Leisure World News

OF MARYLAND

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Lenore Conenello uses a potter's wheel during a class at Columbia Arts Center in Columbia, Maryland. Courtesy photo

From Clay to Display

Potter Prepares Work for Art Show, Arts and Crafts Bazaar

by Kimberly Y. Choi, Leisure World News

The complete idea — the fired ceramic in attractive form, the colors in their proper places — does not exist from the beginning.

Lenore Conenello starts a piece of pottery merely by asking herself what sort of object it will end up as: a bowl, a jar, a wine cooler.

After deciding, she sets a slab of clay on the wheel, and that is when, little by little, her vision and the piece take shape at the same time.

Conenello, who started learning how to make pottery 16 years ago, is preparing to exhibit at Leisure World's Art Show on Nov. 1 as well as sell at the Arts and Crafts Bazaar on Nov. 10.

An Idea Emerges

Wheel-throwing requires that she consider how broadly to open the spinning clay: a plate needs a wider base than a bowl, for example. From that point, the shaping is a bit of an improvisation, and even when the form is finished, the idea is still incomplete.

Sometimes the piece's form inspires her glazing choices. The wavy edges of one bowl led her to glaze it like a beach, starting with the color of sand and adding darker and darker greens to suggest swash upon the land.

In another of her designs, which she calls the "wave bowl," one edge of the bowl is folded over like a cresting wave. Accordingly, the bowl is glazed blue with white

Board Authorizes Consulting Firm to Negotiate Broadband Services

by Stacy Smith, Leisure World News

The Leisure World Community Corporation (LWCC) board of directors unanimously passed a motion at a special meeting on Oct. 12 authorizing management to enter into an agreement with Columbia Telecommunications Corporation (CTC) for broadband technical consulting services.

The LWCC board retained CTC's services in 2017, and CTC sent out a Request for Information (RFI) inviting respondents to submit their thoughts about potential services they could provide to Leisure World residents in a multi-year, bulk broadband (TV and internet) services contract.

CTC is "prepared to support [Leisure World of Maryland Corporation (LWMC)] in selecting a finalist from among its RFI respondents, and to begin negotiating an agreement with that potential partner in collaboration with LWMC," according to a written proposal dated Sept. 10, 2018 that CTC sent to general

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CCOC GRANTS RELIEF FROM STAY

by Leisure World News

The Commission on Common Ownership Communities (CCOC) on Oct. 4 granted Leisure World Community Corporation's (LWCC) and Leisure World of Maryland Corporation's Motion for Relief from Stay, filed Sept. 14, allowing the LWCC board of directors to resume taking actions.

The stay had been in place since Aug. 28, after resident Sheryl Katzman filed a complaint with the CCOC that claimed the LWCC board of directors is

illegally seated; county code requires that a community association "must not take any action to enforce or implement the association's decision [i.e. the subject of the CCOC complaint]" while the complaint is processed.

Katzman later filed a Motion to Enforce Stay after the LWCC board of directors held its regular meeting the morning of Aug. 28.

The CCOC has set a closed mediation session on the complaint for Thursday, Oct. 25.

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The midterm elections are held on Tuesday, Nov. 6. For information about the candidates and local events, see page 32.

Potter

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specks atop the "wave."

An array of "test tiles" in the ceramics studio, small pieces of clay coated with the available glazes, helps craftspeople select their glaze colors. Conenello considers which colors will harmonize well and how they will look on different types of clay.

Glazing techniques such as pouring and splattering produce unpredictable results, and the glaze behaves outside of human control a final time in the kiln. It might drip or leave streaks where her fingers molded the clay.

Some pieces have extra decorations. For a wine cooler she plans to sell, she sculpted a cluster of grapes to affix to the side.

It takes less than an hour for Conenello to finish her part of the labor, and up to months to receive the piece from the studio after it is fired with others' work in the

The Path of Artisanship

Conenello started taking pottery classes alongside her sister, an avid artist, when nearing retirement. While she stumbled through her early attempts, she persisted and reached an advanced level.

She continues to make

Conenello's pottery sits for sale at a local arts and crafts fair. She will exhibit her work at the Foundation of Leisure World's Art Show on Nov. 1 and offer it for sale at the Arts and Crafts Bazaar on Nov. 10. Courtesy photo

her pottery in a class in Columbia, Mary land. "There's always more to learn," she says. Though Conenello doesn't expect to reach a professional level, she has ideas for more advanced pottery she would like to try in the future.

to command a heavier chunk of clay, which is more difficult

to center upon the wheel and work into a shape, and craft a larger piece from it. Other aspirations include more intricate decorations, vessels that rest on multiple small 'feet' on the underside, and porcelain.

Pottery for Sale

The upcoming Arts and Crafts Bazaar will be her first time selling her pottery in Leisure World, but she has sold at other fairs. The location of the sale has some influence on what she chooses to sell. She finds, for instance, that buyers in Florida, where she lives for part of the year, are fond of green.

Her own apartment is decorated with her handmade

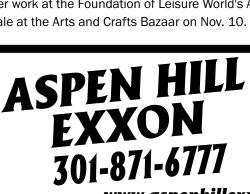


Conenello holds a bowl meant to resemble a beach: it She would like $\,$ begins with a sandy beige and progresses with darker and darker stripes of green to evoke deepening waters. Photo by Kimberly Y. Choi, Leisure World News

items, including a fruit bowl, a jar filled with some of her husband's belongings, a bowl holding electronics on the coffee table, a covered dish that her family uses for baking. Even a mistake unfit for sale—a jar flawed such that the lid is stuck—adorns her bathroom shelf.

Sixty pieces, according to her, is a good amount of merchandise. The number of pieces in her collection builds up over the course of months.

A bowl with irregular bands of brown and cream is her favorite object she's made. Even so, she is ready to part with it to someone else who sees its beauty. "Often I've said, 'You know what? I can sell my favorite piece and make a new favorite piece," she savs.





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Leisure World Ne

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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A Seat at God's Table



Shortened and reconstructed pews fill two of the rows in The Inter-Faith Chapel's sanctuary, allowing seating and greater accessibility for worshippers who use wheelchairs, scooters and walkers.

The sanctuary's new look is part of a larger redesign project completed by members of the Wood Shop Users Group this summer and includes new carpeting, choir chairs and electrical work. Photo by Stacy Smith, Leisure World News

■ Low Vision Support Group

Oct. 30: 'The Future of Eye Research'

by Larry Cohen

ongress established the National Eye Institute (NEI) in 1968 to protect and preserve the vision of the American people. As one of the federal government's National Institutes of Health, NEI conducts and supports research that helps prevent and treat eye diseases and other vision disorders.

Fifty years later, NEI has surpassed many scientific expectations and has so much promise for the future. Dedicated vision researchers and regular folks have achieved much of this hope and success.

Clinical trials in vision research have led to new medications, surgeries and methods for disease detection that have saved or improved the eyesight of millions of people.

On Tuesday, Oct. 30, Dr. Wai Wong, senior researcher at the National Eye Institute, and Dr. Suleiman Alibhai, low vision specialist and a director at Prevention of Blindness Society, present "The Future of Eye Research" at 10 a.m. in the Clubhouse II auditorium. Learn about groundbreaking vision

research progress that could





Dr. Wai Wong and Dr. Suleiman Alibhai, courtesy photos

preserve or restore people's sight, and how you or someone you may know may qualify to assist in this research.

November Meeting

The Group's next meeting is on Wednesday,



Nov. 14, at 1 p.m. in Clubhouse II. The Group will follow-up on what members learned at the Oct. 30 presen-

tation. The Group hopes to see you there.

General Information

Meetings of the Low Vision Support Group are open to all residents, and are held on the second Wednesday of the month at 1 p.m. in Clubhouse I. For more information about the Group or its programs, contact Larry Cohen at (topops@aol. com) or (908-770-9111).

Broadband

manager Kevin Flannery.

The consulting services agreement with CTC is for an amount not to exceed \$50,000, which will come from the Contingency Fund.

The Oct. 12 meeting of the LWCC board convened to resume governance after an automatic stay put in place by the Commission on Common Ownership Communities was

lifted Oct. 4. The board did not take any actions at its last regular meeting on Sept. 25.

The special meeting adjourned after the board passed a motion to go into closed session.

The next regular meeting of the LWCC board of directors is scheduled for Tuesday, Oct. 30, at 9:30 a.m. in Clubhouse I.

LWCC board meetings are open to all residents unless legally closed.

Nov. 11: Annual **Luncheon Honors** Veterans

by Marian Altman

Nov. 11, 2018 marks the 100th anniversary of Armistice Day, now known as Veterans Day. To honor this historic occasion, all Leisure World military veterans who served on behalf of the U.S. are invited to the ninth annual Veterans Day luncheon. It will be held on Sunday, Nov. 11, at 11 a.m. in the Clubhouse I Crystal Ballroom.

The luncheon is limited to veterans who reside or work at Leisure World. There is no charge for veterans. Each veteran may bring one guest, only, for \$25.

Reservations are on a first come, first served basis.

They should be made with

Tyra Thompson by email at (tyradv@yahoo.com) or by phone at (214-886-1729).

When requesting a reservation, include your name, address, the military branch in which you served and if you plan to bring a guest. Also, include a callback number where you may be reached.

Due to limited seating, you may be placed on a waitlist when capacity is reached.

Checks for guests should be made payable to Leisure World of Maryland Corporation or LWMC and mailed to Marian Altman at (15004 Westholm Ct., Silver Spring, MD 20906).

Checks must be received prior to Monday, Nov. 5, in order to secure a seat for you and your guest.

Leisure World Says 'Thanks' to WTTG



Local television station Fox 5/WTTG's Sue Palka holds a wooden plaque featuring the station's logo that was created by Wood Shop Users Group president John VanDyke using the shop's CNC machine.

The plaque was given to the station recently as a thank you gift for featuring Leisure World of Maryland as the subject of a "Zip Trip" on its morning program, "Good Day DC," which broadcast live from the community on June 29. Photo by Maureen Freeman, Leisure World

GOVERNANCE & Information

Oct. 21: Have a 'Chat with the Chair'

Norday, Oct. 21, Leisure
World Community Corporation
board of director chair Paul
Eisenhaur hosts a Resident Forum

"Chat with the Chair" – from
4-6 p.m. in the Clubhouse I Crystal
Ballroom.

The event is an opportunity for residents to learn about Leisure World governance and have their questions answered. Additionally, Dr. Jim Leong, Technology Advisory Committee chair, will provide an overview of broadband/internet services.



LWCC board of directors chair, Paul Eisenhaur. Photo by Leisure World News

The Resident Forum is free and open to all residents. Tickets are not required, but residents planning to attend are asked to RSVP by either dropping by the Clubhouse I E&R office or calling (301-598-1300).

– Leisure World News

Request to Join an Advisory Committee

by Leisure World News

R esidents who would like to request membership on an advisory committee should contact their mutual's board of directors, or visit their mutual's property manager or mutual assistant for a hard copy of the application.

To view or download a digital copy, login to (residents. lwmc.com) and click on the corresponding news alert at the top of the page.

Once filled out, return the application to your mutual assistant or property manager. The deadline to fill out and submit an application is Wednesday, Oct. 31.

Once all applications have been received, a full list is provided to the Leisure World Community Corporation board of directors for approval.

Plaintiff Withdraws from Lawsuit

C arole Portis has withdrawn as a plaintiff in a lawsuit filed against Leisure World.

Portis and eight other residents filed a class action lawsuit against the Leisure World Community Corporation (LWCC) and Leisure World of Maryland Corporation on July 19. The complaint asserted that the LWCC board of directors is illegally seated.

Portis continues to represent Mutual 22 on the LWCC board of directors.

A line to withdraw her as a plaintiff was filed in the court on Oct. 17.

– Leisure World News

Dial 301-598-1313 for recorded Daily Events

2018 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting
The Oct. 19 meeting airs on
Oct. 24, 25 and 26.

Board of Directors Meeting The Oct. 30 meeting airs on Nov. 5, 7 and 9.

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com
- Administration administration@lwmc.com
- Communications communications@lwmc.com
- Education and Recreation recreation@lwmc.com
- Physical Properties physical properties@lwmc.com
- Security security@lwmc.com

Nov. 3: Community Shredding Day

It's time to shred. Leisure World is hosting a Community Shredding Day on Saturday, Nov. 3, from 10 a.m.-1 p.m. Shredding trucks will be located in the Administration Building parking lot.

This is a great opportunity to reduce paper clutter in your home and free up space by permanently destroying outdated



Photo by Leisure World News

or unwanted files and documents. You can bring your papers and watch them get destroyed on the truck right in front of you.

Do not bring the following items:

newspapers, brochures and magazines that go in your regular recycling; batteries; media of any kind; hanging folders; or large metal objects.

Energy Savings You Can Tap Into

by Joe Halpin and Radha Pillai

Saving energy is good for the environment and can save money. When a resident makes Energy Star improvements to their home, financial incentives are available from Pepco and local, state and federal governments.

Pepco will install a web-programmable thermostat or outdoor switch in the home and cycle it during peak-use times in exchange for bill credits, at no cost to the homeowner. During "peak demand" times, Pepco's Energy Wise Rewards program works to reduce electricity usage by "cycling" central air conditioners (AC) or heat pumps (HP), thereby reducing the need for costly, new electrical infrastructure.

For more information, visit (https://energywiserewards.pepco.com/md/enroll/) or call (1-866-353-5798).

Peak Energy Demand Days

Pepco's Peak Energy Savings program can qualify members for credit on their bill when energy demand is at its peak. From June through September between noon-8 p.m., turn off some lights, close the shades or blinds, do not use the washer, dryer, dishwasher and/or stove and increase the home's thermostat setting by a degree or two. This program is available to individual residences (non-master meter and non-multifamily residences) and certain businesses.

For more information about the program, visit (https://www.pepco.com/WaysToSave/ForYourHome/Pages/MD/PeakEnergySavingsCredit.asx). The program does not require any supplemental equipment. To enroll, call (1-855-730-PEAK) and choose to be notified by email or phone.

Leisure World Master meter customers participate in the Demand Response program and receive robocalls requesting a reduction in electricity use during peak demand days. The savings reduces the electricity cost for all master metered residents and Trust properties, and can result in an annual rebate.

Upgrades

For homes not on the master meter, any Pepco equipment upgrade-related rewards must be done through the PEPCO multifamily program, which requires that energy efficient improvements be made through a bulk purchase of equipment. For more information, contact Pepco contractor Sandy Barrier at (443-718-4866).

Consider also that upgrades to AC or HP equipment for master metered homes reduce the homeowner's annual utility cost, reflected in the home's E-rating.

For an E-rating change request form and instructions, visit (residents.lwmc.com) and click on PPD under the Services and Amenities dropdown menu. Then scroll down the page to the E-Rating Change Request. Residents can request a form from their Mutual Assistant or pick one up from PPD.

The submission deadline for the E-rating change request form is due by Aug. 1 each year. The E-rating change is reflected in the following year's condo fee. Individual home E-rating changes are only for HPs.

For those homes not on the master meter account, Pepco's Energy Rewards Program will give rebates for lighting, appliances, and heating and cooling equipment. For more information, visit (https://homeenergysavings.pepco.com/residential/rebates).

Quick Home Energy Check-Up

Pepco's Quick Home Energy Check-Up (QHEC) provides a homeowner with a trained energy analyst who will assess the home's energy use, recommend energy-saving improvements and install energy-saving products, at no charge.

The products include LED light bulbs, pipe wrap for electric hot water heaters, ShowerStart™ showerhead adapter, efficient-flow showerheads, faucet aerators and smart power strips.

QHEC is not available for those who have taken advantage of the program in the past or for residents on the master meter. In an effort to increase participation, a mutual representative should coordinate this program. That person in turn would coordinate the program implementation with one of the selected QHEC contractors.

More information is available at (https://homeenergysavings.pepco.com/quick-home-energy-check-up-program/overview/how-it-works) or by calling (1-866-353-5798).

Learn about more energy-related incentives from Pepco by visiting (http://www.pepco.com/WaysToSave/ForYourHome/Pages/Maryland.aspx).

State and Local Programs

Montgomery County residents may be eligible for a property tax credit of up to \$250 for improvements which reduce their energy demands, such as air-sealing and insulation, energy-efficient heating and cooling equipment, windows and doors.

The application for this credit is available at (https://www3.montgomerycountymd.gov/311/Solutions.aspx?SolutionId=1-421JCM) or by calling (240-777-8931).

Maryland's Residential Clean Energy Grant Program provides grants to homeowners for a variety of clean energy installations, including solar photovoltaic systems, solar water heating systems and geothermal heating and cooling systems.

For more information, visit (http://energy.maryland.gov/residential/Pages/incentives/CleanEnergyGrants.aspx). Keep in mind that the homeowner's mutual must approve of these types of exterior installations.

The Maryland BeSMART Home Loan Program offers low cost financing to improve home energy efficiency through replacement and upgrading of appliances, heating, cooling and ventilation systems and whole-house improvements. To learn more about this program, visit (http://dhcd.maryland. gov/Residents/Pages/besmart/ default.aspx) or call (301-429-7402). Federal tax credits for all residential renewable energy products have been extended through Dec. 31, 2021. Products eligible for this tax credit must have earned the Energy Star rating (www.energystar.gov/ products). For more information or to apply for this credit, reference IRS form 5695.

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THOUGHTS & OPINIONS: From Our Residents

A Few Things to Remember

Relevance: Make sure that your submission is relevant to

the LW community as a whole and not to just

one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

Brevity: Being concise will ensure that your opinion will

have maximum impact.

Accuracy: Document all factual assertions. Opinions that

are backed up with facts are more powerful, but only if the facts are accurate.

Ownership: All submissions are subject to editing but you

will have the opportunity to approve the edits

before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.

RESPONSIBLE JOURNALISM

66 In my opinion" is a direct admission, yet I didn't see it expressed once in the lengthy opinion letter on page eight of the Sept. 7, issue of Leisure World News. Authors of opinion letters shouldn't have to state something so obvious, but I have been instructed to when submitting my own letters.

When opinion letters such as the one in the Sept. 7 edition entitled "Be Careful What You Wish For" expand into what I consider hypotheticals, presumptions and speculation, the reader

might start to question the accuracy and the real motivation of the writer. Is the writer basing their opinion on the facts, or are they puffing up the facts to substantiate their opinion?

The headline of this opinion letter alone warns of possible danger while potentially instilling fear in some readers.

Was this letter trying to scare and confuse residents about the unknown? Was this letter trying to create distrust and discord among residents - pitting residents against residents?

Did the author write this extra long opinion letter on his own volition? Just as we need to be

careful with the facts, we also need to express our opinions in a responsible way.

For the benefit of all residents, those contributing an article or letter to Leisure World News should all follow the same guidelines, regardless of their positions within Leisure World.

- Carolee Rowse

SAVE SOME MONEY

The Oct. 5 edition of Leisure World News contained five pages of letters about two issues: the administration building and the method of electing board members. It is important that these issues not be confused or conflated.

The method of electing our board has worked for 50 years and no one I know objects to it. The lawsuit to change it was brought by a small group and in my opinion is silly. (I also think it's silly for Leisure World to spend \$25,000 to fight it.

Why not just say to the County Commission that our method has worked for 50 years, but if it's in violation of County Rules then of course we will change it?)

On the other hand, almost everyone I know thinks that spending \$6 million to tear down and replace the Administration Building is a waste of money, especially since there is plenty of space taken by an outside real estate agency and a credit union (not to mention space used by Montgomery Mutual and others).

According to another item in that edition, the Facilities Enhancement Plan fund is growing at the rate of \$2 million annually. I believe that having so much money, which comes from the pockets of residents when they buy their units, is just an invitation to spend it. If this two percent resale "tax" were reduced to the one percent it used to be, I bet it wouldn't be wasted so easily.

- Rodney Brooks

CORRECTION

The Sept. 21 letter titled "New Administration Building" stated that "there was no reliable estimate for the cost of repair" for the current Administration Building," but speculated that its total cost would be \$100,000, based on correspondence from an LWCC board member. The \$100,000 figure that was cited in the letter is the additional amount that was needed to repair Clubhouse I on top of what had already been budgeted for the project.

The estimated cost to repair and add space to the current Administration Building was approximately \$2.3 million in 2012, according to a Foulger-Pratt study commissioned by the LWCC board. This estimate does not include the cost to repair the Building's foundation and update 10 of its building codes.

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SUBMITTING AN ITEM **TO THOUGHTS & OPINIONS**

- 1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
- 2. Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- 4. LW News cannot guarantee when or if a submission will be published.
- 5. To view the full Leisure World News Guidelines, login to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

MARYLAND LYRIC OPERA



Visit MDLO.org for Tickets

EVENTS & Entertainment

■ Sock Hop Group

Oct. 27: Boogie Down at the Sock Hop Dance

The next sock hop dance is on Saturday, Oct. 27, at 7 p.m. in Clubhouse II. Members are encouraged to wear Halloween costumes. Judged by a panel of three, costumes will be awarded prizes for the best, funniest and scariest.



Admission is \$5. Sodas and water are provided, but participants can bring their own beverages and snacks.

"Take Two Entertainment" continues to provide great dance music. Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).

Upcoming sock hop dances are held on Saturday, Nov. 24 and Saturday, Dec. 22.

- Abigail B. Murton

■ Ballroom Dance Club

Oct 27: Dance with The Helmut Licht Trio

Get out your Halloween Costumes and your dancing shoes, and come dance to the music of The Helmut Licht Trio on Saturday, Oct. 27, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

As a dancer and Peabody
Conservatory trained musician, Helmut Licht, the Club's
bandleader this month, worked
as an Arthur Murray dance
teacher to pay his college
expenses. His music
is always played in
strict ballroom tempo,
and he has published
articles on this topic.
Each year, The Helmut
Licht Trio is one of the
Ballroom Dance Club's
most requested dance

The last dance of this year is on Saturday, Nov. 17, and features The Tony Luciano Trio.

Meeting

bands.

The Club's annual meeting is on Tuesday, Dec. 4, at 10:30 a.m. in Clubhouse I.

The Club has openings for vice president, reservation secretary and correspondence secretary for the 2019 calendar year. If interested in becoming a Club officer, contact president

Joyce Hendrix by Thursday, Nov. 1.

Winter Dances

The Holly Ball, a holiday ballroom dance, is on Saturday, Dec. 1, and features the music of The Tony Luciano Trio. A New Year's Eve dinner and dance is on Monday, Dec. 31, and features a rock and roll band this year. Both dances are sponsored by Perrie LLC and are

held in the Clubhouse I Crystal Ballroom.

Both dances also require prepaid reservations. Drop by one of the restaurants in Clubhouse I, or call (301-598-1330) or (301-598-1331) for more information or to make reservations.

General Information

All ballroom dances feature live music playing all types of strict ballroom tempo dance music, including waltz, foxtrot, swing, rumba, samba, tango, quickstep, merengue and occasionally a polka or two.

Dances are usually held on the fourth Saturday of the month, January through November, from 7:30-10:30 p.m.

■ Education and Recreation Department

■ Foundation of Leisure World

Oct. 31: Halloween Party and Dance

Join the fun at a Halloween celebration on Wednesday, Oct. 31, in the Clubhouse I Crystal Ballroom.

Co-sponsored by the E&R department and the Foundation of Leisure World, the evening features light refreshments and a cash bar as well as entertainment by the NightLife Band. Attendees are encouraged to wear their finest Halloween costumes and participate in a contest that awards those with the best outfits.

Doors open at 7:00 p.m., and NightLife plays some of your favorite music from 7:30-10 p.m.

Tickets are \$25 per person and are on sale in both clubhouse E&R offices.

Please bring your Leisure World ID.

NightLife is a high-energy band that will keep you on the dance floor. The band's repertoire spans from the pop tunes of the '40s to some of today's more contemporary hits, so you are sure to hear some of you favorites.

The band features



NightLife Band, courtesy photo

two female and one male vocalist, backed by keyboards, drums, congas,

electric guitar and saxophone.

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes. Contribu-

tions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at (foundation@ lwmc.com).

Coming in 2018

 ${\it The E\&R Department is pleased to provide the following programs.}$

Oct. 31, 7:00 p.m. Halloween Dance Party with NightLife

Band

Nov. 3, 4:30 p.m. Starvation Army Band

Nov. 10, 9:30 a.m. Holiday Arts and Crafts Bazaar

Nov. 24, 7:30 p.m. Pianist Thomas Pandolfi Dec. 2, 4:30 p.m. The Fabulous Hubcaps Dec. 2, 7 p.m. The Fabulous Hubcaps Dec. 8, 7 p.m. Four Seasons Dancers

Dec. 11, 1:30 p.m. Steve Friedman – Musical Milestones

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

■ Foundation of Leisure World

Nov. 1: Leisure World's Artists are Ready for The Art Show; Are You?

by Michael Greenberg

The Foundation of Leisure
World invites the
community to The Art Show,
a celebration of the
arts and the artists

arts and the artists of Leisure World, on Thursday, Nov. 1, from 1-3 p.m. in the Clubhouse I Crystal Ballroom. Admission is free.

The event features a variety of works created by Leisure World residents and/or their spouses, such as oil paintings and watercolors, photographs, paper bag story art, woodburning, crochet, ceramics, pottery, quilts,

> stamping and embossed paper designs, portraits, wooden bowls, felted wearable art and other unique items. Some of the art will be offered for sale.

Join us and discover the not-so-hidden talent within Leisure World!



■ Education and Recreation Department

Nov. 3: The Starvation Army Band Returns



The Starvation Army Band, courtesy photo

The Education and Recreation Department is pleased to welcome The Starvation Army Band back to Leisure World for a performance on Saturday, Nov. 3, at 4:30 p.m. in the Clubhouse II auditorium.

Tickets are \$7 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

The Starvation Army Band plays an eclectic mix of Dixieland and swing music, as well as some klezmer and novelty tunes, that the band is sure you will enjoy.

Founded in 1989 as an offshoot of the Columbia Concert Band, the band specializes in Dixieland jazz. Founder

Jim Fozard thought that the quirky moniker would elicit amusement and, perhaps, some sympathy from an audience that might not quite know what to expect from the band.

Since then, the band has broadened its repertoire to include klezmer and swing, as well as Dixieland. The band performs throughout the Baltimore-Washington, D.C., area, including regular appearances at the Columbia Lakefront concerts, Columbia Festival of the Arts, Vantage House, the Longfellow July 4 parade and the Hebrew Home of Greater Washington.

All members pursue day jobs along with performing the music they love.



Hearing is one of the joys of life. Don't neglect it!



From left: Kathryn Balestino-Estes, AuD., Dr. Heather Schwartzbauer, M.D., Allyson Bull, AuD., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrosniak, M.D.

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■ Fireside Forum

Nov: 4: The Great War in America: WWI and its Aftermath

by Jonas Weiss

uthor Garrett Peck returns to Leisure World A to discuss his forthcoming book, "The Great War in America: WWI and Its Aftermath," on Sunday, Nov. 4, at 2:30 p.m. in the Clubhouse II auditorium.

Armistice Day is Sunday, Nov. 11, marking the centennial anniversary of this "war to end all wars." Peck will discuss the unintended consequences of the war: race riots, the Red Scare, Prohibition, suffrage and a return to isolationism and a rejection of America's global role, which resulted in a bloody sequel two decades later.



tesy photo

Peck is also the author of "Prohibition in Washington D.C." and "Capital Beer: A Heady History of Brewing in Washington, D.C." His books will be available for purchase after the talk.

Garrett is also a historian and a tour guide, and he leads tours through Smithsonian venues. His Temperance tour of Prohibition-related sites has been featured on C-SPAN Book TV and the History Channel.

Rosalind Kipping hosts this free program.



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Nov. 10: Do Your Holiday Shopping at the Arts and Crafts Bazaar

The E&R Department's annual Holiday Arts and Crafts Bazaar is scheduled for Saturday, Nov. 10, from 9:30 a.m.-1:30 p.m. in the Clubhouse I Crystal Ballroom. Start your holiday shopping right here in your own community. All vendors are Leisure World residents who are selling a variety of gift items – original, new and perfect for the holidays.

Vendor Opportunities

A vendor does not have to belong to a Leisure World arts or crafts group or organization, but must be a resident who has handcrafted the items offered for sale. All items must be new. This is not a flea market; no used, re-gifted or commercially manufactured items can be offered for sale.

E&R is looking for ceramicists (poured and thrown),

artists, woodworkers, jewelry-makers, photographers, weavers, needle-workers, knitters, crocheters, seamstresses, quilters and anyone else who can offer new and original art and craft items for sale.

This is also a great opportunity for Leisure World groups, organizations and clubs – not just individuals – to raise money for charitable causes or other pursuits.

Registration and Space

Registration is now open in the Clubhouse I E&R office. A limited amount of table space is still available. Registrants must fill out a form indicating what they will be offering for sale.

To accommodate the greatest number of residents and groups, space is limited to a maximum of 12 feet – the equivalent of two 3'x6' tables or one 3'x6' table and one rack. Vendors can rent tables at \$18 for 3'x6' and \$9 for 3'x3'. One chair is provided for a 3'x3' table, and two chairs for a 3'x6' table. The fee for extra chairs is \$1 each. A limited number of clothing racks are available to rent for \$10 each.

Please note: If a vendor brings in his/her own rack(s), regardless of size, the vendor will be charged an additional \$10 for each rack on the day of the bazaar.

Registration fees can be made by check (payable to Leisure World of Maryland Corporation) or by MasterCard, Discover or Visa (for charges over \$10). Registration is first come, first served.

Merchandise may not be placed on chairs, next to or in front of tables and racks. Space is limited; items placed around the rented space impede traffic and are a major safety concern, and therefore will not be permitted.

Tables, chairs or racks cannot be brought into the sale. (Display racks that fit on top of rented tables may be brought in).

Bazaar Day

Fair vendors may begin bringing in their merchandise at 8 a.m. The market opens to the general public at 9:30 a.m.

Vendors are reminded that they must remove all unsold merchandise and debris (boxes, hangers, wrapping materials, etc.) when they leave.

Sales Taxes

Individuals and organizations are responsible for the collection and payment of sales tax. You may obtain this sales tax license from the Maryland State Department of Assessments and Taxation at (taxes.marylandtaxes.gov/Business_Taxes/Business_Tax_Types/Sales_and_Use_Tax/).

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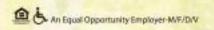
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■ Arts In Motion (AIM)

Nov. 17: 'Murder, She Wrote'

by York Van Nixon III

Inder the auspices of Arts In Motion (AIM), Authors in Mind presents "Murder, She Wrote," with the local chapter of Sisters in Crime, a group dedicated to promoting the work of female mystery authors.

Join neighbors and friends as these award-winning writers discuss their work and sources of inspiration on Saturday, Nov. 17, at 1 p.m. in the Clubhouse I Crystal Ballroom.





This free event is open to all residents, but tickets are required and can be obtained beginning on Monday, Oct. 29, at 8:30 a.m. in the Clubhouse I E&R office. Refreshments will be provided.

2018 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Oct. 28, 2 p.m.	The Post	SOLD OUT
Nov. 15, 1 p.m.	Dunkirk	Oct. 23
Nov. 25, 2 p.m.	Darkest Hour	Nov. 6
Dec. 20, 2 p.m.	Wonder	Nov. 20
Dec. 30, 2 p.m.	I Can Only Imagine	Dec. 11

Movies are subject to change.

OCTOBER 27 -1:30 pm



■ Education and Recreation Department

Nov. 24: Pandolfi **Performs Piano Classics**

Pianist Thomas Pandolfi,

courtesy photo

cclaimed international A concert pianist Thomas Pandolfi returns to the Leisure World stage on Saturday, Nov. 24, at 7:30 p.m. in the Clubhouse II auditorium.

Tickets are \$10 per person and go on sale on Tuesday, Oct. 23, at 8:30 a.m. in the E&R offices in both clubhouses. Please bring your Leisure World ID.

Pandolfi opens the program with one of his own arrangements, "Rhapsody on Themes from

West Side Story," in recognition of Leonard Bernstein's 100th birthday this past August.

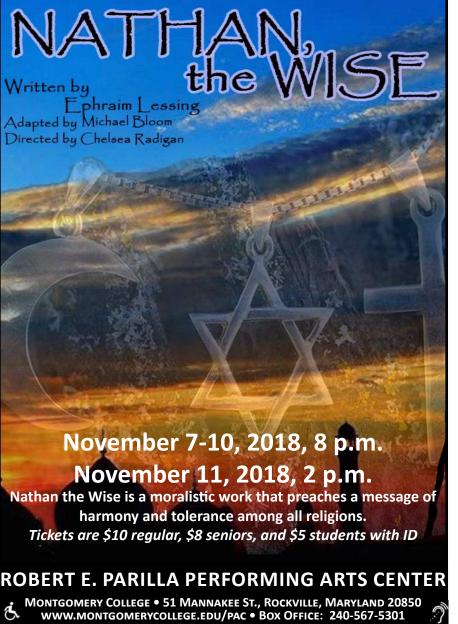
His program also includes "Sonata in F Major, K. 332" by Mozart, "Intermezzo No. 1" by Ponce, and several selections by Chopin.

Before performing each selection, Pandolfi sets the mood by giving a brief history of the composer and the piece, thereby allowing the audience

to more fully appreciate the music as it is played. As a pianist, he tries to bring excitement, passion, lyricism and expressiveness to each performance, and he wants the audience to be moved by what they hear.

Pandolfi has produced 11 CD

recordings and is working on a twelfth. Following the concert, he will sign CDs, a selection of which will be available for purchase at \$20 each. Payment may be made by credit card or check payable to Thomas Pandolfi.



- **■** Education and Recreation Department
- Foundation of Leisure World

Dec. 2: The Fabulous **Hubcaps Perform**

B ack by popular demand, The Fabulous Hubcaps return to Leisure World on Sunday, Dec. 2. Co-sponsored by the E&R Department and the Foundation of Leisure World, the band performs two shows, at 4:30 p.m. and 7 p.m. in the Clubhouse II auditorium.

Tickets are \$15 per person and go on sale beginning Tuesday, Oct. 23, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

Performing since 1974, originally as Harvey Hubcap and the Do Ron Ron, the band continues to create the classic sounds from the early days of 1950s rock 'n' roll through the pop music of the 1970s. Let The Fabulous Hubcaps take you on a musical journey down memory lane. And on the journey, you may even encounter the likes of Elvis, The Platters, Ray Charles or any one of the many artists members of the band impersonate.

The group was inducted



The Fabulous Hubcaps, courtesy photo

into the Southern Legends Entertainment and Performing Arts Hall of Fame and the Maryland Entertain-

> ment Hall of Fame, which named them the 2015 "Vocal Group of the Year."

Last year, both shows sold out quickly. So, don't wait to get your tickets.

The Foundation of Leisure World is a 501(c)3 organization that was established for charitable, health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at (foundation@lwmc.com).



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Nov. 8: 'GI Jews: Jewish Americans in World War II'

by Jonas Weiss

The Jewish Residents of Leisure World (JRLW)

and Coming of Age in Maryland show the film "GI Jews: Jewish Americans in World War II" (2018, 1 hour 24 minutes, documentary/ history, not rated), on Thursday, Nov. 8, at 1:30 p.m. in the Clubhouse II auditorium.

The film, which tells the profound and unique story of the 550,000 Jewish men and women who served in World War II, brings to life the history of their particular fight against Hitler, bigotry and intolerance. They fought for their nation and also waged a more personal fight to save their brethren in Europe. They emerged more

> powerfully American and more deeply Jewish, determined to continue the fight for equality and tolerance at home.

The screening is co-sponsored by the Foundation for Jewish Studies in Rockville, who will bring a speaker to share insights into the film, as well as lead an enlightening discussion.

Tickets are \$8 per person and available beginning Tuesday, Oct. 23, at 8:30 a.m. in the Clubhouse I E&R

office. All residents are welcome.

■ Education and Recreation Department

Thursday Afternoon at the Movies

Nov. 15: 'Dunkirk'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the Clubhouse II auditorium.

On Thursday,
Nov. 15, the presentation
is "Dunkirk" (2017, 1
hour 46 minutes, action/
drama/history, rated
PG-13 for intense war
experiences and some
language).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, Oct. 23, at 8:30 a.m. Please bring your Leisure World ID.

The film dramatizes the daunting challenge of evacuating allied forces from the beaches of Dunkirk in 1940, where British, French and Belgian soldiers

are surrounded by the German army.

Directed by Christopher Nolan, the film stars Tom Hardy, Cillean Murphy, Fionn Whitehead and Kenneth Branagh.

Thursday movie screenings are for your

enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.



Check the Directories

Looking for a meeting? Check the electronic directories in the clubhouse lobbies to find the time and location of that day's meetings. The directories also offer alerts and headline news.

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DEMOCRAT for COUNTY EXECUTIVE

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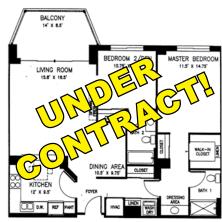


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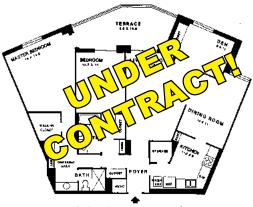
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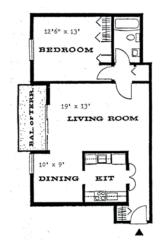
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References to the Army, MCPD, Hwang's family, or any other agency or institution does not imply endorsement by those agencies, families, or institutions, or by the County, State or Federal Government

HEALTH & Fitness

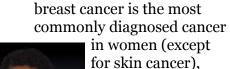
☐ Health Advisory Committee

Oct. 25: MD Gives Talk on Breast Health

by Sandra McLeskey

Dr. Dawn Leonard, a surgeon who specializes in breast surgery and oncology, delivers a talk on breast health on Thursday, Oct. 25, at 1:30 p.m. in Clubhouse I.

She will discuss breast cancer prevention, detection, surgery courtesy photo



in women (except for skin cancer), this is a subject that many Leisure World residents should find interesting.

and medical treatment. Since

The talk is free, but tickets are required and can be obtained at the E&R office in Clubhouse I.



Dr. Dawn Leonard.

☐ Health Advisory Committee

Oct. 27: Drug Take-Back Day at MedStar

o you have unused or expired medications? Turn them in to the MedStar Health medical center at 3300 North Leisure World Boulevard on Saturday, Oct. 27, from 10 a.m.-2 p.m.

Salves, ointments and injectables are not accepted. Also not accepted are illegal drugs, such as heroin, and marijuana.

– Sandra McLeskey



Photo by Leisure World News



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■ Chinese Club

Oct. 26: Health Talk on 'Nocturia: Nighttime Urinary Frequency'

by Stella Shaw

discussion of nocturia, A a urinary ailment that affects many seniors,

takes place Friday, Oct. 26, at 10 a.m. in Clubhouse II.

Nocturia is excessive urination during the night. During sleep time, the body produces less urine that is more concentrated. This Dr. Cheryl Shih, means that most people courtesy photo don't need to wake up during the night to urinate and can sleep uninterrupted for at least six to eight hours.

Aside from disrupting sleep,

nocturia may also be a sign of an underlying medical condition.

Dr. Cheryl Shih of Chesapeake Urology will explain

more about nocturia and provide valuable information about it. A board-certified urologic surgeon, Shih received her undergraduate degree from Princeton University and her medical degree from Baylor College of Medicine. She completed her surgical residency at

the University of Washington in

All residents are welcome to attend this free program.



by Leisure World News

n Wednesday, Oct. 31, MedStar Visiting Nurse Association holds its final flu clinic from 9 a.m.-1 p.m. in the Clubhouse I Crystal Ballroom.

Regular and high-dose flu vaccines are available at no cost to residents with traditional Medicare Part B as their primary insurance. Bring your Medicare card, insurance card and photo

Residents without Medicare also can receive a vaccine; the cost is \$30 for a regular dose vaccine and \$65 for a high-dose vaccine.

If interested in volunteering at the flu clinic, contact MedStar Visiting Nurse Association at (240-965-2972).

Flu vaccines are also available by appointment only Monday through Friday from 9 a.m.-5 p.m. at the pharmacy at MedStar Health medical center located at 3305 North Leisure World Boulevard.

The pharmacy accepts Medicare and private insurance plans. To check your insurance coverage or to make an appointment, call (301-598-1005).

Medical Cannabis Group Forming

The group will educate residents about meaning since information about marijuana is often incomplete, The group will educate residents about medical cannabis, inconsistent and, at times, false. As a result, many people are misinformed.

If interested in joining this group, contact its sponsor, Carminetta Verner, at (msshalia@aol.com).

– Carminetta Verner

Nov. 14: Meeting Covers Conflict Resolution for Senior Decisions

by Mary Ann Johnston

¬he Patients Rights Council of Leisure World meets on Wednesday, Nov. 14, at 1:30 p.m. in Clubhouse I. The speaker is Christopher Page, executive director of the Conflict Resolution Center of Montgomery County.

The mission of the Center is to help Montgomery County residents manage conflict in a constructive way, by offering problem solving services such as mediation, facilitation, community conferencing and training.

Its services, available to all county residents, aim to promote positive relationships between ethnic, racial, religious and socio-economic groups.

The volunteer mediators meet strict criteria in terms of training and experience.

The Conflict Resolution

Center is a non-profit organization and its services are voluntary, confidential and neutral. It addresses conflict in the workplace, the family, neighborhoods, schools, businesses and organizations.

A relatively new program for the Center is senior mediation, which provides specially-trained mediators to help participants resolve family issues involving healthcare directives, assisted living/ nursing home preferences and decisions that are difficult for seniors and their families to make. This program is available throughout Montgomery County.

Individuals may contact the Center directly seeking resolution to a wide range of disputes, or be referred by a nonprofit organization. Programs are available in the schools, and in the court system. To contact the Center online, visit (crcmc.org), and click on Contacts, or call (301-652-0717) or (301-652-0718).

About the Council

The purposes of the Patients Rights Council are to inform residents about health issues and to actively oppose physician-assisted suicide.

It is expected that legislation legalizing physician-assisted suicide will be proposed in the 2019 session of the Marvland General Assembly. The Council will keep members informed of the issue as it develops.

All residents and guests are welcome at the Council's meetings.



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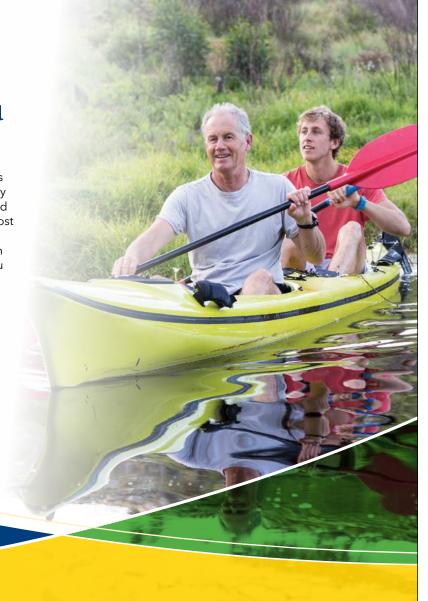
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■ Compassion and Choices

Nov. 14: Palliative Care Presentation

by Rosalind Kipping

C ompassion and Choices holds its next meeting on Wednesday, Nov. 14, at 2 p.m. in Clubhouse I.

The program includes a presentation by members of the palliative care department of MedStar Montgomery Medical Center in Olney. Guest speakers are Jihun Im, M.D., a geriatric medical specialist; Angela Hamilton Serrano, a palliative care social worker; and Thelma Colwell, chaplain, Pastoral Care/Clinical Ethics.

The speakers will discuss palliative care topics including:

- How it differs from hospice
- When and how a patient benefits from it

- How to start receiving it
- Whether Medicare and/or other insurance pays for it

General Information

Resource tables provide information on a wide variety of end-of-life issues.

To renew membership or to become a member of Compassion and Choices of Leisure World, bring \$2 annual dues to this meeting and receive a high-quality C&C shopping sack.

To help keep the resource tables full of important information, donations of a little extra are greatly appreciated.

All residents and their guests are welcome at all Compassion and Choices meetings.

For more information, contact Rosalind Kipping at (rozkipping@comcast.net) or (301-598-4171).

■ FISH (Friends in Sickness and Health)

FISH Holds Lost and Found Items

by Beth Leanza

Found items are stored in the closet of the FISH office, which is located in Clubhouse II.

A FISH volunteer on duty can let residents into the office to have a look, or check for an item if a resident phones the office at (301-598-1345).

E&R staff members answer calls received before and after hours and on weekends. Let the staff member know you are looking for Lost and Found.

Assistive Equipment Loans

FISH also lends out assistive equipment such as walkers, wheelchairs, tub stools or bedside commodes. It also accepts donations of such items.

The FISH office is open Monday to Friday from 10 a.m.-4 p.m. When the office is closed, E&R staff members can both accept returns and lend out items.

Free Items

FISH also gives away unused items such as accessories for oxygen tanks, diabetic supplies, incontinence supplies, cushions and more. These items are stored in the Clubhouse II basement, to the left of the FISH storage cage, which is just to the right of the elevator exit.

These free items, which also include crutches, canes, elevated toilet seats and walkers with no wheels, are available to anyone who can use them.

New Volunteers Welcome

Residents who would like to join FISH may phone Beth Leanza at (301-598-4569) and set up a training/orientation session.

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Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died recently, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. Hospice Caring Inc. sponsors group meetings. Registration and a phone conversation with Anne Baker, director of adult bereavement at Hospice Caring Inc., is required before attending. If interested, please call Anne at (301-990-0854).

Essential Tremor Group: Hello to all those with Essential Tremor. We have missed seeing you at our meetings. Where have you been? The Essential Tremor Group meets at 10:30 a.m. the first Thursday of the month in Clubhouse I. There have been some exciting, new developments in research, such as a new tablet that measure the tremors in your hands and possibly the voice, that have

been discussed. Try to come to the next meeting on Nov. 1 at 10:30 a.m. to find out about more new research and to meet other people with Essential Tremor.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or visit (www.alz.org).

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or(raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).



Give Manks



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in the Crystal Ballroom | Thursday, Nov. 22

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- * Honey Ham
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- * Steamed Broccoli and Cauliflower
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* Steak Salad	* Poached Pear Salad			
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* Roasted Chicken	* Maryland Crab Cakes (1)\$16 or (2)\$24 French Fries/Frisee Salad			
* Poached Cod\$19 Artichokes/Roasted Potatoes	* Shrimp and Grits			
* Seared Scallops (5)	* Grilled Salmon (6 oz.)\$16 or (8 oz.)\$22 French Fries/Frisee Salad			
∜VEGH	ETARIAN 🖔			
* Mushroom Risotto	* Veggie Plate \$10 Fingerling Potatoes/Carrots/Portabella Mushrooms			

Clubhouse Grille and Stein/Terrace Room menus are available on (residents.lwmc.com). All menus may be subject to change.

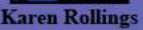
Clubhouse Grille Hours: Tues. – Sat.: 4 p.m. – 10 p.m. | Sundays: 9:30 a.m. – 3:30 p.m.

Stein and Terrace Room Hours: Sunday: 9:30 a.m. – 8 p.m. | Mon. – Tues.: 9 a.m. – 8 p.m. | Wed. – Sat.: 9 a.m. – 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

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3435 LEISURE WORLD BLVD #85-1C	LEISURE WORLD	Garden 1-4 Floors	2	1.5	\$124,900	\$124,900	\$0
3362 GLENEAGLES DR #71-2D	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$87,000	\$86,000	\$0
3362 GLENEAGLES DR #71-1C	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$84,000	\$77,000	\$0
3386 CHISWICK CT #50-2A	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$89,900	\$89,900	\$0
3462 GLENEAGLES DR #78-J	MONTGOMERY MUTUAL COOP	Townhouse	2	3	\$155,000	\$155,000	\$0
3100 LEISURE WORLD BLVD #117	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$249,000	\$249,000	\$0
3706 FINSBURY PARK DR #51-A	ROSSMOOR MUTUAL #13	Duplex	2	2	\$250,000	\$250,000	\$0
2921 LEISURE WORLD BLVD #1-325	ROSSMOOR MUTUAL #22	Garden 1-4 Floors	2	1.5	\$1,495	\$1,495	
2921 LEISURE WORLD BLVD #1-105	ROSSMOOR MUTUAL #23	Garden 1-4 Floors	1	1.5	\$109,000	\$109,000	\$0
3624 EDELMAR TER #125A	ROSSMOOR MUTUAL #9	Patio Home	2	1.5	\$250,000	\$250,000	\$2,500
3578 FISKE TER #142-A	ROSSMOOR MUTUAL #9	Patio Home	3	2	\$235,000	\$235,000	\$0
15107 INTERLACHEN DR #2-1009	THE GREENS	Hi-Rise 9+ Floors	2	2	\$209,500	\$204,900	\$0
15115 INTERLACHEN DR #412	THE GREENS	Hi-Rise 9+ Floors	2	2	\$179,000	\$170,000	\$0
15115 INTERLACHEN DR #3-612	THE GREENS	Hi-Rise 9+ Floors	2	2	\$193,000	\$188,000	\$0
15101 INTERLACHEN DR #1-303	THE GREENS	Hi-Rise 9+ Floors	2	2	\$214,900	\$214,900	\$0
3210 N LEISURE WORLD BLVD #311	VANTAGE POINT WEST	Hi-Rise 9+ Floors	2	2	\$219,900	\$220,000	\$0
3210 LEISURE WORLD BLVD N #609	VANTAGE POINT WEST	Hi-Rise 9+ Floors	2	2	\$309,900	\$301,000	\$1,600
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CLUBS, GROUPS & Organizations

■ League of Women Voters

Voters' Guides Are Out With Everything You Need to Know

by Maxine Lewack

The Voters' Guide is out!
Copies were mailed to
League of Women Voters
members and to all who
registered to vote for the first
time.

They are available in the lobbies of the high rises, both clubhouses, the Administration Building, Gold Castle Jewelers in Leisure World Plaza and the public libraries. It is also available online at (lwvmocomd.org) or (vote411.org).

The Voters' Guide offers information on elected officials' salaries and term limits, which political parties have fielded a full roster of candidates, how questions posed to the candidates are formulated and conveyed (and what happens if they don't answer or answer late) and interesting biographical facts.

It also lists the days, hours and locations for early voting, the deadlines for submitting absentee ballots and voting hours on Election Day, Tuesday, Nov. 6.

Residents might not be sure of their voter registration status; now is the time to check.

Visit (voterservices. elections.maryland.gov/votersearch) or call the Board of Elections at (240-777-8500).

■ Town Meeting Organization

Oct. 22: TMO Conducts Two Town Hall Meetings

by Janice McLean and Sheryl S. Katzman

The Town Meeting Organization (TMO) holds a pair of town hall meetings on Monday, Oct. 22, in Clubhouse I. All residents are invited to attend

The first meeting is from 1:30-4:30 p.m. in the Crystal Ballroom. To accommodate residents who are not able to attend during the day, a second meeting is scheduled for 7-9 p.m. in the Maryland Room.

These meetings aim to provide residents an opportunity to learn details and ask questions about the resident complaint filed in August against the Leisure World Community Corporation (LWCC) and Leisure World of Maryland Corporation with the Montgomery County Commission on Common Ownership Communities (CCOC).

The complaint states that the LWCC "[failed] to hold election(s) in violation of State of Maryland Homeowners Association Act" and calls for a determination that Leisure World of Maryland must conduct community-wide elections.

For further information, visit the TMO website at (www.townmeetingorganization.com) or email (admin@townmeetingorganizaiton.com).

Monthly meetings are held on the third Thursday of each month at 2 p.m. in Clubhouse I. The next regular meeting is on Thursday, Nov. 15. ■ Jewish War Veterans Charles B. Krieger Post 567

Calling All Veterans



The 94th AAA Battalion marches in Wackernheim, Germany, in 1955, where Jewish War Veteran member Fred Shapiro served as a photographer and journalist. Photo by Fred Shapiro

by Fred Shapiro

The Jewish War Veterans Post 567 is conducting a community-wide census to determine how many military veterans are currently living in Leisure World.

The census will enable Leisure World programs to better address the needs of all military veterans living here, and in particular, to plan community-wide programs and ceremonies dedicated to veterans. The census is not limited to Jewish veterans; all veterans are invited to participate. Included in the census are any men and women who served in any branch of the armed forces, the Reserves and ROTC programs.

Census questionnaires are available in the Clubhouse I E&R office. Pick one up, fill it out, and return it to the Clubhouse I E&R office by Friday, Nov. 30.

For questions, contact Fred Shapiro at (fshapiro@comcast. net).

■ Italian Social and Cultural Club

Oct. 28: Wine and Cheese Tasting Party

by Flo Merola

The Italian Social and Cultural Club invites all residents to enjoy a tasting of five favorite Italian wines on Sunday, Oct. 28, at 4 p.m. in Clubhouse II.

Appropriate snacks will accompany the different types of wine. Non-alcoholic sparkling rosé also will be available. Participants will be introduced to Prosecco, Pinot Grigio, Chianti, Montepulciano and Lambrusco, and discussions will follow.

The cost is \$12 for members and \$17 for non-members. Send checks payable to the

Italian Social and Cultural Club to Paul D'Angelo at (3310 North Leisure World Blvd. Apt. 308, Silver Spring, MD 20906).

The deadline for receiving payment is Sunday, Oct. 21. For more information, call Angela Bufalo, membership chairman, at (240-669-3909).

No meeting will be held in November because of the Thanksgiving holiday.

The Holiday Dinner Dance, featuring the return of the entertaining Monaldi Duo, is on Wednesday, Dec. 5, in the Clubhouse I Crystal Ballroom.

The Club says "ciao" to bocce until the spring.

'Damn Yankees' Cast On Deck for Opening Night

and Karen Brooks

▼he cast of "Damn Yankees" has been hard at work preparing what is unquestionably going to be a fantastic show!

Who doesn't want to see Pat McConnell as "ooh la la Lola" and Ernie Poland as the ever-despicable devil "Mr. Applegate"?

Those are just two of the phenomenal actors, singers and dancers who are working hard and thoroughly enjoying themselves. This show is not to be missed!

As always, the Group

invites the opening night (Nov. 9) audience to its wine and cheese party after the show.

We look forward to seeing you at the ballpark!

Dates and Times

Evening performances of "Damn Yankees" are scheduled for 7:30 p.m. on Friday, Nov. 9; Saturday, Nov. 10; Friday, Nov. 16; and Saturday, Nov. 17.

In addition, matinee performances are at 2 p.m. on Sunday, Nov. 11, and Sunday, Nov. 18.

Ticket Sales

Tickets are \$10 per person,



At left, Mary Jane Boyle and Steve Bennof rehearse for the November performances of "Damn Yankees." At right, Bennof runs lines with Ernie Poland. Photos by Fred Shapiro

paid by either check (payable to Fun and Fancy, or cash).

They are on sale from 11 a.m.-2 p.m. Mondays through Thursdays in the Clubhouse I lobby, and Fridays and Saturdays in the Clubhouse II lobby.

Tickets also will be sold before Fun and Fancy's monthly meeting on Wednesday, Nov. 7, at 7:30 p.m. in the Clubhouse II auditorium, and just before "Damn Yankees" performances. American League.

Corrections

Sharp eyes have pointed out an error in the Fun and Fancy article in the Oct. 5 edition of Leisure World News. The article stated that the 1957 Senators were aiming to win the National League pennant.

The Senators of the 20th century were never in the National League. They were in the Eastern Division of the

■ Leisure World Friends of India Association

Group Sets Meeting to Organize

by Nalini Kukke

S ponsors of Leisure World Friends of India Association (LWFIA) are pleased to have received an overwhelming positive response to an announcement article in the Sept. 7 edition of Leisure World

As a follow-up, the sponsors invite all interested residents to the LWFIA organizational

meeting on Saturday, Oct. 27, from 3-5 p.m. in Clubhouse I.

The purpose of the meeting is to: (a) draft bylaws for submission to the E&R Department for review; and (b) select four club officers.

For more information about the meeting or membership, contact Nalini Kukke at (nalini. kukke@gmail.com) or Kavita Kapur at (kavitapk.kapur@ gmail.com).



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Oct 23: Members Participate in Circles, Curves and Arcs Competition

by Fred Shapiro

R ossmoor Camera Club members meet on Tuesday, Oct. 23, at 7 p.m. in Clubhouse II to view entries for the monthly competition, Circles, Curves and Arcs.

The visiting judge is Merry Plocki, owner of a studio and gallery at Artists and Makers Studios 2 in Rockville.

The competition's theme as defined by the Club's board is an image that features a circular course, circuit or orbit, with a relatively smooth connection of bends in a course. Arc is defined as shaped like a bow, curve or arch.

Residents are invited to join Club members to see and hear how Plocki critiques the entries and selects the award winners.

One of the competition's main objectives is to help members learn how they can improve on the photos

they take by considering both composition and the technical facets of digital photography.

Competition Judge

Plocki discovered that photography is the best way for her to share how

she feels about nature and the world around us. She moved to the Washington, D.C., area to pursue a career in finance and an MBA, but continued to take photos whenever she could.

Photography is now her fulltime avocation and vocation. She shoots a wide range of subjects from macro to landscapes, documentary to the abstract and black and white to color. She also shoots portraits and events by commission.



At left, the view from a rusted gate at Eastern State Penitentiary in Pennsylvania. At right, a section of the Appalachian Trail. Photos by Merry Plocki

For more information, visit her website at (www.mjplocki.com).

Membership Information

The Club encourages residents to join for the coming year as a means of taking up or improving their use of digital cameras and iPhones.

There are two levels of membership. Residents who expect to compete in the monthly competitions pay dues of \$25 for the year; residents who wish to join the Club to learn more about photography but are not interested in competing pay \$15 dues.

Mail checks for dues, payable to Rossmoor Camera Club, to Woody Shields at (Rossmoor Camera Club, 3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906).

Visit the Clubs website at (www.rossmoorcameraclub.com).



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New Fall Classes Session Begins Oct. 29

by Ann Bolt

pples and pumpkins: It's Atheir season, and you'll see them in several paintings now hanging in Clubhouse I.

The exhibit features 20 paintings with subject matter ranging from fall fishing to travel destinations. It includes new or returning exhibitors Myra Wolf, Judy Kirkland and Jo Ross. Other exhibiting artist are Donna Leonard, Marvin Sirkis, Allan Okin, Donna Ward, Ann Bolt, Patty Elton, Bill Bohrer, Diane Blum, Nancy Veit, Patty Marx, Jeanette Shampain, Phyllis Lowinger and Nancy Albrecht. Nancy Veit is fooling us again with her trompe l'oeil.

Other paintings take you on a visual trip to Vancouver, Italy, Alaska and to some unknown, untitled river. As well, there are Ladies in White, Superwoman, Twins (pumpkins) and (glass) Bottles. The paintings were created in watercolor, oil, acrylic, graphite and charcoal, watercolor and ink, and mixed media.

The paintings in the Signal Financial Federal Credit Union continue through the end of the month. Stop in and cast a vote for your favorite painting.

Classes

Now is an excellent time to think about enrolling in a class; a new session starts Monday, Oct. 29. Offerings include oil, acrylic, watercolor, mixed media and Chinese brush painting. A pastel class is tentatively scheduled for Tuesday afternoons. The evening mixed media class will move to Wednesday evenings

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From left, "Dining Room Fruit," oil by Bill Bohrer; "Twins," oil by Donna Leonard. At a Saturday morning Open Studio, artists work "in the zone" of heavy concentration. Artists include, from left: Nancy Albrecht, Phyllis Lowinger, Maria Clark, Eileen Lange, Marilyn Davis and Patty Elton. Photos by Ann Bolt

beginning Wednesday, Oct. 31. And Chinese brush and ink painting class moves to Friday mornings, starting Friday, Nov. 2. Each six-week session costs \$65 for residents, \$70 for non-residents. A few lockers are available to rent. Membership is \$15.

Those interested in having a solo show in either the credit union or Clubhouse II may fill out an application, found in

the art studio. Exhibitors must belong to Rossmoor Art Guild and must live in Leisure World. Art experience, achievement and recognition are required for exhibiting in Clubhouse II. Those who have exhibited there include Maggi Mannarino, Marie Powell, Nettie Geier, Houston Hancock, Jordan Levy, Al Temin, Ann Bolt and, more recently, Nancy Bullough and Diane Blum – and

many others who have shown their work through the years.

A reminder: The Foundation Art Show is on Thursday, Nov. 1.

RAG welcomes residents and nearby neighbors to become members and enjoy the camaraderie and creativity of the art world. Get in the "zone" and tune the world out for a couple of hours. You'll feel better about yourself and the world.



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Cw/Garage – In Overlook, with fabulous views of golf course, trees & green space from every window and the enclosed balcony! And it comes w/a garage space! Two bedrooms, 2 baths, open kitchen, living room, dining area. Freshly painted and ready.

B – In Building 1 of Villa Cortese. Bright and spacious, fresh paint, and ready for you to move in! Two bedroom, 2 bath apartment very close to Clubhouse I. Living room, dining room, table-space kitchen, enclosed balcony, sunny and bright and priced to sell! \$215,000

ELIZABETH – In Montgomery Mutual, no-stairs access by side door from enclosed sun room! 2 Bedrooms, 1-1/2 Baths, updated kitchen with beautiful granite, laminate floors throughout. \$129,900

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■Trivia Group

Sharpen Your Mind, and Keep On Guessing

by Melinda Collis

In case you haven't heard: Leisure World has a thriving Trivia Group! Twenty teams with more than 100 players among them meet Tuesdays at 7 p.m. in the Clubhouse I Crystal Ballroom.

There's a no-pressure environment, and having fun is the main goal. Players compete for



Photo by Melinda Collis

bragging rights and the prestige of knowing lots of little tidbits of information. Jerry, the Group's trivia guru who runs the games, always says, "If you don't know the answer, at least you can learn something."

Here's another great reason to play: brain fitness and social interactions are the foundations for aging in a healthy manner.

Some studies have suggested that thinking games may improve memory, thinking, reaction time and cognitive ability. Games might be especially important later in life, when playing certain games may help fend against degeneration and memory loss by keeping the brain active and sharp.

New players are always welcome – they need only show up on a Tuesday – and can set up their own team or join an existing one.

For more information, contact Melinda Collis at (202-590-1311).

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■ Center for Lifelong Learning (CLL)

Nov. 12: 'Achieving A Productive and Meaningful Life as a Senior in Our Longevity Economy'

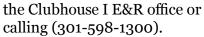
by Fred Shapiro

A s people age, they may look back on their past careers and family history and wonder if it all will be lost in time.

On Monday, Nov. 12, The Center for Lifelong (CLL) presents a program to provide some answers to that question when Dr. Louis Solomon speaks on "Achieving A Productive and Meaningful Life as a Senior

in Our Longevity Economy." His program is at 2 p.m. in Clubhouse I.

The program is free, but residents are requested to register beginning Tuesday, Oct. 23, at 8:30 a.m. by either stopping by





Solomon's presentation focuses on finding opportunities to practice a lifelong profession, and how an older person's skills and experience can help other enterprises thrive.

He also discusses how older

adults can turn their stories and life experiences into professionally published books that serve as a permanent record to pass down to future generations.

Solomon ends his presentation by taking questions from the audience.

Presenter Information

Solomon is president and founders of Senior Advisors For Entrepreneurs (SAFE) located in Bethesda.

SAFE arranges professional connections between seniors and enterprises, including government and industry, which need their experience, skills, knowledge and intelligence for short-term engage-

ments. For more information, visit (www.safeproblemsolvers. com).

Solomon has always loved solving problems. He earned his doctorate in engineering from the University of California and was an assistant professor of mechanical engineering at the University of Michigan from 1968 to 1972.



Dr. Louis Solomon. Photo by Fred Shapiro

Low interest rates getting you down? Let's talk.

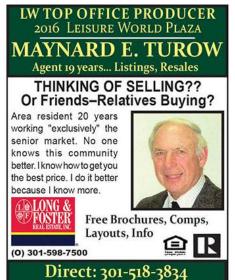
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Make Your List – As Holidays Approach, It's Pecan, Fruitcake and See's Candy Time





From left, Noreen Potter sings at the Club's 50th Anniversary Gala Sept. 23; County Executive Isiah Leggett and Club president Aggie Eastham present a plaque. Photos by Ingrid Masi

by Marcia L. Elbrand

] ew crop pecans, cinnamon-glazed pecans, chocolate-glazed pecans, Claxton light and dark fruitcakes, and five different assortments of See's chocolates are available at the Rossmoor Women's Club annual candy sale, Monday, Nov. 12 through Friday, Nov. 16, from 10 a.m.-2 p.m. in Clubhouse I.

New this year, the sale includes See's soft center chocolates (\$22 per box), See's truffles (\$15 per box) and See's Polar Bear gift box (\$8). Pecan fanciers will be happy to hear that the sale again offers pecan caramel chocolate clusters at \$8 a bag.

Rossmoor Women's Club volunteers sell the treats, which make perfect gifts. And they're suitable for friends, neighbors - even moody teenagers!

Some items sell out quickly, so don't wait until the last minute.

Purchases may be paid for only by cash or check, payable to Rossmoor Women's Club. Credit cards are not accepted.

Charities

Profits from the sale benefit the Rossmoor Women's Club's many local projects, including college scholarships awarded each May, contributions to Casey House/Montgomery Hospice, and the Betty Ann Krahnke Center, which serves women and families seeking refuge from domestic violence.

The Rossmoor Women's Club also donates annually to FISH and Fireside Forum both in Leisure World – and provides financial and volunteer support to the Head Start pre-kindergarten program at nearby Harmony Hills

Elementary School.

The Club also makes an annual gift to the Fisher House Foundation, which provides homelike accommodations for family members visiting hospitalized service men and women, and veterans.

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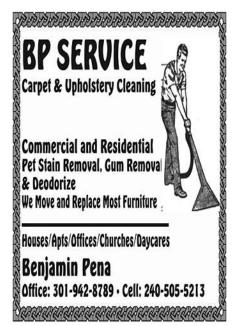
VOTE! Primary Day: November 6 Early Voting: 10/25-11/1

By authority: Friends of Judy Docca, Willbur Friedman, Treasurer

Coming Up: Potlucks, Benefit, Thanksgiving Buffet and Holiday Project

by Michael LaPoint

The LW LGBT Alliance kicked off the fall season with its monthly meeting and potluck on Sept. 15. After a tasty potluck brunch, members discussed upcoming events and welcomed new members who had joined



the group over the summer months

Upcoming Events

The next monthly meeting and potluck is scheduled for Saturday, Oct. 20, at noon in Clubhouse II.

The special guest speaker is Rosalind Kipping of Compassion and Choices. Following the meal and meeting, Kipping will discuss end-of-life issues and planning, and will review the necessary forms and documents needed to ensure an individual's wishes and choices are known and honored. All are invited to attend

Tuesday, Nov. 6, is Election Day, and the Alliance urges members and friends to be sure to get out and vote (or vote by absentee ballot), as it believes the election will have great consequences for our community.

On Saturday Nov. 17, at 7 p.m., Alliance members will attend the 18th annual fundraiser "A Little Song, A Little Dance" to benefit the Frederick LGBT Center's HIV Coalition and AIDS Response Effort.

In addition to providing funds for this important initiative, the evening's lively entertainment includes music, dance, performers, a silent auction and a photo booth. Contact the Alliance for more information and for carpooling.

The Alliance has reserved a table for the Thursday, Nov. 22, 3 p.m. seating at the Thanksgiving buffet in the Clubhouse I Crystal Ballroom. All members and friends are invited to join us for this delicious meal and fellowship.

Special Holiday Initiative

As the holidays approach, the LW LGBT Alliance sponsors a

fund drive to provide gifts to children who are in the local foster care system through CASA (Court Appointed Special Advocates). To help make the holidays more special for these children, the Alliance has selected gift wish lists from three of the children.

The Alliance will accept contributions at its Saturday, Oct. 20, monthly meeting from those who wish to participate.

More Information

To learn more about the Alliance, or to add your name to its monthly newsletter email list, please email the group at (lwlgbt@gmail.com) or, better still, attend its next monthly potluck meeting.

The Alliance also maintains a Facebook page, which keeps visitors connected to current events of interest to the LGBT community.



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Oct. 25: Session 2 of Healthful Thursdays

by Patricia Means

Session 2 of Healthful Thursdays is Thursday, Oct. 25, from 1-3 p.m. in Clubhouse I.

The Healthful Thursdays sessions 1-4 are part of the Chronic Disease and Wellness Program conducted by Dr. Ikenna Myers of the African American Health Program of Montgomery County. The sessions focus on diabetes, hypertension and heart disease, and cancer of the prostate, breast, colorectum and lungs.

Session 3 is Thursday, Nov. 1, and Session 4 is Thursday, Nov. 15, and both sessions are from 1-3 p.m. in Clubhouse I.

Sessions are free for all residents, but tickets are required. Tickets are available in the Clubhouse I E&R office.

For more information, contact Jannifer Woodson at (832-259-7063).

Membership

The Association appreciates membership support and looks forward to member participation in LWAAAC events during this session.

Members should claim their receipt(s) of payment at October and November meetings. After November, the receipts will be destroyed; however, payment records will be maintained by the Treasurer.

If you have not paid your dues, now is the time to do so. The dues are \$20 per person (checks only, payable to LWAAAC) and cover the period of July 1, 2018 through June 30, 2019.

Payment may be made at meetings, via the LWAAAC mail slot in the Clubhouse I E&R office, or mailed to LWAAAC at (P.O. Box 12316, Silver Spring, MD 20908).

For additional information, contact Alfonso Holston, membership chair, at (301-438-3537).

Meetings

The next meeting is Wednesday, Nov. 7, at 4 p.m. in Clubhouse I. The first portion is dedicated to the business of the board and members are welcome to observe the proceedings.

Discussions and voting are limited to members of the board during this time. Board members consist of elected officials and committee chairs.

The last portion of meetings is "Open Forum" for member participation to comment on the agenda, ask questions, express concerns and make suggestions.

Membership registration, sign-up sheets for committees, ticket reservations and much more are on-going activities at the meetings.

Amenities

Members should notify LWAAAC of illness, disability, death or other situations that affect a member or that person's immediate family by contacting Louis Langley, amenities chair, at (301-598-3876).

National Black Theatre Festival

LWAAAC members may make reservations with Eyre Travel in Clubhouse I for the National Black Theatre Festival on Monday, July 29 through Friday, Aug. 2, 2019 in Winston-Salem, North Carolina.

The Festival is an historic event illuminating the African American artistic endeavors that includes over 100 theatrical performances, films, poetry, workshops and seminars, international conferences and vendors, and much more.

For further details and trip itinerary, contact Al Holston or Glenne Martin at (301-

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LizSpringerSellsAvon@ gmail.com https://www.youravon. com/lizspringer 438-3537) or Verna Denny at (301-598-1418).

Medical Cannabis Presentation

The Association sponsored a medical cannabis presentation on Sept. 21.

Carminetta Verner of the Foxxy Redds of Maryland

introduced Dr. Patricia C. Frye, MD, medical director of Takoma Park Alternative Care, and Dawn M. Merrill, licensed practical nurse and an educator for United Patients Group.

Frye provided the history of cannabis and reasons that it became illegal. She explained the current use of medical cannabis and how it is used to treat chronic pain and debilitating illnesses.

Merrill informed the high

LEIS LEIS



From left, Carminetta Verner and Dr. Patricia Frye. Photos by Al Holston

turn out crowd that a medical marijuana dispensary will open near the Glenmont Metro Station in Silver Spring in October.

At the end of the presentations, there was an extensive question and answer session and assistance was provided for registering with the Maryland Medical Marijuana Commission.

For more information, contact Carminetta Verner at (301-438-0283).



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Getting Ready to Vote in the Nov. 6 General Election

by Fred Seelman

Before the Club's next meeting on Tuesday, Nov. 20, at 7 p.m. in Clubhouse I, citizens will exercise their most important civic duty: voting.

The Club urges members to now turn their attention to getting ready to vote. This should involve answering three questions: Who are the Republican candidates? How can I vote for them? How can I help others vote for them?

Republicans have the following candidates on the Nov. 6 ballot. For more information about them, check their websites: Larry Hogan for governor and Boyd Rutherford for lieutenant governor

(www.larryhogan.com); Anjali Phukan for comptroller (www.mscomptroller.com); Craig Wolf for attorney general (wolf4ag.com); Tony Campbell for U.S. senator (www.campbell4maryland.

com); John Walsh for U.S. representative (johnwalshforcongress.com), Helen Domenici, David Pasti (pastifordelegate.com), and Martha Schaerr (marthaformary-

land.com) for state delegates; Robin Ficker for county executive (www.robindeliversforyou.com); and Jae Hwang for sheriff (www.jaeforsheriff. com). Penny Musser and Shelly Skolnick are candidates for county council members-at-large.

Registered voters have three ways to cast their ballots: through the mail (absentee voting), early voting at early voting centers, and Election

Day voting. For more details, go to the County Board of Elections website at (www. 777vote.org) or call (240-777-8550).

There are three ways members can

help others vote. First, volunteer for a Republican candidate to help them get their message out to the voters.

Second, contact the County Board of Elections at (elections@montgomerycountymd. gov) or (240-777-8500) and inquire about working as an election official.

Third, help the Republican Club on election day at one of the three voting precincts in Leisure World: Clubhouse I, Clubhouse II or the Inter-Faith Chapel, or make calls to fellow Club members to get out the vote. Contact our president or first vice president to offer to volunteer.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) or first vice president Ray Spieler at (301-460-3563). Join us for another quality event on Nov. 20, and enjoy our refreshments.

■ Democratic Club

Phone Banks, Mailings Gear Up for Election

by Roger Blacklow

C an you phone bank from home? Mail preaddressed and stamped postcards from home? If so, contact the Club at (leisureworlddemclub@gmail. com). Election Day is only a couple weeks away, and the Club wants Leisure World to remain the best bastion for Democratic turnout in Montgomery County.

Oct. 24 Rally

Rep. Jamie Raskin, who can always get a crowd going, hosts a Get-Out-the-Vote rally on Wednesday, Oct. 24, at 2 p.m. in the Clubhouse II auditorium.

Joining him on stage in this unity event are: Susie Turnbull, candidate for Lt. governor; state

delegate incumbent
Bonnie Cullison and
candidates Charlotte
Crutchfield and
Vaughn Stewart; Marc
Elrich, candidate for
county executive; and

County Council incumbents Hans Reimer and Sid Katz, and candidates Gabe Albornoz and Evan Glass.

More elected officials may show up with a possible

surprise guest or two. This is a fun event and will maximize the time you have schmoozing with the candidates. So come and join the party.

Remember: Thursday, Oct. 25 to Friday, Nov. 2 is the time for early voting. Election Day is Tuesday, Nov. 6.

For more information on how and

where to vote, absentee ballots and more, go to (elections. maryland.gov).

Club Notes

FISURE WORLD MO

Do you have an idea, possibly about a future speaker or event? Contact the Club at (leisure-worlddemclub@gmail.com). Or come to Club board meetings, which are the first Thursday of every month in Clubhouse I.

The Club continues to gain membership and has passed the 600 mark. Join us by sending your contribution of \$10 per person to (Jon Fife, 3200 N. Leisure World Blvd, Apt. 1001, Silver Spring, MD 20906). A contribution automatically provides members a subscription to the Club's in-house newsletter, the "Donkey Dispatch."



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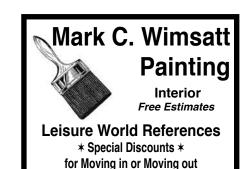
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■ National Active and Retired Federal **Employees (NARFE) Chapter 1143**

Next Meeting Features Checkbook Health **Insurance Expert**

by Joe Cook

ur Chapter meeting on Monday, Nov. 19, begins at 2 p.m. with informal discussions and snacks at 1:30 p.m. in Clubhouse I. All interested parties are welcome and strongly encouraged to join the Chapter.

As a follow-up to the annual Federal Health Insurance Roundtable and Walt Francis, Expo on Oct. 15, November's featured speaker is Walt Francis, the federal health insurance expert and Consumers' Checkbook Magazine writer.

He will highlight significant changes for the current Open Season; provide descriptions and recommendations based on coverage, satisfaction, costs and areas of risk; and answer audience questions. The Consumers' Checkbook "Guide to Health Plans for Federal Employees" can be ordered at (www.checkbook.org).

Federal Pay Increase Efforts

NARFE continues to put pressure on Congress to ensure a 1.9 percent pay increase for federal employees in the final appropriations when the House returns on Tuesday, Nov. 13.

See NARFE publications and website (www. NARFE.org) for the latest status of all related Congressional action.

Olney Theater Tickets

Chapter treasurer Jewel Lee continues to pursue discounted tickets for upcoming Olney Theater performances. The next three scheduled events are: "Labour of Love," Sunday, Oct. 28; "Elf," Wednesday, Dec. 19; and "Once," Wednesday, Feb. 20. If interested, contact her at the next Chapter meeting.

Support Federal Retirees

One of the most cost-effective

ways to support federal retirement is to join NARFE. The Leisure World Chapter dues are

only \$44 per year, of which \$40 goes to the national office.

General Information

Chapter 1143 has its own website, available at (http://narfe1143. org).

Contact a member of the Chapter's executive committee with

any questions or suggestions, or if you would like to become a member or show your support. Visit the NARFE website at (narfe.org) for more information.



courtesy photo

Contact Information

- President John Moens at (johnjots@outlook.com)
- Vice President, Legislative Chair Joe Cook at (joec37766@ gmail.com)
- Treasurer Jewel Lee at (jewelalee@msn.com)
- · Secretary Pam O'Dell at (PamandJeff@comcast.net)
- Membership Chair John Lass at (johnmlass@comcast. com)
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■ Jewish Discussion Group

Oct. 28: Author Presents 'Miracle Nation'

by Jerome "Jerry" Cohen

n Sunday, Oct. 28, at 10:30 a.m. in Clubhouse II, the Jewish Discussion Group's featured presenter is Israela Meyerstein.

She will discuss her recently published book, "Miracle Nation: A Tribute to Rebirth in the Land of Our Ancestors -**Seventy Stories About** the Spirit of Israel."

The book is "an inspiring anthology of true stories about Israel's birth, immigrant roots, and contemporary society," according to a review published by Hadassah magazine online.

Enjoy this opportunity to engage directly with the author and the lively discussions that most certainly will ensue.

Club Information

The Group invites everyone to attend its free, fourth

> Sunday discussion group sessions, held from 10:30 a.m.-noon in Clubhouse II.

Come and enjoy this year's featured fall presentation, as it is sure to play to a full house.

For additional information or to

have your email address added to the monthly notification list, contact group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

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courtesy photo



Maryland Attorney General Speaks at Brunch

by Jonas Weiss

oug Gansler, former **Attorney General of** Maryland and president of the National Association of Attorneys General, speaks at the JRLW brunch on Sunday, Nov. 18, at 10 a.m. in Clubhouse I. He will discuss "Maryland and Beyond in the Post-Midterm Elections.'

For reservations, send checks for \$12 payable to JRLW to Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906). Checks must be received by Saturday, Nov. 10. To reserve a table for 10, all checks must be received together in one envelope. There is no saving of seats and no payment at the door.

Services

A program memorializing Kristallnacht takes place on Sunday, Nov. 11, at 7:30 p.m. in Clubhouse II. Fred Firnbacher has put together a program with Joseph Turtil, who will discuss his experiences in Austria during that time.

Rabbi Gary Fink leads a Conservative service in The Inter-Faith Chapel on Friday, Nov. 3, at 7:30 p.m. The Jewish War Veterans Post 567 provides the guest speaker, Ted Hyman, and sponsors the Oneg Shabbat.

Cantor Michael Kravitz leads Conservative services on Saturday, Nov. 10 at 9:15 a.m. in Clubhouse II.

Rabbi Moshe Samber conducts abbreviated Sabbath services on Saturday, Nov. 3, 17, and 24 at 9:15 a.m. in Clubhouse II.

Donations

For the Torah maintenance fund send checks payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

Donations for prayer books should go to Janet Lazar at (15311 Beaverbrook Ct.,

Apt. 1B, Silver Spring, MD 20906). Janet is asking for someone to help her label the prayer books.

Send donations for Kiddush

(\$25 minimum), an Oneg (\$25 minimum), Yiskor, or general tzedukah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

■ Jewish Residents of Leisure World

Nov. 11: Kristallnacht Observance

by Fred Firnbacher

Tewish Residents of Leisure World (JRLW) observes the 80th anniversary of Kristallnacht on Sunday, Nov. 11, at 7:30 p.m. in Clubhouse II. The keynote speaker is JRLW member Joseph Turtil, who lived in Austria after the Germans annexed that country.

In November 1938, a 17-year-old Jew living in Paris named Herschel Grynszpan received news that his family had been deported from their home in Germany to the Polish border, where they were stranded and mistreated.

An enraged Herschel went to the German Embassy and shot a diplomat named Ernst Von Rath. On Nov. 9, Von Rath died.

The Nazi propaganda chief, Josef Goebbels, saw the killing as an opportunity to take the persecution of the Jews to the

next level. With Hitler's consent, Goebbels called for a pogrom against Jews.

Within hours, Nazi stormtroopers were rampaging through almost every town and village in Germany and Austria. Synagogues were desecrated

> and set afire by the Nazis. Jewish businesses and homes were broken into and plundered.

Most Jewish males were arrested and sent to concentration camps,

and some were killed. Many consider this night to be the beginning of the Holocaust.

Kristallnacht, or "Crystal Night" in English, is also referred to as the Night of Broken Glass, a reference to the broken shards of glass from Jewish-owned stores that littered the streets.

The Kristallnacht Observance is sponsored by JRLW and free of charge. All residents are invited to attend.

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Nov 14: Cantor Michael Kravitz Presents 'Jewish Influence on American Music' Program

by Barbara Eisen

antor Michael Kravitz presents a musical program, "Jewish Influence on American Music," on Wednesday, Nov. 14, at 2 p.m. in Clubhouse I.

He has in-depth knowledge about music and Jews and has created a new presentation for Hadassah in his annual appearance. His programs are always entertaining and offer new and interesting historical insights.

As always, all are welcome!

Judaic Study Group

Peri Schuyler presents "Jerusalem -Ancient and Modern" to Hadassah's Judaic Study Group in two sessions. The first session is Monday, Nov. 19, at 1:30 p.m. in Clubhouse I.

All are invited to learn more about the ancient city's long history of conquests by competing powers and the different groups and people who have lived there through the centuries.

A second session to be held in the spring of 2019 examines Jerusalem history after

There is no charge for either session.

Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The price of the cards is \$3 each. Cards are displayed and sold at every Hadassah meeting.

Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of

\$1,000, made by individual contributions of \$40.

Send your donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Ruth Temin at (301-288-7387) or (teminar@comcast.net); Lois Fields at (301-585-9804) or (loisfields2@ earthlink.net); or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

Leisure World News





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Nov. 7 Meeting Includes Presentation and Film

by Carole Mund

E ducation in Israel is the topic of a NA'AMAT meeting on Wednesday, Nov. 7, at 12:30 p.m. in the Clubhouse I Crystal Ballroom.

Ruth Temin and her son, who lives in Israel, will give a short presentation about the schools there, followed by a screening of "Dough" (2016, 1 hour 34 minutes, comedy/drama, not rated).

Refreshments will be served. There is no charge, and the meeting is open to all residents.

Mah Jongg Cards

It is nearly time to order your new Mah-Jongg cards for 2019. A new chairperson will coordinate the orders.

More information about ordering cards will be available soon.

Card and Mah-Jongg Day

NA'AMAT's annual day devoted to fun and games,

Card and Mah-Jongg Day, is on Wednesday, Dec. 5. Refreshments are served. More information is forthcoming.

Tzedakah

"Tzedakah" is a custom of donating loose change each Sabbath to charity. Newly designed "Pushkie" boxes encourage members to save and donate.

Every penny counts in supporting NA'AMAT's many programs.

Carol Milwit, our Tzedakah chairperson, coordinates the collection and replacement of the tzedakah boxes.

Just drop your change or maybe your mah-jongg winnings in the box, and Carol gladly collects the box and replaces it with a new one. Full donor credit is given.

For more information, contact Carol at (301-288-7534).

Trips

Check the Club Trips section

of this publication for details about a NA'AMAT sponsored trip to Arena Stage to see "Anything Goes." Registration fees support NA'AMAT and provide donor credit.

Donor Luncheon

The Club has scheduled the 2019 donor luncheon for Wednesday, May 8, at the Argyle Country Club. Details are forthcoming.

Fashion Show

The Oct. 3 Fashion Show was a huge success. Trudy Stone, President Emeritas, was presented a plaque in appreciation for her many years of service to NA'AMAT.

Mission

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational day care programs, vocational training, legal aid for women, services and assistance for new immigrants as well as

centers for the prevention and treatment of domestic violence.

NA'AMAT is proud of its 233 daycare centers located throughout Israel that ensure the safety and security of over 17,000 preschool children and the 40,000 families that depend on NA'AMAT for social, psychological and economic services.

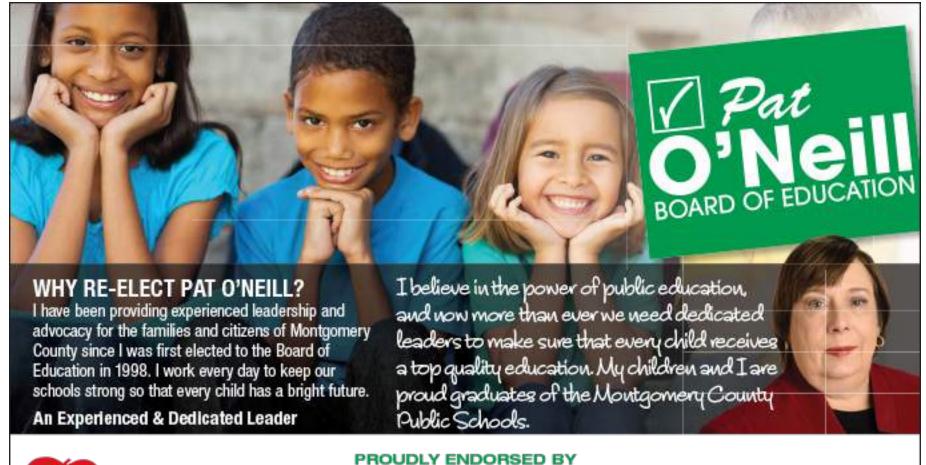
The many activities NA'AMAT members enjoy not only provide opportunities for socialization with friends and neighbors, but also serve as fundraisers to support NA'AMAT's many programs.

Contact Us

To join the NA'AMAT RBZ Club, contact Harriet Chaikin at (240-560-7487).

For information about NA'AMAT, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).

For tribute cards, contact Lenore Kalen at (301-922-4348).











The Washington Post @







County Executive like Leggett ★ County Council Member Craig Rice ★ County Council Member Nancy Navarro

County Council Member Sidney Katz ★ County Council Member Hans Riemer

www.patoneill.org

By Authority: Friends of Pat O'Neill, Lafe Solomon, Treasurer

Boomers Walk Capital Crescent, Rock Creek Trails

by Beth Leanza

ll of Baby Boomer Club's Awalking groups welcome anyone who likes to walk; there is no requirement to join!

Friday Hikes with Joyce

Discover new places to take walks each Friday when a group meets at a local walk venue some meet up in Leisure World and ride together to the venue.

Residents who wish to carpool are asked to contact Joyce Richardson at (301-598-7098) or (777cheekie333@gmail.com) by Thursday evening.

This group usually walks about three miles, but some walk halfway in and then turn around.

• Oct. 26 - Capital Crescent Trail (Bethesda) Meet in the parking lot of the Bethesda Swimming Pool at 1:15 p.m. Bring water. Exit through the Connecticut Avenue gate, and continue south on Connecticut Avenue for about 8.7 miles. Turn right on Bradley Lane and drive

about 1.1 miles. Turn left on Hillandale Road and drive 0.4 miles. Turn right onto Little Falls Parkway; parking is about 100 yards ahead.

• Nov. 2 – Rock Creek Trail (Rockville) Meet in the lower circular parking lot at 1:15 p.m. Bring water. After exiting Leisure World through the Connecticut Avenue gate, continue south on Connecticut Avenue. Turn right onto Aspen Hill Road Drive for 1.4 miles and turn right onto Baltic Avenue After 0.2 miles turn right into the parking lot.

Sunday Morning Walks

For a three-mile walk, meet up on Sunday at 8:30 a.m. near the corner of Leisure World Boulevard and Arden Court (across from Kelmscot Drive). The group walks the entire Leisure World Boulevard circle, and often go out to breakfast afterward.

Weeknight Walks

For a shorter walk on weekday evenings, meet at 5:15 p.m. in the

Clubhouse I lobby. The group walks around the Broadwalk in Montgomery Mutual. No one makes an announcement, so ask around if new to the group.

Volkssport Walks

One Club member also belongs to the American Volkssport Association (AVA). He posts AVA walk information on the Club's website, (https://sites.google. com/site/bbclwmd). Click on Walks, below the calendar.

More About the Club

Each month the Club screens a movie in the Clubhouse II auditorium followed by social time and shared snacks. We also enjoy dinner and a movie out.

Another venue Boomers like is Toby's Dinner Theatre in Columbia, which offers a wonderful buffet and amazing performances.

How to Join

To join the Baby Boomer Club, send a check for \$5, payable to Baby Boomer Club,

to membership chair Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906). Include your address and phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who

Adding the Baby Boomer group email address (bbclw@ googlegroups.com) to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder.

The Club keeps its emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

Still have Questions?

The Club's website is available at (https://sites.google.com/ site/bbclwmd) and includes a calendar with walk information.



www.brendawolff.com



@brendawolff1 **If** @Brenda Wolff for Board of Education

EXPERIENCE * LEADERSHIP * COMMUNITY ADVOCATE

By Authority: Friends of Brenda Wolff, Donna Mitchell, Treasurer



www.yourscootershop.com

Pride Viva Lift Chair Sale!

All Pride Viva Lift Chairs are on sale. Get up to \$700.00 off any Pride Viva Lift! Call today to make an appointment at our Leisure World/ Medstar Health Medical Center Office. Free delivery and set up is included



■ Vegetarian Society of Leisure World (VSLW)

November Meeting Features Integrative Medicine Discussion

by Bob Fenichel

ur next meeting is Tuesday, Nov. 13, at 7 p.m. in Clubhouse II. After a short business meeting and elections, Dr. Lowell B. Weiner, D.D.S.,

a Leisure World resident, will discuss how new information on integrative medicine affects diet and health.

Dr. Weiner has been in practice for more than 40 years. He Lowell Weiner, courhas been on the staff, tesy photo faculty or has been a consultant at the University of Maryland Dental School, the Georgetown University Dental School, Johns Hopkins **University Swallowing Center** and several other local univer-

sities. He is also the author of numerous papers in his medical field. Dr. Weiner was Dean Emeritus of Integrative Dental Medicine at the Capital University of Integrative Medicine. He started an integrative medical

> clinic in Friendship Heights, where he still practices.

The mission of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet.' Please note that everybody is welcome at VSLW activities; residents

don't have to be vegetarian to participate.

Additional information about VSLW activities is available at (www.vslw.org).





GIAC Has Free Bingo With 'Sur-Prizes'

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday (known as Saturday Afternoon Live – SAL) beginning at 2 p.m. with armchair travel.

Armchair Travel

On Saturday, Oct. 20, Rick Steves, well-known video travel guide, takes participants to the "Alps of Austria and Italy" to experience some of the best alpine thrills in Europe, whether you want to stay firmly planted on the ground or soar high above the valley floor.

On Saturday, Oct. 27, join Steves for breathtaking views of Mont Blanc in the "Alps of France and Switzerland."

Take a gondola ride over the border to the Italian side, ride a lift up to Europe's highest lift station, maneuver on foot through an ice tunnel and end up peeking out over the magnificent Alps from the very top.

Games

GIAC meets every Saturday to play games at 2:30 p.m. in Clubhouse II.

Mexican train dominos and Rubik's Cube are played every Saturday, and bingo – back by popular demand – is again played simultaneously on the second and fourth Saturdays of the month.

The bingo game is free and players are allowed to use as many cards as they can handle. Tantalizing prizes are announced as the game begins.

Pokeno is still played on the first and third Saturdays.

Anyone interested in more information about games should contact Sylvia Pachenker at (301-598-5325).

Upcoming Trips

• Nov. 7 – A visit to Harrington Casino "Where Winners Play" in Kent County, Delaware, includes a buffet lunch.

• Dec. 11 – Travel to Frederick, Maryland, for a festive lunch at Dutch's Daughter Restaurant with a stop on the way home at Linganore Winecellars in Mt. Airy, Maryland, where participants will learn how wine is made and get to taste a variety of styles.

More detailed information on these trips can be found in the Club Trips section of this publication.

Sign-ups up for bus trips, which are open to all residents, takes place during SAL from 1:30-3 p.m. in Clubhouse II when a representative of the program committee is available to receive payments and answer questions.

The GIAC newsletter, which also has more trip

information, is also available during SAL.

For questions about trips, stop by the SAL information table or call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

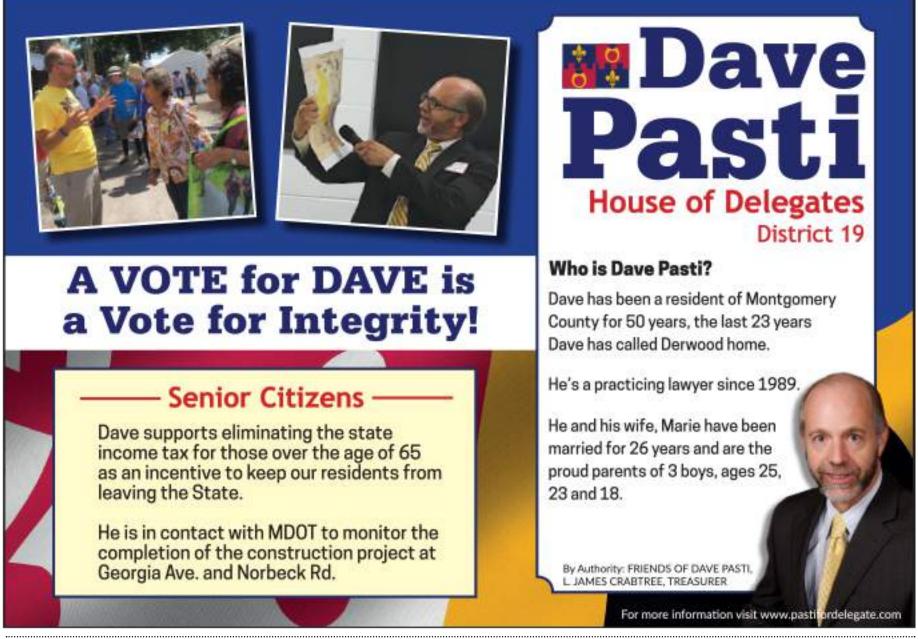
2019 Trip Dates

- May 15 American Music Theatre, Lancaster, Pennsylvania
- Sept. 16-20 Pigeon Forge and Smoky Mountain Show Trip, Tennessee

Membership

Those wishing to sign up for membership can do so during SAL from 1:30-3 p.m. in Clubhouse II when representatives are there to provide information and answer questions about the club and its activities.

Residents may also call Sylvia Pachenker at (301-598-5325) for more information about membership.



Discover iOS 12's Do Not Disturb Feature

by Brent Malcolm

The most hailed feature of iOS 12 is undoubtedly Do Not Disturb (DND), which has been completely overhauled so it can – among other things and most important – learn to turn itself off.

One problem with prior versions was that manually invoked DND sessions didn't end at a reasonable time but instead remained active until 8 a.m. the next day.

In iOS 12, a
user can still turn DND on
manually with a single tap on
its button in Control Center
and end DND automatically
when it disables itself on the
schedule set in Settings > Do
Not Disturb. Now, by using
force-touch on the DND button
in the Control Center, you
bring up the DND card, which

provides five options: (1) For 1 hour. (2) Until this evening. This setting will silence calls until 7 p.m. (3) Until I leave this location. This option is particularly useful when you're in a doctor appointment or at a movie theater, for example; it will remove the DND when

you leave a particular spot. (4) *Until the end of the next event*. When you enable DND during an event that's on your calendar, this fourth choice appears on the DND card, giving you the option

of turning DND off at the end of the event. As soon as your scheduled appointment is over, you'll receive notifications again. (5) *Schedule*. Tap this button to open Settings > Do Not Disturb.

Club News

Apple

At this month's meeting on Tuesday, Oct. 23, at

10 a.m. in Clubhouse II, the Club welcomes back popular presenter Jim Ritz. He will talk about what's new, then open the meeting up for questions.

All sorts of LW Apple Club information is available on

the Club's website, (http://mac.computerctr.org).

The site also includes information on the Club's meetings and clinics, past Leisure World News articles, information on past presentations and more.

■ Lions Club of Leisure World

Nov. 14: Luncheon Salutes Military Women

by Maxine Hooker

The Lions Club recognizes and honors the community's military women at a luncheon on Wednesday, Nov. 14, at 11:30 a.m. in the Clubhouse Grille in Clubhouse I. The luncheon is free for women veterans; there is a charge of \$10 for all other attendees.

This event is open to all former, retired and current veterans in Leisure World. The Lions Club wants to salute

> the women who have served their country in any branch of the U.S. military.

To make a reservation, contact Arthur Hooker, Club president, at

(coacharthur1962@yahoo.com) or (301-598-0242) by Monday, Nov. 5. Seating is limited.



Writers Share Memories of Baseball and Childhood

by Gladys Blank

t the Group's Oct. 4 A meeting Grace Cooper read a lovely poem about the significance of time in our lives.

Radha Pillai shared a few of her many childhood thrills of climbing trees higher than her brother, and feeding and playing with calves. The Group's members enjoyed hearing about them all.

One member wrote of the passing of a dear sister and reminisced about how funny and sharp she had been.

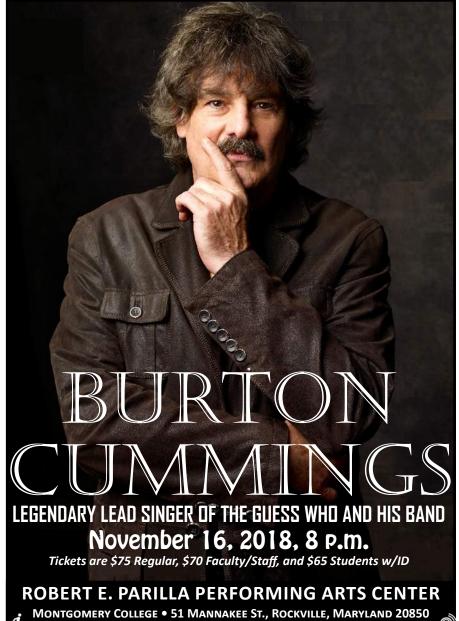
Phil Wendkos submitted a interesting piece entitled "Good People of the United States." Marion Bedell read a humorous essay recalling the ups and downs of taking "The Test" for an entrance

"Is Deer Hunting Really Better than Sex?" by Woody Shields was not only entertaining but educational as well. Gladys Blank wrote of her long-time interest and love of the game of baseball that she shared with the Washington Post columnist Tom Boswell.

Doug Kiessling regaled the Group with his childhood memory of the trials and tribulations of painting a small house on the family property.

General Information

The Writers of Leisure World meet on the first and third Thursday of each month at 11 a.m. in Clubhouse I. All residents are welcome to attend.



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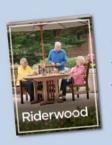


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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn. com).

Boston Group: If you have not yet attended a meeting and are a Bostonian, please let us hear from you. After meeting earlier this month, it was decided that members would arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189) and leave a message.

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Oct. 26. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

LW Green: LW Green was formed in 2015 by residents who are enthusiastic about becoming better environmental stewards. Meetings are the fourth Wednesdays of the month at 2 p.m. in Clubhouse I. All those who care about the natural resources in Leisure World and the outside communities are urged to join us. For more information, contact Janice McLean at (janicewmclean@gmail.com).

Model Railroad Club: If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything

you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

Musical Jammers: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our more than 1,000 members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: For information about the group and its activities, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/ or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

Quilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Oct. 25.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The O. Henry Prize Stories 2018," which contains 20 prize-winning stories. On Wednesday, Oct. 17, the group will discuss "Counterblast" by Marjorie Celona. On Wednesday, Nov. 7, Sumner Katz will lead a discussion of "Nayla" by Youmna Chalala. On Wednesday, Nov. 21, the group will discuss "Lucky Dragon" by Viet Dinh. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women's Fun Bunch of Leisure World: The Women's Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquires, call Marlene at (301-438-7773).

Leisure World Club Trips

The next deadline for trip submissions is **Monday**, **Oct. 22**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are open to all residents, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

10/31-11/1

2018

Dover Downs Hotel & Casino in Delaware

Return to Dover Downs with NA'AMAT RBZ Club on this popular trip with its overnight stay in Dover, Delaware.

The cost is \$115 per person, double occupancy, \$165 single occupancy, and includes round-trip transportation, beautiful hotel accommodations, breakfast buffet plus \$50 play money.

The bus leaves Clubhouse II at 10:30 a.m. on Wednesday, Oct. 31, and returns at approximately 3:30 p.m. on Thursday, Nov. 1.

Send your check(s), payable to NA'AMAT, to Trudy Stone at (15101 Interlachen Dr. #801, Silver Spring, MD 20906). Be sure to indicate with whom you will be rooming. If you have any special needs, indicate what they are with your check. Questions? Call Trudy at (301-438-0016).

Nov.

7

Harrington Casino in Delaware

Join the **Going It Alone Club** on a trip to Harrington Casino, in Harrington, Delaware. The casino provides \$15 in slot play and a \$7 buffet credit (subject to change).

The bus leaves Clubhouse II at 11 a.m. and returns at approximately 7 p.m. If you have a casino card number, you must bring it with you.

The cost is \$25 for Club members and \$32 for non-members. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made unless a replacement if made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Nov.

Gaming and Sightseeing 26-28 in Atlantic City, NJ

Join the **Jewish Residents of Leisure World** for a two-night. three-day trip (Monday-Wednesday) to Atlantic City, New Jersey.

For only \$179 per person for double occupancy (\$90 more for single occupancy), you get transportation in a modern bus, two nights lodging in the Tropicana Atlantic City hotel, a dinner and two hot breakfasts, plus a \$20 casino bonus.

On your own in this tourist location, you can also take in a show and enjoy the famous boardwalk.

Contact Sue Sandler at (240-242-3742) for more information and a reservation.

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

Nov. 28

"Anything Goes" at Arena Stage in Washington, DC

LWAAAC hosts a trip to see the Tony award-winning play, "Anything Goes," at noon on Wednesday, Nov. 28, at Arena Stage in Washington, D.C.

The play, by Cole Porter, is a musical about a lovelorn guy who has stowed away on a luxury ocean liner to stop his love from marrying a British millionaire. It's musical romance on the high seas filled with mischief and mayhem with the help of showgirls, sailors, and gangsters, and includes favorite tunes and great choreography.

Tickets are \$60 per person and includes Eyre bus transportation. Tickets may be purchased by placing a check (payable to LWAAAC) in the LWAAAC mail slot in the Clubhouse I E&R Office. Include an email address with the payment.

Guaranteed seating at Arena Stage requires that tickets be paid by Tuesday, Oct. 23.

All residents are welcome. The bus departs from Clubhouse II at 10:30 a.m. and returns at approximately 4 p.m. For more information, contact Juanita Sealy-Williams at (301-822-4531).

Dec. 11

Holiday Luncheon and Tour and Wine Tasting

Join the **Going It Alone Club** for a holiday luncheon at Dutch's Daughter in Frederick, Maryland. The buffet includes carved beef, Dutch's chicken, baked potatoes, vegetables, salad, dessert with coffee, tea and soda.

After lunch, we travel to Linganore Winecellars in Mt. Airy, Maryland, for a tour and wine tasting.

The bus departs from Clubhouse II at 11 a.m. and returns at approximately 6 p.m.

The cost is \$65 for Club members and \$73 for non-members, and includes luncheon, tour, wine tasting, tax and meal and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Nov. 10, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

19

"Anything Goes" at Arena Stage in Washington, DC

If you are no talgic for old-time Broadway musicals, then this NA'AMAT RBZ Club trip is for you. NA'AMAT members and friends are going to the matinee performance of "Anything Goes" at Arena Stage. Set on a luxury cruise ship, this classic is a showcase for a host of Cole Porter's inimitable songs.

The bus departs Clubhouse II at 10:30 a.m. and returns at approximately 4 p.m.

The cost of \$89 includes ticket to the performance, bus transportation, gratuities and a donation to NA'AMAT.

For make a reservation, send your check, payable to NA'AMAT, to JoAnn Cadeaux at (2904 N. Leisure World Boulevard, Apt. 502). If you have any questions, call JoAnn at (301-438-0737).



Keeping Maryland's Seniors Safe

Delegate Kramer has led the charge in Annapolis to ensure Maryland's seniors are safe and protected from financial exploitation:

- → Created Maryland's Silver Alert to find and bring home seniors who are reported missing
- → Established an automated system to check on the welfare of seniors living alone
- → Required financial institutions and their employees to report suspected financial elder abuse
- → Protected senior homeowners from unscrupulous lenders using reverse mortgage products
- → Helped senior victims of financial abuse recover lost assets

Supporting the Special Needs Community

Kramer made it easier for differently-abled members of our community to be self-sufficient and productive:

- → Established program to raise funds for housing and job opportunities for residents with developmental disabilities
- → Created tax credit for businesses that hire an individual with a disability

Caring for Our Environment

Delegate Kramer is proud of his record of environmental protections and innovative solutions that:

- → Require Maryland road authorities to strictly manage the damaging effects of road salts on our ecosystem
- → Improved energy efficiency by expanding low- and no-interest loan programs to replace energy-wasteful equipment

Taking Care of Our Animals

A true animal lover, Delegate Kramer believes that the way we treat animals speaks volumes about who we are as humans. That's why he:

- → Stopped dog sales from cruel puppy mills and "roadside stands"
- → Ended dangerous surgeries by non-veterinarians
- → Banned the cruel practice of silencing dogs and cats by severing their vocal chords

Protecting Consumers

No one should have their hard-earned money taken from them by bad businesses or high-pressure sales jobs, which is why Kramer:

- → Stopped fraudulent charges from being placed on a person's phone bill
- → Created strict standards to protect consumers from high pressure door-to-door sales and made it easier to cancel contracts for unneeded work or unfair pricing

Making our Communities Safe

Delegate Ben Kramer is committed to the safety of our community and preventing crime:

- → Wrote "Noah's Law", a national model, which requires convicted drunk drivers to install an ignition interlock in their car
- → Expanded hate crimes laws to protect women and the disabled
- → Wrote the DNA law that has taken sex offenders off the streets

LEARN MORE ABOUT BEN

BenKramer.org

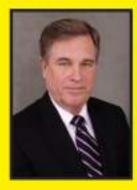
Authorized and paid for by Friends of Ben Kramer, Cynthia Craven, Treasurer.

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Turnberry Courts"M" Model 1BR, 1FB, balcony, hardwood floors, updated kit, 888 sf.



Greens Model "E" 2BR, 2FB, kit, bath, lighting updates, ceramic tile firs, 980 sf.



Berkley Townhouse 2 BR, 2.5BA, new appliances & paint, covered patio, 1600 sf.



"Warfield" Garden Apartment 2BR, 2FB, fresh paint wood-look flr new fridge & DW, 1043 sf.



"Carvel" CO-OP Patio Home 2BR, 1.5BA, updated shower, FP, enclosed patio w/shed, 1412 sf.



Turnberry Courts "B" Model 2BR, 2FB, garage, designer kit w/SS, marble floors, 1033 sf.



Fairways "P" Model w/Garage 2BR, 2.5FB, golf course view, BR3 & LR w/exit to balcony, 1530 sf.



Vantage East"FF" Model 2BR, 2FB, garage, Nice view, fresh paint, new carpet, HWD, 1305 sf.



The Greens "B-H" Model Garage, 3BR + den, 3FB, two balconies, new floor, 2167 sf.



Overlook Hi-rise "K" w/Garage 2BR + den, 2FB, FP, golf course view, storage room, 1520 sf.



'Barstow'' Model Patio home 3BR, 2FB, Florida room, updated BAs, two car garage, 1320 sf.



The Regency"Falconcrest" 4BR, 3.5BA, new carpet & paint, granite & SS appliances, 3322 sf.

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SPORTS, GAMES & Scoreboards

■ Golf Club

Trophies Awarded to Best Golfers of 2018





At left, golfer K.C. Choi receives a trophy for Ladies' 18-Hole Champion from Golf Club president Doug Brasse. At right, Doug Allston accepts the trophy for Men's Champion from Brasse. Photos by Leisure World News

by Brenda Curtis-Heiken

The best golfers at Leisure World were awarded trophies at a semi-annual meeting and reception on Oct. 4 in Clubhouse I.

The Golf Club's board of governors, golf pro Richard Rosenthal and newly hired superintendent of golf Frank McLaughlin were all in attendance, as were Club members and their guests.

Winners

The 2018 ladies' winners are: Mary Ellen Coffey, Ladies' 9-Hole Champion; K.C. Choi, Ladies' 18-Hole Champion; Pam Mulcahy, Ladies' 18-Hole Championship Low Net; and Janet Danziger and Lois Falck, Ladies' 9-Hole Two-Lady Team.

The 2018 Men's winners are:

Doug Allston, Men's Champion; Marty Kreiss, Men's Championship First Flight Winner; Tony Marotta, Men's Championship Second Flight Winner; and Gene King and Stephen Sherrod, Men's Two-Man Team Winner.

Winners for ladies' and men's most improved golfer will be awarded at the end of the season.

General Information

The Leisure World golf course is open to all residents and associate members.

The Golf Club is made up of residents and associates who desire to play in a golf league and is an excellent way for players to hone their skills and promote lasting friendships.

The Club held a number of par three events this year that cost only \$10 and promoted play, camaraderie and just plain fun!

■ Golf Club

Golf Results

Compiled by Rita Molyneaux

Sept. 20, 2018 18-Hole Ladies Mystery Hole #1

K.C. Choi, 65
 Pam Mulcahy, 67

Sept. 20, 2018
MISGA
Two-Man Teach Championship

2. Low Net

Doug Brasse/Joe Powell, 61

Sept. 26, 2018 Men's ABCD Team Two Best Balls of Four Net

- 1. Jack Frensilli, Steve Moore, Carl Ridenour, Joe Crocetta, 116
- 2. Bob Kent, Marty Kreiss, Sam Pak, Doug Cornish, 120
- 3. Kevin McMahon, Sperry Storm, Jim Flanagan, 120*
- *Match of cards

Closest to Pin #7

Doug Brasse, 31'10"

Oct. 2, 2018 9-Hole Ladies Two Lady Odd and Even

- 1. Kazue Waller, Connie Park, 36
- 2. Jenny Wilson, Bev Haass, 38
- 3. Clara Brincefield, Patti Howlin, 39
- 4. (tie) Ruth Cougnet, Linda Andrews; Kay Heier, Marylee Amato, 40

Oct. 4, 2018 Eighteen Hole Results Low Putts Tournament

- 1. K.C. Choi, 33
- 2. Nancy Ferdock, 36
- 3. (tie) Susan Kim, Christa Storm, 37



■Tennis Club

Official Season Ends, But Play Continues

by Alfonso Holston

The Tennis Club's 2018 season officially ended on Oct. 9, when the Club held its annual dinner at Bedford Court for Club members, their friends and family members.

At the dinner, officers
were installed for the 2019
season: Laurie Burdick,
president; Alfonso Holston,
vice president; Nikki Frechtel,
treasurer; Joyce Garner,
secretary; and Philip Wendkos,
membership chairperson.

The dinner does not mark the end of playing tennis in any way. Round robin and advanced play continue, weather permitting. Round robin play is on Tuesdays and Fridays, 9:30-11 a.m., and



The Tennis Club installs new officers at its annual dinner on Oct. 9. Photo by Fred Shapiro

advanced play is on Sundays, Wednesdays and Thursdays, 9:30-11 a.m.

Anyone wishing to become a member of the Club may call Philip Wendkos at (301-598-1745).

We look forward to seeing everyone at our first meeting for the new season on Thursday April 4, 2019.

Have a good offseason.

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League Standings Shift 'Wild'ly

by Rita Mastrorocco

The league is based on handicaps with averages for the bowlers ranging from 94 to 174. If you have not bowled in years, come out and join the fun.

The top league standings as of Oct. 5 are: Wild Things in first place, Half and Half in second place, and Rolling Rocks in third place.

Top scores for the week of Sept. 28:

Scratch Game – Wild Things, 704 pins

Scratch Series – Wild Things, 1940 pins



Handicap Game – Wild Things, 952 pins

Handicap Series – C.A.S.H., 2,740 pins

High Average Men – Steve Mueller, 179 pins

Scratch Game Men – Steve Hays, 237 pins

Scratch Series Men – Steve Hays, 655 pins

Handicap Game Men – Steve Hays, 294 pins

Handicap Series Men – Steve Hays, 826 pins

High Average Women – Chris Porter, 170 pins

Scratch Game Women – Kazue Waller, 189 pins

Scratch Series Women – Chris Porter, 485 pins

Handicap Game Women

– Bea Morrisey and Kazue
Waller, 253 pins

Handicap Series Women – Arlene Gerst, 690 pins.

Top scores for the week of Oct. 5:

Scratch Game – Wild Things, 638 pins

Scratch Series – Wild Things, 1,828 pins

Handicap Game – Rolling Rocks, 890 pins

Handicap Series – Hooks N Curves, 2,588 pins

High Average Men - Steve Hays, 174.58 pins

Scratch Game Men – Steve Hays, 213 pins

Scratch Series Men – Pat Leanza, 502 pins

Handicap Game Men – Barry Potok, 267 pins Handicap Series Men – Ted

Handicap Series Men – Te Murphy, 690 pins

High Average Women – Chris Porter, 170 pins

Scratch Game Women – Chris Porter, 188 pins Scratch Series Women –

Scratch Series Women – Chris Porter, 508 pins

Handicap Game Women – Julia Thomas, 245 pins

Handicap Series Women – Dorothy Adelman, 687 pins.

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Road in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls, and unlimited cups of coffee is only \$11. If interested, call Rita at (301-814-9196).

Holiday Open House

Thursday, Nov. 15 & Friday, Nov. 16 10:00am - 4:00pm

Start your holiday shopping for Gift & Holiday Items at the

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Clubhouse II



WELLNESS SEMINAR

"CHAIR YOGA"

Presented by Terrie Daniels, senior fitness and wellness specialist, Brooke Grove Retirement Village



TUESDAY, OCTOBER 23 · 10-11:30 A.M.

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Research shows that chair yoga can improve mobility, increase energy, boost physical function and otherwise enrich your life! During this seminar, you'll learn more about these benefits and discover some of the poses that can put you on the road to better health. You'll also receive printed material featuring these poses so that you can practice chair yoga at home.

Free. RSVP to the Inter-Faith Chapel office at 301-598-5312 by Monday, October 22.



Migration Across Countries and Chessboards

by Bernie Ascher

ore than 258 million people worldwide are living outside the country of their birth, and at least 60,000 have died during their migration in the last 18 years, according to the United Nations.

Recently, at least one million people left Syria because of civil war; hundreds of thousands left Myanmar (Burma) because of persecution; and 5,000 per day are leaving Venezuela because of hyperinflation and chaotic economic conditions.

The massive movement of humans creates serious problems for countries in many regions, while the migrants themselves suffer physical, medical and emotional hardships – and even death – along the way.

At the same time, but for different reasons, the migration of animals, birds, insects and fishes also creates problems for governments. These creatures generally move on a seasonal basis, seeking warm weather, warm waters and feeding grounds. They do not settle in any particular country permanently; they generally move back and forth.

These migrant creatures do not respect international boundaries. They swim, run and fly across borders as they please. Governments and humanitarian organizations, however, are concerned about declines in the populations of various migrant species such as jaguars, Siberian cranes, Monarch butterflies and certain whales. Blue whales were nearly extinct until the International Convention for the Regulation of Whaling came into effect in 1966.

Other international agreements regarding the migration of animals, birds and fishes include the 1916 Migratory Bird Treaty between the United States and Canada (expanded to cover Mexico, Japan and Russia in later years) and the Convention on the Conservation of Migratory Species of Wild

Animals with 124 countries (as of 2017).

With respect to humans, last July all members of the United Nations, except the U.S., agreed to a Global Compact for Safe, Orderly and Regular Migration. Formal adoption is scheduled for December in Marrakesh, Morocco.

The talks originated in 2016, following a declaration by all 193 members to create new mechanisms to protect the rights of migrants and refugees by ensuring their safe resettlement and access to employment and education.

The U.S. participated in the negotiations until last December when the Trump Administration withdrew, asserting that the agreement was not compatible with national sovereignty and would undermine efforts of individual countries to control national borders.

At a press conference welcoming the new agreement, UN Secretary General Antonio Guterres stated: "Countries have



the right and even the responsibility to determine their own migration policies, and to responsibly manage their borders. But they must do so in full respect for human rights."

Building a wall across the entire southern border of the United States would affect the migration of animals, particularly jaguars, low-flying owls, other birds, butterflies, moths and other insects. The REAL ID Act of 2005 authorizes the Department of Homeland Security to waive local, state and federal laws to expedite the construction of barriers along the U.S.-Mexico border.

"So far," according to Mother Nature Network, "37 laws have been waived permanently on the border, including the Endangered Species Act, the Clean Air Act, the Clean Water Act, the American Eagle Protection Act..." Already, roughly 35 percent of the 2,000-mile border with Mexico has been fenced.

At Leisure World, there is no wall to climb and no passport is needed to play chess. Chess itself is a game of migration as players move pieces constantly to other spaces on the board. In the game on this page, it is Black's turn to move. What is Black's best move?

The solution follows the usual announcement that the Chess Club meets in on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II.

SOLUTION: Black moves the Rook to f2. Checkmate!

So, do not wait for an end to international migration. Do not wait for completion of a U.S. border wall. Do not wait for migratory birds to return from Mexico. Play chess now!

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■Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Duplicate bridge games are held Tuesday and Friday evenings at 7 p.m. in Clubhouse I. Results are posted on (cuebid.com). Hand records and results for Tuesday's game are also available on (thecommongame.

For all games, Flight A includes all players. Flight B includes only ACBL member pairs, each with fewer than 1,000 master points.

Residents looking for a bridge partner may call Shirley Light at (301-598-6611) at least 24 hours before the game.

Tuesday, Sept. 11, 2018

North-South Flight A

- 1. Annapurna Satpathy Reina Chassy
- 2. (tie) Aaron Navarro Stephan Billstein.
- Ann Ruth Volin Angela Riani
- 4. (tie) Jerry Miller Gerald Lerner, Jim Anschutz – Robert Kerr

Flight B

- 1. Jim Anschutz Robert Kerr
- 2. Marilyn Rubinstein Stanley Rosen

East-West Flight A

- 1. Howard Brewer Joe Boland
- 2. Kathleen Hooley Joan Marie Thomas
- 3. Marlys Moholt Hanna Schepps
- 4. (tie) Norman Salenger Shirley Light, LeAnna Gipson - Michael Kravitz, Susan Weiss – Bernice Felix

Flight B

- 1. Kathleen Hooley Joan Marie
- 2. (tie) LeAnna Gipson Michael Kravitz, Susan Weiss – Bernice Felix

Friday Sept. 28, 2018

North-South Flight A

1. (tie) Stephan Billstein – Jim Cowie, Marilyn Rubinstein – Stanley Rosen

East-West Flight A

1. Susan Weiss - Sue Swift 2. Angela Riani – Mildred Lieder

Tuesday Oct. 2, 2018

North-South Flight A

- 1. Stephen Weiner Larry Carswell
- 2. Aaron Navarro Gerald Lerner
- 3. Alan Ferraro Liz Ferraro
- 4. Marilyn Rubinstein Stanley Rosen
- 5. Alfred Caponiti John Ryan

Flight B

2. Alan Ferraro – Liz Ferraro

East-West Flight A

- 1. Saul Penn Elaine Conway
- 2. Lorraine Hegel Robert Kerr
- 3. Mildred Lieder Shirley Light
- 4. Jerry Miller Marlys Moholt
- 5. Barbara Summers James Summers Jr

Flight B

- 1. Nancy Gordon Bernice Felix
- 2. Dora Levin Merrill Stern

■ Wednesday Night Chicago Bridge

Compiled by Abigail B. Murton

Sept. 25, 2018

- 1. Joyce Riseberg and Dick Riseberg,
- 2. Abigail Murton and Doug Brasse, 2,630

Oct. 3, 2018

- 1. Anne Boland and Joe Boland, 3,640
- 2. Dottie Hurley and Dottie Donnelly, 3,020
- 3. Joan Thomas and Joyce Fischer, 3,010

■Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Sept. 27, 2018

- 1. Evelyn Armstrong, 3,400
- 2. Judy Lindley, 3,120
- 3. Shirley Gilmore, 2,480

Oct. 4, 2018

- 1. Evelyn Armstrong, 3,050
- 2. Mary Helen Byrnes, 2,230
- 3. (tie) Judith Lane, Betty Buttell, 1,940

■ Friday Bridge

Compiled by Shirley Rosenhaft

Sept. 21, 2018

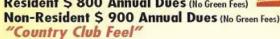
- 1. Jerry Weiss, 2,420
- 2. Shirley Rosenhaft, 2,180
- 3. (tie) Bill Cave, Ruth Kean, 2,140

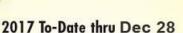
Sept. 28, 2018

- 1. Mort Faber, 3,050
- 2. Barbara Marcus, 2,740
- 3. Irwin Bauman, 2,160
- 4. Jackie McCarthy, 1,930

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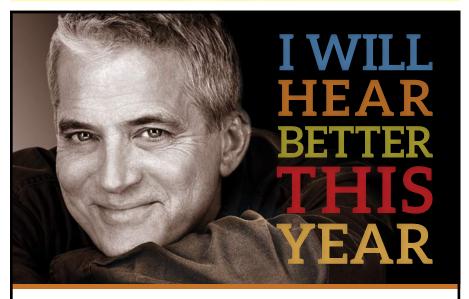
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Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501).

Bridge:

- Tuesday and Friday Duplicate Bridge games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). Results are also posted on (cuebid. com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Nadyne at (301-598-5677).
- The Wednesday Night Chicago Bridge Group is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).
- Men's Bridge seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.
- Thursday Ladies Bridge welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Chess: Free chess lessons for beginners and "rusty' players Monday and Wednesday, Clubhouse II. Call Lark Kellar (301-219-5955) for information. The Chess Club meets every Monday, Wednesday and Friday in Clubhouse II at 1-4 p.m.

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our

enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Mah-jongg: Learn how to play Mah-jongg. Call (301-598-3438).

Ping Pong: Get healthy exercise and camaraderie playing ping pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in Clubhouse II multi-purpose room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email at (julie12401@netscape.net).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

- Poker Game openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).
- Men's Poker is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
- Play Poker Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Indoor Pool Volleyball: Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.



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Tuesday, November 6, 2018





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State's Attorney



Darren Mark Popkin Sheriff



Barbara H. Meiklejohn
Clerk of the Circuit Court



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John Kudel, Treasurer, Friends of John J. McCarthy;
Mary Louise Miller, Treasurer, Barbara Meiklejohn for Clerk
Neil E. Berger, Treasurer, Committee to Elect Darren Mark Popkin

CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

***Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

The Musical Mind: How Music Can Positively Transform Your Life

Forever: Instructor Dr. Harry Dunstan believes that music must be experienced and that music also has the capacity to help us heal ourselves.

Dunstan begins with an overview of the basic elements that constitute music: melody, rhythm, tempo, harmony, tonality/modality, texture, forms and medium. In the second session, he explains how the brain/mind/body perceives these elements, leading participants to a fuller understand of how humans experience them. Using the concepts from the first two sessions, participants learn what the difference is between the musical brain and the musical mind, and how engaged listening to music leads to a more enhanced life. In the final session, participants will explore how to make music his/ her most effective medicine and connect with a higher consciousness. During this session, Dunstan makes specific recommendations on how to listen and experience music in a way to transform one's life.

Class meets Fridays, Nov. 2-30 (no class Nov. 23), 11 a.m.-noon. **Fee: \$30. Register at Clubhouse I.**

EXERCISE

NEW – Beginner and Advanced Tai Chi with

Steve: A must for seniors! Tai Chi builds strength in muscles and bones, promotes a healthy heart, and is fun and easy to do. It improves endurance, flexibility, breathing, and circulation.

The class begins with 30 minutes of stretching and muscle strengthening exercises that promote greater agility, better posture and strengthen muscles. This is followed by meditation for 10 minutes and Tai Chi for 20 minutes. Tai Chi is the best way to improve balance and coordination, thereby decreasing the risk of falling and fractures.

Class meets Tuesdays and Thursdays, Oct. 30-Jan. 31, 2019, 9:30-10:30 a.m. No class will be held on the following dates: Nov. 6, Nov. 22, Dec. 25, Dec. 27 or Jan. 1, 2019. The instructor is Steve McCleary.

For more information, call Maureen McCleary at (301-598-1145). Fee: \$45 for one day per week; \$75 for both days. Register at Clubhouse II.

NEW – Move It or Lose The Enjoy dancing to the rhythm

It: Enjoy dancing to the rhythm of a beat? These aerobic exercises will keep you moving and up on your feet.

Movements are designed to promote cardiovascular health

while having fun. Warm up and cool down are designed to strengthen and tone.

Questions? Contact Betty Smith, Certified Group Exercise Instructor, at (301-598-4245).

Class meets Wednesdays, Nov. 28-Dec. 26, 4-5 p.m. Fee: \$29. Register at Clubhouse II.

NEW – Senior Sneakers:

Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays
(with Shirley), Nov. 5-Dec. 17,
and Thursdays (with Sue),
Nov. 8-Dec. 20, 9-9:45 a.m. You
can take the class on Mondays
or Thursdays, or sign up for
both days. (No classes will be
held the week of Nov. 19-23.)
Fee: \$36, one day per
week; \$60 for both days.
Register at Clubhouse II.

NEW – Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays,
Nov. 6-Dec. 18, and Wednesdays, Nov. 7-Dec. 10,
11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days.
(No classes will be held the week of Nov. 19-23.) Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

Zumba Gold with
Denny – Mondays or
Fridays: This program was
designed for the older active
adult, a person who has not
been exercising in a long time
or individuals who may be
limited physically. The biggest
difference between Zumba
Gold and Zumba Basic is that
Zumba Gold is done at a much
lower intensity. It is just as

much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Nov. 5-Dec. 17 (no class Nov. 26), 10:30 a.m. or Fridays, Nov. 9-Dec. 21 (no class Nov. 23), 1 p.m. Fee: \$37.50 for one day; \$72 for two days. Register at Clubhouse II.

Tap Dancing in a Chair with Carol Neckar: This is great way to have fun, learn something new and exercise! If you are an experienced tapper and miss it, or a beginner who always wanted to tap, but your body says "no," this is the class for you. For experienced tappers, this will be a "remember when" and an "ain't this great!" review. For beginners, it will be an easy start with the basics, moving to delightful music that will make your feet want to dance. It's going to be a lot of fun.

Experienced tappers who don't need a chair are welcome to take the class, but all students work from a chair.

No tap shoes are required, but participants must bring a pair of hard sole shoes.

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the Physical Education Department and, in the summer, continued to perform in local theater. While her career took her in another direction, her love affair with dance has never ended.

If you have questions, call Carol at (301-598-5980).

Class meets Thursdays, Oct 25-Dec. 6 (no class Nov. 22), 4-4:45 p.m. Fee: \$38. Register at Clubhouse II.

Ballet Exercises for Seniors: Get ready to move

like a dancer! No experience required. Enjoy ballet movements at the barre for seniors. These exercises promote balance while improving muscle tone and posture. Have fun and get fit. Low impact; learn the vocabulary of ballet: plié, releve and tendu. For more information, call Betty at (301-598-4245).

Class meets Wednesdays, Oct. 24-Nov. 21, 2 p.m. Fee: \$29. Register at Clubhouse II.

WATER EXERCISE

NEW - Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Nov. 6-Dec. 18, and Thursdays, Nov. 8-Dec. 20, 11 a.m.noon. (No classes will be held the week of Nov. 19-23.) You can take the class on Tuesdays or Thursdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

NEW - Non-impact Fusion Water Exercise with Beth: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Nov. 6-Dec. 18, and Thursdays, Nov. 8-Dec. 20, 1-2 p.m.

(No classes will be held the week of Nov. 19-23.) You can take the class on Tuesdays or Thursdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

NEW – Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30

minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Nov. 7-Dec. 19, from 1-2 p.m. (No classes will be held the week of Nov. 19-23.) Fee: \$36, one day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.



Karla

BOARD OF EDUCATION

At-Large

Parent, experienced educator, and visionary community leader

ENDORSED BY COUNTY EXECUTIVE IKE LEGGETT



"Karla Silvestre has a proven track record as an exceptional leader with vast education and community engagement experence who can work effectively with other elected officials to move us forward. She will be an invaluable asset for further improving our strong public school system." — Ike Leggett



ENDORSED BY:

County Executive Ike Leggett. Councilmembers Marc Elrich, Nancy Navarro, Hans Reimer, Craig Rice and Sidney Katz.

Council Candidates Will Jawando and Gabe Albornoz. Senators Rich Madaleno, Nancy King and Cheryl Kagan. Delegates Ana Sol Gutierrez, Eric Luedke, Bonnie Cullison and Anne Kaiser. Mayors Kate Stewart, Jud Ashman and Jeffery Slavin Former Board of Education President Shirley Brandman.













VOTE EARLY ON OCT. 25-NOV. 1 or ON NOV. 6

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By Authority: Friends of Karla Silvestre, Greg Borgstede, Treasurer



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CALENDAR of Events

Friday, October 19 **Clubhouse I**

10:00 a.m. Book Club Network: Bookies 10:00 a.m. Book Club Network: Searchers

1:30 p.m. Watercolor Any Level Art Class

3:00 p.m. Hispanos de LW: Games 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Computer Learning Center: Cell Phone Buying Guide 10:00 a.m. JRLW program: U.S. Supreme Court Explained

1:00 p.m. Zumba Gold Class 1:00 p.m. Ping Pong Club

1:00 p.m. Chess Club 1:00 p.m. Friday Bridge

7:00 p.m. Baby Boomer Club: Movie

Saturday, October 20

Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Studio Art Class Clubhouse II

9:15 a.m. JRLW Services 12:00 p.m. LW LGBT Alliance 2:00 p.m. Going It Alone Club: Social 4:00 p.m. Lions Club program: Spiritual Jubilees of DC

Sunday, October 21

Clubhouse I

10:00 a.m. JRLW Breakfast Forum Clubhouse II

4:00 p.m. Open Resident Forum: Chat with the Chair

Monday, October 22

Clubhouse I

9:15 a.m. Stretch, Tone and Strength **Training Class**

9:45 a.m. AARP Safe Driving Course and Workshop

10:00 a.m. Chinese Brush and Ink **Painting Art Class**

10:30 a.m. Stretch, Tone and Balance Class

1:00 p.m. Paintbrush and Knife Art Class

1:30 p.m. LW Chorale

1:30 p.m. Town Meeting Organization 1:30 p.m. Book Club Network: Fall Readers

7:00 p.m. Town Meeting Organization

Clubhouse II

9:00 a.m. Senior Sneakers Class 10:30 a.m. Zumba Gold Class

12:30 p.m. Men's Bridge

1:00 p.m. Chess Club

2:00 p.m. Chair Yoga Class

2:00 p.m. Line Dance Class

3:00 p.m. Ping Pong Club

3:00 p.m. Line Dance Class

4:00 p.m. Ba Duan Class

Tuesday, October 23

Clubhouse I

9:30 a.m. Any Medium Art Class 10:00 a.m. Stepping On Fall Prevention

11:00 a.m. ALL course: Connecting through Kabbalah

11:00 a.m. Rossmoor Women's Club: Fashion Show

2:00 p.m. Book Club Network: Suspensers

6:30 p.m. Mixed Media, Canvas and Beyond, Art Class

7:00 p.m. Duplicate Bridge 7:00 p.m. Trivia Group

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Club

11:00 a.m. Mild Exercise Class

11:00 a.m. Water Exercise Class 12:30 p.m. Scrabble Group

1:00 p.m. Non-impact Fusion Water

Exercise Class

1:30 p.m. JRLW movie: "RBG" 2:00 p.m. Unitarian Universalists 1:30 p.m. Comedy and Humor Club 7:00 p.m. Camera Club Competition

Wednesday, October 24

Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. CLL course: Voices: Slave **Narratives**

1:00 p.m. Oils and Acrylic Art Class 1:00 p.m. MISGA Lunch

2:00 p.m. CLL program: Right Size Your

2:00 p.m. LW Green

5:00 p.m. Crab Feast

6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club

1:00 p.m. Ping Pong Club

1:00 p.m. Aqua Fit Exercise Class

2:00 p.m. Chair Yoga Class

2:00 p.m. Democratic Club: Get-Out-

The-Vote Rally

Thursday, October 25 Clubhouse I

9:15 a.m. Stretch, Tone and Strength **Training Class**

10:00 a.m. Painting for Everyone Art

10:30 a.m. Stretch, Tone and Balance

10:30 a.m. ALL course: Exploring Ultra-

Orthodox Judaism 12:00 p.m. 18-Hole Ladies Golf Lunch

12:30 p.m. Ladies Bridge

1:00 p.m. LWAAAC: Healthful

1:30 p.m. Health Advisory Committee: Dr. Donna Leonard on Breast Health 2:00 p.m. Memory Café

Clubhouse II

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced Tai Chi Class

9:30 a.m. Quilting Group 11:00 a.m. Water Exercise Class

12:30 p.m. Men's Bridge 1:00 p.m. Non-impact Fusion Water

Exercise Class 2:30 p.m. Computer Learning Center: Android Help Session

4:00 p.m. Tap Dancing in a Chair Class

Friday, October 26 Clubhouse I

1:30 p.m. Any Level Watercolor Art Class

Dial 301-598-1313 for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and **Advisory Committees**

Audit Advisory Committee

Oct. 19, 2:30 p.m., Sullivan Room

Golf and Greens

Nov. 2, 9:30 a.m., Clubhouse I

LWCC Board of Directors

Oct. 30, 9:30 a.m., Clubhouse I The meeting airs on Nov. 5, 7 and 9 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

Oct. 19, 9:30 a.m., Sullivan Room The meeting airs on Oct. 24, 25 and 26 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change, sign on to residents.lwmc.com and check the calendar for any changes. Meetings are open to all residents.

Leisure World Mutual Meetings

Oct. 19 **Mutual 22 Special Meeting**

3:00 p.m., Clubhouse I

Oct. 23

Mutual 7 Special Meeting 1:00 p.m., Clubhouse I

Oct. 24

Mutual 20B Board

9:00 a.m., Community Room 4

Montgomery Mutual Board

9:30 a.m., Clubhouse I

Mutual 19B Board

1:00 p.m., Sullivan Room

Oct. 25

Mutual 10 Board

9:30 a.m., Sullivan Room

Mutual 20A Board

9:30 a.m., Party Room 2

Mutual 26 Board 10:30 a.m., Party Room

Mutual 6C Board 10:30 a.m., Party Room

Mutual 24 Board 1:30 p.m., Community Room

Oct. 26 **Mutual 17B Board**

10:00 a.m., Party Room

Oct. 29

Mutual 9 Board

10:00 a.m., Sullivan Room

Mutual 23 Board

10:00 a.m., Party Room

Oct. 30

Mutual 17A Board

2:00 p.m., Party Room Mutual 21 Board

2:30 p.m., Community Room 3 Nov. 1

Mutual 27 Board 10:00 a.m., Community Room

Meeting times and locations subject to change, sign on to residents.lwmc.com and check the calendar for any changes.

Mutual Board meetings are open to respective mutual residents.

3:00 p.m. Hispanos de LW: Games 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Chinese Club 10:00 a.m. JRLW program: U.S.

Supreme Court Explained 1:00 p.m. Ping Pong Club

1:00 p.m. Chess Club 1:00 p.m. Friday Bridge

Saturday, October 27 Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Studio Art Class 7:30 p.m. Ballroom Dance Club

Clubhouse II

9:15 a.m. JRLW Services 2:00 p.m. Going It Alone Club: Social 3:00 p.m. Friends of India Group 7:00 p.m. Sock Hop Group

Sunday, October 28

Clubhouse I

No Schedule Activities

Clubhouse II

10:30 a.m. Jewish Discussion Group 2:00 p.m. E&R Sunday Afternoon at the Movie: "The Post" 4:00 p.m. Italian Club Wine and Cheese

Party

Monday, October 29

Clubhouse I

9:15 a.m. Stretch, Tone and Strength **Training Class**

10:00 a.m. Garden and Environmental Club

10:30 a.m. Stretch, Tone and Balance Class

1:00 p.m. Paintbrush and Knife Art Class

1:30 p.m. LW Chorale

Clubhouse II

11:00 a.m. Chair Yoga Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 2:00 p.m. Line Dance Class 2:00 p.m. Chair Yoga Class 3:00 p.m. Ping Pong Club 3:00 p.m. Line Dance Class

4:00 p.m. Ba Duan Class 5:30 p.m. Model Railroad Club: **Operating Session**

Tuesday, October 30

Clubhouse I

9:30 a.m. Any Medium Art Class 10:00 a.m. Stepping On Fall Prevention Class

11:00 a.m. ALL course: Connecting through Kabbalah

1:00 p.m. Pastels Art Class 7:00 p.m. Duplicate Bridge 7:00 p.m. Trivia Group

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. Low Vision Support Group seminar: The Future of Eye Research 12:30 p.m. Scrabble Group 1:30 p.m. Comedy and Humor Club

Wednesday, October 31 Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Drawing Basics Art Class 1:00 p.m. Oils and Acrylic Art Class 6:30 p.m. Mixed Media, Canvas and Beyond, Art Class

6:45 p.m. Chicago Bridge

7:00 p.m. E&R program: Halloween **Dance Party**

Clubhouse II

1:00 p.m. Chess Club 1:00 p.m. Ping Pong Club 2:00 p.m. Chair Yoga Class 5:30 p.m. Model Railroad Club: **Operating Session**

Thursday, November 1 Clubhouse I

9:15 a.m. Stretch, Tone and Strength **Training Class**

10:00 a.m. Painting is for Everyone Art

10:30 a.m. Essential Tremor Group 10:30 a.m. Stretch, Tone and Balance

10:30 a.m. ALL course: Exploring Ultra-Orthodox Judaism

11:00 a.m. Writers Workshop 12:30 p.m. Ladies Bridge

1:00 p.m. Foundation of Leisure World Art Show

1:00 p.m. Oils and Acrylics Art Class 2:00 p.m. LWAAAC: Healthful Thursdays 3:00 p.m. Stamp and Coin Club

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. Stitching Group 12:30 p.m. Men's Bridge 1:00 p.m. Gilbert and Sullivan Society 2:00 p.m. Model Railroad Club: **Operating Session**

Friday, November 2

Clubhouse I

10:00 a.m. Chinese Brush and Ink **Landscape Painting Art Class** 11:00 a.m. The Musical Mind Class 12:15 p.m. Kiwanis Club 1:30 p.m. Watercolor Any Level Art Class 3:00 p.m. Hispanos de LW: Games 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Computer Learning Center: Understanding the Difference between the Internet and the Web 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club

Saturday, November 3

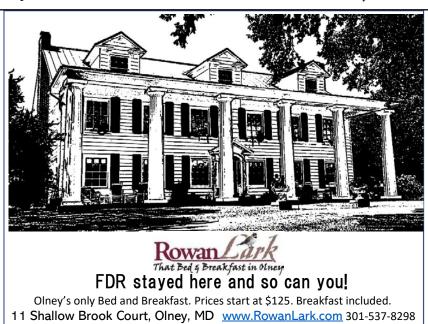
Clubhouse I

1:00 p.m. Friday Bridge

9:00 a.m. Gentle Yoga Class 10:00 a.m. Community Shredding Day: Administration Building Parking Lot 10:00 a.m. Open Studio Art Class 10:00 a.m. American Needlepoint Guild (ANG)

Clubhouse II

9:15 a.m. JRLW Services 2:00 p.m. Going It Alone Club: Social/ 4:30 p.m. Starvation Army Band



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RES Leisure World Trave

Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2 pm Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4 For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Philadelphia Museum of Art and Rodin, PA

Sat., 11/3, 7:15 am-6:45 pm\$110.00 per person The third largest museum in the country's Rodin exhibit is an absolute mustsee. Trip includes transportation, admission to museum and a boxed lunch.

Radio City Rockettes, New York City

11/17, 11/30 or 12/14, 7:15 am-11:45 pm ... \$189.00 per person

Take in this holiday tradition Radio City Christmas Spectacular! Trip includes transportation and admission to show.

"The First Noel," American Music Theatre, PA 🧀

Sat., 11/24, 8:30 am-8:30 pm \$125.00 per person Get into the holiday spirit! Trip includes transportation, admission to show and buffet lunch at Shady Maple Smorgasbord.

Holiday Times at Longwood Gardens, PA

Fri., 11/30, 12:15 pm-10:30 pm.....\$79.00 per person

Experience the Joys of the Season! Magnificent trees, fragrant flowers, dancing fountains, strolling carolers and a half-million twinkling lights await. Transportation and admission included.

NEW - Holiday Market, DC & & &

Sat., 12/1, 10:40 am-6:35 pm \$30.00 per person

Explore the 14th Annual Holiday Market in DC. Pick up unique gifts, explore the vendors or indulge in food. Transportation only.

Dining, Guiding and Lighting, DC

Wed., 12/5, 4:30 pm-10:30 pm\$109.00 per person

Dinner at Mrs. K's Tollhouse Restaurant, then a tour of the DC monuments by moonlight. Weather permitting, stop at the National Christmas Tree. Trip includes motorcoach transportation, dinner and step-on guide

"Rockabilly Christmas," Riverside Center, VA 🙈

Fri., 12/7, 9:45 am-6:30 pm\$117.00 per person

Todd Meredith and his band The Rave-Ons celebrate the holiday season with performances of Buddy Holly's greatest hits along with classic Christmas songs like "Rockin' Around the Christmas Tree," "Jingle Bell Rock" and "Run, Run, Rudolph." Before the show enjoy a delicious 3-course luncheon.

"The Story of Jesus," Sight & Sound Theatre, PA 🥯 🥯 Fri., 12/14, 9:45 am-9:15 pm\$159.00 per person

"The Story of Jesus" is the musical stage adventure about the most famous

person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

2019 DAY TRIPS

Museum Loop, DC

Thu., 1/10, 8:40 am-3:00 pm\$35.00 per person Choose where to go! National Gallery of Art, National Archives Museum or

the National Museum of American History. Transportation only.

Capitol Steps Political Satire Show, DC

Fri., 1/25, 5:30 pm-10:50 pm.....\$75.00 per person

Laugh away your winter blues with this Political Satire! Transportation and admission to the show included.

Congo Mask, Virginia Museum of Fine Art, VA 😂 Mon., 2/4, 7:45 am-7:15 pm\$107.00 per person

The exhibition has original field photographs and footage, audio recordings and a selection of related musical instruments. Self-guided tour. Lunch included in the Marble Hall. Trip includes transportation, admission and lunch.

Museum of the Bible, Washington, DC 5565

Mon., 2/11, 9:05 am-3:00 pm\$60.00 per person

Experience the Book that contiues to shape history. Transportation only.

"Chicago" at the Fulton Theater, PA 🥯

Sat., 2/16, 8:45 am-7:00 pm\$97.00 per person

It's the Roaring 20's. Everything is larger than life! Lunch at Plain 'n' Fancy prior to show. Trip includes lunch, show and transportation

Mon., 2/18, 9:05 am-3:00 pm\$35.00 per person

Try your luck at the Casino for a day. Transportation only.

"La Cage Aux Folles," Riverside Center, VA 🧬

Wed., 2/27, 9:45 am-6:45 pm.....\$117.00 per person

Feel good musical with heart, brains and sequins! Lunch and show included.

SuperPops at the Myerhoff, Baltimore

Sun., 3/3, 1:30 pm-6:15 pm\$69.00 per person

Featuring Christina Bianca: Woman of a Thousand Voices. Transportation and admission included.

3/7 or 3/8, 7:45 am-7:45 pm......\$86.00 per person
The theme this year is "FLOWER POWER." Transportation and admission to the show included.

Newseum, DC

Sat., 3/9, 9:30 am-3:15 pm \$60.00 per person

You will love this beautifully designed, vibrant, dynamic museum with wonderful views of the Capitol, thought-provoking exhibits and plenty to keep everyone engaged! Transportation and admission included.

9/11 Memorial & Museum, NYC & & +

Sat., 3/16, 7:00 am-11:45 pm\$120.00 per person The Memorial Museum is an educational and historical institution that honors

and examines 9/11's continued global significance. The museum displays artifacts associated with the events of 9/11 while presenting stories of loss and recovery. (Security screening on-site). Includes a \$10 Cracker Barrel gift card.

Spotlight On...

Eyre Travel Show, Clubhouse I, Crystal Ballroom

Thu., 11/15, 1:00 pm-3:00 pmFREE

Join us to find out what is coming in 2019! Door prizes and refreshments

MULTI-DAY TRIPS

Biltmore, NC

Nov. 26-29

Greenbrier Resort, WV

Dec. 2-4

Nashville/Opryland, TN Dec. 11-14 (fly/drive)

Charleston & Savannah

March 30-April 4, 2019

CRUISES

Southern Caribbean Cruise

Feb. 23-March 7

Royal Caribbean Southeast Coast & Perfect Day 8-night cruise

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol provides an indication of how much walking may be involved.



Key: Easy Walking More Walking



Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

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market. We know all of the floor plans and how to price them. Tap into our experience, contractor connections, and marketing to get the best price. Our top-quality brochures, twicemonthly statistical reports, multiple websites, and complementary staging display your home and our community at its best. Call for your free competitive market analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

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FOR SALE - COMPLETEY RENOVATED large 2-bedroom 2-bath Ground Floor Condo. Gorgeous, bright and sunny, modern updated kitchen with white Shaker cabinets, granite and stainless appliances. Beautiful white-washed hardwood-look ceramic tile flooring in foyer, kitchen and baths. Must see spa-like master bath with white Shaker cabinets, granite and ceramic tile shower. Updated washer/dryer. Enclosed patio with storage closet. New HVAC and water heater and all plumbing valves. Includes parking and storage in carport. 15400 Bassett Lane #1-D, \$190,000. Realtors are welcome. Contact Debbie (301-598-8184) or (301-204-5067).

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THREE BEDROOM, TWO BATH apartment for rent on first floor of three level building. End patio unit with carport parking and storage. Available Dec. 1. \$1,800 all inclusive except extended cable and internet. Sharon (301-219-1783).

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AUTO SALES

2011 CADILLAC STS4. Loaded with sunroof, chrome wheels, GPS, allwheel drive, 1 owner, only 26,000 miles. Pearl white. MD inspected. \$14,900. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2001 VW BEETLE GLS. Automatic, sunroof, power windows, power locks, cold a/c, aluminum wheels. ONLY 39,000 miles. MD inspected. Like new. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2009 CHEVROLET COBALT LT. 1 owner, only 4,680 miles. 4 door, power windows. New battery. MD inspected. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS -Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

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YOUR PERSONAL DRIVER is here: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle: can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants. appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.-10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text: (301-933-8899). Email: (Steve. Your.Driver@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 100 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

DON'T MISS AN APPOINTMENT because of unreliable transport providers! For shopping, family gatherings, medical appointments or airport rides call Reliable Para Transit, a non-emergency medical transport service. We offer door-to-door services. Our drivers are punctual, reliable & courteous. Rates are affordable. Service is our pride. Call (301-529-0710). We'll Take You There!

CAREGIVERS AND HEALTH CARE

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants."

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146)

ELDERLY CARE: Over 10 years experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

EXPERIENCED NURSING ASSISTANT. Offers personal care, companionship, housekeeping, cooking and transportation. Available Days or Nights. Full/ PT. Have my own car. Excellent references. Speaks English and French. Parishioner at St. Patrick's Catholic Church. Anastasie (202-203-8573)

CAREGIVER with more than 14 years of experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends, and clients in facilities to group home members and privately cared for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. (240-883-8933) (brownzebra@hotmail. com) Shift: night.

CNA — 25 years' experience. Loving, caring, reliable, looking for full or part-time work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

AFFORDABLE ASSISTED LIVING in Forest Glen / Silver Spring 20910. MiLo Care Inc. offers: respite, part-time or full-time care. Fully credentialled caregivers and two

registered nurses on call 24/7. Call for occupancy rates and tours. Joyce Kroner, RN (301-728-2292), Sharon Hall, RN (301-219-4015).

RELIABLE CERTIFIED NURSING ASSISTANT, medical technician, CPR and BLS with over 9 years' experience. Provides great personal care, companionship, medication reminders, housekeeping, cooking, driving to appointments and errands. Available full-time, part-time, live-in, weekdays, weekends and nights. \$19/ hr. Call Kelechi at (240-393-8121).

FANTASTIC ELDER CARE PROVIDERS: Ruth Wilson (202-460-0302), Aminita (Amy) Diane (240-388-7135). Highly skilled, compassionate in-home care, available for private hire. \$20/hr. Everything from companionship and help with errands and meals, to full bed-bound care. We can't recommend these 2 ladies highly enough. Always on time, always providing quality care with dignity and respect. Recommended by the Lindstrom family.

HELLO, IT'S ROSE. CAREGIVER with over 10 years' experience. Certified as a CNA and in first aid, CPR. Have clean background check, tuberculosis screening. Worked with agencies, Montgomery Hospital, private duty. Full-time or part-time, live-in or -out. Please call if you need help with your loved one (240-855-2994) any time. Thank you.

RELIABLE, AFFORDABLE and SAFE caregiver to care for your loved one at home; light meal preparation and transportation. Driver license #T460585784974. (240-855-1104), (240-722-8238).

LICENSED CNA. Reliable and loving, caring person providing quality and affordable care. Day or night, 2-4 hours. Overnight, flat rate. Call Neema (240-687-7471).

AFFORDABLE AND HONEST home caregiver who has incredible experience in elderly caregiving with CNA and CPR license. Offers activities of daily living, personal care, cooking, housekeeping, driving and errand-running. Available weekdays and weekends. Days and nights. Price \$21/hr. Call Keke at (240-393-8121)

AGING? LIVE YOUR BEST LIFE today! Contact Elderly Love Healthcare at (301-742-5386)where love is our utmost priority.

RESIDENTIAL SERVICE AGENCY in Maryland providing personal assistance, Medication Management, companion care and housekeeping, etc. Affordable rates without compromising service. Recruits specific caregivers from every background so as to meet individualized needs of clients. Caregivers respond immediately wearing scrubs with ID so you do not have to guess who's at your door. Caregivers are courteous,

trustworthy and backgroundchecked. Call today for promotional rates and receive service you and your family deserve. Accredited by the BBB, insured, bonded and Medicaid approved. We also accept long-term insurance and self-paid clients. Call today for promotional offer, (301-364-6699). (cwhealthcareservicesllc@gmail. com) References available upon

GENERAL SERVICES

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694). DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/ vet appointments. I am a 55-yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).





A window of opportunity awaits

Gardenside at Ingleside at King Farm represents the future of extraordinary retirement living. It's time to experience a lifestyle that provides opportunities for growth and adventure. Gardenside features elegantly appointed apartment homes, superior amenities and a Center for Healthy Living. A stylish, engaged lifestyle at its very best!

> Gardenside is ALMOST SOLD OUT! Reserve one of the last apartment homes before the opportunity is gone.

For more information call 240-398-3846.



Ingleside at King Farm is a CARF accredited, not-for-profit, continuing care retirement community.

> 701 King Farm Blvd. • Rockville, MD www.inglesidekingfarm.org



KITCHEN AND BATHROOM Remodeling - Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified preowned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@ msn.com) (www.continentalmovers.

M.G.V. PAINTING & DRYWALL -Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 yrs. experience. Insured. References in your complex. Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

SMALL MOVES AND TRASH-

OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

CLEANING SERVICES

R&G CLEANING SERVICES -Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES -Good references. Good rate. Once a week or every two weeks. (240-286-3807)

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean & dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-

2748) and/or (301-881-0695). We hope to hear from you soon!

FEDERAL CLEANING, LLC has been a trusted cleaning company used by several Leisure World residents over the past year. Call us for your free estimate today. We offer both apartment and home cleaning services. We are extremely flexible-seven days a week to accommodate your schedule. Give us a call at (240-614-1592), (202-710-7426). Hope to hear from you soon!

HOUSE CLEANING and additional services - Kind and honest, good references, experienced, great work. I clean bathrooms, kitchens, dust, mop and vacuum rooms, office, den, deck, condos or apartments. I also provide additional services as you might need. (240-476-2574). Ivone

COMPUTER HELP

COMPUTER SERVICES - Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your

home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES — Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

TRANSLATOR: I reside at LW Fairways South and I am a professional translator of English, Italian and Spanish. I translate from these target languages into English and vice-versa. Reasonable prices, cash only please. Contact me at (240-688-1839) or email me at (tonyitalian1951@comcast.net).

BEAUTICIAN: I can do your hair in your own home. Can also remove unwanted facial hair. 45 years hair styling experience. LW resident. Gity (301-642-7281).

HOUSE CALLS LLC. Beth Albaneze, CTRS, CPRP, Owner. We come to your home for your convenience when faced with acute or chronic life issues. All our services are under one umbrella with a variety of professionals to choose from: Counselors, Advocates, Resource Experts, Life Coaches, Recovery Specialists, Recreation Therapists, Insurance Advisers. CONTACT Beth at (301-346-6732) or (callingonbeth@gmail.com) web: (www.callingonbeth.net)

LESSONS

ONLINE PIANO AND VIOLIN lessons with Skype. Conservatory graduate with over 34 years of experience as a teacher and performer is now giving online lessons to the Leisure World community. I have performed at the White House, Carnegie Hall,



I have the answer. Call me today!

Listing & Selling In LW Since 1989

Kennedy Center, the Vatican and all over the world. If you are interested, call Diane at (301-977-1776).

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

LOOKING FOR A WHEELCHAIR donation. If you have one to donate, please give me a call. (240-643-0174). Will pick up.

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and nonfiction, hardback and paperback, audio books. Art, kids, cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure

World. For more information call Liz at (301-840-1258)

ACTIVITY OPPORTUNITIES

CHAMBER MUSIC. Amateur violinist, member of ACMP, Intermediate + Level, is interested in playing in a string trio, piano trio, or string quartet. 17 years' experience playing in the same amateur group in South Florida. Available daytime and evenings. Richard Labonski, 15320 Pine Orchard Drive, #3H, Telephone (301-598-3407).

DISTINGUISHED FLYING CROSS SOCIETY. The organization's president, Lawrence Goldstein, is a Leisure World resident. He invites any resident who has received the Distinguished Flying Cross to join. Contact Larry (larr914@gmail.com), (301-847-9745).

BOOK CLUB FOR WOMEN seeking a few "Serious Readers": 15+ year-old club reads awardwinning fiction and meets at founder's LW home the second Sunday of the month 5:30-7:30 pm for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m,

with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategiesinc.com) or call (571-236-1775).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10:00 pm. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategiesinc.com) or call (571-236-1775).

VOLUNTEER OPPORTUNITIES

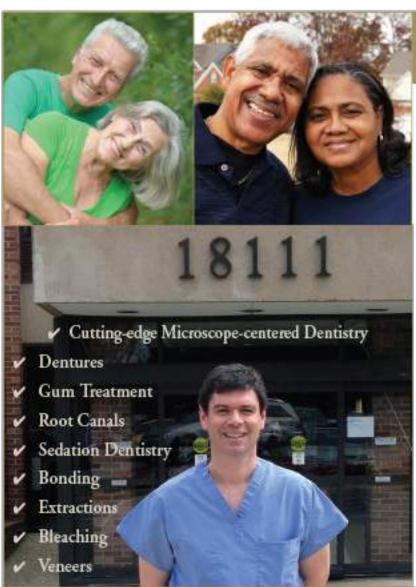
MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. E-mail (alena.biagas@habitatmm. org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps lowincome persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@ mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@ mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES - at the **Montgomery County Historical** Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@ montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes:



We Cater to Cowards • Same-day Emergencies • Evening Hours Will File Forms for All PPO Insurance Carriers

Look and feel your best!



\$50 off your first visit Not valid with third party plans, new patients only.

Located at MedStar Montgomery Medical Center 18111 Prince Philip Dr. Suite T-17 Olney, MD 20832

T: 301-774-7887 • www.OlneyDental.com

Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@ seniorconnectionmc.org) to learn

HELP A CHILD! In just onetwo hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information. contact Interages at (301-949-3551) or (interages@AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

ENGLISH AND MATH TUTORS needed! The Literacy Council of Montgomery County offers oneon-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www. literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

NOTICES

KEEPING SENIORS SAFE - KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery **County Police Department** Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

UPCOMING EVENTS

ENRICHING SENIORS' LIVES: Montgomery County resource fair at Kensington Park Library. Thursday, Oct. 25, 11 a.m.-3 p.m. Bone Builders exercises, "I Love Being Old" by Armiger Jagoe, library outreach, learn about the "All of Us" health research program, "Paying for Long Term Care," "Dementia Friendly America.

USED BOOK SALE, Saturday, Oct. 27, 10 a.m.-4 p.m., at Aspen Hill Library, 4407 Aspen Hill Road, Aspen Hill, Maryland. Over 8,000 books organized into over 35 subjects. Lots of new stock including a substantial donation from a retired theatre critic. Lots of kids' books. DVDs and music CDs. Book, CD and DVD donations welcome at the sale. Sponsored by Friends of the Aspen Hill Library. For more information, call (301-871-1113) or e-mail (aspenhill@ folmc.org).

Heart of Maryland WOMEN'S **BARBERSHOP CHORUS** presents "A Funky Franky Fable," featuring

"Shameless Quartet" (men's barbershop quartet) on Sunday, Oct. 28, 2018, at the F. Scott Fitzgerald Theatre, Rockville Civic Center Park, 603 Edmonston Drive, Rockville, at 1 p.m. Tickets \$15 for adults, \$7 kids 17 and under. Little ones on laps free. Audience members encouraged to wear costumes for this familyfriendly performance. Intermission costume parade. Trick-or-treating after show. Box office (240-314-8690) or online: (rockvillemd.gov/ theatre). Tickets available at door, but you may want to order soon. Fun (but not scary) show could sell out! Chorus website (homchorus.

SPOOKY TALES at Kensington Park Library. Tuesday, Oct. 30. Children's program: "Pirates and Spooks, Beware" by children's author Susan Weiner; costumes encouraged, 4:30-5 p.m. Adults' program: witch history of Maryland with author William Cooke, 6-7 p.m.

EASTERN EUROPEAN FESTIVAL: Food and Bazaar. St. Mark Orthodox Church, Bethesda, MD. Features Russian and other Eastern European food favorites, home-baked goods, beverages, accessories, jewelry, pottery, religious gifts and books, and church tours. Friday, Nov. 2, 12-8 p.m.; Saturday, Nov. 3, 11 a.m.-7 p.m.; Sunday, Nov. 4, 12-4 p.m.

"IS ANYBODY LISTENING?" Documentary about the importance of listening to veterans in simple, respectful silence. Veterans will lead a discussion. Sign-ups to participate in "Listen to a Veteran" project. Rockville Memorial Library, 21 Maryland Avenue. Sunday, Nov. 4, 2 p.m.

JEWISH MUSIC, JEWISH SOUL starring world-renowned Cantor Simon Spiro. Joined by Cantor Arianne Brown, DC's Thomas Circle Singers, and our own Flash Choir & Kolot. Sunday, Nov. 4, 3 p.m., free admission. Powerful

Family Owned & Operated

Serving Montgomery County

Jewish music encompassing various genres and styles. Followed by a wonderful dessert reception in Kay Hall. Adas Israel Congregation, 2850 Quebec Street NW. (adasisrael.org/ musicalmoments)

PETS FOR ADOPTION

PEKINGESE PUPS for companion placement. A few pups available 6 months to a year old. All current shots including rabies. Senior Discount \$750.00. Contact Vincent at (Vince817@yahoo.com) for photos.

WANTED

FAST CASH FOR USED CARS -Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755)

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

CASH FOR RECORDS, CDs, and tapes. Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@ gmail.com). Will make house calls.

Personal Care Services In The Comfort Of Your Home



Household chores

· Medication reminding

- · Daily living and companionship
- Meal planning, preparation and monitoring of eating habits
- Overseeing activities, such as walking, to minimize the risk of accidents
- · Shopping for groceries, with or without client
- Bathing and grooming and general personal hygiene
- Help with planning and making decisions
- **Nursing services** and many more!



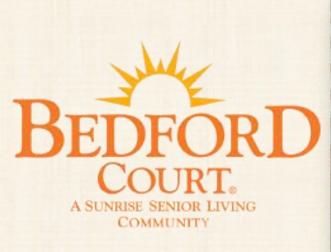
Call for a Free Consultation and Assessment • 301.717.2212 • www.bestseniorcare.us













Join the Conversation! "<u>Ask the Resident" — Live With Purpose Event</u> Tuesday, November 6th 2-4pm

Hear first hand from a panel of our Independent Living residents why they chose Bedford Court as their home and how they live each day with purpose.

Learn about our activities and trips from our Recreation & Activities Director

Tour of our community, view resident apartments and enjoy delicious food & drink.

You won't want to miss this event!

RSVP by October 30th by calling 301-438-6607

Independent Living Fall Special

Save big on One Bedroom apartments.

Call 301-598-2900 today for details or to schedule an appointment!

Skilled Nursing & Rehabilitation

If you are planning a surgery or have an unexpected hospital stay, call Bedford Court to inquire about an inpatient rehabilitation stay.

To inquire call Tiernan Andrews at 301-438-6640

3701 International Drive, Silver Spring MD 20906

<u>Proudly serving seniors for 26 years!</u>

Independent Living * Assisted Living * Nursing & Rehabilitation