

# Leisure World News

## OF MARYLAND

October 6, 2023 • Published Twice a Month • residents.lwmc.com • leisureworldmaryland.com

## Coming Building Takes Shape



A worker adds roof framing to the coming Administration Building on Sept. 29. Photo by Leisure World News

by Leisure World News

**P**roject construction on the coming Administration Building is currently on schedule, says Tom Snyder, senior project manager in the Physical Properties Department.

Roof framing on the building is complete on the lower level and expected to continue through October on the upper level, which has perimeter and interior wall framing in process. Rough-in mechanical and electrical work and sprinkler system piping is in process on the lower level.

WSSC's water supply connection is expected to begin in mid-October, extending from the Leisure World Shopping Plaza parcel to the new building. Traffic flow will be affected, with two-way travel necessary on one side of the Leisure World Boulevard median when trenching work begins. Residents will be asked to detour around the Boulevard loop road if possible.

Parking and traffic at the Administration Building parking lot will also be affected. The building's sanitary sewer connection is expected to begin across the lower golf parking lot in late October and continue into early November.

### Looking Ahead

The final phase of the project is scheduled to begin in April 2024, after Leisure World of Maryland Corporation staff moves into the new building. This third phase will include demolition of the existing Administration Building, construction of the new parking lot that will include 18 ADA parking spaces, and construction of new sidewalks, curbs, gutters and paving.

The entire project is projected to be completed by summer 2024. Management will continue to keep residents updated on the status of the project's construction work.

## Board Approves 2024 Community Budget

by Stacy Smith, Leisure World News

**T**he Leisure World Community Corporation (LWCC) board of directors passed a resolution at its regular meeting on Sept. 26 approving management's 2024 operating budget as presented.

The budget covers the funding needed to provide necessary services for Leisure World operations in 2024, according to the resolution's rationale. It was developed by management with input from the Budget and Finance Committee to ensure a well-balanced budget.

The budget amounts to \$16,634,585, a \$520,323 or 3.23 percent increase from 2023. In 2024, the Trust portion of each unit's monthly assessment will be \$244.91.

### Golf Carts

The board passed a resolution authorizing the purchase of 36 golf carts from Capital Golf Carts at a cost not to exceed \$160,000, with the funds to come from Replacement Reserves.

"The golf cart model selected is a fuel injected cart that has low emissions and lower operating costs," according to the resolution's rationale. "These carts will be around for many years and will give us sufficient

time to put the new infrastructure for electric carts in place, should we want to go in that direction."

Income from golf cart rentals is approximately \$100,000 annually, so Leisure World expects to recoup this investment within two to three years, the rationale stated.

### Board Rules Amendment

The board passed a resolution amending its board rules. The amendment states that "new resumes for committee members being reappointed shall not be required."

"It was generally agreed at the August 2023 board meeting that it was not necessary for committee members to submit a resume for re-appointment to the same committee for a second year," states the resolution's rationale.

### Work Session and Meeting

The board next meets for a work session; see page 4 for information. The board's next regular meeting is scheduled for Tuesday, Oct. 31, at 9:30 a.m. in Clubhouse I and via Zoom.

Board meetings are open to all residents unless legally closed. For information on how to attend the work session and/or meeting remotely or in person, see page 4 of this edition.

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An upcoming fire safety forum aims to protect residents. For details, **see page 6.**

# Finding What You're Looking for: Committee Applications

by Leisure World News

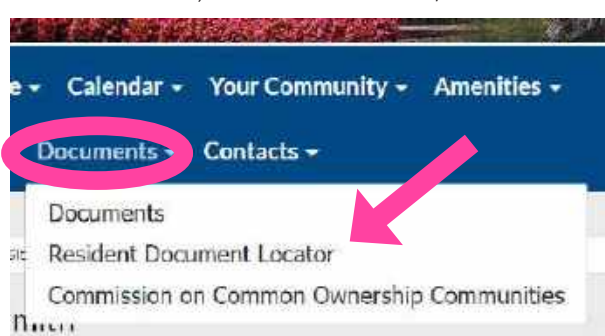
Consider applying to join one of Leisure World's 15 standing committees and participate in community governance in 2024. The Strategic Planning Committee hopes residents find committees that suit their interests and that will encourage their neighbors to also get involved. Just fill out an application online and send it to the committee chair by Sunday, Oct. 15.

Committee chairs plan to review submitted applications from Monday, Oct. 16, through Wednesday, Nov. 15, and to send the list of selected candidates to the Leisure World Community Corporation board of directors on Thursday, Nov. 16, in time for the board's regular meeting on Tuesday, Nov. 28.

Thinking of applying? Here's how to find the committee applications on (residents.lwmc.com):

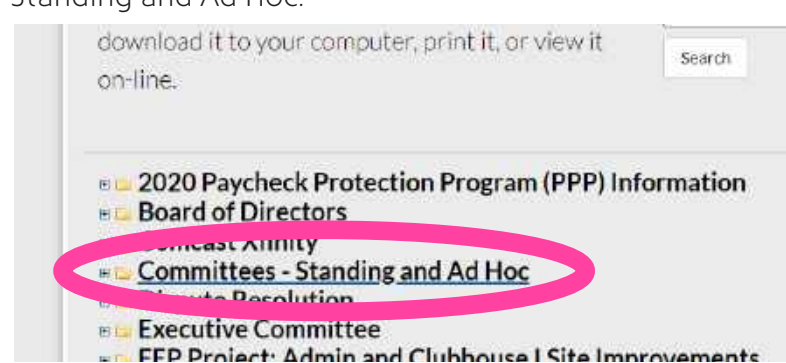
**1.**

Sign in to (residents.lwmc.com). In the blue field, click on "Documents" and then in the drop-down menu that appears, click on "Resident Document Locator."



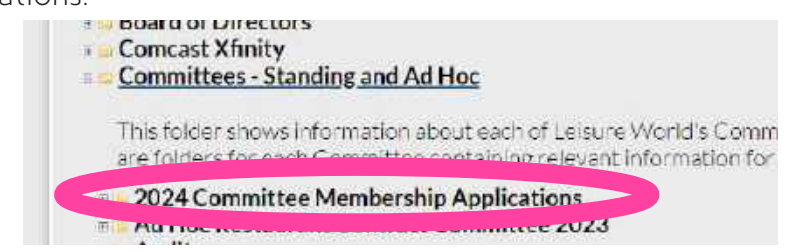
**2.**

In the Resource Center, click on the folder labeled "Committees - Standing and Ad Hoc."



**3.**

Click on the folder labeled 2024 Committee Membership Applications.



**4.**

Digital copies of the membership applications for all 15 standing committees appear in the folder. Click on the one you need to view, download or print.



All screenshots by Leisure World News

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## Leisure World News

OF MARYLAND

An official publication of the Leisure World Community Corporation, Leisure World News is published twice monthly by Leisure World Staff in collaboration with the Communications Standing Committee.

Leisure World News is published for the benefit of Leisure World residents. Its mission is to provide news and information about community governance and other relevant issues, events, and activities, and to provide residents a forum for their opinions and an opportunity to contribute articles of general interest. All matters concerning the Leisure World News will be decided with this mission in mind.

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We will not knowingly permit a dishonest advertisement to appear nor do we guarantee the reliability of advertisers.

# Oct. 7: Community Hosts Shredding Day

Time to shred! Leisure World hosts a Community Shredding Day on Saturday, Oct. 7, from 10 a.m.-2 p.m. or until shredding trucks have reached capacity. Shredding trucks will be located in the Clubhouse II parking lot.

This is a great opportunity to reduce paper clutter in your home and free up space by permanently destroying outdated or unwanted files and documents.



Photo by Leisure World News

**Do not bring the following items:** newspapers, brochures and magazines that go in your regular recycling; batteries; media of any kind; hanging folders; or large metal objects.

– Leisure World News

## ■ Foundation of Leisure World

# Nov. 11: Foundation Honors Veterans Day

by Paul Eisenhour

“Honoring Our Veterans” is the theme of a free program organized by the Foundation of Leisure World and planned for Saturday, Nov. 11, at 2 p.m. in the Clubhouse I Crystal Ballroom.

The free event is open to all and will feature speakers, music and refreshments.

“Out of appreciation for all who have served our country, the Foundation of

Leisure World initiated this celebration,” says Foundation president Paul Eisenhour.

“Anyone seeking to honor an individual may wish to contribute to the Foundation, which has as its goal enhancing life for Leisure World residents.”

Further details may be found on the Foundation website, ([www.lwfnd.com](http://www.lwfnd.com)).

Registration for the event begins on Tuesday, Oct. 10, at 9 a.m. at the Lifestyle office in Clubhouse I. Registration ends on Wednesday, Nov. 8.



# Stop Signs Installed at Main Gate



Two stop signs are installed at the Georgia Avenue Gate exit. The stop signs should allow drivers to safely cross Rossmoor Boulevard and enter and exit the Leisure World Shopping Plaza’s parking lot. Be sure to heed the stop signs when exiting the community. Photo by Leisure World News

# Golf Hours Change for Season

Walkers who’d like to enjoy scenic autumn views of the golf course may only walk the golf cart paths before 8 a.m. and after 6 p.m. Please abide by these rules for the safety of all golfers and walkers.

Residents can enjoy a game of golf or visit the Pro Shop from 8 a.m.-6 p.m., or hit a few balls at the driving range from 8 a.m.-5 p.m. For tee times or information, call the Pro Shop at (301-598-1570).

– Leisure World News

# With AEDs, Every Month is Heart Health Month at Leisure World

by Leisure World News

February is officially National Heart Health Month, but with so many automated external defibrillator (AED) devices readily available on Leisure World Trust property, heart health is a priority all year round.

An AED is an easy-to-use medical device that can help those experiencing sudden cardiac arrest by analyzing the heart’s rhythm and, if necessary, delivering an electrical shock, or defibrillation, to help the heart re-establish an effective rhythm, according to ([www.redcross.org](http://www.redcross.org)).

The Security and Transportation Department recently audited the AED devices that are in Trust property buildings to ensure they’re working properly. The batteries in the devices were replaced, and they are now all fully functioning, says Security and Transportation director Jim Rudnick.

An AED is activated by pressing a button on the device, and a series of voice prompts give step-by-step instructions to the person using it. A person does not need medical training to use this lightweight, portable device.

**AEDs are in these Trust property locations:**

- the Administration Building lobby

- Clubhouse I (to the left of the lobby)
- the outdoor pool, inside the gate
- Clubhouse II (outside the Activities Room)
- Clubhouse II (outside the Fitness Center)
- Clubhouse II indoor pools, by the lifeguard station
- Golf Pro Shop

The next time residents visit these spots, they’re encouraged to make a mental note of where the AEDs are located, in the event they may ever need to help someone having a medical emergency.



An AED device hangs on a wall in Clubhouse I. Photo by Leisure World News

Several Leisure World of Maryland Corporation employees learned how to use an AED and how to perform CPR during a staff training on Sept. 25.



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# GOVERNANCE & Information

## Oct. 20: Board Holds Work Session

The Leisure World Community Corporation (LWCC) board of directors holds a work session to discuss the ad hoc Restaurant Committee's report on Friday, Oct. 20, at 9:30 a.m. in Clubhouse I and via Zoom.

As with all work sessions, non-board members may attend but may not comment on the proceedings. The LWCC executive committee meeting will begin shortly after the work session concludes.

For information on how to attend the work session and/or meeting, see the box at right.

– Leisure World News

## Governance Meeting Information

Executive Committee and Board of Directors meetings are available to attend live or via Zoom. Governance meetings are open to all residents unless legally closed.

### Executive Committee Meeting

The LWCC Executive Committee is scheduled to meet on Friday, Oct. 20, after the board work session, in Clubhouse I and via Zoom.

- **To attend remotely by phone:** Dial (+1 301 715 8592)
- **To attend remotely by video:** Visit (<https://tinyurl.com/LWMC-Zoom1>)

The meeting ID is (835 046 4611) and the passcode is (3547) for both phone and video.

### Board of Directors Meeting

The LWCC Board of Directors is scheduled to meet for a work session on Friday, Oct. 20, at 9:30 a.m. at Clubhouse I and via Zoom. The board meets for its regular meeting on Tuesday, Oct. 31, at 9:30 a.m. in Clubhouse I and via Zoom.

- **To attend remotely by phone:** Dial (+1 301 715 8592)
- **To attend remotely by video:** Visit (<https://tinyurl.com/LWMC-Zoom1>)

The meeting ID is (835 046 4611) and the passcode is (3547) for both phone and video.

## Nov. 8: Have Coffee with the General Manager

Grab a coffee with general manager Bob Kimble on Wednesday, Nov. 8, from 8-9:30 a.m. in the Clubhouse I Crystal Ballroom. He will informally talk with residents as they enjoy complimentary refreshments. Sign-up is required and available in either clubhouse Lifestyle office.

– Leisure World News

## HOLIDAY SCHEDULE

### Monday, Oct. 9, Columbus Day/Indigenous Peoples' Day

Administration ..... Closed

### CLUBHOUSE I

Lifestyle ..... 9:30 a.m.-3 p.m.  
Eyre Travel..... 9 a.m.-5 p.m.  
Rossmoor Library..... Closed  
Clubhouse Grille..... Closed  
Stein Room..... 11 a.m.-8 p.m.  
Terrace Room ..... 11 a.m.-8 p.m.  
Carryout..... 11 a.m.-8 p.m.  
Weichert, Realty..... 9 a.m.-3 p.m.

### CLUBHOUSE II

Lifestyle ..... noon-9 p.m.  
FISH Desk..... 10 a.m.-1 p.m.  
..... and 1-4 p.m.  
Fitness Center ..... 4 a.m.-9 p.m.  
Indoor Pools..... noon-6 p.m.

### OTHER SERVICES

Golf Course & Pro Shop..... 8 a.m.-6 p.m.  
MedStar Health ..... 8 a.m.-4:30 p.m.  
Physical Properties Department (PPD)..... Closed  
Post Office..... Closed  
Security Gates..... Open  
Signal Financial Federal Credit Union ..... 9 a.m.-4 p.m.

**Shuttle Buses:** No shuttle service. Call Main Gate for supplemental transportation.

**Trash Collection:** No trash or recycling collection. Trash collection will be on the next regular day for your location.

## Group Email Addresses

Residents wishing to contact Leisure World Management or a specific department, the LWCC Board of Directors, or the Executive Committee may send an email to the appropriate email address listed below. It will automatically be forwarded to all members of that group who have an email address on record.

Messages to any of the email groups should pertain only to the management and operation of Leisure World trust properties, services, or activities. Please do not send emails to multiple addresses, as there will be a duplication of recipients and will not result in a faster response to your question or comment. Messages pertaining to mutuals or anything else which Management, the Board of Directors, or Executive Committee does not control should also not be sent to these groups.

The group email addresses are:

- LWMC Management – [management@lwmc.com](mailto:management@lwmc.com)
- LWCC Board of Directors – [board@lwmc.com](mailto:board@lwmc.com)
- LWCC Board Chair – [lwccchair@lwmc.com](mailto:lwccchair@lwmc.com)
- LWCC Executive Committee – [execcomm@lwmc.com](mailto:execcomm@lwmc.com)
- Administration – [administration@lwmc.com](mailto:administration@lwmc.com)
- Communications – [communications@lwmc.com](mailto:communications@lwmc.com)
- Lifestyle – [lifestyle@lwmc.com](mailto:lifestyle@lwmc.com)
- Security – [security@lwmc.com](mailto:security@lwmc.com)

### Physical Properties Department (PPD)

- Physical Properties (general email) – [physicalproperties@lwmc.com](mailto:physicalproperties@lwmc.com)
- Grounds – [grounds@lwmc.com](mailto:grounds@lwmc.com)
- Insurance – [insuranceclaims@lwmc.com](mailto:insuranceclaims@lwmc.com)
- Trash and Recycling – [sanitation@lwmc.com](mailto:sanitation@lwmc.com)

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# Employees Recognized at Luncheon

by Leisure World News

At a luncheon for Leisure World of Maryland Corporation staff on Oct. 4, the following employees were given special recognition:

**Employee Recognition Award for Quarter 3, 2023**—for exceptional performance and outstanding achievement in demonstrating initiative, positive attitude and customer service

**Jeremy Bellows**  
Plumbing Supervisor  
Physical Properties Department

On a hot Friday evening in late August, Bellows led his plumbing team to clear a blocked HVAC condensation drainpipe at Turnberry Courts. Because of their after-hours efforts and teamwork, multiple condominium units were able to maintain a comfortable, air-conditioned atmosphere as they entered a weekend forecasted to have even hotter weather temperatures.

**Employee Service Award**—for

years serving Leisure World of Maryland Corporation

Loyal and dedicated employees such as these are the foundation to any successful company, and Management thanks them for their contribution to Leisure World's success. Management is proud to have them on its team and offers congratulations on this service milestone.

- **5 Years** – Kimberly Choi, Laurie Dawson, Rehema Tafuna, India Cox, Xuejuan Zhu, Ryan Williams, Edgar Davila and Alroy Wims
- **10 Years** – Frank Riffle, Karen Arevalo and Su Lee
- **15 Years** – Hui Chou, Lemberth Penate and James Farace
- **20 Years** – Patricia Hyler and Michael Ray
- **25 Years** – John Mandich, Rivelino Valdivia and Steven Wischmann
- **30 Years** – JoAnn Mauzy,
- **35 Years** – Stephen Gonyon
- **40 Years** – William Carr



Jeremy Bellows, photo by Leisure World News

## Meet the Staff



### Chief Financial Officer Simon Suran Joins Management Team



Simon Suran takes a phone call in his office. Photo by Leisure World News

by Leisure World News

When Siman Suran began his new job as Leisure World's chief financial officer (CFO), gradually settling into his role was not an option: It was mid-July, right at the heart of the process of preparing the community's 2024 budget.

"[General Manager Bob Kimble and I] had to reconstruct everything that made sense" in the previous budget, he said, and in addition, "we had to change the whole presentation regarding revenues and expenses."

Even without getting a running start, he eagerly plunged into the challenge.

#### Diverse Experience

Before joining the Leisure World management team, Suran spent two years as the vice president of finance and accounting with the National Association of Manufacturers (NAM). There, he worked under the guidance of Fortune 500 company CEOs and CFOs who were members of the NAM's board of directors and finance committee.

Before his time at NAM, Suran spent eight years with National Hospice as vice president of finance, business strategies and technology.

His other experience as a finance and business executive extends across the nonprofit, public accounting, government, telecommunications, manufacturing, both within the U.S. and internationally.

He was born and lived in

the Fiji Islands for his first 27 years, then worked as CFO and controller for various companies across the South Pacific.

#### Leisure World Goals

In his new position at Leisure World, Suran is eager to apply his knowledge in accounting, business and technology. He sees "a tremendous opportunity to make Leisure World more sustainable and viable; there's an opportunity to streamline operations here," he said.

When asked recently about specific goals he hopes to achieve, he quickly listed several – working closely with mutual boards of directors and the Budget and Finance Committee, finding financial solutions that work in the best interests of residents and the community, ensuring all department heads have a comprehensive understanding of their own budgets, enhancing inter-departmental cooperation – before taking a phone call from the president of one of the mutuals' board of directors.

His side of the phone conversation revealed even more.

"I want to show how everything was done before, and how I'll change it," he told the caller. "We'll have a dialogue and come to an agreement ... I want to show you guys what we are doing."

He continued: "With transparency, I want to build confidence back with respective boards and residents so they can know what they're paying for is put to good use," he said.

## Leisure World of Maryland Resales

MONTH	RESALES	RESALES FEES COLLECTED
July	43	\$ 296,019.00
August	42	\$ 352,260.54
September	48	\$ 359,755.23
<b>TOTAL</b>	<b>133</b>	<b>\$ 1,008,034.77</b>

### July through September, 2023

The buyer of a home in Leisure World of Maryland contributes three percent of the home's selling price to the Resales Fund. Currently, those funds are used in large part for Facilities Enhancement Plan (FEP) projects, which are selected by the Leisure World Community Corporation board of directors.

Current FEP projects include construction of the new Administration Building and golf course renovations. Past FEP projects have included the Fitness Center in Clubhouse II and renovations to the restaurant and Maryland Room in Clubhouse I.

# Oct. 11: Committee Presents Fire Safety Forum

by Emily Geller

The Emergency Preparedness Committee and Montgomery County Fire and Rescue Service (MCFRS) presents the Leisure World Fire Safety Forum on Wednesday, Oct. 11, from 10 a.m.-noon in the Clubhouse II Auditorium.

The principal speaker is

Lt. Irvin Smith, community action coordinator for MCFRS. He has been a member of MCFRS for more than 19 years. He received a Bachelor of Arts degree in criminal justice from the University of Maryland.

After the speaker's presentation, the forum includes a question-and-answer period, during which members of the audience may ask questions of the speaker.

The audience will then move to another room for a breakout session at which refreshments will be served and various Leisure World and Montgomery County organizations will have a table of handouts

along with representatives to answer questions.

The event is free, and residents are encouraged to invite family and friends who do not live in Leisure World to attend. Masks are optional. Registration is not required.

## Fire Prevention Week

National Fire Prevention Week, Sunday, Oct. 8, through Saturday, Oct. 14, is a good time to reflect on fire prevention and fire safety for the Leisure World community.

From 2010 to 2020 in Leisure World, there were two civilian fire fatalities, two civilian fire injuries, three fire service injuries and multiple structure fires of various types, for a total

recorded fire loss for all fires of \$4,707,675, according to MCFRS.

The history of National Fire Prevention week began with the Great Chicago Fire (Oct. 8-10, 1871), which burned through Chicago, destroying large areas of land, killing more than 300 citizens and leaving thousands of people homeless. To raise awareness of the horrors of preventable fires (and bring fire safety to the forefront of public consciousness), the first presidential proclamation of Fire Prevention Week was established by the 30th U.S. President, Calvin Coolidge, in 1925.

The theme for National Fire Prevention Week 2023 is "Cooking safety starts with you! Pay attention to fire prevention." Cooking fires are the number one cause of home fires and home fire injuries, according to the American Red Cross.



Lt. Irvin Smith of MCFRS, courtesy photo

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# More Electric Vehicle Charging Stations Open Within Leisure World

by Tim Carrico

Villa Cortese has joined The Greens II in offering electric vehicle charging stations (EVCS) for electric and hybrid vehicles for use by all residents and their guests.

The charging stations are located across from 14809 Pennfield Circle, Villa Cortese building 4. The Red line shuttle bus stops at that building.

The Villa Cortese chargers are level 2, the most common type found in residential, commercial and municipal settings. Vehicles take four to 10 hours to charge, depending on the size and the charge level of the battery.

## How to Use

Registration with the mutual is not required to use the EVCS, but users must open an account with ChargePoint, the operator of the stations, and install its app on their smartphone.

The app is available from Google Play and the Apple App Store; information about the app is available at ([chargepoint.com](http://chargepoint.com)) > For drivers > Meet the ChargePoint app.

Users can use the ChargePoint app to determine if a charge head is free, to make reservations and to pay their bill. When users want to start a charging session, they hold a fob from ChargePoint on their smartphone or against the reader on the station until it beeps.

The initial rate for charging is 31 cents per kWh delivered to the vehicle while charging. The total cost of a charge depends on the type and size of the battery in the vehicle and how much energy it used before starting a charging session.

If users fail to be courteous and thoughtful of other drivers, Villa Cortese's board may adopt a penalty for remaining parked in the EVCS station after a charging session ends. But it hopes that this step will be unnecessary.

## Acquiring an Electric Vehicle

Montgomery County is making it easier to purchase electric vehicles (EVs), according to a September

County Executive update. The county launched the EV Purchasing Co-op last year – an effort to engage and educate residents who are interested in making the switch to EVs. More than 1,100 county residents have already joined this co-op and have pledged to go electric, according to the update.

As a result, local dealerships are lining up to offer incentives on the County's EV purchasing Co-op Dealership Incentive website, (<https://bit.ly/3EPINV7>). It could be a great resource to check if in the market for a new vehicle. Some of these deals let residents take advantage of federal tax credits at the time of sale, instead of waiting to receive a rebate on their taxes.

## Contacts and More Information

Villa Cortese invites and encourages residents



New electric vehicles charging stations at Villa Cortese, photo by Tim Carrico

to consider replacing a gas-powered vehicle with an EV to help improve the environment and looks forward to providing residents with a growing number of charging stations inside the community.

For further information,

email Tim Carrico at ([tcarrico@comcast.net](mailto:tcarrico@comcast.net)). The Villa Cortese board of directors welcomes comments, feedback and recommendations about the EVCS for future policies. Contact Carrico at the forementioned email address.



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\*\*The Affordable Connectivity Program is a federal government benefit program, operated by the Federal Communications Commission, that lowers the price of eligible services up to \$30/mo., or up to \$75/mo. on qualifying Tribal Lands. The benefit is not transferable to other consumers. Only eligible consumers may enroll in the program. Only one benefit is allowed per household and the benefit may only be applied to one service, regardless of service provider, if the program ends, you forfeit your benefit to another service provider, or you are found ineligible for the program, regular Cricket Wireless plan rates will apply. **Cricket reserves the right to remove the monthly benefit of any time. If your monthly service charge is \$6 after the benefit, you must use your service every 30 days, or the benefit will be removed. Eligible Consumers:** Enter your information into the Cricket ACP application form at [cricketwireless.com/ACP](http://cricketwireless.com/ACP). The federal government, not Cricket, will determine your eligibility based on this form. You must agree, with documentation as needed, that your household income is at or below 202% of Federal Poverty Guidelines for a household of that size or that at least one member of the household participates in a qualifying federal assistance program (Medicaid, Lifeline, Supplemental Nutrition Assistance Program, Supplemental Security Income, Federal Public Housing Assistance, The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), or Veterans and Survivors Pension Benefit), or receives benefits under a certain federal free and reduced-price school lunch program or school breakfast program, or is enrolled in a school or school district that participates in the Community Eligibility Provision ("CEP"), or received a Federal Pell Grant in the current award year, or, on qualifying Tribal Lands, participates in certain tribal-specific federal assistance programs. See [www.affordableconnectivity.gov](http://www.affordableconnectivity.gov) for details. If you are already approved for Lifeline, you do not need to apply for ACP. Simply complete the ACP enrollment form at [cricketwireless.com/ACP](http://cricketwireless.com/ACP) to enroll.

\*\*Free Samsung Galaxy A14 5G Offer: New line required. Excludes upgrades and AT&T ports. Activation fee (up to \$25/line in-store) & add'l one-time fees (\$5 reg-assisted and automated phone system payments fee) may apply. Price subject to Mfg./Dis. coupon and/or rebate applied at checkout. By accepting Mfg./Dis. coupon, customer agrees to pay all transactional tax due on item sold, including value of coupon where applicable. Limit: 3 devices per customer for online purchases. Transfer Number (SwitchPort), Upgrade or New Line pricing is available to customer once every 365 days. Limits: Purchases may be limited to 3 devices per customer online. May not be combinable with certain offers, discounts, or credits. Phone may be returned to Cricket svc during first 6 months after activation. By activating/using svc, you agree to Cricket Terms of Service ([cricketwireless.com/terms](http://cricketwireless.com/terms)). Svc. good for 30 days and is subject to Cricket network management policies, see [cricketwireless.com/mobileblackband](http://cricketwireless.com/mobileblackband) for details. Return Fee: \$25; see [cricketwireless.com/terms](http://cricketwireless.com/terms) for details. **Pricing, terms, & other rest'l's subject to change and may be modified or terminated at any time without notice.** Coverage & service avail. everywhere. See [cricketwireless.com](http://cricketwireless.com) for details. © 2023 Cricket Wireless LLC. All rights reserved. Infr. avoided. everywhere. © 2022 WBEI TM & © DC © 2023 Cricket Wireless LLC. All rights reserved.

# Residents With Technology Expertise Encouraged to Apply for Committee Membership

by Candice Wessling

The Technology Committee provides investigation, guidance and general support to the Leisure World Community Corporation (LWCC) board of directors and Leisure World of Maryland Corporation

(LWMC) senior management in areas of technology such as telecommunications, information technology (IT) networks, computer systems and software.

Electric vehicle charging stations (EVCS), computer literacy for residents, and oversight of the Comcast Xfinity

bulk TV and internet agreement are also part of the committee's mission.

While the Committee is not responsible for the functioning of Comcast Xfinity service or LWMC's telecommunications or IT services and systems, it does act in an advisory capacity and assists LWMC management with projects, such as its recent oversight of the upgrade to the sound system in the Clubhouse II Auditorium. It also advises about EVCS policy and the services of Shipshape IT, LWMC's IT services provider.

In the fourth quarter of 2023, the committee continues its focus on replacement of the business phone system used by LWMC employees. Issues for 2024 include renewal of the Comcast Xfinity bulk contract for cable TV and internet, IT support for mutual property managers and mutual assistants

and designing programs that can help residents learn how to use devices such as smart-phones, computers, tablets and voice assistants.

The Technology Committee takes its mission seriously and tries to provide valuable assistance to the community. Its limited roster of seven members is an efficient, functional group that is bringing technological leadership to Leisure World. Its membership is limited to those residents who have technical aptitude and competence, but its meetings are open to all.

Applications for membership are welcome during committee membership recruiting season, which ends Sunday, Oct. 15. The application is available to print and download from the resident website, (residents.lwmc.com). For instructions on how to find it, see page 2 of this edition.

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# Committee Recommends Approval of 2024 Community Budget

by Bernie Zycherman

The Budget and Finance Committee (BFC) reviews Leisure World financial reporting and assists management in developing the community's operating budget.

The Committee also advises the Leisure World Community Corporation (LWCC) board of directors on financial matters and recommends actions prior to their approval.

## Budget

The 2024 budget cycle is coming to a close. The BFC worked with management this summer to develop a balanced budget that would sustain community services while at the same time ensuring fiscal restraint.

The budget recommendation sent to the LWCC board of directors by the Committee endorses management's budget of a 3.23 percent increase, which

is slightly above the budget cap of 3.1 percent imposed by Trust bylaws. The impact to owners should be minimal since the expected increase for those relying on Social Security or Federal pensions should also see a similar increase in their income matching the increment to the Community Facilities Fee, or Trust portion of their monthly assessment.

Not to minimize these costs to owners, each mutual will also have budget increases specific to their residential needs, and this will likely raise monthly costs beyond what Leisure World charges each unit through its Community Facilities Fee.

## Looking Ahead

The BFC's work is still incomplete. The 2022 draft audit report has finally been issued by the community's outside accountants. A preliminary review of the report indicates a brighter picture

than Leisure World's Accounting Department revealed as of Dec. 31, 2022. The BFC along with management will review the results and determine the amount mutuals may be receiving based on a potential surplus.

Lastly, at the September BFC meeting, management introduced a draft capital budget for 2024 that includes major replacements and enhancements for community facilities. Some proposed enhancements were challenged by members at that meeting, and this budget will be further explored at the meeting on Wednesday, Oct. 18, at 10 a.m. via Zoom.

## Consider Applying

The BFC has begun the process of recruiting new members to join the Committee and volunteer their services in 2024. The application deadline is Sunday, Oct. 15, which is only a few days away.

Check (residents.lwmc.com) for information describing the level of expertise and experience required to join this committee.

Meetings are held monthly except during the summer months when budget development requires meeting more often.



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# Services and Amenities Hours of Operation

## ADMINISTRATION BUILDING

All Administration Building offices open to resident foot traffic Monday through Friday. In addition:

- Car Registration..... Call (301-598-1329)
- Management..... Email (management@lwmc.com)
- Reception Desk..... Call (301-598-1001)
- Resales..... Call (301-598-1353)
- Security & Transportation.. Call (301-598-1329)

### Vendors:

- Post Office..... Open Monday through Friday, 8 a.m.-2 p.m.
- Signal Financial FCU..... Open Monday through Friday, 9 a.m.-4 p.m. Appointments recommended, but walk-ins accepted; call (301-933-9100). Face mask optional

## CLUBHOUSE I (Open daily from 7 a.m.-10 p.m.; call 301-598-1300)

- Accounting ..... Appointments only, weekdays 8:30 a.m.-3:30 p.m. Call (301-598-1362). Drop payments in the lockbox outside the Administration Building reception or the lockbox on the Clubhouse I Baltimore Room's door, or send via U.S. Mail; include payment coupon and unit address on check.
- Comcast Xfinity ..... Office open Wednesday, noon-3 p.m., or call (855-638-2855) or email (Comcast\_leisureworld@comcast.com).
- Communications ..... Email (communications@lwmc.com) or call (301-598-1310)
- Lifestyle ..... Monday and Wednesday through Friday, 9 a.m.-5 p.m.; Tuesday, 9 a.m.-8 p.m., and Saturday, 10 a.m.-8 p.m.
- Eyre Tour & Travel ..... Open Monday through Thursday, 9 a.m.-5 p.m. or call (410-442-6872)
- Leisure World News ..... Email (lwnews@lwmc.com) or call (301-598-1310)
- Library ..... Open Monday from 1-4 p.m. and Tuesday through Friday from 10 a.m.-4 p.m. (except holidays)
- Outdoor Pool ..... Open daily, 10 a.m.-7 p.m.
- Restaurants ..... Terrace and Stein Rooms open Sunday, 10:30 a.m.-7 p.m.; Monday and Tuesday, 11 a.m.-7 p.m. and Wednesday through Saturday, 11 a.m.-8 p.m. Daily delivery and carry-out available. Call (301-598-1331) or email (perriecateringllc@gmail.com). The Clubhouse Grille is open Wednesday through Saturday from 4-10 p.m.
- Weichert, Realtors..... Open Monday through Friday from 9 a.m.-3 p.m. and Saturday and Sunday from 10 a.m.-4 p.m. in the Clubhouse I lobby. Call (301-598-4222)

## CLUBHOUSE II (Open daily from 7 a.m.-10 p.m.; call 301-598-1320)

- Technology Resource Center..... Open. Call (301-598-1306) for hours
- Lifestyle ..... Open daily, 9 a.m.-9 p.m.
- FISH Office..... Call (301-598-1345) in advance
- Fitness Center ..... Open daily from 4 a.m.-9 p.m.

- Indoor Pools..... Open Monday, noon-7 p.m.; Tuesday through Friday, 8 a.m.-7 p.m.; and Saturday and Sunday, 8 a.m.-6 p.m.
- Tennis/Pickleball courts..... Open

## GOLF FACILITIES

- Golf Course..... Open; call (301-598-1570) for tee times
- Pro Shop ..... Open 8 a.m.-6 p.m.
- Golf Lounge ..... Open

## INTER-FAITH CHAPEL (Face mask recommended)

- Chapel ..... Open for services on Sunday at 10 a.m.
- Chapel office ..... Open Monday through Friday, 9 a.m.-3 p.m.; call (301-598-5312)

## MEDICAL CENTER (Face mask required)

- MedStar Health Offices.. Open Monday-Friday: 8 a.m.-4:30 p.m. To schedule an appointment, ask clinical calls or speak with a representative about general questions, call (301-598-1590).
- Dental ..... Open; call (301-598-1015)
- Family and Nursing Care.. Open; call (301-588-8200) for an appointment
- Hearing Doctors..... Open; call (301-468-7670)
- Pharmacy ..... Permanently closed. Call (301-598-1005)
- Physical Therapy ..... Monday through Friday, 8 a.m.-5 p.m. No prescription needed; call (301-438-6280)
- River Dance Massage..... Monday through Friday, 8 a.m.-5 p.m. Appointment only, (202-306-0894)
- Social Work..... Office in Medical Center is available by appointment and walk-in. Call (301-598-1581) or email (smontgomery@lwmc.com).

## PHYSICAL PROPERTIES DEPARTMENT (PPD)

- Customer Service..... Open Monday through Friday, 8:30 a.m.-noon and 1-4 p.m. Call (301-598-1500)
- Warehouse ..... Counter sales open Monday through Friday, 8:30 a.m.-noon and 1-4 p.m.
- Maintenance ..... Essential maintenance only
- Trash ..... Operating on a regular schedule
- Willson's Renovations..... Appointments only; call (301-598-1348)

## TRANSPORTATION

- Dial-a-Ride..... Daily; 8 a.m.-10 p.m. One rider only; back seat. The rider must be able to get in and out of car without assistance
- Shuttle Buses..... The shuttle buses are operating on a three-bus schedule — Red, Blue and Green. Saturday shuttle buses operate 9 a.m.-1 p.m. The Wednesday outside shuttle bus is temporarily unavailable.
- Metrobus ..... Visit (www.wmata.com/schedules) for bus schedules
- Mobility Van..... Temporarily unavailable; call Main Gate for alternatives

*Check TV channels 972 and 974 and (residents.lwmc.com) for any updates to these hours of operation.*

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# THOUGHTS & OPINIONS: *From Our Residents*

## SUBMITTING AN ITEM TO THOUGHTS & OPINIONS

1. Submissions must be emailed to (aclwn@lwmc.com) or delivered to the LW News Office.
2. Receipt of submissions will be confirmed by email or telephone.
3. Submissions must state the writer's name, address, telephone number, and email address, if any, but if the material is published, it will include only the writer's name.
4. LW News cannot guarantee when or if a submission will be published.
5. To view the full Leisure World News Guidelines, sign in to (residents.lwmc.com) and click on Documents, then select the "Committees – Standing and Ad Hoc" folder, and click on the Communications folder.

## DEER-AUTO HAZARD

I was driving my little Prius on Leisure World Boulevard within the speed limit when a mature doe suddenly leaped in front of my car. I swerved and managed not to hit her. Once in Wyoming, I did hit a doe, which crashed through my windshield and destroyed the front of my vehicle.

While driving from Clubhouse II on the day of my near accident, I saw more than 20 deer grazing near the road; there were more in the shadows. I fail to understand why Leisure World management allows residents to take risks colliding with deer.

I understand that our deer are charismatic. For example, I stopped my car earlier this year on the Boulevard to

allow two fawns, just born, to wobble across the road like Bambi on the iced pond. I smiled with pleasure the entire time I watched the babies and their mom.

But cute fawns have no bearing on the issue I bring up – our driving safety with a large deer population that could be controlled if the desire were there. I believe that the Leisure World deer count may be far greater than the ecological carrying capacity of our green space. We should do some research to determine if the herd is oversized and, if so, determine what needs to be done. Could someone sue if they had a car-deer accident because the herd is too large, and management knew it all the time?

Feelings on this issue will

## A Few Things to Remember

- Relevance:** Make sure that your submission is relevant to the LW community as a whole and not to just one person, mutual, or organization.
- Respect:** Remember that your opinion is about ideas, not individuals, and please avoid personal attacks.
- Brevity:** Being concise will ensure that your opinion will have maximum impact.
- Accuracy:** Document all factual assertions. Opinions that are backed up with facts are more powerful, but only if the facts are accurate.
- Ownership:** All submissions are subject to editing but you will have the opportunity to approve the edits before publication.

Opinions are strictly those of the writers. Thoughts and Opinions is maintained by the Communications Committee.

be high. Given that, once management gets the information on our deer herd size versus grazing space, I recommend we have a community informational meeting and, after a community referendum by individual vote, come to a proper decision. It might take time to get it all together, but it seems the prudent thing to do.

Indeed, if our deer were carrying Lyme disease and residents and their dogs commonly contracted it, I suspect the herd would have been culled already as a public health measure.

Let's not have someone unnecessarily killed or maimed due to a car-deer collision.

– Don Siegel

## TIME TO UPGRADE THE PPD KEY CUTTER?

On Aug. 7, I went to the Physical Properties Department (PPD) warehouse to get a duplicate key cut. The new key wouldn't open my lock, so I returned to PPD a few days later for a re-do, which also didn't open the lock. After two more visits to PPD resulted in unsuccessful duplicate keys, I got a refund.

The PPD warehouse employees (Steve and Kalil) were apologetic that they had not provided satisfactory service and for the inconvenience to me. The employees were certain that they were using the correct key blank and were mystified about not being able to cut a workable key for me. In my opinion, they did the best they could.

Later, I was able to get an establishment outside of Leisure World to cut a workable duplicate from the same key I had presented at PPD. Thus, I am inclined to attribute the flaw to the PPD key-cutting machine, not the skill of the warehouse employees. Perhaps the PPD key cutting machine, including its age, should be thoroughly assessed. A reasonably-priced upgrade to an automatic/electronic version may be worthy of consideration.

– Francis J. Thompson



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## ELECTRIC INFRASTRUCTURE AT LEISURE WORLD

In a July 21 Thoughts and Opinions letter, I discussed the lack of information given to residents during and about electric power outages. Since then, there have been several more outages for hours at a time, and while we were told to contact the Main Gate to report and to get information about power outages, the gate personnel had no accurate information.

Providing reliable and accurate information may be beyond the guards' capabilities, but if that is the case, Leisure World management needs a plan that will alert them to power (or other emergency) issues, get repairs underway and to communicate with residents rapidly, accurately and regularly.

But, besides communication, there is still the fundamental question as to why there have been so many outages of late — at least three in the areas of Mutuals 16 and 18 and at least two long-term outages at other mutuals. While I have no accurate data, my sense, and that of others, is that the number of Leisure World power outages has increased considerably. However, I have seen no information as to why this is happening or what is being done about it.

The fact that we are having many more outages and that they last for hours, if not days, is very disturbing. What can residents do when their homes are without power for 10, 20, 40 or 72 hours? Some can go to neighbors, family or hotels, but this is very inconvenient, and for longer outages, there can be problems such as food spoilage and lack of temperature control in homes. Most importantly, many residents cannot leave their homes easily, especially if they need specialized and hard to move medical equipment. Thus, having reliable power is a real necessity for some residents.

The Leisure World Strategic Plan made it clear that, as the community's facilities age, its infrastructure also ages. The

plan also suggests that we should anticipate infrastructure failure and be proactive to prevent it. A critical part of this infrastructure is our electric power system!

Pepco is responsible for power until just before it enters our homes or condos, and it seems that this is where most of the power failures arise. Thus, it is necessary to get Pepco to fully evaluate and upgrade its infrastructure within Leisure World. Upgrading our power cables may be costly, but the costs will be much higher if we have massive future failures.

I would like to offer several suggestions to our leadership.

First, they should prioritize power issues by strongly pushing for a complete evaluation by Pepco and then pressure them to think and act in terms of preventive upgrades and repairs. This should be as high a priority for our community as more "visible" infrastructure such as roads, drainage, etc.

Second, it is not clear who at Leisure World deals with power outages, communicates with Pepco and works to protect the health and safety of residents. In the recent outages in Mutual 16, it took several days for residents to even get a communication from management about the outage, and it was not particularly useful!

The point is that while we cannot prevent outages, Leisure World needs to be far more proactive to protect and help residents. I have heard that general manager Bob Kimble reached out to contacts at Pepco to try and resolve issues in some of the recent outages, but I have no idea if these contacts made a difference (there was nothing about this in Leisure World News). I applaud Mr. Kimble's attempts, and hope he continues this until he gets the response needed by our community.

Indeed, perhaps what we need is for our leadership to insist that we have a very high-level contact at Pepco who can expedite solving our problems and ensure that evaluating and upgrading our power infrastructure is at the top of their priority

list. Perhaps Mr. Kimble, on behalf of our approximately 8,500 voters, should reach out to our state and local representatives and get their very active involvement to help their voting constituents.

— Arthur N. Popper

## A BIG 'THANK YOU' TO OUR SPECIAL POLICE

Sept. 7 was an ordinary evening until, when I leashed my dog for her final outing of the night, my front door would not open. The door was not locked, but I could not get the knob to turn.

Living in an apartment, this became a critical problem. Thankfully, I was inside when it occurred. I unscrewed the doorknob, removed it and pulled on the spindle. It would not move.

Flustered and a bit frightened, I called security, who patched me through to our special police. I explained that I could not get my door to open; the knob was

malfunctioning. I'm sure the young man on the other end of the phone thought I was just a ditzy old lady, easily flustered and inept. But he said he would be with me in five minutes, and he was, precisely.

Through the hole where the knob should have been — now removed by me — he tried to get the spindle to move, but to no avail. We reinstalled the doorknob, and he tried the key, which he brought with him because, thankfully, Security had a copy. Nothing happened. "I've never seen anything like this," he proclaimed, and called his sergeant for back-up. The sergeant came and quickly became as confused as the rest of us. A woman came to assist — who is also a special police officer, I believe. The sergeant worked diligently to disassemble the spindle. After one hour of trying to free me, the spindle was finally broken into three pieces and the latch bolt was easily removed from the door frame using pliers.

It is difficult to express the vulnerability I felt being

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trapped in my apartment by a malfunctioning doorknob. Who would have thought such a thing could ever happen? It is even more difficult to find the words to express my sincere appreciation for and thanks to the three people who came to my aid and steadfastly worked to release me and my dog.

The next day, I had a new doorknob installed. Fingers crossed, this never happens again to me, or to anyone else. I also purchased an escape ladder for my balcony, just in case.

I appreciate (and we all should appreciate) the men and women of our Leisure World special police who are, as the sergeant proudly pronounced before he departed, "...happy to serve. We are here for you 24/7." I am new to Leisure World and was not aware that there are special police. But I sure am happy they are here!

– N. Dale

## LEISURE WORLD BOULEVARD SPEED LIMIT

The new flashing speed signs on Leisure World Boulevard could be helpful, but to be helpful, the speed limit should be posted next to the sign.

Some people think the speed limit is 20 mph, others seem to think it is 40 mph.

So, when the sign flashes your speed at 25 mph, what does that mean? Is one going too fast? Should they slow down to 20 mph?

And when it shows one is driving at 31 mph and the sign flashes that one should "slow down"...again the question is slow down to what?

– Helen Montfort

**Editor's Note:** The posted speed limit on Leisure World Boulevard is 30 miles per hour, indicated by numerous signs.

## MORE ON THE MEANING OF 'ACTIVE ADULT'

In a recent Thoughts and Opinions letter, a writer suggested "it is time to

start advertising Leisure World for what it was really meant to be...an age 55-plus active adult retirement community...not a continuing care community," and, "It is unfortunate when people move in at an age when they can't participate in all the activities the community offers."

Some thoughts about those comments:

- "All" activities? Was that a typo?
- Leisure World is advertised as an age 55-plus active adult retirement community.
- Obviously, a person does not have to participate in Leisure World activities to be considered an active adult! For example, they could be a consultant working online, or they could be babysitting grandchildren.
- The writer conflates age with participation. Participation is determined by interests, health, situation, schedule, support, ambulation, disability, volunteering or working, traveling, entertaining, Covid-cautiousness, friends, finances, obligations and responsibilities. An older person might be entirely able to participate, whereas a younger person might not.
- Which is it? Is the writer suggesting people not move here if they are above a certain age, or if they cannot participate?
- Obviously, an able-bodied person of any age will grow older and may develop health issues. Does the writer believe there should be an upper age limit? Will she move out before she reaches that age?
- Non-participants are nevertheless paying a full condo fee, in effect subsidizing others.
- Imagine if realtors were to tell prospective residents they should not move in if, due to disability (not age, because aging does not preclude participation) they "can't participate in all the activities." They would be in violation of the Fair Housing Act, Title VIII of the Civil Rights Act of 1968, U.S. federal legislation

that protects individuals and families from discrimination in the sale, rental, financing or advertising of housing. The Fair Housing Act, as amended in 1988, prohibits discrimination on the basis of race, color, religion, sex, disability, family status and national origin. Note the word, "disability."

– Rhona Bosin

## AFTERNOON TEA WAS SUPERB

I want to take a moment to thank the Lifestyle Department for doing such a superb job during the first afternoon tea held in the Crystal Ballroom on Aug. 17. The room was full with ladies and a gentleman who arrived ready to experience the loveliness of high afternoon tea fit for a royal.

The serving staff were professional and the room so beautifully decorated. The music during the event was a perfect added feature. The harpist and DJ were a delight. Our lovely host, Lady Renee, made us all feel like royalty, including the one gentleman who accompanied his mother. The ladies who arrived with their fascinators (hats) were poised and looked fabulous. For those who missed it, I hope you heard about it and will plan to attend the next time.

I hope that this becomes an annual event; its excitement is still being talked about.

– Lola Andrade

## RECENT EYRE TRIP TO GREECE

Several other Leisure World residents and I took the Eyre/Starr tour cruise to the Greek Isles aboard the Norwegian Cruise Line ship, Norwegian Jade, in September. One of the reasons I was attracted to the cruise was that ground transportation from Leisure World to Newark International Airport (and back) was included.

I would like to compliment our first driver, who took us in a large sport utility vehicle on the first leg. He was quite friendly, and the SUV was comfortable. That was fortunate because he had a difficult time finding the

bus that would take us from our first leg through to Newark International Airport.

I think Eyre did not make clear that there were multiple legs between here and Newark, and that we would be driven hither and yon picking up other passengers. All-in-all, the trip was several hours longer than anticipated. Personally, I think we should have had the choice of arranging our own transportation to Newark International Airport. Residents should know that on an Eyre tour, trips to distant airports may include detours to pick up other passengers.

The trip itself was as advertised, but unfortunately, we did not have any time in Athens itself on our arrival day.

– Henny Stern

## GET VACCINATED AND HAVE MORE FUN THIS WINTER

You will enjoy the coming winter much more if you don't get the new respiratory syncytial virus (RSV) virus. Please consider getting this new vaccine as well as a Covid booster and a flu shot.

Ask your doctor what he or she recommends. RSV shots are available in pharmacies at drug and grocery stores.

The more of us at Leisure World who get these protections, the less likely we all are to get sick.

– Stu Henderson

## THANKS FOR OPPORTUNITIES TO KEEP BUSY

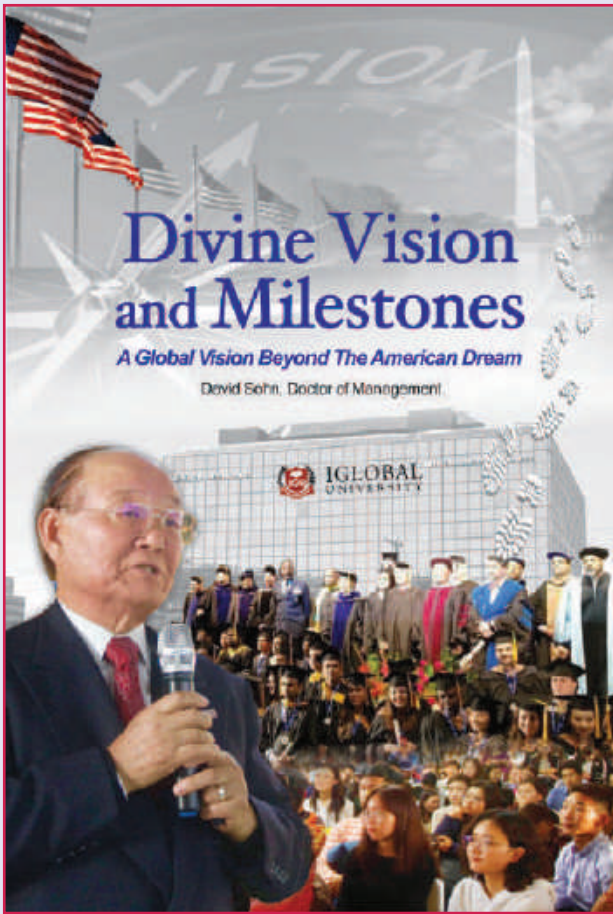
They say time flies when you are having fun and keeping busy. That is so true.

My wife and I are celebrating seven years living in this great community — three years renting, and four as an owner in Mutual 20B.

We have kept busy during this time with mutual activities and entertainment as well as membership in New Yorkers and Friends and Jewish Residents of Leisure World.

Thank you, Leisure World, for providing all these opportunities.

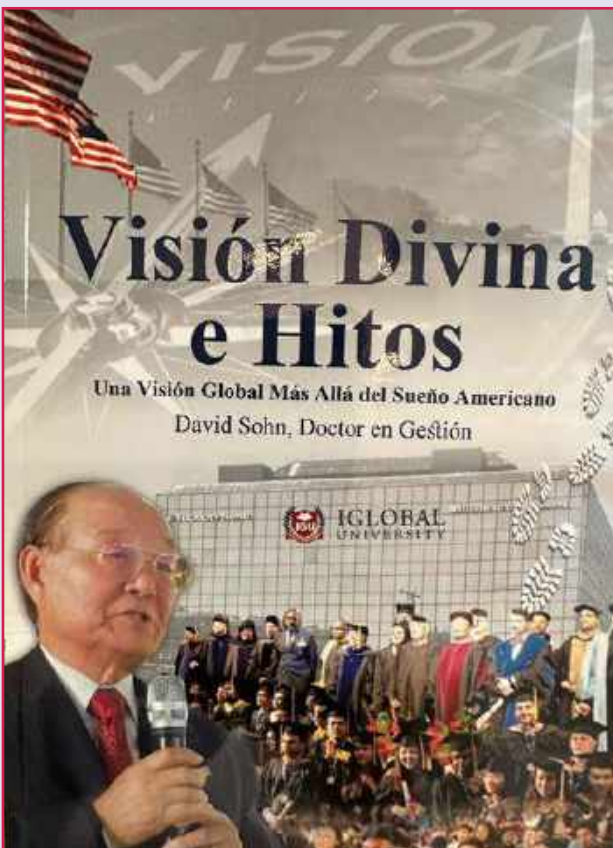
– Larry Barshay



## A Leisure World resident's **INSPIRING MEMOIR**

**DIVINE VISION AND MILESTONES: A Global Vision Beyond the American Dream** has been published in English and Spanish by Dr. David Sohn, who recently moved to Leisure World from Potomac, MD, because he loves golf. Now he wants to introduce his memoir to Leisure World residents who wish their children or grandchildren to set their lifetime visions and to achieve the American Dream as early as they can.

In addition, Dr. Sohn wants to share how he discovered God's Plan for him and converted it to his lifetime vision, and how God guided him to achieve his American Dream, ultimately his vision.



### THE AUTHOR

Dr. David Sohn recognized God's Plan for him had been to transform not only South Korean Society but also the world through the most innovative and affordable education, at the age of 30. He came to America with the American Dream to fulfill his lifetime vision

converted from God's Plan for him. As the culmination of his

vision, Dr. Sohn founded IGlobal University in Virginia in 2008 to offer accredited Bachelor's and Master's Degrees in IT and Business Administration, and he graduated almost 10,000 students from over 50 countries for 12 years with very innovative and affordable education programs through the on-campus and online modalities.



Dr. Sohn and his wife, Kim, with former president Bill Clinton

**A limited number of author-signed copies of Dr. Sohn's memoir are available free of charge at the Rossmoor Library.**

**Also available at Amazon and Barnes & Noble**

# EVENTS & Entertainment

## ■ Lifestyle Department

### Oct. 7: Concert Series Closes with ‘Satisfaction,’ a Rolling Stones Tribute

The Lifestyle Department closes its series of free concerts with a performance by “Satisfaction,” a Rolling Stones tribute show, on Saturday, Oct. 7, from 5-7 p.m. at Veterans Park, located in front of the Clubhouse I main entrance.



‘Satisfaction,’ courtesy graphic

Whether you’re a die-hard fan of The Stones or just a casual listener, “Wild Horses” couldn’t drag you away from this show!

In the event of inclement

weather, the concert will move

to the Clubhouse I Crystal Ballroom. Wine and beer (\$5) and soft drinks (\$1) will be available for purchase; water is free. Registration is required and is taken at the Lifestyle office in either clubhouse. Please bring your Leisure World ID.

#### About the Band

Let ‘Satisfaction’ recreate the experience of seeing one of the world’s greatest rock ‘n’ roll bands live in concert! ‘Satisfac-

tion’ is “a spot-on portrayal of The Rolling Stones,” heralded the Washington Post.

The group has toured throughout the world for more than 22 years, performing everywhere from Russia to Disney World, and has been featured in Rolling Stone magazine and on the CBS Evening News. Their performances have consistently received rave reviews across the globe for more than two decades.

## Coming in 2023

The Lifestyle Department of Leisure World is pleased to provide the following programs:

- |                    |   |
|--------------------|---|
| Oct. 7, 5 p.m.     | Satisfaction, Rolling Stones Tribute Band |
| Oct. 8, 7 p.m.     | The Retro-Rockets                         |
| Oct. 14, 4 p.m.    | Oktoberfest                               |
| Oct. 15, 2 p.m.    | Guitarists Loren and LJ Barrigar          |
| Oct. 20, 5 p.m.    | Happy Hour with DJ Bob                    |
| Oct. 29, 2 p.m.    | The Four Seasons Dancers                  |
| Nov. 15, 7 p.m.    | The Eric Byrd Trio                        |
| Nov. 18, 9:30 a.m. | Arts and Crafts Fair                      |
| Nov. 25, 7 p.m.    | Vocalist Christiana Drapkin               |

Watch Leisure World News for more information on these and other upcoming programs throughout the year.

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## ■ Lifestyle Department

### Oct. 8: The Retro-Rockets Blast into Town



The Retro-Rockets, courtesy photo

The Retro-Rockets, an oldies variety and dance band recognized by local CBS WJZ as one of Baltimore’s best retro bands, returns to Leisure World on Sunday, Oct. 8, at 7 p.m. in the Clubhouse II Auditorium.

Tickets are \$15 per person and are on sale at the Lifestyle offices of both clubhouses. Please bring your Leisure World ID.

#### About the Band

Specializing in the music of the ‘40s, ‘50s and ‘60s, the Retro-Rockets perform their unique blend of rock ‘n’ roll songs, smooth ballads, R&B music, classic instrumentals and even country, big band, and

standards in venues large and small throughout the Baltimore/Washington, D.C., area.

Return to a golden age where smooth harmonies, gentle melodies and catchy rhythms were the order of the day. Hear the songs of such well known musicians as Chuck Berry, Patsy Cline, The Drifters, Elvis, Bill Haley and Dion.

Members of the Retro-Rockets are seasoned musicians. All of them are 55 or older and have been playing music for more than 40 years.

So, blast off with the Retro-Rockets and relive some special moments from a simpler time. For more information about the band, visit ([www.retro-rockets.net](http://www.retro-rockets.net)).



■ **AIM (Arts In Motion)**

# Oct. 13: Jazz Singer Linda Harris Performs

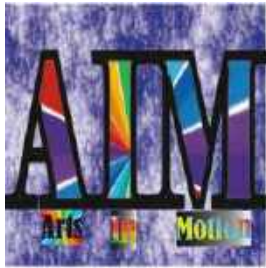
by Grace C. Cooper

Jazz singer Linda Harris performs at Arts In Motion's (AIM) next concert on Friday, Oct. 13, in the Clubhouse I Crystal Ballroom. Tickets are available for purchase at the Lifestyle office in Clubhouse I, but they are going fast.

Harris began her career in real estate but felt her real calling was music. She has been performing for audiences ever since. For more information about her, visit

(lindadharris.com/).

AIM's concerts always cost \$35 and include tasty snacks served from 5-6 p.m. for all ticket holders. Doors to the ballroom open at 4:30 p.m., and the concert begins at 6 p.m. AIM members may reserve a table of eight to 10 people, and open tables are available for non-members.



### AIM Information

Have you checked the display cases in Clubhouse I? There, residents will find informa-

tion on AIM's upcoming concerts and other events. Concert tickets are always available beginning on the Monday following the previous concert.

Residents new to Leisure World (those who've lived in Leisure World for a year or less) who wish to join AIM may receive one complimentary ticket to one concert this year. For information, email York Van Nixon at (york@aimarts.net) or visit the front desk outside the ballroom before the concert.

AIM hosts a winter solstice



Linda Harris, courtesy photo

dinner for members in December. Details will be shared later.

■ **Lifestyle Department**

■ **Foundation of Leisure World**

# Oct. 14: Celebrate Oktoberfest with German-style Food and Music

Come celebrate Oktoberfest with your neighbors on Saturday, Oct. 14, from 4-8 p.m. in a tented area in the golf course parking lot adjacent to Leisure World Boulevard. The evening will feature a German-style band, food and beverages.

### Menu and Registration

The event is free for those who wish to attend and not partake in food; the cost to pre-purchase a German-style meal is \$25 per person. Pre-registration is required to be made by anyone attending by Wednesday, Oct. 11, at or before noon at the Lifestyle office of either clubhouse. Please bring your Leisure World ID.

The menu includes bratwurst and sauerkraut, beef sausages, pulled pork and pulled chicken, with sides of potato salad and red cabbage. Dessert will be apple strudel. Note: no vegetarian option will be available.

Alcoholic beverages (German beer and wine) will be available for purchase, cash only. No other alcoholic beverages may be brought to this event.

When registering, you will be asked to provide the names of all those who will be attending with

you, and for whom you have paid. Prior to the event, you and your guests will receive an ID bracelet that will allow entrance into the event and for the meal. Those who've paid may pick up their bracelet starting Wednesday, Oct. 11, at 9 a.m. at the Lifestyle office in Clubhouse I.

Sentral Services and the Foundation of Leisure World are sponsoring the event.

### About the Band

Prost! Rockville German Band was founded in 2010 as an adjunct to the Rockville Concert Band. The 12- to 25-member band, comprised of brass, woodwind and percussion

players, performs hundreds of authentic German, Austrian and Swiss polkas, waltzes and marches. Costumed as a typical German band, Prost! performs throughout Montgomery County and other locations for Oktoberfests, farmers markets, town centers, parks, senior centers and retirement communities as well as for businesses and fundraising events.

### About the Foundation

The Foundation of Leisure World is a 501(c)(3) organization that was established

for health, educational and cultural purposes. Contributions to the Foundation may be claimed as deductions on income tax returns to the extent permitted by law.



Prost! Rockville German Band, courtesy photo



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Luann Battersby  
Leisure World neighbor  
15107 Interlachen Dr., #205

## ■ Sock Hop Group

# Oct. 14: Group Hosts Mid-Autumn Dance

by Diane Lewis and Bryan West

Sock hops aren't just for the '50s! Join the Sock Hop Group for its mid-autumn dance on Saturday, Oct. 14, from 7-10 p.m. in Clubhouse II.

Back by popular demand – DJ Ken “Carpenter” Sleeman will play music from the '50s and '60s, as well as requests and line dancing music. Luisa “Blinkie” Castillo, a local entertainer, will treat everyone to her singing.

Some people coming to the

dance may want to celebrate Halloween early – The dance is “costume optional.” Water and snacks will be provided. Bring food to share, and BYOB. Admission is \$10 cash at the door.

### About the DJ and Singer

Sleeman began DJing in the 8th grade at Broome Jr. High School in Rockville, playing 45s at sock hops. He started his career in radio in 1964 at WINX-AM in Rockville. He still does a weekly radio show

on (wwer.org).

His favorite music is from the '50s and '60s. Residents may remember his Leisure World appearances at the Stein Room, and he also has assisted Fun and Fancy Theatre Group with some of their productions.

Castillo's repertoire includes more than 1,000 songs in many genres in English and Spanish. She has released two CDs and has appeared at many local music venues.



DJ Ken “Carpenter” Sleeman, courtesy photo

## ■ Lifestyle Department

# Oct. 15: Internationally Acclaimed Guitarist and Son Perform

Internationally acclaimed guitarist Loren Barrigar performs with his son, LJ Barrigar, an up-and-coming guitarist influenced by Tommy Emmanuel and Chet Atkins, on Sunday, Oct. 15, at 2 p.m. in the Clubhouse II Auditorium.

Tickets are \$15 per person and are on sale at the Lifestyle offices of both clubhouses. Please bring your Leisure World ID.

### About the Performer

The elder Barrigar started playing guitar when he was just four years old and by the time he was six played Atkins' hit, “Yackety Axe,” in front of thousands of country music fans at the Grand Ole Opry in Nashville, Tennessee.

He went on to study with Atkins' brother, Jimmy, which led to a touring career with his family band from Nashville

to Las Vegas. Since settling down in central New York, he's been in constant demand as a studio musician.

Barrigar's finely-honed songwriting skills have launched his melodies on NBC's number one rated show “ER,” the popular “The Young and the Restless” and on a Christmas CD with B.B. King and Patti Labelle.

His solo concerts include favorite songs from seven decades as well as his originals,



Loren and LJ Barrigar, courtesy photo

all featuring exciting guitar work and memorable vocal stylings. For more information, visit ([www.lorenbarrigar.com](http://www.lorenbarrigar.com)).

## ■ Lifestyle Department

# Oct. 20: Line Dance Troupe Performs at Happy Hour

by Leisure World News

“DJ Bob” (general manager Bob Kimble) spins the tunes at a happy hour event on Friday, Oct. 20, from 5-7 p.m. in the Clubhouse I Crystal Ballroom.

Leisure World's line dance troupe, The Legendary Line Dancers, is set to dazzle the community once again. With their synchronized moves and infectious energy, this talented group will take center stage, bringing a burst of joy and entertainment to the dance floor. The Legendary

Line Dancers have captivated audiences at various events throughout the community, and their performance at this happy hour promises to be an unforgettable highlight.

The event is free, and all residents are invited; no ticket or registration required. Bring your own snacks, or purchase food from the restaurant. Beginning at 4:30 p.m., beverages will be available for purchase in the ballroom – beer and wine, \$5 and sodas, \$1. Free water will also be available.



## ■ Hispanos de Leisure World

# Oct. 21: Hispanos Presents Tango Reo Dancers and Singer Claudia Gargiulo

by Jose Soto

Hispanos de Leisure World presents an afternoon of tango with a fabulous group of dancers and musicians on Saturday, Oct. 21, at 4 p.m. in the Clubhouse II Auditorium.

Tango Reo is a Washington,

D.C.-based tango group that has been delighting audiences throughout the DMV area for the past several years. The dance group is joined by Argentine singer and teacher Claudia Gargiulo and four other musicians.

Gargiulo is a mezzo soprano

known for the clarity of her voice. She has previously sung in South America and Europe, performing in theaters and festivals in Italy, Argentina and the U.S.

Tickets are \$10 (check only, payable to Hispanos de Leisure World) and available for purchase beginning Tuesday, Oct. 10, at 9 a.m. at the Lifestyle offices of both clubhouses.

### About the Musicians

Valerie A. Higgs (piano) has musically directed, conducted and accompanied various theater productions in New York, Chicago, Philadelphia, South Jersey and the D.C. Metro area.

Susan Jones (violin) “is one of the best violinists in Washington and in the relatively small world of jazz violinists, she is developing an interna-

tional reputation,” according to The Washington Post.

Cyndy Elliott (double bass) is a freelance bassist in the Washington, D.C., area, performing many different styles of music for musicals, big bands, small combos, orchestras and chamber ensembles at venues ranging from Blues Alley to the Kennedy Center. She has performed with touring musicals throughout the U.S. and on cruise ships in Europe and the Caribbean.

Brett Lemley (bandoneon) has been a professional musician for more than three decades. After discovering tango in 2007, he became the director of the DC Tango Orchestra. In 2012 he started playing bandoneon. His mission is to bring elegance, artistry and a sense of play to live tango in Washington, D.C.

## ■ Jewish Residents of Leisure World

# Oct. 22: Israeli Dance Group Performs



Rikudei Yachad, courtesy photo

As part of the Israel 75 Celebration, JRLW presents an Israeli Dance Program on Sunday, Oct. 22, at 2 p.m. in the Clubhouse II Auditorium.

Rikudei Yachad, a young adult Israeli dance group from Montgomery County, will perform as well as teach a dance.

They have

performed at multiple venues and dance festivals in the DMV area. The program is free, but registration is required and is taken at the Lifestyle office in Clubhouse II.

— Jonas Weiss



## ■ Ballroom Dance Club

# Oct. 28: Club Hosts Annual Halloween Dance

by Ida Leong

October is Halloween month, so let's show off our creative costumes while dancing to the music of DJ Thomas Bevans. The dance is on Saturday, Oct. 28, at 7:30 p.m. in the Clubhouse I Crystal Ballroom.

To register, contact Club secretary Annie Cuc Hoang at (musicnature2@gmail.com). Mail a check for \$10, payable to LWBDC, to (2901 S. Leisure World Blvd., #312A, Silver Spring, MD 20906) — early enough to ensure delivery by the Wednesday, Oct. 25, deadline.

Note: Guests who miss the Oct. 25 deadline for mailing in their \$10 checks will instead pay a \$15 cash or check admission fee at the door. Non-registrants (walk-ins) will not be admitted on the night of the dance.



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■ Lifestyle Department

# Oct. 29: Come Experience ‘Dances of the World’

The Four Seasons Dancers (FSD) are pleased to present a dance program entitled “Dances of the World” on Sunday, Oct. 29, at 2 p.m. in the Clubhouse II Auditorium.

All dances are original choreography and performed in spectacular costumes.

The cost to attend this performance is \$15 per person and registration is taken in the Lifestyle offices of both clubhouses. Please bring your Leisure World ID.

**About the Dance Troupe**  
Based in nearby Aspen Hill,

the FSD celebrates the world of dance and performs locally and nationally.

The company’s dancers are women of different ages and backgrounds who work in various professional roles and sectors by day and, in the evening, rehearse at the dance studio, mastering intricate dancing steps from FSD’s repertoire.

Artistic director Elena Indrokova Jones is also the troupe’s principal choreographer and costume designer. Trained at one of the premier academic ballet schools in Russia, Jones



The Four Seasons Dancers, courtesy photo

danced with several leading companies there.

When she moved to the U.S. and settled in Montgomery County, she founded the FSD, a 501(c)(3) corporation committed to “promoting an understanding, appreciation and celebration of world cultures through dance.”

■ Fireside Forum

## Nov. 5: History Teacher Delivers Presentation on MLK

by Jonas Weiss

On Sunday, Nov. 5, Reynauld Smith, a distinguished graduate of Tuskegee University with a long career as a history teacher, speaks about the Dr. Rev. Martin Luther King Jr.’s personal life, family, community and the experience that prepared him for his role as the leader of the modern civil rights movement.

This free program is at 2:30 p.m. in Clubhouse II. Juanita Sealy-Williams is the host for the speaker.

**About the Presenter**

Smith was a Full-bright Fellow at the University of Nairobi, Kenya, and received



Juanita Sealy-Williams and Reynauld Smith, photo by Sherry Weaver

the McGraw Hill Prize for his leadership work on global education.

He has met with many leading African statesmen, including Nelson Mandela, and he is proud of his work on voter registration with the Student Non-Violent Coordinating Committee at Tuskegee University. He is a member of the Sandy Spring Slave

Museum’s board.

For his work on the modern civil rights movement and voter registration, he received a Proclamation from the Rockville City Council. In June of this year, Smith was the guest speaker for LWAAAC’s presentation on “The Real Juneteenth.”



■ Lifestyle Department

## Nov. 15: Jazz Trio Performs Great American Standards

The Eric Byrd Trio will have residents smiling and tapping their toes when it returns to Leisure World to perform from the Great American Songbook on Wednesday, Nov. 15, at 7 p.m. in the Clubhouse II Auditorium.

Tickets for what is sure to be a stellar evening of jazz piano, vocals, bass and drums are \$15 per person and go on sale beginning Tuesday, Oct. 10, at 9 a.m. at the Lifestyle offices of both clubhouses. Please bring your Leisure World ID.

**About the Trio**

For more than 20 years, the Trio, which includes Eric Byrd (pianist/vocalist), Bhagwan Khalsa (bassist) and Alphonso Young, Jr (drummer), has traveled the world playing music rooted in swing and bebop, embracing gospel and blues as core elements of their performance style.

Because of their immense knowledge of music and ability to teach diverse and international audiences, they have been sponsored by the U.S. Embassy



The Eric Byrd Trio, courtesy photo

as Kennedy Center/U.S. State Department Jazz Ambassadors touring South America, Central America, the Caribbean, Eastern and Western Europe and the Middle East.

The Maryland State Arts Council bestowed upon the Trio a \$10,000 Independent Artist Award for notable artistic achievement, and the Trio received a prestigious Governor’s Citation from Gov. Larry Hogan.

Collectively, The Trio has played with such luminaries as trumpeter Wynton Marsalis, jazz guitarist Charlie Byrd and Cuban American singer/songwriter Jon Secada.

## 2023 Movie Schedule

Sponsored by the Lifestyle Department

Movies are FREE and are shown for your enjoyment in the Clubhouse II Auditorium, although you will need to register. Registration (limit two seats) begins on the date indicated below at either Clubhouse I or II. Please bring your Leisure World ID.

Show Date & Time	Movie	Registration Available
Oct. 12, 1:30 p.m.	“Here Today”	NOW
Oct. 19, 1:30 p.m.	“Women Talking”	NOW
Oct. 26, 1:30 p.m.	“Thirteen Lives”	Oct. 10
Oct. 31, 1:30 p.m.	“Hocus Pocus”	Oct. 10
Nov. 9, 1:30 p.m.	“Devotion”	Oct. 24
Nov. 17, 1:30 p.m.	“Maybe I Do”	Oct. 24

Movies are subject to change.

# Nov. 18: Do Your Holiday Shopping at the Arts and Crafts Fair

The Lifestyle Department is excited to once again hold its Holiday Arts and Crafts Fair. The fair is scheduled for Saturday, Nov. 18, from 9:30 a.m.-2 p.m. in the Clubhouse I Crystal Ballroom.

Start your holiday shopping right here in your own community. All vendors are Leisure World residents who sell a variety of gift items – original, new and perfect for the holidays.

### Vendor Opportunities

A vendor does not have to belong to a Leisure World arts or crafts group or organization but must be a resident who has handcrafted the items offered for sale. All items must be new. This is not a flea market; no used, re-gifted or commercially manufactured items can be offered for sale.

Lifestyle is looking for

ceramicists (poured and thrown), artists, woodworkers, jewelry-makers, photographers, weavers, needleworkers, knitters, crocheters, seamstresses, quilters and anyone else who can offer new and original art and craft items for sale.

The fair is also a great opportunity for Leisure World groups, organizations and clubs – not just individuals – to raise money for charitable causes or other pursuits.

### Registration and Space

Registration for fair space begins on Tuesday, Oct. 10, at 9 a.m. at the Lifestyle office in Clubhouse I. Registrants must fill out a form indicating what they will be offering for sale.

To accommodate the greatest number of residents and groups, space is limited to a maximum of 12 feet – the equivalent of two 3'x6' tables

or one 3'x6' table and one rack. Vendors can rent tables at \$18 for 3'x6' and \$9 for 3'x3'. One chair is provided for a 3'x3' table, and two chairs for a 3'x6' table. The fee for extra chairs is \$1 each. A limited number of clothing racks are available to rent for \$10 each.

Please note: If a vendor brings his or her own rack(s), regardless of size, the vendor will be charged an additional \$10 for each rack on the day of the fair.

Registration fees can be made by check (payable to Leisure World of Maryland Corporation) or by MasterCard, Discover or Visa (for charges over \$10). Registration is first come, first served.

Merchandise may not be placed on chairs or next to, or in front of, tables and racks. Space is limited; items placed around the rented space impede traffic and are a major

safety concern and therefore will not be permitted. Tables, chairs or racks cannot be brought into the sale. (Display racks that fit on top of rented tables may be brought in).

### Fair Day

Fair vendors may begin bringing in their merchandise at 8 a.m. The market opens to the general public at 9:30 a.m.

Vendors are reminded that they must remove all unsold merchandise and debris (boxes, hangers, wrapping materials, etc.) when they leave.

### Sales Taxes

Individuals and organizations are responsible for the collection and payment of sales tax. You may apply for a sales tax license from the Maryland office for the Comptroller by visiting ([marylandtaxes.gov/business/sales-use/index.asp](http://marylandtaxes.gov/business/sales-use/index.asp)).



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Greens Building 4 - 2 BR, 2 FB, new carpet, fresh paint



PICCADILLY COURT - \$195,000

Berkley TH, 2 BR, 2 BA, sunroom, fresh paint & carpet, 1600 sf



CREEKSIDE "G" MODEL - \$345,000

2 BR, 2 FB, fresh paint, new carpet in bedrooms, 1,514 sf



THE REGENCY - \$810,000

Falconcrest, 4 BR, 3.5 BA, Garage



BARSTOW PATIO HOME - \$550,000

3 BR, 2 FB, updated kit, sunroom, garage, fresh paint, new carpet in BRs, 1,320 sf



CAMBRIDGE PATIO HOME - \$335,000

3 BR, 2 FB, updated, move-in ready



CABOT PATIO HOME - \$424,000

3 BR, 2FB, garage, new LVT floors, amazing bathrooms, fresh paint

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■ **Lifestyle Department**

*Thursday Afternoon at the Movies*

**Oct. 19: ‘Women Talking’**

The Lifestyle Department is pleased to present “Thursday Afternoon at the Movies.” The movies are shown at 1:30 p.m. in the Clubhouse II Auditorium.

On Thursday, Oct. 19, the featured film is “Women Talking” (2022, 1 hour 44 minutes, drama, rated PG-13 for mature thematic content including sexual assault, bloody images and strong language).

Free registration, limited to two seats per person, is required and is available by stopping by the Lifestyle office of either club-



house. Please bring your Leisure World ID.

The film tells the story of the women of an isolated religious community as they grapple with reconciling their reality with their faith. They must come together to figure out how to move forward together to build a better world for themselves and their children. Will they stay and fight or

leave?

Movie screenings are for your enjoyment; there is no charge. Be sure to register in advance if you plan to attend. Please note that no one will be seated after 1:30 p.m.

■ **Jewish Residents of Leisure World**

**Oct. 30: ‘Exodus 91’**

by Jonas Weiss

JRLW and the Bender Jewish Community Center’s Coming of Age in Maryland program show the film “Exodus 91” (2023, 1 hour 30 minutes, drama, unrated) on Monday, Oct. 30, at 1:30 p.m. in the Clubhouse II Auditorium.

The docu-narrative follows Israeli diplomat Asher Naim on a seemingly insurmountable mission to bring 15,000 Ethiopian Jews to Israel. Working with his Ethiopian-Israeli colleagues who themselves immigrated to Israel

a decade earlier, Naim’s faith in his mission is tested as he navigates the treacherous world of bureaucracy and politics.

Tickets are \$10 (check only, payable to JRLW) and available for purchase through Sunday, Oct. 29, or sold out at the Lifestyle office in Clubhouse II office.



■ **Lifestyle Department**

*Thursday Afternoon at the Movies*

**Oct. 26: ‘Thirteen Lives’**

The Lifestyle Department is pleased to present “Thursday Afternoon at the Movies.” The movies are shown at 1:30 p.m. in the Clubhouse II Auditorium.

On Thursday, Oct. 26, the featured film is “Thirteen Lives” (2022, 2 hours 27 minutes, action/adventure/biography, rated PG-13 for some strong language and unsettling images).

Free registration, limited to two seats per person, is required and begins on Tuesday, Oct. 10, at 9 a.m. by stopping by the Lifestyle office of either clubhouse.



Please bring your Leisure World ID.

Directed by Ron Howard, the film tells the true story of a rescue mission that’s assembled in Thailand when a group of young boys and their soccer coach become trapped in a system of underground caves that are flooding.

Movie screenings are for your enjoyment; there is no charge. Be sure to register in advance if you plan to attend. Please note that no one will be seated after 1:30 p.m.

■ **Lifestyle Department**

*Tuesday Afternoon at the Movies*

**Oct. 31: ‘Hocus Pocus’**

The Lifestyle Department is pleased to present “Tuesday Afternoon at the Movies.” The movies are shown at 1:30 p.m. in the Clubhouse II Auditorium.

On Tuesday, Oct. 31, the featured film is “Hocus Pocus” (1993, 1 hour 36 minutes, comedy/family/fantasy, rated PG for some scary sequences and language).

Free registration, limited to two seats per person, is required and begins on Tuesday, Oct. 24, at 9 a.m. by stopping by the Lifestyle office of either clubhouse. Please bring your

Leisure World ID.

In this modern Halloween classic, a teenage boy and his little sister move to Salem, Massachusetts, where he struggles to fit in before awakening a trio of diabolical witches (played by Bette Midler, Sarah Jessica Parker and Kathy Najimy) from the 17th century.

Movie screenings are for your enjoyment; there is no charge. Be sure to register in advance if you plan to attend. Please note that no one will be seated after 1:30 p.m.



**PLEASE, NO CASH**

The Lifestyle offices in Clubhouse I and II do not accept cash payment for programs or activities it sponsors. Payment can be made by check payable to LWMC. Or, if \$10 or more, payment can also be made with a credit card (MasterCard, Visa or Discover). When paying for programs or events sponsored by Leisure World clubs and organizations, payment can only be made by check, payable to that club or organization.





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#### Homes We Sold for the Seller

Mutual	Address	Price
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FAIRWAYS S (Pending)	3330 N Leisure World Blvd #5-406	\$340,000
GREENS	15115 Interlachen Dr #3-122	\$216,000
MONTGOMERY MUTUAL	3559 S Leisure World Blvd #24-1C	\$115,000
MONTGOMERY MUTUAL	3310 Gleneagles Drive ##80-F	\$220,000
ROSSMOOR MUTUAL #10	14621 Deerhurst Ter #213-A	\$303,900
ROSSMOOR MUTUAL #10	14622 Deerhurst Ter #217-B	\$319,000
ROSSMOOR MUTUAL #11	3122 Beckenham Ct #250-F	\$193,000
ROSSMOOR MUTUAL #13	3701 Bloomsbury Ct #26-B	\$360,000
ROSSMOOR MUTUAL #14	3511 Forest Edge Dr #17-1F	\$165,322
ROSSMOOR MUTUAL #18	3526 Tarkington Ln #74-A	\$340,000
ROSSMOOR MUTUAL #19B	15300 Beaverbrook Ct #88-1C	\$190,000
ROSSMOOR MUTUAL 6-B	14901 Pennfield Cir #1A, 1B, 1C	\$400,000
THE GRNS AT LEISURE WRLD	15101 Interlachen Dr #1-506	\$175,000
THE GRNS AT LEISURE WRLD	15101 Interlachen Dr #1-910	\$225,000
THE GRNS AT LEISURE WRLD	15107 Interlachen Dr #2-418	\$315,000

#### Homes we Sold and Brought in the Buyer

Mutual	Address	Price
FAIRWAYS N	3310 N Leisure World Blvd #519	\$245,000
FAIRWAYS S	3330 N Leisure World Blvd #325	\$210,000
FAIRWAYS S	3330 N Leisure World N#1002	\$285,000
ROSSMOOR MUTUAL #15	15405 Wentbridge Ct #43-A	\$538,000
ROSSMOOR MUTUAL #16	3408 Parker Creek Ln #95-B	\$550,000
ROSSMOORMUTUAL #19B	15310 Beaverbrook Ct #89-3G	\$180,000

The above data was obtained from BrightMLS and is deemed reliable but not guaranteed.  
The above listings and sales represents eXp Realty transactions in 2023.

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# HEALTH & Fitness

## Flu Vaccine Clinics Accepting Walk-ins

Residents can come to the flu vaccine clinics without an appointment, MedStar Health has notified Leisure World management.

Residents who wish to ensure that they have an appointment during one of the clinics may phone MedStar Health at (301-598-1005).

The remaining flu vaccine clinics at Leisure World are:

### Indoor Flu Vaccine Clinic

- Date – Oct. 12
- Times – 9 a.m.-4 p.m.
- Location – Clubhouse I (Ballroom or Maryland Room)

### Curbside Flu Vaccine Clinics

- Dates – Oct. 10
- Times – 9 a.m.-4 p.m.
- Location – Clubhouse II

Bring your government-issued ID, Medicare B (blue, red and white card) and prescription insurance cards to your appointment.

– Leisure World News

### Health Committee

## Oct. 12: Protect Yourself by Preventing Falls

by Ellen Lederman

Have you fallen in the last year? Seniors are at a greater risk for falling and getting hurt than other age groups.

Fortunately, there are many simple ways to keep from becoming one of the statistics. The Health Committee presents a fall prevention program conducted by a retired occupational therapist on

Thursday, Oct. 12, at 1 p.m. in Clubhouse II.

She will demonstrate and model ways to stay safe in one's environment – the bedroom, kitchen, bathroom and living room. Additionally, the challenges of walking outside safely will be addressed. Use of self-care equipment and techniques will be demonstrated.

Registration is not required. For everyone's safety participants are asked to wear a mask.

### Lions' Vision Support Group

## Oct. 11: Learn About Communication Lifelines Offered by Metropolitan Washington Ear

by Larry Cohen

The Lions' Vision Support Group's next meeting is on Wednesday, Oct. 11, at 2 p.m. in Clubhouse II. The speaker is Neely Oplinger, executive director of the Metropolitan Washington Ear (MWE).

The non-profit organization provides reading and information services for blind and visually impaired people. "It's a lifeline; that's what we hear from listeners," Oplinger said in a recent interview. "For some people, it reduces the feeling of isolation and the frustration of not being able to do everything."

MWE volunteers read aloud key stories from local papers and magazines so they can be digitized, broadcast and then heard by listeners 24/7 using special free radios provided by the organization. A separate Metropolitan Ear telephone service provides listeners with even more information.

MWE also offers audio descriptions for local live theater performances, enabling blind and visually impaired people to better enjoy the arts.

### Guidance and Peer Support

The Support Group's articles often offer information about issues related to low vision. However, the information does not replace regular consultations or visits with eyecare professionals.

Feel free to join the Support Group's meetings whether visually impaired or fully sighted. If residents have questions, members either have or will find the answers. Vision loss is often frightening, but members have experienced it, survived and even thrived.

The Support Group helps residents and their loved ones navigate through vision loss. Remember that once a person's visual impairment is accepted, he or she can find the tools and learn the skills needed to live a normal life.



For more information, contact Larry Cohen at

(topops@aol.com) or (908-770-9111).

### Lions Club

## Oct. 16: Club Learns About Fall Prevention and Recovery

by Larry Cohen

Join the Lions Club for its next meeting on Monday, Oct. 16, at 5 p.m. in Clubhouse I. Fall prevention and recovery after a fall is the topic.

The meeting will include a PowerPoint presentation, discussion and demonstration on adult safety. All residents are welcome for this all-important meeting.

Every second of every day, an older adult (age 65-plus) in the U.S. suffers a fall, making falls the leading cause of injury and injury death for seniors, according to the Centers for Disease

Control and Prevention. About 36 million falls among older adults are reported annually, and they result in more than 32,000 deaths each year.

However, falls do not have to be an inevitable part of aging. Having one's vision checked regularly and keeping the home free of obstacles are two ways to reduce fall risks.

The Club's meeting on Monday, Nov. 20, is a meet and greet with the Leisure World community. Learn how you can help the Club help others. Bring a friend and make some friends.





■ **FISH (Friends In Sickness and Health)**

# FISH Accepts Donations and Lends Assistive Equipment

by Beth Leanza

**F**riends In Sickness and Health (FISH) is collecting cardboard tubes (toilet paper and paper towels centers) for a resident who donates them to a classroom.

The FISH office also has a drop-off box for the Lions Club to collect eyeglasses and hearing aids. It also has a box to collect pop tabs from cans to raise funds for Ronald McDonald House, which provides low-cost accommodations for families that have a child receiving cancer treatment far from home.

## About FISH

In addition to collecting for causes, FISH's primary mission is to accept donations of assistive equipment such as wheelchairs, shower chairs, commodes and walkers and lend these items indefinitely or give them to residents.

FISH lends equipment for as long as the borrower needs it – no fee, and no prescription needed. FISH volunteers try to ensure donated equipment is safe to use but encourage residents to check with a medical professional before borrowing an item. Donations are sanitized.

Don't like an item? Just return it to the FISH office. A person such as a neighbor or family member is welcome to borrow an item on a resident's behalf. He or she will only be asked to provide the borrower's name and phone number.

Keep in mind that FISH is not a 501(c)(3) and cannot issue receipts for donations.

## FISH Office

To get to the FISH office, walk directly down the corridor from the Lifestyle office toward the Ceramics Studio. The FISH office is near the end of the corridor on the left. The parking lot around the back of Clubhouse II near the tennis courts is the one closest to FISH.

The FISH office's schedule is available online at (<https://rb.gy/xk33qa>). FISH is open Monday to Friday (except major holidays) from 10 a.m.-1 p.m., 1-4 p.m. or both sessions.

Call the FISH office at (301-598-1345) or visit (<https://rb.gy/xk33qa>) to see if a volunteer is on duty. Donating, returning and borrowing items is best done when a volunteer is there.

## Medical Equipment

Much like FISH, Maryland Durable Medical Equipment Re-use accepts donations of medical equipment that it lends to people. An appointment is needed, and the borrower must fill out a loan form. The organization does not enter private homes. For information, call (240-230-8000).

## Lost Something?

FISH also houses lost and found items that are turned in to the Lifestyle office. The items are stored in the FISH office's closet. The volunteer on duty can search the closet for your lost item. Among other things, the closet has a few phones and lots of orphan earrings.

## New Volunteers

Those who would like to volunteer with FISH should call Beth Leanza at (301-598-4569) to set up a training session.

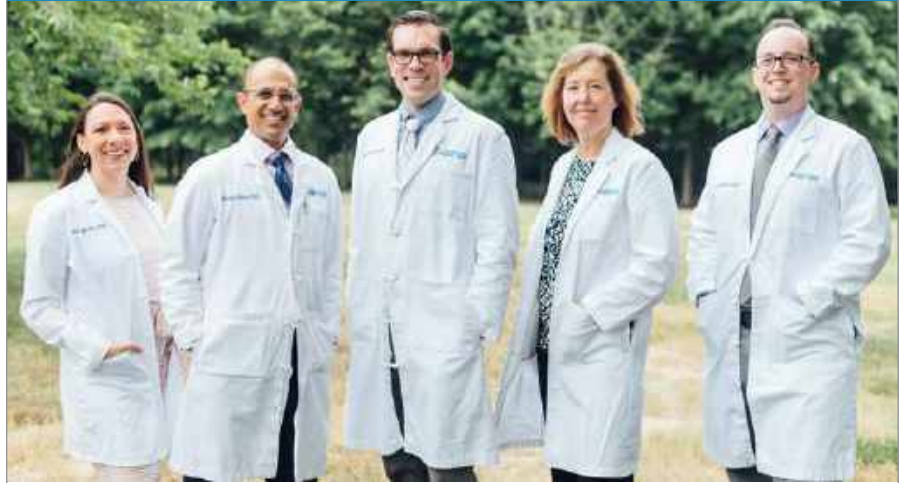
Volunteering with FISH is not complicated – it just involves some simple filing. And it feels so good to help someone! A kind, generous attitude is the most important attribute for a FISH volunteer to possess.

## Give to FISH

From time to time, FISH needs new loan forms or property stickers. FISH can also spray any donation with alcohol if needed. The office has a small donation jar on its desk. Have some loose change? Think of FISH!



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## Health & Fitness In Brief

**Alcoholics Anonymous (AA):** AA is a confidential, 12-step program that welcomes anyone who has the desire to stop drinking. The two Leisure World Zoom meetings every week: Monday at noon (Step Meeting) and Thursday at 6 p.m. (Big Book discussion). The Monday meeting is in person in Clubhouse I and on Zoom. The Thursday meeting is only on Zoom. For both meetings, the Zoom ID is (867-6617-0213) and the passcode is (532-868). For more information, call Maureen at (240-755-7275) or Don at (301-598-3176).

**Alzheimer's Association Caregiver Support Group:** The support group provides a place for caregivers, friends and family to share valuable information, caregiving tips and concerns through their Alzheimer's journey. Meetings are virtual on the first and third Wednesday of the month at 3 p.m., and in person once monthly either on a Monday or Tuesday at 1 p.m. in the Clubhouse I Terrace Room restaurant. Contact the facilitators for details: Sandy Levy at (617-291-4605) or (smlevy54@gmail.com) or Nina Helwig at (ninahelwig5@gmail.com) or (301-502-7744).

**Bereavement Support Group:** If your spouse or long-term partner died in the recent past, you may be eligible to participate in a twice-monthly bereavement support group that meets every Tuesday via Zoom. CaringMatters sponsors group meetings. Registration and a phone conversation with the director of adult bereavement at CaringMatters are required before attending. If interested, please call the Office of Adult Bereavement Services (301-990-0854).

**Fitness Center:** Trainers are on duty during current hours and can assist residents with equipment and facilities Monday through Friday, 7:30 a.m.-4:30 p.m., and Saturday, 7:30 a.m.-11:30 a.m. One-on-one fitness center training sessions are available.

**Free Blood Pressure Testing:** Come to Clubhouse II for

free blood pressure testing, available on the first and third Tuesdays of the month from 9:30-10:30 a.m.

**Memory Café:** The Alzheimer's Association memory café offers a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. All meetings are virtual during the pandemic, on the last Thursday of the month from 2-3:30 p.m. in Clubhouse II. If you are interested in joining our group, contact Sheila Griffith at (240-844-3608) or (sagriffith@alz.org) or Nooshin Javan at (noonoojan@comcast.net).

**Living Better with Parkinson's Support Group:** The Group was created under the auspices of the Parkinson Foundation of the National Capital Area to provide education and support to persons with Parkinson's disease (PD) as well as their families and caregivers. The group meets for one hour weekly on Thursdays at 10 a.m. via Zoom, except on holidays. All aspects of Parkinson's are discussed by the group, as well as optimizing lifestyle, new treatments and advances in understanding the causes and neurobiology of the disease and related neurodegenerative disorders. There are no memberships or fees to pay, and the meetings are open to anyone who may be interested. For questions or a Zoom invitation, contact Bill Bronson at (314-494-5967) or (billbronson@gmail.com).

**Vegetarian Society of Leisure World:** Our mission is to support group members in maintaining a healthy lifestyle by eating a plant-based diet. Educational meetings are held on the third Wednesday of each month at 7 p.m. in Clubhouse II (no meetings in July and August). For more information, visit our website at (vslw.org) or contact Club president Jan Woodson at (eileen1415@gmail.com).

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OCTOBER & NOVEMBER

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Both programs will be held in the Gathering Room of Brooke Grove Rehabilitation and Nursing Center, 18131 Slade School Road on the Brooke Grove Retirement Village campus, with direct access from the lower level parking lot. Please register as indicated below or contact Toni Davis at 301-388-7209 or [tdavis@bgf.org](mailto:tdavis@bgf.org).

## LIVING WELL SEMINAR: “WISDOM FOR AGING WELL”

TUESDAY, OCTOBER 17  
10:30–11:45 A.M.

During this seminar, a panel of senior service professionals will discuss strategies for aging with wisdom, including:

- Developing simple living well and advocacy plans
- Staying ahead of family issues
- Organizing and rightsizing your home
- Where to get help and support at home
- When it is time to find a new place to live

Free Session

Register by October 16 at [bit.ly/BG2023Wisdom](https://bit.ly/BG2023Wisdom)

## LIVING WELL SEMINAR: “MEDICARE 2024 — WHAT YOU NEED TO KNOW TO GET THE BEST BENEFITS”

TUESDAY, NOVEMBER 14  
10:30–11:45 A.M.

Find the answers to questions such as “What do Medicare A and B cover? How does Medicare Part D work? Do I need Part C? What state and federal programs am I eligible for? Medicare doesn’t pay for everything, so what else do I need?”

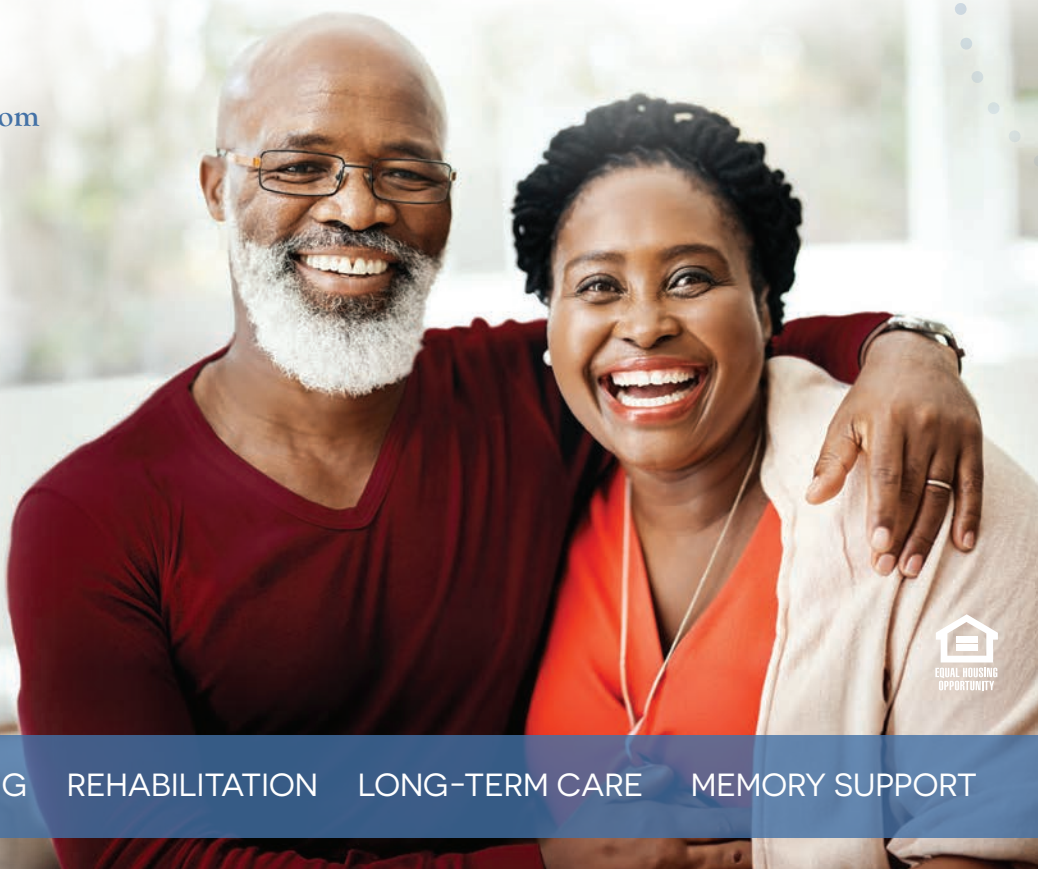
Free Session

Register by November 13 at [bit.ly/BGMedicare2024](https://bit.ly/BGMedicare2024)



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# CLUBS, GROUPS & Organizations

## ■ Kiwanis Club

### Kiwanis Learn How to Use AEDs

The Kiwanis Club sponsored an information forum on the use of the automated external defibrillator (AED) on Sept. 12.

The forum was given by Lt. Irvin Smith, Montgomery County Fire and Rescue Service's community action coordinator. He spoke for two hours and emphasized the need for AEDs, saying they are easy

to use and save lives. He promised to return to demonstrate how to do CPR.



Kiwanis Club president Steve Cohen and Lt. Irvin Smith, courtesy photo

– Steve Cohen

## ■ The Washingtonians

### Oct. 18: The Washingtonians Meet

The next meeting of The Washingtonians is on Wednesday, Oct. 18, from 1-3 p.m. in Clubhouse I.

Members are requested to bring a yearbook from a Washington, D.C., school they attended, to share with the group. Feel free to bring a friend to join in the Group's reminiscence of D.C. past.

For questions or suggestions, contact Betty Gray at (202-302-2386).

– Betty Gray

## ■ Ballroom Dance Club

### Looking Ahead to Dance and Classes

The Ballroom Dance Club's holiday dance on Saturday, Dec. 23, will feature the ever-popular soloist Mike Surratt plus some extra special surprises to make the evening festive and memorable. More information will come later.

#### Dance Classes

Long-time Club supporters and dance instructors Ron and Amy Wagaman continue the dramatic Argentine tango and the playful, energetic samba classes in an abbreviated two-week session this month, with more classes coming in November. See the Classes and Seminars section of this edition for registration information.

– Ida Leong

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## ■ Club Helping the Homeless and Working Poor

### Oct. 18: Donate Winter Coats and Caps for Kids

by Arlene Thies

The Club Helping the Homeless and Working Poor (CHWP) holds its annual winter coats and caps for kids drive on Wednesday, Oct. 18, from 9 a.m.-noon.

Drop off coats and caps under the portico of The Interfaith Chapel, located at 3680 South Leisure World Boulevard.

The CHWP is accepting new and/or clean and gently used winter coats of any size for men, women and children. Please start looking through closets and asking family and friends for outgrown kids' coats.

Residents who knit or

crochet are asked to consider taking some time to create caps for needy children. The CHWP accepts handmade knitted, crocheted and/or store-bought winter caps for children.

All donated coats and caps will be given to Interfaith Works Clothing Center, which serves Montgomery County residents. Interfaith Works will pick up the coats and caps the day of the drive.

The CHWP thanks residents for caring enough to keep others warm in the coming cold weather. For questions, email Kathleen McCauley at ([mccauley31@gmail.com](mailto:mccauley31@gmail.com)).

# Guild's Artists Continue to Grow

by Judy Kirkland

Is it too late to begin drawing and painting? Is an artist ever too accomplished to grow even better?

For the Rossmoor Art Guild (RAG), the answer is “no.” That’s why RAG instructors design each class and workshop to encourage newcomers and challenge seasoned artists. How is it possible to do both?

“It’s about meeting people where they are,” explains Helen Jeffery, who teaches RAG’s Thursday afternoon drawing class. “We look at masterworks with inquisitive eyes — how did each artist achieve their effect? Then we explore how both new and accomplished artists can apply the same techniques and make them their own.”

Another excellent example of helping everyone grow is the recent watercolor collage



From left, portrait by Helen Jeffery, photo by Helen Jeffery; Nancy Belknap with her watercolor collage inspired by Firouzeh Sadeghi's workshop, photo by Kathi Carlson; and Judy Kirkland's still life, photo by Judy Kirkland

workshop. Firouzeh Sadeghi, who teaches RAG’s Thursday watercolor class, spent months painting papers with colors and textures. During the workshop, she demonstrated how to tear the papers — leaving pure white borders — and compose shapes into watercolor collages. Both beginners and experienced artists were delighted with this fresh technique.

In a recent Tuesday all-media class, Ron Erlich

was teaching still life. He encouraged beginners simply to see shapes — spheres, cubes, triangles — while challenging advanced students to use color theory to create shadows toned with complementary hues.

In Genevieve Roberts’ Wednesday class, artists of all skill levels work on everything from acrylics painted with a palette knife to landscapes done in oils. Monday afternoon instructor Bill Mapes helps

a student put the finishing touches on a portrait while teaching another student composition. The same dynamic is at work on Fridays in Alex Michaels’ watercolor class.

Join in the fun! Coming up next: pocket sketching and book-page sculptures. Find information in the studio foyer in Clubhouse I or at RAG’s website, ([www.RossmoorArtGuild.org](http://www.RossmoorArtGuild.org)).

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Reports provided by Charles Chapman, Associate Broker, and Debbie Browne - The Encore Team with RE/MAX Realty Services: 240-403-0400, x319 - Authorized Leisure World Specialist -

# Oct. 10: Club Learns About Photographing Doors and Windows

by Louis Paley

Photographer Denise Silva presents information to the Rossmoor Camera Club on photographing doors and windows on Tuesday, Oct. 10, at 7 p.m. via Zoom. Club members will photograph doors and windows for a competition later this month.

Silva's interest in photography started when her grandmother would share images from her travels to Egypt and Africa for safari. These evenings watching slideshows with her grandmother planted the seed. The seed took root, and after 35 years, Silva is very active in travel photography and a part of Road Runner Photography Tours.

She has been recognized by Nature Photo Guides as one of the Top 200 Women Photographers Who Inspire and has had multiple articles published in Extraordinary Vision Magazine. Silva was a featured artist in Breakthrough Photography's Guide to Night Sky Photography.

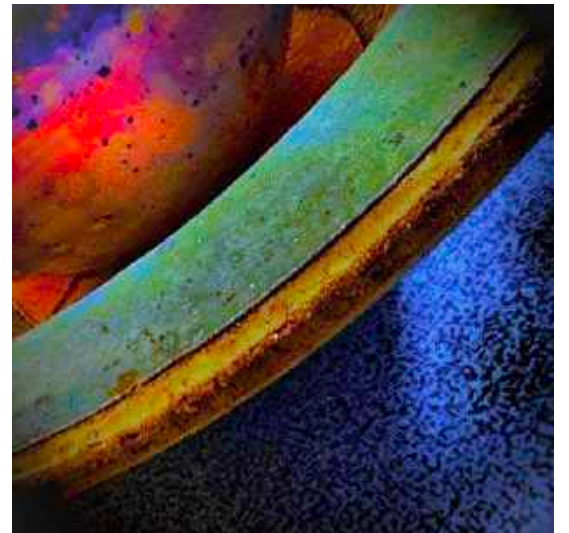
Her passion is to share her knowledge of photography while



Denise Silva, courtesy photo



Clockwise from left, "Swing Bridge" by Barbara Kristal, "Ceramics" by Bob Schultz and "Lonely Windmill" by Judy MacArthur



introducing people to amazing landscapes, wildlife and other peoples all over the world.

Silva has contributed articles to the Fujifilm X website and has been interviewed by Peggy Farren of Understanding Photography

on overcoming the challenges of street photography. She has published three images in Black & White Magazine, 2021, smartphone issue.

Silva embraces the idea that every day above ground is a good

one, so get out and enjoy.

## Competition Winners

At the end of September, the Club held an open competition with no specific theme. Mike Washington from the Maryland Photographic Alliance was the judge.

The winners in the general category are: 1st place: Barbara Kristal, "Swing Bridge"; 2nd place: Joel Kristal, "Fox Kits on a Rock"; 3rd place: Jean DeSchraver, "Dancing Tables"; and honorable mentions: Shannon Shea, "Barred Owl"; Julie Thomas, "Rocky Mountain Ground Squirrel" and "Swallowtail Butterfly"; Jo Witt, "Colored Ice Cubes";

Ann Ferren, "Taking a Break"; David Mahler, "View Below Bay Bridge"; Joel Kristal, "Ducks Not in a Row"; Walt Livingston, "York County Fair"; and Fred Shapiro, "Beautiful Blooms in Leisure World."

The winners in the intermediate category are: 1st place: Bob Schultz, "Ceramics"; 2nd place: Blair Blankinship, "Hummingbird and Flower"; 3rd place: Julie Friedman, "Chilean Patagonia"; and honorable mentions: Louis Paley, "Hummingbird Moth"; Ruthe Kaplan, "Mine"; Emmy Vickers, "Gorilla Stop and Smell Grass"; Julie Friedman, "March of the Cicadas"; and Stu Lillard, "Are There Any Birds Left" and "Windows of Light."

The winners in the advanced category are: 1st place: Judy MacArthur, "Lonely Windmill"; 2nd place: Joanne Mars, "Sarkrisoy Lofoten Norway"; 3rd place: July MacArthur, "Amaryllis on White"; and honorable mentions: Kent Mason, "Old Staircase"; Brenda Gillum, "Oystercatcher Digging"; and Joanne Mars, "A Drop on a Lily" and "Yellowstone Morning Mist."



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# Oct. 9: Club Hosts Plant Swap

by Barbara J. Coppola

The next meeting of the Garden and Environmental Club is a plant swap on Monday, Oct. 9, at 10 a.m. in Clubhouse I and the lanai. Members get the first choice of items. If bringing a plant to swap, label the plant if possible. Plant containers and garden books are also welcome for swapping.

On Monday, Nov. 13, the Club will learn about "Olmsted and America's Urban Parks," a documentary narrated by Kevin Kline.

Membership renewals are encouraged prior to the Oct. 9 meeting. Mail a \$10 check, payable to "G&E Club," to membership chair Carolyn McShane at (3521 S. Leisure World Blvd., Silver Spring, MD 20906). New members are always welcome!

## Leisure World Gardens

At the September meeting,

Jennifer Dabson, Landscape Committee co-chair, and member Jane Gervais gave the Club a virtual tour of the community's beautiful gardens. These gardens are on Trust property within Leisure World and are separate from the golf course and the mutual areas.

The tour began at the main entrance on Georgia Avenue with the recently repainted globe. New plantings and lovely, white stones, which were previously hidden, were placed last year.

Next, the tour visited Edmonson Park, turning right just after coming through the main gate. The park has seen added plants and beautification over the past several years that continues today.

Near the Clubhouse I entrance are several lovely settings: Daffodil Park to the south, and Cascade Park and Veterans Park in the center. Around the building near the

restaurant area is the atrium, and near the Chesapeake and Maryland Rooms new plantings have been planned.

At the circular driveway area outside the restaurant is a bio-retention pond with new plantings that will grow larger in the coming years as they do their job to infiltrate and treat stormwater runoff. Just across the Boulevard from Clubhouse I is Bedford Slope, and further along Leisure World Boulevard is a small area of plants near Hyde Park.

Behind Clubhouse II is Dora's Conservation Garden, named after a previous chair of the Landscape Committee. Next is the Medical Center, with its new sourwood tree recently donated by the Club. Continuing on the Boulevard, the tour highlighted The Overlook's water feature, with ponds, a gazebo, fountains and lovely plantings.

Continuing up the hill, the tour reaches Magnolia Park,

with its butterfly and conservation bee gardens. Another pollinator garden can be found at the corner of Gleneagles Drive and South Leisure World Boulevard across from The Inter-Faith Chapel.

The Landscape Committee plans to produce a map and a detailed description of each of these areas.

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# Oct. 11: Collector Presents ‘Amethyst Country: Rio Grande do Sul, Brazil’

by Frank Roddy

The Gem, Lapidary and Mineral Society (GLMS) holds its next meeting on Wednesday Oct. 11, at 7 p.m. in Clubhouse II.

The meeting’s presentation by Dr. Bob Farrar is entitled “Amethyst Country: Rio Grande do Sul, Brazil.” Farrar is a long-time collector of rocks, minerals and fossils. He has traveled extensively in pursuit of this hobby and has published numerous articles on the subject.

Farrar has made several trips to Rio Grande do Sul, Brazil, the source of much of the amethyst on the gem and mineral market, most recently in May of this year. He has been able to visit active amethyst mines and to view the process by which the material is mined, prepared and marketed. He will

present a slideshow on his travels and will also display specimens acquired along the way.

Farrar is an active rockhounder and recently returned from Maine on a rockhounding trip. He is also a dealer at local mineral shows. He holds a doctorate in entomology (the study of insects) and is retired from the U.S. Department of Agriculture. He is a member of the Chesapeake Gem and Mineral Society.

### About GLMS

The GLMS holds meetings on the second Wednesday of the month at 7 p.m. in Clubhouse II. Meetings are open



From left, cristobalite in amethyst, amethyst flower and amethyst geode, photos courtesy Dr. Bob Farrar

and everyone is welcome.

Membership is \$15 per year with the Club year beginning in September. Lapidary shop facilities are extensive, and members can be trained to cut and shape stones by shop steward Dan Kohn, available at (732-208-9213)

or (DanKohn@comcast.net).

These stones can then be used by members to make their own jewelry. The annual lab fee is \$15 for residents.

Direct questions concerning membership to GLMS president Frank Roddy at (roddy.frank2014@comcast.net) or (301-598-3698).



Dr. Bob Farrar, courtesy photo

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Deborah L. Potter, Esquire  
[Dpotter@agcpeerreview.com](mailto:Dpotter@agcpeerreview.com) or  
[admin@agcpeerreview.com](mailto:admin@agcpeerreview.com)



## ■ Wood Shop Users Group

# Oct. 24: Wood Shop to Discuss Plans and Elect Officers at Annual Membership Meeting

by David Nachtsheim

The Wood Shop conducts its annual general member meeting on Tuesday, Oct. 24, from 7-9 p.m. in Clubhouse I. A quorum of 15 members is required to conduct business.

The Wood Shop's board of directors plans to hold the meeting in person, with Zoom available to those who wish to attend remotely.

If necessary, the board may change to a Zoom-only meeting or may require masks to be worn or proof of vaccination from those attending in person. Members will be notified by email of the decision after the Wednesday, Oct. 18, board meeting.

### Agenda and Election

The Oct. 24 meeting agenda will include a review of operations over the last year, plans

for the coming year, decisions regarding budget, dues and fees for 2024, and election of officers.

The agenda will be sent by email to all members prior to the meeting. Nominations for the officer election may be presented from the floor. A member may nominate another member or self-nominate. No proxy voting will occur.

### Zoom Details

A Zoom meeting invitation link will be sent by email to all members to accommodate those who choose to attend remotely. Members who do not have email should call the Shop to discuss how to attend.

Residents who wish to attend the meeting via Zoom may contact the Shop to request the meeting link. Requests may be declined due to the Zoom limit on meeting size.

Non-members who choose to attend may only observe the proceedings. Zoom attendees who choose to submit comments and questions via the Zoom chat function should include their email address, since responses will not be provided immediately during the meeting.

### Contact Information

The Wood Shop is available by email at (lwwshop18@gmail.com), by phone at (301-598-1308) and by postal mail at (Leisure World of Maryland Wood Shop, C/O Lifestyle Office, 3700 Rossmoor Blvd., Silver Spring, MD 20906).

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# Come See 'The Drowsy Chaperone' and Get Tipsy on Hilarity

by Hannelte Allen, Steve Bennof and Maggi Lindley

One never knows what problems can occur when an inebriated chaperone is responsible for a bride on her wedding day – the premise of Fun and Fancy Theatre Group's fall play, "The Drowsy Chaperone."

The production, directed by Duane Monahan, opens on Friday, Nov. 10, at 7:30 p.m. in the Clubhouse II Auditorium. Subsequent performances are on Saturday, Nov. 11, at 7:30 p.m., Sunday, Nov. 12, at 2:30 p.m., Friday, Nov. 17, at 7:30 p.m., Saturday, Nov. 18, at 7:30 p.m. and Sunday, Nov. 19, at 2:30 p.m.

Tickets are \$10 for members and non-members and are sold in the Clubhouse II lobby starting three weeks before opening night.

The play is narrated by

a nostalgic middle-aged man who misses the old musicals. His favorite show is "The Drowsy Chaperone," which he introduces by putting his old record on the phonograph, and then the fun begins.

The play is filled with hilarious, stereotypical characters who sing and dance their way through the show. Mix in two lovers on the eve of their wedding, a bumbling best man, a desperate theatre producer, a not-so-bright hostess, two gangsters posing as pastry



From left, Fun and Fancy performers Chris Wright, Clydis Kellough and Ida Leong tap dance to "Raindrops Keep Fallin' On My Head" and Michelle Tatum dances as Alex Nikolsky sings "What's New Pussycat?" at Hillhaven Assisted Living on Sept. 14. Photos by Steve Bennof

chefs, a misguided Don Juan and an intoxicated chaperone, and you have the ingredients for an evening of madcap delight.

"The Drowsy Chaperone" debuted at The Rivoli in Toronto, Canada, in 1998, and, after a 2005 run in Los Angeles, California, opened on Broadway on May 1, 2006. The show was nominated for multiple Broadway and West End theatre awards, winning five Tony Awards and seven Drama Desk Awards.

Fun and Fancy's production of Gayden Wren's "A Gilbert and Sullivan Christmas Carol," an operetta based on Charles Dickens' well-known classic story, "A Christmas Carol."

All the beloved characters in Dickens' story will be featured on the Auditorium stage in Clubhouse II. The show is performed on Friday, Dec. 8, and Saturday, Dec. 9, at 7:30 p.m. and on Sunday, Dec. 10, at 2:30 p.m.

Tickets are \$10 each and will be on sale for three weeks before the show; exact dates and times will be announced soon. They will also be on sale at the door before all three performances.

## Fun and Fancy Outreach

In October, Fun and Fancy's Outreach performs at The Village in Rockville. In November, Holy Cross in Silver Spring hosts the performers. And in December, Outreach visits Winter Growth in Olney. Members interested in joining Outreach should call director Nancy Koski at (301-633-7090).

## Volunteers Needed

The Group needs volunteers to sell tickets for "The Drowsy Chaperone" in November and "A Gilbert and Sullivan Christmas Carol" in December. Tickets are sold beginning three weeks before both shows' opening nights and require two sellers during each of the daytime shifts, 10 a.m.-noon and noon-2 p.m.

The Group thanks all volunteers in advance!

## December Show

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## ■ Center for Lifelong Learning

# Oct. 16: 'A Cosmic Journey Through Time and Space'

by Aaron Navarro

Have you ever thought of traveling through time or exploring other universes? That possibility is becoming increasingly real.

To reveal these possibilities to residents, the Center for Lifelong Learning (CLL) has asked Aaron Navarro, amateur astronomer and computer scientist, to present "A Cosmic Journey Through Time and Space" on Monday, Oct. 16, at 2 p.m. in Clubhouse I.

Residents interested in attending this free presentation should register by calling the Lifestyle office in Clubhouse II at (301-598-1320) or

by stopping by the office in person. Registrants must be vaccinated against COVID-19; masks are optional.

For more details about the presentation, visit CLL's website at ([www.clld.com](http://www.clld.com)).

### About the Presentation

Navarro will present the latest advances in quantum physics and astrophysics and prove that traveling through time and hopping around multiple universes is indeed possible.

His presentation will cover such topics as wormholes, time dilation, cosmic inflation and warping, the Einstein-Rosen bridge and teleportation.

### About the Presenter

Navarro is a computer scientist with a Ph.D. from the University of Maryland and is retired after more than 40 years in the IT profession.

He managed research and development projects for the National Library of Medicine, one of the institutes of the National Institutes of Health. His projects encompassed several disciplines including system development, artificial intelligence and image and natural language processing.

He was also a part of the computer science adjunct faculty at Johns Hopkins University.

For information on all CLL



Aaron Navarro, courtesy photo

courses and lectures, visit ([www.clld.com](http://www.clld.com)).

## ■ Center for Lifelong Learning

# Oct. 27: 'Building a Stronger and More Inclusive Multiracial Democracy'

by Fred Shapiro

Each citizen has a role to play in whether U.S. democracy survives and is strengthened, or whether it becomes further splintered and frayed, which could result in unfavorable outcomes.

Americans can harness their collective energy to construct and strengthen a more multiracial, inclusive and engaged democracy that allows people to listen to and respect one another's humanity and voice.

To address these concerns, the Center for Lifelong Learning (CLL) has asked Teresa Blair, M.S. to present "Building a Stronger and More Inclusive Multiracial Democracy" on Friday, Oct. 27, from 2-4:30 p.m. in Clubhouse I.

Residents interested in

attending the presentation should register to attend by calling the Lifestyle office in Clubhouse II at (301-598-1320) or stopping by the office in person.

Registrants must be vaccinated against COVID-19; masks are optional. For more details, visit ([www.clld.com](http://www.clld.com)).

### About the Presentation

What are the potential consequences of not having an inclusive and multiracial

democracy? The presentation is designed to offer a comfortable space for participants to discuss how they can play a part in building and strengthening a democracy that is diverse and inclusive and that effectively responds to the needs of its citizens.

The presentation will explore this theme through guided small group discussions and activities and explore how we as diverse individuals from various

backgrounds and experiences can play a significant part in how our democracy is sustained and strengthened.

Participants will also discuss some of the threats and impediments to a strong, multiracial democracy and how citizens can collectively overcome these threats to ensure that a multiracial and inclusive democracy is actualized and sustainable for everyone.

Participants are encouraged to actively participate with an open mind and to engage in courageous conversations; everyone might perceive of and define democracy differently. It is through sharing individual perceptions, experiences and concerns that participants can identify how a strong democracy should function and work for everyone and how citizens of a democracy can ensure that democracy survives.

### About the Presenter

Blair is the Founder of Human Connectivity, LLC, launched in 2021 during the COVID-19 pandemic as an act of faith to begin the process of planting a "seed" to

create comfortable spaces for participants to work collaboratively across cultures and backgrounds through creative projects and discussions for social change.

She has worked for the past 17 years for the County's Department of Health and Human Services in Rockville, where she also served as a peer facilitator for an employee training program that focused on 'Creating a Culture of Equity.'

Blair has also worked with non-profits in D.C. and has experience teaching English as a foreign language as well as social justice and human rights education via the arts in Japan, at a refugee camp in Thailand and briefly in Johannesburg, South Africa.

She is pleased to return to Leisure World as a presenter for CLL; her last workshop, "The Gathering Space Creativity Workshop," was presented in Aug. 2022 and was well received.

For information on all CLL courses and lectures, visit ([www.clld.com](http://www.clld.com)).



Teresa Blair, courtesy photo

# Nov. 14: 'How the Civil War Forged the Modern American Thanksgiving'

by Fred Shapiro

The Center for Lifelong Learning (CLL) has invited public affairs specialist Brad Stone to discuss "How the Civil War Forged the Modern American Thanksgiving" on Tuesday, Nov. 14, at 2 p.m. in Clubhouse I.

His fun and educational talk covers the complete history of one of America's most beloved holidays – Thanksgiving. It traces how an informal harvest festival celebrated by the Pilgrims in 1621 was eventually transformed into a holiday celebrated throughout the nation in public pageantry and in cherished family get-togethers.

The presentation focuses on the role the Civil War played in creating the modern Thanksgiving as a means of developing a new national identity. The presentation explains the

ways in which pro-Union and abolition forces in the decades leading up to the Civil War increasingly used the symbolism of the Pilgrims' Thanksgiving to advance the cause of a unified, free America.

## Registration

Residents interested in attending this free program should register beginning Tuesday, Oct. 10, at 9 a.m. by calling the Lifestyle office in Clubhouse II at (301-598-1320) or stopping by the office in person.

The program is available to a maximum of 25 participants. Registrants must be



Brad Stone, courtesy photo

vaccinated against Covid; masks are optional. For more details about the program, visit ([www.clldm.com](http://www.clldm.com)).

## About the Presenter

Stone is a former U.S. government senior public affairs executive who headed the public affairs operations of the U.S. Food and Drug Administration and the U.S. Substance Abuse and Mental Health Services Administration.

He currently combines his interest in the Civil War and medical history by volunteering as a docent at both the National Museum of Civil War Medicine in Frederick, Maryland, and aboard the U.S.S. Constellation

in Baltimore's Inner Harbor.

Over the past few years, he has given presentations at a wide variety of venues, including the Gettysburg Heritage Center in Gettysburg, Pennsylvania, the Clara Barton Missing Soldiers Office Museum in Washington, D.C., the Antietam National Battlefield Park in Antietam, Maryland, and the National Museum of the U.S. Navy at Washington Navy Yard in Washington, D.C. Two of his presentations have been nationally broadcast on C-SPAN II American History TV.


For history buffs, his will be a most interesting program. Residents may come prepared to ask any questions they have on the subject.

For information on all CLL courses and lectures, visit ([www.clldm.com](http://www.clldm.com)).


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■ Leisure World Tech

# Need to Get Rid of Your Digital Junk? Here's How

by Marcia Fletcher

While some seniors are not quite ready to sign on, it is clear that the age of technology is here to stay, and there is a growing pile of digital trash to prove it.

So, it's not surprising that those residents of Leisure World who have happily embraced technology may find themselves wondering what to do with a box full of outdated computers, pads, pods, phones and cables, not to mention unrecognizable black boxes whose origins are long forgotten.

The answer could be Leisure World Tech's recent partnership with Phoenix Computers, a non-profit organization located in Rockville that provides recycling services for computers and related equipment.

"Phoenix Computers refurbishes donated equipment and redistributes it to low income and disabled users at affordable prices," said David Merritt, vice president of Leisure World Tech. "We now have an agreement with them that enables Leisure World residents to use their services."

In the past, the Technology Resource Center accepted used equipment, but in most cases the volunteer staff was not able to salvage it for reuse, Merritt said. "Phoenix Computers is set up to deal with donations and to get refurbished devices into the hands of people who need them. The center is no longer accepting used equipment."

Giving old equipment a new purpose also keeps it out of landfills where toxic chemicals used in the manufacture of the devices can leach into the soil and groundwater. "It is estimated that every week more than 16 tons of computer equipment is thrown into local landfills," according to Phoenix Computer's website.

Phoenix accepts many different types of computers, working or non-working. Peripherals, such as keyboards and mice, must be in working condi-

tion. For more information, call (301-881-4500) or visit ([www.phoenixcomputers.info/index.htm](http://www.phoenixcomputers.info/index.htm)).

Donated equipment must be taken to the organization, which is located at 11910-G Parklawn Drive in Rockville. The center is open on Mondays and Wednesdays from 10 a.m.-4 p.m. Donations may be tax deductible.

## LeisureWorldTECH

### New Website

Leisure World Tech is celebrating the beginning of fall

with the launch of a new website at ([www.leisureworldtech.org](http://www.leisureworldtech.org)) on Friday, Oct. 6.

The new site, which has been in the works since last May, will provide online registration for classes and events and links to articles and video programs, as well as descriptions and information about the organization's resources, programs and activities. Additional interactive features and content will be added in the coming weeks.

### 'Saturday at the Center'

Residents whose web browsing includes an occasional visit to YouTube may want to attend the next "Saturday at the Center" program, which will offer a glimpse into the many digital delicacies offered by YouTube channels along with advice on how to find videos that deal with specific topics.

Learn more about this many-faceted web resource on Saturday, Oct. 14, at 2:30 p.m. The program will be offered via Zoom and in person in Clubhouse II. Send an email to ([leisureworld.tech@gmail.com](mailto:leisureworld.tech@gmail.com)) to register.

Leisure World Tech is a non-profit, 501(c)(3) organization that manages the Technology Support Center in Clubhouse II and provides technical support and training to residents. The organization is staffed by volunteers and welcomes participation from residents. Volunteer sign-up is now available online at ([www.leisureworldtech.org](http://www.leisureworldtech.org)).



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# Oct. 25: Library Welcomes Memoirist for Talk

by Neil Fall

The Rossmoor Library Guild welcomes New York author Rifka Kreiter for its next Author Meet and Greet on Wednesday, Oct. 25, at 2 p.m. in Clubhouse I.

Kreiter will read from and discuss her new book, "Home Free: Adventures of a Child of the Sixties." A Q&A session will follow the reading and talk. Refreshments will be served.

The event is free (donations would be greatly appreciated), but sign-up is required and begins on Tuesday, Oct. 10, at 9 a.m. at the Lifestyle office in Clubhouse I.

"Home Free: Adventures of a Child of the Sixties" takes the reader back to the wonderfully crazy 1960s, one of the most fascinating and turbulent periods in America's 20th century. The memoir delves into her personal quest for liberation and self-discovery, told with great humor and warmth.

Copies of "Home Free: Adventures of a Child of the Sixties" are available for

purchase at all Barnes & Noble stores and online.

### On Sale: Tote Bags, Cards

Stop by the library and become a Rossmoor Library sponsor by purchasing a tote bag. These large totes feature the library's name and logo and are made of heavy canvas with a large outer pocket and an inside, secured zippered pocket.

Sales of these totes go to the purchase of new books for patrons. Bags are \$19.99, plus tax. Payment may be made by cash or check only, payable to The Rossmoor

Library. The library thanks everyone for their support.

Stop in and browse through the library's new selection of all occasion greeting cards and beautiful selection of boxed blank note cards. Stock up now before they sell out. Boxed holiday cards will be available soon, including new boxed Chanukah cards.

### Volunteers Needed

Love books? Love libraries? Love people? Come join the Rossmoor Library as a library

volunteer. The library is looking for people to volunteer Monday through Friday for either morning (10 a.m.-1 p.m.) or afternoon (1 p.m.-4 p.m.) shifts, with two, three-hour shifts per month.

Basic computer skills are required; volunteers use an easy-to-follow library computer program. Come join a great group of friendly volunteers who enjoy helping patrons and guests. Stop by the library and ask to fill out an application. Full training is provided. Volunteers work with one or two other volunteers each shift.

### Library Books

New large print books:

- "A Long Petal of the Sea" by Isabel Allende
- "The Wind Knows My Name" by Isabel Allende
- "In The Midst of Winter" by Isabel Allende
- "The Heaven and Earth Grocery Store" by James McBride
- "A Spool of Blue Thread" by Anne Tyler
- "Noah's Compass" by Anne Tyler

- "Redhead by the Side of the Road" by Anne Tyler

New books:

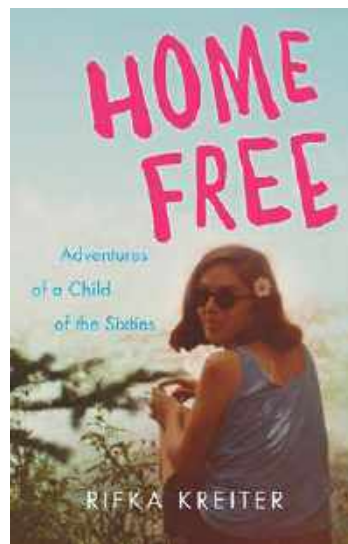
- "Lexington" by Kim Wickens
- "The River We Remember" by William Kent Krueger
- "The Raging Storm" by Ann Cleeves
- "August Wilson: A Life" by Patti Hartigan
- "Holly" by Stephen King
- "The Last Devil to Die" by Richard Osman
- "The Covenant of Water" by Abraham Verghese
- "Pardonable Lies" by Jacqueline Winspear

Coming soon:

- "Traitors Gate" by Jeffrey Archer
- "The Exchange" by John Grisham
- "The Secret" by Lee Childs
- "Dirty Thirty" by Janet Evanovich
- "The Armor of Light" by Ken Follet
- "Absolution" by Alice McDermott
- "The Vaster Wilds" by Lauren Groff



Author Rifka Kreiter, courtesy photo



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# Oct. 18: Judaic Artist and Jewish Educator Speaks on Israel

by Barbara Eisen

Avrum Ashery presents a lecture entitled

“Advocating for Israel with Creative Impact in the Media to the American Public... Where Has it Been?” on

Wednesday, Oct. 18, at 2 p.m. in Clubhouse I.

Ashery has been presenting the lecture to all parts of the American Jewish community. His lectures and workshops are used for adult education, family, teen and youth groups, Jewish community leadership and religious school students. Although the focus of his life’s work has been the art world, his hobby for the last 46 years has been Jewish studies.

The lecture includes a \$5 entrance fee, payable at the door by cash or by check, payable to Hadassah. For questions, call Sandy Stein at (301-384-8739). Refreshments will be served.

## Judaic Studies Group

The Hadassah Judaic Studies Group meets on Monday, Oct. 16, at 1:30 p.m. via Zoom.

At a time in history of great medical advancements, the discussion will focus on Jews who were honored with the Nobel Prize in medicine or physiology.

Who were they? What did they discover? How did these discoveries affect people’s lives today? Participants are encouraged to share their knowledge of Jewish individuals who made breakthroughs in medicine.

The moderator is Shari Goldstein. All are welcome to attend. Hadassah members will receive an emailed notice with a link to access the program.

Others may send an email to Marilyn Jordan at (mjordan2262@comcast.net) to request the link.

## Greeting Cards

Elaine Schenberg and Jan Bloom sell Hadassah greeting cards. The price of cards is \$3 each for one to three cards and \$2.50 each for four or more cards. Call Elaine at (301-598-0079) or Jan at (301-593-7720) to buy cards. They will even send them for you if you add postage costs to the regular fees.

## Youth Project

Beverly Weinstein is chair of Hadassah’s Youth Aliyah/Children at Risk project, which is currently accepting Ukrainian children into their youth villages in Israel. Consider a donation to this worthwhile project.

Those who would like to contribute can send a check, payable to Hadassah, to Beverly Weinstein at (12524 Eastbourne Dr., Silver Spring, MD 20904). For questions, call her at (301-622-1613).

## Membership

Hadassah encourages women of any faith to join as an annual or life member. Special associate memberships are available to men. If interested in knowing more about Hadassah, contact Linda Epstein at (301-847-9650).

## ■ Jewish Residents of Leisure World

# JRLW Holds Sukkot and Other Religious Services

by Jonas Weiss

Sukkot began on the evening of Sept. 29. All are welcome to the sukkah in the parking lot of The Inter-Faith Chapel to snack and pray during this holiday.

A religious service led by Cantor Michael Kravitz is planned for the last day of the holiday, Saturday, Oct. 7, at 9 a.m. in Clubhouse II, with Yizkor prayers to remember loved ones. Kravitz also leads Sabbath services on Oct. 14 at 9:15 a.m. in Clubhouse II.

Friday evening services led by Rabbi Gary Fink, Cantor Wendy Gonzales and the Shir Delight Choir are held on Friday, Oct. 6, at 7:30 p.m. in Clubhouse II.

## October Events

Sunday brunch for JRLW members is on Sunday, Oct. 15, at 10 a.m. in the Clubhouse I Crystal Ballroom and includes a talk about the life and music of Rogers and Hart, with music by The Night and Day Band. Sign up by Wednesday, Oct. 11, at the Lifestyle office in Clubhouse I, with checks for \$21, payable to JRLW.

A 9-hole golf outing with prizes for both men and women JRLW members is held on Wednesday, Oct. 18, with coffee and more at 9:15 a.m. The first tee time is shortly after 10 a.m. To register, send a \$10 check, payable to JRLW, to Alan Nelson at (3210 N. Leisure World Blvd., Apt. 703, Silver Spring, MD 20906). For more information, call (301-922-0410). Golf fees

are taken at the Pro Shop.

As part of the Israel 75 Celebration, JRLW brings an Israeli dance program to Leisure World on Sunday, Oct. 22, at 2 p.m. in the Clubhouse II Auditorium. See the Events and Entertainment section for details.

JRLW and the Bender Jewish Community Center presents the film “Exodus 91” on Monday, Oct. 30. See the Events and Entertainment section for details.

## Kristallnacht Commemoration

A free program commemorating Kristallnacht (The Night of Broken Glass), considered the start of the Holocaust and the destruction of the Jews and other minorities in Europe, is planned for its anniversary on Thursday, Nov. 9, at 2 p.m. in the Clubhouse I Crystal Ballroom.

Shelby Gadol, the assistant director of the Anti-Defamation League’s Washington, D.C., region, is guest speaker. She will speak about hate crimes, their rise in the U.S. and what is being done about them. To actively participate in this program, email Jacob Tenenbaum (captjacob10@gmail.com).

## Membership

Programs and religious services depend on the membership of residents. To join and get involved, or to renew membership, mail checks of \$25 (or \$45 for a couple), payable to JRLW, to Marsha Bernstein at (3210 N. Leisure World Blvd., Apt. 921, Silver Spring, MD 20906).



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# Oct. 18: County Council President Speaks at Meeting on Defending LGBTQ+ Community

by Roger Blacklow

The Democratic Club's membership meeting is on Wednesday, Oct. 18, at 7 p.m. in the Clubhouse I Crystal Ballroom.

The meeting will focus on defending our LGBTQ+ neighbors. They have faced increased hate activity in the past few years, including having some school systems and libraries ban inclusive books. Several Leisure World clubs are participating, including the Progressives Club, LW LGBTQ Alliance and Unitarian Universalists of Leisure World.

The meeting's featured speaker is Montgomery County Council President Evan Glass, along with advocates from the LGBTQ+ activist community.

Be sure to note the meeting's different time and date.

## Full House for Winning Wednesday

The Club had a full contin-

gent of volunteers for its first "Winning Wednesday." These "Winning Wednesday" parties continue Oct. 11 and 25 from 1-3 p.m. in Clubhouse II.

Club members and other residents write postcards, letters, emails and texts to constituents in neighboring Virginia, which holds its state legislative races on Tuesday, Nov. 7. Both its state House and Senate chambers are nearly equal and are within a few votes of switching parties.

Do the Club's efforts produce results? "Swing Blue Alliance focused its 2020 voter outreach efforts on sending vote-by-mail applications to Democratic voters who were less likely to vote," according to the organization's website.

Some key findings:

- A postcard with a tear-off application for an absentee ballot increased overall

turnout by 2.6 percent in Broward County (Palm Beach), Florida

- Vote Forward, an organization that writes letters to voters, found that partially handwritten letters across a variety of election contexts generally provided a small turnout boost of up to 3.4 percent



Is that important? In 2022, 18 House seats and four Senate seats – and control of the Senate and House – were so close that they weren't decided until several days after the election.

Those who can't stay at the Winning Wednesday parties can instead take materials home to complete. The program continues on the second and fourth Wednesday of every month until the end of 2023.

## Newest Board Member

E. Felicia Brannon, the Club's newest board member, has an extensive background in health and transportation issues. Prior to moving to Leisure World, Brannon spent more than 30 years specializing in government and community relations, working in the nonprofit, public, private and academic sectors.

Her most recent position prior to moving the Leisure World several years ago was as the executive director of community and local government relations with the University of California, Los Angeles (UCLA). In that capacity, she provided leadership and counsel to UCLA's senior administrators and departments in the areas of transportation, planning and land use management, as well as sustainability and student affairs.

Additionally, she worked to increase UCLA's visibility in the community to strengthen the school's relationships with local government officials and related community groups. Brannon spent much of her time on difficult local Los Angeles transportation issues. She also served as chair of the board of directors for Habitat for Humanity in Los Angeles.

Since moving to Leisure World, she has taken on local transit issues, working with District 19 delegation and local leaders. As a member of the Democratic Club's legislative advocacy committee, she testified in Annapolis in favor of a bill establishing a "rare diseases" advisory panel and raising awareness of secondhand smoke health issues, while also serving as a member of the Maryland Advisory Council on Health and Wellness.

## Final Note

All Club events are published in the "Donkey Dispatch" newsletter. Residents who think they are a member but are not receiving the newsletter are asked to contact Jane Carona at either (Jane.e.carona@gmail.com) or (301-598-2131).

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# Great Speakers Coming to Club

by Bob Kammer

Next month, the Republican Club will hear from Tom Royals, a candidate for the Maryland's 4th Congressional District.

The Club will also hear from Gilberto Zelaya from the County Board of Elections and Leisure World resident and Montgomery County Republican Central Committee member Bob Fenichel, who will discuss the Republican National Committee's "Bank Your Vote" campaign.

## School Board Protests

At the Club's September Meeting, Lindsey Smith of the Montgomery County Chapter of Moms for Liberty discussed the recent protests at the Montgomery County Public Schools' school board.

Parents are protesting the implementation of the curriculum that the Club believes

pushes an LGBTQIA+ agenda and presses students to question their sexual identity at all grade levels.

She said the curriculum is part of the Maryland State Department of Education "blueprint" that was required to be implemented into each county by 2023. Club members learned that some parents are pressing for "opt out" options, but the Board of Education is refusing their request.

Smith said that it is very difficult to "opt out" when these agendas are so embedded in the reading, English and other core subjects, she believes.

Some questioned whether the group was pushing "book banning" and "hate mongering" against LGBTQIA+ students. Smith responded that the opposite is true. She said no one is proposing banning any books; they are opposed to

teaching values that they feel are in conflict with those of the majority of county parents and creating confusion in young children that are not mature enough to comprehend what is being discussed.

Smith also noted that only three members of the Board are up for election in 2024 (one "at large" member and one each from Districts 2 and 4).

## Term Limits

The Club also heard from Laura Benson, a volunteer for the Committee for Better MoCo Government, a non-partisan group formed to limit the number of terms a MoCo County Executive may hold.

Residents of all affiliations (individuals and businesses) have been very supportive of the 2T ballot initiative;

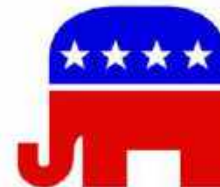
10,000 registered voter signatures are needed to get the initiative on the ballot in 2024. County Council members are currently subject to three terms (12 years).

Currently, the County Executive can serve three consecutive terms (12 years) and the ballot initiative would reduce that

to two consecutive terms (eight years). The current County Executive, Marc Elrich, was elected to the position in 2018. He had previously served three terms (12 years) on the

Montgomery County Council as an at-large member, being first elected in 2006, according to ([montgomerycountymd.gov](http://montgomerycountymd.gov)).

It's time for a change to someone more attuned to the needs of County citizens and businesses as opposed to special interests, the Republican Club believes.



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## ■ League of Women Voters

# Oct. 11: Political Reporter for MoCo360 Speaks at League Meeting

by Maxine Lewack

**G**inny Bixby, political and enterprise reporter for MoCo360, the county's digital local newsletter, speaks at the League of Women Voters of Montgomery County Rossmore Discussion Group's meeting on Wednesday, Oct. 11, at 10:30 a.m. in Clubhouse I.

She will speak about her experiences covering local government and politics and the pluses and minuses of writing for a digital newsletter. Many may remember the Montgomery

Journal and its goal to keep county residents apprised of local government and events and mourn its demise. MoCo360 is a welcome, up-to-date version.

### About the Speaker

Bixby joined MoCo360 in 2022. She is especially passionate about digging into the ways that local government decisions affect marginalized communities, as well as covering the impact of local elections.

She has won awards for her coverage of mail-in ballot processing in Montgomery

County and her coverage of antisemitic hate crimes. Her work has also been published in The Washington Post, the Associated Press and U.S. News and World Report.

### Other News

Fran Berger is the newest Rossmore member to be included in the 50-year membership club. She came to the Rossmore Discussion Group after many years in the White Oak-Silver Spring Discussion Group. She and her husband Harvey, both members, are

particularly interested in the Making Democracy Work group.

The League's famous calendars are now available at meetings but are also at the Gold Castle Jewelry Store in Leisure World Plaza. The price is the same as last year, \$10, tax included.

### Contact the League

All members of the community are invited to meetings and to join the League. For more information about membership, email (dgoldfarb/@verizon.net).

## ■ Progressives Club

# Oct. 18: Clubs Take a Stand for LGBTQ Rights

by Charles Chapman

**S**everal Leisure World groups jointly present a forum addressing assaults on the LGBTQ community and measures to defend the rights of individuals from those assaults. The forum is on Wednesday, Oct. 18, from 7-8:30 p.m. in the Clubhouse I Crystal Ballroom.

All are welcome; registration is not required. The groups presenting the forum include the Progressives Club, LW

LGBTQ Alliance, Democratic Club and Unitarian Universalists of Leisure World.

Speakers include Evan Glass, Montgomery County Council president; Tramour Wilson, senior director of advocacy and community engagement at The Pride Center of Maryland; and Brigida Krzysztofik, chief of staff for Del. Bonnie Cullison.

### About the Speakers

Glass is the first openly

LGBTQ+ individual to serve on the Council. In 2020, he worked to pass the Montgomery County LGBTQ+ Bill of Rights, which strengthens the County's legal protections for lesbian, gay, bisexual, transgender and queer residents by expanding the County's anti-discrimination code to include gender expression and HIV status.

The LGBTQ Bill of Rights explicitly bans LGBTQ+ discrimination in healthcare facilities, nursing homes and personal care facilities.

The Maryland Pride Center has been working since 1977 as a catalyst uniting and empowering sexual and gender minorities in Maryland and advocating for a better quality of life for the entire community, according to its website. For more information about the Maryland Pride Center, visit ([www.pridecentermd.org](http://www.pridecentermd.org)).

Cullison played a key role in the successful 2012 effort to legalize same-sex marriage in Maryland. She also co-sponsored the Youth Mental Health Protection Act which was signed into law in 2018 and bans "conversion therapy" for minors. (Conversion therapy aims to change a person's sexual orientation or gender identity and has been

widely condemned by mental health professionals).

### Facebook Group

Members are encouraged to join the Leisure World Progressives Facebook Group page. This Facebook group allows members to discuss issues with each other, spread the word about important news and events and have direct member-to-member communication.

Members can join by responding to the invitation emailed previously or by logging into Facebook, searching for the page and submitting a request to join the group. The page is available here: (<https://bit.ly/3ETulKp>).

### Book Club Forming

The Club is forming a book club to read, discuss and critique the latest books addressing critical issues. Interested members may connect with the book club by joining the Book Club community chat on the Leisure World Progressives Facebook Group.

For more information about the Progressives Club, visit its website at ([www.LeisureWorldProgressives.org](http://www.LeisureWorldProgressives.org)).

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## ■ Friends of India Association

# Oct. 27: Friends of India Celebrates Diwali

by Anna Prasad

The Friends of India Association celebrates Diwali on Friday, Oct. 27, at 5 p.m. in Clubhouse II. The Association cordially invites all its members and all residents to join in the celebrations.

### About Diwali

Diwali or Deepavali is one of the major festivals celebrated all over the world, influenced by the growing number of people of Indian origin.

Diwali, known as the festival of lights, is associated with

Lakshmi, the goddess of wealth. It also signifies the victory of good over evil and the return of King Rama and his wife Sita to their kingdom after defeating the demon



king Ravana of Sri Lanka. King Rama was received by the people with decorated houses and

thousands of brightly lit lamps all along his journey back to his kingdom.

The lead up to the festival starts with decorating houses with lots of lights. Everyone is seen wearing the finest of clothing and bursting crackers.

People in every home and place of business invoke the Goddess Lakshmi to bless them with lots of wealth in the ensuing year.

### Come Celebrate

The Association's celebration is a ticketed event; the entry fee is \$15, which includes a festive dinner.

For more information, contact Anna Prasad at (301-704-3395) or (aprasad94@gmail.com) or Pradeep Kapur at (301-395-5352) or (pk.kapur@gmail.com).



A woman and child light candles during a Diwali celebration. Photo by Anna Prasad

## ■ New Yorkers and Friends

# New Yorkers and Friends Plan Museum Trip

by Janice Benenson

New Yorkers and Friends is going to the National Museum of the Marine Corps on Tuesday, Oct. 10, in Quantico, Virginia. The trip is open to all residents. For details, see the Club Trips section.

The Group's November event is a brunch and movie in Leisure World. More information will be distributed soon.

As always, the Group's ongoing clubs continue their monthly meetings.

### Book Club

The book club meets on the first Wednesday of the month, with the next meeting on Nov. 1. The book is "The Premonition: A Pandemic Story" by nonfiction writer Michael Lewis. For information, contact George Stricker at (geostricker@gmail.com) or (301-598-0969).

### Movie Club

The movie club next meets on Monday, Oct. 16, at 3 p.m. in Clubhouse II and via Zoom. The club will discuss "The Third Man," considered one of the greatest movies ever made. For information, contact Mimi Schultz at (mimidschultz@gmail.com) or (516-455-6032).



From left, New Yorkers share memories at a recent gathering and listen to the history of Gallaudet University during a tour. Photos by Janice Benenson

### Ethnic Lunch Club

The ethnic lunch club meets for lunch on the second Tuesday of the month at noon. The next lunch is on Tuesday, Oct. 10, at Parkway Deli, a New York-style deli, in Silver Spring. As always, there are vegetarian options and separate checks. For information, call Sue Alexander at (301-598-0161).

### Group Information

For information about the Group's partnership and volunteerism at Strathmore Elementary School, contact Linda Mahler at (lindamahler50@gmail.com) or (301-288-4367).

For information about membership or the Group, contact Carole Mund at (carolemundnyc@gmail.com) or (301-598-2768) or Janice Benenson at (Janice.benenson@gmail.com) or (301-438-8069).

### Recent Events

On Sept. 6, approximately 75 New Yorkers and Friends proved their flexibility when they moved the Group's picnic at the last minute from Norbeck Park indoors because of the extreme heat.

Everyone had a great time. Presentations were made about

the various clubs within the Group, followed by breaking up into groups representing areas of members' New York beginnings. As always, this was a highlight of the picnic.

On Sept. 20, 30 New Yorkers and Friends were treated to an excellent tour of Gallaudet University. They had great student signers and voice interpreters. The University is impressive, and Union Market should not be missed. The Group was so impressed with the tour and lunch at Union Market that it is contemplating a return trip next year.



# Focusing on Health in the New Membership Year

by Sherry Weaver

LWAAAC opened the 2023-24 year at its membership meeting on Sept. 6 with welcoming drums, renewed fellowship, plans for operations in the new year and a focus on health.

The latter included remarks by George McFarland, MSW, and Dr. Nkossi Dambita, program manager and clinical director, respectively, of the African American Health Program (AAHP).

The AAHP is a program of the Montgomery County Department of Health and Human Services and is administered by McFarland and Associates. According to its FY 22 annual report, the AAHP seeks to work with groups such as LWAAAC, as well as individuals, to "...create a better, healthier future for Black/African American County residents."

Both McFarland and Dambita urged LWAAAC members to partner with the AAHP in their efforts and become more engaged and intentional in their own healthcare. LWAAAC encourages members to begin their new health awareness by observing "Healthy October."

## Second Thursdays

One option available to help LWAAAC members monitor their health is "Healthy Thursdays," a collaboration that began pre-pandemic between the AAHP and LWAAAC.

Specifically, on most second Thursdays of the month, the program administers screenings for high blood pressure, as well as cholesterol and glucose levels, by AAHP outreach staff under the direction of community health worker Juliette Williams.

Robina Barlow, the AAHP's plant-based nutritionist and Food for Life instructor, offers



From left, Robina Barlow begins her hybrid lecture on preparing plant-based recipes and the AAHP outreach staff administers health screenings to LWAAAC members. Photos by Sherry Weaver

coaching on the preparation of "tasty, uncomplicated," plant-based recipes, according to Gail Cooper, LWAAAC's liaison with the AAHP. Cooper, who has been in this role for about two years, was pleased with the good turnout on Sept. 14, referring to it as a "step in the right direction."

The Thursday program was offered only by Zoom during the Covid pandemic, but attendance seems to be building back to pre-lockdown, in-person levels. The AAHP can be

reached at (240-777-1833); its website is (<https://aahpmontgomerycounty.org/>). Cooper's email address is ([gailkriswhit@gmail.com](mailto:gailkriswhit@gmail.com)).

## On Memory

Also during the AAHP session on Sept. 14, LWAAAC member Dr. Walter Faggett introduced participants to a memory research study being offered by EvON Medics in collaboration with Howard University Hospital.

Recommended for people between ages 55 and 95, the company describes the program, which employs aromatherapy, as "...a new therapy using natural, plant-based oils [that] may prevent and/or improve symptoms of memory loss."

EvON Medics can be reached at (410-891-4007), ext. 4 or 2; its website is ([www.evonmedics.com](http://www.evonmedics.com)). Faggett is

also available to answer questions at (202-403-4039) or ([waltpat7@gmail.com](mailto:waltpat7@gmail.com)).

## Membership Committee Update

LWAAAC's membership committee was recently reorganized as follows: Alfonso Holston, chair; Patricia Means, alternate; and DeeDee Spriggs and Eileen Booker,

committee members. The committee's email address is ([lwaaacmembership@gmail.com](mailto:lwaaacmembership@gmail.com)).

Annual dues of \$20 should be paid by check only, payable to LWAAAC, and placed in the organization's mail slot in the Lifestyle office in Clubhouse I or mailed to (LWAAAC, Attn: Membership, PO Box 12316, Silver Spring, MD 20908).



## ■ Italian Social and Cultural Club

# Nov. 12: Club Hosts Sunday Afternoon Lunch

by Rita and Dom Cusano

Join the Italian Social and Cultural Club for a relaxing Sunday afternoon lunch on Sunday, Nov. 12, at noon in Clubhouse II.

Italian subs, salad, dessert and drinks from Filippo's Deli will be served. Take this opportunity to enjoy lunch and visit with friends.

The cost to attend this event is \$15 for members and \$20 for non-members. New members can pay the member price of \$15 by completing an application, available in the Lifestyle office of Clubhouse I, and paying the \$12 per person membership fee. All other functions hosted by the Club are discounted for members.

Reservations are required to be made by Tuesday, Nov. 7. To confirm your reserva-

tion, mail a check, payable to the Italian Social and Cultural Club, to Barbara Kaminski at (15107 Interlachen Dr., Apt. 324, Silver Spring, MD 20906).

A reminder to members that membership fees of \$12 per person were due in September. Those who have not paid their membership fee for this year should mail a check, payable to the Italian Social and Cultural Club, to Kaminski at the aforementioned address.

For more information on membership, contact her at (301-847-9313) or ([bkaminski0064@gmail.com](mailto:bkaminski0064@gmail.com)).

Future board meetings are scheduled for Saturday, Oct. 14, Nov. 4 and Dec. 2 at noon in Clubhouse I. All Club members are welcome to attend.

# Checks Due for Chico's Fashion Show and Luncheon

by Marcia L. Elbrand

**I**f fall leaves make you think that you need to put those pastels away, plan to spend Thursday, Oct. 19, at the Rossmoor Women's Club's [RWC] elegant annual fall luncheon," RWC president Audrey Haber says.

"Chico's fashions will be modeled by our own members (from statuesque to petite), and you will walk out ready to welcome newly named shades like sable and plum," Haber adds. Doors to the Clubhouse I Crystal Ballroom open at noon, and lunch is served at 12:30 p.m.

Luncheon attendees will hear from Chico's presenters about special discounts being offered, as well as hear lively descriptions of the fashions being modeled by Club members.

Club members, prospective members and other female guests are welcome. Several lucky winners will leave the event with gift baskets featuring designer jewelry and other prizes. Marilyn Flack and Jennifer Dabson are gift basket co-chairs.

Menu options for the event include a 6 oz. filet of beef served with fingerling potatoes and asparagus, seared salmon with a Caprese stack (mozzarella and tomato) and asparagus, or chicken piccata served with linguine and asparagus. Meals will also include a salad, rolls, beverages and dessert featuring bread pudding with caramel sauce.

Include your entrée choice and phone number when submitting your check. If bringing guests, include their names and entrée choices.

To RSVP, mail a check for \$50, payable to RWC, to Club treasurer Pat O'Connor at (15115 Interlachen Dr., #221, Silver Spring, MD 20906) or place it in the Club's mail slot, which is now located across the hall from the Lifestyle office in Clubhouse I. All reservation checks must reach the planners by Monday, Oct. 16.

## Membership Update

Membership chairperson Aggie Eastham reported at

September's RWC board meeting that the current Club membership is 141, of whom 24 are new. "The common denominator of those who join seems to be a commitment to our annual support for eight local causes," she adds.

RWC, an all-volunteer club, annually raises and donates more than \$10,000. Recipient groups include Harmony Hills Elementary School's Head Start's pre-kindergarten class, Montgomery Hospice, Camp No Limits and a refuge for women and their children fleeing domestic violence. Scholarships are awarded by the Club every May to low-income local high school senior girls heading to college.

In Leisure World, \$1,500 went to the Social Work Department in 2022-23 to be used to provide grocery cards to needy residents to assist them in purchasing prescription medications and food.

"If you've been meaning to join, now is a good time," Eastham says. Mail a check for \$40, payable to Rossmoor Women's Club, to Aggie Eastham at (3100 N. Leisure World Blvd., #126, Silver Spring, MD 20906).

## Upcoming Events

Upcoming events include the Club's popular sale of pecans, fruitcakes and See's chocolates from Monday, Nov. 13, through Friday, Nov. 17, 10 a.m.-2 p.m. in Clubhouse I.

The RWC's gift boutique is set for Tuesday, Dec. 5.



Joni Sommer models a Chico's outfit at a past Rossmoor Women's Club luncheon. Photo by Marcia Elbrand

The event is always attended by scores of savvy shoppers who appreciate the sensibly priced, well-made gift items, sale chairperson Nancy Husted Cook told the RWC's board.

RWC's events are posted to the Club's Facebook page, available at (<https://bit.ly/45Z7oBE>), or type "Rossmoor Women's Club Leisure World Maryland" in Facebook's search bar.

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# Collectors Show and Tell About Stamps and Coins

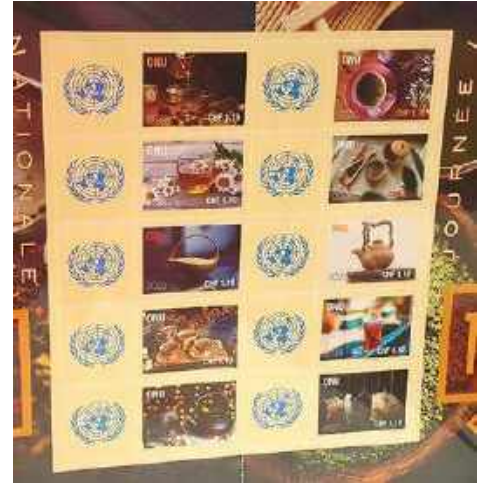
by Richard Rothstein

The Stamp and Coin Club met on Sept. 7 and was called to order by Club president Mike Mason. Rita Mastrococco presented the treasurer's report, and Richard Rothstein read the minutes from the August meeting.

The Club welcomed a guest, Stu Lillard, who wanted information regarding the values of Chinese silver coins, some of which were counterfeit.

## Show and Tell

- A member showed an Indian Head penny from 1899 and an assortment of Canadian postage stamps from the early 2000s
- Rita Mastrococco – Vatican stamps and souvenir sheets issued in 2022, including a beautiful sewn stamp on the Decade of Ecosystem Restoration
- Gary Schofar – an 1842 U.S. Sitting Liberty silver dollar
- Stu Lillard – eight silver Chinese coins from 1904



Clockwise from left, a Vatican City embroidered stamp, 1842 Sitting Liberty silver dollar, United Nations mini sheet about tea, United Nations sheet commemorating the 60th anniversary of the Institute of Training and Research and collection of U.S. mint and used stamps issued from 1932-1938, photos by Rita Mastrococco

- (some counterfeit)
- Susan and John Shao – a selection of Chinese stamps from 1898
- David De Roo – a selection of numismatic magazines, donated to the Club. He showed a minted error on

- a 2022 Austrian 2 Euro coin with two clips on the edge of the coin
- Mike Mason – a set of mint and used U.S. George Washington series issued from 1932-1938 and other commemorative issues from the early 1930s in superb condition
- Joe Bial – an information sheet on the U.S. definitive F and 25-cent stamp issued on self-adhesive plastic in 1990 intended

- for use in ATMs as an experiment
- Rich Rothstein – United Nations sheets issued in 2023 that include the World Health Organization (issued in New York and Geneva, Switzerland), Tea (issued in Geneva) and Training and Research (issued in New York and Geneva)
- Alan Chenkin – a U.S. Eisenhower dollar coin containing 40 percent silver
- Greg Vass – a UK Effigy Commutative two-pound silver coin commemorating the death of Queen Elizabeth II

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## About the Meetings

All residents and non-residents are always welcome to attend the Club's meetings, which are held on the first Thursday of every month (except holidays) at 3 p.m. in Clubhouse I.

Contact Rita Mastrococco at (301-814-9196) or Richard Rothstein at (301-598-5760) with any questions or for more information.

## ■ Baby Boomer Club

# Club's Walkers Head to Lake Needwood

by Beth Leanza

The Baby Boomer Club screens movies on the third Friday of each month at 7 p.m. in the Clubhouse II Auditorium. Come early to get a good seat. Afterwards, attendees share snacks and socialize in another room.

The Club gets together to play board games and share snacks, usually on the first Sunday of each month around 6:30 p.m. in Clubhouse II.

And many Club members enjoy seeing plays and having dinner at Toby's Dinner Theatre in Columbia, Maryland. A member organizes these outings.



Baby Boomers enjoy a recent hike through Washington Grove. Photo by David Mahler

The next Toby's outing is to see "Miracle on 34th Street" in January 2024

For information on Club events, visit (<https://sites.google.com/site/bbclwmd/calendar>).

### Join the Club

The Club is open to anyone who is social and who likes to play games, watch movies, picnic, go to theater programs and dance!

To join the Club, mail a check for \$5 (per person), payable to Baby Boomer Club, to Beth Leanza at (15111 Glade Dr., Apt. 1A, Silver Spring, MD 20906). Include your mutual name, phone number(s) and, most importantly, your email address.

New members will be added to the Club's Google Group. Google Groups will send a welcome message. Be sure to add the Club's email address, ([bbclw@googlegroups.com](mailto:bbclw@googlegroups.com)), to your email contact list or address book so that it does not end up in your junk or spam folder.

For any questions, phone Beth Leanza at (301-598-4569).

### Friday Morning Walks

David Mahler, available at (301-288-4367) or ([dmahler46@gmail.com](mailto:dmahler46@gmail.com)), plans the Club's walk sites and is happy to answer questions. Some people choose not to walk the entire three miles or so but instead walk halfway and return.

To get the walk sites' addresses, visit (<https://sites.google.com/site/bbclwmd/calendar>).

### Walk Events by Date

- Oct. 13 – Lake Needwood (Rockville). Meet at 10:15 a.m. Bring water and a lunch

if you'd like to eat together

- Oct. 20 – Woodend Sanctuary and Mansion (Chevy Chase). Meet at 10:15 a.m. Bring water and a lunch if you'd like to eat together

### Sunday Morning Walks

Another group of walkers meets on Sundays at 8:30 a.m. at the corner of South Leisure World Boulevard and Arden Court to then walk the Leisure World Boulevard loop (approximately 3.2 miles). They sometimes walk the Montgomery Mutual Broadwalk instead.

For more information, contact Ted Michos at (301-598-7722) or ([tedmichos@gmail.com](mailto:tedmichos@gmail.com)).

### Weekday Walks

The walkers meet at Clubhouse I and walk the Montgomery Mutual Broadwalk (about one mile). Join others for a walk together. To be added to the walking group's email list, call Beth Leanza at (301-598-4569).

*Keep your loved ones just around the corner!*

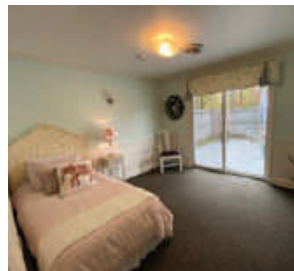
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# Special Relatives' Influence Lives On in Writers' Stories

by John Moens

The Sept. 7 meeting of the Writers of Leisure World began with a surprise announcement: John Moens will publish his favorite stories in book form.

Woody Shields has saved more than 140 stories by Moens, and the Group reviewed the stories and ranked the essays. Moens is to select his favorites for the book.

Diane Reynolds read "Shocking," a summary of three shocking incidents, two of which were potentially fatal. Joe Fleckenstein concluded "The Snow Queen Contest," and a kerfuffle breaks out among the story's contestants and judges.

Three special people were lauded in other manuscripts shared: Viola Stendardi recalled "My Grandmother" while Richard Eisner focused on an equally special person,

"Mom," and Jane Silverman read "A Rose for Alia."

Stendardi's grandmother, Guiseppina Del Pizzo, boarded a ship in 1906 Italy bound for America with an infant in her arms. The infant grew up to be Stendardi's mother.

English was Eisner's mom's second language, but she spoke it with perfect diction. He recalled her reading to him while he sat on her lap at the age of three. She encouraged him to always take responsibility for his mistakes.

"During COVID, [Alia] sang with me, played games with me, filled my life with noise... She was my outside world," Silverman wrote of her then three-year-old granddaughter. A professional artist, Silverman displayed a 3-D portrait of Alia; the hands in the portrait hold paper flowers.

Joel Katz described an

"Emergency Pit Stop," noting it was embarrassing to be in a group of bicyclists when nature called. Beth Leanza is now able to sleep comfortably with a CPAP, but before that, she experienced "CPAP Confusion," chronicling one mishap after another.

In chapter two of "Hell and Texas" by Moens, Toby and Hattie cross the dreaded Nueces Strip to escape slavery in Texas. By the end of the chapter, they find freedom and marry.

Shimmering sidewalks weave through "Our World," as Carole Muller looks down from her office window. And yet, people continue to pollute the only home we have. She asked her sister why she needed a large SUV. "It is fun sitting up there looking down on people."

Patricia Williams previously read chapters from her book on a serial killer entitled "Buried Beneath," but her poem "Shame" deals with killing on a smaller scale. "I face my accusers – Juneau, the dog, Polly the parrot. 'How could you?' they ask. Polly is horrified. I love animals. I collect

them. I commune with them. How can I ever face them again when last night I ate a pigeon?"

## General Information

The Writers of Leisure World meets on the first and third Thursday of each month at 11 a.m. in Clubhouse I.

The Group hopes more residents will join to share their stories. The Group enjoys all levels of writing. All residents are welcome to participate.



## Clubs, Groups & Organizations In Brief

**Amateur Radio Club:** Calling all hams! All resident amateur radio operators (hams)-or would-be-operators-are invited to join our business meeting/lunch the second Wednesday of each month. Members meet at the Stein/Terrace Room (lanai during warm weather months) in Clubhouse I at 11:45 a.m. For more information or to learn about amateur radio, call Bryan West at (301-598-0137).

**Book Club Network:** The network is a collection of book discussion groups of eight to 12 members each, providing a forum for residents to get together with other avid readers to read and discuss their favorite books. Members meet monthly to talk about a specific work chosen by their club. For further information, contact Marcia Fletcher at (301-847-9053) or (marcia.fletcher@icloud.com).

**Ceramicrafters:** Located in the Clubhouse II ceramics studio, Ceramicrafters (Ceramics Club) is an active and artistic group of residents who love to create beautiful ceramics pieces. The studio has more than 2,000 molds and four state of the art kilns. Members can also purchase their paints and other accessories in the studio. Knowledgeable members are happy to train new members by appointment. If you think that ceramics might be for you, visit the studio (located down the hall from the Clubhouse II fireplace) or contact Susan Curow at (240-429-4283) for information about the Ceramicrafters and becoming a member. We hope to welcome you to our happy group of ceramicists soon.

**Comedy and Humor Club:** Would you like to hone your skills at being a stand-up comedian? Or you can share some humorous stories or jokes while seated, or just come and listen and laugh. The Comedy and Humor Club meets in-person every Tuesday at 1:30 p.m. in Clubhouse II. A comical video is being

planned on the last Tuesday of each month. Our social activities include our recent paid-up member luncheon. Club dues are \$5 annually and more information about the Club can be had by contacting John Lass, president, at (301-288-4210) or (johnmlass@comcast.net).

**Community Gardens:** This active club of gardeners meets on the second Tuesday each month from March through November. For newsletters and information, visit us on the resident website at (<https://residents.lwmc.com/GroupPage/42227~2357>) or contact us at (CGLWgrow@gmail.com). We look forward to hearing from you!

**French Club:** The mission of the Club is to promote French, the language and culture, through lectures, reading of French novels and poetry, movies, songs, plays and outings to various events and restaurants. Meetings are usually held on the third Tuesday of each month at 3 p.m. in Clubhouse II. For more information, contact Aaron Navarro at (301-598-3870). À bientôt chers amis.

**Friday Quilters:** The Friday Quilters meets on the second and fourth Fridays of the month from 10 a.m.-3 p.m. in Clubhouse II. Bring your sewing machine, projects to show and to work on and a lunch. An iron and ironing surface is provided. For more information and to get on the email notification list, contact Kathy Barden at (KBBarden504@gmail.com).

**Groups.io** is an online bulletin board with issues pertaining only to the Leisure World community. The Group's platform is secure, with strong anti-virus, spam control and privacy features installed. To become a member, email a request with your name and mutual name to the Group's moderator at (paule@lwm10.com).



## Clubs, Groups & Organizations In Brief (cont.'d)

**Knitting Corner:** Join us the second and fourth Friday of each month at The Inter-Faith Chapel from 10 a.m.-noon. Masks are required. Bring your knitting and enjoy the conversations. We have patterns and yarn for the Chapel's mission. Yarn donations gratefully accepted. Call Mary Ann at (301-871-4055) if you have any questions.

**LW LGBTQ Alliance:** The group was formed to give members of the LGBTQ community a safe and inviting place to come and meet new friends and to get involved in social activities. We welcome everyone; being gay is not a prerequisite. The LW LGBTQ Alliance strives to provide events and activities to develop strong relationships through education, interaction and fun within our group and with the entire Leisure World community, as well as outside the community. For additional information and events, email us at (lwlgbt@gmail.com). You can also follow us on Facebook at LW LGBT Alliance or visit our website at (<https://tinyurl.com/LWLGBT-home>).

**Model Railroad Club:** If you have ever had an interest in model trains, the three layouts in the basement of Clubhouse II offer just about anything you could ask for. The largest layout, in HO, features scale miles of track, yards and industries, and supports the simulated operation of real railroads delivering passengers and goods from source to final destination. Join members for the monthly business meeting on the second Thursday of the month at 4 p.m. For more information, call Marilyn Chmielewski, president, at (301-438-3259).

**Musicians of Leisure World** comprises the Musical Jammers and The Rossmoor Chamber Players. Musical Jammers is mainly for folk and pop musicians and singers and meets weekly on Mondays, 10 a.m.-noon in Clubhouse I. The first and third Mondays are for instrumentalists to rehearse songs for singers, who join on the second and fourth Mondays. For information, contact Chess Yellot at (304-671-2719) or (chessyellot@gmail.com). The Jammers' motto is "you bring it, we'll sing it," so feel free to suggest songs to play or sing. The Rossmoor Chamber Players meet Fridays, 11 a.m.-1 p.m. in Clubhouse II. For information, contact Greg Crawford at (717-649-7757) or (gac2@psu.edu). For general information or if considering forming another group of musicians, contact Richard Lederman at (240-441-8074) or (ledermanrc@gmail.com).

**Needle Crafters Group:** The Quilters Group and the Stitchers Group have merged and become the Needle Crafters Group. If you like working with needles of any sort, come and join us for some fun and fellowship. We every Thursday from 10 a.m.-noon in Clubhouse II. If you have any questions, call Marian Altman at (301-438-1357).

**Nextdoor.com:** A friendly place online to share tips and meet neighbors. The Group already has a record of success helping to make Leisure World even better. Free. Please join the 1,200 plus members. Go to ([www.nextdoor.com/join](http://www.nextdoor.com/join)) and enter the code QHMXCF.

**Non-Fiction Book Club:** The Non-Fiction Book Club welcomes new members. The Club meets on the third Thursday of the month at 2 p.m. in Clubhouse I. For information, contact Jane Salzano at (janesalzano@gmail.com) or (301-928-2653).

**Sew for Kids:** Members assemble hand puppets and stuffed toys for first responders and social services agencies to help comfort children in crisis situations. No special skills are necessary, although basic hand-sewing ability helps. Members meet every first and third Monday from 10 a.m.-noon in Clubhouse II, or any portion of the time you can devote to making a child smile. Donations of cotton fabrics, Poly-fil™ stuffing and thread are appreciated. Contact Annetta Rapp at (301-598-4445) or (abrapp@verizon.net) or Helen De Roo at (301-871-2128) or (hfpdr@verizon.net) for further information.

**Short Story Group:** Short Story Group meets on the first and third Wednesdays of the month at 11 a.m. in Clubhouse I. Check the lobby's electronic directory to see which room the Group will be meeting in. Members are currently reading from "The Penguin Book of the Modern American Short Story." The book is available through Kindle or other e-book formats as well as in print. On Oct. 18, the Group will discuss "River of Names" by Dorothy Allison. On Nov. 1, The Group will discuss "Emergency" by Denis Johnson. Anyone who needs the book or would like information about the group should contact Beth Leanza at (301-598-4569).

**Technology Resource Center:** Located in Clubhouse II, the Technology Resource Center is operated by The Leisure World Computer Center Inc., a 501(c)(3) non-profit organization. The all-volunteer staff comprises a board of directors, computer room monitors and other volunteers. The center has Mac and Windows systems computers as well as color laser printers for printing and scanning. For more information about the Technology Resource Center, visit ([www.computerctr.org](http://www.computerctr.org)) or call (301-598-1306).

**Town Meeting Organization:** TMO is a movement of residents concerned about Leisure World governance and its management. All residents are invited to become active members. For information, email (admin@justus.group) and visit ([www.justus.group](http://www.justus.group)).

**Women's Fun Bunch of Leisure World:** The Women's Fun Bunch is for widows living in Leisure World. Members have a good time together and plan different social activities. For inquiries, call Marlene at (301-438-7773).

## Leisure World Club Trips

Oct.  
10

### National Museum of the Marine Corps Quantico, Virginia

Join the **New Yorkers and Friends** for a bus trip on Tuesday, Oct. 10, to the National Museum of the Marine Corps in Quantico, Virginia.

The group boards the bus at 8:45 a.m. at Clubhouse II and returns to Leisure World at approximately 5 p.m.

The trip includes a self-guided tour of the museum, a documentary film and an all-you-can-eat lunch of soup, salad and breadsticks at the Oliver Garden in Tysons Corner, Virginia.

The cost for the trip is \$65. Contact Barbara Rothenberg at (301-996-9617) for more information.

### Attention, Travelers!

All Leisure World travelers please note that no group on travel can park more than 12 vehicles overnight/long-term in the Clubhouse II parking lot. Also, parking overnight/long-term is at the owner's own risk.

# SPORTS, GAMES & Scoreboards

## ■ 10-Pin Bowling League

### Join the Bowling League

by Beth Leanza

**W**ant to exercise and make friends? Join a friendly bowling league called "Friday Morning Mixed" at Bowl America in Gaithersburg. The League consists mostly of Leisure World residents.

The league meets on Friday at 9:45 a.m., starts bowling at 10 a.m. and finishes around

12:30 p.m. \$15 per week includes balls, shoes (if needed) and free coffee. The league has teams of three or four members. Residents can start a full team, or the league will place them on a team. The league has players at every level. Poor bowler? Your handicap will help your team!

Contact Arnie Lerman at (301-832-7212) and leave a message for more information.

## ■ Thursday Afternoon Ladies' Bridge (cont'd)

- |                                       |                          |
|---------------------------------------|--------------------------|
| <b>Sept. 21, 2023</b>                 | <b>Sept. 28, 2023</b>    |
| 1. Vicky Shaz, 4,450                  | 1. Vicky Shaz, 4,310     |
| 2. Susan Newman and Linda Mihm, 3,470 | 2. Freda Nicolosi, 2,980 |
| 3. Irene Shaulis, 2,460               | 3. Lyn Bloom, 2,440      |

## ■ Bridge Club

### Bridge Winners

compiled by Bruce McKay

- |                       |                       |
|-----------------------|-----------------------|
| <b>Sept. 4, 2023</b>  | <b>Sept. 14, 2023</b> |
| 1. Bruce McKay        | 1. Ray Schuman        |
| 2. Helen Montanaro    | 2. Mike Gurmai        |
| 3. Norman Salenger    | 3. Bea Fried          |
| <b>Sept. 7, 2023</b>  | <b>Sept. 18, 2023</b> |
| 1. Bea Fried          | 1. Alan Lazarus       |
| 2. Charles Pritzlaff  | 2. Arlyn Childs       |
| 3. Bruce McKay        | 3. Bea Fried          |
| <b>Sept. 11, 2023</b> | <b>Sept. 21, 2023</b> |
| 1. Helen Montanaro    | 1. Norman Salenger    |
| 2. Bea Fried          | 2. Bea Fried          |
| 3. Arlyn Childs       | 3. Gladys Blank       |

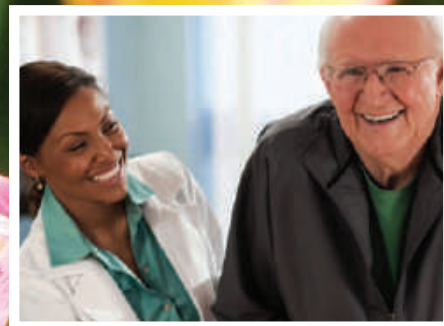
## ■ Thursday Afternoon Ladies' Bridge

### Recent Scores

compiled by JoAnn Gellman

- |                           |                           |
|---------------------------|---------------------------|
| <b>Sept. 7, 2023</b>      | <b>Sept. 14, 2023</b>     |
| 1. Elsie Bergamini, 3,820 | 1. Judy Krautwurst, 3,210 |
| 2. Vicki Shaz, 2,880      | 2. Sally McGowan, 3,050   |
| 3. Irene Shaulis, 2,500   | 3. Pat Patton, 2,870      |

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# No More Ticker Tape

by Bernie Ascher

When Bobby Fischer won the world chess championship by defeating Russia's Boris Spassky in Iceland in 1972, New York City did not give him a ticker tape parade.

However, Mayor John Lindsay did present him with a gold medal before about 1,000 people at a City Hall ceremony. In turn, Fischer gave the Mayor a pocket chess set, and commended the game as mental exercise.

Lindsay was opposed to ticker tape parades, which were expensive. Costs of these events vary, but the two-hour event generally costs about \$2 million, with \$1.5 million coming from New York City tax dollars and \$450,000 from private donations (mainly from the Downtown Alliance), according to the Wall Street Journal. Most of the costs are for police overtime and sanitation cleanup.

The volume of trash collected after each parade also varies. As reported in a 1984 New York Times article, according to New York City sanitation records, cleaners collected 5,438 tons of trash after the two-day VJ Day celebration in 1945, whereas they collected only 43 tons in 1979 after Pope John Paul II's parade in a driving rain. Evidently, there is more in the trash than ticker tape.

When he took office in 1966, Lindsay announced that he would discontinue the parades and conduct "more informal receptions," according to New York's Downtown Alliance. During his tenure, though, Lindsay presided over three ticker tape parades, all in 1969:

- Apollo 8 astronauts Frank Borman, William A. Anders and James A. Lovell, Jr., the first men to see the far side of the moon (Jan. 10)
- Apollo 11 astronauts Neil Armstrong, Buzz Aldrin and Michael Collins, landing successfully on the moon (Aug. 13)
- the New York Mets, winners of baseball's World Series (Oct. 20)

Before Fischer received his medal as a Cold War hero, another Cold War hero did receive a ticker tape parade in 1958: Van Cliburn, winner of Moscow's Tchaikovsky Piano Competition. He is "the Texan who conquered Russia," exclaimed the cover of Time Magazine. Cliburn is the only musician who ever received a ticker tape parade.

The ticker, invented by Edward Calahan in 1867 and improved by Thomas Edison, who patented it in 1871, transmitted stock price information by telegraph on a one-inch paper ribbon. After usage, stock market firms discarded the

tape, but saved some to toss from windows during Broadway parades.

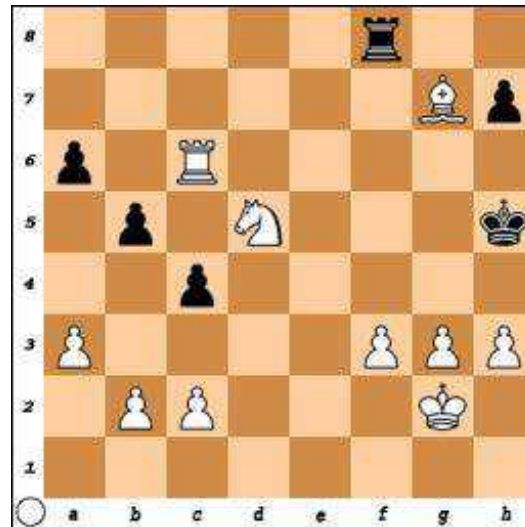
The ticker and the tape became obsolete in the 1960s, replaced by TV and computers. Nevertheless, in the 1960s, New York parades continued without ticker tape, using confetti and other paper instead.

The first parade celebrated the dedication of the Statue of Liberty in 1886. It was not a planned event, but an estimated one million people attended. "Wall Street workers spontaneously began throwing ticker tape out of their office windows to celebrate" and viewers walked to the Battery to see the unveiling of the statue in the harbor.

"French and American flags waved in the air, guns fired, cannons blasted, church bells rang and cheers echoed through the streets," as noted by the Downtown Alliance.

Attended by seven million people, the largest parade was in 1951, honoring Gen. Douglas MacArthur. In 137 years, New York hosted 206 ticker tape parades, most honoring heads of state, military leaders and soldiers, winning sport teams and athletes.

Yet the parade seems to be going out of fashion. New York



held only four since 2000, none since 2019. The parade apparently is becoming as obsolete as the ticker tape itself.

On the other hand, chess, with 605 million players worldwide, is in no danger of obsolescence.

In the game pictured on this page, White can win in two moves. Do you see it? The solution follows this reminder that the Chess Club meets on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II.

**SOLUTION:** White moves the Knight to f4, checking the King. Black moves the King to g5. White moves the Rook from c6 to c5. Checkmate!

So, do not wait for ticker tape. Do not wait for confetti. Do not wait for financial information. Play chess now!

## ■ Ladies' 9-Hole Golf League

# Tuesday Tournament Results for September

compiled by Flo Merola

**Sept. 5, 2023**

### Limited Clubs Tournament

1. Nickie Lopes
2. Marylee Amato and Jenny Chang
3. Barbara Rushing

**Sept. 12, 2023**

### Step Aside Scramble Tournament

1. Kathy Cole, Kay Heier, Kazue Waller, Marilyn Wilder

2. Marylee Amato, Barbara Rushing, Mary Wells

**Sept. 19, 2023**

### Low Net and Low Gross Tournament

#### Low Net

1. Lois Falck
2. Jenny Chang
3. Becky Simon

#### Low Gross

1. Helen Madigan-Sedor
2. Connie Park
3. Carol Longson



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## ■ Men's Golf League

# Tournament Results

compiled by Jack Frensilli

### Men's Member/Guest Golf Tournament

**Sept. 9, 2023**

- 1st place gross – Ken Katowsky and David Singleton
- 1st place net – Luis Alomar and Oscar Mulford
- 2nd place gross – Barry Falgout and Hal Hindman
- 2nd place net – Kevin McMahon and Joe Baker

### Men's ABCD Stableford Tournament

**Sept. 20, 2023**

1. Barry Falgout, Steve Irish, Walter Knott, Daniel Walter, 65
2. Ogbemi Omatete, Pattu Durairaj, Jim Flanagan, Steve Moore, 54
3. David Rosenblum, Don Bonn, Gene King, Walter Shepherd, 50  
(Match of cards back nine points)

## ■ Ladies' 18-Hole Golf League

# Congratulations to Ladies' Golf Champs

submitted by Ruth Cougnet

**Sept. 14, 2023**

### Championship First Round

1. Sandy Marks, 93
2. Mary Ko, 94

**Sept. 21, 2023**

### 2nd Championship Round Results and Overall Trophy Winners

- Overall gross score champion – Sandy Marks, 185
- Overall net score champion – Mary Ko, 144

## Sports, Games & Scoreboards In Brief

**Backgammon for Women:** The Group meets once a week at 2 p.m. in Clubhouse II. If interested, call or text Gail at (301-653-8980).

**Bid Whist:** How about a good old fashion "back in the day" game of bid whist? Games are played on Mondays at 2 p.m. in Clubhouse II. It's a lot of fun. For any questions about the game or joining, call Jessie at (314-374-4501).

### Bridge:

• **Duplicate Bridge** holds in-person games on Tuesdays at 6:30 p.m. and Fridays at 1 p.m. in Clubhouse I. New players with partners are welcome. Hand records and results are available after the game on ([thecommongame.com](http://thecommongame.com)). If in need of a partner, call Marilyn Rubinstein at (301-674-1288) at least 24 hours before the game. Questions? Call Aaron Navarro at (301-598-3870).

• **Bridge Club** seeks players. The group meets Monday and Thursday from 12:15- 3:30 p.m. in the pantry room of Clubhouse II. Changing partners, five rounds of bridge are played. Everyone welcome! Come if you are interested. Questions? Contact Bruce at (301-384-5844) or ([b303mckay@yahoo.com](mailto:b303mckay@yahoo.com)) or Gene at (301-651-9508) or ([genesharer@yahoo.com](mailto:genesharer@yahoo.com)).

• **Thursday Ladies Bridge** welcomes more card players. The group meets every Thursday from 1-3:30 p.m. in Clubhouse I. If interested in joining the group, call JoAnn Gellman at (301-351-2391).

**Chess:** Players are encouraged to meet on Monday, Wednesday and Friday from 1-4 p.m. in Clubhouse II. Membership in the Chess Club is free. All residents are welcome to join. For free chess lessons, call Bernie Ascher at (301-598-8577).

**Cribbage:** Players meet for 150 minutes of competitive fellowship on Thursdays at 9:30 a.m. There are cards and cribbage boards, and members would be pleased to teach you the game. It is a mixture of rummy and pinochle and is pure fun. (The group does not even keep score.) For more information, call Sue (301-598-4617).

**Jigsaw Puzzle:** There is a jigsaw puzzle table in the Clubhouse II lobby. Feel free to work on it at your leisure.

### Mahjong:

• **Mahjong (weekdays):** Mahjong players gather several times Sunday through Friday – some just after lunch, some in the early evening – in the Clubhouse II lobby. Please, before deciding to come, contact Suzy Klein at (301-346-7997) or ([smklein.advocate@gmail.com](mailto:smklein.advocate@gmail.com)). Beginner? Rusty? Let Suzy know – some training is available. Also, let her know if you have cards or sets to meet the needs of the players.

• **Mahjong (Tuesdays):** Looking for experienced players for Mahjong on Tuesday afternoons from 1-4 p.m. at Clubhouse II. Call Lois at (301-337-9963).

**Mind-Body Exercise Club:** The Club meets on Thursdays at 2 p.m. in Clubhouse II. Membership is \$5 per year. If you have any questions, call Judy Menkes at (301-847-9643).

**Pickleball Club:** If you are interested in learning about or playing the fastest growing sport in America, visit our website at ([www.lwpickleball.net](http://www.lwpickleball.net)). Our active, growing club plays pickleball indoors and outdoors all year round. For more information, contact the club through the website or send an email to ([lwpickleballmd@gmail.com](mailto:lwpickleballmd@gmail.com)).

**Ping-Pong Club:** Get healthy exercise and camaraderie playing ping-pong. The Ping-Pong Room in Clubhouse II is open. Club membership is \$5 per year. For more information, call Stuart Goldberg at (915-637-7817) or email ([Sharcg5@aol.com](mailto:Sharcg5@aol.com)).

**Pinochle Players:** Experienced Pinochle players wanted. Members play Mondays beginning at 3 p.m. in Clubhouse II. If interested, call (301-401-3103) or (301-598-6740). If you are interested in learning, you are welcome to observe.

### Poker:

• **Poker Game** openings are available on Thursdays from 7-10 p.m. at The Greens. No prior experience necessary. If interested, call Marcel at (240-486-6205).

• **Thursday Afternoon Poker** meets every Thursday from 1-4 p.m. in Clubhouse II. Members play hi/lo, with or without wild cards, dealer's choice. All are welcome. Fully COVID-19-vaccinated and boosted Leisure World residents preferred. Call Dave at (301-598-7064) for information or just come and join us.

**Scrabble:** Please join players on Tuesdays at 12:30 p.m. in Clubhouse II for a game of Scrabble. Boards are available. Call Arlyne at (301-438-7442) if you are interested in playing.

**Scrabble for Women** aged 50-plus is adding members; must be a hi-medium to senior player. Games are very friendly. The group meets every Wednesday from noon-3 p.m. or later at the group founder's home. Members bring their own lunch or appetizers/snacks to share. Call or text Polly at (571-236-1775). All are welcome.

**Volleyball Club:** Social games continue in the indoor pool every Tuesday, Thursday and Saturday from 3-4 p.m. and Sunday from 3-4:50 p.m. No experience is needed! Competitive games are every Monday, Wednesday and Thursday from 5-6:50 p.m. and are for skilled players who are seeking a more focused and intense game. A pool pass is required for entry to the indoor pool. Daily, monthly and annual passes are available at the Clubhouse II Lifestyle office. The Volleyball Club offers all residents an opportunity to socialize and have fun in the water. Anyone interested in joining the Volleyball Club should contact Jody Bonn at ([bonnjody@gmail.com](mailto:bonnjody@gmail.com)).



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# CLASSES & Seminars

## Register for a Class

Residents can register for a class online at (**amilia.com/leisure-world-of-maryland**), by calling the Clubhouse I Lifestyle office at (301-598-1300) or the Clubhouse II Lifestyle office at (301-598-1320), or by stopping by either clubhouse Lifestyle office. (If paying by check, register at the Clubhouse in which the class will be held).

Registration for newly advertised classes begins on the Tuesday after the date of the edition of Leisure World News in which first it appears, beginning at 9 a.m.

Residents can register for themselves and two other residents when registering by phone or in person. Please bring your Leisure World ID.

Credit card (MasterCard, VISA or Discover) payment

is accepted for phone and in-person registration, as well as when registering online. In-person payment may also be made by check; no cash is accepted. Checks must be made payable to Leisure World of Maryland Corporation or LWMC.

Be sure to register promptly. Class registration is limited and instructors need to know how many students will participate. Registration is not accepted nor refunds issued after the completion of two sessions.

If required enrollment is not met five days prior to the start date, the class will be canceled.

Leisure World does not discriminate on the basis of race, color, national or ethnic origin in admission policies, education policies or programs.

## DANCE

**Ballroom Fundamentals – Foxtrot:** Taught by Ron and Amy Wagaman, this fun-filled class will teach you routines in foxtrot, one of the most popular of all the social dances. Foxtrot is reported to have originated with Harry Fox (1913). Its delightful movements and beautiful lines enable the dancer to blend the elements of dance and capture the beauty of ballroom dancing, and it is good for developing smoothness and ease of movement. Improve your lead or follow. Emphasis is on basic steps, but these classes also will help experienced dancers who wish to improve their technique and styling.

Class meets Thursday, Nov. 2-30, 4 p.m. **Fee: \$30. Register at Clubhouse I.**

**Ballroom Fundamentals – East Coast Swing:** Taught by Ron and Amy Wagaman, this fun-filled class will teach you routines in East Coast Swing, the All-American, fun-filled dance that expresses the essence of swing music. Learn basic and intermediate steps. Improve your lead or follow. Classes will help beginners get started and help more experienced dancers improve their technique and styling.

Couples and single students welcome. Class meets Thursday, Nov. 2-30, 5 p.m. **Fee: \$30. Register at Clubhouse I.**

## EDUCATION

**Three ‘Isms,’ American Liberalism, Progressivism and Christian Nationalism, a CLL Course:** Led by instructor Paul Levy, this course will explore the origins, beliefs and impact of American Liberalism, Progressivism and Christian Nationalism since approximately 1900. Under guidance from the instructor, class participants will discuss a series of assigned readings that will acquaint or reacquaint them

with each of these ‘isms.’ In addition, the instructor will offer short lectures, but the intent of the course is to promote thoughtful discussion to lead to basic understanding. Divergent viewpoints will be appreciated.

Class meets Wednesday, Oct. 25-Nov. 15, 10-11:15 a.m. **Fee: \$15. Register at Clubhouse I.**

**System Thinking with Application to Electric Vehicles and Clean Energy, a CLL Course:** Led by instructor Dr. Richard Smith, this course will present Smith will present his thoughts and research on reductionism and system thinking and applying system thinking to electric vehicles and clean energy. The primary purpose of this course is to enable participants to identify when a simple solution to a complex solution is offered. Smith believes people need to distinguish between reductionist and system thinking to make better decisions.

Class meets Tuesday, Oct. 10-24, 2-4:30 p.m. **Fee: \$15. Register at Clubhouse I.**

*For more information about the Center for Lifelong Learning (CLL) and its instructors, visit ([www.cllmd.com](http://www.cllmd.com)).*

## EXERCISE

**NEW – Zumba® Gold – Monday (a F-I-T with Denny class):** This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program.

Class meets Monday, Oct. 16-Dec. 18, noon. **Fee: \$70**



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**for one day per week; \$135 for two days per week. Register at Clubhouse II.**

**NEW – Zumba® Gold – Friday (a F-I-T with Denny class):** This program was designed for the older active adult, a person who has not been exercising in a long time or individuals who may be limited physically. The biggest difference between Zumba Gold and Zumba Basic is that Zumba Gold is done at a much lower intensity. It is just as much fun, just not as fast! Zumba Gold utilizes the same great Latin styles of music and dance that are used in the Zumba basic program.

Class meets Friday, Oct. 20-Dec. 22, noon **Fee: \$70 for one day per week; \$135 for two days per week. Register at Clubhouse II.**

**NEW – Senior Sneakers (an H2O class):** Get up and go with a safe, heart-healthy cardio workout that is gentle

on the joints. The workout includes easy-to-follow low-impact moves and upper-body strength training. Have fun and move to the music through a variety of exercises designed to increase your cardio fitness level, strength, range of movement and activities for daily living. Bring your hand-held weights and work at your own pace.

Class meets Monday, Oct. 30-Dec. 11 and/or Thursday, Nov. 2-Dec. 14 (no classes Nov. 20 or 23), 10:30-11:15 a.m. You can mix your H2O Fitness and More classes. You must register at least five days prior to the class start date. **Fee: \$63 for 12 classes; \$38 for six classes. Register at Clubhouse II.**

**NEW – Mild Exercise with Shirley (an H2O class):** All exercises, seated or standing, are led by instructor Shirley Lloyd.

Class meets Tuesday, Oct. 31-Dec. 12, 11-11:45 a.m. You can mix your H2O Fitness and More classes. You must

register at least five days prior to the class start date. **Fee: \$63 for 12 classes; \$38 for six classes. Register at Clubhouse II.**

**NEW – Ba Duan:** This is the world's oldest exercise for seniors and those who need to restore a normal, optimum state of health. Participants will learn to combine joint movement and breathing to improve balance and to augment core strength.

Class meets Wednesday, Nov. 8-Jan. 10, 2024, 4-5 p.m. **Fee: \$20. Register at Clubhouse II.**

## WATER EXERCISE

**NEW – Water Exercise with Nancy: (an H2O class)** Participants will gain strength, stamina and tone from this cardio class. Dumbbells are used, although they are not required.

Class meets Tuesday, Oct. 31-Dec. 12, and/or Thursday, Nov. 2-Dec. 14, 11 a.m.-noon.

You can take the class on Tuesday or Thursday or sign up for both days. You can mix your H2O Fitness and More classes. You must register at least five days prior to the class start date. **Fee: \$63 for 12 classes; \$38 for six classes. Register at Clubhouse II.**

**NEW – Aqua Fit with Shirley (an H2O class):** This unique class blends the best of both worlds using water aerobics and yoga. Water aerobics is done in the lap pool for 30 minutes, focusing on cardio and strength. The class then moves to the social warm water pool and finishes up with yoga stretches that focus on balance and posture.

Class meets Wednesday, Nov. 1-Dec. 13 (no class on Nov. 22), 11 a.m.-noon. You can mix your H2O Fitness and More classes. You must register at least five days prior to the class start date. **Fee: \$63 for 12 classes; \$38 for six classes. Register at Clubhouse II.**

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# CALENDAR *of Events*

## Meetings of the LWCC Board of Directors, Executive Committee and Standing Committees

<b>Budget and Finance</b> Oct. 18, 10:00 a.m., via teleconference	<b>Landscape</b> Oct. 12, 9:30 a.m., Sullivan Room
<b>Communications</b> Oct. 19, 10:00 a.m., via teleconference	<b>Physical Properties</b> Oct. 17, 9:30 a.m., Clubhouse I and via teleconference
<b>Community Planning</b> Oct. 16, 9:30 a.m., via teleconference	<b>Security and Transportation</b> Oct. 12, 9:30 a.m., Clubhouse I
<b>Golf and Greens</b> Oct. 6, 9:30 a.m., Clubhouse I	<b>Strategic Planning</b> Oct. 19, 3:00 p.m., via teleconference
<b>Health</b> Oct. 18, 2:00 p.m., Clubhouse I	

### LWCC Board of Directors

Regular meeting: Oct. 31, 9:30 a.m., Clubhouse I and via teleconference  
Work session: Oct. 20, 9:30 a.m., Clubhouse I and via teleconference  
For details on how to watch or attend the meeting remotely, see page 4

### LWCC Executive Committee

Oct. 20, begins after board work session, Clubhouse I and via teleconference  
For details on how to watch or attend the meeting remotely, see page 4

*Meeting times and locations subject to change. Check TV channels 972 and 974 and (residents.lwmc.com) for updates. Meetings are open to all residents unless legally closed.*

### Friday, October 6

#### Clubhouse I

12:00 p.m. Kiwanis Club  
1:00 p.m. Duplicate Bridge Club  
2:30 p.m. Hispanos de Leisure  
World: Bingo

#### Clubhouse II

8:00 a.m. Tennis Club – Advanced Play  
10:00 a.m. Gentle Yoga Class  
11:00 a.m. Musicians of Leisure  
World: Rossmoor Chamber Orchestra  
12:00 p.m. Zumba Gold Class  
1:00 p.m. Chess Club  
1:00 p.m. Ping-Pong Club  
2:00 p.m. Chair Yoga Class  
7:30 p.m. JRLW Shabbat Service

### Saturday, October 7

#### Clubhouse I

9:00 a.m. Gentle Yoga Class  
10:00 a.m. American Needlepoint Guild  
5:00 p.m. Lifestyle Concert: Satisfaction, A Rolling Stones Tribute Band

#### Clubhouse II

8:00 a.m. Tennis Club – All Play  
9:30 a.m. JRLW: Shemini Atzeret Day  
10:00 a.m. Community Shredding Day  
12:00 p.m. LW LGBTQ Alliance  
3:00 p.m. Indoor Pool Volleyball, Social

### Sunday, October 8

#### Clubhouse I

No Scheduled Activities

### Clubhouse II

8:00 a.m. Tennis Club – Advanced Play  
3:00 p.m. Indoor Pool Volleyball, Competitive  
3:00 p.m. Korean Fellowship  
7:00 p.m. Lifestyle Event: The Retro-Rockets

### Monday, October 9

#### Clubhouse I

9:00 a.m. Stretch and Tone Class, Advanced  
10:00 a.m. Musicians of Leisure  
World: Musical Jammers  
10:00 a.m. Garden and Environmental Club  
10:15 a.m. Stretch and Tone Class, Intermediate

1:30 p.m. LW Chorale Regular Meeting

2:00 p.m. CLL Program: “How Technology Has Changed Publishing”

7:00 p.m. Bingo

#### Clubhouse II

8:00 a.m. Tennis Club – Intermediate Play  
10:00 a.m. Conversational French Class  
10:30 a.m. Senior Sneakers Class  
10:30 a.m. Vedanta Study Circle  
11:15 a.m. Yiddish 102 Class  
12:30 p.m. Bridge Club  
1:00 p.m. Chess Club  
1:00 p.m. Ping-Pong Club  
5:00 p.m. Pickleball Club Clinic  
5:00 p.m. Indoor Pool Volleyball,

## Dial 301-598-1313 for recorded Daily Events

*Event dates and times are subject to change. For details on how to attend a meeting or event remotely, contact the club or organization directly, or see the Clubs, Groups and Organizations section of this edition.*

## Leisure World Mutual Meetings

<b>Oct. 6</b> <b>Mutual 8 Board</b> 10:00 a.m., Sullivan Room	<b>Oct. 17</b> <b>Mutual 14 Board</b> 2:00 p.m., Sullivan Room <b>Mutual 25 Board</b> 7:00 p.m., Sullivan Room
<b>Oct. 10</b> <b>Mutual 16 Board</b> 9:30 a.m., Clubhouse II <b>Mutual 7 Board</b> 10:00 a.m., Clubhouse I <b>Mutual 19A Board</b> 1:30 p.m., Clubhouse II <b>Mutual 6C Annual</b> 7:30 p.m., Villa Cortese Party Room	<b>Oct. 18</b> <b>Mutual 5 Board</b> 9:30 a.m., Sullivan Room <b>Mutual 27 Annual</b> 7:00 p.m., via teleconference
<b>Oct. 11</b> <b>Mutual 11 Board</b> 10:00 a.m., Sullivan Room and via teleconference	<b>Oct. 19</b> <b>Mutual 15 Board</b> 9:30 a.m., Sullivan Room
<b>Oct. 12</b> <b>Mutual 12 Board</b> 1:00 p.m., Sullivan Room	<b>Oct. 23</b> <b>Mutual 9 Board</b> 10:00 a.m., Sullivan Room

*Meeting times and locations subject to change. Check TV channels 972 and 974 and (residents.lwmc.com) for updates or contact your mutual assistant or property manager.*

Competitive  
6:00 p.m. Lions' Vision Support Group

### Tuesday, October 10

#### Clubhouse I

10:00 a.m. Community Gardens  
11:30 a.m. Ladies' 9-Hole Golf League Luncheon  
1:00 p.m. CLL Course: The Geography of Transportation  
2:00 p.m. CLL Course: System Thinking with Application on Electric Vehicles and Clean Energy  
3:00 p.m. Book Club Network: Sleuths

6:30 p.m. Duplicate Bridge Club  
7:00 p.m. Trivia Group

#### Clubhouse II

8:00 a.m. Tennis Club – Round Robin  
8:45 a.m. Beginner and Advanced Tai Chi Class  
10:00 a.m. Meditation Club  
11:00 a.m. Water Exercise Class  
11:00 a.m. Mild Exercise Class  
12:30 p.m. Scrabble Group  
1:30 p.m. Comedy and Humor Club  
3:00 p.m. Indoor Pool Volleyball, Social  
3:00 p.m. Democratic Club: Book Review  
6:00 p.m. Rossmoor Camera Club

### Wednesday, October 11

#### Clubhouse I

9:00 a.m. Gentle Yoga Class  
2:00 p.m. Book Club Network: African Heritage  
5:00 p.m. Duplicate Bridge Club: Annual Dinner

#### Clubhouse II

8:00 a.m. Tennis Club – Advanced Play  
10:00 a.m. Emergency Preparedness Committee's Fire Safety Forum  
10:45 a.m. Soul and Social Line Dance Class  
11:00 a.m. Aqua Fit Class  
1:00 p.m. Chess Club  
1:00 p.m. Ping-Pong Club  
1:00 p.m. Democratic Club's “Winning Wednesdays”  
2:00 p.m. Chair Yoga Class  
2:00 p.m. Lions' Vision Support Group: Speaker Neely Oplinger, executive director of Metropolitan Washington Ear  
4:00 p.m. Ba Duan Class  
5:00 p.m. Indoor Pool Volleyball, Competitive  
6:30 p.m. Evening Soul and Social Line Dance Class  
7:00 p.m. Gem, Mineral and Lapidary Society Meeting

### Thursday, October 12

#### Clubhouse I

8:00 a.m. Flu Vaccine Clinic

9:00 a.m. Stretch and Tone Class, Advanced  
 9:30 a.m. CLL Course: Lost Worlds of South America  
 10:15 a.m. Stretch and Tone Class, Intermediate  
 1:00 p.m. LWAAAC Healthy Thursdays  
 1:00 p.m. Ladies' Bridge Club  
 4:00 p.m. Ballroom Fundamentals Class: Argentine Tango  
 5:00 p.m. Ballroom Fundamentals Class: Samba  
**Clubhouse II**  
 8:00 a.m. Tennis Club – Round Robin  
 8:45 a.m. Beginner and Advanced Tai Chi Class  
 10:00 a.m. Needle Crafters  
 10:00 a.m. Conversational French Class  
 10:30 a.m. Senior Sneakers Class  
 11:00 a.m. Water Exercise Class  
 11:15 a.m. Yiddish 102 Class  
 12:30 p.m. Soul and Social Line Dance Class  
 12:30 p.m. Bridge Club  
 1:00 p.m. Lifestyle Movie: "Here Today"  
 2:00 p.m. Mind-Body Exercise Club  
 3:00 p.m. Indoor Pool Volleyball, Social  
 4:00 p.m. Friends of India Association

4:00 p.m. Model Railroad Club Meeting  
 5:00 p.m. Indoor Pool Volleyball, Competitive  
 6:30 p.m. Soul and Social Lince Dance Practice

**Friday, October 13**

**Clubhouse I**  
 1:00 p.m. Duplicate Bridge Club  
 2:30 p.m. Hispanos de Leisure World: Bingo  
 5:00 p.m. Arts in Motion Concert: Jazz singer Linda Harris  
**Clubhouse II**  
 8:00 a.m. Tennis Club – Advanced Play  
 10:00 a.m. Chinese Club  
 10:00 a.m. Friday Quilters  
 11:00 a.m. Musicians of Leisure World Rossmoor Chamber Orchestra  
 1:00 p.m. Chess Club  
 1:00 p.m. Ping-Pong Club  
 2:00 p.m. Lions' Vision Support Group

**Saturday, October 14**

**Clubhouse I**  
 9:00 a.m. Gentle Yoga Class  
 12:00 p.m. Italian Social and Cultural Club Monthly Meeting  
 4:00 p.m. Lifestyle Event: Oktoberfest

**Clubhouse II**  
 8:00 a.m. Tennis Club – All Play  
 9:15 a.m. JRLW Shabbat Service  
 3:00 p.m. Indoor Pool Volleyball, Social  
 7:00 p.m. Sock Hop Dance and Social

**Sunday, October 15**

**Clubhouse I**  
 10:00 a.m. JRLW Brunch and Speaker  
**Clubhouse II**  
 8:00 a.m. Tennis Club – Advanced Play  
 2:00 p.m. Lifestyle Event: Guitarist Loren Barringer  
 3:00 p.m. Indoor Pool Volleyball, Competitive

**Monday, October 16**

**Clubhouse I**  
 9:00 a.m. Stretch and Tone Class, Advanced  
 10:00 a.m. Musicians of Leisure World: Musical Jammers  
 10:15 a.m. Stretch and Tone Class, Intermediate  
 1:30 p.m. LW Chorale Regular Meeting  
 2:00 p.m. CLL Program: A Cosmic Journey through Time and Space  
 2:00 p.m. Book Club Network: Suspensers  
 3:00 p.m. New Yorkers and Friends Movie Discussion Group

5:30 p.m. Lions Club Monthly Club  
 7:00 p.m. Bingo  
**Clubhouse II**  
 8:00 a.m. Tennis Club – Intermediate  
 10:00 a.m. Sew for Kids  
 10:00 a.m. Conversational French Class  
 10:30 a.m. Senior Sneakers Class  
 10:30 a.m. Vedanta Study Circle  
 12:00 p.m. Zumba Gold Class  
 12:30 p.m. Bridge Club  
 1:00 p.m. Chess Club  
 1:00 p.m. Ping-Pong Club  
 5:00 p.m. Indoor Pool Volleyball, Competitive  
 5:00 p.m. Pickleball Club Clinic

**Tuesday, October 17**

**Clubhouse I**  
 1:30 p.m. Republican Club Meeting  
 2:00 p.m. CLL Course– System Thinking with Application on Electric Vehicles and Clean Energy  
 6:30 p.m. Duplicate Bridge Club  
 7:00 p.m. Trivia Group  
**Clubhouse II**  
 8:00 a.m. Tennis Club – Round Robin  
 8:45 a.m. Beginner and Advanced Tai Chi Class  
 9:30 a.m. Blood Pressure Testing  
 11:00 a.m. Mild Exercise Class  
 11:00 a.m. Water Exercise Class  
 12:30 p.m. Scrabble Group  
 1:30 p.m. Comedy and Humor Club

# WILLSON'S

## Leisure World Renovations

**Contracted Exclusively with Leisure World Corporation**

- Kitchen** • Bathrooms
- Flooring** • Painting
- Doors** • Closets
- Garage** • Covered
- Conversions** • Walkways
- Decks** • Tilework

**301-598-1348**

**Conveniently Located in the Physical Properties Building!**

MHIC #87013

**Superior Interior & Exterior Remodeling**

2:30 p.m. French Club  
 3:00 p.m. Indoor Pool Volleyball, Social

**Wednesday, October 18**

**Clubhouse I**

9:00 a.m. Gentle Yoga Class  
 10:00 a.m. Library Guild Quarterly Meeting  
 11:00 a.m. Short Story Group  
 1:00 p.m. Washingtonians Meeting  
 2:00 p.m. Hadassah Meeting  
 7:00 p.m. Democratic Club General Meeting

**Clubhouse II**

8:00 a.m. Tennis Club – Advanced Play  
 10:45 a.m. Soul and Social Line Dance Class  
 11:00 a.m. Aqua Fit Class  
 1:00 p.m. Chess Club  
 1:00 p.m. Ping-Pong Club  
 2:00 p.m. Chair Yoga Class  
 4:00 p.m. Ba Duan Class  
 5:00 p.m. Indoor Pool Volleyball, Competitive  
 6:30 p.m. Evening Soul and Social Line Dance Class  
 7:00 p.m. Vegetarian Society Monthly Meeting

**Thursday, October 19**

**Clubhouse I**

9:00 a.m. Stretch and Tone Class, Advanced  
 10:15 a.m. Stretch and Tone Class Intermediate  
 10:30 a.m. Writers of Leisure World  
 11:00 a.m. Rossmoor Women's Club Lunch and Fashion Show

1:00 p.m. Ladies' Bridge Club  
 2:00 p.m. Book Club Network: Non-Fiction  
 2:00 p.m. Book Club Network: Thursday Readers

**Clubhouse II**

8:00 a.m. Tennis Club – Round Robin  
 8:45 a.m. Beginner and Advanced Tai Chi Class  
 10:00 a.m. Needle Crafters  
 10:00 a.m. Conversational French Class  
 10:30 a.m. Senior Sneakers Class  
 11:00 a.m. Water Exercise Class  
 11:15 a.m. Yiddish 102 Class  
 12:30 a.m. Soul and Social Line Dance Class

12:30 p.m. Bridge Club  
 1:30 p.m. Lifestyle Movie: "Women Talking"  
 2:00 p.m. Mind-Body Exercise Club  
 3:00 p.m. Indoor Pool Volleyball, Social  
 4:00 p.m. Friends of India Association  
 5:00 p.m. Indoor Pool Volleyball, Competitive  
 6:30 p.m. Soul and Social Line Dance Practice

**Friday, October 20**

**Clubhouse I**

10:00 a.m. Book Club Network: Bookies  
 12:30 p.m. Kiwanis Club  
 1:00 p.m. Duplicate Bridge Club  
 2:30 p.m. Hispanos de Leisure World: Bingo  
 5:00 p.m. Happy Hour with DJ Bob Featuring the Legendary Line Dancers

**Clubhouse II**

8:00 a.m. Tennis Club – Advanced Play  
 10:00 a.m. Chair Yoga Class  
 11:00 a.m. Musicians of Leisure World: Rossmoor Chamber Orchestra  
 12:00 p.m. Zumba Gold Class  
 1:00 p.m. Chess Club  
 1:00 p.m. Ping-Pong Club  
 2:00 p.m. Chair Yoga Class  
 7:00 p.m. Baby Boomer Club: Movie

**Saturday, October 21**

**Clubhouse I**

9:00 a.m. Gentle Yoga Class  
**Clubhouse II**  
 8:00 a.m. Tennis Club – All Play  
 3:00 p.m. Indoor Pool Volleyball, Social  
 3:30 p.m. Hispanos de Leisure World Event: Tango Reo and Claudia Gargiulo  
 6:00 p.m. Pickleball Club Social

**Sunday, October 22**

**Clubhouse I**

No Scheduled Activities  
**Clubhouse II**  
 8:00 a.m. Tennis Club – Advanced Play  
 2:00 p.m. JRLW Event – Israeli Dancing  
 3:00 p.m. Indoor Pool Volleyball, Competitive



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# CLASSIFIEDS

THE LEISURE WORLD of Maryland NEWS reserves the right to reject or discontinue any advertisement believed inimical to the best interest of Leisure World. The News shall accept advertising on the same basis as other reputable publications: that is, it shall not knowingly permit a dishonest advertisement to appear in the Leisure World of Maryland News, but at the same time the News will not undertake to guarantee the reliability of its advertisers.

The News recommends that before a resident engage any service herein advertised, that the resident request and verify applicable credentials (i.e. bonded, licensed, insured) and references.

For information on placing advertisements in the Leisure World News, email (lwnewsads@lwmc.com) or call (301-598-1310).

## HELP WANTED

**HELP WANTED** Horse farm help needed. Present through Oct 31, start at 6:30 am, help bring in 16 horses, put out four, clean stalls, stuff hay bags, water. Nov 1 through May 31. Start at 7:30 am, help turnout 20 horses, clean stalls, stuff hay bags, water, miscellaneous tasks. Approx. 5 hours. Call (301-421-1252). Pay = \$20/hour. See our website (periwinklefarmllc.com).

## WANTED

\$500 is what I will beat your best offer by if I buy your used car, truck or SUV! And if that's not enough, I'll sell it for you and get you all the money (the market is hot!!!) for a small fee. So get yourself best price and call me: Marty Salins "Auto Plaza." Phone (301-325-1973). Also like always I'll pay with cashier's check or cash!! Serving Leisure World since 1974.

**WILL BUY MILITARY, WWII, WWI, Civil War memorabilia items.** Uniforms, weapons, helmets, photos, medals or any other items associated with U.S., German, Japanese or other military history. Call Dave (240-464-0958) or email (david.obal63@gmail.com).

**CASH FOR JEWELRY:** gold, silver, costume, diamonds, coins (including foreign), watches, stamp collections. (theatticllc.com) Gary Roman (301-520-0755).

**CASH FOR OLD BICYCLES.** Prefer 1992 and older. We come to you. Call or text Vic, (240-602-8752).

## ESTATE SALES

**CASH FOR ESTATES.** I buy a wide range of items: jewelry, art, rugs, etc. Buy out/clean up. (theatticllc.com) Gary Roman – (301-520-0755).

**ATTIC TO BASEMENT ESTATE Cleanouts LLC** — I provide honest and confidential estate cleanouts with reasonable rates. I assist executors, family members and guardians with a personal touch. I will save you time and money providing fast, efficient service. I work with local auction and

hauling companies. Please call or email me to set up an appointment. Janet and Roland Ray (301-717-4273), (wishalot10@aol.com).

**ESTATE SALES BY CHERYL LLC** — Are you moving, downsizing with a home packed with sellable items? Stop everything and contact me today!! Let's get moving with a profit to you!!(301-437-2705)

**WE BUY GOLD, sterling silver, diamonds, gemstones, and jewelry.** Kripps Jewelers, 10109 Colesville Road, Silver Spring, Maryland, (301-681-4980). We are a family-owned business and have been at the same location for 35 years. Jewelry repair done on the premises. Please visit our website at (krippsjewelers.com) or email us at (vkripps@hotmail.com). We look forward to seeing you!

**DOWNSIZING or LIQUIDATING an ESTATE?** Doing it yourself? Don't throw your money away! Our easy process determines what to keep, gift, sell, donate, or discard. Services include: estate liquidation, downsizing, whole house clean-outs; emptying storage units, junk removal, and estate sales. We buy estates, vehicles, and real estate. One person's trash is another person's treasure, and we know the difference! Call/text Philip (301-219-3600) or visit (DownsizingSpecialists.com).

## FOR SALE

**FURNITURE IN TURNBERRY COURTS, Building 3 (3005 S. LW Blvd, apt. 502).** I'm going into assisted living and need to sell much of my beautiful furniture as the new apartment is much smaller than the current. Here's the items I'd like to sell: 5 items of Asian design, 2 cabinets, 1 room divider, 1 beautiful mirror, 1 china cabinet: all are black background with raised or colored figures on the patinas.

Also, 1 brown wood cabinet with 3 drawers, 3' high by 2 1/2' wide by 3 1/2' with Asian inlay.

Also, 1 sofa, red, less than a year old which has never been used.

I hope to be made reasonable offers and feel good about parting with my accumulated pieces. My loss can be Your gain! Thank you. Contact: Mike Townshend (301-598-1723)

**FOR SALE ladies giant bike \$75.** Call (240-338-2031).

**"WINTER SMILES from November to March"** Sango dinnerware from Hecht Co. sweet shoppe Christmas design. Snowman design on salad plate only. Photos available online @ Replacements Ltd or by email (joan.moretti@hotmail.com). 12 dinner plates, salad plates, soup/cereal bowls. Buy by the piece \$3.00 each. Selection of 16 oz. glassware tumblers, 12 oz. goblets, mugs and some serving pieces. Call Joann Moretti (301-438-1940)

**DOLLHOUSE FOR SALE.** Beautifully hand-crafted wood, fully furnished, accessorized and electrified with doll family included. 21" tall x 23" wide x 12" deep. Seller is LW resident. To make inquiries and see photos email (joannehg726@gmail.com), subject line: "Dollhouse".

## CEMETERY PLOTS

**PARKLAWN MEMORIAL CEMETERY** plot for sale. Turf-topped crypt. Block 28-B, unit B-840. Levels A+B, consists of one unit and two chambers. Tier type, includes bronze memorial with vase and granite base, 24 x 14. Asking \$2,500. Please email (jamie.marchone@gmail.com).

**PARKLAWN MEMORIAL PARK, Honor Garden.** Turf-topped crypt. Block 28, unit 1190, levels A+B. Consists of one unit, two chambers — tier type with "C" bronze memorial. 24 x 14 with vase and granite. \$2,500. Please email (rmarchone@gmail.com).

## AUTO SALES

**2015 HONDA FIT 4-door hatchback.** MD-inspected, like new, only 27,000 miles. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

**1986 OLDSMOBILE CUTLASS 4-door.** V8, automatic, like new, only 32,000 miles. \$7,000. I will buy your car even if you don't buy mine. Dealing with Leisure World for 43 years. Licensed and bonded. Cash or cashier's check for your car, van or truck. Please call Marty Salins at Auto Plaza (301-325-1973).

**FAST CASH FOR USED CARS** — Big dollars paid for your used car! Over 43 years' experience serving Leisure World. Please call; available 24 hours. I will come to you. Cash or cashier's check at your request. I will beat your best offer by \$500! I can also help with your new car purchase, any make or model! MD Dealer #U2927. Call Marty Salins (301-325-1973).

## TRANSPORTATION SERVICES

**LOVABLE LITTLE CAR LLC** — Airport transportation services. Ronald Reagan National, Dulles International Airport, Baltimore Washington International. \$50 one way. (301-792-3932).

**YOUR PERSONAL DRIVER** is right here! Leisure World neighbor and lifetime local resident. COVID-safe driver and car. Accident-free driving record. Reasonable rates. Friendly, reliable service. Spacious, comfortable vehicle seats from one to multiple passengers or packages. Airports, trains, medical appointments, social

events, as well as delivery and personal services... To/from anywhere, including long-distance trips to other states. Reservations are strongly recommended. For your safety, I do not read text/email messages when driving. Phone contact is the best way to reach me promptly. Call 7 a.m.-10 p.m. with questions or to arrange your ride. Available 24/7. Emergency calls, if needed. Steven Saidman. C/T (301-933-8899). Email (steve.your.driver@gmail.com).

**PRIVATE DRIVER** — Airports: BWI, Reagan, Dulles / Baltimore and Washington train stations. Medical procedures and any other needs. Colleen (301-452-0789), (colleens\_carriage@yahoo.com)

## CAREGIVING AND HEALTHCARE

Healthcare professionals must provide current proof of certification or license from the Maryland Board of Nursing to include "certified" or "licensed" in their advertisement. Examples of positions requiring such proof include, but are not limited to, registered nurse, licensed practical nurse, certified nursing assistant, geriatric nursing assistant and medication technician.

## PEACE OF MIND CARE.

Experienced, reliable caregiver to assist you or your loved one with activities of daily living. Hygiene care, meal prep, medication reminders, housekeeping, errands and more. Full/part-time or live-in. Flat rate for live-in care. Clean shots/ TB/ background check. Care you can trust and afford (301-490-1146)

**"A" HOME HEALTH CARE for Senior Citizens** — Care you can trust and is affordable. Reliable and qualified aide and nursing staff available. Companionship, personal care, meds, housekeeping, shopping, driving. Full/part-time or live-in. Flat rate for live-in care. Call (240-533-6599).

**ELDERLY CARE:** Over 10 years' experience. Great reference. Available for long days or nights. Can drive. Leisure World resident. (240-461-2188).

**LICENSED CNA, MED TECH.** I live in Leisure World. I am available days and evenings to do whatever you need: cook, clean, run errands, take you to your appointments, etc. I am fun and have an enormous amount of energy!! I am probably walking distance to you!!! Karen (240-462-5642), (karynlmoreno@hotmail.com)

**CNA/GNA, pharmacy technician, patient care technician, CPR-trained, COVID-vaccinated.** Over 20 years' experience in home care and hospice care, dementia and Alzheimer's. Flexible hours. Love people and have a passion to care. Worked with LW residents for 12 years. Call Mary Angela (202-677-0040), (202-985-7277)

CAREGIVER. 20 years' experience in nursing homes and private homes. Please call (240-418-5358).

CERTIFIED NURSING ASSISTANT for over 20 years. Seeking part-time position during the afternoon, Monday to Friday. I can cook, run errands and accompany clients to appointments. I have a reliable car. I am currently working with clients at Leisure World. Good references. Please call Maggie (240-449-0979).

CAREGIVER WITH CNA license and 10 years' experience. Available from 3:30 P.M 7 days a week. Have own transportation. (240-715-8189).

CERTIFIED NURSING ASSISTANT and medication technician. I am also a graduate of Montgomery College and in my third year of nursing school at Bowie State University. (240-789-9770) (Christinemensahna@yahoo.com)

CAREGIVER available days and nights. Gives medications, helps around the house, provides transportation. 10 years' experience. Text or call (240-421-6219), or email (akouvipierrette@hotmail.com).

COMPASSIONATE CAREGIVER – Experienced CNA and GNA. Loving, dependable, flexible; can do all shifts: morning, day, evening, overnight. Have driver's license. References available. Call Tracy at (410-564-8392).

ELDERLY CARE. I am a CNA with 16 years' experience in caring for the elderly. I am available full- or part-time. I am dependable, honest and caring. I have a car and would take you to appointments, do grocery shopping and cook. Please call Louis at (240-426-8929). For LW references, please call Joan at (301-288-7192) or Candy at (301-847-9389).

ARE THERE PROFESSIONAL CAREGIVERS out there that really care about your personal needs? Try MorningStar Health Systems! We provide professional and compassionate caregivers that will assist you or your loved one with various daily activities including: housekeeping, medication reminders, grocery shopping, medical appointments, laundry tasks, etc. Go to (www.morningstarhealthsys.com) or contact us for more info at (240-424-5683), (202-539-7274). We look forward to serving you graciously!

Donna Carol, CNA (240-893-9934) available for CNA DUTIES, transportation for appointments, meal preparation, light housekeeping, shopping, & errands. References, reasonable, and reliable.

Licensed C.N.A. fully vaccinated, 15 years' experience in this job. can cook, clean, take you to your appointments etc. I am available mornings. Call (202 321 2680).

I am CNA/GNA with more than 21 years' experience and worked in home care, assisted living and nursing home.

I do duties like personal hygiene, light housekeeping, meal preparation, bathing, dressing, errands, transportation to appointments and medication reminders. I am from the Philippines. U.S. citizen, can drive and own car, honest, dependable, loving and hard worker with excellent references.

PROVIDING QUALITY AND AFFORDABLE CARE: Personal care, companionship, nursing care, housekeeping, shopping. Live-in and live-out, full/part-time. Licensed, insured and bonded. Call for free consultation (240-510-8337).

MOBILE HAIR & NAIL SERVICES – We come to you. Professional Licensed Hair Stylist. Women and Men's Services – All Hair Types. Cuts, Styles, Roller Sets, Color, Perms, Manicures & more. Call (301-338-8251) for information.

LOVING, CARING PERSON. Have worked in Leisure World for 15 years. I am looking for a part-time job, Monday-Friday. LW reference. Please call Alice (240-839-0087).

LICENSED CNA & CPR, over 5 years of experience. I can take you to Doctor's appointments, run errands, meal preparation, bath, dressing, companionship, etc. I am available to work weekdays, weekends & Holidays. Call Ivanna (240-701-2148). Se habla español.

#### HOME SERVICES

KITCHEN and BATHROOM REMODELING – Cabinet and countertop replacement, and bathtub to accessible shower conversions. Please call Joe at JML Remodeling. (301-598-8400). Serving Leisure World since 1988. MHIC# 36674. Thank you.

CONTINENTAL MOVERS. Local moving services. Free boxes. Local – long distance – hauling – pick-ups and deliveries. \$80 x two men, one hour driving time. (202-438-1489) (301-340-0602) (Cmora53607@msn.com) (www.continentalmovers.net).

POTOMAC WINDOW CLEANING Company – Family-owned and operated for 35 years serving the local area. Careful workmanship. Licensed, bonded and insured. (301-656-9274). The Montgomery family thanks you for your interest.

RENOVATIONS – Willson's Leisure World Renovations – Conveniently located in the Physical Properties Department building – Licensed and insured – Exclusive contractor for Leisure World residents – Free estimates! Call today (301-598-1348)! MHIC #87013

HAULING AND CLEANUP SERVICES: Local farmer. We work with auctioneers. Let us help you clean up! Large or small jobs welcome. (301-774-6289)

NEED ELECTRICAL WORK DONE? For all your electrical needs, please

call licensed electrician. 20 years' experience. Wayne (240-559-7182).

SCREEN REPAIRS: window or door. Careful workmanship. (301-656-9274). Licensed, bonded, insured.

POWER WASHING SERVICES. Super-low pressure soft wash for walks, driveways, exterior siding, patios and walls. Careful workmanship. Licensed, bonded, insured. Chesapeake-Potomac Soft Wash Services (301-656-9274)

#### CLEANING SERVICES

R&G CLEANING SERVICES – Small, family-owned business catering to you and your household needs. Friendly, reliable and trustworthy with many years of experience. Reasonable rates and flexible hours. Licensed and insured. Help with household organization. Free estimate with appointment. Call (301-442-5032).

UNITED CLEANING GROUP LLC is proud to serve the Leisure World community for the last 5 years! Your safety during COVID-19 is one of our top priorities. That is why we are happy to offer our professional cleaning services seven days a week, and our team utilizes gloves and masks while in your home. Painting services. Please call us today at (240-498-2748), (301-881-0695).

CARE DRY CARPET CLEANING. Experience the difference. Host dry extraction system. Green, clean and dry in 30 minutes. Water damages wood flooring under your carpet. Choose dry cleaning. Call Mike Gonsalves, owner/operator (301-309-9398).

ALICIA'S CLEANING SERVICES – Good references. Good rate. Once a week or every two weeks. (240-286-3807).

FEDERAL CLEANING, LLC has been a trusted cleaning company used by several Leisure World residents over the past year. Call us for your free estimate today. We offer both apartment and home cleaning services, painting and interior repairs. We are extremely flexible—seven days a week to accommodate your schedule. Good recommendations. Give us a call at (240-614-1592). Hope to hear from you soon! (federalcleaningllc.net)

ERISIA AND OLICIA'S House Cleaning Services – If you're looking for someone to clean, we're here to help! We're great at our job and we take it seriously. We also care about details and all the little important things when it comes to house cleaning. We've also organized closets, cabinets – anything you need, we're here to help. We've been working in Leisure World for 25 years and have great clients. Our price starts at \$50+. If you like to meet with us and/or have any questions about our work, please don't hesitate to give us a call at (240-755-9554) or (240-477-2104) and we'll be delighted to answer any questions you have!

GREETINGS, LEISURE WORLD COMMUNITY! As we step into October and embrace the arrival of autumn, it's time to relish the splendid fall scenery with loved ones. Leave the indoor cleaning tasks to us – Estela's Cleaning Solutions. We're a local, women-owned cleaning business, dedicated to your satisfaction, we're flexible with scheduling to your timetable and preferences. Our estimates come free of charge. Exciting news, we're thrilled to announce our new service: exterior window cleaning for residences and apartments up to the third floor. Enjoy the season, and let us take care of the rest! (301-532-3609)

#### PERSONAL SERVICES

PRESERVE YOUR FAMILY MEMORIES! Don't let your precious photos be forgotten or fade over time. I'll digitize your photos, slides, and mementos so they can be easily shared with friends and family. Once they're scanned, I can label the photos to identify the people in them, or bring your photos to life in a memorable video slideshow. Call Kim at Virtual Computer Services, (301-438-3140).

#### PET CARE

KEEP YOUR PET HAPPY and healthy with exercise and lots of special attention. Established dog walking service by a dependable and responsible Leisure World resident. Initial meeting can be by phone or in person. Dog walking is exclusively with your dog only. Pet visits and feeding services are available in your home. References upon request. Please call Diane at (301-598-3454) or email at (dogwalkdiane@gmail.com)

PAWS ON THE PATH. Dedicated, dependable. Dog walking and cat feeding. Resident of Leisure World. Can provide references. Services tailored to your pet! Susan (301-326-6027) (meadows.2008@live.com). Pat (301-503-9352) (patmitchell13@gmail.com)

#### TRAVEL

IF YOU HAVE a condo in Leisure World and would like to spend the winter months in sunny Gulf Shores, at no cost to you, call Margie (678-565-9846) or (404-409-8137).

#### DONATIONS WANTED

HOUSING UNLIMITED, INC is a non-profit organization that provides housing for people in mental health recovery. We accept furniture and housewares that are in good condition to furnish our homes. We do pick up. The Housing Unlimited office is (301-592-9314). Thank you.

WANTED: CAR DONATIONS. Support MCPS students by donating your car. Write off up to fair market value! (www.Cars2donate.org) or (240-740-2050).

NO LONGER USING YOUR CAR? Residents with an unused or unwanted vehicle can donate it to Vehicles for Change. They'll pick it up for free and you earn a tax deduction for the fair market value. Why VFC? As a nonprofit, they match each donated car with low-income families in need of transportation. Your car could be a family's ride out of poverty. Donate today at ([www.vehiclesforchange.org](http://www.vehiclesforchange.org)) or call (855-820-7990).

Join the "OLD LAPTOPS for GOOD CAUSES, Not Landfills" movement! Your forgotten laptops and iMacs can help change the lives of women striving for better futures. Our friend, Bobby Lipman, breathes new life into these devices and empowers organizations dedicated to young women and others. Have a laptop or iMac gathering dust? Even if the battery flatlined or the power cord vanished, your contribution can be transformative. Reach out to Jenise at [jenisebobo@gmail.com](mailto:jenisebobo@gmail.com) to donate your old computer.

Wishlist: Any laptop (Macbooks, Windows), even if battery or cords are missing. \* Also seeking laptop bags, USB keyboards, wired mice, webcams, and headsets.

Bobby's Impact: 30+ laptops transformed for Community Bridges, guiding low-income high school girls on their path to college PLUS 20+ refurbished computers fortified React-DC, extending lifelines to Afghan women refugees to unlock English learning through Zoom.

### ACTIVITY OPPORTUNITIES

INTERESTED IN HISTORIC MUSIC? Leisure World resident plays historic banjo music, not bluegrass, but music standards from 1900 on. My banjo is a Vega copy with nylon strings, and I play with bare fingers, no pick. I am an amateur looking for like-minded amateur musicians who may wish to try some tunes with me. Douglas Kiessling (301-438-1398).

INTERMITTENT FASTING GROUP. I have recently begun following an Intermittent Fasting lifestyle, and am wondering if anyone here in Leisure World is also doing this. I think it would be nice to form a support group. If you'd be interested in such a group or would like more information about the Intermittent Fasting lifestyle, please feel free to contact (301-598-2131) or ([jane.e.carona@gmail.com](mailto:jane.e.carona@gmail.com)).

FIGHT ALZHEIMER'S THROUGH SONG. Many people with Alzheimer's become alert and even animated when hearing or singing their favorite music. But there are too few opportunities for them to enjoy the music they love. Music In Time Singers (formerly All Primetimers) invites people with cognitive disabilities, their caregivers, and friends to sing joyful songs together. Our Virtual Choir continues to meet online on Tuesday evenings and will begin to meet in person soon. To join us, email Bill Pailen at

([primechoir@gmail.com](mailto:primechoir@gmail.com)) or call (301-606-8273).

"INTRODUCTION TO BUDDHISM" — I am a Leisure World resident and practicing Buddhist for 30 plus years. Would you like to learn more about this ancient religion? See the local temple website, ([nstmtyosenji.org](http://nstmtyosenji.org)). Please leave a message with your number at (240-605-1512).

LOOKING FOR A GOOD afternoon mahjongg game? Join us in The Greens, Building 4. Call Gladys for more information. (301-438-9666).

"GREAT MOVIES" and Women's Discussion Club forming — Meet twice a month at founder's home in LW. (Evening to be determined). Movies will be A+ dramas, both American and British. Members bring wine or appetizer to share. Call or text Polly (571-236-1775). All are welcome.

SHINE A LIGHT MEN'S PROJECT is a men's group starting up this fall for an initial 6-week series. Discussion will focus on recent controversy related to masculinity and men's place in our changing world. Led by a trained facilitator from Rockville-based Joyful Mind Zendo, a Zen meditation nonprofit, the men's group incorporates mindfulness exercises to promote safe and open dialog. Objectives include renewing and refreshing your identity as a man, learning to embrace change, and promoting enhanced connection between you and male peers. Meetings may be held at a local library or on Zoom. Please contact the facilitator at ([vcalda@gmail.com](mailto:vcalda@gmail.com)) for more information and to express your interest.

EXPERIENCED MAH JONG PLAYERS NEEDED for new day game on Tuesday or Thursday at 1 PM. Please be available for fun and friendly game. Inquiry to Diane (301-706-8141).

EXPERIENCED PING PONG PLAYER WANTED for a friendly once a week game. Inquiry to Diane 301-706-8141.k game. Inquiry to Diane (301-706-8141).

### VOLUNTEER OPPORTUNITIES

PET FOSTERS and ADOPTERS. Seniors needed by AARF (Animal Allies Rescue Foundation) for new program in Montgomery County. Temporarily care for a senior kitty until a permanent home can be found. For more information contact Wanda Mayhew, (301-275-0585) or ([www.animalalliesrescue.org](http://www.animalalliesrescue.org)). Follow on Facebook. AARF is 501(c)(3) all-volunteer non-profit.

FRIENDS CLUB (nonprofit) is a social club for men with early-stage Alzheimer's. We meet Mondays, Wednesdays and Thursdays, 9:30 a.m.-1:30 p.m. in Bethesda. We are seeking individuals who would like to volunteer their time to enrich the lives of others. Friends Club is a special place that brings joy and laughter to our members and much needed respite

to their caregivers. To learn more, call Ken Silverstein at (301-469-0070).

NEW 4 YOU Thrift Boutique is an all-volunteer, non-profit organization that operates a resale shop benefiting underserved communities in Montgomery County. If you are looking for a way to give back to the community, meet new people and try something new, join our team at New 4 You. No special skills required, and training is provided. Visit our website at ([new4youthrift.org](http://new4youthrift.org)), visit the shop at 4909 Cordell Ave. in Bethesda or call (301-656-2002) for more information.

PRINCE GEORGE'S SPCA is looking for volunteers to respond to phone calls. If you can spare just an hour a few days a week, it would help so much. All you need is a computer, a phone, and a smile in your voice. Please let Faith ([faith@pgspca.org](mailto:faith@pgspca.org)) know that you'd like to help!

MAKE A DIFFERENCE in a family's life. Habitat for Humanity ReStore needs volunteers to work in its ReStore (Rockville or Silver Spring), especially daytime volunteers who can take a regular shift of three to four hours. Shifts typically are 9 a.m.-1 p.m., 1-5 p.m., or 3-6 p.m. Email ([alena.biagas@habitatmm.org](mailto:alena.biagas@habitatmm.org)) or call (301-990-0014, x16) if you are interested in volunteering.

VOLUNTEER WITH REPRESENTATIVE PAYEE! Representative Payee helps low-income persons with disabilities manage their finances. Each volunteer is matched with a client who needs help with budgeting, paying routine bills and keeping track of financial matters. If interested in volunteering, contact the Volunteer Coordinator (301-424-0656, ext. 541) or ([volunteer@mhamc.org](mailto:volunteer@mhamc.org)).

Volunteer as a HOTLINE CALL COUNSELOR with the Montgomery County Hotline! The Montgomery County Hotline is a 24-hour, seven day a week confidential service. Counselors provide supportive and confidential listening; crisis prevention and intervention; and give information, referrals and resources. Contact ([volunteer@mhamc.org](mailto:volunteer@mhamc.org)) or (301-424-0656, ext. 541) if interested.

MEALS ON WHEELS is looking for caring and dedicated volunteers to deliver meals to homebound and disabled individuals in the Leisure World area. Service area includes: Leisure World, Olney, Wheaton, Sandy Spring. Please contact Emily Trotter at (443-573-0925) or email ([trotter@mowcm.org](mailto:trotter@mowcm.org)).

KOSHER MEALS ON WHEELS, sponsored by JSSA, needs volunteers to deliver nutritious meals to homebound seniors. Volunteers will pick meals up at the Hebrew Home in Rockville and deliver them to seniors in Montgomery County. Schedule is flexible. Call Diane Hays-Earp at JSSA, (301-816-2639).

THE SENIOR CONNECTION needs volunteers who live in the 20906 zip code area to drive seniors to medical appointments and help with grocery shopping. Schedules are flexible and just two to three hours a month can make a difference! Training and liability coverage are provided. Call (301-942-1049) or contact ([volunteer@seniorconnectionmc.org](mailto:volunteer@seniorconnectionmc.org)) to learn more.

### NOTICES

NORMAL AGING and RISK of ALZHEIMER'S: research recruitment. If you are between 55 and 85 years old and have concerns about your memory, please contact Howard University Translational Neuroscience Laboratory. Compensation will be provided. For more information, call (202-865-6476).

COMMUNITY CRISIS SERVICES Inc. (CCSI) provides 24/7/365 social safety net supports. If you are feeling stressed or overwhelmed or just need a compassionate listener, don't hesitate to call 211 for information and referral. Or if feeling depressed, not able to cope, with thoughts of ending your life, call the National Suicide Prevention Hotline at (988).

### UPCOMING EVENTS

FACEBOOK WITH SENIOR PLANET — In person at Olney Library. Thursday, Oct. 12 at 3 p.m. Learn about Facebook's most popular features, tips for getting in on the action and its privacy settings. No registration required. (<https://mcpl.libnet.info/event/9119457>)

DIGITAL RESOURCES CLINIC — In person at Olney Library. Thursday, Oct. 12 and 26 at 4 p.m. Need help accessing MCPL's e-books and other digital resources, like Libby or Hoopla? Stop by to learn about these and other great offerings. Please bring your device and passwords. No registration required. (<https://mcpl.libnet.info/event/9212243>)

VOICE ASSISTANTS with SENIOR PLANET — In person at Olney Library. Thursday, Oct. 26 at 3 p.m. Voice assistants are no longer just on your phone! Learn about the many devices, current uses and future implications of this exciting technology. No registration required. (<https://mcpl.libnet.info/event/9119468>)

DIGITAL RESOURCES for LIFELONG LEARNING — In person at Kensington Library. Friday, Oct. 27, 2-3 p.m. If you're thinking of picking up a new hobby or learning a new skill, we've got online tools to help you! Stop by for an introduction to digital learning resources like Udemy, the Great Courses, and Creative Bug. You can take a history class, learn a new craft, even study something in the health sciences. There are lots of subjects to choose from to keep you busy for a lifetime of learning. For more information: (240-773-9515). 4201 Knowles Ave.

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- Sliced pit ham
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- Traditional bread dressing
- Mashed potatoes and gravy
- Roasted Brussels sprouts
- Steamed broccoli and cauliflower
- Fall harvest salad: Apples, cranberries, bleu cheese, veggies
- Holiday cakes and pies



## NEW YEAR'S EVE

in the Crystal Ballroom • Sunday, Dec. 31

- Doors open at 7:30 p.m.
- Enjoy a cash bar and heavy, hearty hors d'oeuvres
- Live rock 'n' roll and rhythm and blues covers by GrooveQuest beginning at 8:30 p.m.
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References: 1. Summers S, Nunley R, Slotkin E. A home-based, remote-clinician-controlled, physical therapy device leads to superior outcomes when compared to standard physical therapy for rehabilitation after total knee arthroplasty, *J Arthroplasty*. 2022;S0883-5403(22)00929-9. doi:10.1016/j.arth.2022.10.009. 2. Data on file with ROMTech.