

# Leisure World News

OF MARYLAND

December 7, 2018 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

## Residents Get Back on Their Feet with MedStar Rehab



Dr. Bruce McKay eases down a corridor at MedStar’s rehabilitation clinic at the medical center on North Leisure World Boulevard Nov. 16. Photo by Stacy Smith, Leisure World News

by Stacy Smith, Leisure World News

About five months ago, 74-year-old Dr. Paul McCauley, resident and retired obstetrician, was feeling pretty good about himself after completing a challenging hike with family in western North Carolina.

His son, a physical therapist, was “really impressed” with his father’s stamina, and told him so as the family walked back to their car. But one false move changed McCauley’s course for

the next several months. “I must have put the ball of my foot on a tree root or an elevated piece of asphalt and popped my Achilles tendon,” McCauley says. His son confirmed the injury on the spot. McCauley began physical therapy with Dionne Hawkins, NRH clinic director at the medical center. “The Achilles and the ankle range of motion definitely needed work, but the biggest

to page 5

## Board Approves Implementing Strategic Planning

by Stacy Smith, Leisure World News

In a nearly unanimous decision, the Leisure World Community Corporation (LWCC) board of directors at its regular meeting Nov. 27 approved the Special Strategic Planning Committee’s (SSPC) recommendation to implement a strategic plan proposal for Leisure World. A strategic plan ensures that a community is providing the amenities and services that current and future residents want, and sets the direction for Leisure World’s decision-making for the next five-10

years, according to Dr. Arthur Popper, SSPC chairperson. A strategic plan also provides Leisure World with “highly valid demographics,” about the community through the use of a professional survey that all residents will be encouraged to participate in, Popper said. The board directed the general manager to contract with the Center of Regional Analysis of George Mason University for strategic planning support at a cost of \$147,200. Funding is to come from the operating budget (\$32,000)

to page 4

## A Drone’s-Eye View



A drone captures the splendor of the golf course’s 7th hole during autumn’s final flourish. Photo by Steve Wischmann, with assistance from Ken Haser, vice chair of the Golf and Greens Advisory Committee. The golf course and Pro Shop are open to all residents. For information about the Pro Shop’s holiday party on Saturday, Dec. 8, **see page 42.**

INSIDE	Governance & Information ....	8	Sports, Games & Scoreboards .....	42
	Thoughts & Opinions .....	10	Classes & Seminars .....	46
	Events & Entertainment.....	12	Calendar of Events .....	47
	Movie Schedule .....	15	Governance Meeting Schedules.....	47
	Health & Fitness .....	18	Classifieds.....	50
	Clubs, Groups & Organizations .....	22		
	Club Trips Listing.....	41		



Signal Financial Federal Credit Union celebrated Hanukkah with a menorah lighting Dec. 3. For details on their next holiday event, **see page 3.**



Spotlight on...

# Model Railroad Club



From left, a Great Northern model train snakes its way down a track; the Club’s HO gauge layout, center, includes a miniature reproduction of historic Kensington station where passengers wait to board their trains. Built by the B&O Railroad, the original station, inset, opened in 1891 and still serves the MARC Train’s Brunswick Line in Kensington, Maryland; freight cars sit in wait at Hudson Coal. Photos by Stacy Smith, Leisure World News. Black and white photo courtesy of the Kensington Historical Society

by Stacy Smith, Leisure World News

The 1955 silver model train engine Alan Goldstein received as a child still operates in the basement of Clubhouse II during the Model Railroad Club’s weekly operating sessions, a testament to the enduring appeal of model railroading and the craftsmanship of its trains.

The engine is also part of the Club’s Winter Open House, held on Saturday, Dec. 15, when three scales of model railroad layouts – O, HO and N gauge – will be on display for residents and their guests to enjoy as part of the holiday season.

The layouts took Club members close to 10 years to build, with resident artists lending their talents to its backdrops and scenery, and others donating their old railroad sets and equipment. A hobby club that began in one of the basement’s caged areas has expanded to multiple rooms, and is still growing.

Club members meet a few times a week to participate in operating sessions, where they’re free to choose each train’s schedule and destination and tinker with the railroad’s layout. The trains travel through farmland and city, continuously dropping off and picking up cargo and passengers in a kind of miniature “Anywhere, U.S.A.”

“It’s a hobby with many facets,” said Club member Henry Jordan. “You can run trains around a track, wire electricity, create scenery and backdrops and build buildings.”

Some of the layouts run on electricity, while others are digital, which allows two engines to travel on the same track independently of each other.

If a train breaks down, Jordan and member Bob Semmig are there to fix it. An electrician, Semmig has wired the layouts so that crossing gates go up and down and signals change from red to green on cue.

Member Bob Kaplan “knows more about railroads than anybody in the universe,” Goldstein said. “I take one of these engine models and I bring it up to him and he gives me the exact manufacturer, model type [and] year it was made.”

“My wife says it keeps me out of trouble,” Kaplan quips.

Precursors to the modern toy train popped up in Europe in the 1860s. By 1901, American toy manufacturer and retailer Lionel made its first electric train for use in store display windows, according to the National Toy Train Museum’s website.

Most of the Club’s members said they first became endeared to model trains as children. Kaplan recalls marveling at three different railroads that toy store FAO Schwarz displayed during Christmastime in New York City.

All generations are invited to relish this pastime at the Club’s Winter Open House. For details, see page 25 of this publication.

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# Leisure World News

OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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# Give to Toys for Tots



Photo by Leisure World News

The annual Weichert, Realtors collection for the Toys for Tots Marine Corps Reserve has begun.



The organization collects new games, dolls, stuffed animals, puzzles, footballs, coloring books and crayons and craft items for children in need. A collection box is in the Administration Building lobby near the Weichert, Realtors front desk.

All are welcome to donate. Weichert, Realtors appreciates everyone's help. The last day to bring items is Tuesday, Dec. 11.

— Marilyn Chmielewski

# Dec. 14: Signal Hosts Milk and Cookies with Santa



Photo by Fred Shapiro

Signal Financial Federal Credit Union hosts a milk and cookies with Santa event on Friday, Dec. 14, from 11 a.m.-1 p.m. at its office in the Administration Building.

All residents, their family and friends and Leisure World employees are invited to attend this free event to say hello to Santa, mingle and enjoy refreshments.

Ho-Ho-Hope to see you there!  
— Leisure World News

# 2018-2019 Registered Snow Shovelers

from the Security and Transportation and Grounds Departments

Name	Phone	Identification
Freddy Alvarez	301-366-8684	Blue Badge #1
Jorge Bonilla	202-280-9475	Blue Badge #2
Reyes Barragan	240-644-8965	Blue Badge #3
Walter Laimez	240-277-7664	Blue Badge #4
Ana (Patty) Villasenor	320-970-5185 301-646-6373	Blue Badge #5
Victor Cordova	240-204-2896	Blue Badge #6
Edwin Rodriguez	240-755-4478	Blue Badge #7
Ephrem Kibret	202-710-5572	Blue Badge #8
Thomas Bladen	301-305-2141	Blue Badge #9
Chris Duval	202-359-7373	Blue Badge #10
Sean McDermitt	301-922-0150	Blue Badge #11
Ariel Mercado	240-780-6052	Blue Badge #12
John Mandich	240-426-1290	Blue Badge #13
Humberto Acero	301-708-1168	Blue Badge #14
Marvin Esquivel	301-300-9520	Blue Badge #15

There are no set fees for services rendered. Inquire and agree on pricing prior to, and pay only upon completion of services. For assistance, contact the Grounds Department at (301-598-1314), or the Security and Transportation Department at (301-598-1355) during business hours. Call the main gate at (301-598-1044) for assistance outside of business hours.

## Jewish War Veterans Charles B. Krieger Post 567

# Veteran Census' Deadline Extended



Members of the 94th AAA Battalion salute in Wackernheim, Germany. Photo by Fred Shapiro

by Fred Shapiro

The Jewish War Veterans Post 567's census to determine how many military veterans are currently living in Leisure World has been extended until Tuesday, Jan. 1.

Men and women who served in any branch of the military, the Reserves or ROTC programs are encouraged to participate in the census.

Census questionnaires are available in the Clubhouse I E&R office. Pick one up, complete the information requested and return the questionnaire to the E&R office.

To date, 146 forms have been returned and include 69 Army, 35 Air Force, 24 Navy, 9 Marines, seven Reservists and two Coast Guardsmen. A few residents have indicated they served in both the Army Air Force and Air Force, and the Navy and Marines.

The Jewish War Veterans believe the information obtained by the census will enable the Leisure World community to better address the needs of all military veterans through programs and ceremonies.

For questions, contact Fred Shapiro at (fshapiro@comcast.net).

## CORRECTION

In the Nov. 16 edition of Leisure World News, membership in the New Yorkers and Friends Group was misstated as \$25. Twenty-five is the number of Group members.

— Leisure World News



# Board

from page 1  
and the Contingency Fund (\$115,200).

## Committees Approved

The LWCC board swiftly confirmed the list of 2019 advisory committee members and chairpersons. Committee members and chairpersons will serve for the 2019 calendar year.

All chairpersons remain the same as 2018 except for Community Planning Advisory Committee’s (CPAC) Carole Kennon, who is resigning after serving as chairperson of CPAC for five years. Patricia Hempstead will fill the position.

See the chart at right for a list of committee chairpersons and their contact information.

For the 2019 roster of advisory committees, log into (residents.lwmc.com), click on “Documents” under the drop-down arrow, and then click on the “Board of Directors” folder. The Nov. 27 meeting’s agenda packet contains the roster.

## Code of Ethics

The board approved an addition to the LWCC Code of Ethics that requires board members to inform, in writing, the LWCC executive secretary if they or members of their family are party to a legal matter that involves LWCC or LWMC.

The addition also requires members to whom it applies to forego voting on issues

presented to the LWCC board that “might be germane to the legal matter,” and to absent themselves from meetings when the legal matter is discussed by the LWCC board or LWMC.

## Golf Report

“Despite the record rainfall, 2018 has been a very good year for Leisure World golf,” Golf and Greens Advisory Committee chairperson Brenda Curtis-Heiken reported to the board, adding that for the first time in a decade, the revenue from annual greens fees did not decline.

Pro Shop revenue and the number of tournaments played at Leisure World have increased, and memberships have not declined for the first time in 10 years.

“Revenue at the golf course will increase in 2019 due to a revision in fees for golf cart rentals,” Curtis-Heiken said, and golf course regulations will be relaxed to allow guests more play time.

The Golf Club’s league play, luncheons and other social events have provided Leisure World’s restaurants with a total of \$11,221 so far this season, and MISGA hosted 164 guests from other golf clubs, which resulted in more than \$5,000 in additional revenue.

Referring to the golf course as the “crown jewel of Leisure World,” she ended her report by emphasizing the need for the renovation and repairs to the golf course that were included in the Facilities Enhancement Plan in 2012.

ADVISORY COMMITTEE	CHAIRPERSON	CONTACT INFORMATION
Audit	Francis Teti	(301-598-5719) (frank@teticarswellcpa.com)
Budget and Finance	Phil Marks	(301-438-3010) (Psmarks2@juno.com)
Communications	Alan Goldstein	(301-847-9215) (ajg@webbusconnect.com)
Community Planning	Patricia Hempstead	(301-847-9025) (Phemps099@gmail.com)
Education and Recreation	Yolanda Hunt	(301-438-0233) (Yolichunt@aol.com)
Emergency Preparedness	Robert Ducharme	(301-598-2891) (Duke4794@comcast.net)
Energy	Edward Nicosia	(240-558-3032) or (peepaenterprises@yahoo.com)
Golf and Greens	Brenda Curtis-Heiken	(240-970-5111) (Curtis.heiken@gmail.com)
Government Affairs	Ken Muir	(301-598-3649) (kkmuir@aol.com)
Health	Sandra McLeskey	(301-288-7976) (mcleskey@comcast.net)
Insurance	Gerry Sommer	(301-598-6789) (sommerng1@verizon.net)
Landscape	Dora Pugliese	(301-598-0265) (Dorapugliesel@verizon.net)
Physical Properties	Antonio Marotta	(301-438-0434) (Antonio.marotta79@comcast.net)
Restaurant	Joni Sommer	(301-598-6789) (Junisommer1@verizon.net)
Security and Transportation	Herman Cohen	(301-801-7494) (cyberpi@msn.com)
Tennis and Pickleball	Gerry Sommer	(301-598-6789) (Sommerng1@verizon.net)

## Recording Meetings

A motion to add a policy to the LWCC board of directors’ rule document curtailing the


recording of governance meetings failed to pass. Meetings can be recorded by residents for personal use, and are also recorded by management for minute keeping and channel 974 broadcasts.

## Charter

The board approved modifications to the Security and Transportation Advisory Committee’s charter. The Committee’s preferred member qualifications no longer include experience riding Leisure World’s buses.


The LWCC board does not meet in December. The board’s next regular meeting is Tuesday, Jan. 29, at 9:30 a.m. in Clubhouse I.

LWCC board meetings are open to all residents unless legally closed.



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# Rehab

from page 1

issue was his first toe,” Hawkins says. “It was so stiff it would not bend.”

A year and a half before his injury, McCauley had had a heart attack, and the blood thinning medication he was taking caused his legs and toes to fill with blood after his Achilles tendon ruptured.

His doctor prescribed a special boot, which he wore for two and a half months. But having his foot and toes cramped inside of it for so long caused problems with range of motion, which affected his ability to walk.

“As therapists we kind of have to take a holistic approach to what it is we’re treating in order to really get at the root cause,” Hawkins says.

Through physical therapy, Hawkins got his feet and toes moving again. She introduced him to stretches and exercises to help him regain his range of motion and strengthen his muscles.

“She said, ‘I will stop when it looks like you can’t tolerate more,’” McCauley says. “And I’m basically a baby –”

“He’s a tough guy, don’t let him fool ya,” Hawkins interjects.

“Without any pain, there’s no gain,” McCauley adds. “I wanted to get back to walking and hiking again.”

## Invisible Pain

Though Dr. Bruce McKay’s physical therapy is also complete and it’s helped him feel better, he says part of his



From left, physical therapy assistant Diana Swenson wraps a gait belt around McKay’s waist. At right, she tests his leg and hip flexibility. Photos by Stacy Smith, Leisure World News

brain is still telling him, ‘Sell the golf clubs and forget it.’”

“I still use this,” he says, motioning to his cane.

McKay came to MedStar’s rehabilitation center months ago with a broken section of hip that was causing pain in his lower back. Under doctor’s orders, he went for three weeks without putting weight on his leg. MedStar helped him regain its function, but the fear of falling still looms large.

“When I use [the cane], I’m saying to myself, ‘don’t fall, don’t fall,’” he says. “When I try to walk without it there’s always this psychological fear.”

“And that’s a real component,” Hawkins says.

Injuries can be a reminder of the aging process, which can be “kind of devastating and scary,” McCauley says. “And so Dionne addressed that issue too, subtly.”

## From Functioning to Thriving

Seeing a therapist for one hour once or twice a week, though, is often not enough for most patients; they are encouraged to work on their stretches and exercises at home to maximize their improvement. And the work often continues well after the physical therapy is over.

“People with no deficits have no motivation to continue once they’re gone from physical therapy,” Hawkins says. “So it establishes better habits, I think, when people still have a little something to work on.”

She says the goal of physical therapy is to help patients regain their basic function, and then often she and the other therapists will transition their patients to a trainer at the Fitness Center in Clubhouse II to help them “accomplish those golf or tennis or pickleball goals.”

The therapy may be over for McCauley and McKay, but they

are grateful for their time with the rehabilitation center’s staff.

“Dionne had a real understanding of who I was and what my goals were,” McCauley says of Hawkins, adding that he would like to be “hiking in the mountains next summer.”

“And it’s a realistic goal for him,” Hawkins says, smiling.

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# Leisure World Snow Plan

## Blueprint for a Safe and Healthy Winter

When Montgomery County authorities announce a snow emergency, snow emergency restrictions become effective in Leisure World as well.

Leisure World is private property encompassing 55 miles of roads and walkways. The county and state do not provide assistance during a snow emergency.

### When Snow Begins to Fall

The first priority is to provide continued access for rescue vehicles and automobiles required by residents who might need emergency medical care. The MedStar Health medical center will be given top priority at all times.

Snowplows will clear primary access roadways, parking lots and driveways in the following order:

#### 1. Through Streets:

Rossmoor Boulevard, South and North Leisure World Boulevards, Interlachen Drive, Norbeck Boulevard, Gleneagles Drive, Chiswick Court, Connecticut Avenue, Kelmscot Drive, Hyde Park Drive, Twin Branches Drive, Fitzhugh Lane, Tarkington Lane, Prince Frederick Way, Pine Orchard Drive and Pennfield Circle.

#### 2. Primary Access

**Roads:** Fiske Drive and Terrace, Edelmar Drive and Terrace, Ludham Drive, Forest Edge and Glade Drives, Vantage Hill Road, Bramblewood Drive, Bassett Lane and Glen Eagles Drive.

#### 3. Remaining named "Courts," "Squares," "Terraces" and "Ways" that serve a dozen or more units.

#### 4. Driveways providing access to less than a dozen dwelling units.

### When the Snow Stops Falling

Shoveling crews will start clearing entrances and sidewalks at the Club-

houses and Administration Building, if the facilities are open, followed by the primary access paths for apartment-style buildings and individual units (primary access means from main entrance to parking lot). In apartment-style buildings, if you do not use the front door as primary access because of a disability, call the **Grounds Maintenance Department (301-598-1314)** to arrange special clearing.

Machine clearing of perimeter walks and other long stretches of walks will be done concurrently. Because machine clearing is much faster, these long walks may be completed before hand-shoveling crews have reached other primary access walks.

*The snow plan calls for access to a primary roadway, including sidewalks:*

- within 24 hours after the precipitation has ended for snowfalls of 12" or less,
- within 36 hours after the precipitation has ended for snowfalls of 12-24"
- within 48 hours after the precipitation has ended for snowfalls of more than 24"

### Parking Restrictions

During the snow emergency, do not park on any street designated as a Snow Emergency Route. These include Rossmoor Boulevard, Leisure World Boulevard, Gleneagles Drive, Chiswick Court, Interlachen Drive, Norbeck Boulevard and Connecticut Avenue.

Do not park in Reserved or Visitors parking spaces in your parking lot. Your mutual may have designated these spaces as areas for snow handling. Residents affected will be contacted by their mutual to move their vehicles to assigned temporary parking spaces prior to snow removal.

*The director of Security and Transportation or a special police officer (SPO)*

*can assist in identifying a resident whose automobile may be obstructing snow removal operations.*

### Clearing Snowbound Vehicles

McFall & Berry Inc.'s contracted services do not include shoveling out parked vehicles.

If necessary, call a relative, friend or neighbor to request help. Another option is to use the services of individuals who will do the work for a fee.

Security requires anyone wanting to shovel out residents' cars for a fee to register with the Grounds Maintenance Department at (301-598-1314). The department maintains a list of individuals who have been pre-approved. If you know of anyone interested in providing this service, have that person call the Grounds Maintenance Department as soon as possible. The department will provide identification cards. Security requests that you report any individuals who do not have proper ID.

*The Grounds Maintenance Department does not set shoveling fees, nor is it responsible for any damages that may be incurred. See page 3 for a list of snow shovelers.*

### When you Need Medical Attention

- **Call 911 for all medical emergencies.**
- Notify the **Grounds Maintenance Department (301-598-1314)** at least three hours in advance of a medical appointment you are unable to reschedule. Make sure your medical facility will be open; do not make any assumptions that it will be.
- Call the Grounds Maintenance Department to have your name placed on a snow clearance priority list if you have an ongoing critical medical requirement such as dialysis, oxygen, chemotherapy, radiation, etc.

### Updates

- Call the Daily Events Line at (301-598-1313) for up-to-date snow-related information, including trash pick-up, bus scheduling, cancellation of Clubhouse I and II events, activities and facility closings.
- Check the Leisure World closed circuit TV channel 972 for snow-removal updates.
- Check the residents website (residents.lwmc.com) homepage for snow removal updates.

### Communication

- Call the **Main Gate (301-598-1044)** to report stuck vehicles or accidents.
- Call the **Grounds Maintenance Department (301-598-1314)** with your snow clearance inquiries. Due to the high volume of calls and the department's need to be out overseeing snow-removal operations, calls will be monitored and prioritized on a regular basis around the clock. Calls will be returned as quickly as possible according to urgency.
- Do not call the McFall & Berry office for routine information, complaints or scheduling issues.

### Additional Advice

- In preparation for a potential snow emergency, now is a good time to stock up on essentials such as food and medicines, and other items such as batteries and reading materials. Be prepared to keep at least one week's supply of essentials on hand during the winter months.
- During a snow emergency, if you are in doubt about venturing from your residence, it is best not to go out. Also, wait until conditions are safe before putting out trash or retrieving newspapers.

*This information is provided by the Grounds Maintenance Department and can also be found at (residents.lwmc.com) under the Amenities and Services dropdown arrow. Click on Physical Properties Department and scroll down to Snow Removal Schedule.*



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## Recent Solds "Around the World"!

Address	Subdivision	Type	Beds	Baths	Asked	Got	Subsidy
3310 Leisure World Blvd, #6-823	Fairways North	Unit/Flat	2	2	\$178,000	\$175,000	\$0
3310 Leisure World Blvd, #1019	Fairways North	Unit/Flat	2	2	\$228,900	\$221,000	\$2,210
3310 Leisure World Blvd, #6-1007	Fairways North	Unit/Flat	2	2	\$209,900	\$205,000	\$0
3330 Leisure World Blvd, #5-723	Leisure World	Unit/Flat	2	2	\$195,000	\$190,000	\$0
3005 Leisure World Blvd, #820	Leisure World	Unit/Flat	3	2	\$349,990	\$349,990	\$0
14508 Kelmscot Dr, #173-B	Leisure World	Row/Townhouse	3	2	\$345,000	\$335,000	\$2,500
3641 Leisure World Blvd, #17-2D	Montgomery Mutual	Unit/Flat	2	1.5	\$119,990	\$119,990	\$0
14805 Pennfield Cir, #205	Rossmoor Mutual	Unit/Flat	2	2	\$219,000	\$219,000	\$0
15016 Eardley Ct, #281-E	Rossmoor Mutual #12	Row/Townhouse	1	1	\$94,900	\$95,000	\$1,500
15111 Glade Dr, #12-3D	Rossmoor Mutual #14	Unit/Flat	2	2	\$159,900	\$159,900	\$0
15301 Beaverbrook Ct, #92 1-K	Rossmoor Mutual #19B	Unit/Flat	3	2	\$189,999	\$190,000	\$0
3615 Edymar Ter, #131	Rossmoor Mutual #9	End of Row/Townhouse	3	2	\$322,500	\$322,500	\$0
3005 Leisure World Blvd, #201	Turnberry Courts	Unit/Flat	2	2	\$240,000	\$215,000	\$0
2904 N. Leisure World Blvd, #310	Turnberry Courts	Unit/Flat	2	2	\$225,000	\$225,000	\$0
2900 N Leisure World Blvd, #502	Turnberry Courts	Unit/Flat	2	2	\$259,331	\$265,000	\$7,500
3210 Leisure World Blvd, #907	Vantage Point East	Unit/Flat	2	2	\$298,750	\$287,500	\$0
15000 Pennfield Cir, #110	Villa Cortese	Unit/Flat	2	2	\$399,900	\$380,000	\$0



**UNDER CONTRACT!!!**

**3330 N Leisure World Blvd, #5-203**

Updated kitchen and baths with granite counters!  
Amazing view of golf course!



**SOLD!!!**

**3314 Chiswick Court, #62-1H**

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**UNDER CONTRACT!!!**

**3218 Glen Eagles Drive, #109-K**

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**Scott Keenum**

- ✓ Resident of Leisure World & represented Leisure World at the Maryland Senior Olympics winning a Silver Medal in Pickleball
- ✓ U.S. Army Veteran
- ✓ 30 Years of Experience in the Mortgage Industry

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# GOVERNANCE & Information

## Dec. 7: Community Leaders Attend CCOC Training

by Leisure World News

Members of the Leisure World Community Corporation (LWCC) board of directors, mutual board members, mutual assistants and property managers are invited to attend a presentation about the County Commission on Common Ownership Communities' (CCOC) rules and guidelines on Friday, Dec. 7, at 1:30 p.m. in the Clubhouse I Crystal Ballroom.

The CCOC's Kathy Viney

along with representatives from Mutual 14 will present six approximately 30-minute segments, which include brief videos and quizzes to enhance understanding. The presentation includes time for questions and answers.

Attendees will refresh their knowledge of the CCOC's rules and guidelines, with topics that include association rules and enforcement, administrative procedures, rights and responsibilities of homeowners, elections, budgeting and more.

## Notification to Security of Expected Visitors

The Security Department appreciates your assistance in easing the entry of your guests into the community.

Residents are reminded to contact the main gate when expecting guests. All guests must have authorization from a resident or a valid guest pass to gain entry.

If you are expecting more than five guests at any one time, please fill out the form titled, "Notification of Guests/Visitors Expected," available from the Security Office in the Administration Building, or visit ([residents.lwmc.com](http://residents.lwmc.com)) and click on the Incoming Visitor Form on the Security and Transportation page. Print, fill out and return the form to the Security office, or email it to ([security@lwmc.com](mailto:security@lwmc.com)).

This notification will help to alleviate any possible delays at the gate.

— Leisure World News

## Dec. 17: AARP Safe Driving Course

by Leisure World News

The E&R Department is sponsoring an AARP Safe Driving Course on Monday, Dec. 17, from 9:45 a.m.-3 p.m. in Clubhouse I, with a one-hour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, \$15 for AARP members and \$20 for non-members, is required at the time of registration. (Please note: AARP members must show a current membership card to receive the AARP discount.) Register in the E&R Office in Clubhouse I. The number of participants is limited to 25.

Participants should bring their driver's license and a pen or pencil to the course. If you have any questions, contact the E&R Office in Clubhouse I at (301-598-1300).

**Dial 301-598-1313  
for recorded Daily Events**

### 2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

**Executive Committee Meeting**  
No meeting in December

**Board of Directors Meeting**  
No meeting in December

## Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - [management@lwmc.com](mailto:management@lwmc.com)
- LWCC Board of Directors - [board@lwmc.com](mailto:board@lwmc.com)
- LWCC Executive Committee - [excomm@lwmc.com](mailto:excomm@lwmc.com)
- Administration - [administration@lwmc.com](mailto:administration@lwmc.com)
- Communications - [communications@lwmc.com](mailto:communications@lwmc.com)
- Education and Recreation - [recreation@lwmc.com](mailto:recreation@lwmc.com)
- Physical Properties - [physicalproperties@lwmc.com](mailto:physicalproperties@lwmc.com)
- Security - [security@lwmc.com](mailto:security@lwmc.com)

### Education and Recreation Department

## Get Your 2019 Pool Pass

The 2019 annual indoor pool passes are available for purchase beginning Tuesday, Dec. 11, at 8:30 a.m. in the Clubhouse II E&R office.

Cost of the resident annual indoor pool pass is \$150; a monthly pool pass is \$40. There is no charge to residents for the outdoor pool. Rates for the annual pass are pro-rated quarterly.

### Locker Rentals

Annual locker rentals, available only for those with pool passes, are offered beginning Tuesday, Dec. 11, at 8:30 a.m. in the Clubhouse II E&R office. Small lockers are \$35; men's full locker rentals are \$65; women's full lockers are \$55.



Photo by Leisure World News

All women's locker rentals are for those who have purchased an annual pool pass.

Please bring your Leisure World ID when purchasing pool passes, and/or when paying for locker rentals. Payment may be made by check payable to LWMC, or by credit card (MasterCard, Visa or Discover).



# PPD Showroom Reopens Jan. 1

The Showroom at the Physical Properties Department (PPD) closed Nov. 19 and will re-open Tuesday, Jan. 1, as Willson Leisure World Renovations offices.

Any resident who needs information on, or assistance with, a remodeling project should call Willson Leisure World Renovations at (301-252-2199). Residents can purchase appliances, toilets, faucets, etc. through the PPD customer service center or the PPD warehouse by calling 301-598-1500.

– Leisure World News

# Dec. 20: MVA Mobile Office Returns

by Leisure World News

Need to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, Dec. 20.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Services offered include renewal of non-commercial

driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

# Three More Plaintiffs Drop from Lawsuit

by Leisure World News

Three more plaintiffs – Marybeth Ardike, Natalie Brodsky and Marian Cain-Hayden – on Nov. 16 filed a line to withdraw their names from the pending class action lawsuit against Leisure World Community Corporation (LWCC) and Leisure World of Maryland Corporation (LWMC).

The filing comes approximately one month after another plaintiff, Carole Portis, withdrew from the case.

The lawsuit, filed in Montgomery County Circuit Court in July, alleges LWCC bylaws are in conflict with the Maryland Homeowners Association Act, a claim that was disavowed by some members of the Commission on Common Ownership Communities (CCOC) at its Nov. 7 session.

During the session, the CCOC denied jurisdiction over a complaint, brought forward by resident Sheryl Katzman, which made allegations similar to those cited in the lawsuit.

The lawsuit's five remaining plaintiffs – Richard Thornell, Jordan Harding, Frederick Shapiro, Valerie Williams and Priscilla Read Chenoweth – are referenced in the lawsuit as members of JustUs, an unofficial resident group in Leisure World headed by Katzman.

In response to the lawsuit, the LWCC board of directors voted in August to appropriate \$25,000 for an insurance deductible toward legal fees.

LWCC and LWMC plan to pursue recovery of these legal fees on behalf of the community, according to remarks made by general manager Kevin Flannery during a regular meeting of the LWCC board Nov. 27.



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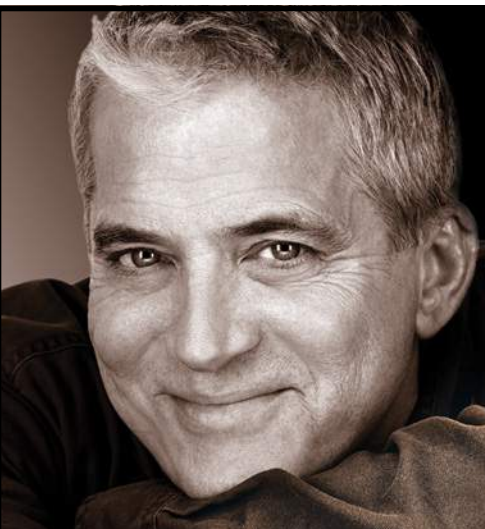
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# THOUGHTS & OPINIONS: *From Our Residents*

## A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers. **Thoughts and Opinions is maintained by the Communications Advisory Committee.***

## CRASH ON THE BOULEVARD

I am a dedicated bike rider. I have typically ridden 5,000 miles a year. Most of my riding has been with Potomac Pedalers Bicycle Club. Since I moved to Leisure World I have been riding around Leisure World Boulevard for two hours on nice days. On Oct. 26, a car went through a side street intersection and struck me. I flipped over the hood of the car and slammed onto the street.

I remember lying in the street with people trying to calm me. Leisure World special police officers came, and then an ambulance arrived to take me to Suburban Hospital's trauma center in Bethesda. I lost count of the number of doctors and nurses working

on me. There were lacerations to my face, arms and legs. I needed stitches for a deep gash on my thumb. My left leg was swollen to twice the size of my right leg. They put a splint on my fractured wrist. I was later transferred to the acute rehabilitation center at Shady Grove. I cannot offer enough praise for my care at both facilities and the food was really good.

This accident has upended the lives of my wife, Lana, and I. The accident is especially galling since I just recovered from major back surgery almost three years ago. My hope is to return to cycling someday. My fear is that some of my injuries are permanent.

I remind you that under Maryland law cyclists are entitled to the entire lane. Motor-

ists must allow at least three feet clearance when passing a cyclist. Look before you open the driver side door so you don't open it on a cyclist.

– Joel Katz

## ZOSTER SINE HERPETE

Never heard of it? I hadn't either, until well after it struck.

More than 92 years ago, my loving mother started a baby book to record the "cute" things I said or did; but she never recorded any childhood infections that I had – including, as it turns out, chickenpox – so I was unaware as an adult. Many of today's younger physicians are equally unaware, and therein lies the hazard.

Chickenpox leads to shingles, a visible eruption/rash usually above the waist. Zoster sine herpete is a form of shingles that lacks visible symptoms. It is a very painful neurological condition that may lead to even worse problems, and is age-related: more likely after 50, and severe attacks at older ages. Mine kept me horizontal with intense pain that nothing alleviated for five weeks.

Two physicians were baffled, and a third made an immediate misdiagnosis, prescribing a cream that was of no use whatsoever. So I took to the internet with the only available clue: the pain affected one side of my body, not both sides. In two days of searching I found a match, checked it with an older rheumatologist and, bingo!

Then we confronted a difficult decision between two

remedies. The first is said to be effective only if applied within three days of onset, and by that time mine had plagued me for a month. But the second has scary side effects like loss of consciousness. After deliberating, we opted for the first and hoped for the best. Recovery was slow, but eventually it worked.

Chickenpox is caused by a virus that survives to become latent in human cranial nerves, dorsal root and ganglia along the entire neuraxis. Decades later the virus may erupt in a painful skin rash (if one is lucky, as it is easier to diagnose), or zoster sine herpete like mine, which eludes diagnosis and may exist in areas not commonly associated with shingles.

It would be "rash" to ignore shingles in either manifestation! Prompt diagnosis and treatment is critical if the victim is to avoid postherpetic neuralgia (severe, long-lasting and difficult-to-treat dermatomal pain) and possible other disorders such as meningo-encephalitis, vasculopathy, ocular problems and retinitis, and cranial disorders.

If you suspect you may have had chickenpox – and six months after zoster is cured – get an anti-shingles injection. It may cause some discomfort for two to three days, but it is 96 percent effective and can save a ton of grief that grows worse with age. Injections are available at most local pharmacies and are free of charge for those with Medicare or Medicaid.

– Norman Holly

## SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to [aclwn@lwmc.com](mailto:aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, login to ([residents.lwmc.com](http://residents.lwmc.com)) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.



# TOWN HALL MEETING – A PERSPECTIVE

I attended the town hall meeting put on by the JustUs group. Many allegations were made against the Leisure World Community Corporation (LWCC) and management. I would like to present my view of these allegations.

1. The officers of the LWCC board are not democratically elected since the residents of Leisure World have no vote in their selection .

My view: The officers are selected by the sitting members of the board. I served on the Greenbelt, Maryland, City Council. The City Council members select the mayor. The president of the Montgomery County council is selected by sitting members of the council. Leisure World election of officers is similar to these bodies.

2. The LWCC board pays \$200,000 for management, which is too much.

My view: Leisure World has a budget of approximately \$12.4 million and approx-

imately 8,000 residents. Management oversees Leisure World employees, prepares the budget, provides record-keeping and advises the LWCC board on a host of issues. The cost of management is very reasonable.

3. Management does a lousy job. You can see proof of this by observing water runoff at Clubhouses I and II during heavy rainstorms.

My view: The JustUs presentation showed slides and videos of water spilling over gutters at Clubhouses I and II. The videos also showed a misaligned down spout, damage to ceiling tiles and water pooling beside buildings. No doubt these problems need to be addressed. I supplied roofing materials to hospitals and office buildings during my working life. The battle with water damage is never ending. We have had triple the normal amount of rainfall this year. It is not surprising that problems arise. These issues do not mean that management is not doing its job.

4. A new Administration Building is not necessary and

a waste of money. The new building will put Leisure World into debt. The present building can be rehabbed for a lot less money.

My view: You can read the pros and cons of a new Administration Building in the Leisure World News. If you have any doubts, go see for yourself how cramped it is. Asbestos is another big issue. No one knows how much there is in the building. You are asking for trouble when you start tearing out walls and ceilings to find it. Once it is exposed, you have to

either remove it or mitigate it. Employees would have to be removed from the building during rehab. The LWCC board has passed a resolution that they will not go forward with building until they have the money to pay for it.

I have no connection to the LWCC board. I was president of a large condominium in Prince George's County. What a thankless, time-consuming job. I can't see why anyone would want a seat on the board unless it is to serve their neighbors.

– Joel Katz

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# EVENTS & Entertainment

## Fireside Forum

### Dec. 9: Expert Discusses Social Media and Democracy

by Jonas Weiss

Lydia Snider, a social media strategist, will explore social media as a modern communication tool, its influence of users, how it has been weaponized and what users can do to protect themselves.

Cyberspace has been added to air, land and sea as the fourth arena of warfare. It provides America's enemies with new means to disrupt critical infrastructure and deliver psychological warfare campaigns to Americans. Social media is a tool that can be used to create or destroy, and the individual using it wields more power than many realize.

As a social media strategist, Snider helped companies ranging from Fortune 500 to non-profits navigate the world of social media. She has also served as a small business development center consultant, helping hundreds of small business owners compete in the online marketplace.

The program is on Sunday, Dec. 9, at 2:30 p.m. in the Clubhouse II auditorium. Fred Shapiro is the host for the speaker.



Lydia Snider. Photo by Fred Shapiro



## Education and Recreation Department

### Dec. 11: Broadway's 'Musical Milestones'

Steve Friedman returns on Tuesday, Dec. 11, at 1:30 p.m. in Clubhouse I for his continuing series of programs on the history of Broadway. Using song and lecture, he explores Broadway's musical milestones.

Tickets are \$6 per person and on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

## Education and Recreation Department

### Dec. 14-15: Academy Music Presents Winter Recitals



Academy Music students perform in the winter 2017 recital. Courtesy photo

The E&R Department welcomes back students from Academy Music for their winter recitals. The recitals are performed over two days: Friday, Dec. 14, at 6 p.m. and Saturday, Dec. 15, at 4 p.m. in the Clubhouse II auditorium.

Students of all ages perform a variety of piano and vocal pieces for your enjoyment.

Academy Music offers private music lessons for students of all ages and levels of experience. Music instructors teach piano, voice, violin, viola, cello and guitar. Academy Music is located in Olney.

The performances are free, but tickets are required and available in the Clubhouse I E&R office. Please bring your Leisure World ID.

## The Inter-Faith Chapel

### Dec. 9: Chapel Concert Series Celebrates 20 Years

by Kevin M. Clemens

On Sunday, Dec. 9, at 3 p.m., The Inter-Faith Chapel celebrates the 20th anniversary of its concert series with music and readings.

The combined choirs and handbells perform "Holy Light" by Robert Hobby. This choral work takes attendees on a journey from the prophecy to the birth of Christ.

"Holy Light" is enhanced with a brass quintet featuring two trumpets, French horn, trombone and tuba, with percussion that includes timpani, crash and suspended

cymbals, tambourine, finger cymbals, triangle and wind chimes.

The Chapel's clergy recite readings by noted Lutheran liturgist and author Susan Cherwien that will help attendees explore the deep truth and mysteries of the incarnation.

Guest singers, as well as organist Paul A. Binko of Baltimore, also perform, and brilliant carol settings allow for vibrant congregational singing. Kevin M. Clemens, director of music at The Inter-Faith Chapel, conducts the choral work.

A light reception follows in the Chapel's Fellowship Hall.

## Coming in 2018-2019

The E&R Department is pleased to provide the following programs.

Dec. 8, 7 p.m.	Four Seasons Dancers
Dec. 11, 1:30 p.m.	Steve Friedman – 'Musical Milestones'
Dec. 14, 6 p.m.	Academy Music Piano Recital
Dec. 15, 4 p.m.	Academy Music Piano Recital
Dec. 16, 7:30 p.m.	Olney Concert Band
Dec. 19, 2 p.m.	St. John's Episcopal School Jazz Band
Jan. 15, 1:30 p.m.	Steve Friedman – 'First It Was a Play, Then It Became a Musical'

Watch Leisure World News for more information on these and other upcoming programs throughout the year.



# Dec. 16: Ring in the Holidays with the Olney Concert Band



The Olney Concert Band, courtesy photo

On Sunday, Dec. 16, at 7:30 p.m., the Olney Concert Band (OCB) returns to perform a holiday concert in the Clubhouse II auditorium.

The band looks forward to playing seasonal favorites, as well as concert pieces, that will put you in the holiday spirit. Your children and grandchildren will enjoy this seasonal event, too.

From an energetic Mannheim Steamroller arrangement of “Hark! The Herald Angels Sing” to a more traditional Gustav Holst medley of well-known Christmas carols along with some surprises, the joyous holiday traditions are well celebrated.

Rounding out the program are a Bach “Prelude and Fugue” and the emotionally powerful “Elsa’s Procession to the Cathedral” from Wagner’s opera “Lohengrin.” This concert will entertain you and the whole family. So get your tickets now!

Presented by the E&R Depart-

ment, tickets are \$5 per person and on sale in both clubhouse E&R offices. Please bring your Leisure World ID.

OCB offers a challenging outlet to local musicians of all ages (from high school to long-retired adults) from throughout the region who enjoy the thrill of making music together and performing for our community.

OCB provides entertainment and exposure to the arts, and forms an integral part of the program at community festivals, celebrations and charity events.

It prides itself in performing a wide range of musical styles so that audience members of all ages and backgrounds can experience a personal connection to the performance.

This holiday season concert is one that the band members really enjoy performing. So be sure to get tickets for yourself, family and friends for a truly enjoyable way to celebrate holiday musical traditions.

## Sock Hop Group

# Dec. 22: Enjoy Last Sock Hop Dance of 2018

The last sock hop dance of 2018 is on Saturday, Dec. 22, at 7 p.m. in Clubhouse II.

The price of admission is \$5. Sodas and water are provided, but participants can bring their own beverages and snacks.

“Take Two Entertainment” continues to provide great dance music. Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).



— Abigail B. Murton

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## Education and Recreation Department

# Dec. 19: Local School's Jazz Band Performs Holiday Favorites



The St. John's Episcopal School OASIS Jazz Band and Musical Theater performs at the National Christmas Tree Lighting in December 2017. Courtesy photo

The St. John's Episcopal School OASIS Jazz Band and Musical Theater are delighted to return to Leisure World with a holiday concert on Wednesday, Dec. 19, at 2 p.m. in the Clubhouse II auditorium.

The program features a combination of traditional Christmas carols and jazz holiday standards, performed by the talented 5th-8th grade music

students of St. John's Episcopal School. The school is located in nearby Olney, Maryland.

Sponsored by the E&R Department, this holiday performance is free, but registration is required. Drop by the Clubhouse I E&R office or call (301-598-1300).

The students of St. John's Episcopal School hope you will come and be a part of their holiday celebration!

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## Education and Recreation Department

# Jan. 15: 'First It Was a Play, Then It Became a Musical'

Steve Friedman returns on Tuesday, Jan. 15, 2019, at 1:30 p.m. in Clubhouse I for his continuing series of programs on the history of Broadway. Using song and lecture, he explores how Broadway's plays were transformed into musicals.

Many musicals started as either drama or comedy before the scripts were re-written and music and lyrics were added

to enhance and enrich the story. Well-known examples include "Green Grow the Lilacs," which

emerged as "Okla-homa," "Liliom" as "Carousel" and "Pygmalion" as "My Fair Lady." Can you imagine how many more there are? Come find out.

Tickets are \$6 per person and go on sale on Tuesday, Dec. 11, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.



Steve Friedman, photo by Leisure World News



**Education and Recreation Department**  
**Sunday Afternoon at the Movies**

# Dec. 30: 'I Can Only Imagine'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, Dec. 30, the featured film is "I Can Only Imagine" (2018, 1 hour 50 minutes, drama/family/music, rated PG for thematic elements including some violence).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, Dec. 11, at 8:30 a.m. Please bring your Leisure World ID.

The film is based on the inspiring story behind the origin of Bart Millard's composition "I Can Only Imagine." First performed by his band, MercyMe, the song topped the charts in 2001. Today, it still brings hope to many and is a gripping reminder of the power of true forgiveness.

The film features J. Michael Finley as Bart Millard, Dennis Quaid as Bart's father Arthur Millard, Cloris Leachman as Bart's grandmother Memaw.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.



## 2018 Movie Schedule

*Sponsored by the E&R Department*

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Dec. 20, 2 p.m.	Wonder	LIMITED
Dec. 30, 2 p.m.	I Can Only Imagine	Dec. 11

*Movies are subject to change.*

### PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



### FREE WI-FI IN CLUBHOUSES

Free Wi-Fi is available in Clubhouse I and II for residents and visitors who would like to use their laptop computers, tablets and smart phones. To connect to Wi-Fi, just open the device's Wi-Fi settings, select "LW-Guest" and enjoy!



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**LISTING UNDER CONTRACT! \$165K**

**The Greens Model "E"**  
2BR, 2FB, kit, bath + lighting updates, ceramic tile flrs, 980 sf.



**BUYER JUST SOLD! \$205,000**

**Fairways "F" Model**  
2BR, 2BA, golf course view, encl. balcony, garage, 1120 sf.



**BUYER JUST SOLD \$219,000**

**Villa Cortese "B" Model**  
2BR, 2FB, updated kitchen, balcony, 1073 sf.



**LISTING JUST SOLD! \$220,000**

**"Carvel" CO-OP Patio Home**  
2BR, 1.5BA, updated shower, FP, enclosed patio w/shed, 1412 sf.



**BUYER JUST SOLD \$225,000**

**Turnberry Courts "N" Model**  
2BR, 2FB, LR w/exit to enclosed balcony, garage, 1042 sf.



**BUYER JUST SOLD! \$245,000**

**Turnberry Courts "B" Model**  
2BR, 2FB, garage, designer kit w/SS, marble floors, 1033 sf.



**LISTING JUST SOLD! \$316,800**

**Vantage East "FF" Model**  
2BR, 2FB, garage, nice view, fresh paint, new carpet, HWDs, 1305 sf.



**LISTING JUST SOLD! \$415,000**

**The Greens "B-H" Model**  
Garage, 3BR + den, 3FB, two balconies, new floor, 2167 sf.



**JUST SOLD! \$445,000**

**Overlook Hi-Rise "K" w/Garage**  
2BR + den, 2FB, FP, golf course view, storage room, 1520 sf.



**BUYER JUST SOLD! \$449,000**

**"Barstow" Model Patio Home**  
3BR, 2FB, Florida room, updated BAs, 2 car garage, 1320 sf.



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# HEALTH & Fitness

## League of Women Voters

### Dec. 12: League Discusses Death With Dignity

by Maxine Lewack

The Rossmoor League of Women Voters meets on Wednesday, Dec. 12, at 10:15 a.m. in Clubhouse I. This month's topic is Death With Dignity (DWD).

The goals of the DWD movement are to provide options for dying individuals as well as stimulate improvements in end-of-life care. Competent individuals or a person having the power of attorney when a patient is incompetent to make an informed decision may choose options.

Options may consist of withdrawal from chronic medical therapies when there is little or no expectation of a cure. The patient may instead choose comfort measures such as pain control, antibiotic therapy and other palliative procedures. Alternative treatments may consist of withdrawal of enteral

feeding and resuscitative interventions.

The first state to pass a DWD Act was Oregon in 1997. Washington followed in 2008, Vermont in 2013, Colorado and California in 2016 and Hawaii will implement their law in 2019. Twenty other states are currently considering DWD.

Seven out of 10 Americans support the right of terminally ill persons to die on their own terms, according to a 2015 Gallup poll. Many religious leaders oppose the practice, and the American Medical Association opposes physician-assisted suicide. Join the League at what promises to be an intense discussion of the movement's pros and cons.

And it's not too late to get the League's 2018 desk calendars and 2018-19 pocket calendars at the Gold Castle Jewelers in Leisure World Plaza. They make great gifts!

## Chinese Club

### Dec. 14: Talk on Meditation – 'Reality and Illusion'

by Stella Shaw

On Friday, Dec. 14, the Chinese Club presents a free talk, in English, on meditation from 10-11 a.m. in Clubhouse II. All residents are welcome and encouraged to attend.

The speaker, Winston Pao, is full of humor. He is not a guru, nor a renowned scholar, and has not written any books. But he does have an intense interest in different problem-solving techniques.

And Buddhist meditation, as a path to understanding, is a profound methodology for problem solving.

People cannot solve a problem until they understand, or become aware of what the problem is. Meditation is about awareness.

#### About the Presenter

Pao has 40 years of experience working for Fortune 500 corporations in business process improvement and technological innovation in developing competitive advantage through competi-

tive benchmarking.

He uses these competitive benchmarks to develop techniques for organizational transformation. If it is to succeed, organizational transformation must begin with the transformation of self. Pao has drawn liberally from Classical Eastern and Western traditions, in addition to discoveries in science, to draw out some of our most basic assumptions and beliefs.

#### Belief and Beyond

Beliefs can have a profound impact on how we view the world and ourselves, and are often hidden behind layers upon layers of dogma. In many traditions, meditation and prayer were used as a technique to connect with the divine.

Other traditions used meditation as a path to the sub-conscious. All meditation practices were developed to help the practitioner discern what is real and what is illusion.

Don't miss this stimulating talk.

### Fitness Center Tours Continue Through Winter

One of the Fitness Center's personal trainers will lead a free orientation tour of the Fitness Center at 3 p.m. on the following Tuesdays: Dec. 11, Jan. 8 and Feb. 12. Learn how to use the equipment and facilities. Registration is not required.

— Leisure World News



Photo by Leisure World News

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# Motorized Scooter Turned in to FISH Office

by Beth Leanza

Recently, security personnel found a motorized scooter on Leisure World Boulevard and turned it in to FISH, where found items are kept. The scooter has no ID, key or power cord. It is being housed in the basement of Clubhouse II.

## Lost and Found

Many other items are there waiting to be claimed by their owners, including articles of clothing, jewelry, books, glasses, umbrellas, canes and keys.

If you lost an item, check back frequently. It can take a few days for an item to be turned in at the FISH office.

Some mutuals have their own lost and found where an item may turn up, especially if it was lost in or near that mutual. So if your mutual has a lost and found, then you may want to check there, too.

FISH suggests putting an address label on items such as canes or umbrellas, so that if the item is lost and returned to FISH, a volunteer can contact you.

## The FISH Mission

FISH accepts donations of assistive equipment, including, but not limited to, wheelchairs, walkers, commodes and shower chairs (tub stools). These items are lent to residents and employees of Leisure World. Borrowing an item is a great way to test it out before purchasing.

Volunteers staff the FISH office Monday to Friday from 10 a.m.-1 p.m. in Clubhouse II. The office phone number is (301-598-1345).

FISH is closed for major holidays. If Montgomery County schools are delayed because of weather, the morning shift is cancelled. If schools are closed due to weather, FISH is closed.

If the FISH office is closed and you are looking for a lost item, go to the E&R office. E&R staff can check the closet or let you into the office.

Residents who would like to volunteer with FISH are asked to give Beth Leanza a call at (301-598-4569) to set up a training session.

## Health Advisory Committee

# Dec. 14: 'Shedding Light on the Winter Blues'

by Jean Muir

Winter seems to have arrived earlier than usual this year, along with shorter days, dreary skies and that dreaded wintry mix of weather.

If you are like many, it also brings sadness, anxiety and a just plain "blue" feeling. The holidays, while we hope they will bring joy, often can add to our stress. At this time of year when families get together, we often experience a sense of loss.

On Friday, Dec. 14, Kip Ingram and Susan Wilensky, bereavement counselors at Montgomery Hospice, explore the challenges of experiencing the "winter blues" and share some good ways to cope with them.

The presentation, sponsored by the Health Advisory Committee, is at 1 p.m. in Clubhouse I. The presentation is free for all residents, but registration is required. Drop by the Clubhouse I E&R office or call (301-598-1300).



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From left: Kathryn Balestino-Estes, AuD., Dr. Heather Schwartzbauer, M.D., Allyson Bull, AuD., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrosniak, M.D.

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## Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

**Alcoholics Anonymous (AA):** Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

**Bereavement Support Group:** If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

**Essential Tremor Group:** Hello to all those with Essential Tremor. We have missed seeing you at our meetings. Where have you been? The Essential Tremor Group meets at 10:30 a.m. the first Thursday of the month in Clubhouse I. There have been some exciting, new developments in research, such as a new tablet that measure the tremors in your hands and possibly the voice, that have been discussed. Try to come to the next meeting on Jan. 3 at

10:30 a.m. to find out about more new research and to meet other people with Essential Tremor.

**Free Blood Pressure Testing:** Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

**Memory Café:** The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or visit ([www.alz.org](http://www.alz.org)).

**Parkinson's Support Group:** The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or ([raywwjr@hotmail.com](mailto:raywwjr@hotmail.com)).

**Stroke Support Group:** You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

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# Clubhouse Grille

## STARTERS

- **Fried Oysters** ..... \$13  
cocktail sauce
- **Fried Calamari** ..... \$13  
marinara
- **Gravlox** ..... \$12  
goat cheese/garlic toast
- **Fish or Beef Tacos (3)** ..... \$12  
pico de gallo/avocado
- **Pei Mussels** ..... \$12  
wine and butter sauce /garlic toast
- **Shrimp Provencal** ..... \$13  
jumbo shrimp/garlic butter/mixed greens

## FRESH MADE SALADS

- **Seafood Salad** ..... \$17  
market fresh fish/shrimp/mixed greens
- **Steak Salad** ..... \$17  
mixed greens/tenderloin/red onion/egg
- **Lyonnais Salad** ..... \$14  
warm frisee salad/bacon/poached eggs
- **Poached Pear Salad** ..... \$12  
red wine poached pear/bleu cheese/walnuts

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We now feature several dishes of '1855' Beef - a high-end choice product - we think you will enjoy!

- **Filet Mignon** ..... \$23  
scalloped potatoes/roasted rainbow carrots/mushroom cream sauce
- **Grilled Rib Eye** ..... 6 oz. \$16 | 10 oz. \$23  
baked potato/roasted brussels sprouts/red wine butter
- **Beef Short Rib** ..... \$20  
orange glaze/mashed potatoes
- **New York Strip** ..... 6 oz. \$16 | 8 oz. \$21  
rainbow fingerling potatoes/mixed green salad
- **Surf and Turf** ..... \$23  
6 oz. New York strip/shrimp/mashed potatoes
- **New York Strip Chesapeake** ..... \$23  
6 oz. cut/crab imperial/hollandaise

## ENTREES

- **Roasted Chicken** ..... \$12  
creamy polenta/sauteed green beans/reduction jus
- **Grilled Lamb Chops** ..... (2) \$16 | (3) \$23  
mashed potatoes/roasted rainbow carrots/red wine demi
- **Chicken Pot Pie** ..... \$14  
roasted chicken/peas and carrots/mushrooms
- **Grilled Pork Chop** ..... \$18  
sweet potatoes/roasted brussels sprouts
- **Poached Cod** ..... \$20  
artichokes/roasted potatoes
- **Seared Scallops (5)** ..... \$23  
butternut squash puree/warm salad
- **Jumbo Shrimp Risotto** ..... \$20  
tomato/mixed veggies
- **Maryland Crab Cakes** ..... (1) \$15 | (2) \$23  
french fries/frisee salad
- **Shrimp and Grits** ..... \$23  
five jumbo shrimp/polenta cake/bacon
- **Grilled Salmon** ..... 6 oz. \$15 | 8 oz. \$22  
french fries/frisee salad
- **Seafood Marmite** ..... \$21  
fresh fish/shrimp/scallops/red wine/butter

## VEGETARIAN

- **Mushroom Risotto** ..... \$12  
risotto/mushrooms/asparagus
- **Veggie Plate** ..... \$10  
fingerling potatoes/glazed carrots/portabella mushrooms/kale

Menus are also available on ([residents.lwmc.com](http://residents.lwmc.com)). All menus may be subject to change.

**Clubhouse Grille Hours:** Tues. – Sat.: 4 p.m. – 10 p.m. | Sundays: 9:30 a.m. – 3:30 p.m.

**Stein and Terrace Room Hours:** Sunday: 9:30 a.m. – 8 p.m. | Mon. – Tues.: 9 a.m. – 8 p.m. | Wed. – Sat.: 9 a.m. – 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331



# CLUBS, GROUPS & Organizations

## Garden and Environmental Club

### Dec. 10: Holiday Greens Workshop and Dessert Party

by Jean DeSchraver

All residents and their guests are invited to join members of the Garden and Environmental (G&E) Club at their annual holiday party on Monday, Dec. 10, at 10 a.m. in Clubhouse I.

The G&E Club is fortunate to have a professional floral designer conduct the Greens Workshop this year. Anne M. Bucher, who has a degree in horticulture, will demonstrate and help participants make holiday decorations.

Bucher has many years' experience as a floral designer. She owned Hillview Designs for 15 years and freelanced with other designers five years prior to that. Although retired, she continues to teach floral design.

She is a master flower show judge and judges flower shows in many states. Bucher also is a member of the National Capital Area Garden Clubs, Inc. and the National Garden Clubs, Inc.

A variety of freshly cut greens are provided by the Leisure World grounds department and are available to everyone. Attendees



Treats served at last year's holiday party. Photo by Jean DeSchraver

should bring containers, ribbon, decorations and tools for their own use and to share with others. Greens will also be available to those who wish to take them for home decorating.

Refreshments will be served before, during and after the meeting. The G&E Club has become known for the desserts that are offered at every meeting, provided by Club members who bake, and the holiday party is a time for especially delicious ones. Coffee and tea are also served.

New members and guests are always welcome. For more information, contact membership chair Gwen Raphael at (301-598-7653) or (graphael@verizon.net).

## New Club Proposed

A club for residents who were born on Friday the 13th has been proposed.

Anyone who would like to form a club to talk about their life experiences with others born on Friday the 13th is asked to contact Alan Packer at (no1actor@aol.com) or (215-920-1599).

— Alan Packer

## Rossmoor Library Guild

### Two Books Illuminate Women During Wartime

by Barbara Long

The library in Clubhouse I recently procured two new additions to its collection, both about women during wartime.

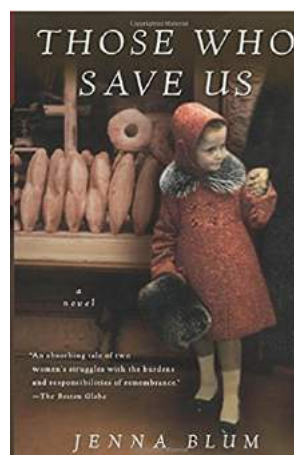
"Those Who Save Us," a first novel by Jenna Blum, portrays the experience of a young Aryan woman of privilege, Anna, during the Nazi reign of terror. While her father is trying to marry her off to one of his Party friends, she is secretly having an affair with a Jewish doctor.

She becomes involved with the Nazi resistance, gives birth to a daughter and is forced to become the mistress of a high-ranking SS officer. She survives, protecting her child, while feeding information to the resistance. How her life and that of her daughter unfold once she is "saved" by an American GI makes it an amazing story.

The book is an uncatalogued paperback, nearly 500 pages long and filed alphabetically by author at the rear of the library.

#### First Female Soldiers

"The Hello Girls: America's First Women Soldiers" by Elizabeth Cobbs is a non-fiction book recently made into a documentary that was shown on PBS and at The National Archives Museum in Washington, D.C.



In 1918, 223 female telephone operators from across the country were sworn into the U.S. Army Signal Corps and sent to France. They handled hundreds of calls a day in areas close to the front and, during the final battles, near the shelling. Yet when they were discharged home, the government denied they were soldiers and gave them no military benefits or recognition.

For 60 years, they fought for acknowledgment in their home states and in the halls of Congress. By the time the group had won its personal battle for recognition, many of their ranks were dead.

Cobbs is a Harvard-based historian, and her detail of the political and social factors leading up to World War I is well documented. She tells how the "Hello Girls" fight for military women's rights has continued.

The stories of individual operators bring the book to life. Never dry, the saga holds the reader's interest.

The book is catalogued and filed in the non-fiction section under "biographies."

## Book Club Network

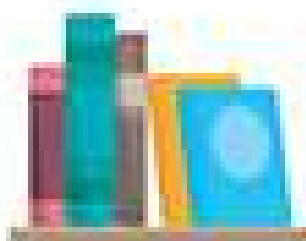
### Dec. 11: Non-Fiction Book Club Meeting

An organizational meeting of a new Non-Fiction Book Club is held on Tuesday, Dec. 11, at 2 p.m. in Clubhouse I. For further information contact Verna Denny at (301-598-1418) or (verhd@msn.com).

#### Club Information

The Book Club Network is a collection of book discussion groups of eight or 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club.

— Verna Denny





**Gem, Lapidary and Mineral Society of  
Leisure World**

## Dec. 9: Celebrate the Season with 'Gem' of a Party

The holiday dinner party of the Leisure World Gem, Lapidary and Mineral Society is on Sunday, Dec. 9, at 6 p.m. at the Clubhouse Grille in Clubhouse I.

Meals will be ordered individually from the menu. The dinner is for Group members and their guests only.

Contact Frank Roddy at (roddy.frank2014@comcast.net) or (301-598-3698) if planning to attend so the Group has a head count for setting up places at the tables.

Traditionally, the Group does not have a meeting with a presentation during December, so the party is a substitute for that.

— Frank Roddy

**Vegetarian Society of Leisure World (VSLW)**

## Dec. 20: Lunch at Yuan Fu Restaurant

by Bob Fenichel

VSLW has rescheduled its visit to the Yuan Fu Restaurant to Thursday, Dec. 20, at 1 p.m. Yuan Fu is a vegan Chinese restaurant located at 798 Rockville Pike in Rockville.

To get there, drive west on Norbeck Road and turn right on Rockville Pike. The restaurant is about 200 feet up Rockville Pike on the right. If attending, RSVP by Monday, Dec. 17, to Helen Gross at (hgross75@verizon.net) or (301-438-2077).

### Dues

It's time for members to pay dues for the 2019 calendar year. Mail a check for \$10, payable to VSLW, to treasurer Helen Gross at (3100 North Leisure World Blvd., #710), or give her your check at an event.

### General Information

Additional information on VSLW activities is available at (www.vslw.org). Please note that everybody is welcome at VSLW activities; residents don't have to be vegetarian to participate.

The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."



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**Ballroom Dance Club**

## Dec. 11: Vote for New Slate of Officers at Annual Meeting

by Joyce Hendrix

All members are welcome to attend the Ballroom Dance Club's annual meeting on Tuesday, Dec. 11, at 10:30 a.m. in Clubhouse I.

Come to the meeting and vote for our new slate of officers: Joyce Hendrix (incumbent), president; Jim Leong, vice president; Harold Freeman, secretary; and Marita Buscher, (incumbent), treasurer.

The Club welcomes your ideas and suggestions for the 2019 dances. The bands have been booked for the January through November dances.

### Membership

Members may pay annual 2019 dues at the meeting or at the door at any of the 2019 dances. Membership dues remain at \$10 per person per year, and entitle members to pay \$10 per member for entrance to each Club-sponsored monthly dance, January through November.

The Club prefers payment by check, made payable to LWBDC.

Non-members and guests pay \$15 per person at each monthly dance.

### Holiday Dances

Perrie, LLC sponsors a New Year's Eve dinner dance on Monday, Dec. 31, in the Clubhouse I Crystal Ballroom. Reservations and payment can be made at the Clubhouse Grille. For more information and reservations, call (301-598-1330).

Perrie, LLC also sponsored the Holly Ball dinner dance held on Dec. 1.

### January Dance

The next Ballroom Dance Club dance is on Saturday, Jan. 26,

at 7:30 p.m. in the Clubhouse I Crystal Ballroom, with music by a group new to the Club, The David Cole Trio.

Some residents may have heard them on a Friday night earlier this year in The Stein Room in Clubhouse I. Club members look forward to dancing to their ballroom music at the January dance.



**Happy Holidays**

**Contact:**  
**Chris Jeffries,**  
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# Dec. 11: Holiday Party Features Club's Two Julies

by Fred Shapiro

It's party time for the Rossmoor Camera Club when it celebrates the holidays with a social event and program on Tuesday, Dec. 11, at 6 p.m. in Clubhouse I.

The program features slideshows by the Club's two Julies – Julie Friedman and Julie Thomas. At this annual holiday party, members will have the opportunity to order their meals from the Terrace Room's menu.

RSVP to president Stewart Lillard by Monday, Dec. 10, at (slmeigs1836@yahoo.com) or (301-598-5181) to ensure ample seating is available.

## About the Presenters

Friedman's slideshow, "Parts Unknown: Newfoundland," covers a trip taken in July 2018 with highlights that include the rugged coastline, millions of puffins and other seabirds, the humpback and minke whales and more.

Friedman's first camera, a Kodak Instamatic, started her adventure in photography. In addition to family pictures, she has made vacation notebooks, switching to online photo books. To date, she has made 16 travel photo books.

Thomas and her husband documented



At left, Julie Friedman during a trip in Newfoundland, Canada. At right, Julie and Bill Thomas stand on the Pembrokeshire coast in Wales, U.K. Courtesy photos



their summer 2017 trip in a slideshow called "Bill and Julie's Journey to Find their Welsh and Scandinavian Roots." The couple journeyed to London and Wales, and then to Stockholm and the Aland Islands in Finland, shooting many photographs of the scenery and people.

## Membership

The Rossmoor Camera Club encourages residents to join and learn how to improve and enjoy their photographs. The Dec. 11 social and meeting is a good place to meet

and befriend Club members.

Membership has two levels. Members who expect to compete in the monthly competitions pay dues of \$25 for the year. Residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of \$15.

Mail checks for dues to Woody Shields, Rossmoor Camera Club, at (3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906).

For more information about the Club, visit ([www.rossmoorcameraclub.com](http://www.rossmoorcameraclub.com)).

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# A Painting a Day

by Ann Bolt

“A painting a day keeps the doctor away,” is the motto floating around the Art Studio in Clubhouse I as of late.

Attributed to Bert Mao, instructor of the Chinese Brush and Ink Landscape Painting class, most of his students are repeatedly exclaiming, “I am learning so much!”

‘Learning’ in his class involves more than just how to hold a brush, make thick and thin lines and keep from spilling the ink. Mao takes his students on a mental journey through history, philosophy and symbolism as he paints imaginary landscapes with mountains, trees, water, mist, sky, houses and wee tiny boats off in the far distance.

Students sit enthralled as he demonstrates his skill with a brush, and then they scatter to attempt to apply the same to their own paintings. The class provides an excellent opportunity to compare the Western and Eastern approaches to painting.

Students are already eager to sign up for his winter session class starting on Friday, Jan. 11, from 10 a.m.-12:30 p.m.



From left, painting of Ann Bolt, age 13 months, for the open studio project; Bertrand Mao, instructor of the Chinese Brush and Ink Landscape Class; and practice sheets by Sheila Scott, Helen Andrews and Ann Bolt gather inspiration for Mao’s class. Photos by Ann Bolt

## Open Studio

Under the guidance of Dan Ranhart, the Saturday Open Studio project is to draw or paint yourself, a child or grandchild, up to age five.

This project was described as cute and charming when done before. The paintings can use any media. The deadline is Friday, Jan. 4, with paintings ready to hang.

## Classes

Art classes are scheduled with breaks for various holidays. Classes are currently meeting until Friday, Dec. 14, and then break for the holidays, until starting again on Monday, Jan. 7 for the winter session.

Newer classes include drawing with Ron Erlich and

pastels with Doris Bryant. Favorite standbys include oil painting by Barbara Piegari, while Genevieve Roberts teaches painting miniatures using oils or acrylics. Millie Shott and Firouzeh Sadeghi teach watercolor classes.

Erlich will also have a painting class using any medium. A detailed schedule is available in the Art Studio vestibule.

Give that inner creative child a chance by enrolling in an art class in the New Year. It is good for the soul and good for your health. Residents pay \$65 per class, and non-residents pay \$70.

If you haven’t already become a member of Rossmoor Art Guild, the annual fee is \$15. Lockers for art supplies are available to rent. Fellowship and fun are free.



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# Dec. 10: Learn About Internships Available at the National Institutes of Health

by Fred Shapiro

**D**o you have grandchildren with an interest in studying and pursuing a career in the sciences?

On Monday, Dec. 10, the Center for Lifelong Learning (CLL) hosts a presentation, “Summer Internship Opportunities at the National Institutes of Health (NIH) for High School and College Students,” by Dr. Belen Hurle of the NIH. Her presentation is at 10 a.m. in Clubhouse I.

Residents are encouraged to bring their young family members to learn about these opportunities. The program is designed to appeal to students who are interested in exploring science, technology, engineering and math (STEM) careers.

The presentation is free, but registration is required.

Drop by the E&R office in Clubhouse I, or call (301-598-1300).

NIH is the nation’s biomedical research institution – located right here in Leisure World’s “backyard.” Summer internships at the NIH can be formative experiences for college and career readiness.

Come learn what interns do, the application process and tips for success.

## Internship Program

The application period for summer 2019 internships opened in November, so this seminar is timely to encourage grandchildren to apply. The internship program is open to students 17 and older; over 1,300 students

are accepted every summer.

The internship includes a stipend and transportation benefits. The internships apply to all STEM fields represented at the NIH campus. They include nurses, doctors, genetic counselors, public health, nutritionists, psychologists, engineers (imaging and biomechanics), computer scientists, software engineers, programmers, statisticians, veterinaries and laboratory technicians.



Dr. Belen Hurle. Photo by Fred Shapiro

## About the Presenter

Hurle develops models of public engagement related to

genetics and public health. Specifically, she identifies target populations and public health issues in need of education programs, and develops partnerships around them between the National Human Genome Research Institute (NHGRI) and communities of interest.

Hurle is the intramural training program coordinator at NIH. She holds a doctorate in biology from the University of Oviedo in Spain.

She joined the NHGRI at the NIH in November 2002 after completing four years of postdoctoral training in molecular genetics at Washington University in St. Louis, Missouri, where she studied the inner ear and balance.

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## LW Yahoo Groups

# Yahoo Groups Becomes More Informative

by Paul Eisenhaur

**L**eisure World Yahoo Groups is an online forum and email list serve that provides informal, online communication between neighbors. It provides residents an opportunity to seek information, post announcements, share photos and files.

Yahoo Groups is not an official part of Leisure World's governance. Governance members can post on the forum in their capacity as a resident, but their thoughts are their own and do not necessarily reflect the Leisure World Community Corporation board of directors' position. The list serve also is not intended to be used as a 'bully pulpit' for any resident.

In an effort to keep list serve members better informed on governance happenings, the amount of informational postings about governance and other community activities will increase.

All postings will follow the Yahoo Groups rules and are intended to provide information. Any replies to one of these postings will only be to clarify given information.

## How to Join

The Yahoo server has many layers of security and requires user verification when signing up for an account. This list serve is monitored daily to assure the stated Group rules are followed. To join, visit (<https://groups.yahoo.com/neo>).

In the Search Groups window, type "leisureworldmd." Click on "leisureworldMD" indexed item, and then click on the Join Group tab. Follow the instructions from there.

For questions or concerns, contact the moderator, Paul Eisenhaur, at ([paule@lwm10.com](mailto:paule@lwm10.com)).



# Dec. 15: Don't Miss the Winter Open House



At left, trains deliver cargo to their final destinations during a recent operating session. At right, youngsters watch a Lionel freight train roar by at a past Winter Open House. Photos by Alan J. Goldstein

by Alan J. Goldstein

The Rossmoor Model Railroad Club holds its Winter Open House on Saturday, Dec. 15, from 10 a.m.-3 p.m. in the lower level of Clubhouse II.

If you haven't seen the trains run at the Club's annual holiday event, you don't know what you're missing. If you have been there previously, then you know exactly why you should return.

The Club has three large layouts in the lower level of Clubhouse II featuring O gauge, HO and N gauge trains. The O gauge Lionel trains are always a favorite of the youngsters, while the HO and N scale layouts feature realistic models of real-world railroads and the industries, cities and towns that they serve.

The Club's enormous HO gauge layout is a modeler's dream, set up to support the demands of scale model railroad operation using manifests and schedules to deliver freight from producers to their customers where and when they are needed. Hidden yards simulate distant destinations, where cars and engines are stored pending their next assignment.

The O gauge layout features the best Lionel had to offer in its heyday during the post-war era, with trains and cars rumbling by in all their noisy splendor. During every open house, grandchildren and their parents gawk as their parents and grandparents did when they were growing up.

In addition to the upcoming Open House, a G gauge layout

installed by the Club is up and running in the Administration Building, weaving its way through the trees and plants in the lobby for the duration of the holidays.

## Club Information

The Club meets on the second Thursday of the month at 4 p.m. in Clubhouse II, and has working and operating sessions every Monday and Wednesday from

5:30-7 p.m., and Thursday from 2-4 p.m. at the train yards in the basement of Clubhouse II.

For further information or to join, call Marilyn Chmielewski, president, at (301-438-3259).



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**H** – Located on the 6th floor in Building 2 of **The Greens**, this 2 bedroom, 2 bath apartment has lovely golf course/pond/views. Windows on three sides include the table-space kitchen, formal dining room, and wonderful enclosed balcony! New wall-to-wall carpeting, ready for move-in. **\$185,000**

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**B** – In Building 1 of **Villa Cortese**. Bright and spacious, fresh paint, and ready for you to move in! Two bedroom, 2 bath apartment very close to Clubhouse I. Living room, dining room, table-space kitchen, enclosed balcony, sunny and bright and priced to sell! **\$215,000**

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# Go Green for the Holidays

by Tina Lunson

Consider making sustainable holiday choices when shopping, traveling, sending cards, decorating and choosing gifts. When people save energy and resources, they protect the environment and safeguard health both now and for the future.

People may not realize they are already working toward sustainability when they reuse and recycle, compost, walk and bike, take transit or drive low-emission vehicles, conserve water and electricity, join community cleanup efforts or otherwise save resources.

The more that people participate in these energy- and resource-saving activities, the greater effect it has on the planet.

For many people though, their priority during the holidays is time spent with family and friends. But the holidays can also be a time when people create too much waste.

## Sustainable Holidays

Consider these statistics from the Vanderbilt University Sustainable Holiday Greening Guide:

- Americans throw away about 25 percent more trash between Thanksgiving and New Year's Eve
- If every American family wrapped just three presents in reused materials, it would save enough paper to cover

45,000 football fields

- About 35 percent of Americans have an unused Christmas present collecting dust in their closet

To incorporate sustainability into holiday celebrations, consider the following tips for decorating with items that are energy-efficient and durable:

- Buy an artificial tree that can be reused for many years
- Contact your state cooperative extension service to find out about trees grown in your area. Consider buying a living tree you can plant outside or keep as a houseplant after the holidays
- Give gifts that are durable, energy-efficient and recyclable or made of natural products
- Make your own gifts: knit, sew, bake, build or create art; make calendars using your own photographs or a recipe book with favorite recipes
- Place your used Christmas tree on the nearest parking lot curb in your mutual, in a visible location. Residents who live in a high-rise or mid-rise building are asked to place their tree next to the dumpster, not in the dumpster, and call the Grounds Department at (301-598-1314). The trees are taken to an off-site recycling center to be ground and made into mulch as part of Montgomery County's recycled mulch program

Use energy efficiently by:

- using few or no lights in holiday decorations
- decorating with more energy-efficient LED string lights
- plugging decorative indoor and outdoor lights into a timer to save electricity
- decorating creatively and inexpensively with natural materials from the yard or with items you already own
- saving money and resources by making your own gifts

## Shopping and Gifts

Use fewer resources when shopping, wrapping and gift-giving by:

- shopping online
- taking your own bags on shopping trips
- combining several shopping trips into one, using mass transit or carpooling
- giving gifts that are durable, energy-efficient and recyclable or made of natural products
- purchasing gifts that are fair-trade, locally made and organically grown
- buying from local merchants, craft shows or antique shops
- giving in ways that also support the community: tickets to local theater performances, concerts, sports events and local attractions; museum memberships; gift certificates for a massage at a local spa; a horseback riding or rock climbing lesson
- giving your time and skill instead: coupons for household chores, meals, gardening, cleaning, window washing,

car detailing, scheduled dog walks or lessons in computer or smartphone use

- donating to a charity or organization in the name of a friend or relative

## Cards and Gift Giving

Creative materials that may be used for gift wrap include scarves, fabric and handkerchiefs; old maps, sheet music and advertisements; and reusable tins, baking pans or other home or garden items.

Residents can also consider:

- emailing cards or making their own
- buying cards made from "post-consumer" content and printed in nontoxic inks
- reusing the fronts of old cards as holiday postcards or gift tags.
- giving cards that are eco-friendly
- considering alternatives to battery-powered toys. If you must provide batteries for a gift, be sure to buy rechargeable ones. If you are giving electronics, choose energy-saving items

## Food

Sustainable food choices may include:

- researching sustainable food choices in the area, and buying locally if possible
- buying snacks and beverages in bulk to avoid extra packaging
- serving food with washable utensils, plates and glasses, rather than disposable items
- making homemade eggnog, hot chocolate or iced tea in large quantities

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## Republican Club

# Celebrate the Holidays with the Republican Club

by Fred Seelman

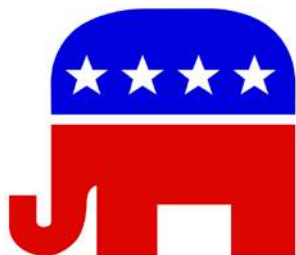
The Club's next meeting is on Tuesday, Dec. 18, in Clubhouse I, with a change of start time to 1:30 p.m.

At the meeting, the Club will continue its tradition of celebrating the holiday season with a party. Heart of Maryland chorus director Karen Collins again leads members in the singing of carols, and some members will bring food and games. Members are encouraged to bring guests so that the Club can expand its reach.

Members will also discuss the Club's future, including January's nominations for office and the February election, as well as any other pertinent issues.

Members who would like to become officers are asked to make their intentions known at the next meeting.

Send comments or questions about these or any other Club matters, and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com). Join the Club for another quality event on Dec. 18. And enjoy our refreshments.



## National Active and Retired Federal Employees (NARFE) Chapter 1143

# Dec. 17: Chapter Holds Holiday Luncheon at Bedford Court

by Jewel Lee

NARFE Chapter 1143 invites its members and guests to a delicious holiday luncheon on Monday, Dec. 17, at 12:15 p.m. at Bedford Court.

The cost is \$12 per person, tax and tip included, with a choice of either roasted chicken or salmon, with salad, broccoli and baked potato, and tea, coffee, juice or water. Dessert is warm apple pie served à la mode.

To attend, mail a check, payable to NARFE Chapter 1143, to Jewel A. Lee, treasurer, at (3528 Chiswick Ct., Silver Spring MD 20906-1614).

Bring a friend and enjoy the 2018 holiday season with NARFE!



For more information about NARFE, see (www.NARFE1143.org).

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# Dec. 17: Cantor Susan Berkson Presents the Music of Havdalah

by Barbara Eisen

Cantor Susan Berkson is guest presenter at the Hadassah Judaic Studies meeting on Monday, Dec. 17, at 1:30 p.m. in Clubhouse I.

She will share music associated with Havdalah, the candle-lit, spice-filled moment when we transition from Shabbat to the week ahead.

Berkson, who was awarded an

honorary doctor of music from Hebrew Union College in 2014, has served as cantor at Temple Emanuel in Kensington, as well as congregations in Havre de Grace and Germantown. Her CD of Jewish liturgical and life cycle music, "Life as a Song," is currently available on iTunes.

The program is free and open to all residents. Attendees are encouraged to share Havdalah moments in their lives, and are

invited to bring to the meeting unusual or simply beautiful Havdalah sets, especially artfully crafted spice-holders, which are often fancifully designed.

\$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

## Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The cards are \$3 each. Cards are displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

## Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of

## General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Ruth Temin at (301-288-7387) or (teminar@comcast.net); Lois Fields at (301-585-9804) or (loisfields2@earthlink.net); or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).



Cantor Susan Berkson.

Photo courtesy of Howard Community College

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## Dec. 16: Brunch with Cantor Caron Dale

by Jonas Weiss

The Jewish Residents of Leisure World (JRLW) holds its next brunch on Sunday, Dec. 16, at 10 a.m. in Clubhouse I.

Cantor Caron Dale will entertain the group with a taste of Jewish soul music.

Find out what these incredible musicians have in common: the Gershwins, Oscar Hammerstein, Marvin Hamlisch, Paul Simon, Carol King, Billy Joel, Paula Abdul, Bette Midler, Carly Simon, Amy Winehouse, Barry Manilow and more. Dale will present humorous stories, beautiful photos and songs.

### Make Reservations

To reserve your spot at the brunch, send checks for \$12 per person, payable to JRLW, to Shirley and Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906).

Get reservations in before Monday, Dec. 10, as these programs sell out and there is no admission at the door without a paid reservation.

### Religious Services

Rabbi Gary Fink leads a Reform service on Friday, Dec. 7, at 7:30 p.m. in The Inter-Faith Chapel.

Cantor Michael Kravitz leads Conservative services on Saturday, Dec. 8, at 9:15 a.m. in Clubhouse II. Egon Guttman will give the D'var Torah and Wendy Morrison will chant the Haftorah.

Rabbi Moshe Samber conducts abbreviated Sabbath services on Saturday, Dec. 15, 22 and 29 at 9:15 a.m. in Clubhouse II.

### Donations

For the Torah maintenance fund, send checks, payable to JRLW (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

Donations for prayer books go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B). Janet is asking for someone to help her label the prayer books.

Donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor, or general tzedukah should go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring MD, 20906).



Cantor Caron Dale. Photo courtesy of Facebook



## Jewish Discussion Group

## Dec. 23: Meeting Covers Range of Jewish and Israel-related Topics

by Jerome "Jerry" Cohen

The group meets on Sunday, Dec. 23, at 10:30 a.m. in Clubhouse II. Come and enjoy the lively discussions that will surely take place during this traditional American holiday season.

Attendance at the Group's discussion sessions is increasing, and the resulting input from new participants continues to enrich the Group's lively discussions. Time limitations are now in effect, which provides everyone who wishes to an opportunity to participate.

A range of Jewish and Isra-

el-related subjects are generally discussed, and a featured presentation by a subject matter expert occurs several times per year.

### General Information

The Group invites all residents to attend these free discussion sessions of the fourth Sunday of the month from 10:30 a.m.-noon in Clubhouse II. For additional information or to have your email address added to the monthly notification list, contact email group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.com).

## Reminder: No Dumping

The dumpsters located near Clubhouse I and II are designated for clubhouse trash disposal; they are not for individuals' trash or other discarded or unwanted items, such as furniture or household items.

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# Jan 17: Learn About Captioned Telephones that Help the Hearing-Impaired

by Fred Shapiro

One of the major impairments suffered by seniors is loss of hearing, aggravated in part when trying to use the telephone.

On Thursday, Jan. 17, the Jewish War Veterans Post 567 and the Center for Lifelong Learning (CLL) co-sponsor a presentation by Barbara Fulton of ClearCaptions, who will speak about the availability of no-cost, captioned telephones.

The presentation is at 2 p.m. in Clubhouse I and is free to all residents. Registration is required beginning Tuesday, Dec. 11, by either stopping by the Clubhouse I E&R office or calling (301-598-1300).

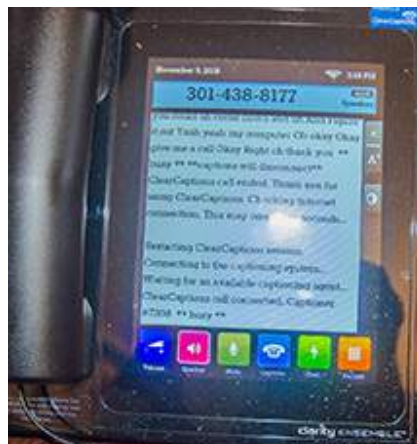
Under the program's provisions, veterans and seniors

with hearing disabilities are eligible to receive a free ClearCaptions Ensemble telephone, installation included. At the end of the presentation, Fulton will make appointments with attendees who are interested and qualified.

The ClearCaptions Ensemble telephone comes with a touchscreen that enables the user to not only hear, but also read the text of conversations in near real-time on a large color touchscreen. The phone also provides the means of amplifying vocals, so users can see and hear what callers are saying, ensuring they understand the entire conversation.

## About the Speaker

Fulton is a Title IV ADA specialist. As an advocate



At left, the ClearCaptions touchscreen telephone enables the user to read text in near real-time. At right, Barbara Fulton of ClearCaptions. Photos by Fred Shapiro



for veterans and other populations with hearing loss, she is able to educate others about this federally funded captioned phone that was approved by the Federal Communications Commission (FCC).

Fulton holds a bachelor's degree in information tech-

nology and an associate's degree in business from the University of Phoenix.

Her 20 years plus experience has spanned diverse roles in several industries including telecommunications, information technology, healthcare and broadcasting.

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# Celebrate the Joy of Hanukkah

by Carole Mund

**H**anukkah began at sundown on Dec. 2. It is a time to celebrate the joy of miracles, but unfortunately; many are still in need of support and services.

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women and services and assistance for new immigrants, as well as centers for the prevention and treatment of domestic violence.

NA'AMAT is proud of its 233 daycare centers that are located throughout Israel that ensure the safety and security of over 17,000 pre-school children, and the 40,000 families that depend on NA'AMAT for social, psychological and economic services.

## Donations

While sharing the many joys of Hanukkah with family

and friends, remember those less fortunate. Scholarships are earmarked for the many programs that NA'AMAT sponsors.

Donations go toward everything from programs to support children at risk and maintenance of essential daycare programs, to professional training and direct scholarships for continuing education for women and children.

The scholarships range anywhere from \$100 to \$5,000. However, any amount of donation will assist in continuing the important services and programs NA'AMAT sponsors in Israel.

To donate, send a check, payable to NA'AMAT RBZ, to Gladys Blank at (15100 Interlachen Dr. #117, Silver Spring, MD 20906). For questions, contact Gladys at (301-438-9666).

## Mah-Jongg Scorecards

Mah-jongg scorecards are

\$8 for regular size and \$9 for large. To purchase, send a check, payable to NA'AMAT RBZ, to Lenore Kalen at (15100 Interlachen Dr. #616, Silver Spring, MD 20906). NA'AMAT receives a small stipend for each scorecard sold.

Remember to make sure that all names, addresses and telephone numbers are correct, as the scorecards are sent directly to their recipients. For questions, contact chairperson Lenore Kalen at (301-922-4348).

## Executive Board Meeting

Because of the possibility of inclement weather, there is no general meeting in January or February. However, planning for spring activities continues at NA'AMAT's executive board meetings.

All planning for events and activities are done at executive board meetings. Any member is welcome to attend and participate. The executive board is open to new ideas and

encourages participation by its members.

Attending board meetings are an excellent way to meet the people that are dedicated to the mission of NA'AMAT. Fund-raisers not only raise funds to support necessary programs, but also provide activities for people to enjoy with friends. An organization needs people who are interested in making these activities happen as well as participating in them.

The executive board's next meeting is on Tuesday, Dec. 18, at 10:30 a.m. in Clubhouse I.

## Save the Dates

- April 10 – Spiritual Adoption Luncheon
- May 8 – Donor Luncheon at the Argyle Country Club

For more information, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666). For tribute cards, call Lenore at (301-922-4348).

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# Caruso, Comedy and Little Italy Top 2019's List of Events

by Flo Merola

The Italian Social and Cultural Club celebrated the holidays on Dec. 5 with their annual dinner dance in the Crystal Ballroom.

It was the final event of 2018

following the ever-popular Café Cinema in September and the successful wine tasting party in October.

## 2019 Events

The Club has planned several events for 2019 that are open to all residents. On Sunday, Feb. 24, the Club resumes Café Cinema with the documentary film "Mario Lanza: The American Caruso."

On Sunday, March 24, the Club is excited to bring residents "Joey and Gina's Comedy Italian Wedding" with Italian cuisine in the Clubhouse I Crystal Ballroom. Details are forthcoming.

And then on Sunday, April 28, the Club takes a day trip to Little Italy in Baltimore.

For more information, see the Club Trips section of this publication.



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# New Yorkers and Friends Kick Off the New Year with Luncheon

by Linda Mahler

The New Yorkers and Friends Group kicks off the New Year with a special luncheon on Thursday, Jan. 10, from 12:30-2:30 p.m. at Bedford Court, following the Group's meeting.

The cost of the lunch is \$10 and includes a choice of three entrées: fish fillet sandwich and fries, Caesar salad with chicken or salmon (specify choice) or soup and salad bar. The dessert is New York-style cheesecake!

Attend this special luncheon to get better acquainted with other 'New Yorkers and Friends.'

Seating is limited; make a reservation by sending a check of \$10, payable to Bedford Court, to Linda Mahler at (15101 Interlachen Dr. #1014, Silver Spring, MD 20906).

Be sure to include your choice of entrée with the check. Reservations will also be taken at the Thursday, Dec. 13, meeting. Carpools will be arranged for those needing transportation. The deadline for reservations is Friday, Jan. 4.

## December Meeting

The Group hopes to see everyone at its Dec. 13 meeting at 10:30 a.m. in Clubhouse I. Bring \$10 dues at that time. Coffee and tea will be provided, and attendees are encouraged to bring refreshments to share. The meeting's theme is "favorite memories in New York around the holidays."

For more information about the Group, contact Connie Blake at (301-438-2667) or ([connieb-lake1@verizon.net](mailto:connieb-lake1@verizon.net)).

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# Group Plans Summer Trip to National Black Theatre Festival

by Patricia Means

All residents are invited to attend LWAAAC's trip to the 16th biennial National Black Theatre Festival from Monday, July 29 through Friday, Aug. 2, 2019 in Winston-Salem, North Carolina.

The National Black Theatre Festival is a historic event that illuminates African-American artistic endeavors and transforms the North Carolina city into a mega-performing arts center with over 100 performances by star-studded celebrities.

Eyre Travel arranges travel and hotel accommodations. For additional information, see the Club Trips section of this edition or contact Al Holston or Glenne Martin at (301-438-3537), or Verna Denny at (301-598-1418).

## Membership

Membership registration is an on-going process. The dues are \$20 per person (checks only, payable to LWAAAC) and cover the period of July 1, 2018 through June 30, 2019.

Payment may be made at meetings, via the LWAAAC mail slot in Clubhouse I E&R office or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908). For additional information, contact Alfonso Holston, membership chair, at (301-438-3537).

A special thanks goes to Marian Hayden for her generous contribution to expedite the membership process.

## Robocalls

A robocall system operated by Technology Solutions, Inc. on behalf of LWAAAC is used to notify members of meetings and events. The

name, Technology Solutions, Inc., or VSMR Enterprise, will appear or be announced via a resident's caller identification system.

Upon answering the call, there is a short pause before the start of a message. Do not delete or block the call or hang up because it is a LWAAAC announcement.

Members who are not receiving LWAAAC robocalls are asked to inform Alfonso Holston, membership chair, at (301-438-3537).

## Display Showcase

Charles "Chuck" and Juletta Smith, both recently deceased, were long-time residents, who were well known for their participation in numerous Leisure World activities. Chuck drove his golf cart in every Independence Day parade and was a past LWAAAC president.

A memorial service for the couple was held on Nov. 3 and the service program and photos are displayed in the LWAAAC showcase located in the hallway behind the Clubhouse I E&R office. LWAAAC president Juanita Sealy-Williams arranged the display.



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# Dec. 17: Hundreds of Gift Items at Vendor Sale

by Marcia Elbrand

Rossmoor Women's Club's (RWC) popular vendor sale is on Monday, Dec. 17, from 10 a.m.-2:30 p.m. in the Clubhouse I Crystal Ballroom, when hundreds of gift items, nearly all priced at \$6 each, will be sold.

The sale, which is open to all residents, includes accessories

for men, women and children. Useful items such as umbrellas, wallets, socks and striking shopping totes will be sold. Glamorous, well-made costume jewelry is always one of the best-selling items. Winter hats, designer scarves and easily packable stoles will also be sold.

Cash and major credit cards are accepted. RWC volunteers will be on hand to help with selection of, packing and bagging purchases.

## One More Chance for Sweet Treats

On Monday, Dec. 17, beginning at 10 a.m. in Clubhouse I, RWC volunteers will also be selling holiday treats – pecans, chocolates and fruitcakes – as an additional fundraiser.

Bags of fresh-shelled pecans (\$14), chocolate-covered pecans (\$12), cinnamon-sugared pecans (\$12), bags of individually wrapped chocolate covered caramel pecan clusters (\$8),

boxes of See's truffles (\$15), See's nine-piece assorted chocolate Polar Bear sampler boxes (\$8), and Claxton's Old-Fashioned one-pound fruitcakes (\$5) will all be available for purchase.

For this sale, cash and checks are accepted, but not credit cards.

## For a Good Cause

Club president Aggie Eastham reminds residents that coming to Clubhouse I to pick up a few last-minute gifts or treats is far easier than facing holiday crowds in area malls.

"And, you get the satisfaction of knowing that profits from these sales stay right here in the community, supporting college scholarships, local hospices and the Club's other charities," she adds.

Last year, RWC donated approximately \$15,000 to area charities, including FISH and Fireside Forum at Leisure World, and to the only domestic violence shelter in Montgomery County,

the Betty Ann Krahnke Center.

The Club also provides both volunteer help and in-kind gifts to A Wider Circle and to the Head Start class for four-year-olds at nearby Harmony Hills Elementary School. Other recipient agencies include Fisher House, which provides housing for family members visiting hospitalized military service members.

## Membership

For further information about membership or to join, contact membership chairperson Arlene Siller at (abs929@yahoo.com), or send a check, payable to RWC, for the \$40 annual dues to her at (3100 North Leisure World Blvd., #909, Silver Spring, MD 20906).

"We're a really diverse group," Siller says. "What we have in common is the desire to plan and execute events that are fun, and that raise money for neighbors in need."

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# Club Adds Gift to Trips

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday (known as Saturday Afternoon Live – SAL) at 2 p.m. in Clubhouse II.

## Trips

The final trip of 2018 is on Tuesday, Dec. 11, when GIAC travels to Dutch's Daughter restaurant in Frederick, Maryland, to enjoy fine dining as well as holiday decorations, music and a drawing for a gift for one lucky diner.

Also included is a stop on the way home at Langanore Winery in Mt. Airy, Maryland, to learn how their wine is made, taste a variety of styles and shop for gifts.

The first trip of 2019 is on Wednesday, March 27, to Lancaster, Pennsylvania, to experience "Murder at Mt. Hope Museum," an interactive, whodunit performance that includes a four-course meal.

Cast members will visit tableside to impart veiled clues to be collected and used to solve the murder as humor explodes when guests interrogate the suspects and uncover the guilty party.

Other upcoming trips include The American Music Theatre in Lancaster, Pennsylvania, on Wednesday, May 15, and Pigeon Forge and Smoky Mountain Shows in Tennessee from Monday, Sept. 16-Friday, Sept. 20. Detailed information on these trips is in the Club Trips section of this publication.

All residents are invited to attend GIAC trips. Sign-up for trips is during SAL from 1:30-3 p.m. in Clubhouse II, when a representative of the program committee is available to receive payments and answer questions.

The GIAC News, which also has more trip information, is available for pick up during SAL. For questions about trips, stop by the SAL information table or call Joe Parker at (301-598-3457) or Sylvia Pachenger at (301-598-5325).

## Games

Games begin every Saturday at 2:30 p.m. right after armchair travel. Members play bridge, Mexican train dominoes and Rubik's cube in the Clubhouse II lobby and game room. Members are also welcomed to bring their own favorite games.

Bingo is usually played on the second and fourth Saturdays of the month, and Pokeno is played on the first and third Saturdays. During one Saturday each month, a gift is awarded to one lucky member in attendance.

Anyone interested in more information about games should contact Sylvia at (301-598-5325).

## Membership

Those wishing to sign up for membership can do so at the information table during SAL from 1:30-3 p.m. in Clubhouse II, when representatives can

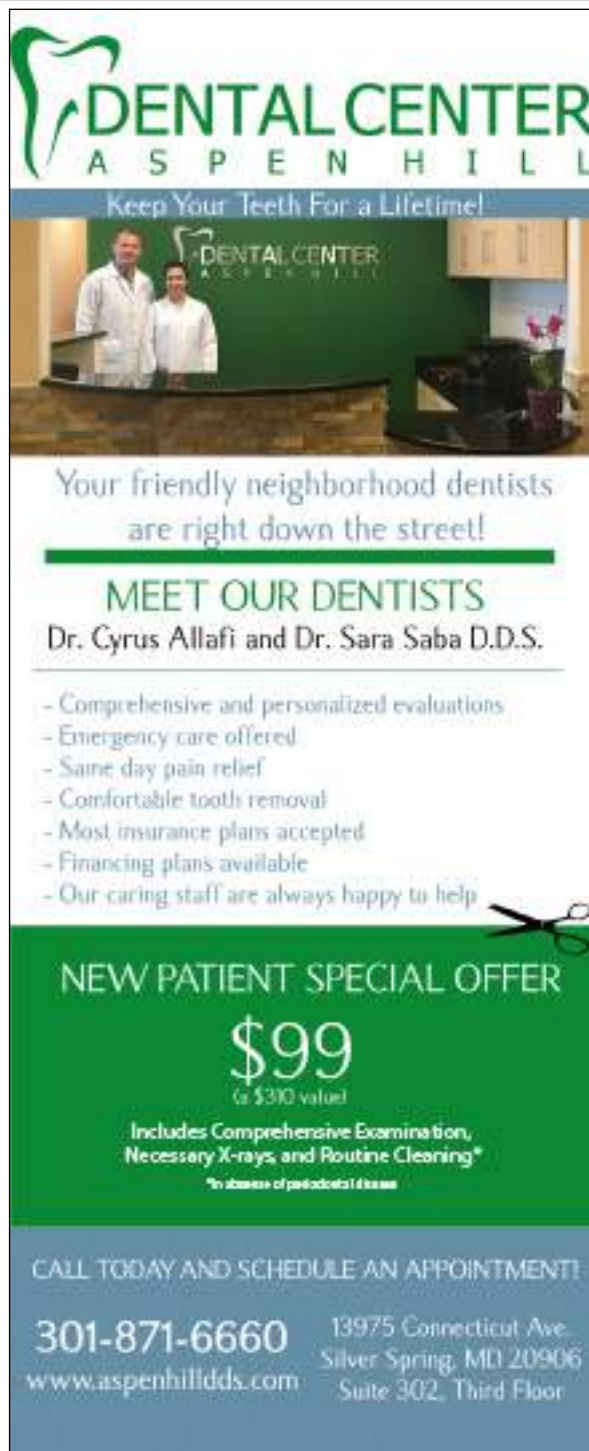
provide information and answer questions about the Club and its activities.

Residents are also welcome to call Sylvia at (301-598-5325) for more information about membership.

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## Comedy and Humor Club

# Have Pithy, Please

by Al Karr

At the Club's Nov. 13 meeting, Vice president John Lass passed along some aphorisms, or pithy comments. He can always be counted on to brighten the day with a lineup full of truthful quotations at the drop of a fedora.

The Comedy Club meets every Tuesday from 1:30-3 p.m. in Clubhouse II to exchange these jollities. Residents who haven't partaken in this entertainment yet are encouraged to drop by soon. You'll be glad you did.

Joining John in grabbing the microphone were Herb Hodes, new member Jerry Udell, Al Karr, Rudy Volin, Skip Schoening, president Sam Hack and Wally Becker. Here is some of John's pith presented at the meeting:

- Hard work pays off in the future. Laziness pays off now.
- Everyone has a photographic memory. Some don't have film.
- I intend to live forever. So far, so good.
- Eagles may soar, but weasels don't get sucked into jet

engines.

- When I'm not in my right mind, my left mind gets pretty crowded.
- Who is General Failure, and why is he reading my hard disk?
- What happens if you get scared half to death twice?

And a few jokes offered by other members:

- Sam – A woman asks the airline to carry three of her checked bags, respectively, to Montreal, Montana and Atlanta. She was told, "We can't do that." She asked, "Why not? That's what you did last month, when I flew to St. Louis."
- Herb – Life is short. The next time you can't laugh at yourself, call me, and I'll do it for you.
- Jerry – The school's new vice principal calls a fourth grader, and then a second grader, into his office, and poses a question: "Where Is God?" The fourth grader tells the other kid: "God is missing, and they think we have him."



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# Club Considers Bowling on Monday Holidays

by Beth Leanza

The Baby Boomers are a social club. The Club often attracts younger, active people, but there are no age restrictions on membership.

The Club has potluck dinners with a band during the fall and spring months, and picnics at a local park during the summertime. The Club also watches movies at Leisure World and at a local theater after having dinner together. Club members go to Toby's Dinner Theatre in Columbia, have game nights and take walks together.

The Club had a successful bowling outing on Veteran's Day at Bowl America in Gaithersburg, a tradition they hope to continue on Monday holidays throughout the year.

## Upcoming Events

The Club plans to take bowling outings on Monday, Jan. 21, Martin Luther King Jr. Day, and Monday, Feb. 18, Presidents Day. If these outings are a continued success, the Club will have them on a selected Monday throughout the year.

The next movie shown is "The Leisure Seeker" (2017, 1 hour 52 minutes, adventure/comedy/drama, rated R for some sexual material) on Friday, Dec. 21, at 7 p.m. in the Clubhouse II auditorium.

## Potluck and Dance

The Club's first potluck dinner and dance is on Saturday, Dec. 15, at 7 p.m. in Clubhouse II, with Decades Band providing the music. Doors open at 5:30 p.m., with dinner at 6 p.m. and music from 7-9:30 p.m. Bring your own choice of beverages.

The event is free (with dish) for members who have paid their 2019 dues, and \$10 at the door for guests and members who do not bring a dish. If attending, RSVP to Pat at (leanzap@yahoo.com).

## New Year's

The Club also holds a New Year's Eve hors d'oeuvres and dessert party on Monday, Dec. 31, starting at 8:30 p.m., with music from Rise Band and Show from 9 p.m.-12:30 a.m. in Clubhouse II.

Members who bring a dish pay \$10, and those who do not bring a dish pay \$20. Bring your own choice of beverages. If attending, RSVP to Pat at (leanzap@yahoo.com).

## Ready to Join?

To join the Club, send a check for \$5, payable to Baby Boomer Club, to membership chair Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

Include your address and phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who does, because the Club mostly communicates by email.

Adding the Baby Boomer group email address (bbclw@googlegroups.com) to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder. The Club keeps its emails limited to activities that members might enjoy.

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

The Club's website is available at (<https://sites.google.com/site/bbclwmd>) and includes a calendar with walk information.

## Friday Hikes with Joyce

Joyce Richardson leads walks on Fridays. During the winter, walkers meet up at 1:15 p.m. at a local trail. Most walk about three miles, but some walk in halfway and return. Residents who wish to carpool to the walk site should contact Joyce at (301-598-7098) or (777cheekie333@gmail.com) by Thursday night. Walks are open to all residents.

- Dec. 14 – Matthew Henson Trail (Silver Spring) Meet at the semi-circle of benches near the display map at 1:15 p.m. Bring water. Drive south on Georgia Avenue, and turn left at the light onto Hewitt Avenue. Make a quick right turn into the Global Korean Mission Church's parking lot. Park near the back.
- Dec. 21 – The Audubon Naturalist Society, Woodend Sanctuary (Chevy Chase) Meet in the parking lot across from the bird store at 1:15 p.m. Bring water. Drive through Connecticut Gate and continue south on Connecticut Road to Beach Drive. Turn left onto Beach Drive. Keep to the right at the "Y." The road then becomes Jones Mill Road. Turn right into the Audubon Naturalist Society and continue to the top of the road to the parking lot in front of the bird store.

## Sunday Morning Walks

Meet up on Sunday at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard loop. Afterward, join the walkers for breakfast!

## Weeknight Walks

A shorter walk (about one mile) around the Broadwalk might be more your style. Meet other Boomers Monday to Friday at 5:15 p.m. in the Clubhouse I. Don't expect an announcement; just look for a group forming and introduce yourself.

## Volkssport Walks

One Club member also belongs to the American Volkssport Association (AVA), which holds events and provides guides to local walks of interest. He posts AVA walk information on the Club's website, (<https://sites.google.com/site/bbclwmd>). Click on Walks, below the events calendar.



## You're Invited!

Holiday Open House  
Saturday, Dec. 8 | 1pm-4pm

Celebrate the holidays with live entertainment and festive fare from our own Chef Brandon Williams. Take a tour and peek inside our model apartments decorated with all things merry and bright!

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# Clubs, Groups & Organizations In Brief

**Amateur Radio Club:** Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

**Boston Group:** If you have not yet attended a meeting and are a Bostonian, please let us hear from you. After meeting earlier this month, it was decided that members would arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189 and leave a message).

**Clipper Workshop:** Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

**Computer Learning Center:** Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit ([www.computerctr.org](http://www.computerctr.org)) or contact the E&R office in Clubhouse II at (301-598-1320).

**Hispanos de Leisure World:** We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota “Loty” Goldenberg at (301-598-6869).

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Dec. 14. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel’s mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

**LW LGBT Alliance:** Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, email us at ([lwlgbt@gmail.com](mailto:lwlgbt@gmail.com)).

**Musical Jammers:** We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no commitments. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we’ll sing it. Questions? Call Richard Lederman at (301-598-1132).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our more than 1,000 members. Go to ([www.nextdoor.com/join](http://www.nextdoor.com/join)) and enter the code QHMXCF.

**The Philadelphians:** The Philadelphians will not be meeting during the winter months (December, January, and February), but will regroup in March 2019. For further information, contact Steve Kane at (301-598-2330) or ([kanens@verizon.net](mailto:kanens@verizon.net)).

**The Pittsburghers:** If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email ([Tania.Iwanowski@yahoo.com](mailto:Tania.Iwanowski@yahoo.com)).

**Quilting Group:** Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Dec. 13.

**Stitchers Group:** Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology “The O. Henry Prize Stories 2018.” On Wednesday, Dec. 19, the group will discuss “Past Perfect Continuous” by Dunia Choukri. On Wednesday, Jan. 2, Pat Leanza will lead a discussion of “Inversion of Marcia” by Thomas Bolt. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

**Stamp and Coin Club:** Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for “show-and-tell,” and we hold an auction of members’ stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

**Town Meeting Organization:** (TMO) is a movement of residents concerned about governance and management that meets every month to discuss and schedule community-wide town hall meetings. Topics such as the proposed administration building, funding a strategic plan, community governance and management involvement in mutual elections, are addressed. The town halls are held to inform and involve residents in issues affecting them. TMO meets the third Thursday of each month at 2 p.m. in Clubhouse I. All residents are invited to attend and become active in the movement. For information, email ([admin@townmeetingorganization.com](mailto:admin@townmeetingorganization.com)).

**Wood Shop Users Group:** The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

**Women in the Military:** Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women’s Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

**Women’s Fun Bunch of Leisure World:** The Women’s Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquires, call Marlene at (301-438-7773).



# Leisure World Club Trips

The next deadline for trip submissions is **Monday, Dec. 10**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to [lwnews@lwmc.com](mailto:lwnews@lwmc.com).

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

**March  
27**

## **Murder at Mount Hope Mansion Lancaster, PA**

Join the **Going It Alone Club** for an interactive “whodunit” performance and a four-course lunch at the mansion.

The bus departs Clubhouse II at 10 a.m., and returns at approximately 6 p.m.

The cost is \$85 for members, and \$93 for non-members, and includes the show, lunch, tax and gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, Feb. 23, 2019, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

**April  
28**

## **NEW - A Taste of Italy Baltimore, MD**

The **Italian Social and Cultural Club** invites you along on a trip to historic Little Italy in Baltimore for lunch at the world-famous Sabatino’s Italian Restaurant and sightseeing.

The bus departs Clubhouse II at 10:30 a.m., with lunch at Sabatino’s at approximately 11:30 a.m. Following lunch, there will be time to explore Little Italy. The bus departs for Leisure World at 3:30 p.m., arriving at Clubhouse II at approximately 4:30 p.m.

The cost is \$69 per person and includes transportation and lunch. Lunch features salad with Sabatino’s house dressing; Italian bread and butter; and an entrée choice of lasagna, linguini marinara, tortellini with sauce, cheese ravioli, eggplant parmigiana, chicken alle Marche or chicken Lynn red, with cake or spumoni for dessert.

To make reservations, call Eyre Tour and Travel at (301-598-1599) or (301-854-6600 extension 4) or drop by the Eyre office in Clubhouse I.

**May  
15**

## **American Music Theatre Lancaster, PA**

Join the **Going It Alone Club** to see the 2019 AMT show, “Ovation – An AMT Pop Orchestra Experience.” The show features tributes to such music greats as Rosemary Clooney, Tony Bennett, Frank Sinatra, Ella Fitzgerald and other pop music greats. The trip also includes lunch at Bird-in-Hand Restaurant. The bus departs Clubhouse II at 9 a.m. and returns at approximately 8 p.m.

The cost is \$85 for members, \$93 non-members, and includes lunch, show, tax and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, April 13, 2019, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

**7/29-8/2  
2019**

## **NEW - National Black Theatre Festival, NC**

**LWAAAC** is hosting a five-day/four-night trip to the National Black Theatre Festival in Winston-Salem, North Carolina.

The Festival is the 16th biennial event of over 100 theatrical performances, films, workshops, seminars, international conferences, vendors and much more that will saturate the city with an impressive array of entertainment. All residents are invited.

The cost is \$937 per person, double occupancy, or \$1,450 for single occupancy and includes travel, hotel accommodations, breakfast, shuttle service to and from the convention center and a city tour. Call (800-321-3973, extension 4) to reserve a spot. The deposit to Eyre Travel is \$100 per person at the time of booking with the final payment due by Tuesday, May 28. Incremental payments may be arranged, and travel insurance may be purchased.

For details, visit the Eyre Travel office in Clubhouse I. A fact sheet and the daily itinerary are available from Al Holston or Glenne Martin at (301-438-3537), or Verna Denny at (301-598-1418).

**Sept.**

**16-20**

## **Pigeon Forge and Smoky Mountains Shows, TN**

All residents are invited to come with the **Going It Alone Club** on a five-day, four-night trip to Pigeon Forge and the Great Smoky Mountains of Tennessee. The trip includes four breakfasts and four dinners, entrance to the Titanic Museum, five shows, free time in historic downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

The bus departs Clubhouse II on Monday, Sept. 16, at 8 a.m. and returns late afternoon on Friday, Sept. 20.

The cost for double occupancy is \$480 per person for Club members; \$488 for non-members; and \$149 additional for single occupancy. A \$200 deposit is due upon sign-up, with the final payment due by Tuesday, July 9, 2019.

Travel insurance is available.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 15, 2019, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## **Attention, Travelers!**

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner’s own risk.



## Dec. 8: Party On Down at the Pro Shop

by Leisure World News

Rediscover what Leisure World's Golf Course has to offer at a holiday party on Saturday, Dec. 8, from 11 a.m.-4 p.m. at the Pro Shop.

All residents are invited to enjoy light refreshments and holiday spirits, and browse the shop's athletic wear and accessories.

Get a jump on your holiday shopping by purchasing stylish and comfortable attire. Free gift-wrapping is included with purchase. Golfers can redeem their tournament credit by purchasing items.

Come renew your membership for the 2019 season, try a three-month trial membership, sign up for a lesson, or share the joy of golfing with friends and family by purchasing an associate membership for someone this holiday season.

For more information, call the Pro Shop at (301-598-1570).



The Pro Shop boasts an assortment of colorful clothes and accessories.

Photos by Leisure World News

### Duplicate Bridge Club

## Players Choose Club's 2019 Officers

by Marcia Fletcher

Aaron Navarro has been chosen to lead the Duplicate Bridge Club for 2018-19. Navarro was elected president at the Nov. 12 board meeting, which marks the beginning of the new Club year.

Other board officers named to leadership positions include Dora Levin, vice president; Marcia Fletcher, secretary; and LeAnna Gipson, treasurer.

The Club's governing board consists of nine members who serve two-year terms. The selection of officers by the board of directors followed the annual meeting and election of board members on Oct. 9.

In addition to the officers already named, 2018-19 board

members include Nadyne Cheary, Roz Dixon, Alan Ferraro, Jerry Miller and Marilyn Rubinstein.

### About the Club

The Duplicate Bridge Club promotes the game of duplicate bridge in Leisure World. ACBL-sanctioned games are offered on Tuesday and Friday nights at 7 p.m. in Clubhouse I throughout the year.

Results and hand records are available on ([thecommongame.com](http://thecommongame.com)). Results also appear on ([cuebid.com](http://cuebid.com)). If you need a playing partner, call Shirley Light at (301-598-6611) at least 24 hours in advance.

New players are welcome, and the Club helps prospective players find partners. For more information, contact Aaron Navarro at (301-598-3870).

### 10-Pin Bowling League

## First Place Team Proves Itself Ahead of the 'Curve'

by Rita Mastrorocco

As winter approaches, the following bad weather rule is in effect: If Montgomery County schools are either closed or on a two-hour delay based on snow or icy conditions, the league does not bowl.

The league is based on handicaps with averages for the bowlers ranging from 95 to 172. If you have not bowled in years, come out and join the fun.

The top league standings as of Nov. 16 are: Hooks N Curves in first place; Half and Half in second place; and Wild Things in third place.

### Top scores for the week of Nov. 9, 2018 are:

Scratch Game – Huggers, 651 pins  
Scratch Series – Huggers, 1,865 pins  
Handicap Game – Huggers, 907 pins  
Handicap Series – Huggers, 2,633 pins  
High Average Men – Steve Hays, 172 pins  
Scratch Game Men – Parker Schaffel, 195 pins  
Scratch Series Men – Steve Mueller and Chuck Martinez, 533 pins  
Handicap Game Men – Chuck Martinez, 253 pins  
Handicap Series Men – Chuck Martinez, 710 pins  
High Average Women – Chris Porter, 172 pins

Scratch Game Women – Jessica Stephens, 174 pins  
Scratch Series Women – Jessica Stephens, 475 pins  
Handicap Game Women – Rita Mastrorocco, 255 pins  
Handicap Series Women – Myra Galinn, 696 pins

### Top scores for the week of Nov. 16, 2018 are:

Scratch Game – Hooks N Curves, 627 pins  
Scratch Series – Half and Half, 1,779 pins  
Handicap Game – Hooks N Curves, 917 pins  
Handicap Series – Winners, 2,615 pins  
High Average Men – Steve Hays, 172 pins  
Scratch Game Men – Parker Schaffel, 222 pins  
Scratch Series Men – Parker Schaffel, 547 pins  
Handicap Game Men – Bruce MacDonald, 294 pins  
Handicap Series Men – Bruce MacDonald, 724 pins  
High Average Women – Chris Porter, 172 pins  
Scratch Game Women – Cathy Finchbaugh, 178 pins  
Scratch Series Women – Myra Galinn, 455 pins  
Handicap Game Women – Barbara Gould, 255 pins  
Handicap Series Women – Barbara Raney, 729 pins

You do not need to be a good bowler to join the league. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America at 1101 Clopper Road in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11.

If interested, call Rita at (301-814-9196).





## Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

**Tuesday, Nov. 6, 2018**

### North-South Flight A

1. Jerry Miller – Gerald Lerner
2. Aaron Navarro – Stephan Billstein
3. Beena Deshmukh – Madhav Deshmukh
4. Alan Ferraro – Liz Ferraro

### Flight B

1. Beena Deshmukh – Madhav Deshmukh
2. Alan Ferraro – Liz Ferraro

### East-West Flight A

1. Saul Penn – Elaine Conway
2. Robert Kerr – Nabil Coply
3. Susan Weiss – Bernice Felix
4. Dora Levin – Merrill Stern

### Flight B

1. Susan Weiss – Bernice Felix
2. Walter Haass – Beverly Haass

**Friday, Nov. 9, 2018**

### North-South Flight A

1. Marilyn Rubinstein – Stanley Rosen
2. (tie) Aaron Navarro – Patricia Haggerty
- (tie) Stephan Billstein – Jim Cowie

### East-West Flight A

1. Lorraine Hegel – Saul Penn
2. Shirley Light – Bernice Felix

### Flight B

1. LeAnna Gipson – Judy Tankersley

**Tuesday, Nov. 13, 2018**

### North-South Flight A

1. Robert Catlett – Alan Ferraro
2. Marilyn Udell – Maida Crocicchia
3. Hanna Schepps – Marlys Moholt
4. Diane Keiper – Marshall Kramer

### Flight B

1. Stephan Billstein – Marcia Fletcher
2. Beena Deshmukh – Madhav Deshmukh

### East-West Flight A

1. Barry Tash – Howard Tash
2. Patti Anschutz – Mary Lafferty
3. Shirley Light – Rosmarie Sutor
4. Sue Swift – Aaron Navarro

### Flight B

1. Robert Kerr – Jim Anschutz

**Friday, Nov. 16, 2018**

### North-South Flight A

1. Aaron Navarro – Patricia Haggerty
2. Diane Keiper – Mel Schloss

### Flight B

1. Stephan Billstein – Jim Cowie

### East-West Flight A

1. Lorraine Hegel – Saul Penn
2. Nancy Gordon – Joan Marie Thomas

### Flight B

1. Nancy Gordon – Joan Marie Thomas
2. (tie) Susan Weiss – Marcia Fletcher
- (tie) Ted Michos – Sue Swift

## Wednesday Night Chicago Bridge

Compiled by Abigail B. Murton

**Nov. 7, 2018**

No game played.

**Nov. 14, 2018**

1. Joyce and Dick Riseberg, 5,070
2. Joyce Fischer and Joan Thomas, 3,190
3. Helen Montanaro and Bill Cave, 3,140

## Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

**Nov. 8, 2018**

1. Vicky Shaz, 3,460
2. Jackie Harrell, 2,640
3. Judy Lindley, 2,390

**Nov. 15, 2018**

No game played.

## Friday Bridge

Compiled by Shirley Rosenhaft

**Nov. 2, 2018**

1. Shirley Rosenhaft, 2,900
2. Jerry Weiss, 2,840
3. Jackie McCarthy, 2,820
4. Irwin Bauman, 2,190

**Nov. 9, 2018**

1. Bernice Cohen, 3,800
2. John Hashim, 3,020
3. Helen Montanaro, 2,960
4. Betty Hecht, 2,470



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[dbrasse@weichert.com](mailto:dbrasse@weichert.com)

[dougbrasse.com](http://dougbrasse.com)



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# Post Office Can't 'Stamp' Out Chess

by Bernie Ascher

Reflecting worldwide esteem for the royal game of chess, 140 nations have issued postage stamps with chess themes. The U.S. is not one of them.

In 1947, Bulgaria issued the first "chess stamp," picturing a Knight. It is one of a set of five stamps issued to commemorate the 1947 Balkan Games, in which chess was one of the sports.

The other four stamps in the set portray bicycle racing, basketball, soccer and the flags of the participating nations: Bulgaria, Hungary, Romania and Yugoslavia. Hungary won the chess competition.

In virtually every year since then, various countries have produced stamps with chess motifs. To date, more than 1,000 of these topical chess stamps have been issued.

The most valuable chess stamp has a chessboard with 10 rooks in five colors and EUROPA written on the stamp. San Marino, a small country within Italy,

issued the stamp in 1965 to commemorate a unified Europe, not to honor a chess event or player.

It is valuable because San Marino mistakenly printed one sheet of 40 stamps with the red rooks upside down. Expert stamp collectors, "philatelists," believe that only two stamps actually were mailed before the error was discovered.

The starting bid for this stamp on e-Bay several years ago was \$12,500, according to The Chess on Stamp Study Unit (COSSU), an active group of chess stamp collectors and enthusiasts. Formed in 1979, COSSU is a not-for-profit, official affiliate of both the American Philatelic Society and the American Topical Association.

The likeness of famous American-born, former chess champion Bobby Fischer appears on stamps of several countries, including Central African Republic, Chad, Djibouti, Guinea and Iceland. Fischer became a citizen of Iceland in 2005 and died there three years later at age 64.



Another former world chess champion, Anatoly Karpov, is an avid philatelist with a collection worth tens of millions of dollars.

Email has not made postage obsolete. Of the world's 60 million stamp collectors, at least one-third are in China, according to a 2013 Wall Street Journal article. Stamp collecting is a new craze among young people in China, who are more interested in investment alternatives than the beauty or educational value of stamps.

Britain's "Penny Black," the world's first postage stamp, issued in May 1840, sells for as much as £10,000 (if unused and in mint condition), according to the BBC.

The U.S. issued its first official postage stamps in 1847: a five-cent stamp depicting Benjamin Franklin, the first Postmaster General, and a 10-cent stamp featuring George Washington.

The U.S. Chess Federation is actively supporting efforts to encourage the U.S. Postal Service to issue a stamp commemorating Paul Morphy, son of a Louisiana Supreme Court Justice, who was widely considered the best player in the world during the 1850s.

Residents do not need postage stamps or a computer to play chess at Leisure World. Opponents play face-to-face in a congenial atmosphere. In the diagram on this page, it is Black's turn to move. Black can mate in two moves. Do you see it?

The solution follows our message that the Chess Club meets Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free. For further information, call Bernie Ascher at (301-598-8577).

**SOLUTION:** Black moves the Queen to c4, checking the King. White's Queen captures the Black Queen. Then, Black's Pawn at d5 captures the White Queen. Checkmate!

So, do not wait for a mint Penny Black. Do not wait for an alternative investment. Do not wait for the U.S. to issue a chess stamp. Play chess now!

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# Sports, Games & Scoreboards In Brief

**Bid Whist:** Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501).

## Bridge:

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

**Chess:** Free chess lessons for beginners and "rusty" players Monday and Wednesday, Clubhouse II. Call Lark Kellar (301-219-5955) for information. The Chess Club meets every Monday, Wednesday and Friday in Clubhouse II at 1-4 p.m.

**Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

**Mah-jongg:** Learn how to play Mah-jongg. Call (301-598-3438).

**Ping Pong:** Get healthy exercise and camaraderie playing ping pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in Clubhouse II multi-purpose room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email at (julie12401@netscape.net).

**Pinochle Players:** Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

## Poker:

• **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Play Poker** Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

**Thursday Night Poker** meets 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Call Dave at (301-598-7064) for information or just come and join us.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

**Indoor Pool Volleyball:** Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.



## Kitchen & Bath Remodeling

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## Wills, Wealth Planning & Trusts



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Leisure World neighbor  
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Email:

Luann\_Battersby@comcast.net

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# CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

**\*\*\*Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

## Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



## EXERCISE

### NEW – Senior Sneakers:

Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Jan. 7-Feb. 11, and Thursdays (with Sue), Jan. 10-Feb. 14, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

**NEW – Mild Exercise with Shirley:** All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Jan. 8-Feb. 12, and Wednesdays, Jan. 9-Feb. 13, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee:**

**\$36, one day per week; \$60 for both days. Register at Clubhouse II.**

### NEW – Tap Dancing in a Chair with Carol Neckar:

This is great way to have fun, learn something new and exercise! If you are an experienced tapper and miss it, or a beginner who always wanted to tap, but your body says “no,” this is the class for you. For experienced tappers, this will be a “remember when” and an “ain’t this great!” review. For beginners, it will be an easy start with the basics, moving to music that will make your feet want to dance. It’s really a lot of fun.

Experienced tappers who don’t need a chair are welcome to take the class, but all students work from a chair.

No tap shoes are required, but participants must bring a pair of hard sole shoes.

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the Physical Education Department and, in the summer, continued to perform in local theater. While

her career took her in another direction, her love affair with dance has never ended.

If you have questions, call Carol at (301-598-5980).

Class meets Thursdays, Jan. 3-Feb. 7, 4-4:45 p.m. **Fee: \$38. Register at Clubhouse II.**

**Chair Yoga with Robin, Mondays:** Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, Dec. 10-Feb. 11 (no class Dec. 17 or 24), 11 a.m.-noon or 2-3 p.m. Choose the time that suits your schedule. **Fee per session: \$100. Register at Clubhouse II.**

**Chair Yoga with Robin, Wednesdays:** Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

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teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, Dec. 12-Feb. 13, 2019 (no class Dec. 19 or 26), 2-3 p.m. **Fee: \$100. Register at Clubhouse II.**

## WATER EXERCISE

**NEW – Water Exercise with Nancy:** Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Jan. 8-Feb. 12, and Thursdays, Jan. 10-Feb. 14, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

**NEW – Non-impact Fusion Water Exercise with Beth:** This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Jan. 8-Feb. 12, and Thursdays, Jan. 10-Feb. 14, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

**NEW – Aqua Fit with Shirley:** This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture. Class meets Wednesdays, Jan. 9-Feb. 13, from 1-2 p.m. **Fee: \$36, 1 day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.**



# CALENDAR *of Events*

**Friday, December 7**

**Clubhouse I**

10:00 a.m. Chinese Brush and Ink Landscape Painting Art Class  
10:30 a.m. Judaism, Islam and Christianity Class  
12:15 p.m. Kiwanis Club  
1:30 p.m. Any Level Watercolor Art Class  
6:00 p.m. Hispanos de LW: Christmas Dinner  
7:00 p.m. Friday Duplicate Bridge

**Clubhouse II**

10:00 a.m. CLC Class: Understanding Basics on Car Free Riding  
1:00 p.m. Zumba Gold Class  
1:00 p.m. Ping Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge

**Saturday, December 8**

**Clubhouse I**

9:00 a.m. Gentle Yoga Class  
9:00 a.m. Kiwanis Club: Sewing Bee  
10:00 a.m. Open Studio Art Class  
6:00 p.m. LWAAAC: Holiday Dinner Dance

**Clubhouse II**

9:15 a.m. Shabbat Services  
2:00 p.m. Going It Alone Club: Social  
7:00 p.m. E&R Program: Four Seasons Dancers

**Sunday, December 9**

**Clubhouse I**

10:15 a.m. Jewish War Veterans Post 567 Brunch  
6 p.m. Lapidary Club: Holiday Dinner

**Clubhouse II**

2:30 p.m. Fireside Forum

**Monday, December 10**

**Clubhouse I**

9:15 a.m. Stretch, Tone and Strength Training Class  
10:00 a.m. CLL Seminar: NIH Summer Internships  
10:00 a.m. Garden and Environmental Club  
10:30 a.m. Stretch, Tone and Balance Class  
1:00 p.m. Paintbrush and Knife Art Class  
1:30 p.m. LW Chorale  
7:00 p.m. Bingo

**Clubhouse II**

9:00 a.m. Senior Sneakers Class  
10:30 a.m. Zumba Gold Class  
11:00 a.m. Chair Yoga Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Chess Club  
2:00 p.m. Chair Yoga Class  
2:00 p.m. Line Dance Class  
3:00 p.m. Ping Pong Club  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Class  
5:30 p.m. Model Railroad Club: Operating Session

**Tuesday, December 11**

**Clubhouse I**

10:00 a.m. Habla Conmigo, Part 4, Class  
10:30 a.m. Ballroom Dance Club Annual Meeting  
1:00 p.m. Habla Conmigo, Part 3, Class  
1:00 p.m. Pastels Art Class

1:00 p.m. Amateur Radio Club  
1:30 p.m. E&R Program: Steve Friedman on Musical Milestones  
2:00 p.m. Book Club Network: Non-Fiction  
5:00 p.m. Unitarian Universalists: Holiday Party  
6:00 p.m. Camera Club: Holiday Social  
7:00 p.m. Duplicate Bridge  
7:00 p.m. Trivia Group

**Clubhouse II**

9:30 a.m. Beginner and Advanced Tai Chi Class  
11:00 a.m. Mild Exercise Class  
11:00 a.m. Water Exercise Class  
12:30 p.m. Scrabble Group  
1:00 p.m. Non-impact Fusion Water Exercise Class  
1:30 p.m. Comedy and Humor Club  
3:00 p.m. Parkinson’s Support Group

**Wednesday, December 12**

**Clubhouse I**

9:00 a.m. Gentle Yoga Class  
10:00 a.m. Drawing Basics Art Class  
1:00 p.m. Painting and Miniatures, Oils and Acrylics, Art Class  
1:00 p.m. Low Vision Support Group  
6:30 p.m. Mixed Media, Canvas and Beyond, Art Class  
6:45 p.m. Chicago Bridge

**Clubhouse II**

11:00 a.m. Mild Exercise Class  
1:00 p.m. Chess Club  
1:00 p.m. Ping Pong Club  
1:00 p.m. Aqua Fit Class  
2:00 p.m. Chair Yoga Class  
4:00 p.m. Move It or Lose It Class  
5:30 p.m. Model Railroad Club: Operating Session

**Thursday, December 13**

**Clubhouse I**

9:15 a.m. Stretch, Tone and Strength Training Class  
10:00 a.m. Painting is for Everyone Art Class  
10:30 a.m. New Yorkers and Friends Group  
10:30 a.m. Stretch, Tone and Balance Class  
12:30 p.m. Ladies Bridge  
1:00 p.m. Oils and Acrylics Art Class  
2:00 p.m. CLL program: Medical Cannabis A-Z  
7:00 p.m. Democratic Club General Meeting

**Clubhouse II**

9:00 a.m. Senior Sneakers Class  
9:30 a.m. Beginner and Advanced Tai Chi Class  
9:30 a.m. Quilters Group  
11:00 a.m. Water Exercise Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Non-impact Fusion Water Exercise Class  
1:30 p.m. JRLW Movie: “Dreaming of a Jewish Christmas”  
2:00 p.m. Model Railroad Club: Operating Session

**Friday, December 14**

**Clubhouse I**

10:00 a.m. Chinese Brush and Ink Landscape Painting Class  
10:30 a.m. Judaism, Islam and Christianity Class

**Dial 301-598-1313**  
**for recorded Daily Events**

## Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

**Budget and Finance**  
Dec. 19, 10:00 a.m., Clubhouse II

**Community Planning**  
Dec. 10, 9:30 a.m., Clubhouse I

**Energy**  
Dec. 18, 9:30 a.m., Clubhouse I

**Landscape**  
Dec. 13, 9:30 a.m., Clubhouse II

**LWCC Board of Directors**  
No meeting in December  
Next meeting: Tuesday, Jan. 29, at 9:30 a.m. in Clubhouse I

**LWCC Executive Committee**  
No meeting in December  
*Meeting times and locations are subject to change.*  
*Sign in to (residents.lwmc.com) and check the calendar for any changes.*  
*Meetings are open to all residents.*

## Leisure World Mutual Meetings

**December 7**  
**Mutual 17B Board**  
10:00 a.m., Party Room  
**Mutual 22 Special Meeting**  
4:00 p.m., Clubhouse I

**December 11**  
**Mutual 19A Board**  
9:30 a.m., Clubhouse II  
**Mutual 7 Board**  
1:00 p.m., Sullivan Room  
Mutual 25 Board  
7:00 p.m., Sullivan Room

**December 13**  
**Mutual 10 Board**  
9:30 a.m., Sullivan Room  
**Mutual 12 Board**  
1:00 p.m., Sullivan Room

**December 18**  
**Mutual 14 Board**  
9:30 a.m., Sullivan Room  
**Mutual 13 Board**  
1:30 p.m., Sullivan Room

**December 20**  
**Mutual 15 Board**  
9:30 a.m., Sullivan Room

*Meeting times and locations are subject to change.*  
*Sign in to (residents.lwmc.com) and check the calendar for any changes.*  
*Mutual board meetings are open to respective mutual residents.*

11:00 a.m. Book Club Network: Literary Ladies Who Lunch  
1:00 p.m. Health Advisory Committee Program: “Shedding Light on Winter Blues”  
1:30 p.m. Any Level Watercolor Art Class  
5:00 p.m. AIM Winter Solstice Dinner and Concert: Shirletta Settles  
7:00 p.m. Friday Duplicate Bridge

**Clubhouse II**

10:00 a.m. Chinese Club  
1:00 p.m. Zumba Gold Class  
1:00 p.m. Ping Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
6:00 p.m. Wood Shop: Holiday Party  
6:00 p.m. E&R program: Academy Music Winter Recitals

**Saturday, December 15**

**Clubhouse I**

9:00 a.m. Gentle Yoga Class

10:00 a.m. Open Art Studio

**Clubhouse II**

9:15 a.m. JRLW Services  
10:00 a.m. Model Railroad Club: Winter Open House  
2:00 p.m. Going It Alone Club: Social  
4:00 p.m. E&R program: Academy Music Winter Recitals  
7:00 p.m. Baby Boomer Club: Holiday Party

**Sunday, December 16**

**Clubhouse I**

10:00 a.m. JRLW Breakfast Forum  
1:00 p.m. Women’s Fun Bunch: Holiday Party

**Clubhouse II**

7:30 p.m. E&R Program: Olney Concert Band

**Monday, December 17**

**Clubhouse I**

9:15 a.m. Stretch, Tone and Strength Training Class



9:45 a.m. AARP Safe Driving Course  
 10:00 a.m. Rossmoor Women's Club:  
 Vendor Sale  
 10:30 a.m. Stretch, Tone and Balance Class  
 1:30 p.m. LW Chorale  
 1:30 p.m. Hadassah Judaic Study  
 7:00 p.m. Bingo  
**Clubhouse II**  
 9:00 a.m. Senior Sneakers Class  
 10:00 a.m. Clipper Workshop

10:30 a.m. Zumba Gold Class  
 12:30 p.m. Men's Bridge  
 1:00 p.m. Chess Club  
 2:00 p.m. Line Dance Class  
 3:00 p.m. Ping Pong Club  
 3:00 p.m. Line Dance Class  
 4:00 p.m. Ba Duan Class  
 5:30 p.m. Model Railroad Club:  
 Operating Session  
 6:00 p.m. Lions Club

**Tuesday, December 18**  
**Clubhouse I**  
 9:00 a.m. Blood Pressure Testing  
 10:00 a.m. Habla Conmigo, Part 4,  
 Class  
 1:00 p.m. Habla Conmigo, Part 3,  
 Class  
 1:30 p.m. Republican Club: Holiday  
 Party  
 7:00 p.m. Duplicate Bridge  
 7:00 p.m. Trivia Group  
**Clubhouse II**  
 9:30 a.m. Beginner and Advanced Tai  
 Chi Class  
 11:00 a.m. Mild Exercise Class  
 11:00 a.m. Water Exercise Class  
 12:30 p.m. Scrabble Group  
 1:00 p.m. Non-impact Fusion Water  
 Exercise Class  
 1:30 p.m. Stroke Support Group  
 1:30 p.m. Comedy and Humor Club

**Wednesday, December 19**  
**Clubhouse I**  
 9:00 a.m. Gentle Yoga Class  
 11:00 a.m. Short Story Group  
 11:00 a.m. Rossmoor Library Guild  
 6:45 p.m. Chicago Bridge  
**Clubhouse II**  
 11:00 a.m. Mild Exercise Class  
 1:00 p.m. Chess Club  
 1:00 p.m. Ping Pong Club  
 1:00 p.m. Aqua Fit Class  
 2:00 p.m. E&R program: St. John's  
 Episcopal Jazz Band and Musical  
 Theater  
 4:00 p.m. Move It or Lose It Class  
 5:30 p.m. Model Railroad Club:  
 Operating Session

**Thursday, December 20**  
**Clubhouse I**  
 9:15 a.m. Stretch, Tone and Strength  
 Training Class  
 10:30 a.m. Tone and Balance Class  
 11:00 a.m. Writer's Workshop  
 12:00 p.m. Ladies 9-Hole Golf Lunch  
 12:30 p.m. Ladies Bridge  
 2:00 p.m. Town Meeting Organization  
 2:00 p.m. Book Club Network:  
 Thursday Readers  
 5:00 p.m. AIM: Authors in Mind  
**Clubhouse II**  
 9:00 a.m. Senior Sneakers Class  
 9:30 a.m. Beginner and Advanced Tai  
 Chi Class  
 10:00 a.m. MVA on Wheels  
 10:00 a.m. Stitching Group  
 11:00 a.m. Water Exercise Class  
 12:30 p.m. Men's Bridge  
 1:00 p.m. E&R Movie: "Wonder"  
 1:00 p.m. Non-impact Fusion Water  
 Exercise Class  
 2:00 p.m. Model Railroad Club:  
 Operating Session

**Friday, December 21**  
**Clubhouse I**  
 10:00 a.m. Book Club Network: Bookies  
 10:00 a.m. Book Club Network:  
 Searchers  
 7:00 p.m. Friday Duplicate Bridge  
**Clubhouse II**  
 1:00 p.m. Zumba Gold Class  
 1:00 p.m. Ping Pong Club  
 1:00 p.m. Chess Club  
 1:00 p.m. Friday Bridge  
 7:00 p.m. Baby Boomer Club Movie:  
 "The Leisure Seeker"

**WORSHIP WITH US**  
**Christmas Eve**  
**The Inter-Faith Chapel**  
 All are invited to attend our Christmas Eve service  
 at 6:00 pm on December 24.  
 Join us for Sunday worship services held at  
 10:00 am during December – March.  
 Visit [www.inter-faithchapel.org](http://www.inter-faithchapel.org)  
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★ ★ ★ ★ ★

**UNDER CONTRACT**  
 14807 Lindsey Ln.  
 Buckingham patio  
 home 2 bedrooms,  
 1.5 baths, +bonus  
 room. 1-car garage,  
 all new paint and  
 new carpet. Up-  
 dated bathroom.  
 List \$239,000

**FOR SALE**  
 1,200 sf Hampton  
 model 2 bedrooms,  
 1 bath, new wide  
 plank engineered  
 flooring. Upgraded  
 kitchen appl. and  
 Corian counters.  
 Fabulous view.  
 List \$117,000

**UNDER CONTRACT**  
 Turnberry Courts  
 Light and bright  
 C model 1,087 sf  
 2 bedrooms and  
 2 bathrooms. All  
 wood floors and  
 nice treed view.  
 List \$218,900

**UNDER CONTRACT**  
 3486 Gleneagles  
 Dr. Coop Berkeley  
 model 2 bedrooms,  
 1 full & 2 half bath-  
 rooms, large living  
 room with great  
 golf course views  
 and outdoor patio.  
 List \$150,000

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# EYRE Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2 pm  
Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4  
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

## DAY TRIPS

### Spotlight On...

**Happy Holidays from Our Family to Yours**  
Our office will be closed Dec. 24-Jan. 2.

### Radio City Rockettes, New York City

Fri., 12/14, 7:15 am-11:45 pm .....\$189.00 per person

Take in this holiday tradition Radio City Christmas Spectacular! Trip includes transportation and admission to show.

## 2019 DAY TRIPS

### Museum Loop, DC

Thu., 1/10, 8:40 am-3:00 pm .....\$35.00 per person

Choose where to go! National Gallery of Art, National Archives Museum or the National Museum of American History. Transportation only.

### Capitol Steps Political Satire Show, DC

Fri., 1/25, 5:30 pm-10:50 pm .....\$75.00 per person

Laugh away your winter blues with this Political Satire! Transportation and admission to the show included.

### Congo Mask, Virginia Museum of Fine Art, VA

Mon., 2/4, 7:45 am-7:15 pm .....\$107.00 per person

The exhibition has original field photographs and footage, audio recordings and a selection of related musical instruments. Self-guided tour. Lunch included in the Marble Hall. Trip includes transportation, admission and lunch.

### Museum of the Bible, DC

Mon., 2/11, 9:05 am-3:00 pm .....\$60.00 per person

Experience the Book that continues to shape history. Transportation only.

### "Chicago," Fulton Theatre, PA

Sat., 2/16, 8:45 am-7:00 pm .....\$97.00 per person

It's the Roaring 20's. Everything is larger than life! Lunch at Plain 'n Fancy Restaurant prior to show. Trip includes lunch, show and transportation.

### MGM Grand National Harbor, MD

Mon., 2/18, 9:05 am-3:00 pm .....\$35.00 per person

Try your luck at the Casino for a day. Transportation only.

### "La Cage Aux Folles," Riverside Center, VA

Wed., 2/27, 9:45 am-6:45 pm .....\$117.00 per person

A feel good musical with heart, brains and sequins! Lunch and show included.

### SuperPops, Meyerhoff, Baltimore

Sun., 3/3, 1:30 pm-6:15 pm .....\$69.00 per person

Featuring Christina Bianca: Woman of a Thousand Voices. Transportation and admission included.

### Philadelphia Flower Show, PA

3/7 or 3/8, 7:45 am-7:45 pm .....\$86.00 per person

The theme this year is "FLOWER POWER." Transportation and admission to the show included.

### Newseum, DC

Sat., 3/9, 9:30 am-3:15 pm .....\$60.00 per person

You will love this beautifully designed, vibrant, dynamic museum with wonderful views of the Capitol, thought-provoking exhibits, and plenty to keep everyone engaged! Transportation and admission included.

### 9/11 Memorial & Museum, NYC +

Sat., 3/16, 7:00 am-11:45 pm .....\$120.00 per person

The Memorial Museum is an educational and historical institution that honors and examines 9/11's continued global significance. The museum displays artifacts associated with the events of 9/11 while presenting stories of loss and recovery. (Security screening on-site). Includes a \$10 Cracker Barrel gift card.

### "The Story of Jesus," Sight & Sound Theatre, PA

Fri., 3/23, 9:45 am-9:15 pm .....\$159.00 per person

"The Story of Jesus" is the musical stage adventure about the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

### \*NEW\* Hollywood Casino, West Virginia

Fri., 3/1, 10:00 am-5:45 pm .....\$38.00 per person

\$20 Slot Play offer from Casino. Trip includes transportation only.

### Cherry Blossom Tour, DC

Mon., 4/1, 10:00 am-3:15 pm .....\$79.00 per person

Visit the WWII Memorial, the Franklin Delano Roosevelt Memorial and the Martin Luther King, Jr. Memorial. Enjoy the breathtaking beauty of the cherry blossoms as we drive around the Tidal Basin in Washington, D.C. Relax over a delicious lunch at Carmine's Restaurant, always a local favorite. Transportation and lunch included.

### Odyssey Cherry Blossom Luncheon Cruise, DC

Tues., 4/2, 9:00 am-3:45 pm .....\$110.00 per person

Step aboard the "Odyssey" and experience the elegance and entertainment only a true cruising vessel can provide. Enjoy a fine dining lunch with live entertainment and see the unmatched views of our nation's greatest monuments as they drift past your table.

### \*NEW\* "Cirque Goes Hollywood"

### at the Meyeroff, Baltimore

Sun., 4/7, 1:30 pm-6:15 pm .....\$69.00 per person

Join the BSO as acrobats, aerialists, jugglers and more dazzle you with their extraordinary athletic artistry set to the music of Hollywood's hottest hits. Trip includes transportation and admission to show.

## MULTI-DAY TRIPS

### Charleston and Savannah

March 30-April 4

### Wildwood, New Jersey

June 2-5

### Dallas

May 21-25 (fly/drive)

### Niagara Falls

June 23-26

### Journey Around Lake Michigan

July 13-21 (fly/drive)

### Maine Lobster Festival

July 31-Aug. 5

### Yellowstone, Grand Tetons, and Mt. Rushmore

Aug. 1-9 (fly/drive)

### The Colors and Cathedrals of French Canada

Sept. 27-Oct. 4 (fly/drive)

### Albuquerque Balloon Fiesta

Oct. 4-9 (fly/drive)

## CRUISES

### Royal Caribbean

Oct. 31-Nov. 8

Eight night Southeast Coast and Perfect Day Cruise

**We can book any cruise line anywhere you want to cruise.**

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:  Easy Walking  More Walking  A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years".

**INCLEMENT WEATHER POLICY:** Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.



# CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

## ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. (atticllc.com) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC — I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray (301-384-3198), (wishalot10@aol.com).

LOOKING TO DOWNSIZE, move or sell all household items or just a few? What about that storage unit? Call Estate Sales by Cheryl, LLC! Let's get started making you a profit! (301-437-2705)

## REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a NEW REAL ESTATE PARTERSHIP, Sue Heyman, Rick Winkler, and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax, and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. Inventory is historically low. Days on the market for our community are hovering at around one month. Prices are going up! As sellers, now is the time to take advantage of this fast-paced market. We know all of the floor plans and how to price them. Tap into our experience, contractor connections, and marketing to get the best price. Our top-quality

brochures, twice-monthly statistical reports, multiple websites, and complementary staging display your home and our community at its best. Call for your free competitive market analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

## REAL ESTATE FOR RENT

Leisure World — VILLA CORTESE RENTAL. Type A. 1BR/1.5BA. Separate dining area. Lots of storage. Walk-in closet. Sunroom. Washer/dryer. \$1,500/mo. Available now. (301-437-1455).

## FOR SALE

FOR SALE: ANTIQUE FRENCH country furniture, Louis XV style, from Provence and Brittany: 'bonnetière' armoire, settee, buffet, tables, armchair, 6 dinner chairs with rushed seats and ladder backs and Pierre-Deux fabric cushions, music cabinet, bookcases, cretonne fabrics, tablecloths and runners, lamps, pictures, vases. Also circa 1960 re-editions of complete collections of French classic literature authors (Hugo, Balzac...) in 155 volumes, French teaching methods, music material, cookbooks and lots of U.S. reference books. Must see! Call CLAUDE, French retired teacher at Rochambeau Lycée, at (301-288-4972). Evenings in LW.

PIANO FOR SALE. Chickering. Excellent condition. Console. Matching bench. \$750 or best offer. Will consider donating to school or church.

BEDROOM SET—Dresser with mirror, chest, nightstand, bed frame, brown wood. \$200 or best offer. Anita S. (301-598-2795).

## RETAIL SALES

SCHAEFFER'S PIANO COMPANY. Founded 1901, Fourth generation family ownership. New Kawai dealer. New and used pianos—Steinway, Kawai, Yamaha, Schaeffer. (schaefferspiano.com). (301-424-1144)

## AUTO SALES

2009 CHEVROLET COBALT LT. 1 owner, only 4,680 miles. 4 door, power windows. New battery. MD inspected. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2004 TOYOTA CAMRY LE. Only 40,300 miles. MD-inspected. Like

new. New battery. Leather interior. \$7975. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

## AUTO SERVICES

NEW LEVEL AUTO SERVICE. European, domestic and Asian cars. 716 East Gude Dr., Rockville, MD 20850. Complete auto repair, electrical problems, computer diagnostic. ASE-certified technicians with more than 15 years of experience will prepare your car for the winter at a reasonable cost for service. Call us today (301-762-1200). Ask for Christian. We have senior discounts and free shuttle to metro station. Maryland Vehicle State Inspection for only \$59.99. (www.newlevelautoservice.com)

## TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER is here: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.—10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text: (301-933-8899). Email: (Steve.Your.Driver@gmail.com).

CALL & RIDE — Doctors, airport, casino. Will pick up your groceries. Always on time. Over 100 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

## CAREGIVING AND HEALTHCARE

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants."

"A" HOME HEALTH CARE for Senior Citizens — Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal

care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146)

ELDERLY CARE: Over 10 years experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

EXPERIENCED NURSING ASSISTANT. Offers personal care, companionship, housekeeping, cooking and transportation. Available Days or Nights. Full/PT. Have my own car. Excellent references. Speaks English and French. Parishioner at St. Patrick's Catholic Church. Anastasie (202-203-8573)

CAREGIVER with more than 14 years of experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends, and clients in facilities to group home members and privately cared for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. (240-883-8933) (brownzebra@hotmail.com) Shift: night.

FANTASTIC ELDER CARE PROVIDERS: Ruth Wilson (202-460-0302), Aminita (Amy) Diane (240-388-7135). Highly skilled, compassionate in-home care, available for private hire. \$20/hr. Everything from companionship and help with errands and meals, to full bed-bound care. We can't recommend these 2 ladies highly enough. Always on time, always providing quality care with dignity and respect. Recommended by the Lindstrom family.

RELIABLE, AFFORDABLE and SAFE caregiver to care for your loved one at home; light meal preparation and transportation. Driver license #T460585784974. (240-855-1104), (240-722-8238).



CNA, GNA, CMT. Reliable, loving caregiver with a passion to make you loved one have a wonderful time. I have 4 years' experience working in a memory care department. Call Janet (301-250-5139).

CAREGIVER/COMPANION. CNAs, Jeannette or Magda, offering personalized care, medication reminders, meal preparation, shopping, errands, light housekeeping. Over 10 years' experience in Leisure World area. Background check and references available. Minimum 4 hours. (301-675-1383), (240-604-1212).

CNA, GNA, CMT. Reliable, loving caregiver with a passion to make your loved one have a wonderful time. I have 4 years' experience working in memory care department. Call Janet (301-250-5139).

CNA, CPR, available anytime. 12 years' experience, 8 years in LW. Very honest, kind, dependable; excellent reference and reliable car. Please call (410-531-7160), (301-633-5435).

MARIE BAH. Very caring person with 15 years' experience in senior care. Board-certified nursing assistant in both Maryland and Virginia. Love and cherish every single second spent with senior citizens. Very flexible and adapt very easily. Excellent references from families I worked for. (240-694-5950).

CNA —with 25 years' experience. Seeking position to care for sick/elderly. Good references available Monday–Friday and weekends. Days or nights. Full/PT. Have my own transit. Call (301-442-9324).

CNA, over 20 years' experience. Honest, dependable care with respect and love. Personal care, cooking, cleaning and doing shopping. References available. Available now, days or nights. Call Yvonne at (240-706-0428).

CNA. Private duty nurse working in home care for 23 years. Looking for a full-time job. Available 24 hours. Certified in CPR. (301-237-6168).

HOME HEALTH AIDE, licensed in D.C. and working privately. Has worked in home care since 2007. Can drive, cook and do light housekeeping. References available.

TRUST HOME CARE, INC. A reliable/affordable home care agency with screened caregivers. Specializes in personal care, companionship, med reminders, errands, live-ins, meal-prep and much more. (240-432-8461) for a free assessment.

CAREGIVER AVAILABLE. Professional, compassionate, energetic retired nurse available to care for your loved one. Assistance with activities of daily living, meal prep, light housekeeping, errands, etc. Reasonable rates. (202-505-9908).

WONDERFUL HELPER/ CAREGIVER AVAILABLE. Odette is a caring, competent, and delightful woman who took care of our parents. Warm sense of humor, positive and peaceful force in the house, patient and respectful. She cleaned, cooked, managed medicines, drove (her own car), and coordinated other helpers. Wonderful with children too. Odette's #: (202-910-4471). References: Linda Strauss, (240-461-8231), Beth Bonita, (301-814-5421), Steve Strauss, (240-506-2515).

#### ASSISTED LIVING

2 RN's ASSISTED LIVING LLC is a small, independent company owned by 2 RN's, licensed, and with 38 years' experience and specializing in elderly care, disabled to meet their special needs; long- and short-term stays, dementia, respite care, hospice care, acute post-hospital care. We focus on health and safety for our residents. We advocate elderly care. Our passion is to provide a high quality, individualized care with caring and loving environment. We do hands-on nursing care. Please contact Pat, RN, for free consultation, at (301-338-4015) or (patyusingco@yahoo.com).

#### GENERAL SERVICES

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your

home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55-yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

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## HOME SERVICES

**KITCHEN AND BATHROOM**  
Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

**STAIR LIFTS:** Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

**CONTINENTAL MOVERS.** Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

**RELIABLE, EXPERT HANDYMAN:** painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

**SMALL MOVES AND TRASH-OUTS.** Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

## CLEANING SERVICES

**R&G CLEANING SERVICES –** Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

**ALICIA'S CLEANING SERVICES –** Good references. Good rate. Once a week or every two weeks. (240-286-3807)

**CARE DRY CARPET CLEANING.** Experience the difference. Host dry extraction system. Green, clean & dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

**HOUSE CLEANING –** 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

**UNITED CLEANING GROUP** has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible:

7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

**HOUSECLEANING –** Sara (240-477-2104) will thoroughly clean your home for a fair price; all supplies included. I am one of Sara's satisfied customers. Call me, Jackie (301-598-3711), for references.

**THE JOY OF CLEANING:** Weekly, bi-weekly, monthly, one time move in/move out. Reliable. Reasonable rates. Quality work serving area over 10 years. (240-393-9863)

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**COMPUTER SERVICES –** Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

**A+ COMPUTER SERVICES.** Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

**COMPUTER LESSONS / SERVICES –** Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English – no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Call David at (301-980-5840). **COMPUTERTUTOR**

**FIX YOUR COMPUTER –** LW residents \$35 any problem – Fix it or it's FREE. (301-802-6633) Easy Elder Tech

## PERSONAL SERVICES

**PRESERVE YOUR FAMILY MEMORIES!** Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

**NOTARY,** residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

**FELLOW LEISURE WORLD** resident available for companion

(local and travel); transportation: errands, church, social and medical appts.; friendly visitor. Excellent references. Call Kathleen at (202-758-9208).

**HOUSE CALLS LLC.** Beth Albaneze, CTRS, CPRP, Owner. We come to your home for your convenience when faced with acute or chronic life issues. All our services are under one umbrella with a variety of professionals to choose from: counselors, advocates, resource experts, life coaches, recovery specialists, recreation therapists, insurance advisers. Contact Beth at (301-346-6732) or (callingonbeth@gmail.com) web: (www.callingonbeth.net)

## LESSONS

**ONLINE PIANO AND VIOLIN** lessons with Skype. Conservatory graduate with over 34 years of experience as a teacher and performer is now giving online lessons to the Leisure World community. I have performed at the White House, Carnegie Hall, Kennedy Center, the Vatican and all over the world. If you are interested, call Diane at (301-977-1776).

## DONATIONS WANTED

**HOUSING UNLIMITED, INC** is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

**WANTED: CAR DONATIONS.** Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

**BOOK DONATIONS WANTED** for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at (301-840-1258)

## ACTIVITY OPPORTUNITIES

**CHAMBER MUSIC.** Amateur violinist, member of ACMP, Intermediate + Level, is interested in playing in a string trio, piano trio, or string quartet. 17 years' experience playing in the same amateur group in South Florida. Available daytime and evenings. Richard Labonski, 15320 Pine

**Aspen Hill SUNOCO**

**240-242-4026**

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Orchard Drive, #3H, Telephone (301-598-3407).

**DISTINGUISHED FLYING CROSS SOCIETY.** The organization's president, Lawrence Goldstein, is a Leisure World resident. He invites any resident who has received the Distinguished Flying Cross to join. Contact Larry (larr914@gmail.com), (301-847-9745).

**SCRABBLE CLUB FOR WOMEN**—seeking a few new members— Club meets at founder's LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using 'official Scrabble rules' and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call ((571-236-1775) in MD in LW).

**BOOK CLUB FOR WOMEN**— seeking a few "Serious Readers": 15+ year-old club reads award-winning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

**KNITTING AND NEEDLECRAFTS GROUP:** 10+ year old club meets every Sunday, 2-5 p.m, with typically 8-12 crafters (any

needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

**FILM GROUP FOR WOMEN** forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10:00 pm. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD-LW)).

#### VOLUNTEER OPPORTUNITIES

**MAKE A DIFFERENCE** in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. E-mail (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

**VOLUNTEER WITH REPRESENTATIVE PAYEE!** Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client

who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

**VOLUNTEER AS A HOTLINE CALL COUNSELOR** with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

**MUSEUM GUIDES** – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20 percent discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

**MEALS ON WHEELS** is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily

Trotter at (443-573-0925) or email (trotter@mowcm.org).

**MEALS ON WHEELS (MOW)**, which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

**KOSHER MEALS ON WHEELS**, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

**THE SENIOR CONNECTION** needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

**HELP A CHILD!** In just one-two hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural



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activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

**BLANKETEERS** — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

**ENGLISH AND MATH TUTORS** needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www.literacycouncilmc.md.org) or call Ashley France at (301-610-0030).

**PET FOSTERS.** Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www.animalalliesrescue.org). Follow on Facebook. AARF is 501 (c)(3) all volunteer non-profit.

#### NOTICES

**KEEPING SENIORS SAFE** — KSS. Morton A. Davis, coordinator and resident of Leisure World

is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

#### UPCOMING EVENTS

**NATIONAL CONCERT BAND** of America: free performance. Carl Sandburg Middle School, 8428 Ft. Hunt Road, Alexandria, VA 22308. No ticket required. Sunday, Dec. 9, 3 p.m.

The **CHILDREN'S CHORUS OF WASHINGTON**, the premier youth chorus in the national capital area, will present a holiday concert at the Rockville Memorial Library, 21 Maryland Avenue (in the Town Square) at 2 p.m. on Saturday, Dec. 8. This event is sponsored by the Friends of the Library Rockville Memorial chapter. It is free and open to all.

"SEE ME" at the Smithsonian. The experience of looking closely allows us to appreciate beauty, exchange ideas or simply respond to the work in front of us. Smithsonian invites individuals living with dementia, together with their care-partner, to join us for tours highlighting the joy of close-looking. Free; registration required. Contact Smithsonian

Accessibility Program at (access@si.edu) or (202-633-2921). Portrait Gallery: Wednesday, Dec. 5. Museum of African Art: Tuesdays, Dec. 18. Museum of American Art: Wednesdays, Feb. 6, March 6, April 3. Freer|Sackler Gallery: Wednesdays, Jan. 16, Feb. 20, March 20, April 17.

#### PETS FOR ADOPTION

**PEKINGESE PUPS** for companion placement. A few pups available 6 months to a year old. All current shots including rabies. Senior Discount \$750. Contact Vincent at (Vince817@yahoo.com) for photos.

#### WANTED

**FAST CASH FOR USED CARS** — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

**WILL BUY MILITARY, WW2, WW1, Civil War** memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

**CASH FOR RUGS:** oriental rugs, any condition. European, Asian,

Navajo, etc. (atticllc.com) Gary (301-520-0755)

**CASH FOR JEWELRY:** gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

**TURN YOUR STERLING SILVER** and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

**CASH FOR RECORDS, CDs, and tapes.** Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@gmail.com). Will make house calls.

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Freshly painted, garage space



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**"P" Model - Fairways - \$325,000**  
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**"G" Model - Overlook - \$259,000**  
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**"J" Model - The Greens - \$229,000**  
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