

Leisure World News

OF MARYLAND

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All God’s Critters



A furry-face peeks out from the congregation during a special blessing of the animals service at The Inter-Faith Chapel’s fellowship hall on Oct. 5. More than 20 Leisure World dogs accompanied their humans to the service, which included a special blessing for all pets, living and deceased. Rev. Dr. Woodie Rea closed the service by leading pet-owners and their bark-happy, four-legged friends in the singing of “All God’s Critters.” Photo by Stacy Smith, Leisure World News

Comcast Xfinity Introduces ‘Demo Days’

by Leisure World News

Comcast Xfinity has scheduled informational sessions, dubbed “demo days,” to help residents better use their cable TV services and devices. Residents will learn more about how to use their X1 Voice Remote, and Comcast Xfinity representatives will engage in product demonstrations to show residents how to navigate their cable TV service.

The X1 Voice Remote is a remote control that allows its user to find what he or she wants faster by using voice commands to change channels, search for shows, get show recommendations and more.



The informational sessions are free, but registration is required. Residents may pick up tickets for a session at the Comcast office in the Harbor Room of Clubhouse I, which is open Monday, Tuesday and Thursday from 10 a.m.-6 p.m., Wednesday from 10 a.m.-7 p.m. and Friday from 10 a.m.-3 p.m. All informational sessions are held in Clubhouse I and are scheduled for 11 a.m.-12:30 p.m. and 4-5:30 p.m. on the following days:

- Wednesday, Oct. 23
- Thursday, Nov. 7
- Thursday, Nov. 21
- Thursday, Dec. 5
- Thursday, Dec. 19

Getting Connected

Residents Receive Internet Service and Cable TV Upgrades

by Stacy Smith, Leisure World News

The doorbell trills inside a Creekside condo on a Wednesday morning in October, and homeowner Allen Solomon springs from his balcony’s chair and heads to the front door. A friendly-looking man wearing a Comcast Xfinity ID badge clipped to his belt loop and a ball cap emblazoned with “Comcast Xfinity” slides his toolbag through the home’s entryway, gives a greeting to Solomon’s wife, Syril, and begins inspecting

the living room for cable outlets. A similar scene is playing out in phases across Leisure World as Comcast Xfinity technicians upgrade residents’ cable TV equipment and install internet service as part of the community’s new bulk rate agreement with the company. For the Solomons, Comcast Xfinity’s scheduled visit is a welcomed upgrade to the services – internet, cable TV and phone – they’ve enjoyed using in their home ever since they moved to Leisure

World from Westchester County, New York, about 10 years ago. “We decided we were going to have the full suite of services, and Comcast was able to provide that,” Allen says. “We’ve had Wi-Fi since the day we moved in.” Avid internet users since the technology’s inception, the Solomon’s bought their first home computer in 1990 and have both used computers for their work lives since the ’70s.



From left, Syril and Allen Solomon chat with Comcast Xfinity technician Denny Ortiz in the Solomon’s home Oct. 2. Photo by Stacy Smith, Leisure World News

What’s Included
Comcast Xfinity technician Denny Ortiz gets started in the

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The medical center is looking for volunteer greeters. If interested, **see page 3.**

Spotlight on...

Hispanos de Leisure World

by Kimberly Y. Choi,
Leisure World News

José Soto isn't just the Hispanos de Leisure World's bingo caller, but the "bingo singer," in the words of Hispanos' vice president Loty Goldenberg. The Spanish letters and numbers, ring out in his big voice during the Group's bingo games in Clubhouse I.

These bingo games are a time for members of Hispanos de Leisure World to build closeness with their ethnic community and speak their native language with other members of Leisure World's Hispanophone population. The Group mainly comprises people born in Latin America, according to Group president Maria Blanco.

Soto adds personality to the games and garners laughs with his quirky bingo calls. The number eight is pronounced 'oito' instead of 'ocho'; the year of his birth is "a year of much light." New players sometimes need a bit of assistance keeping up with him, Goldenberg says.

Friendships Made and Kept

When she arrived at Leisure World with her husband, Goldenberg didn't know anyone else in Maryland. The very first Leisure World News edition she read announced the formation

of the Hispanos. Goldenberg attended the Club's first meeting in 2007 and stayed because of the connections she made.

The Hispanos are foremost a social group whose emphasis is on making friends, according to Blanco. They have comforted each other through distress and difficulties such as spouses' illnesses; they provide companionship to the lonely.

When Goldenberg meets other Hispanic residents, she encourages them to join. She's discovered some in her own apartment building. "Eventually you hear them speaking Spanish," she says. They reveal their native tongue in speaking to building staff, for instance.

While the members share a language, a word as pedestrian as "bus" can vary widely among Spanish dialects.

Members have also learned about each other's cultures. On Leisure World's 50th anniversary in 2016, they shared artwork from their native countries.

A Full Calendar

The Group's special events include a Christmas party, to which members bring their families, and the yearly Friendship Festival in the summer, when Hispanos meet around the Clubhouse I lanai and bring dishes from their respective countries.



Members of the Hispanos de Leisure World enjoy each other's company while playing bingo in Clubhouse I. Photo by Kimberly Y. Choi, Leisure World News

Once a year, they also see a production at the Olney Theatre.

The Hispanos also invite performers to Leisure World, and these shows attract residents both within and outside the Hispanic community. Goldenberg had encouraged "everyone she knew" to attend the recent performance by local artists Claudia Gargiulo and the D.C. Latin Ensemble.

Her neighbor, who was going to be out of town for a week during ticket sales, even asked her to buy her a ticket on her behalf because she didn't want to miss the show. Those who attended were impressed.

"People are still stopping me and congratulating us [for

bringing the group]," Goldenberg says.

The Club's monthly film screenings in Spanish with English subtitles are also popular with non-Hispanic attendees.

The Disney film "Coco," which takes place in Mexico, recently received a large turnout. Some moviegoers are Spanish language learners seeking to exercise their listening comprehension. Goldenberg is pleased to introduce people to Latin American film, which she says gets little exposure in the U.S.

The Hispanos meet on Fridays at 3 p.m. in Clubhouse I. Their monthly movie screenings are open to all residents.

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An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Nov. 11: Annual Luncheon Honors Veterans

by Marian Altman

The 10th annual Veterans Day luncheon is scheduled for Monday, Nov. 11, at 11 a.m. in the Clubhouse I Crystal Ballroom.

The event honors all military veterans who have served on behalf of the U.S., but is limited to veterans who reside or work at Leisure World (no exceptions).

The event is free for veterans; however, the charge for a guest – limit one guest

per veteran – is \$30.

Reservations are on a first-come, first-served basis and can be made by calling Billie Saunders at (240-970-5064). Be sure to indicate if you are bringing a guest.

Due to limited seating, when capacity is reached, any additional reservation requests will be placed on a waiting list.

Make checks payable to Leisure World of Maryland Corporation or LWMC, and mail them to Billie Saunders

at (3706 Bethnal Way, Silver Spring, MD 20906). Checks must be received before Saturday, Nov. 2, to secure a seat for your guest.

Photo Display

The organizers of the event would like for each veteran to provide two pictures of himself or herself – one taken while serving in the military and a current photo.

They will be displayed via a slideshow during the luncheon.

For those who wish to participate, all pictures should be placed in an envelope (labeled Billie Saunders, Veterans Day Luncheon), and left at either clubhouse E&R office no later than Monday, Nov. 4.

Include your name, rank, branch of service and year taken. Also, indicate on the envelope if you would like the pictures returned to you, and they will be returned at the luncheon.

Hope to see you there!

Medical Center Recruiting Volunteer Greeters

by Leisure World News

Are you a friendly person who enjoys helping others? The MedStar Health medical center is looking for volunteer greeters to welcome guests to the medical center.

The volunteers' responsibilities will include greeting guests at the door and assisting them with inquiries, directions and initial questions regarding the medical center's facilities and services.

Volunteers will work on Thursdays from 9 a.m.-noon.

Other responsibilities include, but are not limited to, escorting guests throughout the facility when necessary by opening doors, offering wheelchair assistance and providing guidance; maintaining the cleanliness, comfort and overall appearance of the waiting room; responding to safety hazards, such as water spills and objects blocking the door; and maintaining current knowledge of facility procedures and guest-related information.

Requirements

The Greeters must be Leisure World residents and will be required to stand and

walk regularly. They must also be up-to-date on TB tests, physicals and other required immunizations.

Volunteers will be given a blue vest to wear during the volunteer shift, which will be worn over their shirt. Vests will be returned at the end of each shift.

Application Process

If interested in volunteering, email Kellia Giambone at (Kellia.K.Giambone@medstar.net) or call (301-598-1550).

Applicants will be required to come into the medical center for an informal interview and complete and submit the required documentation before starting, which includes a confidentiality agreement and background check.

Volunteers may begin as soon as Friday, Nov. 1, 2019.



Photo by Leisure World News

Center for Lifelong Learning (CLL) Computer Learning Center

Nov. 17: Tech Day with Local Students Returns



Local students help residents use their smartphones, tablets and other devices at a past Tech Day. Photo by Fred Shapiro

by Fred Shapiro

High school students from Charles E. Smith Jewish Day School and the Berman Academy return to Leisure World on Sunday, Nov. 17, to assist residents with the use of their computers, smartphones and tablets.

The students will work one-on-one with residents during two sessions, both held in the Computer Learning Center and other areas of Clubhouse II. The first session starts at 11 a.m., and the second is at noon.

Tech Day is a free event, but residents who would like to attend one of the sessions are asked to sign up beginning Tuesday, Oct. 22, at 8:30 a.m. at the Clubhouse II E&R office.



Indicate on the sign-in sheet the technology (smartphone, tablet, etc.) that you are interested in learning how to use and the session you'd like to attend. There is no fee for taking part in the program.

Tech Day has become a regular event at Leisure World, assisting residents who need that extra bit of help to master their technological devices. At the same time, the students earn service credits at their schools.

The event is co-sponsored by the Center for Lifelong Learning and the Computer Learning Center.

Comcast

◀ from page 1

Solomon's home by helping Allen move the couple's coffee table and couch a few inches away from the wall to make the cable splitter inside the wall more accessible.

Ortiz unscrews the wall's plate that was hidden behind the couch, and a ball of jumbled wires tumbles out.

"I didn't realize there was that much gear back there," Allen says. Ortiz explains he will be replacing the Solomon's modem and one of the cable boxes today.

Each home's installation and upgrade may vary depending on whether or not the home is already a Comcast Xfinity subscriber and the level of service it's already receiving.

But regardless, per the community's new bulk rate agreement with Comcast Xfinity, every home in Leisure World has received or will receive (2) two-way HD digital cable terminals, (2) X1 voice remote controls, (2) digital transport adapter one-way receiver terminals and remote controls and (1) Wireless Gateway modem compatible with Comcast's Xfinity xFi service.

Residents can also purchase other Comcast Xfinity products and services such as the digital phone service known as VOIP (Voice over Internet Protocol) – which the Solomons have – at an additional cost.

In the Home

"Can you do me a favor?," Ortiz asks Allen. "Can you turn on your televisions? I'm going to disconnect something here and

I need to know which [cable] is which."

Solomon dashes around the house turning on TVs. "Do you need more light?," Allen asks Ortiz, as the sound of "The Price Is Right" audience applauds from the kitchen TV.

"There's an order for this type of equipment," Ortiz explains, all business as he kneels in the crook between the wall and couch while disconnecting the splitter's cables one by one to identify which cable connects to which TV.

"This [TV] froze," Allen chimes in from the bedroom.

Ortiz, Allen and Syril then head into the kitchen to check out the TV's picture-quality. "Come on down," the show's announcer shouts, as if in unison with their arrival. Allen is happy to see the pixelation has disappeared.

"Both high-def boxes are working fine," Allen says, and Ortiz moves on to checking the home's landline phone for a dial tone.

He points to what looks like a black box in his hand. "This is a magic box; it knows everything," he says with a grin. The black box he is holding is a cable meter



At left, Ortiz checks the cable splitter in the Solomon's home. At right, a smaller, sleeker modem, right, replaces the Solomon's old modem as part of Comcast Xfinity's internet installation. Photos by Stacy Smith, Leisure World News



used to measure digital signal strength inside a home.

The box reads the signal and Ortiz uses a smartphone to see its signal level. Registering a flat line is typically a bad sign in other contexts, "but not in cable," Ortiz says.

The signal readings are saved on a Comcast Xfinity server, so if there's a problem in the Solomon's home in the future, Comcast Xfinity will know when it began.

"It's a good way for us to do the job the right way, so we don't have to come back," Ortiz says.

"That's one reason I've gone with Comcast's VOIP," Allen says. "It's not the cheapest, but Denny here will be back if something happens that I don't understand. Other providers

provide you the service and say, 'Go with God.'"

"We check everything," Ortiz says as he kneels on the floor to make sure the coaxial cable is flush to the wall to prevent pixelation.

As he wraps up his two and a half hours with the Solomons, moving the living room couch and coffee table back to their original spots, he even helps Allen install the Xfinity xFi app on his iPhone and shows him how to use it. The app allows Comcast Xfinity users to manage their home's Wi-Fi network.

The terms of Leisure World's new, eight-year bulk rate agreement for internet service and upgraded cable TV begin on Wednesday, Jan. 1, 2020.

COMCAST XFINITY CORNER

by Leisure World News

With phase 3 of Comcast Xfinity's scheduled installations set to begin in just a few days, residents in phases 1, 2 and 3 are reminded to schedule their installation appointment if they haven't done so already by calling the bulk service phone number at (855-638-2855).

Visit (residents.lwmc.com) and click on Community News under the Your Community dropdown arrow to read more of Comcast Xfinity's advice for scheduling an installation appointment.

Not sure when Comcast Xfinity's technicians are heading to your mutual? See the updated installation schedule on page 5.

Q&A

Q: I've heard the new bulk rate cable TV and internet agreement will make my monthly fee increase by \$55. Is that true?

A: No. The bulk rate agreement increases each unit's monthly fee by approximately \$30. The old bulk rate was \$29 per unit per month and included cable TV only. This rate will increase to \$55 (plus 3.75 for taxes and fees) and will include upgraded cable TV and internet service. The new rate for both cable TV and internet service takes effect Wednesday, Jan. 1, 2020.

Comcast Xfinity recently changed its channel lineup, removing the Turner Classic



Movie (TCM) channel from the bulk rate package and placing it in an entertainment/sports package.

The TV channel lineup is subject to change without notice per the terms of the bulk rate agreement.

For updates to Comcast's installation schedule and answers to other frequently asked questions, visit (residents.lwmc.com) and click on Comcast under the Services and Amenities dropdown arrow.

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Comcast Xfinity Installation Schedule*

Phase	Installation Start/Stop Date	Mutual		Postcard Mail Date
Phase 1	9/16 to 9/28	Turnberry Courts The Fairways South	The Fairways North	8/30
Phase 2	9/29 to 10/12	The Overlook Creekside	Mutual 19 B Villa Cortese	9/15
Phase 3	10/20 to 11/2**	Mutual 10 Mutual 14 Mutual 19-A	Vantage Point East Vantage Point West	10/7
Phase 4	10/27 to 11/9**	Mutual 5 Mutual 6-A Mutual 6-B Mutual 7 Mutual 8 Mutual 9 Mutual 11	Mutual 12 Mutual 13 Mutual 15 Mutual 16 Mutual 18 The Pines Regency	10/21
Phase 5	11/10 to 11/23	Montgomery Mutual		11/1 (<i>call to schedule an appointment after 11/4</i>)
Phase 6	11/24 to 12/14-	The Greens	The Greens II	11/15 (<i>call to schedule an appointment after 11/11</i>)
Phase 7	12/15 to 12/21	Remaining Customers		

*Schedule subject to change **NOTE: Phases 3 and 4 overlap by one week





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GOVERNANCE & Information

Oct. 19: Community Shredding Day

by Leisure World News

Time to shred! Leisure World is hosting a Community Shredding Day on Saturday, Oct. 19, from 10 a.m.-1 p.m. Shredding trucks will be located in the parking lot of the Administration Building.

This is a great opportunity to reduce paper clutter in your home and free up space by permanently destroying confidential, outdated or unwanted files and documents. You can bring your papers and watch them get destroyed on the truck right in front of you.

Do not bring the following items: newspapers, brochures, and magazines that go in your regular recycling; batteries; media of any kind; hanging folders; or large metal objects.



Photo by Leisure World News

Saturday Bus Service Shifts to Winter Schedule

Beginning Saturday, Nov. 10, Saturday shuttle bus service begins running from 10 a.m.-2 p.m. to coincide with the end of daylight saving time.

Saturdays' winter hours remain effective through Saturday, March 7, 2020.

For full weekly bus shuttle schedules, visit (residents.lwmc.com) and click on Shuttle Bus under the Amenities and Services dropdown menu.

— Leisure World News



Photo by Leisure World News

Request to Join an Advisory Committee

by Leisure World News

Residents who would like to request membership on a Leisure World advisory committee should contact their mutual's board of directors, or visit their mutual's property manager or mutual assistant for a hard copy of the application.

To view or download a digital copy, sign in to (residents.lwmc.com) and click on the corresponding news alert at the top of the homepage.

Once filled out, return the application to your mutual assistant or property manager. The deadline to fill out and submit an application is Thursday, Oct. 31.

Once all applications have been received, a full list is provided to the Leisure World Community Corporation board of directors for approval.

**Dial 301-598-1313
for recorded Daily Events**

2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting

The Oct. 18 meeting airs on Oct. 23, 24 and 25.

Board of Directors Meeting

The Oct. 29 meeting airs on Nov. 4, 6 and 8.

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com
- Administration - administration@lwmc.com
- Communications - communications@lwmc.com
- Education and Recreation - recreation@lwmc.com
- Physical Properties - physicalproperties@lwmc.com
- Security - security@lwmc.com

Nov. 14: MVA Mobile Office Returns

by Leisure World News

Need to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, Nov. 14.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m. Residents are encouraged to arrive early as wait times may be long.

Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.



Photo by Leisure World News

Oct. 23: Fire Safety Day at Leisure World

by Emily Geller

On Wednesday, Oct. 23, Montgomery County Fire and Rescue Service (MCFRS) dedicates a full day to fire safety education at Leisure World with a symposium that includes speakers and demonstrations.

Three different sessions, all tailored to residents' concerns, will be held in the morning, afternoon and evening. James Resnick, MCFRS senior outreach and education manager, will serve as coordinator and master of ceremonies for all three sessions.

All sessions are free, but residents are asked to register by calling the Clubhouse I E&R office at (301-598-1300). Residents are welcome to bring guests from outside Leisure World if the guest names are given to the main gate, available at (301-598-1044), in advance.

Morning Session

At the morning session from 10 a.m.-noon in Clubhouse I, MCFRS fire chief Scott Goldstein and assistant fire chief Dee Howard Richards will discuss "Interactions Between MCFRS and the Citizens of Leisure World."

They will talk about fire and emergency medical service and other all-hazard responses; what residents should expect of MCFRS; and what residents can do to improve the services that MCFRS delivers.

Afternoon Session

At the afternoon session from 1-3 p.m. in Clubhouse I, Mary-

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From left, Montgomery County Fire and Rescue Service (MCFRS) senior outreach and education manager James Resnick, MCFRS fire chief Scott Goldstein, MCFRS assistant chief Dee Howard Richards, Maryland State fire marshal Brian Geraci, Kensington Volunteer Fire Department chief Jamie Heflin and Sandy Spring Volunteer Fire Department chief Mitch Dinowitz. Photos courtesy MCFRS

land State fire marshal Brian Geraci will discuss changes to fire codes and building construction and what this means for Leisure World; the types of construction at Leisure World and fire and life safety features; and building construction and modification requirements and considerations to improve fire safety in the home.

Evening Session

The evening session, "Who

Are the First Responders Who Come to Leisure World?," is held from 6-7:30 p.m. in Clubhouse II and will introduce residents to first responders.

Kensington Volunteer Fire Department chief Jamie Heflin and/or Sandy Spring Volunteer Fire Department chief Mitch Dinowitz will talk about local fire rescue departments and their volunteers, training, education and experience.

After each of the three

sessions, residents will adjourn to the session's respective clubhouse parking lot to view equipment and talk with MCFRS personnel.

They will also have an opportunity to write questions, comments and compliments on index cards to drop in a suggestion box. MCFRS personnel will review these remarks and provide answers to the questions within the following few days.

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THOUGHTS & OPINIONS: *From Our Residents*

A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers. **Thoughts and Opinions is maintained by the Communications Advisory Committee.***

OUR LEISURE WORLD RESTAURANT FAMILY

I have lived here for nine years and have often eaten at the restaurants in Leisure World. Until recently, I did not know the history until the owners gave me a quick lesson. The restaurant has been through several management companies.

The restaurants have all had major changes to bring the function and décor into the 21st century. The décor is refreshing and more modern. The Clubhouse Grille in particular has a

great bar where you can eat and drink comfortably since you can get closer to the bar. The bar area is set up for happy hours and seems to be very popular for the different organizations that want an informal gathering.

The Terrace and Stein Rooms offer comfort food and specials on any day of the week. Saturdays have the “hamburger special” that attracts throngs of people. I have had each of the burgers and like them all, though my favorite is the “Clyde Burger,” which is about three meals for me. The Terrace Room is bright and cheery, with a buffet that has a variety of hot and cold food.

If you haven’t tried the Clubhouse Grille, you have missed out on very fine dining. I have eaten there often and enjoyed every item on the menu. I always compliment the chef and the owners. This season, my favorite was salmon piccata, but I also liked the beef short ribs. I especially like the tables and chairs, which give more room between the tables.

You’ll often see the current owners there trying to keep pace with the details of restaurant life, including deliveries, inventory-taking and catering to groups. The Clubhouse Grille has special waitresses able to determine your needs even before you sit. I’ve seen them serve to the blind very carefully, which is very important. They get you to a table that is perfect for your dining pleasure.

Along with them, get to know the other Grille staff who take great pride in knowing each customer and what they drink. You’ll notice that the servers in the rooms are consistent and personally know their clientele.

One major thing all servers know is that every step matters! Whenever a server walks, they make sure their hands are busy with food or drink.

Take the time to check out these restaurants, and get to know the “restaurant family.”

– Joyce Temple

LET US VOTE

“Let us vote.” We have been saying that for years. We think that would make Leisure World even better.

We can vote for our mutual’s board, which makes decisions for our mutual. But we cannot now vote for or against people who make decisions for our community.

We think each resident should be able to vote for or against everyone who wants to be a member of our community board (the Leisure World Community Corporation board of directors).

In our opinion, elections would make our community board more responsive to our needs, priorities and preferences. We think community-wide elections would make our community more livable and save us money.

We think we are the only Maryland community that doesn’t let their homeowners elect their community board.

We think Leisure World needs to comply with the state law that requires this. We have asked the court to enforce that law in Leisure World.

Let us vote. That’s democracy.

– Richard P.

Thornell, Priscilla Read
Chenoweth and Jordan L.
Harding, the plaintiffs in the
Homeowners’ Class Action



SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer’s name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer’s name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, sign in to (residents. lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.



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Leisure World News

- Community News
- Calendar of Events
- Calendar of Meetings



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- Community Calendar
- News Alerts



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Recorded Daily Events (301-598-1313)

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TV Channels

- 972 - Daily Events and Announcements
- 974 - Weekly Events and Meeting Broadcasts

EVENTS & Entertainment

■ Sock Hop Group

Get Your Tickets for New Year's Eve's Sock Hop

by Abigail B. Murton

Tickets for the Sock Hop Club's New Year's Eve Party, held on Tuesday, Dec. 31, from 8 p.m.-12:30 a.m. in Clubhouse II, will be on sale at all upcoming sock hop dances.

The sock hop will feature great dance music provided by Take Two Entertainment and will include a champagne toast at midnight. Dancers may bring their own food and drink.

Tickets are \$10, cash only. Residents may also reserve a ticket by emailing (jwm503@hotmail.com).

Upcoming Dances

The next sock hop dance is on

Saturday, Oct. 26, from 7-10 p.m. in Clubhouse II.

The price of admission is \$5. Sodas and water are provided, but participants can bring their own alcoholic beverages and snacks. "Take Two Entertainment" provides the music.



And then on Saturday, Nov. 2, swing by the Clubhouse I Crystal Ballroom to dance to the musical stylings of Groove Quest from 7-10 p.m. A cash bar will be available. Soft drinks will be provided, but dancers may bring their own snacks for the tables.

Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).

■ Education and Recreation Department

Oct. 19: Four Seasons Dancers Celebrate World Cultures

The E&R Department welcomes back The Four Seasons Dancers (FSD). The troupe performs on Saturday, Oct. 19, at 7 p.m. in the Clubhouse II auditorium.

FSD is bringing a dazzling new show that will take you on a dancing trip around the world. Travel from Spain to Italy, China to Russia, Austria to Romania, and beyond. No passport or suitcases needed; just get a ticket to the show and get ready to be whisked away!

The company will perform a passionate Spanish flamenco, a gliding Russian circle dance, a joyous Italian tarantella, a whirling gypsy dance, an elegant Austrian waltz, a mysterious Chinese fans dance and more. The show is a mosaic of genres, from classical ballet to folk dancing, and infectious melodies, from the Klezmer music to Latin beats.

Based in nearby Aspen Hill, FSD celebrates the world of dance and performs locally and nationally. The company's 15 dancers are women of different ages and backgrounds who work in various professional roles and sectors by day and, in the evening, rehearse



The Four Seasons Dancers, courtesy photo

at the dance studio, mastering intricate dancing steps of the 40 plus dances of the FSD repertoire.

Elena Indrokova Jones is director of the company as well as its principal choreographer and costume designer. Trained at one of the premier academic ballet schools in Russia, Jones danced with several leading companies there. When she moved to the U.S. and settled in Montgomery County, she founded FSD with a mission of "promoting and communicating an understanding, appreciation and celebration of world cultures through dance."

To learn more about the FSD, visit (www.fourseasonsdancers.com/).

Tickets for this event are \$10 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

■ Education and Recreation Department

Oct. 18: Join a Club at the Community Fair

All residents are encouraged to set aside Friday, Oct. 18, from 9:30 a.m.-12:30 p.m. to attend the Community Fair in Clubhouse I. This annual fair is an opportunity to receive more information about the nearly 100 active groups, clubs and organizations in Leisure World.

Always loved a particular sport or hobby, but never tried it out? Or maybe you're looking for a group of like-minded folks who share your interests. From arts and crafts and games, to volunteering and charity work, the Community Fair offers something for everyone.

2019 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Oct. 27, 2 p.m.	At Eternity's Gate	LIMITED
Nov. 10, 2 p.m.	A Star Is Born	Oct. 22
Nov. 21, 1 p.m.	Can You Ever Forgive Me?	Nov. 5
Dec. 19, 1 p.m.	The Nutcracker in the Four Realms	Nov. 26
Dec. 29, 2 p.m.	Ben is Back	Dec. 10

Movies are subject to change.

Coming in 2019

The E&R Department is pleased to provide the following programs.

Oct. 18, 9:30 a.m.	Community Fair
Oct. 19, 7 p.m.	Four Seasons Dancers
Oct. 31, 7:30 p.m.	Halloween Dance Party
Nov. 16, 9:30 a.m.	Holiday Arts and Crafts Bazaar
Nov. 30, 4:30 p.m.	Wind Song Classical Trio
Dec. 8, 4:30 p.m.	The Platters Tribute
Dec. 8, 7 p.m.	The Platters Tribute
Dec. 11, 7:30 p.m.	Olney Concert Band Holiday Concert

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

■ The Inter-Faith Chapel

Oct. 20: Concert Series Presents the Howard University Chorale

by Kevin M. Clemens

On Sunday, October 20, the Howard University Chorale opens The Inter-Faith Chapel's newest concert series by performing at 3 p.m. in the Chapel.

Under the direction of Eric O. Poole, the Chorale will sing an eclectic program of spirituals and chorale works. The Chorale is the University's primary concert and touring choir.

Music majors are the primary singers, but the Chorale is also open to all

students and members of the University community through auditions. The Chorale is one of the many music ensembles at the University, which also includes the Jazz Ensemble, Afro Blue, University Choir, Community Choir and Marching Band.

The concert is free and is part of the musical outreach provided to the Leisure World community and beyond by The Inter-Faith Chapel. A reception will follow the concert, at which residents will have an opportunity to meet and greet the singers and the conductor.

■ Ballroom Dance Club

Oct. 26: Halloween Dance with The Helmut Licht Trio

by Joyce Hendrix

Dance to the music of The Helmut Licht Trio on Saturday, Oct. 26, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Doors open at 7:15 p.m.

Costumes are optional but encouraged. Prizes will be awarded for first and second place for both singles and couples costumes. Get started working on those costumes now. Cider and donuts will be served at the dance.

The new Leisure World hula dance group will perform in a showcase during intermission. The second intermission will feature the costume parade and contest, with first place prizes – dinner for two at any Leisure World restau-

rant – graciously donated by Perrie, LLC. Bandleader Helmut Licht will be the judge in the event of a tie.

Make reservations for the dance no later than Thursday, Oct. 24, with Hal Freeman at (bobbihal@aol.com) or (301-438-7513) to

ensure a seat at the table of your choice. The Club expects a good turnout for this dance, so be sure to make reservations early.

Admittance is \$10 for members and \$15 for guests, payable at the door. If paying by check,

make checks payable to LWBDC. The Club waives its "no hats or jeans" requirement for this Halloween dance.

Make your reservations, put on your costumes and dancing shoes and come dance with us!



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■ Chinese Club

Oct. 25: Come Learn the Principles of Investing for Retirees

by Stella Shaw

On Friday, Oct. 25, the Chinese Club hosts a talk by Jenny Tse, who will discuss the principles of investing after retirement. The free program is from 10-11 a.m. in Clubhouse II, and all residents are welcome.

After decades of hard work, saving and investing, people finally get to retire to enjoy the fruits of their success. No longer are we focused on growing our retirement funds. Now, it's time to crack into that nest egg.

So what are the basic principles we need to adhere to so that we can protect the pot of money we have so diligently saved and ensure we'll have enough reserve to finance the rest of our lives?

Tse will share her knowledge of the principles of investing

after retirement and will focus on managing investment risks and the ways to safeguard retirement savings for the long haul. She will discuss investing, diversification and asset allocation guidelines for retirees age 60 and older.

About the Speaker

Tse has 30 years of experience in the capital markets. She spent 10 years with a major bank in Canada in the capacity of corporate bond issuances.

For the past 20 years, she worked for a major U.S. telecommunications corporation in the treasury capacity, and was responsible for managing the company's bond and derivatives portfolios with approximately \$100 billion under management. She recently retired.

■ Center for Lifelong Learning (CLL)

Nov. 18: 'Rethinking Diversification'

by Fred Shapiro

It's been a few years since Signal Financial Federal Credit Union replaced the Bank of America in the Administration Building. Yet some in the community may not know the difference between a credit union and a savings bank.

To provide residents with financial education, the Center for Lifelong Learning (CLL) presents Robert Penaloza and Tom Turner from Signal Financial for their presentation, "Rethinking Diversification," on Monday, Nov. 18, at 2 p.m. in Clubhouse I.

The program is free, but residents are requested to register beginning Tuesday, Oct. 22, at 8:30 a.m. by calling (301-598-1300) or stopping by the Clubhouse I E&R office to assure adequate seating.

About the Presentation

Penaloza and Turner will discuss the services Signal Financial provides as well as provide financial education on the important topic of diversifying investments.

They will also help residents identify their personal financial goals and answer their questions about managing risk, as well as teach them how to make



At left, Robert Penaloza, photo by Fred Shapiro.



At right, Tom Turner, courtesy photo

a financial plan that aligns with their personal financial goals.

About the Presenters

Penaloza has been a business development advisor with more than 15 years in the financial industry, and as a licensed financial consultant, he helped families develop a personalized plan for achieving their financial goals.

Turner is a financial advisor that has been serving the investment, insurance, income and retirement planning needs of Signal Financial Federal Credit Union members for more than 15 years.

Attend the program to learn what a credit union is and how it can assist in making your financial decisions fruitful.

For information on all CLL lectures and courses, visit (www.cllmd.com).

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XI

PRESENTS

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We Need to Talk: Family Conversations with Older Drivers

According to the Federal Highway Administration, in 2017 there were approximately 28 million licensed drivers age 70 and older in the U.S.

And while there has been a decline in fatal accidents caused by older drivers, functional impairments (physical, cognitive and visual), along with medications associated with aging can interfere with one's ability to drive, and increases the risk of a crash, according to the Insurance Institute for Highway Safety. Yet a person's desire to maintain his or her independence keeps the

older driver on the road.

This three-session course, sponsored by AARP Driver Safety, guides families in determining when it is time for their loved ones to hang up the keys. While knowing when the time is right can be hard, surveys show that more than half of the older drivers whose family asked them to retire from driving said they listened to and followed the suggestion of others.

The sessions are on Friday, Nov. 1 and Nov. 15, and Monday, Nov. 18, from 2-3:30 p.m. in Clubhouse I. The course will offer

practical tips and advice on:

- The Meaning of Driving – Find out what driving means to older adults and the emotions they may face when having to give it up
- Observing Driving Skills – Learn to observe your loved one's driving skills objectively and talk about alternatives to driving.
- Planning Conversations – Discover how to have "the talk" while encouraging independence. It is a difficult conversation to initiate, but with the right tools, you can really make a difference in the life of an older driver.

The course is free, but registration is required and available by stopping by the Clubhouse I E&R office. Space is limited, so plan on registering early. Please bring your Leisure World ID.

■ Education and Recreation Department

Oct. 31: Halloween Party and Dance

Join the fun at this year's Halloween celebration on Thursday, Oct. 31, in the Clubhouse I Crystal Ballroom. NightLife Band returns to provide the music.

Sponsored by the E&R department, the evening also features light refreshments and a cash bar. Attendees are encouraged to wear their finest Halloween costumes and participate in a contest that awards those with the best outfits.

Doors open at 6:30 p.m., and NightLife plays some of your favorite music from 7:30-10 p.m. Tickets are \$25 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

NightLife is a high-energy dance



NightLife Band, courtesy photo

band that has been performing locally and internationally for the past 20 years. With a repertoire of music spanning from the '50s to today's Top 40, this band will surely have you on the dance floor all night!

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■ Fireside Forum

Nov. 3: Author Discusses the Smithsonian Castle and Seneca Quarry

by Jonas Weiss

On Sunday, Nov. 3, historian and author Garrett Peck again returns to Leisure World to talk about The Smithsonian Castle and the Seneca Quarry.

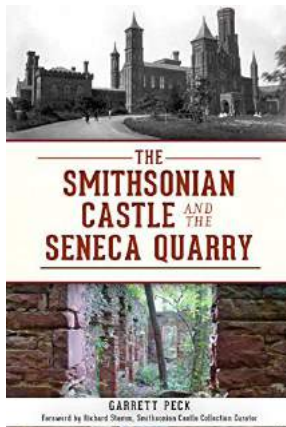
The Seneca Quarry is a storied but “lost” Montgomery County site located right along the C&O Canal. It was the source of the distinctive red sandstone for the Smithsonian Castle and many other buildings around Washington, D.C.

The quarry suffered through floods; filed for bankruptcy twice; and contributed to a national scandal that embarrassed the Grant presidency and helped bring down the Freedman’s Bank.

Peck will cover the history of the quarry’s mark it left on the nation’s Capital; the owners



Garrett Peck, courtesy photo



and emancipated slaves who toiled there; and the many people who work there to this day to save the historic Seneca district.



His book on the subject, “The Smithsonian Castle and the Seneca Quarry,” will be available for purchase and signing. Peck has also authored books on World War II and on Prohibition, and is a tour guide, leading tours through Smithsonian venues.

The program is at 2:30 p.m. in the Clubhouse II auditorium. Joan Hecht is the host for the speaker.

■ Arts in Motion (AIM)

Nov. 8: The Eric Byrd Trio Performs

by Grace C. Cooper

Lovers of jazz, did you get your tickets for AIM’s Friday, Nov. 8, concert featuring the Eric Byrd Trio? You don’t want to miss this Leisure World performance!

The Trio performs in a variety of musical genres, including gospel, blues, swing and be-bop, which it presents in its expansive performance style. The Trio’s members take a rigorous, modern approach to standards and also have written many original compositions with their unique brand.

The group has performed all over the U.S. and in Europe for more than two decades, and has performed collectively with other jazz greats such as Charlie Parker, Wynton Marsalis, Bob Berg and other well-known jazz performers.

Tickets are \$20 each (check only, payable to AIM) and include snacks. They are on sale at the Clubhouse I E&R office. As usual, the show is open to all residents, but reserved tables of eight-10 are offered to members only.

Doors open at 5 p.m., and snacks are served until the show starts at 6 p.m. As always, there is a cash bar. Get your tickets now, as they can go fast.

And be ready for AIM’s December solstice holiday party. More information is coming soon. Check AIM’s website, (aimarts.net), to keep informed of AIM’s activities.



The Eric Byrd Trio, photo courtesy (www.facebook.com/pg/ericbyrdtrio)

AIM

AIM’s Mission

Concerts are not just for residents’ entertainment. AIM’s purpose is to promote the arts in its many forms.

In addition to hosting concerts by local artists, AIM presents competitions for local, budding art students to help them continue their studies and prepare for arts careers.

AIM has given monetary awards in poetry competitions for creative writers, as well as scholarships to students studying architectural art, dance, painting and dramatic arts. All came to Leisure World to share their talents as they received their awards from AIM, and all are now preparing for their chosen careers at institutions of higher learning.

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Musical Performances at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330). A \$5 cover charge applies.

Oct. 23 Swing’N On A Star with Michael Binder

Oct. 30 “Sax with Mike” Surratt

Nov. 6 Jules Levine and The Classy Jazz Band

Nov. 13 Motown Classics with The Winstons Duo

Nov. 20 The History of Elvis Live

Nov. 16: Do Your Holiday Shopping at the Arts and Crafts Bazaar

The E&R Department's annual Holiday Arts and Crafts Bazaar is scheduled for Saturday, Nov. 16, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom.

Start your holiday shopping right here in your own community. All vendors are Leisure World residents who are selling a variety of gift items – original, new and perfect for the holidays.

Vendor Opportunities

A vendor does not have to belong to a Leisure World arts or crafts group or organization, but must be a resident who has handcrafted the items offered for sale. All items must be new. This is not a flea market; no used, re-gifted or commercially manufactured items can be offered for sale.

E&R is looking for ceramicists (poured and thrown), artists, woodworkers, jewelry-makers, photographers, weavers, needleworkers, knitters, crocheters, seamstresses, quilters and anyone else who can offer new and original art and craft items for sale.

This is also a great opportunity for Leisure World groups, organizations and

clubs – not just individuals – to raise money for charitable causes or other pursuits.

Registration and Space

Registration begins on Tuesday, Oct. 22, at 8:30 a.m. in the Clubhouse I E&R office; a limited amount of space is still available. Registrants must fill out a form indicating what they will be offering for sale.

To accommodate the greatest number of residents and groups, space is limited to a maximum of 12 feet – the equivalent of two 3'x6' tables or one 3'x6' table and one rack. Vendors can rent tables at \$18 for 3'x6' and \$9 for 3'x3'. One chair is provided for a 3'x3' table, and two chairs for a 3'x6' table. The fee for extra chairs is \$1 each. A limited number of clothing racks are available to rent for \$10 each.

Please note: If a vendor brings in his or her own rack(s), regardless of size, the vendor will be charged an additional \$10 for each rack on the day of the bazaar.

Registration fees can be made by check (payable to Leisure World of Maryland Corporation) or by MasterCard, Discover or Visa (for charges over \$10). Registration is

first-come, first-served.

Merchandise may not be placed on chairs or next to, or in front of, tables and racks. Space is limited; items placed around the rented space impede traffic and are a major safety concern and therefore will not be permitted. Tables, chairs or racks cannot be brought into the sale. (Display racks that fit on top of rented tables may be brought in).

Bazaar Day

Fair vendors may begin bringing in their merchandise at 8 a.m. The market opens to the general public at 9:30 a.m.

Vendors are reminded that they must remove all unsold merchandise and debris (boxes, hangers, wrapping materials, etc.) when they leave.

Sales Taxes

Individuals and organizations are responsible for the collection and payment of sales tax. You may obtain this sales tax license from the Maryland State Department of Assessments and Taxation at (taxes.marylandtaxes.gov/Business_Taxes/Business_Tax_Types/Sales_and_Use_Tax/).

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Education and Recreation Department

Nov. 30: Wind Song Trio Performs Classical Music

Wind Song, a classical trio comprised of Nancy Genovese on clarinet, Amy Rothstein on piano and Caroline Brethauer on viola, will perform on Saturday, Nov. 30, at 4:30 p.m. in the Clubhouse II auditorium.

The three have been performing together for several years and have performed for Washington, D.C.'s, Friday Morning Music Club, at The Lyceum in Alexandria Virginia, and at the Old Town Hall in Fairfax, Virginia, among other area locations.

The trio's repertoire includes audience favorites such as Mozart's trios and selections from Schumann's "Fairy Tales."

Tickets for this performance are \$9 and go on sale beginning Tuesday, Oct. 22, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

About the Performers

Genovese is a graduate of Curtis Institute of music and records for Boston Records. She performed with the National Symphony for about 25 years. Prior to that she was with the Kansas City Philharmonic.

Rothstein received her bachelor's degree at Oberlin Conservatory of Music and her master's from the Manhattan School of Music. In addition to solo recitals in the Baltimore-Washington area, she has performed chamber music at Strathmore among other venues.

Brethauer has performed with the Southwest Chamber Players of Pasadena, California, the Rock Creek Chamber Players of Bethesda, Maryland, and is currently a member of the Capriccio String Quartet.

NA'AMAT RBZ Club

Nov. 6: 'Heading Home: The Tale of Team Israel'

by Carole Mund

On Wednesday, Nov. 6, NA'AMAT shows the film "Heading Home: The Tale of Team Israel" (2018, 1 hour 27 minutes, documentary/comedy/drama, not rated) at 12:30 p.m. in the Clubhouse I Crystal Ballroom. All residents are welcome.

Both men and women will enjoy this film that traces the creation of a team to represent Israel in the World Series of Baseball. Learn about the process of gathering players with Jewish heritage from all over the world.

Following the movie there will be a brief discussion to share reactions and thoughts. Refreshments will be served. The cost is \$5 per person at the door. Be sure to mark your calendars to share in the pride of the team that represented Israel.



FREE WI-FI IN CLUBHOUSES

Free Wi-Fi is available in Clubhouse I and II for residents and visitors who would like to use their laptop computers, tablets and smartphones. To connect to Wi-Fi, just open the device's Wi-Fi settings, select "LW-Guest" and enjoy. The network connection is unsecure, so use caution.

■ Education and Recreation Department

Sunday Afternoon at the Movies

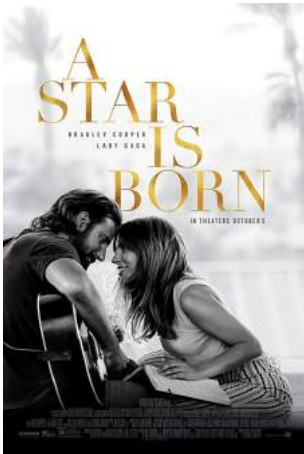
Nov. 10: 'A Star Is Born'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, Nov. 10, the featured film is "A Star is Born" (2018, 2 hours 16 minutes, drama/music/romance, rated R for language throughout, some sexuality/nudity and substance abuse).

Free tickets, limit two per person, are required and can be obtained beginning Tuesday, Oct. 22, at 8:30 a.m. in either clubhouse E&R office. Please bring your Leisure World ID.

Hard-drinking musician



Jackson "Jack" Maine (Bradley Cooper) discovers—and falls in love with—struggling singer-songwriter Ally (Lady Gaga). When Ally is about to give up on pursuing her career as a professional singer, Jack encourages her to join him on stage and to tour with him. While Ally's career takes off, their relationship is breaking down, and Jack fights an ongoing battle with his own internal demons.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.

■ Jewish Residents of Leisure World

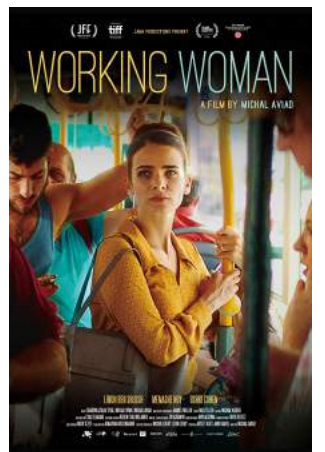
Nov 26: 'Working Woman'

by Jonas Weiss

On Tuesday, Nov. 26, Jewish Residents of Leisure World (JRLW) and the Bender Jewish Community Center's Coming of Age in Maryland program show the film "Working Woman" (2018, 1 hour 33 minutes, drama, Hebrew with English subtitles, not rated).

The film is about a mother of three who gets a job as an assistant to a powerful realtor and must fight back against his sexual harassment. The film tackles a timely subject within the #MeToo era.

The showing is at 1:30 p.m. in the Clubhouse II auditorium, and a discussion will follow the film. The cost to attend is \$8 per person, checks only, payable to JRLW. Sign up at the Clubhouse E&R office beginning on Tuesday, Oct. 22, at 8:30 a.m. All residents are welcome.



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MOZART'S *LE NOZZE DI FIGARO*

June 10 & 12, 2020 7:30pm
June 14, 2020 2pm

■ Health Advisory Committee

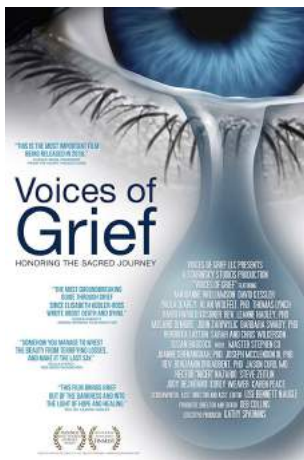
Oct. 23: ‘Voices of Grief, Honoring the Sacred Journey’

by Sandra McLeskey

Don’t forget to sign up for the presentation by Jim Rossi, grief counselor, which will include the showing of the documentary film, “Voices of Grief, Honoring the Sacred Journey” (2016, 40 minutes, documentary, not rated).

This groundbreaking film explores the ways people successfully navigate grieving the loss of a loved one. After the film, Rossi will speak briefly and answer questions from the audience. Anyone who has lost a loved spouse, relative or friend may find this presentation helpful.

The presentation is on Wednesday, Oct. 23, at 1:30 p.m. in Clubhouse I. It is free, but residents are asked to sign up by either calling (301-598-1300) or stopping by the Clubhouse I E&R office.



Get Your Flu Shot at the Medical Center

by Leisure World News

A flu shot walk-in clinic is available to all residents on Tuesdays from 9:30 a.m.-4:30 p.m. at the pharmacy in the MedStar Health medical center building. Bring a photo ID and insurance card.

Residents can also schedule a flu shot with the pharmacy on another weekday by calling (301-598-1005). Pneumonia, shingles and tetanus vaccines are also offered on clinic days or by appointment.

Patients who have an upcoming appointment with their primary care provider (Dr. Feldman, Dr. Ozanne-Johnson or Dr. Share) can receive a flu shot during their scheduled appointment.

Residents who are 65 years

and older will receive the FLUAD vaccine, and residents who are younger than 65 will receive the FluLaval vaccine. FLUAD adds an additional ingredient to boost the immune response and increase the vaccine’s effectiveness.

The pharmacy’s flu clinic replaces the flu clinic that was typically provided once a year to residents in Clubhouse I by the MedStar

Visiting Nurse Association.

The medical center is located at 3305 North Leisure World Boulevard, adjacent to the Physical Properties Building. Residents coming to the medical center for a flu shot should enter through the main entrance, located at the rear of the building and facing the garden plots.



■ Health Advisory Committee

Oct. 26: Prescription Drug Take Back Day

by Mary Wells

The biannual National Prescription Drug Take Back Day is held on Saturday, Oct. 26.

Leisure World is designated as an official site for this event, at which residents may turn in their discontinued, outdated or unused medications at the MedStar Health medical center pharmacy, located at 3305 North Leisure World Boulevard.

The disposal service is free and anonymous. Keep in mind that needles, illicit drugs, thermometers, inhalers, aerosol cans, hydrogen peroxide, lotions and liquids are not accepted.

This service is provided for the safety and convenience of residents. Medications that may be ingested by accident or misused pose a health hazard to residents, children and pets.

Medical center staff and the Health Advisory Committee have received an overwhelming response from residents at past Drug Take Back Day events, and they hope to have a similar response for this event. The Committee encourages all residents to dispose of their unused, outdated and discontinued medications.

The National Drug Enforcement Agency implemented a National Prescription Drug Take



Residents can dispose of their unused, outdated and discontinued prescription medications in the green bin located at the MedStar Health medical center’s pharmacy waiting room. Photo by Leisure World News

Back Day in 2010. Each year, two days are designated as drug take back days – one in April and one in October.

The Health Advisory Committee and the medical center pharmacy have established an ongoing Prescription Drug Take Back program in which residents may dispose of their unused medications throughout the year.

A green collection bin is located in the pharmacy’s waiting room, and residents may drop off medications there Monday through Friday any time between 8:30 a.m.-5 p.m.

GOOD TO KNOW: PRESCRIPTION MEDICATION DELIVERY AVAILABLE

by Leisure World News

MedStar Health medical center in Leisure World offers prescription medication delivery to residents’ homes at a reduced fee of \$2 per patient.

Residents who are medical center pharmacy customers and would like to have their prescription medications delivered to them can call the pharmacy at (301-598-1005) one business day in advance. Medication delivery is Monday through Friday between 10 a.m.-2 p.m.

A member of Leisure World’s security team will drop off the medication at the resident’s home, and the resident will pay the security staff person at the time of delivery.

Oct. 30: Panel Talks Pain Management

by Sandra McLeskey

Chronic pain is a big problem all over the U.S., and Leisure World is no exception. Not only is it difficult to treat, but also treatment frequently includes the use of dangerous opioid drugs.

However, there are alternative ways to treat pain that may enable a person to limit or even stop the use of opioid painkillers. On Wednesday, Oct. 30, at noon in Clubhouse I, a panel of practitioners who treat pain on a daily basis, most often without the use of opioids, will discuss pain manage-

ment alternatives.

The panel includes Dr. Fariba Shah, a physiatrist (specialist in physical medicine); Gail Koffman, acupuncturist; Beth Armagost, massage therapist; and Dionne Hawkins, physical therapist and director of the National Rehabilitation clinic at the MedStar Health medical center.

Kellia Giambrone, manager of operations at the medical center, will moderate the panel. Residents can sign up to attend this free presentation by stopping by the Clubhouse I E&R office, or by calling (301-598-1300).

■ Lions' Vision Support Group

Nov. 13: Ophthalmologist Discusses Diabetic Retinopathy

by Larry Cohen

At its annual diabetes symposium on Sunday, Nov. 3, the Lions' Vision Support Group will welcome Dr. Sonya Bryant to speak about diabetic retinopathy. The symposium is at 1 p.m. in Clubhouse I.

In diabetic retinopathy's early stages, people may not notice any symptoms or changes to their eyesight, and cannot tell that the condition is damaging their eyes. If the condition is not detected and treated in a timely manner, however, a person's vision can be damaged permanently.

Diabetes is the leading cause of new cases of blind-

ness in adults. As the number of people living with diabetes increases, so does the number of people with impaired vision.

Bryant has a doctorate in retinal studies and is a board-certified ophthalmologist. She currently works with the Retina Group of Washington specializing in the field of diabetic retinopathy and also served as the official doctor at the International Olympics in Brazil.

Join the Group at this free symposium on Nov. 13 to learn how to take charge of your vision health.

Light refreshments will be available.

For more information, contact Larry Cohen at (908-770-9111) or (TopOps@aol.com).



Dr. Sonya Bryant, courtesy photo



Medicare Open Enrollment — What You Should Know

from the Social Services Department

The Medicare open enrollment period runs through Saturday, Dec. 7, 2019. During this time, anyone enrolled in Medicare can change his or her prescription plan (Part D).

It is important those enrolled evaluate their Medicare Part D every year as formularies, prices and their medications can change. And evaluation may be done by researching the current plans on the (www.medicare.gov) website.

Residents who need assistance finding the appropriate Medicare Part D have two ways to get help. One is to contact their local Senior Health Insurance Program (SHIP) office at (301-590-2819) and ask for a Part D worksheet, or pick up a worksheet at the MedStar Health medical center in Leisure World.

Another option for residents is to contact the Leisure World Social Services Department at (301-598-1559) to have a Part D worksheet sent to them. The social workers can then assist the resident in finding the right plan for them.

Also, be aware that the State of Maryland has a program called Maryland Senior Prescription Drug Assistance Program (SPDAP) that helps people pay the premium for their Part D program. A resident whose total gross income is below \$37,470 (single) or \$50,730 (married) might be eligible for this program.

The program is available throughout the year. Assistance and applications are available at the Social Services Department in the medical center, located at 3305 North Leisure World Boulevard.



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MH-401715-AA DEC 2016

FISH Seeking Foot Supports for Wheelchairs

by Beth Leanza

Many of the wheelchairs at FISH are missing their foot supports. Do you have foot supports hiding in a closet or storage area? If so, FISH would really appreciate having them.

Right now, FISH has sufficient commodes and walkers, but inventory changes all the time. Residents who have FISH equipment they are no longer using are asked to return it to the FISH office.

FISH Office

FISH is a volunteer organization in Leisure World that lends assistive equipment to residents and employees. All FISH equipment is donated and is in used, but usable, condition – and is free to borrow!

The FISH office is located in Clubhouse II and is open Monday to Friday (except national holidays) from 10 a.m.-4 p.m. The office is also closed if Montgomery Schools are closed because of weather.

FISH is always looking for new members to volunteer at the office. Residents interested in helping should contact Beth Leanza at (301-598-4569). Each new volunteer should attend a short training session. FISH

duties are simple clerical work, but getting a heads up on the routine can help.

Lost and Found

The FISH office is also Leisure World's lost and found. Residents who have lost glasses, keys or jewelry, or even a hat, sweater or phone, should drop into the FISH office or call (301-598-1345).

If FISH is closed, E&R can let residents into the FISH office. Putting a label on items such as canes or umbrellas can help get them back to you and out of the lost and found closet.

Collections for Charity

FISH is also the place to donate to different causes. The office has a collection box for the Lions Club to collect eyeglasses and hearing aids, and for the Kiwanis Club to collect can tabs for Ronald McDonald House.

Right now, a resident is collecting calendars for a local elementary school that uses them for art projects. They are also looking for cardboard tubes, such as the ones in the center of toilet paper rolls.

Are you collecting for a charity? FISH would be happy to be your drop-off place.

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

Fitness Center: One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

Living Better with Parkinson's: The Living Better with Parkinson's support group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1-3 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

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CLUBS, GROUPS & Organizations

Oct. 28: Mindful Meditation Meets

The new Mindful Meditation group holds an organizational meeting on Monday, Oct. 28, at 7 p.m. in Clubhouse II.

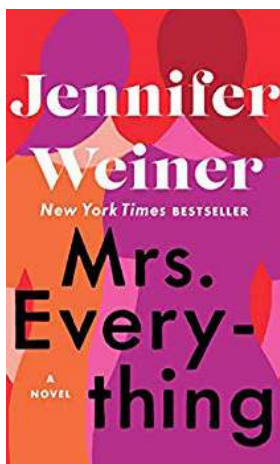
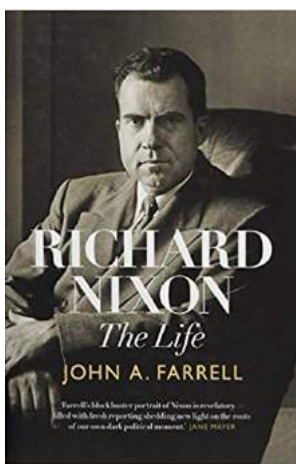
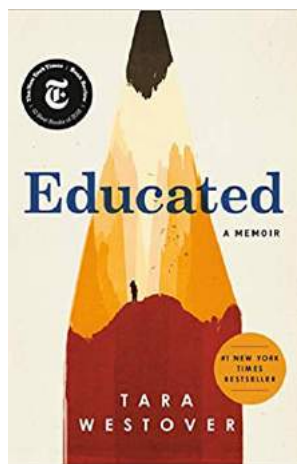
During the meeting, members will plan guidelines for the group. All interested residents are welcome to attend.

If you would like further information, please contact Rhona Bosin at (RhoMelody@gmail.com).

— Rhona Bosin

■ Rossmoor Library Guild

Library is Looking for Volunteers



by Anthony Magri

The library in Clubhouse I is seeking volunteers. Volunteers' duties include checking in and checking out books and returning books to the shelves.

Anyone interested in volunteering is asked to stop by the library on a Monday from 1-4 p.m., Tuesday to Friday from 10 a.m.-4 p.m. or Saturday from 10 a.m.-1 p.m. to fill out an application. Interested persons should also provide the day(s) and hours they are available, and a library officer will contact them as soon as possible.

New Titles

The following are 10 book titles newly available at the library.

1. "Richard Nixon, The Life" by John Farrell
2. "Mrs. Everything: A Novel" by Jennifer Weiner
3. "The Body in the Castle Well" by Martin Walker

4. "Sweet Vengeance" by Fern Michaels
5. "Hot Shot" by Fern Michaels
6. "Summer of '69" by Elin Hilderbrand
7. "City of Girls" by Elizabeth Gilbert
8. "Tom Clancy's Enemy Contact" by Mike Maden
9. "Educated: A Memoir" by Tara Westover
10. "Dawson's Fall: A Novel" by Roxana Robinson

The library also has reference books and a good selection of inexpensive greeting cards throughout the year.

Residents who want to check out a book should simply stop by the library and present their Leisure World ID so that library staff can register them in the computer system if they are not already registered.

For more information, contact Tony Magri at (tony.italian1951@comcast.net).

■ Computer Learning Center

Nov. 4: Android Help Resumes

by Donna Copeland

Donna Copeland, resident and Computer Learning Center monitor, will be available each Monday beginning Nov. 4 from 1:30-3:30 p.m. in the Computer Learning Center.

She can help residents with the use of their Android smartphones and tablets for such useful tasks as sending email or browsing the internet. Get help getting started; learn more about familiar capabilities; or learn new things your device can do.

Residents are asked to bring their devices for one-on-one, hands-on work. Help with Windows is also available.

About the Center

Located in Clubhouse II, the Computer Learning Center



is operated by The Leisure World Computer Center Inc. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers.

The Center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The Center has Mac and Windows systems computers as well as color laser printers for printing and scanning.

For more information about the Computer Learning Center, visit (www.computerctr.org).

■ Vegetarian Society of Leisure World (VSLW)

Nov. 14: Swap Vegetarian Recipes

by Bob Fenichel

The Vegetarian Society of Leisure World's (VSLW) November meeting is held on Thursday, Nov. 14, at 7 p.m. in Clubhouse II. The program includes exchanging lists of favorite vegetarian cookbooks, YouTube channels, websites and recipes.

Bring a list or lists (legibly written) that Group members can pass around. Also, remember to bring a smartphone or digital camera to take photos of the lists being passed around, or take notes the old-fashioned way.

Elections

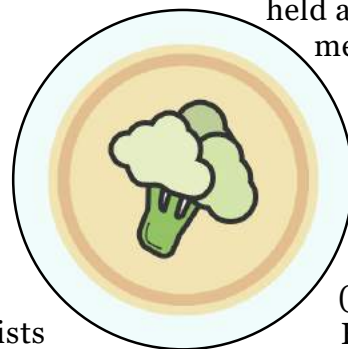
Nominations are now open for VSLW officers for 2020. Contact the chair of the nominating committee, Iris Wolf, at (leonardbwolf@msn.com). Elections will be held at the November meeting.

General Information

Additional information on VSLW activities is found at (www.vslw.org).

Everybody is welcome at VSLW activities; residents don't have to be vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."



■ Center for Lifelong Learning (CLL)

CLL Heads to Portugal and Spain in 2020

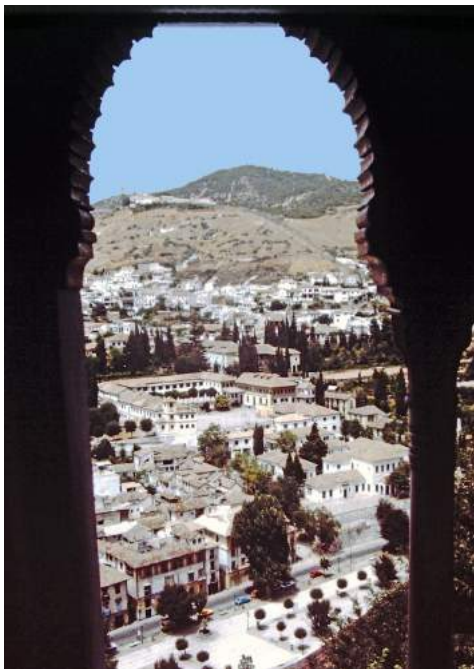
by Fred Shapiro

Encouraged by the success of this year's trip to Costa Rica, the Center for Lifelong Learning has scheduled a trip to Portugal and Spain for Spring 2020.

After spending four days touring sites in Portugal, including Lisbon, Sintra, Sagres and Albufeira, the group will visit Sevilla, Spain, and then on to Gibraltar, Cordoba, Granada and Malaga. They will also visit Ceuta, a Spanish city on the north coast of Africa.

They will also visit Jewish, Muslim and Christian sites of interest. While the group will be transported by bus from site to site, provisions will be made for those reluctant or unable to go for long walks throughout the sites.

For more information about this trip, see the Club Trips section of this publication. For information on CLL classes and lectures, visit (www.cllmd.com).



The view from a building in Granada, Spain. Photo by Fred Shapiro

■ The Washingtonians

Nov. 2: D.C. Group Nominates 2020 Officers

by Ann Nash

The next meeting of The Washingtonians is on Saturday, Nov. 2, at 1 p.m. in Clubhouse I.

At this meeting, be prepared to make nominations for chair, vice chair, secretary and treasurer for the coming membership year, beginning January 2020. A sign-up sheet will be available for anyone wishing to volunteer for programs and planning or membership, or to make other contributions to the Club.

The Club meets for relaxed bi-monthly gatherings with other natives of Washington, D.C., to "remember the good ole days" and reminisce about the area's schools and neighborhoods, as well as

enjoy videos and lectures on the City's history and events, followed by refreshments.

Occasional trips into the City and other activities of common interest to Washington, D.C., natives are also planned.

For those who wish to join or have not yet paid, checks (no cash) for prorated 2019 dues of \$7.50 will be collected by treasurer Carolyn Smith at the end of the meeting. Make checks payable to The Washingtonians.

For more information, contact the current chair, AnnRita Sterling, at (sterlingstanann@gmail.com) or (240-558-4311). For corrections and other membership issues, contact Ann Nash (branchaffairsetc@gmail.com) or (301-598-2383).

■ Ballroom Dance Club

Club Holds Annual Meeting in December

by Joyce Hendrix

Dance to the music of The Helmut Licht Trio on Saturday, Oct. 26, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. For more information, see the Events and Entertainment section of this publication.

Upcoming Dances and Events

The Tony Luciano Band is the featured performer at the dance on Saturday, Nov. 23.

The Club's annual meeting is on Wednesday, Dec. 11. The Club will vote on a new slate of officers and will discuss plans and changes for the new year of dancing.

The Holly Ball dinner dance is on Saturday, Dec. 7, and features the music of Swing'N On A Star. Mike Surratt and The Eclectic Coalition Band provide the music for the New Year's Eve dinner dance on Tuesday, Dec. 31.

Perrie, LLC, Leisure World's catering company, sponsors these December dances, and

tickets are on sale now at the Leisure World restaurants. For more information about the dances, contact Ed Richardson or Bobby Barton at (301-598-1330) or (301-598-1331).

About the Dances

The Club's dances are held from January through November on the fourth Saturday of each month from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom, with live music provided by various musical groups.

Suggested attire for the winter dances is dressy outfits for the ladies and jackets and ties for the gentlemen.

Music is played in strict ballroom tempo with both slow and Viennese waltzes, foxtrot, swing, hustle, all the Latin varieties, rumba, samba, tango, cha cha, merengue, salsa and a few polkas for good measure.

The annual schedule is available at each dance, and the 2020 schedule will be available at the annual meeting on Dec. 11.



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Club Goes from ‘Looking Up’ to Looking Ahead at November Competition

by Fred Shapiro

The competition, “Looking Up,” will be judged by photographer Oliver “Pete” Morton on Tuesday, Oct. 29, 7 p.m., in Clubhouse II.

Morton is an associate director within the Photographic Society of America (PSA), has completed the PSA’s extensive image analysis course and has finished training to become a certified Maryland photography judge.

In addition to receiving numerous Silver Spring Camera Club awards, he was named the Club’s Photographer of the Year for 2017. He has also received international recognition for his photographs and was the only American photographer to be

recognized in an international competition’s portrait division.

November Competition

Club members are urged to look ahead and prepare for the November competition, human faces. Now is the time to take photos of family and friends and enter them in the competition.

Acceptable photos for this competition depict images of one or more human faces, posed or not, and from the shoulders up.

Members may submit up to

four photos for the human faces competition – two print and two digital. Entries should be submitted to (RossmoorLW@gmail.com) by Tuesday, Nov. 12.

November Meeting

The Club’s meeting on Nov. 12 at 7 p.m. in Clubhouse II will feature a presentation on nature photography tips by photographer Brenda Gillum.

One of the leading photographers in the Rossmoor Camera Club and in the PSA’s local chapter, Gillum spends much of her time outdoors tracking animals and birds, looking for the right

setting and waiting for the ideal time to shoot her photos.

All residents are invited to join Club members and learn how they too can catch that memorable image with their cameras.

Upcoming competition themes for 2020 include the following:

- January – Open
- February – Color
- March – Architectural Details

Reminder

Join the Camera Club on Sunday, Oct. 20, at 3:30 p.m. in the Clubhouse II auditorium for a photo matinee entitled “Baltimore, Beautiful and Historic” presented by Stewart “Stu” Lillard.



The face of a tour guide in Estonia, an example of the type of photo Club members may submit for the Club’s November competition featuring human faces. Photo by Fred Shapiro

■ Ceramics Club

Member Teaches Class on Carving in Greenware

by Meriel Brewer

Many Ceramics Club members enjoyed a special technique class in carving in greenware on Aug. 24. The class was taught by Ghodsieh Vakili, a long-

standing member of the Club and an expert in ceramics.

Vakili’s talents are not only in carving greenware, but also in painting original designs on bisque and hand sculpting whimsical pieces in clay. Much was learned from

her expert demonstration and instructions on how to carve in greenware.

Ceramics Process

The process of creating a ceramic piece begins with tracing a design onto the greenware that has dried just a bit more than leather-hard. Greenware is what the clay is called once it is taken from the mold.

After tracing the design onto greenware using a special carbon paper for use on clay, the member paints the design with three coats of Cover Coat paint, and the ceramic piece is then fired to make it permanent.

Now that the design is painted, the member uses a stylus to carve around the outer edges of the larger portions of the design, leaving thinner portions with no carved lines. Any lines such as veins in leaves are done with a smaller stylus to create thinner lines.

The finished results are quite stunning, giving a 3-D appearance to the design. By



Ghodsieh Vakili, courtesy photo

the end of the class, all 12 Club members had made true works of ceramic art.

Through the special technique classes conducted by the Ceramics Club, members can develop their talent in ceramics and produce their own lovely ceramic pieces.

More classes are planned for the future. Members should check their emails and notices in the studio for information on classes.

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It Takes a Village to Keep an Art Guild Going

by Ann Bolt

The Rossmoor Art Guild (RAG) is starting its new schedule with not only intriguing works of art hanging in Clubhouse I, but also works exhibited in shows throughout Leisure World and outside its gates.

Nancy Albrecht received the most votes in the competition at Signal Financial Federal Credit Union and was awarded a gift card. Several Leisure World artists are also showing their works in the 2019 Olney Art Association Juried Show at the Kentland Mansion in Gaithersburg through Nov. 11.

Clubhouse II Exhibit

Works by Loretta Morgan are scheduled for a November and December exhibit at Clubhouse II. Morgan has been recruiting artists to show their work in the gallery in Clubhouse II for several years. She works in oil medium and studied the world of fashion. It will now be her time to shine.

All past exhibitors of solo shows at Clubhouse II are invited to visit the gallery and sign the visitor and comment book.

New faces are gracing the art studio as they explore the basics of drawing, abstracts, watercolor and oils, with a few experimental techniques discovered, too.

En Plein Air

An en plein air painting session is scheduled for Tuesday, Oct. 22, at 1 p.m. on the Clubhouse I lanai. Artists might like to bring a warm scarf, and will set up their art supplies around the swimming pool area and paint or sketch the outside view.

The light will keep shifting, so a camera might capture a particular moment. Look fast; paint fast; and try to get most of it done in two and a half hours. Some artists finish their painting back in the studio or at home.

Clubhouse I Exhibit

Clubhouse I exhibitors seem reluctant to let go of

flowers, beach scenes and summer activities. The artworks' subjects also include sunsets, waterfalls, barns and a rooster.

Butterflies are still fluttering around with summer storms, some fall foliage, still lifes and some mind-stimulating paintings by Judith Lessin. Artists are trying a range of media, including water-soluble oils, watercolor and ink, watercolor and acrylic, conté crayon and mixed media, among others.

Exhibitors

Artists now showing in Clubhouse I through October include Jeanette Shampain, Marvin Sirkis, Sukla Chakrabarty, Patty Marx, Alex Michael, Judy Kirkland, Phyllis Lowinger, Sandy Greer, Barbara McCool, Marilyn Davis, Steve Irish, Nettie Geier, Judith Lessin, new exhibitor Linda Daniels Cermak, Houston Hancock, Ann Bolt, Carol Edwards, Myra Baum, Eileen Dunn, Kathleen Allen and Patricia Elton.

Open Studio

The theme of November's Open Studio is "As the Leaves Turn." Artwork is due by Friday, Nov. 1, at 5 p.m. in the studio, with paperwork and proper wiring completed. The art will be hung on Saturday, Nov. 2.



At left, new exhibitor Linda Daniels Cermak's watercolor with ink, photo by Ann Bolt. At right, Ann Bolt, left, stands with Nancy Albrecht, winner of the recent RAG exhibit at Signal Financial Federal Credit Union. Both members prepare and hang the monthly exhibits in Clubhouse I. Photo by Nabiha Zayat-Calcutt



The same details apply to the General exhibit – no particular theme for the month of November.

Learn About RAG

Prospective members have several opportunities to become involved with RAG. A general meeting is held on Tuesday, Nov. 12, at 1 p.m. in Clubhouse I for those seeking more information.

Learn what RAG has planned, and what's been panned, in a question and answer format that also includes information about framing. Leave your brushes at home and join in.

RAG Officers

Steadfast worker bees keeping RAG going for the next year are president Judy Kirkland, immediate past president Ann Bolt, co-vice presidents

Phyllis Lowinger and Karen Swedlow, co-registrars Marilyn Davis and Marion Jones, secretary Mike Higgs and treasurer Dee Williams.

A raft of committees and individuals support these officers by giving RAG their time, attention and energy.

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Ticket Sales Begin Soon for ‘70, Girls, 70’ Musical, a Nostalgic Trip to Yesteryear

by Hannette Allen

In addition to being funny, inspiring and a musical delight, Fun and Fancy Theatre Group’s upcoming production of “70, Girls, 70” is a beautiful exercise in nostalgia for the world we lived in about 50 years ago. Here’s a sampling:

“I can see the Laugh-In crew/Aren’t they the most insane?/Ed Sullivan goes on and on/But what became of Frankie Laine?/Perry Mason’s quite a man/He never lost a case in court/ Lucille Ball is very tall/But Lawrence Welk is very short.”

Come and enjoy it with us!

Ticket Sales

Tickets are sold in the Clubhouse I lobby on the following days:

- Monday, Nov. 4, through

- Friday, Nov. 8 – 11 a.m.-2 p.m.
- Monday, Nov. 11, through Friday, Nov. 15 – 11 a.m.-2 p.m.
- Monday, Nov. 18, through Friday, Nov. 22 – 11 a.m.-2 p.m.

Tickets are sold in the Clubhouse II lobby on the following days:

- Wednesday, Nov. 6, after the monthly Fun and Fancy meeting and show
- Saturday, Nov. 9 – 10 a.m.-1 p.m.

Tickets will also be sold outside of the Clubhouse II auditorium starting 45 minutes before each performance.

Performance Dates

- Friday, Nov. 15 – 7:30 p.m. (includes opening night party)
- Saturday, Nov. 16 – 7:30 p.m.

- Sunday, Nov. 17 – 2 p.m.
- Friday, Nov. 22 – 7:30 p.m.
- Saturday, Nov. 23 – 7:30 p.m.
- Sunday, Nov. 24 – 2 p.m.

Admission

The Nov. 15 admission includes a special opening night party with the cast after the show.

Tickets for that night only are \$15 (for both show and party). All other performances are \$10.

Cash or checks are accepted. Make checks payable to Fun and Fancy.

November Meeting

The Group’s regular monthly meeting is Wednesday, Nov. 6, at 7:30 p.m. in the Clubhouse II auditorium. As is customary before a big production, the entertainment will feature excerpts from the show to give the audience a peek at the delights ahead.

The meeting is free for Fun and Fancy members and \$5 for a one-time admission for non-members.

‘The Holidays in Vegas’

The Wednesday, Dec. 4 monthly show, directed by Ken



Members of Fun and Fancy rehearse their lines for “70, Girls, 70.” Photo by Hannette Allen

Tash and Bobbie Seidel, is “The Holidays in Vegas,” with almost everyone portraying a well-known celebrity.

Auditions have been held already, but members who would still like to audition on Tuesday, Oct. 22, should contact Ken at (301-873-2674) or (kentash1216@gmail.com). Let him know if you will be using a CD or if you would like an accompanist.

Rehearsals are planned for Oct. 22, Tuesday, Oct. 29, Tuesday, Nov. 26, Monday, Dec. 2 and Tuesday, Dec. 3. All rehearsals begin at 7 p.m.

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■ Jewish Discussion Group

Oct. 27: Group Discusses Israel's General Election

by Jerome "Jerry" Cohen

The Jewish Discussion Group's next meeting is on Sunday, Oct. 27, at 10:30 a.m. in Clubhouse I. The session will feature Paul Bessel's talk on Israel's parliamentary system of government.

Israel requires national elections for the Knesset, which often results in the election of a coalition of minority parties attempting to win control. Will it be determined who Israel's next prime minister is,

or will a third general election be required in accordance with parliamentary rules?

The Group's participants are encouraged to offer suggestions for featured speakers. Participants who want to make a short presentation of interest to the Group should speak privately with Jerry Cohen, the Group's moderator.

Participants who would like to serve as substitute guest moderators to lead the Group's monthly sessions are encouraged to contact Cohen as well.

The Group will not hold a session in November to avoid conflict with the Thanksgiving holiday.

The Group invites all residents to attend its free discussion groups, held on the fourth Sunday of the month from 10:30 a.m.- noon in Clubhouse I. For additional information or to have your email address added to the monthly notification list, call or email Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

■ Jewish War Veterans Charles B. Krieger Post 567

Nov. 10: Brunch Includes Discussion on Parks and Botanical Gardens

by Jerome "Jerry" Cohen

The Jewish War Veterans (JWV) Post 567 brunch is on Sunday, Nov. 10, at 10 a.m. in the Clubhouse I Crystal Ballroom.

Carl "Skip" Schoening, retired associate director of Montgomery County Department of Parks, will talk about the County's local award-winning parks and botanical gardens. Schoening was also the Chief of Horticulture and Forestry Division.

The Post's brunch events are open and available to all residents; membership in JWV is not required.

The delicious buffet brunch includes eggs, tuna fish, lox, bagels, latkes, blintzes, pastries, fresh fruit, coffee, juices and more. Tables of eight-10 only may be reserved with payment for all tablemates.

Include the names of all people attending with the reservation payment. Otherwise, open seating on a first-come, first-served basis will be in effect.

Mail reservations for \$14 per person (check only, payable to JWV 567), to Andrea Goldberg at (15107 Interlachen Dr., Apt. 106, Silver Spring, MD 20906). Checks must be received by Monday, Nov. 4.

JWV Information

Members' business meetings are held the first Wednesday of each month from 11 a.m.-12:30 p.m. in Clubhouse I. All regular and patron members and those who are considering joining are invited to attend.

A new and faster-paced meeting format has been implemented, and all participants will be given an opportunity to offer their input and program suggestions.

Those who would like additional information, have questions about membership or would like to be added to Post 567's email notification and



Carl "Skip" Schoening, photo courtesy Kip Schoening

e-newsletter list should contact Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

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Kinder Alternatives for Senior Adults....

Nov. 13: Group Hosts Boutique Fashion Show and Talk on Israeli Fashion

by Barbara Eisen

On Wednesday, Nov. 13, Hadassah holds a fashion show and boutique by TaylorMarie's Apparel at 2 p.m. in Clubhouse II.

Hadassah members will model the clothing, and attendees will have the opportunity to look through racks of clothing of all sizes and buy items. In addition, special guest Joanne Goldstein will speak on Israeli fashion. Light refreshments will be available.

The cost is \$10, to benefit Hadassah programs. Pay at the door by cash or check, payable to Hadassah. RSVP to either Bobbi Gorban at (301-838-4336) or (bprem@aol.com), or Judy Rurerman at (301-680-0850) or (judyrumerman@gmail.com) if planning to attend.

See the latest and greatest fall fashions, and come ready to try on clothing and shop!

Judaic Study Group

Are there love stories in the Torah? The Judaic Study Group presents different viewpoints on this question at its meeting on Monday, Nov. 18, at 1:30 p.m. in Clubhouse I.

The story of focus comes from Genesis 24, in which Isaac marries Rebecca, and the sages write about love, weddings and whether men hope to find wives who remind them of their mother's best qualities.

Discussion leaders will be Marcia Elbrand and Naomi Kline, and attendees will have the opportunity to pair up and tackle a discussion question. For additional information, email Marcia Elbrand at (marciaelbr@gmail.com). The program is free and open to all.

Sale

Hadassah is selling novelty socks, gloves, scarfs and ponchos through its December meetings. Buy something for yourself or for friends and relatives. All proceeds fund research at Hadassah hospitals.

Bingo

The Group's last program of the year is on Wednesday, Dec. 18, at 2 p.m. in Clubhouse II. Hadassah will install its new officers, and everyone is invited to play Chanukah bingo while eating holiday refreshments.

Cards

Elaine Schenberg and Jan Bloom sell

Hadassah greeting cards. The prices are \$3 each for one to three cards and \$2.50 each for four or more cards. Cards are displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

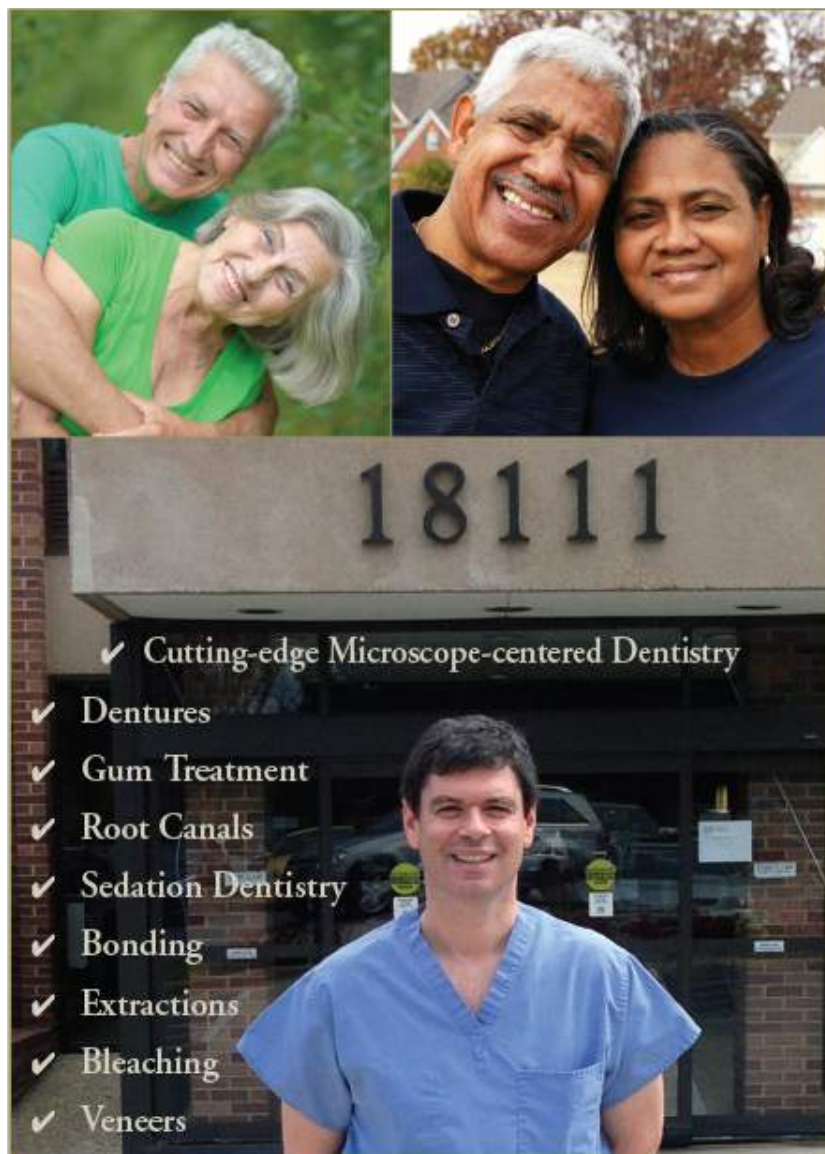
Youth Project

Larelda Gruber, available at (301-598-5922), is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net) or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).



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Club Seeks Kugel-makers for Annual Card Party

by Carole Mund

On Wednesday, Nov. 6, NA'AMAT RBZ Club showings the film "Heading Home: The Tale of Team Israel" (2018, 1 hour 27 minutes, documentary/comedy/drama, not rated) at 12:30 p.m. in the Clubhouse I Crystal Ballroom. For details, see the Events and Entertainment section of this publication.

Kugels Needed

On Tuesday, Dec. 10, NA'AMAT hosts its annual card and mah-jongg party. Specially homemade kugels will be served with other refreshments. Games begin at 11:30 a.m. in the Clubhouse I Crystal Ballroom.

Gather your friends and games to enjoy a wonderful afternoon. The cost is \$8 (check only, payable to NA'AMAT) and should be mailed to Barbara Rothenberg at (15101 Interlachen Dr., Apt. 814, Silver Spring, MD 20906).

Contact Barbara Rothenberg at

(301-438-8260) if you would like to assist in planning this event. The Club needs volunteers to help make kugels for the party.

Book Club Update

NA'AMAT RBZ has a book club that meets on the fourth Wednesday for each month to discuss literature chosen by the club. Everyone is talking about the bestseller chosen for October meeting, "Educated: A Memoir" by Tara Westover. Contact Barbara Tahler at (240-669-6961) for the meeting's time and place.

Membership

NA'AMAT is a charitable organization dedicated to help NA'AMAT Israel provide educational daycare, vocational training, and legal aid for women, services and assistance for new immigrants and centers for the prevention and treatment of domestic violence.

By joining NA'AMAT RBZ, you become a supporter of NA'AMAT

Israel. In addition, you are on the mailing list to receive information about special events and trips prior to the general public.

To join, mail a check for dues (\$36, payable to NA'AMAT USA) to Harriet Chaikin at (15101 Interlachen Dr., Apt. 216, Silver Spring, MD 20906).

Upcoming Events

- Oct. 30 – The Club takes an overnight trip to Dover Downs, Delaware. Check the Club Trips section of this publication for more information.
- Nov. 13 – Eyre Tours has a trip scheduled to see "Annie" at Riverside Theatre. Mention NA'AMAT and the organization will receive a stipend, and you will receive donor credit.
- Jan. 15, 2020 – The Club takes a trip to Signature Theatre to see the cabaret show, "Ol' Blue Eyes: Frank Sinatra." See the Club Trips section of this publication for

more information.

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).

For information about membership, contact Harriet Chaikin at (240-560-7487). For tribute cards, call Lenore Kalen at (301-922-4348).

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Jewish Residents Hold Sukkot Service and Open House

by Jonas Weiss

On Saturday, Oct. 19, JRLW holds a service with Havdalah prayers at 5:30 p.m. in the sukkah located in the parking lot of The Inter-Faith Chapel.

On Sunday, Oct. 20, the seventh and last day of the holiday, JRLW hosts an open house from 10 a.m.-2 p.m. in the sukkah.

The next day, Monday Oct. 21, is the holiday of Shemini Atzeret, connected to Sukkot as the Eighth Day of Assembly, and Cantor Michael Kravitz will lead a service including Yiskor at 9:15 a.m. in Clubhouse II. Rabbi Moshe Samber and volunteers lead Sabbath services and Torah discussions on Saturday, Oct. 19 and 26 at 9:15 a.m. in Clubhouse II.

Movie

JRLW and the Bender Jewish Community Center's Coming of Age in Maryland program show the film "The Waldheim Waltz" (2018, 1 hour 33 minutes, documentary/ history, not rated) on Thursday, Oct. 31, at 1:30 p.m. in the Clubhouse II auditorium.

In this chilling and timely film, award-winning director Ruth Beckerman examines the scandal around Kurt Waldheim's Nazi past during his bid for the Austrian presidency. A discussion will follow.

The cost to attend is \$8 per person (check only, payable to JRLW). Sign-up begins Tuesday, Oct. 22, at 8:30 a.m. in the Clubhouse I E&R office. All residents are welcome.



Memorial Program

Kristallnacht or the Night of Broken Glass, when synagogues were burned and thousands of Jewish men were killed or sent to concentration camps, is considered to be the beginning of the Nazi Holocaust.

JRLW holds a memorial program on Sunday, Nov. 10, at 7:30 p.m. in Clubhouse II. The event's speakers, survivors of that era, will talk about their experiences.

More information about the event will be forthcoming.

Donations

Send checks for the Torah maintenance fund, payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

Donations for prayer books go to Janet Lazar at (15311 Beaverbrook Court, Apt. 1B, Silver Spring, MD 20906).

Donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedakah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

Oct. 23: Come Discover a Common Climate Change Culprit

by Sarna Marcus

At its next meeting on Wednesday, Oct. 23, LW Green presents a talk about a critical climate change culprit: toilet paper.



The meeting is at 2 p.m. in Clubhouse II.

It turns out that there's an "issue with tissue." It's a commodity people often take for granted; something used once and flushed down the toilet. At the supermarket, people often look for the softest, most absorbent brand. Unfortunately, that lovely, soft tissue is made from pure virgin pulp from Canada's boreal forests.

Toilet paper manufacturers strip away vast areas from Canada's precious boreal forests, which are critical to the Earth's ability to mitigate some of climate change's most damaging effects, according to the National Resources Defense Council.

Come get the facts – what you need to know and what you can do about it, and get a free roll of 100 percent recycled toilet paper!

Admission to the meeting is free. Residents don't have to be a member of LW Green to attend.

About LW Green

LW Green is comprised of a group of residents who are striving to be better stewards of the environment through education and advocacy.

Residents don't have to be an expert on these topics to join.

All interested residents are invited to attend the Group's meetings, which are held monthly at 2 p.m. in Clubhouse I.

For exact dates and other information, visit (www.lw-green.com).

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Coffee, the Constitution and Rep. Jamie Raskin

by Roger Blacklow

Get the ultimate insider's view of impeachment when Rep. Jamie Raskin meets with the Democratic Club on Sunday, Nov. 3, from 9:30-11 a.m. in the Clubhouse I Crystal Ballroom.

The event includes a light breakfast and stimulating discussion of the Constitution and the impeachment inquiry of President Donald Trump. Raskin is the top



Rep. Jamie Raskin, photo courtesy (raskin.house.gov)

"constitutional authority" in the House of Representatives. He will stay to chat until noon.

The breakfast is a ticketed event. To defray the costs of the food, mail a check for \$10, payable to the Democratic Club of Leisure World, to Sandy Zimmet at (3310 N. Leisure World Blvd., Apt. 1022, Silver Spring, MD 20906).

Checks must be received by Monday, Oct. 28, to attend. Don't delay. This is a rare opportunity to hear from one of the central players on

impeachment.

Special Address

Nationally-known pollster Fred Yang, who conducted polling for Ben Cardin and Attorney General Brian Frosh, addresses the Democratic Club on Thursday, Nov. 14, at 7 p.m. in the Clubhouse I Crystal Ballroom.

Many Club members may have seen him on MSNBC and NBC's election night coverage. His insightful analysis caused Campaigns & Elections magazine to praise "his ability to master the local nuances of a race." And Capitol Hill's Roll Call named Yang one of 10 Democratic consultants on its list of "Consultants Who Make A Difference."

Other Upcoming Events

- Oct. 22 – President of the National Organization for Women Toni Van Pelt will discuss turning Virginia Democratic on the Tuesday, Nov. 5, election as the final piece of the puzzle to passing the Equal Rights Amendment (ERA) and other issues. Her presentation is from 2:30-4:30 p.m. in Clubhouse I. Come and show your support for the ERA and a better future for your children and grandchildren.
- Oct. 24 – Voter Registrar Training from 2-4 p.m. in Clubhouse I. Learn how you can register new voters in Leisure World and its vicinity.
- Oct. 30 – Letter-Writing Party from 2-4 p.m. in Clubhouse I



■ League of Women Voters

Getting Women Ready For the Future of Work

by Maxine Lewack

The League of Women Voters of Montgomery County's fall luncheon is on Monday, Oct. 28, from noon-2 p.m. at Normandy Farm Restaurant in Potomac, Maryland.

Jane Oates, president of WorkingNation, is the event's speaker. She will talk about the progress women have made in the workplace; the challenges they still face; the rapidly changing world of work; and getting women ready for the future of work.

A recently released report from the McKinsey Global Institute estimated automation will eliminate 73 million jobs by 2030. The national, non-profit organization WorkingNation is committed to educating the American public, policy makers, educators and employers about how technology and automation are displacing workers.

The organization is highlighting solutions for displacement by providing information on fast-growing careers in need of talent.

Oates was former assistant secretary of the Department

of Labor for Employment and Training, executive director for the New Jersey Commission on Higher Education, senior advisor to Gov. Jon Corzine of New Jersey and Senior Policy Advisor to the late Sen. Edward Kennedy.

Reservations for the luncheon must be received by Thursday, Oct. 24. Call the League office at (301-984-9585) or email (lwvmc@erols.com) for more information.

League Calendar

The League's 2019 calendars are now available from Rossmore League of Women Voters of Montgomery County members and at the Gold Castle Jewelers in Leisure World Plaza. The cost is \$8, tax included.

This calendar is unlike the calendars received for free in the mail; the space for writing is more than ample, the paper is erasable and there is information on county offices, elected officials, libraries and other information engaged citizens might need.

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Third Annual Health Roundtable Heads October Agenda

by Joe Cook and John Moens

On Monday, Oct. 21, residents and their guests are invited to NARFE's health roundtable and expo at 2 p.m. in the Clubhouse I Crystal Ballroom. The event is free for all residents; tickets are not required.

Although the event's emphasis is on federal health programs, there will be topics of interest and relevance to the entire community. Perhaps the issue having the most widespread interest is the protection of Social Security and Medicare, to be addressed by Dan Adcock, Director of Government Relations and Policy and the former Legislative Director for NARFE.

The following individuals and orga-

nizations have accepted the Chapter's invitation to participate in this year's event: AETNA, Carefirst (Blue Cross/Blue Shield), the Committee to Preserve Social Security and Medicare, Health Hearing, Inc. (which will be conducting free hearing tests), MedStar and New York Life.



Looking Ahead

The perfect follow up to the health roundtable is the meeting with Walt Francis, Consumer Checkbook expert on federal employee health benefit plans, scheduled for Monday, Nov. 18 at 2 p.m. in Clubhouse I.

At a previous meeting, he encouraged people to take advantage of the fact that health plans add benefits and services to make them competitive.

Although plan representatives can freely discuss the benefits of their own programs, they are restricted from comparing them with other programs. Francis has no such restriction. His briefings are always well attended – no hype necessary.

Discount Tickets

Begin the New Year on a high note with discount tickets to "Singing in the Rain" for the matinee at Olney Theatre Center on Friday, Jan. 3, 2020. Tickets are \$45 each (normally \$80) payable by check payable to NARFE, Chapter 1143. Mail checks to Jewel Lee, NARFE treasurer, at (3528 Chiswick Ct., Silver Spring, MD 20906).

Immigration Briefing

At the Chapter's meeting on Sept. 27, Al Bersin, former Director of Customs and Border Protection, stated that contrary to the assumption that massive waves of migrants are overwhelming the southern border, net migration is actually down – more migrants are going south because Mexico's economy is booming.

Mexico's economy is ranked 13th in the world and is on track to pass that of Germany, according to Bersin. Most of the migrants are from Central and South America, and most of them try to surrender to border agents so they can apply for asylum. Mexico, to avoid U.S. sanctions, is working to address the border crisis.

Mexico has provided a safe zone where migrants are fed and protected while their asylum requests are processed in the U.S., according to a July 19 article in the San Diego Union-Tribune to which Bersin contributed.

Why Join NARFE?

NARFE is offering its "Proud to Be a Federal Retiree" buttons at its meetings. NARFE members are proud to have served the U.S. and served it well.

But while federal workers are praised by members of Congress, they routinely endure pay freezes and threats to retirement benefits and Social Security. If you believe that your rights are worth protecting, it's time to join NARFE Chapter 1143.

An annual fee of \$44 (or just \$38 spread out over 12 months in an annuity) will move you from spectator to member. Contact John Lass at (301-288-4210) and tell him you decided to stand up for your rights and benefits.

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■ Italian Social and Cultural Club

Oct. 17: Café Cinema Features 'I Love Lucy' and Pizza

by Flo Merola

The Italian Social and Cultural Club screens three 30-minute episodes of the popular '50s sitcom, "I Love Lucy," on Sunday, Oct. 27, at 5 p.m. in the Clubhouse I Crystal Ballroom.

Members and guests are invited to 'join' Lucy while watching her hilarious attempt to make pizza. At the same time, the Club will serve three kinds of pizza: plain, meat and veggie, along with cold drinks.

The second episode is called "The Black Wig," during which Desi forbids Lucy to get that "new Italian haircut." And for those who still want to see more of Lucy's antics, the Club will show a third episode entitled, "Lucy's Bicycle Trip."

The cost for this event is \$12 for members and \$15 for guests.

Mail checks, payable to the Italian Social and Cultural Club, to Paul D'Angelo at (3310 North Leisure World Blvd., Apt. 308, Silver Spring, MD 20906). Checks must be received by Wednesday, Oct. 23 (no refunds).

The Club is not holding any events in November because of the Thanksgiving holiday.

The holiday dinner is held on Sunday, Dec. 15, at 5 p.m. at Bedford Court. The entertainment will be songs of the season with La Serenata.

Membership in the Club has its perks, and it's not too late to become a member. If interested in joining, contact Barbara Kaminski, membership chairwoman, at (Bkaminski0064@gmail.com) or (301-847-9313). Residents don't have to be Italian to join.



■ Chinese Club

Chinese Club Celebrates Moon Festival

by Stella Shaw

On Friday, Oct. 25, the Chinese Club hosts a talk by Jenny Tse, who will discuss the principles of investing after retirement. For details, see the Events and Entertainment section of this publication.



Members of the Chinese Club celebrate the Chinese Moon Festival on Sept. 13. Photo by Stella Shaw

Moon Festival

The Club celebrated the Chinese Moon Festival, also known as the Mid-Autumn Festival, on Sept. 13.

Unfortunately, the weather did not cooperate, and the party had to move from the Clubhouse I lanai to Clubhouse II. But Club members had a wonderful time nonetheless, eating moon cakes, laughing, singing, telling jokes, playing

games and, most importantly, enjoying fellowship.

One member brought her family and daughter, who just arrived from the West Coast, to experience how the Club celebrates Chinese culture. Another member discussed her exciting travel experience in China. Everyone had so much to catch up on with friends old and new.



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Association Stays Active with Exciting Events

by Patricia Means

The program committee has arranged the following events for October through December.

LWAAAC hosts an open house on Saturday, Oct. 26, from 2-6 p.m. in Clubhouse II. This event substitutes the annual fall membership and program.

Prospective members are invited to come and interact with current members. Refreshments will be served.

A membership table for new enrollment and renewed membership will be available. Dues are \$20 (checks only, payable to LWAAAC) and cover the period of July 1, 2019 through Tuesday, June 30, 2020.

Tickets are not applicable, but sign-up is required to attend. To sign up, visit the Clubhouse I E&R office or call the office at (301-598-1300).

For more information,

contact Lois Pope Fuller, event chairperson, at (240-242-3711).

Healthful Thursdays

Healthful Thursdays continue with Session 7 on Thursday, Oct. 24, and Sessions 8, 9 and 10 on Nov. 7, 14 and 21, respectively. Each session is from 1-3 p.m. in Clubhouse I. Topics for sessions will be forthcoming via LWAAAC robocalls.

The sessions are free, but sign-up is required. To sign-up, visit or call the Clubhouse I E&R office at (301-598-1300). For more information, contact Jannifer Woodson, event chairperson, at (832-259-7063).

Anniversary Luncheon

LWAAAC's 25th anniversary luncheon is Sunday, Dec. 15, from 1-4 p.m. at Manor Country Club in Silver Spring. The cost of the luncheon is \$50 per person (checks only, payable to LWAAAC). Table seating for 10 individuals may

be reserved at the time of ticket purchases.

Tickets will be sold at the LWAAAC meeting on Wednesday, Nov. 6. Ticket sales also will be sold by LWAAAC on Monday, Nov. 11, through Saturday, Nov. 16, and Monday, Nov. 18 through Tuesday, Nov. 19, from 10 a.m.-4 p.m. in the Clubhouse I lobby. For more information, contact Juanita Sealy-Williams, program committee chairperson, at (301-822-4531).

Membership

Membership in LWAAAC is open to all residents. The dues are \$20 per person (checks only, payable to LWAAAC) and covers the period of July 1, 2019 through June 30, 2020.

Payment may be made at meetings, via the LWAAAC mail slot in the Clubhouse I E&R office or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908).

A telephone number and

an email address should be included with the payment. For more information, contact Alfonso Holston, membership committee chairperson, at (301-438-3537).

Amenities

Members should notify LWAAAC of illness, disability, death or other situations affecting a member or that person's immediate family by contacting Louise Langley, amenities chairperson, at (301-598-3876).

Public Relations

The Drumbeat will be emailed to members in late October. Members who do not have email access may request printed copies of The Drumbeat by placing a note in the LWAAAC mail slot in the Clubhouse I E&R office.

For more information, contact Patricia Means, public relations committee, at (301-598-0550).



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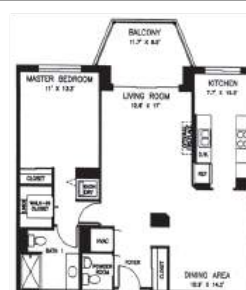
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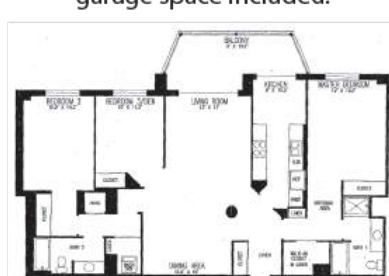
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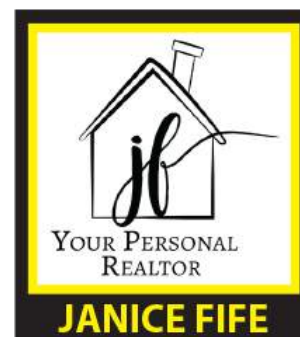
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Oct. 19: Alliance Holds Potluck and Meeting

by Mike LaPoint

The LW LGBTQ Alliance's next monthly meeting and potluck is held on Saturday, Oct. 19, at noon in Clubhouse II.

After the meal and socializing, members will review the Alliance's upcoming events, followed by a presentation from guest speaker Lisa Friedman of Synergy Home Care.

Friedman is the director of business development at Synergy, and will speak on Synergy's home care services, and on the special caregiving issues and concerns that the LGBTQ community faces.

Coming Out Day

October has been a very active and consequential month for the LGBTQ community.

Oct. 11 was National Coming Out Day. In celebration of this annual event, the Alliance hosted a screening of the film "Milk" starring Sean Penn. The film is

based on the life of gay rights pioneer, Harvey Milk.

Milk was elected a member of the San Francisco Board of Supervisors in 1977, becoming the first openly gay man elected to a major public office.

His compelling message to the LGBTQ community was to "come out wherever you are." His prescient belief was that the visibility of members of the community was key in the struggle for civil rights and equal protections under the law.

LGBTQ Issues

On Oct. 10, Alliance members gathered to watch the CNN/Human Rights Campaign "Power of our Pride" Town Hall featuring 10 of the top Democratic candidates for the Presidential nomination. The event was the first time ever that a major U.S. political party hosted and broadcast a candidates' town hall focused specifically on issues pertaining to the LGBTQ community.

On Oct. 8, the U.S. Supreme

Court heard arguments on whether or not LGBTQ people are to have employment protections against discrimination in the workplace. Currently in many states, people can be fired because they are LGBTQ.

Several members of the Alliance gathered on the steps of the Supreme Court to advocate in favor of employment protections for LGBTQ people.

About the Alliance

To learn more about the Alliance, or to add your name to its monthly Newsletter email list, email the Alliance at (lwlgbt@gmail.com) or, better still, attend the next monthly potluck meeting on Oct. 19.

Also, check out the Alliance's Facebook page, "LW LGBTQ Alliance," for community updates.

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Calling All Fashionistas: Last Chance to Sign Up for Fashion Show and Luncheon

by Carole Mund

The Rossmoor Women's Club (RWC) invites all Leisure World women to join in sharing a fabulous afternoon of friendship, fashion and food. The event features Chico's fashions and is on Thursday, Oct. 24, at noon in the Clubhouse I Crystal Ballroom.

There is still time to make a reservation to attend. Drop a check for \$35 (payable to RWC) in the RWC mailbox located in the Clubhouse I E&R office no later than 5 p.m. on Monday, Oct. 21.

Include your menu selection on the check: beef medallions with mushroom sauce, salmon with lemon butter sauce or chicken breast stuffed with feta and spinach.

For questions, call Carolyn Thompson at (301-806-5383).

A special Chico's discount will be offered to luncheon attendees.

Don't miss this wonderful event. In addition, attendees can participate in a drawing for a \$250 gift certificate to the Mynd Spa & Salon in Bethesda.

Goodies Sale

The Claxton fruitcakes and pecans and See's Candies sale is from Monday, Nov. 18, through Friday, Nov. 22 – just in time for the coming holidays.

The RWC will be selling these wonderful goodies in the Clubhouse I lobby. Claxton fruitcakes (dark or light), nuts and candies are packaged in a wide variety of choices for the perfect hostess gift. Last year, many items sold out, so be sure to make your purchases early.

Fundraising and Volunteering

The RWC's mission is to foster social interaction and promote volunteerism as well as support specific charitable organizations.

Many of the activities incorpo-

rate fundraising to support charities in Leisure World as well as in communities in Montgomery County.

Head Start Visit

The RWC supports a Title I Head Start Program at nearby Harmony Hills Elementary School. During the course of the year, the Club not only assists in the classroom, but also supplies nutritional foods for the children during vacations.

Many Leisure World residents have been busy knitting scarves and hats that will be given to the school some time later this month in time for the cold winter months. Residents who would like to knit an item or support this special project should contact Rita Posner, education chairperson, at (ritaposner@gmail.com).

Hands-on Project

On Wednesday, Nov. 20, the

RWC hosts a hands-on project making snowmen and reindeer bags for the Montgomery General Hospital's Pediatric Emergency Room. These fun bags will be distributed to children during their visit to the ER throughout the winter months.

All RWC members are invited to join in on the fun from 10 a.m.-noon in Clubhouse I – no crafting experience needed!

Membership

Membership in the RWC is open to residents and non-residents throughout the year. The membership dues are \$40 per person.

To join, mail checks, payable to the Rossmoor Women's Club, to Aggie Eastham at (Rossmoor Women's Club, 3100 North Leisure World Blvd., #126, Silver Spring, MD 20906). For questions, contact Aggie at (aggie.eastham@verizon.net).



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Armchair Travelers to Take Scenic World Cruise

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday (known as Saturday Afternoon Live – SAL!) beginning with armchair travel at 2 p.m. in Clubhouse II.

GIAC's goal is to enhance the social and emotional well-being of its members with fellowship opportunities, exciting trips and games.

Armchair Travel

On Saturday, Oct. 19, armchair travelers set sail in search of the shining landscapes of Nova Scotia, the sunny beaches and lush forests of the Caribbean, the Panama Canal and Alaska's untamed wilderness.

If time permits, they will also explore Norway's beautiful fjords and Scotland's legendary lochs and haunting glens.

On Saturday, Oct. 26, prepare to continue cruising through Europe to visit the Rhine's magical castles and medieval cities, France's Rhone rivers, Gibraltar's hidden caves and Greece's volcanic beaches; and take a romantic ride along Egypt's Nile river.

Later, enjoy breathtaking tours of Chile and Tahiti, as well as New Zealand's towering mountains and Australia's lush rainforests.

Trips

Several exciting trips are being planned for 2020.

From Wednesday, May 21, through Thursday, May 21, GIAC travels to experience "Queen Esther," at Sight and Sound Millennium Theatre in Lancaster, Pennsylvania.

One of the most riveting Bible stories from the Old Testament comes to life with magnificent sets, special effects and live animals in this brand new, original stage production.

The trip includes breakfast, dinner and free time at the Park City Center, a large, enclosed shopping center in Lancaster County.

Sign-ups for trips is during

SAL from 1:30-3 p.m. in Clubhouse II. All residents, whether married or single, are welcome to participate. For more information about trips, see the Club Trips section of this edition, or contact Nancy Alderman at (301-598-5614) or Elaine Strass at (240-447-2166).

Games

Games begin at 2:30 p.m. right after armchair travel with bridge and Rubik's cube in the Clubhouse II lobby.

Mexican train dominoes is played in the Game Room where an old-fashioned dominoes game is also available. Members are also welcome to bring or suggest other favorite games.

Anyone interested in

more information about games should contact Sylvia Pachenker at (301-598-5325).

Special Game Night

GIAC holds a special game night for members-only on Thursday, Oct. 24, from 4-6 p.m. in Clubhouse II. Come meet GIAC's new president, Elaine Strass, and enjoy fellowship, refreshments and a special fun game.

Participants must be currently paid members and should expect to receive a robocall with more details about the special game.

Knitting Group

Strass holds a Knit and Chat group during SAL from 2:30-4 p.m. in the Clubhouse II lobby. Whether you are an advanced

knitter, a beginner or somewhere in between, bring your knitting materials and join in the knitting and fellowship.

Contact Elaine at (240-447-2166) for more information, or if interested in teaching simple knitting techniques during the knit and chat.

Membership

Sign-up for membership takes place during SAL from 1:30-3 p.m. in Clubhouse II.

Residents may also leave their annual \$8 dues in GIAC's mail slot at the Clubhouse I E&R office, or mail them to Elaine Strass at (15107 Interlachen Dr., Unit 218, Silver Spring, MD 20906).

For more information about membership, contact Elaine at (240-447-2166).



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Stay Active with the Baby Boomers

by Beth Leanza

The Baby Boomer Club likes to gather together to watch movies or take in a musical play and buffet meal. Club members also play board games and share snacks.

Sometimes the Club stays in, enjoying a movie in Clubhouse II and sharing snacks and alcoholic beverages, with water and soda furnished by the Club.

All Club events are held on the week-ends and evenings to accommodate working residents.

Join the Club

Active residents who are fun-loving; like to socialize and eat; and enjoy rock 'n' roll music of the '50s and '60s are encouraged to join the Club.

Just mail a check for \$5 per person, payable to Baby Boomer Club, to Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906). Include an email address to received updates on

Club events.

If you're not sure you want to join, then come meet up at a Club activity first. The Club's website is available at (<https://sites.google.com/site/bbclwmd>) and includes a calendar with activity information.

Friday Hikes with Joyce

All residents are invited to join the Club on any of its walks.

Joyce Richardson, available at (301-598-7098) or (777cheekie333@gmail.com), leads walks on Fridays. They meet up at 1:15 p.m. at a local trail. Most walk about three miles, but some walk halfway and return. To carpool to the trail, contact Joyce at (301-598-7098) by Thursday night.

To get directions to the walk sites, visit the Baby Boomer Club's website at (<https://sites.google.com/site/bbclwmd/calendar>) and go to the calendar page, or



Members of the Baby Boomer Club gather for a walk. Photo by Joanne Mars

use Google Maps.

- Oct. 25 – Meadowside Nature Center (Rockville, MD). Meet in the parking lot at 10:15 a.m. Bring water and a lunch.
- Nov. 1 – Washington Grove Retreat Community (Redland, MD) Meet at Bounding Bend Court at 1:15 a.m. Bring water. Park somewhere on Bounding Bend Court.

Sunday Walks

Join a group of walkers that meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. For more information, contact Ted Michos at (Tedmichos@gmail.com).

Weeknight Walks

For a shorter walk (about one mile), join a group to walk the Broadwalk in Montgomery Mutual. The walkers meet each weeknight at 5:15 p.m. in the Clubhouse I lobby. No one makes an announcement – look around and introduce yourself!

AVA Walks

The American Volkssport Association (AVA) holds events and provides guides to local walks of interest. More information about AVA walks is available on the Club's website at (<https://sites.google.com/site/bbclwmd>). Click on Walks, below the events calendar. You do not have to join AVA to participate.

Not Getting Emails?

Club members who have joined but are not receiving emails are asked to check their email's "spam" and "junk" folders.

Also, adding the Baby Boomer Club's email address, (bbclw@googlegroups.com), to your contact list or address book will help to prevent the Club's emails from ending up in these folders.

Still not getting email? Contact Beth Leanza at (bethlea12020@gmail.com) or (301-598-4569).

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■ Comedy and Humor Club

Jokester Sets Pace for Comedy Club Pun Parade

by Al Karr

Puns are popular with many humor aficionados, and Rudy Volin lead the pun parade at a recent meeting of the Comedy and Humor Club.

One of his best lines: The pilot was a loner, but even for him, flying a drone was too remote.

If you enjoy such plays on words, the Comedy and Humor Club is for you. And if you prefer other kinds of comedy, it's still for you. Come by Clubhouse II where the Club meets on the first three Tuesdays of the month from 1:30-3 p.m., and prepare to laugh.

Here is a few more of Volin's punny patter:

- I slept like a log during the night shift, but when I awoke, I was axed.
- Insects really bug me.
- The deer grabbed the gun and gave the hunter a taste of his own venison.
- A dog gave birth to puppies at the roadside, and she was fined for littering.

And what follows is a sample of the jokes offered by Volin's Comedy Club colleagues at recent meetings:

- Lawyer Taylor was desperate for business when he was named by the court to defend an indigent man. The judge ordered Taylor to talk with his client in the hallway, giving him the best advice he could. After some time, the lawyer entered the courtroom alone. He told the court, "You asked me to give him good advice, and I found out he is guilty, so I told him to split."
- An elderly couple went to breakfast at a café, where the senior special was two eggs, bacon, hash browns and toast for \$1. The woman said she didn't want the eggs and the waitress said the order would cost \$2.40, because it would be à la carte. The woman took the special and said she wanted the eggs raw and in the shell. She took the eggs home.

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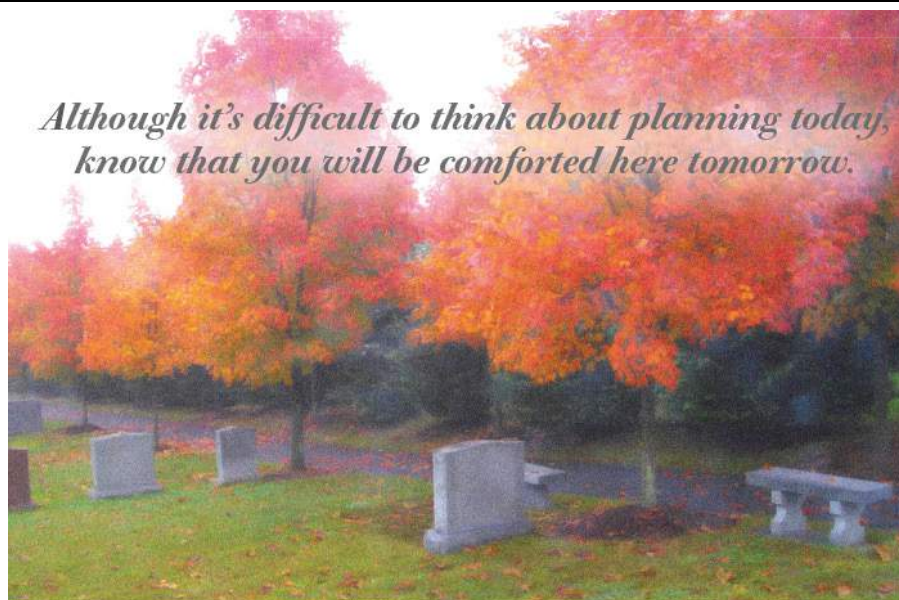
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■ Writers of Leisure World

Writers Share Their Memorable Stories

by Denise Barker

The Writers of Leisure World meet on the first Thursday of the month to share their essays, poems and thoughts.

John Moens recently wrote about dragons, knights, unicorns and other myths that he feels must have some historical source. Were the dragons really the Vikings, with their horned helmets?

Danuta Montorfano wrote of racing a tornado home, a perilous walk. Radha Pillai shared thoughts on how people plan the details of their lives but also plan for an "infinite tomorrow."

Woody Shields read his funny stories about adopting a puppy that, although well behaved on the way home, later ate a hearing aid, pencils and pens and a razor and dug up a tree.



Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Clipper Workshop: Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Hispanos de Leisure World: All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota “Loty” Goldenberg at (301-598-6869).

Interfaith Committee for the Homeless and Working Poor: The focus of this committee is to provide opportunities for Leisure World residents to work together to solve some of the problems experienced by homeless and working poor individuals and families in Montgomery County. This coalition is comprised of representatives from the Inter-Faith Chapel, Jewish Residents of Leisure World, Our Lady of Grace Catholic Church, the Unitarian Universalists of Leisure World and the community at-large. If you would like information about participation in ongoing projects of this committee, contact Gwen Raphael at (301-598-7653) or (graphael@verizon.net).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Oct. 25. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel’s mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop’s equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

Model Railroad Club: If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

Musical Jammers: We gather informally twice a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we’ll sing it. Questions? Call Richard Lederman at (301-598-1132).

New Yorkers and Friends Group: Join fellow New Yorkers and Friends on the second Thursday of each month at 10:30 a.m. in Clubhouse I. The Group offers opportunities to support outreach projects and to engage in a wide range of social activities. The Group’s motto is “New

Yorkers & Friends Can Make a Difference!” The Group welcomes anyone who has had affiliations with New York (both city or state), or who just likes New Yorkers. For more information, contact Linda (301-288-4367) or Carole (301-598-2768).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Oct. 24.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology “The Short Story Prize: 15 Yeas of Great Fiction.” On Wednesday, Nov. 6, Barbara Bowers will lead a discussion of “Saleema” by Daniyal Mueenuddin. On Wednesday, Nov. 20, the group will discuss “Memory Wall” by Anthony Doerr. The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for “show-and-tell,” and we hold an auction of members’ stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: TMO is a movement of residents concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information email (admin@townmeetingorganization.com) or visit (www.townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women’s Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women’s Fun Bunch of Leisure World: Members, don’t forget to send in your payment for the Halloween party on Sunday, Oct. 27. The Women’s Fun Bunch is for widows living in Leisure World. For inquires, call Marlene at (301-438-7773).

Yahoo Group: The Group is an online forum and email list serve that provides informal, online communication between neighbors. It provides residents an opportunity to seek information, post announcements and share photos and files. This list serve is monitored daily to assure the stated Group rules are followed. To join, visit (<https://groups.yahoo.com/neo>).

Leisure World Club Trips

The next deadline for trip submissions is **Monday, Oct. 21**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

Oct. 30-31 Dover Downs Hotel and Casino Dover, DE

Return to Dover Downs once again with **NA'AMAT RBZ Club** on this popular trip with its overnight stay in Dover, Delaware. The cost is \$120 per person, double occupancy; \$170 single occupancy. The package includes round-trip transportation, beautiful hotel accommodations and breakfast buffet, plus \$50 play money.

The bus leaves on Wednesday, Oct. 30, at 10:30 a.m. from Clubhouse II and returns on Thursday, Oct. 31, at approximately 2:30 p.m.

Send your check(s), payable to NA'AMAT, to Trudy Stone at (15101 Interlachen Dr., #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming.

If you have any special needs, indicate what they are with your check. Questions? Call Trudy Stone at (301-438-0016).

Nov. 11-13 Gaming and Sightseeing Atlantic City, NJ

Join the **Tennis Club** in a two-night/three-day trip (Monday-Wednesday) to Atlantic City, New Jersey. For only \$205 per person double occupancy (\$90 more for single occupancy), you will get transportation in a modern bus, two nights' lodging in the casino hotel, one dinner, two hot breakfasts and a casino bonus.

On your own in this tourist location, you can take in a show and enjoy Atlantic City's famous boardwalk.

Contact Sue Sandler at (240-242-3742) for more information and to make a reservation.

Dec. 11 Holiday Lights and Decorations Washington, D.C.

Join the **Going It Alone Club** for a family-style Italian dinner at Carmine's Restaurant. Carmine's is renowned for its extra-large portions of antipastos and pastas, seafood and meat entrées, which are meant to be shared.

After dinner, enjoy a bus tour of downtown Washington, D.C., to see the city's holiday decorations, including the Capitol and White House Christmas trees, the holiday decorations on Embassy Row and much more.

The bus departs from Clubhouse II at 2 p.m. and returns at approximately 9 p.m.

The cost is \$70 for members and \$80 of non-members and includes dinner, tax, transportation and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Nov. 23, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

Jan. 15 "Ol' Blue Eyes" Signature Theatre, VA

Join **NA'AMAT RBZ Club** in the intimate cabaret setting at Signature Theatre to see "Ol' Blue Eyes: Frank Sinatra," a tribute to this iconic crooner. Tables in groups of three or four have been reserved. A light à la carte menu is available for additional cost (on your own).

The bus leaves Clubhouse II at 5:15 p.m. for a 7:30 p.m. performance; the bus will return to Leisure World at approximately 11 p.m. The cost is \$69 per person and includes bus transportation and tickets to the show. No refunds or exchanges will be made unless inclement weather causes cancellation. Reservations must be received by Sunday, Dec. 15. Send checks (payable to NA'AMAT) to Carole Mund at (15101 Interlachen Dr., Apt. 724, Silver Spring, MD 20906). For questions, call Carole at (301-598-2768).

April 27- May 7 Portugal, Spain and Gibraltar

The **Center for Lifelong Learning (CLL)** has planned a trip to Portugal and Spain through Prometour Educational Tours. It is another opportunity for students of Judy Frumkin's Spanish classes to gain practical experience using the language they have been studying. It is also an opportunity for anyone interested in the cultures of these two neighboring countries.

Participants will arrive in Lisbon, Portugal, on the April 27, and spend four days visiting Lisbon, Sintra, Sagres and Albufeira. Then it is on to Spain and the cities of Sevilla, Cordoba, Granada and Málaga. Last stops are Gibraltar, and the Spanish city of Ceuta, across the strait in North Africa. The trip includes visits to Jewish, Muslim and Christian sites of interest, and time to enjoy local food, shopping and culture.

The base cost of the trip is \$3,934 per person if 20 or fewer people register. If more than 20 register, the price will decrease.

For additional information including a list of the places to be visited and the schedule for payment of the fees, contact Judy at (443-858-2894) or (judyfrumkin@gmail.com). To register for the trip, call (1-800-304-9446) and mention Leisure World for registration, or contact Judy for information on how to register online.

May 20-21 Lancaster and Pennsylvania Dutch Country

Join the **Going It Alone Club** on a two-day trip to Lancaster and Pennsylvania Dutch Country. This trip includes attending the show "Queen Esther" at Sight and Sound Theatre, a visit to Kitchen Kettle Village for authentic Pennsylvania Dutch Country shopping, a stop at the Amish Experience to see the multi-media production "Jacob's Choice" and a visit at Park City Center for more shopping. The trip also includes one-night's lodging, one breakfast and one dinner.

The bus leaves on Wednesday, May 20, at 8 a.m. from Clubhouse II and returns on Thursday, May 21, at approximately 6 p.m. The cost is \$213 for members or \$223 for non-members double occupancy (add \$39 for single occupancy) and includes the driver gratuity. An initial payment of \$75 is due at sign up with the final payment due by Saturday, March 7, 2020. No refunds will be made after March 7 unless a replacement is made. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Nancy Alderman at (301-598-5614).

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Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Skyline Drive, VA

Fri., 10/25, 8:00 am-4:35 pm\$99.00 per person
It's time for leaf peeping! Includes lunch at Skyland Restaurant.

National Museum of African American History and Culture, DC

Mon., 11/11, 8:45 am-3:30 pm\$45.00 per person
Timed entry tickets and transportation included.

National Harbor, MD

Sat., 11/16, 9:00 am-4:40pm\$45.00 per person
National Harbor has so much to offer! MGM, Tanger Outlets, ICE, Gaylord Hotel. Transportation only.

Edward Hopper Exhibit at Virginia Museum of Fine Arts, Richmond, VA

Mon., 11/18, 7:45 am-7:15 pm\$107.00 per person
Admission, audio tour, lunch in the Marble Room and transportation included.

Hollywood Casino, Charles Town, WV

Wed., 11/20, 10:00 am-5:45 pm\$38.00 per person
\$20 slot play-determined by Casino. Transportation only.

Mount Hope Holiday Dinner Theatre, Lancaster, PA

Sat., 11/23, 9:15 am-7:15 pm\$117.00 per person
Christmas tales, caroling and dining blend together for the annual Mount Hope Holiday Dinner Theater. Trip includes transportation, show and meal.

Irving Berlin's "Holiday Inn," Dutch Apple Theatre Lancaster, PA

Wed., 11/27 9:00 am-6:15 pm\$112.00 per person
Trip includes transportation, admission to theatre and lunch.

Christmas at Longwood Gardens, Kennett Township, PA

Fri., 11/29, 12:15 pm-10:30 pm\$82.00 per person
Enjoy this winter wonderland display! Trip includes transportation and admission to the gardens.

"Joy to the World," American Music Theatre, PA

Sun., 12/1, 8:45 am-8:30 pm\$139.00 per person
Trip includes lunch at Plain N' Fancy, admission to show and transportation.

Dining, Guiding & Lighting, DC

Wed., 12/4, 4:00 pm-10:30 pm\$112.00 per person
Dinner at Mrs. K's Tollhouse prior to heading down to DC for a guided tour of the monuments.

Mount Vernon by Candlelight, VA

Sat., 12/7, 3:30 pm-10:15 pm\$135.00 per person
Trip includes Candlelight Tour of Mount Vernon, dinner at the Mount Vernon Inn and motorcoach transportation. *uneven terrain-outside and in the dark*

"Miracle of Christmas," Sight & Sound Theatre Lancaster, PA

Sat., 12/14, 9:45 am-9:15 pm\$159.00 per person
"Miracle of Christmas" has become a family tradition, so this holiday, take the Eyre bus to the Sight & Sound Theatre in Lancaster, PA, and have a family-style lunch at Hershey Farms before arriving at the theatre for "Showtime"!

Radio City "Christmas Spectacular," NYC

Fri., 12/13, 7:15 am-11:45 pm\$199.00 per person
Trip includes transportation and admission to show.

Museum Loop, DC

Mon., 1/13, 8:40 am-3:00 pm\$35.00 per person
Choose to spend the day at the Library of Congress, National Archives Museum or the National Museum of American History. Transportation only.

International Spy Museum, DC

Mon., 1/27, 8:45 am-3:15 pm\$48.00 per person
Trip includes transportation and admission to museum. Lunch on own.

"Murder on the Orient Express," Fulton Theatre, PA

Thurs., 1/30, 8:45 am-7:00 pm
Trip includes transportation, lunch at Shady Maple Smorgasbord and admission to show.

"Kinky Boots," Toby's Dinner Theatre in Columbia, MD

Wed., 2/5, 10:00 am-4:00 pm\$104.00 per person
Trip includes transportation, show and buffet lunch.

"Wicked," Hippodrome Theatre, Baltimore, MD

Sat., 2/15, 12:00 pm-6:30 pm\$185.00 per person
Trip includes transportation and admission to show.

NEW TRIP!

"Guys & Dolls," Ford's Theatre, DC

Sat., 4/25, 10:15 am-5:45 pm\$110.00 per person
Transportation, admission to museum prior to show and show included in price. Lunch on own.

MULTI-DAY TRIPS

Greenbrier, WV
Dec. 8-10

Country Christmas at the
Gaylord Hotel in Nashville, TN
Dec. 10-13

Essence of Panama
Feb. 13-22, 2020

Zoetry Montego Bay in
Jamaica
Feb. 25-29, 2020

Coastal Wilmington, NC
April 19-23, 2020

Ocean City Adventure, MD
June 7-10, 2020

Niagara Falls, Canada
June 21-24, 2020

Cape Cod, MA
July 19-23, 2020

Constitution Tour, VA
Aug. 6-8, 2020

Yellowstone, Grand Tetons &
Mt. Rushmore
August 13-21, 2020

Pittsburgh, PA
Sept. 13-14, 2020

Africa and Safari Adventure
Sept. 9-20, 2020

CRUISES

Carnival Cruise
July 19-26, 2020
Seven-night eastern
Caribbean cruise

Royal Caribbean
Sept. 17-26, 2020
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SPORTS, GAMES & Scoreboards

■ Pickleball Club

Oct. 26: Pickleball Club Holds Season-ending Doubles Tournament

by Dee Berkholtz

The season-ending doubles tournament is scheduled for Saturday, Oct. 26, at 10 a.m. on tennis courts 1 and 2, after the beginner clinic planned for earlier that morning.

The lack of rain throughout most of September was hard on Leisure World's rolling green grass but made for record-breaking turnouts for the Pickleball Club at both its indoor and outdoor courts.

It was not unusual to see all four pickleball courts in action with a group of players waiting for their turn to get back in the game.

On Sept. 28, the Club held the second of four fall beginner clinics. Following the clinic, Club members celebrated the life of Jerry Clark by participating in the inaugural Jerry Clark Team Pickleball tournament.



At left, Jerry Clark, photo by Scott Keenum. At right, Pickleball Club members participate in the inaugural Jerry Clark Team Pickleball tournament on Sept. 28. Photo by Dee Berkholtz



The format of the tournament was similar to a tennis team format – each of the five teams comprised two men and two women. Team members then competed in women's, men's and mixed doubles matches.

The winning team of Donna Leonard, Al Desmaris, Scott Keenum and Dee Berkholtz

accrued the largest number of total points in the 12 doubles matches they played.

The other tournament participants included Doug Giaque, Alan Wilder, Jimmy Hubbell, Massimo Fuggiti, Barb Shavatt, Jane Ruane, Jenise Bobo, Sylvia Bell, Lynne Archibald, Debbie Maier, Becky Siman, LeRoy Salazar,

Ron Grill, Bill Bullough, John Tremaine, Wendy Flannery and Arlene Kaiser.

Come by the tournament on Oct. 26 and join in the fun. You may find that pickleball is more than just a sport; it is a lifestyle. For information about the Club, contact Steve Van Albert at (steve.van.albert@gmail.com).

■ 10-Pin Bowling League

Team Winners Lives up to its Name

by Rita Mastroiocco

The league is based on handicaps with averages for the bowlers ranging from 95 to 178. If you have not bowled in years, come out and join the fun.

The top league standings as of Oct. 4 are Winners in first place, Huggers in second place and Hooks N Curves in third place.

Top scores for the week of Sept. 27 are:

Scratch Game – Huggers, 666 pins

Scratch Series – Huggers, 1,881 pins

Handicap Game – Rolling Rocks, 922 pins

Handicap Series – Gutter-snipes, 2,640 pins

High Average Men – Steve Mueller, 177 pins

Scratch Game Men – Gary Rebholz, 222 pins

Scratch Series Men – Stan Galinn, 562 pins

Handicap Game Men – Bill Barrett, 268 pins

Handicap Series Men – Stan Galinn, 712 pins

High Average Women – Chris Porter, 170 pins

Scratch Game Women – Chris Porter, 185 pins

Scratch Series Women – Chris Porter, 522 pins

Handicap Game Women – Kazue Waller, 239 pins

Handicap Series Women – Dorothy Adelman, 686 pins

Top scores for the week of Oct. 4 are:

Scratch Game – Huggers, 667 pins

Scratch Series – Huggers, 1,879 pins

Handicap Game – Lightnin' Strikes, 945 pins

Handicap Series – Winners, 2,569 pins

High Average Men – Steve Mueller, 178 pins

Scratch Game Men – Steve Mueller, 206 pins

Scratch Series Men – Steve Mueller, 544 pins

Handicap Game Men – Bruce MacDonald, 271 pins

Handicap Series Men – George Spangler, 729 pins

High Average Women – Chris Porter, 169 pins

Scratch Game Women – Chris Porter, 192 pins

Scratch Series Women – Chris Porter, 491 pins

Handicap Game Women – Betty Roeder, 238 pins

Handicap Series Women – Flo Reilly, 655 pins

You do not need to be a good bowler to join the league. Come for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11. If interested in joining, call Rita at (301-814-9196).



■ Golf Club

September and October Results

Compiled by Rita Molyneaux

Sept. 24, 2019

9-Hole Ladies

Low Gross and Low Net
Low Gross

1. (tie) Susan Newman, 51

Low Net

1. (tie) Marylee Amato, Kazue Waller, 34
3. (tie) Connie Park, Bev Haass, 37
5. (tie) Marilyn Sebastian, Julie Repeta, 38
7. (tie) Jenny Wilson, Clara Brincefield, 39

Sept. 25, 2019

Men's ABCD Stableford

1. Barry Falgout, Sperry Storm, Bob Rauner, 90*
 2. Kevin McMahon, Sam Pak, Richard Falck, 90*
 3. Doug Brasse, Carl Ridenour, Joe Genovese, Mike Makfinsky, 82
- *Ties broken by back nine score*

Sept. 26, 2019

18-Hole Ladies

ABCD Step Aside Scramble

1. Christa Storm, K.C. Choi, Marylee Amato, Susan Kim, 77

Sept. 27, 2019

Tw-Lite

1. Sperry Storm, Christa Storm, Joe Boland, K.C. Choi, 35
2. Richard Falck, Lois Falck, Doug Brasse, Jenny Wilson, 36
3. Bill Heyman, Sue Heyman, Michael Chang, Jenny Chang, 37

Oct. 1, 2019

9-Hole Ladies

Odd-Even Event

1. Bev Haass, Adrienne Tobin, 35*
 2. Young Sook Lee, Connie Park, 35*
 3. Jenny Wilson, Lois Falck, 36*
 4. Flo Merola, Nickie Lopes, 36*
- *Ties broken by hardest hole*

Oct. 3, 2019

18-Hole Ladies

Odd-Even Event

1. Mary Ko, Susan Kim, 60
3. Christa Storm, K.C. Choi, 62

Oct. 5, 2019

Men's Fall Classic

1. Armand Pepin, Bob Hudson, 112
2. Doug Allston, Pete Porrello, 114
3. Mike Makfinsky, Ken Katkowsky, 119

Closest to Pin

- #8 – Jack Frensilli, 9'11"
#16 – Alan Wilder, 28"

■ Golf Club

Trophies Awarded to Club's Top Golfers

by Brenda Curtis-Heiken

Eleven golfers received trophies at the Golf Club's Fall Meeting and Awards Ceremony in the Golf Lounge on Oct. 1.

Barry Falgout was named this year's Men's Champion. K.C. Choi received the trophy for the 18-Hole Ladies Champion, and Connie Park was named the 9-Hole Ladies' Champion.

Trophies were also awarded to Jack Frensilli, Joe Boland, Sam Choi (posthumously), Christa Storm, Clara Brincefield, Patti Howlin and Jack and Kathryn Frensilli. Club president Doug Brasse presented the trophies.

The 2020 Golf Club Board of Governor's election followed the trophy presentations. The 2020 Board of Governors are Doris DeSantis, president; Semoon Chang, vice president; Doug Cornish, secretary; Pat



18-Hole Ladies' Champion K.C. Choi, photo by Brenda Curtis-Heiken

O'Connor, treasurer; Ruth Cougnet, 9-Hole Ladies' chair; Christa Storm, 18-Hole Ladies' chair; and Jack Frensilli, Men's League chair.

Leisure World's representative to the Maryland Interclub Seniors Golf Association, better known as MISGA, is Sperry Storm.

Snacks and beverages were served after the election.

■ Tennis Club

Re-lined Courts Requested

by Alfonso Holston

At its October meeting, the Tennis and Pickleball Advisory Committee voted to recommend reconfiguring one of the tennis/pickleball courts by painting new lines in the spring of 2020.

Court 2, which currently is used for both tennis and pickleball play, would be re-lined for pickleball only. Court 1 would remain lined for both, and courts 3 and 4 would remain lined for tennis play only.

On Oct. 6, the Tennis Club

ended its 2019 season with its annual dinner. Norman and Mitz Estrin elegantly arranged the event, with music provided by Leeza Wildgen.

Tennis Play

The Club's season has ended, but tennis play still goes on. Round robin play is on Tuesdays and Fridays and advanced play in on Sundays, Wednesdays and Thursdays. Both types of play are held from 9:30-11 a.m. at the courts adjacent to Clubhouse II.

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■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

Sept. 25, 2019

1. Joyce and Dick Riseberg, 2,380
2. Linda Mihm and Norman Salenger, 1,380

Oct. 2, 2019

No game played.

■ Thursday Afternoon Ladies Bridge

Compiled by JoAnn Gellman

Sept. 26, 2019

1. Vicky Shaz, 3,710
2. Judith Lane, 2,680
3. Shirley Gilmore, 2,480

Oct. 3, 2019

1. Irene Shaulis, 4,020
2. Janet Danzinger, 3,000
3. Judy Krautwurst, 2,970

■ Friday Bridge

Compiled by Shirley Rosenhaft

Sept. 20, 2019

1. Betty Hecht, 2,830
2. Bernice Cohen, 2,590
3. Janet Danziger, 2,420
4. Mort Faber, 2,330

Sept. 27, 2019

1. Ruth Keane, 3,630
2. Sunny Levin, 2,650
3. (tie) Mort Faber, 2,440
- (tie) John Hashim, 2,440

■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each less than 1,000 master points. Flight C includes only ACBL member pairs, each less than 500 master points.

Tuesday, Sept. 24, 2019

North-South

Flight A

1. Ann Ruth Volin – Angela Riani
2. Allen Shaw – Patti Anschutz
3. Diane Keiper – Marshall Kramer
4. Dora Levin – Bernice Felix

Flight B

1. Dora Levin – Bernice Felix
2. Marilyn Rubinstein – Stanley Rosen

East-West

Flight A

1. Jerry Miller – Gerald Lerner
2. Doug Brasse – Merrill Stern
3. Mildred Lieder – Nancy Gordon
4. Hanna Schepps – Marlys Moholt

Flight B

1. Robert Kerr – Jim Anschutz
2. Leanna Gipson – Judy Tankersley

Friday, Sept. 27, 2019

One section only

Flight A

1. Murat Berk – Saul Penn
2. Leanna Gipson – Judy Tankersley
3. Mark Lavine – Patti Anschutz

Flight B

1. Leanna Gipson – Judy Tankersley
2. (tie) Nancy Gordon – Joan Marie Thomas
2. (tie) Michael Benefiel – Sid Lotlikar
2. (tie) Marcia Fletcher – James Cowie

Tuesday, Oct. 1, 2019

North-South

Flight A

1. Aaron Navarro – Gerald Lerner
2. Diane Keiper – Marshall Kramer
3. Beena Deshmukh – Madhav Deshmukh
4. Stephan Billstein – Angela Riani

Flight B

1. Beena Deshmukh – Madhav Deshmukh
2. Stephan Billstein – Angela Riani

East-West

Flight A

1. Doug Brasse – Merrill Stern
2. Jerry Miller – Marlys Moholt
3. Saul Penn – Robert Kerr
4. Howard Brewer – Joe Boland

Flight B

1. Marcia Fletcher – Michael Benefiel
2. Liz Ferraro – Alan Ferraro
3. Susan Weiss – Sue Swift

Friday, Oct. 4, 2019

North-South

Flight A

1. Allen Shaw – Patti Anschutz
2. Judith Lindley – Wendy Flannery
3. (tie) Mark Lavine – Dora Levin
3. (tie) Robert Catlett – Robert Kerr

East-West

Flight A

1. Murat Berk – Saul Penn
2. Leanna Gipson – Judy Tankersley
3. Doug Brasse – Bernice Felix
4. Kimi Sugimura – Beth Harper

Flight B

1. Leanna Gipson – Judy Tankersley
2. Doug Brasse – Bernice Felix

Flight C

2. Marcia Fletcher – James Cowie

A newcomer duplicate game is held on Monday, Oct. 21 at 6:30 p.m. in Clubhouse I. Bridge players who are unfamiliar with duplicate will partner with experienced duplicate players in a relaxed setting.

A brief lesson on one aspect of bridge will precede the card play. Email (jerroldmiller@yahoo.com) for more information.

Regular duplicate games awarding ACBL masterpoints are held Tuesday and Friday at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com). Players who need a partner for either the Tuesday or Friday game should call Shirley Light at (301-598-6611) at least 24 hours in advance.

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'Check' or Treat! Time for Halloween Knights

by Bernie Ascher

Halloween, the holiday that gives us an excuse to wear silly costumes and eat sugary candies, is one of the most commercial of U.S. holidays.

According to the National Retail Federation (NRF), the week before Halloween is the second busiest shopping week of the year. Consumers spend billions of dollars on candy, costumes, pumpkins and decorations.

Children of all ages dress up in masks and costumes and walk from house to house, seeking handouts. Parents usually accompany the younger ones. The threat is implicit: persons who do not give treats will suffer bad consequences. The term "trick or treat" entered the lexicon only as recently as the 1920s, according to Smithsonian Magazine.

This year the NRF expects Halloween spending to reach \$8.8 billion, of which \$2.7 billion will consist of decorations; \$2.6 billion, candy; and \$390 million on greeting cards. Twenty-nine million people will dress in costumes at a cost of \$3.2 billion. These are impressive sales figures, considering Halloween is not a gift-giving holiday.

Celebrants largely have forgotten the original religious purpose of the holiday. Halloween began hundreds of years ago as the Festival of Samhain in an ancient Celtic region in Britain. Held at the end of summer, the Celts believed it was the easiest time to communicate with the dead.

Around the world, people celebrate Halloween in different ways and sometimes on different days.

Ireland and Scotland celebrate the Festival of Samhain with bonfires, games and traditional foods such as barmbrack, an Irish fruitcake.

Japan has an annual children's parade (the Kawasaki Halloween Parade) with thousands of participants who must register and pay a fee in advance.

Mexico and parts of Latin America celebrate Día de los Muertes (Day of the Dead) on

Nov. 1 and 2, when souls of the dead return to Earth to be reunited with their families and join the festivities.

During Pangangaluluwa, children in the Philippines go from door to door in costumes, singing and asking for prayers for those stuck in purgatory.

Every two years, Nigerians celebrate the Awuru Odo Festival for up to six months with feasts, music and masks, honoring the return of the dead to the spirit world.

World travelers (about 1,000 each year) visit Romania to celebrate Halloween by attending tours and parties at Count Dracula's castle in Transylvania.

Chess has not escaped the commercialization and spirit of the holiday. Players can buy novelty chess sets with Halloween characters: pumpkins, skeletons, mummies, vampires, wizards, witches, zombies, ghosts, goblins and ghouls. A set may sell for

hundreds of dollars, but can be used all year round (once the players learn how to tell the pieces apart from each other).

Also, Halloween has infiltrated chess itself with a variation of the four knights opening named for the holiday: "The Halloween Opening," or "The Halloween Gambit," or "The Halloween Attack."

The Chess Club does not celebrate Halloween, as games are usually played during the safety of daylight hours. In the game pictured on this page, it is White's turn to move. What is White's best move?

The solution follows the usual message that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free. For further information, call Bernie Ascher at (301-598-8577).



SOLUTION: White moves the Bishop to h6, uncovering the Queen and checking Black's King. Black can interpose the Rook at g4, but White's Queen captures the Rook, forcing the King to move to h7. White then moves the Queen to g7. Checkmate!

So, do not wait for treats. Do not wait for tricks. Do not wait for communications with ghosts or spirits. Play chess now!

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Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).

• **Thursday Ladies Bridge** welcomes more card players. If interested, call JoAnn Gellman at (301-351-2391).

Chess: Free chess lessons on Mondays for beginners or "rusty" players. Call Steve Harvith at (301-801-4693) or Lark Keller at (301-219-5955) for appointments. The Chess Club meets every Monday, Wednesday, and Friday from 1-4 p.m. in Clubhouse II. Membership is free.

Cribbage: We meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

LW Golf Club: Come join the Golf Club members in a pickup 18-hole golf game every Tuesday and Friday at 11 a.m. All residents are welcome. You do not have to be a Golf Club member. You just need a current golf handicap or handicap index. Greens fees and cart fees apply.

Mah-jongg: Learn how to play mah-jongg. Call (301-598-3438).

Mind-Body Exercise Club: Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

Ping-Pong Club: Get healthy exercise and camaraderie playing ping-pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email her at (julie12401@netscape.net).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

• **Poker Game** openings are available at the Greens, Thursdays from 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Mondays and Thursdays from 1 p.m.-4:30 p.m. in the Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Thursday Night Poker meets every Thursday from 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Volleyball for Everyone. If you are a resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).



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CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

Journals of a Geographer, a CLL course: Geography is the study of places and the relationships between people and their environments. Geographers explore both physical processes and human processes that occur on the Earth's surface. Geography seeks to understand where things are found, why they are there and how they develop and change over time.

One tool that many geographers use is the journal, in which he or she makes analytical observations about a place or places. He or she often compares and contrasts the place with other places to ascertain what is similar and what is different between them and why.

This class, led by Tom Conger, will focus on geographical journals, some of which have been kept by such notable figures as Lewis and Clark, William Bartram and Henry David Thoreau. Also, a selection from Conger's personal journals will be reviewed, with an eye toward attaining a greater understanding of the world in which we live.

Participants in the class will be encouraged to share their own journals, and even photo albums from their most memorable adventures in the world.

Class meets Wednesdays, Nov. 6-Dec. 11 (no class Nov. 27), 1-2 p.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Life-long Learning (CLL) and its instructors, visit (www.cllmd.com).

MUSIC EDUCATION

NEW – Journeys and Experiences of the Musical Mind: Learn how music can transform your life forever! Dr. Harry N. Dunstan, the ever-engaging musicologist, historian, tenor and raconteur, returns on Monday evenings to lead this popular class.

Using the power of engaged listening, participants will begin with an overview of the basic elements that constitute music: melody, rhythm, tempo, harmony, tonality, modality, texture, form and medium. Participants will discover how the brain, mind and body perceive the elements of music and will gain a fuller understanding of how to experience them. Participants will learn the difference between the musical brain and the musical mind and experience how engaged listening to music can lead to a more enhanced life.

With Dunstan's recommendation, participants will

be able to make music one of his or her most effective medicines and learn how it can help them connect with a higher consciousness.

Class meets Mondays, Nov. 4-Dec. 9, 7-8 p.m. **Fee: \$50. Register at Clubhouse I.**

NEW – Amazing! Shocking! The Romantics! Frenzied passion! Unbridled genius! The virtuoso! The diva! The maestro! Unlimited excess! The Romantic period (aka the 19th century) was the most explosive era of artistic creativity in history, full of sound and fury, a world where imagination became reality.

In this class, participants will embrace the new worlds of music and art created by the Romantics – iconic artists that seemed to be in league with the very forces of the sacred and satanic.

Dr. Harry N. Dunstan animates, analyses and illuminates this most seminal and sensory century with his usual pithy charm and erudition. Lose all sense of proportion and be swept away by the sights and sounds of The Romantics!

Class meets Friday 11 a.m.-noon, Nov. 8-Dec. 20 (no class Nov. 29). **Fee: \$50. Register at Clubhouse I.**

TECHNOLOGY

NEW – Internet of Things: What is Email? If you don't have an email account, you're missing out on all the great services that come with it. It's easy to create a private username and password. Some of the best accounts are Google, Outlook (formerly Hotmail), AOL, Yahoo and iCloud, all of which are user-friendly.

This presentation will also provide an overview of YouTube, including how to navigate the site with ease, access its free movies and video content and connect email to it.

Please bring your mobile phone, pad/tablet or laptop to class.

For more information, contact Yolande Campbell at (202-689-4207) or email (clcyodavid2018@gmail.com).

Class meets Friday, Nov. 8, 10 a.m.-noon. **Fee: \$15. Register at Clubhouse II.**

Internet of Things: Understanding Social Media Basics and Etiquettes: Learn what social media and social networks are and get to know some of the popular and useful sites, including Facebook, Instagram, Pinterest, Twitter, GroupMe, WhatsApp, Snapchat, LinkedIn and Reddit. Social media sites make it easy and fun to share information and pictures and stay connected with family and friends online.

Bring your mobile phone, pad/tablet or laptop to class.

For more information, contact Yolande Campbell at (202-689-4207) or email (clcyodavid2018@gmail.com).

Class meets Friday, Oct. 25, 10 a.m.-noon. **Fee: \$15. Register at Clubhouse II.**

RELIGION AND PHILOSOPHY

Prayers in Judaism, Islam and Christianity: The three-session course on basic prayers in Judaism, Islam, and Christianity will deal with theological concepts inherent in the prayers. Discussions will follow for 15 minutes at the end of each session. Participants are encouraged to bring their own prayer books.

Class instructor Dr. Phil Wendkos served as a translator at the National Security Agency (NSA) and attended the American University of Cairo, Egypt, and the Hebrew University of Jerusalem, Israel.

Class meets Fridays, Nov. 8-22, 10:30-11:45 a.m. **Fee: \$30. Register at Clubhouse I.**

EXERCISE

NEW – Zumba Gold with Denny – Mondays, Wednesdays or Fridays: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Nov. 11-Dec. 16, 10:30-11:15 a.m.; Wednesday, Nov. 13-Dec. 18, 10-10:45; or Fridays, Nov. 15-Dec. 20, 1-2 p.m. **Fee: \$45 for one day per week; \$84 for two days per week; \$120 for three days per week. Register at Clubhouse II.**

NEW – Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Nov. 12-Dec. 17, and Wednesdays, Nov. 13-Dec. 18, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for two days per week. Register at Clubhouse II.**

NEW – Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow, low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Nov. 11-Dec. 16, and Thursdays (with Sue), Nov. 14-Dec. 19, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$38 for one day per week; \$63 for two days per**

week. Register at Clubhouse II.

Chair Yoga with Robin, Wednesdays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, Oct. 23-Dec. 18 (no class Nov. 27), 2-3 p.m. **Fee: \$110. Register at Clubhouse II.**

Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.)

– **Advanced:** Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Oct. 21-Dec. 9 and/or Thursdays, Oct. 24-Dec. 12 (no class Nov. 28, Thanksgiving), 9:15-10:15 a.m. **Fee: \$60 for one day per week; \$90 for two days per week. Register at Clubhouse I.**

Stretch, Tone and Balance for the Active Adult (10:30 a.m.) – Beginner to Moderate: This class is for beginner to moderate exercisers who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Oct. 21-Dec. 9 and/or Thursdays, Oct. 24-Dec. 12 (no class Nov. 28, Thanksgiving), 10:30-11:30 a.m. **Fee: \$60 for one day per week; \$90 for two days per week. Register at Clubhouse I.**

Chair Exercises for Strength and Mobility:

This class offers innovative new ways to exercise from a chair. Participants will use weights, rubber tubing and balls. Anyone who wants to exercise strictly from a chair is welcome.

There are many ways to overcome mobility restrictions and to reap the benefits of physical, mental and emotional rewards of exercise. So, bring yourself and a bottle of water for hydration, and join new friends for motivation! Remember, muscle knows no age, so it is never too late to become the best you!

Led by Linda Ginsburg, class meets Mondays, Oct. 21-Dec. 9 and/or Thursdays, Oct. 24-Dec. 12 (no class Nov. 28, Thanksgiving), noon-1 p.m. **Fee: \$60 for one day per week; \$90 for two days per week. Register at Clubhouse I.**

Tap Dancing in a Chair with Carol – a New Approach to Tap: If you are an experienced tapper

and miss it or a beginner who always wanted to tap, but right now your body says, “no,” this is the class for you. For experienced tappers, this will be a “remember when” and a “do I ever love tapping again”; for beginners, you’ll enjoy an easy start with the basics, and before long you’ll feel like a real tapper. (Experienced tappers who don’t need a chair are welcome to take the class, but all students work from a chair.)

Each class is two hours; the first hour will focus on beginning tap terms and combinations, and the second hour on more advanced techniques and dances. Students are welcome and encouraged to participate in either or both hours of instruction.

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the physical education department and, in the summer, continued to perform in local theater. While her career took her in another direction, her love affair with dance has never ended. For questions, call Carol at (301-598-5980).

Class meets Thursdays, Oct. 24-Dec. 5 (no class Nov. 28, Thanksgiving), 3-5 p.m. **Fee: \$40. Register at Clubhouse II.**

Body and Brain Chair Yoga with Christine: All yoga helps one to feel better physically, relieve stress and have more energy. So, what’s different about Body and Brain Korean Yoga? It focuses on gentle, fluid movements instead of holding poses, so it makes fewer demands on one’s balance and strength. This makes it easier and more fun for many individuals to achieve the results they want. One can start to experience benefits from the very beginning.

Participants will also learn traditional Asian healing principles and movements and how to use the brain to improve the body. With practice, a participant can enhance the quality of his

or her health and become a stronger and happier person. As a special bonus, try a non-surgical facelift – At the end of class, the instructor will share the five components of facial yoga to get a smoother, lifted look by relaxing and stimulating the facial muscles.

Class meets Wednesdays, Oct. 23-Dec. 18, 6-7:10 p.m. **Fee: \$96. Register at Clubhouse I.**

WATER EXERCISE

NEW – Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Nov. 12-Dec. 17, and Thursdays, Nov. 14-Dec. 19, 11 a.m.-noon. You can take the class on

Tuesdays or Thursdays, or sign up for both days. **Fee: \$38 for one day per week; \$63 for two days per week. Register at Clubhouse II.**

NEW – Non-impact Fusion Water Exercise with Shirley or Sue: This class is held in the round leisure pool (warm water). Dance, yoga poses and cardio movements are all fused

together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Nov. 12-Dec. 17, and Thursdays, Nov. 14-Dec. 19, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$38, one day per week; \$63 for two days per week. Register at Clubhouse II.**

NEW – Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Nov. 13-Dec. 18, from 1-2 p.m. **Fee: \$38 for one day per week; \$63 when taken with one day of another water class. Register at Clubhouse II.**

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CALENDAR *of Events*

Dial 301-598-1313
for recorded Daily Events

Friday, October 18

Clubhouse I

9:30 a.m. Community Fair
10:00 a.m. JRLW Course: Israeli Cinema 1986-2008
10:00 a.m. Abstract Any Medium Art Class
10:00 a.m. Book Club Network: Bookies
10:00 a.m. Who Are The Great Composers? Class
12:15 p.m. Kiwanis Club
1:30 p.m. Watercolor II Art Class
2:00 p.m. Town Meeting Organization
3:00 p.m. Hispanos de LW: Bingo
7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. AARP CarFit
1:00 p.m. Zumba Gold Class
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge Club
3:00 p.m. Therapeutic Yoga Class
4:00 p.m. Pickleball Club
7:00 p.m. Baby Boomer Club: Movie

Saturday, October 19

Clubhouse I

9:00 a.m. Gentle Yoga Class
9:00 a.m. Cannabis 101 Club: Clinic Day
10:00 a.m. Open Art Studio
10:00 a.m. Community Shredding Day
Clubhouse II
9:15 a.m. JRLW Service
11:00 a.m. Pickleball Club
12:00 p.m. LW LGBTQ Alliance
2:00 p.m. Going It Alone Club: Social
7:00 p.m. E&R Event: The Four Seasons Dancers

Sunday, October 20

Clubhouse I

10:00 a.m. JRLW Brunch with Sheriff Darren Popkin
Clubhouse II
11:30 a.m. Pickleball Club
3:00 p.m. Rossmoor Camera Club
Photo Matinee: Baltimore, Beautiful and Historic

Monday, October 21

Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class
10:00 a.m. Basic Drawing Art Class
10:30 a.m. Stretch, Tone and Balance Class
11:00 a.m. Chair Yoga Class
12:00 p.m. Chair Exercises for Strength and Mobility Class
1:00 p.m. Oils and Acrylics Art Class
1:00 p.m. NARFE Round Table and Expo
1:30 p.m. Leisure World Chorale
1:30 p.m. Hadassah Judaic Study Group
2:00 p.m. Chair Yoga Class
2:00 p.m. CLL Seminar: “Decluttering”
6:00 p.m. Newcomers Duplicate Bridge Game
7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class
9:15 a.m. JRLW: Yizkor Service
10:00 a.m. Clipper Workshop
10:30 a.m. Zumba Gold Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class
4:00 p.m. Gentle Pilates and Therapeutic Vinyoga Class
5:30 p.m. Pickleball Club
5:30 p.m. Model Railroad Club
Operating Session
6:00 p.m. Lions Club

Tuesday, October 22

Clubhouse I

9:30 a.m. Any Medium Art Class
10:00 a.m. CLL Course: Advanced Conversational Spanish
1:00 p.m. Open Art Studio
1:00 p.m. CLL Course: Intermediate Conversational Spanish
1:00 p.m. RAG En Plein Air painting session on the Lanai
1:30 p.m. Book Club Network: Suspensers
2:00 p.m. Democratic Club: Speaker Toni Van Pelt, President of the National Organization for Women
5:00 p.m. Lawn Bowls Club
7:00 p.m. Trivia Club
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginner and Advanced Tai Chi Class
10:00 a.m. LW Apple Club Clinic
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Pickleball Club
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Exercise Class
2:30 p.m. Unitarian Universalists
4:00 p.m. Pickleball Club

Wednesday, October 23

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Any Medium II Art Class
10:00 a.m. EPAC: Fire Safety Symposium Morning Session
10:00 a.m. CLL Course: The Right to Vote – A History, Colonial America to the Present
11:00 a.m. Mild Exercise Class
11:00 a.m. Comcast Xfinity Demo Day: Informational Session
1:00 p.m. EPAC: Fire Safety Symposium Afternoon Session
1:00 p.m. Oils and Acrylics II Art Class
1:30 p.m. Health Advisory Committee movie and seminar: ‘Voices of Grief, Honoring The Sacred Journey’
2:00 p.m. LW Green
4:00 p.m. Comcast Xfinity Demo Day: Informational Session
6:45 p.m. Chicago Bridge

Leisure World Mutual Meetings

Oct. 23
Montgomery Mutual Board
9:30 a.m., Clubhouse I

Oct. 24
Mutual 10 Board
9:30 a.m., Sullivan Room
Mutual 20A Board
9:30 a.m., Party Room 2
Mutual 13 Board
1:30 p.m., Sullivan Room

Oct. 25
Mutual 17B Board
10:00 a.m., Party Room

Oct. 28
Mutual 23 Board
10:00 a.m., Party Room
Mutual 9 Board
10:00 a.m., Sullivan Room

Oct. 29
Mutual 17A Board
2:00 p.m., Party Room
Mutual 21 Board
2:30 p.m., Community Room 3

Oct. 30
Mutual 20B Board
9:30 a.m., Party Room 4
Mutual 19B Board
1:00 p.m., Sullivan Room

Oct. 31
Mutual 6C Board
9:30 a.m., Community Room
Mutual 26 Board
10:30 a.m., Party Room
Mutual 24 Board
1:30 p.m., Community Room

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Government Affair
Oct. 21, 2:00 p.m., Sullivan Room

Restaurant
Oct. 28, 10:00 a.m., Clubhouse I

LWCC Board of Directors
Oct. 29, 9:30 a.m., Clubhouse I
The meeting airs on Nov. 4, 6 and 8 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee
Oct. 18, 9:30 a.m., Sullivan Room
The meeting airs on Oct. 23, 24 and 25 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.

6:00 p.m. Body and Brain Chair Yoga Class
7:30 p.m. JRLW: Break the Fast Supper
Clubhouse II
10:00 a.m. Zumba Gold Class
11:00 a.m. Mild Exercise Class
11:00 a.m. Pickleball Club
11:00 a.m. Hadassah: Former Ambassador Stuart Eizenstat
1:00 p.m. Chess Club
1:00 p.m. Aqua Fit Class
6:00 p.m. EPAC: Fire Safety Symposium Evening Session

Thursday, October 24
Clubhouse I
9:15 a.m. Stretch, Tone and Strength Training Class
10:00 a.m. Watercolor I Art Class
10:00 a.m. Rossmoor Women’s Club: Luncheon and Fashion Show
10:30 a.m. Stretch, Tone and Balance Class

12:00 p.m. Chair Exercises for Strength and Mobility Class
12:30 p.m. Ladies’ Bridge
1:00 p.m. People and Pets Art Class
1:00 p.m. LWAAAC Healthful Thursdays
1:30 p.m. Wood Shop Users Group Training
2:00 p.m. CLL Seminar: Healthy Knees for Active Seniors
2:00 p.m. Democratic Club: Voter Registration Training
6:00 p.m. Lawn Bowls Club
Clubhouse II
9:00 a.m. Senior Sneakers
9:30 a.m. Beginner and Advanced Tai Chi Class
9:30 a.m. Quilting Group
11:00 a.m. Water Exercise Class
11:30 a.m. Pickleball Club
12:30 p.m. Men’s Bridge
2:00 p.m. Going It Alone Club: Members-Only Game Night

2:00 p.m. Model Railroad Club
Operating Session
2:00 p.m. Mind-Body Exercise Club
4:00 p.m. Pickleball Club
4:00 p.m. Friends of India
Association: Yoga Presentation

Friday, October 25
Clubhouse I
10:00 a.m. Abstract Any Medium Art
Class
10:00 a.m. JRLW Course: Israeli
Cinema 1986-2008
11:00 a.m. Who Are The Great
Composers? Class
1:00 p.m. Kiwanis Club: Workshop
1:30 p.m. Watercolor II Art Class
3:00 p.m. Hispanos de LW: Bingo
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
10:00 a.m. Chinese Club
10:00 a.m. Internet of Things: Social
Media Basics Class
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
1:00 p.m. Zumba Gold Class
3:00 p.m. Therapeutic Yoga Class
4:00 p.m. Pickleball Club

Saturday, October 26
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
7:30 p.m. Ballroom Dance Club
Clubhouse II
9:15 a.m. JRLW Service
11:00 a.m. Pickleball Club
2:00 p.m. LWAAAC Open House
2:00 p.m. Going It Alone Club: Social
7:00 p.m. Sock Hop Group

Sunday, October 27
Clubhouse I
10:30 a.m. Jewish Discussion Group
1:00 p.m. Women’s Fun Bunch:
Halloween Party
5:00 p.m. Italian Social and Cultural
Club: “I Love Lucy” and Pizza
Clubhouse II
11:30 a.m. Pickleball Club
2:00 p.m. E&R Movie: “At Eternity’s
Gate”

Monday, October 28
Clubhouse I
9:15 a.m. Stretch, Tone and Strength
Training Class
10:30 a.m. Stretch, Tone and Balance Class
12:00 p.m. Chair Exercises for Strength
and Mobility Class
1:30 p.m. Leisure World Chorale
1:30 p.m. Book Club Network: Fall
Readers
1:30 p.m. Hadassah Judaic Study Group
7:00 p.m. Bingo
Clubhouse II
9:00 a.m. Senior Sneakers Class
10:30 a.m. Zumba Gold Class
11:00 a.m. Chair Yoga Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Class
5:30 p.m. Pickleball Club
5:30 p.m. Model Railroad Club Operating
Session

Tuesday, October 29
Clubhouse I
10:00 a.m. CLL Course: Advanced
Conversational Spanish
1:00 p.m. CLL Course: Intermediate
Conversational Spanish
2:00 p.m. Cannabis 101 Club: Quarterly
Meeting
5:00 p.m. Lawn Bowls Club
7:00 p.m. Trivia Club
7:00 p.m. Duplicate Bridge Game
Clubhouse II
9:30 a.m. Beginner and Advanced Tai Chi
Class
10:00 a.m. LW Apple Club Clinic
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Pickleball Club
12:30 p.m. Scrabble Group
1:00 p.m. Stroke Support Group
1:00 p.m. Non-impact Fusion Water
Exercise Class
4:00 p.m. Pickleball Club
7:00 p.m. Rossmoor Camera Club
Competition: Looking Up

Wednesday, October 30
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. CLL Course: The Right to
Vote – A History, Colonial America to
the Present
12:00 p.m. Health Advisory
Committee: Pain Management Panel
2:00 p.m. Democratic Club: Letter
Writing Party
5:00 p.m. Crab Feast
6:00 p.m. Body and Brain Chair Yoga
Class
6:45 p.m. Chicago Bridge
Clubhouse II
8:00 a.m. Pickleball Club
10:00 a.m. Zumba Gold Class
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class
5:30 p.m. Model Railroad Club
Operating Session
7:00 p.m. Mindful Meditation
Organizational Meeting

Thursday, October 31
Clubhouse I
9:15 a.m. Stretch, Tone and Strength
Training Class
10:30 a.m. Stretch, Tone and Balance
Class
12:00 p.m. Chair Exercises for
Strength and Mobility Class
12:30 p.m. Ladies’ Bridge
1:00 p.m. 18-Hole Ladies’ Golf
Luncheon
2:00 p.m. CLL Presentation:
“Impeachment”
2:00 p.m. Memory Café
5:00 p.m. Lawn Bowls Club
7:30 p.m. E&R Event: Halloween
Dance Party
Clubhouse II
9:00 a.m. Quilting and Stitching
Group
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner and Advanced Tai
Chi Class
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge

1:30 p.m. JRLW Movie: “The
Waldheim Waltz”
2:00 p.m. Model Railroad Club
Operating Session
2:00 p.m. Mind-Body Exercise Club
3:00 p.m. Tap Dancing in a Chair
Class
4:00 p.m. Friends of India Association
6:00 p.m. Pickleball Club

Friday, November 1
Clubhouse I
10:00 a.m. JRLW Course: Israeli
Cinema 1986-2008
11:00 a.m. Who Are The Great
Composers? Class
1:30 p.m. Watercolor II Art Class
2:00 p.m. AARP Driver Safety Course:
Conversations with Older Drivers
3:00 p.m. Hispanos de LW: Bingo
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Zumba Gold Class
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
3:00 p.m. Therapeutic Yoga Class
4:30 p.m. Pickleball Club

Saturday, November 2
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. American Needlepoint
Guild (ANG)
1:00 p.m. The Washingtonians
7:00 p.m. Sock Hop Group
Clubhouse II
8:00 a.m. Pickleball Club
9:15 a.m. JRLW Service
2:00 p.m. Going It Alone Club: Social
6:00 p.m. JRLW: Farewell to Sabbath

Sunday, November 3
Clubhouse I
10:00 a.m. Democratic Club: Brunch
with Rep. Jamie Raskin
Clubhouse II
11:30 a.m. Pickleball Club
2:30 p.m. Fireside Forum Program:
The Smithsonian Castle and the
Seneca Quarry
6:30 p.m. Baby Boomer Club: Game
Night



Kitchen & Bath Remodeling

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With grab bars and good lighting- safety first!!
Comfort height toilets, shower seats, more...



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... BECAUSE WHAT SURROUNDS YOU REALLY MATTERS.

TUESDAY, OCTOBER 22, 2019
10:30 A.M. – 12:30 P.M.

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DISCOVER our innovative approach and programs including those designed to stimulate memory.

MEET our staff, trained in assisting those with Alzheimer's and memory loss.

ENJOY our 220-acre campus and our live-in pets.

Please register with Toni Davis at 301-388-7209
or tdavis@bgf.org by October 20.



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CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

ESTATE SALES

ESTATE SALE. Oct. 18 and 19, 10 a.m.-3 p.m. 15121 Glade Dr., #2A. Gently used antiques, furniture, carpets, kitchen items, collectibles, art supplies, artwork and so much more! Everything must go!

ESTATE SALE on Saturday Oct. 19, from 9 a.m.-3 p.m. at 15033 Westholm Ct. Furniture, kitchen items, jewelry, porcelain, glassware, lamps, framed prints, women's shoes and clothing and more!

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (theatticllc.com) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC — I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a **NEW REAL ESTATE PARTNERSHIP**, Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to review our current listing choices, to see other available properties and to request a free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

The number of **PATIO HOMES** for sale is at an all-time low! If you have been thinking of selling, now is the time. \$\$\$\$\$\$\$\$ Douglas Realty (866-987-9397). Call Eve Rados Marinik, (301-221-8867) (evemhomes@gmail.com) for a free market analysis of your home.

COMING SOON: THE GREENS, 3 bedrooms and 2 full baths, garage, close to elevator, HWF, updated

kitchen, low \$300,000s. Coming soon: Pine Orchard, 2 bedroom and 2 full bath, all utilities included, \$162,000. Douglas Realty (866-987-9397). Call Eve Rados Marinik, (301-221-8867), (evemhomes@gmail.com).

CONDO COMING SOON in Leisure World. Newly renovated 1273 sq. ft. 2nd floor condo near elevator. 2 bdrm., 2-bath liv-dining combo with covered assigned parking space. New kitchen with cabinetry, appliances, carpeting, freshly painted. (240-812-2447).

REAL ESTATE FOR RENT

3 BEDROOM, 2 FULL BATH patio home with eat-in kitchen, 1 car garage. Furnished. Utilities included. \$3,950 per month. Call (410-868-1110).

\$1,800: 2 BEDROOM, 2 FULL BATH in Fairways South, garage space included. Ground floor. 1 bedroom in Fairways North, \$1,550, 3rd floor. Douglas Realty (866-987-9397). Call Eve Rados Marinik, (301-221-8867)

GARDEN TWO-BEDROOM, two-bath condo available for lease the first of November. Premier community of Leisure World for adults 55 plus! This condo features fresh paint, side-by-side washer/dryer and new quartz kitchen countertops. Living room, small enclosed sunroom and outdoor patio with a spectacular view. Call (301-598-6451) to schedule an appointment to see this exceptional home. No smoking! Pets considered, a reserved parking space, utilities and basic cable included.

LEISURE WORLD TOWNHOUSE. Below-market lease for good non-smoking 55+ tenant. References and credit will be checked. Pet

okay. Washer/dryer. Excellent neighbors. 3613 Glen Eagles Dr. No. 1. Two beds, 1.5 baths, 1445 sq. feet. (Johnhowardlindauer@gmail.com).

RENTAL WANTED

My name is John Whitney. I am looking to **RENT A GUEST BEDROOM** somewhere in Leisure World. I am a 62-year-old male. I am currently renting a room from Dennis Evans in The Greens, Building 1. If you have a room that you would like to rent, contact Dennis and/or me at any of the following: (John.justin.whitney@gmail.com) or (410-548-2140), (Devans162@comcast.net) or (240-560-6277) or (703-307-8353) or (240-228-6916).

CEMETERY PLOTS

TURF TOPPED CRYPT B1. 12. Sec 4 Unit 437, levels A&B. Consists of one unit, two chamber. Tier type (2 burial rights) includes "C" bronze 24x14 with vase and granite. Value \$9,995. Asking \$4,997.

AUTO SALES

2016 TOYOTA CAMRY LE. Four-door. MD-inspected, like new. Only 13,500 miles. One owner. \$17,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2002 CHRYSLER CONCORDE LIMITED. Loaded with sunroof, leather interior, chrome factory wheels. MD-inspected, only 43,000 miles. Previous LW owner. \$7,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

I BUY CARS and trucks. Fast and courteous service. Licensed dealer. I will come to you to look at the vehicle. Tom (301-806-8140).

2013 MERCEDES-BENZ SLK250 Roadster. 19,779 miles, just broken in. Retractable hardtop.

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TRANSPORTATION SERVICES

DRIVER WITH CONCIERGE STYLE at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a four-door Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any personal assistance you may need. Call Ken at (508-612-9647).

DRIVER with 25 years' experience. I am a Leisure World resident. I am working as an Aide Nurse. Drive anywhere. Comfortable, smooth, safe. Accident-free record. Clean vehicle. I'm available 24/7. Call or text (703-649-1293).

YOUR PERFECT PRIVATE DRIVER is right here! Lifetime DC Metro resident. Friendly, reliable, competent service. Safe, accident-free record. Comfortable, clean vehicle can seat up to six passengers. Airports, cruiseports,

trains, theatres, casinos, restaurants, festivals, ceremonies, medical appointments... To/from anywhere, including long-distance trips in other states. Reservations are recommended. Call 7 a.m.-10 p.m. with questions or to arrange/guarantee your ride. Available 24/7. Emergency calls, if needed. Steven Saidman. Cell/text (301-933-8899). Email (steve.your.driver@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 250 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146).

ELDERLY CARE: Over 10 years' experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

OVERNIGHT CAREGIVER with more than 14 years' experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends and clients in facilities to group home members and privately cared-for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. Arafa (240-883-

8933), (brownzebra@hotmail.com). Availability: 10 p.m.-7 a.m.

HI, MY NAME IS DENISE. I have been a caregiver for my mother and father for many years. I am very patient and caring. Very reliable and responsible. Love to talk. I can also clean with a big smile. Affordable, part-time. Please call me: Denise (301-237-8874).

OVER 20 YEARS' experience full/part-time or live in caring for babies, Alzheimer's, elderly and terminal patients. Excellent driver, reliable trustworthy, dependable. References. Gloria (240-660-7937).

ATTENTIVE, COMPASSIONATE CAREGIVER, Jamie, would like to assist you with your daily needs. Jamie has a lot of experience with elder care as she has been working at the Brooke Grove Nursing Home for quite some time. Please call her at (301-980-8432). Thank you.

Leticia Adu is my name. Am a CNA/GNA/MED TECH. I provide quality and affordable care for elderly. I have 13 years' experience. I give personal care, companionship, housekeeping, shopping, appointments, etc. Please contact me (301-793-3989) or (240-252-0439). Email me on (mumbea2002@yahoo.com).

Augusta Obimpeh is my name. Am a CNA/GNA/MED TECH as well

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as LPN. I have 16 years’ experience caring for elderly. I provide long- and short-term care — very affordable companion care, nursing care, housekeeping, etc. Contact me on (240-883-8126), (240-252-0439) or (301-793-3989). (sweetieamae@yahoo.com)

EXCELLENT CAREGIVER

AVAILABLE: Highly competent, trustworthy, flexible, and caring — cared for my parents for over five years. Leisure World resident. Highly recommended. (301-509-7234).

CERTIFIED NURSING ASSISTANT.

Over 30 years working in Leisure World. Excellent references and experience. Own transportation. Doctor’s appointments, groceries, other errands and light housekeeping. 24 hours. Please call Divina any time (240-463-1199).

CERTIFIED NURSING ASSISTANT.

Over 12 years’ experience with elderly. Reference available. Providing hygiene care, meals, light housekeeping. Call (240-701-9788).

SPECIALITY IN PRIVATE DUTY

cases. 20 years’ home health services expertise. Light housekeeping, running errands, special needs, doctors’ appointments, ADLs, companionship, meal preparation, medication reminders and more! Bebe (240-481-7055), (kmabinty78@yahoo.com).

HIGHLY-DEPENDABLE and extremely compassionate caregiver with 11+ years’ extensive experience in providing timely and friendly care to elderly and disabled clients. A warm-hearted individual who performs personal care activities in a manner that maximizes clients’ independence and dignity in a safe environment. My core competencies include: • companionship • meal preparation • light housekeeping • bath assistance • general assistance • appointment management • errand-running • personal care • excellent communication skills (bilingual English/Spanish). (301-646-2132), (monicamanzano585@yahoo.com).

I AM A CNA. Licensed in nursing, RN in Philippines. 18 to 20 years’ experience as a caregiver. Worked 3.5 years in assisted living, and private duty for more than 15 years. Duties include personal hygiene, light housekeeping, shopping, meal preparation, dressing, errands, cooking, doctor’s appointments, medication reminders. Own car. Dependable, loving, hard worker with excellent references. (301-820-0421).

CNA/MEDTECH/CPR with First Aid. Licensed. Experienced working with elderly. Have worked with agencies, assisted living in hospitals and also private duty. Am available full-time or part-time. Please call (301-793-7090).

LOOKING FOR PRIVATE DUTY. My name is Beatrice. I have

experience as CNA. Worked at Hebrew Home for over 15 years. Assist the patient in daily duties, driving, doctors’ appointments, meal preparation, light housework, etc. References: John (202-253-4797), Kobie (813-767-0504), Jim (301-310-6172). Call (301-728-7533).

I am a CNA, MED TECH with a certificate in autism spectrum disorders. I have extensive experience working with a major hospital for more than 15 years, with excellent references. I also worked private duty with many clients in MD and DC. I am available full-time or part-time. Please call Frances (301-943-8828).

AFFORDABLE, DEPENDABLE CAREGIVER for 17 years, with good references. DC, MD CNA license. CPR, First Aid. Tel: (240-701-6129).

LOVING, CARING PERSON. Have worked in Leisure World for 12 years. I am looking for a full- or part-time job, Monday-Friday. LW reference. Please call Alice (240-839-0087).

SPECIAL HANDS HEALTH CARE.

Certified Geriatric Nursing Assistant seeking to work nights (Monday-Friday). Licensed by Board of Nursing. CPR-certified. Excellent references from top agencies. 10 years’ experience. Alzheimer’s, dementia, stroke, hospice care and more. Call (240-304-0448).

HOME SERVICES

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

LANDSCAPING SERVICES: reliable, affordable and experienced. Fall cleanup and trimming. Shrubbery trimming, weed removal, mulching, design and potting. Houseplant services also available. Beautifying LW, one property at a time! Call Greg at (240-994-5258), (gmarinik@gmail.com). References provided.

CABINET REFACING AND KITCHEN REMODELING – Kitchen Saver has been making kitchens accessible for safe independent living for over 30 years. Quality workmanship by our own company-employed installers (no subcontractors), superior materials and innovation have been our watchwords. As a multiple Angie’s List Super Service Award winner, we will exceed your expectations. For a free consultation contact us at (800-427-0108) or visit our website at (www.KitchenSaver.com) and prepare to be impressed!

POTOMAC WINDOW CLEANING Company — Family-owned and operated for 35 years serving the local area. Careful workmanship. Licensed, bonded and insured. (301-656-9274). The Montgomery family thanks you for your interest.

SMALL MOVES and TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA’S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

CARLA’S HOUSE CLEANING — I will concentrate on what is important to you. I will adjust my hours to your satisfaction. Outstanding references and work with free estimates. Call or text (240-551-2707).

COMPUTER HELP

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

COMPUTER LESSONS / SERVICES — Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for electronics and computers. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups.

A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

INTERNET FOR ALL LW residents is coming! Get personalized help in connecting your phone, tablet or computer. We also sell easy-to-use computers. Our price is \$50 to fix your problem within 1 hour or it’s free. Easy Elder Tech (301-802-6633).

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don’t let your precious photos be forgotten or fade over time. I’ll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they’re scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with senior care and the care of seniors’ pets. Safe/reliable door-to-door transportation as needed. Assistance with pet care. Dog walking and pet sitting as needed. Transportation for grooming/vet appointments. I’m a 57-year-old semi-retired doctor, Leisure World resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

HOUSE CALLS LLC. Beth Albaneze, CTRS, CPRP, Owner. We come to your home for your convenience when faced with acute or chronic life issues. All our services are under one umbrella with a variety of professionals to choose from: counselors, advocates, resource experts, life coaches, recovery specialists, recreation therapists, insurance advisers. Contact Beth at

(301-346-6732) or (callingonbeth@gmail.com). Web: (www.callingonbeth.net).

LIFE STORY LEGACY VIDEOS — Tell stories about your family and your life journey on video. The video will feature your most treasured photos of grandparents, parents, relatives, friends, and special events. Preserve the legacy of your experiences for family, friends and future generations. Research indicates that reflecting on and sharing your life journey has lasting benefits. Learn more at (www.lifestorylegacyvideos.com) or contact Bryon at (301-685-3300).

NEED ASSISTANCE with appointments, shopping, scheduling, errands, medication reminders, meal-planning and preparation, downsizing, de-cluttering or organizing? Years of experience in non-medical companion care. Currently studying Universal Design and Home Modification for accessibility. Clean background, don't drink or smoke, excellent driving record, and get along with most pets. Instructor in CPR/AED and First Aid. Reliable, punctual, efficient with a great attitude. Bonded and Insured. (www.gatekeepercompanioncare.com) (301-371-2210)

DRIVER/ASSISTANT: Shopping, medical appointments, errands, light housekeeping/cooking, odd jobs. Fond of seniors, 10 years' experience, own car. References available. \$17/hour. Please call Justin Faircloth (240-205-3562).

NOTARIES

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

PET CARE

DOG WALKING SERVICES — Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Other services include dog or cat companion visits, and feeding at mealtime, if owner is away. Please call (301-598-3454) for more information.

In need of **PET SITTING** or **DOG WALKING**? Call Ryan at (301-691-8027). Experienced in giving medication to pets. References available. Email at (costantino.ryan@gmail.com). Thanks!

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

NO LONGER USING YOUR CAR? Residents with an unused or unwanted vehicle can donate it to Vehicles for Change. They'll pick it up for free and you earn a tax deduction for the fair market value. Why VFC? As a nonprofit, they match each donated car with low-income families in need of transportation. Your car could be a family's ride out of poverty. Donate today at (www.vehiclesforchange.org) or call (855-820-7990).

JOB OPPORTUNITIES

CUSTOMER SERVICE/BRAND AMBASSADOR — Tired of being retired? Kitchen Saver is looking for Brand Ambassadors to represent us at events. Perfect for those who are outgoing and passionate about helping others. If you are looking to supplement your retirement goals in a flexible environment, contact Tish today at (443-789-6956).

ACTIVITY OPPORTUNITIES

Here is an opportunity for you to **WRITE ABOUT YOUR LIFE** — two pages at a time, one week at a time, one theme (e.g. family, work, health) at a time. Between group sessions you do the writing. During

each session, you read it aloud in a small, supportive group and others respond in ways that allow you to feel heard. More information is on my Write Your Life Stories Facebook page, (www.facebook.com/writeyourlifestories/). To contact me, email me at (saraperry7@icloud.com) or send me a message on the Facebook page. Sara Perry, M.Div., MSW, LCSW-C, mostly-retired Hospice Social Worker, Hospice Volunteer, and Certified Guided Autobiography Instructor.

MAH-JONGG, "AHH!" Looking to join a friendly daytime game, I am experienced and love playing and "joking." Please call Roberta at (301-598-5453). Talk

SCRABBLE CLUB FOR WOMEN — seeking a few new members — Club meets at founder's LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using 'official Scrabble rules' and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call ((571-236-1775) in MD in LW).

BOOK CLUB FOR WOMEN — seeking a few "Serious Readers": 15+ year-old club reads award-winning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhmc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhmc.org) or (301-424-0656, ext. 541) if interested.

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton,

Now Open. Let's celebrate!

Are you ready for service that goes over and above? Are you ready for care that goes the extra mile? Then, yes indeed, you may just be ready for assisted living and memory care with *A Whole Lotta Heart*.

Come find out at our Grand Opening Celebration! Take a tour of our beautiful community, enjoy live entertainment and dancing, sample delicious fare prepared by our chef, and enter to win one of our amazing raffle drawings.

Thursday, October 24th | 4:00—8:00 pm

All are welcome. We hope you will join us!



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Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference in a child’s life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

VOLUNTEER TUTORS and FACILITATORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, conversational English classes, and a new GED Program. No experience necessary. We provide materials, training and ongoing support. Sign up for an information session online at (www.lcmcmd.org) or call Raul Marin at (301-610-0030, ext. 211), or email (Raul@lcmcmd.org).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.

animalalliesrescue.org). Follow on Facebook. AARF is 501(c)(3) all-volunteer non-profit.

FREE BOOKSTORE seeks volunteers, donations. Velocity of Books opened the first all-free bookstore in Montgomery County at Westfield Wheaton by Hollywood East Café, near Metro entrance. Store open during mall hours. Thousands of books available for kids and adults. To volunteer: (https://volunteersignup.org/7APPQ). Book donations up to five boxes at a time may be brought to the store. Larger donations may be picked up; email (VelocityofBooks@gmail.com).

MONTGOMERY HISTORY, a local nonprofit located in downtown Rockville dedicated to collecting, preserving, interpreting and sharing the histories of Montgomery County’s residents, is seeking volunteers in the following areas: museum docents (weekends and holidays); library assistants (weekdays); special events volunteers (weekdays and weekends); and communications and outreach assistants (weekdays only). For a list of volunteer opportunities please visit: (https://montgomeryhistory.org/intern-volunteer-opportunities). Contact Matthew Gagle, outreach and volunteer coordinator, at (mgagle@montgomeryhistory.org) or (301-340-2825).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

UPCOMING EVENTS

On Sunday, Oct. 20, at 2 p.m., the Friends of the Library, Rockville Memorial Chapter will host Dan Balz, who will speak on “The Current Political Climate.” Dan Balz is chief correspondent at The Washington Post, a regular panelist on PBS’ “Washington Week” and a frequent guest on Sunday morning talk shows and other programs. The talk will be followed by a Q & A session. Tickets required: Pick up your free ticket at the Friends of the Library table in the library atrium starting at 1 p.m. the day of the program. Space is limited; seating will be first come, first seated.

YOGA FOR ALL. Join Becca Thomas, certified yoga instructor, for an all-levels yoga class focused on alignment to build strength, explore flexibility and connect

breath and movement. Options for more advanced poses or transitions. Expect a short meditation at the end of each class. No registration is needed but space is limited. Bring a mat and water and dress in comfortable clothes you can move in. Some blocks and straps will be available for those who choose to use props. Third Monday of every month. Monday, Oct. 21, 10:30-11:30 a.m. Twinbrook Library, 202 Meadow Hall Dr., Rockville, MD 20851.

“WHITE ELEPHANT” by Julie Langsdorf. Fall and Ice Author Series. American dreams collide in this comedic novel set in a quaint Maryland town. Wednesday, Oct. 23, 6:30-7:30 p.m. Kensington Park Library, 4201 Knowles Ave.

Aspen Hill Library USED BOOK SALE will be held on Saturday, October 26, from 10 a.m. to 4 p.m., at the Aspen Hill Library, 4407 Aspen Hill Rd., Aspen Hill, Maryland. Over 8,000 books organized into over 35 subjects, plus tons of kids’ books. DVDs and music CDs also available. Most of the stock has been received since our last book sale. Book, CD, and DVD donations are welcome at the sale. Sponsored by the Friends of the Aspen Hill Library. For more information, call (301-871-1113) or e-mail (aspenhill@folmc.org).

“MARYLAND’S PUBLIC GARDENS & PARKS” by Barbara Glickman. Fall and Ice Author Series. Wednesday, Nov. 6, 6:30-7:30 p.m. Kensington Park Library, 4201 Knowles Ave.

KENSINGTON PARK BOOK CLUB discusses “What The Eyes Don’t See” by Mona Hanna-Attisha. Flint, Michigan was already a troubled city in 2014 when the state of Michigan shifted its source of water from Lake Huron to the Flint River. This is the story of how a team of researchers, parents, friends and community leaders proved that Flint’s kids were exposed to lead through that water — and fought the government and a brutal backlash to expose that truth to the world. Wednesday, Nov. 20, 12:30 p.m. Kensington Park Library, 4201 Knowles Ave.

PORTRAITS OF CREATIVE PEOPLE: “CreativitY, with a capital WHY?” Photographer Larry Marc Levine captures creative people at work. On exhibit Thursday, Sept. 5 to Sunday, Nov. 24. Sandy Spring Museum, 17091 Bentley Road.

“FROZEN IN TIME: Hunting Meteorites in Antarctica for Signs of Life” by Danny Glavin, astrobiologist at NASA Goddard Space Flight Center. Fall and Ice Author Series. Thursday, Dec. 5, 6:30-7:30 p.m. Kensington Park Library, 4201 Knowles Ave.

KENSINGTON PARK BOOK CLUB presents “The Great Believers” by Rebecca Makkai. Nominated for

many awards, book, says Margot Livesay of The New York Times, “is by turns funny, harrowing, tender, devastating, and always hugely suspenseful. It reminds us, poignantly, of how many people, mostly young, often brilliant, were lost to the AIDS epidemic, and of how those who survived were marked by that struggle.” Wednesday, Dec. 18, 12:30 p.m. Kensington Park Library, 4201 Knowles Ave.

WANTED

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years’ experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers’ check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

CASH FOR OLD COINS. Local, private collector. Buying coins, jewelry, silver, gold. (301-639-4245).

WANTED: FIREARM COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).

CASH FOR WATCHES – Rolex, Omega, Patek, Vacheron, Audemars, Tudor, Zenith and others. Text/call Brody at (202-320-6380) or email: (dcwatchdc@gmail.com)

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- Rehabilitation can take years.

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- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
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- No expensive or time-consuming rehabilitation.
- No potentially addictive prescription medications.
- Recovery time is almost instant, not months or years.

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Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
3310 N LEISURE WORLD BLVD #414-6	Fairways North	Unit/Flat/Apartment	2	2	\$249,900	\$245,000	\$0
3310 N LEISURE WORLD BLVD #920	Fairways North	Unit/Flat/Apartment	2	2	\$159,900	\$159,900	\$1,399
3330 N LEISURE WORLD BLVD #5-703	Fairways South	Unit/Flat/Apartment	1	1	\$127,900	\$127,900	\$0
3632 GLENEAGLES DR #8-3G	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1	\$110,000	\$110,000	\$0
3640 GLENEAGLES DR #10-3B	Montgomery Mutual Coop	Unit/Flat/Apartment	1	1	\$80,995	\$80,995	\$0
3100 N LEISURE WORLD BLVD #919	Overlook	Unit/Flat/Apartment	2	2	\$245,000	\$245,000	\$0
3100 N LEISURE WORLD BLVD #709	Overlook	Unit/Flat/Apartment	2	2	\$414,000	\$400,000	\$0
14512 KELMSCOT DR #174-A	Rossmoor Mutual #10	Twin/Semi-Detached	3	2	\$379,900	\$380,000	\$0
3164 ADDERLEY CT #241-D	Rossmoor Mutual #11	Row/Townhouse	2	2.5	\$186,950	\$185,000	\$0
15101 GLADE DR #10-2C	Rossmoor Mutual #14	Unit/Flat/Apartment	2	2	\$179,900	\$179,900	\$0
3240 GLENEAGLES DR #102-1D	Rossmoor Mutual #5	Unit/Flat/Apartment	2	2	\$209,900	\$195,000	\$0
15107 INTERLACHEN DR #2-925	The Greens	Unit/Flat/Apartment	1	1	\$104,400	\$86,400	\$0
15100 INTERLACHEN DR #4-204	The Greens	Unit/Flat/Apartment	2	2	\$310,000	\$310,000	\$3,000
15100 INTERLACHEN DR #4-306	The Greens	Unit/Flat/Apartment	2	2	\$149,900	\$149,900	\$0
2900 N LEISURE WORLD BLVD #403	Turnberry Courts	Unit/Flat/Apartment	3	2	\$359,900	\$350,000	\$0
3200 N LEISURE WORLD BLVD #504	Vantage Point East	Unit/Flat/Apartment	2	2	\$299,000	\$290,000	\$0
3200 N LEISURE WORLD BLVD #920	Vantage Point East	Unit/Flat/Apartment	2	2	\$305,000	\$295,000	\$0
3200 N LEISURE WORLD BLVD #302	Vantage Point East	Unit/Flat/Apartment	2	2	\$260,000	\$250	\$0



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