Leisure World News OF MARYLAND

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A Room Made Anew Old Fitness Center Converted to Ping-Pong and Game Room



New carpeting laid Dec. 15 helps convert the old fitness center in Clubhouse II into a ping-pong and game room. Photo by Leisure World News

by Stacy Smith, Leisure World News

The old fitness center in Clubhouse II has sat dormant for more than a year, but that's about to change.

New, rubber flooring and carpeting was laid down this week to finish converting the space to a ping-pong and game room for residents.

The room is tentatively scheduled to be finished and ready for use after the New Year.

The room's flooring has some cushion to it and allows players to move without sliding or tripping, according to project manager Nicole Gerke.

The room was also given a fresh coat of paint; energy-efficient LED, or light-emitting diodes, were installed;

and dividers will be placed between the ping-pong tables to keep play areas contained.

The room's upper tier located near the entrance will have tiled carpeting, and tables and chairs will be available for residents to play cards or other stationary games.

Room's History

Included as a four-lane bowling alley in the original 1986 architectural plans for Clubhouse II, the room's approximately 3,000-squarefoot, elongated interior naturally accommodates the back and forth motion of ping-pong games.

The bowling alley was officially opened along with Clubhouse II during a ribbon cutting ceremony on June 2,

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Author to Publish Literary Comedy Novel

by Kimberly Y. Choi, Leisure World News

uthor Stephen Evans Astarts working on his novel by leaving his Montgomery Mutual home and setting off along the Broadwalk. He builds the novel's story in his mind one scene at a time over the course of a stroll.

Evans's latest novel, "The Island of Always," will be published on Sunday, Jan. 6. Included in the volume is its prequel, "The Marriage of True Minds."

The novels tell the comedic story of a romance between two environmental lawyers, Lena and her idiosyncratic ex-husband, Nick. Although she has feelings for Nick, Lena finds herself in a difficult position as a result of his disconnection from reality, overblown animal-rescue attempts and dog puppet.

On the Path

The walk supplies Evans with a clarity of mind conducive to his imagination. First, he thinks through what he has last written. "And then it would just seem to flow very naturally into the next scene," he says.

For his earlier works, Evans would simply sit at his computer and write straightaway. But the idea for "The Marriage of True Minds" came to him unplanned on the Broadwalk when he had newly come to Leisure World to care for his mother. He found the beauty of the path

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By the time author Stephen Evans finishes his loop around the Broadwalk, the next scene of his novel is well-formed in his mind. Photo by Kimberly Y. Choi, Leisure World News



AARP tax-aide volunteers return to offer a free informational session on Friday, Jan. 11. For details see page 6.

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Spotlight on... **Trivia Group**



From left, two teammates put their heads together; a player shares a laugh with her fellow Shamrocks and Jerry Kozelsky announces a trivia question. Photos by Leisure World News

by Stacy Smith, Leisure World News

The only mammal that can power fly (not glide) is...,' the Trivia Group's ringleader Jerry Kozelsky asks a gathering of players as they ponder the question and wait to see the four possible answers appear on the screen.

Is it bumblebee, squirrel, bat or reindeer?

The last option's less-thansubtle nod to the holiday season elicits a chuckle from the audience.

And then the process of elimination begins for some, while others quickly reach for their pen or pencil, confident in their answer.

'Bat" is correct, but some players fall into the "squirrel" trap (The flying squirrel's name is a misnomer; it can't fly, but

rather, it glides by extending its flaps of skin).

Trivia Time

Established at Leisure World in 2016 after expanding from a small group that met at the now-closed Kozi's Café in Leisure World Plaza, the Trivia Group's Tuesday night gatherings quickly outgrew the Maryland Room. The Group moved to the Clubhouse I Crystal Ballroom to accommodate its growing membership, which exceeds well over 120 residents.

Trivia subjects range from anatomy to zoology, and everything in between. Teams rack their brains over each question, and then clam up as the answer is about to be revealed by Kozelsky. Some players let out a sigh of relief, while others groan or gasp in surprise.

Peppering games with a mix of softballs and questions so difficult they rival those found on an SAT exam, Kozelsky challenges the dozen or so Trivia Group teams to rely solely on their knowledge and experience for the answers – no Googling allowed.

With little at stake save bragging rights, players are free to enjoy the game's friendly, competitive spirit while savoring its intellectual challenge over light refreshments.

But make no mistake, scores are still important, and Kozelsky points out that teams "Classics" and "Red Menace" are currently tied for first place this year at seven wins each.

Brainpower

The Group's popularity may hint at something more profound than just a fun way to spend an evening.

Scientists think that activities such as trivia games may protect the brain by establishing 'cognitive reserve' that can help compensate for age-related brain changes and health conditions, according to the National Institute on Aging.

The Barracudas' oldest player, Rose Manko, is 96 and still "sharp as a tack," Kozelsky says. "We always tease her about having been around then for the history questions."

The Trivia Group meets on Tuesdays at 7 p.m. in the Clubhouse I Crystal Ballroom. For more information about the Group, contact Melinda Collis at (202-590-2311) or (melindacollis1@gmail.com).



Leisure World Ne

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the **Communications Advisory Committee**

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

Leisure World Staff Maureen Freeman. Director of Communications Stacy Smith, Senior Editor Kathleen Brooks, Senior Communications Associate Kimberly Y. Choi, Communications Associate Cassandra Chisholm, Graphic Designer Editorial: lwnews@lwmc.com Advertising: lwnewsads@lwmc.com

301-598-1310

Communications Advisory Committee

Alan J. Goldstein, Chair Bernie Ascher, Vice Chair aclwn@lwmc.com

Resident Contributors Mary Catherine Bibro, Barbara Braswell, Rincy Pollack, Arthur N. Popper and Marilyn Boesch

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Don't Let Fraud Steal Your Christmas

Protecting Against Scammers this Holiday Season

by Leisure World News

The holidays are a joyous time of year, but scammers can also make it a time when everyone, especially older adults, should take extra precautions in and out of the home to prevent becoming victims of a scam.

Anyone is a potential victim, but older people are more likely to be targeted because scammers may assume they live alone, have a nest egg or will be more polite and trusting toward strangers, according to the Federal Trade Commission's (FTC) website.

"People have had their life savings taken from them in the blink of an eye," said Katie Beard, community service officer with the Montgomery County Police Department's 4th District. "It's so important to protect yourself."

Tactics and Targets

More people are home during the holidays, so scammers often step up their efforts by personally contacting potential victims, often using identifiable lingo and tactics.

Watch for these key signs of potential fraud:

- You are contacted by phone, mail or online by a stranger and asked for your personal information, such as your name, birthdate, and credit card, Social Security or bank account number
- You are offered a "great" deal
- You must act right away or send money
- You've been specially selected for this offer
- "You trust me, right?"

Identity Theft

Identity theft is the unauthorized use or attempted use of an existing account or personal information to open a new account, or the misuse of personal information for fraudulent purposes.

2017 saw 16.7 million identity fraud victims in the U.S., up eight percent from 2016, according to statistics released by the FTC and private consulting company Javelin Strategy and Research.

Protect Your Information

Consider taking these steps to protect yourself from identity theft:

- Don't carry your Social Security card in your wallet, or write your number on checks. Only give out your Social Security number when absolutely necessary
- Store personal information in a safe or lockbox
- Collect mail promptly. Place a hold on mail when you are away from home for several days
- Shred receipts, credit offers, account statements and expired credit cards to prevent dumpster divers from getting your personal information
- Review your credit report once a year to be certain that it doesn't include accounts that you have not opened. You can order it for free from (www.annualcreditreport.com).

On the Internet

When banking or shopping online:

- Review your credit card and bank account statements
- Promptly compare receipts with account statements. Watch for unauthorized transactions
- Pay attention to your billing cycles. If bills or financial statements are late, contact the sender
- Create complex passwords that identity thieves cannot guess easily. Change your passwords if a company that you do business with has had a security breach of its databases
- Enable the security features on mobile devices, especially if you have contacts, banking websites and applications saved
- Update sharing and firewall settings when using a public Wi-Fi network, such as those in Clubhouse I and II

• Consider using a virtual private network, which can give the security of a secured private network

Gift Cards

Gift cards can make the perfect present, but they are also targeted by criminals, who steal a card's security code and then use it to drain the card's money after it's activated.

Instead of buying in-store gift cards with numbers and PINs that are easily accessible, buy them online directly from the retailer, restaurant or other issuer, if possible. Criminals don't have easy access to these cards.

If you buy in a retail store, look for gift cards kept behind the counter or in well-sealed packaging.

If possible, change the security code as soon as you buy the card, and explain to its recipient what you have done and why.

Reporting Scams

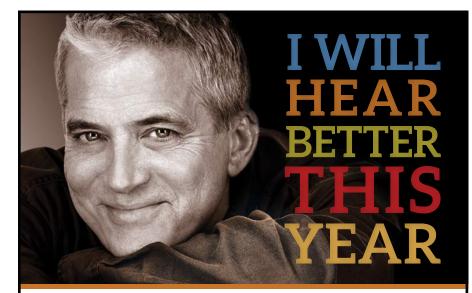
If you've been scammed or if someone has attempted to scam you, report it to the FTC by either calling (1-877-382-4357) or visiting (www.FTC. gov) and clicking on the "File a Consumer Complaint" link on the homepage.

Residents can also report scams by calling the Montgomery County Police Department's non-emergency line at (301-279-8000).

To prevent scammers from calling, add your home and mobile phone numbers for free to the National Do Not Call Registry at (www.donotcall. gov).

This won't stop all unsolicited calls, but it will stop most, according to the FTC.

If your number is on the registry and you still receive calls, they're probably from scammers ignoring the law. Hang up, and report them at (www.donotcall.gov).



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2019 Schedule of Fees

The following schedule of fees was approved by the Leisure World Community Corporation board of directors. Annual fees for use of Leisure World Trust Facilities are not refundable, in whole or part, unless upon recommendation of the appropriate standing committee of the board of directors, or the general manager finds that for reasons of health or other special circumstances, the resident will be unable to utilize the facilities during the remainder of the year.

Education & Recreation

Classes		
Student fee per class		
Resident	•	15.00 (minimum)
Non-resident, up to 6 weeks Non-resident, 7 weeks and up		ee + \$10.00 ee + \$20.00
Instructor fee per session		5% of tuition
	2.	
Tickets		
Creating and cutting tickets		\$40.00
Special Events Flea Markets/Craft Shows		
	3x6 table	\$18.00
	3x3 table	1
	coat rack	
Picnics (per person)		\$1.00
Swimming Pool		
OUTDOOR		
Guest fees	Children	\$3.00
	Adults	\$6.00
INDOOR		
Guest fees	Children	\$3.00
	Adults	\$6.00
Resident fees	Annual	\$150.00
	Monthly Daily	\$40.00 \$3.00
	Daliy	Ş 5 .00
LOCKER RENTAL	. م	
Indoor-Annual Outdoor-Season	Ş:	35.00/\$55.00/\$65.00 \$15.00
Gutuodi-Season		\$ 1 5.00
Lawn Bowling		
RESIDENT FEES		
Annual		\$50.00

Annual	\$50.00
Monthly	\$18.00
Daily	\$3.00

Room Rental

Rooms in the Clubhouses may be rented to residents, only for generally recognized social events. Prices are for a 4-hour period. (Non-commercial/non-solicitation) Res. #46, 10/27/92

CLUBHOUSE I

Resident	\$40.00	
Resident	\$400.00	
Resident	\$150.00	
Resident	\$175.00	
Resident	\$200.00	
Resident	\$225.00	
Resident	\$150.00	
	\$1.00	
	\$1.50	
uerto Rico, Mexi	<i>co)</i> \$2.00	
	Resident Resident Resident Resident Resident	Resident \$400.00 Resident \$150.00 Resident \$175.00 Resident \$200.00 Resident \$225.00 Resident \$150.00 \$150.00 \$150.00



GolfResidentAnnual\$800.00AssociateAnnual\$900.00Private Cart Trail FeeAnnual\$250.00

Daily Greens Fees

5		
WEEKDAYS, WEEKENDS	& HOLIDA	/S
Resident	9 Holes	\$15.00
Resident	18 Holes	\$22.00
Guest	9 Holes	\$18.00
Guest	18 Holes	\$25.00
Club Storage	Annual	\$60.00
Range Membership, single	Annual	\$200.00
GOLF CART RENTAL		
9 Holes, per person/rider		\$10.00
18 Holes, per person/rider		\$16.00
Cart Membership, single	Annual	\$600.00

Supplemental Transportation & Miscellaneous Services

Dial-a-Ride, within	community (o	ne-way)
Daily, per person	8 a.m8 p.m.	\$4.00

Daily, per person	8 a.m8 p.m.	\$4.00
Holidays, per person	9 a.m5 p.m.	\$4.00

Reservation for Resident Transport

to MedStar Health Medical Cent	er
One-way, per person	\$5.00

Delivery of Prescriptions from MedStar Health Medical Center

On Request Emergency, each attempt of delivery	\$2.00 \$5.00	
Unlock dwelling, lost key, etc Per house call	\$20.00	
Travel Services		
TRANSPORT TRAVELERS AND LUG Per person, one way	GAGE \$5.00	

\$75.00

MINI BUS SPECIAL SERVICE Leisure World group or organization, Per hour, minimum of 4 hours

2019 Swimming Pool and Fitness Center Rules and Regulations

1. All applicable Montgomery County Department of Recreation swimming pool rules and regulations are in effect.

2. Only residents and their guests may use the pool facilities. Residents and guests must purchase daily tickets or a season pass (residents only) in the Education and Recreation offices during regular business hours and present proof of their Leisure World ID. Prices are listed at the end of these rules. Guests must be accompanied by a resident at all times.

3. Patrons are not permitted to leave locks on lockers overnight unless a locker has been rented. See the E&R office in Clubhouse II for more information.

4. Children aged three and under are not permitted on pool decks or in pool areas. Children aged six and under must have an adult 16 years old or older in the water with them and within arm's reach. Children aged 10 and under entering the pool complex must be accompanied and cared for at pool side by an adult 16 years old or older in swimming attire.

5. Guests may use the pool facilities after 10 a.m. On Mondays, the indoor pool opens at noon.

6. All diving is prohibited.

7. Lap lanes are for continuous lap swimming. Patrons not swimming laps should remain in lanes not reserved for lap swimming. Noodles are prohibited in the lap pool.

8. Children aged six and older must change in the locker room assigned to their gender.

9. All patrons in the pool areas must be in proper swimming attire. Street shoes are not permitted on the pool deck. Soft-soled footwear is acceptable if not worn as street shoes. Swimming attire must be appropriately covered in the clubhouses.

10. Showering before entering pools is required by Montgomery County regulations.

11. Patrons with excessive sunburn, open sores or bandages of any kind will not be allowed entry in the pools.

12. Deck chairs and lounges may not be reserved nor brought from outside the pool area and must not block periphery of the pools.

13. Food, drinks (other than water), glass containers and pets (other than a registered service animal) are prohibited Indoor Pool in pool areas and locker rooms. Food and drinks may only be consumed in designated areas of the building.

14. Flippers, noodles and boards are

permitted at the discretion of the lifeguards. All equipment must be stored in the proper receptacles in the pool area.

15. Lifeguards and E&R staff are not responsible for personal property.

16. Lifeguards and E&R staff have authority to enforce all pool rules. Horseplay is prohibited. Hanging on the ropes is prohibited. Patrons who repeatedly violate pool rules may be asked to leave.

17. E&R staff will schedule any structured activities.

18. Patrons who require assistance preparing to use the pool areas must arrange to have a competent, water-safe person accompany and help them in the locker rooms and in the pool areas.

19. In the event of inclement weather, pools are cleared for 30 minutes from the last thunder heard or lightning seen.



All tickets are non-refundable. Annual passes expire Dec. 31, 2019.

Resident (outdoor pool is free):

•	-	•
Annual		\$150
Monthly		\$40
Daily		\$3

Guest (both indoor and outdoor pools): Daily – Adult \$6 Daily – Child \$3

Outdoor Pool

The outdoor pool is free for all residents and is open daily from Memorial Day to Labor Day, and then on a weekly basis in September, weather permitting. On the first Sunday of the month, children are permitted to swim from 10 a.m.-3 p.m.

Operating Hours

Memorial Day-Labor Day	10 a.m7 p.m.
Independence Day	10 a.m6 p.m.
Labor Day	10 a.m6 p.m.

Hours are subject to change. Watch channel 972, call (301-598-1313) or check (residents.lwmc.com) for information.

Children aged four-15 may use the social pool weekdays from 10 a.m.-1 p.m. and weekends from 10 a.m.-3 p.m. Adults aged 16 and older may use the lap pool between

10 a.m.-1 p.m. The pools are closed on Thanksgiving Day, Christmas Day and New Year's Day.

Operating Hours

Monday	noon-8 p.m.		
Tuesday-Thursday	8 a.m8 p.m.		
Friday	8 a.m7 p.m.		
Saturday-Sunday	8 a.m6 p.m.		

Hours are subject to change. Watch channel 972, call (301-598-1313) or check (residents.lwmc.com) for information.

Whirlpool

Patrons who use the whirlpool must have a pool ticket, sign a "Whirlpool Agreement" form, which is available at both E&R offices, and sign in.

Lockers

Lockers may be rented each calendar year at the E&R office in Clubhouse II. Private locks are permitted. Lockers used daily must have locks removed at closing time.

Cost of Lockers

Designated half-size lockers	\$35
Women's full size lockers	\$55
Men's full size lockers	\$65

Fitness Center

The fitness center in Clubhouse II is free for all residents and has cardio and strength training equipment, free weights and a studio room.

- Open seven days a week, 4 a.m.-9 p.m.
- Open Thanksgiving Day and New Year's Day, 8 a.m.-2 p.m. (closed Christmas Day).

The Fitness Center is staffed with trainers Monday-Friday, from 7:30 a.m.-3:30 p.m., and Saturday from 7:30 a.m.-11:30 a.m. (Excludes holidays).

Rules and Regulations

1. Those wishing to use the exercise equipment must complete a "Fitness Facility Use Agreement" form and sign in and out.

2. Guests must be 18 years or older and be accompanied by a resident.

3. There is a time limit of 30 minutes on cardio equipment when others are waiting.

4. Proper shoes must be worn.

5. Equipment should be wiped down after use.

6. Cell phone use is prohibited.

Author

from page 1

helped turn his thoughts away from life's usual concerns.

As humorous as "The Marriage of True Minds" may be, Evans' original intention was to draw attention to animal euthanasia at pet shelters after reading about the issue in a magazine. He intended to make it known to readers in a form that would not turn them away.

Comedic fiction was his unlikely solution to treating solemn themes. "Divorce and suicide and animal euthanasia: what a funny story," he quips. "But all of the characters persevere and all support each other in their own ways." Evans says comedy comes easily to him and, in fact, is easier to write than other types of dialogue. Years after the

publication of "The Marriage of True Minds," Evans wondered what his own characters, whom he really liked, had been up to since the end of that novel. "The only way I'm going to know that is to write it," he says. He indeed

discovered the answer over the course of writing "The Island of Always."

Rather than draw up an outline at the start of the

Ping-Pong

from page 1

1988, according to the June 21, 1988 edition of Leisure World News.

The bowling alley was converted in the late '90s to a fitness room, which was replaced in September 2017 by a wholly constructed fitness center located just down the hall.

Added Space

The Ping Pong Club has used two ping-pong tables in the Multi-Purpose Room in Clubhouse II during their thrice-weekly meetings. But the new room's extra space will allow for the addition of a third ping-pong table. Members of the Club,

many of whom play competitively at the Maryland Senior Olympics and at national, state and regional-level games, say they are excited to try out the new space for the first time.

The Leisure World Community Corporation board of directors approved the room's conversion back in May, but work on the project was delayed for several months due to a cracked roof drain that necessitated mold remediation. process, Evans decided on just a beginning and an end for the novel. Then he imagined one scene at a time,

> chronologically, to bring the story together. He attributes this scenebased conceptualization of his stories to his background in theatre.

Finishing the Journey

As his circuit about the Broadwalk completes, so does his idea. His

pace often picks up when he nears his home, as he is eager to write it down.

He resists the urge to pay too close attention to details

while writing his first draft, preferring to review the plot structure and make edits in subsequent drafts.

The first draft of a book takes about a year for him to write, but his patience pays off. After many drafts, "The Marriage of True Minds" was published in 2008. A production company has considered it for television and film, according to Evans. He had to request permission from the publisher before writing "The Island of Always" lest it interfere with adaptation rights.

Copies of "The Island of Always," with "The Marriage of True Minds," will be available for purchase in bookstores and online at (www. amazon.com) and (www. barnesandnoble.com).

Jan. 11: Tax Season Information Session

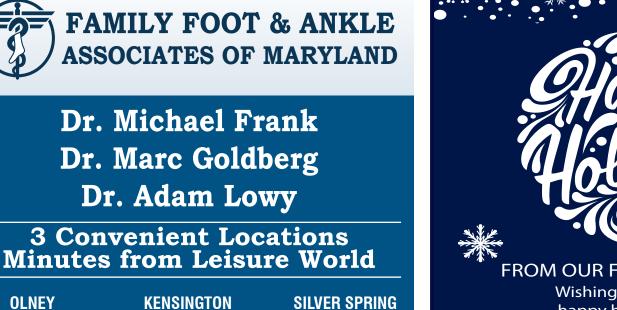
by Mark Willen

In preparation for tax season, AARP Tax-Aide Foundation volunteers will offer an informational session for residents on Friday, Jan. 11, at 10:30 a.m. in Clubhouse I.

The session includes an overview of a new tax law and how it affects residents, as well as some changes to procedures that will be in place at the tax preparation site. The informational session on Jan. 11 is free, but registration is required and begins Wednesday, Dec. 26, by calling (301-598-1300) or stopping by the Clubhouse I E&R office.

Each year, AARP Tax-Aide volunteers prepare tax returns for residents at Leisure World (by appointment only) and at no charge.

Residents can schedule an appointment beginning on Tuesday, Jan. 29, at 8:30 a.m. at the Clubhouse I E&R office.



OLNEY Oland Professional Center 3408 Olandwood Ct. Suite 204 Olney, MD 20832 (301) 924-5044 KENSINGTON Family Foot & Ankle Associates of Maryland 3930 Knowles Ave Suite 202 Kensington, MD 20895 (301) 942-8110

Maryland Colewood Centre 12 10801 Lockwood Dr. Suite 260 Silver Spring, MD 20901 (301)439-0300

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GOVERNANCE & Information

Physical Properties: Services and Fees

by Leisure World News

The Physical Properties Department (PPD) provides quality, licensed (as required) maintenance to meet today's household service needs – from major repairs and renovations to basic "handyman" duties such as picture hanging and light bulb replacement.

The fee for residents is covered through an annual service contract with PPD, or paid by residents "à la carte." For more information about PPD service contracts, sign in to (residents. lwmc.com) and click on "Physical Properties Department" under the Amenities & Services dropdown menu.

Labor time is charged in 15-minute increments. Service calls of 30 minutes or less are billed a minimum \$47 labor charge. The special rate to replace a smoke detector battery or a screw-in light bulb is \$20 plus materials. A \$45 cancellation charge is billed for the same-day cancellation of appointments that have two or more hours of scheduled time.

PPD is open Monday through Friday from 8:30 a.m.-4:30 p.m. PPD's customer service center is closed from noon-1 p.m. daily. For more information about service contracts or to request a service, stop by PPD or call (301-598-1500).

An after-hours technician is available for emergency service Monday through Friday from 4:30 p.m.-midnight, and on weekends and holidays from 8:30 a.m.-midnight.

This service is charged at the regular hourly labor rate.

Service provided between midnight-8:30 a.m. is charged at the overtime rate of time and one-half. Please call the main gate at (301-598-1044) for emergency and after-hours service.

PPD accepts MasterCard or Visa for payment of work order invoices. All payments must be made in person at the PPD office. Any future refunds will be made by check refund; no credits will be given on credit card accounts.

RATE CHARGES FOR SERVICE Service Department Cost

	COSL
Cost Center 42 – Special Projects	\$77 per hour
Cost Center 52 – After Hours	\$96 per hour
Cost Center 53 – Electrical Maintenance	\$101 per hour
Cost Center 54 – Plumbing Maintenance	\$101 per hour
Cost Center 55 – Carpentry Maintenance	\$92 per hour
Cost Center 56 – HVAC Maintenance	\$105 per hour
Cast Contar 57 Appliance Maintonance	\$98 par hour

Cost Center 57 – Appliance Maintenance \$98 per hour ***The service departments are "zero-based" operations, with the exception of Cost Center 52 – After Hours.

Jan. 1: Renovation Showroom Opens

The Showroom at the Physical Properties Department (PPD) closed Nov. 19 and will re-open Tuesday, Jan. 1, as Willson Leisure World Renovations offices.

Any resident who needs information on, or assistance with, a remodeling project should call Willson Leisure World Renovations at (301-252-2199). Residents can purchase appliances, toilets, faucets, etc. through the PPD customer service or warehouse, or by calling (301-598-1500).

– Leisure World News

Dial 301-598-1313 for recorded Daily Events

2019 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting The Jan. 18 meeting airs on Jan. 23, 24 and 25.

Board of Directors Meeting The Jan. 29 meeting airs on Feb. 4, 6 and 8.

Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management management@lwmc.com
- LWCC Board of Directors board@lwmc.com
- LWCC Executive Committee execcomm@lwmc.com
- Administration administration@lwmc.com
- Communications communications@lwmc.com
- Education and Recreation recreation@lwmc.com
- Physical Properties physicalproperties@lwmc.com
- Security security@lwmc.com

Fifth Plaintiff Withdraws from Lawsuit

A line to withdraw Frederick M. Shapiro as a plaintiff in the pending class action lawsuit against Leisure World was filed in the court Dec. 11.

The lawsuit, filed by nine residents in July, alleges that the Leisure World Community Corporation board of directors is illegally seated.

Four plaintiffs remain in the lawsuit.

– Leisure World News

Leisure World Post Office Information

- Located in the Administration Building
- Open Monday through Friday, 8 a.m.-2 p.m.
- Offers stamps, mailing boxes and certified and insured mail services; does not offer Express or International Business services
 Payment by check or cash only



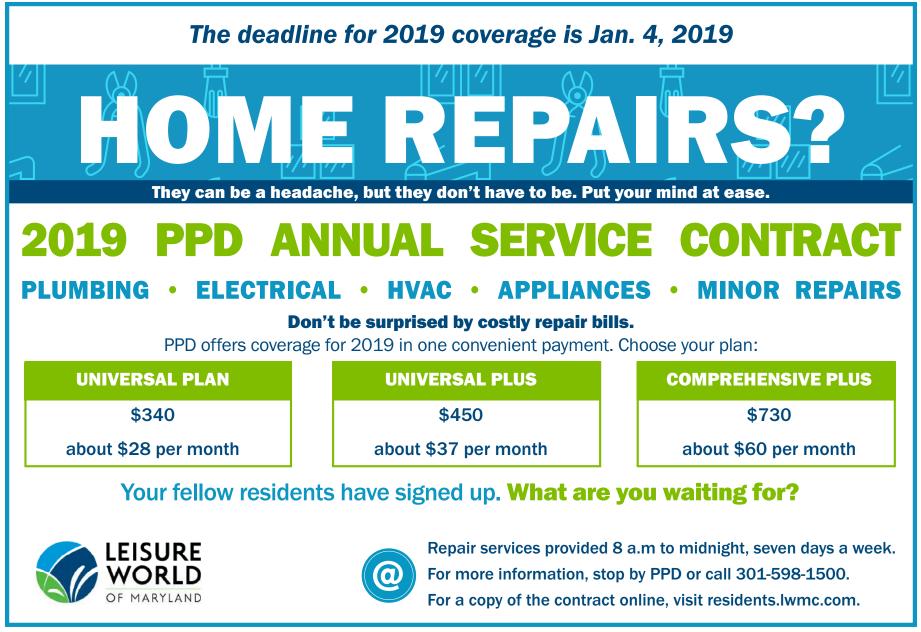
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HOLIDAY SCHEDULE						
DEC. 24 DEC. 25 DEC. 31 JAN. 1						
LOCATION	HOURS	HOURS	HOURS	HOURS		
Administration	8:30 a.m5 p.m.	Closed	8:30 a.m5 p.m.	Closed		
CLUBHOUSE I						
Education & Recreation	8:30 a.m4 p.m.	Closed	8:30 a.m4 p.m.	Closed		
Eyre Travel	Closed	Closed	Closed	Closed		
Rossmoor Library	Closed	Closed	Closed	Closed		
Clubhouse Grille	Closed	Closed	Reservations only	Closed		
Stein Room	9 a.m2 p.m.	Closed	9 a.m8 p.m.	Closed		
Terrace Room	9 a.m2 p.m.	Closed	9 a.m8 p.m.	Closed		
CLUBHOUSE II						
Education & Recreation	8 a.m4 p.m.	Closed	8 a.m6 p.m.	Closed		
FISH Desk	Closed	Closed	Closed	Closed		
Fitness Center	4 a.m9 p.m.	Closed	4 a.m9 p.m.	8 a.m2 p.m.		
Swimming Pool (Indoor)	noon-8 p.m.	Closed	noon-8 p.m.	Closed		
OTHER SERVICES						
Golf Course & Pro Shop	9 a.m3 p.m.*	Closed	9 a.m4 p.m.*	9 a.m2 p.m.*		
MedStar Health Medical Center	8 a.mnoon	Closed	8 a.m3 p.m.	Closed		
MedStar Pharmacy	8 a.mnoon	Closed	8 a.m3 p.m.	Closed		
Physical Properties Department (PPD)	8:30 a.m4:30 p.m.	Closed	8:30 a.m4:30 p.m.	Closed		
Post Office	8 a.m2 p.m.	Closed	8 a.m2 p.m.	Closed		
Security Gates	Open	Open	Open	Open		
Signal Financial Federal Credit Union	9 a.mnoon	Closed	9 a.mnoon	Closed		

Shuttle Buses: Shuttle buses will operate on a normal schedule on Monday, Dec. 24, and Monday, Dec. 31. There will be no shuttle service on Tuesday, Dec. 25, or Tuesday, Jan. 1. Call the Main Gate for supplemental transportation.

Trash Collection: Trash/recycling pickup will operate on a normal schedule on Monday, Dec. 24, and Monday, Dec. 31. There will be no trash/recycling pick up on Tuesday, Dec. 25, or Tuesday, Jan. 1.

*Golf Course & Pro Shop open, weather permitting.



THOUGHTS & OPINIONS: From Our Residents

A Few Things to Remember

- **Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
 - **Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
 - **Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy: Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- **Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Advisory Committee.

LEISURE WORLD GLOBE

I was happy to see the letter in the Nov. 16 edition of Leisure World News suggesting that the color of the Leisure World globe could be changed.

I have always felt that green would have been a much better color for the globe than brown, which seems to be like 'mud,' although perhaps it was intended to be gold. Does anyone else agree?

– Beth Buffam

A WINDMILL ON THE GOLF COURSE

group of residents seem A group of residence con-Leisure World Community Corporation (LWCC) board members are elected. Under the current system each mutual or condominium association sends one member to the LWCC board. This is the way it has been for 50 years. This system guarantees that every resident has a representative on the LWCC board.

This group and its supporters

LW TOP OFFICE PRODUCER Mark C. Wimsatt 2016 LEISURE WORLD PLAZA MAYNARD E. TUROW Painting Agent 19 years... Listings, Resales THINKING OF SELLING?? Or Friends-Relatives Buying? Interior Free Estimates Area resident 20 years working "exclusively" the **Leisure World References** senior market. No one * Special Discounts * knows this community for Moving in or Moving out better. I know how to get you the best price. I do it better **SENIOR DISCOUNTS!** because I know more. FOSTER Free Brochures, Comps, 301-828-6500 Layouts, Info **會**R (0) 301-598-7500 Serving Leisure World for Direct: 301-518-3834 over 35 years. maynardturow@yahoo.com MHIC 10165 MaynardTurow.LNF.com Insured

Leisure World News

say that this system is antiquated, undemocratic and illegal, and they have asked the court to impose their preferred system on the rest of us. They want direct election of board members by residents.

This is what I will do if they win: I will sell my house in Mutual 10 and buy an apartment in the biggest Leisure World high-rise. I will select 11 geniuses such as myself to run as a slate. My slate will post campaign flyers in elevators, party rooms and parking areas. No wall will escape my smiling face.

While the rest of Leisure World snoozes during the election, we will turn out in force. We will take control of the LWCC board

Our first act as a new board will be to build a windmill on the golf course. As the sun comes up over the golf course, I will marvel at the beauty of the spinning blades. And I will do so with the voice of Dr. Pangloss* from Voltaire's satirical "Candide" in my ears saying, now "we have the best of all possible worlds."

– Joel Katz *Dr. Pangloss is a character from Voltaire's "Candide." He was a teacher of metaphscio-theologo-comologo-noodleology. Pangloss was always there to assert that no matter how hair-brained the idea or how ridiculous the assertion, "we have the best of all possible worlds."

DISPENSERS FOR CLUBHOUSES

eisure World is such a wonderful place to live. The amenities and the facilities that are provided to the residents are phenomenal. We are extremely fortunate to be living in such a beautiful space. I wish to congratulate the entire team at Leisure World News for all the great work that you do. We will continue to extend our support and cooperation to you in these efforts.

As a part of the ongoing improvements and upgrading of the clubhouses, I have a suggestion for management. I propose that the Leisure World management buy two hot water dispensers for the use of the residents in the two clubhouses.

As the normal body temperature is 98.6 degrees Fahrenheit, even in yoga it is recommended that we drink warm or hot water, as the body does not have to work hard to bring the cold water to the body temperature. The benefits of hot water, particularly for residents where the average age is on the higher side, cannot be overstated.

Regularly drinking very warm water is an inexpensive and easy way to feel healthy and to take in some of its healing qualities.

– Pradeep Kapur

SUBMITTING AN ITEM **TO THOUGHTS & OPINIONS**

- 1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
- 2. Receipt of submissions will be confirmed by email or telephone.
- 3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
- 4. LW News cannot guarantee when or if a submission will be published.
- 5. To view the full Leisure World News Guidelines, login to (residents.lwmc.com) and click on Documents, then select the Advisory and Special Committees folder, and click the Communications folder.

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EVENTS & Entertainment

Sock Hop Group

Dec. 22: Last Sock Hop Dance of the Year

by Abigail Murton

T he last sock hop dance of 2018 is on Saturday, Dec. 22, at 7 p.m. in Clubhouse II.

The price of admission is \$5. Sodas and water are provided, but participants can bring their own beverages and snacks.

"Take Two Entertainment" continues to provide great dance music. Come relive the fun of high school dances. For questions, contact Doug Brasse at (301-448-8708).

New Year's Eve

The New Year's Eve party,

Arts In Motion (AIM)

sponsored by the Sock Hop Group, is on Monday, Dec. 31, beginning at 6:30 p.m. with cocktails and appetizers in the Clubhouse I Crystal Ballroom. A limited number

of tickets, \$45 per person, are available for purchase at the Clubhouse Grille in Clubhouse I. The evening includes a special

menu prepared by the Clubhouse Grille. Entertain-

ment will be provided by the rock band The GrooveQuest, and Take Two Entertainment plays during their breaks. The party concludes with a champagne toast at midnight!

Jan. 11: Lou Jerome Blues Band Makes its Café AIM Debut

by York Van Nixon III

H ow do you cure the winter blahs? You need an evening of some funky blues provided by the Lou Jerome Blues Band to get your toes tapping and fingers popping.

Jerome was influenced by singer/guitarists like Muddy Waters, Johnny Adams and Albert King. He developed his harmonica style as a child listening to Little Walter and James Cotton.

The Lou Jerome Blues Band makes its debut performance at Café AIM on Friday, Jan. 11, in the Clubhouse I Crystal Ballroom. Hors d'oeuvres and snacks are included. Cocktails begin at 5 p.m., and the show starts at 6 p.m.

Tickets are \$20 per person,



The Lou Jerome Blues Band. Photo courtesy Lou Jerome



(checks only, payable to AIM) and are available in the Clubhouse I E&R office.

Reserved tables of eight or more are limited to members only. For more information or to join, visit AIM's website at (AimArts.net).

The Inter-Faith Chapel

Dec. 24: Christmas Eve at the Chapel

by Bonnie Bonner

A ll residents and their guests are invited and welcome to attend the annual Christmas Eve worship service on Monday, Dec. 24, at 6 p.m. in The Inter-Faith Chapel.

This special service is an opportunity to experience peace and calm amidst the busyness of the holiday, to regain focus and meaning of the season and to find connection with one another. The service includes traditional music of the season, anthems performed by the Chancel Choir with Todd Butler on trumpet and the ceremonial lighting of the Advent wreath.

The evening's message centers on a short story that embraces the spirit of Christmas. Holy Communion will be offered, and all are invited and welcome to participate. The service is a wonderful way to spend a portion of Christmas Eve together.

Bring your families, friends and neighbors to join in as the Chapel celebrates this holy season.

Fireside Forum

Jan. 6: Unions – They Made America's Middle Class

by Jonas Weiss

O n Sunday, Jan. 6, resident Roger Blacklow, a union organizer and national legislator/ political director, addresses

Fireside Forum on the importance of labor unions.

The contributions of organized labor are indisputable. Where would we be if there weren't an eight-hour workday, five-day workweek, equal pay for equal work and union wages and benefits, including healthcare, sick leave and vacations?

Yet the history of how the American worker fought for the rights of workers is largely untold. It includes beatings, jailings and lynchings. The police, goon squads and the National Guard were used to break strikes. The American legal system, including the Supreme Court, rarely sided with workers. Those years are called the "Labor Wars of the 1890s."

Blacklow will bring residents up-to-date on current changes in companies' financial decisions

and how these decisions will affect the future of today's workers.

Blacklow worked for nearly 40 years in the union movement, starting as a union organizer and political activist and then as a union lobbyist and political campaign manager. He also worked as a staffer for several labor-friendly members of

Congress. Blacklow was an adjunct professor at the National Labor College in Silver Spring, Maryland. He is currently president of Leisure World's Democratic Club.

The program is at 2:30 p.m. in the Clubhouse II auditorium. Fred Shapiro is the host for the speaker.



Roger Blacklow. Photo by Fred Shapiro

Education and Recreation Department

Jan. 15: 'First It Was a Play, Then It Became a **Musical**[']

enhance and enrich the story. Well-known examples include

"Green Grow the

as "Oklahoma,"

Lilacs," which emerged

"Liliom" as "Carousel"

and "Pygmalion" as

"My Fair Lady." Can

many more there are?

Tickets are \$6 per

sale in both clubhouse

you imagine how

Come find out.

E&R offices. Please bring your

Leisure World ID.

S teve Friedman returns on Tuesday, Jan. 15, at 1:30 p.m. in Clubhouse I for his continuing series of programs on the history of Broadway. Using song and lecture, he explores how Broadway's plays were transformed into musicals. Steve Friedman, photo

Many musicals started as either drama by Leisure World News person and are on or comedy before the

scripts were re-written and music and lyrics were added to

PLEASE, NO CASH

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.

Musical Performances at the Clubhouse Grille

The following bands will perform from 6-8 p.m. in the Clubhouse Grille restaurant. To make dinner reservations, call (301-598-1330).

Jan. 16	"All in Good Taste," Great Standards by Lonnie Royster
Jan. 30	Michael Binder, Swing'n on a Star
Feb. 13	"All in Good Taste," Great Standards by Lonnie Royster
Feb. 27	The Night and Day Band with Mike Suser
March 13	"Sax with Mike" Surratt

Coming in 2019

The E&R Department is pleased to provide the following programs.

Jan. 15, 1:30 p.m.	Steve Friedman – "First It Was a Play, Then It Became a Musical"
Jan. 19, 4:30 p.m.	'Sittin' on a Rainbow:' Kurzava and Kinsley
Feb. 14, 7 p.m.	Karen Gray Quartet – Valentine's Day Performance
Feb. 23, 7 p.m.	Pam Parker Trio – Tribute to Jazz
March 5, 7 p.m.	Dixieland Express – Mardi Gras/Fat Tuesday Dance Party
March 17, 7 p.m.	Brothers Flanagan – Celebrate St. Patrick's Day
March 30, 4:30 p.m.	Pianist Olga Vinokur
TAT - I T TAT I I	

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

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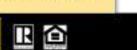
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Jan. 19: 'Sittin' on a Rainbow:' Julie Kurzava and Diane Kinsley Perform

Julie Kurzava and Diane Kinsley bring their show "Sittin' on a Rainbow" to Leisure World on Saturday, Jan. 19, at 4:30 p.m. in the Clubhouse II auditorium.

The duo will revisit a time when a jazz-loving college kid from Bloomington, a cantor's son from Buffalo and the pride

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of Savannah landed in New York during the Great Depression, and then moved on to Hollywood.

Kurzava and Kinsley bring musical elegance and humor to favorite songs written by three great writers from the golden age of popular song: Hoagy Carmichael, Harold Arlen and Johnny Mercer. Revel in "Stardust," "Moon River," "Over the Rainbow" and more.

Sponsored by the E&R Department, tickets for this show are \$6 and go on sale Wednesday, Dec. 26, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

About the Performers

Kurzava is a singer, actor, writer and producer living in the Baltimore area. Skilled in both classical and contemporary music, she is a graduate of the Northwestern University School of Music and the Peabody Conservatory.

Her performance skills and encyclopedic knowledge of musical theater history have made her a popular lecturer throughout the Baltimore and Washington, D.C., areas. A seasoned actress, she is cofounder and executive director of New Moon Theater, a professional touring theater for children and family audiences (www.nmtheater.org). In

addition to her busy performing schedule, Kurzava teaches voice privately and at Loyola University Maryland.

Colorado native Kinsley earned her master's of music degree from the Peabody Conservatory, and is currently a member of the piano faculty at Anne Arundel Community College. Widely known as a



From left, Diane Kinsley and Julie Kurzava. Photo by Amy Jones Photography

collaborative artist, Kinsley is also a regular collaborator and performer with area opera companies.

She maintains a private piano studio and is an organist at the U.S. Naval Academy Chapel. She freelances in the Baltimore/ Washington, D.C., area, and performs as soloist and ensemble artist throughout the U.S.



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Leisure World Cannabis 101 Club

Jan 16: 'Weed the People'

by Carminetta Verner

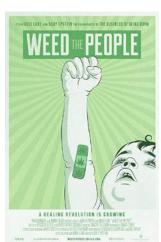
O n Wednesday, Jan. 16, the Cannabis 101 Club and Mission Dispensary present the film "Weed the People" (2018, 1 hour

37 minutes, documentary, not rated) at 1 p.m. in the Clubhouse II auditorium, before the film's nationwide release.

Cannabis has been off-limits to doctors and researchers in the U.S., but recently scientists have discovered its anti-cancer prop-

erties. "Weed the People" explores the use of cannabis for the treatment of cancer in children.

It takes an undaunted look at the underground world of herbal medicine, where patients become experts on



their own conditions and spend thousands of dollars on illegal medicines that are created in their kitchens.

Directed by Ricki Lake and Abby Epstein, the film looks beyond propaganda and

politics to reveal legitimate science behind cannabis medicine and the compelling stories of ordinary people whose lives are caught up in the controversy.

The presentation is free, but tickets are required and available in the Clubhouse I E&R office. All residents

and their guests are welcome. A question and answers period with cannabis and medical experts follows the presentation.

For more information, contact Carminetta Verner at (630-699-1629) after 10 a.m.



2018-2019 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II auditorium, though you will need a ticket. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID; and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available		
Dec. 30, 2 p.m.	I Can Only Imagine	LIMITED		
Jan. 17, 1 p.m.	RGB	Dec. 26		
Jan. 27, 2 p.m.	Maudie	Jan. 8		
Feb. 10, 2 p.m.	Forever My Girl	Jan. 22		
Feb. 28, 1 p.m.	Black Panther	Feb. 5		
March 21, 1 p.m.	Book Club	Feb. 19		
March 31, 2 p.m.	Marshall	March 5		
M	wies are subject to change			

Movies are subject to change.

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Education and Recreation Department Thursday Afternoon at the Movies Jan. 17: 'RBG'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the Clubhouse II auditorium.

On Jan. 17, the presentation is "RBG" (2018, 1 hour 37 minutes, documentary/biography, rated PG for some thematic elements and language).

Free tickets, limit two per person, are required and can be obtained

from the E&R office in either Clubhouse I or II, beginning Wednesday, Dec. 26, at 8:30 a.m. Please bring your

Jewish Residents of Leisure World Jan. 31: '1945'

by Jonas Weiss

n Thursday, Jan. 31, the Jewish Residents of Leisure World (JRLW) and Coming of Age in Maryland

show the film "1945" (2017, 1 hour 31 minutes, drama, not rated) at 1:30 p.m. in the Clubhouse II auditorium.

The film is about a confrontation in a small village in Hungary at the end of World War II. An orthodox Jewish man and his son arrive as the villagers are preparing for the wedding of the town clerk's son. The townspeople are suspicious; some are remorseful, fearful or cunning. Why have the Jews come to their

FREE WI-FI IN CLUBHOUSES

 ${f F}$ ree Wi-Fi is available in Clubhouse I and II for residents and visitors who would like to use their laptop computers, tablets and smart phones. To connect to Wi-Fi, just open the device's Wi-Fi settings, select "LW-Guest" and enjoy!



Leisure World ID. Providing an illuminating look at the life of trailblazer Ruth Bader Ginsburg including her career-defining work in gender-discrimi-

> nation law – this engaging documentary charts her journey to becoming a justice on America's highest court.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up

your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.

village? Have they returned to claim their property?

Hungarian director Ferenc Török paints a complex picture of a society trying to come to terms with the

> recent horrors they have experienced, perpetrated or tolerated for their own personal gain.

Shot in suspenseful black and white, the movie is an adaptation of "The Homecoming," a short story by

Gabor T. Szanto. A discussion follows the showing.

Tickets, \$8 per person, are available for purchase beginning Wednesday, Dec. 26, at 8:30 a.m. in

the Clubhouse I E&R office. All residents are welcome.

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3443 Leisure World Blvd, #87-2E	Leisure World	Unit/Flat	2	1	\$110,000	\$113,000	\$0
3330 Leisure World Blvd, #5-723	Leisure World	Unit/Flat	2	2	\$195,000	\$190,000	\$0
3404 Chiswick Ct, #2E	Montgomery Mutual Coop	Unit/Flat	2	1	\$109,999	\$110,000	\$0
3314 Chiswick Ct, #62-1H	Montgomery Mutual Coop	Other	0	1	\$58,000	\$56,000	\$0
3272 Gleneagles Dr, #67-2C	Montgomery Mutual Coop	Unit/Flat	2	1	\$114,500	\$112,000	\$0
3100 Leisure World Blvd, #1015	Overlook	Unit/Flat	2	2	\$299,000	\$299,000	\$0
3118 Beckenham Ct, #250-D	Rossmoor Mutual #11	Row/Townhouse	2	2.5	\$165,000	\$165,000	\$0
15400 Bassett Ln, #46-3G	Rossmoor Mutual #15	Unit/Flat	3	2	\$245,000	\$245,000	\$0
3206 Gleneagles Dr, #109	Rossmoor Mutual #8	Row/Townhouse	2	2.5	\$195,000	\$190,000	\$0
15107 Interlachen Dr, #2-710	The Greens	Other	2	2	\$210,000	\$210,000	\$4,200
15107 Interlachen Dr, #2-801	The Greens	Unit/Flat	3	2.5	\$299,900	\$295,000	\$0
15100 Interlachen Dr, #1020	The Greens	Unit/Flat	2	2	\$154,300	\$145,000	\$0
15100 Interlachen Dr, #4-521	The Greens	Unit/Flat	3	2.5	\$268,500	\$259,500	\$3,000
2900 N Leisure World Blvd, #502	Turnberry Courts	Unit/Flat	2	2	\$259,331	\$265,000	\$7,500
2900 Leisure World Blvd, #304	Turnberry Courts	Unit/Flat	2	2	\$378,800	\$375,000	\$0
3200 N Leisure World Blvd, #218	Vantage Point East	Unit/Flat	2	2	\$298,500	\$290,000	\$0



Updated kitchen and baths with granite counters! Amazing view of golf course!



15111 Glade Drive, #12-1F Updated 1 bedroom, 1.5 bath condo! Living room leads to enclosed porch!



3218 Glen Eagles Drive, #109-K 2 BR, 2.5 BA townhome with golf course view! Updated kitchen & bright sun room leads to patio!



白

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HEALTH & Fitness

Compassion and Choices of Leisure World

Jan. 8: Medical Doctor Explains Physician Aid-in-Dying and the End of Life Option Act

by Rosalind Kipping

ompassion and Choices holds its next meeting on Tuesday, Jan. 8, at 2 p.m. in Clubhouse I.

In January, The End of Life Option Act will be introduced to the Maryland legislature. This legislation would provide terminally ill, mentally competent individuals with the legal option of physician aid-in-dying.

Retired physician Dr. Michael Strauss will present a PowerPoint program at the Jan. 9 meeting and respond to questions. Learn why people need this option, how it works and what you can do to support this legislation. Physician aid-in-dying is now a legal option in seven states and Washington, D.C., but not in Maryland.

About the Speaker

Following medical school, internal medicine training and a master's degree in public health, Strauss returned to the Washington, D.C., area in the mid-1980s as a staff person

for a Congressional commission, working on healthcare reimbursement issues.

He later pursued health

policy consulting and, with two colleagues, founded Health Technology Associates, which

helped public and private enterprises evaluate and advance new medical technologies. He has published numerous health services research and outcomes studies.

Strauss became an advocate for medical aid-in-dying in part because of his expe-

rience caring for terminally ill patients, but also because he watched his 90-year-old mother suffer needlessly at the end of her life, asking for medical aid-in-dying.

General Information

The Group's resource tables provide information on a wide variety of end-of-life issues.

Annual dues are \$2, and the fiscal year began on Oct. 1, 2018.

To renew a membership or to become a member of Compassion and Choices of Leisure World, bring \$2 to the meeting and receive a high-quality Compassion and Choices shopping sack.

All Compassion and Choices meetings are open to all residents and their guests. Everyone is always welcome.

FISH (Friends in Sickness and Health) **FISH Requests Transport Chairs**

by Beth Leanza

 $\mathbf{F}^{ ext{ISH}}_{ ext{chairs, wheelchairs that}}$ have four, small wheels. They are lighter and easier to fold, although they cannot function as independent mobility they must be pushed. They are always in short supply.

The inventory at FISH changes all the time, but, right now, FISH has a sufficient number of commodes and walkers.

Residents and employees

who have FISH equipment they are not using anymore are asked to return it to the FISH office.

What Is FISH?

FISH is a volunteer organization in Leisure World that lends assistive equipment to residents and employees.

The FISH office in Clubhouse II is open Monday to Friday (except for most Federal holidays) from 10 a.m.-4 p.m. If Montgomery Schools are closed due to

weather, the FISH office is closed.

Most FISH volunteers serve once a month. But "life happens," so FISH is always needs substitutes to fill in now and then.

Residents who think they would like to help are asked to contact Beth Leanza at (301-598-4569). Each new volunteer should first attend a short training session.

FISH duties are light clerical work, but getting a "heads up" on the routine first really helps.

Try Before You Buy

All FISH's equipment and assistive items are donated. It is all used, but in usable condition, and free. Residents and employees can even try out equipment before buying it. Is it too heavy? Does it work the way you want it to? Come to FISH to find out.

Lost and Found

The FISH office also houses lost and found items. If you have lost glasses, keys, a hat or sweater, maybe an earring

or a phone, drop by the FISH office or call (301-598-1345). If FISH is closed, tell the E&R staff you are looking for something that may have been turned into the lost and found.

Putting a label on items such as canes and umbrellas can help get them back to you before they end up in the lost and found closet.

Collections for Charity

FISH is also the place to donate to different causes. The FISH office houses the Lions Club's box for discarded eyeglasses and used hearing aids, as well as a box to collect can tabs for the Kiwanis Club.

Another resident is collecting calendars for a local elementary school that uses them for art projects. Cardboard tubes, like the ones in the center of toilet paper rolls, are also needed.

Are you collecting for a charity? FISH is happy to be your drop off place. Call Beth at (301-598-4569) for more information.

Tour the Fitness Center

O ne of the Fitness Center's personal trainers will lead a free orientation tour of the Fitness Center on Tuesday, Jan. 8, and Feb. 12, at 2 p.m. Learn how to use the equipment and facilities. Registration is not required.

Personal fitness trainers are unavailable from Saturday, Dec. 22, through Tuesday, Dec. 25, and Tuesday, Jan. 1. - Leisure World News



Photo by Leisure World News



courtesy photo

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every other Tuesday, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. CaringMatters sponsors group meetings. Registration and a phone conversation with Jim Rossi, director of adult bereavement at CaringMatters, is required before attending. If interested, please call Jim at (301-990-0854).

Essential Tremor Group: The Essential Tremor Group meets at 10:30 a.m. the first Thursday of the month in Clubhouse I. Our next meeting is on Jan. 3.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Memory Café: The Memory Café meets the last Thursday of every month from 2-3:30 p.m. in Clubhouse I. The program provides social engagement for individuals living with early stage memory loss. Registration is required. For more information, call the manager at (240-428-1342) or the National Alzheimer's Association at (1-800-272-3900) or visit (www.alz.org).

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or(raywwjr@hotmail.com).

Stroke Support Group: You are not alone! The Leisure World Stroke Support Group invites stroke survivors and caregivers to its monthly meetings on the third Tuesday of the month from 1:30-3:30 p.m. in Clubhouse II. No registration is needed, and all are welcome. For more information, contact Amy Boltz at (248-652-0304).



Leisure World News also available on residents.lwmc.com

CLUBS, GROUPS & Organizations

Education & Recreation Advisory Committee

Notice to All Clubs, Groups and Organizations

I f you are not planning to use the room that has been reserved for your regularly scheduled meeting date, please notify the E&R office in Clubhouse I of this change at least one week prior to the reserved date by calling (301-598-1300). This will allow the room to be available for use by another group.

– Leisure World News

Vegetarian Society of Leisure World (VSLW)

Jan. 10: Members-Only Showing of 'What the Health'

by Bob Fenichel

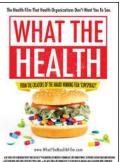
S tarting in January, the Group's regular monthly meetings will take place on the second Thursday of the month.

On Thursday, Jan. 10, at 7 p.m. in Clubhouse II, the Group hosts a members-only showing of the movie "What the Health" (2017, 1 hour 37 minutes, documentary, not rated).

The movie is a surprising and, at times, hilarious investigative documentary

that is an eye-opener for anybody concerned about the nation's health and how big businesses influence it.

The Group may show this movie again in a few months for all residents.



Dues

It's time to pay \$10 dues for the 2019 calendar year. Mail checks, payable to VSLW, to treasurer Helen Gross at (3100 North Leisure World Blvd., #710, Silver Spring,

MD 20906), or give her your check at an event.

General Information

Additional information on VSLW activities is available at (www.vslw.org). Please note that everybody is welcome

at VSLW activities, i.e., you don't have to be a vegetarian to participate.

The VSLW mission is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

Interested in advertising in the Leisure World News?

For information: call 301-598-1310 or email lwnewsads@lwmc.com Italian Social and Cultural Club

Board Members Have a Dinner Party

O n Dec. 7, the Italian Social and Cultural Club's board members enjoyed a potluck dinner at the home of Flo and Larry Merola. It was held in honor of Angela Bufalo, who is leaving Leisure World after more than two decades to reside in Fredericksburg, Virginia Bufalo served several



Fredericksburg, Virginia. The Club's board members enjoy a potluck dinner Dec. 7. Photo by Joe Anderson

terms as president and was instrumental in making the Club the success it is today. – Flo Merola

LW Chorale Chorale Spreads Holiday Spirit with Performance

by Florence Campi

The LW Chorale performed a merry mélange of seasonal carols as well as other holiday and Hanukkah selections at Our Lady of Grace Catholic Church on Dec. 2.

The Chorale performed to an enthusiastic audience, with solos by Dar Reynolds, Vito Sabia, Phil Soriano and Art Rounds. At the end of the presentation, the audience added their voices to a rendition of "We Wish You A Merry Christmas."

The LW Chorale, led by Connie Graber along with accompanist Elaine O'Leary, performed previously at the Armed Forces Retirement Home in November, the Knollwood Military Retirement Community in October and



LW Chorale members prepare to sing at Our Lady of Grace Catholic Church Dec. 2. Photo by Aggie Eastham

Friends House in September. They perform again for the Martin Luther King Jr. service on Monday, Jan. 21, at The Inter-Faith Chapel.

General Information

Those who would enjoy singing with a group of likeminded vocalist are encouraged to join the LW Chorale. It is not necessary to read music in order to participate.

The Chorale sings a variety of songs including Broadway musical tunes, spirituals, pop songs and occasional songs from the classical and romantic time periods. They perform locally at retirement, assisted-living and other facilities.

Potential members are welcome to attend the

Chorale's rehearsals, scheduled every Monday from 1:30-3:30 p.m. in Clubhouse I. For additional information, call Sandy McLeskey at (301-288-7976) or Ken McMahill at (301-598-5823).

Club Sets Sights on Open Competition

by Fred Shapiro

s 2018 comes to an end, the Rossmoor Camera Club looks forward to the upcoming educational programs and competitions that help members both new and become better photographers.

The dates and themes of upcoming competition are:

- Jan. 22 Open (any photograph)
- Feb. 26 Well-Known Iconic Sights
- March 26 Nature
- April 23 Award Winners

Club members are encouraged to search through their files so that they can submit entrees every month - two prints and two digitals are allowed.

Competition Themes

Well-known iconic sights are images that are immediately recognizable, man-made sights, such as famous memorials, buildings, bridges, landmarks or statues.

Examples include the Lincoln Memorial, Leaning Tower of Pisa, Sydney Opera House, Great Wall of China and the Brooklyn Bridge.

The Nature competition includes photographs taken outdoors that display natural elements, such as landscapes, wildlife, bodies of water, plants, mountains, skies and deserts. No persons or the hand of man should be visible such as walls, fences, roads, trails, etc.

If you do not have any of these

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From left, "Alaskan Landscape" by Ingrid Masi, "Eagle Observing River Crossing" by Barry McLean, and "Rainbow in Iceland" by Jim Cooper.

photos in collection, now is the time to get out there and take them.

Upcoming Programs

Programs planned for 2019 include an explanation of the Club's website and how residents can check in to see what the Club has done and is planning.

Another program will cover action and sports photography, which can be useful when spending time with grandchildren, neighbors and others.

The print and digital winners of the People at Play competition are:

Advanced Prints

1st place: Joanne Mars, "Ping Pong"; 2nd place: Joanne Mars, "Bad Decision"; 3rd place: George Kaye, "Splish Splash"; Honorable Mentions: Jon Fife, "Flying High in Hawaii"; Lou Paley, "Playing on Beach"; "Elaine Selby, "Riding the Slopes"; Al Tanenholtz, "Watch This Hit."

1st place: Bob Kaplan, "Gotcha!"; 2nd place: Nancy Barto, "Yellow Bucket"; 3rd place: Woody Shields, "Bumper Car Delight"; Honorable Mentions: Julie Friedman, "One

General Prints

More Push"; Julie Friedman, "Making My Move"; Bob Kaplan, "Even a 3-Year-Old Can Drive."

Advanced Digitals

1st place: Joanne Mars, "Dalia"; 2nd place: Elaine Selby, "Grace on a Skateboard"; 3rd place: Larry Mars, "Jumping Family"; Honorable Mentions: Richard Bambach, "Sunday Funnies"; George Kaye, "Casting For the Big One"; Lou Paley, "Girl Playing at Brookside"; Elaine Selby, "The Sheer Joy of It"; Fred Shapiro, "Heads Up Soccer."

General Digitals

1st place: Nina Parish, "Hey! We're Flying"; 2nd place: Bob Kaplan, "Here Comes Strike 3"; 3rd place: Woody Shields, "Hope and Sinker"; Honor-



able Mentions: Gaby Dusan, "Ukrainian Girl at Play"; Julie Friedman, "It's MY turn!"; Julie Friedman, "Concentration"; Bob Kaplan, "Coming Out of My Shell"; Ruthe Kaplan, "Chaos"; Ruthe Kaplan, "Making Bubbles."

Membership

For residents interested in joining the Club and learning how to improve their photographs, there are two levels of membership.

Members who expect to compete in the monthly completions pay dues of \$25 for the year, and residents who wish to join the Club to learn more about photography but are not interested in competing pay dues of \$15.

Mail checks for dues, payable to Rossmoor Camera Club, to Woody Shields at (3200 N Leisure World Blvd., Apt. 817, Silver Spring, MD 20906).

For more information about the Club, visit (www.rossmoor cameraclub.com).



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B – In Building 1 of **Villa Cortese**. Bright and spacious, fresh paint, and ready for you to move in! Two bedroom, 2 bath apartment very close to Clubhouse I. Living room, dining room, table-space kitchen, enclosed balcony, sunny and bright and priced to sell \$215,000 ELIZABETH - In Montgomery Mutual, no-stairs access by side door house I, the "more than an efficiency" has everything you need infrom enclosed sun room! 2 Bedrooms, 1-1/2 Baths, updated kitchcluding assigned parking. Keep looking here for more information! en with beautiful granite, laminate floors throughout. \$129,900



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From left: Kathryn Balestino-Estes, AuD., Dr. Heather Schwartzbauer, M.D., Allyson Bull, AuD., Dr. Nicholas Mehta, M.D., Dr. Cynthia Chrosniak, M.D.

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'Art in Miniature' Exhibit **Continues Through Jan. 6**

by Ann Bolt

rtists are encouraged A to sketch or take photos of Leisure World's leafless trees before they accumulate snow, which is bound to come, sooner or later.

Paint ahead, plan ahead.

Art in Miniature

Annual Exhibition of Fine Art in Miniature at Strathmore, sponsored by the Miniature Painters, Sculptors and Gravers Society of Washington, D.C., continues through Sunday, Jan. 6, 2019.

For artists short on wall space, small paintings might be the answer. Genevieve Roberts, teacher at Rossmoor Art Guild (RAG), has been involved with this exhibit for many years. If you have questions, she has French Window by Paul Ganz answers.

Exhibitors

For regular-sized paintings, two new exhibitors – Judy Kirkland and Paul Ganz – have shared their works in Clubhouse I.

Kirkland, who started painting two years ago, was walking one of Leisure World's trails and came across the gathering of sparrows and a parakeet. She felt it would be a good subject to paint.

Paul Ganz developed his love of art as a teenager and, by 2010, settled on oil paint as his preferred medium. He studied art in England, focusing on portraits.

Faith Chin's exhibit in Clubhouse II will have observers marveling at the longhaired cat and bright colors of her centerpiece painting. Her show continues through January.

New Teachers

Two new artists who have agreed to assist RAG as substitute teachers are Doris Bryant, keen on pastels



The Peacock Dance, by Faith Chin and located in Clubhouse II. Photos by Ann Bolt





Finding My Flock by Judy Kirkland

and portraits – both people and dogs; and Hija Yu, who has a varied background in abstracts as well as realistic impressions. She's quick to see where the artist might need a little guidance.

Classes

Classes resume the week of Monday, Jan. 7. The schedule of classes is posted in the hallway of Clubhouse I and copies are available in the fover of the studio. All residents are welcome.

All artists had to start some time, and all made mistakes along the way. It's an excellent time to try, succeed and amaze yourself and others. Jump in; RAG is waiting for you.

air of digital hearing aids

Renew Your Membership for 2019

by Joyce Hendrix

O fficers were elected at the Club's annual meeting on Dec. 11.

They include Joyce Hendrix, incumbent president; Jim Leong, new vice president; Hal Freeman, new secretary; and Marita Buscher, incumbent treasurer.

The five-member board of directors is Rita Frank, Walt Hendrix, Irmgard Patrick, Marie Roe and Norman Salenger.

To receive the Club's monthly email reminders, contact Hal Freeman at (bobbinhal@aol. com).

Membership

Annual dues remain at \$10 per person for residents only and will be collected at the monthly dances beginning Saturday, Jan. 27. Guests and non-residents pay \$15 to attend each monthly dance.

New residents or those

wondering about ballroom dance are encouraged to come out and join. The Club is a friendly group that is always looking for new members.

Members are encouraged to invite their non-resident friends, relatives and neighbors to the monthly dances.

About the Dances

All dances feature live music including slow and Viennese waltzes, foxtrots, rumbas, sambas, tangos, cha chas, merengues, hustle, polkas and quickstep played to a strict ballroom tempo.

Dance to music from all eras including Broadway, country and '30s through current day pop tunes. Ask the bands for your favorite, and if they know it, they will play it.

Suggested attire for the September through May dances is dressy, with jackets and ties for the gentlemen and dressy outfits for the ladies.

Warm weather dances held from June through August are more casual, with no ties or jackets required for the men and business casual for the ladies (jeans not allowed).

> Bring out your Hawaiian shirts and dresses for the Hawaiian-themed dance in August. Costumes are optional at the Halloween dance, with prizes awarded for first and second place. All dances are

held on Saturdays from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Reservations are strongly suggested to ensure your place at a table with friends.

Contact reservation secretary Hal Freeman at (bobbinhal@aol. com) or (301-438-7513) by the Thursday prior to each dance. And then put on your dancing shoes and come dance with the Club in 2019.

Dance Schedule

The first dance of the New Year on Saturday, Jan. 27, features a group that is new to the Club's dances, The David Cole Trio.

List of 2019 Dances

- Jan. 27 The David Cole Trio
- Feb. 25 The Helmut Licht Trio
- March 25 Pocket Change
- April 27 The Tony Luciano Band
- May 25 Mike Surratt & The ECB
 - June 22 Mixed Company
 - July 27 Swing 'N On A Star
 Aug. 24 Mike Surratt & The
 - ECB
 - Sept. 28 The Retro Rockets
 - Oct. 26 The Helmut Licht Trio
 - Nov. 23 The Tony Luciano Band



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Jan. 2: Meeting and Karaoke Night

by Hannette Allen

The Group's meeting on Wednesday, Jan. 2, at 7:30 p.m. in the Clubhouse II auditorium features karaoke provided by Blinkie's Karaoke.

Some members may recall last year's evening of fun. Now that the Group has done it once, everyone should be comfortable with the format and have a great time.

Participants are able to make their song selections from Blinkie's extensive catalogue on their way in to the meeting, or may visit the company's website at (blinkiesingsllc.com) and click on the "Blinkie's Karaoke" tab. Halfway down the page are links to their songbooks.

Take your time and find your favorite song to sing. This is your chance to shine!

Residents don't have to be singers to attend; those who prefer to take part by remaining in the audience and just enjoying the music are welcome as well. Attendance at all Wednesday night meetings is free for paid Fun and Fancy members and \$5 for a one-time admission.

Classical Music in February

Fun and Fancy, which for the past 50 years has staged Broadway musicals, plays, tributes to popular composers and holiday programs, presents a program of classical music for the first time on Wednesday, Feb. 6, at 7:30 p.m. in the Clubhouse II auditorium.

Auditions are held on Wednesday, Jan. 16, 7-9 p.m., and on Saturday, Jan.19, 10 a.m.noon in Clubhouse II.

Musical selections can be from grand opera, operettas, art songs, works for piano, strings, and/ or woodwinds, both solo and ensemble, and ballet. Residents who require piano accompaniment are asked to bring an extra copy of their music to the audition.

This performance is a wonderful opportunity for musi-

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cians to share a favorite piece of music with their friends and demonstrate their talent to an appreciative audience!

Upcoming Shows

The following are performance dates for the 2019 season:

- Jan. 2 Karaoke directed by Mary Jane Boyle
- Feb. 6 Classical Music directed by Vito Sabia
- March 6 Silly Songs directed

Model Railroad Club

by Steve Bennof and Mary Jane Boyle

- April 3 Favorite Songs of the '50s directed by Joan Bowar
- May 1 Teaser for Spring Show directed by Allan Okin
- May 10, 11, 12, 17, 18, 19 Spring Show with music by Irving Berlin and directed by Allan Okin
- June 5 Fun and Fancy Banquet, program to be determined by board of directors

Holiday Trains Run at the Administration Building



Club members add scenery to the snow-covered town as they set up a large G gauge model train layout in the Administration Building Dec. 4. Photo by Alan J. Goldstein

by Alan J. Goldstein

If you were in the lobby of the Administration Building on Dec. 4, you might have noticed a lot of activity taking place. The Model Railroad Club was installing a large G gauge layout weaving through the trees, and it will remain in place through the holidays.

For Club members, many of whom are decades past the 55+ age requirement for Leisure World, a degree of gymnastic prowess was required that bodies in this age bracket are generally not intended to deliver. Nonetheless, everyone made it out intact and smiling, and the trains are now up and running on their holiday rounds.

Scale model passengers

are ferried on trains past a skating rink and snow-covered buildings, under the somewhat incongruous tropical foliage that populates the lobby of the Administration Building. The scene almost seems like a winter holiday in the Caribbean.

Club Information

Residents who would like to be part of this adventurous Club can stop by a meeting, held on the second Thursday of the month at 4 p.m. in Clubhouse II.

The Club also has working and operating sessions every Monday and Wednesday from 5:30-7 p.m., and Thursday from 2-4 p.m. at the train yards in the basement of Clubhouse II.

For further information or to join, call Marilyn Chmielewski, president, at (301-438-3259).

Levy Leads Book Discussion on 'Just Mercy: A Story of Justice and Redemption'

by Ann Nash

r. Paul Levy presents another of his outstanding book discussions on Monday, Feb. 4, and Monday, Feb. 11, from 10-11:15 a.m. in

Clubhouse I. The book is "Just Mercy: A Story of Justice and Redemption" by Bryan Stevenson, and residents who are interested in criminal justice reform will likely find this book informative and the

class discussions enriching.

The book is described by Goodreads as "A powerful true story about the potential



for mercy to redeem us and a clarion call to fix our broken system of justice..." The New York Review of Books says the story is "...every bit as moving as 'To Kill a Mockingbird'."

> Stevenson is a Harvard Law School graduate, practicing attorney and co-founder of the Equal Justice Initiative. His book tells the story of Walter McMillan, a black man accused of the murder of a white woman who

was placed on death row even before his sentence had been determined.

In recounting this story and others like it, Stevenson exposes weaknesses in the criminal justice system, and raises pertinent questions regarding the death penalty.

For more information on the class and how to register for it,

see the Classes and Seminars section of this publication. For more information about CLL courses and lectures, see (www.cllmd.com).

About the Instructor

A popular lecturer with CLL, Levy brings to his

courses a wealth of knowledge and expertise in teaching on history and social topics. His classes are usually

a mix of short but in-depth lecture followed by thoughtful discussion.

Levy was educated at the University of Massachusetts in Amherst, Massachusetts,

where he earned a bachelor's degree in political science and master's and doctorate degrees in education.

He enjoyed teaching at the secondary and post-secondary levels for 41 years in history and social science.

Since retirement. he has continued teaching at Leisure World and for other nearby adult programs.

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Paul Levy. Photo by Fred

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Conger Presents 'The Convergence of Geography and History'

by Ann Nash

Beginning Tuesday, Feb. 5, Tom Conger presents another of his popular geography courses. The upcoming course is called "The Convergence of Geography and History – How the Physical World has Affected Us All."

The course examines the impact of geography throughout millennia, including events 13,000 years ago in what is now Clovis, New Mexico, 14,500 years ago in the area that became Tallahassee, Florida, and many other times and places.

Weather and climate are also covered, including how the weather was used to assist George Washington and the Continental Army in escaping from Brooklyn, New York, in August 1776.

The class will discuss the implications for Florida and

other coastal locations with imminent global warming and sea-level rise; how people of the Arabian Peninsula manage

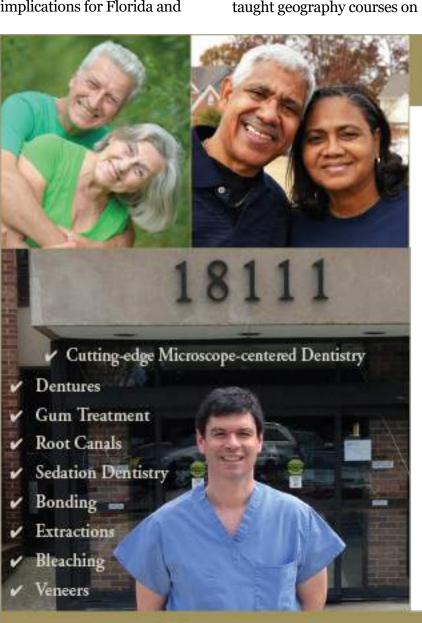
a daily temperature above 120 degrees Fahrenheit; and the impact of climate change on world economies. The course

The course concludes with examination of the effects of landform geography, such as the rolling terrain of the Piedmont in Montgomery County,

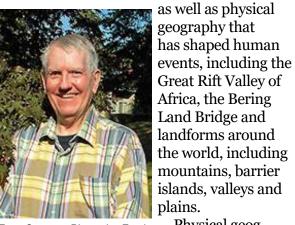
Maryland, and how the presence of gristmills around the agricultural areas 200 years ago influenced the current road system.

Previous Courses

Conger previously taught geography courses on



Africa, The Middle East, Latin America, American regions, mountains of the U.S. and rivers of the world throughout history,



Tom Conger. Photo by Fred Shapiro

raphy has played an enormous role in influencing human events, from the rise of humans some 60,000 years ago in the Great Rift Valley of Africa and the early trek of humans across Western Asia, Northern Europe and Siberia, to the origins of Native Americans and their trek across

Physical geog-

North America and down to the tip of South America.

About the Instructor

Conger received his bachelor's of science in geography from the University of Georgia, and a master's in geography and a master's in city planning from the University of Cincinnati in Ohio.

He taught earth science (physical geography) and various geography courses at Northern Arizona University in Flagstaff, Arizona. During his stay in the western U.S., he visited every mountain range in Nevada and Arizona, and became fascinated with the role of mountains in Native American culture.

For information on registering for the class, see the Classes and Seminars section of this publication. For more information about CLL courses and lectures, see (www.cllmd.com).

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National Active and Retired Federal Employees (NARFE) Chapter 1143 Three Speakers to Address Membership

by John Moens

C hapter 1143's board is working to ensure the quality and usefulness of the NARFE program.

Rep. Jamie Raskin has addressed the chapter before, but when he returns in January or February, he can give members a first look at a brand new Congress.

Councilman Evan Glass has expressed enthusiasm about addressing the chapter's membership. The chapter has never had a speaker from Montgomery County government, so his potential visit would be a great opportunity to learn something new.

Some members might be puzzled by the chapter's plans for Rep. Gerry Connolly to round out the trio of winter speakers, as Connolly represents Virginia's 11th Congressional district. But he captured the chapter's attention when he introduced the Equal COLA Act. If protecting Federal retiree benefits is of interest to you, this presentation might be number one on your agenda.

A Year of Firsts

On Dec. 17, the chapter wrapped up 2018 with a holiday

luncheon at Bedford Court. 2018 has been a special year with several firsts for the chapter. Gregory Jackson of Blacks in Government addressed the chapter during

Black History Month; Officer Sharif Hadayit told the group how to avoid scams in April, and Rep. Ben Kramer and Emily Hovermale, president of the Maryland Humane Society, attended the chapter's first pet event in May.

And, in October, there was one spectacular "second," the Second Annual Health Roundtable and Expo. The chapter emphasized health in the fall, concluding the Open Season program with Walt Francis of Consumer Checkbook in November. Most of Francis's presentation evaluated the costs and benefits of some of the 180 health plans that Consumer Checkbook evaluates.

But he also gave some general tips, such as be prepared to shift from one plan to another and back again as carriers offer new benefits during open season to be more competitive. Also, if satisfied with a doctor but considering changing plans, ask the doctor if he or she also participates in the other plan.

Democratic Club

A New Year Equals New Plans for Club

by Roger Blacklow

Defeating President Donald Trump in 2020 is the goal, but getting there is the key.

What are the Democratic Club's plans for 2019? The Club would like to hear from its members. Email ideas to (leisureworlddemclub@gmail. com).

The Club's tentative plans include more fun events, such as happy hours. The Club also will take a keen interest in legislation in Annapolis, including any efforts to tilt redistricting toward more Republicans.

The Club will track politics in Rockville, where the Club believes the County Council and County Executive Marc Elrich face daunting challenges. The Club plans to have delegations come to Leisure World to listen to residents' concerns.

Join the Club

The join the Club, send a contribution of \$10 per person, checks only, payable to the Democratic Club, to Jon Fife at (3200 N. Leisure World Blvd., Apt. 1001, Silver Spring, MD 20906). A contribution provides members with a subscription to the Club's award-winning, in-house newsletter, the "Donkey Dispatch." Email the Club at (leisureworlddemclub@gmail.com), visit its website at (www. lwdem.com) or come to a board meeting, held on the first Thursday of every month in Clubhouse I. General membership meetings, such as those that host

politicians and other guest speakers, are on the second Thursday of every month.

Success Defined

Below are some of the successes of the Maryland Democratic Party in the 2018 elections, submitted by resident and political blogger Paul Bessel, with some information gleaned from the Maryland Democratic Party:

Democratic turnout increased by more than 400,00 votes compared to 2014.

Democrats flipped at least five seats from red to blue in the House of Delegates and flipped two County Executive seats, took control of the Anne Arundel, Dorchester and Frederick county councils and picked up council seats on the Eastern Shore.

The Maryland Republican Party's "Drive for Five" goal to pick up five State Senate seats needed to end the Democratic super majority failed, netting only one. Democrats won the other three statewide races with at least 64 percent of the vote. Democrats received at least 58 percent of the vote in seven of eight U.S. House elections. Democrats won 33 of 47 state senate races and 99

of 141 state delegate races, growing its majority. Democrats now control seven of the state's eight largest jurisdictions, including the position of Montgomery County Council Executive,

where the Democratic nominee won against a well-funded former Democrat.

Gov. Hogan ran on the progressive Democrats' platform of protecting Obamacare, increasing funding for public schools, and other traditional Democratic positions. He had a 6:1 advantage in paid media.

A record number of women will serve in the state legislature, with six new women state senators and 20 new women delegates to be sworn in in January, for a total of 62 Democratic women in the Maryland General Assembly next year.

Similarly, Democrats elected new African-American leaders across the state including Howard County's first African-American county executive. Also elected were the first woman to lead Prince George's County and a new generation of black legislators at both the State Senate and House of Delegates levels.





League Staff Member Joins Redistricting Committee

by Maxine Lewack

The Rossmoor League does not meet in January. The League will discuss what topics it would like to study and, perhaps, take action on in the following year. Monthly meetings resume on Wednesday, Feb. 13, at 10:15 a.m. in Clubhouse I.

Ashley Oleson, a staff member at the League of Women Voters of Maryland (LWVMD) in Annapolis, and registered Independent, was appointed to a new independent committee charged with redistricting.

Traditionally it has been the venue of the state legislatures and/or governors to draw the districts, and, in many states, including Maryland, this often results in highly partisan, egregiously manipulated results. With the data from the 2020 census coming soon, the League believes it is vital that redistricting be considered sooner rather than later.

Redistricting has long been a priority for LWVMD. Three years ago, the League sponsored a Gerrymander Meander around the borders of the 8th Congressional District to illustrate how absurd the borders are. It required the use of a car, a bicycle and a boat to negotiate the circumference.

Last summer, a birthday party was held for the gerrymander in Frederick on the birthday of Elbridge Gerry to highlight



the issue. These lighthearted events were designed to attract the public's attention, but the LWVMD is very serious about the subject, and redistricting is the prime legislative lobbying effort for this session.

According to the Washington Post, a 2017 poll conducted by Goucher College showed that 73 percent of Marylanders prefer that an independent commission draw the lines of political districts. In November, four states voted to take mapmaking power away from politicians and give it to non-partisan panels.

We are gratified at the appointment of Oleson to the committee as it is recognition for the many years of hard work that LWVMD has spent on redistricting. It also is recognition for the non-partisan nature of the League of Women Voters.

LWVMD will study the workings of the current power structure and help local Leagues to gain support among their local officials and constituents. It will also work with other advocates.

If you're still working on New Year's Resolution, resolve to keep tabs on local elected officials, especially on issues of particular interest to you; that's the other side of the coin of being an engaged citizen.

Resolve also to come to a Rossmoor League meeting to see what it's like. All residents are welcome.



Republican Club

Jan. 21: Meeting Features Program on Martin Luther King Jr.

 $\star \star \star \star$

by Fred Seelman

The Republican Club holds its next meeting on Monday, Jan. 21, Martin Luther King Jr. Day, at 1:30 p.m. in Clubhouse I. The Club has rescheduled its

January meeting for this day so that more residents, many of whom typically work during the day, may have an opportunity to attend. The Club will present a program

about Dr. Martin Luther King Jr. at the meeting.

Nominations for Club officers are announced in January, and elections are held in February. Members who would

Jewish Discussion Group Dec. 23: Group Welcomes Guest Discussion Moderator

by Jerome "Jerry" Cohen

The Jewish Discussion Group (JDG) next meets on Sunday, Dec. 23, at 10:30 a.m. in Clubhouse II. Bernie Zycherman serves as the guest moderator during this session.

Zycherman gave a terrific 30-minute presentation recently regarding the rise of the British Labour Party and the consequences it poses for British Jewry. Whatever topics he selects are bound to be interesting and worthy of a lively discussion.

On Thanksgiving weekend, the group discussed heartwarming and inspiring personal stories of "thanks" and "giving." Other discussion topics included:

• Leisure World rated a number one active adult community in 2018 by 55 Places

like to become officers are asked to make their intentions known at the January meeting.

Thanks go to the League of Women Voters, and especially to its Maryland co-president Elaine Apter, for the excellent

> program they provided at the Club's November meeting.

Contact Information

Send comments or questions about these or any other Club matters

and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com). Join the Club for another quality event on Jan. 21. And enjoy our refreshments.

 Jews and Thanksgiving – a love story spanning centuries in America

- Israel sees desalination as Sea of Galilee savior – life altering progress is being made
- Israel's first 70 years have surprised the world, a discussion of historical perspectives

General Information

JDG invites people of all faiths to attend its free discussion group sessions held on the fourth Sunday of each month from 10:30 a.m.noon at Clubhouse II.

For additional information or to have your email address added to the monthly notification list, call or email group moderator, Jerry Cohen, at (240-970-5024) or (jcohen@jccbb. com).

Jan 21: Jewish Life in El Salvador and South Africa

by Barbara Eisen

The Judaic Studies Group meets on Monday, Jan. 21, at 1:30 p.m. in Clubhouse I. The meeting's topic is Jewish life in El Salvador and South Africa.

Andree Llanes will describe her life growing up in El Salvador, and will provide some background on the Jewish community there. Hilary Kam, who moved to Leisure World a year ago, will share recollections of celebrating Jewish holidays, school experiences and Jewish community life in South Africa.

Kam's sister, Eileen Leibowitz, will provide insights into problems facing South Africa today. Their presentations will be followed by time for audience questions.

The meeting is free and all residents are welcome. For questions, contact Shari Goldstein at (240-293-6442) or Peri Schuyler at (301-869-2968).

Save the Date

Save the date Sunday, Jan. 27 at 2 p.m. in Clubhouse I for a special program titled "Delectable Desserts and Tantalizing Teas," featuring Sheilah Kaufman, the author of "The Turkish Cookbook: Regional Recipes and Stories." You won't want to miss this delicious program.

Greeting Cards

Jan Bloom sells Hadassah greeting cards. The cards are \$3 each and displayed and sold at every Hadassah meeting. Call Jan at (301-593-7720) to buy cards between meetings.

Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. This project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40.

Send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

General Information

Hadassah sponsors many activities to further the

worthwhile medical, educational and social programs it supports in Israel and the U.S.

If interested in knowing more about Hadassah, contact one of its membership vice presidents: Lois Fields at (301-585-9804) or (loisfields2@earthlink.net), or Natalie Rosen at (301-279-5640) or (bnrosen@comcast. net).



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NA'AMAT Serves Women, Children and Immigrants

by Carole Mund

NA'AMAT is a charitable organization dedicated to helping NA'AMAT Israel provide educational daycare programs, vocational training, legal aid for women and services and assistance for new immigrants, as well as centers for the prevention and treatment of domestic violence.

NA'AMAT is proud of its 233

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Serving the Leisure World Community for over 30 years Rick Sussman 301-502-0018 410-795-9147 daycare centers that ensure the safety and security of over 17,000 preschool children in Israel, and the 40,000 families that depend on NA'AMAT for social, psychological and economic services.

The many activities Club members enjoy not only provide opportunities for socialization with friends and neighbors, but also serve as fundraisers to support the many programs NA'AMAT provides. Last year, NA'AMAT's Leisure World chapter raised over \$6,000 towards these goals.

History of NA'AMAT USA

In the most recent edition of the Jewish Residents of Leisure World's bulletin, Gladys Blank, a co-president, beautifully traced the background of NA'AMAT USA.

In short, the women who came to then Palestine in the early 20th century had hoped for equality, and organized the first feminist movement in Palestine. The women wanted to have an equal partnership in the creation of the state of Israel.

One of these women was Rachel Yanait Ben-Zvi, who recognized the need for water to develop the land. She contacted a friend in the U.S., Sophie Udin, who, with six other women, raised funds to build a well. Pioneer Women, which later changed its name to NA'AMAT USA, was an outgrowth of that "fundraising."

Spiritual Adoption Luncheon

On Wednesday, April 10, NA'AMAT RBZ holds its annual Spiritual Adoption Luncheon. The speaker is Bob Levey, a columnist and commentator on political news in Maryland as well as the national level.

"Spiritual Adoption" is a virtual adoption supporting educational scholarships for children in Israel. Last year, NA'AMAT RBZ sponsored five scholarships of \$360 each and donated \$500 to the Ruth Bader Ginsberg Scholarship Fund. These monies can make an enormous difference to the recipients.

Mah-Jongg Scorecards

NA'AMAT receives a small stipend for each scorecard sold. Mah-jongg scorecards are \$8 for the regular card and \$9 for the large. Mail checks, payable to NA'AMAT RBZ, to chairperson Lenore Kalen at (15100 Interlachen Dr., #616, Silver Spring, MD 20906).

Remember to make sure that all names, addresses and telephone numbers are correct, as the cards are sent directly to recipients. For questions, contact Lenore at (301-922-4348).

Save the Date

• May 8 – Donor Luncheon at Argyle Country Club

For more information about NA'AMAT RBZ, contact co-presidents Linda Schoolnick at (301-681-1076) or Gladys Blank at (301-438-9666). For tribute cards, contact Lenore at (301-922-4348).

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Jan. 3: District 19 Legislators Discuss Issues Important to Seniors

by Fred Shapiro

• he Jewish War Veterans . Post 567, in partnership with the Jews United for Justice (JUFJ), holds a workshop with District 19 legislators in advance of the Maryland General Assembly on Thursday, Jan. 3, at 2 p.m. in Clubhouse I.

Post 567 members will be speaking with legislators about issues they care about, such as changes in veteran's benefits, supporting immigrant communities, criminal justice reform, raising the minimum wage, fighting unfair evictions and more.

The invited legislators will have an opportunity to discuss the issues they will be working on this year that will impact seniors and the general community.

With the elections concluded, the legislators invited to participate include Sen. Ben Kramer and Del. Bonnie Cullison, Charlotte Crutchfield and Vaughn Stewart.

The program is about three hours, with the first hour

reserved for preparing the group to meet the legislators and sharing information about JUFJ and the organization's 2019 agenda. Legislators

will then address the issues of most importance to them, after which there will and Sen. Ben Kramer. Photo by Fred be time for an

evaluation of where legislation is taking the community, in particular senior and veteran populations.

Shapiro

The program is free, but residents are requested to register by either stopping by the Clubhouse I E&R office or calling (301-598-1300).



for Justice JUFJ is an organization of younger people that advances economic, racial and social justice in the Washington, D.C./Maryland region by educating and mobilizing local Jewish communities to action.

They represent almost 5,000 Jews

from across Maryland, who act on their shared Jewish values by pursuing social and

economic justice and racial equity in local communities. The volunteers primarily make change by working with partners to build power and advance issue-based campaigns for real, immediate and concrete improvements in people's lives.





From left, Del. Bonnie Cullison,

Charlotte Crutchfield, Vaughn Stewart

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Jewish Residents of Leisure World Jan. 20: Brunch with Rabbi Stan Levin

by Jonas Weiss

n Sunday, Jan. 20, Rabbi Stan Levin reviews Jewish humor and its long history during the Jewish Residents of Leisure World's (JRLW) brunch at 10 a.m. in the Clubhouse I Crystal Ballroom.

Due to rising costs, the price of the brunch has increased to \$14. The payment may have to be converted to a donation to JRLW if there is a late cancellation.

To attend the brunch, send checks, pavable to JRLW. to Shirley or Jerry Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906).

Make reservations before Monday, Jan. 14, as these

programs sell out and there is no admission at the door without a paid reservation.

Religious Services

Rabbi Gary Fink leads a Conservative service on Friday, Jan. 4, at 7:30 p.m. in The Inter-Faith Chapel.

Cantor Michael Kravitz leads Conservative services on Saturday, Jan. 12, at 9:15 a.m. in Clubhouse II. Jonas Weiss gives the D'var Torah and Sid Sussan chants the Haftorah. On Saturday, Jan. 5, 19

and 26, Rabbi Moshe Samber

conducts Sabbath services with discussions on the Torah portion and rabbinical writings at 9:15 a.m. in Clubhouse II.

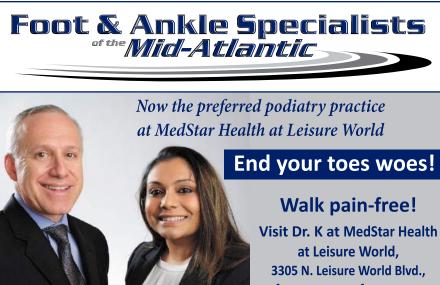
Donations

For the Torah fund, send checks, Rabbi Stan Levin. Photo payable to JRLW, (\$25 minimum) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212, Silver Spring, MD 20906).

> Donations for prayer books go to Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring,

MD 20906). Janet is asking for someone to help her label the prayer books.

Send donations for Kiddush (\$25 minimum), an Oneg (\$25 minimum), Yiskor or general tzedukah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



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- Early warning signs of dementia vs. normal . aging memory loss
- Available treatment options

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by Kill Kamenjar



Jan. 21: Association Holds Celebratory Brunch on Martin Luther King Jr. Day

by Patricia Means

The annual Martin Luther King Jr. Brunch is Monday, Jan. 21, at 11:45 a.m. in the Clubhouse I Crystal Ballroom. The brunch follows a worship service, "Generation Next," at 10 a.m. in The Inter-Faith Chapel.

Tickets for the brunch are \$25 per person (checks only, payable to LWAAAC), and tickets are sold on Wednesday, Dec. 26, through Thursday, Jan. 17, in the Clubhouse I E&R office. Tables of 10 must be reserved at the time of ticket purchase, and a list of table guests should accompany payment. No tickets will be sold at the door.

For additional information, contact Juanita Sealy-Williams at (301-822-4531).

Looking Back at 2018

The first half of the 2018-2019 session ended with the Holiday Dinner Dance on Dec. 8. The smartly dressed crowd of LWAAAC members, other residents and their guests enjoyed hors d'oeuvres, a fourcourse meal and cash bar, and danced to the cool sounds of DJ Al Coley.

Vice president Alfonso Holston was busy during the evening taking photos of the crowd. Many thanks go to the program committee for a successful gala.

This session also included monthly meetings, a medical cannabis presentation and "Turn Me Loose," an Arena Stage production in September, the Fall Membership Meeting and Program in October, Healthful Thursdays in October and November and "Anything Goes" at the Arena Stage in November.

January Meeting

The January LWAAAC meeting is Wednesday, Jan. 9, at 4 p.m. in Clubhouse I. A vote on an amendment to the bylaws will be conducted at the meeting.

National Black Theatre Festival

The LWAAAC trip to the National Black Theatre Festival in Winston-Salem, North Carolina, is from Monday, July 29 to Friday, Aug. 2. The trip is open to all residents. Eyre Travel arranges travel and hotel accommodations.

For additional information, see the Club Trips section of this edition or contact Al



LWAAAC members dance the night away at the Holiday Dinner Dance Dec. 8. Photo by Al Holston

Holston or Glenne Martin at (301-438-3537), or Verna Denny at (301-598-1418).

The Drumbeat

Volume 2, No. 2 of The Drumbeat will be emailed in January. If you have not provided an email address to the Association, send it to (lwaaac2@gmail.com). Individuals who do not have email access may request a printed copy by placing a note in the LWAAAC mail slot in the Clubhouse I E&R office.

For additional information, contact Patricia Means at (301-598-0550).

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Annual Membership Dues Needed by Jan. 1

by Marlene Golden

Those who missed the holiday party will have another chance to enjoy mingling with friends at the Group's Valentine's Day Dessert Party on Sunday, Feb. 17. The event will include gift giving and games.

Each person coming is asked to bring one gift valued under \$10.

Group members will exchange gifts in a fun way, play some entertaining games and enjoy dessert.

Dues

On another note, annual dues must be paid by Jan. 1, 2019. The dues are \$15 per person. Send a check, payable to Eleanor Tattar, to her at (15300 Pine Orchard Dr., Silver Spring, MD 20906). Flyers will be mailed to members with more information.

Volunteers Needed

As the weather improves, the Group wants to plan more events, and is still looking for members to help plan them. Let the Group know at the Valentine's Day party if you want to help, or call Marlene Golden at (301-438-7773) if you would like to volunteer for the planning committee.

The Group currently has 82 members on its roster. If you are not a current member, but have questions, would like to join or receive a flyer, make sure to leave your name, mailing address and phone number in writing at the Valentine's Day party, or call Marlene and leave your name, address and phone number.

The Group hopes to see everyone at the Feb. 17 Valentine's Day party.



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Jan. 16: Attend Club's Annual Winter Brunch

by Carole Mund

L t's time to make a reservation for the Rossmoor Women's Club's (RWC) Annual Winter Brunch, held on Wednesday, Jan. 16, with doors to the Clubhouse I Crystal Ballroom opening at 10:15 a.m. Members and nonmembers are invited.

The brunch menu includes scrambled eggs, hash browns, bacon, sausage, lox and bagels, spiced apples, fresh fruit, biscuits, assorted danish and muffins, juices, coffee and tea.

The speaker is Kenah Gbolokai, residential coordinator at the Betty Ann Krahnke Center, the only shelter in Montgomery County for those seeking refuge from domestic violence.

The Center is one of the many charities RWC supports. RWC program chairperson Rhoda Lawrence will introduce Gbolokai.

To attend the brunch, mail checks of \$25, payable to Rossmoor Women's Club, to Carolyn Thompson at (15000 Pennfield Cir., #202, Silver Spring, MD 20906). Call Carolyn at (301-806-5383) if you would like to make arrangements to deliver your check to her, or if you have other questions.

Checks are due by Saturday, Jan. 12. No refunds can be made after that date. In case of snow on the day of the brunch, please check Leisure World TV channel 972, or call the daily events line at (301-598-1313) to obtain the status of the event. If the event goes on as scheduled that day, no refunds will be made.

Club's Mission

For the past 50 years, RWC has engaged in volunteering and fundraising that benefits local charities, and has established college scholarships for local high school students.

Funds and volunteer support services have been donated to a variety of charities, including A Wider Circle and Head Start, as well as organizations which provide services for families of wounded soldiers and charities supporting families affected by domestic violence.

In Leisure World, RWC donates to Fireside Forum and FISH (Friends in Sickness and Health).

Membership

Membership in RWC is open to residents and non-residents, and affords members the opportunity to attend all meetings and trips. RWC provides a wonderful atmosphere to make a difference, as well as meet new people.

Many of the RWC's activities involve fundraising to support charities, while other activities involve directly volunteering on behalf of the Club.

To join, mail checks for \$40 per person, payable to Rossmoor Women's Club, to Arlene Siller at (3100 North Leisure World Blvd., #909, Silver Spring, MD 20906). For questions or additional information, contact Arlene at (abs929@yahoo.com).

Head Start Volunteers

RWC supports the Head Start Program in a variety of ways. Club members collect hand-knit hats and scarves for the pre-K Head Start class and possibly the other two pre-K classes at Harmony Hills Elementary School in Silver Spring.

Last year, RWC donated over 60 sets, which provided a set for every pre-K student in the school.

The RWC spread the joy of the holiday season by providing food and goodies to the children. Volunteers distributed the gifts on Dec. 18.

Contact Rita Posner at (ritaposner@gmail.com) for questions or if interested in becoming involved with this initiative.

Save the Date

- Feb. 20 Annual Tea
- March 11 Vendor Sale

Going It Along Club Travel by Armchair to England and Wales

by Elizabeth Brooks-Evans

Throughout the holiday season, the Going It Alone Club (GIAC) will continue to meet every Saturday (known as Saturday Afternoon Live – SAL) beginning at 2 p.m. with Armchair Travel.

Armchair Travel

On Saturday, Dec. 22, GIAC presents "Heart of England and South Wales." After virtually touring the manor house of a country lord in the Cotswolds and sampling hard cider near Wells with well-known travel guide Rick Steves, go back in time with him to prehistoric Stonehenge and the crowd-free stone circle in nearby Avebury. And then visit King Arthur country at Glastonbury and an evocative, ruined abbey in South Wales.

On Saturday, Dec. 29, travel with Steves by armchair to "North Wales, Feisty and Poetic" to visit the castle-within-a-castle in Conway, peek into 16th century domestic life at Plas Mawr, go down deep in the Llechwedd slate mine and up high in Snowdonia National Park, then stroll through Beatles Pilgrimage in Liverpool.

Trips

During the bus trip to Harrington Casino in November, Marilyn Popick won the complimentary raffle for a free December trip to Dutch's Daughter Restaurant and Linganore Winecellars in Frederick, Maryland, to celebrate the holidays with GIAC.

The Club's first trip of 2019 is on Wednesday, March 27, to Lancaster, Pennsylvania, to experience "Murder at Mt. Hope Museum," an interactive, whodunit performance that includes a four-course meal. Cast members will visit tableside to impart veiled clues to be collected and used to solve the murder as humor abounds when guests interrogate the suspects and uncover the guilty party.

Each 2019 GIAC trip includes a complimentary raffle and prize awarded to one lucky participant. Other 2019 trips include: The American Music Theatre in Lancaster, Pennsylvania, on Wednesday, May 15, and Pigeon Forge and Smoky Mountain Shows in Tennessee from Monday, Sept. 16 through Friday, Sept. 20. More detailed information on these trips is available in the Club Trips section of this publication.

All residents are invited to attend GIAC trips! Sign-ups for all GIAC trips takes place during SAL from 1:30-3 p.m. in Clubhouse II where a representative of the program committee is available to receive payments and answer questions. The GIAC News, which also has more trip information, is available for pickup during SAL.

For questions about trips or to pick up flyers, stop by the SAL information table or call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Games

Games begin every Saturday at 2:30 p.m. after armchair travel. Mexican train dominoes is so popular that two games run simultaneously in the game room. An old-fashioned dominoes game is also available. Bridge and Rubik's cube are played in the Clubhouse II lobby. Members are also welcome to bring or suggest other favorite games.

Free Bingo is played on the second and fourth Saturdays with new prizes. Pokeno is played on the first and third Saturdays of the month. On one Saturday of each month, one lucky member wins a door prize. For more information about games,

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contact Sylvia Pachenker at (301-598-5325).

Membership

Those wishing to sign up for membership can do so at the information table during SAL from 1:30-3 p.m. in Clubhouse II when a representative is there to provide information about the Club and its activities. For more information, call Sylvia at (301-598-5325).



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Boomers to Trek Sligo and Rock Creek Trails

by Beth Leanza

The Baby Boomer Club is a funloving, social group of people who get together to eat, watch movies and attend musicals and plays.

Upcoming Events

The Club shows the movie "The Leisure Seeker" on Friday, Dec. 21, at 7 p.m. in the Clubhouse II auditorium.

The Boomers celebrate New Year's Eve on Monday, Dec. 31, with hors d'oeuvres and dessert party in Clubhouse II. Snacks are served at 8:30 p.m. and Rise Band and Show plays from 9 p.m.-12:30 a.m. We will all try to stay to see the New Year in!

The Club had a successful bowling outing on Veterans Day at Bowl America in Gaithersburg. The Club will bowl on Monday holidays throughout the year, including Martin Luther King Jr. Day and Presidents Day. If successful, the Club will bowl on a selected Monday throughout the year.

Membership

The Club's membership is ready and waiting to receive your dues and get you signed up. Send a check for \$5 per member, payable to Baby Boomer Club, to Susan Landesberg at (3503 Twin Branches Ct. 37-C, Silver Spring, MD 20906).

Include your address and phone number (if not on the check) and email address. Members who do not have email should keep in contact with a member who does.

Adding the Baby Boomer group email address (bbclw@googlegroups.com) to your contact list or address book will help to prevent the Club's emails from ending up in the spam or junk folder. The Club keeps its emails limited to activities that members might enjoy.

Join us for a FREE seminar on planning your funeral and cemetery arrangements in advance.

Your life. Your legacy. Plan to make it right.

- · Discover 4 simple steps to planning your final arrangements
- Bring peace of mind to yourself and your family
- Opportunity to receive a FREE Personal Planning Guide
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Join us for our upcoming seminar

Wednesday, January 30th, 4:00PM–5:00PM Clubhouse I, Annapolis Room Leisure World, Silver Spring, Maryland

Seating is limited. Call now to reserve your space. RSVP to: Natalie Skyrm (301)452-2997 or Natalie.Skyrm@DignityMemorial.com – Se Habla Espanol Sponsored by: National Memorial Park and King David Gardens (703) 560-4400 7482 Lee Highway, Falls Church, VA 22042



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.....

Dignity

Club members who have joined but are not receiving emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

The Club's website is available at (https://sites.google.com/site/bbclwmd) and includes a calendar with walk information.

Friday Hikes with Joyce

Any resident is welcome to join the Club's walkers without having to join the Club. Joyce Richardson leads walks on Fridays.

The group meets at 1:15 p.m. at a local trail. Most walk about three miles, but some walk in halfway and return.

If you want to carpool to the trail, contact Joyce at (301-598-7098) or (777cheekie333@gmail.com) by Thursday night.

- Dec. 28 Sligo Creek Park (Silver Spring) Meet in the parking lot near the Shalom Grocery store at 1:15 p.m. Bring water. Drive the Main Gate exit and turn left onto Georgia Avenue, and then turn left onto Arcola Avenue. Turn right into the Kemp Mill Shopping Center, and park near the Shalom Grocery Store at the end of the shopping center.
- Jan. 4 Rock Creek Trail (Rockville) Meet in the lower circular parking lot at 1:15 p.m. Bring water. Drive through the Connecticut Gate and onto Connecticut Avenue. Turn right onto Aspen Hill Road. Continue for 1.4 miles and then turn right onto Baltic Avenue. Travel about 0.2 miles and then turn right into the parking lot.

Sunday Morning Walks

Meet up on Sundays at 8:30 a.m. near Arden Court (across from Kelmscot Drive) to walk the entire Leisure World Boulevard circle. Afterward, join the walkers for breakfast! For more information, email Ted Michos at (Tedmichos@gmail.com).

Weeknight Walks

For an approximate one-mile walk around the Broadwalk, meet Monday to Friday at 5:15 p.m. in Clubhouse I lobby. No announcement is made; just look for a group forming and introduce yourself.

AVA Walks

One Club member also belongs to the American Volkssport Association (AVA), which holds events and provides guides to local walks of interest.

He posts AVA walk information on the Club's website, (https://sites.google.com/ site/bbclwmd). Click on Walks, below the events calendar.

Leisure World Club Trips

The next deadline for trip submissions is **Monday**, **Dec. 24**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. Email your trip information to **lwnews@lwmc.com**.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

March 27 Lancaster, PA

Join the **Going It Alone Club** for an interactive "whodunit" performance and a four-course lunch at the mansion.

The bus departs Clubhouse II at 10 a.m., and returns at approximately 6 p.m.

The cost is \$85 for members, and \$93 for non-members, and includes the show, lunch, tax and gratuities. Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, Feb. 23, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

April

28 A Taste of Italy Baltimore, MD

The **Italian Social and Cultural Club** invites you along on a trip to historic Little Italy in Baltimore for lunch at the world-famous Sabatino's Italian Restaurant and sightseeing.

The bus departs Clubhouse II at 10:30 a.m., with lunch at Sabatino's at approximately 11:30 a.m. Following lunch, there will be time to explore Little Italy. The bus departs for Leisure World at 3:30 p.m., arriving at Clubhouse II at approximately 4:30 p.m.

The cost is \$69 per person and includes transportation and lunch. Lunch features salad with Sabatino's house dressing; Italian bread and butter; and an entreé choice of lasagna, linguini marinara, tortellini with sauce, cheese ravioli, eggplant parmigiana, chicken alle marche or chicken lynn red, with cake or spumoni for dessert.

To make reservations, call Eyre Tour and Travel at (301-598-1599) or (301-854-6600 extension 4) or drop by the Eyre office in Clubhouse I.

May

15

American Music Theatre Lancaster, PA

Join the **Going It Alone Club** to see the 2019 AMT show, "Ovation – An AMT Pop Orchestra Experience." The show features tributes to such music greats as Rosemary Clooney, Tony Bennett, Frank Sinatra, Ella Fitzgerald and other pop music greats. The trip also includes lunch at Bird-in-Hand Restaurant. The bus departs Clubhouse II at 9 a.m. and returns at approximately 8 p.m.

The cost is \$85 for members, \$93 non-members, and includes lunch, show, tax and driver gratuities. Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, April 13, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

7/29-8/2 2019 National Black Theatre Festival, NC

LWAAAC is hosting a five-day/four-night trip to the National Black Theatre Festival in Winston-Salem, North Carolina. The Festival is the 16th biennial event of over 100 theatrical performances, films, workshops, seminars, international conferences, vendors and much more that will saturate the city with an impressive array of entertainment. All residents are invited.

The cost is \$937 per person, double occupancy, or \$1,450 for single occupancy and includes travel, hotel accommodations, breakfast, shuttle service to and from the convention center and a city tour. Call (800-321-3973, extension 4) to reserve a spot. The deposit to Eyre Travel is \$100 per person at the time of booking with the final payment due by Tuesday, May 28. Incremental payments may be arranged, and travel insurance may be purchased.

For details, visit Eyre Travel in Clubhouse I. A fact sheet and the daily itinerary are available from Al Holston or Glenne Martin at (301-438-3537), or Verna Denny at (301-598-1418).

Sept. 16-20 Pigeon Forge and Smoky Mountains Shows, TN

All residents are invited to come with the **Going It Alone Club** on a five-day, four-night trip to Pigeon Forge and the Great Smoky Mountains of Tennessee. The trip includes four breakfasts and four dinners, entrance to the Titanic Museum, five shows, free time in historic downtown Gatlinburg and a guided tour of the Great Smoky Mountains National Park.

The bus departs on Monday, Sept. 16, at 8 a.m. from Clubhouse II and returns late afternoon on Friday, Sept. 20.

The cost for double occupancy is \$480 per person for Club members; \$488 for non-members; and \$149 additional for single occupancy. A \$200 deposit is due upon sign-up, with the final payment due by Tuesday, July 9.

Travel insurance is available.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. No refunds will be made after Saturday, June 15, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Book Club Network: The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

Boston Group: If you have not yet attended a meeting and are a Bostonian, please let us hear from you. After meeting earlier this month, it was decided that members would arrange for activities based on their personal interests. For more information or to be put on the Boston Group email list, contact Louis and Rae Paley at (miltze2@gmail.com) or (301-278-2189 and leave a message).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr. org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. We will not meet on Dec. 28. Our next meeting is Jan. 11. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

The Lapidary Shop: Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

LW Green: LW Green was formed in 2015 by residents who are enthusiastic about becoming better environmental stewards. Meetings are the fourth Wednesdays of the month at 2 p.m. in Clubhouse I. All those who care about the natural resources in Leisure World and the outside communities are urged to join us. For more information, contact Janice McLean at (janicewmclean@gmail.com).

LW LGBT Alliance: Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBT Alliance strives to provide events and

activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, email us at (lwlgbt@gmail.com).

Musical Jammers: We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

Nextdoor.com: A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our more than 1,000 members. Go to (www. nextdoor.com/join) and enter the code QHMXCF.

The Philadelphians: The Philadelphians will not be meeting during the winter months (December, January, and February), but will regroup in March 2019. For further information, contact Steve Kane at (301-598-2330) or (kanens@verizon.net).

The Pittsburghers: If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email (Tania. Iwanowski@yahoo.com).

Quilting Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). We will not meet on Dec. 27. Our next meeting is Jan. 10.

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: The Group reads from a collection of short stories and discusses them together. The Group is now reading from the anthology "The O. Henry Prize Stories 2018," which contains 20 prize-winning stories. On Wednesday, Jan. 2, Pat Leanza will lead a discussion of "Inversion of Marcia" by Thomas Bolt. On Wednesday, Jan. 16, John Moens will lead a discussion of "Night in Logar" by Jamil Jan Kochai. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

Town Meeting Organization: (TMO) is a movement of residents concerned about governance and management that meets every month to discuss and schedule community-wide town hall meetings. Topics such as the proposed administration building, funding a strategic plan, community governance and management involvement in mutual elections, are addressed. The town halls are held to inform and involve residents in issues affecting them. TMO meets the third Thursday of each month at 2 p.m. in Clubhouse I. All residents are invited to attend and become active in the movement. For information, email (admin@townmeetingorganization.com).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

Women in the Military: Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2 pm

Iravel & Iour Department • (301) 598-1599 • Iuesday, Wednesday & Thursday 8:30 am-2 pm Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4 For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Museum Loop, DC

Museum of the Bible, DC

"Chicago," Fulton Theatre, PA 🥯

MGM Grand National Harbor, MD 🖉

Mon., 2/18, 9:05 am-3:00 pm\$35.00 per person Try your luck at the Casino for a day. Transportation only.

"La Cage Aux Folles," Riverside Center, VA 🌌

Wed., 2/27, 9:45 am-6:45 pm......\$117.00 per person A feel good musical with heart, brains and sequins! Lunch and show included.

NEW Hollywood Casino, West Virginia 🌌

Fri., 3/1, 10:00 am-5:45 pm\$38.00 per person \$20 Slot Play offer from Casino. Trip includes transportation only.

SuperPops, Meyerhoff, Baltimore

Back by Popular Demand African American History and Culture Museum DC

Newseum, DC

Sat., 3/9, 9:30 am-3:15 pm \$60.00 per person You will love this beautifully designed, vibrant, dynamic museum with wonderful views of the Capitol, thought-provoking exhibits, and plenty to keep everyone engaged! Transportation and admission included.

9/11 Memorial & Museum, NYC + Sat., 3/16, 7:00 am-11:45 pm\$120.00 per person The Memorial Museum is an educational institution that examines 9/11's global significance. Presenting stories of loss and recovery and artifacts. (Security screening on-site). Includes a \$10 Cracker Barrel gift card.

"The Story of Jesus," Sight & Sound Theatre, PA 🥯

Fri., 3/23, 9:45 am-9:15 pm\$159.00 per person "The Story of Jesus" is the musical stage adventure about the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Lunch at Hershey Farm Restaurant.

Cherry Blossom Tour, DC 🖉 🏈

Mon., 4/1, 10:00 am-3:15 pm\$79.00 per person Visit the WWII Memorial, the Franklin Delano Roosevelt Memorial and the Martin Luther King, Jr. Memorial. Enjoy the breathtaking beauty of the cherry blossoms as we drive around the Tidal Basin in Washington, D.C. Relax over a delicious lunch at Carmine's Restaurant, always a local favorite. Transportation and lunch included.

Odyssey Cherry Blossom Luncheon Cruise, DC 🌌

Tues., 4/2, 9:00 am-3:45 pm\$110.00 per person Step aboard the "Odyssey" and experience the elegance and entertainment only a true cruising vessel can provide. Enjoy a fine dining lunch with live entertainment and see the unmatched views of our nation's greatest monuments as they drift past your table.

NEW "Cirque Goes Hollywood"

at the Meyeroff, Baltimore 🌌

Sun., 4/7, 1:30 pm-6:15 pm\$69.00 per person Join the BSO as acrobats, aerialists, jugglers and more dazzle you with their extraordinary athletic artistry set to the music of Hollywood's hottest hits. Trip includes transportation and admission to show.

Spotlight On...

Join Collette Vacations & Eyre in the Maryland Room

MULTI-DAY TRIPS

Charleston and Savannah March 30-April 4 Wildwood, New Jersey

June 2-5 Dallas

May 21-25 (fly/drive) Niagara Falls June 23-26 Journey Around Lake Michigan

July 13-21 (fly/drive)

July 31-Aug. 5 Yellowstone, Grand Tetons, and Mt. Rushmore Aug. 1-9 (fly/drive) The Colors and Cathedrals of French Canada Sept. 27-Oct. 4 (fly/drive) Albuquerque Balloon Fiesta Oct. 4-9 (fly/drive)

Maine Lobster Festival

CRUISES

Royal Caribbean Oct. 31-Nov. 8 Eight night Southeast Coast and Perfect Day Cruise We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

	· · ·	
Some trips require a certain amount of walking.	The shoe symbol	provides an indication of how much walking may be involved.
Key: Easy Walking	More Wall	king A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 70 Years". INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

SPORTS, GAMES & Scoreboards

10-Pin Bowling League

Team Half and Half Creams Its Opponents

by Rita Mastrorocco

he following bad weather rule is in effect: If Montgomery County schools are either closed or on a twohour delay based on snow or icy conditions, the league does not bowl.

The league is based on handicaps with averages for bowlers ranging from 95 to 175. If you have not bowled in years, come out and join the fun.

The top league standings as of Dec. 7 are: Half and Half in first place; Hooks N Curves in



second place; and Wild Things in third place.

Top scores for the week of Nov. 30, 2018 are:

Scratch Game - Wild Things, 669 pins

Scratch Series - Wild Things, 1,942 pins Handicap Game – Rolling

Rocks, 956 pins Handicap Series - Wild

Things, 2,674 pins

High Average Men - Steve Hays, 175 pins

Scratch Game Men – Steve Havs, 209 pins

Scratch Series Men - Steve Havs, 604 pins

Handicap Game Men -George Izumi, 259 pins

Handicap Series Men – Steve Hays, 733 pins

High Average Women -Chris Porter, 169 pins Scratch Game Women -Jessica Stephens, 192 pins

Rediscover Our Assisted Living

For almost two decades, Marian Assisted Living has provided focused, personalized senior care. And our award-winning community continues with this mission. Nestled in the heart of the vibrant Brookeville neighborhood of the Reserves at Manor Oaks, we're here for today's needs and tomorrow's. Learn more, call or visit us today.

New Neighbors. Same Neighborhood.



Scratch Series Women -Jessica Stephens, 497 pins

Handicap Game Women -Barbara Martin, 261 pins

Handicap Series Women -Barbara Martin, 670 pins

Top scores for the week of Dec. 7, 2018, are:

Scratch Game – Huggers, 601 pins

Scratch Series - Huggers, 1,774 pins Handicap Game – Pin

Busters, 882 pins Handicap Series - Pin Busters, 2,619 pins

High Average Men - Steve Havs, 175 pins Scratch Game Men - Steve Mueller, 201 pins

Scratch Series Men - Chuck Martinez, 516 pins

Handicap Game Men – Stu Lillard, 250 pins Handicap Series Men - Steve Strum, 693 pins

High Average Women - Chris

Porter, 169 pins

Scratch Game Women -Ruth Sentelle, 167 pins

Scratch Series Women -

Ruth Sentelle, 453 pins Handicap Game Women

– Betty Roeder and Barbara Gould, 243 pins

Handicap Series Women -Barbara Raney, 671 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Road in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls and unlimited cups of coffee is only \$11. If interested, call Rita at (301-814-9196).

Pickleball Club Court'-ing Pickleball

by Scott Keenum

■ he Pickleball Club hosted a ribboncutting ceremony Nov. 26 to recognize the court lines that were freshly painted recently for pickleball play in the Activities Room in Clubhouse II.

The ceremony drew a record crowd of participants and supporters. The Club thanks the E&R Advisory Committee and Susan Crawford for their efforts.

The Club also held its fall meeting on Nov. 16, which kicked off with a recognition of America's veterans.

General Information

Pickleball Club membership has grown to 120 members of all skill levels and ages, including a 2017 National Senior Games gold medalist



The Pickleball Club celebrates the new court lines in the Activities Room in Clubhouse II Nov. 26. Photo by Scott Keenum

and numerous 2018 Maryland Senior Games gold medalists.

Club membership also includes two USA Pickleball Association ambassadors who have volunteered to promote the game.

Consider joining the Pickleball Club, whose members believes that pickleball is not just a sport but also a way of life. Contact Scott Keenum at (sskeenum@gmail.com) for more information.

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Chess Club It's All in the Delivery

by Bernie Ascher

The online shopping company Amazon has already granted a "Christmas wish" to the Washington, D.C., metropolitan area by announcing that it will establish its second halfheadquarters in Crystal City in Arlington, Virginia. The other half will be in Queens, New York.

The company will bring jobs and new money into the Washington, D.C., area. It will bring people and cars, too, and they will spend their money here.

So, why not give Amazon a break with a lucrative contract for the delivery of Christmas gifts?

It is a heavy responsibility with a short deadline, but Amazon can handle it with robots instead of reindeer and express delivery trucks instead of a sleigh. Give Santa the night off. But, as they say in the musical "The King and I," "What about the children?" Won't they want a personal delivery by Santa? Won't they be peering out the window, waiting for the reindeer to appear in the sky with the jolly bearded man in the red suit?

So, there is a constituency for Santa. Who wants gifts deposited on the doorstep of the house in a plain brown cardboard box? Wouldn't it be better to have the jolly red-clad gentleman slide down the chimney, cleaning it on the way down, and leaving neatly-wrapped packages with red bows under the tree?

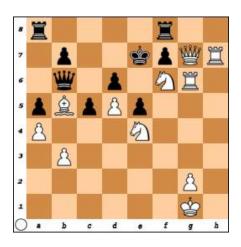
Maybe Amazon can contract with Santa to make all the deliveries. The only problem is that Santa will still need time to play chess.

At Leisure World, where all the "children" are over 55 years of age and many live in highrise buildings without chimneys, cardboard boxes from Amazon are gladly accepted. Members of the Chess Club continue to play despite the holiday. When the holiday is over, the Club could welcome Santa and make sure he spends some time playing the game. It would be the Club's gift to Santa.

In the game shown on this page, White's King is visibly exposed, but it is White's turn to move and White can win the game in three moves. Do you see it?

The solution follows this message that the Chess Club meets on Mondays, Wednesdays, and Fridays from 1-4 p.m. in Clubhouse II. Membership is free. Beginners and "rusty" players are welcome. For further information, call Club president Bernie Ascher at (301-598-8577).

SOLUTION: White moves the Knight from f6 to d7, forking Black's Queen and Rook. Black moves the Queen



to c7 to save the Queen. White then moves the Rook from g6 to e6, checking the King. (Black cannot capture the Rook with the Pawn at f7 because the King would be in check by the White Queen). This forces Black to move the King to d8, whereupon White's Queen captures the Rook at f8. Checkmate.

So, do not wait for Amazon and Santa to sign a contract for deliveries. Do not wait for next Christmas. Do not wait for Amazon to build a third headquarters. Play chess now!



Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points. Duplicate Games are Tuesday and Friday evenings at 7 p.m. in Clubhouse I. Results and hand records are available on (thecommongame.com). Results also appear on (cuebid.com) If you need a partner for either the Tuesday or Friday game, call Shirley Light at (301-598-6611) at least 24 hours in advance.

Tuesday, Nov. 6, 2018

North-South Flight A

1. Diane Keiper – Nadyne Cheary

2. Ann Ruth Volin – Roberta Jainchill 3. Hanna Schepps – Robert Catlett 4. Stephan Billstein – Merrill Stern

- Flight B
- 1. Stephan Billstein Merrill Stern

2. Beena Deshmukh – Madhav Deshmukh

Tuesday, Nov. 20, 2018

North-South Flight A

1. Jerry Miller – Gerald Lerner 2. Aaron Navarro – Marlys Moholt 3. Mel Schloss – Wendy Morrison

Flight **B**

1 Stephan Billstein – Bernice Felix

Friday Nov. 23, 2018

North-South Flight A 1. Stephan Billstein – Jim Cowie

2. Leonard Taylor – Lillian Taylor

East-West Flight A

1. Norman Salenger – Saul Penn 2. LeAnna Gipson – Judy Tankersley Flight B 1. LeAnna Gipson – Judy Tankersley

East-West

Flight A

1. Madhav Deshmukh – Beena

2. Martin Reed – Howard Tash

4. Robert Kerr – Lorraine Hegel

3. Norman Salenger – Shirley Light

Flight **B**

Deshmukh

Tuesday, Nov. 27, 2018

North-South Flight A

1. Ann Ruth Volin – Angela Riani 2. Jerry Miller – Gerald Lerner 3. Aaron Navarro – Stephan Billstein 4. Marilyn Rubinstein – Stanley Rosen

Flight B

1. Marilyn Rubinstein – Stanley Rosen

Friday, Nov. 30, 2018

North-South Flight A

1. Wendy Morrison – Alan Ferraro

2. Shirley Light – Robert Catlett

3. Marilyn Rubinstein – Stanley Rosen

Flight B

2. Marilyn Rubinstein – Stanley Rosen

North-South Flight A

1. Wendy Morrison – Vern Skinner 2. Robert Catlett – Hanna Schepps 3. Mary Lafferty – Patti Anschutz 4. Diane Keiper – Nadyne Cheary 5. Jerry Miller - Marlys Moholt

2. Marcia Fletcher – Michael Benefiel **East-West**

Flight A

1. Howard Brewer – Mildred Lieder 2. Lorraine Hegel – Sue Swift

Flight B 1. Jim Cowie – Marcia Fletcher

Tuesday, Dec. 4, 2018

Flight **B** 1. Stephan Billstein – Angela Riani

2. Alan Ferraro – Liz Ferraro

continued in next column

East-West Flight A

- 1. Brian Sutton Howard Tash
- 2. Marcia Fletcher Michael Benefiel
- 3. Barbara Summers James
- Summers Jr

Friday Dec. 7, 2018

East-West Flight A

4. Howard Brewer – Joe Boland

5. Robert Kerr – Lorraine Hegel

2. Beena Deshmukh – Madhav

Deshmukh

Flight **B**

1. Marcia Fletcher – Michael Benefiel

1. Wendy Morrison – Philip Berman

North-South

Flight A

- 2. Stephan Billstein Jim Cowie
- 3. Diane Keiper Nadyne Cheary

- 3. Howard Brewer Joe Boland Flight B 1. Liz Ferraro – Alan Ferraro

1. Lorraine Hegel – Sue Swift

2. Elaine Conway - Saul Penn

Wednesday Night Chicago Bridge

Compiled by Abigail B. Murton

Nov. 21, 2018 No game played.

2. Joyce Fischer and Joan Thomas, 3,560

Nov. 28, 2018 1. Linda Mihm and Norman Salenger, 4,040

No game played.

Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

Nov. 22, 2018 No game played.

Nov. 29, 2018 1. Judy Lane, 3,330

- 2. Evelyn Armstrong, 2,510
- 3. Shirley Gilmore, 2,310

Friday Bridge

Compiled by Shirley Rosenhaft

Nov. 16, 2018

1. Barbara Marcus, 2,690

2. Marc Levin, 2,630 3. (tie) Jackie McCarthy, 2,430 (tie) Betty Hecht, 2,430

Nov. 30, 2018

1. Betty Hecht, 3,390 2. Ruth Kean, 3,210 3. Jerry Weiss, 2,880 4. Sue Unger, 2,610

Nov. 23, 2018 No game played.



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Flight A 1. Jerry Miller – Marlys Moholt 2. Aaron Navarro – Barbara Lebwohl 3. Patti Anschutz – Mary Lafferty

4. Saul Penn – Elaine Conway Flight **B** 1. Helen Solomon – Rae Newman

East-West

Flight A

Flight **B**

1. Saul Penn – Elaine Conway

2. Robert Kerr – Nabil Coply

3. Mary Lafferty – Angela Riani

2. Howard Brewer – Joe Boland

East-West

3. Joyce and Dick Riseberg, 2,920 Dec. 5, 2018

Dec. 6, 2018 1. Judith Lane, 2,810 2. Dolores Shapiro, 2,350 3. Many Helen Byrnes, 2,240

Sports, Games & Scoreboards In Brief

Bid Whist: Do you know what Sport the Kitty, Boston Time and Rise and Fly all mean? If you like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: Call Jessie at (314-374-4501). **Bridge:**

• Tuesday and Friday Duplicate Bridge games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on (thecommongame.com). Results are also posted on (cuebid. com). If in need of a partner, call Shirley Light at (301-598-6611) at least 24 hours before the game. Questions? Call Nadyne at (301-598-5677).

• The Wednesday Night Chicago Bridge Group is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• Men's Bridge seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• Thursday Ladies Bridge welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Chess: Free chess lessons for beginners and "rusty" players Monday and Wednesday in Clubhouse II. Call Lark Kellar at (301-219-5955) or Steve Harvith at (301-801-4693) for information. The Chess Club meets every Monday, Wednesday and Friday in Clubhouse II at 1-4 p.m.

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Lisa Zarou at (301-814-0029)

or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

Mah-jongg: Learn how to play Mah-jongg. Call (301-598-3438).

Ping Pong: Get healthy exercise and camaraderie playing ping pong. The club meets Mondays from 3-5 p.m. and Wednesdays and Fridays from 1-3 p.m., in Clubhouse II multi-purpose room. Drop in anytime during that period. Some experience preferred. Questions? Call Julie at (301-598-5424) or email at (julie12401@ netscape.net).

Pinochle Players: Experienced Pinochle players wanted. We play Mondays from 6:30-8:30 p.m. in Clubhouse II. If interested, call (301-775-7238) or (301-598-7064). If you are interested in learning, you are welcome to observe.

Poker:

• **Poker Game** openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• Men's Poker is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• Play Poker Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

Thursday Night Poker meets 6-9 p.m. in Clubhouse II. We play hi/lo, with or without wild cards, dealer's choice. All are welcome. Call Dave at (301-598-7064) for information or just come and join us.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Indoor Pool Volleyball: Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are held Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.

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CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

***Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

Community Classes Policy for Inclement Weather

If Montgomery County Public Schools are closed, all classes will automatically be cancelled. If school openings are delayed, classes will be held at the discretion of the instructor.



EDUCATION

NEW - Book Discussion: "Just Mercy: A Story of Justice and Redemption," a CLL course: Author Bryan Stevenson, Harvard Law School graduate, practicing attorney and co-founder of the Equal Justice Initiative, tells the story of Walter McMillan, a black man who was accused of the murder of a white woman and placed on death row even before his sentence had been determined. In recounting this story, Stevenson exposes weaknesses in the criminal justice system, and raises questions about the death penalty.

This book discussion is led by Paul Levy. Participating students will be doing a close reading and must have completed chapters 1-10 before the first class. The course will focus on several of the stories Stevenson tells as a basis for class discussions on criminal justice reform.

Personal Care Services In The Comfort Of Your Home

Students must bring their own copy of the book to class. Used and new copies of the unabridged book are available for purchase online (amazon. com, abebooks.com), and a limited number may be available through the Montgomery County Public Library.

Class meets Mondays, Feb. 4 and Feb. 11, from 10-11:15 a.m. Fee: \$15. Register at Clubhouse I.

NEW – The Convergence of Geography and History – How the Physical World Has Affected Us All, a CLL Class: Do you remember in elementary school when the teacher would say, "it's time for some geography" and most of the class would groan, "Oh, no, not geography!" Why did we, as children, express a dislike for geography? And why are many of today's adults geographically challenged?

Tom Conger, the Center for Lifelong Learning's geography lecturer, thinks he knows why. It's the way geography was taught to us. We memorized the state capitals, learned where Africa was on a map and found out that pineapples came from Hawaii. What we didn't learn is that everything that happens on the surface of the earth has an impact on everything else.

Geography is unique in bridging the social sciences (human geography) with the natural sciences (physical geography), recognizing the great differences in cultures, political systems, economies and landscapes across the world, and the links between them.

In this course, participants delve into what geography is and how it is linked to historical events. And, to end on a humorous note, there will be a look at some geographical bloopers, redundancies and outright "I can't believe that he/she said that" events.

Class meets Tuesdays, Feb. 5-March 12, 1-2 p.m. Fee: \$15. Register at Clubhouse I.

For more information about the Center for Lifelong Learning (CLL) and its instructors, visit (www.cllmd. com).

NEW – Journeys and Experiences of The Music Mind with Dr. Harry N. Dunstan: Music and engaged listening positively transform our lives like nothing else! These four classes will demonstrate through lectures, recorded examples and live performances how music and perception of sound are perhaps the most life-enhancing activities we pursue as human beings.

The average person experiences at least four hours of music every day and our musical experiences shape our lives in conscious and even subconscious wavs! Sound is our most primal and experiential sense: as humans we first experience the world "in utero" through sound, and it is the last sense to leave us. Ironically, in today's modern world, we frequently take for granted our wonderful sense of hearing the world.

These classes will help you lead a more engaged and enhanced life through a greater apprehension of music and sound. These four classes will reveal: (1) How the mind processes words, symbols, and music for deeper meaning; (2)

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SENIUK CAK

How to hear color in music: we will explore what Van Gogh and Gauguin "heard" in their paintings; (3) How to navigate sonic landscapes: learn how to listen to music soundtracks in film, television and the concert hall and what you should hear and feel; and (4) Whither music: a sweeping history of why music has been one of the greatest survival tools of humanity.

Led by the ever-engaging tenor, musicologist and raconteur Dunstan, from the American Center for Puccini Studies, these classes will help us discover that we are truly human because we are musical!

Class meets Fridays, Jan. 18-Feb. 8, 11 a.m.-noon. Fee: **\$30. Register at** Clubhouse I.

EXERCISE

1

NEW – Move It or Lose It: Enjoy dancing to the rhythm of a beat? These aerobic exercises will keep you moving and up on your feet.

Movements are designed to promote cardiovascular health

while having fun. Warm up and cool down are designed to strengthen and tone.

Questions? Contact Betty Smith, Certified Group Exercise Instructor, at (301-598-4245).

Class meets Wednesdays, Jan. 16-Feb. 13, 4-5 p.m. Fee: **\$29. Register at** Clubhouse II.

NEW – Zumba Gold with Denny – Mondays **or Fridays:** This program was designed for the older, active adult, a person who has not exercised in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Jan. 14-March 11 (no class Feb. 18), 10:30-11:30 a.m. or Fridays, Jan. 18-March 15 (no class Feb. 15), 1-2 p.m. Fee: \$55 for one day; \$100 for two days, \$150 for three days. Register at Clubhouse II.

NEW – Zumba Gold with Denny – Wednesdays: A new day and time has

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This program was designed for the older, active adult, a person who has not exercised in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Wednesdays, Jan. 16-March 13 (no class Feb. 20), 10-11 a.m. Fee: \$55 for one day; \$100 for two days, \$150 for three days. Register at **Clubhouse II.**

Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement and activities for daily living. Bring your hand-held weights and work at your own pace.



Class meets Mondays (with Shirley), Jan. 7-Feb. 11, and Thursdays (with Sue), Jan. 10-Feb. 14, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Jan. 8-Feb. 12, and Wednesdays, Jan. 9-Feb. 13, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Tap Dancing in a Chair with Carol Neckar: This is a great way to have fun, learn something new and exercise! If you are an experienced tapper and miss it, or a beginner who always wanted to tap, but your body says "no," this is the class for you. For experienced tappers, this will be a "remember when" and an "ain't this great!" review. For beginners, it will be an easy start with the basics, moving to music that will make your feet want to dance. It's really a lot of fun.

Experienced tappers who don't need a chair are welcome to take the class, but all students work from a chair.

No tap shoes are required, but participants must bring a pair of hard sole shoes.

Carol began taking tap lessons at age four, continuing through high school when she taught tap to offset the cost of lessons, and performed in recitals and community theater. In college, she taught dance for the physical education department and, in the summer, continued to perform in local theater. While her career took her in another direction, her love affair with dance has never ended.

If you have questions, call Carol at (301-598-5980).

Class meets Thursdays, Jan. 3-Feb. 7, 4-4:45 p.m. Fee: **\$38. Register at** Clubhouse II.

WATER EXERCISE

Water Exercise with Nancy: Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Jan. 8-Feb. 12, and Thursdays, Jan. 10-Feb. 14, 11 a.m.noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

Non-impact Fusion Water Exercise with Beth: This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Jan. 8-Feb. 12, and Thursdays, Jan. 10-Feb. 14, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Jan. 9-Feb. 13, from 1-2 p.m. Fee: \$36, one day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.

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CALENDAR of Events

Friday, December 21 **Clubhouse I** 10:00 a.m. Book Club Network: **Bookies** 10:00 a.m. Book Club Network: Searchers 12:15 p.m. Kiwanis Club 7:00 p.m. Friday Duplicate Bridge **Clubhouse II** 1:00 p.m. Zumba Gold Class 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge 7:00 p.m. Baby Boomer Movie: "The Leisure Seeker"

Saturday, December 22 **Clubhouse I** 9:00 a.m. Gentle Yoga Class **Clubhouse II** 9:15 a.m. JRLW Services 2:00 p.m. Going It Alone Club: Bingo 7:00 p.m. Sock Hop Dance Group Holiday Party

Sunday, December 23 **Clubhouse I** No Scheduled Activities **Clubhouse II** 10:30 a.m. Jewish Discussion Group

Monday, December 24 **Clubhouse I** 1:30 p.m. Book Club Network: Fall Readers **Clubhouse II** 12:30 p.m. Men's Bridge 1:00 p.m. Chess Club 3:00 p.m. Ping Pong Club 5:30 p.m. Model Railroad Club: **Operating Session**

Tuesday, December 25 **Clubhouse I** No Scheduled Activities **Clubhouse II** No Scheduled Activities

Wednesday, December 26 **Clubhouse I** 9:00 a.m. Gentle Yoga Class 6:45 p.m. Chicago Bridge **Clubhouse II** 1:00 p.m. Chess Club 1:00 p.m. Ping Pong Club 4:00 p.m. Move It or Lose It Class 5:30 p.m. Model Railroad Club: **Operating Session**

Thursday, December 27 **Clubhouse I** 12:30 p.m. Ladies' Bridge 2:00 p.m. Memory Café **Clubhouse II** 9:30 a.m. Quilters Group

12:30 p.m. Men's Bridge 2:00 p.m. Model Railroad Club: **Operating Session**

Friday, December 28 **Clubhouse I** 7:00 p.m. Friday Duplicate Bridge **Clubhouse II** 10:00 a.m. Chinese Club 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge

Saturday, December 29 **Clubhouse I** 9:00 a.m. Gentle Yoga Class **Clubhouse II** 9:15 a.m. JRLW Services 2:00 p.m. Going It Alone Club: Social

Sunday, December 30 **Clubhouse I** No Scheduled Activities **Clubhouse II** 2:00 p.m. E&R Movie: "I Can Only Imagine"

Monday, December 31 **Clubhouse I** 7:30 p.m. Sock Hop Dance Group New Year's Eve Celebration **Clubhouse II** 8:00 p.m. Baby Boomer Club New Year's Eve Party

Tuesday, January 1 **Clubhouse I** No Scheduled Activities **Clubhouse II** No Scheduled Activities

Wednesday, January 2 **Clubhouse I** 9:00 a.m. Gentle Yoga Class 11:00 a.m. Short Story Group 2:00 p.m. Book Club Network: African Heritage 4:00 p.m. LWAAAC General Meeting 6:45 p.m. Chicago Bridge **Clubhouse II** 1:00 p.m. Chess Club 1:00 p.m. Ping Pong Club 1:00 p.m. Aqua Fit Class 5:30 p.m. Model Railroad Club: **Operating Session** 7:30 p.m. Fun and Fancy Theatre Group: Karaoke Night

Thursday, January 3 Clubhouse I 9:15 a.m. Stretch, Tone and Strength Training Class 10:30 a.m. Stretch, Tone and **Balance Class**

Dial 301-598-1313 for recorded Daily Events

Meetings of the LWCC Board of **Directors, Executive Committee and Advisory Committees**

Emergency Preparedness Jan. 3, 9:30 a.m., Clubhouse I **Golf and Greens**

Jan. 4, 9:30 a.m., Clubhouse I

LWCC Board of Directors Board Organizational Meeting, Jan. 4, 9:30 a.m., Clubhouse I Jan. 29, 9:30 a.m., Clubhouse I

> **LWCC Executive Committee** Jan. 18, 9:30 a.m., Sullivan Room

Meeting times and locations are subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Meetings are open to all residents and absentee owners.

Leisure World Mutual Meetings

Dec. 24 **Mutual 23 Board** 10 a.m., Party Room

Jan. 2 **Mutual 8 Board** 11:00 a.m., Sullivan Room

Dec. 27 **Mutual 20A Board** 9:30 a.m., Community Room 1

Jan. 3 Mutual 27 Board 10:00 a.m., Community Room

Meeting times and locations are subject to change. Sign in to (residents.lwmc.com) and check the calendar for any changes. Mutual board meetings are open to respective mutual residents and absentee owners.

10:30 a.m. Essential Tremor Support Group 11:00 a.m. Writer's Workshop 12:30 p.m. Ladies' Bridge 2:00 p.m. JWV and JUFJ Legislative Workshop 3:00 p.m. Stamp and Coin Club Clubhouse II 9:30 a.m. Beginner and Advanced Tai Chi Class 10:00 a.m. Stitching Group 12:30 p.m. Men's Bridge 1:00 p.m. Gilbert and Sullivan Societv 2:00 p.m. Model Railroad Club: Operating Session 4:00 p.m. Tap Dancing in a Chair Class

Friday, January 4 Clubhouse I 12:15 p.m. Kiwanis Club 3:00 p.m. Hispanos de LW 7:00 p.m. Friday Duplicate Bridge Clubhouse II 1:00 p.m. Ping Pong Club 1:00 p.m. Chess Club 1:00 p.m. Friday Bridge

Saturday, January 5 **Clubhouse I** 9:00 a.m. Gentle Yoga Class 10:00 a.m. American Needlepoint Guild (ANG) 7:00 p.m. Sock Hop Dance Group **Clubhouse II** 9:15 a.m. JRLW Service 2:00 p.m. Going It Alone Club: Social

Sunday, January 6 **Clubhouse I** No Scheduled Activities **Clubhouse II** 2:30 p.m. Fireside Forum: Roger Blacklow on America's Labor Unions

KEEP UP WITH YOUR COMMUNITY



Leisure World of Maryland is on facebook at: www.facebook.com/ LeisureWorldofMaryland/



Follow Leisure World on Twitter: @LeisureWorldMd



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STARTERS >			
Fried Oysters \$13 cocktail sauce	Fish or Beef Tacos (3) \$12 pico de gallo/avocado		
• Fried Calamari \$13 marinara	Pei Mussels \$12 wine and butter sauce /garlic toast		
• Gravlox	Shrimp Provencal		
FRESH MADE SALADS			
• Seafood Salad \$17 market fresh fish/shrimp/mixed greens	Lyonnaise Salad \$14 warm frisee salad/bacon/poached eggs		
Steak Salad \$17 mixed greens/tenderloin/red onion/egg	Poached Pear Salad \$12 red wine poached pear/bleu cheese/walnuts		
CERTIFIED BLACK ANGUS "1855" CHOICE BEEF We now feature several dishes of '1855' Beef - a high-end choice product - we think you will enjoy!			
• Filet Mignon	New York Strip6 oz. \$16 8 oz. \$21 rainbow fingerling potatoes/mixed green salad		
• Grilled Rib Eye	Surf and Turf		
baked potato/roasted brussels sprouts/red wine butter • Beef Short Rib	New York Strip Chesapeake \$23 6 oz. cut/crab imperial/hollandaise		
Roasted Chicken \$12 creamy polenta/sauteed green beans/reduction jus	Jumbo Shrimp Risotto \$20 tomato/mixed veggies		
• Grilled Lamb Chops(2) \$16 (3) \$23 mashed potatoes/roasted rainbow carrots/red wine demi	Maryland Crab Cakes(1) \$15 (2) \$23 french fries/frisee salad		
Chicken Pot Pie \$14 roasted chicken/peas and carrots/mushrooms	Shrimp and Grits \$23 five jumbo shrimp/polenta cake/bacon		
Grilled Pork Chop \$18 sweet potatoes/roasted brussels sprouts	Grilled Salmon6 oz. \$15 8 oz. \$22 french fries/frisee salad		
Poached Cod \$20 artichokes/roasted potatoes	 Seafood Marmite		
Seared Scallops (5) \$23 butternut squash puree/warm salad			
∜ VEGETARIAN »			
Mushroom Risotto \$12 risotto/mushrooms/asparagus	• Veggie Plate \$10 fingerling potatoes/glazed carrots/portabella mushrooms/kale		

Menus are also available on (residents.lwmc.com). All menus may be subject to change.

Clubhouse Grille Hours: Tues. – Sat.: 4 p.m. – 10 p.m. | Sundays: 9:30 a.m. – 3:30 p.m. Stein and Terrace Room Hours: Sunday: 9:30 a.m. – 8 p.m. | Mon.– Tues.: 9 a.m. – 8 p.m. | Wed.– Sat.: 9 a.m. – 9 p.m. For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331

CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

For information on placing advertisements in the Leisure World News, email (lwnewsads@, lwmc.com) or call (301-598-1310).

ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/ clean up. (atticllc.com) Gary - (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC - I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment. Janet Ray



(301-384-3198), (wishalot10@aol. com).

REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

Announcing a NEW REAL ESTATE PARTERSHIP, Sue Heyman, Rick Winkler, and Sudha Baxter. Rely on our combined strengths, Top Weichert Producers, plus backgrounds in Teaching, Tax and Business. We are located at the Leisure World Plaza Weichert Office and have personal knowledge of the Community from the investor and resident perspective. Our current listings in Retirement Choices are "Coming Soon": 3BR, 2FB 2-car garage patio home; 2BR. 2FB allbrick co-operative townhome, updated with golf course view;

Cheryl's Organizing Concepts home organizing: Managing Paperwork Eliminating

Closets, Kitchens and more (301) 916-9022 www.CherylsOrganizing com \$25 senior discount on first visit for Leisure World residents

1BR, 1FB garden apartment, level entry. In Rockville, "Coming Soon": Norbeck 3BR, 2.5FB, 3 fin levels. In Silver Spring, "Active Now": Sherwood Forest, Dutch colonial, 4BR, 2.5FB, exquisite lot, updated! Call with questions about these fine properties and for your free competitive analysis. Office (301-681-0550), Sue (301-580-5556), Rick (301-404-3105), Sudha (202-368-8536).

LARGEST UNIT IN LW. Over 2,200 sq. ft. No need to downsize, bring everything! Great for entertaining or living with the in-laws! 3 bedrooms and 3 full baths. 2 balconies with outstanding sunrises and sunsets! Completely updated for the pickiest purchaser. Hardwood floors, new windows, fresh paint, Updated kitchen with granite counters. A must-see. Long and Foster, (301-548-9700). Call Eve Marinik (301-221-8867), Greg Marinik (240-994-5258).

FOR SALE

FOR SALE: ANTIQUE FRENCH country furniture, Louis XV style, from Provence and Brittany: 'bonnetière' armoire, settee, buffet, tables, armchair, 6 dinner chairs with rushed seats and ladder backs and Pierre-Deux fabric cushions. music cabinet, bookcases, cretonne fabrics, tablecloths and runners, lamps, pictures, vases. Also circa 1960 re-editions of complete collections of French classic literature authors (Hugo, Balzac...) in 155 volumes, French teaching methods, music material, cookbooks and lots of U.S. reference books. Must see! Call Claude, French retired teacher at Rochambeau Lycée, at (301-288-4972). Evenings in LW.

PIANO FOR SALE. Chickering. Excellent condition. Console. Matching bench. \$750 or best offer.

and memory care with

SILVER SPRING

13908 New Hampshire Ave

A Whole Lotta Heart

Assisted living

Will consider donating to school or church. (301-438-8999).

CLUB CAR (Precedent Electric) 2014. New batteries, new head/tail lights, HD rear springs, new tires, extended top installed, Doorworks Sunbrella with WindSeal kit installed, single-point water system with hand pump, 5-panel rear-view wide mirror, new windshield, turn signals. Bought in February 2018. Not used by this owner. Contact Vinetta (301-598-3248). Come to see and make offer.

2019 NATIONALS TICKETS. Looking for someone to take over or split my 40-game plan. Most games are Tuesday/Friday/ Sunday. Norfolk Southern Club, Section 209, seats 7 and 8. ADA seats, one cushioned folding chair, removable for wheelchair or pull back to stretch legs, and one regular cushioned seat. Under overhang, only row in section. Accessed through air-conditioned/heated lounge area with sofas, food court, bar, nice restrooms. Other perks include dedicated park entrances and reward points for more tickets, upgraded seats, tours, lectures or just buy Nats "stuff". Tickets are easily traded if you have a schedule change. Price is \$6,400 for 40 games or \$3,200 for 20 games, which works out to \$80/seat/game. Post season option as well. Contact Anne Nelson, (anelson2929@gmail. com).

RETAIL SALES

SCHAEFFER'S PIANO COMPANY. Founded 1901, Fourth generation family ownership. New Kawai dealer. New and used pianos-Steinway, Kawai, Yamaha, Schaeffer. (schaefferspiano. com). (301-424-1144)

CEMETERY PLOTS

PARKLAWN MEMORIAL PARK and MENORAH GARDENS. 1200 Veirs Mill Road Rockville, MD 20853, no.: (301-881-2151). Four premium burial sites located Block 10 Lot 5, sites 1-2-3-4. Prime location, must see. Current retail value \$36,780. Asking \$18,000 or reasonable offer. Please call Al Briggs (301-252-7459)

TWO PREMIER PARKLAWN CEMETERY lots. Located in section 4, on top a gentle hill, in a quiet wooded setting, and near the Veirs Mill Road entrance. \$3,000 each or two for \$5,000. Call Doug (301-908-3220).

AUTO SALES

2009 CHEVROLET COBALT LT. 1 owner, only 4,680 miles. 4 door, power windows. New battery. MD inspected. I will buy your car even



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if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

2004 TOYOTA CAMRY LE. Only 40,300 miles. MD-inspected. Like new. New battery. Leather interior. \$7975. I will buy your car even if you don't buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

AUTO SERVICES

NEW LEVEL AUTO SERVICE. European, domestic and Asian cars. 716 East Gude Dr., Rockville, MD 20850. Complete auto repair, electrical problems, computer diagnostic. ASE-certified technicians with more than 15 years of experience will prepare your car for the winter at a reasonable cost for service. Call us today (301-762-1200). Ask for Christian. We have senior discounts and free shuttle to metro station. Maryland Vehicle State Inspection for only \$59.99. (www. newlevelautoservice.com)

TRANSPORTATION SERVICES

YOUR PERSONAL DRIVER is here: Lifelong local resident. Reliable, competent service. Safe, accident-free driving record. Comfortable, clean vehicle; can seat from one to six passengers. Airports, cruiseports, trains, theatres, casinos, restaurants, appointments. Anywhere... including long distance trips to other states. Reservations available 24/7. Call 7 a.m.-10 p.m. with questions or to schedule your ride: Steven Saidman. Cell/text: (301-933-8899). Email: (Steve.Your. Driver@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 100 satisfied customers from Leisure World. Call all night for emergencies also. Larry Kraft (240-743-8287).

CAREGIVING AND HEALTHCARE

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are "certified nursing assistants."

"A" HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

FLAT RATES, ONE WEEK FREE. "Care You Can Trust and Afford." Reliable, experienced caregiver providing hygiene care, medication reminders, meals, housekeeping, errands, appointments etc. Full/part-time, live-in, overnight or weekend. Call today: (301-490-1146)

ELDERLY CARE: Over 10 years' experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

CAREGIVER with more than 14 years of experience with seniors and people with special needs. I provide safe, respectful, loving, skilled care towards every one of my patients. I will deliver peace of mind to family members by keeping their loved ones safe while also protecting their independence and preserving their dignity. I give detailed information and pay close attention to my clients and to the families' needs. I have taken care of many people from family members, friends, and clients in facilities to group home members and privately cared for patients. Whatever the needs may be, I strive to go above and beyond my call of duty. Life is a treasure and if I can provide life or encouragement to

anyone, or let them know that they are still loved and living with grace and dignity, I am that Angel. (240-883-8933) (brownzebra@hotmail. com) Shift: night

FANTASTIC ELDER CARE PROVIDERS: Ruth Wilson (202-460-0302), Aminita (Amy) Diane (240-388-7135). Highly skilled, compassionate in-home care, available for private hire. \$20/hr. Everything from companionship and help with errands and meals, to full bed-bound care. We can't recommend these 2 ladies highly enough. Always on time, always providing quality care with dignity and respect. Recommended by the Lindstrom family

HELLO, IT'S ROSE. CAREGIVER with over ten years' experience. Certified as a CNA and in first aid, CPR. Have clean background check, tuberculosis screening. Worked with agencies, Montgomery Hospital, private duty. Full-time or part-time, live-in or -out. Please call if you need help with your loved one (240-855-2994) any time. Thank you

RELIABLE, AFFORDABLE and SAFE caregiver to care for your loved one at home; light meal preparation and transportation. Driver license #T460585784974. (240-855-1104), (240-722-8238).

SEEKING ELDERLY CARE. CNA, 16 years' experience. Honest, reliable and hardworking. Character

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Our fellowship-trained experts are here to help, step by step.

If hip or knee pain is keeping you from doing what you love, world-class specialists at the MedStar Orthopaedic Institute are here to help. Let us stop your joint pain by getting to the source of it. Our team of the area's most respected fellowship-trained surgeons, expert nurses, and rehabilitation specialists works together using the most advanced surgical and nonsurgical methods and pain management techniques to help you achieve real relief. You'll find that today's treatments are less invasive than ever, and our coordinated care means that all your questions are answered—so you know what to expect every step of the way.

Reach out and discover what we can do for you.

Call 301-774-8958 or schedule an appointment online at MedStarMontgomery.org/OrthoCare.

MedStar Montgomery Medical Center references available. Available day/ night. Contact Abie at (240-551-3354).

CAREGIVER/COMPANION. CNAs, Jeannette or Magda, offering personalized care, medication reminders, meal preparation, shopping, errands, light housekeeping. Over 10 years' experience in Leisure World area. Background check and references available. Minimum 4 hours. (301-675-1383), (240-604-1212).

MARIE BAH. Very caring person with 15 years' experience in senior care. Board-certified nursing assistant in both Maryland and Virginia. Love and cherish every single second spent with senior citizens. Very flexible and adapt very easily. Excellent references from families I worked for. (240-694-5950).

CNA —with 25 years' experience. Seeking position to care for sick/ elderly. Good references available Monday–Friday and weekends. Days or nights. Full/PT. Have my own transit. Call (301-442-9324).

TRUST HOME CARE, INC. A reliable/affordable home care agency with screened caregivers. Specializes in personal care, companionship, med reminders, errands, live-ins, meal-prep and much more. (240-432-8461) for a free assessment.

COMPASSIONATE AND DEPENDABLE CNA with CPR and

first aid certificate. Have many years of experience and skills. Provide exceptional daily living services with high regard for your privacy. Available to start immediately. Call Susan at (240-423-5717) or email at (susanpinas@yahoo.com).

CNA. Over 11 years' experience. Honest. Dependable car. I live 5 minutes' drive from LW. Cooking, cleaning, shopping, drives to doctors' appointments. Reference available. Available anytime, full/part-time. (betfasil@gmail.com), (202-594-1997).

AN "ANGEL" of an experienced aide helped my father his last 3 years, and is now available for hire. For references, please contact Barbara Southworth, (703-721-0734), (blenisouth@gmail.com).

CNA — 25 years' experience. Loving, caring, reliable, looking for full or part-time work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

CAREGIVER WITH CNA license and 8 years' experience. Available to work daytime, nighttime and weekends, full-time or part-time. Have own transportation. (240-715-8189).

CERTIFIED NURSING ASSISTANT. Over 12 years' experience with elderly. Reference available. Providing hygiene care, meals, light housekeeping. Call (240-701-9788).

CNA with 25 years' experience in healthcare and home care. CPR,

BLS and AED. Management of clients' personal care: bathing, dressing, feeding, oxygen therapy, PT, WC, prescription oversight and companionship. Own my transportation. Available all hours. Price negotiable. (240-277-2452).

ASSISTED LIVING

2 RN's ASSISTED LIVING LLC is a small, independent company owned by 2 RN's, licensed, and with 38 years' experience and specializing in elderly care, disabled to meet their special needs; longand short-term stays, dementia, respite care, hospice care, acute post-hospital care. We focus on health and safety for our residents. We advocate elderly care. Our passion is to provide a high quality, individualized care with caring and loving environment. We do handson nursing care. Please contact Pat, RN, for free consultation, at (301-338-4015) or (patyusingco@yahoo. com).

GENERAL SERVICES

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins, gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private home-based business. If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/ vet appointments. I am a 55-yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

HOME SERVICES

KITCHEN AND BATHROOM Remodeling – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML

We Provide Compassionate Urology Care for the Residents of Leisure World.

Chesapeake Urology is conveniently located at 3801 International Drive in Silver Spring, just around the corner from Leisure World.



Richard A. Kurnot, M.D. General Urology for Men and Women



Cheryl Shih, M.D. General Urology for Men and Women: English, Mandarin Chinese. Spanish



Vik Uberoi, M.D. General Urology for Men and Women: English, Hindi, Spanish



Anup A. Vora, M.D. General Urology for Men and Women: English, Hindi, Gujarati, Spanish



The most personal care for life's most personal issues.

301-598-9717 ch

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Prostate, Bladder and Kidney Cancers and Conditions • Kidney Stones • Erectile Dysfunction • Urinary Tract Infections • Pelvic Pain • Bladder Control Conditions • Enlarged Prostate Female Urinary Incontinence • Pelvic Organ Prolapse • IC/Painful Bladder • Pelvic Pain Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

STAIR LIFTS: Never walk up steps again! Buy new or certified preowned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@ msn.com) (www.continentalmovers. net).

RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carlos Gomez (301-305-4727).

SMALL MOVES AND TRASH-OUTS. Leisure World experienced. Can take items to donation center. Reasonable and insured. Patrick (301-332-4872).

ASK YOUR HANDYMAN: painting, hanging pictures, carpet stretching, cleaning carpet, pressure washing and more. Ask for Jesse Morales at (301-747-5054).

COOPER REFUSE–JUNK REMOVAL. Prices starting as low as \$65. Lifting and loading from wherever the item is located. Donation or recycling of all qualified items. Call today and save (301-996-7704)

CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807)

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean & dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

HOUSECLEANING – 22 years' experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

UNITED CLEANING GROUP has been a trusty cleaning company used by several Leisure World members over the past 3 years. Call us for your free estimate today! We offer both apartment and home cleanings, garden work and power-washing services. We are extremely flexible: 7 days a week to accommodate your schedule. Give us a call at (240-498-2748) and/or (301-881-0695). We hope to hear from you soon!

HOUSECLEANING — Sara (240-477-2104) will thoroughly clean your home for a fair price; all supplies included. I am one of Sara's satisfied customers. Call me, Jackie (301-598-3711), for references.

THE JOY OF CLEANING: Weekly, bi-weekly, monthly, one time move in/move out. Reliable. Reasonable rates. Quality work serving area over 10 years. (240-393-9863)

COMPUTER HELP

COMPUTER SERVICES – Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, Business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back-up, and retrieve important data, photos, and music. Have served over 700 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

COMPUTER LESSONS / SERVICES - Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English — no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Call David at (301-980-5840). COMPUTERTUTOR

FIX YOUR COMPUTER — LW residents \$50 any problem — Fix it or it's FREE. (301-802-6633) Easy Elder Tech

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services, (301-438-3140). NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

HOUSE CALLS LLC. Beth Albaneze, CTRS, CPRP, Owner. We come to your home for your convenience when faced with acute or chronic life issues. All our services are under one umbrella with a variety of professionals to choose from: Counselors, Advocates, Resource Experts, Life Coaches, Recovery Specialists, Recreation Therapists, Insurance Advisers. Contact Beth at (301-346-6732) or (callingonbeth@gmail.com) web: (www.callingonbeth.net)

MAKE YOUR WRITING the best that it can be! Consult Suzelle Fiedler, copyeditor and proofreader. I copyedit and proofread promotional materials, research papers and more. For more information, visit (https:// sfproofreader.com) or email (sfproofreader@gmail.com).

BEAUTICIAN: I can do your hair in your own home. Can also remove unwanted facial hair. 45 years hair styling experience. LW resident. Gity (301-642-7281).

LICENSED HAIRSTYLIST living in LW. Available days, evenings. My place or yours. Shampoo, cut, color, highlights and styling. 30+ years' experience includes hospital and international clientele. Call Nadia (571-274-1956).

PET CARE

PET FRIEND MD. Ligia Flores. Reliable and affordable pet care services. Over 15+ years of veterinary experience. References available upon request. Email: (petfriendmd@gmail.com), phone: (240-353-8221). Please leave voicemail or text/email.

DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to Fair Market Value! (www.Cars2donate.org) or (240-740-2050).

BOOK DONATIONS WANTED for the American Association of University Women (AAUW) Annual Spring Book Sale in Gaithersburg. To support local scholarships for women and mentoring program for girls and women. Fiction and nonfiction, hardback and paperback, audio books. Art, kids', cooking, foreign languages, gardening, history, mystery, sci-fi, science, women's studies, African-American & Jewish interests, etc. Pickups can be arranged in and near Leisure World. For more information call Liz at: (301-840-1258)



877.224.2294 www.yourscootershop.com

Now located inside the MedStar Medical Center at Leisure World. Call today to schedule an appointment with our sales and service staff for new equipment, rentals, or repairs. We provide in-home evaluations and repairs.

Hours of Operation: Monday - Friday 10am - 3pm APPOINTMENT ONLY PLEASE, No Walk-Ins

ACTIVITY OPPORTUNITIES

MUSICIANS WANTED. Classic rock, rock and roll, and blues band looking for a drummer and second guitarist to join an established band. We are all in our 60s and plan to gig out in public once or perhaps twice a month. Must have own equipment and transportation and be able to practice (close to Leisure World) once a week. Vocal ability preferred. Serious inquiries only. Rich (301-466-0020) or (dcbread57@gmail.com).

CHAMBER MUSIC. Amateur violinist, member of ACMP, Intermediate + Level, is interested in playing in a string trio, piano trio, or string quartet. 17 years' experience playing in the same amateur group in South Florida. Available daytime and evenings. Richard Labonski, 15320 Pine Orchard Drive, #3H, Telephone (301-598-3407).

DISTINGUISHED FLYING CROSS SOCIETY. The organization's president, Lawrence Goldstein, is a Leisure World resident. He invites any resident who has received the Distinguished Flying Cross to join. Contact Larry (larr914@gmail.com), (301-847-9745).

SCRABBLE CLUB FOR

WOMEN—seeking a few new members— Club meets at founder's LW home on Thursday nights twice a month 6:30-8:30+ p.m. Typically 1-2 tables are playing using 'official Scrabble rules' and members bring snacks, dessert or wine. Hostess serves coffee, tea and sodas. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call ((571-236-1775) in MD in LW).

BOOK CLUB FOR WOMEN seeking a few "Serious Readers": 15+ year-old club reads awardwinning fiction and meets at founder's LW home the second Sunday of the month, 5:30-7:30 p.m., for potluck dinner and discussion. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775 (in MD–LW)).

KNITTING AND NEEDLECRAFTS GROUP: 10+ year old club meets every Sunday, 2-5 p.m, with typically 8-12 crafters (any needlework is fine) at founder's LW home. Beginners to seasoned are welcome. Snacks and drinks are served. Please email a bit about yourself including phone to Polly at (pfields@career-strategies-inc. com) or call (571-236-1775 (in MD– LW)).

FILM GROUP FOR WOMEN forming: Seeking 10+ members to watch/discuss 'Bethesda Row' caliber movies at founder's LW home. Meet every 3 weeks on Saturdays, 6:30-10:00 pm. Members bring snacks or wine. Hostess serves drinks. Email a bit about yourself including phone to Polly at (pfields@career-strategiesinc.com) or call (571-236-1775 (in MD–LW)).

VOLUNTEER OPPORTUNITIES

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of 3-4 hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. E-mail (alena.biagas@habitatmm.org) or call (301-990-0014 x 16) if you are interested in volunteering.

VOLUNTEER WITH

REPRESENTATIVE PAYEE! Representative Payee helps lowincome persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@ mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact (volunteer@ mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639). THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@ seniorconnectionmc.org) to learn more.

HELP A CHILD! In just one-two hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@ AccessJCA.org).

BLANKETEERS — Love to knit, crochet or quilt? Project Linus donates handmade blankets to Montgomery County children needing comfort. Contact (projectlinus.mc@ gmail.com) for more info, free yarn and fabric, and blanket requirements.

ENGLISH AND MATH TUTORS needed! The Literacy Council of Montgomery County offers oneon-one and small group tutoring, intensive English classes and a new GED program. No experience necessary. We provide materials and training. Sign up online at (www. literacycouncilmcmd.org) or call Ashley France at (301-610-0030).

PET FOSTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a dog or cat until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or (www. animalalliesrescue.org). Follow on Facebook. AARF is 501 © (3) all volunteer non-profit.

NOTICES

KEEPING SENIORS SAFE — KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

UPCOMING EVENTS

ASPEN HILL PUBLIC AFFAIRS FORUM — featuring Leisure World's newly elected members of the State Legislature (Sen. Ben Kramer and Dels. Charlotte Crutchfield, Bonnie Cullison, and Vaughn Stewart) — will be held on Thursday, Jan. 3, at 7:30 p.m., at the Aspen Hill Library, 4407 Aspen Hill Road. The legislators will talk briefly about their vision for the upcoming session of the legislature and then take questions from the audience. For more information, call (301-871-1113) or e-mail (aspenhill@folmc.org).

"SEE ME" at the Smithsonian. The experience of looking closely allows us to appreciate beauty, exchange ideas or simply respond to the work in front of us. Smithsonian invites individuals living with dementia, together with their care-partner, to join us for tours highlighting the joy of close-looking. Free; registration required. Contact Smithsonian Accessibility Program at (access@ si.edu) or (202-633-2921). Museum of American Art: Wednesdays, Feb. 6, March 6, April 3. Freer Sackler Gallery: Wednesdays, Jan. 16, Feb. 20, March 20, April 17.

WANTED

FAST CASH FOR USED CARS — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com)

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755)

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. Gold 4 Good pays an additional five percent to all sellers who are veterans of the US Army, Air Force, Navy or Marine Corps. And we extend the same courtesy to their spouses. We honor our servicemen (and their spouses). Gold 4 Good is a Maryland licensed precious metals dealership, not a pawnshop or private homebased business. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

CASH FOR RECORDS, CDs, and tapes. Best price guaranteed. Free appraisals. All types of music, 33, 45, 78 and CDs. Call Steve (301-646-5403) or email (Stevebuysrecords@ gmail.com). Will make house calls.

PARKINSON'S POINTERS

"COMMON MISCONCEPTIONS ABOUT PARKINSON'S'

A FREE, LIVESTREAM EVENT FOLLOWED BY A QUESTION-AND-ANSWER SESSION

Presented by Kelly Mills, MD, MHS, director, Neuromodulation and Advanced Therapies Clinic and Assistant Professor of Neurology, Johns Hopkins Hospital and University

THURSDAY, JANUARY 10 · 6:30-8 P.M. CHECK-IN & HORS D'OEUVRES · 6 P.M.

BROOKE GROVE REHABILITATION AND NURSING CENTER 18131 SLADE SCHOOL ROAD • SANDY SPRING, MD 20860

A host of myths and misconceptions surround the complex issues involved in the diagnosis and treatment of Parkinson's disease. Discover the truth on topics such as the tests needed for diagnosis, whether or not Parkinson's is a genetic disorder, timing for the initiation of levodopa therapy and more.

For more information or to register, contact Toni Davis at 301-388-7209 or tdavis@bgf.org by January 8.

BUS TRANSPORTATION TO THE EVENT WILL LEAVE CLUBHOUSE #1 AT 5:30 P.M.





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