

Leisure World News

OF MARYLAND

November 2, 2018 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

Shuttle Bus Drivers Offer Rides and Rapport

by Maureen Freeman,
Leisure World News

Need to cross to the other side of the community, or stop at the medical center, or pick up a few groceries – and it’s either too far to walk, or too close to use a car?

That’s when Leisure World’s fleet of shuttle buses can come in handy.

Ten times a day on weekdays, three buses loop around their routes – dubbed the red, green and blue routes – as they circulate through Leisure World and Leisure World Plaza.

On Saturdays, the green and red routes operate on a half-day schedule, and on Wednesdays an additional bus drives south to shopping centers in Aspen Hill and north to those in Olney as well as to the Montgomery Medical Center.

Some residents are pleasantly

surprised when they learn there’s no charge to pay when they step on board, says Clinton Mua, who drove the green route this week.

The friendly and skilled drivers, often on a first-name basis with their passengers, also make the rides pleasant. “My residents are like family to me,” says Brenda Dorcy, who has been driving the shuttle buses here for 14 years. “It’s very personal.”

Carmelo Pascale, a Leisure World driver for nearly 13 years, is quick with a quip, such as at Fairways South, when a passenger points out that no geese are in the pond out front. “They’re on vacation – they went to Florida,” he deadpans.

When another passenger grumbles about a lengthy wait at a red light on Georgia Avenue, he cheerfully urges, “Don’t worry, be happy!” He occasionally whistles snatches of tunes as he maneu-

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On an unseasonably balmy afternoon, two residents and their pup take in the sunshine and fall foliage as they stride along Montgomery Mutual’s Broadwalk Oct. 31. Photo by Stacy Smith, Leisure World News

Board Considers Solar Energy for Trust Properties

by Stacy Smith, Leisure World News

The Leisure World Community Corporation (LWCC) board of directors soundly passed a motion directing the Energy Advisory Committee to research and provide a detailed analysis for the feasibility of using solar panels to serve Trust properties.

The Committee’s analysis, to be completed in consultation with management and BTU Consultants, should determine viable options, their estimated savings and financial impacts and risks, the board decided at its

regular Oct. 30 meeting. The Committee will present a report to the LWCC board by June 2019 with definitive recommendations.

Personnel Committee

The LWCC board also approved the appointment of a Special Personnel Committee to develop and implement a performance improvement plan for the general manager to address identified areas.

The plan will include measurable performance standards and criteria that will be used by the

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Shuttle bus driver Carmelo Pascale gives a thumbs up before heading off to pick up residents around the community. Photo by Maureen Freeman, Leisure World News

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Daylight Savings ends Sunday, Nov. 4. For Saturdays' shuttle bus winter hours, **see page 6.**

Spotlight on...

Duckpin Bowling



Duckpin bowlers stretch their skills and their muscles during a friendly competition at White Oak Bowling Lanes in Silver Spring on Oct. 29. Photos by Stacy Smith, Leisure World News

by Stacy Smith, Leisure World News

Bowler Liza Takounakis eyes a scattered row of pins that lines the end of the alleyway.

She finds her stance, tiptoes forward, winds back, and lets the ball go, sending it hurtling down the lane toward an uncertain destiny.

Will she score that coveted spare, or will her ball roll into darkness, only to pop up a few moments later to offer another bowler a shot at glory?

League president Takounakis and her cohort of 31 fellow bowlers gather together once a week to “answer” this question for

themselves. Many are Leisure World residents; some are not – while some drive in excess of two hours just to play.

For less than the price of a movie ticket – \$11 – bowlers can play three games apiece. League play runs each year from September to December, and then again from January to May. At the end of each season, they celebrate with a party, raffles and prizes included.

During the game’s heyday in the 1960s, more than 45 duckpin bowling centers were open in Washington, D.C. alone, according to a 1994 article from the Washington Post.

Though not as prevalent as it once was, duckpin bowling, with its pins and balls that are smaller than the more traditional tenpins, still offers its players camaraderie and light exercise that may be suitable for all ages. At 91, resident Flora Wolf is the League’s oldest player.

For resident and longtime duckpin bowler Roberta Gordon, the game also holds nostalgic value.

“This bowling alley has been here for more than 50 years. I used to come here with my daughter when she was a little girl and bowl a few games,” she says.

Bryan Benoit, a young employee who works at the

bowling lanes where the League plays, says in recent years he’s seen a younger crowd latch onto the game.

“It feels like [duckpin bowling] is on a come up right now. A lot of people around my age group say, ‘Oh, let’s go to the bowling alley,’ when a while ago you wouldn’t really hear people suggest that,” he says.

General Information

The Duckpin Mixed Bowling League bowls every Monday from 12:30-4 p.m. at White Oak Bowling Lanes in Silver Spring.

To join as a regular or substitute bowler, call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807).

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Leisure World News OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Board

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Committee, in consultation with the LWCC board, to evaluate the general manager’s performance on a quarterly basis beginning in January 2019.

The Committee will also draft a position description for a chief executive position to be used with a new employment contract starting in 2020. The final new position description will be submitted to the LWCC board for approval no later than the February 2019 regular meeting.

Appointed by LWCC board chairperson Paul Eisenhaur, the Special Personnel Committee’s seven members include chairperson Patricia Hempstead, The Overlook; Ann Ferren, Vantage Point East; Josie Moser, Mutual 7; Linda Wacha, Montgomery Mutual; Cheryl Prejean Greaux, The Greens II; Dr. Paul McCauley, Mutual 9; and Phil Marks, The Greens II.

Special committees are appointed periodically by the LWCC board to address targeted issues for a limited period of time.

Meetings of the Special

Personnel Committee are anticipated to be closed.

Other Motions

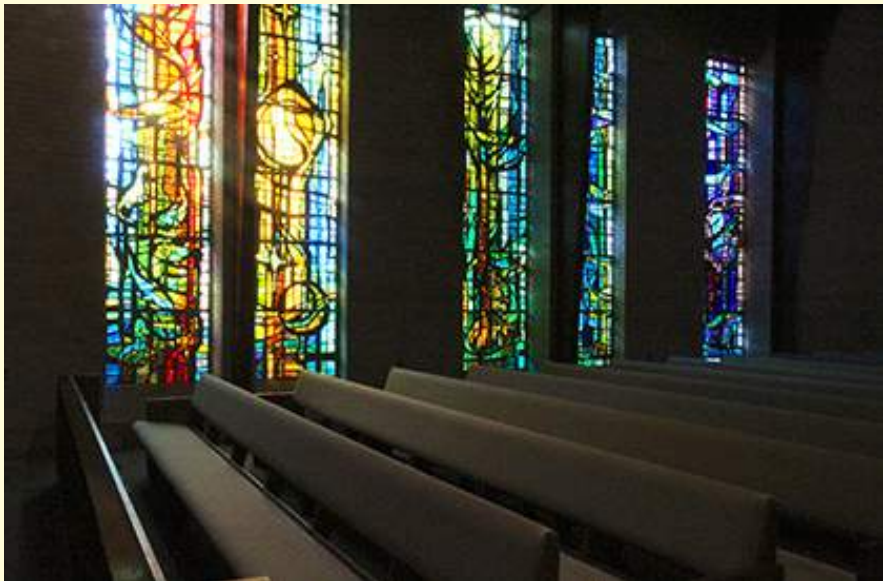
- Motions to adopt option A and option B to construct a crosswalk in the vicinity of Mutual 11 failed to pass. Several board members and residents expressed concern about the safety of the crosswalk’s proposed placement.
- The board passed a motion authorizing the Energy Advisory Committee to delegate the authority of changing E-ratings for windows and sliding glass doors to an E-rating subcommittee. Changes in E-ratings reflect the energy efficiency of specific energy-saving improvements made by residents of the master meter mutuals.

The meeting adjourned after the board passed a motion to go into closed session to discuss legal matters.

The next regular meeting of the LWCC board of directors is scheduled for Tuesday, Nov. 27, at 9:30 a.m. in Clubhouse I.

LWCC board meetings are open to all residents unless legally closed.

A Time for Reflection



In solidarity with the Tree of Life congregation in Pittsburgh, Pennsylvania, the Meditation Chapel at The Inter-Faith Chapel is open for personal meditation and prayer on Friday, Nov. 2 from 9 a.m.-3 p.m.

Photo by Stacy Smith, Leisure World News

Drivers

◀ from page 1

vers the bulky vehicle around neighborhoods.

Some residents enjoy the socialization of riding the bus, too, Mua observes. “It’s like a meetup group,” he says with a smile. Passengers chat about their kids, who’s coming to visit, or where they’re headed that day.

Sometimes, just a passenger or two is riding a bus, and those rides have their own relaxing charm. Against the soothing hum of the engine and regular click-

click of the directional, sunbeams slant every which way through the windshield as the driver eases gently over the occasional speed bump.

The regular shuttle bus route drivers can log 60 to 70 miles each day between the time they line up at Clubhouse I in the morning to begin their rounds and the late afternoon, when they park at Clubhouse II at the end of the shift.

Copies of the shuttle bus schedules and routes are available at the E&R offices in Clubhouse I and Clubhouse II.

GOOD TO KNOW: POLLING PLACES IN LEISURE WORLD

by Leisure World News

Many residents will cast their ballots in the midterm elections in person on Tuesday, Nov. 6, some time between 7 a.m.-8 p.m.

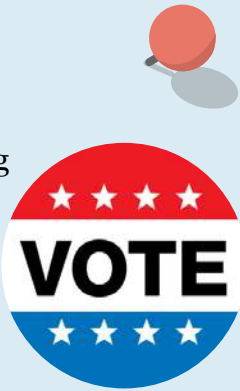
Leisure World residents are assigned to one of three polling places – Clubhouse I, Clubhouse II or The Inter-Faith Chapel – based on their residential address.

Residents should go to their assigned polling place; their name will not be on the roster at any other location. Polling places can change from one election to the next, according to

(www.usa.gov), so be sure to check your polling place before going to vote.

To find your polling place online, visit (voterservices.elections.maryland.gov/PollingPlaceSearch) and type in your street number, street name and zip code.

Residents can also contact the Montgomery County Board of Elections at (240-777-8500) or (elections@montgomerycountymd.gov), or see below.



Voting Locations by Mutual

Clubhouse I Precinct 13-54	Clubhouse II Precinct 13-69
Mutual 1-4 (Montgomery Mutual)	Mutual 15
Mutual 5	Mutual 16
Mutual 7	Mutual 17A (Fairways South)
Mutual 8	Mutual 17B (Fairways North)
Mutual 13	Mutual 18
Mutual 14	Mutual 19
Mutual 20A (The Greens I)	Mutual 23 (Vantage Point East)
Mutual 20B (The Greens II)	Mutual 24 (Vantage Point West)
	Mutual 26 (The Overlook)

The Inter-Faith Chapel Precinct 13-71	
Bedford Court (not Leisure World; adjacent property)	Mutual 12
Mutual 6A	Mutual 21 (Turnberry Court)
Mutual 6B	Mutual 22 (The Pines)
Mutual 6C (Villa Cortese)	Mutual 25 (The Regency)
Mutual 9	Mutual 27 (Creekside)
Mutual 10	
Mutual 11	

'Chat with the Chair': Q&A Roundup



LWCC board of directors' chair Paul Eisenhour speaks at a meeting. Photo by Leisure World News

by Leisure World News

In an effort to reach out to residents about governance and other Leisure World-related topics, Leisure World Community Corporation (LWCC) board of directors' chair Paul Eisenhour held a second resident forum, "Chat with the Chair," on Oct. 21.

Here are some questions he addressed.

Q: How can I give my input before the LWCC board makes governance decisions?

Governance decisions begin

at the advisory committee level, often well before committees make their recommendations to the LWCC board.

All residents are welcome to attend any advisory committee meeting and make comments or ask questions during

open forum.

Meeting dates and times are listed on the Calendar of Events page of Leisure World News, on the community calendar at (residents.lwmc.com) and on channel 974 and 972's broadcast calendar.

The list of advisory committees and their members and contact information is available at (residents.lwmc.com). Click on "Documents" in the Documents dropdown folder. The in the Resource Center, click on "Advisory

and Special Committees."

Q: Can advisory committees hold meetings on weekday evenings?

Advisory committee meetings are typically held in the daytime because meetings require a quorum, or a certain percentage of members needed in attendance to conduct business.

When evening meetings were held in the past, the quorum obligation was not met.

Q: Leisure World's bulk TV contract with Comcast ends in 2020. Why is Leisure World considering a bulk TV and internet package?

Transitioning to a bulk package for all residents that includes TV and internet would create a significant discount for the community, according to research conducted by the Technology Advisory Committee.

For more information about this topic, see page 7 of the Sept. 7 edition of Leisure World News, or contact Technology Advisory Committee chairperson Dr. Jim Leong at (jleong4035@aol.com).

Q: I'm new to Leisure World. Why did the LWCC board vote to build a new Administration Building?

The Community Planning Advisory Committee (CPAC) considered three building options: renovate only, renovate and expand, or construct new. CPAC vetted all three possibilities, with cost, efficiency and accessibility as priorities.

After consulting with two architectural firms, CPAC found that the current Administration Building is insufficient to meet the current needs of residents and recommended to the LWCC board in 2013 that it resolve to construct a new building, which the board did.

Q: I've heard that several safety and health violations have been found at Leisure World. Is this true?

Resident complaints made to Montgomery County officials are followed up on and inspected, if necessary. If the County records an official violation, management and the overseeing advisory committee are notified promptly.

Numerous safety and health complaints have been made that the County has not deemed to be violations.

Q: Is Leisure World printing a new phone book?

Management is developing a timeline for publication of an updated community phonebook.

During this process, staff will also populate the resident directory on (residents.lwmc.com) with residents' phone numbers. Residents will have an opportunity to opt out if they do not want their phone number visible on the website.

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paint, new carpet, HWD, 1305 sf.



LISTING JUST SOLD! \$415,000

The Greens "B-H" Model
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balconies, new floor, 2167 sf.



JUST SOLD! \$445,000

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GOVERNANCE & Information

Nov. 3: Community Shredding Day

by Leisure World News

It's time to shred. Leisure World is hosting a Community Shredding Day on Saturday, Nov. 3, from 10 a.m.-1 p.m. Shredding trucks will be located in the Administration Building parking lot.

This is a great opportunity to reduce paper clutter in your home and free up space by permanently destroying outdated or unwanted files and documents. You can bring your papers and watch them get destroyed on the truck right in front of you.

Do not bring the following items: newspapers, brochures, and magazines that go in your regular recycling; batteries; media of any kind; hanging folders; or large metal objects.

Nov. 15: MVA Mobile Office Returns

by Leisure World News

Need to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, Nov. 15.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

Pedestrian Safety During the Winter

by Leisure World News

With the end of daylight saving time on Sunday, Nov. 4, and the winter months fast approaching, the community is reminded to pay special attention to pedestrians out walking during dawn and dusk.

Drivers are asked to keep in mind the following:

- Many people in the community are hearing or sight-impaired, and others walk slowly.
- The speed limit on Leisure World Boulevard is 30 miles per hour. Watch your speed and obey all traffic laws.
- Maryland State Law mandates:

"Pedestrians in a crosswalk, whether marked or unmarked, have the right-of-way." Pedestrians are reminded to:

- Wear comfortable walking shoes to prevent falls.
- Wear brightly colored clothing when walking before dawn and after dusk.
- Always carry a form of identification that includes your name, address, any medical condition and the name of a person to contact in case of an emergency.
- When crossing at all intersections and crosswalks, be particularly attentive of vehicular traffic.

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for recorded Daily Events**

2018 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting

The Nov. 16 meeting airs on Nov. 21, 22 and 23.

Board of Directors Meeting

The Oct. 30 meeting airs on Nov. 5, 7 and 9.

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuels or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excomm@lwmc.com
- Administration - administration@lwmc.com
- Communications - communications@lwmc.com
- Education and Recreation - recreation@lwmc.com
- Physical Properties - physicalproperties@lwmc.com
- Security - security@lwmc.com

Saturday Bus Service Shifts to Winter Schedule

Beginning Saturday, Nov. 10, Saturday shuttle bus service begins running from 10 a.m.-2 p.m. to coincide with the end of daylight saving time. Saturdays' winter hours remain effective through March 9, 2019.

Visit (residents.lwmc.com) for full weekly shuttle bus schedules. Click on "Shuttle Bus" under the "Amenities & Services" dropdown menu.

– Leisure World News



Photo by Leisure World News

Committee Works to Mitigate Increased Traffic Around Norbeck Gate

by Steve Kline

Five hundred and six housing units from two new housing developments – Bradford Landing and Norbeck Crossing – have recently been constructed across the street from Norbeck Gate, which has added traffic to the area.

A contractor is widening MD-28 to provide a dedicated left-turn lane going East that will intersect with a new road being built as an entrance to Bradford Landing, which will, in turn, move the left turn vehicles out of the main flow of traffic along Norbeck Road.

The Government Affairs Advisory Committee (GAAC) has been working with officials from the Maryland-National Capital Park and Planning Commission (M-NCPPC) and the Maryland Department of Transportation (MDOT) State Highway Authority (SHA) to address

safety and traffic flow concerns. Del. Ben Kramer and State Sen. Roger Manno have been major supporters of these efforts, according to the GAAC.

Housing developers in Maryland must have their development plans approved by the M-NCPPC and SHA. The GAAC has requested that the M-NCPPC and SHA ensure Bradford Landing and Norbeck Crossing developers' continued commitment to providing adequate and safe road access for the community.

Pedestrians

Pedestrians are another priority for the GAAC, as many residents travel around the community on foot. The following are construction plans to improve pedestrian safety and access in and around Leisure World.

- The MDOT SHA is constructing an approximately 3,600 foot-long sidewalk along

the south side of Norbeck Road from Norbeck Boulevard to Bailey's Lane. A new traffic signal and pedestrian crossing at Bailey's Lane to the entrance of East Norbeck Park will be built as well, providing improved pedestrian access to East Norbeck Park. Construction on this project was slated to begin on Oct. 31, with an expected completion in July 2019.

- A new, ADA-compliant traffic signal and pedestrian crosswalk is planned for Norbeck Gate (North Gate). Pedestrians will be able to safely walk along the south side of Norbeck Road from Bailey's Lane to Norbeck Boulevard, cross Norbeck Road to the north side at the Norbeck



A sidewalk is being constructed along the south side of Norbeck Road, just outside the Norbeck Gate. Photo by Leisure World News

Boulevard intersection and continue toward Georgia Avenue.

- The MDOT SHA will upgrade the Ride On bus stop located on westbound Norbeck Road across from Norbeck Boulevard.

GAAC will continue to keep residents informed about these key traffic and safety issues in and around the community.

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– J. Tanenbaum –

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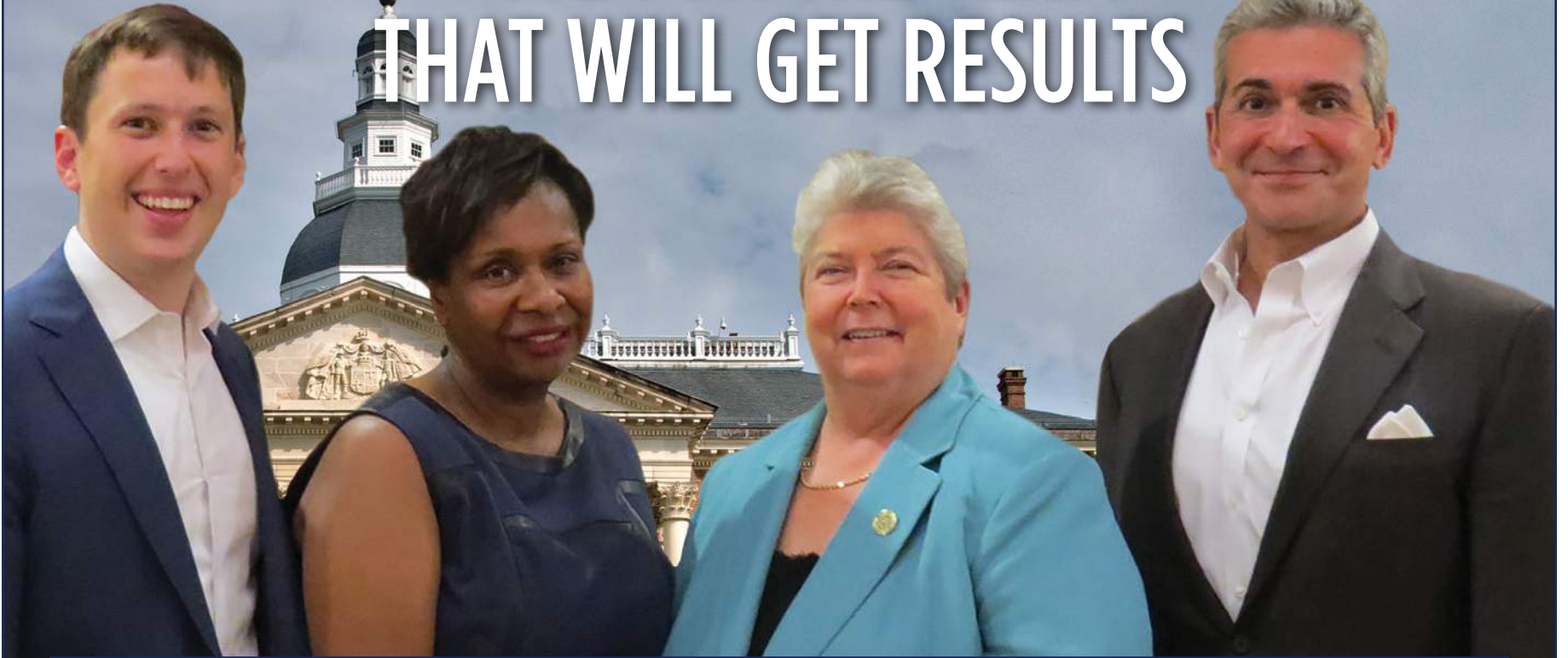
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- ▶ Priorities: advocate for strong public schools for all, an effective economy that works for everyone with safe and healthy communities.



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for House of Delegates
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- ▶ Worked on policy for both President Obama and Congressman Raskin.
- ▶ Regulatory attorney with pro bono experience representing refugees.
- ▶ Priorities: invest in transit, get big money out of politics, and create affordable, accessible housing.

ELECTION DAY IS NOVEMBER 6! POLLS OPEN FROM 7 A.M. UNTIL 8 P.M.

Paid for and organized by: Friends of Ben Kramer, Cynthia Craven, Treasurer. Friends of Bonnie Cullison, Rachel Hickson, Treasurer. Friends of Charlotte Crutchfield, Carlita McIlwain, Treasurer. Friends of Vaughn Stewart, Alexandra Stewart, Treasurer.

THOUGHTS & OPINIONS: *From Our Residents*

A Few Things to Remember

Relevance: Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

Brevity: Being concise will ensure that your opinion will have maximum impact.

Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.

Ownership: All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers. **Thoughts and Opinions is maintained by the Communications Advisory Committee.***

DO NO HARM

When we reduce the cost of something, we get more of it. When there are no consequences or alternatives to offensive and destructive behavior, it becomes the norm.

There are people with selfish motives who will create chaos for others and themselves in order to win. They think their discourse has no boundaries or real life consequences. Their tweets, emails and public statements are permeated with innuendo, threats and falsehoods. They are not interested in the truth; they try to stop conversation and debate. Their constant rants and negative statements label them as unreliable and not

credible. They would have filed lawsuits and CCOC complaints when they did not get their way.

Leisure World is a beautiful community with amenities and opportunities. But it requires us to live and govern together with cooperation and flexibility. We have to volunteer to do the hard work of managing and maintaining our community. Each mutual elects people to their board and the board elects its officers and a representative to the Leisure World Community Corporation (LWCC) board. The system of governance works, but is not perfect. Volunteers are hard to find in an aging community. We are not getting more vigorous. Some of us are declining. When smart, ener-

getic and honorable people step forward they should be thanked and praised for their service.

A small group has demanded changes that are not practical, viable or rational. Their tactics have undermined the heart of Leisure World. They would do away with each mutual sending a representative to the LWCC board. They would get rid of the existing LWCC board and have elected only people who think like they do. Somehow they would have all residents voting for LWCC board members. This would impact smaller mutuals that might end up with no representation on the LWCC board. Not all of us can or want to lead or make decisions about the management and maintenance of our mutuals.

We should question the motives of people who use bullying, intimidation, threats, legal complaints and falsehoods to achieve their goals. They appear to have little regard for their neighbors or the well-being of the community. Their apparent obsession with the need to win seems to have overwhelmed any sense of reason and civility.

If we say nothing our silence gives them permission to speak for all of us. And are they really speaking for all of us?

We only get more intimidation, harassment, negativity and misinformation when good people say, "it's not my business," or are afraid to speak up.

Negative, destructive behavior is not acceptable. We should support civility, rational conversation, facts, kindness, compromise and cooperation. We should recognize the good intentions and hard work that have benefitted this community for 50 years. Let's work to make the system better, not to destroy it.

— Linda O'Neil

ELECTRIFY THE LEISURE WORLD FLEET

We have a unique community and that provides a unique set of opportunities. Our community is compact, self-contained, and includes no highways or significant traffic problems.

We have an extensive fleet of vehicles of various functions, sizes and ages. All of these vehicles are fueled with gasoline, at a substantial, but currently unknown expense in both dollars and externalities (pollution). The specifics of this fleet have been requested from Management but have not yet been provided. Meanwhile, I believe it is worthwhile to consider some alternatives that are uniquely suited to Leisure World.

In my opinion, none of the vehicles in use has a "mission" that requires travel on highways or public roads outside of Leisure World. Our public security officers patrol solely on Leisure World roads. Most of

SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, login to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

the mileage accumulated on public safety vehicles is the result of patrolling or visiting or coordinating with Leisure World residents or other staff members. High-speed pursuit is not a concern. Public safety officers have no arrest power and no need to accommodate perpetrators.

This type of use can easily and more inexpensively be met using battery-powered electric vehicles. A substantial part of the need could in fact be met with the equivalent of golf carts. Some of the need requires accommodation of passengers. Therefore, enclosed, air-conditioned vehicles of a larger size are warranted. Vehicles like Ford Focus, Toyota Corolla and Chevrolet Cruz can easily meet the functional requirement. Meeting the infrequent need for materials hauling, such as traffic control and covering minor emergencies, can be met with station wagon versions. Many similar vehicles are available in battery-powered versions.

What are not needed

is vehicles like the Ford Galaxies and Ford Taurus's, or large-size SUVs.

Although four-wheel vehicles can be useful in snow, our road clearing is effective and swift; such vehicles are rarely if ever needed.

Similarly, vehicles needed to accommodate Physical Properties Department (PPD) functions do not require the sizes currently utilized. Smaller panel trucks and pickups are available that can very easily meet PPD needs. Again, there are many battery-powered versions of such vehicles. These need to be thoroughly examined.

Also to be examined is a change in our method of acquisition of vehicles. The kinds of needs we have could quite reasonably be met by leasing rather than purchasing vehicles. This provides the additional benefit of enabling acquisition of the latest available vehicle types, without incurring major capital expense or investment. There is also the option of replacing in-house

fleet management with a professional fleet management organization, such as has been done with the medical center.

There are primarily two approaches to making the recommended conversion: one is to simply adopt a

new pattern of acquisition, replacing current vehicles with smaller, battery-powered versions as replacements are needed; another is to explore wholesale disposal of the current fleet and replacing it in a one-time conversion.

— Bob Namovicz

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WHY RE-ELECT PAT O'NEILL?

I have been providing experienced leadership and advocacy for the families and citizens of Montgomery County since I was first elected to the Board of Education in 1998. I work every day to keep our schools strong so that every child has a bright future.

An Experienced & Dedicated Leader

I believe in the power of public education, and now more than ever we need dedicated leaders to make sure that every child receives a top quality education. My children and I are proud graduates of the Montgomery County Public Schools.



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County Council Member Sidney Katz ★ County Council Member Hans Riemer

www.patoneill.org

By Authority: Friends of Pat O'Neill, Laje Solomon, Treasurer

EVENTS & Entertainment

■ Education and Recreation Department

Nov. 10: Do Your Holiday Shopping at the Arts and Crafts Bazaar

The E&R Department’s annual Holiday Arts and Crafts Bazaar is scheduled for Saturday, Nov. 10, from 9:30 a.m.-1:30 p.m. in the Clubhouse I Crystal Ballroom. Start your holiday shopping right here in your own community. All vendors are Leisure World residents who are selling a variety of gift items – original, new and perfect for the holidays.

Vendor Opportunities

A vendor does not have to belong to a Leisure World arts or crafts group or organization, but must be a resident who has handcrafted the items offered for sale. All items must be new. This is not a flea market; no used, re-gifted or commercially manufactured items can be offered for sale.

E&R is looking for ceramicists (poured and thrown), artists, woodworkers, jewelry-makers, photographers, weavers, needle-workers, knitters, crocheters, seamstresses, quilters and anyone else who can offer new and original art and craft items for sale.

This is also a great opportunity for Leisure World groups, organizations and clubs – not just individuals – to raise money for charitable causes or other pursuits.

Registration and Space

Registration continues in the Clubhouse I E&R office; a limited amount of space is still available. Registrants must fill out a form indicating what they will be offering for sale.

To accommodate the greatest number of residents and groups, space is limited to a maximum of 12 feet – the equivalent of two 3’x6’ tables or one 3’x6’ table and one rack. Vendors can rent tables at \$18 for 3’x6’ and \$9 for

3’x3’. One chair is provided for a 3’x3’ table, and two chairs for a 3’x6’ table. The fee for extra chairs is \$1 each. A limited number of clothing racks are available to rent for \$10 each.

Please note: If a vendor brings in his/her own rack(s), regardless of size, the vendor will be charged an additional \$10 for each rack on the day of the bazaar.

Registration fees can be made by check (payable to Leisure World of Maryland Corporation) or by MasterCard, Discover or Visa (for charges over \$10). Registration is first come, first served.

Merchandise may not be placed on chairs, next to or in front of tables and racks. Space is limited; items placed around the rented space impede traffic and are a major safety concern, and therefore will not be permitted.

Tables, chairs or racks cannot be brought into the sale. (Display racks that fit on top of rented tables may be brought in).

Bazaar Day

Fair vendors may begin bringing in their merchandise at 8 a.m. The market opens to the general public at 9:30 a.m.

Vendors are reminded that they must remove all unsold merchandise and debris (boxes, hangers, wrapping materials, etc.) when they leave.

Sales Taxes

Individuals and organizations are responsible for the collection and payment of sales tax. You may obtain this sales tax license from the Maryland State Department of Assessments and Taxation at (taxes.maryland.gov/Business_Taxes/Business_Tax_Types/Sales_and_Use_Tax/).

HOLIDAY ARTS AND CRAFTS BAZAAR VENDOR LIST

Below is a list of some of your fellow residents who will be selling their unique, handmade wares at the annual Holiday Arts and Crafts Bazaar.

Come see their lovely gift items, and get a start on your holiday shopping.

SELLER	WARES
Bjornstad, Christina	bracelets and necklaces
Chapdelaine, Mary	crocheted afghans and scarves
Conenello, Lenore	wheel-thrown pottery, holiday ornaments
Crisp, Sherry	homemade soaps, handmade wool hats, beaded jewelry
Hamilton, Linda	wreaths and centerpieces
Higgs, Michael	wooden toys, carvings and other wooden items
Hooker, Arthur and Maxine	baked goods
Kolodin, Arlene	jewelry
Kutun, Lois	fabric items, quilts
Laws, Cathy	crocheted and knitted items
Levin, Elaine	jackets
McShane, Carolyn	quilted items
Robbin, Jerry and Charlotte Marquis	beaded jewelry, key rings, bookmarks, flower pens and photo bracelets
Scherer, Elaine	crocheted and knitted wreaths
Simpkin, Joyce	all occasion cards
Slone, Ruthe	hand designed jewelry
Smith, Betty	knitted items and designer switch plate covers
Van Nixon III, York	books
Virts, Randy	crocheted items, including baby blankets and sacques
Waddell, Dotti	needlepoint boutique tissue box covers
White, Ellen	sewn scarves, table runners, aprons and more
Zajic, Lois	knitted items

■ **Ballroom Dance Club**

Nov. 17: Dance to the Tony Luciano Trio

by Joyce Hendrix

Make reservations to attend the Saturday, Nov. 17, dance by calling Connie Roby at (240-393-9808) no later than Thursday, Nov. 15.

The dance features the Tony Luciano Trio and is from 7:30-10:30 p.m. in Clubhouse II.

The Trio is one of the most requested of all the Club's dance bands. So make early reservations, bring your friends, put on your dancing shoes and join us.

Suggested attire for this

dance is dressy outfits for the ladies and jackets and ties for the gentlemen.

All ballroom dances feature live music playing all types of strict ballroom tempo dance music, including waltz, foxtrot, swing, rumba, tango, merengue, salsa, samba, quick-step and polka.

Annual Meeting
The annual Ballroom Dance Club meeting is on



Tuesday, Dec. 4, at 10 a.m. in Clubhouse I.

If interested in becoming a Club officer, openings for vice president and reservations/correspondence secretary for the 2019 calendar year are available.

If interested in serving as a Club officer, contact president Joyce Hendrix at (301-598-3038) by Thursday, Nov. 15.

December Dances

Perrie, LLC sponsors the Holly Ball, a holiday ballroom dance and dinner on Saturday, Dec. 1, from 5:30-9:30 p.m., with music by The Tony Luciano Trio. The cost is \$35 per person. Perrie LLC also sponsors a New Year's Eve dance featuring a rock 'n' roll band.

Both dances are held in the Clubhouse I Crystal Ballroom and require prepaid reservations.

Drop by one of the restaurants in Clubhouse I or call (301-598-1330) or (1331) to make your reservations or for more information.

■ **Fireside Forum**

Final Programs of the Year Feature Discussions on WWI and Social Media

by Jonas Weiss

Fireside Forum presents two more important programs this year, and then has additional programs once a month from January through June 2019 – stay tuned for more details.

On Sunday, Nov. 4, Garrett Peck, author and tour guide, talks about World War I and its aftermath. On Sunday, Dec. 9, Lydia Snider, a social

media strategist, presents a program about social media and democracy, and the weaponization of social media.

The free Fireside Forum programs are held on Sundays at 2:30 p.m. in the Clubhouse II auditorium.

They are made possible by donations from Leisure World clubs and organizations, as well as from individual residents.



■ **Lions Club of Leisure World**

Nov. 14: Club Salutes Military Women

by Maxine Hooker

The Lions Club recognizes and honors the community's military women at a luncheon on Wednesday, Nov. 14, at 11:30 a.m. in the Clubhouse Grille in Clubhouse I.

The luncheon is free for women veterans; there is a charge of \$10 for all other attendees. The event is open to all former, retired and current veterans in Leisure World. The Club wants to salute the women who have served their country in any branch of the U.S. military.

To make a reservation, contact Arthur Hooker, Club president, at (coacharthur1962@yahoo.com) or (301-598-0242) by Monday, Nov. 5. Seating is limited.



■ **Hadassah**

Nov. 14: 'Jewish Influence on American Music'

On Wednesday, Nov. 14, at 2 p.m. in Clubhouse I, Cantor Michael Kravitz presents a musical program entitled "Jewish Influence on American Music."

Kravitz has in-depth knowledge of music and Jews, which is highlighted in this new program. His programs are always entertaining and offer new and interesting historical insights.

The event is an annual treat for Hadassah members, and all residents are welcome to attend. Tickets are not required.



Cantor Michael Kravitz. Photo by Rachel Kravitz
– Barbara Eisen

2018 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Nov. 15, 1 p.m.	Dunkirk	LIMITED
Nov. 25, 2 p.m.	Darkest Hour	Nov. 6
Dec. 20, 2 p.m.	Wonder	Nov. 20
Dec. 30, 2 p.m.	I Can Only Imagine	Dec. 11

Movies are subject to change.



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■ **Sock Hop Group**

Nov. 24: Sock Hop Dance

The next sock hop dance is on Saturday, Nov. 24, at 7 p.m. in Clubhouse II.

The price of admission is \$5. Sodas and water are provided, but participants can bring their own beverages and snacks.

"Take Two Entertainment" continues to provide great dance music. Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).

The final sock hop dance of 2018 is on Saturday, Dec. 22.

– Abigail B. Murton



■ **Education and Recreation Department**

Nov. 24: Pandolfi Performs Piano Classics

Acclaimed international concert pianist Thomas Pandolfi returns to the Leisure World stage on Saturday, Nov. 24, at 7:30 p.m. in the Clubhouse II auditorium.

Tickets are \$10 per person and are on sale in both clubhouse and E&R offices. Please bring your Leisure World ID.

Pandolfi opens the program with one of his own arrangements, "Rhapsody on Themes from West Side Story," in recognition of Leonard Bernstein's 100th birthday this past August.

His program also includes "Sonata in F Major, K. 332" by Mozart, "Intermezzo No. 1" by Ponce, and several selections by Chopin.

Before performing each selection, Pandolfi sets the mood by giving a brief history of the composer and the piece, thereby allowing the audience to more fully appreciate the music as it is played. As a pianist, he tries to bring excitement,



Pianist Thomas Pandolfi, courtesy photo

passion, lyricism and expressiveness to each performance, and he wants the audience to be moved by what they hear.

Pandolfi has produced 11 CD recordings and is working on a twelfth. Following the concert, he will sign CDs, a selection of which will be available for purchase at \$20 each.

Payment may be made by credit card or check payable to Thomas Pandolfi.

Coming in 2018

The E&R Department is pleased to provide the following programs.

Nov. 3, 4:30 p.m.	Starvation Army Band
Nov. 10, 9:30 a.m.	Holiday Arts and Crafts Bazaar
Nov. 24, 7:30 p.m.	Pianist Thomas Pandolfi
Dec. 2, 4:30 p.m.	The Fabulous Hubcaps
Dec. 2, 7 p.m.	The Fabulous Hubcaps
Dec. 8, 7 p.m.	Four Seasons Dancers
Dec. 11, 1:30 p.m.	Steve Friedman – Musical Milestones
Dec. 16, 7:30 p.m.	Olney Concert Band

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

Dec. 2: The Fabulous Hubcaps Roll Into Town



The Fabulous Hubcaps, courtesy photo

Back by popular demand, The Fabulous Hubcaps return to Leisure World on Sunday, Dec. 2. Co-sponsored by the E&R Department and the Foundation of Leisure World, the band performs two shows, at 4:30 p.m. and

7 p.m. in the Clubhouse II auditorium. Tickets are \$15 per person and go on sale in both clubhouse E&R offices. Please bring your Leisure World ID. Performing since 1974, originally as Harvey Hubcap and the Do

Ron Ron, the band continues to create the classic sounds from the early days of 1950s rock ‘n’ roll through the pop music of the 1970s. Let The Fabulous Hubcaps take you on a musical journey down memory lane. And on the journey, you may even encounter the likes of Elvis, The Platters, Ray Charles or any one of the many artists members of the band impersonate. The group was inducted into the Southern Legends Entertainment and Performing Arts Hall of Fame and the Maryland Entertainment Hall of Fame, which named them the 2015 “Vocal Group of the Year.” Last year, both shows sold out quickly. So, don’t wait to get your tickets.

Foundation of Leisure World
 The Foundation of Leisure World is a 501(c)3 organiza-

tion that was established for charitable, health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at (foundation@lwmc.com).

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EXPERIENCE ★ LEADERSHIP ★ COMMUNITY ADVOCATE

By Authority: Friends of Brenda Wolff, Donna Mitchell, Treasurer

Dec. 8: Four Seasons Dancers Celebrate World Cultures with Performance

The E&R Department is pleased to bring back The Four Seasons Dancers. The troupe performs on Saturday, Dec. 8, at 7 p.m. in the Clubhouse II auditorium.

The Four Seasons Dancers celebrates the world of dance with a repertoire of over 30 choreographed numbers

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featuring global influences that reach from Bollywood to Broadway, Israel to Ireland, Armenia to Uzbekistan and even to the Arctic. All dances are original choreography and performed in spectacular costumes.

Elena Indrokova Jones is director of the company as well as its principal choreographer and costume designer.

Trained at one of the premier academic ballet schools in Russia, Jones danced with several leading companies in Russia. When she moved to the U.S. and settled in Montgomery County, she founded Four Seasons Dancers with a mission of “promoting and communicating an understanding, appreciation and celebration of World cultures through dance.”

As well as directing The Four Season Dancers, Jones



The Four Seasons Dancers, courtesy photo

offers classes in ballet and ballet performance at the close by Aspen Hill Club.

In addition to annual concerts at the Montgomery College Cultural Arts Center, The Four Seasons Dancers participate in many community events and festivals including productions with Bel Cantanti Opera and perfor-

mances at the Velocity Dance Festival, World Dance Showcase, International Monetary Fund Spring meetings and the 2017 National Christmas Tree.

Tickets for this event are \$8 per person and go on sale on Tuesday, Nov. 6, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.



A VOTE for DAVE is a Vote for Integrity!

Senior Citizens

Dave supports eliminating the state income tax for those over the age of 65 as an incentive to keep our residents from leaving the State.

He is in contact with MDOT to monitor the completion of the construction project at Georgia Ave. and Norbeck Rd.

Dave Pasti

House of Delegates
District 19

Who is Dave Pasti?

Dave has been a resident of Montgomery County for 50 years, the last 23 years Dave has called Derwood home.

He's a practicing lawyer since 1989.

He and his wife, Marie have been married for 26 years and are the proud parents of 3 boys, ages 25, 23 and 18.

By Authority: FRIENDS OF DAVE PASTI,
L. JAMES CRABTREE, TREASURER



For more information visit www.pastifordelegate.com

■ Education and Recreation Department

Dec. 16: Celebrate the Holidays with the Olney Concert Band

On Sunday, Dec. 16, at 7:30 p.m., the Olney Concert Band (OCB) returns to perform a holiday concert in the Clubhouse II auditorium.

The band looks forward to playing seasonal favorites, as well as concert pieces, that will put you in the holiday spirit. Your children and grandchildren will enjoy this seasonal event, too.

From an energetic Mannheim Steamroller arrangement of "Hark! The Herald Angels Sing" to a more traditional Gustav Holst medley of well-known Christmas carols along with some surprises, the joyous holiday traditions are well celebrated.

Rounding out the program are a Bach "Prelude and Fugue" and the emotionally powerful "Elsa's Procession to the Cathedral" from Wagner's opera "Lohengrin." This concert will entertain you and the whole family. So get your tickets now!

Presented by the E&R Department, tickets are \$5

per person and go on sale Tuesday, Nov. 6, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

OCB offers a challenging outlet to local musicians of all ages (from high school to long-retired adults) from throughout the region who enjoy the thrill of making music together and performing for our community.

OCB provides entertainment and exposure to the arts, and forms an integral part of the program at community festivals, celebrations and charity events.

It prides itself in performing a wide range of musical styles so that audience members of all ages and backgrounds can experience a personal connection to the performance.

This holiday season concert is one that the band members really enjoy performing. So be sure to get tickets for yourself, family and friends for a truly enjoyable way to celebrate holiday musical traditions.



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■ Education and Recreation Department

Sunday Afternoon at the Movies

Nov. 25: 'Darkest Hour'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, Nov. 25, the featured film is "Darkest Hour" (2017, 2 hours 5 minutes, biography/drama/history, rated PG-13 for thematic material).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, Nov. 6, at 8:30 a.m. Please bring your Leisure World ID.

Just days after becoming Prime Minister, Winston Churchill, played by Gary Oldman, is faced with the difficult decision

of whether to negotiate with Adolf Hitler or continue the fight for Britain and its empire. Knowing his fight could end in defeat, Churchill must rally the country to try and change the course of history.

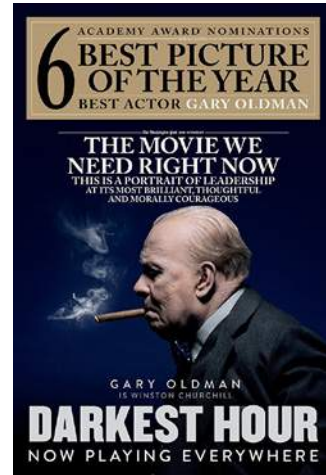
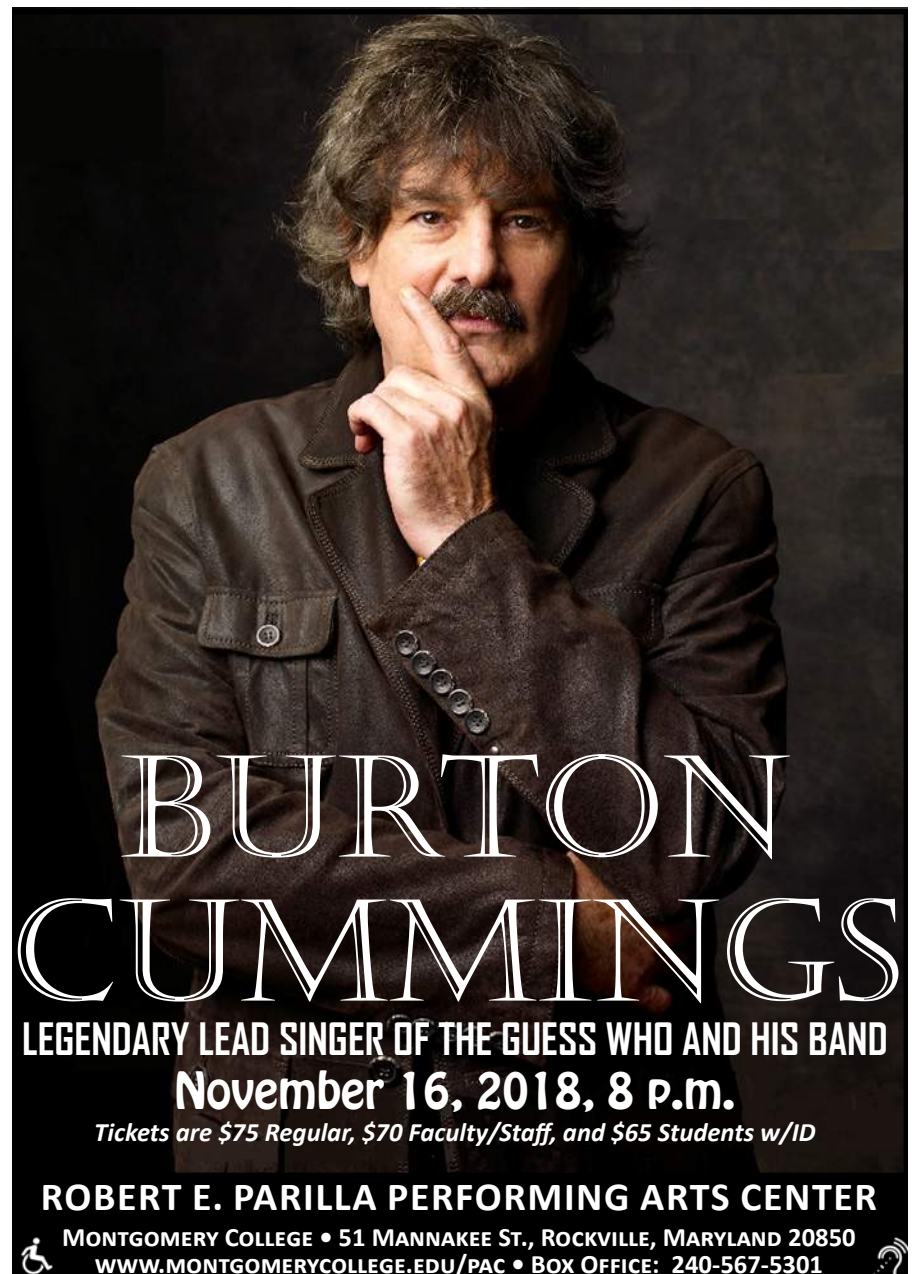
Oldman received an Oscar in 2018 for his portrayal of Churchill.

The film also features Kristen Thomas as Churchill's wife, Clemmie; Ben

Mendelsohn as King George VI and Ronald Pickup as Neville Chamberlain.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend.

Please note that no one will be seated after 2 p.m.

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Fitness Center Orientation Tours Continue Through Fall



Photo by Leisure World News

One of the Fitness Center's personal trainers will lead a free orientation tour of the Fitness Center on Tuesday, Nov. 13, at 3 p.m. and Dec. 11, at 2 p.m. Learn how to use the equipment and facilities.

Registration is not required.

— Leisure World News

■ Compassion and Choices of Leisure World

Nov. 14: Attend the Palliative Care Presentation

by Rosalind Kipping

Compassion and Choices holds its next meeting on Wednesday, Nov. 14, at 2 p.m. in Clubhouse I.

The program includes a presentation by members of the palliative care department of MedStar Montgomery Medical Center in Olney. Guest speakers are Jihun Im, M.D., a geriatric medical specialist; Angela Hamilton Serrano, a palliative care social worker; and Thelma Colwell, chaplain, Pastoral Care/Clinical Ethics.

The speakers will discuss palliative care topics including:

- How it differs from hospice
- When and how a patient benefits from it
- How to start receiving it
- Whether Medicare and/or other insurance pays for it

General Information

Resource tables at meetings provide information on a wide variety of end-of-life issues.

To renew membership or to become a member of Compassion and Choices of Leisure World, bring \$2 annual dues to this meeting and receive a high quality Compassion and Choices shopping sack.

To help keep the resource tables full of important information, donations of a little extra are greatly appreciated.

All residents and their guests are welcome at all Compassion and Choices meetings.

For more information, contact Rosalind Kipping at (rozkippling@comcast.net) or (301-598-4171).

■ Patients Rights Council of Leisure World

Nov. 14: Meeting's Speaker Presents Programs on Conflict Resolution

by Mary Ann Johnston

The Patients Rights Council meets on Wednesday, Nov. 14, at 1:30 p.m. in Clubhouse I.

The meeting's speaker is Christopher Page, executive director of the Conflict Resolution Center of Montgomery County.

The Conflict Resolution Center seeks to help Montgomery County residents manage conflict in a constructive way by offering problem solving services.

The Center is a non-profit organization; its services are free and available to all Montgomery County residents. The volunteer mediators meet strict criteria for training and experience.

A relatively new program offers senior mediation services. Specially trained mediators help participants resolve family issues that involve health care directives, assisted living/nursing home preferences and decisions that are difficult for seniors and their families to make.

Senior Mediation

This program is available throughout Montgomery County.

Individuals may contact the Center directly at (301-652-0717) to seek assistance for a wide range of disputes/problems or to be referred by a nonprofit organization.

For more information visit (www.crcmc.org).

General Information

The Patients Rights Council presents programs that inform residents about many health-related issues and encourages members to be active in opposing the legalization of physician-assisted suicide.

In 2015, 2016 and 2017, physician assisted-suicide legislation was introduced in the Maryland General Assembly. Grassroot support from organizations like the Patients Rights Council helped to prevent these bills from being passed; the bills never made it out of committee.

It is expected that similar bills will be introduced in the 2019 General Assembly and members will be kept informed as this occurs.

All members and their guests are welcome and encouraged to attend the Council's informative programs.

Sitting Pretty at MedStar

A new chair flanks the wall of the MedStar Health medical center's waiting room, one of a handful of taller chairs that help patients sit and stand more easily.



Photo by Leisure World News

Nov. 16: Maryland Medical Cannabis Commission Returns

by Carminetta Verner

The Maryland Medical Cannabis Commission (MMCC) returns on Friday, Nov. 16, to register more residents for medical cannabis.

The MMCC can only register a set number of patients during each visit. To place your name on the roster to register, contact Carminetta Verner by

email at (msshalia@aol.com) and include your name, email address and phone number.

She will contact you and furnish additional information on the registration process.

By registering directly with the MMCC, you are approved and given your registration number at that time, avoiding the three to four week wait for approval that happens with online registration.

■ **Education and Recreation Department**

Nov. 16: Seminar Held on Advance Directives and Healthcare Planning

On Friday, Nov. 16, at 2 p.m. in the Clubhouse I Crystal Ballroom, the E&R Department sponsors a seminar on advance directives and healthcare planning.

The seminar is free, but registration is required. Registration begins on Tuesday, Nov. 6, at 8:30 a.m. at the E&R office in Clubhouse I. Drop by to register or call (301-598-1300).

Every person, whether they are 18 or 80, needs to discuss their preferences for healthcare with their loved ones and designate a trusted family member or friend to speak for them if they can't speak for themselves.

The Maryland Department of Health has selected Consumer Health First as a Grantee organization to present seminars about advance directives throughout Montgomery County.

At the seminar, executive director Kathy Ruben will discuss the importance of advance directives. Those who attend the seminar will:

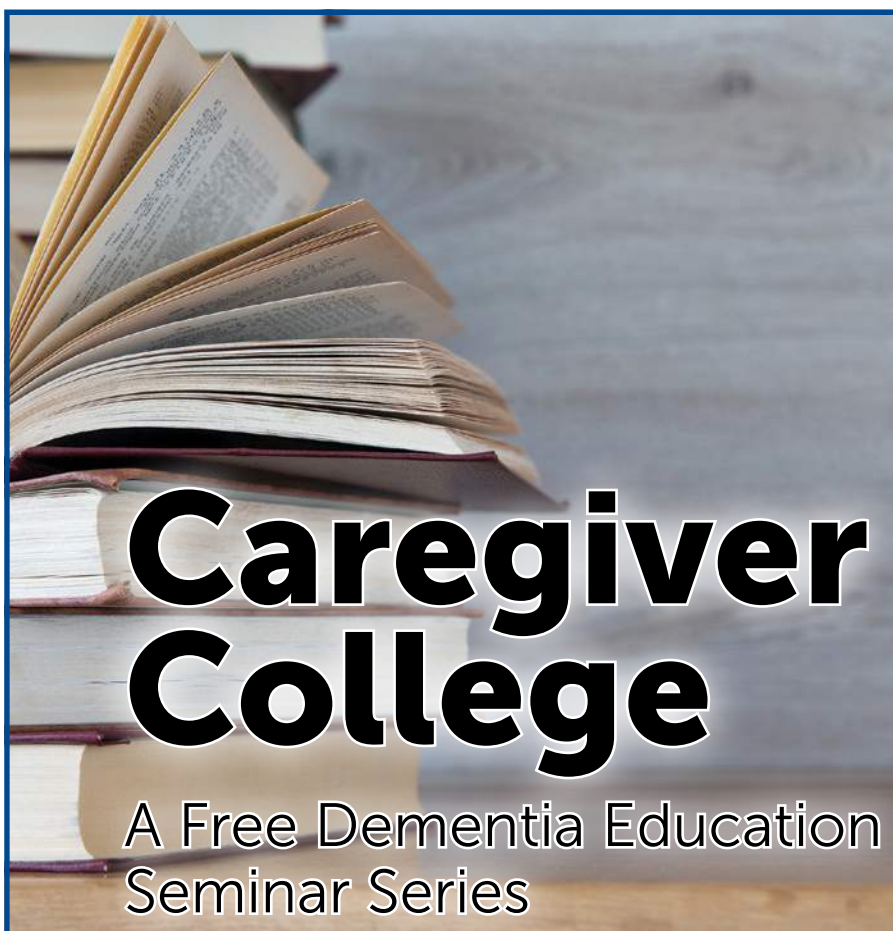
- increase their general awareness about advance directives
- learn how they can complete an advance directive (in paper or online)
- learn how to start important conversations with family members or within the community about making healthcare decisions before a medical emergency takes place

For more information or to request a session through Consumer Health First to increase awareness about advance directives, call (301-460-2084) or email (kathyruben@consumerhealthfirst.org).

For more information about Consumer Health First, visit (www.consumerhealthfirst.org).



Consumer Health First executive director Kathy Ruben, courtesy photo



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Dec. 4: Learn How to Manage Chronic Conditions

by Sandra McLeskey

Do you have high blood pressure or diabetes? Perhaps you've had other health problems, such as a previous heart attack or stroke.

The aggravating thing about these problems can be that they need medical attention on an ongoing basis. They are life-long problems that may get worse if left untreated. On the other hand, it can feel tedious to constantly worry about your diet or medication. It is tempting to ignore the whole thing.

Dr. Briana Newkirk, an internist at MedStar Montgomery medical center who specializes in helping older adults deal

with chronic health problems, offers insight on optimal management of chronic conditions to maintain an active lifestyle at a presentation on Tuesday, Dec. 4, at 1:30 p.m. in Clubhouse I.



Dr. Briana Newkirk. Photo courtesy MedStar

Newkirk's philosophy of care involves getting to know her patients so she may better understand their values and goals for their overall health. Her clinical areas of interest include hypertension, diabetes and geriatrics.

The talk is free, but residents are asked to sign up beginning Tuesday, Nov. 6, at 8:30 a.m. in the Clubhouse I E&R office.

Dec. 6: 'Urinary Problems: They Don't Have To Control Your Life'

by Fred Shapiro

Aging brings with it expected and unexpected health concerns, which can sometimes include enlarged prostate and overactive bladder.

The Center for Lifelong Learning (CLL) presents Dr. Vik Uberoi to address these issues in his program "Urinary Problems: They Don't Have To Control Your Life" on Thursday, Dec. 6, at 2 p.m. in Clubhouse I.

Admission is free, but residents are requested to register beginning Tuesday, Nov. 6, at 8:30 a.m. by either stopping by the Clubhouse I E&R office or calling (301-598-1300).

Uberoi will discuss treatment options that can relieve common bladder conditions and help restore your quality of life. Symptoms of these conditions can include waking several times a night to urinate, frequent and urgent need to urinate, a weak urinary stream and leaking urine.

Presenter Information

Uberoi is a frequent speaker on urological issues and has published articles in multiple medical journals on urologic topics, including urinary catheters, urinary tract function, treatment of urinary tract stones, sleep disorders and voiding dysfunction, bladder cancer, robotic cystectomy, polycystic kidney disease and renal cysts.

Uberoi is a member of the American Urological Association and the Endourology Society. He is affiliated with Chesapeake Urology, the largest urology

practice in Maryland and the Mid-Atlantic region.

He received his Doctor of Medicine from the University of Maryland School of Medicine.

He completed his general surgery internship and urology residency at Boston University Medical Center, and a fellowship in endourology at Cedars Sinai Medical Center.



Dr. Vik Uberoi, courtesy photo



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Dec. 13: 'Medical Cannabis A-Z: From Registration, Certification and Beyond'

by Fred Shapiro

With the media continually raising concerns and questions about the use of medical cannabis, the Center for Lifelong Learning (CLL) presents Gina Dubbe, medical director and founder of Greenhouse Wellness, to discuss "Medical Cannabis A-Z: From Registration, Certification and Beyond."

The program is on Thursday, Dec. 13, at 2 p.m. in Clubhouse I. Admission is free, but residents are requested to register beginning on Tuesday, Nov. 6, at 8:30 a.m. by either dropping by the Clubhouse I E&R office or calling (301-598-1300).

During her talk, Dubbe covers the entire process – from registering for a card and obtaining a certification, to placing your first order. She will also discuss what to expect when taking the medicine, how the medicine can help you and what types of strains and dosings will be a good fit.

Dr. Karen Clarke-Bennett also will be there to help certify those interested. She is the founder and owner of A Better You: Primary Care, Medical Spa, and Wellness Center in Odenton, Maryland.

This is the perfect talk for anyone who has been curious about medical cannabis but isn't sure where to begin. A doctor will be present to assist attendees on a personal basis.

To learn more about the safe uses of cannabis, attend this session and feel free to ask questions.

Dubbe's Background

Prior to starting Greenhouse Wellness, Dubbe co-founded TheraPearl, a company that produced revolutionary hot and cold compresses filled with gel beads.

TheraPearl provided a reusable, drug-free way of relieving pain and inflammation associated with muscle strains and sprains, swelling from surgery, spa treatments, allergies and a host of other pain-producing conditions.

Because of the company's success, Forbes Magazine named Dubbe as one of the Women Who Built Outstanding Companies, and TheraPearl made the Inc. 500 lists of the Fastest Growing Private Companies in the U.S. for two consecutive years.

After TheraPearl was purchased in 2014, Dubbe had the resources and desire to build another business and saw the burgeoning cannabis industry as an opportunity to provide alternative treat-

ment options for pain management.

She applied for and was awarded the dispensary license for Maryland's 12th district, thus leading to the formation of Greenhouse Wellness. From the beginning, Greenhouse's approach has been a bit different than other dispensaries.

Medical director Dr. Leslie Apgar leads them, and the team is staffed with registered nurses, in-house nutritionists and medical professionals committed to providing a consultative, pharmaceutical approach to medical cannabis.

Clarke-Bennett's Background

Clarke-Bennett has specialized training in bio-identical hormone administration, medical cannabis, aesthetic medicine (botox and fillers) and medical weight loss.



From left, Gina Dubbe and Dr. Karen Clarke-Bennett. Courtesy photos

She completed medical training at the University of Medicine and Dentistry of New Jersey and a family medicine residency at Georgetown University. She has a master's in public health.

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FISH Collects Calendars and Cardboard Tubes

by Beth Leanza

Do you have any of those calendars that get mailed out? One resident donates them to a local school where students do projects with them.

Place calendars in the box at the FISH office. Residents who need a calendar are also welcome to take one.

FISH also collects cardboard tubes from rolls of toilet paper. The Lions Club collects eyeglasses and hearing aids, and the Kiwanis Club collects aluminum beverage can tabs.

FISH is happy to collect items for other clubs and groups. If interested, contact Beth Leanza at (301-598-4569). Residents can place a box in the FISH office, but remember to check back and get the items.

FISH also has information about sending other items to groups that can use them, including unused/unopened

medicines to World Medical Relief in Michigan and pill bottles to Matthew 25 Ministries in Ohio. Bear in mind that the resident pays the postage.

General Information

FISH receives donated equipment, and volunteers do their best to make sure it is usable. Items often available to borrow include wheelchairs, walkers with wheels, commodes that can be placed bedside or over the toilet, and tub stools (aka shower chairs).

One tip: place an address label on items such as canes, so that you, the borrower, can be identified.

FISH is staffed by volunteers and is open Monday to Friday (except major holidays) from 10 a.m.-4 p.m. in Clubhouse II.

When the office is closed, E&R staff members can both accept returns and lend out items. Contact the FISH office at (301-598-1345).

Free Items

FISH also receives donations of canes, crutches, elevated toilet seats and easy reachers, and is happy to give these away.

Other donations received include incontinence items, blood pressure monitors, wheelchair pillows, baskets and trays for use on walkers.

These items are kept in the Clubhouse II basement to the left of the FISH cage. Residents are welcome to take whatever they can use and pass on items to non-residents.

Lost and Found

FISH also houses the found

items turned into E&R. It can sometimes take a few days for an item to turn up at the FISH office. Keep in mind that some mutuals have their own lost and found collections.

FISH Background

FISH started at Leisure World in 1969 and has been serving the community ever since. Its mission is to lend assistive equipment to residents and employees.

FISH stands for Friends in Sickness and Health. The fish was a secret symbol for early Christians who were hiding from the government.

GOOD TO KNOW:

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MedStar PromptCare patients can save time in the waiting room by checking in online. Screenshot by Leisure World News

by Leisure World News

Winter triggers a rise in urgent care visits, ostensibly because of cold and flu season, according to findings from a national survey published in 2009 by the National Institutes of Health.

The MedStar Health medical center at Leisure World, while offering a few dozen generalists and specialists providing healthcare weekdays from 8 a.m.-5:30 p.m., does not offer urgent care services.

MedStar PromptCare in Wheaton welcomes walk-ins and is open everyday from 8 a.m.-8 p.m., including holidays.

Patients can even save time spent in the waiting room by checking in online. Visit (www.medstarhealth.org/mpc-wheaton/) and click on "Save Your Spot." Follow the online prompt and receive a text message with your suggested arrival time.

MedStar PromptCare is located at 11915 Georgia Avenue in Wheaton, an approximate 15-minute drive from Leisure World. For more information, call (855-546-1964).

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MEDSTAR HEALTH HAS RESIDENTS
COVERED HEAD TO TOE



The MedStar Health medical center located at 3305 North Leisure World Boulevard contains an array of medical and health care providers. Photo by Leisure World News

by Leisure World News

Adjacent to the Physical Properties Department, the MedStar Health medical center bustles with a few dozen generalists and specialists providing healthcare weekdays from 8 a.m.-5:30 p.m.

Several of the healthcare offerings are open to all residents; you do not have to be a MedStar patient to use their services. They are:

- Acupuncture (301-960-9826)
- Audiology/Hearing (301-468-7670)
- Dental (301-598-1015)
- Durable Medical Equipment (877-224-2294)
- Family and Nursing Care (301-588-8200)
- Laboratory Services (301-598-1045)
- Massage Therapy (202-306-0894)
- Rehabilitation (physical therapy) (301-438-6280)
- Pharmacy (301-598-1548)
- Social Services (301-598-1581)

MedStar Health patients also have access to providers in many other specialties. Call the medical center’s main line at (301-598-1590) to schedule an appointment with a provider from any of the specialties listed below, unless a separate phone number is indicated:

- Internal Medicine (Primary Care)
- Cardiology
- Dermatology
- Dietary/Nutrition
- Endocrinology
- Neurology
- Ophthalmology
- Orthopaedics (301-774-8958)
- Physiatry/Pain Management (301-438-6280)
- Podiatry (301-598-0130)
- Psychiatry
- Psychotherapy
- Rheumatology

More information about services available at the medical center can be found at (medstarhealth.org/LW). For a complete list of provider names, visit (residents.lwmc.com) and click on Medical Center under the Amenities and Services dropdown menu.



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From left: Kathryn Balestino-Estes, AuD., Dr. Heather Schwartzbauer, M.D., Allyson Bull, AuD., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrosniak, M.D.

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Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

Essential Tremor Group: Hello to all those with Essential Tremor. We have missed seeing you at our meetings. Where have you been? The Essential Tremor Group meets at 10:30 a.m. the first Thursday of the month in Clubhouse I. There have been some exciting, new developments in research, such as a new tablet that measure the tremors in your hands and possibly the voice, that have been discussed. Try to come to the

next meeting on Dec. 6 at 10:30 a.m. to find out about more new research and to meet other people with Essential Tremor.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or visit (www.alz.org).

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

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Dear Leisure World Neighbors,

We support Brian Frosh for re-election as Attorney General. The Election, Tuesday November 6, is just a few days from now. We know you and all Leisure World voters understand how important it is to Get Out and Vote. We want to share with you a few reasons why we should re-elect Attorney General Brian Frosh.

Brian has fulfilled his pledge to us of four years ago to bring fairness, equality, and justice to all Marylanders as The People's Lawyer. There is much work still to be done and he needs the support of all of us to continue the fight.

Under the leadership of Brian Frosh, his office has focused on fighting crime, protecting the environment and other serious threats to our safety. In addition, Brian's office has shut down scammers and phony charities – including those that target veterans and the elderly. The Office of Attorney General has also taken on Medicaid fraud and abuse against older Americans.

We believe that Brian Frosh is the clear choice to continue to be our People's Lawyer. You have a voice. We hope you will join us and Vote to Re-elect Brian Frosh, Attorney General on Tuesday, November 6th.

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"We support Marc Elrich

for county executive because Marc is genuinely interested in listening to residents throughout the county, and we know that, if he is elected, he will value our voices and address our concerns."

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He has been a leader on creating and preserving affordable housing.
Marc also has developed a bus rapid transit (BRT) plan.
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■ Edmonson Historical Society

Nov. 7: Discover County's Connection to Plantation Farming and the Underground Railroad



An old plantation farmhouse. Photo courtesy of the Button Farm

by Juanita Sealy-Williams

On Wednesday, Nov. 7, at 11 a.m. in Clubhouse I, guest speaker Anthony Cohen gives a presentation on the historic role of plantation farming and the Underground Railroad in the Montgomery County area.

Cohen is president of the Menare Foundation, which operates the Button Farm in Germantown, Maryland.

The farm considers itself “Maryland’s only living

history center that interprets 19th century plantation life.” Oprah Winfrey used the Button Farm to prepare for her role as a slave in the movie “Beloved.”

A brief meeting is held after the presentation.

All members, residents and their guests are welcome to attend. Refreshments will be served.

Residents are asked to sign up if planning to

attend by either stopping by the Clubhouse I E&R office or calling (301-598-1300).



Anthony Cohen, courtesy photo

Interested in advertising in the Leisure World News?

For information:
call 301-598-1310 or
email lwnewsads@lwmc.com



■ New Yorkers and Friends Group

Nov. 8: Meeting Elects 2019 Officers

by Linda Mahler

The next meeting of the New Yorkers and Friends Group is on Thursday, Nov. 8, at 10:30 a.m. in Clubhouse I. Dues of \$10 for the year will be collected and officers for the upcoming year will be elected.

In lieu of a December meeting, the Group holds a holiday social gathering on Thursday, Dec. 13, from 5-7 p.m. in Clubhouse II. Members will be able to interact with fellow New Yorkers and Friends, and sample a variety of delicious hors d'oeuvres and desserts. More information is forthcoming.

Regular meetings of the Group are held on the second Thursday of the month at 10:30 a.m. in Clubhouse I, and the Group looks forward to an exciting year. For more information, contact Connie Blake at (301-438-2667) or (connieblake1@verizon.net).

Enriched Encounters Group Forming

by Wally Becker

The group holds an encounter session every other Monday at 10:30 a.m. in Clubhouse II. The first session is on Monday, Nov. 12.

The purpose of these sessions is to enrich your life by exchanging knowledge, ideas and philosophies. Experience this with an “Encounter Group” of other residents.

Some sample subjects to be discussed are:

- What is resilience and how has it worked for you?
- How would you define character?
- How can adversity be a positive?
- Describe a glorious moment in your life.

Encounter group sessions will be one hour to one hour and a half. Enrich your life!

Call Wally at (301-288-4276) or Ellen at (301-598-1132).

■ Garden and Environmental Club

Nov. 12: ‘Plants of the Ancient World’

The Garden and Environmental Club meets on Monday, Nov. 12, at 10 a.m. in Clubhouse I.

The meeting includes a presentation by Ginger Samara, who will speak about plants and their medicinal and nutritional value.

Coffee, tea and delicious homemade desserts are served before, during and after the meeting. All residents and guests are invited to attend. New members are always welcome to join the Club. For more information, contact Gwen Raphael at (301-598-7653) or (graphael@verizon.net).

— Jean DeSchraver



The fern is one of the oldest ancient plants still living. Photo by Jean DeSchraver

Nov. 13: Members Learn About Image Editing Software and Prepare for Upcoming Competition

by Fred Shapiro

One of the subjects frequently discussed by Camera Club members is the availability and benefits of editing software that help improve digital images. Much of the discussion centers on software that is available for free online.

At the Tuesday, Nov. 13, meeting of the Rossmoor Camera Club at 7 p.m. in Clubhouse II, Lou Paley presents FastStone Viewer, a downloadable software program with basic editing tools that is available at (www.faststone.org).

Paley will be joined by Stu Lillard, who will address the benefits of using Photoshop Elements.

About the Presentation

Paley encourages residents to bring their laptop computers to the meeting to work alongside him as they use FastStone Viewer to straighten an image, remove minor imperfections, crop, adjust brightness, improve saturation and tone, and then re-name and save the file.

In addition to downloading the free software to their laptops, Paley encourages attendees to bring a flash drive with photos that can be used in conjunction with the software to edit and save



"My Aching Head and Toe" by Stewart Lillard

the photographs. His portion of the program will be a hands-on, basic editing class.

Lillard will show the basic editing features as well as some of the more sophisticated provisions in Photoshop Elements that can eliminate as well as enhance the components of a photograph.

This software is a popular editing tool for many photographers, but there are many features that are not well known to most. Lillard will expand on some of the features in the software.

November Competition

Members are preparing for the Tuesday, Nov. 27 competition with the theme "People



"Grasshoppers Mating" by Lou Paley

at Play," which is defined as any human or animal activity that is engaged in for personal enjoyment and recreation, and is not a paid or professional full time activity.

Examples of play include more sedentary activities, such as board games or puzzles; active, non-competitive hobbies, such fishing, boating, rock climbing, parasailing, swimming and dancing; competitive group athletic activities such as golfing, lawn bowling, tennis, baseball, football, ice skating or gymnastics.

The competition has no limits regarding age or location.

Membership

Residents are encouraged

to join the Club to learn how to improve their photographs.

Membership includes two levels: Members who expect to compete in the monthly completions pay \$25 for the year, and residents who wish to join the Club to learn more about photography but are not interested in competing in the photo competitions pay \$15.

To join, send checks, payable to Rossmoor Camera Club, to Woody Shields, Rossmoor Camera Club, at (3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906).

For more information about the Club, visit (www.rossmoorcameraclub.com).

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Batter's Up to the Plate and Get Your Tickets to See 'Damn Yankees'

by Hannelle Allen
and Karen Brooks

Fun and Fancy has been writing for the past two months about its erstwhile Washington Senators and their passion for taking the American League Pennant away from you-know-who. One week from today, it's 'batter's up' for the game of a lifetime. Fun and Fancy's terrific 'team' has been working hard to prepare for the big game.

This much-beloved musical, "Damn Yankees," tells a story that is both funny and profound, with delightful songs and dances.

Ticket and Performance Information

We need you in the

Clubhouse II auditorium to cheer them on! Tickets for each of the six 'games' in this series are selling like hotcakes.

They are \$10 each and are on sale through Thursday, Nov. 15, available Monday through Thursday from 11 a.m.-2 p.m. in Clubhouse I and Friday and Saturday from 11 a.m.-2 p.m. in Clubhouse II.

Performance dates are Friday, Nov. 9; Saturday, Nov. 10; Friday, Nov. 16; and Saturday, Nov. 17, at 7:30 p.m. A wine and cheese party for the cast and audience follows the Nov. 9 performance. Matinee performances are on Sunday, Nov. 11, and 18 at 2 p.m.

Tickets are also on sale Wednesday, Nov. 7, at 7:30 p.m. just before the Group's monthly meeting in the Clubhouse II auditorium. The business meeting will be followed by a few of the songs from the show, as a 'pre-game warm-up.'

Admission is free for members and \$5 for one-time attendees only. Refreshments will be served after the meeting.

Tickets may also be purchased just before each performance. Remember: seats are reserved and tickets are selling fast, so it is advisable to get tickets in advance.

Checks, payable to Fun and Fancy Theatre Group, are

appreciated; cash is accepted. No credit cards.

Support the 'Team'

Fun and Fancy knows you're great supporters of its team. The team promises it will not disappoint. They've been working since the end of August to bring you the best show imaginable.

They're going to love seeing you in the stadium, and you're going to love seeing them on the field, in the locker room and other places around town.

See you at the 'ballpark!'

Dec. 5 Meeting and Show

Individual acts are rehearsing for the Wednesday, Dec. 5, monthly show, "Holy Days, Holidays, December!"

Come and enjoy songs and dances – some sacred, some secular and some just fun. The meeting and show is at 7:30 p.m. in the Clubhouse II auditorium.

Director Nena McMahon is seeking a B-flat clarinet or a viola (and player thereof) for "Chanukah Prayer," written by Marcus and Lantz in 2004.

If interested in playing the obbligato for this lovely number, which includes four-part vocal ensemble, piano accompaniment and interpretive dance, email (NenaM.McMahon@hotmail.com).

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Nov. 14: Gem Appraiser Discusses Poland's Amber, Salt Treasures



From left, an amber necklace contains a preserved insect; amber necklaces sit on display; and salt crystals from a salt mine. Courtesy photos

by Frank Roddy

The Gem, Lapidary and Mineral Society (GLMS) holds its next meeting on Wednesday, Nov. 14, at 7 p.m. in Clubhouse II.

The meeting's speaker, Denise Nelson, will discuss her trip to Poland to see the amber and salt deposits and amber jewelry.

Amber along the Polish Baltic coast was formed by sap from pine trees becoming preserved by the Baltic Sea, sometimes trapping insects. Nelson will discuss how the amber is mined and show pictures and some samples of amber jewelry.

She also visited a salt mine in Poland and will show photos of salt crystals growing in the salt mine.

GLMS members and visitors are encouraged to bring some of their own amber jewelry for the show and tell part of the program after Nelson's presentation.

Nelson has previously given presentations to GLMS, including "Jewels and Gems Throughout History" and "Diamonds."

Speaker Information

Originally from Vienna, Austria, Nelson is an appraiser, Gemological Institute of

America graduate gemologist, speaker and owner of Inner Circle, a fine jewelry business she started more than 25 years ago.

She designs jewelry and works with estate jewelry to refurbish and make more fashionable family keepsakes or even create new settings for precious stones.

Nelson has attended many jewelry and mineral trade shows worldwide and has visited mines on five continents.



Denise Nelson courtesy photo

Membership Information

The GLMS holds its monthly meetings on the second Wednesday of the month at 7 p.m. in Clubhouse II. All residents are

welcome.

GLMS membership is \$10 per year, with the Group's year starting in September.

For questions about membership, contact Frank Roddy, GLMS president, at (roddy.frank2014@comcast.net) or (301-598-3698).

Lapidary Shop

Lapidary laboratory facilities are extensive and for use by all members trained by shop steward Mark Parker. Members can make their own jewelry. The annual lab fee is \$15. For more information, contact Parker at (Kb3wuk@gmail.com) or (240-723-5860).



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Students Explore Dark Backgrounds and Pastels



From left, instructor Firouzeh Sadeghi with Barbara Rothenberg and her painting of onions, and Judith Lessin and her painting of a rooster. Both paintings experiment with dark background colors. Photo by Ann Bolt

by Ann Bolt

The Rossmoor Art Guild's (RAG) Fall II session is underway, with students exploring new classes or settling into a familiar routine.

Firouzeh Sadeghi's watercolor class is experimenting with vibrant darks for backgrounds in paintings, shorthand for "give the black a rest." The class examines the age-old debate: to use black or not to use black, and, if not, what to use instead.

With a mixture of dark-hues, the backgrounds give a subtle range of dancing colors. Roz Livinson, Barbara Rothenberg, Ruth Lehman, Judy Lessin and Kathleen Allen came up with some rich color combinations of dark purple, blue and

green. The class will explore special effects of painting with a limited palette during Session II.

Pastel Class

Pastel artist and instructor Doris Bryant is guiding students through the techniques of pastel painting, or drawing. She advocates wearing a smock, as some pigments are strong and may not wash out.

The students will be introduced to different strokes, including hatching, cross-hatching, blending, scumbling, dusting, pointillism and feathering. The question is whether to wear gloves to blend colors or to use fingers. Each medium has its own peculiarities to either embrace or ignore.

Exhibits

RAG instructor Genevieve Roberts has done a lot of background work to prepare for the next exhibit of the 85th Annual International Exhibition of Fine Art in Miniature, opening Sunday, Nov. 18, and continuing through Sunday, Jan. 6, 2019, at The Mansion at Strathmore in North Bethesda.

Several RAG artists participate in this show annually. It is fun to go to the show to discover these delightful little paintings that have been submitted by artists from all around the world.

Another exhibit is at the Brookside Gardens'

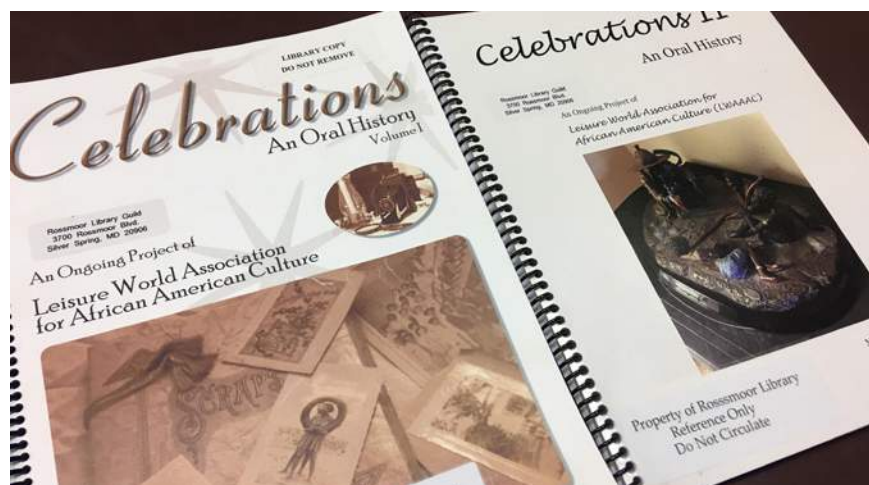
Visitor Center, Monday, Nov. 12-Monday, Dec. 10 and features artworks from the Washington Metropolitan Artists Society. The exhibit includes work by some of Firouzeh Sadeghi's RAG students.

Other RAG students will participate in the Olney Art Association exhibit at the Kentlands Mansion, located at 320 Kent Square Road in Gaithersburg, between Friday, Nov. 9, and Jan. 6, 2019. A reception is held on Thursday, Nov. 15, and all are welcome.

At Clubhouse II, RAG member Faith Chin's solo show runs through December.

■ Rossmoor Library Guild

Library Carries 'Celebrations II: An Oral History'



"Celebrations" Volume I and II are available for reference in the Clubhouse I library. Photo by Leisure World News

by Barbara Long

The library in Clubhouse I has received a copy of "Celebrations II: An Oral History" compiled by the Leisure World Association for African American Culture (LWAAAC) and released this year.

"Celebrations II" is a collection of LWAAAC member interviews conducted by other members. Discover many of your neighbors' fascinating backgrounds and accomplishments.

The library also has a copy of Celebrations I, which was

issued in 2008 and has interviews that were conducted by students at James Hubert Blake Senior High School.

Both volumes are available for residents to read in the library during library hours. They are not available for circulation as they are classified as reference books.

Cards

Boxed Christmas cards and unboxed holiday cards are available for sale at the library. Proceeds from the sale allow new books to be added to the library's collection.



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Nov. 15 and 16: Drop by the Studio's Open House

by Maggi Lindley

November has arrived, and that means a change in the Club's display case located in the art corridor in Clubhouse II. The Club's artist this month is Paul Lipson.

Lipson has been a member of the Ceramics Club since 2017. He joined after he viewed some ceramic pieces and realized he could make similar ones himself. He has learned how to mold and paint pieces using different techniques.

Lipson has become a great volunteer in the studio, watering plants, cleaning the kiln room and helping to make the slip (liquid clay used for molding ceramic pieces). A Maryland native, he grew up in Wheaton and attended Northwood High School. Before retirement, he worked at Brookside Gardens and The University of Maryland. All residents are welcome to visit his exhibition this month.

Activities

Upcoming activities for Club members include a bubble painting class on Saturday, Nov. 3, at 10 a.m. and a bi-monthly meeting on Wednesday, Nov. 14, at noon. Both activities are held in the Ceramics Studio in Clubhouse II.

Club members exhibited work at the Foundation Art Show on Nov. 1.

Open House

On Thursday, Nov. 15, and Friday, Nov. 16, from 10 a.m.-3 p.m. in the Ceramics Studio, the Club invites all residents to visit the open house and sale. Come and enjoy a cup of coffee and a cookie while you browse. Perhaps you will find that certain elusive Christmas or Hanukah gift you have been looking for! The Club looks forward to welcoming all to the world of ceramics.

General Information

The ceramics studio is located in Clubhouse II and serves as both a workshop and sales room. Looking for a gift? Come and visit the gift shop and see what little gem you may find there. All proceeds from the gift shop go to charity.

Club dues are \$10 per year and all materials (paints, brushes, etc.) can be purchased in the studio. New members

make an appointment with one of the Club's instructors and, after a short training, are on their way to creating their own great pieces of artwork.

The Club welcomes visits at any time the studio is open. Friendly Club members are happy to show you around and answer any questions you may have. For more information, visit (<http://sites.google.com/site/cccofleisureworld/>).



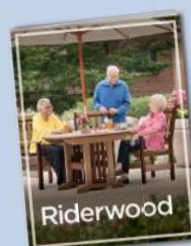
Ceramics created by Paul Lipson. Photo by Maggi Lindley

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Nov. 14: Members Vote on Club Officers; Plot Applications Still Accepted

by Cindy Hensen

The Group's next meeting on Tuesday, Nov. 13, at 9:30 a.m. in Clubhouse I includes a vote for Club officers – president, vice president, registrar and treasurer.

Come to the meeting to vote and give input into Club matters.

Garden Applications

Several plots are available to anyone who fills out and turns in an application. Residents are encouraged to find their inner gardener and apply. Applications are in the Clubhouse I E&R office and available on (residents.lwmc.com).

Click on Club and Organizations Information Pages under the Your Community dropdown arrow, and then

click on Garden Plots Group.

New gardeners should fill out the form and turn it in, and Susan Curow will contact them when a garden is ready and available.

Bins are also available, if you need a place to store your items.

For questions, contact Susan at (301-598-7215) or (scurow@msn.com).

Updates

The garden's bees are active and doing well.

A new light was installed at the MedStar Health medical center near the garden plots and will be a help to gardeners working in that area.

Fireman's Day was a success, but was not well publicized. The Group has decided to make Fireman's Day an annual event.



A "No Dumping Allowed" sign in English and Chinese reminds residents not to dump their trash at the garden plots. Photo by Cindy Hensen

Garden Reminders

The garden's water will be turned off on Thursday, Nov. 15. All pots and containers must be turned over so they do not to collect water. The inspector found several violations.

Weeds and untended gardens are still a problem, so the Group has decided to clean up the plot after 10 days and charge the current gardener for the work done. The Group's new board plans to continue discussing this topic.

Information about the garden is in Shed One as the information sign is leaking. Raised beds need approval; submit a request in writing to Susan Curow.

The red telephone located at the entrance to the garden plots is for emergencies. If someone falls, becomes ill or needs help, gardeners may use the red telephone.

The water area is everyone's responsibility; all gardeners should wind up the hoses and put down wood chips when the area needs it.

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Dec. 7: Projections for the 2019 U.S. Economy

by Ann Nash

For his second economic presentation to Leisure World, Dr. Semoon Chang presents a seminar designed to give residents a better understanding of the current economic environment.

This Center for Lifelong Learning (CLL) program is on Friday, Dec. 7, from 11 a.m.-noon in Clubhouse I. See the Classes and Seminars section in this edition for registration information

Chang hopes to provide attendees the tools to make more informative decisions in their daily lives. His seminar provides updates on the U.S. global and local economies for 2019 and includes a brief introduction of notices from the Federal Trade Commission that are likely to have an impact on residents' daily lives.

His PowerPoint presentation

is followed by a question and answer period.

Speaker's Background

Chang retired as a professor of economics from the University of South Alabama. He serves as president of the National Association of University Business and Economic Research and the Korea-America Economic Association. He earned his doctorate in economics from Florida State University.

Chang moved to Leisure World in December 2016. He is a member of the Golf Club, Baby Boomers Club, Fun and Fancy Theatre Group, Sock Hop Group and Ballroom Dance Club. He also serves on the Golf and Greens Advisory Committee and is a member

of the CLL board of directors. Once in a while, he plays the saxophone.

Call For Instructors

CLL is seeking instructors to conduct enrichment classes in a full range of areas, and invites residents who have an interest in teaching to consider joining and giving new courses or single lectures to the community.

The topic for the course or lecture can be within the instructor's areas of interest and expertise (such as a profession, hobby or other interests). CLL instructors come from a wide range of backgrounds and include college professors, attorneys, government officials and business people. As long as one has an interesting topic and a desire to

teach, CLL will be delighted to have you as an instructor.

Topics range from history and culture to the arts and philosophy, as well as other subjects of general interest. Medicine and health and politics are not covered in CLL offerings. Classes are conducted generally for one hour, one day a week in two or more sessions, as the instructor requires.

Contact

Residents who have a special interest or who have taught in any of the areas listed are asked to contact the CLL curriculum chair JoAnn Gellman at (jgel834002@aol.com) or (301-351-2391).

Residents can also visit (www.clldm.com) and click on "Seeking New Instructors." We look forward to having you as a member of CLL, as we continue to provide enrichment opportunities to the community.



Dr. Semoon Chang, courtesy photo



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Dec. 10: Learn About Summer Internships Available at the National Institutes of Health

by Fred Shapiro

Do you have grandchildren with an interest in studying and pursuing a career in the sciences?

On Monday, Dec. 10, at 10 a.m. in Clubhouse I, the Center for Lifelong Learning (CLL) hosts a presentation by Dr. Belen Hurle of the



Dr. Belen Hurle of the National Institutes of Health. Photo by Fred Shapiro

National Institutes of Health (NIH) entitled “Summer Internship Opportunities at the NIH for High School and College Students.”

The program is free, but residents planning to attend are asked to register beginning Tuesday, Nov. 6, at 8:30 a.m. by either dropping by the Clubhouse I E&R office or calling (301-598-1300). Residents are encouraged to bring guests, such as family members who may be interested in an internship.

Internship

The NIH’s program is designed to appeal to students who are interested in exploring Science, Technology, Engineering, and Math (STEM) careers. NIH is the nation’s biomedical research institution, located in nearby Bethesda, Maryland.

Summer internships at the NIH can be formative experiences for college and career-readiness. Come learn what interns can do, the application process and tips for success.

The application period for internships for summer 2019 opened in November and closes Friday, March 1, 2019. The program is available for students 17 or older; over 1,300 students are accepted every summer. The internship includes a stipend and transportation benefits.

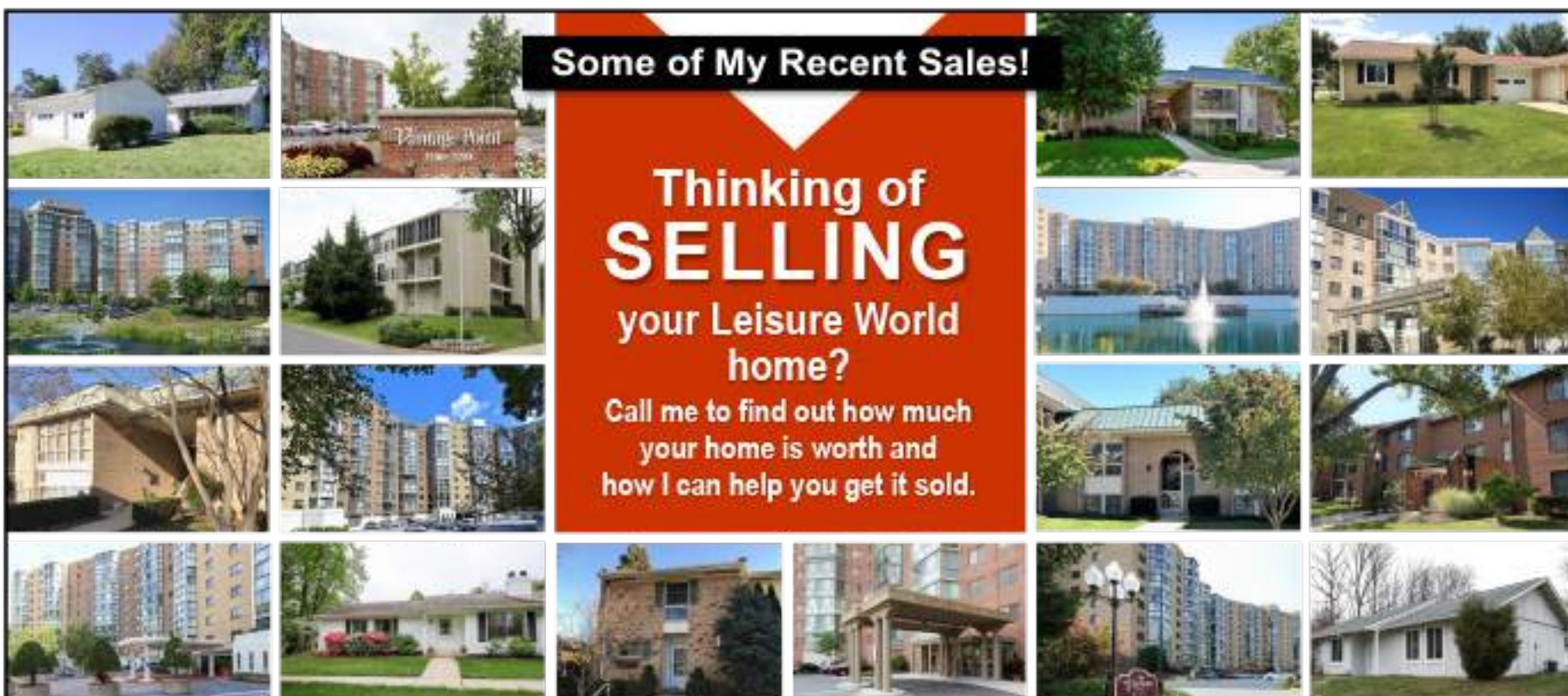
The internships apply to all STEM fields represented in the NIH campus, which includes nurses, doctors, genetic counselors, public health workers, nutritionists, psychologists, engineers (imaging, biomechanics), computer scientists (software engineers, programmers, statisticians), veterinarians and laboratory technicians.

Presenter Information

Hurle develops models of public engagement related to genetics and public health. Specifically, she identifies target populations and public health issues in need of educational programs, and develops partnerships around them between the National Human Genome Research Institute (NHGRI) and communities of interest.

Hurle is intramural training program coordinator at NIH. She joined the NHGRI at the NIH in November 2002 after completing four years of post-doctoral training in molecular genetics at Washington University in St. Louis studying the inner ear and balance.

She has a doctorate in biology from the University of Oviedo in Spain.




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The Problem with Plastics

by Tina Lunson

As Montgomery County reaches for its “70 percent recycled by 2020” goal and the rest of the world races to clean up pollution, here is some insight into the history and role of plastics.

When J. Hyatt used plant cellulose to create plastic, non-ivory billiard balls in 1860, it was considered revolutionary. Plastics were touted as protecting the natural world from the destructive forces of human need, according to (www.sciencehistory.org).

In the years following World War II, inexpensive petroleum provided a tremendous boost to American industry and standards of living, but, as a result, petroleum-based plastics became less costly to manufacture and more popular than plant-based alternatives.

As the 1960s neared, plastic debris was observed in the oceans. Author and conservationist Rachel Carson wrote her 1962 warnings about petro-chemical pesticides in her home located just a few miles from Leisure World.

“While so many plastic products are disposable, plastic lasts forever in the environment,” according to (www.sciencehistory.org).

Americans recycle only a small percentage of plastics, and incinerating them produces toxic chemical fumes and leaves toxic residues. Incineration is “not a viable solution for plastic pollution, and is harmful for marine and human health,” says (www.no-burn.org).

Tackling the Problem

The following is a list of ways residents can help tackle the problem of plastics pollution.

- Avoid petroleum products as much as possible, especially single-use items.
- Look for bioplastic, or plant-plastic, containers, bags and utensils that are compostable or biodegradable. They are made from corn, bamboo, cassava, sugarcane fibers and other plant resins and fibers. See (www.ecoproducts.com) for an example.
- Drive an electric or hybrid car – they don’t idle! Charging stations are located in the Leisure World Plaza parking lot.
- Get solar collectors – some residents already have them.
- Spurn single-use items; recycle everything you touch.

- Do not put plastics into trash that will be incinerated or placed in a landfill.
- Use compostable trash bags, available at many grocery stores and online.
- If you attend a Leisure World function and there is no recycling container, ask for one.

Find more fun and inspiring tips at (www.breakfreefromplastic.org).

Group Information

LW Green is a group of residents dedicated to being better stewards of the environment.

The Group recently screened the film “Zero Waste,” listened to a chemist lecture about recycling plastics, toured the Montgomery County recycling facility in Derwood, Maryland, and watched a video about efforts to clean up the Great Pacific garbage patch of plastic waste.

LW Green meets on the fourth Wednesday of the month at 2 p.m. in Clubhouse I. All residents are welcome.

■ National Active and Retired Federal Employees (NARFE) Chapter 1143

To Your Health

This fall, NARFE Chapter 1143 is focusing on health. The Chapter’s goal is to ensure that retired federal employees residing at Leisure World are well informed on this issue.

Because the subject is too complex to be covered by a single presenter, the Chapter invited six speakers to its Oct. 15 Health Roundtable and Expo: Sarah Marbach, AETNA; Christel Bull, Blue Cross/Blue Shield; Dan Adcock, National Committee to Preserve Social Security and Medicare; Wayne Quick, Government Employees Health Association; Hazel Mansour, Kaiser Permanente; and Jessie Washington, New York Life and AARP.

Health Forum

The Chapter encourages its members to build on this experience by attending either session of the second annual Federal Employee Health Benefits Forum with Rep. Jamie Raskin.

Attendees will hear a panel of experts discuss federal employee health options and can have their question answered. They will also have the opportunity to discuss their

personal options with health insurance carrier representatives.

The first session is on Tuesday, Nov. 13, from 9-11 a.m. at Holiday Park Senior Center in Wheaton. The second session is on Monday, Nov. 19, from 7-9 p.m. in the executive office building at 101 Monroe Street in Rockville.

For more information, visit (narfe1143.org) and click on the flier in the Upcoming Events section.

Chapter Showcase

On Monday, Nov. 19, the Chapter’s Showcase features guest speaker Walt Francis of Consumer Checkbook, who will address members at 2 p.m. in Clubhouse I. Francis packs the house, so plan to come early.

Federal Programs

The Chapter is concerned about the future of Social Security and Medicare.

Anyone who is also concerned about these programs is encouraged to visit the National Committee to Preserve Social Security and Medicare’s website at (www.ncpssm.org).



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It's Quite Simple: Vote



From left, U.S. Rep. Jamie Raskin and candidate for County Executive Marc Elrich discuss the issues with Leisure World Democrats at a recent event. Photos by Jon Fife

by Roger Blacklow

Election Day is Tuesday, Nov. 6. Leisure World has three precincts, or polling places: Clubhouse I, Clubhouse II and The Inter-Faith Chapel.

Each resident's home address determines his or her precinct. Visit (elections.maryland.gov) to determine which precinct is yours.

maryland.gov) to determine which precinct is yours.

Columnist

On Thursday, Nov. 8, at 7 p.m. in the Clubhouse I Crystal Ballroom, renowned, long-time Washington Post columnist Bob Levey discusses the elections and gives his entertaining take on

the Washington, D.C., scene.

Be prepared – Levey is known for his wit, humor and knowledge. If you grew up in the D.C. area, you grew up with Bob Levey's reporting and columns.



Join or Contact

Join the Democratic Club by sending a contribution of \$10 per person to Jon Fife at (3200

N. Leisure World Blvd., Apt. 1001, Silver Spring, MD 20906). A contribution automatically gives members a subscription to the Club's award-winning, in-house newsletter, the "Donkey Dispatch."

Contact the Club at (leisureworlddem-club@gmail.com). For more information, visit (www.lwdem.com).

■ Republican Club

Politics Through the League of Women Voters' Lens

by Fred Seelman

The next meeting of the Republican Club is on Tuesday, Nov. 20, at 7 p.m. in Clubhouse I.

The meeting's guest is Elaine Apter, a representative from the League of Women Voters (LWV).

Apter will address the LWV's role in the political process and what it wants to change.

For years, the LWV has been a major force in a number of political areas, including increasing the number of voters and explaining policy issues.

Come to the meeting and learn what one of the leading political education organizations in the U.S., the LWV, sees as problems that need to be solved, and ways to do it.

Election

Contact the Club to volunteer to work at the polls on Tuesday, Nov. 6. Remember to vote for Craig Wolf, Jae Hwang and all the Republican candidates who visited the Club: Gov. Larry Hogan, Tony Campbell, Robin Ficker, Anjali Reed Phukan, David Pasti, Robert Dyer, Shelly Skolnick and Penny Musser.

Reminder

The Club's holiday party is on Tuesday, Dec. 18, at 1:30 p.m. in Clubhouse I.

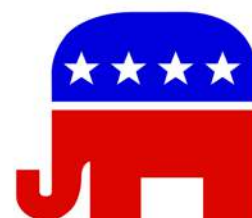
Contact Information

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) or vice president Ray Spieler at (301-460-3568).

Join us for another quality event on Nov. 20. And enjoy our refreshments.



Elaine Apter of the League of Women Voters. Screenshot by Leisure World News



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■ League of Women Voters

Do Your Homework and Go To the Polls

by Maxine Lewack

You've prepared by reading up on the candidates and issues and you've thought it through – now follow up by going to the polls! Tuesday, Nov. 6, is the last chance to vote in the 2018 Gubernatorial Election. The polls are open from 7 a.m.-8 p.m.

Next Meeting

The Rossmoor League of Women Voters meets on Wednesday, Nov. 14, at 10:15 a.m. in Clubhouse I. In addition to facilitating the voting process, the League's mission is to educate citizens about national, state and local issues that touch us all.

This month's topic is bail reform. The League will cover the present system of granting bail as well as examine proposed changes. While many of us usually think of bail as tied to monetary amounts, often bail is

simply personal recognizance or bond. It may even involve property in lieu of cash.

While there have been some federal laws regarding bail, such as in 1966, 1984 and 2006, rules governing bail are largely left to the states and may vary greatly from one state to another. Some believe it is difficult to put reform in place because judicial officers don't want to risk releasing arrestees for fear they will not return for trial or will commit other crimes while waiting for trial.

Critics of the current system say it discriminates against low-income and people of color defendants. They also charge that the current system is very ambiguous as it leaves too much up to interpretation.

All residents are invited to join the League on Nov. 14 to hear both sides of the issue and join in the discussion. Coffee and tea are served.

■ Jewish Discussion Group

Nov. 25: Share Personal Stories of Thankfulness

by Jerome "Jerry" Cohen

To commemorate Thanksgiving, the next group session on Sunday, Nov. 25, at 10:30 a.m. at Clubhouse II features a discussion on giving thanks.

Put your thinking caps on and tell the Group why they should be thankful and what they should be thankful for. Share inspiring and heart-warming stories of giving one's self to another person or cause in a time of need. Keep your stories brief, as two-minute time limits will be in effect.

General Information

The Group welcomes people of all faiths including clergy members to attend, participate and enjoy its free fourth Sunday discussion Group sessions held from 10:30 a.m.-noon at Clubhouse II. Don't miss this special Thanksgiving event!

For additional information or to have your email address added to the monthly notification list, contact group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

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Nov. 18: 'Maryland and Beyond in the Post-Midterm Elections'

by Jonas Weiss

The Jewish Residents of Leisure World (JRLW) brunch on Sunday, Nov. 18, at 10 a.m. in Clubhouse I features guest speaker Doug Gansler, former Attorney General of Maryland and president of

the National Association of Attorneys General.

He will speak on "Maryland and Beyond in the Post-Midterm Elections."

For reservations, send checks for \$12, payable to JRLW, to Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906). Checks must be received by Saturday, Nov. 10.

To reserve a table for 10, all checks must be received together in one envelope. There is no saving of seats and no payment at the door.

Kristallnacht

A program memorializing Kristallnacht is held on Sunday, Nov. 11, at 7:30 p.m. in Clubhouse II.

Fred Firnbacher has put together a program and Joseph Turtill will tell about his experiences in Austria during that time.

Services

Rabbi Gary Fink leads a Conservative service on Friday, Nov. 2, at 7:30 p.m. in The Inter-Faith Chapel.

The Jewish War Veterans Charles B. Krieger Post 567 provides the guest speaker, Ted Hyman, and sponsors the Oneg

Shabbat.

Cantor Michael Kravitz leads Conservative services on Saturday, Nov. 10, at 9:15 a.m. in Clubhouse II.

Rabbi Moshe Samber conducts abbreviated Sabbath services on Saturday,

Nov. 3, 17 and 24 at 9:15 a.m. in Clubhouse II.

Donations

For the Torah maintenance fund, send checks payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

Donations for prayer books go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906). Please note which book (Reform, Conservative or Chumash) should carry the acknowledgement.

Janet is also asking for someone to help her label the prayer books.

Send donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).

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A Simcha Ring Concludes Hadassah Meetings

by Barbara Eisen

Hadassah concludes its meetings with an opportunity for all those who have good news, such as anniversaries, grandchildren's achievements, bar mitzvahs, birthdays or other congratulations, to donate a few dollars and be acknowledged by a Simcha Ring list sent out to all members by email.

Upcoming Events

On Wednesday, Nov. 14, at 2 p.m. in Clubhouse I, Cantor Michael Kravitz presents a musical program entitled "Jewish Influence on American Music."

For more information, see the Events and Entertainment section of this publication.

On Tuesday, Dec. 4, at 2 p.m. in Clubhouse II, Hadassah holds a special Chanukah party.

Note the change in the date to a Tuesday. More details are forthcoming.

Judaic Study Group

Peri Schuyler presents "Jerusalem – Ancient and Modern" to the Judaic Study Group in two different sessions. The first session is on Monday, Nov. 19 at 1:30 p.m. in Clubhouse I.

"What city evokes so many emotions in so many people? In song and psalm, it is a part of our very fabric as Jews – the melody of Yerushalayim Shel Zahav reminds us of the words "If I forget thee, O Jerusalem..."

Everyone is invited to learn more about the ancient city's long history of conquests by competing powers.

As an outcome of these conquests, different groups have always lived in the city. Factions lived adjacent to one another, sometimes with

acceptance, often without assimilation.

Who were the people of Jerusalem? Who remained after each successive wave of ruling empires?

Were there times when there were no Jews in Jerusalem?

This session is followed in the springtime by a subsequent session about Jerusalem after 1900. There is no charge for either session. Please join us.

Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards.

The cards are priced at \$3 each. Cards are displayed and sold at every Hadassah meeting.

Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel.

The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Ruth Temin at (301-288-7387) or (teminar@comcast.net); Lois Fields at (301-585-9804) or (loisfields2@earthlink.net); or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).



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Dec. 5: Play Mah-Jongg at the Annual Game Day

by Carole Mund

On Wednesday, Dec. 5, join NA'AMAT for a fun afternoon of mah-jongg and cards, beginning at 12:30 p.m. in the Clubhouse I Crystal Ballroom.

Residents do not have to be NA'AMAT members to participate. So, bring your own game and enjoy time with friends. Mah-jongg players should bring cloths. Refreshments will be served.

The cost is \$8 per person, \$5 of which is donor credit. Send checks, payable to NA'AMAT RBZ, to Selma Perry at (15101 Interlachen Dr., #203, Silver Spring, MD 20906).

Mah-Jongg Cards

NA'AMAT receives a small stipend from the Mah-jongg League for each card sold. Mah-jongg cards are still \$8 for regular size, and \$9 for large.

Send checks, payable to NA'AMAT RBZ, to Lenore

Kalen at (15100 Interlachen Dr., #616, Silver Spring, MD 20906). Double-check that all names and addresses are correct, as the cards are sent direct. Include telephone numbers as well. For questions, contact Lenore at (301-922-4348.)

Executive Board Meeting

Event and activity planning is done at NA'AMAT's executive board meetings. All NA'AMAT members are welcome to attend and participate.

The executive board is open to new ideas and encourages participation by its members. Participation is an excellent way to meet the people that are dedicated to the mission of NA'AMAT. Fundraisers not only raise funds to support necessary programs, but also provide activities for people to enjoy with friends.

NA'AMAT needs individuals who are interested in making these activities happen as well

as participating in them. The next meeting of the executive board is on Tuesday, Nov. 20, at 10:30 a.m. in Clubhouse I.

Tribute Cards

Tribute cards and memorial cards are the perfect way to acknowledge the events of friends and family. Funds collected from tribute cards help support and maintain the essential programs NA'AMAT sponsors, and are an easy way to attain donor credit.

NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards. Each card is \$3.50 if purchased and sent by you or \$4.50 if sent by Lenore Kalen, tribute chairperson. Full donor credit is given for each card. For questions, contact Lenore at (301 922-4348).

Trips

Check the Club Trips section of this newspaper for a NA'AMAT-sponsored trip to

see "Anything Goes" at Arena Stage in Washington, D.C. Remember that a portion of the ticket purchase helps support NA'AMAT and provides donor credit.

Upcoming Events

- April 10 – Spiritual Adoption Luncheon
- May 8 – Donor Luncheon at the Argyle Country Club

General Information

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women, services and assistance for new immigrants as well as centers for the prevention and treatment of domestic violence.

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666).

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Mayors Kate Stewart, Jud Ashman and Jeffery Slavin
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By Authority: Friends of Karla Silvestre, Greg Borgstede, Treasurer

Panel Discusses African-American Presence in Leisure World

by Patricia Means and Sherry Weaver

Over 100 LWAAAC members and residents filled the Clubhouse I Crystal Ballroom on Oct. 18 for the fall membership meeting and program.

The evening consisted of welcoming new members and a panel program, "The Evolution of the African-American Presence in Leisure World." Long-time resident Lawrence Traynham, who has been active in all levels of Leisure World governance for many years, moderated the panel.

Rounding out the panel were Renee Anderson, Jannifer Woodson, Robert Warr and William Pailen. The ensuing lively discussions, which included input from the assembled audience, dealt with issues specific to the African-American community, such as comfort level and inclusion, and general topics about the governance of the community at large.

Healthful Thursdays

The fourth and final session of Healthful Thursdays is Thursday, Nov. 15, from 1-3 p.m. in Clubhouse I. The session focuses on diabetes, hypertension and heart disease, and cancer of the prostate, breast, colorectum and lungs.

Individuals who have attended all four sessions will receive diabetic supplies and blood pressure monitors. For more information, contact Jannifer Woodson, event chair, at (832-259-7063).

'Anything Goes' at Arena Stage

A reminder to ticket holders that the LWAAAC trip to see "Anything Goes" is on Wednesday, Nov. 28. The bus departs at 10:30 a.m. from Clubhouse II and returns approximately 4 p.m. For more information, contact president Juanita Sealy-Williams at (301-822-4531).

Holiday Dinner Dance

The Holiday Dinner Dance is on Saturday, Dec. 8, at 6 p.m. in the Clubhouse I Crystal

Ballroom. Family and friends are invited. The cost is \$45 per person and tables of 10 may be reserved at the time of ticket purchases.

Tickets are on sale from Tuesday, Nov. 6 through Thursday, Dec. 6, in the Clubhouse I E&R office. For more information, contact Sherry Weaver, program committee chair, at (240-242-4797) or (sthe-weaver@comcast.net).

National Black Theatre Festival

LWAAAC members may make reservations with Eyre Travel in Clubhouse I for the National Black Theatre Festival held Monday, July 29 through Friday, Aug. 2, 2019 in Winston-Salem, North Carolina.

The Festival is an historic event illuminating the African-American artistic endeavors that includes over 100 theatrical performances, films, poetry, workshops and seminars, international conferences and vendors and much more.

For further details and trip itinerary, contact Al Holston or Glenne Martin, at (301-438-3537) or Verna Denny at (301-598-1418).

Membership

Members should claim their receipt(s) of payment at October and November meetings. After November, the receipts will be destroyed; however, the treasurer will maintain payment records.

If you have not paid your dues, now is the time to do so. Dues are \$20 per person (checks only, payable to LWAAAC) and cover the period of July 1, 2018 through June 30, 2019.

Payment may be made at meetings, via the LWAAAC mail slot in the Clubhouse I E&R office, or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908). For additional information, contact Alfonso Holston, membership chair, at (301-438-3537).

Meeting

The next meeting is Wednesday, Nov. 7, at 4 p.m. in Clubhouse I. The first portion of



From left, Jannifer Woodson, Renee Anderson, Sherry Weaver, Lawrence Traynham, Robert Warr and William Pailen serve as LWAAAC panelists Oct. 18. Photo by Al Holston

meeting is dedicated to the business of the board, and members are welcome to observe the proceedings. Discussions and voting are limited to members of the board during this time. Board members consist of elected officials and committee chairs.

The last portion of meetings is an open forum for members to comment on the agenda, ask questions, express concerns and make suggestions. Membership

registration, sign-up sheets for committees, ticket reservations and much more are ongoing at the meetings.

Amenities

Members should notify LWAAAC of illness, disability, death or other situations that affect a Club member or his/her close family member by contacting Louise Langley, amenities chair, at (301-598-3876).

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■ Italian Social and Cultural Club

Dec. 5: Holiday Dance Features Monaldi Duo

by Flo Merola

The Italian Social and Cultural Club holds its annual holiday dinner and dance on Wednesday, Dec. 5, at 5 p.m. in the Clubhouse I Crystal Ballroom. The event is open to all residents.

The Club is excited to welcome back the Monaldi Duo to entertain with a variety of Italian standards.

Dinner includes filet mignon and lobster tail (surf and turf), potato and vegetable, salad and Italian pastries for dessert.

Chicken cordon bleu or a vegetarian option may be substituted by stating your preference on the check. A cash bar will be available.

The cost of the holiday dinner and dance is \$42 for members

and \$45 for non-members.

Make checks payable to the Italian Social and Cultural Club and drop them off at the Clubhouse I E&R office starting on Tuesday, Nov. 6. Checks must be received by Thursday, Nov. 28.

A table reservation may be requested provided all checks are in the same envelope with a list of names attached.

For more information, call Angela Bufalo at (240-669-3909).

Upcoming Events

- Feb. 24 – Café Cinema and dessert
- March 24 – "Joey and Gina's Wedding" Show
- April 28 – Day trip to Baltimore's Little Italy
- May 19 – brunch



■ Kiwanis Club of Leisure World

Kiwanis Club 'Rocks'!

by Jack Colvis

As a token of appreciation to Leisure World, residents can find small rocks decorated with kind and inspirational words placed around Leisure World for the taking.

Residents may pick them up and place it in their homes, pass them on to a special friend or just leave them where they are for someone else to find. Whatever you choose, the Kiwanis Club thanks residents for their continued support through the years.



Small rocks, decorated by Kiwanis Club members with inspirational messages, are found throughout the community. Photo by Jack Colvis

Sewing Event

On Saturday, Dec. 8, at 10 a.m. in Clubhouse I, Kiwanis Club holds a "Sewing Bee." Cloth dolls will be sewn together and stuffed as gifts for children who are staying in local hospital pediatric

wards. Those who love to sew are encouraged to join in the fun.

General Information

Residents who would like to spend some of their time serving the local community and children in small ways should consider joining the Kiwanis Club of Leisure World. Every month has

a project activity. Contact Heather Benjamin-Alexis at (240-433-0948) or Jack Colvis at (301-598-5380) for information on how to become a member.

Residents are encouraged to visit the Kiwanis Club meetings on the first and third Friday of each month at

12:15 p.m. in Clubhouse I.

Information about the Kiwanis International organization is available at (www.kiwanisone.org). Kiwanis is an IRS 501 (c)(4) non-profit organization.

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■ Writers of Leisure World

Writers Recall Memories and Share Stories

by Denise Barker

The Writers of Leisure World met on Oct. 18 to enjoy sharing their poems, essays and stories. Viola Standardi offered a poem on the subject of forgiveness, which is “as the sun that follows a rainstorm.”

Gladys Blank told of her love for movies, particularly those of Robert Redford, and noted that even now in his elder years, he is still attractive and relatable.

Radha Pillai told a scary tale of encountering a skeleton one Halloween evening. Marion Bedell’s “Flight From Life - Part Time” describes the fun of daydreaming – of being Cleopatra or a female Van Gogh displaying her work in the Louvre.

Joanie Friedlander wrote about the perils of rushing and how easy it is to fall when in a hurry – “Life moves fast enough for all of us at its own speed.”

Woody Shields shared his love for deer hunting and the joy, after a career in technical writing for the Navy, of writing from the heart and soul.

Jane Hawes told of the joy and terror of camping in

Colorado when finding herself in “Snake Canyon.” Lee Hardy wrote a heartwarming account of her dad, her hero, which details his booming laughter, his reading the funny pages to her and the sadness of his death.

Jean Anessi wondered if it was a coincidence that she and her son had their children at about the same age. She offered a memory of being in France in 1957 with her military husband – how they stayed for one night in a small hotel with giant rats and then in a hotel where they were snacked on by bedbugs.

Tom Anessi read from his novel about a young captain flying into Tan Son Nhut Airbase during the Vietnam War.

P.D. Wendkos and Doug Kiessing offered a reading called “Advice From a Sage,” which includes the line, “If a good idea comes to you, record it!”

General Information

The Writers of Leisure World meet on the first and third Thursday of each month at 11 a.m. in Clubhouse I. All residents are welcome to attend.

■ Comedy and Humor Club

Club Treats Lunchgoers to Comedy Bits

by Al Karr

The Comedy and Humor Club’s promotional Oct. 15 luncheon drew nearly 50 potential new members.

The luncheon was held to give interested residents a taste of the jokes that Club members tell at weekly Tuesday meetings, while also giving those laugh lovers a chance to entertain members with some of their own comedy bits.

“Those who attended the meeting found it enthusiastic and funny,” said Wally Becker, the luncheon’s impresario.

Club member Jack Melnick treated the lunch-goers to a rendition of his story about some tick-tock goings-on in a German prisoner of war camp. (Sounds grim, but it’s hilarious.)

Among the guests joining in on the fun was Jerry Udell, who recalled some personal experiences involving the famous wisecracking Southwest Airlines flight attendants.

Club Information

The Club meets every Tuesday from 1:30-3 p.m. in Clubhouse II, with the last Tuesday of every month given over to video showings of past

TV comedy classics, such as Carol Burnett and Dean Martin specials, presented by Club president Sam Hack. Residents looking for a laughter-brightening day would do well to try out a meeting or two.

Past Meeting

Those taking over the microphone at the meeting on Oct. 9 included Wally, Sam, John, Skip, Rudy Volin, treasurer Sumner Levin, Alan Packer, Fred Firnbacher, Herb Hodes and Al Karr.

A small sampling of their jokes:

- Sam – A man walks into a bar, past a “no dogs allowed” sign, with a Seeing Eye dog and dark glasses. A friend tries it, too, with a Chihuahua. The bartender says he can’t come in with the tiny animal. The man replies, “What – they gave me a Chihuahua?”
- John – Two women met many years after graduating from high school. One told the other that she lived a well-planned life, marrying a millionaire, an actor, a preacher and an undertaker. “One for the money, two for the show, three to get ready and four to go.”

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Award Winning

Armchair Travelers Explore the Swiss Alps

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday (known as Saturday Afternoon Live – SAL) beginning at 2 p.m. in Clubhouse II with armchair travel.

Armchair Travel

On Saturday, Nov. 3, join famous travel guide Rick Steves for “The Best of the Alps: Switzerland’s Jungfrau Region,” a lift ride up to view spectacular mountain peaks.

Then get a close look at the Swiss culture as they make cheese the old fashioned way, pet cows in a traffic-free Alpine village, get sprayed by waterfalls raging deep inside a mountain and munch muesli for breakfast at 10,000 feet. For a finale, ride Europe’s highest railway up the mighty Jungfrau for hot cocoa, glacier sledding and more fantastic views.

On Saturday, Nov. 10, “Great Swiss Cities” focuses on Switzer-

land’s often-overlooked urban charms. With Steves, explore the lakeside Luzern, cobbled Bern, spire-filled Zürich and sophisticated Lausanne.

Enjoy eye-opening art, from Chagall and Klee to the works of asylum inmates. Later, ring a big bell high up in a church spire, float down a rushing river and ponder Switzerland’s hidden underground arsenals – all before a backdrop of stunning natural beauty.

Games

Games begin every Saturday at 2:30 p.m. right after armchair travel. Club members play bridge, Mexican train dominos and Rubik’s cube in the Clubhouse II lobby and game room. Members are encouraged to make special requests or bring their own favorite games.

Bingo is played on the second and fourth Saturdays of the month, and Pokeno is played on the first and third Saturdays. Anyone interested in more

information about games should contact Sylvia Pachenker at (301-598-5325).

Bus Trips

- Nov. 7 – Visit Harrington Casino “Where Winners Play” in Kent County, Delaware. A buffet lunch will be offered.
- Dec. 11 – Travel to Frederick for a festive lunch at Dutch’s Daughter Restaurant with a stop on the way home at Linganore Winecellars in Mt. Airy where participants will learn how wine is made and get to taste a variety of styles.

More detailed information on these trips is found in the Club Trips section of this publication.

2019 Trip Dates

- March 26 – Murder at Mt. Hope Mansion
- May 15 – American Music Theater, Lancaster, Pennsylvania
- Sept. 16-20 – Pigeon Forge and Smoky Mountain Show Trip, Pigeon Forge, Tennessee

All residents are invited to attend GIAC trips. Sign-ups for trips takes place during SAL from 1:30-3 p.m. in Clubhouse II when a representative of the program committee is available to receive payments and answer questions. The GIAC newsletter, which also has trip information, is available for pick-up during SAL.

For questions about trips, stop by the SAL information table or call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Membership

Those wishing to sign up for membership can do so at the information table during SAL from 1:30-3 p.m. in Clubhouse II when a representative can provide information and answer questions about the Club and its activities.

Residents can also call Sylvia Pachenker at (301-598-5325) for more information about membership.



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Chocolates, Fruitcakes and Pecans, Oh My

by Marcia L. Elbrand

Five varieties of See's chocolates, two kinds of Claxton fruitcakes and four types of pecan treats are on sale Monday, Nov. 12, through Friday, Nov. 16, from 10 a.m.-2 p.m. in the Clubhouse I lobby.

New items this year include candy in an adorable See's Polar Bear gift box priced at \$8, See's truffles (\$15 a box), and See's soft center chocolates (\$22 a box). Also available are See's assorted chocolates (\$22 a box) and See's nuts and chews (\$22 a box).

RWC continues to offer both light and dark Claxton fruit cakes, still only \$5 each, new crop pecans priced at \$14, chocolate glazed pecans (\$12), cinnamon glazed pecans (\$12) and bags of pecan caramel chocolate clusters (similar to "Turtles") at \$8 each.

Popular items frequently sell out early in the week, so plan ahead. Cash and checks, payable to RWC, are accepted, but credit cards are not.

Holiday Luncheon

Club members and their guests are invited to the RWC's holiday luncheon on Tuesday, Dec. 11, at noon at nearby Manor Country Club in Rockville. The Blake High School string quartet performs.

Entrée options are grilled salmon, spinach stuffed chicken or strip loin beef. All guests will be served roasted potatoes, grilled asparagus and Caesar salad. The dessert is fruit cobbler topped with ice cream.

Attendees are asked to bring personal care and household items to donate to A Wider Circle.

To attend, mail a check for \$35 per person, payable to Rossmoor Women's Club, to Carolyn Thompson at (15000 Pennfield Cir., No. 202, Silver Spring, MD 20906). Include your entrée choice and guest names with the check. The reservation deadline is Thursday, Dec. 6.

Profits

Profits from these events help to support RWC charities, ranging

from college scholarships given each May to Blake High seniors and ACES scholarships at Montgomery College, where recipients are chosen for academic accomplishment and financial need.

"The majority of winners each year are young women who are the first in their family to attend college," said RWC education chairperson Rita Posner.

Other Charities

RWC also supports two local hospice programs and the only shelter in Montgomery County for those fleeing domestic violence. An annual gift is also made to Fisher House, which provides attractive lodging for families visiting wounded veterans.

Other recipient groups include Fireside Forum and FISH, both at Leisure World. Nearby in Silver Spring, the group provides classroom enrichment and underwrites field trips and gifts of books for the pre-kindergarteners in the Head Start class at Harmony Hills Elementary School.

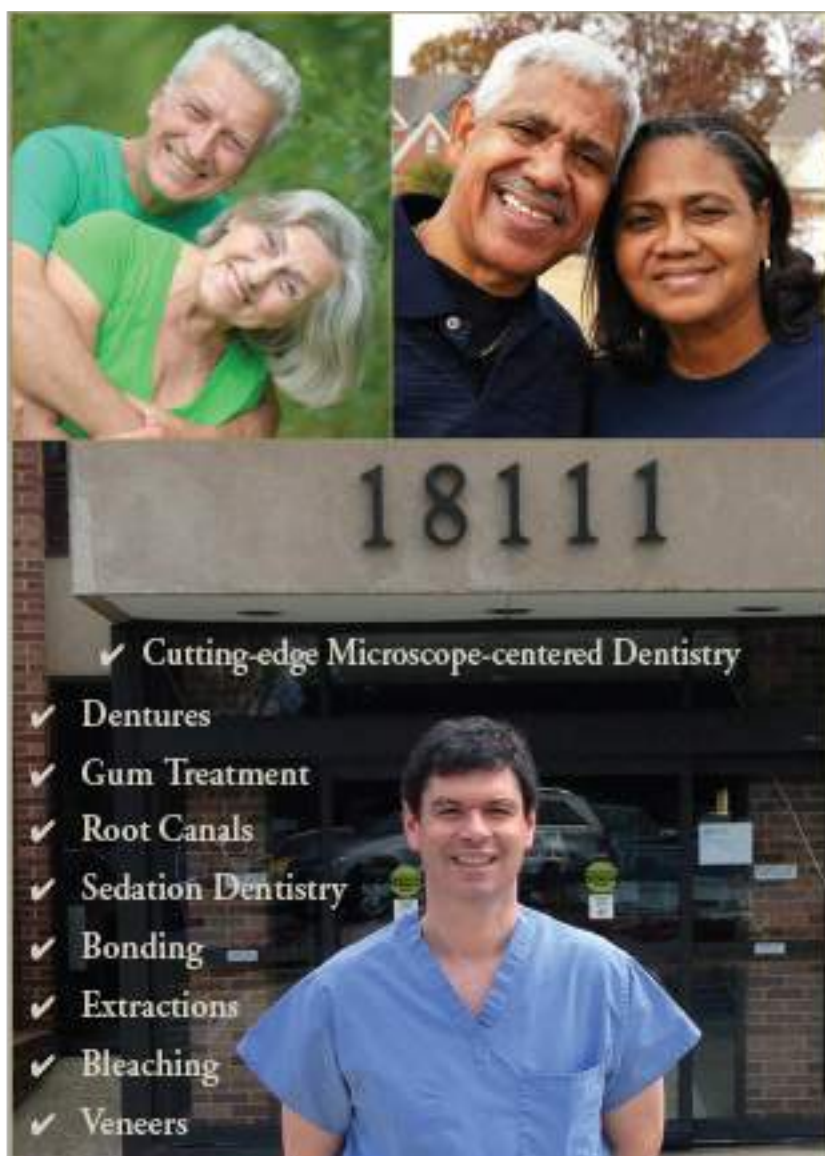
This year, RWC has budgeted donations to local charities totaling more than \$15,000. Upcoming opportunities to help support these worthwhile causes include the RWC holiday luncheon on Tuesday, Dec. 11, and a vendor sale on Monday, Dec. 17, in Clubhouse I that features gifts priced at \$6.

Membership

Individuals interested in supporting these causes are encouraged to join RWC for \$40 a year. Contact Arlene Siller, membership chairperson, at (abs929@yahoo.com).

"Underlying everything we do is our fervent commitment to helping others," said Club president Aggie Eastham. "That's why our members come from tremendously varied backgrounds, but all share a common goal."

Membership is open to women who live in Leisure World and other women who simply want to make the community a better place.



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Boomers Plan Walk Through Nature Center

by Beth Leanza

The Baby Boomer Club is a social Club. Despite its name, the Club has no age restrictions!

Club members enjoy movies and show one once a month on Friday at 7 p.m. in the Clubhouse II auditorium. After the movie, members like to share snacks and visit with each other for a while.

Other Boomers enjoy going to dinner and seeing a movie in a local theater. Members often enjoy eating together at Gordon Biersch beforehand because the restaurant welcomes separate checks, and they have an amazing variety of offerings. Stadium 13 Regal is a short walk away, and Arc Light Theater is a short drive.

For a great musical perfor-

mance and buffet meal, Boomers go to Toby's Dinner Theatre in Columbia, Maryland.

How to Join

To join the Baby Boomer Club, send a check for \$5, payable to Baby Boomer Club, to membership chair Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906). Include your address and phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who does, because the Club mostly communicates by email.

Adding the Baby Boomer group email address (bbclw@googlegroups.com) to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder. The Club keeps its

emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

Have More Questions?

The Club's website is available at (<https://sites.google.com/site/bbclwmd>) and includes a calendar with walk information.

Friday Hikes with Joyce

Each week a group of residents led by Joyce Richardson go to a local site for a three-mile walk. For a shorter walk, some walk halfway and return. Some residents meet up and carpool, while others go directly to the walk site.

The group meets at 1:15 p.m. during fall and winter months.

During the hotter months, they meet at 10:15 a.m. Residents who wish to carpool should contact Joyce at (301-598-7098) or (777cheekie333@gmail.com) by Thursday evening.

- Nov. 9 – Northwest Branch Trail (Wheaton) Meet at the Brookside Gardens Nature Center at 1:15 p.m. Bring water. Go through the Connecticut Avenue Gate and make a left onto Bel Pre Road. Make a right onto Layhill Road and continue for two miles. Make a left onto Glenallan Road. The Nature Center is on the right in approximately one mile.
- Nov. 16 – Berma Road (Potomac) Meet in the parking lot across from Angler's Inn on MacArthur Blvd. at 1:15 p.m. Bring water. Take Falls Road to River Road (crossing over River Road), remaining on Falls Road. Continue to the stoplight at Great Falls Road, turn left onto MacArthur Boulevard and continue to the parking lot on the right, directly across from Angler's Inn.



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H – Located on the 6th floor in Building 2 of **The Greens**, this 2 bedroom, 2 bath apartment has lovely golf course/pond/views. Windows on three sides include the table-space kitchen, formal dining room, and wonderful enclosed balcony! New wall-to-wall carpeting, ready for move-in. **\$185,000**

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C w/Garage – In **Overlook**, with fabulous views of golf course, trees & green space from every window and the enclosed balcony! And it comes w/ a garage space! Two bedrooms, 2 baths, open kitchen, living room, dining area. Freshly painted and ready. **\$259,900**

B – In Building 1 of **Villa Cortese**. Bright and spacious, fresh paint, and ready for you to move in! Two bedroom, 2 bath apartment very close to Clubhouse I. Living room, dining room, table-space kitchen, enclosed balcony, sunny and bright and priced to sell! **\$215,000**

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Sunday Morning Walks

For a three-mile walk, early birds meet up on Sunday mornings at 8:30 a.m. near the corner of Leisure World Boulevard and Arden Court (across from Kelm-scot Drive). The group walks the entire Leisure World Boulevard circle, and often goes out to breakfast afterward.

Weeknight Walks

For a shorter walk on weekday evenings, meet Monday through Friday at 5:15 p.m. in the Clubhouse I lobby. The group walks around the Broadwalk in Montgomery Mutual, about one mile. No one makes an announcement, so be sure to introduce yourself.

Volkssport Walks

One Club member also belongs to the American Volkssport Association (AVA), which holds events and provides guides to local walks of interest. He posts AVA walk information on the Club's website, (<https://sites.google.com/site/bbclwmd>). Click on Walks, below the events calendar.

Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Boston Group: If you have not yet attended a meeting and are a Bostonian, please let us hear from you. After meeting earlier this month, it was decided that members would arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189 and leave a message).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota “Loty” Goldenberg at (301-598-6869).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Nov. 9. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel’s mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

LW LGBT Alliance: Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, email us at (lwlgbt@gmail.com).

Model Railroad Club: If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

Musical Jammers: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues,

no meetings, no agendas, no committees. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we’ll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our more than 1,000 members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: We will gather by the fireplace in Clubhouse II on Wednesday, Nov. 7 at 11a.m. for our last meeting before our winter break. All those born in, raised in or who have lived in Philly are invited to attend. For further information or questions, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo.com).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Nov. 8.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology “The O. Henry Prize Stories 2018.” On Wednesday, Nov. 7, Sumner Katz will lead a discussion of “Nayla” by Youmna Chalala. On Wednesday, Nov. 21, the group will discuss “Lucky Dragon” by Viet Dinh. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for “show-and-tell,” and we hold an auction of members’ stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: (TMO) is a movement of residents concerned about governance and management that meets every month to discuss and schedule community-wide town hall meetings. Topics such as the proposed administration building, funding a strategic plan, community governance and management involvement in mutual elections, are addressed. The town halls are held to inform and involve residents in issues affecting them. TMO meets the third Thursday of each month at 2 p.m. in Clubhouse I. All residents are invited to attend and become active in the movement. For information, email (admin@townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women’s Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women’s Fun Bunch of Leisure World: The Women’s Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquiries, call Marlene at (301-438-7773).

Leisure World Club Trips

The next deadline for trip submissions is **Monday, Nov. 5**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

**Dec.
11**

Holiday Luncheon and Tour and Wine Tasting

Join the **Going It Alone Club** for a holiday luncheon at Dutch's Daughter in Frederick, Maryland. The buffet includes carved beef, Dutch's chicken, baked potatoes, vegetables, salad, dessert with coffee, tea and soda.

After lunch, we travel to Linganore Winecellars in Mt. Airy, Maryland, for a tour and wine tasting.

The bus departs from Clubhouse II at 11 a.m. and returns at approximately 6 p.m.

The cost is \$65 for Club members and \$73 for non-members, and includes luncheon, tour, wine tasting, tax and meal and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Nov. 10, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

**Dec.
19**

"Anything Goes" Arena Stage in Washington, DC

If you are nostalgic for old-time Broadway musicals, then this **NA'AMAT RBZ Club** trip is for you. NA'AMAT members and friends are going to the matinee performance of "Anything Goes" at Arena Stage. Set on a luxury cruise ship, this classic is a showcase for a host of Cole Porter's inimitable songs.

The bus departs Clubhouse II at 10:30 a.m. and returns at approximately 4 p.m. The cost of \$89 includes ticket to the performance, bus transportation, gratuities and a donation to NA'AMAT.

For make a reservation, send your check, payable to NA'AMAT, to JoAnn Cadeaux, 2904 N. Leisure World Boulevard, Apt. 502. If you have any questions, call JoAnn at (301-438-0737).

**March
27**

NEW - Murder at Mount Hope Mansion Lancaster, PA

Join the **Going It Alone Club** for an interactive "Who Done It" performance and a four-course lunch at the mansion.

The bus departs Clubhouse II at 10 a.m., and returns at approximately 6 p.m.

The cost is \$85 for members, and \$93 for non-members, and includes the show, lunch, tax and gratuities. Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, Feb. 23, 2019, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

**May
15**

NEW - American Music Theatre Lancaster, PA

Join the **Going It Alone Club** to see the 2019 AMT show, "Ovation – An AMT Pop Orchestra Experience." The show features tributes to such music greats as Rosemary Clooney, Tony Bennett, Frank Sinatra, Ella Fitzgerald and other pop music greats. The trip also includes lunch at Bird-in-Hand Restaurant.

The bus departs Clubhouse II at 9 a.m. and returns at approximately 8 p.m.

The cost is \$85 for members, \$93 non-members, and includes lunch, show, tax and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, April 13, 2019, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

Holiday Open House

Thursday, Nov. 15 &
Friday, Nov. 16
10:00am - 4:00pm

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SAFETY NOTICE – MOTORIZED SCOOTERS

Residents with motorized scooters are cautioned to operate their scooter only on the sidewalks. Motorized scooters are not roadworthy or designed to be driven on roadways.

Security recognizes that sometimes scooter drivers need to cross at street corners and intersections. Community sidewalks have handicapped ramp cuts to allow scooters access on and off the sidewalks. It is recommended that scooters use "marked" crosswalks whenever possible.

Pedestrian traffic encountering motorized scooters is encouraged to step aside and allow the scooter to pass. This is considerate to your neighbor and prevents a pedestrian from being accidentally struck by the scooter.

Let us all be mindful in sharing the sidewalks and roads in a safe and courteous manner.

NOVEMBER 2018

UPCOMING SEMINARS & EVENTS

AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or tdavis@bgf.org.

HEALTHY LIVING CLASS: "EVERYDAY BALANCE"

November 5 through December 12
MONDAYS & WEDNESDAYS
10-10:30 A.M.

Six-week Session Fee: \$30

During this class, simple yet effective techniques are used to improve balance and agility and reduce your risk of falls. No props are used, so exercises may easily be performed at home.

Reservations are requested by November 2. Check-in begins at 9:30 a.m. on November 5, and the class fee is due at that time.

CAREGIVER CONNECTION: "A CAREGIVER RETREAT"

CALL FOR AN APPOINTMENT

Experience an hour of relaxation, far away from the stresses of caregiving! You're invited to the spa and salon in Brooke Grove's new rehab center, where you'll be treated to hand and seated massages, a manicure/pedicure and other opportunities for pampering while also enjoying aromatherapy and refreshments.

FREE. RSVP by November 4.

HEALTHY LIVING CLASS: "MINDFUL MEDITATION"

November 7 through December 12
WEDNESDAYS • 11-11:30 A.M.
Six-week Session Fee: \$20

Recent scientific studies show that mindful meditation changes the brain in astonishing ways—promoting greater focus, reduced anxiety, increased compassion and improved well-being. Experience guided, mindful meditation in a quiet space.

Reservations are requested by November 4. Check-in begins at 10:30 a.m. on November 7, and the class fee is due at that time.

LIVING WELL SEMINAR: "MEDICARE 2019: WHAT YOU NEED TO KNOW TO GET THE BEST BENEFITS"

WEDNESDAY, NOVEMBER 7
1-2:15 P.M.

Find the answers to questions such as: "What do Medicare A and B cover? How does Medicare Part D work? Do I need Part C? What state and federal programs am I eligible for? Medicare doesn't pay for everything, so what else do I need?"

Preceded by complimentary lunch at 12:30 p.m.

FREE. Register by November 5.

PARKINSON'S SUPPORT GROUP

WEDNESDAY, NOVEMBER 14
2-3:15 P.M.

PARKINSON'S COMMUNICATIONS CLUB

TUESDAYS • 12:30-1:30 P.M.

This weekly wellness and prevention program for individuals with Parkinson's disease and their care partners focuses on the maintenance of communication skills, with an emphasis on strengthening breath support and improving the ability to project and speak loudly enough to be heard in social settings.

FREE with a \$30 annual Parkinson Foundation registration fee.



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INDEPENDENT LIVING ASSISTED LIVING REHABILITATION LONG-TERM CARE MEMORY SUPPORT

SPORTS, GAMES & Scoreboards

'Fall' for Golf



A female golfer putts as her competitors look on during a Maryland Interclub Seniors Golf Association (MISGA) tournament at Leisure World's Golf Course Oct. 24.

Whether playing competitively or just for fun, golf can be a great game for a crisp, fall day. Are you interested in playing golf, but not yet sure if you want to commit to annual greens fees? Or, do you know someone outside Leisure World who'd like to become a Golf Club member? Special memberships are available in both cases. For more information, contact the Pro Shop at (301-598-1570). Photo by Stacy Smith, Leisure World News

■ Golf Club

Golf Results

Compiled by Rita Molyneaux

Oct. 9, 2018

9-Hole Ladies

Step Aside Scramble

1. Connie Park, Kazue Waller, Janet Danziger, Bettina DelSesto, 41
2. (tie) Marylee Amato, Brenda Curtis-Heiken, Doris DeSantis, Pat Weingart, 42
(tie) Clara Brincefield, Carole Lee Simms, Rose Arnold, 42

Oct. 3 and 10, 2018

Men's Fall Classic Final

1. Stephen Sherrod, Sperry Storm, 120
2. Kevin McMahon, Bob Rauner, 123
3. Doug Allston, Sam Pak, 123*
*March of cards

Oct. 16, 2018

Men's Par 3 Shoot Out

2. Kevin McMahon, Bob Rauner, 123
3. Doug Allston, Sam Pak, 123*
*Match of cards

Closest to Pin

- #4 Stephen Sherrod, 9'8"
- #7 Joe Boland, 12'2"
- #8 Armand Pepin, 15'7"
- #16 Jerry Clark, 34'5"

Oct. 16, 2018

9-Hole Ladies

Low Net and Low Putts

Low Net

1. Nickie Lopes, 24
2. Mary Ellen Coffey, 35
3. Lois Falck, 38

Low Putts

1. Kazue Waller, 14 Putts
2. Lois Kutun, 16 Putts
3. Young Sook Lee, 17 Putts

Oct. 18, 2018

18-Hole Ladies

Low Net and Low Gross

Low Net

1. Mary Ko, 70

Low Gross

1. Christa Storm, 91



■ 10-Pin Bowling League

Team Gets its 'Hooks' into Second Place

by Rita Mastrorocco

The league is based on handicaps with averages for the bowlers ranging from 98 to 172. If you have not bowled in years, come out and join the fun.

The top league standings as of Oct. 19 are: Wild Things in first place; Hooks N Curves in second place; and Half and Half in third place.



Top scores for the week of Oct. 12:

- Scratch Game – Huggers, 637 pins
- Scratch Series – Huggers, 1,850 pins
- Handicap Game – Winners,

- 915 pins
- Handicap Series – Huggers, 2,627 pins
- High Average Men – Steve Hays, 174 pins
- Scratch Game Men – Steve Mueller, 199 pins
- Scratch Series Men – Bill Thomas, 511 pins
- Handicap Game Men – Jim Campbell, 261 pins
- Handicap Series Men – Jim Campbell, 716 pins
- High Average Women – Chris Porter, 170 pins
- Scratch Game Women – Chris Porter, 188 pins
- Scratch Series Women – Chris Porter, 518 pins
- Handicap Game Women – Rita Mastrorocco, 258 pins

- Handicap Series Women – Betty Durham, 689 pins

Top scores for the week of Oct. 19:

- Scratch Game – Guttersnipes, 676 pins
- Scratch Series – Wild Things and Huggers, 1,800 pins
- Handicap Game – Guttersnipes, 972 pins
- Handicap Series – Guttersnipes, 2,622 pins
- High Average Men – Steve Hays, 172 pins
- Scratch Game Men – Mark Bandak, 214 pins
- Scratch Series Men – Mark Bandak, 515 pins
- Handicap Game Men – Mark Bandak, 286 pins
- Handicap Series Men – Mark Bandak, 731 pins
- High Average Women – Chris

- Porter, 172 pins
- Scratch Game Women – Chris Porter, 254 pins
- Scratch Series Women – Chris Porter, 557 pins
- Handicap Game Women – Chris Porter, 299 pins
- Handicap Series Women – Barbara Gould, 701 pins
- You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.
- The league bowls every Friday with practice starting at 9:20 a.m. at Bowl America located at 1101 Clopper Road in Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11. If interested, call Rita at (301-814-9196).

■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

Friday, Oct. 5, 2018

North-South Flight A

1. Patricia Haggerty – Aaron Navarro
2. Stephan Billstein – Jim Cowie
3. Liz Ferraro – Alan Ferraro

Flight B

1. Liz Ferraro – Alan Ferraro

East-West Flight A

1. Shirley Light – Norman Salenger
2. (tie) Sid Lotlikar – Michael Benefiel
(tie) Dora Levin – Bernice Felix

Flight B

1. (tie) Sid Lotlikar – Michael Benefiel
(tie) Dora Levin – Bernice Felix

Tuesday, Oct. 9, 2018

North-South Flight A

1. Stephan Billstein – Jim Cowie
2. Hanna Schepps – Marlys Moholt
3. Marilyn Udell – Maida Crocicchia
4. Marilyn Rubinstein – Shirley Light

Flight B

2. Alan Ferraro–Liz Ferraro

East-West Flight A

1. Sue Swift–Aaron Navarro
2. Jerry Miller–Gerald Lerner
3. Norman Salenger–Saul Penn
4. Helen Solomon–Rae Newman

Flight B

1. Helen Solomon–Rae Newman
2. Abigail Murton–Dora Levin

Friday, Oct. 12, 2018

Overall results only

Flight A

1. Diane Keiper–Mel Schloss
2. LeAnna Gipson–Judy Tankersley
3. Leonard Taylor–Lillian Taylor
4. Aaron Navarro–Lorraine Hegel

Flight B

1. LeAnna Gipson–Judy Tankersley
2. Leonard Taylor–Lillian Taylor

Tuesday, Oct. 16, 2018

North-South Flight A

1. Jerry Miller–Gerald Lerner
2. Marilyn Udell–Maida Crocicchia
3. Alfred Caponiti–John Ryan
4. Aaron Navarro–Marlys Moholt
5. Ann Ruth Volin–Joyce Fischer

Flight B

1. Marilyn Rubinstein–Stanley Rosen

East-West Flight A

1. Saul Penn–Elaine Conway
2. Bernice Felix–Stephan Billstein
3. Liz Ferraro–Alan Ferraro
4. Dora Levin–Merrill Stern
5. Joe Boland–Howard Brewer

Flight B

1. Bernice Felix–Stephan Billstein
2. Liz Ferraro–Alan Ferraro

Friday, Oct. 19, 2018

North-South Flight A

1. Stephan Billstein–Jim Cowie
2. Michael Benefiel–Sid Lotlikar
3. Aaron Navarro–Barbara Lebwohl

East-West Flight A

1. LeAnna Gipson–Judy Tankersley
2. Ted Michos–Sue Swift
3. Marcia Fletcher–Bernice Felix

■ Wednesday Night Chicago Bridge

Compiled by Abigail B. Murton

Oct. 10, 2018

1. Joyce Riseberg and Dick Riseberg,
3,300
2. Dottie Donnelly and Dottie Hurley,
3,060

Oct. 17, 2018

1. Marcia Elbrand and Monroe
Elbrand 4,740
2. Linda Mihm and Norman Salenger,
4,170
3. Joan Thomas and Joyce Fischer,
3,290
4. Dottie Donnelly and Dottie Hurley,
2,730

■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Oct. 11, 2018

1. Dolores Shapiro, 2,170
2. Judy Lindley, 2,080
3. Evelyn Armstrong, 1,980

Oct. 18, 2018

1. Judith Lane, 2,330
2. Judy Lindley, 2,320
3. Helen Montanaro, 2,180

■ Friday Bridge

Compiled by Shirley Rosenhaft

Oct. 5, 2018

1. Bob Stromberg, 4,950
2. Mort Faber, 3,750
3. Barbara Marcus, 3,160
4. Irwin Bauman, 2,360

■ Duplicate Bridge Club

Nov. 19: Introduction to Duplicate Bridge

by Jerry Miller

The next introduction to duplicate bridge session is on Monday, Nov. 19 at 6:30 p.m. in Clubhouse I. A short lesson will precede the card play.

All bridge players who would like to experience duplicate bridge in a more relaxed setting are invited to attend, with or without a partner. A fee of \$2 per person will be collected.



Duplicate bridge games are Tuesdays and Fridays at 7 p.m. in Clubhouse I. Results are posted on (cuebid.com). Hand records and results for Tuesday games are also available on (thecommon-game.com).

If looking for a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game.

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Chess is the Real Deal

by Bernie Ascher

If you like to buy fancy clothing or accessories at bargain prices, it is important to know that the U.S. and other countries have passed laws against selling counterfeits to protect the owners of patents, trademarks and copyrights (so-called “intellectual property”), who create or design luxury goods.

At the same time, these laws protect unwary consumers, who may be deceived into buying fake goods. Apparently, that is a secondary consideration, except where health and safety are threatened.

Fake software can crash your computer; fake sunglasses can hurt your eyes; fake cosmetics can burn your skin; and fake medicines can seriously harm patients.

Fake cell phones and other electronic products can burst into flames.

Products that affect the health and safety of the public comprise 12 percent of imported counterfeit goods, according to U.S. Customs and Border Control.

Most of the counterfeit goods are high-priced apparel, handbags, shoes and watches with brand names, such as Gucci, Louis Vuitton, Yves Saint Laurent, Dior, Hermès, Calvin Klein, Ralph Lauren, Nike and Rolex. Other counterfeit goods include pharmaceuticals, cosmetics, iPhones, music, movies, games and toys.

The U.S. has been cracking down on counterfeit imports, most of which originate in China and Hong Kong. In March, U.S. Customs and Border Control reported that it seized more than 34,000

shipments of counterfeit goods, valued at \$1.2 billion at manufacturers’ suggested retail prices in FY 2017.

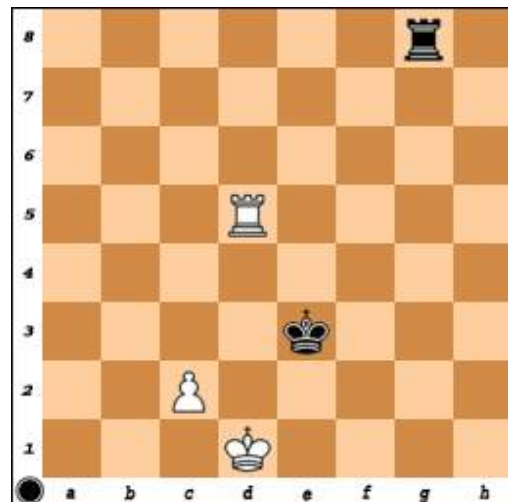
Seized merchandise is also destroyed, “unless the owner of the trademark or copyright gives permission for other disposition, such as charitable donations,” According to U.S. Customs and Border Control.

In nearly all countries, selling counterfeit goods is a crime, but buying counterfeit goods is not. In Italy and France, however, buyers are subject to heavy fines, as well as sellers. In fact, in June, Italy strengthened its law to impose heavy fines (up to €15,000) on illegal vendors at beaches, as well as on buyers (up to €7,000).

“Knockoffs” are different from counterfeits. As reported by Women’s Wear Daily, they are not illegal unless a brand can prove that the resemblance is so close that the consumer is misled. Counterfeits are identical to other products, thereby infringing upon trademarks.

Unlike counterfeits, “knockoffs” do not copy the brand name or logo of a trademark, although they do imitate the physical appearance of the product and sell at lower prices.

A “replica” is a relatively new term (similar to “knock-



offs”), coined by counterfeiters to promote their products online. A January 2018 U.S. Government Accountability Office report attributed recent growth in sales of counterfeit goods to sales over the internet, estimating that roughly one-third of all illicit sales are made online.

The sign above a store in Kusadasi, Turkey, says “Genuine Fake Watches,” which sounds like an oxymoron. “Genuine Fake,” however, is becoming a popular business term, signifying a high-end copy, not a fake of inferior quality and workmanship.

The quality of fake watches has improved to the extent that only experts can distinguish them from the original branded product.

Chess players at Leisure World generally are not concerned about fashionable products. They use chess sets with standardized shapes, not luxury brands. In the game pictured on this page, White has a Pawn advantage, but Black can win the game. What is Black’s best move?

The solution follows the message that the Chess Club meets on Monday, Wednesday, and Friday from 1-4 p.m. in Clubhouse II. Club membership is free.

SOLUTION: Black moves the Rook to g8. Checkmate.

So, do not wait for an auction of luxury products seized by U.S. Customs. Do not wait for property to become intellectual. Do not wait for purchases of counterfeits to become illegal. Play chess now!

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■ Pickleball Club

Pickleballers Compete in Doubles Championship

by Scott Keenum

More than 30 pickleballers competed in the inaugural Leisure World Pickleball Doubles Championship.

Club president Scott Keenum organized the tournament with able assistance from Jerry Clark, 2017 National Senior Olympics' gold medalist and Eva Rodriguez, 2018 Maryland Senior Olympics' gold medalist.

The Club is proud of its champions and participants, especially John Tremaine, Donna Leonard and Ron Grill, who all recently celebrated their 80th birthdays. Winners include:

Women's Beginner – Leah Weisman and Arlene Kaiser, gold; Patti Abate and Peg McAnn, silver

Intermediate Mixed – Frank Choy and Cathy Madden, gold; Jimmy Hubbell and Donna Leonard, silver



Pickleball Club president Scott Keenum, center, with women's intermediate players. Photo by Eva Rodriguez

Women's Intermediate – Susan Crawford and Donna Leonard, gold; Cathy Madden and Wendy Flannery, silver

Men's Intermediate – Peter Monroe and John Tremaine, gold; Jimmy Hubbell and Roman Novak, silver.

■ Ping Pong Club

Ping Pong is Coming to the Old Fitness Room

by Julie Friedman

The old fitness room in Clubhouse II is being renovated for a new ping pong and game room.

The new room will allow for three ping pong tables rather than the present two.

A new shock absorbent floor, improved lighting and fresh paint will help make the room safer and more comfortable for ping pong players.

All residents are invited to join the Club when it celebrates opening day in its new space!

Details are forthcoming.

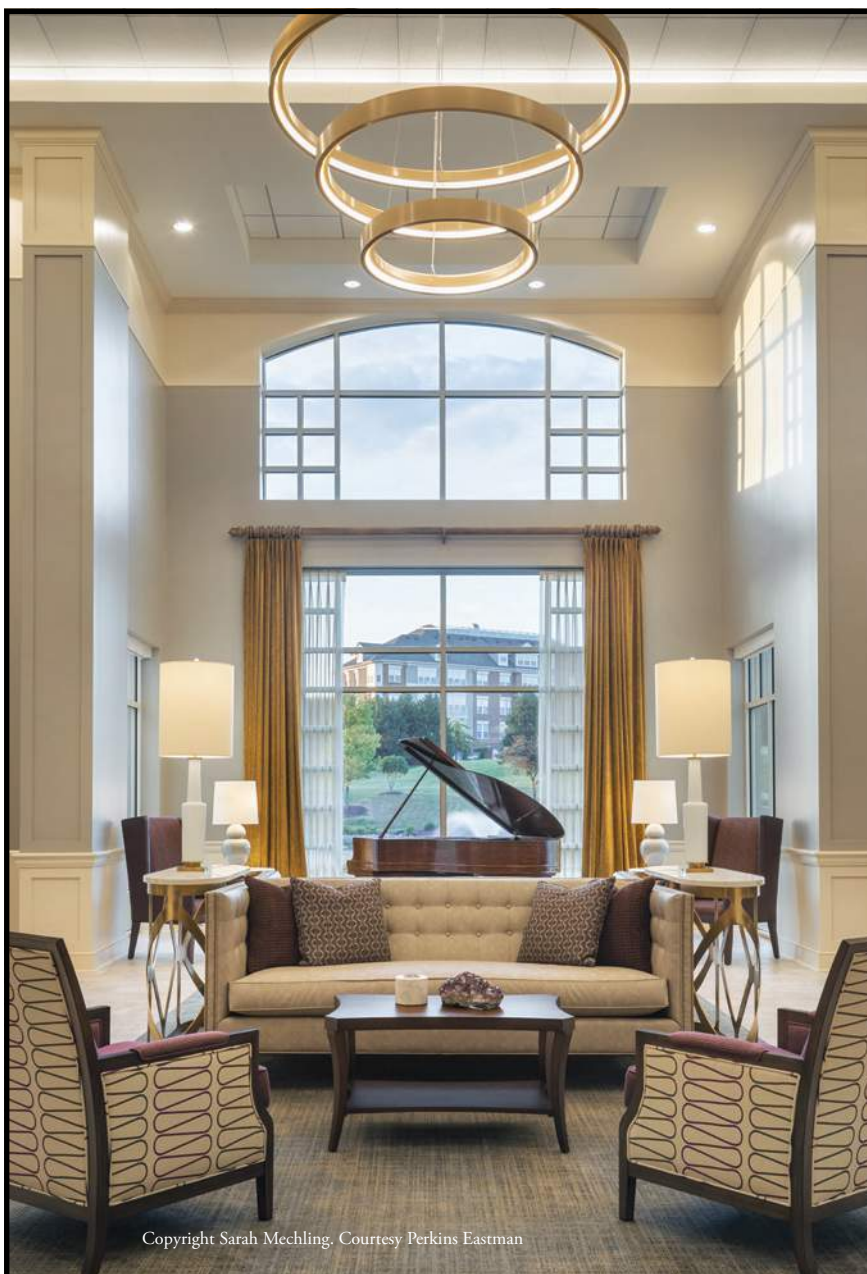
Club Information

Until the new room is completed, the Ping Pong Club meets three days a week in the Multi-Purpose Room in Clubhouse II: Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m.

There is no fee to join the Club. Just drop in, play and have fun.



Ping pong player Bob Blumberg aims his paddle during a game in the Multi-Purpose Room in Clubhouse II. Photo by Leisure World News



Copyright Sarah Mechling, Courtesy Perkins Eastman

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Gardenside at Ingleside at King Farm represents the future of extraordinary retirement living. It's time to experience a lifestyle that provides opportunities for growth and adventure. Gardenside features elegantly appointed apartment homes, superior amenities and a Center for Healthy Living. A stylish, engaged lifestyle at its very best!

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Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501).

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). Results are also posted on (cuebid.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Nadyne at (301-598-5677).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Chess: Free chess lessons for beginners and "rusty" players Monday and Wednesday, Clubhouse II. Call Lark Kellar (301-219-5955) for information. The Chess Club meets every Monday, Wednesday and Friday in Clubhouse II at 1-4 p.m.

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Mah-jongg: Learn how to play Mah-jongg. Call (301-598-3438).

Ping Pong: Get healthy exercise and camaraderie playing ping pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in Clubhouse II multi-purpose room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email at (julie12401@netscape.net).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

• **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Indoor Pool Volleyball: Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.



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Leisure World News

GOLF CARTS RULES OF THE ROAD

Golf carts must be driven on the right hand side of the road nearest the curb. Operators must obey all traffic rules and regulations. Driving golf carts is prohibited outside the community, including the Leisure World Plaza.

Parking or driving carts on any turf areas is prohibited unless areas have been designated for golf cart usage. Golf carts parked in unauthorized areas are subject to towing at the owner's expense.



Photo by Leisure World News

Give Thanks



Thanksgiving Dinner

in the Crystal Ballroom | Thursday, Nov. 22

Hand Carved Roasted Turkey Breast plus:

- Sliced Beef Tenderloin Medallions
- Fresh Broiled Salmon
- Honey Ham
- Green Beans Almandine
- Mashed Potatoes and Gravy
- Homemade Bread Dressing
- Roasted Sweet Potatoes
- Caramelized Brussels Sprouts
- Steamed Broccoli and Cauliflower
- Seasonal Salad Station
- Assorted Cakes, Pies and Cobblers

\$27 plus tax and gratuity

For reservations, call 301-598-1330

Seatings at 12:30 p.m., 3 p.m. and 5:30 p.m.

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- Fried Calamari \$12
- Gravlox | Goat Cheese and Garlic Toast \$12
- Fish or Beef Tacos (3)..... \$11
- Pei Mussels | wine and butter sauce \$12
- Smoked Chicken Wings \$12

FRESH MADE SALADS

- Seafood Salad \$16
Market Fresh Fish/Shrimp/Mixed Greens
- Steak Salad \$17
Mixed Greens/Tenderloin/Red Onion/Egg
- Lyonnaise Salad \$14
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- Poached Pear Salad \$12
Red Wine Poached Pear/Bleu Cheese/Walnuts

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- Poached Cod \$19
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- Seared Scallops (5)..... \$23
Butternut Squash Puree/Warm Salad
- Shrimp and Lobster Risotto..... \$25
Two Jumbo Shrimp/5 oz. Tail
- Maryland Crab Cakes (1)\$16 or (2)\$24
French Fries/Frisee Salad
- Shrimp and Grits..... \$23
Five Jumbo Shrimp/Polenta Cake/Bacon
- Grilled Salmon (6 oz.)\$16 or (8 oz.)\$22
French Fries/Frisee Salad

VEGETARIAN

- Mushroom Risotto \$12
Risotto/Mushrooms/Asparagus
- Veggie Plate \$10
Fingerling Potatoes/Carrots/Portabella Mushrooms

Clubhouse Grille and Stein/Terrace Room menus are available on (residents.lwmc.com). All menus may be subject to change.

Clubhouse Grille Hours: Tues. - Sat.: 4 p.m. - 10 p.m. | Sundays: 9:30 a.m. - 3:30 p.m.

Stein and Terrace Room Hours: Sunday: 9:30 a.m. - 8 p.m. | Mon. - Tues.: 9 a.m. - 8 p.m. | Wed. - Sat.: 9 a.m. - 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

NEW – Projections for the 2019 U.S. Economy, a CLL course: Instructor Semoon Chang presents this seminar to provide attendees the tools to make more informed decisions in their daily lives. His seminar provides updates on the U.S. global and local economies for 2019 and includes a brief introduction of notices from the Federal Trade Commission that are likely to have an impact on residents' daily lives.

Class meets Friday, Dec. 7, 10-11 a.m. and includes 45 minutes of lecture followed by a 15-minute question and answer session. **Fee: \$15. Register at Clubhouse I.**

The Musical Mind: How Music Can Positively Transform Your Life Forever: Instructor Dr. Harry Dunstan believes that music must be experienced and that music also has the capacity to help us heal ourselves.

Dunstan begins with an overview of the basic elements that constitute music: melody, rhythm, tempo, harmony, tonality/modality, texture, forms and medium. In the second session, he explains how the brain/mind/body perceives these elements, leading participants to a fuller understanding of how humans experience them. Using the concepts from the

first two sessions, participants learn what the difference is between the musical brain and the musical mind, and how engaged listening to music leads to a more enhanced life. In the final session, participants will explore how to make music his/her most effective medicine and connect with a higher consciousness. During this session, Dunstan makes specific recommendations on how to listen and experience music in a way to transform one's life.

Class meets Fridays, Nov. 2-30 (no class Nov. 23), 11 a.m.-noon. **Fee: \$30. Register at Clubhouse I.**

RELIGIOUS EDUCATION

NEW – Judaism, Islam and Christianity: In three sessions, instructor Dr. Phil Wendkos will explore the concepts of three world religions. Session one will examine traditional concepts in Judaism based on the Torah and Jewish Law with emphasis on faith in God. Session two studies the fundamental tenets of Islam based on verses from the Quran and passages from Shariah Law. Special emphasis will be placed on how Islam regards Judaism and Christianity. Session three will explore basic Christian beliefs and select passages from the New Testament. Each session includes discussion.

A bibliography will be provided for each participant. Participants are encouraged to bring iPads and iPhones and become intellectually stimulated.

Class meets Fridays, Nov. 30-Dec. 14, 10:30-11:30 a.m. **Fee: \$20. Register at Clubhouse II.**

DANCE INSTRUCTION

NEW – Line Dance with Wendy: This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, Dec. 3-Jan. 28, 2019 (no class Dec. 31), from 2-2:55 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. **Fee: \$32 per session. Register at Clubhouse II.**

EXERCISE

NEW – Ba Duan: This is the world's oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

Limited enrollment. Class meets Mondays, Nov. 26-Feb. 11, 2019, 4-5 p.m. **Fee: \$20. Register at Clubhouse II.**

NEW – Gentle Yoga – Wednesdays and Saturdays with Marilyn: Yoga is a holistic system that combines movement, posture, breath, and relaxation techniques to improve overall health and well-being physically, mentally, and spiritually. A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide

skills to cultivate a peaceful mind in the face of life's stresses and challenges.

This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class.

Class meets Wednesdays, Nov. 28-Jan. 30, 2019 and/or Saturdays, Nov. 24-Jan. 26, 9-10:15 a.m. **Fee: \$80/1 day, \$140/2 days per week. Register at Clubhouse I.**

NEW – Chair Yoga with Robin, Mondays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, Dec. 10-Feb. 11 (no class Dec. 17 or 24), 11 a.m.-noon or 2-3 p.m. Choose the time that suits your schedule. **Fee per session: \$100. Register at Clubhouse II.**

NEW – Chair Yoga with Robin, Wednesdays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing.

Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, Dec. 12-Feb. 13, 2019 (no class Dec. 19 or 26), 2-3 p.m. **Fee: \$100. Register at Clubhouse II.**

NEW – Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.)

- Advanced: Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Nov. 12-Jan. 14, 2019 (no class Dec. 24 or Dec. 31) and/or Thursdays, Nov. 15-Jan. 17 (no class Nov. 22 or Dec. 27), 9:15-10:15 a.m. **Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.**

NEW – Stretch, Tone and Balance for the Active Adult (10:30 a.m.) – Beginner to Moderate:

This class is for beginner to moderate exercisers who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Nov. 12-Jan. 14, 2019 (no class Dec. 24 or Dec. 31) and/or Thursdays, Nov. 15-Jan. 17 (no class Nov. 22 or Dec. 27), 10:30-11:30 a.m. **Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.**

Move It or Lose It: Enjoy dancing to the rhythm of a beat? These aerobic exercises will keep you moving and up on your feet.

Movements are designed to promote cardiovascular health while having fun. Warm up and cool down are designed to strengthen and tone.

Questions? Contact Betty Smith, Certified Group Exercise Instructor, at (301-598-4245).

Class meets Wednesdays, Nov. 28-Dec. 26, 4-5 p.m. **Fee: \$29. Register at Clubhouse II.**

Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Nov. 5-Dec. 17, and Thursdays (with Sue), Nov. 8-Dec. 20, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. (No classes will be held the week of Nov. 19-23.) **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Nov. 6-Dec. 18, and Wednesdays, Nov. 7-Dec. 10, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. (No classes will be held

the week of Nov. 19-23.) **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Zumba Gold with Denny – Mondays or Fridays: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Nov. 5-Dec. 17 (no class Nov. 26), 10:30 a.m. or Fridays, Nov. 9-Dec. 21 (no class Nov. 23), 1 p.m. **Fee: \$37.50 for one day; \$72 for two days. Register at Clubhouse II.**

WATER EXERCISE

Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Nov. 6-Dec. 18, and Thursdays, Nov. 8-Dec. 20, 11 a.m.-noon. (No classes will be held the week of Nov. 19-23.) You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee:**

\$36, one day per week; \$60 for both days. Register at Clubhouse II.

Non-impact Fusion Water Exercise with Beth:

This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Nov. 6-Dec. 18, and Thursdays, Nov. 8-Dec. 20, 1-2 p.m. (No classes will be held the week of Nov. 19-23.) You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Aqua Fit with Shirley:

This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Nov. 7-Dec. 19, from 1-2 p.m. (No classes will be held the week of Nov. 19-23.) **Fee: \$36, 1 day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.**

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Tuesday,
November 6, 2018



Joseph M. Griffin
Register of Wills



John McCarthy
State's Attorney



Darren Mark Popkin
Sheriff



Barbara H. Meiklejohn
Clerk of the Circuit Court



By Authority of:
Anthony W. Morris, Treasurer, Citizens for Joe Griffin;
John Kudel, Treasurer, Friends of John J. McCarthy;
Mary Louise Miller, Treasurer, Barbara Meiklejohn for Clerk
Neil E. Berger, Treasurer, Committee to Elect Darren Mark Popkin

CALENDAR *of Events*

Friday, November 2

Clubhouse I

10:00 a.m. Chinese Brush and Ink Landscape Painting Art Class
11:00 a.m. The Musical Mind Class
12:15 p.m. Kiwanis Club
1:30 p.m. Any Level Watercolor Art Class
3:00 p.m. Hispanos de LW: Games
7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Computer Learning Center: Difference between the Internet and the Web
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge

Saturday, November 3

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Community Shredding Day: Administration Building Parking Lot
10:00 a.m. Open Studio Art Class
10:00 a.m. American Needle Guild (ANG)

Clubhouse II

9:15 a.m. JRLW Services
2:00 p.m. Going It Alone Club: Social/Bingo
4:30 p.m. E&R program: Starvation Army Band

Sunday, November 4

Clubhouse I

10:15 a.m. JWV Brunch: Steve Kline, guest speaker

Clubhouse II

2:30 p.m. Fireside Forum: “The Great War in America”
7:00 p.m. Baby Boomer Club: Game Night

Monday, November 5

Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class
10:00 a.m. CLL General Meeting
10:30 a.m. Stretch, Tone and Balance Class
1:00 p.m. Paintbrush and Knife Art Class

1:30 p.m. LW Chorale
2:00 p.m. CLL: Alaska Adventure

Clubhouse II

9:00 a.m. Senior Sneakers Class
10:30 a.m. Zumba Gold Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Chair Yoga Class
2:00 p.m. Line Dance Class
3:00 p.m. Ping Pong Club
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Class
5:30 p.m. Model Railroad Club: Operating Session

Tuesday, November 6

Clubhouse I

7:00 a.m. Primary Elections
9:00 a.m. Blood Pressure Testing

9:30 a.m. Any Medium Art Class
10:00 a.m. Stepping On Fall Prevention Class
10:00 a.m. Habla Conmigo Part 4 Class
11:00 a.m. CLL: Memoirs of a Holocaust Survivor
1:00 p.m. Pastel Art Class
1:00 p.m. Habla Conmigo Part 3 Class
6:30 p.m. Mixed Media, Canvas and Beyond, Art Class
7:00 p.m. Duplicate Bridge
7:00 p.m. Trivia Group

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Exercise Class
1:30 p.m. Comedy and Humor Club

Wednesday, November 7

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Drawing Basics Art Class
11:00 a.m. Short Story Group
11:00 a.m. Edmonson Historical Society: Anthony Cohen, guest speaker
12:30 p.m. NA’AMAT RBZ Club movie: “Dough”
1:00 p.m. Painting and Miniature, Oils and Acrylics, Art Class
2:00 p.m. Book Club Network: African Heritage
4:00 p.m. LWAAAC General Meeting
6:30 p.m. Mixed Media, Canvas and Beyond, Art Class
6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Exercise Class
2:00 p.m. Chair Yoga Class
5:30 p.m. Model Railroad Club: Operating Session
7:30 p.m. Fun and Fancy Theatre Group

Thursday, November 8

Clubhouse I

10:00 a.m. Painting for Everyone Art Class
10:30 a.m. ALL course: Exploring Ultra-Orthodox Judaism
10:30 a.m. LW New Yorkers and Friends
12:00 p.m. Lions Club Golf Luncheon
12:30 p.m. Ladies Bridge
1:00 p.m. Oils and Acrylics Art Class
7:00 p.m. Democratic Club General Meeting

Clubhouse II

9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner and Advanced Tai Chi Class

Dial 301-598-1313
for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Communications

Nov. 15, 10:00 a.m., Clubhouse I

Landscape

Nov. 8, 9:30 a.m., Clubhouse II

Community Planning

Nov. 12, 9:30 a.m., Clubhouse I

Physical Properties

Nov. 13, 9:30 a.m., Clubhouse II

Education and Recreation

Nov. 6, 9:30 a.m., Clubhouse I

Restaurant

Nov. 19, 10:00 a.m., Clubhouse I

Golf and Greens

Nov. 2, 9:30 a.m., Clubhouse I

Security and Transportation

Nov. 8, 9:30 a.m., Clubhouse I

Government Affairs

Nov. 12, 2:00 p.m., Sullivan Room

Technology

Nov. 6, 10:00 a.m., Sullivan Room

LWCC Board of Directors

Oct. 30, 9:30 a.m., Clubhouse I

The meeting airs on Nov. 5, 7 and 9 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

Nov. 16, 9:30 a.m., Sullivan Room

The meeting airs on Nov. 21, 22 and 23 at 4 p.m. and 7 p.m. on channel 974.

*Meeting times and locations subject to change,
sign on to residents.lwmc.com and check the calendar for any changes.
Meetings are open to all residents.*

Leisure World Mutual Meetings

Nov. 6

Mutual 7 Special Meeting

1:00 p.m., Clubhouse I

Mutual 18 Board

1:30 p.m., Sullivan Room

Mutual 21 Annual

7:30 p.m., Community Room 3

Nov. 13

Mutual 16 Board

9:30 a.m., Sullivan Room

Mutual 19A Board

9:30 a.m., Clubhouse II

Mutual 7 Board

1:00 p.m., Sullivan Room

Mutual 25 Board

7:00 p.m., Sullivan Room

Nov. 7

Mutual 8 Board

7:00 p.m., Sullivan Room

Nov. 14

Mutual 11 Board

10:00 a.m., Sullivan Room

Nov. 8

Mutual 12 Board

1:00 p.m., Sullivan Room

Nov. 15

Mutual 15 Board

9:30 a.m., Sullivan Room

*Meeting times and locations subject to change,
sign on to residents.lwmc.com and check the calendar for any changes.*

Mutual Board meetings are open to respective mutual residents.

9:30 a.m. Quilting Group
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:30 p.m. JRLW Movie: “GI Jews: Jewish Americans in World War II”
1:00 p.m. Non-impact Fusion Water Exercise Class

2:00 p.m. Model Railroad Club: Operating Session

Friday, November 9

Clubhouse I

10:00 a.m. Chinese Brush and Ink Landscape Painting Art Class
11:00 a.m. The Musical Mind Class

11:00 a.m. Book Club Network:
Literary Ladies Who Lunch
1:30 p.m. Any Level Watercolor
Art Class
3:00 p.m. Hispanos de LW: Games
5:00 p.m. Café AIM: Kristine Key
Quartet
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
10:00 a.m. Chinese Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
7:30 p.m. Fun and Fancy
Performance: “Damn Yankees”

Saturday, November 10
Clubhouse I
9:00 a.m. Gentle Yoga Class
9:30 a.m. Holiday Arts and Crafts
Bazaar
10:00 a.m. Open Studio Art Class
Clubhouse II
9:15 a.m. Shabbat Services
2:00 p.m. Going It Alone Club:
Social
7:30 p.m. Fun and Fancy
Performance: “Damn Yankees”

Sunday, November 11
Clubhouse I
11:00 a.m. Veteran’s Day Luncheon
Clubhouse II
2:00 p.m. Fun and Fancy
Performance: “Damn Yankees”
7:00 p.m. JRLW program:
Kristallnacht Observance

Monday, November 12
Clubhouse I
9:15 a.m. Stretch, Tone and
Strength Training Class
10:00 a.m. Garden and
Environmental Club
10:30 a.m. Stretch, Tone and
Balance Class

1:00 p.m. Painting and Knife Art
Class
1:30 p.m. LW Chorale
2:00 p.m. CLL program: Achieving
a Productive and Meaningful
Life as a Senior in Our Longevity
Economy
Clubhouse II
9:00 a.m. Senior Sneakers Class
10:30 a.m. Zumba Gold Class
11:00 a.m. Chair Yoga Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Line Dance Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Ping Pong Club
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Class
5:30 p.m. Model Railroad Club:
Operating Session

Tuesday, November 13
Clubhouse I
9:30 a.m. Any Medium Art Class
9:30 a.m. Garden Plot Group
10:00 a.m. Habla Conmigo Part 4
Class
1:00 p.m. Pastel Art Class
1:00 p.m. Habla Conmigo Part 3
Class
1:00 p.m. Amateur Radio Club
7:00 p.m. Duplicate Bridge
7:00 p.m. Trivia Group
Clubhouse II
9:30 a.m. Beginner and Advanced
Tai Chi Class
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion
Water Exercise Class
1:30 p.m. Comedy and Humor Club
3:00 p.m. Parkinson’s Support
Group
7:00 p.m. Camera Club program:
Image Editing Software
7:00 p.m. Vegetarian Society

Wednesday, November 14
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Drawing Basics Art
Class
10:15 a.m. League of Women Voters
11:30 a.m. Lions Club: Salute Our
Military Women Luncheon
1:00 p.m. Painting and Miniature
Oils and Acrylic Art Class
1:00 p.m. Patients Rights Council
program: Conflict Resolution for
Seniors
1:00 p.m. Low Vision Support
Group
2:00 p.m. Compassion and Choices
program: Palliative Care
2:00 p.m. Hadassah program:
“Jewish Influence on American
Music”
3:00 p.m. New Resident
Orientation
6:30 p.m. Mixed Media Canvas and
Beyond Art Class
6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class
5:30 p.m. Model Railroad Club:
Operating Session
7:00 p.m. Lapidary Club program:
Amber and Salt Treasures of
Poland


Thursday, November 15
Clubhouse I
9:15 a.m. Stretch, Tone and
Strength Training Class
10:00 a.m. Painting is for Everyone
Art Class
10:30 a.m. Stretch, Tone and
Balance Class
10:30 a.m. ALL course: Exploring
Ultra-Orthodox Judaism

11:00 a.m. Writers’ Workshop
12:30 p.m. Ladies Bridge
1:00 p.m. Oils and Acrylics Art
Class
1:00 p.m. Eyre Travel Show
2:00 p.m. LWAAAC program:
Healthful Thursdays
2:00 p.m. Town Meeting
Organization
2:00 p.m. Book Club Network:
Thursday Readers
Clubhouse II
9:00 a.m. Senior Sneakers
9:30 a.m. Beginner and Advanced
Tai Chi Class
10:00 a.m. Stitching Group
10:00 a.m. MVA on Wheels Bus
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. E&R Thursday
Afternoon at the Movies:
“Dunkirk”
2:00 p.m. Model Railroad Club:
Operating Session

Friday, November 16
Clubhouse I
10:00 a.m. LWAAAC: Cannabis
Registration
10:00 a.m. Book Club Network:
Bookies
10:00 a.m. Book Club Network:
Searchers
10:30 a.m. Pickleball Club
Meeting
11:00 a.m. The Musical Mind
Class
12:15 p.m. Kiwanis Club
1:30 p.m. Any Level Watercolor
Art Class
2:00 p.m. E&R seminar: Advance
Directives and Healthcare
Planning
3:00 p.m. Hispanos de LW:
Games
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
10:00 a.m. Computer Learning
Center: New Net Neutrality Law
and Services
1:00 p.m. Zumba Gold Class
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
7:00 p.m. Baby Boomer Club:
Movie
7:30 p.m. Fun and Fancy
Performance: “Damn Yankees”

Saturday, November 17
Clubhouse I
10:00 a.m. Open Studio Art Class
1:00 p.m. Arts in Motion: Authors
in Mind
Clubhouse II
9:15 a.m. JRLW Services
2:00 p.m. Going It Alone Club:
Social
7:30 p.m. Fun and Fancy
Performance: “Damn Yankees”

Sunday, November 18
Clubhouse I
10:00 a.m. JRLW Breakfast
Forum: Doug Gansler, guest
speaker
Clubhouse II
2:00 p.m. Fun and Fancy
Performance: “Damn Yankees”



MONTGOMERY COUNTY FOR

NANCY FLOREEN

COUNTY EXECUTIVE

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Election Day: November 6

Learn more: nancyfloreen.com

By Authority: Montgomery County for Nancy Floreen, Joyce Fuhrmann, Treasurer.

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DAY TRIPS

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11/17, 11/30 or 12/14, 7:15 am-11:45 pm ...\$189.00 per person
Take in this holiday tradition Radio City Christmas Spectacular! Trip includes transportation and admission to show.

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Sat., 11/24, 8:30 am-8:30 pm \$125.00 per person
Get into the holiday spirit! Trip includes transportation, admission to show and buffet lunch at Shady Maple Smorgasbord.

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Fri., 11/30, 12:15 pm-10:30 pm.....\$79.00 per person
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Sat., 12/1, 10:40 am-6:35 pm \$30.00 per person
Explore the 14th Annual Holiday Market in DC. Pick up unique gifts, explore the vendors or indulge in food. Transportation only.

Dining, Guiding and Lighting, DC

Wed., 12/5, 4:30 pm-10:30 pm\$109.00 per person
Dinner at Mrs. K's Tollhouse Restaurant, then a tour of the DC monuments by moonlight. Weather permitting, stop at the National Christmas Tree. Trip includes motorcoach transportation, dinner and step-on guide.

"Rockabilly Christmas," Riverside Center, VA

Fri., 12/7, 9:45 am-6:30 pm\$117.00 per person
Todd Meredith and his band The Rave-Ons celebrate the holiday season with performances of Buddy Holly's greatest hits along with classic Christmas songs like "Rockin' Around the Christmas Tree," "Jingle Bell Rock" and "Run, Run, Rudolph." Before the show enjoy a delicious 3-course luncheon.

"The Story of Jesus," Sight & Sound Theatre, PA

Fri., 12/14, 9:45 am-9:15 pm\$159.00 per person
"The Story of Jesus" is the musical stage adventure about the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

"Chicago," Fulton Theater, PA

Sat., 2/16, 8:45 am-7:00 pm\$97.00 per person
It's the Roaring 20's. Everything is larger than life! Lunch at Plain 'n Fancy Restaurant prior to show. Trip includes lunch, show and transportation

MGM Grand National Harbor, MD

Mon., 2/18, 9:05 am-3:00 pm\$35.00 per person
Try your luck at the Casino for a day. Transportation only.

"La Cage Aux Folles," Riverside Center, VA

Wed., 2/27, 9:45 am-6:45 pm.....\$117.00 per person
Feel good musical with heart, brains and sequins! Lunch and show included.

SuperPops at the Myerhoff, Baltimore

Sun., 3/3, 1:30 pm-6:15 pm\$69.00 per person
Featuring Christina Bianca: Woman of a Thousand Voices. Transportation and admission included.

Philadelphia Flower Show, PA

3/7 or 3/8, 7:45 am-7:45 pm.....\$86.00 per person
The theme this year is "FLOWER POWER." Transportation and admission to the show included.

Newseum, DC

Sat., 3/9, 9:30 am-3:15 pm \$60.00 per person
You will love this beautifully designed, vibrant, dynamic museum with wonderful views of the Capitol, thought-provoking exhibits, and plenty to keep everyone engaged! Transportation and admission included.

9/11 Memorial & Museum, NYC +

Sat., 3/16, 7:00 am-11:45 pm\$120.00 per person
The Memorial Museum is an educational and historical institution that honors and examines 9/11's continued global significance. The museum displays artifacts associated with the events of 9/11 while presenting stories of loss and recovery. (Security screening on-site). Includes a \$10 Cracker Barrel gift card.

Spotlight On...

Eyre Travel Show, Clubhouse I, Crystal Ballroom

Thu., 11/15, 1:00 pm-3:00 pmFREE

Join us to find out what is coming in 2019! Door prizes and refreshments.

2019 DAY TRIPS

Museum Loop, DC

Thu., 1/10, 8:40 am-3:00 pm\$35.00 per person
Choose where to go! National Gallery of Art, National Archives Museum or the National Museum of American History. Transportation only.

Capitol Steps Political Satire Show, DC

Fri., 1/25, 5:30 pm-10:50 pm.....\$75.00 per person
Laugh away your winter blues with this Political Satire! Transportation and admission to the show included.

Congo Mask, Virginia Museum of Fine Art, VA

Mon., 2/4, 7:45 am-7:15 pm\$107.00 per person
The exhibition has original field photographs and footage, audio recordings and a selection of related musical instruments. Self-guided tour. Lunch included in the Marble Hall. Trip includes transportation, admission and lunch.

Museum of the Bible, Washington, DC

Mon., 2/11, 9:05 am-3:00 pm\$60.00 per person
Experience the Book that continues to shape history. Transportation only.

MULTI-DAY TRIPS

Biltmore, NC

Nov. 26-29

Greenbrier Resort, WV

Dec. 2-4

Nashville/Opryland, TN

Dec. 11-14 (fly/drive)

Charleston & Savannah

March 30-April 4

Dallas

May 21-25 (fly/drive)

Niagara Falls

June 23-26

Maine Lobster Festival

July 31-Aug. 5

CRUISES

Royal Caribbean

Oct. 31-Nov. 8

Eight night Southeast Coast & Perfect Day Cruise

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:



Easy Walking



More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (atticllc.com) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC – I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

REAL ESTATE FOR SALE

Announcing a NEW REAL ESTATE PARTERSHIP, Sue Heyman, Rick Winkler, and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax, and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. Inventory is historically low. Days on the market for our community are hovering at around one month. Prices are going up! As sellers, now is the time to take advantage of this fast-paced market. We know all of the floor plans and how to price them. Tap into our experience, contractor connections, and marketing to get the best price. Our top-quality brochures, twice-monthly statistical reports, multiple websites, and complementary staging display your home and our community at its best. Call for your free competitive market analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

LIST YOUR PROPERTY FOR 3.95%. Call me for any of your real estate needs, whether buying or selling, in Maryland or DC, Gerry Walsh (845-401-1177) or (Gerry@SunPropInc.com).

LARGEST CONDO in LW, 2,200 sq. ft. 3 bedrooms, 3 full baths, plus den, large table-spaced kitchen, 2 enclosed balconies, garage parking. Stunning views! A must-see. Call Eve or Greg Marinik (301-221-8867), (240-994-5258), Long and Foster (301-548-9700). Upper \$400s.

PATIO HOME, HUNTINGTON MODEL. Open floor plan. Including recently-updated open table spaced kitchen, 2 bedrooms, 2 full baths, 4-season sunroom. Extra-large 2-car garage, private front courtyard. Call Eve or Greg Marinik (301-221-8867), (240-994-5258), Long and Foster (301-548-9700). Lower \$400s.

REAL ESTATE FOR RENT

Leisure World – VILLA CORTESE RENTAL. Type A. 1BR/1.5BA. Separate dining area. Lots of storage. Walk-in closet. Sunroom. Washer/dryer. \$1,500/mo. Available end-November. (301-437-1455).

BEACH COTTAGE all-year rental timeshares: Seeking 3 people or 3 pairs of beach lovers to have use of my three-bedroom, fully-furnished cottage in Lewes, DE, all year long. Each rental timeshare is for 10 weeks (4 in summer, 6 in Spring, Fall, Winter) for \$225 per week or total annually of \$2250, utilities included. If interested, pictures and more details available after we speak. Contact Polly at (pfields@career-strategies-inc.com) or call (571-236-1775) in MD–LW.

NEED STORAGE SPACE? Clean and safe storage in my Leisure World home. Good rates and flexible hours. Call (301-598-0987).

FOR SALE

DINING ROOM MAHOGANY TABLE. Excellent condition. Expandable to 6 or 8 seats. No chairs; table only. Asking \$350 or best offer. Pics available. Questions? (301-572-7275) email: (mbwessal@hotmail.com).

CLUB CAR 2006, new condition. 48-volt batteries just replaced. Must-see. Full cover. Underground golf cart parking available. \$2,800, best offer. Call Al Briggs (301-252-7459).

FOR SALE: ANTIQUE FRENCH country furniture, Louise XV

style, from Provence and Brittany: ‘bonnetière’ armoire, settee, buffet, tables, armchair, 6 dinner chairs with rushed seats and ladder backs and Pierre-Deux fabric cushions, music cabinet, bookcases, cretonne fabrics, tablecloths and runners, lamps, pictures, vases. Also circa 1960 re-editions of complete collections of French classic literature authors (Hugo, Balzac...) in 155 volumes, French teaching methods, music material, cookbooks and lots of U.S. reference books. Must see! Call Claude, French retired teacher at Rochambeau Lycée, at (301-288-4972). Evenings in LW.

RETAIL SALES

SCHAEFFER’S PIANO COMPANY. Founded 1901, Fourth generation family ownership. New Kawai dealer. New and used pianos—Steinway, Kawai, Yamaha, Schaeffer. (schaefferspiano.com). (301-424-1144)

CEMETERY PLOTS

GATE OF HEAVEN Cemetery Plots. One double crypt, 103, Tier E, patio. Contact (352-751-0318) or (352-512-8397) or (240-305-6898). Donna or Lennox.

AUTO SALES

2009 CHEVROLET COBALT LT. 1 owner, only 4,680 miles. 4 door, power windows. New battery. MD inspected. I will buy your car even if you don’t buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier’s check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2004 TOYOTA CAMRY LE. Only 4,300 miles. MD-inspected. Like new. New battery. Leather interior. \$7975. I will buy your car even if you don’t buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier’s check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years’ experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers’ check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

AUTO SERVICES

NEW LEVEL AUTO SERVICE. European, domestic and Asian cars. 716 East Gude Dr.,

Rockville, MD. Complete auto repair, electrical problems, computer diagnostics. ASE certified technicians with more than 15 years of experience will prepare your care for the winter at a reasonable cost for service. Call use today (301-762-1200). Ask for Christian. We have senior discounts and free shuttle to metro station. (www.newlevelautoservice.com)

TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER is here: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.–10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text: (301-933-8899). Email: (Steve.Your.Driver@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 100 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

CAREGIVERS AND HEALTHCARE

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are “certified nursing assistants.”

“A” HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. “Care You Can Trust and Afford.” Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146)

ELDERLY CARE: Over 10 years experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

EXPERIENCED NURSING ASSISTANT. Offers personal care, companionship, housekeeping, cooking and transportation.

Available Days or Nights. Full/PT. Have my own car. Excellent references. Speaks English and French. Parishioner at St. Patrick's Catholic Church. Anastasie (202-203-8573)

CAREGIVER with more than 14 years of experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends, and clients in facilities to group home members and privately cared for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. (240-883-8933) (brownzebra@hotmail.com) Shift: night.

AFFORDABLE ASSISTED LIVING in Forest Glen / Silver Spring 20910. MiLo Care Inc. offers: respite, part-time or full-time care. Fully credentialed caregivers and two registered nurses on call 24/7. Call for occupancy rates and tours. Joyce Kroner, RN (301-728-2292), Sharon Hall, RN (301-219-4015).

RELIABLE CERTIFIED NURSING ASSISTANT, medical technician, CPR and BLS with over 9 years experience. Provides great personal care, companionship, medication reminders, housekeeping, cooking, driving to appointments and errands. Available full time, part time, live-in, weekdays, weekends and nights. \$19/hr. Call Kelechi at (240-393-8121).

FANTASTIC ELDER CARE PROVIDERS: Ruth Wilson (202-460-0302), Aminita (Amy) Diane (240-388-7135). Highly skilled, compassionate in-home care, available for private hire. \$20/hr. Everything from companionship and help with errands and meals, to full bed-bound care. We can't recommend these 2 ladies highly enough. Always on time, always providing quality care with dignity and respect. Recommended by the Lindstrom family.

HELLO, IT'S ROSE. CAREGIVER with over 10 years experience. Certified as a CNA and in first aid, CPR. Have clean background check, tuberculosis screening. Worked with agencies, Montgomery Hospital, private duty. Full-time or part-time, live-in or -out. Please call if you need

help with your loved one (240-855-2994) any time. Thank you

RELIABLE, AFFORDABLE and SAFE caregiver to care for your loved one at home; light meal preparation and transportation. Driver license #T460585784974. (240-855-1104), (240-722-8238).

AFFORDABLE AND HONEST home caregiver who has incredible experience in elderly caregiving with CNA and CPR license. Offers activities of daily living, personal care, cooking, housekeeping, driving and errand running. Available weekdays and weekends. Days and nights. Price \$21/hr. Call Keke at (240-393-8121)

SEEKING ELDERLY CARE. CNA, 16 years experience. Honest, reliable and hardworking. Character references available. Available day/night. Contact Abie at (240-551-3354).

CNA, GNA, CMT. Reliable, loving caregiver with a passion to make you loved one have a wonderful time. I have 4 years experience working in a memory care department. Call Janet (301-250-5139).

CERTIFIED NURSING ASSISTANT. Over 12 years experience with elderly. Reference available. Providing hygiene care, meals, light housekeeping. Call (240-701-9788).

CAREGIVER/COMPANION. CNAs, Jeannette or Magda, offering personalized care, medication reminders, meal preparation, shopping, errands, light housekeeping. Over 10 years experience in Leisure World area. Background check and references available. Minimum 4 hours. (301-675-1383), (240-604-1212).

CNA/CMT – OVER 16 years of experience. Very dependable. Excellent references in LW. Have car. Light cooking, doctor's

appts., errands. Bonded, insured. Hospice patients are welcome. Call Ana (240-491-8978, 301-442-6094).

CERTIFIED NURSING ASSISTANT: Over 12 years experience in elderly care. Provide hygienic care, meals, light housekeeping. Call (240-701-9788).

CNA, GNA, CMT. Reliable, loving caregiver with a passion to make your loved one have a wonderful time. I have 4 years experience working in memory care department. Call Janet (301-250-5139).

I WOULD LIKE TO recommend an exceptional aide who is bright, respectful and capable, extremely dependable, has impeccable judgement, and above all, is truly caring. Yvonne has eight years' experience as a compassionate companion offering in-home

support services, including meal preparation, grocery shopping, medication reminders, client transportation (errands, appointments, shopping trips), personal care (assistance with bathing, feeding, toileting, transferring to and from bed to chair), and experience in help and support with individuals with Alzheimer's. She is trustworthy, able to make decisions in difficult situations, positive and active, and has a beautiful smile. She is also experienced in housekeeping and child care - she has 3 high-achieving school age children — and can help with meals, dressing, potty training, transporting to and from school and activities.) You may contact me, Barbara Southworth, at (blenisouth@gmail.com) or (703-772-5401). Yvonne can be reached at (240-437-8569), and can provide additional references.



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President

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brian.willson@yahoo.com

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CNA, CPR, available anytime. 12 years' experience, 8 years in LW. Very honest, kind, dependable; excellent reference and reliable car. Please call (410-531-7160), (301-633-5435).

MARIE BAH. Very caring person with 15 years' experience in senior care. Board-certified nursing assistant in both Maryland and Virginia. Love and cherish every single second spent with senior citizens. Very flexible and adapt very easily. Excellent references from families I worked for. (240-694-5950).

CNA —with 25 years' experience. Seeking position to care for sick/

elderly. Good references available Monday–Friday and weekends. Days or nights. Full/PT. Have my own transit. Call (301-442-9324).

A CARING AND KIND male caregiver who can help with ADL and can work long hours with client. Certified nursing assistant. My contact information is (240-779-1490).

CNA, over 20 years' experience. Honest, dependable care with respect and love. Personal care, cooking, cleaning and doing shopping. References available. Available now, days or nights. Call Yvonne at (240-706-0428).

CNA/GNA, pharmacy technician, patient care technician, medication technician, CPR, first aid trained. Over 20 years experience in home and hospice care services. Passionate about caring for people. Flexible hours. LW references. (240-422-9266), (202-677-0040)

CAREGIVER WITH CNA license and 8 years experience. Available to work daytime, nighttime and weekends, full-time or part-time. Have own transportation. (240-715-8189).

OVER 8 YEARS EXPERIENCE: CNA. Recently completed my CMT certification class to dispense medication; waiting for license to be updated with the Maryland Board

of Nursing. CPR and first aid ready. I am the caregiver you need, highly compassionate, caring, attentive, alert, honest, professional and experienced. Dementia, Alzheimer's, catheters, companionship, home management, errands, doctors' appointment, long or short hours? Whatever your needs, family members' or your neighbors', please don't hesitate to call me (240-481-7844) and (301-679-9653).

PRIVATE HOME HEALTHCARE. I have 20 years' experience. Pat (301-434-2586), (psahadachny@gmail.com).

Hello, my name is James McCauley and I am an elderly caregiver. I have a CNA license and a Medtech, CPR certified with over 12 years experience providing for elderly patients. I can provide the care your loved one deserves. I shop for groceries, cook, clean, drive to doctor appointments, wash laundry, help the patient bathe and dress. My goal is to keep the patient in the home as long as possible. Please call me at (301-221-3241). Thank you.

GENERAL SERVICES

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry,

including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55-yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

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Meet the Authors

BRAIN HEALTH AS YOU AGE



A PRACTICAL GUIDE TO
MAINTENANCE
AND
PREVENTION

Book Signing & Discussion
THURSDAY, DECEMBER 20, 2018
5:00 pm - 7:00 pm
Leisure World Clubhouse I
3700 Rossmoor Blvd., Silver Spring, MD 20906

STEVEN P. SIMMONS, MD • WILLIAM E. MANSBACH • JODI L. LYONS

Join a world-renowned cognitive specialist, an extraordinary house call physician, and an award-winning author on eldercare issues, as they discuss their new book.

Brain Health As You Age: A Practical Guide To Maintenance And Prevention

Presented by:
William E. Mansbach, PhD
Steven P. Simmons, MD
Jodi L. Lyons

THURSDAY, DECEMBER 20, 2018

5:00 pm - 7:00 pm

Hors d'oeuvres and Desserts

Leisure World - Clubhouse I

3700 Rossmoor Blvd., Silver Spring, MD 20906

Brain Health as Your Age provides useful, achievable actions you can take to reduce your risk of brain function decline, accurate information about identifying problems, and real solutions. The authors offer useful anecdotes and scientifically validated information -- important tools in separating myth from reality. They separate fact from fiction to ensure that recommendations are evidence-based, practical, useful, achievable, and measurable.

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LOOKING FOR WORK. B.A. in behavioral science, M.Div. in peace studies. Available for consultant work. Reasonable rates, cash or check. LW resident. (571-251-7135)

HOME SERVICES

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continental movers.net).

M.G.V. PAINTING & DRYWALL – Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 yrs. experience. Insured. References in your complex. Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

SMALL MOVES AND TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

ASK YOUR HANDYMAN: painting, hanging pictures, carpet stretching, cleaning carpet, pressure washing and more. Ask for Jesse Morales at (301-747-5054).

CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free

estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807)

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean & dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

FEDERAL CLEANING, LLC has been a trusted cleaning company used by several Leisure World residents over the past year. Call us for your free estimate today. We offer both apartment and home cleaning services. We are extremely flexible—seven days a week to accommodate your schedule. Give us a call at (240-614-1592), (202-710-7426). Hope to hear from you soon!

COMPUTER HELP

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have

served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES – Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English – no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

BEAUTICIAN: I can do your hair in your own home. Can also remove unwanted facial hair. 45 years hair styling experience. LW resident. Gity (301-642-7281).

HOUSE CALLS LLC. Beth Albaneze, CTRS, CPRP, Owner. We come to your home for your convenience when faced with acute or chronic life issues. All our

services are under one umbrella with a variety of professionals to choose from: Counselors, Advocates, Resource Experts, Life Coaches, Recovery Specialists, Recreation Therapists, Insurance Advisers. Contact Beth at (301-346-6732) or (callingonbeth@gmail.com) web: (www.callingonbeth.net)

LESSONS

ONLINE PIANO AND VIOLIN lessons with Skype. Conservatory graduate with over 34 years of experience as a teacher and performer is now giving online lessons to the Leisure World community. I have performed at the White House, Carnegie Hall, Kennedy Center, the Vatican and all over the world. If you are interested, call Diane at (301-977-1776).

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can



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ACTIVITY OPPORTUNITIES

CHAMBER MUSIC. Amateur violinist, member of ACMP, Intermediate + Level, is interested in playing in a string trio, piano trio, or string quartet. 17 years' experience playing in the same amateur group in South Florida. Available daytime and evenings. Richard Labonski, 15320 Pine Orchard Drive, #3H, Telephone (301-598-3407).

DISTINGUISHED FLYING CROSS SOCIETY. The organization's president, Lawrence Goldstein, is a Leisure World resident. He invites any resident who has received the Distinguished Flying Cross to join. Contact Larry (larr914@gmail.com), (301-847-9745).

BOOK CLUB FOR WOMEN — seeking a few “Serious Readers”: 15+ year-old club reads award-winning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss ‘Bethesda Row’ caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10:00 pm. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. E-mail (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability



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2-term Board of Education Vice President

Retired Educator

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Dedicated Community Activist & Leader

Judy Docca for Board of Education

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- * CONTINUING SPECIAL PARTNERSHIPS with Montgomery College, the Universities at Shady Grove and the University of Maryland-College Park.
- * INCREASING HIRING for racial and ethnic diversity.
- * INCREASING SUCCESSFUL SERVICES and fostering low class sizes.
- * REDUCING DISPROPORTIONATE SUSPENSIONS for African American and Latino students.
- * IMPROVING SPECIAL ATTENTION TO SAFETY and security, bullying and cyberbullying.
- * PROVIDING THE MEANS TO INCREASE THE NUMBERS of counselors, pupil personnel workers, psychologists and social workers.

VOTE! Primary Day: November 6
Early Voting: 10/25-11/1

By authority: Friends of Judy Docca, Willbur Friedman, Treasurer

coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

ENGLISH AND MATH TUTORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www.literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

UPCOMING EVENTS

TALK BY MYSTERY AUTHORS Con Lehane and David Swinson at Rockville Memorial Library. Books will be available for sale and signing after the program. The talk will be in the first-floor meeting room of the Rockville Memorial Library, 21 Maryland Ave., Rockville on Saturday, Nov. 3, 2 p.m. Free. Sponsored by Friends of the Library.

"IS ANYBODY LISTENING?" Documentary about one woman's search for ways to bridge the chasms between veterans and non-veterans. Followed by discussion with filmmaker, NAACP officials and veterans. Sign-ups to participate in "Listen to a Veteran" project. Sunday, Nov. 4 at 2 p.m. First-floor meeting room of Rockville Memorial Library, 21 Maryland Ave. Free. Sponsored by Friends of the Library.

JEWISH MUSIC, JEWISH SOUL starring world-renowned Cantor Simon Spiro. Joined by Cantor Arianne Brown, DC's Thomas Circle Singers, and our own Flash Choir & Kolot. Sunday, Nov. 4, 3 p.m., free admission. Powerful Jewish music encompassing various genres and styles. Followed by a wonderful dessert reception in Kay Hall. Adas Israel Congregation, 2850 Quebec St. NW. (adasisrael.org/musicalmoments)

VIRTUAL ADVENTURE to some worldwide destinations. We will be using a Google Expedition Kit, which will allow us to see and learn about some exciting new locations. For adults and seniors. Will include three or four different expeditions lasting about 15-20 minutes each. Space is limited and registration is required: (https://bit.ly/2OGdBic) or (240-777-0240). Twinbrook Library, Thursday, Nov. 8, 1 p.m.

ADOPT, DON'T SHOP: How to Adopt a Pet. Learn about the pet adoption process. The Montgomery County Humane Society will discuss animal welfare and may bring in animals in need of a home. No registration required. Saturday, Nov. 10, 12-1 p.m. Kensington Park Library, 4201 Knowles Ave.

FIND LASTING HAPPINESS through meditation. Learn a simple yet highly effective method to help still our restless mind, achieve a state of lasting happiness and reconnect with our inner source. Free workshop at Kensington Park Library, Tuesday, Nov. 13, 6-7 p.m.

GIVING THANKS FOR OUR NEIGHBORS: You are invited to an evening of interfaith music, scripture and prayers at the Greater Olney Interfaith Unity Service to Give Thanks, on Tuesday, Nov. 20 7:30 p.m. at Shaare Tefila Congregation, 16620 Georgia Ave., Olney. Guest speaker is Marsha Weber of Olney Home for Life, (www.olneyhomeforlife.org). Boy Scouts will collect donations of non-perishables for Olney Help Food Bank. Refreshments will be served afterwards. This annual event is sponsored by the Greater Olney Interfaith Ministerium.

PETS FOR ADOPTION

PEKINGESE PUPS for companion placement. A few pups available 6 months to a year old. All current shots including rabies. Senior Discount \$750.00. Contact Vincent at (Vince817@yahoo.com) for photos.

WANTED

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available

24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755)

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring,

MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

CASH FOR RECORDS, CDs, and tapes. Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@gmail.com). Will make house calls.

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Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
3310 LEISURE WORLD BLVD #830	FAIRWAYS NORTH	Hi-Rise 9+ Floors	2	2	\$267,000	\$257,000	\$0
15101 INTERLACHEN DR #1-409	LEISURE WORLD	Hi-Rise 9+ Floors	2	2	\$194,500	\$185,000	\$0
3435 LEISURE WORLD BLVD #85-1C	LEISURE WORLD	Garden 1-4 Floors	2	1.5	\$124,900	\$124,900	\$0
14809 PENNFIELD CIR #312	LEISURE WORLD	Mid-Rise 5-8 Floors	2	2	\$229,000	\$217,000	\$0
3632 GLENEAGLES DR #8-3H	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	2	1	\$124,900	\$121,000	\$0
3462 GLENEAGLES DR #78-J	MONTGOMERY MUTUAL COOP	Townhouse	2	3	\$155,000	\$155,000	\$0
3423 LEISURE WORLD BLVD #89-1F	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	2	1	\$112,000	\$112,000	\$972
3393 LEISURE WORLD BLVD S #91-D	MONTGOMERY MUTUAL COOP	Townhouse	2	2.5	\$155,000	\$150,000	\$0
3622 GLENEAGLES DR #9-1C	MONTGOMERY MUTUAL COOP	Garden 1-4 Floors	1	1	\$98,000	\$98,000	\$0
3100 LEISURE WORLD BLVD #117	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$249,000	\$249,000	\$0
3113 BECKENHAM CT #254B	ROSSMOOR MUTUAL #11	Semi-Detached	2	2	\$160,000	\$152,000	\$0
3706 FINSBURY PARK DR #51-A	ROSSMOOR MUTUAL #13	Duplex	2	2	\$250,000	\$250,000	\$0
2921 LEISURE WORLD BLVD #1-105	ROSSMOOR MUTUAL #22	Garden 1-4 Floors	1	1.5	\$109,000	\$109,000	\$0
3624 EDELMAR TER #125A	ROSSMOOR MUTUAL #9	Patio Home	2	1.5	\$250,000	\$250,000	\$2,500
3571 FISKE TER #140	ROSSMOOR MUTUAL #9	Patio Home	3	2	\$324,500	\$329,500	\$0
15115 INTERLACHEN DR #412	THE GREENS	Hi-Rise 9+ Floors	2	2	\$179,000	\$170,000	\$0
15101 INTERLACHEN DR #1-303	THE GREENS	Hi-Rise 9+ Floors	2	2	\$214,900	\$214,900	\$0
2900 LEISURE WORLD BLVD #508	TURNBERRY COURTS	Mid-Rise 5-8 Floors	2	2	\$244,400	\$240,000	\$0
3210 LEISURE WORLD BLVD N #609	VANTAGE POINT WEST	Hi-Rise 9+ Floors	2	2	\$309,900	\$301,000	\$1,600
3200 LEISURE WORLD BLVD N #801	VANTGE POINT EAST	Hi-Rise 9+ Floors	3	2	\$475,000	\$465,000	\$1,250



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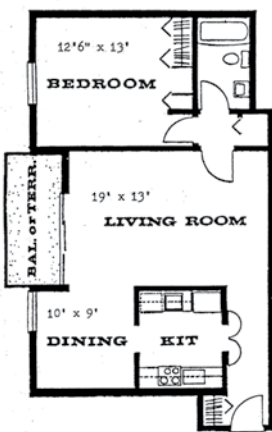
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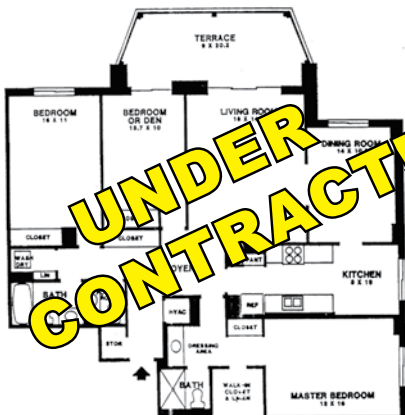


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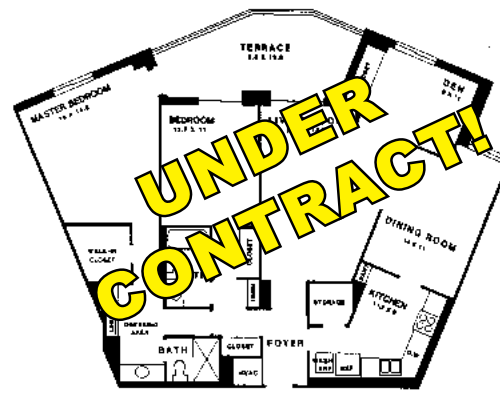
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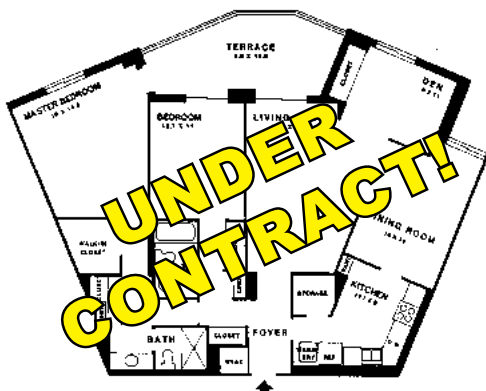
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"P" Model - Fairways - \$325,000
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"K" Model - The Greens - \$249,000
2 BR+ library, 2 FB, 1520 sq. ft. Garage space and storage room. Sold as is.



"G" Model - Overlook - \$259,000
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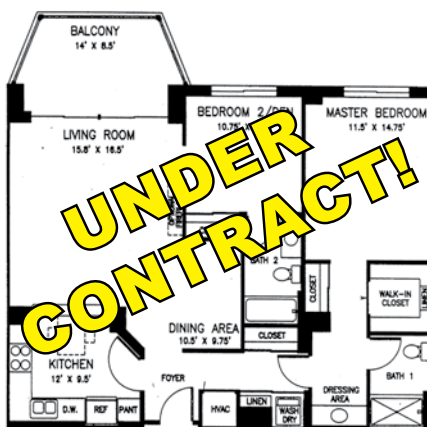
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"C" Model - Overlook - \$259,000
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"F" Model - The Greens - \$189,900
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