Leisure World News

OF MARYLAND

December 20, 2019 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

Interfaith Volunteers Make Holiday Gifts for the Homeless



From left, Connie Newett, Marilyn Sebastian and Anita Sperling, volunteers with the Interfaith Committee for the Homeless and Working Poor, have a laugh while stuffing holiday bags for a local homeless shelter on Dec. 11. Photo by Kimberly Y. Choi, Leisure World News

by Kimberly Y. Choi, Leisure World News

H and-knit hats and scarves made by the volunteer knitters of the Interfaith Committee for the Homeless and Working Poor (CHWP) arrived in a heap at The Inter-Faith Chapel's library on Dec. 11.

CHWP volunteers packaged them in gift bags for the Interfaith Works Women's Center, a homeless shelter in Rockville, Maryland. The knitting group, a CHWP subcommittee, made the hats and scarves; they make winter wear and yarn goods for charitable projects throughout the year.

"It feels good to do good," member Rae Cooper said of the Committee's motivations for its work. The CHWP hopes the gift bags will serve practical needs and bring joy to the approximately 70 women housed at the shelter.

The CHWP's volunteers commented on the high quality of the knit goods as they filled each bag also with socks, lotion, lip balm, a pen, note paper and a fabric scarf made by project coordinator Kathleen McCauley and her husband. The 35 bags were then loaded into cardboard fruit crates, ready for delivery.

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Last Call to Schedule Free Installation

Check Home Mailbox for Reminder from Comcast Xfinity

by Leisure World News

Residents who have yet to schedule their free installation appointment with Comcast Xfinity, Leisure World's internet and cable TV provider, are reminded to do so by calling (1-855-638-2855) or stopping by the Harbor Room in Clubhouse I.

Although Comcast Xfinity is nearing the end of its final phase of installations, about

950 of Leisure World's 5,660 homes are still without the high-speed internet included in the community's bulk rate contract, according to Marla

Mitchell, Comcast Xfinity project manager.

Residents who've yet to make that call should check their home's mailbox for

a postcard that was mailed to them on Dec. 19 by Comcast Xfinity. The company aims

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Fee Set to Increase

by Leisure World News

Leisure World's Community
Facilities Fee is set to
increase to \$204 per unit per
month beginning Wednesday,
Jan. 1, 2020.

Sometimes referred to as the Trust fee, the Community Facilities Fee is the portion of a resident's total monthly fee that goes toward the Trust's assets and facilities, which are commonly owned and shared by all residents.

When residents pay their Community Facilities Fee, they are paying for the upkeep and maintenance of:

• community streets and parking lots

- · Clubhouse I and II
- Administration Building
- 18-hole golf course
- golf pro shop and lounge
- medical center
- community gardens
- · three gatehouses
- swimming pools
- tennis/pickleball courts
- Clubhouse I restaurants
- bulk rate internet and cable TV service

The Community Facilities Fee is set annually by the Leisure World Community Corporation (LWCC) board of directors and is based on the Trust budget, which is developed by Leisure World of Maryland Corporation with recommendations from the LWCC advisory committees.



For holiday hours and closings, see page 6.

Comprised of volunteers from the Jewish Residents of Leisure World, Leisure World's Unitarian Universalist congregation, The Inter-Faith Chapel and Our Lady of Grace Catholic Church, as well as other faith groups, the CHWP relies on the generosity of monetary donations to purchase the non-knit items in the gift bags, as well as for its other projects.

Leisure World's religious groups encourage these donations during their services. A

Comcast

to complete internet and

home by the end of 2019.

upgraded cable TV installa-

tions in every Leisure World

If a resident does not have

internet service with Comcast

service they are not receiving,

Xfinity and does not choose

to schedule an installation,

Cable TV and internet

billing rates will automati-

cally adjust to the bulk rates

when the contract begins on

Additionally, residents who

do not schedule their installa-

tions now may be charged an

installation fee if they decide

Comcast Xfinity represen-

they want the service later.

Installation Assistance

Wednesday, Jan. 1.

they will be paying for a

Mitchell said.

✓ from page 1

fuller donation coffer allows for more generous gifts — last year, the CHWP was able to include a gift card in each woman's gift bag.

Skilled Sharing

"Women are really very creative," Harriet Smiley said at a September meeting of the CHWP as she fashioned a winter cap from an assortment of tiny blobs of yarn. It's one of the many caps that were donated to either the women's shelter in December or to the CHWP's Caps for

lation appointment.

The office is open closed for the holidays on the

- Dec. 24 closes at 2 p.m.
- Dec. 25-Dec. 27 closed
- Dec. 31 closes at 2 p.m.

sessions at Leisure World have ended, however, residents can still register to attend a workshop to learn more about their internet and cable TV services at the Comcast Xfinity store in

tatives located in the Harbor Room of Clubhouse I can help residents who need assistance calling to schedule their instal-

Monday through Thursday from 10 a.m.-5 p.m. and on Fridays from 10 a.m.-3 p.m. (the office is closed 1-2 p.m. every weekday). Also keep in mind that the office is following days and times:

Comcast Xfinity's demo Aspen Hill.

Kids drive in October.

Smiley recently took in a museum exhibit on art by women, which featured mostly painting and photography. She feels it overlooked a long tradition of handiwork by women: knitting and other fiber art that shows beauty and skill.

It's a skill the CHWP knitters enjoy sharing with each other and the local community.

Knitter Mary Beth Mason brought to the meeting a bag of new zippers she no longer needed, and Smiley suggested she donate the remainder to high school theatre groups and children's clubs that might need zippers for their crafts.

Both knitters say that as they clean out their homes, they try to ensure their possessions fall in the hands of people who can use them, so that nothing is wasted.

Sharing is at the core of the CHWP's values. As an interfaith group, the CHWP brings together residents of different beliefs to share in the experience of volunteering.

Another CHWP subcommittee, which makes sandwiches for homeless shelters, requires that each session include volunteers from each of Leisure World's four major faith groups.

Among the knitters, even the artisanship is shared. Coordinator Mary Ann



Knitters make hats and scarves that were recently donated to a local women's homeless shleter. Photo by Kimberly Y. Choi, Leisure World News

Siushansian presented a granny square at the meeting, one that had been sitting among the group's supplies, and asked whether anyone would like to add four more inches to it so that Siushansian can use it for a more complex piece.

Group members refer to these ownerless works that may be claimed by a new crafter as "UFOs": unfinished objects, Smiley said.

The CHWP's Knitting Group gathers for its collective industry twice a month. Those interested in taking part in any of the CHWP's projects may contact Gwen Raphael at (301-348-8814).

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Leisure World N

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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We will not knowingly permit a dishonest advertisement to appear nor do we guarantee the reliability of advertisers.

Notification to Security of Expected Visitors

by Leisure World News

he Security Department appreciates your assistance in Leasing the entry of your guests into the community. Residents are reminded to contact the Main Gate when expecting guests. All guests must have authorization from a resident or a valid guest pass to gain entry.

Residents expecting more than five guests at any one time are asked to fill out the form titled, "Notification of Guests/ Visitors Expected," available from the Security office in the



Photo by Leisure World News

Administration Building, or visit (residents.lwmc.com) and click on the Incoming Visitor Form on the Security and Transportation page. Print, fill out and return the form to the Security office, or email it to (security.lwmc. com). This notification will help to alleviate any possible delays at the gate.

2019-2020 Registered **Snow Shovelers**

from the Security and Transportation and Grounds Departments

Name	Phone	Identification
Freddy Alvarez	301-366-8684	Badge #1
Rivelino Valdivia	571-251-6365	Badge #2
Iberly Valdivia	240-552-0924 or 240-388-2336	Badge #3
Sean McDermitt	301-922-0150	Badge #4
Ryan Williams	240-462-6718	Badge #5
Matthew Foster	240-553-4431	Badge #6
Maria Sosa	202-280-9475 or 240-755-4921	Badge #7
Ricardo Mercado	240-481-9412	Badge #8
Victor Cordova	240-204-2896	Badge #9
Edwin Rodriguez	240-755-4478	Badge #10
Jose Canales	240-701-6854	Badge #11
Stephen Kalish	240-532-1597	Badge #12
Robin Del Cid	301-272-4599	Badge #13
Daniel Ramos	240-510-4535	Badge #14
Moris Armando	240-418-0812	Badge #15
Charles Leiva	240-971-8290	Badge #16
Ephrem Kibret	202-710-5572	Badge #17
Jose Marin	240-863-5992	Badge #18
Ana Villasenor	301-646-6373 or 956-330-3560	Badge #19
Walter Cooper	301-473-2191	Badge #20

There are no set fees for services rendered. Inquire and agree upon pricing prior to and only pay upon completion of services. For assistance, contact the Grounds Department at (301-598-1314) or the Security and Transportation Department at (301-598-1355) during business hours. Call the Main Gate at (301-598-1044) for assistance outside of business hours.

Jan. 8 and 9: MVA **Mobile Office Returns**

by Leisure World News

T eed to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Wednesday, Jan. 8, and Thursday, Jan. 9.

The van will be located in the Clubhouse II parking lot, where the hours of operation for 10 a.m.-2 p.m. Residents are encouraged to arrive early as wait times may be long.

Services offered include

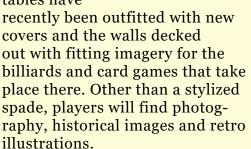
renewal of non-commercial driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

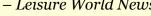
If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

Where in Leisure World?

he playing card suits that appeared in the Dec. 6 edition are among the new décor in the Game Room in Clubhouse II.

The Game Room's pool tables have









- Leisure World News Photos by Leisure World

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GOVERNANCE & Information

Dial 301-598-1313 for recorded Daily Events

2019-2020 Broadcast Schedule Channel 974

Due to technical issues, the Leisure World Community Corporation (LWCC) board of directors and executive committee meetings will not be broadcast until further notice. Management is in the process of selecting a new platform on which to broadcast LWCC governance meetings.

Board Renews General Manager's Contract

The Leisure World Community Corporation (LWCC) board of directors has renewed the general manager's contract, effective Wednesday, Jan. 1, 2020 through Thursday, Dec. 31, 2021.

The general manager is the president of Leisure World of Maryland Corporation, a subsidiary of the LWCC.

The LWCC board of directors holds its organizational meeting to elect its officers and at-large members on Friday, Jan. 3, at 9:30 a.m. in Clubhouse I. All residents are welcome to attend.

– Leisure World News

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com
- Administration administration@lwmc.com
- Communications communications@lwmc.com
- Education and Recreation recreation@lwmc.com
- Physical Properties physical properties@lwmc.com
- Security security@lwmc.com

INCLEMENT WEATHER CONTACTS

- Snow-related information: (301-598-1313)
- Snow removal updates: channel 972 and (resi dents.lwmc.com)
- Report a stuck vehicle or accident: (301-598-1044)
- Snow clearance inquires: (301-598-1314)

HOLIDAY SCHEDULE

Christmas Eve, Christmas Day,	New Year's Eve	, New Year's Day	
(DEC. 24)	(DEC. 25)	(DEC. 31)	(JAN. 1)
Administration 8:30 a.m3:30 p.m.	Closed	8:30 a.m4 p.m.	Closed
CLUBHOUSE I			
Education & Recreation 8:30 a.m3:30 p.m.	Closed	8:30 a.m4 p.m.	Closed
Eyre TravelClosed	Closed	Closed	Closed
Rossmoor LibraryClosed	Closed	Closed	Closed
Clubhouse Grille Closed	Closed	Reservations only	Closed
Stein Room9 a.m2 p.m.	Closed	9 a.m2 p.m.	Closed
Геrrace Room9 a.m2 p.m.	Closed	9 a.m2 p.m.	Closed
CLUBHOUSE II			
Education & Recreation 8 a.m3:30 p.m.	Closed	8 a.m6 p.m.	Closed
FISH DeskClosed	Closed	Closed	Closed
Fitness Center4 a.m9 p.m.	Closed	4 a.m9 p.m.	8 a.m2 p.m.
Swimming Pool (Indoor)8 a.m8 p.m.	Closed	8 a.m8 p.m.	Closed
OTHER SERVICES			
Golf Course and Pro Shop9 a.m4 p.m.*	Closed	9 a.m4 p.m.*	9 a.m4 p.m.*
MedStar Health8 a.mnoon	Closed	8 a.mnoon	Closed
MedStar Pharmacy8 a.mnoon	Closed	8 a.mnoon	Closed
Physical Properties DepartmentOpen	Closed	Open	Closed
Post OfficeOpen	Closed	Open	Closed
Security GatesOpen	Open	Open	Open
Signal Financial Federal Credit Union 9 a.m1 p.m.	Closed	9 a.m1 p.m.	Closed

Shuttle Buses: Shuttle buses will operate on a normal schedule on Tuesday, Dec. 24, and Tuesday, Dec. 31. There will be no shuttle service on Wednesday, Dec. 25, or Wednesday, Jan. 1. Call Main Gate for supplemental transportation.

Trash Collection: Trash/recycling pickup will operate on a normal schedule on Tuesday, Dec. 24, and Tuesday, Dec. 31. There will be no trash/recycling pick up on Wednesday, Dec. 25, or Wednesday, Jan. 1.
*weather permitting











to all my Leisure World friends!





















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LEISURE WORLD

HAS SO MANY WAYS TO KEEP UP WITH **COMMUNITY NEWS AND EVENTS:**



Leisure World News

- Community News
- Club News
- Calendar of Events
- Calendar of Meetings



Recorded Daily Events (301-598-1313)

Mobile Access to (residents.lwmc.com)

Social Media

- Twitter @LeisureWorldMd
- Facebook | Leisure World of Maryland



Resident Website (residents.lwmc.com)

- Community News
- Community Calendar
- News Alerts
- Information about Amenities and Services
- Access to Mutual website portals



TV Channels

- 972 Daily Events and Announcements
- 974 Weekly Events and Meeting Broadcasts





Community Email

• available upon sign up to (residents.lwmc.com)

THOUGHTS & OPINIONS: From Our Residents

A Few Things to Remember

Relevance: Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.

Respect: Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.

Brevity: Being concise will ensure that your opinion will have maximum impact.

Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.

Ownership: All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.

RECYCLING REMINDER

We Do Recycle Cardboard! From the Sanitation Department

SUBMITTING AN ITEM **TO THOUGHTS & OPINIONS**

- 1. Submissions must be emailed to (aclwn@lwmc.com) or delivered to the LW News Office.
- 2. Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- 4. LW News cannot guarantee when or if a submission will be published.
- 5. To view the full Leisure World News Guidelines, sign in to (residents. lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

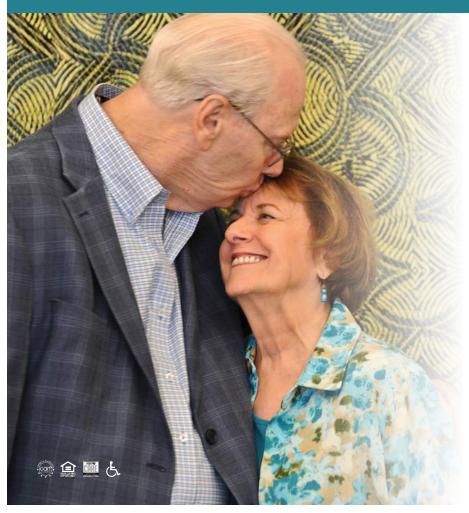
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Address	Subdivision	Туре	Beds	Baths	Asked	Got	Subsidy
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2901 S LEISURE WORLD BLVD #211	Creekside	Unit/Flat/Apartment	2	2	\$426,500	\$415,000	\$0
2901 S LEISURE WORLD BLVD S #408	Creekside	Unit/Flat/Apartment	2	2	\$320,000	\$320,000	\$0
2901 S LEISURE WORLD BLVD #409	Creekside	Unit/Flat/Apartment	2	2	\$289,000	\$285,000	\$0
3398 GLENEAGLES DR #73-3C	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1	\$115,000	\$115,000	\$0
3427 S LEISURE WORLD BLVD #89-2B	Montgomery Mutual Coop	Unit/Flat/Apartment	2	1	\$116,900	\$116,900	\$0
14613 DEERHURST TER #212-B	Rossmoor Mutual #10	Twin/Semi-Detached	3	2	\$385,000	\$375,000	\$0
15030 CANDOVER CT #275-B	Rossmoor Mutual #12	Twin/Semi-Detached	3	2	\$260,000	\$265,000	\$5,000
15401 WENTBRIDGE CT #43-C	Rossmoor Mutual #15	Twin/Semi-Detached	3	2	\$419,000	\$420,000	\$0
15310 BEAVERBROOK CT #3F	Rossmoor Mutual #19B	Unit/Flat/Apartment	3	2	\$196,000	\$199,000	\$0
3629 GLEN EAGLES DR #31C	Rossmoor Mutual #7	Unit/Flat/Apartment	2	1.5	\$131,000	\$131,000	\$0
15107 INTERLACHEN DR #2-614	The Greens	Unit/Flat/Apartment	3	2	\$339,000	\$320,000	\$6,000
15100 INTERLACHEN DR #4-208	The Greens	Unit/Flat/Apartment	2	2	\$179,900	\$160,000	\$0
15100 INTERLACHEN DR #4-425	The Greens	Unit/Flat/Apartment	1	1	\$129,000	\$125,000	\$0
2900 N LEISURE WORLD BLVD #507	Turnberry Courts	Unit/Flat/Apartment	2	2	\$199,900	\$199,900	\$7,500
3200 N LEISURE WORLD BLVD #801	Vantage Point East	Unit/Flat/Apartment	3	2	\$489,000	\$489,000	\$0
3210 N LEISURE WORLD BLVD #1003	Vantage Point West	Penthouse Unit/Flat/Apartment	2	2	\$355,000	\$355,000	\$0
3210 N LEISURE WORLD BLVD #820	Vantage Point West	Unit/Flat/Apartment	2	2	\$340,000	\$342,000	\$4,200
15000 PENNFIELD CIR #404	Villa Cortese	Penthouse Unit/Flat/Apartment	2	2	\$450,000	\$440,000	\$0



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EVENTS & Entertainment

■ The Inter-Faith Chapel

Dec. 24: Chapel Holds **Annual Christmas Eve Worship Service**

by Kevin Clemens

ll are invited to The Anter-Faith Chapel on Tuesday, Dec. 24, at 6 p.m. for the annual Christmas Eve worship service.

This special service is an opportunity to experience peace and calm amidst the busyness of the holiday, to regain focus and meaning of the season and to find connection with one another.

The service will include traditional music of the season. The Chancel Choir, enhanced by Katie Ambacher on the flute and Noelle Drewes on the oboe, will sing Christmas anthems of John Rutter.

The Advent Wreath lighting ceremony will also be part of the service.

The evening's message will center on a short story that embraces the spirit of Christmas. Holy Communion will be offered for the Christmas Eve service, and all are invited to participate. This is a wonderful way to spend a portion of Christmas Eve together.

The Inter-Faith Chapel invites residents to bring family, friends and neighbors and join its celebration of this holy season.

■ Fireside Forum

Jan. 5: Professor Discusses how 'Hamilton' Mixes **History and Showbiz**

by Jonas Weiss

n Sunday, Jan. 5, Richard Bell, professor of history at the University of Maryland, will talk about how the Broadway show "Hamilton" mixes history with show business.

He will explain what the produc-Professor Richard Bell, tion gets right or courtesy photo wrong about Alexander Hamilton, the American Revolution and the birth of the U.S., and why it all matters.

Bell's research focuses on the history and culture of the U.S. between 1750 and 1877. He is the author

of a recently published book, "Stolen: Five Free Boys Kidnapped into Slavery and Their Astonishing Odyssey Home."

He is the recipient of more than a dozen teaching awards, including the prestigious University of Maryland Board of Regents Faculty

Award for Excellence in Teaching. The program

is at 2:30 p.m. in the Clubhouse II auditorium. Juanita Sealy-Williams is the host for the speaker.



New Year's Eve Sock Hop is Sold Out

Tickets to the Sock Hop Club's New Year's Eve sock hop have been sold out. For questions about the Club, contact Doug Brasse at (301-448-8708).

– Abigail Murton



■ Education and Recreation Department

Jan. 11: Instrumentalist Seth Kibel and the Kleztet

S eth Kibel and the Kleztet (formerly the Alexandria Kleztet) return to Leisure World on Saturday, Jan. 11, for a 7 p.m. performance in the Clubhouse II auditorium.

Exciting and innovative, Kibel and the Kleztet have been combining traditional Eastern European/Jewish music with diverse influences for more than a decade.

New arrangements of traditional melodies and original songs by members of the band draw upon jazz, classical, world beat, rock and other musical genres to create a unique and entertaining sound.

Sponsored by the E&R Department, tickets for this event are \$8 per person and are on sale in both clubhouse E&R offices. Please bring your Leisure World ID.



Based in the Washington, D.C./Baltimore area, the band has performed throughout the Mid-Atlantic region, including appearances at the Kennedy Center in Washington, D.C., and regular concerts at the Peabody



Seth Kibel, courtesy photo

Institute in Baltimore City.

They began touring internationally in 2007 with a performance at the Semanas Musicales festival in Chile.

Led by woodwind player Seth Kibel, the band includes Helen Hausmann, violinist; Bob Abbott, bassist; and Tim Jarvis, percussionist.

The Kleztet has recorded four CDs and, over the years, has won 15 Washington Area Music "Wammie" awards in the categories of world music duo or group, world music instrumentalist, jazz instrumentalist, and world music recording.

Coming in 2020

The E&R Department is pleased to provide the following programs.

Jan. 11, 7 p.m. Seth Kibel and The Kleztet

Karen Gray Quartet Jan. 26, 4:30 p.m. Feb. 15, 7 p.m. Pam Parker Trio

> Watch Leisure World News for more information on these and other upcoming programs throughout the year.



Jan. 26: And the Winner Is...

Quartet Performs Academy Award Winning Songs from the Mid-20th Century

The 2020 Academy Awards show is coming up. Can this year's Best Original Song nominees compare to the jewels of yesteryear?

On Sunday, Jan. 26, at 4:30 p.m., the Karen Gray Quartet will highlight the awards season with selections

from 1936 to 1965. The concert, performed in the Clubhouse II auditorium, features compositions by Jimmy Van Heusen, Johnny Mercer, Henry Mancini, Frank Loesser, Rodgers and Hammerstein and others. These are timeless favorites!

Sponsored by the E&R Department, tickets for this exceptional performance are \$8 per person and go on sale beginning on Tuesday, Dec. 24, at 8:30 a.m. in both clubhouses. Please bring your Leisure World ID.

About the Performers

For vocalist Karen Gray, every performance is an act of love: she loves the songs, she loves the collaboration with fine musicians and she loves her audience. Washingtonian





From left, vocalist Karen Gray and pianist and song stylist Wayne Wilentz, courtesy photos

Magazine described her as a "tip top vocalist" and Just Jazz Guitar magazine praised her "lovely vocal stylings."

Gray has performed at area hot spots and events including The Kennedy Center Millennium Stage, The Smithsonian Jazz Café, the Bethesda Fine Arts Festival, the Silver Spring Jazz Festival and numerous restaurant dates and private events.

Pianist and song stylist Wayne Wilentz is one of the Washington, D.C., area's most in-demand musicians with a deep repertoire of gorgeous, fun and evocative tunes. He and Gray have collaborated extensively for almost 20 years. They are joined at Leisure World by favorite bandmates, bassist David Jernigan and drummer Dominic Smith.

Holiday Performances in the Crystal Ballroom

Reservations required. To make reservations, call (301-598-1330).

Dec. 31

New Year's Eve celebration in the Clubhouse I Crystal Ballroom with "Sax with Mike" Surratt

2019-2020 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Dec. 29, 2 p.m.	Ben is Back	NOW
Jan. 12, 2 p.m.	Pavarotti	Dec. 24
Jan. 30, 1 p.m.	The Best of Enemies	Jan. 7
Feb. 13, 1 p.m.	Gloria Bell	Jan. 21

Movies are subject to change.



Hearing is one of the joys of life. Don't neglect it!



From left: Kathryn Balestino-Estes, AuD., Dr. Heather Schwartzbauer, M.D., Allyson Bull, AuD., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrosniak, M.D.

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■ Education and Recreation Department

Sunday Afternoon at the Movies

Jan. 12: 'Pavarotti'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium.

On Sunday, Jan. 12, the featured film is "Pavarotti" (2019, 1 hour 54 minutes, documentary/biography/music, rated PG-13 for brief strong language and a war related image).

Free tickets, limit two per person, are required and can be obtained beginning

Tuesday, Dec. 24, at 8:30 a.m. in either clubhouse E&R office. Please bring your Leisure World ID.

Pavarotti may be best known for bridging the divide between

opera and popular culture/ music, and for bringing an understanding of and appreciation for opera to the general public.

In this documentary, Oscar-winning director Ron
Howard examines the life and work of the opera legend, through interviews of family, friends and professional associates and never before seen footage taken of Pavarotti in his everyday life.

Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.



■ Hadassah

Jan. 15: 'The Powder and the Glory'

by Barbara Eisen

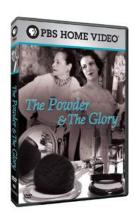
Hadassah shows the documentary film "The Powder and the Glory" (2007, 1 hour 26 minutes, documentary, not rated) on Wednesday, Jan. 15, at 2 p.m. in Clubhouse I.

The film tells the story of the cosmetic entrepreneurs Elizabeth Arden and Helena Rubinstein, who competed against each other for more than 50 years.

It traces the history of the cosmetics industry from the late 1800s to the 1960s and includes many interviews with people directly

connected to Arden and Rubinstein. Archival photos and video clips also lend to a story that is fun and easy to follow.

A \$5 fee to attend benefits Hadassah medical research. Pay at the door by cash or check payable to Hadassah. Refreshments will be served, and all residents are welcome to attend.



PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for



programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.

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HEALTH & Fitness

- Center for Lifelong Learning (CLL)
- **■** Friends of India Assocation

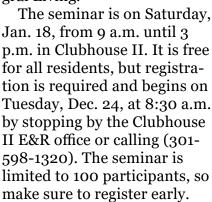
Jan. 18: Integral Living Seminar by Wellness Veritas

by Fred Shapiro

Anyone who has tried knows that it's a challenge to change eating habits, handle stress and find balance within ourselves as we age.

To guide residents in

their efforts to confront these habits. the Center for Lifelong Learning (CLL) and the Friends of India Association present Dr. Susheel K. Sharma and registered nurse Joe Milillo of Wellness Veritas to discuss "Integral Living."



About the Seminar

Creating and following a

holistic lifestyle takes a strong support system in which people can find answers to their questions and the encouragement they need. Sharma and Millio will provide the information and practices needed to enjoy a healthier, more energetic

and more understanding lifestyle.

The seminar's topics will include weight management, non-medicinal control of blood pressure, control of diabetes and cholesterol, and ways to protect oneself from heart disease,

stroke and cancer.



Fresh fruits and vegetables, photo courtesy Wellness Veritas

About the Presenters

Sharma, a Fellow of the American College of Cardiology, has been a practicing cardiologist in Anne Arundel County, Maryland, for the past 25 years.

From 1993 until 2014 he practiced as an intervention cardiologist, performing several thousand interventional cardiology procedures. His focus now is to use lifestyle transformation and integra-

tive wellness to prevent heart attacks and strokes.

Milillo is trained as a cardiology registered nurse and meditation instructor. He has seven years' experience working in telemetry and cardiac care units. He has been studying and practicing meditation for nearly 20 years and has led guided meditation for three years. The seminar provides an excellent opportunity for residents to have their questions about changing their lifstyles and habits answered by professionals.

For information on all Center for Lifelong Learning classes and seminars, visit (www. cllmd.com).

■ FISH (Friends in Sickness and Health)

Assistance Items Ready for Borrowing

by Beth Leanza

Although some people might feel self-conscious using assistive equipment, they might want to remember that a fall that could result in an injury might be a far worse experience.

Besides, they can think of an assistive device as a personal, portable handrail rather than as a cane or walker! The most important thing is to stay safe.

Lost and Found

The FISH closet currently is holding all kinds of clothing, books, water bottles, jewelry (mostly orphan earrings), watches and phones.

Residents can come to the FISH office in Clubhouse II to look for their lost items. Volunteers are in the office Monday to Friday from 10 a.m. to 4 p.m. If FISH is closed, an E&R staff person can let you into the office to look for an item, or call the Clubhouse II E&R office at (301-598-1320).

The FISH office is closed for major holidays. If Montgomery County schools are delayed because of weather, the morning volunteer shift is cancelled. If schools are closed because of weather, the FISH office is closed.

What Happens at FISH

FISH is a group of volunteers that accepts donations of assistive equipment and lends them to residents and employees of Leisure World. Such equipment includes wheelchairs, walkers, commodes and shower chairs, and volunteers make sure items are in good, working and safe condition.

Those who are thinking of buying a new piece of equipment can first borrow an item from FISH to try it out – there's no charge. Or, if it works well for you, you can keep it – there's still no charge! You may wish to check with a professional therapist first, however.

Donations Accepted

FISH also accepts donations of assistive, health-related items such as canes, easy reachers, elevated toilet seats, incontinence items such as mattress pads or Depends, and some medical items such as diabetic supplies.

FISH does not, however, accept oxygen tubes, outdated CPAP machines, or foot items (since foot items get shaped by the user and are not good for other people).

Residents interested in joining FISH may phone Beth Leanza at (301-598-4569) to set up a training session.

Acupuncturist to Leave, but Treatment Still on Hand

A cupuncturist Gail Koffman, who has offered her services in the MedStar Health medical center for nearly two years, is closing her practice, Pointing to Wellness, on Tuesday, Dec. 31.

Koffman's patients and all residents seeking acupuncture services are encouraged to contact doctor of acupuncture Minh Nguyen at (240-401-4155).



Doctor of acupuncture Minh Nguyen flexes an acupuncture needle. Photo by Leisure World News

Her practice, Mindfulness Care Acupuncture, is located in the medical center.

– Leisure World News

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

Fitness Center: One of the Fitness Center's personal trainers leads a free orientation tour of the Fitness Center on the second Tuesday of

every month at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or (TTY: 1-866-403-3073) or visit (www.alz.org).

Living Better with Parkinson's: The Living Better with Parkinson's support group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1-3 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).

ALZHEIMER'S DISEASE AND DEMENTIA

CARE CONSULTATIONS

One-on-one assistance from Diane Vance, programs and services manager of the Alzheimer's Association National Capital Area Chapter

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This service is designed to help caregivers — as well as those who are newly diagnosed — cope with the impact of Alzheimer's and other forms of dementia, enabling participants to better understand the disease, manage care and make informed decisions regarding services and treatments. Consultant Diane Vance can assess current needs, help develop a care plan, address behavioral and communication concerns, share coping techniques, discuss care options, provide resources and more. Care consultations may be scheduled at any time during the dementia journey.

To schedule your appointment, contact Toni Davis at 301-388-7209 or tdavis@bgf.org.







Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.



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Dec. 25–Dec. 28

New Year's Day Jan. 1, 2020



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Stein and Terrace Room Hours: Sunday: 9:30 a.m. – 8 p.m. | Mon. – Tues.: 9 a.m. – 8 p.m. | Wed. – Sat.: 9 a.m. – 9 p.m. For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

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- Guided fluoroscopic injections are virtually pain free, unlike blind injections.
- · No lost time from work or family.
- · No expensive or time-consuming rehabilitation.
- No potentially addictive prescription medications.
- · Recovery time is almost instant, not months or years.

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CLUBS, GROUPS & Organizations

■ Arts in Motion (AIM)

Group Seeks Novelists

C alling all Leisure World writers of fiction: Do you have a novel in print? If so, Arts in Motion's (AIM) Authors in Mind will be holding a discussion and book signing this winter.



To be considered, visit (AuthorsInMind.com) and click on "LW Writers" for more information and to submit your book for review.

- Grace C. Cooper

■ New Yorkers and Friends Group

Jan. 9: A Taste of New York Nostalgia

by Linda Mahler

M ore than 45 New Yorkers and Friends attended a screening of the entertaining 1982 movie "Tootsie" and a delicious bagels and more brunch on Dec. 13. Members and Friends had a chance to become better acquainted and have a great time together.

A taste of nostalgia continues when the New Yorkers and Friends Group holds its next meeting on Thursday, Jan. 9, at 10:30 a.m. in Clubhouse I. Attendees are asked to bring along any New York-related memorabilia they would like to share with the Group.

A sampling of egg creams and pretzels will be served. Those wishing to stay can meet for a self-paid lunch in the Terrace Room in Clubhouse I after the meeting.

Coming in 2020

In lieu of the regular February meeting the Group will enjoy "An Evening of Comedy and Deli" on Thursday, Feb. 13, at 6:30 p.m. in Clubhouse II. Exciting details are forthcoming.

For information about the Group, contact either co-president Linda Mahler at (301-288-4367) or Carole Mund at (301-598-2768).

■The Washingtonians

Jan. 17: Club Meets to Select New Secretary

by Ann Branch Nash

The Club's first meeting of the new membership year is on Friday, Jan. 17, at 2 p.m. in Clubhouse I. The Club's board decided to return to Friday afternoon meetings after many members voiced concern that Saturday afternoons present recurring issues for most members.

The meeting's agenda includes selecting a new secretary to replace Andra Matthews, who is no longer able to serve. The Club also needs someone to handle amenities.

Meeting plans also include a speaker, a video about Washington, D.C., and collection of \$15 annual dues. The Club hopes to see you there.

Potential Club Seeks to Explore Dividends

A new group is forming that seeks to educate residents about companies that have consistently paid dividends to their shareholders over the years.

Residents who are interested in joining or would like further information should contact the group's organizer, Dennis Eisen, at (dennise@aol.com) or (240-328-4229) and leave a message.

– Dennis Eisen

■ Fitness Club

Jan. 7: New Club Meets for Organizational Meeting

by Pat McConnell

The newly established Fitness Club meets for an organizational meeting on Tuesday, Jan. 7, at 6 p.m. in Clubhouse I. All interested residents are welcome to attend.

The Club's goals will focus on fitness



in all areas, including more than just exercise. The Club wants to explore areas of nutritional fitness, the body/brain connection, social awareness and joint and muscle movement, as well as share articles on the latest health and fitness research, and even environmental health.

The Club will invite subject matter experts to its meetings to present topics of interest and guide open discussions and seminars, taking an overall approach to health and well-being!

Interested residents should email Pat McConnell at (pmcconnello2@gmail.com).

■Mindful Meditation

Group Meets First and Third Wednesday

by Rhona Bosin

The Mindful Meditation Group is up and running!
Its first session on Dec. 4 focused on the topic of mindful breathing. Future topics will include "Wisdom and Compassion: the Two Wings of Mindful Meditation," "Loving Kindness" and "Staying in the Present Moment."

The Group meets on the first and third Wednesday of every month from 7-8:30 p.m. in Clubhouse II. Because New Year's Day falls on a Wednesday, the session for that week will be held on Thursday, Jan. 2, instead.

All residents are welcome to attend. For further information, contact Rhona Bosin at (RhoMelody@gmail.com).

Jan. 21: Learn to Avoid Scammers

by Fred Shapiro

Residents may receive phone calls and emails asking for money; these requests are often scams.

To help residents identify scams and outsmart scammers' tactics, the Center for Lifelong Learning (CLL) has invited Edward Jones financial advisor Eric Ashmont to present a program entitled "Outsmart the Scammers" on Tuesday, Jan. 21, at 2 p.m. in Clubhouse I.

The event is free for all residents, but registration is required and available begin-

ning Tuesday, Dec. 24, at 8:30 a.m. in the Clubhouse I E&R office, or by calling (301-598-1300). Attendees are asked to bring their experiences and questions to the presentation.

About the Event

Incidents of fraud are on the rise and scammers' tactics outsmart the scammers.

He will discuss how to spot certain red flags that may indicate a fraudulent encounter, the resources residents can turn to in the event that they or their loved one is targeted, and steps they can take now to help protect themselves and their loved ones.

About the Presenter

Eric Ashmont, cour-

tesy photo

Ashmont serves the community from his office in North Bethesda. He has his

Series 7 (General Securities Representative), Series 66 (Uniform Combined State Law Examination) and insurance licenses.

Upon joining Edward Jones, he completed a comprehensive and ongoing training program that includes all required licensing examinations, investment education and instruction in identifying appropriate solutions for specific client needs.

For information on all CLL classes and lectures, visit (www.cllmd.com).

are becoming more complex. Ashmont's presentation will help provide the information residents need to identify and

■ Center for Lifelong Learning (CLL)

■ Computer Learning Center

Jan. 26: Tech Day Featuring AARP Fraud Watch

by Fred Shapiro

The Center for Lifelong Learning (CLL) and the **Computer Learning Center** sponsor a Tech Day on Sunday, Jan. 26.

Students from the Charles

E. Smith Jewish Day School and the Berman Academy will be at Leisure World to help residents learn to better use

their laptops, iPhones, tablets and other technology devices. At the same time, the students earn service credits at their schools.

One-on-one tech sessions, each lasting about an hour, will be held in the Computer Learning Center and other areas of Clubhouse II. Residents can sign up for either session; the first session is at 11 a.m. and the second is at 1 p.m.

Sign-up begins on Tuesday, Dec. 24, at 8:30 a.m. in Clubhouse II. Indicate on the sign-in sheet the technology in which you are interested and the session for which you will be available.

The Tech Day sessions are an opportunity to learn how to expand your knowledge and make use of advancements in technology.

AARP Fraud Watch

An additional feature of Tech Day is a presentation by Ted Meyerson from AARP at noon in Clubhouse II. Meyerson will join Tech Day to speak about "Fraud. Identify Theft and the AARP Fraud Watch Network." The

> presentation is open to all interested residents, but registration is required. To register, call (301-598-1320) or drop by the E&R in

Clubhouse II beginning at 8:30 a.m. on Dec. 24.

Hear how thieves steal billions of dollars from millions of people through identity

theft and scams, and learn about ways to protect vourself and what you can do if your identity is stolen.

Meyerson will also discuss the **AARP Fraud** Watch Network, an online

resource where people can go for help and to stay aware of current fraud and scamming activity.

Meyerson speaks on behalf of AARP Maryland on various topics and occasionally represents AARP to organiza-





At left, students help residents with their devices at a past Tech Day. Photo by Fred Shapiro. At right, AARP representative Ted Meyerson, courtesy photo

tions important to seniors.

He is past president of the Better Aging Foundation of Maryland, past president of United Seniors of Maryland and former Vice Chair of the **Howard County Commission** on Aging.

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Jan. 14: Club Member Discusses Photographing West Virginia's Allegheny Mountains

by Fred Shapiro

A t its meeting on Tuesday, Jan. 14, the Rossmoor Camera Club hosts Kent Mason to discuss his recently published book about photographing the beauty of the Allegheny Mountains in West Virginia.

The meeting is at 7 p.m. in Clubhouse II, and all residents are welcome to attend.

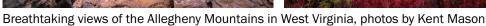
Mason, a new resident and Club member, is a landscape and nature photographer and conservationist who has been creating a photographic environmental study of extraordinary wild places for 20 years.

His presentation includes a photo tour of the West Virginia Allegheny Mountains, its geology, weather, plant and animal life, various habitats, man's use and impacts and conservation efforts and outcomes. Around 250 images will be shown, many from the book "West Virginia's Allegheny Mountains: A Photographic Journey" that he co-produced with Rodney Bartgis, which was 16 years in the making.

For Mason, exploring and photographing the natural world is an inspirational journey of renewal from which he creates compelling images that can connect with others and, hopefully, engage them in the preservation and conservation movement.

His approach to landscape photography comes from the word "photography" itself, which means "writing with light." He follows the light





and will go to a location on a specific day and time when he believes the light will be good.

He also considers the type of environment and the photo's subject matter, the season, time of day and weather, and the nature and direction of the light. He considers bad weather his friend.

The Allegheny Mountains in West Virginia are one of the most stunningly beautiful natural landscapes anywhere in the world.

Telling the story of the land in a book and conveying the awe of sweeping views through pixels and ink takes special skill and a deep commitment to capturing the Mountains' beauty and the diversity of plant and animal life.

Attend the presentation on

Jan. 14 to learn more about the Allegheny Mountains and the process of photographing them.

Join the Club

The Rossmoor Camera Club has two levels of membership. Members who expect to compete in the monthly competitions pay dues of \$25 for the year. Residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of \$15.

Checks for dues should be mailed to Woody Shields, Rossmoor Camera Club, at (3200 N. Leisure World Blvd., Apt. 817, Silver Spring, MD 20906). Check out the Camera Club's website at (www.rossmoorcameraclub. com) for more information.

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Our Lady of Grace Roman Catholic Church was founded in 1978 to serve the people of Leisure World.

It moved from celebrating liturgies at the Interfaith Chapel to its present location in 1991, to the right just as you are leaving LW by the Norbeck Road gate.

Masses are held daily at 9:00 AM, weekends at 4:00 PM Saturday, 9:00 and 11: 00 AM Sundays.

We welcome all to come worship with us
OUR LADY OF GRACE CHURCH

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Jan. 14: Workshop Focuses on Hidden Creativity

by Ann Bolt

The Rossmoor Art Guild (RAG) doesn't ask for a lifelong commitment; it just wants to entice you to discover the hidden creative you. To that end, RAG holds a workshop on creating a visual journal on Tuesday, Jan. 14, from 1:30-3:30 p.m. in the art studio in Clubhouse I.

Express your creativity in words, color and multimedia. Alex Michaels will guide participants in this process of capturing those moments that matter.

The cost is \$25 per person. All materials are provided; just bring your unique way of filling the pages. Your efforts just might make a nice gift for someone at the end of the year.

Workshop

And then on Tuesday, Jan. 21 and 28 and Feb. 4, RAG holds a three-part workshop on everything you ever wanted to know about watercolor. The workshops are from 1:30-4 p.m. in the art studio.

The workshops taught by Firouzeh Sadeghi are good for beginners and a great refresher for those who are familiar with the watercolor medium. All materials, including paints and brushes, are provided. The cost is \$45.

Art Classes

Regular and modified six-week art classes are offered beginning the week of Monday, Jan. 6. Sign-up sheets are available in the art studio in Clubhouse I. Classes cost \$65 for residents and \$70 for non-residents.

New offerings include an exploration of different media with Alex Michaels on Mondays from 10 a.m.-12:30 p.m. Come see what you can do in water-color, acrylics, ink washes, printmaking and other media and combinations.

Many visitors to the studio admit that they used to work in this or that medium. Michaels' class provides a good opportunity to revive your skills using many media.

Teacher Doris Bryant is reviving the art of using dry materials such as charcoal, graphite, colored pencils and pastels to create realism art on Thursdays from 1-3:30 p.m. Some of the most exquisite artwork comes from preparation drawings. Bryant's class recognizes this basic skill that is good for artists to have.







From left, "Les Poires" by D. J. Cavalieri; "Looking Beyond" by Shukla Chakrabarty; and "Glass Wings Butterfly" by Sandy Greer. Photos by Ann Bolt

Clubhouse I Exhibit

Guild artists who have already put painting to frame are showing their talents in this month's exhibit in Clubhouse I.

About 26 paintings grace the hallway's walls, showing a wide variety of subject matter, from animals and insects to people and fruit. Most are in the usual media style of watercolor, while

others are ink, acrylic, oil or mixed media. Viewers are invited to make a comment in the "brag book" in the foyer of the art studio if they especially like any of the paintings exhibited.

Exhibitors include Carol Edwards, Maria Clark, Jeanette Shampain, Patty Marx, Sandy Greer, Houston Hancock, Marvin Sirkis, Judy Kirkland, Judith Lessin, Ann Bolt, Shukla Chakrabarty, Donna Leonard, John Kyle, D. J. Cavalieri, Netti Geier and Maria Hernandez.

Block-Printing

Those who attended the blockprinting workshop had a good time. Returnee Madalene Palmer enjoyed following instructor Mike Higgs' suggestions as the group created block-printing greeting cards.

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Club Announces 2020 Ballroom Dance Schedule

by Joyce Hendrix

Tew Club officers were elected at the annual meeting on Dec. 11 and will begin their official duties on Wednesday, Jan. 1.

Officers are Jim Leong, president; George Moy, vice president; Hal Freeman, secretary; and Joyce Hendrix, treasurer. Ida Leong will write Club articles for the Leisure World News.

2020 Dance Schedule

- Jan. 25 Mike Surratt and The ECBs
- Feb. 22 Helmut Licht Group
- March 28 The Tony Luciano Band
- April 25 Mixed Company
- May 23 Mike Surratt and The ECBs
- June 27 The Tony Luciano Band
- July 25 The Helmut Licht Group
- Aug. 22 (Hawaiian-themed) Mike Surratt and The ECBs
- Sept. 26 Mixed Company
- Oct. 24 The Helmut Licht Group
- Nov. 28 The Tony Luciano Band

Residents may become dance Club members for \$10 per year. A member is thus admitted for \$10 per dance; non-members and guests pay \$15 admission. Residents (Club members or not) are encouraged to invite their non-resident relatives or friends for \$15 admission to each dance.

About the Dances

All dances feature live music including slow and Viennese waltzes, foxtrots, rumbas, sambas, tangos, cha chas, merengues, swing, hustle, polkas and quickstep, played in a strict ballroom tempo.

Dance to music from all eras including Broadway, country and '30s through current-day pop tunes. Ask the bands for your favorite, and if they know it, they'll play it.

The dress code for the September through May dances is dressy for the ladies and jackets and ties for the gentlemen. Warm weather dances held from June through August are more casual, with no ties or

jackets required for the men and business casual for the ladies – no hats or jeans.

Bring out your Hawaiian shirts and dresses for the Hawaiian-themed dance in August. Costumes are optional for the Halloween dance, with prizes awarded for first and second place for both singles' and

couples' costumes.

All dances are held on Saturdays from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Reservations are strongly suggested to ensure a place at a table with friends. Contact reservation secretary Hal Freeman at (bobbinhal@aol.com) or (301-438-7513) by the Thursday prior to each dance.

January Dance

Music for the first dance of the new year on Saturday, Jan. 25, will be provided by Mike Surratt and The Eclectic Coalition Band from 7:30 to 10:30 p.m. in the Clubhouse I Crystal Ballroom. Doors open at 7:15 p.m. Make your reservation, mark your calendar and come dance with us.





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■ Fun and Fancy Theatre Group

Jan. 8: Group Holds Meeting and Karaoke

by Hannette Allen

Wednesday, Jan. 8, is karaoke night at Fun and Fancy! The music begins following a short meeting at 7:30 p.m. in Clubhouse II.

The Group is planning a different experience this year. If you have been reluctant to sing in the Clubhouse II auditorium, maybe a more casual environment will change your

The meeting is on the second Wednesday of the month so that it will not conflict with the New Year's Day holiday a week earlier.

The karaoke event will have books of song titles available from which to make your song choice. Attendees are asked to arrive at 7 p.m. if they wish to look at the song lists. Phil Soriano will host the evening.

Attendance is free for Fun and Fancy members and \$5 for guests. Refreshments will follow the meeting.

Meeting and Classical Music

For the second consecutive year, Vito Sabio will present a program of classical music performed by Fun and Fancy members. The program is on Wednesday, Feb. 5, after the monthly meeting at 7:30 p.m. in Clubhouse II.

The program will consist of musical compositions from grand opera, operetta, ballet and ensembles, with singers, dancers, piano and string instruments. Sabio plans to include two Italian choral pieces in the show this year. The first is the famous "Libiamo" from "La Traviata," a soprano and tenor duet with chorus. The finale will be a complete choral piece, "Va Pensiero," from the opera "Nabucco."

Attendance is free for members and \$5 for guests. Refreshments will follow.

Auditions are held on Thursday, Jan. 9, from 7-9 p.m. and on Saturday, Jan. 11, from 10 a.m.-noon in the Clubhouse II auditorium.

Music for both choral pieces will be available, and people can use those or bring a piece of their own choosing. Soloists and duets, trios, etc., should audition with the music they plan to perform in the show.

Rehearsals are held on Wednesday, Jan. 15, 22 and 29, from 7-9 p.m. and on Saturday, Jan. 18 and 25 and Feb. 1, from 10 a.m.-noon.

Fun and Fancy members are invited to participate. For questions, call Vito at (301-438-7722), or email him at (Svito7@ verizon.net).

■ Rossmoor Library Guild

Library to Select Winner of Quilt

by Anthony Magri

The winner of a drawing for a lap quilt will be selected Friday, Dec. 20, at noon, and the winner's name will be published in a future Guild article.

The Library Guild thanks the Quilting Group, which donated the beautiful piece for the Guild's fundraiser.

Library Offerings

The library's recent book purchases and received donations include:

- "Against All Odds" by Danielle Steele
- "The Boy" by Tami Hoag
- "Window on the Bay" by Debbie Macomber
- "The Pioneers: The Heroic Story of the Settlers Who Brought the American Ideal West" by David McCullough
- "Backlash" by Brad Thor
- "The Silent Patient" by Alexander Michaelides
- "Past Tense" by Lee Child
- "Vietnam: An Epic Tragedy, 1945-1975" by Max Hastings
- "The New Girl" by Daniel Silva
- "One Good Deed" by David Baldacci
- "Jackie, Janet and Lee: The Secret Lives of Janet Auchin-

closs and Her Daughters Jacqueline Kennedy Onassis and Lee Radziwill" by J. Randy Taraborelli

- "The Hallows" by Victor Methos
- "Vendetta in Death" by J.D. Robb
- "American Spirit" by David McCullough
- "Where the Crawdads Sing" by Delia Owens
- "Lethal Agent" by Vince Flynn
- "Contraband" by Stuart Woods
- "Theft by Finding: Diaries 1977-2002" by David Sedaris

To check out a book, simply stop by the library and present your Leisure World ID. If you are not already registered, library volunteers can help with the quick process.

The library also contains reference books, magazines and newspapers throughout the year.

Greeting cards are also available for sale at the library as single cards or boxed sets. In addition to new Christmas, Hanukkah and New Year cards, non-seasonal cards are available throughout the year.

For more information about the Guild, contact Tony Magri at (tonyitalian1951@comcast.net).

■ LW Association for African American Culture (LWAAAC)

Jan. 20: Group Holds Celebratory Brunch on Martin Luther King Jr. Day

by Patricia Means

The annual brunch on Martin Luther King Jr. Day is Monday, Jan. 20, at 11:45 a.m. in the Clubhouse I Crystal Ballroom. The brunch follows a worship service at The Inter-Faith Chapel.

The brunch is buffet-style and the menu includes scrambled eggs, assorted meats, spiced apples, potatoes, salads, pancakes, mini Danish pastries, coffee and tea.

Tickets for the brunch are \$30 per person (checks only, payable to LWAAAC), and tickets are on sale on Thursday, Dec. 26, through Thursday, Jan. 16, in the Clubhouse I E&R office. Tables of 10 must be reserved at the time of ticket purchase, and a list of table guests must accompany payment. No tickets will be sold at the door.

For additional information, contact Juanita Sealy-Williams, program committee chairperson, at (301-822-4531).

Membership

Membership in LWAAAC is open to all residents. The dues are \$20 per person (checks only, payable to LWAAAC) and cover the period of July 1, 2019 through Tuesday, June 30, 2020.

Payment may be made at meetings, via the LWAAAC mail slot in the Clubhouse I E&R office, or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908).

A telephone number and an email address should be included with the payment. For more information, contact Alfonso Holston, membership committee chairperson, at (301-438-3537).

Amenities

Members should notify LWAAAC of illness, disability, death or other situations affecting a member or that person's immediate family by contacting Louise Langley, amenities chairperson, at (301-598-3876).



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2019: A Year to Celebrate the Role of Career Federal Employees

by Joe Cook

ARFE Chapter 1143 holds a holiday luncheon on Friday, Dec. 27, at noon at Bedford Court, located at 3701 International Drive.

Attendees may order from Bedford Court's menu and pay for their personal meal by check (payable to Bedford Court) or cash. Bedford Court is adjacent to Leisure World and the Leisure World Plaza, and transportation is not provided. For questions, call Jewel Lee at (301-801-4007).

Federal Employees

Lately, federal employees have become more prominent

in the news, reflecting some of the most difficult challenges in protecting America and its democracy.

At the Chapter's board meetings and discussions with members, the Chapter's leaders see and hear an increasing concern and appreciation for federal employees and the important work that

they perform in ensuring the country's laws are faithfully executed.

As federal employees, we were subject to the Hatch Act and Department of Defense restrictions for both on-duty and off-duty political activities. While as retired federal employees we are not subject to these restrictions, as an organization it is still in

> our interest to work on behalf of and recruit federal and retired employees of all political persuasions.

However, the Chapter sees attacks on career officials

that discredit their honest work and testimony as being politically motivated and unfounded.

Show Your Support

One important way to show solidarity with federal employees and annuitants is to join NARFE Chapter 1143. Dues are \$44 per year, of which \$40 goes to the NARFE's national office for a range of services and support.

To join or for questions, contact John Lass at (johnmlass@comcast.net) or (301-288-4210) or John Moens at (johnjots@coutlook.com) or (301-438-3237).

■ Democratic Club

Club Plans Letter Writing, Voter Registration and Educational Events

by Roger Blacklow

The Democratic Club accomplished a lot this year, including letter writing to help turn Virginia's legislature blue, voter registration in Pennsylvania, voter registrar training, citizenship adviser training and much more.

The Club has had diverse speakers ranging from journalist Marvin Kalb and nationally known pollster Fred Yang to many elected local, state and federal officials. Thanks goes to Club members for their help and incisive questions.

Starting in late January, the Club will have lots of activities each month, such as letter writing, voter registration and education and much more. The Club will hold its annual "diversity evening" and celebrate women in history.

Also, if there are multiple, viable Democratic candidates for president by Maryland's Democratic primary on

Tuesday, April 28, the Club plans to set up a debate among them. Leisure World Democrats vote in huge numbers.

Many members have volunteered to help in 2020. Make sure the Club

has your email address by emailing it to (leisureworld demclub@gmail.com).

The Democratic Club plans even more for next year, so stay tuned.

The Club will be very active leading up to the November elections.

■ Republican Club

Jan. 21: Speaker Discusses Referendum on Fairer Voting

by Fred Seelman

The next meeting of the Republican Club is on Tuesday, Jan. 21, at 1:30 p.m. in Clubhouse I.

The Club will present two speakers, once of whom is Ann Hingston, a member of the Montgomery County Republican Central Committee, to explain a new referendum that, if adopted, will make voting fairer for citizens who live in upcounty areas of Montgomery County such as Leisure World.

The Montgomery
County Council
currently comprises
five district representatives and four at-large
representatives, a structure
that has enabled councilmembers who live mostly in a
small section of the county to
control what goes on in the
whole of it.

This small section is called the Democratic crescent. Stretching from Bethesda to Takoma Park, it is home to about 30 percent of the population and does not include Leisure World.

The referendum on increasing the number of Council districts to nine and abolishing the at-large seats would resolve this problem. It will guarantee smaller districts and more responsive council representation for areas such as Leisure World.

Come to the Club's next meeting on Jan. 21, listen and express your views on this proposed legislative

> change. Attendees can sign a petition about the referendum at the meeting.

The Club gives a big thank you to all who participated in its Christmas/

Hanukkah party. And a special thank you to Irmgard Patrick, the Club's second vice president, who planned and directed the effort.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) or call first vice president Robert Kammer at (301-847-9820).

ADVERTISEMENTS SUPPORT THE NEWSPAPER.

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Study Group Covers Controversial Philosopher

by Barbara Eisen

adassah shows the **■** documentary film "The Powder and the Glory" on Wednesday, Jan. 15, at 2 p.m. in Clubhouse I. All residents are invited to attend. For details, see the Events and Entertainment section of this publication.

Judaic Studies Group

The Judaic Studies Group meets on Monday, Jan. 20, at 1:30 p.m. in Clubhouse I. The discussion, led by Peri Schuyler, will focus on the very controversial Baruch Spinoza.

Spinoza was born in Amsterdam in 1632 to a family of Sephardic Jews, Marranos from Portugal. He became one of the most important philosophers of 17th century Enlightenment, and yet, he is most famous – or infamous – for having been excommunicated by the Amsterdam Portuguese-Jewish congregation.

He was a Talmudic scholar who became a major proponent of the rationalist movement and an original thinker whose radical views on religion alienated both the Jewish and Christian communities. His thoughts and writings express one of the clearest and most compelling defenses of free speech, democracy and the dignity of the philosophic life.

Join us and bring your questions, comments and opinions. All are welcome. For information or questions, contact Peri Schuyler at (301-869-2968) or (perislaptop@ aol.com), Marcia Elbrand at (216-469-6633), or Shari Goldstein at (240-293-6442), or Naomi Kline at (nbk165@ comcast.net).

Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting

cards. The prices are \$3 each for one to three cards and \$2.50 each for four or more cards. Cards are displayed and sold at every Hadassah meeting. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber, available at (301-598-5922), is chair of Youth Aliyah/Children at Risk, a project that helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (lois fields2@earthlink.net); Linda Epstein at (301-847-9650) or (lepstein8@gmail.com); or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.



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■ Jewish Discussion Group

Dec. 22: Group Holds **Discussion Session**

by Jerome "Jerry" Cohen

The Jewish Discussion Group's (JDG) next session is on Sunday, Dec. 22, at 10:30 a.m. in Clubhouse I. Guest moderator Bernie Zycherman will be back by popular demand.

JDG participants are encouraged to offer suggestions for featured speakers, and those interested in giving a short presentation of interest to the Group are encouraged to speak privately about it with the Group's moderator, Jerry Cohen. Individuals who may want

to serve as guest moderators to substitute from time to time in leading the Group's monthly sessions are encouraged to contact the moderator as well.

JDG invites everyone to attend these free fourth Sunday morning discussion group sessions held from 10:30 a.m.noon in Clubhouse I.

For additional information or to have your email address added to the monthly notification list, call or email group moderator Jerry Cohen at (240-970-5024) or (jcohen@jccbb.

■ Jewish War Veterans Charles B. Krieger Post 567

Dec 23: Post Holds **Menorah Lighting** at Credit Union

by Jerome "Jerry" Cohen

he Post hosts its third annual Chanukah menorah lighting on Monday, Dec. 23, at 11 a.m. at Signal Financial Federal Credit Union in the Administrative Building.

All residents are welcome to partake in the lighting ceremony. Refreshments will be served.

Administrative Assistant Needed

The Post is seeking a second volunteer administrative assistant to help with the planning of its eight annual Sunday brunch events. The duties include helping record the reservations and processing the checks received for each brunch event, or to alternate months in doing so with the current administrative assistant.

Excel spreadsheet skills are required for the position. To apply, contact Post Commander Jerry Cohen at (240-970-5024) or (jeromeacohen67@outlook. com).

Post Information

Members' business meetings are held the first Wednesday of each month from 11 a.m. to 12:30 p.m. in Clubhouse I.

Due to a scheduling conflict with New Year's Day, the next meeting is on Wednesday, Jan. 8. All regular members and patrons and those who are considering joining are invited to attend.

Two new categories of regular membership have been added by the Jewish War Veterans' national governing organization. Those who have served in the U.S. Public Health Service Commissioned Corps or in the National Oceanic and **Atmospheric Administration** Commissioned Officer Corps are legally recognized as veterans and are now eligible and are encouraged to join the Post.

For those who would like additional information, have questions about membership, would like to be added to Post 567's email notification and e-newsletter list, or who wish to make donations to the Post in honor of or in memory of someone should contact Cohen accordingly.

Members or others who wish to contribute relevant written content for publication in the Post's monthly electronic newsletter are encouraged to email such content to Cohen.

All contributing writers will receive attribution for their original content when included in the electronic newsletter.

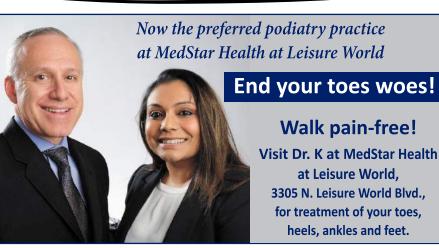
Winter Break

The Post does not hold brunches during January and February and the summer months of July and August.

Bon voyage to our members, patrons and other event attendees who are snowbirds!

The Post's upcoming spring brunches are moving to the first Sunday of the month and are scheduled for: March 1, April 5, May 3 and June 7.





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Celebrate Chanukah, the Festival of Lights

by Jonas Weiss

▼ hanukah begins on Sunday, Dec. 22, at sunset and menorahs will be lit in both clubhouses.

Reserve a place at Jewish Residents of Leisure World's (JRLW) Chanukah party, to be held on Monday, Dec. 23, at 2:30 p.m. in Clubhouse II.

Cantor Michael Kravitz will lead a program that includes the lighting of a menorah and singing

of Chanukah songs. Enjoy latkes with applesauce or sour cream, jelly donuts and cold drinks. The cost is \$5; seating is limited. Send checks, payable to JRLW, to Phyllis Rand at (15107 Interlachen Dr., Apt. 307, Silver Spring, MD 20906).

Brunch

At the brunch on Sunday,

Jan. 19, Jonathan Weisman will discuss bloodshed at the hands of white supremacists from Pittsburgh to El Paso, and the role of nationalism in the rise of

> intolerance and what Jews should be doing to confront bigotry. The brunch is at 10 a.m. in the Clubhouse I Crystal Ballroom.

Weisman is a Deputy Washington **Editor and Congress** Editor for The New York Times. He is the author of the book "(((Semitism))): Being Jewish in

America in the Age of Trump," which presaged the rise of violent anti-Semitism and bigotry in America.

Jonathan Weisman,

courtesy photo

To attend, mail checks for \$14 (\$18 for non-members) payable to JRLW to Shirley and Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906) at least one week in advance.

"From Generation to Generation: An Introduction to Jewish Genealogy" is an upcoming class sponsored by JRLW and the Bender Jewish Community Center and the Coming of Age in Maryland Program. See the **Classes and Seminars** section of this edition for details.

Religious Services

Rabbi Gary Fink leads Reform services on Friday, Jan. 3, at 7:30 p.m. in The Inter-Faith Chapel. Starting in January, all Friday evening services will be Reform.

Cantor Michael Kravitz leads Conservative services on Saturday, Jan. 11, at 9:15 a.m. in Clubhouse II. Rabbi Moshe Samber and volunteers lead Sabbath services and Torah discussions on Saturday, Jan. 4, 18 and 25 at 9:15 a.m. in Clubhouse II.

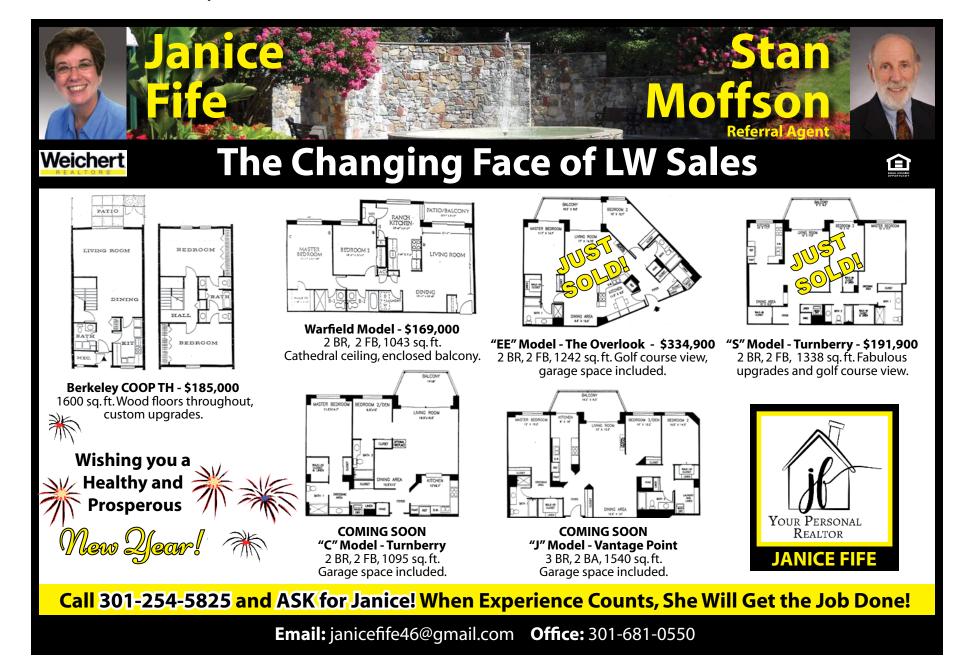
The Torah fund is used for the maintenance and repair of JRLW's Torahs, and possibly for a new one. Send checks, payable to JRLW (\$25 minimum), to Carol Wendkos at (14805 Pennfield Cir., Apt.

212, Silver Spring, MD 20906).

The prayer books fund provides for the purchase of a siddur to remember or honor a loved one. A label acknowledging the

donation (minimum of \$25) will be placed in the book. Checks payable to JRLW should go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906).

Send donations with checks payable to JRLW for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedakah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



Hanukkah Is a Time of Celebration and Gifts

by Carole Mund

TA'AMAT RBZ Club celebrates Hanukkah, a time to celebrate our freedom and to give light to the future.

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women, services and assistance for new immigrants, and centers for the prevention and treatment of domestic violence.

NA'AMAT is proud of its 233 daycare centers that ensure the safety and security of more than 17,000 pre-school children and the technological programs for teenagers it sponsors throughout the State of Israel. More than 40,000 families depend on NA'AMAT for social, psychological and economic services.

Consider sending a Hanukkah donation to NA'AMAT to continue to support these much

needed programs. Any amount will make a difference. Make checks payable to NA'AMAT RBZ and mail them to Gladys Blank at (15100 Interlachen Dr., Apt. #117, Silver Spring, MD 20906).

Mah-Jongg Cards

The deadline to order 2020 mah-jongg cards is Wednesday, Jan. 15. NA'AMAT receives a small stipend from the Mah-Jongg League for each card sold. Mah-jongg cards are still \$8 for regular and \$9 for large.

Mail all checks, made payable to NA'AMAT, to Lenore Kalen at (15100 Interlachen Dr., #616, Silver Spring, MD 20906). Make sure all names and addresses are correct. For questions, call Lenore at (301-598-6206).

Executive Board Meeting

Due to the possibility of inclement weather, NA'AMAT does not sponsor any planned

activities during the winter. However, the organization continues to meet to plan future events.

Members of the Leisure World community are encouraged to participate. By attending, residents have the opportunity to give their input and to meet women actively involved and committed to the NA'AMAT mission.

The executive board's next meeting is on Tuesday, Jan. 21, at 10:30 a.m. in Clubhouse I.

Book Club Update

NA'AMAT RBZ has a book club that meets on the fourth Wednesday of each month. This active club meets to discuss literature chosen by the club's members. The club does not meet in December.

The books for the next scheduled meeting on Wednesday, Jan. 22, are "The Only Woman in the Room" by Marie Benedict and "The Alice Network" by Kate Quinn. Contact Barbara (301-922-4348).

Tahler at (240-669-6961) for the meeting's time and place.

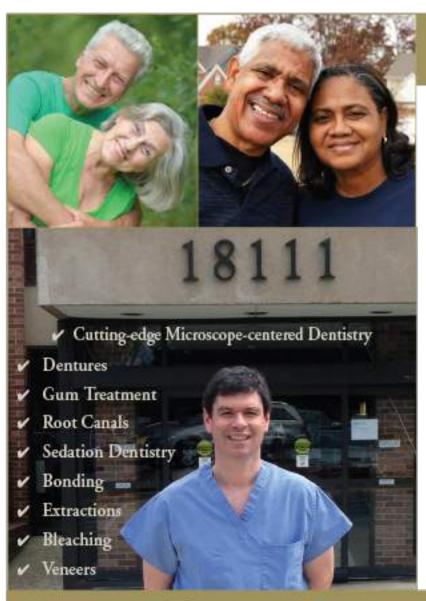
Save the Dates

- March 11 All residents are invited to an open meeting. Renowned speaker and storyteller Noa Baum will share personal and traditional stories that help us find meaning and connection, whether it's our holiday celebrations or our family stories. The event is free of charge.
- April 23 spiritual adoption luncheon with a special keynote speaker

Information

For more information about NA'AMAT RBZ Club, contact co-presidents Linda Schoolnick at (301-681-1076) and Gladys Blank at (301-438-9666).

For membership information, contact Harriet Chaikin at (240-560-7487). For tribute cards, contact Lenore Kalen at



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Tacos in January and a Spring Trip Planned

by Marcia L. Elbrand

On Wednesday, Jan. 15, Rossmoor Women's Club (RWC) invites all residents to a taco bar lunch and dessert at noon in Clubhouse I.

The cost to attend is \$15 per person for members, and \$20 for non-members. The casual event will offer an excellent chance for women new to Leisure World to find out why this diverse and dynamic fundraising Club brings together nearly 150 like-minded women, all year long, in support of a dozen local charities.

Attendees will hear a presentation by Social Services Department director and licensed clinical social worker (LCSW-C) Susan Montgomery and LCSW-Cs Sandy Hart and Ann Johnson, who will describe the services the Department provides to address social services needs in Leisure World. RWC, under the leadership of president Abigail

Murton, has recently voted to make an annual contribution to this Department.

Checks for the Jan. 15 event, payable to Rossmoor Women's Club, can be placed in the RWC mail slot at the E&R office in Clubhouse I, or sent to Carolyn Thompson at (15000 Pennfield Cir., #202, Silver Spring, MD 20906).

Trip to National Cathedral

On Tuesday, March 24, RWC sponsors an afternoon outing to tour the impressive Washington National Cathedral in Washington, D.C., and enjoy a fabulous tea in the building's exquisite seventh floor setting.

For details and registration information, see the Club Trips section in this edition or call Eyre Leisure World Travel at (301-598-1599) or (301-854-6600, #4).

Join Us

New members are always welcome to join the Club at

any time of year. Both Leisure World residents and non-residents may join. Membership is \$40 per year, and checks, payable to Rossmoor Women's Club, can be sent to Aggie Eastham at (3100 North Leisure World Blvd., #126, Silver Spring, MD 20906). For questions, contact Aggie at (aggie.eastham@verizon.net).

February Potluck

An easy opportunity to meet new people awaits you on Wednesday, Feb. 12, when the RWC hosts a potluck luncheon for members only in Clubhouse II. The event is free, but those planning to attend will need to make a reservation. More details will be forthcoming.

The day's guest speaker will inform attendees about new opportunities for children with physical limitations to participate in camp activities. The RWC's board voted recently to help support programming for children with mobility

issues either from birth or after surgery.

Good Causes Galore

RWC provides support to a local domestic violence shelter, the Betty Ann Krahnke Center. Donations are also made to Casey House/Montgomery Hospice and to A Wider Circle, helping thousands of individuals and families leave poverty and start new homes and careers.

In Leisure World, contributions go to FISH and Fireside Forum. In addition, the Club's members — including many retired educators — provide yearlong enrichment to the pre-kindergarten Head Start class at nearby Harmony Hills Elementary School. Each May, the Club also awards college scholarships to several academically talented students with documented need. Retired educator Rita Posner chairs the RWC education committee.



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GIAC Plans Trips for 2020

by Elizabeth Brooks-Evans

The Going It Alone Club (GIAC) meets every Saturday in Clubhouse II beginning with armchair travel at 2 p.m. followed by various games at 2:30 p.m.

'Love Letters'

On Wednesday, April 15, get ready to brush off winter cold and travel to the Washington County Playhouse in Hagerstown, Maryland, to experience "Love Letters," a tender tragicomedy about a complicated friendship between a man and woman that will have you weeping into your hankies at times and cracking your sides with laughter at others.

The play will be preceded by a full buffet meal accompanied by a cash bar.

'Queen Esther'

On Wednesday, May 20 through Thursday May 21, GIAC sponsors an overnight trip to Lancaster, Pennsylvania, for an up-close and personal afternoon with the show, "Queen Esther," featuring a captivating tale of beauty and bravery set in the opulent yet perilous Persian Empire.

More detailed information on these trips can be found in the Club Trips section of this publication.

Trip Sign-Up

Sign-ups for trips take place during Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II when a representative of the trip committee is available to receive payments and answer questions.

The GIAC newsletter, which also has more trip information, is also available at that time. For questions about trips, contact GIAC president Elaine Strass at (240-447-2166).

Armchair Travel

On Saturday, Dec. 28 and Jan. 4 from 2-2:30 p.m.,

armchair travelers will virtually tour Greece and Turkey from the Acropolis and Parthenon to the Turquoise Coast and Istanbul.

Great Courses' professor John R. Hale, director of liberal studies at the University of Louisville, presents these sites in the travel videos. Hale is an archeologist, distinguished scholar and master storyteller.

Sami Deminay, the coordinator of armchair travel, presents the videos every Saturday and would like to hear from participants on what they think of the "trips" and which ones they would like to repeat. They can find her at the information table during Saturday Afternoon Live.

Games

Games begin at 2:30 p.m. right after armchair travel when bridge and Rummikub are played in the Clubhouse II lobby.

Mexican train dominoes is played in the Game Room where

an old-fashioned dominoes game is also available. Members are also welcome to bring and/ or suggest other favorite games.

Anyone interested in more information about games should contact Sylvia Pachenker at (301-598-5325) or Elaine Strass at (240-447-2166).

Membership

Those wishing to sign up for GIAC membership or to renew their membership are invited to do so every SAL from 1:30-3 p.m.

The membership fee is a nominal \$8 per year and can be submitted during SAL, via the mail slot in the Clubhouse I E&R office, or mailed to the new post office address at (P.O. Box 12024; Silver Spring, MD 20908).

The mail slot in Clubhouse I will remain available to those who prefer to use it.

For more information about membership, contact Elaine Strass at (240-447-2166).

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Boomers are a Social, **Active Bunch**

by Beth Leanza

¬he Baby Boomer Club is all about getting together at social events to get to know each other, make friends and have fun.

Club members mostly like to listen to music of the '50s and '60s, play board games, picnic during the warmer months and eat together! A group of members also likes to keep active by getting together to walk.

The Club also enjoys watching movies, either in the Clubhouse II auditorium or at a local movie theater. Similarly, a bunch of members go to Toby's Dinner Theatre in Columbia to see excellent musicals, following a bounteous buffet.

Club membership is open to residents of all ages. For those residents who cannot participate in activities during the workweek, the Club has good news! All Club activities are held in the evening or on weekends.

Ready to Join?

Mail a check for \$5 per person, payable to Baby Boomer Club, to Susan Landesberg at (3505 Twin Branches Ct. 37-C, Silver Spring, MD 20906). Include an email address to receive updates on Club events.

If you're not sure you want to join, then come meet up at a Club activity first. The Club's website is available at (https://sites. google.com/site/bbclwmd) and includes a calendar with activity information.

Emails

Club members who have joined but are not receiving emails are asked to check their email's "spam" and "junk" folders. Also, adding the Baby Boomer Club's email address, (bbclw@google groups.com), to your contact list or address book will help to prevent the Club's emails from ending up in these folders.

Still not getting email? Contact Beth Leanza at (bethlea12020@ gmail.com) or (301-598-4569).

Friday Hikes with Joyce

All residents are invited to join the Club on any of its walks; they

don't need to be a member of the Baby Boomer Club.

Joyce Richardson, available at (301-598-7098) or (777cheekie333@gmail.com), leads walks on Fridays. The group meets up at 1:15 p.m. at a local trail. Most walk about three miles, but some walk halfway and return. To carpool to the trail, contact Joyce at (301-598-7098) by Thursday night.

To get directions to the walk sites, visit the Baby Boomer Club's website at (https://sites. google.com/site/bbclwmd/ calendar) and go to the calendar page, or use Google Maps.

- Dec. 27 Sligo Creek Park (Silver Spring, MD) Meet in the parking lot near the Shalom Grocery store at 1:15 p.m. Bring water.
- Jan. 3 Northwest Branch Trail (Brookside Gardens Nature Center) Meet at the **Brookside Gardens Nature** Center at 1:15 p.m. Bring water.

Sunday Walks

Join a group of walkers that meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. Sometimes they go out to breakfast after. Need more information? Contact Ted Michos at (Tedmichos@gmail.com).

Weeknight Walks

For a shorter walk (about one mile), join a group to walk the Broadwalk in Montgomery Mutual. The walkers meet each weeknight at 5:15 p.m. in the Clubhouse I lobby. No one makes an announcement - look around and introduce yourself!

AVA Walks

The American Volkssport Association (AVA) holds events and provides guides to local walks of interest. More information about AVA walks is available on the Club's website at (https:// sites.google.com/site/bbclwmd). Click on Walks, below the events calendar. You do not have to join AVA to participate.

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Writers Group has so Many Stories to Tell

by Woody Shields

The Writers of Leisure World met on Dec. 5 to share their writings.

Danuta Montorfano reflected on the vulnerability of children in "The Beggars." "A barefoot little boy approaches me and asks in a low and timid voice: "Ma'am, do you have a little cup of milk?"

As everybody loves a horse story, John Moens delighted the Group with the story of a horse named "Useless." Farmer Brown paid John \$50 to take the horse away. "Do look a gift horse in the mouth. She was the ugliest looking horse I had ever seen. But Farmer Brown had a no return policy." Donated to a children's hospital and renamed Hope, she was nursed back to health and lived a long life.

Jane Hawes shared a story of "Play-Doh," a cat with an attitude. Grace Cooper described the challenges between the writer and editor.

Espousing the benefits of Leisure World, Jerry Udell shared "Our New Life Reevaluated" to convince his best friend to join him at Leisure World. "The majority of residents appear to come from the surrounding Montgomery County area, but we continue to meet people from all over the world and throughout the USA."

In "Happy Holidays," Joanie Friedlander described sitting around the fireplace with family members who recounted a comical story about looking down their mother's throat to "say hi" to their new, yet-to-beborn baby sibling.

In a thoughtful essay titled "To Tell the Truth," Woody Shields described a world of fantasy and make-believe. "We need to candidly evaluate our beloved hobby of writing. As fiction dominates the book market, most book authors can be called liars, including the renowned novelists.

"However," he continued,

"many would argue the insertion of creativity throughout history enriches a society. The only sin in writing is the fatal crime of stealing (plagiarism). Liars stealing from liars. Liars are very protective of their lies and register their lies with the U.S. Copyright Office."

The Writers of Leisure World

meet on the first and third Thursday of each month in Clubhouse I. All residents are welcome to attend.

The Group hopes more residents will join to read their work. The Group enjoys all levels of writing, so bring your poetry and essays to the next meeting.

■ Comedy and Humor Club

Comedy Clubbers Love Medical Humor

by Al Karr

One of the most favored joke genres at meetings of the Comedy and Humor Club is medical humor. At one recent session, president John Lass cited some answers given by doctors, including the following:

Q: Will healthcare be different in the next century?

A: No, but if you call right now, you might get an appointment by then.

Doctor says: The patient has been in a depressed state ever since she began seeing me in 1983.

Meanwhile, the Comedy and Humor Club is offering a bus trip to see the grand and widely acclaimed musical "Kinky Boots" on Wednesday, March 5.

For further information about the trip, phone Ruth Becker at (301-288-4276) any time between 9 a.m.- 5 p.m., or see the Club Trips section of this publication. The Club gathers every Tuesday from 1:30-3 p.m. in Clubhouse II.

Those taking the microphone at recent meetings included Bernie Patlen, Sunny Levin, Wally and Ruth Becker, Rudy Volin, Yvonne Shield, Jerry Udell, Jane Gallagher, Mickey Barney, Susan Dawson, John and Charlotte Lass, Sumner Levin, treasurer Herb Hodes, vice president Skip Schoening, Fred Firnbacher, Sam Hack and Al Karr.

Here's one more example of medical jocularity the Club has heard recently:

• Rudy – I asked my doctor if I would live to age 100, and he asked me about my lifestyle — whether I do certain things, such as smoke tobacco, drink alcoholic beverages, eat steaks and ribs or spend much time in the sun playing golf or sailing. I said "no" to all these. He asked, "Then, why do you even care?"





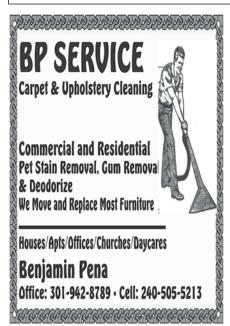
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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at noon. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.

Clipper Workshop: Members assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. Bring a bag lunch. (We will eat in the lunchroom.) Members meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, stuffing, thread and iron-on facing are appreciated. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

Hispanos de Leisure World: All Hispano-Parlantes residents are invited to join the club in enjoying its activities, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened. The club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. The club has also presented musical shows in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Jan. 10. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

LW Green: LW Green was formed in 2015 by residents who are enthusiastic about becoming better environmental stewards. Meetings are the fourth Wednesdays of the month at 2 p.m. in Clubhouse I. All those who care about the natural resources in Leisure World and the outside communities are urged to join us. For more information, contact Janice McLean at (janicew mclean@gmail.com).

LW LGBTQ Alliance: Our group was formed to give members of the LGBTQ community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II, except in July and August. We welcome everyone; being gay is not a prerequisite. The LW LGBTQ Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire Leisure World community. For additional information and events, email us at (lwlgbt@gmail.com). You can also follow us on Facebook at LW LGBT Alliance.

Model Railroad Club: If you have ever had an interest in model trains, our three layouts in the basement of Clubhouse II offers just about anything you could ask for. Our largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Visit us on Mondays and Wednesdays from 5:30-7 p.m. and Thursdays from 2-4 p.m. in the basement of Clubhouse II, or join us for our monthly business meeting on the second Thursday of the month at 4 p.m. in Clubhouse II. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

Musical Jammers: We gather informally twice a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second and fourth Mondays of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 1,200 plus members. Go to (www.nextdoor.com/ join) and enter the code QHMXCF.

The Philadelphians: For further information about the Philadelphians and their events, contact Steve Kane at (301-598-2330) or (kanens@verizon.

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/ or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania.Iwan owski@yahoo.com).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Jan. 9.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The Short Story Prize: 15 Years of Great Fiction." The Group will not meet on Wednesday, Jan. 1. On Wednesday, Jan. 15, Jane Carona will lead a discussion of "Tenth of December" by George Saunders. On Wednesday, Feb. 5, Laura Rittenberg will lead a discussion of "Something Amazing" by Elizabeth McCracken. The Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. In April 2020, the Group will begin reading from "The Oxford Book of English Short Stories," a collection of stories by famous, almost classic, authors, edited by A.S. Byatt. The 2009 or 1998 editions can be ordered from Amazon. For information about the Group or to have a book ordered for you, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. A gift certificate is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: TMO is a movement of residents concerned about governance and management. We meet every month to organize, discuss and conduct resident town hall meetings. Topics such as the proposed administration building, community governance, management and its involvement in mutual elections, and funding a strategic plan will be addressed. TMO meets the third Friday of each month at 2 p.m. in the Clubhouse I. All residents are invited to attend and become active in the movement. For information email (admin@townmeetingorganization.com) or visit (www.townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Women's Fun Bunch of Leisure World: The Women's Fun Bunch is for widows living in Leisure World. We have a good time together and plan for more adventures as the weather improves. For inquires, call Marlene at (301-438-7773)

Yahoo Group: The Yahoo Group list serve is now the LeisureWorldMD Groups.io list serve. The Groups.io list serve provides informal communication with only your Leisure World neighbors. It provides the opportunity to seek information, post announcements, share photos and files. In effect, it is like an online bulletin board with issues pertaining to only the Leisure World community. All members of the aforementioned Yahoo Groups are already registered as new members of Groups.io. To become a member of the Groups.io, simply email a request with your name and mutual to (paule@ lwm10.com). You will be registered and receive an emailed confirmation.

Leisure World Club Trips

The next deadline for trip submissions is **Monday**, **Dec. 23**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to **lwnews@lwmc.com**.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

Jan. 15

"Ol' Blue Eyes: Frank Sinatra" Signature Theatre, VA

Join **NA'AMAT** in the intimate cabaret setting at Signature Theatre to see "Ol' Blue Eyes: Frank Sinatra," a tribute to this iconic crooner. Tables in groups of three or four have been reserved. A light à la carte menu is available for additional cost (on your own).

The bus leaves Clubhouse II at 5:15 p.m. for a 7:30 p.m. performance; the bus will return to Leisure World at approximately 11 p.m.

The cost is \$69 per person and includes bus transportation and tickets to the show. No refunds or exchanges will be made unless inclement weather causes cancellation.

Send reservation checks (payable to NA'AMAT) to Carole Mund at (15101 Interlachen Dr., Apt. 724, Silver Spring, MD 20906). For questions, call Carole at (301-598-2768).

March

"Kinky Boots" Toby's Dinner Theatre, Columbia, MD

Join members of the **Comedy and Humor Club** for a matinee performance of this exhilarating, true story that will lift your spirits to high-heeled heights! "Kinky Boots", winner of six Tony awards, including best musical, features a joyous score by Cyndi Lauper.

The bus departs Clubhouse II at 9:30 a.m. and returns at approximately 3:30 p.m.

This trip guarantees a wonderful experience. The cost, \$80 per person, includes bus transportation, buffet lunch, gratuity and tips at the theatre and a remarkable show. The trip also includes a drawing for a surprise gift on the way home.

Payment (check or money order only, made payable to the Comedy and Humor Club of Leisure World) may be left at the E&R office in Clubhouse I. Deadline for reservations is Friday, Jan. 10. There will be no refunds or exchanges. For more information, call Ruth Becker at (301-288-4276) between 9 a.m. and 5 p.m.

March 24

Cherry Blossom Tea Washington National Cathedral

Join the **Rossmoor Women's Club** for an afternoon outing to tour the impressive Washington National Cathedral in Washington, D.C., and enjoy a fabulous tea in the building's exquisite seventh floor setting. The bus departs Clubhouse II at noon and returns at approximately 6 p.m.

The cost is \$95 per person and includes bus transportation, admission to and guided tour of the Cathedral, and tea.

To reserve seats, call the Eyre Leisure World Travel office at (301-598-1599) or drop by the office Tuesday-Thursday, 8:30 a.m.-2 p.m., or call (301-854-6600, #4).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

April 15

"Love Letters," at the Washington County Playhouse, Hagerstown, PA

Get out your hankies! Join the **Going It Alone Club** for a trip to Hagerstown for a traditional American brunch and to see a performance of "Love Letters" at the Washington County Playhouse. Both funny and heartbreaking, "Love Letters" revolves around a man and a woman, who, while marrying and divorcing others, and pursuing careers successfully or not, correspond faithfully for 50 years. The bus departs from Clubhouse II at 11:30 a.m. and returns at approximately 7 p.m. The cost is \$75 for members and \$85 for non-members and includes the brunch buffet, show, transportations and tip.

For more information, call Nancy Alderman at (301-598-5614).

April 27-May 7

Portugal, Spain and Gibraltar

Encouraged by the success of the trip this year to Costa Rica, the **Center for Lifelong Learning (CLL)** planned a trip to Portugal and Spain through Prometour Educational Tours. It is another opportunity for students of Judy Frumkin's Spanish classes to gain practical experience using the language they have been studying. It is also an opportunity for anyone interested in the cultures of these two neighboring countries.

Participants will arrive in Lisbon, Portugal, on Monday, April 27, and will spend four days visiting Lisbon, Sintra, Sagres and Albufeira. Then it is on to Spain and the cities of Sevilla, Cordoba, Granada and Málaga. Last stops are Gibraltar and the Spanish city of Ceuta, across the strait in North Africa. The trip includes visits to Jewish, Muslim and Christian sites of interest, and time to enjoy local food, shopping and culture.

The base cost of the trip is \$3,934 per person if 20 or fewer people register. If more than 20 register, the price will decrease.

For additional information including a list of the places to be visited and the schedule for payment of the fees, contact Judy at (443-858-2894) or (judyfrumkin@gmail.com). To register for the trip, call (1-800-304-9446) and mention Leisure World for registration, or contact Judy for information on how to register online.

May 20-21

Lancaster and Pennsylvania Dutch Country

Join the **Going It Alone Club** on a two-day trip to Lancaster and Pennsylvania Dutch Country. This trip includes attending the show "Queen Esther" at Sight and Sound Theatre, a visit to Kitchen Kettle Village for authentic Pennsylvania Dutch Country shopping, a stop at the Amish Experience to see the multi-media production "Jacob's Choice" and a visit at Park City Center for more shopping. The trip also includes one night's lodging, one breakfast and one dinner.

The bus leaves Clubhouse II at 8 a.m. on Wednesday, May 20, and returns at approximately 6 p.m. on Thursday, May 21.

The cost is \$213 for members or \$223 for non-members double occupancy (add \$39 for single occupancy) and includes the driver gratuity. An initial payment of \$75 is due at sign-up with the final payment due on Saturday, March 7. No refunds will be made after March 7 unless a replacement is made.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Nancy Alderman at (301-598-5614).



Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2:00 pm Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4 For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Museum Loop, DC

Mon., 1/13, 8:40 am-3:00 pm\$35.00 per person Choose to spend the day at the Library of Congress, National Archives Museum or the National Museum of American History. Transportation only.

International Spy Museum, DC

Mon., 1/27, 8:45 am-3:15 pm.....\$48.00 per person Trip includes transportation and admission to museum. Lunch on own.

"Murder on the Orient Express," Fulton Theatre,

Thurs., 1/30, 8:45 am-7:00 pm.....\$120.00 per person Trip includes transportation, lunch at Shady Maple Smorgasbord and admission to show.

"Kinky Boots," Toby's Dinner Theatre, Columbia,

Wed., 2/5, 10:00 am-4:00 pm.....\$104.00 per person Winner of six Tony Awards. The exhilarating true story that will lift your spirits to high-heeled heights! Trip includes transportation, admission to show and buffet lunch.

"Wicked," Hippodrome Theatre, Baltimore, MD Sat., 2/15, 12:00 pm-6:30 pm.....\$185.00 per person Trip includes transportation and admission to show.

MGM Casino, National Harbor, MD 🥯

Mon., 2/17, 9:05 am-3:00 pm\$40.00 per person Transportation only.

National Portrait Gallery, DC

Tues., 3/3, 10:45 am-3:45 pm\$35.00 per person Transportation only.

Philadelphia Flower Show, PA

3/5 and 3/6, 7:45 am-7:45 pm.....\$95.00 per person "Riviera Holiday" — Mediterranean gardens are this year's theme. Transportation and admission to show included.

"Queen Esther," Sight and Sound Theatre, PA 🥯

Fri., 3/20, 9:45 am-9:15 pm\$159.00 per person Lunch at Hershey Farm prior to the show included.

9/11 Memorial and Museum New York

Sat., 3/21 7:00 am-11:45 pm\$120.00 per person Timed entry ticket to Museum and Memorial and a Cracker Barrel gift card for dinner on the way home.

Cherry Blossom Tea at the National Cathedral, DC A

Tues., 3/24, 12:00 pm-6:00 pm.....\$95.00 per person Experience the beauty of the National Cathedral with a guided tour and finish the day out with a cherry blossom-themed tea. Trip includes motorcoach transportation, admission to Cathedral, guided tour and tea.

NEW Tropicana Atlantic City, NJ 😂

Tues., 3/31 8:45 am-10:15 pm\$60.00 per person Trip includes transportation and \$25.00 slot play offer from Casino.

Odyssey Cruise on the Potomac River

Wed., 4/1, 9:00 am-3:45 pm.....\$110.00 per person Cruise down the Potomac while eating lunch and listening to music.

Cherry Blossom Tour, DC &

Mon., 4/6, 10:00 am-3:15 pm\$84.00 per person Trip includes a step-on guide, lunch at Carmine's and transportation.

Shen Yun at the Kennedy Center, DC 🥯

Wed., 4/8, 11:30 am-5:30 pm.....\$179.00 per person Shen Yun's storytelling is all done through classical Chinese dance, which has a unique dance-acting element. By coordinating facial expressions with dance movement, dancers can portray any sort of character or personality. Trip includes transportation and admission to the show.

NEW Stein Mart and Leesburg Outlets, VA

Mon., 4/20, 9:15 am-4:30 pm\$40.00 per person Transportation only.

"Guys and Dolls," Ford's Theatre, DC

Sat., 4/25, 10:15 am-5:45 pm\$110.00 per person Lunch at Union Station prior to heading over to Ford's Theatre. Explore the museum prior to the show.

NEW "Murder at Mount Hope Mansion," PA

Sun., 4/26, 9:15 am-7:15 pm\$117.00 per person Accept this invitation to a sumptuous meal and the opportunity to become a detective! Transportation, meal and show included.

Happy Holidays to one and all!

We look forward to seeing you on trips in 2020, and thank you for traveling with us in 2019.

Note that our office at Leisure World will be closed Dec. 23-Jan. 3. During this time you may call 301-854-6600 x4 to make reservations. This office reopens Jan. 7.

MULTI-DAY TRIPS

Coastal Wilmington, NC

April 19-23

Ocean City Adventure, MD

June 7-10

Niagara Falls, Canada

June 21-24

Charms of the Chesapeake

June 25-26 Cape Cod, MA

July 19-23 Constitution Tour, VA

Aug. 6-8

Yellowstone, Grand Tetons & Mt. Rushmore

Aug. 13-21

Africa and Safari Adventure Sept. 9-20

Pittsburgh, PA Sept. 13-14

Vermont and New Hampshire

Oct. 10-15

Iceland - Land of Fire & Ice

Oct. 21-27

Portugal & The Douro River

Cruise

Oct. 28-Nov. 7

Tournament of Roses Parade

Dec. 30-Jan. 3, 2021

CRUISES

Carnival Cruise

July 19-26 Seven-night eastern

Caribbean Cruise

Caribbean cruise MSC Seaside out of Ft.

Lauderdale Aug. 15-22

Royal Caribbean Sept. 17-26

Nine-night Canada/New England Cruise

Caribbean Princess

Nov. 15-22

Western Caribbean cruise

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol provides an indication of how much walking may be involved.





Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years."

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

SPORTS, GAMES & Scoreboards

■ Pickleball Club

Club Welcomes Beginners to Popular Sport

by Dee Berkholtz

With the eye-catching headline "Are you really retired if you don't play pickleball?" an article in the Nov. 22 edition of Money Magazine describes the increasing popularity of the sport, especially among the 55+ age group, and cites an estimate of 3.3 million participants, with a majority of them age 55 or older.

The popularity of pickleball in this area is evident by the many classes and open gym playing time offered by Montgomery County Department of Recre-

ation. Of the 30 upcoming pickleball classes held at various county rec centers, many are already full, and 90 percent of them are held midweek during the day, which makes them very popular with the active 55+ adult community.

Many World pickleball players have taken these lessons to improve their skills, and some members participate in competitive ladder leagues run by the county. If the weather is too wet or windy to play outdoors, and the Clubhouse II Activity Room is being used by other groups, "pickleball-addicted" Leisure World residents move their play

to nearby rec center gyms that have established pickleball times for county residents.

All residents are welcome to come see why this sport is so popular and addictive. The Club holds beginner clinics every p.m. in Clubhouse II. Dee Berkholtz Paddles are provided

for those interested in having fun while exercising and making new

The recent Leisure World resident survey revealed that 82.3 percent of residents who responded are retired. But, ask yourself, "Are you really retired if



Tuesday from 4-5:50 Pickleballers tap paddles at game's end. Photo by

you don't play pickleball?" Why not add "pickleball paddle" to your holiday wish list and plan to learn the game as a New Year's resolution? For more information, visit the Pickleball Club website, (www.LWpickleball. net).

■ Lawn Bowls Club

Lawn Bowlers Celebrate **Highly Successful** Season

by Paul Ganz

eisure World lawn bowlers Lemet on Dec. 3 for a celebration to mark the end of a great lawn bowling season that included an increase in Club membership, the Maryland Senior Olympic Lawn Bowling championships held at Leisure World, and several visits by a surprising number of lawn bowlers from around the country.

More than 35 members

and guests were treated to a tasty catered affair that has become a traditional end of season event. A very brief meeting took place after the meal when team secretary Lois Reese was honored for her tireless efforts on behalf of the Club.

The meeting ended with a commitment to spread the word for a sport that is social and consists of gentle exercise – perfect for the residents of Leisure World.

■10-Pin Bowling League

Huggers Remain in the Lead

by Rita Mastrorocco

The league is based on handicaps with averages for the bowlers ranging from 85 to 182. Even if you have not bowled in years, come out and join the fun.

The top League standings as of Dec. 6 are Huggers in first place, Hooks N Curves in second place, and Winners in third place.

Top scores for the week of Dec. 6 are:

Scratch Game – Hooks N Curves, 666 pins

Scratch Series – Huggers, 1,924 pins

Handicap Game - Half and Half, 908 pins

Handicap Series – Winners, 2,593 pins

High Average Men – Steve Mueller, 183 pins

Scratch Game Men - Pat Leanza, 219 pins

Scratch Series Men – Steve Mueller, 588 pins

Handicap Game Men - Don

Manouelian, 270 pins Handicap Series Men – Don Manouelian, 726 pins High Average Women -Chris Porter, 162 pins Scratch Game Women -Jessica Stephens, 194 pins Scratch Series Women -Jessica Stephens, 460 pins

Handicap Game Women -Jessica Stephens, 260 pins Handicap Series Women -Tina Moser, 673 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, located at 1101 Clopper Road in Gaithersburg.

The cost for three games of bowling, use of bowling shoes and balls and unlimited cups of coffee is only \$11.

If interested in joining, call Rita at (301-814-9196).

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Chess by the Light of the Christmas Tree

by Bernie Ascher

Little known Frederick Morris Feiker is the man whose idea started the tradition of lighting a National Christmas Tree on the Ellipse near the White House.

He was a former engineer for General Electric who became an aide to Herbert Hoover, Secretary of Commerce at the time. Feiker wrote a letter to President Calvin Coolidge, suggesting a public ceremony to light the tree.

Feiker wanted to help the electric industry sell more bulbs and more power. Thus, on Dec. 24, 1923, President Coolidge touched a button that lit the tree with 2,500 bulbs. All presidents since then have lit the tree each year, and General Electric has supplied the design, the bulbs and the ornaments.

A crowd of 5,000-6,000 attended the first ceremony and the concert that followed. Calvin Coolidge (true to character) did not speak, but he invited the crowd to sing Christmas carols. Three thousand more people joined the crowd while the event continued after dark, as reported in The Washington Post. (How did they all get there prior to the Metro?)

The current tree, lit by President Trump on Dec. 5, is decorated with 50,000 bulbs. The National Park Service planted the tree near the White House in late October. The previous tree, planted in 2012, was damaged last year when a man tried to climb it. Those who attended this year's ceremony obtained free tickets through an online lottery.

The White House Christmas Tree has a longer history than the outdoor tree. Some claim that President John Tyler hosted a children's party with a Christmas tree in the 1840s. Others claim that President Franklin Pierce had the first Christmas tree in the White House in the 1850s.

The White House Historical Association, though, credits President Benjamin Harrison for starting the tradition by installing a tree and announcing it to the public in 1889. He placed the tree in the Yellow Room, decorated with candles and toys for his grandchildren.

Abraham Lincoln did not have a Christmas tree and did not send out Christmas cards. Every Christmas day in the White House during Lincoln's administration was a workday.

In 1870, President Ulysses S. Grant signed into law a bill making Christmas a legal holiday, along with New Year's Day, the Fourth of July and Thanksgiving Day.

Theodore Roosevelt, an outdoorsman and environmentalist, banned Christmas trees in the White House. It was a time of great concern over deforestation. Newspapers criticized cutting down live trees for a commercial purpose for such a short time period.

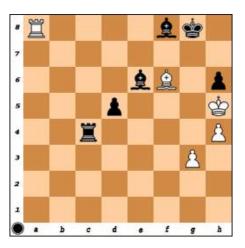
Each year since 1966, the National Christmas Tree Association (NCTA) has presented the official White House Christmas Tree for display in the Blue Room. The NCTA hosts a national competition to select the official tree, which must stand 18-19 feet tall and reach the ceiling of the Blue Room. A chandelier is removed each holiday season to accommodate the tree.

In the U.S., more than 15,000 Christmas tree farms grow approximately 350 million Christmas trees. The industry, which employs about 100,000 people full- or parttime, sold 38.2 million in 2018, according to NCTA.

Leisure World chess players hardly notice the absence or presence of Christmas trees. Of utmost importance is the position of pieces on the chessboard.

In the game pictured on this page, it is Black's turn to move. What is Black's best move?

The solution follows our message that the Chess Club meets on Mondays, Wednes-



days and Fridays from 1-4 p.m. in Clubhouse II. Membership is free. For further information, call Bernie Ascher at (301-598-8577).

SOLUTION: Black moves the Bishop to f7. Checkmate!

So, do not wait for a supply of bulbs and ornaments. Do not wait for Calvin Coolidge to speak at length. Do not wait for removal of a chandelier. Play chess now!

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■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

Nov. 27, 2019 Dec. 4, 2019 No game played. No game played.

■Thursday Afternoon Ladies Bridge

Compiled by JoAnn Gellman

Nov. 28, 2019

Dec. 5, 2019

No game played.

- 1. Helen Monta, 4,760
- 2. Shirley Gilmore, 2,920
- 3. Janet Danziger, 2,890

■ Friday Bridge

Compiled by Shirley Rosenhaft

Nov. 22, 2019

- 1. Jackie McCarthy, 3,050
- 2. Betty Hecht, 2,730
- 3. Bob Stromberg, 2,530
- 4. Mort Faber, 2,220

Nov. 29, 2019

No game played.

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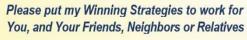
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Leisure World References

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■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each less than 1,000 master points. Flight C includes only ACBL member pairs, each less than 500 master points.

Friday, Nov. 22, 2019

North-South East-West Flight A

- 1. Diane Keiper Nadyne Cheary
- 2. Aaron Navarro Judith Perrier

Flight B

1. Alan Ferraro – Liz Ferraro

- Flight A 1. Dora Levin – Mark Lavine
- 2. Abigail Murton Doug Brasse

Flight B

- 1. Abigail Murton Doug Brasse
- 2. Marcia Fletcher James Cowie

Tuesday, Nov. 26, 2019

North-South East-West Flight A Flight A

- 1. Diane Keiper Marshall Kramer
- 2. Stephan Billstein Marcia Fletcher
- 3. Aaron Navarro Maida Crocicchia

Flight B

1. Stephan Billstein – Marcia Fletcher

Flight C

1. Wendy Morrison – Vern Skinner

- 1. Madhay Deshmukh Beena Deshmukh
- 2. Susan Weiss Bernice Felix
- 3. Helen Solomon Rae Newman

Flight C

1. Joan Marie Thomas - Kathleen

Friday, Nov. 29, 2019 **One Section only**

Flight A

1. Dora Levin – Mark Lavine

- Flight B 1. Bernice Felix – Michael Benefiel
- 2. (tie) Aaron Navarro Judith Perrier 2. Nancy Gordon Sue Swift (tie) Saul Penn – Murat Berk

Tuesday, Dec. 3, 2019

North-South Flight A

1. Aaron Navarro – Gerald Lerner

- 2. Beena Deshmukh Madhav Deshmukh
- 3. Lorraine Nacson Judith Lindley

- 1. Beena Deshmukh Madhav
- 4. Hanna Schepps Marlys Moholt

Flight B

- Deshmukh
- 2. Lorraine Nacson Judith Lindley

East-West Flight A

- 1. Alfred Caponiti Frederic Caponiti
- 2. Nancy Gordon Bernice Felix
- 3. James Wisman Howard Tash
- 4. Susan Weiss Sue Swift

Flight B

- 1. Nancy Gordon Bernice Felix
- 2. Susan Weiss Sue Swift

Friday, Dec. 6, 2019 **One Section only**

Flight A

1. Dora Levin – Mark Lavine

- 2. Robert Kerr Saul Penn
- 3. Julie Marquette Barbara Gifford
- 4. Allen Shaw Patti Anschutz
- 5. Abigail Murton Doug Brasse
- Flight B
- 1. Julie Marquette Barbara Gifford 2. Abigail Murton – Doug Brasse

Flight C

1. Abigail Murton – Doug Brasse

The next newcomers duplicate bridge session is held on Monday, Jan. 13, at 6:30 p.m. in Clubhouse I. A short lesson will precede the card play. All Leisure World bridge players who would like to experience duplicate bridge in a more relaxed setting are invited to attend and partner with experienced duplicate players. The fee for non-members of the Duplicate Bridge Club is \$2 per person.

Email (jerroldmiller@yahoo.com) to RSVP or for more information.

Regular duplicate games awarding masterpoints are held Tuesday and Friday at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com). Residents who need a partner for the Tuesday or Friday game should call Shirley Light at (301-598-6611) at least 24 hours in advance.

Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Multi-purpose Room. Questions: Call Jessie at (314-374-4501).

Bridge:

- Tuesday and Friday Duplicate Bridge games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Aaron at (301-598-3870).
- The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).
- **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Women welcome. Call Alan Levine at (301-288-7349).
- **Thursday Ladies Bridge** welcomes more card players. If interested, call JoAnn Gellman at (301-351-2391).

Chess: Free chess lessons on Mondays for beginners or "rusty" players. Call Steve Harvith at (301-801-4693) or Lark Keller at (301-219-5955) for appointments. The Chess Club meets every Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership is free.

Cribbage: We meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Golf Club: The golf course is open all winter long, weather permitting, and there will be an organized "Winter Scramble" every Wednesday. Call the pro shop at (301-598-1570) for times and greens fees.

Mah-jongg: Learn how to play mah-jongg. Call (301-598-3438). **Mind-Body Exercise Club:** Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Judy Menkes at (301-847-9643).

Ping-Pong Club: Get healthy exercise and camaraderie playing ping-pong. The Club meets Mondays, Wednesdays and Fridays from 1-3 p.m., in the Clubhouse II Ping-Pong and Meeting Room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email her at (julie12401@netscape. net).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 4-6:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

- **Poker Game** openings are available at the Greens, Thursdays from 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).
- **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.
- **Play Poker** Mondays and Thursdays from 1 p.m.-4:30 p.m. in the Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Thursday Night Poker meets every Thursday from 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Indoor Pool Volleyball: If you are a resident who wants to enjoy the inviting warm water of the social pool, join your peers in social volleyball on Wednesdays, Fridays and Saturdays at 3 p.m. No skills needed, just come and have fun. Competitive volleyball games are played on Monday and Thursdays from 6-7:30 p.m. This game is for long-term, skilled players who want the intensity of competition and rarely miss the games. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. For more information, email Laurie Burdick at (lgburdick@aol.com).



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CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

***Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



EDUCATION

From Generation to Generation: An Introduction to Jewish Genealogy:

Seasoned genealogists, Sheila Wexler and Mary-Jane Roth from Jewish Genealogical Society of Greater Washington, will give a thorough introduction to tracing Jewish family history. Crucial resources and key tools to enhance a Jewish genealogy project will be provided. Learn how to enrich personal stories and then participants will share their work in class.

Basic computer skills and the ability to access the internet are required.

This class, sponsored by JRLW and the Bender Jewish Community Center, meets Thursdays, Jan. 9-30, 10:30 a.m.-12:30 p.m. Fee: \$40. Register at Clubhouse I.

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

MUSIC EDUCATION

NEW – Impressionists, Romantics and Realists: More blue! They were subversive, revolutionary, countercultural geniuses! The Impressionists take the Romantic movement to new heights and create the most popular artistic movement the world has ever known! Color becomes experience, photography captures reality, literature explodes convention, dance abandons structure and music pushes the senses to their outer limits.

The 19th century moves from the gentle malaise of Impressionism to the stinging bite of reality. Art itself frees the human soul and nationalism begins to pervade the arts and hints at unimagined horrors to come. Here you'll find the beginnings of the film score and see how art and music consciously manipulate the senses for a completely immersive experience.

Musicologist, tenor and redoubtable raconteur Dr. Harry N. Dunstan leads this wild ride through the 19th century!

Class meets Fridays, Jan. 24-Feb. 28, 11 a.m.-noon. **Fee: \$50. Register at Clubhouse I.**

NEW – Journeys and Experiences of the Musical Mind: Explore how music and engaged listening can positively transform your life like nothing else! Sound is our most primal and experiential sense – the first to awaken and the last to leave us and music has been one of our greatest human survival tools. The average person experiences at least four hours of music every day and those musical experiences shape our lives in both conscious and subconscious ways.

How does the mind process words, symbols and music? Can you hear color? Learn how to navigate sonic landscapes and more fully experience the music in film, television and the concert hall.

Using lectures, recorded examples, live performances and class participation, musicologist, tenor and redoubtable raconteur Dr. Harry Dunstan will help you discover how to use music as your most life-enhancing activity.

Class meets Mondays, Jan. 27-March 2, 7-8 p.m. **Fee: \$50. Register at Clubhouse I.**

RELIGION AND PHILOSOPHY

Meditation for Seniors, a CLL course: Led by David Newcomb, Meditation for Seniors is a three-part course designed to help seniors confront aging. Meditation provides a traditional means to explore our innate spirituality, which, in turn, reinvigorates us with newfound perspective and purpose. Meditation is the fastest, simplest inroad to self-discovery.

In this class, we will briefly review the background of meditation, take a close look at the technique, and sit together in meditation as a group. We will analyze our meditation sessions, and consider several supporting activities, such as belonging to a group, keeping a self-introspective diary, and diet, that help our efforts to meditate. Each student will be asked to meditate on his or her own during the week and report back on progress at the next class. No special postures or exercises are used in this class. We will be sitting in chairs the entire

For students wanting to continue, we offer an ongoing intermediate level of meditation classes. These will feature longer meditations in class, more detailed study and more detailed analyses of our own practice.

Meditation is a limitless horizon. Once we begin, we can explore these subjects forever.

Class meets Wednesdays, Jan. 15-Jan. 29, 10-11:30 a.m. **Fee: \$15. Register at Clubhouse I.**

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd.com).

DANCE INSTRUCTION

Intermediate Tap Class:

This class will include warm-up barre exercises, center room exercises (combos and balance), progression steps and a dance routine. The dance instructor is Mary Lou Peters, who started dancing at the age of three and has continued dancing throughout her life. At age 17 she started danced professionally, worked on a TV show for NBC for 16 years and has been teaching dancing ever since.

Class meets Thursdays, Jan. 9-30, 7-8 p.m. **Fee: \$40. Register at Clubhouse II.**

EXERCISE

NEW – Very Beginner Yoga with Marilyn Dixon:

This class is an introduction to yoga. It includes basic postural awareness, breath awareness, yoga postures, embodied movement, and principles of practice designed for those with no yoga experience. It also includes an introduction to steps on the path of yoga that lead to overall well-being and peace of mind and body.

Please bring a yoga mat to class. Participants should be able to get down to and up from the floor. Chairs are provided for additional support.

Marilyn Dixon has a masters from the Maryland University of Integrative Health, is a licensed massage therapist and has been teaching yoga for over 30 years.

Class meets Wednesdays, Jan. 22-March 11, time 10:30-11:30 a.m. Fee: \$56. Register at Clubhouse I.

NEW – Zumba Gold with Denny – Mondays, Wednesdays or Fridays: This program was designed for the older, active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays Jan. 6-Feb. 10, 10:30-11:30 a.m.; Wednesday, Jan. 8-Feb. 12; or Fridays, Jan. 10-Feb. 14, 1-2 p.m. Fee: \$45 for one day per week; \$84 for two days per week; \$120 for three days per week. Register at Clubhouse II.

Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Jan. 6-Feb. 10, and Thursdays (with Sue), Jan. 9-Feb. 13, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. Fee: \$38 for one day per week; \$63 for two days per week. Register at Clubhouse II.

Mild Exercise with Shirley:

All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Jan. 7-Feb. 11, and Wednesdays, Jan. 8-Feb. 12, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. Fee: \$38, one day per week; \$63 for two days per week. Register at Clubhouse II.

Chair Yoga with Robin,
Mondays: Age well. Prevent or
diminish the chronic degenerative
disease processes that frequently
accompany aging. Gentle, yet
effective, movements done while
sitting in a chair. Increase joint
mobility, balance, flexibility,
strength, tone, circulation of
blood and lymph, and improve
breathing. Optional standing
balance exercises included.
Relaxing and fun! Mindfulness

training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, Dec. 30-March 16, 11 a.m.-noon **or** 2-3 p.m. (no class Jan. 20, Feb. 3, 10 and 17.) Choose the time that suits your schedule. **Fee per session:** \$110. Register at Clubhouse

Chair Yoga with Robin, Wednesdays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training is introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, Jan. 8-March 11 (no class Feb. 5 or 12), 2-3 p.m. Fee: \$110. Register at Clubhouse II.

Tummy Terrific with Shirley: Looking for something



fun and functional? Why not try the new Tummy Terrific class with Shirley. The exercises in this class strengthen and stretch the entire body with emphasis in toning the abdominal area. Most exercises are performed on the floor using various equipment, including balls, bands and weights.

Class meets Tuesdays, Jan. 7-Feb. 11, 9:30-10:30 a.m. Fee: \$38 for one day per week; \$63 when taken with one day of H2O Fitness and More class. Register at Clubhouse II.

WATER EXERCISE

Aqua Lite with Shirley:

This new water fitness class is low intensity and low impact and will improve your joint flexibility, balance and coordination. For those with arthritis or recovering from injury or surgery, participating in this class will help reduce muscle weakness, pain and stiffness in the upper and lower body.

Class meets Mondays, Jan. 6-Feb. 10, 1-2 p.m. Fee: \$38 for one day per week; \$63 when taken with one day of H2O Fitness and More class. Register at Clubhouse II.

Water Exercise with

Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Jan.

7-Feb. 11, and Thursdays, Jan. 9-Feb. 13, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. Fee: \$38 for one day per week; \$63 for two days per week. Register at Clubhouse II.

Non-impact Fusion Water Exercise with Shirley or Sue: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Jan. 7-Feb. 11, and Thursdays, Jan. 9-Feb. 13, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. Fee: \$38, one day per week; \$63 for two days per week. Register at Clubhouse II.

Aqua Fit with Shirley:

This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Jan. 8-Feb. 12, from 1-2 p.m. Fee: \$38 for one day per week; \$63 when taken with one day of another water class. Register at Clubhouse II.



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APPRECIATION.



CALENDAR of Events

Dial 301-598-1313 for recorded Daily Events

Friday, December 20 Clubhouse I

11:00 a.m. Amazing! Shocking! The Romantics! Music Class 12:15 p.m. Kiwanis Club 2:00 p.m. Town Meeting Organization

7:00 p.m. Friday Duplicate Bridge

Clubhouse II

1:00 p.m. Zumba Gold Class 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge 3:00 p.m. Ping-Pong Club 4:00 p.m. Pickleball Club 4:00 p.m. Baby Boomer Club:

Saturday, December 21 Clubhouse I

No Scheduled Activities.

Clubhouse II

9:15 a.m. Jewish Residents of Leisure World Religious Service 11:00 a.m. Pickleball Club 12:00 p.m. LW LGBTQ Alliance 2:00 p.m. Going It Alone Club:

Sunday, December 22 **Clubhouse I**

10:30 a.m. Jewish Discussion Group

Clubhouse II

11:30 a.m. Pickleball Club

Monday, December 23 **Clubhouse I**

1:30 p.m. Leisure World Chorale 1:30 p.m. Book Club Network: Fall Readers

7:00 p.m. Bingo

Clubhouse II

12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 1:30 p.m. Computer Learning Center: Android Help Session 2:00 p.m. Line Dance Class 2:30 p.m. Jewish Residents of Leisure World Chanukah Party 3:00 p.m. Ping-Pong Club 3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Exercise Class 5:30 p.m. Model Railroad Club Operating Session

Tuesday, December 24 **Clubhouse I**

2:00 p.m. Book Club Network: Suspensers 7:00 p.m. Duplicate Bridge

Clubhouse II

10:00 a.m. LW Apple Clinic 12:30 p.m. Pickleball Club 1:30 p.m. Comedy and Humor

4:00 p.m. Pickleball Club

Wednesday, December 25 **Clubhouse I**

No Scheduled Activities.

Clubhouse II

No Scheduled Activities.

Thursday, December 26 Clubhouse I

12:30 p.m. Ladies' Bridge **Clubhouse II**

9:00 a.m. Senior Sneakers Class 9:30 a.m. Quilting Group 11:30 a.m. Pickleball Club 12:30 p.m. Men's Bridge 2:00 p.m. Model Railroad Club **Operating Session** 2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Pickleball Club

Friday, December 27

4:00 p.m. Friends of India

Clubhouse I

Association

7:00 p.m. Friday Duplicate Bridge **Clubhouse II**

10:00 a.m. Chinese Club 1:00 p.m. Zumba Gold Class 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge 4:00 p.m. Pickleball Club

Saturday, December 28

Clubhouse I

No Scheduled Activities.

Clubhouse II

9:15 a.m. Jewish Residents of Leisure World Shabbat Service 11:00 a.m. Pickleball Club 2:00 p.m. Going It Alone Club: Social

Sunday, December 29 **Clubhouse I**

No Scheduled Activities.

Clubhouse II

11:30 a.m. Pickleball Club 2:00 p.m. E&R Movie: "Ben is Back"

Monday, December 30 **Clubhouse I**

9:15 a.m. Stretch, Tone and **Strength Training Class** 10:30 a.m. Stretch, Tone and **Balance Class**

1:30 p.m. Leisure World Chorale 7:00 p.m. Bingo

Clubhouse II

10:00 a.m. Clipper Workshop 10:30 a.m. Zumba Gold Class 11:00 a.m. Chair Yoga Class 12:30 p.m. Pickleball Club 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 1:30 p.m. Computer Learning Center: Android Help Session 2:00 p.m. Chair Yoga Class 2:00 p.m. Line Dance Class

3:00 p.m. Ping-Pong Club

3:00 p.m. Line Dance Class 4:00 p.m. Ba Duan Class

5:30 p.m. Model Railroad Club Operating Session

5:30 p.m. Pickleball Club

Tuesday, December 31 **Clubhouse I**

7:00 p.m. Duplicate Bridge Game

Leisure World Mutual Meetings

Dec. 23

Mutual 9 Board

10:00 a.m., Sullivan Room

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.

Meetings of the LWCC Board of Directors, Executive Committee and **Advisory Committees**

LWCC Board of Directors

Jan. 3, 9:30 a.m., Clubhouse I (organizational meeting) Jan. 28, 9:30 a.m., Clubhouse I (regular meeting)

LWCC Executive Committee

Jan. 17, 9:30 a.m., Sullivan Room

Meeting times and locations subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.

8:00 p.m. New Year's Eve Celebration; sponsored by Perrie, LLC

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class 10:00 a.m. LW Apple Club Clinic 12:30 p.m. Pickleball Club 1:30 p.m. Comedy and Humor Club 8:00 p.m. Sock Hop Group's New Year's Eve Dance

Wednesday, January 1

Clubhouse I

No Scheduled Activities.

Clubhouse II

No Scheduled Activities.

Thursday, January 2 Clubhouse I

9:15 a.m. Stretch, Tone and **Strength Training Class** 10:30 a.m. Stretch, Tone and **Balance Class**

11:00 a.m. Writers of Leisure World 12:30 p.m. Ladies' Bridge 3:00 p.m. Stamp and Coin Club

Clubhouse II

9:30 a.m. Beginner and Advanced Tai Chi Class 10:00 a.m. Stitching Group

11:00 a.m. Water Exercise Class 11:30 a.m. Pickleball Club 12:30 p.m. Men's Bridge 1:30 p.m. Gilbert and Sullivan

Society 2:00 p.m. Model Railroad Club **Operating Session**

2:00 p.m. Mind-Body Exercise Club 4:00 p.m. Pickleball Club 4:00 p.m. Friends of India

Association

Friday, January 3

Clubhouse I

3:00 p.m. Hispanos de LW: Bingo 7:00 p.m. Friday Duplicate Bridge **Clubhouse II**

1:00 p.m. Chess Club

1:00 p.m. Friday Bridge 1:00 p.m. Ping-Pong Club 4:00 p.m. Pickleball Club

Saturday, January 4

Clubhouse I

9:00 a.m. Gentle Yoga Class 10:00 a.m. American Needlepoint Guild (ANG)

7:00 p.m. Sock Hop Group

Clubhouse II

9:15 a.m. Jewish Residents of Leisure World Shabbat Service 11:00 a.m. Pickleball Club 2:00 p.m. Going It Alone Club: Social

Sunday, January 5

Clubhouse I

11:00 a.m. Jewish Residents of Leisure World New Member Tea

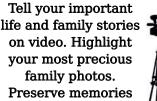
Clubhouse II

11:30 a.m. Pickleball Club 2:30 p.m. Fireside Forum: Professor Richard Bell on the Broadway Musical "Hamilton" 6:30 p.m. Baby Boomer Club: Game Night

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The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

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CASH FOR ESTATES. I buy a wide range of items: jewelry, art, rugs, etc. Buy out/clean up. (theatticllc. com) Gary Roman – (301-520-0755).

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Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

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ATTENTIVE, COMPASSIONATE CAREGIVER, Jamie, would like to assist you with your daily needs. Jamie has a lot of experience with elder care as she has been working at the Brooke Grove Nursing Home for quite some time. Please call her at (301-980-8432). Thank you.

Leticia Adu is my name. Am a CNA/GNA/MED TECH. I provide quality and affordable care for elderly. I have 13 years' experience. I give personal care, companionship, housekeeping, shopping, appointments, etc. Please contact me (301-793-3989) or (240-252-0439). Email me on (mumbea2002@yahoo.com).

Augusta Obimpeh is my name. Am a CNA/GNA/MED TECH. I have 16 years' experience caring for elderly. I provide long- and short-term care — very affordable companion



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I am a CNA, MED TECH with a certificate in autism spectrum disorders. I have extensive experience working with a major hospital for more than 15 years, with excellent references. I also worked private duty with many clients in MD and DC. I am available full-time or part-time. Please call Frances (301-943-8828).

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CNA/GNA/MED TECH with CPR and first aid license. Experience working with elderly. Have worked with agencies, nursing homes and also private duty. Am available fulltime or part-time. Please call (240-252-0439), (240-713-1654), or email (sapomadezeus@yahoo.com).

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(240-370-3097).

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COMPASSIONATE CAREGIVER. 13 years' experience, excellent references, CNA, CPR, First Aid current, good driver. Experience in all areas. Available day or nights. Please contact Berikisu Bright at (240-252-8232).

CNA looking for a job for night or day. Can provide references if interested. Please call Rhona Lawrence at (240-462-6927). Thanks.

HOME SERVICES

KITCHEN and BATHROOM REMODELING - Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified preowned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local long distance – hauling – pick-ups

and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@ msn.com) (www.continentalmovers. net).

POTOMAC WINDOW CLEANING Company - Family-owned and operated for 35 years serving the local area. Careful workmanship. Licensed, bonded and insured. (301-656-9274). The Montgomery family thanks you for your interest.

SMALL MOVES and TRASH-OUTS. Leisure World experienced. Can take items to donation center.

Reasonable and insured. Patrick (301-332-4872).

M.G.V. PAINTING & DRYWALL — Interior and exterior painting. Water damage repairs. Minor carpentry and other odd jobs. 30 years' experience. Insured. References in your complex. Reasonable rates. Call Mike at (301-655-5433) for a free estimate!

CLEANING SERVICES

R&G CLEANING SERVICES -Small, family-owned business catering to you and your household



Simple Cremation and Funeral Services Ask for the Leisure World Package

Our philosophy is simple, make a commitment to the family who entrusts us with their loved one, and live up to it no matter what. It is our pledge to be of service in every way we can, to help you and your family through a very difficult time. We take pride in everything we do.

Cremation Packages

Just a Simple Cremation

\$1,595

Simplicity Plus Cremation

\$2,895

Premium Cremation

\$3,895

Burial Packages

Just a Simple Graveside Funeral

\$3,595 Casket included

(Winston 20 Gauge)

Simplicity Plus Funeral

\$5,895

Casket included

(Winston 20 Gauge)

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ALL INCLUSIVE*

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Cremation and Burial Costs in Washington Metro Area can be very confusing. Oftentimes other cremation providers quote a low upfront price, but they do not provide you with the total cost. There may be hidden add on charges after you have chosen to utilize their services. Integrity and honesty insures a positive experience for all involved which is why we have created our "No Hidden Fee Guarantee" package plans. We guarantee that the price we give you over the phone or you see on this site, will be the price that you will pay. See comparison chart on our website www.valuechoicebrand.com.*If the death occurs in Marvland.

Value Choice Cremation & Funeral Care, P.A., 1091 Rockville Pike, Rockville, MD 20852 Phone: (301) 296-6864 • Email: info@valuechoicebrand.com Operating out of Sagel Bloomfield Danzansky Goldberg Funeral Care Inc., Rockville, MD

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- Daily living and companionship
- Meal planning, preparation and monitoring of eating habits
- Overseeing activities, such as walking, to minimize the risk of accidents
- · Shopping for groceries, with or without client
- · Bathing and grooming and general personal hygiene
- Help with planning and making decisions
- Nursing services and many more!



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needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

MARIA'S HOUSE CLEANING, free estimates, strong references, good rates. Experienced worker in LW for eight years. Call Maria (240-694-6547).

FEDERAL CLEANING, LLC has been a trusted cleaning company used by several Leisure World residents over the past year. Call us for your free estimate today. We offer both apartment and home cleaning services. We are extremely flexible—seven days a week to accommodate your schedule. Give us a call at (240-614-1592), (202-710-7426). Hope to hear from you soon!

HOUSE CLEANING – 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

HOUSE CLEANING — Kind and honest, good references, experienced, great work. I clean bathrooms, kitchens, dust, mop and vacuum rooms, office, den, deck, condos or apartments. (240-476-2574). Ivone

COMPUTER HELP

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

COMPUTER LESSONS / SERVICES — Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting, Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English no technical talk! Shopping assistance for electronics and computers. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

A+ COMPUTER SERVICES. Free inhouse diagnostic of your computer, printer, or basic set-ups. A+ certified,

virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER PROBLEMS? Virus removal, email setup, smartphone and tablet help, printer help, purchase recommendations. Irie Computer, LLC. Call Durond Brown (240-670-4743), email: (durond@IrieComputer.com) Website: (IrieComputer.com)

COMPUTER HELP: Fix your problem in an hour or less for \$50. Don't fix it, it's free. Easy Elder Tech (301-802-6633)

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with senior care and the care of seniors' pets. Safe/reliable door-to-door transportation as needed. Assistance with pet care. Dog walking and pet sitting as needed. Transportation for grooming/ vet appointments. I'm a 57-year-old semi-retired doctor, Leisure World resident. Bonded, insured, outstanding Leisure World references. Call Carl (410-499-9362).

HOUSE CALLS LLC. Beth Albaneze, CTRS, CPRP, owner. We come to your home for your convenience when faced with acute or chronic life issues. All our services are under one umbrella with a variety of professionals to choose from: counselors, advocates, resource experts, life coaches, recovery specialists, recreation therapists, insurance advisers. Contact Beth at (301-346-6732) or (callingonbeth@gmail.com). Web: (www. callingonbeth.net).

DO YOU NEED ASSISTANCE with scheduling appointments, organizing, downsizing, errands or meal prep? Experienced in non-medical care. Clean background, don't drink or smoke, get along with most pets. Instructor; CPR/AED & First Aid. Reliable, punctual, efficient, professional. Bonded/insured. Jennifer (301-371-2210).

PERSONAL FINANCIAL SERVICES. Let LJY Solutions provide you with professional cash management and tax preparation services. We take the confusion out of preparing your tax return. We have been servicing the local area since 2004. Reasonable rates, and can come to you. References. Call or email Leon Young today at (301-538-8286) * (leonyoung1507@gmail.com)

PET CARE

DOG WALKING SERVICES — Affordable rates. Responsible and dependable Leisure World resident who is available to walk your pet. Other services include dog or cat companion visits, and feeding at mealtime, if owner is away. Please call (301-598-3454) for more information.

DOG WALKING & DOG SITTING services! Rain or shine, snow or sleet, we are dedicated to taking care of your four-legged friend. Located just five minutes away from your community, our team of dog-lovers offers walks, drop-in visits and dog sitting and boarding services. Call us to schedule a Meet and Greet today! (240-338-7019)

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to fair market value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and non-fiction, hardback and paperback, audio books, DVDs. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged

in and near Leisure World. For more information call Liz at (301-840-1258).

NO LONGER USING YOUR CAR? Residents with an unused or unwanted vehicle can donate it to Vehicles for Change. They'll pick it up for free and you earn a tax deduction for the fair market value. Why VFC? As a nonprofit, they match each donated car with low-income families in need of transportation. Your car could be a family's ride out of poverty. Donate today at (www. vehiclesforchange.org) or call (855-820-7990).

JOB OPPORTUNITIES

BICYCLE MECHANIC PART-TIME. Thriving independent bike shop located in nearby Rockville invites applicants for a part-time bicycle mechanic position to begin immediately. Will train the right person with related skills and mechanical abilities. Flexible hours beginning at 15 hours per week through the winter months, possibly expanding to 35 hours in the spring. Pay commensurate with demonstrated skill. Requirements: Must have some experience with bicycles, be a team player, reliable, able to lift 50 pounds and an enthusiastic worker. All tools provided. Great opportunity! Please send résumé and salary requirements to (vcalda@gmail.com). No phone calls please.

ACTIVITY OPPORTUNITIES

MAH JONGG = I am an experienced player and am hoping to either join or fill in on a game. I really enjoy playing and am available most days and nights. Please call Roberta (301-598-5453).

MOVIES AND MUNCHIES. Are you looking for something fun to do on a Saturday or Sunday afternoon? How about catching a movie at AMC Wheaton once a month and enjoying a nosh after! No discussion, no analysis, just a fun afternoon at the movies with new friends! If you're interested, please email me at (susan. krupka@gmail.com) or give me a call at (240-446-0975).

Looking for TENNIS AND/ OR PICKLEBALL partner/s for evening hours. I prefer to play at Olney Manor Rec Center with many lighted tennis courts. Please reply to Helen: (HLEE555@gmail.com) or text to (240-817-4213).

SCRABBLE CLUB FOR WOMEN
— seeking a few new members
— Club meets at founder's
LW home on Thursday nights
twice a month 6:30-8:30+ p.m.
Typically 1-2 tables are playing
using 'official Scrabble rules' and
members bring snacks, dessert or
wine. Hostess serves coffee, tea
and sodas. Please email a bit about
yourself including phone to Polly
at (pfields@career-strategies-inc.
com) or call ((571-236-1775) in MD

BOOK CLUB FOR WOMEN — seeking a few "Serious Readers": 15+ year-old club reads award-winning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m., with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategiesinc.com) or call (571-236-1775 (in MD–LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10 p.m. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategies-inc. com) or call (571-236-1775 (in MD–LW)).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@ AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@gmail.com) for more info, free yarn and fabric, and blanket requirements.

VOLUNTEER TUTORS and FACILITATORS needed! The Literacy Council of Montgomery County offers one-on-one and small group tutoring, conversational English classes, and a new GED Program. No experience necessary. We provide materials, training and ongoing support. Sign up for an information session online at (www.lcmcmd.org) or call Raul Marin at (301-610-0030, ext. 211), or email (Raul@lcmcmd.org).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www. animalalliesrescue.org). Follow on Facebook. AARF is 501(c)(3) allvolunteer non-profit.

MONTGOMERY HISTORY, a local nonprofit located in downtown Rockville dedicated to collecting,

preserving, interpreting and sharing the histories of Montgomery County's residents, is seeking volunteers in the following areas: museum docents (weekends and holidays); library assistants (weekdays); special events volunteers (weekdays and weekends): and communications and outreach assistants (weekdays only). For a list of volunteer opportunities please visit: (https://montgomeryhistory. org/intern-volunteer-opportunities). Contact Matthew Gagle, outreach and volunteer coordinator, at (mgagle@ montgomeryhistory.org) or (301-340-2825).

INTERESTED IN HELPING KIDS learn about giving and service? The Giving Square is a local non-profit which recognizes the power of children to be contributors to their community. Through our work, kids become more empathetic, altruistic and committed to addressing local needs. This is a school-based program which works across 20 schools and organizations, mostly in Montgomery County. We are looking for advisors, classroom volunteers, and sewing support! For more information, please contact Amy at (amy@ thegiving square.org) or (202-487-3103).

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (240-706-1850) or (mortonadavis@comcast.net).

UPCOMING EVENTS

YOGA FOR ALL. Join Becca Thomas, certified yoga instructor, for an alllevels yoga class focused on alignment to build strength, explore flexibility and connect breath and movement. Options for more advanced poses or transitions. Expect a short meditation at the end of each class. No registration is needed but space is limited. Bring a mat and water and dress in comfortable clothes you can move in. Some blocks and straps will be available for those who choose to use props. Third Monday of every month, 10:30-11:30 a.m. Twinbrook Library, 202 Meadow Hall Dr., Rockville, MD 20851.

FINE ARTS and CRAFTS holiday gift show. Featuring local authors: Alyscia Cunningham, "I am More Than My Hair & Feminine Transitions," Michael V.M. Stein, "The Quest for Legendary Beer," J. David Wonderling, "Living History of the Civil War," Karen Yaffe Lottes & Dorothy Pugh, "In Search of Maryland Ghosts: Montgomery County," Dr. Hattie N. Washington, "Driven to Succeed" and "Aunt Hattie's Cookbook," Fleming, Forston,

Pointer and Withers, "From Acorn to Mighty Oak It Can Be Done," Thomas Y. Canby, "Crooked Furrow," Dr. George McDaniel, Rogers and Rogers, "African American Heritage Cookbook." Daily through Tuesday, Dec. 31, except Christmas. Sandy Spring Museum, 17901 Bentley Rd.

SEE "KINKY BOOTS," the musical, with the Comedy and Humor Club! Inheriting his father's bankrupt shoe factory, Charlie Price finds inspiration in Lola, a fabulous entertainer with wild ideas: a true story! Wednesday, March 4, 9:30 a.m.-3:30 p.m. \$80/ person includes transportation, meal and prize drawing, open to all residents. Purchase at E&R.

WANTED

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary Roman (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the U.S. Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private homebased business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

WANTED: FIREARM COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).

CASH FOR WATCHES – Rolex, Omega, Patek, Vacheron, Audemars, Tudor, Zenith and others. Text/ call Brody at (202-320-6380) or email: (dcwatchdc@gmail.com)



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In 2019 We Did Over 50 Transactions!

Dear Reader.

Last year was a busy and productive one. Because of our vast experience, we also list, sell, & consult on properties in the surrounding Metro area for neighbors, past clients, & those moving to the community. Our current listings are detailed in this paper's classifieds under "Real Estate for Sale." Here are some of our outside 2019 listings and consults. There were ten properties in Silver Spring, Rockville, Burtonsville and Laurel.

SILVER SPRING

- 11815 Gordon Road
- 408 Scott Drive
- 1190 Rainbow Drive
- 16005 Wallingford 12037 Dalewood

ROCKVILLE

- 16509 George Washington15307 Manor Village

BURTONSVILLE

- 15128 Red Cedar Drive3912 Halton Hall

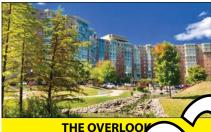
7324 Breckenridge



3720 Glen Eagles Listed and Sold



3221 Ludham #191-A 3423 Island Creek #132-A 14512 Kelmscot #174-A



3100 N Leisur



14809 Pennfield #403 15000 Pennfield #404 15000 Pennfield #201



3210 N. Leisure World Blvd



ure World #234



3005 S. Leisure World Blvd #702



3330 N. Leisure World #208 3310 N Leisure World #328, #901, #912, #821



15115 Interlachen #704 & #908 15100 Interlachen #602 15101 Interlachen #909



3627 Gleneagles #2-2C 15310 Beaverbrook #3F



3470 Chiswick #43-1F 3322 Chiswick #61-2H 3431 Leisure World #88-2D 3311 Leisure world #99-3B 3408 Chiswick #47-3E



3454 Gleneagles #78-G

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Sue Heyman: 301-580-5556 sueheyman@aol.com Rick Winkler: 301-404-3105 rwinkler@weichert.com Sudha Baxter: 202-368-8536 sudhabaxter@yahoo.com

Weichert Realtors: 301-681-0550 office