

Board of Directors Approves Resolutions

by Maureen Freeman,
Leisure World News

The Leisure World Community Corporation board of directors approved several resolutions at its April 25 meeting.

Clubhouse II Renovations

The board approved a 2018 maintenance fund payment for fitness center and game room renovations in Clubhouse II.

With the projected August completion of a new fitness center in the clubhouse, the existing fitness center will become a game room with new carpet, paint and lighting

upgrades.

The existing game room, which has several pool tables and a poker table, will convert to meeting room space and will include new paint, a lighting upgrade and a room divider.

MedStar Lease

The board authorized Leisure World general manager Kevin Flannery to complete an operating agreement and lease with MedStar Health, which has leased the medical center on North Leisure World Boulevard since 2013.

The proposed new lease would run from January 2018

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New MedStar Manager Focuses on Integrative Health

by Stacy Smith, Leisure World News

The MedStar Health medical center’s new manager of operations, Kamran Hassan, said he is dedicated to bringing integrative, high-quality care to Leisure World residents. He joined the center’s staff March 6.

His vision for the medical center on North Leisure World Boulevard is to combine “high-quality providers with high-quality level staff, and make it very inviting and friendly for residents to come in, so that they can get seamless healthcare services,” he said.

As part of this effort, the medical center recently transitioned from a paper to electronic medical record system. The system links Leisure World’s MedStar center to all other MedStar hospitals and in-patient facilities – a useful upgrade in service because Leisure World residents constitute a third of MedStar Montgomery medical center’s patient base, Hassan said.

When a patient visits another MedStar facility, Leisure World’s MedStar has access to the medical records from the patient’s hospital trip or medical

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Club Celebrates Arbor Day with Tree Planting



Garden and Environmental Club president Mary Ann Steele, left, and outgoing Club president Peggy Reynolds shovel mulch around a newly planted Bloodgood Japanese maple tree April 28. Photo by Stacy Smith, Leisure World News

by Stacy Smith, Leisure World News

Resident tree lovers and guests joined the Garden and Environmental Club for an educational program and tree planting to celebrate National Arbor Day April 28.

Landscaping contractor McFall & Berry Inc. planted a Bloodgood Japanese maple tree at the Trust property’s grassy area near the intersection of the Georgia Avenue Gate entrance and Leisure World Boulevard.

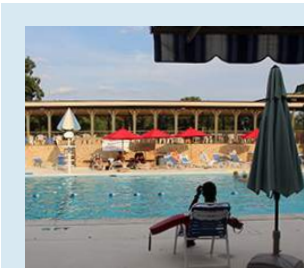
“We’re trying to make this a

real focal point, because everybody drives through here. The first thing they see is this area,” said Aaron Tenley, grounds maintenance.

Two firs and a redbud tree located nearby are on the decline, so the new tree will help to keep the area spruced, Tenley added.

Bloodgood Japanese maple trees have star-shaped leaves that produce reddish purple foliage, especially in spring and fall. The tree will mature to about 15-20 feet tall.

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Outdoor Pool Reopens

For what you need to know about the outdoor pool before its May 27 opening, see **page 40**.



residents.lwmc.com

Formerly **lwmc.com**, the website still contains meeting agendas and minutes, notices and other community information.

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Learn to Take Great Digital Photos

by Arthur N. Popper

For most residents, the words “Brownie,” “Instamatic,” and “Kodak Moment” bring back fond memories of taking snapshots with simple cameras. During the Brownie days, one had to take the film to the local pharmacy and wait days till it was developed, only to discover that many images did not come out well.

Today, taking pictures with digital cameras can be as easy as with the Brownie, but the results are available instantly, and pictures can be retaken until they meet the photographer’s expectations. While in the past one had to remember to take the Brownie on a trip, many residents always have a camera with them in the form of a smartphone or other digital device.

One of the real advantages of modern digital photography is that most devices can be used to take snapshots as done with an Instamatic. But, unlike in the days of the Instamatic, the images can be enhanced with simple-to-use but very sophisticated software built into the camera or smartphone.

While we do carry digital cameras with us, most of us don’t really know how to use the device to take the best possible pictures.

To help residents, and particularly those with minimal photo-

graphic experience, take better pictures, the Rossmoor Camera Club, in collaboration with the Center for Lifelong Learning (CLL), presents an eight-week course on digital photography. The series is geared to very basic digital camera users, and every class discusses how the participant can use his or her device consistent with the session’s topic.

The course, which begins in June, is designed to address residents’ questions on how to take photographs using almost every type of device imaginable, including smartphones, tablets and any type or brand of digital camera.

The course is in eight sessions, but the Camera Club has designed it so that each session is self-contained. Thus, someone not interest in a particular type of picture or who will be away for a few sessions will not miss out.

The first two classes, June 7 and 14, cover basic principles of photography, including learning about the features of each participant’s device. The June 21 and 28 classes are about indoor photography; residents learn how to take pictures of family and events, as well as photograph moving objects.

The July 12 class covers outdoor photography in which participants learn how to photograph landscapes. The next



Top: Equipment used to take digital photos. Bottom: A heron takes flight. Photos by Lou Paley

two classes, July 19 and 26, on travel photography cover taking pictures of broad scenes as well as people. The last class, Aug. 2, returns to the outdoor photography and focuses on taking pictures of action scenes, such as grandchildren and animals.

Each class is taught by a different member of the Rossmoor Camera Club, all of who have much experience in photography, especially digital photography. The Club also

provides mentors to help guide participants.

Additional details and registration information can be found in Community Classes and Seminars section on page 48.

For more information about the course or the Rossmoor Camera Club, contact Louis Paley at (cautiousphotographer@gmail.com) or (301-598-2493).

For more information about all CLL courses and lectures, see (www.clcmd.com).

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An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Leisure World News Advisory Committee

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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Board

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through December 2022. MedStar's 2018 rent would be \$450,9978, an estimated \$1.86 monthly credit per residential unit per month.

Other Approvals

The board also approved a three-year contract extension with Stansbury Cleaning

Services for Trust properties beginning January 2018.

It also authorized the Government Affairs Advisory Committee to send Montgomery County's representatives in Congress letters supporting H.R. 1684, a bill directing the Federal Emergency Management Agency to help condominiums, homeowners associations and housing cooperatives become eligible for disaster assistance.

Bus Route 201 to Continue Normal Hours

by Leisure World News

The Maryland Transportation Authority's (MTA) express commuter bus route 201, which was scheduled to eliminate mid-day, weekend, and holiday service beginning May 1, will continue to operate as normal until further notice.

MTA's proposed plans to divide the current service into two smaller routes, Route 200 and Route 201, has been placed

on hold. Current 201 riders will be provided with updated information as changes occur.

Route 201 runs between Montgomery County and the Baltimore-Washington International Thurgood Marshall Airport (BWI). Known to some as "the ICC bus," it uses the Intercounty Connector, Maryland Route 200, as its main route between the county and the airport. A one-way fare for seniors for the 50-mile trip is \$4.

■ Jewish Residents of Leisure World

May 18: Health and Wellness Expo



Residents and exhibitors pack the Crystal Ballroom at the 2016 Health and Wellness Expo. Photo by Leisure World News

The annual Health and Wellness Expo is on Thursday, May 18, from 10 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom.

More than 50 exhibitors run preventive health screenings and interactive workshops, including yoga, Zumba Gold, meditation to relieve stress, and a study of hidden layers in art works. Attendees can look forward to free massages, a caricaturist, and consultations with several social community organizations. Admission to the Expo is free and includes many free giveaways and raffle prizes.

A grand finale show at 3 p.m. in Clubhouse II features the Seth Kibel Quintet performing jazz, swing and klezmer music, with blues and jazz vocalist Jenny Langer. Pre-register for this show at the Clubhouse E&R office in Clubhouse I with a payment of \$7 (checks only, payable to JRLW).

The Health and Wellness Expo is co-sponsored by the JRLW and the Bender Jewish Community Center of Greater Washington's Coming of Age Program. Neil Ross is JRLW's chair for the event.

— Jonas Weiss

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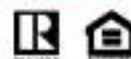
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Tree Planting

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The Garden and Environmental Club celebrated its first Arbor Day tree planting in 1988; the dawn redwood tree they planted still sits at the corner of the Administration Building parking lot near the golf pro shop.

The Club has planted a tree every year on Arbor Day since then. Residents walking through Leisure World who come upon a tree with a plaque can expect the Club planted it at some point.

“The grounds here are so beautiful and they take such good care of them, and to think that this one little organization has contributed so many beautiful trees to the Leisure World grounds is just phenomenal,” said incoming Club president Mary Ann Steele.

The Garden and Environmental Club regularly collaborates with McFall & Berry Inc. and LW grounds maintenance to “inform people and our members of horticultural issues and learn a littler bit more about flowers, plants and gardening,” Steele said.

Steele, who will replace outgoing Club president Peggy Reynolds when the club meets again in September, has been an avid gardener all her life.

“I have a little bit of farmer in me,” she said. “I’ve always had a garden. We [Steele and her husband] were the kind of people that planted tomato plants out among the shrubs in front of the apartment building.”

Landscaping contractor McFall & Berry Inc. provided the educational program and refreshments, and has sponsored the event since 2005. The Club purchased the tree this year with funds from the Annual Spring Tea.

National Arbor Day has been celebrated every year on the last Friday of April since 1872, and is designated as a day to encourage individuals and groups to plant trees in their communities.

Montgomery County has been recognized as a “Tree City” by the National Arbor Day Foundation for 21 years, according to the Foundation’s website.

A Tree City must meet four criteria outlined by the Foundation and the National Association of State Foresters.

MedStar

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appointment.

“We can look at their history, their notes prior to their visit, [and] can be fully prepared when they come to their appointment,” Hassan said, adding “it’s integrated medicine; that’s what we’re trying to do.”

Hassan particularly likes the Center for Successful Aging’s model of care that is used by MedStar Good Samaritan Hospital in Baltimore. The model aims to address age-related conditions with care coordinated among doctors, nurses, therapists and other caregivers — all in one location.

MedStar has most of the medical providers — from physicians to social workers — it needs on staff at the Leisure World location to create this model of care, and Hassan is confident it will work well for Leisure World patients, who often have multiple, complex health issues.

Dr. George Hennawi, a gerontologist and lead physician at Good Samaritan’s Center for Successful Aging, is attending an upcoming Health Advisory

Committee meeting to discuss the model, and Hassan has invited him to stop by the medical center to offer suggestions and recommendations for its implementation.

Recognizing many service provider competitors in the region, the center is trying to attract more residents to its facility.

“On a weekly basis, we might be seeing 350 to 380 patients a week,” Hassan said. “That’s okay; I know we have the potential to do more, especially with some of our specialty docs here.”

In January, the medical center brought in Dr. Lacartia Best, a dermatologist, and Dr. Hetal Kathrotiya-Mago, a podiatrist, as well as a new rehabilitation director, Dionne Hawkins, MPT.

Hassan came to Leisure World from MedStar Health in Columbia, and has been with the MedStar organization since December 2015.


In January, Leisure World’s MedStar Health medical center transitioned from MedStar Medical Group to MedStar Ambulatory Services, a new management group subdivision of MedStar.



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3100 LEISURE WORLD BLVD #906	OVERLOOK	Hi-Rise 9+ Floors	2	2	\$185,000	\$178,000	\$0
3755 GLEN EAGLES DR	REGENCY	Townhouse	3	1.5	\$172,145	\$164,000	\$0
14713 LINDSEY LN #224-B	ROSSMOOR MUTUAL #10	Patio Home	3	2	\$250,000	\$265,000	\$0
3501 FOREST EDGE DR #3-D	ROSSMOOR MUTUAL #14	Garden 1-4 Floors	2	2	\$136,000	\$136,500	\$0
15300 WALLBROOK CT #47-1D	ROSSMOOR MUTUAL #15	Garden 1-4 Floors	2	2	\$168,500	\$168,500	\$0
15115 INTERLACHEN DR #3-820	THE GREENS	Hi-Rise 9+ Floors	2	2	\$164,900	\$164,900	\$0
15100 INTERLACHEN DR #4-614	THE GREENS	Hi-Rise 9+ Floors	3	2	\$288,750	\$285,000	\$7,500
15107 INTERLACHEN DR #2-325	THE GREENS	Hi-Rise 9+ Floors	1	1	\$127,000	\$135,000	\$4,050
15101 INTERLACHEN DR #1-325	THE GREENS	Hi-Rise 9+ Floors	1	1	\$115,900	\$113,500	\$4,000
3005 LEISURE WORLD BLVD S #315	TURNBERRY COURTS	Hi-Rise 9+ Floors	2	2	\$274,900	\$262,000	\$0
3005 LEISURE WORLD BLVD #705	TURNBERRY COURTS	Hi-Rise 9+ Floors	2	2	\$324,000	\$315,000	\$0
3200 LEISURE WORLD BLVD #415	VANTAGE POINT EAST	Hi-Rise 9+ Floors	3	2	\$375,000	\$375,000	\$0



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GOVERNANCE & Information

Emergency Preparedness Advisory Committee

Emergency Protocol During Thunder and Lightning

by David Darr

The Federal Emergency Management Agency offers useful information about how individuals can prepare and protect themselves during severe weather.

The Leisure World area has already experienced severe weather, and will likely have more storms throughout the spring and summer.

Know the Terms

Severe Thunderstorm Watch – tells you when and where severe thunderstorms are likely to occur. Listen to WTOP (103.5 FM) or other sources of local news for updates.

Severe Thunderstorm Warning – issued when severe weather has been reported by spotters or indicated by radar.

Warnings indicate imminent danger to life and property to those in the path of the storm. Listen for updates on your NOAA Weather Radio or other battery-powered device.

Before a Storm

- Prepare an emergency kit and a communications plan.
- Postpone outdoor activities.
- Find shelter inside a building or hardtop automobile.
- Close window blinds, shades and/or curtains.
- Unplug electronic equipment.

If you are:

- In a forest – Try to find a low area under a thick growth of small trees.
- In an open area – Go to a low place such as a ravine.

- On open water – Get to land and find shelter immediately.

During a Storm

- Use a battery-charged device to listen to news sources for updates, or consider purchasing a NOAA Weather Radio. Search “NOAA Weather Radio” for online sources.
- Avoid contact with corded phones and devices. Cordless and wireless phones not connected to wall outlets are okay to use.
- Avoid contact with electrical equipment or plugged-in cords. Unplug appliances and other electrical items.
- Avoid contact with plumbing.
- Stay away from windows and doors.
- Do not lie on concrete floors, and do not lean against concrete walls.
- Avoid natural lightning rods such as a tall, isolated tree in an open area.
- Avoid hilltops, open fields, the beach and open water.
- Take shelter in a sturdy building.
- Avoid contact with anything metal.
- If you are driving, try to safely exit the roadway, and park the vehicle. Stay in the vehicle with the emergency flashers on until the heavy rain stops.

Visit (www.ready.gov) for details about preparing for thunderstorms and lightning.

For additional information about preparing for weather and other emergencies, visit (www.fema.gov).

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2017 Broadcast Schedule - Channel 974

Executive Committee meetings are broadcast on Wednesday, Thursday and Friday the week after the meeting. Board of Directors meetings are broadcast on Monday, Wednesday and Friday the week after the meeting. All broadcasts are at 4 p.m. and 7 p.m.

Executive Committee Meeting	Board of Directors Meeting
The May 12 meeting airs on May 17, 18 and 19.	The May 23 meeting airs on May 29, May 31 and June 2.

Group Email Addresses

Residents wishing to contact Leisure World Management, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to all three addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management - management@lwmc.com
- LWCC Board of Directors - board@lwmc.com
- LWCC Executive Committee - excecomm@lwmc.com

May 18: MVA Mobile Office Returns

Need to do business with Maryland's Motor Vehicle Administration? The MVA on Wheels returns to Leisure World on Thursday, May 18.

The van will be located in the Clubhouse II parking lot, where the hours of operation are 10 a.m.-2 p.m.

Services offered include renewal of non-commercial driver's licenses, Maryland photo identification cards and vehicle registration. You also can obtain a duplicate driver's license, a certified copy of a driving record, disability placards, substitute stickers, return tags and duplicate registrations, as well as apply for a change of address.

If you need to register to vote and/or want to register as an organ donor, you can do that at the mobile office, too.

May 20: Shredding

The next Community Shredding Day has been rescheduled for Saturday, May 20, from 10 a.m.-1 p.m.

Shredding trucks will be located in the Administration Building parking lot.

– Leisure World News

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THOUGHTS & OPINIONS: *From Our Residents*

A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers

Administration Building Project Needs Clarity

The April 21 Thoughts & Opinions submission (“LW Residents Deserve Accurate Information”) is likely to provoke concern among Leisure World residents. The writer cites three different sources for the total cost of the new Administration Building project — documents distributed at the September 2016 LWCC board meeting, the March 29 community meeting, and the April 7 edition of Leisure World News. These sources provide three different cost estimates, ranging from \$5.2 to \$7.25 million.

I believe we need an authoritative final estimate so residents and their LWCC board representatives can make an informed judgment about the financial impact on the community. The

alternative, as the writer notes, is a situation potentially analogous to the Silver Spring Transit Center debacle, in which costs far exceeded faulty initial and interim estimates. Avoiding a similar situation here at Leisure World is imperative.

Leisure World management should end the current confusion by providing a final estimate based on clearly defined professional criteria. Of course, it is still an “estimate” and actual final costs will no doubt differ, but further project-related activities should be delayed until the community has such a document at its disposal.

Even more urgent is the need for management clarification of the other issue that was raised, namely, the actual purpose of the new building. Here again, the lack of consistency is disconcerting.

According to the writer’s account, no such rationale was forthcoming at the March 29 meeting, so it is difficult to see the point of the meeting itself.

Attendees were, however, informed that “providing better space for employees was not a factor in the project purpose.”

Such an assurance makes no sense, since “providing better space” (or variations thereof) was put forward in writing by management in the February 2017 board agenda packet. Further, if providing space is not the purpose of spending somewhere between \$5 million and more than \$7 million of the residents’ money, then what is the purpose? And, why is the 20,000 square foot new building preferred over renovating the 16,000 square foot existing building?

Perhaps, then, these cogent issues can be addressed by both management and the board prior to our descent into what otherwise looks like a financial and conceptual abyss.

– David Katz

An Attitude of Gratitude

The Leisure World Golf Program this spring has gone through a major change with the retirement of our golf professional and the acquisition of a new one. In my opinion, this has been a seamless transition and we should acknowledge the entire Golf Program staff. They always do an outstanding job and, although most golf course operations involve similar activities, each has its unique systems and procedures.

For example, an employee who is relatively new to Leisure World quickly learned all the systems, procedures and reporting necessary for running the Pro Shop and proceeded to do so during the interim period between Golf Pros. In addition, this employee has helped the new Golf Pro get up to speed.

I am an inveterate golfer and I think we’re lucky to have such a proficient Golf Program staff. I encourage all my fellow residents to come to the golf course, meet the staff, and, if you’re not a golfer, you might just want to try it out!

– Doug Allston

Additional Information about Carbon Monoxide in LW

The April 7 issue of Leisure World News contained a brief article concerning carbon monoxide detectors in high-rise buildings. At the end of that article was a very brief description of an incident that prompted the stepped-up efforts to improve carbon monoxide detection. I attended the March 16 meeting of the Health Advisory Committee, where this incident was extensively discussed, and all present were quite concerned that a tragedy had possibly been averted by the fortunate coincidence of an unrelated 911 call. I obtained factual information from a report supplied by Jim Resnick, program manager for Senior Outreach and Education, Montgomery County Fire and Rescue Service, and I would like to provide more details to my fellow residents.

At 3 a.m. on March 9, an ambulance responded to a 911 call in a Leisure World high-rise. When ambulance personnel entered the lobby of the high-rise, their carbon monoxide detectors alarmed and indicated 250 ppm (parts per million) of carbon monoxide in the lobby air. (OSHA standards call for a maximum of 50 ppm averaged over an eight-hour period.) The carbon monoxide source was a water heater in the garage area. Elevated carbon monoxide levels were found in the hallways two floors above the lobby but no carbon monoxide was found inside any resident’s unit. The resident who had originally called 911 was not affected by the carbon monoxide.

The assistant general manager for facilities and services, in a communication to the presidents of all high-rise mutuals, stated that the source of the carbon monoxide was a broken water heater flue vent. She further stated that management is researching ways to improve detection of carbon monoxide and recommended that, until

Submitting an Item to Thoughts & Opinions

1. Submissions must be emailed to aclwn@lwmc.com or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer’s name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer’s name.
4. LW News cannot guarantee when or if a submission will be published.
5. See LW News Guidelines and Board Standing Rules at www.residents.lwmc.com.

more is known about carbon monoxide detection and monitoring capability in Leisure World high-rises, management is encouraged to monitor carbon monoxide levels with hand-held devices and install detectors, where possible. Frequent inspection of flues and other connections to gas-fired equipment was also recommended.

I believe that all Leisure World high-rises heat their common areas with gas-fired furnaces and gas-fired water heaters are also prevalent, especially in the common areas. In this case, we were lucky that no residents were affected, but I and the Health Advisory Committee, and I suspect other residents, are very concerned it took an unrelated, 3 a.m. 911 call to discover a potential problem in all high-rises. If it hadn't been discovered then, the carbon monoxide levels might have gotten much higher, with possibly tragic results.

I encourage all residents of high-rise buildings to immediately ask their building management about the status of carbon monoxide detection in their building.

— Sandra McLeskey

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EVENTS & Entertainment

■ Education and Recreation Department

May 12: Community Spring Walk

Walking is good for you! Friday, May 12, is the date of the semi-annual walkathon in Leisure World sponsored by the E&R Department.

Walkers will assemble in Clubhouse I's Crystal Ballroom at 8 a.m. for a pre-walk stretch and warm-up led by Jate, a personal trainer at the Fitness Center and star of the

"Daily Stretches Before and After Exercising" handout available to residents.

The group will then depart to walk the 3.2-mile perimeter road of Leisure World. Please stop by the E&R office at Clubhouse I to register; the fee is \$1.

A water station will be set up at the halfway mark and the Amateur Radio Club will

accompany walkers to assist if needed. The E&R Department will provide healthy refreshments (and a few treats) in Clubhouse I after the walk.

Gather a group of friends or come meet some new ones. Join your friends and neighbors for this healthy social event; sign up today!



Photo by Leisure World News

■ Education and Recreation Department

Spring Recital

The E&R Department is pleased to welcome back students from the Academy Music for their spring recital. Students of all ages perform piano and vocal pieces for your enjoyment in the Clubhouse I Crystal Ballroom.

There are several opportunities to see and hear these talented students. On Sunday, May 21, performances begin at 3, 4:30 and 6 p.m. Each session of recitals features different students and different piano and vocal pieces.

Students of the Academy Music also perform on Friday,

May 26, at 6 p.m., also in the Crystal Ballroom.

Academy Music, located in Olney, offers private music lessons for students of all ages and levels of experience. Music instructors are available to teach a variety of instruments, including piano, voice, violin, viola, cello and guitar.

There is no charge to attend one or all of the recital sessions, but registration is required. Registration begins on Tuesday, May 9 at 8:30 a.m. Drop by the E&R office in Clubhouse I or call (301-598-1300) to sign up for the recital session(s) of your choice.

■ Fireside Forum

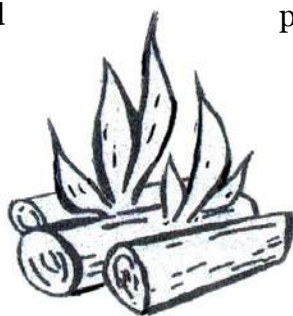
May and June Programs

by Jonas Weiss

On Sunday, May 7, author David O. Stewart discusses his latest book on the mystery surrounding Babe Ruth's 1918 World Series win for the Boston Red Sox.

Stewart explores the corruption of the 1920's, including Prohibition-flouting bootleggers and the Black Sox scandal, which tarnished the great American ballgame.

The speaker is hosted by Stu Lillard.



June 4 Forum

On Sunday, June 4, Dr. Carla Easter of the National Institutes of Health discusses the short but immortal life of Henrietta Lacks, and the history, science and politics associated with her cell line, known as HeLa.

Scientists have been using this cell line for over 60 years to achieve many medical advances. Lacks' story is explored in a book by Rebecca Skloot and a recently released HBO film starring Oprah Winfrey. The host for Easter is Lois Jordan.

Fireside Forum programs are held at 2:30 p.m. in the Clubhouse II auditorium.

■ Hadassah

May 24: Yesodot Dance Troupe Performance

by Barbara Eisen

Hadassah is pleased to present the Yesodot Dance Troupe on Wednesday, May 24, at 7:30 p.m. in the Clubhouse II auditorium.

The troupe is composed of teens in grades nine through 12 in the Washington, D.C., area who perform a variety of dances representing different aspects of Israel.

Yesodot performs locally for Jewish groups and also travels outside of the Wash-

ington, D.C., area to attend Israeli Dance Festivals.

Refreshments are served after the performance. The admission price is \$3 per person, check only, payable to Hadassah.

Send checks to Janet Lazar at (15311 Beaverbrook Ct., Silver Spring, MD 20906) by Wednesday, May 17.

If you need a ride to the performance or are able to take others, please contact Janet at

(301-598-4066) or (lazarjl@verizon.net).

All residents are welcome.



Yesodot Dance Troupe. Photo courtesy Israeli Dance Festival

■ Ballroom Dance Club

May 27: Get Nostalgic with The Retro-Rockets

by Joyce Hendrix

The next dance is Saturday, May 27, from 7:30-10:30 p.m., in the Clubhouse I Crystal Ballroom. The band of the month for May is The Retro-Rockets, a group extremely popular with the baby boomers of Leisure World.

Formed in 2007, The Retro-Rockets comprises five musicians playing and singing music primarily from the '50s, '60s and '70s in a wide variety of musical styles. The five members have a combined professional performance

history of over 200 years and have played backup for Otis Redding, The Platters, Chubby Checker, Ethel Ennis and Conway Twitty.

The current five members have been together since 2013. Glenn Bullion is lead vocalist and guitarist; Skip Harrison plays bass; Iris Hirsch is lead vocals; Bob Jones is "the drum guy;" and Charles Smith plays saxophone. Both Harrison and Smith sing backup vocals.



The group resides in the greater Baltimore area and plays throughout the Washington, D.C., Maryland and Virginia region. Iris Hirsch is also a songwriter and was recently named one of Baltimore's best local female musicians in Baltimore by CBS Local.

The Club hopes to see all ballroom dancers and interested baby boomers participating at the dance. If you haven't danced with us, please come out and

see what we are all about. Make your reservations prior to the dance with Irmgard Patrick at (301-598-2984).

Dance attire is dressy, with dresses or pantsuits suggested for the ladies and coats and ties for the gentlemen. Feel free to bring snacks for your table. A cash bar is available serving your beverage of choice.

New members may still join for \$10 per person for the remainder of the year's dances, monthly, through November. Admittance to each dance is \$10 per person for members, \$15 for non-members.

■ Education and Recreation Department

May 28: Duke Ellington Piano Ensemble

On Sunday, May 28, at 4:30 p.m., students from the Duke Ellington School of the Arts' Piano Ensemble present a program featuring a range of musical genres. Selections performed include "Slavonic Dance" by Anton Dvorak, "Sonata for Four Hands" by Poulenc, "Wedding Day at Trolhauen" by Grieg, as well as some jazz selections.

This past March, the Ensemble attended the World-Strides OnStage New Orleans Heritage Festival, where the Ensemble received gold in the competition.

The mission of the Duke Ellington School of the Arts in Washington, D.C., is to nurture

and inspire a passion for arts and learning in talented students who might not otherwise have an opportunity to develop their artistic skills. Students come from every section of the District. Each auditions for the opportunity to attend the school and must maintain a satisfactory GPA in regular academic studies to participate in their arts classes.

This performance, sponsored by the E&R Department, promises to be another outstanding program by the Duke Ellington students. Tickets are \$7 per person, check or credit card (MC, VISA, Discover) if over \$10. They are on sale in both clubhouses. Please bring your Leisure World ID.

■ Education and Recreation Department

May 30: Broadway Musicals That Have Faded Away

Steve Friedman returns to Clubhouse I on Tuesday, May 30, at 1:30 p.m. for this continuing series of programs on the history of Broadway. This time, through song and lecture, he delves into how some Broadway musicals have faded away.

Some musicals were great hits in their time and created pop songs we heard on the radio. Yet tastes and times have changed. What are some of the great musicals that have become rarely seen treasures? Was it one of your favorites? You may be surprised to recall the shows you saw that today are nothing more than wonderful memories.

Spend the afternoon going down memory lane with the backstage stories of musicals you may remember.

A Washington, D.C., resident, Friedman is a trained classical tenor and has performed many musical theater roles from "Camelot" and "Damn Yankees" to "Sweeney Todd." It was through performing in musicals and his love of musical theater that he developed a desire to lecture on the history and development of the Broadway musical.

Tickets are \$5 per person and are on sale in the E&R offices in Clubhouse I and II. Please bring your Leisure World ID.

Please, No Cash

The E&R offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover).

When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.



Coming in 2017

The E&R Department is pleased to provide the following programs.

May 28, 4:30 p.m.	Duke Ellington School of Arts Student Performance
May 30, 1:30 p.m.	Steven Friedman: Broadway Musicals That Have Faded Away
June 8, 7 p.m.	Jose Sacin Trio, opera
June 21, 7:30 p.m.	Olney Concert Band Summer Concert
June 30, 7 p.m.	Eunbi Kim, pianist
July 7, 1:30 p.m.	Steven Friedman, Broadway History
July 8, 7:30 p.m.	Rock & Roll Relics, Dance
July 18, 7 p.m.	Richard Miller, guitarist

Watch Leisure World News for more information on these and other upcoming programs throughout the year.



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From left: Kathryn A. Balestino-Estes, AuD., Cynthia Chrosniak, M.D., Jane Cooke, AuD., Nicholas Mehta, M.D., Heather Schwartzbauer, M.D.

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■ Leisure World Chorale

June 3: Chorale Performance

by Sandra McLeskey

Do you like show tunes? How about music from your youth? If the answer to either of these questions is “yes,” then get your ticket now for the Leisure World Chorale concert, scheduled for Saturday, June 3, at 7 p.m. in the Clubhouse II auditorium.

The Chorale will perform many selections from Irving Berlin and Rodgers and Hammerstein musicals. Additional songs performed include a gospel version of the ‘70s hit “Bridge Over Troubled Water,” and the spiritual, “Dry Bones.” “The

Traveling Tappers,” a dance group composed of residents, will also perform.

Tickets for the concert are \$5 (checks only, payable to Leisure World Chorale) and can be obtained at the Clubhouse I E&R office beginning Tuesday, May 9.

The Chorale is a singing group composed mostly of residents that rehearse weekly in Clubhouse I. The group usually performs in senior centers and nursing homes or assisted living facilities, but we felt that the Leisure World community would enjoy hearing our music, especially since we really enjoy singing it!

■ Education and Recreation Department

June 8: Baritone Jose Sacín

The E&R Department has a very special performance for Leisure World opera lovers, and all music lovers, by baritone Jose Sacín. This special performance is on Thursday, June 8, at 7 p.m. in the Clubhouse II auditorium.

Known for his expressive voice of “liquid gold and the stage presence of a lion” (DC Theatre Scene), Peruvian native Jose Sacín is one of South America’s leading baritones of today.

He has performed and collaborated with the leading figures of the opera and music world, including a memorable performance for Pope Benedict XVI alongside Plácido Domingo at Nationals Stadium in Washington, D.C.

He has worked with numerous opera companies both here and abroad, including the Washington National Opera, Opera de Lima, Baltimore Opera and Opera Camerata of Washington, D.C. Sacín is particularly known for his appearances in Spanish

Zarzuela such as Don Juan in “El Barberillo de Lavapiés” and Querubini in “El Duo de La Africana.”

Locally, he also performs in productions by the Teatro Lirico of D.C. and the Baltimore Musicales.

Aside from his performances in opera and Zarzuela, Sacín is committed to sharing his love and knowledge of opera with adults and children. He is artistic director of Opera Nova, a non-profit opera organization whose mission is to promote, foster, sponsor, educate and develop the understanding, taste, and love of opera and its constituent arts throughout our diverse community. Sacín is also the music director of Opera Camerata of Washington, D.C., another non-profit dedicated to bringing opera to everyone.

Tickets are only \$8 for what promises to be an outstanding show. They go on sale on Tuesday, May 9, at 8:30 a.m. in both E&R offices. Please bring your Leisure World ID.

■ Arts In Motion (AIM)

Why Café AIM Works

by York Van Nixon III

Residents often ask what the secret is to the success of Café AIM and other events sponsored by Arts In Motion. Well, the answer is confidential, but if you can keep a secret, all you have to do is perch yourself in the lobby of Clubhouse I or II.

The mum-word: diversity. That's right. The olio of human possibility is as near as the kaleidoscope of diners in the Terrace Room. Could it be senior citizenship is the glue that adheres disparate perspectives of human experience? If not, maybe it is art's ability to ease cognitive dissonance sometimes experienced when looking through a window with the variety of humanity on the other side, instead of your bathroom mirror before a shave or makeup.

Pepe Gonzalez Latin Jazz Band

Afro-Cuban jazz comes to Leisure World for the first

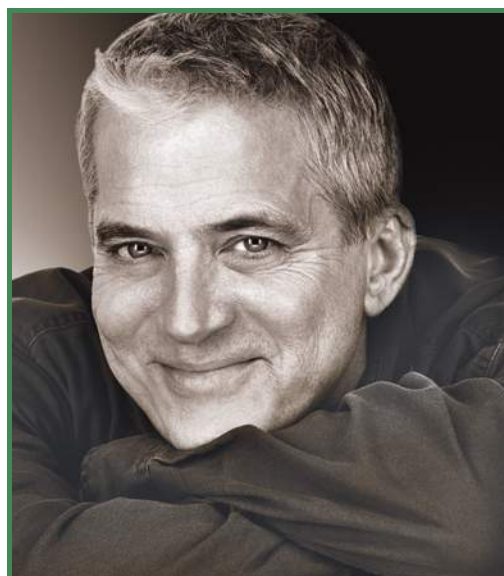
time on Friday, June 9. Pepe Gonzalez brings his 12-piece Latin Jazz band for a night of unforgettable music. Tickets are \$20 and available from the Clubhouse I E&R office beginning Monday, May 15. The price includes hors d'oeuvres and snacks. Cocktails begin at 6 p.m., and the show starts at 7 p.m.

Lavenia Nesmith Quartet

Lavenia Nesmith enthralled Café AIM's audience with her voice last December. She returns on Friday, July 14. Tickets are \$20 and available from the Clubhouse I E&R office beginning Monday, June 12. The price includes hors d'oeuvres and snacks. Cocktails begin at 6 p.m., and the show starts at 7 p.m.

Ticket payment for each event is by check only, payable to AIM.

To join or view upcoming shows, visit our website at (AimArts.net).



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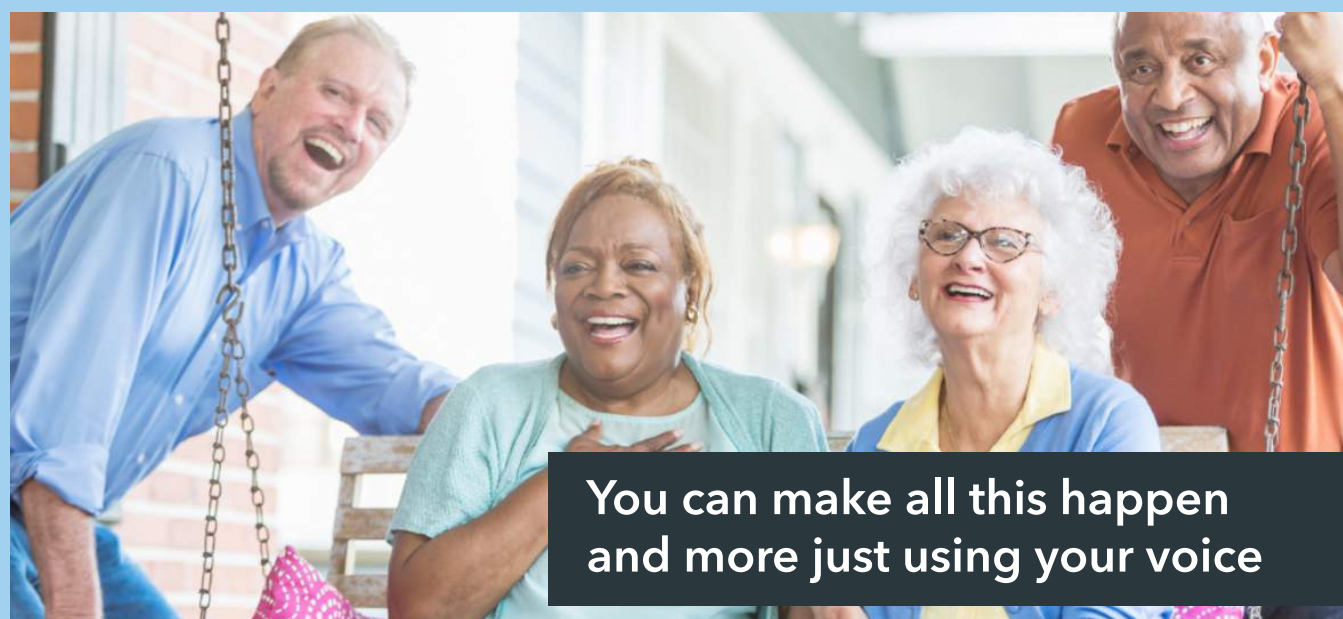
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■ Education and Recreation Department

May 6: 'My Big Fat Greek Wedding 2'

The April 30 showing of "My Big fat Greek Wedding 2" has been re-scheduled for Saturday, May 6, at 2 p.m. in the Clubhouse II auditorium.

Please bring your ticket for entrance. If you do not have your ticket any more, E&R will honor all purchaser names at the door.



■ LW Association for African American Culture (LWAAAC)

May 26: 'The Help'

by Patricia Means

All residents are invited to the showing of "The Help" (2011, 2 hours 26 minutes, drama, rated PG-13). The film features an ensemble cast that stars Viola Davis, Emma Stone and Octavia Spenser.

"The Help" was adapted from Kathryn Stockett's 2009 novel of the same name. The film and novel recount the story of a young white woman and aspiring journalist and her relationship with two black maids

during the 1962 Civil Rights Movement in Jackson, Mississippi. To become a legitimate journalist, the young woman decides to write a book from the point of view of the maids, referred to as "the help," and exposes the racism they are faced with as they work for white families.

The movie is shown on Friday, May 26, at 4 p.m. in the Clubhouse II auditorium. Admission is free; tickets are not required. Donations to cover expenses are accepted.



■ Education and Recreation Department

Thursday Afternoon at the Movies

May 25: 'Mr. Church'

The E&R Department is pleased to present "Thursday Afternoon at the Movies." Films are shown at 1 p.m. in the Clubhouse II Auditorium. On Thursday, May 25, the presentation is "Mr. Church" (2016, 1 hour 44 minutes, comedy/drama, PG-13 for thematic elements).

Free tickets, limit two per person, are required and can be obtained from the E&R office in either Clubhouse I or II, beginning Tuesday, May 9, at 8:30 a.m. Please bring your Leisure World ID.

Hired to lend a hand to a single mother diagnosed with cancer,

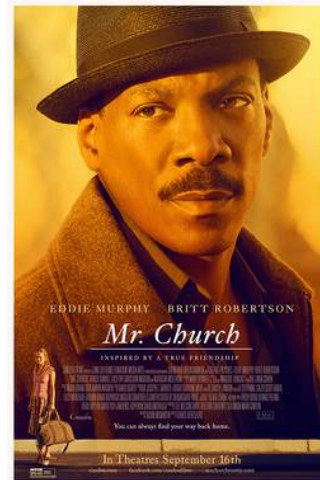
Henry Joseph Church (Eddie Murphy) wins the hearts of mom Marie Brody (Natascha McElhone) and daughter Charlie (Britt Robertson) through his cooking, establishing a bond that lasts

long beyond Marie's death and Charlie's childhood.

Thursday movie screenings are for your enjoyment; there is no charge. Be sure to pick up your ticket(s) in advance if you plan to attend. Please note: No one will be seated after 1 p.m.

Donations to help cover the expenses

associated with the presentations are gratefully accepted in the available contribution basket.



2017 Movie Schedule

Sponsored by the E&R Department

Movies are FREE and shown for your enjoyment in the Clubhouse II Auditorium. Please pick up your tickets (limit two per person) on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID and remember tickets can go fast.

Show Date & Time	Movie	Tickets Available
May 14, 2 p.m.	Mother's Day	LIMITED
May 25, 1 p.m.	Mr. Church	May 9
June 11, 2 p.m.	Spotlight	May 23
June 29, 1 p.m.	The Light Between Oceans	June 6
July 20, 1 p.m.	Me Before You	June 20
July 30, 2 p.m.	Love and Friendship	July 11
Aug. 17, 1 p.m.	Florence Foster Jenkins	July 25
Aug. 27, 2 p.m.	Hello, My Name is Doris	Aug. 8

Movies are subject to change.

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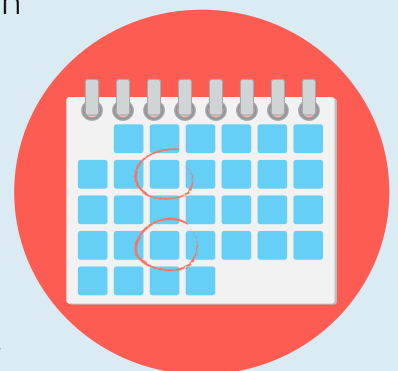
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CLASS & EVENT SIGN-UPS

Sign-ups for newly advertised E&R events and classes will be taken beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign-ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II, as noted in the event or class description.

Please remember to bring your Leisure World ID.



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Ingleside at King Farm is expanding with the proposed building of 125 new independent living apartments, 32 private assisted living memory support suites, and a Center for Healthy Living subject to approval by the Maryland Department of Aging.

Health Advisory Committee

Carbon Monoxide Detectors Save Lives

by Sandra McLeskey, RN, PhD

Do you have a fireplace in your unit? How about a gas furnace? If you live in a patio home, is your garage attached to your living area? If your answer to any of these questions is “yes,” your unit needs at least one carbon monoxide detector.

A persistent misconception exists that residents don’t need carbon monoxide detectors because many of the units are all electric. But in the instances cited above, there is the possibility of carbon monoxide poisoning, and carbon monoxide detectors should be

installed.

According to a 2012 post on the Montgomery County Fire and Rescue Service’s blog, carbon monoxide poisoning kills about 500 people per year in the U.S. and is the leading cause of unintentional poisoning death. Carbon monoxide exposure can occur in any enclosed space where a fossil fuel is being burned.

Data from the Centers for Disease Control and Prevention shows that most exposures occur in residences during winter months. In a recent case, swimmers in an indoor pool were overcome by carbon monoxide from a gas-fired pool

heater, and other incidences of poisoning occurred when people inadvertently left their car running in an attached garage.

During a recent incident at Leisure World, a gas water heater in a common area of a high-rise was a source of carbon monoxide. Since carbon monoxide is odorless and colorless, people are likely to be overcome without realizing they are being poisoned, especially at night.

In an April 7 article, The Baltimore Sun called carbon monoxide detectors one of the “most cost-effective products on the market,” at about \$30

per unit. Carbon monoxide detectors should be placed near the source of ignition and also near sleeping areas. They are available at any hardware store and typically plug into an outlet and also have a 9-volt backup battery.

If your smoke detector(s) are more than 10 years old, they need to be replaced. You could replace them with combination smoke/carbon monoxide detectors that have a 10-year battery. Have at least one carbon monoxide detector in your residence if there is a possible source of carbon monoxide in your home.

Stroke Support Group

May 10: Presentation by Knowles Apothecary

by Sally MacDonald

The next meeting of the Stroke Support Group is on Wednesday, May 10, at 1:30 p.m. in Clubhouse II. All residents are welcome.

Representatives from Knowles Apothecary return, by popular demand, to give a presentation about using and/or combining supplemental products with or in place of medicines. They may also discuss problems related to springtime allergies.

Members have shown an interest in Knowles’ ability to reformulate medicines that are

difficult to swallow. Large pills can be remade into liquid or gel form, and delivery to Leisure World may be possible.

Our effort is always to discover and share information about stroke – its causes, available treatments and recovery. We need more volunteers to help with telephoning members and organizing meetings. Some of our past active members now find it difficult to continue as much as they had.

The Group invites any residents who have or had relatives with stroke-related problems to join us in helping stroke survivors. It is rewarding work!

Patients Rights Council of Leisure World

Advance Directives Make Medical Wishes Known

by Mary Ann Johnston

The Patients Rights Council of Leisure World will not meet in May. Our organization will have a table at the Health and Wellness Expo on Thursday, May 18, in Clubhouse I. Please stop by and browse our literature.

Dr. Ashlei Lowery, medical director of the Palliative Care Program at MedStar Montgomery Medical Center, spoke on medical advance directives in April.

Lowery frequently has conversations on advance directives with patients and families to be sure their wishes are understood. In an advance directive, we make our wishes and thoughts

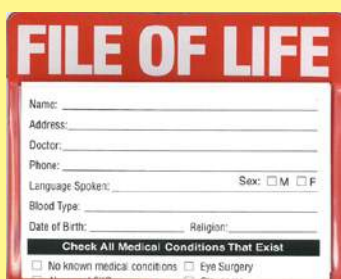
known regarding the medical care we may receive; a process very different from making financial decisions.

An advance directive should be reviewed regularly to make sure it still indicates our wishes. The most important decision we may make is choosing a relative or close friend to serve as our health care power of attorney, and it is helpful to have a conversation with this person regarding our wishes so he or she understands and is willing and able to follow our directives.

The Medical Orders for Life Sustaining Treatment, or MOLST form, was also discussed, but Lowery considers the advance directive to be a more powerful tool.

GOOD TO KNOW: FILE OF LIFE

Writing your medical information on a File of Life



card and placing it on your refrigerator can potentially be a lifesaver in an emergency. They are free and available at the MedStar Health medical center on North Leisure World Boulevard.

May 25: Rheumatologist to Speak on Arthritis in Seniors

by Sandra McLeskey, RN, PhD

Do you have a bad back? Do your knees or hips creak or hurt? What about your other joints, such as shoulders and wrists?

As we age, we are more likely to develop osteoarthritis, the “wear and tear” arthritis, in our weight-bearing joints or in joints we have “overused” or injured. We may also develop a variety of problems in our spine, including osteoporosis, spinal stenosis or a ruptured disc. Any of these things can seriously impinge on our ability to enjoy life, or even to perform the most basic activities.

Dr. Warren Ferris is a rheumatologist at MedStar Health medical center. The Health Advisory Committee

sponsors a talk by Ferris, “Arthritis – Diagnosis and Treatment for Seniors,” on Thursday, May 25, at 2 p.m. in Clubhouse I.

Ferris is board-certified in both internal medicine and rheumatology and has many years of experience in treating arthritis. His areas of clinical interest are rheumatoid arthritis, osteoarthritis, osteoporosis, sports medicine, autoimmune conditions and joint pain and swelling. His philosophy of care includes partnering with the patient to develop a treatment plan to keep the person healthy and meet their needs.

Tickets are required for this event and can be obtained in the Clubhouse I E&R office beginning Tuesday, May 9.

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FISH Accepts Donations and Lends Equipment

by Beth Leanza

FISH is a volunteer, service organization that lends assistive equipment, like walkers and wheelchairs, to residents and employees. If a person continues to need an item for an extended period of time, we are happy to let them keep using it.

The FISH office is in Clubhouse II. Volunteers are there Monday through Friday, from 10 a.m.-4 p.m. E&R office staff can assist you after hours by lending out an item or accepting a return or donation.

New Phone Number

Our phone number is (301-598-1345). If you call when FISH is not open, or the volunteer happens to be out of

the office, the call will transfer to the E&R office.

Loaned Items

If you have stored away an item such as a commode, walker or even a wheelchair, and you are no longer using it, we encourage you to return or donate it to FISH. Also, remind family members that an item you are borrowing is on loan from FISH.

FISH items have a sticker somewhere on it that reads, "Property of FISH" and there is an inventory number included.

Medicare and Wheelchairs

If Medicare pays for a wheelchair, Medicare rents it for a year.

If a person continues to

need the wheelchair for more than a year, then Medicare purchases it.

So, if you received a wheelchair from Medicare, no longer need it, and it has been in your possession for less than a year, you may return it to the supply company it was rented from.

Volunteers

We have many volunteers,

but can always use more as substitutes during times when volunteers cannot do their scheduled session.

If you would like to volunteer, contact the president of FISH, Beth Leanza, at (301-598-4569) to set up a training session.

One session has no regular volunteer assigned: the third Thursday morning, from 10 a.m.-1 p.m.

Health & Fitness In Brief

Al-Anon Meeting: Al-Anon (for family and friends affected by alcoholism) meets Fridays at 2 p.m. at Our Lady of Grace Church Parish Center, near Leisure World. Enter through the back door (15661 Norbeck Blvd., Silver Spring). For more information, call Bridget at (301-598-3043).

Alcoholics Anonymous (AA): Newcomers welcome. (If coming from outside Leisure World, check in at the main gate.) Meetings are Mondays at noon (Step Meeting) and Thursdays at 6 p.m. (Big Book) in Clubhouse I. For questions, contact Laurie at (240-558-4454).

Alzheimer's Caregivers Support: The Alzheimer's Support Group meets the first and third Wednesday of each month at 3 p.m. in The Inter-Faith Chapel library. For more information, call Sunny at (301-438-2446).

Bereavement Support Group: Have you lost your spouse? Leisure World residents meet as a group to support one another twice a month on Tuesdays, 3-4:30 p.m. Sponsored by the Jewish Social Service Agency (JSSA) Hospice and facilitated by Grace McMillan, LGSW, the group meets in the conference room at MedStar Health (3305 N. Leisure World Blvd.). To register, call Suzanne Adelman, LCSW-C, JSSA Hospice, at (301-816-2683).

Essential Tremor Group: The next meeting of the ET group is Thursday, June 1, at 10:30 a.m. in Clubhouse I. The group meets the first Thursday of the month.

Free Blood Pressure Testing: Come to Clubhouse I for free blood pressure testing, available on the first and third Tuesdays of the month from 9-11 a.m.

Parkinson's Support Group: The Leisure World Parkinson's Support Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide support to patients suffering from Parkinson's disease (PD) and their families and caregivers. The group meets the second Tuesday of the month at 3 p.m. in Clubhouse II. Usually there is a presentation by a speaker with knowledge about PD, physical therapy or some other related subject, followed by a period of Q&A. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. Questions? Contact Ray Weil at (301-598-3447) or (raywwjr@hotmail.com).

Health Advisory Committee

May 25: Memory Café Program

by Lindsey Vajpeyi and Nooshin Javan

In an effort to better serve residents, Memory Café launches on Thursday, May 25, from 2-3:30 p.m. in Clubhouse I.

The Memory Café is a fun, relaxed social engagement program that helps individuals living with early stage memory loss to get out, get active and get connected with one another through community-based gatherings, and to take advantage of the available resources.

The program helps people living in the early-stage of dementia, Alzheimer's or mild cognitive impairment to remain mentally and socially active post-diagnosis. The Alzheimer's Association launched this program after a pilot study funded by MetLife Foundation in select markets nationwide.

The Health Advisory Committee is partnering with the Alzheimer's Association

to initiate a "Live Well" resource of Alzheimer Association's for individuals with early-stage dementia. Traditionally, people have been diagnosed later in the progression of Alzheimer's. Many dementia-related programs have been more focused on serving people in the mid-stage of the disease.

The Alzheimer's Association encourages early detection so that families can plan for the future together and take advantage of available resources. With earlier detection, individuals in the early stage are seeking more opportunities for appropriate social engagement where they can interact and connect with others facing similar challenges.

Memory Café is a monthly program occurring on the last Thursday of the month from 2-3:30 p.m. in Clubhouse I. Pre-registration is required. If interested, contact Lindsey Vajpeyi at (240-428-1342) or (lvajpeyi@alz.org).

Leisure World News

OF MARYLAND

CLUBHOUSE GRILLE

Mother's Day Brunch & Dinner

BRUNCH May 14th. Crystal Ballroom, 10 a.m. - 3 p.m.

\$22 plus tax and gratuity

- Scrambled Eggs
- Bacon & Sausage
- Fresh Fruit Display
- Assorted Danish & Muffins
- Corned Beef Hash
- Fresh Baked Biscuits and Gravy
- Ricotta Cheese Filled Blintzes with Toppings
- Broiled Fresh Salmon
- Chicken Marsala and Rice Pilaf
- Sliced Beef Tenderloin
- Homemade Cheese Grits
- Quiche
- Coffee, Teas and Juice
- and More...



DINNER May 14th. Clubhouse Grille, 4-10 p.m.

All Entrees include a House Garden or Caesar Salad.

- Center Cut Filet Mignon..... \$24
whipped potatoes and vegetable
- Lobster Crab Cakes..... \$25
rice pilaf and vegetable
- 10 oz Lobster Tail \$29
wild rice and vegetable
- Surf and Turf \$28
petit filet & 5 oz lobster tail or crab cake
- Grilled Lamb Chops \$24
whipped potatoes and vegetable
- Fresh Halibut \$22
rice pilaf and vegetable
- Grilled New York Strip \$21
whipped potatoes and vegetable
- Chicken Chesapeake \$20
wild rice and vegetable
- Stuffed Jumbo Shrimp \$23
wild rice and vegetable

301-598-1330 for reservations

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AUGUST 29

SEPTEMBER 26
OCTOBER 24

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CLUBS, GROUPS & Organizations

■ Rossmoor Woman's Club

May 17: Scholarship Luncheon

by Marcia Elbrand

Rossmoor Woman's Club (RWC) holds its Scholarship Luncheon on Wednesday, May 17, beginning at noon at Manor Country Club, located at 14901 Carrolton Road in Rockville.

Reservations must be made by Saturday, May 13. The cost is \$35 per person for either members or guests. Send checks, payable to RWC, to Mary Jane Noll at (3100 N. Leisure World Blvd., #504, Silver Spring, MD 20906).

Indicate your choice of entrée on the check (either marinated grilled chicken breast or marinated beef strip loin). Also, be sure to include names of members and guests, and a

contact phone number.

A total of five scholarships, all based on both academic achievement and financial need, are awarded at the luncheon. The recipients are two promising Blake High School seniors and three outstanding Montgomery College students.

Charities

RWC also supports several other local charities, including the Betty Krancke Center for Abused Women, which provides assistance to both women and children in need; Fisher House, which provides care for Wounded Warriors and their families; Casey House/Montgomery Hospice, as well as FISH and Fireside Forum.

Head Start

RWC also undertook another initiative this year at Harmony Hills Elementary School in Silver Spring. Through monetary donations, RWC has provided books for the classroom library and underwritten transportation for the children to visit the National Zoo. RWC also provided hand-knitted scarves and hats to the students and their families and supplied bags of food for winter and spring breaks.

Club Dues

The RWC's board recently voted to raise membership

dues for the forthcoming year to \$40 per person; dues had remained the same for the past 12 years. Fundraising events and sales, dues and generous contributions from individuals enable the RWC to provide more than \$10,000 per year to worthwhile causes.

Arlene Siller, RWC membership chairperson, will be on hand at the May 17 Luncheon to collect the upcoming year's dues' checks of \$40. Members can also mail them to her at (3100 North Leisure World Blvd. #909, Silver Spring, MD 20906).

■ LW Green

LW Green Spiffs Up the Neighborhood

Members of LW Green celebrated Earth Day by picking up about 40 cubic feet of debris along Georgia Avenue and Norbeck Road outside the community April 23.

They gathered bottles, cans and plastic bags, but also found a fluorescent tube, auto parts, a drywall panel and even a shoe.

— Harry Stoffer



(from left) Marybeth Ardi, Barbara Studwell, Marc Narkus-Kramer, Judy Menkes, Radha Pillai, Uma Hausner (Radha's granddaughter), Rosie Engman and Betty Smith participate in a roadside cleanup on Earth Day. Photo by Harry Stoffer

■ Book Club Network

May 19: Members-Only Potluck Luncheon and Book Exchange

by Verna Denny

Book Club Network members will have a fun afternoon at a potluck luncheon and book exchange on Friday, May 19, beginning at 11:30 a.m. in Clubhouse II. Come and meet your fellow readers from all nine Book Club Network clubs.

Enjoy good food, books and fun activities. Bring a dish to share and up to five books for the exchange table. A suggested contribution of 25 cents for each book taken will be donated to the Rossmoor Library in Clubhouse I. Please RSVP to your Club leader by Saturday, May 13.

For further information about this event, contact your Club leader. For information about the Book Club Network, contact Verna Denny at (301-598-1418) or (verhd@msn.com).

■ Italian Social and Cultural Club

May 21: Members-Only Brunch

The Italian Social and Cultural Club holds its last event of the season, a members-only brunch, on Sunday, May 21, at 12:30 p.m. in Clubhouse I.

The buffet brunch includes eggs, salmon cakes, bacon, French toast, hash browns, fresh fruit, Danish, juice and coffee or tea. The price is \$18, checks only, payable to the Italian Social and Cultural Club. Mail payment to Dolly Helgersen at (15401 Bassett Lane 2-E, Silver Spring, MD 20906) by Thursday, May 18.

— Florence Merola

Sondheim Comes Alive In May

by Hannelle Allen

The Romans are coming! The Romans are coming! Tickets are being sold for Fun and Fancy's production of "A Funny Thing Happened on the Way to the Forum" Monday through Friday, from 11 a.m.-2 p.m. in Clubhouse II.

Performances are Friday, May 12; Saturday, May 13; Friday, May 19; and Saturday, May 20, at 7:30 p.m.; and one matinee on Sunday, May 21, at 2 p.m. The cost is \$10 per person for reserved seats, payable by cash or check.

If tickets remain for any performance, they will be sold one hour prior to the show at the box office leading to the auditorium. All sales are final.

Director Shelly Horn and musical director Paul Rossen have put together a fast-paced musical comedy (by Burt Shevelove and Larry Gelbart) with great songs by Stephen Sondheim, wry one-liners and

lots of double entendres, plus oodles of disguises and mixed identities. Main players are Ernie Poland, Steve Bennof, Doug Brasse, and Pat McConnell; supporting players are Beth Youth, Stan Jones, Allan Okin and Alan Packer; and a trove of actresses play various roles – seductive courtesans, proteans and solicitous eunuchs – and sing Sondheim's magnificent airy score.

Ushers are needed for the Saturday, May 20, and Sunday, May 21, performances. If interested, contact Darlene MacDonald at (410-382-6547) or (mrs_eieio@hotmail.com).

The sound system in the auditorium has been greatly improved, and there are also a limited number of audio headsets available at the E&R office prior to the shows. Buy tickets now for this wonderful entertainment, presented by Fun and Fancy with permission from Music Theatre International.

Annual Banquet

The annual banquet show, "A Few of Our Favorite Things," includes a variety of memorable performances from a decade of past shows – singing, dancing, and acting performed by soloists, duets, and groups, many in costume.

Who remembers the boffo tap duet by Elaine Apter and Gerry Kaufman in the 2013 show "Tribute to Fosse"? How about Renee Ward Anderson, Elizabeth Brooke-Evans, Nancy Green, Maureen Harris and Dee Smiley channeling the Temptations with "Ain't Too Proud to Beg" in the 2016 show "Motown Review"? Or Nancy Koski tugging our heartstrings with "A Nightingale Sang in Berkeley Square" in the 2014 show "The Beat Goes On"?

The banquet is Wednesday, June 7, for members only, in the



Fun and Fancy members pose during a rehearsal. Photo by Marguerite Mathieu

Clubhouse I Crystal Ballroom. The cost is \$35. Be ready for a very special entertainment format and a lovely sit-down dinner.

An email will be sent out to all Fun and Fancy members with information about making reservations. The event is limited to 180 people, so reservations should be made as soon as possible.

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MHIC #41515

Year-End Photo Competition Winners Awarded at April Meeting



“Man’s House,” by Gaby Dusan

by Fred Shapiro

The April 25 meeting of the Rossmoor Camera Club was the culmination of six competitions held during 2016-2017. Images entered in this final competition are the works of 14 members in each of the advanced and general membership categories.

The best pictures of the year in advanced went to Al Tannenholz for prints and Jean DeSchrive for digital images. First place in the general categories was awarded to Ingrid Masi for prints and Gaby Dusan for digital images.

The final competition of the year includes award winners from the six monthly competitions, two of which are open to any and all subjects. The remaining four addressed patterns, people at work, animals, and foggy/misty settings.

A total of 430 photographs were judged over the course of the six competitions; 168 submitted by the general members and 262 by the advanced members. Judges had to review a total of 193 photographs in print and 237 in digital format during the year.

Competition Judge

Frank Van Riper was the judge for the April competition. Van Riper’s photography is in the permanent collections

of the National Museum of American Art and the National Portrait Gallery in Washington, D.C. as well as the Portland Gallery of Art in Portland, Maine.

His 1998 book of photography and essays, “Down East Maine/A World Apart,” was nominated for a Pulitzer Prize and won the silver award for photography from the Art Director’s Club of Washington. Frank Van Riper also is a widely read online photography columnist at (www.TalkingPhotography.com) and for many years was the photography columnist for The Washington Post.

May Meeting

The final meeting of the year is Tuesday, May 16, at 6 p.m. in Clubhouse I. The competition winners will be acknowledged, officers and board will be installed, and David Luria, Washington Photo Safari, presents “Photo Opportunities in the Washington, D.C., Area.” The competition categories for the upcoming year will be announced at the meeting and refreshments will be served.

The print and digital winners for the year’s final competition are:

Advanced Prints

1st place: Al Tannenholz, “Window Washer”; 2nd place: Brenda Gillum, “Red Bellied Woodpecker”; 3rd place: Stuart Lillard, “Alcoholic



“Millennium Park Chicago,” by Jean DeSchrive

Architecture”; Honorable Mentions: Sue Alexander, “That Look”; Jean DeSchrive, “Draco”; Jean DeSchrive, “Aqua Building Chicago”; Brenda Gillum, “Snowy Egret Landing”; Mark Ratner, “Butterfly”; Genie Sachs, “Lavender Chrysanthemum”; Fred Shapiro, “Country Chapel B&W.”

Advanced Digitals

1st place: Jean DeSchrive, “Millennium Park Chicago”; 2nd place: Mark Ratner, “Orangutan”; 3rd place: Joanne Mars, “Herding”; Honorable Mentions: Sue Alexander, “Great Horned Owl”; Richard Bambach, “Spectacled Caiman”; Brenda Gillum, “Wolf with Fish”; George Kaye, “Penguins on Parade”; Larry Mars, “Taro Fields”; Larry Mars, “Blacksmith”; Elaine Selby, “Snuff Jar in Ivory.”

General Prints

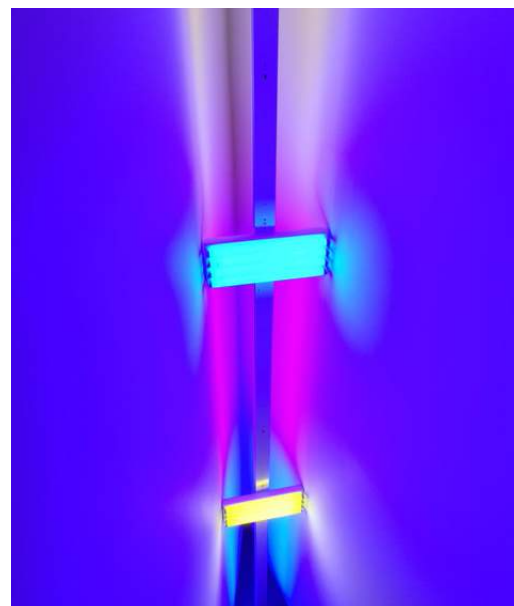
1st place: Ingrid Masi, “Lightplay”; 2nd place: Steven Kline, “Twin Peaks in Mist and Fog”; 3rd place: Woody Shields, “Autumn Sunrise”; Honorable Mention: Lou Paley, “Sunset over Delaware Bay.”

General Digitals

1st place: Gaby Dusan, “Man’s House”; 2nd place: F. Barry McClean, “Eagle



“Window Washer,” by Al Tannenholz



“Lightplay,” by Ingrid Masi

Observing River Crossing”; 3rd place: Ingrid Masi, “Tree View”; Honorable Mentions: Julie Friedman, “Enchanted”; R. Frank Gillum, “Mandarin”; Steven Kline, “Glacier Down at the Water’s Edge”; Ingrid Masi, “Coming Out”; Ron Masi, “Many Eyes”; Lou Paley, “Girl in Brookside Garden”; Frank M. Roddy, “Fog in Columbia.”

■ Garden Plot Group

Garden Plots Come to Life in New Season

by Darrelyn Pilgrim

Many activities are launching during our new garden season. Spring flowers came early, bringing life and delightful colors to our brown, dormant winter plots.

Many gardeners are busy weeding and turning the soil to prepare for planting. A good number already have plants growing in rows or clusters, with promises of a fruitful year.

Next Meeting

Our next monthly meeting is Tuesday, May 9, at 9:30 a.m. in Clubhouse I. Group meetings are the second Tuesday of each month. Come to listen or to help make decisions about the garden plots.

Potluck

The first potluck social for members and their guests is Friday, May 19, at 6 p.m. behind shed four. The rain date is Friday, May 26. Bring a dish to share, an item for the grill if you wish, and BYOB.

Any paid gardener may use the grill when it's not in use. The gardener must supply the charcoal, grilling utensils and any other supplies.

Plot Availability

As of April 11, no plots are available, and no one is on the waiting list. For information about renting a plot, contact Susan Curow at (301-598-7215).



Daffodils emerge from Theo Homans' garden, left, and forget-me-nots grow in another garden plot, right. Photos by Darrelyn Pilgrim



Storage Bins

Gardeners who have rented plots in 2017 can rent a storage bin for \$5.

A total of 20 bins are available in Sheds one, three, four and five. Contact Susan Curow if you are interested in renting one.

First Monthly Inspection

Following new guidelines, the first plot inspection was completed May 1.

Inspectors looked for proof of gardening: turning the soil, weeding, and getting ready to plant.

Inspections are done once a month, May through October.

Soil Test

Doug Allston, a gardener and landscaper for many years, soil tested throughout the garden plots and found that they are deficient in nitrogen. He recommends weekly fertilizing.

Formulas are available online, but he suggests a ready-made product, such as Miracle-Gro. Fertilizers give their three-number formula on the package. Look for 30 as the first number, which states the amount of nitrogen.

For Your Information

For wheelbarrow tires that need air, leave the wheelbarrow between shed one and the fence.

Gardeners who go on vacation and leave a friend or family member in charge of their plot should provide that person with a note that gives him or her permission to pick the plot's produce.

Contact Information

Contact group president Betty Kontaxis at (301-438-0004) if interested in volunteering or being part of the annual 4th of July parade.

2017 Garden Plot Group Officers:

President – Betty Kontaxis
Vice President – Pauline Wang
Treasurer – Barry Tossman
Secretary – Kathryn Johnson
Registrar – Susan Curow
Field Supervisor of Garden Inspections – Elena Peterson



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Eileen Kane, Assoc. Broker

T – 2 BR/2 BA w/ den in **Bldg 2, Turnberry Courts**, table-space kit. w/ window, enclosed balcony, ready for you to move right in! **\$279,990**

J – **Price Reduced!** 2nd Flr. in **Vantage Point E** is a true 3 BR w/2 baths. Living rm, Dining rm & BR #3 have wood floors, Master BR & BR #2 new carpeting. Ceramic tile runs from entry foyer to nicely updated kit. w/warm wood cabinets, granite counters, wonderful breakfast space. Updated master bath has ceramic tile floor, shower, and tub surround, newer vanity. Separate laundry rm. **\$364,500**

SELLERS: Inventory is low and buyers are always looking. Don't wait. If you plan to sell, now is the time!

F – In **Bldg 2 of The Greens**, 2 BR & 2 BA, table-space kit., formal dining rm, enclosed balcony, just needs a few touches to make it home. Seller will give a \$3,000 carpet allowance! **\$154,000**

SHERWOOD – COMING IN APRIL. Fab reno incl. new wood flrs, new kit (cabinets, granite, ceramic, most appl), updated baths (vanities, ceramic), MORE! 3 BR, 2 BA ranch in **Mutual 13** w/1-car garage + storage and den.

CABOT – New listing! Located on the "Broadwalk" in **Mutual 10**, this 3 BR, 2 BA ranch has an attached 2-car garage, laminate flrs., updated kit. w/ oak cabinets, & ceramic tile flrs. in kit. & both baths. **\$300,000**

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Club Announces New Slate of Officers

by Jean DeSchrive

The Garden and Environmental Club elected the following members to serve as officers for next season.

Mary Ann Steele is the club president when the club meets again in September. She replaces Peggy Reynolds, who has been club president for the past two years. Reynolds will continue to serve on the board as past president.

The club's officers are: Peggy Graham, recording secretary; Doris Paczkowski, corresponding secretary; Vera Grinnalds, treasurer; Chie Colvis, communications; Gwen Raphael, membership; Jean DeSchrive, publicity and afternoon tea; Carolyn McShane,

hospitality; Gwen Raphael, historian; Arnold Litman, director and Peggy Reynolds, past president.

Parade Plans

The Club has no events planned for the summer except for participation in the 4th of July parade. Once again, the Club will enter a "rolling flower basket" in the parade. Members are requested to plan on donating flowers from their gardens, plots and patios for the entry. Contact Jean DeSchrive at (240-669-6169) to make arrangements for the flowers that are to be collected on Monday, July 3.

All residents interested in horticulture and the environment are invited to join the Garden and Environmental Club; you need not be a gardener.



Past president, Peggy Reynolds, left, and current president, Mary Ann Steele. Photo by Gwen Raphael



Introducing Ingleside Engaged

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Club Ends Year with Social Hour and Winning Images

by Stewart Lillard

On Tuesday, May 16, the Rossmoor Camera Club concludes its year with a light social hour at 6 p.m. in Clubhouse I.

Members are requested to bring small trays of finger foods for the event. The Club provides serving items, paper supplies, and drinks. RSVP to Stu Lillard at (301-598-5181) or (slmeigs1836@yahoo.com) no later than Saturday, May 13.

The main program begins at 7 p.m. and includes a presentation by David Luria, the founder of Washington Photo Safari, who will address photographic opportunities in the Washington, D.C., area.

As a commercial photographer, Luria specializes in architecture, landmarks, restaurants and events. His

images of Washington, D.C., have appeared on many magazine covers, postcards and in more than 100 publications.

Luria is the expert to turn to for the “what, when and how” to photograph in our nation’s capital. And, for those who wish to travel outside of D.C., Luria has conducted more than 4,500 safaris, training over 32,000 people in techniques of travel, nature and portrait photography.



“Fairmont Banff Springs Hotel, Alberta, Canada,” Photo by Julie Friedman

The Club will also deal with business and awards, and will view the Photographic Society

of America’s winners from last summer’s convention in San Antonio, Texas.

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The Tricks of the Trade

by Ann Bolt

Open Studio members present their Food and Drink Exhibit on Saturday, May 6, in Clubhouse I. Various mediums are used in the paintings, including watercolor and pastels. The exhibit may even include collage and mixed media if the influence of Rossmoor Art Guild (RAG) instructor Millie Shott continues to spread.

Shott has some ideas that should put timid artists at ease. You don't have to paint with a brush; she has some clever ways of getting things painted with speed and creativity.

Do you want to have some clouds in your painting? Get that blue paint on there and dab it with a wad of facial tissue, and voilà! You have puffy white clouds floating across the painting.

With her fondness for two-color miracles, a mix of burnt sienna and ultramarine blue, artists can produce a foggy day, or a cold, crisp snow scene. Sprinkle on some table salt

and you can create snow or sand.

Need a fence to keep the snow from drifting? Rummage around in the packages of cookies until you find a corrugated packing sheet, cut a piece to the desired width and height, dab some paint and use it as a stamp. Your snow fence can now be stamped across your painting from one edge to the other without using a brush.

A beach scene may need to indicate some sand. Use a square of patching screen (about four inches square) and apply the paint to it. Hold the screen above your beach scene and blow through the screen, yielding speckles and splatters to indicate pebbles and texture of sand. Or use the standard, old toothbrush and douse the bristles



Tools of Millie Shott's trade: a patch of screen, cheesecloth, salt, corrugated cardboard and some rice paper. Photo by Ann Bolt

in paint and splatter by slowly running your fingers over the bristles to get the splatter effect.

You've now stamped and wiped and splattered. If you want some dune grasses on your beach painting, tease away the threads of a piece of cheesecloth and all those threads can be glued down in place as tall grasses bending in the breeze.

Need a tree, bird, or flower? From Shott's magic box of supplies and never ending objects, select a piece of Japanese rice paper, wet it slightly, and pull it gently apart with your fingers. All those loose fibers can be manipulated into looking like branches, flowers, birds, and grasses, or whatever else you may want to incorporate into the picture.

Got a puddle of paint with no personality? Use the side of an old credit card or an outdated library card to scrape the paint to one side, up or down, and form rocks, a bridge or a road. Again, no brush required!

Classes

Current classes end on Saturday, May 20, and the next session begins on Monday, May 22, and concludes on Saturday, July 1. Classes last for six weeks, and a fine roster of teachers offer guidance in watercolor, oil, drawing and acrylics classes.

Open Studio is available on Saturday mornings and is a self-guided group offering encouragement and critiques to fellow painters. Classes are \$60 each, and an annual RAG membership is \$10. Pick up a schedule in the Studio or come visit.

Reminders

If your head is whirling from all this creativity, then check out the Food and Drink exhibit in the hallway by the Clubhouse I E&R office. Be sure to visit the Guild's Open House Spring Fling on Saturday, May 27, from 2-4 p.m.

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Patience and Beauty Go Hand-In-Hand

by Gail Bragg

Most people joining the Ceramics Club have no previous experience in ceramics or painting. We give basic lessons in how to pour and clean your ceramic piece, how and when to apply various underglazes and glazes, and how to take care of the molds.

When it comes to the specific skills of painting a design or a picture, we tend to learn from each other. One person we learn from is Kim Sun. Sun had been painting long before she joined the Ceramics Club 10 years ago.

Sun's artistic ideas along with her painting skills and patience result in some intricate and beautiful

ceramic pieces. The large vase pictured here is painted with black then shaded to gray in some areas. The multiple ridges and top edge of the vase are painted in a zentangle style to accent the overall shape. Some of her pieces are on display for the month of May; all residents are invited to stop by Clubhouse II to see them.

The Ceramics Club's \$10 annual membership fee includes instruction on how to make your own ceramic pieces. We welcome new members, so drop by our studio in Clubhouse II. You can view some of our ceramic pieces in the gift shop in our studio; they are for sale with proceeds going to charity. We hope to see you soon!



A vase and three spoon rests by Sun Kim. Photo by Gail Bragg

■ Gem, Lapidary and Mineral Society of Leisure World

May 10: 'The Last Ice Age and the Catastrophic Flooding of the Northwestern United States'

by Mary Beth Mason

The next meeting of the Gem, Lapidary and Mineral Society is Wednesday, May 10, at 7 p.m. in Clubhouse II. Frank Roddy presents "The Last Ice Age and the Catastrophic Flooding of the Northwestern United States."

The Pacific Northwest is a geographic region bounded by the Pacific Ocean to the west and, loosely, by the Rocky Mountains on the east. Though no agreed-upon boundary exists, a

common conception includes Oregon, Washington and British Columbia. A broader definition includes territory reaching south into far northern California and east to the Continental Divide, thus including Idaho, western Montana and western Wyoming.

In 1922, J. Harlen Bretz (1882-1981), born in Saranac, Michigan, made an expedition into this northwestern landscape. Bretz had earned a degree in biology from Albion College and a Ph.D. in geology from the University of Chicago.

During 1922 and 1923, while trekking around this immense area, an astounded Bretz noted some unusual geologic formations that seemed to defy natural explanations. Water flowed

uphill. Boulders of unusual composition were found high on the sides of mountains. Giant ripples appeared in sandy areas. Shelves emerged on mountainsides overlooking Missoula, Montana. Sedimentary layers were found high above rivers. Peculiar hills occurred between mountain ranges. Topsoil was missing from large areas of these northwestern states.

Bretz coined the term "channeled scablands" to describe the numerous, gigantic eroded trenches that cut through extensive basalt deposits throughout the area near the Grand Coulee on the Columbia River. In 1923, he published a paper arguing that these scablands were caused by massive Ice Age floods.

His passionate interest in exploring eastern Washington State and the Columbia River Plateau led him to develop geologic theories that were initially discredited by a geology establishment resistant to his sweeping theories for the origins of this broad landscape. By the

1950s, however, after further research into the nature of the last Ice Age, Bretz's original research and conclusions were vindicated.

Roddy's lecture describes these Ice Age floods and the amazing and anomalous landscape they sculpted. His presentation will be accompanied with pictures he took of today's landscape. Illustrations created by the Washington State Park Service of how the land might have looked 11,000 years ago will also be included.

If you wish, bring an item for show-and-tell, which follows the presentation. You are encouraged to stay seated while others explain about their items.

Refreshments are served before and after the meeting. Following adjournment, our lapidary shop will be open for those interested in seeing our set-up and equipment.

For information about the Gem, Lapidary and Mineral Society, contact Chuck Mason at (301-933-3093) or (sugar-tree2@comcast.net).



Dry Falls, located in Dry Falls State Park (formerly Sun Lakes State Park), near Coulee City at the foot of Dry Falls in Washington State, U.S. Photo by Frank Roddy

Profiles Wanted for 'Celebrations' Project



Members of LWAAAC and Hispanos de Leisure World dance at the Latin Dance Party. Photo by Al Holston

by Patricia Means

The movie "The Help" is shown on Friday, May 26, at 4 p.m. in Clubhouse II auditorium. The movie is free and all residents are invited. Check the Events & Entertainment section of this publication for more information.

Please visit the display case to view all Latin Dance Party photographs. The display case is in the hallway directly behind the Clubhouse I E&R office.

The photographs were taken by LWAAAC vice president Al Holston, and LWAAAC member Phyllis Pratt arranged the display.

Celebrations, Volume II

The Celebrations, Volume II project begins in June for publishing in 2018. Your profile is wanted for inclusion in Volume II and interviewers and editors are needed for the committee. For further information, contact Patricia Means at (301-598-0550) or email (lwaaac1@gmail.com).

Archives Collection-CORRECTION

Two sentences referencing Leisure World Community Corporation (LWCC) were inserted inadvertently into the LWAAAC article published in the April 21 edition of Leisure World News. The sentences pertained to past and former LWAAAC boards of directors, not LWCC.



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■ Vegetarian Society of Leisure World (VSLW)

Upcoming Dinner Includes a Few Surprises

by Iris Wolf

The Vegetarian Society of Leisure World (VSLW) holds its monthly meeting, a dinner party catered by the Vegetable Garden Restaurant, on Tuesday, May 16, at 5:30 p.m. at the Clubhouse I lanai.

Dinner consists of spring rolls, mixed rice and vegetables, bean nest, vegan chicken with broccoli, and eight-treasure eggplant. All of these vegan dishes are prepared in a healthy way and include some other surprises.

The rain location is inside Clubhouse II. The cost of the dinner is \$5 for members and \$10 for non-members. Please send your check, payable to VSLW, to our treasurer Helen Gross at (3100 North Leisure World Blvd., Apt. 710, Silver Spring, MD 20906) by Thursday, May 11.

The dinner is a wonderful chance to meet fellow members, enjoy delicious, healthy food, and learn about some new ideas to keep you motivated on your vegan/vegetarian journey. The group looks forward to having a great turnout to a wonderful spring event. Please feel free to bring a friend to join us.

June Meeting

Our June meeting is on Tuesday, June 20, at 7 p.m. in Clubhouse II. Our speaker is

Brian Bergman, Food for Life instructor. The topic is "Cancer: Cause It or Kill It (depends on what you eat)." Bergman has an interactive presentation with plenty of time for questions.

Bergman also teaches another Food for Life course at Leisure World, this time focusing on cancer prevention. The class, which begins in early July, includes videos, teacher discussion and class participation. Bergman also provides lots of healthy, plant-based food to try, and numerous recipes. For anyone with a family member who has had cancer, or who just wants to do everything possible to avoid ever getting it, this is a great class to attend.

April Meeting

The April meeting had a very good turnout when George, owner of The Vegetable Garden, presented "Eat Well, Stay Well." He showed a video about two cardiac patients recovering completely from heart disease by changing to a vegetarian food plan. We discussed the healing powers of fruits, vegetables, grains and nuts.

Discount

Roots Market at 16800 Georgia Ave. in Olney offers a 10 percent discount to all residents every Wednesday from 9 a.m.-noon. In May, Roots Market plans to start a delivery service to residents.

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State Representatives Report on Annapolis Session Results

by Emile Milne

State Sen. Roger Manno and Delegates Benjamin Kramer, Bonnie Cullison and Maricé Morales are featured speakers at the Thursday, May 11, meeting of the Democratic Club.

The event begins at 7 p.m. in the Clubhouse I Crystal Ballroom. The delegation will report the results of the busy 90-day session in Annapolis, which ended on April 10 and considered more than 2,500 bills.

The democratically-controlled Senate and House of Delegates passed nearly a dozen bills that pushed back against President Trump's federal government agenda, including empowering the attorney general to sue the federal government, protecting Planned Parenthood from federal budget cuts, and a bill providing five paid sick days to most Maryland workers.

Our delegation also worked diligently to uphold our demo-



Left to right: Delegates Maricé Morales, Bonnie Cullison, Ben Kramer and State Sen. Roger Manno.

cratic values and policies in such areas as overriding Gov. Hogan's veto of The Clean Energy Act 2016, which increased our renewable energy standards to 25 percent by 2020, and will ultimately create thousands of jobs in the wind and solar energy programs.

March for Science Activities

While many of our Club members attended the March for Science in Washington,

D.C., the political protest and advocacy committee met on Saturday, April 22, to watch the streaming of the March in D.C.,

across the nation, and the world.

Members chatted as they watched the event and also wrote postcards stating concerns about science as it has been impacted by the new administration. Club members wrote to Republicans at the White House, Vice President Mike Pence and Environmental Protection Agency



Administrator Scott Pruitt.

Members also wrote to Sens. Ben Cardin and Chris Van Hollen, and to Rep. Jamie Raskin to thank them for their support for scientific efforts in our government. Members expressed concern about funding for science and the availability of scientific information.

Executive Committee Election

The election of members of the Democratic Club's executive committee members for the 2018-19 fiscal year is held during the opening business session of the meeting.

A slate of candidates will be offered by the nominations and elections committee, which is supervising the election. Additional nominations from the floor will also be considered if the proposed nominees are present and willing to serve.

■ Republican Club

Sen. Michael Hough Speaks at Next Club Meeting

by Fred Seelman

The next meeting of the Republican Club is on Tuesday, May 16, at 7 p.m. in Clubhouse I.

Maryland Republican State Sen. Michael Hough, a member of the General Assembly, is the featured speaker at the meeting. He will address us on bills that passed and failed.

Bills that passed concern legislative ethics, transportation funding, opioid abuse and manufacturing incentives, and those that failed involve marijuana,

internet privacy and immigration. Maryland did not become a sanctuary state.



Maryland State Sen. Michael Hough, courtesy photo

In the State Assembly, Sen. Hough sits on the Senate's judicial proceedings committee and joint committee on children, youth and families. He was formerly assistant minority leader in the Maryland House of Delegates.

Hough is a senior policy advisor for the Faith &

Freedom Coalition, has a degree in political science from Towson University, is a veteran and was born in Silver Spring.

April Meeting

At our April meeting, Patrick O'Keefe, our new and vigorous Maryland GOP political director, spoke about Maryland's republican political activities.

In addition to attending our meetings, LW republicans should also prepare to participate in the 4th of July parade. For more information or to sign-up, contact second vice president Irmgard Patrick at (301-598-2984).

Send comments or questions about these or any other Club matters and/or offers to volunteer to Club president Fred Seelman at (fseelman@gmail.com) or by call first vice president Ray Spieler at (301-460-3563).

Join us for another quality event on May 16. And enjoy our refreshments.



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■ League of Women Voters

League to Discuss County Transportation

by Elaine A. Apter

Honking horns won't give you answers to your transportation woes, but the League's next meeting will! Join us on Wednesday, May 10, at 10:15 a.m. in Clubhouse I to hear a transportation update and share your ideas on what the future of transportation in Montgomery County should be.

Do you have questions about transit, roads and transportation in Montgomery County? The League's transportation committee will update us on proposed projects – from ideas and design to approvals and construction.

The League often advocates for projects that align with our positions on transportation to help make them a reality. Numerous transportation projects are in the design phase: Purple Line, Corridor Cities Transitway, three new bus rapid transit routes, a new highway, connected bike trails and more.

Washington Metropolitan Area Transit Authority has had much publicity regarding repair and upkeep and continual Ride On changes. Come and learn more about transportation projects that affect you every day.

Annual Meeting

The League's annual meeting and luncheon is on Saturday, May 20, from 10 a.m.-2 p.m. in Clubhouse I. Coffee and tea is provided in the morning and a buffet lunch is served at noon. The cost is an all-inclusive \$25, or if you plan to attend only the meeting, \$5.

Join us to elect new League officers and board members, adopt a new budget, determine the tax status of the League, review our by-laws, choose new studies, and learn more about what we've accomplished this year and what we expect for next year. 2016-2017 has shown a growth in both membership numbers and accomplishments.

Please bring along your copy of the League's annual member

workbook and member handbook, and be one of the decision makers for the coming year. Review the article in this issue of the Voter, "Converting the League's Tax Status."

Please see the flyer for more details and register with the tear-off form. For further information, contact Elaine at (301-438-8707) or the League Office at (301-984-9585).

Join the Observer Corps

How can you learn more about what's happening at the local school board, county council, or planning board, and support our League at the same time? By becoming an Observer! The Observer Corps is a great way for any member, and especially our newer members, to get involved and make a difference.

The Montgomery County League has restarted an Observer Corps. As a local League observer, you would be our eyes and ears, learn how government works, and report on issues that are, or may become, items for local League study and action. You may even observe meetings online, a distinct advantage for those who are employed full-time or have other time constraints.

The League's Observers have reported on meetings with the bus rapid transit, college civic engagement conference, as well as county council, board of education, trending topics, government operations, and education legislation. Reports are made available to the appropriate League committee chairs for action. Please see related Observer Corps reports and articles in this Voter, written by Jennifer McGuire, Erin Brandt, and Judy Cochran.

We are looking for people to report on meetings and topics of interest to League committees, like Making Democracy Work, planning, housing and economic development, health and human services and others. Please contact Marcia Bond at (marciadbond@gmail.com) for more information.

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Wednesday, May 17th

"Effective Dementia Communication Strategies"

Wednesday, June 21st

"Understanding and Responding to Dementia-Related Behaviors"

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■ **National Active and Retired Federal Employees (NARFE) Chapter 1143**

Maryland Senate Whip Speaks at May 15 Meeting

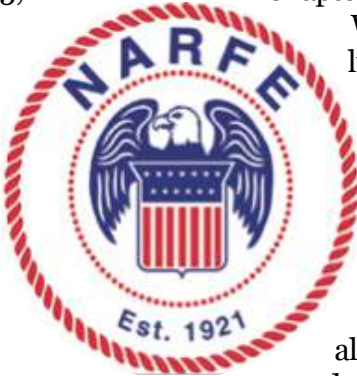
by Joe Cook

Maryland State Sen. Roger Manno, who was recently elected as Majority Whip, speaks at the Monday, May 15, Chapter meeting in Clubhouse I. Informal discussions and snacks begin at 1:30 p.m., and the formal meeting begins at 2 p.m.

Scam Alert

The Office of Personnel Management (OPM) warns that scammers are claiming to be OPM employees and threatening to end annuitants' retirement, threatening annuitants with criminal prosecution by a "magistrate," and demanding an immediate payment.

Do not send money; OPM does not make such calls. For help and to report suspected fraud, call the OPM Office of the Inspector General (OIG) hotline at (877-499-7295), or write to OPM OIG at (1900 E Street NW, Room 6400, Washington, D.C., 20415-1100). For additional information, check out the NARFE website at (www.narfe.org).



Chapter Looking for Volunteers

The Chapter has recently recruited members to assist in the setup and provision of refreshments at our meetings, and for assistance in the audit of Chapter finances.

We have reenlisted our former treasurer to help in establishing internal controls and checks and balances to better oversee our finances, and have also enlisted local and national resources to help in these areas.

We are seeking individuals for secretary and membership chair, and are enlisting everyone to help in recruiting new members.

For any questions or suggestions to how you can be helpful to our chapter, contact a member of our executive committee:

- President John Moens at (johnjots@outlook.com) or (301-438-3237)
- Vice President, Legislative Chair Joe Cook at (joec37766@gmail.com) or (202-271-0710)
- Treasurer Bob Kessler at (rhkess@aol.com)
- Service Officer Rich Rothstein at (whobodyelse@aol.com) or (301-598-5760)

■ **Inter-Faith Missions Committee**

May 8-9: Bedding Collection for A Wider Circle

by Bonnie Bonner

It's spring-cleaning time! The Inter-Faith Missions Committee is asking residents to look through their closets and consider donating to A Wider Circle.

The Committee is sponsoring its eighth annual bedding collection on Monday, May 8, and Tuesday, May 9, from 10 a.m.-2 p.m. Residents may drive through the Chapel portico to drop off donations. A Wider Circle requests towels, sheet sets, comforters and blankets that are in good condition, with no rips or stains.

A Wider Circle is a local non-profit organization that provides basic need items, education and long-term support to create lasting change in the lives of families they serve. Their Neighbor-to-Neighbor program provides furniture and household goods to families transitioning out of shelters, escaping domestic violence or otherwise living without basic need items. Each year, A Wider Circle furnishes the homes of more than 4,000 families, helping to create the stability and dignity that everyone deserves.

A Wider Circle considers the donations as long overdue

and well-deserved gifts to the families they serve. When you give, please think of your donation in the same way.

A Wider Circle uses the phrase "dignity condition" to describe their minimum standard of no rips or stains, so consider donating the best of what you have to someone in need.

The Committee's drive is for bedding only. If you would like to donate furniture, contact A Wider Circle at (301-608-3504) or at (www.awidercircle.org) to arrange a pickup.

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Women's Health Summit Set for May

by Barbara Eisen

Hadassah presents the Yesodot Dance Troupe on Wednesday, May 24, at 7:30 p.m. in the Clubhouse II auditorium. The performance is open to all residents. See the Events and Entertainment section of this publication for details.

Judaic Study Group

The Judaic Study Group meets on Monday, May 15, at 1:30 p.m. in Clubhouse I. The topic for discussion is Israeli poets, which was canceled in March. Marcia Elbrand leads the discussion. Please contact Peri Schuyler at (301-869-2968) or (perislaptop@aol.com) for further information.

Health Summit

National Hadassah sponsors a Women's Health Empowerment Summit on Wednesday, May 17, from 10 a.m.-2 p.m. at the Newseum located at (555 Pennsylvania Ave. NW, Washington, D.C.).

The Summit features many distinguished speakers.

Participants will have a chance to network and learn from women's health champions, policymakers, and partners in the Coalition for Women's Health Equity. The cost is \$30, and Wolfgang Puck provides lunch. If you did not receive an email with a reservation form, call the Greater Washington Hadassah office at (301-881-8203) for further information.

disadvantaged children in Israel. The goal is to create a circle of \$1000, made by individual contributions of \$40. Please send your donations to Larelda at (3200 N. Leisure World Blvd. #201, Silver Spring, MD 20906). For more information, contact Larelda at (301-598-5922).

General Information

Hadassah sponsors many

activities to further the worthwhile projects it supports in medical, educational, and social programs in Israel and in the U.S. If you are interested in knowing more about Hadassah, contact one of our membership vice presidents, Carole Sonneborn at (301-288-4902) or (Carole200@comcast.net) or Mimi Meltzer at (301-806-0976) or (Mimi20852@aol.com).

■ Jewish Residents of Leisure World

Group Prepares for a Busy Month

by Jonas Weiss

Jewish Residents of Leisure World (JRLW) has a jam-packed month ahead filled with worship, interactive events, good music and food.

Friday, May 5 – At 7:30 p.m. in The Inter-Faith Chapel, Rabbi Gary Fink leads a Conservative Sabbath service, and NA'AMAT sponsors the Oneg refreshments.

Saturday, May 6, 20 and 27 – Sabbath morning services are held in Clubhouse II with discussions of the Torah portion and the Talmud led by Rabbi Moshe Samber.

Saturday, May 13 – Women take over most of the Sabbath morning service in the Clubhouse II auditorium. Joan Engleman has arranged this special event, which will be led by Rabbi Rosalind Gold and Cantor Michael Kravitz. Bernice Cohen will be honored as "Woman of the Year" for her outstanding work for JRLW.

Thursday, May 18 – The annual, free Health and Wellness Expo takes place from 10 a.m.-2 p.m. in Clubhouse I. More information is available on page 3 of this publication.

Sunday, May 21 – George Leventhal speaks at a 10 a.m. brunch in Clubhouse I. He is a Maryland Democrat and a four-time Montgomery County

Councilmember at-Large and chair of the Health and Human Services Council. He will talk about how to translate Jewish values into public policy.

Advance reservations for the brunch are required. Send checks of \$10, made payable to JRLW, to Jerry or Shirley Gordon at (15311 Beaverbrook Ct., Apt. 3A, Silver Spring, MD 20906). The deadline to make a reservation is Wednesday, May 17. Entry without a reservation is \$13 if a

seat is available.

Wednesday, May 31 – The start of the two-day festival of Shavuot ends with a Yiskor service on Thursday, June 1 in Clubhouse I.

Donations

Carol Wendkos at (14805 Pennfield Circle, Apt. 212, Silver Spring, MD, 20906) accepts donations (checks of \$25 minimum made payable to JRLW) for the Torah maintenance funds.

Janet Lazar at (15311 Beaverbrook Ct., Apt. 1B, Silver Spring, MD 20906) accepts checks made payable to JRLW for new prayer books (\$25 minimum).

Donations for Kiddush (\$25 minimum), or an Oneg (\$25 minimum), or Yiskor, or general tzedukah go to Susan Weiss at (3739 Glen Eagles Dr., Silver Spring, MD 20906).



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Youth Project

Larelda Gruber chair the Youth Aliyah/Children at Risk project. The project helps

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NA'AMAT Joins JRLW for Brunch

by Carole Mund

Join NA'AMAT RBZ in celebrating the regular Shabbat services at The Inter-Faith Chapel on Friday, May 5. NA'AMAT RBZ sponsors the delicious Oneg that follows the service.

On Sunday, May 21, NA'AMAT RBZ sponsors the monthly JRLW brunch. Montgomery County Councilman George Leventhal speaks on pertinent current issues that impact each of us. We hope you can join in sharing these events.

May 18: Annual Donor Luncheon

On Thursday, May 18, NA'AMAT holds its Annual Donor Luncheon at Norbeck Country Club.

NA'AMAT honors all the people who have participated in the many activities and fundraisers.

Donor credit is simply money attributed to each member over the cost for participating in activities sponsored by NA'AMAT.

By now many members have received notice of their donor credit accumulation. Contact Theda Rosenblum at (301-598-9105) for any questions about your donor status.

An invitation will be sent to those who have met the individual goal of \$50 and who can participate in the luncheon by simply paying plate money.

New members who may not have met the donor credit goal are encouraged to attend and just pay plate money.

Not only will you enjoy a delicious lunch and entertainment, but NA'AMAT RBZ will also announce the Woman of the Year and give an end of the year report.

Tribute Cards

Tribute cards are an excellent way to support and maintain the essential programs NA'AMAT sponsors as well as to attain donor credit.

NA'AMAT has cards to honor all occasions, from congratulations for a special event to memorial cards.

Full donor credit is given for each card. Contact Linda at (301-681-1076) with any questions.

Executive Board Meetings

The executive board meets each month. At these meetings, we discuss plans for upcoming events. The meetings also afford the opportunity to meet the board members and learn more about the organization.

NA'AMAT is eager to have more people involved in planning, and welcome new ideas for activities. All are

encouraged to join us on Tuesday, May 16, at 10:30 a.m. in Clubhouse I for our next meeting.

Trips

NA'AMAT is planning a trip to the Kennedy Center for the Performing Arts sometime soon. Contact Trudy Stone at (301-438-0016) for further details.

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■ Jewish War Veterans Charles B. Krieger Post 567

June 11: Aloha Party and Brunch

by Marvin Franklin

On Sunday, June 11, at 10:15 a.m., in the Clubhouse I Crystal Ballroom, Jewish War Veterans Post 567 goes back in time to June 11, 1944 in Hawaii to honor our World War II veterans as well as our comrades who served in the Korean War and Vietnam conflict.

We also plan to visit a Stage Door Canteen and will celebrate and remember all the veterans who fought for our country and touched our lives. Please wear your colorful island-style attire.

Nominations for new Post officers was scheduled to take place April 5 and the election on May 3, but we no longer have sufficient members to fill the slate of officers required to continue Post 567. The Post had a great run with lots of camaraderie and outstanding memories. We are extremely grateful for your support over many years.

We are looking forward to one last party and brunch and entertainment by Bruce Thomas, an energetic, charismatic performer with a special show he has prepared solely for this occasion. The party is an opportunity to visit with your friends once more. All residents are invited.

We will serve a mouthwatering buffet that includes blintzes with toppings, lox, bagels, cream cheese, scrambled eggs, tuna salad, fruit, pastries, juice and coffee. The price is \$14 per person, mail order only.

Make your reservation check payable to "JWV Post 567" and mail it to Marvin Franklin at (3200 N. Leisure World Blvd., Apt. 709, Silver Spring, MD 20906). The deadline to make reservations is Thursday, June 1. We are unable to accept reservations after that date, and checks received after the deadline will be returned.

You won't want to miss this great farewell party!

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Monthly Movie on Hiatus Until June

by Beth Leanza

Baby Boomers are an active, fun-loving group of people. We like to dance, eat and watch movies together.

The Club has potluck dinners with music and dancing during the colder months, and switch to picnics at a nearby park during the warmer months. We watch movies in the Clubhouse II auditorium and at a Rockville theater after having dinner together. Because of the Fun and Fancy Theatre Group’s play, the club will not screen a movie in the Clubhouse II auditorium until June.

Mah Jongg

Do you enjoy playing Mah Jongg? Do you already know how to play? Then you might like to get together with other residents each Tuesday and Wednesday evening at 7 p.m. in Clubhouse II.

Friday Hikes with Dawn

Many walkers meet up at the walk site, but if you want to carpool, contact Dawn Carlisle at (301-598-7098) by Thursday evening. Always bring water to each hike.

May 12 – Underground Railroad Trail, from Woodlawn Manor (16501 Norwood Rd., Sandy Spring) to Friend’s Meeting House, Sandy Spring, MD. Meet at the Woodlawn Manor at 10:15 a.m. with water and a lunch. Go through the Connecticut Gate and take Connecticut Avenue to Bel Pre Road. Turn left onto Bel Pre Road. Turn left onto Layhill Road. Turn left at the third light onto Norwood Road. Go a short distance. Woodlawn Manor is on the right.

May 19 – Swain’s Lock (Potomac). Meet in the parking lot next to the canal at 10:15 a.m. Bring water and a lunch. Go north on River Road. Turn left onto Swain’s Lock Road. The sign is easy to miss; turn around and

the sign for Swain’s Lock Road is visible. Continue down Swain’s Lock Road to the parking lot next to the canal.

Sunday Morning Walks

On Sundays at 8:30 a.m., a group walks the entire Leisure World Boulevard loop (about three miles). They meet up at the intersection of Kelmscot Drive and Arden Court. Occasionally, the group takes a walk outside of Leisure World, and sometimes goes to breakfast afterward.

Weeknight Walks

Some Boomers like to take a short, one-mile walk around the Broadwalk in Montgomery Mutual in the early evenings, Monday to Friday. During the summer months the walks start at 7:15 p.m. There’s no formal announcement in the lobby, so ask around: Are you the Baby Boomers?

Volkssport Walks

One Club member belongs to

a walking organization called the American Volkspport Association. He posts information about their walks on the Baby Boomer website.

Membership and Email

Club dues are only \$5 per person. Contact membership chair Susan Landesberg at (301-613-9031). Then we get you into our Google Email group so you can get the reminders and updates.

We prefer that you pay by check because it helps us keep our records straight! Make it payable to Baby Boomer Club of LW.

If you do not have email you could miss a lot of updates and reminders! You are welcome to join, but encouraged to connect with another member who does get the emails.

Contact Beth Leanza at (301-598-4569) or (bethlea12020@gmail.com) if you are not receiving the Baby Boomer emails, or to ask if any emails have been sent recently.

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‘Whom’ Receives an Elegy

by Carlos Montorfano

The group was happy to welcome back Joe Brand after his Florida sojourn. He gave us an elegy to the word “whom,” a word seldom found today in writings or speech. His second poem, “Just Call Me Honey,” refers to women tending to call older men “honey” in an affectionate but not always condescending way.

Paulette Lee read the first chapter of her memoir, “La Vie En Rose,” in which she describes her love for France, particularly Paris, where her mother was born and where she lived for extended periods. We all enjoyed her writing and hope to hear more in the future.

Rhada Pillai read “Yurtle the Turtle” a parody in rhyme à la Dr. Seuss, in which she

discusses the current political situation.

Jane Hawes read “Best Intention” about helping a wheelchair bound friend attend a meeting in Clubhouse I, before realizing how important it is to consider transportation challenges in advance.

Kimi Sugimura read a poem, “Daddy’s Best Friend,” about his father’s best friend who never married and who lived all across the country. Though they were different in many ways, they were able to maintain their friendship until their dying days.

Woody Shields continued to educate us about deer in “Deadliest Animal,” explaining that given their number and their interactions with humans, they are clearly the most dangerous animals in U.S. To avoid collisions, braking is recommended, but swerving is not!

York Van Nixon III read from his next

book, “Souls Over the Hill,” about the consequences of female ballet dancers living with quasi-permanent hunger, which sometimes they can’t control, and leads to confusion when a take-out order is delivered to the wrong address.

Danuta Montorfano read “Lament,” about the love for cycling she has had since she was a youngster in Argentina who cycled to school in the vast Pampas. Later on, she greatly enjoyed cycling with her children in a nearby park while exploring nature. Then, for many years, she cycled to the beach until, accepting the limitations of age, she decided it was time to stop.

Carlos Montorfano read a true story in verse about one of the most beautiful actresses, a goddess called Maria Felix, who had such an effect on men that a friend of the family quivered and shook like a flan when he saw her (which didn’t sit well with his wife).

The Club meets the first and third Thursday of the month in Clubhouse I, but the Thursday, May 18, meeting is in Clubhouse II.

■ **LW Apple Club**

Find My iPhone

by Brent Malcolm

Help! Your iPhone has been lost or stolen. Now what are you going to do?

Your iPhone has become so much a part of your everyday life. Set up Find My iPhone so that it can be tracked or erased if the unthinkable happens.

As the name implies, Find My iPhone helps you find your iPhone (or your iPad, iPod Touch or Apple Watch) by displaying its GPS location on a map. You can also use Find My iPhone to play a sound on you the device, which is handy for finding a misplaced iPhone around the house, or display a status message (perhaps to offer a reward for a lost iPad). You can also use Find My iPhone to lock or wipe a device clean remotely.

Even more importantly, Find My iPhone enables Activation Lock, which prevents a thief from activating a stolen iPhone with a cellular carrier. It also prevents anyone from disabling Find My iPhone or erasing the device, rendering a stolen device useless. See this Apple support article for additional information on Activation Lock: (<https://support.apple.com/HT201365>).

Setting Up Find My iPhone

To set up Find My iPhone, select Open Settings and tap your name at the top. Touch iCloud and scroll down to Find My iPhone. Select it and turn on Find My iPhone. You will be asked to sign in with your Apple ID and password.

To test Find My iPhone, log into (iCloud.com) on any other device to see your device on a map. Click on the phone marker and

you will get a menu to: Play Sound, Lost Mode (see below) or Erase.

Lost Mode and Erase

If your iPhone has disappeared, turn on Lost Mode right away, which locks your phone with your passcode. Lost Mode also does these things: (1) Allows you to display a custom message on the screen, for instance, how to contact you; (2) Silences all alerts and alarms; (3) Suspends any credit or debit cards set up for Apple Pay on your device; (4)

Allows you to track your phone’s location as long as it’s online.

If you feel the phone will not be recovered, select Erase iPhone in which all information, including credit cards, is deleted. You will no longer be able to find the phone using Find

My iPhone, so use Erase as a last resort. See this Apple support article for a detailed summary of what you should do in the event your iPhone is lost or stolen: (<https://support.apple.com/HT201472>).

Club News

This month, the Club welcomes back Jimmy Obomsawin, also known as JimmyMac. Obomsawin is a Certified Apple Support Professional who provides home and small business support for Apple products.

Obomsawin discusses all the little-known unique things you can do with your iPhone. If you have an iPhone, you will be delighted to learn these functions. Join us on Tuesday, May 23, at 10 a.m. in Clubhouse II for this exciting presentation.

Please visit our website at (<http://mac.computerctr.org>).



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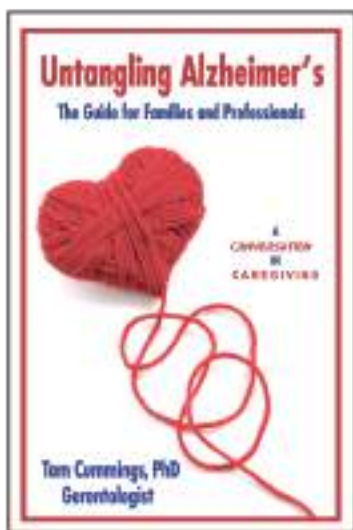
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Tam will examine how dementia systematically assaults the four lobes of the brain (temporal, frontal, occipital and parietal), the order in which dementia moves through the brain and how the damage in each lobe causes specific behaviors or loss of abilities. This ability to recognize the connection between deterioration in the brain's lobes to behaviors and abilities helps family and professional caregivers better understand how far the disease has advanced and what they should anticipate next.

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■ Going It Alone Club

Club Calls for Volunteers to Serve as Officers

by Elizabeth Brooks-Evans

This year's annual meeting is Saturday, July 8, at 2:30 p.m. in Clubhouse II when members will elect Club officers.

Patricia Connelly, nominating committee chairperson, is looking forward to hearing from members who are willing to fill these positions for a one-year term. The main duties of the officers are very simple but imperative, as they must be filled in order for the club to operate smoothly. These duties are as follows:

- President – conducts brief, monthly meetings of the board
- Vice President – fills in for the president when necessary
- Treasurer – deposits checks into the bank and reports balances to the board
- Secretary – takes minutes of the brief monthly board meetings

New board members receive careful and gracious guidance in achieving their tasks from outgoing officers. If interested, contact Patricia Connelly, chairperson of the nominating committee, at (301-598-9369).

Armchair Travel

Every Saturday, Going It Alone Club (GIAC) members spend the afternoon enjoying travel videos in a friendly, relaxing atmosphere. If you've visited the places in the armchair videos, the videos can spark memories of the joy and delight the trip brought. Taking the trip with Rick Steves as expert travel guide can be the next best thing to actually visiting a place.

In the coming weeks, the club will tour the highlights and majesty of Spain and Portugal.

Games

Club membership is expanding; the club's video travel tours and games of

Pokeno, bingo, poker and bridge are so popular that another bridge table was added to accommodate the game's enthusiasts.

Bridge players are welcome to come and bring a potential partner. If the person is not a member, he or she can quickly sign up on the spot for only a \$7 annual membership fee.

Other games include free Bingo, held on the second and fourth Saturdays of each month and Pokeno, played on non-Bingo Saturdays. Rubik's cube and poker are played as well.

Trips

GIAC sponsors an assortment of exciting trips open to all residents and friends as well as members in May, June, July, and September. There are trips to Myrtle Beach, South Carolina; MGM Casino at the National Harbor in Maryland; Sight and Sound Theatre in Pennsylvania and Harris Crab House, respectively.

Sign-up for these trips is made during Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. when a representative of the program committee is available to answer questions and receive payments.

Details about these trips can be found in the Club Trips section of this publication.

For questions about trips, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-53125).

Membership

Anyone wishing to sign up for membership can do so during SAL from 1:30-3 p.m. Now is the time to renew membership for 2017 through 2018. The fee is a nominal \$7 per year and the income from dues is used to pay club expenses and enhance activities.

For more information about membership, feel free to contact Marion Callaghan, president, at (301-598-6779).

Leisure World Club Trips

The next deadline for trip submissions is **Monday, May 8**. The trips listed below are sponsored by Leisure World groups and organizations and not by Eyre Leisure World Travel. These trips are **open to all residents**, not only members of the specific club. For information, contact the person listed with each trip. (Do not contact the Eyre Leisure World Travel or E&R Office.) Leisure World clubs and organizations that want to be included in this column must provide a submission to the News by 3 p.m. on the Monday deadline. Due to space limitations, the Leisure World News reserves the right to edit or delete submissions. **Email** your trip information to lwnews@lwmc.com.

Please Note: Member/Non-Member pricing is at the discretion of the individual clubs.

**July
16**

NEW – Second City Comedy Troupe

Join **NA'AMAT** on a trip to see "The Second City's Almost Accurate Guide to America: Divide We Stand," history as written by this foremost improvisational comedy troupe. The cost is \$115 per person, which includes your ticket, transportation to the show at the Kennedy Center for the Performing Arts in Washington D.C., gratuities and dinner at Mamma Lucia's following the show. Reservations must be received prior to Wednesday, May 31. For further information, call JoAnn at (301-438-0737).

**July
18**

"Jonah" at Sight and Sound Theatre

Join the **Going It Alone Club** to see "Jonah" at the Sight and Sound Theatre in Lancaster, Pennsylvania. This trip includes a smorgasbord lunch at the Bird-in-Hand Family Restaurant and Smorgasbord.

The cost is \$100 for members and \$107 for non-members, and includes taxes, transportation, lunch, show and all gratuities.

The bus departs from Clubhouse II at 10 a.m. and returns at approximately 8 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. For more information, call Joe Parker at (301-598-3425) or Sylvia Pachenker at (301-598-5325).

**Sept.
14**

NEW – Harris Crab House and Amish Market

Join the **Going It Alone Club** on a trip to Harris Crab House on Maryland's Eastern Shore for all you can eat steamed crabs, steamed shrimp, barbeque chicken, crab soup, corn-on-the-cob, cole slaw and potato salad, plus pies, beverages and draft beer.

Following the crab feast at Harris', we will go to the Amish Market for your shopping delight.

The cost is \$72 for members, \$79 for non-members, and includes tax, dining, tour bus and driver gratuities.

The bus departs from Clubhouse II at 10:30 a.m. and returns at approximately 5:30 p.m.

Sign up at Saturday Afternoon Live (SAL) in Clubhouse II from 1:30-3 p.m. For more information, call Joe Parker at (301-598-3457) or Sylvia Pachenker at (301-598-5325).

ATTENTION, TRAVELERS!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

**Sunday
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Clubs, Groups & Organizations In Brief

Amateur Radio Club: Calling all hams! All resident amateur radio operators (hams) — or would-be operators — are invited to join our business meeting/lunch the second Tuesday of each month. We meet in the Stein Room in Clubhouse I at 1 p.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

Centering Prayer: Join our group of centering prayer practitioners on Wednesdays at 3:30 p.m. (3588 Gleneagles Dr.). Centering prayer is a method of silent meditation, where you rest in God, without saying anything, just happy to be in God's presence. Our intention is to be aware of the presence of God and to welcome the action of God within us. Beginners are welcome, as are people of all faith traditions. For more information, call Eileen at (301-438-0422).

Clipper Workshop: Recruiting is underway for members who can help assemble clown hand puppets for Holy Cross Hospital. They are used in the pediatric and emergency rooms. No special skills are needed. Some sewing skills are necessary. We need a sewing machine stitcher. Bring a bag lunch. (We will eat in the lunchroom.) We meet every first and third Monday in Clubhouse II from 10 a.m.-2 p.m., or any portion of the time you can devote to making a child smile. We are looking for donations of cotton fabrics, stuffing, thread and iron-on facing. Contact Joan Mahoney at (240-833-2724) or at Jane Brinser at (301-438-2599) for further information.

Computer Learning Center: Located in Clubhouse II just down the hall from the E&R office, the Computer Learning Center is operated by The Leisure World Computer Center Inc., a 501(c)3 non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center provides residents free training and assistance in the day-to-day use of computers for online research and other personal needs. The center has Mac and Window systems computers as well as color laser printers for printing and scanning. For more information about the Computer Learning Center, please visit (www.computerctr.org) or contact the E&R office in Clubhouse II at (301-598-1320).

Hispanos de Leisure World: We invite all residents who are Hispano-Parlantes to join us in enjoying the activities of this club, including card games and conversations, every Friday at 3 p.m. in Clubhouse I. Once a month, Latin-American and Hispanic movies, with English subtitles, are screened at the same location and same time, 3 p.m. Also, the club organizes a Fiesta de La Amistad on a weekend in the spring and a Christmas dinner in December. And we have organized and presented musical shows about once a year in the Clubhouse II auditorium as well. If interested, contact Jose Soto, club president, at (240-765-7640) or Carlota "Loty" Goldenberg at (301-598-6869).

Jewish Discussion: Hello to all Jewish residents of Leisure World. A discussion group meets on the fourth Sunday of every month (except July and August) at 10:30 a.m. in Clubhouse II. Be prepared for lively discussions about Israel and other topics of Jewish interest. Please give us a try; we think you'll like us.

Knitting and Crocheting: Do you like to knit or crochet? Every Sunday, 2-5 p.m., eight or so crafters meet at a LW resident's home (off of Chiswick Court). Beginners to very seasoned are welcome. Snacks/finger foods, soda, coffee and tea are served. If interested, please email a bit about yourself (include a phone number where you can be reached) to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).

Knitting Corner: Join us the second and fourth Fridays of each month at The Inter-Faith Chapel from 10 a.m. to

noon. Our next meeting is May 12. Bring your knitting and enjoy the conversations. We have patterns and yarn for your project. Yarn donations gratefully accepted. Call Joan at (240-833-2724) if you have any questions.

LW LGBT Alliance: Our group was formed to give members of the LGBT Community a safe and inviting place to come and meet new friends and to get involved in social activities. Our meetings are the third Saturday of every month at noon in Clubhouse II. We welcome everyone; being gay is not a prerequisite. The LW LGBT Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire LW community. For additional information and events, email us at (celticwomen1@gmail.com).

PBS/British TV: Enjoy watching Masterpiece Theater, British mysteries and historic dramas like "Poldark" and "Outlander"? Join like-minded folks at a LW resident's home (off of Chiswick Court) to watch together. Potluck appetizers, wine, soda, coffee and tea are served. If interested, please email a bit about yourself (include a phone number where you can be reached) to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).

Quilt Group: Come and join our fun group as we work on our individual projects. We now include those interested in all needlework and knitting. We meet the second and fourth Thursdays in the Clubhouse II multipurpose room at 9:30 a.m. If you have any questions, call Clydis Kellough at (301-642-2430). Our next meeting is May 11.

Serious (Book) Readers Wanted: Serious readers who relish inspired, award-winning fiction meet at the home of a LW resident (off of Chiswick Court) the second Sunday of the month from 5:30-7:30 p.m. for a potluck dinner and an hour-long discussion. (2017 reading list is available.) If interested, please email a bit about yourself (include a phone number where you can be reached) to Polly at (pfields@career-strategies-inc.com) or call (571-236-1775).

Stitchers Group: Needlepoint, cross-stitch and more. If you enjoy stitching or would like to learn, we meet every first and third Thursday from 10 a.m.-noon in the Clubhouse II multipurpose room. Come and share your finished work and enjoy stitching with us while we learn new skills together. Call Audrey at (301-598-4903).

Short Story Group: On Wednesday, May 17, John Moens will lead a discussion of "Where is the Voice Coming From?" by Eudora Welty. The Short Story Group meets at 11 a.m. on the first and third Wednesdays of the month in Clubhouse I. For information, call Beth Leanza at (301-598-4569).

Stamp and Coin Club: Are you a philatelist or a numismatic? Join the Stamp and Coin Club. We meet on the first Thursday of each month at 3 p.m. in Clubhouse I. Members discuss their collections, including first day covers, day of issue programs, yearbooks, coins, medals and more. Stamps are shared for "show-and-tell," and we hold an auction of members' stamps. In addition, a gift certificate from Coins of the Realm in Rockville is awarded as a door prize at each meeting. All residents and non-residents are welcome to attend. Annual dues are \$5. If interested, contact Mason Goldman at (301-598-6749).

Wood Shop Users Group: The wood shop is located on the lower level of Clubhouse I; the entrance to the shop is off Gleneagles Drive. It is open Monday through Friday, 9 a.m.-3 p.m. and Saturday 9 a.m.-noon. An experienced monitor is on duty when the shop is open to assist members with their work and provide instructions in the use of shop equipment. Members are often willing to repair and refinish projects for Leisure World residents. For further information, call (301-598-1308).

EYRE Leisure World Travel

Travel & Tour Department • (301) 598-1599 • Monday, Wednesday & Friday 8:30 AM-2:00 PM
Reservations can be made Monday through Friday, 8:30 AM-5 PM by calling 301-854-6600 #4
For more detailed itineraries, please see the Eyre Representative at the Eyre Leisure World Travel Office.

DAY TRIPS

Grounds of Sculpture

Tues., 5/23 8:10 am-6:50 pm\$128.00 per person
Nestled in the heart of New Jersey lies Grounds of Sculpture, a magical place where art and nature are always at play. Enjoy a 3-course plated lunch at the incomparable Rat's Restaurant.

NEW MGM Grand Casino

Mon., 6/5, 9:05 am-3:00 pm\$35.00 per person
Try your luck at the newest casino in the area! Transportation only.

9/11 Memorial & Museum

Sat., 6/10, 7:00 am-11:45 pm\$120.00 per person
Trip includes: transportation, admission to the Memorial, admission to the Museum and a \$10 Cracker Barrel gift card for dinner.

Ladew Gardens

Mon., 6/12, 8:30 am-5:30 pm\$93.00 per person
Did you know Architectural Digest named Ladew Gardens one of the "10 incredible topiary gardens around the world?" Guided house tour, self-guided garden tour, lunch and access to the Butterfly House included.

Marvelous Monticello & Michie Tavern

Friday, 6/23, 8:15 am-8:30 pm.....\$109.00 per person
Immerse yourself in an 18th century experience at the home of Thomas Jefferson - Monticello. Tour and a colonial lunch at the historic Michie Tavern est. ca 1784. Guided tour of the home and gardens of this magnificent estate.

National Museum of Women in the Arts

Wed., 7/12, 8:55 am-2:35 pm.....\$50.00 per person
Visit the only museum in the world dedicated exclusively to the exhibition, preservation, and acquisition of works by women artists. Docent led tour included and lunch on own at Mezzanine Café.

Hollywood Casino

Thu., 7/20, 10:00 am-5:30 pm\$38.00 per person
Try your luck in Charleston West Virginia! \$15 slot play offer from Casino.

Faith & Food

Tues., 7/25, 7:15 am-8:00 pm \$118.00 per person
Travel around Cumberland and enjoy rich colonial and religious history and delicious food from the ethnic roots of the churches visited.

Rail, Sea & Safari

Wed., 7/26, 7:15 am-7:15 pm.....\$129.00 per person
Upon arrival, board a vintage 1920s passenger train for a wonderfully scenic, narrated ride through Swatara Creek Valley. Lunch is served at an 1800s Victorian mansion that's listed on the National Registry. The journey continues with a lazy summer cruise on an authentic paddleboat on the Susquehanna River, and the day ends with a "wild" safari where you will see herds of wild and exotic animals from around the world.

NEW Annapolis Time & Tide Trio Cruise

Thu., 7/27, 8:45 am-4:30 pm\$105.00 per person
Enjoy a leisurely three-hour cruise as a speaker delivers a presentation on the waters of the Chesapeake Bay. Listen to local legends and lore, tales of smuggling, rum running, piracy and the legend of Chessie the Chesapeake Sea Monster. Also a short History of Kent Island with information on its original, native inhabitants. Boxed lunch included.

"Peter Pan" at the Dutch Apple Theatre

Wed., 8/2, 9:15 am- 6:15 pm.....\$110.00 per person
Buffet Lunch and show included in trip.

Baltimore Museum of Industry

Fri., 8/4, 9:00 am-3:00 pm\$88.00 per person
Relive the Industrial Revolution at the Baltimore Museum of Industry. Lunch at the Rusty Scupper also included in this trip.

Ellis Island

Sat., 8/5, 7:15 am-11:00 pm\$113.00 per person
Trip includes: Ferry to Ellis & Liberty island, motorcoach transportation, \$10 Cracker Barrel Gift card.

Mansions Along the Delaware

Fri., 8/11, 6:15 am-8:45 pm\$129.00 per person
Embark on an elegant bus tour with step on guide who will accompany you on your journey as you tour three centuries of gracious living! Lunch included.

"Time" for Ice Cream

Sat., 8/12, 7:15 am-7:30 pm\$109.00 per person
Visit a Clock & Watch Museum. Step on guide for local touring. Lunch at Bully's Pub. Finish the day creating your own favor of ice cream at Turkey Hill.

Gadsby's Tavern Old Town Alexandria

Tue., 8/15, 8:30 am-4:45 pm.....\$92.00 per person
Since 1770 Gadsby's has been a Landmark. Guided tour of the museum and lunch in the Tavern with time to explore Old Town.

Spotlight on...

"Vegas Legends!" at the American Music Theatre

Sat., 8/19, 10 am-8 pm.....\$119.00 per person

"Vegas Legends!" at the American Music Theatre captures the excitement and energy of Las Vegas with a first-class cast of entertainers who pay tribute to legendary musicians like Elvis Presley, Wayne Newton, Tom Jones, Celine Dion, Donny & Marie, and more. This family-friendly show highlights the best of Vegas variety and why it is the "Entertainment Capital of the World." Lunch at Shady Maple Restaurant.

MULTI-DAY TRIPS

Mohegan Sun

June 12-15 (motorcoach)

Train Tracks of West Virginia

June 23-25 (motorcoach)

JFK's Cape Cod

July 16-20 (motorcoach)

New Orleans

Sept. 11-14 (fly-drive)

Colorado's Historic Trains

Sept. 15-23 (fly-drive)

The Legendary Blue Danube

River Cruise

Sept. 20-11 days (fly-drive)

Ark Encounter

Oct. 2-5 (motorcoach)

Ocean City Getaway

Oct. 10-13 (motorcoach)

Best of New England

Oct. 13-17 (motorcoach)

Wright Experience

Oct. 24-26 (motorcoach)

Williamsburg "Grand

Illumination"

Dec. 2-4 (motorcoach)

Greenbrier

Dec. 3-5 (motorcoach)

Biltmore Estate & Asheville

Dec.11-14 (motorcoach)

CRUISES

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Some trips require a certain amount of walking. The shoe symbol  provides an indication of how much walking may be involved.

Key:



Easy Walking



More Walking



A Lot of Walking

Eyre at Leisure World Travel Office, located in Clubhouse I, is a department of Eyre Bus, Tour & Travel. We offer a full service travel agency that specializes in airline reservations, cruises, group tours, vacation packages, hotel accommodations and auto rental. We have been providing "Excellence in Travel for 60 Years".

INCLEMENT WEATHER POLICY: Please call 301-598-1599 after 7 am on the day of a trip to find out if we have cancelled, postponed or are going. If a trip is cancelled, you will also receive a phone call from us once the office is open.

SPORTS, GAMES & Scoreboards

■ Golf Club

Swinging All the Way Through April

Compiled by Rita Molyneaux

April 11, 2017 9-Hole Ladies –Front 9 ABCD Step Aside Scramble

First (Tie) – Team Connie Park, Janet Jaret, Kay Heier, Shirley Gilmore, 38

First (Tie) – Team Patricia Lyddane, Marylee Amato, Jane Hughes, Lois Kutun, 38

April 12, 2017 MISGA with Rattlewood and Bretton Woods

First – Bill Heyman, Bob J. Brown, 118

Second – Joe Crocetta, Joe Boland, 121

Third (Tie) – Tony Marotta, *122

Fourth (Tie) – Sam Choi, *122

*Ties broken by back nine score

April 13, 2017 18-Hole Ladies Mystery Hole Tournament

First – K.C. Choi, 56

Second (Tie) – Susan Kim, Kazue Waller, 62

April 13, 2017 MISGA Mixer at Manor

First – Mike Marotta

April 15, 2017 Spring Mixer Scramble

First – Jules Goldstein, Sam Choi, Pat O'Connor, 67

Second – Donald Park, K.C. Choi, Semoon Chang, 68

April 18, 2017 9-Hole Ladies Mystery Hole #17

First – Connie Park, 27

Second (Tie) – Mary Wells, Lois Falck, Jane Ruane, 29

Fifth (Tie) – Rachel Wratten, Patti Howlin, 30

Seventh (Tie) – Christine Peterson, Kazue Waller, Shirley Gilmore, Young Sook Lee, 31

April 19, 2017 MISGA at Holly Hills 2 Best Balls of Four Mixer

Fourth – Team Hank Weiss, Donald Park

Stanley Moser of Compass Pointe made a hole-in-one on the par 3 #6 (156 yards), not only winning the closest to the pin award but also winning the Holly Hills standing hole-in-one prize of an all-expense paid trip for two (except airfare) to Puerto Vallarta, Mexico.

■ Education and Recreation Department

Outdoor Pool Opens for Summer 2017



Photo by Leisure World News

Beginning Saturday, May 27, the outdoor pool behind Clubhouse I is open daily through Labor Day, Monday, Sept. 4. Outdoor pool hours are Monday through Friday from 10 a.m.-8 p.m., and Saturday and Sunday from 10 a.m.-7 p.m.

Children's (ages 4 through 16) hours are 10 a.m.-1 p.m. only. On the first Sunday of every month, children's hours are 10 a.m.-3 p.m. An adult in swimwear must accompany all children.

Water volleyball, free and open to everyone, is played from 3-4 p.m. every day.

Pool rules and regulations have been established for the safety of pool users. All residents interested in using the pool should familiarize themselves with the rules as they are expected to abide by them. Knowing what is and is not permitted will make for a much more pleasurable experience for all. A copy of these rules is available in the E&R offices and posted at each pool location.

Locker room facilities are available on the premises. Residents who would like to rent a locker for the summer may do so in the E&R office; the fee is \$15. It is highly recommended everyone wear rubber-soled shoes in the

locker rooms.

This summer, Leisure World of Maryland will again have lifeguards provided by Community Pool Service, LLC. They will work hard to keep residents and guests safe, enforce the rules, and keep the pool area and locker rooms clean and in good order.

Residents may use the outdoor pool free of charge. Resident ID cards are required for free admittance. All guests must have passes and be accompanied by a resident. Passes can be purchased at either clubhouse E&R office during regular business hours. Guest fees are \$6 for an adult daily pass, and \$3 for a child daily pass. Tickets may be used at either pool.

During inclement weather, residents should call E&R or check the closed-circuit TV channels for updates on openings and closings before making the trek to the pool. Please note that in the event of severe weather (i.e., lightning, thunder), the pool is closed and the deck cleared until such weather has passed (usually 30 minutes after the last incident of severe weather).

Still have questions? Call or stop by either E&R office.

Latest in Golf Clubs Ready for Testing

Interested golfers and would-be golfers can try out the latest in Callaway Golf Co. equipment during a demo on Wednesday, May 24, from 12-3 p.m. at the driving range behind the Pro Shop.

Leisure World's golf pro, Richard Rosenthal, and Callaway technicians will be on hand to demonstrate the

latest in golf clubs, including drivers, fairway woods, irons and wedges. They also can assist golfers who'd like to try out the clubs at the range.

For more information, contact the Pro Shop at (301-598-1570).

Residents can also keep an eye out for a new look and new merchandise in the Pro Shop coming in June.

– Leisure World News



■ 10-Pin Bowling League

Wild Things Maintain First Place Standing

by Rita Mastrorocco

The league is based on handicaps with averages for the bowlers ranging from 83 to 183. If you have not bowled in years, come out and join the fun.

The top League standings as of April 21 are: Wild Things in first place, C.A.S.H. in second place, and Huggers in third place.

Top scores for the week of April 14 are:

Scratch Game – Huggers, 694 pins

Scratch Series – Huggers, 1850 pins

Handicap Game – Late Comers, 974 pins

Handicap Series – Late Comers, 2718 pins

High Average Men – Steve Muller, 183 pins

Scratch Game Men – Jerry Oslick, 257 pins

Scratch Series Men – Denny Woolaver, 628 pins

Handicap Game Men – Jerry Oslick, 319 pins

Handicap Series Men – Jerry Oslick, 796 pins

High Average Women – Chris Porter, 170 pins

Scratch Game Women – Kazue Waller, 174 pins

Scratch Series Women – Elaine Fishman, 451 pins

Handicap Game Women – Darlene MacDonald, 264 pins

Handicap Series Women – Elaine Fishman, 709 pins

Top scores for the week of April 21 are:

Scratch Game – Hooks 'N' Curves, 686 pins

Scratch Series – Hooks 'N' Curves, 1968 pins

Handicap Game – Hooks 'N' Curves, 927 pins

Handicap Series – Hooks 'N' Curves, 2691 pins

High Average Men – Steve Mueller, 183 pins

Scratch Game Men – George Izumi, 224 pins

Scratch Series Men – George Izumi, 575 pins

Handicap Game Men – George Izumi, 266 pins

Handicap Series Men – Jerry Oslick, 729 pins

High Average Women – Chris Porter, 171 pins

Scratch Game Women – Chris Porter, 209 pins

Scratch Series Women – Chris Porter, 579 pins

Handicap Game Women – Flo Reilly, 255 pins

Handicap Series Women – Eileen Fishman, 715 pins

You do not need to be a good bowler to join. Come and join us for fellowship, fun and easy exercise. There is no long-term commitment.

The league bowls every Friday morning with practice starting at 9:20 a.m. at Bowl America, 1101 Clopper Rd., in Gaithersburg.

The cost for the three games of bowling, the use of bowling shoes and balls, and unlimited cups of coffee is only \$10.

If you are interested, please call Rita at (301-814-9196).

■ Tennis Club

May 7: Tennis Drills

by Alfonso Holston

Club president Sue Sandler is issuing emails to all Club members to keep them abreast of recent happenings and upcoming events.

Meetings are held on the first Thursday of each month at 7 p.m. in Clubhouse II. All residents are invited.

Tennis drills are on Sunday, May 7, at 3:30 p.m. on the tennis courts. The event is

open to the first nine participants, and the cost is \$10.

If interested, contact Natalie Brodsky at (301-598-2813) or send a check to Brodsky at (3310 North Leisure World Blvd.).

The courts are open, and round robin and advance play is in progress. Round robin is on Tuesdays from 9:30 a.m.-11 a.m. and on Fridays from 9-10:30 a.m. Advance play is on Sundays, Wednesdays and Thursdays from 9:30-11 a.m.



Laurie Burdick in round robin play April 28. Photo by Leisure World News

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GOLF CARTS RULES OF THE ROAD

- Operators must obey all traffic rules and regulations.
- Driving golf carts is prohibited outside the community, including Leisure World Plaza!
- Golf carts parked in unauthorized areas are subject to towing at the owner's expense.

■ Tuesday & Friday Duplicate Bridge

Compiled by Jerry Miller

For Tuesday games, Flight A includes all players. Flight B includes only ACBL member pairs, each with less than 1,000 master points.

Friday, April 14, 2017

North-South

1. Alan Ferraro – Liz Ferraro
2. Elly Gotkin – Angie Riani
3. Dora Levin – Mark Levan
4. Diane Keiper – Patti Anschutz

East-West

1. (tie) Steve Billstein – Jim Cowie
(tie) Lori Hegel – Saul Penn
3. Joe Boland – Monroe Elbrand
4. Nancy Gordon – Bernice Felix

Tuesday, April 18, 2017

North-South

Flight A

1. Lorraine Hegel – Robert Kerr
2. Ann Ruth Volin – Lea Rochkind
3. Hanna Schepps – Marlys Moholt
4. Ellen Lux – Lewis Gold
5. Diane Keiper – Nadyne Cheary

East-West

Flight A

1. Ephraim Salins – Bernice Felix
2. Jerry Miller – Gerald Lerner
3. Patti Anschutz – Shirley Light
4. Alfred Caponiti – John Ryan
5. Barbara Summers – James Summers, Jr.

Flight B

1. Carole Ruth Cougnet – Ted Michos
2. Marilyn Udell – Maida Crocicchia

Flight B

2. Rae Newman – Jack Schiff

Friday, April 21, 2017

North-South

1. Diane Keiper – the Ephraim Salins
2. Joann Quinn – the Betty Brawley
3. Leonard Taylor – the Lillian Taylor

East-West

1. Rosmarie Suitor – Shirley Light
2. Saul Penn – Lori Hegel
3. Linda Mihm – Norman Salenger

■ Wednesday Night Chicago Bridge

Compiled by Doug Brasse

April 12, 2017

1. Virginia Pace, Joan Bland
2. Anna Pappas, Bob Bridgeman
3. Joan Thomas, Joyce Fisher
4. Ann Boland, Joe Boland
5. Joan Joyce, Le Loy Cottrel

April 19, 2017

1. Anna Pappas, Bob Bridgeman
2. Joyce Riseberg, Dick Riseberg
3. Ann Boland, Joe Boland
4. Sylvia Forman, Saul Hock

■ Thursday Afternoon Ladies Bridge

Compiled by Jackie Harrell

April 13, 2017

1. Vicky Shaz, 3,380
2. Evelyn Armstrong, 3,310
3. Jo Ann Gellman, 2,730

April 20, 2017

1. Laverne Pychok, 3,920
2. Sally McGowan, 3,570
3. Helen Mays, 2,800

■ Friday Bridge

Compiled by Betti Goodman

April 7, 2017

1. Helene Kurtzman, 3,260
2. Mort Faber, 3,140
3. Shirley Griffin, 2,800
4. Leonard Bosin, 2,610

April 14, 2017

1. Marc Levin, 3,750
2. Shirley Griffin, 3,050
3. Mort Faber, 2,630
4. Ray Kurlander, 2,510

Chess Toadies Leap into the Game

by Bernie Ascher

The world is facing another crisis. It has been known since the 1980s that the population of frogs, toads and amphibians is decreasing, but recently the rate of decline has accelerated.

Roughly 6,800 species of frogs inhabit the earth. About one-third of them are considered endangered. Much of the decline is attributed to deforestation and climate change, but also to pollution, pesticides, ozone depletion, ultraviolet radiation, disease, predators and even increased noise levels, which interfere with mating calls.

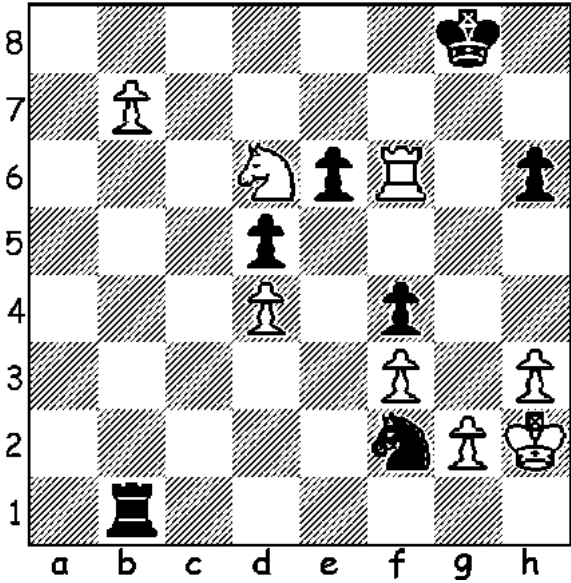
Many species around the world have been identified as critically endangered, a serious threat to global diversity. Frogs are in trouble when an organization named “Save the Frogs!” is created.

Yes, there is such an organization. In fact, on April 29 it celebrated its Ninth Annual “Save the Frogs Day.” It is “the world’s largest day of amphibian education and conservation action,” according to the orga-

nization. You may have missed it. It was an opportunity to party or parade or to attend an educational seminar on frogs. You could have learned the difference between frogs and toads.

Toads generally have shorter legs, rougher skin, and lay eggs in a string-like structure rather than in a grape-like bunch. However, some frogs may have skin covered in warts, and some toads may have smooth, slimy skin, according to the Exploratorium, a San Francisco science museum. So, it is often hard to tell the difference, unless you check out their eggs. (This may seem trivial, but it is important to the frogs and toads, especially during mating season.)

Some frogs are poisonous, such as the poison dart frog, which is an endangered species. A small drop of poison can kill you in three minutes, and there is no antidote. A single frog can hold enough poison to kill 10 men. These frogs are hard to find because they are small (0.5-2 inches long) and live in tropical rainforests, but they are brightly colored and patterned.



Brilliantly colored frogs are popular with pet collectors in the U.S. and Europe, who buy them from smugglers in South and Central America. Encouraged by high demand and high prices in the international pet trade, smugglers often hide the little creatures in luggage, or conceal them in legal shipments of exported tropical fish. Customs officials estimate that close to 90 percent of illegally exported poison dart frogs die in transport because of poor shipping conditions.

Numerous species of frogs are listed as endangered by the International Union for Conservation of Nature, an organization that tries to raise awareness and protect endangered species; and by the Convention on International Trade in Endangered Species of Wild Fauna and Flora, a multilateral treaty to protect endangered plants and animals.

In Colombia and some other nearby countries, wildlife conservation areas have been set up to protect such endangered species. If so inclined, you can join an ecology tour in Costa Rica, sponsored by Save the Frogs! on Friday, July 14 through Tuesday, July 25. Costa Rica is home to 202 known species of amphibians.

For chess players, frogs are a distraction. Fortunately, Clubhouse II does not permit frogs to enter. When is the last time you saw frogs in the clubhouse?

Chess players are not easily distracted, as in the game pictured on this page. In this game, White is threatening to promote a Pawn to Queen on b7. However, it is Black’s turn to move. What is Black’s best move? The answer follows.

Remember that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. All are welcome. For further information, call Bernie Ascher at (301-598-8577).

ANSWER: Black’s best move is Rook to h1. Checkmate!

So, do not wait for frog extinction. Do not wait for an ecology tour. Do not wait for mating season. Play chess now!

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Sports, Games & Scoreboards In Brief

Bridge:

• **Tuesday and Friday Duplicate Bridge** games are at 7 p.m. in Clubhouse I. New players with partners are welcome. Have fun. Win masterpoints. Questions? Call Nadyne at (301-598-5677).

• The **Wednesday Night Chicago Bridge Group** is looking for new members. The group meets every Wednesday in Clubhouse I. Play begins promptly at 6:45 p.m. Bring a partner and be ready for a few hours of friendly games. Questions? Call Doug at (301-448-8708).

• **Men's Bridge** seeks players. We meet Mondays and Thursdays at 12:30 p.m. in Clubhouse II. No partner needed. Please, no beginners.

• **Thursday Ladies Bridge** welcomes more card players. If interested, call Jackie Harrell at (301-598-4341).

Cribbage: We meet for 150 minutes of competitive fellowship Thursdays at 9:30 a.m. in Clubhouse II. We have cards and cribbage boards, and would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (We do not even keep score.) For more information, call George at (301-598-9747) or Bill at (301-598-7270). We look forward to seeing you.

Mah Jongg: Want to learn how to play Mah Jongg? Call (301-598-3438).

Pinochle Players: If you enjoy pinochle, join us at Clubhouse II on Monday evenings, 6:30-8:30 p.m. Call us at (301-775-7238) or (301-598-7064).

Poker:

• A few poker game openings are available at the Greens, Thursdays 7-10 p.m. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Men's Poker** is seeking new members. Play is daily, beginning around 9 a.m. in the Game Room in Clubhouse II.

• **Poker players wanted** for all variations of poker, with or

without wild cards. Come by Clubhouse II Tuesdays and Thursdays at 7:15 p.m. and play until 10 p.m. Spend an enjoyable night with a bunch of good people. Call Andy at (240-558-4787).

Jigsaw Puzzle: There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free, at your leisure, to work on it.

Scrabble: Please join us at Clubhouse II on Tuesdays at 12:30 p.m. for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

Duckpin Bowling: Join us for the Duckpin Mixed Bowling League Mondays at 12:30 p.m. at White Oak Bowling Lanes (11207 New Hampshire Ave., Silver Spring). We need bowlers of all skill levels and will welcome you into our enthusiastic group. We carpool regularly, so non-drivers need not stay away. Call Grace White at (301-438-7892) or Flora Wolf at (301-598-5807) to join as a substitute or regular bowler.

Fitness and Exercise Club (supporting all Leisure World physical activities): Membership is open to any resident interested in attending an existing activity or in creating a new activity. No membership fees. For more information on club activities or to join, email us at (LWMDfitness@gmail.com).

Indoor Pool Volleyball: Experienced players are welcome to join a competitive game in the social pool at Clubhouse II on Mondays and Thursdays at 6 p.m. Basic volleyball skills are required. For beginners, social games are Wednesdays, Fridays and Saturdays at 3 p.m. If you don't have a yearly indoor pool pass, a \$3 ticket good for one pool session may be purchased at the Clubhouse II E&R office. Email Laurie Burdick at (lgburdick@aol.com) with questions.

Mind-Body Exercise Club: Members meet every Thursday afternoon from 2-3 p.m. in the Clubhouse II Activity Room to study and practice mind-body exercises under a leader. Interested Leisure World residents can join the club by paying a \$5 per person initiation fee. If you have any questions, call Bert Fang, club president, at (301-871-1694).

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CLASSES & Seminars

Sign-up will be taken for newly advertised classes beginning on the Tuesday after the date of the edition of Leisure World News in which it appears. All sign ups begin at 8:30 a.m. in either Clubhouse I or Clubhouse II as noted in the class description. Residents can register for themselves and two other residents. **Please bring your Leisure World ID.**

If required enrollment is not met five days prior to the start date, the class will be cancelled.

*****Please note fees for non-residents: add \$10 for 1-6 session classes and \$20 for classes of 7 or more sessions.*****

Payment can be made by check or credit card (MasterCard, VISA or Discover); no cash is accepted. Checks *must* be made payable to Leisure World of Maryland Corp. Please sign up in advance of the starting date of the class since instructors need to know how many will participate. **Note: Registration will not be accepted nor refunds issued after the completion of two sessions!**

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

EDUCATION

NEW – Go Beyond Simple Snapshots - Shooting with Most Digital Photo Devices:

The Rossmoor Camera Club and the Center for Lifelong Learning present a new summer series of basic photography classes. They are designed to address residents' questions on how to take photographs using almost every type of device imaginable, including smart phones (no flip phones), tablets, and any type or brand of digital camera.

The eight classes will be held inside and outside of Clubhouse I. Participants may choose to attend any or all of the classes. Each class is self-contained. Bring your questions, device and its manual, along with a notebook and pen to each class. Please note that the first session is for Smart Phones and Tablets only.

Each class is led by a different instructor and is divided into two one-hour parts with breaks. The first hour includes in-class presentation on photographic considerations for the topic, and hands-on assistance to set-up your device. The second hour provides a period outside of the classroom to photograph the class topic.

Each student must be able walk short distances, and/or easily enter and exit a car. Be prepared for the weather and traveling within LW to take photos. Class will be held rain or

shine. If required, car-pooling and other assistance will be provided.

For more information or questions about these classes, contact the Coordinator of the Rossmoor Camera Club's Special Educational Program, Louis Paley, at (301-598-2493).

Class meets Wednesdays, June 7-Aug. 2 (no class July 5), 10 a.m.-noon. **Fee: \$15. Register at Clubhouse I.**

Intermediate Excel Training: This intermediate Excel training class is not for beginners. In this class you will learn how to create a spreadsheet and manage cell data (resize, copy, and fill cells). You will also learn how to insert online or personal photos, set the print area, perform adding and subtracting of cells and, most importantly, how to save and retrieve your data.

Class meets Sunday, May 7, from 3-4:30 p.m. in the Computer Learning Center in Clubhouse II. **Fee: \$15. Register at Clubhouse II.**

EXERCISE

NEW – Tap with Gerry, Evening: Did you always wish you could tap dance? Now you can! Join Gerry as you "Tap Your Troubles Away" and "Shuffle off to Buffalo." A fun way to exercise. The first half of the class is devoted to beginners where they learn basic steps of

tap. The second half of class is devoted to dancers who already have a knowledge of tap. This is a way for the "performers" to add "tap" to their resume.

For more information, call Gerry (301-438-7452). Class meets Thursdays, May 25-June 29, 6 p.m. **Fee: \$45. Register at Clubhouse II.**

NEW – Move to the Beat, evenings: Do you hate to exercise? If you do, this is the class for you. For 45 minutes, we move by stretching, walking and dancing to various music (singing along is allowed). You don't have to remember anything; just follow at your own pace. You must keep moving. Doctors tell us we must keep moving for our health. Let's do it together as we "Move to the Beat." For more information, call Gerry (301-438-7452).

Class meets Tuesdays, May 30-July 11 (no class July 4), 6:15-7 p.m. **Fee: \$39. Register at Clubhouse II.**

NEW – Senior Sneakers: Get up and go with a safe, heart-healthy cardio workout that is gentle on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement, and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Mondays (with Shirley), June 5-July 10, and Thursdays (with Sue) June 8-July 13, 9-9:45 a.m. You can take the class on Mondays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

NEW – Mild Exercise with Shirley: All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesdays, June 6-July 18 (no class July 4), and Wednesdays, June 7-July 12, 11-11:45 a.m. You can take the class on Tuesdays or Wednesdays, or sign up for both days.

Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.

NEW – Gentle Yoga – Thursday Evenings: End your day the yoga way. Research has shown that yoga practice can improve digestion and enhance your ability to have a good night's sleep. A consistent yoga practice has been shown to increase mobility, strength, and flexibility, and to provide skills to cultivate a peaceful mind in the face of life's stresses and challenges.

This class, led by Marilyn Dixon, is designed for individuals with some ability to get up and down off the floor and can be adapted according to the need of the practitioner. Beginners and ongoing students are welcome. Bring a yoga mat or blanket to the first class.

Class meets Thursdays, June 1-July 6, 6-7 p.m. **Fee: \$48. Register at Clubhouse I.**

NEW – Zumba Gold with Denny – Mondays or Fridays: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Mondays, May 22-June 26, 10:30 a.m. or Fridays, May 19-June 23, 1 p.m. **Fee: \$40 for one day; \$75 for two days. Register at Clubhouse II.**

NEW – Zumba Gold with Denny – New Day/ New Time: This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes

the same great Latin styles of music and dance that are used in the Zumba basic program. Class meets Wednesdays, May 17-June 21, 1 p.m. **Fee: \$40. Register at Clubhouse II.**

Stretch, Tone and Strength Training for the Active Adult (9:15 a.m.): Join our fun exercise class that utilizes a variety of equipment for the active adult. This dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier, and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, May 15-July 10 (no class May 29), and/or Thursdays, May 25-July 13, 9:15-10:15 a.m. **Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.**

New Students Only - Stretch, Tone and Strength Training for the Active Adult (10:30 a.m.): The early morning class is filling up! This class is for new students who want to join a fun exercise class that utilizes a variety of equipment for the active adult. This

dynamic strength-training class will develop a body instilled with power and one that can move with ease and confidence. Get stronger, steadier, and more balanced as you develop new body awareness, flexibility and control of "usable strength."

Weights, bands, and balls are provided; and a mat is recommended for some floor work. Modification can be made for the individual exerciser and all are welcome to join in the fun. The instructor is Linda Ginsburg.

Class meets Mondays, May 15-July 10 (no class May 29), and/or Thursdays, May 25-July 13, 10:30-11:30 a.m. **Fee: \$55, one day per week, \$85, two days. Register at Clubhouse I.**

Chair Yoga with Robin, Mondays: Age well. Prevent or diminish the chronic degenerative disease processes that frequently accompany aging. Gentle, yet effective, movements done while sitting in a chair. Increase joint mobility, balance, flexibility, strength, tone, circulation of blood and lymph, and improve breathing. Optional standing balance exercises included. Relaxing and fun! Mindfulness training introduced and basic holistic lifestyle habits discussed.

Instructor Robin M. Hartman, C-IAYT, CHHC, RYT, PTA, is licensed to perform physical therapy in the state of Maryland. She is also a certified holistic health coach, registered

yoga teacher, and certified yoga therapist. She will answer questions after class or can be reached at (240-350-8820).

Class meets Mondays, May 15-July 17 (no class May 29 or July 3), 2-3 p.m. **Fee: \$100. Register at Clubhouse II.**

WATER EXERCISE

NEW – Water Exercise with Nancy: Time to start the day off right by enrolling in a water exercise class. Participants will gain strength, stamina, and tone from this cardio class. (Dumbbells are used, although they are not required, and are available for purchase from the instructor.)

Class meets Tuesdays, June 6-July 18 (no class July 4), and Thursdays, June 8-July 13, 11 a.m.-12 noon. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

NEW – Non-impact Fusion with Beth: This class is held in the round leisure pool

(warm water). Dance, yoga poses, and cardio movements are all fused together to give students an awesome, fun class. Participants will improve their posture, balance, flexibility, and muscle strength.

Class meets Tuesdays, June 6-July 18 (no class July 4), and Thursdays, June 8-July 13, 1-2 p.m. You can take the class on Tuesdays or Thursdays, or sign up for both days. **Fee: \$36, one day per week; \$60 for both days. Register at Clubhouse II.**

NEW – Aqua Fit with Shirley: This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics will be done in the lap pool for 30 minutes, focusing on cardio and strength. The class will then move to the social warm water pool and finish up with yoga stretches that will focus on balance and posture.

Class meets Wednesdays, June 7-July 12, 1-2 p.m. **Fee: \$36, 1 day per week; \$60, when taken with one day of another water class. Register at Clubhouse II.**

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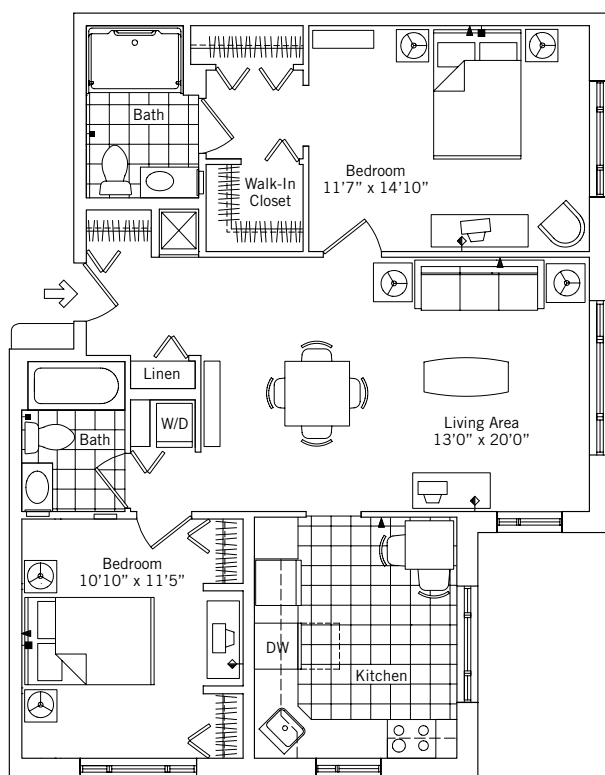
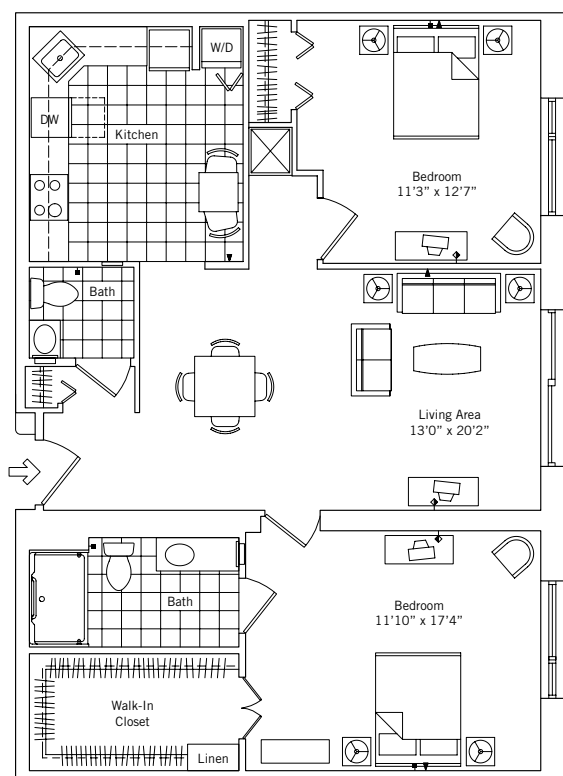
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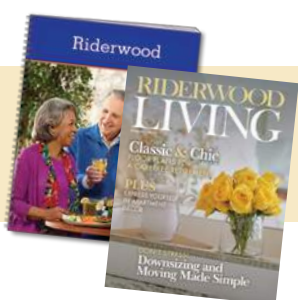


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CALENDAR *of Events*

Friday, May 5

Clubhouse I

10:00 a.m. Basic Drawing Class
12:15 p.m. Kiwanis Club
1:30 p.m. Any Level Watercolor Class
3:00 p.m. Hispanos de LW
7:00 p.m. Friday Duplicate Bridge

Clubhouse II

1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club
3:00 p.m. Tai Chi for Essential Tremor Class

Saturday, May 6

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. American Needlework Guild
10:00 a.m. Open Art Studio

Clubhouse II

9:15 a.m. JRLW Religious Service
2:00 p.m. Going It Alone: Travel Video
6:00 p.m. LGBT Alliance: Game Night

Sunday, May 7

Clubhouse I

Have a Happy Day

Clubhouse II

2:30 p.m. Fireside Forum
3:00 p.m. Tai Chi for Essential Tremor Class

Monday, May 8

Clubhouse I

9:15 a.m. Stretch & Tone Class
9:30 a.m. Any Medium Art Class
10:30 a.m. Beginner Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class
10:30 a.m. Zumba Gold Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Line Dance Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class

Tuesday, May 9

Clubhouse I

9:30 a.m. Garden Plot Group
9:30 a.m. Any Medium Art Class
11:30 a.m. Ladies Golf Lunch
1:00 p.m. Amateur Radio Club
1:00 p.m. CLL Class: Convergence of Geography & History
1:00 p.m. Watercolor Techniques Class

5:00 p.m. Trivia Group
5:00 p.m. Lawn Bowls
7:00 p.m. Duplicate Bridge

Clubhouse II

9:30 a.m. Beginner/Advanced Tai Chi Class
11:00 a.m. Mild Exercise Class
11:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group
1:30 p.m. Comedy & Humor Club
3:00 p.m. Parkinson’s Support Group
1:00 p.m. Non-impact Fusion Water Class
6:15 p.m. Move to the Beat Class

7:00 p.m. Vegetarian Society

Wednesday, May 10

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Express Yourself Art Class
10:00 a.m. Supervised Bridge Class
10:15 a.m. League of Women Voters
1:00 p.m. Diabetes Prevention Class
1:00 p.m. Oil/Acrylics Class
1:00 p.m. Maryland Interclub Seniors Golf Association Lunch
1:00 p.m. Low Vision Support Group
1:30 p.m. Patients Rights Group
2:00 p.m. LW Green
5:45 p.m. Lawn Bowls
6:45 p.m. Chicago Bridge

Clubhouse II

11:00 a.m. Mild Exercise Class
12:30 p.m. FISH Volunteer Meeting
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:30 p.m. Stroke Support Group
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class
7:00 p.m. Lapidary Club

Thursday, May 11

Clubhouse I

10:00 a.m. Painting for Everyone Class
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
5:00 p.m. Lawn Bowls
7:00 p.m. Democratic Club

Clubhouse II

9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner/Advanced Tai Chi Class
9:30 a.m. Quilters Group
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. Non-impact Fusion Water Class
2:00 p.m. Mind-Body Exercise Club
4:00 p.m. Model Railroad Club
5:30 p.m. Tap with Gerry Class

Friday, May 12

Clubhouse I

8:30 a.m. Community Walk
10:00 a.m. Basic Drawing Class
11:00 a.m. Book Club Network
1:30 p.m. Any Level Watercolor Class
3:00 p.m. Hispanos de LW
6:00 p.m. Café AIM: Fred Foss
7:00 p.m. Friday Duplicate Bridge

Clubhouse II

10:00 a.m. Chinese Club
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge
3:00 p.m. Tai Chi for Essential Tremor Class
7:30 p.m. Fun & Fancy Production: “A Funny Thing Happened on the Way to the Forum”

Saturday, May 13

Clubhouse I

9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
Clubhouse II
9:15 a.m. Shabbat Services
2:00 p.m. Going It Alone Bingo
7:30 p.m. Fun & Fancy Production: “A Funny Thing Happened on the Way to the Forum”

Dial 301-598-1313
for recorded Daily Events

Meetings of the LWCC Board of Directors, Executive Committee and Advisory Committees

Budget and Finance

May 17, 10:00 a.m., Clubhouse II

Community Planning

May 8, 9:30 a.m., Clubhouse I

Energy

May 16, 9:30 a.m., Clubhouse I

Golf and Greens

May 19, 9:00 a.m., Clubhouse I

Government Affairs

May 8, 2:00 p.m., Sullivan Room

Health

May 17, 2:00 p.m., Clubhouse I

Insurance

May 22, 2:30 p.m., Sullivan Room

Landscape

May 11, 9:30 a.m., Clubhouse II

Leisure World News

May 18, 10:00 a.m., Clubhouse I

Physical Properties

May 9, 9:30 a.m., Clubhouse II

Restaurant

May 15, 10:00 a.m., Clubhouse I

Security and Transportation

May 11, 9:30 a.m., Clubhouse I

LWCC Board of Directors

May 23, 9:30 a.m., Clubhouse I

The meeting airs on May 29, May 31 and June 2 at 4 p.m. and 7 p.m. on channel 974.

LWCC Executive Committee

May 12, 9:00 a.m., Sullivan Room

The meeting airs on May 17, 18 and 19 at 4 p.m. and 7 p.m. on channel 974.

Meeting times and locations subject to change.

Leisure World Mutual Meetings

May 9

Mutual 16 Board

9:30 a.m., Sullivan Room

Mutual 19A Board

9:30 a.m., Clubhouse II

Mutual 18 Annual

11:00 a.m., Clubhouse I

Mutual 7 Board

1:00 p.m., Sullivan Room

May 10

Mutual 11 Board

4:00 p.m., Sullivan Room

May 11

Mutual 12 Board

1:00 p.m., Sullivan Room

Mutual 15 Annual

2:00 p.m., Clubhouse I

May 16

Mutual 14 Board

9:30 a.m., Sullivan Room

Meeting times and locations subject to change.

May 17

Mutual 5 Board

9:30 a.m., Sullivan Room

May 18

Mutual 15 Board

9:30 a.m., Sullivan Room

Mutual 16 Annual

2:00 p.m., Clubhouse I

Mutual 13 Board

3:00 p.m., Sullivan Room

May 19

Mutual 5 Annual

2:00 p.m., Clubhouse I

May 22

Mutual 23 Board

10:00 a.m., Party Room

Mutual 9 Board

10:00 a.m., Sullivan Room

Sunday, May 14

Clubhouse I

10:00 a.m. Mother’s Day Buffet

Clubhouse II

2:00 p.m. Movie: “Mother’s Day”
3:00 p.m. Tai Chi for Essential Tremor Class

Monday, May 15

Clubhouse I

9:15 a.m. Stretch & Tone Class
9:30 a.m. Any Medium Art Class
10:30 a.m. Beginner Stretch & Tone Class
1:00 p.m. Paintbrush & Knife Class
1:30 p.m. LW Chorale
2:00 p.m. NARFE
6:00 p.m. Lions Club

7:00 p.m. Bingo

Clubhouse II

9:00 a.m. Senior Sneakers Class
10:00 a.m. Clipper Workshop
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Line Dance Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Exercise Class

Tuesday, May 16

Clubhouse I

9:00 a.m. Blood Pressure Testing
9:30 a.m. Any Medium Art Class
1:00 p.m. Watercolor Techniques Class
2:00 p.m. Book Club Network

5:00 p.m. Trivia Group
5:00 p.m. Lawn Bowls
7:00 p.m. Republican Club
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginner/Advanced Tai Chi Class
11:00 a.m. Water Exercise Class
11:00 a.m. Mild Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. Comedy & Humor Club
6:00 p.m. Camera Club Annual Meeting
6:15 p.m. Move to the Beat Class
7:00 p.m. Vegetarian Society

Wednesday, May 17
Clubhouse I
10:00 a.m. Express Yourself Art Class
10:00 a.m. Supervised Bridge Class
11:00 a.m. Short Story Group
1:00 p.m. Diabetes Prevention Class
1:00 p.m. Oils & Acrylics Class
2:00 p.m. LW Green
5:45 p.m. Lawn Bowls
6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class

Thursday, May 18
Clubhouse I
10:00 a.m. Health & Wellness Expo
10:00 a.m. Painting for Everyone
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
5:00 p.m. Lawn Bowls
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner/Advanced Tai Chi Class
10:00 a.m. Stitchers Group
10:00 a.m. MVA on Wheels
11:00 a.m. Writers Workshop
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge
1:00 p.m. Non-impact Fusion Water Class
5:30 p.m. Tap with Gerry Class

Friday, May 19
Clubhouse I
10:00 a.m. Basic Drawing Class
10:00 a.m. Book Club Network
12:15 p.m. Kiwanis Club
1:30 p.m. Watercolors Any Level Class
2:00 p.m. Book Club Network
4:00 p.m. Hispanos General Meeting
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
11:30 a.m. Book Club Network Potluck
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge Club
3:00 p.m. Tai Chi for Essential Tremor Class
7:30 p.m. Fun & Fancy Production: “A Funny Thing Happened on the Way to the Forum”

Saturday, May 20
Clubhouse I
9:00 a.m. League of Women Voters Meeting & Lunch
10:00 a.m. Open Art Studio
Clubhouse II
9:15 a.m. JRLW Religious Service
12:00 p.m. LGBT Alliance
2:00 p.m. Going It Alone: Travel Video

7:00 p.m. Sock Hop Dance Club
7:30 p.m. Fun & Fancy Production: “A Funny Thing Happened on the Way to the Forum”

Sunday, May 21
Clubhouse I
10:00 a.m. JRLW Brunch
2:00 p.m. Italian Club
Clubhouse II
2:00 p.m. Fun & Fancy Production: “A Funny Thing Happened on the Way to the Forum”
3:00 p.m. Tai Chi for Essential Tremor Class

Monday, May 22
Clubhouse I
9:30 a.m. Stretch & Tone Class
10:30 a.m. Beginners Stretch & Tone Class
1:30 p.m. LW Chorale
1:30 p.m. Book Club Network
7:00 p.m. Bingo
Clubhouse II
9:00 a.m. Senior Sneakers Class
12:30 p.m. Men’s Bridge
1:00 p.m. Chess Club
2:00 p.m. Line Dance Class
2:00 p.m. Chair Yoga Class
3:00 p.m. Line Dance Class
4:00 p.m. Ba Duan Class

Tuesday, May 23
Clubhouse I
2:00 p.m. Book Club Network
5:00 p.m. Trivia Group
5:00 p.m. Hispanos Friendship Social
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginner/Advanced Tai Chi Class
10:00 a.m. LW Apple Club
11:00 a.m. Water Exercise Class
12:30 p.m. Scrabble Group
1:00 p.m. Non-impact Fusion Water Class
1:30 p.m. Comedy & Humor Club
6:15 p.m. Move to the Beat Class
7:00 p.m. Camera Club Open House

Wednesday, May 24
Clubhouse I
1:00 p.m. Diabetes Prevention Class
2:00 p.m. LW Green
5:45 p.m. Lawn Bowls
6:45 p.m. Chicago Bridge
Clubhouse II
11:00 a.m. Mild Exercise Class
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
1:00 p.m. Aqua Fit Class
2:00 p.m. Chair Yoga Class
7:30 p.m. Hadassah Program

Thursday, May 25
Clubhouse I
9:15 a.m. Stretch & Tone Class
10:30 a.m. Beginner Stretch & Tone Class
12:30 p.m. Ladies Bridge
1:00 p.m. Oils & Acrylics Class
1:00 p.m. Ladies Golf Lunch
1:30 p.m. Watercolors Any Level Class
5:00 p.m. Lawn Bowls
Clubhouse II
9:00 a.m. Senior Sneakers Class
9:30 a.m. Beginner/Advanced Tai Chi Class
9:30 a.m. Quilters Group
11:00 a.m. Water Exercise Class
12:30 p.m. Men’s Bridge Group
1:00 p.m. Non-impact Fusion Water Class
2:00 p.m. Movie: “Mr. Church”
2:00 p.m. Mind-Body Exercise Club
5:30 p.m. Tap with Gerry Class

Friday, May 26
Clubhouse I
3:00 p.m. Hispanos de LW
6:30 p.m. LW Golf Twilight Dinner
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
10:00 a.m. Chinese Club
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Friday Bridge Club
4:00 p.m. LWAAAC Movie: “The Help”

Saturday, May 27
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. Open Art Studio
5:00 p.m. Lions Club: Gospel Concert
7:30 p.m. Ballroom Dance Club
Clubhouse II
9:15 a.m. JRLW Religious Service
2:00 p.m. Going It Alone: Travel Video

Sunday, May 28
Clubhouse I
Have a Happy Day
Clubhouse II
10:30 a.m. Jewish Discussion Group
4:00 p.m. Duke Ellington School Piano Ensemble

Monday, May 29
Clubhouse I
Memorial Day
Clubhouse II
2:00 p.m. Line Dance Class
3:00 p.m. Line Dance Class

Tuesday, May 30
Clubhouse I
1:30 p.m. Steve Friedman: Broadway Musicals That Have Faded Away
5:00 p.m. Trivia Group
5:00 p.m. Lawn Bowls
7:00 p.m. Duplicate Bridge
Clubhouse II
9:30 a.m. Beginner/Advanced Tai Chi Class
12:30 p.m. Scrabble Group
1:00 p.m. Gilbert & Sullivan Society
1:30 p.m. Comedy & Humor Club
6:15 p.m. Move to the Beat Class

Wednesday, May 31
Clubhouse I
9:00 a.m. Gentle Yoga Class

1:00 p.m. Diabetes Prevention Class
1:00 p.m. Maryland Interclub Seniors Golf Association Lunch
5:45 p.m. Lawn Bowls
6:45 p.m. Chicago Bridge
Clubhouse II
1:00 p.m. Chess Club
1:00 p.m. Ping Pong Club
2:00 p.m. Chair Yoga Class

Thursday, June 1
Clubhouse I
9:15 a.m. Stretch & Tone Class
9:30 a.m. Beginner/Advanced Tai Chi Class
10:30 a.m. Beginner Stretch & Tone Class
10:30 a.m. Essential Tremor Group
11:00 a.m. Writers Workshop
12:30 p.m. Ladies Bridge
3:00 p.m. Stamp Club
6:00 p.m. Gentle Yoga Class
Clubhouse II
9:15 a.m. Yiskor Service
9:30 a.m. Beginner/Advanced Tai Chi Class
10:00 a.m. Stitchers Group
12:30 p.m. Men’s Bridge
2:00 p.m. Mind-Body Exercise Club
7:00 p.m. Tennis Club

Friday, June 2
Clubhouse I
12:15 p.m. Kiwanis Club
3:00 p.m. Hispanos De LW
7:00 p.m. Friday Duplicate Bridge
Clubhouse II
1:00 p.m. Ping Pong Club
1:00 p.m. Chess Club
1:00 p.m. Zumba Gold Class
1:00 p.m. Friday Bridge Club
3:00 p.m. Tai Chi for Essential Tremor Class

Saturday, June 3
Clubhouse I
9:00 a.m. Gentle Yoga Class
10:00 a.m. American Needlepoint Guild
Clubhouse II
9:15 a.m. JRLW Religious Service
2:00 p.m. Going It Alone: Travel Video
7:00 p.m. LW Chorale Concert



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ESTATES PURCHASED; whole apartment contents, whole house contents, storage lockers. Buy out/clean up. Gary – (301-520-0755).

ATTIC TO BASEMENT ESTATE Cleanouts LLC - I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast and efficient service. I work with local auction and hauling companies. Please call or email me to set up an appointment Janet Ray (301-384-3198), (wishalot10@aol.com).

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SET OF GOLF CLUBS, plus “Odyssey 6600” putter (hardly used). Golf bag and pull golf cart “Eagle”. Also gloves (new), balls and tees. \$250 or best offer. Call Larry at (301-598-2006).

2002 CHRYSLER PT CRUISER. Power windows, one owner, clean Carfax, like new. MD inspected. Only 67,000 original miles. \$4,999. I will buy your car even if you don't buy mine. Dealing

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THINKING OF SELLING your home or that of a relative? Call Sue Heyman of Weichert Realtors, Leisure World Plaza, community resident for over 13 years, Top 1% Nationwide, Senior & Relo Specialist, “Forward@50 Sponsor.” 2016 has been a super year for real estate! Inventory is historically low. Days on the market for our community are less than one month. Prices are going up! Mid-year, I have already had 18 closings, with four additional properties under contract. As sellers, now is the time to take advantage of this fast-paced market. I know all the floor plans and how to price them. Tap into my experience, contractor connections, and marketing to

get the best price. My top-quality color brochures, multiple websites, staging techniques, and virtual tours display your home and our community at its best. Call for your free competitive market analysis, 301-681-0550 (o), 301-580-5556 (c).

REAL ESTATE FOR RENT

LOVELY MUTUAL 19B condo for rent, 1,039 sq. ft. Two bedrooms, two baths. Third floor elevator building; cathedral ceiling. Completely renovated in 2015 with all new appliances, new architecture, new floors, new full-size washer and dryer in unit. Sheers and blinds included. Dedicated parking space and storage. All Leisure World amenities, bus service, shopping and restaurants. Please call Linda at (301-906-5000) or email cptchick@aol.com. Available now!

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The Leisure World News will allow only those advertisers who show proof of certification to advertise that they are “certified nursing assistants.”

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ELDERLY CARE: Over ten years experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

CNA/GNA with more than 10 years experience and have worked in nursing home, assisted living and home care. I do duties like personal hygiene, light housekeeping, laundry, shopping, meal preparation, bathing, dressing errands and transportation to appointments and medication reminders. I am a Filipina, U.S. citizen, can drive and with own car. Honest, dependable, loving and hard worker with excellent references. Please call (240-643-3392 cell), (301-926-2547 home).

HOME CARE NURSING SERVICE: A nursing professional with more than 15 years experience in home care and a wealth of knowledge about - resources for seniors - is available to care for your loved one in the privacy and comfort of home. Services include the establishment of a care plan to cover activities for daily living, medication management and administration, doctors visit, transportation, groceries shopping, companion, respite, hospice care and other assistance. She and her team of well trained and competent caregivers are ready to serve you. References are available. Call (240-687-4840) or (301-490-7022). “Home Care Service with a Heart”

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ELDERLY CARE Nursing assistant with 15 years experience, day or night, long or short hours, I'm available. Great references. Call (240-478-9971).

RELIABLE AND CARING nursing assistant with 15 years experience. Good references available for work and can drive. Please call Rebecca at (240-701-8169).

CAREGIVER available. Have lived and worked in Leisure World. Native English speaker with own car. I have cared for people with cancer, Parkinson's and Alzheimer's. PT or FT. Please Call Mary at (202-480-1501).

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HOME HEALTH AID. Over 25 years experience. Looking for night, day or live-in position. Live in Leisure World. Call (240-342-1979).

MY PARENTS' CAREGIVERS are available for work. Two loving, caring ladies. Very reliable, honest and hardworking. Doctor's appointments, personal hygiene, grocery shopping, meals, medication, etc., they do it all. You don't have to worry any more. If you need help, call (301-448-2939).

CAREGIVER. Very reliable and punctual. GNA, Med Tech. Experience with diabetic, dementia and other health problems. Call (240-510-7125). Reference upon request.

COMPANION/CAREGIVER. CNA offering light housekeeping, meal preparation, medication reminders, personal care, shopping, errands. Over 10 years experience in Leisure World area. Background check and references available. Minimum 4 hours. (301-675-1383).

LIVELY CAREGIVERS: Two very reliable ladies ready and willing to care for you or your loved on in your own home or our lovely home. Male or female. Day or night, or 24 hours. Call us anytime at (301-448-2939).

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HOUSE CLEANING – PROUDLY serving the Leisure World community. Weekly, bi-weekly, monthly selections available. Call CC at (301-253-0544).

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ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807)

CLEAN HOUSES Experienced. Excellent references, great work. I clean bathrooms, kitchens, dust/vacuum entire house. Additional housekeeping services as you need. Please call me, Ivone (240-476-2574).

HOUSE OR APARTMENT CLEANING. Good references. Call Maria at (240-669-6457) or cell (240-815-2002).

HOUSE CLEANING – 20 years experience. Worked in LW for 9 years. Reliable, honest, great references. I live in Aspen Hill. Call Alice (301-946-5996) or (301-520-0074).

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SAVE 25% ON COMPLETE COMPUTER SET-UP. Receive a simple and easy to use computer designed for seniors that combines video chat, photo sharing, email and many more popular features for \$999. Includes computer set-up and one hour training. Give us a try. Easy Elder Tech (301-802-6633) or (easyeldertech@gmail.com).

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) Cmor53607@msn.com www.continentalmovers.net.

SMALL JOBS WELCOME! Picture hanging, moving boxes, carpet stretching, bathroom caulking, adjusting bathroom fixtures, hanging curtain rods, resetting closet doors, minor wall patching and painting. Need something else? Please ask Jesse (301-747-5054).

DAHLSTROM SENIOR SUPPORT SERVICES. Assistance with Senior Care and the Care of Senior's Pets. Safe/Reliable door-to-door transportation as needed. General assistance to help maintain independence. Assistance with Pet Care. Dog walking and sitting during short hospital stays, vacations, or as needed. Transportation for grooming/vet appointments. I am a 55 yr. old semi-retired Doctor, Leisure World Resident and dog, cat, bird lover. Bonded, insured, reasonable rates and outstanding Leisure World references. Call Carl (410-499-9362).

KEN INSURANCE AGENCY. Eligible for Medicare? Call us now! Plan F pays 100%, no deductible. Plan G pays 100% with deductible. Prescription drug plan. Burial plan. Long term care. MD, VA broker. Ken Epie (240-779-3747), (kensinsuranceagency@gmail.com).

CALL & RIDE – Doctors, airport, casino. Will pick up your groceries. Always on time. Larry Kraft (240-743-8287).

CATCH A RIDE. I can take you to the store, doc appts, Metro, run errands, etc. I can also walk your dog or sit with an elder while you run errands. I live in Leisure World. Give me a call and let's talk. Kathy H. (301-598-1944)

PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll transfer your photos, slides, and mementos to a CD so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable DVD slideshow. Call Kim at Virtual Computer Services (301-438-3140).

E'LAN CONCIERGE - The new personal helper is here! Let me help ease any stress and brighten your day. I can help with grocery shopping, cleaning, organizing, chauffer, the list goes on. Phyllis Roberts (240-277-0881).

LICENSED BEAUTICIAN. It is my pleasure to give you haircuts, color and perms in your home. Reference available Please call Silvia, 240-277-0890.

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HELP WANTED

HOUSEKEEPER WANTED for resident in Montgomery Mutual. Must speak, read and write English, available for housecleaning and driving. To interview, phone Diana at (301-822-4242).

OUT OF THE DARKNESS WALK, Saturday, June 17. Sponsored by the American Foundation for Suicide Prevention, the walk raises money for suicide awareness and prevention. Please help. You do not need to walk; you can volunteer to help in other ways. Or you can make a donation. For more information about the walk, volunteering or making a donation, contact LW resident Mab Cantril, (mabc9988@comcast.net) or (240-669-6436).

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. Interested volunteers should contact the Volunteer Coordinator (301-424-0656, ext. 541) or (volunteer@mhamc.org).

VOLUNTEER AS A HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, 7 day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Training Course starts March 11. Contact (volunteer@mhamc.org) or (301-424-0656, ext. 541) if interested.

MUSEUM GUIDES – at the Montgomery County Historical Society. Work two weekday afternoons or one weekend afternoon per month from noon to 4 p.m. Receive on-the-job training on local history and museum interpretation. Also receive special admission to programs and a 20% discount in the Museum Shop. Contact Amada Elliott, Education & Outreach Coordinator, (301-340-6534) or (aelliott@montgomeryhistory.org).

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email (trotter@mowcm.org).

MEALS ON WHEELS (MOW), which runs out of the Inter-Faith Chapel site, needs more volunteers to deliver meals. If you have or know someone who has one and a half to two hours every other week or one time a month and might be interested in serving in this capacity, please contact (410-730-9476).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just 2-3 hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact (volunteer@seniorconnectionmc.org) to learn more.

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

HELP A CHILD! In just 1-2 hours a week you can make a difference in a child's life. Volunteers provide friendship and encouragement, help with reading, offer homework assistance, and engage in crafts and cultural activities at schools near Leisure World. For more information, contact Interages at (301-949-3551) or (interages@AccessJCA.org).

NOTICES

PORTABLE OXYGEN TANK: Someone left a portable oxygen tank outside the FISH office, located in Clubhouse II, on Monday, April 10. It probably should be returned to the medical supply company from which it was obtained as Medicare rents them for 36 months.

KEEPING SENIORS SAFE - KSS. Morton A. Davis, coordinator and resident of Leisure World is available to discuss theft prevention, driving and shopping habits, frauds, home safety inspection and property crimes to any organization. The program is part of the Montgomery County Police Department Volunteer Resource Section. Morton can be reached at (301-318-0681) or (mortonadavis@comcast.net).

PRAYER CHANGES THINGS. You are invited to join "Hannah's Prayer Circle" here at LW. For more information, call Evangelist Connie Blake at (301-438-2667).

UPCOMING EVENTS

PHILADELPHIA CLUB: Our next meeting is on Sunday, May 7, at 11 a.m., in Clubhouse II, at the fireplace in the lobby. The club offers former residents of the

Greater Philadelphia Area, and the Delaware Valley, the opportunity to meet and share their experiences, and socialize. The group has had monthly meetings and was organized by Ellen Lederman to bring people with mutual interests together. Announcements of meetings appear in this section of the Leisure World News. Further information is available by contacting Jerry Leventhal at (301-598-5078).

WANTED

OWNER LIVING IN GREENS II (15100 Interlachen Dr.) is interested in purchasing/renting two garage spaces in that building. Please contact owner at (301-598-5953). Thank you.

FAST CASH FOR USED CARS - Big dollars paid for your used car! Over 43 years experience serving Leisure World. Leave message 24 hours. I will come to you. Cash or cashiers check at your request. I can also help with your new car purchase, any make or model! Md. Dealer #U2927. Call Marty Salins (301-325-1973).

WILL BUY MILITARY, WW2, WW1, Civil War, memorabilia items. Uniforms, Weapons, Helmets, Photos, Medals, or any other items associated with US, German, Japanese or other military history. Call Dave (240-464-0958) or email (obal7@aol.com).

CASH FOR RUGS: oriental rugs, any condition. European, Asian, Navajo, etc. Gary (301-520-0755).

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

CASH FOR JEWELRY: gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. Gary (301-520-0755).

BUYING JEWELRY, antiques. Cash paid for gold, silver, jewelry, coins, watches, firearms, misc. collections. Silver Spring resident. Please call Tom (240-476-3441).

WE BUY VINTAGE: Turn your old into gold! Something in the basement gathering dust? Give us a call; you might be surprised! Phone quotes and home visits when possible. Specializing in anything Hi-Fi or Hi-Fi related. We also repair Hi-Fi equipment. 50 years experience! 301-881-1327 (Please leave a message.)

BUYING VINTAGE BASEBALL & FOOTBALL CARDS. I pay cash for sports cards from 1969 and before. No collection is too big! Please call Brian to discuss your collection, (301-758-5357).



Aunt "Nellie" Miller Patterson
1877 - 1951

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REHABILITATION

YOUR COMMUNITY'S
NEW, STATE-OF-THE-ART
REHAB CENTER IS NOW OPEN

OPEN HOUSE
THURSDAY, MAY 25, 2017 • 2 - 5 P.M.

BROOKE GROVE REHABILITATION AND NURSING CENTER
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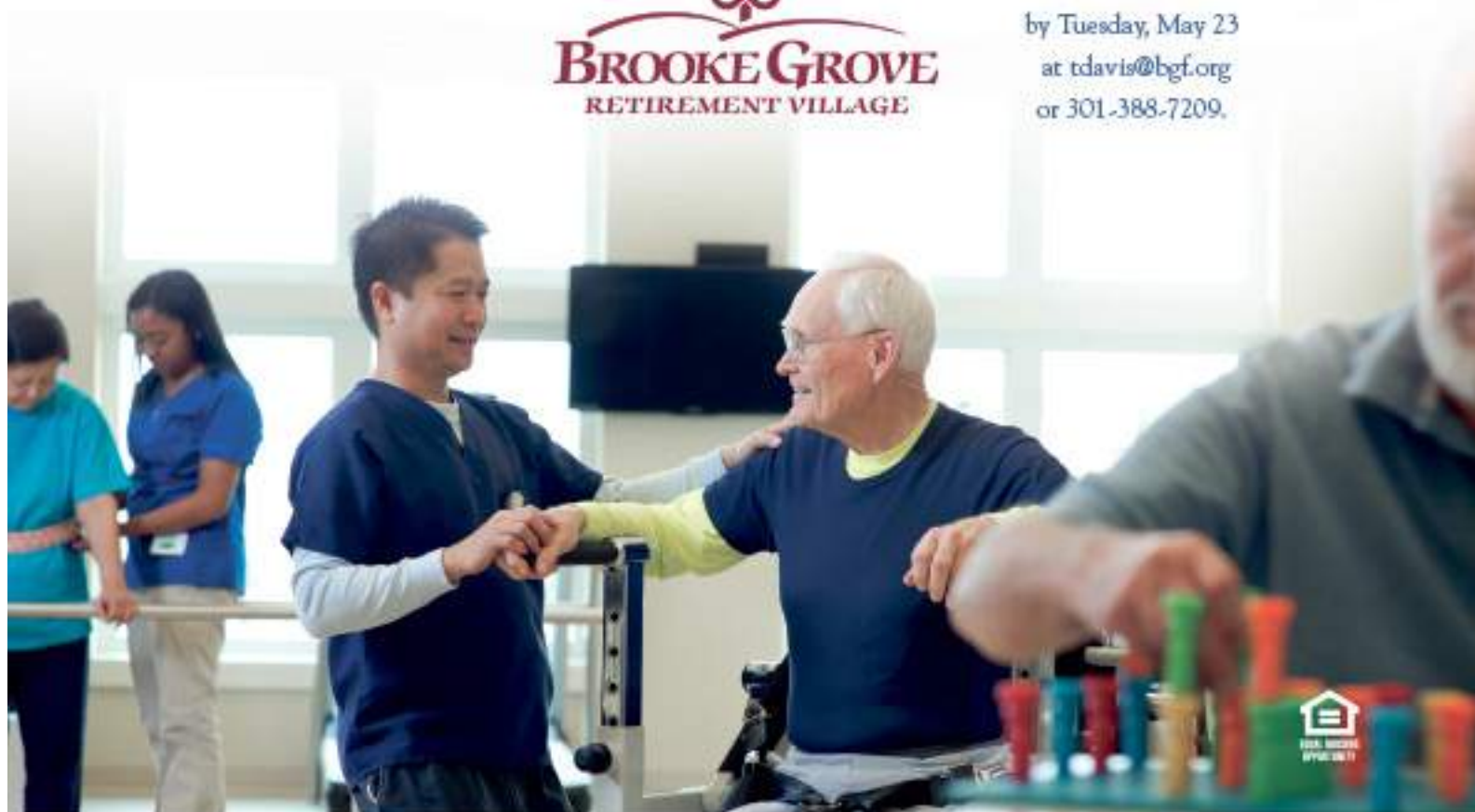
Tour our new, state-of-the-art Rehab Center and two-story physical therapy gym.
Experience the innovative, revitalizing environment of our healing space.

Fully dedicated to short-term rehab • Innovative therapies for faster healing
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BECAUSE WHAT SURROUNDS YOU REALLY MATTERS.



RSVP to Toni Davis
by Tuesday, May 23
at tdavis@bgf.org
or 301-388-7209.




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HELP US HONOR
EVERY MOM

MOTHER'S DAY BRUNCH

Sunday, May 14th • 1:00 - 3:00pm

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SENIOR LIVING COMMUNITY

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301-598-6424

Give Mom the Five Star treatment this Mother's Day. Be our guest at **Aspenwood Senior Living** for a special brunch. Help us honor every Mom with a delicious chef-prepared meal. Inspired by Mom's Warmth & Hospitality, enjoy the afternoon off and experience our worry-free lifestyle.

**Seating is limited.
Please RSVP to Sharon
at (301) 598-6424 or
sborowiec@5ssl.com.**



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