Leisure World News of Maryland

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Automated Gate Access Expected Next Year



Vehicles enter the community through the Norbeck Gate. Photo by Leisure World News

by Stacy Smith, Leisure World News

A n automated gate access system slated for installation at the Main (Georgia Avenue), Norbeck and Connecticut Gates is expected to be operational by late 2020.

The Leisure World Community Corporation approved funding for the project in September as an addition to the 2020 budget.

The system will use radio-frequency identification (RFID) to grant automatic entry to vehicles that are equipped with an RFID tag, allowing the Security and Transportation Department greater control over access to the community, according to Dave Merritt, Leisure World's senior business and systems analyst and the gate access system's project manager.

The Security and Transportation Department will install the RFID tags, which are each about the size of a Band-Aid, mostly transparent and placed on a vehicle's driver side headlight, Merritt said.

The tag is non-transferrable and can be deactivated by Security when a resident no longer lives or owns property at Leisure World.

Gate Access

RFID-tagged vehicles will have access to the community through any of the three gates during their operational hours, which are not expected to change when the new gate access system is implemented.

While the Main Gate and Connecticut Gate will continue to

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Board Considers Golf Course Enhancement Plan

by Stacy Smith, Leisure World News

A plan for repairs and enhancements to the golf course was presented at the regular meeting of the Leisure World Community Corporation (LWCC) board of directors on Dec. 3.

If implemented, the plan, which has been reviewed by the Golf and Greens Advisory Committee, would modernize the golf course's design and functionality and improve play and accessibility.

"A golf course is a living, breathing thing; it does require periodic refreshment," said Joel Wieman of the McDonald Design Group Inc., which the LWCC board contracted to create the plan.

Management is set to release a request for proposal by Sunday, Dec. 15, for companies to bid on the golf course enhancement plan, and responses/proposals are due to Leisure World one month later on Wednesday, Jan. 15.

The Golf and Greens Advisory Committee will review responses/proposals in February, and the LWCC board

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Court Rules in Favor of Leisure World Community's Fees Comply with State Law, Judge Finds

by Leisure World News

Montgomery County Circuit Court judged in favor of Leisure World on all counts of a complaint filed in an ongoing lawsuit, effectively ending the case in trial court.

The community facilities fee, the two percent resale fee and the resale administrative fee do not violate the Maryland Homeowners Association Act, Judge Anne K. Albright ruled in a Nov. 26 hearing. The plaintiffs' argument that the fees are unlawful "is based on a flawed reading of the [Maryland] Homeowners Association Act," in particular section 11B-116 regarding the amendment of governing documents, Albright said at the hearing.

The hearing addressed eight counts in the lawsuit's third amended complaint, including unfounded claims that Leisure World breached

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Residents who've signed up on (residents.lwmc.com) now receive email notices from management. To learn more, **see page 7**.

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Creative Streaks

Residents Share the Stories Behind their Art

by Kimberly Y. Choi, Leisure World News

ovember's Arts and Crafts Bazaar featured the artisanship **V** of about 30 Leisure World residents. Now in its sixth year, the sale is an annual tradition held before the holidays and attracts many residents eager to shop for gifts and see what their neighbors have fashioned by hand.

The Leisure World News asked several of the artists, "Can you show one of your pieces and tell the story behind it?" Here are their responses.



"I was going to teach one of my students early in the morning at lvymount School, which is a school for kids with special needs. Early, I went out, went to get into my van, saw the reflection opening the door, grabbed my camera — if you love

to shoot, [you know] it's got to be right there — turned around and shot this through a tree. I was thrilled. I also used that idea for a painting. [It] just made me smile."

- Randy Rosenblum



"In the 15th century, this was the artillery of the day. They would put a bale of hay, light it on fire and it would consistently go over a wall. These are models of 15th-century pieces, all the way down to the hubcaps taking liberty, of course." - Michael Higgs



'l used to do a lot of sewing, and I just came up with the design [for a scarf]. I picked up a square of fabric like this, a copyright on it."



and I said, "That makes a bow," so I figured out how to tie it. I've been doing this since the 1970s, and my husband drew up the instructions, so we have

-Norma Kirschner



"This is a knitting bowl. For people who knit or crochet, you put the yarn in the bowl. I make a lot of them with black cats on them. For some reason, people who knit also like cats, and [the bowl] keeps your cat from running away with your ball of yarn."

– Sara Torvik



Then, the jacket goes back on the bear! It's like a gift that keeps on giving." – Lois Zajic Leisure World N

"The baby wears the

jacket until the baby outgrows the jacket.

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Foundation of Leisure World Offers Tax Benefits Through Donation Program

by Alan J. Goldstein

The computers in the library in Clubhouse I were a decade old, and they didn't even allow the library staff to place books on hold.

The library's precious data was stored on the hard drives of a few 10-year-old computers, and library volunteers had to call residents about overdue books one at a time.

Enter the Foundation of Leisure World, with a grant to replace the library's computers and software. Now, the library's data is safely stored in the Cloud, and the long-festering problems are things of the past.

Similar stories have played out as the Foundation funded new furniture for the Rossmoor Art Guild and polishing equipment for the Lapidary Shop.

Tax Benefits

With the recent changes to the tax law, the higher stan-

dard deduction left many residents stymied in their attempts to enjoy tax benefits for their charitable donations. But when residents support the Foundation of Leisure World, a 501 (c)(3) organization dedicated to health, educational and cultural purposes at Leisure

World, they have an opportunity to receive tax benefits. For residents required to take a

Required Minimum Distribution (RMD) from their traditional IRA or 401(k)

plan, the law allows tax advantages for donations to qualified charities such as the Foundation of Leisure World provided certain rules are followed.

Donations must be made directly from a person's IRA or 401(k). To take advantage of the Foundation's RMD Donation Program, a resident must have the trustee of their retirement fund write a check directly to the Foundation.

For example, when a resident makes a RMD distribution through Vanguard's website,

Dec. 13: Credit Union Hosts Holiday Party

S ignal Financial Federal Credit Union hosts a holiday party – "Joy to Leisure World" – on Friday, Dec. 13, from 1-3 p.m. at its branch location in the Administration Building.

All residents are invited to stop by and mingle with their neighbors and credit union staff as they enjoy food and refreshments. And while there, say hello to the branch's new manager, Peter Gray.

– Leisure World News

Where in Leisure World?



Photo by Leisure World News

A n ornate spade decorates a wall, along with the other playing card suits. Lots of card games go on around Leisure World. But where might a card player find this cozily adorned spot? The answer appears in the next edition of Leisure World News. – Leisure World News one option is 'Send me a check.' Select that option, and then another option appears: 'Qualified charitable distribution.' Check that and then enter the name 'Foundation of Leisure World, Inc.,' and a check made out to the Foundation will be mailed to the resident at his or her address.

Simply leave the check with the E&R office in either clubhouse and you are done. The portion of your RMD donated to the Foundation will be tax-free.

For further information or questions about the Foundation's RMD Donation program, call Marian Altman,



A member of the Gem, Lapidary and Mineral Society of Leisure World uses polishing equipment funded by the Foundation of Leisure World. Photo by Alan J. Goldstein

Foundation president, at (301-438-1357), or Alan Goldstein, Foundation board member, at (301-847-9215).

Last Chance to Give to Toys for Tots

Weichert, Realtors is again collecting for the Toys for Tots Marine Corps Reserve program; a collection box is located at the Weichert, Realtors desk in the Administration Building lobby. The last day to bring gifts is Monday, Dec. 9.

As in years past, all types of toys are welcome: games, footballs, models to build, dolls, plush animals, books, coloring books, crayons, paints, Lego items, puzzles and more. Last



Photo by Leisure World News

year, Leisure World was very generous and creative with the gifts given, and residents look forward to the toy drive every year.

– Marilyn Chmielewski



Gate Access

from page 1

be staffed by security guards and available for entry by both residents and visitors, plans are for the Norbeck Gate to be unstaffed and available for entry only to vehicles with an RFID tag.

However, drivers who are stopped at the Norbeck Gate would be able to remotely communicate with the main gate's security guards via an intercom system, and Security would have the ability to override the system. "What we're doing is very common," Merritt said. "Many, many communities have unstaffed gates."

Residents and visitors driving a vehicle without an RFID tag would be required to use the Main and Connecticut Gates' visitor lanes.

A green/red light would be added to the Main Gate's lane that is closest to the guardhouse, which is the heaviest lane of traffic. The light would help signal to security guards when the RFID reader has processed or denied access to an incoming vehicle.

Added Features

The project also includes plans for two high-definition cameras to be installed at all lanes at all three gates.

One of the lane's cameras would provide 24/7 recording of all activity for both incoming and outgoing vehicular and pedestrian traffic, while the other camera would be used by Security to zoom in on a particular vehicle or activity.

Additionally, sensors would be installed at each of the three gates to detect emergency services' sirens, and the gates

Board

from page 1

is likely to take action on the plan at its regular February meeting.

Advisory Committees

The LWCC board confirmed the 2020 advisory committees' members and chairs. Committee members will serve from Wednesday, Jan. 1, through Thursday, Dec. 31. (Members of the Government Affairs Advisory Committee serve from July 1 through June 30 to conform with the legislative session).

Business Continuation Plan

The board voted to approve an emergency business continuation plan for Leisure World. The plan outlines procedures for the appointment of an acting general manager in the event of an unplanned absence.

Government Affairs

The board also approved a motion by the Government Affairs Advisory Committee supporting local bill MC23-20, which, if passed, would authorize the Montgomery County Council to grant a property tax credit for senior citizen volunteers.

The LWCC board chair will send a letter to the Montgomery County Delegation confirming Leisure World's approval of the bill.

E&R Policies and Procedures

The board voted to postpone a motion that, if passed, would have approved the Education and Recreation (E&R) Department's revised policies and procedures.

Instead, the motion will return to the E&R advisory committee with the LWCC board's request that the committee "pay particular attention" to the policy regarding commercial activity in the clubhouses. The revised policy as written stipulates that "for-profit commercial activities are not permitted in the clubhouses" unless the general manager grants an exception. "For-profit commercial activity" is defined in the policy as "activity conducted by a non-Leisure World for-profit commercial entity which retains money raised in the activity."

CPAC and **Trust Projects**

A motion confirming the Community Planning Advisory Committee's (CPAC) role in Trust Facilities Improvements and Projects was also postponed.

The motion specifies that Trust Facilities Improvements and Projects would first be reviewed by the CPAC prior to such projects being brought to the LWCC board for action.

Several LWCC board members commented that approving the motion as written would give the CPAC would open automatically as fire trucks, ambulances and other emergency vehicles approach.

Looking Ahead

The number of RFID tags provided to each unit and other policies regarding visitor access are yet to be decided.

The Security and Transportation Advisory Committee is working with management to hammer out the details of the project and will make their recommendations to the Leisure World Community Corporation board of directors as appropriate.

undue power or usurp the LWCC board's authority.

Administration Building

Bidding on the construction phase of the Administration Building and Clubhouse I Site Improvements project is anticipated to take place in the summer of 2020, according to general manager Kevin Flannery.

A contract was signed with an architectural firm on Nov. 11 to complete drawings for the permitting phase of the project.

Updates from MedStar

- A new, full-time nurse practitioner will begin working at MedStar Health medical center on Monday, Jan. 6.
- A MedStar Health physician will join the medical center's team in the coming months, starting at two days per week at the site and moving to full-time in February.
- A float nurse is at the medical center two days per week to assist with urgent appointments.

The LWCC board voted to enter into a closed session at the end of the regular meeting to discuss legal and personnel matters.

The board's meeting and agenda packets and minutes are available online at (residents.lwmc.com).

The LWCC board of directors will not meet in December. The board holds its next regular meeting on Tuesday, Jan. 28, at 9:30 a.m. in Clubhouse I. Board meetings are open to all residents unless legally closed.



Lawsuit

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its fiduciary duty and violated the Maryland Consumer Protection Act.

The third amended complaint was filed against Leisure World Community Corporation (LWCC) and Leisure World of Maryland Corporation, its managing agent, on June 20 by residents Richard Thornell, Jordan Harding and Priscilla Read Chenoweth.

The court previously found in April that the process by

"The plaintiffs' argument that the fees are unlawful "is based on a flawed reading of the [Maryland] Homeowners Association Act."

– Montgomery County Circuit Court Judge Anne K. Albright which board members take their seats on the LWCC board of directors does not violate the Maryland Homeowners Association Act, an original allegation the plaintiffs re-alleged in the third amended complaint.

The original lawsuit challenging the LWCC board of directors' authority was filed in July 2018 by nine residents, six of whom dropped out of the case within a few months.

"The defendants have run Leisure World in a manner that is consistent with [its] governing documents," Albright reasserted at the Nov. 26 hearing.

The court also denied the plaintiffs' motion for partial summary judgment.

The plaintiffs withdrew their motion for class certification at the close of the hearing.

The plaintiffs will have 30 days to note an appeal once the court enters a written order consistent with its Nov. 26 rulings.

A \$25,000 insurance deductible was accounted for in the 2018 fiscal year to cover the cost of legal fees related to the lawsuit.

Leisure World's Directors and Officers insurance policy is covering the remaining costs.

The first complaint and its second and third amended

versions are available to view or download from (residents. lwmc.com).

In the Documents section, click on the Leisure World Community Corporation Governance folder, and then click on the 2018 Lawsuit folder.

There is a Catholic Church in Leisure World!



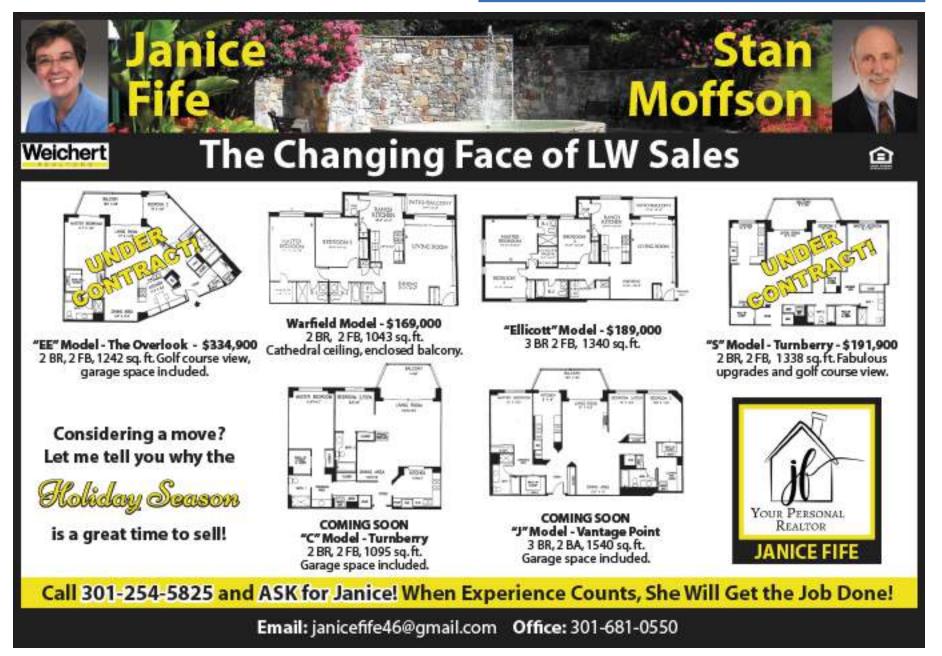
Our Lady of Grace Roman Catholic Church was founded in 1978 to serve the people of Leisure World.

It moved from celebrating liturgies at the Interfaith Chapel to its present location in 1991, to the right just as you are leaving LW by the Norbeck Road gate.

Masses are held daily at 9:00 AM, weekends at 4:00 PM Saturday, 9:00 and 11: 00 AM Sundays.

We welcome all to come worship with us OUR LADY OF GRACE CHURCH

15661 NORBECK BOULEVARD SILVER SPRING, MD 20906 301-924-0067 OURLADYOFGRACE@COMCAST.NET



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Comcast Xfinity Installation Schedule*

Phase	Installation Start/Stop Date	Mutual		Postcard Mail Date
Phase 1	9/16 to 9/28	Turnberry Courts The Fairways South	The Fairways North	8/30
Phase 2	9/29 to 10/12	The Overlook Creekside	Mutual 19B Villa Cortese	9/15
Phase 3	10/20 to 11/2	Mutual 10 Mutual 14 Mutual 19A	Vantage Point East Vantage Point West	10/7
Phase 4	10/27 to 11/9	Mutual 5 Mutual 6A Mutual 6B Mutual 7 Mutual 8 Mutual 9 Mutual 11	Mutual 12 Mutual 13 Mutual 15 Mutual 16 Mutual 18 The Pines Regency	10/21
Phase 5	11/10 to 11/23	Montgomery Mutual		11/1 (call to schedule an appointment after 11/4)
Phase 6	11/24 to 12/14	The Greens	The Greens II	11/15 (call to schedule an appointment after 11/11)
Phase 7	12/15 to 12/21	Remaining Customers		

*Schedule subject to change

Comcast Xfinity Installations Approach Homestretch

by Leisure World News

Residents who have questions or would like more information about their installation, service or equipment can attend a third resident forum held by Comcast Xfinity on Friday, Dec. 6, from noon-2 p.m. in the Clubhouse I Crystal Ballroom.

Comcast Xfinity is in the penultimate phase of home installations; about 70 percent of all Leisure World homes have received high-speed internet and upgrades to their cable TV service included in the bulk-rate agreement.

Residents who can't make the forum or who'd rather speak to someone one-to-one can head to the Comcast Xfinity office located in the Harbor Room of Clubhouse I, where a Comcast Xfinity representative is available to answer questions and provide information.

The office is open Monday through Thursday from 10 a.m.-5 p.m. and on Fridays from 10 a.m.-3 p.m. The office is closed for lunch every day from 1-2 p.m.

Residents who've already received their installation can also stop by the office beginning Monday, Dec. 16, to register for one of two final demo events held on Thursday, Dec. 19. The first demo event is from 11 a.m.-12:30 p.m. and the other is from 4-5:30 p.m.

Demo session attendees will learn how to navigate their newly upgraded cable TV using the XI Voice remote.

For more information about Comcast Xfinity's service to Leisure World, visit (residents.lwmc.com).

COMCAST XFINITY CORNER

How to Schedule Your Appointment

by Leisure World News

Residents who have yet to schedule their free installation are encouraged to do so by calling the bulk service phone number at (855-638-2855). Here's what they can expect when making the call:

- 1. The automated service will confirm your home address. If correct, say "Yes."
- 2. You then will hear main menu prompts. Say, "Change services."
- 3. When prompted next, say "high-speed internet."
- 4. Verify your account by entering the last four digits of your Social Security number. You then will be transferred to a live agent.
- 5. The agent will verify the equipment you have and the services offered through the bulk contract.

- 6. If you are switching your home phone service to Comcast Xfinity, expect your call to take longer.
- 7. If you have a smartphone or can access your email during the call, you will be able to immediately see what your bill will amount to. Otherwise, the Comcast Xfinity agent can confirm the bill amount with you over the phone.
- 8. The agent then will help you schedule your installation appointment. Technicians work seven days a week, from morning through early evening.



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Resident Website Launches Community Email Service

by Stacy Smith, Leisure World News

T he resident website (residents.lwmc.com), a repository of news and information about Leisure World, now offers one more way to stay connected to the community – email service.

Residents and non-resident homeowners signed up as users on the website have begun receiving these emails, with the first sent on Oct. 18. Each email includes a brief message from general manager Kevin Flannery along with timely news and information about Leisure World's happenings.

Those who are not receiving emails from Leisure World management but would like to must first sign up as a user on (residents.lwmc.com), a secure, sign-in based website available only to community members.

Unlike other news and information platforms, email expedites the process of providing up-to-date news and information directly to residents and non-resident owners on their computers, smartphones, tablets and other digital devices.

As of late November, approximately 2,700 users have signed up on the website since it was launched in October 2017.

Sign Up

Residents and non-resident homeowners can sign up on (residents.lwmc.com) by clicking on "Sign Up Today" on the website's welcome page, which then takes them to a Sign Up page where they fill out a four-step, self-explanatory form with their name, home address, email address and other basic information.

Website users are encouraged to add (Messenger@ AssociationVoice.com) to their email contacts list to ensure Leisure World emails are directed to their inbox rather than their junk or spam folders.

And users who decide they no longer want to receive emails from management can unsubscribe from them by clicking on the link at the bottom of the email. They will not lose access to the website by doing so.

Secure Sign-In

Residents and non-resident homeowners who sign up to access the website must create their own sign-in names and passwords.

Passwords must be a minimum of six characters (letters, numbers, symbols, or a combination thereof).

For example, "Apple\$75" is a password that meets all the requirements, whereas the password "opal" does not. Choose a sign in name and password that are meaningful to you and easy to remember.

Once signed up, any user who forgets his or her sign in name or password should navigate to his or her mutual's website and select the "Forgot Your Sign In Name or Password?" link.

To navigate to their mutual's website, users can search for it by name in the search bar at the top left of the (resi dents.lwmc.com) homepage.

Renters

Residents who rent their property at Leisure World, or who have recently acquired their property from a former resident or deceased relative, should email (website support@lwmc.com) with their full name, the name of their mutual and their home address.

Still Having Trouble?

Residents and non-resident homeowners who need assistance while trying to register as a user, sign in to, or navigate the website can email their questions or concerns to (websitesupport@ lwmc.com) any time; they will receive a response during the workweek.

They can also call the help desk Monday through Friday, between 1-4 p.m., at (301-598-1029).

SURE WO HAS SO MANY WAYS TO KEEP UP WITH COMMUNITY NEWS AND EVENTS: Recorded Daily Events (301-598-1313) **Leisure World News** Mobile Access to (residents.lwmc.com) Community News NEWS Club News Social Media • Calendar of Events @LeisureWorldMd Twitter Calendar of Meetings Facebook Leisure World of Maryland **Resident Website** (residents.lwmc.com) TV Channels Community News • 972 - Daily Events and Announcements Community Calendar News Alerts • 974 - Weekly Events and Meeting • Information about Amenities and Services Broadcasts Access to Mutual website portals **Community Email** LEISURE • available upon sign up to (residents.lwmc.com)



Leisure World Snow Plan Blueprint for a Safe and Healthy Winter

When Montgomery County authorities announce for apartment-style buildings and individual units (primary a snow emergency, snow emergency restrictions become effective in Leisure World as well.

Leisure World is private property encompassing 55 miles of roads and walkways. The county and state do not provide assistance during a snow emergency.

When Snow Begins to Fall

The first priority is to provide continued access for rescue vehicles and automobiles required by residents who might need emergency medical care. The MedStar Health medical center will be given top priority at all times.

Snowplows will clear primary access roadways, parking lots and driveways in the following order:

- 1. Through Streets: Rossmoor Boulevard, South and North Leisure World Boulevards, Interlachen Drive, Norbeck Boulevard, Gleneagles Drive, Chiswick Court, Connecticut Avenue, Kelmscot Drive, Hyde Park Drive, Twin Branches Drive, Fitzhugh Lane, Tarkington Lane, Prince Frederick Way, Pine Orchard Drive and Pennfield Circle.
- 2. Primary Access Roads: Fiske Drive and Terrace, Edelmar Drive and Terrace, Ludham Drive, Forest Edge and Glade Drives, Vantage Hill Road, Bramblewood Drive, Bassett Lane and Glen Eagles Drive.
- 3. Remaining named "Courts," "Squares," "Terraces" and "Ways" that serve a dozen or more units.
- 4. Driveways providing access to less than a dozen dwelling units.

When the Snow Stops Falling

Shoveling crews will start clearing entrances and sidewalks at the Clubhouses and Administration Building, if the facilities are open, followed by the primary access paths

and individual units (primary access means from main entrance to parking lot). In apartment-style buildings, if you do not use the front door as primary access because of a disability, call the **Grounds Maintenance Department** (301-598-1314) to arrange special clearing.

Machine clearing of perimeter walks and other long stretches of walks will be done concurrently. Because machine clearing is much faster, these long walks may be completed before hand-shoveling crews have reached other primary access walks.

The snow plan calls for access to a primary roadway, including sidewalks:

- within 24 hours after the precipitation has ended for snowfalls of 12" or less.
- within 36 hours after the precipitation has ended for snowfalls of 12-24"
- within 48 hours after the precipitation has ended for snowfalls of more than 24"

Parking Restrictions

During the snow emergency, do not park on any street designated as a Snow Emergency Route. These include Rossmoor Boulevard, Leisure World Boulevard, Gleneagles Drive, Chiswick Court, Interlachen Drive, Norbeck Boulevard and Connecticut Avenue.

Do not park in Reserved or Visitors parking spaces in your parking lot. Your mutual may have designated these spaces as areas for snow handling. Residents affected will be contacted by their mutual to move their vehicles to assigned temporary parking spaces prior to snow removal.

The director of Security and Transportation or a special police officer (SPO) can assist in identifying a resident whose automobile may be obstructing snow removal operations.

Clearing Snowbound Vehicles

McFall & Berry Inc.'s contracted services do not include shoveling out parked vehicles.

If necessary, call a relative, friend or neighbor to request help. Another option is to use the services of individuals who will do the work for a fee.

Security requires anyone wanting to shovel out residents' cars for a fee to register with the Grounds Maintenance Department at (301-598-1314). The department maintains a list of individuals who have been pre-approved. If you know of anyone interested in providing this service, have that person call the Grounds Maintenance Department as soon as possible. The department will provide identification cards. Security requests that you report any individuals who do not have proper ID.

The Grounds Maintenance Department does not set shoveling fees, nor is it responsible for any damages that may be incurred.

When you Need Medical Attention

- Call 911 for all medical emergencies.
- Notify the Grounds Maintenance Department (301-598-1314) at least three hours in advance of a medical appointment you are unable to reschedule. Make sure your medical facility will be open; do not make any assumptions that it will be.
- Call the Grounds Maintenance Department to have your name placed on a snow clearance priority list if you have an ongoing critical medical requirement such as dialysis, oxygen, chemotherapy, radiation, etc.

Updates

• Call the Daily Events Line at (301-598-1313) for up-to-date snow-related information, including trash pick-up, bus scheduling,

cancellation of Clubhouse I and II events, activities and facility closings.

- Check the Leisure World closed circuit TV channel 972 for snow-removal updates.
- Check (residents.lwmc.com) for snow removal updates.

Communication

- Call the Main Gate (301-**598-1044)** to report stuck vehicles or accidents.
- · Call the Grounds Maintenance Department (301-598-1314) with your snow clearance inquiries. Due to the high volume of calls and the department's need to be out overseeing snow-removal operations, calls will be monitored and prioritized on a regular basis around the clock. Calls will be returned as quickly as possible according to urgency.
- Do not call the McFall & Berry, Inc. office for routine information, complaints or scheduling issues.

Additional Advice

- In preparation for a potential snow emergency, now is a good time to stock up on essentials such as food and medicines, and other items such as batteries and reading materials. Be prepared to keep at least one week's supply of essentials on hand during the winter months.
- During a snow emergency, if you are in doubt about venturing from your residence, it is best not to go out. Also, wait until conditions are safe before putting out trash or retrieving newspapers.

This information is provided by the Grounds Maintenance Department and can also be found at (residents.lwmc.com) under the Amenities and Services dropdown arrow. Scroll down and select Snow Removal Plan.

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GOVERNANCE *Information*

Dec. 9: Forum Held on **County's Operating** Budget

by Leisure World News

eisure World and ▲ County Executive Marc Elrich invite all residents to attend an open forum about Montgomery County's fiscal year 2021 (FY21) operating budget on Monday, Dec. 9, from 1:30-3 p.m. in the Clubhouse I Crystal Ballroom.

The forum is free for all residents, but tickets are required and available in the Clubhouse I E&R office (limit two tickets per person).

The forum is the last of a series that Elrich has held throughout Montgomery County to seek input from county residents about budget priorities. "The best way residents can have impact on the budget is to let us know what is important to them. I invite them to



Marc Elrich, screenshot courtesv (montgomerycountymd.gov)

come to our [forum] and let us hear their thoughts," said Elrich in a Sept. 30 press release.

Elrich plans to announce his Recommended FY21 **Operating Budget on** Monday, March 16, 2020, and the County Council is expected to approve the operating budget at the end of May 2020, according to the press release.

Dec. 12: MVA Mobile **Office Returns**

by Leisure World News

N eed to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, Dec. 12.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m. Residents are encouraged to arrive early as wait times may be long.

Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate



Photo by Leisure World News

driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

Dial 301-598-1313 for recorded Daily Events

2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Due to technical issues, the Leisure World Community Corporation (LWCC) board of directors and executive committee meetings will not be broadcast until further notice. Management is in the process of selecting a new platform on which to broadcast LWCC governance meetings.

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com
- Administration administration@lwmc.com
- Communications communications@lwmc.com
- Education and Recreation recreation@lwmc.com
- Physical Properties physicalproperties@lwmc.com
- Security security@lwmc.com

Education and Recreation Department Get Your 2020 Pool Pass

by Leisure World News

he 2020 annual indoor pool L passes are available for purchase beginning Tuesday, Dec. 10, at 8:30 a.m. in the Clubhouse II E&R office.

Cost of the resident annual indoor pool pass is \$150; a monthly pool pass is \$40, and a daily pass is \$3. There is Photo by Leisure World News no charge to residents for the outdoor



pool. Rates for the annual pass are pro-rated quarterly.

Locker Rentals

Annual locker rentals are offered to all residents beginning Tuesday, Dec. 10, at 8:30 a.m. in the Clubhouse II E&R office. Small lockers are \$35; men's full locker rentals are \$65; women's full lockers are \$55.

Please bring your Leisure World ID when purchasing pool passes, and/or when paying for locker rentals. Payment may be made by check payable to LWMC, or by credit card (MasterCard, Visa or Discover).

GOOD TO KNOW: SPARE A KEY FOR SECURITY

by Leisure World News

Locking yourself out of your home or losing a house key can be a nervewracking experience, but leaving a spare key with Security can provide some peace of mind.

Just drop off your home's spare key at the Main Gate or the Administration Building's front desk. Keys are kept at the main gate and are coded and secured in a locked cabinet.

If you get locked out and can get to the Main Gate, you can check out the key with no charge by showing your Leisure World resident ID. If the key must be brought to you by Security, there is a \$20 lock-out fee.

Keep in mind that keys will not be given to other family members, friends or outside contractors, even with your permission, unless appropriate legal documentation is provided, such as a power of attorney or an executor of estate.

In the event of a medical or fire emergency in which police or fire and rescue must enter a unit, whenever possible, a Leisure World Security officer will be present to use the key to open a unit.

For other emergencies, such as broken water pipes,

a Leisure World building engineer or employee from the Physical Properties Department may check out a key to gain access to a unit when the homeowner is not available or if the unit is vacant.

But if no working key is available at Security, it could mean that you would have to hire a locksmith to open your door. Or worse, in an emergency, the door would have to be forced open, likely resulting in having to replace the entire door and door jamb!

Not sure if you have provided Security with a spare key? To find out, call the Main Gate at (301-598-1044) or the Security office at (301-598-1355) and staff will be happy to check for you.

And if you are not sure that the key you now use to open your unit is the same as the one kept at the Main Gate, you can check it out from Security in order to test it.

But remember: if you check out your key from Security, be sure to return it or replace it with a working key. That way, the next time you lock yourself out or experience an emergency, Security will be able to provide the key to your door.

GOOD TO KNOW: MOBILITY ASSISTANCE VAN AVAILABLE

G oing somewhere, but need some assistance getting there?

The mobility van, a wheelchair and scooter-accessible van for non-ambulatory residents, resumed service Nov. 19 after being temporarily out of service for repairs. The van is accessible seven days a

week, from 8 a.m.-8 p.m., for a nominal fee.

Residents can call the North Gate at Norbeck Road at (301-598-1066) to reserve a ride.

Photo by Leisure World News

- Leisure World News

CLARIFICATION

An article about the supplemental transportation card that appeared on page 11 of the Nov. 1 edition of Leisure World News did not include that the cost for reserved rides to the MedStar Health medical center is \$5.

To reserve a ride to the medical center, call the South Gate (Connecticut Avenue) at (301-598-1022). Four hours' notice is preferred, but rides can also be reserved with little or no notice.

For supplemental transportation riders who need assistance with luggage when being picked up or dropped off, the cost is \$5 as well.

– Leisure World News









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THOUGHTS & OPINIONS: From Our Residents

A Few Things to Remember

Relevance: Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.

- **Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- **Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- **Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.

THOUGHTS ON THE STRATEGIC PLANNING SURVEY

T here have been a number of thoughtful and interesting comments about the strategic planning survey data in Thoughts and Opinions and other places. The Special Strategic Planning Committee (SSPC) appreciates the comments and assures everyone that it is taking all comments seriously and each will be considered as we move forward in the strategic planning process.

Please keep several things in mind:

1. Recognize that the information we shared in the Nov. 15 edition of Leisure World News is the "raw data" from the survey. The data have yet to be analyzed for information such as preferences for various age groups or other LW populations. This will be done by our consultants (who were selected in part because of their expertise in statistical analysis) and will be part of the final strategic planning report.

2. The final analysis of the survey and what it tells us will not be based on the raw data alone. Instead, the conclusions and recommendations from the strategic planning exercise will be informed by statistical analysis of the survey as well as by input from a wide variety of sources such as the focus groups, community meetings, census data and interviews with builders who are developing "senior" communities.

3. The SSPC has analyzed the last (open-ended) question, but as pointed out in our article in the Nov. 1 issue of Leisure World News, there was not a single response topic (whether it be about food services, medical center, dog parks or numerous other topics) that was mentioned by more than one or two percent of the responders. At the same time, the responses to the openended question will be used, as appropriate, to inform the discussions leading to the proposed strategic plan.

If you have questions about our strategic planning process, please contact us by email at (sspc@ lwmc.com) or by mail at (SSPC attn.: Ernesto Castillo, 3701 Rossmoor Blvd., Silver Spring, MD 20906).

> – Arthur N. Popper, SSPC chair

OK BOOMERS

I think it is a good guess to say that the bulk of Leisure World residents are baby boomers. Those are people born after 1945. That makes them 65 to 74 years old.

According to the 2016 U.S. census tables, the over 65 female cohort of this U.S. population is approximately 27 million

and the over 65 male cohort is approximately 22 million. That is a ratio of 1.21 to 1. According to the recent survey authorized by the Leisure World Community Corporation board of directors, the ratio of females to males in Leisure World is roughly two to one. Allowing for the over age 74 population of Leisure World, the two to one population ratio still seems extreme. Women live longer than men, but not that much longer. In 1990, the gap was seven years. In 2016 it was five years.

I have been thinking back in history about gender imbalances. There was a popular song that said it for women during World War II when the men were off to war. The song was "They're Either Too Young or Too Old." Britain suffered terrible losses of men from the two world wars. There were not enough men to go around in 1945. The Brits considered legalizing polygamy to deal with problem.

Perhaps that gives us a hint of how to handle this issue in Leisure World. Leisure World men should be obliged to have many girlfriends. OK boomers, get on with it.

– Joel Katz

POETRY IN LEISURE WORLD NEWS

A poem submitted as the opening of a Chess Club article for Leisure World News was rejected for publication. The reason given was that Leisure World News does not publish residents' poems, stand-alone or within an article. If so, this is an unwritten, unpublicized rule.

The chess article has been a regular feature in Leisure World News for the last nine years. During that period, two articles included opening poems (one on rhinos, one on Santa Claus). So this must be a new rule.

Here is the poem, which was deleted from the Nov. 1 article, "No Porcupine Quills for Chess."

Picture the plight of the porcupine,

with quills all over the back of his spine.

He does not know poverty. He does not know riches. He can't even scratch himself, whenever he itches.

Clearly, the editor wants to discourage residents from submitting poetry and, most likely, any other creative submissions – contrary to recommendations by its Leisure World advisory committee, which seeks more resident participation in the newspaper.

Many residents of Leisure World have had interesting experiences in their careers and in their lives. Their stories could liven up the newspaper and make other residents proud to be living in this community.

The editor should reconsider the outright ban on poetry. Readers should be encouraged and invited to submit poetry, prose and art. Rather than stifling creativity, Leisure World News should encourage it and strive for a more colorful and more informative newspaper.

– Bernie Ascher, Communications Advisory Committee vice chairman

SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

- 1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
- 2. Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- 4. LW News cannot guarantee when or if a submission will be published.
- 5. To view the full Leisure World News Guidelines, sign in to (residents. lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

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New Year's Day Jan. 1, 2020



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Clubhouse Grille Hours: Wed.-Sat. 4 p.m. - 9 p.m.

Stein and Terrace Room Hours: Sunday: 9:30 a.m. – 8 p.m. | Mon. – Tues.: 9 a.m. – 8 p.m. | Wed.– Sat.: 9 a.m. – 9 p.m. For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

EVENTS & Entertainment

Sock Hop Club

Dec. 6 and 31: Sock Hop to the Beat

by Abigail B. Murton

→ he next Sock Hop dance is Saturday, Dec. 6, from 7-10 p.m. in Clubhouse II. Admission is \$5. Dancers should bring their own snacks and beverages, but sodas and water are provided. Take 2 Entertainment will provide the music.



Come dance the night away with all your friends and remember what it was like when we had to wear socks in the high school gym!

New Year's Eve Party

Take 2 Entertainment will also provide the music for the Tuesday, Dec. 31, New Year's Eve sock hop. The party is from 8 p.m.-12:30 a.m.

Dancers should bring their own food and drinks. The party includes a champagne toast at midnight to ring in the new year. The dress code is casual or fancy; the Group just wants everyone to feel at home and have a great time.

The cost is \$10, and residents can purchase tickets at the Dec. 6 sock hop or by emailing John at (jwm503@hotmail.com). For questions, contact Doug Brasse at (301-448-8708).

Coming in 2019-2020

The E&R Department is pleased to provide the following programs.				
Dec. 8, 4:30 p.m.	The Platters Tribute			
Dec. 8, 7 p.m.	The Platters Tribute			
Dec. 11, 7:30 p.m.	Olney Concert Band Holiday Concert			
Dec. 15, 2:30 p.m.	Akhmedova Ballet Academy – "Nutcracker Night"			
Dec. 19, 10 a.m.	St. John's Episcopal School Jazz Band			
Jan. 11, 7 p.m.	Seth Kibel and The Kleztet			
Jan. 26, 4:30 p.m.	Karen Gray Quartet			
Feb. 15, 7 p.m.	Pam Parker Trio			

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa



or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.

Education and Recreation Department ■ Foundation of Leisure World

Dec. 8: A Tribute to The **Platters Holiday Concert**

The E&K Department and the Foundation of he E&R Department Leisure World bring Galaxy

Entertainment's "A Tribute to The Platters" to Leisure World on Sunday, Dec. 8, for two performances. Showtimes are at 4:30 p.m. and 7 p.m. in the Clubhouse II auditorium.

The show will include hit after million-selling A Tribute to the Platters, courhit, all topped off tesy photo with some timeless holiday classics. Some of the great Platters hits from the '50s and '60s include "Only You (and You Alone)," "The Great Pretender," "Harbor Lights," "Twilight Time" and so many others.

Tickets for this special holiday tribute to The Platters are \$15 per person and are on sale at both clubhouse E&R offices. Please bring your Leisure World ID.

About The Platters

In 1953, Herb Reed put together a vocal quartet that he would later name The Platters. By 1954, three members of the quartet had been replaced and a female vocalist had been added.

The addition of a female to an all-male group broke a long-

Holiday Performances in the Crystal Ballroom

Reservations required. To make reservations, call (301-598-1330).

Dec. 7 Holly Ball in the Clubhouse I Crystal Ballroom with Michael Binder and Swing'N On A Star

Dec. 31New Year's Eve celebration in the Clubhouse I Crystal Ballroom with "Sax with Mike" Surratt

held gender divide in vocal groups. The quintet's recording of "Only You (and You Alone)"

> would become the first of many hits the group would go on to record.

The Platters broke many of the barriers African-American vocalist and musicians faced and became one of the preeminent doo-wop groups of the rock 'n' roll era. The group was inducted into the Rock & Roll Hall



of Fame in 1990 and into the Vocal Group Hall of Fame in 1998. "Only You (and You Alone)" was recognized as a song of the century by the Grammy Hall of Fame in 1999 and, in 2002, the same recognition

was bestowed on "The Great Pretender."

About the Foundation

The Foundation of Leisure World is a 501(c)(3) organization that was established for health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law. If your club or organization has a need, email the Foundation at (foundation@ lwmc.com).

Dec. 11: Celebrate the Holidays with the Olney Concert Band

On Wednesday, Dec. 11, at 7:30 p.m., the Olney Concert Band (OCB) returns to perform a holiday concert in the Clubhouse II auditorium. The band will play seasonal favorites, as well as other concert pieces, that will put you in the holiday spirit and also appeal to your children and grandchildren.

From lovely arrangements of well-known Christmas carols by Gustav Holst and Jared Barnes to a jazzy rendition of "It's the Most Wonderful Time of the Year," the joyous holiday traditions are well celebrated. Rounding out the program are a rousing march called "They're Off!," a set of variations on the theme song from the world-renown Interlochen, Michigan music camp, and a medley of selections from "Aladdin."

Presented by the E&R Department, tickets are \$6 per person and are on sale at both clubhouse E&R offices. Please bring your Leisure World ID.

OCB offers a challenging outlet to local musicians of all ages (from high school to long-retired adults) from throughout the region who enjoy the thrill of making music together

Education and Recreation Department Dec. 15: 'Nutcracker Night'



Akhmedova Ballet Academy, courtesy photo

O n Sunday, Dec. 15, at 2:30 p.m. in the Clubhouse II auditorium, the Akhmedova Ballet Academy (ABA) reprises its magical "Nutcracker Night," an entertaining performance for all ages.

ABA's professional training program students will present some of the most famous dances from the "The Nutcracker" ballet that are sure to enchant.

The ABA dancers will also showcase original classical

masterpieces, new contemporary choreographies and character folk dance.

Located in nearby Silver Spring, Maryland, the ABA is dedicated to providing the finest quality ballet training for young dancers, preparing them to take their places in major ballet companies.

Sponsored by the E&R Department, tickets for the performance are \$12 per person and available in both clubhouse E&R offices. Please bring your Leisure World ID.



Olney Concert Band, courtesy photo

and performing for the community.

OCB provides entertainment and exposure to the arts and forms an integral part of the program at community festivals, celebrations and charity events. It prides itself in performing a wide range of musical styles so that audience members of all ages and backgrounds can experience a personal connection to the performance.

This holiday season concert is one that the band members really enjoy performing.

So be sure to get tickets for yourself, family and friends for a truly enjoyable way to celebrate holiday musical traditions.



HearingHealthCareInc.com

■ The Inter-Faith Chapel

Dec. 15: Holiday Concert with Handbells

by Kevin M. Clemens

The Westminster Ringers will ring a holiday concert on Sunday, Dec. 15, at 3 p.m. at The Inter-Faith Chape. The concert will be the third held by the Chapel for its 2019-2020 concert season.

The Westminster Ringers were formed in 1997 to provide gifted area musicians the opportunity to play advanced handbell repertoire at the highest level of musical sensitivity and technical clarity.

In addition, the ensemble seeks to advance the knowledge, awareness and viability of the art of handbell ringing beyond that normally



Westminster Ringers, courtesy photo

available to members of volunteer church and school groups. Larry Henning directs the Westminster Ringers.

A reception will follow the concert in the Fellowship Hall to provide attendees an opportunity to meet and greet the ringers. The concert is open to the public, and a free will donation will be taken at the doors of the Chapel.

Education and Recreation Department

Dec. 19: Local School's Jazz Band Performs Holiday Favorites



Members of the OASIS Jazz Band perform at an annual Christmas concert, courtesy photo

The St. John's Episcopal School OASIS Jazz Band and Musical Theater are delighted to return to Leisure World with a holiday concert on Thursday, Dec. 19, at 10 a.m. in the Clubhouse II auditorium. These talented fifth through eighth grade students will perform a mix of traditional Christmas carols and jazz holiday standards.

Sponsored by the E&R Department, this holiday performance is free, but registration is required. Drop by the Clubhouse I E&R office or call (301-598-1300).

The students of St. John's Episcopal School hope you will come and be a part of their holiday celebration!



Jan. 11: Instrumentalist Seth Kibel and the Kleztet

Seth Kibel and the Kleztet (formerly the Alexandria Kleztet) return to Leisure World on Saturday, Jan. 11, for a 7 p.m.

performance in the Clubhouse II auditorium.

Exciting and innovative, Kibel and the Kleztet have been combining traditional Eastern European/Jewish music with diverse influences for more than a decade. New arrangements of traditional melodies

members of the band draw upon jazz, clas-

sical, world beat, rock and other musical genres to create a unique and entertaining sound.

Sponsored by the E&R Department, tickets for this event are \$8 per person and go on sale beginning on Tuesday, Dec. 10, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.



About the Performers

Based in the Washington. D.C./Baltimore area, the band has performed throughout the

> Mid-Atlantic region, including appearances at the Kennedy Center in Washington, D.C., and regular concerts at the Peabody Institute in Baltimore City.

They began touring internationally in 2007 with a performance at the Semanas Musicales festival in Chile.

Led by woodwind and original songs by Seth Kibel, courtesy photo player Seth Kibel, the

band includes Helen Hausmann, violinist: Bob Abbott, bassist; and Tim

Jarvis, percussionist. The Kleztet has recorded

four CDs and, over the years, has won 15 Washington Area Music "Wammie" awards in the categories of World Music duo or group, World Music instrumentalist, Jazz instrumentalist, and World Music recording.

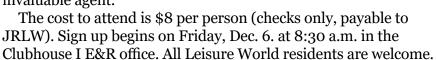
■ Jewish Residents of Leisure World Dec. 12: 'The Spy **Behind Home Plate'**

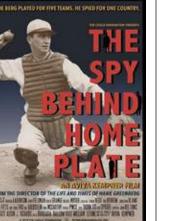
by Jonas Weiss

TRLW and the Bender Jewish Community Center's Coming of Age in Maryland program show the movie "The Spy Behind Home Plate" (2019, 1 hour 41 minutes, documentary, not rated) on Thursday, Dec. 12, at 1:30 p.m. in the Clubhouse II auditorium.

Award-winning filmmaker Aviva Kempner tells the real story of baseball player Moe Berg. His career as a profes-

sional spy began with World War II, when he, along with other pop culture notables such as Marlene Dietrich and Julia Child, was enlisted by the Office of Strategic Services to spy for the U.S. on the Nazis' atomic bomb program. His celebrity status as a professional baseball player and his skill with languages made him an invaluable agent.







Hearing is one of the joys of life. Don't neglect it!



From left: Kathryn Balestino-Estes, AuD., Dr. Heather Schwartzbauer, M.D., Allyson Bull, AuD., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrosniak, M.D.

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Dec. 13: Last Call for Brunch and Movie Event

by Linda Mahler

The New Yorkers and Friends Group is taking final reservations for the bagels and more brunch from Royal Bakery and a showing of the nostalgic New York-based movie "Tootsie" (1982, 1 hour 56 minutes, comedy/drama/ romance, rated PG for mild sexual references, mild profanity and scenes of smoking).

Don't miss out on the chance to meet fellow New Yorkers and Friends and share in this fun-filled event held on Friday, Dec. 13, at 11:30 a.m. in

Clubhouse II. The cost for the entire event is \$5 for members and \$7 for prospective members and guests.

Checks, payable to New Yorkers and Friends Group, should be sent or dropped off to Esther Goldstein at (15000 Pennfield Cir. #302, Silver Spring, MD 20906) at least one week in advance. Esther is available by phone at (301-847-9215).

For more information about the Group, contact either co-president Linda Mahler at (301-288-4367) or Carole Mund at (301-598-2768).





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Music Center at Strathmore | 5301 Tuckerman Lane, North Bethesda

Education and Recreation Department Sunday Afternoon at the Movies Dec. 29: 'Ben is Back'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, Dec. 29, the featured film is "Ben is Back" (2018, 1 hour 43 minutes, drama, rated R for language throughout and some drug use).

Free tickets, limit two per person, are required and can be obtained beginning Tuesday, Dec. 10, at 8:30 a.m. in either clubhouse E&R office. Please bring your Leisure World ID.

Drug-addicted Ben Burns (Lucas

Hedges) arrives home unexpected on Christmas Eve. His mother Holly (Julia Roberts) is happy to see her beloved son, but soon finds out that he is in deep trouble. But she will do everything she can to protect her family.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.

2019-2020 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

now Date & Time	Movie	Tickets Available
ec. 19, 1 p.m.	The Nutcracker and the Four Realms	NOW
ec. 29, 2 p.m.	Ben is Back	Dec. 10
an. 12, 2 p.m.	Pavarotti	Dec. 24
an. 30, 1 p.m.	The Best of Enemies	Jan. 7

Movies are subject to change.



The Inter-Faith Chapel

All are invited to attend our Christmas Eve service at 6:00 pm on December 24.

Join us for Sunday worship services held at 10:00 am during December – March.

> Visit www.interfaithchapel.org for information on special events. 301-598-5312 3680 South Leisure World Boulevard

.....

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HEALTH *I* Fitness

Health Advisory Committee

Dec. 10: Neurologist **Discusses** Peripheral Neuropathy

by Sandra McLeskey

n Tuesday, Dec. 10, neurologist Dr. William Leahy will talk about the causes and treatment of peripheral neuropathy at 1:30 p.m. in Clubhouse I.

Leahy will be accompanied by Kathryn Morris, physical therapist, who will talk about Dr. William Leahy, measures to improve

patient's ability to cope with peripheral neuropathy. The talk is free, but residents should sign up to attend by either calling (301-598-1300) or stopping by the Clubhouse I E&R office.

Peripheral neuropathy is a common, but very troublesome problem. It may start with numbness or tingling in the extremities, most commonly the feet. But it can progress to debilitating pain.

It may impair the sufferer's ability to walk or drive. Because of the numbness, patients can be unaware of injuries to their feet, which may become badly

> infected. In the worst case, progressive infection can necessitate amputation.

Although most people do not progress to that point, peripheral neuropathy causes significant limitations and pain for many people. Diabetics and people who have taken particular drugs for

cancer are especially prone to peripheral neuropathy, but it can occur without an identified cause.

About the Speaker

Leahy sees patients at MedStar Health medical center on Wednesdays. He is a graduate of Northwestern University School of Medicine and completed his residencies at Johns Hopkins Bayview and Ann & Robert H. Lurie Children's Hospital of Chicago.



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Stroke Support Group

Dec. 17: 'Tips for **Reducing Holiday Stress** Post-Stroke'

by Amy Boltz

n Tuesday, Dec. 17, the Stroke Support Group hosts a holiday-themed program from 1-2 p.m. in Clubhouse II.

Members are invited to share their holiday customs and foods, and speech-language pathologist Janet M. Gritz will present "Tips for Reducing Holiday Stress Post-Stroke."

Following the program, the Group's helpful peer support session for stroke survivors and their family caregivers will meet from 2-3 p.m. Light refreshments will be provided. Anyone who wants to bring holiday foods is welcome to do SO.

■ Lions' Vision Support Group

To RSVP for this meeting or to obtain more information about the Stroke Support Group, contact Amy Boltz, president, at (248-652-0304).

About the Group

The Stroke Support Group meets on third Tuesday of every month from 1-3 p.m. in Clubhouse II. Educational programs by healthcare professionals address issues relating to stroke prevention and rehabilitation as well as other wellness topics.

Peer support group discussions enable stroke survivors and their family members and caregivers to learn from and inspire each other. Meetings are free and open to the community.

Tips for Getting Through Winter Allergy Season

by Larry Cohen

s people prepare for the A holidays and the joy that this season inspires, they should also remember to protect their eyes from winter allergies.

An air filtration system might be useful for those who typically experience winter allergies. Place it in your home or office to improve air quality and protect your eyes, and dust and vacuum your home regularly

throughout the winter season.

Meeting Information

The Lions' Vision Support Group meets on the second Wednesday of every month unless otherwise noted. The Group's Wednesday, Dec. 11, meeting is cancelled. In place of the meeting, the

Group will take a field trip to the Olney Theatre Center to see an audio-described version of "Singin' in the Rain."

The performance is on Dec. 11 at 8 p.m. If interested in attending, call the Theatre's box office at (301-924-3400) for

seat availability.

The Group plans to take some time at every meeting to discuss assistive technology and how it can help people with low

vision, and will make training available as needed. The Group wants to answer the question, "How can I maintain my style of living in the face of vision loss?"

For questions or more information about the Lions' Vision Support Group, contact Larry Cohen at (908-770-9111) or (TopOps@aol.com).



courtesy photo

■ Cannabis 101 Club

Cannabis Club Launches New Website

The Cannabis 101 Club has launched its website, (LWcan101.com), to help members and residents learn more about medical cannabis.



As an educational tool, it will help non-member residents find and register with the Maryland Medical Cannabis

Commission (MMCC) and features educational materials on medical cannabis, including ways to use cannabis without smoking.

The members' side of the website has more in-depth educational materials, including important bulletins issued by the MMCC, PowerPoint presentations, cannabis research and educational resources, such as books, documentaries, magazines and more.

For more information, visit (LWcan101.com).

- Carminetta Verner

■ Center for Lifelong Learning (CLL)

Jan. 14: Support **Available for Primary** Caretakers

by Fred Shapiro

s people age, they A sometimes require an inhome daily caretaker. Often this person is a loved one, such as a spouse or an adult

child. "Respite," a

new, free program managed by The ARC Montgomery County in partnership with Synergy Home Care, relieves primary caretakers of their duties for a few hours, a day, a weekend or sometimes longer.

Julia Abate, The ARC Respite administrator, will discuss the program on Tuesday, Jan. 14,

at 2 p.m. in Clubhouse I. Her program is free and open to all residents, but registration is required and available beginning Tuesday, Dec. 10, at 8:30 a.m. in the Clubhouse I E&R office.

Residents who are planning their long-term care are encouraged to register to attend.

About the Presenter

Julia Abate currently serves

as The ARC's Respite administrator, overseeing the coordination of respite care services for children and adults with disabilities and frail senior citizens who live in Montgomery County.

Abate has extensive experience working with families and has developed a large consortium of home health organizations, respite facilities, adult medical day programs and ther-From left, Lisa Friedman, apeutic programs, director of business devel- which families can

opment for Synergy Home select as respite Care and Julie Abate, ARC providers. In addition to her work at The Arc. she serves on the Home and

Community Based Services for Age Friendly Montgomery and Dementia Friendly Montgomery committees.

She has an A.A.S. degree in mental health from Montgomery College and has been employed with The Arc Montgomery County since 2006.

For information on all CLL classes and lectures, visit (www.cllmd.com).

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Respite administrator.

Courtesy photo

Course Introduces Meditation to Seniors

by Fred Shapiro

In an effort to help seniors with the aging process, the Center for Lifelong Learning is offering a three-session course entitled "Meditation for Seniors."

Taught by resident David Newcomb, the course

begins Wednesday, Jan. 15, at 10 a.m. in Clubhouse I. See the Classes and Seminars section of this edition for registration details.

Although nothing can turn back the clock, meditation provides a traditional means for a person to explore his or her

innate spirituality, which, in turn, reinvigorates the person with newfound perspective and purpose. Called "jyoti" meditation because of its reference to inner light, meditation is the fastest, simplest inroad to self-discovery.

About the Sessions

The first session reviews the background of meditation, takes a look at the technique and allows students to sit together in meditation as a group for 10 minutes. Afterward, students will analyze how the experience went, with a view toward improving the experience.

The second session will review where, when and how much meditation students have done during the week. The course will then explore additional steps students can take to enhance

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diary and performing selfless service. The final session will again start with a review of the meditations students have done during the week, with an eye toward improving

meditation, such as belonging to

diet, keeping a self-introspective

a meditation group, improving



by Fred Shapiro

David Newbomb, photo whether there is a need for a spiritual master to teach meditation.

About the Instructor Newcomb became

to get the most out

of each meditation.

The session will also

reincarnation and

briefly explore karma,

interested in meditation in 1975, and had the good fortune to study with two of the greatest spiritual masters of modern times: Sant Darshan Singh Ji Maharaj and Sant Rajinder Singh Ji Maharaj.

Following his retirement in 2010, Newcomb began offering meditation courses as a public service, first through the public libraries of Washington, D.C. and Montgomery County, and then through courses at the Science of Spirituality Meditation Center in Washington, D.C., and at expos, civic associations, Hindu temples and "lunch and learn" sessions for private businesses. To date, he has taught more than 600 courses.

For information on all CLL offerings, visit (www.cllmd. com).

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or longterm partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at Caring-Matters, is required before attending. If interested, please call Jim at (301-990-0854).

Fitness Center: One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

Living Better with Parkinson's: The Living Better with Parkinson's support group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).



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Quilt Stitched in Time for the Holidays

The Rossmoor Library Guild holds a drawing for a lap quilt on Friday, Dec. 20, at noon in the library in Clubhouse I.

Residents who'd like to participate in the drawing can stop by the library to see the quilt in person and pick up tickets, which are \$1 each or \$5 for six tickets.

The quilt measures $40^{\circ} \times 43^{1/2}$ and was donated by the Quilting Group.



Photo by Leisure World News

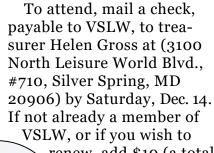
– Leisure World News

■Vegetarian Society of Leisure World (VSLW) Dec. 19: All Residents Invited to Vegan Buffet

by Bob Fenichel

I n place of a December meeting, the VSLW will have a vegan, holiday-season buffet meal on Thursday, Dec. 19, at 3:30 p.m. at the Vegetable Garden Restaurant in Leisure World Plaza.

The meal, which is \$14 for VSLW members and \$17 for non-members, will include a choice of soup, a spring roll and seven different entrées served buffet style. The planned entrées are mixed rice with vegetables, garden feast, curry chicken, General Tso's chicken (spicy), sweet and sour delight, eight treasure eggplant (spicy) and udon noodles with vegetables.



renew, add \$10 (a total of \$24 per person) to have your membership paid up through 2020.

Additional information on VSLW activities can be found at (www.

vslw.org). All residents are welcome at VSLW activities; they don't have to be a vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

Interested in advertising in the Leisure World News?

For information: call 301-598-1310 or email lwnewsads@lwmc.com Computer Learning Center Dec. 9: Android Help

Resumes

D onna Copeland, resident and Computer Learning Center monitor, will be available each Monday beginning Dec. 9 from 1:30-3:30 p.m. in the Computer Learning Center.



She can help with using Android smartphones and tablets for email, internet and many other useful tasks. Get help with getting started, learn more about familiar capabilities or learn new things your device can do. Bring your device for one-on-one, hands-on work. Windows help is also available.

– Donna Copeland

LW Green

Dec. 18: Understanding 'The Perils of Pesticides'

by Sarna Marcus

During this season of giving, LW Green would like to give a gift to the Earth by moving Leisure World toward the elimination of pesticides.

To that end, on Wednesday, Dec. 18, LW Green presents Dr. Diana Post, an expert in the dangers of pesticides. The presentation is at 2 p.m. in Clubhouse I. Admission is free; residents don't have

to be a member to attend. Post is president of the Rachel Carson Landmark Alliance, an environmental education

Fun and Fancy Theatre Group 'Girls' Finishes Successful Run

The big, brassy stage production "70, Girls, 70" has played the last of six performances to enthusiastic audiences. The performers enjoyed having the guidance of profes-

sionals, and the Group is very appreciative of all the help from the crew, the costume and prop people, the scenery designers and builders, the ticket sellers, ushers and everybody else who had a part in bringing this lovely musical to Leisure World. Thanks to everybody's hard (but fun) work, it was a smash hit!

The Group's next meeting is on Wednesday, Jan. 8, at 7:30 p.m. and will feature karaoke entertainment.



protecting wildlife, pets and people from pesticides' adverse effects, and on furthering the vision of Rachel Carson, author of the seminal book, "Silent Spring."

and advocacy organization.

Her work has been focused on

About LW Green

LW Green is a group of residents striving to be better stewards of the environment through education and advo-

cacy. Meetings are typically held the fourth Wednesday of each month; but check (www. lw-green.com) to confirm the time and place.

Model Railroad Club Don't Miss the Excitement at the Winter Open House

by Alan J. Goldstein

The Model Railroad Club's enormous and growing HO gauge layout will be on display at the winter open house on Saturday, Dec. 14, from 10 a.m.-3 p.m. in the lower level of Clubhouse II.

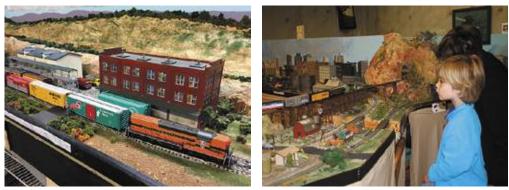
The Club will be operating O gauge, HO and N gauge trains on its three large layouts, which deliver freight and passengers to their assigned destinations through mountains and past industries, farms, cities and towns. Bring the whole family, including grandchildren, children, neighbors and friends to watch the trains run at this popular holiday event.

Recent additions to the HO layout include two underground yards that simulate traffic bound for far-flung destinations.

The most recent was added just in time for the open house, and includes a massive underground train yard with a return loop to allow trains to return to local and regional destinations on the aboveground layout. These new underground yards are essential for the simulated railroad operations that will be the focus of the Club's future activities.

Trains on the Club's O gauge layout rumble by, carrying visitors back to the 1940s, '50s and '60s, while transporting youngsters to an era they have only read about. The Lionel O gauge layout includes passenger, freight and trolley service, with trains roaring through mountains and past villages in all their noisy splendor.

The N gauge layout, which is approximately half the gauge of HO, includes a coal mine, mountains, towns and cities, along with a trolley that stops to pick up and discharge



At left, a train delivers cars to local industries during a recent operating session. At right, a young boy watches a train head for a mountain tunnel. Photos by Alan J. Goldstein.

passengers along its route.

Holiday Display

The Club has just completed installing a large G gauge layout in the atrium of the Administration Building, which will be on continuous exhibition through Monday, Jan. 6.

With its large-scale cars and ample holiday scenes, this is a perennial favorite for both residents and their families.

Operating Sessions

Visitors that find the open house exciting are welcome

to attend the Club's operating sessions early next year, which will take train operation to whole new level.

The Club meets on the second Thursday of the month at 4 p.m. in Clubhouse II, and has working and operating sessions every Monday and Wednesday from 5:30-7 p.m., and Thursday from 2-4 p.m. at the train yards in the basement of Clubhouse II.

For further information or to join, call Marilyn Chmielewski, president, at (301-438-3259).

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Dec. 19: Learn About the History of the Guide Dog Movement

by L. Mali Cruz

The Dog Club meets again on Thursday, Dec. 19, at 1 p.m. in Clubhouse I. The Club will hear a presentation by Jane Carona on the history of the guide dog movement.

Over the years, Carona has partnered with six guide dogs and has served for 30 years as the office manager for Guide Dog Users Inc. Her presentation will include a discussion on what guide dogs are trained to do and not to do.

The presentation will be followed by a discussion on a pet-sitting/walking project (co-op) and the need for dog waste receptacles on Leisure World Boulevard.

All residents, dog owners and non-dog owners alike, are invited to the meetings. Any resident interested in the Club but



unable to attend the December meeting should contact (Jane.e.carona@gmail.com) or (301-598-2131).

November Meeting

The Nov. 20 meeting was a great success because of the enthusiasm

shared by those in attendance. Club members elected club officers, passed the Club's revised bylaws and identified committee chairpersons.

Members also agreed to a "no dues club" designation. This designation will be amended by a majority vote if members choose to require dues in the future.

At the conclusion of Club business, Jo Ann Hoffman, a representative from the Montgomery County (MC) Humane

Ceramics Club

Society, provided a presentation on the Aspin Hill Memorial Park pet cemetery. She spoke on the history of the 100-year-old pet cemetery, which was gifted to the Humane Society in 2007.

Hoffman also discussed future plans and fundraising efforts by the MC Humane Society for rehabilitating the Aspin Hill Memorial Park and improvements to the pet cemetery.

The Club also heard from Carol Hendler about the work of People. Animals. Love. (PAL). PAL is an organization that provides support and bereavement counseling to pet owners. The group meets on the second Saturday of each month at the Davis Community Library in Bethesda. For more information, email (info@peopleani malslove.org).

Purchase a Holiday Gift at the Ceramics Studio

by Meriel Brewer

N eed some last minute holiday gifts, but don't care to deal with the malls? Perhaps the Ceramics Club Studio will have that little something you've been searching for for Christmas, Hanukkah, Kwanzaa or even a December birthday.

The Club has a wide variety of wellpriced ceramic items for you to check out that are on display in the Studio and created by the Club's many talented members. The proceeds from sales each year are donated to a local charity of the Club's choosing, so buyers will be helping the Club to help someone else.

December also brings the Club's potluck holiday luncheon. All members are invited to sign up at the Studio with their favorite comestible contribution to the festivities. Bring your goodies and we'll see you on Wednesday, Dec. 11 at noon in the studio.

Ceramicist

The Club's ceramicist of the month, Triscilla Chuen, came to the Ceramics Club about seven years ago. Although she admits to being incredibly shy, she says working in the Studio has been very relaxing and joyful because the members are so friendly and helpful. Their generous compliments have given her the courage to create and explore.

Since childhood, Chuen has had fantasies of fairies, flower gardens and treasure



At left, Triscilla Chuen, courtesy photo. At right, Ceramic angel and a rose box created by Triscilla Chuen. Photo by Dottie Patch

boxes, which she has translated into her early projects. Eventually, she chose to forego the use of the available molds, and began to manipulate the wet clay by hand. Voila! A lump of clay is transformed into various delightful surprises.

Chuen's creations tend toward whimsy. Her floral design dinnerware, adorable angels and baskets using her selftaught coiling technique can be viewed throughout the month of December in the display case at Clubhouse II.

Residents who are interested in joining the Ceramics Club should call Beth or Janice at (301-598-1312). They will be happy to explain the process of creating ceramics and will guide new members through their first project, all of which is included in the \$10 membership fee.

Art Guild Enjoys A Season of Firsts

by Judy Kirkland

H earty artists braved 20-degree windchills to attend Rossmoor Art Guild's first all-member meeting. They were rewarded with a warm welcome, including a stunning exhibit of two dozen extraordinary artworks by Guild teachers.

Attendees also participated in a survey designed to help gather feedback on everything from studio layout to new activities. A lively presentation covered framing dos and don'ts plus creative (and inexpensive) ideas.

The meeting concluded with Guild teacher Doris Roberts winning a \$25 gift card to Michael's and the lure of cookies and conversation.

Classes

Ron Erlich's All Media session is the first art class 88-year-old Greta Galef has ever taken, yet she's already painted a favorite dog. With guidance from Alexandra Michaels, Judy Rothenbecker is learning to draw amazingly well. These are just two of the many first-time artists discovering their hidden talents in the Guild's classes.

Starting Monday, Jan. 6, the Winter



At left, artwork by Doris Bryant and Millie Shott at Rossmoor Art Guild's first general meeting on Nov. 12. Photo by Ann Bolt. New artist Greta Galef, middle, with her painting, "Arjuna." Photo by Judy Kirkland. At right, Rossmoor Art Guild president Judy Kirkland brings members up-to-date on all that's new for the Guild this year. Photo by Karen Swetlow

I session features several new classes focused on the basics of different artistic media. Firouzeh Sadeghi, for example, will offer "Watercolor: From the Beginning to Infinity" for new artists and artists trying watercolor for the first time, as well as more experienced watercolorists. Pre-registration starts Monday, Dec. 16. Class descriptions and sign-up sheets are available in the art studio in Clubhouse I.

Tiny Paintings, Huge Talent

Resident Helen Ryan and Guild teachers Genevieve Roberts and Millie Shott are among the artists whose amazingly detailed – but tiny – works are in the 86th Annual International Exhibition of Fine Art in Miniature. The free exhibition runs through Sunday, Jan. 5, 2020 at the Mansion at Strathmore, 10701 Rockville Pike.

Facebook

Check out RAG's new digital space by going to (www.facebook.com) and typing "RAG (Rossmoor Art Guild)" into the search bar. Upload your latest works, share what's going on and more.

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Group Wraps Up 2019 With Elections and Welcomes its New President

by Judy Elrod

E lections for the Club's 2020 executive committee were held at the Nov. 12 meeting, the last regaularly scheduled meeting of 2019.

Outgoing president Betty Kontaxis is stepping down following this year's term. She was honored with a certificate of appreciation and gift certificate for her many years of service and dedication.

Newly elected president Bette-Carole O'Connor is a lifelong gardener as well as a registered nurse with a passion for health and wellness. Before moving to Leisure World, O'Connor lived in Owings Mills, Maryland, where she served as president of the Owings Mills Newtown garden group for six years.

Her particular love is organic gardening by seed, heirloom plants, soil conservation and water preservation. She believes

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"We have such a great diversity of gardeners and such a wide range of vegetables, fruits and flowers in our Leisure World plots," O'Connor says. "Our motto is Come Grow With Us! It is going to be a great 2020 season."

Also at the meeting, the following executive committee members were re-elected: Bob Malson, vice president; Judy Elrod, secretary; Jere Rowland, treasurer; Catherine Kunz, registrar; and Elena Peterson, field supervisor. Prior to the election, a motion to make executive committee positions three-year staggered terms going forward was moved and approved.

Renew Your Plot

All current members must submit renewal applications to the Clubhouse I E&R office by Tuesday, Dec. 31, to retain their plot for 2020 – no exceptions.

New applications for 2020 are being accepted. Residents can pick up the 2020 application at the Clubhouse I E&R office or sign in to (residents.lwmc.com) and print a copy. Applications should be submitted to the Clubhouse I E&R office.

Prepping for Winter

On Nov. 16, members met in the garden to drain, roll and store the numerous hoses for winter. Despite it being a cold and blustery morning, the task was completed quickly, and attendees enjoyed a warm cup



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Looking Ahead

Executive committee meetings regularly scheduled for the second Tuesday of each month are suspended until March 2020.

The executive committee will be working on maintenance products needed in the garden such as repair/replacement of the sheds and tools and replacement of the exiting bulletin board. The committee is also considering speakers and forums in 2020 to provide Group members with ongoing gardening education.



A gardener washes a shovel after digging in the dirt. Photo by Leisure World News

Ballroom Dance Club

Dec. 11: Club Elects Officers at Annual Meeting

by Joyce Hendrix

All members are welcome to attend the Ballroom Dance Club's annual meeting on Wednesday, Dec. 11, at 10:30 a.m. in Clubhouse I.

Come to the meeting to vote for the Club's new slate of officers: Jim Leong, president; George Moy, vice president; Hal Freeman, secretary; and Joyce Hendrix, treasurer.

The Club welcomes ideas and suggestions for the 2020 dances. The bands have been booked for the new year, and schedules will be available at the annual meeting and on the Club's new bulletin board in Clubhouse I.

Membership

Members may pay annual 2020 dues at the meeting or at the door at any of the 2020 dances. Membership dues remain \$10 per person, per year and entitle members to pay \$10 at each Club-sponsored dance in 2020. Payment by check is preferred, made payable to LWBDC. Non-members and guests pay \$15 per person at each monthly dance.

Holiday Dances



house Grille at (301-598-1330). Perrie, LLC also sponsors the Holly Ball dinner dance on Saturday, Dec. 7.

January Dance

The next Ballroom Dance Club dance is on Saturday, Jan. 25, at 7:30 p.m. in the Clubhouse I Crystal Ballroom, with music by Mike Surratt and The Eclectic Coalition Band. Put on your dancing shoes and come dance with us.

Club Members Encouraged to Prepare for Next Year's Photo Competitions

by Fred Shapiro

R ossmoor Camera Club members are encouraged to look ahead to 2020's photo competitions by capturing photos that conform to the competitions' subjects.

January 2020's competition is defined as open, meaning a photo with any subject may be submitted. Select your favorite family, nature or travel photo (or another type of photo) and have it critiqued and possibly awarded by the competition's judge.

February's competition asks members to submit photos in which the main subject is predominantly one color.

Examples include a person dressed monochromatically, an orange sunset, a field of yellow sunflowers, a row of houses that are all the same color, and a garden full of red roses. Black and white images do not qualify.

The Club's March competition seeks photos with architectural details, such as those found on a building's interior or exterior.

Good subjects for architectural detail

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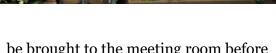
Photos by Fred Shapiro

shots include the decorated bases of columns, pedestals, elaborate doorframes and window frames and gargoyles. Statues or furniture that are not part of the building are not acceptable.

Submitting Photos

Members may submit two photos for each category – print and digital – per competition.

Send digital images to (RossmoorLW@ gmail.com) by the Tuesday preceding the competition's meeting date. Prints must



be brought to the meeting room before 6:45 p.m. the night of the competition.

If digitals sent earlier do not meet the definition for the competition, the member is given an opportunity to replace the rejected photo. Prints that do not meet the boundaries of the subject will be removed from the competition that same night.

So, make sure you understand each competition's subject and ask Club vice president Jon Fife if unsure of how it applies to your photographs. He can be reached at (jfife213@gmail.com).



Presented by Sarah Temm, CDP

Make each moment matter during this holiday season. Sarah will discuss how to plan and involve your family member during the holidays.

Please RSVP by Friday, December 13th

Tuesday, December 17th 11:30 a.m. Registration 12:00 - 1:00 p.m. Presentation Being held at: Olney Assisted Living 16940 Georgia Ave., Olney, MD 20832

To RSVP, or for more information, please call 877-270-4544 or visit www.TheArtisWay.com/LeisureWorld

💼 🕉 16940 Georgia Ave., Olney, MD 20832



Groups Participate in Worldwide 24-Hour Climate Reality Project

by Jean DeSchriver

On Nov. 21, members of the Garden and Environmental Club and LW

Green and their guests attended a program on global, grassroots climate action and education presented by Rachel Wagner, one of the 22,000 Climate Reality Project leaders.

Climate Reality Project is a non-profit, non-partisan effort developed by former Vice President Al Gore to address the climate crisis. The "24 Hours of Reality: Truth is Action" was presented in every state in the union plus countries all over the world.

Wagner started the program



Rachel Wagner, courtesy photo

with a short summary of the major climate crisis problems, which are mainly the burning of fossil fuels such as coal, natural gas and oil prod-

> ucts. She then shared some of the changes that can be made at the grassroots level, which include many ideas besides just changing light bulbs.

Attendees discussed the coming Administration Building and what is being done to

^{ur-} make it self-sustaining such as installing

solar panels, using bamboo wood and tankless water heaters and other energy-saving methods for new buildings. The feasibility of wind turbines in Leisure World was also discussed.

When some of these solu-

tions are mentioned, the response is often, "But the sun doesn't always shine and the wind doesn't always blow." The answer to that is "energy batteries."

Great progress has been made in storing wind and solar energy, which has created the use of both throughout the country. Instead of looking at wind turbines as eyesores, people can consider them as an investments in their children and grandchildren's future.

Climate Reality Project has developed a one-page list of 44 suggestions for helping solve the climate crisis, which is predicted to go from crisis to catastrophe within 30 to 50 years, according to the National Resources Defense Council Inc. and others. Mutuals that would like copies of this document to place in their mutual newsletter should contact Jean DeSchriver at (jdeschriver@aol.com).

Clubs and organizations that wish to schedule programs about climate crisis and grassroots action can contact Deborah Onaderu, program coordinator, at (202-587

8000) or (deborah.onaderu@ climatereality.com). Onaderu attended the program and participated during the Q&A.

Climate Reality Project will plant a tree in the Amazon in the name of Leisure World because the community hosted a presentation during the "24 Hours of Reality: Truth in Action."

"One of those rare events that delight people of all ages." - THE WASHINGTON POST



Karim Nagi Shizumi Shigeto Manale Mark Novak



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Dec. 11: Learn About Campaign Finance Reform

by Maxine Lewack

•he next meeting of L the Rossmoor League of Women Voters is on Wednesday, Dec. 11, at 10:15 a.m. in Clubhouse I. The topic for discussion is campaign finance reform.

Is campaign finance reform a viable goal in the future? The first attempts to regulate contributions took place in 19th century elections. In the modern era, 1971 saw the Federal Elections Campaign Act

Democratic Club

and the founding of the Federal **Elections Commission.**

Amendments to the act in 1974 (McCain-Feingold Act), a bi-partisan effort, prohibited unregulated contributions to national political parties and limited the use of union and corporate funds for ads discussing political issues within 60 days of a general election and 30 days of a primary election.

The Supreme Court struck down the law in its Citizens United v. the Federal Election Commission ruling. And the vigorous efforts both for and against campaign finance reform

continue as the amount of money spent grows exponentially.

Manv candidates have endorsed campaign finance reform, but some have refused to abide by the restrictions. Many elected officials spend a lot of time raising money to outspend their challengers, and the public

receives messages from politicians via TV, phone and mail. Come to the Dec. 11 meeting to

learn about some of the proposed solutions, such as voting with dollars, matching funds, clean elections and numerous

constitutional amendments. The meeting is sure to be informational and interesting.

All residents are invited to attend. Light refreshments will be served.

Dec. 12: Sen. Chris Van Hollen Provides Insights into Impeachment

by Roger Blacklow

■he Democratic Club I might as well end 2019 with a bang: Senator Chris Van Hollen addresses the Club on Thursday, Dec. 12, at 7 p.m. in the Clubhouse I Crystal Ballroom. He is very popular in Leisure World, so make sure to arrive early!

Assuming the House votes to impeach President Trump, the Senate will likely take up the articles of impeachment in early January. Van Hollen's insights will give the Club a first-hand guide to the impeachment process.

Dec. 12 also may be the last day the Senate is in session this year, so the Club will also find out the status of current legislation, including **Republican attempts** to cut Social Security, Civil Service Retirement and a myriad of other "safety net" programs.

The Senator has also introduced legislation to allow Medicare to negotiate lower prices on prescription drugs, which many Democrats support and many Republicans oppose.

Van Hollen is extremely knowledgeable about the political terrain, having headed up both House and Senate election committees. He may address the effect of impeachment on Democrats' efforts to take control of the Senate, which is

currently marginally Republican and under the leadership of Sen. Mitch McConnell.

McConnell will have a credible opponent in his re-election campaign. The Club will be actively trying to defeat him.

The Democratic Club will unveil a new, modern website in two to three weeks. Bylaw changes are also in the works. Make sure the Club has your email address by contacting (leisureworlddem

club@gmail.com). Many members have volunteered to help in 2020. Stay tuned, because starting in late January, the Club will have lots of activities available, such as letter writing, voter registration, education and much more. Maryland is considered a

"safe" Democratic state, so the Club's main focus will be elsewhere. The Club has several other battleground states in its sights. As many may have seen several weeks ago, the Club's

efforts in Virginia helped turn that state around.

Also don't forget to thank the volunteers who set up the refreshments at the Club's monthly meetings.

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Sen. Chris Van Hollen, courtesy photo



Club News

NARFE Takes Stock of its Present and Looks Ahead to its Future

Est. 1921

by John Moens

Chapter 1143 was offered the opportunity to nominate candidates for each office, but the only nominations received were for serving officers. Therefore, as the Chapter approaches a new year, its president John Moens is hereby fulfilling his responsibility to update the membership on where the Chapter is and where it's going.

Some NARFE chapters have merged with other chapters to increase membership and share resources, but to best serve the unique needs of the Leisure World community, Chapter 1143 is not planning to merge with any other chapter.

Programs and Speakers

Over the years, the Chapter has invited state and federal office holders to address members and guests on legislation. All of the politicians the Chapter hosted in 2019 are Democrats. Although every one of them has been informative, NARFE is non-partisan. The Chapter invited Gov. Hogan or a representative from his office, but they respectfully declined.

More than one-third of federal employees are veterans. The Chapter recognizes its veterans by participating in Leisure World's annual July 4 parade. Also, two World War II veterans addressed the Chapter (Tuskegee Airmen Major Anderson in September and Leisure World's own Howard Trowern in June). Additionally, the director of the Maryland Bureau of Veterans addressed the Chapter a few years ago.

About five years ago, Moens attended a regional meeting at which a member asked what NARFE is doing to encourage minorities to join. Moens' first step toward diversity and inclusiveness was to invite a representative from Blacks in Government, a national non-profit organization, to speak.

Additionally, treasurer Jewel Lee invited Montgomery County Councilmember Will Jawando to speak at last February's meeting, and LWAAAC has assisted the Chapter with several of its meetings.

Healthcare

The Chapter has done its best to make sure its members are well informed when they make critical decisions on their healthcare plans during open season. The Chapter recently presented its



third annual health roundtable and expo, with MedStar Health included.

For the community as a whole, the Chapter is working on a one-day class on preventing falls and is participating in a class on heart health in February 2020 at The Inter-Faith Chapel. Nurse and volunteer health educator Andra Matthews is offering

the class.

The Chapter leadership was correct to anticipate a large crowd for the Nov. 18 membership meeting featuring Walt Francis, Consumer

Checkbook's expert on Federal Health plans. Francis presented an overwhelming flood of data as he compared costs, coverage, and potential savings.

"Every plan is right for someone," he stated, "but no plan is right for everyone." Without endorsing any plan, he recommended everyone compare his or her plan with the Blue Cross/Blue Shield Standard and the United Health Care Basic (a new but very large player).

He also noted that high option plans are not worth the money for the additional coverage. Francis promised to answer every question in the lively discussion that followed and, although it extended the meeting to two hours, he kept his promise.

Singin' in the Rain

Treasurer Jewel Lee has discount tickets available to Olney Theatre Center's Wednesday, Dec. 11, matinee of "Singin' in the Rain" at a price to sing about. Mail a check for \$45 each, payable to NARFE Chapter 1143, to Jewel Lee at (3528 Leisure World Blvd., Silver Spring, MD 20906). Don't worry; the performance won't be cancelled if the weather is sunny.

Membership

To join Chapter 1143 in standing up for federal rights and benefits, contact recruiter John Lass at (301-288-4210).

■ Republican Club Dec. 17: Come Celebrate the Holidays with the Republican Club

* * * *

by Fred Seelman

The Republican Club holds its annual Christmas/ Hanukkah party on Tuesday, Dec. 17, at 1:30 p.m. in Clubhouse I. Heart of Maryland chorus director Karen Collins will lead members in singing holiday carols. The party will

include a buffet-style lunch. Reservations are required. To make reservations, contact the Club's second vice president Irmgard Patrick at (301-598-2984).

While together, members will talk about the future of the Club – nominations for officers will occur in January and elections in February. The Club will also discuss the political issues that may be bothering members, including the impeachment proceedings.

At the Club's last meeting, Jim Martin, chairman

of the senior organization 60 Plus, brought members up to date on the political issues facing seniors in the current Congress.

Send comments or questions about these or any other Club matters and/ or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) or first vice president Robert Kammer at (301-847-9820).

Dec 8: Brunch Includes Toys for Tots Drive and Guest Speaker

by Jerome "Jerry" Cohen

T he Jewish War Veterans (JWV) Post 567 brunch is on Sunday, Dec. 8, at 10 a.m. in the Clubhouse I Crystal Ballroom.

The December brunch is the Post's annual Toys for Tots drive in honor of the late Bernie Kipperman. If so inclined, please bring an inexpensive, unwrapped toy to be donated to Children's Hospital.

The brunch's featured speaker is award-winning Filipino filmmaker Noel "Sonny" Izon who, along with associate producer and Holocaust scholar Bonnie M. Harris, collaborated in creating a historical documentary entitled "An Open Door: Jewish Rescue in the Philippines." Izon will show an abbreviated version of his full-length documentary and lend his personal insights to this amazing rescue story. This little-known episode in Philippine history details the rescue of destitute refugees fleeing the Third Reich in the late 1930s before the outbreak of World War II. When nations of the world were closing their doors to refugee Jews fleeing the growing horrors of Nazi Germany, the Philippines chose to do what others would not: open their doors to save Jewish lives.

The Post's brunch events are open and available to all residents; membership in JWV is not required.

The delicious buffet brunch includes eggs, tuna fish, lox, bagels, latkes, blintzes, pastries, fresh fruit, coffee, juices and more. Tables of eight-10 only may be reserved with payment for all tablemates. Include the names of all people attending with the reservation payment. Otherwise, open seating on a first-come, first-served basis will be in effect.

Mail reservations for \$14 per person (check only, payable to JWV 567), to Andrea Goldberg at (15107 Interlachen Dr., Apt. 106, Silver Spring, MD 20906).

JWV Information

The name of the Post is expected to change from Charles B. Krieger Post 567 to Krieger-Loube Post 567.

The name change is in honor of the late Milton "Macky" Loube, recent past commander, who passed away last year. He is remembered for his many years of tireless leadership and dedication to the Post.

Formal approval of the name change should be forthcoming from the National Executive Committee of the Jewish War Veterans following its next meeting in February 2020. Members' business meetings are held the first Wednesday of each month from 11 a.m.-12:30 p.m. in Clubhouse I. All regular members and patrons and those considering joining are invited to attend.

A new and faster paced meeting format has been implemented and all participants will be given an opportunity to offer their input and program suggestions.

For those who would like additional information, have questions about membership or would like to be added to Post 567's email notification and e-newsletter list, contact Jerry Cohen, Post Commander, at (240-970-5024) or (jcohen@ jccbb.com).

Anyone who would care to make donations to the post in honor of or in memory of someone should contact Cohen as well.

ALZHEIMER'S DISEASE AND DEMENTIA CARE CONSULTATIONS

One-on-one assistance from Diane Vance, programs and services manager of the Alzheimer's Association National Capital Area Chapter

2ND WEDNESDAY OF EACH MONTH COMPLIMENTARY 50-MINUTE SESSIONS

BROOKE GROVE REHABILITATION AND NURSING CENTER 18131 SLADE SCHOOL ROAD • SANDY SPRING, MD 20860

This service is designed to help caregivers — as well as those who are newly diagnosed — cope with the impact of Alzheimer's and other forms of dementia, enabling participants to better understand the disease, manage care and make informed decisions regarding services and treatments. Consultant Diane Vance can assess current needs, help develop a care plan, address behavioral and communication concerns, share coping techniques, discuss care options, provide resources and more. Care consultations may be scheduled at any time during the dementia journey.

To schedule your appointment, contact Toni Davis at 301-388-7209 or tdavis@bgf.org.

BROOKE GROVE

Celebrate Chanukah, the Festival of Lights

by Jonas Weiss

The Jewish Residents of Leisure World's (JRLW) brunch on Sunday, Dec. 15, will feature the popular Wendy Gonzales, whose career includes serving as a cantor at Temple B'nai Israel and co-officiating Reform Shabbat services for JRLW.

The brunch is at 10 a.m. in the Clubhouse I Crystal Ballroom.

At the brunch, Gonzales will help JRLW celebrate the miracle of light in music and song. Be prepared to sing and prepare to welcome the holiday of Chanukah (the Festival of Lights), and explore the motif of light in Judaism.

To attend, mail checks for \$14 (\$18 for non-members), payable to JRLW, to Shirley and Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906) at least one week in advance.

Chanukah Party

Chanukah begins on Sunday, Dec. 22, at sunset, and menorahs will be lit in both clubhouses. Reserve a place at JRLW's Chanukah

party on Monday, Dec. 23, at 2:30 p.m. in Clubhouse II. Cantor Michael Kravitz will lead a program including the lighting of a menorah and singing Chanukah

songs. Enjoy latkes with applesauce or sour cream, jelly donuts and cold drinks.

The cost is \$5; seating is limited and reservations must be received by Tuesday, Dec. 10. Send checks, payable to JRLW, to Phyllis Rand at (15107 Interlachen Dr., Apt. 307, Silver Spring, MD 20906).

Religious Services

Rabbi Gary Fink leads Reform services on Friday, Dec. 6, at 7:30 p.m. in The Inter-Faith Chapel. Starting in January, all Friday evening services will be Reform.

Cantor Michael Kravitz leads Conservative services on Saturday, Dec. 14, at 9:15 a.m. in Clubhouse II.

Rabbi Moshe Samber and volunteers lead Sabbath services and Torah discussions on Saturday, Dec. 7, 21 and 28 at 9:15 a.m. in Clubhouse II.

Donations

The Torah fund is used for the maintenance and repair of our Torahs, and for the possibility of a need for a new one. Send checks, payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

The prayer books fund provides for the purchase of a siddur to remember or honor a loved one. A label acknowledging the donation (minimum of \$25) will be placed in the



A menorah sits in one of the clubhouses. Photo by Fred Shapiro

book. Mail checks, payable to JRLW, to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906).

Send donations (checks only, payable to JRLW) for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedakah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



Dec. 10: Annual NA'AMAT Game Day

by Carole Mund

Residents have one last chance to join NA'AMAT on Tuesday, Dec. 10, for its annual card and mahjongg party. Mah-jongg, canasta, bridge, Scrabble and Rummikub players are all encouraged to participate.

Games begin at 11:30 a.m. in the Clubhouse I Crystal Ballroom. NA'AMAT makes the day distinctive by serving homemade kugels, snacks and other desserts. Gather your friends and games to enjoy a wonderful afternoon.

The cost is \$8 (check only, payable to NA'AMAT). To attend or for questions, contact Barbara Rothenberg at (301-438-8260).

Mah-Jongg Cards

Before long, the 2020 mah-jongg card will be available. NA'AMAT receives a small stipend from the National Mah Jongg League for each card sold. Mah-jongg cards are still \$8 for regular and \$9 for large.

Mail check (payable to NA'AMAT) to Lenore Kalen at (15100 Interlachen Dr., #616, Silver Spring, MD 20906). Make sure all names and addresses are correct. For questions about cards, call Lenore at (301-598-6206).

Frank Sinatra Tribute

Join NA'AMAT on Wednesday, Jan. 15, to take a trip to see the show "Ol' Blue Eyes: Frank Sinatra" at the Signature Theatre. For further information, check the Club Trips section of this publication. Checks must be received by Saturday, Dec. 14.

Mission and Membership

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women and services and assistance for new immigrants as well as centers for the prevention and treatment of domestic violence.

NA'AMAT is proud of its

233 daycare centers that ensure the safety and security of more than 17,000 preschool children that are located throughout the State of Israel and the 40,000 families that depend on NA'AMAT for social, psychological and economic services. In addition, NA'AMAT offers scholarships to women who want to pursue their studies.

At a recent convention of NA'AMAT USA in Israel, Dr. Michal Shevach, past recipient of NA'AMAT's research grant and current head of Entrepreneurship and Industry-Academia Relations at the Sagol School of Neuroscience at the Tel Aviv University, presented a new robotic device developed to help children to learn English via a user-friendly stuffed animal.

The fundraising activities NA'AMAT sponsors support these essential programs. By joining NA'AMAT RBZ, members become supporters of NA'AMAT Israel.

To join, mail checks for dues (\$36, payable to NA'AMAT USA) to Harriet Chaikin at (15101 Interlachen Dr., Apt. 216, Silver Spring, MD 20906). For questions, contact Harriet at (240-560-7487).

Book Club Update

NA'AMAT RBZ has a book club that meets the fourth Wednesday of each month to discuss literature chosen by the club. The club does not meet in December. The books for the next scheduled meeting on Wednesday, Jan. 22, is "The Only Woman in the Room" by Marie Benedict and "The Alice Network" by Kate Quinn. Contact Barbara Tahler at (240-669-6961) for the meeting's time and place.

Save the Date

• April 23 – Spiritual Adoption Luncheon with special keynote speaker

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) and Gladys Blank at (301-438-9666).



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🖬 Hadassah

Dec. 18: Attend a Hanukkah Bingo Celebration

by Barbara Eisen

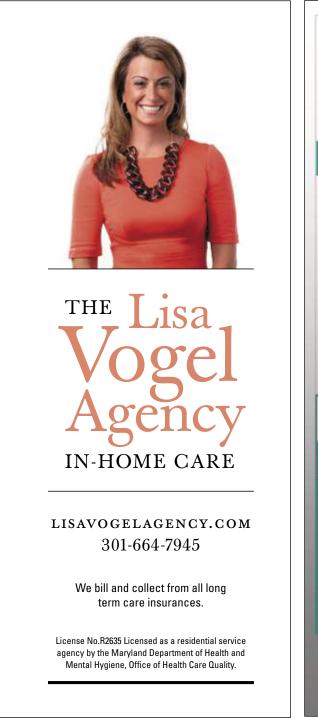
Hadassah will hold its Hanukkah program on Wednesday, Dec. 18, at 2 p.m. in Clubhouse II.

The 2020 board will be installed. The meeting features bingo with prizes and delicious Hanukkah refreshments. The cost is \$10 to benefit Hadassah projects. Pay at the door by cash or check payable to Hadassah.

In addition, Hadassah is requesting that each attendee bring an unwrapped new toy costing \$10 or less for a child in grades Pre-K to sixth grade. The toys will go to Montgomery County Public Schools Linkages to Learning.

The Dec. 18 meeting is also the last chance to buy novelty socks, gloves, scarfs and ponchos. Buy something for yourself or for your friends and relatives. All proceeds fund research at Hadassah hospitals.

RSVP to either Bobbi Gorban at (301-838-4336) or (bprem@aol.com), or Judy Rumerman at (301-680-0850) or



(judyrumerman@gmail.com) if you plan to participate in Hadassah's Hanukkah celebration.

Judaic Studies Group

The next meeting of the Judaic Studies Group is Monday, Dec. 16, at 1:30 p.m. in Clubhouse I. This month's theme is "Jewish-American Humor." Bring your favorite quip, joke or story to share with others as the Group laughs with comedians from vaudeville until today.

There is no charge, but attendees are invited to make a small contribution. As always, all residents and their guests are welcome. Contact either moderator Shari Goldstein at (240-293-6442) or Naomi Kline at (nbk165@comcast.net) or (240-669-7683).

Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The prices are \$3 each for one to three cards and \$2.50 each for four or more cards. Cards are



displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber, available at (301-598-5922), is chair of Youth Aliyah/ Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

About Hadassah

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink. net) or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

Jewish Discussion Group Dec. 22: Next Discussion Session

by Jerome "Jerry" Cohen

The Jewish Discussion Group's (JDG) next session is held on Sunday, Dec. 22, at 10:30 a.m. in Clubhouse I. Guest moderator Bernie Zycherman will be back by popular demand.

JDG participants are encouraged to offer suggestions for featured speakers, and those interested in giving a short presentation of interest to the Group are encouraged to speak privately with the Group's moderator, Jerry Cohen.

Individuals who may want to serve as guest moderators to substitute from time to time in leading the Group's monthly sessions are encouraged to contact the moderator as well.

JDG invites everyone to attend these free fourth Sunday morning discussion group sessions held from 10:30 a.m.noon in Clubhouse I.

For additional information or to have your email address added to the monthly notification list, call or email group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

Group Reviews its Bylaws, Plans and Records

by Patricia Means

Three special committees were formed to review LWAAAC bylaws, plan for community support and preserve historical records.

Bylaws Committee

The bylaws committee has reviewed the bylaws and considered changes that will enhance the structure and focus of the organization.

The membership was given an opportunity to review the existing bylaws and to offer suggestions. Most suggestions were incorporated into the document and sent to members for a final review in November.

The membership will vote on the final document at the January 2020 meeting. Committee members are chairperson Laura Wiltz, Connie Ambush, Sharon Boone, Arvella Brown, Patricia Means and president and ex-officio Cheryl Prejean Greaux.

Community Services Committee

Under the aegis of the community services committee, the educational assistance project (EAP) was established to partner with James Hubert Blake High School to provide assistance to struggling, educationally ambitious students.

LWAAAC envisions that the partnership will be ongoing to provide services to selected students from sophomore year to senior year. The EAP has received several applications and profiles from students for review

and selection.

Committee members are chairperson Sharon Ricks, Arvella Brown, Barbara Hill Hudson, Juanita Sealy-Williams, Jeanne C. Sinkford and president and ex-officio Cheryl Prejean Greaux.

Archives Committee

Over the past months, the Archives Committee organized and preserved LWAAAC historical records. The Committee reviewed each item for relevance and categorized the material into volumes covering the years 1994 through mid-2019.

Photos will be digitalized, and all material will be preserved and available for research purposes. Committee members are chairperson Patricia Means, Sharon Boone, Diane Jackson and Dee Dee Spriggs.

LWAAAC Meeting

Since the first Wednesday of January 2020 is New Year's Day, the Association meeting will be held on Wednesday, Jan. 8, at 4 p.m. in Clubhouse I. Members will vote on amendments to the bylaws and form the nominating committee for the 2020-2021 election.

Membership

Membership in LWAAAC is open to all residents. The dues are \$20 per person (checks

only, payable to LWAAAC) and covers the period of July 1, 2019 through Tuesday, June 30, 2020. Payment may be made at meetings, via the LWAAAC mail slot in the Clubhouse I E&R office or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908).

A telephone number and an email address should be included with the payment. For more information, contact Alfonso Holston, membership committee chairperson, at (301-438-3537).

Amenities

Members should notify LWAAAC of illness, disability, death or other situations affecting a member or that person's immediate family by contacting Louise Langley, amenities chairperson, at (301-598-3876).

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■ Lions Club of Leisure World **Lions Club Dances** to the Oldies for a Good Cause

ON

by Maxine Hooker

n Nov. 9, the Lions' dance branch took a stroll down memory lane at its '70s and '80s dance in the Clubhouse I Crystal Ballroom.

Most individuals who attended dressed like they were back in the '70s and '80s and danced to some oldies performed by the Crossfire band such as "Billie Jean" by Michael Jackson, "Light My Fire" by The Doors and "Purple Rain" by Prince.

The dance benefited the Forest Glen Walter Reed Fisher House with proceeds totaling \$1,300. A special thank you to Lion Seprena Jackson and her committee for a successful event. Lion and photographer Al Holston captured some of the outfits and dance moves.

The Lions' dance branch meets on the first Friday of every month in the Stein Room during entertainment



Pat McConnell grooves to the sounds of the '70s and '80s at the Lions Club's dance party on Nov. 9. Photo by Al Holston

intermission to discuss upcoming projects and help support the Lions' parent Club.

The Club's motto is, "Where there is a need, there is a Lion." Members also get to enjoy plenty of dancing, fun and relaxation while answering the question, "How can I serve my community?"

For questions or more information about the Lions Club and its dance branch, contact Maxine Hooker at (301-598-0242) or (waxiemaxie@juno.com).

Dec. 13: Presentation Provides Highlights of the National Palace Museum in Taipei

by Stella Shaw

On Friday, Dec. 13, the Chinese Club hosts a talk presented by Dr. Yuan Liu on the highlights of the National Palace Museum in Taipei, the capital city of Taiwan.

The free presentation is from 10-11 a.m. in Clubhouse II, and all residents are welcome.

About the Museum

The National Palace Museum is one of the largest museums of Chinese art in the world. It has a permanent collection of nearly 700,000 pieces of ancient artifacts and artworks, which encompasses 8,000 years of Chinese history from the Neolithic age to the modern time.

The museum shares its roots with the Palace Museum in the Forbidden City in Beijing, China. The collections of these two museums originated from the Chinese imperial collections.

As the National Palace Museum's collection is so vast, it is both challenging and overwhelming for visitors to know what to see in the museum – either on a physical visit or an online virtual tour. The Club is delighted to invite Liu, a bilingual docent at the Smithsonian Institution's Freer|Sackler Museum, to share highlights of the museum's treasures.

Many Club members are familiar with Liu, as she was one of the Smithsonian's docents who guided them through the exhibition of the Empresses of China last April. The Club is impressed by her bilingual ability and her in-depth knowledge on the artifacts in the exhibition. In addition, she is a

great speaker. Don't miss this opportunity to hear her talk.

About the Presenter

Liu is a neuroscientist, and had served as the Chief of International Office at one of the Institutes at the National Institutes of Health for many years.

She is also a writer and photographer who has written many articles on art and

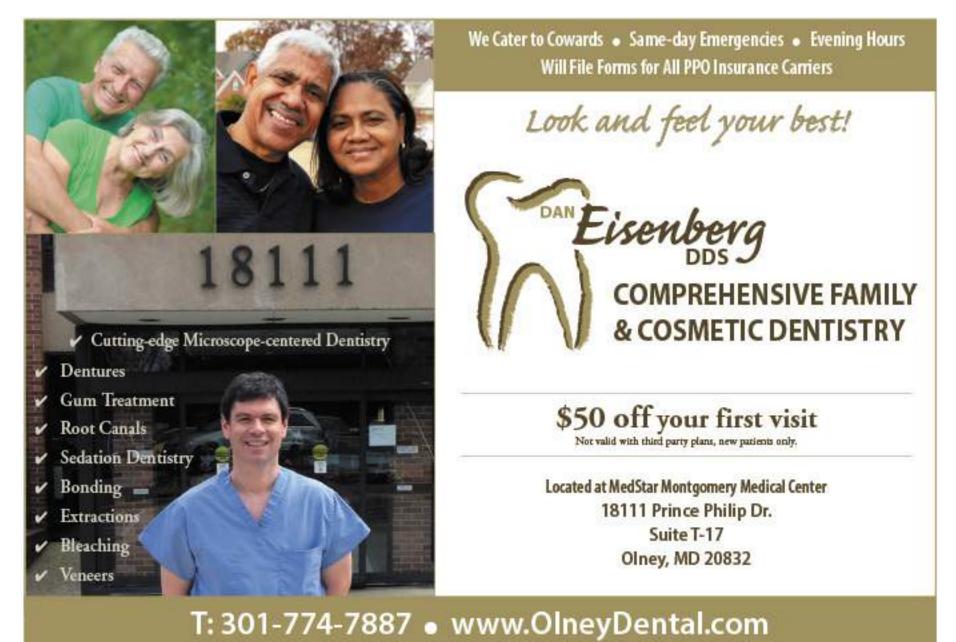


National Palace Museum in Taipei, courtesy photo

cultures, and her recent book on the Library of Congress was selected by readers in three "Best Books of the Year" nominations.

Liu has been invited by several universities in China and many cultural organizations in the Washington Metropolitan area to deliver seminars focusing on art and world cultures.

She has lived in Asia, Europe and the U.S., and traveled to more than 50 countries on six continents.



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Holiday Dinner Moves to New Time and Place

by Flo Merola

O n Sunday, Dec. 15, the Italian Social and Cultural Club hosts its special holiday dinner at 6 p.m. in Clubhouse I. Note that the time and location have changed; the dinner was originally scheduled to be held at Bedford Court.

All residents and their guests are welcome. The change of venue has meant another minor change in the menu: the BYOB (bring your own beer/wine)

■ Going It Alone Club

feature originally advertised is not possible. Guests will be provided with a ticket for a free glass of wine. Non-drinkers are encouraged to make others happy by gifting their ticket to someone else!

The menu will feature surf and turf: filet mignon and crab cake. Dinner will include salad, rolls, baked potato, seasonal vegetables, dessert and coffee. Vegetarian lasagna may be requested when making a reservation.

The music will be provided

by La Serenata, the elite performing group of the American Center for Puccini Studies. The power of their voices has thrilled presidents to Popes from such venues as the Kennedy Center and Orioles Park in Camden Yards.

La Serenata has also held many popular music appreciation classes at Leisure World. With world-class voices and an elegant presentation, La Serenata will make this evening an unforgettable experience.

The cost for this special

evening remains \$40 for members and \$45 for non-members. Guests wishing to sit together should send their checks in one envelope. To make a reservation, mail checks, payable to the Italian and Social and Cultural Club, to Paul D'Angelo at (3310 North Leisure World Blvd., Apt. 308, Silver Spring, MD 20906).

Reservations are required and must be received by Wednesday, Dec. 11. The last date to cancel a reservation for a full refund is also Dec. 11.

Club Now Has a Local Post Office Address

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday beginning with armchair travel at 2 p.m. in Clubhouse II followed by various games at 2:30 p.m.

Members can now conveniently send renewal fees, suggestions and other correspondence to GIAC via U.S. mail addressed to (GIAC, P.O. Box 12024, Silver Spring, MD 20908). The mail slot in the Clubhouse I E&R office will remain available to those who prefer to use it.

Armchair Travel

On Saturday, Dec. 7 and 14 from 2-2:30 p.m., participants will continue to virtually explore America's beauty by way of "Majestic America" videos.

Armchair travel coordinator Sami Deminay would like to hear from virtual travellers on past destinations they've particularly enjoyed and would like to "visit" again. Just stop by the GIAC information table on Saturday and put in your requests for return trips.

Bus Trips

On Wednesday, April 15, get ready to brush off winter cold and travel to The Washington County Playhouse in Hagerstown, Maryland, to experience "Love Letters." On Wednesday, May 20-21, GIAC sponsors an overnight trip to Lancaster, Pennsylvania, for an up close and personal afternoon with the show, "Queen Esther," a captivating tale of beauty and bravery set in the opulent yet perilous Persian Empire.

Travelers will experience one of the most riveting Bible stories of the Old Testament as it comes to life with magnificent sets, special effects and live animals in this brand-new, original stage production!

More detailed information on this trip can be found in the Club Trips section of this publication.

Sign-ups for trips takes place during Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II when a representative of the trip committee is available to receive payments and answer questions.

The GIAC newsletter, which also has more trip information, is also available at that time. For questions about trips, call GIAC president Elaine Strass at (240-447-2166).

Games

Games begin at 2:30 p.m. right after armchair travel with bridge and Rummikub in the Clubhouse II lobby.

Mexican train dominoes is played in the game room, where an old-fashioned dominoes game is also available. Members are also welcome to bring and/or suggest other favorite games. Anyone interested in more information about games should contact Sylvia Pachenker at (301-598-5325) or Elaine at (240-447-2166).

Membership

Those wishing to sign up for GIAC membership or renew their membership are invited to do so every SAL from 1:30-3 p.m.

The membership fee is a nominal \$8 per year, which can be submitted during SAL, in the Clubhouse I mail slot in the E&R office or mailed to the new post office address. The income from dues is used to pay Club expenses and enhance activities.

For more information about membership, contact Elaine at (240-447-2166).



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Dec. 11: Club Holds Annual Holiday Luncheon

by Marcia L. Elbrand

Last minute reservations for the Rossmoor Women's Club's (RWC) elegant holiday luncheon may still be made, but not for long! The popular annual event takes place Wednesday, Dec. 11, at noon at nearby Manor Country Club, located at 14901 Carrolton Road in Rockville.

The cost to attend is \$35 for RWC members, and \$40 per person for guests. To make a reservation, place a check, payable to Rossmoor Women's Club, in the RWC's mailbox in the Clubhouse I E&R office by 4 p.m. on Monday, Dec. 9. No reservations will be accepted after that time.

With each check, include your phone number and specify your entrée preference: roasted salmon with lemon dill sauce, chicken Francaise with lemon butter and capers or beef tenderloin with peppercorn sauce.

All lunches also include fingerling potatoes, a pear and berry salad, a green bean and butternut squash medley, dinner rolls, lemonade, coffee and tea. Dessert is seasonal fruit cobbler with vanilla ice cream. The luncheon's entertainment includes a musical performance by Blake High School's string quartet.

Proceeds from the luncheon help to provide college scholarships awarded every spring, and yearlong enrichment for Title One Head Start students at Harmony Hills Elementary School. The Club also makes contributions to nearly a dozen local charities, including the Betty Ann Krahnke Center, a shelter for women and children fleeing domestic violence.

Support also goes to FISH, Fireside Forum and Montgomery Hospice, and to the Fisher House Foundation, which provides homelike accommodations to those visiting hospitalized veterans. And starting this year, RWC is helping Leisure World's Social Service Department provide emergency financial assistance to Leisure World residents.

Those attending the luncheon are encouraged to bring along cash, as wine, mimosas

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Members of the Rossmoor Women's Club create bags for a local pediatric emergency room on Nov. 20. Photo by Leisure World News

and Bloody Marys will be available for cash only. Attendees will also have the opportunity to purchase a chance to win prizes, with money going toward RWC's charities.

For any luncheon or reservation questions, call Carolyn Thompson at (301-806-5383). In case of snow or ice, contact the Manor Country Club at (301-929-1700) on Dec. 11 after 9 a.m. to check on the status of the event.

Lend Support

All luncheon attendees are welcome to bring new personal care items – soaps, toothpaste, grooming items, first aid supplies and children's health needs – for A Wider Circle's clients. Also needed are household items such as paper towels, toilet paper, tissues, plastic bags for sandwiches and leftovers, dish detergent and laundry detergent.

RWC volunteers will assist with moving the hundreds of contributed items to waiting vans, and will subsequently transport all donated items to A Wider Circle, where they will be made available to individuals and families moving to newly furnished apartments. For questions, contact Aggie Eastham at (301-438-8150).

Bargains Galore

Just in time for holiday shopping, RWC holds its popular vendor sale on Monday, Dec. 16, from 10 a.m.-2:30 p.m. in the Clubhouse I Crystal Ballroom.

An amazing array of gifts will be sold – necklaces, rings, earrings, bracelets, tote bags, scarves, belts, wallets, men's ties and watches – nearly all priced at \$6 each. In addition, many children's items and novelty gifts will be offered.

Shoppers will also be able to purchase a new category of upscale fashion accessories at incredible prices. They will all be clearly marked.

Many shoppers from past vendor sales say they still wear and enjoy their budgetfriendly purchases.

Cash and Visa, MasterCard and Discover cards are all accepted. Profits from the sale help to support the many charities RWC partners with to benefit women and others in need in the local community.

Club Plans Trip to See 'Kinky Boots' Show

by Al Karr

The Comedy and Humor Club offers a bus trip to see the grand musical "Kinky Boots" on Wednesday, March 4, 2020. For more information, phone Ruth Becker at (301-288-4276) between 9 a. m. and 5 p.m., or see the Club Trips section of this publication.

Meanwhile, the Club continues to enjoy increased participation at its meetings held every Tuesday at 1:30 p.m. in Clubhouse II. Come and join in the laughter.

Members who grabbed the microphone at a recent Club meeting include Sam Hack, Fred Firnbacher, Rudy Volin, vice president Skip Schoening, Wally and Ruth Becker, treasurer Herb Hodes, president John Lass and Al Karr. Here are some examples of their rib ticklers:

- Fred—A pregnant woman's birth pangs were two minutes apart, and her husband phoned the hospital. He was asked, "Is this her first child?" He replied, "No, this is her husband!"
- Ruth—Knock knock. Who's there? Robin. Robin who? Robin you; hand over your cash.

Writers of Leisure World Sharing Memories

by Woody Shields

T he Writers of Leisure World met on Nov. 21 to share their writings. The Group dedicated the meeting to Denise Barker, a devoted member who recently passed.

Danuta Montorfano, on the anniversary of the passing of her beloved husband, Carlos, offered a thoughtful remembrance, "Autumn from My Window." "There are only memories now, but his intangible presence remains," she writes.

With memories of a "First Date," Joanie Friedlander wrote, "Our first date together was perfect and ended with him driving me home where the two of us shared our first kiss."

Radha Pillai offered "View from my Rocking Chair" about a beautiful fall morning. "My 10-year-old red maple is in its glorious color. There is a breeze that sways the panorama to the west and east against the spotless blue sky."

Grace Cooper shared memories of "My Latest Career." During her life, she was a student, writer, consultant, public speaker, artist, actress, traveler and English professor. Although retired for many years, she remains active and enjoys activities related to her various careers. Cooper also read one of her delightful poems, "Eternal Different Sameness" where "Life changes never really change love. Real love goes on."

As a lifelong poet, Tom Anessi read two of his early poems written as a teenager in the 1950s: "The Gardens" and "Martha's Eyes." Marion Bedell shared an essay on the "They Club."

A new contributor to the Group, Ken Wolfrom, shared the life story of one of his ancestors in "My Storm of Life." As a citizen soldier, Seth Bardwell survived several battles in the Revolutionary War and died from a lighting strike many years later.

The Writers of Leisure World meet on the first and third Thursday of each month in Clubhouse I. All residents are welcome to attend.

The Group hopes more residents will join the Group to read their work. The Group enjoys all genres and skill levels of writing, so bring poetry and essays to the next meeting.

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■LW Apple Club What's New in Catalina?

by Ron Masi

The new macOS Catalina (version 10.15) operating system has many new features, such as:

A small, green ball at the top left of the window – Many have used it to increase the size of the window, but now it does more. By pausing the mouse pointer over it, the user is presented with options such as "enter full

screen" and "tile window to left/right of screen," which is great for working with two windows at a time.

• Safari tabs – As the user starts typing a website's URL into the address bar, he or she also receives tabs



ow – In Find

and bookmark history as an option.

iTunes and Music

iTunes has been replaced by separate new apps now in the Dock, and another in Finder. The user no

longer needs to weed through iTunes looking for podcasts, music or TV; just click on its icon. There are some minor changes, but most are familiar. Check Preferences to see what's new to take advantage of.

A user's music is in the Music app along with the radio. Podcasts are in the Podcast app. The TV App is similar to a user's Apple TV and resembles the look on iOS devices. It syncs across devices. For example, the user can start watching a music video on an iPhone and finish on Apple TV.

Syncing and Managing iOS Devices

Another iTunes job has moved to a more logical location in Finder. To update or restore an iOS device, open Finder. Once the iOS device is plugged into the iMac, the device shows up near the bottom left of the Finder window. Click on it and a screen appears with information on the device, backups and options to set.

- System Preferences Now closely resembles iOS and contains more information and options
- iCloud Accounts When first entering Preferences, the user has his or her name and perhaps image at the top left, to the rightclick of the Apple ID
- New Wallpaper (Apple logo > Preferences > Desktop and Screen Saver > on left Desktop pictures provides option for Dynamic Desktop images). Select the preferred wallpaper; the image lighting changes based on the time of day. Users can also keep the default desktop picture or select an image from their own photos.
- Dark-mode Options (Apple logo > Preferences > General) gives users some options for their screen's appearance. Most users are probably using a white background, now called "light." However, click "dark" and it switches to a dark background. The auto option automatically adjusts the appearance from light to dark during the day. On this same General Window many other options are available such as colors, side bar icon sizes, scroll bars, default web browser and recent items. For more information on each, click the question mark at the

bottom right corner of the preference box.

- Notifications (Apple logo > Preferences > Notifications) allows you to control which apps can send you notifications and how they are delivered. Just select the app in the left window and adjust the available options in the right.
- Screen Time (Apple logo > Preferences > Screen Time). Users may already be using Screen Time on their iOS (iPhone/iPad) – now it's on the Mac. Now users can control and keep track of their screen activity such as individual app usage, how often they wake the Mac and number of notifications received. They can also limit time on individual apps, privacy settings and much more.

Mind Your Email Manners

When sending an email to a lot of people, do not use the "To:" address line; doing so sends the email address of all recipients to each other. Using "To:" may be a privacy problem, but is almost always annoying to recipients.

Instead, use the "Bcc" address line. "Bcc" means "blind carbon copy," a copy of an email sent to someone whose name and address isn't visible to other recipients. When replying to an email that displays all recipients and you only need to reply to the sender, use "Reply" and not "Reply all."

Club News

The Club's support helpers are available to assist residents on the first, second, third and fifth Tuesdays of the month from 10-11 a.m. in the Computer Learning Center in Clubhouse II. On the fourth Tuesday of the month, the Club has a program featuring a guest or club member at 10 a.m. in Clubhouse II.

Visit the Club's updated website at (mac.Computerctr. org) for past and scheduled programs as well as past Leisure World News articles.



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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at noon. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn. com).

Clipper Workshop: Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II, the Computer Learning Center is operated by The Leisure World Computer Center Inc. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Windows systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Interfaith Committee for the Homeless and Working Poor: The focus of this committee is to provide opportunities for Leisure World residents to work together to solve some of the problems experienced by homeless and working poor individuals and families in Montgomery County. This coalition is comprised of representatives from the Inter-Faith Chapel, Jewish Residents of Leisure World, Our Lady of Grace Catholic Church, the Unitarian Universalists of Leisure World and the community at-large. If you would like information about participation in ongoing projects of this committee, contact Gwen Raphael at (301-348-8814) or (graphael@verizon.net).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Dec. 13. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

LW LGBTQ Alliance: Our group was formed to give members of the LGBTQ community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II, except in July and August. We welcome everyone; being gay is not a prerequisite. The LW LGBTQ Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire Leisure World community. For additional information and events, email us at (lwlgbt@gmail. com). You can also follow us on Facebook at LW LGBT Alliance.

Musical Jammers: We gather informally twice a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All

instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to (www.nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or (kanens@verizon. net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwanowski@yahoo. com).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Dec. 12.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The Short Story Prize: 15 Years of Great Fiction." On Wednesday, Dec. 18, Stacey Albert will lead a discussion of "Ghost, Cowboys" by Claire Vaye Watkins. (The Group will not meet on Wednesday, Jan. 1.) On Wednesday, Jan. 15, Jane Carona will lead a discussion of "Tenth of December" by George Saunders. The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: TMO is a movement of residents concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information email (admin@townmeetingorganization.com) or visit (www.townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women's Fun Bunch of Leisure World: The Women's Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquires, call Marlene at (301-438-7773).

Yahoo Group: The Group is an online forum and email list serve that provides informal, online communication between neighbors. It provides residents an opportunity to seek information, post announcements and share photos and files. This list serve is monitored daily to assure the stated Group rules are followed. To join, visit (https://groups.yahoo.com/neo).

Leisure World Club Trips

The next deadline for trip submissions is **Monday**, **Dec. 9**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to **lwnews@lwmc.com**.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

Dec. 11 Washington, D.C.

Join the **Going It Alone Club** for a family-style Italian dinner at Carmine's Restaurant. Carmine's is renowned for its extra-large portions of antipastos and pastas, seafood and meat entrées, which are meant to be shared.

After dinner, enjoy a bus tour of downtown Washington, D.C., to see the city's holiday decorations, including the Capitol and White House Christmas trees, the holiday decorations on Embassy Row and much more.

The bus departs from Clubhouse II at 2 p.m. and returns approximately 9 p.m.

The cost is \$70 for members and \$80 of non-members and includes dinner, tax, transportation and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Jan.

15

"Ol' Blue Eyes: Frank Sinatra" Signature Theatre, VA

Join **NA'AMAT** in the intimate cabaret setting at Signature Theatre to see "Ol' Blue Eyes: Frank Sinatra," a tribute to this iconic crooner. Tables in groups of three or four have been reserved. A light a la carte menu is available for additional cost (on your own).

The bus leaves Clubhouse II at 5:15 p.m. for a 7:30 p.m. performance; the bus will return to Leisure World at approximately 11 p.m.

The cost is \$69 person and includes bus transportation and tickets to the show. No refunds or exchanges will be made unless inclement weather causes cancellation.

Reservations must be received by Saturday, Dec. 14. Send checks (payable to NA'AMAT) to Carole Mund at (15101 Interlachen Dr., Apt. 724, Silver Spring, MD 20906). If you have any questions, call Carole at (301-598-2768).

March 4 Toby's Dinner Theatre, Columbia, MD

Join members of the **Comedy and Humor Club** for a matinee performance of this exhilarating, true story that will lift your spirits to high heel heights! "Kinky Boots," winner of six Tony awards including best musical, features a joyous score by Cyndi Lauper.

The bus departs Clubhouse II at 9:30 a.m. and returns at approximately 3:30 p.m.

This trip guarantees a wonderful experience. The cost, \$80 per person, includes bus transportation, buffet lunch, gratuity and tips at the theatre and a remarkable show. The trip also includes a drawing for a surprise gift on the way home.

Payment, check or money order only made payable to the Comedy and Humor Club of Leisure World, may be left at the E&R office in Clubhouse I. The deadline for reservations is Friday, Jan. 10. There will be no refunds or exchanges. For more information, call Ruth Becker at (301-288-4276) between 9 a.m.-5 p.m.



Portugal, Spain and Gibraltar

Encouraged by the success of the trip this year to Costa Rica, the **Center for Lifelong Learning (CLL)** planned a trip to Portugal and Spain through Prometour Educational Tours. It is another opportunity for students of Judy Frumkin's Spanish classes to gain practical experience using the language they have been studying. It is also an opportunity for anyone interested in the cultures of these two neighboring countries.

Participants will arrive in Lisbon, Portugal, on the Monday, April 27, and spend four days visiting Lisbon, Sintra, Sagres and Albufeira. Then it is on to Spain and the cities of Sevilla, Cordoba, Granada and Málaga. Last stops are Gibraltar, and the Spanish city of Ceuta, across the strait in North Africa. The trip includes visits to Jewish, Muslim and Christian sites of interest, and time to enjoy local food, shopping and culture.

The base cost of the trip is \$3,934 per person if 20 or fewer people register. If more than 20 register, the price will decrease.

For additional information including a list of the places to be visited and the schedule for payment of the fees, contact Judy at (443-858-2894) or (judyfrumkin@gmail.com). To register for the trip, call (1-800-304-9446) and mention Leisure World for registration, or contact Judy for information on how to register online.



Join the **Going It Alone Club** on a two-day trip to Lancaster and Pennsylvania Dutch Country. This trip includes attending the show "Queen Esther" at Sight and Sound Theatre, a visit to Kitchen Kettle Village for authentic Pennsylvania Dutch Country shopping, a stop at the Amish Experience to see the multi-media production "Jacob's Choice" and a visit at Park City Center for more shopping. The trip also includes one night's lodging, one breakfast and one dinner.

The bus leaves Clubhouse II at 8 a.m. on Wednesday, May 20, and returns at approximately 6 p.m. on Thursday, May 21.

The cost is \$213 for members or \$223 for non-members double occupancy (add \$39 for single occupancy) and includes the driver gratuity. An initial payment of \$75 is due at sign-up with the final payment due on Saturday, March 7, 2020. No refunds will be made after March 7 unless a replacement is made.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Nancy Alderman at (301-598-5614).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/ long-term is at the owner's own risk.

RE Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2:00 pm Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4 For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Museum Loop, DC 8086

Mon., 1/13, 8:40 am-3:00 pm\$35.00 per person Choose to spend the day at the Library of Congress, National Archives Museum or the National Museum of American History. Transportation only.

International Spy Museum, DC 🖉 🖉 🖉

Mon., 1/27, 8:45 am-3:15 pm......\$48.00 per person Trip includes transportation and admission to museum. Lunch on own.

"Murder on the Orient Express," Fulton Theatre, PA 🔊 Thurs., 1/30, 8:45 am-7:00 pm......\$120.00 per person Trip includes transportation, lunch at Shady Maple Smorgasbord and admission to show.

"Kinky Boots," Toby's Dinner Theatre, Columbia, MD 🔊

Wed., 2/5, 10:00 am-4:00 pm......\$104.00 per person Winner of six Tony Awards. The exhilarating true story that will lift your spirits to high-heeled heights! Trip includes transportation, admission to show and buffet lunch.

"Wicked," Hippodrome Theatre, Baltimore, MD 🥯

Sat., 2/15, 12:00 pm-6:30 pm.....\$185.00 per person Trip includes transportation and admission to show

MGM Casino, National Harbor, MD 🍩

Mon., 2/17, 9:05 am-3:00 pm\$40.00 per person Transportation only.

National Portrait Gallery, DC 🖉 S

Tues., 3/3, 10:45 am-3:45 pm\$35.00 per person Transportation only.

Philadelphia Flower Show, PA 🖉 🖉

3/5 and 3/6, 7:45 am-7:45 pm......\$95.00 per person "Riviera Holiday" — Mediterranean gardens are this year's theme. Transportation and admission to show included.

"Queen Esther," Sight and Sound Theatre, PA 🥯

Fri., 3/20, 9:45 am-9:15 pm\$159.00 per person Lunch at Hershey Farm prior to the show included.

9/11 Memorial and Museum New York 🖉 🖉

Sat., 3/21 7:00 am-11:45 pm\$120.00 per person Timed entry ticket to Museum and Memorial and a Cracker Barrel gift card for dinner on the way home.

Cherry Blossom Tea at the National Cathedral, DC 🔊

Tues., 3/24, 12:00 pm-6:00 pm......\$95.00 per person Experience the beauty of the National Cathedral with a guided tour and finish the day out with a cherry blossom-themed tea. Trip includes motorcoach transportation, admission to Cathedral. Guided tour and tea.

NEW Tropicana Atlantic City, NJ 🥯 🖗

Odyssey Cruise on the Potomac River 🕾

Wed., 4/1, 9:00 am-3:45 pm......\$110.00 per person Cruise down the Potomac while eating lunch and listening to music.

Cherry Blossom Tour, DC 🖉 🖉

Mon., 4/6, 10:00 am-3:15 pm\$84.00 per person Trip includes a step-on guide, lunch at Carmine's and transportation.

Shen Yun at the Kennedy Center, DC 🔊

Wed., 4/8, 11:30 am-5:30 pm......\$179.00 per person Shen Yun's unique artistic vision expands theatrical experience into a multidimensional, inspiring journey through one of humanity's greatest treasures - the five millennia of traditional Chinese culture. Shen Yun's story dances are like mini-dramas. The storytelling is all done through classical Chinese dance, which has a unique dance-acting element. By coordinating facial expressions with dance movement, dancers can portray any sort of character or personality. Trip includes transportation and admission to the show.

NEW Stein Mart and Leesburg Outlets, VA 🖉 🖉

Mon., 4/20, 9:15 am-4:30 pm......\$40.00 per person Transportation only.

"Guys and Dolls," Ford's Theatre, DC 🥯

Sat., 4/25, 10:15 am-5:45 pm\$110.00 per person Lunch at Union Station prior to heading over to Ford's Theatre. Explore the museum prior to the show.

NEW "Murder at Mount Hope Mansion," PA 🕯

Sun., 4/26, 9:15 am-7:15 pm\$117.00 per person Accept this invitation to a sumptuous meal and the opportunity to become a detective! Transportation, meal and show included.

"Hamilton: An American Musical" on Broadway, NY

Wed., 4/22, 6:45 am-11:30 pm.....\$389.00 per person Now's your chance to see the most exciting and significant musical of the decade! Trip includes transportation and orchestra seating at the show.

MULTI-DAY TRIPS

Essence of Panama Feb. 13-22 Coastal Wilmington, NC April 19-23 Ocean City Adventure, MD June 7-10 Niagara Falls, Canada June 21-24 Cape Cod, MA July 19-23 Constitution Tour, VA Aug. 6-8

Yellowstone, Grand Tetons & Mt. Rushmore Aug. 13-21 Pittsburgh, PA Sept. 13-14 Africa and Safari Adventure Sept. 9-20 Iceland – Land of Fire & Ice Oct. 21-27 Portugal & The Douro River Cruise Oct. 28-Nov. 7 Tournament of Roses Parade Dec. 30-Jan. 3, 2021

CRUISES

Carnival Cruise July 19-26 Seven-night eastern Caribbean cruise MSC Seaside out of Ft. Lauderdale Aug. 15-22 Caribbean Cruise

Royal Caribbean Sept. 17-26 Nine-night Canada/New England Cruise Caribbean Princess Nov. 15-22 Western Caribbean cruise

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

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Some trips require a ce	rtain amount of walking.	The shoe symbol	Reg provid	les an indication of how	r much walking may l	be involved.
Some trips require a ce Key:	Easy Walking	Se Se Mor	e Walking	BBB AL	ot of Walking	

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years." INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

SPORTS, GAMES & Scoreboards

Ping-Pong Club

Dec. 11: Club Gathers for Organizational Meeting

R esidents are invited to an organizational meeting of the new Ping-Pong Club on Wednesday, Dec. 11, at 1:45 p.m., in Clubhouse II.

The meeting provides an opportunity for the Club to formalize bylaws, nominate and/or select officers, gather ideas and discuss dues.

The Ping-Pong Club welcomes residents of all ages and skill levels. Ping-Pong provides healthy mental and physical exercise for seniors while they enjoy the social aspect of the game.

For further information, contact Julie at (julie12401@nets cape.net) or (301-598-5424).

– Julie Friedman

■ Volleyball Club

Dec. 11: Club Holds First Official Meeting

Volleyball has become an official Leisure World Club and holds its first organizational meeting on Wednesday, Dec. 11, at 6 p.m. in Clubhouse I. All are welcome to be part of the process of adopting bylaws, electing officers and other items pertinent to the formation of the Volleyball Club.

Any resident interested who cannot attend may contact Jody Bonn at (bonnjody@hotmail.com) or Linda Childers at (childer slindaf@yahoo.com).

– Jody Bonn

Dec. 14: Pro Shop Holds Holiday Party

by Leisure World News

T is the season to rediscover the joy of golf at the Pro Shop's annual holiday party on Saturday, Dec. 14, from 10 a.m.-4 p.m.

All residents are invited to browse the Shop's athletic wear and accessories as they mingle with friends and enjoy light refreshments and holiday spirits.

Get a jump on your holiday shopping by purchasing stylish



Photo by Leisure World News

and comfortable attire. Free gift-wrapping is included with purchase. Golfers

can redeem their tournament credit by purchasing items. Come renew your

membership for the 2020 season, try a three-month trial membership, sign up for a golf lesson or bring your family and friends into the game by purchasing an associate membership for

someone this holiday season. For more information, call the Pro Shop at (301-598-1570).

Pickleball Club Club Debuts New Website

by Dee Berkholtz

The Pickleball Club proudly launches its new website to communicate and share information with its members and other interested residents. The website.

(lwpickeball.net),



The Pickleball Club's new website, (lwpickleball.net), screenshot by Leisure World News

is a single location where members can quickly check the daily schedule for indoor and outdoor playing times, as well as at Montgomery County Recreation Centers.

The website includes a "Members Only" section that will eventually be password protected for members to view a photo gallery of recent matches, tournaments and social gatherings. Once the member directory is published on the site, this section will be restricted to active members only.

Club members are encouraged to visit the website to register for the 2020 season. For those curious about the sport, a visit to the "Links" section will offer videos, including a brief introduction to the game of pickleball and why it's so popular with seniors.

The "Links" section also provides direct access to several Montgomery County Recreation sites where one can register for lessons as well as free beginner clinics for seniors as part of the county's "Open Gym" offering.

Fall Social Gathering

The Pickleball Club put their nets and paddles aside on Nov. 19 for an evening of good food, fun and music.

Approximately 80 members and guests feasted on great barbeque from Red Hot and Blue and danced to the music provided by the always-popular Take 2 Entertainment. The event organized by Barb Shavatt and Wendy Flannery included a plethora of tasty appetizers and delicious desserts contributed by many of the attendees.

President Scott Keenum kicked off the event by recognizing Shavatt and Flannery's efforts to pull together such a successful event and Dee Berkholtz for the website and the continuously running slideshow that highlighted many of the year's activities.

It was a great opportunity for members who generally play at different times and locations to meet and catch up with one another.

Club Information

The Pickleball Club continues to welcome new members as well as those who are just curious about the sport.

The Club hosts a beginners' clinic every Tuesday at 4 p.m. in Clubhouse II (unless pre-empted by another event). All are welcome to stop by to participate or just watch. Be sure to wear comfortable clothing and athletic shoes (tennis shoes).

Residents are also invited to explore the new website, (lwpickleball.net) to learn more about the sport and to view the weekly schedule. Interested members can ask questions via the "Contact" link or sign up via the "Join the Club" link.

Chess Club Cheering for Chess

by Bernie Ascher

et's hear it for the cheerleaders! They have organized nationally (The National Cheerleader Association) and internationally (The International Cheer Union) and have created a competitive sport.

Moreover, three years ago the International Olympic Committee (IOC) provisionally recognized the International Cheer Union (ICU) as the world governing body of the cheerleading sport, granting the organization \$25,000 annually in special funding. Quite an accomplishment!

The National Cheerleader Association (NCA), established in 1948, hosts summer camps to teach new skills and hosts competitions as well. NCA's national championship event in Dallas, Texas, last year attracted 23,655 athletes from 39 states and nine countries.

The ICU, established in 2004, is comprised of 105 member national cheer federations, representing 3.5 million athletes. ICU hosts global and regional championships. The 2019 champions in the All-Girl Division are Finland (gold), U.S. (silver) and Norway (bronze).

Champions in the Coed Premier Division are the U.S., Canada and Chinese Taipei (Taiwan).

The international cheerleaders have applied to participate in Tokyo's 2020 Olympic Games. Although it generally takes seven years for a newly recognized sport to enter the Games, approval for 2020 is possible.

Cheerleading originated in the U.S. in 1869 at the first college football game played between Rutgers University and the College of New Jersey (renamed Princeton University in 1896). Cheering consisted of simple chants with no stunts.

Cheerleaders at the time were all males. Women did not become college cheerleaders until 1923. The shift to mostly females began during World War II. Currently, 97 percent of all U.S. cheerleaders are females, but at the college level 50 percent are males. Eighty percent of schools have cheerleading squads, according to (www.liveabout.com).

Four U.S. presidents were cheerleaders: Franklin D. Roosevelt (Harvard), Dwight D. Eisenhower (West Point Academy), Ronald Reagan (Eureka College) and George W. Bush (Phillips Academy and Yale).

To those who question the status of cheerleading as a sport, advocates point out that cheerleading meets the definition of a sport. It is an activity of physical exertion and skill in which an individual or team competes against others.

Competitive cheerleading differs from sideline cheering seen at American college football and basketball games. First introduced in 1978 and televised by CBS, competitive cheerleading features teams performing a two-and-a-half-minute routine with music to accompany their program.

Teams consist of up to 35 athletes, both co-ed and all-girls. Their routines consist of stunts, pyramids, tumbles, jumps, catches and dances. The scoring system is similar to that of diving, synchronized swimming and gymnastics, judged by a panel of experts based on difficulty and execution.

Meanwhile, with regard

to chess, earlier this year, as in prior years, the IOC rejected chess for the 2020 Olympics because of its lack of physical activity. The Fédération Internationale des Échecs (FIDE), the International Chess Federation, with members from 189 countries, immediately filed a request for inclusion of chess in the 2024 Olympics. Perhaps FIDE could use some help from the cheerleaders. At Leisure World, chess players have

no cheers and no cheerleaders. The games

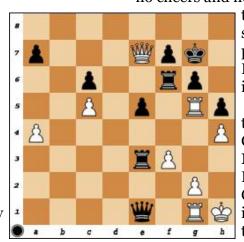
themselves bring their own satisfaction. In the game pictured on this page, it is Black's turn to move. What is Black's best move?

The solution follows the reminder that the Chess Club meets on Mondays, Wednesdays and Fridays from 1-4 p.m. in Clubhouse II. Membership is free. For further information, call Bernie Ascher at (301-598-8577).

SOLUTION: Black's Queen captures the Pawn at h4. Checkmate!

So, do not wait for a sis-boom-bah. Do not wait for a two-and-a-half minute routine. Do not wait for an invitation to the 2020 Olympics. Play chess now!







■ Tuesday and Friday Duplicate Bridge (cont.'d)

Friday, Nov. 15, 2019

North-South	East-West						
Flight A	Flight A						
1. Alan Ferraro – Liz Ferraro	1. Dora Levin – Mark Lavine						
2. Aaron Navarro – Judith Perrier	2. Marcia Fletcher – James Cowie						
3. Murat Berk – Saul Penn	3. Sid Lotlikar – Michael Benefiel						
	Flight B						
	1. Marcia Fletcher – James Cowie						
	2. Sid Lotlikar – Michael Benefiel						
Tuesday, Nov. 19, 2019							
North-South	East-West						
Flight A	Flight A						
1. Marilyn Udell – Maida Crocicchia	1. Patti Anschutz – Allen Shaw						
2. Robert Catlett – Shirley Light	2. Jerry Miller – Gerald Lerner						

- 2. Robert Catlett Shirley Light
- 3. Elaine Conway Saul Penn
- 4. Wendy Morrison Vern Skinner Flight B
- 1. Wendy Morrison Vern Skinner
- 2. Palma Seeger Stephen Weiner
- Flight B 1. Liz Ferraro – Alan Ferraro 2. Madhav Deshmukh – Beena Deshmukh

3. Liz Ferraro – Alan Ferraro

4. James Wisman – Howard Tash

The next newcomers duplicate bridge session is held on Monday, Dec. 16, at 6:30 p.m. in Clubhouse I. A short lesson will precede the card play.

All Leisure World bridge players who would like to experience duplicate bridge in a more relaxed setting are invited to attend and partner with experienced duplicate players. The fee for non-Club members is \$2 per person. Email (jerroldmiller@yahoo.com) to RSVP or for more information.

Regular duplicate games awarding masterpoints are held Tuesday and Friday at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com).

If you need a partner for either game, call Shirley Light at (301-598-6611) at least 24 hours in advance.

Wednesday Night Chicago Bridge

Compiled by Abigail Murton

Nov. 6, 2019 No game played.

Nov. 13, 2019

- 1. Joyce and Dick Riseberg, 4,940
- 2. Bruce McKay and Jack Looney,
- 4,830
- 3. Abigail Murton and Doug Brasse, 3,620
- 4. Marcia and Monroe Elbrand, 3,070

Thursday Afternoon Ladies Bridge

Compiled by JoAnn Gellman

Nov. 7, 2019

1. Judith Lane, 4,460 2. Janet Danziger, 4,280

3. Elsie Bergamini, 3,510

Nov. 14, 2019

- 1. Judy Lindley, 3,110
- 2. (tie) Wendy Flannery, 3,070
- (tie)Helen Montanaro, 3,070 3. Janet Danziger, 3,010

Nov. 20, 2019

1. Jack Carney and Doug Brasse, 3,820 2. Leloy Cottrell and Joan Joyce, 3,230 3. Joyce and Dick Riseberg, 2,120

Nov. 21, 2019

1. Vicky Shaz, 3,860

2. Pat Patton, 2,890

3. Dolores Shaprio, 2,850

Friday Bridge

Compiled by Shirley Rosenhaft

Nov. 1. 2019

- 1. Leonard Bosin, 2650 2. Janet Danziger, 2,060 3. Bob Stromberg, 1,900
- 4. Jerry Weiss, 1,760

November 8, 2019

- 1. Betty Hecht, 2,690 2. Bob Stromberg, 2,580
- 3. Belle Lieberman, 2,320
- 4. Sunny Levin, 2,210

Nov. 15, 2019

1. Shirley Rosenhaft, 2,810 2. Shirley Griffin, 2,310 3. Susan Unger, 1,830 4. Sunny Levin, 1,810

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REMEMBER TO RECYCLE



Luann Battersby Leisure World neighbor 3510 Chiswick Ct

Huggers Grasp First Place

by Rita Mastrorocco

The league is based on L handicaps with averages for the bowlers ranging from 85 to 182. If you have not bowled in years, come out and join the fun.

The top league standings as of Nov. 22 are Huggers in first place, Hooks N Curves in second place and Winners in third place.



Top scores for the week of Nov. 8 are: Scratch Game – Wild Things, 660 pins Scratch Series – Half and Half, 1,790 pins Handicap Game – Wild Things, 928 pins Handicap Series - Pin Busters, 2,723 pins High Average Men - Steve Mueller, 178 pins Scratch Game Men – Steve Mueller, 234 pins Scratch Series Men – Steve

Mueller, 594 pins Handicap Game Men -

Steve Mueller, 274 pins Handicap Series Men -Steve Mueller, 714 pins High Average Women -

Chris Porter, 164 pins Scratch Game Women -Chris Porter, 186 pins

Scratch Series Women -Chris Porter, 447 pins Handicap Game Women -Tina Moser, 244 pins Handicap Series Women -Tina Moser, 703 pins

Top scores for the week of Nov. 15 are:

Scratch Game – Huggers, 711 pins Scratch Series – Huggers, 2,104 pins Handicap Game – Huggers, 929 pins Handicap Series -Huggers, 2,758 pins High Average Men – Steve Mueller, 182 pins Scratch Game Men - Steve Mueller, 242 pins Scratch Series Men – Steve Mueller, 668 pins Handicap Game Men -

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Steve Mueller, 279 pins Handicap Series Men -Steve Mueller, 779 pins High Average Women -Chris Porter, 164 pins Scratch Game Women -Betty Durham, 176 pins Scratch Series Women -Kazue Waller, 464 pins Handicap Game Women -Betty Durham, 267 pins Handicap Series Women -Betty Durham, 726 pins Top scores for the week of Nov. 22 are: Scratch Game – Huggers, 659 pins

Scratch Series – Huggers, 1,873 pins Handicap Game – Pin Busters, 878 pins Handicap Series - Pin Busters, 2,553 pins High Average Men – Steve Mueller, 182 pins Scratch Game Men – Steve Mueller, 211 pins Scratch Series Men – Steve Mueller, 549 pins Handicap Game Men -George Spangler, 251 pins Handicap Series Men -George Spangler and Don Manouelian, 673 pins High Average Women -Chris Porter, 164 pins Scratch Game Women -Chris Porter, 176 pins Scratch Series Women -Chris Porter, 493 pins Handicap Game Women Rita Penn and Rita Mastrorocco, 257 pins

Handicap Series Women -Rita Mastrorocco, 671 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league will bowl every Friday morning with practice starting at 9:20 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11.

If interested in joining, call Rita at (301-814-9196).

Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).

• **Thursday Ladies Bridge** welcomes more card players. If interested, call JoAnn Gellman at (301-351-2391).

Chess: Free chess lessons on Mondays for beginners or "rusty" players. Call Steve Harvith at (301-801-4693) or Lark Keller at (301-219-5955) for appointments. The Chess Club meets every Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free.

Cribbage: We meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Golf Club: The golf course is open all winter long, weather permitting. There will be an organized "Winter Scramble" every Wednesday. Call the pro shop at (301-598-1570) for times and greens fees.

Mah-jongg: Learn how to play mah-jongg. Call (301-598-3438).

Mind-Body Exercise Club: Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 4-6:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe. **Poker:**

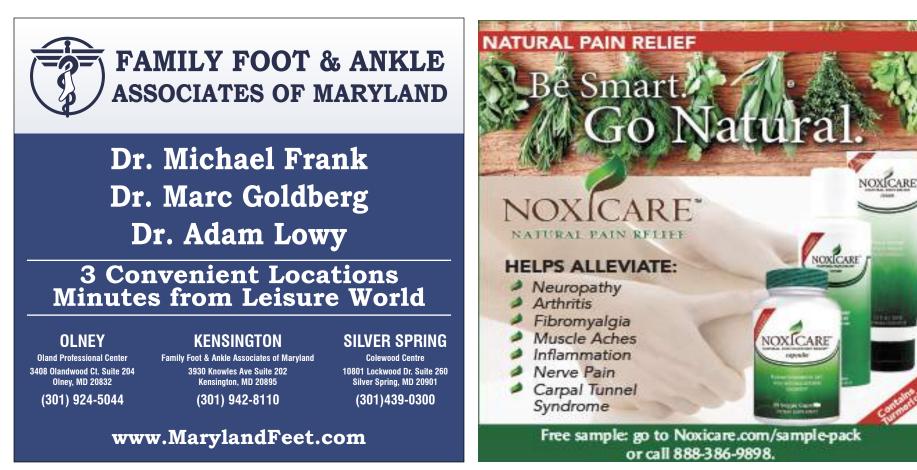
• **Poker Game** openings are available at the Greens, Thursdays from 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Mondays and Thursdays from 1 p.m.-4:30 p.m. in the Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Thursday Night Poker meets every Thursday from 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.



CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. Please bring your Leisure World ID.

If required enrollment is not met five days prior to the start date, the class will be cancelled.

***Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks must be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. Note: Registration will not be accepted nor refunds issued after the completion of two sessions!

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



EDUCATION

From Generation to **Generation: An Introduc**tion to Jewish Genealogy: Seasoned genealogists Sheila Wexler and Mary-Jane Roth from Jewish Genealogical Society of Greater Washington will give a thorough introduction to tracing Jewish family history. Crucial resources and key tools to enhance a Jewish genealogy project will be provided. Participants will learn how to enrich personal stories and then

share their work in class. Basic computer skills and the ability to access the internet are required.

This class, sponsored by Jewish Residents of Leisure World and the Bender Jewish **Community Center, meets** Thursdays, Jan. 9-30, 10:30 a.m.-12:30 p.m. Fee: \$40. Register at Clubhouse I.

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Eileen Kane

tation, take a close look at the technique, and sit together in meditation as a group. We will analyze our meditation sessions, and consider several supporting activities, such as belonging to a group, keeping a self-introspection diary, and diet, that help our efforts to meditate. Each student will be asked to meditate on his or her own during the week and report back on progress at the next class. No special postures or exercises are used in this class. We will be sitting in chairs the entire time. For students wanting to

continue, we offer an ongoing intermediate level of meditation classes. These will feature longer meditations in class, more detailed study, and more detailed analyses of our own practice. Meditation is a limitless horizon. Once we begin, we can explore these subjects forever.

For more information on the class and Newcomb, see page 24.

Class meets Wednesdays, Jan. 15-Jan. 29, 10-11:30 a.m. Fee: \$15. Register at Clubhouse I.

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

DANCE INSTRUCTION

NEW – Intermediate Tap Class: This class will include warm-up barre exercises, center

room exercises (combos and balance), progression steps and a dance routine. The dance instructor is Mary Lou Peters, who started dancing at the age of three and has continued dancing throughout her life. She started danced professionally at age 17, worked on an NBC TV show for 16 years and has been teaching dancing ever since.

Classes meets Thursdays, Jan. 9-30, 7-8 p.m. Fee: \$40. **Register at Clubhouse II.**

EXERCISE

NEW - Chair Yoga with Robin, Mondays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements

CABOT - In Mutual 10. Ranch house w/full garage conver-

Weichert

and Apps: This class covers

information on TV Apps and

internet streaming connection

video streaming services and

devices offering more choices

these best services (Apple TV+,

Disney+) and more. Compare

prices, learn how to save with

on-demand that cable offers.

pad/tablet or laptop to class.

Class meets Friday,

RELIGION AND

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Yolande Campbell at (202-689-

4207) or email (clcyodavid2018@

Dec. 13, 10 a.m.-noon. Fee: \$15.

Meditation for Seniors,

Newcomb, Meditation for Seniors

a CLL course: Led by David

is a three-part course designed

to help seniors confront aging.

means to explore our innate

spirituality, which, in turn,

to self-discovery.

Meditation provides a traditional

reinvigorates us with new-found

perspective and purpose. Medita-

tion is the fastest, simplest inroad

In this class, we will briefly

review the background of medi-

Register at Clubhouse II.

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Prime Video, CBS All Access,

than just Netflix and Hulu.

Learn how to subscribe to

and breakdown on best internet

video streaming services, speedier

done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, Dec. 30-March 16, 11 a.m.-noon **or** 2-3 p.m. (No class Jan. 20 and Feb. 3, 10 and 17.) Choose the time that suits your schedule. **Fee per session: \$110. Register at Clubhouse II.**

NEW – Stretch, Tone and Strength Training for the Active Adult

(9:15 a.m.) – Advanced: Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strengthtraining class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands and balls are provided; a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Dec. 16-Feb. 17 (no class Dec. 23 and Jan. 20) and/or Thursdays, Dec. 19-Feb. 13 (no class Dec. 26), 9:15-10:15 a.m. Fee: \$60 for one day per week; \$90 for two days per week. Register at Clubhouse I.

NEW – Stretch, Tone and Balance for the Active Adult (10:30 a.m.) – Beginner to Moderate: This class is for beginner to moderate exercisers who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Bring a bottle of water. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Class meets Mondays, Mondays, Dec. 16-Feb. 17 (no class Dec. 23 and Jan. 20) and/or Thursdays, Dec. 19-Feb. 13 (no class Dec. 26), 10:30-11:30 a.m. Fee: \$60 for one day per week; \$90 for two days per week. Register at Clubhouse I.

NEW – Chair Yoga with Robin, Wednesdays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, Jan. 8-March 11 (no class Feb. 5 or 12), 2-3 p.m. **Fee: \$110. Register at Clubhouse II.**

NEW – Tummy Terrific with Shirley: Looking for something fun and functional? Why not try the new Tummy Terrific class with Shirley. The exercises in this class strengthen and stretch the entire body with emphasis in toning the abdominal area. Most exercises are performed on the floor using various equipment, including balls, bands and weights.

Class meets Tuesdays, Jan. 7-Feb. 11, 9:30-10:30 a.m. Fee: \$38 for one day per week; \$63 when taken with one day of H2O Fitness and More class. Register at Clubhouse II.

NEW – Gentle Yoga – Wednesdays and Saturdays with Marilyn: Yoga is a holistic system that combines movement, posture, breath, and relaxation techniques to improve overall health and well-being physically, mentally, and spiritually. A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide skills to cultivate a peaceful mind in the face of life's stresses and challenges.

This class is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class. Class meets Wednesdays, Jan. 8-March 11 and/or Saturdays, Jan. 4-March 4, 9-10:15 a.m. Fee: **\$84 for one day per** week, **\$145 for two days per week.** Register at Clubhouse I.

NEW – Tap Dancing in a Chair with Carol – a New Approach to Tap: If you are an experienced tapper and miss it or a beginner who always wanted to tap, but right now your body says, "no," this is the class for you. For experienced tappers, this will be a "remember when" and a "do I ever love tapping again"; for beginners you'll enjoy an easy start with the basics, and before long you'll feel like a real tapper. (Experienced tappers who don't need a chair are welcome to take the class, but all students work from a chair.)

The one-hour class encompasses dance level from beginning terms and combinations to more advanced techniques and dances.

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the physical education department and, in the summer, continued to perform in local theater. While her career took her in another direction, her love affair with dance has never ended. For questions, give Carol a call at (301-598-5980).

Class meets Thursdays, Jan. 16-Feb. 20, 4-5 p.m. **Fee: \$40. Register at Clubhouse II.**

WATER EXERCISE

NEW – Aqua Lite with Shirley: This new water fitness class is low intensity and low impact and will improve your joint flexibility, balance and coordination. For those with arthritis or recovering from injury or surgery, participating in this class will help reduce muscle weakness, pain and stiffness in the upper and lower body.

Class meets Mondays, Jan. 6-Feb. 10, 1-2 p.m. Fee: \$38 for one day per week; \$63 when taken with one day of H2O Fitness and More class. Register at Clubhouse II.

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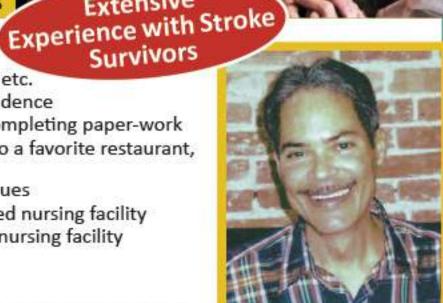
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CALENDAR of Events

Dial 301-598-1313 for recorded Daily Events

Friday, December 6 Clubhouse I

10:00 a.m. Abstract II Art Class
11:00 a.m. Amazing! Shocking! The Romantics! Music Class
12:00 p.m. Comcast Xfinity Forum
1:30 p.m. Watercolor II Art Class
2:00 p.m. CLL Seminar: Options for Seniors
3:00 p.m. Hispanos de LW: Bingo
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
8:00 a.m. Pickleball Club
10:00 a.m. Internet of Things: How the Internet Affects You? Class

1:00 p.m. Zumba Gold Class 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge 1:00 p.m. Ping-Pong Club

Saturday, December 7 Clubhouse I 9:00 a.m. Gentle Yoga Class 9:00 a.m. Kiwanis Club Project 10:00 a.m. Open Art Studio 10:00 a.m. American Needlepoint Guild (ANG) 5:00 p.m. Holly Ball Dinner Dance Clubhouse II 8:00 a.m. Pickleball Club 9:15 a.m. JRLW Service 11:00 a.m. The Washingtonians 2:00 p.m. Going It Alone Club: Social Sunday, December 8

Clubhouse I 10:00 a.m. Jewish War Veterans Post 567 Brunch 2:00 p.m. Women's Fun Bunch Holiday Party Clubhouse II 11:30 a.m. Pickleball Club

Monday, December 9 Clubhouse I 9:15 a.m. Stretch, Tone and Strength Training Class 10:00 a.m. Basic Drawing II Art Class 10:00 a.m. Garden and **Environmental Club** 10:30 a.m. Stretch, Tone and **Balance Class** 1:00 p.m. Oils Art Class 1:30 p.m. Leisure World Chorale 1:30 p.m. Montgomery County Budget Forum with County Executive Mark Elrich 7:00 p.m. Bingo 7:00 p.m. Journeys and Experiences of the Musical Mind Class **Clubhouse II** 9:00 a.m. Senior Sneakers Class 10:30 a.m. Zumba Gold Class 12:30 p.m. Pickleball Club 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 1:30 p.m. CLC: Android Help Session

2:00 p.m. Chair Yoga Class

2:00 p.m. Line Dance Class
3:00 p.m. Ping-Pong Club
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class
5:30 p.m. Model Railroad Club
Operating Session
5:30 p.m. Pickleball Club

Tuesday, December 10

Clubhouse I 9:30 a.m. Any Medium I Art Class 10:00 a.m. CLL Course: Advanced **Conversational Spanish** 11:30 a.m. NA'AMAT RBZ Club Game Dav 12:00 p.m. Amateur Radio Club 12:30 p.m. 9-Hole Ladies Holiday Luncheon 1:00 p.m. Open Art Studio Class 1:00 p.m. CLL Course: Intermediate Conversational Spanish 1:30 p.m. Health Advisory Committee Seminar: Peripheral Neuropathy 1:30 p.m. Book Club Network: Non-Fiction 6:00 p.m. Camera Club 7:00 p.m. Trivia Club 7:00 p.m. Duplicate Bridge **Clubhouse II** 9:30 a.m. Beginner and Advanced Tai Chi Class 10:00 a.m. LW Apple Club Clinic 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class 12:30 p.m. Pickleball Club 12:30 p.m. Scrabble Group 1:00 p.m. Non-impact Fusion Water **Exercise Class** 1:30 p.m. Comedy and Humor Club 2:00 p.m. Fitness Center Tour 3:00 p.m. Living Better with Parkinson's 7:00 p.m. Mindful Meditation Group

Wednesday, December 11 Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. Any Medium II Art Class 10:00 a.m. Ballroom Dance Club **Annual Meeting** 10:15 a.m. League of Women Voters 1:00 p.m. Oils and Acrylics II Art Class 1:00 p.m. CLL Course: Journals of a Geographer 6:00 p.m. Volleyball Club 6:45 p.m. Chicago Bridge **Clubhouse II** 10:00 a.m. Zumba Gold Class 11:00 a.m. Mild Exercise Class 1:00 p.m. Aqua Fit Class 1:00 p.m. Chess Club 2:00 p.m. Chair Yoga Class 3:00 p.m. Ping-Pong Club 5:30 p.m. Model Railroad Club **Operating Session** 5:30 p.m. Pickleball Club 7:00 p.m. Gem, Lapidary and Mineral Society

Leisure World Mutual Meetings

Dec. 6 Mutual 17B Board 10:00 a.m., Party Room

Dec. 10 Mutual 16 Board 9:30 a.m., Sullivan Room Mutual 19A Board 9:30 a.m., Clubhouse II Mutual 7 Board 1:15 p.m., Sullivan Room Mutual 17A Board 2:00 p.m., Party Room

Dec. 11 Mutual 11 Board 10:00 a.m., Sullivan Room Mutual 25 Board 7:00 p.m., Sullivan Room Dec. 12 Mutual 10 Board 9:30 a.m., Sullivan Room Mutual 12 Board 1:00 p.m., Sullivan Room

Dec. 17 Mutual 14 Board 9:30 a.m., Sullivan Room

Dec. 19 Mutual 15 Board 9:30 a.m., Sullivan Room Dec. 23 Mutual 9 Board 10:00 a.m., Sullivan Room

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Budget and Finance Dec. 18, 10:00 a.m., Clubhouse II

Community Planning Dec. 9, 9:30 a.m., Sullivan Room

Energy

Dec. 17, 9:30 a.m., Clubhouse I

Government Affairs Dec. 9, 2:00 p.m., Sullivan Room

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.

Thursday, December 12 Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class 10:00 a.m. Watercolor I Art Class 10:30 a.m. Beginner Stretch, Tone and Balance Class 10:30 a.m. New Yorkers and Friends 12:30 p.m. Ladies' Bridge 1:00 p.m. People and Pets Art Class 7:00 p.m. Democratic Club 7:00 p.m. Wood Shop Users Group **Clubhouse II** 9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced Tai Chi Class 9:30 a.m. Quilting Group 10:00 a.m. MVA Bus 11:00 a.m. Water Exercise Class 11:30 a.m. Pickleball Club 12:30 p.m. Men's Bridge 1:00 p.m. JRLW Movie: "The Spy Behind Home Plate" 2:00 p.m. Model Railroad Club **Operating Session**

2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Pickleball Club 4:00 p.m. Friends of India

Landscape

Dec. 12, 9:30 a.m., Clubhouse II

Physical Properties

Dec. 10, 9:30 a.m., Clubhouse II

Security and Transportation

Dec. 12, 9:30 a.m., Clubhouse I

Association Friday, December 13

Clubhouse I

10:00 a.m. Abstract II Art Class 10:00 a.m. JRLW Course: Israeli Cinema, 1986-2008 11:00 a.m. Amazing! Shocking! The Romantics! Music Class 1:30 p.m. Watercolor II Art Class 2:00 p.m. Cannabis 101 Club Seminar 3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge **Clubhouse II** 10:00 a.m. Chinese Club 10:00 a.m. Internet of Things: Learn New Ways to Watch Television with Video Streaming Services and Apps Class 1:00 p.m. Zumba Gold Class 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge

3:00 p.m. Therapeutic Yoga Class 4:00 p.m. Pickleball Club

Saturday, December 14 Clubhouse I 9:00 a.m. Gentle Yoga Class 10:00 a.m. Open Art Studio Clubhouse II 9:15 a.m. JRLW Shabbat Service 10:00 a.m. Model Railroad Club Winter Open House 2:00 p.m. Going It Alone Club: Social 7:30 p.m. Sock Hop Group

Sunday, December 15

Clubhouse I 10:00 a.m. JRLW Breakfast Forum 6:00 p.m. Italian Club Holiday Dinner Party Clubhouse II 11:30 a.m. Pickleball Club 2:00 p.m. Akhmedova Ballet: "Nutcracker Night"

Monday, December 16 Clubhouse I

9:15 a.m. Stretch, Tone and Strength Training Class

9:45 a.m. AARP Safe Driving Course 10:00 a.m. Rossmoor Women's

Club: Vendor Sale

- 10:30 a.m. Beginner Stretch, Tone and Balance Class
- 1:30 p.m. NARFE

1:30 p.m. Hadassah Judaic Study Group

1:30 p.m. Leisure World Chorale 1:30 p.m. Book Club Network: Fall Readers

6:00 p.m. Newcomers Duplicate Bridge Game 7:00 p.m. Bingo **Clubhouse II** 9:00 a.m. Senior Sneakers Class 10:00 a.m. Clipper Workshop 10:30 a.m. Zumba Gold Class 12:00 p.m. Pickleball Club 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 1:30 p.m. CLC: Android Help Session 2:00 p.m. JRLW Education Meeting 2:00 p.m. Line Dance Class 3:00 p.m. Ping-Pong Club 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Class 5:30 p.m. Model Railroad Club **Operating Session** 6:00 p.m. Lions Club

Tuesday, December 17 Clubhouse I 9:00 a.m. Blood Pressure Testing 10:00 a.m. CLL Course: Advanced

Conversational Spanish 1:00 p.m. CLL Course: Intermediate Conversational Spanish 1:30 p.m. Republican Club: Holiday Party 7:00 p.m. Trivia Club 7:00 p.m. Duplicate Bridge Game **Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class

10:00 a.m. LW Apple Club Clinic 11:00 a.m. Mild Exercise Class 11:00 a.m. Water Exercise Class 12:30 p.m. Pickleball Club 12:30 p.m. Scrabble Group1:00 p.m. Non-impact Fusion Water Exercise Class1:00 p.m. Stroke Support Group1:30 p.m. Comedy and Humor Club4:00 p.m. Pickleball Club

Wednesday, December 18

Clubhouse I 9:00 a.m. Gentle Yoga Class 10:00 a.m. Rossmoor Library Guild Holiday Party 11:00 a.m. Short Story Group 2:00 p.m. LW Green 6:45 p.m. Chicago Bridge **Clubhouse II** 10:00 a.m. Zumba Gold Class 11:00 a.m. Mild Exercise Class 1:00 p.m. Chess Club 1:00 p.m. Hadassah Chanukah Celebration 1:00 p.m. Aqua Fit Class 2:00 p.m. Chair Yoga Class 3:00 p.m. Ping-Pong Club 5:30 p.m. Model Railroad Club **Operating Session**

Thursday, December 19

Clubhouse I 9:15 a.m. Stretch, Tone and Strength Training Class 10:30 a.m. Stretch, Tone and Balance Class 11:00 a.m. Writers of Leisure World 11:00 a.m. Comcast Xfinity Demo Session 12:30 p.m. Ladies' Bridge 1:00 p.m. Dog Club 2:00 p.m. Book Club Network: Thursday Readers 4:00 p.m. Comcast Xfinity Demo Session

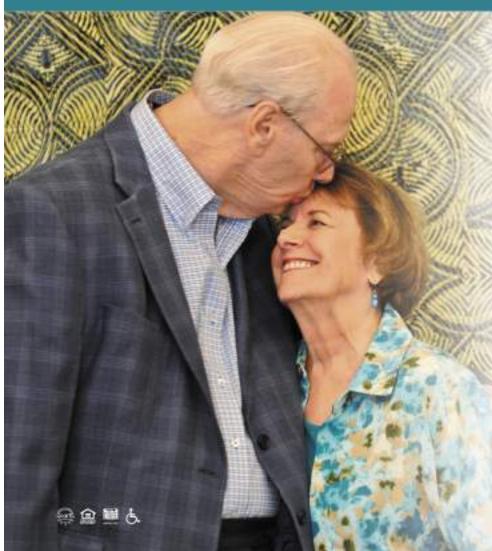
Clubhouse II

9:00 a.m. Senior Sneakers Class 9:30 a.m. Beginner and Advanced Tai Chi Class 10:00 a.m. St. Johns Episcopal School Jazz Band 10:00 a.m. Stitching Group 11:00 a.m. Water Exercise Class 11:30 a.m. Pickleball Club 12:30 p.m. Men's Bridge 1:00 p.m. E&R Movie: "The Nutcracker and the Four Realms" 2:00 p.m. Model Railroad Club **Operating Session** 2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Friends of India Association

Friday, December 20 Clubhouse I

10:00 a.m. Book Club Network: **Bookies** 11:00 a.m. Amazing! Shocking! The **Romantics Music Class** 12:15 p.m. Kiwanis Club 2:00 p.m. Town Meeting Organization 7:00 p.m. Friday Duplicate Bridge **Clubhouse II** 1:00 p.m. Zumba Gold Class 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge 3:00 p.m. Ping-Pong Club 4:00 p.m. Pickleball Club 4:00 p.m. Baby Boomer Club: Movie

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2901 S LEISURE WORLD BLVD S #408	Creekside	Unit/Flat/Apartment	2	2	\$320,000	\$320,000	\$0
2901 S LEISURE WORLD BLVD #409	Creekside	Unit/Flat/Apartment	2	2	\$289,000	\$285,000	\$0
2901 S LEISURE WORLD BLVD #139	Creekside	Unit/Flat/Apartment	2	2	\$355,000	\$350,000	\$0
2901 S LEISURE WORLD BLVD #211	Creekside	Unit/Flat/Apartment	2	2	\$426,500	\$415,000	\$0
3449 CHISWICK CT #75-1F	Montgomery Mutual	Unit/Flat/Apartment	2	1	\$112,000	\$112,000	\$0
3451 CHISWICK CT #75-1C	Montgomery Mutual	Unit/Flat/Apartment	1	1	\$86,999	\$90,000	\$0
3427 S LEISURE WORLD BLVD #89-28	Montgomery Mutual	Unit/Flat/Apartment	2	1	\$116,900	\$116,900	\$0
14523 KELMSCOT DR #167-A	Rossmoor Mutual #10	Twin/Semi-Detached	3	2	\$389,000	\$389,000	\$350
15007 HASLEMERE CT #266-C	Rossmoor Mutual #12	Twin/Semi-Detached	2	2	\$269,900	\$269,900	\$0
15401 WENTBRIDGE CT #43-C	Rossmoor Mutual #15	Twin/Semi-Detached	3	2	\$419,000	\$420,000	\$0
15517 PRINCE FREDERICK WAY #106-C	Rossmoor Mutual #16	Twin/Semi-Detached	3	2	\$418,000	\$418,000	\$0
3752 S LEISURE WORLD BLVD #6D	Rossmoor Mutual #6A	End of Row/Townhouse	2	2.5	\$206,431	\$206,431	\$5,16
3629 GLEN EAGLES DR #31C	Rossmoor Mutual #7	Unit/Flat/Apartment	2	1.5	\$131,000	\$131,000	\$0
15107 INTERLACHEN DR #2-614	The Greens	Unit/Flat/Apartment	3	2	\$339,000	\$320,000	\$6,00
15100 INTERLACHEN DR #4-425	The Greens	Unit/Flat/Apartment	1	1	\$129,000	\$125,000	\$0
15101 INTERLACHEN DR #1-205	The Greens	Unit/Flat/Apartment	1	1.5	\$129,900	\$127,000	\$0
15115 INTERLACHEN DR #409	The Greens	Unit/Flat/Apartment	3	2.5	\$309,000	\$300,000	\$0
3100 N LEISURE WORLD BLVD #223	The Overlook	Unit/Flat/Apartment	1	1.5	\$159,900	\$150,000	\$350
3100 N LEISURE WORLD BLVD #327	The Overlook	Unit/Flat/Apartment	2	2	\$341,000	\$334,000	\$4,50
3100 N LEISURE WORLD BLVD #718	The Overlook	Unit/Flat/Apartment	2	2	\$399,000	\$399,000	\$0
3100 N LEISURE WORLD BLVD #123	The Overlook	Penthouse Unit/Flat/Apartment	1	1.5	\$210,000	\$200,000	\$0
3200 LEISURE WORLD BLVD #611	Vantage Point East	Unit/Flat/Apartment	2	2	\$214,900	\$214,000	\$0
3200 N LEISURE WORLD BLVD #801	Vantage Point East	Unit/Flat/Apartment	3	2	\$489,000	\$489,000	\$0
3210 N LEISURE WORLD BLVD #820	Vantage Point West	Unit/Flat/Apartment	2	2	\$340,000	\$342,000	\$4,20



15310 Beaverbrook Court, #89-1B 1 Bedroom, 1 Bath Rental with patio! All utilities included & 1 reserved parking space!



<u>3394 Chiswick Court, #49-D</u> Absolutely stunning 2 bedroom, 2.5 bath townhouse! Updated kitchen and patio!



3449 Chiswick Court, #75-1F 2 Bedroom, 1 full bath condo with plenty of closet & storage space! Reserved parking!



CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@ lwmc.com) or call (301-598-1310).

ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/ clean up. (theatticllc.com) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC — I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol. com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

REAL ESTATE FOR SALE

Call on our REAL ESTATE PARTNERSHIP, Sue Heyman, Rick Winkler and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in teaching, tax and business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. See our display ad in this issue to see our 2019 successes! Contact us to learn about our current "active" and "coming soon" choices, to see other available properties or to request a free competitive analysis! Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536). Our new community choices: just listed. Greens GG Model, 2BR, 2FB, enclosed balcony, fresh paint, flooring and bath updates, table-space kitchen with pass-through, updated counters, plus new SS appliances, gorgeous pond views, garage space, plus storage room! \$199,000. Just

listed, Villa Cortese L Model, 3BR, 2FB, enclosed balcony, fresh paint, flooring updates, renovated kitchen with quartz counters, subway tile backsplash, white cabinets, luxury bath with step-in shower and separate soaking tub, built-ins, enclosed carpeted balcony, short distance to elevator! \$350,000.

JUST LISTED IN CREEKSIDE, newer building, popular "Q" model, 1,740 sq. ft. with 2 bedrooms, 2 full baths and den with custom builtins. Designer kitchen with stainless appliances, granite and table space, all wood floors, crown molding, enclosed large sunroom with tile floor, large separate laundry room, indoor garage parking, all closets with organizers and all high-end finishes. Close to the elevator, remodeled lobby and guest suite to rent. Call Susan Cohen, Weichert, Realtors, for a private tour. (301-651-5923).

REAL ESTATE FOR RENT

3 BEDROOM, 2 FULL BATH patio home with eat-in kitchen, 1 car garage. Furnished. Utilities included. \$3,950 per month. Call (410-868-1110).

GARDEN TWO-BEDROOM, twobath condo available for lease. Premier community of Leisure World for adults 55 plus! This condo features fresh paint, sideby-side washer/dryer and new quartz kitchen countertops. Living room, small enclosed sunroom and outdoor patio with a spectacular view. Call (301-598-6451) to schedule an appointment to see this exceptional home. No smoking! Pets considered, a reserved parking space, utilities and basic cable included.

\$1,800 — Vantage Point West–6th floor. 1,035 sq. ft. 2 BEDROOM, 2 FULL BATH, Enclosed patio, eat-in kitchen, extra-large garage space included. Available Feb. 1, 2020. Call Karen (301-529-0900)

FOR SALE

FOR SALE: couch, slide projector, three-wheel bike (adult) with cover and tire pump, Singer sewing machine, small microwave. In Leisure World. (623-760-7004).

SCHWINN MERIDIAN ADULT TRIKE for sale at \$175. Used once, paid \$300. CTC: David (516-728-2547). Inside Leisure World.

CEMETERY PLOTS

TURF TOPPED CRYPT B1. 12. Sec 4 Unit 437, levels A&B. Consists of one unit, two chamber. Tier type (2 burial rights) includes "C" bronze 24x14 with vase and granite. Value \$9,995. Asking \$4,997. Call (301-919-8010).

AUTO SALES

2016 TOYOTA CAMRY LE. Fourdoor. MD-inspected, like new. Only 13,500 miles. One owner. \$15,999. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

TRANSPORTATION SERVICES

OUT + ABOUT Concierge Service. 24 hours/7 days a week. Transportation, errands, pet sitting, airport runs and much more! I live here and want to help my community. Special pricing for firsttime users. (202-590-1311).

YOUR PERFECT PRIVATE DRIVER is right here! Lifetime DC Metro resident. Friendly, reliable, competent service. Safe, accident-free record. Comfortable, clean vehicle can seat up to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, festivals, ceremonies, medical appointments... To/from anywhere, including long-distance trips in other states. Reservations are recommended. Call 7 a.m.-10 p.m. with questions or to arrange/ guarantee your ride. Available 24/7. Emergency calls, if needed. Steven Saidman. Cell/text (301-933-8899). Email (steve.your. driver@gmail.com).

A-1 SERVICE, call-and-ride – doctors, airport. Will pick up your groceries. Always on time. Over 250 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

DRIVER WITH CONCIERGE STYLE at regular rates. I am a Leisure World resident and I understand the needs of our community. My service is a fourdoor Mercedes-Benz sedan with all the comforts of a leather-seat luxury car, temperature-controlled interior, ample trunk space and a smooth ride. Most important is my dependability and providing any personal assistance you may need. Call Ken at (508-612-9647).

HAVE CAR, WILL TRAVEL. Flat rates to all airports. \$45 to and from Dulles. \$45 to and from BWI. \$45 to and from Reagan National. Union Station, doctors' appointments. Call John Westmoreland (301-536-5801).

DRIVER with 25 years' experience. I am a Leisure World resident. Drive anywhere. Comfortable, smooth, safe. Accident-free record. Clean vehicle. I'm available 24/7. Call or text (703-649-1293).

CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146).

ELDERLY CARE: Over 10 years' experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

OVERNIGHT CAREGIVER with more than 14 years' experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends and clients in facilities to group home members and privately cared-for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. Arafa (240-883-8933), (brownzebra@hotmail.com). Availability: 10 p.m.-7 a.m.

ATTENTIVE, COMPASSIONATE CAREGIVER, Jamie, would like to assist you with your daily needs. Jamie has a lot of experience with elder care as she has been working at the Brooke Grove Nursing Home for quite some time. Please call her at (301-980-8432). Thank you.

Leticia Adu is my name. Am a CNA/GNA/MED TECH. I provide quality and affordable care for elderly. I have 13 years' experience. I give personal care, companionship, housekeeping, shopping, appointments, etc. Please contact me (301-793-3989) or (240-252-0439). Email me on (mumbea2002@yahoo.com).

Augusta Obimpeh is my name. Am a CNA/GNA/MED TECH. I have 16 years' experience caring for elderly. I provide long- and short-term care — very affordable companion care, nursing care, housekeeping, etc. Contact me on (240-883-8126), (240-252-0439) or (301-793-3989). (sweetieamae@yahoo.com)

Seeking NURSING ASSISTANT hours for my aide (days, nights, weekends). I've lived in Leisure World for 11 years, the last seven with my current aide. My situation is changing. Unequivocally, she is the best aide I've had in my 25 years needing care. She is CNA-certified. Has 20+ years of experience and assists with all ADLs, personal care, cleaning, cooking, shopping, sewing, laundry, errands, appointments (medical, personal, professional). Experienced with manual and powered medical equipment, such as wheelchairs, Hoyer lifts, hospitalstyle beds, walkers, specialty shower and bathing equipment. During her time with me, she has performed basic carpentry, built 3 desktop computers and rewired my "inceiling" lift's hand control. Out of the dozens of aides, she is, by far, the most cheerful, intelligent and trustworthy. If interested, please call me at (301-760-0168) or my aide (202-658-2145).

EXCELLENT CAREGIVER AVAILABLE: Highly competent, trustworthy, flexible, and caring – cared for my parents for over five years. Leisure World resident. Highly recommended. (301-509-7234).

CERTIFIED NURSING ASSISTANT. Over 30 years working in Leisure World. Excellent references and experience. Own transportation. Doctor's appointments, groceries, other errands and light housekeeping. 24 hours. Please call Divina any time (240-463-1199).

SPECIALITY IN PRIVATE DUTY cases. 20 years' home health services expertise. Light housekeeping, running errands, special needs, doctors' appointments, ADLs, companionship, meal preparation, medication reminders and more! Bebe (240-481-7055), (kmabinty78@yahoo.com).

HIGHLY-DEPENDABLE and extremely compassionate caregiver with 11+ years' extensive experience in providing timely and friendly care to elderly and disabled clients. A warm-hearted individual who performs personal care activities in a manner that maximizes clients' independence and dignity in a safe environment. My core competencies include: • companionship • meal preparation • light housekeeping • bath assistance • general assistance • appointment management • errandrunning • personal care • excellent communication skills (bilingual English/Spanish). (301-646-2132), (monicamanzano585@yahoo.com).

I am a CNA, MED TECH with a certificate in autism spectrum disorders. I have extensive experience working with a major hospital for more than 15 years, with excellent references. I also worked private duty with many clients in MD and DC. I am available full-time or part-time. Please call Frances (301-943-8828).

WARM ANGELS ELDER CARE (warmangelseldercare.com) — Reana Robinson, independent certified nursing assistant. A minimum of 2 hours. For information please call (240-360-7783) or email (reanar1@yahoo. com).

I AM A CNA. Licensed in nursing, RN in Philippines. 18 to 20 years' experience as a caregiver. Worked 3.5 years in assisted living, and private duty for more than 15 years. Duties include personal hygiene, light housekeeping, shopping, meal preparation, dressing, errands, cooking, doctor's appointments, medication reminders. Own car. Dependable, loving, hard worker with excellent references. (301-820-0421).

GNA, CNA, Maryland Board of Nursing. Assist with bathing, light housekeeping, cooking, doctor appointments, companionship, driving. CPR, First Aid. 24 hours. 30 years of experience. Overnight, 9 a.m.-7 p.m. (434-234-2347) or (301-502-1370), (semaly558@gmail. com).

CERTIFIED NURSING ASSISTANT, over 20 years' experience. Honest, dependable care with respect and love. Personal care, cooking, cleaning and doing shopping. References available. Available for work now, days and weekends. Call Yvonne at (240-706-0428).

PROVIDING QUALITY AND AFFORDABLE CARE: Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337).

CNA/GNA/MED TECH with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available fulltime or part-time. Please call (240-252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

HARD-WORKING WIDOW

seeks morning hours up to 2 p.m. to care for elderly and/or clean homes. Brenda is very energetic, eager to work and reliable. Speaks Spanish and English. Please call (240-370-3097).

CNA, over 15 years' experience with elderly. Seeking private duty. Monday to Thursday, day or night. Highly recommended. Can be contacted at (240-486-5421) or (240-779-4658).

RELIABLE AND CARING nursing assistant with good reference available for work and can drive. Please call Rebecca at (240-701-8169).

CALL STELLA, REGISTERED NURSE, who will take care of you and also take you to appointments. (240-374-2667)

DEDICATED AND LOVING CAREGIVER looking for a position/ job. I will take care of your loved one regardless of gender or age. I'm a certified, geriatric nursing assistant with tender loving care and honesty. I'm experienced in dementia and Parkinson's disease. I've been in this field for over 10 years My phone is (240-277-2276).

RESPONSIBLE, MATURE and HONEST experienced lady can give you companionship and run your errands. Willing to travel anywhere. If you're interested, please cal (240-918-2461). NB: reasonable prices. Let me seal the deal! Amara Notary as well as tag and title in the convenience of your home.

HOME SERVICES

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified preowned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@ msn.com) (www.continentalmovers. net).

POTOMAC WINDOW CLEANING Company — Family-owned and operated for 35 years serving the local area. Careful workmanship. Licensed, bonded and insured. (301-656-9274). The Montgomery family thanks you for your interest.

SMALL MOVES and TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

M.G.V. PAINTING & DRYWALL — Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 years' experience. Insured. References in your complex. Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

MARIA'S HOUSE CLEANING, free estimates, strong references, good rates. Experienced worker in LW for eight years. Call Maria (240-694-6547).

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean and dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

FEDERAL CLEANING, LLC has been a trusted cleaning company used by several Leisure World residents over the past year. Call us for your free estimate today. We offer both apartment and home cleaning services. We are extremely flexible—seven days a week to accommodate your schedule. Give us a call at (240-614-1592), (202-710-7426). Hope to hear from you soon!

HOUSE CLEANING – 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

HOUSE CLEANING — Kind and honest, good references, experienced, great work. I clean bathrooms, kitchens, dust, mop and vacuum rooms, office, den, deck, condos or apartments. (240-476-2574). Ivone

COMPUTER HELP

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

COMPUTER LESSONS / SERVICES – Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English - no technical talk! Shopping assistance for electronics and computers. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

COMPUTER PROBLEMS? Virus removal, email setup, smartphone and tablet help, printer help, purchase recommendations. Irie Computer, LLC. Call Durond Brown (240-670-4743), email: (durond@IrieComputer. com) Website: (IrieComputer.com)

COMPUTER HELP: Fix your problem in an hour or less for \$50. Don't fix it, it's free. Easy Elder Tech (301-802-6633)

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327) Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with senior care and the care of seniors' pets. Safe/reliable door-todoor transportation as needed. Assistance with pet care. Dog walking and pet sitting as needed. Transportation for grooming/ vet appointments. I'm a 57-yearold semi-retired doctor, Leisure World resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

HOUSE CALLS LLC. Beth Albaneze, CTRS, CPRP, owner. We come to your home for your convenience when faced with acute or chronic life issues. All our services are under one umbrella with a variety of professionals to choose from: counselors, advocates, resource experts, life coaches, recovery specialists, recreation therapists, insurance advisers. Contact Beth at (301-346-6732) or (callingonbeth@ gmail.com). Web: (www. callingonbeth.net).

DO YOU NEED ASSISTANCE with scheduling appointments, organizing, downsizing, errands or meal prep? Experienced in nonmedical care. Clean background, don't drink or smoke, get along with most pets. Instructor; CPR/ AED & First Aid. Reliable, punctual, efficient, professional. Bonded/ insured. Jennifer (301-371-2210).

HOLIDAY HELPER available to help with those time-consuming tasks that can become so

overwhelming prior to the holidays — preparing packages needing to be shipped, addressing holiday greeting cards, taking items to the post office and gift wrapping. Price negotiable depending on task. Please call Ann (Leisure World resident) (301-873-1893).

NOTARIES

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

PET CARE

DOG WALKING SERVICES — Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Other services include dog or cat companion visits, and feeding at mealtime, if owner is away. Please call (301-598-3454) for more information.

DOG WALKING & DOG SITTING services! Rain or shine, snow or sleet, we are dedicated to taking care of your four-legged friend. Located just five minutes away from your community, our team of dog-lovers offers walks, drop-in visits and dog sitting and boarding services. Call us to schedule a Meet and Greet today! (240-338-7019)

CAT SITTER. I live at LW. References. Priced per visit according to your needs and cat. Litter scoop, playtime, food and water change. Reasonably priced. Nancy (301-760-8194).

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids', cooking, foreign languages gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258).

NO LONGER USING YOUR CAR? Residents with an unused or unwanted vehicle can donate it to Vehicles for Change. They'll pick it up for free and you earn a tax deduction for the fair market value. Why VFC? As a nonprofit, they match each donated car with low-income families in need of transportation. Your car could be a family's ride out of poverty. Donate today at (www.vehiclesforchange. org) or call (855-820-7990).

JOB OPPORTUNITIES

BICYCLE MECHANIC PART-TIME. Thriving independent bike shop located in nearby Rockville invites applicants for a part-time bicycle mechanic position to begin immediately. Will train the right person with related skills and mechanical abilities. Flexible hours beginning at 15 hours per week through the winter months, possibly expanding to 35 hours in the spring. Pay commensurate with demonstrated skill. Requirements: Must have some experience with bicycles, be a team player, reliable, able to lift 50 pounds and an enthusiastic worker. All tools provided. Great opportunity! Please send résumé and salary requirements to (vcalda@gmail. com). No phone calls please.

ACTIVITY OPPORTUNITIES

MAH JONGG = I am an experienced player and am hoping to either join or fill in on a game. I really enjoy playing and am available most days and nights. Please call Roberta (301-598-5453).

MOVIES AND MUNCHIES. Are you looking for something fun to do on a Saturday or Sunday afternoon? How about catching a movie at AMC Wheaton once a month and enjoying a nosh after! No discussion, no analysis, just a fun afternoon at the movies with new friends! If you're interested, please email me at (susan.krupka@gmail. com) or give me a call at (240-446-0975).

Looking for TENNIS AND/ OR PICKLEBALL partner/s for evening hours. I prefer to play at Olney Manor Rec Center with many lighted tennis courts. Please reply to Helen: (HLEE555@gmail.com) or text to (240-817-4213).

SCRABBLE CLUB FOR WOMEN — seeking a few new members — Club meets at founder's LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using 'official Scrabble rules' and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@careerstrategies-inc.com) or call ((571-236-1775) in MD in LW).

BOOK CLUB FOR WOMEN — seeking a few "Serious Readers": 15+ year-old club reads awardwinning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategiesinc.com) or call (571-236-1775 (in MD-LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc. com) or call (571-236-1775 (in MD– LW)).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@ habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH

REPRESENTATIVE PAYEE! Representative Payee helps lowincome persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@ mhamc.org) or (301-424-0656, ext. 541) if interested.

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@ seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-

two hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@ AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

VOLUNTEER TUTORS and FACILITATORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, conversational English classes, and a new GED Program. No experience necessary. We provide materials, training and ongoing support. Sign up for an information session online at (www.lcmcmd.org) or call Raul Marin at (301-610-0030, ext. 211), or email (Raul@lcmcmd.org).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.animalalliesrescue.org). Follow on Facebook. AARF is 501(c)(3) all-volunteer non-profit.

MONTGOMERY HISTORY, a local nonprofit located in downtown Rockville dedicated to collecting, preserving, interpreting and sharing the histories of Montgomery County's residents, is seeking volunteers in the following areas: museum docents (weekends and holidays): library assistants (weekdays); special events volunteers (weekdays and weekends); and communications and outreach assistants (weekdays only). For a list of volunteer opportunities please visit: (https:// montgomeryhistory.org/internvolunteer-opportunities). Contact Matthew Gagle, outreach and volunteer coordinator, at (mgagle@montgomeryhistory. org) or (301-340-2825).

INTERESTED IN HELPING KIDS learn about giving and service? The Giving Square is a local non-profit which recognizes the power of children to be contributors to their community. Through our work, kids become more empathetic, altruistic and committed to addressing local needs. This is a school-based program which works across 20 schools and organizations, mostly in Montgomery County. We are looking for advisors, classroom volunteers, and sewing support! For more information, please contact Amy at (amy@ thegivingsquare.org) or (202-487-3103).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

UPCOMING EVENTS

MUSIC OF THE SEASONS by the NIH Chamber Singers: a winter concert of choral music. There is something for everyone in this program, as the singers meet the challenge of singing a canon from the 15th century, a Bach chorale from the 18th century, numerous folk songs arranged in 20thcentury styles and several delicious settings of familiar carols. There will also be a couple of "Just for Fun" works, as well as Hanukkah cheer, to please everyone. Free. Tuesday, Dec. 17, 6:30 p.m. Twinbrook Library, 202 Meadow Hall Drive, Rockville, MD 20851.

KENSINGTON PARK BOOK CLUB presents "The Great Believers" by Rebecca Makkai. Nominated for many awards, book, says Margot Livesay of The New York Times, "is by turns funny, harrowing, tender, devastating, and always hugely suspenseful. It reminds us, poignantly, of how many people, mostly young, often brilliant, were lost to the AIDS epidemic, and of how those who survived were marked by that struggle." Wednesday, Dec. 18, 12:30 p.m. Kensington Park Library, 4201 Knowles Ave.

FINE ARTS and CRAFTS holiday gift show. Featuring local authors: Alyscia Cunningham, "I am More Than My Hair & Feminine Transitions," Michael V.M. Stein, "The Quest for Legendary Beer," J. David Wonderling, "Living History of the Civil War," Karen Yaffe Lottes & Dorothy Pugh, "In Search of Maryland Ghosts: Montgomery County," Dr. Hattie N. Washington, "Driven to Succeed" and "Aunt Hattie's Cookbook," Fleming, Forston, Pointer and Withers, "From Acorn to Mighty Oak It Can Be Done," Thomas Y. Canby, "Crooked Furrow," Dr. George McDaniel, Rogers and Rogers, "African American Heritage Cookbook." Daily through Tuesday, Dec. 31, except Christmas. Sandy Spring Museum, 17901 Bentley Rd.

SEE "KINKY BOOTS," the musical, with the Comedy and Humor Club! Inheriting his father's bankrupt shoe factory, Charlie Price finds inspiration in Lola, a fabulous entertainer with wild ideas: a true story! Wednesday, March 4, 9:30 a.m.-3:30 p.m. \$80/person includes transportation, meal and prize drawing, open to all residents. Purchase at E&R.

WANTED

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol. com).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc. com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

WANTED: FIREARM

COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).

CASH FOR WATCHES – Rolex, Omega, Patek, Vacheron, Audemars, Tudor, Zenith and others. Text/call Brody at (202-320-6380) or email (dcwatchdc@ gmail.com)

Assisted Living at Brooke Grove offers comforts that feel like home along with a vibrant lifestyle that encourages residents to remain physically and socially active throughout the cold winter months.

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- 😹 Live-in pets
- Secure courtyards and walking paths
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