

# Argentinian Chef Adds Latin Flair to Restaurant's Menu



Hugo Lopez, new head chef at the Clubhouse Grille, prepares the restaurant's filet mignon. Photo by Stacy Smith, Leisure World News

by Stacy Smith, Leisure World News

In just short two months, Hugo Lopez rose from new hire to head chef at the Clubhouse Grille restaurant in Clubhouse I. Lopez, a chef for 25 years, has worked in the top spot in the restaurant's kitchen for about two weeks, keeping many of the menu's staples but infusing other items with the flavorful tastes of South America and the Mediterranean, which can include Greek, Spanish, Italian, Turkish and French cuisine. His favorite food to cook is beef, which he said has a distinctive flavor depending on the type of cow and country it comes from. Some of the items restau-

rant-goers might expect to find on the menu in the coming weeks include "bife de chorizo" (sirloin strip steak) and Argentinian "asado" (barbeque), which he described as his specialty. He also hopes to offer patrons a different soup option every day, and new happy hour appetizers. Lopez, who is originally from Argentina, has a passion for cooking that's in his blood; both his father and grandfather worked as chefs in his homeland. He has worked in restaurants in such diverse places as Italy, Brazil, Chile and Washington, D.C. He uses fresh produce and insists on making sauces and other items from scratch for

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# Golf Swings into Action; Board Considers Communications

by Stacy Smith, Leisure World News

The golf course increased revenue in 2017 by more than \$16,000 compared to 2016, reported Golf and Greens Advisory Committee chairperson Brenda Curtis-Heiken at the Leisure World Community Corporation (LWCC) board of directors meeting Jan. 30. This marks a reversal of more than ten years of stagnating revenue for the course, which had operating expenses of approximately \$551,000 in 2017. Golf course revenue includes merchandise sales, annual memberships, cart rentals, and other golf course fees. Two years ago, the LWCC board of directors requested that the Golf and Greens Advisory Committee present a plan to increase Leisure World's golf revenue and participation. The uptick in sales comes after a year of implementing new marketing strategies and promotional materials that includes, among other things, the addition of a golf webpage on Leisure World of Maryland's public website, contemporized calendars, scorecards and other print materials, and the inclusion of rebranded athletic and casual clothing and other merchandise available for purchase at the Pro Shop.

The goal is to remind all residents that they and their guests have access to the golf course, even if they don't pay annual fees, said PGA Golf Pro Richard Rosenthal. "You don't have to be a member of anything; you just come out and play," Curtis-Heiken added. The golf course also hopes to ride its wave of success into the 2018 golf season, which unofficially begins in mid-March, by contacting 2017's 41 trial members and encouraging them to become annual members. In the meantime, residents are welcome to stop by the Pro Shop to check out the sale on clothing that runs through February. Some of the plans being considered by the Golf and Greens Advisory Committee and management for the upcoming 2018 golf season include:

- a 9-hole afternoon special for residents and their guests only (after 3 p.m.)
- Father's and Mother's Day promotional events for residents and their families
- "Demo Days" for golfers to test out sporting goods and other equipment provided by Ping and Callaway companies
- a free opening day clinic for Ladies' Groups
- reduced play rate for

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Two forums about strategic planning for Leisure World are held later this month. For details, **see page 3.**

# Updated Site Plan Comes to Mutuals

by Leisure World News

Leisure World Maryland Corporation general manager Kevin Flannery and project manager Nicole Gerke are presenting a brief overview of the Administration Building and Clubhouse I Site Improvements plan at each of the 29 mutuals.

Residents can expect to hear the presentation at their mutual's February or March board meeting, or during another specially scheduled meeting. Residents can contact their mutual assistant for the date and time of their mutual's site plan presentation.

Gerke will also explain updates to the plan based on points discussed at meetings

with the Maryland-National Capital Park and Planning Commission (M-NCPPC) planning board and staff. At the end of the presentation, residents are invited to ask questions or make comments.

Upon completion of these meetings, management will report to the Leisure World Community Corporation board of directors on the results.

The M-NCPPC planning board hearing for the Administration Building and Clubhouse I Site Improvements Plan was held on Nov. 30, 2017, and the planning board elected to defer a final vote on the project.

A second hearing is expected to be scheduled in March.

# Feb. 7: Weekly Tax Prep Appointments Begin

by Bob Bridgeman

ARP Tax-Aide Program volunteers can help residents prepare their taxes every Wednesday beginning Feb. 7, with appointments from 8:45 a.m.-2:45 p.m. in Clubhouse I.

Sign up for a free appointment by calling (301-598-1300) or dropping by the Clubhouse I E&R office.

All volunteers are certified by the IRS and State of Maryland and can do most returns, with a few exceptions.

Residents who are self-employed and have either a home office or business expenses greater than \$25,000 are not eligible for the program.

Taxpayers with real estate income may also be ineligible

for assistance.

Volunteers can prepare both state and federal returns for residents who have moved to Maryland in the past year, however; volunteers will need to have the non-Maryland return reviewed by a certified preparer from the state in which it is from.

## What to Bring

Residents are asked to bring all tax documents and copies of last year's tax return to the appointment. Please note that residents with stocks or bonds may not receive those documents until the end of February.

After the IRS reviews the return, residents are asked to return the week following their appointment to sign the return and receive a copy.

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OF MARYLAND



# Dining Location to Change Temporarily

Terrace and Stein Room patrons will be temporarily relocated to the Maryland Room in Clubhouse I beginning Monday, Feb. 5, through Thursday, Feb. 8, to accommodate repairs and flooring replacements that will be made inside the restaurants. Service hours will be unaffected by the temporary relocation.

– Leisure World News

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# Leisure World News OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Advisory Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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and Alan Goldstein

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## Board

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police, firefighters and active and retired military

### Communications

The board resolved to direct management, in collaboration with the Communications Advisory Committee, to develop a comprehensive plan for improving communication with residents and potential residents.

Ken Muir, a proponent of the resolution, recommended providing breaking news related to Leisure World to residents through the resident website, email and other avenues of communication.

The plan should be completed and presented

to the board in June, with an interim progress report presented in April, and include implications for the 2019 budget.

### Other Agenda Items

- Leisure World Maryland Corporation general manager Kevin Flannery reported a positive trend in property transfers, from 390 in 2013 to 421 in 2017.
- A resolution to direct Leisure World management to expand the mutual component of the (www.leisureworldmaryland.com) website beyond the current proposed mutual bylaws to include more mutual-specific information failed to pass.

other members of his kitchen staff.

"I listen to the customer," he said. "I want to know their preference."

The Clubhouse Grille is open Wednesday through Saturday, from 4-10 p.m., and offers brunch on the last Sunday of each month from 10 a.m.-3 p.m.

## Chef

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better flavor.

"I don't like to use any cans," he said. "Give me fresh tomatoes, fresh basilico (basil)."

Lopez said he believes in good customer service, a personal philosophy he emphasizes to the

## Special Strategic Planning Committee

# Feb. 20 and 21: Strategic Planning Forums

by Leisure World News

All residents are invited to contribute their thoughts and suggestions at two forums that will be held to discuss strategic planning for the Leisure World community.

The Special Strategic Planning Committee (SSPC) presents the forums on Tuesday, Feb. 20, at 2 p.m. and Wednesday, Feb. 21, at 7:30 p.m. Both forums are in the Clubhouse II auditorium.

The Committee will deliver a PowerPoint presentation about the strategic planning process, its goals and the resources needed to achieve

them. The Committee's goal is to preserve and enhance the appeal of Leisure World for current and prospective residents in future years.

At the end of each forum, residents are encouraged to ask questions and provide their ideas and feedback.

In April 2017, the Leisure World Community Corporation board of directors tasked the SSPC with developing a long-range strategic plan to address Trust facility upgrades, infrastructure, organizational support and financial requirements, and recommend steps for implementing the plan.



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## MedStar Departure

Nurse practitioner Tania Marek leaves MedStar Health medical center's urogynecology department at Leisure World, effective Saturday, Feb. 17.

Patients who would like to continue their care after Marek's departure are encouraged to schedule an appointment with Dr. Cheryl Iglesia, Dr. Robert Gutman, or Dr. Andrew Sokol by calling (202-877-6526) and selecting option one.

— Leisure World News

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## RECYCLING REMINDER

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From the Sanitation Department

## Great Photos with the iPhone

by Fred Shapiro

With technology changing the way many people take photos, the Center for Lifelong Learning (CLL) and the Rossmoor Camera Club present a program by Ron Masi entitled, "Great Photos with the iPhone" on Thursday, Feb. 15, at 2 p.m. in Clubhouse I.

Masi has presented several classes on Apple computers and the iPhone camera that have been well received. His approach is to stay away from

the scary words, such as "f-stop" "aperture," "shutter speed" and "IOS," and focus instead on getting a great image while letting the iPhone take care of the rest.

He'll cover 18 specific features to use to improve pictures. Masi uses the iPhone for illustrations, but android phones have similar features. His presentation



Ron Masi. Photo by Fred Shapiro

has been updated to cover features in the latest operating systems and newest iPhone.

The program is also an effort to encourage residents who do not use cameras, but are proficient in the use of their iPhones or androids, to participate in the Rossmoor Camera Club's meetings and competitions.

Masi has been active in many clubs, including five

years as president of CLL, 10 years with the Computer Learning Center, 10 years with the LW Apple Club and nine with the Rossmoor Camera Club. He is also webmaster for the Camera Club (<http://www.rossmoorcameraclub.com>) and the LW Apple Club ([mac.Computerctr.org](http://mac.Computerctr.org)).

Masi retired after 22 years with the U.S. Department of Veteran's Affairs. Before that, he served 21 years in the U.S. Air Force. He lives at The Overlook with his wife, Ingrid.

## ■ Center for Lifelong Learning (CLL)

## How Hearing Loss Affects the Brain

by Fred Shapiro

When people think of hearing loss, they may think of people who turn up the TV too loud, ask people to repeat themselves, or have trouble following conversations in noisy places. But the effects of hearing loss go much deeper than that, affecting the functioning of the brain.

Dr. Julie Ambrose, Ascent Audiology & Hearing, addresses these issues in a Center for Lifelong Learning (CLL) program on Tuesday, March 13, at 1:30 p.m. in Clubhouse I.

There is no charge for the

program, but residents are requested to register with the Clubhouse I E&R office to obtain a ticket. Registration begins on Tuesday, Feb. 6, at 8:30 a.m.

During this lively presentation, Ambrose will discuss how:

- prolonged hearing loss can result in dementia
- hearing loss is linked to depression and anxiety
- other health ramifications of hearing loss can affect patients
- many patients with hearing

loss are misdiagnosed with a variety of other conditions

- a simple hearing screening can get to the root of the problem and point to effective solutions



Dr. Julie Ambrose, courtesy photo

Ambrose enjoys working with patients across all age groups. As a hearing healthcare specialist, she makes an active effort to understand each person's listening needs and works with each patient to develop a tailored solution.

Ambrose believes that

knowledge is the key to success, and strives to educate and counsel her patients about hearing loss, amplification options and realistic goals and expectations.

Her favorite part of being an audiologist is developing ongoing professional relationships with patients and seeing the quality of life changes that result from successful hearing aid fittings.

Ambrose earned her bachelor's of science degree in communication sciences and disorders from James Madison University, and her doctorate of audiology degree from Towson University. She is a Virginia state-licensed audiologist and is certified by the American Speech-Language-Hearing Association.

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# Reminders for Residents with Hand-held Fire Extinguishers

by Emily Geller

In the interest of personal safety and minimizing property damage, residents are advised not to rely on fire extinguishers, said James Resnick, Montgomery County Fire and Rescue Service (MCFRS) retired battalion chief.

Many times, fires grow exponentially, property damage is increased and people are killed or seriously injured when well-intentioned but untrained persons try to fight a fire with an extinguisher, and delay calling 911.

During a fire emergency, MCFRS recommends residents take the safest course of action by removing themselves from fire and smoke

and immediately calling 911.

Residents are also reminded that personal, hand-held fire extinguishers require maintenance and proper disposal upon expiration.

## **Maintaining a Fire Extinguisher**

MCFRS does not service any type of fire extinguishers for commercial or private use. Owners should follow the manufacturer's guidelines for service.

Owners should inspect the extinguisher at least once a month to ensure that it is fully charged according to the indicator on the pressure gauge. Owners should also check that the lock pin is firmly in place, that there is no evidence of dents, damage or corrosion

and that the nozzle is clean and unclogged.

If the extinguisher is rechargeable, as some commercial extinguishers are, the contents should be discharged and refilled with fresh chemical agent every six years by a local, licensed fire protection equipment service.

However, most residential fire extinguishers are not rechargeable, and expire 12 years after they are purchased. The manufacturer may require that a fire extinguisher be removed from service before 12 years, or if the extinguisher has been discharged.

## **Disposing of a Fire Extinguisher**

Montgomery County Fire Stations do not accept

expired fire extinguishers.

Residents can take expired fire extinguishers to the Shady Grove Transfer Station located at 16101 Frederick Road in Gaithersburg, Maryland.

The Montgomery County Division of Solid Waste accepts cylinder-type fire extinguishers from residents at the Household Hazardous Waste drop-off site at no charge. For more information, call (311) or (240-777-0311).

Residents can contact the Montgomery County Office of Fire Code Compliance at (240-777-0311) with any questions. Fire extinguishers from businesses are not accepted.

## ■ **Rossmoor Camera Club**

# Calling All Artists and Photographers for an Exhibit

by Fred Shapiro

Leisure World's artists, ceramicists and photographers have the opportunity to participate in a senior art show from Sunday, April 15, to Monday, May 7, at the Bender Jewish Community Center (JCC) of Greater Washington in Rockville, Maryland.

The show's theme is "For the Love of Art: Our 20th Year."

Interested residents are asked to bring three works

of art, including paintings, sculptures, ceramics, jewelry, fabric art, fine crafts and photographs to Clubhouse I on Monday, Feb. 26, between 11 a.m.-2 p.m.

Bender JCC staff member Kandy Hutman and volunteers will review entries and select one from each resident's submission to be included in the show.

Paintings and photos should be framed and prepared adequately for hanging. All entries will be delivered to the Bender JCC

on Monday, April 9, any time between 10 a.m.-2 p.m.

The annual senior art show has included resident artwork for many years.

This year, the Bender JCC hosts exhibitors for a brunch on Monday, April 23, at 10:30 a.m. Family and friends are

also invited to attend.

The Bender JCC is located at 6125 Montrose Road in Rockville. Contact Kandy Hutman at (301-348-3740) or (arttshow@benderjccgw.org) for more information about the show or how to participate.



Steve and Naomi Kline view resident artwork at a 2017 Bender Jewish Community Center of Greater Washington art show. Photo by Fred Shapiro

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# GOVERNANCE & Information

## Feb. 19: AARP Safe Driving Course

The E&R Department is sponsoring an AARP Safe Driving Course on Monday, Feb. 19, in Clubhouse I from 9:45 a.m.-3 p.m., with a one-hour break for lunch.

You must pre-register for the course, which is for residents only. Please bring your Leisure World ID. A check payable to AARP, \$15 for AARP members and \$20 for non-members, is required at the time of registration.

(Please note: AARP members must show a current membership card to receive the AARP discount.) Register in the E&R Office in Clubhouse I. The number of participants is limited to 25, so plan to register early.

Participants should bring their driver's license and a pen or pencil to the course. If you have any questions, contact the E&R Office in Clubhouse I at (301-598-1300).

**Dial 301-598-1313  
for recorded Daily Events**

### 2018 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

#### Executive Committee Meeting

The Feb. 16 meeting airs on Feb. 21, 22 and 23.

#### Board of Directors Meeting

The Feb. 27 meeting airs on March 5, 7 and 9.

## Indoor Pool Hours Return

The indoor pools in Clubhouse II are now open on the following schedule:

- Monday, noon-8 p.m.
- Tuesday, 8 a.m.-8 p.m.
- Wednesday, 8 a.m.-8 p.m.
- Thursday, 8 a.m.-8 p.m.
- Friday, 8 a.m.-7 p.m.
- Saturday, 8 a.m.-6 p.m.
- Sunday, 8 a.m.-6 p.m.
- \*Holidays, closed at 6 p.m.

*\*Closed on Thanksgiving, Christmas Day, and New Year's Day.*

## Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - [management@lwmc.com](mailto:management@lwmc.com)
- LWCC Board of Directors - [board@lwmc.com](mailto:board@lwmc.com)
- LWCC Executive Committee - [excomm@lwmc.com](mailto:excomm@lwmc.com)

## GOOD TO KNOW: LEISURE WORLD NEWS DISTRIBUTION

by Leisure World News

The community newspaper's distribution is a volunteer effort made twice a month by a small but dedicated group of Leisure World residents.

On the Friday of the paper's publication, a Leisure World News staff member delivers bundles of the paper to each of the volunteers, who then distribute them throughout

each of their designated areas.

The exact day and time newspapers hit a neighborhood's doorsteps or fill a lobby's mailbox varies with each mutual and volunteer. Volunteers are encouraged to deliver all of their newspapers by the end of the weekend after the Friday of publication.

When one mutual was not able to recruit a volunteer, it opted to place green newspaper boxes in their community's accessible areas, where residents can pick up a newspaper at their leisure.

### Not Getting Your Newspaper?

When volunteer distributors are needed, the Communications Department publicizes announcements on television channel 972, and sometimes in the newspaper itself.

But it is up to each mutual to assist in finding its own volunteer to deliver the newspapers. Some residents who can no longer volunteer will find a replacement courier, such as a neighbor or friend.

Some mutual boards post notices seeking volunteers. In Montgomery Mutual, area directors sometimes help with recruitment.

Residents who are not receiving their newspaper should contact the Leisure World News office at (301-598-1310).

### Become a Volunteer

Residents can volunteer to deliver newspapers to any mutual or multiple mutuals; volunteers do not have to be a resident of a particular mutual to deliver its newspapers.

When an opening is posted, residents interested

in volunteering to deliver the newspaper to any of the mutuals should contact the Leisure World News office at (301-598-1310).

### LWN is Online

Each new edition of the Leisure World News is available online at both the residents' internal website ([residents.lwmc.com](http://residents.lwmc.com)) and the public website ([www.leisureworldmaryland.com](http://www.leisureworldmaryland.com)) on the Friday morning that the printed edition is first available.

Residents can download or print a copy for themselves, or read it on their smartphone, tablet or other device from anywhere.

Extra copies of the current and back issues of the newspaper are sometimes available at the Leisure World News office in Clubhouse I.





FEBRUARY 2018

# UPCOMING SEMINARS & EVENTS

## AT BROOKE GROVE RETIREMENT VILLAGE

As experts in senior care and memory support, Brooke Grove Retirement Village is pleased to offer seminars and events that promote physical, spiritual and mental well-being.

All seminars and events will be held at Brooke Grove Rehabilitation and Nursing Center, located at 18131 Slade School Road on the Brooke Grove Retirement Village campus, unless otherwise noted. Please register with Toni Davis at 301-388-7209 or [tdavis@bgf.org](mailto:tdavis@bgf.org).

### LIVING WELL SEMINAR: "MINDFUL MEDITATION"

WEDNESDAY, FEBRUARY 7  
1-2:15 P.M.

Discover the health and wellness benefits of meditation and learn the technique of focusing awareness on your breath to help you feel relaxed and refreshed.

Preceded by complimentary lunch at 12:30 p.m.

FREE. Register by February 5.

### HEALTHY LIVING CLASS: "MINDFUL MEDITATION"

*February 14 through March 21*

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Experience guided, mindful meditation in a quiet space. Sessions promote greater focus, reduce anxiety, increase compassion and improve well-being.

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Reservations are requested by February 11. Registration opens at 10:30 a.m. on February 14, and the class fee is due at that time.

### CAREGIVER CONNECTION SEMINAR: "CHANGES IN INTIMACY AND RELATIONSHIPS CAUSED BY DEMENTIA"

TUESDAY, FEBRUARY 20  
2-3 P.M.

When a loved one is diagnosed with Alzheimer's or dementia, changes in intimacy and relationships with care partners often follow. Learn what to expect and discover techniques for managing changes in a loving way.

FREE. Register by February 18.

### PARKINSON'S SUPPORT GROUP

WEDNESDAY, FEBRUARY 14  
2-3:15 P.M.

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# THOUGHTS & OPINIONS: *From Our Residents*

## A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

*Opinions are strictly those of the writers*

## Ballroom and Restaurant Facilities

My wife and I attended the New Year's Eve dinner-dance, held in the Crystal Ballroom, and we had a wonderful time. We found that the food was

sumptuous and plentiful, the band was excellent and the ballroom itself was comfortable and welcoming. I would also like to point out that the whole building was "rocking" on New Year's Eve. Restaurants were jammed, bands

were playing, people were dancing in the hallways, and everyone seemed to be having a great time. I strongly urge anyone who was not in Clubhouse I that night to be sure to make it next year. I really think you will be happy you did.

We'd also like to say how much we enjoy the Clubhouse Grille and its new menu. We have brought many friends there for dinner since it opened, and found the food and service to be outstanding. Similarly, we believe that the Terrace Room continues to be a great "everyday" place for a good meal.

We are fortunate to have such wonderful facilities right here within our gates. Thanks to everyone who works there for their diligence and good customer service. Thanks also to our Leisure World committees who oversee these facilities. Great job done by all!

– Ed and Sandy Walper

However, what we are most concerned about is the recent change in hours for the indoor swimming pool. It now closes at 7 p.m. instead of 8 p.m. during the workweek. That now makes it impossible for us to swim after work. In 2017, we observed many evenings when there were 30 to 40 people using the indoor pool after 7 p.m. and they are now similarly disadvantaged.

If the reason behind this is to save money by closing the pool for four hours each week, why not consider closing it for four hours on the weekends or open it one hour later on weekday mornings? Then, those of us who work could still swim, thereby getting exercise and staying healthier. If the pool were to close for the same four hours, but at a different time, we believe it would not affect as many residents' health and well-being.

In my own case, I had a heart operation while deployed overseas and I was transferred back to a permanent duty station in Washington, D.C. We decided to move to Leisure World, in large part because of the opportunities to lead a healthy lifestyle. A big part of that was the ability to swim after work.

We respectfully urge that the closing time of the indoor swimming pool be changed back to 8 p.m. during the workweek.

– Hank and Bea Weiss

## Submitting an Item to Thoughts & Opinions

1. Submissions must be emailed to [aclwn@lwmc.com](mailto:aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. See LW News Guidelines and Board Standing Rules at [www.residents.lwmc.com](http://www.residents.lwmc.com).

## Evening Swimming Pool Hours

As Leisure World residents who work outside the home during the week, we feel we have been unfairly treated. And, we suspect that many other working residents feel the same way. For example, governance meetings are usually in the daytime, bus service ends at 4 p.m., and the post office closes at 2 p.m.

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*Editors Note: Pool hours have changed. See page 6.*



# The Karen Rollings Team



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3100 LEISURE WORLD BLVD #214	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$264,999	\$260,000	\$0
15033 WESTHOLM CT #274-B	ROSSMOOR MUTUAL #12	Quad	2	2	\$157,900	\$160,000	\$0
15002 CANDOVER CT #278-C	ROSSMOOR MUTUAL #12	Quad	2	2	\$150,000	\$150,000	\$0
15111 GLADE DR ##12-3 E	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	2	2	\$139,000	\$133,000	\$0
15201 ELKRIDGE WAY #93-1A	ROSSMOOR MUTUAL #19B	Garden 1-4 Floors	3	2	\$159,900	\$159,900	\$4,000
15300 BEAVERBROOK CT #88-1H	ROSSMOOR MUTUAL #19B	Garden 1-4 Floors	2	2	\$155,000	\$150,000	\$0
3625 GLENEAGLES DR #2-1A	ROSSMOOR MUTUAL #7	Garden 1-4 Floors	1	1	\$89,000	\$85,000	\$0
15107 INTERLACHEN DR #2-304	THE GREENS	Hi-Rise 9+ Floors	2	2	\$205,000	\$205,000	\$0
15107 INTERLACHEN DR #2-619	THE GREENS	Hi-Rise 9+ Floors	2	1.5	\$119,900	\$121,900	\$0
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# EVENTS & Entertainment

## ■ Fireside Forum

### Feb. 4: A Personal History of the Zapruder Film

by Jonas Weiss

At the next Fireside Forum on Sunday, Feb. 4, Alexandra Zapruder tells the story of her grandfather's home movie of President Kennedy's assassination. She is the author of the book "Twenty-Six Seconds: A Personal History of the Zapruder Film."

Zapruder began her career as a member of the founding staff of the U.S. Holocaust Memorial Museum in Washington, D.C. She served on the curatorial team for the museum's exhibition for young visitors, "Remember the Children, Daniel's Story."



Alexandra Zapruder, courtesy photo



Her first book, "Salvaged Pages: Young Writers' Diaries of the Holocaust," won the National Jewish Book Award in the Holocaust category. She wrote and produced a documentary film, "I'm Still Here: Real Diaries of Young People Who Lived During the Holocaust," which aired on MTV and was nominated for two Emmy Awards.

Zapruder travels extensively to speak to students, teachers and the public about her books. She is a graduate of Smith College and has a master's degree in education from Harvard University. The program is at 2:30 p.m. in the Clubhouse II auditorium. Becky Rizvi is the host for the speaker.

## ■ Education and Recreation Department

### ■ Foundation of Leisure World

### Feb. 13: Dance to the Dixieland Express

The Dixieland Express is joined by Halley Shoenberg on Fat Tuesday, Feb. 13, 7:30-9 p.m. in the Clubhouse I Crystal Ballroom. The band will play music to celebrate both Mardi Gras and Valentine's Day, the romantic holiday that comes one day after Fat Tuesday this year.

Halley is an accomplished clarinet/saxophonist who features New Orleans-style jazz in her performances. Her style comes from several sources of jazz, theater and popular music. She has played at major venues including The John F. Kennedy Center for the Performing Arts and Blues Alley and has been

featured at Strathmore Mansion. Be sure to come and enjoy New Orleans-style Mardi Gras and Valentine's music for listening and dancing performed by the Dixieland Express and featuring the talented Halley Shoenberg. Doors to the Ballroom open at 7:00 p.m. with music and dancing from 7:30-9 p.m.

Sponsored by the E&R Department and the Foundation of Leisure World, tickets for this event are \$20 per person and are on sale in both Clubhouse E&R offices. The cost includes light hors d'oeuvres; a cash bar will also be available. Please bring your Leisure World ID.



Halley Shoenberg. Photo by Michael Stewart



## ■ Ballroom Dance Club

### Feb. 24: Dance to The Helmut Licht Trio

by Joyce Hendrix

Long-awaited musical group The Helmut Licht Trio, led by multi-talented bandleader and former Arthur Murray dance teacher Helmut Licht, returns to Leisure World on Saturday, Feb. 24.

Doors open at 7 p.m., with music and dancing from 7:30-10:30 p.m. in the Clubhouse I Crystal Ballroom. Licht's music is always played in strict ballroom tempo.

Admission for members is \$10 per person at each dance. All non-members and their guests pay \$15 per person, per

dance. The dress code is dressy for the ladies and jackets and ties for the gentlemen.

The Club strongly suggests making reservations ahead of time with reservation secretary

Connie Roby at (240-393-9808) to ensure adequate seating. Each table seats 10 people.

Please arrive on time so the volunteers staffing the ticket desk can enjoy the dance. Invite friends and

neighbors, and feel free to bring snacks for your table. A cash bar is available.

For more information about the Ballroom Dance Club, see the Clubs and Organizations section of this publication.



## ■ Education and Recreation Department

### Feb. 24: Clarinetist Igor Begelman Performs

Clarinetist Igor Begelman of the Piatigorsky Foundation performs a varied repertoire of classical music on Saturday, Feb. 24, at 4:30 p.m. in the Clubhouse II auditorium.

Tickets, \$6 per person, are available for purchase beginning Tuesday, Feb. 6, at 8:30 a.m. in both clubhouse E&R offices.

Please bring your Leisure World ID.

### Coming in 2018

The E&R Department is pleased to provide the following programs.

- |                    |  |
|--------------------|--|
| Feb. 13, 7:30 p.m. | Dixieland Express – Mardi Gras and Valentine's Day Celebration |
| March 8, 1:30 p.m. | Steve Friedman on Broadway's Critics                           |
| March 17, 7 p.m.   | Hurley School of Irish Dance – St. Patrick's Day Performance   |
| March 24, 7 p.m.   | Gerry Katz – Death at the Palace Theatre                       |
| April 7, 7 p.m.    | Artemis Showcase of International Dance                        |
| April 22, 7 p.m.   | Ovation Dinner Theatre – Murder Take 2                         |

Watch Leisure World News for more information on these and other upcoming programs throughout the year.



## March 2: 'A Musical Tribute to WWII Veterans'

by Leisure World News

On Friday, March 2, co-producers Rodney Brooks and George Jacobs present an original show, "A Musical Tribute to WWII Veterans," at 7:30 p.m. in the Clubhouse II auditorium.

Set in the fictional radio station, "Radio WWII," the show recounts the struggles and triumphs of the war years through projected newsreels and headlines, from the bombing of Pearl Harbor on Dec. 7, 1941 to Japan's surrender in 1945.

The show features both live and recorded music from the era; audience members will enjoy

hearing old favorites like "The White Cliffs of Dover," "Boogie Woogie Bugle Boy" and "As Time Goes By."

The show culminates with a sing-along of military service songs. Military veterans from all wars who are in the audience will be recognized.

Tickets, \$10 per person, go on sale beginning Tuesday, Feb. 6, at 8:30 a.m. in both clubhouse E&R offices. Make checks payable to LWMC. The performance is free for all military veterans.

Proceeds from the performance will be distributed among veterans' organizations. The Jewish War Veterans Post 567 sponsors the performance.

## March 17: Celebrate St. Patrick's Day with Irish Dance

The E&R Department welcomes dancers from the Hurley School of Irish Dance back to Leisure World on Saturday, March 17, for a very special St. Patrick's Day celebration. Students will perform a variety of Irish dances at 7 p.m. in the Clubhouse II auditorium.

The Hurley School is located in Laytonsville, Maryland, and draws its students from neighboring communities. Most of the dancers attend local competitions and many



The Hurley School of Irish Dance, courtesy photo

have reached the regional, national and world level of competition.

Tickets are \$8 per person and can be purchased beginning Tuesday, Feb. 6, at 8:30 a.m. at either Clubhouse E&R office. Please bring your Leisure World ID.

### ■ Education and Recreation Department

## March 8: The Critics Don't Always Get It Right

Steve Friedman returns on Thursday, March 8, at 1:30 p.m. in Clubhouse I for his continuing series of programs on the history of Broadway. Using song and lecture, he will explain why the critics don't always get it right when it comes to the success of a Broadway show.

Tickets are \$6 per person and go on sale beginning Tuesday, Feb. 6, at 8:30 a.m. in both clubhouse E&R offices. Please bring your Leisure World ID.

### ■ Arts in Motion (AIM)

## March 9: Kristine Key Returns to Sing

by York Van Nixon III

"Elegant" only begins to describe the style of Kristine Key. And when she sings, audiences are rewarded with tonality and phrasing compared to divas that reside in the pantheon of greatness.

Key returns to Café AIM on Friday, March 9, in the Clubhouse I Crystal Ballroom. Tickets, \$20 per person, check only, payable to AIM, go on sale beginning Monday, Feb. 12, at 8:30 a.m. in the Clubhouse I E&R office.

The price includes hors d'oeuvres and snacks. Cocktails begin at 5 p.m., and the show starts at 6 p.m. Reserved tables of eight or more are limited to members only. To join or view upcoming shows, visit (AimArts.net).



Kristine Key, courtesy photo



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## ■ Leisure World Association for African American Culture (LWAAAC)

### Feb. 10: 'The Good Fight'

On Saturday, Feb. 10, LWAAAC presents the film "The Good Fight: James Farmer Remembers the Civil Rights Movement" (2009, documentary, not rated) at 4 p.m. in the Clubhouse II auditorium.

The film chronicles Farmer's life from his early days as a great debater at Wiley College to his legacy of teaching a new generation of students about the movement that shaped a country.

The presentation is free and open to all residents; tickets are not required.

— Patricia Means



## ■ Education and Recreation Department

### Sunday Afternoon at the Movies

### Feb. 25: 'Hidden Figures'

The E&R Department is pleased to present "Sunday Afternoon at the Movies." The movies are shown at 2 p.m. in the Clubhouse II auditorium. On Sunday, Feb. 25, the featured film is "Hidden Figures" (2016, 2 hours 17 minutes, biography/drama/history, rated PG for thematic elements and some language).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, Feb. 6, at 8:30 a.m. Please bring your Leisure World ID.

In the race to space between the U.S. and the U.S.S.R. during the Cold War, three African-American, female math-

ematicians play a key role in launching astronaut John Glenn into outer space, making him the first American to orbit the Earth.

The three mathematicians are portrayed by Taraji P.

Henson as Katherine G. Johnson, Octavia Spencer as Dorothy Vaughan and Janelle Monáe as Mary Jackson. The film also stars Kevin Costner as Al Harrison, Kirsten Dunst as Vivian Mitchell, Jim Parsons as Paul Stafford and

Glen Powel as John Glenn.

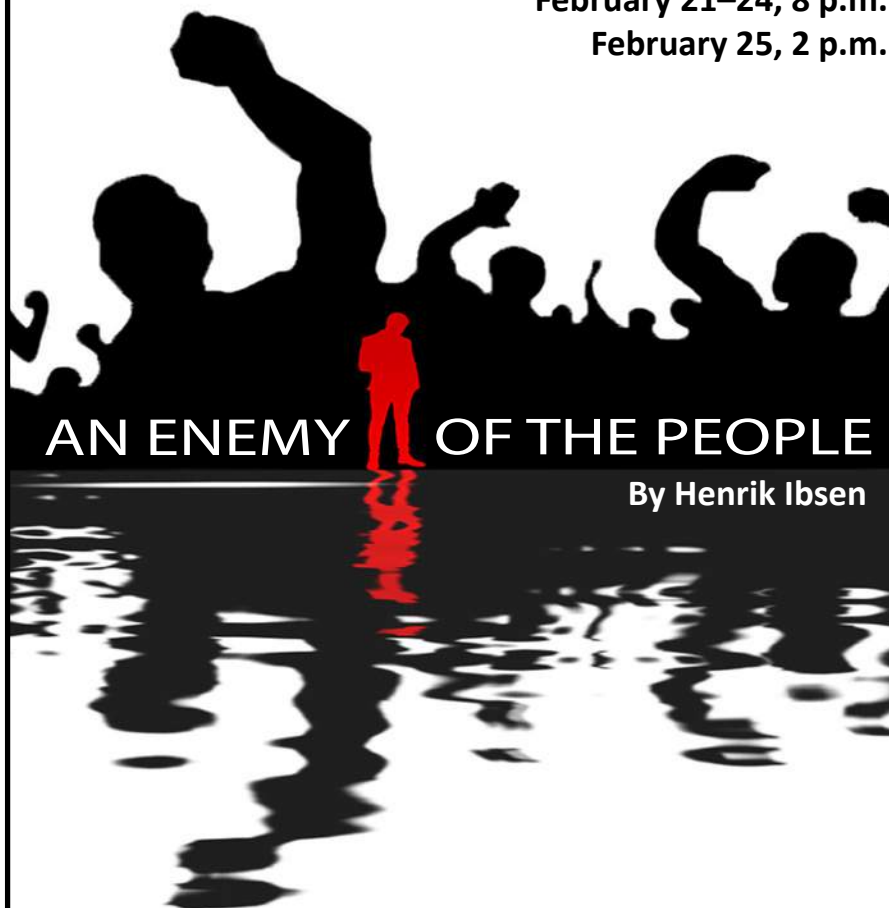
Sunday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note that no one will be seated after 2 p.m.



## COLLEGE PERFORMING ARTS SERIES

February 21–24, 8 p.m.

February 25, 2 p.m.



### AN ENEMY OF THE PEOPLE

By Henrik Ibsen

In a quest to expose the truth, a doctor realizes that honesty and idealism doesn't exist in the face of selfish "practical" interests, but he is determined to defy authority and stand for what he believes in.

Tickets are \$10 Regular, \$8 Seniors, & \$5 Students with Student ID

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## 2018 Movie Schedule

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Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
Feb. 15, 1 p.m.	La La Land	SOLD OUT
Feb. 25, 2 p.m.	Hidden Figures	Feb. 6
March 15, 1 p.m.	Jackie	Feb. 20
March 25, 2 p.m.	The Shack	March 6
April 19, 1 p.m.	Queen of Katwe	March 19
April 29, 2 p.m.	The Dressmaker	April 9

Movies are subject to change.

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**Join me on February 8th at the Democratic Club of Leisure World Forum where I'll be discussing my plans to curb prescription drug costs and enhance senior assistance in Montgomery County.**



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Authorized by Friends of David Blair, Treasurer, Janica Kyriacopoulos



# HEALTH & Fitness

## ■ Low Vision Support Group

### Group Talks Lighting; Exercise Class Opens to All

by Larry Cohen

For people with cataracts, dry eye, glaucoma, diabetic eye disease, age-related macular degeneration or other site-related disease, light sources can present an overwhelming challenge.

On Wednesday, Feb. 14, Terry Eason, executive director at the Low Vision Center of Bethesda, shares her lighting expertise and presents a selection of options for people facing sight challenges. The meeting is at 1 p.m. in Clubhouse I.

Eason is a lighting expert at the Bethesda nonprofit agency, offering free guidance to people facing sight change.

Low Vision Support Group members share their diverse experiences, discuss low-vision friendly entertainment

and activities and look and share medical and low-vision resources.

#### Bone Builders

The Group wants to expand its Bone Builders exercise program to all residents, but needs more sighted instructors. The next class is in March, and the Group hopes to hold more classes in April if enough instructors volunteer.

Bone Builders is designed to increase bone density in older adults. The program involves lifting free weights, ankle weights and hand weights, and participating in warm-up, cool-down and balance exercises.

Twice per week, participants perform exercises to an eight-second count while seated or standing and lightly holding onto a chair or wall.

Three leg exercises and three arm exercises are repeated 12 times.

The exercise program is sponsored by the Montgomery County Department of Health and Human Services and the Lions Club.

Training for volunteer

instructors is conducted over the course of two days.

For more information about Low Vision Support Group or to volunteer as a Bone Builders instructor, contact Larry Cohen at (908-770-9111) or (topops@aol.com).

## ■ Stroke Support Group

### Feb. 14: Play Memory Games

by Sally MacDonald

The Stroke Support Group holds its next meeting on Wednesday, Feb. 14, at 1:30 p.m. in Clubhouse II.

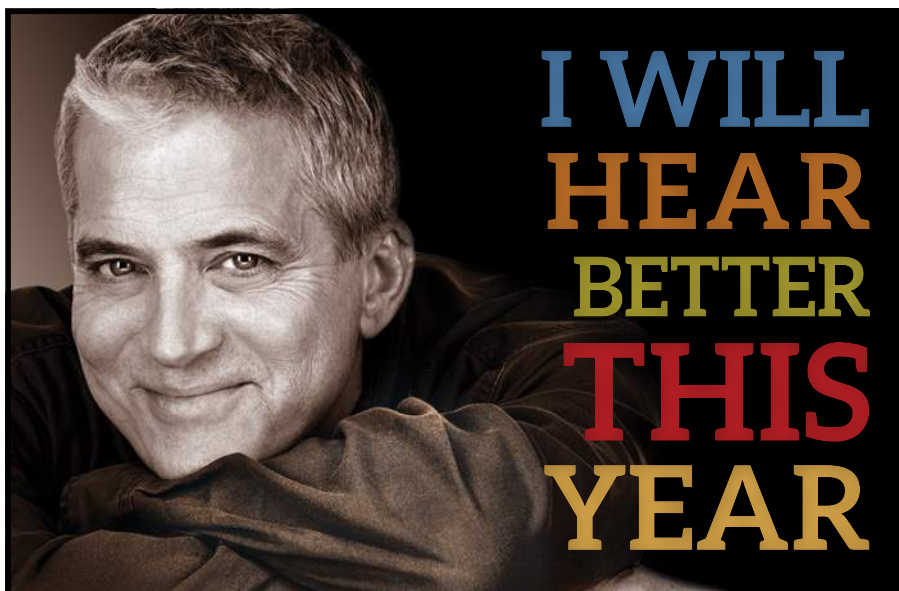
The Group continues to discuss and play memory games that can be of help to stroke survivors. At its last meeting, Group members played a game devised by a member and designed to help players remember lists of words in alphabetical order.

Games do not have to be, and shouldn't be, complicated or competitive; the simpler it is, the better and the more fun. Decks of cards can be used

regarding suits, colors and more. Dominoes can be used to find and connect numbers. The usual rules need not apply.

The Stroke Support Group is a lively, welcoming group of stroke survivors and caregivers who share information and stories to help residents who may have questions or concerns for them or their family members.

The group meets on the second Wednesday of the month. All residents and their guests are welcome. For more information, contact Sally MacDonald at (240-669-4233) or (sn3macd@aol.com).



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## ■ Health Advisory Committee

# Feb. 26: Smoking Cessation Information Session

by Sandra McLeskey

According to the Centers for Disease Control, smoking is the leading cause of preventable death in the U.S. Every day, about 1,300 deaths occur as a result of smoking, with about 480,000 smoking-related deaths per year.

Most smokers have tried to quit multiple times, but nicotine is so addictive that it makes quitting extremely hard. However, in recent years, new approaches to smoking cessation have been developed that have produced more long-lasting results.

MedStar Montgomery Medical Center has had a smoking cessation program in Olney, Maryland, for several years, and under the sponsorship of the Health Advisory Committee, is bringing the program to MedStar Health medical center at Leisure World.

An information session about the program is on Monday, Feb. 26, at 2 p.m. in Clubhouse I.

The information session is conducted by two pulmonologists, Dr. Vineesha Arelli and Dr. Manu Kaushal.

Arelli completed her training after medical school at the prestigious Cleveland Clinic and is particularly interested in critical care.

Kaushal completed his fellowship at Ohio State University and is particularly interested in chronic lung conditions. Both physicians are board-certified in internal medicine and pulmonary medicine.

During the program, respiratory therapist Sheila Gorde, supervisor of pulmonary services at MedStar Montgomery Medical Center, conducts peak/flow breath tests on attendees who desire it.

Debbie Chakalakakis, nurse and COPD educator at the pulmonary clinic, discusses the American Cancer Society's smoking cessation program, "Freshstart."

The presentation also includes a discussion of common medications, treatments and testing regarding smoking cessation, reasons to quit smoking at any point in life and the effects of smoking on overall health.

Smokers and friends and relatives of smokers are encouraged to attend the information session. Even if a person has been smoking most of their life, their health will improve if they stop.

Moreover, even if a person has tried to stop smoking many times before, the new medications and techniques in use today might enable them to quit.

## ■ Patients Rights Council of Leisure World

# March 14: Next Meeting

by Mary Ann Johnston

The Patients Rights Council of Leisure World met on Jan. 10 to hear Rev. James Boccabella, pastor at Our Lady of Grace Catholic Church.

Boccabella spoke on respect for human life during the final stages of an illness. He stated that life on Earth is not disposable – that we live according to God's plan, death is not our decision and individuals owe it to God to take care of and protect life.

Boccabella stated the importance of naming someone trustworthy as his or her healthcare power of attorney.

Such a person makes medical decisions based on wishes communicated by another.

The Council believes the legalizing of assisted suicide would make dying a duty for those who feel themselves a burden to family or society. The Council also believes making a living will is problematic, because people may not know their future medical wishes.

The Patients Rights Council meets every other month. The Council's next meeting is Wednesday, March 14, at 1:30 p.m. in Clubhouse I. Details are forthcoming. All residents and their guests are welcome.

## ■ FISH (Friends in Sickness and Health)

# FISH to the Rescue

by Beth Leanza

FISH is a volunteer, service organization that lends assistive equipment, such as walkers and wheelchairs, to residents and employees.

FISH is available by phone at (301-598-1345) and also houses lost and found.

If a person continues to need an item, FISH is happy to let them keep using it.

### Returns

People who have stored away a FISH item that they are no longer

using are encouraged to return it to FISH. Please remind family members and others in the house when an item is on loan from FISH.

Items belonging to FISH have a sticker on the item reading, "Property of FISH" and an inventory number.

### Scooter Shop

The Scooter Shop at MedStar Health medical center has scooters and many other types of assistive equipment. The Shop also does some equipment repairs.

## Health & Fitness In Brief

**Al-Anon Meeting:** Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

**Alcoholics Anonymous (AA):** Newcomers welcome. (If you're from outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

**Alzheimer's Caregivers Support:** The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

**Bereavement Support Group:** If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets on the first and third Tuesday of the month, 2-3:30 p.m., in the conference room at MedStar Health, 3305 N. Leisure World Blvd. Hospice Caring Inc. sponsors group meetings. Registration and a phone

conversation with Anne Baker, director of adult bereavement at Hospice Caring Inc., is required before attending. If interested, please call Anne at (301-990-0854).

**Essential Tremor Group:** The next meeting of the ET group is Thursday, March 1, at 10:30 a.m. in Clubhouse I. The group meets the first Thursday of the month.

**Free Blood Pressure Testing:** Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

**Parkinson's Support Group:** The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

# CLUBS, GROUPS & Organizations

## ■ Garden and Environmental Club

### Feb. 12: Pollinator Program

by Jean DeSchraver

Residents and guests are invited to attend the Garden and Environmental Club's next meeting on Monday, Feb. 12, at 10 a.m. in Clubhouse I.

Ruth Bortz presents a program about animal pollinators and the crucial role they play in maintaining flowers and agricultural plants.

Bortz is a master gardener, class of 2000. She presents a variety of educational programs for assisted living groups,

elementary schools, garden clubs and many other organizations. She and her husband, who is also a master gardener, are always ready to share their

knowledge and experience.

Last year, Leisure World planted its first pollinator garden at the corner of Leisure World Boulevard and Gleneagles Drive.

Residents have the opportunity to observe the pollination process.

As usual, coffee, tea and delicious desserts are served. New members are always welcome.



A butterfly pollinates a flower at the garden plots.

Photo by Mary Lalley

## ■ Rossmoor Library Guild

### Apply for a Board Position at the Library

by Barbara Long

The Rossmoor Library Guild's all-volunteer staff maintains the collection of books, references and periodicals located next to the Clubhouse I Crystal Ballroom.

The Guild was recently restructured for maximum efficiency. Several positions on the board have opened, including president, 2nd vice president and recording/corresponding secretary.

The president oversees the mission of the library, which is to provide books, periodicals and information to all residents, and works closely with the E&R Department. The 2nd vice president's role is to train and schedule

volunteers. Both positions are involved with the future of new library technology.

The secretary attends all meetings, provides minutes and keeps a roster of members. The Guild meets four times per year, in addition to executive committee meetings.

A number of volunteers are also needed to shelve books, assist patrons with check-out and check-in, maintain the collection and answer questions.

Application forms are available at the front desk where books are returned.

If interested in a board position, please submit a letter of interest and place it in an envelope at the front desk.

## ■ LW Green

### Feb. 14: Learn How to Reduce and Reuse

LW Green urges residents to not just recycle waste and other items, but to reduce and reuse whenever possible.

At the group's next meeting on Wednesday, Feb. 14, at 2 p.m. in Clubhouse I, LW Green member Radha Pillai presents tips on how to reduce and reuse daily, which not only can help the environment but can also save money. All residents are invited to this interesting program.

The group will also discuss plans to tour the Montgomery County Recycling Center.

— Janice McLean

## ■ Arts in Motion (AIM)

### 'AIM' for the Future

by York Van Nixon III

Arts In Motion (AIM) is fulfilling its mission. With renewed vigor, AIM continues its quest to promote the fine arts by endowing the creative pursuits of tomorrow's professional artists.

AIM scholarships totaling \$10,000 are available to graduating seniors from Montgomery County and Washington, D.C., high schools. The deadline to submit applications is Saturday, March 31. To apply, visit (AimArts.net) and

click on "Scholarships."

#### POETEST 2018

Poettest 2018 is open to area high school students from Montgomery County and Washington, D.C. Submissions are judged on Saturday, Oct. 27, in the Clubhouse II auditorium. First prize is \$500.

To enter the contest, visit (AimArts.net) and click on "POETEST 2018." The event is free, and all residents are encouraged to hear what youth have to say about the world they will inherit.



## ■ Ballroom Dance Club

### Renew Membership at Next Dance

by Joyce Hendrix

Club members are encouraged to renew their membership for 2018 at the next dance on Saturday, Feb. 24. See the Events and Entertainment section of this publication for details about the dance.

Membership remains at \$10 per person for residents. Please bring a check, payable to LWBDC, to an upcoming dance.

All Ballroom Dance Club dances feature live music played in strict ballroom tempo, with music from the 1920's through today's danceable music. All types of ballroom dance music are

played, from a wide range of Latin to swing, foxtrot, waltz, polka and quickstep.

Admission for members is \$10 per person at each dance. All non-members and their guests pay \$15 per person, per dance. The dress code for all winter dances is dressy for the ladies and jackets and ties for the gentlemen. The 2018 dance schedule is available at all upcoming dances.

#### March Dance

The next dance on Saturday, March 24, features Swing 'N On A Star, the same group who performed at Leisure World on New Year's Eve. Put on your dancing shoes and come dance with us in March.





# Feb. 13: Educational Program Features Global Wildlife Photography

by Fred Shapiro

The next Club meeting on Tuesday, Feb. 13, includes an educational program on wildlife photography by Bethesda Camera Club member Dr. Chet Stein. The meeting is at 7 p.m. in Clubhouse II, and all residents are welcome.

Stein will discuss his time in fields and forests taking photographs of wildlife.

His travels have taken him to six continents and the Arctic Circle. Recent trips to Ecuador, South Africa, Botswana, Sri Lanka, Madagascar, Borneo and Papua New Guinea have added to his wonderful wildlife experiences.

His most frequently visited foreign country is Israel. He has led multiple bird watching and photography missions to the Middle East and has lectured on bird photography techniques.

Many of his images have been published by the Jewish National Fund. His work has also appeared in American Dental Association publications, travel brochures and books.

Most recently, his images taken in Madagascar were featured in the 2017 9th edition of the travel guide, "Africa's Top Wildlife Countries." Some of his work was also on display at Glenview Mansion in Rockville, Maryland.

## February Competition

The monthly competition is on Tuesday, Feb. 27, at 7 p.m. in Clubhouse II, and the subject is building interiors.

Any photo of a building's interior that illustrates the architectural nature of the building is acceptable. Examples of acceptable subjects include the walls of the Rotunda of the Capitol Building and the length of the interior of the National Cathedral. Photos that are focused on single objects in an interior, such as a statue, are not acceptable.

The judge for this competition is Duane Heaton. Heaton was a photographer's mate in the U.S. Navy and subsequently became a staff photographer for

the Washington Suburban Sanitary Commission. He has taught workshops at the Washington School of Photography, with an emphasis on portraiture.

His current passion is hospitality photography – unique, inviting images of hotel furnishings, restaurants, spas and bed and breakfasts that promote their businesses.



A gorilla, left, shambles through its enclosure at The Los Angeles Zoo. At right, a zebra rests on the ground. Photos by Fred Shapiro



## Competition Winners

The print and digital winners of January's open competition are:

### Advanced Prints

1st place: Brenda Gillum, "Silverback Dinner"; 2nd place: Brenda Gillum, "Lapwing on Mudflat"; 3rd place: Joanne Mars, "China Bank"; Honorable Mentions: George Kaye, "Sossusvlei Dunes"; Stewart Lillard, "Williamsport Dairy Barn"; Fred Shapiro, "Paragliding in Swiss Mountains"; Al Tanenholtz, "Corroded Triumph."

### General Prints

1st place: Lou Paley, "Owl in Nature Visions, 2017"; 2nd place: Bob Kaplan, "Fujita

Gardens"; 3rd place: Nina Parish, "Balloons at Guggenheim Museum"; Honorable Mentions: Nina Parish, "Fishing Net"; Woody Shields, "Hidden Beauty."

### Advanced Digitals

1st place: Larry Mars, "Moraine Lake Boats"; 2nd place: Joanne Mars, "Chaco Doors"; 3rd place: Jean Deschrive, "Lady"; Honorable Mentions: George Kaye, "Raccoon"; Stewart Lillard, "All Children Got Shoes"; Joanne Mars, "PPG Building"; Larry Mars, "Myrtle Beach"; Al Tanenholtz, "Cloud Scene."

### General Digitals

1st place: Ingrid Masi, "Purple"; 2nd place: F. Barry McLean, "Southern Ground

Hornbill"; 3rd place: Woody Shields, "Eyes On You"; Honorable Mentions: Julie Friedman, "Do Not Eat Me"; Julie Friedman, "Williamsburg"; Bob Kaplan, "Japanese Red Maple"; Ron Masi, "Cutting Through"; F. Barry McLean, "Looking for Lunch"; Nina Parish, "Alhambra Spain"; Donna Zoldi, "Magic Umbrella."

## Slideshow Matinee

The Club's monthly slideshow matinee is on Sunday, Feb. 18, at 3 p.m. in the Clubhouse II auditorium. The subject is "Art in Museums, Parks and Leisure World." The show is intended to create the feeling that all seniors can use art as a means of keeping their minds active.



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# Love is in the Air and on the Wall

by Ann Bolt

Rossmoor Art Guild (RAG) members are expressing their love for automobiles, county fairs, animals and many other subjects in an exhibit at the Signal Financial Federal Credit Union in the Administration Building.

Residents are encouraged to stop by and vote for their favorite painting. They may even discover a whole new definition of love while they're at it.

A few RAG members are also exhibiting paintings at the Olney Library for the next few months. For those who have business to attend to "up north in Olney," stop in and check out the exhibit.

## Classes

Classes are about to wind down this coming week, with some make-up classes needed due to inclement weather. Students can make up a class in any other class, on Saturday or at a designated time arranged by the teacher.

The next session of classes begins the week of Monday, Feb. 19. Class selection includes drawing, oil painting, acrylics, watercolor, mixed media and some experimenting with whatever item is new on the market.

Attend a selected class in the art studio in Clubhouse I and pay the class fee and yearly dues. New students are also asked to fill in a registration form. Then hunker down as RAG's talented teaching staff imparts its wisdom.

## RAG Board Member

It takes a mini-village to keep things rolling along on the RAG board, and Teresa Milne has volunteered her time and talents to head the education program.

Milne hails from Trinidad, settling into various interesting places and positions before arriving at the World Bank in Washington, D.C.

She studied at Sir George Williams University in Montreal, Canada, and attended the Montgomery College in Rockville, Maryland, to work in fine arts



Rossmoor Art Guild board member Teresa Milne, left, studies her pastel landscapes. Gretchen Wiederrecht's watercolor painting, "I Love My Car," at right, is 'parked' at the Signal Financial Federal Credit Union in the Administration Building in February. Photos by Ann Bolt



before retiring from the World Bank.

She has studied oil painting, watercolors and currently pastels featuring still life, flower and landscape subjects.

She has shown her work at

Clubhouse I during the monthly exhibits, and has lived in Leisure World for about 17 years. Look for her paintings.

Thanks go to Jan Mark and Chris Frantz for their donations to the Guild.

## ■ Fun and Fancy Theatre Group

# Feb. 7: 'A Night of Laughter'

by Hannette Allen

At the next monthly meeting on Wednesday, Feb. 7, director Irene Lunenfeld Shaulis and producer Abigail Murton present "A Night of Laughter" featuring an ensemble cast of 30 comedic residents. The meeting is at 7:30 p.m. in the Clubhouse II auditorium.

Abbott and Costello, Burns and Allen, Johnny Carson and Jack Webb are all brought to the stage, as well as several skits and bits to make attendees laugh.

Attendees will meet that neighbor who always finds fault with everything, and a depiction of love in bloom. They will also look in on a loving niece and her very frustrating aunt and uncle.

The Party Room Wars skit will also have attendees roaring with laughter. Different personalities playing various games manage to get on each other's nerves so much that they nearly come to blows, until... Well, come to the meeting to find out what happens.

Rehearsals are scheduled for Saturday, Feb. 3, at 10 a.m., and Monday, Feb. 5, at 7 p.m. in the Clubhouse II auditorium.

Admittance for the Feb. 7 meeting is free for Fun and

Fancy members, and \$5 for guests. It includes the meeting, the show and refreshments afterward. Members are asked to wear their ID tags.

## Spring Musical Review

"Broadway Melodies of the Sixties," directed by Allan Okin and produced by Carol Neckar and Abigail Murton, has four performances in the Clubhouse II auditorium as follows:

- Friday, April 13 and Saturday, April 14, at 7:30 p.m.
- Saturday, April 21, at 7:30 p.m.
- Sunday, April 22, at 2 p.m. (the only matinee performance)

The large cast performs dozens of songs from hit Broadway shows of the '60s, such as "Fiddler on the Roof," "Cabaret," "Hello Dolly," "Funny Girl," "Oliver," "Man of La Mancha," "Bye Bye Birdie," "Hair," "On a Clear Day" and many more.

Ticket sales begin on Monday, April 2, in the Clubhouse I lobby, and will continue for three weeks at times to be designated at a later date.

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## ■ The Vegetarian Society of Leisure World (VSLW)

# Feb. 13: Learn About Vegetarian Summerfest

by Bob Fenichel

The next meeting of the VSLW is on Tuesday, Feb. 13, at 7 p.m. in Clubhouse II. After a brief business meeting, a panel will discuss the five-day Vegetarian Summerfest held every July in Johnstown, Pennsylvania.

The event, sponsored by the North American Vegetarian Society, is a three and a half hour drive from Leisure World. Registration usually starts at the beginning of February. More information is available at ([www.vegetariansummerfest.org](http://www.vegetariansummerfest.org)). Come July, attendees may appreciate the cooler mountain air of Johnstown.

One of the more popular presenters every year at the Vegetarian Summerfest is Dr. Michael Greger of Rockville, Maryland. He unveils a new

presentation every year at Summerfest.

The 55-minute presentation he gave in 2017 is available online at (<https://www.youtube.com/watch?v=3ogEi-weaAVQ>). He also produces podcasts and has thousands of free videos available at (<https://nutritionfacts.org/>).

Additional information on VSLW activities is available at ([www.vslw.org](http://www.vslw.org)). The Club has an email list through which it makes last-minute announcements. Email Club secretary Iris Wolf at ([leonardbwolf@msn.com](mailto:leonardbwolf@msn.com)) if you would like to be added to the list.

Please note that everybody is welcome at VSLW activities; you don't have to be a vegetarian to participate. The mission statement of VSLW is "to support group members in maintaining a healthy lifestyle by eating a plant-based diet."

## ■ Ceramics Club

# Practical and Whimsical Teapots Take Center Stage

by Reese Barnett

The gift shop's lovely holiday collectables have been packed away, and the Club looks forward to exciting new creations.

This month, the display case in the Clubhouse II lobby is filled with enchanting teapots fashioned with great care by several artists. They run the gamut, from serious to whimsical. Please take a few minutes to enjoy this stunning collection.

Residents who are looking for a gift or personal treasure will be pleased with the interesting array of pieces the shop has for sale. They are reasonably

priced, and all profit is donated to World Central Kitchen.

The Club welcomed six new members in January. They are proving to be a talented addition to the Club's roster.

The Club welcomes new members, so drop by the studio in Clubhouse II. Anyone wishing to join can do so by paying a \$10 annual membership fee that includes instruction and materials on how to make your own ceramic pieces.

Ceramics Club members are a friendly bunch

who gladly assist each other in any way possible. Visit the Club's website at (<http://sites.google.com/site/cccofleisure-world/>) for more information.



Artist Gail Bragg transformed a ceramic watering can into a teapot by sculpting a giraffe face, which is the spout. Photo by Janice Handley

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# Feb. 16: Black History Program

by Patricia Means

C. R. Gibbs, a Washington, D.C., historian, author and lecturer, is the guest speaker at the Black History Program on

Friday, Feb. 16, at 4 p.m. in the Clubhouse II auditorium.

Gibbs has devoted over 20 years illuminating the rich contributions of African-Americans to American society and culture.

The presentation focuses on Black Georgetown, including Georgetown University's history of slave ownership.

Copies of his book "Black Georgetown Remembered" are available during a reception following the presentation. Admission is free, and all residents and their guests are invited.

an epic political thrill ride and pivotal moment in American history. For additional information, contact Juanita Sealy-Williams at (202-494-5633) or see the Club Trips listing of this publication.

## Membership

The 2017-2018 mid-term membership is \$10 and covers the period between Jan. 1 to June 30 for new members (not applicable to returning members). Checks only, payable to LWAAAC, may be submitted at meetings, via the LWAAAC mail slot in the Clubhouse I E&R office or mailed to (LWAAAC, PO Box 12316, Silver Spring, MD 20908).

## Showcase Display

Photos of the 2017 Holiday Gala are displayed in the corridor behind the Clubhouse I E&R office. Vice president Al Holston provided the photos and president Juanita Sealy-Williams arranged the display.

## Upcoming Events

- Feb. 7 – A board and general membership meeting is held at 4 p.m. in Clubhouse II. The meeting's guest speaker is Pat Price, chair of the Afro-Academic, Cultural, Technological and Scientific Olympics, a NAACP initiative.
- Feb. 10 – The film, "The Good Fight," is shown at 4 p.m. in the Clubhouse II auditorium. For more information, visit the Events and Entertainment section of this publication.
- Feb. 28 – Members and guests see "The Great Society" at noon at the Arena Stage. This dynamic play is

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## Feb. 22: An Introduction to Social Media

by Arthur N. Popper

As people listen to the news and interact with many friends and family, they often hear about social media and its real and potential impact on society. Indeed, social media is playing an increasing role in every aspect of society, even for those who do not use it.

Just as the invention of the printing press rocked society and the status quo of its time by irrevocably changing the creation and dissemination of information, society is now going through an equally significant transition with the advent of social media.

Social media puts the power to create and spread information into the hands of every person who owns a computer or smart phone. The World

Wide Web erases the limitations of distance and geopolitical boundaries for communicating ideas and spreading influence. As with any tool, it can be used to benefit humanity or wield destruction.

The U.S. has seen how social media can have a dramatic impact on nations. Several U.S. intelligence agencies concluded that Russian intelligence agencies used the World Wide Web and its social media platforms to interfere in the 2016 U.S. presidential election.

To help residents, whether they be social media experts or novices, better understand

social media, the Center for Lifelong Learning (CLL) presents a lecture on Thursday, Feb. 22, at 2 p.m. in Club-

house I that examines how disinformation is created, disseminated and given the veneer of credibility. The event is free, but tickets are required and available beginning on Tuesday, Feb. 6, at 8:30 a.m. in the Clubhouse I E&R office.

In particular, presenter Lydia Snider examines the goals of those who might seek to disrupt upcoming elections, and provides ideas on how to spot and understand the methods of social media that might be

used to impact the elections. One does not need to use social media in order to understand this presentation or use the tools provided.

Snider worked as a social media strategist, helping companies ranging from Fortune 500 tech to local nonprofits navigate the world of social media. Since 2016, she has worked with others to find the solution to the critically challenging issues associated with social media and a democratic society, giving talks to share that information with others.

Before becoming a social media strategist, Snider was a special educator. She grew up in the Washington, D.C., area.

For more information about all CLL courses and lectures, see ([www.clldm.com](http://www.clldm.com)).



Lydia Snider. Photo by Devi Pride Studio

## ■ Center for Lifelong Learning (CLL)

## Habla Conmigo: Spanish Conversational Classes

by Arthur N. Popper

Learning new languages is very popular with many residents. In fall 2017, resident Judy Frumkin offered a course on conversational Spanish that attracted 31 students.

The enthusiastic students enjoyed the opportunity to learn and practice Spanish. Some had taken Spanish in school, while others were new to the language. The course attracted a long wait list, and others who took the class want to continue with additional Spanish instruction.

To accommodate students from the first class, as well as students who want to start the course, the Center for Lifelong Learning (CLL) presents two Spanish conversational classes

this spring, both taught by Frumkin.

### Habla Conmigo: Part II

Habla Conmigo: Part II is open to residents who took the first class. It reviews previous material and then continues on with discussions that include telling time, descriptions, colors, personal characteristics, professions, health and more. As before, the culture of Spanish-speaking countries is discussed.

### Habla Conmigo: Beginner Course

Individuals who were wait-listed for the first course, and any other residents who want to start or refresh their Spanish learning, have an opportunity to do so

when Frumkin repeats the first course.

The beginner course is based on conversation and culture, and some grammar is covered. Within the context of learning conversational Spanish, the class focuses on several topics, including pronunciation and comparison between Spanish and English, greetings and farewells, family members, household objects, activities and actions, numbers, telling time, description using personal characteristics and colors, health, dates, the body and weather.

Frumkin has been a Leisure World resident for about a year. Prior to coming here, she taught Spanish for over 40 years in public and private schools, most recently for 30 years in the Baltimore City public school system. She also taught at several colleges in the Baltimore area and has conducted many exchange programs with students in Spanish-speaking countries.

After retiring, Frumkin taught Spanish in lifelong learning classes at the Renaissance Institute of Notre Dame of Maryland

University in Baltimore.

Born in Connecticut, Frumkin was raised in Takoma Park, Maryland, and fell in love with Spanish when in high school. She enjoys sharing her knowledge with others. She received her bachelor's degree from American University in Washington, D.C., and a master's in education from Coppin State University in Baltimore.

See the Classes and Seminars section of this publication for class registration information. For more information about all CLL courses and lectures see ([www.clldm.com](http://www.clldm.com)).



Judy Frumkin's Fall 2017 students practice their Spanish. Photo by Fred Shapiro

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# Feb. 25: Brunch and Fashion Show

by Barbara Eisen

There is still plenty of time to reserve a seat at Hadassah's annual brunch and fashion show, held on Sunday, Feb. 25, at 10 a.m. in the Clubhouse I Crystal Ballroom. All residents are invited.

The event features a break-fast buffet with open seating followed by a fashion show provided by Taylor Marie Apparel.

At the end of the event, attendees can browse the racks of Taylor Marie Apparel clothing (in many sizes) and jewelry set up in Clubhouse I.

Taylor Marie Apparel is donating a percentage of all items purchased to Hadassah.

The cost of the event is \$18 per person. Send checks, payable to Hadassah, to Linda Silverstein at (16 Jaystone Ct., Silver Spring, MD 20905) by Monday, Feb. 19. Checks are not accepted at the door. For questions, contact

Linda at (301-879-2887) or (linjoy357@gmail.com).

## Movie

The Jan. 17 film screening of "Loving Leah" was cancelled due to inclement weather.

It will be rescheduled for later this year. Details are forthcoming.

## Judaic Studies Group

The next meeting of the Judaic Studies Group is on Monday, Feb. 19, at 1:30 p.m. in Clubhouse I.

The meeting is shortly before the Festival of Purim, and discussion will focus on the background and setting of the story of Purim.

Do you know the two most unusual things about the Book of Esther? Join the group and find out. Bring your questions and comments.

All are welcome. Contact Peri Schuyler at (301-869-2968) or (perislaptop@aol.

com) for further information.

## Pin Sale

Hadassah continues selling unique pins, handmade by resident fabric artist Bobbi Gorban.

The pins are \$18. Order forms are available at each Hadassah meeting and in the Hadassah mail slot at the Clubhouse I E&R office.

For questions, contact Judy Rumerman at (judyrumerman@gmail.com) or (301-680-0850). You don't have to be a member to buy a pin.

## Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. Cards are \$2.50 each or five for \$10.

Cards are displayed and sold at every Hadassah meeting.

Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards between meetings.

## Youth Project

Larelda Gruber (301-598-5922) is chair of Youth Aliyah/Children at Risk. The project helps disadvantaged children in Israel. The goal is to create a circle of \$1,000, made by individual contributions of \$40. Please send donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906).

## General Information

Hadassah sponsors many activities to further the worthwhile projects it supports in medical, educational and social programs in Israel and in the U.S.

If interested in knowing more about Hadassah, contact one of the group's membership vice presidents: Ruth Temin at (301-288-7387) or (teminar@comcast.net); Lois Fields at (301-585-9804) or (loisfields2@earthlink.net), or Natalie Rosen at (301-279-5640) or (bnrosen@comcast.net).

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# March 7: Open Meeting Features Former Assistant District Attorney

by Carole Mund

On Wednesday, March 7, all residents are welcome to hear former Assistant District Attorney Steven Kline speak on current issues.

Kline is a Guild Certified Master Tour Guide for Washington, D.C., and a docent at the Library of Congress. He was formerly Special Assistant Attorney General for Medicaid fraud and an Administrative Law Judge for the New York City Department of Education.

The meeting is at 12:30 a.m. in the Clubhouse I Crystal Ballroom. Refreshments are served.

## Executive Board

NA'AMAT is a charitable organization dedicated to help NA'AMAT Israel provide educational daycare, vocational training, legal aid for women, services and assistance for new immigrants, and centers for

the prevention and treatment of domestic violence. It was formally known as Pioneer Women.

By getting involved volunteers have the opportunity to meet new friends and connect with an organization that makes a difference in the lives of so many. Please plan to attend the next executive board meeting on Tuesday, Feb. 20, at 10:30 a.m. in Clubhouse I.

## Tribute Cards

Tribute cards are an excellent way to support and maintain the essential programs NA'AMAT supports, as well as to attain donor credit. NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards.

Each card is \$3.50 if purchased and sent by you, or \$4.50 if sent by Linda Schoolnick, tribute chairperson. Full

donor credit is given for each card. For any questions, contact Linda at (301-681-1076).

## Donor Credit

The many activities NA'AMAT RBZ Club members enjoy not only provide opportunities for socialization, but also serve as fundraisers to support the many programs NA'AMAT provides.

Donor credit is simply money attributed to each member over the cost for participating in activities sponsored by NA'AMAT. Contact donor credit chairperson Theda Rosenblum at (301-598-9105) for any questions about your donor status.

## Save the Dates

- April 18 – Spiritual Adoption Luncheon
- May 10 – Donor Luncheon at Norbeck Country Club

## Trips

A cruise to Bermuda is planned for April. Check the Club Trips section of this publication for more information.

For more information, contact co-presidents Trudy Stone at (301-438-0016) or Gladys Blank at (301-438-9666).



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**SUE'S 2017 TRANSACTIONS – UNDER CONTRACT, SETTLED LISTINGS + SALES**

*Dear Reader,*  
Last year was a busy and productive one. Because of my vast experience, I also list, sell, & consult on properties in the surrounding Metro area for neighbors, past clients, & those moving to the community. My currently available listings are detailed in this paper's classifieds under "Real Estate for Sale." Here are some of my outside sold 2017 listings.

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2801 Nisqually Ct.  
Silver Spring, MD 20906

100 Quaint Acres  
Silver Spring, MD 20904

Cheers!  
  
*Sue*

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 <b>VILLA CORTESE</b> 14800 Pennfield Circle #304	 <b>CONDO GARDEN APTS.</b> 3511 F... Drive #1C	 <b>TURNBERRY COURTS</b> 2904 N. Leisure World Blvd. #403	 <b>TURNBERRY COURTS</b> 3005 S. Leisure World Blvd. #304
 <b>THE OVERLOOK</b> 3100 N. Leisure World Blvd. #401, #621, #803 & #923	 <b>LARGER PATIO HOMES</b> 3419 Island Creek Court 3502 Fitzhugh Lane	 <b>THE REGENCY</b> 3734 Glen Eagles Drive	 <b>THE REGENCY</b> 3814 Glen Eagles Drive



# Feb. 18: Brunch and the Jews of Greece

by Jonas Weiss

The next Jewish Residents of Leisure World (JRLW) brunch is on Sunday, Feb. 18, with Karen Batshaw, who discusses the Jews of Greece, the little-known “orphans” of the Holocaust.

The percentage of Jews annihilated in Greece was the highest of any European country. Batshaw describes the efforts of the Greek clergy to stand up to the Nazi’s actions.

The cost for brunches has increased to \$12 per person. Please send checks, payable to JRLW, to Jerry Gordon at

(15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906) by Wednesday, Feb. 14. Admission at the door, if available, is \$15.

## Seminar

On Friday, March 9 and 23, at 10 a.m. in Clubhouse II, Dr. Michael Siegel returns to conclude his talks on recent presidents, with evaluations of Obama and Trump. Details are forthcoming.

## Religious Services

Rabbi Fink conducts a Conservative service in The Inter-Faith Chapel on Friday,

Feb. 2, at 7:30 p.m., followed by socialization and refreshments at an Oneg.

Rabbi Moshe Samber leads abbreviated religious services with discussions of the Torah portion and Rabbinical wisdom on Saturday, Feb. 3, 17 and 24 at 9:15 a.m. in Clubhouse II. Cantor Michael Kravitz leads a regular Sabbath service on Saturday, Feb. 10, at 9:15 a.m. in Clubhouse II.

The holiday of Purim is on Thursday, March 1, and a service is held at 9:15 a.m. in Clubhouse II.

## Donations

JRLW is a nonprofit organization that depends on donations from residents to maintain its activities.

For the Torah maintenance fund, send checks, payable to JRLW, (minimum \$25) to Carol Wendkos at (14805 Pennfield Cir., Apt. 212). Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B) takes care of donations for prayer books (\$25 minimum).

Send donations for Kiddush or an Oneg (\$25 minimum for either), or Yiskor or general Tzedukah to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



## ■ Jewish War Veterans Charles B. Krieger Post 567

# March 6: Celebrating the State of Israel

by Fred Shapiro

On Tuesday, March 6, the Jewish organizations of Leisure World celebrate 70 years of the State of Israel with presentations and entertainment. The event takes place at 7 p.m. in the Clubhouse II auditorium.

Admission is free, but attendees are asked to consider a charitable donation to one or both of two charities in Israel: Hadassah Hospital Breast Cancer Fund and/or American Friends of Magen

David Adom. Containers will be set up at the entrance to collect donations.

The main speakers for the event are from the Israeli Embassy in Washington, D.C.: Oren Geron, Counselor for Public and Academic Affairs and Vanina Waingortin, Director of National Initiatives. They discuss the history of Israel since its inception 70 years ago.

Geron assumed his position at the Israeli Embassy in July 2016, where he focuses on strengthening relations



The view from a tunnel reveals a newly rebuilt synagogue in the Old City. Photo by Fred Shapiro

between Israel and Maryland and Virginia. He also serves as Counselor for Academic Affairs and as the Academic Coordinator for North America. Prior to his posting at the Embassy, Geron served as the Deputy Chief of Mission at the Israeli Embassy in Santiago, Chile.

Before joining the Foreign Service in 2011, Geron worked as an algorithms engineer at Israel Aerospace Industries and as a research and design team leader.

He holds a master’s degree in political science, diplomacy and security studies from Tel-Aviv University and a bachelor’s of science in computer engineering from

the Hebrew University of Jerusalem.

Rabbi Itel Oren from Berman Hebrew Academy makes a short presentation about the cause of Zionism, and students from the Charles E. Smith Jewish Day School’s a capella group and the Mazel Tovs from B’nai Israel Congregation perform. Refreshments follow the program.

The event is co-sponsored by Hadassah, NA’AMAT RBZ Club, the Jewish Discussion Group, the Jewish Residents of Leisure World, Jewish War Veterans Post 567.

Join the group on March 6 to celebrate the Jewish State of Israel.



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# March 11: Brunch with Secretary of Aging

by Fred Shapiro

The Jewish War Veterans Post 567 holds its next brunch on Sunday, March 11, at 10:15 a.m. in the Clubhouse I Crystal Ballroom. The brunch features guest speaker Rona Kramer, Maryland Secretary of Aging.

Kramer will discuss new initiatives in the field of services for Maryland's older adults and give an update on the activities of the Maryland Veterans Trust, as she is the vice chair of the board of trustees.

The Maryland Veterans Trust was established to receive donations and make grants and loans to veterans and their family members. The Trust also provides one-time funding to organizations that help veterans, such as homeless and substance abuse programs.

Maryland is focused on

keeping older adults living and aging well in their homes and communities for as long as possible. Initiatives that bring people out of their homes and into their communities, or that offer services for small in-home fixes, help with transportation needs, guard older adults from scammers or help with medication management are all leading areas of engagement.



Rona Kramer, photo by Fred Shapiro

As Secretary of the Department of Aging, Kramer leads the Department's efforts in protecting the rights and quality of life of Maryland's elder residents, providing

the services to allow them to age at home and in their communities. Her mantra is, "live well and age well."

In November 2002, Kramer was elected to the Maryland Senate, representing Mont-

gomery County, and served for eight years. During her tenure, she was a committed advocate for seniors.

She was a lead sponsor for bills that established the Silver Alert Program, reverse mortgage protection for seniors and seniors' protection from financial exploitation through the use of undue influence.

Kramer is a lifelong resident of Montgomery County, Mary-

land. She is a graduate of the University of Maryland, College Park and the University of Baltimore School of Law.

The buffet is \$14 and includes eggs, tuna fish, lox, bagels, salad, coffee, Danish and more. Mail checks, payable to JWV 567, to Danny Bass at (14805 Pennfield Cir., Apt. 3-209, Silver Spring, MD 20906). The deadline to receive checks is Monday, March 5.



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# Feb. 19: NARFE Hosts National Nonprofit

by Joe Cook

A representative from Blacks in Government, a national nonprofit, speaks at the chapter's next meeting on Monday, Feb. 19, at 2 p.m. in Clubhouse I, with snacks and informal discussions beginning at 1:30 p.m. The meeting is open to non-members.

At the Jan. 15 chapter meeting, guest speaker Paul Schwartz, NARFE's expert on Maryland State legislation and a regular columnist for the Montgomery County Sentinel, discussed the passage of the recent federal tax bill.

He also discussed the loss of middle class deductions for seniors and other Marylanders, and the impact those losses have on the use of standard deductions at both the federal and state levels.

## 2019 Budget Process

During the FY 2018 budget process, NARFE was able to thwart all attempts to cut \$148 trillion from the earned pay and benefits of federal and retired workers.

These attempts included proposals to eliminate cost of living adjustments for federal retirees covered by federal employee retirement benefits, increasing the percentage of employee contributions to federal retirement and limiting the increase in the government portion of health premiums to overall inflation.

With the help of the national organization, some chapter members wrote Congress and attended organized lobbying efforts last year. The national magazine and the chapter will keep members informed of further details as they become available.



## Personal Testimonies Needed

Both NARFE and congressional members continue to ask for personal testimonies from federal career employees about the benefits and value these employees provide, to counter the so-called "deep state" conspiracy theory.

## Support Federal Retirees

One of the most cost-effective ways to support federal retirement is to join NARFE. Chapter dues are \$44 per year, \$40 of which goes to the national organization.

## General Information

Please contact a member of the chapter's executive committee with any questions, suggestions, or if you would like to become a member or show your support. General membership meetings are currently open to non-members. Visit the NARFE website at (narfe.org) for more information.

- President John Moens at (johnjots@outlook.com) or

(301-438-3237)

- Vice President, Legislative Chair Joe Cook at (joec37766@gmail.com) or (202-271-0710)
- Treasurer Jewel Lee at (jewelalee@msn.com) or (301-801-4007)
- Secretary Pam O'Dell at (PamandJeff@comcast.net) or (240-461-4007)
- Membership Chair John Lass at (johnmlass@comcast.com) or (301-871-6734)
- Service Officer Rich Rothstein at (whobodyelse@aol.com) or (301-598-5760)



From left, NARFE chapter vice president Joe Cook, speaker Paul Schwartz and chapter president John Moens. Photo by chapter treasurer Jewel Lee



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## ■ Democratic Club

# Feb. 8: Candidates for County Executive

by Rita Penn

As we begin the contested phase of our political forums, the February meeting of the Democratic Club features the six Democrats who aim to replace retiring County Executive Ike Leggett.

On Thursday, Feb. 8, at 7 p.m. in the Clubhouse I Crystal Ballroom, Club members hear from Roger Berliner, David Blair, Marc Elrich, Bill Frick, Rose Krasnow and George

Leventhal. Elliot Chabot moderates the forum.

The order of speaking is chosen by lot. Each candidate has a few minutes to address the audience and outline his or her qualifications.

Then the moderator takes over, asking pertinent questions. Questions from the audience may be taken at the end.

Join the Club on Feb. 8 for a very stimulating and important event, the first of many others to follow this year.



## ■ Republican Club

# Feb. 19: Learn About the Republican Candidates

by Fred Seelman

The next meeting of the Republican Club is on Monday, Feb. 19, at 1:30 p.m. in Clubhouse I.

Come to the meeting to learn about the Republican candidates for Montgomery County Council's At-Large members. These candidates represent all of Montgomery County on the County Council.

So far, the Republicans have two candidates running for that position: Penny Musser of Boyds, Maryland, and Shelly Skolnick of Silver Spring, Maryland.

Also join the meeting to participate in the Club's elections. Contact the Club president or vice president for information about becoming a candidate.

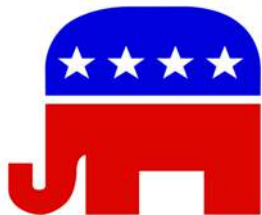
Don't forget to volunteer to work as an election judge by calling the Montgomery County Board of Elections at (240-777-8500) or (240-777-8533).

At its last meeting, Club members heard from David Pasti, a Republican candidate for Legislative District 19 (Leisure

World's district) House of Delegates. Pasti resides in Montgomery County and practices law in Rockville, Maryland.

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) or first vice president Ray Spieler at (301-460-3563).

Join us for another quality event on Feb. 19, and enjoy our refreshments.



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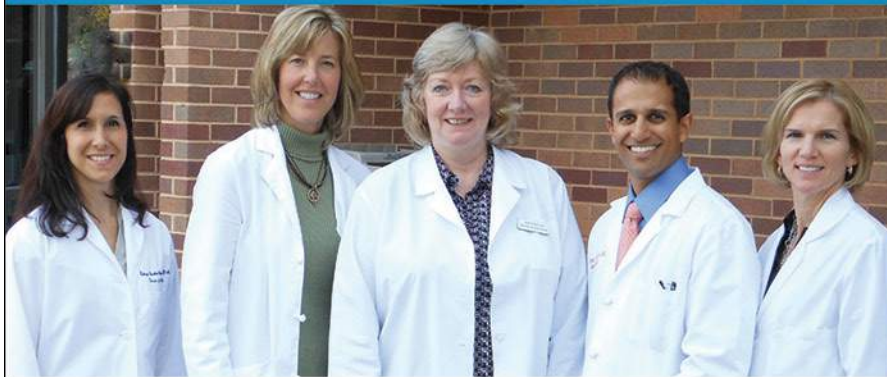
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## ■ Rossmoor Woman's Club

# Feb. 14: Valentine's Tea

by Marcia L. Elbrand

On Wednesday, Feb. 14, the Rossmoor Woman's Club (RWC) holds its annual Valentine's Day Tea at 2 p.m. in Clubhouse I.

The event features petite sandwiches, freshly baked scones and preserves and other mini-dessert pastries. Guests and new members are invited.

Reservations must reach Carolyn Thompson by Saturday, Feb. 10. Mail checks of \$20, payable to Rossmoor Woman's Club, to Thompson at (15000 Pennfield Cir., #202, Silver Spring, MD 20906). Membership chairperson Arlene Siller and vice president Noreen Potter co-chair the event.

### Vendor Sale

On Monday, March 26, RWC holds a vendor sale featuring hundreds of \$6 gift items, from wallets and scarves to costume jewelry and socks. The sale is from 10 a.m.-3 p.m. at nearby Bedford Court.

Sale proceeds help fulfill the Club's commitments to the Betty Ann Krahnke domestic violence shelter, FISH (Friends in Sickness and in Health), the Fisher House Foundation, the Head Start program at Harmony Hills Elementary School and scholarships to Blake High School and Montgomery College students. Last year's fundraising proceeds totaled more than \$10,000.

Residents reluctant to shop can send checks, payable to Rossmoor Woman's Club, to treasurer Pat Lyddane at (15107 Interlachen Dr., #418, Silver Spring, MD 20906).

### Trip to High Tea

RWC has planned a spring bus trip to Thomasville, Pennsylvania for High Tea at the Old Farm House.

For details and reservations, call (301-598-1599) or (301-854-6600), extension 4. Board member Maria Festa is travel chairperson. For more information, see the Club Trips listing of this publication.

## ■ Comedy and Humor Club

# Wanted: Standup Comedy Wannabees

by Al Karr

President Sam Hack of the Comedy and Humor Club is sending out an all-points bulletin to residents.

Wanted: Residents with a known or suspected talent for cracking jokes that send those within hearing range into spasms of laughter or uncontrollable smiling.

Come give it a try at one or more of the Club's weekly meetings held on Tuesdays from 1:30-3 p.m. in Clubhouse II.

Residents who enjoy the Club can sign up for a year's membership for \$5. As treasurer Sumner Levin likes to put it, "where else can get that much enjoyment for only \$5?" We're not joking (just this once).

"You walk into the room and you are part of a great bunch of people who are

ready to laugh at and with you," Levin said.

As a bonus, on the last Tuesday of each month, Hack presents classic TV comedy shows.

Here are just a few jokes told by Club members on a very cold day, when those hardies striding to the standup microphone included Sumner, Sam, John Lass, Skip Schoening, Fred Firnbacher and Al Karr:

John recited remarks showing that Will Rogers was right; things haven't changed in 80-odd years. For example: Taxpayers send congressmen on expensive trips abroad. It might be worth it except they keep coming back.

Skip – A little girl asks: if women wear a white dress at their wedding because it's such a happy day, why do men wear black?

### Featured Speaker



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**Please RSVP to this event by February 15th - Call 240 595 1538**

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Linda Daniels  
LifeTyme Financial



# Club Offers Various Travel Options

by Elizabeth Brooks-Evans

**T**he Going It Alone Club (GIAC) meets every Saturday (known as Saturday Afternoon Live - SAL!) beginning with armchair travel at 2 p.m. in Clubhouse II.

## Armchair Travel

On Saturday, Feb. 3, well-known travel guide Rick Steves takes Club members and his own family on a tour from Norway to Rome to experience how various European countries celebrates Christmas.

On Saturday, Feb. 10, Steves helps us better understand the amazing land of Iran, which he refers to as “the most fascinating and surprising land I’ve ever visited.”

## Games

After travel, the games begin at 2:30 p.m. The games committee has purged old prizes and replaced them with new and nearly new items for Bingo

game winners, played on the second and fourth Saturdays of the month from 2:30-4 p.m. Club members also play Scrabble, bridge, Rubik’s Cube and Pokeno.

## Trips

GIAC sponsors the following trips, open to all members, residents and guests:

- March 22 – Visit Harrington Casino, “Where Winners Play,” in Kent County, Delaware. The cut-off date is Saturday, Feb. 24, so be sure to sign up by then.
- May 22 – Partake in “High Tea” at Camellia’s Sin Tea Parlor, as well as soup, salad, sandwiches and scones. The visit includes side trips to Meadowbrooke Gourds in Carlisle, Pennsylvania, and a stop at Baugher’s Farm Market in Westminster, Maryland (40 person limit).
- July 24 – Visit Sight and Sound Theater in Pennsylvania to see the musical

“Jesus,” with a smorgasbord lunch at the Bird-In-Hand Restaurant.

- June 4-8 – Enjoy “Cape Cod and the Islands,” an exciting five-day trip to Martha’s Vineyard, guided tours of Hyannis, Sandwich, Provincetown and Chatham, a visit to John F. Kennedy Presidential Library and Museum and the Eastham Windmill. This trip is filling up fast!

Details about these trips may be found in the Club Trips section of this publication.

Sign-ups for trips take place during Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II, when members Joe Parker and Sylvia Pachenker are available to receive payments and answer questions.

The GIAC newsletter, which has more trip information, is also available at that time.

For more information on trips, call Parker at (301-598-3457) or Pachenker at (301-598-5325).

## Membership

Those wishing to sign up for membership or trips can do so during SAL from 1:30-3 p.m. in Clubhouse II, when representatives can provide information and answer questions about the Club and its activities.

For more information, call club president Marion Callaghan at (301-598-6779).

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# Club Celebrates 10-Year Anniversary

by Beth Leanza

On Saturday, Feb. 10, the Club holds a Valentine potluck featuring a band, to coincide with its 10-year anniversary. Due to the event's popularity, attendance is restricted to members and their guests.

On Friday, Feb. 16, Club members view a movie in the Clubhouse II auditorium – time and movie to be determined – followed by snacks and socializing.

The Club is also planning to get together to watch the Super Bowl on Sunday, Feb. 4, and The Oscars on Sunday, March 4.

## Mah Jongg

Experienced mah jongg players can join a group that meets on Tuesday or Wednesday nights at 7 p.m. in Clubhouse II. For more information, contact Donna Copeland at (dc@grandmathegeek.com).

## Friday Hikes with Dawn

Many walkers meet up at the walk site, but if you want to carpool, contact Dawn Carlisle

at (301-598-7098) by Thursday evening. Always bring water to each hike.

- Feb. 9 – Wheaton Regional Park (Silver Spring) Meet in the parking lot at 1:15 p.m. Go through the Connecticut Avenue gate and continue onto Connecticut Avenue to Georgia Avenue. Continue south on Georgia Avenue for approximately three miles. Make a left onto Shorefield Road and continue for several blocks to the parking lot.
- Feb. 16 – Matthew Henson Trail (Silver Spring) Meet at the semi-circle of benches near the display map at 1:15 p.m. Go south on Georgia Avenue. Turn left at the light onto Hewitt Avenue. Make a quick right turn into the Global Korean Mission Church's parking lot. Park near the back.

## Sunday Morning Walks

On Sundays at 8:30 a.m., another group walks the three miles around Leisure World Boulevard. The group meets at the corner of Leisure World Boulevard and Arden Court

(across from Kelmscot). The walkers usually go out to breakfast after the walk.

## Weeknight Walks

Join a few Boomers who meet Monday-Friday, at 5:15 p.m. in the Clubhouse I lobby to take a one-mile walk around the Broadwalk in Montgomery Mutual. Walk is at your own pace. Walkers don't make an announcement; introduce yourself!

## Volkssport Walks

One Baby Boomer Club member is also a member of the American Volkssport Association. He posts their walk information on the Baby Boomer Club's website, available at (<https://sites.google.com/site/bbclwmd/>). Under Calendar, click on "Walks."

## Club Information

Residents who enjoy music of the '50s and '60s, like to watch movies or play games and enjoy dining in or going out to eat may make a great match for the Baby Boomer Club.

The Club also enjoys watching great live performances and buffet-style food at Toby's Dinner Theatre in Columbia, Maryland, all reasonably priced. In April, the Club plans to see a production of "Newsies."

Each month, the Sock Hop Club (an offspring of the Baby Boomer Club) holds a dance in Clubhouse II. Bring snacks, a small fee to pay the DJ and your own beverage.

Visit the Club's website by typing (<https://sites.google.com/site/bbclwmd/>) into the search bar, or by Googling BBCLWMD.

## Join Us

Send a \$5 check, payable to Baby Boomer Club, to membership chair Susan Landesberg at (3505 Twin Branches Ct. 37-C). Be sure to include your email address as we mostly communicate by emails that include reminders and invites to activities you may be interested in.

New members who do not have email are asked to write "no email" on the check, and strongly encouraged to connect with another member who does.

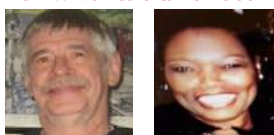
## Not Getting Our Emails?

Members who joined but are not receiving Club emails are asked to contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com).

Typos can happen, or the emails may be going into the spam or trash folder. To help prevent this, add the Club's email address (bbclw@googlegroups.com) to your address book or contact list.

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**F** – In **Villa Cortese**, Building 2 on the 4th floor, 2 bedrooms, 2 full baths, den, living room, formal dining room, table-space kitchen, enclosed balcony. Large garage space! California closets! Engineered wood floors! **\$345,000**

**B** – In **Turnberry Courts**, Building 3 on the 5th floor, two bedrooms, two baths, living room, dining room, table-space kitchen,

enclosed balcony, light and bright.

**Elizabeth** – Largest apartment in **Montgomery Mutual** (over 1300 sq. ft.). Two bedrooms, 1-1/2 baths, grand living room, dining room, windowed kitchen looks out to atrium. Freshly painted and ready for you to move in. **\$125,000**

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# iOS Control Center: Part 2

by Ron Masi

An iOS device's Control Center has many beneficial icons that can reveal the device's unused functions. To get to the Control Center, swipe up from the bottom of the iPhone or iPad screen. If using the iPhone X, swipe down from the top right corner of the screen.

The volume control icon looks like a tower with sound waves coming out of a speaker at the bottom. Users control the volume of everything they listen to on a device; up is louder, down is softer and mute is off.

Tap the flashlight icon to toggle the light on and off. Users can immediately control to four levels of brightness by pressing and holding the icon, a great option for reading menus in dark restaurants, finding what dropped out of your pocket or purse in a dark theater or searching at the bottom of a handbag.

During an emergency when a lot of light is needed, turn on the light and place a clear bottle of water on top of it. The light is

dispersed nicely.

The stopwatch icon looks like a white-faced clock with a stem at 1:30; just tap the icon for the stopwatch portion of the Clock. Users can check their grandkids' speed; the wait time for an Uber or count how long it takes for an aspirin to kick in.



The Timer icon has a black face with a gap between 11 and 12 o'clock; tap it to open the timer function. Users can set a timer for up to 24 hours and select what it is to do when the time's up, such as stopping music or turning all sound off.

If a user holds the icon down firmly, he or she is presented a tower-type slide that allows the user to immediately set the desired time between one minute and two hours, a useful function to prevent oversleeping or place a reminder to call someone.

The alarms icon looks like Mickey Mouse's cap with two skinny legs. Tap it, and then tap the plus to add an alarm time. Users also select if they want to repeat the alarm and on which days, if they want to label the alarm and if they want to select a sound for the alarm

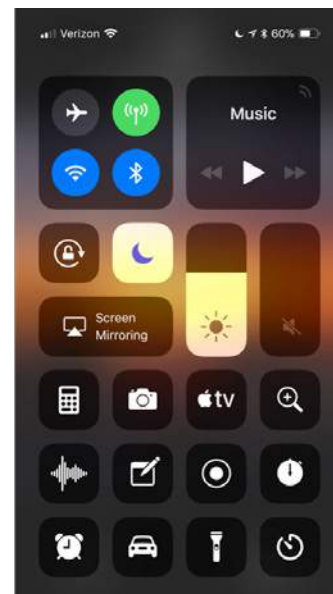
ring. Users can even pick a song from their own iTunes collection.

## Club News

The LW Apple Club's Clinic provides one-on-one help to users every Tuesday from 10-11 a.m., except the fourth Tuesday of the month, which is reserved for the Club's general meeting.

Call Club president Brent Malcolm at (301-980-9297) if interested in joining or helping the Club. The Club is also seeking feedback on its activities and website from residents.

Visit the Club's website at (<http://www.mac.computerctr.org>) for information on past and upcoming programs, previous LW Apple Club articles and photos.



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# Leisure World Club Trips

The next deadline for trip submissions is **Monday, Feb. 6**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. **Email** your trip information to **lwnews@lwmc.com**.

**Please Note:** Member/Non-Member pricing is at the discretion of the individual clubs.

## Feb. 28 "The Great Society" at Arena Stage

LWAAAC is sponsoring a trip to the Arena Stage in Washington, D.C., to see the play, "The Great Society," at a noon matinee performance. The play deals with President Lyndon Baines "LBJ" Johnson's efforts to maintain his relationship with Dr. Martin Luther King Jr., keep political opponents at bay and complete his social policy projects.

Tickets are \$60 and include Eyre bus transportation. Tickets may be purchased by placing your check, payable to LWAAAC, in the LWAAAC mail slot in E&R of Clubhouse I. All residents are welcome. For more information call Juanita Sealy-Williams at (301-822-4531).

## Mar. 22 Harrington Casino in Delaware

Come with the **Going It Alone Club** on a trip to Harrington Casino. At the discretion of the casino, receive \$15 in slot play and a \$7 buffet credit.

The cost is \$25 for Club members and \$32 for non-members.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. If you have a casino card number, bring it with you at sign up.

No refunds will be made after Saturday, Feb. 24, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## April 8-15 Bermuda Cruise

Join **NA'AMAT** on a seven-night cruise to Bermuda on the Carnival Pride, leaving from Baltimore.

Cabin prices are: balcony \$1,897 per person, double occupancy; outside \$1,562 per person, double occupancy; inside \$1,472 per person, double occupancy. Pricing includes transportation to/from pier, insurance, gratuities, cruise fare, taxes and fees. Passport required.

Call Jill, Eyre Leisure World Travel, to reserve your cabin, at (301-598-1599) or (301-854-6600 x 3225). Questions? Call Trudy Stone at (301-438-0016).

## April 25 NEW - High Tea at the Old Farm House

Join members of the **Rossmoor Woman's Club** on an excursion to Thomasville, Pennsylvania, to have High Tea at the Old Farm House. Built in 1863, the Old Farm House features antiques and collectibles. On the way back to Leisure World, the group stops at Brown's Orchard and Farm Market for a bit of shopping.

The cost is \$79 per person and reservations can be made by calling Eyre at (301-598-1599) or (301-854-6600, ext. 4) or by stopping by the Eyre office in Clubhouse I.

## May 22 Camellia's Sin Tea Parlor and Meadowbrooke Gourds

Join the **Going It Alone Club** for High Tea in Carlisle, Pennsylvania. The tea includes salad, scones, petite sandwiches, desserts and seasonal teas. Then it's off to Meadowbrooke Gourds for a demonstration of crafting gourds into works of art. On the way home, we stop at Baugher's Farm Market in Westminster, Maryland, for a little shopping.

The cost is \$68 for Club members and \$75 for non-members. The bus leaves Clubhouse II at 10 a.m. and returns at approximately 8 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. No refunds will be made after Saturday, April 21, unless a replacement is made. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## June 4-8 Cape Cod & the Islands, Massachusetts

Join the **Going It Alone Club** for an excursion that includes Cape Cod, Martha's Vineyard, plus guided tours of Hyannis, Sandwich, Provincetown and Chatham, along with visits to the JFK Museum, the Sandwich Glass Museum and the Eastham Windmill.

The cost is \$460 for Club members and \$467 for non-members, double occupancy (\$135 additional for single occupancy). A \$200 reservation deposit is due at sign up with the balance due by Saturday, March 31. Trip cancellation insurance is available at sign up.

Sign up at Saturday Afternoon Live (SAL) from 1:30-3 p.m. in Clubhouse II. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

## ATTENTION, TRAVELERS!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.



# Clubs, Groups & Organizations In Brief

**Amateur Radio Club:** Calling all hams! All resident amateur radio operators (hams)—or would-be operators—are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

**Clipper Workshop:** Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or Jane Brinser at (301-438-2599) for further information.

**Computer Learning Center:** Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit ([www.computerctr.org](http://www.computerctr.org)) or contact the E&R office in Clubhouse II at (301-598-1320).

**Hispanos de Leisure World:** We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Maria Blanco, club president, at (301-847-9066) or Carlota "Loty" Goldenberg at (301-598-6869).

**Jewish Discussion:** Hello to all Jewish residents of Leisure World. A discussion group meets on the fourth Sunday of every month (except July and August) at 10:30 a.m. in Clubhouse II. Be prepared for lively discussions about Israel and other topics of Jewish interest. Please give us a try; we think you'll like us.

**Knitting Corner:** Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m.-noon. Our next meeting is Feb. 9. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

**The Lapidary Shop:** Our well-equipped Lapidary Shop is available to all residents who join the Lapidary Club and take training on use of the shop's equipment. Shop steward Mark Parker oversees training and is usually in the shop on Monday afternoons after 2 p.m. To arrange for training, contact Mark at (240-723-5860), or drop by the shop in Clubhouse II on a Monday afternoon to talk to Mark and see the shop. For those who have received training, the shop is available whenever the Clubhouse II E&R office is open. Get trained and make cabochons. Get involved and make friends.

**LW Discussion Group:** The group meets the third Wednesday of each month at 1:30 p.m. in Clubhouse II. Various members lead discussions on hot topics and current events. For more information on this, at times, provocative and always enlightening group, please contact Phil Wendkos at (301-598-0109) or ([pwendkos@gmail.com](mailto:pwendkos@gmail.com)).

**LW LGBT Alliance:** Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We

welcome everyone; being gay is not a prerequisite. The LW LGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, email us at ([lwlgbt@gmail.com](mailto:lwlgbt@gmail.com)).

**Musical Jammers:** We gather informally once a month with other amateur musicians, singers and lovers of music to sing, play music and have fun – no dues, no meetings, no agendas, no committees. We meet on the second Monday of every month at 10 a.m. in Clubhouse II. All instruments and voices are welcome. You bring it; we'll sing it. Questions? Call Richard Lederman at (301-598-1132).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. We already have a record of success helping make Leisure World even better. Free. Please join our 780 members. Go to ([www.nextdoor.com/join](http://www.nextdoor.com/join)) and enter the code QHMXCF.

**The Philadelphians:** We meet in Clubhouse II by the fireplace on the first Wednesday of the month at 11 a.m. Any questions? Call Steve Kane at (301-598-2330).

**The Pittsburghers:** If you were born, raised or lived in Pittsburgh and/or the Greater Pittsburgh area, you are welcome to join us. For more information, call Tania Iwanowski at (301-598-2278) or email ([Tania.Iwanowski@yahoo.com](mailto:Tania.Iwanowski@yahoo.com)).

**Quilt Group:** Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is Thursday, Feb. 8.

**Stitchers Group:** Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday, from 10 a.m.-noon, in the Clubhouse II multi-purpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

**Short Story Group:** The Group reads from a collection of short stories and discusses them together. We are currently reading from "The Oxford Book of American Short Stories," 2nd edition, editor Joyce Carol Oates. On Wednesday, Feb. 7, John Moens leads a discussion of "Give it Up for Billy" by Edmund White. On Wednesday, Feb. 21, Mary Ann Chinni leads a discussion of "Under the Radar" by Richard Ford. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

**Stamp and Coin Group:** Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Rita Mastrorocco at (301-814-9196).

**Wood Shop Users Group:** The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

**Women in the Military:** Are you a female who has served in the armed forces? Join us as we shine a light on the role that women play in serving our country. We also strive to promote awareness of the Women's Memorial at Arlington National Cemetery. We meet every second Wednesday of the month at 10 a.m. in the Terrace Room. Call Barbara Long at (301-438-3427) for more information.

# SPORTS, GAMES & Scoreboards

## ■ 10-Pin Bowling League

### 'Just One More' Jumps to Second Place

by Rita Mastrorocco

As winter is now upon us, the following bad weather rule is in effect: If Montgomery County schools are either closed or on a two-hour delay based on snow or icy conditions, the league does not bowl.

The league is based on handicaps with averages for the bowlers ranging from 89 to 174. If you have not bowled in years, come out and join the fun.

The top league standings as of Jan. 19 are: Half and Half in first place; Just One More in second place; and Winners in third place.

#### Top scores for the week of Dec. 22 are:

Scratch Game – Hooks N Curves, 628 pins  
Scratch Series – Wild Things, 1,836 pins  
Handicap Game – Fighting Irish, 893 pins  
Handicap Series – Half and Half, 2,820 pins

High Average Men – Steve Mueller, 174 pins  
Scratch Game Men – Lenny Messick, 213 pins  
Scratch Series Men – Lenny Messick, 520 pins  
Handicap Game Men – Lenny Messick, 269 pins  
Handicap Series Men – Don Manouelian, 700 pins  
High Average Women – Chris Porter, 164 pins  
Scratch Game Women – Ruth Sentelle, 179 pins  
Scratch Series Women – Kazue Waller, 489 pins  
Handicap Game Women – Kazue Waller, 243 pins  
Handicap Series Women – Kazue Waller, 708 pins

#### Top scores for the week of Jan. 12 are:

Scratch Game – Wild Things, 702 pins  
Scratch Series – Wild Things, 1,909 pins  
Handicap Game – Wild Things, 932 pins  
Handicap Series – Wild Things, 2,599 pins  
High Average Men – Steve Mueller, 174 pins  
Scratch Game Men – Steve Hayes, 233 pins  
Scratch Series Men – Steve Hayes, 641 pins  
Handicap Game Men – Steve Hayes, 278 pins  
Handicap Series Men – Steve Hayes, 776 pins

High Average Women – Chris Porter, 164 pins  
Scratch Game Women – Chris Porter, 203 pins  
Scratch Series Women – Chris Porter, 517 pins  
Handicap Game Women – Beth Leanza, 256 pins  
Handicap Series Women – Beth Leanza, 719 pins

#### Top scores for the week of Jan. 19 are:

Scratch Game – Wild Things, 689 pins  
Scratch Series – Wild Things, 1,917 pins  
Handicap Game – Half and Half, 938 pins  
Handicap Series – Half and Half, 2,648 pins  
High Average Men – Steve Hays, 174 pins  
Scratch Game Men – Bill Thomas, 208 pins  
Scratch Series Men – Steve Hays, 524 pins  
Handicap Game Men – Bill Thomas, 268 pins  
Handicap Series Men – Chris Shaffer, 700 pins  
High Average Women – Chris Porter, 163 pins  
Scratch Game Women – Chris Porter, 175 pins  
Scratch Series Women – Jessica Stephens, 452 pins  
Handicap Game Women – Barbara Martin, 257 pins  
Handicap Series Women – Carroll Ann Fisher, 669 pins

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The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Rd., in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls, and unlimited cups of coffee is only \$10. If you are interested, please call Rita at (301-814-9196).

**Leisure World News**  
OF MARYLAND



## ■ Tuesday and Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

### Tuesday, Jan. 9, 2018

#### North-South Flight A

1. Alan Ferraro – Liz Ferraro
2. Aaron Navarro – Deborah Cobb
3. Marilyn Udell – Maida Crocicchia
4. Hanna Schepps – Marlys Moholt

#### Flight B

2. Marilyn Udell – Maida Crocicchia

#### East-West Flight A

1. (tie) Mary Lafferty – Ann Parrott  
(tie) Rosmarie Sutor – Shirley Light
3. (tie) Doug Brasse – Merrill Stern  
(tie) Jerry Miller – Margie Coccodrilli

#### Flight B

1. Rosmarie Sutor – Shirley Light

### Friday, Jan. 12, 2018

#### North-South

1. Doris Perschau – Thomas Leahy
2. Diane Keiper – Patti Anschutz
3. Steve Billstein – Jim Cowie

#### East-West

1. Robert Catlett – Shirley Light
2. Judith Perrier – Aaron Navarro
3. Howard Brewer – Betti Goodman

### Tuesday, Jan. 16, 2018

#### North-South Flight A

1. Jerry Miller – Gerald Lerner
2. Ann Ruth Volin – Stephan Billstein
3. Saul Penn – Wendy Morrison
4. Alan Ferraro – Liz Ferraro

#### Flight B

1. Alan Ferraro – Liz Ferraro

#### East-West Flight A

1. Aaron Navarro – Marlys Moholt
2. Doug Brasse – Merrill Stern
3. Norman Salenger – Doris Perschau
4. Sym Gallucci – Raymond Gallucci

#### Flight B

1. Doug Brasse – Merrill Stern
2. Marcia Fletcher – Rae Newman

## ■ Wednesday Night Chicago Bridge

Compiled by Abigail Murton

### Jan. 10, 2018

1. Dick and Joyce Riseberg, 4,900
2. Ann and Joe Boland, 4,850
3. Barbara Bryant and Pat Villareale, 4,230
4. Anna Pappas and Bob Bridgeman, 4,030

### Jan. 17, 2018

1. Abigail Murton and Doug Brasse, 4,670
2. Betti Goodman and Helen Montanaro, 3,870
3. Betty Hollrah and Pat Villareale, 3,630



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Charles E. Smith Life Communities

## ■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

### Jan. 11, 2018

1. Pat Patton, 4,350
2. Evelyn Armstrong, 2,860
3. Jackie Harrell, 2,540

### Jan. 18, 2018

1. Sally Pride, 4,260
2. Janet Danziger, 2,990
3. Ruth Kozlow, 2,850

## ■ Friday Bridge

Compiled by Betti Goodman

### Dec. 29, 2017

1. Barbara Marcus, 3,390
2. Bob Stromberg, 3,060
3. Joyce Fischer, 2,380
4. Leonard Bosin, 2,210

### Jan. 12, 2018

1. Ray Kurlander, 3,260
2. Leonard Bosin, 3,080
3. Marc Levine, 3,020
4. Jerry Weiss, 2,920

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# Leisure World News



# Preferred Game of the President's Mansion

by Bernie Ascher

The War of 1812 is long over, but its bicentennial celebration lives on. The war is generally regarded as America's most indecisive and unnecessary war.

It remains alive in the hearts and minds of historians because of its touchstone events – the burning of the White House and composition of the Star Spangled Banner. Yet many of us have forgotten the toll this war took on President James Madison, an ardent chess player.

On occasion, Madison played chess with Thomas Jefferson and James Monroe, both of whom lived a carriage ride away from his home in Montpelier, Virginia.

James Madison served as the fourth U.S. president from 1809-1817. He was small in physical stature – only 5-foot-four and 100 pounds. He was frail and had a high, thin voice.

Dolley Payne Todd, three

inches taller and 17 years younger, married him anyway. Madison bore the burden of the War of 1812, a formidable responsibility for such a short, delicate person.

In January 1814, President Madison agreed to peace talks with the British in Ghent, Belgium, a neutral country. Nevertheless, the war continued.

In the most embarrassing point of the war (August 1814), 4,000 British troops landed at Benedict, Maryland, on the Patuxent River, marched to Bladensburg, where they defeated a larger force of American militiamen and then marched to Washington, D.C., where they burned the Capitol, the President's Mansion (the White House) and other buildings.

The Madison's fled to a safer location. In September, they moved to the Octagon House a few streets away (18th St. and New York Ave.).

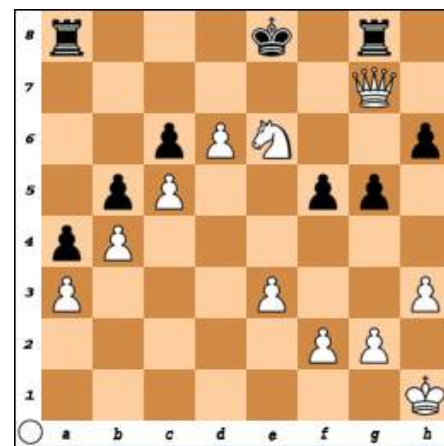
That month, the British

attacked Baltimore with land and sea forces. Francis Scott Key, a lawyer and amateur poet (not a songwriter), was on board a British troop ship during the bombardment of Fort McHenry. He was there to free an American citizen who was detained by the British. They were released after the battle.

Key was inspired to write a poem about the U.S. flag on the back of a letter he had in his pocket. The flag, which survived the battle, had 15 stars and 15 stripes (eight red, seven white) and was quite large, measuring 30 by 42 feet. It cost \$405.90.

Key's poem was printed in newspapers and eventually set to music. People began referring to the song as "The Star-Spangled Banner." In 1889, the U.S. Navy adopted it for official use and, in 1916; President Woodrow Wilson announced that it should be played at all official events.

On March 3, 1931, it was adopted as the national anthem by congressional resolution,



signed by President Herbert Hoover.

Key never got to meet President Madison. The frail president died in 1836 at age 85. Key died in 1843 at age 64, and Dolley died in 1849 at 81.

Because historians talk very little about it, people are only left to wonder how much Madison's official duties interfered with his chess playing. When would he have had time to play a relaxing game and relieve his mind of all those troubles of the presidency?

In the game on this page, Black's Rook is threatening White's Queen. What is White's best move?

The answer follows this reminder that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. For further information, call Club president Bernie Ascher at (301-598-8577).

ANSWER: Pawn to d7. Checkmate!

So, do not wait for a new Presidential Mansion. Do not wait for another war. Do not wait for a brass band to play the national anthem. Play chess now!

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# Sports, Games & Scoreboards In Brief

**Bid Whist:** Do you know what Sport the Kitty, Boston Time, and Rise and Fly all mean? If you would like to play Bid Whist, then meet us on Mondays at 6 p.m. in the Clubhouse II Pantry Room. Questions: call Jessie at (314-374-4501).

## Bridge:

- **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne at (301-598-5677).

- The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

- **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

- **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

**Cribbage:** We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

**Duckpin Bowling:** Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White at (301-438-7892) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

**Indoor Pool Volleyball:** Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6:45 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

**Mah Jong:** Learn how to play Mah Jong. Call (301-598-3438).

**Ping Pong:** Get healthy exercise and camaraderie playing ping pong. The club meets every Wednesday and Friday, from 1-3 p.m., in Clubhouse II multi-purpose room. Drop in anytime during that period. Some experience preferred. If interested, call Julie Friedman at (301-598-5424).

**Pinochle Players:** If you enjoy pinochle, join us at Clubhouse II on Monday evenings, 6:30-8:30 p.m. Call us at (301-775-7238) or (301-598-7064).

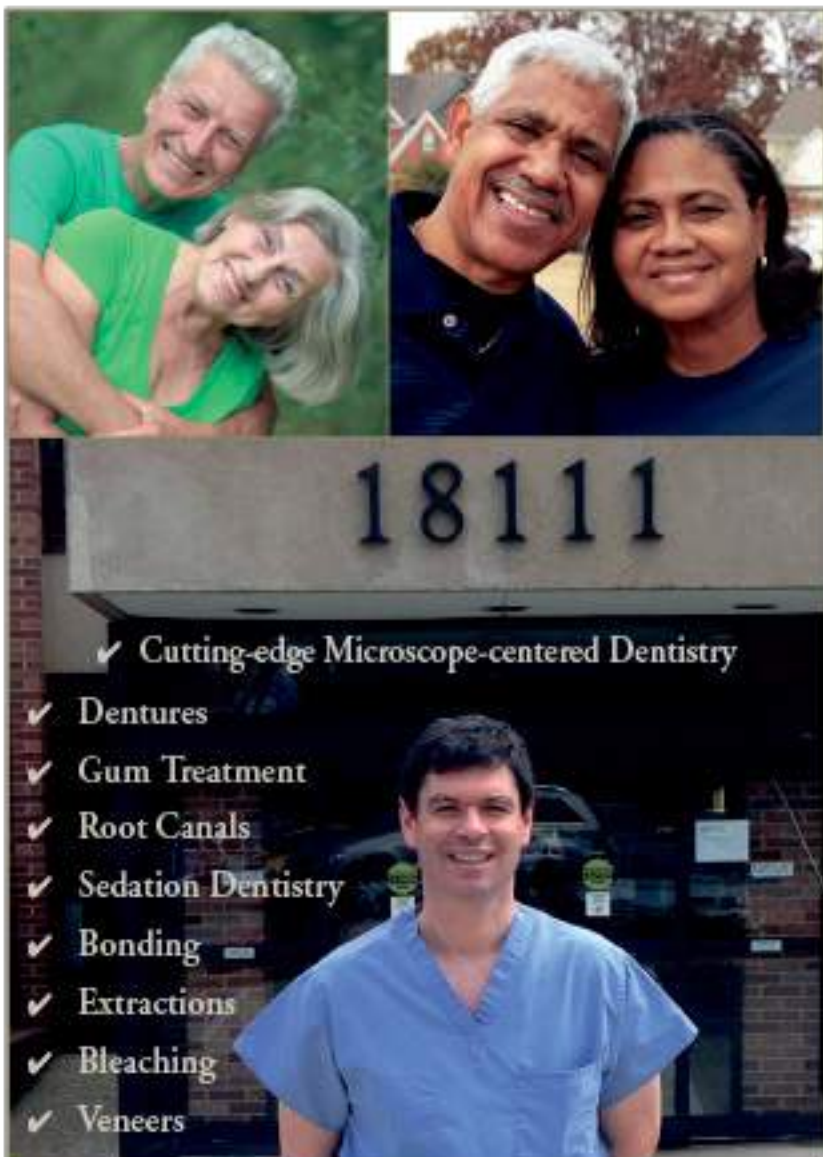
## Poker:

- A few poker game openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

- **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

- **Poker** – play Monday and Thursday, 1 p.m.-4:30 p.m., Clubhouse II Game Room. We play hi/low only (two winners). Call (301-598-4331) or (301-434-6823) or come observe.

**Scrabble:** Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.



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# CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

\*\*\***Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.**

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

## EDUCATION

**NEW - ¡Habla Connigo! a CLL course:** Participants will develop an appreciation and understanding of Spanish and the Spanish-speaking world and will be able to use Spanish in conversation on topics covered. Students will use the text, "Spanish is Fun."

The class is taught by Leisure World resident Judy Frumkin and meets Tuesdays, March 6-May 29, 1-2:30 p.m. **Fee: \$15. Register at Clubhouse I.**

**NEW - ¡Habla Connigo! Part II, a CLL course:** Using the text, "Spanish is Fun," participants will continue the study they started in September 2016. The class will cover further chapters of the book and will talk about the culture of Spanish-speaking countries.

The class is taught by Leisure World resident Judy Frumkin and meets Tuesdays, March 6-May 29, 10-11:30 a.m. **Fee: \$15. Register at Clubhouse I.**

**Reverend Martin Luther King Jr.; In His Own Words, a CLL course:** In this class, led by Paul Levy, participants will read and discuss the content and context of each the following: "Letter from Birmingham Jail," "I Have a Dream" speech, and "Beyond Vietnam, an Address Delivered at Riverside Church." The goal of this class is for participants to gain a greater understanding of King's views and his impact on the 1960s, the

Civil Rights movement and his continuing legacy.

February is Black History Month. This class is designed to coincide with Black History Month, and sessions meet on Tuesdays, Feb. 6-Feb. 20, 10-11:15 a.m. **Fee: \$15. Register at Clubhouse I.**

**Fluvial Geography: Rivers of the World, a CLL course:**

The class starts with a consideration of the importance of rivers from a historical standpoint, including discussions of cradles of civilizations in various parts of the world, rivers and their roles in U.S. history. This is followed by an examination of some of the physical geography of rivers. The economic importance of rivers for such things as providing power, manufacturing and transportation is then considered. Environmental problems such as floodplains, pollution, and competition for a finite resource are also included.

In general terms, rivers of the U.S. will be compared and contrasted with rivers from around the world. And, finally, rivers are looked at in terms of their importance to cultures from around the world.

This class, led by Tom Conger, meets Tuesdays, Feb. 6-March 13, 1-3 p.m. **Fee: \$15. Register at Clubhouse I.**

*For more information about the Center for Lifelong Learning (CLL) and its instructors, visit ([www.cllmd.com](http://www.cllmd.com))*

**Aspects of Israel: Complex and Beautiful, an ALL**

**course:** This class will explore the many facets of Israeli society. Each week, a different Shaliach – Israeli emissary – will give a talk about a different aspect of Israel.

Class meets Thursdays, Feb. 22-March 15, 1:15-2:15 p.m. **Fee: \$27. Register at Clubhouse I.**

**Introduction to the Kabbalah, an ALL course:**

This class will cover the ancient wisdom that reveals how the universe and life work. On a literal level, the word "Kabbalah" means "to receive." Join Rabbi Hillel Shaps, from the Greater Washington Kollel, on an exploration of this ancient spiritual path.

Class meets Mondays, Feb. 26-March 19, 11 a.m.-noon. **Fee: \$27. Register at Clubhouse I.**

*Adult Living and Learning (ALL) programs are co-sponsored by the Jewish Residents of Leisure World (JRLW) and the Bender JCC of Greater Washington.*

## EXERCISE

**NEW – Chair Yoga with Robin, Wednesdays:** Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Wednesdays, Feb. 21-April 11, 2-3 p.m. **Fee: \$100. Register at Clubhouse II.**

**NEW – Zumba Gold with Denny – Mondays or Fridays:** This program was

designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, Feb. 26-April 16, 10:30 a.m. or Fridays, March 3-April 20, 1 p.m. **Fee: \$50 for one day; \$95 for two days. Register at Clubhouse II.**

**NEW – Senior Sneakers:** Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), Feb. 26-April 2, and Thursdays (with Sue), March 1-April 5, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

**NEW – Mild Exercise with Shirley:** All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, Feb. 27-April 3, and Wednesdays, Feb. 28-April 4, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

**Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.):** Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier, and more



balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Feb. 5-April 2 (no class Feb. 19) and/or Thursdays, Feb. 8-March 30, 9:15-10:15 a.m. **Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.**

**New Students Only - Stretch, Tone and Balance for the Active Adult (10:30 a.m.):** The early morning class is filling up! This class is for new students who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier, and more balanced as you develop new body awareness, flexibility and control of “usable strength.”

Weights, bands, and balls are

provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, Feb. 5-April 2 (no class Feb. 19) and/or Thursdays, Feb. 8-March 30, 10:30-11:30 a.m. **Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.**

### WATER EXERCISE

**NEW – Non-impact Fusion with Beth:** This class is held in the round leisure pool (warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility and muscle strength.

Class meets Tuesdays, Feb. 27-April 3, and Thursdays, March 1-April 5, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

**NEW – Water Exercise with Nancy:** Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required, and are available for purchase from the instructor.

Class meets Tuesdays, Feb. 27-April 3, and Thursdays, March 1-April 5, 11 a.m.-noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

**NEW – Aqua Fit with Shirley:** This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesdays, Feb. 28-April 4, 1-2 p.m. **Fee: \$36, 1 day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.**



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# EYRE Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Tuesday, Wednesday & Thursday 8:30 am-2 pm  
Reservations can be made Monday through Friday, 8:30 am-5 pm by calling 301-854-6600 #4  
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

## DAY TRIPS

### Hollywood Casino, WV

Mon., 2/19, 10:00 am-5:45 pm .....\$38.00 per person  
\$15.00 slot play from casino and transportation only.

### Terra Cotta Warriors, Franklin Institute, PA

Fri., 3/2, 7:15 am-6:00 pm .....\$89.00 per person  
Explore the mystery of China's Terracotta Warriors. Lunch included.

### Philadelphia Flower Show

Thur., 3/8 or Fri., 3/9  
7:45 am-7:45 pm .....\$86.00 per person  
This year's theme is Waterworks! Lunch on own.

### 9/11 Memorial & Museum, New York

Sat., 3/17, 7:00 am-11:45 pm ..... 120.00 per person  
One World Observatory\* ..... 139.00 per person  
Includes a \$10 Gift Card to Cracker Barrel. \*Optional add-on to your day -  
Travel up to One World Observatory for an additional \$19.00 per person.

### Orchid Exhibit at Hillwood

Tues., 3/20, 10:15 am-4:45 pm ..... \$90.00 per person  
Marjorie Merriweather Post had the greenhouse constructed to house  
her extensive collection of orchids. Enjoy a tour of the greenhouse and  
learn about its history. Lunch at the café.

### National Museum of Jewish History, PA "Leonard Bernstein: The Power of Music"

Wed., 3/21, 7:45 am-6:00 pm .....\$105.00 per person  
Admission covers two exhibits: the core exhibit (docent lead) and "Leonard  
Bernstein: The Power of Music," celebrating the centennial birthday of one of  
the 20th century's most influential cultural figures. Boxed lunch provided.

### Hagerstown Outlets

Thurs., 3/22, 9:00 am-4:15 pm .....\$35.00 per person  
Shop 'til you drop! Transportation only.

### "Jesus," Sight & Sound Theatre in PA

Sat., 3/24, 9:45 am-9:15 pm .....\$159.00 per adult  
.....\$99.00 per child  
The story of "Jesus" and the everyday people whose lives he changed  
forever. Lunch prior to the show at Hershey Farm Restaurant.

### "The Hunchback of Notre Dame," Riverside Center for the Performing Arts, Fredericksburg, VA

Wed., 3/28, 9:45 am-6:45 pm .....\$117.00 per person  
As the bells of Notre Dame resound through the famed cathedral in 15th-  
century Paris, Quasimodo, the deformed bell-ringer who longs to be "Out  
There" observes all of Paris reveling in the Feast of Fools. Lunch included.

### Cherry Blossom Tour, DC

Mon., 4/2, 10:00 am-3:15 pm ..... \$79.00 per person  
Driving tour of DC with stops at WWII Memorial, FDR Memorial and Martin  
Luther King Jr. Memorial. Lunch at Carmine's included.

### Odyssey Cherry Blossom Luncheon Cruise, DC

Tues., 4/3, 9:00 am-3:45 pm .....\$105.00 per person  
Step aboard the "Odyssey" and experience the luxury only a true cruising  
vessel can provide. Enjoy a fine lunch with live entertainment and see our  
nation's greatest monuments as they drift past your table.

### Boston Pops Orchestra at Strathmore, MD

Sun., 4/8, 1:00 pm-5:15 pm .....\$148.00 per person  
It's a Jazz Age jubilee with conductor Keith Lockhart and the Boston Pops.  
Ticket to show and motorcoach transportation included.

### Murder Mystery Theater

Tues., 4/10, 7:15 am-5:45 pm .....\$117.00 per person  
Take part in an interactive, culinary who-done-it at Mount Hope Mansion in  
Manheim, PA. Accept this invitation to a sumptuous four course meal and the  
opportunity to become the detective – interrogate the suspects, put the clues  
together and uncover the truth!

### Barn Quilts, Antrim 1844 & Baughers, MD

Wed., 4/18, 7:45 am-5:00 pm .....\$104.00 per person  
The Carroll County Barn Quilt Trail is a program that pays homage to the  
county's agrarian history by installing 8-foot square quilt blocks on scenic  
barns throughout the county. Lunch is included and will be at the infamous  
Antrim 1844 in Taneytown. After lunch, a stop will be made at Baughers's  
Restaurant that features country cooking and fresh baked goods for purchase.

### Backroads to Freedom-Harriet Tubman, MD

Sat., 4/21, 8:15 am-7:30 pm .....\$115.00 per person  
A step-on Guide will join us for the day to take you through the new Harriet  
Tubman Underground Railroad State Park; travel through the Blackwater  
National Wildlife Refuge; hear stories of the Network to Freedom Highway  
and end the day with a plated lunch at Suicide Bridge Restaurant.

### "Grease" the Musical at Dutch Apple Theatre, PA

Wed., 5/16, 9:00 am-6:00 pm .....\$112.00  
Dust off your leather jackets, pull on your bobby-socks and take a trip to a  
simpler time! Transportation, show and lunch included.

## Spotlight On...

### Celebrate Black History Month at the National Museum African American History & Culture, DC

Mon., 2/19, 9:00 am-3:15 pm .....\$45.00 per person  
Admission and transportation included in trip.

## MULTI-DAY TRIPS

Myrtle Beach & Charleston, SC  
March 18-22

Best of Israel & Jordan  
March 21, Oct. 3 or Nov. 7  
12 days (fly/drive)

St. Augustine, Amelia Island  
& Jacksonville, FL  
April 8-14

Chihuly at the Biltmore, NC  
& The Smoky Mountains, TN  
May 20-24

A Trolley, A Train  
& Patsy Cline's Winchester  
May 23-25

All the Presidents Homes, VA  
June 3-5

Newport, RI  
June 7-11

Cape Cod, MA  
July 22-26

Nova Scotia & Canada's  
Maritimes  
Aug. 10-18

A Taste of Tuscany  
Sept. 2-9

Mystical Peru  
Sept. 11-17

## CRUISES

Carnival Pride Bermuda  
Cruise  
April 8-15

Princess Cruise Alaska on the  
Golden Princess (land/cruise)  
Aug. 14-25

Princess Cruise Alaska on the  
Golden Princess (cruise only)  
Aug. 18-25

Royal Caribbean Canada &  
New England  
Sept. 27- Oct. 6

We can book any cruise line anywhere you want to cruise.

(All Trips depart from Clubhouse II)

Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:  Easy Walking   More Walking    A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in  
airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 60 Years".

**INCLEMENT WEATHER POLICY:** Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip  
is cancelled, you will also receive a phone call from us once the office is open.

# CALENDAR *of Events*

**Friday, February 2**

**Clubhouse I**  
10:00 a.m. Drawing Clinic Art Class  
12:15 p.m. Kiwanis Club  
1:30 p.m. Any Level Watercolor Art Class  
2:30 p.m. Beginner Bridge Class  
3:00 p.m. Hispanos de LW: Games  
7:00 p.m. Friday Duplicate Bridge  
**Clubhouse II**  
1:00 p.m. Ping Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
1:00 p.m. Zumba Gold Class

**Saturday, February 3**

**Clubhouse I**  
9:00 a.m. Gentle Yoga Class  
10:00 a.m. American Needlepoint Guild (ANG)  
10:00 a.m. Open Art Studio  
6:00 p.m. Lions Club Program  
**Clubhouse II**  
9:15 a.m. JRLW Services  
2:00 p.m. Going It Alone Club: Social

**Sunday, February 4**

**Clubhouse I**  
No Scheduled Activities  
**Clubhouse II**  
2:00 p.m. Fireside Forum  
6:00 p.m. Baby Boomer Club: Super Bowl Party

**Monday, February 5**

**Clubhouse I**  
9:15 a.m. Stretch and Tone Class  
10:30 a.m. Beginner Stretch and Tone Class  
1:00 p.m. Paintbrush and Knife Art Class  
1:00 p.m. CLL General Meeting  
1:30 p.m. LW Chorale  
7:00 p.m. Bingo  
**Clubhouse II**  
9:00 a.m. Senior Sneakers  
10:00 a.m. Clipper Workshop  
10:30 a.m. Zumba Gold Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Chess Club  
2:00 p.m. Line Dance Class  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Class

**Tuesday, February 6**

**Clubhouse I**  
9:00 a.m. Blood Pressure Testing  
9:30 a.m. Any Medium Art Class  
10:00 a.m. CLL Class: MLK In His Own Words  
1:00 p.m. CLL Class: Fluvial Geography: Rivers of The World  
1:00 p.m. Watercolor Techniques Art Class  
7:00 p.m. Duplicate Bridge  
7:00 p.m. Trivia Group  
**Clubhouse II**  
9:30 a.m. Beginner and Advanced Tai Chi Class  
11:00 a.m. Water Exercise Class  
11:00 a.m. Mild Exercise Class  
12:30 p.m. Scrabble Group  
1:00 p.m. Non-Impact Fusion Water Exercise Class  
1:30 p.m. Comedy and Humor Club  
6:15 p.m. Move to the Beat Class  
7:00 p.m. Camera Club

**Wednesday, February 7**

**Clubhouse I**  
9:00 a.m. Gentle Yoga Class

9:15 a.m. Income Tax Service  
10:00 a.m. Express Yourself Drawing and Painting Art Class  
10:30 a.m. CLL Class: Heliophysics: A New Scientific Discipline  
11:00 a.m. Short Story Group  
1:00 p.m. Painting and Miniatures: Oils, Acrylics and Alkyds Art Class  
2:00 p.m. Book Club Network: African Heritage  
3:00 p.m. Intermediate Bridge Class  
6:45 p.m. Chicago Bridge  
**Clubhouse II**  
11:00 a.m. Mild Exercise Class  
1:00 p.m. Chess Club  
1:00 p.m. Ping Pong Club  
1:00 p.m. Aqua Fit Water Exercise Class  
4:00 p.m. LWAAAC: General Meeting  
7:30 p.m. Fun and Fancy Theatre Group

**Thursday, February 8**

**Clubhouse I**  
9:15 a.m. Stretch and Tone Class  
10:00 a.m. Painting is for Everyone Art Class  
10:30 a.m. Beginner Stretch and Tone Class  
12:30 p.m. Ladies Bridge  
1:00 p.m. Oils and Acrylics Art Class  
7:00 p.m. Democratic Club  
**Clubhouse II**  
9:00 a.m. Senior Sneakers Class  
9:30 a.m. Beginner and Advanced Tai Chi Class  
9:30 a.m. Quilters Group  
11:00 a.m. Water Exercise Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Non-impact Fusion Water Exercise Class  
4:00 p.m. Model Railroad Club

**Friday, February 9**

**Clubhouse I**  
10:00 a.m. Drawing Clinic Art Class  
1:30 p.m. Any Level Watercolor Art Class  
2:30 p.m. Beginner Bridge Art Class  
3:00 p.m. Hispanos de LW: Games  
5:00 p.m. AIM Program: Lavenia Nesmith  
7:00 p.m. Friday Duplicate Bridge  
**Clubhouse II**  
1:00 p.m. Ping Pong Club  
1:00 p.m. Chess Club  
1:00 p.m. Friday Bridge  
1:00 p.m. Zumba Gold Class

**Saturday, February 10**

**Clubhouse I**  
9:00 a.m. Gentle Yoga Class  
10:00 a.m. Open Art Studio  
**Clubhouse II**  
9:15 a.m. Shabbat Services  
2:00 p.m. Going It Alone Club: Bingo  
4:00 p.m. LWAAAC Movie: “The Good Fight”  
7:00 p.m. Baby Boomer Club

**Sunday, February 11**

**Clubhouse I**  
Have a Wonderful Day  
**Clubhouse II**  
Have a Wonderful Day

**Monday, February 12**

**Clubhouse I**  
9:15 a.m. Stretch and Tone Class  
10:00 a.m. Garden and Environmental Club

**Dial 301-598-1313**  
**for recorded Daily Events**

## Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

<b>Communications</b> Feb. 15, 10:00 a.m., Clubhouse I	<b>Physical Properties</b> Feb. 13, 9:30 a.m., Clubhouse II
<b>Community Planning</b> Feb. 12, 9:30 a.m., Clubhouse I	<b>Security and Transportation</b> Feb. 8, 9:30 a.m., Clubhouse I
<b>Education and Recreation</b> Feb. 6, 9:30 a.m., Clubhouse I	<b>Strategic Planning</b> Feb. 7, 2:00 p.m., Sullivan Room
<b>Government Affairs</b> Feb. 12, 2:00 p.m., Sullivan Room	<b>Technology</b> Feb. 6, 10:00 a.m., Sullivan Room

**LWCC Board of Directors**  
Feb. 27, 9:30 a.m., Clubhouse I  
The meeting airs on March 5, 7 and 9 at 4 p.m. and 7 p.m. on channel 974.

**LWCC Executive Committee**  
Feb. 16, 9:00 a.m., Sullivan Room  
The meeting airs on Feb. 21, 22 and 23 at 4 p.m. and 7 p.m. on channel 974.

*Meeting times and locations subject to change.*

## Leisure World Mutual Meetings

<b>February 6</b> <b>Mutual 18 Board</b> 1:30 p.m., Sullivan Room <b>Mutual 6B Board</b> 2:00 p.m., Mutual	<b>February 13</b> <b>Mutual 16 Board</b> 9:30 a.m., Sullivan Room <b>Mutual 19A Board</b> 9:30 a.m., Clubhouse II <b>Mutual 7 Board</b> 1:00 p.m., Sullivan Room <b>Mutual 25 Board</b> 7:00 p.m., Sullivan Room
<b>February 7</b> <b>Mutual 8 Board</b> 11:00 a.m., Sullivan Room	<b>February 14</b> <b>Mutual 11 Board</b> 9:30 a.m., Clubhouse I
<b>February 8</b> <b>Mutual 12 Board</b> 1:00 p.m., Clubhouse I	<b>February 15</b> <b>Mutual 15 Board</b> 9:30 a.m., Clubhouse I

*Meeting times and locations subject to change.*

10:30 a.m. Beginner Stretch and Tone Class  
1:00 p.m. Paintbrush and Knife Art Class  
1:30 p.m. LW Chorale  
7:00 p.m. Bingo  
**Clubhouse II**  
9:00 a.m. Senior Sneakers Class  
10:30 a.m. Zumba Gold Class  
12:30 p.m. Men’s Bridge  
1:00 p.m. Chess Club  
2:00 p.m. Line Dance Class  
3:00 p.m. Line Dance Class  
4:00 p.m. Ba Duan Class  
7:30 p.m. Mardi Gras/Valentine’s Day Dance  
**Clubhouse II**  
9:30 a.m. Beginner and Advanced Tai Chi Class  
11:00 a.m. Mild Exercise Class  
11:00 a.m. Water Exercise Class  
12:30 p.m. Scrabble Group  
1:00 p.m. Non-Impact Fusion Water Class  
1:30 p.m. Comedy and Humor Club  
3:00 p.m. Parkinson’s Support Group  
6:15 p.m. Move To the Beat Class  
7:00 p.m. Vegetarian Society  
7:00 p.m. Camera Club

**Tuesday, February 13**  
**Clubhouse I**  
10:00 a.m. CLL Class: MLK In His Own Words  
1:00 p.m. CLL Class: Fluvial Geography: Rivers of the World  
1:00 p.m. Amateur Radio Club  
7:00 p.m. Duplicate Bridge  
7:00 p.m. Trivia Group

**Wednesday, February 14**  
**Clubhouse I**  
8:45 a.m. Income Tax Service  
9:00 a.m. Gentle Yoga Class  
10:15 a.m. League of Women Voters  
10:30 a.m. CLL Class: Heliophysics: A New Scientific Discipline  
1:30 p.m. Low Vision Support Group



2:00 p.m. Woman's Club: Tea  
 2:00 p.m. LW Green  
 3:00 p.m. Intermediate Bridge Class  
 6:00 p.m. Lions Club Program  
 6:45 p.m. Chicago Bridge  
**Clubhouse II**  
 11:00 a.m. Mild Exercise Class  
 1:00 p.m. Chess Club  
 1:00 p.m. Ping Pong Club  
 1:00 p.m. Aqua Fit Water Exercise Class  
 1:30 p.m. Stroke Support Group

#### Thursday, February 15

##### Clubhouse I

9:15 a.m. Stretch and Tone Class  
 10:30 a.m. Beginner Stretch and Tone Class

11:00 a.m. Writers Workshop  
 12:30 p.m. Ladies Bridge  
 2:00 p.m. Book Club Network  
 2:00 p.m. CLL Class: Great Photos with the iPhone

##### Clubhouse II

9:00 a.m. Senior Sneakers Class  
 9:30 a.m. Beginner and Advanced Tai Chi Class  
 10:00 a.m. Stitching Group  
 11:00 a.m. Water Exercise Class  
 12:30 p.m. Men's Bridge  
 1:00 p.m. Non-Impact Fusion Water Exercise Class  
 1:00 p.m. Movie: "La La Land"

#### Friday, February 16

##### Clubhouse I

10:00 a.m. Book Club Network: Bookies  
 10:00 a.m. Book Club Network: Diversity Strong  
 12:15 p.m. Kiwanis Club  
 2:30 p.m. Beginner Bridge Class  
 3:00 p.m. Hispanos de LW: Games  
 7:00 p.m. Friday Duplicate Bridge

##### Clubhouse II

10:00 a.m. Chinese Club  
 12:00 p.m. JRLW: Pizza Party  
 1:00 p.m. Zumba Gold Class  
 1:00 p.m. Ping Pong Club  
 1:00 p.m. Chess Club  
 1:00 p.m. Friday Bridge Group

4:00 p.m. LWAAAC: Black History  
 7:00 p.m. Baby Boomer Club: Movie

#### Saturday, February 17

##### Clubhouse I

9:00 a.m. Gentle Yoga Class

##### Clubhouse II

9:15 a.m. JRLW Services  
 12:00 p.m. LGBT Alliance  
 2:00 p.m. Going It Alone Club: Social  
 7:00 p.m. Sock Hop Group

#### Sunday, February 18

##### Clubhouse I

10:00 a.m. JRLW Breakfast Forum

##### Clubhouse II

3:30 p.m. Camera Club: Photo Matinee

#### Monday, February 19

##### Clubhouse I

9:45 a.m. AARP Driving Course  
 11:00 a.m. LW Lions Club Branch  
 1:00 p.m. Paintbrush and Knife Art Class  
 1:30 p.m. Republican Club  
 1:30 p.m. Hadassah: Judaic Study Group  
 1:30 p.m. NARFE  
 1:30 p.m. LW Chorale  
 6:00 p.m. LW Lions Club  
 7:00 p.m. Bingo

##### Clubhouse II

10:00 a.m. Clipper Workshop  
 11:00 a.m. Chair Yoga Class  
 12:30 p.m. Men's Bridge  
 1:00 p.m. Chess Club  
 2:00 p.m. Line Dance Class  
 2:00 p.m. Chair Yoga Class  
 3:00 p.m. Line Dance Class  
 4:00 p.m. Ba Duan Class

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1 APY—Annual Percentage Yield. Dividend rates are: 1-year certificate, 1.48%; 2-year certificate, 1.80%; 3-year certificate, 1.68%; 4-year certificate, 2.02%; 5-year certificate, 2.40%. A \$500 minimum opening deposit is required. A penalty will be imposed for early withdrawal. IRA Certificates are not eligible. Available to Signal Financial Federal Credit Union members. See the Membership page on our website, [signalfinancialfcu.org](http://signalfinancialfcu.org), to find out how to join. Rates and terms are subject to and can change at any time without notice. For more information about terms and penalties for share certificates, visit the Share Certificates page on our website: [www.signalfinancialfcu.org/banking/investment-solutions/share-certificates](http://www.signalfinancialfcu.org/banking/investment-solutions/share-certificates).

2 A standard share savings account at Signal Financial FCU pays 0.75% APY and requires a \$50 minimum balance to earn the dividend. Federally insured by NCUA.

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# VALENTINE'S DAY DINNER

Wednesday, February 14, from 4 p.m.-9 p.m.  
Clubhouse Grille

**BROILED FRESH HALIBUT** ..... \$30  
risotto, asparagus and lemon butter sauce

**STEAK AND SHRIMP** ..... \$30  
New York strip, jumbo shrimp, mashed potatoes and asparagus

**STUFFED SALMON** ..... \$30  
Crab Imperial, hollandaise, mashed potatoes, asparagus

**BROILED LOBSTER CRAB CAKES** ..... \$30  
risotto and asparagus

**TWIN LOBSTER TAILS** ..... \$30  
rice pilaf and asparagus

**SURF AND TURF** ..... \$30  
filet mignon, lobster tail, mashed potatoes and asparagus

**GRILLED LAMB CHOP** ..... \$30  
mashed potatoes, red wine demi and asparagus

All entrees include a house garden salad or caesar salad.  
Also includes a platter of chocolate covered strawberries and assorted chocolate truffles and petit fours for the table.

*\*Reservations Available any time from 3 p.m. until 8:30 p.m.  
Call 301-598-1330*



## Dessert?

Even if you decide to leave the community for dinner, stop by Clubhouse Grille afterwards for dessert and coffee; maybe even a drink.

*Enjoy coffee and any dessert  
for only \$4 after 8 p.m.*

### Also available:

- Irish Coffee ..... \$3
- Grand Marnier ..... \$5
- Kahlua ..... \$3
- Drambuie ..... \$4
- Bailey's Irish Cream .... \$3
- Cointreau ..... \$4
- Amaretto DiSaronno ... \$3



## Happy Hour

Wednesday through Saturday, 4 p.m. - 6 p.m.

### ALL RAIL COCKTAILS ONLY \$3

*Pinnacle Vodka, Seagram's Gin,  
Old Grand Dad Bourbon, Seagram's 7 Whiskey,  
Bacardi Rum, White Horse Scotch*

### ALL CALL BRAND COCKTAILS ONLY \$4

*Tito's Vodka, Tanqueray Gin, Jim Beam Bourbon,  
Seagram's VO Scotch Whiskey, Captain Morgan Rum,  
Cutty Sark Scotch*

### ALL TOP SHELF COCKTAILS ONLY \$5

*Absolut Vodka, Bombay Gin, Maker's Mark Bourbon,  
Jack Daniels Whiskey, Johnnie Walker Red Scotch*

### ALL BEER AND HOUSE WINES ONLY \$3

**Clubhouse Grille Hours:** Wed. – Sat.: 4 p.m. – 10 p.m. | Brunch, last Sunday of each month: 10 a.m. – 3 p.m.

**Stein and Terrace Room Hours:** Sunday: 9:30 a.m. – 8 p.m. | Mon.– Tues.: 9 a.m. – 8 p.m. | Wed.– Sat.: 9 a.m. – 9 p.m.

For Clubhouse Grille Reservations, call 301-598-1330 | For Stein and Terrace Room reservations, call 301-598-1331



# CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. We shall accept advertising on the same basis as other reputable publications: that is, we shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time we will not undertake to guarantee the reliability of our advertisers.

For information on placing advertisements in the Leisure World News, visit [leisureworld-maryland.com](http://leisureworld-maryland.com) or call (301-589-1310).

## ESTATE SALES

CASH FOR ESTATES; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. ([atticllc.com](http://atticllc.com)) Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC - I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment Janet Ray (301-384-3198), ([wishalot10@aol.com](mailto:wishalot10@aol.com)).

## REAL ESTATE FOR SALE

A WISE CHOICE. Call me. Marilyn Rubinstein of Weichert Realtors. Your expert in this great community. Top 1% Nationwide. #1 Office Producer with over 40 years of experience and hundreds of sales right here. Call me for a free market analysis. Please call and we'll talk. I make buying or selling an enjoyable and successful experience. Call Marilyn today (301-674-1288).

LOVELY UNIT WITH OPEN FLOOR PLAN in Vantage Point East with garage. Hardwood floors, granite countertops, fresh paint, extra-large enclosed balcony with beautiful view! Call Greg or Eve Marinik of Long and Foster Real Estate (240-994-5258), (301-221-8867), (301-548-9700). Low \$300s.

THINKING OF BUYING OR SELLING? Call Sue Heyman of Weichert Realtors, Leisure World Plaza, community resident for over 14 years! See MY CURRENT ACTIVE and COOMING SOON listings in the ads below: FAIRWAYS HI-RISE CONDO, “E” MODEL, 2BR, 2FB, fresh paint, new carpet, new cabinets & granite kitchen counters, enclosed balcony with view of fountain & pond, 5th floor, midway down hall, all electric, 980 sf, \$159,900. Sue Heyman, Weichert, Realtors, direct (301-580-5556), office (301-681-0550).

GARDEN APARTMENT CONDO, elevator building, 2BR, 2FB, fresh

paint, ranch kitchen w/ new fridge & faucet, large laundry room, enclosed balcony w/wooded view, all-electric home, most utilities included, 1043 sf, \$138,900. Sue Heyman, Weichert, Realtors, direct (301-580-5556), office (301-681-0550).

COMING SOON: CO-OP BERKLEY TOWNHOUSE, 2 BR, 1 FB, 2 HB, amazing renovation, kitchen opened up, stunning quartz counters, stainless appliances, Italian cabinets, luxury planked laminate floors, w/d moved to 2nd floor, updated baths, exquisite tile work, floored attic, superb views, 1600 sf, \$175,000. Sue Heyman, Weichert, Realtors, direct (301-580-5556), office (301-681-0550).

COMING SOON: VANTAGE POINT HI-RISE CONDO, “B” MODEL, 2 BR, 2 FB, luxury building, panoramic views, traditional floor plan, kitchen w/ pass through to dining area, owner’s BR w/step-in shower, enclosed balcony, gas heat, large windows, high ceilings, additional cage storage, 1035sf, \$180,000. \* Look for the display ad of MY 2017 TRANSACTIONS in this edition. Call with any questions, for your free community booklet & tour, or for a free competitive market analysis. Sue Heyman, Weichert, Realtors, direct (301-580-5556), office (301-681-0550).

A GREAT OPPORTUNITY TO BUY! Sparking F Model in Fairways South. Remodeled kitchen with track lighting. Fresh paint/carpet. Lovely view of pond/fountain. Steps to elevator. Call Marilyn Greggs, Weichert, (301-908-8803).

ANOTHER GREAT OPPORTUNITY TO BUY! Lovingly maintained patio home on Fiske Terrace. Remodeled kitchen and bath; cathedral ceiling in living room. Fresh paint and carpet. Den off of living area and one car garage. French doors to covered patio, convenient for entertaining or enjoying the sunshine. Call Marilyn Greggs, Weichert, (301-908-8803).

## REAL ESTATE FOR RENT

LOVELY 3 BEDROOM and 2 full bath unit in low rise building with elevator. Hardwood floors, updated appliances updated countertops, laundry room with full sized washer and dryer. Call Greg Marinik (240-994-5258) or Eve (301-221-8867), Long and Foster Real Estate Office (301-548-9700). \$1649.00.

## APARTMENTS TO SHARE WANTED

QUIET, EASY GOING HEALTHY WOMAN needs room in home. Use kitchen but spend time in room writing spiritual work or traveling. 8 years in LW. Bette (301-922-0437) or ([Bette@lightbodysong.com](mailto:Bette@lightbodysong.com)).

## FOR SALE

HUGE BARGAIN SALE! Recliner/rocker, like new. Cost \$400; sell \$125. Vintage jewelry, art, china, glass, orientalia, dolls, small table, handbags. \$5-20, cash. (301-598-1698)

CHERRY BEDROOM SET: King-size headboard, two beds, bureau, bedding - \$100; sofabed - \$50; large suitcase - \$10. Call (301-438-0983).

PRINTER/SCANNER – new in the box. Cannon Pixma MX922. Excellent reviews. Call Marilyn (301-908-8838).

## AUTO SALES

2008 Grand Marquis LS with leather. MD inspected. Like new. Only 25,000 miles \$12,0000. I will buy your car even if you don’t buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier’s check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

1986 OLDSMOBILE CUTLASS SUPREME, 4-door, V-8, a/c. Like new. Only 33,000 original miles. \$5,000. I will buy your car even if you don’t buy mine. Dealing with Leisure World for 38 years. Licensed and bonded. Cash or cashier’s check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

## TRANSPORTATION SERVICES

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CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Over 50 satisfied customers from Leisure World. Larry Kraft (240-743-8287).

## HEALTH CARE SERVICES

The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are “certified nursing assistants.”

“A” HOME HEALTH CARE for Senior Citizens – Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

ELDERLY CARE: Over 10 years experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

HOME HEALTH CARE/Caregiver: Senior citizens, CNA. Work 10 years in LW. Grad, BSN (Filipina nurse). Roman Catholic. Culinary grad in Europe. Speak different languages. Schooling for nutrition. Work long/short term. Call Connie at (240-449-6362).

CNA –25 years experience. Loving, caring, reliable, looking for full or part-time work. Live-in or -out. Call (240-354-5372) or (301-306-0073).

EXPERIENCED, CARING CNA with CPR certificate seeks live-out position, Monday-Friday, 8-12 hours a day. Call Millie at (301-742-5386).

INDEPENDENT CONTRACTOR for licensed caregiver (GNA). 15 plus years work experience in a nursing home, assisted living, home support and private duty care and companionship. Understand clients’ challenges. Very friendly with flexible schedule. Hours: 6-12 hours, Monday-Friday. Contact Florence at (240-277-5053). Reference available upon request.

LICENSED CNA. Reliable and loving, caring person providing quality and affordable care. Day or night, 2-4 hours. Overnight, flat rate. Call Neema (240-687-7471).

LOVING, CARING PERSON. Have worked in Leisure World for 10 years. I am looking for a Full-time job, Monday-Friday. LW reference. Please call Alice (240-839-0087).

AIDE ASSIST & CARE “Caring for Today for a Brighter Tomorrow.” Licensed CNA, CMT, CPR/first aid, food handlers. Services: companionship, errands, dr. appts, cooking, cleaning and everyday care. No job is too big or too small. Please call for further details and pricing. (240-573-6184) E. Scott

I AM SEEKING elderly care for weekends. Drive and will cook and light housekeeping. CPR certified and Alzheimer’s specialty. Offering a discounted rate for senior over 85. Call JP at (301-598-3627).

CAREGIVER WITH CNA license and 8 years experience. Available to work daytime, nighttime and weekends, fulltime or part-time. Have own transportation. Call Aleka (240-715-8189).

CERTIFIED AND BONDED Nursing Assistant with over 15 years experience. Excellent references, drives, looking for 4 p.m.- 10 p.m. or weekends day or night. Please call Barbara, (240-426-3661).

LPN, CNA, CPR, first aid. Compassionate caregiver. Skills: personal care, meds administration, wound care, BLS checks, insulin administration, G-tube, tracheostomy care, clients with dementia or stroke. Great reference. Roseline (301-466-3186).

#### ASSISTED LIVING

ASSISTED LIVING SERVICES - Go to ([www.wellnesstouch.biz](http://www.wellnesstouch.biz)). A safe, economical, peaceful and clean home in the Olney - Cloverly area. MD licensed since 2010. For a consumer report, view ([Caring.com](http://Caring.com)). Ask about our 1st year discount. Call (301-525-8087).

2 RN's ASSISTED LIVING LLC - Care beyond call of duty. Just opened our new Assisted Living. Operated by experienced, registered nurses. Accepting a few new residents. Licensed level care 1, 2, 3. Tel. (301-338-4015) or (240-221-3318). Email: ([patyusingco@yahoo.com](mailto:patyusingco@yahoo.com)).

#### GENERAL SERVICES

ALTERATIONS - 30 years experience in Leisure World! Men's & woman's garments picked up and dropped off at your convenience. Very competitive prices. Call Mimi (301-990-6468).

KITCHEN AND BATHROOM Remodeling - Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-

598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

SMALL JOBS WELCOME! Picture hanging, moving boxes, carpet stretching, assembling furniture (example: IKEA), adjusting bathroom fixtures, hanging curtain rods, resetting closet doors, general painting. Need something else? Please ask Jesse (301-747-5054).

RELIABLE, EXPERT HANDYMAN: painter, carpenter, tile-setter. Licensed and insured. Affordable prices. No job too big or too small. Extensive experience and references at Leisure World. Please call Carolos Gomez (301-305-4727).

STAIR LIFTS: Never walk up steps again! Buy new or certified pre-owned stair lifts at reduced prices. Installation, lifetime warranty and free service contract included. Call (301-448-5254).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local - long distance - hauling - pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) ([Cmora53607@msn.com](mailto:Cmora53607@msn.com)) ([www.continentalmovers.net](http://www.continentalmovers.net)).

TIRED OF POLISHING your silver? Turn it into cash, which does not tarnish. I will come to your home and give you a free evaluation of what I can pay. I buy all gold and silver jewelry, including broken pieces, all sterling silver, gold and silver coins,

gold watches, etc. I am licensed with both Maryland and Montgomery County (lic. #2327). If you decide to sell, I can buy your items at that time, but there is no obligation. Call Bob, Gold 4 Good, 8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910 (240-938-9694).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55-yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

#### CLEANING SERVICES

R&G CLEANING SERVICES - Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

ALICIA'S CLEANING SERVICES - Good references. Good rate. Once a week or every two weeks. (240-286-3807)

HOUSE CLEANING - 22 years experience. Worked in LW for 10 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

HOUSE CLEANING BY JOY: Weekly, bi-weekly, monthly, one time move in/move out. Reliable. Reasonable rates. Quality work serving area over 10 years. (240-393-9863)

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean & dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

#### COMPUTER HELP

COMPUTER SERVICES - Problems with your PC or Network? Computer Systems Engineer will come to you with help. Home, business. Call David G. (301-642-4526).

A+ COMPUTER SERVICES. Free in-house diagnostic of your computer, printer, or basic set-ups. A+ certified, virus removal, back up, and retrieve important data, photos, and music. Have served over 400 clients in Leisure World. Also will teach lessons on Microsoft Office and basic computer skills at your home. Alex Nowrouzi, (301-312-2277). I reside in Leisure World.

## Learn about senior living at **Riderwood**.



Request your FREE brochure from the premier retirement community in Silver Spring. Get the facts about our vibrant lifestyle, stylish apartment homes, expert health care, and so much more!

There's no risk in learning more!  
Call **1-800-989-6177** or visit **RiderwoodCommunity.com**.



Silver Spring  
[RiderwoodCommunity.com](http://RiderwoodCommunity.com)





COMPUTER LESSONS / SERVICES - Need help with your computer or other digital devices in your home? Tablets, smartphones, smart TVs and more. Computer training, new computer setup, troubleshooting. Lessons at your residence at your convenience. Learn basic computer, email, surfing the web, digital photos. Patient trainer will sit by your side and teach you in plain English -

no technical talk! Shopping assistance for all electronic and computer items. Senior specialist since 1996. Senior discount. Call David at (301-980-5840). COMPUTERTUTOR

#### PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll transfer your photos, slides,

and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services (301-438-3140).

NOTARY, residing in Leisure World. I offer my service free of charge to Leisure World residents. Can come to your home if needed. (301-379-9694).

FELLOW LEISURE WORLD resident available for companion (local and travel); transportation: errands, church, social and medical appts.; friendly visitor. Excellent references. Call Kathleen at (202-758-9208).

LW RESIDENT AVAILABLE on weekends and some late evenings. Dog walking, cleaning, grocery shopping and companionship. Call CB at (703-772-7124).

GUITAR, PIANO, VOICE lessons! It is never too late to learn! Beginner and intermediate welcome! Call Wendy (LW Resident!) at (301-938-4922) or email at (awdmf@aol.com).

#### WANTED

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years experience serving Leisure World. Leave message 24 hours. I will come to you. Cash or cashiers' check at your request. I can also help with your new car purchase, any make

or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, weapons, helmets, photos, medals or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. (atticllc.com) Gary (301-520-0755).

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (atticllc.com) Gary (301-520-0755).

TURN YOUR STERLING SILVER and old gold jewelry into cash and do something good for yourself. Gold 4 Good (8241 Georgia Ave., Ste. 100, Silver Spring, MD 20910) buys gold and silver jewelry, including broken pieces, all sterling silver, gold watches and gold and silver coins. I will come to your house and give you a free evaluation of what I can pay. If you decide to sell, I can buy your items at that time, but there is no obligation. Licensed with both Maryland and Montgomery County (lic. #2327). Call Bob (240-938-9694).

WANTED: FIREARM COLLECTIONS, one piece or one hundred, licensed local dealer will come to you. Contact Richard Thornley at (301-253-0425).



## Kitchen & Bath Remodeling

### 301-598-8400

SERVING LEISURE WORLD SINCE 1988

Cabinetry, countertops, tile, custom carpentry.  
Safety First- Tub to Shower Conversions.  
Price match guarantee on all projects.



MHIC# 36674



# MINDFUL MEDITATION

Presented by Terrie Daniels, senior fitness and wellness specialist, Brooke Grove Retirement Village



MONDAYS • 10-10:30 A.M.  
FEBRUARY 19-MARCH 26

THE INTER-FAITH CHAPEL • MEDITATION CHAPEL  
3680 SOUTH LEISURE WORLD BLVD • SILVER SPRING, MD 20906

Experience guided, mindful meditation in a quiet space. Sessions promote greater focus, reduced anxiety, increased compassion and improved well-being.

Six-week Session Fee: \$25. • RSVP to The Inter-Faith Chapel office at 301-598-5312 by Wednesday, February 14.  
Registration: 9:30 a.m. • Limited space available.

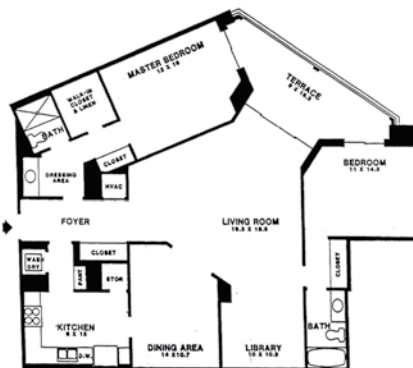


# #1 In LISTINGS In Leisure World®

## Authorized Leisure World® Specialist



**Royal Aintree Patio Home - \$374,900**  
2 BR, 2 FB, 1346 sq. ft. New carpet, wood floor in living and dining rooms, updated kitchen, sunroom, 1 car garage.



**"S" Model - Fairways - \$269,000**  
2 BR, 2 BA, den/library, 1460 sq. ft. Freshly painted and garage space included.



**"Raleigh" Model - \$89,000**  
1 BR, 1 FB, 990 sq. ft. Freshly painted, enclosed sunroom.



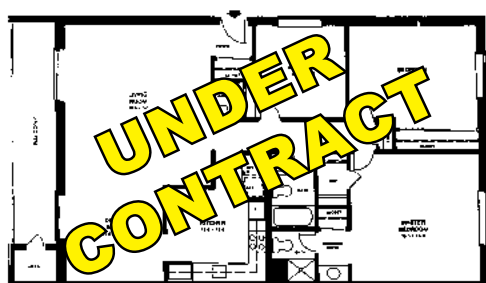
**"M" Fairways - \$279,000**  
2 BR, 2 FB, 1530 sq. ft. Rough for half bath, golf course view, garage space.



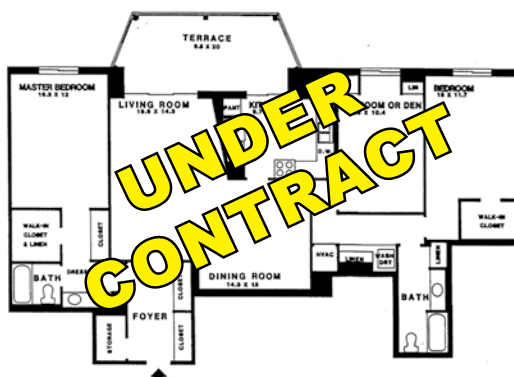
**"F" Model - Greens - \$159,000**  
2 BR, 2 BA, 1115 sq. ft. First floor, freshly painted and garage space included.



**"H" Model - Greens - \$215,000**  
2 BR, 2 FB, 1210 sq. ft. Freshly painted, new carpet, tiled bathrooms, golf course view, garage space included.



**"Capri" Model - \$189,000**  
3 BR, 2 FB, 1415 sq. ft. Freshly painted, carport, balcony, plush carpet, eat-in kitchen



**"L" Model - Greens - \$310,000**  
3 BR, 2 FB, 1630 sq. ft. Freshly painted, new carpet, golf course view, separate storage room, garage space included.



**"K" Model - Greens - \$205,000**  
2 BR, 2 FB, den/library, 1480 sq. ft. Freshly painted, new carpet, garage space.

Experience for yourself why Stan is #1 in Leisure World®

**Call 301-928-3463 and ASK for STAN!**



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Web: www.stanmoffson.com





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