Leisure World News

OF MARYLAND

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Alfresco No More



As an Arctic blast settles over Maryland, residents take shelter and order dinner at the Clubhouse Grille on Nov. 12. Photo by Stacy Smith, Leisure World News

Comcast Xfinity to Hold **Third Resident Forum**

by Leisure World News

omcast Xfinity holds a third resident forum on Friday, Dec. 6, from noon-2 p.m. in the Clubhouse I Crystal Ballroom.

All residents are

welcome to attend the tatives from Comcast Xfinity discuss Leisure World's bulk-rate internet and upgraded cable TV service, and to ask questions about their free installation, equipment and more.

the forum. Comcast Xfinity is scheduled to complete installations in phase 5 Leisure World homes this week. To see

Registration is not

required to attend



A Comcast Xfinity representative gives a forum to hear represen- presentation to a packed crowd at the first resident forum in the Clubhouse I Crystal Ballroom on Sept. 3. Photo by Leisure World News

the full installation schedule,

sign in to (residents. lwmc.com) and click on "Comcast" under the Services and Amenities dropdown.

For information about Comcast Xfinity's free demo

events, see page 3 of this publication.

Survey Says

Committee Releases Full Responses to Communitywide Survey

by Stacy Smith, Leisure World News

R esponses from the resident survey, a linchpin of Leisure World's strategic planning for its long-term future, have been compiled and are available for viewing.

The survey, which all residents and non-resident owners were asked to respond to either by mail or online over the summer, gathered demographic information about the community and provided survey responders an opportunity to anonymously share their thoughts on the community's current and future possible amenities and services.

Survey responses were received by 2,724 Leisure World households (more than 3,500 individual residents and non-resident owners), for a response rate of 49.1 percent, according to consultants from George Mason University (GMU) who conducted the survey.

The consultants will do additional detailed analyses over the next few months to determine relationships between data,

such as the number of residents in a particular age group who use a particular amenity, according to the Special Strategic Planning

Committee, which continue to consult with GMU on the strategic planning process for Leisure World.

For the complete survey results, see page 5 of this publication. The survey results are also available to view or download at (residents.lwmc.

Theatre Group's Tech **Committee Seeks** to Expand

by Stacy Smith, Leisure World News

s resident performers Aact, sing and dance their hearts out on the Clubhouse II auditorium's stage tonight, few audience members may notice the crackerjack team working behind the scenes to ensure every note is heard, scene is lit and prop is in place.

Part of that team- Fun and Fancy Theatre Group's all-volunteer tech committee – has helped take the Group's performances to a new level of technical quality in recent years. But although each member has many years of professional experience in various aspects of production, design or broadcasting, together they're still

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For Thanksgiving Day's hours and closings, see page 10.

Committee

only five people, and so they'd like more residents to join them.

'We're looking for people who have any kind of aptitude or remote experience or who are teachable," says Mary Jane Boyle, tech committee member and vice president of the Fun and Fancy Theatre Group.

Equipping the Auditorium

Ever since the tech committee was formalized about a year ago, Boyle and the other four members -Stanley Jones (video), J.J. Boulin (design), Mike Heyman (lighting) and Euclid Coukouma (sound) – have successfully petitioned Fun and Fancy's board to purchase new equipment, such as a dozen LED stage lights – which are "cooler, cheaper to run and all the same color," Jones says – to improve the Group's theatrical productions.

What we used to have to do is take a gel - a thin, colored piece, and go up and stick it in front of the light to get the color on stage," Boulin says. "That's just one color, and of course you can't change it during a show."

But now, Heyman can control the lights in realtime from a lighting booth in the back of the auditorium.





At left, tech committee member Euclid Coukouma demonstrates how he creates sound effects for Fun and Fancy Theatre Group's stage productions. Photo by Stacy Smith, Leisure World News. At right, a rainbow of colors light up the stage during the opening number of Fun and Fancy Theatre Group's recent monthly production, "Color My World." Screenshot by Leisure World News

He recently used the LED lights to create a panoply of colors for Fun and Fancy's September production, aptly named "Color My World."

The new equipment, which also includes a lighting board and more wireless microphones and a better receiver, has enhanced not only Fun and Fancy's productions, but also other events and performances held in the auditorium, according to the committee.

And sometimes making improvements to production quality isn't a matter of purchasing new equipment, but augmenting what is already there, Boyle says.

Heyman added an extra light to a stationary truss, for example, and figured out a way to remotely pan and tilt that one light from the lighting booth, which cuts

down on the need to physically aim and focus the lights before every performance.

From Auditorium to Theater

Boyle believes a major renovation on the auditorium is unlikely to happen for many years, so the tech committee "will continue to propose equipment in bits and pieces and parts that will enhance what goes on [there]," she says.

But the wait on any sort of renovation hasn't stopped the committee from dreaming about what they'd like to see in the future.

The committee wants to have an integrated plan for the auditorium, one in which existing and future equipment work together, Boyle says. Expanding the auditorium to theater-size, with increased stage, wing and scene shop space, is part of that

And although the Committee is looking for residents to join the committee and help implement these long-term goals, it recognizes the need for worker bees – folks willing and eager to help set up and take down equipment after monthly productions.

They admit it can be a thankless job. "Emmy Awards for lighting and sound [are presented] at commercial time," Coukouma jokingly points out.

Still, part of the appeal of working on the tech committee is the element of "make believe," Boulin says. "We're trying to find people to come play with us.'

Residents interested in joining Fun and Fancy Theatre Group's tech committee are asked to email Mary Jane Boyle at (mjboyle999@gmail.

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Leisure World No

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Medical Center Offers Shingles Vaccine

The walk-in flu clinic at MedStar Health medical center's pharmacy also offers the Shingrix shingles vaccine to residents.

Stop into the clinic any time between 9:30 a.m.-4:30 p.m. on a Tuesday to receive the vaccine's first dose, and then schedule your second dose for a later date. Don't forget to bring a photo ID and insurance card.

The Centers for Disease Control and Prevention recommends that healthy adults 50 years and older receive two doses of the vaccine, separated by two to six months, to prevent shingles and the complications from the disease.

– Leisure World News

Comcast Xfinity Holds Demo Events

by Leisure World News

esidents who've already Treceived their Comcast Xfinity installation may register for a free demo event to learn more about COMCAST their XI cable TV



and 4-5:30 p.m. on the following Thursdays: Nov. 21 and Dec. 5 and 19 (The 11 a.m.-12:30 p.m. time slot on Nov. 21 is filled). Attendees will receive hands-on instruction on how to use their

X1 TV voice remote.

Tickets for each event become available beginning the week of that event.

> To register for a demo event, visit the Comcast Xfinity office in the Harbor Room of Clubhouse I.

The office is open Thursday from 10 a.m.-6 p.m. (closed

for lunch from 1-2 p.m.) and on Fridays from 10 a.m.-3 p.m. The office closes on Wednesday, Nov. 27, at 3 p.m. and is closed on Thanksgiving, Thursday, Nov. 28, and Friday, Nov. 29.

Dec. 14: Pro Shop **Holds Holiday Party**

by Leisure World News

▼ is the season to rediscover the joy of golf at the Pro Shop's annual holiday party on Saturday, Dec. 14, from 10 a.m.-4 p.m.

All residents are invited to browse the Shop's athletic wear and accessories as they mingle with friends and enjoy light refreshments and holiday spirits.

Get a jump on your holiday shopping by purchasing stylish and comfortable attire. Free gift-wrapping is included with purchase. Golfers can redeem their News tournament credit by purchasing items.



Photo by Leisure World

Come renew your membership for the 2020 season, try a three-month trial membership, sign up for a golf lesson or bring your family and friends into the game by purchasing an associate membership for someone this holiday season.

For more information, call the Pro Shop at (301-598-1570).

- Center for Lifelong Learning (CLL)
- **■** Computer Learning Center

Outreach Program Seeks Internet-Savvy Volunteers

by Fred Shapiro and Allen Solomon

ow that bulk rate internet service will become a reality for all Leisure World households, the **Computer Learning** Center (CLC) in alliance with the Center for Lifelong Learning (CLL) will soon begin a program

to teach residents how to use

The CLC is looking for active internet-users to work as volunteer tutors to facilitate classes for non-internet users. Using loaner computers, volunteers will teach novice internet users how to use Chrome G-Drive, a file storage and synchronization service that effectively replaces many other computer programs.

Any resident interested in becoming a volunteer is asked to come to the CLC in Clubhouse II to watch a slideshow and complete a form. Volunteers are also asked to attend an informational session about Chrome G-Drive on Tuesday, Dec. 17, at 2 p.m. in Clubhouse I.

Any experienced internet user who uses either Mac or PC computers, iPhone or Android smartphones, tablets or other devices, and is



Technology Committee member Barbara Cronin surfs the internet at the Computer Learning Center. Photo by Fred Shapiro



willing to share their knowledge with other residents is invited to become a volunteer.

Volunteers may enrich the lives of fellow residents immensely by helping them discover the wonders of modern connectivity.

Any resident who would like to be a class participant is asked to come to the CLC in Clubhouse II to fill out a form. Since all households are included in the new bulk rate internet service, it is to the advantage of all residents to take part in this program.

For questions, contact the CLC at (301-598-1306).

For information on all CLL lectures and programs, visit (www.cllmd.com).

Give to Toys for Tots

by Marilyn Chmielewski

W eichert, Realtors is again collecting for the Toys for Tots Marine Corps Reserve program.

As in years past, all types of toys are welcome: games, footballs, models to build, dolls, plush animals, books, coloring books, crayons, paints, Lego items, puzzles and more.

Last year, Leisure World was very



Photo by Leisure World

generous and creative with the gifts given, and residents look forward to the toy drive every year.

A collection box is located at the Weichert, Realtors desk in the Administration Building lobby. The last day to bring gifts is Tuesday, Dec 10.

Internet Speed and Your Electronic Devices

by Arthur N. Popper

With the installation of internet service included in Leisure World's new bulk-rate contract with Comcast Xfinity, many residents are now receiving high-speed internet that is far faster than they previously had. However, some residents may not understand this speed-up and how it can be used.

Many residents may remember that their first introduction to the internet was through AOL or a similar service provider, and that they connected their computers to those services by telephone modems. That connection speed was a (then) fantastic 300 bps, meaning residents could send or receive 300 bits of information per second (about 36 characters per second).

Under the new bulk rate contract with Comcast Xfinity, the internet's download speed (how fast information comes to the user) in each home is at least 400 Mbps – 400,000,000 bits per second, or 50 million characters per second. This speed is needed to download information-rich content, such as episodes of favorite television shows.

The very high speed (approximately 400 Mbps) is at the router (the typically black, tower-shaped "box" that a Comcast Xfinity technician places in the customer's home). But once the Wi-Fi signal leaves the router, its quality and speed are affected by the distance of the router to the device (computer, smartphone, tablet, etc.) and by any physical barriers, such as walls in the home.

The only exception is if the device is connected to the router by an Ethernet cable – something many residents are not likely to use since the device then would have to remain near the router.

As an analogy, when Washington Nationals pitcher Max Scherzer throws a fastball, it reaches maximum rate of speed as it leaves his hand. But then, due to forces such as friction and wind, the ball immediately starts to slow down. The same thing happens with a Wi-Fi signal. The signal degrades over the distance between the source (router) and the device – the greater the distance, the more it degrades.

Speed Test

Also, the internet speed at the device is not the same as at the router because the actual download is controlled by the device's built-in Wi-Fi receiver.

Download speed may differ among devices because of different Wi-Fi receivers in each device. A two-year-old iPhone's download speed may be 300 Mbps, for example, while an older desktop computer's download speed may only be 40 Mbps.

To test a device's speed, go to (https://speedtest.xfinity.com/). Make sure the device is on the Leisure World Comcast Xfinity network and not on another carrier.

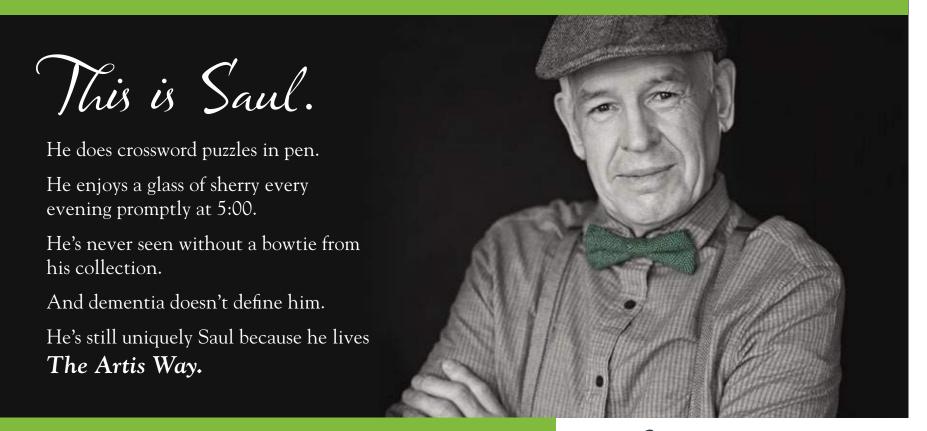
The test will provide the device's download speed and upload speed. The speed of an upload (the user sending a signal to the internet, such as an email or photo) is usually far slower

than the speed of a download. But many residents may not find this to be an issue, as they may be more likely to download large files, such as movies and games, from the internet, rather than upload large files to the internet.

When considering the speed of their devices, residents should first decide if they really need 400 Mbps or something similar at their device – unless they are always downloading very large files, they probably do not need that. If they do need more speed, and their device has a good-enough receiver, they can get advice at (www. xfinity.com/hub/internet/extend-range-of-wifi-network).

The simplest approach is to have Comcast Xfinity move the router to a central location in the home (if the home has the right connections). Residents can also purchase relatively inexpensive devices that can boost the signal in a larger home. Purchasing a new laptop, tablet or other electronic device with a better receiver is also an option.

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Leisure World of Maryland Resident Survey Responses

Responses from 2,724 households (49.1 percent response rate)

The next three and a half pages provide the results of the strategic planning survey that was conducted at Leisure World over the summer of 2019. Surveys were sent to every household in Leisure World as well as to non-resident owners. Each resident in a household was encouraged to submit her/his own responses to the survey. The survey responses were returned to consultants at George Mason University (GMU) and the same group did the initial analysis of the results that are presented here. No one at Leisure World has, or will ever have, access to the survey responses. The survey received responses from 2,724 households (300 over a secure online survey and the rest by mail) for a response rate of 49.1 percent of households.

1) Do you Own or Rent your property at Leisure World (check the appropriate box)?

Rent: 8.2% Non-Resident Owner: 0.2%

Own: 91.6%

2) What were the most important reasons you chose to live at Leisure World? (check all that apply)

| Proximity to family: | 54.8% | On-Site Maintenance & Repair Services | s: 47.5% |
|-------------------------|-------|--|----------|
| Already living in area: | 46.2% | Age Restricted: | 35.6% |
| Proximity to work: | 9.4% | Security (Gated): | 73.2% |
| Affordable housing: | 42.5% | On-Site Medical: | 30.4% |
| Golf Course: | 15.5% | Variety of Housing: | 26.5% |
| Green space: | 36.4% | Social Opportunities: | 39.6% |
| Amenities: | 52.5% | Friends already live in Leisure World: | 24.5% |

3) Does anyone in your household require assistance with daily living provided by someone not in your household?

Yes: 6.7%

4) What is your Age (check one box)?

| <55: 0.6% 55-64: 9.7% | 0.6% | 75-79: | 20.9% | |
|--------------------------|-------|--------|-------|--|
| 55-64: | 9.7% | 80-84: | 18.5% | |
| 65-74: | 29.4% | 85+: | 21.0% | |

5) What is your Gender (identified gender)?

Male: 33.4% Female: 66.6%

6) What is your Race / Ethnicity?

| White (non-Hispanic): | 81.7% | Asian: | 5.9% |
|----------------------------|-------|----------------------|------|
| Black/African-American | | Hispanic (any race): | 2.4% |
| (non-Hispanic): | 8.1% | | |
| Native/Alaskan-American: | 0.1% | More than 1/Other: | 1.6% |
| Hawaiian/Pacific Islander: | 0.2% | | |

7) Do you currently have paid employment? (Please select the best response)

| No (Retired): | 82.3% | Work—Full Time in home: | 0.9% |
|---------------------------------------|-------|--------------------------------|------|
| Work– Part Time in home: | 2.8% | Work—Full Time away from home: | 7.9% |
| \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | / 10/ | | |

Work– Part Time away from home: 6.1%

8) How do you get information about Leisure World events and issues? (check all that apply)

| Leisure World News: | 61.7% | Word of mouth/neighbors: | 34.6% |
|--|-------|--------------------------|-------|
| Newsletters or notices from your mutual: | 49.7% | Leisure World website: | 11.8% |
| Community bulletin boards: | 20.8% | | |

9) How often do you read Leisure World News?

| Every issue, most/all content: | 62.5% | Some issues: | 10.0% |
|---------------------------------------|-------|--------------|-------|
| Every issue, several sections: | 11.9% | Not at all: | 2.6% |
| Every issue, just topics of interest: | 13.0% | | |

10) Do you use email on a regular basis (at least several times per week)?

11) Do you use a Smart Phone for information and communication besides telephone calls?

Yes: 65.6% No: 34.4%

12) Do you use the internet (web), other than for email, on a regular basis?

Yes: 77.9% No: 22.1%

13) How secure do you feel inside your home at Leisure World?

Very secure:84.8%Somewhat insecure:0.8%Somewhat secure:14.1%Very insecure:0.4%

14) How secure do you feel outside your home but on Leisure World grounds?

Very secure: 75.3% Somewhat insecure: 1.5% Somewhat secure: 22.8% Very insecure: 0.4%

15) Are you satisfied with the mobility-related accessibility features at Leisure World?

| | Satisfied | Not Satisfied |
|--------------------|-----------|---------------|
| Clubhouses | 90.7% | 9.3% |
| Sidewalks | 90.7% | 9.3% |
| Parking lots | 87.6% | 12.4% |
| Outdoor amenities | 91.5% | 8.5% |
| General facilities | 95.1% | 4.9% |

16) For this question, please indicate your frequency of use of each amenity over the past 12 months by checking the appropriate box. For seasonal activities, usage refers to in-season usage. For example, playing golf once per month during season is "Monthly."

| | % of Responses | | | | | |
|---|----------------|-----------------------------------|---------------------------------------|---------|--------|--------------------------------|
| Amenity/# respondents | Never | Rarely (once or twice/year) | Occasionally (3-11 times/ year) | Monthly | Weekly | 2 or more times per week |
| Fitness Center 3,484 | 40.7% | 13.7% | 16.7% | 4.7% | 7.3% | 16.9% |
| Golf Course (playing golf) (in season) 3,423 | 85.9 | 4.3 | 3.7 | 1.0 | 1.5 | 3.7 |
| Outdoor Pool (in season) 3,448 | 65.2 | 13.1 | 9.8 | 1.9 | 3.7 | 6.2 |
| Indoor Pool 3,426 | 68.8 | 10.1 | 10.1 | 1.9 | 3.8 | 5.3 |
| Tennis Courts (in season) 3,423 | 94.0 | 2.7 | 1.3 | 0.5 | 0.6 | 1.0 |
| Pickle Ball (in season) 3,418 | 94.6 | 1.9 | 1.3 | 0.4 | 0.5 | 1.3 |
| Craft shops (e.g., woodwork, pottery, etc.) 3,414 | 84.7 | 5.7 | 4.6 | 1.6 | 1.7 | 1.7 |
| On-Site Restaurants 3,530 | 10.3 | 13.4 | 35.0 | 20.2 | 14.2 | 6.9 |
| Auditorium 3,444 | 22.1 | 18.0 | 37.5 | 16.7 | 3.7 | 2.0 |
| Library 3,397 | 53.7 | 19.7 | 16.3 | 5.8 | 2.9 | 1.6 |
| Walking Paths (paved) 3,426 | 22.1 | 10.4 | 19.2 | 7.6 | 11.3 | 29.5 |
| On-Site Leisure World Bus 3,440 | 76.6 | 10.3 | 6.7 | 1.5 | 2.0 | 2.8 |
| Leisure World Dial-A-Ride 3,430 | 91.4 | 3.6 | 2.9 | 0.8 | 0.6 | 0.6 |
| Leisure World Wheelchair Van 3,435 | 98.1 | 1.1 | 0.3 | 0.1 | 0.1 | 0.2 |
| Metro Bus (public transport) 3,426 | 81.2 | 7.1 | 6.7 | 1.9 | 1.4 | 1.8 |
| Open/Green Space 3,325 | 36.4 | 10.4 | 17.6 | 6.3 | 9.4 | 20.0 |
| Computer Center 3,406 | 71.6 | 14.1 | 9.7 | 2.2 | 1.4 | 1.0 |
| On-Site Post Office 3,493 | 20.0 | 19.5 | 35.8 | 15.3 | 6.6 | 2.9 |
| On-Site Credit Union 3,391 | 85.1 | 4.0 | 4.7 | 3.7 | 1.7 | 0.7 |
| On-Site Medical Center 3,510 | 35.2 | 12.3 | 31.9 | 14.3 | 3.9 | 2.4 |
| On-Site Pharmacy 3,467 | 63.4 | 11.1 | 12.9 | 8.6 | 2.5 | 1.6 |

17) Please rate the importance of each listed amenity for Leisure World <u>regardless</u> of how much you use that amenity. Check the appropriate box for each item.

| | % of Responses | | | | | |
|---|----------------|---------------|-----------------------|-----------|-------------------|--|
| Amenity/# respondents | No Opinion | Not Important | Somewhat Important | Important | Very Important | |
| Fitness Center 3,543 | 6.9% | 2.7% | 9.7% | 27.0% | 53.7% | |
| Golf Course (playing) 3,461 | 18.2 | 20.8 | 16.0 | 21.4 | 23.7 | |
| Gated Community 3,504 | 2.2 | 1.1 | 6.5 | 20.6 | 69.6 | |
| Outdoor Pool 3,491 | 9.5 | 9.0 | 17.6 | 29.4 | 34.4 | |
| Indoor Pool 3,488 | 9.6 | 8.2 | 16.3 | 29.0 | 36.9 | |
| Tennis Courts/Pickle Ball 3,440 | 18.4 | 17.4 | 20.8 | 22.7 | 20.6 | |
| Leisure World Staff-Provided Maintenance Services (sometimes called PPD) 3,511 | 2.1 | 3.4 | 11.8 | 25.5 | 57.2 | |
| Crafts (woodwork, pottery, gems) 3,426 | 17.9 | 13.1 | 24.5 | 25.2 | 19.4 | |
| On-Site Restaurants 3,526 | 2.9 | 3.3 | 14.9 | 28.6 | 50.3 | |
| Auditorium 3,505 | 5.6 | 3.2 | 14.5 | 28.3 | 48.4 | |
| Clubhouses 3,512 | 2.3 | 1.0 | 7.4 | 24.9 | 64.4 | |
| Walking Paths (paved) 3,511 | 3.5 | 2.6 | 8.2 | 23.2 | 62.4 | |
| On-Site Leisure World Bus 3,482 | 9.3 | 5.3 | 11.1 | 25.6 | 48.8 | |
| Leisure World Dial-A-Ride 3,461 | 15.4 | 6.9 | 13.3 | 25.8 | 38.6 | |
| Leisure World Wheelchair Van 3,455 | 16.2 | 7.7 | 11.7 | 24.8 | 39.7 | |
| Metro Bus (public transport) 3,460 | 12.6 | 7.7 | 12.8 | 25.7 | 41.3 | |
| Open/Green Space 3,453 | 6.1 | 2.4 | 9.5 | 24.5 | 57.6 | |
| Computer Center 3,468 | 11.8 | 7.3 | 20.4 | 29.8 | 30.7 | |
| On-Site Post Office 3,470 | 4.2 | 7.3 | 17.9 | 29.3 | 41.2 | |
| On-Site Credit Union 3,430 | 19.0 | 19.6 | 18.9 | 20.5 | 21.9 | |
| On-Site Medical Center 3,529 | 4.6 | 3.8 | 9.4 | 24.4 | 57.9 | |
| On-Site Pharmacy 3,498 | 7.3 | 7.0 | 11.9 | 25.1 | 48.6 | |
| On-Site Social Services 3,506 | 9.3 | 5.2 | 12.7 | 26.1 | 46.8 | |

18) Please rate the importance of the following amenities that are NOT currently available at Leisure World but which you think should be added in the future (do not think in terms of cost or timing).

| | % Responses | | | | | |
|--|-------------|---------------|-----------------------|-----------|-------------------|--|
| Amenity/# Responses | No Opinion | Not Important | Somewhat Important | Important | Very Important | |
| Amphitheater/Outdoor Entertainment 3,459 | 16.4% | 32.4% | 26.9% | 15.8% | 8.5% | |
| Shared workspace/business center 3,399 | 25.5 | 39.6 | 21.4 | 10.2 | 3.3 | |
| Lockers for Parcel Delivery 3,421 | 19.6 | 36.5 | 24.3 | 12.2 | 7.3 | |
| Dog Park 3,439 | 18.3 | 32.4 | 22.2 | 15.3 | 11.7 | |
| Miniature Golf 3,429 | 16.2 | 32.9 | 29.1 | 14.0 | 7.8 | |
| Indoor Tennis Courts/Pickle Ball 3,418 | 22.4 | 34.2 | 25.4 | 11.4 | 6.6 | |
| Larger Lap Pool 3,426 | 22.0 | 31.1 | 22.4 | 14.4 | 10.1 | |
| Children's Playground 3,435 | 18.8 | 46.6 | 19.2 | 9.1 | 6.4 | |
| Food Truck parking area 3,428 | 20.2 | 43.6 | 20.9 | 9.6 | 5.7 | |
| Outdoor pool with accessible ramp 3,450 | 17.5 | 16.0 | 25.4 | 23.0 | 18.1 | |

19) How familiar are you with the governance structure of Leisure World? (Note that this does not refer to your mutual) 3,568

Very familiar: 14.8% Somewhat familiar: 55.7% Not familiar: 29.5%

20) How would you rate the effectiveness of the governance structure of Leisure World? 3,540

Very effective:21.3%Very ineffective:6.3%Somewhat effective:37.5%No Opinion:24.0%

Somewhat ineffective: 10.9%

21) Over the past three years, have you been involved in Leisure World governance including the Leisure World Board of Directors and/or serving on an Advisory Committee? 3,561 responses

No/none: 86.4% Three of more groups: 1.7%

One group: 8.5% Two groups: 3.4%

22) Would you want to have Leisure World governance activities (Board of Director and/or Advisory Committee meetings) scheduled at the following times of day: (check all that apply)

As they are currently scheduled Evening (e.g., 7:00 pm): 12.4%

(morning/mid-day): 30.4% No preference: 45.8%

Late afternoon (e.g., 3:00 pm): 8.9% Early evening (e.g., 5:00 pm): 7.6%

23) Leisure World is currently a 55+ active adult community with no facilities for assisted living or skilled nursing care on site. Should Leisure World expand its on-site services? (check one) 3,482 responses

No. Stay active adult only: 52.5% Add skilled nursing facility: 2.4%

Add assisted living facility: 15.2% Add both assisted

and nursing care: 29.8%

Question 24 allowed residents to share any other information about Leisure World that they wished. Since the question was open-ended and was not on a specific topic, it cannot be analyzed statistically. The responses to this question were evaluated by two members of the Special Strategic Planning Committee after the questions had been filtered by GMU to remove the very few survey forms with identifying information. Once analyzed, the forms were returned to GMU. This question was discussed in the November 1, 2019 issue of Leisure World News and the findings will be used to inform focus groups and other planning activities leading up to the final strategic plan.





OUR AMENITIES

- Private rooms filled with sunshine from over-sized windows and skylights
- **24**-hour on-site clinical support from licensed and caring nurses
- ★ Secure courtyards and walking paths
- 🚜 Ornamental koi pond
- Manicured flower and sensory gardens
- Playground for visiting kids

MEMORY SUPPORT PROGRAM

For residents with Alzheimer's or dementia, we offer a special assisted living option with:

- Specially trained memory support staff
- An interactive lifestyle that maximizes choice and independence
- ★ Tailored LIFE® enrichment programming that connects each resident to his or her past
- ♣ Group activities that allow residents to enjoy the outdoors and a thriving social life



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GOVERNANCE & Information

HOLIDAY SCHEDULE

Thursday, Nov. 28, Thanksgiving Day

AdministrationClosed

CLUBHOUSE I

| Education & RecreationClos | ed |
|---|-------|
| (Open Friday, Nov. 29, from 9 a.m6 p.m.) | |
| Eyre TravelClos | ed |
| Rossmoor LibraryClos | ed |
| RestaurantsOpe | n for |
| Thanksgiving Dinner (by reservation only) | |

CLUBHOUSE II

| Education & Recreation | Closed |
|--|-------------|
| (Open Friday, Nov. 29, from 8 a.m8 p.m.) | |
| FISH Desk | Closed |
| Fitness Center | 8 a.m2 p.m. |
| Swimming Pool (Indoor) | - |

OTHER SERVICES

| Golf Course & Pro Shop | 9 a.m2 p.m. |
|---------------------------------------|-------------|
| MedStar Health | |
| MedStar Pharmacy | Closed |
| Physical Properties Department (PPD) | Closed |
| Post Office | Closed |
| Security Gates | Open |
| Signal Financial Federal Credit Union | Closed |

Comcast Office: Closes on Wednesday, Nov. 27 at 3 p.m. and closed all day on Thanksgiving, Nov. 28, and Friday, Nov. 29. **Shuttle Buses:** No shuttle service. Call Main Gate for supplemental transportation.

Trash Collection: No trash or recycling collection. Trash collection will be on the next regular day for your location.

Dec. 9: County Executive Holds Open Forum

by Leisure World News

Leisure World and County Executive Marc Elrich invite all residents to attend

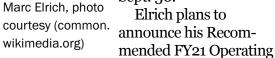
an open forum about Montgomery County's fiscal year 2021 (FY21) operating budget on Monday, Dec. 9, from 1:30-3 p.m. in the Clubhouse I Crystal Ballroom.

The forum is free for all residents, but tickets are required and available beginning Tuesday, Nov. 19, at 8:30 a.m. in the Clubhouse I E&R office (limit two tickets per person).

The forum is the last of a series that Elrich has held throughout Montgomery County to seek input from county residents about budget priorities.

'The best way residents can





Budget on Monday, March 16, 2020, and the County Council is expected to approve the operating budget at the end of May 2020, according to the press release.

Dial 301-598-1313 for recorded Daily Events

2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Due to technical issues, the Leisure World Community Corporation (LWCC) board of directors and executive committee meetings will not be broadcast until further notice. Management is in the process of selecting a new platform on which to broadcast LWCC governance meetings.

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com
- Administration administration@lwmc.com
- Communications communications@lwmc.com
- Education and Recreation recreation@lwmc.com
- Physical Properties physical properties@lwmc.com
- Security security@lwmc.com

Dec. 12: MVA Mobile Office Returns

by Leisure World News

Need to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, Dec. 12. Residents are encouraged to arrive early as wait times may be long.

The van will be located in the



Photo by Leisure World News

Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m. Residents are encouraged to arrive early as wait times may be long.

Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

Dec. 16: AARP Safe Driving Course

by Leisure World News

The E&R Department is sponsoring an AARP Safe Driving Course on Monday, Dec. 16, in Clubhouse I from 9:45 a.m.-3 p.m., with a one-hour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, \$15 for AARP members and \$20 for non-members, is required at the time of registration. (Please note: AARP members must show a current membership card to receive the AARP discount.)

Register in the E&R Office in Clubhouse I beginning at 8:30 a.m. on Tuesday, Nov. 19. The number of participants is limited to 25, so plan to register early.

Participants should bring their driver's license and a pen or pencil to the course. If you have any questions, contact the E&R office in Clubhouse I at (301-598-1300).

GOOD TO KNOW: SNOW PLAN

When the snow begins to fall, residents may wonder where they can find updated information about snow removal, cancellations or other services.

- Call the Daily Events Line at (301-598-1313) for snow-related information, including trash pick-up, bus scheduling and cancellations.
- See channel 972 or (residents. lwmc.com) for snow-removal updates.
- Call the main gate at (301-598-1044) to report stuck vehicles or accidents.
- Call the Grounds Maintenance Department at (301-598-1314) with snow clearance inquiries.

To view the complete snow plan, visit (residents.lwmc. com) and click on the Physical Properties Department folder in the Resource Center.

- Leisure World News

GOOD TO KNOW: MEDICATION RECORDER CARDS AVAILABLE



MedStar Pharmacy

MEDICATION

Photo by Leisure

F ree medication recorder cards, similar to File of Life, are available at the MedStar Health medical center's pharmacy.

Residents are encouraged to pick one up, fill it out and place it on their refrigerator.

In the event of a fire or medical emergency, first responders know to look for it there and can refer to it for the patient's current medication list.

Residents can also fill out another card World News and take it with them to all medical appointments. Remember to update the card(s) as needed.

– Leisure World News

Meeting Preview

The Leisure World Community Corporation board of directors is expected to take action on the following at its regular meeting on Tuesday, Dec. 3:

- revised E&R policies and procedures
- Golf Course Enhancement Plan. A visual representation of the plan is available for viewing in the Administration Building's lobby.

- Leisure World News

Clubhouse Grille Adopts Winter Hours

The Clubhouse Grille restaurant in Clubhouse I is adjusting its hours of operation for the winter months.

Beginning Wednesday, Dec. 4, the restaurant will be open Wednesday through Saturday from 4-9 p.m. The new schedule runs through Saturday, March 14, 2020.

The restaurant will be closed Wednesday, Nov. 27, Friday, Nov. 29, and Saturday, Nov. 30; Christmas week (Wednesday, Dec. 25 through Saturday, Dec. 28); and New Year's Day, Wednesday, Jan. 1.

- Leisure World News

Recent Sales on Pine Orchard

| Status | Address | Price | Settled | BR | ВА |
|--------|---------------------------|-----------|----------|----|----|
| Active | 15316 Pine Orchard Dr #2H | \$162,000 | | 2 | 2 |
| Sold | 15320 Pine Orchard Dr #C1 | \$162,000 | 08/16/19 | 2 | 2 |
| Sold | 15316 Pine Orchard Dr #1G | \$167,000 | 05/21/19 | 2 | 2 |
| Sold | 15311 Pine Orchard Dr #3H | \$169,000 | 09/26/19 | 2 | 2 |
| Sold | 15316 Pine Orchard Dr #1F | \$189,999 | 07/08/19 | 3 | 2 |
| Sold | 15316 Pine Orchard Dr #1A | \$205,000 | 09/06/19 | 3 | 2 |
| Sold | 15320 Pine Orchard Dr# 2F | \$206,000 | 08/11/19 | 3 | 2 |







My listing on
15316 Pine Orchard Drive, #1G JUST SOLD!
If you're thinking about selling, call me for a free consulation!



Deborah Younkers 240-460-9557





MHIC# 36674

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Sherry Felice



Kathy Workman

Berkshire Hathaway HomeServices PenFed Realty 301–924–8200

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Recent Solds "Around the World"!

| Address | Subdivision | Structure Type | Beds | Baths | Asked | Got | Subsidy |
|----------------------------------|------------------------|----------------------|------|-------|-----------|-----------|---------|
| 3310 N LEISURE WORLD BLVD #6-209 | Fairways North | Unit/Flat/Apartment | 2 | 2 | \$247,999 | \$255,000 | \$0 |
| 3378 CHISWICK CT #52-1E | Montgomery Mutual Coop | Unit/Flat/Apartment | 1 | 1 | \$69,000 | \$69,000 | \$0 |
| 3321 S LEISURE WORLD BLVD #98-3A | Montgomery Mutual Coop | Unit/Flat/Apartment | 1 | 1 | \$73,500 | \$73,500 | \$0 |
| 3565 S LEISURE WLD BLVD #21-K | Montgomery Mutual Coop | End of Row/Townhouse | 2 | 3 | \$173,500 | \$173,500 | \$0 |
| 3100 N LEISURE WORLD BLVD #517 | Overlook | Unit/Flat/Apartment | 2 | 2 | \$237,000 | \$235,000 | \$0 |
| 3100 N LEISURE WORLD BLVD #701 | Overlook | Unit/Flat/Apartment | 3 | 2 | \$424,900 | \$420,000 | \$0 |
| 3720 GLEN EAGLES DR | Regency | Detached | 2 | 2 | \$699,000 | \$715,501 | \$0 |
| 14547 KELMSCOT DR #171-A | Rossmoor Mutual #10 | Twin/Semi-Detached | 3 | 2 | \$330,000 | \$320,000 | \$0 |
| 3110 ADDERLEY CT #245-A | Rossmoor Mutual #11 | Twin/Semi-Detached | 2 | 2 | \$195,000 | \$200,000 | \$0 |
| 15033 WESTHOLM CT #274-B | Rossmoor Mutual #12 | Twin/Semi-Detached | 2 | 2 | \$185,000 | \$188,000 | \$0 |
| 4 VANTAGE HILL CT #2-B | Rossmoor Mutual #14 | Twin/Semi-Detached | 2 | 2 | \$374,900 | \$369,000 | \$0 |
| 3511 FOREST EDGE DR #17-1E | Rossmoor Mutual #14 | Unit/Flat/Apartment | 2 | 2 | \$180,000 | \$180,000 | \$2,000 |
| 15311 PINE ORCHARD DR #87-3H | Rossmoor Mutual #19 | Unit/Flat/Apartment | 2 | 2 | \$169,000 | \$169,000 | \$0 |
| 15211 ELKRIDGE WAY #94-2C | Rossmoor Mutual #19B | Unit/Flat/Apartment | 2 | 2 | \$165,000 | \$160,000 | \$0 |
| 2921 N LEISURE WORLD BLVD #427 | Rossmoor Mutual #22 | Unit/Flat/Apartment | 2 | 2 | \$134,200 | \$131,550 | \$2,500 |
| 2921 N LEISURE WORLD BLVD #108 | Rossmoor Mutual #22 | Unit/Flat/Apartment | 2 | 2 | \$120,000 | \$110,000 | \$0 |
| 15100 INTERLACHEN DR #4-114 | The Greens | Unit/Flat/Apartment | 2 | 2 | \$219,000 | \$215,000 | \$0 |
| 15100 INTERLACHEN DR #4-118 | The Greens | Unit/Flat/Apartment | 2 | 2 | \$299,900 | \$292,900 | \$0 |
| 15107 INTERLACHEN DR #2-202 | The Greens | Unit/Flat/Apartment | 1 | 1 | \$124,900 | \$119,000 | \$2,034 |
| 15107 INTERLACHEN DR #2-701 | The Greens | Unit/Flat/Apartment | 3 | 2.5 | \$229,999 | \$222,500 | \$0 |
| 15115 INTERLACHEN DR #3-509 | The Greens | Unit/Flat/Apartment | 3 | 2.5 | \$288,000 | \$279,000 | \$350 |



15310 Beaverbrook Court, #89-1B

1 Bedroom, 1 Bath Rental with patio! All utilities included & 1 reserved parking space!



3449 Chiswick Court, #75-1F

2 Bedroom, 1 full bath condo with plenty of closet & storage space! Reserved parking!



3394 Chiswick Court, #49-D

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Please Join Friends, Neighbors and
Community Leaders, including Prince George's
County Executive Angela Alsobrooks,
and the D19 Team: Delegates Bonnie Cullison,
Charlotte Crutchfield and Vaughn Stewart
for

a Hors d'oeuvre Reception in Honor of the Hardest Working Legislator in Annapolis

State Senator Ben Kramer

Thursday, November 21, 2019 5:30PM-7:00PM

at

Crystal Ballroom, Clubhouse 1

RSVP by Monday, November 18, 2019 (301) 236-9411



Ben Kramer is working to improve the lives of Maryland's Seniors

BEN KRAMER has passed more than a dozen bills to protect Maryland's seniors and to help them age in place.

That is why Ben is the <u>only</u> legislator to have been honored by the Maryland Commission On Aging for his dedication to helping our seniors.

- ★ Ben created Maryland's Silver Alert which has been used hundreds of times to help find missing seniors, who suffer from cognitive impairments, and return them home to their loved ones.
- ★ Ben made Maryland the first state to criminalize the use of "undue influence" to take money and other assets from seniors. Since its passage, many con artists and scammers have been successfully prosecuted and sent to jail.
- ★ Ben sponsored the bill to make banks mandatory reporters of suspected financial exploitation and to require bank employees to be trained to spot exploitation. This law has successfully stopped scammers from ripping off our elderly.
- Ben passed the law to make Maryland the only state to create a "senior call-check and notification system." This free program will permit anyone, 65 and older, to receive a daily call to check in on their well-being. This voluntary program will also provide information about impending weather hazards and notify participants about the latest scams being perpetrated on our seniors.

Political campaigns are expensive, therefore, campaign contributions are appreciated and joyfully accepted.

If you choose to do so, please make checks payable to:

Friends of Ben Kramer, 704 Cloverly Street, Silver Spring, MD 20905

By Authority: Friends of Ben Kramer, Cynthia Craven, Treasurer.

THOUGHTS & OPINIONS: From Our Residents

A Few Things to Remember

Relevance: Make sure that your submission is relevant to the LW community as a whole and not to just

one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

Brevity: Being concise will ensure that your opinion will have maximum impact.

Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but

only if the facts are accurate.

Ownership: All submissions are subject to editing but you

will have the opportunity to approve the edits

before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.

THE GOLF COURSE: ANOTHER VIEW

The Nov. 1, 2019 issue of L the Leisure World News reports initial findings of the community survey, which included "golf course (for playing golf)" as one of the amenities that received the lowest scores.

I think this finding is based

on a misguided question, resulting in a biased finding against the golf course.

By listing the golf course as "golf course (for playing golf)," the survey completely ignores the many benefits the golf course provides to the Leisure World community such as higher property value, aesthetic enjoyment, improved drainage, manicured green space and more. All of these benefits are enjoyed by non-golfers as well as golfers.

If the golf course in the survey question were listed realistically as "open/green space including golf course," the golf course may well have been selected as one of the "most used" amenities.

- Semoon Chang

STATISTICAL DATA ON POPULATION'S **AGE**

wish to comment on the recent initial Special Strategic Planning Committee survey results as analyzed by the research team from George Mason University as published in the Nov. 1, 2019 edition of Leisure World News. As a former health analyst, I'm always conscious about the publication of statistical data. One of the data points that was published was Age, and the article listed four age categories and their respective statistical

responses from the survey.

The article stated, "By all statistical measures, [3,500+ responses] is sufficiently high to validate the survey both from the standpoint of number of households and individuals responding." Two things stood out for me in the Age category breakout: 1. There was no 55 to 64 years old category since a person has to be at least 55 years old to be a permanent resident of Leisure World; and, 2. There was no "average age" analysis.

I was recently asked by someone, What is the average age of the residents living at Leisure World?, and I didn't have an answer for this person; yet, the initial survey findings published age categories that did not state an average, median or modal age.

"Sixty-four years old or younger" is meaningless for me because younger could go as far as one year old. From a return rate of 49.1 percent, what was the average age of 2,724 households and what was the average age of 3,500 individual residents and non-resident owners?

Finally, if you add the total responses from the published initial survey you get a total of 97.55 percentage points; but what happened to the "other" 2.45 percentage points? Shouldn't 2.45 percent be categorized as "Other," and "Other" explained or identified? In



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ation and Burial Costs in Washington Metro Area can be very confusing. Oftentia

other cremation providers quote a low upfront price, but they do not provide you with the total cost. There may be hidden add on charges after you have chosen to utilize their services. Integrity and honesty insures a positive experience for all involved which is why we have created our "No Hidden Fee Guarantee" package plans. We guarantee that

the price we give you over the phone or you see on this site, will be the price that you will pay. See comparison chart on our website www.valuechoicebrand.com.*If the death occurs in Maryland.

SUBMITTING AN ITEM **TO THOUGHTS & OPINIONS**

- 1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
- 2. Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- 4. LW News cannot guarantee when or if a submission will be published.
- 5. To view the full Leisure World News Guidelines, sign in to (residents. lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

Operating out of Sagel Bloomfield Danza

the Gender category, female (66.6 percent) and male (33.4 percent) gives a total of 100 percentage points. Why the disparity in statistical percentage points in the Age category?

- Stan Crocker

'LET US VOTE' RESPONSE

t present a mutual's residents appoints a member to the Leisure World Community Corporation (LWCC) board of directors. It has been proposed that the LWCC board of directors members be elected by a direct vote. I disagree.

Leisure World has 5,660 units. The 34 LWCC board of directors members represent as few as seven units in Mutual 6A or as many as 332 units in Mutual 21, **Turnberry Courts:**

- 26 Most Mutuals have 1 director
- 2 The Greens I (20A) has 500 units and 2 directors
- 2 The Greens II (20B) has 460 units and 2 directors
- 4 Montgomery Mutual has 898 units and 4 directors =34 total directors

The needs of Mutual 6A's seven owners are different from those of a high-rise. With general elections, it is likely that Mutual 6A would be under-represented and that the residents of the larger

mutuals would be over-represented.

For example, there are two ways people pay for electricity in Leisure World. How would everyone's needs be met if most directors lived in one type of mutual?

- Master Meter 2,323 units, 41.0 percent, paid to the mutual
- Unit Meter -3,127 units, 55.2 percent, owners pay directly
- Mixed 210 units, 3.7 percent. Mutual 19B has a mix of master and unit meters

Potential directors would have to

campaign for the votes of more than 8,000 residents. That would mean enduring many weeks of ads, posters and phone calls.

Some people are active within Leisure World, but many people do not know their neighbors. How can they know who is competent and who is merely marketable?

We trust our mutual boards to run their corporations. We should be able to trust them to appoint a mutual resident who is best equipped to help run Leisure

- Robert Morrisson

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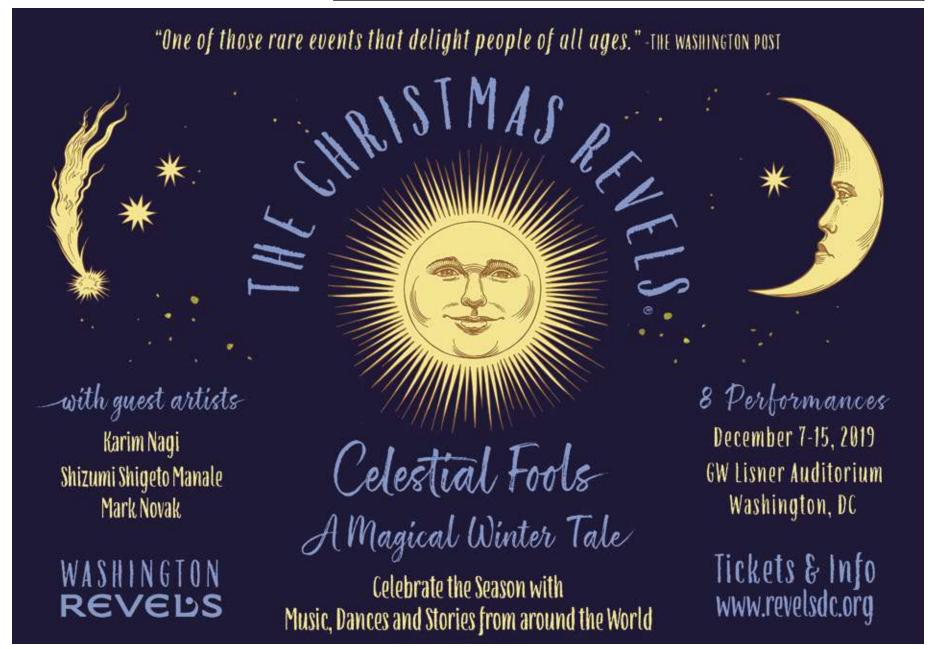


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EVENTS & Entertainment

■ Education and Recreation Department

Nov. 16: Do Your Holiday Shopping at the Arts and Crafts Bazaar

The E&R Department's annual Holiday Arts and Crafts Bazaar is scheduled for Saturday, Nov. 16, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom.

Start your holiday shopping right here in your own community. All vendors are Leisure World residents who are selling a variety of gift items – original, new and perfect for the holidays.

Reminders to Vendors

Fair vendors may begin bringing in their merchandise at 8 a.m. The market opens to the general public at 9:30 a.m.

Vendors are reminded that they must remove all unsold merchandise and debris (boxes, hangers, wrapping materials, etc.) when they leave.

Individuals and organizations are responsible for the collection and payment of sales tax. You may obtain this sales tax license from the Maryland State Department of Assessments and Taxation at (taxes.mary landtaxes.gov/Business_Taxes/Business_Tax_Types/Sales_and_Use_Tax/).

■ Sock Hop Group

Nov. 30: Sock Hop Dance

by Abigail B. Murton

The next sock hop dance is on Saturday, Nov. 30, from 7-10 p.m. in Clubhouse II.

The price of admission is \$5. Sodas and water are provided, but participants can bring their own beverages and snacks. "Take Two Entertainment" will provide great dance music.

Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).

New Year's Eve Party

Tickets for the New Year's Eve party and dance on Tuesday, Dec. 31, featuring

Take Two Entertainment will be on sale at the Nov. 30 dance. Tickets are \$10 per person, cash only.

The party will be held from 8 p.m.-12:30 a.m. and will include food,

dancing and a champagne toast at midnight.

Residents may also purchase tickets by emailing John at (jwm503@hotmail. com).

Musical Performances at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make reservations for the Holly Ball or New Year's Eve celebration, call (301-598-1330). A \$5 cover charge applies for the Nov. 20 and 27 performances only.

Nov. 20 The History of Elvis Live

Nov. 27 Michael Binder and Swing'N On A Star

Dec. 7 Holly Ball in the Clubhouse I Crystal Ballroom with Michael Binder and Swing'N On A Star

Dec. 31New Year's Eve celebration in the Clubhouse I Crystal Ballroom with "Sax with Mike" Surratt

■ Ballroom Dance Club

Nov. 23: Dance to the Music of The Tony Luciano Band

by Joyce Hendrix

The Club's last dance of the season, featuring the favorite Tony Luciano Band, is held on Saturday, Nov. 23, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Doors open at 7:15 p.m.



To attend, make reservations with Hal Freeman by emailing him at (bobbinhal@aol.com) or calling him at (301-438-7513) no later than Thursday, Nov. 21.

Suggested attire for the dance is dressy for the ladies and jackets and ties for the gentlemen – no jeans, hats or tuxes required.

Members pay \$10 to gain admittance, and guests and non-members are admitted for \$15 each. If paying by check, make it payable to LWBDC.

Make reservations; put on your dancing shoes and come dance with us.

■ Education and Recreation Department

Nov. 30: Wind Song Trio Performs Classical Music

Wind Song, a classical trio comprised of Nancy Genovese on clarinet, Amy Rothstein on piano and Caroline Brethauer on viola, will perform on Saturday, Nov. 30, at 4:30 p.m. in the Clubhouse II auditorium.

The three have been performing together for several years and have performed for Washington, D.C.'s, Friday Morning Music Club, at The Lyceum in Alexandria Virginia, and at the Old Town Hall in Fairfax, Virginia, among other area locations.

The trio's repertoire includes audience favorites such as Mozart's trios and selections from Schumann's "Fairy Tales."

Tickets for this performance are \$9 and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

About the Performers

Genovese is a graduate of Curtis Institute of music and records for Boston Records. She performed with the National Symphony for about 25 years. Prior to that she was with the Kansas City Philharmonic.

Rothstein received her bachelor's degree at Oberlin Conservatory of Music and her master's from the Manhattan School of Music. In addition to solo recitals in the Baltimore-Washington area, she has performed chamber music at Strathmore among other venues.

Brethauer has performed with the Southwest Chamber Players of Pasadena, California, the Rock Creek Chamber Players of Bethesda, Maryland, and is currently a member of the Capriccio String Quartet.

Dec. 8: A Tribute to The Platters Holiday Concert

The E&R Department and the Foundation of Leisure World bring Galaxy Entertainment's "A Tribute to The Platters" to Leisure World on Sunday, Dec. 8, for two performances. Showtimes are at 4:30 p.m. and 7 p.m. in the Clubhouse II auditorium.

The show will include hit after million-selling hit, all topped off with some timeless



holiday classics. Some of the great Platters hits from the '50s and '60s include "Only You (and You Alone)," "The Great Pretender," "Harbor Lights," "Twilight Time" and so many others.

Tickets for this special holiday tribute to The Platters are \$15 per person and are on sale at both clubhouse E&R offices. Please bring your Leisure World ID.

About The Platters

In 1953, Herb Reed put together a vocal quartet that he would later name The Platters. By 1954, three members of the quartet had been replaced and a female vocalist had been added.

The addition of a female to an all-male group broke a long-held gender divide in vocal groups. The quintet's A Tribute to the Platters, courtesy photo recording of "Only You (and You Alone)" would become the first of many hits the group would go on to record.

The Platters broke many of the barriers African-American vocalist and musicians

> faced and became one of the preeminent doo-wop groups of the rock 'n' roll era. The group was inducted into the Rock & Roll Hall of Fame in 1990 and

into the Vocal Group Hall of Fame in 1998. "Only You (and You Alone)" was recognized as a song of the century by

the Grammy Hall of Fame in 1999 and, in 2002, the same recognition was bestowed on "The Great Pretender."

About the Foundation

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at (foundation@lwmc.com).

■ Fireside Forum

Dec. 1: Challenges and Prospects for the U.S. and Asia

by Jonas Weiss

n Sunday, Dec. 1, Ambassador Pradeep Kapur will address the rising economies of Asian nations and how these changes in the global economic landscape will affect the U.S.

A recent report predicts that China will overtake the U.S. as the world's top economy by 2020, and India's economy will surpass the U.S. by 2030. Kapur will discuss the current and evolving economic, political, security and strategic Pradeep Kapur, courscenarios in various parts of Asia.

Kapur is a former foreign service officer and a senior diplomat from India. He is currently a visiting professor at the School of Public Policy at the University of Maryland.

Previously he was Ambassador of India in Cambodia and in Chile. He also served as Secretary in the Ministry of External Affairs in India.

The program is at 2:30 p.m. in the Clubhouse II auditorium. Fred Shapiro is the host for the speaker.



tesy photo







PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.

Dec. 11: Celebrate the Holidays with the Olney Concert Band

n Wednesday, Dec. 11, at 7:30 p.m., the Olney Concert Band (OCB) returns to perform a holiday concert in the Clubhouse II auditorium. The band will play seasonal favorites, as well as other concert pieces, that will put you in the holiday spirit and also appeal to your children and grandchildren.

From lovely arrangements of well-known Christmas carols by Gustav Holst and Jared Barnes to a jazzy rendition of "It's the Most Wonderful Time of the Year," the joyous holiday traditions are well celebrated. Rounding out the program are a rousing march called "They're Off!," a set of variations on the theme song from the world-renown Interlochen, Michigan music camp, and a medley of selections from "Aladdin."

This concert will entertain you and the whole family, so get your tickets now! Presented by the E&R Department, tickets are \$6 per person and are on sale at both clubhouse E&R offices. Please bring your Leisure World ID.

OCB offers a challenging outlet to local musicians of all ages (from high school to long-retired adults) from throughout the region

who enjoy the thrill of making music together and performing for the community. OCB provides entertainment and exposure to the arts and forms an integral part of the program at community festivals, celebrations and charity events. It prides itself in performing a wide range of musical styles so that audi-



Olney Concert Band, courtesy photo

ence members of all ages and backgrounds can experience a personal connection to the performance.

This holiday season concert is one that the band members really enjoy performing. So be sure to get tickets for yourself, family and friends for a truly enjoyable way to celebrate holiday musical traditions.

■ Education and Recreation Department

Dec. 19: Local School Jazz Band Performs Holiday Favorites

The St. John's Episcopal School Jazz Band and Musical Theater are delighted to return to Leisure World with a holiday concert on Thursday, Dec. 19, at 10 a.m. in the Clubhouse II auditorium.

Sponsored by the E&R Department, this holiday performance is free, but registration is required. Drop by the Clubhouse I E&R office or call (301-598-1300) beginning on Tuesday, Nov. 19, at 8:30 a.m.

The students of St. John's Episcopal School hope you will come and be a part of their holiday celebration!



■ Education and Recreation Department

Dec. 15: 'Nutcracker Night'



Akhmedova Ballet Academy, courtesy photo

On Sunday, Dec. 15, at 2:30 p.m. in the Clubhouse II auditorium, the Akhmedova Ballet Academy (ABA) reprises its magical "Nutcracker Night," an entertaining performance for all ages.

ABA's professional training program students will present some of the most famous dances from the "The Nutcracker" ballet that are sure to enchant. The ABA dancers will also showcase original classical masterpieces, new contemporary choreographies and character folk dance.

Located in nearby Silver Spring, Maryland, the ABA is dedicated to providing the finest quality ballet training for young dancers, preparing them to take their places in major ballet companies.

Sponsored by the E&R Department, tickets for the performance are \$12 per person and available in both clubhouse E&R offices. Please bring your Leisure World ID.

Nov. 20: 'Woman at War'

by Marybeth Ardike

W Green presents the provocative **⊿**and highly acclaimed film "Woman at War" (2018, 1 hour 41 minutes, adventure/comedy/drama, not rated) on Wednesday, Nov. 20, at 7 p.m. in the Clubhouse II.

The film "strikes a near-perfect balance between delivering a character study, an urgent environmental and societal message, and some good old-fashioned entertainment through a genuine and warm tale of one woman's stubborn efforts to be on the right side of history," according to film critic Roger Ebert's website.

"Woman at War" was a New York Times Critic's Pick and scored 97 percent on the film rating website,

Rotten Tomatoes. A thought-provoking film, it has stirred a bit of controversy since its release.

A discussion will follow the film: What actions are justified, when, by whom and for what cause?

Admission is free and all residents are welcome to attend. Tickets and/or reservations are not required.



Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

| Show Date & Time | Movie | Tickets Available | | |
|-------------------------------|-----------------------------------|--------------------------|--|--|
| Nov. 21, 1 p.m. | Can You Ever Forgive Me? | LIMITED | | |
| Dec. 19, 1 p.m. | The Nutcracker in the Four Realms | Nov. 26 | | |
| Dec. 29, 2 p.m. | Ben is Back | Dec. 10 | | |
| Movies are subject to change. | | | | |

Movies are subject to change.

Coming in 2019

The E&R Department is pleased to provide the following programs.

Holiday Arts and Crafts Bazaar Nov. 16, 9:30 a.m. Wind Song Classical Trio Nov. 30, 4:30 p.m.

The Platters Tribute Dec. 8, 4:30 p.m.

Dec. 8, 7 p.m. The Platters Tribute

Dec. 11, 7:30 p.m. Olney Concert Band Holiday Concert Dec. 15, 2:30 p.m. Akhmedova Ballet Academy – "Nutcracker

Night"

Dec. 19, 10 a.m. St. John's Episcopal School Jazz Band

> Watch Leisure World News for more information on these and other upcoming programs throughout the year.

CHECK THE DIRECTORIES

ooking for a club or committee meeting? Check the electronic directories in the clubhouse lobbies to find the time and location of that day's meetings.

The directories also offer alerts and headline news.

■ LW LGBTQ Alliance

Nov. 23: 'To Wong Foo, Thanks for **Everything! Julie** Newmar'

by Mike LaPoint

The LW LGBTQ Alliance shows L the film "To Wong Foo, Thanks for Everything! Julie Newmar" (1995, 1 hour 49 minutes, comedy/ drama, rated PG-13) on Saturday, Nov. 23, at 7 p.m., with the location to be determined.

The film stars Wesley Snipes, Patrick Swayze and John Leguizamo as three New York City drag queens who embark on a road trip to Hollywood to compete in the "Miss Drag Queen of America Pageant."



This period comedy follows the adventures and misadventures of the trio as they encounter various situations and people across Middle America. It is sure to be a fun film with lots of laughs.

All residents are welcome to join Club members for the showing. Appetizers and desserts will be available.









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■ New Yorkers and Friends Group

Dec. 13: 'Tootsie'

by Linda Mahler

The New Yorkers and Friends Group hosts a New York-style bagel brunch and a showing of the movie, "Tootsie" (1982, 1 hour 56 minutes, comedy/drama/romance, rated PG) on Friday, Dec. 13, at 11:30 a.m. in Clubhouse II.

This hilarious and romantic film starring Dustin Hoffman is about a New York actor whose reputation for being difficult forces him to adopt a new identity as a woman in order to land a part in a daytime drama.

Come join the Group for a delightful and nostalgic film and get better acquainted with fellow New Yorkers and Friends.

The cost to attend this event is \$5 for Group members and \$7 for prospective members and guests.

To attend, mail a check, payable to New Yorkers and Friends Group, to Esther Goldstein at (15000 Pennfield Cir., #302, Silver Spring, MD 20906) by Tuesday, Dec. 3. Esther is available at (301-847-9215).



Thursday Afternoon at the Movies

Dec. 19: 'The Nutcracker in the Four Realms'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the Clubhouse II auditorium.

On Dec. 19, the presentation is Disney's "The Nutcracker in the Four Realms" (2018, 1 hour 39 minutes, family/adventure/fantasy, rated PG for some mild peril).

Free tickets, limit two per person, are required and can be obtained beginning on Tuesday, Nov. 26, at 8:30 a.m. in either clubhouse E&R office. Please bring your Leisure World ID.

Adapted from the short story "The

Nutcracker and Mouse King" written by E.T.A. Hoffmann in 1816, the film features opulent costumes and scenery. Clara (Mackenzie Foy) must wend her way through three realms, and then, along with a soldier named Philip (Jayden Fowora-Knight), brave the Fourth Realm and the tyrant Mother Ginger (Helen Mirren) to retrieve the key that will open a box her late mother left her.

The film also features Morgan Freeman as Uncle Drosselmeyer and Keira Knightley as the Sugar Plum Fairy.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.





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Clubhouse Grille Winter hours

Dec. 4, 2019 through March 14, 2020 Wednesday – Saturday 4 p.m.–9 p.m.

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Christmas week Dec. 25-Dec. 28

New Year's Day Jan. 1, 2020



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Clubhouse Grille Hours: Tues. - Sat.: 4 p.m. - 9 p.m. through Dec. 3

Stein and Terrace Room Hours: Sunday: $9:30 \text{ a.m.} - 8 \text{ p.m.} \mid \text{Mon.} - \text{Tues.} : 9 \text{ a.m.} - 8 \text{ p.m.} \mid \text{Wed.} - \text{Sat.} : 9 \text{ a.m.} - 9 \text{ p.m.}$ For Clubhouse Grille Reservations, call $301-598-1330 \mid \text{For Stein}$ and Terrace Room reservations, call 301-598-1331

HEALTH & Fitness

Nov. 19: Medical Center **Hosts Welcome Event**

The MedStar Health medical center hosts a welcome event on Tuesday, Nov. 19, from 2-4 p.m. at the medical center, located at 3305 Leisure World Boulevard.

The event includes an in-depth tour of the facility, presentations regarding



resources and services in and surrounding the building, light fare, giveaways and a chance to ask questions at tables set up in the building's conference/break room.

The welcome event is free for all residents. Stop by and rediscover what the medical center has to offer!

– Leisure World News

■Stroke Support Group

Nov. 19: Group Shows Stroke Support Documentary

A TEACHABLE MOMENT

by Amy Boltz

¬he Stroke Support Group . meets monthly on the third Tuesday of the month

from 1-3 p.m. in Clubhouse II.

Educational programs by healthcare professionals address issues relating to stroke prevention and rehabilitation as well as other wellness topics. Peer support group discussions enable

stroke survivors and their family members and caregivers to learn from and inspire each other. Meetings are free and open to the community.

On Tuesday, Nov. 19, from 1-2 p.m., the Group's program is a showing of "A Teachable Moment" (2018, 1 hour 4 minutes, documentary, not rated). The film follows four local stroke survivors as they and their spouses recover from the effects of a stroke in

the family.

Interspersed between their inspiring stories are vitally important facts about strokes, such as types and cause, risk

> factors that can be controlled, signs and symptoms and the urgent need to call 911 if you suspect someone is having a stroke.

Time lost is brain lost, so getting to a certified stroke hospital fast can save lives and reduce disabilities.

This program should be of interest to everyone, because life-altering strokes can happen to anyone.

Following this program, the helpful peer support group for stroke survivors and their family caregivers will meet for a sessions from 2-3 p.m. Light refreshments will be provided.

To RSVP for this meeting or for more information, contact president Amy Boltz at (1-248-652-0304).

■ Cannabis 101 Club

Nov. 22: Medical Cannabis – a Therapeutic **Option for Seniors**

by Carminetta Verner

ith medical cannabis dispensaries opening up almost everywhere in the area and CBD being sold in grocery stores, residents may be wondering, "Is medical marijuana right for me?"

To help answer that question, the Cannabis 101 Club sponsors a seminar by Dr. Matthew

Mintz, who has been consistently nominated as one of Washingtonian Magazine's Top Docs since 2012. The seminar is on Friday, Nov. 22, at 2 p.m. in the Clubhouse I Crystal Ballroom.

The event is free, but tickets are required Dr. Matthew Mintz, and available in the courtesy photo Clubhouse I E&R office.

All residents and their guests are welcome to attend.

The marijuana or cannabis plant has more than 100 different biologically active compounds that can affect the body. The two main ingredients are THC and CBD. THC is the psychoactive component in marijuana that, at increased doses, can make patients feel uplifted, relaxed, euphoric or even intoxicated ("high"), as well as sedated or sleepy.

Hemp CBD does not have these psychoactive properties. The marijuana plant contains both THC and CBD, each of which can help with a variety of conditions, according to (www. webmd.com).

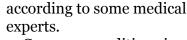
CBD has anti-inflammatory and anti-anxiety properties even when used on its own. CBD can be extracted both from marijuana and a plant related to marijuana called hemp. Hemp has virtually no THC, so it is legal in most states and can be purchased online and in some stores without

going through any certification process.

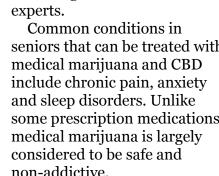
However, because hempbased CBD is not regulated by the FDA, consumers must be very careful that they are getting a high quality, full-spectrum, third party-verified product.

As people get older, they tend to accumulate a variety of ailments. It's not uncommon

for seniors to be on a variety of medications, all with potential side effects and interactions. Medical marijuana and CBD are natural treatments for a variety of conditions that, if used correctly, may have few side effects and few interactions with other medications,



seniors that can be treated with some prescription medications, non-addictive.



About the Presenter

Mintz is board-certified in internal medicine and has been in practice for over 22 years. After serving as full time faculty for 20 years at The George Washington University School of Medicine, Mintz started a private internal medicine and primary care practice in Bethesda, Maryland.

He is a Fellow in the American College of Physicians and has been a principal investigator for several research projects.

For additional information, contact Carminetta Verner at (630-699-1629) after 10 a.m.



■ Compassion and Choices of Leisure World

Dec. 2: Learn About **Emergency Medical** Services

by Rosalind Kipping

ompassion and Choices holds its next meeting on Monday, Dec. 2, at 2 p.m. in Clubhouse I.

Jim Resnick, Senior Outreach and Education Department of the Montgomery County Fire and Rescue Service (MCFRS), will present a program about emergency medical services, with assistance from Captain Jamie Baltrotsky, MCFRS emergency

medical services officer.

Learn about what happens when a person calls 911, the training medics receive, standard procedures for care and where medics take a person and why. A Q&A will follow the presentation. Get all your questions answered and get comfortable with 911.

Information on a wide

variety of end-of-life issues is always available on the resource tables. Come early to review materials and take away whatever you find



Jim Resnick, photo courtesy Montgomery County Fire and Rescue

About the Group

All meetings of Compassion and Choices are open to the entire Leisure World community and their guests. Everyone is always welcome.

Annual dues are \$5. The Group's new fiscal year

began on Oct. 1. To renew a membership or to become a new member of the Compassion and Choices of Leisure World, bring \$5 to the Dec. 2 meeting and receive a Compassion and Choices shopping sack.

Rosalind Kipping is available at (rozkipping@comcast. net) or (301-598-4171).

useful.

to sign up for this free presentation at the Clubhouse I E&R

Reyes developed the AIDDA program to bring awareness and education to this issue while providing resources to loved ones of those with these conditions.

The AIDDA program has trained all incoming police recruits about the issues that differently-abled citizens face, as well situations an officer might encounter. Reves has also trained Ride On drivers, staff at hospitals and group homes, and all Montgomery County Public Schools bus drivers.

■ Lions' Vision Support Group

Spreading Awareness of Eye-related Diseases

by Larry Cohen

ovember is Diabetes Awareness Month. Type 1 and Type 2 diabetes increase the chances of many negative health implications, including vision loss, according to an article in the latest Prevention of Blindness newsletter.

Having diabetes doubles the chance of developing glaucoma and makes a person two to five times as likely to develop cataracts. Diabetic retinopathy, the major eye disease related to diabetes, is a major cause of cataracts at an early age and is the leading cause of new cases of blindness in adults.

More than one third of Americans with diabetes have at least some stage of the

disease (4.2 million adults). African-Americans and Mexican-Americans are at the highest risk, especially for advanced stages (three times and two times, respectively).

Theater Outing

The Lions' Vision Support Group will not meet in December. The Group has

decided instead to go to the Olney Theatre Center to see an audio-described version of "Singing in the Rain" on Wednesday, Dec. 11 at 8 p.m. If interested, call the Theatre's box office at (301-924-3400) for the availability of seats.

If interested in obtaining more information about the Lions' Vision Support Group, contact Larry Cohen at (908-770-9111) or (Topops@aol. com).



■ Health Advisory Committee

Dec. 5: Police Officer **Discusses Outreach** Program

by Sandra McLeskey

on't forget to sign up to hear officer Laurie Reyes of the Montgomery **County Police Department** talk about her award-winning program, Autism, Intellectual, **Developmental Disabilities** and Alzheimer's Outreach Program (AIDDA) on Thursday, Dec. 5, at 1:30 p.m. in Clubhouse I.

Her presentation will include literature and advice for caregivers of potential wanderers to either prevent wandering or to facilitate finding them after a wandering episode. Residents are asked



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From left: Kathryn Balestino-Estes, AuD., Dr. Heather Schwartzbauer, M.D., Allyson Bull, AuD., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrosniak, M.D.

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■ FISH (Friends in Sickness and Health)

Borrow from FISH

by Beth Leanza

FISH is a group of volunteers that accepts donations of assistive equipment and lend them to residents and employees of Leisure World. Assistive equipment consists of wheelchairs, walkers, commodes and shower chairs.

It may help to borrow an item from FISH to test it out before buying. Sometimes it takes a while to find out that an assistive item is not to your liking, either because of its size, weight or some other reason. With FISH, there is no problem bringing it back – and you haven't spent any money!

FISH Office

The FISH office is located in Clubhouse II and is available by calling (301-598-1345).

Volunteers are there Monday to Friday from 10 a.m.-1 p.m.

The office is closed for major holidays. If Montgomery schools are delayed because of weather, the morning shift is cancelled. If schools are closed because of weather, FISH is closed. If FISH is closed, call the Clubhouse II E&R office at (301-598-1320).

Residents interested in joining FISH should call Beth Leanza at (301-598-4569) to schedule a training session.

FISH also receives donations of items that are available for residents and their guests to take, such as canes, easy reachers and elevated toilet seats, and some medical items such as diabetic supplies and incontinence products. These items are in the front area of the FISH office.

Lost and Found

FISH also houses lost and found items. Residents who lost something may want to come to the FISH office and check out the closet.

Both clubhouse E&R offices send found items to Clubhouse II to be stored in the FISH closet. If FISH is closed, an E&R staff person can let you into the office to look for an item, or call (301-598-1320) and ask for "lost and found."

Residents who stop by the FISH office and do not find their lost item are encouraged to check back in a few days as it may take some time for items to pop up at the FISH office. Some mutuals have "found" collections as well, so remember to check there too, especially if the item was found in or near that mutual.

Consider placing an address label on items such as canes and umbrellas to prevent them from becoming lost.





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Medical Center Welcomes Two New Providers

by Leisure World News

Two new providers joined the team at MedStar Health medical center at Leisure World in late October – Neurologist Dr. William Leahy and occupational therapist (OT) Elizabeth Kubis.

Leahy specializes in the treatment of conditions affecting the nervous system, specifically headaches, epilepsy and acute pain. He sees patients every Wednesday morning in the specialty area of the medical center's building, located by the specialty nurse's station.

To schedule an appointment with him, call the medical center's main number at (301-598-1590) and press option 1.

New OT

As an OT, Kubis helps her patients get back to their normal routines – anything from household chores and getting dressed to participating in a favorite leisure activity –while improving their quality of life.

Though many people think of OT as a service that only addresses acute issues caused by an accident or injury, OT can also help people navigate the





At left, Dr. William Leahy, courtesy photo. At right, ccupational therapist Elizabeth Kubis, photo by Leisure World News

changes in their lives caused by the normal aging process, allowing them to remain safe and independent in their environments while adapting to those changes, Kubis says.

Kubis has a specialty certification in brain injury and is especially passionate about helping people with acquired brain injuries caused by trauma or stroke, as well as Parkinson's disease, multiple sclerosis and other brain-related conditions.

For more information about the NRH Rehabilitation Network at the medical center, call (301-438-6280).

And for more information about the medical center's providers, sign in to (residents.lwmc.com) and click on "Medical Center" under the Amenities & Services dropdown arrow.



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Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or longterm partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at Caring-Matters, is required before attending. If interested, please call Jim at (301-990-0854).

Fitness Center: One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

Living Better with Parkinson's: The Living Better with Parkinson's support group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).



CLUBS, GROUPS & Organizations

Discussion Group Still Going Strong

by Laurie Burdick

pen Forum, a monthly discussion group for curious and open-minded seniors, recently celebrated its second anniversary. Open Forum is a congenial and eclectic group that engages in lively discussions.

Moderators rotate each month among the members. This month, Ron Grill will bring a suggested list of current events and hot topics. The following guidelines assure the group runs smoothly:

• members may speak for three minutes when called upon by

the moderator and must stay on topic

- · crosstalk is not permitted
- everyone is encouraged to express their thoughts and opinions freely and openly
- no topic is off limits

Residents who would like to be a part of the discussions are invited to join the group on the third Wednesday of each month at 1:30 p.m. in Clubhouse II. For more information, contact Rose Arnold at (ranold2000@comcast. net) or Laurie Burdick at (Lgbur dick@aol.com).

■ Dog Club

Nov. 20: Club Adopts Bylaws and Hears from Speaker

by L. Mali Cruz

¬he focus of the Dog L Club's next meeting, held on Wednesday, Nov. 20, at 1 p.m. in Clubhouse I, is the final adoption of the Club's bylaws, the election of Club officers and the establishment of the Club's committees.

Club business will be followed by a short presentation about **Aspin Hill Memorial** Park pet cemetery by JoAnn Hoffman, a representative of the Montgomery County Humane Society.

All residents interested in joining the Dog Club are invited to attend the meeting; they don't have to be dog owners to participate. Residents who are interested in the Dog Club but cannot attend the meeting should email (Jane.e.carona@gmail.

Organizational Meeting

The Dog Club held its

organizational meeting on Oct. 16. The meeting was attended by a highly energized group of canine aficionados.

A few attendees were accompanied by their service dogs, which were quiet and 'polite' as their owners

shared why they were interested in the Club.

The majority of the attendees spoke affectionately of their companion dogs and many

commented on the rewards and challenges of being a dog owner.

Members conversed on a variety of topics including Club membership and dues, the meeting schedule, mobile grooming/veterinarian services, the need for dog waste receptacles on Leisure World Boulevard and other projects the Club may explore, including the establishment of a dog park at Leisure World.

■ Mindful Meditation Group

Nov. 19: Group Holds **Organizational Meeting**

The newly recognized Mindful Meditation Group has rescheduled its initial organizational meeting for Tuesday, Nov. 19, at 7 p.m. in Clubhouse II. During the meeting the group will develop a charter and/or bylaws and elect temporary officers.

All interested residents are invited to attend. For more information, contact Rhona Bosin at (RhoMelody@gmail.com).

— Rhona Bosin

■ Garden and Environmental Club

■ LW Green

Nov. 21: Advocate **Presents Climate Reality Project**

by Jean DeSchriver

n Thursday, Nov. 21, The Garden and Environmental Club and LW Green welcome Rachel Wagner from the Climate

Reality Project. She will present the program, "24 Hours of Reality: Truth in Action," from 2-3 p.m. in Clubhouse I.

The program is free for all residents and their guests; tickets are not required.

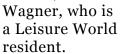
"24 Hours of Reality: Truth in Action" is an historic global effort led by the Climate Reality Project on Wednesday, Nov. 20, and Thursday, Nov. 21, during which volunteer leaders personally trained by former Vice President Al Gore will lead conversations and presentations about climate change in all 50 United States and in countries around the world.

The Climate Reality Project is a non-partisan, non-profit effort to address climate change in an equitable

manner, worldwide, with the urgency it requires. The goal of "24 Hours of Reality: Truth in Action" is for friends, neighbors and colleagues to hear the truth of what is happening to the planet as

well as the solutions available to all of us today.

Wagner chose Leisure World for her presentation site because it will not only help her meet her commitment to the cause, but allows her to visit her mother, June



In August, Wagner

completed the Project's Leadership Corps training and is now engaged as a volunteer to educate the public and advocate for the type of actions required to address the climate crisis.

After working as an architect for 20 years, Wagner made some big shifts in both her work and personal life, turning her focus exclusively to environmental, social and economic justice issues.



Rachel Wagner, courtesy photo

Nov. 23: Dance Features the Tony Luciano Band

by Joyce Hendrix

The Club's last dance of L the season, featuring the favorite Tony Luciano Band, is held on Saturday, Nov. 23, from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom.

For more information, see the **Events and Enter**tainment section of this publication.

Upcoming Dances

December dances - The Holly Ball on Saturday, Dec. 7, and the New Year's Eve Dinner Dance on Tuesday, Dec. 31 – are sponsored by Perrie, LLC, Leisure World's food service provider.

Reservations and payments can be made at the Clubhouse Grille. For more information and to make reservations, call (301-598-1330).

Annual Meeting

All members are welcome to attend the Club's annual meeting on Wednesday, Dec. 11, from 10 a.m.-noon in Clubhouse I. The Club will be voting for its new slate of officers: Jim Leong, president;

George Moy, vice president; Hal Freeman, secretary; and Joyce Hendrix, treasurer.

The Club welcomes members' ideas and suggestions for the 2020 dances. Favorite bands have been booked for next year's January through November dances. The Club's schedule of

dances for 2020 will be available at the annual meeting.

Halloween Dance

At the Oct. 26 Halloween dance, 104 dancers enjoyed cider and donuts while watching the colorfully costumed Hula Dance Group

from Holiday Park Senior Center perform at intermission. Club member Ida Leong is part of this group, which is led by Dawn Felsen.

The costume parade was enjoy by all and led to many comments, such as "Who is that ghost?" and, "I recognize that witch."

Kitty McNaughton won the costume contest's prize for the best singles costume – two dinners at the Clubhouse Grille provided by Perrie, LLC. The second place winner was Theresa "sister" Tenzer, who dressed as a nun.

The couples costume winners were "beautiful ghosts" Robert Ellis and Jeanine Hennessey. Club members Karen Krausen and Elliott Greenwald were awarded the silver medal for their Egyptian costumes that they brought back from a trip to the Nile River.



A costumed Ida and Jim Leong strut their stuff at the Halloween dance on Oct. 26. Photo by Walt Hendrix

The effort put into this year's costumes made judging the many unique entries difficult. Dancers: start working on next year's costumes now! Second place winners won free admission to their next Club dance.



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Nov. 21: Share Vegetarian Recipes, Videos and More

by Bob Fenichel

¬ he VSLW's November meeting is on Thursday, Nov. 21, at 7 p.m. in Clubhouse II. The program will include an exchange of favorite vegetarian cookbooks, YouTube channels,

websites and recipes. Bring a list or lists (legibly written) that members can pass around, and a smartphone or digital camera to take photos of these lists (or take notes the old-fashioned way - with pen and paper).

Nominations are now open for VSLW officers for 2020.

Contact the chair of the nominating committee, Iris Wolf, at (leonardbwolf@msn.com). Elections will be held at the November meeting.

About VSLW

Additional information on VSLW activities is available at (www.vslw.org). Everybody is welcome at VSLW activities; they don't have to be vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

■The Washingtonians

Dec. 7: Washingtonians Hold Holiday Luncheon

by Ann Nash

¬he Washingtonians hold a holiday luncheon on Saturday, Dec. 7, at 1 p.m. in Clubhouse II. The cost is \$20 per person, and members are encouraged to bring guests. The food for this affair will be provided by Maggianos Little Italy in Washington, D.C.

To attend, drop off a check, payable to The Washingtonians, at the Clubhouse I E&R office. The deadline to receive checks is Wednesday, Dec. 4, at 4 p.m. Payments will not be accepted at the door.

For further information, phone Betty Gray at (202-302-2386).

Club Officers

At The Washingtonians membership meeting on Nov. 2, officers for the 2020 membership year were elected and will assume office on Wednesday, Jan. 1. Officers are AnnRita Sterling, chair; Ann Nash, vice chair and membership; and Carolyn Smith, treasurer.

A secretary is being sought. To volunteer, or to nominate an individual, phone AnnRita at (240-558-4311).

■ Women's Fun Bunch

Dec. 8: Bunch Celebrates the Holidays with Musical Performance

by Elinor Tattar

n Sunday, Dec. 8, the Women's Fun Bunch celebrates the holidays with a wonderful musical presentation in the afternoon in Clubhouse I, with the exact time to be determined.

An off-Broadway entertainer and a member of Capitol Steps along with an accompanist, also from Capitol Steps, will entertain the Group. More details will be in the Group's flyer.

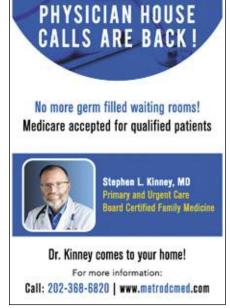
Dues for 2020 are \$15 and

due on Wednesday, Jan. 1. The Group welcomes new members who are widows, and looks forward to seeing everyone in the coming year.

Thank you to Fun Bunch members who joined in for a fabulous, most-fun-ever Halloween party. It was fun being a kid again, dressing up in costumes, decorating pumpkins and eating lots of candy.

For any questions, ideas or information, call Marlene at (301-438-7773) or Elinor at (301-438-9299).







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Dec. 9: Holiday Greens Workshop and Dessert **Party**

by Jean DeSchriver

ll residents and **A**their guests are invited to join the Garden and **Environmental** (G&E) Club for its annual greens workshop and dessert party on Monday, Dec. 9, at 10 a.m. in Clubhouse I. Freshly cut



A decoration created at a past holiday greens workshop, photo by Jan Cusey

evergreens including magnolia, spruce, holly, pine and hemlock will be provided by the Grounds Department. Participants are asked to bring their own tools, decorations and containers if they choose to make holiday

arrangements. The workshop will include plenty of greens available for those who wish to take them home for decorations.

The G&E Club has become known for the delicious homemade desserts that are served at every meeting, and the event's holiday dessert table has become something to look forward to. Coffee and tea will be served.

All are welcome to attend even if they are not going to participate in the workshop. The event offers the opportunity to meet Club members and socialize.

New members, both men and women, are always welcome and can join the Club at any time. One does not need to be a gardener or have a garden plot to join.

The Club is preparing to address environmental issues at upcoming meetings. For more information about the Club, contact Gwen Raphael at (301-598-7653) or (graphael@verizon.net).

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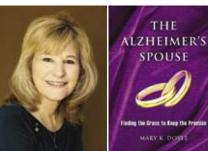
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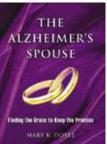
Thursday, December 5, 2019 1:00 pm - 2:30 pm

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- The transition from partner to caregiver
- Our family relationships
- The safety and décor of our home
- How we communicate
- Going out with our loved one
- Family finances
- Separation when a spouse is moved to managed care
- Adjusting to the ever-changing new normal
- The importance of maintaining our own health and well-being



Dec. 10: Holiday Social Features Traveler's Videos

by Fred Shapiro

With the year coming to an end, the Rossmoor Camera Club holds its holiday social on Tuesday, Dec. 10, at 6 p.m. in Clubhouse I. The event will feature two travel videos by Ed Boesch.

Members and guests may order from the Stein and Terrace Room menu and will be billed separately. After placing dinner orders, Boesch will show a short video – the evening's 'appetizer' – entitled "Caribbean Cruise." And then for 'dessert,' he will show a longer travel video entitled "Greece and Turkey."

Boesch has an abiding interest in travel photography, including photos from backpacking and mountain hiking/climbing to and in national parks and, more recently, foreign travel.

If planning to attend, RSVP to Stu Lillard at (slmeigs1836@yahoo.com).

Photo Exhibition

Debra MacNealy's photography exhibit at the Signal Financial Federal Credit Union in the Administration Building concludes at the end of December.

The exhibit is an imaginative journey into what can be done with current photo technology. MacNealy creates collages using multiple images taken on outings in nature.

She duplicates a single image four times. Two of the other images are flipped as mirrors and then connected to the matching four corners, creating a mandala or kaleidoscope effect.

Residents can only appreciate what she has done by seeing her many prints on exhibit at the Credit Union.

MacNealy was educated at the Kansas City Art Institute and Corcoran College of Art and Design. She has exhibited her work in a number of shows, including in Olney, Chestertown and Frederick, Maryland, and in Chautauqua, New York.

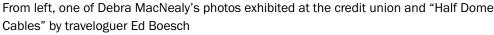
Competition Winners

The competition winners for October's "Looking Up" photo competition are:

Advanced Prints

1st place: Joanne Mars,
"Kiva"; 2nd place: Jean
DeSchriver, "Philadelphia
Sky"; 3rd place: Al Tanenholtz,
"Mannequin and Church";
Honorable Mentions: Jean
DeSchriver, "Chicago Fire
Escape"; Jon Fife, "Berlin
Museum"; Bob Kaplan, "The
Louvre"; George Kaye, "Tivoli
Garden Ride"; Joanne Mars,
"Up From the Vessel"; Lou





Paley, "Girl Bungy Jumping"; Elaine Selby, "The Catch."

General Prints

1st place: Ann Ferren,
"Restoration"; 2nd place:
Ron Masi, "Climb"; 3rd place:
Julie Friedman, "Patriotic
Bird"; Honorable Mentions:
Gaby Dusan, "Water Fountain";
Christopher Frantz, "Look up
the Camperdown Elm"; Robert
Tropp, "Looking up Water &
Reflections"; Robert Tropp,
"Wild Blue Yonder."

Advanced Digitals

1st place: Joanne Mars, "Dancing Egrets"; 2nd place: Brenda Gillum, "Seattle Labor Art piece"; 3rd place: Steven Kline, "U.S. Capitol Dome"; Honorable Mentions: Jean DeSchriver, "High"; Jon Fife, "America the Beautiful"; Bob Kaplan, "Albuquerque Balloon Fiesta"; George Kaye, "Pole Vaulter"; Joanne Mars, "Upside Down"; Fred Shapiro, "Blue Angels Over Baltimore"; Al Tanenholtz, "Potted Plants On Roof."

General Digitals

1st place: Ed Boesch, "Mt.
Rainier Dawn"; 2nd place: Ed
Boesch, "Half Dome Cables";
3rd place: Gaby Dusan, "Say
Cheese Mr. President"; Honorable Mentions: Julie Friedman,
"Crystal Light"; David Harris,
"Bridge in Stavanger Norway";
Ron Masi, "On Top"; Nina
Parish, "Look Up Here"; Woody
Shields, "Blades in Motion";
Kathy Tsai, "Glasgow Cathedral"; Bryan West, "Up Up and
Away."

■ New Yorkers and Friends Group

Start Spreading the News

by Linda Mahler

The New Yorkers and Friends Group hosts a New Yorkstyle bagel brunch and a showing of the movie "Tootsie" (1982, 1 hour 56 minutes, comedy/ drama/romance, rated PG) on Friday, Dec. 13, at 11:30 a.m. in Clubhouse II.

For details, see the Events and Entertainment section of this publication.

Membership in the New Yorkers and Friends Group is open to all residents who have any affiliation with New York – City or State, or anyone who just likes New Yorkers.

Dues of \$10 per person cover the period of Sept. 1, 2019 through Monday, Aug. 31, 2020.

To join, mail a dues check, payable to New Yorkers and Friends Group, to Esther Goldstein at (15000 Pennfield Cir., #302, Silver Spring, MD 20906).

For more information about the Group, contact either co-president Linda Mahler at (301-288-4367) or Carole Mund at (301-598-2768).

■ Arts In Motion (AIM)

Dec. 13: AIM Celebrates the Solstice

by Grace Cooper

Saturday, Dec. 21, marks this year's solstice – the first day of winter.

Arts in Motion (AIM) members and friends will celebrate the winter solstice

about a week early – Friday, Dec. 13 – with a holiday dinner and concert featuring returning vocalist Sharon Clark and her quartet.

The event begins at 3 p.m. in the Clubhouse I Crystal

Ballroom. Tickets for this event are sold out.

About AIM

AIM is dedicated to supporting the arts in the Wash-

ington, D.C., Maryland and Virginia area through scholarships, concerts and other arts-related activities.

AIM's annual dues are \$10, and its concerts are \$25 per person for 2020. Revenue both from dues and concerts helps support AIM's scholarship program and provides a showcase for local artists.



Library Welcomes Five New Volunteers

by Anthony Magri

The Rossmoor Library L Guild has five new volunteers: Margaret Hartig, Nancy McKee, Rita Roland, Fred Williams and Ruth Hutchins. The library gives a big welcome to each of them.

Residents interested in volunteering should stop by the library during working hours and fill out an application. Someone from the library will contact them as soon as possible. The library is open Monday, 1-4 p.m.; Tuesday through

The library has recently purchased or received 20 new books to add to its collection. They include:

Friday, 10 a.m.-4 p.m.; and

Saturday, 10 a.m.-1 p.m.

"The Nickel Boys" by

Colson Whitehead; "Paranoid" by Lisa Jackson; "Lost and Found" by Danielle Steel; "The Red Address Book" by Sofia Lundberg; "A Dangerous Man" by Robert Crais; "Turn of the Key" by Ruth Ware; "Winter in Paradise" by Elin Hilderbrand; "The Window

Washington: The Life of Mary Washington" by Martha Saxton; "The Pioneer" by David McCullough; "Tidelands" by Philippa Gregory; "Lost Roses" by Martha Hall Kelly; "Under Currents" by Nora Roberts; "Window on the Bay" by Debbie

Macomber; "Other People's Houses" by Abbi Waxman; "Safe and Sound" by Fern Michaels; "Long Road to Mercy" by David Baldacci; "Connections in Death" by J.D. Robb; "The Road Home" by Richard Paul Evans; "Vendetta in Death" by J.D. Robb; and "Bloody Genius" by John Sandford

The library also has reference books, magazines and newspapers throughout the year.

Residents

who want to check out a book are asked to simply stop by the library and present their Leisure World ID so that the library can register them if they haven't already.

As the holiday season nears, residents are reminded to shop for inexpensive greeting cards at the library. Thanksgiving, Christmas, Hanukkah and New Year's cards are



Thanksgiving, Hanukkah, Christmas and other greeting cards are available for purchase at the library in Clubhouse I. Photo by Leisure World News

being displayed.

The library has great selections in single as well as boxed cards, and also sells greeting cards that are good all year round, such as get well, birthday and sympathy cards.

Come patronize your library! For more information, contact Tony Magri at (tonyitalian1951@comcast. net).



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Big Musical, '70, Girls, 70,' Opens

by Hannette Allen

The hilarious, tuneful and inspiring musical "70, Girls, 70" opens with its debut performance on Friday, Nov. 15, at 7:30 p.m. in the Clubhouse II auditorium, with a meet the cast party afterward.

Members who attended the Fun and Fancy monthly meeting on Nov. 6 got an enjoyable preview of some of the musical numbers and heard director Duane Monahan speak about the show.

Ticket Sales

The Nov. 15 admission includes a special opening night party with the cast after the show. Tickets for that night only are \$15 (for both show and party). All other performances are \$10. Cash or checks, payable to Fun and Fancy, are accepted.

Tickets are sold on Nov. 15 and on Monday, Nov. 18, through Friday, Nov. 22, from 11 a.m.-2 p.m. in the Clubhouse I lobby. Tickets are also sold outside of the Clubhouse II auditorium starting 45 minutes before each performance.

Performance Dates

- Friday, Nov. 15 7:30 p.m.
- Saturday, Nov. 16 7:30 p.m.
- Sunday, Nov. 17 2 p.m.
- Friday, Nov. 22 7:30 p.m.
- Saturday, Nov. 23 7:30 p.m.
- Sunday, Nov.24 2 p.m.

Holiday in Vegas

Ken Tash and Bobbie Seidel present "The Holidays in Vegas" at the Group's meeting in Wednesday, Dec. 4, at 7:30 p.m. in the Clubhouse II auditorium.

The show is full of Christmas and Hanukkah songs and dances

and 'includes' an all-star cast, with such celebrities as Patsy Cline, Frank Sinatra, Doris Day, Neil Diamond, Karen Carpenter, Elvis Presley, Julie Andrews, Lady Gaga, Don Ho, Carmen Miranda, Connie Francis, Nat King Cole, Eydie Gormé and Steve Lawrence, and many others – plus Santa.

"Joey Bishop Schwartz" will host the show. This is a lineup that the Group does not get every day, or even every year! As always, the meeting and show are free for paid-up members, and \$5 for guests. Refreshments follow the performance.

■ Comedy and Humor Club

Veteran Club Member's Wit Strikes Again

by Al Karr

E asily the hardiest veteran member of the Comedy and Humor Club is Jack Melnick, one of the founders of the Club some 30-odd years ago.

Although he spends a long winter in Florida every year, Melnick favored the Club with a passel of laugh-provoking jokes straight from the American Legion magazine shortly before departing for the southern climes. For instance:

A shop owner asked another, "Have you had any responses to your ad about hiring a night guard?" "Yeah," responded the other, "we got robbed last night."

The Melnick distribution of Legion humor came at a recent Comedy Club meeting. The Club gathers every Tuesday from 1:30-3 p.m. in Clubhouse II.

Joining in the merriment at that meeting were Club members Fred Firnbacher, vice president Skip Schoening, Rudy Volin, Wally Becker, Ruth Becker, treasurer Herb Hodes, Sunny Levin, Al Karr and president John Lass.

Here's a few more of Melnick's bon voyage barrage:

 I was addicted to the Hokey Pokey. Thankfully, I turned myself around.

- A man walked into a country store and noticed a sign warning, "Beware of Dog." He saw an old hound asleep on the floor. "Is that the dog folks are supposed to beware of?" he asked the owner. The owner replied, "yes." "He certainly doesn't look dangerous to me," the man said. "Before I posted that sign, the owner said, "People kept tripping over him."
- They say money doesn't bring happiness, but it's better to verify that for yourself.

And these are some of the

jokes cracked by Melnick's comedy colleagues:

- John "Open wider," said the dentist, examining his patient. "You have the biggest cavity I've ever seen. The biggest cavity I've ever seen," the dentist said. "OK, OK," replied the patient. "I'm scared enough without you saying that twice." The dentist replied, "I didn't. That was the echo." "What are you going to do this weekend?" "I'm going to buy glasses. Then I'll see."
- Rudy A man was recovering from surgery when the surgical nurse appeared and asked him how he was feeling. "I'm OK, but I didn't like the four-letter word the doctor used in surgery," he said. "What did he say," asked the nurse. "Oops!"
- Wally A physician, faithful patron of the corner bar, walked in once more and ordered his favorite a daiquiri made with nutmeg. But the bartender was out of nutmeg, so he made the drink with hickory nuts. "What's this?" the good doctor asked. "It's a hickory daiquiri, doc," was the reply.

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Dec. 14: Come Watch the Trains Run at the Winter **Open House**

by Alan J. Goldstein

¬he Model Railroad Club holds its winter open house on Saturday, Dec. 14, from 10 a.m.-3 p.m. in the lower level of Clubhouse II.

During every open house, residents bring grandchildren, children, neighbors and friends to watch the trains run through mountains, streams and industrial areas at this popular holiday event. Club members will be operating O gauge, HO and N gauge trains on three large layouts, transporting passengers and freight from origin to final destination.

The Club's enormous HO gauge layout covers miles of scale terrain, tunneling through mountains and passing industries, farms, cities and towns, including the town of Kensington with a scale model of the Kensington station, located a few miles from Leisure World.

Recent additions include two underground yards at opposite ends of the HO layout to simulate traffic bound for far-flung destinations throughout the U.S. The most recent was added just in time for the open house, and includes a massive underground train yard with a return loop to allow trains to return to local and regional destinations on the aboveground layout.

While these new underground yards aren't required to support the demonstration trains that operate during the open house, they are essential for the simulated railroad operations that will be the focus of the Club's future activities. Visitors that find the open house exciting are welcome to attend the Club's operating sessions early next year, which will take train operation to a whole new level.

The perennial favorite of the younger generation is the Club's O gauge layout. Trains rumble by noisily, carrying residents back to their 1940s, '50s and '60s childhoods, and transporting youngsters to an era they only typically read about. Original Lionel trains and cars from the 1950s era roar by in all their splendor, including passenger, freight and trolley service.

The N gauge layout, which is approximately half the gauge of HO, includes a coalmine, mountains, towns and cities, along with a trolley that stops at various stations along its

In addition to the upcoming open house, every year the Club installs a large G gauge layout in the Administration Building for the holidays, which will be on exhibit through December. This is reminiscent of the layouts that families have traditionally installed around the Christmas tree, except on a much larger scale.



A youngster watches a Lionel freight train approaching. Photo by Alan J. Goldstein

The Club meets on the second Thursday of the month at 4 p.m. in Clubhouse II, and has working and operating sessions every Monday and Wednesday from 5:30-7 p.m., and Thursday from 2-4 p.m. at the train yards in the basement of Clubhouse II.

For further information or to join, call Marilyn Chmielewski, president, at (301-438-3259).













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Artists Pay Homage to Autumn

by Ann Bolt

▼ lubhouses I and II have new ✓ Rossmoor Art Guild (RAG) exhibits available for viewing. All residents are invited to stop by the clubhouses and check them out.

The Clubhouse I exhibit features a seasonal touch of autumn. Bright oranges and leafy trees of the open studio paintings give way to the general exhibit's experimental abstract paintings from Alexandra Michael's class and delightful drawings of grandchildren from Doris Bryant's class.

The usual range of media was used to create these paintings, including watercolor and ink, oils, acrylic, pastel pencils and traditional watercolor.

Those artists paying homage to the changing season include Maria Clark, Alex Michaels, Kathleen Allen, Vicky Batkin, Judy Kirkland, Nancy Albrecht, Marilyn Davis, Ann Bolt, Dee Williams, Linda Daniels Cermak and Selma Ahmed. The exhibit runs through December.

RAG members who are exhibiting their artwork in the general exhibit in Clubhouse I include Gretchen Wiederrecht. Marilyn Davis, Maria Clark, Paul Ganz, Judith Lessin, Phyllis Lowinger, Judy Kirkland, Houston Hancock, Nettie Geier, Maria Hernandez, Donna Mapes. Photos by Ann Bolt Leonard, Ann Bolt,

Jeanette Shampain.

The Clubhouse I general exhibit's

artwork features horses, a French town,

a cute giraffe, water lilies and a view of

Edinburgh castle, among others.



From left, "Pumpkin Patch" by Alexandra Michaels and "Texas Cowboy" by Bill

Steve Irish, Patty Marx, Salma Ahmad and

Open Studio

The theme for the next open studio (independent study) exhibit is "hands." Think of all the things hands can do hold, hurt, heal, comfort, clinch and so forth – to develop ideas for a painting, or observe friends and relatives' hands to get inspired.

Artwork for this open studio exhibit is due by Friday, Jan. 3, at 5 p.m. The exhibit will be hung on Saturday, Jan. 4.

Reminder

Residents who see a piece of art that particularly appeals to their senses are welcome to write their comments in a "brag book" located in the fover of the studio in Clubhouse I.

To contact the artist, leave either a phone number or email address.

Block-printing Workshop

RAG sponsors a block-printing workshop on Tuesday, Nov. 19, 1-3:30 p.m. in the studio in Clubhouse I.

Using craft foam and clay, one can create some beautiful cards for now and the upcoming holidays. RAG member and former art teacher Michael Higgs will guide the process. Cookies and cider will enhance the experience, and there will be an opportunity to meet other creative souls. The cost is \$25. All materials will be provided.

Only a few spots are left. To register, pick up a "Card Party" flyer from the studio lobby; fill out the attached form and give it, along with a check for \$25 per person (payable to RAG), to any RAG teacher, or mail the form and check to Judy Kirkland at (3623 Tarkington Ln., Silver Spring, MD 20906).

The Guild appreciates an RSVP, so residents interested in attending are asked to call Judy at (301-938-3630) or email her at (Kirkland.JQ@gmail.com). All residents are welcome.

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Solutions to a Complicated and Unpleasant Task

by Marybeth Ardike

When a resident moves or passes away, those responsible for cleaning out the resident's apartment often

jam huge amounts of what seems to be trash into the trash room or, if it's a house, by the trash area. Neighbors may find no room to dispose of their own trash.

In fact, the dumped "trash" may contain perfectly usable items such as lamps, toasters and books, or even entire sets of flatware and cookware - as well as just plain junk - stained area rugs, broken appliances, old food, old shoes and more.

The property's clean-up crew is left to deal with it, and often everything is trashed.

In an effort to avoid this waste and inconvenience, LW Green suggests other ways to

> complete such a difficult task, such as reusing, recycling and repurposing "trash"

items.

Here are three organizations that will pick up items, but it's important to call early to get a convenient appointment time for pick-up:

- Donation Nation (855-362-9253)
- A Wider Circle -(301-608-3504)
- Habitat for Humanity (301-990-0014)

Donation Nation, a certified green business in Montgomery County, will pick up and remove all items and sort and donate them to the appropriate charities, or facilitate correct recycling of items no longer useful.

The company's services have a modest, tax-deductible charge that the customer can add to the tax-deductible value of the items he or she is donating.

'Woman at War'

Instead of its regular afternoon program on Wednesday, Nov. 20, LW Green will show the film "Woman at War" at 7 p.m. in Clubhouse II. For details, see the Events and Entertainment section of this publication.

About LW Green

LW Green is a group of residents who strive to be better stewards of the environment through education and advocacy. Members don't have to be experts; the Group brings the

experts to its members!

All interested residents are invited to attend LW Green meetings, which are typically held on the fourth Wednesday of each month at 2 p.m. in Clubhouse I (It's best to check the Group's website, (www.lw-green.org), for the up-to-date meeting time and place).

For more information, visit (www.lw-green.org).

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■ League of Women Voters

Is the Electoral College a Good Fit with Modern **Politics?**

by Maxine Lewack

The League of Women **■** Voters of Montgomery County holds a Trending Topics event on Monday, Nov. 25, at 6:45 p.m. at Wheaton Library, which is

located at 11701 Georgia Ave. The topic will be the Electoral College.

Every four years, a temporary group of Electors, elected by the voters, equal to the number of representatives in Congress, vote for the president. In modern elections, the first candidate to get 270 of the 538 electoral votes wins the presidency.

The Electoral College represented a compromise at the Philadelphia Convention. No other country had directly elected its leader, so there was no precedent. Further complicating the job was a deepseated distrust of executive power; they had experienced a tyrannical king and several

colonial governors.

One faction felt strongly that Congress not have anything to do with electing the president. Another group was set against electing the president by popular vote: they felt that 18th century voters lacked

the ability to be informed about the candidates: were wary of a headstrong mob leading the country astray;

and were afraid of a populist president who could command dangerous amounts of power. Thus came the idea of electoral intermediaries.

Despite its origin and, some argue, awkward fit with modern voting, the Electoral College continues to exist. Is it time to switch to using the popular vote? Who benefits from using the electoral college? How difficult is it to change the system? These questions and others will be addressed in what promises to be a thought-provoking evening. Everyone is welcome.

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Nov. 19: Chairman of 60 Plus Association Addresses Club

by Fred Seelman

The next meeting of the Republican Club is on Tuesday, Nov. 19, at 7 p.m. in Clubhouse I.

The meeting will center on the concerns of the 60 Plus Association, a senior organization whose purpose is to promote solutions to seniors' issues that are grounded in free markets, less government and less taxes. It is one of the major seniors organizations in the country. The meeting's speaker is the chairman of the 60 Plus Association James Martin, a 77-year-old veteran of the U.S. Marines. Martin has previously led several advocacy groups, and also was chief of staff for six years for former Republican congressman and

senator, the late Edward Gurney of Florida. He served as a member of President George W. Bush's Health and Human Services transition team.

Martin founded and has been a leader of 60 Plus

> Association since 1992. In addition, he worked on seniors' issues with Club president Fred Seelman during the 2008 John McCain presidential campaign, of which

Seelman was the national co-coordinator for the seniors' coalition.

Attend the next meeting

and join in the discussion on current political issues affecting seniors. Comments on the current impeachment proceedings are also welcome.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com), or call first vice president Robert Kammer at (301-847-9820).

Join the Club for another quality event on Nov. 19.

■ Democratic Club

Rep. Jamie Raskin Discusses U.S. Constitution

by Roger Blacklow

Astanding-room only crowd enjoyed a thorough lesson on the U.S. Constitution and the numerous alleged breaches of it by President Trump during Rep. Jamie Raskin's address to the Democratic

Rep. Jamie Raskin addresses a packed house on Nov. 3. Photo by Sandy Zimmet

Club on Nov. 3.

Attendees could have heard a pin drop during his hour-long presentation, which at times seemed to be a clear indictment of the President for high crimes and misdemeanors.

So, can you step up and help

the Club and the Democratic Party defeat President Trump, Sen. Mitch McConnell and other Republican congressmen, who have supported the current administration, in 2020?

The Club needs help with its program committee, which is responsible for the Club's second Thursday of the month speakers. Next year, the Club may have a presidential debate (the primary isn't until Tuesday, April 28) to schedule at Leisure World.

The Club also has its political

program, which will include registering voters and sending letters to democrats in Kentucky to defeat McConnell, among other politicians. The Club will target those politicians who the

Club believes support voter suppression and intimidation, deny climate science, support the National Rifle Association or ignore basic human rights and

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the Constitution.

Residents interested in participating in either of these programs should email their name, home address and phone number to (leisureworlddem club@gmail.com). Tell the Club

what interests you.

Membership Information

If you are not currently a member, your \$15 per person per year membership lasts until Monday,

June 1, 2020. And bring a friend or two into the Club with you.

Members get a big bang for their buck, such as programs and presentations by local, state and national politicians, insightful speakers such as Marvin Kalb and much more. The Club also hosts happy hours and educational events such as legislative training in lobbying.

To join the Club, email your request with your name, home address and phone number to (leisureworlddemclub@gmail. com). Be sure to include your email address. Payment of dues automatically gives new members a subscription to the Club's in-house newsletter, the "Donkey Dispatch." The publication gives its readers advance notice of upcoming events.

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Nov. 18: To Your Health — Part 2

by John Moens

What is more important than your health and the health of those dependent on you? Because healthcare is crucial, Chapter 1143 devotes two months to preparing its members for open season.

Residents who missed the Health Roundtable in October are encouraged to come to the membership meeting on Monday, Nov. 18, at 2 p.m. in Clubhouse I. Walt Francis, Consumer Checkbook's expert on Health Plans, will analyze federal employee health benefit plans.

Francis advises listeners to consider changing plans when companies offer new benefits and incentives in response to competition. At the Roundtable, representatives from AETNA, CareFirst and GEHA insurance companies discussed changes to their plans.

Health Roundtable

The Roundtable had something for everyone, including non-members. The Chapter was delighted that MedStar sent two representatives.

In addition, Dan Adcock, Committee to Preserve Social Security and Medicare, suggested members get behind Congressional Bill HR-3 to bring down drug prices.

Also of widespread interest,

Jessie Washington, Eagle Strategies (New York Life) discussed various options available for long term care. Washington noted that the many government-sponsored programs and tax

incentives that address long-term care costs include Medicaid, Veterans' Benefits, the Pension Protection Act, Qualified Longevity Annuities and the Maryland Partnership Act.

Discount Tickets

Save the equivalent of a year's membership with the purchase of a single ticket to productions at Olney Theatre Center. Discount tickets for the Wednesday, Dec. 11, matinee performance of "Singin' in the Rain" are now available for \$45 each.

To purchase tickets mail a check, payable to NARFE Chapter 1143, to Jewel Lee at (3528 Leisure World Blvd., Silver Spring, MD 20906).

Election Results

In September, the Chapter asked its members for nominations for each of the elected offices.

All of the nominations were for current officers. If no other nominations are received by the end of November, the Chapter will continue with its present board.

■ Hadassah

Nov. 18: Study Group Discusses Torah's Love Stories

by Barbara Eisen

Are there love stories in the Torah? The Hadassah Judaic Study Group presents different viewpoints on this question at its meeting on Monday, Nov. 18, at 1:30 p.m. in Clubhouse I.

The story of focus comes from Genesis 24 in which Isaac marries Rebecca, and the sages write about love, weddings and whether men hope to find wives who remind them of their mother's best qualities.

Marcia Elbrand and Naomi Kline will lead the discussion, and attendees will have the opportunity to pair up and tackle a discussion question.

For additional information, email Marcia at (marciaelbr@gmail.com). The program is free and open to all residents and their guests.

Meeting

Hadassah's last meeting of the year is on Wednesday, Dec. 18, at 2 p.m. in Clubhouse II, and is the last chance to buy novelty socks, gloves, scarfs and ponchos. Buy something for yourself or for friends and relatives.

All proceeds fund research at Hadassah hospitals.

The meeting includes the installation of the Group's 2020 officers, Chanukah bingo games and delicious holiday refreshments. More details will be forthcoming.

Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are \$3 each for one to three cards and \$2.50 each for four or more cards.

Cards are displayed and

sold at every Hadassah meeting.

Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber, available at (301-598-5922), is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40.

Send your donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@ earthlink.net) or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).



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■The Inter-Faith Chapel

Nov. 27: Chapel Holds Thanksgiving Eve Service

by Bonnie Bonner

ll residents and their A guests are invited to the annual Thanksgiving Eve service held on Wednesday, Nov. 27, at 6 p.m. at The Inter-Faith Chapel. The Chapel is located at 3680 S. Leisure World Boulevard.

The communities of The Inter-Faith Chapel, Our Lady of Grace Catholic Church, the Unitarian Universalists of Leisure World and the Jewish Residents of Leisure World (JRLW) will gather for a service of mutual gratitude.

The service will include traditional Thanksgiving music and a message of hope. A combined women's choir of the faith communities, along with The InterFaith Ringers, will provide music under the direction of Kevin Clemens and Dorothy Luksic. JRLW member Edward Laskin will sing "Bless this House."

In the spirit of thankfulness and giving, consider contributing to the Interfaith Committee for the Homeless and Working Poor, which helps provide meals, clothing, books, school supplies and other important services to those in need in the greater Silver Spring area. They will accept financial donations at the service.

A reception with light refreshments will follow the service. Plan now to join with others in the community for this special evening of worship.

■ Jewish War Veterans Charles B. Krieger Post 567

Dec. 8: 'An Open Door: Jewish Rescue in the Philippines'

by Jerome "Jerry" Cohen

¬he Jewish War Veterans T ne Jewish

[JWV] Post 567 brunch is on Sunday, Dec. 8, at 10 a.m. in the Clubhouse I Crystal Ballroom. The featured speaker is award-winning

Filipino filmmaker Noel "Sonny" Izon.

Izon, along with Associate Producer and Holocaust scholar Bonnie M. Harris, collaborated in creating a historical documentary, "An Open Door: Jewish Rescue in the Philippines." Izon will show an abbreviated version of his

full-length documentary and lend his personal insights to this amazing rescue story.

This previously unknown details the rescue of destitute Reich in the late 1930s before

episode in Philippine history refugees fleeing the Third the outbreak of WWII. When nations of the world were closing their doors to refugee Jews fleeing the growing horrors of Nazi Germany, the Philippines chose to do what others would not-save Jewish lives.

About the Filmmaker

Izon has been involved in creative and broadcast design and production for more than four decades. His production credits encompass more than 250 films and videos. He has filmed internationally in Asia, Europe, the U.S. and Israel.

He has won many national awards for his work, which include some 100 nationally televised programs produced primarily for PBS and National Geographic Television. He has produced films and videos for numerous national and international clients including the White

House and the Vatican.

Brunch

Noel "Sonny" Izon, cour-

tesy photo

The JWV's brunch events are open and available to all residents; membership in JWV is not required.

The delicious buffet brunch

includes eggs, tuna fish, lox, bagels, latkes, blintzes, pastries, fresh fruit, coffee, juices and more.

Tables of eight-10 only may be reserved with payment for all tablemates. Include the names of all people attending with the reservation payment. Other-

wise, open seating is on a first-come, first-served basis.

Mail reservations for \$14 per person (check only, payable to JWV 567), to Andrea Goldberg at (15107 Interlachen Dr., Apt. 106, Silver Spring, MD 20906). Checks must be received by Monday, Dec. 2.



Members' business meetings are held on the first Wednesday of each month from 11 a.m.-12:30 p.m. at Clubhouse I. All regular members and patrons, and those who are considering joining are invited to attend.

A new and faster-paced meeting format has been implemented and all participants will be given an opportunity to offer their input and program suggestions.

For those who would like additional information, have questions about membership or would like to be added to Post 567's email notification and e-newsletter list, contact Jerry Cohen, Post Commander, at (240-970-5024) or (jcohen@jccbb. com).

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Dec. 10: NA'AMAT Hosts Annual Game Day

by Carole Mund

n Tuesday, Dec. 10, NA'AMAT RBZ Club hosts an annual card and mah-jongg party at 11:30 a.m. in the Clubhouse I Crystal Ballroom.

NA'AMAT makes the day distinctive by serving homemade kugels, snacks and other desserts.

Mah-jongg, canasta, bridge, Scrabble and Rummikub players are all encouraged to participate. Mah-jongg and Rummikub players must bring tablecloths.

Gather your friends and games to enjoy a delightful afternoon.

The cost is \$8. To attend, mail checks, payable to NA'AMAT, to Barbara Rothenberg at (15101 Interlachen Dr., Apt. 814, Silver Spring, MD 20906).

For questions or if you need to join a group, contact Barbara at (301-438-8260).

Mah-jongg Cards

It's that time of year when NA'AMAT debuts a new mah-jongg card. NA'AMAT receives a small stipend from the mah-jongg league for each card sold. Mah-jongg cards are still \$8 for regular and \$9 for large.

Mail checks, payable to NA'AMAT, to Lenore Kalen at (15100 Interlachen Dr., #616, Silver Spring, MD 20906). Make sure all names and addresses are correct. For questions, call Lenore at (301-598-6206).

Remembrance

On Oct. 27, 2018, a white nationalist entered the Tree of Life Synagogue in Pittsburgh, Pennsylvania, and killed 11 congregants and injured six others during Shabbat services. It was the deadliest anti-Semitic massacre in U.S. history.

A year later, the executive director of NA'AMAT USA Pittsburgh Council Jackie Braslawsce spoke out about the impact of this horrendous event on NA'AMAT members.

"The power of women, the power of togetherness and the power of relationships will keep us strong and help us gain the strength we need to keep going," Braslawsce said. "The message that I would send to NA'AMAT USA, NA'AMAT Canada and NA'AMAT everywhere is 'stay in your power."

For more of Braslawsce's comments, visit (https://naamat.org/naamat-pitts burgh-one-year-after-the-massacre/).

Membership

By joining NA'AMAT RBZ, members also become supporters of NA'AMAT Israel and are added to a mailing list to receive information about special events and trips prior to the general public.

To join NA'AMAT RBZ, mail a check for dues (\$36, payable to NA'AMAT USA) to Harriet Chaikin at (15101 Interlachen Dr., Apt. 216, Silver Spring, MD 20906). For more information about membership, contact Harriet at (240 560-7487).

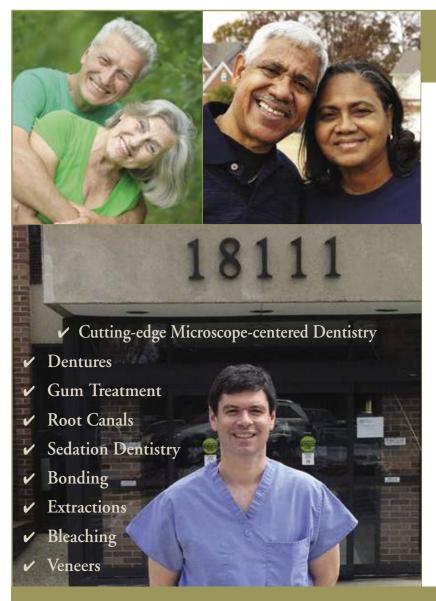
Upcoming Events

- Jan. 15, 2020 Take a Trip to Signature Theatre to see the cabaret Show, "Ol' Blue Eyes: Frank Sinatra." See the Club Trips section of this publication for more information.
- April 23, 2020 Spiritual Adoption Luncheon with keynote speaker

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) and Gladys Blank at (301-438-9666).

For tribute cards, contact Lenore Kalen at (301-922-4348).

For information about NA'AMAT's book club, contact Barbara Tahler at (240-669-6961).



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Dec. 15: Popular Cantor Wendy Gonzales Celebrates Miracle of Light at Brunch

by Jonas Weiss

¬he JRLW brunch, held on Sunday, Dec. 15, at 10 a.m. in the Clubhouse I Crystal

Ballroom, will feature popular cantor Wendy Gonzales.

She will help brunch-goers celebrate the miracle of light in music and song. Be prepared to sing, welcome the holiday of Chanukah (the Festival of Lights) and explore the motif of light in Judaism.

Gonzales' career includes serving as a Cantor at Temple B'nai Israel, co-officiating Reform Shabbat services for JRLW, and recently leading a very upbeat, end-of-Shabbat Havdalah and Malava Malka program for Leisure World's Jewish residents.

To attend the brunch, mail checks for \$14 (\$18 for non-members), payable to JRLW, to Shirley and Jerry Gordon at (15311 Beaverbrook

> Ct., Apt. 3A, Silver Spring, MD 20906) at least one week in advance.



Jewish residents will join the multi-religion program for all residents to celebrate the holiday of Thanksgiving on Wednesday, Nov. 27, at 6 p.m. in The Inter-Faith Chapel.

Rabbi Moshe Samber and volunteers lead Sabbath services and Torah discussions on Saturday, Nov. 16, 23 and 30 at 9:15 a.m. in Clubhouse II.

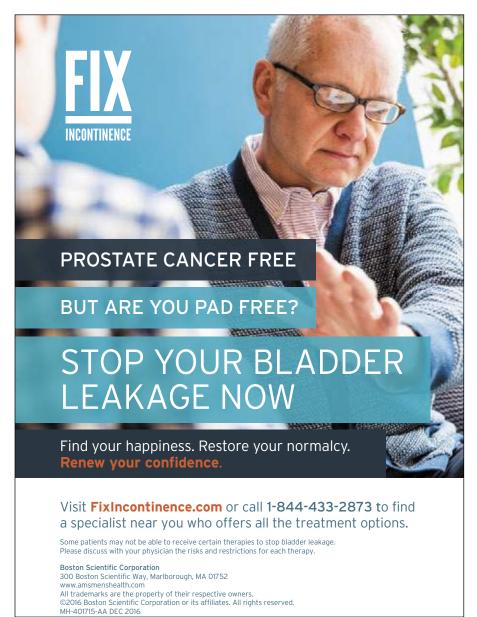


Wendy Gonzales,

courtesy photo

Donations

The Torah fund is used



for the maintenance and repair of JRLW's Torahs, or to purchase a new one if needed. Send checks, payable to JRLW, (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

The prayer books fund provides for the purchase of a siddur to remember or honor a loved one. A label acknowledging the donation (minimum of \$25) will be

placed in the book. Checks, payable to JRLW, should go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906).

For Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedakah, send checks, payable to JRLW, to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD

■ Jewish Discussion Group

Dec. 22: Guest **Moderator Returns**

by Jerome "Jerry" Cohen

he Jewish Discussion **■** Group's (JDG) next session is held on Sunday, Dec. 22, at 10:30 a.m. in Clubhouse I. Guest moderator Bernie Zycherman will be back by popular demand.

Due to an annual scheduling conflict with the Thanksgiving holiday weekend, the Group will no longer hold November sessions.

About the Group

JDG participants are encouraged to offer suggestions for featured speakers, and those interested in giving a short presentation of interest to the Group are encouraged to speak

privately with the Group's moderator, Jerry Cohen.

Individuals who may want to serve as guest moderators to substitute from time to time in leading the Group's monthly sessions are encouraged to contact the moderator as well.

JDG invites all residents and their guests to attend these free discussion group sessions held on the fourth Sunday of the month from 10:30 a.m.noon in Clubhouse I.

For additional information or to have your email address added to the monthly notification list, call or email group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb. com).





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Nov. 16: Author Discusses Her Experiences Working as a Nurse on Indian Reservation

by Mike LaPoint

ith the holidays quickly approaching, the Alliance is looking forward to an active and festive season of events and activities.

The monthly meeting and potluck is on Saturday, Nov. 16, at noon, in Clubhouse II.

After the meal and socializing, the Alliance will review upcoming events, followed by a presentation by guest speaker Nancy Palker, the author of "Magic and Tragic Rosebud." The book is a memoir recounting her experiences as a U.S. Public Health

Service nurse on the Rosebud Indian Reservation in South

Dakota in 1973, her first nursing job after medical school.

Her book tells of her immersion into the culture of the Rosebud Reservation, as she experiences the rich Lakota Sioux traditions amid a backdrop of civil unrest punctuated by kidnapping, death threats and FBI shootouts.

The overriding theme of her book is the celebration of lasting friendships and the resilience of the human experience. Copies of

> her book will be available for purchase.

Movie Night

The LW LGBTQ Alliance shows the film "To Wong Foo, Thanks for Everything! Julie Newmar" on Saturday, Nov. 23, at 7 p.m., with the location to be determined.

For details, see the Events and Entertainment section of this publication.

Holiday Party

The Alliance's annual holiday party is on Saturday, Dec. 7, in Clubhouse II. Further details will be provided as the date gets closer.

To learn more about the Alliance or to add your name to its monthly newsletter email list, email (lwlgbt@gmail.com) or, better still, attend the next monthly potluck meeting on Nov. 16.

All residents and their guests are welcome to participate in the Alliance. Check out the Alliance's Facebook page at "LW LGBT Alliance" for community updates.



photo

■ Italian Social and Cultural Club

Dec. 15: Holiday Dinner with Music by La Serenata

by Flo Merola

he Italian Social and L Cultural Club holds its holiday dinner on Sunday, Dec. 15, at 5 p.m. at Bedford Court, located at 3701 International Boulevard near Leisure World Plaza.

The seated dinner's menu is prime rib of beef and crab cake served with a loaded baked potato and grilled asparagus topped off with a choice of desserts. Attendees may BYOB and bring their own bottle of wine; there is no corkage fee. The waiter will open and serve it.

The evening's music is provided by La Serenata, the elite performing group from The American Center for Puccini Studies. They will bring down the house with a ravishing rendition of a favorite Christmas carol, a bold tenor aria, a sensuous love duet and a Broadway standard.

With world-class voices and an elegant presentation,

La Serenata transforms every occasion into an unforgettable experience. They have thrilled presidents and popes at such venues as the Kennedy Center for Performing Arts and Orioles Park at Camden Yards.

You don't want to miss them. For more information about the group, visit (pucciniamerica. org).

The cost to attend is \$40 for members and \$45 for non-members. Mail checks, payable to The Italian Social and Cultural Club, to Paul D'Angelo at (3310 North Leisure World Blvd., Apt. 308, Silver Spring, MD 20906). Checks must be received one week prior to the event.

Guests wishing to sit together should send their checks in one envelope. Vegetarian dinners are available upon request.

Anyone who needs a ride to and from this event should contact Flo Merola at (240-558-3119) or (flobender@aol. com).



Dr. Michael Frank Dr. Marc Goldberg Dr. Adam Lowy

3 Convenient Locations Minutes from Leisure World

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Dec. 15: LWAAAC Celebrates 25 Years of Progress

by Patricia Means

lthough much has Achanged since the establishment of LWAAAC in 1994, the Association has been a progressive organization within Leisure World by promoting educational and recreational activities and community bonding.

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LWAAAC's success over the years has been due to the contributions, participation and camaraderie of its dedicated membership.

To mark the founding of LWAAAC, the Association will celebrate its 25 years of growth and endeavors with a luncheon on Sunday, Dec. 15, from 1-4 p.m. at Manor Country Club, located at 14901 Carrolton Road in Rockville.

The celebration includes a plated lunch, cash bar, musical entertainment and a program.

The cost of the lunch is \$50 per person (checks only, payable to LWAAAC).

Tickets will be sold on Friday, Nov. 15, and Monday, Nov. 18, through Tuesday, Nov. 19, from 10 a.m.-4 p.m. in the Clubhouse I lobby.

Tables for 10 persons may be reserved only at the time of ticket purchases and must include the names and entrée and dessert selections for each person. All tickets must be

purchased by Monday, Dec. 2.

For more information, contact Juanita Sealy-Williams, program committee chairperson, at (301-822-4531).

Healthful Thursdays

Session 8 of Healthful Thursdays is on Thursday, Nov. 21, from 1-3 p.m. in Clubhouse I.

Dr. Ikenna Myers of the African-American Health Program of the Montgomery County Department of Health and Human Services will continue discussing the impact of food choices on health and will provide new options for better health. The session includes checking attendees' blood pressure and blood sugar.

The session is free, but sign-up is required. To sign up, visit the Clubhouse I E&R office, or call the office at (301-598-1300).

For more information, contact Jannifer Woodson, event chairperson, at (832-259-7063).

Membership

Membership in LWAAAC is open to all residents. The dues are \$20 per person (checks only, payable to LWAAAC) and cover the period of July 1, 2019 through Tuesday, June 30, 2020.

Payment may be made at meetings, via the LWAAAC mail slot in the Clubhouse I E&R office or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908).

A telephone number and an email address should be included with the payment. For more information, contact Alfonso Holston, membership committee chairperson, at (301-438-3537).

Amenities

Members should notify LWAAAC of illness, disability, death or other situations affecting a member or that person's immediate family by contacting Louise Langley, amenities chairperson, at (301-598-3876).

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Nov. 18-22: Club Sells Sweet Treats at Even Sweeter Prices

by Marcia L. Elbrand

Rannual sale of See's candy, Mascot pecans and Claxton fruitcakes takes place Monday, Nov. 18, through Friday, Nov. 22, from 10 a.m.-2 p.m. in the Clubhouse I lobby. Profits from the sale go to support the Club's local charities.

For See's candy lovers, the following will be available: dark chocolates, \$22; assorted chocolates, \$22; nuts and chews, \$22; and truffles, \$15. Chocolate bars priced at \$2.50 each will also be sold.

Claxton one-pound fruitcakes, both light and dark, will be available at \$5 each. And for bakers and snackers, RWC volunteers will be selling Mascot's new crop "mammoth pecans" at \$14, chocolate glazed pecans at \$12 and cinnamon glazed pecans, also at \$12.

The sale also includes bags of "turtle"style, individually wrapped pecan caramel chocolate clusters priced at \$8. Remember that many items sell out early.

Cash or checks will be accepted, but not credit cards. Proceeds from the sale help to support local charities, including the Head Start program at Harmony Hills Elementary School and the Betty Ann Krahnke Center, among others.

Also, beginning this year, RWC will contribute funds to Leisure World's Social Services Department to help provide emergency assistance to needy residents.

Crafting for Kids

RWC holds a hands-on crafting project on Wednesday, Nov. 20, from 10 a.m.noon in Clubhouse I. Attendees will make snowmen and reindeer from foolproof craft kits.

The finished crafts will be distributed to young patients at MedStar Montgomery Medical Center's pediatric emergency room.

The event is free, and coffee and coffeecake will be served. Membership chair Aggie Eastham will be on hand to welcome new RWC members. Dues are \$40 per year, and both Leisure World residents and other women choosing to support the RWC are welcome.

Holiday Luncheon

RWC hosts its popular holiday luncheon on Wednesday, Dec. 11, at noon at Manor Country Club. The Blake High School string quartet will provide the music.

Entrée choices are roasted salmon, chicken Française with lemon butter and capers, or sliced strip beef loin with peppercorn sauce. All entrées will be served with roasted fingerling potatoes and a green bean and butternut squash medley. Lunch will also include a pear and berry salad, dinner rolls, lemonade, coffee and tea. Dessert will be a seasonal fruit cobbler served with vanilla bean ice cream.

Luncheon tickets are \$35 for members, and \$40 for non-members. Checks, payable to Rossmoor Women's Club, must be received by Saturday, Dec. 7. No refunds will be made after that date.

Checks, with entrée choice and a phone number included, can be dropped in the RWC mailbox at the E&R office in Clubhouse I, or mailed or delivered to Carolyn Thompson at (15000 Pennfield Cir., Apt. 202, Silver Spring, MD 20906).

The luncheon includes a raffle and a cash-only bar selling wine and mimosas for \$10 and Bloody Mary's for \$15. For details, contact Thompson at (301-806-5383).

Attendees are encouraged to bring new

personal care and grooming items to the luncheon, which will be donated to A Wider Circle. For questions, call Aggie Eastham, (301-438-8150).

Gift Extravaganza

On Monday, Dec. 16, RWC will offer more than 1,000 gift items for sale – from well-made costume jewelry to handy flashlights, caps, toys, socks and gloves – nearly all priced at \$6 each. The sale is from 10 a.m.-2:30 p.m. in the Clubhouse I Crystal Ballroom.

A few extra-special items priced above \$6 will be clearly marked. Volunteers from RWC will be on hand to bag purchases and help shoppers locate selections.

Cash, checks and several major credit cards will be accepted. Again, sale profits go to local charities. Start your gift list now!





Club Takes Virtual Trip Through 'Majestic America' in November

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday in Clubhouse II beginning with armchair travel at 2 p.m. followed by various games at 2:30 p.m.

Trips

On Wednesday, May 20, to Thursday, May 21, 2020, GIAC sponsors an overnight trip to Lancaster, Pennsylvania, for an up-close and personal afternoon with the show, "Queen Esther," a captivating tale of beauty and bravery set in the opulent yet perilous Persian Empire.

The trip includes a special drawing during the bus ride. More detailed information on this trip is available in the Club Trips section of this publication.

Sign-ups for trips take place during Saturday After-

noon Live (SAL) from 1:30-3 p.m. in Clubhouse II when a representative of the trip committee is available to receive payments and answer questions.

The GIAC newsletter, which also has more trip information, is also available at that time. For questions about trips, call GIAC president Elaine Strass at (240-447-2166).

Armchair Travel

On Saturday, Nov. 16 and 23, experience parts one and two of a "Majestic America" video, starting out through the beautiful Bridges of Madison County, and then view the kaleidoscope of colors and textures in Colorado's San Juan Skyway.

Glide through Montana's Big Sky Country, steam past Texas' Rio Grande and wonder at the awe-inspiring Castle Geyser in Wyoming's Yellowstone National Park.

Continue driving on Route 1 through California's Big Sur region, then view the humbling Grand Canyon National Park before traveling along the idyllic beaches of Hawaii's Kauai Island and on up to Alaska's glorious landscapes.

Games

Games begin at 2:30 p.m. right after armchair travel.

Bridge and Rummikub are played in the Clubhouse II lobby and Mexican train dominos is played in the Game Room, where an old-fashioned dominos game is also available. Members are also welcome to bring or suggest other favorite games.

Anyone interested in more information about games should contact Sylvia Pachenker at (301-598-5325).

Knitting Group

Elaine Strass holds an informal knitting group during SAL from 2:30-4 p.m. in the Clubhouse II lobby.

Whether a beginner, an advanced knitter or somewhere in between, knitters are welcome to bring their knitting materials to sit and chat with each other while they knit. For more details, contact Elaine at (240-447-2166).

Membership

Those wishing to sign up for GIAC membership or renew their membership are invited to do so every SAL from 1:30-3 p.m.

The membership fee is a nominal \$8 per year. The income from dues is used to pay Club expenses and enhance activities.

For more information about membership, contact Elaine at (240-447-2166).



Boomers Bike and Hike Through Scenic Western Maryland

by Beth Leanza

on a slightly cloudy but mild fall day, a group of boomers went on the first boomer bike/walk outing. They carpooled to Hancock, Maryland, where some rode bikes on the Western Maryland Rail Trail while others walked on the parallel C&O canal.

Afterward, they had lunch at the fabulous Buddy Lou's Restaurant. The walkers and bikers enjoyed the beautiful fall foliage along the trails and the ride to and from Hancock. More bike/walk outings are planned for the spring, and the Club hopes more people will join!

About the Club

Baby Boomer Club members are a social bunch who enjoy playing games, watching movies and listening to '50s and '60s music. Anyone who fits this description is welcome to join.

Club members also watch movies together in the Clubhouse II auditorium, or at a local theater after dinner at Gordon Biersch. Sometimes they go to Toby's Dinner Theatre in Columbia; ticket includes a buffet dinner.

If you are still working, a lot of activities in Leisure World are unavailable, but not Baby Boomer Club events – they are in the evenings and on weekends.

Friday Hikes with Joyce

All residents are invited to join the Club on any of its walks; they don't need to be a member of the Baby Boomer Club.

Joyce Richardson, available at (301-598-7098) or (777cheekie333@gmail.com), leads walks on Fridays. The group meets up at 1:15 a.m. at a local trail. Most walk about three miles, but some walk halfway and return.

To carpool to the trail, contact Joyce at (301-598-7098) by Thursday night.

To get directions to the walk sites, visit the Baby Boomer Club's website at (https://sites.google.com/site/bbclwmd/calendar) and go to the calendar page, or use Google Maps.

- Nov. 22 Berma Road (Potomac) Meet in the parking lot across from Old Angler's Inn at 1:15 p.m. Bring water.
- Nov. 29 The Audubon Naturalist Society, Woodend Sanctuary (Chevy Chase) Meet in the parking lot near the gift shop at 1:15 p.m. Bring water.
- Dec. 6 Rock Creek
 Trail (Rockville) Meet in
 the lower circular parking
 lot at 1:15 p.m. Bring
 water.

Sunday Walks

Join a group of walkers that meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. Sometimes they go out to breakfast after.

Need more information? Contact Ted Michos at (Tedmichos@gmail.com).

Weeknight Walks

For a shorter walk (about one mile), join a group to walk the Broadwalk in Montgomery Mutual. The walkers meet each weeknight at 5:15 p.m. in the Clubhouse I lobby. No one makes an announcement – look around and introduce yourself!

AVA Walks

The American Volkssport Association (AVA) holds events and provides guides to local walks of interest. More information about AVA walks is available on the Club's website at (https://sites.google.com/site/bbclwmd). Click on Walks, below the events calendar. You do not have to join AVA to participate.

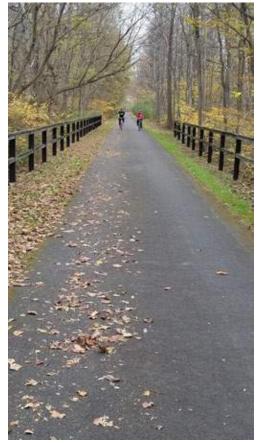
Ready to Join?

Mail a check for \$5 per person, payable to Baby Boomer Club, to Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906). Include an email address to received updates on Club events.

If you're not sure you want to join, then come meet up at a Club activity first. The Club's website is available at (https://sites.google.com/site/bbclwmd) and includes a calendar with activity information.

Emails

Club members who have joined but are not receiving emails are asked to check their

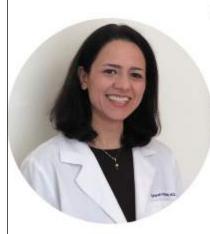


Members of the Baby Boomer Club ride along the Western Maryland Rail Trail during the Club's inaugural boomer bike/ walk outing. Photo by Arlene Gerst

email's "spam" and "junk" folders.

Also, adding the Baby Boomer Club's email address, (bbclw@googlegroups.com), to your contact list or address book will help to prevent the Club's emails from ending up in these folders.

Still not getting email? Contact Beth Leanza at (bethlea12020@gmail.com) or (301-598-4569).



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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at noon. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Clipper Workshop: Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II, the Computer Learning Center is operated by The Leisure World Computer Center Inc. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Windows systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Interfaith Committee for the Homeless and Working Poor: The focus of this committee is to provide opportunities for Leisure World residents to work together to solve some of the problems experienced by homeless and working poor individuals and families in Montgomery County. This coalition is comprised of representatives from The Inter-Faith Chapel, Jewish Residents of Leisure World, Our Lady of Grace Catholic Church, the Unitarian Universalists of Leisure World and the community at-large. If you would like information about participation in ongoing projects of this committee, contact Gwen Raphael at (301-598-7653) or (graphael@verizon.net).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Nov. 22. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

Musical Jammers: We gather informally twice a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II.

All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania. Iwanowski@yahoo.com).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Dec. 12 (no meeting Nov. 28, Thanksgiving Day).

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The Short Story Prize: 15 Yeas of Great Fiction." On Wednesday, Nov. 20, the Group will discuss "Memory Wall" by Anthony Doerr. On Wednesday, Dec. 4, Gina Hirsch will lead a discussion of "Snowmen" by Steven Millhauser. The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: TMO is a movement of residents concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information email (admin@townmeetingorganization.com) or visit (www.townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Yahoo Group: The Group is an online forum and email list serve that provides informal, online communication between neighbors. It provides residents an opportunity to seek information, post announcements and share photos and files. This list serve is monitored daily to assure the stated Group rules are followed. To join, visit (https://groups.yahoo.com/neo).

Leisure World Club Trips

The next deadline for trip submissions is **Monday**, **Nov. 25.** The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to **lwnews@lwmc.com**.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

Dec.

11

Holiday Lights and Decorations Washington, D.C.

Join the **Going It Alone Club** for a family-style Italian dinner at Carmine's Restaurant. Carmine's is renowned for its extra-large portions of antipastos and pastas, seafood and meat entrées, which are meant to be shared.

After dinner, enjoy a bus tour of downtown Washington, D.C., to see the city's holiday decorations, including the Capitol and White House Christmas trees, the holiday decorations on Embassy Row and much more.

The bus departs from Clubhouse II at 2 p.m. and returns approximately 9 p.m.

The cost is \$70 for members and \$80 of non-members and includes dinner, tax, transportation and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Jan. 15

"Ol' Blue Eyes: Frank Sinatra" Signature Theatre, VA

Join **NA'AMAT** in the intimate cabaret setting at Signature Theatre to see "Ol' Blue Eyes: Frank Sinatra," a tribute to this iconic crooner. Tables in groups of three or four have been reserved. A light à la carte menu is available for additional cost (on your own). The bus leaves Clubhouse II at 5:15 p.m. for a 7:30 p.m. performance; the bus will return to Leisure World at approximately 11 p.m. The cost is \$69 person and includes bus transportation and tickets to the show. No refunds or exchanges will be made unless inclement weather causes cancellation. Reservations must be received by Sunday, Dec. 15. Send checks (payable to NA'AMAT) to Carole Mund at (15101 Interlachen Dr., Apt. 724, Silver Spring, MD 20906). If you have any questions, call Carole at (301-598-2768).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

April 27-May 7

Portugal, Spain and Gibraltar

Encouraged by the success of the trip this year to Costa Rica, the **Center for Lifelong Learning (CLL)** planned a trip to Portugal and Spain through Prometour Educational Tours. It is another opportunity for students of Judy Frumkin's Spanish classes to gain practical experience using the language they have been studying. It is also an opportunity for anyone interested in the cultures of these two neighboring countries.

Participants will arrive in Lisbon, Portugal, on the Monday, April 27, and to spend four days visiting Lisbon, Sintra, Sagres and Albufeira. Then it is on to Spain and the cities of Sevilla, Cordoba, Granada and Málaga. Last stops are Gibraltar, and the Spanish city of Ceuta, across the strait in North Africa. The trip includes visits to Jewish, Muslim and Christian sites of interest, and time to enjoy local food, shopping and culture. The base cost of the trip is \$3,934 per person if 20 or fewer people register. If more than 20 register, the price will decrease.

For additional information including a list of the places to be visited and the schedule for payment of the fees, contact Judy at (443-858-2894) or (judyfrumkin@gmail.com). To register for the trip, call (1-800-304-9446) and mention Leisure World for registration, or contact Judy for information on how to register online.

May 20-21

Lancaster and Pennsylvania Dutch Country

Join the **Going It Alone Club** on a two-day trip to Lancaster and Pennsylvania Dutch Country. This trip includes attending the show "Queen Esther" at Sight and Sound Theatre, a visit to Kitchen Kettle Village for authentic Pennsylvania Dutch Country shopping, a stop at the Amish Experience to see the multi-media production "Jacob's Choice" and a visit at Park City Center for more shopping. The trip also includes one night's lodging, one breakfast and one dinner.

The bus leaves Clubhouse II at 8 a.m. on Wednesday, May 20, and returns at approximately 6 p.m. on Thursday, May 21. The cost is \$213 for members or \$223 for non-members double occupancy (add \$39 for single occupancy) and includes the driver gratuity. An initial payment of \$75 is due at sign-up with the final payment due on Saturday, March 7, 2020. No refunds will be made after March 7 unless a replacement is made. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Nancy Alderman at (301-598-5614).

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DAY TRIPS

Hollywood Casino, Charles Town, WV

Wed., 11/20, 10:00 am-5:45 pm.....\$38.00 per person \$20 slot play-determined by Casino. Transportation only

Mount Hope Holiday Dinner Theatre, Lancaster, PA S Sat., 11/23, 9:15 am-7:15 pm\$117.00 per person

Christmas tales, caroling and dining blend together for the annual Mount Hope Holiday Dinner Theater. Trip includes transportation, show and meal.

Dining, Guiding & Lighting, DC

Wed., 12/4, 4:00 pm-10:30 pm\$112.00 per person Dinner at Mrs. K's Tollhouse prior to heading down to DC for a guided tour of

Mount Vernon by Candlelight, VA 😂 😂

Sat., 12/7, 3:30 pm-10:15 pm.....\$135.00 per person Trip includes Candlelight Tour of Mount Vernon, dinner at the Mount Vernon Inn and motorcoach transportation. *uneven terrain-outside and in the dark*

Museum Loop, DC

Mon., 1/13, 8:40 am-3:00 pm\$35.00 per person Choose to spend the day at the Library of Congress, National Archives Museum or the National Museum of American History. Transportation only.

International Spy Museum, DC

Mon., 1/27, 8:45 am-3:15 pm\$48.00 per person Trip includes transportation and admission to museum. Lunch on own.

"Murder on the Orient Express," Fulton Theatre, PA 🍮

Thurs., 1/30, 8:45 am-7:00 pm.....\$120.00 per person Trip includes transportation, lunch at Shady Maple Smorgasbord and admission to show.

"Kinky Boots," Toby's Dinner Theatre, Columbia, MD 😂

Wed., 2/5, 10:00 am-4:00 pm.....\$104.00 per person Winner of 6 Tony Awards. The exhilarating true story that will lift your spirits to high-heeled heights! Trip includes transportation, admission to show and buffet lunch.

"Wicked," Hippodrome Theatre, Baltimore, MD 🥯

Sat., 2/15, 12:00 pm-6:30 pm.....\$185.00 per person Trip includes transportation and admission to show.

MGM Casino, National Harbor, MD Service 1987

Mon., 2/17, 9:05 am-3:00 pm\$40.00 per person Transportation only.

National Portrait Gallery, DC

Tues., 3/3, 10:45 am-3:45 pm\$35.00 per person Transportation only.

Philadelphia Flower Show, PA

3/5 and 3/6, 7:45 am-7:45 pm.....\$95.00 per person "Riviera Holiday" — Mediterranean gardens are this year's theme. Transportation and admission to show included.

"Grumpy Old Men," Dutch Apple Theatre, PA 🥯

Wed., 3/18, 9:00 am-6:00 pm.....\$115.00 per person Slapstick humor! Lunch and admission to the show included.

"Queen Esther," Sight and Sound Theatre, PA 🥯

Fri., 3/20, 9:45 am-9:15 pm\$159.00 per person Lunch at Hershey Farm prior to the show included.

9/11 Memorial and Museum New York 🥯 🥯

Sat., 3/21 7:00 am-11:45 pm\$120.00 per person Timed entry ticket to Museum & Memorial and a Cracker Barrel gift card for dinner on the way home.

Odyssey Cruise on the Potomac River

Wed., 4/1, 9:00 am-3:45 pm.....\$110.00 per person Cruise down the Potomac while eating lunch and listening to music.

Cherry Blossom Tour, DC

Mon., 4/6, 10:00 am-3:15 pm\$84.00 per person Trip includes a step-on guide, lunch at Carmine's and transportation.

NEW "Guys and Dolls," Ford's Theatre, DC

Sat., 4/25, 10:15 am-5:45 pm\$110.00 per person Lunch at Union Station prior to heading over to Ford's Theatre. Explore the museum prior to the show.

Shen Yun at the Kennedy Center, DC 🥯

Wed., 4/8, 11:30 am-5:30 pm.....\$179.00 per person Shen Yun's unique artistic vision expands theatrical experience into a multi-dimensional, inspiring journey through one of humanity's greatest treasures — the five millennia of traditional Chinese culture. Shen Yun's story dances are like mini-dramas. The storytelling is all done through classical Chinese dance, which has a unique dance-acting element. By

coordinating facial expressions with dance movement, dancers can portray any sort of character or personality. Trip includes transportation and admission to the show.

MULTI-DAY TRIPS

Greenbrier, WV

Dec. 8-10

Essence of Panama

Feb. 13-22, 2020

Zoetry Montego Bay in

Jamaica

Feb. 25-29, 2020

Coastal Wilmington, NC

April 19-23, 2020

Ocean City Adventure, MD

June 7-10, 2020

Niagara Falls, Canada June 21-24, 2020

Cape Cod, MA

July 19-23, 2020

Constitution Tour, VA Aug. 6-8, 2020

Yellowstone, Grand Tetons & Mt. Rushmore Aug. 13-21, 2020

Pittsburgh, PA

Sept. 13-14, 2020

Africa and Safari Adventure Sept. 9-20, 2020

Iceland - Land of Fire & Ice

Oct. 21-27, 2020

Portugal & The Douro River

Cruise

Oct. 28-Nov. 7, 2020

South African and Safari **Adventures**

Sept. 9-20, 2020

Tournament of Roses Parade

Dec. 30-Jan. 3, 2020

CRUISES

Carnival Cruise July 19-26, 2020 Seven-night eastern Royal Caribbean Sept. 17-26, 2020 Nine-night Canada/New England Cruise

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Caribbean cruise

Some trips require a certain amount of walking. The shoe symbol

provides an indication of how much walking may be involved.

Easy Walking More Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years."

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

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- · With surgery, there is always a risk for unwelcomed complications.
- · Addictions to pain medications is something you do not want to experience.
- Rehabilitation can take years.

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- · No expensive or time-consuming rehabilitation.
- · No potentially addictive prescription medications.
- · Recovery time is almost instant, not months or years.

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SPORTS, GAMES & Scoreboards

■ Pickleball Club

Nov. 19: Club Holds Fall Social

by Dee Berkholtz

The next major activity planned for the Pickleball Club is the fall social on Tuesday, Nov. 19, at 6 p.m. in Clubhouse II. New and longtime members as well as non-pickleball playing spouses are invited to come enjoy good food, music and one another's company.

Outdoor Tournament

On Oct. 26, two dozen Pickleball Club members gathered for the final outdoor tournament of the year organized by tournament directors Scott Keenum and Bill Wiley.

Players competed in men's doubles, women's doubles and mixed doubles categories. The big winners of the day were Wendy Flannery and Frank Choy who not only won in mixed doubles, but also were on the winning teams for women's and men's doubles.

Flannery and Becky Siman

won the women's doubles competition and Choy teamed with Massimo Fuggiti to win the men's doubles.

The other Club members who enjoyed both the social gathering and the competitive tournament play included Betsy Wiley, Cathy Madden, Arlene Kaiser, Deb Gibson, Barb Shavatt, Susan Newman, Jane Ruane, Aaron Navarro, Tom Meyer, Elliott Lieberman, John Tremaine, Al Desmaris, Ron Grill, Peter McPhie, Judy McPhie, Win VanDeMerwe and Angie VanDeMerwe.

Play Opportunities

Although this may have been the final outdoor tournament of the season, Club members will continue to play pickleball for fun, fitness and friendship throughout the year. One of the many advantages of the game of pickleball is that it is a game that can be played both indoors and outdoors.

The players
who prefer to play
outdoors will continue
to play on tennis
courts 1 and 2 as long
as weather permits.
Rain, snow and ice
may force them
indoors, but unless the
weather is especially
frigid, the enthusiasts
can be found on the
courts most mornings
and afternoons.

For those who

prefer a more temperate environment and indoor flooring, the court in the Activity Room of Clubhouse II will continue to be heavily frequented at the daily scheduled meeting times. Many members will also take advantage of the extensive programs offered by Montgomery County Recreation Department throughout the year.

The Pickleball Club continues to welcome new members as well as those who



From left, Pickleball Club tournament winners Becky Siman, Wendy Flannery, Frank Choy and Massimo Fuggiti. Photo by Bill Wiley

are just curious about the sport. The Club hosts a beginner's clinic every Tuesday at 4 p.m. in Clubhouse II (unless pre-empted by another event). All residents are welcome to stop by to participate or just watch. Be sure to wear comfortable clothing and athletic shoes.

Email Steve Van Albert at (steve.vanalbert@gmail.com) for information about joining the Club.

■10-Pin Bowling League

'Just One More' Knocks 'Hooks' from Third Place

by Rita Mastrorocco

The league is based on handicaps with averages for the bowlers ranging from 87 to 175. If you have not bowled in years, come out and join the fun.

The top league standings as of Nov. 1, 2019 are Winners in first place, Huggers in second place and Just One More in third place.

Top scores for the week of Oct. 25 are:

Scratch Game – Huggers, 679 pins

Scratch Series – Huggers, 1,904 pins

Handicap Game – Huggers, 921 pins

Handicap Series – Rolling Rocks, 2,631 pins

High Average Men – Steve Mueller, 176 pins Scratch Game Men – Noel Dysart, 213 pins

Scratch Series Men – Mark Bandak, 533 pins

Handicap Game Men – Noel Dysart, 262 pins

Handicap Series Men – Bill Garrett, 710 pins

High Average Women – Chris Porter, 169 pins

Scratch Game Women – Myra Galinn, 180 pins

Scratch Series Women – Brandy Moser, 455 pins

Handicap Game Women – Ruth Hutchins, 263 pins

Handicap Series Women – Ruth Hutchins, 727 pins

Top scores for the week of Nov. 1 are:

Scratch Game – Huggers, 684 pins

Scratch Series – Huggers, 1,905 pins Handicap Game – Winners, 974 pins

Handicap Series – Fighting Irish, 2,700 pins

High Average Men – Steve Mueller, 175 pins

Scratch Game Men – Jack Carney, 243 pins

Scratch Series Men – Chuck Martinez, 599 pins

Handicap Game Men – Jack Carney, 322 pins

Handicap Series Men – Jack

Carney, 793 pins High Average Women – Chris Porter, 165 pins

Scratch Game Women – Darlene MacDonald, 177 pins Scratch Series Women –

Nancy Allwang, 484 pins Handicap Game Women – Deli Rebholz, 261 pins Handicap Series Women –

Deli Rebholz, 730 pins You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg. The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11. If interested in joining, call Rita at (301-814-9196).



Scrabble Group Celebrates Halloween

he Scrabblers of Leisure World celebrated Halloween on Oct. 29 with costumes, food and games.

Group members dressed as cats, mice, a queen bee, Little Red Riding Hood, masked characters and witches. Other residents complimented members' costumes and partook in cupcakes, crackers and other Leisure World News goodies.



Scrabble enthusiasts play the beloved word game. Photo by Kimberly Choi,

With their stomachs full of snacks and sweet treats, members played a few games of Scrabble as usual.

The Scrabblers of Leisure World meet every Tuesday from 12:30-6 p.m. in Clubhouse II. The Group has plenty of game boards, and all are welcome. Come join in the fun.

– Radha Pillai

Compiled by Abigail Murton

Oct. 23, 2019

1. Judy Lindley and Judy Lane, 3,380

2. Dottie Donnelly and Dottie Hurley, 2,540

Oct. 30, 2019

No game

■Thursday Afternoon Ladies Bridge

■ Wednesday Night Chicago Bridge

Compiled by JoAnn Gellman

Oct. 24, 2019

1. Ruth Slone, 4,340

2. Evelyn Armstrong, 3,510

3. Henny Stern, 3,350

Oct. 31, 2019

1. Vicky Shaz, 3,660

2. Janet Danziger, 3,270

3. Pat Patton, 3,150

■ Friday Bridge

Compiled by Shirley Rosenhaft

Oct. 18, 2019

- 1. Barbara Marcus, 3,020
- 2. Mark Levin, 2,760
- 3. Bob Stromberg, 2,280
- 4. Shirley Rosenhaft, 2,210

Oct. 25, 2019

- 1. Bernice Cohen, 3,340
- 2. Mort Faber, 3,180
- 3. Belle Lieberman, 2,640
- 4. Janet Danziger, 2,500

■ Golf Club

October Results

Compiled by Rita Molyneaux

Oct. 29, 2019 **Low Gross/Low Net** Tournament **Low Gross**

- 1. Connie Park, 49
- 2. Mary Lee Amato, 50

Low Net

- 1. Lois Falck, 30
- 2. Carole Lee Simms, 32
- 3. Ruth Hutchins, 34
- 4. Barbara Peters, 35
- 5. (tie)Susan Newman, 36 (tie) Nickie Lopes, 36

Oct. 30, 2019 **Superintendent's Revenge Tournament** Men's Closing Field Day

- 1. Jack Frensilli, Doug Cornish, Sperry Storm, Bob Hudson, 122
- 2. Kevin McMahon, Pete Porrello, Bill Hevman, 127
- 3. Richard Falck, Armand Pepin, Jules Goldstein, Gene King, 128

GOLF CARTS – RULES OF THE ROAD

olf carts must be driven on the right hand side of the road nearest the curb. Operators must obey all traffic rules and regulations. Driving golf carts is prohibited outside the community, including the Leisure World Plaza!

Parking or driving carts on any turf areas is prohibited unless areas have



Photo by Leisure World News

been designated for golf cart usage. Golf carts parked in unauthorized areas are subject to towing at the owner's expense.

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Thankful for Turkeys and Chess

by Bernie Ascher

e grateful that there is no shortage Oof turkeys. This year in the U.S., an estimated 46 million of them will be consumed at Thanksgiving, about six billion pounds, according to (www.bloomberg. com).

The pilgrims and Wampanoag tribe celebrated the first Thanksgiving in 1621. According to some historians, 90 Native Americans and 53 pilgrims attended that feast, which lasted for three days.

George Washington proclaimed a national day of thanksgiving for Nov. 26, 1789. America celebrated Thanksgiving sporadically until Abraham Lincoln proclaimed it as a national holiday during the Civil War in 1863 as an annual celebration on the last Thursday of November.

Six states account for two-thirds of the 244.5 million turkeys raised annually in the U.S.: Minnesota, North Carolina, Arkansas, Virginia, Missouri and Indiana. Minnesota, with 49 million, is the leading producer.

North Carolina, with 33 million, is second.

California is the leading state in per capita consumption of turkeys. In the U.S., per capita consumption is 17.5

pounds. Israelis eat more per capita, 25.4 pounds, according to Indexbox, a market research firm.

Each year, the National **Turkey Federation** presents the president with two live turkeys for the holiday. Since 1989, beginning with George H.W. Bush, presidents have held public ceremonies for the presentation. The White House sent

last year's pardoned turkeys to Virginia Tech University.

Thanksgiving is a family holiday, a big travel holiday. People travel many miles to be with their families and loved ones. Last year, the Automobile Association of America projected that 54.3 million

Americans would travel over the Thanksgiving holiday.

The Transportation Security Administration expects to screen 2.6 million

> passengers on Wednesday before the holiday (500,000 more than on a typical weekday) and 1.73 million on Thanksgiving Day.

Thanksgiving is a time when we give thanks for what we have. Chess players, too, are thankful. By popular demand, here is this year's list of reasons to be thankful for chess:

1. It is safer than skydiving.

₩ A A A

- 2. It requires only one other person to play (unless you play against the computer).
- 3. It is cheaper than playing the lottery.
- 4. It does not require costumes, uniforms or safety equipment.
- 5. It keeps our minds off snack foods and everything else.
- 6. It is non-political.
- 7. There is no need to hit or chase a ball.
- 8. You do not need to know a foreign language.
- 9. It can be done without the help of government.
- 10. It is not fattening.
- 11. It will not get you into debt.
- 12. It does not require a password.
- 13. Travel time is minimal.
- 14. It can be played without batteries.
- 15. It gives us something to teach our grandchildren when they teach us how to use an iPhone.

Many chess tournaments are held during Thanksgiving. Chess players at Leisure World, however, do not need a holiday to play chess. In the game shown in the diagram on this page, White can win in five moves. Do you see it?

The solution follows the usual message that the Chess Club meets every Monday, Wednesday and Friday between 1-4 p.m. in Clubhouse II. Membership is free. For further information, call Club president Bernie Ascher at (301-598-8577).

SOLUTION: White moves the Bishop to e8, checking the King. Black moves the King to g7. White moves the Queen to e7, check. Black moves the King to g8. White moves the Bishop to g6. Black moves the Bishop to f7, attacking the White Bishop. White's Queen captures the Black Bishop, check. Black's King moves to h8, whereupon White's Queen moves to h7. Checkmate!

So, do not wait for next Thanksgiving. Do not wait for a family feast. Do not wait for a pardon. Play chess now!

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Lawn Bowlers Flock to Leisure World

by Paul Ganz

L eisure World has been visited recently by quite a few lawn bowlers from around the country who came for various reasons.

Jerry Ricucci came from West Virginia and Brian Ganz came from Virginia to participate in the recent Maryland Senior Olympics' Lawn Bowling competition at Leisure World. Trish Murphy from Phoenix also visited in September. She and her husband are avid bowlers.

Last week, Ted Tragard, whose wife was attending a conference in Washington, D.C., learned that Leisure World has a fully operating bowling team, so he stopped by to join the Club for its regular Tuesday match.

Tragard said his bowling club in Pittsburgh, Pennsylvania, has recently installed lights on its bowling green, paid for by the city with the stipulation that the club teach the local citizens all about this wonderful game of gentle exercise and social camaraderie.

Steve Folick, who introduced himself as "Steve from California," is visiting his mother-in-law at Leisure World. A member of the Long Beach Bowling Club, Folick also joined the genial Leisure World Club for a match.

The Lawn Bowls Club was happy to be visited by people from all corners of the country.

Club members encourage all residents who would like to stay active in their later years and who enjoy a bit of pleasant competition, gentle exercise and camaraderie to join the Club when it returns to the green in the spring of 2020. The Club will meet on Tuesday and Thursday evenings.



From left, Paul Ganz, Steve Folick, Ted Tragard and Ed Guillette, president of the Lawn Bowling Club. Photo by Lois Reese

Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

Bridge:

- Tuesday and Friday Duplicate Bridge games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).
- The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).
- **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).
- Thursday Ladies Bridge welcomes more card players. If interested, call JoAnn Gellman at (301-351-2391).

Chess: Free chess lessons on Mondays for beginners or "rusty" players. Call Steve Harvith at (301-801-4693) or Lark Keller at (301-219-5955) for appointments. The Chess Club meets every Monday, Wednesday, and Friday from 1-4 p.m. in Clubhouse II. Membership is free.

Cribbage: We meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Golf Club: The regular golf season is winding down. However, the golf course is open all winter long, weather permitting. Every Wednesday, there will be an organized "Winter Scramble." Call the pro shop at (301-598-1570) for times and greens fees.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Mah-jongg: Learn how to play mah-jongg. Call (301-598-3438). **Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

Ping-Pong Club: Get healthy exercise and camaraderie playing ping-pong. The Club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email her at (julie12401@netscape.net).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 4-6:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

- **Poker Game** openings are available at the Greens, Thursdays from 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).
- **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
- **Play Poker** Mondays and Thursdays from 1 p.m.-4:30 p.m. in the Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Thursday Night Poker meets every Thursday from 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

Volleyball for Everyone: If you are a resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).

CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

***Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



TECHNOLOGY

NEW – Understand News Ways to Watch Television with Comcast Xfinity, Internet and Apps and Listen to Internet Podcasts and Audio Books on Mobile Devices in 2020: This class covers information on Comcast Xfinity at Leisure World, what monthly services and charges are provided by our community and internet streaming; how to subscribe, manage and listen to podcasts and audio books.

Please bring your mobile phone, pad/tablet or laptop to class.

For more information, contact Yolande Campbell (202-689-4207) or email (clcy odavid2018@gmail.com).

Class meets Friday, Dec. 13, 10 a.m.-noon.

Fee: \$15. Register at Clubhouse II.

Internet of Things: What are Cloud Storage, Internet Messaging Basics, USB Drives and Web Search Engines? In this lecture, learn the basics of cloud storage — a technology that lets you store documents, images and other media files remotely while giving you greater accessibility,

reliability and protection for your important data. We'll discuss what it is and why it's the future of data storage and demonstrate a few of the most popular services currently available to consumers.

Please bring your mobile phone, pad/tablet or laptop to class.

For more information, contact Yolande Campbell at (202-689-4207) or email (clcyo david2018@gmail.com).

Class meets Friday, Nov. 22, 10 a.m.-noon. Fee: \$15. Register at Clubhouse II.

Internet of Things: How the Internet Affects

You: This lecture provides an overview of the vast world of the Internet of Things and discusses best practices for keeping a computer and mobile device secure (privacy and security). Participants will learn how consumer devices communicate with each other across Wi-Fi and the internet and which of these devices are part of the Internet of Things. Participants will also learn what a password book is and about the technology that is fueling smart homes and smart

Bring your mobile phone, pad/tablet or laptop to class.

For more information, contact Yolande Campbell at (202-689-4207) or email (clcyo david2018@gmail.com).

Class meets Friday, Dec. 6, 10 a.m.-noon. Fee: \$15. Register at Clubhouse II.

DANCE INSTRUCTION

Line Dance with Wendy:
This is an introductory dance course for students who have had little or no dance experience and who want to learn the basics. If you are a beginner/advanced beginner in line dancing, this is the class for you. Join Wendy in a day of fun and dances with a mix of cha-cha, rumba, tango, samba and more.

Class meets Mondays, Nov. 25-Jan. 27, 2020, from 2-2:55 p.m. for the Beginner class and from 3-4 p.m. for the Advanced Beginner class. Choose your session based on your experience. Fee: \$45 per session. Register at Clubhouse II.

EXERCISE

NEW – Ba Duan: This is the world's oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

Limited enrollment. Class meets Mondays, Dec. 9-Feb. 10, 4-5 p.m. Fee: \$20. Register at Clubhouse II.

Therapeutic Yoga with Robin: This movement class on the floor will facilitate greater ease of movement and comfort in the body. Inspired by the work of Moshe Feldenkrais, Joseph Pilates, yoga, Robin McKenzie and other, the class will include slow stretching, repetitive movements and breath awareness.

Participants should bring a mat, blanket and small pillow or folded towel (depending on how comfortable the participant is in putting their head on the floor when lying down). Participants should also dress in layers as the floor may be cold; air temperature in the room can be adjusted as needed to keep participants warm).

Explore your own body and movement patterns to increase your range of motion and ease in movement to reduce pain. Try it! It can change your life.

Instructor Robin M.
Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Fridays, Nov. 22-Jan. 24, 2020 (no class Nov. 29 or Dec. 27), 3-4 p.m. Fee: \$110. Register at Clubhouse II.





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301-685-3300

CALENDAR of Events

Dial 301-598-1313 for recorded Daily Events

Friday, November 15

Clubhouse I

10:00 a.m. Abstract II Art Class 10:00 a.m. Book Club Network: Bookies 10:00 a.m. JRLW Course: Israeli Cinema - 1986-2008 11:00 a.m. Amazing! Shocking! The Romantics! Music Class 12:15 p.m. Kiwanis Club 1:30 p.m. Watercolor II Art Class

2:00 p.m. AARP Seminar: We Need to

2:00 p.m. Town Meeting Organization 3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Pickleball Club 1:00 p.m. Zumba Gold Class 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge Club 7:30 p.m. Fun and Fancy Theatre Group Production: "70, Girls, 70"

Saturday, November 16 **Clubhouse I**

9:00 a.m. Gentle Yoga Class 9:30 a.m. Holiday Arts and Crafts Bazaar

10:00 a.m. RAG Open Studio **Clubhouse II**

9:15 a.m. JRLW Service 11:00 a.m. Pickleball Club 12:00 p.m. LW LGBTO Alliance Potluck and guest speaker Nancy Palker 2:00 p.m. Going It Alone Club: Social 7:30 p.m. Fun and Fancy Theatre Group Production: "70, Girls, 70"

Sunday, November 17

Clubhouse I

10:00 a.m. JRLW Breakfast Forum **Clubhouse II**

11:00 a.m. Tech Day 2:00 p.m. Fun and Fancy Theatre Group Production: "70, Girls, 70"

Monday, November 18 Clubhouse I

9:15 a.m. Stretch, Tone and Strength **Training Class**

10:00 a.m. Basic Drawing II Art Class 10:30 a.m. Stretch, Tone and Balance Class

1:00 p.m. Oils Art Class 1:30 p.m. Leisure World Chorale 1:30 p.m. NARFE Chapter 1143: Checkbook Expert on Federal Health **Benefit Plans**

1:30 p.m. Hadassah Judaic Study 2:00 p.m. CLL Seminar: 'Rethinking Diversification'

5:00 p.m. Democratic Club: Mailing 6:00 p.m. Newcomers Duplicate Bridge

7:00 p.m. Bingo 7:00 p.m. Journeys and Experiences of the Musical Mind Class

Clubhouse II

9:00 a.m. Senior Sneakers Class 10:00 a.m. Clipper Workshop 10:30 a.m. Zumba Gold Class 11:00 a.m. Chair Yoga Class

12:30 p.m. Pickleball Club 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 1:30 p.m. CLC: Android Help Session 2:00 p.m. Chair Yoga Class 3:00 p.m. Ping-Pong Club 4:00 p.m. Ba Duan Exercise Class 5:30 p.m. Model Railroad Club **Operating Session** 6:00 p.m. Lions Club

Tuesday, November 19 Clubhouse I

9:00 a.m. Blood Pressure Testing 9:30 a.m. Any Medium I Art Class 1:00 p.m. RAG Open Studio 7:00 p.m. Trivia Club 7:00 p.m. Duplicate Bridge 7:00 p.m. Republican Club

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Club Clinic 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class 12:15 p.m. Pickleball Club 12:30 p.m. Scrabble Group 1:00 p.m. Stroke Support Group 1:00 p.m. Non-impact Fusion Water **Exercise Class** 1:30 p.m. Comedy and Humor Club 3:00 p.m. Pickleball Club Potluck and Social

7:00 p.m. Mindful Meditation Group

Wednesday, November 20 Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Any Medium II Art Class 10:00 a.m. Rossmoor Library Guild 10:00 a.m. Rossmoor Women's Club: **Hands-on Crafting Project** 11:00 a.m. Short Story Group 1:00 p.m. Oils and Acrylics II Art Class 1:00 p.m. CLL Course: Journals of a Geographer 7:00 p.m. Hadassah: Installation of

Officers

6:45 p.m. Chicago Bridge

Clubhouse II

8:30 a.m. Pickleball Club 10:00 a.m. Zumba Gold Class 1:00 p.m. Aqua Fit Class 1:00 p.m. Chess Club 2:00 p.m. Chair Yoga Class 3:00 p.m. Ping-Pong Club 5:30 p.m. Model Railroad Club **Operating Session** 2:00 p.m. LW Green Movie: "Woman at War"

Thursday, November 21 **Clubhouse I**

9:15 a.m. Stretch, Tone and Strength **Training Class** 10:00 a.m. Watercolor I Art Class 10:30 a.m. Stretch, Tone and Balance Class 11:00 a.m. Writers of LW 11:00 a.m. Comcast Xfinity Demo

Leisure World Mutual Meetings

Nov. 19 Mutual 14 Board

9:30 a.m., Sullivan Room

Nov. 20 **Mutual 5 Board**

9:30 a.m., Sullivan Room

Nov. 21

Mutual 15 Board

9:30 a.m., Sullivan Room

Mutual 20A Board

9:30 a.m., Party Room 1

Mutual 13 Board

1:30 p.m., Sullivan Room

Nov. 22

Montgomery Mutual Board

9:30 a.m., Clubhouse I

Nov. 25

Mutual 23 Board

10:00 a.m., Party Room **Mutual 9 Board**

10:00 a.m., Sullivan Room

Nov. 26

Mutual 17A Board

2:00 p.m., Party Room

Mutual 21 Board

2:30 p.m., Community Room 3

Nov. 27 Mutual 19B Board

1:00 p.m., Sullivan Room

Health

Nov. 20, 2:00 p.m., Clubhouse I

Restaurant

Nov. 18, 10:00 a.m., Clubhouse I

and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.

Meeting times and locations subject to change. Sign in to (residents.lwmc.com)

Meetings of the LWCC Board of Directors, Executive Committee and **Advisory Committees**

Budget and Finance

Nov. 20, 10:00 a.m., Clubhouse II

Communications

Nov. 21, 10:00 a.m., Clubhouse I

Energy

Nov. 19, 9:30 a.m., Clubhouse I

LWCC Board of Directors

Dec. 3, 9:30 a.m., Clubhouse I

LWCC Executive Committee

Nov. 15, 9:30 a.m., Sullivan Room

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.

12:30 p.m. Ladies' Bridge 1:00 p.m. People and Pets Art Class 1:00 p.m. LWAAAC Healthful

Thursdays

1:30 p.m. Wood Shop Users Group **Training**

2:00 p.m. Book Club Network:

Thursday Readers

2:00 p.m. Memory Café

4:00 p.m. Comcast Xfinity Demo Session

Clubhouse II

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. Stitching Group 11:00 a.m. Water Exercise Class

11:30 a.m. Pickleball Club 12:30 p.m. Men's Bridge

1:00 p.m. E&R Movie: "Can You Ever Forgive Me"

2:00 p.m. Model Railroad Club **Operating Session**

2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Friends of India Association 7:00 p.m. Vegetarian Society

Friday, November 22 **Clubhouse I**

10:00 a.m. Abstract II Art Class 10:00 a.m. JRLW Course: Israeli

Cinema - 1986-2008

11:00 a.m. Amazing! Shocking! The

Romantics! Music Class

1:30 p.m. Watercolor II Art Class

2:00 p.m. Cannabis 101 Club Seminar-3:00 p.m. Hispanos de LW: Bingo

7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Chinese Club

10:00 a.m. Internet of Things Class: What is Cloud Storage?

1:00 p.m. Zumba Gold Class

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge

3:00 p.m. Therapeutic Yoga Class

4:00 p.m. Pickleball Club

7:30 p.m. Fun and Fancy Theatre Group Production: "70, Girls, 70"

Saturday, November 23 Clubhouse I

9:00 a.m. Gentle Yoga Class

10:00 a.m. Open Art Studio 7:30 p.m. Ballroom Dance Club

Clubhouse II

9:15 a.m. JRLW Service 11:00 a.m. Pickleball Club 2:00 p.m. Going It Alone Club: Social 7:30 p.m. Fun and Fancy Theatre Group Production: "70, Girls, 70"

Sunday, November 24

Clubhouse I

No Scheduled Activities.

Clubhouse II

11:30 a.m. Pickleball Club 2:00 p.m. Fun and Fancy Theatre Group Production: "70, Girls, 70"

Monday, November 25 **Clubhouse I**

9:15 a.m. Stretch, Tone and Strength **Training Class**

10:30 a.m. Stretch, Tone and Balance Class

1:30 p.m. Leisure World Chorale 1:30 p.m. Book Club Network: Fall Readers

7:00 p.m. Bingo

7:00 p.m. Journeys and Experiences of the Musical Mind Class

Clubhouse II

9:00 a.m. Senior Sneakers Class 10:30 a.m. Zumba Gold Class 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 1:30 p.m. CLC: Android Help Session 2:00 p.m. Line Dance Class 3:00 p.m. Ping-Pong Club 3:00 p.m. Line Dance Class

4:00 p.m. Ba Duan Class 5:30 p.m. Pickleball Club

5:30 p.m. Model Railroad Club **Operating Session**

Tuesday, November 26 **Clubhouse I**

2;00 p.m. Book Club Network: Suspensers

7:00 p.m. Trivia Club 7:00 p.m. Duplicate Bridge Game

Clubhouse II

10:00 a.m. LW Apple Club 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class 12:30 p.m. Pickleball Club 12:30 p.m. Scrabble Group 1:00 p.m. Non-impact Fusion Water **Exercise Class**

1:30 p.m. JRLW Movie: "Working Woman"

2:30 p.m. Unitarian Universalists 4:00 p.m. Pickleball Club

Wednesday, November 27

Clubhouse I

9:00 a.m. Gentle Yoga Class 6:45 p.m. Chicago Bridge

Clubhouse II

10:00 a.m. Zumba Gold Class 11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Aqua Fit Class 5:15 p.m. Pickleball Club 5:30 p.m. Model Railroad Club Operating Session

Thursday, November 28

Clubhouse I

No Scheduled Activities.

Clubhouse II

No Scheduled Activities.

Friday, November 29

Clubhouse I

7:00 p.m. Friday Duplicate Bridge **Clubhouse II**

1:00 p.m. Zumba Gold Class

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge 3:00 p.m. Ping-Pong Club

4:00 p.m. Pickleball Club

Saturday, November 30

Clubhouse I

9:00 a.m. Gentle Yoga Class

Clubhouse II

9:15 a.m. JRLW Service 11:00 a.m. Pickleball Club

2:00 p.m. Going It Alone Club: Social 4:30 p.m. E&R Event: Wind Song Trio

Sunday, December 1

Clubhouse I

No Scheduled Activities.

Clubhouse II

11:30 a.m. Pickleball Club 2:30 p.m. Fireside Forum Program: Challenges and Prospects for the U.S. and Asia

6:30 p.m. Baby Boomer Club: Game Night

Monday, December 2 **Clubhouse I**

9:15 a.m. Stretch, Tone and Strength **Training Class**

10:00 a.m. Basic Drawing II Art

10:00 a.m. CLL General Meeting 10:30 a.m. Stretch, Tone and **Balance Class**

1:00 p.m. Oils Art Class

1:30 p.m. Leisure World Chorale 2:00 p.m. Compassion and Choices:

Learn About Emergency Medical Services

7:00 p.m. Bingo

7:00 p.m. Journeys and Experiences of the Musical Mind Class

Clubhouse II 9:00 a.m. Senior Sneakers Class 10:00 a.m. Clipper Workshop 10:30 a.m. Zumba Gold Class 12:30 p.m. Pickleball Club 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 1:30 p.m. CLC: Android Help 2:00 p.m. Line Dance Class

3:00 p.m. Line Dance Class 3:00 p.m. Ping-Pong Club

4:00 p.m. Ba Duan Exercise Class 5:30 p.m. Pickleball Club 5:30 p.m. Model Railroad Club

Operating Session

Tuesday, December 3

Clubhouse I

9:00 a.m. Blood Pressure Testing 9:30 a.m. Any Medium I Art Class 1:00 p.m. RAG Open Studio 6:00 p.m. Unitarian Universalists Holiday Dinner 7:00 p.m. Trivia Club

7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Club Clinic 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class

12:15 p.m. Pickleball Club 12:30 p.m. Scrabble Group

1:00 p.m. Non-impact Fusion Water **Exercise Class**

1:30 p.m. Comedy and Humor Club 3:30 p.m. Lawn Bowls Club Holiday Party

4:00 p.m. Pickleball Club

Wednesday, December 4 Clubhouse I

9:00 a.m. Gentle Yoga Class

10:00 a.m. Any Medium II Art Class 11:00 a.m. Short Story Group 1:00 p.m. Oils and Acrylics II Art Class

1:00 p.m. CLL Course: Journals of a Geographer

2:00 p.m. Book Club Network: African Heritage

4:00 p.m. LWAAAC General Meeting

6:45 p.m. Chicago Bridge

Clubhouse II

10:00 a.m. Zumba Gold Class 11:00 a.m. Mild Exercise Class 1:00 p.m. Aqua Fit Class 1:00 p.m. Chess Club 2:00 p.m. Chair Yoga Class 3:00 p.m. Ping-Pong Club 5:30 p.m. Model Railroad Club **Operating Session** 7:30 p.m. Fun and Fancy Theatre Group Monthly Show

Thursday, December 5

Clubhouse I

9:15 a.m. Stretch, Tone and Strength **Training Class** 10:00 a.m. Watercolor I Art Class 10:30 a.m. Stretch, Tone and **Balance Class** 11:00 a.m. Writers of Leisure World 11:00 a.m. Comcast Xfinity Demo Session 12:30 p.m. Ladies Bridge

1:00 p.m. People and Pets Art Class 1:30 p.m. Health Advisory Committee: Police Autism, Intellectual, Developmental Disabilities and Alzheimer's Outreach Program (AIDDA) 3:00 p.m. Stamp and Coin Club 4:00 p.m. Comcast Xfinity Demo

Clubhouse II

Session

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced Tai Chi Class 10:00 a.m. Stitching Group

11:00 a.m. Water Exercise Class 11:30 a.m. Pickleball Club 12:30 p.m. Men's Bridge 1:30 p.m. Gilbert and Sullivan Society 2:00 p.m. Model Railroad Club

Operating Session 2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Friends of India Association

4:30 p.m. Pickleball Club

Friday, December 6

Clubhouse I

10:00 a.m. Abstract II Art Class 11:00 a.m. Amazing! Shocking! The **Romantics! Music Class** 12:00 p.m. Comcast Xfinity Forum 1:30 p.m. Watercolor II Art Class 2:00 p.m. CLL Seminar: Options for Seniors

3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Chinese Club 10:00 a.m. Internet of Things Class: How the Internet Affects You? 1:00 p.m. Zumba Gold Class 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge 3:00 p.m. Therapeutic Yoga Class 4:00 p.m. Pickleball Club

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Are you ready for service that goes over and above? Are you ready for care that goes the extra mile? Then, yes indeed, you may just be ready for assisted living and memory care with A Whole Lotta Heart.

Come find out at our Grand Opening Celebration! Take α

tour of our beautiful community, enjoy live entertainment and dancing, sample delicious fare prepared by our chef, and enter to win one of our amazing raffle drawings.

Thursday, October 24th | 4:00-8:00 pm

All are welcome. We hope you will join us!





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THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

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Expires December 15th. 2019

and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol. com).

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REAL ESTATE FOR SALE

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FOR SALE BY OWNER: Vantage Point East end-unit with added features overlooking golf course. Two teak wood curio cabinets; glass dining table; 4 wrought-iron chairs; honey oak secretary; dresser with full length mirror; new queen hide-a-bed sofa; large koi planter-pot and other items. (301-438-0716) for appointment.

3 BEDROOM, 2 FULL BATH, with garage, steps from

elevator. Hardwood floors, updated kitchen, extra-large enclosed balcony. You will love it! \$319,000. Contact Eve Rados Marinik, Douglas Realty, (301-221-8867), (evemhomes@gmail.com)

2 BEDROOM, 2 FULL BATH, garden unit. Table spaced kitchen, hardwood floors, full-sized washer and dryer, balcony. Fee includes all utilities! \$158,000. Contact Eve Rados Marinik, Douglas Realty, (301-221-8867), (evemhomes@gmail.com).

REAL ESTATE FOR RENT

3 BEDROOM, 2 FULL BATH patio home with eat-in kitchen, 1 car garage. Furnished. Utilities included. \$3,950 per month. Call (410-868-1110).

GARDEN TWO-BEDROOM, twobath condo available for lease the first of November. Premier community of Leisure World for adults 55 plus! This condo features fresh paint, side-by-side washer/ dryer and new quartz kitchen countertops. Living room, small enclosed sunroom and outdoor patio with a spectacular view. Call (301-598-6451) to schedule an appointment to see this exceptional home. No smoking! Pets considered, a reserved parking space, utilities and basic cable included.

\$1800 — Vantage Point West—6th floor. 1,035 sq. ft. 2 BEDROOM, 2 FULL BATH, Patio home with eatin kitchen, extra-large garage space included. Available Feb. 1, 2020. Call Karen (301-529-0900).

FOR SALE

Medium-size ELECTRIC HOSPITAL BED, waterproof, \$150. Medium-size wheelchair, \$35. Walker with wheels, \$20. 90-inch couch, \$40. Red cane chair with footstool, \$30. Entertainment center, \$50. 2 round end tables, \$25 each. 2 wood chairs, \$20 each. Large gold-trim wall mirror, \$35. Large wall dresser mirror, \$40. Lamps, \$25 each. 2 mag racks, \$20 each. Turnberry Courts—call or text to see and for pics (301-655-7798).

WALL UNIT: traditional 3-piece walnut, 101W x 79.5H. End pieces with glass doors on top, doors on bottom. Middle piece can hold 40" TV. \$250. (301-598-2955) (N. Smith) after 9 a.m.

CEMETERY PLOTS

TURF TOPPED CRYPT B1. 12. Sec 4 Unit 437, levels A&B. Parklawn Memorial Park. Consists of one unit, two chamber. Tier type (2 burial rights) includes "C" bronze 24x14 with vase and granite. Value \$9,995. Asking \$4,997.

AUTO SALES

2016 TOYOTA CAMRY LE. Fourdoor. MD-inspected, like new. Only 13,500 miles. One owner. \$15,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2002 CHRYSLER CONCORDE LIMITED. Loaded with sunroof, leather interior, chrome factory wheels. MD-inspected, only 43,000 miles. Previous LW owner. \$4,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

1986 OLDSMOBILE CUTLASS SUPREME. 4-door, 33,000 miles, like new, garage-kept, V-8, comes with four new tires, Leisure World car. \$7,000. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS—Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

TRANSPORTATION SERVICES

DRIVER with 25 years' experience. I am a Leisure World resident. I am working as an Aide Nurse. Drive

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DRIVER WITH CONCIERGE STYLE at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a fourdoor Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any personal assistance you may need. Call Ken at (508-612-9647).

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CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

"A" HOME HEALTH CARE for Senior Citizens - Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

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OVERNIGHT CAREGIVER with more than 14 years' experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends and clients in facilities to group home members and privately caredfor patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. Arafa (240-883-8933), (brownzebra@hotmail.com). Availability: 10 p.m.-7 a.m.

ATTENTIVE, COMPASSIONATE CAREGIVER, Jamie, would like to assist you with your daily needs. Jamie has a lot of experience with elder care as she has been

working at the Brooke Grove Nursing Home for quite some time. Please call her at (301-980-8432). Thank you.

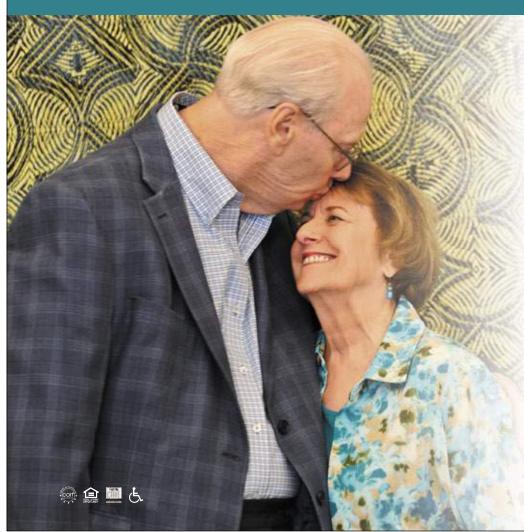
Leticia Adu is my name. Am a CNA/GNA/MED TECH. I provide quality and affordable care for elderly. I have 13 years' experience. I give personal care, companionship, housekeeping, shopping, appointments, etc. Please contact me (301-793-3989) or (240-252-0439). Email me on (mumbea2002@yahoo.com).

Augusta Obimpeh is my name. Am a CNA/GNA/MED TECH as well as LPN. I have 16 years' experience caring for elderly. I provide long- and short-term care - very affordable companion care, nursing care, housekeeping, etc. Contact me on (240-883-8126), (240-252-0439) or (301-793-3989). (sweetieamae@yahoo.com)

Seeking NURSING ASSISTANT hours for my aide (days, nights, weekends). I've lived in Leisure World for 11 years, the last seven with my current aide. My situation is changing. Unequivocally, she is the best aide I've had in my 25 years needing care. She is CNA-certified. Has 20+ years of experience and assists with all ADLs, personal care, cleaning, cooking, shopping, sewing, laundry, errands, appointments (medical, personal, professional). Experienced with manual and

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SCHEDULE YOUR PERSONAL VISIT TODAY!



INGLESIDE AT KING FARM www.ikfmd.org/memorysupport 240-398-3846

Ingleside at King Farm is a not-for-profit, CARF-accredited, SAGECare-certified, life plan community.

powered medical equipment, such as wheelchairs, Hoyer lifts, hospital-style beds, walkers, specialty shower and bathing equipment. During her time with me, she has performed basic carpentry, built 3 desktop computers and rewired my "inceiling" lift's hand control. Out of the dozens of aides, she is, by far, the most cheerful, intelligent and trustworthy. If interested, please call me at (301-760-0168) or my aide (202-658-2145).

EXCELLENT CAREGIVER AVAILABLE: Highly competent, trustworthy, flexible, and caring — cared for my parents for over five years. Leisure World resident. Highly recommended. (301-509-7234).

CERTIFIED NURSING ASSISTANT. Over 30 years working in Leisure World. Excellent references and experience. Own transportation. Doctor's appointments, groceries, other errands and light housekeeping. 24 hours. Please call Divina any time (240-463-1199).

SPECIALITY IN PRIVATE DUTY cases. 20 years' home health services expertise. Light housekeeping, running errands, special needs, doctors' appointments, ADLs, companionship, meal preparation, medication reminders and more! Bebe (240-481-7055), (kmabinty78@yahoo.com).

HIGHLY-DEPENDABLE and extremely compassionate caregiver with 11+ years' extensive experience in providing timely and friendly care to elderly and disabled clients. A warm-hearted individual who performs personal care activities in a manner that maximizes clients' independence and dignity in a safe environment. My core competencies include: companionship • meal preparation · light housekeeping · bath assistance • general assistance appointment management errand-running • personal care excellent communication skills (bilingual English/Spanish). (301-646-2132), (monicamanzano585@ vahoo.com).

My name is Mary. DRIVER with 20 years' experience. Working as a CNA. Drive anywhere: comfortable, smooth, safe. Accident-free record. All-clean vehicle. I am available 24/7. Please call (206-602-4064) or (301-219-1514).

EXPERIENCED CAREGIVER willing to give you care in the comfort of your own home. Call (301-252-5092) "Joe."

Hello, my name is Cynthia Ojo. I am a CNA/MEDTECH with 12 years' experience. Provide care like bathing, toileting, feeding, cooking, transferring, etc. My goals are comfort and safety. I am available for long days and nights,

both weekday and weekend. Please contact me on (240-593-1283), email (ojosay@gmail.com), and I promise to meet all your needs. I can drive and am also affordable.

ELDER CARE NEEDS of Alzheimer's, dementia and memory provided in a brand-new home, for short- or long-term. I have a CNA with 10 years of experience in a large commercial facility. Loving hands in assisted living. Please call (240-552-0226) for information.

WARM ANGELS ELDER CARE (warmangelseldercare.com) — Reana Robinson, independent certified nursing assistant. A minimum of 2 hours. For information please call (240-360-7783) or email (reanar1@yahoo. com).

I AM A CNA. Licensed in nursing, RN in Philippines. 18 to 20 years' experience as a caregiver. Worked 3.5 years in assisted living, and private duty for more than 15 years. Duties include personal hygiene, light housekeeping, shopping, meal preparation, dressing, errands, cooking, doctor's appointments, medication reminders. Own car. Dependable, loving, hard worker with excellent references. (301-820-0421).

GNA, CNA, Maryland Board of Nursing. Assist with bathing, light housekeeping, cooking, doctor appointments, companionship, driving. CPR, First Aid. 24 hours. 30 years of experience. Overnight, 9 a.m.-7 p.m. (434-234-2347) or (301-502-1370), (semaly558@gmail. com).

I AM A LICENSED CAREGIVER looking to care for your loved one in the comfort of your home. I am compassionate and caring. I do companionship, bathing, preparing food, light housekeeping, medication reminders. Call Florence (240-779-1984).

FANTASTIC COMPANION AND CAREGIVER. Wendy Espalmado has worked for our family for the last 8 1/2 years and is now available as our parents have both passed. Wendy has a gracious, kind and sunny spirit that made her beloved not just by our parents but our whole family. She is a terrific cook who learned to make favorite family recipes; she has a car and is a great driver. She is a skilled cleaner, organizer and provider of personal care. She is unfailingly reliable, willing to go the extra mile and very flexible. If you or a family member need a wonderful caregiver, we would love to tell you more about Wendy. Katie Spurlock, cell: (914-275-5662) and Lydia Schindler, cell: (301-523-9141). You can also contact Wendy directly at (240-515-8430).

CERTIFIED NURSING ASSISTANT, over 20 years' experience. Honest, dependable care with respect and love. Personal care, cooking, cleaning and doing shopping.

References available. Available for work now, days and weekends. Call Yvonne at (240-706-0428).

PROVIDING QUALITY AND AFFORDABLE CARE: Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337)

HOME SERVICES

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified preowned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@ msn.com) (www.continentalmovers. net).

RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

CABINET REFACING AND KITCHEN REMODELING - Kitchen Saver has been making kitchens accessible for safe independent living for over 30 years. Quality workmanship by our own company-employed installers (no subcontractors), superior materials and innovation have been our watchwords. As a multiple Angie's List Super Service Award winner, we will exceed your expectations. For a free consultation contact us at (800-427-0108) or visit our website at (www.KitchenSaver.com) and prepare to be impressed!

POTOMAC WINDOW CLEANING Company — Family-owned and operated for 35 years serving the local area. Careful workmanship. Licensed, bonded and insured. (301-656-9274). The Montgomery family thanks you for your interest.

SMALL MOVES and TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

FEDERAL CLEANING, LLC has been a trusted cleaning company used by several Leisure World residents over the past year. Call us for your free estimate today. We offer both apartment and home cleaning services. We are extremely flexible—seven days a week to accommodate your schedule. Give us a call at (240-614-1592), (202-710-7426). Hope to hear from you soon!

COMPUTER HELP

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

COMPUTER LESSONS / SERVICES — Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for electronics and computers. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

A+ COMPUTER SERVICES.
Free in-house diagnostic of your computer, printer, or basic set-ups.
A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER PROBLEMS? Virus removal, email setup, smartphone and tablet help, printer help, purchase recommendations. Irie Computer, LLC. Call Durond Brown (240-670-4743), email: (durond@IrieComputer. com) Website: (IrieComputer.com)

COMPUTER HELP: Fix your problem in an hour or less for \$50.

Don't fix it, it's free. Easy Elder Tech (301-802-6633)

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with senior care and the care of seniors pets. Safe/reliable door-todoor transportation as needed. Assistance with pet care. Dog walking and pet sitting as needed. Transportation for grooming/ vet appointments. I'm a 57-yearold semi-retired doctor, Leisure World resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

HOUSE CALLS LLC. Beth Albaneze, CTRS, CPRP, owner. We come to your home for your convenience when faced with acute or chronic life issues. All our services are under one umbrella with a variety of professionals to choose from: counselors, advocates, resource experts, life coaches, recovery specialists, recreation therapists, insurance advisers. Contact Beth at (301-346-6732) or (callingonbeth@ gmail.com). Web: (www. callingonbeth.net).

DO YOU NEED ASSISTANCE with scheduling appointments, organizing, downsizing, errands or meal prep? Experienced in nonmedical care. Clean background, don't drink or smoke, get along with most pets. Instructor; CPR/ AED & First Aid. Reliable, punctual, efficient, professional. Bonded/ insured. Jennifer (301-371-2210).

HOLIDAY HELPER available to help with those time-consuming tasks that can become so overwhelming prior to the holidays - preparing packages needing to be shipped, addressing holiday greeting cards, taking items to the post office and gift wrapping. Price negotiable depending on task. Please call Ann (Leisure World resident) (301-873-1893).

NOTARIES

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

PET CARE

DOG WALKING SERVICES -Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Other services include dog or cat companion visits, and feeding at mealtime, if owner is away. Please call (301-598-3454) for more information.

DOG WALKING & DOG SITTING services! Rain or shine, snow or sleet, we are dedicated to taking care of your four-legged friend. Located just five minutes away from your community, our team of dog-lovers offers walks, drop-in visits and dog sitting and boarding services. Call us to schedule a Meet and Greet today! (240-338-7019)

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American and Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

NO LONGER USING YOUR CAR? Residents with an unused or unwanted vehicle can donate it to Vehicles for Change. They'll pick it up for free and you earn a tax deduction for the fair market value. Why VFC? As a nonprofit, they match each donated car with low-income families in need of transportation. Your car could be a family's ride out of poverty. Donate today at (www.vehiclesforchange. org) or call (855-820-7990).

JOB OPPORTUNITIES

CUSTOMER SERVICE/BRAND AMBASSADOR - Tired of being retired? Kitchen Saver is looking for Brand Ambassadors to represent us at events. Perfect for those who are outgoing and passionate about helping others. If you are looking to supplement your retirement goals in a flexible environment, contact Tish today at (443-789-6956).

BICYCLE MECHANIC PART-TIME. Thriving independent bike shop located in nearby Rockville invites applicants for a part-time bicycle mechanic position to begin immediately. Will train the right person with related skills and mechanical abilities. Flexible hours beginning at 15 hours per week through the winter months, possibly expanding to 35 hours in the spring. Pay commensurate with demonstrated skill. Requirements: Must have some experience with bicycles, be a team player, reliable, able to lift 50 pounds and an enthusiastic worker. All tools provided. Great opportunity! Please send résumé and salary

requirements to (vcalda@gmail. com). No phone calls please.

ACTIVITY OPPORTUNITIES

MAH JONGG - I am an experienced player and am hoping to either join or fill in on a game. I really enjoy playing and am available most days and nights. Please call Roberta (301-598-5453).

MOVIES AND MUNCHIES. Are you looking for something fun to do on a Saturday or Sunday afternoon? How about catching a movie at AMC Wheaton once a month and enjoying a nosh after! No discussion, no analysis, just a fun afternoon at the movies with new friends! If you're interested, please email me at (susan.krupka@gmail.com) or give me a call at (240-446-0975).

Looking for TENNIS AND/ OR PICKLEBALL partner/s for evening hours. I prefer to play at Olney Manor Rec Center with many lighted tennis courts. Please reply to Helen: (HLEE555@gmail.com) or text to (240-817-4213).

SCRABBLE CLUB FOR WOMEN

- seeking a few new members
- Club meets at founder's LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using 'official Scrabble rules' and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including

Rediscover Our Assisted Living

For almost two decades, Marian Assisted Living has provided focused, personalized senior care. And our award-winning community continues with this mission. Nestled in the heart of the vibrant Brookeville neighborhood of the Reserves at Manor Oaks, we're here for today's needs and tomorrow's. Learn more, call or visit us today.

New Neighbors. Same Neighborhood.



phone to Polly at (pfields@career-strategies-inc.com) or call ((571-236-1775) in MD in LW).

BOOK CLUB FOR WOMEN — seeking a few "Serious Readers": 15+ year-old club reads award-winning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc. com) or call (571-236-1775 (in MD–LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc. com) or call (571-236-1775 (in MD–LW)).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena. biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH
REPRESENTATIVE PAYEE!
Representative Payee helps lowincome persons with disabilities
manage their finances. Each
volunteer is matched with a client
who needs help with budgeting,
paying routine bills and keeping
track of financial matters. If
interested in volunteering, contact
the Volunteer Coordinator (301424-0656, ext. 541) or (volunteer@
mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@ mhamc.org) or (301-424-0656, ext. 541) if interested.

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@ seniorconnectionmc.org) to learn more.

HELP A CHILD! In just onetwo hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@ AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

VOLUNTEER TUTORS and FACILITATORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, conversational English classes, and a new GED Program. No experience necessary. We provide materials, training and ongoing support. Sign up for an information session online at (www.lcmcmd.org) or call Raul Marin at (301-610-0030, ext. 211), or email (Raul@lcmcmd.org).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www. animalalliesrescue.org). Follow on Facebook. AARF is 501(c)(3) all-volunteer non-profit.

INTERESTED IN HELPING KIDS learn about giving and service? The Giving Square is a local non-profit which recognizes the power of children to be contributors to their community. Through our work, kids become more empathetic, altruistic and committed to addressing local needs. This is a school-based program which works across 20 schools and organizations, mostly in Montgomery County. We are looking for ADVISORS, CLASSROOM VOLUNTEERS, and SEWING SUPPORT! For more information, please contact Amy at (amy@thegivingsquare.org) or (202-487-3103).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

UPCOMING EVENTS

"PETALS & SIP": An event featuring fresh-cut flower arrangements for the Fall and Holiday season! While sipping a favorite beverage, enjoy our gathering to celebrate Fall, Thanksgiving and November birthdays. Celebrate with friends and family with a "Petals & Sip" event. Everyone loves flowers! We provide all material, flowers, design guidance, tips & tricks to create a beautiful fresh-cut flower centerpiece. Each guest takes home the centerpiece created during the event. Join us at this fun and popular social event. You can join our Downtown Silver Spring event, or arrange for us to join you at your location. This is an instructor-led, 2-hour event, tons of fun!! \$35 per guest. For details contact Chiquita Quarles, (240-481-0482) or (events@the-aztec-group.com).

"FROZEN IN TIME: Hunting Meteorites in Antarctica for Signs of Life" by Danny Glavin, astrobiologist at NASA Goddard Space Flight Center. Fall and Ice Author Series. Thursday, Dec. 5, 6:30-7:30 p.m. Kensington Park Library, 4201 Knowles Ave.

KENSINGTON PARK BOOK CLUB presents "The Great Believers" by Rebecca Makkai. Nominated for many awards, book, says Margot Livesay of The New York Times, "is by turns funny, harrowing, tender, devastating, and always hugely suspenseful. It reminds us, poignantly, of how many people, mostly young, often brilliant, were lost to the AIDS epidemic, and of how those who survived were marked by that struggle." Wednesday, Dec. 18, 12:30 p.m. Kensington Park Library, 4201 Knowles Ave.

WANTED

FAST CASH FOR USED CARS—Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

CASH FOR OLD COINS. Local, private collector. Buying coins, jewelry, silver, gold. (301-639-4245).

WANTED: FIREARM COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).

CASH FOR WATCHES – Rolex, Omega, Patek, Vacheron, Audemars, Tudor, Zenith and others. Text/ call Brody at (202-320-6380) or email: (dcwatchdc@gmail.com)



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Villa Cortese "L" Model Building 4, 3BR, 2FB,

updated kitchen, 1520 sf.



LISTING UNDER CONTRACT! \$199K Ellicott Model

3 BR,2 FB, top level, cathedral ceilings, updtd kit & flrs 1340 sf.



Fairways South "GG" Model Garage spc, 2 BR, 2 FB, lower flr, contemporary updates, 1195 sf.



Greens "K" Remodeled + Gar 2 BR, Den, 2 FB, stunning kit. & BAs, exceptional views, 1480 sf.



"Cabot" Model Patio Home 3 BR, 2 FB, kit & BA updates, fenced patio, 2 car gar. 1193 sf.

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LISTING UNDER CONTRACT! \$450K Villa Cortese New Building "Q" Luxury 2 BR, den, 2 FB, green view, garage space incl, 1574 sf.



Overlook "L" w Garage Space End unit w best view, huge kit w stainless, fully renovated, 1735 sf!



Regency Oak Hill Model - New hwd flrs, updated BAs, 2 first flr BRs, two car garage, 3684 sf.



The Regency "Falconcrest" 4 BR, 3.5 BA, new carpet & paint, granite & SS appliances, 3322 sf.



Elegant, Updated Patio Home Turnkey, 2 BR, 2 FB, family room w/FP 2 patios, 2 car gar, 1470 sf.



Villa Cortese New Building "T" 3 BR, 2 FB, upgraded appliances & floors, garage space, 1560 sf.



CALL US FOR FREE:

CONSULTATION, COMPETITIVE MARKET ANALYSIS, & COMMUNITY BOOKLETS

Sue Heyman: 301-580-5556 sueheyman@aol.com Rick Winkler: 301-404-3105 rwinkler@weichert.com Sudha Baxter: 202-368-8536 sudhabaxter@yahoo.com Weichert Realtors: 301-681-0550 office

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