired” attorney. If you will listen to and advise an LW resident, call Joe (240-293-6302).

ACTIVITY OPPORTUNITIES

Here is an opportunity for you to WRITE ABOUT YOUR LIFE — two pages at a time, one week at a time, one theme (e.g. family, work, health) at a time. Between group sessions you do the writing. During each session, you read it aloud in a small, supportive group and others respond in ways that allow you to feel heard. More information is on my Write Your Life Stories Facebook page, (www.facebook.com/ writeyourlifestories). To contact me, email me at (saraperry7@icloud.com) or send me a message on the Facebook page. Sara Perry, M.Div., MSW, LCSW-C, mostly-retired Hospice Social Worker, Hospice Volunteer, and certified Guided Autobiography Instructor.

MAH-JONGG “AHH”! Looking to join a friendly daytime play, a little experienced and love playing and “joking.” Please call Roberta at (301-598-5453). Talk MOVIES AND MUNCHIES. Are you looking for something fun to do on a Saturday or Sunday afternoon? How about catching a movie at AMC Wheaton once a month and enjoying a nosh after? No discussion, no analysis, just a fun afternoon at the movies with new friends! If you’re interested, please email me at (skrupka@greg.com) or give me a call at (240-446-0975). Looking for TENNIS AND/OR PICKLEBALL partner/s for evening hours. I prefer to play at Olney Manor Reece Center with many lighted tennis courts. Please reply to Helen: (HLE555@gmail.com) or text to (240-817-4213).

SCRABBLE CLUB FOR WOMEN — seeking a few new members — Club meets at founder’s LW home on Thursday nights twice a month 6:30-8:30 p.m. Typically 1-2 tables are playing using ‘official Scrabble rules’ and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email about yourself including phone to Polly at (pfelds@career-strategies-inc.com) or call ((571-236-1775) in MD LW).

BOOK CLUB FOR WOMEN — seeking a few “Serious Readers”: 15+ year-old club reads award-winning fiction and meets at founder’s LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfelds@career-strategies-inc.com) or call ((571-236-1775) in MD–LW).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder’s LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfelds@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss ‘Bethesda Row’ caliber movies at founder’s LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfelds@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family’s life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 6-9 p.m. Email (habitatnm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities maintain their independence. A volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhame.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide support and confidential listening; crisis prevention and intervention; give information, referrals and resources. Contact (volunteer@mhame.org) or (301-424-0656, ext. 541) if interested.

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring in its ReStore (Rockville or Silver Spring). Habitat for Humanity ReStore needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at

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the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Ear at JSSA, (301-816-2693).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedule is flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (wvolunteers@seniorconnectionmc.org) to learn more.

HELP A CHILD in just one- two hours a week to make a difference in a child’s life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact InterAg at (301-949-3551) or (interag@AccessICA.org).

BLANKETERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

ENGLISH AND MATH TUTORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, intensive English classes and a new GED program to experience necessary. We provide materials and training. Sign up online at (www.literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

PET FOSTERS. Seniors needed by AARP (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat in your home. A permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.animalalliesrescue.org). Follow on Facebook. AARP is 501(c)(3) all-volunteer non-profit.

FREE BOOKSTORE seeks volunteers, donations. Velocity of Books opened the all-free bookstore in Montgomery County at Westfield Wheaton by Hollywood East Café, near Metro entrance. Store open during mall hours. Thousands of books available for kids and adults. To volunteer: (https://volunteersignup.org/APPQ). Book donations up to five boxes at a time may be brought to the store. Larger donations may be picked up; email (VelocityOfBooks@gmail.com).

MONTGOMERY HISTORY, a local nonprofit located in downtown Rockville dedicated to collecting, preserving, interpreting and sharing the histories of Montgomery County’s residents, is seeking volunteers in the following areas:

- museum docents (weekends and holidays); library assistants (weekdays); special events volunteers (weekends and weekends); and communications and outreach volunteers (weekdays only). For a list of volunteer opportunities please visit: (https://montgomeryhistory.org/ intern-volunteer-opportunities).
- Contact Matthew Gagle, outreach and volunteer coordinator, at (mgagle@montgomeryhistory.org) or (301-340-2825).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-719-6542) or (mortonadavis@comcast.net).

UPCOMING EVENTS

2nd annual HERITAGE HARVEST FESTIVAL. Saturday, Oct. 5 and Sunday, Oct. 6, 10 a.m.-4 p.m. — free! at locations throughout the Montgomery County heritage area. Come and explore farms and farm markets, wineries and vineyards, a living history farm, artisan bakery, artists’ studios, historic farm buildings and much more. For details visit (https://HeritageMontgomery.org/heritage-harvest) or call (301-515-0753).

AUTHOR TALK: ABORTED SPY PLOTS. Historian and curator of the International Spy Museum, Vince Houghton, will be talking about his book “Nuking the Moon: and Other Intelligence Schemes” by the Bolsheviks. Wednesday, Oct. 16, 12:30-3 p.m. Kensington Park Library, 4201 Knowles Ave.

“WHITE ELEPHANT” by Julie Langsford. Fall and I ice Author Series. American dreams collide in this comedic novel set in a quaint Maryland town. Wednesday, Oct. 23, 6:30-7:30 p.m. Kensington Park Library, 4201 Knowles Ave.

“MARYLAND’S PUBLIC GARDENS & PARKS” by Barbara Glickman. Fall and I ice Author Series. Wednesday, Nov. 6, 6:30-7:30 p.m. Kensington Park Library, 4201 Knowles Ave.

KENSINGTON PARK BOOK CLUB discusses “What the Eyes Don’t See” by Mona Hanna-Attisha. Flint, Michigan was already a troubled city in 2014 when the state of Michigan shut down its source of water from Lake Huron to the Flint River. This is the story of how a team of researchers, parents, friends and community leaders proved that Flint’s kids were exposed to lead through that water — and fought the government and a brutal backlash to expose that truth to the world. Wednesday, Nov. 20, 12:30 p.m. Kensington Park Library, 4201 Knowles Ave.


“FROZEN IN TIME: Hunting Meteorites in Antarctica for Snowball Earth” by Dan Schavin, astrobiologist at NASA Goddard Space Flight Center. Fall and I ice Author Series. Thursday, Dec. 5, 6:30-7:30 p.m. Kensington Park Library, 4201 Knowles Ave.

KENSINGTON PARK BOOK CLUB presents “The Great Believers” by Rebecca Makkai. Nominated for many awards, book, says Margot Livesay of The New York Times, “is by turns funny, harrowing, tender, devastating, and always hugely suspenseful. It reminds us, poignantly, of how many people, mostly young, often brilliant, were lost to the AIDS epidemic, and of how those who survived were marked by that struggle.” Wednesday, Dec. 18, 12:30 p.m. Kensington Park Library, 4201 Knowles Ave.

WANTED

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years’ experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (thateattle. com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensing is required in both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

CASH FOR RECORDS, CD’s, and tapes. Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-645-5402) or email (Steveshulls44@gmail.com). Will make house calls.

WANTED: FIREARM COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).
Navigating The Practical & Emotional Elements Of My Retirement Lifestyle

Presented by Jennifer FitzPatrick, Jenerations Health

TUESDAY, OCTOBER 29TH
2:00 – 3:30 PM

8100 Connecticut Ave.
Chevy Chase, MD 20815
301-907-8895

Deciding when to move out of your home is a challenging process that poses many difficult questions. Be our guest at Premier Residences of Chevy Chase for an informational presentation on navigating the practical and emotional elements of retirement, moving, and aging. Jennifer FitzPatrick, MSW, Founder of Jenerations Health, will share her expertise as well as advice for family members to hold meaningful conversations.

Kindly RSVP to 301-907-8895


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EXCLUSIVE LEISURE WORLD INVITATION

FALL IN LOVE WITH BROOKE GROVE!

REHAB TOUR AND LUNCH

MONDAY, OCTOBER 28
11 A.M. - 1 P.M.

COMPLIMENTARY LUNCH • TOUR BEGINS AT 11 A.M.

BROOKE GROVE REHABILITATION AND NURSING CENTER
18131 SLADE SCHOOL ROAD • SANDY SPRING, MD 20860

TOUR our state-of-the-art Rehab Center and two-story physical therapy gym.
EXPERIENCE the innovative, revitalizing environment of our healing space.

BUS TRANSPORTATION TO AND FROM THE EVENT
WILL LEAVE CLUBHOUSE 1 AND 2 AT 10:30 A.M.

RSVP and reserve bus transportation with Toni Davis by Friday, October 25, at tdavis@bgf.org or 301-388-7209.